





















**MEIA MARATONA - STAGE 1**

**21,097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
365	5088	ANA OLIVEIRA	travassós rf	Senior Feminino	02:13:48	+01:07:00	06:21
366	5089	ANABELA MAGALHÃES	travassós rf	Senior Feminino	02:13:49	+01:07:00	06:21
367	5254	LUIS GARCEZ	individual	Senior Masculino	02:14:23	+01:07:34	06:22
368	5343	SIMON SZABÓ	individual	Senior Masculino	02:14:44	+01:07:56	06:23
369	5383	RODRIGO RIBEIRO	individual	Senior Masculino	02:14:47	+01:07:58	06:23
370	5202	RUI CUNHA	box indústria 101	Senior Masculino	02:14:59	+01:08:11	06:24
371	5090	VÂNIA CUNHA	travassós rf	Senior Feminino	02:15:04	+01:08:16	06:24
372	5051	DOMINGOS SOUSA	individual	Veterano M40	02:15:23	+01:08:35	06:25
373	5187	PEDRO DURÃES	individual	Senior Masculino	02:15:28	+01:08:40	06:25
374	5204	FÁBIO LEMOS	individual	Senior Masculino	02:15:29	+01:08:41	06:25
375	5205	ELAINE BORGES	individual	Senior Feminino	02:15:29	+01:08:41	06:25
376	5209	RÚBEN GONÇALVES	individual	Senior Masculino	02:16:10	+01:09:21	06:27
377	5100	NUNO FREITAS	individual	Senior Masculino	02:17:19	+01:10:31	06:31
378	5152	ÁLVARO GONÇALVES	individual	Senior Masculino	02:17:31	+01:10:43	06:31
379	5082	ARMANDO SILVA	individual	Veterano M55	02:17:49	+01:11:01	06:32
380	5125	FERNANDO ROTHES	individual	Veterano M50	02:18:12	+01:11:24	06:33
381	5461	Estela Pinheiro de Abreu	individual	Veterana F40	02:18:27	+01:11:39	06:34
382	5463	Nuno Maia	individual	Veterano M45	02:18:27	+01:11:39	06:34
383	5283	PAULINA SOARES	individual	Veterana F55	02:18:40	+01:11:52	06:34
384	5453	PAULO MOREIRA	individual	Veterano M40	02:18:51	+01:12:03	06:35
385	5043	DIOGO SILVA	individual	Senior Masculino	02:20:21	+01:13:33	06:39
386	5245	PEDRO COSTA	individual	Senior Masculino	02:20:30	+01:13:42	06:40
387	5372	PAULO CARVALHO	individual	Veterano M55	02:21:19	+01:14:30	06:42
388	5464	Maria João Marques	individual	Senior Feminino	02:22:00	+01:15:12	06:44
389	5346	ISABEL GOMES	individual	Senior Feminino	02:22:04	+01:15:15	06:44
390	5150	ANNA LITVINSKAYA	individual	Senior Feminino	02:23:18	+01:16:30	06:48
391	5148	DANIELA SILVA	individual	Senior Feminino	02:23:51	+01:17:02	06:49
392	5430	HELENA TEIXEIRA	individual	Senior Feminino	02:24:21	+01:17:33	06:51
393	5282	JORGE NOVAIS	individual	Senior Masculino	02:25:52	+01:19:03	06:55
394	5257	RUBEN OLIVEIRA	individual	Senior Masculino	02:25:52	+01:19:03	06:55
395	5325	JOÃO PEDRO DIAS	individual	Veterano M40	02:26:13	+01:19:25	06:56
396	5329	DINESH SHARMA	individual	Veterano M55	02:26:41	+01:19:52	06:57
397	5451	ISIDRO COELHO	individual	Veterano M55	02:28:48	+01:22:00	07:03
398	5421	OMID HASSASHAHI	individual	Veterano M45	02:29:46	+01:22:58	07:06
399	5342	GEORGIOS VLACHAKIS	individual	Senior Masculino	02:31:14	+01:24:26	07:10
400	5288	TERESA ROCHA	individual	Senior Feminino	02:31:23	+01:24:35	07:11
401	5290	ISABEL ROCHA	individual	Senior Feminino	02:31:24	+01:24:35	07:11
402	5289	DIOGO SOARES	individual	Senior Masculino	02:31:24	+01:24:36	07:11
403	5330	POOJA SHARMA	individual	Veterana F55	02:32:06	+01:25:17	07:13
404	5498	Fernando Barbosa	individual	Veterano M50	02:34:28	+01:27:40	07:19
405	5359	LUÍS MATOS	individual	Veterano M50	02:34:28	+01:27:40	07:19
406	5417	TIAGO PAIVA	individual	Senior Masculino	02:35:25	+01:28:37	07:22
407	5344	CAROLINA MELO	individual	Senior Feminino	02:35:30	+01:28:42	07:22
408	5206	NUBIO VIDAL	individual	Senior Masculino	02:35:56	+01:29:08	07:24
409	5030	HELENA SALES	individual	Senior Feminino	02:40:43	+01:33:55	07:37
410	5029	ANA PINHEIRO	individual	Senior Feminino	02:40:44	+01:33:56	07:37

## MEIA MARATONA - STAGE 1

21,097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
411	5248	SONIA SAMPAIO	individual	Veterana F50	02:46:18	+01:39:30	07:53
412	5247	HUGO CARVALHO	individual	Senior Masculino	02:46:18	+01:39:30	07:53
413	5252	JOÃO VICTOR FIGUEROA	individual	Senior Masculino	02:46:32	+01:39:44	07:54
414	5253	MARIA GOMES	individual	Senior Feminino	02:46:32	+01:39:44	07:54

#### Obs

BIB	NOTE	NAME	TEAM	CAT
5063	DQ	JOSE CARLOS	Vitória SC	Veterano M55
5293	DQ	DIANA TEIXEIRA	Individual	Veterana F40
5363	DQ	JOÃO SANTOS	Individual	Senior Masculino
5398	DQ	MÁRCIA ALMEIDA	ELCT	Senior Feminino
5020	DNF	RICARDO COSTA	Individual	Senior Masculino
5058	DNF	NELSON COSTA	Individual	Senior Masculino
5135	DNF	ELIZABETH MARTINS	Individual	Senior Feminino
5163	DNF	MANUEL IGLESIAS	Individual	Veterano M55
5183	DNF	GONÇALO CARVALHO	Individual	Senior Masculino
5279	DNF	PEDRO ALMEIDA	Individual	Senior Masculino

## Meia Maratona

**21,097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	19°C	93%
End	12:46	20,1°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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### Senior Feminino

1	5336	LAURA SILVA	CDSSC	Senior Feminino	01:20:10	+13:22	03:48
2	5545	Filomena Costa	AJS	Senior Feminino	01:24:01	+17:13	03:59
3	5339	SILVIA SILVA	Q-Trilho	Senior Feminino	01:29:13	+22:25	04:14
4	5014	HELENA MACHADO	CRCANDO	Senior Feminino	01:38:35	+31:46	04:40
5	5158	CARLA BARROS	Individual	Senior Feminino	01:39:24	+32:35	04:43
6	5197	ANA TEIXEIRA	Individual	Senior Feminino	01:43:38	+36:50	04:55
7	5431	BEU RIBEIRO	Individual	Senior Feminino	01:46:41	+39:53	05:03
8	5315	MARISA FERNANDES	ELCT	Senior Feminino	01:47:27	+40:39	05:06
9	5385	PATRICIA MOREIRA	Individual	Senior Feminino	01:51:11	+44:23	05:16
10	5255	KARIN PFINGSTAG	Individual	Senior Feminino	01:53:10	+46:22	05:22
11	5153	SARA RIBEIRO	Individual	Senior Feminino	01:54:17	+47:29	05:25
12	5208	ROGER RODRIGUES	Individual	Senior Feminino	01:54:51	+48:02	05:27
13	5033	MARINA PIAIRO	Individual	Senior Feminino	01:56:07	+49:19	05:30
14	5171	MARTA FARIA	Individual	Senior Feminino	01:57:57	+51:09	05:35
15	5452	MARIANA PACHECO	Individual	Senior Feminino	01:58:32	+51:43	05:37
16	5274	KARINE DE FREITAS	Individual	Senior Feminino	02:00:04	+53:16	05:42
17	5045	HELENA POLERI	Individual	Senior Feminino	02:00:23	+53:35	05:42
18	5286	RUTE CARVALHO	Individual	Senior Feminino	02:02:48	+56:00	05:49
19	5284	ADRIANA FERNANDES	Individual	Senior Feminino	02:05:31	+58:43	05:57
20	5437	CÁTIA SOUSA	Individual	Senior Feminino	02:06:11	+59:23	05:59
21	5308	ELISABETE ALVES	Individual	Senior Feminino	02:06:34	+59:45	06:00
22	5087	FILIPA FREITAS	TRAVASSÓS RF	Senior Feminino	02:06:44	+59:55	06:00
23	5276	TÂNIA RIBEIRO	TRAVASSÓS RF	Senior Feminino	02:06:44	+59:56	06:00
24	5410	TÂNIA COSTA	SR CEPANENSE	Senior Feminino	02:08:44	+01:01:56	06:06
25	5155	SOFIA PINTO	Individual	Senior Feminino	02:08:58	+01:02:09	06:07
26	5055	RAISSA REIS	ALMA CENTRO DE TREINO	Senior Feminino	02:09:08	+01:02:20	06:07
27	5021	CATARINA LOMBO	Individual	Senior Feminino	02:10:48	+01:04:00	06:12
28	5156	NOÉMIA MONTEIRO	Individual	Senior Feminino	02:12:12	+01:05:24	06:16
29	5157	JOANA MONTEIRO	Individual	Senior Feminino	02:12:12	+01:05:24	06:16
30	5114	VERA SILVA	Individual	Senior Feminino	02:12:31	+01:05:42	06:17
31	5439	ISABEL AMORIM	Individual	Senior Feminino	02:12:59	+01:06:11	06:18
32	5324	DALILA COSTA	Individual	Senior Feminino	02:13:02	+01:06:14	06:18
33	5088	ANA OLIVEIRA	TRAVASSÓS RF	Senior Feminino	02:13:48	+01:07:00	06:21
34	5089	ANABELA MAGALHÃES	TRAVASSÓS RF	Senior Feminino	02:13:49	+01:07:00	06:21
35	5090	VÂNIA CUNHA	TRAVASSÓS RF	Senior Feminino	02:15:04	+01:08:16	06:24
36	5205	ELAINE BORGES	Individual	Senior Feminino	02:15:29	+01:08:41	06:25
37	5464	Maria João Marques	Individual	Senior Feminino	02:22:00	+01:15:12	06:44
38	5346	ISABEL GOMES	Individual	Senior Feminino	02:22:04	+01:15:15	06:44
39	5150	ANNA LITVINSKAYA	Individual	Senior Feminino	02:23:18	+01:16:30	06:48

**Meia Maratona****21,097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	5148	DANIELA SILVA	Individual	Senior Feminino	02:23:51	+01:17:02	06:49
41	5430	HELENA TEIXEIRA	Individual	Senior Feminino	02:24:21	+01:17:33	06:51
42	5288	TERESA ROCHA	Individual	Senior Feminino	02:31:23	+01:24:35	07:11
43	5290	ISABEL ROCHA	Individual	Senior Feminino	02:31:24	+01:24:35	07:11
44	5344	CAROLINA MELO	Individual	Senior Feminino	02:35:30	+01:28:42	07:22
45	5030	HELENA SALES	Individual	Senior Feminino	02:40:43	+01:33:55	07:37
46	5029	ANA PINHEIRO	Individual	Senior Feminino	02:40:44	+01:33:56	07:37
47	5253	MARIA GOMES	Individual	Senior Feminino	02:46:32	+01:39:44	07:54

**Senior Masculino**

1	5176	CARLOS COSTA	VIZELA	Senior Masculino	01:07:27	+00:39	03:12
2	5177	NUNO COSTA	VIZELA	Senior Masculino	01:09:44	+02:56	03:18
3	5302	PAULO FONTÃO	Vitória SC	Senior Masculino	01:11:24	+04:35	03:23
4	5303	TIAGO FREITAS	Vitória SC	Senior Masculino	01:11:32	+04:43	03:23
5	5384	HENRIQUE COSTA	ELCT	Senior Masculino	01:11:50	+05:02	03:24
6	5300	PEDRO CARVALHO	Vitória SC	Senior Masculino	01:12:20	+05:32	03:26
7	5304	MIGUEL VIEIRA	Vitória SC	Senior Masculino	01:12:20	+05:32	03:26
8	5078	TIAGO COSTA	Vitória SC	Senior Masculino	01:12:26	+05:38	03:26
9	5433	JOÃO ANTUNES	Vitória SC	Senior Masculino	01:13:09	+06:21	03:28
10	5076	BRUNO ABREU	Vitória SC	Senior Masculino	01:13:49	+07:01	03:30
11	5178	RUI FERNANDES	VIZELA	Senior Masculino	01:14:42	+07:54	03:32
12	5465	Cristiano Ribeiro	CDSSC	Senior Masculino	01:17:15	+10:27	03:40
13	5075	NUNO SOUSA	Vitória SC	Senior Masculino	01:17:40	+10:52	03:41
14	5313	ANDRÉ SILVA	ELCT	Senior Masculino	01:19:23	+12:35	03:46
15	5366	SERGIO SALGUEIRO	ELCT	Senior Masculino	01:19:23	+12:35	03:46
16	5450	CLÁUDIO ARAÚJO	Individual	Senior Masculino	01:19:52	+13:04	03:47
17	5296	LUCIANO AMARO	Individual	Senior Masculino	01:22:46	+15:58	03:55
18	5427	RUI RODRIGUES	ELCT	Senior Masculino	01:23:48	+17:00	03:58
19	5132	FLÁVIO COSTA	Individual	Senior Masculino	01:25:16	+18:27	04:03
20	5268	FÁBIO SAMPAIO	Individual	Senior Masculino	01:26:12	+19:24	04:05
21	5423	NUNO OLIVEIRA	Individual	Senior Masculino	01:26:26	+19:37	04:06
22	5323	TIAGO CARVALHO	ELCT	Senior Masculino	01:26:45	+19:56	04:07
23	5185	VITOR SILVA	ERDAL	Senior Masculino	01:28:47	+21:59	04:13
24	5099	JOÃO MONTEIRO	Individual	Senior Masculino	01:28:52	+22:04	04:13
25	5466	Henrique Marques	Individual	Senior Masculino	01:29:50	+23:02	04:16
26	5059	DANIEL FERNANDES	ERDAL	Senior Masculino	01:30:09	+23:21	04:16
27	5378	PEDRO FERNANDES	ELCT	Senior Masculino	01:31:17	+24:29	04:20
28	5221	TIAGO CONCEIÇÃO	Individual	Senior Masculino	01:31:57	+25:08	04:22
29	5314	PEDRO LOUREIRO	ERDAL	Senior Masculino	01:32:13	+25:25	04:22
30	5071	MANUEL A. MENDES	Vitória SC	Senior Masculino	01:32:33	+25:45	04:23
31	5397	NELSON GOMES	Individual	Senior Masculino	01:32:48	+26:00	04:24
32	5332	BRUNO PEIXOTO	Individual	Senior Masculino	01:33:26	+26:38	04:26
33	5347	JOÃO BENTA	Individual	Senior Masculino	01:33:32	+26:44	04:26
34	5435	JOAO BATISTA	Individual	Senior Masculino	01:34:50	+28:02	04:30
35	5224	LUIS MENDES	Individual	Senior Masculino	01:35:17	+28:29	04:31

Official Timekeeper: Lap2Go	2 / 10	generate 05-out.-2024 19:42
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Meia Maratona

21,097 KM

OFFICIAL RESULT

36	5115	PAULO SILVA	Individual	Senior Masculino	01:35:18	+28:29	04:31
37	5246	FILIPE MARTINS	Individual	Senior Masculino	01:35:26	+28:38	04:31
38	5386	CORENTIN VEROT	Individual	Senior Masculino	01:36:11	+29:23	04:34
39	5256	ROBERTO COSTA	Individual	Senior Masculino	01:36:27	+29:39	04:34
40	5501	Filipe Sousa	Individual	Senior Masculino	01:36:43	+29:55	04:35
41	5081	MARTINHO ABREU	Individual	Senior Masculino	01:37:16	+30:28	04:37
42	5222	JOÃO PEREIRA	Individual	Senior Masculino	01:38:24	+31:36	04:40
43	5127	DIOGO TEIXEIRA	Individual	Senior Masculino	01:38:34	+31:46	04:40
44	5026	JOÃO PEREIRA	CRCANDO	Senior Masculino	01:38:43	+31:54	04:41
45	5376	RUI TORRES	Individual	Senior Masculino	01:38:54	+32:05	04:41
46	5198	JOÃO ALVES	Individual	Senior Masculino	01:38:54	+32:05	04:41
47	5352	DIOGO COSTA	Individual	Senior Masculino	01:39:14	+32:25	04:42
48	5298	LEANDRO GONÇALVES	ELCT	Senior Masculino	01:40:01	+33:13	04:44
49	5035	NELSON LOPES	Individual	Senior Masculino	01:40:04	+33:16	04:45
50	5239	VITOR HUGO BATISTA	Individual	Senior Masculino	01:40:04	+33:16	04:45
51	5456	Afonso Machado	Individual	Senior Masculino	01:40:08	+33:20	04:45
52	5039	JOAO NUNO DIAS	Individual	Senior Masculino	01:41:03	+34:15	04:47
53	5154	JOSÉ MANUEL LOPES	Individual	Senior Masculino	01:41:06	+34:18	04:48
54	5226	JOÃO ARAÚJO	Individual	Senior Masculino	01:41:17	+34:28	04:48
55	5373	JOÃO ASSUNÇÃO	Individual	Senior Masculino	01:42:03	+35:14	04:50
56	5553	Rui Neves	Individual	Senior Masculino	01:42:06	+35:18	04:50
57	5052	PAULO ALMEIDA	ALMA CENTRO DE TREINO	Senior Masculino	01:42:14	+35:26	04:51
58	5218	ALEXANDRE GONÇALVES	Individual	Senior Masculino	01:42:35	+35:46	04:52
59	5407	PEDRO ANTUNES	Individual	Senior Masculino	01:42:38	+35:50	04:52
60	5186	DANIEL SEFTEL OLIVEIRA	Individual	Senior Masculino	01:42:44	+35:56	04:52
61	5220	DUARTE LIMA	KER SPORT TRAIL R.	Senior Masculino	01:42:50	+36:02	04:52
62	5374	EDGAR ALVES	Individual	Senior Masculino	01:42:54	+36:06	04:53
63	5151	LUIS SILVA	Individual	Senior Masculino	01:43:07	+36:19	04:53
64	5049	PEDRO NEVES	Individual	Senior Masculino	01:43:13	+36:25	04:54
65	5009	FILIPE SOUSA	Individual	Senior Masculino	01:43:56	+37:08	04:56
66	5040	JAIME PEREIRA	Individual	Senior Masculino	01:44:49	+38:01	04:58
67	5416	CARLOS JUNCO	Individual	Senior Masculino	01:45:08	+38:20	04:59
68	5225	LEONARDO OLIVEIRA	Individual	Senior Masculino	01:45:21	+38:32	05:00
69	5272	ANDRÉ MOTA	Individual	Senior Masculino	01:45:59	+39:11	05:01
70	5210	TIAGO RIBEIRO	Individual	Senior Masculino	01:46:02	+39:13	05:02
71	5042	CRISTIANO CARDOSO	Individual	Senior Masculino	01:46:15	+39:27	05:02
72	5482	Diogo Azevedo	Individual	Senior Masculino	01:46:17	+39:29	05:02
73	5438	CARLOS RAMOS	Individual	Senior Masculino	01:46:29	+39:41	05:03
74	5326	FRANCISCO SALAZAR	Individual	Senior Masculino	01:46:32	+39:43	05:03
75	5141	PEDRO FERNANDES	Individual	Senior Masculino	01:46:38	+39:50	05:03
76	5231	JORGE CUNHA	Individual	Senior Masculino	01:46:43	+39:54	05:04
77	5432	VASCO MACHADO	Individual	Senior Masculino	01:47:26	+40:38	05:06
78	5454	Joel Silva	Individual	Senior Masculino	01:48:10	+41:22	05:08
79	5188	HENRIQUE PINTO	Individual	Senior Masculino	01:48:40	+41:52	05:09
80	5201	DIOGO RODRIGUES	Individual	Senior Masculino	01:48:50	+42:01	05:10
81	5037	SÉRGIO SILVA	Individual	Senior Masculino	01:49:09	+42:21	05:10

Official Timekeeper: Lap2Go	3 / 10	generate 05-out.-2024 19:42
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Meia Maratona

21,097 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

82	5174	ANDRÉ ALVES	Individual	Senior Masculino	01:49:24	+42:36	05:11
83	5477	Rui Figueiredo	3Qinas	Senior Masculino	01:49:29	+42:41	05:11
84	5261	RICARDO MARTINS	Individual	Senior Masculino	01:49:38	+42:49	05:12
85	5316	MIGUEL SILVA	Individual	Senior Masculino	01:49:45	+42:57	05:12
86	5190	RUBEN MOREIRA	Box Indústria 101	Senior Masculino	01:49:53	+43:05	05:13
87	5280	JOAO MADUREIRA	Individual	Senior Masculino	01:50:01	+43:13	05:13
88	5400	JOÃO AREIAS	Individual	Senior Masculino	01:50:13	+43:25	05:13
89	5353	TIAGO LAGOS	Individual	Senior Masculino	01:50:25	+43:37	05:14
90	5291	AUGUSTO BARBOSA	Individual	Senior Masculino	01:50:30	+43:42	05:14
91	5164	PABLO PEREZ	Individual	Senior Masculino	01:50:32	+43:44	05:14
92	5328	SIMÃO PEREIRA	Individual	Senior Masculino	01:51:11	+44:23	05:16
93	5007	PEDRO OLIVEIRA	Individual	Senior Masculino	01:51:39	+44:50	05:18
94	5392	TIAGO ARAÚJO	Individual	Senior Masculino	01:51:45	+44:56	05:18
95	5137	HEIDAR ADALSTEINSSON	Individual	Senior Masculino	01:51:47	+44:59	05:18
96	5041	RICARDO MATOS	Individual	Senior Masculino	01:52:34	+45:46	05:20
97	5038	CARLOS OLIVEIRA	Individual	Senior Masculino	01:52:51	+46:03	05:21
98	5093	DANIEL FRASQUETE	Individual	Senior Masculino	01:53:24	+46:35	05:23
99	5211	FRANCISCO FRANCISCO	Individual	Senior Masculino	01:53:34	+46:46	05:23
100	5138	HUGO SILVA	Individual	Senior Masculino	01:54:24	+47:36	05:25
101	5475	Gabriel Sousa	TEAM MORALES	Senior Masculino	01:54:29	+47:40	05:26
102	5474	João Barros	TEAM MORALES	Senior Masculino	01:54:29	+47:41	05:26
103	5032	PEDRO AZEVEDO	Individual	Senior Masculino	01:54:48	+48:00	05:27
104	5207	DAVIDE FERNANDES	Individual	Senior Masculino	01:54:51	+48:02	05:27
105	5240	GERALDINO BARBOSA	Individual	Senior Masculino	01:54:52	+48:04	05:27
106	5440	CARLOS MARTINS	Individual	Senior Masculino	01:56:03	+49:14	05:30
107	5483	Diogo Almeida	Individual	Senior Masculino	01:56:36	+49:48	05:32
108	5251	AFONSO LEMA	ATLETAS A SÉRIO	Senior Masculino	01:56:43	+49:55	05:32
109	5057	TIAGO FRANCISCO	Individual	Senior Masculino	01:57:05	+50:17	05:33
110	5459	José Costa	Individual	Senior Masculino	01:57:10	+50:22	05:33
111	5360	RENAN NOGUES	Individual	Senior Masculino	01:57:12	+50:24	05:33
112	5160	BRUNO GUIMARÃES	Individual	Senior Masculino	01:57:13	+50:25	05:33
113	5136	ROBERTO WACHHOLZ	Individual	Senior Masculino	01:57:23	+50:35	05:34
114	5485	Rita Araújo	Individual	Senior Masculino	01:58:14	+51:26	05:36
115	5230	LUÍS FERREIRA	Individual	Senior Masculino	01:58:21	+51:33	05:37
116	5250	JOÃO FREITAS	ATLETAS A SÉRIO	Senior Masculino	01:58:43	+51:54	05:38
117	5193	GABRIEL MOREIRA	Individual	Senior Masculino	01:58:50	+52:02	05:38
118	5348	SÉRGIO SORTE	Individual	Senior Masculino	01:58:54	+52:06	05:38
119	5241	ANDRE TEIXEIRA	Individual	Senior Masculino	01:59:23	+52:35	05:40
120	5145	JOÃO SARAIVA	Individual	Senior Masculino	01:59:30	+52:42	05:40
121	5449	JOÃO CARVALHO	Individual	Senior Masculino	01:59:42	+52:53	05:40
122	5327	JOÃO ALVES	Individual	Senior Masculino	01:59:55	+53:07	05:41
123	5122	JOSÉ MIGUEL SILVA	Individual	Senior Masculino	02:00:05	+53:17	05:42
124	5143	DANIEL VIEIRA	Individual	Senior Masculino	02:00:09	+53:21	05:42
125	5338	TIAGO FERREIRA	Individual	Senior Masculino	02:00:19	+53:31	05:42
126	5399	BRUNO PEREIRA	Individual	Senior Masculino	02:00:36	+53:48	05:43
127	5194	RUI FERREIRA	Box Indústria 101	Senior Masculino	02:00:56	+54:08	05:44



**Meia Maratona****21,097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

2	5310	DOROTEIA PEIXOTO	Individual	Veterana F40	01:25:54	+19:06	04:04
3	5270	ANDREIA LOBO	GDUC	Veterana F40	02:00:43	+53:55	05:43
4	5461	Estela Pinheiro de Abreu	Individual	Veterana F40	02:18:27	+01:11:39	06:34

**Veterana F45**

1	5117	ISABEL SAMPAIO	Individual	Veterana F45	01:56:25	+49:37	05:31
2	5170	TERESA FONTES	Individual	Veterana F45	01:58:10	+51:22	05:36
3	5499	Paula Julieta	Individual	Veterana F45	02:00:04	+53:16	05:42
4	5349	SILVIA OLIVEIRA	Individual	Veterana F45	02:09:10	+01:02:22	06:07
5	5488	Maria José Lima	NATAIPAS	Veterana F45	02:12:49	+01:06:01	06:18

**Veterana F50**

1	5494	Palmira Oliveira	Individual	Veterana F50	01:56:30	+49:42	05:31
2	5337	CLÁUDIA PIMPAREL	Individual	Veterana F50	01:56:56	+50:08	05:33
3	5395	ISABEL NUNES	ELCT	Veterana F50	02:01:54	+55:06	05:47
4	5408	CONCEIÇÃO OLIVEIRA	SR CEPANENSE	Veterana F50	02:06:05	+59:17	05:59
5	5248	SONIA SAMPAIO	Individual	Veterana F50	02:46:18	+01:39:30	07:53

**Veterana F55**

1	5283	PAULINA SOARES	Individual	Veterana F55	02:18:40	+01:11:52	06:34
2	5330	POOJA SHARMA	Individual	Veterana F55	02:32:06	+01:25:17	07:13

**Veterano M40**

1	5396	RUI TEIXEIRA	EA COIMBRA	Veterano M40	01:06:48		03:10
2	5404	RUI MUGA	CAMC	Veterano M40	01:09:24	+02:36	03:17
3	5312	MARCO PINTO	ELCT	Veterano M40	01:17:55	+11:07	03:42
4	5490	Bruno Sousa	AMLT	Veterano M40	01:18:41	+11:52	03:44
5	5301	JORGE FREITAS	Vitória SC	Veterano M40	01:19:42	+12:54	03:47
6	5469	Toni Neto	Individual	Veterano M40	01:25:34	+18:46	04:03
7	5013	LUIS MIGUEL	CBRUN	Veterano M40	01:27:55	+21:07	04:10
8	5147	BRUNO CUNHA	Individual	Veterano M40	01:31:36	+24:48	04:21
9	5048	LUIS MIGUEL SANTOS	ERDAL	Veterano M40	01:31:50	+25:02	04:21
10	5149	HUGO LOPES	Individual	Veterano M40	01:32:35	+25:47	04:23
11	5034	JOEL SILVA	CRCANDO	Veterano M40	01:38:20	+31:31	04:40
12	5361	VASCO DUARTE	Individual	Veterano M40	01:38:49	+32:01	04:41
13	5484	Hugo Oliveira	Individual	Veterano M40	01:39:06	+32:17	04:42
14	5350	IVO PARADA	Individual	Veterano M40	01:39:41	+32:53	04:44
15	5101	SERGIO GONÇALVES	Individual	Veterano M40	01:40:00	+33:12	04:44
16	5419	ANDRÉ CUNHA	ERDAL	Veterano M40	01:40:20	+33:32	04:45
17	5131	JOÃO RIBEIRO	ERDAL	Veterano M40	01:40:34	+33:46	04:46
18	5067	LUIS MENDES	Vitória SC	Veterano M40	01:40:50	+34:02	04:47

Official Timekeeper: Lap2Go	6 / 10	generate 05-out.-2024 19:42
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**Meia Maratona**

**21,097 KM**

**OFFICIAL RESULT**

19	5061	DIOGO MATOS	Vitória SC	Veterano M40	01:40:55	+34:07	04:47
20	5102	JOSÉ FERREIRA	Individual	Veterano M40	01:41:03	+34:15	04:47
21	5054	PEDRO SILVA	ALMA CENTRO DE TREINO	Veterano M40	01:41:18	+34:30	04:48
22	5017	HÉLDER FARIA	CRCANDO	Veterano M40	01:41:26	+34:38	04:49
23	5112	HUGO SILVA	Costa	Veterano M40	01:41:46	+34:57	04:49
24	5166	MARCO SALGADO	Individual	Veterano M40	01:43:16	+36:28	04:54
25	5393	MIGUEL CASTRO	Individual	Veterano M40	01:44:06	+37:18	04:56
26	5092	JOSÉ TEIXEIRA	Individual	Veterano M40	01:44:53	+38:05	04:58
27	5106	VITOR PINTO	Individual	Veterano M40	01:46:14	+39:25	05:02
28	5108	SÉRGIO RIBEIRO	#nosacorrer	Veterano M40	01:46:51	+40:03	05:04
29	5169	JOSÉ BOÍDO	Individual	Veterano M40	01:47:42	+40:54	05:06
30	5444	FERNANDO FARIA	Individual	Veterano M40	01:47:58	+41:10	05:07
31	5486	SÉRGIO MENDES	Individual	Veterano M40	01:48:13	+41:24	05:08
32	5478	Miguel Fernandes	3Qinas	Veterano M40	01:49:31	+42:43	05:12
33	5109	TIAGO PEREIRA	#nosacorrer	Veterano M40	01:50:16	+43:28	05:14
34	5191	PEDRO MAGALHÃES	Individual	Veterano M40	01:50:34	+43:45	05:14
35	5107	BRUNO DIAS	#nosacorrer	Veterano M40	01:51:03	+44:14	05:16
36	5493	Rui Machado	Individual	Veterano M40	01:51:12	+44:23	05:16
37	5053	BRUNO OLIVEIRA	ALMA CENTRO DE TREINO	Veterano M40	01:51:21	+44:33	05:17
38	5375	NUNO MORAIS	Individual	Veterano M40	01:51:48	+45:00	05:18
39	5436	JOSE MIGUEL MATOS	Individual	Veterano M40	01:52:05	+45:17	05:19
40	5044	CRISTIANO SALDANHA	ELCT	Veterano M40	01:52:40	+45:52	05:20
41	5086	MIGUEL ALMEIDA	Individual	Veterano M40	01:53:25	+46:36	05:23
42	5470	Sérgio Pereira	POTES DE OURO	Veterano M40	01:53:53	+47:05	05:24
43	5379	PAULO LOPES	ELCT	Veterano M40	01:54:07	+47:18	05:25
44	5134	NELSON CASTRO	Individual	Veterano M40	01:55:03	+48:15	05:27
45	5019	ZEZITO MACHADO	Individual	Veterano M40	01:57:07	+50:19	05:33
46	5460	Luis Silva	Individual	Veterano M40	01:57:23	+50:35	05:34
47	5269	RUI FARIA	ERDAL	Veterano M40	02:00:43	+53:55	05:43
48	5098	RODRIGO ALMEIDA	Individual	Veterano M40	02:01:24	+54:36	05:45
49	5390	MARCO SILVA	Individual	Veterano M40	02:01:50	+55:02	05:47
50	5001	ARTUR ABREU	Individual	Veterano M40	02:04:36	+57:47	05:54
51	5380	MARCO VAZ	Clube OGMA	Veterano M40	02:05:51	+59:03	05:58
52	5025	ANDRÉ RIBEIRO	Individual	Veterano M40	02:08:37	+01:01:48	06:06
53	5412	RENATO MARQUES	Individual	Veterano M40	02:09:21	+01:02:33	06:08
54	5355	LUCIANO ROCHA	Individual	Veterano M40	02:10:11	+01:03:23	06:10
55	5051	DOMINGOS SOUSA	Individual	Veterano M40	02:15:23	+01:08:35	06:25
56	5453	PAULO MOREIRA	Individual	Veterano M40	02:18:51	+01:12:03	06:35
57	5325	JOÃO PEDRO DIAS	Individual	Veterano M40	02:26:13	+01:19:25	06:56

**Veterano M45**

1	5180	MARCO FARIA	VIZELA	Veterano M45	01:16:49	+10:01	03:38
2	5340	HÉLDER SILVA	Q-Trilho	Veterano M45	01:22:59	+16:10	03:56
3	5311	RAFA MIRANDA	Individual	Veterano M45	01:25:13	+18:24	04:02
4	5401	RUI CARDOSO	ELCT	Veterano M45	01:28:33	+21:44	04:12

**Meia Maratona**
**21,097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

5	5479	Hélder Vieira	Individual	Veterano M45	01:30:32	+23:44	04:18
6	5095	JOÃO SANTOS	ERDAL	Veterano M45	01:31:51	+25:02	04:21
7	5335	PEDRO LOUREIRO	Individual	Veterano M45	01:33:28	+26:40	04:26
8	5429	PEDRO PEREIRA	Individual	Veterano M45	01:33:48	+26:59	04:27
9	5271	PAULO ARAÚJO	Individual	Veterano M45	01:34:13	+27:24	04:28
10	5128	ANIBAL OLIVEIRA	Individual	Veterano M45	01:34:19	+27:31	04:28
11	5119	ADÃO VAZ	Individual	Veterano M45	01:37:05	+30:17	04:36
12	5184	MÁRCIO SILVA	ERDAL	Veterano M45	01:37:38	+30:50	04:38
13	5305	RICARDO OLIVEIRA	Individual	Veterano M45	01:40:22	+33:34	04:45
14	5365	JOÃO NUNES	Individual	Veterano M45	01:41:12	+34:23	04:48
15	5299	RICARDO RUAS	ELCT	Veterano M45	01:42:39	+35:51	04:52
16	5203	PEDRO SOUSA	Individual	Veterano M45	01:43:41	+36:53	04:55
17	5027	BENJAMIM RIBEIRO	Individual	Veterano M45	01:44:26	+37:38	04:57
18	5064	MIGUEL MENDES	Vitória SC	Veterano M45	01:46:16	+39:28	05:02
19	5334	VITOR PEREIRA	Individual	Veterano M45	01:48:07	+41:18	05:07
20	5351	JOÃO CASTRO	Individual	Veterano M45	01:48:31	+41:43	05:09
21	5473	Nuno Freitas	POTES DE OURO	Veterano M45	01:51:21	+44:33	05:17
22	5175	NUNO VINHA	Individual	Veterano M45	01:52:24	+45:36	05:20
23	5420	EURICO MARTINS	Individual	Veterano M45	01:52:51	+46:03	05:21
24	5447	CÉDRIC SILVA	Individual	Veterano M45	01:53:31	+46:42	05:23
25	5294	BALTASAR RIBEIRO	Individual	Veterano M45	01:55:04	+48:15	05:27
26	5116	RAUL SILVA	Individual	Veterano M45	01:56:25	+49:37	05:31
27	5370	JOSÉ JORDÃO	Individual	Veterano M45	01:56:38	+49:50	05:32
28	5229	RUI RESENDE	OS CRENTES	Veterano M45	01:58:38	+51:50	05:37
29	5008	RICARDO BARROSO	Individual	Veterano M45	01:59:57	+53:08	05:41
30	5381	CARLOS COSTA	Individual	Veterano M45	02:02:22	+55:34	05:48
31	5091	FILIPE GONÇALVES	Individual	Veterano M45	02:04:49	+58:01	05:55
32	5010	FRANCISCO FREITAS	Individual	Veterano M45	02:05:26	+58:38	05:57
33	5121	OSVALDO FERREIRA	Individual	Veterano M45	02:07:41	+01:00:53	06:03
34	5004	JORGE FERNANDES	Individual	Veterano M45	02:11:10	+01:04:21	06:13
35	5463	Nuno Maia	Individual	Veterano M45	02:18:27	+01:11:39	06:34
36	5421	OMID HASSASHAHI	Individual	Veterano M45	02:29:46	+01:22:58	07:06

**Veterano M50**

1	5181	CARLOS MONTEIRO	VIZELA	Veterano M50	01:20:49	+14:01	03:50
2	5287	JOÃO MEIRA	Individual	Veterano M50	01:27:41	+20:53	04:09
3	5072	SERGIO PAULO	Vitória SC	Veterano M50	01:31:09	+24:21	04:19
4	5060	FILIPE OLIVEIRA	Vitória SC	Veterano M50	01:31:49	+25:01	04:21
5	5382	EDUARDO LEMOS	Individual	Veterano M50	01:34:27	+27:39	04:29
6	5331	JOSÉ CARVALHO	Individual	Veterano M50	01:34:42	+27:53	04:29
7	5077	DANIEL FERREIRA	Vitória SC	Veterano M50	01:34:45	+27:57	04:30
8	5159	JOSÉ FREITAS	Individual	Veterano M50	01:36:10	+29:22	04:34
9	5388	RAFAEL GALVÃO	Individual	Veterano M50	01:37:32	+30:43	04:37
10	5103	JOSE SALGADO	Individual	Veterano M50	01:37:40	+30:52	04:38
11	5491	Gualter Freitas	ERDAL	Veterano M50	01:38:10	+31:22	04:39



**Meia Maratona****21,097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

12	5015	MAXIMINO SILVA	CRCANDO	Veterano M50	01:38:43	+31:55	04:41
13	5068	PAULO ABREU	Vitória SC	Veterano M50	01:38:50	+32:02	04:41
14	5321	MANUEL MELO	Individual	Veterano M50	01:38:57	+32:08	04:41
15	5028	MANUEL FERREIRA	Individual	Veterano M50	01:39:42	+32:54	04:44
16	5391	DELFIN OLIVEIRA	ELCT	Veterano M50	01:40:01	+33:13	04:44
17	5172	JORGE LOBO	GDUC	Veterano M50	01:40:16	+33:28	04:45
18	5249	PAULO BÁRTOLO	Individual	Veterano M50	01:41:58	+35:09	04:50
19	5297	FERNANDO SOARES	Individual	Veterano M50	01:43:40	+36:52	04:55
20	5476	Vítor Lemos	VTSC	Veterano M50	01:44:14	+37:26	04:56
21	5142	RICARDO SILVA	Individual	Veterano M50	01:45:07	+38:19	04:59
22	5079	MANUEL F. MENDES	Vitória SC	Veterano M50	01:46:17	+39:29	05:02
23	5212	JACINTO MENDES	Os resistentes	Veterano M50	01:46:36	+39:48	05:03
24	5409	RUI SILVA	SR CEPANENSE	Veterano M50	01:47:30	+40:42	05:06
25	5341	PEDRO BAPTISTA	Individual	Veterano M50	01:47:44	+40:56	05:06
26	5354	LEONEL SILVA	Individual	Veterano M50	01:47:46	+40:57	05:06
27	5472	José Carlos Ferreira	POTES DE OURO	Veterano M50	01:49:03	+42:15	05:10
28	5425	PAULO TEIXEIRA	Individual	Veterano M50	01:51:38	+44:49	05:17
29	5462	Luiz Francisco	Individual	Veterano M50	01:52:28	+45:40	05:20
30	5066	RICARDO RIBEIRO	Vitória SC	Veterano M50	01:53:34	+46:46	05:23
31	5471	Marco Pereira	POTES DE OURO	Veterano M50	01:53:52	+47:04	05:24
32	5216	ERNESTO SOUSA	Os resistentes	Veterano M50	01:54:14	+47:26	05:25
33	5123	RUI MONTEIRO	CRCANDO	Veterano M50	01:56:24	+49:36	05:31
34	5368	PAULO SALGADO	Individual	Veterano M50	01:56:31	+49:43	05:31
35	5104	CANDIDO MACHADO	Individual	Veterano M50	01:56:55	+50:07	05:33
36	5402	MÁRIO ROSAS	Individual	Veterano M50	01:59:49	+53:00	05:41
37	5140	VÍTOR COSTA	ACVERM	Veterano M50	02:03:26	+56:38	05:51
38	5265	RUI RAIMUNDO	Individual	Veterano M50	02:09:11	+01:02:23	06:07
39	5413	JOAQUIM MACHADO	Individual	Veterano M50	02:09:21	+01:02:33	06:08
40	5011	LUIS PAULO	Individual	Veterano M50	02:10:00	+01:03:11	06:10
41	5012	FILIPPE PODEROSO	Individual	Veterano M50	02:10:01	+01:03:12	06:10
42	5125	FERNANDO ROTHES	Individual	Veterano M50	02:18:12	+01:11:24	06:33
43	5498	Fernando Barbosa	Individual	Veterano M50	02:34:28	+01:27:40	07:19
44	5359	LUÍS MATOS	Individual	Veterano M50	02:34:28	+01:27:40	07:19

**Veterano M55**

1	5260	JOAQUIM LOPES	VIZELA	Veterano M55	01:24:52	+18:04	04:01
2	5074	JAIME ALVES	Vitória SC	Veterano M55	01:33:56	+27:07	04:27
3	5468	Luís Silva	Individual	Veterano M55	01:34:41	+27:53	04:29
4	5505	Manuel Alves	Individual	Veterano M55	01:39:28	+32:39	04:43
5	5317	PAULO DIAS	Individual	Veterano M55	01:39:50	+33:02	04:44
6	5487	MANUEL MACHADO	Individual	Veterano M55	01:40:19	+33:31	04:45
7	5278	JOSÉ FERREIRA	Individual	Veterano M55	01:40:31	+33:43	04:46
8	5442	PAULO MARTINS	Individual	Veterano M55	01:41:53	+35:05	04:50
9	5356	JOSÉ MORAIS	Individual	Veterano M55	01:42:44	+35:55	04:52
10	5275	PAULO SANTOS	ACSAMB	Veterano M55	01:44:48	+38:00	04:58

**Meia Maratona**

**21,097 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	5214	JAIME ROCHA	Os resistentes	Veterano M55	01:46:07	+39:19	05:02
12	5070	JOAO OLIVEIRA	Vitória SC	Veterano M55	01:46:16	+39:28	05:02
13	5069	CARLOS GONÇALVES	Vitória SC	Veterano M55	01:46:16	+39:28	05:02
14	5489	Carlos Justo	NATAIPAS	Veterano M55	01:46:17	+39:28	05:02
15	5050	JOSÉ SOUSA	Individual	Veterano M55	01:46:46	+39:58	05:04
16	5062	FRANCISCO NOVAIS	Vitória SC	Veterano M55	01:46:50	+40:02	05:04
17	5358	JOSÉ ALMEIDA	Individual	Veterano M55	01:47:35	+40:47	05:06
18	5367	JOSÉ CAPELA	ELCT	Veterano M55	01:48:15	+41:27	05:08
19	5281	RICARDO CEIA	Individual	Veterano M55	01:48:34	+41:46	05:09
20	5371	NUNO SOUSA	Individual	Veterano M55	01:48:56	+42:07	05:10
21	5481	Carlos Sampaio	Individual	Veterano M55	01:48:59	+42:11	05:10
22	5165	JOSE CARLOS SANTIAGO	Individual	Veterano M55	01:49:31	+42:43	05:11
23	5480	Manuel Domingues	Individual	Veterano M55	01:50:23	+43:35	05:14
24	5213	MANUEL CUNHA	Os resistentes	Veterano M55	01:51:00	+44:12	05:16
25	5223	RUI SANTOS	Individual	Veterano M55	01:51:20	+44:32	05:17
26	5047	FRANCISCO LOBO	hSantamariaRT	Veterano M55	01:52:38	+45:49	05:20
27	5215	ADÃO PEREIRA	Os resistentes	Veterano M55	01:52:49	+46:00	05:21
28	5018	TOMÁS PEREIRA	CRCANDO	Veterano M55	01:54:06	+47:18	05:25
29	5162	SANTIAGO MARTINEZ	Individual	Veterano M55	01:55:02	+48:14	05:27
30	5146	OSCAR SILVA	Individual	Veterano M55	01:55:35	+48:47	05:29
31	5168	JOSÉ NETO	Individual	Veterano M55	01:55:55	+49:06	05:30
32	5394	JOSÉ RAMALHO	ELCT	Veterano M55	01:55:58	+49:10	05:30
33	5428	ALBERTO MACHADO	ELCT	Veterano M55	01:56:32	+49:43	05:31
34	5387	MANOEL BRUNO	Individual	Veterano M55	01:57:06	+50:18	05:33
35	5139	JOSÉ COSTA	ACVERM	Veterano M55	02:00:08	+53:19	05:42
36	5016	HUMBERTO CORREIA	CRCANDO	Veterano M55	02:00:22	+53:34	05:42
37	5126	JOSÉ MANUEL MENDES	Individual	Veterano M55	02:04:57	+58:09	05:55
38	5195	DOMINGOS FREITAS	Individual	Veterano M55	02:07:27	+01:00:39	06:03
39	5006	RUI XAVIER	Individual	Veterano M55	02:07:45	+01:00:57	06:03
40	5023	DOMINGOS RODRIGUES	ELCT	Veterano M55	02:08:50	+01:02:01	06:06
41	3816	Augusto Marques	NATAIPAS	Veterano M55	02:12:49	+01:06:01	06:18
42	5082	ARMANDO SILVA	Individual	Veterano M55	02:17:49	+01:11:01	06:32
43	5372	PAULO CARVALHO	Individual	Veterano M55	02:21:19	+01:14:30	06:42
44	5329	DINESH SHARMA	Individual	Veterano M55	02:26:41	+01:19:52	06:57
45	5451	ISIDRO COELHO	Individual	Veterano M55	02:28:48	+01:22:00	07:03

## 10KM - STAGE 1

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	19°C	93%
End	12:11	20,1°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3424	ANDRÉ BARBOSA	elct	Senior Masculino	32:41		03:16
2	3421	NUNO FERNANDES	cdssc	Senior Masculino	34:11	+01:29	03:25
3	3472	PAULO MENDES	individual	Senior Masculino	34:53	+02:11	03:29
4	3692	NUNO FERNANDES	individual	Senior Masculino	35:35	+02:54	03:34
5	3359	NUNO CARVALHO	individual	Senior Masculino	35:41	+03:00	03:34
6	3125	DOMINGOS FERNANDES	individual	Senior Masculino	35:50	+03:09	03:35
7	3537	LEONEL ALVES	juni	Senior Masculino	37:21	+04:39	03:44
8	3685	MÓNICA SILVA	cdssc	Senior Feminino	37:27	+04:46	03:45
9	3867	Miguel Peixe	vtsc	Senior Masculino	38:33	+05:52	03:51
10	3711	MARIANA REGALO	individual	Senior Feminino	38:46	+06:05	03:53
11	3066	JOAQUIM PACHECO	vitória sc	Senior Masculino	38:56	+06:15	03:54
12	3347	PAULO MARTINS	vizela	Senior Masculino	39:11	+06:29	03:55
13	3770	Sílvia Guimarães	cdssc	Senior Masculino	39:30	+06:49	03:57
14	3060	PEDRO CUNHA	individual	Senior Masculino	40:05	+07:24	04:01
15	3326	SÉRGIO RODRIGUES	individual	Senior Masculino	40:05	+07:24	04:01
16	3143	ADELINO FERNANDES	individual	Senior Masculino	40:14	+07:33	04:01
17	3122	DANIEL RIBEIRO	individual	Senior Masculino	40:14	+07:33	04:01
18	3463	DAVID MARTINS	individual	Senior Masculino	40:30	+07:49	04:03
19	3649	CÁTIA MENDES	individual	Senior Feminino	40:32	+07:51	04:03
20	3046	MAURÍCIO FERREIRA	individual	Senior Masculino	40:33	+07:51	04:03
21	3668	PAULO PEREIRA	elct	Senior Masculino	40:35	+07:54	04:04
22	3676	HÉLDER OLIVEIRA	individual	Senior Masculino	40:43	+08:01	04:04
23	3553	DIOGO SÁ	individual	Senior Masculino	41:05	+08:23	04:07
24	3064	HEMENEGILDO FERREIRA	vitória sc	Senior Masculino	41:11	+08:30	04:07
25	3868	João Paulo Alves	vtsc	Senior Masculino	41:15	+08:34	04:08
26	3078	FERNANDO SILVA	individual	Senior Masculino	41:41	+08:59	04:10
27	3329	JOÃO OLIVEIRA	individual	Senior Masculino	42:05	+09:23	04:13
28	3137	ANTONIO MARQUES	vitória sc	Senior Masculino	42:15	+09:33	04:14
29	3063	JOAO SILVA	vitória sc	Senior Masculino	42:40	+09:59	04:16
30	3268	MIGUEL LIMA	individual	Senior Masculino	42:48	+10:06	04:17
31	3572	SÓNIA FERREIRA	elct	Senior Feminino	42:55	+10:14	04:18
32	3088	NUNO SILVA	individual	Senior Masculino	43:37	+10:56	04:22
33	3141	LAURA MOTA	individual	Senior Feminino	43:37	+10:56	04:22
34	3516	JOSÉ CASTRO	individual	Senior Masculino	44:03	+11:22	04:24
35	3069	RAMIRO PINHEIRO	vitória sc	Senior Masculino	44:39	+11:58	04:28
36	3375	JOAQUIM CARVALHO	individual	Senior Masculino	44:41	+11:59	04:28
37	3425	JORGE CUNHA	individual	Senior Masculino	44:45	+12:03	04:29
38	3664	MOISÉS MACHADO	cacod	Senior Masculino	44:51	+12:10	04:29
39	3415	DIOGO RODRIGUES	individual	Senior Masculino	44:53	+12:12	04:29
40	3756	Rui F Machado	individual	Senior Masculino	45:04	+12:23	04:30
41	3062	FILIPPE GUIMARAES	vitória sc	Senior Masculino	45:06	+12:24	04:31
42	3184	FILIPPE LOBO	individual	Senior Masculino	45:17	+12:35	04:32















**10KM - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>CAT</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>
318	3029	MANUEL SILVA	individual	Senior Masculino	58:17	+25:36	05:50
319	3793	Daniel Oliveira	team moralez	Senior Masculino	58:17	+25:36	05:50
320	3675	NELSON MACHADO	individual	Senior Masculino	58:18	+25:37	05:50
321	3603	PAULO ABREU	individual	Senior Masculino	58:19	+25:38	05:50
322	3627	PAULO TORRES	individual	Senior Masculino	58:19	+25:38	05:50
323	3518	ANDRÉ MAGALHÃES	individual	Senior Masculino	58:19	+25:38	05:50
324	3878	Hugo Araujo	individual	Senior Masculino	58:21	+25:40	05:50
325	3559	RICARDO COSTA	individual	Senior Masculino	58:24	+25:42	05:50
326	3185	GEORGE GKOUSGKOUNIS	individual	Senior Masculino	58:26	+25:44	05:51
327	3207	JOÃO PINHEIRO	individual	Senior Masculino	58:27	+25:45	05:51
328	3360	ADRIANA GOMES	individual	Senior Feminino	58:28	+25:47	05:51
329	3218	FRANCISCO LEITE SILVA	individual	Senior Masculino	58:34	+25:52	05:51
330	3511	RICARDO MACHADO	individual	Senior Masculino	58:36	+25:55	05:52
331	3566	FÁBIO RODRIGUES	individual	Senior Masculino	58:37	+25:55	05:52
332	3686	RITA HENRIQUES	individual	Senior Feminino	58:37	+25:56	05:52
333	3687	BRUNO MARTELO	individual	Senior Masculino	58:37	+25:56	05:52
334	3157	JOÃO PEREIRA	individual	Senior Masculino	58:37	+25:56	05:52
335	3156	PEDRO PEREIRA	individual	Senior Masculino	58:38	+25:57	05:52
336	3343	ALEXANDRE PEREIRA	individual	Senior Masculino	58:39	+25:58	05:52
337	3367	ADRIANO RIBEIRO	individual	Senior Masculino	58:39	+25:58	05:52
338	3727	DIOGO FERNANDES	individual	Senior Masculino	58:42	+26:00	05:52
339	3464	TIAGO VIEIRA	individual	Senior Masculino	58:45	+26:04	05:53
340	3446	FERNANDO CUNHA	individual	Senior Masculino	58:46	+26:05	05:53
341	3086	TIAGO FREITAS	individual	Senior Masculino	58:47	+26:05	05:53
342	3085	PEDRO TEIXEIRA	individual	Senior Masculino	58:47	+26:06	05:53
343	3140	ALEXANDRE MACHADO	individual	Senior Masculino	58:47	+26:06	05:53
344	3452	RUI OLIVEIRA	individual	Senior Masculino	58:48	+26:07	05:53
345	3077	CLARISSA MICHARKI	individual	Senior Feminino	58:50	+26:09	05:53
346	3465	JOANA SILVA	individual	Senior Feminino	58:50	+26:09	05:53
347	3325	CARLOS CRISTIANO	individual	Senior Masculino	58:52	+26:11	05:53
348	3880	José Miguel de Sousa	individual	Senior Masculino	58:56	+26:14	05:54
349	3855	João Castro	taipas	Senior Masculino	58:57	+26:16	05:54
350	3028	TIAGO AGUIAR	individual	Senior Masculino	59:01	+26:20	05:54
351	3444	RUI COSTA	individual	Senior Masculino	59:04	+26:23	05:54
352	3628	SUSANA LEITE	sr cepanense	Senior Feminino	59:06	+26:25	05:55
353	3599	DÁRIO SILVA	individual	Senior Masculino	59:07	+26:25	05:55
354	3440	RICARDO PEIXOTO	individual	Senior Masculino	59:08	+26:26	05:55
355	3108	FILIPPE SILVA	individual	Senior Masculino	59:13	+26:31	05:55
356	3437	ABÍLIO MENDES	individual	Senior Masculino	59:13	+26:32	05:55
357	3512	GUILHERME OLIVEIRA	individual	Senior Masculino	59:21	+26:40	05:56
358	3841	Manuel Ribeiro	nataipas	Senior Masculino	59:23	+26:42	05:56
359	3799	Marcela Fernandes	cbrun	Senior Feminino	59:25	+26:44	05:57
360	1181	DIOGO BARROS	individual	Senior Masculino	59:26	+26:44	05:57
361	3379	MANUELA DE FREITAS	4435	Senior Feminino	59:26	+26:45	05:57
362	3018	RUI ROCHA	individual	Senior Masculino	59:30	+26:48	05:57
363	3328	VITOR SILVA	individual	Senior Masculino	59:30	+26:49	05:57









**10KM - STAGE 1**
**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
502	3188	ISABELLA CACAU	individual	Senior Feminino	01:04:40	+31:58	06:28
503	3570	CLAUDIA LEITE	individual	Senior Feminino	01:04:40	+31:59	06:28
504	3187	THIAGO PARAISO	individual	Senior Masculino	01:04:40	+31:59	06:28
505	3083	FREDERICO MAGALHÃES	individual	Senior Masculino	01:04:43	+32:02	06:28
506	3373	ANDRÉ PONTES	individual	Senior Masculino	01:04:47	+32:06	06:29
507	3542	NUNO LOBO	individual	Senior Masculino	01:04:52	+32:11	06:29
508	3591	SÍLVIA PINHEIRO	individual	Senior Feminino	01:04:55	+32:14	06:30
509	3797	Patrícia Rebelo	individual	Senior Feminino	01:05:04	+32:23	06:30
510	3483	MARTA ALVES	individual	Senior Feminino	01:05:05	+32:23	06:31
511	3517	SUSANA GUIMARÃES	individual	Senior Feminino	01:05:06	+32:25	06:31
512	3519	ISABEL COSTA	individual	Senior Feminino	01:05:06	+32:25	06:31
513	3308	RUI GONÇALVES	individual	Senior Masculino	01:05:07	+32:26	06:31
514	3800	Rita Moura	individual	Senior Feminino	01:05:08	+32:27	06:31
515	3852	Mikael Rodrigues	individual	Senior Masculino	01:05:08	+32:27	06:31
516	3850	Liliana Ferreira	individual	Senior Feminino	01:05:09	+32:27	06:31
517	3495	BRUNO LOPES	individual	Senior Masculino	01:05:16	+32:35	06:32
518	3494	MANUEL LOPES	individual	Senior Masculino	01:05:18	+32:36	06:32
519	3161	CATARINA ABRANTES	individual	Senior Feminino	01:05:18	+32:37	06:32
520	3431	ANA PAULA PEREIRA	individual	Senior Feminino	01:05:19	+32:38	06:32
521	3819	Miguel Duarte	individual	Senior Masculino	01:05:21	+32:40	06:32
522	3092	ANA REGO	individual	Senior Feminino	01:05:21	+32:40	06:32
523	3165	PEDRO CARVALHO	individual	Senior Masculino	01:05:21	+32:40	06:32
524	3110	ARNALDO TEIXEIRA	individual	Senior Masculino	01:05:22	+32:40	06:32
525	3111	AFONSO TEIXEIRA	individual	Senior Masculino	01:05:23	+32:42	06:32
526	3768	Bruno Carvalho	individual	Senior Masculino	01:05:26	+32:45	06:33
527	3563	ALEXANDRA SALGADO	individual	Senior Feminino	01:05:27	+32:46	06:33
528	3624	PEDRO COTOVIO	individual	Senior Masculino	01:05:28	+32:47	06:33
529	3621	PEDRO MARQUES	individual	Senior Masculino	01:05:29	+32:48	06:33
530	3303	ADRIANA CARNEIRO	individual	Senior Feminino	01:05:30	+32:49	06:33
531	3206	INÊS RIBEIRO	individual	Senior Feminino	01:05:30	+32:49	06:33
532	3219	DANIEL MACHADO	individual	Senior Masculino	01:05:31	+32:49	06:33
533	3856	Manuel Magalhães	individual	Senior Masculino	01:05:32	+32:51	06:33
534	3032	JOÃO MIGUEL PEREIRA	circando	Senior Masculino	01:05:35	+32:54	06:34
535	3027	BRUNO JESUS	circando	Senior Masculino	01:05:35	+32:54	06:34
536	3471	ELISEU COSTA	individual	Senior Masculino	01:05:36	+32:55	06:34
537	3813	Patrícia Faria	individual	Senior Feminino	01:05:37	+32:56	06:34
538	3252	MILENE LADEIRA	individual	Senior Feminino	01:05:39	+32:58	06:34
539	3417	JOANA SANTOS	individual	Senior Feminino	01:05:39	+32:58	06:34
540	3475	MIGUEL NUNO	individual	Senior Masculino	01:05:44	+33:03	06:34
541	3105	PEDRO MIGUEL FERNANDES	individual	Senior Masculino	01:05:45	+33:04	06:35
542	3247	MARIA LOPES	individual	Senior Feminino	01:05:45	+33:04	06:35
543	3443	RODOLFO LUCAS	individual	Senior Masculino	01:05:46	+33:05	06:35
544	3651	JOÃO MENDES	individual	Senior Masculino	01:05:48	+33:06	06:35
545	3354	NATÁLIA RIBEIRO	individual	Senior Feminino	01:05:49	+33:07	06:35
546	3119	RICARDO FERNANDES	individual	Senior Masculino	01:05:56	+33:14	06:36

















## 10Km

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	3379	MANUELA DE FREITAS	4435	Senior Feminino	59:26	+26:45	05:57
41	3586	PAULA SAMPAIO	Individual	Senior Feminino	59:31	+26:50	05:57
42	3080	CATARINA NUNES	Individual	Senior Feminino	59:34	+26:52	05:57
43	3396	FILIPA RODRIGUES	Individual	Senior Feminino	59:35	+26:54	05:58
44	3806	Susana Silva	RIOFIT	Senior Feminino	59:37	+26:56	05:58
45	3808	Rosa Ribeiro	RIOFIT	Senior Feminino	59:38	+26:57	05:58
46	3493	VÂNIA PORTELA	Individual	Senior Feminino	59:40	+26:59	05:58
47	3013	EMÍLIA VIDES	Individual	Senior Feminino	59:44	+27:03	05:58
48	3196	LILIANA SALGADO	Individual	Senior Feminino	59:44	+27:03	05:58
49	3211	ANABELA CASCAIS	Individual	Senior Feminino	59:48	+27:07	05:59
50	3047	MARIA MEZA	Individual	Senior Feminino	59:53	+27:11	05:59
51	3609	HELENA SILVA	Individual	Senior Feminino	59:59	+27:17	06:00
52	3002	CARLA SAMPAIO	GUARDIÕES	Senior Feminino	59:59	+27:18	06:00
53	3150	ANABELA LOBO	Correr com cAlma	Senior Feminino	01:00:00	+27:19	06:00
54	3863	Nicole Azevedo	Individual	Senior Feminino	01:00:03	+27:22	06:00
55	3764	Ana Luísa Dias	Individual	Senior Feminino	01:00:31	+27:50	06:03
56	3315	ALEXANDRA OLIVEIRA	Individual	Senior Feminino	01:00:37	+27:56	06:04
57	3838	Conceição Silva	NATAIPAS	Senior Feminino	01:00:40	+27:59	06:04
58	3489	ANA RAQUEL LAGE	Individual	Senior Feminino	01:00:44	+28:03	06:04
59	1039	MARIA RODRIGUES	Individual	Senior Feminino	01:00:45	+28:04	06:05
60	3502	CARLA SOUSA	Individual	Senior Feminino	01:00:56	+28:15	06:06
61	3510	ANA SILVA	Individual	Senior Feminino	01:01:07	+28:26	06:07
62	3033	VANESSA OLIVEIRA	CANSADOS COM CALMA	Senior Feminino	01:01:30	+28:48	06:09
63	3541	MANOELA SOUSA	Individual	Senior Feminino	01:01:33	+28:52	06:09
64	3265	ANDREIA CASTRO	Individual	Senior Feminino	01:01:39	+28:58	06:10
65	3753	Luciana Lima	Individual	Senior Feminino	01:01:40	+28:59	06:10
66	3645	SAMANTA ARAÚJO	Individual	Senior Feminino	01:01:50	+29:09	06:11
67	3050	SÓNIA GONÇALVES	Individual	Senior Feminino	01:01:57	+29:16	06:12
68	3179	CLÁUDIA BRAGANÇA	Individual	Senior Feminino	01:02:09	+29:28	06:13
69	3371	ISÁLIA PEREIRA	Individual	Senior Feminino	01:02:27	+29:45	06:15
70	3632	CONCEIÇÃO PEREIRA	SR CEPANENSE	Senior Feminino	01:02:31	+29:50	06:15
71	3450	CATARINA COSTA	Individual	Senior Feminino	01:02:34	+29:53	06:15
72	3113	LUÍSA OLIVEIRA	Individual	Senior Feminino	01:02:34	+29:53	06:15
73	3834	Rosa Fontão	NATAIPAS	Senior Feminino	01:02:41	+30:00	06:16
74	3381	DIANA PEREIRA	Individual	Senior Feminino	01:02:47	+30:06	06:17
75	3397	LETÍCIA MENDES	Individual	Senior Feminino	01:02:59	+30:18	06:18
76	3476	MARIA DIAS	Individual	Senior Feminino	01:03:02	+30:21	06:18
77	3441	NAIR GARRIDO	Individual	Senior Feminino	01:03:03	+30:22	06:18
78	3480	FRANCISCA CARDOSO	Individual	Senior Feminino	01:03:04	+30:23	06:18
79	3163	ANGELA FRAGA	Individual	Senior Feminino	01:03:15	+30:34	06:20
80	3679	ÁUREA SALGADO	Individual	Senior Feminino	01:03:23	+30:42	06:20
81	3478	NAYROBITH CARRABS	Individual	Senior Feminino	01:03:25	+30:44	06:21
82	3718	MARIA JOÃO LUÍS	Individual	Senior Feminino	01:03:25	+30:44	06:21
83	3318	JOANA BARBOSA	Individual	Senior Feminino	01:03:30	+30:49	06:21
84	3146	SANDRA PEREIRA	Individual	Senior Feminino	01:03:48	+31:07	06:23
85	3034	ALEXANDRA MENDES	CANSADOS COM CALMA	Senior Feminino	01:03:48	+31:07	06:23



10Km

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

132	3356	MICAELA DUARTE	Individual	Senior Feminino	01:07:49	+35:07	06:47
133	3374	SOFIA TEIXEIRA	Individual	Senior Feminino	01:07:49	+35:07	06:47
134	3595	RAQUEL EUSÉBIO	Individual	Senior Feminino	01:07:56	+35:14	06:48
135	3589	PATRÍCIA FERNANDES	Individual	Senior Feminino	01:07:56	+35:14	06:48
136	3693	RITA FREITAS	Individual	Senior Feminino	01:07:59	+35:17	06:48
137	3310	CARLA FONSECA	Individual	Senior Feminino	01:08:11	+35:29	06:49
138	1134	FERNANDA LIMA	Individual	Senior Feminino	01:08:14	+35:32	06:49
139	3366	PAULA PALHETA	Individual	Senior Feminino	01:08:17	+35:36	06:50
140	3349	TERESA PINTO	Individual	Senior Feminino	01:08:28	+35:46	06:51
141	3337	ANA BRÁS	Individual	Senior Feminino	01:08:34	+35:53	06:51
142	3769	Liliana Barbosa	Individual	Senior Feminino	01:08:42	+36:01	06:52
143	3332	SARA DIAS	RAPATACHOS	Senior Feminino	01:08:45	+36:04	06:53
144	3073	MARGARIDA LOBO	Individual	Senior Feminino	01:08:54	+36:12	06:53
145	3128	ALEXANDRINA MARTINS	Individual	Senior Feminino	01:09:01	+36:19	06:54
146	3467	EMÍLIA ARAÚJO	Individual	Senior Feminino	01:09:14	+36:32	06:55
147	3741	Liliana Oliveira	Individual	Senior Feminino	01:09:14	+36:33	06:55
148	3008	MARTA CABRAL	Individual	Senior Feminino	01:09:16	+36:35	06:56
149	3759	Adriana Salles	Individual	Senior Feminino	01:09:22	+36:41	06:56
150	3658	CRISTINA LOBO	Individual	Senior Feminino	01:09:25	+36:44	06:57
151	3312	SANDRA CARDOSO	Individual	Senior Feminino	01:09:33	+36:52	06:57
152	3369	CRISTIANA PEREIRA	Individual	Senior Feminino	01:09:49	+37:08	06:59
153	3865	Iolanda Faria	Individual	Senior Feminino	01:10:25	+37:44	07:03
154	3285	ANA REIS	Individual	Senior Feminino	01:10:27	+37:46	07:03
155	3306	MARGARIDA FONSECA	Individual	Senior Feminino	01:10:31	+37:49	07:03
156	3772	Eduarda Vila-chã	Individual	Senior Feminino	01:10:49	+38:08	07:05
157	3600	SARA GUIMARÃES	Individual	Senior Feminino	01:10:49	+38:08	07:05
158	3030	ZARA ABREU	Individual	Senior Feminino	01:10:54	+38:13	07:05
159	3684	FRANCISCA RODRIGUES	Individual	Senior Feminino	01:11:01	+38:19	07:06
160	3031	CLAUDIA RAMOS	Individual	Senior Feminino	01:11:11	+38:29	07:07
161	3525	ANABELA COSTA	Individual	Senior Feminino	01:11:32	+38:51	07:09
162	3321	PAULA PINTO	Individual	Senior Feminino	01:11:36	+38:55	07:10
163	3275	ANA FARIA	Individual	Senior Feminino	01:11:52	+39:11	07:11
164	3330	RITA VILAÇA	RAPATACHOS	Senior Feminino	01:12:06	+39:24	07:13
165	3671	MARIANA PASTOR	Joroplás Sports	Senior Feminino	01:12:14	+39:33	07:13
166	3383	ISABEL SANTOS	ACSAMB	Senior Feminino	01:12:19	+39:38	07:14
167	3112	PAULA CUNHA	Individual	Senior Feminino	01:12:20	+39:39	07:14
168	3273	RAQUEL MENDES	Individual	Senior Feminino	01:12:56	+40:14	07:18
169	3298	CLÁUDIA MOREIRA	Individual	Senior Feminino	01:13:01	+40:20	07:18
170	3250	ANA BERNARDO	Individual	Senior Feminino	01:13:27	+40:45	07:21
171	3453	ANA RITA FERNANDES	Individual	Senior Feminino	01:13:29	+40:47	07:21
172	3232	CARLA SILVA	Individual	Senior Feminino	01:13:29	+40:48	07:21
173	3142	TÂNIA GONÇALVES	Individual	Senior Feminino	01:13:38	+40:57	07:22
174	3096	ANA SILVA	Individual	Senior Feminino	01:13:42	+41:01	07:22
175	3323	INÉS MIRANDA	Individual	Senior Feminino	01:14:00	+41:19	07:24
176	3324	MARIANA SANTOS	Individual	Senior Feminino	01:14:00	+41:19	07:24
177	3274	ILDA COUTO	Individual	Senior Feminino	01:14:12	+41:30	07:25

## 10Km

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

178	3109	ANA LIMA	Individual	Senior Feminino	01:14:12	+41:30	07:25
179	3116	XANA FERNANDES	Individual	Senior Feminino	01:14:13	+41:31	07:25
180	3482	ANA DULCE MARTINS	Individual	Senior Feminino	01:14:15	+41:34	07:26
181	3212	FLÁVIA FÉLIX	Individual	Senior Feminino	01:14:27	+41:46	07:27
182	3823	RAQUEL RODRIGUES	Individual	Senior Feminino	01:14:33	+41:51	07:27
183	3014	DANIELA NEVES	Individual	Senior Feminino	01:15:13	+42:32	07:31
184	3301	MARIA VIEIRA	Individual	Senior Feminino	01:15:13	+42:32	07:31
185	3021	DIANA CRUZ	Individual	Senior Feminino	01:15:14	+42:33	07:31
186	3758	Mariana Machado	Individual	Senior Feminino	01:15:15	+42:34	07:32
187	3565	RENATA LEMOS	Individual	Senior Feminino	01:15:20	+42:39	07:32
188	3584	JOANA FERNANDES	Individual	Senior Feminino	01:15:30	+42:49	07:33
189	3521	ALEXANDRA MATOS	Individual	Senior Feminino	01:15:33	+42:51	07:33
190	3524	ANA FERREIRA	Individual	Senior Feminino	01:15:33	+42:51	07:33
191	3297	FRANCISCA MARQUES	Individual	Senior Feminino	01:15:36	+42:55	07:34
192	3597	MARIA BARBOSA	Individual	Senior Feminino	01:15:43	+43:02	07:34
193	3630	JULIANA COSTA	SR CEPANENSE	Senior Feminino	01:15:44	+43:02	07:34
194	3635	LUNA MARQUES	Individual	Senior Feminino	01:15:47	+43:06	07:35
195	3695	RICARDO FERREIRA	Individual	Senior Feminino	01:15:47	+43:06	07:35
196	3402	MARTINA MACHADO	Individual	Senior Feminino	01:15:47	+43:06	07:35
197	3433	TERESA MONTEIRO	Individual	Senior Feminino	01:15:50	+43:09	07:35
198	3522	CARINA FARIA	Individual	Senior Feminino	01:15:52	+43:11	07:35
199	3704	CÁTIA PEREIRA	Individual	Senior Feminino	01:15:53	+43:11	07:35
200	3703	MARGARIDA MACHADO	Individual	Senior Feminino	01:15:54	+43:13	07:35
201	3015	PATRÍCIA NEVES	Individual	Senior Feminino	01:16:05	+43:23	07:37
202	3702	TOZÉ CUNHA	Individual	Senior Feminino	01:16:48	+44:07	07:41
203	3462	VÂNIA RAMALHO	Individual	Senior Feminino	01:17:13	+44:32	07:43
204	3056	MARIA SOUSA	Individual	Senior Feminino	01:18:58	+46:17	07:54
205	3579	ANABELA SILVA	Individual	Senior Feminino	01:19:15	+46:33	07:56
206	3005	REGINA PERES	Individual	Senior Feminino	01:19:22	+46:40	07:56
207	3001	ALICE CASTRO	Os Guardiões	Senior Feminino	01:19:22	+46:41	07:56
208	3487	RUTE ARAÚJO	Individual	Senior Feminino	01:19:47	+47:06	07:59
209	3281	MARIA INÊS FERREIRA	Individual	Senior Feminino	01:20:08	+47:27	08:01
210	3335	MARIA PINHEIRO	Individual	Senior Feminino	01:20:09	+47:28	08:01
211	3504	SUEY YING TANG	Individual	Senior Feminino	01:20:50	+48:09	08:05
212	3299	MARIA MENDES	Individual	Senior Feminino	01:21:19	+48:38	08:08
213	3491	LUCÍLIA CADAVEZ	Individual	Senior Feminino	01:21:25	+48:43	08:09
214	3680	CARLA MENDES	Individual	Senior Feminino	01:22:00	+49:19	08:12
215	3133	MARIA DIAS	Individual	Senior Feminino	01:22:01	+49:19	08:12
216	3822	SARA RODRIGUES	Individual	Senior Feminino	01:22:08	+49:27	08:13
217	3339	VERA CASTRO	Individual	Senior Feminino	01:22:31	+49:50	08:15
218	3672	PAULA SALGADO	Joroplás Sports	Senior Feminino	01:23:04	+50:22	08:18
219	3716	CRISTINA COUTINHO	Individual	Senior Feminino	01:28:36	+55:55	08:52
220	3259	PAULA PRIOSTE	Individual	Senior Feminino	01:40:01	+01:07:20	10:00
221	3258	LUÍSA PRIOSTE	Individual	Senior Feminino	01:40:03	+01:07:22	10:00







**10Km**

**10 KM**

OFFICIAL RESULT

91	3228	NUNO GUERRA	Individual	Senior Masculino	50:25	+17:43	05:03
92	3380	GASPAR ARROCHELA	4435	Senior Masculino	50:25	+17:44	05:03
93	3736	Agostinho Matos	Individual	Senior Masculino	50:30	+17:49	05:03
94	3048	JOSÉ NOVAIS	Individual	Senior Masculino	50:35	+17:53	05:04
95	3300	JOÃO ALMEIDA	Individual	Senior Masculino	50:36	+17:55	05:04
96	3490	TIAGO OLIVEIRA	Individual	Senior Masculino	50:37	+17:55	05:04
97	3007	RICARDO SALGADO	Individual	Senior Masculino	50:39	+17:58	05:04
98	3810	Ricardo Castro	RIOFIT	Senior Masculino	50:39	+17:58	05:04
99	3003	ALEXANDRE PEREIRA	GUARDIÕES	Senior Masculino	50:41	+17:59	05:04
100	3243	PEDRO GONÇALVES	Individual	Senior Masculino	50:46	+18:04	05:05
101	3054	ANTÓNIO SILVA	Individual	Senior Masculino	50:46	+18:05	05:05
102	3191	GIL CASTRO	Individual	Senior Masculino	50:52	+18:11	05:05
103	3488	HUGO NEVES	Individual	Senior Masculino	50:52	+18:11	05:05
104	3428	JORGE FERNANDES	Individual	Senior Masculino	50:52	+18:11	05:05
105	3251	CRISTIANO FERNANDES	Individual	Senior Masculino	51:02	+18:21	05:06
106	3794	Ângelo Rodrigues	TEAM MORALESZ	Senior Masculino	51:06	+18:25	05:07
107	3239	HELDER RODRIGUES	Individual	Senior Masculino	51:15	+18:34	05:08
108	3236	DOMINGOS SILVA	Individual	Senior Masculino	51:15	+18:34	05:08
109	3551	PAULO RIBEIRO	Individual	Senior Masculino	51:16	+18:34	05:08
110	3765	Hugo De Araújo	Individual	Senior Masculino	51:25	+18:44	05:09
111	3754	Rui Pedro Correia	Individual	Senior Masculino	51:25	+18:44	05:09
112	3820	Gil Dinis	Individual	Senior Masculino	51:29	+18:48	05:09
113	3401	PAULO PEREIRA	Individual	Senior Masculino	51:34	+18:53	05:09
114	3127	JORGE SILVA	Individual	Senior Masculino	51:39	+18:57	05:10
115	3296	MANUEL CARVALHO	Individual	Senior Masculino	51:40	+18:58	05:10
116	3825	CARLOS PALMA	Individual	Senior Masculino	51:40	+18:59	05:10
117	3170	CÉSAR FERNANDES	Individual	Senior Masculino	51:40	+18:59	05:10
118	3197	PEDRO PEREIRA	Individual	Senior Masculino	51:47	+19:06	05:11
119	3755	José Carlos Pinto	Individual	Senior Masculino	51:53	+19:11	05:11
120	3006	RUI DA SILVA	Individual	Senior Masculino	51:56	+19:14	05:12
121	3864	Carlos Silva	Individual	Senior Masculino	52:00	+19:19	05:12
122	3221	JORGE MARQUES	Individual	Senior Masculino	52:00	+19:19	05:12
123	3646	LUÍS SILVEIRA	Individual	Senior Masculino	52:07	+19:26	05:13
124	3549	VÍTOR LOPES	Individual	Senior Masculino	52:07	+19:26	05:13
125	3442	LUÍS PONTES	Individual	Senior Masculino	52:11	+19:30	05:13
126	3012	DANIEL SILVA	Individual	Senior Masculino	52:18	+19:36	05:14
127	3763	Fernando Almeida	Individual	Senior Masculino	52:19	+19:38	05:14
128	3642	ANDRÉ COELHO LIMA	Individual	Senior Masculino	52:23	+19:42	05:14
129	3262	JOÃO FERREIRA	Individual	Senior Masculino	52:26	+19:45	05:15
130	3592	PEDRO MACHADO	FLY TEAM	Senior Masculino	52:31	+19:50	05:15
131	3011	JOSÉ JOÃO SAMPAIO	Individual	Senior Masculino	52:32	+19:51	05:15
132	3795	Pedro Lobo	TEAM MORALESZ	Senior Masculino	52:35	+19:53	05:16
133	3562	FILIPPE CASTRO	Individual	Senior Masculino	52:37	+19:56	05:16
134	3486	JOÃO RODRIGUES	Individual	Senior Masculino	52:37	+19:56	05:16
135	1227	RICARDO TEIXEIRA	Individual	Senior Masculino	52:40	+19:59	05:16
136	3352	AFONSO MONTEIRO	Individual	Senior Masculino	52:41	+20:00	05:16





**10Km**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

229	3358	VITOR HUGO SAMPAIO	Individual	Senior Masculino	55:57	+23:16	05:36
230	3404	CARLOS SOUSA	Individual	Senior Masculino	55:57	+23:16	05:36
231	3662	JOÃO RIBEIRO	Individual	Senior Masculino	55:58	+23:16	05:36
232	3500	ALEXANDRE SOBRAL	Individual	Senior Masculino	55:58	+23:17	05:36
233	3660	JOSÉ CASTRO	Individual	Senior Masculino	56:03	+23:22	05:36
234	3253	TIAGO FOLHADELA	Individual	Senior Masculino	56:05	+23:23	05:37
235	3708	RODRIGO SOUSA	Power Rangers	Senior Masculino	56:05	+23:24	05:37
236	3710	BOHDAN DUDKÓ	Power Rangers	Senior Masculino	56:05	+23:24	05:37
237	3745	Goncalo Costa	Individual	Senior Masculino	56:10	+23:29	05:37
238	3544	HÉLDER SILVA	Individual	Senior Masculino	56:17	+23:35	05:38
239	3496	RUI SOARES	Individual	Senior Masculino	56:20	+23:39	05:38
240	3529	JOSÉ CARLOS OLIVEIRA	Individual	Senior Masculino	56:23	+23:42	05:38
241	3322	JOSÉ ABREU	Individual	Senior Masculino	56:24	+23:43	05:38
242	3575	PATRÍCIO FERREIRA	Individual	Senior Masculino	56:25	+23:44	05:39
243	3081	MIGUEL GONÇALVES	Individual	Senior Masculino	56:26	+23:44	05:39
244	3459	HÉLDER MACEDO	Individual	Senior Masculino	56:26	+23:45	05:39
245	3468	DIOGO PEREIRA	Individual	Senior Masculino	56:26	+23:45	05:39
246	3485	GONÇALO TEIXEIRA	Individual	Senior Masculino	56:28	+23:47	05:39
247	3531	RICARDO LOPES	Individual	Senior Masculino	56:31	+23:49	05:39
248	3804	Pedro Carvalho	Individual	Senior Masculino	56:36	+23:55	05:40
249	3824	NÉLSON CARDOSO	Individual	Senior Masculino	56:37	+23:55	05:40
250	3457	DANIEL GONÇALVES	Individual	Senior Masculino	56:38	+23:57	05:40
251	3189	JOÃO SANTOS	Individual	Senior Masculino	56:47	+24:06	05:41
252	3829	Manuel Coutinho	NATAIPAS	Senior Masculino	56:55	+24:14	05:42
253	3828	Americo Coutinho	NATAIPAS	Senior Masculino	56:56	+24:15	05:42
254	3009	ISAÍAS MENDES	Individual	Senior Masculino	56:57	+24:15	05:42
255	3743	José Ribeiro	Individual	Senior Masculino	57:03	+24:21	05:42
256	3117	TIAGO SALGADO	Individual	Senior Masculino	57:06	+24:24	05:43
257	3620	PEDRO MACHADO	Individual	Senior Masculino	57:13	+24:31	05:43
258	3788	Manuel Fraga	POTES DE OURO	Senior Masculino	57:13	+24:32	05:43
259	3384	FABIO ALVES	Individual	Senior Masculino	57:15	+24:34	05:44
260	3681	LEANDRO VIANA	Individual	Senior Masculino	57:16	+24:34	05:44
261	3280	JOÃO FONTÃO	Individual	Senior Masculino	57:17	+24:35	05:44
262	3698	FABIO SILVA	Individual	Senior Masculino	57:17	+24:36	05:44
263	3271	RUI PEIXOTO	Individual	Senior Masculino	57:23	+24:41	05:44
264	3474	JORGE GONÇALVES	Individual	Senior Masculino	57:23	+24:42	05:44
265	3290	PEDRO NUNES	Individual	Senior Masculino	57:27	+24:45	05:45
266	3860	José Oliveira	Individual	Senior Masculino	57:28	+24:47	05:45
267	3817	Bruno Grilo	Individual	Senior Masculino	57:29	+24:47	05:45
268	3144	PEDRO FELGUEIRAS	Individual	Senior Masculino	57:31	+24:50	05:45
269	3153	JOSÉ SOARES	Individual	Senior Masculino	57:32	+24:50	05:45
270	3582	JOSÉ CUNHA	Individual	Senior Masculino	57:32	+24:50	05:45
271	3508	ÁLVARO GUEDES	Individual	Senior Masculino	57:33	+24:51	05:45
272	3283	ANDRÉ ARAÚJO	Individual	Senior Masculino	57:33	+24:52	05:45
273	3224	JOÃO PEREIRA	Individual	Senior Masculino	57:39	+24:58	05:46
274	3429	NUNO PASSOS	Individual	Senior Masculino	57:44	+25:03	05:46

Official Timekeeper: Lap2Go	11 / 17	generate 05-out.-2024 12:49
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**10Km**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

275	3747	Cristiano Castro	Individual	Senior Masculino	57:49	+25:08	05:47
276	3420	CARLOS FERNANDES	CRCANDO	Senior Masculino	57:54	+25:13	05:47
277	3183	VITOR MENDES	Individual	Senior Masculino	58:02	+25:21	05:48
278	3365	PEDRO TOMAZ	Individual	Senior Masculino	58:05	+25:23	05:49
279	3305	BRUNO GONÇALVES	Individual	Senior Masculino	58:07	+25:25	05:49
280	5389	CARLOS FERNANDES	Individual	Senior Masculino	58:08	+25:27	05:49
281	3130	PAULO PEREIRA	Individual	Senior Masculino	58:13	+25:32	05:49
282	3426	NICOLAU MOREIRA	Individual	Senior Masculino	58:15	+25:34	05:50
283	3147	RODRIGO GOMES	Individual	Senior Masculino	58:16	+25:34	05:50
284	3701	RUI FONSECA	Individual	Senior Masculino	58:17	+25:36	05:50
285	3029	MANUEL SILVA	Individual	Senior Masculino	58:17	+25:36	05:50
286	3793	Daniel Oliveira	TEAM MORALEZ	Senior Masculino	58:17	+25:36	05:50
287	3675	NELSON MACHADO	Individual	Senior Masculino	58:18	+25:37	05:50
288	3603	PAULO ABREU	Individual	Senior Masculino	58:19	+25:38	05:50
289	3627	PAULO TORRES	Individual	Senior Masculino	58:19	+25:38	05:50
290	3518	ANDRÉ MAGALHÃES	Individual	Senior Masculino	58:19	+25:38	05:50
291	3878	Hugo Araujo	Individual	Senior Masculino	58:21	+25:40	05:50
292	3559	RICARDO COSTA	Individual	Senior Masculino	58:24	+25:42	05:50
293	3185	GEORGE GKOUSGKOUNIS	Individual	Senior Masculino	58:26	+25:44	05:51
294	3207	JOÃO PINHEIRO	Individual	Senior Masculino	58:27	+25:45	05:51
295	3218	FRANCISCO LEITE SILVA	Individual	Senior Masculino	58:34	+25:52	05:51
296	3511	RICARDO MACHADO	Individual	Senior Masculino	58:36	+25:55	05:52
297	3566	FÁBIO RODRIGUES	Individual	Senior Masculino	58:37	+25:55	05:52
298	3687	BRUNO MARTELO	Individual	Senior Masculino	58:37	+25:56	05:52
299	3157	JOÃO PEREIRA	Individual	Senior Masculino	58:37	+25:56	05:52
300	3156	PEDRO PEREIRA	Individual	Senior Masculino	58:38	+25:57	05:52
301	3343	ALEXANDRE PEREIRA	Individual	Senior Masculino	58:39	+25:58	05:52
302	3367	ADRIANO RIBEIRO	Individual	Senior Masculino	58:39	+25:58	05:52
303	3727	DIOGO FERNANDES	Individual	Senior Masculino	58:42	+26:00	05:52
304	3464	TIAGO VIEIRA	Individual	Senior Masculino	58:45	+26:04	05:53
305	3446	FERNANDO CUNHA	Individual	Senior Masculino	58:46	+26:05	05:53
306	3086	TIAGO FREITAS	Individual	Senior Masculino	58:47	+26:05	05:53
307	3085	PEDRO TEIXEIRA	Individual	Senior Masculino	58:47	+26:06	05:53
308	3140	ALEXANDRE MACHADO	Individual	Senior Masculino	58:47	+26:06	05:53
309	3452	RUI OLIVEIRA	Individual	Senior Masculino	58:48	+26:07	05:53
310	3325	CARLOS CRISTIANO	Individual	Senior Masculino	58:52	+26:11	05:53
311	3880	José Miguel de Sousa	Individual	Senior Masculino	58:56	+26:14	05:54
312	3855	João Castro	TAIPAS	Senior Masculino	58:57	+26:16	05:54
313	3028	TIAGO AGUIAR	Individual	Senior Masculino	59:01	+26:20	05:54
314	3444	RUI COSTA	Individual	Senior Masculino	59:04	+26:23	05:54
315	3599	DÁRIO SILVA	Individual	Senior Masculino	59:07	+26:25	05:55
316	3440	RICARDO PEIXOTO	Individual	Senior Masculino	59:08	+26:26	05:55
317	3108	FILIPPE SILVA	Individual	Senior Masculino	59:13	+26:31	05:55
318	3437	ABÍLIO MENDES	Individual	Senior Masculino	59:13	+26:32	05:55
319	3512	GUILHERME OLIVEIRA	Individual	Senior Masculino	59:21	+26:40	05:56
320	3841	Manuel Ribeiro	NATAIPAS	Senior Masculino	59:23	+26:42	05:56

Official Timekeeper: Lap2Go	12 / 17	generate 05-out.-2024 12:49
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**10Km****10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

321	1181	DIOGO BARROS	Individual	Senior Masculino	59:26	+26:44	05:57
322	3018	RUI ROCHA	Individual	Senior Masculino	59:30	+26:48	05:57
323	3328	VITOR SILVA	Individual	Senior Masculino	59:30	+26:49	05:57
324	3215	JOSÉ FÉLIX	Individual	Senior Masculino	59:35	+26:54	05:58
325	3214	LUÍS FÉLIX	Individual	Senior Masculino	59:36	+26:55	05:58
326	3327	AGOSTINHO FARIA	Individual	Senior Masculino	59:37	+26:56	05:58
327	3777	Diogo Abreu	Individual	Senior Masculino	59:38	+26:57	05:58
328	3342	JOÃO ANTUNES	Individual	Senior Masculino	59:39	+26:57	05:58
329	3827	JOÃO MENDES	Individual	Senior Masculino	59:40	+26:59	05:58
330	3432	FRANCISCO FERNANDES	Individual	Senior Masculino	59:41	+27:00	05:58
331	3748	José Arrifano	Individual	Senior Masculino	59:41	+27:00	05:58
332	3177	DANILO OLIVEIRA	Individual	Senior Masculino	59:44	+27:03	05:58
333	3466	JOSÉ FERREIRA	Individual	Senior Masculino	59:44	+27:03	05:58
334	5267	LUIS PAULO	Individual	Senior Masculino	59:45	+27:03	05:59
335	3181	VITOR LOPES	Individual	Senior Masculino	59:46	+27:05	05:59
336	3640	JOSE LUIS SIMAES	Individual	Senior Masculino	59:48	+27:06	05:59
337	3532	HENRIQUE FREITAS	Individual	Senior Masculino	59:51	+27:10	05:59
338	3072	DIOGO FREITAS	Individual	Senior Masculino	59:51	+27:10	05:59
339	3608	PEDRO SILVA	Individual	Senior Masculino	59:59	+27:17	06:00
340	3538	PEDRO SILVA	Individual	Senior Masculino	01:00:15	+27:34	06:02
341	3738	José Nobre	Individual	Senior Masculino	01:00:16	+27:34	06:02
342	3413	RUI GARCIA	Individual	Senior Masculino	01:00:23	+27:41	06:02
343	3641	HELDER GONÇALVES	Individual	Senior Masculino	01:00:23	+27:41	06:02
344	3839	António Rodrigues	NATAIPAS	Senior Masculino	01:00:27	+27:46	06:03
345	3331	JOÃO VILAÇA	RAPATACHOS	Senior Masculino	01:00:27	+27:46	06:03
346	3118	NELSON OLIVEIRA	Individual	Senior Masculino	01:00:31	+27:49	06:03
347	3319	CARLOS LIMA	Individual	Senior Masculino	01:00:33	+27:52	06:03
348	3573	JOÃO SILVA	Individual	Senior Masculino	01:00:34	+27:53	06:03
349	3169	FRANCISCO GONÇALVES	Individual	Senior Masculino	01:00:35	+27:54	06:04
350	3781	Diogo Rodrigues	Individual	Senior Masculino	01:00:36	+27:54	06:04
351	3314	DOMINGOS COELHO	Individual	Senior Masculino	01:00:38	+27:57	06:04
352	3773	Ricardo Pinto	Individual	Senior Masculino	01:00:39	+27:57	06:04
353	3201	CRISTIANO MAGALHÃES	Individual	Senior Masculino	01:00:45	+28:04	06:05
354	3233	LEANDRO GOMEZ	Individual	Senior Masculino	01:00:49	+28:08	06:05
355	3449	PEDRO SILVA	Individual	Senior Masculino	01:00:56	+28:15	06:06
356	3673	JOAO SOUSA	Individual	Senior Masculino	01:00:59	+28:17	06:06
357	3594	DUARTE PEREIRA	FLY TEAM	Senior Masculino	01:01:07	+28:26	06:07
358	3555	LAZARO FERREIRA	Individual	Senior Masculino	01:01:08	+28:27	06:07
359	3647	CARLOS COSTA	Individual	Senior Masculino	01:01:08	+28:27	06:07
360	3744	Adérito Maia	Individual	Senior Masculino	01:01:11	+28:30	06:07
361	3121	JOÃO SIMÕES	Individual	Senior Masculino	01:01:12	+28:30	06:07
362	1174	RUI PEREIRA	Individual	Senior Masculino	01:01:15	+28:34	06:08
363	3811	Luís Teixeira	Individual	Senior Masculino	01:01:22	+28:40	06:08
364	3771	Zabih Mehdipourpicha	Individual	Senior Masculino	01:01:27	+28:46	06:09
365	3135	JOAQUIM SILVA	Individual	Senior Masculino	01:01:36	+28:55	06:10
366	3225	MARCO ALMEIDA	Individual	Senior Masculino	01:01:44	+29:02	06:10

**10Km**
**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

367	3260	JOÃO LARANJO	Individual	Senior Masculino	01:01:45	+29:04	06:11
368	3385	CARLOS MARTINS	IT RUNNERS	Senior Masculino	01:01:49	+29:07	06:11
369	3400	FERNANDO RODRIGUES	Individual	Senior Masculino	01:01:50	+29:09	06:11
370	3076	RICARDO SALAZAR	Individual	Senior Masculino	01:01:52	+29:10	06:11
371	3774	Filipe Pinto Pinto	Individual	Senior Masculino	01:01:54	+29:13	06:11
372	3278	LUÍS PAULINO	Individual	Senior Masculino	01:01:55	+29:14	06:12
373	3552	RUI COSTA	Individual	Senior Masculino	01:01:59	+29:18	06:12
374	3720	ÁLVARO SOARES	Individual	Senior Masculino	01:02:10	+29:29	06:13
375	3596	VÍTOR GOMES	Individual	Senior Masculino	01:02:13	+29:31	06:13
376	3567	JORGE MAGALHÃES	Individual	Senior Masculino	01:02:14	+29:33	06:13
377	3136	GIL CUNHA	Individual	Senior Masculino	01:02:15	+29:33	06:14
378	3776	Tiago Machado	Individual	Senior Masculino	01:02:21	+29:39	06:14
379	3372	CARLOS CUNHA	Individual	Senior Masculino	01:02:26	+29:45	06:15
380	3307	FILIPE ALMENDRA	Individual	Senior Masculino	01:02:27	+29:45	06:15
381	3616	JOÃO RIBEIRO	Individual	Senior Masculino	01:02:27	+29:46	06:15
382	3775	Bruno Almeida	Individual	Senior Masculino	01:02:30	+29:49	06:15
383	3543	NUNO OLIVEIRA	Individual	Senior Masculino	01:02:33	+29:52	06:15
384	3545	CARLOS MACHADO	Individual	Senior Masculino	01:02:34	+29:53	06:15
385	3414	NUNO ARAÚJO	Individual	Senior Masculino	01:02:40	+29:58	06:16
386	3376	JOAQUIM MARQUES	Individual	Senior Masculino	01:02:44	+30:03	06:16
387	3699	LUIS GONZAGA	Individual	Senior Masculino	01:02:46	+30:05	06:17
388	3503	FILIPE RODRIGUES	Individual	Senior Masculino	01:02:52	+30:10	06:17
389	3180	LUÍS SILVA	Individual	Senior Masculino	01:02:56	+30:14	06:18
390	3412	DIOGO TOMÁS	Individual	Senior Masculino	01:02:56	+30:15	06:18
391	3637	JOAO MONTEIRO	Individual	Senior Masculino	01:03:02	+30:21	06:18
392	3814	Nuno Viana	NATAIPAS	Senior Masculino	01:03:05	+30:24	06:19
393	3835	Pedro Regueiras	NATAIPAS	Senior Masculino	01:03:05	+30:24	06:19
394	3749	Nuno Borges	Individual	Senior Masculino	01:03:19	+30:38	06:20
395	3585	MARCO SILVA	Individual	Senior Masculino	01:03:22	+30:40	06:20
396	3659	CÉSAR SILVA	Individual	Senior Masculino	01:03:22	+30:41	06:20
397	3036	VITOR SAMPAIO	CANSADOS COM CALMA	Senior Masculino	01:03:24	+30:43	06:20
398	3717	PEDRO NOVAIS	Individual	Senior Masculino	01:03:26	+30:44	06:21
399	3208	JOSÉ FREITAS	Individual	Senior Masculino	01:03:27	+30:46	06:21
400	3742	Luiz Francisco	Individual	Senior Masculino	01:03:29	+30:47	06:21
401	3045	HERCULANO FERNANDES	Individual	Senior Masculino	01:03:33	+30:52	06:21
402	3035	PEDRO CRUZ	CANSADOS COM CALMA	Senior Masculino	01:03:47	+31:06	06:23
403	3689	RUI FERNANDES	Individual	Senior Masculino	01:03:55	+31:14	06:24
404	3853	Pedro Alves	Individual	Senior Masculino	01:04:07	+31:26	06:25
405	3469	FILIPE COSTA	Individual	Senior Masculino	01:04:10	+31:29	06:25
406	3792	João Sepúlveda	TEAM MORALES	Senior Masculino	01:04:19	+31:37	06:26
407	3289	JORGE FARIA	TEAM MORALES	Senior Masculino	01:04:19	+31:38	06:26
408	3778	Augusto Silva	Individual	Senior Masculino	01:04:21	+31:39	06:26
409	3456	SAMUEL GUIMARÃES	Individual	Senior Masculino	01:04:21	+31:40	06:26
410	3286	FRANCISCO SOUSA	Individual	Senior Masculino	01:04:31	+31:49	06:27
411	3187	THIAGO PARAISO	Individual	Senior Masculino	01:04:40	+31:59	06:28
412	3083	FREDERICO MAGALHÃES	Individual	Senior Masculino	01:04:43	+32:02	06:28

### 10Km

### 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

413	3373	ANDRÉ PONTES	Individual	Senior Masculino	01:04:47	+32:06	06:29
414	3542	NUNO LOBO	Individual	Senior Masculino	01:04:52	+32:11	06:29
415	3308	RUI GONÇALVES	Individual	Senior Masculino	01:05:07	+32:26	06:31
416	3852	Mikael Rodrigues	Individual	Senior Masculino	01:05:08	+32:27	06:31
417	3495	BRUNO LOPES	Individual	Senior Masculino	01:05:16	+32:35	06:32
418	3494	MANUEL LOPES	Individual	Senior Masculino	01:05:18	+32:36	06:32
419	3819	Miguel Duarte	Individual	Senior Masculino	01:05:21	+32:40	06:32
420	3165	PEDRO CARVALHO	Individual	Senior Masculino	01:05:21	+32:40	06:32
421	3110	ARNALDO TEIXEIRA	Individual	Senior Masculino	01:05:22	+32:40	06:32
422	3111	AFONSO TEIXEIRA	Individual	Senior Masculino	01:05:23	+32:42	06:32
423	3768	Bruno Carvalho	Individual	Senior Masculino	01:05:26	+32:45	06:33
424	3624	PEDRO COTOVIO	Individual	Senior Masculino	01:05:28	+32:47	06:33
425	3621	PEDRO MARQUES	Individual	Senior Masculino	01:05:29	+32:48	06:33
426	3219	DANIEL MACHADO	Individual	Senior Masculino	01:05:31	+32:49	06:33
427	3856	Manuel Magalhães	Individual	Senior Masculino	01:05:32	+32:51	06:33
428	3032	JOÃO MIGUEL PEREIRA	CRCANDO	Senior Masculino	01:05:35	+32:54	06:34
429	3027	BRUNO JESUS	CRCANDO	Senior Masculino	01:05:35	+32:54	06:34
430	3471	ELISEU COSTA	Individual	Senior Masculino	01:05:36	+32:55	06:34
431	3475	MIGUEL NUNO	Individual	Senior Masculino	01:05:44	+33:03	06:34
432	3105	PEDRO MIGUEL FERNANDES	Individual	Senior Masculino	01:05:45	+33:04	06:35
433	3443	RODOLFO LUCAS	Individual	Senior Masculino	01:05:46	+33:05	06:35
434	3651	JOÃO MENDES	Individual	Senior Masculino	01:05:48	+33:06	06:35
435	3119	RICARDO FERNANDES	Individual	Senior Masculino	01:05:56	+33:14	06:36
436	3848	Rui Castro	Individual	Senior Masculino	01:05:58	+33:17	06:36
437	3623	PEDRO MENDES	Individual	Senior Masculino	01:05:58	+33:17	06:36
438	3602	PAULO JORDÃO	Individual	Senior Masculino	01:06:00	+33:19	06:36
439	3416	OCTÁVIO SANTOS	Individual	Senior Masculino	01:06:06	+33:25	06:37
440	1223	LUIS MENDEIROS	Individual	Senior Masculino	01:06:12	+33:31	06:37
441	3350	AFONS MONTEIRO	Individual	Senior Masculino	01:06:19	+33:37	06:38
442	3752	Joao Baptista	Individual	Senior Masculino	01:06:25	+33:43	06:39
443	3266	JOAO QUEIROS	Lentos	Senior Masculino	01:06:25	+33:44	06:39
444	3655	ANTONIO MIRANDA	Individual	Senior Masculino	01:06:26	+33:45	06:39
445	3410	JOSÉ SOUSA	Individual	Senior Masculino	01:06:27	+33:46	06:39
446	3619	LEANDRO SILVA	Individual	Senior Masculino	01:06:38	+33:57	06:40
447	3666	MARCO FERREIRA	Individual	Senior Masculino	01:06:40	+33:59	06:40
448	1078	JOÃO SALGADO	Box Indústria 101	Senior Masculino	01:06:58	+34:16	06:42
449	3854	Pedro Ribeiro	Individual	Senior Masculino	01:07:02	+34:21	06:42
450	3802	Ricardo Ribeiro	Individual	Senior Masculino	01:07:02	+34:21	06:42
451	3751	Manuel Marques	Individual	Senior Masculino	01:07:03	+34:21	06:42
452	3801	Vânia Mendes	Individual	Senior Masculino	01:07:03	+34:21	06:42
453	3787	Bruno Costa	POTES DE OURO	Senior Masculino	01:07:06	+34:24	06:43
454	3784	Albano Abreu	POTES DE OURO	Senior Masculino	01:07:06	+34:25	06:43
455	3398	AFONSO LIMA	Individual	Senior Masculino	01:07:10	+34:29	06:43
456	3722	PEDRO MIGUEL SILVA	Individual	Senior Masculino	01:07:16	+34:35	06:44
457	3190	VITOR PEIXOTO	Individual	Senior Masculino	01:07:17	+34:35	06:44
458	3270	MIGUEL DIAS	IT RUNNERS	Senior Masculino	01:07:27	+34:46	06:45

**10Km****10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

459	3238	VITOR PEREIRA	Individual	Senior Masculino	01:07:27	+34:46	06:45
460	3355	TIAGO BATISTA	Individual	Senior Masculino	01:07:36	+34:54	06:46
461	3115	JOSÉ ABREU	Individual	Senior Masculino	01:07:37	+34:55	06:46
462	3677	ADRIANO MARQUES	Individual	Senior Masculino	01:07:40	+34:58	06:46
463	3535	ANDRÉ LEITÃO	Individual	Senior Masculino	01:07:42	+35:01	06:46
464	3580	RENATO REIS	Individual	Senior Masculino	01:07:58	+35:16	06:48
465	3406	VASCO PACHECO	Individual	Senior Masculino	01:08:01	+35:20	06:48
466	3311	ANTÓNIO FONSECA	Individual	Senior Masculino	01:08:11	+35:29	06:49
467	3023	RUI FERNANDES	Individual	Senior Masculino	01:08:30	+35:49	06:51
468	3210	ALBERTO FERREIRA	Individual	Senior Masculino	01:08:41	+36:00	06:52
469	3256	SERGIO JOSE RABELO	Individual	Senior Masculino	01:08:52	+36:11	06:53
470	3618	FERNANDO COSTA	Individual	Senior Masculino	01:08:53	+36:11	06:53
471	3818	Gustavo Romão	Individual	Senior Masculino	01:09:01	+36:19	06:54
472	3362	TIAGO CAPELA	Individual	Senior Masculino	01:09:04	+36:23	06:54
473	3263	TIAGO GONÇALVES	Individual	Senior Masculino	01:09:04	+36:23	06:54
474	3186	MARCELO BATISTA	Individual	Senior Masculino	01:09:08	+36:27	06:55
475	3138	ABILIO PEREIRA	ACVSM	Senior Masculino	01:09:11	+36:30	06:55
476	3389	IGOR DOMINGUES	Individual	Senior Masculino	01:09:24	+36:42	06:56
477	3657	JOSÉ CARLOS SILVA	Individual	Senior Masculino	01:09:24	+36:43	06:56
478	3100	TIAGO BARROS	FAFE BEER RT	Senior Masculino	01:09:28	+36:46	06:57
479	3099	CARLOS COSTA	FAFE BEER RT	Senior Masculino	01:09:28	+36:47	06:57
480	3320	JOAO ALVES	Individual	Senior Masculino	01:09:29	+36:48	06:57
481	3445	MÁRIO SILVA	Individual	Senior Masculino	01:09:55	+37:14	07:00
482	3294	EDUARDO OLIVEIRA	Individual	Senior Masculino	01:10:17	+37:36	07:02
483	3242	JOAO CUNHA	Individual	Senior Masculino	01:10:17	+37:36	07:02
484	3353	VASCO CASTRO	Individual	Senior Masculino	01:10:23	+37:42	07:02
485	3533	FILIPE CARVALHO	Individual	Senior Masculino	01:10:25	+37:44	07:03
486	3175	MOHAMMAD HASSANI	Individual	Senior Masculino	01:10:49	+38:08	07:05
487	3593	RUI MENDES	FLY TEAM	Senior Masculino	01:11:07	+38:25	07:07
488	3454	CÉSAR FERNANDES	Individual	Senior Masculino	01:13:29	+40:47	07:21
489	3162	CÂNDIDO SILVA	SANDE WISH	Senior Masculino	01:13:30	+40:49	07:21
490	3097	HERCULANO SILVA	Individual	Senior Masculino	01:13:42	+41:00	07:22
491	3581	DIRVAL ANTONIO PERES	Individual	Senior Masculino	01:13:43	+41:02	07:22
492	3540	EDUARDO RIBEIRO	Individual	Senior Masculino	01:13:43	+41:02	07:22
493	3017	MANUEL NEVES	Individual	Senior Masculino	01:14:14	+41:33	07:25
494	3213	MARCO MACHADO	Individual	Senior Masculino	01:14:27	+41:46	07:27
495	3821	Vasco Rodrigues	Individual	Senior Masculino	01:14:52	+42:10	07:29
496	3667	VÍTOR SOUSA	Individual	Senior Masculino	01:15:10	+42:29	07:31
497	3231	PEDRO SOUSA	Individual	Senior Masculino	01:15:15	+42:34	07:32
498	3757	Sérgio Machado	Individual	Senior Masculino	01:15:15	+42:34	07:32
499	3309	RAUL VILAS BOAS	Individual	Senior Masculino	01:15:23	+42:42	07:32
500	3106	DEMIAN CALDERON	Individual	Senior Masculino	01:15:27	+42:46	07:33
501	1209	JOÃO ALVES SILVA DIAS	Individual	Senior Masculino	01:15:46	+43:05	07:35
502	3697	MIGUEL CUNHA	Individual	Senior Masculino	01:15:51	+43:10	07:35
503	3523	RUI SILVA	Individual	Senior Masculino	01:15:54	+43:12	07:35
504	3705	NELSON MARTINS	Individual	Senior Masculino	01:15:54	+43:13	07:35



10Km

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

505	3037	LUÍS PEIXOTO	Individual	Senior Masculino	01:16:02	+43:21	07:36
506	3038	ANTÓNIO CASTRO	Individual	Senior Masculino	01:16:03	+43:21	07:36
507	3249	PEDRO SANTOS	Individual	Senior Masculino	01:16:37	+43:56	07:40
508	3055	JOÃO TEIXEIRA	Individual	Senior Masculino	01:17:02	+44:21	07:42
509	3611	SALVADOR GONÇALVES	Individual	Senior Masculino	01:18:05	+45:23	07:49
510	3235	BRUNO SILVA	Individual	Senior Masculino	01:18:35	+45:54	07:52
511	3578	JOAQUIM FERNANDES	Individual	Senior Masculino	01:19:14	+46:33	07:55
512	3336	RUI PORTELA	Individual	Senior Masculino	01:20:08	+47:27	08:01
513	3576	GONÇALO BRANCO	Individual	Senior Masculino	01:20:33	+47:52	08:03
514	3700	TOMÁS NEVES	Individual	Senior Masculino	01:20:34	+47:52	08:03
515	3174	ALTAMIRO CRUZ	Individual	Senior Masculino	01:20:50	+48:09	08:05
516	3479	JOÃO CAJEIRA	Individual	Senior Masculino	01:21:25	+48:44	08:09
517	3010	JOÃO OLIVEIRA	Individual	Senior Masculino	01:22:01	+49:20	08:12
518	3340	JOSÉ MOTA	Individual	Senior Masculino	01:22:31	+49:49	08:15
519	3728	FRANCISCO FERNANDES	Individual	Senior Masculino	01:23:00	+50:19	08:18
520	3403	MANUEL SOUSA	Individual	Senior Masculino	01:27:58	+55:16	08:48
521	3715	PEDRO VIEIRA	Individual	Senior Masculino	01:28:30	+55:48	08:51

## 5KM - STAGE 1

## 5 KM

## OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:00	19°C	93%
End	11:22	20,1°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1260	LEONARDO OLIVEIRA	elct	Senior Masculino	18:07		03:37
2	1049	JOÃO FERREIRA	individual	Senior Masculino	19:01	+00:54	03:48
3	1216	MARCO PINTO	individual	Senior Masculino	20:05	+01:58	04:01
4	1284	Oscar Fernandes	individual	Senior Masculino	20:06	+01:59	04:01
5	1149	LEONEL VIDEIRA	individual	Senior Masculino	20:46	+02:39	04:09
6	1171	RUI CARNEIRO	individual	Senior Masculino	20:49	+02:42	04:10
7	1286	António Ribeiro	individual	Senior Masculino	21:03	+02:55	04:13
8	1012	MARCELO TEIXEIRA	individual	Senior Masculino	22:09	+04:01	04:26
9	1180	GASPAR FERNANDES	individual	Senior Masculino	22:30	+04:23	04:30
10	1306	Afonso Santoalha	individual	Senior Masculino	22:48	+04:41	04:34
11	1124	EDUARDO PEREIRA	individual	Senior Masculino	22:56	+04:49	04:35
12	1300	Gonçalo Martins	individual	Senior Masculino	23:33	+05:26	04:43
13	1201	WESLEYSON SILVA	individual	Senior Masculino	23:41	+05:34	04:44
14	1042	CARLOS LINS	individual	Senior Masculino	23:46	+05:39	04:45
15	1277	Jose Cunha	individual	Senior Masculino	23:49	+05:42	04:46
16	1193	JOSÉ MACHADO	individual	Senior Masculino	23:49	+05:42	04:46
17	1164	PEDRO FERNANDES	individual	Senior Masculino	23:51	+05:44	04:46
18	1096	JOSE SOUSA	individual	Senior Masculino	24:02	+05:55	04:48
19	1150	ROSA CARMO	individual	Senior Feminino	24:04	+05:56	04:49
20	1170	HUGO FÉLIX	individual	Senior Masculino	24:14	+06:07	04:51
21	1031	NIMA AZIMI	individual	Senior Masculino	24:18	+06:11	04:52
22	3053	SAMUEL ALVES	individual	Senior Masculino	24:22	+06:14	04:52
23	1215	SIMÃO PEDROSA	individual	Senior Masculino	24:28	+06:21	04:54
24	1156	MIGUEL PACHECO	individual	Senior Masculino	24:28	+06:21	04:54
25	1026	RAFAELA ARAUJO	individual	Senior Feminino	24:53	+06:45	04:59
26	1091	MARIANA BORGES	individual	Senior Feminino	24:53	+06:46	04:59
27	1210	CATARINA LOPES	individual	Senior Feminino	25:07	+07:00	05:01
28	1213	CRISTINA GOMES	individual	Senior Feminino	25:11	+07:04	05:02
29	1007	CATARINA BORGES	vitória sc	Senior Feminino	25:25	+07:17	05:05
30	1077	JOAO OLIVEIRA	individual	Senior Masculino	25:31	+07:24	05:06
31	1305	Rosa Lopes	individual	Senior Feminino	25:40	+07:33	05:08
32	3706	ISABEL RIBEIRO	individual	Senior Feminino	25:43	+07:36	05:09
33	1214	JOÃO CUNHA	individual	Senior Masculino	25:55	+07:47	05:11
34	1136	LEANDRO RALHA	individual	Senior Masculino	26:18	+08:11	05:16
35	1005	MARGARIDA COSTA	individual	Senior Feminino	26:27	+08:20	05:18
36	1270	RAFAEL FERNANDES	individual	Senior Masculino	26:28	+08:21	05:18
37	1308	Augusto Ribeiro	individual	Senior Masculino	26:28	+08:21	05:18
38	1296	Annalaura Vuoto	individual	Senior Feminino	26:29	+08:22	05:18
39	1269	DIOGO ANDRADE	individual	Senior Masculino	26:39	+08:32	05:20
40	3387	MARGARIDA GONÇALVES	individual	Senior Feminino	26:40	+08:32	05:20
41	1217	NATÁLIA LIMA	individual	Senior Feminino	27:09	+09:01	05:26
42	1072	BRUNO MATOS	individual	Senior Masculino	27:26	+09:18	05:29

5KM - STAGE 1

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	1020	EDUARDO MACHADO	individual	Senior Masculino	27:46	+09:38	05:33
44	3042	JOÃO RIBEIRO	individual	Senior Masculino	27:52	+09:44	05:34
45	3041	MARIANA PIZARRO	individual	Senior Feminino	27:52	+09:45	05:35
46	1146	MANUEL SOARES	individual	Senior Masculino	28:06	+09:59	05:37
47	1176	AGOSTINHO RODRIGUES	individual	Senior Masculino	28:06	+09:59	05:37
48	1204	NUNO RODRIGUES	individual	Senior Masculino	28:12	+10:04	05:38
49	1184	MARA FÉLIX	individual	Senior Feminino	28:14	+10:06	05:39
50	1247	GABRIEL SILVA	individual	Senior Masculino	28:16	+10:09	05:39
51	1185	VITOR VIEIRA	individual	Senior Masculino	28:16	+10:09	05:39
52	1218	SILVIA LIMA	individual	Senior Feminino	28:23	+10:16	05:41
53	1125	ANTÓNIO SILVA	individual	Senior Masculino	28:32	+10:25	05:42
54	1140	LEONARDO SOARES	individual	Senior Masculino	28:32	+10:25	05:42
55	1139	MOISÉS SOARES	individual	Senior Masculino	28:33	+10:25	05:43
56	3560	ANA RITA FERREIRA	elct	Senior Feminino	28:37	+10:29	05:43
57	1212	FILIPPE ARAÚJO	individual	Senior Masculino	29:28	+11:21	05:54
58	1014	ARMINDO PEREIRA	individual	Senior Masculino	29:30	+11:23	05:54
59	1246	CARLOS SILVA	individual	Senior Masculino	29:31	+11:24	05:54
60	1155	DIANA CASTRO	individual	Senior Feminino	29:46	+11:39	05:57
61	1283	Amir Zarghami	individual	Senior Masculino	29:52	+11:45	05:59
62	1179	SOFIA LOPES	individual	Senior Feminino	29:55	+11:48	05:59
63	1183	ADELINO SILVA	individual	Senior Masculino	29:55	+11:48	05:59
64	1173	ANTÓNIO BORGES	individual	Senior Masculino	29:59	+11:51	06:00
65	1142	PAULO MENDES	individual	Senior Masculino	30:05	+11:58	06:01
66	1006	NATÁLIA PONTES	individual	Senior Feminino	30:10	+12:03	06:02
67	1198	JOSE PEIXOTO	individual	Senior Masculino	30:14	+12:07	06:03
68	1219	PEDRO FERNANDES	individual	Senior Masculino	30:23	+12:16	06:05
69	1083	ALICE SOARES	individual	Senior Feminino	30:32	+12:25	06:07
70	1172	SUSANA CASTRO	individual	Senior Feminino	30:34	+12:27	06:07
71	1076	RAFAELA CUNJA	individual	Senior Feminino	30:40	+12:32	06:08
72	1131	CARLOS PIAIRO	individual	Senior Masculino	30:47	+12:39	06:09
73	1302	Hugo Cunha	individual	Senior Masculino	30:49	+12:42	06:10
74	1303	Pedro Sampaio	individual	Senior Masculino	30:49	+12:42	06:10
75	1259	MÁRCIA COSTA	individual	Senior Feminino	30:54	+12:46	06:11
76	1036	JOSÉ MIGUEL FERNANDES	individual	Senior Masculino	31:11	+13:04	06:14
77	1282	Fábio Oliveira	individual	Senior Masculino	31:15	+13:07	06:15
78	1028	SHARLANE COSTA	individual	Senior Feminino	31:15	+13:08	06:15
79	1029	JOÃO SANTOS	individual	Senior Masculino	31:15	+13:08	06:15
80	1275	Michael Machado	individual	Senior Masculino	31:17	+13:09	06:15
81	1222	FRANCISCA CUNHA	individual	Senior Feminino	31:18	+13:10	06:16
82	1112	ALBERTO DIAS	individual	Senior Masculino	31:27	+13:20	06:18
83	1145	YAGO ROCHA NASCIMENTO	individual	Senior Masculino	31:40	+13:33	06:20
84	1075	ANTONIO FERNANDES	individual	Senior Masculino	31:42	+13:35	06:21
85	1052	SIMAO FONTE	individual	Senior Masculino	31:46	+13:38	06:21
86	1304	Rúben Ribeiro	individual	Senior Masculino	31:47	+13:40	06:22
87	1017	ALEXANDRA LEITE	individual	Senior Feminino	31:48	+13:40	06:22
88	1018	DANIEL LONGO	individual	Senior Masculino	31:48	+13:41	06:22

5KM - STAGE 1

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
89	1113	DANIELA NEVES	individual	Senior Feminino	31:49	+13:42	06:22
90	1191	TORCATO SILVA	individual	Senior Masculino	31:57	+13:49	06:23
91	1013	TIAGO MARTINS	individual	Senior Masculino	31:57	+13:50	06:23
92	1058	JOSÉ PEREIRA	individual	Senior Masculino	32:02	+13:55	06:24
93	1090	ALVARO ARAUJO	individual	Senior Masculino	32:22	+14:15	06:28
94	1262	PEDRO MIRANDA	individual	Senior Masculino	32:31	+14:23	06:30
95	1265	AMÂNDIO FERREIRA	individual	Senior Masculino	32:31	+14:24	06:30
96	1268	Cátia Almeida	individual	Senior Feminino	32:37	+14:29	06:31
97	1243	RUI CARVALHO	individual	Senior Masculino	32:49	+14:42	06:34
98	1097	BEATRIZ MAGALHÃES	individual	Senior Feminino	33:15	+15:07	06:39
99	1226	RICARDO SILVEIRA	individual	Senior Masculino	33:21	+15:13	06:40
100	1011	CAIO BRUNO	individual	Senior Masculino	33:28	+15:20	06:42
101	1109	PATRÍCIA VELOSO	individual	Senior Feminino	33:28	+15:21	06:42
102	1232	ANDRÉ MONTEIRO	individual	Senior Masculino	33:28	+15:21	06:42
103	1233	RENATA OLIVEIRA	individual	Senior Feminino	33:35	+15:28	06:43
104	1274	Rita Mendes	individual	Senior Feminino	33:39	+15:31	06:44
105	1235	GUILHERME OLIVEIRA	individual	Senior Masculino	33:48	+15:41	06:46
106	1123	JOANA PEREIRA	individual	Senior Feminino	33:51	+15:43	06:46
107	1299	José Pinto	individual	Senior Masculino	33:55	+15:48	06:47
108	1066	JOANA CAMPOS	individual	Senior Feminino	34:05	+15:58	06:49
109	1065	ALFREDO FERNANDES	individual	Senior Masculino	34:06	+15:58	06:49
110	1143	MARIA SOUSA	individual	Senior Feminino	34:08	+16:01	06:50
111	1089	CLAUDIA ARAUJO	individual	Senior Feminino	34:11	+16:03	06:50
112	1105	RITA GUERREIRO	individual	Senior Feminino	34:19	+16:12	06:52
113	3733	Anabela Lobo	individual	Senior Feminino	34:22	+16:15	06:53
114	1239	PEDRO LOPES	individual	Senior Masculino	34:22	+16:15	06:53
115	1186	CARLOS FRANSOSI	individual	Senior Masculino	34:25	+16:18	06:53
116	1054	LUÍS VIDAL	individual	Senior Masculino	34:33	+16:26	06:55
117	1055	PEDRO RODRIGUES	individual	Senior Masculino	34:33	+16:26	06:55
118	1211	ANA PATRÍCIA PEREIRA	individual	Senior Feminino	34:44	+16:37	06:57
119	1207	CRISTINA RODRIGUES	individual	Senior Feminino	34:45	+16:37	06:57
120	1245	RODRIGO CRUZ	individual	Senior Masculino	34:49	+16:42	06:58
121	1251	MARTINA STANCHI	individual	Senior Feminino	34:57	+16:50	06:59
122	1294	Inês Rodrigues	individual	Senior Feminino	34:57	+16:50	07:00
123	1111	SUSETE RIBEIRO	individual	Senior Feminino	35:08	+17:00	07:02
124	1107	GABRIELA FARIA	individual	Senior Feminino	35:08	+17:01	07:02
125	1237	MARTA RIBEIRO	individual	Senior Feminino	35:18	+17:11	07:04
126	1046	ANA MARGARIDA TEIXEIRA	individual	Senior Feminino	35:18	+17:11	07:04
127	1288	Lucie Silva	individual	Senior Feminino	35:22	+17:15	07:04
128	1276	Ricardo Almeida	individual	Senior Masculino	35:24	+17:16	07:05
129	1252	SARA AZEVEDO	individual	Senior Feminino	35:31	+17:24	07:06
130	1242	TIAGO MACHADO	individual	Senior Masculino	35:40	+17:33	07:08
131	1008	HELENA VILELA	individual	Senior Feminino	35:41	+17:34	07:08
132	1135	RAQUEL FREITAS	individual	Senior Feminino	35:53	+17:46	07:11
133	1148	ODILON MEDEIROS	individual	Senior Masculino	35:55	+17:48	07:11
134	1160	PAULO RIBEIRO	individual	Senior Masculino	35:55	+17:48	07:11

**5KM - STAGE 1**

**5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>CAT</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>
135	1048	CLÁUDIO RODRIGUES	individual	Senior Masculino	36:00	+17:53	07:12
136	1203	BÁRBARA MACHADO	individual	Senior Feminino	36:00	+17:53	07:12
137	1241	RAQUEL RIBEIRO	individual	Senior Feminino	36:01	+17:54	07:12
138	1110	ISABEL MACHADO	individual	Senior Feminino	36:01	+17:54	07:12
139	1073	SABRYNA AMORIM	individual	Senior Feminino	36:02	+17:55	07:13
140	1238	FIRMINO LOPES	individual	Senior Masculino	36:04	+17:57	07:13
141	1068	CARLOS CAMELO	individual	Senior Masculino	36:05	+17:58	07:13
142	1016	GABRIEL SILVA	individual	Senior Masculino	36:05	+17:58	07:13
143	1119	RAFAELA ROCHA	individual	Senior Feminino	36:14	+18:07	07:15
144	1189	NELSON FELGUEIRAS	individual	Senior Masculino	36:16	+18:08	07:15
145	1190	ELSA RIBEIRO	individual	Senior Feminino	36:17	+18:09	07:15
146	1290	Eduardo Gomes	individual	Senior Masculino	36:19	+18:12	07:16
147	1009	SUSANA SOUSA	individual	Senior Feminino	36:21	+18:14	07:16
148	1236	LEONOR OLIVEIRA	individual	Senior Feminino	36:22	+18:15	07:17
149	1079	VERA SOUSA	box indústria 101	Senior Feminino	36:27	+18:19	07:17
150	1234	PEDRO OLIVEIRA	individual	Senior Masculino	36:32	+18:25	07:19
151	1165	EDUARDO BRINCO	individual	Senior Masculino	36:48	+18:40	07:22
152	1151	SÓNIA GONÇALVES	individual	Senior Feminino	36:53	+18:46	07:23
153	1169	JULIANA FRANCO	individual	Senior Feminino	36:56	+18:48	07:23
154	1045	BRUNO MARQUES	individual	Senior Masculino	37:00	+18:53	07:24
155	1064	DIANA RIBEIRO	individual	Senior Feminino	37:01	+18:54	07:24
156	1063	DANIELA NOGUEIRA	individual	Senior Feminino	37:01	+18:54	07:24
157	1280	Carolina Barros	individual	Senior Feminino	37:02	+18:55	07:25
158	1281	Mariana Pinto	individual	Senior Feminino	37:02	+18:55	07:25
159	1067	SANDRA SALGADO	individual	Senior Feminino	37:07	+19:00	07:26
160	1053	FRANCISCA FONTE	individual	Senior Feminino	37:12	+19:05	07:27
161	1194	JORGE BARROS	individual	Senior Masculino	37:13	+19:06	07:27
162	1104	JOSÉ ANTÓNIO FREITAS	individual	Senior Masculino	37:19	+19:12	07:28
163	1114	CATARINA SANTOS	individual	Senior Feminino	37:21	+19:14	07:28
164	1106	JOANA TEIXEIRA	individual	Senior Feminino	37:22	+19:14	07:28
165	1256	JOAO TEIXEIRA	individual	Senior Masculino	37:35	+19:28	07:31
166	1229	JOÃO RIBEIRO	individual	Senior Masculino	37:40	+19:33	07:32
167	1230	ANDRÉ OLIVEIRA	individual	Senior Masculino	37:41	+19:33	07:32
168	1202	JU GOMES	individual	Senior Feminino	37:43	+19:36	07:33
169	1231	CAROLINA CARVALHO	individual	Senior Feminino	37:43	+19:36	07:33
170	1071	CATARINA DINIS CUNHA	box indústria 101	Senior Feminino	37:50	+19:43	07:34
171	1069	EDUARDA CUNHA	box indústria 101	Senior Feminino	37:50	+19:43	07:34
172	1022	MAYARA ALMEIDA	individual	Senior Feminino	37:59	+19:51	07:36
173	1021	ALCIDES FERREIRA	individual	Senior Masculino	38:00	+19:52	07:36
174	1225	NEUSA OLIVEIRA	individual	Senior Feminino	38:00	+19:53	07:36
175	1047	ANA BEATRIZ FERNANDES	individual	Senior Feminino	38:12	+20:04	07:38
176	1086	GUSTAVO CASTRO	individual	Senior Masculino	38:24	+20:17	07:41
177	1051	MARCELA PINHO	individual	Senior Feminino	38:25	+20:17	07:41
178	1130	GABRIELLA CORDEIRO	individual	Senior Feminino	38:30	+20:23	07:42
179	1208	INÊS CUNHA	individual	Senior Feminino	38:48	+20:41	07:46
180	1175	CAROLINA FRAGA	individual	Senior Feminino	38:50	+20:42	07:46



5KM - STAGE 1

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
181	1177	BÁRBARA FERNANDES	individual	Senior Feminino	38:50	+20:42	07:46
182	1100	SARA SANTOS	individual	Senior Feminino	38:55	+20:48	07:47
183	1101	RAFAELA CERDEIRINHA	individual	Senior Feminino	38:56	+20:49	07:47
184	1103	TIAGO CAMBOA	individual	Senior Masculino	38:57	+20:49	07:47
185	1102	EMANUEL PINTO	individual	Senior Masculino	38:57	+20:50	07:47
186	1248	PAULA CAETANO	individual	Senior Feminino	39:02	+20:55	07:48
187	1074	FATIMA PEIXOTO	individual	Senior Feminino	39:03	+20:56	07:49
188	1002	EDUARDO PALHETA	individual	Senior Masculino	39:26	+21:19	07:53
189	3364	HELENA MATOS	individual	Senior Feminino	39:28	+21:21	07:54
190	1187	ANA PAULA LOPES	individual	Senior Feminino	39:29	+21:22	07:54
191	3732	MIGUEL SILVA	individual	Senior Masculino	39:36	+21:29	07:55
192	1220	VERA FERREIRA	individual	Senior Feminino	39:54	+21:46	07:59
193	1221	JOANA LEITE	individual	Senior Feminino	39:54	+21:46	07:59
194	1287	Ana Silva	individual	Senior Feminino	39:57	+21:49	07:59
195	3026	MARIA PEREIRA	individual	Senior Feminino	40:08	+22:01	08:02
196	1295	Zizina Moreira	individual	Senior Feminino	40:10	+22:02	08:02
197	1249	MEHDI ZAHEDI	individual	Senior Masculino	40:10	+22:02	08:02
198	1133	DAVID MENDES	individual	Senior Masculino	40:11	+22:04	08:02
199	1132	BEATRIZ MARTINS	individual	Senior Feminino	40:12	+22:04	08:02
200	1095	CÁTIA CARVALHO	individual	Senior Feminino	40:15	+22:08	08:03
201	1224	KELLEN BAUMGARTEN	individual	Senior Feminino	40:22	+22:15	08:05
202	1167	ANA RITA ALMEIDA	individual	Senior Feminino	40:29	+22:22	08:06
203	1037	ANA ISABEL FERNANDES	individual	Senior Feminino	40:48	+22:41	08:10
204	1258	GONÇALO COSTA	individual	Senior Masculino	40:51	+22:44	08:10
205	1192	PAULA PEIXOTO	individual	Senior Feminino	40:58	+22:51	08:12
206	1115	MARGARIDA RODRIGUES	individual	Senior Feminino	41:18	+23:11	08:16
207	1317	Sandra Costa	individual	Senior Feminino	41:21	+23:14	08:16
208	1206	EMA NOVAIS	individual	Senior Feminino	41:27	+23:20	08:18
209	1205	RUI NOVAIS	individual	Senior Masculino	41:28	+23:21	08:18
210	1070	BEATRIZ MONTEIRO	individual	Senior Feminino	41:39	+23:32	08:20
211	1080	LUISA SILVA	individual	Senior Feminino	41:40	+23:33	08:20
212	1043	DAIANA HADDAD	individual	Senior Feminino	41:56	+23:49	08:23
213	1044	MATHEUS HADDAD	individual	Senior Masculino	41:56	+23:49	08:23
214	1240	GISELA MATOS	individual	Senior Feminino	42:10	+24:03	08:26
215	1033	SUSANA ABREU	individual	Senior Feminino	42:35	+24:28	08:31
216	1032	CARLOS MORAIS	individual	Senior Masculino	42:36	+24:28	08:31
217	1298	Rodrigo Costa	individual	Senior Masculino	42:40	+24:32	08:32
218	1158	DANIELA SILVA	individual	Senior Feminino	42:48	+24:41	08:34
219	1297	Ana Nogueira	individual	Senior Feminino	42:49	+24:41	08:34
220	1157	FÁBIO SILVA	individual	Senior Masculino	42:49	+24:41	08:34
221	1291	Fernando Fernandes	individual	Senior Masculino	42:50	+24:43	08:34
222	1292	Elisabete Fernandes	individual	Senior Feminino	42:50	+24:43	08:34
223	1081	PEDRO SILVA	individual	Senior Masculino	43:05	+24:58	08:37
224	1082	RICARDO SILVA	individual	Senior Masculino	43:07	+24:59	08:37
225	1094	LUBÉLIA MARTINS	individual	Senior Feminino	43:21	+25:13	08:40
226	1015	CAMILA CALDERON	individual	Senior Feminino	43:21	+25:14	08:40



5Km

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	19°C	93%
End	11:22	20,1°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	1150	ROSA CARMO	Individual	Senior Feminino	24:04	+05:56	04:49
2	1026	RAFAELA ARAUJO	Individual	Senior Feminino	24:53	+06:45	04:59
3	1091	MARIANA BORGES	Individual	Senior Feminino	24:53	+06:46	04:59
4	1210	CATARINA LOPES	Individual	Senior Feminino	25:07	+07:00	05:01
5	1213	CRISTINA GOMES	Individual	Senior Feminino	25:11	+07:04	05:02
6	1007	CATARINA BORGES	Vitória SC	Senior Feminino	25:25	+07:17	05:05
7	1305	Rosa Lopes	Individual	Senior Feminino	25:40	+07:33	05:08
8	3706	ISABEL RIBEIRO	Individual	Senior Feminino	25:43	+07:36	05:09
9	1005	MARGARIDA COSTA	Individual	Senior Feminino	26:27	+08:20	05:18
10	1296	Annalaura Vuoto	Individual	Senior Feminino	26:29	+08:22	05:18
11	3387	MARGARIDA GONÇALVES	Individual	Senior Feminino	26:40	+08:32	05:20
12	1217	NATÁLIA LIMA	Individual	Senior Feminino	27:09	+09:01	05:26
13	3041	MARIANA PIZARRO	Individual	Senior Feminino	27:52	+09:45	05:35
14	1184	MARA FÉLIX	Individual	Senior Feminino	28:14	+10:06	05:39
15	1218	SILVIA LIMA	Individual	Senior Feminino	28:23	+10:16	05:41
16	3560	ANA RITA FERREIRA	ELCT	Senior Feminino	28:37	+10:29	05:43
17	1155	DIANA CASTRO	Individual	Senior Feminino	29:46	+11:39	05:57
18	1179	SOFIA LOPES	Individual	Senior Feminino	29:55	+11:48	05:59
19	1006	NATÁLIA PONTES	Individual	Senior Feminino	30:10	+12:03	06:02
20	1083	ALICE SOARES	Individual	Senior Feminino	30:32	+12:25	06:07
21	1172	SUSANA CASTRO	Individual	Senior Feminino	30:34	+12:27	06:07
22	1076	RAFAELA CUNJA	Individual	Senior Feminino	30:40	+12:32	06:08
23	1259	MÁRCIA COSTA	Individual	Senior Feminino	30:54	+12:46	06:11
24	1028	SHARLANE COSTA	Individual	Senior Feminino	31:15	+13:08	06:15
25	1222	FRANCISCA CUNHA	Individual	Senior Feminino	31:18	+13:10	06:16
26	1017	ALEXANDRA LEITE	Individual	Senior Feminino	31:48	+13:40	06:22
27	1113	DANIELA NEVES	Individual	Senior Feminino	31:49	+13:42	06:22
28	1268	Cátia Almeida	Individual	Senior Feminino	32:37	+14:29	06:31
29	1097	BEATRIZ MAGALHÃES	Individual	Senior Feminino	33:15	+15:07	06:39
30	1109	PATRÍCIA VELOSO	Individual	Senior Feminino	33:28	+15:21	06:42
31	1233	RENATA OLIVEIRA	Individual	Senior Feminino	33:35	+15:28	06:43
32	1274	Rita Mendes	Individual	Senior Feminino	33:39	+15:31	06:44
33	1123	JOANA PEREIRA	Individual	Senior Feminino	33:51	+15:43	06:46
34	1066	JOANA CAMPOS	Individual	Senior Feminino	34:05	+15:58	06:49
35	1143	MARIA SOUSA	Individual	Senior Feminino	34:08	+16:01	06:50
36	1089	CLAUDIA ARAUJO	Individual	Senior Feminino	34:11	+16:03	06:50
37	1105	RITA GUERREIRO	Individual	Senior Feminino	34:19	+16:12	06:52
38	3733	Anabela Lobo	Individual	Senior Feminino	34:22	+16:15	06:53
39	1211	ANA PATRÍCIA PEREIRA	Individual	Senior Feminino	34:44	+16:37	06:57

**5Km**

**5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	1207	CRISTINA RODRIGUES	Individual	Senior Feminino	34:45	+16:37	06:57
41	1251	MARTINA STANCHI	Individual	Senior Feminino	34:57	+16:50	06:59
42	1294	Inês Rodrigues	Individual	Senior Feminino	34:57	+16:50	07:00
43	1111	SUSETE RIBEIRO	Individual	Senior Feminino	35:08	+17:00	07:02
44	1107	GABRIELA FARIA	Individual	Senior Feminino	35:08	+17:01	07:02
45	1237	MARTA RIBEIRO	Individual	Senior Feminino	35:18	+17:11	07:04
46	1046	ANA MARGARIDA TEIXEIRA	Individual	Senior Feminino	35:18	+17:11	07:04
47	1288	Lucie Silva	Individual	Senior Feminino	35:22	+17:15	07:04
48	1252	SARA AZEVEDO	Individual	Senior Feminino	35:31	+17:24	07:06
49	1008	HELENA VILELA	Individual	Senior Feminino	35:41	+17:34	07:08
50	1135	RAQUEL FREITAS	Individual	Senior Feminino	35:53	+17:46	07:11
51	1203	BÁRBARA MACHADO	Individual	Senior Feminino	36:00	+17:53	07:12
52	1241	RAQUEL RIBEIRO	Individual	Senior Feminino	36:01	+17:54	07:12
53	1110	ISABEL MACHADO	Individual	Senior Feminino	36:01	+17:54	07:12
54	1073	SABRYNA AMORIM	Individual	Senior Feminino	36:02	+17:55	07:13
55	1119	RAFAELA ROCHA	Individual	Senior Feminino	36:14	+18:07	07:15
56	1190	ELSA RIBEIRO	Individual	Senior Feminino	36:17	+18:09	07:15
57	1009	SUSANA SOUSA	Individual	Senior Feminino	36:21	+18:14	07:16
58	1236	LEONOR OLIVEIRA	Individual	Senior Feminino	36:22	+18:15	07:17
59	1079	VERA SOUSA	Box Indústria 101	Senior Feminino	36:27	+18:19	07:17
60	1151	SÓNIA GONÇALVES	Individual	Senior Feminino	36:53	+18:46	07:23
61	1169	JULIANA FRANCO	Individual	Senior Feminino	36:56	+18:48	07:23
62	1064	DIANA RIBEIRO	Individual	Senior Feminino	37:01	+18:54	07:24
63	1063	DANIELA NOGUEIRA	Individual	Senior Feminino	37:01	+18:54	07:24
64	1280	Carolina Barros	Individual	Senior Feminino	37:02	+18:55	07:25
65	1281	Mariana Pinto	Individual	Senior Feminino	37:02	+18:55	07:25
66	1067	SANDRA SALGADO	Individual	Senior Feminino	37:07	+19:00	07:26
67	1053	FRANCISCA FONTE	Individual	Senior Feminino	37:12	+19:05	07:27
68	1114	CATARINA SANTOS	Individual	Senior Feminino	37:21	+19:14	07:28
69	1106	JOANA TEIXEIRA	Individual	Senior Feminino	37:22	+19:14	07:28
70	1202	JU GOMES	Individual	Senior Feminino	37:43	+19:36	07:33
71	1231	CAROLINA CARVALHO	Individual	Senior Feminino	37:43	+19:36	07:33
72	1071	CATARINA DINIS CUNHA	Box Indústria 101	Senior Feminino	37:50	+19:43	07:34
73	1069	EDUARDA CUNHA	Box Indústria 101	Senior Feminino	37:50	+19:43	07:34
74	1022	MAYARA ALMEIDA	Individual	Senior Feminino	37:59	+19:51	07:36
75	1225	NEUSA OLIVEIRA	Individual	Senior Feminino	38:00	+19:53	07:36
76	1047	ANA BEATRIZ FERNANDES	Individual	Senior Feminino	38:12	+20:04	07:38
77	1051	MARCELA PINHO	Individual	Senior Feminino	38:25	+20:17	07:41
78	1130	GABRIELLA CORDEIRO	Individual	Senior Feminino	38:30	+20:23	07:42
79	1208	INÊS CUNHA	Individual	Senior Feminino	38:48	+20:41	07:46
80	1175	CAROLINA FRAGA	Individual	Senior Feminino	38:50	+20:42	07:46
81	1177	BÁRBARA FERNANDES	Individual	Senior Feminino	38:50	+20:42	07:46
82	1100	SARA SANTOS	Individual	Senior Feminino	38:55	+20:48	07:47
83	1101	RAFAELA CERDEIRINHA	Individual	Senior Feminino	38:56	+20:49	07:47
84	1248	PAULA CAETANO	Individual	Senior Feminino	39:02	+20:55	07:48
85	1074	FATIMA PEIXOTO	Individual	Senior Feminino	39:03	+20:56	07:49

**5Km**
**5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

86	3364	HELENA MATOS	Individual	Senior Feminino	39:28	+21:21	07:54
87	1187	ANA PAULA LOPES	Individual	Senior Feminino	39:29	+21:22	07:54
88	1220	VERA FERREIRA	Individual	Senior Feminino	39:54	+21:46	07:59
89	1221	JOANA LEITE	Individual	Senior Feminino	39:54	+21:46	07:59
90	1287	Ana Silva	Individual	Senior Feminino	39:57	+21:49	07:59
91	3026	MARIA PEREIRA	Individual	Senior Feminino	40:08	+22:01	08:02
92	1295	Zizina Moreira	Individual	Senior Feminino	40:10	+22:02	08:02
93	1132	BEATRIZ MARTINS	Individual	Senior Feminino	40:12	+22:04	08:02
94	1095	CÁTIA CARVALHO	Individual	Senior Feminino	40:15	+22:08	08:03
95	1224	KELLEN BAUMGARTEN	Individual	Senior Feminino	40:22	+22:15	08:05
96	1167	ANA RITA ALMEIDA	Individual	Senior Feminino	40:29	+22:22	08:06
97	1037	ANA ISABEL FERNANDES	Individual	Senior Feminino	40:48	+22:41	08:10
98	1192	PAULA PEIXOTO	Individual	Senior Feminino	40:58	+22:51	08:12
99	1115	MARGARIDA RODRIGUES	Individual	Senior Feminino	41:18	+23:11	08:16
100	1317	Sandra Costa	Individual	Senior Feminino	41:21	+23:14	08:16
101	1206	EMA NOVAIS	Individual	Senior Feminino	41:27	+23:20	08:18
102	1070	BEATRIZ MONTEIRO	Individual	Senior Feminino	41:39	+23:32	08:20
103	1080	LUIA SILVA	Individual	Senior Feminino	41:40	+23:33	08:20
104	1043	DAIANA HADDAD	Individual	Senior Feminino	41:56	+23:49	08:23
105	1240	GISELA MATOS	Individual	Senior Feminino	42:10	+24:03	08:26
106	1033	SUSANA ABREU	Individual	Senior Feminino	42:35	+24:28	08:31
107	1158	DANIELA SILVA	Individual	Senior Feminino	42:48	+24:41	08:34
108	1297	Ana Nogueira	Individual	Senior Feminino	42:49	+24:41	08:34
109	1292	Elisabete Fernandes	Individual	Senior Feminino	42:50	+24:43	08:34
110	1094	LUBÉLIA MARTINS	Individual	Senior Feminino	43:21	+25:13	08:40
111	1015	CAMILA CALDERON	Individual	Senior Feminino	43:21	+25:14	08:40
112	1003	JACQUELINE CAMARGO	Individual	Senior Feminino	43:50	+25:43	08:46
113	1257	IZABELA SIMONATTO	Individual	Senior Feminino	44:14	+26:07	08:51
114	1084	LUIA MENDES	Individual	Senior Feminino	44:47	+26:40	08:58
115	1199	SILVANA DA SILVA	Individual	Senior Feminino	44:51	+26:44	08:58
116	1200	ENGRACIA DA SILVA	Individual	Senior Feminino	44:51	+26:44	08:58
117	1127	ADRIANA PORTUGAL	Individual	Senior Feminino	45:14	+27:07	09:03
118	1128	PRISCILA SALARINI	Individual	Senior Feminino	45:16	+27:08	09:03
119	1154	CATIA MONTEIRO	Individual	Senior Feminino	45:33	+27:25	09:07
120	1117	JAQUELINE SILVA	Individual	Senior Feminino	47:44	+29:37	09:33
121	1279	Rosângela Francisco	Individual	Senior Feminino	48:34	+30:27	09:43
122	1147	EDUARDA BARCELOS	Individual	Senior Feminino	50:56	+32:49	10:11
123	1057	ANA TEIXEIRA	Individual	Senior Feminino	52:45	+34:38	10:33
124	3526	CLÁUDIA FERREIRA	Individual	Senior Feminino	59:32	+41:24	11:54
125	3862	Elisabete Oliveira	Individual	Senior Feminino	01:00:04	+41:57	12:01
126	3617	OLGA BABO	Individual	Senior Feminino	01:02:15	+44:07	12:27

**Senior Masculino**

1	1260	LEONARDO OLIVEIRA	ELCT	Senior Masculino	18:07		03:37
2	1049	JOÃO FERREIRA	Individual	Senior Masculino	19:01	+00:54	03:48

Official Timekeeper: Lap2Go	3 / 6	generate 05-out.-2024 12:49
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5Km

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

95	1104	JOSÉ ANTÓNIO FREITAS	Individual	Senior Masculino	37:19	+19:12	07:28
96	1256	JOAO TEIXEIRA	Individual	Senior Masculino	37:35	+19:28	07:31
97	1229	JOÃO RIBEIRO	Individual	Senior Masculino	37:40	+19:33	07:32
98	1230	ANDRÉ OLIVEIRA	Individual	Senior Masculino	37:41	+19:33	07:32
99	1021	ALCIDES FERREIRA	Individual	Senior Masculino	38:00	+19:52	07:36
100	1086	GUSTAVO CASTRO	Individual	Senior Masculino	38:24	+20:17	07:41
101	1103	TIAGO CAMBOA	Individual	Senior Masculino	38:57	+20:49	07:47
102	1102	EMANUEL PINTO	Individual	Senior Masculino	38:57	+20:50	07:47
103	1002	EDUARDO PALHETA	Individual	Senior Masculino	39:26	+21:19	07:53
104	3732	MIGUEL SILVA	Individual	Senior Masculino	39:36	+21:29	07:55
105	1249	MEHDI ZAHEDI	Individual	Senior Masculino	40:10	+22:02	08:02
106	1133	DAVID MENDES	Individual	Senior Masculino	40:11	+22:04	08:02
107	1258	GONÇALO COSTA	Individual	Senior Masculino	40:51	+22:44	08:10
108	1205	RUI NOVAIS	Individual	Senior Masculino	41:28	+23:21	08:18
109	1044	MATHEUS HADDAD	Individual	Senior Masculino	41:56	+23:49	08:23
110	1032	CARLOS MORAIS	Individual	Senior Masculino	42:36	+24:28	08:31
111	1298	Rodrigo Costa	Individual	Senior Masculino	42:40	+24:32	08:32
112	1157	FÁBIO SILVA	Individual	Senior Masculino	42:49	+24:41	08:34
113	1291	Fernando Fernandes	Individual	Senior Masculino	42:50	+24:43	08:34
114	1081	PEDRO SILVA	Individual	Senior Masculino	43:05	+24:58	08:37
115	1082	RICARDO SILVA	Individual	Senior Masculino	43:07	+24:59	08:37
116	3255	FABIO ALMEIDA	Individual	Senior Masculino	43:25	+25:18	08:41
117	1316	Rogério Francisco	Individual	Senior Masculino	44:18	+26:11	08:52
118	1059	PEDRO PEREIRA	Individual	Senior Masculino	44:20	+26:13	08:52
119	1120	ANTÓNIO OLIVEIRA	Individual	Senior Masculino	44:22	+26:14	08:52
120	1121	DIOGO OLIVEIRA	Individual	Senior Masculino	44:23	+26:15	08:53
121	3095	JOÃO SALGADO	Individual	Senior Masculino	49:46	+31:39	09:57
122	1141	JOÃO TEIXEIRA	Individual	Senior Masculino	49:50	+31:43	09:58
123	1253	Herbert Nogueira	Individual	Senior Masculino	53:56	+35:49	10:47
124	3193	ROLAND RIBEIRO	Individual	Senior Masculino	01:03:39	+45:32	12:44
125	3392	FILIPPE REBELO	Individual	Senior Masculino	01:04:13	+46:06	12:51
126	3167	MARCO PAULO CASTRO	Individual	Senior Masculino	01:08:41	+50:34	13:44
127	3178	MIGUEL CALDAS	Individual	Senior Masculino	01:10:20	+52:12	14:04
128	3836	Alberto Silva	NATAIPAS	Senior Masculino	01:17:29	+59:22	15:30
129	3484	NUNO MARTINS	Individual	Senior Masculino	01:22:09	+01:04:01	16:26

