

Trail Longo
18 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
Veterano M40

| | | | | | | | |
|---|----|------------------------|-------------------------------------|--------------|----------|--------|-------|
| 1 | 43 | Sérgio Manito | Saca Trilhos Anadia | Veterano M40 | 01:06:49 | | 03:43 |
| 2 | 9 | Maicol Simões | CLTT - CLÍNICA LITORALIS TRAIL TEAM | Veterano M40 | 01:12:50 | +06:01 | 04:03 |
| 3 | 40 | Ricardo Miranda Santos | Lobitos BikeTeam | Veterano M40 | 01:28:54 | +22:05 | 04:56 |
| 4 | 35 | Tiago Capela | JuveRunTeam | Veterano M40 | 01:34:53 | +28:03 | 05:16 |
| 5 | 34 | Felipe Jesus | JuveRunTeam | Veterano M40 | 01:39:06 | +32:16 | 05:30 |
| 6 | 33 | André Baptista | JuveRunTeam | Veterano M40 | 01:47:22 | +40:32 | 05:58 |

Veterano M45

| | | | | | | | |
|---|----|-------------------------------------|----------------------------|--------------|----------|--------|-------|
| 1 | 23 | Didier de Jesus | Individual | Veterano M45 | 01:09:48 | | 03:53 |
| 2 | 24 | Jose Margarido | Individual | Veterano M45 | 01:21:29 | +11:40 | 04:32 |
| 3 | 3 | Pedro Baptista | ACR Running | Veterano M45 | 01:32:03 | +22:15 | 05:07 |
| 4 | 21 | carlos reis | Individual | Veterano M45 | 01:37:04 | +27:16 | 05:24 |
| 5 | 49 | Licínio Manuel Saragoça Costa | Tainadas Run Team-Somengil | Veterano M45 | 01:38:10 | +28:21 | 05:27 |
| 6 | 36 | Ricardo Miguel Dos Santos Carapinho | JuveRunTeam | Veterano M45 | 01:47:14 | +37:26 | 05:57 |
| 7 | 25 | Rogério Domingues Barreira | Individual | Veterano M45 | 01:54:43 | +44:55 | 06:22 |

Veterano M50

| | | | | | | | |
|---|----|-----------------------------|----------------------------|--------------|----------|--------|-------|
| 1 | 57 | Pedro Capela | Vergabikes PC jardins | Veterano M50 | 01:16:25 | | 04:15 |
| 2 | 4 | Luís Oliveira | Barracão | Veterano M50 | 01:16:51 | +00:26 | 04:16 |
| 3 | 5 | Manuel Vicente | BiciARCA Run Team | Veterano M50 | 01:19:15 | +02:50 | 04:24 |
| 4 | 8 | Álvaro Mano | CF Os Marialvas | Veterano M50 | 01:23:09 | +06:43 | 04:37 |
| 5 | 50 | Paulo Ramirez | Tainadas Run Team-Somengil | Veterano M50 | 01:27:19 | +10:54 | 04:51 |
| 6 | 27 | Nelo Julião | Individual | Veterano M50 | 01:34:34 | +18:08 | 05:15 |
| 7 | 37 | Paulo Sérgio Oliveira Pinho | JuveRunTeam | Veterano M50 | 01:34:47 | +18:22 | 05:16 |
| 8 | 56 | Narciso José da Silva Pinho | Vamos a Pé - Taboeira | Veterano M50 | 01:37:43 | +21:18 | 05:26 |
| 9 | 26 | Fernando Santos Mineiro | Individual | Veterano M50 | 01:38:02 | +21:37 | 05:27 |

Veterano M55

| | | | | | | | |
|---|----|------------------------------|--|--------------|----------|--------|-------|
| 1 | 28 | Pedro Peralta | Individual | Veterano M55 | 01:21:56 | | 04:33 |
| 2 | 11 | António Almeida | Gira Sol | Veterano M55 | 01:26:12 | +04:16 | 04:47 |
| 3 | 53 | Cesário Rocha | Trilhos da Baga/K Run Team | Veterano M55 | 01:43:54 | +21:58 | 05:46 |
| 4 | 44 | Amílcar de Oliveira Raimundo | Sosense Trail- Corind/ Braga&Fernandes | Veterano M55 | 01:51:36 | +29:40 | 06:12 |

Veterano M60

| | | | | | | | |
|---|----|---------------|--------------|--------------|----------|--------|-------|
| 1 | 12 | Adérito Curto | Gira Sol | Veterano M60 | 01:31:44 | | 05:06 |
| 2 | 2 | Carlos Macedo | A.D.Amarante | Veterano M60 | 01:42:53 | +11:09 | 05:43 |



Trail Por Terras de Fontes e Lobos
Vagos
03-novembro-2024

Trail Longo

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|-----------------------------|-------|-----------------------------|
| Official Timekeeper: Lap2Go | 3 / 3 | generate 03-nov.-2024 11:38 |
|-----------------------------|-------|-----------------------------|

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:35 | 18,2°C | 72% |
| End | 11:50 | 18,2°C | 72% |

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|---|--|----------|--------|-------|------|
| 1 | 109 | Luis Lourenço | ACR Running | 53:17 | | 04:26 | |
| 2 | 250 | Eleuterio de Oliveira Mota | Trepanelas Prifer | 53:17 | | 04:26 | |
| 3 | 233 | Filipe Oliveira | Milheirós de Poiares | 53:34 | +00:17 | 04:28 | |
| 4 | 249 | Carlos Daniel Miranda Ramos | Trepanelas Prifer | 55:14 | +01:57 | 04:36 | |
| 5 | 143 | David Pinho | Domus Trail | 56:42 | +03:25 | 04:43 | |
| 6 | 113 | Carlos Seguel | ADCP PEDRALVA | 57:39 | +04:22 | 04:48 | |
| 7 | 116 | Sérgio Cruz | ADCP PEDRALVA | 57:41 | +04:24 | 04:48 | |
| 8 | 131 | Tomás Andrade Soares | Clube Desportivo Feirense | 58:38 | +05:21 | 04:53 | |
| 9 | 156 | André Jesus | Individual | 58:44 | +05:27 | 04:54 | |
| 10 | 209 | João Barbosa | Javalis sem limites | 58:57 | +05:40 | 04:55 | |
| 11 | 186 | Ricardo rumor | Individual | 59:12 | +05:55 | 04:56 | |
| 12 | 114 | Fernando Silva | ADCP PEDRALVA | 01:00:02 | +06:45 | 05:00 | |
| 13 | 247 | Paulo Marques | Talentos Objetivos | 01:00:20 | +07:03 | 05:02 | |
| 14 | 183 | Bruno Marques | Individual | 01:00:29 | +07:12 | 05:02 | |
| 15 | 128 | Luis Santos | CLTT - CLÍNICA LITORALIS TRAIL TEAM | 01:01:16 | +07:59 | 05:06 | |
| 16 | 208 | Daniel Gomes | Javalis 100 limites | 01:01:21 | +08:04 | 05:07 | |
| 17 | 266 | Jorge Manuel de Jesus Perdigão | Unidos Run Team / As Oliveirinhas | 01:01:30 | +08:13 | 05:07 | |
| 18 | 188 | Carlos Estrela | Individual | 01:01:38 | +08:21 | 05:08 | |
| 19 | 246 | Arcanjo Marante Martins | Tainadas Run Team-Somengil | 01:01:53 | +08:36 | 05:09 | |
| 20 | 140 | Rodrigo Martins | CRAC | 01:02:58 | +09:41 | 05:15 | |
| 21 | 221 | Cristiano Diogo Marques Faneca | JuveRunTeam | 01:03:07 | +09:50 | 05:16 | |
| 22 | 241 | Tibério Almeida Santos | Sosense Trail- Corind/ Braga&Fernandes | 01:03:18 | +10:01 | 05:17 | |
| 23 | 125 | Edgar Simões | CLTT - CLÍNICA LITORALIS TRAIL TEAM | 01:03:56 | +10:39 | 05:20 | |
| 24 | 180 | Nuno Sarabando | Individual | 01:04:02 | +10:45 | 05:20 | |
| 25 | 242 | Rúben Martins | Tainadas Run Team-Somengil | 01:04:21 | +11:04 | 05:22 | |
| 26 | 111 | Pedro Oliveira | ACR Running | 01:04:32 | +11:15 | 05:23 | |
| 27 | 228 | Nuno Costa | JuveRunTeam | 01:05:10 | +11:53 | 05:26 | |
| 28 | 126 | Maria Fatima Teixeira da Silva Pinho | CLTT - CLÍNICA LITORALIS TRAIL TEAM | 01:05:28 | +12:11 | 05:27 | |
| 29 | 237 | Teresa Pinho | Saca Trilhos Anadia | 01:06:08 | +12:51 | 05:31 | |
| 30 | 167 | Diogo Henrique Martins de Sousa Moreira | Individual | 01:06:16 | +12:59 | 05:31 | |
| 31 | 222 | Floriano de Almeida Faneca | JuveRunTeam | 01:06:26 | +13:09 | 05:32 | |
| 32 | 198 | Sérgio Silva | Individual | 01:06:53 | +13:36 | 05:34 | |
| 33 | 197 | Paulo Rocha | Individual | 01:06:56 | +13:39 | 05:35 | |
| 34 | 190 | Henrique Silva | Individual | 01:07:07 | +13:50 | 05:36 | |
| 35 | 232 | Micael Santos | Lobitos BikeTeam | 01:07:09 | +13:52 | 05:36 | |
| 36 | 226 | Filipe Carvalho | JuveRunTeam | 01:07:12 | +13:55 | 05:36 | |
| 37 | 115 | Mário Miguel Ferreira | ADCP PEDRALVA | 01:08:12 | +14:55 | 05:41 | |
| 38 | 139 | Rodrigo Lourenço Simões | CRAC | 01:08:15 | +14:58 | 05:41 | |
| 39 | 194 | Nuno Martinho | Individual | 01:08:37 | +15:20 | 05:43 | |
| 40 | 276 | Carlos Pires | Individual | 01:09:21 | +16:04 | 05:47 | |

TRAIL CURTO - STAGE 1**12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|--------------------------------------|--|----------|--------|-------|------|
| 41 | 196 | Paulo Julião | Individual | 01:09:39 | +16:22 | 05:48 | |
| 42 | 200 | Davide Almeida | Individual | 01:10:14 | +16:57 | 05:51 | |
| 43 | 164 | Nuno Lourenço | Individual | 01:10:14 | +16:57 | 05:51 | |
| 44 | 129 | Hélder Trigo | CLTT - CLÍNICA LITORALIS TRAIL TEAM | 01:10:35 | +17:18 | 05:53 | |
| 45 | 205 | Rui Vilar | Individual | 01:10:48 | +17:31 | 05:54 | |
| 46 | 107 | André Coquim | ACR Running | 01:10:52 | +17:35 | 05:54 | |
| 47 | 245 | Jorge Martins | Tainadas Run Team-Somengil | 01:11:14 | +17:58 | 05:56 | |
| 48 | 240 | Paulo Santos | Sosense Trail- Corind/ Braga&Fernandes | 01:11:33 | +18:16 | 05:58 | |
| 49 | 238 | André Amador | Sosense Trail- Corind/ Braga&Fernandes | 01:11:34 | +18:17 | 05:58 | |
| 50 | 239 | Bruno Domingues Rumor | Sosense Trail- Corind/ Braga&Fernandes | 01:11:34 | +18:17 | 05:58 | |
| 51 | 268 | Tomás Geraldo Aires | Vamos a Pé - Taboeira | 01:11:34 | +18:17 | 05:58 | |
| 52 | 162 | José Pedro Pinto | Individual | 01:11:35 | +18:18 | 05:58 | |
| 53 | 104 | Rita Alexandra Frada Almeida | ACR Running | 01:11:44 | +18:27 | 05:59 | |
| 54 | 136 | Miguel Teixeira Lontro | CRAC | 01:11:54 | +18:37 | 06:00 | |
| 55 | 158 | André Pereira | Individual | 01:12:10 | +18:53 | 06:01 | |
| 56 | 218 | Miriam Henriques | JuveRunTeam | 01:12:14 | +18:57 | 06:01 | |
| 57 | 178 | Emanuel Jesus Simões | Individual | 01:12:31 | +19:14 | 06:03 | |
| 58 | 195 | Nuno Miguel Martins Lopes | Individual | 01:12:32 | +19:15 | 06:03 | |
| 59 | 110 | Jorge Miguel Tavares Gonçalves | ACR Running | 01:12:49 | +19:32 | 06:04 | |
| 60 | 185 | Paulo cruz | Individual | 01:13:49 | +20:32 | 06:09 | |
| 61 | 273 | Pedro Mesquita Góis | CRAC | 01:14:05 | +20:48 | 06:10 | |
| 62 | 223 | Jason Ferreira Santos | JuveRunTeam | 01:14:32 | +21:15 | 06:13 | |
| 63 | 159 | Cristiano Bispo | Individual | 01:15:22 | +22:05 | 06:17 | |
| 64 | 133 | Martim Ferreira Magalhães | CRAC | 01:15:25 | +22:08 | 06:17 | |
| 65 | 137 | Nicolau Marques Santos | CRAC | 01:15:25 | +22:08 | 06:17 | |
| 66 | 203 | Paulo Gil | Individual | 01:15:31 | +22:14 | 06:18 | |
| 67 | 101 | Marco Costa | (Com)dores | 01:15:40 | +22:23 | 06:18 | |
| 68 | 145 | Leandro Margarido | Individual | 01:15:51 | +22:34 | 06:19 | |
| 69 | 255 | Carine Loureiro | Unidos Run Team / As Oliveirinhas | 01:16:09 | +22:52 | 06:21 | |
| 70 | 152 | Joana Rodrigues | Individual | 01:16:13 | +22:56 | 06:21 | |
| 71 | 117 | Hélder Bruno Ferreira da Rocha | ASV | 01:16:57 | +23:40 | 06:25 | |
| 72 | 204 | Pedro Bento | Individual | 01:16:58 | +23:41 | 06:25 | |
| 73 | 144 | Carla Cristina Domingues Prina | Domus Trail | 01:17:17 | +24:00 | 06:26 | |
| 74 | 272 | Gonçalo Teixeira | CRAC | 01:17:46 | +24:29 | 06:29 | |
| 75 | 177 | Ludovina De Oliveira Ribeiro Saraiva | Individual | 01:17:57 | +24:40 | 06:30 | |
| 76 | 210 | Mariana Amândio | JPrior Running Team | 01:18:11 | +24:54 | 06:31 | |
| 77 | 211 | Joel Prior | JPrior Running Team | 01:18:13 | +24:56 | 06:31 | |
| 78 | 275 | Alexandre Prior | Individual | 01:18:13 | +24:56 | 06:31 | |
| 79 | 150 | Catarina Ribeiro Saraiva | Individual | 01:18:15 | +24:58 | 06:31 | |
| 80 | 187 | Bruno Santos | Individual | 01:18:41 | +25:24 | 06:33 | |
| 81 | 206 | Antonio Salgueiredo | Individual | 01:19:05 | +25:48 | 06:35 | |
| 82 | 112 | Tiago de Jesus Lopes | ACR Running | 01:20:01 | +26:44 | 06:40 | |
| 83 | 236 | Carla Tavares | Rose Power | 01:20:21 | +27:04 | 06:42 | |
| 84 | 235 | Liliana Romero | Rose Power | 01:20:22 | +27:05 | 06:42 | |
| 85 | 155 | Alexandre Neves | Individual | 01:20:45 | +27:28 | 06:44 | |

TRAIL CURTO - STAGE 1
12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|-------------------------------------|-------------------------------------|----------|--------|-------|------|
| 86 | 130 | José Fernandes | CLTT - CLÍNICA LITORALIS TRAIL TEAM | 01:21:04 | +27:47 | 06:45 | |
| 87 | 270 | Liliana Patrícia Rodrigues de Pinho | Vamos a Pé - Taboira | 01:21:34 | +28:17 | 06:48 | |
| 88 | 202 | Luís Lourenço | Individual | 01:21:51 | +28:34 | 06:49 | |
| 89 | 174 | Tânia Dinis | Individual | 01:21:51 | +28:34 | 06:49 | |
| 90 | 251 | Jonathan Santos | Trepanelas Prifer | 01:22:01 | +28:44 | 06:50 | |
| 91 | 230 | Celso Belino Costa Alves | JuveRunTeam | 01:22:06 | +28:49 | 06:50 | |
| 92 | 224 | José Rafael Santos | JuveRunTeam | 01:24:53 | +31:36 | 07:04 | |
| 93 | 264 | Carlos Tiago Arrais Gomes | Unidos Run Team / As Oliveirinhas | 01:25:13 | +31:56 | 07:06 | |
| 94 | 176 | Cláudia Almeida | Individual | 01:25:25 | +32:08 | 07:07 | |
| 95 | 123 | Ricardo Preto | Bengalas e Muletas | 01:26:10 | +32:53 | 07:11 | |
| 96 | 120 | Filipe Sequeira | Bengalas e Muletas | 01:26:10 | +32:53 | 07:11 | |
| 97 | 146 | Martim Jesus | Individual | 01:26:26 | +33:09 | 07:12 | |
| 98 | 103 | Nuno Simoes | ACR Running | 01:27:13 | +33:56 | 07:16 | |
| 99 | 166 | Wesley Alves Cordeiro Rosa | Individual | 01:27:58 | +34:41 | 07:20 | |
| 100 | 142 | Nuno Miguel Esteves Amaral | CRAC | 01:28:03 | +34:46 | 07:20 | |
| 101 | 220 | Alexandre Simões | JuveRunTeam | 01:28:22 | +35:05 | 07:22 | |
| 102 | 229 | celso alves | JuveRunTeam | 01:28:22 | +35:05 | 07:22 | |
| 103 | 124 | Davide Pinheiro | CDCF ALDEIA STO ANTONIO | 01:29:10 | +35:53 | 07:26 | |
| 104 | 163 | Luís Coelho | Individual | 01:29:47 | +36:30 | 07:29 | |
| 105 | 172 | Sónia Milene de Jesus Petronilho | Individual | 01:30:45 | +37:28 | 07:34 | |
| 106 | 207 | Carlos Oliveira | J C T | 01:30:59 | +37:42 | 07:35 | |
| 107 | 267 | Rui Pinho | Unidos Run Team / As Oliveirinhas | 01:31:04 | +37:47 | 07:35 | |
| 108 | 231 | Luis Miguel Francisco dos Santos | JuveRunTeam | 01:31:04 | +37:47 | 07:35 | |
| 109 | 148 | Andreia Rodrigues | Individual | 01:31:12 | +37:55 | 07:36 | |
| 110 | 199 | Carlos Matos | Individual | 01:31:21 | +38:04 | 07:37 | |
| 111 | 179 | Gonçalo Sousa | Individual | 01:31:30 | +38:13 | 07:38 | |
| 112 | 265 | Franquelim Gomes Amaral | Unidos Run Team / As Oliveirinhas | 01:31:52 | +38:35 | 07:39 | |
| 113 | 257 | Sarah Loureiro | Unidos Run Team / As Oliveirinhas | 01:32:03 | +38:46 | 07:40 | |
| 114 | 243 | Sara Silva | Tainadas Run Team-Somengil | 01:32:28 | +39:11 | 07:42 | |
| 115 | 108 | Daniel Natário | ACR Running | 01:32:45 | +39:28 | 07:44 | |
| 116 | 161 | Gelson Domingos | Individual | 01:32:53 | +39:36 | 07:44 | |
| 117 | 278 | João Santos Conceição | JuveRunTeam | 01:32:53 | +39:36 | 07:44 | |
| 118 | 170 | Liliana Colaço | Individual | 01:34:10 | +40:53 | 07:51 | |
| 119 | 260 | Elisabete Julião | Unidos Run Team / As Oliveirinhas | 01:36:05 | +42:48 | 08:00 | |
| 120 | 1 | Manuel Augusto Filipe | Freguesia | 01:36:11 | +42:54 | 08:01 | |
| 121 | 168 | Daniela Filipa Simões rocha | Individual | 01:36:35 | +43:18 | 08:03 | |
| 122 | 191 | Luis Jorge Costa | Individual | 01:36:35 | +43:18 | 08:03 | |
| 123 | 171 | Lucia Silva | Individual | 01:36:49 | +43:32 | 08:04 | |
| 124 | 253 | Nohélia Cartaxo | Unidos run team | 01:37:21 | +44:04 | 08:07 | |
| 125 | 157 | André Jesus Cavaco | Individual | 01:37:33 | +44:16 | 08:08 | |
| 126 | 248 | Jorge Silva | Trepanelas Prifer | 01:37:33 | +44:16 | 08:08 | |
| 127 | 160 | Diogo Reverendo | Individual | 01:37:35 | +44:18 | 08:08 | |
| 128 | 153 | Natalia Kovalska | Individual | 01:37:40 | +44:23 | 08:08 | |
| 129 | 181 | Paulo Henrique Costa de Oliveira | Individual | 01:37:45 | +44:28 | 08:09 | |
| 130 | 259 | Carla Cristina Conceição dos Santos | Unidos Run Team / As Oliveirinhas | 01:38:17 | +45:00 | 08:11 | |

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|------------------------------------|-----------------------------------|----------|-----------|-------|------|
| 131 | 256 | Margarida Perdigão | Unidos Run Team / As Oliveirinhas | 01:38:17 | +45:00 | 08:11 | |
| 132 | 122 | Diogo Dias | Bengalas e Muletas | 01:38:20 | +45:03 | 08:12 | |
| 133 | 121 | David Fontes | Bengalas e Muletas | 01:38:27 | +45:10 | 08:12 | |
| 134 | 149 | Catarina Dias | Individual | 01:39:22 | +46:05 | 08:17 | |
| 135 | 165 | Tiago Daniel Couto Gonçalves | Individual | 01:39:22 | +46:05 | 08:17 | |
| 136 | 118 | José Miguel de Jesus Brites | ASV | 01:40:01 | +46:44 | 08:20 | |
| 137 | 219 | Paula Simões | JuveRunTeam | 01:40:42 | +47:25 | 08:24 | |
| 138 | 216 | Filipa Azevedo | JuveRunTeam | 01:40:59 | +47:42 | 08:25 | |
| 139 | 169 | Fabiana Couto | Individual | 01:41:05 | +47:48 | 08:25 | |
| 140 | 244 | Dina Maira Neves da Silva Oliviera | Tainadas Run Team-Somengil | 01:42:32 | +49:15 | 08:33 | |
| 141 | 132 | David Rei Costa | CRAC | 01:43:09 | +49:52 | 08:36 | |
| 142 | 134 | Gonçalo Silva Cruz | CRAC | 01:43:12 | +49:55 | 08:36 | |
| 143 | 135 | Martim Martins Pinho | CRAC | 01:43:13 | +49:56 | 08:36 | |
| 144 | 201 | Luís Fernandes | Individual | 01:45:32 | +52:15 | 08:48 | |
| 145 | 254 | João Cruz | Unidos Run Team / As Oliveirinhas | 01:46:25 | +53:08 | 08:52 | |
| 146 | 274 | Rui António Ferreira Rocha | ASV | 01:47:38 | +54:21 | 08:58 | |
| 147 | 141 | Diogo André Pereira | CRAC | 01:48:10 | +54:53 | 09:01 | |
| 148 | 154 | Veronica Salgado | Individual | 01:48:13 | +54:56 | 09:01 | |
| 149 | 271 | Marco Paulo da Silva Pinho | Vamos a Pé - Taboeira | 01:48:22 | +55:05 | 09:02 | |
| 150 | 215 | Eunice Costa | JuveRunTeam | 01:48:24 | +55:07 | 09:02 | |
| 151 | 214 | Cláudia Jesus Lopes | JuveRunTeam | 01:53:40 | +01:00:23 | 09:28 | |
| 152 | 151 | Cleudiany Lima Oliveira | Individual | 01:53:43 | +01:00:26 | 09:29 | |
| 153 | 182 | Raimundo Oliveira de Freitas | Individual | 01:53:43 | +01:00:26 | 09:29 | |
| 154 | 173 | Stéphanie Cavaco | Individual | 01:56:06 | +01:02:49 | 09:41 | |
| 155 | 261 | Guida Maria Cavaco Amaral | Unidos Run Team / As Oliveirinhas | 02:00:29 | +01:07:12 | 10:02 | |
| 156 | 258 | Sofia Janicas | Unidos Run Team / As Oliveirinhas | 02:00:33 | +01:07:16 | 10:03 | |
| 157 | 175 | Sónia Patrícia Rodrigues Ferreira | Individual | 02:01:17 | +01:08:00 | 10:06 | |
| 158 | 189 | Henrique Manuel Neves Silva | Individual | 02:01:18 | +01:08:01 | 10:07 | |
| 159 | 263 | Paula Conceição | Unidos Run Team / As Oliveirinhas | 02:04:55 | +01:11:39 | 10:25 | |
| 160 | 262 | Susy Fernandes | Unidos Run Team / As Oliveirinhas | 02:05:00 | +01:11:43 | 10:25 | |
| 161 | 106 | M. José | ACR Running | 02:06:11 | +01:12:54 | 10:31 | |
| 162 | 105 | Suzana Maria Conceição Filipe | ACR Running | 02:06:12 | +01:12:55 | 10:31 | |
| 163 | 213 | Alexandra Santos | JuveRunTeam | 02:09:59 | +01:16:42 | 10:50 | |
| 164 | 217 | Leandra Rosa | JuveRunTeam | 02:12:30 | +01:19:13 | 11:03 | |
| 165 | 225 | Mike Caetano | JuveRunTeam | 02:12:30 | +01:19:13 | 11:03 | |

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:35 | 18,2°C | 72% |
| End | 11:50 | 18,2°C | 72% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

Juvenil Masculino

| | | | | | | | |
|---|-----|---------------------------|----------------------------|-------------------|----------|--------|-------|
| 1 | 242 | Rúben Martins | Tainadas Run Team-Somengil | Juvenil Masculino | 01:04:21 | | 05:22 |
| 2 | 133 | Martim Ferreira Magalhães | CRAC | Juvenil Masculino | 01:15:25 | +11:03 | 06:17 |
| 3 | 145 | Leandro Margarido | Individual | Juvenil Masculino | 01:15:51 | +11:30 | 06:19 |
| 4 | 272 | Gonçalo Teixeira | CRAC | Juvenil Masculino | 01:17:46 | +13:24 | 06:29 |
| 5 | 146 | Martim Jesus | Individual | Juvenil Masculino | 01:26:26 | +22:04 | 07:12 |
| 6 | 132 | David Rei Costa | CRAC | Juvenil Masculino | 01:43:09 | +38:47 | 08:36 |

Senior Feminino

| | | | | | | | |
|---|-----|--------------------------|---------------------|-----------------|----------|--------|-------|
| 1 | 152 | Joana Rodrigues | Individual | Senior Feminino | 01:16:13 | | 06:21 |
| 2 | 210 | Mariana Amândio | JPrior Running Team | Senior Feminino | 01:18:11 | +01:58 | 06:31 |
| 3 | 150 | Catarina Ribeiro Saraiva | Individual | Senior Feminino | 01:18:15 | +02:01 | 06:31 |
| 4 | 148 | Andreia Rodrigues | Individual | Senior Feminino | 01:31:12 | +14:58 | 07:36 |
| 5 | 153 | Natalia Kovalska | Individual | Senior Feminino | 01:37:40 | +21:27 | 08:08 |
| 6 | 149 | Catarina Dias | Individual | Senior Feminino | 01:39:22 | +23:08 | 08:17 |
| 7 | 154 | Veronica Salgado | Individual | Senior Feminino | 01:48:13 | +32:00 | 09:01 |
| 8 | 151 | Cleudiany Lima Oliveira | Individual | Senior Feminino | 01:53:43 | +37:29 | 09:29 |

Senior Masculino

| | | | | | | | |
|----|-----|----------------------------|--|------------------|----------|--------|-------|
| 1 | 143 | David Pinho | Domus Trail | Senior Masculino | 56:42 | | 04:43 |
| 2 | 156 | André Jesus | Individual | Senior Masculino | 58:44 | +02:02 | 04:54 |
| 3 | 125 | Edgar Simões | CLTT - CLÍNICA LITORALIS TRAIL TEAM | Senior Masculino | 01:03:56 | +07:14 | 05:20 |
| 4 | 164 | Nuno Lourenço | Individual | Senior Masculino | 01:10:14 | +13:32 | 05:51 |
| 5 | 240 | Paulo Santos | Sosense Trail- Corind/ Braga&Fernandes | Senior Masculino | 01:11:33 | +14:51 | 05:58 |
| 6 | 238 | André Amador | Sosense Trail- Corind/ Braga&Fernandes | Senior Masculino | 01:11:34 | +14:52 | 05:58 |
| 7 | 239 | Bruno Domingues Rumor | Sosense Trail- Corind/ Braga&Fernandes | Senior Masculino | 01:11:34 | +14:52 | 05:58 |
| 8 | 268 | Tomás Geraldo Aires | Vamos a Pé - Taboeira | Senior Masculino | 01:11:34 | +14:52 | 05:58 |
| 9 | 162 | José Pedro Pinto | Individual | Senior Masculino | 01:11:35 | +14:53 | 05:58 |
| 10 | 158 | André Pereira | Individual | Senior Masculino | 01:12:10 | +15:28 | 06:01 |
| 11 | 159 | Cristiano Bispo | Individual | Senior Masculino | 01:15:22 | +18:40 | 06:17 |
| 12 | 211 | Joel Prior | JPrior Running Team | Senior Masculino | 01:18:13 | +21:31 | 06:31 |
| 13 | 155 | Alexandre Neves | Individual | Senior Masculino | 01:20:45 | +24:03 | 06:44 |
| 14 | 120 | Filipe Sequeira | Bengalas e Muletas | Senior Masculino | 01:26:10 | +29:28 | 07:11 |
| 15 | 103 | Nuno Simoes | ACR Running | Senior Masculino | 01:27:13 | +30:31 | 07:16 |
| 16 | 166 | Wesley Alves Cordeiro Rosa | Individual | Senior Masculino | 01:27:58 | +31:16 | 07:20 |

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | | | | | | | |
|----|-----|------------------------------|-----------------------------------|------------------|----------|--------|-------|
| 17 | 124 | Davide Pinheiro | CDCF ALDEIA STO ANTONIO | Senior Masculino | 01:29:10 | +32:28 | 07:26 |
| 18 | 163 | Luís Coelho | Individual | Senior Masculino | 01:29:47 | +33:05 | 07:29 |
| 19 | 161 | Gelson Domingos | Individual | Senior Masculino | 01:32:53 | +36:11 | 07:44 |
| 20 | 157 | André Jesus Cavaco | Individual | Senior Masculino | 01:37:33 | +40:51 | 08:08 |
| 21 | 160 | Diogo Reverendo | Individual | Senior Masculino | 01:37:35 | +40:52 | 08:08 |
| 22 | 165 | Tiago Daniel Couto Gonçalves | Individual | Senior Masculino | 01:39:22 | +42:40 | 08:17 |
| 23 | 254 | João Cruz | Unidos Run Team / As Oliveirinhas | Senior Masculino | 01:46:25 | +49:43 | 08:52 |

Sub 23 Masculino

| | | | | | | | |
|----|-----|---|---------------------------|------------------|----------|--------|-------|
| 1 | 131 | Tomás Andrade Soares | Clube Desportivo Feirense | Sub 23 Masculino | 58:38 | | 04:53 |
| 2 | 140 | Rodrigo Martins | CRAC | Sub 23 Masculino | 01:02:58 | +04:19 | 05:15 |
| 3 | 167 | Diogo Henrique Martins de Sousa Moreira | Individual | Sub 23 Masculino | 01:06:16 | +07:38 | 05:31 |
| 4 | 139 | Rodrigo Lourenço Simões | CRAC | Sub 23 Masculino | 01:08:15 | +09:36 | 05:41 |
| 5 | 136 | Miguel Teixeira Lontro | CRAC | Sub 23 Masculino | 01:11:54 | +13:16 | 06:00 |
| 6 | 273 | Pedro Mesquita Góis | CRAC | Sub 23 Masculino | 01:14:05 | +15:26 | 06:10 |
| 7 | 137 | Nicolau Marques Santos | CRAC | Sub 23 Masculino | 01:15:25 | +16:46 | 06:17 |
| 8 | 278 | João Santos Conceição | JuveRunTeam | Sub 23 Masculino | 01:32:53 | +34:15 | 07:44 |
| 9 | 134 | Gonçalo Silva Cruz | CRAC | Sub 23 Masculino | 01:43:12 | +44:33 | 08:36 |
| 10 | 135 | Martim Martins Pinho | CRAC | Sub 23 Masculino | 01:43:13 | +44:34 | 08:36 |

Veterana F35

| | | | | | | | |
|----|-----|----------------------------------|---------------------|--------------|----------|-----------|-------|
| 1 | 237 | Teresa Pinho | Saca Trilhos Anadia | Veterana F35 | 01:06:08 | | 05:31 |
| 2 | 104 | Rita Alexandra Frada Almeida | ACR Running | Veterana F35 | 01:11:44 | +05:36 | 05:59 |
| 3 | 218 | Miriam Henriques | JuveRunTeam | Veterana F35 | 01:12:14 | +06:06 | 06:01 |
| 4 | 235 | Liliana Romero | Rose Power | Veterana F35 | 01:20:22 | +14:14 | 06:42 |
| 5 | 174 | Tânia Dinis | Individual | Veterana F35 | 01:21:51 | +15:43 | 06:49 |
| 6 | 172 | Sónia Milene de Jesus Petronilho | Individual | Veterana F35 | 01:30:45 | +24:37 | 07:34 |
| 7 | 170 | Liliana Colaço | Individual | Veterana F35 | 01:34:10 | +28:02 | 07:51 |
| 8 | 168 | Daniela Filipa Simões rocha | Individual | Veterana F35 | 01:36:35 | +30:26 | 08:03 |
| 9 | 171 | Lucia Silva | Individual | Veterana F35 | 01:36:49 | +30:41 | 08:04 |
| 10 | 216 | Filipa Azevedo | JuveRunTeam | Veterana F35 | 01:40:59 | +34:51 | 08:25 |
| 11 | 169 | Fabiana Couto | Individual | Veterana F35 | 01:41:05 | +34:57 | 08:25 |
| 12 | 215 | Eunice Costa | JuveRunTeam | Veterana F35 | 01:48:24 | +42:16 | 09:02 |
| 13 | 214 | Cláudia Jesus Lopes | JuveRunTeam | Veterana F35 | 01:53:40 | +47:32 | 09:28 |
| 14 | 173 | Stéphanie Cavaco | Individual | Veterana F35 | 01:56:06 | +49:58 | 09:41 |
| 15 | 213 | Alexandra Santos | JuveRunTeam | Veterana F35 | 02:09:59 | +01:03:51 | 10:50 |
| 16 | 217 | Leandra Rosa | JuveRunTeam | Veterana F35 | 02:12:30 | +01:06:22 | 11:03 |

Veterana F40

| | | | | | | | |
|---|-----|--------------------------------|-----------------------------------|--------------|----------|--------|-------|
| 1 | 255 | Carine Loureiro | Unidos Run Team / As Oliveirinhas | Veterana F40 | 01:16:09 | | 06:21 |
| 2 | 144 | Carla Cristina Domingues Prina | Domus Trail | Veterana F40 | 01:17:17 | +01:07 | 06:26 |

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| Official Timekeeper: Lap2Go | 2 / 5 | generate 03-nov.-2024 11:52 |
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Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|-----|-------------------------------------|-----------------------------------|--------------|----------|--------|-------|
| 3 | 236 | Carla Tavares | Rose Power | Veterana F40 | 01:20:21 | +04:11 | 06:42 |
| 4 | 270 | Liliana Patrícia Rodrigues de Pinho | Vamos a Pé - Taboeira | Veterana F40 | 01:21:34 | +05:24 | 06:48 |
| 5 | 257 | Sarah Loureiro | Unidos Run Team / As Oliveirinhas | Veterana F40 | 01:32:03 | +15:54 | 07:40 |
| 6 | 243 | Sara Silva | Tainadas Run Team-Somengil | Veterana F40 | 01:32:28 | +16:18 | 07:42 |
| 7 | 256 | Margarida Perdigão | Unidos Run Team / As Oliveirinhas | Veterana F40 | 01:38:17 | +22:08 | 08:11 |
| 8 | 219 | Paula Simões | JuveRunTeam | Veterana F40 | 01:40:42 | +24:32 | 08:24 |
| 9 | 258 | Sofia Janicas | Unidos Run Team / As Oliveirinhas | Veterana F40 | 02:00:33 | +44:23 | 10:03 |
| 10 | 175 | Sónia Patrícia Rodrigues Ferreira | Individual | Veterana F40 | 02:01:17 | +45:07 | 10:06 |

Veterana F45

| | | | | | | | |
|---|-----|-------------------------------------|-----------------------------------|--------------|----------|--------|-------|
| 1 | 260 | Elisabete Julião | Unidos Run Team / As Oliveirinhas | Veterana F45 | 01:36:05 | | 08:00 |
| 2 | 253 | Nohélia Cartaxo | Unidos run team | Veterana F45 | 01:37:21 | +01:16 | 08:07 |
| 3 | 259 | Carla Cristina Conceição dos Santos | Unidos Run Team / As Oliveirinhas | Veterana F45 | 01:38:17 | +02:12 | 08:11 |
| 4 | 261 | Guida Maria Cavaco Amaral | Unidos Run Team / As Oliveirinhas | Veterana F45 | 02:00:29 | +24:23 | 10:02 |
| 5 | 262 | Susy Fernandes | Unidos Run Team / As Oliveirinhas | Veterana F45 | 02:05:00 | +28:55 | 10:25 |
| 6 | 105 | Suzana Maria Conceição Filipe | ACR Running | Veterana F45 | 02:06:12 | +30:07 | 10:31 |

Veterana F50

| | | | | | | | |
|---|-----|------------------------------------|-----------------------------------|--------------|----------|--------|-------|
| 1 | 176 | Cláudia Almeida | Individual | Veterana F50 | 01:25:25 | | 07:07 |
| 2 | 244 | Dina Maira Neves da Silva Oliviera | Tainadas Run Team-Somengil | Veterana F50 | 01:42:32 | +17:07 | 08:33 |
| 3 | 263 | Paula Conceição | Unidos Run Team / As Oliveirinhas | Veterana F50 | 02:04:55 | +39:30 | 10:25 |
| 4 | 106 | M. José | ACR Running | Veterana F50 | 02:06:11 | +40:46 | 10:31 |

Veterana F60

| | | | | | | | |
|---|-----|--------------------------------------|-------------------------------------|--------------|----------|--------|-------|
| 1 | 126 | Maria Fatima Teixeira da Silva Pinho | CLTT - CLÍNICA LITORALIS TRAIL TEAM | Veterana F60 | 01:05:28 | | 05:27 |
| 2 | 177 | Ludovina De Oliveira Ribeiro Saraiva | Individual | Veterana F60 | 01:17:57 | +12:28 | 06:30 |

Veterano M35

| | | | | | | | |
|----|-----|--------------------------------|-------------------------------------|--------------|----------|--------|-------|
| 1 | 109 | Luis Lourenço | ACR Running | Veterano M35 | 53:17 | | 04:26 |
| 2 | 233 | Filipe Oliveira | Milheirós de Poiares | Veterano M35 | 53:34 | +00:17 | 04:28 |
| 3 | 128 | Luis Santos | CLTT - CLÍNICA LITORALIS TRAIL TEAM | Veterano M35 | 01:01:16 | +07:59 | 05:06 |
| 4 | 221 | Cristiano Diogo Marques Faneca | JuveRunTeam | Veterano M35 | 01:03:07 | +09:50 | 05:16 |
| 5 | 180 | Nuno Sarabando | Individual | Veterano M35 | 01:04:02 | +10:45 | 05:20 |
| 6 | 222 | Floriane de Almeida Faneca | JuveRunTeam | Veterano M35 | 01:06:26 | +13:09 | 05:32 |
| 7 | 107 | André Coquim | ACR Running | Veterano M35 | 01:10:52 | +17:35 | 05:54 |
| 8 | 178 | Emanuel Jesus Simões | Individual | Veterano M35 | 01:12:31 | +19:14 | 06:03 |
| 9 | 223 | Jason Ferreira Santos | JuveRunTeam | Veterano M35 | 01:14:32 | +21:15 | 06:13 |
| 10 | 224 | José Rafael Santos | JuveRunTeam | Veterano M35 | 01:24:53 | +31:36 | 07:04 |
| 11 | 264 | Carlos Tiago Arrais Gomes | Unidos Run Team / As Oliveirinhas | Veterano M35 | 01:25:13 | +31:56 | 07:06 |

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| Official Timekeeper: Lap2Go | 3 / 5 | generate 03-nov.-2024 11:52 |
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Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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|----|-----|----------------------------------|--------------------|--------------|----------|-----------|-------|
| 12 | 123 | Ricardo Preto | Bengalas e Muletas | Veterano M35 | 01:26:10 | +32:53 | 07:11 |
| 13 | 220 | Alexandre Simões | JuveRunTeam | Veterano M35 | 01:28:22 | +35:05 | 07:22 |
| 14 | 179 | Gonçalo Sousa | Individual | Veterano M35 | 01:31:30 | +38:13 | 07:38 |
| 15 | 108 | Daniel Natário | ACR Running | Veterano M35 | 01:32:45 | +39:28 | 07:44 |
| 16 | 248 | Jorge Silva | Trepanelas Prifer | Veterano M35 | 01:37:33 | +44:16 | 08:08 |
| 17 | 181 | Paulo Henrique Costa de Oliveira | Individual | Veterano M35 | 01:37:45 | +44:28 | 08:09 |
| 18 | 122 | Diogo Dias | Bengalas e Muletas | Veterano M35 | 01:38:20 | +45:03 | 08:12 |
| 19 | 121 | David Fontes | Bengalas e Muletas | Veterano M35 | 01:38:27 | +45:10 | 08:12 |
| 20 | 182 | Raimundo Oliveira de Freitas | Individual | Veterano M35 | 01:53:43 | +01:00:26 | 09:29 |
| 21 | 225 | Mike Caetano | JuveRunTeam | Veterano M35 | 02:12:30 | +01:19:13 | 11:03 |

Veterano M40

| | | | | | | | |
|----|-----|--------------------------------|-------------------------------------|--------------|----------|--------|-------|
| 1 | 250 | Eleuterio de Oliveira Mota | Trepanelas Prifer | Veterano M40 | 53:17 | | 04:26 |
| 2 | 249 | Carlos Daniel Miranda Ramos | Trepanelas Prifer | Veterano M40 | 55:14 | +01:57 | 04:36 |
| 3 | 186 | Ricardo rumor | Individual | Veterano M40 | 59:12 | +05:54 | 04:56 |
| 4 | 183 | Bruno Marques | Individual | Veterano M40 | 01:00:29 | +07:11 | 05:02 |
| 5 | 111 | Pedro Oliveira | ACR Running | Veterano M40 | 01:04:32 | +11:15 | 05:23 |
| 6 | 228 | Nuno Costa | JuveRunTeam | Veterano M40 | 01:05:10 | +11:52 | 05:26 |
| 7 | 232 | Micael Santos | Lobitos BikeTeam | Veterano M40 | 01:07:09 | +13:52 | 05:36 |
| 8 | 226 | Filipe Carvalho | JuveRunTeam | Veterano M40 | 01:07:12 | +13:55 | 05:36 |
| 9 | 129 | Hélder Trigo | CLTT - CLÍNICA LITORALIS TRAIL TEAM | Veterano M40 | 01:10:35 | +17:18 | 05:53 |
| 10 | 245 | Jorge Martins | Tainadas Run Team-Somengil | Veterano M40 | 01:11:14 | +17:57 | 05:56 |
| 11 | 110 | Jorge Miguel Tavares Gonçalves | ACR Running | Veterano M40 | 01:12:49 | +19:31 | 06:04 |
| 12 | 185 | Paulo cruz | Individual | Veterano M40 | 01:13:49 | +20:31 | 06:09 |
| 13 | 275 | Alexandre Prior | Individual | Veterano M40 | 01:18:13 | +24:55 | 06:31 |
| 14 | 112 | Tiago de Jesus Lopes | ACR Running | Veterano M40 | 01:20:01 | +26:44 | 06:40 |
| 15 | 130 | José Fernandes | CLTT - CLÍNICA LITORALIS TRAIL TEAM | Veterano M40 | 01:21:04 | +27:46 | 06:45 |
| 16 | 251 | Jonathan Santos | Trepanelas Prifer | Veterano M40 | 01:22:01 | +28:44 | 06:50 |
| 17 | 142 | Nuno Miguel Esteves Amaral | CRAC | Veterano M40 | 01:28:03 | +34:45 | 07:20 |
| 18 | 141 | Diogo André Pereira | CRAC | Veterano M40 | 01:48:10 | +54:52 | 09:01 |

Veterano M45

| | | | | | | | |
|----|-----|--------------------------------|-----------------------------------|--------------|----------|--------|-------|
| 1 | 113 | Carlos Seguel | ADCP PEDRALVA | Veterano M45 | 57:39 | | 04:48 |
| 2 | 116 | Sérgio Cruz | ADCP PEDRALVA | Veterano M45 | 57:41 | +00:01 | 04:48 |
| 3 | 114 | Fernando Silva | ADCP PEDRALVA | Veterano M45 | 01:00:02 | +02:22 | 05:00 |
| 4 | 266 | Jorge Manuel de Jesus Perdigão | Unidos Run Team / As Oliveirinhas | Veterano M45 | 01:01:30 | +03:50 | 05:07 |
| 5 | 188 | Carlos Estrela | Individual | Veterano M45 | 01:01:38 | +03:59 | 05:08 |
| 6 | 198 | Sérgio Silva | Individual | Veterano M45 | 01:06:53 | +09:14 | 05:34 |
| 7 | 197 | Paulo Rocha | Individual | Veterano M45 | 01:06:56 | +09:17 | 05:35 |
| 8 | 190 | Henrique Silva | Individual | Veterano M45 | 01:07:07 | +09:28 | 05:36 |
| 9 | 115 | Mário Miguel Ferreira | ADCP PEDRALVA | Veterano M45 | 01:08:12 | +10:32 | 05:41 |
| 10 | 194 | Nuno Martinho | Individual | Veterano M45 | 01:08:37 | +10:57 | 05:43 |

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|-----|--------------------------------|-----------------------------------|--------------|----------|-----------|-------|
| 11 | 196 | Paulo Julião | Individual | Veterano M45 | 01:09:39 | +11:59 | 05:48 |
| 12 | 195 | Nuno Miguel Martins Lopes | Individual | Veterano M45 | 01:12:32 | +14:52 | 06:03 |
| 13 | 101 | Marco Costa | (Com)doros | Veterano M45 | 01:15:40 | +18:00 | 06:18 |
| 14 | 117 | Hélder Bruno Ferreira da Rocha | ASV | Veterano M45 | 01:16:57 | +19:18 | 06:25 |
| 15 | 187 | Bruno Santos | Individual | Veterano M45 | 01:18:41 | +21:02 | 06:33 |
| 16 | 230 | Celso Belino Costa Alves | JuveRunTeam | Veterano M45 | 01:22:06 | +24:26 | 06:50 |
| 17 | 229 | celso alves | JuveRunTeam | Veterano M45 | 01:28:22 | +30:43 | 07:22 |
| 18 | 265 | Franquelim Gomes Amaral | Unidos Run Team / As Oliveirinhas | Veterano M45 | 01:31:52 | +34:12 | 07:39 |
| 19 | 191 | Luis Jorge Costa | Individual | Veterano M45 | 01:36:35 | +38:55 | 08:03 |
| 20 | 118 | José Miguel de Jesus Brites | ASV | Veterano M45 | 01:40:01 | +42:21 | 08:20 |
| 21 | 274 | Rui António Ferreira Rocha | ASV | Veterano M45 | 01:47:38 | +49:58 | 08:58 |
| 22 | 271 | Marco Paulo da Silva Pinho | Vamos a Pé - Taboeira | Veterano M45 | 01:48:22 | +50:43 | 09:02 |
| 23 | 189 | Henrique Manuel Neves Silva | Individual | Veterano M45 | 02:01:18 | +01:03:39 | 10:07 |

Veterano M50

| | | | | | | | |
|----|-----|----------------------------------|---|--------------|----------|--------|-------|
| 1 | 209 | João Barbosa | Javalis sem limites | Veterano M50 | 58:57 | | 04:55 |
| 2 | 241 | Tibério Almeida Santos | Sosense Trail- Corind/ Braga&Fernandes | Veterano M50 | 01:03:18 | +04:21 | 05:17 |
| 3 | 276 | Carlos Pires | Individual | Veterano M50 | 01:09:21 | +10:24 | 05:47 |
| 4 | 200 | Davide Almeida | Individual | Veterano M50 | 01:10:14 | +11:16 | 05:51 |
| 5 | 205 | Rui Vilar | Individual | Veterano M50 | 01:10:48 | +11:51 | 05:54 |
| 6 | 203 | Paulo Gil | Individual | Veterano M50 | 01:15:31 | +16:33 | 06:18 |
| 7 | 204 | Pedro Bento | Individual | Veterano M50 | 01:16:58 | +18:00 | 06:25 |
| 8 | 202 | Luís Lourenço | Individual | Veterano M50 | 01:21:51 | +22:53 | 06:49 |
| 9 | 207 | Carlos Oliveira | J C T | Veterano M50 | 01:30:59 | +32:02 | 07:35 |
| 10 | 267 | Rui Pinho | Unidos Run Team / As Oliveirinhas | Veterano M50 | 01:31:04 | +32:06 | 07:35 |
| 11 | 231 | Luis Miguel Francisco dos Santos | JuveRunTeam | Veterano M50 | 01:31:04 | +32:06 | 07:35 |
| 12 | 199 | Carlos Matos | Individual | Veterano M50 | 01:31:21 | +32:24 | 07:37 |
| 13 | 201 | Luís Fernandes | Individual | Veterano M50 | 01:45:32 | +46:35 | 08:48 |

Veterano M55

| | | | | | | | |
|---|-----|---------------------|---------------------|--------------|----------|--------|-------|
| 1 | 247 | Paulo Marques | Talentos Objetivos | Veterano M55 | 01:00:20 | | 05:02 |
| 2 | 208 | Daniel Gomes | Javalis 100 limites | Veterano M55 | 01:01:21 | +01:00 | 05:07 |
| 3 | 206 | Antonio Salgueiredo | Individual | Veterano M55 | 01:19:05 | +18:45 | 06:35 |

Veterano M60

| | | | | | | | |
|---|-----|-------------------------|----------------------------|--------------|----------|--------|-------|
| 1 | 246 | Arcanjo Marante Martins | Tainadas Run Team-Somengil | Veterano M60 | 01:01:53 | | 05:09 |
| 2 | 1 | Manuel Augusto Filipe | Freguesia | Veterano M60 | 01:36:11 | +34:18 | 08:01 |