







**ELITE - STAGE 1****9 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>BIB</b>	<b>NOTE</b>	<b>NAME</b>	<b>TEAM</b>
852	DQ	Francisco José de Goz Abreu	Academia Militar
865	DQ	Vera Maia	LynxRace Club
59	DNF	Ana Botas	Pegasus OCR ProTeam
221	DNF	João Almeida	OCR Portugal Lab

Elite

9 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:00	3,4°C	97%
End	17:49	3,4°C	97%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
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16-17 Masculino

1	315	Alexandre Florindo	Individual	16-17 Masculino	01:04:35		07:11
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18-19 Feminino

1	659	Mafalda Nogueira	Grupo Recreativo Gonçalvinhense	18-19 Feminino	01:30:47		10:05
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18-19 Masculino

1	318	Bruninho Sousa	OCR Portugal Lab	18-19 Masculino	01:00:26		06:43
2	1040	Francisco Ribeiro	Sem limites	18-19 Masculino	01:03:16	+02:50	07:02
3	669	Francisco Estévez Estrela	OCR Portugal Lab	18-19 Masculino	01:55:10	+54:44	12:48

20-24 Feminino

1	712	Leonor Rocha	BushiWay	20-24 Feminino	01:46:23		11:49
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20-24 Masculino

1	796	Gonçalo Spínola	Academia Militar	20-24 Masculino	01:04:39		07:11
2	1008	Guillermo Lago	FLAVIUS CHALLENGE / POWER FITNESS STUDIO	20-24 Masculino	01:11:04	+06:24	07:54
3	1005	Gonçalo Silva	Escorpiões	20-24 Masculino	01:11:40	+07:00	07:58
4	1006	Luís Félix	Escorpiões	20-24 Masculino	01:16:08	+11:28	08:28
5	343	Henrique Antunes	Fénix OCR	20-24 Masculino	01:18:15	+13:36	08:42
6	291	Tiago Garcia	Individual	20-24 Masculino	01:34:07	+29:28	10:27

25-29 Feminino

1	1036	Iria Martínez Piñeiro	Nubeiros OCR	25-29 Feminino	02:02:43		13:38
2	1001	Helena Teixeira	CrossBox Chaves	25-29 Feminino	02:15:04	+12:20	15:00

25-29 Masculino

1	329	Pedro Lopes	Pegasus OCR ProTeam	25-29 Masculino	01:05:24		07:16
2	779	Fernando Narciso	Academia Militar	25-29 Masculino	01:10:27	+05:03	07:50
3	213	Gonçalo Martins	Individual	25-29 Masculino	01:12:10	+06:46	08:01
4	816	Pedro Araújo	Exército de Portugal	25-29 Masculino	01:13:23	+07:58	08:09

Official Timekeeper: Lap2Go	1 / 4	generate 04-mar.-2024 10:09
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**Elite****9 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**45-49 Masculino**

1	119	Marco Paulo Martins Lopes	Individual	45-49 Masculino	01:02:23	06:56
2	161	Marco Aurélio Cardoso lopes	URBANFIT RACE	45-49 Masculino	01:02:33	+00:09 06:57
3	256	João Paulo Moreira Marques	Unique Adventure	45-49 Masculino	01:06:06	+03:42 07:21
4	241	Vasyl Paliy	United Warriors Ocr	45-49 Masculino	01:07:48	+05:24 07:32
5	303	Marco Moura	LynxRace Club	45-49 Masculino	01:11:27	+09:03 07:56
6	110	Carlos Miranda	Individual	45-49 Masculino	01:14:07	+11:43 08:14
7	1034	Henrique padrão	Individual	45-49 Masculino	01:21:29	+19:05 09:03
8	1033	Alberto Rey Rey	Individual	45-49 Masculino	01:25:21	+22:57 09:29

**50-54 Masculino**

1	86	Sérgio Ramos	LynxRace Club	50-54 Masculino	01:08:46	07:38
2	130	Miguel Fernandes	LynxRace Club	50-54 Masculino	01:13:37	+04:50 08:11
3	1035	Samuel Gomez	Individual	50-54 Masculino	01:45:08	+36:21 11:41
4	668	Daniel Paulo da Silva Estrela	OCR Portugal Lab	50-54 Masculino	01:55:24	+46:37 12:49

**55-59 Feminino**

1	74	Eugénia Martins	OCR Portugal Lab	55-59 Feminino	01:44:26	11:36
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## GUERREIROS - STAGE 1

9 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
404	1709	Emy Drapeau	Fama Dawgs	02:45:38	+01:41:18	18:24	
405	1711	João Silva	Fama Dawgs	02:45:39	+01:41:19	18:24	
406	1713	Marco Araújo	Fama Dawgs	02:45:39	+01:41:19	18:24	
407	1714	Marco Ferreira	Fama Dawgs	02:45:40	+01:41:20	18:24	
408	1710	João Freitas	Fama Dawgs	02:45:40	+01:41:20	18:24	
409	1712	Luís Araújo	Fama Dawgs	02:45:41	+01:41:21	18:25	
410	2037	Matilde da Ponte Reis	Wild Vets	02:48:28	+01:44:08	18:43	
411	2034	Joana Pereira Gonçalves	Wild Vets	02:48:28	+01:44:08	18:43	
412	2032	Inês Ramos Alves	Wild Vets	02:48:28	+01:44:08	18:43	
413	2038	Matilde Forjaz Rocha	Wild Vets	02:48:28	+01:44:08	18:43	
414	2026	Alexandra Noémie dos Reis De Sousa Martins	Wild Vets	02:48:29	+01:44:09	18:43	
415	2031	Inês Figueiredo de Oliveira Pacheco	Wild Vets	02:48:29	+01:44:09	18:43	
416	2040	Silvana Gautier Lopes	Wild Vets	02:48:29	+01:44:09	18:43	
417	2033	Inês Sofia Gama Quaresma	Wild Vets	02:48:30	+01:44:10	18:43	
418	2043	Francisco Maciel de Freitas	Wild Vets	02:48:30	+01:44:10	18:43	
419	2036	Maria Teresa Gonçalves Castro	Wild Vets	02:48:30	+01:44:10	18:43	
420	2027	Ana Gabriela Fernandes Morais	Wild Vets	02:48:30	+01:44:10	18:43	
421	2045	Miguel Sousa Sá	Wild Vets	02:48:30	+01:44:10	18:43	
422	2048	Tiago Lagos Campos, Data Nascimento	Wild Vets	02:48:31	+01:44:11	18:43	
423	2041	David Quinta Teixeira Coelho	Wild Vets	02:48:31	+01:44:11	18:43	
424	2039	Milene Campos Reis	Wild Vets	02:48:32	+01:44:12	18:44	
425	2046	Rodrigo Viegas Martins	Wild Vets	02:48:33	+01:44:13	18:44	













**Guerreiros**

**9 KM**

**OFFICIAL RESULT**

9	1760	JOÃO PAULO FERREIRA MONTEIRO	Ginásio Montalegre	Senior Masculino	01:13:04	+08:44	08:07
10	1736	Gabriel Gomes	FLAVIUS CHALLENGE / POWER FITNESS STUDIO	Senior Masculino	01:13:08	+08:48	08:08
11	1759	JOÃO GABRIEL DIAS PINTO	Ginásio Montalegre	Senior Masculino	01:13:20	+08:59	08:09
12	1762	JOÃO VITOR LOPES TEIXEIRA	Ginásio Montalegre	Senior Masculino	01:13:24	+09:04	08:09
13	2024	Tiago Ribeiro	VieiraFit	Senior Masculino	01:14:48	+10:28	08:19
14	2025	VÍTOR FERREIRA	VieiraFit	Senior Masculino	01:14:48	+10:28	08:19
15	1570	Vasco Jorge Rodrigues Costa	Bombeiros de Bragança	Senior Masculino	01:16:20	+11:59	08:29
16	1635	Telmo Pereira	CrossFitMCN	Senior Masculino	01:16:23	+12:02	08:29
17	1636	Tiago António Miranda Caetano	CrossFitMCN	Senior Masculino	01:16:33	+12:12	08:30
18	1634	Rui Vítor Canavez Romao	CrossFitMCN	Senior Masculino	01:16:44	+12:23	08:32
19	1629	Pedro Sousa	CrossFitMCN	Senior Masculino	01:17:18	+12:57	08:35
20	1619	Adelino Moreira	CrossFitMCN	Senior Masculino	01:17:24	+13:04	08:36
21	1873	Rui Oliveira	OCR Portugal Lab	Senior Masculino	01:18:09	+13:48	08:41
22	1507	Luis Silva	100pressão	Senior Masculino	01:18:39	+14:18	08:44
23	1543	Carlos Sa	ASPBSB	Senior Masculino	01:19:55	+15:35	08:53
24	1544	João Alberto	ASPBSB	Senior Masculino	01:19:56	+15:35	08:53
25	1545	Pedro Cardoso	ASPBSB	Senior Masculino	01:19:56	+15:36	08:53
26	1799	Luis Machado	Individual	Senior Masculino	01:21:31	+17:10	09:03
27	1757	ANTONIO MANUEL FONTOURA COSTA	Ginásio Montalegre	Senior Masculino	01:21:45	+17:24	09:05
28	1846	Ivan Fernández Doval	Molis Box	Senior Masculino	01:23:28	+19:07	09:16
29	1847	Jose carballo guimerans	Molis Box	Senior Masculino	01:23:28	+19:07	09:16
30	1845	Ángel Blanco Vilaboa	Molis Box	Senior Masculino	01:23:28	+19:07	09:16
31	1782	Bruno Alves	Individual	Senior Masculino	01:23:39	+19:18	09:18
32	1784	Daniel Matos	Individual	Senior Masculino	01:26:07	+21:46	09:34
33	1794	Filipe Fernandes	Individual	Senior Masculino	01:26:15	+21:54	09:35
34	1504	André Silva	100pressão	Senior Masculino	01:26:36	+22:16	09:37
35	1856	Patrick Isaac Dick	Nubeiros OCR	Senior Masculino	01:27:05	+22:44	09:41
36	1785	David Assunção	Individual	Senior Masculino	01:27:09	+22:48	09:41
37	1854	Angel García Prado	Nubeiros OCR	Senior Masculino	01:27:12	+22:51	09:41
38	1505	Diogo Leite	100pressão	Senior Masculino	01:27:17	+22:56	09:42
39	1795	Gonçalo José Gomes Meneses Pimentel	Individual	Senior Masculino	01:27:55	+23:34	09:46
40	1697	Luis Teixeira	ELITE TEAM CABECEIRAS DE BASTO	Senior Masculino	01:27:59	+23:38	09:47
41	1894	Victor Domonte Pérez	RAGNAROK OCR	Senior Masculino	01:29:43	+25:22	09:58
42	1893	Tristán Failde Fernández	RAGNAROK OCR	Senior Masculino	01:29:53	+25:33	09:59
43	1892	Raúl Rodríguez	RAGNAROK OCR	Senior Masculino	01:29:56	+25:35	10:00
44	1508	Rui Pereira	100pressão	Senior Masculino	01:30:14	+25:53	10:02
45	1576	José Cunha	Cav°s Extraordinários	Senior Masculino	01:30:18	+25:58	10:02
46	1502	Agostinho Felix	100pressão	Senior Masculino	01:30:56	+26:35	10:06
47	1572	José Eduardo Gonçalves Fernandes	Braga Warriors	Senior Masculino	01:31:46	+27:25	10:12
48	1631	Ricardo Manuel da Silva Soares	CrossFitMCN	Senior Masculino	01:32:02	+27:41	10:14
49	1986	Rúben Alves	T22	Senior Masculino	01:33:26	+29:05	10:23
50	1970	Dany Costa	T22	Senior Masculino	01:35:08	+30:47	10:34
51	1981	Luis Filipe Freitas Costa	T22	Senior Masculino	01:35:11	+30:50	10:35
52	1568	Rui Manuel Carvalho Felix	Bombeiros de Bragança	Senior Masculino	01:35:27	+31:06	10:36

**Guerreiros**

**9 KM**

**OFFICIAL RESULT**

53	1739	Luis Almeida	FLAVIUS CHALLENGE / POWER FITNESS STUDIO	Senior Masculino	01:36:40	+32:19	10:44
54	1693	José Antunes	ELITE TEAM CABECEIRAS DE BASTO	Senior Masculino	01:37:12	+32:52	10:48
55	1737	Joaquim Ferreira	FLAVIUS CHALLENGE / POWER FITNESS STUDIO	Senior Masculino	01:37:23	+33:02	10:49
56	2005	Rui Alves	URBAN ACADEMY	Senior Masculino	01:37:24	+33:03	10:49
57	1781	António Ferreira	Individual	Senior Masculino	01:37:57	+33:36	10:53
58	1803	Rodrigo Silva	Individual	Senior Masculino	01:38:01	+33:40	10:53
59	1630	Ricardo José Azevedo Gonçalo	CrossFitMCN	Senior Masculino	01:38:02	+33:42	10:54
60	1569	Tiago Luís dos Reis de Brito	Bombeiros de Bragança	Senior Masculino	01:38:10	+33:49	10:54
61	1700	Pedro Barros	ELITE TEAM CABECEIRAS DE BASTO	Senior Masculino	01:38:42	+34:21	10:58
62	1792	Fernando Silva	Individual	Senior Masculino	01:39:15	+34:54	11:02
63	1573	Nelson Luís Silva da Costa	Braga Warriors	Senior Masculino	01:39:45	+35:24	11:05
64	1703	Ruben vilas Boas	ELITE TEAM CABECEIRAS DE BASTO	Senior Masculino	01:40:00	+35:39	11:07
65	1506	Lois Da Silva	100pressão	Senior Masculino	01:40:03	+35:42	11:07
66	1993	Hugo Tiago Leitão Meireles	Trio HMH	Senior Masculino	01:40:14	+35:54	11:08
67	1786	David Marques	Individual	Senior Masculino	01:40:15	+35:54	11:08
68	1796	João Pedro Rompante	Individual	Senior Masculino	01:40:42	+36:21	11:11
69	1789	Edgar Alves	Individual	Senior Masculino	01:40:46	+36:26	11:12
70	1575	Reis Lima Quarteu	CARETOS.OCR	Senior Masculino	01:42:12	+37:51	11:21
71	1626	João Soares	CrossFitMCN	Senior Masculino	01:42:14	+37:53	11:22
72	2004	Pedro Costa	URBAN ACADEMY	Senior Masculino	01:42:38	+38:17	11:24
73	1512	Tiago Xavier	20e15	Senior Masculino	01:43:20	+38:59	11:29
74	1510	Nelson Costa	20e15	Senior Masculino	01:43:55	+39:34	11:33
75	1708	Tiago Costa	Escapistas	Senior Masculino	01:44:19	+39:58	11:35
76	1509	David Azevedo	20e15	Senior Masculino	01:44:22	+40:01	11:36
77	2052	Sérgio Sepulveda	20e15	Senior Masculino	01:44:23	+40:02	11:36
78	1521	Aristides Morais	Academia JdC	Senior Masculino	01:44:45	+40:24	11:38
79	1522	Eduardo Esteves	Academia JdC	Senior Masculino	01:44:45	+40:24	11:38
80	1513	Pedro Rafael Gonçalves Ribeiro	4LC4T314	Senior Masculino	01:45:08	+40:47	11:41
81	1514	Samuel David Teixeira Vieira	4LC4T314	Senior Masculino	01:45:09	+40:48	11:41
82	1705	João Peixoto	Escapistas	Senior Masculino	01:45:47	+41:26	11:45
83	1706	Nuno Silva	Escapistas	Senior Masculino	01:45:59	+41:38	11:47
84	1707	Pedro Silva	Escapistas	Senior Masculino	01:46:28	+42:07	11:50
85	1890	Javier Alonso Pérez	RAGNAROK OCR	Senior Masculino	01:47:46	+43:25	11:58
86	1891	Kike Gómez	RAGNAROK OCR	Senior Masculino	01:47:47	+43:26	11:59
87	1696	Luis Lopes	ELITE TEAM CABECEIRAS DE BASTO	Senior Masculino	01:49:11	+44:50	12:08
88	1704	João Abreu	Escapistas	Senior Masculino	01:49:48	+45:27	12:12
89	1733	Diocleciano Pimentel	FLAVIUS CHALLENGE / POWER FITNESS STUDIO	Senior Masculino	01:49:50	+45:29	12:12
90	1698	Manuel Magalhaes	ELITE TEAM CABECEIRAS DE BASTO	Senior Masculino	01:50:11	+45:50	12:15
91	1763	LEONARDO COSTA	Ginásio Montalegre	Senior Masculino	01:50:18	+45:58	12:15
92	1758	CEDRIC DOS SANTOS FRAGA	Ginásio Montalegre	Senior Masculino	01:50:20	+45:59	12:16
93	1018	André Miguel Amorim Silva	Individual	Senior Masculino	01:50:44	+46:23	12:18









