

30KM - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	53	Eduardo Amorim	Individual	04:09:31	+01:29:18	08:19	
44	72	PEDRO CUSTÓDIO	JUF ACC	04:10:13	+01:30:00	08:20	
45	1	Nu o Castro	A.D.Amarante	04:10:37	+01:30:24	08:21	
46	87	Mike Running	Run & Fun	04:11:19	+01:31:06	08:23	
47	36	LILIANA PINHO	Guisande Trail Running	04:11:24	+01:31:11	08:23	
48	39	TIAGO FIGUEIREDO	Guisande Trail Running	04:12:10	+01:31:57	08:24	
49	99	Nuno Saramago	Velha Guarda RC	04:13:04	+01:32:51	08:26	
50	28	Manuel Francisco Rodrigues de Sousa Moreira	DUELO D'OCASIÃO	04:15:00	+01:34:47	08:30	
51	77	Filipe pinho	Outlaw runners	04:15:34	+01:35:21	08:31	
52	34	Diana Almeida	Grupo de Corrida de Argoncilhe	04:18:01	+01:37:48	08:36	
53	35	Pedro Ferreira	Grupo de Corrida de Argoncilhe	04:18:02	+01:37:49	08:36	
54	9	José Correia	ARCORUN	04:19:25	+01:39:12	08:39	
55	95	Luís Miguel Ferreira da Silva	TrailNadas	04:22:17	+01:42:04	08:45	
56	59	Ricardo Gonçalves	Individual	04:23:24	+01:43:11	08:47	
57	93	José Torres	TEAM LANTEMIL	04:23:54	+01:43:41	08:48	
58	22	Cristina Saraiva	CMT Vila Pouca de Aguiar	04:26:59	+01:46:46	08:54	
59	78	Carlos Couto	Outlaw runners	04:27:28	+01:47:15	08:55	
60	512	Fátima Maria Soares Pinho	AFIS/OVAR	04:28:15	+01:48:02	08:56	
61	65	Eugénio Soares	Individual	04:30:12	+01:49:59	09:00	
62	80	Vitor santos	Outlaw runners	04:32:02	+01:51:49	09:04	
63	64	Domingos Soares	Individual	04:35:53	+01:55:40	09:12	
64	50	Carlos Silva	Individual	04:35:54	+01:55:41	09:12	
65	45	Ricardo Manuel Guerra Pina	Individual	04:36:27	+01:56:14	09:13	
66	23	José Sousa	Double Condition	04:37:40	+01:57:27	09:15	
67	15	Joaquim Lobato	Caldas de São Jorge Sport Clube	04:39:46	+01:59:33	09:20	
68	94	Sérgio Pereira	TEAM LANTEMIL	04:40:51	+02:00:38	09:22	
69	662	Raul Silva	Individual	04:45:53	+02:05:40	09:32	
70	10	Margarida Neves	Bravos e bravitas	04:46:25	+02:06:12	09:33	
71	25	Fred Saraiva	Double Condition	04:51:40	+02:11:27	09:43	
72	2001	Quinino Amorim	TRAIL RUNNING SANGUEDO	04:52:48	+02:12:35	09:46	
73	2012	Nuno Alves	Double Condition	05:00:09	+02:19:56	10:00	
74	26	Guilherme Guilherme	Double Condition	05:00:09	+02:19:56	10:00	
75	24	Diogo China	Double Condition	05:00:10	+02:19:57	10:00	
76	983	Fernando Correia	TRAIL RUNNING SANGUEDO	05:04:36	+02:24:23	10:09	
77	61	Telmo Martins	Individual	05:05:00	+02:24:47	10:10	
78	63	Carlos Navega	Individual	05:09:29	+02:29:16	10:19	
79	84	Diogo Silva	Run & Fun	05:10:23	+02:30:10	10:21	
80	101	Marco Almeida	ZeQuinhas Running Team	05:14:35	+02:34:22	10:29	
81	100	Bruno Miguel Ferreira Gonçalves	ZeQuinhas Running Team	05:14:37	+02:34:24	10:29	
82	96	Marco Correia	TrailNadas	05:16:36	+02:36:23	10:33	
83	97	Ricardo Manuel Bastos Tavares da Silva	TrailNadas	05:16:36	+02:36:23	10:33	
84	5	Ana Silva	AFIS/OVAR	05:20:28	+02:40:15	10:41	
85	73	RENATO ARAÚJO	JUF ACC	05:21:57	+02:41:44	10:44	
86	6	António Ferreira	AFIS/OVAR	05:24:36	+02:44:23	10:49	
87	7	Carlos Campos	AFIS/OVAR	05:24:42	+02:44:29	10:49	

30KM

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:45	7°C	93%
End	14:46	7°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	34	Diana Almeida	Grupo de Corrida de Argoncilhe	Senior Feminino	04:18:01		08:36
2	512	Fátima Maria Soares Pinho	AFIS/OVAR	Senior Feminino	04:28:15	+10:13	08:56

Senior Masculino

1	12	André Guedes	Caldas de São Jorge Sport Clube	Senior Masculino	02:40:13		05:20
2	42	João Sousa	Individual	Senior Masculino	02:44:05	+03:51	05:28
3	29	Mário Ibarra	G.D.A Ronda	Senior Masculino	02:45:00	+04:46	05:30
4	13	João Vieira	Caldas de São Jorge Sport Clube	Senior Masculino	02:59:58	+19:44	06:00
5	43	Marcelo Sousa	Individual	Senior Masculino	03:02:22	+22:08	06:05
6	81	Carlos Cordeiro	PDARUNNERS	Senior Masculino	03:17:54	+37:40	06:36
7	82	Fábio Marques	PDARUNNERS	Senior Masculino	03:21:11	+40:57	06:42
8	75	Joaquim José Pedrosa da Mota	Juventude Cortegacense	Senior Masculino	03:52:56	+01:12:42	07:46
9	88	Luis Oliveira	Running Esmoriz	Senior Masculino	03:58:54	+01:18:40	07:58
10	95	Luis Miguel Ferreira da Silva	TrailNadas	Senior Masculino	04:22:17	+01:42:03	08:45
11	45	Ricardo Manuel Guerra Pina	Individual	Senior Masculino	04:36:27	+01:56:14	09:13
12	23	José Sousa	Double Condition	Senior Masculino	04:37:40	+01:57:26	09:15
13	84	Diogo Silva	Run & Fun	Senior Masculino	05:10:23	+02:30:09	10:21

Veterana F40

1	20	Liliana Cardoso	Clube Desportivo Feirense	Veterana F40	03:37:07		07:14
2	89	Cristina Passos	RUNNING ESPINHO	Veterana F40	03:53:02	+15:55	07:46
3	36	LILIANA PINHO	Guisande Trail Running	Veterana F40	04:11:24	+34:17	08:23
4	5	Ana Silva	AFIS/OVAR	Veterana F40	05:20:28	+01:43:21	10:41
5	46	Anabela Sousa	Individual	Veterana F40	05:30:50	+01:53:42	11:02

Veterana F50

1	4	Helena Gomes	AD Marco 09	Veterana F50	03:52:22		07:45
2	10	Margarida Neves	Bravos e bravitas	Veterana F50	04:46:25	+54:03	09:33

Veterana F60

1	22	Cristina Saraiva	CMT Vila Pouca de Aguiar	Veterana F60	04:26:59		08:54
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30KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M40

1	83	Pedro Bastos	PNB	Veterano M40	02:44:43		05:29
2	30	José Costa	G.D.A Ronda	Veterano M40	02:56:02	+11:18	05:52
3	8	Antonio Fernandes	Amigos do trail OAZ	Veterano M40	03:07:42	+22:58	06:15
4	580	Ivan Silva	Caldas de São Jorge Sport Clube	Veterano M40	03:09:50	+25:06	06:20
5	92	João Ribeiro	SPORTING CLUBE DE ESPINHO - TRIATLO	Veterano M40	03:12:53	+28:09	06:26
6	11	Nelson Reis	Bravos e bravitas	Veterano M40	03:14:29	+29:45	06:29
7	16	Paulo Silva	Caminhadas da Amizade	Veterano M40	03:15:33	+30:49	06:31
8	52	Domingos Gomes	Individual	Veterano M40	03:18:34	+33:50	06:37
9	14	Ricardo Silva	Caldas de São Jorge Sport Clube	Veterano M40	03:20:02	+35:19	06:40
10	3	Filipe Quelhas	AC PORTALEGRE / UTSM	Veterano M40	03:34:42	+49:58	07:09
11	48	Bruno Alexandre Oliveira da Silva	Individual	Veterano M40	03:35:04	+50:21	07:10
12	37	HELDER OLIVEIRA	Guisande Trail Running	Veterano M40	03:37:06	+52:22	07:14
13	60	Ricardo Trigo	Individual	Veterano M40	03:38:38	+53:54	07:17
14	47	Américo Costa	Individual	Veterano M40	03:44:41	+59:57	07:29
15	33	Paulo Ferreira	Ginásio FitArena	Veterano M40	03:52:19	+01:07:36	07:45
16	27	Paulo Castro	Double Condition	Veterano M40	03:54:27	+01:09:43	07:49
17	55	João Gil Santos Duarte	Individual	Veterano M40	04:00:33	+01:15:50	08:01
18	38	RUI LOPES	Guisande Trail Running	Veterano M40	04:02:38	+01:17:54	08:05
19	85	Cláudio Anjinho	Run & Fun	Veterano M40	04:05:48	+01:21:04	08:12
20	53	Eduardo Amorim	Individual	Veterano M40	04:09:31	+01:24:47	08:19
21	72	PEDRO CUSTÓDIO	JUF ACC	Veterano M40	04:10:13	+01:25:29	08:20
22	39	TIAGO FIGUEIREDO	Guisande Trail Running	Veterano M40	04:12:10	+01:27:26	08:24
23	99	Nuno Saramago	Velha Guarda RC	Veterano M40	04:13:04	+01:28:21	08:26
24	28	Manuel Francisco Rodrigues de Sousa Moreira	DUELO D'OCASIÃO	Veterano M40	04:15:00	+01:30:16	08:30
25	77	Filipe pinho	Outlaw runners	Veterano M40	04:15:34	+01:30:50	08:31
26	35	Pedro Ferreira	Grupo de Corrida de Argoncilhe	Veterano M40	04:18:02	+01:33:19	08:36
27	9	José Correia	ARCORUN	Veterano M40	04:19:25	+01:34:41	08:39
28	59	Ricardo Gonçalves	Individual	Veterano M40	04:23:24	+01:38:41	08:47
29	93	José Torres	TEAM LANTEMIL	Veterano M40	04:23:54	+01:39:10	08:48
30	50	Carlos Silva	Individual	Veterano M40	04:35:54	+01:51:11	09:12
31	94	Sérgio Pereira	TEAM LANTEMIL	Veterano M40	04:40:51	+01:56:08	09:22
32	662	Raul Silva	Individual	Veterano M40	04:45:53	+02:01:10	09:32
33	25	Fred Saraiva	Double Condition	Veterano M40	04:51:40	+02:06:56	09:43
34	2012	Nuno Alves	Double Condition	Veterano M40	05:00:09	+02:15:25	10:00
35	26	Guilherme Guilherme	Double Condition	Veterano M40	05:00:09	+02:15:25	10:00
36	24	Diogo China	Double Condition	Veterano M40	05:00:10	+02:15:26	10:00
37	61	Telmo Martins	Individual	Veterano M40	05:05:00	+02:20:16	10:10
38	101	Marco Almeida	ZeQuinhas Running Team	Veterano M40	05:14:35	+02:29:51	10:29
39	100	Bruno Miguel Ferreira Gonçalves	ZeQuinhas Running Team	Veterano M40	05:14:37	+02:29:53	10:29
40	96	Marco Correia	TrailNadas	Veterano M40	05:16:36	+02:31:52	10:33
41	97	Ricardo Manuel Bastos Tavares da Silva	TrailNadas	Veterano M40	05:16:36	+02:31:53	10:33
42	51	César Sousa	Individual	Veterano M40	05:25:45	+02:41:02	10:52

30KM

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

43	49	Carlos Alberto Cruz	Individual	Veterano M40	05:30:49	+02:46:06	11:02
44	40	Pedro Barros	HappyRun	Veterano M40	05:33:00	+02:48:16	11:06
45	90	Luís Ferreira	SóCansadas	Veterano M40	05:38:57	+02:54:14	11:18

Veterano M50

1	76	Orlando Valente	Lourosa em Movimento	Veterano M50	03:17:08		06:34
2	31	Manuel Bastos	G.D.A Ronda	Veterano M50	03:17:45	+00:37	06:36
3	17	Carlos Fernandes	CDC	Veterano M50	03:30:06	+12:58	07:00
4	66	Francisco Pinheiro	Individual	Veterano M50	03:38:39	+21:30	07:17
5	68	Pedro Ribeiro	Individual	Veterano M50	04:00:08	+43:00	08:00
6	79	Vitor Folgado	Outlaw runners	Veterano M50	04:00:58	+43:50	08:02
7	62	Antônio prata	Individual	Veterano M50	04:02:41	+45:33	08:05
8	21	Silverio Santos	Clube Desportivo Feirense	Veterano M50	04:08:48	+51:40	08:18
9	1	Nu o Castro	A.D.Amarante	Veterano M50	04:10:37	+53:29	08:21
10	87	Mike Running	Run & Fun	Veterano M50	04:11:19	+54:11	08:23
11	78	Carlos Couto	Outlaw runners	Veterano M50	04:27:28	+01:10:20	08:55
12	65	Eugénio Soares	Individual	Veterano M50	04:30:12	+01:13:03	09:00
13	80	Vitor santos	Outlaw runners	Veterano M50	04:32:02	+01:14:54	09:04
14	64	Domingos Soares	Individual	Veterano M50	04:35:53	+01:18:45	09:12
15	15	Joaquim Lobato	Caldas de São Jorge Sport Clube	Veterano M50	04:39:46	+01:22:38	09:20
16	2001	Quinino Amorim	TRAIL RUNNING SANGUEDO	Veterano M50	04:52:48	+01:35:39	09:46
17	63	Carlos Navega	Individual	Veterano M50	05:09:29	+01:52:21	10:19
18	73	RENATO ARAÚJO	JUF ACC	Veterano M50	05:21:57	+02:04:49	10:44
19	6	António Ferreira	AFIS/OVAR	Veterano M50	05:24:36	+02:07:28	10:49
20	7	Carlos Campos	AFIS/OVAR	Veterano M50	05:24:42	+02:07:34	10:49
21	91	Nuno Ferreira	SóCansadas	Veterano M50	05:38:55	+02:21:47	11:18
22	98	José Costa	Vassouras FC	Veterano M50	06:00:00	+02:42:52	12:00

Veterano M60

1	2002	Antonio Pinto	Individual	Veterano M60	03:01:48		06:04
2	69	António Rocha	Individual	Veterano M60	03:22:15	+20:27	06:44
3	32	Carlos Fazendeiro	G.D.A Ronda	Veterano M60	03:34:32	+32:44	07:09
4	983	Fernando Correia	TRAIL RUNNING SANGUEDO	Veterano M60	05:04:36	+02:02:47	10:09

TEAM RESULTS - 30KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CALDAS DE SÃO JORGE SPORT CLUBE	1 + 6 + 10 + 18	35
2	G.D.A RONDA	4 + 5 + 15 + 22	46
3	GUISANDE TRAIL RUNNING	25 + 38 + 46 + 47	156
4	OUTLAW RUNNERS	37 + 49 + 57 + 60	203
5	DOUBLE CONDITION	33 + 64 + 69 + 71	237
6	AFIS/OVAR	58 + 80 + 82 + 83	303

15KM - STAGE 1
15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:15	8,8°C	81%
End	13:41	8,8°C	81%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	2039	Eurico Pereira	EP Training Plans	01:12:11		04:49	
2	937	Luciano Pereira	PROMESSAS DO ATLETISMO	01:13:10	+00:59	04:53	
3	653	Nelson Feiteira	Grupo de Corrida de Argoncilhe	01:17:24	+05:13	05:10	
4	530	Fernando Lima	Arrifana Running	01:17:54	+05:43	05:12	
5	640	Hugo Ferreira	G.D.A Ronda	01:19:53	+07:42	05:20	
6	561	Bruno Silva	Bravos e bravitas	01:23:31	+11:20	05:34	
7	892	José Tavares	NS TRAIL TEAM	01:24:22	+12:11	05:37	
8	890	António Nunes	NS TRAIL TEAM	01:24:23	+12:12	05:38	
9	748	António Augusto Alves de Assunção	Individual	01:24:29	+12:18	05:38	
10	839	gilberto costa	javalis100limites	01:24:33	+12:22	05:38	
11	889	Márcio Melo	NS TRAIL TEAM	01:24:39	+12:28	05:39	
12	554	Rui Teixeira	Bravos e bravitas	01:26:06	+13:55	05:44	
13	639	André Melo	G.D.A Ronda	01:26:39	+14:28	05:47	
14	501	Ricardo Pereira	#lobosolitário	01:26:44	+14:33	05:47	
15	709	Renato Andrade	Individual	01:26:50	+14:39	05:47	
16	799	Augusto Aluai	Individual	01:28:32	+16:21	05:54	
17	624	Paulo Oliveira	Clube Desportivo Feirense	01:29:40	+17:29	05:59	
18	2029	Daniel Santos	EDV Viana Trail	01:30:04	+17:53	06:00	
19	712	Roberto Bastos	Individual	01:30:05	+17:54	06:00	
20	989	Telmo Oliveira	Trail Running Sul Park	01:30:07	+17:56	06:00	
21	18	Fernando da Silva Castanheira	Clube Desportivo Feirense	01:30:28	+18:17	06:02	
22	964	Tiago Santos	Sapatilhas Verdes	01:31:12	+19:01	06:05	
23	893	Cristiano Robalinho	Os incríveis	01:32:55	+20:44	06:12	
24	826	Pedro Alves	Intermarché Canedo	01:37:09	+24:58	06:29	
25	866	Ernesto Marques Alves	Juventude Cortegacense	01:37:48	+25:37	06:31	
26	891	Tiago Gonçalves	NS TRAIL TEAM	01:37:59	+25:48	06:32	
27	751	Carlos Paiva	Individual	01:38:04	+25:53	06:32	
28	849	Paula Santos	All About	01:38:06	+25:55	06:32	
29	915	Sergio Coelho	Ovarmat	01:38:10	+25:59	06:33	
30	581	Joao Santos	Caldas de São Jorge Sport Clube	01:39:39	+27:28	06:39	
31	564	Sérgio Costa	Bravos e bravitas	01:39:39	+27:28	06:39	
32	531	Francisco terra	Arrifana Running	01:40:03	+27:52	06:40	
33	567	Paulo Bandalho	Bravos e bravitas	01:40:23	+28:12	06:42	
34	814	Diogo Aguiar	Inqupa	01:41:11	+29:00	06:45	
35	863	Nuno Miguel Gonçalves Araújo	Juventude Cortegacense	01:41:43	+29:32	06:47	
36	800	JORGE OLIVEIRA RODRIGUES	Individual	01:41:58	+29:47	06:48	
37	824	Miguel Lemos	Intermarché Canedo	01:42:16	+30:05	06:49	
38	770	Paulo Oliveira	Individual	01:42:36	+30:25	06:50	
39	617	Fernando Seabra	Caminhadas da Amizade	01:42:46	+30:35	06:51	
40	552	Fábio Pereira	Bravos e bravitas	01:43:05	+30:54	06:52	
41	693	Francisco Andrade Santos	Individual	01:44:09	+31:58	06:57	

15KM - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	506	Agostinho Pinheiro da Silva Azevedo	2dU-Rêgo	01:44:10	+31:59	06:57	
43	563	Hugo Teixeira	Bravos e bravitas	01:44:14	+32:03	06:57	
44	803	Marcelo fernandes	Individual	01:44:30	+32:19	06:58	
45	2031	Ivo Almeida	Individual	01:44:36	+32:25	06:58	
46	788	tony Matias	Individual	01:44:44	+32:33	06:59	
47	828	Rui Ferreira	Intermarché Canedo	01:45:09	+32:58	07:01	
48	750	Antonio Reis	Individual	01:46:03	+33:52	07:04	
49	696	Hugo Martins	Individual	01:46:43	+34:32	07:07	
50	568	Alcides Relvas	Bravos e bravitas	01:46:43	+34:32	07:07	
51	504	João Luís Bastos Silva	2dU-Rêgo	01:46:45	+34:34	07:07	
52	920	Luis Gomes	Pastello Runners	01:47:05	+34:54	07:08	
53	867	Helder Correia	Juventude Cortegacense	01:47:05	+34:54	07:08	
54	507	Serafim Pereira da Rocha	2dU-Rêgo	01:48:09	+35:58	07:13	
55	605	António Pinto	Caminhadas da Amizade	01:48:51	+36:40	07:15	
56	668	Palmira Vieira	Gympro	01:49:05	+36:54	07:16	
57	912	Jorge Santos	Outlaw runners	01:50:11	+38:00	07:21	
58	967	Laura Tavares	SPORTARC	01:50:16	+38:05	07:21	
59	57	João Machado	Individual	01:50:31	+38:20	07:22	
60	820	Marta Gomes	Intermarché Canedo	01:50:35	+38:24	07:22	
61	916	Valter Soares	Ovarmat	01:51:40	+39:29	07:27	
62	625	Rolando Paulo	Clube Desportivo Feirense	01:51:43	+39:32	07:27	
63	566	João Gomes	Bravos e bravitas	01:51:43	+39:32	07:27	
64	588	Lia Silva	Caminhadas da Amizade	01:51:45	+39:34	07:27	
65	613	Orlando Nogueira	Caminhadas da Amizade	01:51:45	+39:34	07:27	
66	680	Vanessa M Santos	Individual	01:51:45	+39:34	07:27	
67	528	Diogo Lopes	Arrifana Running	01:51:50	+39:39	07:27	
68	648	João Gomes	Ginásio FitArena	01:52:12	+40:01	07:29	
69	807	Paulo Silva	Individual	01:52:22	+40:11	07:29	
70	610	José J Coelho	Caminhadas da Amizade	01:52:37	+40:26	07:30	
71	876	Fernando Nobre	Lourosa em Movimento	01:53:00	+40:49	07:32	
72	913	Filipa Liz Dias	Ovarmat	01:53:06	+40:55	07:32	
73	877	Vitor Moreira	Lourosa em Movimento	01:53:39	+41:28	07:35	
74	760	marco duarte	Individual	01:53:40	+41:29	07:35	
75	874	Célia Santos	Lourosa em Movimento	01:53:40	+41:29	07:35	
76	631	Alberto Barros	Espírito jovem	01:53:47	+41:36	07:35	
77	651	Maria do Céu Ferreira	Ginásio FitArena	01:54:02	+41:51	07:36	
78	829	Alcino Santos	Intermarché Canedo	01:54:31	+42:20	07:38	
79	861	José Augusto Oliveira	Juventude Cortegacense	01:54:44	+42:33	07:39	
80	757	Luis Pessoa	Individual	01:54:48	+42:37	07:39	
81	606	Avelino Moreira	Caminhadas da Amizade	01:55:04	+42:53	07:40	
82	612	Manuel Ribeiro	Caminhadas da Amizade	01:55:07	+42:56	07:40	
83	565	Carlos Ribeiro	Bravos e bravitas	01:55:17	+43:06	07:41	
84	914	Sando Aragão	Ovarmat	01:55:19	+43:08	07:41	
85	802	José neves	Individual	01:55:34	+43:23	07:42	
86	664	PAULO JESUS	Guisande Trail Running	01:55:44	+43:33	07:43	

15KM - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	558	Vera Leite	Bravos e bravitas	01:55:45	+43:34	07:43	
88	919	Xavier Alves Paiva	Palhorunners	01:56:02	+43:51	07:44	
89	551	António Silva	Bravos e bravitas	01:56:07	+43:56	07:44	
90	982	RICHARD NOGUEIRA	TRAIL RUNNING SANGUEDO	01:56:20	+44:09	07:45	
91	753	Daniel Silva	Individual	01:56:22	+44:11	07:45	
92	592	Céu Moreira	Caminhadas da Amizade	01:56:29	+44:18	07:46	
93	615	Paulo Moreira	Caminhadas da Amizade	01:57:08	+44:57	07:49	
94	949	Carla Cardoso	Running Esmoriz	01:57:09	+44:58	07:49	
95	665	PEDRO LOPES	Guisande Trail Running	01:57:13	+45:02	07:49	
96	840	ivo gonçalves	javalis100limites	01:57:13	+45:02	07:49	
97	682	André Alão Silva	Individual	01:57:19	+45:08	07:49	
98	808	Paulo Silva	Individual	01:57:21	+45:10	07:49	
99	969	Cristina Loureiro	Taylors	01:57:21	+45:10	07:49	
100	746	Afonso Oliveira	Individual	01:57:43	+45:32	07:51	
101	871	Sérgio Paulo Ferreira Oliveira	Juventude Cortegacense	01:57:54	+45:43	07:52	
102	768	Nuno Miguel Pereira Matias	Individual	01:58:56	+46:45	07:56	
103	859	João Paulo Oliveira	Juventude Cortegacense	01:59:04	+46:53	07:56	
104	815	Paulo Nobre	Inqupa	01:59:13	+47:02	07:57	
105	74	Romain Carre-Pistollet	Jumia	01:59:49	+47:38	07:59	
106	576	Rogério Pinho	C.D.C SÃO MARTINHO DA GÂNDARA	02:00:23	+48:12	08:02	
107	642	José Morais	Gaia Trail	02:00:53	+48:42	08:04	
108	947	Orquídea Sousa	Running Esmoriz	02:00:54	+48:43	08:04	
109	570	Marco Nunes	C.D.C SÃO MARTINHO DA GÂNDARA	02:01:35	+49:24	08:06	
110	699	Marcelo Magalhães	Individual	02:01:58	+49:47	08:08	
111	818	Susana Martins	Intermarché Canedo	02:02:11	+50:00	08:09	
112	816	Daniela Ferreira	Intermarché Canedo	02:02:11	+50:00	08:09	
113	2030	Sãozita Ferreira	Individual	02:02:11	+50:00	08:09	
114	618	Ricardo Pereira	Cardoso Pereira	02:02:25	+50:14	08:10	
115	791	Valter sa	Individual	02:02:51	+50:40	08:11	
116	813	Vitor Cruz	Individual	02:02:59	+50:48	08:12	
117	643	Maximiano Rodrigues	Gaia Trail	02:03:08	+50:57	08:13	
118	801	José Augusto Mendes Ferreira	Individual	02:03:24	+51:13	08:14	
119	660	SONIA ALMEIDA	Guisande Trail Running	02:03:31	+51:20	08:14	
120	767	Nuno Eça	Individual	02:03:37	+51:26	08:14	
121	860	Joel Sequeira	Juventude Cortegacense	02:03:44	+51:33	08:15	
122	2033	José Pinho	Intermarché Canedo	02:04:07	+51:56	08:16	
123	843	tony barbosa	javalis100limites	02:04:09	+51:58	08:17	
124	555	Mariline Batista	Bravos e bravitas	02:04:53	+52:42	08:20	
125	790	Valter Roberto da Silva Barbosa	Individual	02:04:55	+52:44	08:20	
126	708	Rafael Mota	Individual	02:04:59	+52:48	08:20	
127	623	José herdeiro	Clube Desportivo Feirense	02:05:01	+52:50	08:20	
128	626	Manuel Gomes	Clube Desportivo Feirense	02:05:02	+52:51	08:20	
129	972	Erasmus Alves	Taylors	02:05:25	+53:14	08:22	
130	879	Asdrubal Freitas	MSS CONTABILIDADE	02:05:37	+53:26	08:22	
131	797	Antonio Silva	Individual	02:05:56	+53:45	08:24	
132	907	Bruno Barros	Outlaw runners	02:06:10	+53:59	08:25	

15KM - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	616	Vitorino Campos	Caminhadas da Amizade	02:06:12	+54:01	08:25	
134	621	Domingos Faustino	Centro Cultural D. T. da STCP	02:06:17	+54:06	08:25	
135	720	Celia Aguiar	Individual	02:06:36	+54:25	08:26	
136	704	Nelson Filipe Santos Carvalho	Individual	02:06:49	+54:38	08:27	
137	633	Daniel Rocha	Ferraris do monte	02:06:53	+54:42	08:28	
138	831	João Neves	Intermarché Canedo	02:07:04	+54:53	08:28	
139	761	Marco Pinto	Individual	02:07:24	+55:13	08:30	
140	701	Mário Baptista	Individual	02:07:27	+55:16	08:30	
141	965	Gonçalo Oliveira	Sapatilhas Verdes	02:07:28	+55:17	08:30	
142	986	Carlos Oliveira	Trail Running Suil Park	02:07:40	+55:29	08:31	
143	732	Tânia Mateus	Individual	02:07:42	+55:31	08:31	
144	988	Miguel Oliveira	Trail Running Suil Park	02:07:42	+55:31	08:31	
145	984	Hugo Guimarães	Trail Running Suil Park	02:07:43	+55:32	08:31	
146	918	Miguel Valente	Palhorunners	02:07:45	+55:34	08:31	
147	925	Alice Sousa	PORTO SENTIDO	02:08:57	+56:46	08:36	
148	786	Sérgio Pereira	Individual	02:09:45	+57:34	08:39	
149	956	Jorge Guerra	Running Esmoriz	02:10:11	+58:00	08:41	
150	759	Marco André Oliveira Paiva	Individual	02:10:26	+58:15	08:42	
151	575	Miguel Santos	C.D.C SÃO MARTINHO DA GÂNDARA	02:10:30	+58:19	08:42	
152	2043	Celso Mota	Individual	02:11:15	+59:04	08:45	
153	963	Rodrigo Silva	Salta Pocinhas	02:11:24	+59:13	08:46	
154	663	DOMINGOS FERREIRA	Guisande Trail Running	02:11:41	+59:30	08:47	
155	656	BRUNA FERREIRA	Guisande Trail Running	02:11:41	+59:30	08:47	
156	692	Filipe Soares	Individual	02:11:44	+59:33	08:47	
157	650	Juliana Melo	Ginásio FitArena	02:11:48	+59:37	08:47	
158	658	Ricardo Lopes	Guisande Trail Running	02:11:49	+59:38	08:47	
159	942	Ana Catarina Fonseca	Run & Fun	02:12:14	+01:00:03	08:49	
160	943	Florabela Marques Queirós	Run & Fun	02:12:18	+01:00:07	08:49	
161	694	Gil Dudot	Individual	02:12:25	+01:00:14	08:50	
162	513	Paula Cruz	AFIS/OVAR	02:12:25	+01:00:14	08:50	
163	620	Duarte Pinto	CCD Matosinhos	02:12:27	+01:00:16	08:50	
164	878	Miguel Pinto	M&M	02:12:33	+01:00:22	08:50	
165	924	Cidália Soares	PORTO SENTIDO	02:13:16	+01:01:05	08:53	
166	810	Roberto Bastos	Individual	02:13:17	+01:01:06	08:53	
167	868	Manuel Constantino Silva	Juventude Cortegacense	02:13:30	+01:01:19	08:54	
168	774	Pedro Silva	Individual	02:14:13	+01:02:02	08:57	
169	922	Marco Rodrigues	Peregrinos Improváveis	02:15:02	+01:02:51	09:00	
170	691	Filipe Ferreira	Individual	02:15:02	+01:02:51	09:00	
171	923	André Rodrigues	Peregrinos Improváveis	02:15:02	+01:02:51	09:00	
172	784	Sérgio Melo	Individual	02:15:07	+01:02:56	09:00	
173	782	Sérgio Alves	Individual	02:15:09	+01:02:58	09:01	
174	762	Marco Rodrigues	Individual	02:15:13	+01:03:02	09:01	
175	2028	André Vivas	Junta Freguesia de Lamas	02:15:21	+01:03:10	09:01	
176	830	Carlos Lancha	Intermarché Canedo	02:15:28	+01:03:17	09:02	
177	950	Fernanda Rocha	Running Esmoriz	02:15:37	+01:03:26	09:02	
178	549	Sara Oliveira	Bravos e bravitas	02:15:47	+01:03:36	09:03	

15KM - STAGE 1**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
225	582	Cristina Almeida	Caminhadas da Amizade	02:25:52	+01:13:41	09:43	
226	585	Ricardo Morais	Caminhadas da Amizade	02:26:23	+01:14:12	09:46	
227	817	Rosa Rodrigues	Intermarché Canedo	02:26:24	+01:14:13	09:46	
228	819	Cristina Couto	Intermarché Canedo	02:26:24	+01:14:13	09:46	
229	776	Ricardo Silvestre Sousa Ferreira	Individual	02:26:46	+01:14:35	09:47	
230	974	João Miranda	TeamCabral	02:26:50	+01:14:39	09:47	
231	687	Daniel Serralva	Individual	02:27:06	+01:14:55	09:48	
232	909	Pedro Almeida	Outlaw runners	02:27:31	+01:15:20	09:50	
233	908	Jorge Gomes	Outlaw runners	02:27:31	+01:15:20	09:50	
234	731	Susana Rodrigues	Individual	02:27:35	+01:15:24	09:50	
235	726	Maria Miranda	Individual	02:27:36	+01:15:25	09:50	
236	706	Pedro Lourenço	Individual	02:28:01	+01:15:50	09:52	
237	645	Alcino Tavares	Gansos	02:28:04	+01:15:53	09:52	
238	644	Florinda Carvalho	Gansos	02:28:05	+01:15:54	09:52	
239	676	Mariana Magalhães	Individual	02:28:10	+01:15:59	09:53	
240	590	Camila Manso	Caminhadas da Amizade	02:29:44	+01:17:33	09:59	
241	527	Rosa Silva	Arrifana Running	02:30:01	+01:17:50	10:00	
242	794	Adérito Videira	Individual	02:30:06	+01:17:55	10:00	
243	577	Gabriel Cardoso	Cadinha F.C.	02:30:10	+01:17:59	10:01	
244	595	Margarida Martins	Caminhadas da Amizade	02:31:33	+01:19:22	10:06	
245	899	Francisco Santos	Os Remendados	02:31:36	+01:19:25	10:06	
246	970	Alexandre Raimundo	Taylors	02:32:02	+01:19:51	10:08	
247	608	Francisco Moreira	Caminhadas da Amizade	02:32:46	+01:20:35	10:11	
248	556	Paula Soares	Bravos e bravitas	02:33:38	+01:21:27	10:15	
249	777	RICARDO TAVARES	Individual	02:33:38	+01:21:27	10:15	
250	560	Fatinha Lopes	Bravos e bravitas	02:33:40	+01:21:29	10:15	
251	686	Christian Correia	Individual	02:33:46	+01:21:35	10:15	
252	715	Vitor Correia	Individual	02:34:23	+01:22:12	10:18	
253	991	Valter Alves	Veteranas Canedo FC	02:34:35	+01:22:24	10:18	
254	681	Vanessa Maia	Individual	02:34:58	+01:22:47	10:20	
255	705	Pedro Ferreira	Individual	02:35:02	+01:22:51	10:20	
256	677	Marisa Goreti Fernandes Queirós	Individual	02:35:25	+01:23:14	10:22	
257	735	Celeste costa	Individual	02:35:46	+01:23:35	10:23	
258	684	Bruno Santos	Individual	02:36:03	+01:23:52	10:24	
259	869	Nelson Sergio Carvalho Azevedo	Juventude Cortegacense	02:36:12	+01:24:01	10:25	
260	505	Roberto Ramalho Pinheiro	2dU-Rêgo	02:36:37	+01:24:26	10:26	
261	603	Pedro Silva	Caminhadas da Amizade	02:37:20	+01:25:09	10:29	
262	678	Sara Baptista	Individual	02:37:21	+01:25:10	10:29	
263	703	Miguel Silva	Individual	02:37:22	+01:25:11	10:29	
264	744	Sofia Martins	Individual	02:37:32	+01:25:21	10:30	
265	519	Eduardo Carvalho	Amigos do Leandro	02:37:38	+01:25:27	10:31	
266	520	Ricardo Ferreira	Amigos do Leandro	02:37:40	+01:25:29	10:31	
267	958	Paula Fernandes	RUNNING ESPINHO	02:37:46	+01:25:35	10:31	
268	798	Artur França	Individual	02:37:56	+01:25:45	10:32	
269	973	Pedro Queirós	TeamCabral	02:38:18	+01:26:07	10:33	
270	852	Mario Fonseca	Juventude Cortegacense	02:38:25	+01:26:14	10:34	

15KM - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
271	850	Ines Gomes Cardoso	Juventude Cortegacense	02:38:30	+01:26:19	10:34	
272	517	Cátia Beirão	AlAI TEAM	02:39:09	+01:26:58	10:37	
273	962	edite guedes	Salta Pocinhas	02:40:26	+01:28:15	10:42	
274	895	Marco Sousa	Os Perna de Pau	02:40:42	+01:28:31	10:43	
275	894	André Silva	Os Perna de Pau	02:40:42	+01:28:31	10:43	
276	586	Tiago Seabra	Caminhadas da Amizade	02:40:56	+01:28:45	10:44	
277	961	Sara Santiago	Salta Pocinhas	02:41:19	+01:29:08	10:45	
278	953	Sérgio Menezes	Running Esmoriz	02:41:28	+01:29:17	10:46	
279	630	Edgar CAMARA	Equipa A	02:41:31	+01:29:20	10:46	
280	827	Ricardo Duarte	Intermarché Canedo	02:41:46	+01:29:35	10:47	
281	821	Bruno Duarte	Intermarché Canedo	02:41:46	+01:29:35	10:47	
282	772	Pedro Costa	Individual	02:41:58	+01:29:47	10:48	
283	960	Armindo Pinheiro	RUNNING ESPINHO	02:42:00	+01:29:49	10:48	
284	911	Adelino Pinheiro	Outlaw runners	02:42:51	+01:30:40	10:51	
285	742	Marta Alves	Individual	02:42:51	+01:30:40	10:51	
286	906	Marlene Couto	Outlaw runners	02:43:00	+01:30:49	10:52	
287	749	Antonio Jose Moreira de Sousa	Individual	02:43:56	+01:31:45	10:56	
288	2041	Nelson Silva	Gansos	02:45:10	+01:32:59	11:01	
289	584	Daniel Almeida	Caminhadas da Amizade	02:45:47	+01:33:36	11:03	
290	646	Marta Rodrigues	Ginásio FitArena	02:46:06	+01:33:55	11:04	
291	587	Carla Moreira	Caminhadas da Amizade	02:46:06	+01:33:55	11:04	
292	743	Paula Castro	Individual	02:46:10	+01:33:59	11:05	
293	887	Rui Taveira	NO TOMORROW RUNNING TEAM	02:47:14	+01:35:03	11:09	
294	884	Diogo Moura	NO TOMORROW RUNNING TEAM	02:47:14	+01:35:03	11:09	
295	785	Sérgio Moreira	Individual	02:47:44	+01:35:33	11:11	
296	971	Rui Pinto	Taylors	02:47:44	+01:35:33	11:11	
297	804	Michel Rodrigues	Individual	02:47:50	+01:35:39	11:11	
298	975	Hugo Morais	Tomé Morais	02:48:01	+01:35:50	11:12	
299	638	João Rodrigues	FREERUNNERS/IDENTPRINT	02:48:02	+01:35:51	11:12	
300	844	Maria Brandão	JP Ginásios	02:48:49	+01:36:38	11:15	
301	847	Guilhermina Ligeiro	JP Ginásios	02:48:51	+01:36:40	11:15	
302	796	António Couto	Individual	02:49:36	+01:37:25	11:18	
303	550	Tânia Ferreira	Bravos e bravitas	02:49:40	+01:37:29	11:19	
304	516	Paulo Almeida	AFIS/OVAR	02:49:59	+01:37:48	11:20	
305	591	Carla Silva	Caminhadas da Amizade	02:51:22	+01:39:11	11:25	
306	597	Zélia Sousa	Caminhadas da Amizade	02:51:22	+01:39:11	11:25	
307	721	Céu Melo	Individual	02:51:32	+01:39:21	11:26	
308	611	José Sousa B	Caminhadas da Amizade	02:52:13	+01:40:02	11:29	
309	683	André Silva	Individual	02:52:28	+01:40:17	11:30	
310	833	Mariana Costa	Irmãs	02:53:30	+01:41:19	11:34	
311	832	Joana Costa	Irmãs	02:53:31	+01:41:20	11:34	
312	619	António Pereira	Cardoso Pereira	02:53:51	+01:41:40	11:35	
313	862	Miguel Pinheiro Matos	Juventude Cortegacense	02:54:17	+01:42:06	11:37	
314	857	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	02:54:19	+01:42:08	11:37	
315	865	Celso Lino Oliveira Gomes	Juventude Cortegacense	02:54:19	+01:42:08	11:37	

15KM - STAGE 1

15 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
361	952	Orquídea Gomes	Running Esmoriz	03:12:47	+02:00:36	12:51	
362	736	Cidália Carvalho	Individual	03:12:51	+02:00:40	12:51	
363	722	Cristiana Soares Dos Reis	Individual	03:12:53	+02:00:42	12:52	
364	806	Paulo Lopes	Individual	03:12:59	+02:00:48	12:52	
365	948	Ana Oliveira	Running Esmoriz	03:13:00	+02:00:49	12:52	
366	627	Elisabete Rente	Elisabete Rente	03:13:18	+02:01:07	12:53	
367	2025	Daniel Santos	Fred e companhia	03:13:20	+02:01:09	12:53	
368	2026	Fred e Jeremias	Fred e companhia	03:13:21	+02:01:10	12:53	
369	536	Cátia Lopes	BodyWorkout	03:14:57	+02:02:46	13:00	
370	652	Pedro Rodrigues	Ginásio FitArena	03:15:27	+02:03:16	13:02	
371	763	Mário Araújo	Individual	03:16:41	+02:04:30	13:07	
372	543	Marta Fontes	BodyWorkout	03:18:40	+02:06:29	13:15	
373	537	Daniela Costa	BodyWorkout	03:18:40	+02:06:29	13:15	
374	535	Cátia Balona	BodyWorkout	03:18:40	+02:06:29	13:15	
375	539	Joana Beleza	BodyWorkout	03:18:52	+02:06:41	13:15	
376	523	Rui Jorge de Sá Neves	ARADA ATLÉTICO CLUBE	03:20:32	+02:08:21	13:22	
377	522	Paula Alexandra Andrade Costa	ARADA ATLÉTICO CLUBE	03:20:33	+02:08:22	13:22	
378	789	Valter Caseiro	Individual	03:29:18	+02:17:07	13:57	
379	977	Clara Reis	Trail Molinhas	03:31:38	+02:19:27	14:07	
380	980	Paulo Moreira	Trail Molinhas	03:31:39	+02:19:28	14:07	
381	979	Mário Capela	Trail Molinhas	03:31:39	+02:19:28	14:07	
382	978	Marcelo Oliveira	Trail Molinhas	03:31:53	+02:19:42	14:08	
383	976	Carolina Gomes	Trail Molinhas	03:31:53	+02:19:42	14:08	
384	904	Erika Darcilia	Outlaw runners	03:42:59	+02:30:48	14:52	
385	910	Sterling Bolivar	Outlaw runners	03:43:02	+02:30:51	14:52	
386	515	Joaquim Ferreira	AFIS/OVAR	03:54:14	+02:42:03	15:37	
387	514	Susana Pinto	AFIS/OVAR	03:54:15	+02:42:04	15:37	
388	933	Joana Rocha e Silva	Proboazonas	03:54:34	+02:42:23	15:38	
389	927	Catarina Rocha	Proboazonas	03:54:35	+02:42:24	15:38	
390	932	Joana Alexandra Coelho Oliveira Pinheiro	Proboazonas	03:54:38	+02:42:27	15:39	
391	837	crisrina duarte	javalis100limites	03:54:50	+02:42:39	15:39	
392	928	Cátia Azevedo	Proboazonas	03:54:55	+02:42:44	15:40	
393	929	Débora Alves Fonseca	Proboazonas	03:54:58	+02:42:47	15:40	
394	934	Joana Rocha Oliveira	Proboazonas	03:54:59	+02:42:48	15:40	
395	926	Catarina Cerqueira	Proboazonas	04:02:19	+02:50:08	16:09	
396	935	Rita Rosário	Proboazonas	04:02:26	+02:50:15	16:10	
397	930	Estela Ferreira	Proboazonas	04:02:27	+02:50:16	16:10	
398	936	Vânia Serra	Proboazonas	04:07:57	+02:55:46	16:32	
399	931	Florbela Aragão	Proboazonas	04:07:59	+02:55:48	16:32	
400	2034	Helena Costa	Individual	04:24:27	+03:12:16	17:38	
401	737	Clara Landolt	Individual	04:24:27	+03:12:16	17:38	
402	727	Marta Magalhães	Individual	04:24:56	+03:12:45	17:40	

15KM

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OFFICIAL RESULT

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40	977	Clara Reis	Trail Molinhas	Senior Feminino	03:31:38	+01:41:22	14:07
41	976	Carolina Gomes	Trail Molinhas	Senior Feminino	03:31:53	+01:41:37	14:08
42	933	Joana Rocha e Silva	Proboazonas	Senior Feminino	03:54:34	+02:04:18	15:38
43	927	Catarina Rocha	Proboazonas	Senior Feminino	03:54:35	+02:04:19	15:38
44	932	Joana Alexandra Coelho Oliveira Pinheiro	Proboazonas	Senior Feminino	03:54:38	+02:04:22	15:39
45	928	Cátia Azevedo	Proboazonas	Senior Feminino	03:54:55	+02:04:39	15:40
46	929	Débora Alves Fonseca	Proboazonas	Senior Feminino	03:54:58	+02:04:42	15:40
47	934	Joana Rocha Oliveira	Proboazonas	Senior Feminino	03:54:59	+02:04:43	15:40
48	926	Catarina Cerqueira	Proboazonas	Senior Feminino	04:02:19	+02:12:03	16:09
49	935	Rita Rosário	Proboazonas	Senior Feminino	04:02:26	+02:12:10	16:10
50	930	Estela Ferreira	Proboazonas	Senior Feminino	04:02:27	+02:12:11	16:10
51	936	Vânia Serra	Proboazonas	Senior Feminino	04:07:57	+02:17:41	16:32
52	931	Florbela Aragão	Proboazonas	Senior Feminino	04:07:59	+02:17:43	16:32

Senior Masculino

1	2039	Eurico Pereira	EP Training Plans	Senior Masculino	01:12:11		04:49
2	640	Hugo Ferreira	G.D.A Ronda	Senior Masculino	01:19:53	+07:42	05:20
3	554	Rui Teixeira	Bravos e bravitas	Senior Masculino	01:26:06	+13:55	05:44
4	639	André Melo	G.D.A Ronda	Senior Masculino	01:26:39	+14:28	05:47
5	709	Renato Andrade	Individual	Senior Masculino	01:26:50	+14:38	05:47
6	2029	Daniel Santos	EDV Viana Trail	Senior Masculino	01:30:04	+17:53	06:00
7	712	Roberto Bastos	Individual	Senior Masculino	01:30:05	+17:54	06:00
8	18	Fernando da Silva Castanheira	Clube Desportivo Feirense	Senior Masculino	01:30:28	+18:16	06:02
9	964	Tiago Santos	Sapatilhas Verdes	Senior Masculino	01:31:12	+19:01	06:05
10	893	Cristiano Robalinho	Os incríveis	Senior Masculino	01:32:55	+20:44	06:12
11	891	Tiago Gonçalves	NS TRAIL TEAM	Senior Masculino	01:37:59	+25:47	06:32
12	915	Sergio Coelho	Ovarmat	Senior Masculino	01:38:10	+25:58	06:33
13	552	Fábio Pereira	Bravos e bravitas	Senior Masculino	01:43:05	+30:54	06:52
14	693	Francisco Andrade Santos	Individual	Senior Masculino	01:44:09	+31:58	06:57
15	696	Hugo Martins	Individual	Senior Masculino	01:46:43	+34:31	07:07
16	504	João Luís Bastos Silva	2dU-Rêgo	Senior Masculino	01:46:45	+34:34	07:07
17	916	Valter Soares	Ovarmat	Senior Masculino	01:51:40	+39:29	07:27
18	648	João Gomes	Ginásio FitArena	Senior Masculino	01:52:12	+40:01	07:29
19	914	Sando Aragão	Ovarmat	Senior Masculino	01:55:19	+43:07	07:41
20	919	Xavier Alves Paiva	Palhorunners	Senior Masculino	01:56:02	+43:50	07:44
21	551	António Silva	Bravos e bravitas	Senior Masculino	01:56:07	+43:56	07:44
22	682	André Alão Silva	Individual	Senior Masculino	01:57:19	+45:08	07:49
23	74	Romain Carre-Pistollet	Jumia	Senior Masculino	01:59:49	+47:37	07:59
24	570	Marco Nunes	C.D.C SÃO MARTINHO DA GÂNDARA	Senior Masculino	02:01:35	+49:23	08:06
25	699	Marcelo Magalhães	Individual	Senior Masculino	02:01:58	+49:46	08:08
26	618	Ricardo Pereira	Cardoso Pereira	Senior Masculino	02:02:25	+50:13	08:10
27	708	Rafael Mota	Individual	Senior Masculino	02:04:59	+52:48	08:20
28	704	Nelson Filipe Santos Carvalho	Individual	Senior Masculino	02:06:49	+54:38	08:27
29	633	Daniel Rocha	Ferraris do monte	Senior Masculino	02:06:53	+54:42	08:28

Official Timekeeper: Lap2Go	2 / 10	generate 02-mai.-2024 09:39
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15KM**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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30	701	Mário Baptista	Individual	Senior Masculino	02:07:27	+55:16	08:30
31	984	Hugo Guimarães	Trail Running Suil Park	Senior Masculino	02:07:43	+55:32	08:31
32	918	Miguel Valente	Palhorunners	Senior Masculino	02:07:45	+55:33	08:31
33	692	Filipe Soares	Individual	Senior Masculino	02:11:44	+59:33	08:47
34	658	Ricardo Lopes	Guisande Trail Running	Senior Masculino	02:11:49	+59:38	08:47
35	694	Gil Dudot	Individual	Senior Masculino	02:12:25	+01:00:14	08:50
36	878	Miguel Pinto	M&M	Senior Masculino	02:12:33	+01:00:22	08:50
37	922	Marco Rodrigues	Peregrinos Improváveis	Senior Masculino	02:15:02	+01:02:50	09:00
38	691	Filipe Ferreira	Individual	Senior Masculino	02:15:02	+01:02:51	09:00
39	2042	Ruben Silva	Lourosa em Movimento	Senior Masculino	02:16:26	+01:04:15	09:06
40	896	André Martins	Os Remendados	Senior Masculino	02:16:54	+01:04:43	09:08
41	711	Ricardo Pereira	Individual	Senior Masculino	02:17:10	+01:04:59	09:09
42	941	Joel Almeida	Rita & Joel	Senior Masculino	02:18:27	+01:06:16	09:14
43	649	João Miguel Ferreira	Ginásio FitArena	Senior Masculino	02:19:34	+01:07:23	09:18
44	647	Anthony Silva	Ginásio FitArena	Senior Masculino	02:19:36	+01:07:24	09:18
45	897	Hélder Gonçalves	Os Remendados	Senior Masculino	02:19:57	+01:07:46	09:20
46	685	César Filipe Oliveira Braga	Individual	Senior Masculino	02:24:47	+01:12:35	09:39
47	702	Miguel Angelo Baptista Pinto	Individual	Senior Masculino	02:24:47	+01:12:36	09:39
48	585	Ricardo Morais	Caminhadas da Amizade	Senior Masculino	02:26:23	+01:14:12	09:46
49	687	Daniel Serralva	Individual	Senior Masculino	02:27:06	+01:14:54	09:48
50	706	Pedro Lourenço	Individual	Senior Masculino	02:28:01	+01:15:49	09:52
51	686	Christian Correia	Individual	Senior Masculino	02:33:46	+01:21:35	10:15
52	715	Vitor Correia	Individual	Senior Masculino	02:34:23	+01:22:12	10:18
53	991	Valter Alves	Veteranas Canedo FC	Senior Masculino	02:34:35	+01:22:23	10:18
54	705	Pedro Ferreira	Individual	Senior Masculino	02:35:02	+01:22:51	10:20
55	684	Bruno Santos	Individual	Senior Masculino	02:36:03	+01:23:52	10:24
56	505	Roberto Ramalho Pinheiro	2dU-Rêgo	Senior Masculino	02:36:37	+01:24:26	10:26
57	703	Miguel Silva	Individual	Senior Masculino	02:37:22	+01:25:10	10:29
58	519	Eduardo Carvalho	Amigos do Leandro	Senior Masculino	02:37:38	+01:25:27	10:31
59	520	Ricardo Ferreira	Amigos do Leandro	Senior Masculino	02:37:40	+01:25:29	10:31
60	973	Pedro Queirós	TeamCabral	Senior Masculino	02:38:18	+01:26:07	10:33
61	852	Mario Fonseca	Juventude Cortegacense	Senior Masculino	02:38:25	+01:26:14	10:34
62	894	André Silva	Os Perna de Pau	Senior Masculino	02:40:42	+01:28:31	10:43
63	586	Tiago Seabra	Caminhadas da Amizade	Senior Masculino	02:40:56	+01:28:44	10:44
64	2041	Nelson Silva	Gansos	Senior Masculino	02:45:10	+01:32:59	11:01
65	584	Daniel Almeida	Caminhadas da Amizade	Senior Masculino	02:45:47	+01:33:35	11:03
66	884	Diogo Moura	NO TOMORROW RUNNING TEAM	Senior Masculino	02:47:14	+01:35:03	11:09
67	683	André Silva	Individual	Senior Masculino	02:52:28	+01:40:16	11:30
68	544	Bruno Pinto	BodyWorkout	Senior Masculino	03:01:01	+01:48:49	12:04
69	944	Carlos Ferreira	Running Esmoriz	Senior Masculino	03:02:01	+01:49:49	12:08
70	698	Luis Manuel Pereira	Individual	Senior Masculino	03:05:43	+01:53:31	12:23
71	881	Norberto Aguiar	NGA Team	Senior Masculino	03:06:56	+01:54:44	12:28
72	880	Fábio Cardoso	NGA Team	Senior Masculino	03:06:56	+01:54:44	12:28
73	697	José Pedro Pinto	Individual	Senior Masculino	03:10:18	+01:58:07	12:41
74	980	Paulo Moreira	Trail Molinhas	Senior Masculino	03:31:39	+02:19:27	14:07
75	979	Mário Capela	Trail Molinhas	Senior Masculino	03:31:39	+02:19:28	14:07

Official Timekeeper: Lap2Go	3 / 10	generate 02-mai.-2024 09:39
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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

42	837	cristina duarte	javalis100limites	Veterana F40	03:54:50	+02:05:45	15:39
43	727	Marta Magalhães	Individual	Veterana F40	04:24:56	+02:35:51	17:40

Veterana F50

1	849	Paula Santos	All About	Veterana F50	01:38:06		06:32
2	651	Maria do Céu Ferreira	Ginásio FitArena	Veterana F50	01:54:02	+15:55	07:36
3	592	Céu Moreira	Caminhadas da Amizade	Veterana F50	01:56:29	+18:22	07:46
4	949	Carla Cardoso	Running Esmoriz	Veterana F50	01:57:09	+19:02	07:49
5	969	Cristina Loureiro	Taylors	Veterana F50	01:57:21	+19:15	07:49
6	2030	Sãozita Ferreira	Individual	Veterana F50	02:02:11	+24:05	08:09
7	925	Alice Sousa	PORTO SENTIDO	Veterana F50	02:08:57	+30:50	08:36
8	950	Fernanda Rocha	Running Esmoriz	Veterana F50	02:15:37	+37:30	09:02
9	981	Dulce Correia	TRAIL RUNNING SANGUEDO	Veterana F50	02:16:13	+38:06	09:05
10	739	Conceição Correia	Individual	Veterana F50	02:17:02	+38:55	09:08
11	661	Fernanda Pinheiro	Guisande Trail Running	Veterana F50	02:18:31	+40:24	09:14
12	848	Rosa Castro	Jumia	Veterana F50	02:19:41	+41:34	09:19
13	526	Paula Martins	Arrifana Running	Veterana F50	02:19:48	+41:41	09:19
14	674	Silvia Batista	Individual	Veterana F50	02:25:00	+46:53	09:40
15	559	Ana Teixeira	Bravos e bravitas	Veterana F50	02:25:02	+46:55	09:40
16	622	Sandra Ferreira	Clube Desportivo Feirense	Veterana F50	02:25:14	+47:08	09:41
17	86	Maria Mota	Run & Fun	Veterana F50	02:25:39	+47:32	09:43
18	819	Cristina Couto	Intermarché Canedo	Veterana F50	02:26:24	+48:18	09:46
19	590	Camila Manso	Caminhadas da Amizade	Veterana F50	02:29:44	+51:37	09:59
20	527	Rosa Silva	Arrifana Running	Veterana F50	02:30:01	+51:54	10:00
21	595	Margarida Martins	Caminhadas da Amizade	Veterana F50	02:31:33	+53:26	10:06
22	560	Fatinha Lopes	Bravos e bravitas	Veterana F50	02:33:40	+55:33	10:15
23	735	Celeste costa	Individual	Veterana F50	02:35:46	+57:40	10:23
24	744	Sofia Martins	Individual	Veterana F50	02:37:32	+59:25	10:30
25	958	Paula Fernandes	RUNNING ESPINHO	Veterana F50	02:37:46	+59:40	10:31
26	742	Marta Alves	Individual	Veterana F50	02:42:51	+01:04:44	10:51
27	743	Paula Castro	Individual	Veterana F50	02:46:10	+01:08:03	11:05
28	591	Carla Silva	Caminhadas da Amizade	Veterana F50	02:51:22	+01:13:15	11:25
29	597	Zélia Sousa	Caminhadas da Amizade	Veterana F50	02:51:22	+01:13:16	11:25
30	875	Palmira Fontes	Lourosa em Movimento	Veterana F50	02:56:46	+01:18:39	11:47
31	741	Maria de Fátima Alves da Cunha Poças	Individual	Veterana F50	02:57:31	+01:19:24	11:50
32	740	Margarida Machado	Individual	Veterana F50	03:00:49	+01:22:42	12:03
33	856	Olga Cristina Silva Domingues	Juventude Cortegacense	Veterana F50	03:02:12	+01:24:05	12:09
34	738	Clara oliveira	Individual	Veterana F50	03:04:20	+01:26:13	12:17
35	838	Conceição pereira	javalis100limites	Veterana F50	03:12:24	+01:34:17	12:50
36	951	Maria Soares	Running Esmoriz	Veterana F50	03:12:45	+01:34:38	12:51
37	952	Orquídea Gomes	Running Esmoriz	Veterana F50	03:12:47	+01:34:40	12:51
38	736	Cidália Carvalho	Individual	Veterana F50	03:12:51	+01:34:44	12:51
39	948	Ana Oliveira	Running Esmoriz	Veterana F50	03:13:00	+01:34:53	12:52
40	2034	Helena Costa	Individual	Veterana F50	04:24:27	+02:46:20	17:38

Official Timekeeper: Lap2Go	5 / 10	generate 02-mai.-2024 09:39
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15KM
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37	665	PEDRO LOPES	Guisande Trail Running	Veterano M40	01:57:13	+44:02	07:49
38	840	ivo gonçalves	javalis100limites	Veterano M40	01:57:13	+44:03	07:49
39	746	Afonso Oliveira	Individual	Veterano M40	01:57:43	+44:33	07:51
40	768	Nuno Miguel Pereira Matias	Individual	Veterano M40	01:58:56	+45:45	07:56
41	859	João Paulo Oliveira	Juventude Cortegacense	Veterano M40	01:59:04	+45:53	07:56
42	815	Paulo Nobre	Inqupa	Veterano M40	01:59:13	+46:02	07:57
43	791	Valter sa	Individual	Veterano M40	02:02:51	+49:41	08:11
44	767	Nuno Eça	Individual	Veterano M40	02:03:37	+50:27	08:14
45	860	Joel Sequeira	Juventude Cortegacense	Veterano M40	02:03:44	+50:34	08:15
46	2033	José Pinho	Intermarché Canedo	Veterano M40	02:04:07	+50:57	08:16
47	790	Valter Roberto da Silva Barbosa	Individual	Veterano M40	02:04:55	+51:45	08:20
48	623	José herdeiro	Clube Desportivo Feirense	Veterano M40	02:05:01	+51:50	08:20
49	907	Bruno Barros	Outlaw runners	Veterano M40	02:06:10	+53:00	08:25
50	761	Marco Pinto	Individual	Veterano M40	02:07:24	+54:14	08:30
51	965	Gonçalo Oliveira	Sapatilhas Verdes	Veterano M40	02:07:28	+54:18	08:30
52	986	Carlos Oliveira	Trail Running Suil Park	Veterano M40	02:07:40	+54:29	08:31
53	988	Miguel Oliveira	Trail Running Suil Park	Veterano M40	02:07:42	+54:32	08:31
54	786	Sérgio Pereira	Individual	Veterano M40	02:09:45	+56:35	08:39
55	759	Marco André Oliveira Paiva	Individual	Veterano M40	02:10:26	+57:15	08:42
56	575	Miguel Santos	C.D.C SÃO MARTINHO DA GÂNDARA	Veterano M40	02:10:30	+57:20	08:42
57	963	Rodrigo Silva	Salta Pocinhas	Veterano M40	02:11:24	+58:13	08:46
58	663	DOMINGOS FERREIRA	Guisande Trail Running	Veterano M40	02:11:41	+58:30	08:47
59	620	Duarte Pinto	CCD Matosinhos	Veterano M40	02:12:27	+59:16	08:50
60	774	Pedro Silva	Individual	Veterano M40	02:14:13	+01:01:02	08:57
61	923	André Rodrigues	Peregrinos Improváveis	Veterano M40	02:15:02	+01:01:52	09:00
62	784	Sérgio Melo	Individual	Veterano M40	02:15:07	+01:01:56	09:00
63	782	Sérgio Alves	Individual	Veterano M40	02:15:09	+01:01:58	09:01
64	762	Marco Rodrigues	Individual	Veterano M40	02:15:13	+01:02:02	09:01
65	966	Jorge Vasconcelos	SCCoimões/Equipa A	Veterano M40	02:16:30	+01:03:19	09:06
66	754	David Teixeira	Individual	Veterano M40	02:17:12	+01:04:02	09:09
67	778	Ricardo Tavares	Individual	Veterano M40	02:17:21	+01:04:11	09:09
68	825	Nuno Santos	Intermarché Canedo	Veterano M40	02:17:31	+01:04:21	09:10
69	793	Vitor Peixoto	Individual	Veterano M40	02:17:42	+01:04:32	09:11
70	604	Ricardo Pinto	Caminhadas da Amizade	Veterano M40	02:18:05	+01:04:54	09:12
71	747	Alessandre Teles	Individual	Veterano M40	02:19:32	+01:06:21	09:18
72	602	Paulo Sousa	Caminhadas da Amizade	Veterano M40	02:19:46	+01:06:35	09:19
73	900	Pedro Pereira	Os Remendados	Veterano M40	02:19:57	+01:06:47	09:20
74	2027	Filipe Pinto	Junta Freguesia de Lamas	Veterano M40	02:20:26	+01:07:16	09:22
75	864	Nuno Miguel Silva Ferreira	Juventude Cortegacense	Veterano M40	02:22:51	+01:09:41	09:31
76	573	Edgar Manuel Leite de Pinho	C.D.C SÃO MARTINHO DA GÂNDARA	Veterano M40	02:22:54	+01:09:43	09:32
77	562	Hélder Silva	Bravos e bravitas	Veterano M40	02:23:05	+01:09:55	09:32
78	756	Luis José Pereira Santos	Individual	Veterano M40	02:24:01	+01:10:51	09:36
79	776	Ricardo Silvestre Sousa Ferreira	Individual	Veterano M40	02:26:46	+01:13:35	09:47
80	974	João Miranda	TeamCabral	Veterano M40	02:26:50	+01:13:39	09:47
81	909	Pedro Almeida	Outlaw runners	Veterano M40	02:27:31	+01:14:20	09:50

Official Timekeeper: Lap2Go	7 / 10	generate 02-mai.-2024 09:39
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15KM**15 KM**

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82	908	Jorge Gomes	Outlaw runners	Veterano M40	02:27:31	+01:14:20	09:50
83	577	Gabriel Cardoso	Cadinha F.C.	Veterano M40	02:30:10	+01:16:59	10:01
84	899	Francisco Santos	Os Remendados	Veterano M40	02:31:36	+01:18:25	10:06
85	970	Alexandre Raimundo	Taylor's	Veterano M40	02:32:02	+01:18:52	10:08
86	777	RICARDO TAVARES	Individual	Veterano M40	02:33:38	+01:20:28	10:15
87	603	Pedro Silva	Caminhadas da Amizade	Veterano M40	02:37:20	+01:24:09	10:29
88	895	Marco Sousa	Os Perna de Pau	Veterano M40	02:40:42	+01:27:31	10:43
89	953	Sérgio Menezes	Running Esmoriz	Veterano M40	02:41:28	+01:28:18	10:46
90	630	Edgar CAMARA	Equipa A	Veterano M40	02:41:31	+01:28:20	10:46
91	827	Ricardo Duarte	Intermarché Canedo	Veterano M40	02:41:46	+01:28:35	10:47
92	821	Bruno Duarte	Intermarché Canedo	Veterano M40	02:41:46	+01:28:36	10:47
93	772	Pedro Costa	Individual	Veterano M40	02:41:58	+01:28:48	10:48
94	749	Antonio Jose Moreira de Sousa	Individual	Veterano M40	02:43:56	+01:30:45	10:56
95	887	Rui Taveira	NO TOMORROW RUNNING TEAM	Veterano M40	02:47:14	+01:34:03	11:09
96	785	Sérgio Moreira	Individual	Veterano M40	02:47:44	+01:34:34	11:11
97	971	Rui Pinto	Taylor's	Veterano M40	02:47:44	+01:34:34	11:11
98	975	Hugo Morais	Tomé Morais	Veterano M40	02:48:01	+01:34:50	11:12
99	862	Miguel Pinheiro Matos	Juventude Cortegacense	Veterano M40	02:54:17	+01:41:07	11:37
100	987	Carlos Teixeira	Trail Running Suil Park	Veterano M40	02:57:33	+01:44:22	11:50
101	629	Alexandre Pereira	Equipa A	Veterano M40	02:58:55	+01:45:44	11:56
102	858	Cecilio Manuel Silva Ferreira	Juventude Cortegacense	Veterano M40	02:59:16	+01:46:06	11:57
103	600	Manuel AN Ribeiro	Caminhadas da Amizade	Veterano M40	02:59:22	+01:46:12	11:57
104	598	Hugo Taipa	Caminhadas da Amizade	Veterano M40	02:59:42	+01:46:31	11:59
105	990	Marco Costa	Velha Guarda RC	Veterano M40	03:00:18	+01:47:08	12:01
106	2040	Victor Sousa	Ginásio FitArena	Veterano M40	03:02:01	+01:48:51	12:08
107	841	luis silva	javalis100limites	Veterano M40	03:03:17	+01:50:07	12:13
108	764	Miguel Ferreira	Individual	Veterano M40	03:04:16	+01:51:06	12:17
109	882	Bruno Pinho	NGA Team	Veterano M40	03:06:55	+01:53:44	12:28
110	842	vania gonçaves	javalis100limites	Veterano M40	03:12:25	+01:59:15	12:50
111	2025	Daniel Santos	Fred e companhia	Veterano M40	03:13:20	+02:00:10	12:53
112	2026	Fred e Jeremias	Fred e companhia	Veterano M40	03:13:21	+02:00:10	12:53
113	652	Pedro Rodrigues	Ginásio FitArena	Veterano M40	03:15:27	+02:02:17	13:02
114	763	Mário Araújo	Individual	Veterano M40	03:16:41	+02:03:31	13:07
115	523	Rui Jorge de Sá Neves	ARADA ATLÉTICO CLUBE	Veterano M40	03:20:32	+02:07:22	13:22
116	789	Valter Caseiro	Individual	Veterano M40	03:29:18	+02:16:08	13:57
117	910	Sterling Bolivar	Outlaw runners	Veterano M40	03:43:02	+02:29:51	14:52

Veterano M50

1	892	José Tavares	NS TRAIL TEAM	Veterano M50	01:24:22		05:37
2	890	António Nunes	NS TRAIL TEAM	Veterano M50	01:24:23	+00:00	05:38
3	799	Augusto Aluai	Individual	Veterano M50	01:28:32	+04:10	05:54
4	866	Ernesto Marques Alves	Juventude Cortegacense	Veterano M50	01:37:48	+13:26	06:31
5	567	Paulo Bandalho	Bravos e bravitas	Veterano M50	01:40:23	+16:00	06:42
6	800	JORGE OLIVEIRA RODRIGUES	Individual	Veterano M50	01:41:58	+17:35	06:48

Official Timekeeper: Lap2Go	8 / 10	generate 02-mai.-2024 09:39
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15KM

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7	803	Marcelo fernandes	Individual	Veterano M50	01:44:30	+20:07	06:58
8	2031	Ivo Almeida	Individual	Veterano M50	01:44:36	+20:14	06:58
9	867	Helder Correia	Juventude Cortegacense	Veterano M50	01:47:05	+22:43	07:08
10	605	António Pinto	Caminhadas da Amizade	Veterano M50	01:48:51	+24:29	07:15
11	912	Jorge Santos	Outlaw runners	Veterano M50	01:50:11	+25:48	07:21
12	566	João Gomes	Bravos e bravitas	Veterano M50	01:51:43	+27:21	07:27
13	613	Orlando Nogueira	Caminhadas da Amizade	Veterano M50	01:51:45	+27:22	07:27
14	807	Paulo Silva	Individual	Veterano M50	01:52:22	+28:00	07:29
15	610	José J Coelho	Caminhadas da Amizade	Veterano M50	01:52:37	+28:14	07:30
16	631	Alberto Barros	Espírito jovem	Veterano M50	01:53:47	+29:24	07:35
17	829	Alcino Santos	Intermarché Canedo	Veterano M50	01:54:31	+30:08	07:38
18	606	Avelino Moreira	Caminhadas da Amizade	Veterano M50	01:55:04	+30:41	07:40
19	612	Manuel Ribeiro	Caminhadas da Amizade	Veterano M50	01:55:07	+30:44	07:40
20	565	Carlos Ribeiro	Bravos e bravitas	Veterano M50	01:55:17	+30:54	07:41
21	802	José neves	Individual	Veterano M50	01:55:34	+31:11	07:42
22	982	RICHARD NOGUEIRA	TRAIL RUNNING SANGUEDO	Veterano M50	01:56:20	+31:57	07:45
23	615	Paulo Moreira	Caminhadas da Amizade	Veterano M50	01:57:08	+32:45	07:49
24	808	Paulo Silva	Individual	Veterano M50	01:57:21	+32:59	07:49
25	871	Sérgio Paulo Ferreira Oliveira	Juventude Cortegacense	Veterano M50	01:57:54	+33:32	07:52
26	813	Vitor Cruz	Individual	Veterano M50	02:02:59	+38:36	08:12
27	801	José Augusto Mendes Ferreira	Individual	Veterano M50	02:03:24	+39:01	08:14
28	843	tony barbosa	javalis100limites	Veterano M50	02:04:09	+39:47	08:17
29	626	Manuel Gomes	Clube Desportivo Feirense	Veterano M50	02:05:02	+40:40	08:20
30	972	Erasmo Alves	Taylors	Veterano M50	02:05:25	+41:02	08:22
31	879	Asdrubal Freitas	MSS CONTABILIDADE	Veterano M50	02:05:37	+41:14	08:22
32	797	Antonio Silva	Individual	Veterano M50	02:05:56	+41:33	08:24
33	616	Vitorino Campos	Caminhadas da Amizade	Veterano M50	02:06:12	+41:49	08:25
34	621	Domingos Faustino	Centro Cultural D. T. da STCP	Veterano M50	02:06:17	+41:55	08:25
35	831	João Neves	Intermarché Canedo	Veterano M50	02:07:04	+42:41	08:28
36	956	Jorge Guerra	Running Esmoriz	Veterano M50	02:10:11	+45:48	08:41
37	2043	Celso Mota	Individual	Veterano M50	02:11:15	+46:52	08:45
38	810	Roberto Bastos	Individual	Veterano M50	02:13:17	+48:54	08:53
39	868	Manuel Constantino Silva	Juventude Cortegacense	Veterano M50	02:13:30	+49:08	08:54
40	830	Carlos Lancha	Intermarché Canedo	Veterano M50	02:15:28	+51:05	09:02
41	609	José Dias	Caminhadas da Amizade	Veterano M50	02:16:57	+52:35	09:08
42	667	José Pinheiro	Guisande Trail Running	Veterano M50	02:18:32	+54:09	09:14
43	939	Antonio Ribeiro	Ribeiros	Veterano M50	02:19:40	+55:17	09:19
44	901	Joaquim Pereira	Os Remendados	Veterano M50	02:23:21	+58:58	09:33
45	805	Miguel Cunha	Individual	Veterano M50	02:23:40	+59:17	09:35
46	812	Tó-Zé Pinheiro	Individual	Veterano M50	02:24:58	+01:00:36	09:40
47	645	Alcino Tavares	Gansos	Veterano M50	02:28:04	+01:03:42	09:52
48	794	Adérito Videira	Individual	Veterano M50	02:30:06	+01:05:43	10:00
49	608	Francisco Moreira	Caminhadas da Amizade	Veterano M50	02:32:46	+01:08:23	10:11
50	869	Nelson Sergio Carvalho Azevedo	Juventude Cortegacense	Veterano M50	02:36:12	+01:11:49	10:25
51	798	Artur França	Individual	Veterano M50	02:37:56	+01:13:34	10:32
52	911	Adelino Pinheiro	Outlaw runners	Veterano M50	02:42:51	+01:18:28	10:51

15KM
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53	804	Michel Rodrigues	Individual	Veterano M50	02:47:50	+01:23:27	11:11
54	638	João Rodrigues	FREERUNNERS/IDENTPRINT	Veterano M50	02:48:02	+01:23:39	11:12
55	796	António Couto	Individual	Veterano M50	02:49:36	+01:25:14	11:18
56	516	Paulo Almeida	AFIS/OVAR	Veterano M50	02:49:59	+01:25:37	11:20
57	611	José Sousa B	Caminhadas da Amizade	Veterano M50	02:52:13	+01:27:50	11:29
58	619	António Pereira	Cardoso Pereira	Veterano M50	02:53:51	+01:29:28	11:35
59	865	Celso Lino Oliveira Gomes	Juventude Cortegacense	Veterano M50	02:54:19	+01:29:56	11:37
60	655	Fernando Pais	Grupo de Corrida de Argoncilhe	Veterano M50	02:57:17	+01:32:54	11:49
61	955	Joaquim Pinto	Running Esmoriz	Veterano M50	03:12:44	+01:48:22	12:51
62	954	Amândio Mendes	Running Esmoriz	Veterano M50	03:12:45	+01:48:22	12:51
63	806	Paulo Lopes	Individual	Veterano M50	03:12:59	+01:48:36	12:52
64	515	Joaquim Ferreira	AFIS/OVAR	Veterano M50	03:54:14	+02:29:52	15:37

Veterano M60

1	617	Fernando Seabra	Caminhadas da Amizade	Veterano M60	01:42:46		06:51
2	568	Alcides Relvas	Bravos e bravitas	Veterano M60	01:46:43	+03:56	07:07
3	576	Rogério Pinho	C.D.C SÃO MARTINHO DA GÂNDARA	Veterano M60	02:00:23	+17:37	08:02
4	642	José Morais	Gaia Trail	Veterano M60	02:00:53	+18:06	08:04
5	643	Maximiano Rodrigues	Gaia Trail	Veterano M60	02:03:08	+20:21	08:13
6	888	Fernando Andrade	NO TOMORROW RUNNING TEAM	Veterano M60	02:22:49	+40:02	09:31
7	960	Armindo Pinheiro	RUNNING ESPINHO	Veterano M60	02:42:00	+59:14	10:48
8	857	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M60	02:54:19	+01:11:32	11:37

TEAM RESULTS - 15KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	NS TRAIL TEAM	7 + 8 + 11 + 26	52
2	BRAVOS E BRAVITAS	6 + 12 + 31 + 33	82
3	INTERMARCHÉ CANEDO	24 + 37 + 47 + 60	168
4	JUVENTUDE CORTEGACENSE	25 + 35 + 53 + 79	192
5	CAMINHADAS DA AMIZADE	39 + 55 + 64 + 65	223
6	CLUBE DESPORTIVO FEIRENSE	17 + 21 + 62 + 127	227
7	OVARMAT	29 + 61 + 72 + 84	246
8	ARRIFANA RUNNING	4 + 32 + 67 + 203	306
9	2DU-RÊGO	42 + 51 + 54 + 260	407
10	JAVALIS100LIMITES	10 + 96 + 123 + 213	442
11	TRAIL RUNNING SUIL PARK	20 + 142 + 144 + 145	451
12	GUISANDE TRAIL RUNNING	86 + 95 + 119 + 154	454
13	GINÁSIO FITARENA	68 + 77 + 157 + 197	499
14	RUNNING ESMORIZ	94 + 108 + 149 + 177	528
15	LOUROSA EM MOVIMENTO	71 + 73 + 75 + 316	535
16	C.D.C SÃO MARTINHO DA GÂNDARA	106 + 109 + 151 + 212	578
17	OUTLAW RUNNERS	57 + 132 + 232 + 233	654
18	TAYLORS	99 + 129 + 246 + 296	770
19	OS REMENDADOS	182 + 204 + 205 + 206	797
20	NO TOMORROW RUNNING TEAM	209 + 210 + 293 + 294	1006
21	AFIS/OVAR	162 + 304 + 386 + 387	1239
22	BODYWORKOUT	330 + 331 + 332 + 333	1326
23	TRAIL MOLINHAS	379 + 380 + 381 + 382	1522
24	PROBOAZONAS	388 + 389 + 390 + 392	1559