Trail Terras da Gândara 2024

Mira, PT

23-junho-2024

20KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:15	--	--
End	12:23	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	50	Danilson silva pereira	Individual	01:24:53		04:15	
2	3	Filipe Rocha	A.R.Casaense/Escola de Atletismo de Coimbra	01:25:03	+00:10	04:15	
3	24	Márcio tavares	Domus Trail	01:26:41	+01:48	04:20	
4	23	Maikol Simões	CLTT - Clinica Litoralis Trail Team	01:33:22	+08:29	04:40	
5	22	João Margarido	CLTT - Clinica Litoralis Trail Team	01:33:40	+08:47	04:41	
6	58	Simão Seiça	Individual	01:34:03	+09:10	04:42	
7	59	Tiago Filipe Bernardes Silva	Gatões BTT	01:36:34	+11:41	04:50	
8	10	Luis Lourenço	ACR Running Team	01:37:42	+12:49	04:53	
9	20	Álvaro Mano	CF Os Marialvas	01:39:48	+14:55	04:59	
10	72	Luís Filipe Santos Marques	Unidos Run Team	01:41:48	+16:55	05:05	
11	43	Luis Silvestre	Individual	01:43:24	+18:31	05:10	
12	15	Duarte Domingues	Atletismo Clube da Tocha	01:43:47	+18:54	05:11	
13	29	José Torres	Domus Trail	01:43:51	+18:58	05:12	
14	34	Bruno Parente	Eu & Tu	01:44:24	+19:31	05:13	
15	45	Ricardo Rua	Individual	01:44:45	+19:52	05:14	
16	39	Daniel Quintaneiro Almeida	Individual	01:47:03	+22:10	05:21	
17	46	Tiago Silvestre	Individual	01:47:37	+22:44	05:23	
18	37	António Almeida	Gira Sol	01:47:39	+22:46	05:23	
19	52	Eduardo Loureiro	Individual	01:47:40	+22:47	05:23	
20	16	Luís Oliveira	Barracão	01:49:05	+24:12	05:27	
21	74	Pedro Capela	Vergabikes PC jardins	01:49:06	+24:13	05:27	
22	5	Luis Rocha	ACR Running Team	01:49:27	+24:34	05:28	
23	71	Carlos Eduardo Domingues	TREPANELAS/PRIFER	01:50:55	+26:02	05:33	
24	75	Carlos Paião	GRVilaverdense	01:51:22	+26:29	05:34	
25	36	Adérito Curto	Gira Sol	01:51:59	+27:06	05:36	
26	60	António David Cerveira Mateus	Individual	01:53:10	+28:17	05:40	
27	6	César Oliveira	ACR Running Team	01:55:43	+30:50	05:47	
28	11	Pedro Baptista	ACR Running Team	01:56:05	+31:12	05:48	
29	32	João Santos	Domus Trail	01:56:07	+31:14	05:48	
30	12	Pedro Oliveira	ACR Running Team	01:57:58	+33:05	05:54	
31	63	Helder Simões	Individual	01:58:46	+33:53	05:56	
32	49	Americo Ferreira	RM RUNNERS	01:58:46	+33:53	05:56	
33	57	Ricardo Santos	Individual	02:00:09	+35:16	06:00	
34	19	Catarina Alves	CF Os Marialvas	02:00:55	+36:02	06:03	
35	17	Kevin Cruz	CASH	02:02:10	+37:17	06:07	
36	26	Dora Gomes	Domus Trail	02:02:50	+37:57	06:09	
37	30	Marco Mesquita	Domus Trail	02:03:08	+38:15	06:09	
38	68	Rui Cainé	RM RUNNERS	02:04:03	+39:10	06:12	
39	69	Rui Canudo	RM RUNNERS	02:04:59	+40:06	06:15	
40	41	Duarte Santos Ribeiro	Individual	02:05:30	+40:37	06:17	
41	64	Tiago Filipe Azenha Oliveira	PINHO AGRICOLA	02:05:43	+40:50	06:17	
42	73	Nuno Santos	Unidos Run Team	02:06:26	+41:33	06:19	

20KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	55	Nelo juliao	Individual	02:06:31	+41:38	06:20	
44	54	Marco Santos	Individual	02:07:36	+42:43	06:23	
45	4	André Coquim	ACR Running Team	02:07:43	+42:50	06:23	
46	18	João Paulo Barreto dos Santos	CF Os Marialvas	02:08:24	+43:31	06:25	
47	7	Hugo Seabra	ACR Running Team	02:08:35	+43:42	06:26	
48	62	Heitor Santos	Individual	02:08:59	+44:06	06:27	
49	2	Sandro Pimentel	A.R.Casaense/Escola de Atletismo de Coimbra	02:09:33	+44:40	06:29	
50	67	Jose tavares	RM RUNNERS	02:10:15	+45:22	06:31	
51	65	Filipe Canudo	RM RUNNERS	02:10:50	+45:57	06:32	
52	1	Marco Paulo Pinto da Costa	(Com)dores	02:15:02	+50:09	06:45	
53	35	Rui Duarte	Fire Boss	02:16:29	+51:36	06:49	
54	56	Paulo juliao	Individual	02:17:24	+52:31	06:52	
55	80	João Miguel Monteiro Encarnação	Individual	02:17:36	+52:43	06:53	
56	47	Filipa ribeiro	Individual	02:25:40	+01:00:47	07:17	
57	38	SUZETE MARCO	Grecas	02:30:05	+01:05:12	07:30	
58	66	João Ricardo Canudo	RM RUNNERS	02:30:08	+01:05:15	07:30	
59	27	Sónia carreira silvestre	Domus Trail	02:31:55	+01:07:02	07:36	
60	33	José Francisco Valadão	Domus Trail	02:31:55	+01:07:02	07:36	
61	44	Nuno Simões	Individual	02:35:10	+01:10:17	07:45	
62	25	Patrícia Raquel Nogueira Laranjeiro	Domus Trail	02:40:33	+01:15:40	08:02	
63	40	Daniel Tocha	Individual	02:55:39	+01:30:46	08:47	
64	31	Marco Moreira	Domus Trail	02:55:40	+01:30:47	08:47	
65	81	MARIA ABRUNHEIRO	Adões Trail	02:55:58	+01:31:05	08:48	
66	9	Daniel Natário	ACR Running Team	03:04:02	+01:39:09	09:12	

Trail Terras da Gândara 2024

Mira, PT

23-junho-2024

20KM

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:15	-99ºC	-99%
End	12:23	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	81	MARIA ABRUNHEIRO	Adões Trail	Senior Feminino	02:55:58		08:48
Senior Masculino							
1	24	Márcio tavares	Domus Trail	Senior Masculino	01:26:41		04:20
2	72	Luís Filipe Santos Marques	Unidos Run Team	Senior Masculino	01:41:48	+15:07	05:05
3	43	Luis Silvestre	Individual	Senior Masculino	01:43:24	+16:42	05:10
4	45	Ricardo Rua	Individual	Senior Masculino	01:44:45	+18:03	05:14
5	39	Daniel Quintaneiro Almeida	Individual	Senior Masculino	01:47:03	+20:21	05:21
6	46	Tiago Silvestre	Individual	Senior Masculino	01:47:37	+20:55	05:23
7	5	Luis Rocha	ACR Running Team	Senior Masculino	01:49:27	+22:45	05:28
8	41	Duarte Santos Ribeiro	Individual	Senior Masculino	02:05:30	+38:48	06:17
9	64	Tiago Filipe Azenha Oliveira	PINHO AGRICOLA	Senior Masculino	02:05:43	+39:02	06:17
10	73	Nuno Santos	Unidos Run Team	Senior Masculino	02:06:26	+39:44	06:19
11	4	André Coquim	ACR Running Team	Senior Masculino	02:07:43	+41:01	06:23
12	18	João Paulo Barreto dos Santos	CF Os Marialvas	Senior Masculino	02:08:24	+41:42	06:25
13	2	Sandro Pimentel	A.R.Casaense/Escola de Atletismo de Coimbra	Senior Masculino	02:09:33	+42:51	06:29
14	35	Rui Duarte	Fire Boss	Senior Masculino	02:16:29	+49:47	06:49
15	80	João Miguel Monteiro Encarnação	Individual	Senior Masculino	02:17:36	+50:54	06:53
16	44	Nuno Simões	Individual	Senior Masculino	02:35:10	+01:08:28	07:45
17	40	Daniel Tocha	Individual	Senior Masculino	02:55:39	+01:28:58	08:47
Sub 18 Masculino							
1	6	César Oliveira	ACR Running Team	Sub 18 Masculino	01:55:43		05:47
2	7	Hugo Seabra	ACR Running Team	Sub 18 Masculino	02:08:35	+12:51	06:26
Veterana F35							
1	19	Catarina Alves	CF Os Marialvas	Veterana F35	02:00:55		06:03
2	47	Filipa ribeiro	Individual	Veterana F35	02:25:40	+24:44	07:17
3	25	Patrícia Raquel Nogueira Laranjeiro	Domus Trail	Veterana F35	02:40:33	+39:37	08:02
Veterana F50							
1	26	Dora Gomes	Domus Trail	Veterana F50	02:02:50		06:09
2	38	SUZETE MARCO	Grecas	Veterana F50	02:30:05	+27:14	07:30

3	27	Sónia carreira silvestre	Domus Trail	Veterana F50	02:31:55	+29:04	07:36

Veterano M35

1	50	Danilson silva pereira	Individual	Veterano M35	01:24:53		04:15
2	3	Filipe Rocha	A.R.Casaense/Escola de Atletismo de Coimbra	Veterano M35	01:25:03	+00:10	04:15
3	23	Maikol Simões	CLTT - Clinica Litoralis Trail Team	Veterano M35	01:33:22	+08:29	04:40
4	22	João Margarido	CLTT - Clinica Litoralis Trail Team	Veterano M35	01:33:40	+08:47	04:41
5	58	Simão Seiça	Individual	Veterano M35	01:34:03	+09:10	04:42
6	59	Tiago Filipe Bernardes Silva	Gatões BTT	Veterano M35	01:36:34	+11:41	04:50
7	10	Luis Lourenço	ACR Running Team	Veterano M35	01:37:42	+12:49	04:53
8	29	José Torres	Domus Trail	Veterano M35	01:43:51	+18:58	05:12
9	34	Bruno Parente	Eu & Tu	Veterano M35	01:44:24	+19:31	05:13
10	52	Eduardo Loureiro	Individual	Veterano M35	01:47:40	+22:47	05:23
11	16	Luís Oliveira	Barracão	Veterano M35	01:49:05	+24:12	05:27
12	71	Carlos Eduardo Domingues	TREPANELAS/PRIFER	Veterano M35	01:50:55	+26:02	05:33
13	11	Pedro Baptista	ACR Running Team	Veterano M35	01:56:05	+31:12	05:48
14	12	Pedro Oliveira	ACR Running Team	Veterano M35	01:57:58	+33:05	05:54
15	49	Americo Ferreira	RM RUNNERS	Veterano M35	01:58:46	+33:53	05:56
16	57	Ricardo Santos	Individual	Veterano M35	02:00:09	+35:16	06:00
17	17	Kevin Cruz	CASH	Veterano M35	02:02:10	+37:17	06:07
18	30	Marco Mesquita	Domus Trail	Veterano M35	02:03:08	+38:15	06:09
19	68	Rui Cainé	RM RUNNERS	Veterano M35	02:04:03	+39:10	06:12
20	69	Rui Canudo	RM RUNNERS	Veterano M35	02:04:59	+40:06	06:15
21	55	Nelo juliao	Individual	Veterano M35	02:06:31	+41:38	06:20
22	54	Marco Santos	Individual	Veterano M35	02:07:36	+42:43	06:23
23	67	Jose tavares	RM RUNNERS	Veterano M35	02:10:15	+45:22	06:31
24	65	Filipe Canudo	RM RUNNERS	Veterano M35	02:10:50	+45:57	06:32
25	1	Marco Paulo Pinto da Costa	(Com)dores	Veterano M35	02:15:02	+50:09	06:45
26	56	Paulo juliao	Individual	Veterano M35	02:17:24	+52:31	06:52
27	66	João Ricardo Canudo	RM RUNNERS	Veterano M35	02:30:08	+01:05:15	07:30
28	31	Marco Moreira	Domus Trail	Veterano M35	02:55:40	+01:30:47	08:47
29	9	Daniel Natário	ACR Running Team	Veterano M35	03:04:02	+01:39:09	09:12

Veterano M50

1	20	Álvaro Mano	CF Os Marialvas	Veterano M50	01:39:48		04:59
2	15	Duarte Domingues	Atletismo Clube da Tocha	Veterano M50	01:43:47	+03:58	05:11
3	37	António Almeida	Gira Sol	Veterano M50	01:47:39	+07:50	05:23
4	74	Pedro Capela	Vergabikes PC jardins	Veterano M50	01:49:06	+09:18	05:27
5	75	Carlos Paião	GRVilaverdense	Veterano M50	01:51:22	+11:33	05:34
6	36	Adérito Curto	Gira Sol	Veterano M50	01:51:59	+12:11	05:36
7	60	António David Cerveira Mateus	Individual	Veterano M50	01:53:10	+13:22	05:40
8	32	João Santos	Domus Trail	Veterano M50	01:56:07	+16:18	05:48

20KM

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

9	63	Helder Simões	Individual	Veterano M50	01:58:46	+18:57	05:56
10	62	Heitor Santos	Individual	Veterano M50	02:08:59	+29:10	06:27
11	33	José Francisco Valadão	Domus Trail	Veterano M50	02:31:55	+52:07	07:36

Trail Terras da Gândara 2024

Mira, PT

23-junho-2024

12KM - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	--	--
End	12:06	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	605	Licinio Pimentel	Domus Trail	49:31		04:08	
2	501	Nuno Tavares	A.R.Casaense/Escola de Atletismo de Coimbra	51:08	+01:37	04:16	
3	801	Sérgio Manito	Saca Trilhos Anadia	51:13	+01:42	04:16	
4	716	Tiago Lopes	ATLETISMO CLUB DA TOCHA	51:47	+02:16	04:19	
5	573	Hélder Fernando da Silva Isidoro	CAOH - Clube Atlético de Oliveira do Hospital	52:56	+03:25	04:25	
6	561	Nelson Heleno	ASSSCC -AR Livre e Aventura	53:50	+04:19	04:29	
7	784	andre silva	NS TRAIL TEAM	55:02	+05:31	04:35	
8	732	Ricardo Silva	Individual	55:12	+05:41	04:36	
9	515	João Simões	ACDRS QUINHENDROS	55:25	+05:54	04:37	
10	555	Aurélio Luís Bessa Saúde	ARSM - Associação Recreativa de S. Miguel	55:37	+06:06	04:38	
11	746	Paulo Resende	Individual	56:13	+06:42	04:41	
12	628	Diogo Oliveira	Grupo Desportivo Ferreirense	56:41	+07:10	04:43	
13	620	Jorge Simões	Gatões BTT	57:23	+07:52	04:47	
14	848	Paulo Almeida	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	57:41	+08:10	04:48	
15	512	Antonio Santos	ACDRS QUINHENDROS	57:54	+08:23	04:49	
16	707	Gonçalo Marques	Individual	58:46	+09:15	04:54	
17	760	Antônio Manuel ventura amado	Individual	59:06	+09:35	04:56	
18	581	David Pinho	Domus Trail	59:09	+09:38	04:56	
19	819	Vitor Pinho	Ten Team	59:33	+10:02	04:58	
20	533	Telmo Santos	Ameal Trail	59:42	+10:11	04:58	
21	764	Fernando Cruz de Jesus	ATLETISMO CLUB DA TOCHA	59:45	+10:14	04:59	
22	794	André Assena	RM RUNNERS	59:47	+10:16	04:59	
23	741	Hugo gaspar	Individual	59:54	+10:23	04:59	
24	744	Jose margarido	Individual	01:00:01	+10:30	05:00	
25	510	Igor Neves	ACDRS QUINHENDROS	01:00:10	+10:39	05:01	
26	604	João Amaral	Domus Trail	01:00:12	+10:41	05:01	
27	513	Bruno Maciel Maia Rodrigues	ACDRS QUINHENDROS	01:00:19	+10:48	05:02	
28	738	Alexandre Mestre	Individual	01:01:07	+11:36	05:06	
29	578	Marco Silva	CLUBE ATLETISMO OVAR	01:01:25	+11:54	05:07	
30	731	Ricardo Rumor	Individual	01:01:39	+12:08	05:08	
31	730	Pedro Cardoso	Individual	01:01:45	+12:14	05:09	
32	802	Egídio Alves das Neves	Saca Trilhos Anadia	01:02:11	+12:40	05:11	
33	719	Artur Alexandre Castro Ribeiro	Individual	01:02:27	+12:56	05:12	
34	626	Daniel Vicente Martins	Grupo BTT de Manteigas	01:02:48	+13:17	05:14	
35	539	Ricardo Silva	Ameal Trail	01:02:57	+13:26	05:15	
36	840	Diogo Filipe Oliveira Alves	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	01:03:05	+13:34	05:15	
37	619	Nuno Bugalho	Gatões BTT	01:03:39	+14:08	05:18	
38	577	Edgar Simões	CLTT - Clinica Litoralis Trail Team	01:03:50	+14:19	05:19	
39	749	Pedro Reduto	Individual	01:04:16	+14:45	05:21	
40	783	Ricardo Lopes	NEXEBRA TRAIL TEAM	01:04:33	+15:02	05:23	
41	711	Luís Pedro Mota	Individual	01:04:40	+15:09	05:23	
42	847	Filipe José Ralha de Vasconcelos	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	01:04:43	+15:12	05:24	

12KM - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	723	Gonçalo Gonçalves	Individual	01:04:46	+15:15	05:24	
44	540	Carlos Ferreira	Ameal Trail	01:04:50	+15:19	05:24	
45	541	Jorge Lestro	Ameal Trail	01:04:54	+15:23	05:25	
46	622	Vasco Correia	Gatões BTT	01:04:59	+15:28	05:25	
47	857	Pedro Ferreira	Individual	01:05:05	+15:34	05:25	
48	638	Nuno Gois	GRVilaverdense	01:05:32	+16:01	05:28	
49	712	Nelson Fernandes Barros Pedrogam	Individual	01:05:50	+16:19	05:29	
50	504	Miguel Pinão	Academia de Desportos de Condeixa	01:06:09	+16:38	05:31	
51	715	Tiago Gandarez	Individual	01:06:23	+16:52	05:32	
52	785	Ruben Moreira	Oiãrunners	01:06:24	+16:53	05:32	
53	572	Paulo Nunes	CAOH - Clube Atlético de Oliveira do Hospital	01:06:33	+17:02	05:33	
54	503	Duarte Almeida	Academia de Desportos de Condeixa	01:06:43	+17:12	05:34	
55	721	Bruno Miguel Silva Oliveira Santos	Individual	01:06:51	+17:20	05:34	
56	815	Arcanjo Amarante Martins	Tainadas Run Team	01:07:13	+17:42	05:36	
57	556	Arsénio Fernandes	ARSM - Associação Recreativa de S. Miguel	01:07:18	+17:47	05:37	
58	502	José Carlos Rodrigues	A.R.Casaense/Escola de Atletismo de Coimbra	01:07:52	+18:21	05:39	
59	524	David Rocha	ACR Running Team	01:08:18	+18:47	05:42	
60	511	Tiago Simões	ACDRS QUINHENDROS	01:08:23	+18:52	05:42	
61	720	Bruno Cartaxo	Individual	01:08:25	+18:54	05:42	
62	583	Paulo Jesus	Domus Trail	01:08:41	+19:10	05:43	
63	518	TóZé Serra	ACDRS QUINHENDROS	01:09:05	+19:34	05:45	
64	681	Pedro Santos	Individual	01:09:17	+19:46	05:46	
65	797	Hugo Bastos	RUNNING4FUN Team Viseu	01:09:26	+19:55	05:47	
66	710	Luís Gonçalves	Individual	01:09:29	+19:58	05:47	
67	775	Juan Jesus	JuveRunTeam	01:09:33	+20:02	05:48	
68	563	Catarina Marques	ASSSCC -AR Livre e Aventura	01:09:35	+20:04	05:48	
69	666	Jorge Castelhano	Individual	01:09:39	+20:08	05:48	
70	569	Bruno Ferreira	Bustos Runners	01:09:51	+20:20	05:49	
71	800	Humberto Dias	RUNNING4FUN Team Viseu	01:09:54	+20:23	05:49	
72	846	Remi Ribeiro Alves	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	01:10:10	+20:39	05:51	
73	532	Miguel Ângelo	Ameal Trail	01:10:25	+20:54	05:52	
74	595	Nuno Manco	Domus Trail	01:11:07	+21:36	05:56	
75	737	Vasco Azenha	Individual	01:11:11	+21:40	05:56	
76	807	Tibério Almeida Santos	Sosense trail team Braga & Fernandes/ corind	01:11:20	+21:49	05:57	
77	759	Sidonio arede Almeida	Individual	01:11:26	+21:55	05:57	
78	669	Luis Pires	Individual	01:11:38	+22:07	05:58	
79	630	Ricardo Manuel Santos Pereira	Grupo Desportivo Ferreirense	01:12:11	+22:40	06:01	
80	809	Marcelo Santiago	Soure Mov	01:12:36	+23:05	06:03	
81	640	Vitor Santos	GRVilaverdense	01:12:50	+23:19	06:04	
82	507	Bruno Gonçalo	Academia de Desportos de Condeixa	01:12:58	+23:27	06:05	
83	680	Gonçalo Simões Pandeirada	Individual	01:13:04	+23:33	06:05	
84	637	Celso Ferreira	GRVilaverdense	01:13:26	+23:55	06:07	
85	798	Celina Dias	RUNNING4FUN Team Viseu	01:13:30	+23:59	06:07	
86	858	Paulo Pereira	GRVilaverdense	01:13:33	+24:02	06:08	
87	771	Patrícia Francisco	JuveRunTeam	01:13:36	+24:05	06:08	
88	664	João Carlos Rua Castelhano	Individual	01:13:42	+24:11	06:09	

12KM - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	547	Nasário Rodrigues	Ameal Trail	01:13:46	+24:15	06:09	
90	803	José Duarte Ferreira Pacheco	Saca Trilhos Anadia	01:14:05	+24:34	06:10	
91	821	Leandro Barros	TREPANELAS/PRIFER	01:14:10	+24:39	06:11	
92	596	Georges Pató	Domus Trail	01:14:24	+24:53	06:12	
93	743	Jose António Ribeiro Costa	Individual	01:15:15	+25:44	06:16	
94	635	Teresa Rosa	GRVilaverdense	01:15:17	+25:46	06:16	
95	557	José Correia	ARSM - Associação Recreativa de S. Miguel	01:15:24	+25:53	06:17	
96	755	João Pedro Almeida	Individual	01:15:28	+25:57	06:17	
97	777	Sergio Pinho	JuveRunTeam	01:15:30	+25:59	06:17	
98	544	Humberto Lobo	Ameal Trail	01:15:36	+26:05	06:18	
99	736	Tiago Patrão	RM RUNNERS	01:15:40	+26:09	06:18	
100	772	João Caetano	JuveRunTeam	01:15:45	+26:14	06:19	
101	562	Carla Henriques	ASSSCC -AR Livre e Aventura	01:15:50	+26:19	06:19	
102	660	Bruno Rosas	Individual	01:15:50	+26:19	06:19	
103	844	VERA GORDO	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	01:16:05	+26:34	06:20	
104	739	Fernando Mineiro	Individual	01:16:10	+26:39	06:21	
105	816	Teresa Pinho	Tainadas Run Team - Somengil	01:16:14	+26:43	06:21	
106	713	Pedro Caniceiro	Individual	01:16:17	+26:46	06:21	
107	826	Sérgio Carlos	Uma espécie de atleta	01:16:22	+26:51	06:22	
108	554	Márcio Silva	ARSM - Associação Recreativa de S. Miguel	01:16:28	+26:57	06:22	
109	551	Jorge Fernandes	ARSM - Associação Recreativa de S. Miguel	01:16:28	+26:57	06:22	
110	508	Jessica Lopes	ACDRS QUINHENDROS	01:16:29	+26:58	06:22	
111	789	Gabriel Pinho	PINHO AGRICOLA	01:16:49	+27:18	06:24	
112	790	Joao Diogo Pinho	PINHO AGRICOLA	01:16:52	+27:21	06:24	
113	709	Luís Andrade	Individual	01:17:05	+27:34	06:25	
114	553	Lígia Coelho	ARSM - Associação Recreativa de S. Miguel	01:17:11	+27:40	06:26	
115	566	José Mendes	ASSSCC -AR Livre e Aventura	01:17:13	+27:42	06:26	
116	817	Tiago Neto	Ten Team	01:17:16	+27:45	06:26	
117	805	RICARDO CARDOSO	Siga Trilhos	01:17:34	+28:03	06:28	
118	856	Maria Alexandra Maia	GRVilaverdense	01:18:32	+29:01	06:33	
119	601	Norberto Santos	Domus Trail	01:18:33	+29:02	06:33	
120	576	José Quinta	CDCamarneira	01:18:47	+29:16	06:34	
121	837	Goreti Gaudêncio	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	01:18:47	+29:16	06:34	
122	825	João Jorge Marques Laranjeiro	Uma espécie de atleta	01:18:50	+29:19	06:34	
123	813	Suzana Leitão	Domus Trail	01:19:31	+30:00	06:38	
124	849	Joaquim Almeida	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	01:19:31	+30:00	06:38	
125	841	Joni Oliveira	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	01:19:32	+30:01	06:38	
126	608	Jorge Laranjeiro	Domus Trail	01:19:32	+30:01	06:38	
127	845	Pedro Almeida	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	01:19:33	+30:02	06:38	
128	706	Carlos Serna	Individual	01:19:39	+30:08	06:38	
129	549	Carlos Campos	Ameal Trail	01:19:44	+30:13	06:39	
130	629	André Santos	Grupo Desportivo Ferreirense	01:19:48	+30:17	06:39	
131	773	Jason Santos	JuveRunTeam	01:19:54	+30:23	06:40	
132	625	José Neves	Grupo BTT de Manteigas	01:19:57	+30:26	06:40	
133	687	Dora Silva	Individual	01:19:59	+30:28	06:40	
134	780	Elisabete Maria de Almeida Ferreira	Montanha Clube Trail Running /Efapel	01:20:11	+30:40	06:41	

12KM - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	575	Nuno Veiga	CAOH - Clube Atlético de Oliveira do Hospital	01:20:21	+30:50	06:42	
136	560	Brian Ferreira	ASSSCC -AR Livre e Aventura	01:20:34	+31:03	06:43	
137	810	Marta Serralheiro	Soure Mov	01:20:46	+31:15	06:44	
138	799	Luis Dias	RUNNING4FUN Team Viseu	01:21:15	+31:44	06:46	
139	550	Suzana Santo	Arcd Venda Da Luísa	01:21:25	+31:54	06:47	
140	582	João da Silva	Domus Trail	01:21:30	+31:59	06:47	
141	516	José Miguel Simão	ACDRS QUINHENDROS	01:21:56	+32:25	06:50	
142	751	Rogério Barreira	Individual	01:22:25	+32:54	06:52	
143	579	Ricardo Melinda	CLUBE ATLETISMO OVAR	01:22:28	+32:57	06:52	
144	750	rafael rodrigues	Individual	01:22:42	+33:11	06:54	
145	718	Tiago Pita	Individual	01:22:47	+33:16	06:54	
146	678	Salvador Tavares	Individual	01:23:02	+33:31	06:55	
147	806	Amaro Martins	Siga Trilhos	01:23:15	+33:44	06:56	
148	827	Gustavo Oliveira Simões	Unidos Run Team	01:23:17	+33:46	06:56	
149	567	Telmo Santos	Blackbulls/CNI/Pousadinha	01:23:18	+33:47	06:57	
150	641	Hermínio Almeida	GRVilaverdense	01:23:26	+33:55	06:57	
151	795	Ricardo Mingatos	RM RUNNERS	01:23:47	+34:16	06:59	
152	617	Marisa Sardão	Gatões BTT	01:23:48	+34:17	06:59	
153	621	Nuno Gonçalo Mendes Queda	Gatões BTT	01:23:49	+34:18	06:59	
154	610	Anabela Reis	Eu & Tu	01:23:51	+34:20	06:59	
155	740	Filipe Ricardo Da Costa	Individual	01:24:04	+34:33	07:00	
156	537	Sónia Conceição	Ameal Trail	01:24:13	+34:42	07:01	
157	812	Rosália Duarte	Soure Mov	01:24:20	+34:49	07:02	
158	748	Pedro Miguel Ribeiro Lavrador	Individual	01:24:23	+34:52	07:02	
159	580	Alexandre Oliveira	Domus Trail	01:24:35	+35:04	07:03	
160	534	Filipa Rodrigues	Ameal Trail	01:24:45	+35:14	07:04	
161	543	Sérgio Leite	Ameal Trail	01:24:45	+35:14	07:04	
162	747	Pedro Carvalho	Individual	01:24:56	+35:25	07:05	
163	791	Alexandre Pinho	PINHO AGRICOLA	01:25:01	+35:30	07:05	
164	792	Marcio Filipe Ferreira de Carvalho	PINHO AGRICOLA	01:25:06	+35:35	07:05	
165	517	Rui Marques	ACDRS QUINHENDROS	01:25:07	+35:36	07:06	
166	651	Joana Rodrigues	Individual	01:25:08	+35:37	07:06	
167	679	Laura Loução dos Santos	Individual	01:25:10	+35:39	07:06	
168	726	Jhonny Ribeiro	Individual	01:25:27	+35:56	07:07	
169	505	Vânia Gonçalo	Academia de Desportos de Condeixa	01:25:37	+36:06	07:08	
170	600	Juan Pato	Domus Trail	01:25:43	+36:12	07:09	
171	585	Patricia Jesus Santos	Domus Trail	01:25:51	+36:20	07:09	
172	836	Jorge Manuel de Jesus Perdigão	Unidos Run Team	01:25:53	+36:22	07:09	
173	584	Carla Cristina Domingues Prina	Domus Trail	01:25:54	+36:23	07:10	
174	728	José Mário Costa Marques	Individual	01:26:15	+36:44	07:11	
175	850	Jacinto Loureiro	Individual	01:26:21	+36:50	07:12	
176	642	Pedro Lopes	GRVilaverdense	01:26:22	+36:51	07:12	
177	675	Gonçalo Almeida Rodrigues	Individual	01:26:28	+36:57	07:12	
178	838	Inês Oliveira Santos	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	01:26:33	+37:02	07:13	
179	689	Isabel Rocha	Individual	01:26:47	+37:16	07:14	
180	820	Luísa Mota	TREPANELAS/PRIFER	01:26:51	+37:20	07:14	

12KM - STAGE 1

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
181	564	Sandra Angelo	ASSSCC -AR Livre e Aventura	01:26:55	+37:24	07:15	
182	818	André Martins	Ten Team	01:27:04	+37:33	07:15	
183	729	Paulo Cruz	Individual	01:27:09	+37:38	07:16	
184	645	Catarina Rodrigues	Individual	01:27:15	+37:44	07:16	
185	665	João Rosas	Individual	01:27:15	+37:44	07:16	
186	757	Luís Lourenço	Individual	01:27:22	+37:51	07:17	
187	727	JORGE ALEXANDER FERREIRA SERENO	Individual	01:27:22	+37:51	07:17	
188	828	Carine Oliveira Loureiro	Unidos Run Team	01:27:24	+37:53	07:17	
189	615	Marta Falcão	Gatões BTT	01:27:55	+38:24	07:20	
190	735	Tiago Cruz Janicas	Individual	01:28:04	+38:33	07:20	
191	13	André Acúrcio	Atletismo Clube da Tocha	01:28:11	+38:40	07:21	
192	14	Tânia Rodrigues	Atletismo Clube da Tocha	01:28:11	+38:40	07:21	
193	774	Jean Rocha	JuveRunTeam	01:28:17	+38:46	07:21	
194	609	António Fonseca	Domus Trail	01:28:19	+38:48	07:22	
195	574	Vasco Manuel de Campos Figueiredo	CAOH - Clube Atlético de Oliveira do Hospital	01:28:51	+39:20	07:24	
196	616	Carina Jordão	Gatões BTT	01:28:51	+39:20	07:24	
197	602	Nuno Lage	Domus Trail	01:29:02	+39:31	07:25	
198	786	Frederico da Costa Barros	Os Pikachus	01:29:50	+40:19	07:29	
199	787	Nuno Rafael Gonçalves de Oliveira	Os Pikachus	01:29:50	+40:19	07:29	
200	811	Alda Santos	Soure Mov	01:29:59	+40:28	07:30	
201	671	Rafael Pereira	Individual	01:30:02	+40:31	07:30	
202	722	Diogo Tavares	Individual	01:30:23	+40:52	07:32	
203	657	Marta Ferreira	Individual	01:30:33	+41:02	07:33	
204	770	Carlos Oliveira	J C T	01:30:34	+41:03	07:33	
205	708	José Gil Andraxe	Individual	01:30:43	+41:12	07:34	
206	823	Marta Rodrigues	Trilhos da baga/ K run team	01:30:50	+41:19	07:34	
207	568	Bruno Craveiro	Botão Camp	01:30:55	+41:24	07:35	
208	521	Rafael Cardoso	ACR Running Team	01:30:55	+41:24	07:35	
209	525	Tiago de Jesus Lopes	ACR Running Team	01:30:57	+41:26	07:35	
210	852	Tomás Martins	Unidos Run Team	01:30:58	+41:27	07:35	
211	776	Celso Alves	JuveRunTeam	01:31:06	+41:35	07:35	
212	594	Bruno Rama	Domus Trail	01:31:16	+41:45	07:36	
213	571	Anabela Dinis Tavares Figueiredo	CAOH - Clube Atlético de Oliveira do Hospital	01:31:20	+41:49	07:37	
214	796	Raquel Caracitas	RUNNING4FUN Team Viseu	01:31:56	+42:25	07:40	
215	782	Manuela Pereira	NEXEBRA TRAIL TEAM	01:32:11	+42:40	07:41	
216	753	Carlos Manuel Ribeiro Lourenço	Individual	01:32:20	+42:49	07:42	
217	684	Ivete Marques	Individual	01:32:29	+42:58	07:42	
218	509	Marisol Simões	ACDRS QUINHENDROS	01:32:31	+43:00	07:43	
219	733	Ricardo Simões	Individual	01:32:33	+43:02	07:43	
220	688	Helena Pires	Individual	01:32:35	+43:04	07:43	
221	685	Lucia silva	Individual	01:32:56	+43:25	07:45	
222	589	Sara Cardoso	Domus Trail	01:32:56	+43:25	07:45	
223	592	Oriana Dias	Domus Trail	01:33:01	+43:30	07:45	
224	808	Beatriz Pedro	Soure Mov	01:33:32	+44:01	07:48	
225	632	Fátima Oliveira	GRVilaverdense	01:33:38	+44:07	07:48	

12KM - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
226	824	Marco Santos	Trilhos da baga/ K run team	01:33:56	+44:25	07:50	
227	822	Márcia Lameira	Trilhos da baga/ K run team	01:34:06	+44:35	07:51	
228	667	Jorge Jesus	Individual	01:34:28	+44:57	07:52	
229	538	Ana Lucas	Ameal Trail	01:34:44	+45:13	07:54	
230	673	Maria Leonor Lavrador Martinho	Individual	01:34:55	+45:24	07:55	
231	843	PATRICIA SIMOES	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	01:35:38	+46:07	07:58	
232	793	Joana Rodrigues	RM RUNNERS	01:35:38	+46:07	07:58	
233	658	Pureza Anjos	Individual	01:35:52	+46:21	07:59	
234	558	Moisés Nunes	ARSM - Associação Recreativa de S. Miguel	01:35:53	+46:22	07:59	
235	742	Hugo Martinho	Individual	01:36:28	+46:57	08:02	
236	842	Mariana Fernandes	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	01:36:51	+47:20	08:04	
237	650	Inês Camarinha	Individual	01:36:59	+47:28	08:05	
238	659	Rafaela Mendes Lapo	ACDRS QUINHENDROS	01:37:01	+47:30	08:05	
239	694	Catarina Neves	Individual	01:37:05	+47:34	08:05	
240	654	Lauren Martinho	Individual	01:37:10	+47:39	08:06	
241	674	Matilde Lapo	ACDRS QUINHENDROS	01:37:13	+47:42	08:06	
242	593	Maria Mesquita	Domus Trail	01:37:59	+48:28	08:10	
243	603	Rui Felix	Domus Trail	01:38:24	+48:53	08:12	
244	623	Isabel Gomes	GRVilaverdense	01:38:33	+49:02	08:13	
245	526	André Miguel Branco de Almeida	ACR Running Team	01:39:26	+49:55	08:17	
246	855	Carolina Eva	Domus Trail	01:39:38	+50:07	08:18	
247	854	Sérgio Basilio	Individual	01:39:47	+50:16	08:19	
248	682	Carla Susana Rodrigues Miranda	Individual	01:40:49	+51:18	08:24	
249	588	Joana Mesquita	Domus Trail	01:41:10	+51:39	08:26	
250	527	Carlos Saramago	ACR Running Team	01:41:16	+51:45	08:26	
251	652	Joana Serafim	Individual	01:41:43	+52:12	08:29	
252	661	Bruno Silva	Individual	01:41:43	+52:12	08:29	
253	559	Pedro Luís Ramos Marques	ASCDR LEITÕES	01:41:43	+52:12	08:29	
254	677	Joao Tomas Picado Braga	Individual	01:42:01	+52:30	08:30	
255	697	Sandrine Matias	Individual	01:42:43	+53:12	08:34	
256	725	Hugo Laranjeira	Individual	01:42:51	+53:20	08:34	
257	781	Luísa Aveiro	Montanha Clube Trail Running /Efapel	01:43:08	+53:37	08:36	
258	676	João Pedro Maltez	Individual	01:43:26	+53:55	08:37	
259	655	Liliana Colaço	Individual	01:43:29	+53:58	08:37	
260	536	Rita Santos	Ameal Trail	01:43:45	+54:14	08:39	
261	624	José Gomes	Grupo BTT de Manteigas	01:44:45	+55:14	08:44	
262	756	Joao Picado	Individual	01:45:20	+55:49	08:47	
263	519	Ana Rita Lourenço	ACR Running Team	01:45:20	+55:49	08:47	
264	514	Inácio Faísca	ACDRS QUINHENDROS	01:45:20	+55:49	08:47	
265	598	João dos Santos	Domus Trail	01:45:21	+55:50	08:47	
266	662	Carlos Rasga	Individual	01:45:27	+55:56	08:47	
267	618	Patrícia Falcão	Gatões BTT	01:46:39	+57:08	08:53	
268	506	Lina Maria Oliveira lapo Silva	Academia de Desportos de Condeixa	01:47:09	+57:38	08:56	
269	788	Fernando Gabriel Teixeira Neves	Os Pikachus	01:47:10	+57:39	08:56	
270	653	Kamila Moura	Individual	01:47:20	+57:49	08:57	
271	814	Dina Maria Neves da Silva Oliveira	Tainadas Run Team	01:47:51	+58:20	08:59	

12KM - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
272	591	Sónia Cardoso	Domus Trail	01:48:29	+58:58	09:02	
273	599	João Henriques	Domus Trail	01:48:29	+58:58	09:02	
274	565	Luisa santos	ASSSCC -AR Livre e Aventura	01:49:45	+01:00:14	09:09	
275	762	Artur Armando Almeida Capeloa	Individual	01:50:22	+01:00:51	09:12	
276	701	Teresa Manuela Lopes Silva	Individual	01:50:24	+01:00:53	09:12	
277	804	Raquel Ruiz	Siga Trilhos	01:50:29	+01:00:58	09:12	
278	830	Nohélia Cartaxo	Unidos Run Team	01:50:34	+01:01:03	09:13	
279	766	Licínio Manco	Individual	01:51:13	+01:01:42	09:16	
280	704	Maria Isabel Maltez	Individual	01:51:27	+01:01:56	09:17	
281	587	Edite Terrível Inocêncio	Domus Trail	01:51:43	+01:02:12	09:19	
282	597	Gonçalo Santos	Domus Trail	01:52:15	+01:02:44	09:21	
283	627	Alexandre Gomes	Grupo BTT de Manteigas	01:53:07	+01:03:36	09:26	
284	691	Olga Fernandes	Individual	01:53:08	+01:03:37	09:26	
285	692	Patrícia Almeida	Individual	01:53:08	+01:03:37	09:26	
286	636	Fátima Cabeço	GRVilaverdense	01:53:10	+01:03:39	09:26	
287	644	Andreia Simões	Individual	01:53:36	+01:04:05	09:28	
288	670	Marcos André dos Santos Barreira	Individual	01:55:41	+01:06:10	09:38	
289	648	Fabiana Couto	Individual	01:56:05	+01:06:34	09:40	
290	695	Lurdes Antunes	Individual	01:56:12	+01:06:41	09:41	
291	693	Vera Raposo	Individual	01:56:13	+01:06:42	09:41	
292	767	Luiz Filipe Francisco	Individual	01:57:10	+01:07:39	09:46	
293	639	Paulo Veríssimo	GRVilaverdense	02:00:52	+01:11:21	10:04	
294	683	Carmen Mendes	Individual	02:03:16	+01:13:45	10:16	
295	545	José Pedro Gonçalves	Ameal Trail	02:06:33	+01:17:02	10:33	
296	535	Filipa Duarte	Ameal Trail	02:06:33	+01:17:02	10:33	
297	546	Nuno Afonso Soares Cortesão	Ameal Trail	02:06:34	+01:17:03	10:33	
298	832	Carla Santos	Unidos Run Team	02:06:45	+01:17:14	10:34	
299	831	Sarah Loureiro	Unidos Run Team	02:06:46	+01:17:15	10:34	
300	634	Fernanda Freitas	GRVilaverdense	02:10:20	+01:20:49	10:52	
301	643	José Guerra	GRVilaverdense	02:10:21	+01:20:50	10:52	
302	631	Catarina Freitas	GRVilaverdense	02:10:21	+01:20:50	10:52	
303	686	Susete Freitas	Individual	02:12:19	+01:22:48	11:02	
304	734	Richard Antonio	Individual	02:12:20	+01:22:49	11:02	
305	835	Salomé Domingues	Unidos Run Team	02:12:24	+01:22:53	11:02	
306	690	Lúcia Simões	Individual	02:12:25	+01:22:54	11:02	
307	607	Carlos Alberto Maranhão	Domus Trail	02:14:32	+01:25:01	11:13	
308	586	Andreia Miguelo	Domus Trail	02:14:36	+01:25:05	11:13	
309	590	DANIELA CARDOSO	Domus Trail	02:14:47	+01:25:16	11:14	
310	829	Margarida Perdigão	Unidos Run Team	02:20:18	+01:30:47	11:41	
311	851	Silvia Martins	Unidos Run Team	02:20:18	+01:30:47	11:42	
312	834	Susana Fernandes	Unidos Run Team	02:20:18	+01:30:47	11:42	
313	853	Tomas Martins	Unidos Run Team	02:20:42	+01:31:11	11:43	
314	702	Ana Laranjeiro	Individual	02:21:09	+01:31:38	11:46	
315	700	Raquel Susana Costa Monteiro	Individual	02:21:12	+01:31:41	11:46	
316	699	Lucy Alcatrão	Individual	02:21:22	+01:31:51	11:47	
317	672	Tiago Alexandre Pires Calado	Individual	02:23:33	+01:34:02	11:58	

12KM - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
318	522	Calixte Domingues	ACR Running Team	02:23:37	+01:34:06	11:58	

Trail Terras da Gândara 2024

Mira, PT

23-junho-2024

12KM

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	-99ºC	-99%
End	12:06	-99ºC	-99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	771	Patrícia Francisco	JuveRunTeam	Senior Feminino	01:13:36		06:08
2	508	Jessica Lopes	ACDRS QUINHENDROS	Senior Feminino	01:16:29	+02:52	06:22
3	837	Goreti Gaudêncio	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Feminino	01:18:47	+05:11	06:34
4	651	Joana Rodrigues	Individual	Senior Feminino	01:25:08	+11:32	07:06
5	838	Inês Oliveira Santos	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Feminino	01:26:33	+12:57	07:13
6	645	Catarina Rodrigues	Individual	Senior Feminino	01:27:15	+13:38	07:16
7	615	Marta Falcão	Gatões BTT	Senior Feminino	01:27:55	+14:18	07:20
8	657	Marta Ferreira	Individual	Senior Feminino	01:30:33	+16:57	07:33
9	796	Raquel Caracitas	RUNNING4FUN Team Viseu	Senior Feminino	01:31:56	+18:20	07:40
10	782	Manuela Pereira	NEXEBRA TRAIL TEAM	Senior Feminino	01:32:11	+18:34	07:41
11	808	Beatriz Pedro	Soure Mov	Senior Feminino	01:33:32	+19:55	07:48
12	658	Pureza Anjos	Individual	Senior Feminino	01:35:52	+22:16	07:59
13	650	Inês Camarinha	Individual	Senior Feminino	01:36:59	+23:23	08:05
14	659	Rafaela Mendes Lapo	ACDRS QUINHENDROS	Senior Feminino	01:37:01	+23:24	08:05
15	654	Lauren Martinho	Individual	Senior Feminino	01:37:10	+23:33	08:06
16	652	Joana Serafim	Individual	Senior Feminino	01:41:43	+28:06	08:29
17	655	Liliana Colaço	Individual	Senior Feminino	01:43:29	+29:52	08:37
18	519	Ana Rita Lourenço	ACR Running Team	Senior Feminino	01:45:20	+31:44	08:47
19	653	Kamila Moura	Individual	Senior Feminino	01:47:20	+33:43	08:57
20	804	Raquel Ruiz	Siga Trilhos	Senior Feminino	01:50:29	+36:52	09:12
21	644	Andreia Simões	Individual	Senior Feminino	01:53:36	+39:59	09:28
22	648	Fabiana Couto	Individual	Senior Feminino	01:56:05	+42:29	09:40

Senior Masculino

1	501	Nuno Tavares	A.R.Casaense/Escola de Atletismo de Coimbra	Senior Masculino	51:08		04:16
2	561	Nelson Heleno	ASSSCC -AR Livre e Aventura	Senior Masculino	53:50	+02:41	04:29
3	628	Diogo Oliveira	Grupo Desportivo Ferreirense	Senior Masculino	56:41	+05:33	04:43
4	581	David Pinho	Domus Trail	Senior Masculino	59:09	+08:00	04:56
5	533	Telmo Santos	Ameal Trail	Senior Masculino	59:42	+08:33	04:58
6	840	Diogo Filipe Oliveira Alves	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	01:03:05	+11:57	05:15
7	577	Edgar Simões	CLTT - Clinica Litoralis Trail Team	Senior Masculino	01:03:50	+12:41	05:19
8	857	Pedro Ferreira	Individual	Senior Masculino	01:05:05	+13:57	05:25
9	785	Ruben Moreira	Oiãrunners	Senior Masculino	01:06:24	+15:15	05:32
10	583	Paulo Jesus	Domus Trail	Senior Masculino	01:08:41	+17:33	05:43
11	797	Hugo Bastos	RUNNING4FUN Team Viseu	Senior Masculino	01:09:26	+18:17	05:47

12	666	Jorge Castelhano	Individual	Senior Masculino	01:09:39	+18:31	05:48
13	532	Miguel Ângelo	Ameal Trail	Senior Masculino	01:10:25	+19:17	05:52
14	669	Luis Pires	Individual	Senior Masculino	01:11:38	+20:29	05:58
15	809	Marcelo Santiago	Soure Mov	Senior Masculino	01:12:36	+21:28	06:03
16	664	João Carlos Rua Castelhano	Individual	Senior Masculino	01:13:42	+22:34	06:09
17	772	João Caetano	JuveRunTeam	Senior Masculino	01:15:45	+24:36	06:19
18	660	Bruno Rosas	Individual	Senior Masculino	01:15:50	+24:42	06:19
19	551	Jorge Fernandes	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	01:16:28	+25:20	06:22
20	805	RICARDO CARDOSO	Siga Trilhos	Senior Masculino	01:17:34	+26:25	06:28
21	841	Joni Oliveira	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	01:19:32	+28:23	06:38
22	560	Brian Ferreira	ASSSCC -AR Livre e Aventura	Senior Masculino	01:20:34	+29:26	06:43
23	582	João da Silva	Domus Trail	Senior Masculino	01:21:30	+30:22	06:47
24	567	Telmo Santos	Blackbulls/CNI/Pousadinha	Senior Masculino	01:23:18	+32:10	06:57
25	580	Alexandre Oliveira	Domus Trail	Senior Masculino	01:24:35	+33:26	07:03
26	665	João Rosas	Individual	Senior Masculino	01:27:15	+36:07	07:16
27	13	André Acúrcio	Atletismo Clube da Tocha	Senior Masculino	01:28:11	+37:03	07:21
28	671	Rafael Pereira	Individual	Senior Masculino	01:30:02	+38:54	07:30
29	521	Rafael Cardoso	ACR Running Team	Senior Masculino	01:30:55	+39:47	07:35
30	667	Jorge Jesus	Individual	Senior Masculino	01:34:28	+43:20	07:52
31	661	Bruno Silva	Individual	Senior Masculino	01:41:43	+50:35	08:29
32	559	Pedro Luís Ramos Marques	ASCDR LEITÕES	Senior Masculino	01:41:43	+50:35	08:29
33	662	Carlos Rasga	Individual	Senior Masculino	01:45:27	+54:18	08:47
34	670	Marcos André dos Santos Barreira	Individual	Senior Masculino	01:55:41	+01:04:32	09:38
35	546	Nuno Afonso Soares Cortesão	Ameal Trail	Senior Masculino	02:06:34	+01:15:25	10:33
36	672	Tiago Alexandre Pires Calado	Individual	Senior Masculino	02:23:33	+01:32:25	11:58

Sub 18 Feminino

1	673	Maria Leonor Lavrador Martinho	Individual	Sub 18 Feminino	01:34:55		07:55
2	674	Matilde Lapo	ACDRS QUINHENDROS	Sub 18 Feminino	01:37:13	+02:17	08:06
3	855	Carolina Eva	Domus Trail	Sub 18 Feminino	01:39:38	+04:42	08:18

Sub 18 Masculino

1	504	Miguel Pinão	Academia de Desportos de Condeixa	Sub 18 Masculino	01:06:09		05:31
2	503	Duarte Almeida	Academia de Desportos de Condeixa	Sub 18 Masculino	01:06:43	+00:34	05:34
3	789	Gabriel Pinho	PINHO AGRICOLA	Sub 18 Masculino	01:16:49	+10:40	06:24
4	790	Joao Diogo Pinho	PINHO AGRICOLA	Sub 18 Masculino	01:16:52	+10:43	06:24
5	678	Salvador Tavares	Individual	Sub 18 Masculino	01:23:02	+16:53	06:55
6	827	Gustavo Oliveira Simões	Unidos Run Team	Sub 18 Masculino	01:23:17	+17:08	06:56
7	675	Gonçalo Almeida Rodrigues	Individual	Sub 18 Masculino	01:26:28	+20:19	07:12
8	852	Tomás Martins	Unidos Run Team	Sub 18 Masculino	01:30:58	+24:49	07:35
9	677	Joao Tomas Picado Braga	Individual	Sub 18 Masculino	01:42:01	+35:52	08:30

10	676	João Pedro Maltez	Individual	Sub 18 Masculino	01:43:26	+37:17	08:37
11	624	José Gomes	Grupo BTT de Manteigas	Sub 18 Masculino	01:44:45	+38:36	08:44
12	853	Tomas Martins	Unidos Run Team	Sub 18 Masculino	02:20:42	+01:14:32	11:43

Sub 23 Feminino

1	679	Laura Loução dos Santos	Individual	Sub 23 Feminino	01:25:10		07:06
2	842	Mariana Fernandes	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Sub 23 Feminino	01:36:51	+11:41	08:04

Sub 23 Masculino

1	681	Pedro Santos	Individual	Sub 23 Masculino	01:09:17		05:46
2	680	Gonçalo Simões Pandeirada	Individual	Sub 23 Masculino	01:13:04	+03:46	06:05
3	522	Calixte Domingues	ACR Running Team	Sub 23 Masculino	02:23:37	+01:14:19	11:58

Veterana F35

1	816	Teresa Pinho	Tainadas Run Team - Somengil	Veterana F35	01:16:14		06:21
2	534	Filipa Rodrigues	Ameal Trail	Veterana F35	01:24:45	+08:30	07:04
3	585	Patricia Jesus Santos	Domus Trail	Veterana F35	01:25:51	+09:36	07:09
4	584	Carla Cristina Domingues Prina	Domus Trail	Veterana F35	01:25:54	+09:39	07:10
5	14	Tânia Rodrigues	Atletismo Clube da Tocha	Veterana F35	01:28:11	+11:57	07:21
6	616	Carina Jordão	Gatões BTT	Veterana F35	01:28:51	+12:36	07:24
7	684	Ivete Marques	Individual	Veterana F35	01:32:29	+16:15	07:42
8	509	Marisol Simões	ACDRS QUINHENDROS	Veterana F35	01:32:31	+16:16	07:43
9	685	Lucia silva	Individual	Veterana F35	01:32:56	+16:41	07:45
10	682	Carla Susana Rodrigues Miranda	Individual	Veterana F35	01:40:49	+24:34	08:24
11	683	Carmen Mendes	Individual	Veterana F35	02:03:16	+47:01	10:16
12	686	Susete Freitas	Individual	Veterana F35	02:12:19	+56:04	11:02

Veterana F40

1	563	Catarina Marques	ASSSCC -AR Livre e Aventura	Veterana F40	01:09:35		05:48
2	562	Carla Henriques	ASSSCC -AR Livre e Aventura	Veterana F40	01:15:50	+06:15	06:19
3	687	Dora Silva	Individual	Veterana F40	01:19:59	+10:23	06:40
4	617	Marisa Sardão	Gatões BTT	Veterana F40	01:23:48	+14:13	06:59
5	537	Sónia Conceição	Ameal Trail	Veterana F40	01:24:13	+14:38	07:01
6	505	Vânia Gonçalo	Academia de Desportos de Condeixa	Veterana F40	01:25:37	+16:02	07:08
7	689	Isabel Rocha	Individual	Veterana F40	01:26:47	+17:11	07:14
8	820	Luísa Mota	TREPANELAS/PRIFER	Veterana F40	01:26:51	+17:15	07:14
9	828	Carine Oliveira Loureiro	Unidos Run Team	Veterana F40	01:27:24	+17:48	07:17
10	823	Marta Rodrigues	Trilhos da baga/ K run team	Veterana F40	01:30:50	+21:14	07:34
11	688	Helena Pires	Individual	Veterana F40	01:32:35	+23:00	07:43

12KM

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

12	589	Sara Cardoso	Domus Trail	Veterana F40	01:32:56	+23:20	07:45
13	822	Márcia Lameira	Trilhos da baga/ K run team	Veterana F40	01:34:06	+24:31	07:51
14	843	PATRICIA SIMOES	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterana F40	01:35:38	+26:03	07:58
15	793	Joana Rodrigues	RM RUNNERS	Veterana F40	01:35:38	+26:03	07:58
16	588	Joana Mesquita	Domus Trail	Veterana F40	01:41:10	+31:34	08:26
17	536	Rita Santos	Ameal Trail	Veterana F40	01:43:45	+34:09	08:39
18	618	Patrícia Falcão	Gatões BTT	Veterana F40	01:46:39	+37:04	08:53
19	830	Nohélia Cartaxo	Unidos Run Team	Veterana F40	01:50:34	+40:58	09:13
20	587	Edite Terrível Inocêncio	Domus Trail	Veterana F40	01:51:43	+42:07	09:19
21	691	Olga Fernandes	Individual	Veterana F40	01:53:08	+43:32	09:26
22	692	Patrícia Almeida	Individual	Veterana F40	01:53:08	+43:32	09:26
23	693	Vera Raposo	Individual	Veterana F40	01:56:13	+46:37	09:41
24	535	Filipa Duarte	Ameal Trail	Veterana F40	02:06:33	+56:58	10:33
25	831	Sarah Loureiro	Unidos Run Team	Veterana F40	02:06:46	+57:10	10:34
26	631	Catarina Freitas	GRVilaverdense	Veterana F40	02:10:21	+01:00:45	10:52
27	690	Lúcia Simões	Individual	Veterana F40	02:12:25	+01:02:49	11:02
28	586	Andreia Miguelo	Domus Trail	Veterana F40	02:14:36	+01:05:00	11:13
29	829	Margarida Perdigão	Unidos Run Team	Veterana F40	02:20:18	+01:10:42	11:41
30	851	Silvia Martins	Unidos Run Team	Veterana F40	02:20:18	+01:10:43	11:42

Veterana F45

1	844	VERA GORDO	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterana F45	01:16:05		06:20
2	856	Maria Alexandra Maia	GRVilaverdense	Veterana F45	01:18:32	+02:26	06:33
3	813	Suzana Leitão	Domus Trail	Veterana F45	01:19:31	+03:25	06:38
4	780	Elisabete Maria de Almeida Ferreira	Montanha Clube Trail Running /Efapel	Veterana F45	01:20:11	+04:05	06:41
5	810	Marta Serralheiro	Soure Mov	Veterana F45	01:20:46	+04:40	06:44
6	550	Suzana Santo	Arcd Venda Da Luísa	Veterana F45	01:21:25	+05:19	06:47
7	610	Anabela Reis	Eu & Tu	Veterana F45	01:23:51	+07:45	06:59
8	564	Sandra Angelo	ASSSCC -AR Livre e Aventura	Veterana F45	01:26:55	+10:49	07:15
9	571	Anabela Dinis Tavares Figueiredo	CAOH - Clube Atlético de Oliveira do Hospital	Veterana F45	01:31:20	+15:14	07:37
10	632	Fátima Oliveira	GRVilaverdense	Veterana F45	01:33:38	+17:32	07:48
11	538	Ana Lucas	Ameal Trail	Veterana F45	01:34:44	+18:38	07:54
12	694	Catarina Neves	Individual	Veterana F45	01:37:05	+20:59	08:05
13	697	Sandrine Matias	Individual	Veterana F45	01:42:43	+26:37	08:34
14	814	Dina Maria Neves da Silva Oliveira	Tainadas Run Team	Veterana F45	01:47:51	+31:45	08:59
15	591	Sónia Cardoso	Domus Trail	Veterana F45	01:48:29	+32:23	09:02
16	695	Lurdes Antunes	Individual	Veterana F45	01:56:12	+40:07	09:41
17	832	Carla Santos	Unidos Run Team	Veterana F45	02:06:45	+50:39	10:34
18	590	DANIELA CARDOSO	Domus Trail	Veterana F45	02:14:47	+58:41	11:14
19	834	Susana Fernandes	Unidos Run Team	Veterana F45	02:20:18	+01:04:12	11:42

12KM **12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F50

1	798	Celina Dias	RUNNING4FUN Team Viseu	Veterana F50	01:13:30		06:07
2	635	Teresa Rosa	GRVilaverdense	Veterana F50	01:15:17	+01:47	06:16
3	553	Lígia Coelho	ARSM - Associação Recreativa de S. Miguel	Veterana F50	01:17:11	+03:41	06:26
4	811	Alda Santos	Soure Mov	Veterana F50	01:29:59	+16:29	07:30
5	592	Oriana Dias	Domus Trail	Veterana F50	01:33:01	+19:31	07:45
6	781	Luísa Aveiro	Montanha Clube Trail Running /Efapel	Veterana F50	01:43:08	+29:38	08:36
7	565	Luisa santos	ASSSCC -AR Livre e Aventura	Veterana F50	01:49:45	+36:15	09:09
8	701	Teresa Manuela Lopes Silva	Individual	Veterana F50	01:50:24	+36:54	09:12
9	634	Fernanda Freitas	GRVilaverdense	Veterana F50	02:10:20	+56:50	10:52
10	700	Raquel Susana Costa Monteiro	Individual	Veterana F50	02:21:12	+01:07:42	11:46
11	699	Lucy Alcatrão	Individual	Veterana F50	02:21:22	+01:07:52	11:47

Veterana F55

1	812	Rosália Duarte	Soure Mov	Veterana F55	01:24:20		07:02
2	593	Maria Mesquita	Domus Trail	Veterana F55	01:37:59	+13:39	08:10
3	623	Isabel Gomes	GRVilaverdense	Veterana F55	01:38:33	+14:13	08:13
4	506	Lina Maria Oliveira lapo Silva	Academia de Desportos de Condeixa	Veterana F55	01:47:09	+22:48	08:56
5	704	Maria Isabel Maltez	Individual	Veterana F55	01:51:27	+27:06	09:17
6	636	Fátima Cabeço	GRVilaverdense	Veterana F55	01:53:10	+28:49	09:26
7	835	Salomé Domingues	Unidos Run Team	Veterana F55	02:12:24	+48:04	11:02
8	702	Ana Laranjeiro	Individual	Veterana F55	02:21:09	+56:48	11:46

Veterano M35

1	716	Tiago Lopes	ATLETISMO CLUB DA TOCHA	Veterano M35	51:47		04:19
2	784	andre silva	NS TRAIL TEAM	Veterano M35	55:02	+03:14	04:35
3	707	Gonçalo Marques	Individual	Veterano M35	58:46	+06:58	04:54
4	539	Ricardo Silva	Ameal Trail	Veterano M35	01:02:57	+11:09	05:15
5	619	Nuno Bugalho	Gatões BTT	Veterano M35	01:03:39	+11:51	05:18
6	783	Ricardo Lopes	NEXEBRA TRAIL TEAM	Veterano M35	01:04:33	+12:45	05:23
7	711	Luís Pedro Mota	Individual	Veterano M35	01:04:40	+12:52	05:23
8	712	Nelson Fernandes Barros Pedrogam	Individual	Veterano M35	01:05:50	+14:02	05:29
9	715	Tiago Gandarez	Individual	Veterano M35	01:06:23	+14:35	05:32
10	572	Paulo Nunes	CAOH - Clube Atlético de Oliveira do Hospital	Veterano M35	01:06:33	+14:45	05:33
11	524	David Rocha	ACR Running Team	Veterano M35	01:08:18	+16:30	05:42
12	710	Luís Gonçalves	Individual	Veterano M35	01:09:29	+17:41	05:47
13	775	Juan Jesus	JuveRunTeam	Veterano M35	01:09:33	+17:45	05:48
14	569	Bruno Ferreira	Bustos Runners	Veterano M35	01:09:51	+18:03	05:49
15	595	Nuno Manco	Domus Trail	Veterano M35	01:11:07	+19:19	05:56
16	713	Pedro Caniceiro	Individual	Veterano M35	01:16:17	+24:29	06:21

17	554	Márcio Silva	ARSM - Associação Recreativa de S. Miguel	Veterano M35	01:16:28	+24:40	06:22
18	709	Luís Andrade	Individual	Veterano M35	01:17:05	+25:17	06:25
19	566	José Mendes	ASSSCC -AR Livre e Aventura	Veterano M35	01:17:13	+25:25	06:26
20	817	Tiago Neto	Ten Team	Veterano M35	01:17:16	+25:28	06:26
21	576	José Quinta	CDCamarneira	Veterano M35	01:18:47	+26:59	06:34
22	845	Pedro Almeida	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterano M35	01:19:33	+27:45	06:38
23	706	Carlos Serna	Individual	Veterano M35	01:19:39	+27:51	06:38
24	629	André Santos	Grupo Desportivo Ferreirense	Veterano M35	01:19:48	+28:00	06:39
25	773	Jason Santos	JuveRunTeam	Veterano M35	01:19:54	+28:06	06:40
26	625	José Neves	Grupo BTT de Manteigas	Veterano M35	01:19:57	+28:09	06:40
27	799	Luis Dias	RUNNING4FUN Team Viseu	Veterano M35	01:21:15	+29:27	06:46
28	718	Tiago Pita	Individual	Veterano M35	01:22:47	+30:59	06:54
29	774	Jean Rocha	JuveRunTeam	Veterano M35	01:28:17	+36:29	07:21
30	786	Frederico da Costa Barros	Os Pikachus	Veterano M35	01:29:50	+38:02	07:29
31	708	José Gil Andraxe	Individual	Veterano M35	01:30:43	+38:55	07:34
32	594	Bruno Rama	Domus Trail	Veterano M35	01:31:16	+39:28	07:36

Veterano M40

1	801	Sérgio Manito	Saca Trilhos Anadia	Veterano M40	51:13		04:16
2	573	Hélder Fernando da Silva Isidoro	CAOH - Clube Atlético de Oliveira do Hospital	Veterano M40	52:56	+01:42	04:25
3	732	Ricardo Silva	Individual	Veterano M40	55:12	+03:58	04:36
4	620	Jorge Simões	Gatões BTT	Veterano M40	57:23	+06:09	04:47
5	794	André Assena	RM RUNNERS	Veterano M40	59:47	+08:33	04:59
6	510	Igor Neves	ACDRS QUINHENDROS	Veterano M40	01:00:10	+08:57	05:01
7	578	Marco Silva	CLUBE ATLETISMO OVAR	Veterano M40	01:01:25	+10:11	05:07
8	731	Ricardo Rumor	Individual	Veterano M40	01:01:39	+10:25	05:08
9	730	Pedro Cardoso	Individual	Veterano M40	01:01:45	+10:31	05:09
10	719	Artur Alexandre Castro Ribeiro	Individual	Veterano M40	01:02:27	+11:13	05:12
11	723	Gonçalo Gonçalves	Individual	Veterano M40	01:04:46	+13:32	05:24
12	540	Carlos Ferreira	Ameal Trail	Veterano M40	01:04:50	+13:36	05:24
13	541	Jorge Lestro	Ameal Trail	Veterano M40	01:04:54	+13:40	05:25
14	638	Nuno Gois	GRVilaverdense	Veterano M40	01:05:32	+14:18	05:28
15	721	Bruno Miguel Silva Oliveira Santos	Individual	Veterano M40	01:06:51	+15:37	05:34
16	511	Tiago Simões	ACDRS QUINHENDROS	Veterano M40	01:08:23	+17:09	05:42
17	720	Bruno Cartaxo	Individual	Veterano M40	01:08:25	+17:11	05:42
18	846	Remi Ribeiro Alves	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterano M40	01:10:10	+18:56	05:51
19	737	Vasco Azenha	Individual	Veterano M40	01:11:11	+19:57	05:56
20	630	Ricardo Manuel Santos Pereira	Grupo Desportivo Ferreirense	Veterano M40	01:12:11	+20:57	06:01
21	637	Celso Ferreira	GRVilaverdense	Veterano M40	01:13:26	+22:12	06:07
22	821	Leandro Barros	TREPANELAS/PRIFER	Veterano M40	01:14:10	+22:56	06:11
23	596	Georges Pató	Domus Trail	Veterano M40	01:14:24	+23:10	06:12
24	736	Tiago Patrão	RM RUNNERS	Veterano M40	01:15:40	+24:26	06:18

25	601	Norberto Santos	Domus Trail	Veterano M40	01:18:33	+27:20	06:33
26	579	Ricardo Melinda	CLUBE ATLETISMO OVAR	Veterano M40	01:22:28	+31:14	06:52
27	806	Amaro Martins	Siga Trilhos	Veterano M40	01:23:15	+32:01	06:56
28	795	Ricardo Mingatos	RM RUNNERS	Veterano M40	01:23:47	+32:33	06:59
29	621	Nuno Gonçalo Mendes Queda	Gatões BTT	Veterano M40	01:23:49	+32:35	06:59
30	543	Sérgio Leite	Ameal Trail	Veterano M40	01:24:45	+33:31	07:04
31	791	Alexandre Pinho	PINHO AGRICOLA	Veterano M40	01:25:01	+33:47	07:05
32	792	Marcio Filipe Ferreira de Carvalho	PINHO AGRICOLA	Veterano M40	01:25:06	+33:52	07:05
33	726	Jhonny Ribeiro	Individual	Veterano M40	01:25:27	+34:13	07:07
34	600	Juan Pato	Domus Trail	Veterano M40	01:25:43	+34:29	07:09
35	836	Jorge Manuel de Jesus Perdigão	Unidos Run Team	Veterano M40	01:25:53	+34:40	07:09
36	728	José Mário Costa Marques	Individual	Veterano M40	01:26:15	+35:01	07:11
37	818	André Martins	Ten Team	Veterano M40	01:27:04	+35:50	07:15
38	729	Paulo Cruz	Individual	Veterano M40	01:27:09	+35:55	07:16
39	727	JORGE ALEXANDER FERREIRA SERENO	Individual	Veterano M40	01:27:22	+36:08	07:17
40	735	Tiago Cruz Janicas	Individual	Veterano M40	01:28:04	+36:50	07:20
41	602	Nuno Lage	Domus Trail	Veterano M40	01:29:02	+37:48	07:25
42	787	Nuno Rafael Gonçalves de Oliveira	Os Pikachus	Veterano M40	01:29:50	+38:36	07:29
43	722	Diogo Tavares	Individual	Veterano M40	01:30:23	+39:09	07:32
44	525	Tiago de Jesus Lopes	ACR Running Team	Veterano M40	01:30:57	+39:43	07:35
45	733	Ricardo Simões	Individual	Veterano M40	01:32:33	+41:19	07:43
46	824	Marco Santos	Trilhos da baga/ K run team	Veterano M40	01:33:56	+42:42	07:50
47	603	Rui Felix	Domus Trail	Veterano M40	01:38:24	+47:11	08:12
48	725	Hugo Laranjeira	Individual	Veterano M40	01:42:51	+51:38	08:34
49	598	João dos Santos	Domus Trail	Veterano M40	01:45:21	+54:07	08:47
50	599	João Henriques	Domus Trail	Veterano M40	01:48:29	+57:15	09:02
51	597	Gonçalo Santos	Domus Trail	Veterano M40	01:52:15	+01:01:01	09:21
52	734	Richard Antonio	Individual	Veterano M40	02:12:20	+01:21:06	11:02

Veterano M45

1	605	Licinio Pimentel	Domus Trail	Veterano M45	49:31		04:08
2	515	João Simões	ACDRS QUINHENDROS	Veterano M45	55:25	+05:53	04:37
3	555	Aurélio Luís Bessa Saúde	ARSM - Associação Recreativa de S. Miguel	Veterano M45	55:37	+06:05	04:38
4	746	Paulo Resende	Individual	Veterano M45	56:13	+06:41	04:41
5	512	Antonio Santos	ACDRS QUINHENDROS	Veterano M45	57:54	+08:22	04:49
6	741	Hugo gaspar	Individual	Veterano M45	59:54	+10:22	04:59
7	744	Jose margarido	Individual	Veterano M45	01:00:01	+10:29	05:00
8	604	João Amaral	Domus Trail	Veterano M45	01:00:12	+10:41	05:01
9	513	Bruno Maciel Maia Rodrigues	ACDRS QUINHENDROS	Veterano M45	01:00:19	+10:47	05:02
10	738	Alexandre Mestre	Individual	Veterano M45	01:01:07	+11:36	05:06
11	626	Daniel Vicente Martins	Grupo BTT de Manteigas	Veterano M45	01:02:48	+13:16	05:14
12	749	Pedro Reduto	Individual	Veterano M45	01:04:16	+14:44	05:21
13	847	Filipe José Ralha de Vasconcelos	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterano M45	01:04:43	+15:11	05:24

14	640	Vitor Santos	GRVilaverdense	Veterano M45	01:12:50	+23:18	06:04
15	507	Bruno Gonçalo	Academia de Desportos de Condeixa	Veterano M45	01:12:58	+23:26	06:05
16	547	Nasário Rodrigues	Ameal Trail	Veterano M45	01:13:46	+24:14	06:09
17	743	Jose António Ribeiro Costa	Individual	Veterano M45	01:15:15	+25:43	06:16
18	777	Sergio Pinho	JuveRunTeam	Veterano M45	01:15:30	+25:58	06:17
19	544	Humberto Lobo	Ameal Trail	Veterano M45	01:15:36	+26:04	06:18
20	739	Fernando Mineiro	Individual	Veterano M45	01:16:10	+26:38	06:21
21	825	João Jorge Marques Laranjeiro	Uma espécie de atleta	Veterano M45	01:18:50	+29:18	06:34
22	516	José Miguel Simão	ACDRS QUINHENDROS	Veterano M45	01:21:56	+32:25	06:50
23	751	Rogério Barreira	Individual	Veterano M45	01:22:25	+32:53	06:52
24	750	rafael rodrigues	Individual	Veterano M45	01:22:42	+33:10	06:54
25	740	Filipe Ricardo Da Costa	Individual	Veterano M45	01:24:04	+34:32	07:00
26	748	Pedro Miguel Ribeiro Lavrador	Individual	Veterano M45	01:24:23	+34:51	07:02
27	747	Pedro Carvalho	Individual	Veterano M45	01:24:56	+35:24	07:05
28	517	Rui Marques	ACDRS QUINHENDROS	Veterano M45	01:25:07	+35:35	07:06
29	574	Vasco Manuel de Campos Figueiredo	CAOH - Clube Atlético de Oliveira do Hospital	Veterano M45	01:28:51	+39:19	07:24
30	568	Bruno Craveiro	Botão Camp	Veterano M45	01:30:55	+41:23	07:35
31	776	Celso Alves	JuveRunTeam	Veterano M45	01:31:06	+41:34	07:35
32	742	Hugo Martinho	Individual	Veterano M45	01:36:28	+46:56	08:02
33	526	André Miguel Branco de Almeida	ACR Running Team	Veterano M45	01:39:26	+49:54	08:17
34	854	Sérgio Basilio	Individual	Veterano M45	01:39:47	+50:15	08:19
35	514	Inácio Faísca	ACDRS QUINHENDROS	Veterano M45	01:45:20	+55:49	08:47
36	788	Fernando Gabriel Teixeira Neves	Os Pikachus	Veterano M45	01:47:10	+57:38	08:56
37	639	Paulo Veríssimo	GRVilaverdense	Veterano M45	02:00:52	+01:11:20	10:04
38	545	José Pedro Gonçalves	Ameal Trail	Veterano M45	02:06:33	+01:17:01	10:33

Veterano M50

1	848	Paulo Almeida	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterano M50	57:41		04:48
2	819	Vitor Pinho	Ten Team	Veterano M50	59:33	+01:52	04:58
3	802	Egídio Alves das Neves	Saca Trilhos Anadia	Veterano M50	01:02:11	+04:30	05:11
4	622	Vasco Correia	Gatões BTT	Veterano M50	01:04:59	+07:18	05:25
5	518	TóZé Serra	ACDRS QUINHENDROS	Veterano M50	01:09:05	+11:24	05:45
6	800	Humberto Dias	RUNNING4FUN Team Viseu	Veterano M50	01:09:54	+12:12	05:49
7	807	Tibério Almeida Santos	Sosense trail team Braga & Fernandes/ corind	Veterano M50	01:11:20	+13:39	05:57
8	759	Sidonio arede Almeida	Individual	Veterano M50	01:11:26	+13:45	05:57
9	858	Paulo Pereira	GRVilaverdense	Veterano M50	01:13:33	+15:52	06:08
10	803	José Duarte Ferreira Pacheco	Saca Trilhos Anadia	Veterano M50	01:14:05	+16:24	06:10
11	755	João Pedro Almeida	Individual	Veterano M50	01:15:28	+17:47	06:17
12	826	Sérgio Carlos	Uma espécie de atleta	Veterano M50	01:16:22	+18:41	06:22
13	608	Jorge Laranjeiro	Domus Trail	Veterano M50	01:19:32	+21:51	06:38
14	549	Carlos Campos	Ameal Trail	Veterano M50	01:19:44	+22:03	06:39
15	641	Hermínio Almeida	GRVilaverdense	Veterano M50	01:23:26	+25:44	06:57

12KM

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

16	850	Jacinto Loureiro	Individual	Veterano M50	01:26:21	+28:40	07:12
17	642	Pedro Lopes	GRVilaverdense	Veterano M50	01:26:22	+28:41	07:12
18	757	Luís Lourenço	Individual	Veterano M50	01:27:22	+29:40	07:17
19	770	Carlos Oliveira	J C T	Veterano M50	01:30:34	+32:53	07:33
20	753	Carlos Manuel Ribeiro Lourenço	Individual	Veterano M50	01:32:20	+34:38	07:42
21	527	Carlos Saramago	ACR Running Team	Veterano M50	01:41:16	+43:35	08:26
22	756	Joao Picado	Individual	Veterano M50	01:45:20	+47:39	08:47
23	627	Alexandre Gomes	Grupo BTT de Manteigas	Veterano M50	01:53:07	+55:26	09:26
24	607	Carlos Alberto Maranhão	Domus Trail	Veterano M50	02:14:32	+01:16:50	11:13

Veterano M55

1	760	Antônio Manuel ventura amado	Individual	Veterano M55	59:06		04:56
2	764	Fernando Cruz de Jesus	ATLETISMO CLUB DA TOCHA	Veterano M55	59:45	+00:39	04:59
3	815	Arcanjo Amarante Martins	Tainadas Run Team	Veterano M55	01:07:13	+08:06	05:36
4	556	Arsénio Fernandes	ARSM - Associação Recreativa de S. Miguel	Veterano M55	01:07:18	+08:12	05:37
5	502	José Carlos Rodrigues	A.R.Casaense/Escola de Atletismo de Coimbra	Veterano M55	01:07:52	+08:45	05:39
6	557	José Correia	ARSM - Associação Recreativa de S. Miguel	Veterano M55	01:15:24	+16:17	06:17
7	849	Joaquim Almeida	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterano M55	01:19:31	+20:24	06:38
8	575	Nuno Veiga	CAOH - Clube Atlético de Oliveira do Hospital	Veterano M55	01:20:21	+21:14	06:42
9	609	António Fonseca	Domus Trail	Veterano M55	01:28:19	+29:13	07:22
10	558	Moisés Nunes	ARSM - Associação Recreativa de S. Miguel	Veterano M55	01:35:53	+36:47	07:59
11	762	Artur Armando Almeida Capeloa	Individual	Veterano M55	01:50:22	+51:16	09:12
12	766	Licínio Manco	Individual	Veterano M55	01:51:13	+52:06	09:16
13	767	Luiz Filipe Francisco	Individual	Veterano M55	01:57:10	+58:03	09:46
14	643	José Guerra	GRVilaverdense	Veterano M55	02:10:21	+01:11:14	10:52