



























**12KM - STAGE 1**

**12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	608	João Filipe Martins Azadinho Cordeiro	Individual	01:50:33	+47:20	09:13	
90	587	Ana Cristina Leal Rebola	Individual	01:51:47	+48:34	09:19	
91	630	João Maia	OUTSIDERS - Praia de Quiaios	01:52:22	+49:09	09:22	
92	624	Luís Pimentel	Não interessa como interessa é ir	01:53:43	+50:30	09:29	
93	631	Celso Figueiredo	Saleiro Frutas Team	01:54:59	+51:46	09:35	
94	534	Raul Oliveira	Calminheiros	01:55:14	+52:01	09:36	
95	570	Lídia Laranjeiro	Individual	01:58:08	+54:55	09:51	
96	568	Daniela Valente	Individual	01:58:21	+55:08	09:52	
97	577	Filipe Miguel	Individual	01:58:21	+55:08	09:52	
98	530	Clelia Conceição	Calminheiros	01:58:24	+55:11	09:52	
99	625	Andreia Silvano	NFC Running Team	02:00:18	+57:05	10:02	
100	619	Jaime da Cruz Duarte Areia	Individual	02:08:24	+01:05:11	10:42	
101	580	José Andrade	Individual	02:08:51	+01:05:38	10:44	
102	572	Maria Caniceiro	Individual	02:10:41	+01:07:28	10:53	
103	510	Ruben Peixoto	Ameal Trail	02:11:59	+01:08:46	11:00	
104	569	Jéssica Lopes	Individual	02:12:08	+01:08:55	11:01	
105	535	José Paulo	Calminheiros	02:13:15	+01:10:02	11:06	
106	532	Sandra Pedro	Calminheiros	02:13:16	+01:10:03	11:06	
107	512	Filipa Duarte	Ameal Trail	02:14:50	+01:11:37	11:14	
108	548	Bárbara Branco	GIMTÓNICO	02:21:37	+01:18:24	11:48	
109	549	Andreia Nunes	GIMTÓNICO	02:21:53	+01:18:40	11:49	
110	616	Manuel Ferreira	Individual	02:24:32	+01:21:19	12:03	
111	622	Ana Coelho	Não interessa como interessa é ir	02:26:28	+01:23:15	12:12	
112	528	Lisa Maria	Calminheiros	02:27:58	+01:24:45	12:20	
113	618	Antonio Tafula	Individual	02:28:02	+01:24:49	12:20	
114	523	Gabriel Santos	Bombeiros Voluntários da Figueira da Foz	02:30:48	+01:27:35	12:34	
115	522	Diana Oliveira	Bombeiros Voluntários da Figueira da Foz	02:30:52	+01:27:39	12:34	
116	539	Edite Inocência	Domus Trail	02:34:21	+01:31:08	12:52	
117	633	Sílvia Pedro	Sílvia Pedro	02:34:25	+01:31:12	12:52	
118	555	Fernanda Freitas	GRVilaverdense	02:39:17	+01:36:04	13:16	
119	566	José Guerra	GRVilaverdense	02:39:17	+01:36:04	13:16	
120	554	Vânia Ladeiro	GRVilaverdense	02:43:29	+01:40:16	13:37	
121	563	Paulo Veríssimo	GRVilaverdense	02:43:30	+01:40:17	13:37	
122	558	Fátima Cabeço	GRVilaverdense	02:43:30	+01:40:17	13:37	













