

TRAIL LONGO - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	14,2°C	95%
End	10:55	14,2°C	95%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	22	Pedro Rafael Tavares Garrido	Saca Trilhos Anadia	01:33:01		04:39	
2	17	Igor Santos	JUVE RUN TEAM	01:34:19	+01:18	04:43	
3	6	José Pinheiro	DURA-F1 RACETEAM	01:37:16	+04:15	04:52	
4	7	António Gomes	DURA-F1 RACETEAM	01:40:04	+07:03	05:00	
5	5	Hugo Silva	DURA-F1 RACETEAM	01:40:05	+07:04	05:00	
6	8	José Cruz	DURA-F1 RACETEAM	01:42:24	+09:23	05:07	
7	23	Bruno Paquete	Sport Clube Paradela	01:42:59	+09:58	05:09	
8	11	Tiago Clemêncio Viegas	Individual	01:43:08	+10:07	05:09	
9	9	Francisco Cadinha	Individual	01:44:44	+11:43	05:14	
10	19	Simão Martins	KENYA TAM	01:44:52	+11:51	05:15	
11	24	Luís Azevedo	Sport Clube Paradela	01:45:39	+12:38	05:17	
12	26	João Paulo Nobre Santos Marques	Trilhos da Baga	01:46:35	+13:34	05:20	
13	20	TIAGO SANTOS	LAAC - BIKE & SPORT	01:49:39	+16:38	05:29	
14	18	José Manuel Marques Ferreira	JUVE RUN TEAM	01:49:50	+16:49	05:29	
15	2	Manuel António Roseiro Ferreira	ADABEM Running Team	01:50:27	+17:26	05:31	
16	21	Teresa Reis	Saca Trilhos Anadia	01:50:34	+17:33	05:32	
17	25	Ricardo Vidal	Sport Clube Paradela	01:54:10	+21:09	05:43	
18	4	Vital José Pires Espinhal	DCI/Trilhos Luso Bussaco	01:54:46	+21:45	05:44	
19	16	Cátia Simões Ferreira	JUVE RUN TEAM	01:55:04	+22:03	05:45	
20	14	António Pereira	Individual	01:55:59	+22:58	05:48	
21	10	João Carlos Figueiredo Rosa	Individual	01:56:30	+23:29	05:50	
22	13	Paulo Jorge dos Santos Pereira Pereira	Individual	01:56:53	+23:52	05:51	
23	3	João Almada	ADTJ	01:58:55	+25:54	05:57	
24	15	Heitor Santos	Individual	02:02:35	+29:34	06:08	
25	1	Leonor Salgueiro	Actib Trail	02:19:12	+46:11	06:58	

Trail Longo

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	14,2°C	95%
End	10:55	14,2°C	95%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Junior Masculino

1	9	Francisco Cadinha	Individual	Junior Masculino	01:44:44		05:14
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Senior Feminino

1	21	Teresa Reis	Saca Trilhos Anadia	Senior Feminino	01:50:34		05:32
2	16	Cátia Simões Ferreira	JUVE RUN TEAM	Senior Feminino	01:55:04	+04:29	05:45

Senior Masculino

1	22	Pedro Rafael Tavares Garrido	Saca Trilhos Anadia	Senior Masculino	01:33:01		04:39
2	17	Igor Santos	JUVE RUN TEAM	Senior Masculino	01:34:19	+01:18	04:43
3	6	José Pinheiro	DURA-F1 RACETEAM	Senior Masculino	01:37:16	+04:15	04:52
4	5	Hugo Silva	DURA-F1 RACETEAM	Senior Masculino	01:40:05	+07:03	05:00
5	11	Tiago Clemêncio Viegas	Individual	Senior Masculino	01:43:08	+10:06	05:09
6	19	Simão Martins	KENYA TAM	Senior Masculino	01:44:52	+11:51	05:15
7	20	TIAGO SANTOS	LAAC - BIKE & SPORT	Senior Masculino	01:49:39	+16:38	05:29
8	18	José Manuel Marques Ferreira	JUVE RUN TEAM	Senior Masculino	01:49:50	+16:49	05:29
9	10	João Carlos Figueiredo Rosa	Individual	Senior Masculino	01:56:30	+23:29	05:50

Veterana F40

1	1	Leonor Salgueiro	Actib Trail	Veterana F40	02:19:12		06:58
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Veterano M40

1	7	António Gomes	DURA-F1 RACETEAM	Veterano M40	01:40:04		05:00
2	23	Bruno Paquete	Sport Clube Paradela	Veterano M40	01:42:59	+02:54	05:09
3	24	Luís Azevedo	Sport Clube Paradela	Veterano M40	01:45:39	+05:34	05:17
4	25	Ricardo Vidal	Sport Clube Paradela	Veterano M40	01:54:10	+14:05	05:43
5	4	Vital José Pires Espinhal	DCI/Trilhos Luso Bussaco	Veterano M40	01:54:46	+14:42	05:44

Veterano M50

1	8	José Cruz	DURA-F1 RACETEAM	Veterano M50	01:42:24		05:07
2	26	João Paulo Nobre Santos Marques	Trilhos da Baga	Veterano M50	01:46:35	+04:11	05:20
3	2	Manuel António Roseiro Ferreira	ADABEM Running Team	Veterano M50	01:50:27	+08:02	05:31

Trail Longo

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

4	13	Paulo Jorge dos Santos Pereira Pereira	Individual	Veterano M50	01:56:53	+14:28	05:51
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Veterano M60

1	14	António Pereira	Individual	Veterano M60	01:55:59		05:48
2	3	João Almada	ADTJ	Veterano M60	01:58:55	+02:56	05:57
3	15	Heitor Santos	Individual	Veterano M60	02:02:35	+06:36	06:08

TEAM RESULTS - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	DURA-F1 RACETEAM	3 + 4 + 5	12
2	SPORT CLUBE PARADELA	7 + 11 + 17	35
3	JUVE RUN TEAM	2 + 14 + 19	35

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	156	RICARDO HENRIQUES	LAAC - BIKE & SPORT	01:25:12	+21:37	05:41	
44	180	Nelson Marques	Passo a Passo	01:25:57	+22:22	05:44	
45	132	Diana Nobre	Individual	01:26:00	+22:25	05:44	
46	147	Álvaro Barbosa	Individual	01:26:41	+23:06	05:47	
47	140	Jorge Campos	Individual	01:27:13	+23:38	05:49	
48	122	NUNO JORGE SANTOS	DAR RECARDAES	01:27:25	+23:50	05:50	
49	159	Ana Pereira	OPraticante.pt	01:27:45	+24:10	05:51	
50	126	Alexandra Gomes	Fox running team	01:27:50	+24:15	05:51	
51	123	PAULO JORGE	DAR RECARDAES	01:28:16	+24:41	05:53	
52	196	Fábio Silva	VVTR VALONGO DO VOUGA TRAIL RUNNING	01:29:06	+25:31	05:56	
53	138	Frederico Carvalho	Individual	01:29:51	+26:16	05:59	
54	202	Miguel Sá	VVTR VALONGO DO VOUGA TRAIL RUNNING	01:30:05	+26:30	06:00	
55	151	Carlos Ferreira	Individual	01:30:52	+27:17	06:03	
56	175	António Rodrigues	OPraticante.pt	01:32:19	+28:44	06:09	
57	206	Gilberto de Jesus Pires	Os Te(n)sões	01:33:03	+29:28	06:12	
58	178	Elder Alexander Pepino Neves	Os Te(n)sões	01:33:03	+29:28	06:12	
59	174	José Rocha	OPraticante.pt	01:34:43	+31:08	06:19	
60	201	João Almeida	VVTR VALONGO DO VOUGA TRAIL RUNNING	01:35:22	+31:47	06:21	
61	179	Raul Lemos	Os Te(n)sões	01:36:22	+32:47	06:25	
62	169	Ivone Reis	OPraticante.pt	01:36:40	+33:05	06:27	
63	109	Avelino Silva	Actib Trail	01:37:28	+33:53	06:30	
64	112	Eduardo Correia	BiciARCA Run Team	01:37:46	+34:11	06:31	
65	158	Ana Chipelo	OPraticante.pt	01:37:47	+34:12	06:31	
66	184	Sara Cardoso	Rose Power	01:38:09	+34:34	06:33	
67	130	António Matos	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	01:39:02	+35:27	06:36	
68	103	Carla Barbosa	Actib Trail	01:39:29	+35:54	06:38	
69	142	Miguel Branco	Individual	01:39:41	+36:06	06:39	
70	114	António Rodrigues	BiciARCA Run Team	01:39:44	+36:09	06:39	
71	205	Juvenal Carvalho	Individual	01:40:52	+37:17	06:43	
72	204	Pedro Carvalho	Individual	01:40:52	+37:17	06:43	
73	154	Bernardo Lemos	jo vase trail running	01:41:22	+37:47	06:45	
74	155	Marisa Santos	jo vase trail running	01:41:28	+37:53	06:46	
75	194	Marta Rodrigues	Trilhos da Baga/ k Run team	01:41:54	+38:19	06:48	
76	105	Paula Brito	Actib Trail	01:42:09	+38:34	06:49	
77	182	Liliana Karina	Rose Power	01:44:32	+40:57	06:58	
78	133	Raquel Carvalho	Individual	01:44:39	+41:04	06:59	
79	146	Patrícia Silva	Individual	01:44:40	+41:05	06:59	
80	190	João Pedro Lopes	Sport Clube Paradela	01:46:41	+43:06	07:07	
81	170	Marta Carmo	OPraticante.pt	01:51:35	+48:00	07:26	
82	117	Nico van Elkan	Club de Ancas	01:54:34	+50:59	07:38	
83	116	goncalo daniel correia	Club de Ancas	01:54:34	+50:59	07:38	
84	136	Fábio Branco	Individual	01:56:13	+52:38	07:45	
85	209	Paulo Roncon	Vespera de sexta-feira	01:57:33	+53:58	07:50	
86	208	Jose Rodrigues	Vespera de sexta-feira	01:57:34	+53:59	07:50	
87	129	Maria Ramos	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	01:57:44	+54:09	07:51	
88	128	Edite Fernandes	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	01:58:31	+54:56	07:54	

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	131	CRISTINA ABRANTES	Individual	02:01:38	+58:03	08:07	
90	153	Carlos Oliveira	J C T	02:01:38	+58:03	08:07	
91	141	MARCO GOMES	Individual	02:01:39	+58:04	08:07	
92	145	RODRIGO NEVES	Individual	02:01:39	+58:04	08:07	
93	195	Sandra Ferreira	VVTR VALONGO DO VOUGA TRAIL RUNNING	02:10:33	+01:06:58	08:42	
94	200	Luísa Silva	VVTR VALONGO DO VOUGA TRAIL RUNNING	02:11:25	+01:07:50	08:46	
95	167	Catarina Pinho	OPraticante.pt	02:11:55	+01:08:20	08:48	
96	168	Cidália Silva	OPraticante.pt	02:12:09	+01:08:34	08:49	

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	17,7°C	92%
End	11:12	17,7°C	92%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Masculino

1	154	Bernardo Lemos	jovase trail running	Junior Masculino	01:41:22		06:45
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Senior Feminino

1	187	Liliana Ferreira	Sport Clube Paradela	Senior Feminino	01:25:11		05:41
2	132	Diana Nobre	Individual	Senior Feminino	01:26:00	+00:48	05:44
3	159	Ana Pereira	OPraticante.pt	Senior Feminino	01:27:45	+02:33	05:51
4	158	Ana Chipelo	OPraticante.pt	Senior Feminino	01:37:47	+12:36	06:31
5	182	Liliana Karina	Rose Power	Senior Feminino	01:44:32	+19:21	06:58
6	133	Raquel Carvalho	Individual	Senior Feminino	01:44:39	+19:27	06:59
7	131	CRISTINA ABRANTES	Individual	Senior Feminino	02:01:38	+36:26	08:07
8	195	Sandra Ferreira	VVTR VALONGO DO VOUGA TRAIL RUNNING	Senior Feminino	02:10:33	+45:21	08:42

Senior Masculino

1	198	Pedro Ferreira	VVTR VALONGO DO VOUGA TRAIL RUNNING	Senior Masculino	01:03:35		04:14
2	185	Rui Figueiredo	Saca Trilhos Anadia	Senior Masculino	01:03:37	+00:01	04:14
3	118	FILIPPE COSTA	DAR RECARDAES	Senior Masculino	01:03:39	+00:04	04:15
4	127	Sérgio Augusto Almeida Lopes	GREirense	Senior Masculino	01:04:23	+00:47	04:18
5	163	Domingos Vieira	OPraticante.pt	Senior Masculino	01:07:34	+03:59	04:30
6	161	Augusto Tavares	OPraticante.pt	Senior Masculino	01:07:37	+04:02	04:30
7	139	João Pedro Oliveira	Individual	Senior Masculino	01:07:57	+04:22	04:32
8	119	RICARDO TAVARES	DAR RECARDAES	Senior Masculino	01:10:51	+07:15	04:43
9	197	Nuno Ribeiro	VVTR VALONGO DO VOUGA TRAIL RUNNING	Senior Masculino	01:13:38	+10:03	04:55
10	189	Luís Silva	Sport Clube Paradela	Senior Masculino	01:14:39	+11:04	04:59
11	144	Ricardo Luis Santos Pereira	Individual	Senior Masculino	01:14:55	+11:20	05:00
12	157	Ricardo Branquinho	NAR - Núcleo de Atletismo de Requeixo	Senior Masculino	01:16:10	+12:35	05:05
13	199	Rui Barros	VVTR VALONGO DO VOUGA TRAIL RUNNING	Senior Masculino	01:16:54	+13:19	05:08
14	102	Hugo Guerra	Actib Trail	Senior Masculino	01:17:48	+14:13	05:11
15	137	Filipe Silva	Individual	Senior Masculino	01:18:24	+14:49	05:14
16	135	André Oliveira	Individual	Senior Masculino	01:18:58	+15:23	05:16
17	166	Sérgio Ruela	OPraticante.pt	Senior Masculino	01:20:51	+17:16	05:23
18	134	André Gomes	Individual	Senior Masculino	01:21:31	+17:56	05:26
19	143	Rafael Barros	Individual	Senior Masculino	01:23:28	+19:53	05:34
20	188	Daniel Alexandre	Sport Clube Paradela	Senior Masculino	01:25:12	+21:36	05:41

Official Timekeeper: Lap2Go	1 / 4	generate 20-out.-2024 11:14
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Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

21	140	Jorge Campos	Individual	Senior Masculino	01:27:13	+23:38	05:49
22	196	Fábio Silva	VVTR VALONGO DO VOUGA TRAIL RUNNING	Senior Masculino	01:29:06	+25:31	05:56
23	138	Frederico Carvalho	Individual	Senior Masculino	01:29:51	+26:15	05:59
24	142	Miguel Branco	Individual	Senior Masculino	01:39:41	+36:05	06:39
25	117	Nico van Elkan	Club de Ancas	Senior Masculino	01:54:34	+50:59	07:38
26	116	goncalo daniel correia	Club de Ancas	Senior Masculino	01:54:34	+50:59	07:38
27	136	Fábio Branco	Individual	Senior Masculino	01:56:13	+52:38	07:45
28	208	Jose Rodrigues	Vespera de sexta-feira	Senior Masculino	01:57:34	+53:59	07:50
29	141	MARCO GOMES	Individual	Senior Masculino	02:01:39	+58:04	08:07
30	145	RODRIGO NEVES	Individual	Senior Masculino	02:01:39	+58:04	08:07

Sub 23 Masculino

1	193	João Pedro Antunes Dias	Talentos Objetivos	Sub 23 Masculino	01:16:01		05:04
2	121	TIAGO SARAIVA	DAR RECARDAES	Sub 23 Masculino	01:21:55	+05:53	05:28

Veterana F40

1	124	Márcia Martins	DCI/Trilhos Luso Bussaco	Veterana F40	01:11:30		04:46
2	126	Alexandra Gomes	Fox running team	Veterana F40	01:27:50	+16:19	05:51
3	169	Ivone Reis	OPraticante.pt	Veterana F40	01:36:40	+25:09	06:27
4	184	Sara Cardoso	Rose Power	Veterana F40	01:38:09	+26:38	06:33
5	103	Carla Barbosa	Actib Trail	Veterana F40	01:39:29	+27:58	06:38
6	155	Marisa Santos	jovase trail running	Veterana F40	01:41:28	+29:58	06:46
7	194	Marta Rodrigues	Trilhos da Baga/ k Run team	Veterana F40	01:41:54	+30:24	06:48
8	105	Paula Brito	Actib Trail	Veterana F40	01:42:09	+30:38	06:49
9	146	Patrícia Silva	Individual	Veterana F40	01:44:40	+33:09	06:59
10	170	Marta Carmo	OPraticante.pt	Veterana F40	01:51:35	+40:04	07:26
11	167	Catarina Pinho	OPraticante.pt	Veterana F40	02:11:55	+01:00:25	08:48
12	168	Cidália Silva	OPraticante.pt	Veterana F40	02:12:09	+01:00:39	08:49

Veterana F50

1	129	Maria Ramos	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	Veterana F50	01:57:44		07:51
2	128	Edite Fernandes	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	Veterana F50	01:58:31	+00:46	07:54
3	200	Luísa Silva	VVTR VALONGO DO VOUGA TRAIL RUNNING	Veterana F50	02:11:25	+13:40	08:46

Veterano M40

1	110	Bruno Rodrigues	Actib Trail	Veterano M40	01:07:17		04:29
2	186	João Almeida	Saca Trilhos Anadia	Veterano M40	01:07:23	+00:05	04:30
3	125	João Oliveira	DCI/Trilhos Luso Bussaco	Veterano M40	01:09:39	+02:21	04:39

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Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

4	106	David Felizardo	Actib Trail	Veterano M40	01:09:52	+02:34	04:39
5	172	João Garrido	OPraticante.pt	Veterano M40	01:10:33	+03:15	04:42
6	191	Márcio Silva	Sport Clube Paradelas	Veterano M40	01:11:33	+04:15	04:46
7	113	Joel Gouveia	BiciARCA Run Team	Veterano M40	01:18:51	+11:33	05:15
8	171	Gabrel Godinho	OPraticante.pt	Veterano M40	01:19:05	+11:47	05:16
9	101	Pedro Alves	AAM Runners	Veterano M40	01:21:04	+13:46	05:24
10	148	Lex Miro	Individual	Veterano M40	01:21:13	+13:55	05:25
11	173	João Rocha	OPraticante.pt	Veterano M40	01:21:26	+14:08	05:26
12	111	Paulo Marques	ADFA - DESPORTOS DE NATUREZA	Veterano M40	01:22:12	+14:54	05:29
13	150	Pedro Miguel Dias de Carvalho	Individual	Veterano M40	01:23:01	+15:43	05:32
14	156	RICARDO HENRIQUES	LAAC - BIKE & SPORT	Veterano M40	01:25:12	+17:54	05:41
15	180	Nelson Marques	Passo a Passo	Veterano M40	01:25:57	+18:39	05:44
16	147	Álvaro Barbosa	Individual	Veterano M40	01:26:41	+19:23	05:47
17	122	NUNO JORGE SANTOS	DAR RECARDAES	Veterano M40	01:27:25	+20:08	05:50
18	206	Gilberto de Jesus Pires	Os Te(n)sões	Veterano M40	01:33:03	+25:45	06:12
19	178	Elder Alexander Pepino Neves	Os Te(n)sões	Veterano M40	01:33:03	+25:45	06:12
20	174	José Rocha	OPraticante.pt	Veterano M40	01:34:43	+27:25	06:19
21	201	João Almeida	VVTR VALONGO DO VOUGA TRAIL RUNNING	Veterano M40	01:35:22	+28:04	06:21
22	179	Raul Lemos	Os Te(n)sões	Veterano M40	01:36:22	+29:04	06:25
23	112	Eduardo Correia	BiciARCA Run Team	Veterano M40	01:37:46	+30:28	06:31
24	205	Juvenal Carvalho	Individual	Veterano M40	01:40:52	+33:34	06:43
25	204	Pedro Carvalho	Individual	Veterano M40	01:40:52	+33:35	06:43
26	190	João Pedro Lopes	Sport Clube Paradelas	Veterano M40	01:46:41	+39:23	07:07
27	209	Paulo Roncon	Vespera de sexta-feira	Veterano M40	01:57:33	+50:15	07:50

Veterano M50

1	115	Manuel Vicente	BiciARCA Run Team	Veterano M50	01:10:05		04:40
2	176	José Moreira	OPraticante.pt	Veterano M50	01:19:42	+09:36	05:19
3	152	Paulo Silva	Individual	Veterano M50	01:23:41	+13:36	05:35
4	123	PAULO JORGE	DAR RECARDAES	Veterano M50	01:28:16	+18:10	05:53
5	202	Miguel Sá	VVTR VALONGO DO VOUGA TRAIL RUNNING	Veterano M50	01:30:05	+19:59	06:00
6	151	Carlos Ferreira	Individual	Veterano M50	01:30:52	+20:46	06:03
7	175	António Rodrigues	OPraticante.pt	Veterano M50	01:32:19	+22:14	06:09
8	130	António Matos	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	Veterano M50	01:39:02	+28:56	06:36
9	114	António Rodrigues	BiciARCA Run Team	Veterano M50	01:39:44	+29:39	06:39
10	153	Carlos Oliveira	J C T	Veterano M50	02:01:38	+51:33	08:07

Veterano M60

1	177	João Vnha	OPraticante.pt	Veterano M60	01:13:50		04:55
2	203	Eugénio Alves	VVTR VALONGO DO VOUGA TRAIL RUNNING	Veterano M60	01:18:40	+04:49	05:15

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