

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
1101	240	Ricardo Marques	avebikers cycling team	Veterano M40	54:15	+24:01	05:26
1102	1051	Albano Alexandre Pontes	impar running team	Veterano M45	54:15	+24:01	05:26
1103	3554	Célio Coelho	os 5 à rasca	Veterano M45	54:16	+24:02	05:26
1104	2355	João Barrona	individual	Senior Masculino	54:16	+24:02	05:26
1105	1599	Patrícia Correia	individual	Senior Feminino	54:17	+24:03	05:26
1106	1571	Marta Barroso	individual	Senior Feminino	54:17	+24:03	05:26
1107	3362	António Augusto Silva	lousada runners	Veterano M60	54:18	+24:04	05:26
1108	241	Sérgio Nogueira	avebikers cycling team	Senior Masculino	54:18	+24:04	05:26
1109	2927	Pedro Nunes	individual	Veterano M40	54:20	+24:06	05:26
1110	3268	Vitor Peixoto	individual	Senior Masculino	54:20	+24:06	05:26
1111	2143	FERNANDO AUGUSTO DIAS SANTOS	individual	Veterano M55	54:20	+24:06	05:26
1112	1750	Agostinho Carneiro Barros	individual	Veterano M50	54:21	+24:06	05:26
1113	26	Marta Gonçalves	247 culture	Senior Feminino	54:21	+24:07	05:26
1114	3256	Vitor Hugo Barbosa Ferreira	individual	Senior Masculino	54:21	+24:07	05:26
1115	2063	Diogo Martins Nunes	individual	Senior Masculino	54:21	+24:07	05:26
1116	2084	Domingos Freitas	individual	Veterano M55	54:22	+24:08	05:26
1117	892	Carlos Pontes	gaviões	Veterano M55	54:22	+24:08	05:26
1118	1745	Afonso Araújo Oliveira	individual	Senior Masculino	54:23	+24:08	05:26
1119	2427	João Pedro Sousa e Sá	individual	Veterano M40	54:24	+24:10	05:26
1120	3150	Sérgio Manuel Rosa Guerra	individual	Veterano M40	54:25	+24:11	05:27
1121	2540	Jose Mendes	individual	Senior Masculino	54:25	+24:11	05:27
1122	2742	Miguel Pereira	individual	Senior Masculino	54:26	+24:12	05:27
1123	3773	David Costa	viagens sofsar	Veterano M65	54:26	+24:12	05:27
1124	2149	Fernando Jorge Queirós da Silva	individual	Veterano M45	54:27	+24:13	05:27
1125	2152	Fernando Mansuído	individual	Veterano M45	54:27	+24:13	05:27
1126	1957	Carlos Mansuído	individual	Veterano M45	54:27	+24:13	05:27
1127	772	Carlos alfredo costa Barreiro	eugénios hc	Senior Masculino	54:27	+24:13	05:27
1128	876	Marco Cruz	fit friends	Veterano M45	54:27	+24:13	05:27
1129	2667	Manuel Marques	individual	Veterano M50	54:29	+24:15	05:27
1130	838	José Duarte Silva Faria	famalicão em forma	Veterano M50	54:30	+24:16	05:27
1131	3726	Miguel Ribeiro	team feet on the ground	Senior Masculino	54:30	+24:16	05:27
1132	2787	Nuno Filipe Almeida Cardoso	individual	Senior Masculino	54:31	+24:17	05:27
1133	3731	Luís Gomes	team lantermil	Veterano M50	54:31	+24:17	05:27
1134	3351	José Carlos Gomes	ligeirinhos	Veterano M60	54:31	+24:17	05:27
1135	1892	Bruno Costa	individual	Veterano M50	54:32	+24:18	05:27
1136	2031	David Silva	individual	Senior Masculino	54:33	+24:19	05:27
1137	3349	Deolinda Camarinha	ligeirinhos	Veterana F60	54:33	+24:19	05:27
1138	2989	RICARDO CUNHA	individual	Veterano M45	54:33	+24:19	05:27
1139	793	Maria Romana	fama runners	Senior Feminino	54:34	+24:20	05:27
1140	992	JOSÉ COSTA	gymstar	Veterano M55	54:35	+24:21	05:28
1141	3749	Marcelo Teixeira	the newbies	Senior Masculino	54:35	+24:21	05:28
1142	386	José João Rodrigues	conquistador	Senior Masculino	54:38	+24:24	05:28
1143	3277	Vitor Silva	individual	Senior Masculino	54:39	+24:25	05:28
1144	2720	Miguel Andre Lopes Moreira	individual	Senior Masculino	54:39	+24:25	05:28
1145	3381	Sérgio Freitas	manquinhos	Veterano M50	54:39	+24:25	05:28

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10 KM

OFFICIAL RESULT

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REVISED

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1146	3975	Liliana Raquel Oliveira da Silva	individual	Senior Feminino	54:40	+24:26	05:28
1147	419	Renato Pinheiro	crediversos	Veterano M40	54:41	+24:27	05:28
1148	904	Paulo Cunha	gaviões	Veterano M50	54:41	+24:27	05:28
1149	3265	Vítor Oliveira	individual	Senior Masculino	54:41	+24:27	05:28
1150	1908	Bruno Martins	individual	Senior Masculino	54:42	+24:28	05:28
1151	2023	Dany Ferreira	individual	Senior Masculino	54:42	+24:28	05:28
1152	3742	Teresa Teixeira	teixeiras	Senior Feminino	54:42	+24:28	05:28
1153	2784	Nuno Dias	individual	Veterano M40	54:43	+24:28	05:28
1154	3743	Tiago Teixeira	teixeiras	Senior Masculino	54:43	+24:29	05:28
1155	658	David Mendes	david e bia	Senior Masculino	54:44	+24:30	05:28
1156	473	Jose Antonio Amorim Barroso	crediversos - escritório	Veterano M40	54:44	+24:30	05:28
1157	2622	Luis Gonçalves	individual	Veterano M50	54:45	+24:30	05:29
1158	3512	Augusto Silva	núcleo de atletismo das taipas	Veterano M50	54:46	+24:32	05:29
1159	653	Nuno Machado	d.n.a	Senior Masculino	54:46	+24:32	05:29
1160	2534	José Manuel Oliveira Machado	individual	Veterano M40	54:46	+24:32	05:29
1161	367	FILIFE CUNHA	central runners	Veterano M45	54:46	+24:32	05:29
1162	3523	Nuno Martinho	núcleo de atletismo das taipas	Veterano M50	54:47	+24:33	05:29
1163	291	DANIEL ANDRADE	bbg runners by bbox&gym	Veterano M45	54:47	+24:33	05:29
1164	2487	Jorge Ramos	individual	Senior Masculino	54:47	+24:33	05:29
1165	2206	Francisco Ferreira	individual	Veterano M50	54:48	+24:34	05:29
1166	3604	Rodrigo Sousa	power rangers	Veterano M40	54:49	+24:35	05:29
1167	1504	Margarida Tanoeiro	individual	Veterana F40	54:50	+24:36	05:29
1168	288	MONICA ANDRADE	bbg runners by bbox&gym	Veterana F40	54:51	+24:37	05:29
1169	2101	Eduardo Campos	individual	Senior Masculino	54:51	+24:37	05:29
1170	3033	Ricardo Silva	individual	Veterano M50	54:53	+24:39	05:29
1171	901	Manuel Paiva	gaviões	Veterano M50	54:53	+24:39	05:29
1172	1283	Claudia Azevedo	individual	Senior Feminino	54:53	+24:39	05:29
1173	3125	Rui Vilaça	individual	Senior Masculino	54:56	+24:42	05:30
1174	155	Bruno Oliveira	alma centro de treino	Veterano M40	54:56	+24:42	05:30
1175	1925	Bruno Sousa	individual	Senior Masculino	54:57	+24:43	05:30
1176	1768	Alexandre Gomes Pinto Ferreira	individual	Senior Masculino	54:57	+24:43	05:30
1177	2377	João Fernandes	individual	Senior Masculino	54:58	+24:44	05:30
1178	906	Ricardo Ferreira	gaviões	Veterano M45	54:58	+24:44	05:30
1179	3440	Filipe Costa	moutados team	Veterano M45	54:58	+24:44	05:30
1180	1292	Cláudia Patrícia moura Mendes	individual	Senior Feminino	54:59	+24:45	05:30
1181	1903	Bruno Gonçalves	individual	Senior Masculino	54:59	+24:45	05:30
1182	3168	SILVIO FERREIRA	individual	Veterano M45	55:00	+24:46	05:30
1183	2482	Jorge Miguel Barros Jesus	individual	Senior Masculino	55:00	+24:46	05:30
1184	1857	Arcélio Couto	individual	Veterano M40	55:00	+24:46	05:30
1185	1499	Márcia Oliveira	individual	Senior Feminino	55:00	+24:46	05:30
1186	2757	Nelson Castro	individual	Veterano M40	55:01	+24:47	05:30
1187	2836	Paulo Costa	individual	Senior Masculino	55:01	+24:47	05:30
1188	2731	Miguel Fernandes	individual	Veterano M40	55:01	+24:47	05:30
1189	1616	Raissa Reis	individual	Senior Feminino	55:02	+24:48	05:30
1190	3704	Lúcia Oliveira	sprint familiar	Senior Feminino	55:03	+24:49	05:30

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
1191	3001	Ricardo Costa	individual	Senior Masculino	55:04	+24:49	05:30
1192	1823	Andre Veloso	individual	Senior Masculino	55:04	+24:50	05:30
1193	3427	Maurício Leite	moelas team	Senior Masculino	55:04	+24:50	05:30
1194	3011	Ricardo Filipe Martins Sousa	individual	Senior Masculino	55:05	+24:51	05:31
1195	3097	Rui Jorge Fontes Costa	individual	Veterano M40	55:05	+24:51	05:31
1196	3886	Tiago Oliveira	amve	Senior Masculino	55:06	+24:52	05:31
1197	2038	DIEGO TOMAZ	individual	Senior Masculino	55:06	+24:52	05:31
1198	1783	Amilcar Ferreira	individual	Veterano M50	55:07	+24:53	05:31
1199	2894	Pedro Costa Pereira	individual	Veterano M40	55:08	+24:53	05:31
1200	1939	Carlos Carneiro	individual	Veterano M50	55:09	+24:55	05:31
1201	3936	Iuri Geres Pereira	individual	Senior Masculino	55:10	+24:56	05:31
1202	3029	Ricardo Reis	individual	Senior Masculino	55:11	+24:57	05:31
1203	2601	Lucas Vilela	individual	Veterano M50	55:11	+24:57	05:31
1204	1682	Sofia Mendes	individual	Senior Feminino	55:11	+24:57	05:31
1205	2128	Fábio André Soares da Silva Silva	individual	Senior Masculino	55:17	+25:03	05:32
1206	2065	Diogo Moreira Silva	individual	Senior Masculino	55:17	+25:03	05:32
1207	1787	André Azevedo	individual	Senior Masculino	55:18	+25:04	05:32
1208	1862	Armindo Manuel Lopes Fernandes	individual	Veterano M55	55:18	+25:04	05:32
1209	3130	Samuel Gil	individual	Senior Masculino	55:19	+25:05	05:32
1210	2103	Eduardo Costa	individual	Senior Masculino	55:19	+25:05	05:32
1211	2881	Paulo Teixeira	individual	Senior Masculino	55:19	+25:05	05:32
1212	3564	Emiliano couto	os crentes	Veterano M40	55:22	+25:08	05:32
1213	1297	Conceição Vilas Boas	individual	Veterana F50	55:23	+25:09	05:32
1214	3606	José Félix	promessas do atletismo	Veterano M45	55:23	+25:09	05:32
1215	2204	Francisco de Almeida Oliveira	individual	Senior Masculino	55:23	+25:09	05:32
1216	3631	bruno carlos martins costa	rorizaventura	Veterano M45	55:24	+25:10	05:32
1217	3061	Ruben Carvalho	individual	Senior Masculino	55:24	+25:10	05:32
1218	3076	RUI CARNEIRO	individual	Senior Masculino	55:24	+25:10	05:32
1219	2002	Daniel Alfredo Leal da Silva	individual	Senior Masculino	55:24	+25:10	05:32
1220	3607	Luís Félix	promessas do atletismo	Senior Masculino	55:25	+25:11	05:33
1221	3850	NUNO FERREIRA	vivavita	Veterano M55	55:25	+25:11	05:33
1222	2448	João Vilas Boas	individual	Senior Masculino	55:25	+25:11	05:33
1223	1736	Adão Viana Pinto	individual	Senior Masculino	55:25	+25:11	05:33
1224	2739	Miguel Moreira	individual	Senior Masculino	55:26	+25:12	05:33
1225	1008	Tiago Mesquita	gymstar	Senior Masculino	55:27	+25:13	05:33
1226	2842	Paulo Jorge Andrade Mendes	individual	Veterano M40	55:27	+25:13	05:33
1227	2822	Orlando José Mota Maciel	individual	Veterano M45	55:28	+25:14	05:33
1228	3603	Adriano Ribeiro	power rangers	Senior Masculino	55:32	+25:18	05:33
1229	2878	Paulo Simões	individual	Veterano M50	55:32	+25:18	05:33
1230	882	Manuel Pereira	fora da curva	Veterano M50	55:32	+25:18	05:33
1231	2310	Hugo Carlos	individual	Senior Masculino	55:33	+25:19	05:33
1232	1874	Augusto Silva	individual	Veterano M60	55:33	+25:19	05:33
1233	885	Francisco Oliveira	francisco	Veterano M45	55:35	+25:20	05:34
1234	521	Elisa Cruz	crediversos_angela	Veterana F55	55:35	+25:21	05:34
1235	727	Sergio Paulo Campos Ribeiro	enif	Veterano M45	55:35	+25:21	05:34

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	ØKM
1279	3425	Diogo Ferreira	moelas team	Senior Masculino	55:56	+25:42	05:36
1280	3518	Joaquim Leite	núcleo de atletismo das taipas	Veterano M65	55:57	+25:42	05:36
1281	2730	Miguel Duarte	individual	Senior Masculino	55:57	+25:43	05:36
1282	2745	Miguel Pinheiro	individual	Senior Masculino	55:57	+25:43	05:36
1283	55	Pedro Oliveira	365 running project	Veterano M40	55:57	+25:43	05:36
1284	2036	Davide Sousa	individual	Veterano M50	55:57	+25:43	05:36
1285	45	Sandra Castro	365 running project	Senior Feminino	55:58	+25:43	05:36
1286	3288	Carlos Martins	it runners	Senior Masculino	55:58	+25:44	05:36
1287	42	Cristina Oliveira	365 running project	Veterana F40	55:58	+25:44	05:36
1288	43	Daniela Vilas Boas	365 running project	Veterana F40	55:58	+25:44	05:36
1289	39	Ana Freitas	365 running project	Veterana F50	55:58	+25:44	05:36
1290	429	Vitor Hugo Monteiro Saraiva Gonçalves	crediversos - célia	Senior Masculino	55:58	+25:44	05:36
1291	40	Angélica Rocha	365 running project	Veterana F40	55:59	+25:45	05:36
1292	49	José Armando	365 running project	Veterano M50	55:59	+25:45	05:36
1293	2388	JOAO GOMES	individual	Senior Masculino	55:59	+25:45	05:36
1294	2070	Diogo Pereira	individual	Senior Masculino	55:59	+25:45	05:36
1295	2309	Hugo Barbosa	individual	Senior Masculino	55:59	+25:45	05:36
1296	3877	Marta Andrade	amve	Veterana F40	56:00	+25:45	05:36
1297	856	Vítor Manuel Dias Gonçalves	família alves	Senior Masculino	56:01	+25:47	05:36
1298	2191	Flávio Daniel Moreira Gomes	individual	Veterano M45	56:01	+25:47	05:36
1299	1799	André Ferreira	individual	Veterano M40	56:02	+25:48	05:36
1300	3320	Partrícia Freitas	laranjinhas biba mais	Veterana F45	56:03	+25:49	05:36
1301	2086	Domingos Silva	individual	Veterano M55	56:04	+25:50	05:36
1302	2537	José Matos	individual	Senior Masculino	56:05	+25:51	05:37
1303	792	Margarida Dias	fama runners	Veterana F40	56:05	+25:51	05:37
1304	1032	claudia marina morira da silva	home studio 2020	Senior Feminino	56:06	+25:51	05:37
1305	2562	José Pedro Lopes	individual	Senior Masculino	56:07	+25:53	05:37
1306	3101	Rui Magalhães	individual	Senior Masculino	56:07	+25:53	05:37
1307	1208	Bernardete Pereira	individual	Veterana F45	56:08	+25:54	05:37
1308	1398	Inês Afonso Rodrigues gomes da Silva e Sá	individual	Senior Feminino	56:08	+25:54	05:37
1309	2835	Paulo César Ribeiro Moura	individual	Senior Masculino	56:09	+25:55	05:37
1310	3409	CRISTINA COSTA	mka	Veterana F45	56:10	+25:56	05:37
1311	2211	Francisco Lemos	individual	Senior Masculino	56:10	+25:56	05:37
1312	1714	Tricia Santana	individual	Veterana F45	56:11	+25:56	05:37
1313	985	GABRIEL MORÃES	gymstar	Senior Masculino	56:11	+25:57	05:37
1314	3747	João Silva	temos pena	Veterano M60	56:12	+25:57	05:37
1315	3441	Hélio Machado	moutados team	Veterano M40	56:12	+25:57	05:37
1316	272	Luís Fernandes	balance guimarães	Senior Masculino	56:13	+25:59	05:37
1317	891	Bruno Carneiro	gaviões	Veterano M40	56:13	+25:59	05:37
1318	2051	Diogo Filipe Amaro Rato	individual	Senior Masculino	56:13	+25:59	05:37
1319	619	Natália Cunha Silva Faria	crediversos_marlene	Veterana F45	56:14	+26:00	05:37
1320	3255	Vitor Hugo Azevedo Costa	individual	Veterano M40	56:15	+26:01	05:38
1321	3956	André Filipe Costa Pereira	individual	Senior Masculino	56:16	+26:02	05:38
1322	3058	Ruben Amorim	individual	Senior Masculino	56:16	+26:02	05:38
1323	2202	Francisco Costa	individual	Senior Masculino	56:17	+26:03	05:38

PROVA PRINCIPAL - STAGE 1

10 KM



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
1411	2981	Renato Ferreira da Cunha e Silva	individual	Senior Masculino	56:59	+26:45	05:42
1412	3274	Vitor Silva	individual	Senior Masculino	56:59	+26:45	05:42
1413	304	Adriana moura	body performance	Senior Feminino	56:59	+26:45	05:42
1414	2932	Pedro Pereira	individual	Senior Masculino	56:59	+26:45	05:42
1415	3680	Vitor oliveira	snail team	Senior Masculino	57:00	+26:46	05:42
1416	2608	Luis Costa	individual	Senior Masculino	57:00	+26:46	05:42
1417	2267	Guilherme Gomes	individual	Senior Masculino	57:01	+26:46	05:42
1418	3953	Tomas Ferreira Paiva	crediversos..000	Senior Masculino	57:01	+26:47	05:42
1419	2550	José Mora	individual	Senior Masculino	57:01	+26:47	05:42
1420	1345	Elisa Gonçalves Costa	individual	Veterana F40	57:02	+26:48	05:42
1421	1856	António Valinhas	individual	Veterano M55	57:02	+26:48	05:42
1422	1638	Rosália Oliveira	individual	Veterana F40	57:02	+26:48	05:42
1423	1312	Daniela Cruz	individual	Senior Feminino	57:02	+26:48	05:42
1424	306	Helena Machado	body performance	Senior Feminino	57:03	+26:49	05:42
1425	3883	Jose Magalhães	amve	Veterano M65	57:03	+26:49	05:42
1426	2728	Miguel castro	individual	Veterano M40	57:04	+26:50	05:42
1427	3222	tiago pinto	individual	Senior Masculino	57:04	+26:50	05:42
1428	466	Carlos Xavier Passos Mesquita	crediversos - escritório	Senior Masculino	57:04	+26:50	05:42
1429	3313	Serafim Gonçalves	kilosmoda - silva & barroso	Veterano M55	57:05	+26:51	05:43
1430	198	Isabel Ribeiro	arc vale s. cosme	Senior Feminino	57:06	+26:52	05:43
1431	883	Marcos Francisco	fora da curva	Veterano M50	57:06	+26:52	05:43
1432	880	Carlos Francisco	fora da curva	Veterano M65	57:06	+26:52	05:43
1433	3753	Daniel Oliveira Farinha	tomatu bikers	Veterano M50	57:06	+26:52	05:43
1434	3907	Ricardo Joaquim Alves Ferreira	individual	Veterano M45	57:06	+26:52	05:43
1435	3751	Ilda Manuela da Silva Pinheiro	tomatu bikers	Veterana F50	57:07	+26:53	05:43
1436	2473	Jorge Costa	individual	Senior Masculino	57:07	+26:53	05:43
1437	2254	Gonçalo Gonçalves Meneses	individual	Senior Masculino	57:09	+26:55	05:43
1438	2539	José Matos	individual	Senior Masculino	57:09	+26:55	05:43
1439	3172	Simão Mesquita	individual	Senior Masculino	57:09	+26:55	05:43
1440	3306	Helder Ferreira	kilosmoda - silva & barroso	Veterano M45	57:10	+26:56	05:43
1441	2146	Fernando Godinho	individual	Veterano M40	57:10	+26:56	05:43
1442	1758	Alberto Teixeira	individual	Senior Masculino	57:10	+26:56	05:43
1443	1536	Maria Margarida Correia de Jesus	individual	Senior Feminino	57:11	+26:57	05:43
1444	3286	Filomena Salazar	isabelinhas	Veterana F45	57:12	+26:58	05:43
1445	573	Jaime Filipe Meireles Mota	crediversos_adriana	Senior Masculino	57:12	+26:58	05:43
1446	3155	Sérgio Oliveira	individual	Veterano M45	57:13	+26:59	05:43
1447	3376	Francisco Silva	mancaquinhos	Senior Masculino	57:13	+26:59	05:43
1448	3237	Tomé Baptista	individual	Veterano M45	57:14	+27:00	05:43
1449	224	José Sousa	associação de atletismo lebres do sado	Veterano M50	57:14	+27:00	05:43
1450	1952	Carlos Figueiredo	individual	Senior Masculino	57:14	+27:00	05:43
1451	2619	Luís Filipe Costa Gondar Carneiro	individual	Senior Masculino	57:15	+27:01	05:44
1452	1137	Raquel Queiros	individual	Veterana F40	57:16	+27:02	05:44

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

R
REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
1493	453	Olivia Maria da Costa Gomes Magalhães	crediversos - escritório	Veterana F55	57:43	+27:29	05:46
1494	60	Zé Silva	365 running project	Senior Masculino	57:44	+27:30	05:46
1495	41	Beatriz Ribeiro Mesquita Guimarães	365 running project	Senior Feminino	57:44	+27:30	05:46
1496	3259	Vítor Manuel Campos Moreira	individual	Senior Masculino	57:45	+27:31	05:47
1497	1025	Helder Ribeiro	happy feet inmove	Veterano M55	57:46	+27:31	05:47
1498	2387	João Gabriel Rocha Monteiro	individual	Senior Masculino	57:46	+27:32	05:47
1499	1054	Antonio Costa	ímpar running team	Veterano M60	57:46	+27:32	05:47
1500	133	Maria Bernardete Ribeiro	alfa estúdio nine	Veterana F45	57:46	+27:32	05:47
1501	1909	Bruno Miguel Ferreira de Sousa	individual	Veterano M40	57:47	+27:33	05:47
1502	201	Vânia Mendes	arc vale s. cosme	Senior Feminino	57:47	+27:33	05:47
1503	153	Francisca Maria Salgado Fonseca	alma centro de treino	Senior Feminino	57:47	+27:33	05:47
1504	1630	Rita Oliveira	individual	Senior Feminino	57:47	+27:33	05:47
1505	2943	Pedro Silva	individual	Senior Masculino	57:48	+27:33	05:47
1506	1674	Sofia Cortinhas	individual	Senior Feminino	57:48	+27:34	05:47
1507	2009	Daniel Lourenço	individual	Senior Masculino	57:48	+27:34	05:47
1508	1490	Mafalda Oliveira	individual	Senior Feminino	57:49	+27:35	05:47
1509	3049	Rodrigo Lata	individual	Senior Masculino	57:50	+27:36	05:47
1510	2365	João Carneiro	individual	Senior Masculino	57:53	+27:39	05:47
1511	2586	Kaio Sousa Constantino	individual	Senior Masculino	57:53	+27:39	05:47
1512	1778	Álvaro Pinto	individual	Veterano M40	57:53	+27:39	05:47
1513	105	Joaquim Moreira	afis	Veterano M55	57:54	+27:40	05:47
1514	3589	João Afonso Borges	portal racing team	Senior Masculino	57:54	+27:40	05:47
1515	1612	Paulinha Pereira	individual	Veterana F40	57:54	+27:40	05:47
1516	2678	Marco Carvalho	individual	Senior Masculino	57:55	+27:41	05:48
1517	1676	Sofia Delgado	individual	Senior Feminino	57:55	+27:41	05:48
1518	1987	César Silva	individual	Veterano M45	57:55	+27:41	05:48
1519	1093	Alexandra daniela pereira fontes	individual	Veterana F40	57:55	+27:41	05:48
1520	526	Rita Leitão Gonçalves do Vale Lima	crediversos_ angela	Senior Feminino	57:56	+27:42	05:48
1521	1321	Daniela Silva	individual	Senior Feminino	57:57	+27:43	05:48
1522	3398	Jorge Fernandes	miles and vibes famalicão	Senior Masculino	57:59	+27:45	05:48
1523	2940	Pedro Rodrigues	individual	Veterano M45	58:01	+27:47	05:48
1524	1496	Manuela Sá	individual	Veterana F50	58:02	+27:47	05:48
1525	1049	Linda Ferreira	ímpar running team	Veterana F40	58:02	+27:48	05:48
1526	1053	André Almeida	ímpar running team	Senior Masculino	58:02	+27:48	05:48
1527	1319	Daniela Novais	individual	Senior Feminino	58:03	+27:49	05:48
1528	2793	Nuno Manuel Fontes da Fonseca	individual	Senior Masculino	58:04	+27:50	05:48
1529	2584	Julio Sousa Silva	individual	Veterano M45	58:05	+27:50	05:49
1530	2659	MANUEL BARBOSA	individual	Veterano M45	58:05	+27:51	05:49
1531	1873	Augusto Ribeiro	individual	Veterano M40	58:06	+27:52	05:49
1532	1979	César António Silva Guedes	individual	Veterano M50	58:07	+27:53	05:49
1533	3238	Tony. Costa	individual	Senior Masculino	58:09	+27:55	05:49

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1577	528	António Luís Martins do Vale Lima	crediversos_angela	Veterano M60	58:24	+28:10	05:50
1578	2590	Leandro Gabriel Martins Mesquita	individual	Senior Masculino	58:25	+28:11	05:51
1579	397	Welbert Delfin	corre fofo	Senior Masculino	58:25	+28:11	05:51
1580	562	André Joaquim Martins De Costas	crediversos_adriana	Senior Masculino	58:25	+28:11	05:51
1581	940	João Rodrigues	goães	Senior Masculino	58:25	+28:11	05:51
1582	394	Elaine Borges	corre fofo	Senior Feminino	58:26	+28:12	05:51
1583	2820	Olavo Ferreira	individual	Senior Masculino	58:27	+28:13	05:51
1584	2705	Martim da Silva Viana	individual	Senior Masculino	58:27	+28:13	05:51
1585	2043	Diogo Antunes	individual	Senior Masculino	58:28	+28:14	05:51
1586	1992	Cleber Almico	individual	Senior Masculino	58:29	+28:15	05:51
1587	692	Manuela Carvalho	duros da santa	Veterana F55	58:30	+28:16	05:51
1588	598	Pedro Olímpio Alves da Cruz	crediversos_daniela	Senior Masculino	58:31	+28:17	05:51
1589	2169	Filipe Ferreira	individual	Senior Masculino	58:32	+28:18	05:51
1590	669	Rui Azevedo	devesa run club	Senior Masculino	58:33	+28:18	05:51
1591	3756	Hugo Matos	trailamente	Veterano M40	58:33	+28:19	05:51
1592	1077	Pedro VilasBoas	ímpar running team	Senior Masculino	58:33	+28:19	05:51
1593	3873	José Pinheiro	zé&ana	Veterano M55	58:33	+28:19	05:51
1594	3614	Joana Meneses	race das migas	Senior Feminino	58:34	+28:20	05:51
1595	1204	Beatriz Sousa	individual	Senior Feminino	58:34	+28:20	05:51
1596	122	Pedro Alves	alexandra carvalho team	Veterano M45	58:34	+28:20	05:51
1597	114	Alexandra Carvalho	alexandra carvalho team	Veterana F45	58:34	+28:20	05:51
1598	1926	BRUNO TAVARES	individual	Veterano M50	58:35	+28:21	05:52
1599	3036	Ricardo Silva	individual	Senior Masculino	58:35	+28:21	05:52
1600	1551	Mariana Isabel Lopes Pereira	individual	Senior Feminino	58:36	+28:22	05:52
1601	102	Carlos Espirito Santo	afipse team	Veterano M55	58:36	+28:22	05:52
1602	2104	Eduardo Lemos	individual	Veterano M50	58:38	+28:24	05:52
1603	713	João Moreira	emogis	Senior Masculino	58:38	+28:24	05:52
1604	2264	Gualter Freitas	individual	Veterano M50	58:38	+28:24	05:52
1605	3415	Armando Costa	mka	Senior Masculino	58:38	+28:24	05:52
1606	843	Luis Felipe Simões Costa Lima	famalicão em forma	Veterano M40	58:39	+28:25	05:52
1607	2248	Gonçalo Costa	individual	Senior Masculino	58:40	+28:26	05:52
1608	3053	Rogério Novais	individual	Senior Masculino	58:41	+28:27	05:52
1609	1338	Dina Meneses	individual	Veterana F55	58:42	+28:28	05:52
1610	2591	Leandro Silvestre	individual	Senior Masculino	58:43	+28:29	05:52
1611	2953	Pedro Sousa	individual	Senior Masculino	58:44	+28:30	05:52
1612	2470	Jorge Castro	individual	Veterano M40	58:45	+28:31	05:53
1613	294	Lino Figueiredo	bbg runners by bbox&gym	Senior Masculino	58:45	+28:31	05:53
1614	3828	Marco André Couto Silva	vieira castro	Senior Masculino	58:47	+28:33	05:53
1615	2142	Fernando Alves	individual	Senior Masculino	58:47	+28:33	05:53
1616	1371	Fernanda Martins	individual	Senior Feminino	58:47	+28:33	05:53
1617	2568	José Ribeiro	individual	Veterano M45	58:49	+28:35	05:53
1618	1268	Cátia Ferreira	individual	Veterana F40	58:50	+28:36	05:53
1619	3294	Vitor Diogo Faria Pereira	it runners	Senior Masculino	58:50	+28:36	05:53
1620	3291	Ivo Sampaio	it runners	Senior Masculino	58:50	+28:36	05:53

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
1621	1439	Joana M. Gonçalves	individual	Senior Feminino	58:51	+28:37	05:53
1622	2011	Daniel Oliveira	individual	Senior Masculino	58:52	+28:38	05:53
1623	779	Paulo Sergio Pinto Silva	eugenios hc	Veterano M45	58:53	+28:39	05:53
1624	1397	Helena Poleri	individual	Senior Feminino	58:53	+28:39	05:53
1625	192	Aline Santana D'Avila	arc vale s. cosme	Senior Feminino	58:56	+28:42	05:54
1626	1135	Ana Luísa Soares	individual	Senior Feminino	58:56	+28:42	05:54
1627	204	Benjamim Costa	arc vale s. cosme	Veterano M45	58:57	+28:43	05:54
1628	2695	Marco Silva	individual	Senior Masculino	58:57	+28:43	05:54
1629	216	Miguel Peliteiro	arc vale s. cosme	Veterano M45	58:57	+28:43	05:54
1630	1233	Carla Manuela Martins Gonçalves	individual	Senior Feminino	58:58	+28:44	05:54
1631	1244	Carolina Guimarães	individual	Senior Feminino	58:58	+28:44	05:54
1632	3059	Rúben Artur Oliveira da Costa	individual	Senior Masculino	58:58	+28:44	05:54
1633	113	Miguel Garrett	alameda runners	Veterano M55	58:59	+28:45	05:54
1634	2697	Marco Teixeira	individual	Veterano M55	59:00	+28:46	05:54
1635	1647	Sandra Maria Maravalhas da Silva	individual	Veterana F45	59:01	+28:47	05:54
1636	2282	Helder Coutinho	individual	Veterano M40	59:01	+28:47	05:54
1637	3634	Manuel Peixoto	rorizaventura	Veterano M55	59:02	+28:48	05:54
1638	2643	Luís Santos	individual	Senior Masculino	59:03	+28:49	05:54
1639	3419	Hilário Martins	mka	Veterano M55	59:04	+28:50	05:54
1640	2225	Francisco Teixeira	individual	Senior Masculino	59:05	+28:51	05:55
1641	564	Carlos Ferreira	crediversos_adriana	Senior Masculino	59:06	+28:52	05:55
1642	3677	MIGUEL NUNO MIRANDA DE OLIVEIRA MADEIRA	snail team	Veterano M50	59:06	+28:52	05:55
1643	950	Ceu Lemos	gtt armazém do caffè	Veterana F55	59:07	+28:53	05:55
1644	3679	Rui Mota	snail team	Senior Masculino	59:08	+28:54	05:55
1645	2488	Jorge Ribeiro	individual	Senior Masculino	59:09	+28:55	05:55
1646	3676	Helder Ramos	snail team	Veterano M40	59:09	+28:55	05:55
1647	2904	Pedro Ferreira	individual	Veterano M45	59:09	+28:55	05:55
1648	282	Paulo Monteiro	batata aos molhos	Veterano M45	59:10	+28:56	05:55
1649	281	Leonel Monteiro	batata aos molhos	Veterano M40	59:10	+28:56	05:55
1650	2124	Eurico Oliveira	individual	Veterano M40	59:10	+28:56	05:55
1651	2151	Fernando Lino Bezerra Cardoso	individual	Veterano M45	59:11	+28:57	05:55
1652	3374	André Viana	mancaquinhos	Senior Masculino	59:11	+28:57	05:55
1653	3866	Eduardo Gonçalves	wind	Veterano M40	59:12	+28:58	05:55
1654	2203	Francisco Costa	individual	Senior Masculino	59:13	+28:59	05:55
1655	1173	Andreia Filipa Barbosa Araújo	individual	Senior Feminino	59:13	+28:59	05:55
1656	1977	Celso Sousa	individual	Senior Masculino	59:13	+28:59	05:55
1657	723	Luis Pedro Alves Moreira	enif	Senior Masculino	59:14	+29:00	05:55
1658	2298	Henrique Azevedo	individual	Senior Masculino	59:14	+29:00	05:55
1659	2719	Miguel Santos	individual	Senior Masculino	59:15	+29:00	05:56
1660	2100	Eduardo Andrade	individual	Senior Masculino	59:15	+29:01	05:56
1661	491	Pedro Rafael Oliveira Silva	crediversos - escritório	Senior Masculino	59:16	+29:02	05:56
1662	1468	Laura Gomes	individual	Senior Feminino	59:16	+29:02	05:56
1663	234	Ana Margarida Silva	associação recreativa de paradela	Senior Feminino	59:16	+29:02	05:56

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
1707	1668	Silvia Grainha	individual	Veterana F45	59:42	+29:27	05:58
1708	2082	Domingos Alberto Cardoso Rodrigues	individual	Veterano M65	59:42	+29:28	05:58
1709	1940	Carlos Carrico	individual	Veterano M40	59:43	+29:29	05:58
1710	2630	Luís Manuel Oliveira reis	individual	Senior Masculino	59:43	+29:29	05:58
1711	776	João Paulo Gomes Barreiro	eugénios hc	Senior Masculino	59:44	+29:30	05:58
1712	257	Afonso Freitas Andrade	azevedos e andrades	Senior Masculino	59:44	+29:30	05:58
1713	2257	Gonçalo Oliveira Sá	individual	Senior Masculino	59:44	+29:30	05:58
1714	2251	Gonçalo Ferreira Gomes	individual	Senior Masculino	59:45	+29:31	05:59
1715	1360	Érica Soares	individual	Veterana F40	59:45	+29:31	05:59
1716	2995	Ricardo Campos	individual	Senior Masculino	59:46	+29:32	05:59
1717	2546	José Miranda	individual	Senior Masculino	59:47	+29:33	05:59
1718	997	MIGUEL DIAS	gymstar	Senior Masculino	59:47	+29:33	05:59
1719	2985	Renato Mendes	individual	Senior Masculino	59:47	+29:33	05:59
1720	2205	Francisco Fernandes	individual	Senior Masculino	59:48	+29:33	05:59
1721	2258	Gonçalo Queirós	individual	Senior Masculino	59:48	+29:34	05:59
1722	1113	Ana Costa	individual	Veterana F40	59:48	+29:34	05:59
1723	259	Dinis Freitas Andrade	azevedos e andrades	Senior Masculino	59:48	+29:34	05:59
1724	1381	Francisca Carvalho	individual	Senior Feminino	59:48	+29:34	05:59
1725	3672	Rosa Pereira	snail team	Senior Feminino	59:48	+29:34	05:59
1726	3868	Sandra Oliveira	xallenge runners	Veterana F50	59:49	+29:35	05:59
1727	1847	Antonio Martins	individual	Veterano M50	59:49	+29:35	05:59
1728	694	Carlos Fontão	duros da santa	Veterano M55	59:49	+29:35	05:59
1729	1672	Sílvia Pacheco	individual	Veterana F40	59:49	+29:35	05:59
1730	3870	Miguel Soares	xallenge runners	Veterano M55	59:49	+29:35	05:59
1731	3890	Arezki Baha	gymstar	Veterano M45	59:49	+29:35	05:59
1732	1724	Vera Sampaio	individual	Senior Feminino	59:50	+29:36	05:59
1733	965	Daniela Rocha	gymstar	Senior Feminino	59:50	+29:36	05:59
1734	2061	DIOGO MACHADO	individual	Senior Masculino	59:50	+29:36	05:59
1735	1018	Patrícia Ferreira	happy feet inmove	Veterana F45	59:50	+29:36	05:59
1736	2515	José Costa	individual	Veterano M60	59:50	+29:36	05:59
1737	3191	Tiago Cunha	individual	Veterano M40	59:50	+29:36	05:59
1738	1562	Marina Andreia Correia Lopes	individual	Veterana F40	59:51	+29:37	05:59
1739	975	Bruno Fernandes	gymstar	Senior Masculino	59:51	+29:37	05:59
1740	2853	Paulo Machado	individual	Veterano M55	59:51	+29:37	05:59
1741	2064	Diogo Mesquita	individual	Senior Masculino	59:52	+29:38	05:59
1742	578	Jorge Miguel Gonçalves Morais	crediversos_adriana	Senior Masculino	59:52	+29:38	05:59
1743	1026	Luís Fernandes	happy feet inmove	Senior Masculino	59:52	+29:38	05:59
1744	2545	José Miguel Rodrigues da Cunha	individual	Veterano M45	59:54	+29:39	05:59
1745	1024	Daniel Oliveira	happy feet inmove	Senior Masculino	59:54	+29:40	05:59
1746	3324	Antonio Batista	laranjinhas biba mais	Veterano M60	59:54	+29:40	05:59
1747	3697	Paulo Sousa	sousa's	Veterano M45	59:55	+29:41	06:00
1748	3337	Susana Malheiro	liberdade futebol clube (lfc-f)	Senior Feminino	59:55	+29:41	06:00
1749	2153	Fernando Manuel Camacho Gonçalves	individual	Veterano M60	59:56	+29:42	06:00

PROVA PRINCIPAL - STAGE 1

10 KM



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
1750	2744	Miguel Pereira	individual	Senior Masculino	59:56	+29:42	06:00
1751	1740	Adnner Silva	individual	Senior Masculino	59:57	+29:43	06:00
1752	800	Nuno Lima	fama runners	Veterano M40	59:57	+29:43	06:00
1753	3104	Rui Miguel	individual	Senior Masculino	59:58	+29:44	06:00
1754	1335	Diana Paiva	individual	Senior Feminino	59:58	+29:44	06:00
1755	315	João Silva	bombeiros voluntários famalicensenses	Senior Masculino	59:58	+29:44	06:00
1756	1264	Catarina Silva	individual	Senior Feminino	59:58	+29:44	06:00
1757	2378	João Fernandes Cardo	individual	Senior Masculino	59:59	+29:45	06:00
1758	2220	Francisco Pinheiro	individual	Veterano M50	59:59	+29:45	06:00
1759	3895	Raquel Marques	individual	Senior Feminino	59:59	+29:45	06:00
1760	3223	Tiago Rocha	individual	Senior Masculino	59:59	+29:45	06:00
1761	3434	Rafael Mário Pereira	mosqueteiros team	Veterano M50	01:00:00	+29:46	06:00
1762	3014	Ricardo Guedes	individual	Senior Masculino	01:00:01	+29:47	06:00
1763	401	Michael Machado	corredores	Senior Masculino	01:00:02	+29:48	06:00
1764	314	Armindo Araújo	bombeiros voluntários famalicensenses	Veterano M60	01:00:02	+29:48	06:00
1765	1756	Alberto Ferreira	individual	Veterano M40	01:00:04	+29:50	06:00
1766	939	Filipe Fernandes	goães	Senior Masculino	01:00:04	+29:50	06:00
1767	3006	Ricardo Faria	individual	Senior Masculino	01:00:05	+29:50	06:01
1768	250	José Fernandes	aves runners	Veterano M60	01:00:05	+29:50	06:01
1769	2307	Hugo André Marques Fernandes	individual	Senior Masculino	01:00:05	+29:51	06:01
1770	128	Paulo Manuel Leitão Pereira	alexianos	Veterano M45	01:00:05	+29:51	06:01
1771	2411	João Paulo Afonso Freitas	individual	Veterano M40	01:00:05	+29:51	06:01
1772	2931	Pedro Pereira	individual	Veterano M40	01:00:05	+29:51	06:01
1773	796	Vera Pires	fama runners	Veterana F40	01:00:06	+29:52	06:01
1774	166	Maria Ferreira	amigos 100 limites	Veterana F55	01:00:06	+29:52	06:01
1775	3163	Sérgio Sousa	individual	Veterano M50	01:00:07	+29:53	06:01
1776	3413	Afonso Sousa	mka	Senior Masculino	01:00:08	+29:54	06:01
1777	2573	José Silva	individual	Senior Masculino	01:00:08	+29:54	06:01
1778	23	Elisabete Jesus	247 culture	Senior Feminino	01:00:09	+29:55	06:01
1779	1869	Artur Tinoco	individual	Senior Masculino	01:00:09	+29:55	06:01
1780	2076	Diogo Teixeira	individual	Senior Masculino	01:00:10	+29:55	06:01
1781	22	Carina Neiva	247 culture	Senior Feminino	01:00:11	+29:56	06:01
1782	3765	Andre Araujo	tsr	Senior Masculino	01:00:12	+29:58	06:01
1783	1838	António Dias	individual	Veterano M45	01:00:12	+29:58	06:01
1784	3395	Paula Reis	miles and vibes famalicão	Senior Feminino	01:00:12	+29:58	06:01
1785	3764	Soraia Amorim	tsr	Senior Feminino	01:00:13	+29:59	06:01
1786	423	Catarina Vaz da Costa Gonçalves	crediversos - célia	Senior Feminino	01:00:13	+29:59	06:01
1787	3330	Beatriz Faria	liberdade futebol clube (lfc-f)	Senior Feminino	01:00:13	+29:59	06:01
1788	3344	Miguel Carneiro	liberdade futebol clube (lfc-f)	Senior Masculino	01:00:14	+30:00	06:01
1789	235	Pedro Costa	associação recreativa de paradela	Senior Masculino	01:00:15	+30:01	06:02
1790	541	Tiago Gomes	crediversos_ angela	Senior Masculino	01:00:15	+30:01	06:02
1791	2390	João Guedes	individual	Senior Masculino	01:00:15	+30:01	06:02
1792	2018	Daniel Silva	individual	Senior Masculino	01:00:17	+30:03	06:02
1793	2761	Nelson Ferreira	individual	Veterano M45	01:00:17	+30:03	06:02
1794	2180	Filipe Oliveira	individual	Senior Masculino	01:00:18	+30:04	06:02

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1795	2484	Jorge Oliveira	individual	Senior Masculino	01:00:18	+30:04	06:02
1796	3934	Filipa Roldao	individual	Senior Feminino	01:00:18	+30:04	06:02
1797	2712	Matthew Buck	individual	Senior Masculino	01:00:19	+30:05	06:02
1798	871	Jorge Ferreira	ff studio	Veterano M45	01:00:19	+30:05	06:02
1799	1938	Carlos Bártolo	individual	Senior Masculino	01:00:21	+30:07	06:02
1800	1690	Sónia Moreira	individual	Veterana F45	01:00:21	+30:07	06:02
1801	3651	Pedro Sabino	sabino's	Senior Masculino	01:00:21	+30:07	06:02
1802	1748	Afonso Silva	individual	Senior Masculino	01:00:22	+30:08	06:02
1803	374	Manuel Conceição	cesar a correr	Veterano M50	01:00:22	+30:08	06:02
1804	3650	Joaquim Sabino	sabino's	Veterano M55	01:00:22	+30:08	06:02
1805	3649	Hugo Barbosa	sabino's	Senior Masculino	01:00:22	+30:08	06:02
1806	3648	Mariana Sabino	sabino's	Senior Feminino	01:00:22	+30:08	06:02
1807	2397	João Marcos Coelho Cruz	individual	Senior Masculino	01:00:22	+30:08	06:02
1808	554	Mafalfa Oliveira	crediversos_adriana	Senior Feminino	01:00:23	+30:09	06:02
1809	1284	Claudia Campos	individual	Veterana F50	01:00:23	+30:09	06:02
1810	3531	J. Ferreira	núcleo sporting vn famalicão	Veterano M55	01:00:24	+30:10	06:02
1811	2920	Pedro Miguel Ferreira Bártolo	individual	Senior Masculino	01:00:24	+30:10	06:02
1812	1480	Lúcia Maria Torres Abreu	individual	Senior Feminino	01:00:25	+30:10	06:03
1813	1671	Sílvia Oliveira	individual	Veterana F45	01:00:25	+30:11	06:03
1814	1677	Sofia Fernandes	individual	Senior Feminino	01:00:25	+30:11	06:03
1815	27	Ricardina Coelho	247 culture	Senior Feminino	01:00:25	+30:11	06:03
1816	1513	Maria do Céu Silva	individual	Veterana F50	01:00:26	+30:12	06:03
1817	160	Ricardo Neves	alma centro de treino	Veterano M45	01:00:27	+30:13	06:03
1818	1991	Cláudio Rafael Ribeiro Pereira	individual	Senior Masculino	01:00:31	+30:17	06:03
1819	1501	Margarida Fernandes	individual	Senior Feminino	01:00:34	+30:20	06:03
1820	17	Francisco Paulino	18 vltz	Senior Masculino	01:00:34	+30:20	06:03
1821	1410	Isa Rocha	individual	Senior Feminino	01:00:34	+30:20	06:03
1822	2794	Nuno Manuel Rodrigues Moreira	individual	Veterano M40	01:00:34	+30:20	06:03
1823	1779	Amandio Silva	individual	Veterano M45	01:00:35	+30:21	06:04
1824	2703	Mário Rodrigues	individual	Veterano M40	01:00:35	+30:21	06:04
1825	3474	Paulo Silva	mov3	Senior Masculino	01:00:35	+30:21	06:04
1826	256	Ricardo Gomes	avf team	Senior Masculino	01:00:36	+30:22	06:04
1827	3000	Ricardo Costa	individual	Senior Masculino	01:00:36	+30:22	06:04
1828	2884	Pedro Azevedo	individual	Senior Masculino	01:00:36	+30:22	06:04
1829	1251	Catarina Faria	individual	Senior Feminino	01:00:37	+30:22	06:04
1830	2006	Daniel Cunha	individual	Veterano M45	01:00:38	+30:23	06:04
1831	2477	Jorge Fernandes	individual	Senior Masculino	01:00:38	+30:24	06:04
1832	2323	Hugo Manuel Fernandes Lima de Carvalho	individual	Veterano M45	01:00:38	+30:24	06:04
1833	577	Joel Henrique Ferreira Guimarães	crediversos_adriana	Senior Masculino	01:00:39	+30:24	06:04
1834	3154	Sérgio Nogueira	individual	Veterano M40	01:00:39	+30:25	06:04
1835	1785	andré Araujo	individual	Veterano M40	01:00:39	+30:25	06:04
1836	90	Dinis Ferreira Morais	a.d.active running	Senior Masculino	01:00:39	+30:25	06:04
1837	2877	Paulo Simão Santos Oliveira	individual	Senior Masculino	01:00:40	+30:25	06:04
1838	1648	Sandra Silva	individual	Veterana F40	01:00:40	+30:26	06:04

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1882	1986	César Rui Cardoso	individual	Veterano M50	01:01:02	+30:48	06:06
1883	1155	ANA SA	individual	Veterana F45	01:01:03	+30:49	06:06
1884	2341	Jacinto Antunes	individual	Veterano M50	01:01:03	+30:49	06:06
1885	2955	Pedro Vieira	individual	Veterano M45	01:01:04	+30:50	06:06
1886	485	Nuno Luís Correia	crediversos - escritório	Senior Masculino	01:01:04	+30:50	06:06
1887	1047	Diana Gandra	ímpar running team	Senior Feminino	01:01:05	+30:51	06:07
1888	1753	Agostinho Pacheco	individual	Veterano M50	01:01:06	+30:52	06:07
1889	471	Hugo Correia Machado	crediversos - escritório	Veterano M40	01:01:06	+30:52	06:07
1890	546	Biatriz Araujo	crediversos_adriana	Senior Feminino	01:01:06	+30:52	06:07
1891	580	Luis Oliveira	crediversos_adriana	Senior Masculino	01:01:06	+30:52	06:07
1892	550	Daniela Reguina Gonçalves Azevedo	crediversos_adriana	Veterana F40	01:01:07	+30:52	06:07
1893	1306	Cristina Jácome	individual	Senior Feminino	01:01:07	+30:53	06:07
1894	3402	Josefa Oliveira	minho aventura	Veterana F45	01:01:07	+30:53	06:07
1895	1429	Joana Castro	individual	Senior Feminino	01:01:07	+30:53	06:07
1896	3946	Ana Carneiro	crediversos..000	Veterana F45	01:01:08	+30:54	06:07
1897	249	Joaquim Castro	aves runners	Veterano M60	01:01:08	+30:54	06:07
1898	3948	Maria Rebelo	crediversos..000	Veterana F55	01:01:08	+30:54	06:07
1899	3947	Miguel Silva	crediversos..000	Veterano M50	01:01:08	+30:54	06:07
1900	140	Joaquim Campos Oliveira	alfa estúdio nine	Veterano M55	01:01:09	+30:55	06:07
1901	2640	LUIS SA	individual	Veterano M40	01:01:09	+30:55	06:07
1902	576	Joaquim Ferdando Paiva Silva	crediversos_adriana	Veterano M50	01:01:10	+30:56	06:07
1903	1078	Renato Marques	ímpar running team	Veterano M40	01:01:11	+30:57	06:07
1904	1632	Rita Rocha	individual	Senior Feminino	01:01:11	+30:57	06:07
1905	3949	Marlene Barbosa	crediversos..000	Veterana F45	01:01:11	+30:57	06:07
1906	3185	Tiago Batista	individual	Senior Masculino	01:01:11	+30:57	06:07
1907	1063	Hilario Ramos	ímpar running team	Veterano M50	01:01:11	+30:57	06:07
1908	2937	Pedro Rocha	individual	Veterano M55	01:01:12	+30:58	06:07
1909	3950	João Oliveira Machado	crediversos..000	Veterano M40	01:01:12	+30:58	06:07
1910	3408	CRISTIANA ROCHA	mka	Senior Feminino	01:01:12	+30:58	06:07
1911	265	Rui Carneiro	azevedos+carneiros	Senior Masculino	01:01:12	+30:58	06:07
1912	2413	João Paulo Azevedo	individual	Veterano M40	01:01:12	+30:58	06:07
1913	3896	Daniel Fonseca	individual	Veterano M45	01:01:13	+30:59	06:07
1914	1200	Beatriz Filipa Lima Silva	individual	Senior Feminino	01:01:13	+30:59	06:07
1915	1171	Andreia Castro	individual	Veterana F45	01:01:13	+30:59	06:07
1916	946	António Ferreira Silva	grupo jorge oculista	Veterano M55	01:01:14	+30:59	06:07
1917	3616	Tiago Silva	race das migas	Senior Masculino	01:01:15	+31:01	06:08
1918	2988	Renato Silva	individual	Veterano M45	01:01:16	+31:02	06:08
1919	2027	David Filipe Oliveira Silva	individual	Veterano M40	01:01:17	+31:03	06:08
1920	2223	Francisco Soares	individual	Veterano M40	01:01:17	+31:03	06:08
1921	3013	Ricardo Gonçalves	individual	Senior Masculino	01:01:21	+31:07	06:08
1922	1541	Maria Silva	individual	Senior Feminino	01:01:21	+31:07	06:08
1923	3605	Afonso Fernandes	promessas do atletismo	Senior Masculino	01:01:23	+31:08	06:08
1924	173	Pedro Carvalho	amigos ponto final	Veterano M50	01:01:23	+31:09	06:08
1925	1438	Joana Fonseca	individual	Senior Feminino	01:01:23	+31:09	06:08
1926	3299	André Oliveira	kenianos do asfalto	Senior Masculino	01:01:24	+31:10	06:08

PROVA PRINCIPAL - STAGE 1**10 KM****OFFICIAL RESULT****R**
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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
1927	2255	Gonçalo Magalhães Ribeiro	individual	Senior Masculino	01:01:24	+31:10	06:08
1928	2694	Marco Silva	individual	Senior Masculino	01:01:24	+31:10	06:08
1929	264	Francisco Azevedo	azevedos+carneiros	Veterano M55	01:01:24	+31:10	06:08
1930	1189	Bárbara da Costa Oliveira Freitas	individual	Senior Feminino	01:01:25	+31:11	06:09
1931	900	Manuel Granja	gaviões	Veterano M55	01:01:26	+31:12	06:09
1932	895	Duarte Granja	gaviões	Senior Masculino	01:01:26	+31:12	06:09
1933	2115	Emanuel Marques	individual	Senior Masculino	01:01:27	+31:13	06:09
1934	2650	Maciel José Ribeiro Sacramento	individual	Senior Masculino	01:01:28	+31:14	06:09
1935	2652	Manuel Afonseca	individual	Veterano M55	01:01:29	+31:15	06:09
1936	2841	Paulo Gonçalves	individual	Veterano M50	01:01:29	+31:15	06:09
1937	1728	Virgínia Carvalho	individual	Veterana F55	01:01:29	+31:15	06:09
1938	2436	João Rui Guimarães	individual	Veterano M50	01:01:30	+31:16	06:09
1939	3115	Rui Pinho	individual	Veterano M45	01:01:30	+31:16	06:09
1940	2857	Paulo Pereira	individual	Veterano M55	01:01:32	+31:18	06:09
1941	2824	Oswaldo Azevedo	individual	Veterano M45	01:01:32	+31:18	06:09
1942	3198	Tiago Durães	individual	Senior Masculino	01:01:35	+31:21	06:10
1943	372	Isabel Azevedo	cesar a correr	Veterana F50	01:01:36	+31:22	06:10
1944	2964	Rafael Fernandes	individual	Senior Masculino	01:01:36	+31:22	06:10
1945	2308	Hugo Aresta	individual	Senior Masculino	01:01:36	+31:22	06:10
1946	373	Helder Barbosa	cesar a correr	Senior Masculino	01:01:37	+31:23	06:10
1947	1232	Carla Lucas	individual	Senior Feminino	01:01:37	+31:23	06:10
1948	2241	Gilberto Marques	individual	Veterano M45	01:01:38	+31:24	06:10
1949	3392	Edna Torrinha	miles and vibes famalicão	Senior Feminino	01:01:39	+31:25	06:10
1950	561	Alberto Manuel Nogueira	crediversos_adriana	Veterano M50	01:01:40	+31:25	06:10
1951	1627	Rita Duarte	individual	Senior Feminino	01:01:40	+31:26	06:10
1952	2472	Jorge Costa	individual	Veterano M40	01:01:40	+31:26	06:10
1953	1141	Ana Patrícia Guimarães Pereira	individual	Senior Feminino	01:01:41	+31:27	06:10
1954	1426	Joana Augusta Mendes Pereira	individual	Senior Feminino	01:01:42	+31:28	06:10
1955	2664	Manuel Ferreira	individual	Veterano M50	01:01:44	+31:30	06:10
1956	1670	Silvia Oliveira	individual	Veterana F45	01:01:44	+31:30	06:10
1957	19	Pedro Pinto	18 voltz	Senior Masculino	01:01:45	+31:31	06:11
1958	3199	Tiago Ferreira	individual	Senior Masculino	01:01:45	+31:31	06:11
1959	3248	VICTOR COSTA	individual	Veterano M50	01:01:46	+31:32	06:11
1960	1159	Ana Silva	individual	Senior Feminino	01:01:47	+31:33	06:11
1961	3519	Manuel Coutinho	núcleo de atletismo das taipas	Veterano M55	01:01:48	+31:34	06:11
1962	3508	Americo Coutinho	núcleo de atletismo das taipas	Veterano M55	01:01:49	+31:35	06:11
1963	3513	Carlos Machado	núcleo de atletismo das taipas	Veterano M50	01:01:49	+31:35	06:11
1964	2908	Pedro Gil Guimarães Cardoso	individual	Senior Masculino	01:01:49	+31:35	06:11
1965	1688	Solange samantha sousa	individual	Senior Feminino	01:01:49	+31:35	06:11
1966	3891	Ana Claudia Almeida Ferreira	individual	Senior Feminino	01:01:50	+31:36	06:11
1967	1780	Américo Gustavo	individual	Veterano M50	01:01:52	+31:38	06:11
1968	1944	Carlos Costa	individual	Senior Masculino	01:01:53	+31:39	06:11
1969	2834	Paulo Carvalho	individual	Veterano M40	01:01:53	+31:39	06:11

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
1970	1389	Gabriela Cardoso	individual	Veterana F45	01:01:53	+31:39	06:11
1971	2556	José Paiva	individual	Veterano M40	01:01:54	+31:39	06:11
1972	3298	Jorge Araújo	jorge araujo	Veterano M50	01:01:54	+31:40	06:11
1973	2490	Jorge Seixas	individual	Veterano M55	01:01:54	+31:40	06:11
1974	2247	Gonçalo Cardoso	individual	Senior Masculino	01:01:54	+31:40	06:11
1975	2781	Nuno Cardoso	individual	Veterano M45	01:01:54	+31:40	06:11
1976	3141	Sérgio Cortinhas	individual	Veterano M55	01:01:54	+31:40	06:11
1977	2235	Germano Carvalho	individual	Veterano M55	01:01:55	+31:41	06:12
1978	1747	Afonso Carvalho	individual	Senior Masculino	01:01:55	+31:41	06:12
1979	3202	Tiago Ferreira	individual	Senior Masculino	01:01:55	+31:41	06:12
1980	1563	Marina Martins	individual	Veterana F45	01:01:56	+31:42	06:12
1981	791	Inês Lima	fama runners	Veterana F40	01:01:56	+31:42	06:12
1982	3297	Teresa Carneiro	jorge araujo	Veterana F45	01:01:57	+31:43	06:12
1983	1749	Afonso Sousa	individual	Senior Masculino	01:01:57	+31:43	06:12
1984	30	Daniel Marques	247 culture	Senior Masculino	01:02:00	+31:45	06:12
1985	2968	Rafael Mota	individual	Senior Masculino	01:02:00	+31:46	06:12
1986	1098	Alice Gonçalves	individual	Veterana F50	01:02:00	+31:46	06:12
1987	2229	Frederico Magalhães	individual	Veterano M40	01:02:00	+31:46	06:12
1988	2111	Eduardo Silva	individual	Senior Masculino	01:02:00	+31:46	06:12
1989	1334	Diana Oliveira	individual	Senior Feminino	01:02:01	+31:47	06:12
1990	3279	Vítor Sousa	individual	Veterano M45	01:02:02	+31:48	06:12
1991	2453	Joaquim Fernando Azevedo Araújo	individual	Senior Masculino	01:02:02	+31:48	06:12
1992	829	BRUNO AMORIM	famalicão em forma	Senior Masculino	01:02:03	+31:49	06:12
1993	834	JOÃO MIGUEL MARTINS	famalicão em forma	Senior Masculino	01:02:04	+31:50	06:12
1994	844	MARCO ANDRE MARTINS	famalicão em forma	Senior Masculino	01:02:04	+31:50	06:12
1995	3657	Helena Mendes	siga	Senior Feminino	01:02:05	+31:51	06:13
1996	787	Leonardo Costa	fama minds	Senior Masculino	01:02:05	+31:51	06:13
1997	2645	Luís Soares	individual	Senior Masculino	01:02:06	+31:51	06:13
1998	2385	João Filipe Oliveira Lopes de Sá	individual	Senior Masculino	01:02:06	+31:52	06:13
1999	2725	Miguel Batista	individual	Veterano M45	01:02:07	+31:53	06:13
2000	1951	Carlos Ferreira	individual	Veterano M40	01:02:08	+31:54	06:13
2001	2874	Paulo Sérgio dos Santos Correia	individual	Veterano M50	01:02:09	+31:55	06:13
2002	1572	Marta Ferreira	individual	Veterana F40	01:02:11	+31:56	06:13
2003	1085	Adriana Francisca da Silva Monteiro	individual	Senior Feminino	01:02:11	+31:57	06:13
2004	1831	Antonio Alberto Sousa Pereira	individual	Senior Masculino	01:02:11	+31:57	06:13
2005	870	João Leal	ff studio	Senior Masculino	01:02:11	+31:57	06:13
2006	3478	Ricardo Cunha	mov3	Senior Masculino	01:02:12	+31:58	06:13
2007	2259	Gonçalo Rito	individual	Senior Masculino	01:02:13	+31:59	06:13
2008	3621	Julieta Regufe	refuge	Veterana F45	01:02:14	+31:59	06:13
2009	1931	Carlos Alberto Gomes Teixeira	individual	Veterano M55	01:02:14	+32:00	06:13
2010	1702	Tânia Lima	individual	Veterana F45	01:02:14	+32:00	06:13
2011	1695	Susana Maria Azevedo Moreira	individual	Senior Feminino	01:02:15	+32:01	06:14

PROVA PRINCIPAL - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
2012	3904	Nuno Oliveira	individual	Veterano M45	01:02:15	+32:01	06:14
2013	37	Sérgio David Martins	247 culture	Veterano M45	01:02:16	+32:01	06:14
2014	2766	Nelson oliveira	individual	Veterano M40	01:02:16	+32:02	06:14
2015	2356	João Barroso Marques	individual	Senior Masculino	01:02:16	+32:02	06:14
2016	3620	Cátia Regufe	regufe	Senior Feminino	01:02:16	+32:02	06:14
2017	926	Mariana Gonçalves	gemba gazelles	Senior Feminino	01:02:16	+32:02	06:14
2018	1705	Telma Pinto	individual	Senior Feminino	01:02:16	+32:02	06:14
2019	1910	Bruno Miguel Pereira Miranda	individual	Senior Masculino	01:02:17	+32:03	06:14
2020	3026	Ricardo Nuno Cruz Ribeiro	individual	Veterano M40	01:02:17	+32:03	06:14
2021	242	Ana de Castro	aves runners	Senior Feminino	01:02:17	+32:03	06:14
2022	2485	Jorge Oliveira	individual	Senior Masculino	01:02:18	+32:04	06:14
2023	262	Luís Machado Freitas	azevedos e andrades	Veterano M45	01:02:19	+32:05	06:14
2024	246	Emanuel Lopes	aves runners	Senior Masculino	01:02:19	+32:05	06:14
2025	2671	Marcelo Pereira	individual	Senior Masculino	01:02:19	+32:05	06:14
2026	3164	Sérgio Teixeira	individual	Senior Masculino	01:02:20	+32:06	06:14
2027	1863	Armindo Martins Gomes	individual	Veterano M45	01:02:20	+32:06	06:14
2028	736	Simão Couto	era sul famalicão	Veterano M45	01:02:20	+32:06	06:14
2029	735	João Couto	era sul famalicão	Veterano M45	01:02:20	+32:06	06:14
2030	2974	Rafael tenorio	individual	Senior Masculino	01:02:22	+32:08	06:14
2031	2665	Manuel Joaquim Marques Melo Ferreira	individual	Senior Masculino	01:02:24	+32:09	06:14
2032	2107	Eduardo Marques Faria	individual	Senior Masculino	01:02:24	+32:09	06:14
2033	1479	Lucia Ferreira	individual	Veterana F55	01:02:24	+32:10	06:14
2034	1699	Tânia Cristina da Costa Nunes	individual	Senior Feminino	01:02:24	+32:10	06:14
2035	1567	Marisa Moreira	individual	Veterana F40	01:02:24	+32:10	06:14
2036	3487	Hugo Machado	na hora da colheita	Veterano M40	01:02:26	+32:12	06:15
2037	2351	JOÃO ARAUJO	individual	Senior Masculino	01:02:26	+32:12	06:15
2038	296	Pedro Faria	bbg runners by bbox&gym	Senior Masculino	01:02:26	+32:12	06:15
2039	289	Rafaela Araújo	bbg runners by bbox&gym	Senior Feminino	01:02:27	+32:13	06:15
2040	271	Leandro Fernandes	balance guimarães	Senior Masculino	01:02:27	+32:13	06:15
2041	2147	Fernando Guimarães	individual	Veterano M50	01:02:29	+32:15	06:15
2042	1174	Andreia Luisa Rodrigues Coelho	individual	Senior Feminino	01:02:29	+32:15	06:15
2043	3050	Rogério Cunha	individual	Veterano M40	01:02:29	+32:15	06:15
2044	2879	Paulo Sousa	individual	Veterano M45	01:02:31	+32:17	06:15
2045	801	Nuno Oliveira	fama runners	Veterano M40	01:02:32	+32:18	06:15
2046	3705	André Ferreira	sprint familiar	Senior Masculino	01:02:33	+32:19	06:15
2047	3153	Sergio Neves de souza	individual	Veterano M45	01:02:34	+32:20	06:15
2048	3354	Nuno José Veloso Valença	lobarinhas & jardim	Senior Masculino	01:02:35	+32:21	06:16
2049	3445	Ana Paula	mov3	Senior Feminino	01:02:36	+32:22	06:16
2050	802	Pedro Melo	fama runners	Veterano M50	01:02:36	+32:22	06:16
2051	794	Patrícia Pereira	fama runners	Veterana F40	01:02:36	+32:22	06:16
2052	1240	Carmina da Conceição Fonseca Costa	individual	Veterana F40	01:02:39	+32:25	06:16
2053	1107	Ana Borges	individual	Senior Feminino	01:02:39	+32:25	06:16
2054	3798	Luísa Maria Araújo da Silva Pinheiro	vieira castro	Veterana F50	01:02:40	+32:26	06:16

PROVA PRINCIPAL - STAGE 1

10 KM

R
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
2144	3673	Carlos Ramos	snail team	Senior Masculino	01:03:37	+33:23	06:22
2145	3733	Diogo Medeiros	team leitão	Senior Masculino	01:03:38	+33:24	06:22
2146	33	Miguel Rocha	247 culture	Senior Masculino	01:03:38	+33:24	06:22
2147	1015	Gracinda Palha	happy feet inmove	Senior Feminino	01:03:38	+33:24	06:22
2148	795	Rosária Ferreira	fama runners	Veterana F40	01:03:38	+33:24	06:22
2149	1837	António Coentrão	individual	Senior Masculino	01:03:41	+33:27	06:22
2150	1430	Joana Catarina Fernandes Rodrigues	individual	Senior Feminino	01:03:42	+33:28	06:22
2151	1981	César Carvalho	individual	Senior Masculino	01:03:42	+33:28	06:22
2152	960	Ana Santos	gymstar	Senior Feminino	01:03:42	+33:28	06:22
2153	3923	Sonia Carvalho	individual	Veterana F45	01:03:43	+33:29	06:22
2154	3208	Tiago Loureiro	individual	Senior Masculino	01:03:45	+33:31	06:23
2155	3674	Carlos Vieira	snail team	Veterano M55	01:03:46	+33:32	06:23
2156	1235	Carla Oliveira	individual	Senior Feminino	01:03:46	+33:32	06:23
2157	1288	Claudia machado	individual	Senior Feminino	01:03:46	+33:32	06:23
2158	1139	Ana Oliveira	individual	Senior Feminino	01:03:46	+33:32	06:23
2159	1976	Celso Dinis	individual	Veterano M45	01:03:47	+33:33	06:23
2160	1713	Thuany Oliveira	individual	Senior Feminino	01:03:47	+33:33	06:23
2161	1110	Ana Carvalho	individual	Senior Feminino	01:03:47	+33:33	06:23
2162	836	Joaquim Diniz	famalicão em forma	Veterano M65	01:03:47	+33:33	06:23
2163	1550	Mariana Isabel da Lima Oliveira	individual	Senior Feminino	01:03:48	+33:34	06:23
2164	1584	Melissa Matos Sobral	individual	Senior Feminino	01:03:48	+33:34	06:23
2165	2352	João Araújo	individual	Senior Masculino	01:03:48	+33:34	06:23
2166	2207	FRANCISCO FILIPE SOARES	individual	Senior Masculino	01:03:50	+33:35	06:23
2167	782	Pedro Miguel Lima Amorim	eugénios hc	Veterano M45	01:03:50	+33:36	06:23
2168	659	Sílvia Lopes	ddt - donas disto tudo	Senior Feminino	01:03:50	+33:36	06:23
2169	660	Fernando Miranda	ddt - donas disto tudo	Senior Masculino	01:03:51	+33:37	06:23
2170	3390	Saulo Borges Lustosa	mavericks	Veterano M45	01:03:52	+33:38	06:23
2171	2379	João Fernandes Fonseca	individual	Senior Masculino	01:03:54	+33:40	06:23
2172	774	João Filipe Oliveira Sequeira	eugénios hc	Senior Masculino	01:03:54	+33:40	06:23
2173	1412	Isabel Carvalho	individual	Veterana F40	01:03:55	+33:41	06:24
2174	1367	Fátima Susana Araújo Dias	individual	Senior Feminino	01:03:56	+33:42	06:24
2175	1242	Carolina Albuquerque	individual	Senior Feminino	01:03:56	+33:42	06:24
2176	742	Rita Isabel	escola atletismo rosa oliveira	Veterana F40	01:03:56	+33:42	06:24
2177	1036	Sandra Silva	humildes corredores	Veterana F45	01:04:01	+33:47	06:24
2178	3734	Eduardo Vale	team leitão	Senior Masculino	01:04:01	+33:47	06:24
2179	3559	Ricardo Silva	os amigos da dinha	Veterano M40	01:04:03	+33:49	06:24
2180	3464	Sofia Leite	mov3	Senior Feminino	01:04:04	+33:50	06:24
2181	3479	Rui Alves	mov3	Senior Masculino	01:04:05	+33:51	06:25
2182	2832	Paulo Carvalho	individual	Veterano M60	01:04:05	+33:51	06:25
2183	1757	Alberto Pereira da Costa Ferreira	individual	Senior Masculino	01:04:05	+33:51	06:25
2184	2687	Marco Paulo Castro	individual	Veterano M40	01:04:07	+33:53	06:25
2185	3321	Sandra Beatriz	laranjinhas biba mais	Veterana F50	01:04:08	+33:54	06:25
2186	183	Francisco Barroso	amitorre	Senior Masculino	01:04:09	+33:55	06:25

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

R
REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
2187	623	Susana Cristina Pinheiro Da Silva Gomes	crediversos_marlene	Veterana F50	01:04:09	+33:55	06:25
2188	1150	Ana Rita Ferreira da Costa	individual	Veterana F40	01:04:11	+33:57	06:25
2189	1686	Sofia Oliveira	individual	Senior Feminino	01:04:11	+33:57	06:25
2190	1805	André Maciel Silva e Sousa	individual	Veterano M40	01:04:11	+33:57	06:25
2191	1034	Adélia Costa	humildes corredores	Veterana F45	01:04:12	+33:58	06:25
2192	1440	Joana Machado	individual	Senior Feminino	01:04:13	+33:59	06:25
2193	325	Joel Abreu	bota&sigla	Senior Masculino	01:04:15	+34:01	06:26
2194	1533	Maria Leonor Oliveira de Aguiar	individual	Senior Feminino	01:04:15	+34:01	06:26
2195	3397	André Carvalho	miles and vibes famalicão	Senior Masculino	01:04:15	+34:01	06:26
2196	2792	Nuno Jorge Lopes de Abreu Coelho	individual	Senior Masculino	01:04:16	+34:02	06:26
2197	21	Ana Rita Marques	247 culture	Senior Feminino	01:04:18	+34:04	06:26
2198	1245	Catalina Tincul	individual	Senior Feminino	01:04:18	+34:04	06:26
2199	3394	Patrícia Araújo	miles and vibes famalicão	Senior Feminino	01:04:18	+34:04	06:26
2200	3037	ricardo Silva	individual	Veterano M40	01:04:18	+34:04	06:26
2201	1199	Beatriz Ferreira	individual	Senior Feminino	01:04:20	+34:06	06:26
2202	1985	César Maltez	individual	Senior Masculino	01:04:20	+34:06	06:26
2203	3384	Ana Esteves	matias&companhia	Senior Feminino	01:04:22	+34:07	06:26
2204	2335	Ilídio Renato Costa Oliveira	individual	Senior Masculino	01:04:22	+34:08	06:26
2205	1277	Celia Filipa Torres Abreu	individual	Senior Feminino	01:04:22	+34:08	06:26
2206	1725	Veronica Carneiro	individual	Senior Feminino	01:04:22	+34:08	06:26
2207	1193	Beatriz Campos	individual	Senior Feminino	01:04:22	+34:08	06:26
2208	1353	Elisabete Oliveira	individual	Veterana F40	01:04:23	+34:08	06:26
2209	1375	Filipa Daniela Fernandes Carvalho	individual	Senior Feminino	01:04:23	+34:09	06:26
2210	1845	António Luciano Mendes Ferreira	individual	Veterano M50	01:04:24	+34:10	06:26
2211	331	Rui Monteiro	box 180	Senior Masculino	01:04:25	+34:10	06:27
2212	3328	Alexandra salgado	lf2 - guiberço	Veterana F40	01:04:25	+34:11	06:27
2213	1755	Aires Silva	individual	Veterano M55	01:04:26	+34:12	06:27
2214	2216	Francisco Oliveira de Azevedo	individual	Senior Masculino	01:04:26	+34:12	06:27
2215	3776	Manuel João Silva Costa	viasaudável fitness club	Veterano M55	01:04:27	+34:13	06:27
2216	2536	José Martins	individual	Senior Masculino	01:04:27	+34:13	06:27
2217	1773	Alexandre Silva	individual	Senior Masculino	01:04:27	+34:13	06:27
2218	3123	Rui Teixeira	individual	Senior Masculino	01:04:28	+34:14	06:27
2219	3467	Helder Sousa	mov3	Senior Masculino	01:04:29	+34:15	06:27
2220	1950	Carlos Ferreira	individual	Veterano M50	01:04:30	+34:15	06:27
2221	1179	Ângela Ferreira	individual	Senior Feminino	01:04:30	+34:16	06:27
2222	2729	Miguel Cracel	individual	Senior Masculino	01:04:31	+34:17	06:27
2223	1788	Andre Barbosa	individual	Senior Masculino	01:04:31	+34:17	06:27
2224	1717	Vânia Azevedo	individual	Senior Feminino	01:04:31	+34:17	06:27
2225	3909	CRISTINA GOMES	po na lama	Senior Feminino	01:04:33	+34:19	06:27
2226	2743	Miguel Pereira	individual	Veterano M50	01:04:33	+34:19	06:27
2227	2057	Diogo João Cunha Pinto	individual	Senior Masculino	01:04:34	+34:20	06:27
2228	657	Beatriz Martins	david e bia	Senior Feminino	01:04:34	+34:20	06:27

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
2229	3752	Maria José rego da CRUZ AZEVEDO	tomatu bikers	Veterana F50	01:04:35	+34:21	06:28
2230	434	Ana Rita Marques Barbosa	crediversos - escritório	Veterana F40	01:04:36	+34:22	06:28
2231	2015	Daniel Rodrigues	individual	Senior Masculino	01:04:36	+34:22	06:28
2232	2375	Joao Estrada	individual	Senior Masculino	01:04:37	+34:23	06:28
2233	1407	Inês Rodrigues	individual	Senior Feminino	01:04:38	+34:24	06:28
2234	1183	Ângela Salgado	individual	Veterana F40	01:04:40	+34:26	06:28
2235	1467	Laura Abrunhosa	individual	Veterana F40	01:04:40	+34:26	06:28
2236	439	Ines de Oliveira Paredes	crediversos - escritório	Senior Feminino	01:04:41	+34:27	06:28
2237	2990	Ricardo Abrunhosa	individual	Veterano M50	01:04:41	+34:27	06:28
2238	1172	Andreia Ferreira	individual	Senior Feminino	01:04:41	+34:27	06:28
2239	903	Óscar Oliveira	gaviões	Veterano M60	01:04:41	+34:27	06:28
2240	2598	Lourenço Mateus	individual	Senior Masculino	01:04:42	+34:28	06:28
2241	2939	Pedro Rodrigues	individual	Senior Masculino	01:04:43	+34:29	06:28
2242	2234	Gabriel Silva	individual	Veterano M45	01:04:44	+34:30	06:28
2243	263	Daniela Oliveira	azevedos+carneiros	Senior Feminino	01:04:45	+34:31	06:29
2244	3173	Simão Moura	individual	Senior Masculino	01:04:45	+34:31	06:29
2245	861	António Luís Ferreira Salgado	familia salgado	Veterano M45	01:04:47	+34:33	06:29
2246	2319	Hugo Figueiredo	individual	Veterano M40	01:04:48	+34:33	06:29
2247	3878	Marta Carvalho	amve	Veterana F45	01:04:48	+34:34	06:29
2248	3874	Anabela Martins	amve	Veterana F45	01:04:50	+34:36	06:29
2249	860	Paula Francisca Couto Rodrigues	familia salgado	Veterana F45	01:04:51	+34:37	06:29
2250	2897	Pedro Daniel Carvalho da Fonseca Vilas Boas	individual	Senior Masculino	01:04:51	+34:37	06:29
2251	2806	Nuno Ricardo da Silva Perera	individual	Senior Masculino	01:04:53	+34:39	06:29
2252	2860	Paulo Pereira	individual	Veterano M45	01:04:53	+34:39	06:29
2253	3108	RUI NELSON ALMEIDA SINEIRO	individual	Veterano M45	01:04:54	+34:40	06:29
2254	1382	Francisca Coelho	individual	Senior Feminino	01:04:54	+34:40	06:29
2255	178	Sandra Manuela da Silva Marques	amitorre	Veterana F45	01:04:54	+34:40	06:29
2256	2363	João carlos oliveira Braga	individual	Senior Masculino	01:04:55	+34:41	06:30
2257	1156	Ana Salgado	individual	Senior Feminino	01:04:55	+34:41	06:30
2258	3714	Vanessa Amorim	team das 7:30h	Senior Feminino	01:04:56	+34:42	06:30
2259	3548	João Vale	one more	Senior Masculino	01:04:56	+34:42	06:30
2260	2810	Nuno Salgado	individual	Senior Masculino	01:04:56	+34:42	06:30
2261	3400	Ana Pinheiro	miles&vibes	Senior Feminino	01:04:56	+34:42	06:30
2262	1624	Ricarda Rodrigues de Sá	individual	Senior Feminino	01:04:57	+34:42	06:30
2263	117	Sara Costa Granja	alexandra carvalho team	Senior Feminino	01:04:57	+34:43	06:30
2264	1657	Sara Figueiredo	individual	Senior Feminino	01:04:57	+34:43	06:30
2265	1919	Bruno Rios	individual	Senior Masculino	01:04:58	+34:44	06:30
2266	1527	Maria João Ferreira Pereira	individual	Senior Feminino	01:04:58	+34:44	06:30
2267	176	Barbara Marques Vieira	amitorre	Senior Feminino	01:04:59	+34:45	06:30
2268	180	António Lourenço Azevedo Vieira	amitorre	Veterano M50	01:04:59	+34:45	06:30
2269	2394	João Machado	individual	Veterano M50	01:04:59	+34:45	06:30
2270	982	EDUARDO MOREIRA	gymstar	Senior Masculino	01:05:03	+34:49	06:30

PROVA PRINCIPAL - STAGE 1**10 KM****R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
2271	2210	Francisco José Costa Salgado	individual	Senior Masculino	01:05:03	+34:49	06:30
2272	1769	Alexandre Lemos	individual	Veterano M40	01:05:03	+34:49	06:30
2273	320	Tania Castro	bota&sigla	Senior Feminino	01:05:04	+34:50	06:30
2274	2369	João Cruz	individual	Senior Masculino	01:05:04	+34:50	06:30
2275	321	Armando Castro	bota&sigla	Veterano M45	01:05:05	+34:51	06:31
2276	959	ANA MOREIRA	gymstar	Senior Feminino	01:05:06	+34:52	06:31
2277	1282	Claudia Araújo	individual	Senior Feminino	01:05:07	+34:53	06:31
2278	3921	Reinaldo Miranda	tam aurora cunha	Veterano M55	01:05:08	+34:54	06:31
2279	1776	Alvaro Araujo	individual	Veterano M65	01:05:08	+34:54	06:31
2280	3920	Paula Miranda	tam aurora cunha	Veterana F50	01:05:08	+34:54	06:31
2281	3641	Rodrigo Pinto	run4fun	Senior Masculino	01:05:08	+34:54	06:31
2282	2816	Nuno Vieira de Castro	individual	Veterano M40	01:05:09	+34:55	06:31
2283	2871	Paulo Rodrigues	individual	Veterano M50	01:05:10	+34:56	06:31
2284	47	André Castro	365 running project	Veterano M45	01:05:11	+34:56	06:31
2285	869	Fábio Ferreira	ff studio	Senior Masculino	01:05:12	+34:58	06:31
2286	879	Tiago Filipe Lima Amorim	floresta btt	Veterano M40	01:05:13	+34:58	06:31
2287	878	Manuela Margarida Da Costa Mesquita	floresta btt	Veterana F40	01:05:13	+34:59	06:31
2288	877	Catarina Mesquita de Amorim	floresta btt	Veterana F65	01:05:14	+35:00	06:31
2289	2513	Jose Carlos Silva Gomes	individual	Veterano M50	01:05:15	+35:01	06:32
2290	592	Vitor Quaresma Fontes	crediversos_adriana	Veterano M55	01:05:15	+35:01	06:32
2291	1418	Ivone Cristina da Costa Ferreira	individual	Veterana F45	01:05:15	+35:01	06:32
2292	2459	Joatan Santos	individual	Veterano M55	01:05:16	+35:01	06:32
2293	1184	Anisia Teixeira	individual	Senior Feminino	01:05:17	+35:03	06:32
2294	1774	Alexandre Teixeira	individual	Veterano M45	01:05:20	+35:06	06:32
2295	3446	Anabela Barroso	mov3	Veterana F40	01:05:21	+35:06	06:32
2296	1390	Gabriela Gonçalves	individual	Senior Feminino	01:05:21	+35:07	06:32
2297	929	João Nogueira	gemba gazelles	Senior Masculino	01:05:21	+35:07	06:32
2298	1406	Inês Pontes	individual	Senior Feminino	01:05:22	+35:08	06:32
2299	3481	Rui Pedro Correia	mov3	Senior Masculino	01:05:22	+35:08	06:32
2300	3663	Mariana Bessa	skills esposende	Senior Feminino	01:05:22	+35:08	06:32
2301	1042	Ana Rita Sousa	ímpar running team	Senior Feminino	01:05:23	+35:09	06:32
2302	2332	Hugo Silva	individual	Veterano M40	01:05:23	+35:09	06:32
2303	1094	Alexandra Oliveira	individual	Veterana F45	01:05:23	+35:09	06:32
2304	1580	Marta Soares	individual	Senior Feminino	01:05:23	+35:09	06:32
2305	104	Francisco Espírito Santo	afipre team	Senior Masculino	01:05:24	+35:10	06:32
2306	3668	Joao Paulo Pereira Filipe	skills esposende	Senior Masculino	01:05:24	+35:10	06:32
2307	894	Domingos Pereira	gaviões	Veterano M55	01:05:25	+35:11	06:33
2308	907	Rui Lima	gaviões	Veterano M55	01:05:25	+35:11	06:33
2309	910	Susana Forte	gavionas	Veterana F45	01:05:25	+35:11	06:33
2310	1804	André José Pereira Ribeiro	individual	Senior Masculino	01:05:25	+35:11	06:33
2311	1652	Sara Costa	individual	Veterana F45	01:05:25	+35:11	06:33
2312	2212	Francisco Manuel Freitas Ferreira	individual	Senior Masculino	01:05:28	+35:14	06:33
2313	3352	José Miguel Soares Gomes	lobarinhas & jardim	Senior Masculino	01:05:30	+35:16	06:33
2314	968	Hedvigés Carvalho	gymstar	Senior Feminino	01:05:32	+35:18	06:33

PROVA PRINCIPAL - STAGE 1

10 KM

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
2315	287	Francisca Coelho	bbg runners by bbox&gym	Senior Feminino	01:05:32	+35:18	06:33
2316	1593	Nidia Marques	individual	Senior Feminino	01:05:33	+35:19	06:33
2317	821	Isbael Jesus Barbosa Sá e Castro	famalicao em forma	Veterana F45	01:05:34	+35:20	06:33
2318	1198	Beatriz Faria	individual	Senior Feminino	01:05:34	+35:20	06:33
2319	1158	Ana Silva	individual	Senior Feminino	01:05:35	+35:20	06:34
2320	1166	Anabela Pereira	individual	Veterana F55	01:05:35	+35:21	06:34
2321	3167	Silvano Freitas	individual	Senior Masculino	01:05:35	+35:21	06:34
2322	2861	Paulo Pinheiro	individual	Veterano M55	01:05:35	+35:21	06:34
2323	2126	Eusébio Faria	individual	Veterano M55	01:05:35	+35:21	06:34
2324	2542	JOSÉ MENDONÇA	individual	Veterano M65	01:05:35	+35:21	06:34
2325	319	Susana Alves	bota&sig	Veterana F40	01:05:36	+35:22	06:34
2326	2238	GIL MENDONÇA	individual	Senior Masculino	01:05:36	+35:22	06:34
2327	2400	JOÃO MENDONÇA	individual	Veterano M40	01:05:36	+35:22	06:34
2328	3499	Paulo José Gomes Ferreira	not process related	Veterano M45	01:05:36	+35:22	06:34
2329	1013	Ana Dias	happy feet inmove	Veterana F45	01:05:38	+35:24	06:34
2330	328	Pedro Carvalho	bota&sig	Veterano M40	01:05:39	+35:25	06:34
2331	3008	Ricardo Ferreira Sampaio	individual	Senior Masculino	01:05:39	+35:25	06:34
2332	2479	Jorge Filipe faria Maia	individual	Senior Masculino	01:05:39	+35:25	06:34
2333	1259	Catarina Maria Veloso Martins	individual	Senior Feminino	01:05:42	+35:28	06:34
2334	3211	Tiago Machado	individual	Senior Masculino	01:05:43	+35:29	06:34
2335	3741	João Ferreira	team xrclash	Senior Masculino	01:05:44	+35:30	06:34
2336	3739	António Sá	team xrclash	Veterano M45	01:05:44	+35:30	06:34
2337	3740	Daniel Martinho	team xrclash	Veterano M40	01:05:44	+35:30	06:34
2338	666	Margarida Matos	devesa run club	Senior Feminino	01:05:45	+35:31	06:35
2339	3174	Simão Oliveira	individual	Senior Masculino	01:05:45	+35:31	06:35
2340	398	Vitor M Cardoso	corre são João	Veterano M55	01:05:46	+35:32	06:35
2341	2085	Domingos Peixoto	individual	Veterano M45	01:05:46	+35:32	06:35
2342	1865	Artur Fonseca	individual	Veterano M45	01:05:47	+35:32	06:35
2343	1537	Maria Moreira	individual	Senior Feminino	01:05:47	+35:33	06:35
2344	826	Zélia ConceiçãoOliveira Cardoso	famalicao em forma	Veterana F45	01:05:47	+35:33	06:35
2345	3506	Francisca Silva	núcleo de atletismo das taipas	Senior Feminino	01:05:48	+35:34	06:35
2346	2042	Diogo André Costa Guerreiro	individual	Senior Masculino	01:05:49	+35:35	06:35
2347	3746	Filipe Silva	temos pena	Senior Masculino	01:05:49	+35:35	06:35
2348	3502	Alice Martinho	núcleo de atletismo das taipas	Senior Feminino	01:05:49	+35:35	06:35
2349	251	Miguel Freitas	aves runners	Veterano M50	01:05:50	+35:36	06:35
2350	825	Virgínia Martins Santos	famalicao em forma	Senior Feminino	01:05:51	+35:37	06:35
2351	2717	Miguel Costa	individual	Veterano M50	01:05:52	+35:38	06:35
2352	1394	Graça Vilaça	individual	Veterana F45	01:05:52	+35:38	06:35
2353	3573	Sergio costa	os meias trail	Veterano M40	01:05:53	+35:39	06:35
2354	1484	Luisa Maria Barbosa Martins	individual	Veterana F45	01:05:53	+35:39	06:35
2355	3675	Elísio Barros	snail team	Veterano M60	01:05:53	+35:39	06:35
2356	1526	Maria Inês Silva Almeida	individual	Senior Feminino	01:05:54	+35:40	06:35
2357	1645	Sandra Manuela Costa Oliveira	individual	Veterana F45	01:05:54	+35:40	06:35
2358	708	Helena Fertuzinhos	emogis	Senior Feminino	01:05:54	+35:40	06:35
2359	2994	Ricardo Azevedo Silva	individual	Senior Masculino	01:05:55	+35:41	06:36

PROVA PRINCIPAL - STAGE 1**10 KM****OFFICIAL RESULT****R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	ØKM
2360	2095	Edgar Alves	individual	Senior Masculino	01:05:55	+35:41	06:36
2361	1404	Inês Leitão	individual	Senior Feminino	01:05:55	+35:41	06:36
2362	712	G U G A	emogis	Veterano M45	01:05:55	+35:41	06:36
2363	1582	Matilde Neto	individual	Senior Feminino	01:05:55	+35:41	06:36
2364	200	Susana Faria	arc vale s. cosme	Veterana F40	01:05:56	+35:42	06:36
2365	3162	Sérgio Silva	individual	Veterano M40	01:05:56	+35:42	06:36
2366	443	Lisete Cristina Azevedo Campos	crediversos - escritório	Veterana F40	01:05:56	+35:42	06:36
2367	515	Paulo Brandão	crediversos / bruno carvalho	Veterano M45	01:05:56	+35:42	06:36
2368	1341	Edna Formiga	individual	Veterana F40	01:05:57	+35:43	06:36
2369	3572	Ricardo Freitas	os meias trail	Veterano M40	01:05:57	+35:43	06:36
2370	3391	Christian Mendes	menarca	Veterano M45	01:05:57	+35:43	06:36
2371	790	Vitor Hugo Rego Azevedo	fama minds	Senior Masculino	01:05:57	+35:43	06:36
2372	1643	Sandra Cristina Morais Pinto	individual	Veterana F40	01:05:57	+35:43	06:36
2373	3257	Vitor Hugo Dinis Marques	individual	Senior Masculino	01:05:57	+35:43	06:36
2374	2183	Filipe Ribeiro	individual	Veterano M45	01:05:58	+35:44	06:36
2375	3529	André Soares	núcleo sporting vn famalicão	Veterano M40	01:05:58	+35:44	06:36
2376	519	Rui silva	crediversos / bruno carvalho	Senior Masculino	01:05:58	+35:44	06:36
2377	786	Mariana Amaral Silva Ferreira	fama minds	Senior Feminino	01:05:58	+35:44	06:36
2378	3493	Patricia Sá	norcana run	Veterana F40	01:06:00	+35:46	06:36
2379	1662	Sara Manuela Fernandes Machado	individual	Senior Feminino	01:06:01	+35:47	06:36
2380	1329	Diana Carvalho	individual	Senior Feminino	01:06:02	+35:48	06:36
2381	1619	Raquel Lopes	individual	Senior Feminino	01:06:02	+35:48	06:36
2382	1286	Cláudia Daniela Cardoso Maia	individual	Senior Feminino	01:06:05	+35:51	06:37
2383	145	Andre Peixoto	ali alem	Senior Masculino	01:06:05	+35:51	06:37
2384	305	Ana Dinis	body performance	Senior Feminino	01:06:06	+35:52	06:37
2385	144	André martins	ali alem	Senior Masculino	01:06:06	+35:52	06:37
2386	942	Ana Rita Martins Ribeiro	grupo jorge oculista	Senior Feminino	01:06:07	+35:53	06:37
2387	2812	Nuno Silva	individual	Senior Masculino	01:06:08	+35:54	06:37
2388	2830	Paulo André Torres Ferreira	individual	Veterano M40	01:06:11	+35:57	06:37
2389	308	Vânia Oliveira	body performance	Senior Feminino	01:06:12	+35:58	06:37
2390	3669	Leonel Alexandre Lima Silva	skills esposende	Veterano M40	01:06:14	+36:00	06:37
2391	1114	Ana Cruz	individual	Veterana F40	01:06:15	+36:01	06:38
2392	1258	Catarina Maria Gomes de Abreu Martins	individual	Senior Feminino	01:06:16	+36:02	06:38
2393	307	Sara Ferreira	body performance	Veterana F40	01:06:17	+36:03	06:38
2394	2342	Januário Gonçalves	individual	Veterano M55	01:06:17	+36:03	06:38
2395	383	Sandro Silva	clube naval de são vicente	Veterano M40	01:06:18	+36:03	06:38
2396	1376	Filipa Ferreira	individual	Veterana F40	01:06:18	+36:04	06:38
2397	1016	IVONE RIBEIRO	happy feet inmove	Veterana F50	01:06:18	+36:04	06:38
2398	1661	Sara Lata	individual	Senior Feminino	01:06:18	+36:04	06:38
2399	668	João Tiago Araújo	devesa run club	Senior Masculino	01:06:19	+36:05	06:38
2400	2132	Fábio Cunha	individual	Senior Masculino	01:06:20	+36:05	06:38
2401	1182	Ângela Pereira	individual	Veterana F50	01:06:20	+36:06	06:38
2402	2415	João Paulo Lata	individual	Veterano M55	01:06:20	+36:06	06:38

PROVA PRINCIPAL - STAGE 1
10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
2489	3366	Isa Castro	malandros family	Senior Feminino	01:07:12	+36:58	06:43
2490	3367	Cassiano Costa	malandros family	Senior Masculino	01:07:12	+36:58	06:43
2491	3940	Sonia Maria Magalhães	individual	Veterana F45	01:07:12	+36:58	06:43
2492	1665	Sara Oliveira	individual	Senior Feminino	01:07:12	+36:58	06:43
2493	1539	Maria Ribeiro	individual	Veterana F45	01:07:13	+36:59	06:43
2494	1328	Diana Barata	individual	Veterana F45	01:07:13	+36:59	06:43
2495	933	Inês vilas boas	girls power	Senior Feminino	01:07:13	+36:59	06:43
2496	2602	Ludgero Miguel Simões	individual	Senior Masculino	01:07:14	+37:00	06:43
2497	1101	Amelia Ferreira	individual	Veterana F50	01:07:15	+37:01	06:44
2498	1866	Artur linhares	individual	Senior Masculino	01:07:16	+37:02	06:44
2499	1737	Adelino Fernandes	individual	Veterano M55	01:07:16	+37:02	06:44
2500	436	Celia Alexandra Rodrigues Costa	crediversos - escritório	Veterana F40	01:07:16	+37:02	06:44
2501	460	Artur Alexandre Veloso Jorge	crediversos - escritório	Veterano M40	01:07:16	+37:02	06:44
2502	2808	Nuno Rodrigues	individual	Senior Masculino	01:07:16	+37:02	06:44
2503	2618	Luis Filipe Antunes	individual	Senior Masculino	01:07:17	+37:03	06:44
2504	2372	João Cunha	individual	Senior Masculino	01:07:18	+37:04	06:44
2505	3503	Cristina Pacheco	núcleo de atletismo das taipas	Veterana F55	01:07:20	+37:06	06:44
2506	164	Manuel Veloso	amadores	Veterano M40	01:07:20	+37:06	06:44
2507	1843	António Ferreira	individual	Veterano M50	01:07:21	+37:07	06:44
2508	1092	Alexandra Araújo	individual	Senior Feminino	01:07:22	+37:08	06:44
2509	1181	Ângela Fraga	individual	Senior Feminino	01:07:26	+37:12	06:45
2510	1215	Bruna Moreira Silva	individual	Senior Feminino	01:07:27	+37:13	06:45
2511	788	Ricardo Marinho	fama minds	Senior Masculino	01:07:27	+37:13	06:45
2512	822	Maria Alice Oliveira	famalicão em forma	Veterana F55	01:07:27	+37:13	06:45
2513	3280	Xavier Marques	individual	Senior Masculino	01:07:28	+37:14	06:45
2514	1074	Luis Monteiro	ímpar running team	Veterano M50	01:07:29	+37:14	06:45
2515	2746	Miguel Rodrigues	individual	Senior Masculino	01:07:29	+37:15	06:45
2516	1729	Zita Pereira	individual	Senior Feminino	01:07:29	+37:15	06:45
2517	2760	Nelson Ferreira	individual	Senior Masculino	01:07:29	+37:15	06:45
2518	3270	Vitor Pereira	individual	Senior Masculino	01:07:29	+37:15	06:45
2519	2091	Duarte Pinto	individual	Senior Masculino	01:07:30	+37:16	06:45
2520	1853	António Sampaio	individual	Senior Masculino	01:07:30	+37:16	06:45
2521	3271	Vitor Pinto	individual	Senior Masculino	01:07:30	+37:16	06:45
2522	1555	Mariana Rodrigues	individual	Senior Feminino	01:07:31	+37:17	06:45
2523	1615	Rafaela Sousa	individual	Senior Feminino	01:07:33	+37:19	06:45
2524	1100	Amélia Cruz	individual	Senior Feminino	01:07:34	+37:19	06:45
2525	349	JU SOUSA	caracóis irrequietos	Senior Feminino	01:07:37	+37:23	06:46
2526	2850	Paulo Jorge Ribeiro Mesquita Guimarães	individual	Senior Masculino	01:07:37	+37:23	06:46
2527	2557	José Pedro Alves Guimarães	individual	Senior Masculino	01:07:38	+37:24	06:46
2528	301	JOSE LUIS MOREIRA	bikermania - famalicao	Veterano M60	01:07:38	+37:24	06:46
2529	3436	Ana Miguel Freitas	motoqueiras na prisão	Senior Feminino	01:07:40	+37:26	06:46
2530	3942	Raquel Machado Cunha	crediversos..000	Veterana F40	01:07:40	+37:26	06:46
2531	1971	Carlos Soares	individual	Veterano M40	01:07:41	+37:27	06:46
2532	3585	Magda Pereira	pipocas&bombocas	Senior Feminino	01:07:42	+37:28	06:46
2533	3437	Maria Mesquita Guimarães	motoqueiras na prisão	Senior Feminino	01:07:45	+37:31	06:47

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
2534	1487	Lurdes Magalhães	individual	Veterana F65	01:07:46	+37:32	06:47
2535	3410	Janete Correia	mka	Veterana F45	01:07:46	+37:32	06:47
2536	1609	Paula Cunha	individual	Veterana F40	01:07:47	+37:33	06:47
2537	3678	Paulo Vieira	snail team	Senior Masculino	01:07:47	+37:33	06:47
2538	1431	Joana Costa	individual	Senior Feminino	01:07:47	+37:33	06:47
2539	718	Paula Isménia da Silva Ribeiro	enif	Veterana F50	01:07:49	+37:35	06:47
2540	3284	Ana Rita Pereira	iontech	Senior Feminino	01:07:50	+37:36	06:47
2541	1825	Andre Vinha	individual	Veterano M40	01:07:50	+37:36	06:47
2542	1165	Ana Vieira	individual	Senior Feminino	01:07:50	+37:36	06:47
2543	2502	José Armando Carvalho Silva	individual	Veterano M45	01:07:52	+37:38	06:47
2544	2243	Gilberto Ribeiro	individual	Veterano M45	01:07:52	+37:38	06:47
2545	1331	Diana Elisa da Silva Oliveira Salgado	individual	Senior Feminino	01:07:55	+37:41	06:48
2546	2334	Ilídio Manuel Rodrigues	individual	Veterano M55	01:07:56	+37:42	06:48
2547	3221	Tiago Pereira	individual	Senior Masculino	01:07:57	+37:43	06:48
2548	1391	Gabriela Macieira	individual	Senior Feminino	01:07:57	+37:43	06:48
2549	604	Ana Rita Gonçalves de Freitas Pereira Coelho	crediversos_marlene	Senior Feminino	01:07:59	+37:45	06:48
2550	2016	Daniel Sampaio	individual	Veterano M45	01:08:00	+37:46	06:48
2551	1224	Carina Filipa Costa Marques	individual	Senior Feminino	01:08:02	+37:48	06:48
2552	3187	Tiago Coelho	individual	Senior Masculino	01:08:02	+37:48	06:48
2553	1433	Joana Costa	individual	Senior Feminino	01:08:03	+37:49	06:48
2554	1588	Monica Vilela	individual	Senior Feminino	01:08:03	+37:49	06:48
2555	3662	Manuela Ribeiro	skills esposende	Veterana F50	01:08:04	+37:50	06:48
2556	2097	Edgar Silva	individual	Veterano M40	01:08:04	+37:50	06:48
2557	1302	Cristina Antunes	individual	Veterana F45	01:08:05	+37:51	06:49
2558	3060	Rúben Azevedo	individual	Senior Masculino	01:08:06	+37:52	06:49
2559	2078	Diogo Viana	individual	Senior Masculino	01:08:06	+37:52	06:49
2560	3166	Shijun Cui	individual	Veterano M50	01:08:06	+37:52	06:49
2561	1703	Tânia Moreira	individual	Senior Feminino	01:08:07	+37:53	06:49
2562	1248	Catarina Caramalho	individual	Senior Feminino	01:08:07	+37:53	06:49
2563	2175	Filipe Manuel Ferreira da Costa	individual	Senior Masculino	01:08:08	+37:54	06:49
2564	3137	Sérgio Alberto Machado Rodrigues	individual	Veterano M50	01:08:09	+37:55	06:49
2565	231	Alexandre Cunha	associação figueiredos runners & friends	Senior Masculino	01:08:09	+37:55	06:49
2566	1125	ana gonçalves	individual	Veterana F40	01:08:09	+37:55	06:49
2567	2910	Pedro Lemos de Oliveira	individual	Veterano M40	01:08:11	+37:57	06:49
2568	3894	Angela Filipa Azevedo Magalhães	individual	Veterana F40	01:08:13	+37:59	06:49
2569	2736	Miguel Guimarães	individual	Veterano M40	01:08:14	+38:00	06:49
2570	138	Duarte Silva Ribeiro	alfa estúdio nine	Veterano M45	01:08:16	+38:02	06:50
2571	813	ALEXANDRA LOPES	famalicão em forma	Veterana F40	01:08:17	+38:03	06:50
2572	3926	Paulo Oliveira	individual	Veterano M45	01:08:17	+38:03	06:50
2573	3686	CRISTIANO SILVA	sófritar running	Senior Masculino	01:08:17	+38:03	06:50
2574	2368	João Costa	individual	Veterano M40	01:08:17	+38:03	06:50
2575	2139	Fabio Rubin	individual	Senior Masculino	01:08:18	+38:03	06:50

PROVA PRINCIPAL - STAGE 1

10 KM



OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	Ø/KM
2701	988	HENRIQUE MORÃES	gymstar	Senior Masculino	01:09:45	+39:31	06:59
2702	1761	Albino Ferreira	individual	Veterano M60	01:09:45	+39:31	06:59
2703	875	Éricka Pinheiro	fit friends	Veterana F40	01:09:45	+39:31	06:59
2704	970	SANDRA LIMA	gymstar	Senior Feminino	01:09:46	+39:32	06:59
2705	1320	Daniela Rodrigues	individual	Senior Feminino	01:09:46	+39:32	06:59
2706	1368	Fernanda Aparecida Camelo Alvarenga	individual	Senior Feminino	01:09:47	+39:33	06:59
2707	3129	Samuel Fernando Celestino Araújo	individual	Senior Masculino	01:09:47	+39:33	06:59
2708	1007	RÚBEN MIGUEL	gymstar	Senior Masculino	01:09:48	+39:34	06:59
2709	1762	Albino Teixeira	individual	Veterano M65	01:09:49	+39:35	06:59
2710	2876	Paulo silva	individual	Veterano M40	01:09:50	+39:36	06:59
2711	980	CRISTIANO FERREIRA	gymstar	Senior Masculino	01:09:51	+39:37	06:59
2712	1733	ABRAÃO FERNANDEZ CELESTINO DE ARAÚJO	individual	Senior Masculino	01:09:51	+39:37	06:59
2713	956	Adriana Pinto	gymstar	Senior Feminino	01:09:52	+39:38	06:59
2714	2337	ISAAC FERNANDES CELESTINO ARAUJO	individual	Senior Masculino	01:09:53	+39:39	06:59
2715	1752	Agostinho Moura	individual	Veterano M45	01:09:55	+39:41	07:00
2716	3213	TIAGO MEIRELES	individual	Senior Masculino	01:09:55	+39:41	07:00
2717	932	Elisabete Carvalho	girls power	Senior Feminino	01:09:55	+39:41	07:00
2718	3261	Vitor Martins	individual	Veterano M45	01:09:56	+39:42	07:00
2719	239	Andreia Marques	avebikers cycling team	Senior Feminino	01:09:58	+39:44	07:00
2720	353	HELDER MARTINS	caracóis irrequietos	Veterano M45	01:10:01	+39:47	07:00
2721	1687	Sofia Sampaio	individual	Senior Feminino	01:10:02	+39:48	07:00
2722	1493	Magda Sequeira	individual	Veterana F45	01:10:02	+39:48	07:00
2723	504	Natalia Lucas	crediversos / bruno carvalho	Veterana F45	01:10:02	+39:48	07:00
2724	1425	Joana Araújo	individual	Senior Feminino	01:10:03	+39:49	07:00
2725	502	Ines Marques	crediversos / bruno carvalho	Senior Feminino	01:10:03	+39:49	07:00
2726	1958	Carlos Manuel da Silva Gomes	individual	Veterano M45	01:10:03	+39:49	07:00
2727	3372	Eduarda Reis de Sousa	manas	Senior Feminino	01:10:07	+39:53	07:01
2728	1464	Lara Costa	individual	Senior Feminino	01:10:08	+39:54	07:01
2729	1912	Bruno Miranda	individual	Senior Masculino	01:10:09	+39:55	07:01
2730	1218	Bruna Silva	individual	Senior Feminino	01:10:09	+39:55	07:01
2731	3201	Tiago Ferreira	individual	Senior Masculino	01:10:12	+39:58	07:01
2732	2969	Rafael Moura	individual	Senior Masculino	01:10:12	+39:58	07:01
2733	3738	Fernando Veloso	team veloso	Senior Masculino	01:10:16	+40:02	07:02
2734	1143	Ana Pontes	individual	Veterana F55	01:10:17	+40:03	07:02
2735	3450	Catarina Almeida	mov3	Senior Feminino	01:10:18	+40:04	07:02
2736	3443	Adriana Lopes	mov3	Senior Feminino	01:10:19	+40:05	07:02
2737	3737	Océane de Castro	team veloso	Senior Feminino	01:10:20	+40:06	07:02
2738	3687	FÁBIO LOPES	sófritar running	Senior Masculino	01:10:23	+40:09	07:02
2739	2509	José Carlos Gueiral Costa Pinto	individual	Senior Masculino	01:10:23	+40:09	07:02
2740	2918	Pedro miguel carvalho	individual	Veterano M40	01:10:23	+40:09	07:02
2741	2114	Emanuel Coelho Ferreira	individual	Senior Masculino	01:10:25	+40:11	07:03
2742	3009	Ricardo Filipe carvalho	individual	Senior Masculino	01:10:26	+40:11	07:03

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT



REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
2743	2775	Nuno André Pereira Guimarães	individual	Senior Masculino	01:10:26	+40:12	07:03
2744	1820	André Simão Firmino Costa	individual	Senior Masculino	01:10:29	+40:15	07:03
2745	2574	José Silva	individual	Senior Masculino	01:10:29	+40:15	07:03
2746	68	Tiago Henrique da Silva Azevedo	a correr para a ceia	Veterano M45	01:10:29	+40:15	07:03
2747	3935	Sofia Teixeira	individual	Senior Feminino	01:10:30	+40:16	07:03
2748	2567	José reis	individual	Veterano M40	01:10:30	+40:16	07:03
2749	560	Alberto Candido Jesus Barros	crediversos_adriana	Veterano M55	01:10:31	+40:17	07:03
2750	3407	CATARINA AZEVEDO	mka	Senior Feminino	01:10:33	+40:19	07:03
2751	2293	Helder Martins	individual	Senior Masculino	01:10:36	+40:22	07:04
2752	1604	Patrícia Patricio	individual	Senior Feminino	01:10:36	+40:22	07:04
2753	1153	Ana Rita Mesquita Guimarães	individual	Veterana F45	01:10:37	+40:23	07:04
2754	859	Lucas Murici	familia machada	Senior Masculino	01:10:38	+40:24	07:04
2755	276	Ana Silva Ribeiro	barbatana trail team	Veterana F50	01:10:38	+40:24	07:04
2756	1434	Joana Cristina Ferreira da Silva Faria	individual	Senior Feminino	01:10:41	+40:27	07:04
2757	3182	Thiago Sandoval Babo Coutinho	individual	Senior Masculino	01:10:41	+40:27	07:04
2758	2535	José Marques	individual	Senior Masculino	01:10:43	+40:29	07:04
2759	1507	Maria Araújo	individual	Senior Feminino	01:10:45	+40:31	07:05
2760	3497	Catarina Mota Araújo Sousa Brito	not process related	Senior Feminino	01:10:45	+40:31	07:05
2761	1405	Inês Mesquita	individual	Senior Feminino	01:10:45	+40:31	07:05
2762	3496	Ana Isabel Carneiro Rocha	not process related	Senior Feminino	01:10:46	+40:32	07:05
2763	3278	Vitor Soares	individual	Veterano M50	01:10:46	+40:32	07:05
2764	151	Anabela Da Silva Peixoto	alma centro de treino	Senior Feminino	01:10:48	+40:34	07:05
2765	1236	Carla Pinto	individual	Veterana F50	01:10:51	+40:37	07:05
2766	152	Cátia Mariana Da Silva Ferreira	alma centro de treino	Senior Feminino	01:10:52	+40:38	07:05
2767	1790	André Borges	individual	Senior Masculino	01:10:54	+40:40	07:05
2768	2576	José Sousa	individual	Senior Masculino	01:10:54	+40:40	07:05
2769	3062	Ruben Oliveira	individual	Veterano M40	01:10:55	+40:41	07:06
2770	148	Luís antunes	ali alem	Senior Masculino	01:10:55	+40:41	07:06
2771	1603	Patrícia Neves	individual	Senior Feminino	01:10:55	+40:41	07:06
2772	149	Ricardo correia	ali alem	Senior Masculino	01:10:57	+40:43	07:06
2773	1206	Bebiana Dias	individual	Senior Feminino	01:10:57	+40:43	07:06
2774	1132	Ana João Silva	individual	Senior Feminino	01:10:58	+40:44	07:06
2775	2663	Manuel Eduardo Costa Carvalho	individual	Veterano M50	01:11:07	+40:53	07:07
2776	1351	Elisabete Maria Costa Oliveira	individual	Veterana F45	01:11:07	+40:53	07:07
2777	1848	António Monteiro	individual	Senior Masculino	01:11:08	+40:54	07:07
2778	1261	Catarina Pinheiro	individual	Senior Feminino	01:11:09	+40:55	07:07
2779	1812	Andre Rodrigues	individual	Senior Masculino	01:11:09	+40:55	07:07
2780	3681	Marisa Dias Ribeiro	só nós dois	Veterana F45	01:11:09	+40:55	07:07
2781	147	Edgar mesquita	ali alem	Senior Masculino	01:11:10	+40:56	07:07
2782	3283	Zeferino Pinheiro	individual	Veterano M60	01:11:12	+40:58	07:07
2783	1718	Vânia Pereira	individual	Senior Feminino	01:11:15	+41:01	07:08

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT



RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
2784	500	Daniela Carvalho	crediversos / bruno carvalho	Senior Feminino	01:11:16	+41:02	07:08
2785	1578	Marta Paula Dinis Rodrigues Silva	individual	Veterana F60	01:11:22	+41:08	07:08
2786	3713	Liliana Azevedo	team das 7:30h	Senior Feminino	01:11:24	+41:10	07:08
2787	1422	Jéssica Sofia Oliveira Novais Araújo	individual	Senior Feminino	01:11:25	+41:11	07:09
2788	395	Fábio Lemos	corre fofo	Senior Masculino	01:11:25	+41:11	07:09
2789	3712	Juliana Ferreira	team das 7:30h	Senior Feminino	01:11:26	+41:12	07:09
2790	2141	Fabricio Lages	individual	Veterano M50	01:11:27	+41:13	07:09
2791	1471	LIGIA BULDRINI	individual	Veterana F55	01:11:28	+41:14	07:09
2792	3664	Sandra Lages	skills esposende	Veterana F45	01:11:28	+41:14	07:09
2793	2272	Gustavo Buldrini Teixeira	individual	Senior Masculino	01:11:28	+41:14	07:09
2794	3505	Diana Santos	núcleo de atletismo das taipas	Senior Feminino	01:11:29	+41:15	07:09
2795	2872	Paulo Rodrigues	individual	Senior Masculino	01:11:29	+41:15	07:09
2796	3514	Diogo Antunes	núcleo de atletismo das taipas	Senior Masculino	01:11:30	+41:16	07:09
2797	31	João Pereira	247 culture	Senior Masculino	01:11:30	+41:16	07:09
2798	134	Mariana Martins Solinho	alfa estúdio nine	Senior Feminino	01:11:31	+41:17	07:09
2799	2772	Nuno Alves	individual	Senior Masculino	01:11:31	+41:17	07:09
2800	2314	Hugo Cruz	individual	Senior Masculino	01:11:31	+41:17	07:09
2801	3659	Alexandra Costa	skills esposende	Senior Feminino	01:11:32	+41:18	07:09
2802	831	Eduardo Araujo Costa	famalicao em forma	Veterano M45	01:11:32	+41:18	07:09
2803	3178	Simão Ricardo Silva novais	individual	Veterano M45	01:11:37	+41:23	07:10
2804	1711	Teresa Pinto	individual	Veterana F40	01:11:38	+41:24	07:10
2805	132	Helena Isabel Pratinha	alfa estúdio nine	Senior Feminino	01:11:48	+41:34	07:11
2806	948	Ana Ramos	gt runners	Veterana F55	01:11:51	+41:37	07:11
2807	130	Cláudia da Silva Oliveira	alfa estúdio nine	Senior Feminino	01:11:52	+41:38	07:11
2808	359	João Ferreira	caracóis velozes	Senior Masculino	01:11:54	+41:40	07:11
2809	1294	claudia rodrigues	individual	Veterana F45	01:11:56	+41:42	07:12
2810	2945	Pedro Silva	individual	Senior Masculino	01:11:57	+41:43	07:12
2811	1256	Catarina Gonçalves	individual	Senior Feminino	01:11:57	+41:43	07:12
2812	2249	Gonçalo Faria	individual	Senior Masculino	01:11:57	+41:43	07:12
2813	3170	Silvio Silva	individual	Veterano M55	01:11:58	+41:44	07:12
2814	358	Hélder Costa	caracóis velozes	Senior Masculino	01:11:59	+41:45	07:12
2815	1017	Maria Pereira	happy feet inmove	Senior Feminino	01:12:01	+41:47	07:12
2816	356	Cátia Rodrigues	caracóis velozes	Senior Feminino	01:12:01	+41:47	07:12
2817	1104	Ana Almeida	individual	Senior Feminino	01:12:02	+41:48	07:12
2818	867	Cláudia Ribeiro	ff studio	Senior Feminino	01:12:05	+41:51	07:13
2819	1322	Daniela Tinoco Fonseca	individual	Senior Feminino	01:12:06	+41:52	07:13
2820	1930	Carlos André Carneiro Rocha	individual	Senior Masculino	01:12:06	+41:52	07:13
2821	2957	Pedro Xavier	individual	Veterano M40	01:12:08	+41:54	07:13
2822	1666	Sara Sampaio	individual	Senior Feminino	01:12:08	+41:54	07:13
2823	3543	Sara Silva	one more	Senior Feminino	01:12:09	+41:55	07:13
2824	1442	Joana Melo	individual	Veterana F40	01:12:09	+41:55	07:13
2825	497	Vasco Pede Vale Carvalho	crediversos - escritório	Senior Masculino	01:12:09	+41:55	07:13
2826	1038	Rodrigo Ferrão	humildes corredores	Senior Masculino	01:12:09	+41:55	07:13
2827	1096	Alexandrina fernandes	individual	Veterana F40	01:12:10	+41:56	07:13
2828	3542	Rute Silva	one more	Senior Feminino	01:12:10	+41:56	07:13

PROVA PRINCIPAL - STAGE 1

10 KM



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
2872	1354	Elisabete Teixeira	individual	Veterana F45	01:12:59	+42:45	07:18
2873	1228	Carla Castro	individual	Senior Feminino	01:12:59	+42:45	07:18
2874	1610	Paula Moreira	individual	Veterana F55	01:13:03	+42:49	07:18
2875	2710	Martinho Silva	individual	Senior Masculino	01:13:03	+42:49	07:18
2876	2946	Pedro Silva	individual	Senior Masculino	01:13:04	+42:50	07:18
2877	2010	Daniel Marques	individual	Senior Masculino	01:13:08	+42:54	07:19
2878	617	Mariana Azevedo Pinto	crediversos_marlene	Senior Feminino	01:13:12	+42:58	07:19
2879	1195	Beatriz Correia	individual	Senior Feminino	01:13:12	+42:58	07:19
2880	1140	Ana Paços	individual	Senior Feminino	01:13:12	+42:58	07:19
2881	631	João Gonçalo Pinheiro Azevedo	crediversos_marlene	Senior Masculino	01:13:13	+42:59	07:19
2882	451	Marta Sofia Ferreira Barros	crediversos - escritório	Senior Feminino	01:13:14	+43:00	07:19
2883	1535	Maria Manuela Araujo	individual	Veterana F60	01:13:17	+43:03	07:20
2884	1298	Cristiana Campos	individual	Senior Feminino	01:13:18	+43:04	07:20
2885	525	Manuela Silva	crediversos_angela	Veterana F50	01:13:18	+43:04	07:20
2886	539	Rafael Silva	crediversos_angela	Senior Masculino	01:13:18	+43:04	07:20
2887	3667	António José Azevedo Mais	skills esposende	Veterano M45	01:13:18	+43:04	07:20
2888	3266	Vitor Oliveira	individual	Senior Masculino	01:13:18	+43:04	07:20
2889	1408	Isa Costa	individual	Senior Feminino	01:13:19	+43:05	07:20
2890	2320	Hugo José Campos Martins	individual	Senior Masculino	01:13:19	+43:05	07:20
2891	1332	Diana Lopes	individual	Senior Feminino	01:13:21	+43:07	07:20
2892	298	Vitor Tomás	bbg runners by bbox&gym	Veterano M40	01:13:22	+43:08	07:20
2893	118	André Silva	alexandra carvalho team	Veterano M40	01:13:26	+43:12	07:21
2894	972	André Azevedo	gymstar	Senior Masculino	01:13:29	+43:15	07:21
2895	964	Cátia Pinto	gymstar	Senior Feminino	01:13:29	+43:15	07:21
2896	947	Pedro António Azevedo Cerejeira Fontes	grupo jorge oculista	Veterano M55	01:13:30	+43:16	07:21
2897	611	Diana Filipa Fontes Sá	crediversos_marlene	Senior Feminino	01:13:32	+43:18	07:21
2898	632	João Lucas Veiga Ribeiro	crediversos_marlene	Senior Masculino	01:13:33	+43:19	07:21
2899	3966	Maria Beatriz Albernaz	individual	Senior Feminino	01:13:34	+43:20	07:21
2900	983	Fábio Ramos	gymstar	Senior Masculino	01:13:35	+43:20	07:22
2901	999	Nelson Silva	gymstar	Senior Masculino	01:13:35	+43:21	07:22
2902	3690	JOSEPH FALZON	sófritar running	Veterano M40	01:13:36	+43:22	07:22
2903	1147	Ana Reis	individual	Senior Feminino	01:13:36	+43:22	07:22
2904	1575	Marta Isabel Coutinho Carneiro	individual	Senior Feminino	01:13:37	+43:23	07:22
2905	1346	Elisa Novais	individual	Senior Feminino	01:13:37	+43:23	07:22
2906	1126	Ana Guimarães	individual	Veterana F40	01:13:37	+43:23	07:22
2907	3688	GUILHERME COUTO	sófritar running	Senior Masculino	01:13:38	+43:24	07:22
2908	2158	Fernando Monteiro	individual	Veterano M40	01:13:39	+43:25	07:22
2909	3822	Ismael Silva	vieira castro	Veterano M40	01:13:40	+43:26	07:22
2910	3786	Cremilda Brandão	vieira castro	Veterana F50	01:13:42	+43:28	07:22
2911	2052	Diogo Filipe Gondar da Silva	individual	Senior Masculino	01:13:43	+43:29	07:22
2912	1358	Érica Da Luz Da Silva Lemos	individual	Senior Feminino	01:13:44	+43:30	07:22
2913	3526	Pedro Regueiras	núcleo de atletismo das taipas	Veterano M45	01:13:45	+43:31	07:23
2914	945	Isabel Maria Vicente Braga Ferraz	grupo jorge oculista	Veterana F45	01:13:46	+43:32	07:23
2915	1461	Juliana Sousa	individual	Senior Feminino	01:13:49	+43:35	07:23

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
2916	1311	Daniela Catarina Pereira Santos	individual	Senior Feminino	01:13:49	+43:35	07:23
2917	1088	Adriana Santos	individual	Senior Feminino	01:13:50	+43:36	07:23
2918	3525	Pedro Gomes	núcleo de atletismo das taipas	Senior Masculino	01:13:50	+43:36	07:23
2919	1210	Bruna Brandão	individual	Veterana F40	01:13:52	+43:38	07:23
2920	1597	Palmira Carvalho	individual	Senior Feminino	01:13:58	+43:43	07:24
2921	1285	Cláudia Costa	individual	Senior Feminino	01:13:58	+43:44	07:24
2922	1308	Cristina Vilaça	individual	Senior Feminino	01:13:58	+43:44	07:24
2923	1511	Maria del Milagro Castaing Duron	individual	Senior Feminino	01:13:58	+43:44	07:24
2924	1441	Joana Magalhães	individual	Senior Feminino	01:13:59	+43:44	07:24
2925	1689	Sonia Gomes	individual	Senior Feminino	01:13:59	+43:44	07:24
2926	1664	Sara Mendes	individual	Senior Feminino	01:13:59	+43:45	07:24
2927	3018	Ricardo Lopes	individual	Veterano M50	01:14:00	+43:45	07:24
2928	1587	Mónica Teixeira	individual	Veterana F50	01:14:01	+43:47	07:24
2929	1618	Raquel Lima	individual	Senior Feminino	01:14:02	+43:48	07:24
2930	28	Sara Borges	247 culture	Senior Feminino	01:14:03	+43:49	07:24
2931	300	Diana mamede de oliveira	besties	Veterana F40	01:14:04	+43:50	07:24
2932	690	Andréia Sofia Gomes senra	duros da santa	Veterana F40	01:14:04	+43:50	07:24
2933	299	Celia Cunha	besties	Veterana F40	01:14:05	+43:51	07:25
2934	1252	Catarina Fernandes	individual	Senior Feminino	01:14:05	+43:51	07:25
2935	2677	Marco Carvalho	individual	Veterano M40	01:14:07	+43:53	07:25
2936	2982	Renato Jacobs	individual	Senior Masculino	01:14:08	+43:53	07:25
2937	1207	Bela Rodrigues	individual	Senior Feminino	01:14:08	+43:53	07:25
2938	1257	Catarina Isabel Araújo Branco	individual	Senior Feminino	01:14:08	+43:54	07:25
2939	2231	FRIDJA FRIDJA	individual	Veterano M45	01:14:09	+43:55	07:25
2940	3694	PEDRO MOREIRA	sófritar running	Veterano M45	01:14:11	+43:57	07:25
2941	3389	Erik Gabriel Carvalho Lustosa	mavericks	Senior Masculino	01:14:12	+43:58	07:25
2942	1362	Eugenia Azevedo	individual	Senior Feminino	01:14:12	+43:58	07:25
2943	957	ANA FERREIRA	gymstar	Senior Feminino	01:14:16	+44:02	07:26
2944	987	HÉLDER SANTOS	gymstar	Senior Masculino	01:14:16	+44:02	07:26
2945	1495	Manuela Ribeiro	individual	Veterana F50	01:14:21	+44:07	07:26
2946	1595	Olga Ribeiro	individual	Veterana F50	01:14:21	+44:07	07:26
2947	1095	Alexandra Sofia da Silva Pereira	individual	Senior Feminino	01:14:22	+44:08	07:26
2948	1679	Sofia Gonçalves	individual	Senior Feminino	01:14:22	+44:08	07:26
2949	930	Lourenço Gonçalves	gamba gazelles	Senior Masculino	01:14:23	+44:09	07:26
2950	925	Maria Pires	gamba gazelles	Senior Feminino	01:14:23	+44:09	07:26
2951	707	Diana Castro	emogis	Senior Feminino	01:14:28	+44:14	07:27
2952	1175	Andreia Rodrigues	individual	Senior Feminino	01:14:35	+44:21	07:28
2953	990	João Jordão	gymstar	Senior Masculino	01:14:37	+44:23	07:28
2954	967	ELISETE PEREIRA	gymstar	Senior Feminino	01:14:38	+44:24	07:28
2955	1279	Célia Silva	individual	Veterana F40	01:14:38	+44:24	07:28
2956	3665	Adrien Silva	skills esposende	Senior Masculino	01:14:39	+44:25	07:28
2957	3670	Nuno Carvalho	skills esposende	Senior Masculino	01:14:39	+44:25	07:28
2958	3661	Juliana Basulo Ribeiro	skills esposende	Senior Feminino	01:14:40	+44:26	07:28
2959	3660	Diana Ribeiro	skills esposende	Veterana F40	01:14:40	+44:26	07:28

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
3002	3417	Bruno Sousa	mka	Senior Masculino	01:16:05	+45:51	07:37
3003	1380	Filipa Salgado	individual	Senior Feminino	01:16:16	+46:02	07:38
3004	935	Marta Matos	girls power	Senior Feminino	01:16:24	+46:10	07:38
3005	179	António Fernando Ribeiro Costa	amitorre	Veterano M60	01:16:26	+46:12	07:39
3006	2564	José Pereira	individual	Senior Masculino	01:16:26	+46:12	07:39
3007	332	RUI MACHADO	brufebtt run	Veterano M50	01:16:28	+46:14	07:39
3008	1534	Maria Maia	individual	Senior Feminino	01:16:30	+46:16	07:39
3009	3472	Nuno Couto	mov3	Senior Masculino	01:16:31	+46:17	07:39
3010	1031	Pedro Alexandre Correia	happy's	Veterano M45	01:16:32	+46:18	07:39
3011	3444	Ana Cristina Couto da Silva	mov3	Senior Feminino	01:16:32	+46:18	07:39
3012	1091	Aida Seixas	individual	Veterana F55	01:16:36	+46:22	07:40
3013	1374	Filipa Cruz	individual	Senior Feminino	01:16:38	+46:24	07:40
3014	3588	Sofia Cavadas	portal racing team	Senior Feminino	01:16:38	+46:24	07:40
3015	1192	Bárbara Sá	individual	Senior Feminino	01:16:39	+46:25	07:40
3016	3285	Francisco Sousa	iontech	Veterano M40	01:16:40	+46:26	07:40
3017	807	Olga Pereira	famagirls	Veterana F50	01:16:41	+46:27	07:40
3018	803	ANDREIA MOREIRA	famagirls	Veterana F45	01:16:42	+46:28	07:40
3019	2692	Marco Rocha	individual	Veterano M45	01:16:43	+46:29	07:40
3020	1482	Lucinda Mendes Leitão Gonçalves	individual	Veterana F45	01:16:43	+46:29	07:40
3021	1342	Eduarda Filipa Ribeiro Araujo	individual	Senior Feminino	01:16:44	+46:30	07:40
3022	1299	Cristiana Gondar	individual	Senior Feminino	01:16:45	+46:31	07:41
3023	1586	Miriam Santos	individual	Senior Feminino	01:16:45	+46:31	07:41
3024	2345	João Afonso Catarino Da Vinha	individual	Senior Masculino	01:16:47	+46:33	07:41
3025	2561	José Pedro Lamego	individual	Senior Masculino	01:16:48	+46:34	07:41
3026	3319	Olinda Melo	laranjinhas biba mais	Veterana F55	01:16:50	+46:36	07:41
3027	3322	Sara Pacheco	laranjinhas biba mais	Veterana F50	01:16:53	+46:39	07:41
3028	25	Maria Monteiro	247 culture	Senior Feminino	01:16:59	+46:45	07:42
3029	2544	José Miguel Ribeiro Ferreira	individual	Senior Masculino	01:17:03	+46:49	07:42
3030	3432	Luís Freitas	mosqueteiros team	Senior Masculino	01:17:04	+46:50	07:42
3031	716	Júlia Maria Gonçalves Oliveira	enif	Senior Feminino	01:17:05	+46:51	07:43
3032	1797	André Fernandes	individual	Veterano M50	01:17:06	+46:52	07:43
3033	1943	Carlos Correia	individual	Senior Masculino	01:17:06	+46:52	07:43
3034	2446	João Tiago Magalhães Gomes Ribeiro	individual	Senior Masculino	01:17:07	+46:53	07:43
3035	3231	Ticiano Freire	individual	Veterano M45	01:17:10	+46:56	07:43
3036	3377	Henrique Costa	mancaquinhos	Senior Masculino	01:17:10	+46:56	07:43
3037	995	LUÍS PEREIRA	gymstar	Senior Masculino	01:17:28	+47:14	07:45
3038	3435	Ana Margarida Silva	motoqueiras na prisão	Senior Feminino	01:17:29	+47:15	07:45
3039	1105	Ana Alves	individual	Senior Feminino	01:17:32	+47:18	07:45
3040	1414	Isabel Maria Correia da Silva Faria	individual	Veterana F50	01:17:33	+47:19	07:45
3041	3860	Silvio Boçon	voyage voyage	Veterano M55	01:17:41	+47:27	07:46
3042	943	Cristina Maria Silva Ferreira	grupo jorge oculista	Veterana F50	01:17:45	+47:31	07:47
3043	1637	Rosa Mariana Gonçalves Oliveira	individual	Veterana F45	01:17:45	+47:31	07:47

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
3044	1270	Cátia Filipa Oliveira Freitas	individual	Senior Feminino	01:17:46	+47:31	07:47
3045	664	Catarina Costa	devesa run club	Senior Feminino	01:17:47	+47:33	07:47
3046	1522	Maria Gonçalves	individual	Veterana F50	01:17:52	+47:38	07:47
3047	1546	Mariana Costa	individual	Senior Feminino	01:17:52	+47:38	07:47
3048	3780	Ana Manuela Faria Carvalho	vieira castro	Veterana F45	01:17:56	+47:42	07:48
3049	3242	VASCO ARAÚJO	individual	Veterano M50	01:17:57	+47:43	07:48
3050	2029	David Santos Silva	individual	Senior Masculino	01:18:00	+47:46	07:48
3051	3601	Elisabete Martins	power girls	Senior Feminino	01:18:01	+47:47	07:48
3052	1327	Diana Araújo	individual	Senior Feminino	01:18:01	+47:47	07:48
3053	3602	Sónia da Costa Fernandes	power girls	Veterana F45	01:18:01	+47:47	07:48
3054	924	Leonor Meneses	gema gazelles	Senior Feminino	01:18:02	+47:48	07:48
3055	3762	João Pedro Rodrigues Ferreira	trio maravilha	Senior Masculino	01:18:04	+47:50	07:48
3056	3759	Beatriz Ariana Carneiro de Abreu	trio maravilha	Senior Feminino	01:18:07	+47:53	07:49
3057	505	Sofia Vidal	crediversos / bruno carvalho	Senior Feminino	01:18:07	+47:53	07:49
3058	3567	ALICE MARGARIDA SOARES CASTRO	os guardiões	Veterana F45	01:18:08	+47:54	07:49
3059	952	Emilia vides	guardiões	Veterana F45	01:18:08	+47:54	07:49
3060	3236	Tomás Silva Neves	individual	Senior Masculino	01:18:11	+47:57	07:49
3061	2246	Gonçalo Branco	individual	Senior Masculino	01:18:12	+47:58	07:49
3062	3568	FRANCISCO JOSE AFONSECA FREITAS	os guardiões	Veterano M50	01:18:12	+47:58	07:49
3063	64	Thaís Yamanari	a correr para a ceia	Senior Feminino	01:18:16	+48:02	07:50
3064	65	Diogo Azevedo	a correr para a ceia	Senior Masculino	01:18:19	+48:05	07:50
3065	1355	Elsa Baptista	individual	Veterana F40	01:18:23	+48:09	07:50
3066	452	Neruda Karlidag Oliveira Silva	crediversos - escritório	Senior Feminino	01:18:31	+48:17	07:51
3067	261	João Orlando Azevedo	azevedos e andrades	Veterano M55	01:18:35	+48:21	07:52
3068	258	António Manuel Andrade	azevedos e andrades	Veterano M55	01:18:35	+48:21	07:52
3069	137	Duarte Ribeiro Matos	alfa estúdio nine	Senior Masculino	01:18:36	+48:22	07:52
3070	1403	Inês Gonçalves	individual	Senior Feminino	01:18:38	+48:24	07:52
3071	663	Beatriz Pinto	devesa run club	Senior Feminino	01:18:39	+48:25	07:52
3072	1301	Cristiana Sofia Cunha da Costa	individual	Senior Feminino	01:18:40	+48:26	07:52
3073	1309	Daniela Bezerra	individual	Senior Feminino	01:18:42	+48:28	07:52
3074	1196	Beatriz Costa	individual	Senior Feminino	01:18:45	+48:31	07:53
3075	94	Paulo Costa	abreu logistics	Veterano M50	01:18:47	+48:33	07:53
3076	1220	Camila Moura	individual	Senior Feminino	01:18:47	+48:33	07:53
3077	3411	Joana Faria	mka	Senior Feminino	01:18:53	+48:39	07:53
3078	2826	Patrício Pereira	individual	Senior Masculino	01:18:56	+48:42	07:54
3079	1914	Bruno Mota	individual	Senior Masculino	01:18:57	+48:43	07:54
3080	355	Beatriz Pereira	caracóis velozes	Senior Feminino	01:18:57	+48:43	07:54
3081	236	Simone Lisboa	atitude 1.0	Senior Feminino	01:19:04	+48:50	07:54
3082	1364	Fatima Jacinta Pereira dos Santos	individual	Senior Feminino	01:19:07	+48:53	07:55
3083	237	Tiago Venancio Caldas	atitude 1.0	Veterano M40	01:19:08	+48:54	07:55
3084	1349	Elisabete Ferreira	individual	Senior Feminino	01:19:10	+48:55	07:55
3085	2899	Pedro Dias	individual	Veterano M40	01:19:12	+48:58	07:55

PROVA PRINCIPAL - STAGE 1

10 KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
3086	3929	Matilde Rodrigues Dias	individual	Senior Feminino	01:19:12	+48:58	07:55
3087	3340	André Silva	liberdade futebol clube (lfc-f)	Veterano M40	01:19:16	+49:02	07:56
3088	3334	Francismery Sathler	liberdade futebol clube (lfc-f)	Veterana F40	01:19:17	+49:03	07:56
3089	3203	Tiago Filipe Silva Castro	individual	Senior Masculino	01:19:19	+49:05	07:56
3090	857	Mara Rafael	familia machada	Senior Feminino	01:19:20	+49:06	07:56
3091	1882	Breno Fontes	individual	Senior Masculino	01:19:25	+49:11	07:57
3092	1556	Mariana Sampaio Machado	individual	Senior Feminino	01:19:31	+49:17	07:57
3093	1384	Francisca Machado	individual	Senior Feminino	01:19:34	+49:20	07:57
3094	3147	Sérgio Gaspar De Freitas Machado	individual	Veterano M50	01:19:34	+49:20	07:57
3095	3692	LUÍS RODRIGUES	sófritar running	Veterano M40	01:19:36	+49:22	07:58
3096	1421	Jacqueline Ennes de Martino Camargo	individual	Veterana F55	01:19:42	+49:28	07:58
3097	936	Patrícia Oliveira	girls power	Senior Feminino	01:19:47	+49:33	07:59
3098	1130	Ana João Araújo	individual	Senior Feminino	01:19:52	+49:38	07:59
3099	785	Catarina Paiva	fama minds	Senior Feminino	01:19:57	+49:43	08:00
3100	934	Joana Almeida	girls power	Senior Feminino	01:19:59	+49:45	08:00
3101	1029	Andreia Patrícia C. Oliveira	happy's	Veterana F40	01:20:15	+50:01	08:02
3102	922	Catarina Heitor	gemba gazelles	Senior Feminino	01:20:18	+50:04	08:02
3103	3316	Isilda Ribeiro	laranjinhas biba mais	Veterana F45	01:20:29	+50:15	08:03
3104	3315	Diana Mateus	laranjinhas biba mais	Senior Feminino	01:20:30	+50:16	08:03
3105	3325	Antonio Pacheco	laranjinhas biba mais	Veterano M55	01:20:30	+50:16	08:03
3106	2873	Paulo Sergio	individual	Veterano M45	01:20:47	+50:32	08:05
3107	1611	Paula Sampaio	individual	Veterana F50	01:20:47	+50:33	08:05
3108	2961	Rafael Azevedo	individual	Senior Masculino	01:20:48	+50:34	08:05
3109	2253	Gonçalo Goiana Martins	individual	Senior Masculino	01:21:06	+50:52	08:07
3110	1136	Ana Margarida Lemos Tavares Preto	individual	Senior Feminino	01:21:06	+50:52	08:07
3111	177	Elia Oliveira	amitorre	Veterana F50	01:21:07	+50:53	08:07
3112	1608	Paula Cristina Pereira da Silva	individual	Veterana F45	01:21:09	+50:55	08:07
3113	479	Manuel Silva Moreira	crediversos - escritório	Veterano M65	01:21:17	+51:03	08:08
3114	445	Mª Goreti Pinheiro Azevedo Moreira	crediversos - escritório	Veterana F60	01:21:19	+51:05	08:08
3115	2658	Manuel Azevedo	individual	Veterano M50	01:21:19	+51:05	08:08
3116	1069	José Barreiro	ímpar running team	Veterano M55	01:21:27	+51:13	08:09
3117	1052	Alberto Sousa	ímpar running team	Veterano M55	01:21:30	+51:16	08:09
3118	2382	João Ferreira	individual	Senior Masculino	01:21:44	+51:30	08:10
3119	1475	Liliana Silva	individual	Veterana F45	01:21:44	+51:30	08:10
3120	923	Diana Chibante	gemba gazelles	Senior Feminino	01:21:44	+51:30	08:10
3121	1640	Salomé Ribeiro Macedo	individual	Senior Feminino	01:21:48	+51:34	08:11
3122	1350	Elisabete Lopes	individual	Veterana F45	01:21:49	+51:35	08:11
3123	1359	Érica Lopes	individual	Senior Feminino	01:21:49	+51:35	08:11
3124	2129	Fábio Campos	individual	Senior Masculino	01:21:52	+51:37	08:11
3125	186	Ricardo Maia	amitorre	Veterano M40	01:21:53	+51:39	08:11
3126	1460	Juliana Rodrigues	individual	Senior Feminino	01:21:55	+51:41	08:12
3127	1363	Eveline Sousa	individual	Veterana F40	01:22:00	+51:46	08:12
3128	2465	Jordhan Willy	individual	Senior Masculino	01:22:02	+51:48	08:12

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
3171	481	Mario Virgilio Veloso Antunes	crediversos - escritório	Veterano M60	01:25:40	+55:26	08:34
3172	430	Alexina da Silva Oliveira Moreira	crediversos - escritório	Veterana F45	01:25:45	+55:31	08:35
3173	1581	Martha Cristina Silva Jesus	individual	Veterana F40	01:25:57	+55:43	08:36
3174	3368	Fabio Andre Freitas Monteiro	malandros family	Senior Masculino	01:26:23	+56:09	08:38
3175	14	Ana Isabel Monteiro Castro	malandros family	Senior Feminino	01:26:34	+56:20	08:39
3176	845	Martinho Santos Barbosa	famalicão em forma	Veterano M45	01:26:37	+56:23	08:40
3177	814	Carla Marisa Matos Pereira	famalicão em forma	Veterana F45	01:26:41	+56:27	08:40
3178	3370	Pedro Miguel Marques Monteiro	malandros family	Senior Masculino	01:26:57	+56:43	08:42
3179	3369	Nuno Miguel Marques Monteiro	malandros family	Senior Masculino	01:27:01	+56:46	08:42
3180	1213	Bruna da Silva Faria	individual	Senior Feminino	01:27:02	+56:48	08:42
3181	3041	Ricardo Vieira	individual	Senior Masculino	01:27:03	+56:49	08:42
3182	3448	Bárbara Machado	mov3	Senior Feminino	01:27:05	+56:51	08:43
3183	851	Marcia monteiro	famasegur negrelos	Veterana F45	01:27:37	+57:23	08:46
3184	731	MARIA VEIGA	enjoy	Senior Feminino	01:27:50	+57:36	08:47
3185	733	MANUEL VEIGA	enjoy	Veterano M65	01:27:52	+57:38	08:47
3186	1330	Diana da Silva Cruz	individual	Senior Feminino	01:27:55	+57:41	08:48
3187	1538	Maria Pereira	individual	Senior Feminino	01:27:57	+57:43	08:48
3188	1520	Maria Gomes	individual	Senior Feminino	01:28:01	+57:47	08:48
3189	1691	Sónia Patrícia da Silva Oliveira	individual	Veterana F40	01:28:02	+57:48	08:48
3190	1988	Christopher Mendes	individual	Senior Masculino	01:28:13	+57:59	08:49
3191	1620	Raquel Machado	individual	Senior Feminino	01:28:16	+58:02	08:50
3192	913	Raquel Santos	gd leões da guarda - lion runners	Veterana F45	01:28:21	+58:07	08:50
3193	3429	Ana Gomes	mosqueteiros team	Senior Feminino	01:28:21	+58:07	08:50
3194	912	Joana Martins	gd leões da guarda - lion runners	Veterana F45	01:28:21	+58:07	08:50
3195	1221	Camila Santos	individual	Senior Feminino	01:28:26	+58:12	08:51
3196	2796	Nuno Martins	individual	Veterano M45	01:28:28	+58:14	08:51
3197	1510	Maria de Fátima Correia da Silva Faria	individual	Veterana F55	01:28:38	+58:24	08:52
3198	667	Margarida Rompante	devesa run club	Senior Feminino	01:28:43	+58:29	08:52
3199	665	Joana Gomes	devesa run club	Senior Feminino	01:28:44	+58:30	08:52
3200	175	Ana Silva	amitorre	Senior Feminino	01:29:12	+58:58	08:55
3201	3539	Letícia Marques	one more	Senior Feminino	01:29:12	+58:58	08:55
3202	181	Armando Oliveira	amitorre	Veterano M50	01:29:15	+59:01	08:56
3203	3881	Davide Silva	amve	Senior Masculino	01:29:15	+59:01	08:56
3204	1315	Daniela Flores	individual	Senior Feminino	01:29:48	+59:34	08:59
3205	1122	Ana Filipa da Silva Carvalho	individual	Senior Feminino	01:29:48	+59:34	08:59
3206	2818	Octávio Fernando Abreu de Sá	individual	Veterano M50	01:30:01	+59:46	09:00
3207	2208	Francisco Gomes da Silva	individual	Senior Masculino	01:30:25	+01:00:11	09:03
3208	131	Elsa Maria Magalhães Cruzinha da Silva	alfa estúdio nine	Senior Feminino	01:30:37	+01:00:23	09:04
3209	143	Pedro Manuel Martins Abreu	alfa estúdio nine	Senior Masculino	01:30:38	+01:00:24	09:04
3210	129	Ana Catarina Dias Afonso	alfa estúdio nine	Senior Feminino	01:30:39	+01:00:25	09:04
3211	2357	João Batista de Melo junior	individual	Veterano M40	01:31:07	+01:00:53	09:07
3212	1393	Giulia Melo	individual	Senior Feminino	01:31:08	+01:00:54	09:07
3213	1715	Valterina rego	individual	Veterana F40	01:31:09	+01:00:55	09:07

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT**R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
3214	24	Lurdes Fernandes	247 culture	Senior Feminino	01:31:17	+01:01:02	09:08
3215	3540	Marina Salgado	one more	Senior Feminino	01:31:19	+01:01:05	09:08
3216	1478	Lisa Basto	individual	Veterana F50	01:31:22	+01:01:08	09:08

Prova Principal

10 KM



OFFICIAL RESULT

39	1387	Francisca Santos	Individual	Senior Feminino	52:00	+21:46	05:12
40	1465	Lara Matos	Individual	Senior Feminino	52:04	+21:50	05:12
41	3892	Ana Fonseca	Individual	Senior Feminino	52:11	+21:57	05:13
42	1180	Ângela Ferreira	Individual	Senior Feminino	52:14	+22:00	05:13
43	1720	Vânia Sousa	Individual	Senior Feminino	52:22	+22:08	05:14
44	549	Clara Costa	Crediversos_Adriana	Senior Feminino	52:29	+22:15	05:15
45	1605	Patrícia Rosário	Individual	Senior Feminino	52:37	+22:23	05:16
46	76	Manuela Novais	A.D Active Running	Senior Feminino	52:37	+22:23	05:16
47	1310	Daniela Castro	Individual	Senior Feminino	52:50	+22:35	05:17
48	20	Ana Isabel Silva	247 Culture	Senior Feminino	53:14	+23:00	05:19
49	3396	Raquel Vilaça	Miles and Vibes Famalicão	Senior Feminino	53:16	+23:02	05:20
50	1445	Joana Oliveira	Individual	Senior Feminino	53:24	+23:10	05:20
51	1084	Adriana Fernandes	Individual	Senior Feminino	53:32	+23:18	05:21
52	361	Susana Castro	CASTRO & CORRELO	Senior Feminino	53:33	+23:19	05:21
53	1685	Sofia Oliveira	Individual	Senior Feminino	53:35	+23:21	05:22
54	1565	Marinha Inês Sampaio	Individual	Senior Feminino	53:36	+23:22	05:22
55	682	Vânia Campos	Dragon club	Senior Feminino	53:39	+23:25	05:22
56	1388	Francisca Simões	Individual	Senior Feminino	53:58	+23:44	05:24
57	1458	Juliana Marlene Oliveira Abreu	Individual	Senior Feminino	54:05	+23:50	05:25
58	150	Ana Margarida Oliveira Miranda	ALMA CENTRO DE TREINO	Senior Feminino	54:09	+23:55	05:25
59	670	Lais Oliveira	Die Brüder	Senior Feminino	54:10	+23:56	05:25
60	1273	Cátia Rafaela Coelho Correia	Individual	Senior Feminino	54:14	+24:00	05:25
61	1599	Patrícia Correia	Individual	Senior Feminino	54:17	+24:03	05:26
62	1571	Marta Barroso	Individual	Senior Feminino	54:17	+24:03	05:26
63	26	Marta Gonçalves	247 Culture	Senior Feminino	54:21	+24:07	05:26
64	793	Maria Romana	FAMA RUNNERS	Senior Feminino	54:34	+24:20	05:27
65	3975	Liliana Raquel Oliveira da Silva	Individual	Senior Feminino	54:40	+24:26	05:28
66	3742	Teresa Teixeira	Teixeiras	Senior Feminino	54:42	+24:28	05:28
67	1283	Claudia Azevedo	Individual	Senior Feminino	54:53	+24:39	05:29
68	1292	Cláudia Patrícia moura Mendes	Individual	Senior Feminino	54:59	+24:45	05:30
69	1499	Márcia Oliveira	Individual	Senior Feminino	55:00	+24:46	05:30
70	1616	Raissa Reis	Individual	Senior Feminino	55:02	+24:48	05:30
71	3704	Lúcia Oliveira	Sprint Familiar	Senior Feminino	55:03	+24:49	05:30
72	1682	Sofia Mendes	Individual	Senior Feminino	55:11	+24:57	05:31
73	1149	ANA RITA FERREIRA	Individual	Senior Feminino	55:43	+25:29	05:34
74	1377	Filipa Ferreira	Individual	Senior Feminino	55:50	+25:36	05:35
75	424	Mariana De Andrade Pacheco	Crediversos - Célia	Senior Feminino	55:51	+25:36	05:35
76	422	Adriana Rafaela Fernandes Salgado	Crediversos - Célia	Senior Feminino	55:52	+25:38	05:35
77	1401	Inês Castro Gomes	Individual	Senior Feminino	55:54	+25:40	05:35
78	1684	Sofia Moreira	Individual	Senior Feminino	55:54	+25:40	05:35
79	230	Teresa Oliveira	Associação Figueiredos Runners & Friends	Senior Feminino	55:55	+25:41	05:36
80	1313	Daniela Faria	Individual	Senior Feminino	55:55	+25:41	05:36
81	45	Sandra Castro	365 running project	Senior Feminino	55:58	+25:43	05:36
82	1032	claudia marina morira da silva	home studio 2020	Senior Feminino	56:06	+25:51	05:37
83	1398	Inês Afonso Rodrigues gomes da Silva e Sá	Individual	Senior Feminino	56:08	+25:54	05:37

Prova Principal**10 KM****R**
REVISED**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
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84	1205	Beatriz Veloso Costa	Individual	Senior Feminino	56:18	+26:04	05:38
85	1291	Cláudia Oliveira	Individual	Senior Feminino	56:22	+26:08	05:38
86	1598	Patricia Castro	Individual	Senior Feminino	56:23	+26:09	05:38
87	855	Elisabete Maria Soutulho Coelho Alves	Família Alves	Senior Feminino	56:25	+26:11	05:39
88	1655	Sara Duarte	Individual	Senior Feminino	56:26	+26:12	05:39
89	1247	Catarina Azevedo	Individual	Senior Feminino	56:26	+26:12	05:39
90	1500	Margarida Araújo Moreira	Individual	Senior Feminino	56:34	+26:20	05:39
91	3932	Rita Machado	GYMSTAR	Senior Feminino	56:34	+26:20	05:39
92	1254	Catarina Ferreira	Individual	Senior Feminino	56:37	+26:23	05:40
93	1678	Sofia Fontão de Castro	Individual	Senior Feminino	56:39	+26:25	05:40
94	1124	Ana Gil Marques	Individual	Senior Feminino	56:46	+26:32	05:41
95	1683	Sofia Merelim	Individual	Senior Feminino	56:48	+26:34	05:41
96	1415	Isabel Oliveira	Individual	Senior Feminino	56:49	+26:35	05:41
97	1119	Ana Falcão	Individual	Senior Feminino	56:50	+26:36	05:41
98	1190	Bárbara Filipa G. Pereira	Individual	Senior Feminino	56:50	+26:36	05:41
99	1225	Carina Marlene da Silva Costa	Individual	Senior Feminino	56:54	+26:40	05:41
100	304	Adriana moura	Body Performance	Senior Feminino	56:59	+26:45	05:42
101	1312	Daniela Cruz	Individual	Senior Feminino	57:02	+26:48	05:42
102	306	Helena Machado	Body Performance	Senior Feminino	57:03	+26:49	05:42
103	198	Isabel Ribeiro	ARC Vale S. Cosme	Senior Feminino	57:06	+26:52	05:43
104	1536	Maria Margarida Correia de Jesus	Individual	Senior Feminino	57:11	+26:57	05:43
105	524	Francisca Leitão Gonçalves do Vale Lima	Crediversos_Angela	Senior Feminino	57:17	+27:03	05:44
106	1111	Ana Catarina Correia	Individual	Senior Feminino	57:33	+27:19	05:45
107	41	Beatriz Ribeiro Mesquita Guimarães	365 running project	Senior Feminino	57:44	+27:30	05:46
108	201	Vânia Mendes	ARC Vale S. Cosme	Senior Feminino	57:47	+27:33	05:47
109	153	Francisca Maria Salgado Fonseca	ALMA CENTRO DE TREINO	Senior Feminino	57:47	+27:33	05:47
110	1630	Rita Oliveira	Individual	Senior Feminino	57:47	+27:33	05:47
111	1674	Sofia Cortinhas	Individual	Senior Feminino	57:48	+27:34	05:47
112	1490	Mafalda Oliveira	Individual	Senior Feminino	57:49	+27:35	05:47
113	1676	Sofia Delgado	Individual	Senior Feminino	57:55	+27:41	05:48
114	526	Rita Leitão Gonçalves do Vale Lima	Crediversos_Angela	Senior Feminino	57:56	+27:42	05:48
115	1321	Daniela Silva	Individual	Senior Feminino	57:57	+27:43	05:48
116	1319	Daniela Novais	Individual	Senior Feminino	58:03	+27:49	05:48
117	1553	Mariana Pereira	Individual	Senior Feminino	58:11	+27:57	05:49
118	558	Tânia Barbosa	Crediversos_Adriana	Senior Feminino	58:12	+27:57	05:49
119	1243	Carolina Campos Cunha	Individual	Senior Feminino	58:12	+27:58	05:49
120	454	Raquel Alexandra Silva Baptista	Crediversos - Escritório	Senior Feminino	58:14	+28:00	05:49
121	1372	Filipa Alves	Individual	Senior Feminino	58:16	+28:02	05:50
122	1579	Marta Peixoto	Individual	Senior Feminino	58:19	+28:05	05:50
123	556	Sara Isabel Da Silva Faria	Crediversos_Adriana	Senior Feminino	58:22	+28:08	05:50
124	1033	silvia carina moreira da silva	home studio 2020	Senior Feminino	58:22	+28:08	05:50
125	1146	Ana Raquel Silva	Individual	Senior Feminino	58:23	+28:09	05:50
126	394	Elaine Borges	Corre Fofa	Senior Feminino	58:26	+28:12	05:51
127	3614	Joana Meneses	Race das Migas	Senior Feminino	58:34	+28:20	05:51
128	1204	Beatriz Sousa	Individual	Senior Feminino	58:34	+28:20	05:51
129	1551	Mariana Isabel Lopes Pereira	Individual	Senior Feminino	58:36	+28:22	05:52

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Prova Principal

10 KM

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REVISED

OFFICIAL RESULT

130	1371	Fernanda Martins	Individual	Senior Feminino	58:47	+28:33	05:53
131	1439	Joana M. Gonçalves	Individual	Senior Feminino	58:51	+28:37	05:53
132	1397	Helena Poleri	Individual	Senior Feminino	58:53	+28:39	05:53
133	192	Aline Santana D'Avila	ARC Vale S. Cosme	Senior Feminino	58:56	+28:42	05:54
134	1135	Ana Luísa Soares	Individual	Senior Feminino	58:56	+28:42	05:54
135	1233	Carla Manuela Martins Gonçalves	Individual	Senior Feminino	58:58	+28:44	05:54
136	1244	Carolina Guimarães	Individual	Senior Feminino	58:58	+28:44	05:54
137	1173	Andreia Filipa Barbosa Araújo	Individual	Senior Feminino	59:13	+28:59	05:55
138	1468	Laura Gomes	Individual	Senior Feminino	59:16	+29:02	05:56
139	234	Ana Margarida Silva	Associação Recreativa de Paradela	Senior Feminino	59:16	+29:02	05:56
140	3465	Susana Guimarães	MOV3	Senior Feminino	59:18	+29:04	05:56
141	116	Olívia Fernandes	Alexandra Carvalho Team	Senior Feminino	59:18	+29:04	05:56
142	3331	Carmen Dias	Liberdade Futebol Clube (LFC-F)	Senior Feminino	59:20	+29:06	05:56
143	3864	Daniela Santos	Wind	Senior Feminino	59:20	+29:06	05:56
144	3453	Filipa Ribeiro	MOV3	Senior Feminino	59:22	+29:08	05:56
145	1151	Ana Rita Lopes	Individual	Senior Feminino	59:23	+29:09	05:56
146	196	Helena Ribeiro	ARC Vale S. Cosme	Senior Feminino	59:25	+29:11	05:57
147	1519	Maria Gomes	Individual	Senior Feminino	59:26	+29:11	05:57
148	1274	Cátia Sá	Individual	Senior Feminino	59:33	+29:19	05:57
149	1591	Natália Guimarães Sant'Anna Carvalho	Individual	Senior Feminino	59:35	+29:21	05:58
150	501	Fatima Duarte	Crediversos / Bruno Carvalho	Senior Feminino	59:36	+29:22	05:58
151	1381	Francisca Carvalho	Individual	Senior Feminino	59:48	+29:34	05:59
152	3672	Rosa Pereira	Snail Team	Senior Feminino	59:48	+29:34	05:59
153	1724	Vera Sampaio	Individual	Senior Feminino	59:50	+29:36	05:59
154	965	Daniela Rocha	GYMSTAR	Senior Feminino	59:50	+29:36	05:59
155	3337	Susana Malheiro	Liberdade Futebol Clube (LFC-F)	Senior Feminino	59:55	+29:41	06:00
156	1335	Diana Paiva	Individual	Senior Feminino	59:58	+29:44	06:00
157	1264	Catarina Silva	Individual	Senior Feminino	59:58	+29:44	06:00
158	3895	Raquel Marques	Individual	Senior Feminino	59:59	+29:45	06:00
159	23	Elisabete Jesus	247 Culture	Senior Feminino	01:00:09	+29:55	06:01
160	22	Carina Neiva	247 Culture	Senior Feminino	01:00:11	+29:56	06:01
161	3395	Paula Reis	Miles and Vibes Famalicão	Senior Feminino	01:00:12	+29:58	06:01
162	3764	Soraia Amorim	TSR	Senior Feminino	01:00:13	+29:59	06:01
163	423	Catarina Vaz da Costa Gonçalves	Crediversos - Célia	Senior Feminino	01:00:13	+29:59	06:01
164	3330	Beatriz Faria	Liberdade Futebol Clube (LFC-F)	Senior Feminino	01:00:13	+29:59	06:01
165	3934	Filipa Roldao	Individual	Senior Feminino	01:00:18	+30:04	06:02
166	3648	Mariana Sabino	Sabino's	Senior Feminino	01:00:22	+30:08	06:02
167	554	Mafalfa Oliveira	Crediversos_Adriana	Senior Feminino	01:00:23	+30:09	06:02
168	1480	Lúcia Maria Torres Abreu	Individual	Senior Feminino	01:00:25	+30:10	06:03
169	1677	Sofia Fernandes	Individual	Senior Feminino	01:00:25	+30:11	06:03
170	27	Ricardina Coelho	247 Culture	Senior Feminino	01:00:25	+30:11	06:03
171	1501	Margarida Fernandes	Individual	Senior Feminino	01:00:34	+30:20	06:03
172	1410	Isa Rocha	Individual	Senior Feminino	01:00:34	+30:20	06:03
173	1251	Catarina Faria	Individual	Senior Feminino	01:00:37	+30:22	06:04
174	225	Carina Oliveira	Associação Desportiva Mont blue team	Senior Feminino	01:00:40	+30:26	06:04

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Prova Principal

10 KM

OFFICIAL RESULT


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175	1557	Mariana Serra Carvalho	Individual	Senior Feminino	01:00:41	+30:27	06:04
176	1226	Carina Sampaio	Individual	Senior Feminino	01:00:42	+30:28	06:04
177	1701	Tânia Isabel da Cruz Figueiredo	Individual	Senior Feminino	01:00:43	+30:28	06:04
178	1443	Joana Mesquita	Individual	Senior Feminino	01:00:44	+30:30	06:04
179	1547	Mariana da Silva Ferreira	Individual	Senior Feminino	01:00:46	+30:32	06:05
180	3452	Elisabete Leite Oliveira 12	MOV3	Senior Feminino	01:00:49	+30:35	06:05
181	3388	Bianca Carvalho Lustosa	Mavericks	Senior Feminino	01:00:50	+30:36	06:05
182	1108	Ana Carvalho	Individual	Senior Feminino	01:00:51	+30:37	06:05
183	1325	Débora Monteiro	Individual	Senior Feminino	01:00:54	+30:40	06:05
184	3622	Dulce Fernandes	Repandrefresh	Senior Feminino	01:00:56	+30:42	06:06
185	1047	Diana Gandra	ÍMPAR RUNNING TEAM	Senior Feminino	01:01:05	+30:51	06:07
186	546	Biatríz Arauju	Crediversos_Adriana	Senior Feminino	01:01:06	+30:52	06:07
187	1306	Cristina Jácome	Individual	Senior Feminino	01:01:07	+30:53	06:07
188	1429	Joana Castro	Individual	Senior Feminino	01:01:07	+30:53	06:07
189	1632	Rita Rocha	Individual	Senior Feminino	01:01:11	+30:57	06:07
190	3408	CRISTIANA ROCHA	MKA	Senior Feminino	01:01:12	+30:58	06:07
191	1200	Beatriz Filipa Lima Silva	Individual	Senior Feminino	01:01:13	+30:59	06:07
192	1541	Maria Silva	Individual	Senior Feminino	01:01:21	+31:07	06:08
193	1438	Joana Fonseca	Individual	Senior Feminino	01:01:23	+31:09	06:08
194	1189	Bárbara da Costa Oliveira Freitas	Individual	Senior Feminino	01:01:25	+31:11	06:09
195	1232	Carla Lucas	Individual	Senior Feminino	01:01:37	+31:23	06:10
196	3392	Edna Torrinha	Miles and Vibes Fmalicão	Senior Feminino	01:01:39	+31:25	06:10
197	1627	Rita Duarte	Individual	Senior Feminino	01:01:40	+31:26	06:10
198	1141	Ana Patrícia Guimarães Pereira	Individual	Senior Feminino	01:01:41	+31:27	06:10
199	1426	Joana Augusta Mendes Pereira	Individual	Senior Feminino	01:01:42	+31:28	06:10
200	1159	Ana Silva	Individual	Senior Feminino	01:01:47	+31:33	06:11
201	1688	Solange samantha sousa	Individual	Senior Feminino	01:01:49	+31:35	06:11
202	3891	Ana Claudia Almeida Ferreira	Individual	Senior Feminino	01:01:50	+31:36	06:11
203	1334	Diana Oliveira	Individual	Senior Feminino	01:02:01	+31:47	06:12
204	3657	Helena Mendes	Siga	Senior Feminino	01:02:05	+31:51	06:13
205	1085	Adriana Francisca da Silva Monteiro	Individual	Senior Feminino	01:02:11	+31:57	06:13
206	1695	Susana Maria Azevedo Moreira	Individual	Senior Feminino	01:02:15	+32:01	06:14
207	3620	Cátia Regufe	Regufe	Senior Feminino	01:02:16	+32:02	06:14
208	926	Mariana Gonçalves	GEMBA GAZELLES	Senior Feminino	01:02:16	+32:02	06:14
209	1705	Telma Pinto	Individual	Senior Feminino	01:02:16	+32:02	06:14
210	242	Ana de Castro	Aves Runners	Senior Feminino	01:02:17	+32:03	06:14
211	1699	Tânia Cristina da Costa Nunes	Individual	Senior Feminino	01:02:24	+32:10	06:14
212	289	Rafaela Araújo	BBG RUNNERS BY BBOX&GYM	Senior Feminino	01:02:27	+32:13	06:15
213	1174	Andreia Luisa Rodrigues Coelho	Individual	Senior Feminino	01:02:29	+32:15	06:15
214	3445	Ana Paula	MOV3	Senior Feminino	01:02:36	+32:22	06:16
215	1107	Ana Borges	Individual	Senior Feminino	01:02:39	+32:25	06:16
216	1470	Leonor Gonçalves	Individual	Senior Feminino	01:02:44	+32:29	06:16
217	1521	Maria Gonçalves	Individual	Senior Feminino	01:02:44	+32:30	06:16
218	1121	Ana Filipa Abreu Cardoso	Individual	Senior Feminino	01:02:46	+32:32	06:17
219	1164	Ana Vaz	Individual	Senior Feminino	01:02:46	+32:32	06:17
220	1723	Vera Pinheiro	Individual	Senior Feminino	01:02:52	+32:38	06:17

Prova Principal

10 KM



OFFICIAL RESULT

221	3482	Alexandra Duarte	Na hora da colheita	Senior Feminino	01:02:55	+32:40	06:18
222	1543	Mariana Araújo Costa	Individual	Senior Feminino	01:02:56	+32:42	06:18
223	3333	Filipa Fernandes	Liberdade Futebol Clube (LFC-F)	Senior Feminino	01:02:56	+32:42	06:18
224	1726	Verónica Regina Teixeira	Individual	Senior Feminino	01:02:57	+32:43	06:18
225	63	Rita Fonseca	A correr para a ceia	Senior Feminino	01:02:59	+32:45	06:18
226	3336	Sandra Fernandes	Liberdade Futebol Clube (LFC-F)	Senior Feminino	01:03:01	+32:47	06:18
227	3760	CRISALIA PEREIRA	TRIO MARAVILHA	Senior Feminino	01:03:12	+32:58	06:19
228	1449	Joana Pinto Barbosa	Individual	Senior Feminino	01:03:14	+33:00	06:19
229	1614	Rafaela Santos	Individual	Senior Feminino	01:03:16	+33:02	06:20
230	3761	HELENA TEIXEIRA	TRIO MARAVILHA	Senior Feminino	01:03:17	+33:03	06:20
231	1281	Cintia Júnior	Individual	Senior Feminino	01:03:18	+33:04	06:20
232	1129	Ana Isabel Osório Pinheiro	Individual	Senior Feminino	01:03:24	+33:10	06:20
233	61	Gabriela Araujo	4US	Senior Feminino	01:03:29	+33:15	06:21
234	3460	Nicole Azevedo	MOV3	Senior Feminino	01:03:32	+33:18	06:21
235	1260	Catarina Mendes	Individual	Senior Feminino	01:03:32	+33:18	06:21
236	1506	Maria Amaro	Individual	Senior Feminino	01:03:32	+33:18	06:21
237	1343	Eduarda Silva	Individual	Senior Feminino	01:03:34	+33:20	06:21
238	621	Paula Raquel Pereira Barreiro	Crediversos_Marlene	Senior Feminino	01:03:37	+33:23	06:22
239	1015	Gracinda Palha	Happy Feet InMove	Senior Feminino	01:03:38	+33:24	06:22
240	1430	Joana Catarina Fernandes Rodrigues	Individual	Senior Feminino	01:03:42	+33:28	06:22
241	960	Ana Santos	GYMSTAR	Senior Feminino	01:03:42	+33:28	06:22
242	1235	Carla Oliveira	Individual	Senior Feminino	01:03:46	+33:32	06:23
243	1288	Claudia machado	Individual	Senior Feminino	01:03:46	+33:32	06:23
244	1139	Ana Oliveira	Individual	Senior Feminino	01:03:46	+33:32	06:23
245	1713	Thuany Oliveira	Individual	Senior Feminino	01:03:47	+33:33	06:23
246	1110	Ana Carvalho	Individual	Senior Feminino	01:03:47	+33:33	06:23
247	1550	Mariana Isabel da Lima Oliveira	Individual	Senior Feminino	01:03:48	+33:34	06:23
248	1584	Melissa Matos Sobral	Individual	Senior Feminino	01:03:48	+33:34	06:23
249	659	Sílvia Lopes	DDT - DONAS DISTO TUDO	Senior Feminino	01:03:50	+33:36	06:23
250	1367	Fátima Susana Araújo Dias	Individual	Senior Feminino	01:03:56	+33:42	06:24
251	1242	Carolina Albuquerque	Individual	Senior Feminino	01:03:56	+33:42	06:24
252	3464	Sofia Leite	MOV3	Senior Feminino	01:04:04	+33:50	06:24
253	1686	Sofia Oliveira	Individual	Senior Feminino	01:04:11	+33:57	06:25
254	1440	Joana Machado	Individual	Senior Feminino	01:04:13	+33:59	06:25
255	1533	Maria Leonor Oliveira de Aguiar	Individual	Senior Feminino	01:04:15	+34:01	06:26
256	21	Ana Rita Marques	247 Culture	Senior Feminino	01:04:18	+34:04	06:26
257	1245	Catalina Tincul	Individual	Senior Feminino	01:04:18	+34:04	06:26
258	3394	Patrícia Araújo	Miles and Vibes Famalicão	Senior Feminino	01:04:18	+34:04	06:26
259	1199	Beatriz Ferreira	Individual	Senior Feminino	01:04:20	+34:06	06:26
260	3384	Ana Esteves	Matias&Companhia	Senior Feminino	01:04:22	+34:07	06:26
261	1277	Celia Filipa Torres Abreu	Individual	Senior Feminino	01:04:22	+34:08	06:26
262	1725	Veronica Carneiro	Individual	Senior Feminino	01:04:22	+34:08	06:26
263	1193	Beatriz Campos	Individual	Senior Feminino	01:04:22	+34:08	06:26
264	1375	Filipa Daniela Fernandes Carvalho	Individual	Senior Feminino	01:04:23	+34:09	06:26
265	1179	Ângela Ferreira	Individual	Senior Feminino	01:04:30	+34:16	06:27
266	1717	Vânia Azevedo	Individual	Senior Feminino	01:04:31	+34:17	06:27

Prova Principal

10 KM



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

359	3284	Ana Rita Pereira	lontech	Senior Feminino	01:07:50	+37:36	06:47
360	1165	Ana Vieira	Individual	Senior Feminino	01:07:50	+37:36	06:47
361	1331	Diana Elisa da Silva Oliveira Salgado	Individual	Senior Feminino	01:07:55	+37:41	06:48
362	1391	Gabriela Macieira	Individual	Senior Feminino	01:07:57	+37:43	06:48
363	604	Ana Rita Gonçalves de Freitas Pereira Coelho	Crediversos_Marlene	Senior Feminino	01:07:59	+37:45	06:48
364	1224	Carina Filipa Costa Marques	Individual	Senior Feminino	01:08:02	+37:48	06:48
365	1433	Joana Costa	Individual	Senior Feminino	01:08:03	+37:49	06:48
366	1588	Monica Vilela	Individual	Senior Feminino	01:08:03	+37:49	06:48
367	1703	Tânia Moreira	Individual	Senior Feminino	01:08:07	+37:53	06:49
368	1248	Catarina Caramalho	Individual	Senior Feminino	01:08:07	+37:53	06:49
369	1700	Tânia Filipa Salazar Salgado	Individual	Senior Feminino	01:08:18	+38:04	06:50
370	1128	Ana Isabel Freitas Abreu	Individual	Senior Feminino	01:08:18	+38:04	06:50
371	1324	Débora Catarina Mota Ferreira	Individual	Senior Feminino	01:08:18	+38:04	06:50
372	1019	Rita Barroso	Happy Feet InMove	Senior Feminino	01:08:20	+38:06	06:50
373	3406	CATARINA ARAUJO	MKA	Senior Feminino	01:08:20	+38:06	06:50
374	3767	Beatriz Cruz	Velozes e ferozes	Senior Feminino	01:08:27	+38:13	06:51
375	3768	Sara Menezes	Velozes e ferozes	Senior Feminino	01:08:29	+38:15	06:51
376	228	Gabriela Coelho	Associação Figueiredos Runners & Friends	Senior Feminino	01:08:29	+38:15	06:51
377	229	Juliana Coelho	Associação Figueiredos Runners & Friends	Senior Feminino	01:08:30	+38:16	06:51
378	227	Catarina Sofia Carvalho da Cunha	Associação Figueiredos Runners & Friends	Senior Feminino	01:08:30	+38:16	06:51
379	1552	Mariana Peixoto Araújo	Individual	Senior Feminino	01:08:32	+38:18	06:51
380	193	Daniela Gomes	ARC Vale S. Cosme	Senior Feminino	01:08:33	+38:19	06:51
381	1545	Mariana Campos Lobo	Individual	Senior Feminino	01:08:38	+38:24	06:52
382	1654	Sara Cristina Neves de Carvalho	Individual	Senior Feminino	01:08:38	+38:24	06:52
383	1680	Sofia Isabel Lopes Carvalho	Individual	Senior Feminino	01:08:40	+38:25	06:52
384	1548	Mariana Ferreira	Individual	Senior Feminino	01:08:40	+38:26	06:52
385	1607	Paula Costa	Individual	Senior Feminino	01:08:41	+38:27	06:52
386	3447	Ângela Catarina Martins Pereira	MOV3	Senior Feminino	01:08:42	+38:28	06:52
387	433	Ana João Moreira Novo	Crediversos - Escritório	Senior Feminino	01:08:42	+38:28	06:52
388	3908	BEATRIZ LAZARO	PO NA LAMA	Senior Feminino	01:08:42	+38:28	06:52
389	1318	Daniela Neves	Individual	Senior Feminino	01:08:43	+38:29	06:52
390	3454	Helena Lima	MOV3	Senior Feminino	01:09:04	+38:50	06:54
391	1116	Ana Dias	Individual	Senior Feminino	01:09:07	+38:53	06:55
392	1514	Maria do Sameiro Ribeiro Lopes	Individual	Senior Feminino	01:09:07	+38:53	06:55
393	3615	Raquel Cunha	Race das Migas	Senior Feminino	01:09:09	+38:55	06:55
394	1417	Iura Anatoli Corrêa	Individual	Senior Feminino	01:09:13	+38:59	06:55
395	407	Vera Claudia Miranda Silva	Crediversos	Senior Feminino	01:09:17	+39:03	06:56
396	404	Inês da Silva Cunha	Crediversos	Senior Feminino	01:09:18	+39:04	06:56
397	432	Ana Cristina da Costa Vieira	Crediversos - Escritório	Senior Feminino	01:09:21	+39:07	06:56
398	283	Carolina Terroso	BBG RUNNERS BY BBOX&GYM	Senior Feminino	01:09:21	+39:07	06:56
399	1402	Inês Fernandes	Individual	Senior Feminino	01:09:22	+39:08	06:56
400	347	Rita Pinheiro	Caracóis a Jato	Senior Feminino	01:09:23	+39:09	06:56
401	406	Marlene Maria Silva Sousa	Crediversos	Senior Feminino	01:09:26	+39:11	06:57
402	1197	Beatriz Couto	Individual	Senior Feminino	01:09:27	+39:13	06:57

Prova Principal

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OFFICIAL RESULT

403	1162	Ana Sofia Novais	Individual	Senior Feminino	01:09:36	+39:22	06:58
404	3484	Joana Vilaça	Na hora da colheita	Senior Feminino	01:09:36	+39:22	06:58
405	1613	Rafaela Pereira Faria	Individual	Senior Feminino	01:09:37	+39:23	06:58
406	3683	RITA COSTA	SÓFRITAR RUNNING	Senior Feminino	01:09:41	+39:27	06:58
407	970	SANDRA LIMA	GYMSTAR	Senior Feminino	01:09:46	+39:32	06:59
408	1320	Daniela Rodrigues	Individual	Senior Feminino	01:09:46	+39:32	06:59
409	1368	Fernanda Aparecida Camelo Alvarenga	Individual	Senior Feminino	01:09:47	+39:33	06:59
410	956	Adriana Pinto	GYMSTAR	Senior Feminino	01:09:52	+39:38	06:59
411	932	Elisabete Carvalho	Girls power	Senior Feminino	01:09:55	+39:41	07:00
412	239	Andreia Marques	Avebikers Cycling Team	Senior Feminino	01:09:58	+39:44	07:00
413	1687	Sofia Sampaio	Individual	Senior Feminino	01:10:02	+39:48	07:00
414	1425	Joana Araújo	Individual	Senior Feminino	01:10:03	+39:49	07:00
415	502	Ines Marques	Crediversos / Bruno Carvalho	Senior Feminino	01:10:03	+39:49	07:00
416	3372	Eduarda Reis de Sousa	Manas	Senior Feminino	01:10:07	+39:53	07:01
417	1464	Lara Costa	Individual	Senior Feminino	01:10:08	+39:54	07:01
418	1218	Bruna Silva	Individual	Senior Feminino	01:10:09	+39:55	07:01
419	3450	Catarina Almeida	MOV3	Senior Feminino	01:10:18	+40:04	07:02
420	3443	Adriana Lopes	MOV3	Senior Feminino	01:10:19	+40:05	07:02
421	3737	Océane de Castro	Team Veloso	Senior Feminino	01:10:20	+40:06	07:02
422	3935	Sofia Teixeira	Individual	Senior Feminino	01:10:30	+40:16	07:03
423	3407	CATARINA AZEVEDO	MKA	Senior Feminino	01:10:33	+40:19	07:03
424	1604	Patrícia Patricio	Individual	Senior Feminino	01:10:36	+40:22	07:04
425	1434	Joana Cristina Ferreira da Silva Faria	Individual	Senior Feminino	01:10:41	+40:27	07:04
426	1507	Maria Araújo	Individual	Senior Feminino	01:10:45	+40:31	07:05
427	3497	Catarina Mota Araújo Sousa Brito	Not Process Related	Senior Feminino	01:10:45	+40:31	07:05
428	1405	Inês Mesquita	Individual	Senior Feminino	01:10:45	+40:31	07:05
429	3496	Ana Isabel Carneiro Rocha	Not Process Related	Senior Feminino	01:10:46	+40:32	07:05
430	151	Anabela Da Silva Peixoto	ALMA CENTRO DE TREINO	Senior Feminino	01:10:48	+40:34	07:05
431	152	Cátia Mariana Da Silva Ferreira	ALMA CENTRO DE TREINO	Senior Feminino	01:10:52	+40:38	07:05
432	1603	Patrícia Neves	Individual	Senior Feminino	01:10:55	+40:41	07:06
433	1206	Bebiana Dias	Individual	Senior Feminino	01:10:57	+40:43	07:06
434	1132	Ana João Silva	Individual	Senior Feminino	01:10:58	+40:44	07:06
435	1261	Catarina Pinheiro	Individual	Senior Feminino	01:11:09	+40:55	07:07
436	1718	Vânia Pereira	Individual	Senior Feminino	01:11:15	+41:01	07:08
437	500	Daniela Carvalho	Crediversos / Bruno Carvalho	Senior Feminino	01:11:16	+41:02	07:08
438	3713	Liliana Azevedo	Team das 7:30h	Senior Feminino	01:11:24	+41:10	07:08
439	1422	Jéssica Sofia Oliveira Novais Araújo	Individual	Senior Feminino	01:11:25	+41:11	07:09
440	3712	Juliana Ferreira	Team das 7:30h	Senior Feminino	01:11:26	+41:12	07:09
441	3505	Diana Santos	Núcleo de Atletismo das Taipas	Senior Feminino	01:11:29	+41:15	07:09
442	134	Mariana Martins Solinho	Alfa Estúdio Nine	Senior Feminino	01:11:31	+41:17	07:09
443	3659	Alexandra Costa	SKILLS ESPOSENDE	Senior Feminino	01:11:32	+41:18	07:09
444	132	Helena Isabel Pratinha	Alfa Estúdio Nine	Senior Feminino	01:11:48	+41:34	07:11
445	130	Cláudia da Silva Oliveira	Alfa Estúdio Nine	Senior Feminino	01:11:52	+41:38	07:11
446	1256	Catarina Gonçalves	Individual	Senior Feminino	01:11:57	+41:43	07:12
447	1017	Maria Pereira	Happy Feet InMove	Senior Feminino	01:12:01	+41:47	07:12
448	356	Cátia Rodrigues	Caracóis Velozes	Senior Feminino	01:12:01	+41:47	07:12

Prova Principal**10 KM****R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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541	1270	Cátia Filipa Oliveira Freitas	Individual	Senior Feminino	01:17:46	+47:31	07:47
542	664	Catarina Costa	Devesa Run Club	Senior Feminino	01:17:47	+47:33	07:47
543	1546	Mariana Costa	Individual	Senior Feminino	01:17:52	+47:38	07:47
544	3601	Elisabete Martins	Power Girls	Senior Feminino	01:18:01	+47:47	07:48
545	1327	Diana Araújo	Individual	Senior Feminino	01:18:01	+47:47	07:48
546	924	Leonor Meneses	GEMBA GAZELLES	Senior Feminino	01:18:02	+47:48	07:48
547	3759	Beatriz Ariana Carneiro de Abreu	TRIO MARAVILHA	Senior Feminino	01:18:07	+47:53	07:49
548	505	Sofia Vidal	Crediversos / Bruno Carvalho	Senior Feminino	01:18:07	+47:53	07:49
549	64	Tháís Yamanari	A correr para a ceia	Senior Feminino	01:18:16	+48:02	07:50
550	452	Neruda Karlidag Oliveira Silva	Crediversos - Escritório	Senior Feminino	01:18:31	+48:17	07:51
551	1403	Inês Gonçalves	Individual	Senior Feminino	01:18:38	+48:24	07:52
552	663	Beatriz Pinto	Devesa Run Club	Senior Feminino	01:18:39	+48:25	07:52
553	1301	Cristiana Sofia Cunha da Costa	Individual	Senior Feminino	01:18:40	+48:26	07:52
554	1309	Daniela Bezerra	Individual	Senior Feminino	01:18:42	+48:28	07:52
555	1196	Beatriz Costa	Individual	Senior Feminino	01:18:45	+48:31	07:53
556	1220	Camila Moura	Individual	Senior Feminino	01:18:47	+48:33	07:53
557	3411	Joana Faria	MKA	Senior Feminino	01:18:53	+48:39	07:53
558	355	Beatriz Pereira	Caracóis Velozes	Senior Feminino	01:18:57	+48:43	07:54
559	236	Simone Lisboa	Atitude 1.0	Senior Feminino	01:19:04	+48:50	07:54
560	1364	Fatima Jacinta Pereira dos Santos	Individual	Senior Feminino	01:19:07	+48:53	07:55
561	1349	Elisabete Ferreira	Individual	Senior Feminino	01:19:10	+48:55	07:55
562	3929	Matilde Rodrigues Dias	Individual	Senior Feminino	01:19:12	+48:58	07:55
563	857	Mara Rafael	FAMILIA MACHADA	Senior Feminino	01:19:20	+49:06	07:56
564	1556	Mariana Sampaio Machado	Individual	Senior Feminino	01:19:31	+49:17	07:57
565	1384	Francisca Machado	Individual	Senior Feminino	01:19:34	+49:20	07:57
566	936	Patrícia Oliveira	Girls power	Senior Feminino	01:19:47	+49:33	07:59
567	1130	Ana João Araújo	Individual	Senior Feminino	01:19:52	+49:38	07:59
568	785	Catarina Paiva	FAMA MINDS	Senior Feminino	01:19:57	+49:43	08:00
569	934	Joana Almeida	Girls power	Senior Feminino	01:19:59	+49:45	08:00
570	922	Catarina Heitor	GEMBA GAZELLES	Senior Feminino	01:20:18	+50:04	08:02
571	3315	Diana Mateus	LARANJINHAS BIBA MAIS	Senior Feminino	01:20:30	+50:16	08:03
572	1136	Ana Margarida Lemos Tavares Preto	Individual	Senior Feminino	01:21:06	+50:52	08:07
573	923	Diana Chibante	GEMBA GAZELLES	Senior Feminino	01:21:44	+51:30	08:10
574	1640	Salomé Ribeiro Macedo	Individual	Senior Feminino	01:21:48	+51:34	08:11
575	1359	Érica Lopes	Individual	Senior Feminino	01:21:49	+51:35	08:11
576	1460	Juliana Rodrigues	Individual	Senior Feminino	01:21:55	+51:41	08:12
577	1423	Jhenifer Rafaela Pereira	Individual	Senior Feminino	01:22:03	+51:49	08:12
578	937	Rafaela Gonçalves	Girls power	Senior Feminino	01:22:23	+52:09	08:14
579	499	Barbara Santos	Crediversos / Bruno Carvalho	Senior Feminino	01:22:28	+52:13	08:15
580	1142	Ana Pinto	Individual	Senior Feminino	01:22:30	+52:16	08:15
581	1191	Bárbara Marlene Cerqueira Coelho	Individual	Senior Feminino	01:22:34	+52:20	08:15
582	1323	Dara Cristina Fidelis Sabino Machado	Individual	Senior Feminino	01:22:34	+52:20	08:15
583	3538	Filipa Silva	One More	Senior Feminino	01:22:36	+52:22	08:16
584	1127	Ana Isabel Costa Lopes	Individual	Senior Feminino	01:22:47	+52:33	08:17
585	1477	Liliana Sofia Sousa Dias	Individual	Senior Feminino	01:22:50	+52:36	08:17
586	1653	Sara Cristina Machado Oliveira	Individual	Senior Feminino	01:22:53	+52:39	08:17

Official Timekeeper: Lap2Go	13 / 72	generate 24-dez.-2024 13:13
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Prova Principal

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OFFICIAL RESULT

587	1590	Natália Cristina Machado Oliveira	Individual	Senior Feminino	01:22:55	+52:41	08:18
588	1385	Francisca Neves	Individual	Senior Feminino	01:23:00	+52:46	08:18
589	3910	DIANA RIBEIRO	PO NA LAMA	Senior Feminino	01:23:08	+52:54	08:19
590	1249	Catarina Costa	Individual	Senior Feminino	01:23:56	+53:42	08:24
591	962	AURORA MARTINS	GYMSTAR	Senior Feminino	01:24:01	+53:47	08:24
592	1103	Ana Alexandra Gomes Ferreira	Individual	Senior Feminino	01:24:09	+53:55	08:25
593	1554	Mariana Raquel Costa Meira	Individual	Senior Feminino	01:24:11	+53:57	08:25
594	1633	Rita Santos	Individual	Senior Feminino	01:24:30	+54:16	08:27
595	1317	Daniela Marques de Magalhães Costa	Individual	Senior Feminino	01:24:56	+54:42	08:30
596	1154	Ana Rita Silva	Individual	Senior Feminino	01:25:01	+54:47	08:30
597	1203	Beatriz Santos	Individual	Senior Feminino	01:25:03	+54:49	08:30
598	1558	Mariana Silva Almeida	Individual	Senior Feminino	01:25:13	+54:59	08:31
599	1396	Helena Patrícia Lopes Castro	Individual	Senior Feminino	01:25:14	+55:00	08:31
600	3653	Margarida Rodrigues	SANDE WISH	Senior Feminino	01:25:39	+55:25	08:34
601	3652	Carla Silva	SANDE WISH	Senior Feminino	01:25:40	+55:26	08:34
602	14	Ana Isabel Monteiro Castro	Malandros Family	Senior Feminino	01:26:34	+56:20	08:39
603	1213	Bruna da Silva Faria	Individual	Senior Feminino	01:27:02	+56:48	08:42
604	3448	Bárbara Machado	MOV3	Senior Feminino	01:27:05	+56:51	08:43
605	731	MARIA VEIGA	ENJOY	Senior Feminino	01:27:50	+57:36	08:47
606	1330	Diana da Silva Cruz	Individual	Senior Feminino	01:27:55	+57:41	08:48
607	1538	Maria Pereira	Individual	Senior Feminino	01:27:57	+57:43	08:48
608	1520	Maria Gomes	Individual	Senior Feminino	01:28:01	+57:47	08:48
609	1620	Raquel Machado	Individual	Senior Feminino	01:28:16	+58:02	08:50
610	3429	Ana Gomes	Mosqueteiros Team	Senior Feminino	01:28:21	+58:07	08:50
611	1221	Camila Santos	Individual	Senior Feminino	01:28:26	+58:12	08:51
612	667	Margarida Rompante	Devesa Run Club	Senior Feminino	01:28:43	+58:29	08:52
613	665	Joana Gomes	Devesa Run Club	Senior Feminino	01:28:44	+58:30	08:52
614	175	Ana Silva	AMITORRE	Senior Feminino	01:29:12	+58:58	08:55
615	3539	Letícia Marques	One More	Senior Feminino	01:29:12	+58:58	08:55
616	1315	Daniela Flores	Individual	Senior Feminino	01:29:48	+59:34	08:59
617	1122	Ana Filipa da Silva Carvalho	Individual	Senior Feminino	01:29:48	+59:34	08:59
618	131	Elsa Maria Magalhães Cruzinha da Silva	Alfa Estúdio Nine	Senior Feminino	01:30:37	+01:00:23	09:04
619	129	Ana Catarina Dias Afonso	Alfa Estúdio Nine	Senior Feminino	01:30:39	+01:00:25	09:04
620	1393	Giulia Melo	Individual	Senior Feminino	01:31:08	+01:00:54	09:07
621	24	Lurdes Fernandes	247 Culture	Senior Feminino	01:31:17	+01:01:02	09:08
622	3540	Marina Salgado	One More	Senior Feminino	01:31:19	+01:01:05	09:08

Senior Masculino

1	381	Nuno Fernandes	CLUBE DESPORTIVO SÃO SALVADOR DO CAMPO	Senior Masculino	30:14		03:01
2	382	Gonçalo Miranda	Clube JAB - Berga	Senior Masculino	30:17	+00:03	03:02
3	3853	Carlos costa	Vizela Corre	Senior Masculino	30:22	+00:08	03:02
4	3841	Bruno Abreu	VITÓRIA SPORT CLUBE	Senior Masculino	31:11	+00:57	03:07
5	3140	Sérgio Correa Gonzalez	Individual	Senior Masculino	31:12	+00:57	03:07
6	108	JOAO FERREIRA	AIRORUN	Senior Masculino	31:14	+00:59	03:07

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98	3442	José Dinis	MOUTADOS TEAM	Senior Masculino	41:53	+11:39	04:11
99	366	Diogo Ferreira	CDSSC	Senior Masculino	41:56	+11:42	04:12
100	2780	Nuno Branco	Individual	Senior Masculino	41:59	+11:45	04:12
101	2646	Luis Tavares	Individual	Senior Masculino	42:05	+11:51	04:13
102	2376	João Fernandes	Individual	Senior Masculino	42:14	+12:00	04:13
103	3882	Jay Nazaré	AMVE	Senior Masculino	42:15	+12:01	04:14
104	3361	Willian Afonso	Lontras de Mourilhão	Senior Masculino	42:19	+12:05	04:14
105	219	Rafael Aleixo	ARC Vale S. Cosme	Senior Masculino	42:23	+12:09	04:14
106	3258	Vitor Maio	Individual	Senior Masculino	42:29	+12:15	04:15
107	2923	Pedro Miguel Ribeiro Correia	Individual	Senior Masculino	42:37	+12:23	04:16
108	2463	joel Silva	Individual	Senior Masculino	42:42	+12:28	04:16
109	2840	Paulo Ferreira	Individual	Senior Masculino	42:44	+12:30	04:16
110	2077	Diogo Teixeira	Individual	Senior Masculino	42:48	+12:34	04:17
111	2136	Fábio Garrido	Individual	Senior Masculino	42:49	+12:35	04:17
112	362	Ismael Correlo	CASTRO & CORRELO	Senior Masculino	42:50	+12:36	04:17
113	3194	Tiago Dias	Individual	Senior Masculino	42:50	+12:36	04:17
114	993	José Mota	GYMSTAR	Senior Masculino	42:51	+12:37	04:17
115	1796	André Fernandes	Individual	Senior Masculino	42:56	+12:41	04:18
116	2592	Leonardo Miguel Mendes Silva	Individual	Senior Masculino	42:56	+12:42	04:18
117	3750	Nuno Silca	The Newbies	Senior Masculino	43:00	+12:46	04:18
118	3848	Nuno Sousa	VITÓRIA SPORT CLUBE	Senior Masculino	43:00	+12:46	04:18
119	3195	Tiago Dias Leite	Individual	Senior Masculino	43:02	+12:48	04:18
120	696	João Silva	Duros da Santa	Senior Masculino	43:03	+12:49	04:18
121	769	Davide Afonso	Eu Tu e a Montanha	Senior Masculino	43:07	+12:53	04:19
122	2913	Pedro Maia Neves	Individual	Senior Masculino	43:09	+12:55	04:19
123	3693	PAULO CASTRO	SÓFRITAR RUNNING	Senior Masculino	43:10	+12:56	04:19
124	2409	João Oliveira	Individual	Senior Masculino	43:10	+12:56	04:19
125	2469	Jorge Cardoso	Individual	Senior Masculino	43:13	+12:59	04:19
126	2127	Fábio Alves	Individual	Senior Masculino	43:14	+13:00	04:19
127	290	Carlos Pacheco	BBG RUNNERS BY BBOX&GYM	Senior Masculino	43:15	+13:01	04:20
128	3063	Ruben Sá	Individual	Senior Masculino	43:16	+13:02	04:20
129	2239	Gil Miranda	Individual	Senior Masculino	43:16	+13:02	04:20
130	3913	CARLOS TORRES	PO NA LAMA	Senior Masculino	43:18	+13:04	04:20
131	3157	Sérgio Peixoto	Individual	Senior Masculino	43:28	+13:14	04:21
132	3586	José Carlos Coelho Alves	Pó reforço trail team	Senior Masculino	43:31	+13:17	04:21
133	1911	Bruno Miguel Silva	Individual	Senior Masculino	43:34	+13:20	04:21
134	2447	João Tiago Martins Azevedo	Individual	Senior Masculino	43:37	+13:23	04:22
135	3359	João Silva	Lobos do Monte Run	Senior Masculino	43:37	+13:23	04:22
136	1039	João Pedro Silva	IMPACT KORPUS	Senior Masculino	43:39	+13:25	04:22
137	3685	ANDRÉ ARAÚJO	SÓFRITAR RUNNING	Senior Masculino	43:49	+13:35	04:23
138	2162	Filinto Meireles	Individual	Senior Masculino	43:57	+13:43	04:24
139	3358	João Filipe Afonso Pereira Pires	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	44:00	+13:45	04:24
140	3128	Samuel Alves	Individual	Senior Masculino	44:02	+13:48	04:24
141	2256	Gonçalo Moreira	Individual	Senior Masculino	44:03	+13:49	04:24
142	101	Diogo Costa	ADU	Senior Masculino	44:04	+13:50	04:24
143	2286	Hélder Filipe Silva	Individual	Senior Masculino	44:05	+13:51	04:25

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144	602	Rui Miguel Silva Andrade	Crediversos_Escritório	Senior Masculino	44:06	+13:52	04:25
145	3637	Vitor Fernandes	RorizAventura	Senior Masculino	44:07	+13:53	04:25
146	2197	Francisco Aragão	Individual	Senior Masculino	44:08	+13:54	04:25
147	2962	Rafael Carneiro	Individual	Senior Masculino	44:10	+13:56	04:25
148	310	Gonçalo Moura Carvalho	Body Performance	Senior Masculino	44:13	+13:59	04:25
149	2074	Diogo santos	Individual	Senior Masculino	44:15	+14:01	04:26
150	221	Zé Osório	ARC Vale S. Cosme	Senior Masculino	44:17	+14:03	04:26
151	2131	FABIO CESAR SAUSEN	Individual	Senior Masculino	44:17	+14:03	04:26
152	1980	César Barbosa	Individual	Senior Masculino	44:18	+14:04	04:26
153	1933	Carlos Araújo	Individual	Senior Masculino	44:19	+14:05	04:26
154	773	Enzo Modesto Dias	Eugénios HC	Senior Masculino	44:25	+14:11	04:27
155	2700	Mario Brito	Individual	Senior Masculino	44:27	+14:13	04:27
156	2704	Mário Santana	Individual	Senior Masculino	44:28	+14:14	04:27
157	2944	Pedro Silva	Individual	Senior Masculino	44:34	+14:20	04:27
158	2625	Luís Lameira	Individual	Senior Masculino	44:35	+14:21	04:28
159	996	MARTIM REIS	GYMSTAR	Senior Masculino	44:39	+14:25	04:28
160	3021	Ricardo Martins	Individual	Senior Masculino	44:40	+14:26	04:28
161	3148	Sérgio Gonçalves Oliveira	Individual	Senior Masculino	44:40	+14:26	04:28
162	568	Dinis Sousa	Crediversos_Adriana	Senior Masculino	44:41	+14:27	04:28
163	3633	João Lima	RorizAventura	Senior Masculino	44:42	+14:28	04:28
164	3872	João Diogo	Yellow Barn Brothers	Senior Masculino	44:43	+14:29	04:28
165	3887	Carlos Miguel Ferreira Machado	Carreira trail	Senior Masculino	44:43	+14:29	04:28
166	2106	Eduardo Macedo	Individual	Senior Masculino	44:44	+14:30	04:28
167	3968	Edgar Correia	Crediversos	Senior Masculino	44:49	+14:35	04:29
168	662	Ivo Barbosa	Devasta Trilhos	Senior Masculino	44:50	+14:36	04:29
169	3002	Ricardo Costa	Individual	Senior Masculino	44:51	+14:37	04:29
170	3081	Rui Costa	Individual	Senior Masculino	44:53	+14:39	04:29
171	85	Paulo Gomes	A.D Active Running	Senior Masculino	44:56	+14:42	04:30
172	313	Miguel Sampaio	Body Performance	Senior Masculino	44:57	+14:43	04:30
173	2764	Nelson Mesquita	Individual	Senior Masculino	44:59	+14:45	04:30
174	636	Marcos Henriques Oliveira	Crediversos_Marlene	Senior Masculino	44:59	+14:45	04:30
175	351	CRISTIANO SOUSA	CARACÓIS IRREQUIETOS	Senior Masculino	44:59	+14:45	04:30
176	2190	Flávio André Martins Ribeiro	Individual	Senior Masculino	44:59	+14:45	04:30
177	954	Francisco Mota	Guimarães de Mota	Senior Masculino	45:01	+14:47	04:30
178	3120	Rui Santos	Individual	Senior Masculino	45:03	+14:49	04:30
179	2614	Luís Félix	Individual	Senior Masculino	45:04	+14:50	04:30
180	1001	PAULO DIAS	GYMSTAR	Senior Masculino	45:05	+14:51	04:31
181	3636	Sócrates Lima Martins	RorizAventura	Senior Masculino	45:06	+14:52	04:31
182	1814	André Silva	Individual	Senior Masculino	45:09	+14:55	04:31
183	2991	Ricardo Águeda	Individual	Senior Masculino	45:16	+15:02	04:32
184	3821	Hugo Costa	Vieira Castro	Senior Masculino	45:17	+15:03	04:32
185	2429	João Pinheiro	Individual	Senior Masculino	45:18	+15:04	04:32
186	214	Miguel Guimarães	ARC Vale S. Cosme	Senior Masculino	45:23	+15:09	04:32
187	2865	Paulo Pinto	Individual	Senior Masculino	45:32	+15:18	04:33
188	2460	Joel Carvalho	Individual	Senior Masculino	45:32	+15:18	04:33
189	295	Narciso Faria	BBG RUNNERS BY BBOX&GYM	Senior Masculino	45:33	+15:19	04:33

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190	781	Pedro Henrique Da Costa Oliveira	Eugénios HC	Senior Masculino	45:34	+15:20	04:33
191	208	Eduardo Machado	ARC Vale S. Cosme	Senior Masculino	45:35	+15:21	04:34
192	2187	Filipe Sousa	Individual	Senior Masculino	45:35	+15:21	04:34
193	2999	Ricardo Cordeiro	Individual	Senior Masculino	45:38	+15:24	04:34
194	2270	Guilherme Ramos	Individual	Senior Masculino	45:40	+15:26	04:34
195	2252	Gonçalo Forte Lima	Individual	Senior Masculino	45:45	+15:31	04:35
196	3871	João Diogo	Yellow Barn Brothers	Senior Masculino	45:54	+15:40	04:35
197	2811	Nuno Silva	Individual	Senior Masculino	45:55	+15:41	04:36
198	697	Jorge Barbosa	Duros da Santa	Senior Masculino	46:00	+15:46	04:36
199	698	Jorge Ferreira	Duros da Santa	Senior Masculino	46:00	+15:46	04:36
200	2102	Eduardo Coelho	Individual	Senior Masculino	46:03	+15:49	04:36
201	3346	Ramiro Costa	Liberdade Futebol Clube (LFC-F)	Senior Masculino	46:04	+15:50	04:36
202	2408	João Oliveira	Individual	Senior Masculino	46:09	+15:55	04:37
203	2839	Paulo Fernandes	Individual	Senior Masculino	46:12	+15:58	04:37
204	393	Miguel Maia	Coronado runners	Senior Masculino	46:14	+16:00	04:37
205	2200	Francisco Castro Alves	Individual	Senior Masculino	46:15	+16:01	04:38
206	3587	Pedro coelho	Pó reforço trail team	Senior Masculino	46:16	+16:02	04:38
207	976	BRUNO NEVES	GYMSTAR	Senior Masculino	46:16	+16:02	04:38
208	2283	Hélder Faria	Individual	Senior Masculino	46:17	+16:03	04:38
209	508	Gaspar Santos	Crediversos / Bruno Carvalho	Senior Masculino	46:23	+16:09	04:38
210	2779	Nuno Baltar	Individual	Senior Masculino	46:23	+16:09	04:38
211	2467	Jorge Araújo	Individual	Senior Masculino	46:26	+16:12	04:39
212	3260	Vitor Marques	Individual	Senior Masculino	46:32	+16:18	04:39
213	3064	RUBEN VIEIRA	Individual	Senior Masculino	46:33	+16:19	04:39
214	3083	Rui Daniel Silva Castro	Individual	Senior Masculino	46:34	+16:20	04:39
215	510	João Antunes	Crediversos / Bruno Carvalho	Senior Masculino	46:36	+16:22	04:40
216	338	Luciano Silva	Cabritos Saltadores	Senior Masculino	46:36	+16:22	04:40
217	656	CARLOS DANIEL QUINTAS DOS SANTOS	DanAuto Automoveisy	Senior Masculino	46:49	+16:35	04:41
218	2302	Henrique Oliveira Guimaraes	Individual	Senior Masculino	46:52	+16:38	04:41
219	3124	Rui Torres	Individual	Senior Masculino	46:52	+16:38	04:41
220	3495	Tomás Barbosa	NORCANA RUN	Senior Masculino	46:58	+16:44	04:42
221	514	Nuno Silva	Crediversos / Bruno Carvalho	Senior Masculino	46:59	+16:45	04:42
222	1732	Abílio Filipe Martins azevedo	Individual	Senior Masculino	47:00	+16:46	04:42
223	2201	Francisco Castro Oliveira	Individual	Senior Masculino	47:04	+16:50	04:42
224	292	Davide Miranda	BBG RUNNERS BY BBOX&GYM	Senior Masculino	47:06	+16:52	04:43
225	2521	José Ferreira	Individual	Senior Masculino	47:06	+16:52	04:43
226	1895	Bruno Daniel Vidal Machado	Individual	Senior Masculino	47:07	+16:53	04:43
227	2121	Enzo Oliveira Nascimento	Individual	Senior Masculino	47:11	+16:57	04:43
228	2635	Luís Miguel Neto Ferreira	Individual	Senior Masculino	47:13	+16:59	04:43
229	3215	Tiago Monteiro	Individual	Senior Masculino	47:15	+17:01	04:44
230	2386	João Francisco Abreu Lemos	Individual	Senior Masculino	47:21	+17:07	04:44
231	1954	Carlos Gaspar	Individual	Senior Masculino	47:22	+17:08	04:44
232	986	HÉLDER FERREIRA	GYMSTAR	Senior Masculino	47:22	+17:08	04:44
233	2987	Renato pinto	Individual	Senior Masculino	47:24	+17:10	04:44
234	3152	Sérgio Monteiro	Individual	Senior Masculino	47:26	+17:12	04:45
235	2098	Edimar Lima	Individual	Senior Masculino	47:27	+17:13	04:45

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236	3134	SEBASTIAO LOPEZ	Individual	Senior Masculino	47:28	+17:14	04:45
237	1924	Bruno Sousa	Individual	Senior Masculino	47:28	+17:14	04:45
238	1968	Carlos Ribeiro	Individual	Senior Masculino	47:29	+17:15	04:45
239	297	Rui Carvalho	BBG RUNNERS BY BBOX&GYM	Senior Masculino	47:32	+17:18	04:45
240	2048	Diogo Costa	Individual	Senior Masculino	47:35	+17:21	04:46
241	2406	João Moreira	Individual	Senior Masculino	47:36	+17:22	04:46
242	2530	José Luís Valadares Campos	Individual	Senior Masculino	47:42	+17:28	04:46
243	57	Sérgio Peixoto	365 running project	Senior Masculino	47:43	+17:29	04:46
244	2030	David Silva	Individual	Senior Masculino	47:45	+17:31	04:47
245	2056	Diogo Freitas	Individual	Senior Masculino	47:48	+17:34	04:47
246	2631	Luís Meira	Individual	Senior Masculino	47:51	+17:37	04:47
247	3212	Tiago Magalhães	Individual	Senior Masculino	47:55	+17:40	04:48
248	3416	Bruno Silva	MKA	Senior Masculino	47:55	+17:41	04:48
249	2699	Mário Barbosa	Individual	Senior Masculino	47:56	+17:42	04:48
250	2322	Hugo Machado	Individual	Senior Masculino	47:56	+17:42	04:48
251	3363	João Carvalho	Love Biker's By Milho D' Oiroy Race Team	Senior Masculino	48:00	+17:46	04:48
252	2791	Nuno Jorge David galharado	Individual	Senior Masculino	48:01	+17:47	04:48
253	3658	Luís Serra	Siga	Senior Masculino	48:02	+17:48	04:48
254	2271	Guilherme Trindade Pinto	Individual	Senior Masculino	48:10	+17:56	04:49
255	2137	Fábio Guilherme Alves Gomes	Individual	Senior Masculino	48:10	+17:56	04:49
256	2637	Luís Moreira	Individual	Senior Masculino	48:11	+17:57	04:49
257	2041	Diogo Alexandre Gonçalves Machado	Individual	Senior Masculino	48:11	+17:57	04:49
258	7880	Gabriel Filipe Fernandes Silva	Vieira Castro	Senior Masculino	48:15	+18:01	04:50
259	3901	João Nuno Fonseca	Individual	Senior Masculino	48:16	+18:02	04:50
260	2708	Martinho Abreu	Individual	Senior Masculino	48:19	+18:05	04:50
261	10	Pedro Ricardo	Airó Run	Senior Masculino	48:23	+18:09	04:50
262	3591	Paulo Almeida	Portal Racing Team	Senior Masculino	48:24	+18:10	04:50
263	3590	José Pinheiro	Portal Racing Team	Senior Masculino	48:24	+18:10	04:50
264	2049	Diogo da Silva Santos	Individual	Senior Masculino	48:24	+18:10	04:50
265	3243	Vasco Barros	Individual	Senior Masculino	48:26	+18:12	04:51
266	2138	Fábio José Gonçalves Oliveira	Individual	Senior Masculino	48:26	+18:12	04:51
267	2287	Helder Goncalves	Individual	Senior Masculino	48:28	+18:14	04:51
268	2528	José Luís Cunha Rodrigues	Individual	Senior Masculino	48:28	+18:14	04:51
269	3903	Jose Lemos	Individual	Senior Masculino	48:29	+18:15	04:51
270	3227	Tiago Silva	Individual	Senior Masculino	48:29	+18:15	04:51
271	2462	Joel Faria	Individual	Senior Masculino	48:30	+18:16	04:51
272	2316	Hugo Emanuel Ferreira da Silva	Individual	Senior Masculino	48:30	+18:16	04:51
273	2921	Pedro Miguel Moraes da Silva	Individual	Senior Masculino	48:30	+18:16	04:51
274	2679	Marco Correia	Individual	Senior Masculino	48:32	+18:18	04:51
275	3311	Rafael Martins	Kilosmoda - Silva & Barroso	Senior Masculino	48:36	+18:22	04:52
276	387	José Martins	Conquistador	Senior Masculino	48:40	+18:26	04:52
277	2364	João Carlos Simões alves	Individual	Senior Masculino	48:44	+18:30	04:52
278	2435	João Rodrigues	Individual	Senior Masculino	48:46	+18:32	04:53
279	3308	Miguel Barroso	Kilosmoda - Silva & Barroso	Senior Masculino	48:47	+18:33	04:53
280	156	João Manuel Gonçalves Pereira	ALMA CENTRO DE TREINO	Senior Masculino	48:50	+18:36	04:53
281	3980	OSVALDO SILVA	Crediversos	Senior Masculino	48:51	+18:37	04:53

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328	29	André Bessa	247 Culture	Senior Masculino	50:01	+19:47	05:00
329	2638	Luís Oliveira	Individual	Senior Masculino	50:02	+19:48	05:00
330	2481	Jorge Leite	Individual	Senior Masculino	50:02	+19:48	05:00
331	2967	Rafael Martins	Individual	Senior Masculino	50:03	+19:49	05:00
332	3086	Rui Ferreira	Individual	Senior Masculino	50:04	+19:50	05:00
333	873	Rui Sousa	FF STUDIO	Senior Masculino	50:05	+19:51	05:01
334	1997	Cristiano Vilela	Individual	Senior Masculino	50:06	+19:52	05:01
335	2058	Diogo José Marques Silva	Individual	Senior Masculino	50:07	+19:53	05:01
336	2726	Miguel carriço	Individual	Senior Masculino	50:08	+19:54	05:01
337	651	João Costa	Cruise Car Runners	Senior Masculino	50:10	+19:56	05:01
338	1813	André Serafim	Individual	Senior Masculino	50:12	+19:58	05:01
339	1964	Carlos Oliveira	Individual	Senior Masculino	50:15	+20:01	05:02
340	2176	Filipe Marques	Individual	Senior Masculino	50:16	+20:02	05:02
341	2371	JOÃO CRUZ	Individual	Senior Masculino	50:18	+20:04	05:02
342	2933	Pedro Pereira	Individual	Senior Masculino	50:18	+20:04	05:02
343	2318	Hugo Ferreira	Individual	Senior Masculino	50:21	+20:06	05:02
344	2511	José Carlos Oliveira Costa	Individual	Senior Masculino	50:21	+20:07	05:02
345	2232	Gabriel Martins	Individual	Senior Masculino	50:25	+20:11	05:03
346	2889	Pedro Carvalho	Individual	Senior Masculino	50:27	+20:13	05:03
347	590	Simão Peixoto	Crediversos_Adriana	Senior Masculino	50:30	+20:16	05:03
348	2644	Luís Silva e Fontes Fonseca	Individual	Senior Masculino	50:31	+20:17	05:03
349	3230	Tiago Tinoco	Individual	Senior Masculino	50:31	+20:17	05:03
350	2647	Luís Tiago Silva Carvalho	Individual	Senior Masculino	50:31	+20:17	05:03
351	2416	Joao paulo madureira	Individual	Senior Masculino	50:32	+20:18	05:03
352	3468	Henrique Filipe Pereira Alves	MOV3	Senior Masculino	50:34	+20:20	05:03
353	3466	Dine Mazri	MOV3	Senior Masculino	50:34	+20:20	05:03
354	2105	Eduardo Lemos	Individual	Senior Masculino	50:35	+20:21	05:04
355	2068	Diogo Pereira	Individual	Senior Masculino	50:36	+20:22	05:04
356	2366	João Carvalho	Individual	Senior Masculino	50:38	+20:24	05:04
357	2087	Duarte Faria	Individual	Senior Masculino	50:38	+20:24	05:04
358	482	Miguel Afonso Alves de Sousa	Crediversos - Escritório	Senior Masculino	50:39	+20:25	05:04
359	71	Tiago Araújo	A. R. Sequeirô / Destemidos	Senior Masculino	50:40	+20:26	05:04
360	3535	Joao Oliveira	O&C	Senior Masculino	50:41	+20:26	05:04
361	2265	Guilherme Coelho	Individual	Senior Masculino	50:41	+20:27	05:04
362	2905	Pedro Ferreira	Individual	Senior Masculino	50:42	+20:27	05:04
363	2022	Daniel Vieira	Individual	Senior Masculino	50:44	+20:30	05:04
364	1883	Bruno Alexandre Rodrigues Duarte	Individual	Senior Masculino	50:45	+20:31	05:05
365	3528	André Meira	Núcleo Sporting VN Famalicão	Senior Masculino	50:48	+20:34	05:05
366	1897	bruno ferreira	Individual	Senior Masculino	50:49	+20:35	05:05
367	2303	Henrique Sawczuk	Individual	Senior Masculino	50:49	+20:35	05:05
368	1764	Alex Hélder	Individual	Senior Masculino	50:50	+20:36	05:05
369	2721	Miguel Ângelo	Individual	Senior Masculino	50:50	+20:36	05:05
370	3710	Diogo Miguel Santos Oliveira	Team Cedões	Senior Masculino	50:51	+20:37	05:05
371	1996	Cristiano Silva	Individual	Senior Masculino	50:54	+20:40	05:05
372	3711	Rúben Amaro Barbosa Reis	Team Cedões	Senior Masculino	50:55	+20:41	05:06
373	2553	José Nuno Ferreira	Individual	Senior Masculino	50:56	+20:42	05:06

Prova Principal

10 KM



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465	2081	Domingos Alberto Abreu Pereira	Individual	Senior Masculino	53:00	+22:46	05:18
466	2525	José Gabriel Costa Grilo	Individual	Senior Masculino	53:02	+22:48	05:18
467	3038	Ricardo Tavares	Individual	Senior Masculino	53:04	+22:50	05:18
468	3897	Filipe Cerqueira	Individual	Senior Masculino	53:04	+22:50	05:18
469	3684	ALEXANDRE MARQUES	SÓFRITAR RUNNING	Senior Masculino	53:05	+22:50	05:19
470	1963	Carlos O. Carvalho	Individual	Senior Masculino	53:09	+22:55	05:19
471	3245	Vasco Pinto	Individual	Senior Masculino	53:13	+22:59	05:19
472	2813	Nuno Silva	Individual	Senior Masculino	53:14	+22:59	05:19
473	3109	Rui Oliveira	Individual	Senior Masculino	53:14	+23:00	05:19
474	3133	Sandro Gomes	Individual	Senior Masculino	53:14	+23:00	05:19
475	1789	Andre Barbosa	Individual	Senior Masculino	53:15	+23:01	05:20
476	3121	Rui Sousa	Individual	Senior Masculino	53:15	+23:01	05:20
477	1932	Carlos Alves	Individual	Senior Masculino	53:15	+23:01	05:20
478	2045	Diogo Araújo	Individual	Senior Masculino	53:18	+23:04	05:20
479	1027	Luis Pereira	Happy Feet InMove	Senior Masculino	53:21	+23:07	05:20
480	3207	Tiago Helena	Individual	Senior Masculino	53:22	+23:08	05:20
481	2970	Rafael Pimenta	Individual	Senior Masculino	53:23	+23:09	05:20
482	2543	Jose Miguel Oliveira Machado	Individual	Senior Masculino	53:24	+23:10	05:20
483	426	Luis Carlos Fernandes Salgado	Crediversos - Célia	Senior Masculino	53:25	+23:11	05:21
484	2620	Luis Filipe Fernandes Pereira Rodrigues	Individual	Senior Masculino	53:26	+23:12	05:21
485	3252	Vitor Daniel Ribeiro Costa	Individual	Senior Masculino	53:26	+23:12	05:21
486	2817	Nuno Vilas Boas	Individual	Senior Masculino	53:27	+23:13	05:21
487	425	Bruno Filipe Machado Fernandes	Crediversos - Célia	Senior Masculino	53:30	+23:16	05:21
488	3485	Daniel Pereira	Na hora da colheita	Senior Masculino	53:30	+23:16	05:21
489	3042	Roberto Carlos	Individual	Senior Masculino	53:33	+23:19	05:21
490	507	Diogo Miranda	Crediversos / Bruno Carvalho	Senior Masculino	53:34	+23:19	05:21
491	2529	José Luís Fernandes Ferreira	Individual	Senior Masculino	53:35	+23:21	05:22
492	2552	José Nunes	Individual	Senior Masculino	53:35	+23:21	05:22
493	2150	Fernando José Pereira Araújo	Individual	Senior Masculino	53:36	+23:22	05:22
494	3112	Rui Oliveira	Individual	Senior Masculino	53:38	+23:24	05:22
495	293	Eduardo Silva	BBG RUNNERS BY BBOX&GYM	Senior Masculino	53:38	+23:24	05:22
496	2113	Emanuel Assis Salgado Pereira	Individual	Senior Masculino	53:40	+23:26	05:22
497	2849	Paulo Jorge Ribeiro Fernandes	Individual	Senior Masculino	53:40	+23:26	05:22
498	469	Guilherme Jose Seabra da Silveira	Crediversos - Escritório	Senior Masculino	53:41	+23:27	05:22
499	3017	Ricardo Jorge Matias Silva Martins	Individual	Senior Masculino	53:45	+23:31	05:23
500	3089	Rui Filipe Sengo e Silva	Individual	Senior Masculino	53:47	+23:33	05:23
501	1791	André Brites	Individual	Senior Masculino	53:50	+23:36	05:23
502	3654	Cândido Silva	SANDE WISH	Senior Masculino	53:51	+23:37	05:23
503	2948	Pedro Silva	Individual	Senior Masculino	53:53	+23:39	05:23
504	2195	Francisco André Costa Salgado	Individual	Senior Masculino	53:54	+23:40	05:23
505	388	José Miguel de Sousa Martins	Conquistador	Senior Masculino	53:55	+23:40	05:24
506	1803	Andre Joao Forte Rafael	Individual	Senior Masculino	53:56	+23:42	05:24
507	1852	António Ricardo Pereira Cunha	Individual	Senior Masculino	53:58	+23:44	05:24
508	3885	Pedro Pinto	AMVE	Senior Masculino	53:59	+23:45	05:24
509	1765	Alexandre Alves	Individual	Senior Masculino	54:00	+23:46	05:24
510	1962	Carlos Miranda	Individual	Senior Masculino	54:02	+23:48	05:24

Prova Principal

10 KM

OFFICIAL RESULT



557	3011	Ricardo Filipe Martins Sousa	Individual	Senior Masculino	55:05	+24:51	05:31
558	3886	Tiago Oliveira	AMVE	Senior Masculino	55:06	+24:52	05:31
559	2038	DIEGO TOMAZ	Individual	Senior Masculino	55:06	+24:52	05:31
560	3936	Iuri Geres Pereira	Individual	Senior Masculino	55:10	+24:56	05:31
561	3029	Ricardo Reis	Individual	Senior Masculino	55:11	+24:57	05:31
562	2128	Fábio André Soares da Silva Silva	Individual	Senior Masculino	55:17	+25:03	05:32
563	2065	Diogo Moreira Silva	Individual	Senior Masculino	55:17	+25:03	05:32
564	1787	André Azevedo	Individual	Senior Masculino	55:18	+25:04	05:32
565	3130	Samuel Gil	Individual	Senior Masculino	55:19	+25:05	05:32
566	2103	Eduardo Costa	Individual	Senior Masculino	55:19	+25:05	05:32
567	2881	Paulo Teixeira	Individual	Senior Masculino	55:19	+25:05	05:32
568	2204	Francisco de Almeida Oliveira	Individual	Senior Masculino	55:23	+25:09	05:32
569	3061	Ruben Carvalho	Individual	Senior Masculino	55:24	+25:10	05:32
570	3076	RUI CARNEIRO	Individual	Senior Masculino	55:24	+25:10	05:32
571	2002	Daniel Alfredo Leal da Silva	Individual	Senior Masculino	55:24	+25:10	05:32
572	3607	Luís Félix	Promessas do Atletismo	Senior Masculino	55:25	+25:11	05:33
573	2448	João Vilas Boas	Individual	Senior Masculino	55:25	+25:11	05:33
574	1736	Adão Viana Pinto	Individual	Senior Masculino	55:25	+25:11	05:33
575	2739	Miguel Moreira	Individual	Senior Masculino	55:26	+25:12	05:33
576	1008	Tiago Mesquita	GYMSTAR	Senior Masculino	55:27	+25:13	05:33
577	3603	Adriano Ribeiro	Power Rangers	Senior Masculino	55:32	+25:18	05:33
578	2310	Hugo Carlos	Individual	Senior Masculino	55:33	+25:19	05:33
579	591	Vitor Caetano Fontes	Crediversos_Adriana	Senior Masculino	55:35	+25:21	05:34
580	3102	Rui Manuel David galhardo	Individual	Senior Masculino	55:37	+25:23	05:34
581	722	LUIS CARLOS FERNANDES MOREIRA	ENIF	Senior Masculino	55:39	+25:25	05:34
582	3165	Severino José Araújo Craveiro	Individual	Senior Masculino	55:39	+25:25	05:34
583	1913	Bruno Miranda	Individual	Senior Masculino	55:39	+25:25	05:34
584	207	Diogo Costa	ARC Vale S. Cosme	Senior Masculino	55:39	+25:25	05:34
585	1817	André Silva	Individual	Senior Masculino	55:40	+25:26	05:34
586	3144	Sérgio Ferreira	Individual	Senior Masculino	55:40	+25:26	05:34
587	3234	Tomas Gomes	Individual	Senior Masculino	55:40	+25:26	05:34
588	1972	Carlos Viana	Individual	Senior Masculino	55:43	+25:29	05:34
589	2311	Hugo Choupina	Individual	Senior Masculino	55:46	+25:32	05:35
590	2012	Daniel Oliveira	Individual	Senior Masculino	55:48	+25:34	05:35
591	1846	Antonio Luís Machado	Individual	Senior Masculino	55:49	+25:35	05:35
592	389	Nuno Mendes	Conquistador	Senior Masculino	55:49	+25:35	05:35
593	2445	João Teixeira	Individual	Senior Masculino	55:50	+25:36	05:35
594	2510	José Carlos Oliveira	Individual	Senior Masculino	55:51	+25:37	05:35
595	1929	Caio Navio	Individual	Senior Masculino	55:52	+25:38	05:35
596	427	Luis Filipe Araujo Lobo	Crediversos - Célia	Senior Masculino	55:52	+25:38	05:35
597	185	Nuno Fernando Gonçalves Peixoto	AMITORRE	Senior Masculino	55:55	+25:41	05:36
598	3696	Afonso Sousa	Sousa's	Senior Masculino	55:55	+25:41	05:36
599	3425	Diogo Ferreira	MOELAS TEAM	Senior Masculino	55:56	+25:42	05:36
600	2730	Miguel Duarte	Individual	Senior Masculino	55:57	+25:43	05:36
601	2745	Miguel Pinheiro	Individual	Senior Masculino	55:57	+25:43	05:36
602	3288	Carlos Martins	IT RUNNERS	Senior Masculino	55:58	+25:44	05:36

Prova Principal

10 KM



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1016	463	Bruno Miguel Carvalho dos Santos	Crediversos - Escritório	Senior Masculino	01:06:35	+36:21	06:40
1017	311	Hugo Cortinhas	Body Performance	Senior Masculino	01:06:37	+36:23	06:40
1018	3491	Pedro Torres	Na hora da colheita	Senior Masculino	01:06:45	+36:31	06:41
1019	2184	Filipe Ribeiro	Individual	Senior Masculino	01:06:48	+36:34	06:41
1020	2261	Gonçalo Silva e Sá	Individual	Senior Masculino	01:06:49	+36:35	06:41
1021	1850	António Pedro Miranda	Individual	Senior Masculino	01:06:52	+36:38	06:41
1022	3241	Vasco Andrade	Individual	Senior Masculino	01:06:54	+36:40	06:41
1023	2432	João Pinto	Individual	Senior Masculino	01:06:58	+36:44	06:42
1024	2140	Fábio Vilaça	Individual	Senior Masculino	01:07:00	+36:46	06:42
1025	1915	Bruno Oliveira	Individual	Senior Masculino	01:07:02	+36:48	06:42
1026	3720	Nelson Lopes	Team El Comandante	Senior Masculino	01:07:03	+36:48	06:42
1027	2067	Diogo Oliveira	Individual	Senior Masculino	01:07:03	+36:49	06:42
1028	3719	Leandro Gonçalves	Team El Comandante	Senior Masculino	01:07:04	+36:49	06:42
1029	3296	RENATO VIEIRA	JOANINHA	Senior Masculino	01:07:04	+36:50	06:42
1030	2418	João Pedro	Individual	Senior Masculino	01:07:05	+36:51	06:43
1031	1905	Bruno Lobo Costa	Individual	Senior Masculino	01:07:05	+36:51	06:43
1032	2096	Edgar José Ribeiro Simões	Individual	Senior Masculino	01:07:06	+36:52	06:43
1033	1826	Angelo Filipe Poleri de Araújo	Individual	Senior Masculino	01:07:08	+36:54	06:43
1034	509	Hugo Alves	Crediversos / Bruno Carvalho	Senior Masculino	01:07:08	+36:54	06:43
1035	2383	João Ferreira	Individual	Senior Masculino	01:07:08	+36:54	06:43
1036	2062	Diogo Manuel Rodrigues Duarte	Individual	Senior Masculino	01:07:10	+36:56	06:43
1037	2696	Marco Simao Costa Carvalho	Individual	Senior Masculino	01:07:11	+36:57	06:43
1038	458	Alexandre Marques Costa	Crediversos - Escritório	Senior Masculino	01:07:12	+36:58	06:43
1039	3367	Cassiano Costa	Malandros Family	Senior Masculino	01:07:12	+36:58	06:43
1040	2602	Ludgero Miguel Simões	Individual	Senior Masculino	01:07:14	+37:00	06:43
1041	1866	Artur linhares	Individual	Senior Masculino	01:07:16	+37:02	06:44
1042	2808	Nuno Rodrigues	Individual	Senior Masculino	01:07:16	+37:02	06:44
1043	2618	Luis Filipe Antunes	Individual	Senior Masculino	01:07:17	+37:03	06:44
1044	2372	João Cunha	Individual	Senior Masculino	01:07:18	+37:04	06:44
1045	788	Ricardo Marinho	FAMA MINDS	Senior Masculino	01:07:27	+37:13	06:45
1046	3280	Xavier Marques	Individual	Senior Masculino	01:07:28	+37:14	06:45
1047	2746	Miguel Rodrigues	Individual	Senior Masculino	01:07:29	+37:15	06:45
1048	2760	Nelson Ferreira	Individual	Senior Masculino	01:07:29	+37:15	06:45
1049	3270	Vitor Pereira	Individual	Senior Masculino	01:07:29	+37:15	06:45
1050	2091	Duarte Pinto	Individual	Senior Masculino	01:07:30	+37:16	06:45
1051	1853	António Sampaio	Individual	Senior Masculino	01:07:30	+37:16	06:45
1052	3271	Vitor Pinto	Individual	Senior Masculino	01:07:30	+37:16	06:45
1053	2850	Paulo Jorge Ribeiro Mesquita Guimarães	Individual	Senior Masculino	01:07:37	+37:23	06:46
1054	2557	José Pedro Alves Guimarães	Individual	Senior Masculino	01:07:38	+37:24	06:46
1055	3678	Paulo Vieira	Snail Team	Senior Masculino	01:07:47	+37:33	06:47
1056	3221	Tiago Pereira	Individual	Senior Masculino	01:07:57	+37:43	06:48
1057	3187	Tiago Coelho	Individual	Senior Masculino	01:08:02	+37:48	06:48
1058	3060	Rúben Azevedo	Individual	Senior Masculino	01:08:06	+37:52	06:49
1059	2078	Diogo Viana	Individual	Senior Masculino	01:08:06	+37:52	06:49
1060	2175	Filipe Manuel Ferreira da Costa	Individual	Senior Masculino	01:08:08	+37:54	06:49

Prova Principal

10 KM

OFFICIAL RESULT

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1061	231	Alexandre Cunha	Associação Figueiredos Runners & Friends	Senior Masculino	01:08:09	+37:55	06:49
1062	3686	CRISTIANO SILVA	SÓFRITAR RUNNING	Senior Masculino	01:08:17	+38:03	06:50
1063	2139	Fabio Rubin	Individual	Senior Masculino	01:08:18	+38:03	06:50
1064	2059	Diogo José Mota Ferreira	Individual	Senior Masculino	01:08:20	+38:06	06:50
1065	3433	Miguel Ribeiro	Mosqueteiros Team	Senior Masculino	01:08:22	+38:08	06:50
1066	3769	Miguel Pinto	Velozes e ferozes	Senior Masculino	01:08:27	+38:13	06:51
1067	3770	Rafael Santos	Velozes e ferozes	Senior Masculino	01:08:27	+38:13	06:51
1068	2219	Francisco Pereira	Individual	Senior Masculino	01:08:28	+38:14	06:51
1069	232	João Caldas	Associação Figueiredos Runners & Friends	Senior Masculino	01:08:29	+38:15	06:51
1070	218	Pedro Ribeiro	ARC Vale S. Cosme	Senior Masculino	01:08:36	+38:22	06:52
1071	1811	André Pinto	Individual	Senior Masculino	01:08:39	+38:25	06:52
1072	2799	Nuno Miguel Pereira Barbosa	Individual	Senior Masculino	01:08:41	+38:27	06:52
1073	3470	João Oliveira	MOV3	Senior Masculino	01:08:41	+38:27	06:52
1074	2112	Eduardo Silva	Individual	Senior Masculino	01:08:41	+38:27	06:52
1075	3471	Jorge Cunha	MOV3	Senior Masculino	01:08:41	+38:27	06:52
1076	461	Bruno Joel Costa Mendes	Crediversos - Escritório	Senior Masculino	01:08:43	+38:28	06:52
1077	493	Ricardo Fernandes de Sousa	Crediversos - Escritório	Senior Masculino	01:08:43	+38:29	06:52
1078	3360	Ankush Sirsath	Lontras de Mourilhão	Senior Masculino	01:08:51	+38:37	06:53
1079	2276	Gustavo Salgado	Individual	Senior Masculino	01:09:03	+38:49	06:54
1080	2958	PETERSON BRUNO DA SILVA DE JESUS	Individual	Senior Masculino	01:09:10	+38:56	06:55
1081	2963	Rafael de Sousa Coelho	Individual	Senior Masculino	01:09:12	+38:58	06:55
1082	3550	Miguel Guimarães	One More	Senior Masculino	01:09:15	+39:01	06:56
1083	411	Frederico Porfirio Rocha de Carvalho	Crediversos	Senior Masculino	01:09:17	+39:03	06:56
1084	2476	Jorge Faria	Individual	Senior Masculino	01:09:17	+39:03	06:56
1085	418	Raul Filipe Ferreira Abreu	Crediversos	Senior Masculino	01:09:17	+39:03	06:56
1086	3547	João Reis	One More	Senior Masculino	01:09:17	+39:03	06:56
1087	410	Daniel Alexandre Costa	Crediversos	Senior Masculino	01:09:18	+39:04	06:56
1088	408	António Joaquim da Silva Guimarães Martins	Crediversos	Senior Masculino	01:09:19	+39:05	06:56
1089	409	António Miguel Silva Fernandes	Crediversos	Senior Masculino	01:09:19	+39:05	06:56
1090	182	Carlos Daniel Arantes da Silva	AMITORRE	Senior Masculino	01:09:19	+39:05	06:56
1091	348	João Lopes	Caracóis a Jato	Senior Masculino	01:09:23	+39:09	06:56
1092	2300	Henrique Daniel Oliveira Lopes	Individual	Senior Masculino	01:09:29	+39:15	06:57
1093	1936	Carlos Barros	Individual	Senior Masculino	01:09:30	+39:16	06:57
1094	2949	Pedro Simao Leitão Moreira	Individual	Senior Masculino	01:09:31	+39:17	06:57
1095	1960	Carlos Manuel Marques Ferreira	Individual	Senior Masculino	01:09:36	+39:22	06:58
1096	3486	Dinis Oliveira	Na hora da colheita	Senior Masculino	01:09:38	+39:24	06:58
1097	881	Cláudio Francisco	Fora da Curva	Senior Masculino	01:09:39	+39:25	06:58
1098	2404	João miguel Simões da costa	Individual	Senior Masculino	01:09:40	+39:25	06:58
1099	2434	João Ricardo Fernandes Serra	Individual	Senior Masculino	01:09:41	+39:27	06:58
1100	3691	LEONEL COSTA	SÓFRITAR RUNNING	Senior Masculino	01:09:41	+39:27	06:58
1101	3689	JOÃO VALE	SÓFRITAR RUNNING	Senior Masculino	01:09:42	+39:28	06:58
1102	2609	Luis Costa	Individual	Senior Masculino	01:09:43	+39:29	06:58
1103	988	HENRIQUE MORÃES	GYMSTAR	Senior Masculino	01:09:45	+39:31	06:59
1104	3129	Samuel Fernando Celestino Araújo	Individual	Senior Masculino	01:09:47	+39:33	06:59

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1150	3549	Luís Carvalho	One More	Senior Masculino	01:12:24	+42:10	07:14
1151	2347	João Andrade	Individual	Senior Masculino	01:12:27	+42:13	07:15
1152	1028	PEDRO MIGUEL RIBEIRO PEREIRA	Happy Feet InMove	Senior Masculino	01:12:35	+42:21	07:16
1153	478	Luis Pedro Rocha Rodrigues	Crediversos - Escritório	Senior Masculino	01:12:49	+42:35	07:17
1154	2710	Martinho Silva	Individual	Senior Masculino	01:13:03	+42:49	07:18
1155	2946	Pedro Silva	Individual	Senior Masculino	01:13:04	+42:50	07:18
1156	2010	Daniel Marques	Individual	Senior Masculino	01:13:08	+42:54	07:19
1157	631	João Gonçalo Pinheiro Azevedo	Crediversos_Marlene	Senior Masculino	01:13:13	+42:59	07:19
1158	539	Rafael Silva	Crediversos_Angela	Senior Masculino	01:13:18	+43:04	07:20
1159	3266	Vítor Oliveira	Individual	Senior Masculino	01:13:18	+43:04	07:20
1160	2320	Hugo José Campos Martins	Individual	Senior Masculino	01:13:19	+43:05	07:20
1161	972	André Azevedo	GYMSTAR	Senior Masculino	01:13:29	+43:15	07:21
1162	632	João Lucas Veiga Ribeiro	Crediversos_Marlene	Senior Masculino	01:13:33	+43:19	07:21
1163	983	Fábio Ramos	GYMSTAR	Senior Masculino	01:13:35	+43:20	07:22
1164	999	Nelson Silva	GYMSTAR	Senior Masculino	01:13:35	+43:21	07:22
1165	3688	GUILHERME COUTO	SÓFRITAR RUNNING	Senior Masculino	01:13:38	+43:24	07:22
1166	2052	Diogo Filipe Gondar da Silva	Individual	Senior Masculino	01:13:43	+43:29	07:22
1167	3525	Pedro Gomes	Núcleo de Atletismo das Taipas	Senior Masculino	01:13:50	+43:36	07:23
1168	2982	Renato Jacobs	Individual	Senior Masculino	01:14:08	+43:53	07:25
1169	3389	Erik Gabriel Carvalho Lustosa	Mavericks	Senior Masculino	01:14:12	+43:58	07:25
1170	987	HÉLDER SANTOS	GYMSTAR	Senior Masculino	01:14:16	+44:02	07:26
1171	930	Lourenço Gonçalves	GEMBA GAZELLES	Senior Masculino	01:14:23	+44:09	07:26
1172	990	João Jordão	GYMSTAR	Senior Masculino	01:14:37	+44:23	07:28
1173	3665	Adrien Silva	SKILLS ESPOSENDE	Senior Masculino	01:14:39	+44:25	07:28
1174	3670	Nuno Carvalho	SKILLS ESPOSENDE	Senior Masculino	01:14:39	+44:25	07:28
1175	3501	Rui Pedro Barbosa da Costa	Not Process Related	Senior Masculino	01:14:51	+44:37	07:29
1176	3561	Mario Rui da Cruz Martins	Os barriguinhas	Senior Masculino	01:14:52	+44:38	07:29
1177	3562	Pedro Ricardo de Sá Nogueira	Os barriguinhas	Senior Masculino	01:14:52	+44:38	07:29
1178	2438	João Seixas	Individual	Senior Masculino	01:15:22	+45:08	07:32
1179	2403	João Miguel Pinho Silva	Individual	Senior Masculino	01:15:27	+45:13	07:33
1180	2066	Diogo Neves	Individual	Senior Masculino	01:15:27	+45:13	07:33
1181	989	Hugo Silva	GYMSTAR	Senior Masculino	01:15:41	+45:27	07:34
1182	2504	José Azevedo	Individual	Senior Masculino	01:15:41	+45:27	07:34
1183	3035	Ricardo Silva	Individual	Senior Masculino	01:15:45	+45:31	07:35
1184	3915	DULCE LOPES	PO NA LAMA	Senior Masculino	01:15:57	+45:43	07:36
1185	2753	Mika Gatuz	Individual	Senior Masculino	01:15:57	+45:43	07:36
1186	3551	Vitor Novais	One More	Senior Masculino	01:16:00	+45:46	07:36
1187	3417	Bruno Sousa	MKA	Senior Masculino	01:16:05	+45:51	07:37
1188	2564	José Pereira	Individual	Senior Masculino	01:16:26	+46:12	07:39
1189	3472	Nuno Couto	MOV3	Senior Masculino	01:16:31	+46:17	07:39
1190	2345	João Afonso Catarino Da Vinha	Individual	Senior Masculino	01:16:47	+46:33	07:41
1191	2561	José Pedro Lamego	Individual	Senior Masculino	01:16:48	+46:34	07:41
1192	2544	José Miguel Ribeiro Ferreira	Individual	Senior Masculino	01:17:03	+46:49	07:42
1193	3432	Luís Freitas	Mosqueteiros Team	Senior Masculino	01:17:04	+46:50	07:42
1194	1943	Carlos Correia	Individual	Senior Masculino	01:17:06	+46:52	07:43
1195	2446	João Tiago Magalhães Gomes Ribeiro	Individual	Senior Masculino	01:17:07	+46:53	07:43

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103 1715 Valterina rego Individual Veterana F40 01:31:09 +01:00:55 09:07

Veterana F45

1	740	Micaela Martins	ESCOLA ATLETISMO ROSA OLIVEIRA	Veterana F45	45:09	+14:55	04:31
2	1176	Andreia Sofia Silva Conceição	Individual	Veterana F45	48:07	+17:53	04:49
3	3952	Carla Faria	CREIVERSOS..000	Veterana F45	48:36	+18:22	04:52
4	16	Tania Covas Costa	. COM-Clube Ori Minho	Veterana F45	49:01	+18:47	04:54
5	909	Maria Magalhães	Gavionas	Veterana F45	49:24	+19:10	04:56
6	1694	Susana Fernande	Individual	Veterana F45	50:19	+20:05	05:02
7	961	ANDREIA COSTA	GYMSTAR	Veterana F45	50:26	+20:12	05:03
8	187	Márcia Conceição	APGSL	Veterana F45	50:51	+20:36	05:05
9	1476	Liliana Soares	Individual	Veterana F45	50:54	+20:40	05:05
10	738	Anabela Silva	ESCOLA ATLETISMO ROSA OLIVEIRA	Veterana F45	51:35	+21:21	05:10
11	824	Vera Mónica Ribeiro Gonçalves	Famalicão em Forma	Veterana F45	52:19	+22:05	05:14
12	1494	Manuela Maia	Individual	Veterana F45	53:12	+22:58	05:19
13	1290	Claudia Marques	Individual	Veterana F45	53:35	+23:21	05:22
14	3300	Mara Sampaio	Kilosmoda - Silva & Barroso	Veterana F45	53:48	+23:34	05:23
15	278	Joana Morais e Silva	Barsemlona	Veterana F45	54:12	+23:58	05:25
16	3320	Partrícia Freitas	LARANJINHAS BIBA MAIS	Veterana F45	56:03	+25:49	05:36
17	1208	Bernardete Pereira	Individual	Veterana F45	56:08	+25:54	05:37
18	3409	CRISTINA COSTA	MKA	Veterana F45	56:10	+25:56	05:37
19	1714	Trícia Santana	Individual	Veterana F45	56:11	+25:56	05:37
20	619	Natália Cunha Silva Faria	Crediversos_Marlene	Veterana F45	56:14	+26:00	05:37
21	3507	Maria José Lima	Núcleo de Atletismo das Taipas	Veterana F45	56:56	+26:42	05:42
22	3286	Filomena Salazar	Isabelinhas	Veterana F45	57:12	+26:58	05:43
23	741	Renata Barros	ESCOLA ATLETISMO ROSA OLIVEIRA	Veterana F45	57:34	+27:20	05:45
24	133	Maria Bernardete Ribeiro	Alfa Estúdio Nine	Veterana F45	57:46	+27:32	05:47
25	551	Diana Moura	Crediversos_Adriana	Veterana F45	58:12	+27:58	05:49
26	3438	Maria Pereira	Mouquim	Veterana F45	58:19	+28:05	05:50
27	1566	Marisa Azevedo	Individual	Veterana F45	58:20	+28:06	05:50
28	114	Alexandra Carvalho	Alexandra Carvalho Team	Veterana F45	58:34	+28:20	05:51
29	1647	Sandra Maria Maravalhas da Silva	Individual	Veterana F45	59:01	+28:47	05:54
30	676	Adelaide Ferreira	Dragon club	Veterana F45	59:30	+29:16	05:57
31	820	Elsa Maria Gomes Costa	Famalicão em Forma	Veterana F45	59:40	+29:26	05:58
32	1668	Silvia Grainha	Individual	Veterana F45	59:42	+29:27	05:58
33	1018	Patrícia Ferreira	Happy Feet InMove	Veterana F45	59:50	+29:36	05:59
34	1690	Sónia Moreira	Individual	Veterana F45	01:00:21	+30:07	06:02
35	1671	Sílvia Oliveira	Individual	Veterana F45	01:00:25	+30:11	06:03
36	1650	Sara Alexandra Rodrigues Araújo Barbosa	Individual	Veterana F45	01:00:42	+30:28	06:04
37	1155	ANA SA	Individual	Veterana F45	01:01:03	+30:49	06:06
38	3402	Josefa Oliveira	MINHO AVENTURA	Veterana F45	01:01:07	+30:53	06:07

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39	3946	Ana Carneiro	CREDIVERSOS..000	Veterana F45	01:01:08	+30:54	06:07
40	3949	Marlene Barbosa	CREDIVERSOS..000	Veterana F45	01:01:11	+30:57	06:07
41	1171	Andreia Castro	Individual	Veterana F45	01:01:13	+30:59	06:07
42	1670	Silvia Oliveira	Individual	Veterana F45	01:01:44	+31:30	06:10
43	1389	Gabriela Cardoso	Individual	Veterana F45	01:01:53	+31:39	06:11
44	1563	Marina Martins	Individual	Veterana F45	01:01:56	+31:42	06:12
45	3297	Teresa Carneiro	Jorge Araujo	Veterana F45	01:01:57	+31:43	06:12
46	3621	Julieta Regufe	Regufe	Veterana F45	01:02:14	+31:59	06:13
47	1702	Tânia Lima	Individual	Veterana F45	01:02:14	+32:00	06:13
48	679	Fátima Rocha	Dragon club	Veterana F45	01:03:19	+33:05	06:20
49	874	Catarina Santos	Fit Friends	Veterana F45	01:03:21	+33:06	06:20
50	1044	Carla Pacheco	ÍMPAR RUNNING TEAM	Veterana F45	01:03:24	+33:09	06:20
51	677	Ana Ferreira	Dragon club	Veterana F45	01:03:24	+33:10	06:20
52	3923	Sonia Carvalho	Individual	Veterana F45	01:03:43	+33:29	06:22
53	1036	Sandra Silva	Humildes Corredores	Veterana F45	01:04:01	+33:47	06:24
54	1034	Adélia Costa	Humildes Corredores	Veterana F45	01:04:12	+33:58	06:25
55	3878	Marta Carvalho	AMVE	Veterana F45	01:04:48	+34:34	06:29
56	3874	Anabela Martins	AMVE	Veterana F45	01:04:50	+34:36	06:29
57	860	Paula Francisca Couto Rodrigues	Familia Salgado	Veterana F45	01:04:51	+34:37	06:29
58	178	Sandra Manuela da Silva Marques	AMITORRE	Veterana F45	01:04:54	+34:40	06:29
59	1418	Ivone Cristina da Costa Ferreira	Individual	Veterana F45	01:05:15	+35:01	06:32
60	1094	Alexandra Oliveira	Individual	Veterana F45	01:05:23	+35:09	06:32
61	910	Susana Forte	Gavionas	Veterana F45	01:05:25	+35:11	06:33
62	1652	Sara Costa	Individual	Veterana F45	01:05:25	+35:11	06:33
63	821	Isbael Jesus Barbosa Sá e Castro	Famalicão em Forma	Veterana F45	01:05:34	+35:20	06:33
64	1013	Ana Dias	Happy Feet InMove	Veterana F45	01:05:38	+35:24	06:34
65	826	Zélia ConceiçãoOliveira Cardoso	Famalicão em Forma	Veterana F45	01:05:47	+35:33	06:35
66	1394	Graça Vilaça	Individual	Veterana F45	01:05:52	+35:38	06:35
67	1484	Luisa Maria Barbosa Martins	Individual	Veterana F45	01:05:53	+35:39	06:35
68	1645	Sandra Manuela Costa Oliveira	Individual	Veterana F45	01:05:54	+35:40	06:35
69	3862	Carla guimarães	WALKLIFE by Gondi	Veterana F45	01:06:42	+36:28	06:40
70	1524	Maria Helena Salgado	Individual	Veterana F45	01:07:09	+36:55	06:43
71	3940	Sonia Maria Magalhães	Individual	Veterana F45	01:07:12	+36:58	06:43
72	1539	Maria Ribeiro	Individual	Veterana F45	01:07:13	+36:59	06:43
73	1328	Diana Barata	Individual	Veterana F45	01:07:13	+36:59	06:43
74	3410	Janete Correia	MKA	Veterana F45	01:07:46	+37:32	06:47
75	1302	Cristina Antunes	Individual	Veterana F45	01:08:05	+37:51	06:49
76	1366	Fatima Pinho	Individual	Veterana F45	01:08:18	+38:04	06:50
77	1021	Susana Mendes	Happy Feet InMove	Veterana F45	01:08:24	+38:10	06:50
78	527	Teresa Rodrigues	Crediversos_ Angela	Veterana F45	01:08:27	+38:13	06:51
79	457	Teresa Isabel Costa Silva	Crediversos - Escritório	Veterana F45	01:08:39	+38:25	06:52
80	1186	Aurora Melo	Individual	Veterana F45	01:08:40	+38:26	06:52
81	3318	Marta Ribeiro	LARANJINHAS BIBA MAIS	Veterana F45	01:08:55	+38:41	06:54
82	3789	Elisabete Maria Morais Azevedo Sousa	Vieira Castro	Veterana F45	01:09:20	+39:06	06:56
83	1356	Emília de Lurdes da Costa Barbosa	Individual	Veterana F45	01:09:36	+39:22	06:58
84	1493	Magda Sequeira	Individual	Veterana F45	01:10:02	+39:48	07:00

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176	3430	Helder Silva	Mosqueteiros Team	Veterano M40	57:29	+27:15	05:45
177	1909	Bruno Miguel Ferreira de Sousa	Individual	Veterano M40	57:47	+27:33	05:47
178	1778	Álvaro Pinto	Individual	Veterano M40	57:53	+27:39	05:47
179	1873	Augusto Ribeiro	Individual	Veterano M40	58:06	+27:52	05:49
180	2148	Fernando Jorge Guimaraes Araujo	Individual	Veterano M40	58:09	+27:55	05:49
181	3756	Hugo Matos	Trailamente	Veterano M40	58:33	+28:19	05:51
182	843	Luis Felipe Simões Costa Lima	Famalicão em Forma	Veterano M40	58:39	+28:25	05:52
183	2470	Jorge Castro	Individual	Veterano M40	58:45	+28:31	05:53
184	2282	Helder Coutinho	Individual	Veterano M40	59:01	+28:47	05:54
185	3676	Helder Ramos	Snail Team	Veterano M40	59:09	+28:55	05:55
186	281	Leonel Monteiro	Batata aos molhos	Veterano M40	59:10	+28:56	05:55
187	2124	Eurico Oliveira	Individual	Veterano M40	59:10	+28:56	05:55
188	3866	Eduardo Gonçalves	Wind	Veterano M40	59:12	+28:58	05:55
189	3136	Serginho Simões	Individual	Veterano M40	59:35	+29:21	05:58
190	511	Luis Marques	Crediversos / Bruno Carvalho	Veterano M40	59:36	+29:22	05:58
191	1772	Alexandre Silva	Individual	Veterano M40	59:38	+29:24	05:58
192	1940	Carlos Carriço	Individual	Veterano M40	59:43	+29:29	05:58
193	3191	Tiago Cunha	Individual	Veterano M40	59:50	+29:36	05:59
194	800	Nuno Lima	FAMA RUNNERS	Veterano M40	59:57	+29:43	06:00
195	1756	Alberto Ferreira	Individual	Veterano M40	01:00:04	+29:50	06:00
196	2411	João Paulo Afonso Freitas	Individual	Veterano M40	01:00:05	+29:51	06:01
197	2931	Pedro Pereira	Individual	Veterano M40	01:00:05	+29:51	06:01
198	2794	Nuno Manuel Rodrigues Moreira	Individual	Veterano M40	01:00:34	+30:20	06:03
199	2703	Mário Rodrigues	Individual	Veterano M40	01:00:35	+30:21	06:04
200	3154	Sérgio Nogueira	Individual	Veterano M40	01:00:39	+30:25	06:04
201	1785	andré Araujo	Individual	Veterano M40	01:00:39	+30:25	06:04
202	3623	José Castro	Repandrefresh	Veterano M40	01:00:54	+30:40	06:05
203	2765	Nelson Moura	Individual	Veterano M40	01:00:56	+30:42	06:06
204	2914	Pedro Manuel Pinto Ribeiro	Individual	Veterano M40	01:00:57	+30:43	06:06
205	471	Hugo Correia Machado	Crediversos - Escritório	Veterano M40	01:01:06	+30:52	06:07
206	2640	LUIS SA	Individual	Veterano M40	01:01:09	+30:55	06:07
207	1078	Renato Marques	ÍMPAR RUNNING TEAM	Veterano M40	01:01:11	+30:57	06:07
208	3950	João Oliveira Machado	CREIVERSOS..000	Veterano M40	01:01:12	+30:58	06:07
209	2413	João Paulo Azevedo	Individual	Veterano M40	01:01:12	+30:58	06:07
210	2027	David Filipe Oliveira Silva	Individual	Veterano M40	01:01:17	+31:03	06:08
211	2223	Francisco Soares	Individual	Veterano M40	01:01:17	+31:03	06:08
212	2472	Jorge Costa	Individual	Veterano M40	01:01:40	+31:26	06:10
213	2834	Paulo Carvalho	Individual	Veterano M40	01:01:53	+31:39	06:11
214	2556	José Paiva	Individual	Veterano M40	01:01:54	+31:39	06:11
215	2229	Frederico Magalhães	Individual	Veterano M40	01:02:00	+31:46	06:12
216	1951	Carlos Ferreira	Individual	Veterano M40	01:02:08	+31:54	06:13
217	2766	Nelson oliveira	Individual	Veterano M40	01:02:16	+32:02	06:14
218	3026	Ricardo Nuno Cruz Ribeiro	Individual	Veterano M40	01:02:17	+32:03	06:14
219	3487	Hugo Machado	Na hora da colheita	Veterano M40	01:02:26	+32:12	06:15
220	3050	Rogério Cunha	Individual	Veterano M40	01:02:29	+32:15	06:15
221	801	Nuno Oliveira	FAMA RUNNERS	Veterano M40	01:02:32	+32:18	06:15

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222	2569	José Ribeiro	Individual	Veterano M40	01:02:43	+32:29	06:16
223	1795	André Dinis	Individual	Veterano M40	01:02:55	+32:41	06:18
224	2437	Joao Santos	Individual	Veterano M40	01:03:09	+32:55	06:19
225	2373	João Duarte Guimarães	Individual	Veterano M40	01:03:20	+33:06	06:20
226	3922	Nuno Teixeira	Individual	Veterano M40	01:03:21	+33:07	06:20
227	2648	Luis Vidal	Individual	Veterano M40	01:03:24	+33:09	06:20
228	1941	Carlos Carvalho	Individual	Veterano M40	01:03:27	+33:13	06:21
229	2859	Paulo Pereira	Individual	Veterano M40	01:03:28	+33:14	06:21
230	2606	Luis António Teixeira	Individual	Veterano M40	01:03:30	+33:15	06:21
231	998	Miguel Ferreira	GYMSTAR	Veterano M40	01:03:32	+33:18	06:21
232	3559	Ricardo Silva	Os Amigos da Dinha	Veterano M40	01:04:03	+33:49	06:24
233	2687	Marco Paulo Castro	Individual	Veterano M40	01:04:07	+33:53	06:25
234	1805	André Maciel Silva e Sousa	Individual	Veterano M40	01:04:11	+33:57	06:25
235	3037	ricardo Silva	Individual	Veterano M40	01:04:18	+34:04	06:26
236	2319	Hugo Figueiredo	Individual	Veterano M40	01:04:48	+34:33	06:29
237	1769	Alexandre Lemos	Individual	Veterano M40	01:05:03	+34:49	06:30
238	2816	Nuno Vieira de.Castro	Individual	Veterano M40	01:05:09	+34:55	06:31
239	879	Tiago Filipe Lima Amorim	Floresta BTT	Veterano M40	01:05:13	+34:58	06:31
240	2332	Hugo silva	Individual	Veterano M40	01:05:23	+35:09	06:32
241	2400	JOÃO MENDONÇA	Individual	Veterano M40	01:05:36	+35:22	06:34
242	328	Pedro Carvalho	Bota&Siga	Veterano M40	01:05:39	+35:25	06:34
243	3740	Daniel Martinho	Team XRCLASH	Veterano M40	01:05:44	+35:30	06:34
244	3573	Sergio costa	Os Meias Trail	Veterano M40	01:05:53	+35:39	06:35
245	3162	Sérgio Silva	Individual	Veterano M40	01:05:56	+35:42	06:36
246	3572	Ricardo Freitas	Os Meias Trail	Veterano M40	01:05:57	+35:43	06:36
247	3529	André Soares	Núcleo Sporting VN Famalicão	Veterano M40	01:05:58	+35:44	06:36
248	2830	Paulo André Torres Ferreira	Individual	Veterano M40	01:06:11	+35:57	06:37
249	3669	Leonel Alexandre Lima Silva	SKILLS ESPOSENDE	Veterano M40	01:06:14	+36:00	06:37
250	383	Sandro Silva	Clube Naval de São Vicente	Veterano M40	01:06:18	+36:03	06:38
251	2274	Gustavo Romão	Individual	Veterano M40	01:06:23	+36:09	06:38
252	2951	Pedro Sousa	Individual	Veterano M40	01:06:27	+36:13	06:39
253	854	Ricardo Almeida	FAMILIA ALMEIDA	Veterano M40	01:06:40	+36:26	06:40
254	2947	Pedro Silva	Individual	Veterano M40	01:07:00	+36:46	06:42
255	3717	Filipe Cunha	Team El Comandante	Veterano M40	01:07:01	+36:47	06:42
256	2851	Paulo Lopes	Individual	Veterano M40	01:07:01	+36:47	06:42
257	3722	Sérgio Rodrigues	Team El Comandante	Veterano M40	01:07:02	+36:48	06:42
258	3724	Vítor Oliveira	Team El Comandante	Veterano M40	01:07:03	+36:49	06:42
259	146	Antonio Oliveira	Ali alem	Veterano M40	01:07:06	+36:52	06:43
260	460	Artur Alexandre Veloso Jorge	Crediversos - Escritório	Veterano M40	01:07:16	+37:02	06:44
261	164	Manuel Veloso	Amadores	Veterano M40	01:07:20	+37:06	06:44
262	1971	Carlos Soares	Individual	Veterano M40	01:07:41	+37:27	06:46
263	1825	Andre Vinha	Individual	Veterano M40	01:07:50	+37:36	06:47
264	2097	Edgar Silva	Individual	Veterano M40	01:08:04	+37:50	06:48
265	2910	Pedro Lemos de Oliveira	Individual	Veterano M40	01:08:11	+37:57	06:49
266	2736	Miguel Guimarães	Individual	Veterano M40	01:08:14	+38:00	06:49
267	2368	João Costa	Individual	Veterano M40	01:08:17	+38:03	06:50

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86	120	Jose Silva	Alexandra Carvalho Team	Veterano M45	48:15	+18:01	04:50
87	3329	Filipe Castro	LF2 - Guiberço	Veterano M45	48:16	+18:02	04:50
88	2797	Nuno Meneses	Individual	Veterano M45	48:18	+18:04	04:50
89	2642	Luis santos	Individual	Veterano M45	48:29	+18:15	04:51
90	955	JÚLIO MOTA	Guimarães de Mota	Veterano M45	48:35	+18:21	04:52
91	2213	Francisco Marinha	Individual	Veterano M45	48:41	+18:27	04:52
92	2025	DAVID DIAS	Individual	Veterano M45	48:47	+18:33	04:53
93	1081	Sergio Mendes	ÍMPAR RUNNING TEAM	Veterano M45	48:50	+18:36	04:53
94	705	Adélio Valente	eduardafreitasteamrunners	Veterano M45	48:52	+18:38	04:53
95	1854	António Santos	Individual	Veterano M45	48:55	+18:41	04:54
96	3161	Sérgio Silva	Individual	Veterano M45	49:02	+18:47	04:54
97	2273	Gustavo Henrique Simões	Individual	Veterano M45	49:02	+18:48	04:54
98	2559	José Pedro Ferreira	Individual	Veterano M45	49:07	+18:53	04:55
99	3122	Rui Sousa	Individual	Veterano M45	49:09	+18:55	04:55
100	2520	JOSE FERNANDO COELHO MEIRELES	Individual	Veterano M45	49:09	+18:55	04:55
101	2291	Helder Marinho	Individual	Veterano M45	49:19	+19:05	04:56
102	3145	Sérgio Filipe Barbosa Mendes	Individual	Veterano M45	49:20	+19:06	04:56
103	587	Ricardo Oliveira	Crediversos_Adriana	Veterano M45	49:22	+19:08	04:56
104	3844	Filipe Guimarães	VITÓRIA SPORT CLUBE	Veterano M45	49:23	+19:09	04:56
105	921	Miguel Gonçalves	GD Natação Famalicão	Veterano M45	49:32	+19:18	04:57
106	2471	Jorge Correia	Individual	Veterano M45	49:37	+19:23	04:58
107	2497	José António da costa Fernandes	Individual	Veterano M45	49:38	+19:24	04:58
108	3970	ANGELO MARTINS	TEAM LANTEMIL	Veterano M45	49:46	+19:32	04:59
109	2547	José Miranda Campos	Individual	Veterano M45	49:47	+19:33	04:59
110	2159	Fernando Ribeiro	Individual	Veterano M45	49:55	+19:41	05:00
111	2900	Pedro Dinis	Individual	Veterano M45	50:04	+19:50	05:00
112	745	Alexandre Simões	ESCOLA ATLETISMO ROSA OLIVEIRA	Veterano M45	50:06	+19:52	05:01
113	702	Sérgio Araújo	Duros da Santa	Veterano M45	50:06	+19:52	05:01
114	2164	Filipe Coelho	Individual	Veterano M45	50:10	+19:56	05:01
115	3019	Ricardo Machado	Individual	Veterano M45	50:12	+19:58	05:01
116	1080	Sandro Fernandes Vieira	ÍMPAR RUNNING TEAM	Veterano M45	50:15	+20:01	05:02
117	536	Nuno	Crediversos_Angela	Veterano M45	50:23	+20:09	05:02
118	220	Roberto Magalhães	ARC Vale S. Cosme	Veterano M45	50:24	+20:10	05:02
119	211	José Campos	ARC Vale S. Cosme	Veterano M45	50:26	+20:12	05:03
120	3820	Hélder Barbosa	Vieira Castro	Veterano M45	50:28	+20:14	05:03
121	2628	Luís Manuel Fontes da Fonseca	Individual	Veterano M45	50:28	+20:14	05:03
122	3052	ROGERIO FILIPE GONCALVES FERREIRA	Individual	Veterano M45	50:30	+20:16	05:03
123	1770	Alexandre Machado	Individual	Veterano M45	50:33	+20:19	05:03
124	2532	José Manuel da Silva Oliveira	Individual	Veterano M45	50:37	+20:23	05:04
125	847	Paulo Marinho	Famalicão em Forma	Veterano M45	50:38	+20:24	05:04
126	629	Carlos Almendra	Crediversos_Marlene	Veterano M45	50:44	+20:29	05:04
127	2869	Paulo renato bernardes Ferreira	Individual	Veterano M45	50:44	+20:30	05:04
128	3074	Rui Campos	Individual	Veterano M45	50:55	+20:41	05:06
129	3007	Ricardo Ferreira	Individual	Veterano M45	50:56	+20:42	05:06

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130	3012	Ricardo Francisco Alves Silva Araujo	Individual	Veterano M45	51:03	+20:49	05:06
131	2090	Duarte Fontes E Sa	Individual	Veterano M45	51:06	+20:52	05:07
132	2978	Raul Ferreira	Individual	Veterano M45	51:19	+21:05	05:08
133	3555	Flávio Gonçalves	Os 5 à rasca	Veterano M45	51:20	+21:06	05:08
134	579	Lino Oliveira	Crediversos_Adriana	Veterano M45	51:31	+21:17	05:09
135	2326	Hugo Oliveira	Individual	Veterano M45	51:32	+21:18	05:09
136	2741	Miguel Novais	Individual	Veterano M45	51:44	+21:30	05:10
137	2844	Paulo jorge Gonçalves carreiras	Individual	Veterano M45	51:44	+21:30	05:10
138	2702	Mário Costa	Individual	Veterano M45	51:46	+21:32	05:11
139	3580	Ricardo Azevedo	Os resistentes	Veterano M45	51:58	+21:44	05:12
140	498	Vitor Mendes	Crediversos - Escritório	Veterano M45	52:00	+21:46	05:12
141	3160	Sérgio Silva	Individual	Veterano M45	52:03	+21:49	05:12
142	3054	Rogério Pereira	Individual	Veterano M45	52:29	+22:15	05:15
143	585	Pedro Costa	Crediversos_Adriana	Veterano M45	52:29	+22:15	05:15
144	2747	Miguel Rodrigues	Individual	Veterano M45	52:30	+22:16	05:15
145	3056	Rogério silva	Individual	Veterano M45	52:34	+22:20	05:15
146	3639	Domingos Sousa	run4fun	Veterano M45	52:37	+22:23	05:16
147	3473	Patrício Ferreira	MOV3	Veterano M45	52:41	+22:27	05:16
148	3838	Tiago Vilas Boas	Vinigandra	Veterano M45	52:43	+22:29	05:16
149	1887	Bruno António Fernandes da Costa	Individual	Veterano M45	52:43	+22:29	05:16
150	2980	Renato Ferreira	Individual	Veterano M45	52:53	+22:39	05:17
151	3951	Manuel Ferreira	CREDIVERSOS..000	Veterano M45	52:56	+22:42	05:18
152	3757	Ricardo Lopes	Trailamente	Veterano M45	53:02	+22:48	05:18
153	2172	Filipe Machado	Individual	Veterano M45	53:10	+22:56	05:19
154	1037	Andre Fonseca	Humildes Corredores	Veterano M45	53:12	+22:58	05:19
155	3565	FILIPE GONÇALVES	OS CRENTES	Veterano M45	53:18	+23:04	05:20
156	2846	Paulo Jorge Lemos Coelho	Individual	Veterano M45	53:21	+23:07	05:20
157	2789	Nuno Freitas	Individual	Veterano M45	53:24	+23:10	05:20
158	914	Amilcar Teixeira	GD Leões da Guarda - Lion Runners	Veterano M45	53:30	+23:16	05:21
159	370	MIGUEL LOPES	CENTRAL RUNNERS	Veterano M45	53:39	+23:25	05:22
160	1900	Bruno Freitas	Individual	Veterano M45	53:51	+23:37	05:23
161	2317	Hugo Esteves	Individual	Veterano M45	53:58	+23:44	05:24
162	3566	RUI RESENDE	OS CRENTES	Veterano M45	54:00	+23:46	05:24
163	3244	Vasco Guimarães	Individual	Veterano M45	54:06	+23:52	05:25
164	1051	Albano Alexandre Pontes	ÍMPAR RUNNING TEAM	Veterano M45	54:15	+24:01	05:26
165	3554	Célio Coelho	Os 5 à rasca	Veterano M45	54:16	+24:02	05:26
166	2149	Fernando Jorge Queirós da Silva	Individual	Veterano M45	54:27	+24:13	05:27
167	2152	Fernando Mansuído	Individual	Veterano M45	54:27	+24:13	05:27
168	1957	Carlos Mansuído	Individual	Veterano M45	54:27	+24:13	05:27
169	876	Marco Cruz	Fit Friends	Veterano M45	54:27	+24:13	05:27
170	2989	RICARDO CUNHA	Individual	Veterano M45	54:33	+24:19	05:27
171	367	FILIPE CUNHA	CENTRAL RUNNERS	Veterano M45	54:46	+24:32	05:29
172	291	DANIEL ANDRADE	BBG RUNNERS BY BBOX&GYM	Veterano M45	54:47	+24:33	05:29
173	906	Ricardo Ferreira	GAVIÕES	Veterano M45	54:58	+24:44	05:30
174	3440	Filipe Costa	MOUTADOS TEAM	Veterano M45	54:58	+24:44	05:30
175	3168	SILVIO FERREIRA	Individual	Veterano M45	55:00	+24:46	05:30

Official Timekeeper: Lap2Go	59 / 72	generate 24-dez.-2024 13:13
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176	3606	José Félix	Promessas do Atletismo	Veterano M45	55:23	+25:09	05:32
177	3631	bruno carlos martins costa	RorizAventura	Veterano M45	55:24	+25:10	05:32
178	2822	Orlando José Mota Maciel	Individual	Veterano M45	55:28	+25:14	05:33
179	885	Francisco Oliveira	Francisco	Veterano M45	55:35	+25:20	05:34
180	727	Sergio Paulo Campos Ribeiro	ENIF	Veterano M45	55:35	+25:21	05:34
181	2370	João Cruz	Individual	Veterano M45	55:36	+25:21	05:34
182	2998	Ricardo Castro	Individual	Veterano M45	55:45	+25:30	05:35
183	428	Vasco Manuel Matos Duarte	Crediversos - Célia	Veterano M45	55:51	+25:37	05:35
184	54	Paulo Machado	365 running project	Veterano M45	55:54	+25:40	05:35
185	2538	José Matos	Individual	Veterano M45	55:56	+25:42	05:36
186	2191	Flávio Daniel Moreira Gomes	Individual	Veterano M45	56:01	+25:47	05:36
187	3707	André Caridade	store.eventsmtb.com & Fyke	Veterano M45	56:17	+26:03	05:38
188	1970	Carlos Silva	Individual	Veterano M45	56:19	+26:05	05:38
189	3835	Rubim Ferreira Sampaio	Vieira Castro	Veterano M45	56:25	+26:11	05:39
190	123	Pedro Lima	Alexandra Carvalho Team	Veterano M45	56:36	+26:22	05:40
191	3640	Pedro Teixeira	run4fun	Veterano M45	56:40	+26:26	05:40
192	3527	Rui Rodinhas	Núcleo de Atletismo das Taipas	Veterano M45	56:53	+26:39	05:41
193	1975	Cédric Silva	Individual	Veterano M45	56:53	+26:39	05:41
194	2828	Paulo Matos	Individual	Veterano M45	56:54	+26:40	05:41
195	1060	Gaspar Martins	ÍMPAR RUNNING TEAM	Veterano M45	56:55	+26:41	05:42
196	3907	Ricardo Joaquim Alves Ferreira	Individual	Veterano M45	57:06	+26:52	05:43
197	3306	Helder Ferreira	Kilosmoda - Silva & Barroso	Veterano M45	57:10	+26:56	05:43
198	3155	Sérgio Oliveira	Individual	Veterano M45	57:13	+26:59	05:43
199	3237	Tomé Baptista	Individual	Veterano M45	57:14	+27:00	05:43
200	2756	Nelson Andrade	Individual	Veterano M45	57:25	+27:11	05:45
201	3272	Vitor Reis	Individual	Veterano M45	57:27	+27:13	05:45
202	3085	Rui Ferreira	Individual	Veterano M45	57:29	+27:15	05:45
203	1955	carlos gonçlaves costa	Individual	Veterano M45	57:33	+27:18	05:45
204	2294	Hélder Oliveira	Individual	Veterano M45	57:34	+27:20	05:45
205	3682	Paulo Jorge Morais dos Santos Martins	Só nós dois	Veterano M45	57:36	+27:22	05:46
206	1987	César Silva	Individual	Veterano M45	57:55	+27:41	05:48
207	2940	Pedro Rodrigues	Individual	Veterano M45	58:01	+27:47	05:48
208	2584	Julio Sousa Silva	Individual	Veterano M45	58:05	+27:50	05:49
209	2659	MANUEL BARBOSA	Individual	Veterano M45	58:05	+27:51	05:49
210	2013	Daniel Pereira	Individual	Veterano M45	58:15	+28:01	05:50
211	124	António José Figueiredo Lima	Alexianos	Veterano M45	58:18	+28:04	05:50
212	122	Pedro Alves	Alexandra Carvalho Team	Veterano M45	58:34	+28:20	05:51
213	2568	José Ribeiro	Individual	Veterano M45	58:49	+28:35	05:53
214	779	Paulo Sergio Pinto Silva	Eugénios HC	Veterano M45	58:53	+28:39	05:53
215	204	Benjamim Costa	ARC Vale S. Cosme	Veterano M45	58:57	+28:43	05:54
216	216	Miguel Peliteiro	ARC Vale S. Cosme	Veterano M45	58:57	+28:43	05:54
217	2904	Pedro Ferreira	Individual	Veterano M45	59:09	+28:55	05:55
218	282	Paulo Monteiro	Batata aos molhos	Veterano M45	59:10	+28:56	05:55
219	2151	Fernando Lino Bezerra Cardoso	Individual	Veterano M45	59:11	+28:57	05:55
220	1884	Bruno Amorim	Individual	Veterano M45	59:17	+29:03	05:56
221	2421	João Pedro Campos Cunha	Individual	Veterano M45	59:24	+29:09	05:56

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35	3706	RUI MARTINS	Sprint Familiar	Veterano M50	45:08	+14:54	04:31
36	652	Luís Sá	Cruise Car Runners	Veterano M50	45:12	+14:57	04:31
37	3414	António Tonanha	MKA	Veterano M50	45:14	+15:00	04:31
38	2089	Duarte fontes da costa	Individual	Veterano M50	45:16	+15:02	04:32
39	3055	Rogério Silva	Individual	Veterano M50	45:27	+15:13	04:33
40	1864	Artur Costa Ferreira	Individual	Veterano M50	45:41	+15:26	04:34
41	2080	Domingos Agostinho Carvalho da Cruz	Individual	Veterano M50	45:49	+15:35	04:35
42	2661	Manuel Costa	Individual	Veterano M50	46:18	+16:04	04:38
43	217	Paulo Araújo	ARC Vale S. Cosme	Veterano M50	46:19	+16:05	04:38
44	174	Vergílio Veloso	AMIGOS PONTO FINAL	Veterano M50	46:42	+16:28	04:40
45	3982	ANTONIO MONTEIRO	Crediversos	Veterano M50	46:51	+16:36	04:41
46	3180	Tefas Costa	Individual	Veterano M50	46:52	+16:38	04:41
47	2119	Embalmundo Silva	Individual	Veterano M50	47:19	+17:05	04:44
48	566	Dario Coelho	Crediversos_Adriana	Veterano M50	47:32	+17:18	04:45
49	109	luis mota	AIRORUN	Veterano M50	47:57	+17:43	04:48
50	3941	Hugo Manuel	Individual	Veterano M50	47:59	+17:45	04:48
51	2570	Jose rolando da silva torres	Individual	Veterano M50	48:00	+17:46	04:48
52	889	Augusto Lima	GAVIÕES	Veterano M50	48:03	+17:49	04:48
53	3357	Lino Vilaça	Lobo solitário	Veterano M50	48:06	+17:52	04:49
54	896	Fernando Roldão	GAVIÕES	Veterano M50	48:13	+17:59	04:49
55	2226	Francisco Vitor Castro Correia Machado	Individual	Veterano M50	48:20	+18:06	04:50
56	673	Armando Gomes	Domingueiros On Tour	Veterano M50	48:21	+18:07	04:50
57	1956	Carlos Jorge Sacramento Sousa	Individual	Veterano M50	48:28	+18:14	04:51
58	638	Orlando Jorge Correia Andrade	Crediversos_Marlene	Veterano M50	48:37	+18:23	04:52
59	3309	Paulo Monteiro	Kilosmoda - Silva & Barroso	Veterano M50	48:47	+18:33	04:53
60	3577	Filipe Silva	Os resistentes	Veterano M50	48:48	+18:34	04:53
61	3530	Gabriel Miranda	Núcleo Sporting VN Famalicão	Veterano M50	48:52	+18:38	04:53
62	1827	Ângelo Manuel Baptista Ribeiro	Individual	Veterano M50	48:58	+18:44	04:54
63	2032	Davide Campos Alves Ferreira	Individual	Veterano M50	49:03	+18:49	04:54
64	2454	Joaquim Manuel Miranda Costa	Individual	Veterano M50	49:27	+19:13	04:57
65	1842	Antonio Ferreira	Individual	Veterano M50	49:50	+19:36	04:59
66	2660	Manuel Campos Costa	Individual	Veterano M50	49:57	+19:43	05:00
67	2911	Pedro Lima	Individual	Veterano M50	50:20	+20:06	05:02
68	215	Miguel Mendes	ARC Vale S. Cosme	Veterano M50	50:26	+20:12	05:03
69	3578	Jacinto Mendes	Os resistentes	Veterano M50	50:33	+20:19	05:03
70	2662	Manuel De Oliveira Marques	Individual	Veterano M50	50:43	+20:29	05:04
71	2154	Fernando Manuel Martins Ferreira	Individual	Veterano M50	51:03	+20:49	05:06
72	3510	António Ribeiro	Núcleo de Atletismo das Taipas	Veterano M50	51:13	+20:59	05:07
73	675	JOÃO MENDES	Domingueiros On Tour	Veterano M50	51:14	+21:00	05:07
74	570	Hermes Lobo	Crediversos_Adriana	Veterano M50	51:29	+21:15	05:09
75	2160	Fernando Soares	Individual	Veterano M50	51:35	+21:21	05:10
76	1978	César alexandre costa	Individual	Veterano M50	51:38	+21:24	05:10
77	1794	André Dias	Individual	Veterano M50	51:53	+21:39	05:11
78	277	Hugo Ribeiro	Barbatana Trail Team	Veterano M50	51:55	+21:41	05:12
79	2489	Jorge Rocha	Individual	Veterano M50	51:57	+21:43	05:12
80	2155	Fernando Manuel Pinto Araújo	Individual	Veterano M50	51:59	+21:45	05:12

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90	3869	João Soares	Xallenge Runners	Veterano M55	01:00:49	+30:35	06:05
91	721	José Miguel Silva Carneiro	ENIF	Veterano M55	01:00:55	+30:41	06:06
92	140	Joaquim Campos Oliveira	Alfa Estúdio Nine	Veterano M55	01:01:09	+30:55	06:07
93	2937	Pedro Rocha	Individual	Veterano M55	01:01:12	+30:58	06:07
94	946	António Ferreira Silva	Grupo Jorge Oculista	Veterano M55	01:01:14	+30:59	06:07
95	264	Francisco Azevedo	Azevedos+Carneiros	Veterano M55	01:01:24	+31:10	06:08
96	900	Manuel Granja	GAVIÕES	Veterano M55	01:01:26	+31:12	06:09
97	2652	Manuel Afonseca	Individual	Veterano M55	01:01:29	+31:15	06:09
98	2857	Paulo Pereira	Individual	Veterano M55	01:01:32	+31:18	06:09
99	3519	Manuel Coutinho	Núcleo de Atletismo das Taipas	Veterano M55	01:01:48	+31:34	06:11
100	3508	Americo Coutinho	Núcleo de Atletismo das Taipas	Veterano M55	01:01:49	+31:35	06:11
101	2490	Jorge Seixas	Individual	Veterano M55	01:01:54	+31:40	06:11
102	3141	Sérgio Cortinhas	Individual	Veterano M55	01:01:54	+31:40	06:11
103	2235	Germano Carvalhal	Individual	Veterano M55	01:01:55	+31:41	06:12
104	1931	Carlos Alberto Gomes Teixeira	Individual	Veterano M55	01:02:14	+32:00	06:13
105	3642	FILIPE MACHADO	RUNNERS OF DA NIGHT	Veterano M55	01:02:50	+32:36	06:17
106	1058	Clemente Meireles	ÍMPAR RUNNING TEAM	Veterano M55	01:03:17	+33:03	06:20
107	1062	Herculano Cardoso	ÍMPAR RUNNING TEAM	Veterano M55	01:03:19	+33:05	06:20
108	3674	Carlos Vieira	Snail Team	Veterano M55	01:03:46	+33:32	06:23
109	1755	Aires Silva	Individual	Veterano M55	01:04:26	+34:12	06:27
110	3776	Manuel João Silva Costa	ViaSaudável Fitness Club	Veterano M55	01:04:27	+34:13	06:27
111	3921	Reinaldo Miranda	TAM Aurora Cunha	Veterano M55	01:05:08	+34:54	06:31
112	592	Vitor Quaresma Fontes	Crediversos_Adriana	Veterano M55	01:05:15	+35:01	06:32
113	2459	Joatan Santos	Individual	Veterano M55	01:05:16	+35:01	06:32
114	894	Domingos Pereira	GAVIÕES	Veterano M55	01:05:25	+35:11	06:33
115	907	Rui Lima	GAVIÕES	Veterano M55	01:05:25	+35:11	06:33
116	2861	Paulo Pinheiro	Individual	Veterano M55	01:05:35	+35:21	06:34
117	2126	Eusébio Faria	Individual	Veterano M55	01:05:35	+35:21	06:34
118	398	Vítor M Cardoso	Corre São João	Veterano M55	01:05:46	+35:32	06:35
119	2342	Januário Gonçalves	Individual	Veterano M55	01:06:17	+36:03	06:38
120	2415	João Paulo Lata	Individual	Veterano M55	01:06:20	+36:06	06:38
121	2457	Joaquim Salgado	Individual	Veterano M55	01:07:10	+36:56	06:43
122	1737	Adelino Fernandes	Individual	Veterano M55	01:07:16	+37:02	06:44
123	2334	Ilídio Manuel Rodrigues	Individual	Veterano M55	01:07:56	+37:42	06:48
124	2613	Luís de Melo Pereira	Individual	Veterano M55	01:09:01	+38:47	06:54
125	142	José Manuel Ribeiro Afonso	Alfa Estúdio Nine	Veterano M55	01:09:08	+38:54	06:55
126	1763	Alcídio Figueiredo	Individual	Veterano M55	01:09:23	+39:09	06:56
127	560	Alberto Candido Jesus Barros	Crediversos_Adriana	Veterano M55	01:10:31	+40:17	07:03
128	3170	Silvio Silva	Individual	Veterano M55	01:11:58	+41:44	07:12
129	1840	António Fernandes Gonçalves	Individual	Veterano M55	01:12:11	+41:57	07:13
130	947	Pedro António Azevedo Cerejeira Fontes	Grupo Jorge Oculista	Veterano M55	01:13:30	+43:16	07:21
131	3860	Silvio Boçon	Voyage Voyage	Veterano M55	01:17:41	+47:27	07:46
132	261	João Orlando Azevedo	Azevedos e Andrades	Veterano M55	01:18:35	+48:21	07:52
133	258	António Manuel Andrade	Azevedos e Andrades	Veterano M55	01:18:35	+48:21	07:52
134	3325	Antonio Pacheco	LARANJINHAS BIBA MAIS	Veterano M55	01:20:30	+50:16	08:03
135	1069	José Barreiro	ÍMPAR RUNNING TEAM	Veterano M55	01:21:27	+51:13	08:09

Official Timekeeper: Lap2Go	70 / 72	generate 24-dez.-2024 13:13
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Prova Principal

10 KM

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

136	1052	Alberto Sousa	ÍMPAR RUNNING TEAM	Veterano M55	01:21:30	+51:16	08:09
137	625	Alfredo José Machado Ribeiro	Crediversos_Marlene	Veterano M55	01:24:09	+53:55	08:25
138	1966	Carlos Pereira	Individual	Veterano M55	01:24:52	+54:38	08:29

Veterano M60

1	3852	Alexandre Ferreira	Vizela Corre	Veterano M60	39:57	+09:43	04:00
2	69	Zé Dias	A D ESMERIZ RUNNING	Veterano M60	41:52	+11:38	04:11
3	490	Pedro Novoa	Crediversos - Escritório	Veterano M60	41:52	+11:38	04:11
4	752	Joaquim Coelho	ESCOLA ATLETISMO ROSA OLIVEIRA	Veterano M60	41:58	+11:44	04:12
5	3348	Saúl Vilhena	Liberdade Futebol Clube (LFC-F)	Veterano M60	43:17	+13:03	04:20
6	1023	António Ribeiro	Happy Feet InMove	Veterano M60	43:29	+13:15	04:21
7	2519	Jose Fernandes	Individual	Veterano M60	44:16	+14:02	04:26
8	1759	Albino Campos	Individual	Veterano M60	44:54	+14:40	04:29
9	646	Severino Silva Ribeiro	Crediversos_Marlene	Veterano M60	45:16	+15:02	04:32
10	1066	João Cid	ÍMPAR RUNNING TEAM	Veterano M60	46:46	+16:32	04:41
11	911	JOSÉ GONÇALVES	GD AIRÃO CURVIÃ	Veterano M60	48:08	+17:54	04:49
12	899	Justino Pereira	GAVIÕES	Veterano M60	48:08	+17:54	04:49
13	3302	António Fernandes	Kilosmoda - Silva & Barroso	Veterano M60	48:18	+18:03	04:50
14	2412	João Paulo Araújo	Individual	Veterano M60	48:24	+18:10	04:50
15	3579	Manuel Cunha	Os resistentes	Veterano M60	48:33	+18:19	04:51
16	73	Joaquim Ferreira	A.C. VERMOIM	Veterano M60	48:44	+18:30	04:52
17	3619	José Matos	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M60	49:18	+19:04	04:56
18	3439	Antenor Costa	MOUTADOS TEAM	Veterano M60	49:18	+19:04	04:56
19	1836	António Carvalho	Individual	Veterano M60	50:28	+20:14	05:03
20	2954	PEDRO VICENTE	Individual	Veterano M60	51:00	+20:45	05:06
21	1835	ANTONIO CALDAS	Individual	Veterano M60	52:21	+22:07	05:14
22	3847	Manuel Novais	VITÓRIA SPORT CLUBE	Veterano M60	53:43	+23:29	05:22
23	3532	Virgílio Oliveira	Núcleo Sporting VN Famalicão	Veterano M60	53:53	+23:39	05:23
24	3845	Joaquim Faria	VITÓRIA SPORT CLUBE	Veterano M60	54:04	+23:50	05:24
25	1071	Jose Lopes Rego	ÍMPAR RUNNING TEAM	Veterano M60	54:09	+23:55	05:25
26	3362	António Augusto Silva	LOUSADA RUNNERS	Veterano M60	54:18	+24:04	05:26
27	3351	José Carlos Gomes	Ligeirinhos	Veterano M60	54:31	+24:17	05:27
28	1874	Augusto Silva	Individual	Veterano M60	55:33	+25:19	05:33
29	3747	João Silva	TEMOS PENA	Veterano M60	56:12	+25:57	05:37
30	2668	Manuel Mendes Carvalho	Individual	Veterano M60	57:25	+27:11	05:45
31	1054	Antonio Costa	ÍMPAR RUNNING TEAM	Veterano M60	57:46	+27:32	05:47
32	3511	Augusto Marques	Núcleo de Atletismo das Taipas	Veterano M60	58:20	+28:06	05:50
33	2456	Joaquim Oliveira	Individual	Veterano M60	58:23	+28:09	05:50
34	528	António Luís Martins do Vale Lima	Crediversos_Angela	Veterano M60	58:24	+28:10	05:50
35	2515	José Costa	Individual	Veterano M60	59:50	+29:36	05:59
36	3324	Antonio Batista	LARANJINHAS BIBA MAIS	Veterano M60	59:54	+29:40	05:59
37	2153	Fernando Manuel Camacho Gonçalves	Individual	Veterano M60	59:56	+29:42	06:00
38	314	Armindo Araújo	Bombeiros Voluntários Famalicenses	Veterano M60	01:00:02	+29:48	06:00

