

BENJAMINS - STAGE 1**0,6 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
37	613	SIMAO PEDRO FIGUEIREDO GILDE	Unidos de Rossas	02:52	+00:47	-	
38	558	CAROLINA GONÇALVES CORREIA BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	02:53	+00:48	-	
39	545	MARIA ADRIANO	Clube Atletismo de Ovar	03:06	+01:01	-	
40	606	FELIX TOMAS SILVA GONÇALVES	Unidos de Rossas	03:06	+01:01	-	
41	480	Hugo tavares	Unidos de Rossas	03:08	+01:03	-	
42	603	MAFALDA ELISA ALMEIDA PINHO	Unidos de Rossas	03:09	+01:04	-	
43	602	EDUARDA RITA COSTA FERREIRA	Unidos de Rossas	03:10	+01:05	-	
44	535	Mariana Moreira	Caldas S. Jorge Sport Club	03:13	+01:08	-	
45	533	Inês Moreira	Caldas S. Jorge Sport Club	03:13	+01:08	-	
46	605	DIOGO FILIPE BRANDAO OLIVEIRA	Unidos de Rossas	03:32	+01:27	-	
47	612	Renato Rios	Unidos de Rossas	03:34	+01:29	-	
48	600	Pedro Soares	SPORTARC	03:40	+01:35	-	
49	501	Daniel Silva	ACR Vale de Cambra	03:43	+01:38	-	
50	583	Mariana Prado Teixeira	Individual	04:01	+01:56	-	

Benjamins

0,6 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:30	33,8°C	16%
End	15:34	33,8°C	19%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Benjamim Feminino

1	534	Maria dias	Caldas S. Jorge Sport Club	Benjamim Feminino	02:06	-	-
2	557	Maria Pessoa	FC Estrelas Susanenses	Benjamim Feminino	02:15	+00:09	-
3	537	Vitoria Dias	Caldas S. Jorge Sport Club	Benjamim Feminino	02:22	+00:16	-
4	551	Inês Correia Alvarez	CRE	Benjamim Feminino	02:27	+00:21	-
5	549	Ines Pinto	Clube de Atletismo Estrelas de Marco de Canaveses	Benjamim Feminino	02:29	+00:23	-
6	556	Lúisa Pessoa	FC Estrelas Susanenses	Benjamim Feminino	02:30	+00:24	-
7	629	Marta Rocha	Unidos de Rossas	Benjamim Feminino	02:33	+00:27	-
8	548	Bryan Cardoso	Clube de Atletismo Estrelas de Marco de Canaveses	Benjamim Feminino	02:33	+00:27	-
9	560	SOFIA SANTOS PINHO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Benjamim Feminino	02:35	+00:29	-
10	604	MARIANA FERREIRA PINHO	Unidos de Rossas	Benjamim Feminino	02:40	+00:34	-
11	511	Leonor Cunha	ADC CJ CLARK de Castelo de Paiva	Benjamim Feminino	02:44	+00:38	-
12	559	Matilde Oliveira Gomes	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Benjamim Feminino	02:49	+00:43	-
13	581	Íris Valentina Amorim	Individual	Benjamim Feminino	02:51	+00:45	-
14	599	Ema Soares	SPORTARC	Benjamim Feminino	02:52	+00:46	-
15	558	CAROLINA GONÇALVES CORREIA BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Benjamim Feminino	02:53	+00:47	-
16	545	MARIA ADRIANO	Clube Atletismo de Ovar	Benjamim Feminino	03:06	+00:59	-
17	603	MAFALDA ELISA ALMEIDA PINHO	Unidos de Rossas	Benjamim Feminino	03:09	+01:03	-
18	602	EDUARDA RITA COSTA FERREIRA	Unidos de Rossas	Benjamim Feminino	03:10	+01:04	-
19	535	Mariana Moreira	Caldas S. Jorge Sport Club	Benjamim Feminino	03:13	+01:07	-
20	533	Inês Moreira	Caldas S. Jorge Sport Club	Benjamim Feminino	03:13	+01:07	-
21	583	Mariana Prado Teixeira	Individual	Benjamim Feminino	04:01	+01:55	-

Benjamim Masculino

1	585	Gonçalo Tavares Vasconcelos	Individual	Benjamim Masculino	02:05	-	-
2	587	Tiago Noormahomed	Individual	Benjamim Masculino	02:11	+00:05	-
3	630	Mateus Estrela	Unidos de Rossas	Benjamim Masculino	02:13	+00:08	-
4	584	Afonso Fernandes Brandão	Individual	Benjamim Masculino	02:19	+00:14	-
5	611	MARTIM BRANDAO TAVARES	Unidos de Rossas	Benjamim Masculino	02:21	+00:15	-
6	520	João Teixeira	ARADA ATLÉTICO CLUBE	Benjamim Masculino	02:21	+00:16	-
7	512	Afonso Jesus	ADC CJ CLARK de Castelo de Paiva	Benjamim Masculino	02:24	+00:18	-
8	478	Batista Brandão	Individual	Benjamim Masculino	02:24	+00:19	-
9	615	TIAGO TAVARES TORRES	Unidos de Rossas	Benjamim Masculino	02:28	+00:23	-
10	614	Tiago Aguiar	Unidos de Rossas	Benjamim Masculino	02:30	+00:24	-

Official Timekeeper: Lap2Go	1 / 2	generate 10-ago.-2024 15:36
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Benjamins

0,6 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	550	Simão Moreira	Clube de Atletismo Estrelas de Marco de Canaveses	Benjamim Masculino	02:31	+00:26	-
12	563	LEONARDO TAVARES TEIXEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Benjamim Masculino	02:32	+00:27	-
13	565	TOMÁS ALMEIDA AMARAL	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Benjamim Masculino	02:35	+00:29	-
14	562	DIOGO ALMEIDA OLIVEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Benjamim Masculino	02:37	+00:31	-
15	561	ANDRÉ TEIXEIRA BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Benjamim Masculino	02:37	+00:31	-
16	564	Martim Sousa Pinho	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Benjamim Masculino	02:39	+00:34	-
17	608	FRANCISCO PINHO ALMEIDA	Unidos de Rossas	Benjamim Masculino	02:40	+00:34	-
18	586	Miguel Rocha	Individual	Benjamim Masculino	02:40	+00:35	-
19	502	Vicente Alves	ACR Vale de Cambra	Benjamim Masculino	02:43	+00:37	-
20	610	GUILHERME MARQUES CRUZ	Unidos de Rossas	Benjamim Masculino	02:44	+00:38	-
21	609	GABRIEL FERREIRA COSTA	Unidos de Rossas	Benjamim Masculino	02:45	+00:40	-
22	552	Martim Alvarez	CRE	Benjamim Masculino	02:48	+00:43	-
23	613	SIMAO PEDRO FIGUEIREDO GILDE	Unidos de Rossas	Benjamim Masculino	02:52	+00:47	-
24	606	FELIX TOMAS SILVA GONÇALVES	Unidos de Rossas	Benjamim Masculino	03:06	+01:01	-
25	480	Hugo tavares	Unidos de Rossas	Benjamim Masculino	03:08	+01:03	-
26	605	DIOGO FILIPE BRANDAO OLIVEIRA	Unidos de Rossas	Benjamim Masculino	03:32	+01:26	-
27	612	Renato Rios	Unidos de Rossas	Benjamim Masculino	03:34	+01:28	-
28	600	Pedro Soares	SPORTARC	Benjamim Masculino	03:40	+01:35	-
29	501	Daniel Silva	ACR Vale de Cambra	Benjamim Masculino	03:43	+01:38	-

TEAM RESULTS - BENJAMINS FEMININOS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CALDAS S. JORGE SPORT CLUB	1 + 3 + 19	23
2	UNIDOS DE ROSSAS	7 + 10 + 17	34
3	GRUPO CULTURAL E RECREATIVO DE ROSSAS & TASC DO MIGUEL	9 + 12 + 15	36

TEAM RESULTS - BENJAMINS MASCULINOS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	UNIDOS DE ROSSAS	3 + 5 + 9	17
2	GRUPO CULTURAL E RECREATIVO DE ROSSAS & TASCÓ DO MIGUEL	12 + 13 + 14	39

INFANTIS - STAGE 1

1,2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:45	33,8°C	19%
End	15:54	33,8°C	19%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	516	Gonçalo Pinto	ADC CJ CLARK de Castelo de Paiva	04:07		-	
2	518	Rodrigo Pinto	ADC CJ CLARK de Castelo de Paiva	04:16	+00:09	-	
3	521	Carolina Ferreira	ARADA ATLÉTICO CLUBE	04:26	+00:19	-	
4	539	Carolina Azevedo	Caldas S. Jorge Sport Club	04:27	+00:20	-	
5	597	Martim Barbosa Ferreira	Maia AC	04:32	+00:25	-	
6	513	Lara Sousa	ADC CJ CLARK de Castelo de Paiva	04:33	+00:26	-	
7	523	Tatiana Pinho	ARADA ATLÉTICO CLUBE	04:37	+00:30	-	
8	553	Renato Miguel	CRE	04:38	+00:31	-	
9	522	Joana Teixeira	ARADA ATLÉTICO CLUBE	04:38	+00:31	-	
10	503	Adriana Moreira	ACR Vale de Cambra	04:44	+00:37	-	
11	528	Vitoria Silva	C.. D. Póvoa	04:48	+00:41	-	
12	514	Maria Cunha	ADC CJ CLARK de Castelo de Paiva	04:55	+00:48	-	
13	527	Ilda Silva	C.. D. Póvoa	05:07	+01:00	-	
14	569	TIAGO TEIXEIRA BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	05:11	+01:04	-	
15	504	Dânia Guiva	ACR Vale de Cambra	05:13	+01:06	-	
16	617	PEDRO MIGUEL PINHO RIBEIRO	Unidos de Rossas	05:27	+01:20	-	
17	515	Duarte Beleza	ADC CJ CLARK de Castelo de Paiva	05:29	+01:22	-	
18	567	LUCAS TEIXEIRA PAIVA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	05:31	+01:24	-	
19	505	Mariana Almeida	ACR Vale de Cambra	05:34	+01:27	-	
20	542	Mariana Lopes	Casas Adriano Astromil Clube	05:58	+01:51	-	
21	616	LEANDRO SANTOS ALMEIDA	Unidos de Rossas	06:58	+02:51	-	
22	517	Pedro Sousa	ADC CJ CLARK de Castelo de Paiva	10:34	+06:27	-	

Infantis

1,2 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:45	33,8°C	19%
End	15:54	33,8°C	19%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Infantil Feminino

1	521	Carolina Ferreira	ARADA ATLÉTICO CLUBE	Infantil Feminino	04:26	-	-
2	539	Carolina Azevedo	Caldas S. Jorge Sport Club	Infantil Feminino	04:27	+00:01	-
3	513	Lara Sousa	ADC CJ CLARK de Castelo de Paiva	Infantil Feminino	04:33	+00:07	-
4	523	Tatiana Pinho	ARADA ATLÉTICO CLUBE	Infantil Feminino	04:37	+00:11	-
5	522	Joana Teixeira	ARADA ATLÉTICO CLUBE	Infantil Feminino	04:38	+00:12	-
6	503	Adriana Moreira	ACR Vale de Cambra	Infantil Feminino	04:44	+00:17	-
7	528	Vitoria Silva	C.. D. Póvoa	Infantil Feminino	04:48	+00:22	-
8	514	Maria Cunha	ADC CJ CLARK de Castelo de Paiva	Infantil Feminino	04:55	+00:29	-
9	527	Ilda Silva	C.. D. Póvoa	Infantil Feminino	05:07	+00:41	-
10	504	Dânia Guiva	ACR Vale de Cambra	Infantil Feminino	05:13	+00:46	-
11	505	Mariana Almeida	ACR Vale de Cambra	Infantil Feminino	05:34	+01:08	-
12	542	Mariana Lopes	Casas Adriano Astromil Clube	Infantil Feminino	05:58	+01:32	-

Infantil Masculino

1	516	Gonçalo Pinto	ADC CJ CLARK de Castelo de Paiva	Infantil Masculino	04:07	-	-
2	518	Rodrigo Pinto	ADC CJ CLARK de Castelo de Paiva	Infantil Masculino	04:16	+00:09	-
3	597	Martim Barbosa Ferreira	Maia AC	Infantil Masculino	04:32	+00:24	-
4	553	Renato Miguel	CRE	Infantil Masculino	04:38	+00:31	-
5	569	TIAGO TEIXEIRA BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Infantil Masculino	05:11	+01:04	-
6	617	PEDRO MIGUEL PINHO RIBEIRO	Unidos de Rossas	Infantil Masculino	05:27	+01:20	-
7	515	Duarte Beleza	ADC CJ CLARK de Castelo de Paiva	Infantil Masculino	05:29	+01:22	-
8	567	LUCAS TEIXEIRA PAIVA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Infantil Masculino	05:31	+01:23	-
9	616	LEANDRO SANTOS ALMEIDA	Unidos de Rossas	Infantil Masculino	06:58	+02:50	-
10	517	Pedro Sousa	ADC CJ CLARK de Castelo de Paiva	Infantil Masculino	10:34	+06:27	-

INICIADOS JUVENIS - STAGE 1

2,4 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	16:00	33,2°C	19%
End	16:13	33,2°C	19%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	554	Gonçalo de Matos Carvalho	Escola Atletismo Carlos Lopes - Viseu	07:55		03:18	
2	510	Tiago Silva	ACR Vale de Cambra	08:23	+00:28	03:30	
3	532	José Sousa	C.. D. Póvoa	08:27	+00:32	03:31	
4	526	Ivo Seixas	Atlético Clube Alfenense	08:31	+00:36	03:33	
5	580	Simão Mendes	Grupo Desportivo e Cultural de Castelo de Paiva	08:31	+00:36	03:33	
6	524	Afonso Hernández	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D'OVAR	08:33	+00:38	03:34	
7	507	Daniel Lopes	ACR Vale de Cambra	09:37	+01:42	04:00	
8	570	VALTER GABRIEL DA SILVA PINHO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	09:46	+01:51	04:04	
9	540	LARA LOPES	Casa do Benfica em Paredes	09:49	+01:54	04:05	
10	531	Guilherme Ferreira	C.. D. Póvoa	09:59	+02:04	04:10	
11	508	Daniela Oliveira	ACR Vale de Cambra	10:18	+02:23	04:18	
12	555	Victoria Silva	F.C.Penafiel	10:56	+03:01	04:33	
13	519	Ana Sousa	ADC CJ CLARK de Castelo de Paiva	10:59	+03:04	04:35	
14	543	Luana Moreira	Casas Adriano Astromil Clube	11:08	+03:13	04:38	
15	593	William Moreira	Individual	11:47	+03:52	04:54	
16	628	XAVIER BRANDAO TAVARES	Unidos de Rossas	11:57	+04:02	04:59	
17	623	FREDERICO SANTOS PINHO	Unidos de Rossas	12:05	+04:10	05:02	
18	529	Lara Silva	C.. D. Póvoa	12:24	+04:29	05:10	
19	624	GABRIEL COSTA PINHO	Unidos de Rossas	13:14	+05:19	05:31	
20	625	Bárbara Castro	Unidos de Rossas	13:55	+06:00	05:48	
21	627	LEONOR FERREIRA PINHO	Unidos de Rossas	14:39	+06:44	06:06	

**TEAM RESULTS - INICIADOS JUVENIS
MASCULINOS**

RANK	TEAM	DESCRIPTION	POINTS
1	UNIDOS DE ROSSAS	11 + 12 + 13	36

PROVA PRINCIPAL - STAGE 1

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	17:00	33,2°C	22%
End	18:03	33,2°C	22%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	312	Nuno lopes	Individual	19:58		02:51	
2	366	Joao Almeida	RECREIO DESPORTIVO DE ÁGUEDA	20:18	+00:20	02:54	
3	140	Tiago Pereira	F.C.Penafiel	20:46	+00:48	02:58	
4	246	Vitor Oliveira	Grupo Desportivo e Cultural de Guilhovai	21:03	+01:05	03:00	
5	143	Antonio Moreira	Figueiredo's runners& friends	21:22	+01:24	03:03	
6	9	Samuel Rios	Maia AC	21:31	+01:33	03:04	
7	144	Joaquim Figueiredo	Figueiredo's runners& friends	21:37	+01:39	03:05	
8	92	ANDRE ADRIANO	Clube Atletismo de Ovar	21:43	+01:45	03:06	
9	65	Fábio Barbosa	ATIVA-TE	22:00	+02:02	03:09	
10	247	ANTÓNIO JOAQUIM SOARES FERNANDES	Grupo Desportivo e Cultural de Guilhovai	22:04	+02:06	03:09	
11	322	Domingos Manuel de lima Fernandes	Individual	22:25	+02:27	03:12	
12	276	Telmo Nascimento	Individual	22:25	+02:27	03:12	
13	244	JORGE MIGUEL DA COSTA CUBAL	Grupo Desportivo e Cultural de Guilhovai	22:29	+02:31	03:13	
14	243	ARTUR OLIVEIRA RODRIGUES	Grupo Desportivo e Cultural de Guilhovai	22:52	+02:54	03:16	
15	139	Mark Macedo	F.C.Penafiel	23:00	+03:02	03:17	
16	238	Vitor Barbosa	Grupo Desportivo e Cultural de Castelo de Paiva	23:03	+03:05	03:18	
17	332	Sérgio Paiva	Nucleo de Oeiras	23:14	+03:16	03:19	
18	102	Manuel Sousa	Clube Campismo	23:18	+03:20	03:20	
19	367	CARLA MARTINHO	RECREIO DESPORTIVO DE ÁGUEDA	23:28	+03:30	03:21	
20	27	Pedro Moreira	ADC CJ CLARK de Castelo de Paiva	23:29	+03:31	03:21	
21	26	Bruno Pinheiro	ADC CJ CLARK de Castelo de Paiva	23:29	+03:31	03:21	
22	234	Luís Santos	Grupo Desportivo e Cultural de Castelo de Paiva	23:35	+03:37	03:22	
23	21	Fernando Silva	ACR Vale de Cambra	23:42	+03:44	03:23	
24	149	Sérgio Lopes	GRE-Eirense	23:46	+03:48	03:24	
25	100	Luis Silva	Clube Campismo	23:52	+03:54	03:25	
26	242	LEANDRO MANUEL MARQUES PEREIRA	Grupo Desportivo e Cultural de Guilhovai	23:56	+03:58	03:25	
27	11	Marco Pinho	ACR Vale de Cambra	24:00	+04:02	03:26	
28	55	Marco Oliveira	ATIVA-TE	24:06	+04:08	03:27	
29	69	Gil Ferreira	C. D. São Salvador do Campo	24:08	+04:10	03:27	
30	137	José Machado	F.C.Penafiel	24:11	+04:13	03:27	
31	454	Jose Miguel Barbosa De Pinho	UNIT CF	24:22	+04:24	03:29	
32	412	Abílio Moreira	Team Runners	24:24	+04:26	03:29	
33	237	Rui Rodrigues	Grupo Desportivo e Cultural de Castelo de Paiva	24:26	+04:28	03:29	
34	241	Vitor Pinheiro	Grupo Desportivo e Cultural de Castelo de Paiva	24:29	+04:31	03:30	
35	233	Bruno Pinto	Grupo Desportivo e Cultural de Castelo de Paiva	24:35	+04:37	03:31	
36	31	Hélder Pinto	ADC CJ CLARK de Castelo de Paiva	24:37	+04:39	03:31	
37	53	João Oliveira	ATIVA-TE	24:38	+04:40	03:31	
38	370	Ricardo Andrade	RECREIO DESPORTIVO DE ÁGUEDA	24:41	+04:43	03:32	
39	395	Américo Santos	Sport Comércio e Salgueiros	24:41	+04:43	03:32	

PROVA PRINCIPAL - STAGE 1

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
40	76	Nuno Silva	CAL - Clube Atletismo de Lamas	24:47	+04:49	03:32	
41	97	PEDRO SILVA	Clube Atletismo de Ovar	24:48	+04:50	03:33	
42	285	Estela Melo	Individual	24:50	+04:52	03:33	
43	240	Manuel Silveira	Grupo Desportivo e Cultural de Castelo de Paiva	24:57	+05:00	03:34	
44	78	Ricardo País	Caldas S. Jorge Sport Club	25:06	+05:08	03:35	
45	232	Edgar Ortiz	Grupo Desportivo e Cultural de Castelo de Paiva	25:06	+05:08	03:35	
46	368	Joana Nunes	RECREIO DESPORTIVO DE ÁGUEDA	25:10	+05:12	03:36	
47	113	Margarida da Silva Oliveira	Clube Desportivo Feirense	25:11	+05:13	03:36	
48	313	Oscar Maia	Individual	25:12	+05:14	03:36	
49	394	Ricardo Fusco	Sport Comércio e Salgueiros	25:15	+05:17	03:36	
50	245	SANDRA CRISTINA DE OLIVEIRA FERREIRA	Grupo Desportivo e Cultural de Guilhovai	25:25	+05:27	03:38	
51	248	JOSÉ CARLOS RIBEIRO TAVARES	Grupo Desportivo e Cultural de Guilhovai	25:32	+05:34	03:39	
52	105	Pedro Amaral	Clube de Atletismo Estrelas de Marco de Canaveses	25:32	+05:34	03:39	
53	319	THIAGO AUGUSTO GONÇALVES PINTO	Individual	25:34	+05:36	03:39	
54	39	Lara Costa	ARADA ATLÉTICO CLUBE	25:34	+05:36	03:39	
55	359	João Dias	Núcleo de Atletismo de Cucujães	25:37	+05:39	03:40	
56	270	Marcelo Sousa	ATIVA-TE	25:38	+05:40	03:40	
57	236	Paulo Gonçalves	Grupo Desportivo e Cultural de Castelo de Paiva	25:40	+05:42	03:40	
58	314	Paulo Noormahomed	Individual	25:49	+05:51	03:41	
59	59	Diogo Oliveira	ATIVA-TE	25:53	+05:55	03:42	
60	94	JOÃO PAULO RODRIGUES	Clube Atletismo de Ovar	25:56	+05:58	03:42	
61	34	Inês Silva Gonçalves	AFIS/OVAR	26:07	+06:09	03:44	
62	391	Américo Valente	SERVIÇOS SOCIAIS CULTURAISS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	26:07	+06:09	03:44	
63	101	Nuno Oliveira	Clube Campismo	26:16	+06:18	03:45	
64	40	António Nunes	ARADA ATLÉTICO CLUBE	26:22	+06:24	03:46	
65	399	Ricardo Jorge Teixeira Duarte	SPORTARC	26:29	+06:31	03:47	
66	36	José Figueiredo	AFIS/OVAR	26:30	+06:32	03:47	
67	350	Armindo Araújo	LIBERDADE FUTEBOL CLUBE	26:32	+06:34	03:47	
68	281	Carla de Almeida	Individual	26:34	+06:36	03:48	
69	95	JOSE PINTO	Clube Atletismo de Ovar	26:36	+06:38	03:48	
70	111	Fernando Antunes	Clube Desportivo Cultural Macieira de Cambra	26:37	+06:39	03:48	
71	79	Tiago Oliveira	Caldas S. Jorge Sport Club	26:38	+06:40	03:48	
72	33	José Ferreira	ADC CJ CLARK de Castelo de Paiva	26:46	+06:48	03:49	
73	99	Gustavo Lima	Clube Campismo	26:50	+06:52	03:50	
74	89	Bruno Moreira	Casas Adriano Astromil Clube	26:55	+06:57	03:51	
75	325	João Vinha	Individual	26:57	+06:59	03:51	
76	98	Flávio Cunha	Clube Campismo	27:08	+07:10	03:53	
77	88	Pedro Silva	Casas Adriano Astromil Clube	27:16	+07:18	03:54	
78	220	TIAGO JOÃO BRABOSA DOS SANTOS	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	27:20	+07:22	03:54	
79	315	Ricardo Gomes	Individual	27:21	+07:23	03:54	
80	297	António Francisco	Individual	27:22	+07:24	03:55	
81	389	Paulo Gomes	Sentir Escariz running	27:26	+07:28	03:55	
82	415	João Almeida	Team Runners	27:27	+07:29	03:55	

PROVA PRINCIPAL - STAGE 1

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
83	235	Marcelo Prata	Grupo Desportivo e Cultural de Castelo de Paiva	27:31	+07:33	03:56	
84	2	Porfirio Martins	Individual	27:33	+07:35	03:56	
85	342	Daniel Gomes	JUVENTUDE ATLÉTICA MOZELENSE	27:43	+07:45	03:58	
86	447	Fabio Daniel Azevedo Garrido	UNIT CF	27:48	+07:50	03:58	
87	84	Samuel Marques	Caldas S. Jorge Sport Club	27:59	+08:01	04:00	
88	8	Regina Gilvaz	NUCLEO DE ATLETISMO DE CUCUJÃES	27:59	+08:01	04:00	
89	145	Mário Carvalho	GD Vilarinho de Cima	28:00	+08:02	04:00	
90	446	Daniel Cruz Teixeira	UNIT CF	28:00	+08:02	04:00	
91	51	Filipe Sousa	ATIVA-TE	28:09	+08:11	04:01	
92	123	Salvador Silva	CLUBE NOVO BANCO	28:14	+08:16	04:02	
93	417	FILIPE ALEXANDRE MOREIRA FONSECA	Unidos de Rossas	28:21	+08:23	04:03	
94	443	Antonio Vicente Teixeira Goncalves De Brito	UNIT CF	28:38	+08:40	04:05	
95	216	RAUL FILIPE BRANDÃO AUGUSTO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	28:40	+08:42	04:06	
96	463	Sérgio Filipe Ferreira Quaresma	UNIT CF	28:42	+08:44	04:06	
97	90	Ilídio Oliveira	Casas Adriano Astromil Clube	28:47	+08:49	04:07	
98	323	Manuel Oliveira	Grupo desportivo da Cruz das Eiras	28:50	+08:52	04:07	
99	418	Vítor Hugo Tavares de Pinho	Unidos de Rossas	28:50	+08:52	04:07	
100	396	Andreia Noites	SPORTARC	28:52	+08:54	04:07	
101	52	Gonçalo Tavares	ATIVA-TE	29:00	+09:02	04:09	
102	266	Igor Gomes	Individual	29:03	+09:05	04:09	
103	87	ANDRE LOPES	Casa do Benfica em Paredes	29:04	+09:06	04:09	
104	352	Paulo pereira	Luis matos seguros	29:04	+09:06	04:09	
105	135	Filipa Diamantino	Escola de atletismo da Trofa	29:05	+09:07	04:09	
106	147	ROLAND SOUSA	GDC Codal Vale de Cambra	29:07	+09:09	04:10	
107	344	Nuno Costa	JUVENTUDE ATLÉTICA MOZELENSE	29:08	+09:10	04:10	
108	444	Carlos Filipe Oliveira Teixeira	UNIT CF	29:10	+09:12	04:10	
109	7	Christofer Santos	A. D. GRIJÓ A CORRER	29:10	+09:12	04:10	
110	357	JORGE LAGAREIRO	MC	29:12	+09:14	04:10	
111	286	Leida Bello	Individual	29:12	+09:14	04:10	
112	86	Artur Valente	Caldas S. Jorge Sport Club	29:13	+09:15	04:10	
113	136	Pedro Magalhães	EV PERALTAFIL	29:19	+09:21	04:11	
114	388	Rui Correia Brandão	Sapatilhas Verdes	29:21	+09:23	04:12	
115	184	PAULO RICARDO PAIVA GOMES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	29:24	+09:26	04:12	
116	273	Ricardo Aroucas	Individual	29:28	+09:30	04:13	
117	166	ALEXANDRE TEIXEIRA TAVARES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	29:30	+09:32	04:13	
118	392	Margarida Silva Araújo	SPORTARC	29:31	+09:33	04:13	
119	416	Bruno Azevedo	Unidos de Rossas	29:37	+09:39	04:14	
120	451	João Miguel De Pinho Teixeira	UNIT CF	29:37	+09:39	04:14	
121	91	LIGIA TORRES	Clube Atletismo de Ovar	29:39	+09:41	04:14	
122	96	PEDRO LEAL	Clube Atletismo de Ovar	29:47	+09:49	04:15	
123	77	Jorge Bernardino	CAL - Clube Atletismo de Lamas	29:48	+09:50	04:15	
124	134	Ricardo Silva	Didact Heart	29:51	+09:53	04:16	

PROVA PRINCIPAL - STAGE 1

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
125	358	Sara Costa	Núcleo de Atletismo de Cucujães	29:52	+09:54	04:16	
126	458	Mario Henrique Alves Tavares Ferreira Pinto	UNIT CF	29:55	+09:57	04:16	
127	308	Luís Gomes	Individual	29:56	+09:58	04:17	
128	112	ANA Sofia Gradiz Lamim LUÍS	Clube Desportivo Feirense	29:57	+09:59	04:17	
129	116	PEDRO Miguel Moreira LUÍS	Clube Desportivo Feirense	29:57	+09:59	04:17	
130	393	Maria Angelina Seabra da Silva	SPORTARC	30:04	+10:06	04:18	
131	138	Júlia Conceição	F.C.Penafiel	30:05	+10:07	04:18	
132	175	HUGO MIGUEL MACIEL DE ALMEIDA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	30:06	+10:08	04:18	
133	173	DIOGO SANTOS VIEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	30:15	+10:17	04:19	
134	387	José Miguel Melo Brandão	Sapatilhas Verdes	30:16	+10:18	04:19	
135	73	Manuel Ferreira	C.. D. Póvoa	30:17	+10:19	04:20	
136	288	Rosália Sousa	Individual	30:20	+10:22	04:20	
137	328	José Tavares	Individual	30:21	+10:23	04:20	
138	631	André Braz	UNIT CF	30:24	+10:26	04:21	
139	38	Carlos Marques	Alcateia do Cabouco	30:25	+10:27	04:21	
140	340	Matilde Baptista	JUVENTUDE ATLÉTICA MOZELENSE	30:27	+10:29	04:21	
141	178	JOSÉ ALEXANDRE BRANDÃO DUARTE JUSTO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	30:32	+10:34	04:22	
142	206	JORGE MIGUEL GONÇALVES CAMISÃO FERREIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	30:32	+10:34	04:22	
143	351	Luis matos	Luis matos seguros	30:36	+10:38	04:22	
144	353	Psulo ramos	Luis matos seguros	30:38	+10:40	04:23	
145	282	Carla Nunes	Individual	30:40	+10:42	04:23	
146	32	Nuno Sousa	ADC CJ CLARK de Castelo de Paiva	30:40	+10:42	04:23	
147	107	Antonio Pinto	Clube de Atletismo Estrelas de Marco de Canaveses	30:47	+10:49	04:24	
148	153	SANDRO MANUEL PINHO CRUZ	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	30:49	+10:51	04:24	
149	189	RUI JORGE TAVARES BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	30:50	+10:52	04:24	
150	355	MARA CÉLIA	MC	30:52	+10:54	04:25	
151	119	Bruno Santos	Clube Independente de Argoncilhe	30:53	+10:55	04:25	
152	356	PEDRO ROCHA	MC	30:54	+10:56	04:25	
153	146	António JF Silva	GDC Codal Vale de Cambra	30:55	+10:57	04:25	
154	375	André Pato	Sapatilhas Verdes	30:57	+10:59	04:25	
155	17	Artur Barbosa	ACR Vale de Cambra	31:00	+11:02	04:26	
156	347	Justino Soares	JUVENTUDE ATLÉTICA MOZELENSE	31:01	+11:03	04:26	
157	330	Paulo Martins (Centro Marcha Corrida VLCambra))	Individual	31:03	+11:05	04:26	
158	262	David Rego	Individual	31:05	+11:07	04:26	
159	75	Joel Santos	CAL - Clube Atletismo de Lamas	31:09	+11:11	04:27	
160	224	CARLOS ALBERTO BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	31:12	+11:14	04:27	
161	423	Ines Martingo Duarte	UNIT CF	31:14	+11:16	04:28	
162	127	António Jorge Soares Oliveira	CMMC Vale de Cambra	31:15	+11:17	04:28	
163	74	Sergio Silva	C.. D. Póvoa	31:18	+11:20	04:28	
164	349	Pierre Alain	JUVENTUDE ATLÉTICA MOZELENSE	31:18	+11:20	04:28	

PROVA PRINCIPAL - STAGE 1**7 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
165	188	RICARDO FILIPE GONÇALVES TEIXEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	31:19	+11:21	04:28	
166	72	Fátima Silva	C.. D. Póvoa	31:21	+11:23	04:29	
167	132	Silvio Carvalho	CMMC Vale de Cambra	31:22	+11:24	04:29	
168	64	Carlos Alberto de Lima Bruno	ATIVA-TE	31:24	+11:26	04:29	
169	403	Ana del pino	Team Runners	31:26	+11:28	04:29	
170	20	Celso Paiva	ACR Vale de Cambra	31:30	+11:32	04:30	
171	30	Fernando Jesus	ADC CJ CLARK de Castelo de Paiva	31:31	+11:33	04:30	
172	182	MICKAEL PEREIRA MENDES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	31:33	+11:35	04:30	
173	278	Wilson Almeida	Individual	31:37	+11:39	04:31	
174	66	Hélder Ramiro	ATIVA-TE	31:37	+11:39	04:31	
175	431	João Veleda	UNIT CF	31:46	+11:48	04:32	
176	179	JOSE MICAEL ALMEIDA GOMES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	31:48	+11:50	04:33	
177	445	Cristiano Pinho Oliveira	UNIT CF	31:49	+11:51	04:33	
178	471	Bruno Manuel Alves Da Silva	UNIT CF	31:49	+11:51	04:33	
179	298	Davide Rocha	Individual	31:53	+11:55	04:33	
180	346	José Reis	JUVENTUDE ATLÉTICA MOZELENSE	31:55	+11:57	04:34	
181	390	José Oliveira	Sentir Escariz running	31:57	+11:59	04:34	
182	637	José Teixeira	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	32:02	+12:04	04:35	
183	457	Mario Fernando De Jesus Brandão	UNIT CF	32:08	+12:10	04:35	
184	479	Ricardo Moreira Silava	Individual	32:10	+12:12	04:36	
185	421	Daniel Aguiar	Unidos de Rossas	32:12	+12:14	04:36	
186	299	Helder Ribeiro	Individual	32:15	+12:17	04:36	
187	210	NELSON ALMEIDA DUARTE	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	32:17	+12:19	04:37	
188	29	Adélia Tavares	ADC CJ CLARK de Castelo de Paiva	32:19	+12:21	04:37	
189	427	Diogo Filipe Gomes De Pinho	UNIT CF	32:20	+12:22	04:37	
190	152	BRUNO TEIXEIRA PAIVA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	32:21	+12:23	04:37	
191	296	Anthony Suarez	Individual	32:25	+12:27	04:38	
192	218	SERGIO TAVARES DE ALMEIDA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	32:27	+12:29	04:38	
193	35	Pedro Necho	AFIS/OVAR	32:31	+12:33	04:39	
194	306	José Lourenço	Individual	32:33	+12:35	04:39	
195	309	Luís Rocha	Individual	32:40	+12:42	04:40	
196	348	Manuel Oliveira	JUVENTUDE ATLÉTICA MOZELENSE	32:43	+12:45	04:40	
197	326	Joaquim Oliveira	Individual	32:46	+12:48	04:41	
198	169	Cristophe Maciel de Almeida	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	32:46	+12:48	04:41	
199	474	Jorge Filipe Brandao Gomes Da Rocha	UNIT CF	32:49	+12:51	04:41	
200	455	Jose Miguel Moreira Marques	UNIT CF	32:49	+12:51	04:41	
201	327	Joaquim silva costa	Clube Atletismo de Ovar	32:55	+12:57	04:42	
202	407	Angelina Pinho	Team Runners	33:00	+13:02	04:43	
203	414	Fernando Leite	Team Runners	33:00	+13:02	04:43	

PROVA PRINCIPAL - STAGE 1

7 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
204	201	ANTÓNIO JORGE COSTA TEIXEIRA SANTOS TAVARES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	33:03	+13:05	04:43	
205	371	José Matos	RECREIO DESPORTIVO DE ÁGUEDA	33:08	+13:10	04:44	
206	16	Susana Martins	ACR Vale de Cambra	33:08	+13:10	04:44	
207	345	Américo Vicente	JUVENTUDE ATLÉTICA MOZELENSE	33:09	+13:11	04:44	
208	409	Bruno Pinho	Team Runners	33:11	+13:13	04:44	
209	70	Conceição Santos	C.. D. Póvoa	33:13	+13:15	04:45	
210	115	Marco António Gomes Gonçalves	Clube Desportivo Feirense	33:21	+13:23	04:46	
211	452	Joaquim Fernando Soares	UNIT CF	33:21	+13:23	04:46	
212	324	frenando Tavares	Individual	33:23	+13:25	04:46	
213	397	Joana Isabel Brandão Aguiar	SPORTARC	33:26	+13:28	04:47	
214	472	Daniel Belém de Almeida Duarte	UNIT CF	33:27	+13:29	04:47	
215	124	Nélson Tavares	CMMC Vale de Cambra	33:32	+13:34	04:47	
216	68	José Silva	C. A. Os Gaienses/Toyota	33:32	+13:34	04:47	
217	473	Daniel de Almeida Paiva	UNIT CF	33:42	+13:44	04:49	
218	106	Pedro Amaral	Clube de Atletismo Estrelas de Marco de Canaveses	33:47	+13:49	04:50	
219	292	Fernanda Ramalho	A. D. GRIJÓ A CORRER	33:50	+13:52	04:50	
220	413	Duarte Vasconcelos	Team Runners	33:59	+14:01	04:51	
221	410	Hélder Santos	Team Runners	34:00	+14:02	04:51	
222	203	BRUNO MIGUEL TEIXEIRA PINHO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	34:10	+14:12	04:53	
223	209	MIGUEL ALEXANDRE SILVA OLIVEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	34:11	+14:13	04:53	
224	121	Manuel santos	Clube Independente de Argoncilhe	34:23	+14:25	04:55	
225	476	Celeste Oliveira	Villa Cesari	34:24	+14:26	04:55	
226	365	João Gomes	Os Bichos	34:25	+14:27	04:55	
227	57	Xavier Mota	ATIVA-TE	34:26	+14:28	04:55	
228	190	VITOR MANUEL DA SILVA ROCHA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	34:31	+14:33	04:56	
229	6	João Gabriel Duarte Barbosa	4540 Jovem	34:36	+14:38	04:57	
230	430	Ana Rita De Pinho Azevedo	UNIT CF	34:36	+14:38	04:57	
231	118	João Santos	Clube Independente de Argoncilhe	34:37	+14:39	04:57	
232	372	Diogo Filipe Alves Reis	Sapatilhas Verdes	34:40	+14:42	04:57	
233	295	Alberto Miguel Sousa Vítelo	Individual	34:42	+14:44	04:57	
234	223	VITOR MANUEL TAVARES BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	34:44	+14:46	04:58	
235	171	DIOGO FILIPE PINA DA SILVA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	34:49	+14:51	04:58	
236	228	JOSÉ DE OLIVEIRA CASTRO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	34:50	+14:52	04:59	
237	19	José Pinho	ACR Vale de Cambra	34:53	+14:55	04:59	
238	28	Ângela Silva	ADC CJ CLARK de Castelo de Paiva	34:57	+14:59	05:00	
239	167	ANDRÉ TEIXEIRA DA SILVA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	34:57	+14:59	05:00	
240	303	Joaquim Malheiro	Individual	34:59	+15:01	05:00	
241	176	JOÃO AGUIAR SOARES TEIXEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	35:07	+15:09	05:01	
242	151	BRUNO FILIPE BRANDÃO PINHO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	35:09	+15:11	05:01	

PROVA PRINCIPAL - STAGE 1

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
282	215	PEDRO MIGUEL MENDES OLIVEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	37:27	+17:29	05:21	
283	469	Antero Roque	UNIT CF	37:40	+17:42	05:23	
284	47	Raquel Tavares	ATIVA-TE	37:40	+17:42	05:23	
285	187	RAFAEL DUARTE BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	37:49	+17:51	05:24	
286	155	BEATRIZ AGUIAR SOARES TEIXEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	37:50	+17:52	05:24	
287	422	José Paulo Oliveira	Unidos de Rossas	37:52	+17:54	05:25	
288	191	Adélio Duarte	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	37:52	+17:54	05:25	
289	263	Diogo Tavares	Individual	37:57	+17:59	05:25	
290	311	Nuno Bastos	Individual	37:58	+18:00	05:25	
291	142	Vera Fernandes	Fernandes Mota	37:58	+18:00	05:25	
292	141	Miguel Mota	Fernandes Mota	37:59	+18:01	05:26	
293	130	Fernando Jorge Leite	CMMC Vale de Cambra	38:00	+18:02	05:26	
294	449	Gonçalo Teixeira Gomes	UNIT CF	38:00	+18:02	05:26	
295	126	Claudia Quaresma	CMMC Vale de Cambra	38:02	+18:04	05:26	
296	128	Carlos Brandão	CMMC Vale de Cambra	38:02	+18:04	05:26	
297	131	JOSE ALMEIDA	CMMC Vale de Cambra	38:05	+18:07	05:26	
298	125	Maria Relvas	CMMC Vale de Cambra	38:05	+18:07	05:26	
299	284	Dulce Almeida	Individual	38:15	+18:17	05:28	
300	433	Catarina Teixeira de Almeida	UNIT CF	38:18	+18:20	05:28	
301	58	Ana cabral	ATIVA-TE	38:20	+18:22	05:29	
302	185	PEDRO ALEXANDRE TAVARES GOMES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	38:24	+18:26	05:29	
303	168	César Augusto Gomes Duarte	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	38:24	+18:26	05:29	
304	459	Miguel Angelo Da Silva Soares	UNIT CF	38:27	+18:29	05:30	
305	338	Fátima Baptista	JUVENTUDE ATLÉTICA MOZELENSE	38:28	+18:30	05:30	
306	165	TELMA FERNANDES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	38:31	+18:33	05:30	
307	382	António Vieira dos Reis	Sapatilhas Verdes	38:34	+18:36	05:31	
308	129	Carlos Rodrigues	CMMC Vale de Cambra	38:36	+18:38	05:31	
309	256	Juliana Ribeiro	Individual	38:46	+18:48	05:32	
310	261	André Toste	Individual	38:47	+18:49	05:32	
311	321	antonio costa	Individual	38:52	+18:54	05:33	
312	435	Cristiana Filipa Sousa Rocha	UNIT CF	38:56	+18:58	05:34	
313	428	Alexandra Costa	UNIT CF	38:57	+18:59	05:34	
314	360	Beatriz Brito	Os Bichos	39:00	+19:02	05:34	
315	300	Hugo Amaral	Individual	39:04	+19:06	05:35	
316	85	António Bernardo	Caldas S. Jorge Sport Club	39:04	+19:06	05:35	
317	82	Maria Goretti da Silva	Caldas S. Jorge Sport Club	39:05	+19:07	05:35	
318	227	FERNANDO PINHO DE ALMEIDA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	39:09	+19:11	05:36	
319	269	Luís Carlos Pereira Pinto	Individual	39:11	+19:13	05:36	
320	67	Fernando Paiva	ATIVA-TE	39:15	+19:17	05:36	
321	221	VITOR ÂNGELO COSTA AZEVEDO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	39:15	+19:17	05:36	

PROVA PRINCIPAL - STAGE 1

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
360	289	Sílvia Teixeira Rodrigues	Individual	41:54	+21:56	05:59	
361	252	Beatriz Azevedo	Individual	41:56	+21:58	05:59	
362	254	Cecília Pato	Individual	42:00	+22:02	06:00	
363	384	João Pedro Martins	Sapatilhas Verdes	42:25	+22:27	06:04	
364	438	Liliana Fernandes Soares	UNIT CF	42:25	+22:27	06:04	
365	229	JOSÉ TEIXEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	42:37	+22:39	06:05	
366	310	Mário Brandão	Individual	42:53	+22:55	06:08	
367	441	Tatiana Fabrícia Ribeiro Duarte	UNIT CF	43:08	+23:10	06:10	
368	465	Ana Paula Monteiro Silva	UNIT CF	43:14	+23:16	06:11	
369	436	Fabiana Raquel Da Costa Gonçalves	UNIT CF	43:22	+23:24	06:12	
370	207	MARCOS ANDRÉ BRANDÃO FERNANDES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	43:22	+23:24	06:12	
371	381	Susana Teixeira	Sapatilhas Verdes	43:50	+23:52	06:16	
372	205	FERNANDO DA ROCHA TAVARES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	43:52	+23:54	06:16	
373	46	Núria Sousa	ATIVA-TE	43:55	+23:57	06:16	
374	5	Cátia Filipa Soares da Silva Cardoso	4540 Jovem	44:04	+24:06	06:18	
375	461	Roberto Carlos Pinho Ferreira	UNIT CF	44:05	+24:07	06:18	
376	462	Sergio Alexandre Cruz Paiva	UNIT CF	44:18	+24:20	06:20	
377	258	Mariana Soares	Individual	44:33	+24:35	06:22	
378	268	Leandro Filipe Duarte Soares	Individual	44:33	+24:35	06:22	
379	195	CARINA SOFIA DE PINHO CORREIA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	44:40	+24:42	06:23	
380	477	Ana Ferreira	Individual	44:44	+24:46	06:23	
381	159	ELIANA GOMES DUARTE	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	45:03	+25:05	06:26	
382	401	Maria Alice PintoFernandes	SSTSJM	45:10	+25:12	06:27	
383	339	Marinha Baptista	JUVENTUDE ATLÉTICA MOZELENSE	45:20	+25:22	06:29	
384	363	Madalena Vilar	Os Bichos	45:24	+25:26	06:29	
385	162	JULIANA PATRÍCIA PAULO DUARTE	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	45:26	+25:28	06:29	
386	335	Inês Santos	JUVENTUDE ATLÉTICA MOZELENSE	45:28	+25:30	06:30	
387	470	Antonio Manuel Soares Da Rocha	UNIT CF	45:38	+25:40	06:31	
388	83	Maria Valente	Caldas S. Jorge Sport Club	45:44	+25:46	06:32	
389	81	Lilanana Costa	Caldas S. Jorge Sport Club	45:56	+25:58	06:34	
390	60	Maria Silva	ATIVA-TE	46:20	+26:22	06:37	
391	196	Mariana Filipa Silva Sousa	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	46:25	+26:27	06:38	
392	467	Gracinda Paula Duarte Ferreira	UNIT CF	46:36	+26:38	06:39	
393	199	FERNANDA MARIA BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	46:40	+26:42	06:40	
394	45	Marta Sousa	ATIVA-TE	47:00	+27:02	06:43	
395	429	Ana Daniela Pinto Dos Santos	UNIT CF	47:03	+27:05	06:43	
396	634	Coulibaly	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	47:04	+27:06	06:43	
397	23	Beatriz Cunha	ADC CJ CLARK de Castelo de Paiva	47:04	+27:06	06:43	

PROVA PRINCIPAL - STAGE 1

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
398	255	Cláudia Fonseca	Individual	47:09	+27:11	06:44	
399	150	SOFIA MARIE ROSE BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	47:21	+27:23	06:46	
400	305	Jose Jeronimo	Individual	47:45	+27:47	06:49	
401	44	Mara Pinheiro	ATIVA-TE	47:59	+28:01	06:51	
402	364	Tina Fartash-Naini	Os Bichos	48:08	+28:10	06:53	
403	43	Joana Pinto	ATIVA-TE	48:48	+28:50	06:58	
404	442	Vânia Cristina Oliveira Assunção	UNIT CF	48:55	+28:57	06:59	
405	37	Luisa Marques	Alcateia do Cabouco	49:03	+29:05	07:00	
406	80	Carina Marques	Caldas S. Jorge Sport Club	49:33	+29:35	07:05	
407	257	Mafalda Garrido	Individual	50:19	+30:21	07:11	
408	158	EDUARDA VIEIRA DA CUNHA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	50:51	+30:53	07:16	
409	192	ANA MARIA DA ROCHA TAVARES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	50:52	+30:54	07:16	
410	337	Sandra Pinto	JUVENTUDE ATLÉTICA MOZELENSE	51:22	+31:24	07:20	
411	377	Juliana Soares	Sapatilhas Verdes	52:12	+32:14	07:27	
412	398	Paula Teixeira	SPORTARC	52:16	+32:18	07:28	
413	373	ANDREIA FERREIRA	Sapatilhas Verdes	52:22	+32:24	07:29	
414	160	JENNIFER AGUILA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	52:48	+32:50	07:33	
415	437	Liliana Duarte Sousa	UNIT CF	53:04	+33:06	07:35	
416	424	Matilde Sousa Bessa	UNIT CF	53:05	+33:07	07:35	
417	197	Marilyne Tavares Almeida	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	53:21	+33:23	07:37	
418	341	Rosina Couto	JUVENTUDE ATLÉTICA MOZELENSE	54:21	+34:23	07:46	
419	440	Sylvie Tavares De Almeida	UNIT CF	54:23	+34:25	07:46	
420	378	Mariana Almeida	Sapatilhas Verdes	54:24	+34:26	07:46	
421	385	Paulo Teixeira	Sapatilhas Verdes	54:25	+34:27	07:46	
422	376	Eva Luciana Ferreira Alves	Sapatilhas Verdes	54:52	+34:54	07:50	
423	226	CASIMIRO DE JESUS FARIA DE OLIVEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	55:32	+35:34	07:56	
424	336	Regina Silva	JUVENTUDE ATLÉTICA MOZELENSE	55:33	+35:35	07:56	
425	432	Beatriz De Almeida Teixeira	UNIT CF	55:39	+35:41	07:57	
426	453	José António Sousa Gonçalves	UNIT CF	55:39	+35:41	07:57	
427	466	Delminda Filipa Nogueira Silva	UNIT CF	55:41	+35:43	07:57	
428	334	Andreia Rodrigues	JUVENTUDE ATLÉTICA MOZELENSE	56:05	+36:07	08:01	
429	343	João Rodrigues	JUVENTUDE ATLÉTICA MOZELENSE	56:08	+36:10	08:01	
430	13	Ana Pinho	ACR Vale de Cambra	56:30	+36:32	08:04	
431	161	JÉSSICA ALEXANDRA PEREIRA RUIVO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	01:03:05	+43:07	09:01	

Prova Principal

7 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	17:00	33,2°C	22%
End	18:03	33,2°C	22%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Feminino

1	392	Margarida Silva Araújo	SPORTARC	Junior Feminino	29:31		04:13
2	423	Ines Martingo Duarte	UNIT CF	Junior Feminino	31:14	+01:43	04:28
3	425	Sofia Goncalves Ferro	UNIT CF	Junior Feminino	36:16	+06:45	05:11
4	23	Beatriz Cunha	ADC CJ CLARK de Castelo de Paiva	Junior Feminino	47:04	+17:33	06:43
5	150	SOFIA MARIE ROSE BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Junior Feminino	47:21	+17:49	06:46
6	424	Matilde Sousa Bessa	UNIT CF	Junior Feminino	53:05	+23:33	07:35

Junior Masculino

1	232	Edgar Ortiz	Grupo Desportivo e Cultural de Castelo de Paiva	Junior Masculino	25:06		03:35
2	153	SANDRO MANUEL PINHO CRUZ	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Junior Masculino	30:49	+05:43	04:24
3	479	Ricardo Moreira Silava	Individual	Junior Masculino	32:10	+07:03	04:36
4	427	Diogo Filipe Gomes De Pinho	UNIT CF	Junior Masculino	32:20	+07:13	04:37
5	152	BRUNO TEIXEIRA PAIVA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Junior Masculino	32:21	+07:15	04:37
6	372	Diogo Filipe Alves Reis	Sapatilhas Verdes	Junior Masculino	34:40	+09:33	04:57
7	151	BRUNO FILIPE BRANDÃO PINHO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Junior Masculino	35:09	+10:02	05:01
8	426	Afonso Sobral Ferreira	UNIT CF	Junior Masculino	37:14	+12:07	05:19
9	24	César Mendes	ADC CJ CLARK de Castelo de Paiva	Junior Masculino	40:58	+15:52	05:51

Senior Feminino

1	367	CARLA MARTINHO	RECREIO DESPORTIVO DE ÁGUEDA	Senior Feminino	23:28		03:21
2	113	Margarida da Silva Oliveira	Clube Desportivo Feirense	Senior Feminino	25:11	+01:43	03:36
3	39	Lara Costa	ARADA ATLÉTICO CLUBE	Senior Feminino	25:34	+02:06	03:39
4	34	Inês Silva Gonçalves	AFIS/OVAR	Senior Feminino	26:07	+02:39	03:44
5	135	Filipa Diamantino	Escola de atletismo da Trofa	Senior Feminino	29:05	+05:37	04:09
6	112	ANA Sofia Gradiz Lamim LUÍS	Clube Desportivo Feirense	Senior Feminino	29:57	+06:29	04:17
7	476	Celeste Oliveira	Villa Cesari	Senior Feminino	34:24	+10:56	04:55
8	430	Ana Rita De Pinho Azevedo	UNIT CF	Senior Feminino	34:36	+11:08	04:57
9	48	Rosana Moreira	ATIVA-TE	Senior Feminino	36:15	+12:47	05:11
10	42	Diana Miller	ATIVA-TE	Senior Feminino	36:30	+13:02	05:13
11	163	MARGARIDA GOMES OLIVEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Feminino	37:10	+13:42	05:19

Prova Principal

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

12	49	TATIANA LIMA	ATIVA-TE	Senior Feminino	37:24	+13:56	05:21
13	47	Raquel Tavares	ATIVA-TE	Senior Feminino	37:40	+14:12	05:23
14	155	BEATRIZ AGUIAR SOARES TEIXEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Feminino	37:50	+14:22	05:24
15	433	Catarina Teixeira de Almeida	UNIT CF	Senior Feminino	38:18	+14:50	05:28
16	165	TELMA FERNANDES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Feminino	38:31	+15:03	05:30
17	256	Juliana Ribeiro	Individual	Senior Feminino	38:46	+15:18	05:32
18	435	Cristiana Filipa Sousa Rocha	UNIT CF	Senior Feminino	38:56	+15:28	05:34
19	428	Alexandra Costa	UNIT CF	Senior Feminino	38:57	+15:29	05:34
20	360	Beatriz Brito	Os Bichos	Senior Feminino	39:00	+15:31	05:34
21	25	Andreia Teixeira	ADC CJ CLARK de Castelo de Paiva	Senior Feminino	39:47	+16:19	05:41
22	164	Mariana De Pinto Almeida	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Feminino	39:51	+16:22	05:42
23	374	Magda Duarte	Sapatilhas Verdes	Senior Feminino	40:14	+16:45	05:45
24	10	Rita Martins	ACR Vale de Cambra	Senior Feminino	40:29	+17:01	05:47
25	157	CRISTIANA RAQUEL PAIVA DUARTE	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Feminino	41:17	+17:49	05:54
26	156	CECÍLIA TAVARES TEIXEIRA VIEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Feminino	41:29	+18:01	05:56
27	434	Cláudia Patrícia Ribeiro Sousa	UNIT CF	Senior Feminino	41:30	+18:02	05:56
28	361	Joana Gomes	Os Bichos	Senior Feminino	41:37	+18:09	05:57
29	362	Luciana Vilar	Os Bichos	Senior Feminino	41:47	+18:19	05:58
30	252	Beatriz Azevedo	Individual	Senior Feminino	41:56	+18:28	05:59
31	254	Cecília Pato	Individual	Senior Feminino	42:00	+18:32	06:00
32	438	Liliana Fernandes Soares	UNIT CF	Senior Feminino	42:25	+18:57	06:04
33	441	Tatiana Fabrícia Ribeiro Duarte	UNIT CF	Senior Feminino	43:08	+19:40	06:10
34	436	Fabiana Raquel Da Costa Gonçalves	UNIT CF	Senior Feminino	43:22	+19:53	06:12
35	46	Núria Sousa	ATIVA-TE	Senior Feminino	43:55	+20:27	06:16
36	5	Cátia Filipa Soares da Silva Cardoso	4540 Jovem	Senior Feminino	44:04	+20:36	06:18
37	258	Mariana Soares	Individual	Senior Feminino	44:33	+21:05	06:22
38	477	Ana Ferreira	Individual	Senior Feminino	44:44	+21:16	06:23
39	159	ELIANA GOMES DUARTE	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Feminino	45:03	+21:35	06:26
40	363	Madalena Vilar	Os Bichos	Senior Feminino	45:24	+21:56	06:29
41	162	JULIANA PATRÍCIA PAULO DUARTE	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Feminino	45:26	+21:58	06:29
42	45	Marta Sousa	ATIVA-TE	Senior Feminino	47:00	+23:32	06:43
43	429	Ana Daniela Pinto Dos Santos	UNIT CF	Senior Feminino	47:03	+23:35	06:43
44	255	Cláudia Fonseca	Individual	Senior Feminino	47:09	+23:41	06:44
45	44	Mara Pinheiro	ATIVA-TE	Senior Feminino	47:59	+24:31	06:51
46	364	Tina Fartash-Naini	Os Bichos	Senior Feminino	48:08	+24:40	06:53
47	43	Joana Pinto	ATIVA-TE	Senior Feminino	48:48	+25:20	06:58
48	442	Vânia Cristina Oliveira Assunção	UNIT CF	Senior Feminino	48:55	+25:27	06:59
49	257	Mafalda Garrido	Individual	Senior Feminino	50:19	+26:51	07:11
50	158	EDUARDA VIEIRA DA CUNHA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Feminino	50:51	+27:23	07:16
51	373	ANDREIA FERREIRA	Sapatilhas Verdes	Senior Feminino	52:22	+28:54	07:29

Prova Principal

7 KM

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OFFICIAL RESULT

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52	160	JENNIFER AGUILA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Feminino	52:48	+29:19	07:33
53	437	Liliana Duarte Sousa	UNIT CF	Senior Feminino	53:04	+29:36	07:35
54	440	Sylvie Tavares De Almeida	UNIT CF	Senior Feminino	54:23	+30:55	07:46
55	432	Beatriz De Almeida Teixeira	UNIT CF	Senior Feminino	55:39	+32:11	07:57
56	334	Andreia Rodrigues	JUVENTUDE ATLÉTICA MOZELENSE	Senior Feminino	56:05	+32:37	08:01
57	161	JÉSSICA ALEXANDRA PEREIRA RUIVO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Feminino	01:03:05	+39:37	09:01

Senior Masculino

1	366	Joao Almeida	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	20:18		02:54
2	9	Samuel Rios	Maia AC	Senior Masculino	21:31	+01:12	03:04
3	276	Telmo Nascimento	Individual	Senior Masculino	22:25	+02:06	03:12
4	27	Pedro Moreira	ADC CJ CLARK de Castelo de Paiva	Senior Masculino	23:29	+03:10	03:21
5	26	Bruno Pinheiro	ADC CJ CLARK de Castelo de Paiva	Senior Masculino	23:29	+03:10	03:21
6	242	LEANDRO MANUEL MARQUES PEREIRA	Grupo Desportivo e Cultural de Guilhovai	Senior Masculino	23:56	+03:37	03:25
7	11	Marco Pinho	ACR Vale de Cambra	Senior Masculino	24:00	+03:41	03:26
8	55	Marco Oliveira	ATIVA-TE	Senior Masculino	24:06	+03:47	03:27
9	137	José Machado	F.C.Penafiel	Senior Masculino	24:11	+03:52	03:27
10	454	Jose Miguel Barbosa De Pinho	UNIT CF	Senior Masculino	24:22	+04:03	03:29
11	53	João Oliveira	ATIVA-TE	Senior Masculino	24:38	+04:19	03:31
12	78	Ricardo País	Caldas S. Jorge Sport Club	Senior Masculino	25:06	+04:47	03:35
13	394	Ricardo Fusco	Sport Comércio e Salgueiros	Senior Masculino	25:15	+04:56	03:36
14	105	Pedro Amaral	Clube de Atletismo Estrelas de Marco de Canaveses	Senior Masculino	25:32	+05:13	03:39
15	270	Marcelo Sousa	ATIVA-TE	Senior Masculino	25:38	+05:20	03:40
16	79	Tiago Oliveira	Caldas S. Jorge Sport Club	Senior Masculino	26:38	+06:19	03:48
17	99	Gustavo Lima	Clube Campismo	Senior Masculino	26:50	+06:31	03:50
18	98	Flávio Cunha	Clube Campismo	Senior Masculino	27:08	+06:49	03:53
19	88	Pedro Silva	Casas Adriano Astromil Clube	Senior Masculino	27:16	+06:57	03:54
20	447	Fabio Daniel Azevedo Garrido	UNIT CF	Senior Masculino	27:48	+07:29	03:58
21	446	Daniel Cruz Teixeira	UNIT CF	Senior Masculino	28:00	+07:41	04:00
22	51	Filipe Sousa	ATIVA-TE	Senior Masculino	28:09	+07:50	04:01
23	417	FILIPE ALEXANDRE MOREIRA FONSECA	Unidos de Rossas	Senior Masculino	28:21	+08:03	04:03
24	443	Antonio Vicente Teixeira Goncalves De Brito	UNIT CF	Senior Masculino	28:38	+08:19	04:05
25	463	Sérgio Filipe Ferreira Quaresma	UNIT CF	Senior Masculino	28:42	+08:23	04:06
26	418	Vítor Hugo Tavares de Pinho	Unidos de Rossas	Senior Masculino	28:50	+08:31	04:07
27	52	Gonçalo Tavares	ATIVA-TE	Senior Masculino	29:00	+08:41	04:09
28	266	Igor Gomes	Individual	Senior Masculino	29:03	+08:44	04:09
29	87	ANDRE LOPES	Casa do Benfica em Paredes	Senior Masculino	29:04	+08:45	04:09
30	444	Carlos Filipe Oliveira Teixeira	UNIT CF	Senior Masculino	29:10	+08:51	04:10

Prova Principal

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OFFICIAL RESULT

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31	7	Christofer Santos	A. D. GRIJÓ A CORRER	Senior Masculino	29:10	+08:51	04:10
32	136	Pedro Magalhães	EV PERALTAFIL	Senior Masculino	29:19	+09:01	04:11
33	184	PAULO RICARDO PAIVA GOMES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	29:24	+09:05	04:12
34	273	Ricardo Aroucas	Individual	Senior Masculino	29:28	+09:09	04:13
35	166	ALEXANDRE TEIXEIRA TAVARES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	29:30	+09:11	04:13
36	416	Bruno Azevedo	Unidos de Rossas	Senior Masculino	29:37	+09:18	04:14
37	451	João Miguel De Pinho Teixeira	UNIT CF	Senior Masculino	29:37	+09:18	04:14
38	458	Mario Henrique Alves Tavares Ferreira Pinto	UNIT CF	Senior Masculino	29:55	+09:36	04:16
39	175	HUGO MIGUEL MACIEL DE ALMEIDA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	30:06	+09:48	04:18
40	173	DIOGO SANTOS VIEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	30:15	+09:56	04:19
41	631	André Braz	UNIT CF	Senior Masculino	30:24	+10:05	04:21
42	178	JOSÉ ALEXANDRE BRANDÃO DUARTE JUSTO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	30:32	+10:13	04:22
43	189	RUI JORGE TAVARES BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	30:50	+10:31	04:24
44	375	André Pato	Sapatilhas Verdes	Senior Masculino	30:57	+10:38	04:25
45	262	David Rego	Individual	Senior Masculino	31:05	+10:46	04:26
46	188	RICARDO FILIPE GONÇALVES TEIXEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	31:19	+11:00	04:28
47	182	MICKAEL PEREIRA MENDES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	31:33	+11:15	04:30
48	278	Wilson Almeida	Individual	Senior Masculino	31:37	+11:18	04:31
49	431	João Veleza	UNIT CF	Senior Masculino	31:46	+11:27	04:32
50	179	JOSE MICAEL ALMEIDA GOMES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	31:48	+11:29	04:33
51	445	Cristiano Pinho Oliveira	UNIT CF	Senior Masculino	31:49	+11:30	04:33
52	457	Mario Fernando De Jesus Brandão	UNIT CF	Senior Masculino	32:08	+11:49	04:35
53	169	Cristophe Maciel de Almeida	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	32:46	+12:28	04:41
54	455	Jose Miguel Moreira Marques	UNIT CF	Senior Masculino	32:49	+12:30	04:41
55	452	Joaquim Fernando Soares	UNIT CF	Senior Masculino	33:21	+13:02	04:46
56	124	Nélson Tavares	CMMC Vale de Cambra	Senior Masculino	33:32	+13:13	04:47
57	106	Pedro Amaral	Clube de Atletismo Estrelas de Marco de Canaveses	Senior Masculino	33:47	+13:28	04:50
58	57	Xavier Mota	ATIVA-TE	Senior Masculino	34:26	+14:07	04:55
59	190	VITOR MANUEL DA SILVA ROCHA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	34:31	+14:12	04:56
60	6	João Gabriel Duarte Barbosa	4540 Jovem	Senior Masculino	34:36	+14:17	04:57
61	118	João Santos	Clube Independente de Argoncilhe	Senior Masculino	34:37	+14:18	04:57
62	171	DIOGO FILIPE PINA DA SILVA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	34:49	+14:30	04:58
63	167	ANDRÉ TEIXEIRA DA SILVA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	34:57	+14:38	05:00
64	176	JOÃO AGUIAR SOARES TEIXEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	35:07	+14:48	05:01
65	186	Pedro Filipe Santos Pinto	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	35:35	+15:16	05:05

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Prova Principal

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OFFICIAL RESULT

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66	456	Manuel Alberto Teixeira Brandao	UNIT CF	Senior Masculino	35:48	+15:29	05:07
67	275	Ruben Almeida	Individual	Senior Masculino	36:18	+15:59	05:11
68	402	André Ribeiro	Team Runners	Senior Masculino	36:22	+16:03	05:12
69	172	DIOGO REIS	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	36:32	+16:13	05:13
70	274	Ricardo Quintas	Individual	Senior Masculino	37:13	+16:54	05:19
71	187	RAFAEL DUARTE BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	37:49	+17:30	05:24
72	263	Diogo Tavares	Individual	Senior Masculino	37:57	+17:38	05:25
73	141	Miguel Mota	Fernandes Mota	Senior Masculino	37:59	+17:40	05:26
74	449	Gonçalo Teixeira Gomes	UNIT CF	Senior Masculino	38:00	+17:41	05:26
75	185	PEDRO ALEXANDRE TAVARES GOMES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	38:24	+18:05	05:29
76	168	César Augusto Gomes Duarte	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	38:24	+18:05	05:29
77	459	Miguel Angelo Da Silva Soares	UNIT CF	Senior Masculino	38:27	+18:08	05:30
78	261	André Toste	Individual	Senior Masculino	38:47	+18:28	05:32
79	269	Luís Carlos Pereira Pinto	Individual	Senior Masculino	39:11	+18:52	05:36
80	174	HÉLDER FERNANDO BRANDÃO ANTUNES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	39:37	+19:18	05:40
81	180	JOSE PAULO BRANDÃO ANTUNES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	39:38	+19:19	05:40
82	450	Henrique Manuel Sousa Duarte	UNIT CF	Senior Masculino	39:38	+19:19	05:40
83	54	Marco Oliveira	ATIVA-TE	Senior Masculino	39:40	+19:21	05:40
84	259	André Filipe de Oliveira Moreira	Individual	Senior Masculino	39:46	+19:27	05:41
85	177	JOÃO SEABRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	40:29	+20:10	05:47
86	50	André Paiva	ATIVA-TE	Senior Masculino	40:54	+20:35	05:51
87	460	Ricardo Daniel Rodrigues De Pinho	UNIT CF	Senior Masculino	41:00	+20:41	05:51
88	448	Gonçalo Filipe Montenegro Garces	UNIT CF	Senior Masculino	41:21	+21:02	05:54
89	265	Henrique Quintas	Individual	Senior Masculino	41:30	+21:11	05:56
90	264	Diogo Tomás da Silva Pereira	Individual	Senior Masculino	41:35	+21:16	05:56
91	170	DANIEL CARDOSO VIEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Senior Masculino	41:45	+21:26	05:58
92	461	Roberto Carlos Pinho Ferreira	UNIT CF	Senior Masculino	44:05	+23:46	06:18
93	462	Sergio Alexandre Cruz Paiva	UNIT CF	Senior Masculino	44:18	+23:59	06:20
94	268	Leandro Filipe Duarte Soares	Individual	Senior Masculino	44:33	+24:14	06:22
95	453	José António Sousa Gonçalves	UNIT CF	Senior Masculino	55:39	+35:20	07:57

Veterana F35

1	285	Estela Melo	Individual	Veterana F35	24:50		03:33
2	368	Joana Nunes	RECREIO DESPORTIVO DE ÁGUEDA	Veterana F35	25:10	+00:20	03:36
3	245	SANDRA CRISTINA DE OLIVEIRA FERREIRA	Grupo Desportivo e Cultural de Guilhovai	Veterana F35	25:25	+00:34	03:38
4	281	Carla de Almeida	Individual	Veterana F35	26:34	+01:43	03:48
5	396	Andreia Noites	SPORTARC	Veterana F35	28:52	+04:02	04:07
6	286	Leida Bello	Individual	Veterana F35	29:12	+04:22	04:10

Prova Principal

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OFFICIAL RESULT

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47	378	Mariana Almeida	Sapatilhas Verdes	Veterana F35	54:24	+29:33	07:46
48	376	Eva Luciana Ferreira Alves	Sapatilhas Verdes	Veterana F35	54:52	+30:02	07:50
49	336	Regina Silva	JUVENTUDE ATLÉTICA MOZELENSE	Veterana F35	55:33	+30:42	07:56
50	466	Delminda Filipa Nogueira Silva	UNIT CF	Veterana F35	55:41	+30:50	07:57

Veterana F50

1	8	Regina Gilvaz	NUCLEO DE ATLETISMO DE CUCUJÃES	Veterana F50	27:59		04:00
2	393	Maria Angelina Seabra da Silva	SPORTARC	Veterana F50	30:04	+02:04	04:18
3	138	Júlia Conceição	F.C.Penafiel	Veterana F50	30:05	+02:05	04:18
4	340	Matilde Baptista	JUVENTUDE ATLÉTICA MOZELENSE	Veterana F50	30:27	+02:27	04:21
5	72	Fátima Silva	C.. D. Póvoa	Veterana F50	31:21	+03:22	04:29
6	29	Adélia Tavares	ADC CJ CLARK de Castelo de Paiva	Veterana F50	32:19	+04:19	04:37
7	407	Angelina Pinho	Team Runners	Veterana F50	33:00	+05:00	04:43
8	16	Susana Martins	ACR Vale de Cambra	Veterana F50	33:08	+05:09	04:44
9	292	Fernanda Ramalho	A. D. GRIJÓ A CORRER	Veterana F50	33:50	+05:50	04:50
10	291	Elisabete Silva	Individual	Veterana F50	35:58	+07:58	05:08
11	126	Claudia Quaresma	CMMC Vale de Cambra	Veterana F50	38:02	+10:02	05:26
12	338	Fátima Baptista	JUVENTUDE ATLÉTICA MOZELENSE	Veterana F50	38:28	+10:29	05:30
13	82	Maria Goretti da Silva	Caldas S. Jorge Sport Club	Veterana F50	39:05	+11:05	05:35
14	293	ISABEL MARRÃO	Individual	Veterana F50	40:24	+12:25	05:46
15	15	Fernanda Almeida	ACR Vale de Cambra	Veterana F50	40:30	+12:31	05:47
16	122	Claudia Pimentel	CLUBE NOVO BANCO	Veterana F50	40:36	+12:37	05:48
17	636	Fátima Costa	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterana F50	40:51	+12:52	05:50
18	381	Susana Teixeira	Sapatilhas Verdes	Veterana F50	43:50	+15:50	06:16
19	401	Maria Alice PintoFernandes	SSTSJM	Veterana F50	45:10	+17:11	06:27
20	339	Marinha Baptista	JUVENTUDE ATLÉTICA MOZELENSE	Veterana F50	45:20	+17:20	06:29
21	83	Maria Valente	Caldas S. Jorge Sport Club	Veterana F50	45:44	+17:44	06:32
22	199	FERNANDA MARIA BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterana F50	46:40	+18:41	06:40
23	398	Paula Teixeira	SPORTARC	Veterana F50	52:16	+24:16	07:28
24	341	Rosina Couto	JUVENTUDE ATLÉTICA MOZELENSE	Veterana F50	54:21	+26:22	07:46
25	13	Ana Pinho	ACR Vale de Cambra	Veterana F50	56:30	+28:30	08:04

Veterano M35

1	312	Nuno lopes	Individual	Veterano M35	19:58		02:51
2	140	Tiago Pereira	F.C.Penafiel	Veterano M35	20:46	+00:48	02:58
3	246	Vitor Oliveira	Grupo Desportivo e Cultural de Guilhovai	Veterano M35	21:03	+01:05	03:00
4	143	Antonio Moreira	Figueiredo's runners& friends	Veterano M35	21:22	+01:23	03:03

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Prova Principal

7 KM

OFFICIAL RESULT

5	92	ANDRE ADRIANO	Clube Atletismo de Ovar	Veterano M35	21:43	+01:45	03:06
6	65	Fábio Barbosa	ATIVA-TE	Veterano M35	22:00	+02:01	03:09
7	244	JORGE MIGUEL DA COSTA CUBAL	Grupo Desportivo e Cultural de Guilhovai	Veterano M35	22:29	+02:30	03:13
8	243	ARTUR OLIVEIRA RODRIGUES	Grupo Desportivo e Cultural de Guilhovai	Veterano M35	22:52	+02:53	03:16
9	139	Mark Macedo	F.C.Penafiel	Veterano M35	23:00	+03:01	03:17
10	238	Vítor Barbosa	Grupo Desportivo e Cultural de Castelo de Paiva	Veterano M35	23:03	+03:04	03:18
11	234	Luís Santos	Grupo Desportivo e Cultural de Castelo de Paiva	Veterano M35	23:35	+03:36	03:22
12	149	Sérgio Lopes	GRE-Eirense	Veterano M35	23:46	+03:47	03:24
13	100	Luis Silva	Clube Campismo	Veterano M35	23:52	+03:53	03:25
14	237	Rui Rodrigues	Grupo Desportivo e Cultural de Castelo de Paiva	Veterano M35	24:26	+04:27	03:29
15	233	Bruno Pinto	Grupo Desportivo e Cultural de Castelo de Paiva	Veterano M35	24:35	+04:36	03:31
16	31	Hélder Pinto	ADC CJ CLARK de Castelo de Paiva	Veterano M35	24:37	+04:38	03:31
17	370	Ricardo Andrade	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M35	24:41	+04:42	03:32
18	76	Nuno Silva	CAL - Clube Atletismo de Lamas	Veterano M35	24:47	+04:48	03:32
19	313	Oscar Maia	Individual	Veterano M35	25:12	+05:13	03:36
20	319	THIAGO AUGUSTO GONÇALVES PINTO	Individual	Veterano M35	25:34	+05:35	03:39
21	359	João Dias	Núcleo de Atletismo de Cucujães	Veterano M35	25:37	+05:38	03:40
22	236	Paulo Gonçalves	Grupo Desportivo e Cultural de Castelo de Paiva	Veterano M35	25:40	+05:42	03:40
23	314	Paulo Noormahomed	Individual	Veterano M35	25:49	+05:50	03:41
24	59	Diogo Oliveira	ATIVA-TE	Veterano M35	25:53	+05:55	03:42
25	101	Nuno Oliveira	Clube Campismo	Veterano M35	26:16	+06:17	03:45
26	399	Ricardo Jorge Teixeira Duarte	SPORTARC	Veterano M35	26:29	+06:30	03:47
27	89	Bruno Moreira	Casas Adriano Astromil Clube	Veterano M35	26:55	+06:56	03:51
28	220	TIAGO JOÃO BRABOSA DOS SANTOS	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	27:20	+07:21	03:54
29	315	Ricardo Gomes	Individual	Veterano M35	27:21	+07:23	03:54
30	297	António Francisco	Individual	Veterano M35	27:22	+07:23	03:55
31	389	Paulo Gomes	Sentir Escariz running	Veterano M35	27:26	+07:27	03:55
32	235	Marcelo Prata	Grupo Desportivo e Cultural de Castelo de Paiva	Veterano M35	27:31	+07:32	03:56
33	342	Daniel Gomes	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M35	27:43	+07:44	03:58
34	84	Samuel Marques	Caldas S. Jorge Sport Club	Veterano M35	27:59	+08:00	04:00
35	216	RAUL FILIPE BRANDÃO AUGUSTO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	28:40	+08:41	04:06
36	147	ROLAND SOUSA	GDC Codal Vale de Cambra	Veterano M35	29:07	+09:08	04:10
37	344	Nuno Costa	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M35	29:08	+09:09	04:10
38	134	Ricardo Silva	Didact Heart	Veterano M35	29:51	+09:52	04:16
39	308	Luís Gomes	Individual	Veterano M35	29:56	+09:57	04:17
40	116	PEDRO Miguel Moreira LUÍS	Clube Desportivo Feirense	Veterano M35	29:57	+09:58	04:17

Prova Principal
7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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41	73	Manuel Ferreira	C.. D. Póvoa	Veterano M35	30:17	+10:18	04:20
42	38	Carlos Marques	Alcateia do Cabouco	Veterano M35	30:25	+10:26	04:21
43	206	JORGE MIGUEL GONÇALVES CAMISÃO FERREIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	30:32	+10:33	04:22
44	351	Luis matos	Luis matos seguros	Veterano M35	30:36	+10:37	04:22
45	32	Nuno Sousa	ADC CJ CLARK de Castelo de Paiva	Veterano M35	30:40	+10:41	04:23
46	119	Bruno Santos	Clube Independente de Argoncilhe	Veterano M35	30:53	+10:55	04:25
47	356	PEDRO ROCHA	MC	Veterano M35	30:54	+10:55	04:25
48	146	António JF Silva	GDC Codal Vale de Cambra	Veterano M35	30:55	+10:56	04:25
49	17	Artur Barbosa	ACR Vale de Cambra	Veterano M35	31:00	+11:01	04:26
50	75	Joel Santos	CAL - Clube Atletismo de Lamas	Veterano M35	31:09	+11:10	04:27
51	74	Sergio Silva	C.. D. Póvoa	Veterano M35	31:18	+11:19	04:28
52	64	Carlos Alberto de Lima Bruno	ATIVA-TE	Veterano M35	31:24	+11:26	04:29
53	30	Fernando Jesus	ADC CJ CLARK de Castelo de Paiva	Veterano M35	31:31	+11:32	04:30
54	66	Hélder Ramiro	ATIVA-TE	Veterano M35	31:37	+11:39	04:31
55	471	Bruno Manuel Alves Da Silva	UNIT CF	Veterano M35	31:49	+11:50	04:33
56	298	Davide Rocha	Individual	Veterano M35	31:53	+11:54	04:33
57	421	Daniel Aguiar	Unidos de Rossas	Veterano M35	32:12	+12:13	04:36
58	299	Helder Ribeiro	Individual	Veterano M35	32:15	+12:16	04:36
59	210	NELSON ALMEIDA DUARTE	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	32:17	+12:18	04:37
60	296	Anthony Suarez	Individual	Veterano M35	32:25	+12:27	04:38
61	218	SERGIO TAVARES DE ALMEIDA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	32:27	+12:29	04:38
62	35	Pedro Necho	AFIS/OVAR	Veterano M35	32:31	+12:32	04:39
63	306	José Lourenço	Individual	Veterano M35	32:33	+12:35	04:39
64	309	Luís Rocha	Individual	Veterano M35	32:40	+12:41	04:40
65	474	Jorge Filipe Brandao Gomes Da Rocha	UNIT CF	Veterano M35	32:49	+12:51	04:41
66	201	ANTÓNIO JORGE COSTA TEIXEIRA SANTOS TAVARES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	33:03	+13:04	04:43
67	409	Bruno Pinho	Team Runners	Veterano M35	33:11	+13:12	04:44
68	115	Marco António Gomes Gonçalves	Clube Desportivo Feirense	Veterano M35	33:21	+13:22	04:46
69	472	Daniel Belém de Almeida Duarte	UNIT CF	Veterano M35	33:27	+13:28	04:47
70	473	Daniel de Almeida Paiva	UNIT CF	Veterano M35	33:42	+13:43	04:49
71	410	Hélder Santos	Team Runners	Veterano M35	34:00	+14:01	04:51
72	203	BRUNO MIGUEL TEIXEIRA PINHO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	34:10	+14:11	04:53
73	209	MIGUEL ALEXANDRE SILVA OLIVEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	34:11	+14:12	04:53
74	365	João Gomes	Os Bichos	Veterano M35	34:25	+14:26	04:55
75	295	Alberto Miguel Sousa Vítelo	Individual	Veterano M35	34:42	+14:44	04:57
76	223	VITOR MANUEL TAVARES BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	34:44	+14:45	04:58
77	19	José Pinho	ACR Vale de Cambra	Veterano M35	34:53	+14:55	04:59
78	303	Joaquim Malheiro	Individual	Veterano M35	34:59	+15:00	05:00
79	231	Leonel Oliveira	Grupo desportivo da Cruz das Eiras	Veterano M35	35:23	+15:24	05:03

Official Timekeeper: Lap2Go	9 / 13	generate 10-ago.-2024 18:08
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Prova Principal

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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80	204	EDGAR CARVALHO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	35:32	+15:33	05:05
81	383	Filipe tavares	Sapatilhas Verdes	Veterano M35	36:02	+16:04	05:09
82	212	PAULO SÉRGIO ALMEIDA GONÇALVES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	36:03	+16:04	05:09
83	211	PAULO MIGUEL VIEIRA TEIXEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	36:03	+16:05	05:09
84	217	RUI FILIPE ALMEIDA GOMES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	36:13	+16:14	05:10
85	304	José Brito	Individual	Veterano M35	36:14	+16:16	05:11
86	294	Aires Miguel Pinto de Barros	Individual	Veterano M35	36:29	+16:30	05:13
87	208	MÁRIO JORGE TAVARES BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	36:30	+16:31	05:13
88	18	José Bastos	ACR Vale de Cambra	Veterano M35	37:03	+17:04	05:18
89	215	PEDRO MIGUEL MENDES OLIVEIRA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	37:27	+17:29	05:21
90	469	Antero Roque	UNIT CF	Veterano M35	37:40	+17:41	05:23
91	311	Nuno Bastos	Individual	Veterano M35	37:58	+17:59	05:25
92	382	António Vieira dos Reis	Sapatilhas Verdes	Veterano M35	38:34	+18:36	05:31
93	300	Hugo Amaral	Individual	Veterano M35	39:04	+19:05	05:35
94	221	VITOR ÂNGELO COSTA AZEVEDO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	39:15	+19:17	05:36
95	202	BRAULIO EDUARDO FERREIRA DA COSTA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	39:29	+19:30	05:38
96	411	Miguel Lucas	Team Runners	Veterano M35	41:26	+21:27	05:55
97	222	VITOR FERNANDO GOMES DE ALMEIDA	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	41:36	+21:37	05:57
98	384	João Pedro Martins	Sapatilhas Verdes	Veterano M35	42:25	+22:26	06:04
99	310	Mário Brandão	Individual	Veterano M35	42:53	+22:55	06:08
100	207	MARCOS ANDRÉ BRANDÃO FERNANDES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	43:22	+23:24	06:12
101	205	FERNANDO DA ROCHA TAVARES	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	43:52	+23:53	06:16
102	470	Antonio Manuel Soares Da Rocha	UNIT CF	Veterano M35	45:38	+25:39	06:31
103	634	Coulibaly	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M35	47:04	+27:05	06:43
104	305	Jose Jeronimo	Individual	Veterano M35	47:45	+27:47	06:49
105	385	Paulo Teixeira	Sapatilhas Verdes	Veterano M35	54:25	+34:27	07:46
106	343	João Rodrigues	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M35	56:08	+36:09	08:01

Veterano M50

1	144	Joaquim Figueiredo	Figueiredo's runners& friends	Veterano M50	21:37		03:05
2	247	ANTÓNIO JOAQUIM SOARES FERNANDES	Grupo Desportivo e Cultural de Guilhovai	Veterano M50	22:04	+00:26	03:09
3	322	Domingos Manuel de lima Fernandes	Individual	Veterano M50	22:25	+00:47	03:12
4	332	Sérgio Paiva	Nucleo de Oeiras	Veterano M50	23:14	+01:36	03:19
5	102	Manuel Sousa	Clube Campismo	Veterano M50	23:18	+01:40	03:20
6	21	Fernando Silva	ACR Vale de Cambra	Veterano M50	23:42	+02:04	03:23

Prova Principal**7 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

7	69	Gil Ferreira	C. D. São Salvador do Campo	Veterano M50	24:08	+02:30	03:27
8	412	Abílio Moreira	Team Runners	Veterano M50	24:24	+02:46	03:29
9	241	Vítor Pinheiro	Grupo Desportivo e Cultural de Castelo de Paiva	Veterano M50	24:29	+02:51	03:30
10	395	Américo Santos	Sport Comércio e Salgueiros	Veterano M50	24:41	+03:04	03:32
11	97	PEDRO SILVA	Clube Atletismo de Ovar	Veterano M50	24:48	+03:10	03:33
12	240	Manuel Silveira	Grupo Desportivo e Cultural de Castelo de Paiva	Veterano M50	24:57	+03:20	03:34
13	248	JOSÉ CARLOS RIBEIRO TAVARES	Grupo Desportivo e Cultural de Guilhovai	Veterano M50	25:32	+03:54	03:39
14	94	JOÃO PAULO RODRIGUES	Clube Atletismo de Ovar	Veterano M50	25:56	+04:18	03:42
15	391	Américo Valente	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterano M50	26:07	+04:29	03:44
16	40	António Nunes	ARADA ATLÉTICO CLUBE	Veterano M50	26:22	+04:44	03:46
17	36	José Figueiredo	AFIS/OVAR	Veterano M50	26:30	+04:52	03:47
18	350	Armindo Araújo	LIBERDADE FUTEBOL CLUBE	Veterano M50	26:32	+04:54	03:47
19	95	JOSE PINTO	Clube Atletismo de Ovar	Veterano M50	26:36	+04:58	03:48
20	111	Fernando Antunes	Clube Desportivo Cultural Macieira de Cambra	Veterano M50	26:37	+04:59	03:48
21	33	José Ferreira	ADC CJ CLARK de Castelo de Paiva	Veterano M50	26:46	+05:08	03:49
22	325	João Vinha	Individual	Veterano M50	26:57	+05:20	03:51
23	415	João Almeida	Team Runners	Veterano M50	27:27	+05:50	03:55
24	2	Porfírio Martins	Individual	Veterano M50	27:33	+05:55	03:56
25	145	Mário Carvalho	GD Vilarinho de Cima	Veterano M50	28:00	+06:22	04:00
26	123	Salvador Silva	CLUBE NOVO BANCO	Veterano M50	28:14	+06:36	04:02
27	90	Ilídio Oliveira	Casas Adriano Astromil Clube	Veterano M50	28:47	+07:09	04:07
28	323	Manuel Oliveira	Grupo desportivo da Cruz das Eiras	Veterano M50	28:50	+07:12	04:07
29	352	Paulo pereira	Luis matos seguros	Veterano M50	29:04	+07:27	04:09
30	357	JORGE LAGAREIRO	MC	Veterano M50	29:12	+07:34	04:10
31	86	Artur Valente	Caldas S. Jorge Sport Club	Veterano M50	29:13	+07:36	04:10
32	388	Rui Correia Brandão	Sapatilhas Verdes	Veterano M50	29:21	+07:43	04:12
33	96	PEDRO LEAL	Clube Atletismo de Ovar	Veterano M50	29:47	+08:09	04:15
34	77	Jorge Bernardino	CAL - Clube Atletismo de Lamas	Veterano M50	29:48	+08:10	04:15
35	387	José Miguel Melo Brandão	Sapatilhas Verdes	Veterano M50	30:16	+08:38	04:19
36	328	José Tavares	Individual	Veterano M50	30:21	+08:43	04:20
37	353	Psulo ramos	Luis matos seguros	Veterano M50	30:38	+09:00	04:23
38	107	Antonio Pinto	Clube de Atletismo Estrelas de Marco de Canaveses	Veterano M50	30:47	+09:10	04:24
39	347	Justino Soares	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M50	31:01	+09:23	04:26
40	330	Paulo Martins (Centro Marcha Corrida VLCambra))	Individual	Veterano M50	31:03	+09:26	04:26
41	224	CARLOS ALBERTO BRANDÃO	Grupo Cultural e Recreativo de Rossas & Tasco do Miguel	Veterano M50	31:12	+09:34	04:27
42	127	António Jorge Soares Oliveira	CMMC Vale de Cambra	Veterano M50	31:15	+09:37	04:28
43	349	Pierre Alain	JUVENTUDE ATLÉTICA MOZELENSE	Veterano M50	31:18	+09:40	04:28

Official Timekeeper: Lap2Go	11 / 13	generate 10-ago.-2024 18:08
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TEAM RESULTS - F35

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	TEAM RUNNERS	12 + 20 + 28	60
2	ATIVA-TE	22 + 26 + 38	86
3	UNIT CF	17 + 34 + 40	91
4	GRUPO CULTURAL E RECREATIVO DE ROSSAS & TASC DO MIGUEL	29 + 35 + 39	103
5	SAPATILHAS VERDES	19 + 45 + 47	111
6	JUVENTUDE ATLÉTICA MOZELENSE	36 + 44 + 49	129

TEAM RESULTS - M35

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	GRUPO DESPORTIVO E CULTURAL DE GUILHOVAI	3 + 7 + 8	18
2	GRUPO DESPORTIVO E CULTURAL DE CASTELO DE PAIVA	10 + 11 + 14	35
3	ATIVA-TE	6 + 24 + 52	82
4	GRUPO CULTURAL E RECREATIVO DE ROSSAS & TASCO DO MIGUEL	28 + 35 + 43	106
5	ADC CJ CLARK DE CASTELO DE PAIVA	16 + 45 + 53	114
6	JUVENTUDE ATLÉTICA MOZELEENSE	33 + 37 + 106	176
7	UNIT CF	55 + 65 + 69	189
8	ACR VALE DE CAMBRA	49 + 77 + 88	214
9	TEAM RUNNERS	67 + 71 + 96	234
10	SAPATILHAS VERDES	81 + 92 + 98	271

TEAM RESULTS - F50

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	JUVENTUDE ATLÉTICA MOZELENSE	4 + 12 + 20	36
2	ACR VALE DE CAMBRA	8 + 15 + 25	48

TEAM RESULTS - M50

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CLUBE ATLETISMO DE OVAR	11 + 14 + 19	44
2	TEAM RUNNERS	8 + 23 + 52	83
3	GRUPO DESPORTIVO E CULTURAL DE GUILHOVAI	2 + 13 + 68	83
4	JUVENTUDE ATLÉTICA MOZELENSE	39 + 43 + 46	128
5	SAPATILHAS VERDES	32 + 35 + 64	131
6	GRUPO CULTURAL E RECREATIVO DE ROSSAS & TASC DO MIGUEL	41 + 48 + 59	148
7	CMMC VALE DE CAMBRA	42 + 44 + 71	157