



20Km Women - 20.00Km

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	18:01	19°C	75%
End	19:52	16.7°C	80%

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND	CARDS
1	1	Kimberly GARCÍA LEÓN	1993	PER	PER	01:30:35		
2	6	Alejandra ORTEGA	1994	MEX	MEX	01:30:40	+00:04	~ ~
3	2	Erica SENA	1985	BRA	BRA	01:31:17	+00:41	
4	4	Rita RÉCSEI	1996	HUN	HUN	01:32:22	+01:46	
5	3	Vitória OLIVEIRA	1992	SLB	POR	01:32:32	+01:56	
6	8	Inês MENDES	2003	SLB	POR	01:34:21	+03:45	~
7	7	Ayse TEKDAL	1999	TUR	TUR	01:35:00	+04:24	>
8	9	Carolina COSTA	1998	SCP	POR	01:35:37	+05:02	
9	11	Bruna MARQUES	2002	SLB	POR	01:38:11	+07:36	
10	15	Rocio Estefanía SÁNCHEZ	2001	MEX	MEX	01:40:37	+10:02	>
11	20	Margarida SÁ	2002	GRE-AA	POR	01:47:10	+16:35	
12	18	Juliana GALVÃO	2001	ACDAV	POR	01:48:39	+18:03	
-	13	Joana PONTES	2000	LMA-L	POR	DQ 54.7.5		~ ~ ~ ~
-	5	Lucia REDONDO	2003	ESP	ESP	DNF		
-	10	Valeria ORTUÑO	1998	MEX	MEX	DNF		~ ~
-	12	Adriana VIVEIROS	2002	ADRAP	POR	DNF		
-	19	Ana LEONOR	1998	GDRV	POR	DNF		



20Km Women - 20.00Km

Race Analysis

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND
1	1	Kimberly GARCÍA LEÓN	19/10/1993	PER	PER	01:30:35	
00:04:44 00:04:30 00:04:33 00:04:32 00:04:33 00:04:34 00:04:35 00:04:35 00:04:37 00:04:38 00:04:31 00:04:36 00:04:39 00:04:40 00:04:28 00:04:24 00:04:20 00:04:24 00:04:18 00:04:24 00:04:44 00:09:14 00:13:47 00:18:19 00:22:52 00:27:27 00:32:01 00:36:37 00:41:14 00:45:52 00:50:23 00:54:59 00:59:38 01:04:18 01:08:46 01:13:09 01:17:29 01:21:54 01:26:11 01:30:35							
2	6	Alejandra ORTEGA	08/08/1994	MEX	MEX	01:30:40	+00:04
00:04:49 00:04:37 00:04:40 00:04:37 00:04:32 00:04:30 00:04:28 00:04:28 00:04:32 00:04:38 00:04:32 00:04:36 00:04:38 00:04:40 00:04:19 00:04:23 00:04:28 00:04:27 00:04:25 00:04:21 00:04:49 00:09:26 00:14:06 00:18:43 00:23:15 00:27:45 00:32:13 00:36:41 00:41:13 00:45:51 00:50:23 00:54:59 00:59:37 01:04:17 01:08:36 01:12:59 01:17:27 01:21:54 01:26:19 01:30:40							
3	2	Erica SENA	03/05/1985	BRA	BRA	01:31:17	+00:41
00:04:43 00:04:28 00:04:33 00:04:33 00:04:32 00:04:35 00:04:36 00:04:35 00:04:37 00:04:38 00:04:32 00:04:36 00:04:39 00:04:40 00:04:30 00:04:26 00:04:25 00:04:28 00:04:32 00:04:38 00:04:43 00:09:11 00:13:44 00:18:17 00:22:50 00:27:25 00:32:01 00:36:36 00:41:13 00:45:52 00:50:23 00:54:59 00:59:38 01:04:18 01:08:48 01:13:14 01:17:39 01:22:07 01:26:39 01:31:17							
4	4	Rita RÉCSEI	30/01/1996	HUN	HUN	01:32:22	+01:46
00:04:44 00:04:32 00:04:38 00:04:35 00:04:35 00:04:36 00:04:38 00:04:37 00:04:38 00:04:37 00:04:37 00:04:38 00:04:36 00:04:40 00:04:38 00:04:37 00:04:38 00:04:40 00:04:40 00:04:29 00:04:44 00:09:15 00:13:53 00:18:28 00:23:04 00:27:39 00:32:17 00:36:54 00:41:32 00:46:09 00:50:46 00:55:24 00:59:59 01:04:40 01:09:18 01:13:55 01:18:33 01:23:13 01:27:53 01:32:22							
5	3	Vitória OLIVEIRA	30/08/1992	SLB	POR	01:32:32	+01:56
00:04:43 00:04:28 00:04:31 00:04:34 00:04:33 00:04:35 00:04:37 00:04:36 00:04:37 00:04:39 00:04:34 00:04:33 00:04:38 00:04:40 00:04:37 00:04:41 00:04:42 00:04:47 00:04:45 00:04:42 00:04:43 00:09:11 00:13:42 00:18:16 00:22:49 00:27:24 00:32:01 00:36:36 00:41:13 00:45:52 00:50:26 00:54:59 00:59:38 01:04:18 01:08:55 01:13:36 01:18:19 01:23:06 01:27:50 01:32:32							
6	8	Inês MENDES	11/04/2003	SLB	POR	01:34:21	+03:45
00:04:49 00:04:40 00:04:44 00:04:45 00:04:43 00:04:43 00:04:44 00:04:45 00:04:50 00:04:49 00:04:47 00:04:43 00:04:36 00:04:38 00:04:41 00:04:40 00:04:39 00:04:41 00:04:47 00:04:38 00:04:49 00:09:29 00:14:14 00:18:58 00:23:42 00:28:24 00:33:09 00:37:53 00:42:43 00:47:32 00:52:19 00:57:02 01:01:38 01:06:16 01:10:56 01:15:36 01:20:15 01:24:56 01:29:43 01:34:21							
7	7	Ayse TEKDAL	28/10/1999	TUR	TUR	01:35:00	+04:24
00:04:49 00:04:38 00:04:40 00:04:38 00:04:36 00:04:44 00:04:48 00:04:45 00:04:49 00:04:53 00:04:42 00:04:47 00:04:56 00:04:46 00:04:46 00:04:46 00:04:41 00:04:46 00:04:47 00:04:45 00:04:49 00:09:26 00:14:06 00:18:44 00:23:20 00:28:03 00:32:51 00:37:36 00:42:25 00:47:18 00:52:00 00:56:47 01:01:43 01:06:29 01:11:15 01:16:01 01:20:42 01:25:28 01:30:15 01:35:00							
8	9	Carolina COSTA	12/03/1998	SCP	POR	01:35:37	+05:02
00:04:49 00:04:38 00:04:41 00:04:43 00:04:43 00:04:41 00:04:43 00:04:44 00:04:45 00:04:47 00:04:46 00:04:46 00:04:50 00:04:43 00:04:46 00:04:52 00:04:54 00:04:57 00:04:58 00:04:51 00:04:49 00:09:27 00:14:08 00:18:51 00:23:34 00:28:14 00:32:57 00:37:41 00:42:26 00:47:13 00:51:59 00:56:46 01:01:36 01:06:18 01:11:04 01:15:57 01:20:51 01:25:48 01:30:46 01:35:37							
9	11	Bruna MARQUES	29/07/2002	SLB	POR	01:38:11	+07:36
00:04:52 00:04:49 00:04:51 00:04:55 00:04:55 00:04:52 00:04:52 00:04:50 00:04:49 00:04:50 00:04:48 00:04:48 00:04:53 00:04:57 00:04:59 00:05:04 00:05:02 00:05:04 00:05:05 00:04:57 00:04:52 00:09:41 00:14:31 00:19:26 00:24:21 00:29:13 00:34:06 00:38:55 00:43:44 00:48:34 00:53:22 00:58:11 01:03:04 01:08:01 01:13:00 01:18:03 01:23:05 01:28:09 01:33:15 01:38:11							
10	15	Rocio Estefanía SÁNCHEZ	21/11/2001	MEX	MEX	01:40:37	+10:02
00:04:53 00:04:52 00:04:55 00:04:55 00:04:53 00:04:54 00:04:55 00:04:54 00:04:54 00:05:05 00:05:04 00:05:05 00:05:08 00:05:08 00:05:11 00:05:13 00:05:11 00:05:10 00:05:14 00:05:04 00:04:53 00:09:44 00:14:39 00:19:34 00:24:27 00:29:21 00:34:16 00:39:10 00:44:04 00:49:09 00:54:13 00:59:18 01:04:26 01:09:33 01:14:45 01:19:58 01:25:09 01:30:19 01:35:33 01:40:37							
11	20	Margarida SÁ	17/08/2002	GRE-AA	POR	01:47:10	+16:35
00:05:14 00:05:14 00:05:17 00:05:12 00:05:16 00:05:16 00:05:16 00:05:20 00:05:17 00:05:19 00:05:18 00:05:25 00:05:26 00:05:23 00:05:34 00:05:21 00:05:32 00:05:36 00:05:38 00:05:17 00:05:14 00:10:28 00:15:44 00:20:56 00:26:12 00:31:28 00:36:45 00:42:04 00:47:22 00:52:41 00:57:58 01:03:23 01:08:49 01:14:12 01:19:46 01:25:07 01:30:39 01:36:15 01:41:53 01:47:10							
12	18	Juliana GALVÃO	09/02/2001	ACDAV	POR	01:48:39	+18:03
00:05:20 00:05:30 00:05:18 00:05:21 00:05:26 00:05:23 00:05:22 00:05:24 00:05:28 00:05:26 00:05:25 00:05:27 00:05:27 00:05:22 00:05:31 00:05:38 00:05:36 00:05:28 00:05:24 00:05:21 00:05:20 00:10:50 00:16:08 00:21:29 00:26:55 00:32:18 00:37:40 00:43:04 00:48:32 00:53:58 00:59:24 01:04:51 01:10:17 01:15:40 01:21:11 01:26:49 01:32:25 01:37:53 01:43:17 01:48:39							
-	12	Adriana VIVEIROS	12/03/2002	ADRAP	POR	DNF	
00:04:51 00:04:43 00:04:44 00:04:50 00:04:55 00:04:54 00:04:55 00:05:01 00:04:54 00:04:57 00:05:04 00:05:16 00:05:07 00:05:12 00:05:16 00:04:51 00:09:34 00:14:19 00:19:09 00:24:04 00:28:57 00:33:52 00:38:53 00:43:48 00:48:45 00:53:49 00:59:05 01:04:13 01:09:24 01:14:41							



20Km Women - 20.00Km

Race Analysis

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND
-	10	Valeria ORTUÑO	27/05/1998	MEX	MEX	DNF	
00:04:43 00:04:27 00:04:31 00:04:34 00:04:34 00:04:36 00:04:34 00:04:36 00:04:37 00:04:39 00:04:46 00:04:54 00:04:58 00:04:52 00:04:43 00:09:10 00:13:41 00:18:15 00:22:49 00:27:26 00:32:00 00:36:36 00:41:13 00:45:52 00:50:38 00:55:32 01:00:30 01:05:22							
-	5	Lucia REDONDO	03/08/2003	ESP	ESP	DNF	
00:04:49 00:04:37 00:04:40 00:04:37 00:04:35 00:04:38 00:04:42 00:04:43 00:04:43 00:04:47 00:04:52 00:04:57 00:04:49 00:09:26 00:14:06 00:18:43 00:23:18 00:27:56 00:32:39 00:37:22 00:42:04 00:46:51 00:51:43 00:56:39							
-	13	Joana PONTES	22/03/2000	LMA-L	POR	DQ 54.7.5	
00:04:54 00:04:51 00:04:55 00:04:55 00:04:53 00:04:55 00:04:55 00:04:54 00:04:54 00:09:45 00:14:39 00:19:35 00:24:27 00:29:22 00:34:17 00:39:11							
-	19	Ana LEONOR	25/01/1998	GDRV	POR	DNF	



20Km Men - 20.00Km

OFFICIAL RESULT

Time 18:12 Temperature 19°C Humidity 76%
Start
End 19°C 76%

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND	CARDS
1	42	Brian Daniel PINTADO	1995	ECU	ECU	01:19:57		
2	43	César Augusto RODRÍGUEZ	1997	PER	PER	01:20:47	+00:50	~
3	48	Marc TUR	1994	ESP	ESP	01:21:09	+01:11	
4	47	Mazlum DEMIR	2003	TUR	TUR	01:22:11	+02:13	
5	46	Bence VENYERCSÁN	1996	HUN	HUN	01:24:11	+04:14	~ ~
6	52	Tiago RAMOS	2003	SCP	POR	01:25:52	+05:54	> >
7	53	Gabriel ALVARADO	2004	NCA	NIC	01:27:01	+07:03	
8	69	José LEYVER	1985	MEX	MEX	01:28:46	+08:48	~
9	54	João AFONSO OLIM	2000	ADRAP	POR	01:34:03	+14:06	>
10	68	Tiago SUCENA	2004	CAMG	POR	01:35:53	+15:56	>
11	62	Manuel MARQUES	1978	AJS	POR	01:37:41	+17:44	
12	57	Augusto CARDOSO	1970	ACRSD	POR	01:48:32	+28:35	~
13	66	Ricardo VENDEIRA	1981	ACRSD	POR	01:48:55	+28:57	>
14	56	Amaro TEIXEIRA	1989	PCC	POR	01:50:51	+30:54	
15	64	Pedro MARTINS	1968	ACRSD	POR	01:54:21	+34:24	
-	61	Josafat SÁNCHEZ PEÑA	2000	MEX	MEX	DQ 54.7.5		~ ~ ~ ~
-	51	Hélder SANTOS	1996	GDE	POR	DQ 54.7.5		~ ~ ~ >
-	60	Jefferson SEGURA	1998	MEX	MEX	DNF		~ ~ ~
-	65	Ricardo OPINIÃO	1999	ACRSD	POR	DNF		
-	59	Fábio PROENÇA	2001	PCC	POR	DNF		>



20Km Men - 20.00Km

Race Analysis

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND
1	42	Brian Daniel PINTADO	29/07/1995	ECU	ECU	01:19:57	
00:04:05 00:04:03 00:04:04 00:04:05 00:04:07 00:04:04 00:04:02 00:03:58 00:03:56 00:03:59 00:03:57 00:03:55 00:03:58 00:03:57 00:03:56 00:03:56 00:03:58 00:03:58 00:03:58 00:04:01 00:04:05 00:08:08 00:12:12 00:16:18 00:20:24 00:24:28 00:28:30 00:32:28 00:36:24 00:40:22 00:44:19 00:48:14 00:52:12 00:56:10 01:00:05 01:04:01 01:08:00 01:11:58 01:15:55 01:19:57							
2	43	César Augusto RODRÍGUEZ	26/06/1997	PER	PER	01:20:47	+00:50
00:04:04 00:04:04 00:04:04 00:04:04 00:04:07 00:04:05 00:04:02 00:04:02 00:04:05 00:04:01 00:03:59 00:04:02 00:04:01 00:04:01 00:04:01 00:04:00 00:04:00 00:04:00 00:04:02 00:04:02 00:04:04 00:08:08 00:12:13 00:16:17 00:20:24 00:24:29 00:28:30 00:32:32 00:36:37 00:40:39 00:44:38 00:48:40 00:52:41 00:56:43 01:00:43 01:04:43 01:08:43 01:12:43 01:16:45 01:20:47							
3	48	Marc TUR	30/11/1994	ESP	ESP	01:21:09	+01:11
00:04:05 00:04:03 00:04:04 00:04:05 00:04:07 00:04:04 00:04:02 00:04:02 00:04:05 00:04:01 00:03:59 00:04:02 00:04:02 00:04:01 00:04:02 00:04:01 00:04:02 00:04:06 00:04:07 00:04:08 00:04:05 00:08:09 00:12:13 00:16:18 00:20:25 00:24:29 00:28:31 00:32:32 00:36:37 00:40:39 00:44:38 00:48:40 00:52:42 00:56:43 01:00:45 01:04:46 01:08:48 01:12:54 01:17:01 01:21:09							
4	47	Mazlum DEMIR	19/12/2003	TUR	TUR	01:22:11	+02:13
00:04:06 00:04:04 00:04:04 00:04:05 00:04:07 00:04:04 00:04:02 00:04:02 00:04:05 00:04:00 00:04:00 00:04:02 00:04:02 00:04:01 00:04:08 00:04:08 00:04:13 00:04:16 00:04:22 00:04:21 00:04:06 00:08:09 00:12:13 00:16:18 00:20:25 00:24:29 00:28:31 00:32:33 00:36:38 00:40:38 00:44:38 00:48:40 00:52:42 00:56:43 01:00:51 01:04:59 01:09:13 01:13:28 01:17:50 01:22:11							
5	46	Bence VENYERCSÁN	08/01/1996	HUN	HUN	01:24:11	+04:14
00:04:12 00:04:09 00:04:13 00:04:09 00:04:14 00:04:11 00:04:13 00:04:10 00:04:11 00:04:12 00:04:12 00:04:14 00:04:18 00:04:18 00:04:15 00:04:13 00:04:16 00:04:16 00:04:09 00:04:06 00:04:12 00:08:21 00:12:34 00:16:43 00:20:57 00:25:08 00:29:21 00:33:31 00:37:42 00:41:54 00:46:06 00:50:20 00:54:38 00:58:56 01:03:11 01:07:24 01:11:40 01:15:56 01:20:06 01:24:11							
6	52	Tiago RAMOS	05/06/2003	SCP	POR	01:25:52	+05:54
00:04:14 00:04:08 00:04:12 00:04:09 00:04:14 00:04:11 00:04:13 00:04:10 00:04:12 00:04:12 00:04:14 00:04:17 00:04:17 00:04:20 00:04:24 00:04:27 00:04:30 00:04:30 00:04:36 00:04:21 00:04:14 00:08:22 00:12:34 00:16:43 00:20:57 00:25:08 00:29:21 00:33:31 00:37:43 00:41:55 00:46:08 00:50:26 00:54:42 00:59:03 01:03:26 01:07:54 01:12:24 01:16:54 01:21:30 01:25:52							
7	53	Gabriel ALVARADO	19/12/2004	NCA	NIC	01:27:01	+07:03
00:04:21 00:04:21 00:04:25 00:04:25 00:04:24 00:04:21 00:04:21 00:04:20 00:04:22 00:04:19 00:04:18 00:04:17 00:04:16 00:04:21 00:04:16 00:04:22 00:04:23 00:04:22 00:04:28 00:04:18 00:04:21 00:08:42 00:13:08 00:17:33 00:21:57 00:26:18 00:30:39 00:34:59 00:39:21 00:43:40 00:47:59 00:52:15 00:56:31 01:00:52 01:05:08 01:09:29 01:13:52 01:18:15 01:22:43 01:27:01							
8	69	José LEYVER	12/11/1985	MEX	MEX	01:28:46	+08:48
00:04:14 00:04:14 00:04:25 00:04:27 00:04:27 00:04:31 00:04:26 00:04:29 00:04:29 00:04:27 00:04:26 00:04:28 00:04:19 00:04:23 00:04:25 00:04:28 00:04:29 00:04:31 00:04:35 00:04:34 00:04:14 00:08:29 00:12:53 00:17:20 00:21:47 00:26:17 00:30:43 00:35:13 00:39:41 00:44:08 00:48:35 00:53:02 00:57:21 01:01:44 01:06:09 01:10:37 01:15:06 01:19:37 01:24:11 01:28:46							
9	54	João AFONSO OLIM	14/10/2000	ADRAP	POR	01:34:03	+14:06
00:04:34 00:04:35 00:04:39 00:04:43 00:04:46 00:04:40 00:04:39 00:04:44 00:04:48 00:04:46 00:04:41 00:04:43 00:04:43 00:04:44 00:04:43 00:04:41 00:04:42 00:04:45 00:04:46 00:04:43 00:04:34 00:09:09 00:13:48 00:18:31 00:23:16 00:27:56 00:32:35 00:37:20 00:42:07 00:46:53 00:51:34 00:56:17 01:00:59 01:05:43 01:10:26 01:15:07 01:19:49 01:24:34 01:29:20 01:34:03							
10	68	Tiago SUCENA	18/06/2004	CAMG	POR	01:35:53	+15:56
00:04:50 00:04:49 00:04:52 00:04:49 00:04:48 00:04:49 00:04:48 00:04:48 00:04:50 00:04:46 00:04:48 00:04:44 00:04:39 00:04:42 00:04:44 00:04:43 00:04:50 00:04:53 00:04:54 00:04:48 00:04:50 00:09:39 00:14:31 00:19:19 00:24:07 00:28:56 00:33:44 00:38:33 00:43:23 00:48:09 00:52:56 00:57:40 01:02:20 01:07:02 01:11:45 01:16:28 01:21:18 01:26:11 01:31:05 01:35:53							
11	62	Manuel MARQUES	04/09/1978	AJS	POR	01:37:41	+17:44
00:04:34 00:04:30 00:04:38 00:04:40 00:04:43 00:04:47 00:04:45 00:04:49 00:04:54 00:04:52 00:04:56 00:05:00 00:05:03 00:04:58 00:05:02 00:04:59 00:05:04 00:05:12 00:05:14 00:05:02 00:04:34 00:09:04 00:13:42 00:18:22 00:23:05 00:27:52 00:32:37 00:37:25 00:42:20 00:47:12 00:52:07 00:57:08 01:02:11 01:07:09 01:12:11 01:17:10 01:22:14 01:27:26 01:32:40 01:37:41							
12	57	Augusto CARDOSO	13/12/1970	ACRSD	POR	01:48:32	+28:35
00:05:25 00:05:24 00:05:26 00:05:25 00:05:30 00:05:28 00:05:28 00:05:28 00:05:31 00:05:29 00:05:24 00:05:22 00:05:24 00:05:26 00:05:24 00:05:18 00:05:18 00:05:29 00:05:30 00:05:23 00:05:25 00:10:48 00:16:14 00:21:39 00:27:08 00:32:37 00:38:05 00:43:33 00:49:04 00:54:32 00:59:57 01:05:19 01:10:43 01:16:09 01:21:33 01:26:51 01:32:09 01:37:38 01:43:09 01:48:32							
13	66	Ricardo VENDEIRA	09/03/1981	ACRSD	POR	01:48:55	+28:57
00:05:25 00:05:23 00:05:26 00:05:25 00:05:29 00:05:29 00:05:28 00:05:28 00:05:33 00:05:28 00:05:25 00:05:27 00:05:30 00:05:29 00:05:26 00:05:27 00:05:25 00:05:29 00:05:25 00:05:17 00:05:25 00:10:48 00:16:14 00:21:39 00:27:08 00:32:37 00:38:05 00:43:34 00:49:07 00:54:35 01:00:00 01:05:27 01:10:57 01:16:26 01:21:52 01:27:19 01:32:44 01:38:13 01:43:38 01:48:55							



20Km Men - 20.00Km

Race Analysis

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND
14	56	Amaro TEIXEIRA	08/07/1989	PCC	POR	01:50:51	+30:54
00:05:02 00:05:05 00:05:12 00:05:19 00:05:20 00:05:19 00:05:23 00:05:29 00:05:28 00:05:43 00:05:39 00:05:36 00:05:35 00:05:37 00:05:34 00:05:46 00:06:16 00:05:59 00:05:58 00:05:31							
00:05:02 00:10:07 00:15:19 00:20:38 00:25:58 00:31:17 00:36:40 00:42:09 00:47:37 00:53:20 00:58:59 01:04:35 01:10:10 01:15:47 01:21:21 01:27:07 01:33:23 01:39:22 01:45:20 01:50:51							
15	64	Pedro MARTINS	12/01/1968	ACRSD	POR	01:54:21	+34:24
00:05:25 00:05:23 00:05:27 00:05:28 00:05:31 00:05:28 00:05:26 00:05:39 00:05:40 00:05:41 00:05:46 00:05:47 00:05:53 00:05:51 00:05:50 00:05:53 00:05:54 00:05:58 00:05:58 00:06:25							
00:05:25 00:10:48 00:16:14 00:21:42 00:27:13 00:32:41 00:38:07 00:43:46 00:49:25 00:55:06 01:00:52 01:06:40 01:12:32 01:18:23 01:24:14 01:30:06 01:36:00 01:41:58 01:47:55 01:54:21							
-	51	Hélder SANTOS	07/03/1996	GDE	POR	DQ 54.7.5	
00:04:15 00:04:08 00:04:12 00:04:09 00:04:14 00:04:15 00:04:22 00:04:28 00:04:28 00:04:30 00:04:32 00:04:35							
00:04:15 00:08:23 00:12:34 00:16:44 00:20:57 00:25:12 00:29:34 00:34:02 00:38:30 00:43:00 00:47:32 00:52:07							
-	59	Fábio PROENÇA	24/11/2001	PCC	POR	DNF	
00:05:24 00:05:23 00:05:27 00:05:32 00:05:39 00:05:43 00:05:46 00:05:52 00:06:05 00:06:12							
00:05:24 00:10:48 00:16:15 00:21:47 00:27:26 00:33:09 00:38:54 00:44:47 00:50:52 00:57:04							
-	61	Josafat SÁNCHEZ PEÑA	21/03/2000	MEX	MEX	DQ 54.7.5	
00:04:14 00:04:08 00:04:11 00:04:09 00:04:14 00:04:11 00:04:21 00:04:18 00:04:12							
00:04:14 00:08:22 00:12:34 00:16:43 00:20:57 00:25:08 00:29:29 00:33:46 00:37:59							
-	60	Jefferson SEGURA	08/12/1998	MEX	MEX	DNF	
00:04:05 00:04:03 00:04:04 00:04:05 00:04:07 00:04:04 00:04:02 00:03:57							
00:04:05 00:08:08 00:12:12 00:16:18 00:20:24 00:24:28 00:28:30 00:32:27							
-	65	Ricardo OPINIÃO	12/03/1999	ACRSD	POR	DNF	
00:05:24 00:05:23 00:05:27 00:05:24							
00:05:24 00:10:48 00:16:14 00:21:39							



10Km Women - 10.00Km

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	18:01	19°C	75%
End	18:58	17.5°C	79%

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND	CARDS
1	106	Maria Elena PORTILLA	2007	ECU	ECU	50:38		
2	103	Isa FERREIRA	2006	JV	POR	52:19	+01:41	
3	101	Gabriela SANTOS	2006	ACRSD	POR	52:19	+01:41	
4	105	Tania Maribel ONCE	2007	ECU	ECU	52:26	+01:47	
5	104	Aixa HIDALGO LLAMAS	2009	ESP	ESP	54:39	+04:00	
6	107	Matilde SOUSA	2006	SCP	POR	55:55	+05:16	>



10Km Women - 10.00Km

Race Analysis

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND
1	106	Maria Elena PORTILLA	30/08/2007	ECU	ECU	50:38	
00:04:52 00:04:50 00:04:58 00:05:04 00:05:08 00:05:07 00:05:08 00:05:10 00:05:14 00:05:07 00:04:52 00:09:42 00:14:39 00:19:43 00:24:52 00:29:58 00:35:06 00:40:16 00:45:31 00:50:38							
2	103	Isa FERREIRA	08/09/2006	JV	POR	52:19	+01:41
00:05:13 00:05:15 00:05:14 00:05:13 00:05:17 00:05:17 00:05:15 00:05:21 00:05:20 00:04:55 00:05:13 00:10:28 00:15:42 00:20:55 00:26:11 00:31:28 00:36:43 00:42:04 00:47:24 00:52:19							
3	101	Gabriela SANTOS	21/11/2006	ACRS	POR	52:19	+01:41
00:05:13 00:05:15 00:05:14 00:05:13 00:05:17 00:05:17 00:05:15 00:05:20 00:05:20 00:04:56 00:05:13 00:10:27 00:15:42 00:20:54 00:26:11 00:31:28 00:36:43 00:42:04 00:47:24 00:52:19							
4	105	Tania Maribel ONCE	29/09/2007	ECU	ECU	52:26	+01:47
00:05:13 00:05:15 00:05:14 00:05:13 00:05:17 00:05:17 00:05:15 00:05:20 00:05:20 00:05:03 00:05:13 00:10:27 00:15:42 00:20:55 00:26:11 00:31:28 00:36:43 00:42:04 00:47:23 00:52:26							
5	104	Aixa HIDALGO LLAMAS	18/05/2009	ESP	ESP	54:39	+04:00
00:05:15 00:05:23 00:05:30 00:05:26 00:05:37 00:05:29 00:05:30 00:05:41 00:05:26 00:05:21 00:05:15 00:10:39 00:16:09 00:21:35 00:27:12 00:32:41 00:38:11 00:43:52 00:49:18 00:54:39							
6	107	Matilde SOUSA	20/05/2006	SCP	POR	55:55	+05:16
00:05:20 00:05:31 00:05:37 00:05:41 00:05:44 00:05:45 00:05:40 00:05:42 00:05:35 00:05:21 00:05:20 00:10:51 00:16:28 00:22:09 00:27:52 00:33:37 00:39:17 00:44:59 00:50:34 00:55:55							



10Km Men - 10.00Km

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	18:12	19°C	76%
End	19:04	17.5°C	79%

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND	CARDS
1	114	Pablo GONZÁLEZ	2006	ESP	ESP	41:49		
2	111	Eduardo CAMARATE	2006	JV	POR	45:23	+03:33	
3	115	Sebastia Vinicio BARRERA QUINDE	2007	ECU	ECU	46:54	+05:04	
4	112	Bruno COELHO	2006	CAS	POR	47:38	+05:48	~
5	113	Rodrigo ARAÚJO	2005	SCB	POR	47:49	+05:59	



10Km Men - 10.00Km

Race Analysis

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND
1	114	Pablo GONZÁLEZ	03/05/2006	ESP	ESP	41:49	
00:04:15 00:04:08 00:04:12 00:04:09 00:04:14 00:04:11 00:04:13 00:04:10 00:04:12 00:04:06 00:04:15 00:08:23 00:12:34 00:16:43 00:20:57 00:25:08 00:29:21 00:33:31 00:37:43 00:41:49							
2	111	Eduardo CAMARATE	17/11/2006	JV	POR	45:23	+03:33
00:04:22 00:04:24 00:04:26 00:04:26 00:04:26 00:04:51 00:05:16 00:04:29 00:04:23 00:04:20 00:04:22 00:08:46 00:13:12 00:17:37 00:22:03 00:26:54 00:32:11 00:36:40 00:41:02 00:45:23							
3	115	Sebastia Vinicio BARRERA QUINDE	01/08/2007	ECU	ECU	46:54	+05:04
00:04:35 00:04:33 00:04:40 00:04:43 00:04:45 00:04:39 00:04:39 00:04:45 00:04:49 00:04:45 00:04:35 00:09:09 00:13:49 00:18:32 00:23:16 00:27:55 00:32:35 00:37:19 00:42:08 00:46:54							
4	112	Bruno COELHO	19/04/2006	CAS	POR	47:38	+05:48
00:04:35 00:04:33 00:04:40 00:04:43 00:04:48 00:04:50 00:04:55 00:04:58 00:04:56 00:04:40 00:04:35 00:09:08 00:13:48 00:18:31 00:23:19 00:28:09 00:33:03 00:38:01 00:42:58 00:47:38							
5	113	Rodrigo ARAÚJO	05/11/2005	SCB	POR	47:49	+05:59
00:04:46 00:04:50 00:04:54 00:04:49 00:04:48 00:04:48 00:04:48 00:04:45 00:04:44 00:04:37 00:04:46 00:09:36 00:14:30 00:19:19 00:24:07 00:28:55 00:33:43 00:38:28 00:43:12 00:47:49							



Legua Marcha - 5.00Km

OFFICIAL RESULT

Start	Time	Temperature	Humidity
	16:00	21.8°C	59%
End	16:46	19°C	80%

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND	CARDS
1	223	David Ferreira	2007	Sport Clube União Torreense	POR	23:14		~
2	220	Leandro Silva	2007	Sibenfica	POR	23:26	+00:12	~ ~
3	209	Alex Valente	2006	GRECAS - Vagos	POR	25:03	+01:49	~ ~
4	224	Vera Santos	1981	SPORTING CLUBE BRAGA	POR	25:06	+01:52	
5	229	Paulo Cunha	1969	CLUBE CAMPISMO SÃO JOÃO DA MADEIRA	POR	26:00	+02:45	~ ~
6	211	Jaime Santos	1972	GRECAS - Vagos	POR	26:00	+02:46	
7	228	Diogo Pinho	2008	Villa Cesari / FLAMA	POR	26:13	+02:58	
8	231	Ana Catarina Leonor	1998	Grupo Desportivo e Recreativo da Verderena GDRV	POR	26:28	+03:14	
9	208	Isabel Luis	2007	Escola de Atletismo Pedro Pessoa	POR	26:41	+03:26	
10	207	Matilde Angélico	2008	CLUBE ATLETISMO DE MARINHA GRANDE	POR	27:09	+03:54	
11	205	Vera Portela	1995	Club Sport Marítimo	POR	27:34	+04:20	
12	116	Diogo Santos	2005	Escola de Atletismo Pedro Pessoa	POR	27:38	+04:23	
13	214	João Pinel	2001	CABB	POR	27:42	+04:27	
14	221	Afonso Duarte	2006	Sport Clube União Torreense	POR	28:13	+04:58	
15	213	Lara Beato	2007	Grupo Desportivo das Pedreiras	POR	29:00	+05:46	
16	202	Inês Belbute	2005	ACDR ARNEIRENSE	POR	29:10	+05:56	
17	215	ANA CATARINA GONÇALVES	1977	Individual	POR	31:16	+08:02	
18	210	Sandra Vieira	1975	GRECAS - Vagos	POR	32:14	+08:59	
19	222	Bruna Augusto	2008	Sport Clube União Torreense	POR	32:53	+09:39	
20	219	José Augusto Oliveira	1957	Individual	POR	33:30	+10:15	
21	201	Catarina Alexandra da Silva Santos	2000	ACDC	POR	33:52	+10:37	
22	218	João Rodrigues	1968	Individual	POR	34:54	+11:39	> > >
23	212	Paula Mauricio	1965	Grupo Desp. Sº Dpmingos	POR	37:07	+13:53	
24	203	Raimund Wuertz	1950	ACDR ARNEIRENSE	POR	38:20	+15:06	> >
25	230	Vitor Amorim Correia	1958	Grupo Desportivo da Fonte da Prata	POR	41:54	+18:40	>
26	233	Lucinda Barata	1964	Grupo Desportivo e Recreativo da Verderena GDRV	POR	41:55	+18:40	
-	217	Bruno Franco	1974	Individual	POR	DQ 54.7.5		> > > >



Legua Marcha - 5.00Km

Race Analysis

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND
1	223	David Ferreira	17/05/2007	Sport Clube União Torreense	POR	23:14	
00:04:28 00:04:36 00:04:48 00:04:47 00:04:34 00:04:28 00:09:05 00:13:53 00:18:40 00:23:14							
2	220	Leandro Silva	02/05/2007	Slbenfica	POR	23:26	+00:12
00:04:28 00:04:36 00:04:45 00:04:50 00:04:47 00:04:28 00:09:04 00:13:50 00:18:39 00:23:26							
3	209	Alex Valente	26/05/2006	GRECAS - Vagos	POR	25:03	+01:49
00:04:51 00:04:58 00:05:02 00:05:08 00:05:04 00:04:51 00:09:49 00:14:51 00:20:00 00:25:03							
4	224	Vera Santos	03/12/1981	SPORTING CLUBE BRAGA	POR	25:06	+01:52
00:04:51 00:04:57 00:05:02 00:05:07 00:05:08 00:04:51 00:09:49 00:14:51 00:19:58 00:25:06							
5	229	Paulo Cunha	12/09/1969	CLUBE CAMPISMO SÃO JOÃO DA MADEIRA	POR	26:00	+02:45
00:05:00 00:05:22 00:05:20 00:05:16 00:05:02 00:05:00 00:10:22 00:15:42 00:20:58 00:26:00							
6	211	Jaime Santos	22/05/1972	GRECAS - Vagos	POR	26:00	+02:46
00:04:54 00:05:09 00:05:23 00:05:25 00:05:09 00:04:54 00:10:04 00:15:27 00:20:52 00:26:00							
7	228	Diogo Pinho	14/12/2008	Villa Cesari / FLAMA	POR	26:13	+02:58
00:04:52 00:05:04 00:05:32 00:05:35 00:05:10 00:04:52 00:09:56 00:15:27 00:21:02 00:26:13							
8	231	Ana Catarina Leonor	25/01/1998	Grupo Desportivo e Recreativo da Verderena GDRV	POR	26:28	+03:14
00:04:59 00:05:09 00:05:26 00:05:30 00:05:24 00:04:59 00:10:08 00:15:34 00:21:04 00:26:28							
9	208	Isabel Luis	09/05/2007	Escola de Atletismo Pedro Pessoa	POR	26:41	+03:26
00:05:02 00:05:21 00:05:27 00:05:29 00:05:22 00:05:02 00:10:23 00:15:50 00:21:19 00:26:41							
10	207	Matilde Angélico	08/07/2008	CLUBE ATLETISMO DE MARINHA GRANDE	POR	27:09	+03:54
00:05:02 00:05:21 00:05:27 00:05:43 00:05:37 00:05:02 00:10:22 00:15:50 00:21:32 00:27:09							
11	205	Vera Portela	09/05/1995	Club Sport Marítimo	POR	27:34	+04:20
00:05:28 00:05:29 00:05:28 00:05:37 00:05:33 00:05:28 00:10:56 00:16:24 00:22:01 00:27:34							
12	116	Diogo Santos	16/02/2005	Escola de Atletismo Pedro Pessoa	POR	27:38	+04:23
00:05:32 00:05:49 00:05:45 00:05:30 00:05:03 00:05:32 00:11:21 00:17:05 00:22:35 00:27:38							



Legua Marcha - 5.00Km

Race Analysis

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND
13	214	João Pinel	16/01/2001	CABB	POR	27:42	+04:27
00:05:28 00:05:37 00:05:43 00:05:30 00:05:23 00:05:28 00:11:05 00:16:48 00:22:18 00:27:42							
14	221	Afonso Duarte	29/11/2006	Sport Clube União Torreense	POR	28:13	+04:58
00:05:25 00:05:40 00:05:43 00:06:16 00:05:08 00:05:25 00:11:05 00:16:48 00:23:04 00:28:13							
15	213	Lara Beato	06/11/2007	Grupo Desportivo das Pedreiras	POR	29:00	+05:46
00:05:17 00:05:39 00:05:53 00:06:08 00:06:03 00:05:17 00:10:56 00:16:49 00:22:57 00:29:00							
16	202	Inês Belbute	28/12/2005	ACDR ARNEIRENSE	POR	29:10	+05:56
00:05:32 00:05:49 00:05:51 00:05:55 00:06:03 00:05:32 00:11:21 00:17:12 00:23:07 00:29:10							
17	215	ANA CATARINA GONÇALVES	22/02/1977	Individual	POR	31:16	+08:02
00:06:06 00:06:13 00:06:19 00:06:24 00:06:15 00:06:06 00:12:19 00:18:37 00:25:01 00:31:16							
18	210	Sandra Vieira	01/11/1975	GRECAS - Vagos	POR	32:14	+08:59
00:05:59 00:06:24 00:06:35 00:06:39 00:06:37 00:05:59 00:12:22 00:18:58 00:25:36 00:32:14							
19	222	Bruna Augusto	26/11/2008	Sport Clube União Torreense	POR	32:53	+09:39
00:05:58 00:06:39 00:07:01 00:06:52 00:06:23 00:05:58 00:12:37 00:19:38 00:26:30 00:32:53							
20	219	José Augusto Oliveira	26/07/1957	Individual	POR	33:30	+10:15
00:06:13 00:06:32 00:06:53 00:06:58 00:06:54 00:06:13 00:12:45 00:19:38 00:26:36 00:33:30							
21	201	Catarina Alexandra da Silva Santos	02/02/2000	ACDC	POR	33:52	+10:37
00:06:19 00:06:45 00:06:56 00:06:56 00:06:57 00:06:19 00:13:04 00:19:59 00:26:55 00:33:52							
22	218	João Rodrigues	20/05/1968	Individual	POR	34:54	+11:39
00:06:51 00:07:29 00:07:00 00:06:52 00:06:41 00:06:51 00:14:20 00:21:20 00:28:12 00:34:54							
23	212	Paula Mauricio	03/01/1965	Grupo Desp. Sº Dpmingos	POR	37:07	+13:53
00:07:11 00:07:18 00:07:25 00:07:33 00:07:40 00:07:11 00:14:29 00:21:54 00:29:27 00:37:07							
24	203	Raimund Wuertz	19/09/1950	ACDR ARNEIRENSE	POR	38:20	+15:06
00:07:29 00:07:42 00:07:47 00:07:42 00:07:40 00:07:29 00:15:11 00:22:58 00:30:41 00:38:20							
25	230	Vitor Amorim Correia	12/01/1958	Grupo Desportivo da Fonte da Prata	POR	41:54	+18:40
00:07:53 00:08:29 00:08:30 00:08:33 00:08:30 00:07:53 00:16:22 00:24:52 00:33:25 00:41:54							



Legua Marcha - 5.00Km

Race Analysis

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND
26	233	Lucinda Barata	02/03/1964	Grupo Desportivo e Recreativo da Verderena GDRV	POR 	41:55	+18:40
<p>00:08:00 00:08:20 00:08:33 00:08:33 00:08:29 00:08:00 00:16:19 00:24:53 00:33:25 00:41:55</p>							
-	217	Bruno Franco	24/06/1974	Individual	POR 	DQ 54.7.5	
<p>00:06:50 00:06:58 00:06:50 00:13:49</p>							



Marcha Jovem - 2.00Km

OFFICIAL RESULT

Start	Time	Temperature	Humidity
	15:30	21.4°C	60%
End	15:52	19.6°C	76%

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND	CARDS
1	314	Isabel Laginhas	2010	ACRSD	POR	10:25		
2	331	Sofia Santos	2009	Escola de Atletismo Pedro Pessoa	POR	10:26	+00:01	
3	303	Beatriz Vitorino	2010	ACDRC Sismaria	POR	11:10	+00:45	~
4	319	Vicente Figueiredo	2010	CN RIO MAIOR	POR	11:12	+00:47	
5	312	Rodrigo Relvas	2012	ACRMealhada	POR	11:31	+01:06	
6	322	Carlos Rocha	2012	Individual	POR	11:37	+01:11	
7	329	Daniela Delgado	2010	Grupo Desportivo e Recreativo da Verderena GDRV	POR	12:00	+01:34	
8	320	Samuel Echezuria	2009	GRECAS - Vagos	POR	12:03	+01:38	
9	305	Nicole Tristão	2015	ACRMealhada	POR	12:09	+01:44	
10	311	Martim Ferreira	2011	ACRMealhada	POR	12:13	+01:47	
11	328	Andreia Rêgo	2012	Grupo Desportivo e Recreativo da Verderena GDRV	POR	12:33	+02:08	
12	302	Margarida Antunes	2012	ACDRC Sismaria	POR	12:39	+02:14	
13	324	Olivia Paulo	2009	Sport Clube União Torreense	POR	13:04	+02:38	
14	325	Francisca Campos	2012	Villa Cesari / FLAMA	POR	13:15	+02:50	
15	309	Clara Gageiro	2012	ACRMealhada	POR	13:47	+03:22	
16	313	Adler Ferreira	2009	ACRMealhada	POR	13:47	+03:22	
17	308	Maria Evangelista	2014	ACRMealhada	POR	14:08	+03:43	
18	316	Laura Santos	2011	CLAC-Entroncamento	POR	14:13	+03:48	
19	306	Daniel Viegas	2016	ACRMealhada	POR	14:29	+04:03	~ ~
20	323	Inês Guerreiro	2010	Sport Clube União Torreense	POR	14:33	+04:07	
21	310	Daynira Viegas	2011	ACRMealhada	POR	14:34	+04:09	
22	327	Yelyzaveta Berzukh	2014	Grupo Desportivo e Recreativo da Verderena GDRV	POR	14:47	+04:21	
23	304	Laura Gageiro	2016	ACRMealhada	POR	15:22	+04:56	
24	307	Pedro Rodrigues	2016	ACRMealhada	POR	17:10	+06:44	



Marcha Jovem - 2.00Km

Race Analysis

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND
1	314	Isabel Laginhas	10/06/2010	ACRSD	POR	10:25	
		00:05:12 00:05:13					
		00:05:12 00:10:25					
2	331	Sofia Santos	16/06/2009	Escola de Atletismo Pedro Pessoa	POR	10:26	+00:01
		00:05:11 00:05:15					
		00:05:11 00:10:26					
3	303	Beatriz Vitorino	27/07/2010	ACDRC Sismaria	POR	11:10	+00:45
		00:05:22 00:05:48					
		00:05:22 00:11:10					
4	319	Vicente Figueiredo	13/12/2010	CN RIO MAIOR	POR	11:12	+00:47
		00:05:40 00:05:32					
		00:05:40 00:11:12					
5	312	Rodrigo Relvas	10/12/2012	ACRMealhada	POR	11:31	+01:06
		00:05:39 00:05:52					
		00:05:39 00:11:31					
6	322	Carlos Rocha	18/01/2012	Individual	POR	11:37	+01:11
		00:05:42 00:05:55					
		00:05:42 00:11:37					
7	329	Daniela Delgado	10/12/2010	Grupo Desportivo e Recreativo da Verderena GDRV	POR	12:00	+01:34
		00:05:37 00:06:23					
		00:05:37 00:12:00					
8	320	Samuel Echezuria	02/03/2009	GRECAS - Vagos	POR	12:03	+01:38
		00:05:57 00:06:06					
		00:05:57 00:12:03					
9	305	Nicole Tristão	17/02/2015	ACRMealhada	POR	12:09	+01:44
		00:05:59 00:06:10					
		00:05:59 00:12:09					
10	311	Martim Ferreira	21/06/2011	ACRMealhada	POR	12:13	+01:47
		00:06:05 00:06:08					
		00:06:05 00:12:13					
11	328	Andreia Rêgo	11/03/2012	Grupo Desportivo e Recreativo da Verderena GDRV	POR	12:33	+02:08
		00:06:16 00:06:17					
		00:06:16 00:12:33					
12	302	Margarida Antunes	23/06/2012	ACDRC Sismaria	POR	12:39	+02:14
		00:06:07 00:06:33					
		00:06:07 00:12:39					



Marcha Jovem - 2.00Km

Race Analysis

RANK	BIB	NAME	DoB	TEAM	CT. CODE	RESULT	TIME BEHIND
13	324	Olivia Paulo	08/05/2009	Sport Clube União Torreense	POR	13:04	+02:38
00:06:39 00:06:25 00:06:39 00:13:04							
14	325	Francisca Campos	05/01/2012	Villa Cesari / FLAMA	POR	13:15	+02:50
00:06:38 00:06:37 00:06:38 00:13:15							
15	309	Clara Gageiro	23/08/2012	ACRMealhada	POR	13:47	+03:22
00:06:54 00:06:53 00:06:54 00:13:47							
16	313	Adler Ferreira	29/10/2009	ACRMealhada	POR	13:47	+03:22
00:06:43 00:07:04 00:06:43 00:13:47							
17	308	Maria Evangelista	19/05/2014	ACRMealhada	POR	14:08	+03:43
00:07:00 00:07:08 00:07:00 00:14:08							
18	316	Laura Santos	11/06/2011	CLAC-Entroncamento	POR	14:13	+03:48
00:06:47 00:07:27 00:06:47 00:14:13							
19	306	Daniel Viegas	29/03/2016	ACRMealhada	POR	14:29	+04:03
00:07:05 00:07:23 00:07:05 00:14:29							
20	323	Inês Guerreiro	21/03/2010	Sport Clube União Torreense	POR	14:33	+04:07
00:07:16 00:07:17 00:07:16 00:14:33							
21	310	Daynira Viegas	23/09/2011	ACRMealhada	POR	14:34	+04:09
00:07:10 00:07:25 00:07:10 00:14:34							
22	327	Yelyzaveta Berzukh	26/05/2014	Grupo Desportivo e Recreativo da Verderena GDRV	POR	14:47	+04:21
00:07:03 00:07:43 00:07:03 00:14:47							
23	304	Laura Gageiro	30/08/2016	ACRMealhada	POR	15:22	+04:56
00:07:26 00:07:56 00:07:26 00:15:22							
24	307	Pedro Rodrigues	10/09/2016	ACRMealhada	POR	17:10	+06:44
00:08:20 00:08:50 00:08:20 00:17:10							