











#### MEIA MARATONA DA PRIMAVERA - STAGE 1

#### 21,097 KM

#### OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
216	4	Luis Filipe Ferreira	a team ageas	Veterano M45	01:52:12	+40:18	05:19
217	524	Filipe Poderoso	individual	Veterano M50	01:52:13	+40:19	05:19
218	282	Tania Vieira	individual	Veterana F35	01:52:14	+40:20	05:19
219	177	Mariana Borges	individual	Senior Feminino	01:52:20	+40:26	05:19
220	454	Francisco Oliveira	individual	Veterano M45	01:52:20	+40:26	05:19
221	259	Valter Soares	individual	Senior Masculino	01:52:23	+40:29	05:20
222	366	Nuno Almeida	individual	Veterano M35	01:52:24	+40:29	05:20
223	378	Bruno Albergaria	individual	Veterano M40	01:52:29	+40:35	05:20
224	457	João Fernando	individual	Veterano M45	01:52:30	+40:36	05:20
225	373	Tomás Castro	individual	Veterano M35	01:52:34	+40:40	05:20
226	135	MATILDE BAPTISTA	hmc sports	Veterana F55	01:52:35	+40:41	05:20
227	641	joaquim silva	meia duzia	Veterano M50	01:52:38	+40:44	05:20
228	547	Paulo Reis	individual	Veterano M50	01:52:48	+40:54	05:21
229	414	Miguel Alexandre Pinho Carlos	individual	Veterano M40	01:53:02	+41:08	05:22
230	369	Nuno Pereira	individual	Veterano M35	01:53:11	+41:17	05:22
231	463	José Meireles	individual	Veterano M45	01:53:17	+41:23	05:22
232	501	Valdemar lopes	individual	Veterano M45	01:53:18	+41:24	05:22
233	376	António José PInho Neves	individual	Veterano M40	01:53:20	+41:26	05:22
234	566	JOSÉ FERREIRA	individual	Veterano M55	01:53:31	+41:36	05:23
235	472	Nelson Gomes	individual	Veterano M45	01:53:40	+41:46	05:23
236	95	Mónica Nunes	dci/trilhos luso bussaco	Veterana F45	01:53:52	+41:58	05:24
237	242	Rafael sezino	individual	Senior Masculino	01:53:55	+42:01	05:24
238	562	FERNANDO CORUCHO	individual	Veterano M55	01:53:56	+42:02	05:24
239	23	Marco Paulo Moreira Leite	aej triatlo	Veterano M40	01:54:15	+42:21	05:25
240	24	Sandro Silva	aej triatlo	Veterano M40	01:54:15	+42:21	05:25
241	75	Cristiano Salgado	cin running team	Veterano M35	01:54:23	+42:29	05:25
242	74	Carlos Moreira	cin running team	Senior Masculino	01:54:23	+42:29	05:25
243	2	Alexandra Mouta	#mirras	Veterana F35	01:54:28	+42:34	05:26
244	280	Gabriela Bi Madeira	individual	Veterana F35	01:54:28	+42:34	05:26
245	38	Basilio Simoes	arcd venda da luisa	Veterano M55	01:54:31	+42:37	05:26
246	455	Hélio Rodrigo da Costa Mourão	individual	Veterano M45	01:54:33	+42:39	05:26
247	36	Maria João Benquerença	arcd venda da luisa	Veterana F50	01:54:35	+42:41	05:26
248	575	Mário Alberto Vieira Vinhas	individual	Veterano M55	01:54:39	+42:45	05:26
249	10	Filipa Freitas	adtr travassós running fafe	Senior Feminino	01:54:45	+42:51	05:26
250	310	Sandra Amorim	individual	Veterana F45	01:54:48	+42:54	05:27
251	380	Bruno Manuel Dias da Rocha	individual	Veterano M40	01:54:48	+42:54	05:27
252	67	Vera Leite	bravos e bravitas	Veterana F40	01:54:49	+42:54	05:27
253	61	Beta Santos	bandalhos running	Veterana F45	01:54:53	+42:59	05:27
254	335	Carlos Monteiro	individual	Veterano M35	01:54:53	+42:59	05:27
255	531	JOSE MANUEL MOREIRA	individual	Veterano M50	01:55:05	+43:11	05:27
256	139	Ricardo Andrés Neves dos Santos	hmc sports	Veterano M35	01:55:07	+43:13	05:27
257	365	Marcelo José Reis Oliveira Ramalho	individual	Veterano M35	01:55:07	+43:13	05:27
258	184	Vanessa M Santos	individual	Senior Feminino	01:55:09	+43:15	05:28
259	596	Manuel Sousa Cardoso	individual	Veterano M60	01:55:10	+43:16	05:28



**MEIA MARATONA DA PRIMAVERA - STAGE 1**

**21,097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
306	80	Jorge Silva	circac - círculo de recreio, arte e cultura	Veterano M50	01:58:08	+46:14	05:36
307	251	Sávio Rodrigues de Sousa	individual	Senior Masculino	01:58:10	+46:16	05:36
308	103	Vanessa Alexandra de Oliveira Santos	equipaço	Veterana F35	01:58:12	+46:18	05:36
309	441	Carlos Marques	individual	Veterano M45	01:58:13	+46:19	05:36
310	504	Américo Manuel Oliveira	individual	Veterano M50	01:58:14	+46:20	05:36
311	81	Narciso Arromba	clube de veteranos de coimbra - cluve	Veterano M60	01:58:17	+46:23	05:36
312	693	Ricardo Ribeiro	run4free	Veterano M35	01:58:18	+46:24	05:36
313	492	Rui Ferreira	individual	Veterano M45	01:58:25	+46:31	05:37
314	371	Pedro Miguel Pereira Barbosa de Alpoim	individual	Veterano M35	01:58:25	+46:31	05:37
315	34	Rui Neves	arada atlético clube	Veterano M45	01:58:31	+46:37	05:37
316	279	Florbela Araujo	individual	Veterana F35	01:58:33	+46:39	05:37
317	644	Tiago Silva	night runners feira	Sub 23 Masculino	01:58:34	+46:40	05:37
318	195	Daniel Rocha	individual	Senior Masculino	01:58:37	+46:43	05:37
319	216	João Varão	individual	Senior Masculino	01:58:39	+46:45	05:37
320	142	Leonel rocha	hmc sports	Veterano M40	01:58:46	+46:52	05:38
321	130	Claudia Pereira Pires Teixeira	hmc sports	Veterana F45	01:58:49	+46:55	05:38
322	447	Fernando Santos	individual	Veterano M45	01:58:53	+46:58	05:38
323	670	Pierre Quintaneiro	os julitos	Senior Masculino	01:58:55	+47:00	05:38
324	219	Lucas Silva	individual	Senior Masculino	01:58:55	+47:00	05:38
325	330	Álvaro Gonçalves	individual	Veterano M35	01:58:55	+47:01	05:38
326	208	Gonçalo Marques Guedes	individual	Senior Masculino	01:58:58	+47:04	05:38
327	680	Carla sousa	pernaltaa	Senior Feminino	01:58:58	+47:04	05:38
328	679	Adriana Lopes	pernaltaa	Senior Feminino	01:58:59	+47:05	05:38
329	128	Sofia Vidigueira	hmc sports	Veterana F35	01:58:59	+47:05	05:38
330	30	Hugo Portela	appybook	Veterano M45	01:59:04	+47:10	05:39
331	254	Telmo Menoita	individual	Senior Masculino	01:59:14	+47:20	05:39
332	56	Paulo Sérgio Bastos Pais	individual	Veterano M55	01:59:21	+47:26	05:39
333	614	Domingos silva	jesus runners	Veterano M60	01:59:24	+47:30	05:40
334	713	Vasco Coelho	tartarugas de seixezelo	Veterano M40	01:59:25	+47:31	05:40
335	275	Ângela Silva	individual	Veterana F35	01:59:25	+47:31	05:40
336	268	João Sousa	individual	Sub 23 Masculino	01:59:27	+47:33	05:40
337	582	Geraldino Silva	individual	Veterano M60	01:59:29	+47:35	05:40
338	338	Daniel Filipe Costa	individual	Veterano M35	01:59:33	+47:39	05:40
339	147	Filipe Castro	h-raky	Veterano M35	01:59:36	+47:42	05:40
340	401	Jorge torrao	individual	Veterano M40	01:59:49	+47:55	05:41
341	18	Ivo Gabriel Alves Castro	adtr travassós running fafe	Veterano M35	01:59:58	+48:04	05:41
342	643	Valéria Correia	night runners feira	Senior Feminino	01:59:59	+48:04	05:41
343	163	Beatriz Frutuoso	individual	Senior Feminino	02:00:01	+48:07	05:41
344	636	Rui Viegas	malharsemdestino	Veterano M40	02:00:11	+48:16	05:42
345	333	André mota	individual	Veterano M35	02:00:12	+48:18	05:42
346	263	Xavier Alves	individual	Senior Masculino	02:00:14	+48:20	05:42
347	51	Jorge Melo	arrifana running	Veterano M55	02:00:15	+48:21	05:42
348	645	Vânia Oliveira	night runners feira	Veterana F35	02:00:24	+48:30	05:42
349	648	Liliana Oliveira	night runners feira	Veterana F45	02:00:24	+48:30	05:42
350	203	Edgar Rodrigues	individual	Senior Masculino	02:00:26	+48:32	05:43





**MEIA MARATONA DA PRIMAVERA - STAGE 1**

**21,097 KM**

**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
394	724	Beatriz Silva	teamrena	Senior Feminino	02:05:16	+53:22	05:56
395	281	Tânia Cunha	individual	Veterana F35	02:05:47	+53:53	05:58
396	669	Joel Bicho	os julitos	Senior Masculino	02:05:53	+53:59	05:58
397	106	Vítor Manuel da Silva Alves	equipaço	Veterano M35	02:05:54	+54:00	05:58
398	356	João Vieira	individual	Veterano M35	02:05:56	+54:02	05:58
399	64	João Paulo Rocha Ferreira Andrade Diogo	billabongos	Senior Masculino	02:05:59	+54:04	05:58
400	65	João Rodrigo Rocha Ferreira Andrade Diogo	billabongos	Senior Masculino	02:05:59	+54:05	05:58
401	584	Jorge Sequeira	individual	Veterano M60	02:06:11	+54:17	05:59
402	491	Ruben Almeida	individual	Veterano M45	02:06:18	+54:24	05:59
403	576	Mauricio Accioly Lins	individual	Veterano M55	02:06:24	+54:30	06:00
404	696	Jorge Augusto Oliveira Guerra	running de esmoriz	Veterano M50	02:06:25	+54:31	06:00
405	168	Daniela Pinho	individual	Senior Feminino	02:06:28	+54:34	06:00
406	178	Mariana de Sousa Sá	individual	Senior Feminino	02:06:29	+54:34	06:00
407	266	Joao Miguel	individual	Sub 23 Masculino	02:06:36	+54:42	06:00
408	68	AnaPaula Castro	cal - clube atletismo de lamas	Veterana F50	02:06:47	+54:53	06:01
409	731	António Amaral	walk&run4fun	Veterano M45	02:06:47	+54:53	06:01
410	236	Paulo Almeida	individual	Senior Masculino	02:07:17	+55:23	06:02
411	140	Álvaro José Dias Carvalhinho	hmc sports	Veterano M40	02:07:24	+55:30	06:02
412	134	Laurinda Maria Lopes de Andrade Oliveira	hmc sports	Veterana F55	02:07:29	+55:35	06:03
413	579	Rui Leite	individual	Veterano M55	02:07:31	+55:37	06:03
414	554	Alcino Santos	individual	Veterano M55	02:07:32	+55:38	06:03
415	697	RUI MARQUES	running de esmoriz	Veterano M50	02:07:47	+55:53	06:03
416	166	Carolina Moreira	individual	Senior Feminino	02:07:48	+55:53	06:03
417	197	David Gouveia	individual	Senior Masculino	02:07:48	+55:54	06:03
418	107	José Alberto da Silva Vilas Boas	equipaço	Veterano M50	02:07:50	+55:56	06:04
419	720	Hélder Santos	team runners	Veterano M40	02:07:53	+55:59	06:04
420	276	Carla Araújo	individual	Veterana F35	02:07:55	+56:00	06:04
421	426	Ricardo Almeida	individual	Veterano M40	02:08:04	+56:10	06:04
422	725	Rita Bastos	teamrena	Senior Feminino	02:08:22	+56:28	06:05
423	477	Paulo Jorge Santos Jesus	individual	Veterano M45	02:08:24	+56:30	06:05
424	649	Sónia Coelho	night runners feira	Veterana F45	02:08:26	+56:32	06:05
425	400	JOÃO AMORIM	individual	Veterano M40	02:08:29	+56:34	06:05
426	170	Diana Oliveira	individual	Senior Feminino	02:08:34	+56:40	06:06
427	610	Luis Morais	javalis100limites	Veterano M50	02:08:41	+56:47	06:06
428	313	Ana Germano	individual	Veterana F50	02:08:51	+56:57	06:06
429	612	Pedro silva	jesus runners	Veterano M35	02:08:55	+57:01	06:07
430	692	Sónia Teixeira	run4free	Veterana F35	02:08:58	+57:04	06:07
431	613	Rui silva	jesus runners	Veterano M35	02:09:01	+57:07	06:07
432	474	Nuno Manuel Serra Leite	individual	Veterano M45	02:09:12	+57:18	06:07
433	564	Joao Carlos Freitas Jorge	individual	Veterano M55	02:09:39	+57:45	06:09
434	102	Vítor Manuel Dias Gonçalves	embarca running	Veterano M35	02:10:00	+58:06	06:10
435	101	Elisabete Maria Soutulho Coelho Alves	embarca running	Veterana F35	02:10:00	+58:06	06:10

**MEIA MARATONA DA PRIMAVERA - STAGE 1**

**21,097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>CAT</b>	<b>RESULT</b>	<b>DIFF</b>	<b>↑/KM</b>
436	544	Miguel Jorge Fernandes de Araújo Vieira	individual	Veterano M50	02:10:03	+58:09	06:10
437	154	Joaquim Machado	ímpar running team	Veterano M50	02:10:04	+58:10	06:10
438	152	Renato Marques	ímpar running team	Veterano M40	02:10:05	+58:11	06:10
439	438	António Rodrigues	individual	Veterano M45	02:10:14	+58:20	06:10
440	277	Daniela Caetano de Sá	individual	Veterana F35	02:10:38	+58:44	06:12
441	672	Monia Oliveira	os lesmas	Veterana F40	02:10:39	+58:45	06:12
442	673	Nuno Figueiredo	os lesmas	Veterano M40	02:10:40	+58:46	06:12
443	677	Miguel Marques	papagaios	Veterano M45	02:10:41	+58:47	06:12
444	587	Jose manuel Dias Sousa	individual	Veterano M60	02:10:56	+59:02	06:12
445	437	António Manuel Nogueira Santos	individual	Veterano M45	02:10:58	+59:04	06:13
446	616	Tiago Sousa	juf acc	Veterano M35	02:10:59	+59:05	06:13
447	606	sonia monteiro	javalis100limites	Veterana F35	02:10:59	+59:05	06:13
448	444	Délio Manuel Ferreira Carquejo	individual	Veterano M45	02:11:13	+59:18	06:13
449	528	Joaquim José Cardoso Encarnação	individual	Veterano M50	02:11:13	+59:19	06:13
450	113	Armando Oliveira	fidelidade gdc	Veterano M50	02:11:30	+59:36	06:14
451	334	Bruno César	individual	Veterano M35	02:11:52	+59:58	06:15
452	12	Ana Oliveira	adtr travassós running fafe	Veterana F35	02:11:59	+01:00:05	06:15
453	9	Anabela Magalhães	adtr travassós running fafe	Senior Feminino	02:12:00	+01:00:06	06:15
454	158	Ana Lúcia Dias Pereira	individual	Senior Feminino	02:12:03	+01:00:09	06:16
455	13	Mara Baião	adtr travassós running fafe	Veterana F35	02:12:11	+01:00:17	06:16
456	466	MANUEL FERREIRA	individual	Veterano M45	02:12:17	+01:00:23	06:16
457	424	Pedro Silva	individual	Veterano M40	02:12:46	+01:00:52	06:18
458	525	francisco costa	individual	Veterano M50	02:12:54	+01:01:00	06:18
459	29	Alex Semichev	anatata	Veterano M35	02:13:03	+01:01:09	06:18
460	264	Gabriela Pinhal	individual	Sub 23 Feminino	02:13:08	+01:01:14	06:19
461	686	Rui Russo dos Santos	porto runners	Veterano M55	02:13:13	+01:01:19	06:19
462	169	Diana Amaral	individual	Senior Feminino	02:13:13	+01:01:19	06:19
463	664	Mário Costa Pereira	night runners feira	Veterano M55	02:13:14	+01:01:20	06:19
464	171	Diana Pimenta	individual	Senior Feminino	02:13:31	+01:01:37	06:20
465	131	Gisela Avelar	hmc sports	Veterana F45	02:13:34	+01:01:39	06:20
466	482	Paulo Silva	individual	Veterano M45	02:13:34	+01:01:40	06:20
467	205	Filipe Paulo	individual	Senior Masculino	02:13:46	+01:01:52	06:20
468	452	Filipe Ribeiro	individual	Veterano M45	02:13:50	+01:01:56	06:21
469	370	Orlando Marques	individual	Veterano M35	02:13:54	+01:02:00	06:21
470	398	Humberto Barros	individual	Veterano M40	02:14:09	+01:02:15	06:22
471	729	Ana Gonçalves	the mountain goat	Veterana F55	02:14:16	+01:02:22	06:22
472	674	João Videira	os quenianos	Veterano M40	02:14:21	+01:02:27	06:22
473	341	Egídio Rodrigues	individual	Veterano M35	02:14:23	+01:02:29	06:22
474	283	Teresa Capelo	individual	Veterana F35	02:14:23	+01:02:29	06:22
475	324	Orquídea Gomes	individual	Veterana F50	02:14:45	+01:02:51	06:23
476	122	Filomena Santos	grupo desportivo assempark - aveiro	Veterana F60	02:14:55	+01:03:01	06:24
477	232	Nelson Carvalho	individual	Senior Masculino	02:14:55	+01:03:01	06:24
478	623	Paulo Maia	lamechas	Sub 23 Masculino	02:15:02	+01:03:08	06:24
479	396	HUGO MOURÃO	individual	Veterano M40	02:15:07	+01:03:13	06:24

MEIA MARATONA DA PRIMAVERA - STAGE 1

21,097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
480	543	Manuel Coelho	individual	Veterano M50	02:15:12	+01:03:18	06:25
481	291	Mara Célia	individual	Veterana F40	02:15:12	+01:03:18	06:25
482	143	Pedro Luís Rocha Ferreira	hmc sports	Veterano M40	02:15:12	+01:03:18	06:25
483	175	Laura Tavares	individual	Senior Feminino	02:15:14	+01:03:20	06:25
484	719	Isabel Marrão	team runners	Veterana F50	02:15:27	+01:03:32	06:25
485	28	Anastasia Sorokina	anatata	Senior Feminino	02:15:46	+01:03:51	06:26
486	220	Luís António Teixeira de Lima e Silva	individual	Senior Masculino	02:16:11	+01:04:17	06:27
487	126	Ana Antonieta Carvalhinho Ribeiro da Silva	hmc sports	Veterana F35	02:16:39	+01:04:45	06:29
488	133	Anabela Santos Ribeiro	hmc sports	Veterana F50	02:16:43	+01:04:49	06:29
489	149	Frederico Martins	h-raky	Veterano M45	02:17:07	+01:05:13	06:30
490	295	Odete Manuela Martins da Silva	individual	Veterana F40	02:18:02	+01:06:08	06:33
491	654	Rui Carmo	night runners feira	Veterano M40	02:18:11	+01:06:17	06:33
492	185	Victoria Cerqueira	individual	Senior Feminino	02:18:30	+01:06:35	06:34
493	665	Casimiro Fernandes	night runners feira	Veterano M60	02:18:56	+01:07:02	06:35
494	194	Damião Silva	individual	Senior Masculino	02:18:56	+01:07:02	06:35
495	631	Ana Paula Teixeira	lourosa em movimento	Veterana F50	02:19:24	+01:07:30	06:36
496	642	Álvaro Silva	mss grupo desportivo de gondomar	Veterano M60	02:19:37	+01:07:43	06:37
497	694	Ana Oliveira	running de esmoriz	Veterana F55	02:19:38	+01:07:44	06:37
498	377	Armando Carragoso	individual	Veterano M40	02:19:44	+01:07:50	06:37
499	559	clemente meireles	individual	Veterano M55	02:19:55	+01:08:01	06:38
500	684	Ângela Isabel Pereira Bramão	ponto zen	Veterana F45	02:20:13	+01:08:19	06:39
501	150	Óscar Almeida	h-raky	Veterano M45	02:21:18	+01:09:24	06:42
502	180	Marina Tavares	individual	Senior Feminino	02:21:38	+01:09:44	06:43
503	308	Paula José Gaio de Araújo	individual	Veterana F45	02:21:46	+01:09:52	06:43
504	733	Maria Manuel Pinto Soares	individual	Veterana F50	02:21:59	+01:10:05	06:44
505	503	Amândio Mendes	individual	Veterano M50	02:21:59	+01:10:05	06:44
506	374	Aleksei Tatarenko	individual	Veterano M40	02:22:23	+01:10:29	06:45
507	625	Marco Maia	lamechas	Veterano M50	02:23:51	+01:11:57	06:49
508	580	ABILIO SOARES	individual	Veterano M60	02:23:55	+01:12:01	06:49
509	76	Vitor Ribeiro	cin running team	Veterano M45	02:23:56	+01:12:01	06:49
510	312	SANDRA CRISTINA MORAIS COSTA	individual	Veterana F45	02:24:38	+01:12:44	06:51
511	183	Sara Felício	individual	Senior Feminino	02:24:50	+01:12:56	06:52
512	157	Adelaide Coutinho	individual	Senior Feminino	02:24:50	+01:12:56	06:52
513	638	Paulo Martins	mc running	Veterano M40	02:25:12	+01:13:17	06:53
514	190	Bruno Tavares	individual	Senior Masculino	02:25:28	+01:13:34	06:54
515	173	Francisca Pinto Azevedo	individual	Senior Feminino	02:25:28	+01:13:34	06:54
516	284	Vera Ferreira	individual	Veterana F35	02:26:53	+01:14:59	06:58
517	161	Andreia Oliveira	individual	Senior Feminino	02:27:17	+01:15:23	06:59
518	322	Margarida Ribeiro	individual	Veterana F50	02:27:27	+01:15:33	06:59
519	671	João Barros	os lamechas	Senior Masculino	02:27:59	+01:16:05	07:01
520	624	Bruno Azevedo	lamechas	Veterano M45	02:27:59	+01:16:05	07:01
521	286	Fátima Freitas	individual	Veterana F40	02:28:27	+01:16:33	07:02
522	16	Lucinda Silva	adtr travassós running fafe	Veterana F55	02:28:27	+01:16:33	07:02

## MEIA MARATONA DA PRIMAVERA - STAGE 1

21,097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
523	316	Cristina Pinho	individual	Veterana F50	02:28:53	+01:16:59	07:03
524	53	Valter Correia Lima	arroz de carril	Veterano M40	02:29:02	+01:17:08	07:04
525	294	Marta Ferreira	individual	Veterana F40	02:29:50	+01:17:56	07:06
526	685	Paulo Ferreira	ponto zen	Veterano M40	02:29:51	+01:17:57	07:06
527	646	Vânia silva	night runners feira	Veterana F35	02:30:31	+01:18:36	07:08
528	647	Monica Filipa do Carmo Leal	night runners feira	Veterana F40	02:30:31	+01:18:37	07:08
529	144	Romeu Filipe Oliveira Valente	hmc sports	Veterano M40	02:31:46	+01:19:52	07:12
530	728	Rui Coelho	the believers	Veterano M35	02:31:50	+01:19:56	07:12
531	727	Márcia Sofia Casal Henriques dos Santos	the believers	Veterana F40	02:31:50	+01:19:56	07:12
532	328	maria jose machado	individual	Veterana F60	02:33:46	+01:21:51	07:17
533	253	Sérgio Santos	individual	Senior Masculino	02:34:43	+01:22:49	07:20
534	607	carla pereira	javails100limites	Veterana F40	02:35:33	+01:23:39	07:22
535	604	Monica Morais	javails100limites	Senior Feminino	02:35:50	+01:23:56	07:23
536	300	Anabela Sousa	individual	Veterana F45	02:39:46	+01:27:52	07:34
537	302	Claudia Gonc	individual	Veterana F45	02:43:05	+01:31:11	07:44
538	3	Sonia Martins	a team ageas	Veterana F40	02:43:09	+01:31:15	07:44
539	265	Gonçalo Pinho	individual	Sub 23 Masculino	02:46:56	+01:35:02	07:55
540	174	Jéssica Tavares De Almeida	individual	Senior Feminino	02:53:38	+01:41:44	08:14
541	212	Hugo Aragão Vieira Da Silva Aresta	individual	Senior Masculino	02:55:32	+01:43:38	08:19
542	156	Herculano Cardoso	ímpar running team	Veterano M55	02:56:40	+01:44:46	08:22
543	536	Luís Monteiro	individual	Veterano M50	02:56:40	+01:44:46	08:22
544	711	Nuno Soares	sstsjm	Veterano M40	02:56:42	+01:44:47	08:23
545	274	Ainhoa Delgado	individual	Veterana F35	02:58:35	+01:46:41	08:28

Meia Maratona da Primavera

21,097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION  
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	16:00	24,1°C	39%
End	18:58	22,4°C	44%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
------	-----	------	------	-----	--------	------	------

### Senior Feminino

1	83	Vera Rodrigues	Clube Desportivo Feirense	Senior Feminino	01:33:21	+21:27	04:26
2	54	Maria João Vieira	ARSM - Associação Recreativa de S.Miguel	Senior Feminino	01:37:32	+25:38	04:37
3	626	Marília Lima	LES BIG MECS	Senior Feminino	01:44:19	+32:25	04:57
4	25	Fátima Maria Soares Pinho	AFIS/OVAR	Senior Feminino	01:47:03	+35:09	05:04
5	162	Bárbara Bastos	Individual	Senior Feminino	01:47:19	+35:25	05:05
6	167	Daniela Couto	Individual	Senior Feminino	01:48:25	+36:31	05:08
7	172	Filipa Liz	Individual	Senior Feminino	01:48:39	+36:45	05:09
8	603	Catarina pinhal	javalis100limites	Senior Feminino	01:48:41	+36:47	05:09
9	177	Mariana Borges	Individual	Senior Feminino	01:52:20	+40:26	05:19
10	10	Filipa Freitas	ADTTR travassós running Fafe	Senior Feminino	01:54:45	+42:51	05:26
11	184	Vanessa M Santos	Individual	Senior Feminino	01:55:09	+43:15	05:28
12	680	Carla sousa	Pernaltaa	Senior Feminino	01:58:58	+47:04	05:38
13	679	Adriana Lopes	Pernaltaa	Senior Feminino	01:58:59	+47:05	05:38
14	643	Valéria Correia	NIGHT Runners Feira	Senior Feminino	01:59:59	+48:04	05:41
15	163	Beatriz Frutuoso	Individual	Senior Feminino	02:00:01	+48:07	05:41
16	182	Rafaela de Melo	Individual	Senior Feminino	02:01:05	+49:11	05:44
17	91	Jéssica Pereira Andrade	CopoRunners	Senior Feminino	02:02:57	+51:03	05:50
18	724	Beatriz Silva	TEAMRENA	Senior Feminino	02:05:16	+53:22	05:56
19	168	Daniela Pinho	Individual	Senior Feminino	02:06:28	+54:34	06:00
20	178	Mariana de Sousa Sá	Individual	Senior Feminino	02:06:29	+54:34	06:00
21	166	Carolina Moreira	Individual	Senior Feminino	02:07:48	+55:53	06:03
22	725	Rita Bastos	TEAMRENA	Senior Feminino	02:08:22	+56:28	06:05
23	170	Diana Oliveira	Individual	Senior Feminino	02:08:34	+56:40	06:06
24	9	Anabela Magalhães	ADTTR travassós running Fafe	Senior Feminino	02:12:00	+01:00:06	06:15
25	158	Ana Lúcia Dias Pereira	Individual	Senior Feminino	02:12:03	+01:00:09	06:16
26	169	Diana Amaral	Individual	Senior Feminino	02:13:13	+01:01:19	06:19
27	171	Diana Pimenta	Individual	Senior Feminino	02:13:31	+01:01:37	06:20
28	175	Laura Tavares	Individual	Senior Feminino	02:15:14	+01:03:20	06:25
29	28	Anastasia Sorokina	Anatata	Senior Feminino	02:15:46	+01:03:51	06:26
30	185	Victória Cerqueira	Individual	Senior Feminino	02:18:30	+01:06:35	06:34
31	180	Marina Tavares	Individual	Senior Feminino	02:21:38	+01:09:44	06:43
32	183	Sara Felício	Individual	Senior Feminino	02:24:50	+01:12:56	06:52
33	157	Adelaide Coutinho	Individual	Senior Feminino	02:24:50	+01:12:56	06:52
34	173	Francisca Pinto Azevedo	Individual	Senior Feminino	02:25:28	+01:13:34	06:54
35	161	Andreia Oliveira	Individual	Senior Feminino	02:27:17	+01:15:23	06:59
36	604	Monica Morais	javalis100limites	Senior Feminino	02:35:50	+01:23:56	07:23
37	174	Jéssica Tavares De Almeida	Individual	Senior Feminino	02:53:38	+01:41:44	08:14

**Meia Maratona da Primavera**

**21,097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**Senior Masculino**

1	709	Gil Maia	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:11:54		03:24
2	86	Henrique Manuel de Almeida Moreira	Clube dos Galitos	Senior Masculino	01:17:48	+05:54	03:41
3	58	Ricardo Marafuz	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Senior Masculino	01:22:45	+10:51	03:55
4	206	Francisco Amorim	Individual	Senior Masculino	01:23:20	+11:26	03:57
5	230	Miguel Marques	Individual	Senior Masculino	01:25:52	+13:57	04:04
6	228	Marco Marques	Individual	Senior Masculino	01:27:19	+15:25	04:08
7	239	Pedro Magolo	Individual	Senior Masculino	01:28:29	+16:35	04:12
8	198	David Maia	Individual	Senior Masculino	01:28:30	+16:35	04:12
9	57	Jorge valente	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D 'OVAR	Senior Masculino	01:31:25	+19:31	04:20
10	186	André Barbosa	Individual	Senior Masculino	01:31:57	+20:03	04:22
11	252	Sérgio Coelho	Individual	Senior Masculino	01:36:56	+25:02	04:36
12	247	Ricardo Sousa	Individual	Senior Masculino	01:37:02	+25:08	04:36
13	189	Bruno Rocha	Individual	Senior Masculino	01:37:10	+25:16	04:36
14	702	João Tavares	Sei lá	Senior Masculino	01:37:18	+25:23	04:37
15	112	Fábio Almeida	Family4syte	Senior Masculino	01:37:20	+25:26	04:37
16	55	Miguel Fonseca Monteiro	ARSM - Associação Recreativa de S.Miguel	Senior Masculino	01:38:43	+26:49	04:41
17	233	Nelson Gomes	Individual	Senior Masculino	01:38:53	+26:59	04:41
18	39	Diogo Caldeira	Arrifana Running	Senior Masculino	01:39:45	+27:51	04:44
19	87	JOSE LINO PIRES	Clube Millennium BCP	Senior Masculino	01:40:59	+29:05	04:47
20	108	NUNO MEIRA	ESPINHO TRIATLO	Senior Masculino	01:41:21	+29:27	04:48
21	258	Valter Hartman junior	Individual	Senior Masculino	01:41:31	+29:37	04:49
22	188	Ângelo Fonseca	Individual	Senior Masculino	01:42:46	+30:52	04:52
23	187	André Miguel Lameiro Monteiro	Individual	Senior Masculino	01:42:47	+30:53	04:52
24	213	João Chambel	Individual	Senior Masculino	01:43:32	+31:38	04:54
25	256	Tiago Vieira	Individual	Senior Masculino	01:43:40	+31:46	04:55
26	241	Rafael Jesus	Individual	Senior Masculino	01:43:57	+32:03	04:56
27	630	Pedro Matos	Lourosa Em Movimento	Senior Masculino	01:44:17	+32:23	04:57
28	217	José Pinho	Individual	Senior Masculino	01:44:31	+32:37	04:57
29	231	Miguel Santos	Individual	Senior Masculino	01:44:39	+32:45	04:58
30	229	Miguel Chaves Tavares	Individual	Senior Masculino	01:44:39	+32:45	04:58
31	621	Filipe Pereira	Juventude Cortegacense	Senior Masculino	01:44:40	+32:46	04:58
32	234	Nuno Bastos	Individual	Senior Masculino	01:44:53	+32:59	04:58
33	246	Ricardo Jorge Madureira Ribeiro	Individual	Senior Masculino	01:44:53	+32:59	04:58
34	238	Pedro Gonçalves	Individual	Senior Masculino	01:45:33	+33:39	05:00
35	249	Rui Moreira	Individual	Senior Masculino	01:46:11	+34:17	05:02
36	262	Vítor Hugo Tavares de Pinho	Individual	Senior Masculino	01:46:59	+35:05	05:04
37	202	Diogo Silva	Individual	Senior Masculino	01:47:06	+35:12	05:05
38	243	Renato Pereira	Individual	Senior Masculino	01:47:07	+35:13	05:05
39	683	Júlio Fontes	Pior que gajas a decidir	Senior Masculino	01:47:28	+35:34	05:06
40	164	Paulo Costa	Individual	Senior Masculino	01:48:25	+36:31	05:08









**Meia Maratona da Primavera****21,097 KM****OFFICIAL RESULT****Veterana F50**

1	736	Manuela Abelha	NIGHT Runners Feira	Veterana F50	01:40:54	+29:00	04:47
2	660	Carla Maria Reis de Sá Cardoso	NIGHT Runners Feira	Veterana F50	01:49:45	+37:51	05:12
3	36	Maria João Benquerença	ARCD Venda da Luísa	Veterana F50	01:54:35	+42:41	05:26
4	323	Maribel Oliveira	Individual	Veterana F50	01:56:55	+45:01	05:33
5	326	Suzana Duarte	Individual	Veterana F50	01:58:07	+46:13	05:36
6	718	Angelina Pinho	TEAM RUNNERS	Veterana F50	02:01:09	+49:15	05:45
7	708	Paula Teixeira	Sportarc	Veterana F50	02:04:27	+52:33	05:54
8	321	Helena Sandra Tavares da Silva	Individual	Veterana F50	02:05:05	+53:11	05:56
9	68	AnaPaula Castro	CAL - Clube Atletismo de Lamas	Veterana F50	02:06:47	+54:53	06:01
10	313	Ana Germano	Individual	Veterana F50	02:08:51	+56:57	06:06
11	324	Orquídea Gomes	Individual	Veterana F50	02:14:45	+01:02:51	06:23
12	719	Isabel Marrão	TEAM RUNNERS	Veterana F50	02:15:27	+01:03:32	06:25
13	133	Anabela Santos Ribeiro	HMC Sports	Veterana F50	02:16:43	+01:04:49	06:29
14	631	Ana Paula Teixeira	Lourosa Em Movimento	Veterana F50	02:19:24	+01:07:30	06:36
15	733	Maria Manuel Pinto Soares	Individual	Veterana F50	02:21:59	+01:10:05	06:44
16	322	Margarida Ribeiro	Individual	Veterana F50	02:27:27	+01:15:33	06:59
17	316	Cristina Pinho	Individual	Veterana F50	02:28:53	+01:16:59	07:03

**Veterana F55**

1	119	LÍDIA PEREIRA	GRECAS - Vagos	Veterana F55	01:32:56	+21:02	04:24
2	135	MATILDE BAPTISTA	HMC Sports	Veterana F55	01:52:35	+40:41	05:20
3	651	Irene Sá	NIGHT Runners Feira	Veterana F55	01:55:32	+43:38	05:29
4	134	Laurinda Maria Lopes de Andrade Oliveira	HMC Sports	Veterana F55	02:07:29	+55:35	06:03
5	729	Ana Gonçalves	The Mountain Goat	Veterana F55	02:14:16	+01:02:22	06:22
6	694	Ana Oliveira	Running de Esmoriz	Veterana F55	02:19:38	+01:07:44	06:37
7	16	Lucinda Silva	ADTTR travassós running Fafe	Veterana F55	02:28:27	+01:16:33	07:02

**Veterana F60**

1	599	Ana Barbosa	Invicta Runners Team	Veterana F60	01:55:15	+43:21	05:28
2	122	Filomena Santos	Grupo Desportivo Assempark - Aveiro	Veterana F60	02:14:55	+01:03:01	06:24
3	328	maria jose machado	Individual	Veterana F60	02:33:46	+01:21:51	07:17

**Veterano M35**

1	354	João Manuel Moreira de Sousa	Sporting Clube de Espinho / António Leitão	Veterano M35	01:18:28	+06:34	03:43
2	360	Luis Carlos Ferreira Coimbra	Individual	Veterano M35	01:20:59	+09:05	03:50
3	705	André Soares	Sport Comercio e Salgueiros	Veterano M35	01:24:09	+12:15	03:59
4	346	Filipe Barros	Individual	Veterano M35	01:28:19	+16:25	04:11
5	357	Jorge Lima	Individual	Veterano M35	01:30:39	+18:45	04:18

**Meia Maratona da Primavera****21,097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

6	349	Hugo Antunes	Individual	Veterano M35	01:32:57	+21:03	04:24
7	331	André Correia	Individual	Veterano M35	01:35:45	+23:51	04:32
8	351	Ivo Petiz	Individual	Veterano M35	01:36:07	+24:13	04:33
9	633	Ricardo Moreira	Lourosa Em Movimento	Veterano M35	01:40:52	+28:58	04:47
10	329	Afonso Silva	Individual	Veterano M35	01:41:37	+29:43	04:49
11	136	DANY GONZAGA	HMC Sports	Veterano M35	01:43:26	+31:31	04:54
12	352	João Eduardo Penas	Individual	Veterano M35	01:43:51	+31:57	04:55
13	339	Davide Afonso	Individual	Veterano M35	01:44:41	+32:46	04:58
14	368	Nuno Correia	Individual	Veterano M35	01:44:51	+32:57	04:58
15	92	Miguel Oliveira	CopoRunners	Veterano M35	01:45:24	+33:30	05:00
16	355	João SOusa	Individual	Veterano M35	01:46:28	+34:34	05:03
17	347	Hélder Filipe Carvalho de Jesus	Individual	Veterano M35	01:47:44	+35:50	05:06
18	632	Ricardo Duarte	Lourosa Em Movimento	Veterano M35	01:50:49	+38:55	05:15
19	137	Manuel Castro	HMC Sports	Veterano M35	01:51:45	+39:51	05:18
20	366	Nuno Almeida	Individual	Veterano M35	01:52:24	+40:29	05:20
21	373	Tomás Castro	Individual	Veterano M35	01:52:34	+40:40	05:20
22	369	Nuno Pereira	Individual	Veterano M35	01:53:11	+41:17	05:22
23	75	Cristiano Salgado	CIN RUNNING TEAM	Veterano M35	01:54:23	+42:29	05:25
24	335	Carlos Monteiro	Individual	Veterano M35	01:54:53	+42:59	05:27
25	139	Ricardo Andrés Neves dos Santos	HMC Sports	Veterano M35	01:55:07	+43:13	05:27
26	365	Marcelo José Reis Oliveira Ramalho	Individual	Veterano M35	01:55:07	+43:13	05:27
27	695	Luís Oliveira	Running de Esmoriz	Veterano M35	01:55:22	+43:28	05:28
28	332	André Filipe da Silva Costa	Individual	Veterano M35	01:57:27	+45:32	05:34
29	359	José Nunes	Individual	Veterano M35	01:57:40	+45:46	05:35
30	336	Carlos Simoes	Individual	Veterano M35	01:57:47	+45:53	05:35
31	652	Paulo Amorim	NIGHT Runners Feira	Veterano M35	01:58:01	+46:07	05:36
32	693	Ricardo Ribeiro	Run4Free	Veterano M35	01:58:18	+46:24	05:36
33	371	Pedro Miguel Pereira Barbosa de Alpoim	Individual	Veterano M35	01:58:25	+46:31	05:37
34	330	Álvaro Gonçalves	Individual	Veterano M35	01:58:55	+47:01	05:38
35	338	Daniel Filipe Costa	Individual	Veterano M35	01:59:33	+47:39	05:40
36	147	Filipe Castro	H-RAKY	Veterano M35	01:59:36	+47:42	05:40
37	18	Ivo Gabriel Alves Castro	ADTTR travassós running Fafe	Veterano M35	01:59:58	+48:04	05:41
38	333	André mota	Individual	Veterano M35	02:00:12	+48:18	05:42
39	138	Nuno Sousa	HMC Sports	Veterano M35	02:00:31	+48:37	05:43
40	361	Luis Novo	Individual	Veterano M35	02:01:45	+49:51	05:46
41	340	Denis Costa Mendo	Individual	Veterano M35	02:01:46	+49:52	05:46
42	342	Elder Alexander Pepino Neves	Individual	Veterano M35	02:05:14	+53:20	05:56
43	106	Vítor Manuel da Silva Alves	EQUIPAÇO	Veterano M35	02:05:54	+54:00	05:58
44	356	João Vieira	Individual	Veterano M35	02:05:56	+54:02	05:58
45	612	Pedro silva	Jesus Runners	Veterano M35	02:08:55	+57:01	06:07
46	613	Rui silva	Jesus Runners	Veterano M35	02:09:01	+57:07	06:07
47	102	Vítor Manuel Dias Gonçalves	Embarca Running	Veterano M35	02:10:00	+58:06	06:10
48	616	Tiago Sousa	JUF ACC	Veterano M35	02:10:59	+59:05	06:13
49	334	Bruno César	Individual	Veterano M35	02:11:52	+59:58	06:15
50	29	Alex Semichev	Anatata	Veterano M35	02:13:03	+01:01:09	06:18
51	370	Orlando Marques	Individual	Veterano M35	02:13:54	+01:02:00	06:21

Official Timekeeper: Lap2Go	7 / 14	generate 23-mar.-2024 19:02
-----------------------------	--------	-----------------------------













## Meia Maratona da Primavera

21,097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

3	710	Augusto Alves Pinhal Aluai	Sporting Clube de Espinho / António Leitão	Veterano M55	01:29:13	+17:19	04:14
4	622	Ernesto Alves	Juventude Cortegacense	Veterano M55	01:33:55	+22:01	04:27
5	577	Paulo Pereira	Individual	Veterano M55	01:34:09	+22:15	04:28
6	90	PEDRO MANUEL REISINHO PEREIRA	Clube Millennium BCP	Veterano M55	01:41:02	+29:08	04:47
7	560	Daniel Gomes	Individual	Veterano M55	01:43:43	+31:49	04:55
8	688	Miguel Ferreira	Run & Fun	Veterano M55	01:44:00	+32:06	04:56
9	662	David Silva	NIGHT Runners Feira	Veterano M55	01:44:06	+32:12	04:56
10	578	Pedro Vicente	Individual	Veterano M55	01:44:15	+32:21	04:56
11	60	Orlando Ferreira	Atletas do Parque	Veterano M55	01:45:00	+33:06	04:59
12	601	JUSTINO ANTÓNIO ANTUNES SOARES	JAM - Juventude Atlético Mozelense	Veterano M55	01:46:18	+34:24	05:02
13	77	Rui Manuel Coelho	CIN RUNNING TEAM	Veterano M55	01:46:55	+35:01	05:04
14	566	JOSÉ FERREIRA	Individual	Veterano M55	01:53:31	+41:36	05:23
15	562	FERNANDO CORUCHO	Individual	Veterano M55	01:53:56	+42:02	05:24
16	38	Basílio Simoes	ARCD Venda da Luisa	Veterano M55	01:54:31	+42:37	05:26
17	575	Mário Alberto Vieira Vinhas	Individual	Veterano M55	01:54:39	+42:45	05:26
18	574	Manuel Constantino Silva	Individual	Veterano M55	01:55:11	+43:17	05:28
19	561	Domingos Soares	Individual	Veterano M55	01:55:16	+43:21	05:28
20	21	Albino Bento	ADTR travassós running Fafe	Veterano M55	01:57:06	+45:12	05:33
21	557	Antonio Pinto	Individual	Veterano M55	01:57:50	+45:56	05:35
22	56	Paulo Sérgio Bastos Pais	Individual	Veterano M55	01:59:21	+47:26	05:39
23	51	Jorge Melo	Arrifana Running	Veterano M55	02:00:15	+48:21	05:42
24	5	Rui Silva	A. D. RIO LARGO C. ESPINHO	Veterano M55	02:01:42	+49:48	05:46
25	563	Hermínio Pinho	Individual	Veterano M55	02:02:17	+50:23	05:48
26	556	António Ferreira	Individual	Veterano M55	02:02:33	+50:39	05:49
27	555	Amílcar Benjamin Soares Ferreira	Individual	Veterano M55	02:02:58	+51:04	05:50
28	558	Antonio Rodrigues	Individual	Veterano M55	02:03:13	+51:19	05:50
29	565	João Paulo Chambel	Individual	Veterano M55	02:04:22	+52:28	05:54
30	663	Joaquim Moreira	NIGHT Runners Feira	Veterano M55	02:04:50	+52:56	05:55
31	576	Mauricio Accioly Lins	Individual	Veterano M55	02:06:24	+54:30	06:00
32	579	Rui Leite	Individual	Veterano M55	02:07:31	+55:37	06:03
33	554	Alcino Santos	Individual	Veterano M55	02:07:32	+55:38	06:03
34	564	Joao Carlos Freitas Jorge	Individual	Veterano M55	02:09:39	+57:45	06:09
35	686	Rui Russo dos Santos	Porto Runners	Veterano M55	02:13:13	+01:01:19	06:19
36	664	Mário Costa Pereira	NIGHT Runners Feira	Veterano M55	02:13:14	+01:01:20	06:19
37	559	clemente meireles	Individual	Veterano M55	02:19:55	+01:08:01	06:38
38	156	Herculano Cardoso	ÍMPAR RUNNING TEAM	Veterano M55	02:56:40	+01:44:46	08:22

## Veterano M60

1	589	José Soares Correia	Individual	Veterano M60	01:40:49	+28:55	04:47
2	592	Manuel Antonio Silva	Individual	Veterano M60	01:42:07	+30:13	04:50
3	666	Joaquim Teixeira	NIGHT Runners Feira	Veterano M60	01:42:35	+30:41	04:52
4	682	António Silva	Pés Doridos	Veterano M60	01:43:02	+31:08	04:53
5	585	Jose Arnaldo	Individual	Veterano M60	01:43:12	+31:18	04:54
6	583	GIL DA COSTA	Individual	Veterano M60	01:51:06	+39:12	05:16

Official Timekeeper: Lap2Go	13 / 14	generate 23-mar.-2024 19:02
-----------------------------	---------	-----------------------------

Meia Maratona da Primavera

21,097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

7	593	Manuel Arnaldo de Sousa Oliveira	Individual	Veterano M60	01:52:11	+40:17	05:19
8	596	Manuel Sousa Cardoso	Individual	Veterano M60	01:55:10	+43:16	05:28
9	689	ZE MOUTINHO	Run & Fun	Veterano M60	01:55:13	+43:19	05:28
10	691	NORBERTO OLIVEIRA	Run for Fun	Veterano M60	01:57:21	+45:27	05:34
11	81	Narciso Arromba	Clube de Veteranos de Coimbra - CLUVE	Veterano M60	01:58:17	+46:23	05:36
12	614	Domingos Silva	Jesus Runners	Veterano M60	01:59:24	+47:30	05:40
13	582	Geraldino Silva	Individual	Veterano M60	01:59:29	+47:35	05:40
14	595	Manuel Pereira	Individual	Veterano M60	02:01:34	+49:39	05:46
15	639	Germano Santos	MC Running	Veterano M60	02:01:42	+49:48	05:46
16	52	Manuel Luís	Arrifana Running	Veterano M60	02:01:43	+49:49	05:46
17	121	Fernando Silva	Grupo de Corrida de Argoncilhe	Veterano M60	02:03:10	+51:16	05:50
18	584	Jorge Sequeira	Individual	Veterano M60	02:06:11	+54:17	05:59
19	587	Jose manuel Dias Sousa	Individual	Veterano M60	02:10:56	+59:02	06:12
20	665	Casimiro Fernandes	NIGHT Runners Feira	Veterano M60	02:18:56	+01:07:02	06:35
21	642	Álvaro Silva	MSS Grupo Desportivo de Gondomar	Veterano M60	02:19:37	+01:07:43	06:37
22	580	ABILIO SOARES	Individual	Veterano M60	02:23:55	+01:12:01	06:49

**TROFEU EUROPARQUE RUNNING - STAGE 1**

**10 KM**

**OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	16:00	24,1°C	39%
End	18:09	22,4°C	44%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1229	fernando souza	individual	Senior Masculino	34:17		03:26
2	1433	Pedro Magalhães	peraltafit	Senior Masculino	35:59	+01:41	03:36
3	1290	Milton César Miranda dos Santos	individual	Senior Masculino	37:05	+02:47	03:43
4	1226	Eduardo Jorge Pereira Carvalho Correia de Oliveira	individual	Senior Masculino	39:24	+05:06	03:56
5	1180	Adelino Martins da Silva	individual	Senior Masculino	40:12	+05:54	04:01
6	1011	António Assunção	acail gas	Senior Masculino	40:20	+06:02	04:02
7	1414	Vitor Pinho	ten team	Senior Masculino	41:21	+07:03	04:08
8	1052	André Nunes	casa do povo de mangualde	Senior Masculino	41:28	+07:11	04:09
9	1064	Mário Félix	dar - desportivo atlético de recardães	Senior Masculino	41:37	+07:19	04:10
10	1273	José silva reis	individual	Senior Masculino	41:44	+07:26	04:10
11	1245	Igor Gaio	individual	Senior Masculino	42:16	+07:58	04:14
12	1220	Diogo Barge	individual	Senior Masculino	42:38	+08:20	04:16
13	1194	António Luís Cunha Barbosa	individual	Senior Masculino	43:05	+08:47	04:19
14	1065	Ricardo Almeida	dar - desportivo atlético de recardães	Senior Masculino	43:10	+08:52	04:19
15	1281	Marco Almeida	individual	Senior Masculino	43:17	+08:59	04:20
16	1328	Vítor Neves	individual	Senior Masculino	43:20	+09:02	04:20
17	1009	Luis Dias	a.d.fermentelos/bike riders	Senior Masculino	43:21	+09:03	04:20
18	1248	Ivo Pais	individual	Senior Masculino	43:49	+09:31	04:23
19	1296	Paulo Maia	individual	Senior Masculino	44:27	+10:09	04:27
20	1413	Tiago Neto	ten team	Senior Masculino	44:44	+10:26	04:28
21	1366	Regina Gilvaz	nac	Senior Feminino	44:51	+10:33	04:29
22	1323	Tiago Marcelino	individual	Senior Masculino	45:11	+10:53	04:31
23	1053	Carlos Almeida	casa do povo de mangualde	Senior Masculino	45:26	+11:08	04:33
24	1271	José neves	individual	Senior Masculino	45:29	+11:11	04:33
25	1182	Afonso Pereira	individual	Senior Masculino	45:34	+11:16	04:33
26	1354	Paulo pereira	luis matos seguros	Senior Masculino	46:00	+11:42	04:36
27	1030	Ricardo Vicente	arroz de carril	Senior Masculino	46:31	+12:13	04:39
28	1312	Roberto Bastos	individual	Senior Masculino	46:49	+12:31	04:41
29	1235	Francisco Manuel Teixeira Marques	individual	Senior Masculino	46:54	+12:36	04:41
30	1395	Ritchar Nogueira	sibling striders	Senior Masculino	47:08	+12:50	04:43
31	1314	Rodrigo Fernandes Martins	individual	Senior Masculino	47:15	+12:57	04:44
32	1241	Hugo Antunes	individual	Senior Masculino	47:17	+12:59	04:44
33	1292	Nuno Reis	individual	Senior Masculino	47:32	+13:15	04:45
34	1349	Max Oliveira	lourosa em movimento	Senior Masculino	47:35	+13:17	04:46
35	1310	Ricardo Matias Febra	individual	Senior Masculino	47:43	+13:25	04:46
36	1217	Daniel Silva Gaspar	individual	Senior Masculino	47:54	+13:36	04:47
37	1293	Óscar Brandão	individual	Senior Masculino	47:59	+13:41	04:48
38	1348	Fernando Nobre	lourosa em movimento	Senior Masculino	48:01	+13:43	04:48
39	448	ARTUR JORGE BATISTA VALENTE	individual	Senior Masculino	48:22	+14:04	04:50

**TROFEU EUROPARQUE RUNNING - STAGE 1****10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>CAT</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>
40	1010	Inês Gonçalves	acail gas	Senior Feminino	48:31	+14:13	04:51
41	1291	Myke Santos	individual	Senior Masculino	48:32	+14:14	04:51
42	1186	Andre Coelho	individual	Senior Masculino	48:38	+14:20	04:52
43	1436	Renato Branco Ribeiro	individual	Senior Masculino	48:39	+14:21	04:52
44	1247	Ivan Santos	individual	Senior Masculino	48:51	+14:33	04:53
45	1050	David Silva	caracas running	Senior Masculino	49:08	+14:50	04:55
46	1303	Pedro Pereira	individual	Senior Masculino	49:15	+14:57	04:56
47	1429	Dora Sá	mc running	Senior Feminino	49:16	+14:58	04:56
48	42	Anthony Suarez	arrifana running	Senior Masculino	49:18	+15:00	04:56
49	1185	Américo Marques	individual	Senior Masculino	49:18	+15:00	04:56
50	1355	Paulo ramos	luis matos seguros	Senior Masculino	49:21	+15:03	04:56
51	1431	Diogo Alberto de Sá	individual	Senior Masculino	49:22	+15:04	04:56
52	1288	Miguel Chaves	individual	Senior Masculino	49:23	+15:05	04:56
53	1223	Diogo Miranda	individual	Senior Masculino	49:25	+15:07	04:57
54	1416	Milton Silva	uriah	Senior Masculino	49:44	+15:26	04:58
55	1218	Dinis Neiva de Sousa França	individual	Senior Masculino	49:44	+15:26	04:58
56	1187	André Duarte Medina da Costa e Silva Louro	individual	Senior Masculino	50:06	+15:48	05:01
57	1321	Tiago Galvão	individual	Senior Masculino	50:11	+15:54	05:01
58	1283	Marco Oliveira	individual	Senior Masculino	50:16	+15:58	05:02
59	1190	Andres =D	individual	Senior Masculino	50:17	+15:59	05:02
60	1208	Carlos Manuel da Silva Oliveira	individual	Senior Masculino	50:18	+16:00	05:02
61	1280	Márcio Oliveira	individual	Senior Masculino	50:19	+16:01	05:02
62	1221	Diogo Correia	individual	Senior Masculino	50:22	+16:04	05:02
63	411	Marina Daniela Magalhães Teles	individual	Senior Feminino	50:24	+16:06	05:02
64	344	Ricardo Filipe Ferreira Silva	individual	Senior Masculino	50:25	+16:08	05:03
65	1195	Antonio Novais	individual	Senior Masculino	50:27	+16:09	05:03
66	1262	Jorge Santos	individual	Senior Masculino	50:34	+16:16	05:03
67	1106	Carina Vieira	individual	Senior Feminino	50:34	+16:16	05:03
68	1145	Mariana Guedes de Melo Tavares	hmc sports	Senior Feminino	50:39	+16:21	05:04
69	1253	João Louro	individual	Senior Masculino	50:42	+16:24	05:04
70	1205	Carlos Eduardo Pinto Rodrigues Pereira	individual	Senior Masculino	50:43	+16:25	05:04
71	1183	Alberto Neves	individual	Senior Masculino	50:52	+16:34	05:05
72	1421	Richard Pinto Ferreira	vitalis	Senior Masculino	50:53	+16:35	05:05
73	1420	Filipe José Figueiredo Lopes	vitalis	Senior Masculino	50:53	+16:36	05:05
74	1304	Pedro Rocha	individual	Senior Masculino	50:55	+16:37	05:06
75	1046	João Carvalho	btt isolamais sportaz	Senior Masculino	50:58	+16:40	05:06
76	1200	bruno costa	individual	Senior Masculino	51:12	+16:55	05:07
77	1403	Eva Pimenta	teamrena	Senior Feminino	51:15	+16:57	05:08
78	1305	Pedro Silva	individual	Senior Masculino	51:16	+16:58	05:08
79	1267	José Garrido	individual	Senior Masculino	51:28	+17:10	05:09
80	1313	Roberto Martins Silva	individual	Senior Masculino	51:31	+17:13	05:09
81	1188	André Filipe Tavares Junqueira	individual	Senior Masculino	51:33	+17:15	05:09
82	1294	Paulo Duarte	individual	Senior Masculino	51:33	+17:15	05:09



## TROFEU EUROPARQUE RUNNING - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	1012	Flávio Oliveira	acail gas	Senior Masculino	55:09	+20:51	05:31
128	1215	Cláudio Lopes	individual	Senior Masculino	55:20	+21:02	05:32
129	1058	Oscar Magolo	cirac - círculo de recreio, arte e cultura	Senior Masculino	55:23	+21:05	05:32
130	1255	João Oliveira	individual	Senior Masculino	55:23	+21:05	05:32
131	1302	Pedro Oliveira	individual	Senior Masculino	55:26	+21:08	05:33
132	1238	Gil Dudot	individual	Senior Masculino	55:28	+21:10	05:33
133	1332	manuel duarte	javalis100limites	Senior Masculino	55:31	+21:13	05:33
134	1203	Carlos Barroso	individual	Senior Masculino	55:34	+21:16	05:33
135	1352	Luis matos	luis matos seguros	Senior Masculino	55:34	+21:16	05:33
136	1225	Eduardo Joaquim Nadais de Pinho	individual	Senior Masculino	55:42	+21:24	05:34
137	1383	CARMO PAIVA	run for fun	Senior Feminino	55:48	+21:30	05:35
138	1073	Liliana Isabel Gonçalves da Rocha	gangue do parque	Senior Feminino	55:50	+21:32	05:35
139	1370	Luana Resende	night runners feira	Senior Feminino	55:50	+21:33	05:35
140	1204	Carlos Cunha	individual	Senior Masculino	55:57	+21:39	05:36
141	1068	Manuel Bessa	ev peraltafil	Senior Masculino	55:59	+21:41	05:36
142	1256	João Paulo Bragança Lopes	individual	Senior Masculino	56:16	+21:58	05:38
143	1004	José Gomes	5 não valem por 1	Senior Masculino	56:17	+21:59	05:38
144	1193	António Fonseca	individual	Senior Masculino	56:29	+22:11	05:39
145	1139	Mafalda Gonçalves Cruz Cardoso	individual	Senior Feminino	56:37	+22:19	05:40
146	1080	Andreia Maria Andrade Oliveira	hmc sports	Senior Feminino	56:40	+22:22	05:40
147	1222	Diogo Daniel Lopes Almeida	individual	Senior Masculino	56:40	+22:22	05:40
148	1375	Rafael Ferreira Gonçalo	os corta unha	Senior Masculino	56:41	+22:23	05:40
149	1307	Rafael Mota	individual	Senior Masculino	56:47	+22:29	05:41
150	1089	Manuel António de Pinho	hmc sports	Senior Masculino	56:55	+22:38	05:42
151	1029	António Manuel de Pinho Geraldes	arroz de carril	Senior Masculino	57:00	+22:42	05:42
152	515	RICARDO SOUSA FERREIRA	individual	Senior Masculino	57:10	+22:52	05:43
153	1033	Inês Vieira	boa onda	Senior Feminino	57:15	+22:57	05:44
154	1032	Alexandra Ramos	boa onda	Senior Feminino	57:15	+22:57	05:44
155	1034	Iolanda Oliveira	boa onda	Senior Feminino	57:15	+22:57	05:44
156	1041	Carlos Frescata	boa onda	Senior Masculino	57:16	+22:58	05:44
157	1270	José Manuel Pereira Tavares	individual	Senior Masculino	57:16	+22:58	05:44
158	1003	Gonçalo Silva	5 não valem por 1	Senior Masculino	57:17	+22:59	05:44
159	1005	Pedro Almeida	5 não valem por 1	Senior Masculino	57:17	+22:59	05:44
160	1006	Alvaro Pinto	a team ageas	Senior Masculino	57:18	+23:00	05:44
161	1398	Luisa Lavra	silva lavra pangercic	Senior Feminino	57:29	+23:11	05:45
162	1037	Monica Silva	boa onda	Senior Feminino	57:38	+23:20	05:46
163	1039	Adriano Ferreira	boa onda	Senior Masculino	57:38	+23:20	05:46
164	1038	Vera Sá	boa onda	Senior Feminino	57:38	+23:20	05:46
165	1117	Eduarda Gouveia	individual	Senior Feminino	57:41	+23:23	05:46
166	1206	Carlos Ferreira Pereira	individual	Senior Masculino	57:44	+23:26	05:46
167	1417	Pedro Gomes	villae - creative studio	Senior Masculino	57:55	+23:37	05:48
168	1384	SANDRA SILVA	run for fun	Senior Feminino	58:03	+23:45	05:48
169	1401	Lurdes Moreira	team runners	Senior Feminino	58:09	+23:51	05:49

**TROFEU EUROPARQUE RUNNING - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
170	1371	António Manuel Couto Carneiro	night runners feira	Senior Masculino	58:14	+23:56	05:49
171	1418	Ricardo Cabral	villae - creative studio	Senior Masculino	58:15	+23:57	05:50
172	1404	Maria Sousa	teamrena	Senior Feminino	58:17	+23:59	05:50
173	1246	Ireneu de Oliveira Mendes	individual	Senior Masculino	58:19	+24:01	05:50
174	1343	TELMO NOGUEIRA	juf acc	Senior Masculino	58:23	+24:05	05:50
175	1318	silvio costa	individual	Senior Masculino	58:24	+24:06	05:50
176	1014	Pedro Miguel Estima da Costa	adi	Senior Masculino	58:26	+24:08	05:51
177	1198	Bernardo Oliveira	individual	Senior Masculino	58:28	+24:10	05:51
178	1118	Eduarda Pereira	individual	Senior Feminino	58:29	+24:11	05:51
179	1045	Paula Soares	bravos e bravitas	Senior Feminino	58:36	+24:18	05:52
180	1044	Fátima Lopes	bravos e bravitas	Senior Feminino	58:36	+24:18	05:52
181	1252	João Ildefonso	individual	Senior Masculino	58:37	+24:19	05:52
182	1227	Fábio Azevedo	individual	Senior Masculino	58:38	+24:20	05:52
183	1282	Marco André Sousa Lourenço	individual	Senior Masculino	58:39	+24:21	05:52
184	1317	Sérgio Ricardo Valente Silva	individual	Senior Masculino	58:40	+24:22	05:52
185	1412	André Martins	ten team	Senior Masculino	58:45	+24:27	05:53
186	1428	Rui Tavares	walk&run4fun	Senior Masculino	58:51	+24:33	05:53
187	1234	Francisco Gomes	individual	Senior Masculino	58:51	+24:33	05:53
188	1216	Daniel Serralva	individual	Senior Masculino	58:57	+24:39	05:54
189	317	Luís Neto	individual	Senior Masculino	58:58	+24:40	05:54
190	1179	Vera Reis	individual	Senior Feminino	59:00	+24:42	05:54
191	1048	BELMIRO LOPES	cal - clube atletismo de lamas	Senior Masculino	59:03	+24:45	05:54
192	1097	Ana Luísa Antunes Ferreira Maia	individual	Senior Feminino	59:14	+24:56	05:55
193	1202	Bruno Mesquita	individual	Senior Masculino	59:19	+25:02	05:56
194	1201	Bruno Maciel da Costa Mendes	individual	Senior Masculino	59:27	+25:09	05:57
195	1174	Tatiana Silva	individual	Senior Feminino	59:29	+25:11	05:57
196	1054	Eduardo Pires	cin running team	Senior Masculino	59:33	+25:16	05:57
197	1419	Rodrigo Barbosa	villae - creative studio	Senior Masculino	59:39	+25:22	05:58
198	1082	Carla Augusta Sá Pereira	hmc sports	Senior Feminino	59:43	+25:25	05:58
199	1114	CRISTINA MARIA AZEVEDO	individual	Senior Feminino	59:57	+25:39	06:00
200	1209	CARLOS MANUEL RODRIGUES	individual	Senior Masculino	59:57	+25:39	06:00
201	1007	Andre Ferreira	a team ageas	Senior Masculino	59:58	+25:40	06:00
202	1254	João Martins	individual	Senior Masculino	59:58	+25:40	06:00
203	1276	Luís Filipe Dias da Rocha e Santos	individual	Senior Masculino	01:00:01	+25:43	06:00
204	1078	Hélder Gabriel Teixeira de Aguiar	gangue do parque	Senior Masculino	01:00:01	+25:43	06:00
205	1362	João Teixeira	moelas atlético clube	Senior Masculino	01:00:04	+25:46	06:00
206	1164	Sara Faria	individual	Senior Feminino	01:00:07	+25:49	06:01
207	1369	Cláudia Reis	night runners feira	Senior Feminino	01:00:10	+25:53	06:01
208	1151	Oriana Silva	individual	Senior Feminino	01:00:11	+25:53	06:01
209	1337	Cristiana Moreira	juf acc	Senior Feminino	01:00:13	+25:55	06:01
210	1341	LUIS HIGINO	juf acc	Senior Masculino	01:00:16	+25:58	06:02
211	1101	Antónia Oliveira	individual	Senior Feminino	01:00:18	+26:00	06:02











## Trofeu Europarque Running

## 10 KM

### OFFICIAL RESULT

	Time	Temperature	Humidity
Start	16:00	24,1°C	39%
End	18:09	22,4°C	44%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
------	-----	------	------	-----	--------	------	------

### Senior Feminino

1	1366	Regina Gilvaz	NAC	Senior Feminino	44:51	+10:33	04:29
2	1010	Inês Gonçalves	ACAIL GAS	Senior Feminino	48:31	+14:13	04:51
3	1429	Dora Sá	MC Running	Senior Feminino	49:16	+14:58	04:56
4	411	Marina Daniela Magalhães Teles	Individual	Senior Feminino	50:24	+16:06	05:02
5	1106	Carina Vieira	Individual	Senior Feminino	50:34	+16:16	05:03
6	1145	Mariana Guedes de Melo Tavares	HMC Sports	Senior Feminino	50:39	+16:21	05:04
7	1403	Eva Pimenta	TEAMRENA	Senior Feminino	51:15	+16:57	05:08
8	1143	Maria de Fátima Fidalgo Lopes	Individual	Senior Feminino	51:35	+17:17	05:10
9	629	Rosa Maria Alves	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	51:37	+17:19	05:10
10	1104	Beatriz Bastos	Individual	Senior Feminino	51:38	+17:20	05:10
11	1347	Vera Oliveira	Lourosa Em Movimento	Senior Feminino	53:56	+19:38	05:24
12	1121	Fernanda Anunciação Coleta Alves	Individual	Senior Feminino	54:11	+19:53	05:25
13	1334	Anabela Oliveira	Jesus Runners	Senior Feminino	54:30	+20:12	05:27
14	1098	Ana Luísa Vale	Individual	Senior Feminino	54:32	+20:14	05:27
15	1018	Paula Cruz	AFIS/OVAR	Senior Feminino	54:35	+20:17	05:28
16	1373	Sónia Gama	NS Trail Team	Senior Feminino	54:42	+20:24	05:28
17	1094	Ana Edra	Individual	Senior Feminino	54:54	+20:36	05:29
18	1383	CARMO PAIVA	Run for Fun	Senior Feminino	55:48	+21:30	05:35
19	1073	Liliana Isabel Gonçalves da Rocha	Gangue do Parque	Senior Feminino	55:50	+21:32	05:35
20	1370	Luana Resende	NIGHT Runners Feira	Senior Feminino	55:50	+21:33	05:35
21	1139	Mafalda Gonçalves Cruz Cardoso	Individual	Senior Feminino	56:37	+22:19	05:40
22	1080	Andreia Maria Andrade Oliveira	HMC Sports	Senior Feminino	56:40	+22:22	05:40
23	1033	Inês Vieira	Boa Onda	Senior Feminino	57:15	+22:57	05:44
24	1032	Alexandra Ramos	Boa Onda	Senior Feminino	57:15	+22:57	05:44
25	1034	Iolanda Oliveira	Boa Onda	Senior Feminino	57:15	+22:57	05:44
26	1398	Luisa Lavra	Silva Lavra Pangercic	Senior Feminino	57:29	+23:11	05:45
27	1037	Monica Silva	Boa Onda	Senior Feminino	57:38	+23:20	05:46
28	1038	Vera Sá	Boa Onda	Senior Feminino	57:38	+23:20	05:46
29	1117	Eduarda Gouveia	Individual	Senior Feminino	57:41	+23:23	05:46
30	1384	SANDRA SILVA	Run for Fun	Senior Feminino	58:03	+23:45	05:48
31	1401	Lurdes Moreira	TEAM RUNNERS	Senior Feminino	58:09	+23:51	05:49
32	1404	Maria Sousa	TEAMRENA	Senior Feminino	58:17	+23:59	05:50
33	1118	Eduarda Pereira	Individual	Senior Feminino	58:29	+24:11	05:51
34	1045	Paula Soares	Bravos e Bravitas	Senior Feminino	58:36	+24:18	05:52
35	1044	Fátima Lopes	Bravos e Bravitas	Senior Feminino	58:36	+24:18	05:52
36	1179	Vera Reis	Individual	Senior Feminino	59:00	+24:42	05:54
37	1097	Ana Luísa Antunes Ferreira Maia	Individual	Senior Feminino	59:14	+24:56	05:55
38	1174	Tatiana Silva	Individual	Senior Feminino	59:29	+25:11	05:57
39	1082	Carla Augusta Sá Pereira	HMC Sports	Senior Feminino	59:43	+25:25	05:58

Official Timekeeper: Lap2Go	1 / 9	generate 23-mar.-2024 19:02
-----------------------------	-------	-----------------------------

## Trofeu Europarque Running

## 10 KM

### OFFICIAL RESULT

40	1114	CRISTINA MARIA AZEVEDO	Individual	Senior Feminino	59:57	+25:39	06:00
41	1164	Sara Faria	Individual	Senior Feminino	01:00:07	+25:49	06:01
42	1369	Cláudia Reis	NIGHT Runners Feira	Senior Feminino	01:00:10	+25:53	06:01
43	1151	Oriana Silva	Individual	Senior Feminino	01:00:11	+25:53	06:01
44	1337	Cristiana Moreira	JUF ACC	Senior Feminino	01:00:13	+25:55	06:01
45	1101	Antónia Oliveira	Individual	Senior Feminino	01:00:18	+26:00	06:02
46	1175	Trijntje Teixeira de Lima van den Geest	Individual	Senior Feminino	01:00:27	+26:09	06:03
47	1390	Olga Malheiro	Serviços Sociais Montepio	Senior Feminino	01:00:29	+26:11	06:03
48	1059	Filipa Paiva	Clube Desportivo Feirense	Senior Feminino	01:00:40	+26:22	06:04
49	1077	Sara Baptista Gomes Moutinho	Gangue do Parque	Senior Feminino	01:00:43	+26:25	06:04
50	1135	Liliana Silva	Individual	Senior Feminino	01:00:45	+26:27	06:05
51	1162	Sandra Oliveira	Individual	Senior Feminino	01:01:10	+26:52	06:07
52	1115	Cristina Sofia Costa Pereira	Individual	Senior Feminino	01:01:24	+27:06	06:08
53	1379	Inês Vieira	PAC RUNNING ACADEMY	Senior Feminino	01:01:34	+27:16	06:09
54	1407	Regina Costa	TEAMRENA	Senior Feminino	01:01:34	+27:16	06:09
55	1103	Bárbara Rios	Individual	Senior Feminino	01:01:41	+27:23	06:10
56	1402	Ana Capela	TEAMRENA	Senior Feminino	01:01:42	+27:24	06:10
57	1150	Mélanie Muller-Maž	Individual	Senior Feminino	01:01:47	+27:29	06:11
58	1093	Ana Bastos	Individual	Senior Feminino	01:01:54	+27:36	06:11
59	1092	Adriana Soares	Individual	Senior Feminino	01:01:57	+27:40	06:12
60	1081	Ângela Gomes	HMC Sports	Senior Feminino	01:02:00	+27:42	06:12
61	1170	Sofia Almeida	Individual	Senior Feminino	01:02:00	+27:42	06:12
62	1146	Mariana Resende Bandeirinha	Individual	Senior Feminino	01:02:11	+27:53	06:13
63	1111	Cátia Alexandra Matos Gonçalves	Individual	Senior Feminino	01:02:11	+27:53	06:13
64	1102	Augusta Zenha	Individual	Senior Feminino	01:02:18	+28:00	06:14
65	1156	Rita Castro	Individual	Senior Feminino	01:02:26	+28:08	06:15
66	1140	Mara Raquel Silva Oliveira	Individual	Senior Feminino	01:02:28	+28:10	06:15
67	1167	Sara Sousa	Individual	Senior Feminino	01:02:35	+28:17	06:16
68	1024	Maria Calmeiro	Arrifana Running	Senior Feminino	01:02:43	+28:25	06:16
69	1025	Paula Martins	Arrifana Running	Senior Feminino	01:02:43	+28:25	06:16
70	1042	Tânia Borges	Borges da Cruz	Senior Feminino	01:03:11	+28:53	06:19
71	1019	Susana Pinto	AFIS/OVAR	Senior Feminino	01:03:11	+28:53	06:19
72	1116	Daniela Silva	Individual	Senior Feminino	01:03:37	+29:19	06:22
73	1360	Sandra Almeida	MC Running	Senior Feminino	01:03:42	+29:24	06:22
74	1159	Rute Isabel Mota Oliveira	Individual	Senior Feminino	01:03:49	+29:31	06:23
75	1125	Inês Moraes Cerqueira	Individual	Senior Feminino	01:03:55	+29:37	06:24
76	1138	Mafalda da Silva Segura	Individual	Senior Feminino	01:03:58	+29:40	06:24
77	518	Filipa Reis Fontes	Individual	Senior Feminino	01:04:21	+30:04	06:26
78	1062	Ana Castro	DAR - Desportivo atlético de Recardães	Senior Feminino	01:04:23	+30:05	06:26
79	1063	Daniela Santos	DAR - Desportivo atlético de Recardães	Senior Feminino	01:04:24	+30:06	06:26
80	1083	Carla Helena Delgadinho	HMC Sports	Senior Feminino	01:04:26	+30:08	06:27
81	1108	Carolina Capela	Individual	Senior Feminino	01:04:26	+30:08	06:27
82	1168	Sara Vieira	Individual	Senior Feminino	01:04:26	+30:08	06:27
83	1137	Lúcia pinho	Individual	Senior Feminino	01:04:31	+30:13	06:27
84	1074	Maria João de Sousa Almeida	Gangue do Parque	Senior Feminino	01:04:45	+30:27	06:29







## Trofeu Europarque Running

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

26	1030	Ricardo Vicente	Arroz de Carril	Senior Masculino	46:31	+12:13	04:39
27	1312	Roberto Bastos	Individual	Senior Masculino	46:49	+12:31	04:41
28	1235	Francisco Manuel Teixeira Marques	Individual	Senior Masculino	46:54	+12:36	04:41
29	1395	Ritchar Nogueira	Sibling Striders	Senior Masculino	47:08	+12:50	04:43
30	1314	Rodrigo Fernandes Martins	Individual	Senior Masculino	47:15	+12:57	04:44
31	1241	Hugo Antunes	Individual	Senior Masculino	47:17	+12:59	04:44
32	1292	Nuno Reis	Individual	Senior Masculino	47:32	+13:15	04:45
33	1349	Max Oliveira	Lourosa Em Movimento	Senior Masculino	47:35	+13:17	04:46
34	1310	Ricardo Matias Febra	Individual	Senior Masculino	47:43	+13:25	04:46
35	1217	Daniel Silva Gaspar	Individual	Senior Masculino	47:54	+13:36	04:47
36	1293	Óscar Brandão	Individual	Senior Masculino	47:59	+13:41	04:48
37	1348	Fernando Nobre	Lourosa Em Movimento	Senior Masculino	48:01	+13:43	04:48
38	448	ARTUR JORGE BATISTA VALENTE	Individual	Senior Masculino	48:22	+14:04	04:50
39	1291	Myke Santos	Individual	Senior Masculino	48:32	+14:14	04:51
40	1186	Andre Coelho	Individual	Senior Masculino	48:38	+14:20	04:52
41	1436	Renato Branco Ribeiro	Individual	Senior Masculino	48:39	+14:21	04:52
42	1247	Ivan Santos	Individual	Senior Masculino	48:51	+14:33	04:53
43	1050	David Silva	Caracas running	Senior Masculino	49:08	+14:50	04:55
44	1303	Pedro Pereira	Individual	Senior Masculino	49:15	+14:57	04:56
45	42	Anthony Suarez	Arrifana Running	Senior Masculino	49:18	+15:00	04:56
46	1185	Américo Marques	Individual	Senior Masculino	49:18	+15:00	04:56
47	1355	Paulo ramos	Luis matos seguros	Senior Masculino	49:21	+15:03	04:56
48	1431	Diogo Alberto de Sá	Individual	Senior Masculino	49:22	+15:04	04:56
49	1288	Miguel Chaves	Individual	Senior Masculino	49:23	+15:05	04:56
50	1223	Diogo Miranda	Individual	Senior Masculino	49:25	+15:07	04:57
51	1416	Milton Silva	URIAH	Senior Masculino	49:44	+15:26	04:58
52	1218	Dinis Neiva de Sousa França	Individual	Senior Masculino	49:44	+15:26	04:58
53	1187	André Duarte Medina da Costa e Silva Louro	Individual	Senior Masculino	50:06	+15:48	05:01
54	1321	Tiago Galvão	Individual	Senior Masculino	50:11	+15:54	05:01
55	1283	Marco Oliveira	Individual	Senior Masculino	50:16	+15:58	05:02
56	1190	Andres =D	Individual	Senior Masculino	50:17	+15:59	05:02
57	1208	Carlos Manuel da Silva Oliveira	Individual	Senior Masculino	50:18	+16:00	05:02
58	1280	Márcio Oliveira	Individual	Senior Masculino	50:19	+16:01	05:02
59	1221	Diogo Correia	Individual	Senior Masculino	50:22	+16:04	05:02
60	344	Ricardo Filipe Ferreira Silva	Individual	Senior Masculino	50:25	+16:08	05:03
61	1195	Antonio Novais	Individual	Senior Masculino	50:27	+16:09	05:03
62	1262	Jorge Santos	Individual	Senior Masculino	50:34	+16:16	05:03
63	1253	João Louro	Individual	Senior Masculino	50:42	+16:24	05:04
64	1205	Carlos Eduardo Pinto Rodrigues Pereira	Individual	Senior Masculino	50:43	+16:25	05:04
65	1183	Alberto Neves	Individual	Senior Masculino	50:52	+16:34	05:05
66	1421	Richard Pinto Ferreira	VITALIS	Senior Masculino	50:53	+16:35	05:05
67	1420	Filipe José Figueiredo Lopes	VITALIS	Senior Masculino	50:53	+16:36	05:05
68	1304	Pedro Rocha	Individual	Senior Masculino	50:55	+16:37	05:06
69	1046	João Carvalho	BTT Isolamais Sportaz	Senior Masculino	50:58	+16:40	05:06
70	1200	bruno costa	Individual	Senior Masculino	51:12	+16:55	05:07



## Trofeu Europarque Running

## 10 KM

### OFFICIAL RESULT

116	1332	manuel duarte	javalis100limites	Senior Masculino	55:31	+21:13	05:33
117	1203	Carlos Barroso	Individual	Senior Masculino	55:34	+21:16	05:33
118	1352	Luis matos	Luis matos seguros	Senior Masculino	55:34	+21:16	05:33
119	1225	Eduardo Joaquim Nadais de Pinho	Individual	Senior Masculino	55:42	+21:24	05:34
120	1204	Carlos Cunha	Individual	Senior Masculino	55:57	+21:39	05:36
121	1068	Manuel Bessa	EV Peraltafil	Senior Masculino	55:59	+21:41	05:36
122	1256	João Paulo Bragança Lopes	Individual	Senior Masculino	56:16	+21:58	05:38
123	1004	José Gomes	5 Não Valem por 1	Senior Masculino	56:17	+21:59	05:38
124	1193	António Fonseca	Individual	Senior Masculino	56:29	+22:11	05:39
125	1222	Diogo Daniel Lopes Almeida	Individual	Senior Masculino	56:40	+22:22	05:40
126	1375	Rafael Ferreira Gonçalo	Os corta unha	Senior Masculino	56:41	+22:23	05:40
127	1307	Rafael Mota	Individual	Senior Masculino	56:47	+22:29	05:41
128	1089	Manuel António de Pinho	HMC Sports	Senior Masculino	56:55	+22:38	05:42
129	1029	António Manuel de Pinho Gerales	Arroz de Carril	Senior Masculino	57:00	+22:42	05:42
130	515	RICARDO SOUSA FERREIRA	Individual	Senior Masculino	57:10	+22:52	05:43
131	1041	Carlos Frescata	Boa Onda	Senior Masculino	57:16	+22:58	05:44
132	1270	José Manuel Pereira Tavares	Individual	Senior Masculino	57:16	+22:58	05:44
133	1003	Gonçalo Silva	5 Não Valem por 1	Senior Masculino	57:17	+22:59	05:44
134	1005	Pedro Almeida	5 Não Valem por 1	Senior Masculino	57:17	+22:59	05:44
135	1006	Alvaro Pinto	A TEAM AGEAS	Senior Masculino	57:18	+23:00	05:44
136	1039	Adriano Ferreira	Boa Onda	Senior Masculino	57:38	+23:20	05:46
137	1206	Carlos Ferreira Pereira	Individual	Senior Masculino	57:44	+23:26	05:46
138	1417	Pedro Gomes	Villae - Creative Studio	Senior Masculino	57:55	+23:37	05:48
139	1371	António Manuel Couto Carneiro	NIGHT Runners Feira	Senior Masculino	58:14	+23:56	05:49
140	1418	Ricardo Cabral	Villae - Creative Studio	Senior Masculino	58:15	+23:57	05:50
141	1246	Ireneu de Oliveira Mendes	Individual	Senior Masculino	58:19	+24:01	05:50
142	1343	TELMO NOGUEIRA	JUF ACC	Senior Masculino	58:23	+24:05	05:50
143	1318	silvio costa	Individual	Senior Masculino	58:24	+24:06	05:50
144	1014	Pedro Miguel Estima da Costa	ADI	Senior Masculino	58:26	+24:08	05:51
145	1198	Bernardo Oliveira	Individual	Senior Masculino	58:28	+24:10	05:51
146	1252	João Ildefonso	Individual	Senior Masculino	58:37	+24:19	05:52
147	1227	Fábio Azevedo	Individual	Senior Masculino	58:38	+24:20	05:52
148	1282	Marco André Sousa Lourenço	Individual	Senior Masculino	58:39	+24:21	05:52
149	1317	Sérgio Ricardo Valente Silva	Individual	Senior Masculino	58:40	+24:22	05:52
150	1412	André Martins	TEN TEAM	Senior Masculino	58:45	+24:27	05:53
151	1428	Rui Tavares	Walk&Run4Fun	Senior Masculino	58:51	+24:33	05:53
152	1234	Francisco Gomes	Individual	Senior Masculino	58:51	+24:33	05:53
153	1216	Daniel Serralva	Individual	Senior Masculino	58:57	+24:39	05:54
154	317	Luís Neto	Individual	Senior Masculino	58:58	+24:40	05:54
155	1048	BELMIRO LOPES	CAL - Clube Atletismo de Lamas	Senior Masculino	59:03	+24:45	05:54
156	1202	Bruno Mesquita	Individual	Senior Masculino	59:19	+25:02	05:56
157	1201	Bruno Maciel da Costa Mendes	Individual	Senior Masculino	59:27	+25:09	05:57
158	1054	Eduardo Pires	CIN RUNNING TEAM	Senior Masculino	59:33	+25:16	05:57
159	1419	Rodrigo Barbosa	Villae - Creative Studio	Senior Masculino	59:39	+25:22	05:58
160	1209	CARLOS MANUEL RODRIGUES	Individual	Senior Masculino	59:57	+25:39	06:00
161	1007	Andre Ferreira	A TEAM AGEAS	Senior Masculino	59:58	+25:40	06:00





**BENJAMINS A - STAGE 1**

**0,6 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	14:00	22,7°C	41%
End	14:07	21,7°C	35%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3030	João Teixeira	individual	Benjamim A Masculino	02:07		-
2	3012	Tiago Rafael da Rocha Aguiar	gangue do parque	Benjamim A Masculino	02:16	+00:08	-
3	3027	Eduardo Duarte Pinho	individual	Benjamim A Masculino	02:20	+00:13	-
4	3029	Guilherme Oliveira	individual	Benjamim A Masculino	02:22	+00:14	-
5	3011	TIAGO ALMEIDA ALVES CORREIA	gangue do parque	Benjamim A Masculino	02:22	+00:14	-
6	3031	Miguel Rocha	individual	Benjamim A Masculino	02:24	+00:17	-
7	3007	Bernardo Lopes	arrifana running	Benjamim A Masculino	02:37	+00:30	-
8	3026	Duarte Pinto	individual	Benjamim A Masculino	02:46	+00:39	-
9	3024	Carolina Rodrigues Petiz	individual	Benjamim A Feminino	02:49	+00:41	-
10	3028	Francisco Figueiredo	individual	Benjamim A Masculino	02:57	+00:50	-
11	3078	Beatriz Morgado de Oliveira	individual	Benjamim A Feminino	03:03	+00:56	-
12	3001	Margarida Pereira	#lobosolitário	Benjamim A Feminino	03:05	+00:58	-
13	3002	Matilde Pereira	#lobosolitário	Benjamim A Feminino	03:07	+01:00	-
14	3009	Francisco Alves Gonçalves	embarca running	Benjamim A Masculino	04:30	+02:22	-







## Benjamins B

1,2 KM

### OFFICIAL RESULT

	Time	Temperature	Humidity
Start	14:10	21,7°C	35%
End	14:19	21,7°C	35%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

## Benjamim B Feminino

1	3043	Sarah Aléxia Rabelo Sás Moura	Individual	Benjamim B Feminino	04:40		-
2	3042	Margarida Sousa	Individual	Benjamim B Feminino	04:56	+00:15	-
3	3037	Inês mendes	Individual	Benjamim B Feminino	05:21	+00:41	-
4	3035	Carolina Sá	Individual	Benjamim B Feminino	05:53	+01:12	-
5	3040	Madalena Silva	Individual	Benjamim B Feminino	05:57	+01:16	-
6	3074	Leonor Ribeiro	Runriver	Benjamim B Feminino	06:14	+01:34	-
7	3038	Inês Sá	Individual	Benjamim B Feminino	06:29	+01:48	-
8	3073	Carolina Ribeiro	Runriver	Benjamim B Feminino	07:04	+02:24	-
9	3044	Sophia pinto sa	Individual	Benjamim B Feminino	07:23	+02:42	-

## Benjamim B Masculino

1	3048	Henrique Borges	Individual	Benjamim B Masculino	04:48	+00:07	-
2	3008	Francisco Silva	Caldas de São Jorge Sport Clube	Benjamim B Masculino	04:49	+00:09	-
3	3003	Afonso Santiago Leite	AEJ Triatlo	Benjamim B Masculino	04:55	+00:14	-
4	3052	Tiago Noormahomed	Individual	Benjamim B Masculino	05:03	+00:23	-
5	3046	Diogo pinto sa	Individual	Benjamim B Masculino	05:28	+00:48	-
6	3049	Joao Pedro Leal Ferreira da Conceição	Individual	Benjamim B Masculino	05:42	+01:01	-
7	3050	Pedro Cid Rivera Barreto	Individual	Benjamim B Masculino	06:46	+02:05	-



**Infantis****1,8 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	14:20	23,6°C	41%
End	14:38	23,7°C	41%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

**Infantil Feminino**

1	3055	Joana Teixeira	Individual	Infantil Feminino	07:05	+00:24	-
2	3013	Sofia Bem Brandão Vilar	Gangue do Parque	Infantil Feminino	07:43	+01:02	-

**Infantil Masculino**

1	3020	Rafael Costa Fernandes	HMC Sports	Infantil Masculino	06:40	-	-
2	3059	Julio Cesar Amorim Ribeiro	Individual	Infantil Masculino	06:45	+00:04	-
3	3010	João Ricardo Lopes	Flechas Turbocharged ThunderBolts	Infantil Masculino	07:14	+00:33	-
4	3057	César de Oliveira Gonçalves	Individual	Infantil Masculino	07:28	+00:47	-
5	3014	PEDRO ALMEIDA ALVES CORREIA	Gangue do Parque	Infantil Masculino	09:49	+03:08	-
6	3061	Martim Castro Silva	Individual	Infantil Masculino	10:55	+04:14	-



**Iniciados**

**2,4 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	14:30	23,6°C	41%
End	15:02	21,9°C	36%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

**Iniciado Feminino**

1	3067	Margarida Rafael Sousa Vieira	Individual	Iniciado Feminino	09:52	+00:24	04:07
2	3062	Andreia Sofia Gomes Fonseca	Individual	Iniciado Feminino	10:05	+00:38	04:12
3	3063	Clara Rafael Sousa Vieira	Individual	Iniciado Feminino	10:08	+00:41	04:14
4	3065	Inês Ramos	Individual	Iniciado Feminino	11:26	+01:59	04:46
5	3064	Helena Mendes Carvalho	Individual	Iniciado Feminino	12:15	+02:47	05:06
6	3004	Yara Vaz Assunção	ARADA ATLÉTICO CLUBE	Iniciado Feminino	13:16	+03:48	05:32

**Iniciado Masculino**

1	3005	Lucas Costa Neves	ARADA ATLÉTICO CLUBE	Iniciado Masculino	09:27		03:56
2	3017	Guilherme Maia Silva	Gangue do Parque	Iniciado Masculino	11:55	+02:27	04:58
3	3018	Lucas Assunção	Gangue do Parque	Iniciado Masculino	11:55	+02:28	04:58

**Juvenis**

**3,6 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**UNOFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	14:40	23,6°C	41%
End	15:04	21,9°C	36%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

**Juvenil Feminino**

1	3069	Constanza Mourato Rodrigues Figueiredo Teixeira	Individual	Juvenil Feminino	17:49		04:57
---	------	---	------------	------------------	-------	--	-------

## TEAM RESULTS - MEIA MARATONA DA PRIMAVERA

RANK	TEAM	DESCRIPTION	POINTS
1	SPORTING CLUBE DE ESPINHO / ANTÓNIO LEITÃO	1 + 5 + 6	12
2	NIGHT RUNNERS FEIRA	17 + 19 + 93	129
3	ARRIFANA RUNNING	9 + 58 + 79	146
4	HMC SPORTS	28 + 76 + 94	198
5	CLUBE MILLENNIUM BCP	66 + 96 + 97	259
6	JAVALIS100LIMITES	23 + 63 + 187	273
7	RUNNING ESPINHO	83 + 87 + 161	331
8	JUF ACC	67 + 125 + 154	346
9	LOUROSA EM MOVIMENTO	92 + 137 + 203	432
10	AEJ TRIATLO	40 + 239 + 240	519
11	COPORUNNERS	152 + 185 + 186	523
12	CAL - CLUBE ATLETISMO DE LAMAS	14 + 105 + 408	527
13	MC RUNNING	84 + 119 + 364	567
14	ARCD VENDA DA LUISA	89 + 245 + 247	581
15	CIN RUNNING TEAM	163 + 241 + 242	646
16	ARADA ATLÉTICO CLUBE	51 + 284 + 315	650
17	TEAM RUNNERS	20 + 357 + 358	735
18	ÍMPAR RUNNING TEAM	145 + 190 + 437	772
19	ADTTR TRAVASSÓS RUNNING FAFE	249 + 285 + 296	830
20	H-RAKY	204 + 339 + 371	914
21	RUNNING DE ESMORIZ	268 + 404 + 415	1087
22	EQUIPAÇO	308 + 397 + 418	1123
23	JESUS RUNNERS	333 + 429 + 431	1193
24	LAMECHAS	478 + 507 + 520	1505