

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	19:00	27°C	55%
End	20:35	27°C	55%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	456	Francisco Daniel Veloso Rodrigues	sporting clube de braga	Senior Masculino	29:50		02:59
2	454	Bernardo Rocha	sport comércio e salgueiros	Senior Masculino	30:07	+00:16	03:01
3	493	Fabio Oliveira	individual	Senior Masculino	30:13	+00:22	03:01
4	218	Geofrey kipchirchir	individual	Senior Masculino	30:48	+00:57	03:05
5	123	Ricardo Jorge Henriques Pereira	ev/peraltafil	Senior Masculino	30:53	+01:03	03:05
6	455	Miguel Ribeiro	sport comércio e salgueiros	Veterano M35	31:39	+01:48	03:10
7	422	FRANCISCO MELICIAS	recreio desportivo de águeda	Senior Masculino	31:41	+01:50	03:10
8	275	Bruno Paixão	individual	Veterano M35	32:12	+02:21	03:13
9	232	João Trigueiros	individual	Senior Masculino	32:21	+02:30	03:14
10	66	Valter Costa	clube atletismo de marinha grande	Senior Masculino	32:23	+02:32	03:14
11	173	António José Castro	grupo desportivo e cultural de guilhovai	Veterano M40	33:05	+03:14	03:19
12	60	Diogo Baena	cd são salvador do campo	Veterano M40	33:07	+03:16	03:19
13	44	João Pereira	c. d. são salvador do campo	Veterano M45	33:13	+03:23	03:19
14	114	Ricardo Carreira	edv- viana trail	Veterano M40	33:19	+03:28	03:20
15	127	Joaquim Figueiredo	figueiredos and fend	Veterano M55	33:38	+03:48	03:22
16	498	André Antunes	individual	Senior Masculino	33:47	+03:56	03:23
17	175	Rui Alves	grupo desportivo são paio oleiros	Senior Masculino	33:54	+04:03	03:23
18	204	Carlos Filipe Leite Costa	individual	Senior Masculino	34:03	+04:12	03:24
19	135	Pedro Venâncio	ga caranguejeira	Senior Masculino	34:08	+04:17	03:25
20	150	Vitor Dinis	gdrç unidos	Veterano M50	34:10	+04:19	03:25
21	177	Manuel Belinha	grupo desportivo são paio oleiros	Veterano M45	34:21	+04:30	03:26
22	256	solange jesús	individual	Veterana F35	34:30	+04:40	03:27
23	65	Emanuel Cardoso	clube atletismo de marinha grande	Senior Masculino	34:35	+04:44	03:28
24	79	Tiago Marques	clube campismo são João madeira	Veterano M40	34:43	+04:52	03:28
25	101	Sérgio Junqueira	cpr a-do-barbas	Veterano M45	34:54	+05:03	03:29
26	268	Rafaela Fonseca	individual	Veterana F40	34:56	+05:05	03:30
27	80	Paulo Pereira	clube de atletismo da Nazaré	Senior Masculino	34:58	+05:07	03:30
28	425	SUSANA CUNHA	recreio desportivo de águeda	Veterana F35	35:01	+05:10	03:30
29	68	SERGIO PAIVA	clube atletismo de ovar	Veterano M35	35:10	+05:20	03:31
30	426	CARLA MARTINHO	recreio desportivo de águeda	Veterana F40	35:17	+05:27	03:32
31	378	HUGO DUARTE	industrial desportivo vieirense	Veterano M40	35:20	+05:29	03:32
32	137	Claudio Loureiro	ga caranguejeira	Veterano M35	35:22	+05:31	03:32
33	438	Daniel Antunes	sicótrilhos	Senior Masculino	35:25	+05:34	03:33
34	293	Ricardo Gomes	individual	Veterano M35	35:27	+05:36	03:33
35	67	CELSE LEITE	clube atletismo de ovar	Senior Masculino	35:36	+05:46	03:34
36	428	Sara Duarte	scbraga	Senior Feminino	35:37	+05:47	03:34
37	420	Joana dos Santos Ferreira	recreio desportivo de águeda	Senior Feminino	35:52	+06:01	03:35
38	421	Alexandre Venâncio	recreio desportivo de águeda	Senior Masculino	35:53	+06:02	03:35
39	172	Fernando Matos	grupo de convívio e amizade nas donas	Veterano M55	35:58	+06:07	03:36
40	55	Carlos Nunes	casa do povo de mangualde	Veterano M40	36:03	+06:13	03:36

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	45	Gil Ferreira	c. d. são salvador do campo	Veterano M50	36:05	+06:14	03:37
42	139	Nuno Casalinho	ga caranguejeira	Veterano M40	36:29	+06:39	03:39
43	118	Vitor Gonçalves	escola de atletismo de coimbra/jpaiva	Veterano M45	36:36	+06:45	03:40
44	277	Dinis Santos	individual	Veterano M35	36:37	+06:46	03:40
45	377	MICKAEL PIRES	industrial desportivo vieirense	Veterano M35	36:39	+06:48	03:40
46	374	ALÉXIS ROCHA	industrial desportivo vieirense	Senior Masculino	36:39	+06:49	03:40
47	332	João Paulo Magro	individual	Veterano M45	36:41	+06:50	03:40
48	176	André Almeida	grupo desportivo são paio oleiros	Veterano M35	36:52	+07:01	03:41
49	182	Orlando Neves	grupo desportivo são paio oleiros	Veterano M50	36:56	+07:05	03:42
50	253	Emilia Kumós Piseiro	individual	Veterana F35	37:14	+07:23	03:43
51	82	Dmytro Semenyuk	clube de atletismo de óbidos	Senior Masculino	37:19	+07:28	03:44
52	99	Pedro Silva	cpr a-do-barbas	Senior Masculino	37:24	+07:33	03:44
53	170	Hugo Horta	grupo alegre unido bajouca	Veterano M40	37:35	+07:44	03:46
54	299	António Oliveira	individual	Veterano M40	37:42	+07:52	03:46
55	396	Paulo Pontes	leiria marcha atlética	Veterano M50	37:53	+08:02	03:47
56	57	Miguel Gonçalves	ccd crédito agrícola	Veterano M45	37:59	+08:08	03:48
57	11	RICARDO GONÇALVES	ac vermoil	Veterano M40	38:00	+08:10	03:48
58	113	Vitor Manuel Jorge Oliveira	dci/trilhos luso bussaco	Veterano M55	38:04	+08:13	03:48
59	15	PEDRO FERREIRA	ac vermoil	Veterano M50	38:05	+08:15	03:49
60	70	JOÃO SILVA	clube atletismo de ovar	Veterano M40	38:20	+08:29	03:50
61	84	Mário Silva	clube de atletismo hm training group de sangalhos	Veterano M60	38:24	+08:34	03:50
62	136	Tiago Silva	ga caranguejeira	Senior Masculino	38:32	+08:41	03:51
63	280	Duarte Nuno De Jesus Mendes	individual	Veterano M35	38:32	+08:42	03:51
64	297	Tiago Fernandes	individual	Veterano M35	38:33	+08:43	03:51
65	387	JÚLIO HENRIQUES	industrial desportivo vieirense	Veterano M60	38:44	+08:53	03:52
66	381	JORGE MARCELINO	industrial desportivo vieirense	Veterano M50	38:51	+09:00	03:53
67	73	MRCO MENDES	clube atletismo de ovar	Veterano M45	38:52	+09:01	03:53
68	72	CARLOS SEQUEIRA	clube atletismo de ovar	Veterano M45	38:54	+09:04	03:53
69	74	ARMANDO CORREIA	clube atletismo de ovar	Veterano M50	38:58	+09:07	03:54
70	43	Tiago Alves	bttralhos bike team	Senior Masculino	38:59	+09:08	03:54
71	116	Filipe Centeno	escola atletismo cartaxo	Veterano M45	39:02	+09:11	03:54
72	486	Cláudio Nobrega	vilaventura trail	Veterano M35	39:05	+09:14	03:55
73	399	Luís Narciso	o mundo da corrida	Veterano M35	39:09	+09:18	03:55
74	152	José Raimundo	gdrc unidos	Veterano M60	39:10	+09:20	03:55
75	63	Mafalda Oliveira	clube atlético de macedo de cavaleiros	Senior Feminino	39:12	+09:22	03:55
76	77	PEDRO SILVA	clube atletismo de ovar	Veterano M50	39:16	+09:25	03:56
77	233	Jordan Silva	individual	Senior Masculino	39:16	+09:25	03:56
78	392	Nuno Neves	lama solta	Senior Masculino	39:17	+09:26	03:56
79	7	Leonardo Jerónimo	a.r. casaense/escola de atletismo de coimbra	Senior Masculino	39:21	+09:30	03:56
80	382	LEONEL SOUSA	industrial desportivo vieirense	Veterano M50	39:28	+09:38	03:57
81	138	Luia Campino	ga caranguejeira	Veterano M35	39:34	+09:43	03:57
82	395	Joana Pontes	leiria marcha atlética	Senior Feminino	39:39	+09:48	03:58
83	474	José Gregório Gonçalves Oliveira	trail da amizade runners	Veterano M40	39:39	+09:49	03:58
84	12	JOSÉ MENDES	ac vermoil	Veterano M45	39:42	+09:51	03:58

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	379	JOAQUIM DUARTE	industrial desportivo vieirense	Veterano M40	39:48	+09:58	03:59
86	328	Filipe Brillhante	individual	Veterano M45	39:50	+09:59	03:59
87	179	Armando bastos	grupo desportivo são paio oleiros	Veterano M50	39:52	+10:02	03:59
88	59	Pedro Costa	ccd crédito agrícola	Veterano M55	39:54	+10:03	03:59
89	38	Nilton Silva	barras e bolinhos	Veterano M45	39:55	+10:05	04:00
90	372	ADRIANA COELHO	industrial desportivo vieirense	Senior Feminino	40:01	+10:11	04:00
91	475	Pedro Manuel Lopes Quelhas	trail da amizade runners	Veterano M45	40:02	+10:11	04:00
92	431	Américo Valente	serviços sociais culturais dos trabalhadores do município de ovar	Veterano M60	40:08	+10:17	04:01
93	125	Mafalda Martinho	federação da família para a paz mundial e unificação	Veterana F35	40:13	+10:22	04:01
94	126	Pedro Pereira	federação da família para a paz mundial e unificação	Veterano M40	40:13	+10:22	04:01
95	151	João Maria Benvindo Gomes	gdrç unidos	Veterano M60	40:17	+10:26	04:02
96	427	Carlos Silva	runcrosstrail	Veterano M35	40:34	+10:43	04:03
97	88	Sara Pedrosa	clube desportivo de espite	Senior Feminino	40:49	+10:58	04:05
98	284	Joao Gomes	individual	Veterano M35	40:50	+11:00	04:05
99	141	Luis Guarda	ga caranguejeira	Veterano M55	40:54	+11:04	04:05
100	36	Sandra Protásio	associação académica de coimbra	Veterana F35	40:56	+11:05	04:06
101	165	André Crespo	grupo alegre unido bajouca	Senior Masculino	40:57	+11:06	04:06
102	484	Rúben Vieira	vilaventura trail	Senior Masculino	41:03	+11:13	04:06
103	78	MARIO VAZ	clube atletismo de ovar	Veterano M60	41:04	+11:13	04:06
104	52	Jorge Delgado	casa do povo de lavos	Veterano M40	41:15	+11:24	04:08
105	145	AQUILINO DIAS FERREIRA	gaspar & costa	Veterano M60	41:17	+11:26	04:08
106	453	Antonio silva	sport club ferreira do zêzere trail runners	Veterano M55	41:20	+11:29	04:08
107	169	Ricardo Nunes	grupo alegre unido bajouca	Senior Masculino	41:24	+11:34	04:08
108	307	Jorge Moreira	individual	Veterano M40	41:25	+11:34	04:09
109	71	MARCO SILVA	clube atletismo de ovar	Veterano M40	41:29	+11:39	04:09
110	167	Leonardo Bento	grupo alegre unido bajouca	Senior Masculino	41:30	+11:40	04:09
111	225	João Carlos Gonçalves das Neves	individual	Senior Masculino	41:38	+11:48	04:10
112	349	Joel Silva	individual	Veterano M50	41:39	+11:49	04:10
113	385	CARLOS SIMÕES	industrial desportivo vieirense	Veterano M55	41:44	+11:53	04:10
114	162	Daniela Cordeiro	grupo alegre unido bajouca	Senior Feminino	41:52	+12:01	04:11
115	337	Paulo Vieira	individual	Veterano M45	41:53	+12:02	04:11
116	76	JOSÉ PINTO	clube atletismo de ovar	Veterano M50	41:54	+12:03	04:11
117	115	Gonçalo Rodrigues Dias	escola atletismo cartaxo	Veterano M40	41:55	+12:04	04:12
118	171	Ricardo Carreira	grupo alegre unido bajouca	Veterano M40	42:00	+12:10	04:12
119	384	ARTUR LOPES	industrial desportivo vieirense	Veterano M55	42:02	+12:11	04:12
120	303	Edgar Jorge Isidoro Lopes	individual	Veterano M40	42:39	+12:48	04:16
121	13	JOAQUIM QUITÉRIO	ac vermoil	Veterano M50	42:39	+12:49	04:16
122	130	Guilherme Gaspar	fittraining academy	Senior Masculino	42:41	+12:50	04:16
123	64	Catarina Ferreira	clube atletismo de marinha grande	Senior Feminino	42:44	+12:53	04:16
124	32	João Santana	adr mata	Veterano M35	42:44	+12:53	04:16
125	383	ANTÓNIO FERREIRA	industrial desportivo vieirense	Veterano M55	42:44	+12:53	04:16
126	9	DEONILDE COSTA	ac vermoil	Veterana F40	42:50	+12:59	04:17
127	102	Paulo Monteiro	cpr a-do-barbas	Veterano M55	42:50	+12:59	04:17
128	61	Vitor Silva	cerveira team running	Veterano M50	42:51	+13:00	04:17

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
174	250	Wilson Filipe Nunes Rodrigues	individual	Senior Masculino	46:03	+16:12	04:36
175	239	Miguel Barros	individual	Senior Masculino	46:09	+16:18	04:37
176	231	João Silva	individual	Senior Masculino	46:10	+16:20	04:37
177	487	Vitor Monteiro	vilaventura trail	Veterano M55	46:15	+16:24	04:38
178	247	Tomás Fernandes Cadete	individual	Senior Masculino	46:20	+16:30	04:38
179	39	Pedro Pereira	barras e bolinhos	Veterano M45	46:22	+16:31	04:38
180	343	Emídio alves	individual	Veterano M50	46:24	+16:33	04:38
181	346	Gil Carvalho	individual	Veterano M50	46:29	+16:38	04:39
182	16	VITOR LOPES	ac vermoil	Veterano M55	46:31	+16:40	04:39
183	298	André Filipe Castanheira Pinto	individual	Veterano M40	46:33	+16:42	04:39
184	140	Diamantino Lopes	ga caranguejeira	Veterano M55	46:36	+16:46	04:40
185	148	Tomé Gouveia	gdrcc unidos	Veterano M35	46:44	+16:53	04:40
186	62	Carlos Gaspar	chicharo run team a.alvaiázere	Veterano M55	46:45	+16:55	04:41
187	25	Amílcar Costa	acrm silveirinha grande claras	Veterano M50	46:49	+16:58	04:41
188	463	Jose Fonseca	thomar athletics	Veterano M55	46:51	+17:00	04:41
189	393	Filipe Carraco Cerejo	lama solta	Veterano M40	46:58	+17:07	04:42
190	208	Diogo Botas	individual	Senior Masculino	47:06	+17:15	04:43
191	217	Gabriel Lemos	individual	Senior Masculino	47:09	+17:18	04:43
192	432	Alexandre Paz	sibila 10	Senior Masculino	47:11	+17:20	04:43
193	317	Ricardo Batista da Silva	individual	Veterano M40	47:13	+17:23	04:43
194	340	Rodolfo Orfão	individual	Veterano M45	47:14	+17:23	04:43
195	122	Hugo Gaio	esforçados	Veterano M35	47:14	+17:23	04:43
196	461	Vera Gomes	the first team	Veterana F40	47:16	+17:25	04:44
197	107	PEDRO ROQUE	cpt sobral ceira	Veterano M55	47:16	+17:26	04:44
198	132	MANUEL GOMES	flechinhas	Veterano M55	47:17	+17:26	04:44
199	497	João Pires	individual	Senior Masculino	47:17	+17:26	04:44
200	226	João Domingues	individual	Senior Masculino	47:23	+17:32	04:44
201	288	NELSON SEABRA	individual	Veterano M35	47:28	+17:37	04:45
202	402	Rodolfo Silva	os bagaços	Senior Masculino	47:34	+17:44	04:45
203	468	Dale Mark Desautel	todos os sábados	Veterano M60	47:35	+17:45	04:46
204	24	Joel Santos	acrm silveirinha grande claras	Veterano M35	47:39	+17:49	04:46
205	436	Sara da Silva Gonçalves	sicótrilhos	Senior Feminino	47:43	+17:53	04:46
206	501	Leon Cariot	individual	Senior Masculino	47:44	+17:54	04:46
207	8	José Alberto Pereira Monteiro	aac	Veterano M60	47:46	+17:56	04:47
208	306	Hugo Dias	individual	Veterano M40	47:48	+17:57	04:47
209	472	Nuno Filipe João Martins	trail da amizade runners	Senior Masculino	47:49	+17:58	04:47
210	296	Tiago Correia	individual	Veterano M35	47:50	+17:59	04:47
211	147	Rafael Varela	gdrcc unidos	Senior Masculino	47:59	+18:09	04:48
212	480	Bernardo Monteiro	vilaventura trail	Senior Masculino	48:00	+18:10	04:48
213	6	PAULA OLIVEIRA	a.d.grijó a correr	Veterana F40	48:02	+18:12	04:48
214	48	Aníbal Godinho	caracol trail team	Veterano M60	48:04	+18:13	04:48
215	183	Valdemar Alves	grupo desportivo são paio oleiros	Veterano M60	48:04	+18:13	04:48
216	331	João Filipe Venâncio Leitão	individual	Veterano M45	48:11	+18:20	04:49
217	260	Catarina Alexandra Carvalho dos Santos	individual	Veterana F40	48:16	+18:26	04:50
218	241	Paulo Marques	individual	Senior Masculino	48:17	+18:26	04:50

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	146	Milton Duarte	gdrco unidos	Senior Masculino	48:17	+18:27	04:50
220	304	gransart alexis	individual	Veterano M40	48:25	+18:34	04:51
221	216	Gabriel Faísca	individual	Senior Masculino	48:26	+18:35	04:51
222	252	Andreia Sofia Freitas Pires	individual	Veterana F35	48:28	+18:38	04:51
223	242	Pedro Portela	individual	Senior Masculino	48:30	+18:39	04:51
224	373	Pedro Coimbra	industrial desportivo vieirense	Veterano M50	48:35	+18:44	04:52
225	294	Ricardo Oliveira	individual	Veterano M35	48:41	+18:51	04:52
226	221	Guilherme Oliveira	individual	Senior Masculino	48:51	+19:00	04:53
227	249	Tomé Pereira	individual	Senior Masculino	48:51	+19:01	04:53
228	104	António Ferreira	cpr a-do-barbas	Veterano M60	48:55	+19:04	04:54
229	344	Fernando Neves	individual	Veterano M50	49:03	+19:13	04:54
230	494	Dilan Silva	individual	Senior Masculino	49:11	+19:20	04:55
231	311	Micael Ferreira	individual	Veterano M40	49:11	+19:21	04:55
232	473	Paulino oliveira	trail da amizade runners	Veterano M35	49:17	+19:26	04:56
233	476	Alfredo Valente	trail da amizade runners	Veterano M60	49:17	+19:27	04:56
234	212	Fábio Miranda	individual	Senior Masculino	49:18	+19:27	04:56
235	206	Clément Dineres Barreiro	individual	Senior Masculino	49:19	+19:28	04:56
236	93	Mario Duarte	clube desportivo moitense	Veterano M60	49:24	+19:34	04:56
237	285	José Freitas	individual	Veterano M35	49:37	+19:46	04:58
238	360	Paulo Oliveira	individual	Veterano M55	49:38	+19:48	04:58
239	259	Carla Neves	individual	Veterana F40	49:41	+19:51	04:58
240	282	Eduardo Domingos	individual	Veterano M35	49:45	+19:55	04:59
241	368	Paulo Fonseca	individual	Veterano M60	49:57	+20:06	05:00
242	478	Miguel Bernardo	twopikas	Veterano M50	49:59	+20:08	05:00
243	164	Stefany Oliveira	grupo alegre unido bajouca	Senior Feminino	50:03	+20:12	05:00
244	153	Emily Neves	ginásio fitness factory	Senior Feminino	50:05	+20:15	05:01
245	319	Rodrigo Santos	individual	Veterano M40	50:10	+20:19	05:01
246	203	Bruno Simões	individual	Senior Masculino	50:13	+20:23	05:01
247	263	Cláudia Moreira	individual	Veterana F40	50:18	+20:27	05:02
248	192	Patrícia Ramos Cravo	individual	Senior Feminino	50:19	+20:28	05:02
249	347	Henrique Lavaredas	individual	Veterano M50	50:21	+20:30	05:02
250	305	Henrique Faria	individual	Veterano M40	50:29	+20:39	05:03
251	366	Jose freitas silva	individual	Veterano M60	50:35	+20:45	05:04
252	325	Carlos Araújo	individual	Veterano M45	50:36	+20:45	05:04
253	119	Rodrigo Pereira	esforçados	Senior Masculino	50:37	+20:46	05:04
254	120	Tiago Santos	esforçados	Senior Masculino	50:38	+20:48	05:04
255	23	Monica Jordão	acrm silveirinha grande claras	Veterana F40	50:49	+20:58	05:05
256	207	Cristiano Silva	individual	Senior Masculino	51:02	+21:12	05:06
257	364	Jorge Justo	individual	Veterano M60	51:09	+21:19	05:07
258	483	Marco Antônio Silva Pedrosa	vilaventura trail	Senior Masculino	51:10	+21:19	05:07
259	219	Gilmar florindo vieira filho	individual	Senior Masculino	51:12	+21:21	05:07
260	202	Bruno Neves	individual	Senior Masculino	51:18	+21:28	05:08
261	477	Patrícia Gomes	trilho do castelejo	Senior Feminino	51:20	+21:29	05:08
262	128	André Moura Alves	fitraining academy	Senior Masculino	51:24	+21:34	05:08
263	264	Cristina Barros	individual	Veterana F40	51:28	+21:37	05:09

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
264	205	César Augusto Ferreira Oliveira	individual	Senior Masculino	51:31	+21:40	05:09
265	87	Narciso Arromba	clube de veteranos de coimbra - cluve	Veterano M60	51:33	+21:43	05:09
266	411	Leonel Mendes FRANCISCO	pythagoras games	Veterano M45	51:39	+21:48	05:10
267	236	Lucas Pedrosa	individual	Senior Masculino	51:40	+21:49	05:10
268	287	Luis Domingues	individual	Veterano M35	51:46	+21:55	05:11
269	272	André Emanuel Mendes Lopes	individual	Veterano M35	51:46	+21:55	05:11
270	210	Énio Jesus Carrasqueira	individual	Senior Masculino	51:47	+21:57	05:11
271	92	Leonel Rodrigues	clube desportivo moitense	Veterano M60	51:50	+21:59	05:11
272	318	Ricardo Pessa de Oliveira	individual	Veterano M40	51:52	+22:01	05:11
273	47	Rui Gaspar	ca barreira	Veterano M55	51:54	+22:03	05:11
274	157	Fernando da Ressurreição	ginásio fitness factory	Veterano M35	51:57	+22:07	05:12
275	181	Jorge silva	grupo desportivo são paio oleiros	Veterano M50	51:59	+22:08	05:12
276	274	Braulio Vieira	individual	Veterano M35	52:05	+22:14	05:13
277	295	Tiago Andrade	individual	Veterano M35	52:08	+22:18	05:13
278	156	Sabine Ferreira	ginásio fitness factory	Veterana F40	52:11	+22:20	05:13
279	90	Alberto Vinagre	clube desportivo moitense	Veterano M60	52:15	+22:24	05:14
280	410	David Miguel dos Santos Mendes	pythagoras games	Veterano M40	52:15	+22:24	05:14
281	194	Sara Reis	individual	Senior Feminino	52:21	+22:31	05:14
282	199	André Carvalho	individual	Senior Masculino	52:22	+22:32	05:14
283	166	João Paulo Gonçalves Pedrosa	grupo alegre unido bajouca	Senior Masculino	52:24	+22:33	05:14
284	312	MIKHAIL BYKOV	individual	Veterano M40	52:25	+22:34	05:15
285	97	Alexandre Reis Marques	comandos pombal	Veterano M35	52:28	+22:37	05:15
286	98	João Costa	comandos pombal	Veterano M35	52:28	+22:37	05:15
287	339	Pedro Ribeiro	individual	Veterano M45	52:32	+22:41	05:15
288	448	Diogo Cardoso	speedcity móveis&companhia	Senior Masculino	52:32	+22:41	05:15
289	350	Luis Manuel Barosa Costa Moreira	individual	Veterano M50	52:32	+22:42	05:15
290	342	Carlos Alberto Oliveira	individual	Veterano M50	52:33	+22:42	05:15
291	376	SÓNIA FARTO	industrial desportivo vieirense	Veterana F40	52:37	+22:46	05:16
292	327	Fernando José Fernandes Ferreira	individual	Veterano M45	52:37	+22:47	05:16
293	154	Nuno Filipe Agostinho Carrasqueira	ginásio fitness factory	Senior Masculino	52:57	+23:06	05:18
294	333	Joel Martins	individual	Veterano M45	52:57	+23:07	05:18
295	213	Filipe Portela	individual	Senior Masculino	53:12	+23:22	05:19
296	415	Daniel Gonçalves	rápidos & furiosos	Veterano M40	53:12	+23:22	05:19
297	19	EUGENIO MENDES	ac vermoil	Veterano M60	53:16	+23:25	05:20
298	40	André Dinis	beercrew	Senior Masculino	53:22	+23:32	05:20
299	211	Evgenii Klimov	individual	Senior Masculino	53:52	+24:01	05:23
300	83	Helena Mourão	clube de atletismo hm training group de sangalhos	Veterana F40	53:54	+24:03	05:23
301	163	Raquel Sabino	grupo alegre unido bajouca	Senior Feminino	53:57	+24:07	05:24
302	245	Rodrigo Silva	individual	Senior Masculino	54:00	+24:09	05:24
303	502	Laurent Cariat	individual	Veterano M50	54:08	+24:17	05:25
304	371	Vitor Manuel Borges Fontes	individual	Veterano M60	54:14	+24:23	05:25

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
305	222	Hugo Rodrigues	individual	Senior Masculino	54:15	+24:24	05:26
306	457	Manuela Silva	talentos objetivos	Veterana F35	54:22	+24:31	05:26
307	419	António Manuel Ferreira Mendes	ratatui team	Veterano M40	54:25	+24:35	05:27
308	424	LÚCIA CÂNDIDO	recreio desportivo de águeda	Veterana F35	54:27	+24:36	05:27
309	28	João Sintra	acrm silveirinha grande claras	Veterano M60	54:29	+24:38	05:27
310	324	Arnaldo de Jesus Filipe	individual	Veterano M45	54:30	+24:39	05:27
311	354	Rui Gomes	individual	Veterano M50	54:32	+24:41	05:27
312	56	André Lopes	ccd crédito agrícola	Veterano M40	54:32	+24:41	05:27
313	121	André Gaiola	esforçados	Veterano M35	54:33	+24:42	05:27
314	357	Filipe Cruz	individual	Veterano M55	54:35	+24:45	05:28
315	367	Manuel Goncalves dos Santos	individual	Veterano M60	54:36	+24:45	05:28
316	228	João Marcos Domingues Esteves	individual	Senior Masculino	54:39	+24:48	05:28
317	495	César Alves	individual	Veterano M35	54:39	+24:48	05:28
318	409	Isabel Cordeiro	pulse	Veterana F40	54:44	+24:54	05:28
319	341	To Miranda	individual	Veterano M45	54:54	+25:03	05:29
320	214	Flávio Silva	individual	Senior Masculino	55:03	+25:13	05:30
321	108	António João Duarte Santana	csrcfcharneca	Veterano M40	55:05	+25:15	05:31
322	414	Nicolas Ferreira	ranha de baixo	Veterano M40	55:09	+25:18	05:31
323	375	HELENA HENRIQUES	industrial desportivo vieirense	Veterana F40	55:16	+25:26	05:32
324	223	João Antunes	individual	Senior Masculino	55:17	+25:26	05:32
325	240	Nuno Costa	individual	Senior Masculino	55:19	+25:29	05:32
326	230	joao Pacheco joao pacheco pacheco	individual	Senior Masculino	55:21	+25:31	05:32
327	440	Eduardo Mendes	sicótrilhos	Veterano M45	55:23	+25:32	05:32
328	196	Sílvia Silva	individual	Senior Feminino	55:27	+25:36	05:33
329	406	Tony Santos	os bagaços	Veterano M40	55:38	+25:47	05:34
330	316	Paulo Silva	individual	Veterano M40	55:41	+25:51	05:34
331	313	Nelson Inácio Silva	individual	Veterano M40	55:41	+25:51	05:34
332	458	Cristina Teixeira	talentos objetivos	Veterana F40	55:43	+25:52	05:34
333	351	Paulo Pina	individual	Veterano M50	55:46	+25:55	05:35
334	330	Humberto Domingues	individual	Veterano M45	55:50	+25:59	05:35
335	446	Vera Sousa Santos	speedcity móveis&companhia	Senior Feminino	55:57	+26:06	05:36
336	42	José Domingues	beercrew	Senior Masculino	55:57	+26:06	05:36
337	144	CARLOS MANUEL JORGE GASPAR	gaspar & costa	Veterano M50	56:04	+26:14	05:36
338	131	Samuel Costa	fittraining academy	Veterano M45	56:11	+26:21	05:37
339	269	Rita Mendes	individual	Veterana F40	56:15	+26:24	05:38
340	435	Inês Freitas	sicótrilhos	Senior Feminino	56:17	+26:26	05:38
341	417	Nuno Salvador	rápidos & furiosos	Veterano M45	56:20	+26:29	05:38
342	416	Gonçalo Lopes	rápidos & furiosos	Veterano M40	56:20	+26:29	05:38
343	185	Amanda Frazão dos Santos	individual	Senior Feminino	56:22	+26:31	05:38
344	400	João Carlos Dias de Carvalho	olympics4all município de viana do castelo	Veterano M60	56:27	+26:36	05:39
345	190	Mónica Gomes	individual	Senior Feminino	56:28	+26:38	05:39
346	362	FERNANDO MARQUES	individual	Veterano M60	56:40	+26:49	05:40
347	193	Sandra Isabel Santos Nunes	individual	Senior Feminino	56:43	+26:53	05:40

PROVA PRINCIPAL - STAGE 1
10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
348	220	Gualter Gaspar	individual	Senior Masculino	56:48	+26:58	05:41
349	471	marcelo moço	trail da amizade runners	Senior Masculino	56:58	+27:07	05:42
350	310	Marco Baptista	individual	Veterano M40	56:58	+27:07	05:42
351	143	DIOGO ALEXANDRE LOPES DA SILVA	gaspar & costa	Senior Masculino	57:00	+27:10	05:42
352	184	Luís Pato	grupo recreativo eirense - academia de atletismo	Veterano M45	57:03	+27:12	05:42
353	291	Pedro Seabra	individual	Veterano M35	57:09	+27:18	05:43
354	336	Nuno Cruz	individual	Veterano M45	57:15	+27:25	05:44
355	159	Mariana Gomes	ginásio pulse	Senior Feminino	57:18	+27:28	05:44
356	503	Bruno Lima	individual	Veterano M35	57:20	+27:29	05:44
357	467	Chris Davison	todos os sábados	Veterano M60	57:24	+27:33	05:44
358	195	Sara Rodrigues	individual	Senior Feminino	57:29	+27:38	05:45
359	278	Diogo Mendes	individual	Veterano M35	57:50	+28:00	05:47
360	470	Gonçalo Duarte moço	trail da amizade runners	Senior Masculino	57:58	+28:07	05:48
361	237	Marco Santos	individual	Senior Masculino	58:06	+28:16	05:49
362	464	Susan Catarine Schwanz	todos os sábados	Senior Feminino	58:07	+28:16	05:49
363	465	Jean Carlos Kruger	todos os sábados	Senior Masculino	58:07	+28:16	05:49
364	309	Márcio Martins	individual	Veterano M40	58:20	+28:29	05:50
365	58	Filipe Simões	ccd crédito agrícola	Veterano M50	58:24	+28:33	05:50
366	91	Diamantino Cruz	clube desportivo moitense	Veterano M60	58:31	+28:41	05:51
367	31	Fernando Passadouro	adr mata	Veterano M35	58:40	+28:49	05:52
368	326	Daniel Fragoso	individual	Veterano M45	58:53	+29:03	05:53
369	329	Francisco Sousa	individual	Veterano M45	59:01	+29:10	05:54
370	390	Ratinho Ratinho	javalinos	Senior Feminino	59:35	+29:45	05:58
371	389	Catarina Lopes	javalinos	Senior Feminino	59:46	+29:56	05:59
372	30	Manuel Fernandes	acrm silveirinha grande claras	Veterano M60	59:53	+30:02	05:59
373	315	Patricio Alves	individual	Veterano M40	59:56	+30:05	06:00
374	41	Filipe Raposo	beercrew	Senior Masculino	01:00:01	+30:11	06:00
375	20	LEANDRO SANTOS	ac vermoil	Veterano M60	01:00:11	+30:21	06:01
376	229	João Martins	individual	Senior Masculino	01:00:19	+30:28	06:02
377	404	Ariana Martins	os bagaços	Veterana F40	01:00:19	+30:28	06:02
378	308	Luis Gonçalves	individual	Veterano M40	01:00:38	+30:47	06:04
379	479	Barbara Monteiro	vilaventura trail	Senior Feminino	01:00:50	+31:00	06:05
380	451	Nuno Parreira	speedcity móveis&companhia	Senior Masculino	01:01:03	+31:12	06:06
381	96	Carlos Sebastião	clube recreativo chãs	Veterano M50	01:01:12	+31:22	06:07
382	94	André Gaspar	clube recreativo chãs	Veterano M35	01:01:13	+31:22	06:07
383	418	André Filipe Marques Gomes	ratatui team	Veterano M40	01:01:29	+31:38	06:09
384	398	Filipe Ferreira	lourival bike team	Veterano M45	01:01:50	+31:59	06:11
385	270	Sandrina Das Neves	individual	Veterana F40	01:01:51	+32:00	06:11
386	482	João Carlos Santos Nogueira	vilaventura trail	Senior Masculino	01:01:59	+32:08	06:12
387	267	Natália Gomes	individual	Veterana F40	01:02:00	+32:09	06:12
388	355	Agostinho Barros	individual	Veterano M55	01:02:08	+32:17	06:13
389	283	Fabio Dias	individual	Veterano M35	01:02:24	+32:33	06:14
390	215	Francisco Santana	individual	Senior Masculino	01:02:27	+32:37	06:15
391	29	Lucidio Dias	acrm silveirinha grande claras	Veterano M60	01:02:27	+32:37	06:15
392	21	Sandra Ponte	academia de desportos de condeixa	Veterana F40	01:02:32	+32:41	06:15

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
393	254	Joana Mendes	individual	Veterana F35	01:02:55	+33:04	06:18
394	27	João Graça	acrm silveirinha grande claras	Veterano M60	01:02:59	+33:08	06:18
395	224	João Bento	individual	Senior Masculino	01:03:10	+33:19	06:19
396	345	Filipe Silva	individual	Veterano M50	01:03:16	+33:25	06:20
397	434	Cláudia Mota	sibila 10	Veterana F40	01:03:27	+33:36	06:21
398	100	Regina Ferreira	cpr a-do-barbas	Veterana F40	01:03:42	+33:51	06:22
399	34	Inês Isusi	arcd venda da luísa	Senior Feminino	01:04:03	+34:12	06:24
400	281	Edivaldo Mascarenhas Ferreira de Jesus Junior	individual	Veterano M35	01:04:31	+34:41	06:27
401	188	Cloé Carreira	individual	Senior Feminino	01:04:35	+34:44	06:28
402	187	Carolina Abreu	individual	Senior Feminino	01:04:48	+34:57	06:29
403	437	Sofia Terceiro	sicótrilhos	Senior Feminino	01:04:49	+34:58	06:29
404	17	ALFREDO SANTOS	ac vermoil	Veterano M60	01:04:57	+35:06	06:30
405	407	Alexandre Blanco	os tolinhos	Veterano M45	01:05:53	+36:03	06:35
406	499	Vitor Coelho	individual	Senior Masculino	01:05:55	+36:05	06:36
407	496	Joana Nogueira	individual	Senior Feminino	01:06:31	+36:40	06:39
408	500	Claudia Rodrigues	individual	Veterana F40	01:06:31	+36:40	06:39
409	158	Arlindo de Jesus Oliveira	ginásio fitness factory	Veterano M55	01:06:50	+36:59	06:41
410	466	Assi Guzinski	todos os sábados	Veterano M60	01:07:03	+37:13	06:42
411	444	Mariana Pires	speedcity móveis&companhia	Senior Feminino	01:07:46	+37:56	06:47
412	452	Pedro Parreira	speedcity móveis&companhia	Senior Masculino	01:07:47	+37:56	06:47
413	191	Nilsa Gonçalves	individual	Senior Feminino	01:07:51	+38:00	06:47
414	251	Ana Rita Gameiro Costa	individual	Veterana F35	01:07:51	+38:00	06:47
415	359	Lino Jorge Jesus Mendes	individual	Veterano M55	01:08:34	+38:43	06:51
416	258	Carina Sousa	individual	Veterana F40	01:08:42	+38:51	06:52
417	53	Rui Faria	casa do povo de lavos	Veterano M55	01:08:42	+38:51	06:52
418	403	Rita Silva	os bagaços	Veterana F35	01:10:23	+40:32	07:02
419	243	Rafael Luís	individual	Senior Masculino	01:10:53	+41:02	07:05
420	413	Virginie Leal Makeup	ranha de baixo	Veterana F40	01:10:55	+41:05	07:06
421	265	Estefania Alves	individual	Veterana F40	01:11:44	+41:53	07:10
422	363	Johnny Thomassen	individual	Veterano M60	01:12:41	+42:50	07:16
423	234	Jorge Gabriel Marques Mendes	individual	Senior Masculino	01:12:48	+42:57	07:17
424	445	Renata Íris Neves Domingues	speedcity móveis&companhia	Senior Feminino	01:13:21	+43:31	07:20
425	449	Francisco Carlos António Aldeia Lagoa	speedcity móveis&companhia	Senior Masculino	01:13:28	+43:37	07:21
426	273	André Pinto	individual	Veterano M35	01:15:03	+45:12	07:30
427	443	Mafalda Alegria	speedcity móveis&companhia	Senior Feminino	01:17:48	+47:57	07:47
428	442	Isabel Rodrigues	speedcity móveis&companhia	Senior Feminino	01:17:49	+47:58	07:47
429	441	Carolina Ferreira Gaspar	speedcity móveis&companhia	Senior Feminino	01:21:33	+51:43	08:09

Prova Principal

10 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	19:00	27°C	55%
End	20:35	27°C	55%

RANK **BIB** **NAME** **TEAM** **CAT** **RESULT** **DIFF** **↑/KM**

Senior Feminino

1	428	Sara Duarte	SCBraga	Senior Feminino	35:37	+05:47	03:34
2	420	Joana dos Santos Ferreira	RECREIO DESPORTIVO DE ÁGUEDA	Senior Feminino	35:52	+06:01	03:35
3	63	Mafalda Oliveira	Clube Atlético de Macedo de Cavaleiros	Senior Feminino	39:12	+09:22	03:55
4	395	Joana Pontes	Leiria Marcha Atlético	Senior Feminino	39:39	+09:48	03:58
5	372	ADRIANA COELHO	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Feminino	40:01	+10:11	04:00
6	88	Sara Pedrosa	Clube Desportivo de Espite	Senior Feminino	40:49	+10:58	04:05
7	162	Daniela Cordeiro	Grupo Alegre Unido Bajouca	Senior Feminino	41:52	+12:01	04:11
8	64	Catarina Ferreira	CLUBE ATLETISMO DE MARINHA GRANDE	Senior Feminino	42:44	+12:53	04:16
9	86	Mariana Duarte	Clube de Natação de Torres Novas	Senior Feminino	42:59	+13:09	04:18
10	436	Sara da Silva Gonçalves	SicóTrilhos	Senior Feminino	47:43	+17:53	04:46
11	164	Stefany Oliveira	Grupo Alegre Unido Bajouca	Senior Feminino	50:03	+20:12	05:00
12	153	Emily Neves	Ginásio Fitness Factory	Senior Feminino	50:05	+20:15	05:01
13	192	Patrícia Ramos Cravo	Individual	Senior Feminino	50:19	+20:28	05:02
14	477	Patrícia Gomes	Trilho do Castelejo	Senior Feminino	51:20	+21:29	05:08
15	194	Sara Reis	Individual	Senior Feminino	52:21	+22:31	05:14
16	163	Raquel Sabino	Grupo Alegre Unido Bajouca	Senior Feminino	53:57	+24:07	05:24
17	196	Sílvia Silva	Individual	Senior Feminino	55:27	+25:36	05:33
18	446	Vera Sousa Santos	Speedcity Móveis&Companhia	Senior Feminino	55:57	+26:06	05:36
19	435	Inês Freitas	SicóTrilhos	Senior Feminino	56:17	+26:26	05:38
20	185	Amanda Frazão dos Santos	Individual	Senior Feminino	56:22	+26:31	05:38
21	190	Mónica Gomes	Individual	Senior Feminino	56:28	+26:38	05:39
22	193	Sandra Isabel Santos Nunes	Individual	Senior Feminino	56:43	+26:53	05:40
23	159	Mariana Gomes	GINÁSIO PULSE	Senior Feminino	57:18	+27:28	05:44
24	195	Sara Rodrigues	Individual	Senior Feminino	57:29	+27:38	05:45
25	464	Susan Catarine Schwanz	Todos os Sábados	Senior Feminino	58:07	+28:16	05:49
26	390	Ratinho Ratinho	Javalinos	Senior Feminino	59:35	+29:45	05:58
27	389	Catarina Lopes	Javalinos	Senior Feminino	59:46	+29:56	05:59
28	479	Barbara Monteiro	Vilaventura Trail	Senior Feminino	01:00:50	+31:00	06:05
29	34	Inês Isusi	ARCD Venda da Luísa	Senior Feminino	01:04:03	+34:12	06:24
30	188	Cloé Carreira	Individual	Senior Feminino	01:04:35	+34:44	06:28
31	187	Carolina Abreu	Individual	Senior Feminino	01:04:48	+34:57	06:29
32	437	Sofia Terceiro	SicóTrilhos	Senior Feminino	01:04:49	+34:58	06:29
33	496	Joana Nogueira	Individual	Senior Feminino	01:06:31	+36:40	06:39
34	444	Mariana Pires	Speedcity Móveis&Companhia	Senior Feminino	01:07:46	+37:56	06:47
35	191	Nilsa Gonçalves	Individual	Senior Feminino	01:07:51	+38:00	06:47
36	445	Renata Íris Neves Domingues	Speedcity Móveis&Companhia	Senior Feminino	01:13:21	+43:31	07:20
37	443	Mafalda Alegria	Speedcity Móveis&Companhia	Senior Feminino	01:17:48	+47:57	07:47

Official Timekeeper: Lap2Go	1 / 11	generate 27-jul.-2024 21:05
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Prova Principal**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

38	442	Isabel Rodrigues	Speedcity Móveis&Companhia	Senior Feminino	01:17:49	+47:58	07:47
39	441	Carolina Ferreira Gaspar	Speedcity Móveis&Companhia	Senior Feminino	01:21:33	+51:43	08:09

Senior Masculino

1	456	Francisco Daniel Veloso Rodrigues	Sporting Clube de Braga	Senior Masculino	29:50		02:59
2	454	Bernardo Rocha	Sport Comércio e Salgueiros	Senior Masculino	30:07	+00:16	03:01
3	493	Fabio Oliveira	Individual	Senior Masculino	30:13	+00:22	03:01
4	218	Geofrey kipchirchir	Individual	Senior Masculino	30:48	+00:57	03:05
5	123	Ricardo Jorge Henriques Pereira	EV/PERALTAFIL	Senior Masculino	30:53	+01:03	03:05
6	422	FRANCISCO MELICIAS	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	31:41	+01:50	03:10
7	232	João Trigueiros	Individual	Senior Masculino	32:21	+02:30	03:14
8	66	Valter Costa	CLUBE ATLETISMO DE MARINHA GRANDE	Senior Masculino	32:23	+02:32	03:14
9	498	André Antunes	Individual	Senior Masculino	33:47	+03:56	03:23
10	175	Rui Alves	Grupo Desportivo São Paio Oleiros	Senior Masculino	33:54	+04:03	03:23
11	204	Carlos Filipe Leite Costa	Individual	Senior Masculino	34:03	+04:12	03:24
12	135	Pedro Venâncio	GA Caranguejeira	Senior Masculino	34:08	+04:17	03:25
13	65	Emanuel Cardoso	CLUBE ATLETISMO DE MARINHA GRANDE	Senior Masculino	34:35	+04:44	03:28
14	80	Paulo Pereira	Clube de Atletismo da Nazaré	Senior Masculino	34:58	+05:07	03:30
15	438	Daniel Antunes	SicóTrilhos	Senior Masculino	35:25	+05:34	03:33
16	67	CELSO LEITE	Clube Atletismo de Ovar	Senior Masculino	35:36	+05:46	03:34
17	421	Alexandre Venâncio	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	35:53	+06:02	03:35
18	374	ALÉXIS ROCHA	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Masculino	36:39	+06:49	03:40
19	82	Dmytro Semenyuk	Clube de Atletismo de Óbidos	Senior Masculino	37:19	+07:28	03:44
20	99	Pedro Silva	CPR A-DO-BARBAS	Senior Masculino	37:24	+07:33	03:44
21	136	Tiago Silva	GA Caranguejeira	Senior Masculino	38:32	+08:41	03:51
22	43	Tiago Alves	Btralhos Bike Team	Senior Masculino	38:59	+09:08	03:54
23	233	Jordan Silva	Individual	Senior Masculino	39:16	+09:25	03:56
24	392	Nuno Neves	Lama Solta	Senior Masculino	39:17	+09:26	03:56
25	7	Leonardo Jerónimo	A.R. CASAENSE/ESCOLA DE ATLETISMO DE COIMBRA	Senior Masculino	39:21	+09:30	03:56
26	165	André Creso	Grupo Alegre Unido Bajouca	Senior Masculino	40:57	+11:06	04:06
27	484	Rúben Vieira	Vilaventura Trail	Senior Masculino	41:03	+11:13	04:06
28	169	Ricardo Nunes	Grupo Alegre Unido Bajouca	Senior Masculino	41:24	+11:34	04:08
29	167	Leonardo Bento	Grupo Alegre Unido Bajouca	Senior Masculino	41:30	+11:40	04:09
30	225	João Carlos Gonçalves das Neves	Individual	Senior Masculino	41:38	+11:48	04:10
31	130	Guilherme Gaspar	FitTraining Academy	Senior Masculino	42:41	+12:50	04:16
32	450	Martim Santos	Speedcity Móveis&Companhia	Senior Masculino	42:56	+13:05	04:18
33	244	Ricardo Rua	Individual	Senior Masculino	43:07	+13:16	04:19
34	209	Diogo Oliveira	Individual	Senior Masculino	43:25	+13:35	04:21
35	469	Bruno Valente	Trail da Amizade Runners	Senior Masculino	43:37	+13:46	04:22
36	433	Guilherme Martins	Sibila 10	Senior Masculino	44:37	+14:47	04:28
37	248	Tomás Santos	Individual	Senior Masculino	45:47	+15:56	04:35

Official Timekeeper: Lap2Go	2 / 11	generate 27-jul.-2024 21:05
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

84	240	Nuno Costa	Individual	Senior Masculino	55:19	+25:29	05:32
85	230	joao Pacheco joao pacheco pacheco	Individual	Senior Masculino	55:21	+25:31	05:32
86	42	José Domingues	BeerCrew	Senior Masculino	55:57	+26:06	05:36
87	220	Gualter Gaspar	Individual	Senior Masculino	56:48	+26:58	05:41
88	471	marcelo moço	Trail da Amizade Runners	Senior Masculino	56:58	+27:07	05:42
89	143	DIOGO ALEXANDRE LOPES DA SILVA	Gaspar & Costa	Senior Masculino	57:00	+27:10	05:42
90	470	Gonçalo Duarte moço	Trail da Amizade Runners	Senior Masculino	57:58	+28:07	05:48
91	237	Marco Santos	Individual	Senior Masculino	58:06	+28:16	05:49
92	465	Jean Carlos Kruger	Todos os Sábados	Senior Masculino	58:07	+28:16	05:49
93	41	Filipe Raposo	BeerCrew	Senior Masculino	01:00:01	+30:11	06:00
94	229	João Martins	Individual	Senior Masculino	01:00:19	+30:28	06:02
95	451	Nuno Parreira	Speedcity Móveis&Companhia	Senior Masculino	01:01:03	+31:12	06:06
96	482	João Carlos Santos Nogueira	Vilaventura Trail	Senior Masculino	01:01:59	+32:08	06:12
97	215	Francisco Santana	Individual	Senior Masculino	01:02:27	+32:37	06:15
98	224	João Bento	Individual	Senior Masculino	01:03:10	+33:19	06:19
99	499	Vitor Coelho	Individual	Senior Masculino	01:05:55	+36:05	06:36
100	452	Pedro Parreira	Speedcity Móveis&Companhia	Senior Masculino	01:07:47	+37:56	06:47
101	243	Rafael Luís	Individual	Senior Masculino	01:10:53	+41:02	07:05
102	234	Jorge Gabriel Marques Mendes	Individual	Senior Masculino	01:12:48	+42:57	07:17
103	449	Francisco Carlos António Aldeia Lagoa	Speedcity Móveis&Companhia	Senior Masculino	01:13:28	+43:37	07:21

Veterana F35

1	256	solange jesus	Individual	Veterana F35	34:30	+04:40	03:27
2	425	SUSANA CUNHA	RECREIO DESPORTIVO DE ÁGUEDA	Veterana F35	35:01	+05:10	03:30
3	253	Emilia Kumós PISOEIRO	Individual	Veterana F35	37:14	+07:23	03:43
4	125	Mafalda Martinho	Federação da Família para a Paz Mundial e Unificação	Veterana F35	40:13	+10:22	04:01
5	36	Sandra Protásio	Associação Académica de Coimbra	Veterana F35	40:56	+11:05	04:06
6	252	Andreia Sofia Freitas Pires	Individual	Veterana F35	48:28	+18:38	04:51
7	457	Manuela Silva	Talentos Objetivos	Veterana F35	54:22	+24:31	05:26
8	424	LÚCIA CÂNDIDO	RECREIO DESPORTIVO DE ÁGUEDA	Veterana F35	54:27	+24:36	05:27
9	254	Joana Mendes	Individual	Veterana F35	01:02:55	+33:04	06:18
10	251	Ana Rita Gameiro Costa	Individual	Veterana F35	01:07:51	+38:00	06:47
11	403	Rita Silva	Os Bagaços	Veterana F35	01:10:23	+40:32	07:02

Veterana F40

1	268	Rafaela Fonseca	Individual	Veterana F40	34:56	+05:05	03:30
2	426	CARLA MARTINHO	RECREIO DESPORTIVO DE ÁGUEDA	Veterana F40	35:17	+05:27	03:32
3	9	DEONILDE COSTA	AC VERMOIL	Veterana F40	42:50	+12:59	04:17
4	49	Madalena Morgado	CASA DO BENFICA EM ABRANTES	Veterana F40	45:10	+15:19	04:31

Prova Principal**10 KM****OFFICIAL RESULT**

5	459	Marisa Bregieiro	Talentos Objetivos	Veterana F40	45:34	+15:44	04:33
6	461	Vera Gomes	THE FIRST TEAM	Veterana F40	47:16	+17:25	04:44
7	6	PAULA OLIVEIRA	A.D.GRIJÓ A CORRER	Veterana F40	48:02	+18:12	04:48
8	260	Catarina Alexandra Carvalho dos Santos	Individual	Veterana F40	48:16	+18:26	04:50
9	259	Carla Neves	Individual	Veterana F40	49:41	+19:51	04:58
10	263	Cláudia Moreira	Individual	Veterana F40	50:18	+20:27	05:02
11	23	Monica Jordão	ACRM Silveirinha Grande Claras	Veterana F40	50:49	+20:58	05:05
12	264	Cristina Barros	Individual	Veterana F40	51:28	+21:37	05:09
13	156	Sabine Ferreira	Ginásio Fitness Factory	Veterana F40	52:11	+22:20	05:13
14	376	SÓNIA FARTO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterana F40	52:37	+22:46	05:16
15	83	Helena Mourão	Clube de atletismo HM Training Group de Sangalhos	Veterana F40	53:54	+24:03	05:23
16	409	Isabel Cordeiro	Pulse	Veterana F40	54:44	+24:54	05:28
17	375	HELENA HENRIQUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterana F40	55:16	+25:26	05:32
18	458	Cristina Teixeira	Talentos Objetivos	Veterana F40	55:43	+25:52	05:34
19	269	Rita Mendes	Individual	Veterana F40	56:15	+26:24	05:38
20	404	Ariana Martins	Os Bagaços	Veterana F40	01:00:19	+30:28	06:02
21	270	Sandrina Das Neves	Individual	Veterana F40	01:01:51	+32:00	06:11
22	267	Natália Gomes	Individual	Veterana F40	01:02:00	+32:09	06:12
23	21	Sandra Ponte	Academia de Desportos de Condeixa	Veterana F40	01:02:32	+32:41	06:15
24	434	Cláudia Mota	Sibila 10	Veterana F40	01:03:27	+33:36	06:21
25	100	Regina Ferreira	CPR A-DO-BARBAS	Veterana F40	01:03:42	+33:51	06:22
26	500	Claudia Rodrigues	Individual	Veterana F40	01:06:31	+36:40	06:39
27	258	Carina Sousa	Individual	Veterana F40	01:08:42	+38:51	06:52
28	413	Virginie Leal Makeup	Ranha De Baixo	Veterana F40	01:10:55	+41:05	07:06
29	265	Estefania Alves	Individual	Veterana F40	01:11:44	+41:53	07:10

Veterano M35

1	455	Miguel Ribeiro	Sport Comércio e Salgueiros	Veterano M35	31:39	+01:48	03:10
2	275	Bruno Paixão	Individual	Veterano M35	32:12	+02:21	03:13
3	68	SERGIO PAIVA	Clube Atletismo de Ovar	Veterano M35	35:10	+05:20	03:31
4	137	Claudio Loureiro	GA Caranguejeira	Veterano M35	35:22	+05:31	03:32
5	293	Ricardo Gomes	Individual	Veterano M35	35:27	+05:36	03:33
6	277	Dinis Santos	Individual	Veterano M35	36:37	+06:46	03:40
7	377	MICKAEL PIRES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M35	36:39	+06:48	03:40
8	176	André Almeida	Grupo Desportivo São Paio Oleiros	Veterano M35	36:52	+07:01	03:41
9	280	Duarte Nuno De Jesus Mendes	Individual	Veterano M35	38:32	+08:42	03:51
10	297	Tiago Fernandes	Individual	Veterano M35	38:33	+08:43	03:51
11	486	Cláudio Nobrega	Vilaventura Trail	Veterano M35	39:05	+09:14	03:55
12	399	Luís Narciso	O Mundo da Corrida	Veterano M35	39:09	+09:18	03:55
13	138	Luia Campino	GA Caranguejeira	Veterano M35	39:34	+09:43	03:57
14	427	Carlos Silva	Runcrosstrail	Veterano M35	40:34	+10:43	04:03

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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15	284	Joao Gomes	Individual	Veterano M35	40:50	+11:00	04:05
16	32	João Santana	ADR Mata	Veterano M35	42:44	+12:53	04:16
17	35	Gonçalo Motas	ARLU Trail	Veterano M35	43:37	+13:46	04:22
18	289	PEDRO MIGUEL DOMINGUES PEREIRA	Individual	Veterano M35	45:00	+15:10	04:30
19	279	Diogo Rodrigues Mendes	Individual	Veterano M35	45:06	+15:15	04:31
20	397	Jorge Henriques	Lourival Bike Team	Veterano M35	45:25	+15:34	04:33
21	290	Pedro Reis	Individual	Veterano M35	45:44	+15:54	04:34
22	148	Tomé Gouveia	GDRC UNIDOS	Veterano M35	46:44	+16:53	04:40
23	122	Hugo Gaio	Esforçados	Veterano M35	47:14	+17:23	04:43
24	288	NELSON SEABRA	Individual	Veterano M35	47:28	+17:37	04:45
25	24	Joel Santos	ACRM Silveirinha Grande Claras	Veterano M35	47:39	+17:49	04:46
26	296	Tiago Correia	Individual	Veterano M35	47:50	+17:59	04:47
27	294	Ricardo Oliveira	Individual	Veterano M35	48:41	+18:51	04:52
28	473	Paulino oliveira	Trail da Amizade Runners	Veterano M35	49:17	+19:26	04:56
29	285	José Freitas	Individual	Veterano M35	49:37	+19:46	04:58
30	282	Eduardo Domingos	Individual	Veterano M35	49:45	+19:55	04:59
31	287	Luis Domingues	Individual	Veterano M35	51:46	+21:55	05:11
32	272	André Emanuel Mendes Lopes	Individual	Veterano M35	51:46	+21:55	05:11
33	157	Fernando da Ressurreição	Ginásio Fitness Factory	Veterano M35	51:57	+22:07	05:12
34	274	Braulio Vieira	Individual	Veterano M35	52:05	+22:14	05:13
35	295	Tiago Andrade	Individual	Veterano M35	52:08	+22:18	05:13
36	97	Alexandre Reis Marques	Comandos Pombal	Veterano M35	52:28	+22:37	05:15
37	98	João Costa	Comandos Pombal	Veterano M35	52:28	+22:37	05:15
38	121	André Gaiola	Esforçados	Veterano M35	54:33	+24:42	05:27
39	495	César Alves	Individual	Veterano M35	54:39	+24:48	05:28
40	291	Pedro Seabra	Individual	Veterano M35	57:09	+27:18	05:43
41	503	Bruno Lima	Individual	Veterano M35	57:20	+27:29	05:44
42	278	Diogo Mendes	Individual	Veterano M35	57:50	+28:00	05:47
43	31	Fernando Passadouro	ADR Mata	Veterano M35	58:40	+28:49	05:52
44	94	André Gaspar	Clube recreativo Chês	Veterano M35	01:01:13	+31:22	06:07
45	283	Fabio Dias	Individual	Veterano M35	01:02:24	+32:33	06:14
46	281	Edivaldo Mascarenhas Ferreira de Jesus Junior	Individual	Veterano M35	01:04:31	+34:41	06:27
47	273	André Pinto	Individual	Veterano M35	01:15:03	+45:12	07:30

Veterano M40

1	173	António José Castro	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	33:05	+03:14	03:19
2	60	Diogo Baena	CD São Salvador do Campo	Veterano M40	33:07	+03:16	03:19
3	114	Ricardo Carreira	EDV- VIANA TRAIL	Veterano M40	33:19	+03:28	03:20
4	79	Tiago Marques	Clube Campismo São João Madeira	Veterano M40	34:43	+04:52	03:28
5	378	HUGO DUARTE	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M40	35:20	+05:29	03:32
6	55	Carlos Nunes	CASA DO POVO DE MANGUALDE	Veterano M40	36:03	+06:13	03:36

Official Timekeeper: Lap2Go	6 / 11	generate 27-jul.-2024 21:05
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Prova Principal

10 KM

OFFICIAL RESULT

7	139	Nuno Casalinho	GA Caranguejeira	Veterano M40	36:29	+06:39	03:39
8	170	Hugo Horta	Grupo Alegre Unido Bajouca	Veterano M40	37:35	+07:44	03:46
9	299	António Oliveira	Individual	Veterano M40	37:42	+07:52	03:46
10	11	RICARDO GONÇALVES	AC VERMOIL	Veterano M40	38:00	+08:10	03:48
11	70	JOÃO SILVA	Clube Atletismo de Ovar	Veterano M40	38:20	+08:29	03:50
12	474	José Gregório Gonçalves Oliveira	Trail da Amizade Runners	Veterano M40	39:39	+09:49	03:58
13	379	JOAQUIM DUARTE	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M40	39:48	+09:58	03:59
14	126	Pedro Pereira	Federação da Família para a Paz Mundial e Unificação	Veterano M40	40:13	+10:22	04:01
15	52	Jorge Delgado	Casa do Povo de Lavos	Veterano M40	41:15	+11:24	04:08
16	307	Jorge Moreira	Individual	Veterano M40	41:25	+11:34	04:09
17	71	MARCO SILVA	Clube Atletismo de Ovar	Veterano M40	41:29	+11:39	04:09
18	115	Gonçalo Rodrigues Dias	Escola Atletismo Cartaxo	Veterano M40	41:55	+12:04	04:12
19	171	Ricardo Carreira	Grupo Alegre Unido Bajouca	Veterano M40	42:00	+12:10	04:12
20	303	Edgar Jorge Isidoro Lopes	Individual	Veterano M40	42:39	+12:48	04:16
21	300	Bruno Silva	Individual	Veterano M40	43:30	+13:40	04:21
22	117	André Fonte	Escola de Atletismo de Coimbra/JPaiva	Veterano M40	43:34	+13:44	04:21
23	81	Marco Franco	Clube de Atletismo de Ferreira do Zézere	Veterano M40	43:44	+13:54	04:22
24	323	Victor Hugo Simões	Individual	Veterano M40	44:00	+14:09	04:24
25	22	Daniel Silva	ACBATALHA	Veterano M40	44:27	+14:36	04:27
26	10	NELSON FERREIRA	AC VERMOIL	Veterano M40	44:41	+14:50	04:28
27	37	FILIPE SERRARIO	Barras e Bolinhos	Veterano M40	44:48	+14:57	04:29
28	301	Daniel Santos Gaspar	Individual	Veterano M40	45:07	+15:16	04:31
29	320	Rúben Duarte Fernandes	Individual	Veterano M40	45:20	+15:30	04:32
30	298	André Filipe Castanheira Pinto	Individual	Veterano M40	46:33	+16:42	04:39
31	393	Filipe Carraco Cerejo	Lama Solta	Veterano M40	46:58	+17:07	04:42
32	317	Ricardo Batista da Silva	Individual	Veterano M40	47:13	+17:23	04:43
33	306	Hugo Dias	Individual	Veterano M40	47:48	+17:57	04:47
34	304	gransart alexis	Individual	Veterano M40	48:25	+18:34	04:51
35	311	Micael Ferreira	Individual	Veterano M40	49:11	+19:21	04:55
36	319	Rodrigo Santos	Individual	Veterano M40	50:10	+20:19	05:01
37	305	Henrique Faria	Individual	Veterano M40	50:29	+20:39	05:03
38	318	Ricardo Pessa de Oliveira	Individual	Veterano M40	51:52	+22:01	05:11
39	410	David Miguel dos Santos Mendes	PYTHAGORAS GAMES	Veterano M40	52:15	+22:24	05:14
40	312	MIKHAIL BYKOV	Individual	Veterano M40	52:25	+22:34	05:15
41	415	Daniel Gonçalves	Rápidos & Furiosos	Veterano M40	53:12	+23:22	05:19
42	419	António Manuel Ferreira Mendes	Ratatui Team	Veterano M40	54:25	+24:35	05:27
43	56	André Lopes	CCD CRÉDITO AGRÍCOLA	Veterano M40	54:32	+24:41	05:27
44	108	António João Duarte Santana	cscrcharneca	Veterano M40	55:05	+25:15	05:31
45	414	Nicolas Ferreira	Ranha De Baixo	Veterano M40	55:09	+25:18	05:31
46	406	Tony Santos	Os Bagaços	Veterano M40	55:38	+25:47	05:34
47	316	Paulo Silva	Individual	Veterano M40	55:41	+25:51	05:34
48	313	Nelson Inácio Silva	Individual	Veterano M40	55:41	+25:51	05:34
49	416	Gonçalo Lopes	Rápidos & Furiosos	Veterano M40	56:20	+26:29	05:38
50	310	Marco Baptista	Individual	Veterano M40	56:58	+27:07	05:42

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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38	407	Alexandre Blanco	Os tolinhos	Veterano M45	01:05:53	+36:03	06:35
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Veterano M50

1	150	Vitor Dinis	GDR C UNIDOS	Veterano M50	34:10	+04:19	03:25
2	45	Gil Ferreira	C. D. São Salvador do Campo	Veterano M50	36:05	+06:14	03:37
3	182	Orlando Neves	Grupo Desportivo São Paio Oleiros	Veterano M50	36:56	+07:05	03:42
4	396	Paulo Pontes	Leiria Marcha Atlético	Veterano M50	37:53	+08:02	03:47
5	15	PEDRO FERREIRA	AC VERMOIL	Veterano M50	38:05	+08:15	03:49
6	381	JORGE MARCELINO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	38:51	+09:00	03:53
7	74	ARMANDO CORREIA	Clube Atletismo de Ovar	Veterano M50	38:58	+09:07	03:54
8	77	PEDRO SILVA	Clube Atletismo de Ovar	Veterano M50	39:16	+09:25	03:56
9	382	LEONEL SOUSA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	39:28	+09:38	03:57
10	179	Armando bastos	Grupo Desportivo São Paio Oleiros	Veterano M50	39:52	+10:02	03:59
11	349	Joel Silva	Individual	Veterano M50	41:39	+11:49	04:10
12	76	JOSÉ PINTO	Clube Atletismo de Ovar	Veterano M50	41:54	+12:03	04:11
13	13	JOAQUIM QUITÉRIO	AC VERMOIL	Veterano M50	42:39	+12:49	04:16
14	61	Vitor Silva	Cerveira Team Running	Veterano M50	42:51	+13:00	04:17
15	75	DINIS BATISTA	Clube Atletismo de Ovar	Veterano M50	42:59	+13:08	04:18
16	178	Alcindo dias	Grupo Desportivo São Paio Oleiros	Veterano M50	43:50	+13:59	04:23
17	352	Paulo Samuel Jesus Amaro	Individual	Veterano M50	44:28	+14:37	04:27
18	105	Celso Pereira	CPT SOBRAL CEIRA	Veterano M50	44:33	+14:43	04:27
19	380	JOÃO DOMINGOS	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	45:30	+15:39	04:33
20	26	Filipe Carvalheiro	ACRM Silveirinha Grande Claras	Veterano M50	45:35	+15:44	04:34
21	180	Avelino Freitas	Grupo Desportivo São Paio Oleiros	Veterano M50	45:55	+16:04	04:36
22	343	Emidio alves	Individual	Veterano M50	46:24	+16:33	04:38
23	346	Gil Carvalho	Individual	Veterano M50	46:29	+16:38	04:39
24	25	Amilcar Costa	ACRM Silveirinha Grande Claras	Veterano M50	46:49	+16:58	04:41
25	373	Pedro Coimbra	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	48:35	+18:44	04:52
26	344	Fernando Neves	Individual	Veterano M50	49:03	+19:13	04:54
27	478	Miguel Bernardo	Twopikas	Veterano M50	49:59	+20:08	05:00
28	347	Henrique Lavaredas	Individual	Veterano M50	50:21	+20:30	05:02
29	181	Jorge silva	Grupo Desportivo São Paio Oleiros	Veterano M50	51:59	+22:08	05:12
30	350	Luis Manuel Barosa Costa Moreira	Individual	Veterano M50	52:32	+22:42	05:15
31	342	Carlos Alberto Oliveira	Individual	Veterano M50	52:33	+22:42	05:15
32	502	Laurent Cariat	Individual	Veterano M50	54:08	+24:17	05:25
33	354	Rui Gomes	Individual	Veterano M50	54:32	+24:41	05:27
34	351	Paulo Pina	Individual	Veterano M50	55:46	+25:55	05:35
35	144	CARLOS MANUEL JORGE GASPAR	Gaspar & Costa	Veterano M50	56:04	+26:14	05:36
36	58	Filipe Simões	CCD CRÉDITO AGRÍCOLA	Veterano M50	58:24	+28:33	05:50
37	96	Carlos Sebastião	Clube recreativo Chãs	Veterano M50	01:01:12	+31:22	06:07

Official Timekeeper: Lap2Go	9 / 11	generate 27-jul.-2024 21:05
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

38	345	Filipe Silva	Individual	Veterano M50	01:03:16	+33:25	06:20
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Veterano M55

1	127	Joaquim Figueiredo	FIGUEIREDOS AND FREND	Veterano M55	33:38	+03:48	03:22
2	172	Fernando Matos	Grupo de Convívio e Amizade nas Donas	Veterano M55	35:58	+06:07	03:36
3	113	Vitor Manuel Jorge Oliveira	DCI/Trilhos Luso Bussaco	Veterano M55	38:04	+08:13	03:48
4	59	Pedro Costa	CCD CRÉDITO AGRÍCOLA	Veterano M55	39:54	+10:03	03:59
5	141	Luis Guarda	GA Caranguejeira	Veterano M55	40:54	+11:04	04:05
6	453	Antonio silva	Sport club Ferreira do Zêzere Trail Runners	Veterano M55	41:20	+11:29	04:08
7	385	CARLOS SIMÕES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	41:44	+11:53	04:10
8	384	ARTUR LOPES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	42:02	+12:11	04:12
9	383	ANTÓNIO FERREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	42:44	+12:53	04:16
10	102	Paulo Monteiro	CPR A-DO-BARBAS	Veterano M55	42:50	+12:59	04:17
11	51	Manuel António	CASA DO BENFICA EM ABRANTES	Veterano M55	44:07	+14:16	04:25
12	33	António Patrício	ADR\$ Estações	Veterano M55	44:20	+14:29	04:26
13	356	Albino Correia	Individual	Veterano M55	44:45	+14:54	04:29
14	106	David Patrício	CPT SOBRAL CEIRA	Veterano M55	44:49	+14:59	04:29
15	103	Pedro Rodrigues	CPR A-DO-BARBAS	Veterano M55	45:14	+15:24	04:31
16	487	Vitor Monteiro	Vilaventura Trail	Veterano M55	46:15	+16:24	04:38
17	16	VITOR LOPES	AC VERMOIL	Veterano M55	46:31	+16:40	04:39
18	140	Diamantino Lopes	GA Caranguejeira	Veterano M55	46:36	+16:46	04:40
19	62	Carlos Gaspar	CHÍCHARO RUN TEAM A.ALVAIÁZERE	Veterano M55	46:45	+16:55	04:41
20	463	Jose Fonseca	Thomar Athletics	Veterano M55	46:51	+17:00	04:41
21	107	PEDRO ROQUE	CPT SOBRAL CEIRA	Veterano M55	47:16	+17:26	04:44
22	132	MANUEL GOMES	FLECHINHAS	Veterano M55	47:17	+17:26	04:44
23	360	Paulo Oliveira	Individual	Veterano M55	49:38	+19:48	04:58
24	47	Rui Gaspar	CA Barreira	Veterano M55	51:54	+22:03	05:11
25	357	Filipe Cruz	Individual	Veterano M55	54:35	+24:45	05:28
26	355	Agostinho Barros	Individual	Veterano M55	01:02:08	+32:17	06:13
27	158	Arlindo de Jesus Oliveira	Ginásio Fitness Factory	Veterano M55	01:06:50	+36:59	06:41
28	359	Lino Jorge Jesus Mendes	Individual	Veterano M55	01:08:34	+38:43	06:51
29	53	Rui Faria	Casa do Povo de Lavos	Veterano M55	01:08:42	+38:51	06:52

Veterano M60

1	84	Mário Silva	Clube de atletismo HM Training Group de Sangalhos	Veterano M60	38:24	+08:34	03:50
2	387	JÚLIO HENRIQUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M60	38:44	+08:53	03:52

CORRIDA DAS FARTURAS - STAGE 1

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	20:00	20,9°C	74%
End	20:43	20,9°C	74%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1014	Miguel Ferreira	cpr a-do-barbas	Senior Masculino	11:15		03:45
2	1011	Alexander Matsyuk	cpr a-do-barbas	Senior Masculino	11:35	+00:20	03:52
3	1013	David Pereira	cpr a-do-barbas	Senior Masculino	11:43	+00:28	03:55
4	1012	Armando Cardoso	cpr a-do-barbas	Senior Masculino	11:55	+00:40	03:59
5	1062	leandro dos santos cravco	individual	Senior Masculino	12:00	+00:44	04:00
6	1063	Leonardo silva	individual	Senior Masculino	12:07	+00:52	04:03
7	1067	Miguel Monteiro	individual	Senior Masculino	12:30	+01:15	04:10
8	1110	Afonso Quaresma Amaro	power food	Senior Masculino	12:48	+01:33	04:16
9	1074	robin gransart	individual	Senior Masculino	12:51	+01:35	04:17
10	1007	Ricardo Fernandes	barras e bolinhos	Senior Masculino	13:09	+01:53	04:23
11	1076	Simão Rodrigues Antunes	individual	Senior Masculino	13:10	+01:54	04:23
12	1015	Vera Portela	csmarítimo	Senior Feminino	13:12	+01:57	04:24
13	1056	Duarte Gonçalves Pimenta	individual	Senior Masculino	13:25	+02:10	04:29
14	1066	Márcio Monteiro	individual	Senior Masculino	13:25	+02:10	04:29
15	1009	Ruben Silva	barras e bolinhos	Senior Masculino	13:57	+02:42	04:39
16	1057	Eduardo Ferreira	individual	Senior Masculino	13:58	+02:42	04:39
17	1077	Simão Santos	individual	Senior Masculino	14:03	+02:47	04:41
18	1071	Pedro Jorge da Silva Pimenta	individual	Senior Masculino	14:04	+02:49	04:42
19	1060	Humberto Gonçalo Henriques da Silva Teixeira	individual	Senior Masculino	14:08	+02:52	04:43
20	1008	Roberto Fiuza	barras e bolinhos	Senior Masculino	14:37	+03:22	04:52
21	1064	Lucas Freire Lopes	individual	Senior Masculino	14:40	+03:25	04:54
22	1055	Daniel Martins	individual	Senior Masculino	14:53	+03:38	04:58
23	1001	Ana Gonçalves	barras e bolinhos	Senior Feminino	14:56	+03:41	04:59
24	1100	Rúben Mendes	os primos	Senior Masculino	15:08	+03:53	05:03
25	1033	Cecília Alexandra Carvalho da Mota	individual	Senior Feminino	15:09	+03:53	05:03
26	1046	Rita Bota	individual	Senior Feminino	15:12	+03:57	05:04
27	1031	Catarina Alexandra Carvalho dos Santos	individual	Senior Feminino	15:16	+04:01	05:06
28	1117	Soraia Fonseca	táleno	Senior Feminino	15:25	+04:10	05:09
29	1099	Rúben Domingues	os primos	Senior Masculino	15:27	+04:12	05:09
30	1065	Manuel Mendes Bispo	individual	Senior Masculino	15:40	+04:25	05:14
31	1035	Filipa Pinela Santos	individual	Senior Feminino	16:02	+04:47	05:21
32	1069	Nuno Mota	individual	Senior Masculino	16:03	+04:48	05:21
33	1058	Francisco Araújo	individual	Senior Masculino	16:11	+04:55	05:24
34	1052	André Domingues	individual	Senior Masculino	16:25	+05:10	05:29
35	1135	Ricardo Correia	individual	Senior Masculino	16:34	+05:18	05:31
36	1098	Gabriel Lopes da Mota	os primos	Senior Masculino	16:35	+05:20	05:32
37	1025	Fernando Neves Estrela	ginásio fitness factory	Senior Masculino	16:58	+05:43	05:40
38	1120	Nuno Silva	tou só a ber	Senior Masculino	17:15	+06:00	05:45
39	1027	Jorge Silva	ginásio fitness factory	Senior Masculino	17:30	+06:15	05:50
40	1023	Stephanie Santos	ginásio fitness factory	Senior Feminino	17:30	+06:15	05:50

CORRIDA DAS FARTURAS - STAGE 1

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1113	Joana Gonçalves Ferreira	ratatui team	Senior Feminino	17:58	+06:43	05:59
42	1061	João Manuel Dias Diogo	individual	Senior Masculino	18:14	+06:59	06:05
43	1111	Bruna Abreu	ratatui team	Senior Feminino	18:14	+06:59	06:05
44	1019	Diana varela	ginásio fitness factory	Senior Feminino	18:17	+07:02	06:06
45	1045	Raquel Correia	individual	Senior Feminino	18:19	+07:03	06:06
46	1043	Marine Barradas	individual	Senior Feminino	18:25	+07:09	06:08
47	1053	André Ramos	individual	Senior Masculino	18:31	+07:16	06:11
48	1075	Sérgio Santos	individual	Senior Masculino	19:04	+07:49	06:21
49	1037	Joana Coucelo	individual	Senior Feminino	19:31	+08:16	06:30
50	186	Anna Kolesnikova	individual	Senior Feminino	19:36	+08:21	06:32
51	1041	Lucia Rodriguez Moraga	individual	Senior Feminino	19:36	+08:21	06:32
52	1002	Ana Santos	barras e bolinhos	Senior Feminino	19:44	+08:28	06:35
53	1047	Sara Sofia Vieira Rego	individual	Senior Feminino	19:48	+08:33	06:36
54	1112	Filipa Mendes	ratatui team	Senior Feminino	20:16	+09:01	06:46
55	1030	Andreia Domingues	individual	Senior Feminino	20:35	+09:19	06:52
56	1118	Pedro Lopes	táleno	Senior Masculino	20:49	+09:34	06:57
57	1104	Catarina Quaresma Amaro	power food	Senior Feminino	20:55	+09:39	06:58
58	1102	Alexandra Quaresma	power food	Senior Feminino	20:55	+09:40	06:59
59	1096	Daniela Domingues	os primos	Senior Feminino	21:06	+09:50	07:02
60	1006	Jorge Santos	barras e bolinhos	Senior Masculino	21:25	+10:10	07:09
61	1044	Patrícia dos Santos Cravo	individual	Senior Feminino	21:31	+10:16	07:11
62	1049	Vera Ferreira Ramos	individual	Senior Feminino	21:32	+10:17	07:11
63	1036	Inês Filipa da Silva Horta Correia	individual	Senior Feminino	21:44	+10:28	07:15
64	1097	Jessica Lopes da Mota	os primos	Senior Feminino	22:03	+10:48	07:21
65	1021	Roberta Ribeiro Marambaia	ginásio fitness factory	Senior Feminino	22:09	+10:54	07:23
66	1050	Vilma Salgado	individual	Senior Feminino	22:21	+11:06	07:27
67	1051	Alexandre Fernandes Marques	individual	Senior Masculino	22:24	+11:09	07:28
68	1028	Adriana Aparecida do Nascimento	individual	Senior Feminino	22:25	+11:09	07:28
69	1020	Dina Maria Ferreira	ginásio fitness factory	Senior Feminino	22:56	+11:40	07:39
70	1022	Sofia Margarida Lopes Ferreira de Oliveira	ginásio fitness factory	Senior Feminino	22:56	+11:40	07:39
71	1017	FILIPA NETO	gaspar & costa	Senior Feminino	23:34	+12:18	07:51
72	1010	Joaquim Duarte	codfish team	Senior Masculino	23:36	+12:21	07:52
73	1105	Larysa Kostina	power food	Senior Feminino	24:47	+13:32	08:16
74	1024	Alfredo Faustino	ginásio fitness factory	Senior Masculino	25:18	+14:03	08:26
75	1040	Lúcia Pascoal	individual	Senior Feminino	25:20	+14:04	08:27
76	1101	Sandro Montemari	os primos	Senior Masculino	25:24	+14:09	08:28
77	1119	Cheila Alves	tou só a ber	Senior Feminino	25:39	+14:24	08:33
78	1107	Rita Gomes	power food	Senior Feminino	27:07	+15:52	09:03
79	1108	Sandra Cruz	power food	Senior Feminino	27:26	+16:10	09:09
80	1115	Carmina Mota	sibila 10	Senior Feminino	27:53	+16:38	09:18
81	1029	Ana Isabel Ferreira	individual	Senior Feminino	28:09	+16:54	09:23
82	1042	Mafalda Cristina Lopes da Silva	individual	Senior Feminino	28:51	+17:35	09:37
83	1039	Leonor Silva Marto	individual	Senior Feminino	28:51	+17:36	09:37

CORRIDA DAS FATURAS - STAGE 1**3 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	1070	Paulo Bernardes	individual	Senior Masculino	31:12	+19:57	10:24
85	1079	Andreia Dias	no fim bate tudo certo!	Senior Feminino	36:05	+24:49	12:02
86	1083	Cristiana Simões	no fim bate tudo certo!	Senior Feminino	36:05	+24:49	12:02
87	1086	Judite Palhais	no fim bate tudo certo!	Senior Feminino	36:05	+24:49	12:02
88	1088	Sofia Silva	no fim bate tudo certo!	Senior Feminino	36:05	+24:49	12:02
89	1081	Catarina Ferreira	no fim bate tudo certo!	Senior Feminino	36:05	+24:49	12:02
90	1085	Isabel Fernandes	no fim bate tudo certo!	Senior Feminino	36:05	+24:50	12:02
91	1095	Rui Godinho	no fim bate tudo certo!	Senior Masculino	36:07	+24:51	12:02
92	1091	Filipe Ruivo	no fim bate tudo certo!	Senior Masculino	36:07	+24:52	12:03
93	1082	Cátia Rodrigues	no fim bate tudo certo!	Senior Feminino	36:08	+24:52	12:03
94	1073	Reinaldo Ramos	individual	Senior Masculino	36:26	+25:10	12:09
95	1103	Carla Leitão	power food	Senior Feminino	36:54	+25:39	12:18
96	1078	Diogo Oliveira	ndap	Senior Masculino	41:59	+30:43	14:00

Corrida das Farturas

3 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	20:00	20,9°C	74%
End	20:43	20,9°C	74%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	1015	Vera Portela	CSMarítimo	Senior Feminino	13:12	+01:57	04:24
2	1001	Ana Gonçalves	Barras e Bolinhos	Senior Feminino	14:56	+03:41	04:59
3	1033	Cecília Alexandra Carvalho da Mota	Individual	Senior Feminino	15:09	+03:53	05:03
4	1046	Rita Bota	Individual	Senior Feminino	15:12	+03:57	05:04
5	1031	Catarina Alexandra Carvalho dos Santos	Individual	Senior Feminino	15:16	+04:01	05:06
6	1117	Soraia Fonseca	TáLento	Senior Feminino	15:25	+04:10	05:09
7	1035	Filipa Pinela Santos	Individual	Senior Feminino	16:02	+04:47	05:21
8	1023	Stephanie Santos	Ginásio Fitness Factory	Senior Feminino	17:30	+06:15	05:50
9	1113	Joana Gonçalves Ferreira	Ratatau Team	Senior Feminino	17:58	+06:43	05:59
10	1111	Bruna Abreu	Ratatau Team	Senior Feminino	18:14	+06:59	06:05
11	1019	Diana varela	Ginásio Fitness Factory	Senior Feminino	18:17	+07:02	06:06
12	1045	Raquel Correia	Individual	Senior Feminino	18:19	+07:03	06:06
13	1043	Marine Barradas	Individual	Senior Feminino	18:25	+07:09	06:08
14	1037	Joana Coucelo	Individual	Senior Feminino	19:31	+08:16	06:30
15	186	Anna Kolesnikova	Individual	Senior Feminino	19:36	+08:21	06:32
16	1041	Lucia Rodriguez Moraga	Individual	Senior Feminino	19:36	+08:21	06:32
17	1002	Ana Santos	Barras e Bolinhos	Senior Feminino	19:44	+08:28	06:35
18	1047	Sara Sofia Vieira Rego	Individual	Senior Feminino	19:48	+08:33	06:36
19	1112	Filipa Mendes	Ratatau Team	Senior Feminino	20:16	+09:01	06:46
20	1030	Andreia Domingues	Individual	Senior Feminino	20:35	+09:19	06:52
21	1104	Catarina Quaresma Amaro	Power Food	Senior Feminino	20:55	+09:39	06:58
22	1102	Alexandra Quaresma	Power Food	Senior Feminino	20:55	+09:40	06:59
23	1096	Daniela Domingues	Os primos	Senior Feminino	21:06	+09:50	07:02
24	1044	Patrícia dos Santos Cravo	Individual	Senior Feminino	21:31	+10:16	07:11
25	1049	Vera Ferreira Ramos	Individual	Senior Feminino	21:32	+10:17	07:11
26	1036	Inês Filipa da Silva Horta Correia	Individual	Senior Feminino	21:44	+10:28	07:15
27	1097	Jessica Lopes da Mota	Os primos	Senior Feminino	22:03	+10:48	07:21
28	1021	Roberta Ribeiro Marambaia	Ginásio Fitness Factory	Senior Feminino	22:09	+10:54	07:23
29	1050	Vilma Salgado	Individual	Senior Feminino	22:21	+11:06	07:27
30	1028	Adriana Aparecida do Nascimento	Individual	Senior Feminino	22:25	+11:09	07:28
31	1020	Dina Maria Ferreira	Ginásio Fitness Factory	Senior Feminino	22:56	+11:40	07:39
32	1022	Sofia Margarida Lopes Ferreira de Oliveira	Ginásio Fitness Factory	Senior Feminino	22:56	+11:40	07:39
33	1017	FILIPA NETO	Gaspar & Costa	Senior Feminino	23:34	+12:18	07:51
34	1105	Larysa Kostina	Power Food	Senior Feminino	24:47	+13:32	08:16
35	1040	Lúcia Pascoal	Individual	Senior Feminino	25:20	+14:04	08:27
36	1119	Cheila Alves	Tou Só a Ber	Senior Feminino	25:39	+14:24	08:33
37	1107	Rita Gomes	Power Food	Senior Feminino	27:07	+15:52	09:03
38	1108	Sandra Cruz	Power Food	Senior Feminino	27:26	+16:10	09:09

Corrida das Farturas

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	1115	Carmina Mota	Sibila 10	Senior Feminino	27:53	+16:38	09:18
40	1029	Ana Isabel Ferreira	Individual	Senior Feminino	28:09	+16:54	09:23
41	1042	Mafalda Cristina Lopes da Silva	Individual	Senior Feminino	28:51	+17:35	09:37
42	1039	Leonor Silva Marto	Individual	Senior Feminino	28:51	+17:36	09:37
43	1079	Andreia Dias	No fim bate tudo certo!	Senior Feminino	36:05	+24:49	12:02
44	1083	Cristiana Simões	No fim bate tudo certo!	Senior Feminino	36:05	+24:49	12:02
45	1086	Judite Palhais	No fim bate tudo certo!	Senior Feminino	36:05	+24:49	12:02
46	1088	Sofia Silva	No fim bate tudo certo!	Senior Feminino	36:05	+24:49	12:02
47	1081	Catarina Ferreira	No fim bate tudo certo!	Senior Feminino	36:05	+24:49	12:02
48	1085	Isabel Fernandes	No fim bate tudo certo!	Senior Feminino	36:05	+24:50	12:02
49	1082	Cátia Rodrigues	No fim bate tudo certo!	Senior Feminino	36:08	+24:52	12:03
50	1103	Carla Leitão	Power Food	Senior Feminino	36:54	+25:39	12:18

Senior Masculino

1	1014	Miguel Ferreira	CPR A-DO-BARBAS	Senior Masculino	11:15		03:45
2	1011	Alexander Matsyuk	CPR A-DO-BARBAS	Senior Masculino	11:35	+00:20	03:52
3	1013	David Pereira	CPR A-DO-BARBAS	Senior Masculino	11:43	+00:28	03:55
4	1012	Armando Cardoso	CPR A-DO-BARBAS	Senior Masculino	11:55	+00:40	03:59
5	1062	Ieandro dos santos cravco	Individual	Senior Masculino	12:00	+00:44	04:00
6	1063	Leonardo silva	Individual	Senior Masculino	12:07	+00:52	04:03
7	1067	Miguel Monteiro	Individual	Senior Masculino	12:30	+01:15	04:10
8	1110	Afonso Quaresma Amaro	Power Food	Senior Masculino	12:48	+01:33	04:16
9	1074	robin gransart	Individual	Senior Masculino	12:51	+01:35	04:17
10	1007	Ricardo Fernandes	Barras e Bolinhos	Senior Masculino	13:09	+01:53	04:23
11	1076	Simão Rodrigues Antunes	Individual	Senior Masculino	13:10	+01:54	04:23
12	1056	Duarte Gonçalves Pimenta	Individual	Senior Masculino	13:25	+02:10	04:29
13	1066	Márcio Monteiro	Individual	Senior Masculino	13:25	+02:10	04:29
14	1009	Ruben Silva	Barras e Bolinhos	Senior Masculino	13:57	+02:42	04:39
15	1057	Eduardo Ferreira	Individual	Senior Masculino	13:58	+02:42	04:39
16	1077	Simão Santos	Individual	Senior Masculino	14:03	+02:47	04:41
17	1071	Pedro Jorge da Silva Pimenta	Individual	Senior Masculino	14:04	+02:49	04:42
18	1060	Humberto Gonçalo Henriques da Silva Teixeira	Individual	Senior Masculino	14:08	+02:52	04:43
19	1008	Roberto Fiuza	Barras e Bolinhos	Senior Masculino	14:37	+03:22	04:52
20	1064	Lucas Freire Lopes	Individual	Senior Masculino	14:40	+03:25	04:54
21	1055	Daniel Martins	Individual	Senior Masculino	14:53	+03:38	04:58
22	1100	Rúben Mendes	Os primos	Senior Masculino	15:08	+03:53	05:03
23	1099	Rúben Domingues	Os primos	Senior Masculino	15:27	+04:12	05:09
24	1065	Manuel Mendes Bispo	Individual	Senior Masculino	15:40	+04:25	05:14
25	1069	Nuno Mota	Individual	Senior Masculino	16:03	+04:48	05:21
26	1058	Francisco Araújo	Individual	Senior Masculino	16:11	+04:55	05:24
27	1052	André Domingues	Individual	Senior Masculino	16:25	+05:10	05:29
28	1135	Ricardo Correia	Individual	Senior Masculino	16:34	+05:18	05:31
29	1098	Gabriel Lopes da Mota	Os primos	Senior Masculino	16:35	+05:20	05:32
30	1025	Fernando Neves Estrela	Ginásio Fitness Factory	Senior Masculino	16:58	+05:43	05:40

Corrida das Farturas

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

31	1120	Nuno Silva	Tou Só a Ber	Senior Masculino	17:15	+06:00	05:45
32	1027	Jorge Silva	Ginásio Fitness Factory	Senior Masculino	17:30	+06:15	05:50
33	1061	João Manuel Dias Diogo	Individual	Senior Masculino	18:14	+06:59	06:05
34	1053	André Ramos	Individual	Senior Masculino	18:31	+07:16	06:11
35	1075	Sérgio Santos	Individual	Senior Masculino	19:04	+07:49	06:21
36	1118	Pedro Lopes	TáLento	Senior Masculino	20:49	+09:34	06:57
37	1006	Jorge Santos	Barras e Bolinhos	Senior Masculino	21:25	+10:10	07:09
38	1051	Alexandre Fernandes Marques	Individual	Senior Masculino	22:24	+11:09	07:28
39	1010	Joaquim Duarte	CODFISH TEAM	Senior Masculino	23:36	+12:21	07:52
40	1024	Alfredo Faustino	Ginásio Fitness Factory	Senior Masculino	25:18	+14:03	08:26
41	1101	Sandro Montemari	Os primos	Senior Masculino	25:24	+14:09	08:28
42	1070	Paulo Bernardes	Individual	Senior Masculino	31:12	+19:57	10:24
43	1095	Rui Godinho	No fim bate tudo certo!	Senior Masculino	36:07	+24:51	12:02
44	1091	Filipe Ruivo	No fim bate tudo certo!	Senior Masculino	36:07	+24:52	12:03
45	1073	Reinaldo Ramos	Individual	Senior Masculino	36:26	+25:10	12:09
46	1078	Diogo Oliveira	NDAP	Senior Masculino	41:59	+30:43	14:00