

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	18:00	--	--
End	19:29	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	350	Said Ameqrane	UCRD PRAIENSE	30:46		03:05	
2	347	Duarte Cunha	Maia Atlético Clube	30:52	+00:06	03:05	
3	27	ANDRÉ COSTA	Casa do Benfica de Reguengos de Monsaraz	31:03	+00:17	03:06	
4	324	Pedro Saldanha	Escola de Atletismo de Coimbra/JPaiva	31:07	+00:21	03:07	
5	15	José Veiga	Associação de Jovens da Landeira	31:17	+00:31	03:08	
6	353	Lyazid Imgharene	UCRD PRAIENSE	31:32	+00:46	03:09	
7	28	JOÃO BAIÓIA	Casa do Benfica de Reguengos de Monsaraz	31:33	+00:47	03:09	
8	312	João Bragadeste	VITORIA FUTEBOL CLUBE	32:38	+01:52	03:16	
9	31	VALENTIM SILVA	Casa do Benfica de Reguengos de Monsaraz	33:45	+02:59	03:23	
10	323	Alexandre Blasques	EDV- VIANA TRAIL	34:15	+03:29	03:26	
11	41	Ricardo jordão	Clube de Praças da Armada	34:49	+04:03	03:29	
12	29	JORGE GRILLO	Casa do Benfica de Reguengos de Monsaraz	34:50	+04:04	03:29	
13	314	Nuno Rodrigues	VITORIA FUTEBOL CLUBE	35:11	+04:25	03:31	
14	30	RODRIGO CARRILHO	Casa do Benfica de Reguengos de Monsaraz	36:46	+06:00	03:41	
15	23	Filipe José Carvalho Correia	Associação Natureza Ensina	36:55	+06:09	03:42	
16	81	Nuno Silva	HeCaTEAM	36:58	+06:12	03:42	
17	279	Marcolino Verissimo	OCS - Arrábida Trail Team	37:00	+06:14	03:42	
18	38	Laura Grilo	Clube de Praças da Armada	37:12	+06:26	03:43	
19	37	Tiago Encarnação	Clube de Praças da Armada	37:13	+06:27	03:43	
20	278	Afonso Veríssimo	OCS - Arrábida Trail Team	38:02	+07:16	03:48	
21	322	Renata Gonçalves	EDV- VIANA TRAIL	38:03	+07:17	03:48	
22	266	Ricardo Alves	MEDIPREMIER MEDIAÇÃO DE SEGUROS	38:10	+07:24	03:49	
23	317	Luis Trigo	VITORIA FUTEBOL CLUBE	38:57	+08:11	03:54	
24	115	Miguel Pedro	Individual	38:57	+08:11	03:54	
25	222	Miguel Sobral	Individual	39:17	+08:31	03:56	
26	180	Ricardo Domingues	Individual	39:21	+08:35	03:56	
27	59	Fábio Oliveira	crossado	39:23	+08:37	03:56	
28	325	Miguel Lourenço	Individual	39:27	+08:41	03:57	
29	335	RUI MANUEL LOPES OLIVEIRA	Individual	39:28	+08:42	03:57	
30	272	João Carrajola	NRD Ídolos da Praça	39:32	+08:46	03:57	
31	326	Anabela Aguiar	Individual	39:33	+08:47	03:57	
32	315	Hernani Francisco	VITORIA FUTEBOL CLUBE	39:38	+08:52	03:58	
33	336	Tiago Espírito Santo	Individual	39:40	+08:54	03:58	
34	340	Helder Varanda	Individual	39:44	+08:58	03:58	
35	329	Filipe Madeira	Individual	39:54	+09:08	03:59	
36	85	Carolina Escada	Individual	39:59	+09:13	04:00	
37	45	Fernando santos	Clube de Praças da Armada	40:12	+09:26	04:01	
38	313	Mark Ribeiro	VITORIA FUTEBOL CLUBE	40:17	+09:31	04:02	
39	77	Pedro Pascoal	Grupo Desportivo Os Amarelos	40:32	+09:46	04:03	
40	175	Miguel Rodrigues	Individual	40:36	+09:50	04:04	
41	183	Alex Tavares	Individual	40:56	+10:10	04:06	
42	330	Óscar Veloso Pereira	Individual	40:56	+10:10	04:06	

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	50	Mário Santana	Clube EDP - Lisboa	41:09	+10:23	04:07	
44	319	Joaquim Rui	Clube de Praças da Armada	41:14	+10:28	04:07	
45	9	João Bessa	ACA Running - Engel&Volkers Comporta	41:16	+10:30	04:08	
46	105	Filipe Alcaide	Individual	41:23	+10:37	04:08	
47	121	Tiago Costa	Individual	41:27	+10:41	04:09	
48	280	Palmira quinhama	Palmira quinhama	41:44	+10:58	04:10	
49	197	Nuno Ramos	Individual	41:44	+10:58	04:10	
50	172	João Leandro	Individual	41:48	+11:02	04:11	
51	219	Manuel Silva	Individual	41:50	+11:04	04:11	
52	42	Ricardo Oliveira	Clube de Praças da Armada	41:57	+11:11	04:12	
53	273	Fernando Alves	NRD Ídolos da Praça	42:30	+11:44	04:15	
54	117	Pedro Gonçalves Bravo de Sousa	Individual	42:37	+11:51	04:16	
55	267	Nuno Reis	MEDIPREMIER MEDIAÇÃO DE SEGUROS	42:40	+11:54	04:16	
56	334	Luis martins	Individual	42:58	+12:12	04:18	
57	187	Elliot Braham	Individual	43:00	+12:14	04:18	
58	316	Luis Calha	VITORIA FUTEBOL CLUBE	43:03	+12:17	04:18	
59	166	Fernando Alberto das Dores Francisco	Individual	43:08	+12:22	04:19	
60	108	Hugo Fuzeta	Individual	43:13	+12:27	04:19	
61	111	João Lázaro	Individual	43:17	+12:31	04:20	
62	210	Giuliano Ferreira caetano	Individual	43:18	+12:32	04:20	
63	341	José Fernandes Amaro	Individual	43:34	+12:48	04:21	
64	75	Gonçalo Santos	GDC PORTOS DE SINES E DO ALGARVE	43:36	+12:50	04:22	
65	97	André Candeias	Individual	43:42	+12:56	04:22	
66	263	Raul Pereira	Malaikes do Sado	43:48	+13:02	04:23	
67	26	Joaquim Branquinho	CASA BENFICA SEIXAL	44:02	+13:16	04:24	
68	264	José Ruaz	Marretas d'Arrábida	44:07	+13:21	04:25	
69	216	Jorge Romão	Individual	44:09	+13:23	04:25	
70	292	Pedro Barata	São Domingos Futebol Clube	44:15	+13:29	04:25	
71	179	Ricardo da Costa Figueiredo	Individual	44:15	+13:29	04:26	
72	275	António Francisco Bastos Pires	NRD Ídolos da Praça	44:18	+13:32	04:26	
73	230	Sérgio Rodrigues	Individual	44:20	+13:34	04:26	
74	351	Carla Pereira	UCRD PRAIENSE	44:26	+13:40	04:27	
75	356	Joaquim Guerreiro	Individual	44:27	+13:41	04:27	
76	80	Vasco Agostinho	Grupo Desportivo Os Amarelos	44:32	+13:46	04:27	
77	79	Pedro Correia	Grupo Desportivo Os Amarelos	44:35	+13:49	04:28	
78	344	Pedro Borregana	Individual	44:39	+13:53	04:28	
79	62	Frederico Duarte	crossado	44:42	+13:56	04:28	
80	189	João Loureiro	Individual	44:43	+13:57	04:28	
81	158	António Soares	Individual	44:56	+14:10	04:30	
82	204	Augusto Jean François	Individual	44:56	+14:10	04:30	
83	196	Nuno Domingues	Individual	44:59	+14:13	04:30	
84	19	JOAO CORREIA	Associação de atletismo Lebres do sado	45:07	+14:21	04:31	
85	78	Angelo Manuel Branco Mendes	Grupo Desportivo Os Amarelos	45:09	+14:23	04:31	
86	226	Pedro Galvão Pisco	Individual	45:09	+14:23	04:31	
87	184	Alexandre Martins	Individual	45:10	+14:24	04:31	

**PROVA PRINCIPAL - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	162	Carlos Brazão	Individual	45:14	+14:28	04:31	
89	274	Rui Narciso	NRD Ídolos da Praça	45:19	+14:33	04:32	
90	258	Manuel Pires	Individual	45:23	+14:37	04:32	
91	354	Nuno Martins	UCRD PRAIENSE	45:26	+14:40	04:33	
92	277	António Oliveira	Ocean Medical Sports Team	45:29	+14:43	04:33	
93	171	Ionut Diacu	Individual	45:33	+14:47	04:33	
94	284	André dos Santos Fernandes	Remo Clube Lusitano	45:40	+14:54	04:34	
95	246	Joaquim Mirador	Individual	45:43	+14:57	04:34	
96	297	Rui Ramos	SS CGD	45:45	+14:59	04:35	
97	231	Valter Serrano	Individual	45:55	+15:09	04:36	
98	295	FILIPE FILIPE	SESIMBRA MAR	46:03	+15:17	04:36	
99	164	Dário Nobre	Individual	46:05	+15:19	04:37	
100	288	Pedro Conceição	Remo Clube Lusitano	46:08	+15:22	04:37	
101	339	Alexandre Lourenço	Individual	46:16	+15:30	04:38	
102	169	Hélio Pico	Individual	46:16	+15:30	04:38	
103	245	Wagner Alves Carriel	Individual	46:18	+15:32	04:38	
104	270	Alexandre Miguel Figueira Vargas	Navigator Clube Setúbal	46:20	+15:34	04:38	
105	306	Carlos Pedro da Cruz	Talentos Team	46:23	+15:37	04:38	
106	195	Mário Rui Ferreira	Individual	46:30	+15:44	04:39	
107	99	David Marques	Individual	46:47	+16:01	04:41	
108	110	João Diogo Oliveira Marques	Individual	46:59	+16:13	04:42	
109	47	Fernando Sousa	Clube de Praças da Armada	47:03	+16:17	04:42	
110	282	Filipe Marques	Pull Up	47:08	+16:22	04:43	
111	249	Luis Capelo	Individual	47:12	+16:26	04:43	
112	201	Rui Sobral	Individual	47:13	+16:27	04:43	
113	156	André Guerreiro	Individual	47:28	+16:42	04:45	
114	44	António branco	Clube de Praças da Armada	47:38	+16:52	04:46	
115	343	Paulo Alexandre Costa Lopes	Individual	47:51	+17:05	04:47	
116	6	Fábio Coragem	ACA Running - Engel&Volkers Comporta	47:53	+17:07	04:47	
117	7	Bruno Novais	ACA Running - Engel&Volkers Comporta	47:54	+17:08	04:47	
118	259	carlos ludovino	Juventude desportiva do carvalhal	47:55	+17:09	04:47	
119	74	Marcos Lima	GDC PORTOS DE SINES E DO ALGARVE	48:11	+17:25	04:49	
120	240	Nivaldo de Oliveira	Individual	48:35	+17:49	04:51	
121	107	Gonçalo Martins	Individual	48:38	+17:52	04:52	
122	86	Catarina Neco	Individual	48:44	+17:58	04:52	
123	293	Sérgio Casal	São Domingos Futebol Clube	48:45	+17:59	04:53	
124	112	João Pires	Individual	48:51	+18:05	04:53	
125	286	Marco Ribeiro	Remo Clube Lusitano	48:56	+18:10	04:54	
126	346	Pedro Gouveia	Individual	48:57	+18:11	04:54	
127	192	Jorge Vicente	Individual	49:21	+18:35	04:56	
128	13	Pedro Daniel Gaspar Correia	AFDD - Escola de Atletismo do Montijo	49:27	+18:41	04:57	
129	261	Pedro Miguel Pires Ramos	Lebres Vermelhas	49:31	+18:45	04:57	
130	211	Gustavo Bastos	Individual	49:38	+18:52	04:58	
131	113	José Ferreira	Individual	49:39	+18:53	04:58	
132	225	Paulo Mendonça	Individual	49:53	+19:07	04:59	
133	76	Alexandra Carvalho	Grupo Desportivo Os Amarelos	49:58	+19:12	05:00	

## PROVA PRINCIPAL - STAGE 1

## 10 KM

### OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	109	Jaime Pedro	Individual	49:58	+19:12	05:00	
135	64	Rita Fernandes	Estúdio Jorge Grave	50:16	+19:30	05:02	
136	10	Sérgio Balona	ACA Running - Engel&Volkers Comporta	50:16	+19:30	05:02	
137	203	Vítor Santos	Individual	50:26	+19:40	05:03	
138	228	Ricardo Patrocínio	Individual	50:31	+19:45	05:03	
139	337	Nuno Martins	Individual	50:34	+19:48	05:03	
140	208	Claudio Correia Casado	Individual	50:44	+19:58	05:04	
141	22	Manuel Pardal	Associação de atletismo Lebres do sado	50:45	+19:59	05:05	
142	124	Tiago Valente	Individual	50:50	+20:04	05:05	
143	56	Bruno Daniel Pinto Vicente	Corrida Nocturna de Setúbal	50:50	+20:04	05:05	
144	247	Joaquim Santos	Individual	50:56	+20:10	05:06	
145	320	Roberta Melo	Corrida Nocturna de Setúbal	50:59	+20:13	05:06	
146	309	Paulo Oliveira	Tálenos Team	51:08	+20:22	05:07	
147	355	Domingos Gato	UCRD PRAIENSE	51:11	+20:25	05:07	
148	150	Rita Anjos Frischknecht	Individual	51:12	+20:26	05:07	
149	82	Luis José	Individual	51:17	+20:31	05:08	
150	181	Ricardo Lopes	Individual	51:22	+20:36	05:08	
151	118	Ricardo Ramos	Individual	51:23	+20:37	05:08	
152	58	Teresa Maia	crossado	51:41	+20:55	05:10	
153	221	Mário João Pité	Individual	51:58	+21:12	05:12	
154	285	João Garrinhas	Remo Clube Lusitano	52:01	+21:15	05:12	
155	281	Paula Caliman	Pull Up	52:02	+21:16	05:12	
156	67	Jorge Grave	Estúdio Jorge Grave	52:03	+21:17	05:12	
157	34	Tiago Gonçalves	CLC Runners	52:04	+21:18	05:12	
158	235	José Santos	Individual	52:09	+21:23	05:13	
159	206	CARLOS CARVALHO	Individual	52:15	+21:29	05:14	
160	307	Nuno Lucas	Tálenos Team	52:34	+21:48	05:15	
161	269	Tânia Carmo	Navigator Clube Setúbal	52:36	+21:50	05:16	
162	49	Manuel Jacinto	Clube de Praças da Armada	52:49	+22:03	05:17	
163	220	Marco Pinto	Individual	52:50	+22:04	05:17	
164	165	David Melo	Individual	52:58	+22:12	05:18	
165	213	João Paulino	Individual	53:20	+22:34	05:20	
166	170	Hugo Roque	Individual	53:24	+22:38	05:20	
167	92	Michelle Paris	Individual	53:28	+22:42	05:21	
168	212	João Fernandes	Individual	53:46	+23:00	05:23	
169	191	Jorge Miguel Reis	Individual	54:07	+23:21	05:25	
170	190	João Tiago Silva	Individual	54:07	+23:21	05:25	
171	98	Bernardo Borges de Almeida	Individual	54:08	+23:22	05:25	
172	138	Ana Cheira	Individual	54:12	+23:26	05:25	
173	149	Luísa Cardoso	Individual	54:13	+23:27	05:25	
174	125	Cheila dias	Individual	54:14	+23:28	05:25	
175	260	José Cesteiro	Kamala Athletic Club	54:14	+23:28	05:25	
176	262	Márcio Gomes	Malaikes do Sado	54:19	+23:33	05:26	
177	159	Artur José de Sousa Ferreira	Individual	54:19	+23:33	05:26	
178	224	Orlando Loureiro	Individual	54:27	+23:41	05:27	
179	327	Eric Alexandre Ferreira Gonçalves	Individual	54:44	+23:58	05:28	



## PROVA PRINCIPAL - STAGE 1

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
225	236	José Teixeira	Individual	59:22	+28:36	05:56	
226	177	Nuno Rafael Armelão Santos	Individual	59:22	+28:36	05:56	
227	268	Paulo Ferreira	MEDIPREMIER MEDIAÇÃO DE SEGUROS	59:23	+28:37	05:56	
228	65	Sandra Matos	Estúdio Jorge Grave	59:47	+29:01	05:59	
229	84	Ana Catarina Santos Silva	Individual	59:47	+29:01	05:59	
230	243	Rogério Silva	Individual	59:51	+29:05	05:59	
231	217	José Fernandes	Individual	59:57	+29:11	06:00	
232	55	Anabela Meia-Via	Corrida Nocturna de Setúbal	01:00:01	+29:15	06:00	
233	301	Jorge Mendes	SS CGD	01:00:03	+29:17	06:00	
234	57	Bruno Silva	Corrida Nocturna de Setúbal	01:00:26	+29:40	06:03	
235	66	Sónia Calixto	Estúdio Jorge Grave	01:00:39	+29:53	06:04	
236	153	Teresa Costa	Individual	01:00:39	+29:53	06:04	
237	348	Rodrigo bom	Navigator Clube Setúbal	01:00:46	+30:00	06:05	
238	238	Luís Ramos	Individual	01:01:33	+30:47	06:09	
239	152	Kelley irish	Individual	01:01:47	+31:01	06:11	
240	168	Gustavo Andrade	Individual	01:02:06	+31:20	06:13	
241	141	Raquel Anjos	Individual	01:02:12	+31:26	06:13	
242	154	Beatriz Torterolo	Individual	01:02:15	+31:29	06:13	
243	53	Gina Santos	Corrida Nocturna de Setúbal	01:02:55	+32:09	06:18	
244	83	Ana Catarina Pereira Mesquita Baião	Individual	01:03:21	+32:35	06:20	
245	132	Cristina Martins	Individual	01:03:21	+32:35	06:20	
246	194	Marco Pinto	Individual	01:03:22	+32:36	06:20	
247	304	Maria da Graça Gonçalves	Tálenos Team	01:03:32	+32:46	06:21	
248	308	Paulo Rijo	Tálenos Team	01:03:32	+32:46	06:21	
249	229	Rui Miguel José Aveiro	Individual	01:03:45	+32:59	06:22	
250	233	Carlos Matos	Individual	01:03:51	+33:05	06:23	
251	140	Inês Gonçalves	Individual	01:04:02	+33:16	06:24	
252	215	Jorge Pires	Individual	01:04:23	+33:37	06:26	
253	46	Silvestre Demétrio	Clube de Praças da Armada	01:04:24	+33:38	06:26	
254	43	Luis Conceicao	Clube de Praças da Armada	01:04:24	+33:38	06:26	
255	96	Teresa Isabel Cardoso Narciso Aveiro	Individual	01:04:44	+33:58	06:28	
256	89	Inês Carraça	Individual	01:04:45	+33:59	06:28	
257	369	Francisco Silva	Individual	01:05:07	+34:21	06:31	
258	48	Helio Godinho	Clube de Praças da Armada	01:05:18	+34:32	06:32	
259	256	António Manuel Gervásio Bolra	Clube de Praças da Armada	01:05:35	+34:49	06:34	
260	161	Bruno Máximo	Individual	01:05:42	+34:56	06:34	
261	87	Cristina Panóias	Individual	01:05:43	+34:57	06:34	
262	218	Juan Carlos Bautista Ballen	Individual	01:05:46	+35:00	06:35	
263	17	Maria Teresa Marques	Associação de atletismo Lebres do sado	01:05:49	+35:03	06:35	
264	20	Francisco Prates	Associação de atletismo Lebres do sado	01:05:49	+35:03	06:35	
265	130	Tânia Trejeira	Individual	01:05:49	+35:03	06:35	
266	239	Mário João Dias Alves Borges	Individual	01:05:53	+35:07	06:35	
267	114	Manuel Cabrita	Individual	01:06:00	+35:14	06:36	
268	90	Mariana Teixeira	Individual	01:06:00	+35:14	06:36	
269	148	Isabel seguro	Individual	01:08:02	+37:16	06:48	

**PROVA PRINCIPAL - STAGE 1**
**10 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
270	88	Denize Uzun dos Santos	Individual	01:08:47	+38:01	06:53	
271	299	André Noronha	SS CGD	01:08:54	+38:08	06:53	
272	311	João Luís de Brito Pereira	The Sal Runners	01:09:03	+38:17	06:54	
273	310	Susana Ferro	The Sal Runners	01:09:03	+38:17	06:54	
274	332	Mafalda Fortuna	Individual	01:10:11	+39:25	07:01	
275	202	Thiago Souza Orsi	Individual	01:10:14	+39:28	07:01	
276	91	Melissa Gouveia	Individual	01:10:27	+39:41	07:03	
277	136	Susana Serra	Individual	01:10:27	+39:41	07:03	
278	120	Ruben Sousa	Individual	01:10:27	+39:41	07:03	
279	18	Teresa Prates	Associação de atletismo Lebres do sado	01:10:33	+39:47	07:03	
280	253	João Lixa	Individual	01:10:45	+39:59	07:04	
281	155	Francisca Lixa	Individual	01:10:45	+39:59	07:04	
282	8	António Caneiras	ACA Running - Engel&Volkers Comporta	01:12:25	+41:39	07:15	
283	32	Filipa Texugo	CLC Runners	01:12:33	+41:47	07:15	
284	147	DULCE CORREIA	Individual	01:14:08	+43:22	07:25	
285	24	Pedro Miguel Marques Dias	Benfiquistas	01:14:13	+43:27	07:25	
286	40	Teresa Branco	Clube de Praças da Armada	01:14:14	+43:28	07:25	
287	144	Sandra Soeiro	Individual	01:18:28	+47:42	07:51	
288	51	Aziza Hecht	Corrida Nocturna de Setúbal	01:20:01	+49:15	08:00	
289	248	Lino Silva	Individual	01:20:20	+49:34	08:02	
290	305	Cidalia Oliveira	Tá lentos Team	01:23:38	+52:52	08:22	
291	146	Célia Sobral	Individual	01:25:18	+54:32	08:32	
292	63	Cátia Guerra	Estúdio Jorge Grave	01:25:18	+54:32	08:32	





## Prova Principal

10 KM

### OFFICIAL RESULT

7	323	Alexandre Blasques	EDV- VIANA TRAIL	Senior Masculino	34:15	+03:29	03:26
8	29	JORGE GRILLO	Casa do Benfica de Reguengos de Monsaraz	Senior Masculino	34:50	+04:04	03:29
9	37	Tiago Encarnação	Clube de Praças da Armada	Senior Masculino	37:13	+06:27	03:43
10	115	Miguel Pedro	Individual	Senior Masculino	38:57	+08:11	03:54
11	59	Fábio Oliveira	crossado	Senior Masculino	39:23	+08:36	03:56
12	272	João Carrajola	NRD Ídolos da Praça	Senior Masculino	39:32	+08:45	03:57
13	329	Filipe Madeira	Individual	Senior Masculino	39:54	+09:07	03:59
14	330	Óscar Veloso Pereira	Individual	Senior Masculino	40:56	+10:10	04:06
15	105	Filipe Alcaide	Individual	Senior Masculino	41:23	+10:37	04:08
16	121	Tiago Costa	Individual	Senior Masculino	41:27	+10:41	04:09
17	117	Pedro Gonçalo Bravo de Sousa	Individual	Senior Masculino	42:37	+11:51	04:16
18	108	Hugo Fuzeta	Individual	Senior Masculino	43:13	+12:27	04:19
19	111	João Lázaro	Individual	Senior Masculino	43:17	+12:31	04:20
20	97	André Candeias	Individual	Senior Masculino	43:42	+12:56	04:22
21	263	Raul Pereira	Malaikes do Sado	Senior Masculino	43:48	+13:02	04:23
22	99	David Marques	Individual	Senior Masculino	46:47	+16:01	04:41
23	110	João Diogo Oliveira Marques	Individual	Senior Masculino	46:59	+16:13	04:42
24	282	Filipe Marques	Pull Up	Senior Masculino	47:08	+16:22	04:43
25	107	Gonçalo Martins	Individual	Senior Masculino	48:38	+17:52	04:52
26	112	João Pires	Individual	Senior Masculino	48:51	+18:05	04:53
27	113	José Ferreira	Individual	Senior Masculino	49:39	+18:53	04:58
28	109	Jaime Pedro	Individual	Senior Masculino	49:58	+19:12	05:00
29	124	Tiago Valente	Individual	Senior Masculino	50:50	+20:03	05:05
30	118	Ricardo Ramos	Individual	Senior Masculino	51:23	+20:37	05:08
31	34	Tiago Gonçalves	CLC Runners	Senior Masculino	52:04	+21:18	05:12
32	98	Bernardo Borges de Almeida	Individual	Senior Masculino	54:08	+23:22	05:25
33	262	Márcio Gomes	Malaikes do Sado	Senior Masculino	54:19	+23:33	05:26
34	327	Eric Alexandre Ferreira Gonçalves	Individual	Senior Masculino	54:44	+23:57	05:28
35	106	Filipe Ferreira	Individual	Senior Masculino	56:53	+26:07	05:41
36	102	Edenilson dos Santos Souza	Individual	Senior Masculino	58:17	+27:31	05:50
37	104	Evertton dias	Individual	Senior Masculino	58:27	+27:41	05:51
38	114	Manuel Cabrita	Individual	Senior Masculino	01:06:00	+35:13	06:36
39	120	Ruben Sousa	Individual	Senior Masculino	01:10:27	+39:41	07:03

## Veterana F35

1	38	Laura Grilo	Clube de Praças da Armada	Veterana F35	37:12		03:43
2	351	Carla Pereira	UCRD PRAIENSE	Veterana F35	44:26	+07:13	04:27
3	76	Alexandra Carvalho	Grupo Desportivo Os Amarelos	Veterana F35	49:58	+12:45	05:00
4	269	Tânia Carmo	Navigator Clube Setúbal	Veterana F35	52:36	+15:24	05:16
5	125	Cheila dias	Individual	Veterana F35	54:14	+17:02	05:25
6	331	Marta Lopes Rodrigues	Individual	Veterana F35	57:13	+20:01	05:43
7	129	Tânia Mendanha	Individual	Veterana F35	57:49	+20:36	05:47
8	127	LILIANA FILIPA PEREIRA DE ABREU CRESPO	Individual	Veterana F35	58:23	+21:11	05:50
9	126	Leo Coelho	Individual	Veterana F35	58:54	+21:42	05:53



## Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### Veterana F55

1	55	Anabela Meia-Via	Corrida Nocturna de Setúbal	Veterana F55	01:00:01		06:00
2	153	Teresa Costa	Individual	Veterana F55	01:00:39	+00:38	06:04
3	152	Kelley irish	Individual	Veterana F55	01:01:47	+01:46	06:11
4	305	Cidalia Oliveira	Talentos Team	Veterana F55	01:23:38	+23:37	08:22

### Veterana F60

1	154	Beatriz Torterolo	Individual	Veterana F60	01:02:15		06:13
2	17	Maria Teresa Marques	Associação de atletismo Lebres do sado	Veterana F60	01:05:49	+03:34	06:35
3	155	Francisca Lixa	Individual	Veterana F60	01:10:45	+08:30	07:04

### Veterana F65

1	18	Teresa Prates	Associação de atletismo Lebres do sado	Veterana F65	01:10:33		07:03
---	----	---------------	--	--------------	----------	--	-------

### Veterano M35

1	353	Lyazid Imgharene	UCRD PRAIENSE	Veterano M35	31:32		03:09
2	312	João Bragadeste	VITORIA FUTEBOL CLUBE	Veterano M35	32:38	+01:06	03:16
3	314	Nuno Rodrigues	VITORIA FUTEBOL CLUBE	Veterano M35	35:11	+03:39	03:31
4	266	Ricardo Alves	MEDIPREMIER MEDIAÇÃO DE SEGUROS	Veterano M35	38:10	+06:38	03:49
5	180	Ricardo Domingues	Individual	Veterano M35	39:21	+07:49	03:56
6	335	RUI MANUEL LOPES OLIVEIRA	Individual	Veterano M35	39:28	+07:56	03:57
7	336	Tiago Espírito Santo	Individual	Veterano M35	39:40	+08:08	03:58
8	313	Mark Ribeiro	VITORIA FUTEBOL CLUBE	Veterano M35	40:17	+08:45	04:02
9	175	Miguel Rodrigues	Individual	Veterano M35	40:36	+09:04	04:04
10	172	João Leandro	Individual	Veterano M35	41:48	+10:16	04:11
11	334	Luis martins	Individual	Veterano M35	42:58	+11:26	04:18
12	166	Fernando Alberto das Dores Francisco	Individual	Veterano M35	43:08	+11:36	04:19
13	179	Ricardo da Costa Figueiredo	Individual	Veterano M35	44:15	+12:43	04:26
14	62	Frederico Duarte	crossado	Veterano M35	44:42	+13:10	04:28
15	158	António Soares	Individual	Veterano M35	44:56	+13:24	04:30
16	162	Carlos Brazão	Individual	Veterano M35	45:14	+13:42	04:31
17	171	Ionut Diacu	Individual	Veterano M35	45:33	+14:01	04:33
18	284	André dos Santos Fernandes	Remo Clube Lusitano	Veterano M35	45:40	+14:08	04:34
19	164	Dário Nobre	Individual	Veterano M35	46:05	+14:33	04:37
20	169	Hélio Pico	Individual	Veterano M35	46:16	+14:44	04:38
21	156	André Guerreiro	Individual	Veterano M35	47:28	+15:56	04:45
22	6	Fábio Coragem	ACA Running - Engel&Volkers Comporta	Veterano M35	47:53	+16:21	04:47



## Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

26	260	José Cesteiro	Kamala Athletic Club	Veterano M40	54:14	+20:28	05:25
27	188	João Crespo	Individual	Veterano M40	55:08	+21:23	05:31
28	200	Rui Amador	Individual	Veterano M40	55:59	+22:13	05:36
29	290	Jorge Colaço	São Domingos Futebol Clube	Veterano M40	56:47	+23:01	05:41
30	198	Ricardo André	Individual	Veterano M40	56:54	+23:08	05:41
31	199	Ricardo Leitão	Individual	Veterano M40	57:03	+23:17	05:42
32	268	Paulo Ferreira	MEDIPREMIER MEDIAÇÃO DE SEGUROS	Veterano M40	59:23	+25:37	05:56
33	348	Rodrigo bom	Navigator Clube Setúbal	Veterano M40	01:00:46	+27:00	06:05
34	194	Marco Pinto	Individual	Veterano M40	01:03:22	+29:36	06:20
35	202	Thiago Souza Orsi	Individual	Veterano M40	01:10:14	+36:28	07:01

## Veterano M45

1	222	Miguel Sobral	Individual	Veterano M45	39:17		03:56
2	340	Helder Varanda	Individual	Veterano M45	39:44	+00:27	03:58
3	77	Pedro Pascoal	Grupo Desportivo Os Amarelos	Veterano M45	40:32	+01:15	04:03
4	9	João Bessa	ACA Running - Engel&Volkers Comporta	Veterano M45	41:16	+01:58	04:08
5	219	Manuel Silva	Individual	Veterano M45	41:50	+02:32	04:11
6	273	Fernando Alves	NRD Ídolos da Praça	Veterano M45	42:30	+03:12	04:15
7	210	Giuliano Ferreira caetano	Individual	Veterano M45	43:18	+04:00	04:20
8	341	José Fernandes Amaro	Individual	Veterano M45	43:34	+04:17	04:21
9	26	Joaquim Branquinho	CASA BENFICA SEIXAL	Veterano M45	44:02	+04:44	04:24
10	264	José Ruaz	Marretas d'Arrábida	Veterano M45	44:07	+04:49	04:25
11	216	Jorge Romão	Individual	Veterano M45	44:09	+04:51	04:25
12	292	Pedro Barata	São Domingos Futebol Clube	Veterano M45	44:15	+04:57	04:25
13	230	Sérgio Rodrigues	Individual	Veterano M45	44:20	+05:02	04:26
14	344	Pedro Borregana	Individual	Veterano M45	44:39	+05:22	04:28
15	204	Augusto Jean François	Individual	Veterano M45	44:56	+05:39	04:30
16	19	JOAO CORREIA	Associação de atletismo Lebres do sado	Veterano M45	45:07	+05:49	04:31
17	226	Pedro Galvão Pisco	Individual	Veterano M45	45:09	+05:52	04:31
18	274	Rui Narciso	NRD Ídolos da Praça	Veterano M45	45:19	+06:02	04:32
19	354	Nuno Martins	UCRD PRAIENSE	Veterano M45	45:26	+06:09	04:33
20	277	António Oliveira	Ocean Medical Sports Team	Veterano M45	45:29	+06:11	04:33
21	231	Valter Serrano	Individual	Veterano M45	45:55	+06:38	04:36
22	339	Alexandre Lourenço	Individual	Veterano M45	46:16	+06:58	04:38
23	270	Alexandre Miguel Figueira Vargas	Navigator Clube Setúbal	Veterano M45	46:20	+07:03	04:38
24	343	Paulo Alexandre Costa Lopes	Individual	Veterano M45	47:51	+08:33	04:47
25	259	carlos ludovino	Juventude desportiva do carvalhal	Veterano M45	47:55	+08:37	04:47
26	286	Marco Ribeiro	Remo Clube Lusitano	Veterano M45	48:56	+09:39	04:54
27	261	Pedro Miguel Pires Ramos	Lebres Vermelhas	Veterano M45	49:31	+10:14	04:57
28	211	Gustavo Bastos	Individual	Veterano M45	49:38	+10:20	04:58
29	225	Paulo Mendonça	Individual	Veterano M45	49:53	+10:35	04:59
30	228	Ricardo Patrocínio	Individual	Veterano M45	50:31	+11:13	05:03
31	208	Claudio Correia Casado	Individual	Veterano M45	50:44	+11:27	05:04

Official Timekeeper: Lap2Go	6 / 9	generate 06-jan.-2024 20:26
-----------------------------	-------	-----------------------------

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

32	221	Mário João Pité	Individual	Veterano M45	51:58	+12:41	05:12
33	206	CARLOS CARVALHO	Individual	Veterano M45	52:15	+12:57	05:14
34	220	Marco Pinto	Individual	Veterano M45	52:50	+13:33	05:17
35	213	João Paulino	Individual	Veterano M45	53:20	+14:03	05:20
36	212	João Fernandes	Individual	Veterano M45	53:46	+14:28	05:23
37	224	Orlando Loureiro	Individual	Veterano M45	54:27	+15:09	05:27
38	227	Ricardo Medeiros	Individual	Veterano M45	55:33	+16:16	05:33
39	73	Ricardo Nuno Palma Emídio	G.D.R. Bairro do Liceu	Veterano M45	57:13	+17:56	05:43
40	205	Bruno Rodrigues	Individual	Veterano M45	57:32	+18:14	05:45
41	207	Carlos Fonseca	Individual	Veterano M45	58:03	+18:45	05:48
42	291	Nuno Costa	São Domingos Futebol Clube	Veterano M45	58:24	+19:06	05:50
43	271	Tiago Galego	Navigator Clube Setúbal	Veterano M45	58:59	+19:42	05:54
44	68	Nuno Ribeiro	Estúdio Jorge Grave	Veterano M45	59:00	+19:42	05:54
45	217	José Fernandes	Individual	Veterano M45	59:57	+20:39	06:00
46	229	Rui Miguel José Aveiro	Individual	Veterano M45	01:03:45	+24:27	06:22
47	215	Jorge Pires	Individual	Veterano M45	01:04:23	+25:05	06:26
48	43	Luis Conceicao	Clube de Praças da Armada	Veterano M45	01:04:24	+25:06	06:26
49	369	Francisco Silva	Individual	Veterano M45	01:05:07	+25:49	06:31
50	218	Juan Carlos Bautista Ballen	Individual	Veterano M45	01:05:46	+26:28	06:35
51	8	António Caneiras	ACA Running - Engel&Volkers Comporta	Veterano M45	01:12:25	+33:08	07:15
52	24	Pedro Miguel Marques Dias	Benfiquistas	Veterano M45	01:14:13	+34:56	07:25

Veterano M50

1	279	Marcolino Verissimo	OCS - Arrábida Trail Team	Veterano M50	37:00		03:42
2	319	Joaquim Rui	Clube de Praças da Armada	Veterano M50	41:14	+04:13	04:07
3	75	Gonçalo Santos	GDC PORTOS DE SINES E DO ALGARVE	Veterano M50	43:36	+06:35	04:22
4	356	Joaquim Guerreiro	Individual	Veterano M50	44:27	+07:26	04:27
5	79	Pedro Correia	Grupo Desportivo Os Amarelos	Veterano M50	44:35	+07:34	04:28
6	78	Angelo Manuel Branco Mendes	Grupo Desportivo Os Amarelos	Veterano M50	45:09	+08:08	04:31
7	288	Pedro Conceição	Remo Clube Lusitano	Veterano M50	46:08	+09:07	04:37
8	245	Wagner Alves Carriel	Individual	Veterano M50	46:18	+09:17	04:38
9	306	Carlos Pedro da Cruz	Tálenos Team	Veterano M50	46:23	+09:22	04:38
10	240	Nivaldo de Oliveira	Individual	Veterano M50	48:35	+11:34	04:51
11	346	Pedro Gouveia	Individual	Veterano M50	48:57	+11:56	04:54
12	10	Sérgio Balona	ACA Running - Engel&Volkers Comporta	Veterano M50	50:16	+13:15	05:02
13	355	Domingos Gato	UCRD PRAIENSE	Veterano M50	51:11	+14:11	05:07
14	235	José Santos	Individual	Veterano M50	52:09	+15:08	05:13
15	307	Nuno Lucas	Tálenos Team	Veterano M50	52:34	+15:33	05:15
16	11	Sérgio Coelho	ACA Running - Engel&Volkers Comporta	Veterano M50	55:16	+18:16	05:32
17	242	Paulo Kastrop	Individual	Veterano M50	55:28	+18:27	05:33
18	236	José Teixeira	Individual	Veterano M50	59:22	+22:21	05:56
19	243	Rogério Silva	Individual	Veterano M50	59:51	+22:50	05:59

## Prova Principal

10 KM

### OFFICIAL RESULT

20	57	Bruno Silva	Corrida Nocturna de Setúbal	Veterano M50	01:00:26	+23:26	06:03
21	238	Luís Ramos	Individual	Veterano M50	01:01:33	+24:32	06:09
22	308	Paulo Rijo	Tálenos Team	Veterano M50	01:03:32	+26:31	06:21
23	233	Carlos Matos	Individual	Veterano M50	01:03:51	+26:50	06:23
24	239	Mário João Dias Alves Borges	Individual	Veterano M50	01:05:53	+28:52	06:35
25	311	João Luís de Brito Pereira	The Sal Runners	Veterano M50	01:09:03	+32:02	06:54

## Veterano M55

1	317	Luis Trigo	VITORIA FUTEBOL CLUBE	Veterano M55	38:57		03:54
2	315	Hernani Francisco	VITORIA FUTEBOL CLUBE	Veterano M55	39:38	+00:41	03:58
3	45	Fernando santos	Clube de Praças da Armada	Veterano M55	40:12	+01:15	04:01
4	316	Luis Calha	VITORIA FUTEBOL CLUBE	Veterano M55	43:03	+04:05	04:18
5	275	António Francisco Bastos Pires	NRD Ídolos da Praça	Veterano M55	44:18	+05:20	04:26
6	80	Vasco Agostinho	Grupo Desportivo Os Amarelos	Veterano M55	44:32	+05:35	04:27
7	246	Joaquim Mirador	Individual	Veterano M55	45:43	+06:45	04:34
8	295	FILIPE FILIPE	SESIMBRA MAR	Veterano M55	46:03	+07:06	04:36
9	249	Luis Capelo	Individual	Veterano M55	47:12	+08:15	04:43
10	44	António branco	Clube de Praças da Armada	Veterano M55	47:38	+08:40	04:46
11	293	Sérgio Casal	São Domingos Futebol Clube	Veterano M55	48:45	+09:48	04:53
12	247	Joaquim Santos	Individual	Veterano M55	50:56	+11:58	05:06
13	309	Paulo Oliveira	Tálenos Team	Veterano M55	51:08	+12:11	05:07
14	276	João Santos	NRD Ídolos da Praça	Veterano M55	54:44	+15:47	05:28
15	251	Paulo Dias	Individual	Veterano M55	55:02	+16:04	05:30
16	25	Filipe Jose Benavente Gomes	Benfiquistas	Veterano M55	56:02	+17:04	05:36
17	46	Silvestre Demétrio	Clube de Praças da Armada	Veterano M55	01:04:24	+25:26	06:26
18	299	André Noronha	SS CGD	Veterano M55	01:08:54	+29:56	06:53
19	248	Lino Silva	Individual	Veterano M55	01:20:20	+41:22	08:02

## Veterano M60

1	300	João Correia	SS CGD	Veterano M60	58:57		05:54
2	301	Jorge Mendes	SS CGD	Veterano M60	01:00:03	+01:05	06:00
3	253	João Lixa	Individual	Veterano M60	01:10:45	+11:47	07:04

## Veterano M65

1	258	Manuel Pires	Individual	Veterano M65	45:23		04:32
2	47	Fernando Sousa	Clube de Praças da Armada	Veterano M65	47:03	+01:40	04:42
3	22	Manuel Pardal	Associação de atletismo Lebres do sado	Veterano M65	50:45	+05:22	05:05
4	49	Manuel Jacinto	Clube de Praças da Armada	Veterano M65	52:49	+07:26	05:17
5	21	José Manuel Marques	Associação de atletismo Lebres do sado	Veterano M65	55:19	+09:56	05:32
6	72	Francisco Muleta	Federação da Família para a Paz Mundial e Unificação	Veterano M65	55:46	+10:23	05:35







