Sabrosa Trail 2024
Sabrosa, PT
17-novembro-2024

ST32K - STAGE 1 — 32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	9ºC	80%
End	13:04	9ºC	80%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	57	António Pereira	Linces do Marão	02:25:54		04:34	
2	2	Vitor Costa	A.D.Amarante	02:34:36	+08:42	04:50	
3	13	Alírio Augusto Sebastião	Clube desportivo de Miranda do Douro	02:36:55	+11:01	04:54	
4	45	Fábio Carvalho	Linces do Marão	02:38:05	+12:11	04:56	
5	35	Luís Leite Pereira	Individual	02:40:22	+14:28	05:01	
6	36	Marco Paulo Pereira Pinto	ARCD Venda da Luísa	02:41:00	+15:06	05:02	
7	11	Luís Filipe Paulo	Clube desportivo de Miranda do Douro	02:45:28	+19:34	05:10	
8	52	João Silva	Linces do Marão	02:50:14	+24:20	05:19	
9	6	Pedro Jordão Ribeiro	CF Perosinho Trail & Running	02:51:09	+25:15	05:21	
10	14	Humberto Vara	Clube desportivo de Miranda do Douro	02:51:11	+25:17	05:21	
11	72	André Guedes	Individual	02:51:56	+26:02	05:22	
12	56	Luís Félix	Linces do Marão	02:52:11	+26:17	05:23	
13	66	Armando Cepeda	Lobos do Brunheiro de Chaves / Anteros	02:52:32	+26:38	05:24	
14	3	José Teixeira	A.D.Amarante	02:58:09	+32:15	05:34	
15	25	DAVID PACHECO	DURIUS AC PESQUEIRA	03:01:04	+35:10	05:39	
16	65	Nuno Monteiro	Lobos do Brunheiro de Chaves / Anteros	03:01:18	+35:24	05:40	
17	58	Carlos Borges	Linces do Marão	03:01:48	+35:54	05:41	
18	79	David Gonçalves	S4L / Medense FC	03:04:47	+38:53	05:46	
19	33	BRUNO MIRANDA	Individual	03:05:29	+39:35	05:48	
20	26	JOAQUIM SILVA	DURIUS AC PESQUEIRA	03:06:48	+40:54	05:50	
21	69	André Lopes	Moloni Runnig Team	03:07:56	+42:02	05:52	
22	59	Estêvão Gonçalves	Linces do Marão	03:09:42	+43:48	05:56	
23	61	Telmo Silva	Linces do Marão	03:11:08	+45:14	05:58	
24	80	Laurindo Osório	Valongo Trail Team	03:11:29	+45:35	05:59	
25	16	Pedro Santos	Clube Desportivo Sanfinense	03:12:07	+46:13	06:00	
26	15	Luís Monteiro da Mota	Clube desportivo de Miranda do Douro	03:12:38	+46:44	06:01	
27	12	Tiago Miguel Soares	Clube desportivo de Miranda do Douro	03:12:43	+46:49	06:01	
28	42	Norberto Costa	Individual	03:14:19	+48:25	06:04	
29	54	Samuel Quinteira	Linces do Marão	03:15:37	+49:43	06:07	
30	30	Alexandra Fernandes	Individual	03:16:32	+50:38	06:09	
31	38	Paulo Cunha	Individual	03:21:35	+55:41	06:18	
32	28	Pedro Guedes	Individual	03:21:45	+55:51	06:18	
33	20	Ângelo Costa	CTM VILA POUCA DE AGUIAR	03:22:34	+56:40	06:20	
34	21	Sérgio Vilela	CTM VILA POUCA DE AGUIAR	03:24:29	+58:35	06:23	
35	63	Joel Silva	Linces do Marão	03:28:07	+01:02:13	06:30	
36	77	Sandra Nunes	Núcleo de Atletismo de Vila Real	03:29:18	+01:03:24	06:32	
37	78	Bruno Peixoto	Núcleo de Atletismo de Vila Real	03:29:18	+01:03:24	06:32	
38	22	Carlos Sousa	CTM VILA POUCA DE AGUIAR	03:31:35	+01:05:41	06:37	
39	10	Maria Rosária Sebastião	Clube desportivo de Miranda do Douro	03:31:55	+01:06:01	06:37	
40	40	Pedro silva	Individual	03:32:55	+01:07:01	06:39	
41	39	Américo Costa	Individual	03:34:41	+01:08:47	06:43	
42	62	Filipe Martinho	Linces do Marão	03:35:26	+01:09:32	06:44	

ST32K - STAGE 1

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	47	Ana Henriques	Linces do Marão	03:35:27	+01:09:33	06:44	
44	4	Nuno Castro	A.D.Amarante	03:36:08	+01:10:14	06:45	
45	64	Eduarto Pinto	Linces do Marão	03:39:29	+01:13:35	06:52	
46	55	Hélio Polido	Linces do Marão	03:39:29	+01:13:35	06:52	
47	73	Raul Morais	Moloni Runnig Team	03:45:13	+01:19:19	07:02	
48	70	Filipe Braz	Moloni Runnig Team	03:45:26	+01:19:32	07:03	
49	32	Agostinho Pinto	Individual	03:46:42	+01:20:48	07:05	
50	23	Carlos Rodrigues	Datacol	03:47:32	+01:21:38	07:07	
51	49	Céu Costa	Linces do Marão	03:48:04	+01:22:10	07:08	
52	18	Carlos Nunes	Conta Kms	03:51:35	+01:25:41	07:14	
53	24	Patrícia Palmeira	Duelo D' Ocasião	03:52:22	+01:26:28	07:16	
54	5	Teresa Maias	A.D.Nós Acreditamos	03:58:32	+01:32:38	07:27	
55	19	Lúcia Lemos	CTM VILA POUCA DE AGUIAR	04:01:16	+01:35:22	07:32	
56	8	Emídio Quinteira	Clube de Trail do Alvão	04:03:01	+01:37:07	07:36	
57	9	José Neto	Clube de Trail do Alvão	04:03:01	+01:37:07	07:36	
58	76	Jonathan Manuel Faria de Oliveira	NOCTURNOS DE PAREDES	04:04:40	+01:38:46	07:39	
59	51	António Silva	Linces do Marão	04:10:57	+01:45:03	07:51	
60	17	António silva	Conta Kms	04:11:00	+01:45:06	07:51	
61	31	Miguel Abreu	Individual	04:11:07	+01:45:13	07:51	
62	48	Liliana Carvalho	Linces do Marão	04:12:41	+01:46:47	07:54	
63	68	Carlos Teixeira	Lobos do Brunheiro de Chaves / Anteros	04:15:21	+01:49:27	07:59	
64	29	Bárbara Santos	Individual	04:17:25	+01:51:31	08:03	
65	27	Daniel Leal	Geadas Running	04:24:16	+01:58:22	08:15	
66	50	Fátima Costa	Linces do Marão	04:28:55	+02:03:01	08:24	
67	46	Rafael Amarante	Linces do Marão	04:28:55	+02:03:01	08:24	
68	34	Daniel Conde	Individual	04:34:13	+02:08:19	08:34	
69	1	João Oliveira	CHAVES RUNNING TEAM	04:34:14	+02:08:20	08:34	

Sabrosa Trail 2024
Sabrosa, PT
17-novembro-2024

ST32K **32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	9ºC	80%
End	13:04	9ºC	80%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Masculino							
1	45	Fábio Carvalho	Linces do Marão	Senior Masculino	02:38:05		04:56
2	28	Pedro Guedes	Individual	Senior Masculino	03:21:45	+43:40	06:18
3	18	Carlos Nunes	Conta Kms	Senior Masculino	03:51:35	+01:13:30	07:14
4	17	António silva	Conta Kms	Senior Masculino	04:11:00	+01:32:55	07:51
5	46	Rafael Amarante	Linces do Marão	Senior Masculino	04:28:55	+01:50:50	08:24
Veterana F35							
1	29	Bárbara Santos	Individual	Veterana F35	04:17:25		08:03
Veterana F40							
1	77	Sandra Nunes	Núcleo de Atletismo de Vila Real	Veterana F40	03:29:18		06:32
2	47	Ana Henriques	Linces do Marão	Veterana F40	03:35:27	+06:08	06:44
3	5	Teresa Maias	A.D.Nós Acreditamos	Veterana F40	03:58:32	+29:14	07:27
4	48	Liliana Carvalho	Linces do Marão	Veterana F40	04:12:41	+43:23	07:54
Veterana F45							
1	10	Maria Rosária Sebastião	Clube desportivo de Miranda do Douro	Veterana F45	03:31:55		06:37
2	24	Patrícia Palmeira	Duelo D' Ocasião	Veterana F45	03:52:22	+20:26	07:16
Veterana F55							
1	30	Alexandra Fernandes	Individual	Veterana F55	03:16:32		06:09
2	49	Céu Costa	Linces do Marão	Veterana F55	03:48:04	+31:31	07:08
3	19	Lúcia Lemos	CTM VILA POUCA DE AGUIAR	Veterana F55	04:01:16	+44:43	07:32
Veterana F60							
1	50	Fátima Costa	Linces do Marão	Veterana F60	04:28:55		08:24
Veterano M35							
1	52	João Silva	Linces do Marão	Veterano M35	02:50:14		05:19
2	25	DAVID PACHECO	DURIUS AC PESQUEIRA	Veterano M35	03:01:04	+10:49	05:39

ST32K **32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

3	65	Nuno Monteiro	Lobos do Brunheiro de Chaves / Anteros	Veterano M35	03:01:18	+11:04	05:40
4	79	David Gonçalves	S4L / Medense FC	Veterano M35	03:04:47	+14:32	05:46
5	16	Pedro Santos	Clube Desportivo Sanfinense	Veterano M35	03:12:07	+21:52	06:00
6	54	Samuel Quinteira	Linces do Marão	Veterano M35	03:15:37	+25:23	06:07
7	20	Ângelo Costa	CTM VILA POUCA DE AGUIAR	Veterano M35	03:22:34	+32:19	06:20
8	31	Miguel Abreu	Individual	Veterano M35	04:11:07	+01:20:52	07:51

Veterano M40

1	35	Luís Leite Pereira	Individual	Veterano M40	02:40:22		05:01
2	36	Marco Paulo Pereira Pinto	ARCD Venda da Luísa	Veterano M40	02:41:00	+00:38	05:02
3	11	Luís Filipe Paulo	Clube desportivo de Miranda do Douro	Veterano M40	02:45:28	+05:06	05:10
4	56	Luís Félix	Linces do Marão	Veterano M40	02:52:11	+11:49	05:23
5	66	Armando Cepeda	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	02:52:32	+12:10	05:24
6	33	BRUNO MIRANDA	Individual	Veterano M40	03:05:29	+25:07	05:48
7	12	Tiago Miguel Soares	Clube desportivo de Miranda do Douro	Veterano M40	03:12:43	+32:21	06:01
8	21	Sérgio Vilela	CTM VILA POUCA DE AGUIAR	Veterano M40	03:24:29	+44:07	06:23
9	55	Hélio Polido	Linces do Marão	Veterano M40	03:39:29	+59:07	06:52
10	32	Agostinho Pinto	Individual	Veterano M40	03:46:42	+01:06:20	07:05
11	8	Emídio Quinteira	Clube de Trail do Alvão	Veterano M40	04:03:01	+01:22:39	07:36
12	27	Daniel Leal	Geadas Running	Veterano M40	04:24:16	+01:43:54	08:15
13	34	Daniel Conde	Individual	Veterano M40	04:34:13	+01:53:51	08:34

Veterano M45

1	57	António Pereira	Linces do Marão	Veterano M45	02:25:54		04:34
2	2	Vitor Costa	A.D.Amarante	Veterano M45	02:34:36	+08:41	04:50
3	13	Alírio Augusto Sebastião	Clube desportivo de Miranda do Douro	Veterano M45	02:36:55	+11:00	04:54
4	6	Pedro Jordão Ribeiro	CF Perosinho Trail & Running	Veterano M45	02:51:09	+25:14	05:21
5	58	Carlos Borges	Linces do Marão	Veterano M45	03:01:48	+35:53	05:41
6	69	André Lopes	Moloni Runnig Team	Veterano M45	03:07:56	+42:01	05:52
7	59	Estêvão Gonçalves	Linces do Marão	Veterano M45	03:09:42	+43:47	05:56
8	61	Telmo Silva	Linces do Marão	Veterano M45	03:11:08	+45:13	05:58
9	38	Paulo Cunha	Individual	Veterano M45	03:21:35	+55:40	06:18
10	78	Bruno Peixoto	Núcleo de Atletismo de Vila Real	Veterano M45	03:29:18	+01:03:23	06:32
11	70	Filipe Braz	Moloni Runnig Team	Veterano M45	03:45:26	+01:19:31	07:03
12	23	Carlos Rodrigues	Datacol	Veterano M45	03:47:32	+01:21:37	07:07
13	76	Jonathan Manuel Faria de Oliveira	NOCTURNOS DE PAREDES	Veterano M45	04:04:40	+01:38:45	07:39
14	51	António Silva	Linces do Marão	Veterano M45	04:10:57	+01:45:03	07:51
15	1	João Oliveira	CHAVES RUNNING TEAM	Veterano M45	04:34:14	+02:08:19	08:34

ST32K **32 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M50

1	72	André Guedes	Individual	Veterano M50	02:51:56		05:22
2	3	José Teixeira	A.D.Amarante	Veterano M50	02:58:09	+06:13	05:34
3	26	JOAQUIM SILVA	DURIUS AC PESQUEIRA	Veterano M50	03:06:48	+14:52	05:50
4	80	Laurindo Osório	Valongo Trail Team	Veterano M50	03:11:29	+19:33	05:59
5	63	Joel Silva	Linces do Marão	Veterano M50	03:28:07	+36:11	06:30
6	40	Pedro silva	Individual	Veterano M50	03:32:55	+40:59	06:39
7	39	Américo Costa	Individual	Veterano M50	03:34:41	+42:45	06:43
8	62	Filipe Martinho	Linces do Marão	Veterano M50	03:35:26	+43:30	06:44

Veterano M55

1	22	Carlos Sousa	CTM VILA POUCA DE AGUIAR	Veterano M55	03:31:35		06:37
2	4	Nuno Castro	A.D.Amarante	Veterano M55	03:36:08	+04:32	06:45
3	64	Eduarto Pinto	Linces do Marão	Veterano M55	03:39:29	+07:53	06:52
4	73	Raul Morais	Moloni Runnig Team	Veterano M55	03:45:13	+13:37	07:02
5	68	Carlos Teixeira	Lobos do Brunheiro de Chaves / Anteros	Veterano M55	04:15:21	+43:45	07:59

Veterano M60

1	14	Humberto Vara	Clube desportivo de Miranda do Douro	Veterano M60	02:51:11		05:21
2	15	Luís Monteiro da Mota	Clube desportivo de Miranda do Douro	Veterano M60	03:12:38	+21:26	06:01
3	42	Norberto Costa	Individual	Veterano M60	03:14:19	+23:08	06:04
4	9	José Neto	Clube de Trail do Alvão	Veterano M60	04:03:01	+01:11:50	07:36

TEAM RESULTS - ST32K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	LINCES DO MARÃO	1 + 4 + 8	13
2	CLUBE DESPORTIVO DE MIRANDA DO DOURO	3 + 7 + 10	20
3	A.D.AMARANTE	2 + 14 + 44	60
4	LOBOS DO BRUNHEIRO DE CHAVES / ANTEROS	13 + 16 + 63	92
5	CTM VILA POUCA DE AGUIAR	33 + 34 + 38	105
6	MOLONI RUNNIG TEAM	21 + 47 + 48	116

lap2go TIMING SOLUTION

Sabrosa Trail 2024
Sabrosa, PT
17-novembro-2024

ST19K - STAGE 1

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	10,5ºC	74%
End	12:16	10,5ºC	74%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	506	Paulo Costa	A.D.Amarante	01:24:08		04:26	
2	546	Nuno Pereira	Clube Atlético de Macedo de Cavaleiros	01:26:13	+02:05	04:32	
3	656	Luís Saraiva	Linces do Marão	01:26:46	+02:38	04:34	
4	595	Filipe Correia	Fátima Trail Team	01:27:02	+02:54	04:35	
5	512	Tiago Pinheiro	AD Marco 09	01:27:56	+03:48	04:38	
6	574	João Ribeiro	Fátima Trail Team	01:28:51	+04:43	04:41	
7	615	Carlos Pinto	Individual	01:29:44	+05:36	04:43	
8	511	Francisco Silva	AD Marco 09	01:30:46	+06:38	04:47	
9	584	Nuno Martins	GRUPO DESPORTIVO SANTANDER TOTTA	01:32:59	+08:51	04:54	
10	710	André Martins	Saca Trilhos Anadia	01:33:21	+09:13	04:55	
11	696	Pedro Morais	Mirandela a Correr	01:33:40	+09:32	04:56	
12	669	Jorge Costa	Linces do Marão	01:34:15	+10:07	04:58	
13	508	Carlos Monteiro	A.D.Amarante	01:34:39	+10:31	04:59	
14	523	Samuel Lobo	AMA - Mondim Atletismo	01:34:41	+10:33	04:59	
15	531	Vitor Coelho	APGSL	01:35:52	+11:44	05:03	
16	657	Nelson Afonso	Linces do Marão	01:35:58	+11:50	05:03	
17	575	Manuel Sousa	Fátima Trail Team	01:36:19	+12:11	05:04	
18	658	Rafael Cibrão	Linces do Marão	01:36:58	+12:50	05:06	
19	501	Tiago Oliveira	365 Running Project	01:37:15	+13:07	05:07	
20	625	Manuel Dias	Individual	01:38:21	+14:13	05:11	
21	666	Mário Martins	Linces do Marão	01:39:07	+14:59	05:13	
22	502	António Queirós	A.D.Amarante	01:39:41	+15:33	05:15	
23	558	César Raposo Pires	Clube desportivo de Miranda do Douro	01:40:05	+15:57	05:16	
24	719	Rui Tomé	Team os pêssegos	01:40:20	+16:12	05:17	
25	680	Hugo Fernandes	Lobos do Brunheiro de Chaves / Anteros	01:40:56	+16:48	05:19	
26	690	Leonel Videira	Lobos do Brunheiro de Chaves / Anteros	01:41:14	+17:06	05:20	
27	652	Carlos Cunha	Individual	01:41:18	+17:10	05:20	
28	518	Gonçalo Torres	AMA - Mondim Atletismo	01:41:23	+17:15	05:20	
29	620	Carlos Carvalho	Individual	01:41:43	+17:35	05:21	
30	674	Merche Diz	Lobos do Brunheiro de Chaves / Anteros	01:42:49	+18:41	05:25	
31	695	Miguel Gomes	Lobos do Brunheiro de Chaves / Anteros	01:42:50	+18:42	05:25	
32	599	Mário Sérgio Louzada	Individual	01:43:36	+19:28	05:27	
33	535	André Fernando Almeida Magalhães	Atlético de codessoso	01:44:43	+20:35	05:31	
34	514	Rafael Teixeira	AMA - Mondim Atletismo	01:44:48	+20:40	05:31	
35	691	Rui Valente	Lobos do Brunheiro de Chaves / Anteros	01:44:48	+20:40	05:31	
36	532	Nelson Videira	ARA - Alfandeguense	01:46:08	+22:00	05:35	
37	537	Moisés André Martins machado	Atlético de codessoso	01:46:47	+22:39	05:37	
38	552	Fernando Dos Ramos Gomes	Clube desportivo de Miranda do Douro	01:47:01	+22:53	05:38	
39	525	José Oliveira	AMA - Mondim Atletismo	01:47:04	+22:56	05:38	
40	572	Catarina Neves	Fátima Trail Team	01:47:07	+22:59	05:38	
41	570	Orlando Rocha	EDV - Viana Trail	01:47:51	+23:43	05:41	
42	673	Maria Obes	Lobos do Brunheiro de Chaves / Anteros	01:48:23	+24:15	05:42	

ST19K - STAGE 1

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	676	Gabriel Vilela	Lobos do Brunheiro de Chaves / Anteros	01:48:23	+24:15	05:42	
44	643	Luís Fonseca	Individual	01:48:26	+24:18	05:42	
45	688	Isma Toro	Lobos do Brunheiro de Chaves / Anteros	01:48:26	+24:18	05:42	
46	542	Tiago Oliveira	CF Perosinho Trail & Running	01:48:37	+24:29	05:43	
47	622	Hugo Alexandre Matos Santos	Individual	01:48:56	+24:48	05:44	
48	664	Ricardo Militão	Linces do Marão	01:49:09	+25:01	05:45	
49	536	Francisco José Almeida Magalhães	Atlético de codessoso	01:49:58	+25:50	05:47	
50	665	Tiago Gonçalves	Linces do Marão	01:50:15	+26:07	05:48	
51	522	Jorge Carvalho	AMA - Mondim Atletismo	01:50:29	+26:21	05:49	
52	618	Ricardo Ribeiro	Individual	01:51:11	+27:03	05:51	
53	703	Gilberto Correia	Núcleo de Atletismo de Vila Real	01:52:34	+28:26	05:55	
54	692	Samuel Oliveira	Lobos do Brunheiro de Chaves / Anteros	01:52:42	+28:34	05:56	
55	708	Pedro Nunes	Núcleo de Atletismo de Vila Real	01:53:11	+29:03	05:57	
56	677	João Pires	Lobos do Brunheiro de Chaves / Anteros	01:53:25	+29:17	05:58	
57	667	Carlos Matos	Linces do Marão	01:53:33	+29:25	05:59	
58	545	Edgar Silva	Clube Atlético de Macedo de Cavaleiros	01:53:41	+29:33	05:59	
59	593	Daniel Torres	Individual	01:54:23	+30:15	06:01	
60	585	Alexandre Veiga	Individual	01:54:42	+30:34	06:02	
61	530	Marco silva sousa	APGSL	01:55:10	+31:02	06:04	
62	704	João Graça	Núcleo de Atletismo de Vila Real	01:55:28	+31:20	06:05	
63	544	Mara Calado	Clube Atlético de Macedo de Cavaleiros	01:56:13	+32:05	06:07	
64	723	André Martins	Trepadores d'Ansiães	01:56:42	+32:34	06:09	
65	521	Jorge Alves	AMA - Mondim Atletismo	01:57:19	+33:11	06:10	
66	579	Cesar David Rodrigues Silva	Geadas Running	01:57:24	+33:16	06:11	
67	654	Luís Esteves	Linces do Marão	01:57:39	+33:31	06:12	
68	683	Rosa Carmo	Lobos do Brunheiro de Chaves / Anteros	01:57:49	+33:41	06:12	
69	725	Jorge Monteiro	Trepadores d'Ansiães	01:57:59	+33:51	06:13	
70	594	Diogo Parafita Guedes	Individual	01:58:07	+33:59	06:13	
71	647	Carlos Manuel Brás Alves	Individual	01:58:09	+34:01	06:13	
72	602	Pedro Simão Esteves Freitas	Individual	01:58:24	+34:16	06:14	
73	659	Lara Fernandes	Linces do Marão	01:58:33	+34:25	06:14	
74	705	Nelson Silva	Núcleo de Atletismo de Vila Real	01:58:52	+34:44	06:15	
75	578	VITOR DIAS	GDR RETORTA	01:59:28	+35:20	06:17	
76	577	GONÇALO DIAS	GDR RETORTA	01:59:28	+35:20	06:17	
77	715	Paulo Carvalho	Santiagus Project	02:00:01	+35:53	06:19	
78	603	Rafael Marques Claro	Individual	02:00:23	+36:15	06:20	
79	651	Rui Manuel Fernandes Ferreira	Individual	02:00:30	+36:22	06:21	
80	550	Anabela João Cameirão Gomes	Clube desportivo de Miranda do Douro	02:01:04	+36:56	06:22	
81	534	Susana Magalhães	As Su's	02:01:08	+37:00	06:23	
82	509	Valentim Henriques	A.D.Amarante	02:01:25	+37:17	06:23	
83	707	Nuno Rodrigues	Núcleo de Atletismo de Vila Real	02:01:30	+37:22	06:24	
84	699	Florbela Alves	Núcleo de Atletismo de Vila Real	02:01:48	+37:40	06:25	
85	675	Susana Maldonado	Lobos do Brunheiro de Chaves / Anteros	02:01:59	+37:51	06:25	
86	612	Maria Elisabete Gonçalves Fernandes Repas	ED VIANA TRAIL	02:02:04	+37:56	06:25	
87	597	João Freitas	Individual	02:02:28	+38:20	06:27	

ST19K - STAGE 1

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	505	Nuno Moura	A.D.Amarante	02:02:47	+38:39	06:28	
89	554	Nuno Alexandre Saldanha	Clube desportivo de Miranda do Douro	02:03:32	+39:24	06:30	
90	624	Joel Barbosa	Individual	02:03:47	+39:39	06:31	
91	567	OLGA GOUVEIA	DURIUS AC PESQUEIRA	02:04:06	+39:58	06:32	
92	565	DIANA BATISTA	DURIUS AC PESQUEIRA	02:04:07	+39:59	06:32	
93	655	Luís Monteiro	Linces do Marão	02:04:20	+40:12	06:33	
94	503	Cláudia Moreira	A.D.Amarante	02:04:27	+40:19	06:33	
95	573	Cidália Margarida Reis Silva	Fátima Trail Team	02:05:02	+40:54	06:35	
96	571	Aurea Ramos	Fátima Trail Team	02:05:21	+41:13	06:36	
97	653	José Silva	Individual	02:05:24	+41:16	06:36	
98	678	Mattia Cruzeiro	Lobos do Brunheiro de Chaves / Anteros	02:05:28	+41:20	06:36	
99	581	Nuno Cunha	Geadas Running	02:05:46	+41:38	06:37	
100	566	FLÁVIA BATISTA	DURIUS AC PESQUEIRA	02:05:55	+41:47	06:38	
101	551	Susana Maria Vaz Preto	Clube desportivo de Miranda do Douro	02:05:58	+41:50	06:38	
102	548	Anabela Fernandes Martins	Clube desportivo de Miranda do Douro	02:06:07	+41:59	06:38	
103	648	João Reis	Individual	02:06:51	+42:43	06:41	
104	644	marco aguiar	Individual	02:07:14	+43:06	06:42	
105	533	Susana Teixeira	As Su's	02:07:44	+43:36	06:43	
106	685	Paula Adagoi	Lobos do Brunheiro de Chaves / Anteros	02:08:04	+43:56	06:44	
107	697	Francisco Preto	Mirandela a Correr	02:08:12	+44:04	06:45	
108	627	Marco Teixeira	Individual	02:09:02	+44:54	06:47	
109	583	Francisco Sousa Teixeira	Geadas Running	02:09:41	+45:33	06:50	
110	601	Pedro Apolinário	Individual	02:09:54	+45:46	06:50	
111	712	Carlos Magalhães	Santiagus Project	02:10:09	+46:01	06:51	
112	706	Nuno Correia	Núcleo de Atletismo de Vila Real	02:10:38	+46:30	06:53	
113	569	ANTÓNIO PEREIRA	DURIUS AC PESQUEIRA	02:11:32	+47:24	06:55	
114	670	João Gil	Linces do Marão	02:11:53	+47:45	06:56	
115	610	Alexandra Sá	Individual	02:12:04	+47:56	06:57	
116	716	Pedro Pereira	Santiagus Project	02:12:07	+47:59	06:57	
117	693	Fernando Pereira	Lobos do Brunheiro de Chaves / Anteros	02:12:26	+48:18	06:58	
118	684	Idalina Pereira	Lobos do Brunheiro de Chaves / Anteros	02:12:27	+48:19	06:58	
119	513	Deolinda Pereira	airórun	02:14:10	+50:02	07:04	
120	524	Francisco Teixeira	AMA - Mondim Atletismo	02:14:43	+50:35	07:05	
121	662	Teresa Marta	Linces do Marão	02:15:01	+50:53	07:06	
122	563	Carla Martins	DCI/Trilhos Luso Bussaco	02:15:06	+50:58	07:07	
123	589	Alexandre Monteiro Alves	Individual	02:15:10	+51:02	07:07	
124	645	Rui António Alves Pinto	Individual	02:15:14	+51:06	07:07	
125	637	Paulo Jorge Ferreira Fernandes	Individual	02:15:32	+51:24	07:08	
126	689	Joel Soares	Lobos do Brunheiro de Chaves / Anteros	02:15:38	+51:30	07:08	
127	630	Sérgio Pereira	Individual	02:15:50	+51:42	07:09	
128	619	Bruno António Amaral Pereira	Individual	02:16:21	+52:13	07:11	
129	698	Arlete Gomes	Núcleo de Atletismo de Vila Real	02:16:27	+52:19	07:11	
130	686	Diogo Santos	Lobos do Brunheiro de Chaves / Anteros	02:16:43	+52:35	07:12	
131	527	Rui Ramiro	Amigos do Trail de Mesão Frio	02:17:00	+52:52	07:13	
132	528	Paulo Ribeiro	Amigos do Trail de Mesão Frio	02:17:01	+52:53	07:13	
133	588	Sandra Pacheco	Individual	02:17:02	+52:54	07:13	

ST19K - STAGE 1

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	632	carlos oliveira	Individual	02:17:03	+52:55	07:13	
135	660	Sara Dias	Linces do Marão	02:17:14	+53:06	07:13	
136	616	João Queirós	Individual	02:18:46	+54:38	07:18	
137	642	Eduardo Cardoso	Individual	02:19:26	+55:18	07:20	
138	721	Bruno costa	The Wolves Team	02:19:53	+55:45	07:22	
139	611	Mena Costa	Individual	02:20:11	+56:03	07:23	
140	633	Francisco Cardoso	Individual	02:20:48	+56:40	07:25	
141	517	Rosa Saldanha	AMA - Mondim Atletismo	02:20:50	+56:42	07:25	
142	580	Marília Guedes	Geadas Running	02:20:55	+56:47	07:25	
143	586	Gonçalo Ferreira da Veiga	Individual	02:20:56	+56:48	07:25	
144	649	José Madureira	Individual	02:21:29	+57:21	07:27	
145	661	Berta Miranda	Linces do Marão	02:23:25	+59:17	07:33	
146	519	Nuno Duarte Lage	AMA - Mondim Atletismo	02:23:29	+59:21	07:33	
147	560	João Carneiro	CTM VILA POUCA DE AGUIAR	02:23:46	+59:38	07:34	
148	638	Ricardo José da Costa Machado Ferreira	Individual	02:23:51	+59:43	07:34	
149	694	Luís Pires	Lobos do Brunheiro de Chaves / Anteros	02:25:18	+01:01:10	07:39	
150	598	João Paulo Madureira Coelho	Individual	02:25:25	+01:01:17	07:39	
151	590	Alexandre Rodrigues de Carvalho	Individual	02:25:25	+01:01:17	07:39	
152	687	Igor Rodrigues	Lobos do Brunheiro de Chaves / Anteros	02:25:47	+01:01:39	07:40	
153	549	Carla Sofia Marcos	Clube desportivo de Miranda do Douro	02:25:59	+01:01:51	07:41	
154	564	Hugo Pinto	DOUROBTT CCPAD	02:25:59	+01:01:51	07:41	
155	559	João Sequeira	Clube Desportivo Sanfinense	02:26:50	+01:02:42	07:44	
156	727	Jéssica Ferreira	AMA - Mondim Atletismo	02:26:53	+01:02:45	07:44	
157	702	Sandra Ribeiro	Núcleo de Atletismo de Vila Real	02:27:06	+01:02:58	07:45	
158	609	Sónia Fernandes Mourão Pereira	Individual	02:27:34	+01:03:26	07:46	
159	646	Vitor Pinto	Individual	02:29:08	+01:05:00	07:51	
160	541	Artur Mário de Carvalho Morais	Caretos OCR	02:29:36	+01:05:28	07:52	
161	709	Hugo Lourenço	Run Douros	02:29:56	+01:05:48	07:53	
162	631	Vitor Bruno Peixoto	Individual	02:30:31	+01:06:23	07:55	
163	668	Eduado Pereira	Linces do Marão	02:30:49	+01:06:41	07:56	
164	629	Rui Neves	Individual	02:30:49	+01:06:41	07:56	
165	582	António Quadros	Geadas Running	02:31:00	+01:06:52	07:57	
166	591	Bruno Peixoto	Individual	02:32:37	+01:08:29	08:02	
167	713	José Santos	Santiagus Project	02:34:03	+01:09:55	08:06	
168	635	Manuel Rodrigues	Individual	02:35:44	+01:11:36	08:12	
169	547	RUI MANUEL CATARINO LOPES	Clube Atlético de Macedo de Cavaleiros	02:36:35	+01:12:27	08:14	
170	7	João Pires	Clube Atlético de Macedo de Cavaleiros	02:36:41	+01:12:33	08:15	
171	529	Vitor Cardoso	Amigos do Trail de Mesão Frio	02:37:36	+01:13:28	08:18	
172	596	Flávio Fernandes	Individual	02:37:38	+01:13:30	08:18	
173	617	Pedro Neves	Individual	02:37:39	+01:13:31	08:18	
174	679	Renato Chaves	Lobos do Brunheiro de Chaves / Anteros	02:37:45	+01:13:37	08:18	
175	562	Paulo Sousa	Datacol	02:40:31	+01:16:23	08:27	
176	561	Maria Martins	Datacol	02:40:33	+01:16:25	08:27	
177	626	Marco Costa	Individual	02:40:54	+01:16:46	08:28	
178	608	Luísa de Lacerda Cabral	Individual	02:41:02	+01:16:54	08:29	

ST19K - STAGE 1

19 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
179	628	Pedro Melo	Individual	02:41:03	+01:16:55	08:29	
180	510	António Gonçalves	A.D.Amarante	02:41:03	+01:16:55	08:29	
181	507	Albano Coelho	A.D.Amarante	02:41:03	+01:16:55	08:29	
182	700	Carmen Amaro	Núcleo de Atletismo de Vila Real	02:41:04	+01:16:56	08:29	
183	639	Rui Leite	Individual	02:42:52	+01:18:44	08:34	
184	636	Nuno Leite	Individual	02:42:52	+01:18:44	08:34	
185	515	Marisa Fernandes	AMA - Mondim Atletismo	02:44:19	+01:20:11	08:39	
186	701	Regina Figueiredo	Núcleo de Atletismo de Vila Real	02:50:43	+01:26:35	08:59	
187	672	Helena Teixeira	Lobos do Brunheiro de Chaves / Anteros	02:52:50	+01:28:42	09:06	
188	607	Inês Santos	Individual	02:53:12	+01:29:04	09:07	
189	726	Rui Silva	Valongo Trail Team	02:55:00	+01:30:52	09:13	
190	711	Carlos Dias	Santiagus Project	02:56:56	+01:32:48	09:19	
191	714	Luís Machado	Santiagus Project	02:56:56	+01:32:48	09:19	
192	516	Maria Alice Costa	AMA - Mondim Atletismo	02:58:49	+01:34:41	09:25	
193	520	Eduardo Minhoto	AMA - Mondim Atletismo	02:58:49	+01:34:41	09:25	
194	613	Fatima Barros	Individual	03:00:07	+01:35:59	09:29	
195	663	Ana Marcelino	Linces do Marão	03:00:12	+01:36:04	09:29	
196	682	Mara Machado	Lobos do Brunheiro de Chaves / Anteros	03:00:30	+01:36:22	09:30	
197	720	Pedro Ferreira	The Wolves Team	03:16:22	+01:52:14	10:20	
198	722	Filipe Ferreira	The Wolves Team	03:16:25	+01:52:17	10:20	
199	555	Pedro Gonçalves	Vassoura NTN	03:16:34	+01:52:26	10:21	

Sabrosa Trail 2024
Sabrosa, PT
17-novembro-2024

ST19K **19 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

	Time	Temperature	Humidity
Start	09:00	10,5ºC	74%
End	12:16	10,5ºC	74%

Junior Masculino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	585	Alexandre Veiga	Individual	Junior Masculino	01:54:42		06:02
2	586	Gonçalo Ferreira da Veiga	Individual	Junior Masculino	02:20:56	+26:13	07:25
3	720	Pedro Ferreira	The Wolves Team	Junior Masculino	03:16:22	+01:21:40	10:20

Senior Feminino

1	674	Merche Diz	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	01:42:49		05:25
2	673	Maria Obes	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	01:48:23	+05:33	05:42
3	544	Mara Calado	Clube Atlético de Macedo de Cavaleiros	Senior Feminino	01:56:13	+13:24	06:07
4	675	Susana Maldonado	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	02:01:59	+19:10	06:25
5	565	DIANA BATISTA	DURIUS AC PESQUEIRA	Senior Feminino	02:04:07	+21:17	06:32
6	571	Aurea Ramos	Fátima Trail Team	Senior Feminino	02:05:21	+22:31	06:36
7	588	Sandra Pacheco	Individual	Senior Feminino	02:17:02	+34:13	07:13
8	727	Jéssica Ferreira	AMA - Mondim Atletismo	Senior Feminino	02:26:53	+44:03	07:44
9	672	Helena Teixeira	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	02:52:50	+01:10:00	09:06

Senior Masculino

1	656	Luís Saraiva	Linces do Marão	Senior Masculino	01:26:46		04:34
2	595	Filipe Correia	Fátima Trail Team	Senior Masculino	01:27:02	+00:16	04:35
3	511	Francisco Silva	AD Marco 09	Senior Masculino	01:30:46	+03:59	04:47
4	710	André Martins	Saca Trilhos Anadia	Senior Masculino	01:33:21	+06:35	04:55
5	523	Samuel Lobo	AMA - Mondim Atletismo	Senior Masculino	01:34:41	+07:55	04:59
6	657	Nelson Afonso	Linces do Marão	Senior Masculino	01:35:58	+09:11	05:03
7	658	Rafael Cibrão	Linces do Marão	Senior Masculino	01:36:58	+10:11	05:06
8	502	António Queirós	A.D.Amarante	Senior Masculino	01:39:41	+12:54	05:15
9	599	Mário Sérgio Louzada	Individual	Senior Masculino	01:43:36	+16:49	05:27
10	535	André Fernando Almeida Magalhães	Atlético de codessoso	Senior Masculino	01:44:43	+17:57	05:31
11	514	Rafael Teixeira	AMA - Mondim Atletismo	Senior Masculino	01:44:48	+18:02	05:31
12	676	Gabriel Vilela	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	01:48:23	+21:37	05:42
13	542	Tiago Oliveira	CF Perosinho Trail & Running	Senior Masculino	01:48:37	+21:51	05:43
14	677	João Pires	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	01:53:25	+26:39	05:58
15	545	Edgar Silva	Clube Atlético de Macedo de Cavaleiros	Senior Masculino	01:53:41	+26:54	05:59

16	593	Daniel Torres	Individual	Senior Masculino	01:54:23	+27:37	06:01
17	723	André Martins	Trepadores d'Ansiães	Senior Masculino	01:56:42	+29:55	06:09
18	654	Luís Esteves	Linces do Marão	Senior Masculino	01:57:39	+30:52	06:12
19	594	Diogo Parafita Guedes	Individual	Senior Masculino	01:58:07	+31:20	06:13
20	602	Pedro Simão Esteves Freitas	Individual	Senior Masculino	01:58:24	+31:37	06:14
21	577	GONÇALO DIAS	GDR RETORTA	Senior Masculino	01:59:28	+32:42	06:17
22	603	Rafael Marques Claro	Individual	Senior Masculino	02:00:23	+33:36	06:20
23	597	João Freitas	Individual	Senior Masculino	02:02:28	+35:41	06:27
24	655	Luís Monteiro	Linces do Marão	Senior Masculino	02:04:20	+37:34	06:33
25	678	Mattia Cruzeiro	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	02:05:28	+38:42	06:36
26	601	Pedro Apolinário	Individual	Senior Masculino	02:09:54	+43:08	06:50
27	589	Alexandre Monteiro Alves	Individual	Senior Masculino	02:15:10	+48:24	07:07
28	527	Rui Ramiro	Amigos do Trail de Mesão Frio	Senior Masculino	02:17:00	+50:14	07:13
29	598	João Paulo Madureira Coelho	Individual	Senior Masculino	02:25:25	+58:38	07:39
30	590	Alexandre Rodrigues de Carvalho	Individual	Senior Masculino	02:25:25	+58:38	07:39
31	591	Bruno Peixoto	Individual	Senior Masculino	02:32:37	+01:05:50	08:02
32	596	Flávio Fernandes	Individual	Senior Masculino	02:37:38	+01:10:52	08:18
33	679	Renato Chaves	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	02:37:45	+01:10:59	08:18
34	555	Pedro Gonçalves	Vassoura NTN	Senior Masculino	03:16:34	+01:49:47	10:21

Sub 23 Feminino

1	659	Lara Fernandes	Linces do Marão	Sub 23 Feminino	01:58:33		06:14

Sub 23 Masculino

1	680	Hugo Fernandes	Lobos do Brunheiro de Chaves / Anteros	Sub 23 Masculino	01:40:56		05:19
2	579	Cesar David Rodrigues Silva	Geadas Running	Sub 23 Masculino	01:57:24	+16:28	06:11

Veterana F35

1	572	Catarina Neves	Fátima Trail Team	Veterana F35	01:47:07		05:38
2	683	Rosa Carmo	Lobos do Brunheiro de Chaves / Anteros	Veterana F35	01:57:49	+10:42	06:12
3	566	FLÁVIA BATISTA	DURIUS AC PESQUEIRA	Veterana F35	02:05:55	+18:48	06:38
4	548	Anabela Fernandes Martins	Clube desportivo de Miranda do Douro	Veterana F35	02:06:07	+19:00	06:38
5	660	Sara Dias	Linces do Marão	Veterana F35	02:17:14	+30:07	07:13
6	549	Carla Sofia Marcos	Clube desportivo de Miranda do Douro	Veterana F35	02:25:59	+38:52	07:41
7	561	Maria Martins	Datacol	Veterana F35	02:40:33	+53:26	08:27
8	682	Mara Machado	Lobos do Brunheiro de Chaves / Anteros	Veterana F35	03:00:30	+01:13:23	09:30

ST19K **19 KM**

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OFFICIAL RESULT

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Veterana F40

1	699	Florbela Alves	Núcleo de Atletismo de Vila Real	Veterana F40	02:01:48		06:25
2	503	Cláudia Moreira	A.D.Amarante	Veterana F40	02:04:27	+02:39	06:33
3	684	Idalina Pereira	Lobos do Brunheiro de Chaves / Anteros	Veterana F40	02:12:27	+10:38	06:58
4	698	Arlete Gomes	Núcleo de Atletismo de Vila Real	Veterana F40	02:16:27	+14:38	07:11
5	580	Marília Guedes	Geadas Running	Veterana F40	02:20:55	+19:06	07:25
6	515	Marisa Fernandes	AMA - Mondim Atletismo	Veterana F40	02:44:19	+42:30	08:39
7	607	Inês Santos	Individual	Veterana F40	02:53:12	+51:23	09:07

Veterana F45

1	550	Anabela João Cameirão Gomes	Clube desportivo de Miranda do Douro	Veterana F45	02:01:04		06:22
2	573	Cidália Margarida Reis Silva	Fátima Trail Team	Veterana F45	02:05:02	+03:57	06:35
3	551	Susana Maria Vaz Preto	Clube desportivo de Miranda do Douro	Veterana F45	02:05:58	+04:54	06:38
4	533	Susana Teixeira	As Su's	Veterana F45	02:07:44	+06:39	06:43
5	563	Carla Martins	DCI/Trilhos Luso Bussaco	Veterana F45	02:15:06	+14:02	07:07
6	609	Sónia Fernandes Mourão Pereira	Individual	Veterana F45	02:27:34	+26:30	07:46
7	608	Luísa de Lacerda Cabral	Individual	Veterana F45	02:41:02	+39:58	08:29
8	700	Carmen Amaro	Núcleo de Atletismo de Vila Real	Veterana F45	02:41:04	+39:59	08:29
9	701	Regina Figueiredo	Núcleo de Atletismo de Vila Real	Veterana F45	02:50:43	+49:39	08:59
10	516	Maria Alice Costa	AMA - Mondim Atletismo	Veterana F45	02:58:49	+57:44	09:25

Veterana F50

1	534	Susana Magalhães	As Su's	Veterana F50	02:01:08		06:23
2	567	OLGA GOUVEIA	DURIUS AC PESQUEIRA	Veterana F50	02:04:06	+02:58	06:32
3	685	Paula Adagoi	Lobos do Brunheiro de Chaves / Anteros	Veterana F50	02:08:04	+06:56	06:44
4	610	Alexandra Sá	Individual	Veterana F50	02:12:04	+10:56	06:57
5	513	Deolinda Pereira	airórun	Veterana F50	02:14:10	+13:02	07:04
6	662	Teresa Marta	Linces do Marão	Veterana F50	02:15:01	+13:53	07:06
7	611	Mena Costa	Individual	Veterana F50	02:20:11	+19:03	07:23
8	517	Rosa Saldanha	AMA - Mondim Atletismo	Veterana F50	02:20:50	+19:42	07:25
9	661	Berta Miranda	Linces do Marão	Veterana F50	02:23:25	+22:17	07:33
10	702	Sandra Ribeiro	Núcleo de Atletismo de Vila Real	Veterana F50	02:27:06	+25:57	07:45

Veterana F55

1	612	Maria Elisabete Gonçalves Fernandes Repas	ED VIANA TRAIL	Veterana F55	02:02:04		06:25
2	663	Ana Marcelino	Linces do Marão	Veterana F55	03:00:12	+58:07	09:29

Veterana F60

1	613	Fatima Barros	Individual	Veterana F60	03:00:07		09:29

Veterano M35

1	546	Nuno Pereira	Clube Atlético de Macedo de Cavaleiros	Veterano M35	01:26:13		04:32
2	512	Tiago Pinheiro	AD Marco 09	Veterano M35	01:27:56	+01:43	04:38
3	574	João Ribeiro	Fátima Trail Team	Veterano M35	01:28:51	+02:38	04:41
4	615	Carlos Pinto	Individual	Veterano M35	01:29:44	+03:31	04:43
5	696	Pedro Morais	Mirandela a Correr	Veterano M35	01:33:40	+07:27	04:56
6	501	Tiago Oliveira	365 Running Project	Veterano M35	01:37:15	+11:01	05:07
7	690	Leonel Videira	Lobos do Brunheiro de Chaves / Anteros	Veterano M35	01:41:14	+15:01	05:20
8	688	Isma Toro	Lobos do Brunheiro de Chaves / Anteros	Veterano M35	01:48:26	+22:13	05:42
9	664	Ricardo Militão	Linces do Marão	Veterano M35	01:49:09	+22:56	05:45
10	536	Francisco José Almeida Magalhães	Atlético de codessoso	Veterano M35	01:49:58	+23:44	05:47
11	665	Tiago Gonçalves	Linces do Marão	Veterano M35	01:50:15	+24:02	05:48
12	618	Ricardo Ribeiro	Individual	Veterano M35	01:51:11	+24:58	05:51
13	530	Marco silva sousa	APGSL	Veterano M35	01:55:10	+28:57	06:04
14	725	Jorge Monteiro	Trepadores d'Ansiães	Veterano M35	01:57:59	+31:46	06:13
15	689	Joel Soares	Lobos do Brunheiro de Chaves / Anteros	Veterano M35	02:15:38	+49:24	07:08
16	686	Diogo Santos	Lobos do Brunheiro de Chaves / Anteros	Veterano M35	02:16:43	+50:30	07:12
17	616	João Queirós	Individual	Veterano M35	02:18:46	+52:33	07:18
18	687	Igor Rodrigues	Lobos do Brunheiro de Chaves / Anteros	Veterano M35	02:25:47	+59:34	07:40
19	709	Hugo Lourenço	Run Douros	Veterano M35	02:29:56	+01:03:43	07:53
20	617	Pedro Neves	Individual	Veterano M35	02:37:39	+01:11:26	08:18

Veterano M40

1	625	Manuel Dias	Individual	Veterano M40	01:38:21		05:11
2	666	Mário Martins	Linces do Marão	Veterano M40	01:39:07	+00:45	05:13
3	518	Gonçalo Torres	AMA - Mondim Atletismo	Veterano M40	01:41:23	+03:01	05:20
4	620	Carlos Carvalho	Individual	Veterano M40	01:41:43	+03:21	05:21
5	691	Rui Valente	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	01:44:48	+06:27	05:31
6	532	Nelson Videira	ARA - Alfandeguense	Veterano M40	01:46:08	+07:47	05:35
7	622	Hugo Alexandre Matos Santos	Individual	Veterano M40	01:48:56	+10:34	05:44
8	692	Samuel Oliveira	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	01:52:42	+14:20	05:56
9	624	Joel Barbosa	Individual	Veterano M40	02:03:47	+25:25	06:31
10	581	Nuno Cunha	Geadas Running	Veterano M40	02:05:46	+27:25	06:37

11	627	Marco Teixeira	Individual	Veterano M40	02:09:02	+30:40	06:47
12	630	Sérgio Pereira	Individual	Veterano M40	02:15:50	+37:28	07:09
13	619	Bruno António Amaral Pereira	Individual	Veterano M40	02:16:21	+38:00	07:11
14	528	Paulo Ribeiro	Amigos do Trail de Mesão Frio	Veterano M40	02:17:01	+38:40	07:13
15	721	Bruno costa	The Wolves Team	Veterano M40	02:19:53	+41:32	07:22
16	519	Nuno Duarte Lage	AMA - Mondim Atletismo	Veterano M40	02:23:29	+45:07	07:33
17	559	João Sequeira	Clube Desportivo Sanfinense	Veterano M40	02:26:50	+48:29	07:44
18	631	Vitor Bruno Peixoto	Individual	Veterano M40	02:30:31	+52:10	07:55
19	629	Rui Neves	Individual	Veterano M40	02:30:49	+52:28	07:56
20	626	Marco Costa	Individual	Veterano M40	02:40:54	+01:02:32	08:28
21	628	Pedro Melo	Individual	Veterano M40	02:41:03	+01:02:41	08:29

Veterano M45

1	506	Paulo Costa	A.D.Amarante	Veterano M45	01:24:08		04:26
2	584	Nuno Martins	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M45	01:32:59	+08:50	04:54
3	669	Jorge Costa	Linces do Marão	Veterano M45	01:34:15	+10:06	04:58
4	719	Rui Tomé	Team os pêssegos	Veterano M45	01:40:20	+16:11	05:17
5	695	Miguel Gomes	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	01:42:50	+18:41	05:25
6	537	Moisés André Martins machado	Atlético de codessoso	Veterano M45	01:46:47	+22:38	05:37
7	552	Fernando Dos Ramos Gomes	Clube desportivo de Miranda do Douro	Veterano M45	01:47:01	+22:52	05:38
8	570	Orlando Rocha	EDV - Viana Trail	Veterano M45	01:47:51	+23:42	05:41
9	522	Jorge Carvalho	AMA - Mondim Atletismo	Veterano M45	01:50:29	+26:20	05:49
10	703	Gilberto Correia	Núcleo de Atletismo de Vila Real	Veterano M45	01:52:34	+28:25	05:55
11	708	Pedro Nunes	Núcleo de Atletismo de Vila Real	Veterano M45	01:53:11	+29:02	05:57
12	667	Carlos Matos	Linces do Marão	Veterano M45	01:53:33	+29:25	05:59
13	704	João Graça	Núcleo de Atletismo de Vila Real	Veterano M45	01:55:28	+31:19	06:05
14	521	Jorge Alves	AMA - Mondim Atletismo	Veterano M45	01:57:19	+33:10	06:10
15	705	Nelson Silva	Núcleo de Atletismo de Vila Real	Veterano M45	01:58:52	+34:43	06:15
16	715	Paulo Carvalho	Santiagus Project	Veterano M45	02:00:01	+35:52	06:19
17	707	Nuno Rodrigues	Núcleo de Atletismo de Vila Real	Veterano M45	02:01:30	+37:21	06:24
18	505	Nuno Moura	A.D.Amarante	Veterano M45	02:02:47	+38:38	06:28
19	554	Nuno Alexandre Saldanha	Clube desportivo de Miranda do Douro	Veterano M45	02:03:32	+39:23	06:30
20	712	Carlos Magalhães	Santiagus Project	Veterano M45	02:10:09	+46:00	06:51
21	706	Nuno Correia	Núcleo de Atletismo de Vila Real	Veterano M45	02:10:38	+46:29	06:53
22	716	Pedro Pereira	Santiagus Project	Veterano M45	02:12:07	+47:58	06:57
23	693	Fernando Pereira	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	02:12:26	+48:17	06:58
24	637	Paulo Jorge Ferreira Fernandes	Individual	Veterano M45	02:15:32	+51:23	07:08
25	632	carlos oliveira	Individual	Veterano M45	02:17:03	+52:54	07:13
26	633	Francisco Cardoso	Individual	Veterano M45	02:20:48	+56:39	07:25
27	638	Ricardo José da Costa Machado Ferreira	Individual	Veterano M45	02:23:51	+59:42	07:34

28	694	Luís Pires	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	02:25:18	+01:01:09	07:39
29	564	Hugo Pinto	DOUROBTT CCPAD	Veterano M45	02:25:59	+01:01:51	07:41
30	668	Eduado Pereira	Linces do Marão	Veterano M45	02:30:49	+01:06:40	07:56
31	713	José Santos	Santiagus Project	Veterano M45	02:34:03	+01:09:54	08:06
32	635	Manuel Rodrigues	Individual	Veterano M45	02:35:44	+01:11:35	08:12
33	547	RUI MANUEL CATARINO LOPES	Clube Atlético de Macedo de Cavaleiros	Veterano M45	02:36:35	+01:12:26	08:14
34	7	João Pires	Clube Atlético de Macedo de Cavaleiros	Veterano M45	02:36:41	+01:12:32	08:15
35	529	Vitor Cardoso	Amigos do Trail de Mesão Frio	Veterano M45	02:37:36	+01:13:27	08:18
36	562	Paulo Sousa	Datacol	Veterano M45	02:40:31	+01:16:22	08:27
37	639	Rui Leite	Individual	Veterano M45	02:42:52	+01:18:43	08:34
38	636	Nuno Leite	Individual	Veterano M45	02:42:52	+01:18:43	08:34
39	711	Carlos Dias	Santiagus Project	Veterano M45	02:56:56	+01:32:47	09:19
40	714	Luís Machado	Santiagus Project	Veterano M45	02:56:56	+01:32:47	09:19
41	520	Eduardo Minhoto	AMA - Mondim Atletismo	Veterano M45	02:58:49	+01:34:40	09:25

Veterano M50

1	508	Carlos Monteiro	A.D.Amarante	Veterano M50	01:34:39		04:59
2	531	Vitor Coelho	APGSL	Veterano M50	01:35:52	+01:13	05:03
3	575	Manuel Sousa	Fátima Trail Team	Veterano M50	01:36:19	+01:40	05:04
4	643	Luís Fonseca	Individual	Veterano M50	01:48:26	+13:46	05:42
5	644	marco aguiar	Individual	Veterano M50	02:07:14	+32:35	06:42
6	697	Francisco Preto	Mirandela a Correr	Veterano M50	02:08:12	+33:32	06:45
7	524	Francisco Teixeira	AMA - Mondim Atletismo	Veterano M50	02:14:43	+40:04	07:05
8	645	Rui António Alves Pinto	Individual	Veterano M50	02:15:14	+40:35	07:07
9	642	Eduardo Cardoso	Individual	Veterano M50	02:19:26	+44:46	07:20
10	646	Vitor Pinto	Individual	Veterano M50	02:29:08	+54:28	07:51
11	582	António Quadros	Geadas Running	Veterano M50	02:31:00	+56:21	07:57
12	507	Albano Coelho	A.D.Amarante	Veterano M50	02:41:03	+01:06:24	08:29
13	726	Rui Silva	Valongo Trail Team	Veterano M50	02:55:00	+01:20:21	09:13
14	722	Filipe Ferreira	The Wolves Team	Veterano M50	03:16:25	+01:41:46	10:20

Veterano M55

1	558	César Raposo Pires	Clube desportivo de Miranda do Douro	Veterano M55	01:40:05		05:16
2	647	Carlos Manuel Brás Alves	Individual	Veterano M55	01:58:09	+18:04	06:13
3	578	VITOR DIAS	GDR RETORTA	Veterano M55	01:59:28	+19:23	06:17
4	651	Rui Manuel Fernandes Ferreira	Individual	Veterano M55	02:00:30	+20:25	06:21
5	509	Valentim Henriques	A.D.Amarante	Veterano M55	02:01:25	+21:20	06:23
6	648	João Reis	Individual	Veterano M55	02:06:51	+26:46	06:41
7	649	José Madureira	Individual	Veterano M55	02:21:29	+41:24	07:27

ST19K **19 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R REVISED

8	560	João Carneiro	CTM VILA POUCA DE AGUIAR	Veterano M55	02:23:46	+43:41	07:34

Veterano M60

1	652	Carlos Cunha	Individual	Veterano M60	01:41:18		05:20
2	525	José Oliveira	AMA - Mondim Atletismo	Veterano M60	01:47:04	+05:46	05:38
3	653	José Silva	Individual	Veterano M60	02:05:24	+24:05	06:36
4	583	Francisco Sousa Teixeira	Geadas Running	Veterano M60	02:09:41	+28:23	06:50
5	569	ANTÓNIO PEREIRA	DURIUS AC PESQUEIRA	Veterano M60	02:11:32	+30:14	06:55
6	670	João Gil	Linces do Marão	Veterano M60	02:11:53	+30:35	06:56
7	541	Artur Mário de Carvalho Morais	Caretos OCR	Veterano M60	02:29:36	+48:18	07:52
8	510	António Gonçalves	A.D.Amarante	Veterano M60	02:41:03	+59:45	08:29

TEAM RESULTS - ST19K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	FÁTIMA TRAIL TEAM	4 + 6 + 17	27
2	LINCES DO MARÃO	3 + 12 + 16	31
3	A.D.AMARANTE	1 + 13 + 22	36
4	AMA - MONDIM ATLETISMO	14 + 28 + 34	76
5	LOBOS DO BRUNHEIRO DE CHAVES / ANTEROS	25 + 26 + 30	81
6	ATLÉTICO DE CODESSOSO	33 + 37 + 49	119
7	CLUBE ATLÉTICO DE MACEDO DE CAVALEIROS	2 + 58 + 63	123
8	CLUBE DESPORTIVO DE MIRANDA DO DOURO	23 + 38 + 80	141
9	NÚCLEO DE ATLETISMO DE VILA REAL	53 + 55 + 62	170
10	GEADAS RUNNING	66 + 100 + 110	276
11	DURIUS AC PESQUEIRA	91 + 92 + 101	284
12	SANTIAGUS PROJECT	77 + 112 + 117	306
13	AMIGOS DO TRAIL DE MESÃO FRIO	133 + 134 + 173	440
14	THE WOLVES TEAM	140 + 199 + 200	539

Sabrosa Trail 2024
Sabrosa, PT
17-novembro-2024

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

ST19K | atleta do concelho de sabrosa — 19000m

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	620	Carlos Carvalho	Individual	Veterano M40	01:41:43		05:21
2	643	Luís Fonseca	Individual	Veterano M50	01:48:26	+06:43	05:42
3	703	Gilberto Correia	Núcleo de Atletismo de Vila Real	Veterano M45	01:52:34	+10:51	05:55
4	585	Alexandre Veiga	Individual	Junior Masculino	01:54:42	+12:59	06:02
5	579	Cesar David Rodrigues Silva	Geadas Running	Sub 23 Masculino	01:57:24	+15:41	06:11
6	594	Diogo Parafita Guedes	Individual	Senior Masculino	01:58:07	+16:23	06:13
7	602	Pedro Simão Esteves Freitas	Individual	Senior Masculino	01:58:24	+16:40	06:14
8	715	Paulo Carvalho	Santiagus Project	Veterano M45	02:00:01	+18:17	06:19
9	699	Florbela Alves	Núcleo de Atletismo de Vila Real	Veterana F40	02:01:48	+20:05	06:25
10	597	João Freitas	Individual	Senior Masculino	02:02:28	+20:44	06:27
11	583	Francisco Sousa Teixeira	Geadas Running	Veterano M60	02:09:41	+27:58	06:50
12	712	Carlos Magalhães	Santiagus Project	Veterano M45	02:10:09	+28:26	06:51
13	716	Pedro Pereira	Santiagus Project	Veterano M45	02:12:07	+30:24	06:57
14	580	Marília Guedes	Geadas Running	Veterana F40	02:20:55	+39:11	07:25
15	586	Gonçalo Ferreira da Veiga	Individual	Junior Masculino	02:20:56	+39:12	07:25
16	598	João Paulo Madureira Coelho	Individual	Senior Masculino	02:25:25	+43:41	07:39
17	590	Alexandre Rodrigues de Carvalho	Individual	Senior Masculino	02:25:25	+43:41	07:39
18	709	Hugo Lourenço	Run Douros	Veterano M35	02:29:56	+48:13	07:53
19	713	José Santos	Santiagus Project	Veterano M45	02:34:03	+52:20	08:06
20	608	Luísa de Lacerda Cabral	Individual	Veterana F45	02:41:02	+59:19	08:29
21	607	Inês Santos	Individual	Veterana F40	02:53:12	+01:11:28	09:07
22	711	Carlos Dias	Santiagus Project	Veterano M45	02:56:56	+01:15:12	09:19
23	714	Luís Machado	Santiagus Project	Veterano M45	02:56:56	+01:15:13	09:19

ST32K | atleta do concelho de sabrosa — 32000m

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	57	António Pereira	Linces do Marão	Veterano M45	02:25:54		04:34
2	59	Estêvão Gonçalves	Linces do Marão	Veterano M45	03:09:42	+43:47	05:56
3	80	Laurindo Osório	Valongo Trail Team	Veterano M50	03:11:29	+45:34	05:59
4	46	Rafael Amarante	Linces do Marão	Senior Masculino	04:28:55	+02:03:00	08:24