

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
37	139	Manuel Bessa	ev/peraltafil	Veterano M45	36:51	+06:11	03:41
38	26	Nuno Oliveira	acr vale de cambra	Veterano M40	36:56	+06:16	03:42
39	230	João Marques	individual	Senior Masculino	37:10	+06:30	03:43
40	47	António Nunes	arada atlético clube	Veterano M50	37:26	+06:47	03:45
41	108	ROGERIO CAMPOS	clube atletismo de ovar	Veterano M55	37:27	+06:47	03:45
42	155	Rui Almeida	gdc codal vale de cambra	Veterano M45	37:31	+06:51	03:45
43	220	Filipe Barros	individual	Senior Masculino	37:31	+06:52	03:45
44	113	Fernando Oliveira	clube campismo	Veterano M55	37:36	+06:57	03:46
45	33	Óscar Maia	adcp pedralva	Veterano M40	37:41	+07:01	03:46
46	50	Ricardo Marafuz	arvor associação recreativa os veteranos d'ovar	Senior Masculino	37:44	+07:05	03:46
47	252	Pedro Pinho	individual	Senior Masculino	37:50	+07:10	03:47
48	55	Miguel Silva	carregosa lowlanders	Veterano M40	37:59	+07:19	03:48
49	389	Joana Nunes	recreio desportivo de águeda	Senior Feminino	38:05	+07:26	03:49
50	408	João Oliveira	vale correr	Senior Masculino	38:21	+07:41	03:50
51	374	João Dias	núcleo de atletismo de cucujães	Veterano M40	38:27	+07:47	03:51
52	110	Flávio Cunha	clube campismo	Senior Masculino	38:31	+07:51	03:51
53	9	António Assunção	acaíl gas	Veterano M40	38:34	+07:54	03:51
54	439	Telma Soraia Pais Pinho	individual	Senior Feminino	38:36	+07:56	03:52
55	166	LINO DA SILVA FERREIRA	grupo desportivo e cultural de guilhovai	Veterano M50	38:42	+08:02	03:52
56	360	Orlando Valente	lourosa em movimento	Veterano M55	38:49	+08:09	03:53
57	105	PEDRO SILVA	clube atletismo de ovar	Veterano M45	38:56	+08:16	03:54
58	396	Américo Valente	serviços sociais culturais dos trabalhadores do município de ovar	Veterano M60	38:57	+08:17	03:54
59	81	BRUNO FERNANDES	centro municipal marcha e corrida vale de cambra	Veterano M40	39:00	+08:20	03:54
60	471	Igor André Almeida Ribeiro	colep packaging portugal, s.a.	Veterano M40	39:02	+08:23	03:54
61	135	Renato Sousa	ev/peraltafil	Senior Masculino	39:03	+08:23	03:54
62	41	José Figueiredo	afis/ovar	Veterano M55	39:19	+08:39	03:56
63	437	Carlos Sequeira	individual	Veterano M40	39:31	+08:51	03:57
64	149	Mário Carvalho	gd vilarinho de cima	Veterano M60	39:35	+08:55	03:58
65	133	Manuel Ferreira	ev/peraltafil	Veterano M50	39:39	+09:00	03:58
66	411	António Henriques	vicaima	Senior Masculino	39:52	+09:12	03:59
67	399	PEDRO TERRA	sstsjm serviços sociais do pessoal do município de s. joão da madeira	Veterano M60	39:55	+09:15	04:00
68	68	Fernando Antunes	cdc macieira de cambra	Veterano M55	39:57	+09:17	04:00
69	137	Cláudio Costa	ev/peraltafil	Veterano M40	40:00	+09:21	04:00
70	40	José Godinho	afis/ovar	Veterano M50	40:04	+09:24	04:00
71	150	André Santos	gdc codal vale de cambra	Senior Masculino	40:07	+09:28	04:01
72	54	Bruno Vidinha	caldas são jorge sport clube secção atletismo	Senior Masculino	40:11	+09:31	04:01
73	329	Paulo Resende	individual	Veterano M45	40:13	+09:33	04:01
74	107	JOÃO PAULO RODRIGUES	clube atletismo de ovar	Veterano M55	40:30	+09:51	04:03
75	35	Sérgio Cruz	adcp pedralva	Veterano M45	40:40	+10:00	04:04
76	142	José Silva	ev/peraltafil	Veterano M55	40:53	+10:13	04:05
77	156	José Correia	gdc codal vale de cambra	Veterano M50	40:55	+10:15	04:06
78	433	Paulo Jorge Oliveira	individual	Veterano M40	40:56	+10:16	04:06
79	36	Inês Silva Gonçalves	afis/ovar	Senior Feminino	40:56	+10:17	04:06

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10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
80	111	Nuno Albergaria	clube campismo	Senior Masculino	40:56	+10:17	04:06
81	59	Tomé Rodrigues	cdc macieira de cambra	Senior Masculino	40:59	+10:20	04:06
82	375	António Fernandes	núcleo de atletismo de cucujães	Veterano M60	41:03	+10:24	04:06
83	467	Justyna Wojcik	atletico da póvoa	Veterana F40	41:06	+10:26	04:07
84	10	Vitor Santos	acail gas	Veterano M50	41:09	+10:29	04:07
85	393	Tiago Oliveira	sc espinho	Senior Masculino	41:12	+10:33	04:07
86	44	Ricardo Costa	arada atlético clube	Senior Masculino	41:21	+10:42	04:08
87	43	Lara Costa	arada atlético clube	Senior Feminino	41:21	+10:42	04:08
88	368	Francelino Resende	nascidos para correr - associação desportiva	Veterano M50	41:30	+10:50	04:09
89	205	Anthony Tavares	individual	Senior Masculino	41:34	+10:54	04:09
90	215	Diogo Barge	individual	Senior Masculino	41:36	+10:57	04:10
91	154	Roland Sousa	gdc codal vale de cambra	Veterano M40	41:38	+10:58	04:10
92	209	Daniel Almeida	individual	Senior Masculino	41:41	+11:01	04:10
93	241	Marcelo Oliveira Campos	individual	Senior Masculino	41:44	+11:05	04:10
94	263	Rui Miguel Soares Pinho Ferreira	individual	Senior Masculino	41:46	+11:06	04:11
95	229	João Correia	individual	Senior Masculino	41:51	+11:12	04:11
96	83	JORGE QUENTAL	centro municipal marcha e corrida vale de cambra	Veterano M45	41:52	+11:13	04:11
97	102	MONICA FERNANDES	clube atletismo de ovar	Veterana F45	41:57	+11:17	04:12
98	98	CELSO LEITE	clube atletismo de ovar	Senior Masculino	41:58	+11:18	04:12
99	242	Marco Almeida	individual	Senior Masculino	42:03	+11:24	04:12
100	106	António Leitão	clube atletismo de ovar	Veterano M55	42:05	+11:26	04:13
101	425	Sergio Mota	individual	Veterano M40	42:06	+11:26	04:13
102	157	Albano Braga	gdc codal vale de cambra	Veterano M60	42:06	+11:26	04:13
103	410	Tiago Oliveira	vale correr	Senior Masculino	42:08	+11:28	04:13
104	17	Marco Soares	acr vale de cambra	Senior Masculino	42:12	+11:33	04:13
105	117	Carlos Alberto Seguel	clube coimbra	Veterano M45	42:13	+11:33	04:13
106	125	Miguel Oliveira	copo runners	Senior Masculino	42:14	+11:34	04:13
107	67	Carlos Fernandes	cdc macieira de cambra	Veterano M50	42:22	+11:43	04:14
108	372	Regina Gilvaz	núcleo de atletismo de cucujães	Veterana F50	42:30	+11:51	04:15
109	129	Ricardo Correia	do vale running brothers	Senior Masculino	42:33	+11:54	04:15
110	362	Paulo pereira	luis matos seguros	Veterano M50	42:35	+11:55	04:16
111	313	André A.S.	individual	Veterano M45	42:39	+11:59	04:16
112	12	André Aniceto	acr vale de cambra	Senior Masculino	42:42	+12:02	04:16
113	56	Vitor Constantino de Pinho Pereira	carregosa lowlanders	Veterano M40	42:43	+12:03	04:16
114	153	Carlos Teixeira	gdc codal vale de cambra	Veterano M40	42:59	+12:20	04:18
115	128	Armando Sá	copo runners	Veterano M45	43:05	+12:25	04:19
116	243	Marco Gentil Fernandes Jorge	individual	Senior Masculino	43:05	+12:26	04:19
117	308	Pedro Cardoso	individual	Veterano M40	43:12	+12:33	04:19
118	409	Pedro Pinho	vale correr	Senior Masculino	43:21	+12:42	04:20
119	269	Vítor Coelho	individual	Senior Masculino	43:22	+12:42	04:20
120	414	Vitor Oliveira	vicaima	Senior Masculino	43:27	+12:48	04:21
121	266	Tiago Marcelino	individual	Senior Masculino	43:31	+12:51	04:21
122	57	Dalila Romão	casa do benfica em castelo branco	Senior Feminino	43:34	+12:55	04:21

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
123	223	Gonçalo Brito	individual	Senior Masculino	43:37	+12:57	04:22
124	256	Rafael da Silva Seromenho	individual	Senior Masculino	43:49	+13:09	04:23
125	378	Pedro Pina	oliveira´s	Veterano M40	43:54	+13:14	04:23
126	65	José Oliveira	cdc macieira de cambra	Veterano M40	44:00	+13:21	04:24
127	382	Ricardo Jorge Madureira Ribeiro	os barbosas	Senior Masculino	44:01	+13:21	04:24
128	473	Avelino Freitas	gd s. paio de oleiros	Veterano M50	44:04	+13:24	04:24
129	144	Carlos Eduardo Costa da Cruz Martins	evams	Veterano M40	44:09	+13:30	04:25
130	349	Carlos Alberto Almeida Soares Maria	individual	Veterano M55	44:20	+13:40	04:26
131	214	Diogo Almeida	individual	Senior Masculino	44:27	+13:47	04:27
132	345	Luis Pedro Dias Couto Rodrigues	individual	Veterano M50	44:34	+13:54	04:27
133	19	Telmo Ricardo Tavares	acr vale de cambra	Senior Masculino	44:38	+13:58	04:28
134	475	Andre Fernandes Silva	individual	Senior Masculino	44:48	+14:08	04:29
135	335	Sérgio Pereira	individual	Veterano M45	44:50	+14:10	04:29
136	342	José neves	individual	Veterano M50	44:52	+14:13	04:29
137	90	SILVIO CARVALHO	centro municipal marcha e corrida vale de cambra	Veterano M50	45:00	+14:20	04:30
138	336	Antonio Domingues	individual	Veterano M50	45:04	+14:24	04:30
139	369	Marlene Ferreira	nba barrosas	Veterana F45	45:08	+14:28	04:31
140	370	Sara Costa	núcleo de atletismo de cucujães	Veterana F40	45:13	+14:34	04:31
141	248	Miguel Sanches	individual	Senior Masculino	45:14	+14:35	04:31
142	100	LIGIA TORRES	clube atletismo de ovar	Veterana F40	45:17	+14:38	04:32
143	207	Bruno Ferreira	individual	Senior Masculino	45:19	+14:39	04:32
144	145	Júlia Conceição	f.c.penafiel	Veterana F55	45:26	+14:46	04:33
145	152	António Silva	gdc codal vale de cambra	Veterano M40	45:32	+14:53	04:33
146	69	Custódio Coutinho	cdc paradela	Veterano M60	45:37	+14:58	04:34
147	386	Ana Margarida Pinho	pernas de pau	Senior Feminino	45:38	+14:58	04:34
148	388	Pedro Rocha	pernas de pau	Senior Masculino	45:54	+15:14	04:35
149	234	Jorge Costa	individual	Senior Masculino	45:58	+15:18	04:36
150	27	Rui Almeida	acr vale de cambra	Veterano M40	45:59	+15:19	04:36
151	428	Paulo Martins	individual	Veterano M55	46:02	+15:23	04:36
152	300	João Silva	individual	Veterano M40	46:10	+15:30	04:37
153	206	Antonio Jose Pereira Santos Da Mota	individual	Senior Masculino	46:14	+15:35	04:37
154	82	CARLITOS SILVA	centro municipal marcha e corrida vale de cambra	Veterano M45	46:16	+15:36	04:38
155	480	Maria Helena Tavares da Silva	mh estúdio de pilates	Senior Feminino	46:21	+15:41	04:38
156	260	Roberto Martins Silva	individual	Senior Masculino	46:24	+15:44	04:38
157	365	Fátima Santos	lusitânia lourosa	Veterana F55	46:25	+15:46	04:39
158	6	CARLOS PINA	a.d.grijó a correr	Veterano M40	46:28	+15:48	04:39
159	5	ANDRÉ PINA	a.d.grijó a correr	Senior Masculino	46:28	+15:49	04:39
160	222	Francis Pinho Fernandes	individual	Senior Masculino	46:35	+15:56	04:40
161	34	Mário Miguel Ferreira	adcp pedralva	Veterano M45	46:37	+15:57	04:40
162	371	Sonia Felix	núcleo de atletismo de cucujães	Veterana F40	46:38	+15:59	04:40
163	432	Marco Nuno Santos Alves	individual	Veterano M45	46:41	+16:02	04:40

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10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
164	359	Arlete Santos	jobra	Veterana F45	46:42	+16:03	04:40
165	295	bruno couto	individual	Veterano M40	46:43	+16:03	04:40
166	121	Nuno Cardoso	clube desportivo feirense	Veterano M45	46:48	+16:08	04:41
167	461	Fábio Costa	vicaima	Senior Masculino	46:53	+16:14	04:41
168	302	Luis Filipe de Almeida Rodrigues	individual	Veterano M40	46:56	+16:17	04:42
169	7	Inês Gonçalves	acail gas	Senior Feminino	46:57	+16:18	04:42
170	277	Rosália Sousa	individual	Veterana F40	47:02	+16:22	04:42
171	94	ANTÓNIO JORGE OLIVEIRA	centro municipal marcha e corrida vale de cambra	Veterano M60	47:02	+16:22	04:42
172	91	António Alberto Matos Gomes	centro municipal marcha e corrida vale de cambra	Veterano M55	47:07	+16:28	04:43
173	208	Carlos Monteiro	individual	Senior Masculino	47:09	+16:29	04:43
174	58	Daniel Vieira	cdc maceira de cambra	Senior Masculino	47:09	+16:30	04:43
175	465	ANDRE FERNANDO BRANDÃO DE BASTOS	arsopi,lda	Senior Masculino	47:10	+16:31	04:43
176	311	Ricardo Costa	individual	Veterano M40	47:13	+16:33	04:43
177	274	Elvira Cristiana da Silva Correia	individual	Veterana F40	47:19	+16:39	04:44
178	219	Felisberto Manuel de Pinho Rodrigues	individual	Senior Masculino	47:19	+16:39	04:44
179	143	Leonel Silva	ev/peraltafil	Veterano M55	47:21	+16:41	04:44
180	430	Luis Costa	individual	Senior Masculino	47:23	+16:44	04:44
181	429	Fernando Rocha do Sacramento	arlando soares de pinho, lda	Veterano M55	47:25	+16:45	04:45
182	347	Paulo santos	individual	Veterano M50	47:27	+16:47	04:45
183	38	Pedro Necho	afis/ovar	Veterano M45	47:29	+16:49	04:45
184	364	Luis Silva	lusitânia de lourosa fc - secção de atletismo	Senior Masculino	47:33	+16:53	04:45
185	348	Antonio Silva	individual	Veterano M55	47:36	+16:56	04:46
186	199	Vanessa M. Santos	individual	Senior Feminino	47:38	+16:58	04:46
187	23	Clotilde Santos	acr vale de cambra	Veterana F50	47:38	+16:59	04:46
188	321	José santos	individual	Veterano M45	47:45	+17:05	04:47
189	337	António Jorge da Silva Martins	individual	Veterano M50	47:53	+17:13	04:47
190	357	jose manuel Silva	individual	Veterano M60	48:11	+17:32	04:49
191	340	João Rodrigues	individual	Veterano M50	48:13	+17:33	04:49
192	178	Ana Brandão	individual	Senior Feminino	48:15	+17:36	04:50
193	226	HUGO RAFAEL PIEDADE	individual	Senior Masculino	48:16	+17:36	04:50
194	333	Rui Correia	individual	Veterano M45	48:16	+17:37	04:50
195	346	Milton Rodrigues Brandão	individual	Veterano M50	48:21	+17:41	04:50
196	330	Paulo Silva	individual	Veterano M45	48:25	+17:46	04:51
197	201	Alexis Rato	individual	Senior Masculino	48:30	+17:50	04:51
198	22	Susana Martins	acr vale de cambra	Veterana F45	48:31	+17:51	04:51
199	303	Luis Silva	individual	Veterano M40	48:35	+17:55	04:52
200	233	Joaquim Malheiro	individual	Senior Masculino	48:35	+17:56	04:52
201	469	Daniela Marlene Pinho Russo	colep packaging portugal, s.a.	Senior Feminino	48:37	+17:57	04:52
202	46	Rui Neves	arada atlético clube	Veterano M45	48:37	+17:58	04:52
203	363	Paulo ramos	luis matos seguros	Veterano M50	48:40	+18:01	04:52
204	190	Florbela Araujo	individual	Senior Feminino	48:42	+18:03	04:52

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
247	21	Rosa Bastos	acr vale de cambra	Veterana F45	51:06	+20:27	05:07
248	350	Filipe da Costa Soares	individual	Veterano M55	51:08	+20:28	05:07
249	392	José Matos	recreio desportivo de águeda	Veterano M55	51:10	+20:30	05:07
250	31	Celso Paiva	acr vale de cambra	Veterano M55	51:10	+20:31	05:07
251	423	Carlos Cruz	zequinhas running team	Veterano M40	51:15	+20:36	05:08
252	424	Marco Almeida	zequinhas running team	Veterano M40	51:17	+20:37	05:08
253	305	Miguel Duarte	individual	Veterano M40	51:19	+20:39	05:08
254	216	Diogo Filipe	individual	Senior Masculino	51:19	+20:40	05:08
255	78	SUSANA BRANDÃO	centro municipal marcha e corrida vale de cambra	Veterana F45	51:21	+20:42	05:08
256	227	Jaime Azevedo	individual	Senior Masculino	51:21	+20:42	05:08
257	173	Hugo sousat	grupo juvenil pinheiro da bemposta	Veterano M40	51:23	+20:43	05:08
258	169	Antonio Martins	grupo juvenil pinheiro da bemposta	Senior Masculino	51:23	+20:43	05:08
259	401	Álvaro Barbosa	supermanos ana & álvaro	Veterano M45	51:45	+21:05	05:11
260	296	Carlos Cunha	individual	Veterano M40	51:48	+21:08	05:11
261	79	FILOMENA SANTOS	centro municipal marcha e corrida vale de cambra	Veterana F55	51:53	+21:13	05:11
262	96	JOAQUIM OLIVEIRA	centro municipal marcha e corrida vale de cambra	Veterano M60	51:53	+21:13	05:11
263	351	Joao Coutinho Rego	individual	Veterano M55	52:02	+21:22	05:12
264	404	Nuno Coelho	to na pista	Senior Masculino	52:06	+21:27	05:13
265	45	Paula Costa	arada atlético clube	Veterana F45	52:07	+21:27	05:13
266	413	Valter Alves	vicaima	Senior Masculino	52:14	+21:34	05:13
267	224	Guilherme Brito	individual	Senior Masculino	52:22	+21:42	05:14
268	304	Marcelo Teixeira da mota	individual	Veterano M40	52:23	+21:43	05:14
269	170	Amândio Silva	grupo juvenil pinheiro da bemposta	Veterano M40	52:27	+21:47	05:15
270	72	Nélson Tavares	centro municipal marcha e corrida vale de cambra	Senior Masculino	52:36	+21:57	05:16
271	353	José Alberto B Brito	individual	Veterano M55	52:49	+22:09	05:17
272	406	Porfirio Martins	to na pista	Veterano M60	52:56	+22:16	05:18
273	298	Carlos Manuel Almeida Silva	individual	Veterano M40	53:00	+22:20	05:18
274	436	Flavio Marino Silva	individual	Senior Masculino	53:08	+22:28	05:19
275	109	arlindo silva	clube atletismo de ovar	Veterano M60	53:10	+22:31	05:19
276	184	CATARINA PEREIRA	individual	Senior Feminino	53:21	+22:42	05:20
277	275	Maria Helena Martins da Silva	individual	Veterana F40	53:23	+22:43	05:20
278	262	Rui M. Bastos	individual	Senior Masculino	53:38	+22:58	05:22
279	212	Daniel Gomes Tavares	individual	Senior Masculino	53:55	+23:16	05:24
280	344	Luís Ferreira	individual	Veterano M50	53:57	+23:17	05:24
281	171	Carlos Teixeira	grupo juvenil pinheiro da bemposta	Veterano M40	53:57	+23:17	05:24
282	326	Nuno Sá	individual	Veterano M45	53:58	+23:18	05:24
283	172	Hélder Martins	grupo juvenil pinheiro da bemposta	Veterano M40	53:58	+23:18	05:24
284	231	João Muacho	individual	Senior Masculino	53:58	+23:18	05:24
285	73	RAFAEL VILAR	centro municipal marcha e corrida vale de cambra	Senior Masculino	53:58	+23:18	05:24
286	210	Daniel Filipe Costa	individual	Senior Masculino	54:02	+23:23	05:24
287	123	Jéssica Andrade	copo runners	Senior Feminino	54:05	+23:25	05:25
288	385	Vítor Santos	os briosos	Veterano M60	54:17	+23:38	05:26
289	32	Manuel Pinho	acr vale de cambra	Veterano M60	54:27	+23:47	05:27

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
331	185	Cátia Albuquerque	individual	Senior Feminino	57:42	+27:02	05:46
332	400	Ana Madalena	supermanos ana & álvaro	Senior Feminino	57:42	+27:03	05:46
333	272	Ângela Mendes	individual	Veterana F40	57:42	+27:03	05:46
334	271	Ana Mendes	individual	Veterana F40	57:43	+27:03	05:46
335	77	NATÉRCIA SILVA	centro municipal marcha e corrida vale de cambra	Veterana F45	57:48	+27:09	05:47
336	132	Eduardo Tavares Rebelo	eduart-componentes de calçado.	Veterano M60	57:54	+27:14	05:47
337	198	TERESA FILIPA Moreira Nogueira	individual	Senior Feminino	58:03	+27:24	05:48
338	70	ANA RITA FERNANDES MARTINS	centro municipal marcha e corrida vale de cambra	Senior Feminino	58:05	+27:25	05:49
339	203	André Creoulo	individual	Senior Masculino	58:05	+27:25	05:49
340	87	CARLOS SILVA	centro municipal marcha e corrida vale de cambra	Veterano M50	58:06	+27:26	05:49
341	18	Rui Ferreira	acr vale de cambra	Senior Masculino	58:18	+27:39	05:50
342	24	Fernanda Almeida	acr vale de cambra	Veterana F60	58:19	+27:40	05:50
343	291	Manuela Melo	individual	Veterana F60	58:23	+27:43	05:50
344	186	Cátia Sofia Fernandes Ferreira	individual	Senior Feminino	58:25	+27:45	05:51
345	334	Rui Silva	individual	Veterano M45	58:39	+28:00	05:52
346	3	Andreia dos Santos Oliveira	11	Senior Feminino	58:40	+28:00	05:52
347	4	Diogo Oliveira Pinto	11	Senior Masculino	58:40	+28:00	05:52
348	80	FÁTIMA SILVA	centro municipal marcha e corrida vale de cambra	Veterana F55	59:16	+28:37	05:56
349	264	Sérgio Fernandes	individual	Senior Masculino	59:28	+28:48	05:57
350	195	Sofia Rodrigues	individual	Senior Feminino	59:28	+28:48	05:57
351	338	Carlos Ferreira Pereira	individual	Veterano M50	59:33	+28:53	05:57
352	373	Graça leite	núcleo de atletismo de cucujães	Veterana F60	59:38	+28:58	05:58
353	189	Daniela Soares Ribeiro	individual	Senior Feminino	59:42	+29:02	05:58
354	270	Vitor Tavares	individual	Senior Masculino	59:58	+29:19	06:00
355	127	Bruno Pereira	copo runners	Veterano M40	01:00:13	+29:34	06:01
356	221	Filipe Silva	individual	Senior Masculino	01:00:20	+29:40	06:02
357	183	Catarina Almeida	individual	Senior Feminino	01:00:34	+29:54	06:03
358	126	Sandra Silva	copo runners	Veterana F45	01:00:34	+29:55	06:03
359	197	Tânia Pereira	individual	Senior Feminino	01:00:37	+29:58	06:04
360	237	José Guilherme de Freitas Paz	individual	Senior Masculino	01:00:47	+30:08	06:05
361	239	Luís Almeida	individual	Senior Masculino	01:00:48	+30:08	06:05
362	246	Miguel Angelo Moreira de Almeida	individual	Senior Masculino	01:00:53	+30:13	06:05
363	179	Ana Carolina Tavares Almeida	individual	Senior Feminino	01:01:19	+30:40	06:08
364	358	Vitor Manuel Figueiredo Rodrigues	individual	Veterano M60	01:01:37	+30:57	06:10
365	417	Frederico Capela	vicaima	Veterano M45	01:01:38	+30:58	06:10
366	175	Mariana Tavares	hard de rato team	Veterana F40	01:01:45	+31:05	06:11
367	174	Eduardo Oliveira	hard de rato team	Senior Masculino	01:01:45	+31:06	06:11
368	193	Marina Oliveira	individual	Senior Feminino	01:01:45	+31:06	06:11
369	268	Vítor Cardoso	individual	Senior Masculino	01:01:46	+31:06	06:11
370	290	Maria da Conceição Martins soares	individual	Veterana F50	01:02:28	+31:48	06:15
371	194	Sofia Poças	individual	Senior Feminino	01:02:36	+31:56	06:16

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
372	244	Marco Oliveira	individual	Senior Masculino	01:02:37	+31:57	06:16
373	435	Monica Montenegro	individual	Veterana F50	01:02:37	+31:57	06:16
374	74	JOANA PINHO	centro municipal marcha e corrida vale de cambra	Veterana F40	01:02:47	+32:07	06:17
375	419	Luis Monteiro	vicaima	Veterano M50	01:02:52	+32:12	06:17
376	420	Pedro Silva	vicaima	Veterano M50	01:03:04	+32:24	06:18
377	426	Ricardo Nascimento	individual	Veterano M50	01:03:06	+32:26	06:19
378	427	Gabriel Sousa	individual	Senior Masculino	01:03:08	+32:28	06:19
379	279	Sónia Bessa	individual	Veterana F40	01:03:31	+32:51	06:21
380	299	Diogo Melo	individual	Veterano M40	01:03:45	+33:06	06:23
381	265	Tiago Aguiar	individual	Senior Masculino	01:03:58	+33:19	06:24
382	327	Orlando Marques	individual	Veterano M45	01:04:20	+33:40	06:26
383	472	Carlos Manuel Costa Almeida	colep packaging portugal, s.a.	Veterano M45	01:04:27	+33:48	06:27
384	286	María Correia	individual	Veterana F45	01:04:38	+33:58	06:28
385	319	Jônatas santos	individual	Veterano M45	01:05:18	+34:38	06:32
386	61	Patrícia Monteiro	cdc macieira de cambra	Veterana F45	01:05:20	+34:41	06:32
387	60	Goreti Correia	cdc macieira de cambra	Veterana F45	01:05:22	+34:43	06:32
388	310	Rafael Freitas	individual	Veterano M40	01:05:29	+34:49	06:33
389	288	Paula Caçador	individual	Veterana F45	01:06:13	+35:34	06:37
390	196	Solange Teixeira	individual	Senior Feminino	01:06:33	+35:53	06:39
391	384	António Manuel Reis	os briosos	Veterano M60	01:06:33	+35:53	06:39
392	383	Jorge Henriques	os briosos	Veterano M55	01:06:33	+35:54	06:39
393	84	ANTÓNIO MANUEL ALMEIDA	centro municipal marcha e corrida vale de cambra	Veterano M50	01:07:32	+36:53	06:45
394	92	Carlos Almeida	centro municipal marcha e corrida vale de cambra	Veterano M55	01:07:32	+36:53	06:45
395	162	José Cubal	grupo desportivo e cultural de guilhovai	Senior Masculino	01:07:37	+36:58	06:46
396	160	Dora Almeida	grupo desportivo e cultural de guilhovai	Senior Feminino	01:07:38	+36:58	06:46
397	228	João Coelho	individual	Senior Masculino	01:08:29	+37:50	06:51
398	213	David Deveza	individual	Senior Masculino	01:08:32	+37:52	06:51
399	118	Graça Beleza	clube desportivo feirense	Veterana F45	01:08:34	+37:54	06:51
400	416	Natalie Southwell	vicaima	Veterana F40	01:08:46	+38:06	06:53
401	415	Marta Soares	vicaima	Veterana F40	01:08:47	+38:07	06:53
402	232	João Santos	individual	Senior Masculino	01:09:20	+38:40	06:56
403	181	Andreia Silva	individual	Senior Feminino	01:10:11	+39:31	07:01
404	211	Daniel Fortuna	individual	Senior Masculino	01:10:11	+39:32	07:01
405	356	João Luís Frade Cajeira	individual	Veterano M60	01:12:40	+42:00	07:16
406	284	Fernanda Almeida	individual	Veterana F45	01:13:05	+42:25	07:19
407	202	Anderson Felix	individual	Senior Masculino	01:14:07	+43:28	07:25
408	354	José António de Pinho Fernandes	individual	Veterano M55	01:14:22	+43:42	07:26

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

31	209	Daniel Almeida	Individual	Senior Masculino	41:41	+11:01	04:10
32	241	Marcelo Oliveira Campos	Individual	Senior Masculino	41:44	+11:05	04:10
33	263	Rui Miguel Soares Pinho Ferreira	Individual	Senior Masculino	41:46	+11:06	04:11
34	229	João Correia	Individual	Senior Masculino	41:51	+11:12	04:11
35	98	CELSO LEITE	Clube Atletismo de Ovar	Senior Masculino	41:58	+11:18	04:12
36	242	Marco Almeida	Individual	Senior Masculino	42:03	+11:24	04:12
37	410	Tiago Oliveira	Vale Correr	Senior Masculino	42:08	+11:28	04:13
38	17	Marco Soares	ACR Vale de Cambra	Senior Masculino	42:12	+11:33	04:13
39	125	Miguel Oliveira	COPO RUNNERS	Senior Masculino	42:14	+11:34	04:13
40	129	Ricardo Correia	Do Vale Running Brothers	Senior Masculino	42:33	+11:54	04:15
41	12	André Aniceto	ACR Vale de Cambra	Senior Masculino	42:42	+12:02	04:16
42	243	Marco Gentil Fernandes Jorge	Individual	Senior Masculino	43:05	+12:26	04:19
43	409	Pedro Pinho	Vale Correr	Senior Masculino	43:21	+12:42	04:20
44	269	Vitor Coelho	Individual	Senior Masculino	43:22	+12:42	04:20
45	414	Vitor Oliveira	VICAIMA	Senior Masculino	43:27	+12:48	04:21
46	266	Tiago Marcelino	Individual	Senior Masculino	43:31	+12:51	04:21
47	223	Gonçalo Brito	Individual	Senior Masculino	43:37	+12:57	04:22
48	256	Rafael da Silva Seromenho	Individual	Senior Masculino	43:49	+13:09	04:23
49	382	Ricardo Jorge Madureira Ribeiro	Os Barbosas	Senior Masculino	44:01	+13:21	04:24
50	214	Diogo Almeida	Individual	Senior Masculino	44:27	+13:47	04:27
51	19	Telmo Ricardo Tavares	ACR Vale de Cambra	Senior Masculino	44:38	+13:58	04:28
52	475	Andre Fernandes Silva	Individual	Senior Masculino	44:48	+14:08	04:29
53	248	Miguel Sanches	Individual	Senior Masculino	45:14	+14:35	04:31
54	207	Bruno Ferreira	Individual	Senior Masculino	45:19	+14:39	04:32
55	388	Pedro Rocha	Pernas de Pau	Senior Masculino	45:54	+15:14	04:35
56	234	Jorge Costa	Individual	Senior Masculino	45:58	+15:18	04:36
57	206	Antonio Jose Pereira Santos Da Mota	Individual	Senior Masculino	46:14	+15:35	04:37
58	260	Roberto Martins Silva	Individual	Senior Masculino	46:24	+15:44	04:38
59	5	ANDRÉ PINA	A.D.GRIJÓ A CORRER	Senior Masculino	46:28	+15:49	04:39
60	222	Francis Pinho Fernandes	Individual	Senior Masculino	46:35	+15:56	04:40
61	461	Fábio Costa	VICAIMA	Senior Masculino	46:53	+16:14	04:41
62	208	Carlos Monteiro	Individual	Senior Masculino	47:09	+16:29	04:43
63	58	Daniel Vieira	CDC Macieira de Cambra	Senior Masculino	47:09	+16:30	04:43
64	465	ANDRE FERNANDO BRANDÃO DE BASTOS	Arsopi,Lda	Senior Masculino	47:10	+16:31	04:43
65	219	Felisberto Manuel de Pinho Rodrigues	Individual	Senior Masculino	47:19	+16:39	04:44
66	430	Luis Costa	Individual	Senior Masculino	47:23	+16:44	04:44
67	364	Luís Silva	Lusitânia de Lourosa FC - Secção de Atletismo	Senior Masculino	47:33	+16:53	04:45
68	226	HUGO RAFAEL PIEDADE	Individual	Senior Masculino	48:16	+17:36	04:50
69	201	Alexis Rato	Individual	Senior Masculino	48:30	+17:50	04:51
70	233	Joaquim Malheiro	Individual	Senior Masculino	48:35	+17:56	04:52
71	8	Luis Novo	ACAIL GAS	Senior Masculino	48:58	+18:19	04:54
72	376	Marco Janeiro	Oliveira's	Senior Masculino	49:00	+18:21	04:54
73	402	Hugo Moreira	TO NA PISTA	Senior Masculino	49:04	+18:24	04:54
74	254	Pedro Vilar	Individual	Senior Masculino	49:05	+18:26	04:55
75	124	Eurico Resende Tavares	COPO RUNNERS	Senior Masculino	49:16	+18:36	04:56

Official Timekeeper: Lap2Go	3 / 11	generate 19-mai.-2024 11:01
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

76	250	Pedro Neto	Individual	Senior Masculino	49:27	+18:47	04:57
77	267	Tomás Bastos Vilarinho	Individual	Senior Masculino	49:45	+19:06	04:59
78	412	Rui Fernandes	VICAIMA	Senior Masculino	50:06	+19:26	05:01
79	130	André Filipe dos Santos Rebelo	Eduart-Componentes de Calçado.	Senior Masculino	50:11	+19:32	05:01
80	251	Pedro Oliveira	Individual	Senior Masculino	50:17	+19:37	05:02
81	217	Eduardo Pinho	Individual	Senior Masculino	50:24	+19:44	05:02
82	236	José Francisco Saraiva dos Santos	Individual	Senior Masculino	50:41	+20:01	05:04
83	238	Licínio Almeida	Individual	Senior Masculino	50:45	+20:05	05:05
84	216	Diogo Filipe	Individual	Senior Masculino	51:19	+20:40	05:08
85	227	Jaime Azevedo	Individual	Senior Masculino	51:21	+20:42	05:08
86	169	Antonio Martins	Grupo Juvenil Pinheiro da Bemposta	Senior Masculino	51:23	+20:43	05:08
87	404	Nuno Coelho	TO NA PISTA	Senior Masculino	52:06	+21:27	05:13
88	413	Valter Alves	VICAIMA	Senior Masculino	52:14	+21:34	05:13
89	224	Guilherme Brito	Individual	Senior Masculino	52:22	+21:42	05:14
90	72	Nélson Tavares	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Senior Masculino	52:36	+21:57	05:16
91	436	Flavio Marino Silva	Individual	Senior Masculino	53:08	+22:28	05:19
92	262	Rui M. Bastos	Individual	Senior Masculino	53:38	+22:58	05:22
93	212	Daniel Gomes Tavares	Individual	Senior Masculino	53:55	+23:16	05:24
94	231	João Mucho	Individual	Senior Masculino	53:58	+23:18	05:24
95	73	RAFAEL VILAR	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Senior Masculino	53:58	+23:18	05:24
96	210	Daniel Filipe Costa	Individual	Senior Masculino	54:02	+23:23	05:24
97	235	Jorge Tavares	Individual	Senior Masculino	54:51	+24:11	05:29
98	259	Ricardo Miguel Martins Gomes	Individual	Senior Masculino	55:51	+25:11	05:35
99	148	Miguel Mota	Fernandes Mota	Senior Masculino	55:56	+25:17	05:36
100	470	João Rafael Oliveira Bastos	Colep Packaging Portugal, S.A.	Senior Masculino	56:29	+25:50	05:39
101	253	Pedro Sousa	Individual	Senior Masculino	56:37	+25:57	05:40
102	218	Élio Maia	Individual	Senior Masculino	56:38	+25:58	05:40
103	240	Luis Magalhães	Individual	Senior Masculino	57:22	+26:42	05:44
104	258	Ricardo Almeida	Individual	Senior Masculino	57:33	+26:53	05:45
105	405	Pedro Martins	TO NA PISTA	Senior Masculino	57:41	+27:01	05:46
106	203	André Creoulo	Individual	Senior Masculino	58:05	+27:25	05:49
107	18	Rui Ferreira	ACR Vale de Cambra	Senior Masculino	58:18	+27:39	05:50
108	4	Diogo Oliveira Pinto	11	Senior Masculino	58:40	+28:00	05:52
109	264	Sérgio Fernandes	Individual	Senior Masculino	59:28	+28:48	05:57
110	270	Vitor Tavares	Individual	Senior Masculino	59:58	+29:19	06:00
111	221	Filipe Silva	Individual	Senior Masculino	01:00:20	+29:40	06:02
112	237	José Guilherme de Freitas Paz	Individual	Senior Masculino	01:00:47	+30:08	06:05
113	239	Luís Almeida	Individual	Senior Masculino	01:00:48	+30:08	06:05
114	246	Miguel Angelo Moreira de Almeida	Individual	Senior Masculino	01:00:53	+30:13	06:05
115	174	Eduardo Oliveira	Hard de rato team	Senior Masculino	01:01:45	+31:06	06:11
116	268	Vitor Cardoso	Individual	Senior Masculino	01:01:46	+31:06	06:11
117	244	Marco Oliveira	Individual	Senior Masculino	01:02:37	+31:57	06:16
118	427	Gabriel Sousa	Individual	Senior Masculino	01:03:08	+32:28	06:19
119	265	Tiago Aguiar	Individual	Senior Masculino	01:03:58	+33:19	06:24

Prova Principal**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

120	162	José Cubal	Grupo Desportivo e Cultural de Guilhovai	Senior Masculino	01:07:37	+36:58	06:46
121	228	João Coelho	Individual	Senior Masculino	01:08:29	+37:50	06:51
122	213	David Deveza	Individual	Senior Masculino	01:08:32	+37:52	06:51
123	232	João Santos	Individual	Senior Masculino	01:09:20	+38:40	06:56
124	211	Daniel Fortuna	Individual	Senior Masculino	01:10:11	+39:32	07:01
125	202	Anderson Felix	Individual	Senior Masculino	01:14:07	+43:28	07:25

Veterana F40

1	467	Justyna Wojcik	ATLÉTICO DA PÓVOA	Veterana F40	41:06	+10:26	04:07
2	370	Sara Costa	Núcleo de Atletismo de Cucujães	Veterana F40	45:13	+14:34	04:31
3	100	LIGIA TORRES	Clube Atletismo de Ovar	Veterana F40	45:17	+14:38	04:32
4	371	Sonia Felix	Núcleo de Atletismo de Cucujães	Veterana F40	46:38	+15:59	04:40
5	277	Rosália Sousa	Individual	Veterana F40	47:02	+16:22	04:42
6	274	Elvira Cristiana da Silva Correia	Individual	Veterana F40	47:19	+16:39	04:44
7	278	Sandra Moreira	Individual	Veterana F40	49:27	+18:48	04:57
8	275	Maria Helena Martins da Silva	Individual	Veterana F40	53:23	+22:43	05:20
9	273	Diana Soares	Individual	Veterana F40	57:02	+26:22	05:42
10	272	Ângela Mendes	Individual	Veterana F40	57:42	+27:03	05:46
11	271	Ana Mendes	Individual	Veterana F40	57:43	+27:03	05:46
12	175	Mariana Tavares	Hard de rato team	Veterana F40	01:01:45	+31:05	06:11
13	74	JOANA PINHO	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterana F40	01:02:47	+32:07	06:17
14	279	Sónia Bessa	Individual	Veterana F40	01:03:31	+32:51	06:21
15	416	Natalie Southwell	VICAIMA	Veterana F40	01:08:46	+38:06	06:53
16	415	Marta Soares	VICAIMA	Veterana F40	01:08:47	+38:07	06:53

Veterana F45

1	102	MONICA FERNANDES	Clube Atletismo de Ovar	Veterana F45	41:57	+11:17	04:12
2	369	Marlene Ferreira	NBA Barrosas	Veterana F45	45:08	+14:28	04:31
3	359	Arlete Santos	JOBRA	Veterana F45	46:42	+16:03	04:40
4	22	Susana Martins	ACR Vale de Cambra	Veterana F45	48:31	+17:51	04:51
5	21	Rosa Bastos	ACR Vale de Cambra	Veterana F45	51:06	+20:27	05:07
6	78	SUSANA BRANDÃO	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterana F45	51:21	+20:42	05:08
7	45	Paula Costa	ARADA ATLÉTICO CLUBE	Veterana F45	52:07	+21:27	05:13
8	75	CLÁUDIA QUARESMA	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterana F45	55:01	+24:22	05:30
9	280	Adélia Boucinha	Individual	Veterana F45	55:30	+24:50	05:33
10	281	Célia Aguiar	Individual	Veterana F45	57:01	+26:22	05:42
11	289	Teresa Almeida	Individual	Veterana F45	57:01	+26:22	05:42
12	477	carla sousa	Individual	Veterana F45	57:28	+26:49	05:45
13	287	Maria dos Anjos	Individual	Veterana F45	57:29	+26:49	05:45
14	77	NATÉRCIA SILVA	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterana F45	57:48	+27:09	05:47

Prova Principal**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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15	126	Sandra Silva	COPO RUNNERS	Veterana F45	01:00:34	+29:55	06:03
16	286	Maria Correia	Individual	Veterana F45	01:04:38	+33:58	06:28
17	61	Patrícia Monteiro	CDC Macieira de Cambra	Veterana F45	01:05:20	+34:41	06:32
18	60	Goreti Correia	CDC Macieira de Cambra	Veterana F45	01:05:22	+34:43	06:32
19	288	Paula Caçador	Individual	Veterana F45	01:06:13	+35:34	06:37
20	118	Graça Beleza	Clube Desportivo Feirense	Veterana F45	01:08:34	+37:54	06:51
21	284	Fernanda Almeida	Individual	Veterana F45	01:13:05	+42:25	07:19

Veterana F50

1	372	Regina Gilvaz	Núcleo de Atletismo de Cucujães	Veterana F50	42:30	+11:51	04:15
2	23	Clotilde Santos	ACR Vale de Cambra	Veterana F50	47:38	+16:59	04:46
3	103	FATIMA ALEIXO	Clube Atletismo de Ovar	Veterana F50	48:59	+18:20	04:54
4	290	Maria da Conceição Martins soares	Individual	Veterana F50	01:02:28	+31:48	06:15
5	435	Monica Montenegro	Individual	Veterana F50	01:02:37	+31:57	06:16

Veterana F55

1	145	Júlia Conceição	F.C.Penafiel	Veterana F55	45:26	+14:46	04:33
2	365	Fátima Santos	Lusitânia Lourosa	Veterana F55	46:25	+15:46	04:39
3	52	Sãozita Ferreira	AZTrail	Veterana F55	48:46	+18:06	04:53
4	37	Elisabete Silva	AFIS/OVAR	Veterana F55	50:50	+20:11	05:05
5	79	FILOMENA SANTOS	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterana F55	51:53	+21:13	05:11
6	80	FÁTIMA SILVA	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterana F55	59:16	+28:37	05:56

Veterana F60

1	395	Maria Costa	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterana F60	50:50	+20:11	05:05
2	24	Fernanda Almeida	ACR Vale de Cambra	Veterana F60	58:19	+27:40	05:50
3	291	Manuela Melo	Individual	Veterana F60	58:23	+27:43	05:50
4	373	Graça leite	Núcleo de Atletismo de Cucujães	Veterana F60	59:38	+28:58	05:58

Veterano M40

1	421	Bruno Silva	Vizela Corre	Veterano M40	31:42	+01:02	03:10
2	159	Nuno Miguel	Grecas	Veterano M40	32:55	+02:16	03:18
3	104	ANDRE ADRIANO	Clube Atletismo de Ovar	Veterano M40	32:58	+02:18	03:18
4	294	Antonio Cristóvão	Individual	Veterano M40	33:43	+03:03	03:22
5	51	DANIEL RODRIGUES	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D OVAR	Veterano M40	33:51	+03:12	03:23
6	25	Bruno Freitas	ACR Vale de Cambra	Veterano M40	34:30	+03:51	03:27

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Prova Principal

10 KM

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OFFICIAL RESULT

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7	146	Mark Macedo	F.C.Penafiel	Veterano M40	34:55	+04:16	03:30
8	138	José Almeida	EV/PERALTAFIL	Veterano M40	35:42	+05:02	03:34
9	26	Nuno Oliveira	ACR Vale de Cambra	Veterano M40	36:56	+06:16	03:42
10	33	Óscar Maia	ADCP PEDRALVA	Veterano M40	37:41	+07:01	03:46
11	55	Miguel Silva	Carregosa Lowlanders	Veterano M40	37:59	+07:19	03:48
12	374	João Dias	Núcleo de Atletismo de Cucujães	Veterano M40	38:27	+07:47	03:51
13	9	António Assunção	ACAIL GAS	Veterano M40	38:34	+07:54	03:51
14	81	BRUNO FERNANDES	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M40	39:00	+08:20	03:54
15	471	Igor André Almeida Ribeiro	Colep Packaging Portugal, S.A.	Veterano M40	39:02	+08:23	03:54
16	437	Carlos Sequeira	Individual	Veterano M40	39:31	+08:51	03:57
17	137	Cláudio Costa	EV/PERALTAFIL	Veterano M40	40:00	+09:21	04:00
18	433	Paulo Jorge Oliveira	Individual	Veterano M40	40:56	+10:16	04:06
19	154	Roland Sousa	GDC Codal Vale de Cambra	Veterano M40	41:38	+10:58	04:10
20	425	Sergio Mota	Individual	Veterano M40	42:06	+11:26	04:13
21	56	Vitor Constantino de Pinho Pereira	Carregosa Lowlanders	Veterano M40	42:43	+12:03	04:16
22	153	Carlos Teixeira	GDC Codal Vale de Cambra	Veterano M40	42:59	+12:20	04:18
23	308	Pedro Cardoso	Individual	Veterano M40	43:12	+12:33	04:19
24	378	Pedro Pina	Oliveira's	Veterano M40	43:54	+13:14	04:23
25	65	José Oliveira	CDC Macieira de Cambra	Veterano M40	44:00	+13:21	04:24
26	144	Carlos Eduardo Costa da Cruz Martins	EVAMS	Veterano M40	44:09	+13:30	04:25
27	152	António Silva	GDC Codal Vale de Cambra	Veterano M40	45:32	+14:53	04:33
28	27	Rui Almeida	ACR Vale de Cambra	Veterano M40	45:59	+15:19	04:36
29	300	João Silva	Individual	Veterano M40	46:10	+15:30	04:37
30	6	CARLOS PINA	A.D.GRIJÓ A CORRER	Veterano M40	46:28	+15:48	04:39
31	295	bruno couto	Individual	Veterano M40	46:43	+16:03	04:40
32	302	Luis Filipe de Almeida Rodrigues	Individual	Veterano M40	46:56	+16:17	04:42
33	311	Ricardo Costa	Individual	Veterano M40	47:13	+16:33	04:43
34	303	Luís Silva	Individual	Veterano M40	48:35	+17:55	04:52
35	361	Luis matos	Luis matos seguros	Veterano M40	48:57	+18:18	04:54
36	292	André Castro	Individual	Veterano M40	49:11	+18:32	04:55
37	53	Ricardo Fortuna	AZTrail	Veterano M40	49:20	+18:41	04:56
38	120	Marco Gonçalves	Clube Desportivo Feirense	Veterano M40	49:58	+19:19	05:00
39	306	Nelson Santos Ramos da Silva	Individual	Veterano M40	50:57	+20:17	05:06
40	423	Carlos Cruz	Zequinhas Running Team	Veterano M40	51:15	+20:36	05:08
41	424	Marco Almeida	Zequinhas Running Team	Veterano M40	51:17	+20:37	05:08
42	305	Miguel Duarte	Individual	Veterano M40	51:19	+20:39	05:08
43	173	Hugo sousat	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	51:23	+20:43	05:08
44	296	Carlos Cunha	Individual	Veterano M40	51:48	+21:08	05:11
45	304	Marcelo Teixeira da mota	Individual	Veterano M40	52:23	+21:43	05:14
46	170	Amândio Silva	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	52:27	+21:47	05:15
47	298	Carlos Manuel Almeida Silva	Individual	Veterano M40	53:00	+22:20	05:18
48	171	Carlos Teixeira	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	53:57	+23:17	05:24
49	172	Hélder Martins	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	53:58	+23:18	05:24

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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

33	401	Álvaro Barbosa	Supermanos Ana & Álvaro	Veterano M45	51:45	+21:05	05:11
34	326	Nuno Sá	Individual	Veterano M45	53:58	+23:18	05:24
35	317	Filipe Alexandre Alves Loureiro	Individual	Veterano M45	55:33	+24:54	05:33
36	318	João Oliveira	Individual	Veterano M45	56:27	+25:47	05:39
37	334	Rui Silva	Individual	Veterano M45	58:39	+28:00	05:52
38	417	Frederico Capela	VICAIMA	Veterano M45	01:01:38	+30:58	06:10
39	327	Orlando Marques	Individual	Veterano M45	01:04:20	+33:40	06:26
40	472	Carlos Manuel Costa Almeida	Colep Packaging Portugal, S.A.	Veterano M45	01:04:27	+33:48	06:27
41	319	Jônatas santos	Individual	Veterano M45	01:05:18	+34:38	06:32

Veterano M50

1	29	Fernando Silva	ACR Vale de Cambra	Veterano M50	35:46	+05:06	03:35
2	47	António Nunes	ARADA ATLÉTICO CLUBE	Veterano M50	37:26	+06:47	03:45
3	166	LINO DA SILVA FERREIRA	Grupo Desportivo e Cultural de Guilhovai	Veterano M50	38:42	+08:02	03:52
4	133	Manuel Ferreira	EV/PERALTAFIL	Veterano M50	39:39	+09:00	03:58
5	40	José Godinho	AFIS/OVAR	Veterano M50	40:04	+09:24	04:00
6	156	José Correia	GDC Codal Vale de Cambra	Veterano M50	40:55	+10:15	04:06
7	10	Vitor Santos	ACAIL GAS	Veterano M50	41:09	+10:29	04:07
8	368	Francelino Resende	Nascidos para Correr - Associação Desportiva	Veterano M50	41:30	+10:50	04:09
9	67	Carlos Fernandes	CDC Macieira de Cambra	Veterano M50	42:22	+11:43	04:14
10	362	Paulo pereira	Luis matos seguros	Veterano M50	42:35	+11:55	04:16
11	473	Avelino Freitas	GD S. Paio de Oleiros	Veterano M50	44:04	+13:24	04:24
12	345	Luis Pedro Dias Couto Rodrigues	Individual	Veterano M50	44:34	+13:54	04:27
13	342	José neves	Individual	Veterano M50	44:52	+14:13	04:29
14	90	SILVIO CARVALHO	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M50	45:00	+14:20	04:30
15	336	Antonio Domingues	Individual	Veterano M50	45:04	+14:24	04:30
16	347	Paulo santos	Individual	Veterano M50	47:27	+16:47	04:45
17	337	António Jorge da Silva Martins	Individual	Veterano M50	47:53	+17:13	04:47
18	340	João Rodrigues	Individual	Veterano M50	48:13	+17:33	04:49
19	346	Milton Rodrigues Brandão	Individual	Veterano M50	48:21	+17:41	04:50
20	363	Paulo ramos	Luis matos seguros	Veterano M50	48:40	+18:01	04:52
21	339	Ivo Almeida	Individual	Veterano M50	48:46	+18:06	04:53
22	39	Américo Oliveira	AFIS/OVAR	Veterano M50	49:47	+19:07	04:59
23	88	HÉLDER AFONSO	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M50	50:18	+19:39	05:02
24	344	Luís Ferreira	Individual	Veterano M50	53:57	+23:17	05:24
25	85	CARLOS BRANDÃO	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M50	55:01	+24:22	05:30
26	380	Luís Miguel Oliveira	Oliveira's	Veterano M50	55:12	+24:32	05:31
27	89	JOSÉ ALMEIDA	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M50	55:16	+24:36	05:32
28	343	Jose rocha	Individual	Veterano M50	55:17	+24:37	05:32
29	86	CARLOS RODRIGUES	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M50	56:35	+25:55	05:40

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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

30	87	CARLOS SILVA	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M50	58:06	+27:26	05:49
31	338	Carlos Ferreira Pereira	Individual	Veterano M50	59:33	+28:53	05:57
32	419	Luis Monteiro	VICAIMA	Veterano M50	01:02:52	+32:12	06:17
33	420	Pedro Silva	VICAIMA	Veterano M50	01:03:04	+32:24	06:18
34	426	Ricardo Nascimento	Individual	Veterano M50	01:03:06	+32:26	06:19
35	84	ANTÓNIO MANUEL ALMEIDA	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M50	01:07:32	+36:53	06:45

Veterano M55

1	167	ANTÓNIO JOAQUIM SOARES FERNANDES	Grupo Desportivo e Cultural de Guilhovai	Veterano M55	34:05	+03:25	03:25
2	168	JOSÉ CARLOS RIBEIRO TAVARES	Grupo Desportivo e Cultural de Guilhovai	Veterano M55	36:31	+05:51	03:39
3	30	António Pinto	ACR Vale de Cambra	Veterano M55	36:41	+06:01	03:40
4	108	ROGERIO CAMPOS	Clube Atletismo de Ovar	Veterano M55	37:27	+06:47	03:45
5	113	Fernando Oliveira	Clube Campismo	Veterano M55	37:36	+06:57	03:46
6	360	Orlando Valente	Lourosa Em Movimento	Veterano M55	38:49	+08:09	03:53
7	41	José Figueiredo	AFIS/OVAR	Veterano M55	39:19	+08:39	03:56
8	68	Fernando Antunes	CDC Macieira de Cambra	Veterano M55	39:57	+09:17	04:00
9	107	JOÃO PAULO RODRIGUES	Clube Atletismo de Ovar	Veterano M55	40:30	+09:51	04:03
10	142	José Silva	EV/PERALTAFIL	Veterano M55	40:53	+10:13	04:05
11	106	António Leitão	Clube Atletismo de Ovar	Veterano M55	42:05	+11:26	04:13
12	349	Carlos Alberto Almeida Soares Maria	Individual	Veterano M55	44:20	+13:40	04:26
13	428	Paulo Martins	Individual	Veterano M55	46:02	+15:23	04:36
14	91	António Alberto Matos Gomes	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M55	47:07	+16:28	04:43
15	143	Leonel Silva	EV/PERALTAFIL	Veterano M55	47:21	+16:41	04:44
16	429	Fernando Rocha do Sacramento	ARLINDO SOARES DE PINHO, LDA	Veterano M55	47:25	+16:45	04:45
17	348	Antonio Silva	Individual	Veterano M55	47:36	+16:56	04:46
18	42	Paulo Almeida	AFIS/OVAR	Veterano M55	49:43	+19:04	04:58
19	352	Jorge Manuel Silva Rodrigues	Individual	Veterano M55	50:02	+19:22	05:00
20	158	Hélder MC Ramos	GDG - Grupo Desportivo da Gafanha	Veterano M55	51:02	+20:23	05:06
21	350	Filipe da Costa Soares	Individual	Veterano M55	51:08	+20:28	05:07
22	392	José Matos	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M55	51:10	+20:30	05:07
23	31	Celso Paiva	ACR Vale de Cambra	Veterano M55	51:10	+20:31	05:07
24	351	Joao Coutinho Rego	Individual	Veterano M55	52:02	+21:22	05:12
25	353	José Alberto B Brito	Individual	Veterano M55	52:49	+22:09	05:17
26	114	Paulo Valente	Clube Campismo	Veterano M55	56:07	+25:28	05:37
27	93	FERNANDO JORGE	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M55	56:19	+25:39	05:38
28	131	Luís Filipe Martins Soares	Eduart-Componentes de Calçado.	Veterano M55	57:37	+26:58	05:46
29	383	Jorge Henriques	Os briosos	Veterano M55	01:06:33	+35:54	06:39
30	92	Carlos Almeida	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M55	01:07:32	+36:53	06:45

Official Timekeeper: Lap2Go	10 / 11	generate 19-mai.-2024 11:01
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

31	354	José Antônio de Pinho Fernandes	Individual	Veterano M55	01:14:22	+43:42	07:26
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Veterano M60

1	116	Manuel Alves	Clube Campismo	Veterano M60	34:57	+04:18	03:30
2	396	Américo Valente	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterano M60	38:57	+08:17	03:54
3	149	Mário Carvalho	GD Vilarinho de Cima	Veterano M60	39:35	+08:55	03:58
4	399	PEDRO TERRA	SSTSJM Serviços Sociais do Pessoal do Município de S. João da Madeira	Veterano M60	39:55	+09:15	04:00
5	375	António Fernandes	Núcleo de Atletismo de Cucujães	Veterano M60	41:03	+10:24	04:06
6	157	Albano Braga	GDC Codal Vale de Cambra	Veterano M60	42:06	+11:26	04:13
7	69	Custódio Coutinho	CDC Paradela	Veterano M60	45:37	+14:58	04:34
8	94	ANTÓNIO JORGE OLIVEIRA	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M60	47:02	+16:22	04:42
9	357	jose manuel Silva	Individual	Veterano M60	48:11	+17:32	04:49
10	115	Dario Pereira	Clube Campismo	Veterano M60	48:51	+18:11	04:53
11	95	ARLINDO RODRIGUES	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M60	49:09	+18:29	04:55
12	96	JOAQUIM OLIVEIRA	CENTRO MUNICIPAL MARCHA E CORRIDA VALE DE CAMBRA	Veterano M60	51:53	+21:13	05:11
13	406	Porfírio Martins	TO NA PISTA	Veterano M60	52:56	+22:16	05:18
14	109	arlindo silva	Clube Atletismo de Ovar	Veterano M60	53:10	+22:31	05:19
15	385	Vítor Santos	Os briosos	Veterano M60	54:17	+23:38	05:26
16	32	Manuel Pinho	ACR Vale de Cambra	Veterano M60	54:27	+23:47	05:27
17	381	Antonio Jose Rocha Sacramento	Oliveira's	Veterano M60	55:13	+24:34	05:31
18	97	Alcides Sales	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	56:19	+25:39	05:38
19	355	Carlos Alberto Ferreira	Individual	Veterano M60	57:28	+26:48	05:45
20	101	António Branco	Clube Atletismo de Ovar	Veterano M60	57:29	+26:49	05:45
21	132	Eduardo Tavares Rebelo	Eduart-Componentes de Calçado.	Veterano M60	57:54	+27:14	05:47
22	358	Vitor Manuel Figueiredo Rodrigues	Individual	Veterano M60	01:01:37	+30:57	06:10
23	384	António Manuel Reis	Os briosos	Veterano M60	01:06:33	+35:53	06:39
24	356	João Luís Frade Cajeira	Individual	Veterano M60	01:12:40	+42:00	07:16