Trilho das Lampas
São João das Lampas
11-maio-2024

TRILHO DAS LAMPAS - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	19:30	17,1ºC	82%
End	23:29	17,1ºC	82%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	76	João Pires	NAZA- Nucleo de Atletismo da Zona da Aboboda	01:26:52		04:21	
2	176	Miguel Fortunato	Winsport_coach	01:28:44	+01:52	04:26	
3	177	Nuno Carrasqueiro	Winsport_coach	01:28:46	+01:54	04:26	
4	170	Sérgio Moscatel	Individual	01:29:46	+02:54	04:29	
5	165	Bruno Sousa	MTBA	01:30:19	+03:27	04:31	
6	8	Tavares Marques	CORRER LISBOA	01:30:43	+03:51	04:32	
7	67	Helder Grosso	Individual	01:31:10	+04:18	04:34	
8	201	Gusthavo Augusto Simas	Individual	01:32:36	+05:44	04:38	
9	209	PAULO SEQUEIRA	Individual	01:33:13	+06:21	04:40	
10	104	Fernando Moisés Florindo Parente	clube tap portugal	01:34:09	+07:17	04:42	
11	106	Marco Gonçalo Carvalho Cunha	clube tap portugal	01:35:37	+08:45	04:47	
12	172	Luis Aires	Free Runners/IDentPrint	01:37:04	+10:12	04:51	
13	71	André Melo	Individual	01:37:25	+10:33	04:52	
14	207	Joaquim Calado	Individual	01:38:04	+11:12	04:54	
15	161	Jorge Nabais	Individual	01:38:42	+11:50	04:56	
16	234	Hélder José Navalhinhas Varanda	Opraticante.pt	01:39:04	+12:12	04:57	
17	14	Tiago Amado Amado	Individual	01:39:15	+12:23	04:58	
18	158	Romeu Antunes	2600TR	01:40:01	+13:09	05:00	
19	233	Celso Manuel Mestre Guerra	Opraticante.pt	01:40:03	+13:11	05:00	
20	56	NUNO MIGUEL NOBRE LOPES	Clube Millennium BCP	01:41:45	+14:53	05:05	
21	152	Pedro Vicente	ACRMealhada	01:41:51	+14:59	05:06	
22	126	Paulo Mateus	Individual	01:42:06	+15:14	05:06	
23	70	Adolfo Leal	Grupo G.D.S.D	01:42:17	+15:25	05:07	
24	99	José Monteiro	SS CGD	01:43:08	+16:16	05:09	
25	60	Joao Taborda	CF Os Belenenses	01:43:38	+16:46	05:11	
26	148	Filipe Ribeiro	Free Runners/IDentPrint	01:44:02	+17:10	05:12	
27	205	Helder Baptista	Free Runners/IDentPrint	01:46:07	+19:15	05:18	
28	122	Bruno Martins	Individual	01:47:03	+20:11	05:21	
29	65	josé augusto (cabra monte)	Individual	01:47:24	+20:32	05:22	
30	72	Ricardo Morais	Individual	01:47:25	+20:33	05:22	
31	107	Pedro Miguel Ribeiro de Sousa	clube tap portugal	01:47:25	+20:33	05:22	
32	113	Luís Gomes	crc marvila jovem	01:47:26	+20:34	05:22	
33	6	Hugo Alves	Individual	01:47:41	+20:49	05:23	
34	111	Margarida Madeira	Pickle Films	01:47:45	+20:53	05:23	
35	259	Ricardo Alves	CCD TRANQUILIDADE	01:48:10	+21:18	05:24	
36	163	Fabrice Polteau	7ColinasRunners	01:48:17	+21:25	05:25	
37	262	Nuno Reis	CCD TRANQUILIDADE	01:48:32	+21:40	05:26	
38	129	Cândido Abreu	Free Runners/IDentPrint	01:48:47	+21:55	05:26	
39	112	Luís Trindade	Pickle Films	01:49:58	+23:06	05:30	
40	246	Palmira quinhama	Walkandrun-we run	01:50:10	+23:18	05:31	
41	168	Laura Manteigas	GMCJamor	01:50:19	+23:27	05:31	
42	232	Óscar Lopes	Opraticante.pt	01:50:26	+23:34	05:31	

TRILHO DAS LAMPAS - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	103	Túlio Coelho	Individual	01:50:29	+23:37	05:31	
44	221	Jorge Gonçalves	A.D. Tãlentos Team	01:50:32	+23:40	05:32	
45	194	Marco Ferraz	R&W-Alter Runners associação	01:51:02	+24:10	05:33	
46	134	João Trindade	Individual	01:52:02	+25:10	05:36	
47	211	Nelson Louro	Individual	01:52:42	+25:50	05:38	
48	216	João Frederico Mota Torres Filipe	Individual	01:52:43	+25:51	05:38	
49	64	David Neto	Individual	01:53:03	+26:11	05:39	
50	98	Carlos Gonçalves	GMCJamor	01:53:13	+26:21	05:40	
51	202	Lukas Stangl	Individual	01:53:14	+26:22	05:40	
52	257	Jorge Deus	CCD TRANQUILIDADE	01:53:20	+26:28	05:40	
53	261	Francisco Pereira	CCD TRANQUILIDADE	01:53:20	+26:28	05:40	
54	105	António Luís Ribeiro Morais Ferreira	clube tap portugal	01:53:24	+26:32	05:40	
55	52	MANUEL JOAQUIM NEVES RODRIGUES	Clube Millennium BCP	01:53:44	+26:52	05:41	
56	11	Miguel Simões	Individual	01:54:10	+27:18	05:43	
57	31	João casinhas	Individual	01:54:29	+27:37	05:43	
58	215	João Granja	MTBA	01:54:30	+27:38	05:44	
59	128	Eduardo Manuel Coelho Luís	Atómicos	01:55:09	+28:17	05:45	
60	117	José Vieira	OCS Arrábida Trail Team	01:55:34	+28:42	05:47	
61	1	Carlos Craveira	Individual	01:55:35	+28:43	05:47	
62	91	Gama Sargaço	FALCÕES SELVAGENS	01:55:56	+29:04	05:48	
63	66	Nuno Cordeiro	FALCÕES SELVAGENS	01:55:56	+29:04	05:48	
64	59	João Miguel Fonseca Oliveira	Clube Millennium BCP	01:55:59	+29:07	05:48	
65	227	Maria Gribanova	Individual	01:56:03	+29:11	05:48	
66	179	João Caetano	Individual	01:58:47	+31:55	05:56	
67	219	Jorge Manuel dos Santos Lima sobrinho	CAFÉ CURVA INCLINADA AGUALVA CACÉM SINTRA	01:59:11	+32:19	05:58	
68	114	Pedro Ramos	Individual	01:59:43	+32:51	05:59	
69	108	Luciano Dantas	CF Os Belenenses	01:59:57	+33:05	06:00	
70	3	Sérgio Pedro	Individual	02:00:18	+33:26	06:01	
71	7	Luísa Palminhas	MTBA	02:00:26	+33:34	06:01	
72	203	Samuel Caetano	Individual	02:01:20	+34:28	06:04	
73	147	Miguel Pedro	Individual	02:02:08	+35:16	06:06	
74	247	Vasco Rodrigues	Individual	02:02:24	+35:32	06:07	
75	94	José Brito	GMCJamor	02:02:35	+35:43	06:08	
76	223	Paulo Gonçalves	Individual	02:02:42	+35:50	06:08	
77	46	Henrique Amador	SS CGD	02:02:43	+35:51	06:08	
78	45	Joao Paulo Pires da Maia	FALCÕES SELVAGENS	02:03:10	+36:18	06:09	
79	55	NUNO MANUEL FERNANDES DIAS ALMEIDA	Clube Millennium BCP	02:03:17	+36:25	06:10	
80	171	Angelo Luis	Individual	02:03:17	+36:25	06:10	
81	235	Pedro Vitorino	Opraticante.pt	02:03:17	+36:25	06:10	
82	159	Bruno Vasconcelos Maia	Grupo Sportivo Adicense	02:03:40	+36:48	06:11	
83	167	Alexandre Santos	SS CGD	02:03:40	+36:48	06:11	
84	137	Luis Baleia	MTBA	02:04:01	+37:09	06:12	
85	187	Victor Ribeiro	Individual	02:04:11	+37:19	06:13	
86	245	Everlyn Yelimar Pinilla Dick	MTBA	02:04:32	+37:40	06:14	

TRILHO DAS LAMPAS - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	34	Nuno Filipe	2600TR	02:04:34	+37:42	06:14	
88	85	PAULO CLARO	ACNPN	02:04:35	+37:43	06:14	
89	68	Pedro Gomes	SS CGD	02:04:42	+37:50	06:14	
90	193	João Rosinha	Individual	02:05:05	+38:13	06:15	
91	263	Matheus Botelho	Individual	02:05:08	+38:16	06:15	
92	184	Patrícia Jerónimo Morais	MTBA	02:05:12	+38:20	06:16	
93	42	Joaquim Frade	SS CGD	02:05:22	+38:30	06:16	
94	2	Ana Casquilho de Oliveira	Correr Loures	02:05:27	+38:35	06:16	
95	150	Matheus Costa	Individual	02:05:40	+38:48	06:17	
96	102	Álvaro Santos	Individual	02:05:43	+38:51	06:17	
97	13	Nuno Nunes	Amigos do Atletismo de Mafra	02:05:50	+38:58	06:18	
98	155	Antonio Almeida	NUCLEO DESPORTIVO AUTOCOOPE	02:05:52	+39:00	06:18	
99	131	Rui Pedro Branco	Free Runners/IDentPrint	02:06:01	+39:09	06:18	
100	153	Pedro silva	Free Runners/IDentPrint	02:06:06	+39:14	06:18	
101	222	Inês Duarte	Grupeta Running Team	02:06:55	+40:03	06:21	
102	116	Pedro Silva	Individual	02:07:45	+40:53	06:23	
103	115	Pedro Cruz Silvestre	Individual	02:07:45	+40:53	06:23	
104	178	Antonio Caetano	Individual	02:08:00	+41:08	06:24	
105	249	MARIO SILVA	Free Runners/IDentPrint	02:08:00	+41:08	06:24	
106	220	Cátia REIS	Individual	02:08:22	+41:30	06:25	
107	218	Zito Silva	Individual	02:08:22	+41:30	06:25	
108	190	Rodrigo Barroso	Individual	02:08:31	+41:39	06:26	
109	191	Rui Barroso	Individual	02:08:31	+41:39	06:26	
110	196	Marcos Ferreira	Individual	02:08:31	+41:39	06:26	
111	258	Armando Parreira	CCD TRANQUILIDADE	02:08:58	+42:06	06:27	
112	19	joao crespo	Individual	02:09:00	+42:08	06:27	
113	162	Fernando Mário Machado Marques	Individual	02:10:21	+43:29	06:31	
114	49	ARTUR PAULO ALMEIDA BOTAO	Clube Millennium BCP	02:10:50	+43:58	06:33	
115	127	Carlos Alexandre	Trilhos & Outros	02:11:10	+44:18	06:34	
116	212	Joaquim Mário Augusto Guerreiro	AA Lebres do Sado	02:11:39	+44:47	06:35	
117	241	Fernando Pereira	Individual	02:12:36	+45:44	06:38	
118	226	Tiago Ramos	Individual	02:14:24	+47:32	06:43	
119	100	Pedro Almeida	Individual	02:14:24	+47:32	06:43	
120	88	Tiago Costa Santos	Individual	02:14:32	+47:40	06:44	
121	239	Luis Mateus	CORRER LISBOA	02:14:42	+47:50	06:44	
122	136	Miguel Coelho	Individual	02:15:02	+48:10	06:45	
123	157	Ana Pipa	MTT Montes Saloios	02:15:04	+48:12	06:45	
124	265	Filipe Miguel Miranda	Individual	02:15:31	+48:39	06:47	
125	62	Paulo Abadia	Team Abadia	02:15:36	+48:44	06:47	
126	248	Carlos Silva	CCD Siemens	02:15:42	+48:50	06:47	
127	12	Fátima Valentim	Amigos do Atletismo de Mafra	02:15:42	+48:50	06:47	
128	5	Nelson Pantaleão	Individual	02:15:44	+48:52	06:47	
129	135	Alexandre jardim	R4F	02:16:42	+49:50	06:50	
130	33	Sao Alves	GMCJamor	02:17:25	+50:33	06:52	
131	77	Cristina Romão	7ColinasRunners	02:17:25	+50:33	06:52	
132	217	NUNO SALGADO	GMCJamor	02:17:27	+50:35	06:52	

TRILHO DAS LAMPAS - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	44	Luisa Pisco	GMCJamor	02:17:59	+51:07	06:54	
134	92	Paulo Cruz	GMCJamor	02:18:01	+51:09	06:54	
135	195	Nuno Mendes	Individual	02:18:26	+51:34	06:55	
136	37	Paulo Cartaxo	2600TR	02:18:50	+51:58	06:57	
137	120	Carlos Manuel C Leitão	SS CGD	02:18:59	+52:07	06:57	
138	210	Nuno Bogalheiro	Individual	02:19:55	+53:03	07:00	
139	4	Tiago Costa	Individual	02:20:11	+53:19	07:01	
140	206	Bruno Gonçalves	Individual	02:21:01	+54:09	07:03	
141	73	João Ribeiro	GMCJamor	02:21:37	+54:45	07:05	
142	198	Paulo Belbute	Os Marretas	02:21:58	+55:06	07:06	
143	186	Daniel de almeida	Individual	02:22:04	+55:12	07:06	
144	181	Daniel Martins	Individual	02:22:22	+55:30	07:07	
145	132	Eduard irimia	Individual	02:22:28	+55:36	07:07	
146	75	José Cantinha	Individual	02:22:46	+55:54	07:08	
147	156	Bruno Basilio	Clube Brisa	02:23:05	+56:13	07:09	
148	130	João Rodrigues	Free Runners/IDentPrint	02:23:37	+56:45	07:11	
149	109	Carlos Daniel	Individual	02:23:56	+57:04	07:12	
150	230	Sergio Santos	Individual	02:24:21	+57:29	07:13	
151	54	MARCOS JOSE NORITAKE	Clube Millennium BCP	02:25:33	+58:41	07:17	
152	26	João Pedro Mota Ferreira	Individual	02:26:07	+59:15	07:18	
153	48	ARLINDO FRIAS DEUS	Clube Millennium BCP	02:27:15	+01:00:23	07:22	
154	53	MARCO HELDER RIBEIRO SILVA	Clube Millennium BCP	02:28:52	+01:02:00	07:27	
155	57	PAULO ALEXANDRE GONCALVES NUNES	Clube Millennium BCP	02:29:24	+01:02:32	07:28	
156	189	Orlando Duarte	Individual	02:30:42	+01:03:50	07:32	
157	250	Carolina Rosa	Individual	02:32:35	+01:05:43	07:38	
158	93	Maria Gamito	GMCJamor	02:33:25	+01:06:33	07:40	
159	169	Taís Werneck Miranda Rosa	Individual	02:33:26	+01:06:34	07:40	
160	145	Rodrigo de Oliveira	Individual	02:33:26	+01:06:34	07:40	
161	255	Jorge Serra	CCD TRANQUILIDADE	02:33:26	+01:06:34	07:40	
162	16	Simão Ortega	Individual	02:33:54	+01:07:02	07:42	
163	17	André Ribeiro	Individual	02:34:52	+01:08:00	07:45	
164	174	Luís Lopes	Individual	02:34:56	+01:08:04	07:45	
165	154	Ricardo Vieira	Free Runners/IDentPrint	02:35:30	+01:08:38	07:47	
166	180	Joao rodrigues	Free Runners/IDentPrint	02:35:30	+01:08:38	07:47	
167	139	Bruno Correia	Individual	02:36:07	+01:09:15	07:48	
168	43	Marta Teias	Corrida das Belas	02:36:21	+01:09:29	07:49	
169	197	Tiago Garcia	Individual	02:36:31	+01:09:39	07:50	
170	199	João Henriques	Os Marretas	02:37:07	+01:10:15	07:51	
171	256	Elizete Duarte	CCD TRANQUILIDADE	02:39:03	+01:12:11	07:57	
172	87	Albano Silva	Individual	02:39:03	+01:12:11	07:57	
173	78	Nelson Mota	Individual	02:39:09	+01:12:17	07:57	
174	251	Ana Ferreira	Individual	02:39:12	+01:12:20	07:58	
175	252	Pedro Rodrigues	Individual	02:39:13	+01:12:21	07:58	
176	118	Rui Teixeira	Trilhos do Costume	02:39:27	+01:12:35	07:58	
177	119	Tatiana Amorim	Trilhos do Costume	02:39:27	+01:12:35	07:58	

TRILHO DAS LAMPAS - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	254	Helder Esteves	CCD TRANQUILIDADE	02:39:34	+01:12:42	07:59	
179	260	Artur Gaio	CCD TRANQUILIDADE	02:39:34	+01:12:42	07:59	
180	74	João Soares	Individual	02:40:08	+01:13:16	08:00	
181	40	Hugo Martins	Individual	02:40:19	+01:13:27	08:01	
182	30	Luis Estevens	Individual	02:40:19	+01:13:27	08:01	
183	18	Rui Vilão	Individual	02:40:19	+01:13:27	08:01	
184	101	Jorge Prazeres	Pickle Films	02:40:30	+01:13:38	08:02	
185	141	Fábio Silva	Individual	02:40:55	+01:14:03	08:03	
186	242	Thyrone Martins	CORRER LISBOA	02:40:56	+01:14:04	08:03	
187	175	Fernando Pereira	Individual	02:41:39	+01:14:47	08:05	
188	90	Tiago Dias Portugal	Individual	02:41:55	+01:15:03	08:06	
189	89	Tomás Gonçalves	Individual	02:41:57	+01:15:05	08:06	
190	238	Teresa Felício	CORRER LISBOA	02:41:58	+01:15:06	08:06	
191	140	Alice Pereira	CORRER LISBOA	02:41:58	+01:15:06	08:06	
192	38	Isabel Ribeiro	GMCJamor	02:42:06	+01:15:14	08:06	
193	125	Alessandra Spagnol	Individual	02:45:22	+01:18:30	08:16	
194	47	Américo Cruz	GMCJamor	02:45:23	+01:18:31	08:16	
195	83	Joao Pereira	Individual	02:48:10	+01:21:18	08:24	
196	51	LUIZ MANUEL CONCEICAO MENDES	Clube Millennium BCP	02:48:23	+01:21:31	08:25	
197	185	Fernando Garcia	Individual	02:50:01	+01:23:09	08:30	
198	264	Pedro Miguel Miranda	Individual	02:55:39	+01:28:47	08:47	
199	10	Sofia Oliveira	Corrida das Belas	02:55:39	+01:28:47	08:47	
200	15	Hugo Rodrigues	Corrida das Belas	02:55:40	+01:28:48	08:47	
201	164	Guilherme Alves	Corrida das Belas	02:55:41	+01:28:49	08:47	
202	80	Rosa Maria Marques	Individual	02:57:41	+01:30:49	08:53	
203	81	Helena Nunes	Individual	02:57:42	+01:30:50	08:53	
204	213	Rachel Oliveira	Eraldo Marques	02:58:31	+01:31:39	08:56	
205	214	Marcio Roberto de Oliveira	Eraldo Marques	02:58:31	+01:31:39	08:56	
206	25	Jorge Araujo	Individual	03:01:47	+01:34:55	09:05	
207	50	FRANCISCO NORBERTO CORDEIRO VIEIRA	Clube Millennium BCP	03:02:19	+01:35:27	09:07	
208	97	Sónia Fernandes	GMCJamor	03:05:25	+01:38:33	09:16	
209	41	Marisa Paula Pereira Pinto	GMCJamor	03:05:25	+01:38:33	09:16	
210	133	Carlos Jesus	Individual	03:05:41	+01:38:49	09:17	
211	142	Susana Jesus	Individual	03:05:41	+01:38:49	09:17	
212	144	Sofia Pires	Individual	03:06:13	+01:39:21	09:19	
213	143	Beatriz Corredoura	Individual	03:06:14	+01:39:22	09:19	
214	192	Bruno Souza	Individual	03:06:23	+01:39:31	09:19	
215	39	Goncalo Nuno Melo Loureiro	Individual	03:07:37	+01:40:45	09:23	
216	95	Paulo Espirito Santo	Individual	03:07:37	+01:40:45	09:23	
217	96	Paula Roxo	Individual	03:07:37	+01:40:45	09:23	
218	23	Bruno Teixeira	Individual	03:07:38	+01:40:46	09:23	
219	24	Mariana Andrade	Individual	03:07:38	+01:40:46	09:23	
220	182	Mauro Jeronimo Paschoini de Almeida	Individual	03:11:41	+01:44:49	09:35	
221	228	Joilson Belrão	Individual	03:11:42	+01:44:50	09:35	

TRILHO DAS LAMPAS - STAGE 1 — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
222	188	Ricardo Rocha Pinto	MTBA	03:12:21	+01:45:29	09:37	
223	208	Teresa Cristina José Santo	Individual	03:15:31	+01:48:39	09:47	
224	22	Ivo Marques	Individual	03:16:02	+01:49:10	09:48	
225	82	Patrícia Fernandes	Individual	03:19:57	+01:53:05	10:00	
226	61	Rui Miguel Vilas Sabino	Clube Millennium BCP	03:22:39	+01:55:47	10:08	
227	29	Eugenia Conceicao	Corrida das Belas	03:29:53	+02:03:01	10:30	
228	243	Rosália Maria Jorge Varela	Individual	03:29:53	+02:03:01	10:30	
229	20	Gabriel Cachinho	Individual	03:30:15	+02:03:23	10:31	
230	79	Marco Cachinho	Clube EDP - Lisboa	03:30:15	+02:03:23	10:31	
231	166	Gisela Padre	Individual	03:59:10	+02:32:18	11:58	

lap2go TIMING SOLUTION

Trilho das Lampas
São João das Lampas
11-maio-2024

Trilho das Lampas — 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	19:30	17,1ºC	82%
End	23:29	17,1ºC	82%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	111	Margarida Madeira	Pickle Films	Senior Feminino	01:47:45		05:23
2	168	Laura Manteigas	GMCJamor	Senior Feminino	01:50:19	+02:34	05:31
3	227	Maria Gribanova	Individual	Senior Feminino	01:56:03	+08:17	05:48
4	245	Everlyn Yelimar Pinilla Dick	MTBA	Senior Feminino	02:04:32	+16:47	06:14
5	220	Cátia REIS	Individual	Senior Feminino	02:08:22	+20:37	06:25
6	169	Taís Werneck Miranda Rosa	Individual	Senior Feminino	02:33:26	+45:40	07:40
7	119	Tatiana Amorim	Trilhos do Costume	Senior Feminino	02:39:27	+51:41	07:58
8	238	Teresa Felício	CORRER LISBOA	Senior Feminino	02:41:58	+54:12	08:06
9	140	Alice Pereira	CORRER LISBOA	Senior Feminino	02:41:58	+54:12	08:06
10	142	Susana Jesus	Individual	Senior Feminino	03:05:41	+01:17:56	09:17
11	144	Sofia Pires	Individual	Senior Feminino	03:06:13	+01:18:28	09:19
12	143	Beatriz Corredoura	Individual	Senior Feminino	03:06:14	+01:18:28	09:19
13	24	Mariana Andrade	Individual	Senior Feminino	03:07:38	+01:19:52	09:23

Senior Masculino

1	176	Miguel Fortunato	Winsport_coach	Senior Masculino	01:28:44		04:26
2	201	Gusthavo Augusto Simas	Individual	Senior Masculino	01:32:36	+03:51	04:38
3	106	Marco Gonçalo Carvalho Cunha	clube tap portugal	Senior Masculino	01:35:37	+06:52	04:47
4	207	Joaquim Calado	Individual	Senior Masculino	01:38:04	+09:19	04:54
5	158	Romeu Antunes	2600TR	Senior Masculino	01:40:01	+11:16	05:00
6	60	Joao Taborda	CF Os Belenenses	Senior Masculino	01:43:38	+14:53	05:11
7	72	Ricardo Morais	Individual	Senior Masculino	01:47:25	+18:41	05:22
8	113	Luís Gomes	crc marvila jovem	Senior Masculino	01:47:26	+18:41	05:22
9	129	Cândido Abreu	Free Runners/IDentPrint	Senior Masculino	01:48:47	+20:02	05:26
10	134	João Trindade	Individual	Senior Masculino	01:52:02	+23:17	05:36
11	64	David Neto	Individual	Senior Masculino	01:53:03	+24:18	05:39
12	202	Lukas Stangl	Individual	Senior Masculino	01:53:14	+24:29	05:40
13	59	João Miguel Fonseca Oliveira	Clube Millennium BCP	Senior Masculino	01:55:59	+27:15	05:48
14	263	Matheus Botelho	Individual	Senior Masculino	02:05:08	+36:23	06:15
15	150	Matheus Costa	Individual	Senior Masculino	02:05:40	+36:55	06:17
16	131	Rui Pedro Branco	Free Runners/IDentPrint	Senior Masculino	02:06:01	+37:16	06:18
17	116	Pedro Silva	Individual	Senior Masculino	02:07:45	+39:00	06:23
18	115	Pedro Cruz Silvestre	Individual	Senior Masculino	02:07:45	+39:00	06:23
19	196	Marcos Ferreira	Individual	Senior Masculino	02:08:31	+39:46	06:26
20	162	Fernando Mário Machado Marques	Individual	Senior Masculino	02:10:21	+41:36	06:31
21	88	Tiago Costa Santos	Individual	Senior Masculino	02:14:32	+45:47	06:44
22	206	Bruno Gonçalves	Individual	Senior Masculino	02:21:01	+52:16	07:03
23	75	José Cantinha	Individual	Senior Masculino	02:22:46	+54:01	07:08

Trilho das Lampas 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

24	26	João Pedro Mota Ferreira	Individual	Senior Masculino	02:26:07	+57:22	07:18
25	17	André Ribeiro	Individual	Senior Masculino	02:34:52	+01:06:07	07:45
26	197	Tiago Garcia	Individual	Senior Masculino	02:36:31	+01:07:47	07:50
27	141	Fábio Silva	Individual	Senior Masculino	02:40:55	+01:12:11	08:03
28	242	Thyrone Martins	CORRER LISBOA	Senior Masculino	02:40:56	+01:12:11	08:03
29	164	Guilherme Alves	Corrida das Belas	Senior Masculino	02:55:41	+01:26:56	08:47
30	192	Bruno Souza	Individual	Senior Masculino	03:06:23	+01:37:38	09:19
31	23	Bruno Teixeira	Individual	Senior Masculino	03:07:38	+01:38:53	09:23
32	182	Mauro Jeronimo Paschoini de Almeida	Individual	Senior Masculino	03:11:41	+01:42:56	09:35
33	228	Joilson Belrão	Individual	Senior Masculino	03:11:42	+01:42:57	09:35
34	188	Ricardo Rocha Pinto	MTBA	Senior Masculino	03:12:21	+01:43:36	09:37

Sub 23 Feminino

1	184	Patrícia Jerónimo Morais	MTBA	Sub 23 Feminino	02:05:12		06:16

Sub 23 Masculino

1	265	Filipe Miguel Miranda	Individual	Sub 23 Masculino	02:15:31		06:47
2	90	Tiago Dias Portugal	Individual	Sub 23 Masculino	02:41:55	+26:24	08:06
3	89	Tomás Gonçalves	Individual	Sub 23 Masculino	02:41:57	+26:26	08:06
4	20	Gabriel Cachinho	Individual	Sub 23 Masculino	03:30:15	+01:14:44	10:31

Veterana F40

1	222	Inês Duarte	Grupeta Running Team	Veterana F40	02:06:55		06:21

Veterana F45

1	246	Palmira quinhama	Walkandrun-we run	Veterana F45	01:50:10		05:31
2	2	Ana Casquilho de Oliveira	Correr Loures	Veterana F45	02:05:27	+15:16	06:16
3	157	Ana Pipa	MTT Montes Saloios	Veterana F45	02:15:04	+24:53	06:45
4	93	Maria Gamito	GMCJamor	Veterana F45	02:33:25	+43:14	07:40
5	43	Marta Teias	Corrida das Belas	Veterana F45	02:36:21	+46:10	07:49
6	251	Ana Ferreira	Individual	Veterana F45	02:39:12	+49:01	07:58
7	125	Alessandra Spagnol	Individual	Veterana F45	02:45:22	+55:11	08:16
8	10	Sofia Oliveira	Corrida das Belas	Veterana F45	02:55:39	+01:05:28	08:47
9	213	Rachel Oliveira	Eraldo Marques	Veterana F45	02:58:31	+01:08:20	08:56
10	97	Sónia Fernandes	GMCJamor	Veterana F45	03:05:25	+01:15:14	09:16
11	96	Paula Roxo	Individual	Veterana F45	03:07:37	+01:17:26	09:23
12	29	Eugenia Conceicao	Corrida das Belas	Veterana F45	03:29:53	+01:39:42	10:30
13	243	Rosália Maria Jorge Varela	Individual	Veterana F45	03:29:53	+01:39:42	10:30

Trilho das Lampas 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F50

1	12	Fátima Valentim	Amigos do Atletismo de Mafra	Veterana F50	02:15:42		06:47
2	77	Cristina Romão	7ColinasRunners	Veterana F50	02:17:25	+01:42	06:52
3	256	Elizete Duarte	CCD TRANQUILIDADE	Veterana F50	02:39:03	+23:20	07:57
4	80	Rosa Maria Marques	Individual	Veterana F50	02:57:41	+41:59	08:53
5	41	Marisa Paula Pereira Pinto	GMCJamor	Veterana F50	03:05:25	+49:42	09:16
6	208	Teresa Cristina José Santo	Individual	Veterana F50	03:15:31	+59:49	09:47
7	82	Patrícia Fernandes	Individual	Veterana F50	03:19:57	+01:04:14	10:00
8	166	Gisela Padre	Individual	Veterana F50	03:59:10	+01:43:27	11:58

Veterana F55

1	7	Luísa Palminhas	MTBA	Veterana F55	02:00:26		06:01
2	250	Carolina Rosa	Individual	Veterana F55	02:32:35	+32:09	07:38
3	38	Isabel Ribeiro	GMCJamor	Veterana F55	02:42:06	+41:39	08:06
4	81	Helena Nunes	Individual	Veterana F55	02:57:42	+57:16	08:53

Veterana F60

1	33	Sao Alves	GMCJamor	Veterana F60	02:17:25		06:52
2	44	Luisa Pisco	GMCJamor	Veterana F60	02:17:59	+00:34	06:54

Veterano M40

1	170	Sérgio Moscatel	Individual	Veterano M40	01:29:46		04:29
2	67	Helder Grosso	Individual	Veterano M40	01:31:10	+01:24	04:34
3	71	André Melo	Individual	Veterano M40	01:37:25	+07:38	04:52
4	161	Jorge Nabais	Individual	Veterano M40	01:38:42	+08:55	04:56
5	14	Tiago Amado Amado	Individual	Veterano M40	01:39:15	+09:29	04:58
6	99	José Monteiro	SS CGD	Veterano M40	01:43:08	+13:22	05:09
7	148	Filipe Ribeiro	Free Runners/IDentPrint	Veterano M40	01:44:02	+14:16	05:12
8	122	Bruno Martins	Individual	Veterano M40	01:47:03	+17:17	05:21
9	107	Pedro Miguel Ribeiro de Sousa	clube tap portugal	Veterano M40	01:47:25	+17:39	05:22
10	259	Ricardo Alves	CCD TRANQUILIDADE	Veterano M40	01:48:10	+18:24	05:24
11	262	Nuno Reis	CCD TRANQUILIDADE	Veterano M40	01:48:32	+18:46	05:26
12	221	Jorge Gonçalves	A.D. Tãlentos Team	Veterano M40	01:50:32	+20:46	05:32
13	194	Marco Ferraz	R&W-Alter Runners associação	Veterano M40	01:51:02	+21:16	05:33
14	211	Nelson Louro	Individual	Veterano M40	01:52:42	+22:56	05:38
15	216	João Frederico Mota Torres Filipe	Individual	Veterano M40	01:52:43	+22:57	05:38
16	105	António Luís Ribeiro Morais Ferreira	clube tap portugal	Veterano M40	01:53:24	+23:38	05:40
17	3	Sérgio Pedro	Individual	Veterano M40	02:00:18	+30:32	06:01
18	171	Angelo Luis	Individual	Veterano M40	02:03:17	+33:31	06:10
19	159	Bruno Vasconcelos Maia	Grupo Sportivo Adicense	Veterano M40	02:03:40	+33:54	06:11
20	68	Pedro Gomes	SS CGD	Veterano M40	02:04:42	+34:56	06:14

Trilho das Lampas 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

21	127	Carlos Alexandre	Trilhos & Outros	Veterano M40	02:11:10	+41:24	06:34
22	239	Luis Mateus	CORRER LISBOA	Veterano M40	02:14:42	+44:56	06:44
23	4	Tiago Costa	Individual	Veterano M40	02:20:11	+50:25	07:01
24	186	Daniel de almeida	Individual	Veterano M40	02:22:04	+52:17	07:06
25	109	Carlos Daniel	Individual	Veterano M40	02:23:56	+54:10	07:12
26	53	MARCO HELDER RIBEIRO SILVA	Clube Millennium BCP	Veterano M40	02:28:52	+59:06	07:27
27	145	Rodrigo de Oliveira	Individual	Veterano M40	02:33:26	+01:03:40	07:40
28	16	Simão Ortega	Individual	Veterano M40	02:33:54	+01:04:08	07:42
29	154	Ricardo Vieira	Free Runners/IDentPrint	Veterano M40	02:35:30	+01:05:44	07:47
30	180	Joao rodrigues	Free Runners/IDentPrint	Veterano M40	02:35:30	+01:05:44	07:47
31	139	Bruno Correia	Individual	Veterano M40	02:36:07	+01:06:21	07:48
32	260	Artur Gaio	CCD TRANQUILIDADE	Veterano M40	02:39:34	+01:09:48	07:59
33	30	Luis Estevens	Individual	Veterano M40	02:40:19	+01:10:32	08:01
34	22	Ivo Marques	Individual	Veterano M40	03:16:02	+01:46:16	09:48
35	79	Marco Cachinho	Clube EDP - Lisboa	Veterano M40	03:30:15	+02:00:29	10:31

Veterano M45

1	76	João Pires	NAZA- Nucleo de Atletismo da Zona da Aboboda	Veterano M45	01:26:52		04:21
2	177	Nuno Carrasqueiro	Winsport_coach	Veterano M45	01:28:46	+01:53	04:26
3	165	Bruno Sousa	MTBA	Veterano M45	01:30:19	+03:27	04:31
4	8	Tavares Marques	CORRER LISBOA	Veterano M45	01:30:43	+03:51	04:32
5	209	PAULO SEQUEIRA	Individual	Veterano M45	01:33:13	+06:21	04:40
6	104	Fernando Moisés Florindo Parente	clube tap portugal	Veterano M45	01:34:09	+07:17	04:42
7	234	Hélder José Navalhinhas Varanda	Opraticante.pt	Veterano M45	01:39:04	+12:12	04:57
8	233	Celso Manuel Mestre Guerra	Opraticante.pt	Veterano M45	01:40:03	+13:11	05:00
9	152	Pedro Vicente	ACRMealhada	Veterano M45	01:41:51	+14:59	05:06
10	126	Paulo Mateus	Individual	Veterano M45	01:42:06	+15:14	05:06
11	6	Hugo Alves	Individual	Veterano M45	01:47:41	+20:49	05:23
12	112	Luís Trindade	Pickle Films	Veterano M45	01:49:58	+23:05	05:30
13	232	Óscar Lopes	Opraticante.pt	Veterano M45	01:50:26	+23:34	05:31
14	257	Jorge Deus	CCD TRANQUILIDADE	Veterano M45	01:53:20	+26:28	05:40
15	128	Eduardo Manuel Coelho Luís	Atómicos	Veterano M45	01:55:09	+28:17	05:45
16	66	Nuno Cordeiro	FALCÕES SELVAGENS	Veterano M45	01:55:56	+29:04	05:48
17	203	Samuel Caetano	Individual	Veterano M45	02:01:20	+34:28	06:04
18	247	Vasco Rodrigues	Individual	Veterano M45	02:02:24	+35:32	06:07
19	235	Pedro Vitorino	Opraticante.pt	Veterano M45	02:03:17	+36:25	06:10
20	137	Luis Baleia	MTBA	Veterano M45	02:04:01	+37:09	06:12
21	34	Nuno Filipe	2600TR	Veterano M45	02:04:34	+37:41	06:14
22	102	Álvaro Santos	Individual	Veterano M45	02:05:43	+38:51	06:17
23	153	Pedro silva	Free Runners/IDentPrint	Veterano M45	02:06:06	+39:14	06:18
24	190	Rodrigo Barroso	Individual	Veterano M45	02:08:31	+41:39	06:26
25	191	Rui Barroso	Individual	Veterano M45	02:08:31	+41:39	06:26
26	226	Tiago Ramos	Individual	Veterano M45	02:14:24	+47:32	06:43
27	100	Pedro Almeida	Individual	Veterano M45	02:14:24	+47:32	06:43

Trilho das Lampas 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

28	248	Carlos Silva	CCD Siemens	Veterano M45	02:15:42	+48:49	06:47
29	5	Nelson Pantaleão	Individual	Veterano M45	02:15:44	+48:52	06:47
30	135	Alexandre jardim	R4F	Veterano M45	02:16:42	+49:50	06:50
31	217	NUNO SALGADO	GMCJamor	Veterano M45	02:17:27	+50:35	06:52
32	37	Paulo Cartaxo	2600TR	Veterano M45	02:18:50	+51:58	06:57
33	73	João Ribeiro	GMCJamor	Veterano M45	02:21:37	+54:45	07:05
34	181	Daniel Martins	Individual	Veterano M45	02:22:22	+55:30	07:07
35	156	Bruno Basilio	Clube Brisa	Veterano M45	02:23:05	+56:13	07:09
36	230	Sergio Santos	Individual	Veterano M45	02:24:21	+57:28	07:13
37	252	Pedro Rodrigues	Individual	Veterano M45	02:39:13	+01:12:20	07:58
38	254	Helder Esteves	CCD TRANQUILIDADE	Veterano M45	02:39:34	+01:12:42	07:59
39	74	João Soares	Individual	Veterano M45	02:40:08	+01:13:15	08:00
40	40	Hugo Martins	Individual	Veterano M45	02:40:19	+01:13:26	08:01
41	185	Fernando Garcia	Individual	Veterano M45	02:50:01	+01:23:09	08:30
42	15	Hugo Rodrigues	Corrida das Belas	Veterano M45	02:55:40	+01:28:48	08:47
43	39	Goncalo Nuno Melo Loureiro	Individual	Veterano M45	03:07:37	+01:40:44	09:23

Veterano M50

1	172	Luis Aires	Free Runners/IDentPrint	Veterano M50	01:37:04		04:51
2	56	NUNO MIGUEL NOBRE LOPES	Clube Millennium BCP	Veterano M50	01:41:45	+04:41	05:05
3	205	Helder Baptista	Free Runners/IDentPrint	Veterano M50	01:46:07	+09:03	05:18
4	65	josé augusto (cabra monte)	Individual	Veterano M50	01:47:24	+10:20	05:22
5	163	Fabrice Polteau	7ColinasRunners	Veterano M50	01:48:17	+11:13	05:25
6	98	Carlos Gonçalves	GMCJamor	Veterano M50	01:53:13	+16:08	05:40
7	11	Miguel Simões	Individual	Veterano M50	01:54:10	+17:06	05:43
8	31	João casinhas	Individual	Veterano M50	01:54:29	+17:24	05:43
9	215	João Granja	MTBA	Veterano M50	01:54:30	+17:26	05:44
10	1	Carlos Craveira	Individual	Veterano M50	01:55:35	+18:31	05:47
11	91	Gama Sargaço	FALCÕES SELVAGENS	Veterano M50	01:55:56	+18:52	05:48
12	179	João Caetano	Individual	Veterano M50	01:58:47	+21:43	05:56
13	94	José Brito	GMCJamor	Veterano M50	02:02:35	+25:31	06:08
14	46	Henrique Amador	SS CGD	Veterano M50	02:02:43	+25:38	06:08
15	55	NUNO MANUEL FERNANDES DIAS ALMEIDA	Clube Millennium BCP	Veterano M50	02:03:17	+26:12	06:10
16	85	PAULO CLARO	ACNPN	Veterano M50	02:04:35	+27:31	06:14
17	193	João Rosinha	Individual	Veterano M50	02:05:05	+28:01	06:15
18	13	Nuno Nunes	Amigos do Atletismo de Mafra	Veterano M50	02:05:50	+28:46	06:18
19	178	Antonio Caetano	Individual	Veterano M50	02:08:00	+30:55	06:24
20	218	Zito Silva	Individual	Veterano M50	02:08:22	+31:18	06:25
21	212	Joaquim Mário Augusto Guerreiro	AA Lebres do Sado	Veterano M50	02:11:39	+34:34	06:35
22	62	Paulo Abadia	Team Abadia	Veterano M50	02:15:36	+38:31	06:47
23	195	Nuno Mendes	Individual	Veterano M50	02:18:26	+41:21	06:55
24	210	Nuno Bogalheiro	Individual	Veterano M50	02:19:55	+42:51	07:00
25	198	Paulo Belbute	Os Marretas	Veterano M50	02:21:58	+44:53	07:06
26	132	Eduard irimia	Individual	Veterano M50	02:22:28	+45:23	07:07

Trilho das Lampas 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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27	130	João Rodrigues	Free Runners/IDentPrint	Veterano M50	02:23:37	+46:33	07:11
28	174	Luís Lopes	Individual	Veterano M50	02:34:56	+57:52	07:45
29	199	João Henriques	Os Marretas	Veterano M50	02:37:07	+01:00:02	07:51
30	78	Nelson Mota	Individual	Veterano M50	02:39:09	+01:02:04	07:57
31	118	Rui Teixeira	Trilhos do Costume	Veterano M50	02:39:27	+01:02:22	07:58
32	101	Jorge Prazeres	Pickle Films	Veterano M50	02:40:30	+01:03:26	08:02
33	175	Fernando Pereira	Individual	Veterano M50	02:41:39	+01:04:35	08:05
34	264	Pedro Miguel Miranda	Individual	Veterano M50	02:55:39	+01:18:34	08:47
35	214	Marcio Roberto de Oliveira	Eraldo Marques	Veterano M50	02:58:31	+01:21:27	08:56
36	25	Jorge Araujo	Individual	Veterano M50	03:01:47	+01:24:42	09:05
37	50	FRANCISCO NORBERTO CORDEIRO VIEIRA	Clube Millennium BCP	Veterano M50	03:02:19	+01:25:14	09:07
38	61	Rui Miguel Vilas Sabino	Clube Millennium BCP	Veterano M50	03:22:39	+01:45:35	10:08

Veterano M55

1	70	Adolfo Leal	Grupo G.D.S.D	Veterano M55	01:42:17		05:07
2	103	Túlio Coelho	Individual	Veterano M55	01:50:29	+08:11	05:31
3	261	Francisco Pereira	CCD TRANQUILIDADE	Veterano M55	01:53:20	+11:03	05:40
4	52	MANUEL JOAQUIM NEVES RODRIGUES	Clube Millennium BCP	Veterano M55	01:53:44	+11:27	05:41
5	219	Jorge Manuel dos Santos Lima sobrinho	CAFÉ CURVA INCLINADA AGUALVA CACÉM SINTRA	Veterano M55	01:59:11	+16:53	05:58
6	114	Pedro Ramos	Individual	Veterano M55	01:59:43	+17:25	05:59
7	108	Luciano Dantas	CF Os Belenenses	Veterano M55	01:59:57	+17:39	06:00
8	147	Miguel Pedro	Individual	Veterano M55	02:02:08	+19:51	06:06
9	223	Paulo Gonçalves	Individual	Veterano M55	02:02:42	+20:24	06:08
10	167	Alexandre Santos	SS CGD	Veterano M55	02:03:40	+21:22	06:11
11	249	MARIO SILVA	Free Runners/IDentPrint	Veterano M55	02:08:00	+25:42	06:24
12	258	Armando Parreira	CCD TRANQUILIDADE	Veterano M55	02:08:58	+26:40	06:27
13	49	ARTUR PAULO ALMEIDA BOTAO	Clube Millennium BCP	Veterano M55	02:10:50	+28:33	06:33
14	241	Fernando Pereira	Individual	Veterano M55	02:12:36	+30:19	06:38
15	92	Paulo Cruz	GMCJamor	Veterano M55	02:18:01	+35:43	06:54
16	54	MARCOS JOSE NORITAKE	Clube Millennium BCP	Veterano M55	02:25:33	+43:16	07:17
17	255	Jorge Serra	CCD TRANQUILIDADE	Veterano M55	02:33:26	+51:08	07:40
18	87	Albano Silva	Individual	Veterano M55	02:39:03	+56:46	07:57
19	18	Rui Vilão	Individual	Veterano M55	02:40:19	+58:01	08:01
20	83	Joao Pereira	Individual	Veterano M55	02:48:10	+01:05:52	08:24
21	95	Paulo Espirito Santo	Individual	Veterano M55	03:07:37	+01:25:19	09:23

Veterano M60

1	117	José Vieira	OCS Arrábida Trail Team	Veterano M60	01:55:34		05:47
2	45	Joao Paulo Pires da Maia	FALCÕES SELVAGENS	Veterano M60	02:03:10	+07:35	06:09
3	187	Victor Ribeiro	Individual	Veterano M60	02:04:11	+08:36	06:13
4	155	Antonio Almeida	NUCLEO DESPORTIVO AUTOCOOPE	Veterano M60	02:05:52	+10:17	06:18

Trilho das Lampas 20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

5	19	joao crespo	Individual	Veterano M60	02:09:00	+13:25	06:27
6	120	Carlos Manuel C Leitão	SS CGD	Veterano M60	02:18:59	+23:24	06:57
7	57	PAULO ALEXANDRE GONCALVES NUNES	Clube Millennium BCP	Veterano M60	02:29:24	+33:49	07:28
8	133	Carlos Jesus	Individual	Veterano M60	03:05:41	+01:10:06	09:17

Veterano M65

1	42	Joaquim Frade	SS CGD	Veterano M65	02:05:22		06:16
2	136	Miguel Coelho	Individual	Veterano M65	02:15:02	+09:40	06:45
3	48	ARLINDO FRIAS DEUS	Clube Millennium BCP	Veterano M65	02:27:15	+21:52	07:22
4	189	Orlando Duarte	Individual	Veterano M65	02:30:42	+25:20	07:32
5	47	Américo Cruz	GMCJamor	Veterano M65	02:45:23	+40:01	08:16
6	51	LUIZ MANUEL CONCEICAO MENDES	Clube Millennium BCP	Veterano M65	02:48:23	+43:01	08:25