



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

<i>Lugar</i>	<i>Dorsal</i>	<i>Nome</i>	<i>Penal.</i>	<i>Clube</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>Ciclismo</i>	<i>Corrida</i>	<i>Age Group</i>	<i>Lugar Age Gr.</i>
1	6	Miguel Silva		Outsystems Olímpico de Oeiras	03:51:25	00:19:15	02:14:43	01:14:24	25 - 29 anos	1
2	2	Márcio Neves		Quitério TriPeniche	04:02:00	00:23:02	02:17:21	01:18:42	40 - 44 anos	1
3	3	Luís Moleiro		Clube de Natação de Torres Novas	04:05:39	00:23:21	02:21:05	01:18:25	25 - 29 anos	2
4	1025	Bruno Slegers			04:08:34	00:23:08	02:23:42	01:17:52	18 - 24 anos	1
5	911	João Chagas		Lusitano Frusoad	04:08:50	00:20:57	02:26:13	01:18:32	18 - 24 anos	2
6	896	Sergio Marques		CNATRIL Triatlo	04:12:02	00:25:11	02:21:39	01:21:23	40 - 44 anos	2
7	1020	Jorge Echevarría		David Toro Watches	04:13:37	00:26:21	02:20:59	01:22:11	25 - 29 anos	3
8	120	Filipe Marques		Sporting Clube de Espinho	04:14:04	00:23:04	02:24:44	01:23:03	35 - 39 anos	1
9	1005	Diogo Coelho		Marretas do Norte	04:15:37	00:26:43	02:21:26	01:24:16	25 - 29 anos	4
10	9	Bruno Pais		Estoril Praia Credibom	04:16:02	00:24:16	02:24:00	01:24:16	40 - 44 anos	3
11	371	Bernardo Cadeiras		Louletano Desportos Clube	04:16:20	00:25:25	02:25:38	01:21:34	40 - 44 anos	4
12	290	Bruno Pontes		Louletano Desportos clube	04:16:28	00:28:50	02:23:41	01:19:19	35 - 39 anos	2
13	89	Miguel Pecegueiro		Clube Natação Alcobaca - Triatlo	04:16:49	00:28:35	02:25:16	01:19:27	30 - 34 anos	1
14	33	João Rebelo		Vasco da Gama Atlético Clube de Sines	04:17:45	00:24:15	02:30:22	01:19:37	30 - 34 anos	2
15	995	Juan Amado		AD Náutico Narón	04:18:30	00:22:22	02:25:08	01:27:38	30 - 34 anos	3
16	500	Adriano Correia		Clube de Natação de Torres Novas	04:18:54	00:23:17	02:34:04	01:19:03	30 - 34 anos	4
17	942	Nuno André		Outsystems Olímpico de Oeiras	04:19:08	00:26:48	02:30:48	01:17:58	25 - 29 anos	5
18	418	Leonardo Schwindt		Académica Triatlo	04:19:29	00:25:30	02:28:38	01:21:04	45 - 49 anos	1
19	773	Sergio Lois		Triatlón Vilagarcía	04:19:40	00:29:43	02:23:18	01:21:46	40 - 44 anos	5



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CLASSIFICAÇÃO'24

<i>Lugar</i>	<i>Dorsal</i>	<i>Nome</i>	<i>Penal.</i>	<i>Clube</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>Ciclismo</i>	<i>Corrida</i>	<i>Age Group</i>	<i>Lugar Age Gr.</i>
20	963	Sandro Silva			04:19:41	00:28:13	02:27:31	01:19:21	30 - 34 anos	5
21	459	Joao Fragoso		Estoril Praia Credibom	04:20:47	00:29:19	02:24:59	01:21:38	40 - 44 anos	6
22	808	Filipe Marques		Sporting Clube de Portugal	04:21:06	00:21:38	02:29:50	01:25:56	25 - 29 anos	6
23	743	Rui Narigueta		OnTri Sports	04:21:11	00:33:21	02:20:57	01:22:50	45 - 49 anos	2
24	741	Pastor Regueiro		Cidade de Lugo Fluvial	04:21:22	00:29:08	02:24:28	01:23:16	30 - 34 anos	6
25	344	Tiago Alves		LBSquad	04:22:15	00:30:08	02:27:20	01:20:12	40 - 44 anos	7
26	52	Lino Barruncho		LBSquad	04:23:14	00:29:00	02:26:09	01:23:31	45 - 49 anos	3
27	563	Luís Nunes		CNATRIL Triatlo	04:23:28	00:28:50	02:26:40	01:24:01	50 - 54 anos	1
28	864	Ricardo Carvalho		Sporting Clube de Espinho	04:23:47	00:27:02	02:24:20	01:28:53	35 - 39 anos	3
29	246	Tiago Cochicho		GDR Manique de Cima	04:24:01	00:28:32	02:27:42	01:24:11	40 - 44 anos	8
30	876	Nuno Veríssimo		Sporting Clube de Portugal	04:24:21	00:28:29	02:26:39	01:24:15	40 - 44 anos	9
31	678	Bruno Freitas		Ludens Clube de Machico	04:24:26	00:23:26	02:31:27	01:25:59	30 - 34 anos	7
32	717	Adelino Sousa		Grupo Desportivo da Goma	04:24:37	00:31:30	02:25:47	01:23:10	40 - 44 anos	10
33	988	Mariusz Pirek		Trinergy Team	04:24:56	00:27:41	02:22:36	01:30:58	35 - 39 anos	4
34	1036	Nuno Rodrigues		Clube Natação Alcobaca - Triatlo	04:26:05	00:25:06	02:31:53	01:25:38	35 - 39 anos	5
35	636	Andrè Carmina		SUColarenses	04:26:21	00:25:21	02:31:09	01:25:53	30 - 34 anos	8
36	212	Márcio Miguel		Clube Natação Alcobaca - Triatlo	04:26:39	00:27:46	02:27:51	01:27:22	30 - 34 anos	9
37	883	Mário Rocha		Clube dos Galitos	04:26:47	00:25:02	02:24:25	01:33:39	30 - 34 anos	10
38	124	Samuel Leal		OnTri Sports	04:27:32	00:30:40	02:27:57	01:25:27	30 - 34 anos	11



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
39	577	Michael Rundio			04:28:49	00:24:21	02:29:38	01:29:03	40 - 44 anos	11
40	943	André Barbosa		Associação Lince Triathlon	04:29:44	00:28:15	02:23:42	01:30:43	30 - 34 anos	12
41	338	João Sacadura		LBSquad	04:29:46	00:30:59	02:27:48	01:26:26	35 - 39 anos	6
42	912	Filipe Henriques		Sporting Clube de Espinho	04:30:14	00:27:42	02:23:33	01:34:46	35 - 39 anos	7
43	1058	Andre Picado		Alhandra Sporting Club	04:30:14	00:24:15	02:34:33	01:27:52	25 - 29 anos	7
44	837	Tiago Almeida		Fuel4Race	04:30:17	00:29:43	02:17:50	01:37:57	45 - 49 anos	4
45	1001	Antón Acevedo		Club Deportivo Delikia	04:30:30	00:26:47	02:31:06	01:29:07	30 - 34 anos	13
46	347	Tomás Pires		LBSquad	04:30:48	00:28:08	02:31:39	01:27:02	35 - 39 anos	8
47	421	Sergio Castro		DESAM.ES	04:30:57	00:28:37	02:35:49	01:21:51	35 - 39 anos	9
48	182	Valdo Neves		Quitério TriPeniche	04:31:09	00:26:43	02:31:58	01:28:38	45 - 49 anos	5
49	1059	José Nunes		Outsystems Olímpico de Oeiras	04:31:09	00:23:24	02:32:28	01:30:56	18 - 24 anos	3
50	863	Frederico Cerdeira		Sporting Clube de Espinho	04:31:10	00:30:10	02:36:00	01:20:37	40 - 44 anos	12
51	513	Tiago Encarnação		AmoraSub/Associação Naval Amorense	04:31:15	00:31:49	02:29:27	01:26:38	35 - 39 anos	10
52	840	Duarte Tirapicos		LBSquad	04:31:18	00:32:32	02:34:48	01:18:44	35 - 39 anos	11
53	776	Ignacio Santos		Club Triatlon Cervecería O Coton Negreira	04:31:47	00:25:47	02:33:15	01:28:36	25 - 29 anos	8
54	224	Manuel Silva		Louletano Desportos Clube	04:32:14	00:24:58	02:35:07	01:27:48	18 - 24 anos	4
55	1062	Rui Costa		Exército de Portugal	04:32:24	00:32:18	02:29:30	01:26:12	50 - 54 anos	2
56	94	Rui Martins		Núcleo do Sporting da Golegã	04:33:03	00:24:29	02:38:23	01:25:32	40 - 44 anos	13
57	155	Emanuel Freitas		Vitória de Janes	04:33:11	00:31:27	02:37:03	01:21:03	35 - 39 anos	12



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CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
58	199	Mário Macheta		DXC Tri Amazing	04:33:27	00:27:59	02:28:31	01:32:53	30 - 34 anos	14
59	1044	João Pinto			04:34:04	00:30:24	02:24:24	01:34:19	45 - 49 anos	6
60	1026	Manuel Esteban		DESAM.ES	04:34:35	00:30:30	02:32:27	01:26:17	45 - 49 anos	7
61	873	João Piedade			04:34:54	00:25:05	02:42:20	01:22:38	30 - 34 anos	15
62	734	Nuno Noritake		LBSquad	04:34:57	00:22:24	02:35:08	01:32:32	25 - 29 anos	9
63	526	Rui Gomes		Sporting Clube de Espinho	04:35:08	00:30:34	02:39:42	01:20:15	45 - 49 anos	8
64	600	Filipe Carneiro			04:35:29	00:28:47	02:28:23	01:33:06	35 - 39 anos	13
65	924	David Orgaz		Clube dos Galitos	04:35:29	00:28:42	02:32:18	01:30:30	50 - 54 anos	3
66	263	Clement Canton		Forlife - Clube de Triatlo de Viseu	04:35:30	00:28:52	02:32:42	01:29:04	35 - 39 anos	14
67	514	Carlos Rosário		Vasco da Gama Atlético Clube de Sines	04:35:32	00:28:10	02:32:42	01:30:37	45 - 49 anos	9
68	584	Paulo Cândido			04:35:50	00:30:25	02:28:15	01:30:40	35 - 39 anos	15
69	20	Fernando Carmo			04:36:32	00:32:50	02:26:12	01:31:55	55 - 59 anos	1
70	69	Ricardo Costa		Triatlo Clube TAP	04:36:44	00:26:54	02:33:29	01:31:39	35 - 39 anos	16
71	88	João Silva		Estoril Praia Credibom	04:36:52	00:28:55	02:35:07	01:29:25	45 - 49 anos	10
72	412	Miguel Liquito		DXC Tri Amazing	04:37:04	00:31:49	02:33:38	01:27:13	35 - 39 anos	17
73	356	Jaime Duarte		CNATRIL Triatlo	04:37:13	00:23:43	02:31:14	01:38:32	35 - 39 anos	18
74	907	Pedro Monteiro			04:37:16	00:24:36	02:41:52	01:26:12	18 - 24 anos	5
75	156	Joao Machado		Outsystems Olímpico de Oeiras	04:37:20	00:27:43	02:35:36	01:28:16	40 - 44 anos	14
76	535	António Salgado		OnTri Sports	04:37:43	00:32:35	02:29:29	01:29:49	45 - 49 anos	11



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
77	969	Jamie Platt			04:38:22	00:29:31	02:32:21	01:31:18	40 - 44 anos	15
78	451	Gonçalo Resina		Núcleo do Sporting da Golegã	04:38:38	00:31:48	02:36:40	01:25:33	45 - 49 anos	12
79	661	Vicente Zambrano			04:38:40	00:29:28	02:33:13	01:30:43	30 - 34 anos	16
80	781	André Barreto			04:38:40	00:29:17	02:31:55	01:32:44	30 - 34 anos	17
81	847	Ricardo Rosa		Ludens Clube de Machico	04:38:40	00:29:13	02:41:25	01:22:37	35 - 39 anos	19
82	345	Roi Martin		TriOurense	04:38:46	00:27:35	02:31:55	01:35:13	35 - 39 anos	20
83	949	Allard Haarman		Mind Triathlon	04:39:01	00:28:08	02:29:37	01:36:44	35 - 39 anos	21
84	283	David Caldeirão		Louletano Desportos Clube	04:39:09	00:25:00	02:30:18	01:39:56	50 - 54 anos	4
85	115	Pedro Andrade		LBsquad	04:39:36	00:29:08	02:30:44	01:35:13	35 - 39 anos	22
86	402	Ricardo Simão		NDS Triatlo MRW Guarda	04:40:10	00:30:50	02:35:57	01:28:57	40 - 44 anos	16
87	909	Marciano Dias		DXC Tri Amazing	04:40:18	00:30:21	02:32:35	01:32:33	40 - 44 anos	17
88	650	João Faria			04:40:33	00:26:38	02:40:29	01:27:26	50 - 54 anos	5
89	7	Ana Santos		Académica Triatlo	04:40:36	00:27:08	02:38:14	01:31:35	40 - 44 anos	1
90	522	Marco Ferreira		Clube dos Galitos	04:41:14	00:27:33	02:29:38	01:40:19	40 - 44 anos	18
91	916	Francisco Gameiro		Alhandra Sporting Club	04:41:18	00:28:51	02:43:47	01:24:30	35 - 39 anos	23
92	157	Nuno Bela		Outsystems Olímpico de Oeiras	04:41:43	00:30:55	02:38:10	01:27:27	40 - 44 anos	19
93	66	Diogo Madeira		Triatlo Clube TAP	04:41:44	00:29:36	02:33:44	01:33:52	35 - 39 anos	24
94	520	Marco Pinto		TRICAP - Penafirme	04:41:46	00:33:50	02:34:21	01:29:09	30 - 34 anos	18
95	385	Pedro Conceição		Estoril Praia Credibom	04:42:18	00:26:16	02:37:04	01:35:26	40 - 44 anos	20



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
96	1023	Tiago Lopes		Outsystems Olímpico de Oeiras	04:42:24	00:27:45	02:31:15	01:37:56	30 - 34 anos	19
97	346	Guilherme Guerra		LBSquad	04:42:32	00:29:55	02:40:52	01:24:45	30 - 34 anos	20
98	309	Nuno Carvalhinho		Triatlo Clube TAP	04:42:50	00:31:34	02:30:41	01:35:43	50 - 54 anos	6
99	104	Gonçalo Martins		Núcleo do Sporting da Golegã	04:43:09	00:30:28	02:38:35	01:29:34	40 - 44 anos	21
100	485	Diogo Pereira		Triatlo Fundação Salesianos	04:43:10	00:32:11	02:35:43	01:30:48	45 - 49 anos	13
101	125	Luis Faustino			04:43:30	00:33:12	02:34:36	01:30:41	45 - 49 anos	14
102	380	Roberto Espiño		Club Triatlón O Cotón Negreira	04:43:32	00:26:39	02:42:58	01:29:43	45 - 49 anos	15
103	121	Pedro Bilro		SFRAA	04:43:51	00:28:27	02:40:15	01:30:51	45 - 49 anos	16
104	664	Paulo Gonçalves		Clube dos Galitos	04:43:53	00:28:21	02:38:36	01:32:54	40 - 44 anos	22
105	950	Pedro Gaspar		DXC Tri Amazing	04:43:55	00:28:48	02:34:48	01:34:02	40 - 44 anos	23
106	39	Carlos Ferreira		Louletano Desportos Clube	04:44:12	00:31:35	02:36:07	01:32:13	50 - 54 anos	7
107	810	Rui Gonçalves		Amiciclo Grândola	04:44:17	00:36:42	02:36:43	01:25:02	45 - 49 anos	17
108	672	Daniel Góis		LBSquad	04:44:19	00:24:48	02:31:34	01:43:29	35 - 39 anos	25
109	644	Juan González		Lusitano	04:44:35	00:27:05	02:37:45	01:35:25	50 - 54 anos	8
110	153	Pedro Rilho		AmoraSub/Associação Naval Amorense	04:44:38	00:30:07	02:39:47	01:31:05	35 - 39 anos	26
111	1002	Sergio Saboy		Club Deportivo Delikia	04:44:42	00:30:10	02:32:12	01:37:20	35 - 39 anos	27
112	296	Daniel Carvalho			04:44:42	00:34:42	02:35:50	01:28:30	40 - 44 anos	24
113	126	António Calafate		Núcleo do Sporting da Golegã	04:44:47	00:26:37	02:40:00	01:33:35	55 - 59 anos	2
114	768	Rui Oliveira		OnTri Sports	04:44:51	00:28:58	02:37:53	01:34:26	35 - 39 anos	28



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CLASSIFICAÇÃO'24

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115	887	Ricardo Pereira		Mc Donald 's/Tribraga	04:44:56	00:31:33	02:39:05	01:30:35	40 - 44 anos	25
116	923	Bruno Rolim		Vitória de Janes	04:45:12	00:31:36	02:38:50	01:30:47	40 - 44 anos	26
117	765	Henrique Pereira		Outsystems Olímpico de Oeiras	04:45:25	00:25:57	02:43:33	01:31:37	35 - 39 anos	29
118	15	João Pacheco		Outsystems Olímpico de Oeiras	04:45:34	00:31:09	02:32:38	01:37:52	35 - 39 anos	30
119	643	Miguel Ferreira		Clube dos Galitos	04:45:53	00:28:39	02:34:39	01:38:21	40 - 44 anos	27
120	114	Bruno Martins		SUColarensense	04:46:08	00:26:40	02:38:36	01:36:47	40 - 44 anos	28
121	1067	André Bernardino		Exército de Portugal	04:46:24	00:35:14	02:33:07	01:32:11	30 - 34 anos	21
122	374	José Júdice		LBSquad	04:46:37	00:27:59	02:40:47	01:32:01	35 - 39 anos	31
123	945	Caio Amim		Pimpões Triatlo	04:46:45	00:26:49	02:35:05	01:38:52	40 - 44 anos	29
124	160	Henrique Pereira		Associação de Actividade Motora Adaptada-AAMA	04:46:57	00:32:20	02:36:38	01:31:39	40 - 44 anos	30
125	567	Gonçalo Vale		OnTri Sports	04:47:05	00:27:44	02:40:06	01:33:16	40 - 44 anos	31
126	21	Pedro Fernandes		CNATRIL Triatlo	04:47:32	00:26:08	02:33:12	01:44:04	45 - 49 anos	18
127	59	Luis Ferreira		Núcleo do Sporting da Golegã	04:47:35	00:29:58	02:35:25	01:38:14	40 - 44 anos	32
128	131	Carlos Fernandes		SFRAA	04:47:39	00:28:42	02:43:42	01:30:48	45 - 49 anos	19
129	360	Henrique Avelar			04:47:42	00:32:35	02:36:19	01:34:48	40 - 44 anos	33
130	948	Esther Visser		Mind Triathlon	04:48:13	00:28:26	02:37:26	01:38:32	30 - 34 anos	1
131	260	Miguel Lucas			04:48:15	00:32:24	02:35:58	01:33:37	30 - 34 anos	22
132	642	Pedro Saraiva		LBSquad	04:48:24	00:29:52	02:48:47	01:26:14	30 - 34 anos	23
133	1041	Tiago Allen		LBSquad	04:48:25	00:31:58	02:44:20	01:25:02	35 - 39 anos	32



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

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134	546	Filipe Centeno		SNR TRIATLO	04:48:29	00:30:40	02:41:53	01:32:10	45 - 49 anos	20
135	867	Alexandre Goeller			04:48:31	00:30:41	02:35:17	01:36:03	35 - 39 anos	33
136	653	Jorge Vieira			04:48:35	00:33:28	02:40:00	01:30:30	55 - 59 anos	3
137	492	João Graça		LBSquad	04:48:42	00:25:54	02:37:08	01:41:09	30 - 34 anos	24
138	463	João Santos		DAR-Recardães EXPansion	04:48:52	00:33:47	02:33:01	01:35:42	40 - 44 anos	34
139	83	David Alfeirão		FC Ferreiras	04:49:04	00:32:26	02:32:29	01:40:14	35 - 39 anos	34
140	695	Ivan Couras			04:49:07	00:23:14	02:41:12	01:39:29	40 - 44 anos	35
141	1046	Lopo Carvalho		Clube Oriental de Lisboa	04:49:24	00:33:23	02:39:04	01:31:45	35 - 39 anos	35
142	539	Ricardo Lanceiro		SFRAA	04:49:42	00:31:17	02:44:33	01:29:02	45 - 49 anos	21
143	933	Sandro Touil		Académica Triatlo	04:50:07	00:27:48	02:36:54	01:40:24	30 - 34 anos	25
144	384	Hugo Sousa		ACRV - Associação Cultural e Recreativa de Valdágua	04:50:22	00:32:18	02:37:17	01:33:50	30 - 34 anos	26
145	330	Rui Fonseca		SFRAA	04:50:28	00:27:58	02:43:21	01:35:03	45 - 49 anos	22
146	198	Miguel Tomé		SFRAA	04:50:45	00:23:38	02:44:59	01:38:12	25 - 29 anos	10
147	834	Ruben Chagas			04:50:54	00:38:30	02:39:54	01:27:19	35 - 39 anos	36
148	806	Diogo Ennes		LBSquad	04:50:59	00:34:08	02:37:48	01:32:31	50 - 54 anos	9
149	113	Alexandre Nunes			04:51:02	00:34:55	02:41:30	01:30:00	45 - 49 anos	23
150	489	Carlos Maia		DXC Tri Amazing	04:51:13	00:32:15	02:31:03	01:42:02	55 - 59 anos	4
151	53	Sérgio Batalha		3B Triatlo	04:51:24	00:34:18	02:41:59	01:28:19	55 - 59 anos	5
152	814	Pablo Nuñez		Triatlón Vilagarcia	04:51:26	00:29:59	02:39:37	01:36:16	40 - 44 anos	36



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
153	5	Liliana Veríssimo		Sporting Clube de Espinho	04:51:36	00:29:31	02:49:56	01:28:28	35 - 39 anos	1
154	848	José Ferreira		LBsquad	04:51:37	00:33:35	02:40:32	01:31:59	25 - 29 anos	11
155	874	Ricardo Santos			04:51:37	00:32:26	02:37:47	01:36:38	40 - 44 anos	37
156	433	Nuno Dias		Amiciclo Grândola	04:51:38	00:35:01	02:44:55	01:26:47	35 - 39 anos	37
157	132	Luis Figueira		GRCD Leião Triatlo	04:51:38	00:29:13	02:42:02	01:35:30	45 - 49 anos	24
158	858	Miguel Gomes		Zupper	04:52:02	00:29:20	02:41:57	01:36:02	50 - 54 anos	10
159	23	Jorge Fonseca		Estoril Praia Credibom	04:52:07	00:28:31	02:41:41	01:37:28	45 - 49 anos	25
160	8	Inês Oliveira		Sporting Clube de Portugal	04:52:07	00:24:47	02:51:58	01:32:20	25 - 29 anos	1
161	494	Pedro Pinha		Try@Least	04:52:14	00:32:36	02:39:45	01:32:48	50 - 54 anos	11
162	292	Firmino Dias		OnTri Sports	04:52:15	00:32:31	02:41:40	01:32:13	45 - 49 anos	26
163	288	Júlia Lopes			04:52:24	00:25:24	02:49:09	01:32:37	30 - 34 anos	2
164	171	Sérgio Mota		Sporting Clube de Espinho	04:52:27	00:32:08	02:43:11	01:30:54	40 - 44 anos	38
165	410	Celso Moreira		DAR-Recardães EXPansion	04:52:28	00:30:33	02:43:59	01:33:53	40 - 44 anos	39
166	727	Goncalo Campos		Triatlo Clube TAP	04:52:35	00:28:53	02:43:30	01:34:44	35 - 39 anos	38
167	192	Pedro Machado		SUColarenses	04:52:42	00:28:24	02:49:58	01:28:26	35 - 39 anos	39
168	173	Bruno Fonseca		3B Triatlo	04:52:42	00:36:49	02:33:27	01:35:19	40 - 44 anos	40
169	827	Manuel Júlio		GRCD Leião Triatlo	04:52:43	00:27:51	02:43:17	01:37:14	40 - 44 anos	41
170	82	Lucas Peixoto			04:52:45	00:29:22	02:32:45	01:45:28	25 - 29 anos	12
171	1051	Jenny Nilsson			04:52:47	00:28:27	02:40:49	01:39:47	35 - 39 anos	2



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

<i>Lugar</i>	<i>Dorsal</i>	<i>Nome</i>	<i>Penal.</i>	<i>Clube</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>Ciclismo</i>	<i>Corrida</i>	<i>Age Group</i>	<i>Lugar Age Gr.</i>
172	1050	Kristoffer Säfström		Nordic triathlon club	04:52:48	00:24:57	02:19:02	02:04:56	35 - 39 anos	40
173	241	Frederico Catalão		LBsquad	04:52:54	00:33:47	02:39:32	01:31:55	35 - 39 anos	41
174	454	Santiago Gonzalez		TriOurense	04:53:07	00:32:41	02:51:24	01:23:04	50 - 54 anos	12
175	841	Domingos Vieira		Pedalarte	04:53:14	00:32:01	02:39:25	01:35:59	40 - 44 anos	42
176	715	Joel Cunha		OnTri Sports	04:53:14	00:31:08	02:38:30	01:37:31	40 - 44 anos	43
177	359	Bruno Alves		Alhandra Sporting Club	04:53:15	00:34:50	02:38:58	01:34:06	40 - 44 anos	44
178	79	Cláudio Canavilhas		3B Triatlo	04:53:20	00:31:43	02:41:06	01:36:23	40 - 44 anos	45
179	427	Hugo Fonseca		SFRAA	04:53:31	00:28:43	02:42:11	01:38:11	45 - 49 anos	27
180	527	Guilherme Bonito		Outsystems Olímpico de Oeiras	04:53:37	00:22:01	02:38:57	01:48:55	18 - 24 anos	6
181	47	Luis Alegrias		Kainágua	04:53:42	00:28:29	02:33:53	01:45:58	45 - 49 anos	28
182	472	Rui Rebocho		Kainágua	04:53:45	00:35:20	02:43:43	01:29:41	45 - 49 anos	29
183	352	Loic Charmoille			04:53:46	00:29:51	02:46:31	01:31:10	35 - 39 anos	42
184	298	Bruno Costa		GDR Manique de Cima	04:53:49	00:32:41	02:43:42	01:32:09	40 - 44 anos	46
185	311	David Fernandes		Sporting Clube de Portugal	04:53:55	00:36:10	02:36:06	01:37:41	35 - 39 anos	43
186	430	André Fernandes		Clube de natação da Amadora	04:54:00	00:23:54	02:39:21	01:46:17	25 - 29 anos	13
187	784	David Paiva		Clube de Natação de Torres Novas	04:54:03	00:23:17	02:46:29	01:38:21	35 - 39 anos	44
188	252	Agnelo Silva		Clube dos Galitos	04:54:06	00:29:28	02:37:48	01:41:41	35 - 39 anos	45
189	702	Luís Oliveira		Trepanelas Prifer	04:54:08	00:38:48	02:21:33	01:44:58	35 - 39 anos	46
190	609	João Gandum		LBsquad	04:54:09	00:34:27	02:40:31	01:33:31	25 - 29 anos	14



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
191	43	José Galvão			04:54:10	00:28:56	02:32:51	01:47:07	55 - 59 anos	6
192	92	Joao Silva		Atletas QGozo	04:54:15	00:34:44	02:37:35	01:36:35	45 - 49 anos	30
193	484	Marco Cunha		AmoraSub/Associação Naval Amorense	04:54:21	00:36:38	02:43:14	01:29:53	35 - 39 anos	47
194	815	Bruno Carvalheiro		LBSquad	04:54:21	00:40:55	02:34:17	01:32:55	40 - 44 anos	47
195	381	Adrian Cid		Club Triatlon Cervecería O Coton Negreira	04:54:28	00:28:31	02:46:40	01:34:07	40 - 44 anos	48
196	408	Pedro Alves			04:54:33	00:32:40	02:40:11	01:36:39	25 - 29 anos	15
197	429	Sérgio Vicente		OPRATICANTE.PT	04:54:54	00:30:18	02:43:26	01:36:03	35 - 39 anos	48
198	118	Stijn Vanacker			04:54:55	00:36:01	02:36:34	01:36:34	50 - 54 anos	13
199	14	Tiago Pona		Outsystems Olímpico de Oeiras	04:55:08	00:26:26	02:51:42	01:33:01	45 - 49 anos	31
200	620	Mário Brito		Grupo Desportivo de Natação de Famalicão	04:55:18	00:31:25	02:37:29	01:41:01	30 - 34 anos	27
201	550	Pedro Mendonca		Louletano Desportos Clube	04:55:25	00:31:48	02:36:30	01:42:14	45 - 49 anos	32
202	722	João Figueiredo			04:55:53	00:28:43	02:42:06	01:38:27	40 - 44 anos	49
203	597	Luis Roquete		LBSquad	04:56:24	00:28:43	02:46:07	01:35:22	30 - 34 anos	28
204	165	Edson Oliveira			04:56:32	00:35:09	02:43:27	01:32:30	40 - 44 anos	50
205	966	Diogo Cymbron			04:56:44	00:33:27	02:34:25	01:43:14	50 - 54 anos	14
206	150	Mário Santana		Moto Clube de Setúbal	04:56:59	00:32:36	02:45:04	01:35:08	40 - 44 anos	51
207	471	Bruno Silva		Sporting Clube de Espinho	04:57:07	00:27:26	02:46:05	01:38:49	40 - 44 anos	52
208	44	Luis Silva		The Cupcake Cartel	04:57:16	00:34:05	02:39:31	01:38:07	45 - 49 anos	33
209	93	Tiago Santo		Quitério TriPeniche	04:57:19	00:30:52	02:48:14	01:33:43	35 - 39 anos	49



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

<i>Lugar</i>	<i>Dorsal</i>	<i>Nome</i>	<i>Penal.</i>	<i>Clube</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>Ciclismo</i>	<i>Corrida</i>	<i>Age Group</i>	<i>Lugar Age Gr.</i>
210	146	Liliana Alexandre		Outsystems Olímpico de Oeiras	04:57:20	00:23:10	02:56:16	01:34:18	30 - 34 anos	3
211	853	Ruben Fernandez		Triatlon Porriño	04:57:22	00:35:07	02:35:59	01:39:34	50 - 54 anos	15
212	149	Nuno Lopes		Clube Millennium BCP	04:57:48	00:35:08	02:42:34	01:34:49	50 - 54 anos	16
213	207	Telmo Nogueira		Alhandra Sporting Club	04:57:49	00:37:55	02:52:17	01:23:22	40 - 44 anos	53
214	585	Manuel Fardilha		OnTri Sports	04:57:52	00:25:48	02:50:35	01:36:29	18 - 24 anos	7
215	103	João Freitas		Vitória de Janes	04:57:58	00:30:14	02:38:01	01:45:33	35 - 39 anos	50
216	167	Renan Castro		Outsystems Olímpico de Oeiras	04:58:00	00:31:12	02:40:21	01:40:37	35 - 39 anos	51
217	645	Francisco Perez		Club Triatlón Huelva	04:58:09	00:29:17	02:48:12	01:35:52	45 - 49 anos	34
218	117	Paulo Lamego		DXC Tri Amazing	04:58:29	00:29:58	02:41:58	01:41:36	50 - 54 anos	17
219	422	Xosé González		TriOurense	04:58:56	00:29:40	02:45:08	01:39:13	55 - 59 anos	7
220	638	Bruno Caixinha		OnTri Sports	04:58:57	00:32:30	02:47:56	01:33:30	35 - 39 anos	52
221	604	Vasco Pinto		OnTri Sports	04:59:03	00:38:24	02:42:42	01:31:37	35 - 39 anos	53
222	632	Pedro Santos		Grupo Desportivo de Natação de Famalicão	04:59:10	00:32:49	02:42:56	01:38:33	50 - 54 anos	18
223	900	Luis Lobo		Grupo Desportivo da Goma	04:59:11	00:33:13	02:40:14	01:40:47	30 - 34 anos	29
224	37	Rui Silva		Clube Oriental de Lisboa	04:59:11	00:32:24	02:43:14	01:38:28	45 - 49 anos	35
225	1009	João Lobo		LXTriathlon	04:59:13	00:28:21	02:48:49	01:37:32	40 - 44 anos	54
226	506	Jose Iglesias		TriOurense	04:59:13	00:34:49	02:46:43	01:32:37	55 - 59 anos	8
227	598	Pedro Pimentel		Clube dos Galitos	04:59:36	00:30:53	02:39:16	01:44:07	40 - 44 anos	55
228	617	Fábio Cebola			04:59:41	00:33:33	02:43:38	01:31:44	35 - 39 anos	54



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
229	399	Oscar Gonzalez		TRIATLON INFORHOUSE	05:00:24	00:27:20	02:47:52	01:38:55	45 - 49 anos	36
230	432	Joao Cabeleira			05:00:28	00:36:38	02:39:25	01:36:01	50 - 54 anos	19
231	137	Carlos Custodio		Clube Oriental de Lisboa	05:00:43	00:28:04	02:43:52	01:43:57	50 - 54 anos	20
232	1033	Tiago Costa		Wikaboo	05:00:43	00:30:08	02:40:28	01:42:08	45 - 49 anos	37
233	177	Vitor Piçarra			05:00:48	00:31:38	02:51:16	01:32:48	45 - 49 anos	38
234	999	Pedro Silva		Clube Ferroviário	05:00:50	00:30:19	02:48:59	01:35:28	35 - 39 anos	55
235	935	Jose Duarte		Clube Millennium BCP	05:01:01	00:30:28	02:40:38	01:42:56	50 - 54 anos	21
236	280	Eládio Manuel		Outsystems Olímpico de Oeiras	05:01:05	00:33:53	02:44:09	01:38:02	50 - 54 anos	22
237	687	António Lúcio		Louletano Desportos Clube	05:01:10	00:40:19	02:43:10	01:31:04	45 - 49 anos	39
238	913	Oliver May			05:01:21	00:31:29	02:38:08	01:45:10	40 - 44 anos	56
239	497	Rui Duarte		Ginásio Clube Naval de Faro	05:01:37	00:23:57	02:53:18	01:40:10	45 - 49 anos	40
240	570	Leonardo Loureiro			05:01:40	00:38:27	02:40:38	01:36:49	45 - 49 anos	41
241	537	Duarte Marques		LBSquad	05:01:52	00:34:20	02:43:17	01:37:53	30 - 34 anos	30
242	1034	Pablo Sousa		Triatlo Faro	05:01:54	00:36:20	02:42:11	01:35:12	40 - 44 anos	57
243	216	Bruno Batista		DXC Tri Amazing	05:02:12	00:31:11	02:49:09	01:37:04	45 - 49 anos	42
244	77	António Moreira		Clube dos Galitos	05:02:13	00:33:27	02:56:22	01:27:59	45 - 49 anos	43
245	581	Miguel Campos			05:02:15	00:35:05	02:38:38	01:39:46	50 - 54 anos	23
246	401	André Bernardo		NDS Triatlo MRW Guarda	05:02:18	00:32:44	02:58:26	01:25:17	18 - 24 anos	8
247	786	Luis Gil			05:02:29	00:36:36	02:38:58	01:40:13	25 - 29 anos	16



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
248	972	David Graña		C.T Mar de Vigo	05:02:41	00:30:50	02:42:47	01:43:49	35 - 39 anos	56
249	575	Vasco Afonso		Try@Least	05:02:54	00:29:37	02:45:38	01:43:20	18 - 24 anos	9
250	116	Goncalo Alves			05:02:55	00:27:09	02:48:38	01:42:31	35 - 39 anos	57
251	1006	Manuel Moutinho		Mc Donald 's/Tribraga	05:02:59	00:35:37	02:48:44	01:33:35	45 - 49 anos	44
252	954	Rafael Martinho		Académica Triatlo	05:03:05	00:34:50	02:46:51	01:34:30	45 - 49 anos	45
253	369	André Vaz		LBSquad	05:03:06	00:34:42	02:41:28	01:39:48	35 - 39 anos	58
254	1066	Orlando Marques		Exército de Portugal	05:03:06	00:30:40	02:43:16	01:42:58	45 - 49 anos	46
255	274	Luís Carvalho		SFRAA	05:03:08	00:32:22	02:37:32	01:49:06	30 - 34 anos	31
256	159	Mario Martins		OnTri Sports	05:03:34	00:39:35	02:42:51	01:35:36	40 - 44 anos	58
257	382	Félix Pais			05:03:45	00:33:06	02:41:30	01:42:23	35 - 39 anos	59
258	242	Bruno Rosado		DXC Tri Amazing	05:03:45	00:30:14	02:44:42	01:42:30	45 - 49 anos	47
259	158	Guilherme Libório		Outsystems Olímpico de Oeiras	05:04:11	00:29:27	02:49:54	01:39:27	45 - 49 anos	48
260	541	Antonio Cumbre			05:04:12	00:30:19	02:44:45	01:43:16	45 - 49 anos	49
261	512	Ricardo Silva		LXTriathlon	05:04:14	00:29:27	02:46:01	01:44:15	30 - 34 anos	32
262	248	Vasco Baptista			05:04:16	00:33:22	02:40:37	01:43:58	45 - 49 anos	50
263	398	Pedro Fernandes		Clube Oriental de Lisboa	05:04:26	00:31:16	02:49:32	01:39:17	45 - 49 anos	51
264	886	Pedro Fernandes		wikaboo	05:04:31	00:30:00	02:46:03	01:37:57	40 - 44 anos	59
265	946	Pedro Duarte		OnTri Sports	05:04:40	00:33:12	02:41:17	01:43:52	45 - 49 anos	52
266	76	Kiko Martins		LBSquad	05:04:50	00:34:04	02:42:13	01:43:11	45 - 49 anos	53



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
267	699	Victor Medina		Suricatos Triatlón Team	05:04:52	00:31:17	02:50:35	01:36:50	50 - 54 anos	24
268	731	Davide Magalhães		Exército de Portugal	05:05:12	00:38:25	02:39:45	01:41:23	40 - 44 anos	60
269	299	Pedro Pereira			05:05:19	00:37:58	02:40:43	01:39:36	40 - 44 anos	61
270	321	Francisco Santos			05:05:21	00:28:49	02:48:37	01:43:23	25 - 29 anos	17
271	297	Bruno Gramaxo		Grupo Desportivo de Natação de Famalicão	05:05:27	00:32:17	02:40:11	01:48:04	35 - 39 anos	60
272	383	Filipe Silva		JM Triathlon Team	05:05:44	00:32:12	02:47:59	01:39:22	40 - 44 anos	62
273	10	Rodrigo Almeida		Outsystems Olímpico de Oeiras	05:05:45	00:30:11	02:43:31	01:46:19	45 - 49 anos	54
274	217	Pedro Nogueira			05:05:46	00:33:05	02:38:40	01:48:58	40 - 44 anos	63
275	1049	Pedro Almeida		Marretas do Norte	05:05:47	00:34:11	02:44:45	01:38:35	40 - 44 anos	64
276	665	João Graça			05:06:04	00:29:31	02:52:43	01:38:25	18 - 24 anos	10
277	557	Pedro Neves		DXC Tri Amazing	05:06:12	00:35:46	02:46:52	01:38:46	50 - 54 anos	25
278	1007	Laura Nikolay		Outsystems Olímpico de Oeiras	05:06:12	00:33:55	02:44:00	01:42:06	25 - 29 anos	2
279	594	Adolfo Rodrigues		JM Triathlon Team	05:06:13	00:32:58	02:48:24	01:38:19	40 - 44 anos	65
280	341	João Rodrigues		Louletano Desportos Clube	05:06:13	00:40:11	02:38:48	01:40:53	45 - 49 anos	55
281	729	João Pereira		Clube Natação Alcobaça - Triatlo	05:06:31	00:33:23	02:44:51	01:41:13	35 - 39 anos	61
282	348	Dennis Matheson			05:06:39	00:34:58	02:43:19	01:43:35	40 - 44 anos	66
283	758	João Sales			05:07:00	00:36:12	02:46:09	01:36:05	40 - 44 anos	67
284	952	Carsten Bakker			05:07:12	00:34:48	02:38:45	01:45:39	30 - 34 anos	33
285	857	Guy Charlton		LBsquad	05:07:18	00:27:42	02:47:37	01:45:28	35 - 39 anos	62



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

<i>Lugar</i>	<i>Dorsal</i>	<i>Nome</i>	<i>Penal.</i>	<i>Clube</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>Ciclismo</i>	<i>Corrida</i>	<i>Age Group</i>	<i>Lugar Age Gr.</i>
286	123	Tiago Santos		Triatlo Clube da Lourinhã	05:07:19	00:36:02	02:40:16	01:45:33	35 - 39 anos	63
287	394	Duarte Zambujo			05:07:23	00:36:03	02:48:29	01:34:43	35 - 39 anos	64
288	74	Rui Amorim			05:07:29	00:35:00	02:45:09	01:40:52	55 - 59 anos	9
289	865	Luís Fera			05:07:31	00:35:37	02:43:37	01:40:47	40 - 44 anos	68
290	573	Neville Suzman		Clube Millennium BCP	05:07:32	00:33:12	02:41:17	01:47:45	55 - 59 anos	10
291	414	Inês Raimundo		AmoraSub/Associação Naval Amorense	05:07:36	00:30:58	02:47:52	01:45:08	25 - 29 anos	3
292	90	Pedro Cordeiro		Quitério TriPeniche	05:07:37	00:28:10	02:45:41	01:48:29	55 - 59 anos	11
293	878	João Silva		LBSquad	05:07:39	00:35:56	02:43:25	01:42:24	35 - 39 anos	65
294	623	Alexandre Guimarães		Grupo Desportivo de Natação de Famalicão	05:07:41	00:36:33	02:43:11	01:41:15	45 - 49 anos	56
295	515	Gonçalo Gameiro		Vitória de Janes	05:08:02	00:30:03	02:43:23	01:49:27	45 - 49 anos	57
296	618	Luis Martins			05:08:06	00:33:37	02:49:07	01:37:27	50 - 54 anos	26
297	190	Francisco Vasconcelos			05:08:08	00:27:03	02:59:08	01:36:01	30 - 34 anos	34
298	450	Renato Oliveira			05:08:09	00:26:17	02:53:21	01:43:11	25 - 29 anos	18
299	716	Jorge Banha		Triatlo Fundação Salesianos	05:08:14	00:34:52	02:43:05	01:44:47	45 - 49 anos	58
300	825	Vicente Romero		Club Triatlón Paracuellos	05:08:22	00:34:44	02:45:48	01:40:52	60 - 64 anos	1
301	333	Francisco Faria		Alhandra Sporting Club	05:08:28	00:32:08	02:46:11	01:44:33	25 - 29 anos	19
302	508	Pedro Gandola		Académica Triatlo	05:08:33	00:28:28	02:45:47	01:48:31	35 - 39 anos	66
303	805	José Barros		Try@Least	05:08:46	00:38:29	02:47:13	01:36:52	40 - 44 anos	69
304	186	António Lopes			05:08:50	00:30:41	02:42:23	01:49:41	45 - 49 anos	59



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
305	40	Bruno Godinho			05:08:51	00:31:15	02:43:11	01:49:37	40 - 44 anos	70
306	19	Pedro Lopes		Outsystems Olímpico de Oeiras	05:08:51	00:39:13	02:41:31	01:41:10	45 - 49 anos	60
307	932	João Hortega		LBsquad	05:08:54	00:34:56	02:45:44	01:43:08	30 - 34 anos	35
308	596	Manuel Pereira		Sporting Clube de Espinho	05:08:55	00:38:26	02:44:00	01:39:20	30 - 34 anos	36
309	908	João Rosa		Quitério TriPeniche	05:08:57	00:30:23	02:44:08	01:47:40	50 - 54 anos	27
310	285	José Nunes		Paredes Aventura	05:09:07	00:34:02	02:48:15	01:40:26	45 - 49 anos	61
311	170	Jorge Dinis		Centro Ciclista Azeitonense	05:09:10	00:30:51	02:45:01	01:47:44	55 - 59 anos	12
312	25	Marco Sousa		Pedrogão Triatlo	05:09:20	00:31:14	02:53:12	01:40:16	45 - 49 anos	62
313	424	Gonçalo Esteves		BTT Marinhais / Quitério Materiais de Construção	05:09:24	00:35:59	02:35:30	01:49:44	45 - 49 anos	63
314	257	Paulo Teles		3B Triatlo	05:09:32	00:32:57	02:46:31	01:44:25	50 - 54 anos	28
315	479	Tiago Batista		Triatlo Fundação Salesianos	05:09:38	00:29:24	02:46:06	01:49:52	40 - 44 anos	71
316	799	Afonso Chiote		Triatlo Clube TAP	05:09:39	00:31:11	02:55:12	01:35:43	30 - 34 anos	37
317	109	José Varela			05:10:07	00:30:47	02:54:06	01:38:49	50 - 54 anos	29
318	416	Amelia Drumm		Louletano Desportos Clube	05:10:10	00:33:18	02:56:08	01:36:30	45 - 49 anos	1
319	545	Luís Matos		Clube Fluvial Vilacondense	05:10:30	00:32:35	02:47:17	01:45:25	40 - 44 anos	72
320	549	Goncalo Bouhon			05:10:32	00:29:18	03:01:26	01:33:46	30 - 34 anos	38
321	518	Nuno Silva		AmoraSub/Associação Naval Amorense	05:10:44	00:28:10	02:42:30	01:55:08	30 - 34 anos	39
322	465	Marco Cristo		Ginásio Clube Naval de Faro	05:11:25	00:30:51	02:44:07	01:50:56	45 - 49 anos	64
323	483	Marco Rocha		Outsystems Olímpico de Oeiras	05:11:43	00:34:24	02:49:51	01:40:38	45 - 49 anos	65



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

<i>Lugar</i>	<i>Dorsal</i>	<i>Nome</i>	<i>Penal.</i>	<i>Clube</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>Ciclismo</i>	<i>Corrida</i>	<i>Age Group</i>	<i>Lugar Age Gr.</i>
324	846	Gonçalo Correia		Outsystems Olímpico de Oeiras	05:12:03	00:30:05	02:48:18	01:41:09	45 - 49 anos	66
325	235	Luís Gonçalves		Associação Académica de São Mamede	05:12:05	00:36:48	02:49:55	01:38:58	35 - 39 anos	67
326	16	Sérgio Filipe		AmoraSub/Associação Naval Amorense	05:12:11	00:31:40	02:48:36	01:47:28	40 - 44 anos	73
327	996	João Miranda		AMCR Fonte Grada	05:12:11	00:33:02	02:53:21	01:37:26	35 - 39 anos	68
328	953	Nuno Conceição		DXC Tri Amazing	05:12:13	00:30:18	02:41:38	01:53:26	45 - 49 anos	67
329	461	Daniel Estrada		DNMG	05:12:19	00:35:19	02:48:41	01:40:48	30 - 34 anos	40
330	319	David Mendes			05:12:20	00:31:14	02:49:01	01:45:31	25 - 29 anos	20
331	830	Rui Pinto		Pedalarte	05:12:25	00:33:41	02:47:10	01:46:15	30 - 34 anos	41
332	457	Roberto Rosado		Grupo Desportivo e Recreativo de Manique de Cima	05:12:34	00:37:25	02:39:41	01:50:25	40 - 44 anos	74
333	1031	Artur Lima		Grupo Desportivo de Nataçao de Famalicão	05:12:35	00:31:55	02:52:01	01:42:40	30 - 34 anos	42
334	507	João Santos		BEST - Associação Escola de Triatlo da Batalha	05:12:41	00:33:03	02:50:15	01:43:04	35 - 39 anos	69
335	291	David Oliveira		Lince Triathlon	05:12:53	00:35:00	02:55:44	01:36:18	30 - 34 anos	43
336	81	Rui Pereira		Quitério TriPeniche	05:12:53	00:34:53	02:51:29	01:40:23	45 - 49 anos	68
337	185	Fábio Teixeira		Alhandra Sporting Club	05:12:54	00:32:35	02:56:22	01:36:22	40 - 44 anos	75
338	423	Rui Sousa		Núcleo do Sporting da Golegã	05:13:21	00:31:27	02:55:47	01:41:13	50 - 54 anos	30
339	851	Bruno Gois		Ludens Clube de Machico	05:13:35	00:32:17	02:52:51	01:43:21	45 - 49 anos	69
340	621	Christophe Fernandes		Grupo Desportivo de Nataçao de Famalicão	05:13:35	00:25:43	02:49:49	01:53:40	30 - 34 anos	44
341	762	Francisco Coimbra		LBsquad	05:13:37	00:34:01	02:48:41	01:43:00	40 - 44 anos	76
342	756	Sebastiao Clara		LBsquad	05:13:39	00:31:49	02:51:44	01:44:15	40 - 44 anos	77



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
343	807	Edinson Sanchez			05:13:44	00:31:28	02:48:44	01:48:50	45 - 49 anos	70
344	740	Miguel Costa		Wikaboo	05:13:50	00:28:17	02:59:37	01:41:42	30 - 34 anos	45
345	61	Ricardo Faria			05:13:57	00:32:17	02:45:04	01:50:43	40 - 44 anos	78
346	178	Nuno Almeida		OnTri Sports	05:13:57	00:43:55	02:42:26	01:40:37	45 - 49 anos	71
347	1065	João Cardoso		Exército de Portugal	05:13:59	00:33:55	02:48:01	01:46:16	40 - 44 anos	79
348	871	Maxim Dragunov		OnTri Sports	05:13:59	00:36:56	02:43:15	01:46:53	35 - 39 anos	70
349	32	Luis Miranda			05:14:03	00:37:43	02:41:16	01:50:09	50 - 54 anos	31
350	877	Carlos Alves			05:14:07	00:32:39	02:48:16	01:46:08	35 - 39 anos	71
351	397	Carlos Saraiva			05:14:10	00:35:51	02:56:02	01:34:00	25 - 29 anos	21
352	897	Nuno Ribeiro		Grupo Desportivo da Goma	05:14:31	00:37:30	02:40:59	01:49:46	40 - 44 anos	80
353	1040	Joao Rêgo		Triatlo Clube TAP	05:14:34	00:28:16	02:43:55	01:56:50	50 - 54 anos	32
354	188	Eduardo Costa		GDR Manique de Cima	05:14:41	00:24:01	02:50:06	01:54:09	45 - 49 anos	72
355	204	Pedro Mendes		Try@Least	05:14:43	00:30:29	02:51:18	01:45:08	35 - 39 anos	72
356	18	Jose Farinha		Clube Millennium BCP	05:14:50	00:38:20	02:44:29	01:47:46	45 - 49 anos	73
357	468	Roberto Alonso		TriOurense	05:14:50	00:36:57	02:48:48	01:43:27	55 - 59 anos	13
358	166	Rita Ramos		Outsystems Olímpico de Oeiras	05:14:51	00:28:31	02:53:53	01:48:39	30 - 34 anos	4
359	986	Tiago Silva			05:14:57	00:33:36	02:55:42	01:37:33	25 - 29 anos	22
360	148	Pedro Filipe		Vitória de Janes	05:15:06	00:28:35	02:51:57	01:49:02	45 - 49 anos	74
361	626	Carlos Mourato		Rota D´Ossa Associação Cultural e Desportiva	05:15:26	00:35:02	02:37:30	01:52:15	40 - 44 anos	81



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
362	308	Luis Carvalho		Wikaboo	05:15:40	00:31:39	02:47:57	01:50:25	50 - 54 anos	33
363	139	Gustavo Gasparly		OnTri Sports	05:15:40	00:33:41	02:37:58	01:58:33	30 - 34 anos	46
364	435	João Marques		Triatlo Fundação Salesianos	05:15:41	00:36:59	02:47:07	01:45:43	55 - 59 anos	14
365	619	Marco Raminhos		Rota D´Ossa Associação Cultural e Desportiva	05:16:02	00:32:07	02:46:01	01:50:16	40 - 44 anos	82
366	578	Zico Gonçalves			05:16:11	00:34:10	02:55:44	01:38:12	40 - 44 anos	83
367	431	Patrick Silva		Quitério TriPeniche	05:16:28	00:32:45	02:39:37	01:58:01	45 - 49 anos	75
368	13	Pedro Nunes		Outsystems Olímpico de Oeiras	05:16:32	00:29:07	02:45:43	01:56:55	50 - 54 anos	34
369	931	Bernardo Freitas			05:16:32	00:28:52	02:50:16	01:51:53	30 - 34 anos	47
370	413	Miguel Baltazar		Quitério TriPeniche	05:16:33	00:32:35	02:44:11	01:53:11	50 - 54 anos	35
371	979	Rui Lapa			05:16:43	00:27:50	02:52:48	01:46:56	45 - 49 anos	76
372	792	Miguel Silva		LBsquad	05:16:56	00:29:50	02:53:53	01:41:37	45 - 49 anos	77
373	709	Pedro Roberto		DXC Tri Amazing	05:17:10	00:33:32	02:50:11	01:46:05	35 - 39 anos	73
374	370	Joaquim Fernandes		Grupo Desportivo Corticeiras	05:17:12	00:29:02	02:59:00	01:44:38	60 - 64 anos	2
375	197	Rui Nunes		DXC Tri Amazing	05:17:18	00:36:11	02:46:42	01:48:20	45 - 49 anos	78
376	759	Anatole Tricot			05:17:25	00:28:08	02:49:49	01:52:19	18 - 24 anos	11
377	300	Hugo Henriques		Clube de Futebol Os Belenenses	05:17:42	00:34:08	02:48:29	01:49:52	45 - 49 anos	79
378	656	Manuel Carvalho		LBsquad	05:17:54	00:38:37	02:53:12	01:39:49	30 - 34 anos	48
379	1037	João Westwood		Outsystems Olímpico de Oeiras	05:18:02	00:28:30	02:58:23	01:44:32	25 - 29 anos	23
380	885	Filipe Godinho			05:18:14	00:28:04	02:46:44	01:57:07	35 - 39 anos	74



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
381	795	Alexandre Lemos		LBSquad	05:18:21	00:36:32	02:53:44	01:41:11	30 - 34 anos	49
382	96	Joaquim Esteves		SFRAA	05:18:24	00:30:25	02:43:50	01:59:04	55 - 59 anos	15
383	142	Diogo Borges		DXC Tri Amazing	05:18:30	00:30:04	03:05:08	01:35:43	30 - 34 anos	50
384	859	João Caldeira		Ginásio Clube Naval de Faro	05:18:41	00:32:51	02:58:24	01:39:43	30 - 34 anos	51
385	1045	Pedro Correia			05:18:45	00:34:27	02:53:33	01:42:58	45 - 49 anos	80
386	975	Eva Silva		Outsystems Olímpico de Oeiras	05:18:50	00:32:30	02:52:44	01:47:28	40 - 44 anos	2
387	562	Francisco Lopez		C.D. Playas de Punta Umbria	05:19:00	00:32:43	02:48:25	01:51:17	45 - 49 anos	81
388	391	Pedro Mestre		OnTri Sports	05:19:13	00:31:28	02:50:47	01:50:07	50 - 54 anos	36
389	511	Hugo Fragoso		AmoraSub/Associação Naval Amorense	05:19:17	00:31:29	02:42:45	01:57:37	35 - 39 anos	75
390	331	Marco Pequeno			05:19:20	00:37:27	02:48:48	01:47:19	35 - 39 anos	76
391	22	Hugo Gomes		3B Triatlo	05:19:21	00:38:50	02:55:45	01:37:51	40 - 44 anos	84
392	547	Alexandre Rico		Clube OGMA	05:19:26	00:33:55	02:46:44	01:52:44	45 - 49 anos	82
393	591	Nuno Silveira		Outsystems Olímpico de Oeiras	05:19:39	00:35:07	02:54:56	01:40:18	45 - 49 anos	83
394	940	Filipe Barbosa		LBSquad	05:19:41	00:34:23	02:48:57	01:47:58	45 - 49 anos	84
395	60	Tiago Amado			05:19:42	00:36:53	02:56:22	01:41:27	40 - 44 anos	85
396	101	Filomena Gomes		Vitória de Janes	05:19:45	00:34:28	02:47:27	01:49:52	55 - 59 anos	1
397	335	António Barbosa		SFRAA	05:19:57	00:37:41	03:07:28	01:28:01	40 - 44 anos	86
398	696	António Marques			05:20:00	00:32:23	02:51:10	01:50:55	50 - 54 anos	37
399	326	Nuno Sousa		Outsystems Olímpico de Oeiras	05:20:01	00:36:00	02:47:29	01:51:25	35 - 39 anos	77



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
400	202	Adolfo Vagos		Quitério TriPeniche	05:20:12	00:36:01	02:51:12	01:48:19	50 - 54 anos	38
401	29	Gil Oliveira			05:20:13	00:30:07	02:47:42	01:55:50	55 - 59 anos	16
402	259	Martim Nunes		Zimbra Tri	05:20:17	00:37:08	02:58:35	01:39:03	45 - 49 anos	85
403	106	Pedro Rico		Quitério TriPeniche	05:20:26	00:27:25	02:54:29	01:52:01	45 - 49 anos	86
404	191	Pedro Leiria			05:20:37	00:36:09	02:50:01	01:46:47	50 - 54 anos	39
405	780	Pedro Granate		Try@Least	05:20:37	00:31:25	02:43:43	01:58:12	30 - 34 anos	52
406	938	Bruno Pinto			05:20:38	00:31:56	02:49:45	01:53:13	30 - 34 anos	53
407	689	Licínio Sousa		Exército de Portugal	05:20:44	00:47:22	02:45:39	01:42:39	50 - 54 anos	40
408	791	Rodrigo Magalhães		LBsquad	05:20:50	00:31:44	02:47:49	01:55:20	35 - 39 anos	78
409	838	Fernando Feijão			05:20:50	00:33:54	02:59:54	01:39:54	65 - 69 anos	1
410	184	Duarte Cortes		wikaboo	05:20:51	00:36:06	02:58:52	01:38:13	45 - 49 anos	87
411	228	Gonçalo Almeida		Alhandra Sporting Club	05:20:51	00:30:06	02:51:44	01:54:14	45 - 49 anos	88
412	102	Hugo Viegas		Lusitano Triatlo Clube	05:20:58	00:34:35	02:57:45	01:43:35	45 - 49 anos	89
413	438	Diogo Dias		OnTri Sports	05:20:59	00:25:11	02:59:23	01:51:12	25 - 29 anos	24
414	789	Pedro Teixeira		Clube Zupper	05:21:08	00:35:51	02:54:48	01:44:41	45 - 49 anos	90
415	718	Esmeraldino Sá		AmoraSub/Associação Naval Amorense	05:21:11	00:36:43	02:52:46	01:46:36	45 - 49 anos	91
416	238	Diogo Garcia		Wikaboo	05:21:20	00:32:35	02:56:58	01:45:17	45 - 49 anos	92
417	161	Ricardo Jerónimo			05:21:23	00:29:35	02:50:08	01:56:06	40 - 44 anos	87
418	144	Ivor Sebalj		Outsystems Olímpico de Oeiras	05:21:25	00:33:51	02:54:39	01:48:26	30 - 34 anos	54



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
419	794	Luís Melro		LBSquad	05:21:26	00:37:56	02:50:56	01:45:17	40 - 44 anos	88
420	675	Jorge Mello			05:21:29	00:37:06	02:55:45	01:41:23	35 - 39 anos	79
421	787	Bruno Gonçalves			05:21:46	00:34:51	02:56:32	01:44:16	35 - 39 anos	80
422	929	João Laranjo		OnTri Sports	05:21:49	00:35:14	02:55:18	01:45:41	30 - 34 anos	55
423	187	Bruno Carlos		OnTri Sports	05:22:08	00:41:39	02:48:55	01:44:36	40 - 44 anos	89
424	367	Rui Marques		Sporting Clube de Espinho	05:22:16	00:37:43	02:46:36	01:51:07	35 - 39 anos	81
425	453	Jose Morgado		SFRAA	05:22:16	00:34:19	02:46:11	01:55:48	55 - 59 anos	17
426	389	Miguel Costa			05:22:30	00:37:20	02:56:31	01:41:13	35 - 39 anos	82
427	392	Miguel Barnabé		Louletano Desportos Clube	05:22:47	00:34:19	02:57:53	01:45:05	55 - 59 anos	18
428	467	Antonio Balado		TriOurense	05:22:54	00:32:34	03:12:09	01:33:11	35 - 39 anos	83
429	404	Nuno Lemos		NDS Triatlo MRW Guarda	05:22:59	00:32:10	02:47:08	01:57:48	50 - 54 anos	41
430	1064	Flávio Figueiredo		Exército de Portugal	05:22:59	00:31:45	02:59:37	01:46:10	40 - 44 anos	90
431	782	Ricardo Pereira			05:23:06	00:33:51	02:46:58	01:55:44	50 - 54 anos	42
432	393	Pedro Faísca		Académica Triatlo	05:23:18	00:26:00	02:50:00	02:02:21	45 - 49 anos	93
433	822	Pedro Cardoso		Sporting Clube de Espinho	05:23:24	00:39:36	02:51:15	01:46:31	35 - 39 anos	84
434	415	José Caeiro		Associação Naval Amorense	05:23:25	00:35:53	02:50:56	01:48:41	40 - 44 anos	91
435	712	Cristian Vallejo		Suricatos Triatlón Team	05:23:30	00:29:35	02:55:29	01:50:37	40 - 44 anos	92
436	930	Jorge Nunes		Grupo Desportivo da Goma	05:23:35	00:34:28	03:03:57	01:38:30	60 - 64 anos	3
437	162	Paulo Vasconcelos		Outsystems Olímpico de Oeiras	05:23:37	00:38:03	02:46:49	01:52:16	55 - 59 anos	19



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
438	572	Diogo Almeida		DXC Tri Amazing	05:23:44	00:32:18	02:50:52	01:55:10	35 - 39 anos	85
439	615	Gustavo Ferreira			05:23:58	00:32:39	02:55:36	01:49:21	45 - 49 anos	94
440	691	Alberto Pires	LBSquad		05:24:09	00:36:43	02:54:34	01:46:23	50 - 54 anos	43
441	793	Diogo Ervilha	LBSquad		05:24:11	00:31:33	03:00:09	01:46:00	25 - 29 anos	25
442	502	Gaspar D''''''''orey		Lince Triathlon	05:24:12	00:28:31	02:45:28	02:04:53	40 - 44 anos	93
443	129	Luis Goncalves			05:24:22	00:40:23	02:59:09	01:38:15	40 - 44 anos	94
444	692	Miguel Basch			05:24:29	00:27:50	02:57:45	01:52:11	30 - 34 anos	56
445	998	Carlos Nunes		Núcleo do Sporting da Golegã	05:24:30	00:38:10	02:57:06	01:40:40	55 - 59 anos	20
446	470	João Fernandes			05:24:58	00:32:56	02:51:39	01:54:12	30 - 34 anos	57
447	739	Orlando Aires			05:25:01	00:33:42	02:57:47	01:46:25	50 - 54 anos	44
448	531	Antonio Martinho		Clube Oriental de Lisboa	05:25:04	00:28:44	03:01:57	01:47:34	55 - 59 anos	21
449	763	Jorge Nunes			05:25:18	00:24:36	03:04:24	01:51:25	25 - 29 anos	26
450	133	João Vieira		FC Ferreiras	05:25:38	00:35:45	02:53:31	01:51:34	35 - 39 anos	86
451	798	Bruno Costa		Triatlo Clube TAP	05:25:44	00:34:09	02:58:50	01:43:48	30 - 34 anos	58
452	915	Pedro Duarte			05:25:51	00:39:36	02:55:48	01:45:00	18 - 24 anos	12
453	464	Nuno Faria		Associacao Tripla Rotacao Palmela Desporto	05:25:53	00:32:16	02:52:19	01:55:21	45 - 49 anos	95
454	744	Ricardo Pereira			05:26:07	00:38:08	03:02:04	01:37:10	40 - 44 anos	95
455	648	Ricardo Neves		Sporting Clube de Portugal	05:26:16	00:35:06	02:58:05	01:46:05	45 - 49 anos	96
456	107	Fábio Santos		Clube Desportivo de Areias de São João	05:26:25	00:44:15	02:51:45	01:44:33	35 - 39 anos	87



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
457	1057	Hugo Ferreira		Clube Zupper	05:26:27	00:31:47	02:57:58	01:51:22	45 - 49 anos	97
458	1068	Gonçalo Gonçalves		Exército de Portugal	05:26:29	00:37:11	02:48:46	01:53:09	30 - 34 anos	59
459	304	Ricardo Figueiredo			05:26:48	00:27:12	03:01:02	01:51:49	35 - 39 anos	88
460	521	Henrique Delgado		ONTRISPORTS	05:26:59	00:27:55	02:50:26	02:03:17	40 - 44 anos	96
461	305	Tiago Vitorino		JM Triathlon Team	05:27:01	00:35:06	02:50:56	01:54:47	40 - 44 anos	97
462	444	Diogo Justino		Clube Millennium BCP	05:27:10	00:37:15	02:56:06	01:46:03	40 - 44 anos	98
463	590	Tiago Santos		ARCD Venda da Luísa	05:27:12	00:39:39	03:01:57	01:35:29	40 - 44 anos	99
464	11	Miguel Duarte			05:27:30	00:29:38	02:57:06	01:53:20	55 - 59 anos	22
465	556	Catarina Serrazina		CRP - Ribafria	05:27:40	00:35:55	03:05:38	01:40:12	35 - 39 anos	3
466	921	Rui Guedes			05:27:52	00:38:42	02:43:49	01:56:22	50 - 54 anos	45
467	528	Paulo Menezes		SUColarensense	05:27:52	00:36:41	03:01:38	01:40:35	50 - 54 anos	46
468	971	Diogo Teixeira			05:27:56	00:35:24	03:06:27	01:36:42	35 - 39 anos	89
469	223	Pedro Anágua		Outsystems Olímpico de Oeiras	05:27:59	00:38:33	02:56:19	01:46:35	35 - 39 anos	90
470	462	Ricardo Fernandaes		DAR-Recardães EXPansion	05:28:05	00:39:53	02:56:15	01:46:35	45 - 49 anos	98
471	262	Luis Lucas			05:28:14	00:31:10	02:57:52	01:51:57	25 - 29 anos	27
472	616	Duarte Penas			05:28:29	00:34:47	02:50:55	01:54:55	40 - 44 anos	100
473	796	Tiago Fonseca			05:28:38	00:38:34	02:56:13	01:46:24	35 - 39 anos	91
474	426	Joana Tomé		SFRAA	05:28:55	00:24:35	03:08:10	01:51:58	18 - 24 anos	1
475	256	Francisco Sosa			05:29:03	00:36:27	02:58:43	01:46:10	45 - 49 anos	99



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
476	119	Miguel Fernandes		OnTri Sports	05:29:19	00:39:20	02:59:26	01:42:18	40 - 44 anos	101
477	138	Duarte Carvalho			05:29:25	00:34:10	03:04:06	01:45:20	35 - 39 anos	92
478	868	Gonçalo Santos			05:29:40	00:34:56	02:58:59	01:48:48	30 - 34 anos	60
479	1060	Maria Medeiro		Outsystems Olímpico de Oeiras	05:29:42	00:28:15	02:57:18	01:59:29	25 - 29 anos	4
480	667	Carlos Correia			05:29:49	00:36:21	02:56:57	01:47:16	45 - 49 anos	100
481	612	Tiago Duarte		AmoraSub/Associação Naval Amorense	05:29:57	00:38:25	02:49:27	01:53:34	50 - 54 anos	47
482	317	Thomas Stark			05:30:05	00:42:14	02:50:27	01:50:35	45 - 49 anos	101
483	376	Francisco Perez		INACUA	05:30:12	00:35:50	03:04:36	01:41:44	50 - 54 anos	48
484	680	Manuel Sardinha		Ludens Clube de Machico	05:30:24	00:37:40	02:57:25	01:46:54	60 - 64 anos	4
485	353	Paulo Faria		Outsystems Olímpico de Oeiras	05:30:54	00:33:12	03:03:38	01:45:58	45 - 49 anos	102
486	519	Ricardo Quitério		Quitério TriPeniche	05:31:05	00:34:35	02:42:23	02:05:43	45 - 49 anos	103
487	671	Fábio Pinto			05:31:05	00:35:09	03:00:56	01:45:44	35 - 39 anos	93
488	797	Pedro Guerreiro		LBSquad	05:31:39	00:34:05	02:59:51	01:47:57	30 - 34 anos	61
489	919	Nuno Rosado			05:32:00	00:37:36	02:51:01	01:52:19	45 - 49 anos	104
490	554	André Serrazina		CRP - Ribafria	05:32:05	00:37:04	02:58:04	01:52:12	35 - 39 anos	94
491	701	Luis Pinho		FET - Fátima Escola de Triatlo	05:32:21	00:39:22	02:57:32	01:46:53	55 - 59 anos	23
492	703	Anton Balandin			05:32:25	00:35:28	03:01:57	01:46:18	35 - 39 anos	95
493	751	Joaquim Potes			05:32:26	00:30:01	03:06:07	01:48:46	45 - 49 anos	105
494	440	Nelson Lopes			05:32:40	00:48:40	02:55:05	01:42:02	40 - 44 anos	102



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
495	354	Marcos Mendaña		TriOurense	05:32:41	00:35:51	03:04:07	01:45:27	40 - 44 anos	103
496	770	Pedro Brandao		Clube Zupper	05:32:42	00:32:48	02:47:08	02:05:37	45 - 49 anos	106
497	574	Pedro Botelho			05:32:47	00:32:03	02:55:37	01:57:21	18 - 24 anos	13
498	446	Ricardo Mateus		LXTriathlon	05:32:47	00:37:00	03:10:02	01:38:54	45 - 49 anos	107
499	754	Bruno Fernandes			05:33:10	00:39:41	02:49:03	01:58:21	40 - 44 anos	104
500	373	Daniel Amaral		Clube dos Galitos	05:33:24	00:29:55	02:43:28	02:15:16	30 - 34 anos	62
501	895	Carlos Canito		Associação Académica de São Mamede	05:33:30	00:34:53	03:11:43	01:39:24	55 - 59 anos	24
502	651	João Valentim			05:33:38	00:36:59	02:57:34	01:52:34	40 - 44 anos	105
503	804	André Cunha		Try@Least	05:33:41	00:34:58	02:55:50	01:54:37	55 - 59 anos	25
504	289	Luís Melo		Grupo Desportivo de Natação de Famalicão	05:34:01	00:34:03	03:07:12	01:47:08	30 - 34 anos	63
505	273	Pedro Silva		Clube Natação Alcobaça - Triatlo	05:34:05	00:37:42	02:58:03	01:51:46	45 - 49 anos	108
506	690	Víctor Corte		Club Triatlón Huelva	05:34:13	00:37:11	02:58:09	01:51:42	35 - 39 anos	96
507	555	Rui Ligeiro		Alhandra Sporting Club	05:34:14	00:33:22	03:05:31	01:49:37	50 - 54 anos	49
508	189	Cristóvão Santos		Clube de Natação de Torres Novas	05:34:19	00:31:47	03:00:58	01:56:12	40 - 44 anos	106
509	1047	Gonçalo Rosa		Outsystems Olímpico de Oeiras	05:34:28	00:31:23	02:57:09	02:00:00	35 - 39 anos	97
510	78	Miguel Almeida			05:34:30	00:37:08	03:01:54	01:49:52	45 - 49 anos	109
511	1011	Joao Fernandes			05:34:37	00:26:44	03:05:28	01:53:23	30 - 34 anos	64
512	99	Pedro Teixeira		Wikaboo	05:34:59	00:35:55	03:00:58	01:51:39	40 - 44 anos	107
513	559	João Fernandes		Outsystems Olímpico de Oeiras	05:35:04	00:35:17	03:01:54	01:51:25	45 - 49 anos	110



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
514	365	Pedro Lourenço		AmoraSub/Associação Naval Amorense	05:35:34	00:37:24	02:58:32	01:53:00	50 - 54 anos	50
515	243	Diogo Silva		Outsystems Olímpico de Oeiras	05:35:40	00:31:13	02:53:56	02:04:45	50 - 54 anos	51
516	163	Manuel Pires			05:35:43	00:36:58	03:05:21	01:46:18	65 - 69 anos	2
517	445	Rui Rodrigues		Associação Humanitária Bombeiros Estoris	05:36:00	00:29:53	02:56:47	02:00:41	45 - 49 anos	111
518	327	Antonio Duarte			05:36:01	00:33:19	03:05:53	01:49:00	30 - 34 anos	65
519	1027	Patrícia Emídio		Triatlo Faro	05:36:10	00:33:34	03:03:59	01:53:53	25 - 29 anos	5
520	721	Nuno Mota			05:36:14	00:31:48	03:01:34	01:57:23	45 - 49 anos	112
521	244	João Oliveira		Outsystems Olímpico de Oeiras	05:36:30	00:38:49	02:53:32	01:59:03	35 - 39 anos	98
522	774	Carlos Rocha		Marretas do Norte	05:36:34	00:34:28	02:59:45	01:55:08	50 - 54 anos	52
523	990	David Jorge		Associação Académica de São Mamede	05:36:44	00:32:09	03:03:04	01:53:59	40 - 44 anos	108
524	984	António Pereira			05:37:02	00:34:51	03:00:12	01:50:22	45 - 49 anos	113
525	997	André Pereira			05:37:23	00:37:28	02:48:46	02:03:13	30 - 34 anos	66
526	553	Filipa Oliveira		DXC Tri Amazing	05:37:35	00:31:57	03:00:09	02:00:44	50 - 54 anos	1
527	820	Rui Carvalho		OnTri Sports	05:37:39	00:38:07	03:02:02	01:48:28	55 - 59 anos	26
528	406	Cedric Faché			05:37:49	00:37:36	03:14:56	01:35:15	30 - 34 anos	67
529	983	Alejandro Magallanes			05:37:56	00:34:20	03:00:36	01:56:52	25 - 29 anos	28
530	819	Jose Pina		Louletano Desportos Clube	05:38:01	00:37:13	02:58:09	01:54:30	45 - 49 anos	114
531	17	João Serôdio			05:38:12	00:35:50	02:52:52	02:01:49	45 - 49 anos	115
532	893	Rui Silva		AmoraSub/Associação Naval Amorense	05:38:28	00:44:37	02:59:51	01:46:43	50 - 54 anos	53



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
533	441	Hugo Carlos			05:38:28	00:39:07	02:58:21	01:52:58	45 - 49 anos	116
534	842	David Almeida		CCD Crédito Agrícola Mútuo	05:38:33	00:39:09	02:56:08	01:57:16	40 - 44 anos	109
535	947	Pedro Luís		LBSquad	05:38:42	00:33:35	03:08:25	01:48:18	30 - 34 anos	68
536	755	Hugo Braz			05:38:51	00:32:34	02:52:27	02:02:06	45 - 49 anos	117
537	1003	Tiago Delgado			05:38:51	00:34:34	03:10:19	01:47:12	35 - 39 anos	99
538	959	Gonçalo Afonso			05:38:53	00:37:44	03:04:27	01:46:33	18 - 24 anos	14
539	316	João Nunes			05:38:54	00:27:55	02:51:44	02:13:23	25 - 29 anos	29
540	1038	Pedro Fernandes		OnTri Sports	05:38:56	00:35:35	03:13:17	01:38:21	45 - 49 anos	118
541	286	Henrique Freire		GRCD Leião Triatlo	05:38:57	00:31:49	03:12:11	01:49:44	60 - 64 anos	5
542	267	Fernando Ferreira		Sporting Clube de Espinho	05:39:11	00:39:32	03:05:21	01:46:47	55 - 59 anos	27
543	469	Luis Tomé		Quitério TriPeniche	05:39:55	00:37:17	02:58:30	01:58:31	50 - 54 anos	54
544	1015	Diogo Fernandes		Grupo Desportivo de Natação de Famalicão	05:40:08	00:38:28	03:01:01	01:53:26	25 - 29 anos	30
545	98	João Beltrão			05:40:13	00:41:07	03:11:01	01:40:58	45 - 49 anos	119
546	1030	Aidan Mckay			05:40:30	00:32:53	02:56:44	02:02:08	60 - 64 anos	6
547	918	Lara Benito		Sporting Clube de Espinho	05:40:41	00:38:07	03:12:47	01:43:50	30 - 34 anos	5
548	320	Henrique Encarnação		Zome Portimão Marina	05:40:42	00:37:12	03:01:00	01:57:44	45 - 49 anos	120
549	635	Francisco Santos			05:41:00	00:32:20	02:59:11	02:02:49	30 - 34 anos	69
550	628	João Antunes		Clube Desportivo 3XS	05:41:12	00:33:10	03:03:43	01:59:18	35 - 39 anos	100
551	231	Fábio Paulo		Alhandra Sporting Club	05:41:42	00:44:02	02:57:44	01:51:41	40 - 44 anos	110



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
552	543	Helder Carvalheira			05:41:47	00:38:37	03:04:10	01:52:45	40 - 44 anos	111
553	476	João Marques			05:41:50	00:22:58	03:06:59	02:05:48	18 - 24 anos	15
554	486	Filipe Canilho		Académica Triatlo	05:41:53	00:42:54	03:09:35	01:42:39	40 - 44 anos	112
555	176	Tomás Sérvulo		GDC Fidelidade	05:42:47	00:33:56	03:10:24	01:49:57	30 - 34 anos	70
556	902	Francisco Bruno		Clube Millennium BCP	05:43:30	00:34:13	02:54:15	02:08:04	25 - 29 anos	31
557	879	Pedro Machado		Grupo Desportivo de Natação de Famalicão	05:43:59	00:26:38	02:57:25	02:14:38	35 - 39 anos	101
558	49	Alexandre Leal			05:43:59	00:43:50	03:09:06	01:42:54	45 - 49 anos	121
559	134	Pedro Martins		GRCD Leião Triatlo	05:44:14	00:31:39	03:03:31	02:02:24	45 - 49 anos	122
560	443	Nuno Clemente			05:44:15	00:40:24	03:04:06	01:53:43	50 - 54 anos	55
561	941	Miguel Lima		OnTri Sports	05:44:33	00:37:02	02:52:02	02:07:11	35 - 39 anos	102
562	480	William Santos		Sporting Clube de Espinho	05:44:37	00:36:43	02:57:15	02:04:04	35 - 39 anos	103
563	659	Jimmy Baudot			05:44:50	00:32:55	03:00:49	01:59:10	35 - 39 anos	104
564	194	José Gonçalves			05:44:52	00:33:35	03:02:37	02:01:58	50 - 54 anos	56
565	174	A. Fernandes		Marretas do Norte	05:45:13	00:34:52	02:54:59	02:07:56	55 - 59 anos	28
566	315	Francisco Beirão			05:45:23	00:36:58	03:07:41	01:54:02	35 - 39 anos	105
567	536	Pedro Mariz			05:45:37	00:38:10	03:07:09	01:49:05	30 - 34 anos	71
568	750	Carlos Preciso			05:45:54	00:42:16	03:05:48	01:50:56	50 - 54 anos	57
569	766	Pedro Pacheco		NSCP de Castro Verde/Campaniços Sobre Rodas	05:46:10	00:40:11	02:57:14	02:01:27	35 - 39 anos	106
570	925	Pedro Teixeira			05:46:26	00:39:44	03:13:00	01:46:13	35 - 39 anos	107



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
571	964	Bruno Fernandes		Alhandra Sporting Club	05:46:41	00:37:03	03:03:57	01:58:16	40 - 44 anos	113
572	772	Valter Anacleto			05:46:58	00:38:26	03:01:47	01:58:15	40 - 44 anos	114
573	1022	Carlos Ferreira		Outsystems Olímpico de Oeiras	05:47:08	00:28:05	03:01:29	02:09:04	55 - 59 anos	29
574	1035	Renan Silva			05:47:08	00:41:35	03:04:22	01:48:47	35 - 39 anos	108
575	538	Paulo Carvalhinho		Kainágua	05:47:12	00:36:20	02:55:58	02:07:24	55 - 59 anos	30
576	336	Luís Ricardo		Triatlo Fundação Salesianos	05:47:24	00:33:51	03:08:06	01:56:48	60 - 64 anos	7
577	777	Diogo Appleton		LBSquad	05:47:26	00:30:27	03:19:33	01:48:39	25 - 29 anos	32
578	258	Francisco Sanches-Osório		Estoril Praia Credibom	05:47:30	00:33:51	02:52:47	02:13:29	55 - 59 anos	31
579	110	Nuno Simoes		CAF - Clube Atletismo do Funchal	05:47:35	00:33:26	03:06:08	02:01:01	45 - 49 anos	123
580	922	Vera Lucas		Outsystems Olímpico de Oeiras	05:47:37	00:27:44	03:11:43	02:03:01	25 - 29 anos	6
581	698	Diogo Santo		Triatlo Fundação Salesianos	05:47:56	00:28:14	03:02:28	02:09:52	25 - 29 anos	33
582	978	Ricardo Santos		Clube Natação Alcobaca - Triatlo	05:48:26	00:35:41	03:08:05	01:56:51	50 - 54 anos	58
583	45	Rui Santos		AmoraSub/Associação Naval Amorense	05:48:50	00:34:35	03:01:50	02:05:41	45 - 49 anos	124
584	496	Bruno Santos		Alhandra Sporting Club	05:48:54	00:40:17	03:09:50	01:49:04	25 - 29 anos	34
585	111	Christian Ramos			05:48:54	00:39:17	03:08:10	01:54:43	45 - 49 anos	125
586	670	Hugo Freire		LXTriathlon	05:48:56	00:31:28	03:00:02	02:12:12	40 - 44 anos	115
587	624	Pedro Borges		OnTri Sports	05:48:56	00:33:41	03:11:24	01:55:50	35 - 39 anos	109
588	303	Bruno Faria		Paredes Aventura	05:48:59	00:39:26	03:12:06	01:50:23	45 - 49 anos	126
589	140	Nuno Silva		GDR Manique de Cima	05:49:10	00:29:32	02:54:43	02:19:26	40 - 44 anos	116



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
590	944	Vasco D''''''''orey			05:50:21	00:34:56	03:13:37	01:53:42	40 - 44 anos	117
591	882	Oksana Loi			05:50:28	00:35:28	03:20:56	01:47:15	30 - 34 anos	6
592	196	Aleksandr Igonkin		Outsystems Olímpico de Oeiras	05:50:31	00:37:08	03:12:06	01:56:55	40 - 44 anos	118
593	343	Pedro Matos			05:51:07	00:34:04	02:59:08	02:10:07	40 - 44 anos	119
594	456	Pedro Queiroz		SFRAA	05:51:11	00:36:43	03:07:05	02:01:29	45 - 49 anos	127
595	437	Gonçalo Rodrigues			05:51:14	00:33:54	03:14:18	01:54:30	25 - 29 anos	35
596	839	Jose Vazquez		Mar de Vigo Triatlon	05:51:21	00:31:36	03:17:06	01:56:48	55 - 59 anos	32
597	72	Fernanda Santinha		Clube Oriental de Lisboa	05:51:23	00:35:20	03:21:44	01:47:00	50 - 54 anos	2
598	724	Bruno Leite			05:51:23	00:31:51	03:12:50	01:57:46	40 - 44 anos	120
599	35	Filipe Ramos		Clube de Futebol Os Belenenses	05:51:26	00:32:54	03:05:22	02:07:13	50 - 54 anos	59
600	466	Hugo Medeiros		BEST - Associação Escola de Triatlo da Batalha	05:51:45	00:38:24	03:02:35	02:04:33	30 - 34 anos	72
601	287	José Carvalho		Clube Vela de Tavira	05:52:00	00:28:13	02:54:58	02:23:28	35 - 39 anos	110
602	428	João Fernando		Sporting Clube de Espinho	05:52:04	00:32:57	03:14:53	01:56:45	45 - 49 anos	128
603	233	Gonçalo Santos		AmoraSub/Associação Naval Amorense	05:52:36	00:39:59	03:12:36	01:51:28	40 - 44 anos	121
604	55	Paulo Santos		Quitério TriPeniche	05:52:49	00:31:25	03:01:25	02:12:23	60 - 64 anos	8
605	683	Gonçalo Matos			05:52:55	00:35:10	03:00:58	02:09:47	18 - 24 anos	16
606	455	Joao Pinto		Sporting Clube de Portugal	05:53:07	00:41:00	03:11:01	01:52:39	45 - 49 anos	129
607	180	Rui Vieira			05:53:07	00:35:00	03:14:40	01:55:46	55 - 59 anos	33
608	490	João Paulino			05:53:24	00:36:50	03:11:04	01:53:19	60 - 64 anos	9



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
609	869	Lucianna Machado		OnTri Sports	05:53:37	00:35:28	03:10:43	01:57:12	30 - 34 anos	7
610	175	Carlos Xavier		3B Triatlo	05:53:42	00:41:11	03:05:44	02:00:07	45 - 49 anos	130
611	761	Bruno Urbano		OnTri Sports	05:53:43	00:31:55	03:15:08	01:59:29	30 - 34 anos	73
612	1053	Nuno Lucas		OPraticante.pt	05:53:48	00:38:36	03:11:07	01:53:53	50 - 54 anos	60
613	474	José Costa		Académica Triatlo	05:54:01	00:33:52	03:03:53	02:09:12	40 - 44 anos	122
614	965	António Guerreiro			05:54:10	00:38:05	03:10:06	01:58:09	25 - 29 anos	36
615	920	Daniel Oliveira		Sporting Clube de Espinho	05:54:27	00:35:58	02:59:00	02:11:56	35 - 39 anos	111
616	375	Christopher Bernardo		Clube dos Galitos	05:54:31	00:34:03	02:59:23	02:13:42	35 - 39 anos	112
617	753	Pedro Cardoso		REBORN - Triathlon and Cancer	05:54:49	00:33:37	02:54:27	02:20:49	45 - 49 anos	131
618	481	Vítor Ferreira		Triatlo fundação Salesianos	05:55:04	00:34:05	03:05:41	02:08:43	45 - 49 anos	132
619	989	Daniel Silva		ACRV - Associação Cultural e Recreativa de Valdágua	05:55:14	00:45:42	02:59:26	02:01:20	35 - 39 anos	113
620	688	Jose García		Club Triatlón Huelva	05:55:23	00:39:01	03:03:34	02:05:00	55 - 59 anos	34
621	569	Hugo Jesus		Alhandra Sporting Club	05:55:25	00:36:39	03:07:58	02:03:16	45 - 49 anos	133
622	28	Eduardo Ferreira		Clube Millennium BCP	05:55:26	00:37:11	03:00:24	02:10:43	45 - 49 anos	134
623	856	João Ferreira		OnTri Sports	05:55:42	00:31:09	02:54:49	02:20:04	30 - 34 anos	74
624	991	Ricardo Rodriguez		Suricatos Triatlón Team	05:55:48	00:32:09	03:17:56	01:56:15	55 - 59 anos	35
625	660	Gaëtan François			05:56:01	00:34:31	03:07:49	02:04:21	35 - 39 anos	114
626	227	João Serôdio		Vitória de Janes	05:56:22	00:38:47	02:45:02	02:26:49	35 - 39 anos	115
627	542	Eduardo Matos		LXTriathlon	05:56:24	00:37:01	03:01:36	02:08:52	35 - 39 anos	116



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
628	855	Marco Carapinha		Clube Oriental de Lisboa	05:56:30	00:52:50	03:04:13	01:52:44	50 - 54 anos	61
629	237	Ricardo Mendes		Clube Millennium BCP	05:56:37	00:36:11	03:09:14	02:04:08	50 - 54 anos	62
630	1000	Diogo Parracho			05:56:40	00:50:52	03:16:15	01:39:25	35 - 39 anos	117
631	388	Bernardo Ferreira			05:56:51	00:34:57	03:05:40	02:06:49	35 - 39 anos	118
632	890	Sérgio Rosado		OnTri Sports	05:57:03	00:48:14	02:56:09	02:01:37	40 - 44 anos	123
633	790	André Francisco			05:57:09	00:34:18	03:12:31	02:01:44	30 - 34 anos	75
634	586	Pedro Fardilha		OnTri Sports	05:57:16	00:34:53	03:09:32	02:04:46	50 - 54 anos	63
635	349	João Lourenço		GRCD Leião Triatlo	05:57:17	00:37:55	03:23:01	01:45:51	60 - 64 anos	10
636	318	Ana Rodrigues		Estoril Praia Credibom	05:57:26	00:42:45	03:07:02	02:02:36	35 - 39 anos	4
637	1010	Tomás Cunha			05:57:35	00:33:57	03:09:40	02:05:26	40 - 44 anos	124
638	705	Rosa Rodrigues		Clube dos Galitos	05:57:37	00:47:45	03:02:29	02:00:46	55 - 59 anos	2
639	342	Joao Pedras		Try@Least	05:57:37	00:37:44	03:07:40	02:04:31	50 - 54 anos	64
640	85	Tiago Garcia		Louletano Desportos Clube	05:57:42	00:34:34	02:56:44	02:20:19	35 - 39 anos	119
641	605	Andrea Saporito		GRCD Leião Triatlo	05:57:44	00:37:28	03:19:20	01:54:05	40 - 44 anos	125
642	637	João Cal		OnTri Sports	05:57:44	00:38:59	03:07:36	02:01:58	30 - 34 anos	76
643	84	João Silva		3B Triatlo	05:57:45	00:32:15	03:09:02	02:07:17	30 - 34 anos	77
644	738	Paulo Guedes			05:57:51	00:38:07	03:09:50	02:01:48	60 - 64 anos	11
645	377	Paulo Moutinho		Clube Oriental de Lisboa	05:58:06	00:29:56	03:18:36	02:01:03	50 - 54 anos	65
646	1032	Antonio Anunciada			05:58:29	00:36:56	03:03:21	02:11:14	50 - 54 anos	66



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
647	809	Francisco Leal			05:58:32	00:33:57	03:07:09	02:08:48	25 - 29 anos	37
648	108	Luís Massapina		FC Ferreiras	05:58:35	00:46:36	03:16:25	01:49:03	45 - 49 anos	135
649	282	Lenia Gamito		Louletano Desportos Clube	05:58:39	00:35:30	03:17:16	01:58:25	45 - 49 anos	2
650	386	Diogo Queiroz			05:58:56	00:36:25	03:16:34	01:57:41	35 - 39 anos	120
651	974	Sérgio Rodrigues			05:59:06	00:39:10	03:08:54	02:03:17	40 - 44 anos	126
652	91	Luís Lemos		FC Ferreiras	05:59:23	00:41:08	03:15:20	01:57:41	45 - 49 anos	136
653	764	Pedro Sanguino		CNATRIL Triatlo	05:59:29	00:37:42	03:06:26	02:07:38	40 - 44 anos	127
654	826	José Bonito		Clube de Triatlo de Almada	05:59:29	00:38:45	03:00:25	02:11:46	50 - 54 anos	67
655	151	Pedro Calvario		DXC Tri Amazing	05:59:39	00:35:09	03:13:07	01:59:59	50 - 54 anos	68
656	903	José Almeida		Clube Millennium BCP	06:00:00	00:36:08	03:11:51	02:05:53	55 - 59 anos	36
657	565	Telmo Pinto		Triatlo Clube da Lourinhã	06:00:13	00:48:26	02:56:24	02:05:35	50 - 54 anos	69
658	962	Rui Velez		Clube Oriental de Lisboa	06:00:34	00:31:16	03:00:25	02:23:50	60 - 64 anos	12
659	601	Bruno Fonseca			06:00:35	00:34:38	03:02:32	02:16:16	40 - 44 anos	128
660	599	Antonio Ferreira			06:01:12	00:31:29	02:57:59	02:23:00	55 - 59 anos	37
661	833	Izabella Pires		Ironmind	06:01:43	00:35:17	03:23:12	01:56:21	40 - 44 anos	3
662	31	Luis Cipriano		AMCR Fonte Grada	06:02:07	00:41:17	03:26:02	01:47:30	50 - 54 anos	70
663	219	Vasco Pinheiro			06:02:08	00:36:09	03:02:31	02:14:49	55 - 59 anos	38
664	1048	Ruben Maurício		AmoraSub/Associação Naval Amorense	06:02:48	00:35:51	03:22:47	01:56:10	35 - 39 anos	121
665	993	Alvaro Barneto		Suricatos Triatlón Team	06:02:58	00:36:53	03:12:56	01:57:48	50 - 54 anos	71



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
666	403	Ana Gomes		NDS Triatlo MRW Guarda	06:03:04	00:39:37	03:24:33	01:52:23	45 - 49 anos	3
667	850	João Garcia		Quitério TriPeniche	06:03:09	00:37:49	03:17:01	02:00:32	40 - 44 anos	129
668	928	Manuel Mira			06:03:32	00:34:31	03:16:55	02:02:55	30 - 34 anos	78
669	906	Jesús Lorenzo		Club Triatlón Mar de Vigo	06:03:33	00:47:44	03:11:44	01:56:20	45 - 49 anos	137
670	307	Catarina Carvalho		Clube Vela de Tavira	06:03:35	00:35:25	03:17:59	02:01:21	45 - 49 anos	4
671	112	Gonçalo Neves		Associação Académica de São Mamede	06:03:40	00:37:18	03:09:26	02:08:37	40 - 44 anos	130
672	778	Flavio Pereira		Clube vela de Tavira	06:03:49	00:33:49	03:04:32	02:20:28	35 - 39 anos	122
673	214	André Coelho		Forlife - Clube de Triatlo de Viseu	06:03:54	00:40:37	03:07:58	02:06:48	40 - 44 anos	131
674	278	Pedro Luiz			06:04:01	00:41:27	03:11:54	02:02:41	40 - 44 anos	132
675	832	Francisco Faria			06:04:39	00:43:56	03:03:47	02:06:42	50 - 54 anos	72
676	442	Beatriz Passos		Grupo Desportivo de Nataçao de Famalicão	06:04:50	00:33:57	03:39:45	01:46:13	25 - 29 anos	7
677	788	Filipe Campos			06:05:11	00:45:44	03:23:08	01:45:50	30 - 34 anos	79
678	694	Andreia Gonçalves			06:05:20	00:42:32	03:23:30	01:52:07	30 - 34 anos	8
679	488	Tiago Filipe		BEST - Associação Escola de Triatlo da Batalha	06:05:24	00:36:07	03:10:29	02:10:56	18 - 24 anos	17
680	987	Javier Magallanes		Vitalclass	06:05:27	00:37:27	03:22:27	01:58:45	25 - 29 anos	38
681	1017	Thiago Campanhã		JM Triathlon Team	06:05:39	00:42:43	03:00:02	02:07:40	35 - 39 anos	123
682	904	Luis Costa		Clube Millennium BCP	06:05:53	00:38:06	03:13:35	02:03:47	50 - 54 anos	73
683	980	Julio Nepomuceno		Escola Triatlo Santo António Évora	06:06:07	00:38:09	03:19:01	02:01:06	50 - 54 anos	74
684	771	Joao Ramos		LBSquad	06:06:16	00:54:38	02:59:40	02:03:19	40 - 44 anos	133



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
685	87	André Leal			06:06:37	00:39:49	03:14:12	02:00:29	40 - 44 anos	134
686	1029	Lenka Krátka		Naval de Faro	06:06:43	00:35:22	03:18:00	02:05:21	40 - 44 anos	4
687	65	Mario Teofilo			06:07:13	00:31:26	03:25:30	02:04:43	50 - 54 anos	75
688	400	Jorge Barroso			06:07:19	00:34:57	03:22:00	02:01:01	45 - 49 anos	138
689	477	Daniela Langaro		Outsystems Olímpico de Oeiras	06:07:34	00:36:47	03:23:53	02:00:14	50 - 54 anos	3
690	725	Carlos Gomes		Clube Desportivo de Areias de São João	06:07:36	00:38:11	03:10:47	02:12:35	55 - 59 anos	39
691	63	José Correia			06:07:53	00:36:19	03:11:24	02:13:08	60 - 64 anos	13
692	888	Andreia Tourais		Outsystems Olímpico de Oeiras	06:07:58	00:42:36	03:17:24	02:01:25	35 - 39 anos	5
693	614	João Dantas			06:08:11	00:34:30	03:13:39	02:12:44	35 - 39 anos	124
694	818	Gonçalo Vicente			06:09:17	00:36:13	03:06:56	02:17:07	45 - 49 anos	139
695	560	Frederico Pereira		LBsquad	06:09:20	00:41:10	03:28:51	01:47:57	30 - 34 anos	80
696	205	José Fernandes		Forlife - Clube de Triatlo de Viseu	06:09:28	00:37:37	03:08:48	02:16:40	30 - 34 anos	81
697	649	Sérgio Sousa			06:09:35	00:38:23	03:23:40	01:59:26	40 - 44 anos	135
698	835	António Saraiva		JM Triathlon Team	06:10:00	00:32:54	03:27:11	01:56:14	35 - 39 anos	125
699	981	Fernando Rudilla			06:10:27	00:35:31	03:20:41	02:04:48	40 - 44 anos	136
700	673	Sandra Sausen		OnTri Sports	06:10:41	00:41:30	03:10:04	02:11:10	40 - 44 anos	5
701	700	Tiago Veigas			06:10:47	00:43:33	03:32:24	01:44:19	40 - 44 anos	137
702	870	Nikita Colomatin			06:11:13	00:38:28	03:11:37	02:12:46	25 - 29 anos	39
703	914	João Varela			06:11:20	00:41:49	03:18:40	02:00:28	25 - 29 anos	40



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
704	395	Ricardo Dagge			06:11:48	00:34:59	03:21:25	02:07:56	35 - 39 anos	126
705	143	Paulo Gonçalves		Outsystems Olímpico de Oeiras	06:12:51	00:32:30	03:08:58	02:24:04	45 - 49 anos	140
706	473	Joao Fernandes			06:13:15	00:33:54	03:25:34	02:06:59	50 - 54 anos	76
707	862	Begona Carneado		Estoril Praia Credibom	06:13:20	00:38:05	03:37:20	01:50:06	35 - 39 anos	6
708	666	Pedro Tarouca			06:13:43	00:37:06	03:27:29	02:00:57	55 - 59 anos	40
709	128	Miguel San-Payo			06:14:00	00:34:34	03:33:23	02:00:57	60 - 64 anos	14
710	583	Hugo Julião			06:14:05	00:36:05	03:16:03	02:16:18	40 - 44 anos	138
711	697	Miguel Barreto			06:14:25	00:43:29	03:28:53	01:55:30	30 - 34 anos	82
712	957	Marta Calvar			06:14:38	00:37:43	03:27:09	02:03:12	45 - 49 anos	5
713	334	Pedro Botelho		AmoraSub/Associação Naval Amorense	06:14:47	00:27:19	02:59:00	02:43:45	50 - 54 anos	77
714	679	Mário Rodrigues		Ludens Clube de Machico	06:14:55	00:39:46	03:08:37	02:16:02	50 - 54 anos	78
715	67	Rui Martins			06:15:07	00:38:51	03:11:52	02:14:28	55 - 59 anos	41
716	364	Bruno Pilar		AmoraSub/Associação Naval Amorense	06:15:08	00:45:00	03:09:57	02:12:12	35 - 39 anos	127
717	811	Diogo Mota		Clube de Futebol Os Belenenses	06:15:27	00:50:09	03:16:26	02:01:29	40 - 44 anos	139
718	48	Miguel Cruz		Clube Millennium BCP	06:15:31	00:40:18	03:18:38	02:07:59	55 - 59 anos	42
719	613	Eduardo Carpinteiro		Tri oeste	06:15:32	00:41:26	03:21:33	02:01:14	60 - 64 anos	15
720	967	Bernardo Kelly			06:16:06	00:32:33	03:18:30	02:13:45	25 - 29 anos	41
721	491	Nuno Nobre		SUColarese	06:17:06	00:43:33	03:16:39	02:09:10	50 - 54 anos	79
722	1016	Nuno Arraiano		Aminata - Évora Clube de Natação	06:17:29	00:41:21	03:37:57	01:47:20	30 - 34 anos	83



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
723	977	Sebastiao Reino		Outsystems Olímpico de Oeiras	06:17:39	00:28:32	03:20:38	02:20:50	25 - 29 anos	42
724	337	Luís Costa			06:18:44	00:39:21	03:21:31	02:09:57	25 - 29 anos	43
725	880	Filipe Sousa			06:18:59	00:46:29	03:22:13	02:02:39	40 - 44 anos	140
726	379	Manuel Marchante		Escola Triatlo Santo António Évora	06:19:07	00:32:26	03:18:20	02:20:33	30 - 34 anos	84
727	955	Paulo Salgado			06:19:12	00:36:47	03:24:20	02:10:52	50 - 54 anos	80
728	593	João Borralho		Rota D´Ossa Associação Cultural e Desportiva	06:19:31	00:52:34	03:15:50	02:00:35	45 - 49 anos	141
729	141	Hugo Santinhos		AmoraSub/Associação Naval Amorense	06:19:36	00:41:31	03:12:37	02:19:15	50 - 54 anos	81
730	12	Jose Canela		Louletano Desportos Clube	06:20:03	00:57:37	03:17:46	01:57:17	45 - 49 anos	142
731	213	Rui Catarrinha		Clube Desportivo 3XS	06:20:35	00:34:30	03:30:54	02:05:37	50 - 54 anos	82
732	1054	Vitor Grilo		Triatlo Clube TAP	06:21:30	00:33:04	03:16:50	02:17:10	55 - 59 anos	43
733	390	Tiago Afonseca		Associação Humanitária Bombeiros Estoris	06:22:14	00:38:40	03:33:53	02:03:07	18 - 24 anos	18
734	232	Daniel Aguiar		GDR Manique de Cima	06:22:23	00:34:58	03:25:44	02:10:03	50 - 54 anos	83
735	261	Maria Lucas			06:22:29	00:40:24	03:37:38	01:54:34	30 - 34 anos	9
736	325	Ana Duarte		Outsystems Olímpico de Oeiras	06:23:10	00:37:03	03:20:58	02:17:26	45 - 49 anos	6
737	655	António Almeida		Remo Clube Lusitano	06:23:21	00:32:26	03:20:38	02:20:36	25 - 29 anos	44
738	861	Mark Obrien			06:23:26	00:28:55	03:13:24	02:32:19	45 - 49 anos	143
739	843	Mariana Duarte		OnTri Sports	06:23:27	00:36:16	03:34:09	02:04:08	35 - 39 anos	7
740	956	Rui Silva		Escola Triatlo Santo António Évora	06:23:59	00:36:42	03:29:48	02:10:01	40 - 44 anos	141
741	275	Carlos Gouveia		Clube Vela de Tavira	06:24:14	00:38:13	03:14:58	02:21:43	40 - 44 anos	142



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
742	499	Jeane Abreu		Clube Desportivo do Beato - CDB	06:24:18	00:38:59	03:23:32	02:12:31	55 - 59 anos	3
743	783	José Maçarria			06:24:31	00:37:05	03:30:32	02:10:27	60 - 64 anos	16
744	889	Nuno Ribeiro		Clube de Triatlo de Viseu	06:24:35	00:37:31	03:16:36	02:24:23	45 - 49 anos	144
745	779	Armando Lopes		SFRAA	06:24:50	00:40:53	03:34:20	02:00:23	60 - 64 anos	17
746	409	Pedro Renca		NDS Triatlo MRW Guarda	06:25:39	00:38:41	03:28:22	02:09:51	45 - 49 anos	145
747	548	Vasco Almeida		LBSquad	06:26:57	00:38:52	03:24:07	02:14:51	30 - 34 anos	85
748	961	Ricardo Pita			06:27:08	00:29:15	03:20:05	02:28:30	40 - 44 anos	143
749	210	Eduardo Poças		GRCD Leião Triatlo	06:27:09	00:31:20	03:27:27	02:19:42	45 - 49 anos	146
750	439	Luis Santos		GDR Manique de Cima	06:27:19	00:39:04	03:21:38	02:19:40	55 - 59 anos	44
751	405	Cristina Santos		NDS Triatlo MRW Guarda	06:27:33	00:43:30	03:23:00	02:14:55	40 - 44 anos	6
752	891	Joao Almeida			06:27:36	00:41:08	03:16:41	02:17:22	25 - 29 anos	45
753	71	Filipa Fernandes		AmoraSub/Associação Naval Amorense	06:28:00	00:41:17	03:28:37	02:11:37	40 - 44 anos	7
754	803	Marta Cunha		Try@Least	06:28:05	00:38:06	03:26:27	02:15:35	30 - 34 anos	10
755	448	Marta Rodrigues			06:28:09	00:31:20	03:29:38	02:19:35	25 - 29 anos	8
756	652	Daniel Justino			06:28:12	00:34:12	03:27:53	02:15:54	25 - 29 anos	46
757	669	Ricardo Duarte		Clube OGMA	06:29:28	00:48:16	03:21:47	02:12:04	45 - 49 anos	147
758	1063	Carlos Teixeira		Exército de Portugal	06:30:42	00:43:24	03:19:46	02:21:38	35 - 39 anos	128
759	540	Miguel Vieira		Associação Académica de São Mamede	06:30:54	00:34:19	03:11:25	02:37:08	50 - 54 anos	84
760	881	Daniel Galvão		Pimpões Triatlo	06:31:41	00:39:43	03:39:44	02:05:46	40 - 44 anos	144



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
761	752	Miguel Rocha		Clube de Futebol Os Belenenses	06:33:15	00:34:44	03:14:37	02:36:25	50 - 54 anos	85
762	769	Susana Flores		DAR-Recardães EXPansion	06:33:27	00:48:02	03:28:57	02:11:48	40 - 44 anos	8
763	926	Carlos Lopes			06:33:30	00:35:19	03:24:52	02:19:23	55 - 59 anos	45
764	250	Marco Ventura			06:34:42	00:36:41	03:31:31	02:15:22	50 - 54 anos	86
765	982	Jesús Mairena			06:36:23	00:44:22	03:27:35	02:17:20	55 - 59 anos	46
766	475	Carlos Vicente		Try@Least	06:37:11	00:43:57	03:14:41	02:32:08	55 - 59 anos	47
767	854	Juan Rial			06:37:44	00:46:26	03:28:02	02:14:25	55 - 59 anos	48
768	1014	Mariana Monteiro		Outsystems Olímpico de Oeiras	06:37:55	00:34:47	03:29:44	02:20:38	25 - 29 anos	9
769	266	Marco Carretero		Olimpia triatlón	06:40:58	00:38:01	03:31:11	02:21:58	50 - 54 anos	87
770	203	Joaquim Vieira			06:41:00	00:41:09	03:14:47	02:37:22	50 - 54 anos	88
771	478	Hélio Garcia			06:41:04	00:41:27	03:20:51	02:31:52	45 - 49 anos	148
772	269	Manuel Nunes			06:41:20	00:39:10	03:25:13	02:30:07	55 - 59 anos	49
773	732	Antonio Quadrado			06:41:34	00:46:28	03:20:42	02:27:51	45 - 49 anos	149
774	533	Pedro Ferreira			06:42:41	00:37:29	03:29:50	02:23:20	45 - 49 anos	150
775	363	João Páscoa			06:43:20	00:38:02	03:44:03	02:13:47	55 - 59 anos	50
776	748	Anton Voroniuk			06:44:27	00:38:46	03:39:27	02:17:02	35 - 39 anos	129
777	937	Vladislava Vasianina			06:45:11	00:51:06	03:37:24	02:07:36	40 - 44 anos	9
778	154	Pedro Ribeiro		Outsystems Olímpico de Oeiras	06:46:30	00:35:59	03:25:23	02:38:09	60 - 64 anos	18
779	647	David Monteiro			06:46:39	00:42:18	03:29:33	02:23:10	35 - 39 anos	130



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
780	245	Cláudio Caramelo		Clube de Natação de Torres Novas	06:46:42	00:39:44	03:27:27	02:31:58	40 - 44 anos	145
781	268	Helena Sécio			06:48:12	00:38:19	03:28:14	02:34:11	55 - 59 anos	4
782	70	Luís Carvalho			06:48:47	00:35:43	03:28:06	02:35:45	50 - 54 anos	89
783	36	Renato Araújo		AmoraSub/Associação Naval Amorense	06:49:22	00:33:32	02:55:55	03:10:01	55 - 59 anos	51
784	493	Nuno Fernandes			06:49:30	00:40:12	03:42:27	02:20:33	60 - 64 anos	19
785	711	Joao Carvalho			06:50:22	00:37:20	03:15:32	02:49:23	35 - 39 anos	131
786	845	Pedro Pujol			06:50:51	00:44:25	03:37:20	02:16:02	60 - 64 anos	20
787	663	Joel Alexandre		Clube de Futebol Os Belenenses	06:51:07	00:38:09	03:30:22	02:34:07	45 - 49 anos	151
788	657	Rui Levy			06:51:15	00:43:43	03:14:47	02:45:47	50 - 54 anos	90
789	849	Sérgio Maquinista		Repsol	06:51:50	00:55:50	03:38:55	02:10:09	40 - 44 anos	146
790	183	Bruno Silva		3B Triatlo	06:54:03	00:38:29	03:32:14	02:36:03	50 - 54 anos	91
791	561	Pedro Vitorino			06:54:45	00:49:38	03:17:25	02:40:00	45 - 49 anos	152
792	251	Pedro Gil		Quitério TriPeniche	06:54:50	00:44:04	03:28:19	02:33:36	50 - 54 anos	92
793	658	Michel Kirschen			06:55:20	00:36:55	03:47:52	02:22:41	40 - 44 anos	147
794	595	Aliaksandr Zuyonak			06:56:20	00:46:01	03:34:42	02:26:59	50 - 54 anos	93
795	420	Madalena Caninas		Clube Oriental de Lisboa	06:57:02	00:38:42	03:54:33	02:15:10	60 - 64 anos	1
796	592	Nuno Pontinha			06:57:08	00:42:33	03:36:49	02:29:44	50 - 54 anos	94
797	1012	Catia Curica		Outsystems Olímpico de Oeiras	06:57:27	00:37:38	03:45:46	02:26:04	45 - 49 anos	7
798	681	Fabio Barros		Ludens Clube de Machico	06:58:23	00:36:33	03:24:42	02:48:08	45 - 49 anos	153



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
799	122	Nuno Pacheco		Clube Natação Alcobaça - Triatlo	06:58:27	00:43:27	03:35:02	02:32:21	50 - 54 anos	95
800	211	Gonçalo Pinto		GDR Manique de Cima	06:58:38	00:32:24	03:27:35	02:48:56	40 - 44 anos	148
801	860	Ricardo Velhuco		Clube Triatlo Viseu	06:58:49	00:44:25	03:06:56	02:58:43	40 - 44 anos	149
802	831	Pedro Costa			06:59:12	00:37:27	03:54:03	02:20:15	18 - 24 anos	19
803	654	Pedro Fonseca		OnTri Sports	07:00:21	00:40:21	03:44:32	02:29:00	30 - 34 anos	86
804	351	Nuno Sousa			07:02:00	00:40:54	03:34:17	02:40:18	45 - 49 anos	154
805	264	Mario Saloio		AmoraSub/Associação Naval Amorense	07:02:58	00:43:28	03:17:31	02:55:52	40 - 44 anos	150
806	504	Brian Baron			07:06:11	00:41:20	03:39:00	02:35:13	30 - 34 anos	87
807	1024	Raul Loureiro			07:06:15	00:57:21	03:18:52	02:38:11	50 - 54 anos	96
808	80	Daniel Leão		Alhandra Sporting Club	07:06:28	00:39:03	03:21:04	02:58:06	45 - 49 anos	155
809	579	Helder Correia		Associação Académica de São Mamede	07:06:56	00:30:52	04:12:52	02:14:19	45 - 49 anos	156
810	495	Nuno Varela		Alhandra Sporting Club	07:12:50	00:37:38	03:38:59	02:48:10	40 - 44 anos	151
811	608	Carlota Rêgo			07:17:35	00:33:47	03:34:06	03:00:03	25 - 29 anos	10
812	910	Joao Brandao			07:21:31	00:57:08	03:34:37	02:36:32	25 - 29 anos	47
813	898	Mauro Magalhaes		Clube Millennium BCP	07:22:49	00:38:21	04:08:03	02:27:27	30 - 34 anos	88
814	894	Rui Magalhães		Clube Millennium BCP	07:22:49	00:39:09	04:07:03	02:27:26	55 - 59 anos	52
815	328	Pedro Pinto		GRCD Leião Triatlo	07:24:22	00:45:02	03:40:22	02:48:07	50 - 54 anos	97
816	960	Eriton Campeol			07:27:21	00:49:45	03:56:56	02:32:53	18 - 24 anos	20
817	221	Luís Braz		GDR Manique de Cima	07:30:51	00:41:48	03:48:28	02:51:44	45 - 49 anos	157



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
0	58	Rui Pedras	DNF		03:33:58	01:01:08	02:25:41		65 - 69 anos	
0	105	Rui Santos	DNF		03:24:47	00:24:53	02:33:54	00:19:09	35 - 39 anos	
0	135	Rui Fonseca	DNF	Clube de Futebol Os Belenenses	05:17:13	00:31:09	03:11:20	01:25:08	55 - 59 anos	
0	136	Marco Miguel	DNF	OnTri Sports	04:05:59	00:37:01	03:00:56	00:19:12	45 - 49 anos	
0	147	Ruben Fagundes	DNF	Outsystems Olímpico de Oeiras	03:17:38	00:29:21	02:44:27		25 - 29 anos	
0	253	Manuel Eliseu	DNF		03:48:06	00:28:08	03:15:36	00:00:00	30 - 34 anos	
0	206	Miguel Pinto	DNF	Outsystems Olímpico de Oeiras	04:37:59	00:46:48	03:43:43		50 - 54 anos	
0	169	Jorge Leite	DNF	Outsystems Olímpico de Oeiras	04:47:35	00:41:40	03:23:25	00:29:57	55 - 59 anos	
0	179	José Oliveira	DNF	Wikaboo	04:20:55	00:41:55	03:33:32	00:00:00	50 - 54 anos	
0	249	Luis Silva	DNF	Clube dos Galitos	03:03:03	00:23:31	02:30:01	00:04:19	40 - 44 anos	
0	200	Sergio Almeida	DNF	Try@Least	04:41:28	00:37:43	03:26:46	00:24:01	45 - 49 anos	
0	294	Bruno Rêgo	DNF		00:11:10	00:11:10			45 - 49 anos	
0	295	Nelson Rêgo	DNF	Estoril Praia Credibom	03:41:56	00:35:59	02:54:05	00:05:40	50 - 54 anos	
0	314	Luis Oliveira	DNF	Pimpões Triatlo	03:34:06	00:32:33	02:53:05	00:03:46	50 - 54 anos	
0	313	Simon Santos	DNF	CCD Intermarché de Lagos	04:11:31	00:32:46	02:27:07	01:07:03	35 - 39 anos	
0	312	Pedro Pereira	DNF	Estoril Praia Credibom	03:35:51	00:32:02	03:00:01		60 - 64 anos	
0	340	Jose Correia	DNF	Associação Humanitária Bombeiros Estoris	03:45:55	00:32:51	03:06:50		65 - 69 anos	
0	355	Joana Rodrigues	DNF		00:00:00	00:00:00			18 - 24 anos	
0	362	Pedro Rasteiro	DNF	TÁLENTOS TEAM	01:09:24	01:09:24			45 - 49 anos	



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
0	372	Catarina Feijão	DNF	GRCD Leião	04:20:02	00:47:27	03:17:00	00:06:58	30 - 34 anos	
0	387	Filipe Matos	DNF	3B Triatlo	03:45:11	00:34:44	03:04:11	00:00:00	35 - 39 anos	
0	530	Ricardo Gomes	DNF	LBsquad	04:26:33	00:31:26	02:50:31	00:59:25	40 - 44 anos	
0	566	Alvaro Lagarda	DNF	C.D. Cadiz Costa de la Luz	03:51:03	00:32:36	02:43:19	00:27:39	45 - 49 anos	
0	742	André Cabral	DNF	Outsystems Olímpico de Oeiras	04:26:09	00:31:42	02:53:30	00:54:07	45 - 49 anos	
0	576	Fernando Leal	DNF		04:33:34	00:32:07	02:36:29	01:19:26	50 - 54 anos	
0	587	José Abrantes	DNF	Exército de Portugal	00:18:22	00:05:31	00:00:00		50 - 54 anos	
0	627	Miguel Pinto	DNF	Louletano Desportos Clube	04:18:45	00:31:23	02:39:44	01:00:37	35 - 39 anos	
0	629	Rui Silva	DNF		04:18:17	00:39:08	03:14:46	00:14:47	55 - 59 anos	
0	641	Ezequiel Fernandes	DNF	Grupo Desportivo de Natação de Famalicão	06:13:52	01:48:59	02:08:57	01:17:27	55 - 59 anos	
0	646	Samuel Aguiar	DNF		00:00:00	00:00:00			55 - 59 anos	
0	487	Marco Filipe	DNF	BEST - Associação Escola de Triatlo da Batalha	02:01:26	00:38:14	01:18:15		45 - 49 anos	
0	682	Nuno Faria	DNF	Ludens Clube de Machico	04:41:49	00:45:04	03:51:28		50 - 54 anos	
0	828	José Cruz	DNF	Club Pessoal EDP	03:54:07	00:32:36	02:44:48	00:27:51	40 - 44 anos	
0	866	David Inácio	DNF	LBsquad	02:18:06	00:32:15	01:41:31		30 - 34 anos	
0	927	Rogelio Jiménez	DNF	Club Triatlon Inacua Málaga	03:54:05	00:25:53	03:24:06		45 - 49 anos	
0	958	Mariia Bazhina	DNF	JusTTri	05:53:05	00:44:54	03:07:08	01:54:41	35 - 39 anos	
0	970	Martin Soto	DNF	Associação Tripla Rotacao Palmela Desporto	03:39:50	00:31:57	02:56:09	00:01:21	45 - 49 anos	
0	994	Ezequiel Ortiz	DNF	C.T DIABLILLOS DE RIVAS	04:11:56	00:26:50	02:43:52	00:53:06	40 - 44 anos	



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
0	992	Ricardo Coelho	DNF	Clube Oriental de Lisboa	05:08:29	00:50:46	03:05:40	01:05:20	45 - 49 anos	
0	1004	João Gomes	DNF	SFRAA	02:13:09	00:35:11	01:34:00		35 - 39 anos	
0	277	André Pena	DNF		00:00:00	00:00:00			55 - 59 anos	
0	1043	Patricia Geraldès	DNF	Associação Nadadores dos Estoris	05:49:50	00:32:48	03:29:16	01:37:45	55 - 59 anos	
0	230	Bruno Marcelino	DNF		04:28:56	00:38:35	02:43:14	01:00:28	45 - 49 anos	
0	1052	Pedro Antunes	DNF	Lince Triathlon	03:23:49	00:29:42	02:46:51	00:00:00	40 - 44 anos	
0	544	Ivo Carvalho	DNF		01:36:28	00:28:22	01:05:05		45 - 49 anos	
0	1055	Marco Costa	DNF	Outsystems Olímpico de Oeiras	03:37:12	00:29:22	02:37:27	00:25:08	40 - 44 anos	
0	301	Bernardo Santos	DNF	JM Triathlon Team	04:23:06	00:29:53	03:14:59	00:30:40	25 - 29 anos	
0	719	Luís Lampreia	DNF		01:06:47	01:06:47			50 - 54 anos	
0	714	Nabil Thamri	DQ		05:57:10	00:30:04	03:20:42	01:59:45	30 - 34 anos	
0	821	Rony Santos	DQ	Sporting Clube de Espinho	05:56:57	00:37:57	02:59:56	02:11:57	45 - 49 anos	
0	976	Renato Velhuco	DQ	Forlife - Clube de Triatlo de Viseu	06:08:22	00:35:29	03:24:53	02:00:36	35 - 39 anos	
0	685	Jesús Vázquez	DQ		04:57:26	00:33:08	02:36:17	01:39:53	45 - 49 anos	
0	523	Tiago Santos	DQ	Clube dos Galitos	04:42:53	00:27:48	02:31:25	01:39:53	40 - 44 anos	
0	677	Filipe Junceiro	DQ		05:22:15	00:41:27	02:57:11	01:36:15	40 - 44 anos	
0	662	Marco Seixo	DQ	JM Triathlon Team	05:14:52	00:33:47	02:52:26	01:39:03	45 - 49 anos	
0	417	Paulo Goulart	DQ	Clube de Futebol Os Belenenses	05:10:45	00:29:50	02:50:14	01:46:00	55 - 59 anos	
0	324	Sean Connolly	DQ		05:59:27	00:33:42	03:12:16	02:05:48	30 - 34 anos	



SETÚBAL TRIATHLON

CLASSIFICAÇÃO'24

<i>Lugar</i>	<i>Dorsal</i>	<i>Nome</i>	<i>Penal.</i>	<i>Clube</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>Ciclismo</i>	<i>Corrida</i>	<i>Age Group</i>	<i>Lugar Age Gr.</i>
0	236	Daniel Santos	DQ	Triatlo Clube da Lourinhã	05:59:58	00:46:09	03:09:40	01:54:49	45 - 49 anos	

**18 - 24 anos | M**

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	1025	Bruno Slegers	04:08:34	00:23:08	02:23:42	01:17:52	4
2	911	João Pedro Chagas	04:08:50	00:20:57	02:26:13	01:18:32	5
3	1059	José Diogo Duarte Nunes	04:31:09	00:23:24	02:32:28	01:30:56	49
4	224	Manuel Silva	04:32:14	00:24:58	02:35:07	01:27:48	54
5	907	Pedro Monteiro	04:37:16	00:24:36	02:41:52	01:26:12	74
6	527	Guilherme Bonito	04:53:37	00:22:01	02:38:57	01:48:55	180
7	585	Manuel Fardilha	04:57:52	00:25:48	02:50:35	01:36:29	214
8	401	André Filipe Vaz Bernardo	05:02:18	00:32:44	02:58:26	01:25:17	246
9	575	Vasco Maria Lorenzo Da Silva Botelho Afonso	05:02:54	00:29:37	02:45:38	01:43:20	249
10	665	João Magalhães Graça	05:06:04	00:29:31	02:52:43	01:38:25	276
11	759	Anatole Tricot	05:17:25	00:28:08	02:49:49	01:52:19	376
12	915	Pedro Duarte	05:25:51	00:39:36	02:55:48	01:45:00	452
13	574	Pedro Botelho	05:32:47	00:32:03	02:55:37	01:57:21	497
14	959	Gonçalo Sá Afonso	05:38:53	00:37:44	03:04:27	01:46:33	538
15	476	João Rodrigo Teixeira Marques	05:41:50	00:22:58	03:06:59	02:05:48	553
16	683	Gonçalo Matos	05:52:55	00:35:10	03:00:58	02:09:47	605
17	488	Tiago Portela Filipe	06:05:24	00:36:07	03:10:29	02:10:56	679
18	390	Tiago Afonseca	06:22:14	00:38:40	03:33:53	02:03:07	733
19	831	Pedro Costa	06:59:12	00:37:27	03:54:03	02:20:15	802
20	960	Eriton Freisleben Campeol	07:27:21	00:49:45	03:56:56	02:32:53	816

18 - 24 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	426	Joana Tomé	05:28:55	00:24:35	03:08:10	01:51:58	474

25 - 29 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	6	Miguel Tiago Silva	03:51:25	00:19:15	02:14:43	01:14:24	1
2	3	Luís Moleiro	04:05:39	00:23:21	02:21:05	01:18:25	3
3	1020	Jorge Echevarría	04:13:37	00:26:21	02:20:59	01:22:11	7
4	1005	Diogo Allen Coelho	04:15:37	00:26:43	02:21:26	01:24:16	9
5	942	Nuno André	04:19:08	00:26:48	02:30:48	01:17:58	17
6	808	Filipe Alexandre Da Silva Marques	04:21:06	00:21:38	02:29:50	01:25:56	22
7	1058	Andre Picado	04:30:14	00:24:15	02:34:33	01:27:52	43



8	776 Ignacio Castro Santos	04:31:47	00:25:47	02:33:15	01:28:36	53
9	734 Nuno Noritake	04:34:57	00:22:24	02:35:08	01:32:32	62
10	198 Miguel Ângelo Sérvulo Tomé	04:50:45	00:23:38	02:44:59	01:38:12	146
11	848 José Maria Monteiro Ferreira	04:51:37	00:33:35	02:40:32	01:31:59	154
12	82 Lucas Souza Peixoto	04:52:45	00:29:22	02:32:45	01:45:28	170
13	430 André Fernandes	04:54:00	00:23:54	02:39:21	01:46:17	186
14	609 João Gandum	04:54:09	00:34:27	02:40:31	01:33:31	190
15	408 Pedro Alves	04:54:33	00:32:40	02:40:11	01:36:39	196
16	786 Luis Filipe Gil	05:02:29	00:36:36	02:38:58	01:40:13	247
17	321 Francisco Correia Dos Santos	05:05:21	00:28:49	02:48:37	01:43:23	270
18	450 Renato Oliveira	05:08:09	00:26:17	02:53:21	01:43:11	298
19	333 Francisco Faria	05:08:28	00:32:08	02:46:11	01:44:33	301
20	319 David Mendes	05:12:20	00:31:14	02:49:01	01:45:31	330
21	397 Carlos Saraiva	05:14:10	00:35:51	02:56:02	01:34:00	351
22	986 Tiago Silva	05:14:57	00:33:36	02:55:42	01:37:33	359
23	1037 João Pedro Westwood	05:18:02	00:28:30	02:58:23	01:44:32	379
24	438 Diogo Dias	05:20:59	00:25:11	02:59:23	01:51:12	413
25	793 Diogo Ervilha	05:24:11	00:31:33	03:00:09	01:46:00	441
26	763 Jorge Nunes	05:25:18	00:24:36	03:04:24	01:51:25	449
27	262 Luis Lucas	05:28:14	00:31:10	02:57:52	01:51:57	471
28	983 Alejandro Marques De Magallanes	05:37:56	00:34:20	03:00:36	01:56:52	529
29	316 João Nunes	05:38:54	00:27:55	02:51:44	02:13:23	539
30	1015 Diogo Sousa Fernandes	05:40:08	00:38:28	03:01:01	01:53:26	544
31	902 Francisco Bruno	05:43:30	00:34:13	02:54:15	02:08:04	556
32	777 Diogo Appleton	05:47:26	00:30:27	03:19:33	01:48:39	577
33	698 Diogo Santo	05:47:56	00:28:14	03:02:28	02:09:52	581
34	496 Bruno Miguel Teixeira Santos	05:48:54	00:40:17	03:09:50	01:49:04	584
35	437 Gonçalo Rodrigues	05:51:14	00:33:54	03:14:18	01:54:30	595
36	965 António Guerreiro	05:54:10	00:38:05	03:10:06	01:58:09	614
37	809 Francisco Maria D'orey Manoel Sousa Leal	05:58:32	00:33:57	03:07:09	02:08:48	647
38	987 Javier Manrique Marques De Magallanes	06:05:27	00:37:27	03:22:27	01:58:45	680
39	870 Nikita Colomatin	06:11:13	00:38:28	03:11:37	02:12:46	702
40	914 João Varela	06:11:20	00:41:49	03:18:40	02:00:28	703
41	967 Bernardo Alvim Xavier Kelly	06:16:06	00:32:33	03:18:30	02:13:45	720
42	977 Sebastiao Reino	06:17:39	00:28:32	03:20:38	02:20:50	723
43	337 Luís Alexandre Da Costa	06:18:44	00:39:21	03:21:31	02:09:57	724
44	655 António José Poge Alves Tomaz De Almeida	06:23:21	00:32:26	03:20:38	02:20:36	737



45	891	Joao Pedro Almeida	06:27:36	00:41:08	03:16:41	02:17:22	752
46	652	Daniel Justino	06:28:12	00:34:12	03:27:53	02:15:54	756
47	910	Joao Manuel Ribeiro Brandao	07:21:31	00:57:08	03:34:37	02:36:32	812

25 - 29 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	8	Inês Oliveira	04:52:07	00:24:47	02:51:58	01:32:20	160
2	1007	Laura Nikolay	05:06:12	00:33:55	02:44:00	01:42:06	278
3	414	Inês Raimundo	05:07:36	00:30:58	02:47:52	01:45:08	291
4	1060	Maria Gomes Calção Medeiro	05:29:42	00:28:15	02:57:18	01:59:29	479
5	1027	Patrícia Leão Emídio	05:36:10	00:33:34	03:03:59	01:53:53	519
6	922	Vera Lucas	05:47:37	00:27:44	03:11:43	02:03:01	580
7	442	Beatriz Passos	06:04:50	00:33:57	03:39:45	01:46:13	676
8	448	Marta Rodrigues	06:28:09	00:31:20	03:29:38	02:19:35	755
9	1014	Mariana Monteiro	06:37:55	00:34:47	03:29:44	02:20:38	768
10	608	Carlota Verdes Vale Rêgo	07:17:35	00:33:47	03:34:06	03:00:03	811

30 - 34 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	89	Miguel Pecegueiro	04:16:49	00:28:35	02:25:16	01:19:27	13
2	33	João Pedro De Matos Rebelo	04:17:45	00:24:15	02:30:22	01:19:37	14
3	995	Juan Vázquez Amado	04:18:30	00:22:22	02:25:08	01:27:38	15
4	500	Adriano Carlos Martins Ruivo Correia	04:18:54	00:23:17	02:34:04	01:19:03	16
5	963	Sandro Ribeiro De Sousa E Silva	04:19:41	00:28:13	02:27:31	01:19:21	20
6	741	Pastor Adrian Pose Regueiro	04:21:22	00:29:08	02:24:28	01:23:16	24
7	678	Bruno Filipe Nóbrega Freitas	04:24:26	00:23:26	02:31:27	01:25:59	31
8	636	André Carmina	04:26:21	00:25:21	02:31:09	01:25:53	35
9	212	Márcio Domingos Miguel	04:26:39	00:27:46	02:27:51	01:27:22	36
10	883	Mário André Bastos Rocha	04:26:47	00:25:02	02:24:25	01:33:39	37
11	124	Samuel De Pinho Leal	04:27:32	00:30:40	02:27:57	01:25:27	38
12	943	André Barbosa	04:29:44	00:28:15	02:23:42	01:30:43	40
13	1001	Antón Alonso Acevedo	04:30:30	00:26:47	02:31:06	01:29:07	45
14	199	Mário Jorge Rosa Macheta	04:33:27	00:27:59	02:28:31	01:32:53	58
15	873	João Pedro Silva Pereira Fialho Da Piedade	04:34:54	00:25:05	02:42:20	01:22:38	61
16	661	Vicente Alvero Zambrano	04:38:40	00:29:28	02:33:13	01:30:43	79
17	781	André Filipe Serrano Barreto	04:38:40	00:29:17	02:31:55	01:32:44	80
18	520	Marco Pinto	04:41:46	00:33:50	02:34:21	01:29:09	94



19	1023	Tiago De Almeida Simões Lopes	04:42:24	00:27:45	02:31:15	01:37:56	96
20	346	Guilherme Vilela Guerra	04:42:32	00:29:55	02:40:52	01:24:45	97
21	1067	André Bernardino	04:46:24	00:35:14	02:33:07	01:32:11	121
22	260	Miguel Ruiz Callé Lucas	04:48:15	00:32:24	02:35:58	01:33:37	131
23	642	Pedro Saraiva	04:48:24	00:29:52	02:48:47	01:26:14	132
24	492	João Nuno Roque De Carvalho Do Nascimento Graça	04:48:42	00:25:54	02:37:08	01:41:09	137
25	933	Sandro Medhi Novais Touil	04:50:07	00:27:48	02:36:54	01:40:24	143
26	384	Hugo Martins Rodrigues De Sousa	04:50:22	00:32:18	02:37:17	01:33:50	144
27	620	Mário Brito	04:55:18	00:31:25	02:37:29	01:41:01	200
28	597	Luis Roquete	04:56:24	00:28:43	02:46:07	01:35:22	203
29	900	Luis Lobo	04:59:11	00:33:13	02:40:14	01:40:47	223
30	537	Duarte Santos Marques	05:01:52	00:34:20	02:43:17	01:37:53	241
31	274	Luís Ferreira Carvalho	05:03:08	00:32:22	02:37:32	01:49:06	255
32	512	Ricardo Miguel Bandarra Silva	05:04:14	00:29:27	02:46:01	01:44:15	261
33	952	Carsten Bakker	05:07:12	00:34:48	02:38:45	01:45:39	284
34	190	Francisco Vasconcelos	05:08:08	00:27:03	02:59:08	01:36:01	297
35	932	João Hortega	05:08:54	00:34:56	02:45:44	01:43:08	307
36	596	Manuel Ferreira Da Silva Pereira	05:08:55	00:38:26	02:44:00	01:39:20	308
37	799	Afonso Chiote	05:09:39	00:31:11	02:55:12	01:35:43	316
38	549	Goncalo Bouhon	05:10:32	00:29:18	03:01:26	01:33:46	320
39	518	Nuno André Alves Da Silva	05:10:44	00:28:10	02:42:30	01:55:08	321
40	461	Daniel Estrada	05:12:19	00:35:19	02:48:41	01:40:48	329
41	830	Rui Miguel Fão Pinto	05:12:25	00:33:41	02:47:10	01:46:15	331
42	1031	Artur Lima	05:12:35	00:31:55	02:52:01	01:42:40	333
43	291	David Andrade Maia Oliveira	05:12:53	00:35:00	02:55:44	01:36:18	335
44	621	Christophe Pereira Fernandes	05:13:35	00:25:43	02:49:49	01:53:40	340
45	740	Miguel Maria Borges Leitão Leal Da Costa	05:13:50	00:28:17	02:59:37	01:41:42	344
46	139	Gustavo Gaspar	05:15:40	00:33:41	02:37:58	01:58:33	363
47	931	Bernardo Freitas	05:16:32	00:28:52	02:50:16	01:51:53	369
48	656	Manuel Lopo De Carvalho	05:17:54	00:38:37	02:53:12	01:39:49	378
49	795	Alexandre Mascarenhas De Lemos	05:18:21	00:36:32	02:53:44	01:41:11	381
50	142	Diogo Borges	05:18:30	00:30:04	03:05:08	01:35:43	383
51	859	João Caldeira	05:18:41	00:32:51	02:58:24	01:39:43	384
52	780	Pedro Granate	05:20:37	00:31:25	02:43:43	01:58:12	405
53	938	Bruno Pinto	05:20:38	00:31:56	02:49:45	01:53:13	406
54	144	Ivor Sebalj	05:21:25	00:33:51	02:54:39	01:48:26	418
55	929	João Miguel Da Costa E Silva Laranja	05:21:49	00:35:14	02:55:18	01:45:41	422



56	692 Miguel Alves Basch	05:24:29	00:27:50	02:57:45	01:52:11	444
57	470 João Rainho Fernandes	05:24:58	00:32:56	02:51:39	01:54:12	446
58	798 Bruno Costa	05:25:44	00:34:09	02:58:50	01:43:48	451
59	1068 Gonçalo Gonçalves	05:26:29	00:37:11	02:48:46	01:53:09	458
60	868 Gonçalo Tavares Dos Santos	05:29:40	00:34:56	02:58:59	01:48:48	478
61	797 Pedro Guerreiro	05:31:39	00:34:05	02:59:51	01:47:57	488
62	373 Daniel José Gomes Amaral	05:33:24	00:29:55	02:43:28	02:15:16	500
63	289 Luís Melo	05:34:01	00:34:03	03:07:12	01:47:08	504
64	1011 Joao Fernandes	05:34:37	00:26:44	03:05:28	01:53:23	511
65	327 Antonio Duarte	05:36:01	00:33:19	03:05:53	01:49:00	518
66	997 André Prates Pereira	05:37:23	00:37:28	02:48:46	02:03:13	525
67	406 Cedric Faché	05:37:49	00:37:36	03:14:56	01:35:15	528
68	947 Pedro Manuel Duarte Antunes Luís	05:38:42	00:33:35	03:08:25	01:48:18	535
69	635 Francisco Miguel Testa Santos	05:41:00	00:32:20	02:59:11	02:02:49	549
70	176 Tomás Sérvulo	05:42:47	00:33:56	03:10:24	01:49:57	555
71	536 Pedro Mariz	05:45:37	00:38:10	03:07:09	01:49:05	567
72	466 Hugo Medeiros	05:51:45	00:38:24	03:02:35	02:04:33	600
73	761 Bruno Miguel Caeiro Urbano	05:53:43	00:31:55	03:15:08	01:59:29	611
74	856 João Ferreira	05:55:42	00:31:09	02:54:49	02:20:04	623
75	790 André Caldeira Francisco	05:57:09	00:34:18	03:12:31	02:01:44	633
76	637 João Pedro Cal	05:57:44	00:38:59	03:07:36	02:01:58	642
77	84 João Vitória Silva	05:57:45	00:32:15	03:09:02	02:07:17	643
78	928 Manuel Lança Coelho Palma Mira	06:03:32	00:34:31	03:16:55	02:02:55	668
79	788 Filipe Campos	06:05:11	00:45:44	03:23:08	01:45:50	677
80	560 Frederico Teotonio Pereira	06:09:20	00:41:10	03:28:51	01:47:57	695
81	205 José Olimpio Da Cunha Neves Fernandes	06:09:28	00:37:37	03:08:48	02:16:40	696
82	697 Miguel Barreto	06:14:25	00:43:29	03:28:53	01:55:30	711
83	1016 Nuno Filipe Henriques Arraiano	06:17:29	00:41:21	03:37:57	01:47:20	722
84	379 Manuel Matos Marchante	06:19:07	00:32:26	03:18:20	02:20:33	726
85	548 Vasco Martins Almeida	06:26:57	00:38:52	03:24:07	02:14:51	747
86	654 Pedro Nuno Sales Fonseca	07:00:21	00:40:21	03:44:32	02:29:00	803
87	504 Brian Baron	07:06:11	00:41:20	03:39:00	02:35:13	806
88	898 Mauro Magalhaes	07:22:49	00:38:21	04:08:03	02:27:27	813

30 - 34 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	948	Esther Visser	04:48:13	00:28:26	02:37:26	01:38:32	130



2	288	Júlia Matos Lopes	04:52:24	00:25:24	02:49:09	01:32:37	163
3	146	Liliana Pereira Alexandre	04:57:20	00:23:10	02:56:16	01:34:18	210
4	166	Rita Carvalho Spinola Da Silveira Ramos	05:14:51	00:28:31	02:53:53	01:48:39	358
5	918	Lara Benito	05:40:41	00:38:07	03:12:47	01:43:50	547
6	882	Oksana Loi	05:50:28	00:35:28	03:20:56	01:47:15	591
7	869	Lucianna Maria Toledo Machado	05:53:37	00:35:28	03:10:43	01:57:12	609
8	694	Andreia Filipa Martins Gonçalves	06:05:20	00:42:32	03:23:30	01:52:07	678
9	261	Maria Do Carmo Lucas	06:22:29	00:40:24	03:37:38	01:54:34	735
10	803	Marta Cunha	06:28:05	00:38:06	03:26:27	02:15:35	754

35 - 39 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	120	Filipe Miguel Nunes Marques	04:14:04	00:23:04	02:24:44	01:23:03	8
2	290	Bruno Pontes	04:16:28	00:28:50	02:23:41	01:19:19	12
3	864	Ricardo Jorge Durão Freitas De Carvalho	04:23:47	00:27:02	02:24:20	01:28:53	28
4	988	Mariusz Pirek	04:24:56	00:27:41	02:22:36	01:30:58	33
5	1036	Nuno Miguel Mendão Rodrigues	04:26:05	00:25:06	02:31:53	01:25:38	34
6	338	João Sacadura	04:29:46	00:30:59	02:27:48	01:26:26	41
7	912	Filipe Henriques	04:30:14	00:27:42	02:23:33	01:34:46	42
8	347	Tomás Pires	04:30:48	00:28:08	02:31:39	01:27:02	46
9	421	Sergio González Castro	04:30:57	00:28:37	02:35:49	01:21:51	47
10	513	Tiago Andre Masqueiro Encarnação	04:31:15	00:31:49	02:29:27	01:26:38	51
11	840	Duarte Tirapicos	04:31:18	00:32:32	02:34:48	01:18:44	52
12	155	Emanuel Freitas	04:33:11	00:31:27	02:37:03	01:21:03	57
13	600	Filipe Carneiro	04:35:29	00:28:47	02:28:23	01:33:06	64
14	263	Clement Canton	04:35:30	00:28:52	02:32:42	01:29:04	66
15	584	Paulo Jorge Ferreirinha Cândido	04:35:50	00:30:25	02:28:15	01:30:40	68
16	69	Ricardo Filipe Varela Costa	04:36:44	00:26:54	02:33:29	01:31:39	70
17	412	Miguel Liquito	04:37:04	00:31:49	02:33:38	01:27:13	72
18	356	Jaime Duarte	04:37:13	00:23:43	02:31:14	01:38:32	73
19	847	Ricardo António Brazão Batista Rosa	04:38:40	00:29:13	02:41:25	01:22:37	81
20	345	Roi Martinez Martin	04:38:46	00:27:35	02:31:55	01:35:13	82
21	949	Allard Haarman	04:39:01	00:28:08	02:29:37	01:36:44	83
22	115	Pedro Freire De Andrade	04:39:36	00:29:08	02:30:44	01:35:13	85
23	916	Francisco Freire Gameiro	04:41:18	00:28:51	02:43:47	01:24:30	91
24	66	Diogo Madeira	04:41:44	00:29:36	02:33:44	01:33:52	93
25	672	Daniel Da Costa Góis	04:44:19	00:24:48	02:31:34	01:43:29	108



26	153 Pedro Rilho	04:44:38	00:30:07	02:39:47	01:31:05	110
27	1002 Sergio Gutiérrez Saboy	04:44:42	00:30:10	02:32:12	01:37:20	111
28	768 Rui Dias Oliveira	04:44:51	00:28:58	02:37:53	01:34:26	114
29	765 Henrique Ubach Trindade Mota Pereira	04:45:25	00:25:57	02:43:33	01:31:37	117
30	15 João Brísida Pacheco	04:45:34	00:31:09	02:32:38	01:37:52	118
31	374 José Maria Júdice	04:46:37	00:27:59	02:40:47	01:32:01	122
32	1041 Tiago Allen	04:48:25	00:31:58	02:44:20	01:25:02	133
33	867 Alexandre Goeller	04:48:31	00:30:41	02:35:17	01:36:03	135
34	83 David Alfeirão	04:49:04	00:32:26	02:32:29	01:40:14	139
35	1046 Lopo Carvalho	04:49:24	00:33:23	02:39:04	01:31:45	141
36	834 Ruben Manuel Rodrigues Chagas	04:50:54	00:38:30	02:39:54	01:27:19	147
37	433 Nuno Miguel Da Silva Dias	04:51:38	00:35:01	02:44:55	01:26:47	156
38	727 Goncalo Da Silva Pitaca Campos	04:52:35	00:28:53	02:43:30	01:34:44	166
39	192 Pedro Miguel Machado	04:52:42	00:28:24	02:49:58	01:28:26	167
40	1050 Kristoffer Säfström	04:52:48	00:24:57	02:19:02	02:04:56	172
41	241 Frederico Catalão	04:52:54	00:33:47	02:39:32	01:31:55	173
42	352 Loic Charmoille	04:53:46	00:29:51	02:46:31	01:31:10	183
43	311 David Roque Fernandes	04:53:55	00:36:10	02:36:06	01:37:41	185
44	784 David Paiva	04:54:03	00:23:17	02:46:29	01:38:21	187
45	252 Agnelo André Pinto E Silva	04:54:06	00:29:28	02:37:48	01:41:41	188
46	702 Luís Oliveira	04:54:08	00:38:48	02:21:33	01:44:58	189
47	484 Marco Cunha	04:54:21	00:36:38	02:43:14	01:29:53	193
48	429 Sérgio Antonio Santos Vicente	04:54:54	00:30:18	02:43:26	01:36:03	197
49	93 Tiago Espírito Santo	04:57:19	00:30:52	02:48:14	01:33:43	209
50	103 João Freitas	04:57:58	00:30:14	02:38:01	01:45:33	215
51	167 Renan Castro	04:58:00	00:31:12	02:40:21	01:40:37	216
52	638 Bruno Caixinha	04:58:57	00:32:30	02:47:56	01:33:30	220
53	604 Vasco Pinto	04:59:03	00:38:24	02:42:42	01:31:37	221
54	617 Fábio Cebola	04:59:41	00:33:33	02:43:38	01:31:44	228
55	999 Pedro Silva	05:00:50	00:30:19	02:48:59	01:35:28	234
56	972 David Martínez Graña	05:02:41	00:30:50	02:42:47	01:43:49	248
57	116 Goncalo Alves	05:02:55	00:27:09	02:48:38	01:42:31	250
58	369 André Vaz	05:03:06	00:34:42	02:41:28	01:39:48	253
59	382 Félix Quintela Pais	05:03:45	00:33:06	02:41:30	01:42:23	257
60	297 Bruno Gramaxo	05:05:27	00:32:17	02:40:11	01:48:04	271
61	729 João Pedro Vicente Pereira	05:06:31	00:33:23	02:44:51	01:41:13	281
62	857 Guy Charlton	05:07:18	00:27:42	02:47:37	01:45:28	285



63	123	Tiago Santos	05:07:19	00:36:02	02:40:16	01:45:33	286
64	394	Duarte Zambujo	05:07:23	00:36:03	02:48:29	01:34:43	287
65	878	João Nuno Santos Silva	05:07:39	00:35:56	02:43:25	01:42:24	293
66	508	Pedro Gandola	05:08:33	00:28:28	02:45:47	01:48:31	302
67	235	Luís Miguel Dias Lopes Gonçalves	05:12:05	00:36:48	02:49:55	01:38:58	325
68	996	João Gonçalo Tiago Miranda	05:12:11	00:33:02	02:53:21	01:37:26	327
69	507	João Pedro Silva Santos	05:12:41	00:33:03	02:50:15	01:43:04	334
70	871	Maxim Dragunov	05:13:59	00:36:56	02:43:15	01:46:53	348
71	877	Carlos Alves	05:14:07	00:32:39	02:48:16	01:46:08	350
72	204	Pedro Mendes	05:14:43	00:30:29	02:51:18	01:45:08	355
73	709	Pedro Alves Roberto	05:17:10	00:33:32	02:50:11	01:46:05	373
74	885	Filipe Godinho	05:18:14	00:28:04	02:46:44	01:57:07	380
75	511	Hugo Fragoso	05:19:17	00:31:29	02:42:45	01:57:37	389
76	331	Marco Pequeno	05:19:20	00:37:27	02:48:48	01:47:19	390
77	326	Nuno Gonçalo Sousa	05:20:01	00:36:00	02:47:29	01:51:25	399
78	791	Rodrigo Magalhães	05:20:50	00:31:44	02:47:49	01:55:20	408
79	675	Jorge Mello	05:21:29	00:37:06	02:55:45	01:41:23	420
80	787	Bruno Gonçalves	05:21:46	00:34:51	02:56:32	01:44:16	421
81	367	Rui Marques	05:22:16	00:37:43	02:46:36	01:51:07	424
82	389	Miguel Costa	05:22:30	00:37:20	02:56:31	01:41:13	426
83	467	Antonio Vázquez Balado	05:22:54	00:32:34	03:12:09	01:33:11	428
84	822	Pedro Cardoso	05:23:24	00:39:36	02:51:15	01:46:31	433
85	572	Diogo Almeida	05:23:44	00:32:18	02:50:52	01:55:10	438
86	133	João Miguel Pais Vieira	05:25:38	00:35:45	02:53:31	01:51:34	450
87	107	Fábio Santos	05:26:25	00:44:15	02:51:45	01:44:33	456
88	304	Ricardo Figueiredo	05:26:48	00:27:12	03:01:02	01:51:49	459
89	971	Diogo Abecasis Teixeira	05:27:56	00:35:24	03:06:27	01:36:42	468
90	223	Pedro Miguel Dias Anágua	05:27:59	00:38:33	02:56:19	01:46:35	469
91	796	Tiago Filipe Machado Fonseca	05:28:38	00:38:34	02:56:13	01:46:24	473
92	138	Duarte Lopo De Carvalho	05:29:25	00:34:10	03:04:06	01:45:20	477
93	671	Fábio Pinto	05:31:05	00:35:09	03:00:56	01:45:44	487
94	554	André Serrazina	05:32:05	00:37:04	02:58:04	01:52:12	490
95	703	Anton Balandin	05:32:25	00:35:28	03:01:57	01:46:18	492
96	690	Víctor Ramírez De La Corte	05:34:13	00:37:11	02:58:09	01:51:42	506
97	1047	Gonçalo Rosa	05:34:28	00:31:23	02:57:09	02:00:00	509
98	244	João Reis De Oliveira	05:36:30	00:38:49	02:53:32	01:59:03	521
99	1003	Tiago Neves Delgado	05:38:51	00:34:34	03:10:19	01:47:12	537



100	628	João Gil Antunes	05:41:12	00:33:10	03:03:43	01:59:18	550
101	879	Pedro Machado	05:43:59	00:26:38	02:57:25	02:14:38	557
102	941	Miguel Lima	05:44:33	00:37:02	02:52:02	02:07:11	561
103	480	William Santos	05:44:37	00:36:43	02:57:15	02:04:04	562
104	659	Jimmy Baudot	05:44:50	00:32:55	03:00:49	01:59:10	563
105	315	Francisco Caetano De Sampaio E Melo Beirão	05:45:23	00:36:58	03:07:41	01:54:02	566
106	766	Pedro Pacheco	05:46:10	00:40:11	02:57:14	02:01:27	569
107	925	Pedro Miguel Da Cruz Teixeira	05:46:26	00:39:44	03:13:00	01:46:13	570
108	1035	Renan Prado Lopes Silva	05:47:08	00:41:35	03:04:22	01:48:47	574
109	624	Pedro Borges	05:48:56	00:33:41	03:11:24	01:55:50	587
110	287	José Carvalho	05:52:00	00:28:13	02:54:58	02:23:28	601
111	920	Daniel Oliveira	05:54:27	00:35:58	02:59:00	02:11:56	615
112	375	Christopher Costa Vaz Bernardo	05:54:31	00:34:03	02:59:23	02:13:42	616
113	989	Daniel Albergaria Ferreira Da Silva	05:55:14	00:45:42	02:59:26	02:01:20	619
114	660	Gaëtan François	05:56:01	00:34:31	03:07:49	02:04:21	625
115	227	João Paulo Serôdio	05:56:22	00:38:47	02:45:02	02:26:49	626
116	542	Eduardo Matos	05:56:24	00:37:01	03:01:36	02:08:52	627
117	1000	Diogo Parracho	05:56:40	00:50:52	03:16:15	01:39:25	630
118	388	Bernardo Maia Ferreira	05:56:51	00:34:57	03:05:40	02:06:49	631
119	85	Tiago Joao Dos Santos Alberto Garcia	05:57:42	00:34:34	02:56:44	02:20:19	640
120	386	Diogo Queiroz	05:58:56	00:36:25	03:16:34	01:57:41	650
121	1048	Ruben Filipe Fonseca Maurício	06:02:48	00:35:51	03:22:47	01:56:10	664
122	778	Flavio Marquês Pereira	06:03:49	00:33:49	03:04:32	02:20:28	672
123	1017	Thiago Rogerio De Oliveira Campanhã	06:05:39	00:42:43	03:00:02	02:07:40	681
124	614	João Dantas	06:08:11	00:34:30	03:13:39	02:12:44	693
125	835	António Saraiva	06:10:00	00:32:54	03:27:11	01:56:14	698
126	395	Ricardo Dagge	06:11:48	00:34:59	03:21:25	02:07:56	704
127	364	Bruno Pilar	06:15:08	00:45:00	03:09:57	02:12:12	716
128	1063	Carlos Teixeira	06:30:42	00:43:24	03:19:46	02:21:38	758
129	748	Anton Voroniuk	06:44:27	00:38:46	03:39:27	02:17:02	776
130	647	David Monteiro	06:46:39	00:42:18	03:29:33	02:23:10	779
131	711	Joao Pedro Pascoal Carvalho	06:50:22	00:37:20	03:15:32	02:49:23	785

35 - 39 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	5	Liliana Veríssimo	04:51:36	00:29:31	02:49:56	01:28:28	153
2	1051	Jenny Nilsson	04:52:47	00:28:27	02:40:49	01:39:47	171



3	556 Catarina Serrazina	05:27:40	00:35:55	03:05:38	01:40:12	465
4	318 Ana Filipa Lopes Rodrigues	05:57:26	00:42:45	03:07:02	02:02:36	636
5	888 Andreia Tourais	06:07:58	00:42:36	03:17:24	02:01:25	692
6	862 Begona Menendez Carneado	06:13:20	00:38:05	03:37:20	01:50:06	707
7	843 Mariana Duarte	06:23:27	00:36:16	03:34:09	02:04:08	739

40 - 44 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	2	Márcio Neves	04:02:00	00:23:02	02:17:21	01:18:42	2
2	896	Sergio Miguel Gonçalves Marques	04:12:02	00:25:11	02:21:39	01:21:23	6
3	9	Bruno Pais	04:16:02	00:24:16	02:24:00	01:24:16	10
4	371	Bernardo Cadeiras	04:16:20	00:25:25	02:25:38	01:21:34	11
5	773	Sergio Santos Lois	04:19:40	00:29:43	02:23:18	01:21:46	19
6	459	Joao Fragoso	04:20:47	00:29:19	02:24:59	01:21:38	21
7	344	Tiago Alves	04:22:15	00:30:08	02:27:20	01:20:12	25
8	246	Tiago Filipe Raimundo Cochicho	04:24:01	00:28:32	02:27:42	01:24:11	29
9	876	Nuno Veríssimo	04:24:21	00:28:29	02:26:39	01:24:15	30
10	717	Adelino José Soutinho De Sousa	04:24:37	00:31:30	02:25:47	01:23:10	32
11	577	Michael Rundio	04:28:49	00:24:21	02:29:38	01:29:03	39
12	863	Frederico Cerdeira	04:31:10	00:30:10	02:36:00	01:20:37	50
13	94	Rui Martins	04:33:03	00:24:29	02:38:23	01:25:32	56
14	156	Joao Machado	04:37:20	00:27:43	02:35:36	01:28:16	75
15	969	Jamie Platt	04:38:22	00:29:31	02:32:21	01:31:18	77
16	402	Ricardo Jorge Gonçalves Simão	04:40:10	00:30:50	02:35:57	01:28:57	86
17	909	Marciano Dias	04:40:18	00:30:21	02:32:35	01:32:33	87
18	522	Marco Ferreira	04:41:14	00:27:33	02:29:38	01:40:19	90
19	157	Nuno Sousa Bela	04:41:43	00:30:55	02:38:10	01:27:27	92
20	385	Pedro Duarte Pereira Da Conceição	04:42:18	00:26:16	02:37:04	01:35:26	95
21	104	Gonçalo Martins	04:43:09	00:30:28	02:38:35	01:29:34	99
22	664	Paulo Filipe Neto Gonçalves	04:43:53	00:28:21	02:38:36	01:32:54	104
23	950	Pedro Gaspar	04:43:55	00:28:48	02:34:48	01:34:02	105
24	296	Daniel Campos Carvalho	04:44:42	00:34:42	02:35:50	01:28:30	112
25	887	Ricardo Pereira	04:44:56	00:31:33	02:39:05	01:30:35	115
26	923	Bruno Rolim	04:45:12	00:31:36	02:38:50	01:30:47	116
27	643	Miguel Da Silva Ferreira	04:45:53	00:28:39	02:34:39	01:38:21	119
28	114	Bruno Alexandre Rodrigues Martins	04:46:08	00:26:40	02:38:36	01:36:47	120
29	945	Caio Herculano Amim	04:46:45	00:26:49	02:35:05	01:38:52	123



30	160 Henrique Pereira	04:46:57	00:32:20	02:36:38	01:31:39	124
31	567 Gonçalo Lobo Do Vale	04:47:05	00:27:44	02:40:06	01:33:16	125
32	59 Luis Filipe Ferreira	04:47:35	00:29:58	02:35:25	01:38:14	127
33	360 Henrique Miguel Batalha Avelar	04:47:42	00:32:35	02:36:19	01:34:48	129
34	463 João Pedro Pereira Dos Santos	04:48:52	00:33:47	02:33:01	01:35:42	138
35	695 Ivan Marques Valente Couras	04:49:07	00:23:14	02:41:12	01:39:29	140
36	814 Pablo Santos Nuñez	04:51:26	00:29:59	02:39:37	01:36:16	152
37	874 Ricardo Santos	04:51:37	00:32:26	02:37:47	01:36:38	155
38	171 Sérgio Pinto Da Mota	04:52:27	00:32:08	02:43:11	01:30:54	164
39	410 Celso Ilidio Esteves Moreira	04:52:28	00:30:33	02:43:59	01:33:53	165
40	173 Bruno Miguel Roque Fonseca	04:52:42	00:36:49	02:33:27	01:35:19	168
41	827 Manuel Jorge Teixeira Monteiro Júlio	04:52:43	00:27:51	02:43:17	01:37:14	169
42	841 Domingos Augusto Benedito Vieira	04:53:14	00:32:01	02:39:25	01:35:59	175
43	715 Joel Cunha	04:53:14	00:31:08	02:38:30	01:37:31	176
44	359 Bruno Lindorfo Batista Alves	04:53:15	00:34:50	02:38:58	01:34:06	177
45	79 Cláudio Canavilhas	04:53:20	00:31:43	02:41:06	01:36:23	178
46	298 Bruno Costa	04:53:49	00:32:41	02:43:42	01:32:09	184
47	815 Bruno Carvalheiro	04:54:21	00:40:55	02:34:17	01:32:55	194
48	381 Adrian Gallego Cid	04:54:28	00:28:31	02:46:40	01:34:07	195
49	722 João Ricardo Figueiredo	04:55:53	00:28:43	02:42:06	01:38:27	202
50	165 Edson Marco De Carvalho Oliveira	04:56:32	00:35:09	02:43:27	01:32:30	204
51	150 Mário Santana	04:56:59	00:32:36	02:45:04	01:35:08	206
52	471 Bruno Alexandre Oliveira Da Silva	04:57:07	00:27:26	02:46:05	01:38:49	207
53	207 Telmo Nogueira	04:57:49	00:37:55	02:52:17	01:23:22	213
54	1009 João Miguel Lobo	04:59:13	00:28:21	02:48:49	01:37:32	225
55	598 Pedro Pimentel	04:59:36	00:30:53	02:39:16	01:44:07	227
56	913 Oliver May	05:01:21	00:31:29	02:38:08	01:45:10	238
57	1034 Pablllo Sipaubá De Sousa	05:01:54	00:36:20	02:42:11	01:35:12	242
58	159 Mario Martins	05:03:34	00:39:35	02:42:51	01:35:36	256
59	886 Pedro Caldeira Fernandes	05:04:31	00:30:00	02:46:03	01:37:57	264
60	731 Davide Morgado Magalhães	05:05:12	00:38:25	02:39:45	01:41:23	268
61	299 Pedro Fernandes Pereira	05:05:19	00:37:58	02:40:43	01:39:36	269
62	383 Filipe Nogueira Da Silva	05:05:44	00:32:12	02:47:59	01:39:22	272
63	217 Pedro Miguel Ferreira Da Silva Nogueira	05:05:46	00:33:05	02:38:40	01:48:58	274
64	1049 Pedro Gil Pinheiro Coutinho De Almeida	05:05:47	00:34:11	02:44:45	01:38:35	275
65	594 Adolfo Lameira Chibante Rodrigues	05:06:13	00:32:58	02:48:24	01:38:19	279
66	348 Dennis Matheson	05:06:39	00:34:58	02:43:19	01:43:35	282



67	758 João Sales	05:07:00	00:36:12	02:46:09	01:36:05	283
68	865 Luís Paliotes Fera	05:07:31	00:35:37	02:43:37	01:40:47	289
69	805 José Corrêa De Barros	05:08:46	00:38:29	02:47:13	01:36:52	303
70	40 Bruno Godinho	05:08:51	00:31:15	02:43:11	01:49:37	305
71	479 Tiago Batista	05:09:38	00:29:24	02:46:06	01:49:52	315
72	545 Luís Miguel Costa Bezerra Coelho Matos	05:10:30	00:32:35	02:47:17	01:45:25	319
73	16 Sérgio Filipe	05:12:11	00:31:40	02:48:36	01:47:28	326
74	457 Roberto Rosado	05:12:34	00:37:25	02:39:41	01:50:25	332
75	185 Fábio Manuel Dias Teixeira	05:12:54	00:32:35	02:56:22	01:36:22	337
76	762 Francisco Coimbra	05:13:37	00:34:01	02:48:41	01:43:00	341
77	756 Sebastiao Clara	05:13:39	00:31:49	02:51:44	01:44:15	342
78	61 Ricardo Faria	05:13:57	00:32:17	02:45:04	01:50:43	345
79	1065 João Paulo Nunes Ferreira Ribeiro Cardoso	05:13:59	00:33:55	02:48:01	01:46:16	347
80	897 Nuno Ribeiro	05:14:31	00:37:30	02:40:59	01:49:46	352
81	626 Carlos Mourato	05:15:26	00:35:02	02:37:30	01:52:15	361
82	619 Marco António Taxas Raminhos	05:16:02	00:32:07	02:46:01	01:50:16	365
83	578 Zico Das Das Neves Gonçalves	05:16:11	00:34:10	02:55:44	01:38:12	366
84	22 Hugo Gomes	05:19:21	00:38:50	02:55:45	01:37:51	391
85	60 Tiago Mira Amado	05:19:42	00:36:53	02:56:22	01:41:27	395
86	335 António Barbosa	05:19:57	00:37:41	03:07:28	01:28:01	397
87	161 Ricardo Manuel Valadas Jerónimo	05:21:23	00:29:35	02:50:08	01:56:06	417
88	794 Luís Miguel Caxias Melro	05:21:26	00:37:56	02:50:56	01:45:17	419
89	187 Bruno Carlos	05:22:08	00:41:39	02:48:55	01:44:36	423
90	1064 Flávio Vieira Carvalho De Figueiredo	05:22:59	00:31:45	02:59:37	01:46:10	430
91	415 José Caeiro	05:23:25	00:35:53	02:50:56	01:48:41	434
92	712 Cristian Cordero Vallejo	05:23:30	00:29:35	02:55:29	01:50:37	435
93	502 Gaspar D''''''''orey	05:24:12	00:28:31	02:45:28	02:04:53	442
94	129 Luis Goncalves	05:24:22	00:40:23	02:59:09	01:38:15	443
95	744 Ricardo Pereira	05:26:07	00:38:08	03:02:04	01:37:10	454
96	521 Henrique Delgado	05:26:59	00:27:55	02:50:26	02:03:17	460
97	305 Tiago Jorge Colaço Vitorino	05:27:01	00:35:06	02:50:56	01:54:47	461
98	444 Diogo Justino	05:27:10	00:37:15	02:56:06	01:46:03	462
99	590 Tiago Santos	05:27:12	00:39:39	03:01:57	01:35:29	463
100	616 Duarte Nuno David Fialho Penas	05:28:29	00:34:47	02:50:55	01:54:55	472
101	119 Miguel Fernandes	05:29:19	00:39:20	02:59:26	01:42:18	476
102	440 Nelson José Valente Lopes	05:32:40	00:48:40	02:55:05	01:42:02	494
103	354 Marcos Alonso Mendaña	05:32:41	00:35:51	03:04:07	01:45:27	495



104	754 Bruno Fernandes	05:33:10	00:39:41	02:49:03	01:58:21	499
105	651 João Nuno Faustino Valentim	05:33:38	00:36:59	02:57:34	01:52:34	502
106	189 Cristóvão Santos	05:34:19	00:31:47	03:00:58	01:56:12	508
107	99 Pedro Do Nascimento E Oliveira Gomes Teixeira	05:34:59	00:35:55	03:00:58	01:51:39	512
108	990 David Jorge	05:36:44	00:32:09	03:03:04	01:53:59	523
109	842 David João Gomes Almeida	05:38:33	00:39:09	02:56:08	01:57:16	534
110	231 Fábio Paulo	05:41:42	00:44:02	02:57:44	01:51:41	551
111	543 Helder Carvalheira	05:41:47	00:38:37	03:04:10	01:52:45	552
112	486 Filipe Miguel Campos Canilho	05:41:53	00:42:54	03:09:35	01:42:39	554
113	964 Bruno Alexandre Pinto Fernandes	05:46:41	00:37:03	03:03:57	01:58:16	571
114	772 Valter Rafael Anacleto	05:46:58	00:38:26	03:01:47	01:58:15	572
115	670 Hugo Filipe Ferreira Freire	05:48:56	00:31:28	03:00:02	02:12:12	586
116	140 Nuno Gonçalo Silva	05:49:10	00:29:32	02:54:43	02:19:26	589
117	944 Vasco D''''''''orey	05:50:21	00:34:56	03:13:37	01:53:42	590
118	196 Aleksandr Igonkin	05:50:31	00:37:08	03:12:06	01:56:55	592
119	343 Pedro Miguel Da Veiga Godinho De Matos	05:51:07	00:34:04	02:59:08	02:10:07	593
120	724 Bruno Gabriel Silva Leite	05:51:23	00:31:51	03:12:50	01:57:46	598
121	233 Gonçalo José Costa Santos	05:52:36	00:39:59	03:12:36	01:51:28	603
122	474 José Domingues Costa	05:54:01	00:33:52	03:03:53	02:09:12	613
123	890 Sérgio Rosado	05:57:03	00:48:14	02:56:09	02:01:37	632
124	1010 Tomás Falcão E Cunha	05:57:35	00:33:57	03:09:40	02:05:26	637
125	605 Andrea Saporito	05:57:44	00:37:28	03:19:20	01:54:05	641
126	974 Sérgio Santos Rodrigues	05:59:06	00:39:10	03:08:54	02:03:17	651
127	764 Pedro Sanguino	05:59:29	00:37:42	03:06:26	02:07:38	653
128	601 Bruno Fonseca	06:00:35	00:34:38	03:02:32	02:16:16	659
129	850 João Filipe Matias Garcia	06:03:09	00:37:49	03:17:01	02:00:32	667
130	112 Gonçalo Ricardo Rito Neves	06:03:40	00:37:18	03:09:26	02:08:37	671
131	214 André Coelho	06:03:54	00:40:37	03:07:58	02:06:48	673
132	278 Pedro Tomás Luiz	06:04:01	00:41:27	03:11:54	02:02:41	674
133	771 Joao Ramos	06:06:16	00:54:38	02:59:40	02:03:19	684
134	87 André Chaves Nunes Leal	06:06:37	00:39:49	03:14:12	02:00:29	685
135	649 Sérgio Sousa	06:09:35	00:38:23	03:23:40	01:59:26	697
136	981 Fernando Martin Rudilla	06:10:27	00:35:31	03:20:41	02:04:48	699
137	700 Tiago Alexandre Da Palma Veigas	06:10:47	00:43:33	03:32:24	01:44:19	701
138	583 Hugo Julião	06:14:05	00:36:05	03:16:03	02:16:18	710
139	811 Diogo Luís De Sequeira Mota	06:15:27	00:50:09	03:16:26	02:01:29	717
140	880 Filipe Sousa	06:18:59	00:46:29	03:22:13	02:02:39	725



141	956 Rui André Dias Silva	06:23:59	00:36:42	03:29:48	02:10:01	740
142	275 Carlos Gouveia	06:24:14	00:38:13	03:14:58	02:21:43	741
143	961 Ricardo Pita	06:27:08	00:29:15	03:20:05	02:28:30	748
144	881 Daniel Bruno Galvão	06:31:41	00:39:43	03:39:44	02:05:46	760
145	245 Cláudio Ricardo De Magalhães Pinheiro Caramelo	06:46:42	00:39:44	03:27:27	02:31:58	780
146	849 Sérgio Nuno Maquinista	06:51:50	00:55:50	03:38:55	02:10:09	789
147	658 Michel Kirschen	06:55:20	00:36:55	03:47:52	02:22:41	793
148	211 Gonçalo Gonzaga Pinto	06:58:38	00:32:24	03:27:35	02:48:56	800
149	860 Ricardo Velhuco	06:58:49	00:44:25	03:06:56	02:58:43	801
150	264 Mario Saloio	07:02:58	00:43:28	03:17:31	02:55:52	805
151	495 Nuno Varela	07:12:50	00:37:38	03:38:59	02:48:10	810

40 - 44 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	7	Ana Filipa Pais Alves Santos	04:40:36	00:27:08	02:38:14	01:31:35	89
2	975	Eva Margarida Santa Marta Da Silva	05:18:50	00:32:30	02:52:44	01:47:28	386
3	833	Izabella Moreno Ducatti Pires	06:01:43	00:35:17	03:23:12	01:56:21	661
4	1029	Lenka Krátka	06:06:43	00:35:22	03:18:00	02:05:21	686
5	673	Sandra Sausen	06:10:41	00:41:30	03:10:04	02:11:10	700
6	405	Cristina Maria Pires Dos Santos	06:27:33	00:43:30	03:23:00	02:14:55	751
7	71	Filipa Fernandes	06:28:00	00:41:17	03:28:37	02:11:37	753
8	769	Susana Flores	06:33:27	00:48:02	03:28:57	02:11:48	762
9	937	Vladislava Vasianina	06:45:11	00:51:06	03:37:24	02:07:36	777

45 - 49 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	418	Leonardo Schwindt	04:19:29	00:25:30	02:28:38	01:21:04	18
2	743	Rui Narigueta	04:21:11	00:33:21	02:20:57	01:22:50	23
3	52	Lino Barruncho	04:23:14	00:29:00	02:26:09	01:23:31	26
4	837	Tiago Almeida	04:30:17	00:29:43	02:17:50	01:37:57	44
5	182	Valdo Das Neves	04:31:09	00:26:43	02:31:58	01:28:38	48
6	1044	João Paulo Pinto	04:34:04	00:30:24	02:24:24	01:34:19	59
7	1026	Manuel Pascual Esteban	04:34:35	00:30:30	02:32:27	01:26:17	60
8	526	Rui Gomes	04:35:08	00:30:34	02:39:42	01:20:15	63
9	514	Carlos Rosário	04:35:32	00:28:10	02:32:42	01:30:37	67
10	88	João Pedro Mártires Da Silva	04:36:52	00:28:55	02:35:07	01:29:25	71
11	535	António Salgado	04:37:43	00:32:35	02:29:29	01:29:49	76



12	451	Gonçalo Resina Resina	04:38:38	00:31:48	02:36:40	01:25:33	78
13	485	Diogo Pina Pereira	04:43:10	00:32:11	02:35:43	01:30:48	100
14	125	Luis Faustino	04:43:30	00:33:12	02:34:36	01:30:41	101
15	380	Roberto Picón Espiño	04:43:32	00:26:39	02:42:58	01:29:43	102
16	121	Pedro Bilro	04:43:51	00:28:27	02:40:15	01:30:51	103
17	810	Rui Gonçalves	04:44:17	00:36:42	02:36:43	01:25:02	107
18	21	Pedro Miguel B Pinto Leal Fernandes	04:47:32	00:26:08	02:33:12	01:44:04	126
19	131	Carlos Fernandes	04:47:39	00:28:42	02:43:42	01:30:48	128
20	546	Filipe Centeno	04:48:29	00:30:40	02:41:53	01:32:10	134
21	539	Ricardo Lanceiro	04:49:42	00:31:17	02:44:33	01:29:02	142
22	330	Rui Pedro Pinheiro Da Fonseca	04:50:28	00:27:58	02:43:21	01:35:03	145
23	113	Alexandre Nunes	04:51:02	00:34:55	02:41:30	01:30:00	149
24	132	Luis Figueira	04:51:38	00:29:13	02:42:02	01:35:30	157
25	23	Jorge Fonseca	04:52:07	00:28:31	02:41:41	01:37:28	159
26	292	Firmino Dias	04:52:15	00:32:31	02:41:40	01:32:13	162
27	427	Hugo Fonseca	04:53:31	00:28:43	02:42:11	01:38:11	179
28	47	Luis Alegrias	04:53:42	00:28:29	02:33:53	01:45:58	181
29	472	Rui Rebocho	04:53:45	00:35:20	02:43:43	01:29:41	182
30	92	Joao Fernandes Silva	04:54:15	00:34:44	02:37:35	01:36:35	192
31	14	Tiago De Paiva E Pona	04:55:08	00:26:26	02:51:42	01:33:01	199
32	550	Pedro Mendonca	04:55:25	00:31:48	02:36:30	01:42:14	201
33	44	Luis Silva	04:57:16	00:34:05	02:39:31	01:38:07	208
34	645	Francisco Javier Gutiérrez Perez	04:58:09	00:29:17	02:48:12	01:35:52	217
35	37	Rui Pereira Da Silva	04:59:11	00:32:24	02:43:14	01:38:28	224
36	399	Oscar Fernandez Gonzalez	05:00:24	00:27:20	02:47:52	01:38:55	229
37	1033	Tiago Costa	05:00:43	00:30:08	02:40:28	01:42:08	232
38	177	Vitor Manuel Romeiro Fialho Piçarra	05:00:48	00:31:38	02:51:16	01:32:48	233
39	687	António Lúcio	05:01:10	00:40:19	02:43:10	01:31:04	237
40	497	Rui Duarte	05:01:37	00:23:57	02:53:18	01:40:10	239
41	570	Leonardo Loureiro	05:01:40	00:38:27	02:40:38	01:36:49	240
42	216	Bruno Batista	05:02:12	00:31:11	02:49:09	01:37:04	243
43	77	António Manuel Brito Moreira	05:02:13	00:33:27	02:56:22	01:27:59	244
44	1006	Manuel José Pontes Moutinho	05:02:59	00:35:37	02:48:44	01:33:35	251
45	954	Rafael Martinho	05:03:05	00:34:50	02:46:51	01:34:30	252
46	1066	Orlando Filipe Fernandes Marques	05:03:06	00:30:40	02:43:16	01:42:58	254
47	242	Bruno Rosado	05:03:45	00:30:14	02:44:42	01:42:30	258
48	158	Guilherme Libório	05:04:11	00:29:27	02:49:54	01:39:27	259



49	541 Antonio Maria Magalhaes Pavia Cumbre	05:04:12	00:30:19	02:44:45	01:43:16	260
50	248 Vasco Baptista	05:04:16	00:33:22	02:40:37	01:43:58	262
51	398 Pedro Fernandes	05:04:26	00:31:16	02:49:32	01:39:17	263
52	946 Pedro Duarte	05:04:40	00:33:12	02:41:17	01:43:52	265
53	76 Kiko Martins	05:04:50	00:34:04	02:42:13	01:43:11	266
54	10 Rodrigo Pais De Almeida	05:05:45	00:30:11	02:43:31	01:46:19	273
55	341 João Henrique Lamas Rodrigues	05:06:13	00:40:11	02:38:48	01:40:53	280
56	623 Alexandre Miguel Gomes Guimarães	05:07:41	00:36:33	02:43:11	01:41:15	294
57	515 Gonçalo Gameiro	05:08:02	00:30:03	02:43:23	01:49:27	295
58	716 Jorge Banha	05:08:14	00:34:52	02:43:05	01:44:47	299
59	186 António Caldas Lopes	05:08:50	00:30:41	02:42:23	01:49:41	304
60	19 Pedro Pinho Lopes	05:08:51	00:39:13	02:41:31	01:41:10	306
61	285 José Manuel Horta Nova Nunes	05:09:07	00:34:02	02:48:15	01:40:26	310
62	25 Marco Sousa	05:09:20	00:31:14	02:53:12	01:40:16	312
63	424 Gonçalo Esteves	05:09:24	00:35:59	02:35:30	01:49:44	313
64	465 Marco Filipe Rosa Cristo	05:11:25	00:30:51	02:44:07	01:50:56	322
65	483 Marco Dias Rocha	05:11:43	00:34:24	02:49:51	01:40:38	323
66	846 Gonçalo Correia	05:12:03	00:30:05	02:48:18	01:41:09	324
67	953 Nuno Ricardo De Almeida Da Conceição	05:12:13	00:30:18	02:41:38	01:53:26	328
68	81 Rui Pereira	05:12:53	00:34:53	02:51:29	01:40:23	336
69	851 Bruno Rafael Paiva Gois	05:13:35	00:32:17	02:52:51	01:43:21	339
70	807 Edinson Sanchez	05:13:44	00:31:28	02:48:44	01:48:50	343
71	178 Nuno Almeida	05:13:57	00:43:55	02:42:26	01:40:37	346
72	188 Eduardo Ribeiro Costa	05:14:41	00:24:01	02:50:06	01:54:09	354
73	18 Jose Luis Baceira Farinha	05:14:50	00:38:20	02:44:29	01:47:46	356
74	148 Pedro Ricardo Branco Barata Filipe	05:15:06	00:28:35	02:51:57	01:49:02	360
75	431 Patrick Ebrero Da Silva	05:16:28	00:32:45	02:39:37	01:58:01	367
76	979 Rui Filipe Porto Pinto Da Lapa	05:16:43	00:27:50	02:52:48	01:46:56	371
77	792 Miguel Marques Da Silva	05:16:56	00:29:50	02:53:53	01:41:37	372
78	197 Rui Pedro Sousa Nunes	05:17:18	00:36:11	02:46:42	01:48:20	375
79	300 Hugo Canaipa Henriques	05:17:42	00:34:08	02:48:29	01:49:52	377
80	1045 Pedro Miguel Carmo Correia	05:18:45	00:34:27	02:53:33	01:42:58	385
81	562 Francisco Jesus Gonzalez Lopez	05:19:00	00:32:43	02:48:25	01:51:17	387
82	547 Alexandre Rico	05:19:26	00:33:55	02:46:44	01:52:44	392
83	591 Nuno Silveira	05:19:39	00:35:07	02:54:56	01:40:18	393
84	940 Filipe Barbosa	05:19:41	00:34:23	02:48:57	01:47:58	394
85	259 Martim Nunes	05:20:17	00:37:08	02:58:35	01:39:03	402



86	106 Pedro Miguel Silva Rico	05:20:26	00:27:25	02:54:29	01:52:01	403
87	184 Duarte Cortes	05:20:51	00:36:06	02:58:52	01:38:13	410
88	228 Gonçalo Almeida	05:20:51	00:30:06	02:51:44	01:54:14	411
89	102 Hugo Miguel Ferreira Viegas	05:20:58	00:34:35	02:57:45	01:43:35	412
90	789 Pedro Teixeira	05:21:08	00:35:51	02:54:48	01:44:41	414
91	718 Esmeraldino Sá	05:21:11	00:36:43	02:52:46	01:46:36	415
92	238 Diogo Garcia	05:21:20	00:32:35	02:56:58	01:45:17	416
93	393 Pedro Faísca	05:23:18	00:26:00	02:50:00	02:02:21	432
94	615 Gustavo Ferreira	05:23:58	00:32:39	02:55:36	01:49:21	439
95	464 Nuno Faria	05:25:53	00:32:16	02:52:19	01:55:21	453
96	648 Ricardo João Duarte Neves	05:26:16	00:35:06	02:58:05	01:46:05	455
97	1057 Hugo Manuel Gonçalves Ferreira	05:26:27	00:31:47	02:57:58	01:51:22	457
98	462 Ricardo Jose Marques Fernandaes	05:28:05	00:39:53	02:56:15	01:46:35	470
99	256 Francisco Muñoz Sosa	05:29:03	00:36:27	02:58:43	01:46:10	475
100	667 Carlos Eduardo Correia	05:29:49	00:36:21	02:56:57	01:47:16	480
101	317 Thomas Stark	05:30:05	00:42:14	02:50:27	01:50:35	482
102	353 Paulo Faria	05:30:54	00:33:12	03:03:38	01:45:58	485
103	519 Ricardo Quitério	05:31:05	00:34:35	02:42:23	02:05:43	486
104	919 Nuno Rosado	05:32:00	00:37:36	02:51:01	01:52:19	489
105	751 Joaquim Potes	05:32:26	00:30:01	03:06:07	01:48:46	493
106	770 Pedro Brandao	05:32:42	00:32:48	02:47:08	02:05:37	496
107	446 Ricardo Mateus	05:32:47	00:37:00	03:10:02	01:38:54	498
108	273 Pedro Silva	05:34:05	00:37:42	02:58:03	01:51:46	505
109	78 Miguel Almeida	05:34:30	00:37:08	03:01:54	01:49:52	510
110	559 João Lopes Fernandes	05:35:04	00:35:17	03:01:54	01:51:25	513
111	445 Rui Rodrigues	05:36:00	00:29:53	02:56:47	02:00:41	517
112	721 Nuno Mota	05:36:14	00:31:48	03:01:34	01:57:23	520
113	984 António Carlos De Sousa Reis Rainho Pereira	05:37:02	00:34:51	03:00:12	01:50:22	524
114	819 Jose Antonio Pina	05:38:01	00:37:13	02:58:09	01:54:30	530
115	17 João Pedro Seródio	05:38:12	00:35:50	02:52:52	02:01:49	531
116	441 Hugo Rodrigo Silva Carlos	05:38:28	00:39:07	02:58:21	01:52:58	533
117	755 Hugo Braz	05:38:51	00:32:34	02:52:27	02:02:06	536
118	1038 Pedro Ricardo Pacheco Fernandes	05:38:56	00:35:35	03:13:17	01:38:21	540
119	98 João Beltrão	05:40:13	00:41:07	03:11:01	01:40:58	545
120	320 Henrique Encarnação	05:40:42	00:37:12	03:01:00	01:57:44	548
121	49 Alexandre Leal	05:43:59	00:43:50	03:09:06	01:42:54	558
122	134 Pedro Manuel Nava Martins	05:44:14	00:31:39	03:03:31	02:02:24	559



123	110 Nuno Simoes	05:47:35	00:33:26	03:06:08	02:01:01	579
124	45 Rui Santos	05:48:50	00:34:35	03:01:50	02:05:41	583
125	111 Christian Ramos	05:48:54	00:39:17	03:08:10	01:54:43	585
126	303 Bruno Faria	05:48:59	00:39:26	03:12:06	01:50:23	588
127	456 Pedro Queiroz	05:51:11	00:36:43	03:07:05	02:01:29	594
128	428 João Pedro Barbosa Rodrigues Fernando	05:52:04	00:32:57	03:14:53	01:56:45	602
129	455 Joao Paulo Coelho Pinto	05:53:07	00:41:00	03:11:01	01:52:39	606
130	175 Carlos Xavier	05:53:42	00:41:11	03:05:44	02:00:07	610
131	753 Pedro Cardoso	05:54:49	00:33:37	02:54:27	02:20:49	617
132	481 Vítor Hugo Da Silva Ferreira	05:55:04	00:34:05	03:05:41	02:08:43	618
133	569 Hugo Jesus	05:55:25	00:36:39	03:07:58	02:03:16	621
134	28 Eduardo Filipe Amaro Ferreira	05:55:26	00:37:11	03:00:24	02:10:43	622
135	108 Luís Massapina	05:58:35	00:46:36	03:16:25	01:49:03	648
136	91 Luís Lemos	05:59:23	00:41:08	03:15:20	01:57:41	652
137	906 Jesús Calvar Lorenzo	06:03:33	00:47:44	03:11:44	01:56:20	669
138	400 Jorge Alexandre Batista Da Silva Barroso	06:07:19	00:34:57	03:22:00	02:01:01	688
139	818 Gonçalo Eduardo Vítor Vicente	06:09:17	00:36:13	03:06:56	02:17:07	694
140	143 Paulo Gonçalves	06:12:51	00:32:30	03:08:58	02:24:04	705
141	593 João Carlos Costa Borrvalho	06:19:31	00:52:34	03:15:50	02:00:35	728
142	12 Jose Pedro Da Silva Canela	06:20:03	00:57:37	03:17:46	01:57:17	730
143	861 Mark Obrien	06:23:26	00:28:55	03:13:24	02:32:19	738
144	889 Nuno Filipe Dos Santos Ribeiro	06:24:35	00:37:31	03:16:36	02:24:23	744
145	409 Pedro Renca	06:25:39	00:38:41	03:28:22	02:09:51	746
146	210 Eduardo Filipe Ferreira Poças	06:27:09	00:31:20	03:27:27	02:19:42	749
147	669 Ricardo Miguel Nunes Duarte	06:29:28	00:48:16	03:21:47	02:12:04	757
148	478 Hélio Garcia	06:41:04	00:41:27	03:20:51	02:31:52	771
149	732 Antonio Quadrado	06:41:34	00:46:28	03:20:42	02:27:51	773
150	533 Pedro Fonseca Ferreira	06:42:41	00:37:29	03:29:50	02:23:20	774
151	663 Joel Alexandre	06:51:07	00:38:09	03:30:22	02:34:07	787
152	561 Pedro Vitorino	06:54:45	00:49:38	03:17:25	02:40:00	791
153	681 Fabio Barros	06:58:23	00:36:33	03:24:42	02:48:08	798
154	351 Nuno Luis Lourenço De Sousa	07:02:00	00:40:54	03:34:17	02:40:18	804
155	80 Daniel David De Sousa Leão	07:06:28	00:39:03	03:21:04	02:58:06	808
156	579 Helder Fernando Fernandes Correia	07:06:56	00:30:52	04:12:52	02:14:19	809
157	221 Luís Miguel Esteves Braz	07:30:51	00:41:48	03:48:28	02:51:44	817

**45 - 49 anos | F**

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	416	Amelia Drumm	05:10:10	00:33:18	02:56:08	01:36:30	318
2	282	Lenia Mafalda Gamito	05:58:39	00:35:30	03:17:16	01:58:25	649
3	403	Ana Maria Pinto Gomes	06:03:04	00:39:37	03:24:33	01:52:23	666
4	307	Catarina Pinto Carvalho	06:03:35	00:35:25	03:17:59	02:01:21	670
5	957	Marta Spuch Calvar	06:14:38	00:37:43	03:27:09	02:03:12	712
6	325	Ana Isabel Duarte	06:23:10	00:37:03	03:20:58	02:17:26	736
7	1012	Catia Curica	06:57:27	00:37:38	03:45:46	02:26:04	797

50 - 54 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	563	Luís Mira Nunes	04:23:28	00:28:50	02:26:40	01:24:01	27
2	1062	Rui Costa	04:32:24	00:32:18	02:29:30	01:26:12	55
3	924	David Toro Orgaz	04:35:29	00:28:42	02:32:18	01:30:30	65
4	283	David Caldeirão	04:39:09	00:25:00	02:30:18	01:39:56	84
5	650	João Faria	04:40:33	00:26:38	02:40:29	01:27:26	88
6	309	Nuno Miguel Rico Carvalhinho	04:42:50	00:31:34	02:30:41	01:35:43	98
7	39	Carlos Gomes Ferreira	04:44:12	00:31:35	02:36:07	01:32:13	106
8	644	Juan González	04:44:35	00:27:05	02:37:45	01:35:25	109
9	806	Diogo Ennes	04:50:59	00:34:08	02:37:48	01:32:31	148
10	858	Miguel Gomes	04:52:02	00:29:20	02:41:57	01:36:02	158
11	494	Pedro Pinha	04:52:14	00:32:36	02:39:45	01:32:48	161
12	454	Santiago Garcia Gonzalez	04:53:07	00:32:41	02:51:24	01:23:04	174
13	118	Stijn Vanacker	04:54:55	00:36:01	02:36:34	01:36:34	198
14	966	Diogo Pereira Do Nascimento De Magalhães Cymbron	04:56:44	00:33:27	02:34:25	01:43:14	205
15	853	Ruben Sio Fernandez	04:57:22	00:35:07	02:35:59	01:39:34	211
16	149	Nuno Miguel Nobre Lopes	04:57:48	00:35:08	02:42:34	01:34:49	212
17	117	Paulo Lamego	04:58:29	00:29:58	02:41:58	01:41:36	218
18	632	Pedro Silva Santos	04:59:10	00:32:49	02:42:56	01:38:33	222
19	432	Joao Assis Cabeleira	05:00:28	00:36:38	02:39:25	01:36:01	230
20	137	Carlos Custodio	05:00:43	00:28:04	02:43:52	01:43:57	231
21	935	Jose Duarte	05:01:01	00:30:28	02:40:38	01:42:56	235
22	280	Eládio Manuel	05:01:05	00:33:53	02:44:09	01:38:02	236
23	581	Miguel Moreira De Campos	05:02:15	00:35:05	02:38:38	01:39:46	245
24	699	Victor Ruiz De Eguino Medina	05:04:52	00:31:17	02:50:35	01:36:50	267



25	557 Pedro Neves	05:06:12	00:35:46	02:46:52	01:38:46	277
26	618 Luis Manuel C. C. Martins	05:08:06	00:33:37	02:49:07	01:37:27	296
27	908 João António Da Silva Rosa	05:08:57	00:30:23	02:44:08	01:47:40	309
28	257 Paulo Teles	05:09:32	00:32:57	02:46:31	01:44:25	314
29	109 José António Varela	05:10:07	00:30:47	02:54:06	01:38:49	317
30	423 Rui Sousa	05:13:21	00:31:27	02:55:47	01:41:13	338
31	32 Luis Miguel Andrade Miranda	05:14:03	00:37:43	02:41:16	01:50:09	349
32	1040 Joao Carlos Silveira Da Costa Da Cunha Rêgo	05:14:34	00:28:16	02:43:55	01:56:50	353
33	308 Luis Carvalho	05:15:40	00:31:39	02:47:57	01:50:25	362
34	13 Pedro Nunes	05:16:32	00:29:07	02:45:43	01:56:55	368
35	413 Miguel Baltazar	05:16:33	00:32:35	02:44:11	01:53:11	370
36	391 Pedro Mestre	05:19:13	00:31:28	02:50:47	01:50:07	388
37	696 António Carlos Esquetim Marques	05:20:00	00:32:23	02:51:10	01:50:55	398
38	202 Adolfo Vagos	05:20:12	00:36:01	02:51:12	01:48:19	400
39	191 Pedro Leiria	05:20:37	00:36:09	02:50:01	01:46:47	404
40	689 Licínio Sousa	05:20:44	00:47:22	02:45:39	01:42:39	407
41	404 Nuno Ricardo Dias Lemos	05:22:59	00:32:10	02:47:08	01:57:48	429
42	782 Ricardo R. Pereira	05:23:06	00:33:51	02:46:58	01:55:44	431
43	691 Alberto Jorge Soares Pires	05:24:09	00:36:43	02:54:34	01:46:23	440
44	739 Orlando Aires	05:25:01	00:33:42	02:57:47	01:46:25	447
45	921 Rui Mota Guedes	05:27:52	00:38:42	02:43:49	01:56:22	466
46	528 Paulo Menezes	05:27:52	00:36:41	03:01:38	01:40:35	467
47	612 Tiago José Fernandes Duarte	05:29:57	00:38:25	02:49:27	01:53:34	481
48	376 Francisco Jesus Becerra Perez	05:30:12	00:35:50	03:04:36	01:41:44	483
49	555 Rui Ligeiro	05:34:14	00:33:22	03:05:31	01:49:37	507
50	365 Pedro Lourenço	05:35:34	00:37:24	02:58:32	01:53:00	514
51	243 Diogo Baldaque Da Silva	05:35:40	00:31:13	02:53:56	02:04:45	515
52	774 Carlos Alberto Meira Da Rocha	05:36:34	00:34:28	02:59:45	01:55:08	522
53	893 Rui Da Silva	05:38:28	00:44:37	02:59:51	01:46:43	532
54	469 Luis Tomé	05:39:55	00:37:17	02:58:30	01:58:31	543
55	443 Nuno Clemente	05:44:15	00:40:24	03:04:06	01:53:43	560
56	194 José Gonçalves	05:44:52	00:33:35	03:02:37	02:01:58	564
57	750 Carlos Preciso	05:45:54	00:42:16	03:05:48	01:50:56	568
58	978 Ricardo João Lopes Santos	05:48:26	00:35:41	03:08:05	01:56:51	582
59	35 Filipe Ramos	05:51:26	00:32:54	03:05:22	02:07:13	599
60	1053 Nuno Lucas	05:53:48	00:38:36	03:11:07	01:53:53	612
61	855 Marco Carapinha	05:56:30	00:52:50	03:04:13	01:52:44	628



62	237 Ricardo Jorge Salvador Mendes	05:56:37	00:36:11	03:09:14	02:04:08	629
63	586 Pedro Fardilha	05:57:16	00:34:53	03:09:32	02:04:46	634
64	342 Joao Pedras	05:57:37	00:37:44	03:07:40	02:04:31	639
65	377 Paulo Moutinho	05:58:06	00:29:56	03:18:36	02:01:03	645
66	1032 Antonio Anunciada	05:58:29	00:36:56	03:03:21	02:11:14	646
67	826 José Bonito	05:59:29	00:38:45	03:00:25	02:11:46	654
68	151 Pedro Calvario	05:59:39	00:35:09	03:13:07	01:59:59	655
69	565 Telmo Filipe Sim Sim Pinto	06:00:13	00:48:26	02:56:24	02:05:35	657
70	31 Luis Paulo Costa Cipriano	06:02:07	00:41:17	03:26:02	01:47:30	662
71	993 Alvaro Rojas Barneto	06:02:58	00:36:53	03:12:56	01:57:48	665
72	832 Francisco José Serrano Faria	06:04:39	00:43:56	03:03:47	02:06:42	675
73	904 Luis Miguel Jesus Santos Costa	06:05:53	00:38:06	03:13:35	02:03:47	682
74	980 Julio Paulo Ramos Nepomuceno	06:06:07	00:38:09	03:19:01	02:01:06	683
75	65 Mario Teofilo	06:07:13	00:31:26	03:25:30	02:04:43	687
76	473 Joao Pedro Carvalho Fernandes	06:13:15	00:33:54	03:25:34	02:06:59	706
77	334 Pedro Botelho	06:14:47	00:27:19	02:59:00	02:43:45	713
78	679 Mário Duarte Da Silva Rodrigues	06:14:55	00:39:46	03:08:37	02:16:02	714
79	491 Nuno Miguel Nobre	06:17:06	00:43:33	03:16:39	02:09:10	721
80	955 Paulo Salgado	06:19:12	00:36:47	03:24:20	02:10:52	727
81	141 Hugo Manuel Estradas Santinhos	06:19:36	00:41:31	03:12:37	02:19:15	729
82	213 Rui Catarrinha	06:20:35	00:34:30	03:30:54	02:05:37	731
83	232 Daniel Aguiar	06:22:23	00:34:58	03:25:44	02:10:03	734
84	540 Miguel Jorge Fernandes De Araújo Vieira	06:30:54	00:34:19	03:11:25	02:37:08	759
85	752 Miguel Rocha	06:33:15	00:34:44	03:14:37	02:36:25	761
86	250 Marco Ventura	06:34:42	00:36:41	03:31:31	02:15:22	764
87	266 Marco Antonio González Carretero	06:40:58	00:38:01	03:31:11	02:21:58	769
88	203 Joaquim Jorge Assunção De Sousa Rosado Vieira	06:41:00	00:41:09	03:14:47	02:37:22	770
89	70 Luís Miguel Duarte Carvalho	06:48:47	00:35:43	03:28:06	02:35:45	782
90	657 Rui Miguel Levy	06:51:15	00:43:43	03:14:47	02:45:47	788
91	183 Bruno Silva	06:54:03	00:38:29	03:32:14	02:36:03	790
92	251 Pedro Telmo Ribeiro Prateiro Cirilo Gil	06:54:50	00:44:04	03:28:19	02:33:36	792
93	595 Aliaksandr Zuyonak	06:56:20	00:46:01	03:34:42	02:26:59	794
94	592 Nuno Miguel Ferraz Pontinha	06:57:08	00:42:33	03:36:49	02:29:44	796
95	122 Nuno Pacheco	06:58:27	00:43:27	03:35:02	02:32:21	799
96	1024 Raul Loureiro	07:06:15	00:57:21	03:18:52	02:38:11	807
97	328 Pedro Simões Pinto	07:24:22	00:45:02	03:40:22	02:48:07	815

**50 - 54 anos | F**

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	553	Filipa Oliveira	05:37:35	00:31:57	03:00:09	02:00:44	526
2	72	Fernanda Marques Santinha	05:51:23	00:35:20	03:21:44	01:47:00	597
3	477	Daniela Langaro	06:07:34	00:36:47	03:23:53	02:00:14	689

55 - 59 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	20	Fernando Carmo	04:36:32	00:32:50	02:26:12	01:31:55	69
2	126	António Jorge Bento Calafate	04:44:47	00:26:37	02:40:00	01:33:35	113
3	653	Jorge Vieira	04:48:35	00:33:28	02:40:00	01:30:30	136
4	489	Carlos Maia	04:51:13	00:32:15	02:31:03	01:42:02	150
5	53	Sérgio Manuel Pecurto Batalha	04:51:24	00:34:18	02:41:59	01:28:19	151
6	43	José Rui De Morais Galvão	04:54:10	00:28:56	02:32:51	01:47:07	191
7	422	Xosé Miguel Carballo González	04:58:56	00:29:40	02:45:08	01:39:13	219
8	506	Jose Javier Gomez Iglesias	04:59:13	00:34:49	02:46:43	01:32:37	226
9	74	Rui Amorim	05:07:29	00:35:00	02:45:09	01:40:52	288
10	573	Neville Suzman	05:07:32	00:33:12	02:41:17	01:47:45	290
11	90	Pedro Miguel Cardoso Cordeiro	05:07:37	00:28:10	02:45:41	01:48:29	292
12	170	Jorge Dinis	05:09:10	00:30:51	02:45:01	01:47:44	311
13	468	Roberto Fernández Alonso	05:14:50	00:36:57	02:48:48	01:43:27	357
14	435	João Carlos Parda Gonçalves Marques	05:15:41	00:36:59	02:47:07	01:45:43	364
15	96	Joaquim Guilherme Rodrigues Esteves	05:18:24	00:30:25	02:43:50	01:59:04	382
16	29	Gil Contreiras Braz De Oliveira	05:20:13	00:30:07	02:47:42	01:55:50	401
17	453	Jose Morgado	05:22:16	00:34:19	02:46:11	01:55:48	425
18	392	Miguel Barnabé	05:22:47	00:34:19	02:57:53	01:45:05	427
19	162	Paulo Vasconcelos	05:23:37	00:38:03	02:46:49	01:52:16	437
20	998	Carlos Manuel Pires De Oliveira Nunes	05:24:30	00:38:10	02:57:06	01:40:40	445
21	531	Antonio Jorge Ferreira Martinho	05:25:04	00:28:44	03:01:57	01:47:34	448
22	11	Miguel Teixeira Duarte	05:27:30	00:29:38	02:57:06	01:53:20	464
23	701	Luis Miguel Lopes Ferreira De Pinho	05:32:21	00:39:22	02:57:32	01:46:53	491
24	895	Carlos Filipe Ramos Dos Santos Canito	05:33:30	00:34:53	03:11:43	01:39:24	501
25	804	André Cunha	05:33:41	00:34:58	02:55:50	01:54:37	503
26	820	Rui Carvalho	05:37:39	00:38:07	03:02:02	01:48:28	527
27	267	Fernando Ferreira	05:39:11	00:39:32	03:05:21	01:46:47	542
28	174	A. Fernandes	05:45:13	00:34:52	02:54:59	02:07:56	565



29	1022	Carlos Ribeiro Ferreira	05:47:08	00:28:05	03:01:29	02:09:04	573
30	538	Paulo Sérgio Polido Carvalhinho	05:47:12	00:36:20	02:55:58	02:07:24	575
31	258	Francisco Sanches-Osório	05:47:30	00:33:51	02:52:47	02:13:29	578
32	839	Jose Manuel Vazquez	05:51:21	00:31:36	03:17:06	01:56:48	596
33	180	Rui Vieira	05:53:07	00:35:00	03:14:40	01:55:46	607
34	688	Jose Antonio Sánchez-Garrido García	05:55:23	00:39:01	03:03:34	02:05:00	620
35	991	Ricardo Villodres Rodriguez	05:55:48	00:32:09	03:17:56	01:56:15	624
36	903	José Luís Almeida	06:00:00	00:36:08	03:11:51	02:05:53	656
37	599	Antonio K. Ferreira	06:01:12	00:31:29	02:57:59	02:23:00	660
38	219	Vasco José Garcia Mexia Pinheiro	06:02:08	00:36:09	03:02:31	02:14:49	663
39	725	Carlos Gomes	06:07:36	00:38:11	03:10:47	02:12:35	690
40	666	Pedro Tarouca	06:13:43	00:37:06	03:27:29	02:00:57	708
41	67	Rui Manuel Lopes Martins	06:15:07	00:38:51	03:11:52	02:14:28	715
42	48	Miguel António Reis Cruz	06:15:31	00:40:18	03:18:38	02:07:59	718
43	1054	Vitor Grilo	06:21:30	00:33:04	03:16:50	02:17:10	732
44	439	Luis Miguel Duque Santos	06:27:19	00:39:04	03:21:38	02:19:40	750
45	926	Carlos Alberto Guedes Lopes	06:33:30	00:35:19	03:24:52	02:19:23	763
46	982	Jesús Amador Docsió Mairéna	06:36:23	00:44:22	03:27:35	02:17:20	765
47	475	Carlos Vicente	06:37:11	00:43:57	03:14:41	02:32:08	766
48	854	Juan Carlos Rodríguez Rial	06:37:44	00:46:26	03:28:02	02:14:25	767
49	269	Manuel António Santos Nunes	06:41:20	00:39:10	03:25:13	02:30:07	772
50	363	João Paulo Páscoa	06:43:20	00:38:02	03:44:03	02:13:47	775
51	36	Renato Gonçalves Araújo	06:49:22	00:33:32	02:55:55	03:10:01	783
52	894	Rui Manuel Anacleto Magalhães	07:22:49	00:39:09	04:07:03	02:27:26	814

55 - 59 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	101	Filomena Gomes	05:19:45	00:34:28	02:47:27	01:49:52	396
2	705	Rosa Rodrigues	05:57:37	00:47:45	03:02:29	02:00:46	638
3	499	Jeane Abreu	06:24:18	00:38:59	03:23:32	02:12:31	742
4	268	Helena Maria De Oliveira Sécio	06:48:12	00:38:19	03:28:14	02:34:11	781

60 - 64 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	825	Vicente Sanz Romero	05:08:22	00:34:44	02:45:48	01:40:52	300
2	370	Joaquim José Gomes Da Rocha Fernandes	05:17:12	00:29:02	02:59:00	01:44:38	374
3	930	Jorge Nunes	05:23:35	00:34:28	03:03:57	01:38:30	436



4	680	Manuel De Gregório Gouveia Sardinha	05:30:24	00:37:40	02:57:25	01:46:54	484
5	286	Henrique Freire	05:38:57	00:31:49	03:12:11	01:49:44	541
6	1030	Aidan Mckay	05:40:30	00:32:53	02:56:44	02:02:08	546
7	336	Luís Bruno Santos Almeida Ricardo	05:47:24	00:33:51	03:08:06	01:56:48	576
8	55	Paulo Renato Santos	05:52:49	00:31:25	03:01:25	02:12:23	604
9	490	João Carlos Liberato Paulino	05:53:24	00:36:50	03:11:04	01:53:19	608
10	349	João Carlos Lourenço	05:57:17	00:37:55	03:23:01	01:45:51	635
11	738	Paulo Guedes	05:57:51	00:38:07	03:09:50	02:01:48	644
12	962	Rui Manuel Castro Velez	06:00:34	00:31:16	03:00:25	02:23:50	658
13	63	José Anibal Martins Correia	06:07:53	00:36:19	03:11:24	02:13:08	691
14	128	Miguel Da Fonseca San-Payo	06:14:00	00:34:34	03:33:23	02:00:57	709
15	613	Eduardo Carpinteiro	06:15:32	00:41:26	03:21:33	02:01:14	719
16	783	José Branco Calado Maçarria	06:24:31	00:37:05	03:30:32	02:10:27	743
17	779	Armando Calado Guerreiro Lopes	06:24:50	00:40:53	03:34:20	02:00:23	745
18	154	Pedro Soutelinho Correia Ribeiro	06:46:30	00:35:59	03:25:23	02:38:09	778
19	493	Nuno Rainho Fernandes	06:49:30	00:40:12	03:42:27	02:20:33	784
20	845	Pedro Pujol	06:50:51	00:44:25	03:37:20	02:16:02	786

60 - 64 anos | F

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	420	Madalena Caninas	06:57:02	00:38:42	03:54:33	02:15:10	795

65 - 69 anos | M

Lugar	Dorsal	Nome	Tempo Oficial	Natação	Ciclismo	Corrida	Lugar Geral
1	838	Fernando Feijão	05:20:50	00:33:54	02:59:54	01:39:54	409
2	163	Manuel Pires	05:35:43	00:36:58	03:05:21	01:46:18	516



SETÚBAL TRIATHLON

TOTALISTA CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
14	33	João Rebelo		Vasco da Gama Atlético Clube de Sines	04:17:45	00:24:15	02:30:22	01:19:37	30 - 34 anos	2
69	20	Fernando Carmo			04:36:32	00:32:50	02:26:12	01:31:55	55 - 59 anos	1
70	69	Ricardo Costa		Triatlo Clube TAP	04:36:44	00:26:54	02:33:29	01:31:39	35 - 39 anos	16
106	39	Carlos Ferreira		Louletano Desportos Clube	04:44:12	00:31:35	02:36:07	01:32:13	50 - 54 anos	7
118	15	João Pacheco		Outsystems Olímpico de Oeiras	04:45:34	00:31:09	02:32:38	01:37:52	35 - 39 anos	30
126	21	Pedro Fernandes		CNATRIL Triatlo	04:47:32	00:26:08	02:33:12	01:44:04	45 - 49 anos	18
127	59	Luis Ferreira		Núcleo do Sporting da Golegã	04:47:35	00:29:58	02:35:25	01:38:14	40 - 44 anos	32
151	53	Sérgio Batalha		3B Triatlo	04:51:24	00:34:18	02:41:59	01:28:19	55 - 59 anos	5
153	5	Liliana Veríssimo		Sporting Clube de Espinho	04:51:36	00:29:31	02:49:56	01:28:28	35 - 39 anos	1
159	23	Jorge Fonseca		Estoril Praia Credibom	04:52:07	00:28:31	02:41:41	01:37:28	45 - 49 anos	25
181	47	Luis Alegrias		Kainágua	04:53:42	00:28:29	02:33:53	01:45:58	45 - 49 anos	28
191	43	José Galvão			04:54:10	00:28:56	02:32:51	01:47:07	55 - 59 anos	6
199	14	Tiago Pona		Outsystems Olímpico de Oeiras	04:55:08	00:26:26	02:51:42	01:33:01	45 - 49 anos	31
208	44	Luis Silva		The Cupcake Cartel	04:57:16	00:34:05	02:39:31	01:38:07	45 - 49 anos	33
224	37	Rui Silva		Clube Oriental de Lisboa	04:59:11	00:32:24	02:43:14	01:38:28	45 - 49 anos	35
273	10	Rodrigo Almeida		Outsystems Olímpico de Oeiras	05:05:45	00:30:11	02:43:31	01:46:19	45 - 49 anos	54
305	40	Bruno Godinho			05:08:51	00:31:15	02:43:11	01:49:37	40 - 44 anos	70
306	19	Pedro Lopes		Outsystems Olímpico de Oeiras	05:08:51	00:39:13	02:41:31	01:41:10	45 - 49 anos	60
312	25	Marco Sousa		Pedrogão Triatlo	05:09:20	00:31:14	02:53:12	01:40:16	45 - 49 anos	62



SETÚBAL TRIATHLON

TOTALISTA CLASSIFICAÇÃO'24

Lugar	Dorsal	Nome	Penal.	Clube	Tempo Oficial	Natação	Ciclismo	Corrida	Age Group	Lugar Age Gr.
314	257	Paulo Teles		3B Triatlo	05:09:32	00:32:57	02:46:31	01:44:25	50 - 54 anos	28
326	16	Sérgio Filipe		AmoraSub/Associação Naval Amorense	05:12:11	00:31:40	02:48:36	01:47:28	40 - 44 anos	73
345	61	Ricardo Faria			05:13:57	00:32:17	02:45:04	01:50:43	40 - 44 anos	78
349	32	Luis Miranda			05:14:03	00:37:43	02:41:16	01:50:09	50 - 54 anos	31
356	18	Jose Farinha		Clube Millennium BCP	05:14:50	00:38:20	02:44:29	01:47:46	45 - 49 anos	73
368	13	Pedro Nunes		Outsystems Olímpico de Oeiras	05:16:32	00:29:07	02:45:43	01:56:55	50 - 54 anos	34
391	22	Hugo Gomes		3B Triatlo	05:19:21	00:38:50	02:55:45	01:37:51	40 - 44 anos	84
395	60	Tiago Amado			05:19:42	00:36:53	02:56:22	01:41:27	40 - 44 anos	85
401	29	Gil Oliveira			05:20:13	00:30:07	02:47:42	01:55:50	55 - 59 anos	16
531	17	João Serôdio			05:38:12	00:35:50	02:52:52	02:01:49	45 - 49 anos	115
558	49	Alexandre Leal			05:43:59	00:43:50	03:09:06	01:42:54	45 - 49 anos	121
583	45	Rui Santos		AmoraSub/Associação Naval Amorense	05:48:50	00:34:35	03:01:50	02:05:41	45 - 49 anos	124
597	72	Fernanda Santinha		Clube Oriental de Lisboa	05:51:23	00:35:20	03:21:44	01:47:00	50 - 54 anos	2
599	35	Filipe Ramos		Clube de Futebol Os Belenenses	05:51:26	00:32:54	03:05:22	02:07:13	50 - 54 anos	59
604	55	Paulo Santos		Quitério TriPeniche	05:52:49	00:31:25	03:01:25	02:12:23	60 - 64 anos	8
622	28	Eduardo Ferreira		Clube Millennium BCP	05:55:26	00:37:11	03:00:24	02:10:43	45 - 49 anos	134
662	31	Luis Cipriano		AMCR Fonte Grada	06:02:07	00:41:17	03:26:02	01:47:30	50 - 54 anos	70
691	63	José Correia			06:07:53	00:36:19	03:11:24	02:13:08	60 - 64 anos	13
715	67	Rui Martins			06:15:07	00:38:51	03:11:52	02:14:28	55 - 59 anos	41



SETÚBAL TRIATHLON

TOTALISTA CLASSIFICAÇÃO'24

<i>Lugar</i>	<i>Dorsal</i>	<i>Nome</i>	<i>Penal.</i>	<i>Clube</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>Ciclismo</i>	<i>Corrida</i>	<i>Age Group</i>	<i>Lugar Age Gr.</i>
718	48	Miguel Cruz		Clube Millennium BCP	06:15:31	00:40:18	03:18:38	02:07:59	55 - 59 anos	42
730	12	Jose Canela		Louletano Desportos Clube	06:20:03	00:57:37	03:17:46	01:57:17	45 - 49 anos	142
782	70	Luís Carvalho			06:48:47	00:35:43	03:28:06	02:35:45	50 - 54 anos	89
783	36	Renato Araújo		AmoraSub/Associação Naval Amorense	06:49:22	00:33:32	02:55:55	03:10:01	55 - 59 anos	51
0	58	Rui Pedras	DNF		03:33:58	01:01:08	02:25:41		65 - 69 anos	



Lugar	Dorsal	Estafeta	Tempo Oficial	Natação	Ciclismo	Corrida
1	2083	Lidl Stars	03:48:13	00:19:48	02:09:25	01:16:10
2	2007	Estafeita	03:58:52	00:20:39	02:17:37	01:18:11
3	2079	ONTRISPORTS 1	04:05:04	00:21:34	02:25:06	01:16:11
4	2084	LB SQUAD	04:10:28	00:28:25	02:17:55	01:21:27
5	2044	SFRAA E	04:11:50	00:33:58	02:23:40	01:11:41
6	2063	É para dar tudo	04:17:19	00:28:37	02:26:51	01:19:00
7	2074	Old School Boys	04:28:50	00:28:02	02:33:36	01:23:16
8	2003	Os Improváveis	04:29:23	00:23:53	02:42:11	01:20:51
9	2076	FC Ferreiras Triatlo	04:35:21	00:20:44	02:38:16	01:33:49
10	2068	Tri Life Center 1	04:39:35	00:21:24	02:27:03	01:47:30
11	2037	AMORASUB/ASSOCIAÇÃO NAVAL AMORENSE 1	04:42:25	00:26:47	02:40:38	01:32:23
12	2054	Millennium_bcPRÓS	04:42:28	00:27:29	02:37:43	01:33:35
13	2040	AMORASUB/ASSOCIAÇÃO NAVAL AMORENSE 2	04:44:01	00:24:42	02:46:49	01:29:53
14	2011	Mar, Maratonista e Montanha Sesimbrenses	04:45:35	00:31:11	02:31:16	01:39:46
15	2086	TRIATLO DE FARO	04:45:49	00:32:19	02:43:01	01:27:13
16	2061	Inspired Group - St. Peter´s International School 2	04:47:11	00:22:39	02:29:11	01:51:28
17	2029	Clube Millennium BCP 1	04:47:52	00:32:27	02:42:10	01:29:50
18	2032	Juventude Desportiva Melidense	04:48:11	00:33:57	02:37:41	01:33:45
19	2085	Paraguaios	04:50:07	00:33:45	02:50:18	01:22:01
20	2050	TRIATLON MAR DE VIGO B	04:50:43	00:33:11	02:45:58	01:28:23
21	2051	Dupla da Rodinha	04:54:46	00:31:49	02:41:37	01:37:34
22	2080	ONTRISPORTS 2	04:56:01	00:38:21	02:33:43	01:40:52
23	2059	Inspired Group - St. Peter´s International School 1	05:00:26	00:31:53	02:40:42	01:43:55
24	2026	AAMA-Associação de Actividade Motora Adaptada	05:02:13	00:33:45	02:54:07	01:30:49
25	2066	Salesianos manique	05:04:07	00:27:58	02:54:49	01:38:25
26	2062	Xabaríns do Tea	05:06:08	00:26:32	02:48:19	01:47:43
27	2057	Grupo Desportivo Independente	05:06:21	00:32:24	03:00:18	01:30:43
28	2039	Still Learning to Tri	05:08:33	00:28:28	02:38:52	01:58:14
29	2072	TriÉvora	05:08:54	00:30:05	02:49:37	01:43:30
30	2036	Os Peixes Espadas	05:09:26	00:33:03	02:42:16	01:48:18
31	2031	Sai de Gatas	05:14:11	00:32:25	02:52:42	01:45:49
32	2004	FÉNIX TEAM	05:14:13	00:38:20	02:47:08	01:45:03
33	2015	Tri à Trois	05:16:05	00:42:10	02:53:10	01:37:22
34	2030	Tsumommies	05:18:08	00:37:27	02:54:09	01:43:15
35	2043	Os Primaços	05:18:39	00:31:15	03:12:35	01:30:48
36	2064	CNAL - Triatlo	05:19:18	00:34:00	02:42:39	01:59:16



Lugar	Dorsal	Estafeta	Tempo Oficial	Natação	Ciclismo	Corrida
37	2018	Ultras Tornada	05:19:21	00:38:38	03:04:32	01:33:39
38	2021	JM TRIATHLON TEAM	05:19:59	00:26:19	03:05:18	01:45:01
39	2046	Intrusos	05:22:13	00:48:06	02:47:07	01:44:41
40	2081	Local Heroes TriClub	05:23:15	00:36:27	02:59:11	01:44:12
41	2022	Iron Girls	05:23:44	00:27:52	03:07:14	01:45:33
42	2075	CaeiRodrigues	05:24:29	00:33:30	02:53:28	01:52:01
43	2073	Ribatejo Machines	05:25:06	00:31:22	02:56:18	01:53:33
44	2052	A Dama e os Vagabundos	05:25:24	00:36:01	02:47:11	01:58:52
45	2069	Tri Life Center 2	05:28:51	00:30:51	03:18:49	01:35:34
46	2016	Mischa à troi	05:31:22	00:34:51	03:18:51	01:34:03
47	2009	Pipalmex	05:32:16	00:32:58	03:09:58	01:45:49
48	2010	AmoraSub Associação Naval Amorense	05:33:42	00:31:56	03:12:39	01:45:25
49	2008	Carapaus de Corrida	05:34:25	00:35:08	03:05:45	01:48:23
50	2070	Mourão & José	05:35:33	00:30:23	03:19:16	01:40:10
51	2034	Alphaden Z2	05:35:41	00:30:46	03:30:34	01:29:23
52	2035	SALGADOS POWER	05:36:09	00:28:21	03:07:00	01:57:11
53	2048	xcenTRic Team	05:36:55	00:33:18	02:45:21	02:14:48
54	2013	Garcia's Gang	05:37:19	00:38:18	02:56:42	01:57:34
55	2005	Setubal Triathlon	05:39:05	00:35:03	03:06:14	01:53:59
56	2077	Team Caxias	05:40:42	00:38:16	03:23:11	01:35:26
57	2041	Triatlo Clube da Lourinhã	05:42:40	00:27:38	03:18:28	01:52:47
58	2027	Diana da Costa Vieira	05:42:46	00:34:51	03:10:42	01:52:54
59	2045	Janz	05:44:20	00:29:36	03:02:23	02:08:46
60	2078	Tri-Fénix	05:46:02	00:32:18	03:28:22	01:42:16
61	2028	Triatlo Clube da Lourinhã 1	05:48:25	00:36:13	03:27:36	01:40:09
62	2049	Mar de Vigo A	05:50:49	00:46:38	03:02:41	01:57:34
63	2056	Católica-Lisbon	05:51:06	00:32:55	03:33:18	01:40:58
64	2020	GRCD-Leiao Triatlo	05:51:52	00:35:20	03:23:31	01:46:02
65	2071	DTR Team	05:54:42	00:33:22	03:37:17	01:40:33
66	2023	Os 3 RRR	05:54:52	00:37:30	03:23:00	01:50:45
67	2033	Só se estraga uma casa!	05:54:58	00:38:49	02:49:50	02:19:36
68	2038	Amiciclo Grândola	05:57:51	00:28:51	02:57:31	02:28:10
69	2019	JM TRIATHLON TEAM	06:00:01	00:37:32	03:41:36	01:32:32
70	2024	Amiciclo Grândola	06:00:53	00:36:17	03:22:43	01:58:39
71	2067	Newmove	06:02:39	00:25:42	03:10:43	02:22:25
72	2088	Os Foguetes	06:11:43	00:38:19	03:21:16	02:06:48



<i>Lugar</i>	<i>Dorsal</i>	<i>Estafeta</i>	<i>Tempo Oficial</i>	<i>Natação</i>	<i>Ciclismo</i>	<i>Corrida</i>
73	2001	Lucas Team	06:14:59	00:40:24	03:46:42	01:39:29
74	2055	Família Matias	06:22:28	00:37:51	02:47:39	02:53:13
75	2047	Club Triatlón Mar de Vigo C	06:29:40	00:45:02	03:33:40	02:07:42
76	2053	Triatlo é preciso	06:32:18	00:33:36	03:24:46	02:30:05
77	2042	Tri-Friendship	06:38:20	00:47:42	03:12:22	02:33:53
78	2060	Portunejo	06:44:17	00:35:00	04:02:54	02:02:04
79	2014	Emjoli	06:45:53	00:28:44	03:13:36	03:00:04
80	2006	Run&Wine	06:53:24	00:54:43	03:10:44	02:44:28
81	2012	Voronoff MJM	07:04:15	00:36:01	03:35:13	02:49:38
82	2087	Lucas Force	07:14:19	00:33:10	03:58:03	02:38:39



Outsystems Olímpico de Oeiras

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Miguel Tiago Silva	6	03:51:25		M	1
Nuno André	942	04:19:08		M	17
José Diogo Duarte Nunes	1059	04:31:09		M	49
Joao Machado	156	04:37:20		M	75
Nuno Sousa Bela	157	04:41:43		M	92
		22:00:45			Lugar: 1

Sporting Clube de Espinho

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Filipe Miguel Nunes Marques	120	04:14:04		M	8
Ricardo Jorge Durão Freitas De Carvalho	864	04:23:47		M	28
Filipe Henriques	912	04:30:14		M	42
Frederico Cerdeira	863	04:31:10		M	50
Rui Gomes	526	04:35:08		M	63
		22:14:23			Lugar: 2

LBSquad

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Tiago Alves	344	04:22:15		M	25
Lino Barruncho	52	04:23:14		M	26
João Sacadura	338	04:29:46		M	41
Tomás Pires	347	04:30:48		M	46
Duarte Tirapicos	840	04:31:18		M	52
		22:17:21			Lugar: 3

Louletano Desportos Clube

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Bernardo Cadeiras	371	04:16:20		M	11
Bruno Pontes	290	04:16:28		M	12
Manuel Silva	224	04:32:14		M	54
David Caldeirão	283	04:39:09		M	84
Carlos Gomes Ferreira	39	04:44:12		M	106
		22:28:23			Lugar: 4



Estoril Praia Credibom

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Bruno Pais	9	04:16:02		M	10
Joao Fragoso	459	04:20:47		M	21
João Pedro Mártires Da Silva	88	04:36:52		M	71
Pedro Duarte Pereira Da Conceição	385	04:42:18		M	95
Jorge Fonseca	23	04:52:07		M	159
		22:48:06			Lugar: 5

OnTri Sports

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Rui Narigueta	743	04:21:11		M	23
Samuel De Pinho Leal	124	04:27:32		M	38
António Salgado	535	04:37:43		M	76
Rui Dias Oliveira	768	04:44:51		M	114
Gonçalo Lobo Do Vale	567	04:47:05		M	125
		22:58:22			Lugar: 6

Clube dos Galitos

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Mário André Bastos Rocha	883	04:26:47		M	37
David Toro Orgaz	924	04:35:29		M	65
Marco Ferreira	522	04:41:14		M	90
Paulo Filipe Neto Gonçalves	664	04:43:53		M	104
Miguel Da Silva Ferreira	643	04:45:53		M	119
		23:13:16			Lugar: 7

DXC Tri Amazing

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Mário Jorge Rosa Macheta	199	04:33:27		M	58
Miguel Liquito	412	04:37:04		M	72
Marciano Dias	909	04:40:18		M	87
Pedro Gaspar	950	04:43:55		M	105
Carlos Maia	489	04:51:13		M	150
		23:25:57			Lugar: 8



Núcleo do Sporting da Golegã

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Rui Martins	94	04:33:03		M	56
Gonçalo Resina Resina	451	04:38:38		M	78
Gonçalo Martins	104	04:43:09		M	99
António Jorge Bento Calafate	126	04:44:47		M	113
Luis Filipe Ferreira	59	04:47:35		M	127
		23:27:12			Lugar: 9

Quitério TriPeniche

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Márcio Neves	2	04:02:00		M	2
Valdo Das Neves	182	04:31:09		M	48
Tiago Espírito Santo	93	04:57:19		M	209
Pedro Miguel Cardoso Cordeiro	90	05:07:37		M	292
João António Da Silva Rosa	908	05:08:57		M	309
		23:47:02			Lugar: 10

Clube Natação Alcobaca - Triatlo

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Miguel Pecegueiro	89	04:16:49		M	13
Nuno Miguel Mendão Rodrigues	1036	04:26:05		M	34
Márcio Domingos Miguel	212	04:26:39		M	36
João Pedro Vicente Pereira	729	05:06:31		M	281
Pedro Silva	273	05:34:05		M	505
		23:50:09			Lugar: 11

Sporting Clube de Portugal

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Filipe Alexandre Da Silva Marques	808	04:21:06		M	22
Nuno Veríssimo	876	04:24:21		M	30
Inês Oliveira	8	04:52:07		F	160
David Roque Fernandes	311	04:53:55		M	185
Ricardo João Duarte Neves	648	05:26:16		M	455
		23:57:45			Lugar: 12



CNATRIL Triatlo

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Sergio Miguel Gonçalves Marques	896	04:12:02		M	6
Luís Mira Nunes	563	04:23:28		M	27
Jaime Duarte	356	04:37:13		M	73
Pedro Miguel B Pinto Leal Fernandes	21	04:47:32		M	126
Pedro Sanguino	764	05:59:29		M	653
		23:59:44			Lugar: 13

Académica Triatlo

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Leonardo Schwindt	418	04:19:29		M	18
Ana Filipa Pais Alves Santos	7	04:40:36		F	89
Sandro Medhi Novais Touil	933	04:50:07		M	143
Rafael Martinho	954	05:03:05		M	252
Pedro Gandola	508	05:08:33		M	302
		24:01:50			Lugar: 14

SFRAA

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Pedro Bilro	121	04:43:51		M	103
Carlos Fernandes	131	04:47:39		M	128
Ricardo Lanceiro	539	04:49:42		M	142
Rui Pedro Pinheiro Da Fonseca	330	04:50:28		M	145
Miguel Ângelo Sérvulo Tomé	198	04:50:45		M	146
		24:02:25			Lugar: 15

Triatlo Clube TAP

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Ricardo Filipe Varela Costa	69	04:36:44		M	70
Diogo Madeira	66	04:41:44		M	93
Nuno Miguel Rico Carvalhinho	309	04:42:50		M	98
Goncalo Da Silva Pitaca Campos	727	04:52:35		M	166
Afonso Chiote	799	05:09:39		M	316
		24:03:32			Lugar: 16



Alhandra Sporting Club

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Andre Picado	1058	04:30:14		M	43
Francisco Freire Gameiro	916	04:41:18		M	91
Bruno Lindorfo Batista Alves	359	04:53:15		M	177
Telmo Nogueira	207	04:57:49		M	213
Francisco Faria	333	05:08:28		M	301
		24:11:04			Lugar: 17

AmoraSub/Associação Naval Amorense

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Tiago Andre Masqueiro Encarnação	513	04:31:15		M	51
Pedro Rilho	153	04:44:38		M	110
Marco Cunha	484	04:54:21		M	193
Inês Raimundo	414	05:07:36		F	291
Nuno André Alves Da Silva	518	05:10:44		M	321
		24:28:34			Lugar: 18

Vitória de Janes

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Emanuel Freitas	155	04:33:11		M	57
Bruno Rolim	923	04:45:12		M	116
João Freitas	103	04:57:58		M	215
Gonçalo Gameiro	515	05:08:02		M	295
Pedro Ricardo Branco Barata Filipe	148	05:15:06		M	360
		24:39:29			Lugar: 19

Exército de Portugal

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Rui Costa	1062	04:32:24		M	55
André Bernardino	1067	04:46:24		M	121
Orlando Filipe Fernandes Marques	1066	05:03:06		M	254
Davide Morgado Magalhães	731	05:05:12		M	268
João Paulo Nunes Ferreira Ribeiro Cardoso	1065	05:13:59		M	347
		24:41:05			Lugar: 20



TriOurense

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Roi Martinez Martin	345	04:38:46		M	82
Santiago Garcia Gonzalez	454	04:53:07		M	174
Xosé Miguel Carballo González	422	04:58:56		M	219
Jose Javier Gomez Iglesias	506	04:59:13		M	226
Roberto Fernández Alonso	468	05:14:50		M	357
		24:44:52			Lugar: 21

3B Triatlo

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Sérgio Manuel Pecurto Batalha	53	04:51:24		M	151
Bruno Miguel Roque Fonseca	173	04:52:42		M	168
Cláudio Canavilhas	79	04:53:20		M	178
Paulo Teles	257	05:09:32		M	314
Hugo Gomes	22	05:19:21		M	391
		25:06:19			Lugar: 22

Clube Oriental de Lisboa

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Lopo Carvalho	1046	04:49:24		M	141
Rui Pereira Da Silva	37	04:59:11		M	224
Carlos Custodio	137	05:00:43		M	231
Pedro Fernandes	398	05:04:26		M	263
Antonio Jorge Ferreira Martinho	531	05:25:04		M	448
		25:18:48			Lugar: 23

Grupo Desportivo de Natação de Farnalhão

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Mário Brito	620	04:55:18		M	200
Pedro Silva Santos	632	04:59:10		M	222
Bruno Gramaxo	297	05:05:27		M	271
Alexandre Miguel Gomes Guimarães	623	05:07:41		M	294
Artur Lima	1031	05:12:35		M	333
		25:20:11			Lugar: 24



Try@Least

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Pedro Pinha	494	04:52:14		M	161
Vasco Maria Lorenzo Da Silva Botelho Afonso	575	05:02:54		M	249
José Corrêa De Barros	805	05:08:46		M	303
Pedro Mendes	204	05:14:43		M	355
Pedro Granate	780	05:20:37		M	405
		25:39:14			Lugar: 25

Clube de Natação de Torres Novas

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Luís Moleiro	3	04:05:39		M	3
Adriano Carlos Martins Ruivo Correia	500	04:18:54		M	16
David Paiva	784	04:54:03		M	187
Cristóvão Santos	189	05:34:19		M	508
Cláudio Ricardo De Magalhães Pinheiro Caramelo	245	06:46:42		M	780
		25:39:37			Lugar: 26

Clube Millennium BCP

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Nuno Miguel Nobre Lopes	149	04:57:48		M	212
Jose Duarte	935	05:01:01		M	235
Neville Suzman	573	05:07:32		M	290
Jose Luis Baceira Farinha	18	05:14:50		M	356
Diogo Justino	444	05:27:10		M	462
		25:48:21			Lugar: 27

SUColareense

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Andrè Carmina	636	04:26:21		M	35
Bruno Alexandre Rodrigues Martins	114	04:46:08		M	120
Pedro Miguel Machado	192	04:52:42		M	167
Paulo Menezes	528	05:27:52		M	467
Nuno Miguel Nobre	491	06:17:06		M	721
		25:50:09			Lugar: 28



Wikaboo

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Tiago Costa	1033	05:00:43		M	232
Pedro Caldeira Fernandes	886	05:04:31		M	264
Miguel Maria Borges Leitão Leal Da Costa	740	05:13:50		M	344
Luis Carvalho	308	05:15:40		M	362
Duarte Cortes	184	05:20:51		M	410
		25:55:35			Lugar: 29

Ludens Clube de Machico

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Bruno Filipe Nóbrega Freitas	678	04:24:26		M	31
Ricardo António Brazão Batista Rosa	847	04:38:40		M	81
Bruno Rafael Paiva Gois	851	05:13:35		M	339
Manuel De Gregório Gouveia Sardinha	680	05:30:24		M	484
Mário Duarte Da Silva Rodrigues	679	06:14:55		M	714
		26:02:00			Lugar: 30

Triatlo Fundação Salesianos

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Diogo Pina Pereira	485	04:43:10		M	100
Jorge Banha	716	05:08:14		M	299
Tiago Batista	479	05:09:38		M	315
João Carlos Pardal Gonçalves Marques	435	05:15:41		M	364
Luís Bruno Santos Almeida Ricardo	336	05:47:24		M	576
		26:04:07			Lugar: 31

GDR Manique de Cima

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Tiago Filipe Raimundo Cochicho	246	04:24:01		M	29
Bruno Costa	298	04:53:49		M	184
Eduardo Ribeiro Costa	188	05:14:41		M	354
Nuno Gonçalo Silva	140	05:49:10		M	589
Daniel Aguiar	232	06:22:23		M	734
		26:44:04			Lugar: 32



GRCD Leião Triatlo

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Luis Figueira	132	04:51:38		M	157
Manuel Jorge Teixeira Monteiro Júlio	827	04:52:43		M	169
Henrique Freire	286	05:38:57		M	541
Pedro Manuel Nava Martins	134	05:44:14		M	559
João Carlos Lourenço	349	05:57:17		M	635
		27:04:49			Lugar: 33

LXTriathlon

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
João Miguel Lobo	1009	04:59:13		M	225
Ricardo Miguel Bandarra Silva	512	05:04:14		M	261
Ricardo Mateus	446	05:32:47		M	498
Hugo Filipe Ferreira Freire	670	05:48:56		M	586
Eduardo Matos	542	05:56:24		M	627
		27:21:34			Lugar: 34

NDS Triatlo MRW Guarda

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Ricardo Jorge Gonçalves Simão	402	04:40:10		M	86
André Filipe Vaz Bernardo	401	05:02:18		M	246
Nuno Ricardo Dias Lemos	404	05:22:59		M	429
Ana Maria Pinto Gomes	403	06:03:04		F	666
Pedro Renca	409	06:25:39		M	746
		27:34:10			Lugar: 35

JM Triathlon Team

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Filipe Nogueira Da Silva	383	05:05:44		M	272
Adolfo Lameira Chibante Rodrigues	594	05:06:13		M	279
Tiago Jorge Colaço Vitorino	305	05:27:01		M	461
Thiago Rogerio De Oliveira Campanhã	1017	06:05:39		M	681
António Saraiva	835	06:10:00		M	698
		27:54:37			Lugar: 36



Associação Académica de São Mamede

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Luís Miguel Dias Lopes Gonçalves	235	05:12:05		M	325
Carlos Filipe Ramos Dos Santos Canito	895	05:33:30		M	501
David Jorge	990	05:36:44		M	523
Gonçalo Ricardo Rito Neves	112	06:03:40		M	671
Miguel Jorge Fernandes De Araújo Vieira	540	06:30:54		M	759
		28:56:53			Lugar: 37

Clube de Futebol Os Belenenses

<i>Atleta</i>	<i>Dorsal</i>	<i>Tempo Oficial</i>	<i>Ritmo</i>	<i>Sexo</i>	<i>Lugar Geral</i>
Hugo Canaipa Henriques	300	05:17:42		M	377
Filipe Ramos	35	05:51:26		M	599
Diogo Luís De Sequeira Mota	811	06:15:27		M	717
Miguel Rocha	752	06:33:15		M	761
Joel Alexandre	663	06:51:07		M	787
		30:48:57			Lugar: 38