Trail Azenhas Da Carregosa 2024

Oliveira de Azemeis, PT

08-dezembro-2024

20KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	7,7ºC	81%
End	14:12	7,7ºC	81%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1	Pedro Bastos	PNB	02:06:09		06:18	
2	22	Francisco Silva	AD Marco 09	02:11:25	+05:16	06:34	
3	3	Miguel Silva	Carregosa Lowlanders	02:11:43	+05:34	06:35	
4	72	José Costa	G.D.A Ronda	02:11:44	+05:35	06:35	
5	71	Hugo Silva	G.D.A Ronda	02:11:46	+05:37	06:35	
6	70	Hugo Ferreira	G.D.A Ronda	02:12:03	+05:54	06:36	
7	56	António Gomes	Dura-F1 Raceteam	02:13:54	+07:45	06:42	
8	53	Hugo Silva	Dura-F1 Raceteam	02:13:56	+07:47	06:42	
9	54	José Pinheiro	Dura-F1 Raceteam	02:14:44	+08:35	06:44	
10	5	Márcio Pinho	Carregosa Lowlanders	02:16:17	+10:08	06:49	
11	65	Paulo Matos	Fox Running team	02:16:52	+10:43	06:51	
12	45	Renato Barbosa	Cinfães a Correr	02:17:01	+10:52	06:51	
13	173	Bruno Fernandes	Joana Pinho	02:17:30	+11:21	06:52	
14	210	José Rosário	Sapatilhas Verdes	02:17:58	+11:49	06:54	
15	63	Paulo Gomes	FOR+	02:19:28	+13:19	06:58	
16	33	Daniel Pinho	AZTrail	02:19:52	+13:43	07:00	
17	69	André Melo	G.D.A Ronda	02:20:08	+13:59	07:00	
18	57	David Coutinho	Dura-F1 Raceteam	02:20:15	+14:06	07:01	
19	163	José Sousa	Individual	02:21:11	+15:02	07:04	
20	47	Fábio Vasconcelos	Clube Efacec	02:23:03	+16:54	07:09	
21	58	José Cruz	Dura-F1 Raceteam	02:23:05	+16:56	07:09	
22	174	João Ribeiro	João Ribeiro	02:23:27	+17:18	07:10	
23	212	Nelson Brandão	Sapatilhas Verdes	02:24:06	+17:57	07:12	
24	38	Manuel Vicente	BiciARCA run team	02:25:01	+18:52	07:15	
25	105	Tiago Sá	ÁGUIAS DE ALVELOS	02:25:41	+19:32	07:17	
26	32	Daniel Carvalho	AZTrail	02:26:08	+19:59	07:18	
27	12	Francisco Valga	Carregosa Lowlanders	02:26:26	+20:17	07:19	
28	62	Miguel Dias	FOR+	02:26:26	+20:17	07:19	
29	51	Tony Graça	DCI/Trilhos Luso Bussaco	02:27:38	+21:29	07:23	
30	49	Pedro Castro	Clube Efacec	02:28:13	+22:04	07:25	
31	68	Mário Ibarra	G.D.A Ronda	02:28:40	+22:31	07:26	
32	21	LUIS FERREIRA	ACD os Ílhavos	02:28:56	+22:47	07:27	
33	26	António Fernandes	Amigos do trail OAZ	02:28:58	+22:49	07:27	
34	73	Manuel Bastos	G.D.A Ronda	02:29:25	+23:16	07:28	
35	92	Bruno Miguel Oliveira Bernardes	Individual	02:29:46	+23:37	07:29	
36	4	Ulisses Baptista	Carregosa Lowlanders	02:30:52	+24:43	07:33	
37	193	Tino Pais	Run & Fun	02:32:02	+25:53	07:36	
38	102	Rafael Bravo	Individual	02:32:07	+25:58	07:36	
39	135	Hélio José Esteves Simões	Afipre Team	02:32:41	+26:32	07:38	
40	180	Isaac costa	OLÍMPICO VIANENSE	02:32:51	+26:42	07:39	
41	91	Bruno Bastos	Individual	02:33:06	+26:57	07:39	
42	201	FERNANDO MORAIS	Saca Trilhos Anadia	02:33:20	+27:11	07:40	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	216	Paulo Sérgio Silva Gomes	Sentir Escariz running	02:33:34	+27:25	07:41	
44	177	Francisco Terra	Núcleo atletismo Cucujães	02:33:54	+27:45	07:42	
45	78	Bruno silva	Grupo Juvenil Pinheiro da Bemposta	02:33:55	+27:46	07:42	
46	29	Fernando Lima	Núcleo atletismo Cucujães	02:33:55	+27:46	07:42	
47	41	Domingos Tavare	Bustos Runners	02:34:27	+28:18	07:43	
48	218	Hilário Louro	Serra D'Aire Trail Team	02:36:35	+30:26	07:50	
49	192	Nelson Pais	Run & Fun	02:37:10	+31:01	07:52	
50	169	Telmo Rui Aguiar leite	Individual	02:37:24	+31:15	07:52	
51	46	Leida Bello	Clube Desportivo Feirense	02:37:43	+31:34	07:53	
52	235	BRUNO MELO	Valongo trail team	02:38:05	+31:56	07:54	
53	134	Hélder Pereira Borges	Afipre Team	02:38:09	+32:00	07:54	
54	147	Richard Ferreira	Individual	02:38:20	+32:11	07:55	
55	42	Fernando Seabra	Caminhadas da Amizade	02:38:36	+32:27	07:56	
56	50	Silvio Virgílio Almeida carvalho	CMMC Vale de Cambra	02:38:58	+32:49	07:57	
57	233	Tiago Pereira	Vale Correr	02:41:49	+35:40	08:05	
58	234	Joao Rodrigues	Vale Correr	02:41:53	+35:44	08:06	
59	93	Eduardo Bastos	Individual	02:42:12	+36:03	08:07	
60	74	Gaspar Araujo	GRC Telhadela	02:42:14	+36:05	08:07	
61	228	Nuno Faria	Tuga Mobile ADAP Trail	02:42:21	+36:12	08:07	
62	227	Carlos Moreira	Tuga Mobile ADAP Trail	02:42:22	+36:13	08:07	
63	116	Alexandra Fernandes	Individual	02:42:32	+36:23	08:08	
64	111	Maria de Fátima de Sousa Ferreira Tavares	Individual	02:42:55	+36:46	08:09	
65	20	Vítor Santos	ACAIL GAS	02:43:07	+36:58	08:09	
66	31	Pedro Manuel Nunes Martins	AZTrail	02:43:07	+36:58	08:09	
67	27	Joaquim pereira pinho	Amigos do trail OAZ	02:43:17	+37:08	08:10	
68	6	Marcos Soares	Carregosa Lowlanders	02:43:30	+37:21	08:10	
69	141	Manuel Filipe Pereira e Pinho	Individual	02:44:49	+38:40	08:14	
70	35	BRUNO VIEIRA	AZTrail	02:46:43	+40:34	08:20	
71	205	Tiago Santos	Sapatilhas Verdes	02:47:14	+41:05	08:22	
72	152	Américo Costa	Individual	02:47:18	+41:09	08:22	
73	160	José Manuel Lima Antunes	Running 4 Fun Team Viseu	02:47:29	+41:20	08:22	
74	211	Luís Rocha	Sapatilhas Verdes	02:47:55	+41:46	08:24	
75	132	Fernando Sampaio	Individual	02:48:55	+42:46	08:27	
76	9	Daniela Russo	Carregosa Lowlanders	02:49:07	+42:58	08:27	
77	179	Blandine Craveiro	OLÍMPICO VIANENSE	02:49:32	+43:23	08:29	
78	40	Hugo Miguel Oliveira e Silva	Bustos Runners	02:50:02	+43:53	08:30	
79	95	Hugo Silva	Individual	02:50:26	+44:17	08:31	
80	48	Cláudia Flor	AD Nós Acreditamos	02:51:40	+45:31	08:35	
81	87	Tania Marisa	Individual	02:51:44	+45:35	08:35	
82	7	Francisco Santos	Carregosa Lowlanders	02:51:53	+45:44	08:36	
83	148	Ricky Matias	Individual	02:51:57	+45:48	08:36	
84	238	Diana Pinho	Guisande Trail Running	02:52:16	+46:07	08:37	
85	113	Rita Brásio	Individual	02:52:52	+46:43	08:39	
86	39	André Ferreira	Bustos Runners	02:53:02	+46:53	08:39	
87	188	Filipe Nascimento	PORTO SENTIDO RUNNERS	02:53:19	+47:10	08:40	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	236	Bruno Miguel Ferreira Gonçalves	ZeQuinhas Running Team	02:53:25	+47:16	08:40	
89	110	Lurdes Gonçalves	Individual	02:54:10	+48:01	08:42	
90	94	Helder Marques	Individual	02:55:15	+49:06	08:46	
91	149	Rogério Ribeiro	Individual	02:55:35	+49:26	08:47	
92	168	Porfirio Pereira	Individual	02:55:35	+49:26	08:47	
93	223	Luís Silva	TrailNadas	02:56:26	+50:17	08:49	
94	185	Luís Pereira	Passo a Passo	02:57:05	+50:56	08:51	
95	204	Ricardo Barbosa	Sapatilhas Verdes	02:57:07	+50:58	08:51	
96	200	Alexandra Gomes	Running Fox Running	02:57:34	+51:25	08:53	
97	13	Vitor Pereira	Carregosa Lowlanders	02:57:35	+51:26	08:53	
98	140	Luis Almeida	Individual	02:57:39	+51:30	08:53	
99	81	João Pedro Sá Borges	Afipre Team	02:57:42	+51:33	08:53	
100	226	António Mendes	Tuga Mobile ADAP Trail	02:57:45	+51:36	08:53	
101	10	Sandra Moreira	Carregosa Lowlanders	02:57:59	+51:50	08:54	
102	167	Miguel Costa	Individual	02:58:16	+52:07	08:55	
103	184	Nelson Marques	Passo a Passo	02:59:54	+53:45	09:00	
104	198	José santos	Runners	03:00:57	+54:48	09:03	
105	15	Ilda Fernandes	.	03:01:04	+54:55	09:03	
106	16	NUNO SANTOS	.	03:01:04	+54:55	09:03	
107	231	FRANCISCO FONSECA	UNIDOS PELOS TRILHOS	03:01:05	+54:56	09:03	
108	232	PAULO SILVA	UNIDOS PELOS TRILHOS	03:01:06	+54:57	09:03	
109	175	Vicente Pinto	JUVENTUDE ATLÉTICA MOZELENSE	03:01:06	+54:57	09:03	
110	43	Carlos Amílcar Domingues Santos Silva	CATR-CORREIO DE ALBERGARIA	03:01:11	+55:02	09:04	
111	143	Marco Paiva	Individual	03:01:37	+55:28	09:05	
112	161	José Manuel Moreira da Costa	Individual	03:02:13	+56:04	09:07	
113	115	SMónica Fernandes	Individual	03:03:50	+57:41	09:12	
114	18	Florbela Araujo	ACAIL GAS	03:04:34	+58:25	09:14	
115	137	Jorge Manuel Santiago Tavares	Individual	03:05:03	+58:54	09:15	
116	119	Celina Dias	Running 4 Fun Team Viseu	03:05:45	+59:36	09:17	
117	99	Luis Ferreira	Individual	03:07:12	+01:01:03	09:22	
118	146	Ricardo Soares	Individual	03:07:13	+01:01:04	09:22	
119	190	Sara Mota	Run & Fun	03:07:17	+01:01:08	09:22	
120	202	Diogo Reis	Sapatilhas Verdes	03:07:22	+01:01:13	09:22	
121	186	José Maia	Passo a Passo	03:07:42	+01:01:33	09:23	
122	203	Ana Duarte	Sapatilhas Verdes	03:08:55	+01:02:46	09:27	
123	76	Antonio Martins	Grupo Juvenil Pinheiro da Bemposta	03:09:01	+01:02:52	09:27	
124	229	ANTÓNIO CUNHA	UNIDOS PELOS TRILHOS	03:09:23	+01:03:14	09:28	
125	36	PAULA CARVALHO	B..V. FAMALICENSES	03:09:24	+01:03:15	09:28	
126	138	José Carlos Ferreira de Oliveira Brandão Brandão	Individual	03:09:28	+01:03:19	09:28	
127	128	Carlos Ranzal	Individual	03:09:35	+01:03:26	09:29	
128	112	Patrícia Maria de Almeida Soares	Individual	03:10:21	+01:04:12	09:31	
129	208	Gonçalo Oliveira	Sapatilhas Verdes	03:10:29	+01:04:20	09:31	
130	19	Luis Novo	ACAIL GAS	03:11:18	+01:05:09	09:34	
131	194	Tino silva	Run & Fun	03:12:06	+01:05:57	09:36	
132	24	Gonçalo Vergueiro	Adabem Running Team	03:12:25	+01:06:16	09:37	

20KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	28	Isabel Madeira	ARCD Venda da Luisa	03:12:26	+01:06:17	09:37	
134	195	Manuel Moreira	Run & Fun	03:12:28	+01:06:19	09:37	
135	125	António Lúcio Soares	Individual	03:12:33	+01:06:24	09:38	
136	67	Ernesto Martins	G.D. Leões da Guarda – LION RUNNERS	03:13:09	+01:07:00	09:39	
137	107	Céu Vilar	Individual	03:13:12	+01:07:03	09:40	
138	154	António Gonçalves	Individual	03:14:22	+01:08:13	09:43	
139	64	Tânia Ângelo	Fox Running team	03:14:32	+01:08:23	09:44	
140	118	Célia Aguiar	Individual	03:14:45	+01:08:36	09:44	
141	130	Daniel Almeida	Individual	03:15:03	+01:08:54	09:45	
142	171	António De Neiva Rodrigues	Afipre Team	03:15:03	+01:08:54	09:45	
143	100	Luís Marques	Individual	03:15:29	+01:09:20	09:46	
144	126	Bruno Vigario	Individual	03:16:52	+01:10:43	09:51	
145	8	José Duarte	Carregosa Lowlanders	03:17:31	+01:11:22	09:53	
146	52	Joana Ribeiro	Dura-F1 Raceteam	03:17:38	+01:11:29	09:53	
147	79	Carlos Teixeira	Grupo Juvenil Pinheiro da Bemposta	03:18:21	+01:12:12	09:55	
148	127	Carlos Alberto Cruz	Individual	03:18:30	+01:12:21	09:55	
149	237	Marco Almeida	ZeQuinhas Running Team	03:18:31	+01:12:22	09:56	
150	123	Rosa Cerveira	Individual	03:18:50	+01:12:41	09:57	
151	157	Humberto Dias	Running 4 Fun Team Viseu	03:22:23	+01:16:14	10:07	
152	142	Manuel ventura da Silva Marques	Individual	03:22:53	+01:16:44	10:09	
153	230	CARLOS JORGE	UNIDOS PELOS TRILHOS	03:22:54	+01:16:45	10:09	
154	109	Florbela Marques Queiroz	Individual	03:23:35	+01:17:26	10:11	
155	217	Fernando Brandão	Sentir Escariz running	03:23:42	+01:17:33	10:11	
156	89	Vanessa Maia	Individual	03:24:28	+01:18:19	10:13	
157	172	Carlos Manuel Ferreira Silva	Individual	03:24:30	+01:18:21	10:13	
158	104	Rúben Silva	Individual	03:24:55	+01:18:46	10:15	
159	17	Carlos Macedo	A.D.Amarante	03:26:01	+01:19:52	10:18	
160	117	Bia Maia	Individual	03:26:03	+01:19:54	10:18	
161	182	Francisco Santos	Os Atletas	03:28:19	+01:22:10	10:25	
162	181	Licinia Santos	Os Atletas	03:28:20	+01:22:11	10:25	
163	221	Amilcar de Oliveira Raimundo	Sosense Trail Team - Braga & Fernandes	03:30:49	+01:24:40	10:32	
164	37	Leonel Pinto	Bairro dos Anjos	03:31:14	+01:25:05	10:34	
165	77	Amândio Silva	Grupo Juvenil Pinheiro da Bemposta	03:32:05	+01:25:56	10:36	
166	80	Helder Martins	Grupo Juvenil Pinheiro da Bemposta	03:32:22	+01:26:13	10:37	
167	136	Jorge ferreira	Individual	03:34:37	+01:28:28	10:44	
168	225	Carlos Freitas	Trilhados	03:36:46	+01:30:37	10:50	
169	162	José Miguel Melo Brandão	Individual	03:36:58	+01:30:49	10:51	
170	86	Sofia Cardoso Martins	Individual	03:38:52	+01:32:43	10:57	
171	209	Joao Rodrigues	Sapatilhas Verdes	03:44:22	+01:38:13	11:13	
172	219	Mónia Oliveira	Só pela banana	03:45:29	+01:39:20	11:16	
173	220	Nuno Figueiredo	Só pela banana	03:45:31	+01:39:22	11:17	
174	215	António Reis	Sapatilhas Verdes	03:46:17	+01:40:08	11:19	
175	84	Cristina Oliveira	Individual	03:46:23	+01:40:14	11:19	
176	55	Suzana Ribeiro	Dura-F1 Raceteam	03:46:24	+01:40:15	11:19	
177	224	Ricardo Silva	TrailNadas	03:46:26	+01:40:17	11:19	
178	11	Miguel Duarte	Carregosa Lowlanders	03:48:12	+01:42:03	11:25	

20KM - STAGE 1

20 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
179	170	Tó-Zé Pinheiro	Individual	03:49:47	+01:43:38	11:29	
180	120	Isabel Gomes	Individual	03:49:51	+01:43:42	11:30	
181	139	Lindolfo José Teixeira da Costa Sol	Individual	03:50:26	+01:44:17	11:31	
182	106	João Fonseca	Individual	03:51:16	+01:45:07	11:34	
183	121	Sandra Carvalho	Individual	03:51:35	+01:45:26	11:35	
184	30	Tânia Henriques	AZTrail	03:51:35	+01:45:26	11:35	
185	124	António Costa	Individual	03:51:36	+01:45:27	11:35	
186	25	Pedro Duarte	Adões Trail	03:56:01	+01:49:52	11:48	
187	158	João Teixiera	Individual	03:58:20	+01:52:11	11:55	
188	108	Daniela Caetano de Sá	Individual	04:00:24	+01:54:15	12:01	
189	196	Mário Jorge Marques Almeida	Run & Fun	04:02:54	+01:56:45	12:09	
190	197	Quinel Mota	Run & Fun	04:02:58	+01:56:49	12:09	
191	165	Manuel Carlos Domingues Pires	Individual	04:03:42	+01:57:33	12:11	
192	66	Paulo Silva	G.D. Leões da Guarda – LION RUNNERS	04:03:43	+01:57:34	12:11	
193	214	Pedro Serrano	Sapatilhas Verdes	04:03:44	+01:57:35	12:11	
194	159	Jose Luis Villaverde Sanisidro	Individual	04:05:16	+01:59:07	12:16	
195	85	Daniela Oliveira	Individual	04:05:29	+01:59:20	12:16	
196	191	Fernanda Almeida	Run & Fun	04:11:20	+02:05:11	12:34	
197	239	Pedro Amorim	Porto Runners	04:23:05	+02:16:56	13:09	
198	176	Vitor Silva	NOCTURNOS DE PAREDES	04:26:49	+02:20:40	13:20	
199	97	José Bessa	Individual	04:26:50	+02:20:41	13:21	
200	187	Sandra Carvalho	PORTO SENTIDO RUNNERS	04:31:28	+02:25:19	13:34	
201	189	Paulo Rocha	PORTO SENTIDO RUNNERS	04:31:30	+02:25:21	13:34	
202	164	Luis Paulo Silva Ferreira	Individual	04:32:30	+02:26:21	13:37	
203	75	SILVIA REGINA ARRUDA DE MORAES	Grupo desportivo da Mata	04:37:58	+02:31:49	13:54	

Trail Azenhas Da Carregosa 2024

Oliveira de Azemeis, PT

08-dezembro-2024

20KM **20 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	7,7ºC	81%
End	14:12	7,7ºC	81%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Juvenil Masculino							
1	81	João Pedro Sá Borges	Afipre Team	Juvenil Masculino	02:57:42		08:53
2	202	Diogo Reis	Sapatilhas Verdes	Juvenil Masculino	03:07:22	+09:40	09:22
Senior Feminino							
1	46	Leida Bello	Clube Desportivo Feirense	Senior Feminino	02:37:43		07:53
2	48	Cláudia Flor	AD Nós Acreditamos	Senior Feminino	02:51:40	+13:57	08:35
3	87	Tania Marisa	Individual	Senior Feminino	02:51:44	+14:01	08:35
4	238	Diana Pinho	Guisande Trail Running	Senior Feminino	02:52:16	+14:33	08:37
5	18	Florbela Araujo	ACAIL GAS	Senior Feminino	03:04:34	+26:51	09:14
6	203	Ana Duarte	Sapatilhas Verdes	Senior Feminino	03:08:55	+31:12	09:27
7	64	Tânia Ângelo	Fox Running team	Senior Feminino	03:14:32	+36:49	09:44
8	52	Joana Ribeiro	Dura-F1 Raceteam	Senior Feminino	03:17:38	+39:55	09:53
9	89	Vanessa Maia	Individual	Senior Feminino	03:24:28	+46:45	10:13
10	86	Sofia Cardoso Martins	Individual	Senior Feminino	03:38:52	+01:01:09	10:57
11	84	Cristina Oliveira	Individual	Senior Feminino	03:46:23	+01:08:40	11:19
12	30	Tânia Henriques	AZTrail	Senior Feminino	03:51:35	+01:13:52	11:35
13	85	Daniela Oliveira	Individual	Senior Feminino	04:05:29	+01:27:46	12:16
Senior Masculino							
1	22	Francisco Silva	AD Marco 09	Senior Masculino	02:11:25		06:34
2	53	Hugo Silva	Dura-F1 Raceteam	Senior Masculino	02:13:56	+02:31	06:42
3	54	José Pinheiro	Dura-F1 Raceteam	Senior Masculino	02:14:44	+03:19	06:44
4	45	Renato Barbosa	Cinfães a Correr	Senior Masculino	02:17:01	+05:36	06:51
5	33	Daniel Pinho	AZTrail	Senior Masculino	02:19:52	+08:27	07:00
6	47	Fábio Vasconcelos	Clube Efacec	Senior Masculino	02:23:03	+11:38	07:09
7	105	Tiago Sá	ÁGUIAS DE ALVELOS	Senior Masculino	02:25:41	+14:16	07:17
8	32	Daniel Carvalho	AZTrail	Senior Masculino	02:26:08	+14:43	07:18
9	68	Mário Ibarra	G.D.A Ronda	Senior Masculino	02:28:40	+17:14	07:26
10	21	LUIS FERREIRA	ACD os Ílhavos	Senior Masculino	02:28:56	+17:30	07:27
11	92	Bruno Miguel Oliveira Bernardes	Individual	Senior Masculino	02:29:46	+18:21	07:29
12	102	Rafael Bravo	Individual	Senior Masculino	02:32:07	+20:42	07:36
13	91	Bruno Bastos	Individual	Senior Masculino	02:33:06	+21:41	07:39
14	233	Tiago Pereira	Vale Correr	Senior Masculino	02:41:49	+30:24	08:05
15	93	Eduardo Bastos	Individual	Senior Masculino	02:42:12	+30:47	08:07
16	31	Pedro Manuel Nunes Martins	AZTrail	Senior Masculino	02:43:07	+31:42	08:09
17	205	Tiago Santos	Sapatilhas Verdes	Senior Masculino	02:47:14	+35:49	08:22

20KM

20 KM

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OFFICIAL RESULT

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18	40	Hugo Miguel Oliveira e Silva	Bustos Runners	Senior Masculino	02:50:02	+38:37	08:30
19	95	Hugo Silva	Individual	Senior Masculino	02:50:26	+39:01	08:31
20	39	André Ferreira	Bustos Runners	Senior Masculino	02:53:02	+41:37	08:39
21	94	Helder Marques	Individual	Senior Masculino	02:55:15	+43:50	08:46
22	204	Ricardo Barbosa	Sapatilhas Verdes	Senior Masculino	02:57:07	+45:42	08:51
23	226	António Mendes	Tuga Mobile ADAP Trail	Senior Masculino	02:57:45	+46:20	08:53
24	99	Luis Ferreira	Individual	Senior Masculino	03:07:12	+55:47	09:22
25	76	Antonio Martins	Grupo Juvenil Pinheiro da Bemposta	Senior Masculino	03:09:01	+57:36	09:27
26	19	Luis Novo	ACAIL GAS	Senior Masculino	03:11:18	+59:53	09:34
27	24	Gonçalo Vergueiro	Adabem Running Team	Senior Masculino	03:12:25	+01:01:00	09:37
28	100	Luís Marques	Individual	Senior Masculino	03:15:29	+01:04:04	09:46
29	8	José Duarte	Carregosa Lowlanders	Senior Masculino	03:17:31	+01:06:06	09:53
30	104	Rúben Silva	Individual	Senior Masculino	03:24:55	+01:13:29	10:15
31	25	Pedro Duarte	Adões Trail	Senior Masculino	03:56:01	+01:44:36	11:48
32	176	Vitor Silva	NOCTURNOS DE PAREDES	Senior Masculino	04:26:49	+02:15:24	13:20
33	97	José Bessa	Individual	Senior Masculino	04:26:50	+02:15:25	13:21

Sub 23 Masculino

1	7	Francisco Santos	Carregosa Lowlanders	Sub 23 Masculino	02:51:53		08:36
2	106	João Fonseca	Individual	Sub 23 Masculino	03:51:16	+59:22	11:34

Veterana F40

1	111	Maria de Fátima de Sousa Ferreira Tavares	Individual	Veterana F40	02:42:55		08:09
2	9	Daniela Russo	Carregosa Lowlanders	Veterana F40	02:49:07	+06:12	08:27
3	179	Blandine Craveiro	OLÍMPICO VIANENSE	Veterana F40	02:49:32	+06:36	08:29
4	113	Rita Brásio	Individual	Veterana F40	02:52:52	+09:56	08:39
5	110	Lurdes Gonçalves	Individual	Veterana F40	02:54:10	+11:14	08:42
6	200	Alexandra Gomes	Running Fox Running	Veterana F40	02:57:34	+14:39	08:53
7	10	Sandra Moreira	Carregosa Lowlanders	Veterana F40	02:57:59	+15:03	08:54
8	15	Ilda Fernandes	.	Veterana F40	03:01:04	+18:09	09:03
9	115	SMónica Fernandes	Individual	Veterana F40	03:03:50	+20:54	09:12
10	190	Sara Mota	Run & Fun	Veterana F40	03:07:17	+24:21	09:22
11	112	Patrícia Maria de Almeida Soares	Individual	Veterana F40	03:10:21	+27:26	09:31
12	107	Céu Vilar	Individual	Veterana F40	03:13:12	+30:16	09:40
13	109	Florbela Marques Queiroz	Individual	Veterana F40	03:23:35	+40:40	10:11
14	219	Mónia Oliveira	Só pela banana	Veterana F40	03:45:29	+01:02:33	11:16
15	55	Suzana Ribeiro	Dura-F1 Raceteam	Veterana F40	03:46:24	+01:03:28	11:19
16	108	Daniela Caetano de Sá	Individual	Veterana F40	04:00:24	+01:17:29	12:01

Veterana F50

1	116	Alexandra Fernandes	Individual	Veterana F50	02:42:32		08:08

2	119	Celina Dias	Running 4 Fun Team Viseu	Veterana F50	03:05:45	+23:12	09:17
3	36	PAULA CARVALHO	B..V. FAMALICENSES	Veterana F50	03:09:24	+26:51	09:28
4	28	Isabel Madeira	ARCD Venda da Luisa	Veterana F50	03:12:26	+29:53	09:37
5	118	Célia Aguiar	Individual	Veterana F50	03:14:45	+32:12	09:44
6	117	Bia Maia	Individual	Veterana F50	03:26:03	+43:31	10:18
7	181	Licinia Santos	Os Atletas	Veterana F50	03:28:20	+45:47	10:25
8	120	Isabel Gomes	Individual	Veterana F50	03:49:51	+01:07:18	11:30
9	121	Sandra Carvalho	Individual	Veterana F50	03:51:35	+01:09:02	11:35
10	187	Sandra Carvalho	PORTO SENTIDO RUNNERS	Veterana F50	04:31:28	+01:48:55	13:34

Veterana F60

1	123	Rosa Cerveira	Individual	Veterana F60	03:18:50		09:57
2	191	Fernanda Almeida	Run & Fun	Veterana F60	04:11:20	+52:29	12:34
3	75	SILVIA REGINA ARRUDA DE MORAES	Grupo desportivo da Mata	Veterana F60	04:37:58	+01:19:08	13:54

Veterano M40

1	1	Pedro Bastos	PNB	Veterano M40	02:06:09		06:18
2	3	Miguel Silva	Carregosa Lowlanders	Veterano M40	02:11:43	+05:33	06:35
3	72	José Costa	G.D.A Ronda	Veterano M40	02:11:44	+05:34	06:35
4	71	Hugo Silva	G.D.A Ronda	Veterano M40	02:11:46	+05:36	06:35
5	70	Hugo Ferreira	G.D.A Ronda	Veterano M40	02:12:03	+05:54	06:36
6	56	António Gomes	Dura-F1 Raceteam	Veterano M40	02:13:54	+07:45	06:42
7	5	Márcio Pinho	Carregosa Lowlanders	Veterano M40	02:16:17	+10:08	06:49
8	173	Bruno Fernandes	Joana Pinho	Veterano M40	02:17:30	+11:20	06:52
9	210	José Rosário	Sapatilhas Verdes	Veterano M40	02:17:58	+11:49	06:54
10	63	Paulo Gomes	FOR+	Veterano M40	02:19:28	+13:18	06:58
11	69	André Melo	G.D.A Ronda	Veterano M40	02:20:08	+13:59	07:00
12	174	João Ribeiro	João Ribeiro	Veterano M40	02:23:27	+17:17	07:10
13	212	Nelson Brandão	Sapatilhas Verdes	Veterano M40	02:24:06	+17:57	07:12
14	12	Francisco Valga	Carregosa Lowlanders	Veterano M40	02:26:26	+20:17	07:19
15	62	Miguel Dias	FOR+	Veterano M40	02:26:26	+20:17	07:19
16	49	Pedro Castro	Clube Efacec	Veterano M40	02:28:13	+22:04	07:25
17	26	António Fernandes	Amigos do trail OAZ	Veterano M40	02:28:58	+22:49	07:27
18	193	Tino Pais	Run & Fun	Veterano M40	02:32:02	+25:53	07:36
19	135	Hélio José Esteves Simões	Afipre Team	Veterano M40	02:32:41	+26:32	07:38
20	216	Paulo Sérgio Silva Gomes	Sentir Escariz running	Veterano M40	02:33:34	+27:24	07:41
21	177	Francisco Terra	Núcleo atletismo Cucujães	Veterano M40	02:33:54	+27:44	07:42
22	78	Bruno silva	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	02:33:55	+27:46	07:42
23	192	Nelson Pais	Run & Fun	Veterano M40	02:37:10	+31:01	07:52
24	235	BRUNO MELO	Valongo trail team	Veterano M40	02:38:05	+31:55	07:54
25	134	Hélder Pereira Borges	Afipre Team	Veterano M40	02:38:09	+32:00	07:54
26	147	Richard Ferreira	Individual	Veterano M40	02:38:20	+32:10	07:55

27	228	Nuno Faria	Tuga Mobile ADAP Trail	Veterano M40	02:42:21	+36:12	08:07
28	227	Carlos Moreira	Tuga Mobile ADAP Trail	Veterano M40	02:42:22	+36:12	08:07
29	27	Joaquim pereira pinho	Amigos do trail OAZ	Veterano M40	02:43:17	+37:07	08:10
30	6	Marcos Soares	Carregosa Lowlanders	Veterano M40	02:43:30	+37:20	08:10
31	141	Manuel Filipe Pereira e Pinho	Individual	Veterano M40	02:44:49	+38:40	08:14
32	35	BRUNO VIEIRA	AZTrail	Veterano M40	02:46:43	+40:33	08:20
33	211	Luís Rocha	Sapatilhas Verdes	Veterano M40	02:47:55	+41:45	08:24
34	132	Fernando Sampaio	Individual	Veterano M40	02:48:55	+42:45	08:27
35	148	Ricky Matias	Individual	Veterano M40	02:51:57	+45:48	08:36
36	188	Filipe Nascimento	PORTO SENTIDO RUNNERS	Veterano M40	02:53:19	+47:10	08:40
37	236	Bruno Miguel Ferreira Gonçalves	ZeQuinhas Running Team	Veterano M40	02:53:25	+47:15	08:40
38	149	Rogério Ribeiro	Individual	Veterano M40	02:55:35	+49:26	08:47
39	223	Luís Silva	TrailNadas	Veterano M40	02:56:26	+50:17	08:49
40	13	Vitor Pereira	Carregosa Lowlanders	Veterano M40	02:57:35	+51:26	08:53
41	140	Luis Almeida	Individual	Veterano M40	02:57:39	+51:30	08:53
42	184	Nelson Marques	Passo a Passo	Veterano M40	02:59:54	+53:45	09:00
43	198	José santos	Runners	Veterano M40	03:00:57	+54:47	09:03
44	143	Marco Paiva	Individual	Veterano M40	03:01:37	+55:27	09:05
45	137	Jorge Manuel Santiago Tavares	Individual	Veterano M40	03:05:03	+58:53	09:15
46	146	Ricardo Soares	Individual	Veterano M40	03:07:13	+01:01:04	09:22
47	138	José Carlos Ferreira de Oliveira Brandão Brandão	Individual	Veterano M40	03:09:28	+01:03:18	09:28
48	128	Carlos Ranzal	Individual	Veterano M40	03:09:35	+01:03:26	09:29
49	208	Gonçalo Oliveira	Sapatilhas Verdes	Veterano M40	03:10:29	+01:04:19	09:31
50	194	Tino silva	Run & Fun	Veterano M40	03:12:06	+01:05:56	09:36
51	125	António Lúcio Soares	Individual	Veterano M40	03:12:33	+01:06:24	09:38
52	130	Daniel Almeida	Individual	Veterano M40	03:15:03	+01:08:53	09:45
53	126	Bruno Vigario	Individual	Veterano M40	03:16:52	+01:10:42	09:51
54	79	Carlos Teixeira	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	03:18:21	+01:12:12	09:55
55	127	Carlos Alberto Cruz	Individual	Veterano M40	03:18:30	+01:12:20	09:55
56	237	Marco Almeida	ZeQuinhas Running Team	Veterano M40	03:18:31	+01:12:21	09:56
57	142	Manuel ventura da Silva Marques	Individual	Veterano M40	03:22:53	+01:16:44	10:09
58	182	Francisco Santos	Os Atletas	Veterano M40	03:28:19	+01:22:10	10:25
59	77	Amândio Silva	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	03:32:05	+01:25:55	10:36
60	80	Helder Martins	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	03:32:22	+01:26:12	10:37
61	136	Jorge ferreira	Individual	Veterano M40	03:34:37	+01:28:28	10:44
62	225	Carlos Freitas	Trilhados	Veterano M40	03:36:46	+01:30:36	10:50
63	209	Joao Rodrigues	Sapatilhas Verdes	Veterano M40	03:44:22	+01:38:13	11:13
64	220	Nuno Figueiredo	Só pela banana	Veterano M40	03:45:31	+01:39:21	11:17
65	224	Ricardo Silva	TrailNadas	Veterano M40	03:46:26	+01:40:17	11:19
66	11	Miguel Duarte	Carregosa Lowlanders	Veterano M40	03:48:12	+01:42:02	11:25
67	139	Lindolfo José Teixeira da Costa Sol	Individual	Veterano M40	03:50:26	+01:44:16	11:31
68	124	António Costa	Individual	Veterano M40	03:51:36	+01:45:27	11:35

69	214	Pedro Serrano	Sapatilhas Verdes	Veterano M40	04:03:44	+01:57:35	12:11

Veterano M50

1	65	Paulo Matos	Fox Running team	Veterano M50	02:16:52		06:51
2	57	David Coutinho	Dura-F1 Raceteam	Veterano M50	02:20:15	+03:23	07:01
3	163	José Sousa	Individual	Veterano M50	02:21:11	+04:19	07:04
4	58	José Cruz	Dura-F1 Raceteam	Veterano M50	02:23:05	+06:13	07:09
5	38	Manuel Vicente	BiciARCA run team	Veterano M50	02:25:01	+08:09	07:15
6	73	Manuel Bastos	G.D.A Ronda	Veterano M50	02:29:25	+12:32	07:28
7	4	Ulisses Baptista	Carregosa Lowlanders	Veterano M50	02:30:52	+14:00	07:33
8	180	Isaac costa	OLÍMPICO VIANENSE	Veterano M50	02:32:51	+15:59	07:39
9	29	Fernando Lima	Núcleo atletismo Cucujães	Veterano M50	02:33:55	+17:03	07:42
10	41	Domingos Tavare	Bustos Runners	Veterano M50	02:34:27	+17:34	07:43
11	218	Hilário Louro	Serra D'Aire Trail Team	Veterano M50	02:36:35	+19:43	07:50
12	169	Telmo Rui Aguiar leite	Individual	Veterano M50	02:37:24	+20:32	07:52
13	50	Silvio Virgílio Almeida carvalho	CMMC Vale de Cambra	Veterano M50	02:38:58	+22:06	07:57
14	234	Joao Rodrigues	Vale Correr	Veterano M50	02:41:53	+25:01	08:06
15	74	Gaspar Araujo	GRC Telhadela	Veterano M50	02:42:14	+25:22	08:07
16	20	Vítor Santos	ACAIL GAS	Veterano M50	02:43:07	+26:14	08:09
17	152	Américo Costa	Individual	Veterano M50	02:47:18	+30:26	08:22
18	160	José Manuel Lima Antunes	Running 4 Fun Team Viseu	Veterano M50	02:47:29	+30:37	08:22
19	168	Porfirio Pereira	Individual	Veterano M50	02:55:35	+38:43	08:47
20	185	Luís Pereira	Passo a Passo	Veterano M50	02:57:05	+40:13	08:51
21	167	Miguel Costa	Individual	Veterano M50	02:58:16	+41:23	08:55
22	16	NUNO SANTOS	.	Veterano M50	03:01:04	+44:12	09:03
23	231	FRANCISCO FONSECA	UNIDOS PELOS TRILHOS	Veterano M50	03:01:05	+44:13	09:03
24	232	PAULO SILVA	UNIDOS PELOS TRILHOS	Veterano M50	03:01:06	+44:14	09:03
25	175	Vicente Pinto	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M50	03:01:06	+44:14	09:03
26	43	Carlos Amílcar Domingues Santos Silva	CATR-CORREIO DE ALBERGARIA	Veterano M50	03:01:11	+44:18	09:04
27	161	José Manuel Moreira da Costa	Individual	Veterano M50	03:02:13	+45:21	09:07
28	229	ANTÓNIO CUNHA	UNIDOS PELOS TRILHOS	Veterano M50	03:09:23	+52:31	09:28
29	195	Manuel Moreira	Run & Fun	Veterano M50	03:12:28	+55:36	09:37
30	154	António Gonçalves	Individual	Veterano M50	03:14:22	+57:30	09:43
31	157	Humberto Dias	Running 4 Fun Team Viseu	Veterano M50	03:22:23	+01:05:31	10:07
32	230	CARLOS JORGE	UNIDOS PELOS TRILHOS	Veterano M50	03:22:54	+01:06:02	10:09
33	217	Fernando Brandão	Sentir Escariz running	Veterano M50	03:23:42	+01:06:50	10:11
34	221	Amilcar de Oliveira Raimundo	Sosense Trail Team - Braga & Fernandes	Veterano M50	03:30:49	+01:13:57	10:32
35	37	Leonel Pinto	Bairro dos Anjos	Veterano M50	03:31:14	+01:14:22	10:34
36	162	José Miguel Melo Brandão	Individual	Veterano M50	03:36:58	+01:20:06	10:51
37	215	António Reis	Sapatilhas Verdes	Veterano M50	03:46:17	+01:29:25	11:19
38	170	Tó-Zé Pinheiro	Individual	Veterano M50	03:49:47	+01:32:55	11:29
39	158	João Teixiera	Individual	Veterano M50	03:58:20	+01:41:28	11:55

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40	196	Mário Jorge Marques Almeida	Run & Fun	Veterano M50	04:02:54	+01:46:02	12:09
41	165	Manuel Carlos Domingues Pires	Individual	Veterano M50	04:03:42	+01:46:50	12:11
42	66	Paulo Silva	G.D. Leões da Guarda – LION RUNNERS	Veterano M50	04:03:43	+01:46:51	12:11
43	159	Jose Luis Villaverde Sanisidro	Individual	Veterano M50	04:05:16	+01:48:23	12:16
44	189	Paulo Rocha	PORTO SENTIDO RUNNERS	Veterano M50	04:31:30	+02:14:38	13:34
45	164	Luis Paulo Silva Ferreira	Individual	Veterano M50	04:32:30	+02:15:38	13:37

Veterano M60

1	51	Tony Graça	DCI/Trilhos Luso Bussaco	Veterano M60	02:27:38		07:23
2	201	FERNANDO MORAIS	Saca Trilhos Anadia	Veterano M60	02:33:20	+05:41	07:40
3	42	Fernando Seabra	Caminhadas da Amizade	Veterano M60	02:38:36	+10:58	07:56
4	186	José Maia	Passo a Passo	Veterano M60	03:07:42	+40:04	09:23
5	67	Ernesto Martins	G.D. Leões da Guarda – LION RUNNERS	Veterano M60	03:13:09	+45:30	09:39
6	171	António De Neiva Rodrigues	Afipre Team	Veterano M60	03:15:03	+47:25	09:45
7	172	Carlos Manuel Ferreira Silva	Individual	Veterano M60	03:24:30	+56:51	10:13
8	17	Carlos Macedo	A.D.Amarante	Veterano M60	03:26:01	+58:23	10:18
9	197	Quinel Mota	Run & Fun	Veterano M60	04:02:58	+01:35:19	12:09
10	239	Pedro Amorim	Porto Runners	Veterano M60	04:23:05	+01:55:27	13:09

Trail Azenhas Da Carregosa 2024
Oliveira de Azemeis, PT
08-dezembro-2024

COLETIVA

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RANK	TEAM	DESCRIPTION	POINTS
1	G.D.A RONDA	4 + 5 + 6	15
2	DURA-F1 RACETEAM	7 + 8 + 9	24
3	CARREGOSA LOWLANDERS	3 + 10 + 27	40
4	AZTRAIL	16 + 26 + 66	108
5	SAPATILHAS VERDES	14 + 23 + 71	108
6	AFIPRE TEAM	39 + 53 + 99	191
7	RUN & FUN	37 + 49 + 119	205
8	BUSTOS RUNNERS	47 + 78 + 86	211
9	TUGA MOBILE ADAP TRAIL	61 + 62 + 100	223
10	ACAIL GAS	65 + 114 + 130	309
11	GRUPO JUVENIL PINHEIRO DA BEMPOSTA	45 + 123 + 147	315
12	PASSO A PASSO	94 + 103 + 121	318
13	UNIDOS PELOS TRILHOS	107 + 108 + 124	339
14	RUNNING 4 FUN TEAM VISEU	73 + 116 + 151	340
15	PORTO SENTIDO RUNNERS	87 + 200 + 201	488