lap2go TIMING SOLUTION

Fafe Trail Run 2024

Fafe, PT

17-março-2024

PROVA PRINCIPAL - STAGE 1 — 22 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	16,2ºC	79%
End	14:30	16,2ºC	79%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	27	João Ferreira	AIRORUN	01:40:10		04:33	
2	40	Paulo André Magalhães Mendes	Centro de Atletismo de Seia	01:45:19	+05:09	04:47	
3	56	Paulo Mesquita	Furfor Running Project	01:46:35	+06:25	04:51	
4	36	Avelino Macedo	Minho e Lima Trail	01:49:00	+08:50	04:57	
5	144	Luciano Pereira	Pegasus OCR ProTeam	01:49:40	+09:30	04:59	
6	105	Emílio Jorge Rodrigues de Carvalho	Individual	01:51:21	+11:11	05:04	
7	86	Renato Teixeira	Individual	01:53:50	+13:40	05:10	
8	14	Paulo Costa	A.D.Amarante	01:57:21	+17:11	05:20	
9	114	Maurício Ferreira	Individual	01:58:36	+18:26	05:23	
10	101	Bruno Sousa	Individual	02:00:18	+20:08	05:28	
11	107	Hélder Silva	Individual	02:00:35	+20:25	05:29	
12	84	Rafael Costa	Individual	02:02:44	+22:34	05:35	
13	182	Henrique Felon	mondim atletismo	02:03:08	+22:58	05:36	
14	10	Paulo JorgeDa Fonseca Pereira	A.D.Amarante	02:04:19	+24:09	05:39	
15	151	RAFA MIRANDA	Promessas do atletismo	02:05:06	+24:56	05:41	
16	143	Helder Rodrigues	Pegasus OCR ProTeam	02:07:46	+27:36	05:48	
17	7	Cristiano Cunha	A D Nos Acreditamos	02:08:39	+28:29	05:51	
18	141	Marco Silva	Pegasus OCR ProTeam	02:08:50	+28:40	05:51	
19	89	Samuel lobo	Individual	02:10:22	+30:12	05:56	
20	1	Paula Sofia Coutinho Soares	Saca Trilhos Anadia	02:12:16	+32:06	06:01	
21	41	António Teles	CLUBE TRILHEIROS & AMIGOS	02:13:02	+32:52	06:03	
22	183	Cristiano Brás	A D Nos Acreditamos	02:15:08	+34:58	06:09	
23	16	Mário da Silva	AD Sebolido trail	02:15:11	+35:01	06:09	
24	66	Sílvia Silva	Individual	02:15:31	+35:21	06:10	
25	148	Hugo Lopes	Promessas do atletismo	02:16:07	+35:57	06:11	
26	42	Carlos Silva	CLUBE TRILHEIROS & AMIGOS	02:16:24	+36:14	06:12	
27	52	Luis Miguel	Erdal-Vimarunners	02:17:20	+37:10	06:15	
28	124	Alcides Lemos	Individual	02:17:57	+37:47	06:16	
29	140	Nelson Teixeira	NAST - Núcleo Associativo de Santo Tirso	02:18:01	+37:51	06:16	
30	150	José Félix	Promessas do atletismo	02:18:51	+38:41	06:19	
31	34	Pedro Carvalho	ARRASTASSOLAS	02:19:33	+39:23	06:21	
32	72	Fernando Gomes	Individual	02:20:14	+40:04	06:22	
33	166	Nuno Silva	The Newbies	02:21:43	+41:33	06:27	
34	112	José Ricardo Machado Pereira	Individual	02:22:41	+42:31	06:29	
35	81	Pedro Moisés Meira Rodrigues	Individual	02:24:29	+44:19	06:34	
36	85	Rafael Gonçalves	Individual	02:26:13	+46:03	06:39	
37	142	Nelson Meira	Pegasus OCR ProTeam	02:26:32	+46:22	06:40	
38	15	Joaquim Mendes	ADEPE	02:27:18	+47:08	06:42	
39	37	Frederico Monteiro	Cansados	02:27:25	+47:15	06:42	
40	51	João Santos	Erdal-Vimarunners	02:27:52	+47:42	06:43	
41	168	Helder Pereira	Travassós Running	02:28:07	+47:57	06:44	
42	69	Carlos Santos	Individual	02:28:14	+48:04	06:44	

PROVA PRINCIPAL - STAGE 1 — 22 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	120	Rui Orlando Neto	Individual	02:29:23	+49:13	06:47	
44	119	Ricardo Costa	Individual	02:29:23	+49:13	06:47	
45	76	Hugo Dias	Individual	02:30:07	+49:57	06:49	
46	43	Ricardo Dantas	Crocodilos/MisterPC	02:30:49	+50:39	06:51	
47	33	Pedro Magalhaes	ARRASTASSOLAS	02:33:06	+52:56	06:58	
48	31	Luis Gordicho	ARRASTASSOLAS	02:33:06	+52:56	06:58	
49	26	João Moreira	aiquemedoi.blogspot.com	02:33:19	+53:09	06:58	
50	152	Maria do Ceu Alves Fernandes	RFRUN	02:33:33	+53:23	06:59	
51	170	Adriano Freitas Teixeira	Tuga Mobile ADAP Trail	02:34:07	+53:57	07:00	
52	17	Fernando Faria	ADEPE	02:34:43	+54:33	07:02	
53	46	Daniel Fernandes	Erdal-Vimarunners	02:35:17	+55:07	07:03	
54	128	Henrique Santos	Individual	02:35:51	+55:41	07:05	
55	12	Daniel Santos	A.D.Amarante	02:36:47	+56:37	07:08	
56	13	Nuno Moura	A.D.Amarante	02:36:49	+56:39	07:08	
57	102	Carlos Alberto	Individual	02:37:57	+57:47	07:11	
58	153	Jose Carlos Morais Fernandes	RFRUN	02:37:58	+57:48	07:11	
59	133	RICARDO LEMOS	Individual	02:41:25	+01:01:15	07:20	
60	73	Filipe Sousa	Individual	02:41:55	+01:01:45	07:22	
61	5	Paulo Costa	100RaiosTeam	02:42:11	+01:02:01	07:22	
62	149	Joel Cunha	Promessas do atletismo	02:42:27	+01:02:17	07:23	
63	68	André Azevedo	Individual	02:45:00	+01:04:50	07:30	
64	125	António Caarlos Marques Nogueira	Individual	02:45:47	+01:05:37	07:32	
65	6	Nuno Cunha	A D Nos Acreditamos	02:46:18	+01:06:08	07:34	
66	121	Rui Pedro Marinho Pinto	Individual	02:46:26	+01:06:16	07:34	
67	90	Tiago Guimarães	Individual	02:47:05	+01:06:55	07:36	
68	169	Carla Daniela Pinto Teixeira	Tuga Mobile ADAP Trail	02:47:11	+01:07:01	07:36	
69	130	Noel Pereira	Individual	02:47:11	+01:07:01	07:36	
70	111	Jose Lopes	Individual	02:47:26	+01:07:16	07:37	
71	134	Rui Silva	Individual	02:47:27	+01:07:17	07:37	
72	11	Cláudia Patrícia da Silva Moreira	A.D.Amarante	02:48:05	+01:07:55	07:38	
73	38	Joaquim Silva	Cansados	02:48:55	+01:08:45	07:41	
74	115	Miguel Gonçalves	Individual	02:48:55	+01:08:45	07:41	
75	39	José Gonçalves	Cansados	02:48:55	+01:08:45	07:41	
76	74	Francisco Cunha	Individual	02:49:32	+01:09:22	07:42	
77	129	Luis Oliveira	Individual	02:49:42	+01:09:32	07:43	
78	116	Nelson Castro	Individual	02:51:11	+01:11:01	07:47	
79	21	César Pinheiro	ADNA - Associação Desportiva Nós Acreditamos	02:52:41	+01:12:31	07:51	
80	100	Américo Loureiro	Individual	02:53:16	+01:13:06	07:53	
81	162	Miguel Araújo	TEAM LANTEMIL	02:53:19	+01:13:09	07:53	
82	109	José Carlos silva lemos	Individual	02:53:27	+01:13:17	07:53	
83	47	joel silva	Erdal-Vimarunners	02:54:32	+01:14:22	07:56	
84	20	Conceição Ribeiro	ADNA - Associação Desportiva Nós Acreditamos	02:55:54	+01:15:44	08:00	
85	132	Ricardo Ceia	Individual	02:57:23	+01:17:13	08:04	
86	165	Marcelo Teixeira	The Newbies	02:57:36	+01:17:26	08:04	
87	77	Hugo Félix	Individual	02:57:38	+01:17:28	08:04	
88	94	EUFEMIA LANDEIRA	Individual	02:58:16	+01:18:06	08:06	

PROVA PRINCIPAL - STAGE 1 — 22 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	123	Vitor Pereira	Individual	02:58:22	+01:18:12	08:06	
90	87	Ricardo Peixoto	Individual	03:00:21	+01:20:11	08:12	
91	99	Agostinho Manuel Sousa Pinto	Individual	03:00:45	+01:20:35	08:13	
92	118	Ricardo Barroso	Individual	03:00:47	+01:20:37	08:13	
93	93	Cláudia da Silva Pereira	Individual	03:00:47	+01:20:37	08:13	
94	96	Solange Sousa	Individual	03:01:20	+01:21:10	08:15	
95	65	Patricia Fernandes	Individual	03:02:39	+01:22:29	08:18	
96	135	Vitor Pinto	Individual	03:03:05	+01:22:55	08:19	
97	127	Eduardo Cardoso	Individual	03:03:05	+01:22:55	08:19	
98	62	Ana Paula Teixeira Pires	Individual	03:03:40	+01:23:30	08:21	
99	25	Vania Cunha	ADTTR Travassos Running Fafe	03:04:04	+01:23:54	08:22	
100	24	Filipa Freitas	ADTTR Travassos Running Fafe	03:04:04	+01:23:54	08:22	
101	181	Avelino Pereira	Bota&Siga	03:04:12	+01:24:02	08:22	
102	18	Olegário Oliveira	ADEPE	03:08:55	+01:28:45	08:35	
103	70	Davide Freitas	Individual	03:10:46	+01:30:36	08:40	
104	131	Pedro Oliveira	Individual	03:11:20	+01:31:10	08:42	
105	44	Tiago Freitas	Crossbox Montelongo	03:12:24	+01:32:14	08:45	
106	104	Daniel Henriques	Individual	03:13:30	+01:33:20	08:48	
107	154	Rui Lobo Castro	RINUS FAFE	03:14:17	+01:34:07	08:50	
108	155	CIDALIA CRISTINA DOS SANTOS NOVAIS	RINUS FAFE	03:14:18	+01:34:08	08:50	
109	106	filipe moreira	Individual	03:15:53	+01:35:43	08:54	
110	137	Rómulo Terrau	LUSIMED	03:17:20	+01:37:10	08:58	
111	48	Pedro Loureiro	Erdal-Vimarunners	03:19:01	+01:38:51	09:03	
112	117	Pedro Miguel Alves	Individual	03:19:23	+01:39:13	09:04	
113	75	Gabriel Carneiro	Individual	03:21:10	+01:41:00	09:09	
114	78	Hugo Matos	Individual	03:22:13	+01:42:03	09:12	
115	167	Ricardo Lopes	TRAILAMENTE	03:22:13	+01:42:03	09:12	
116	113	Luís Miguel Magalhães	Individual	03:24:40	+01:44:30	09:18	
117	98	Guilhermina Ferreira	Individual	03:24:41	+01:44:31	09:18	
118	35	Susana Alves	Bota&Siga	03:25:19	+01:45:09	09:20	
119	61	Carlos Carneiro	HERE4BEER	03:26:51	+01:46:41	09:24	
120	58	Daniela Coutinho	HERE4BEER	03:26:51	+01:46:41	09:24	
121	45	Joana Gonçalves	Erdal-Vimarunners	03:28:46	+01:48:36	09:29	
122	50	Bruno Fernandes	Erdal-Vimarunners	03:28:47	+01:48:37	09:29	
123	164	Sérgio Bastos	TEAM LANTEMIL	03:29:40	+01:49:30	09:32	
124	59	Sara Pinto	HERE4BEER	03:30:15	+01:50:05	09:33	
125	60	André Matos	HERE4BEER	03:30:17	+01:50:07	09:34	
126	30	Helena Cunha	ARRASTASSOLAS	03:33:05	+01:52:55	09:41	
127	122	Silvio Freitas	Individual	03:33:11	+01:53:01	09:41	
128	156	Laura Rodrigues	Rio Fit Running	03:33:16	+01:53:06	09:42	
129	158	Susana Silva	Rio Fit Running	03:33:16	+01:53:06	09:42	
130	157	Rosa Ribeiro	Rio Fit Running	03:33:16	+01:53:06	09:42	
131	160	Francisco Cunha	Rio Fit Running	03:33:19	+01:53:09	09:42	
132	55	Miguel Carvalho	Fever-Tree Team	03:33:36	+01:53:26	09:43	
133	54	Luisa Araujo	Fever-Tree Team	03:33:36	+01:53:26	09:43	

PROVA PRINCIPAL - STAGE 1 22 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	53	Marco Ribeiro	Erdal-Vimarunners	03:33:36	+01:53:26	09:43	
135	95	Marcia Sousa	Individual	03:33:37	+01:53:27	09:43	
136	23	Anabela Magalhães	ADTTR Travassos Running Fafe	03:38:26	+01:58:16	09:56	
137	22	Ana oliveira	ADTTR Travassos Running Fafe	03:38:28	+01:58:18	09:56	
138	92	Alexandra Cristina Oliveira da Silva	Individual	03:39:43	+01:59:33	09:59	
139	163	Rogério Lopes	TEAM LANTEMIL	03:41:38	+02:01:28	10:04	
140	126	Augusto Cunha	Individual	03:42:46	+02:02:36	10:08	
141	136	Flavio castro	Juve Trava	03:43:10	+02:03:00	10:09	
142	29	Telmo Pedrosa	ARRASTASSOLAS	03:47:40	+02:07:30	10:21	
143	28	Pedro Lopes	ARRASTASSOLAS	03:47:41	+02:07:31	10:21	
144	32	Mario Santos	ARRASTASSOLAS	03:47:41	+02:07:31	10:21	
145	178	Barbara Maria	Sociade Recreio Cepanense	04:13:09	+02:32:59	11:30	
146	179	Maria Agostinha Gonçalves	Sociade Recreio Cepanense	04:13:09	+02:32:59	11:30	
147	173	João Veloso	Unidos pela Cuca	04:14:15	+02:34:05	11:33	
148	83	Pedro Veloso	Individual	04:14:19	+02:34:09	11:34	
149	9	Ana Paula Carneiro	A voar	04:16:49	+02:36:39	11:40	
150	108	Hernâni Veríssimo	Individual	04:16:52	+02:36:42	11:41	
151	8	Ana Soares	A voar	04:16:55	+02:36:45	11:41	
152	67	Vânia Lobo	Individual	04:16:58	+02:36:48	11:41	
153	161	Margarida Dantas	TEAM LANTEMIL	04:39:42	+02:59:32	12:43	
154	172	Daniel Veloso	Unidos pela Cuca	04:45:09	+03:04:59	12:58	
155	175	Jorge Veloso	Unidos pela Cuca	04:45:09	+03:04:59	12:58	
156	180	Ana Antunes	Individual	05:00:46	+03:20:36	13:40	
157	171	Diana Veloso	Unidos pela Cuca	05:00:47	+03:20:37	13:40	
158	88	rui veloso	Individual	05:00:49	+03:20:39	13:40	

Fafe Trail Run 2024

Fafe, PT

17-março-2024

Prova Principal

22 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	16,2ºC	79%
End	14:30	16,2ºC	79%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1	Paula Sofia Coutinho Soares	Saca Trilhos Anadia	Senior Feminino	02:12:16		06:01
2	66	Sílvia Silva	Individual	Senior Feminino	02:15:31	+03:15	06:10
3	169	Carla Daniela Pinto Teixeira	Tuga Mobile ADAP Trail	Senior Feminino	02:47:11	+34:54	07:36
4	65	Patricia Fernandes	Individual	Senior Feminino	03:02:39	+50:22	08:18
5	62	Ana Paula Teixeira Pires	Individual	Senior Feminino	03:03:40	+51:23	08:21
6	25	Vania Cunha	ADTTR Travassos Running Fafe	Senior Feminino	03:04:04	+51:47	08:22
7	24	Filipa Freitas	ADTTR Travassos Running Fafe	Senior Feminino	03:04:04	+51:47	08:22
8	58	Daniela Coutinho	HERE4BEER	Senior Feminino	03:26:51	+01:14:34	09:24
9	45	Joana Gonçalves	Erdal-Vimarunners	Senior Feminino	03:28:46	+01:16:29	09:29
10	59	Sara Pinto	HERE4BEER	Senior Feminino	03:30:15	+01:17:58	09:33
11	23	Anabela Magalhães	ADTTR Travassos Running Fafe	Senior Feminino	03:38:26	+01:26:10	09:56
12	22	Ana oliveira	ADTTR Travassos Running Fafe	Senior Feminino	03:38:28	+01:26:11	09:56
13	178	Barbara Maria	Sociade Recreio Cepanense	Senior Feminino	04:13:09	+02:00:52	11:30
14	8	Ana Soares	A voar	Senior Feminino	04:16:55	+02:04:38	11:41
15	67	Vânia Lobo	Individual	Senior Feminino	04:16:58	+02:04:41	11:41
16	180	Ana Antunes	Individual	Senior Feminino	05:00:46	+02:48:30	13:40
17	171	Diana Veloso	Unidos pela Cuca	Senior Feminino	05:00:47	+02:48:30	13:40

Senior Masculino

1	27	João Ferreira	AIRORUN	Senior Masculino	01:40:10		04:33
2	40	Paulo André Magalhães Mendes	Centro de Atletismo de Seia	Senior Masculino	01:45:19	+05:08	04:47
3	56	Paulo Mesquita	Furfor Running Project	Senior Masculino	01:46:35	+06:24	04:51
4	86	Renato Teixeira	Individual	Senior Masculino	01:53:50	+13:40	05:10
5	84	Rafael Costa	Individual	Senior Masculino	02:02:44	+22:34	05:35
6	182	Henrique Felon	mondim atletismo	Senior Masculino	02:03:08	+22:57	05:36
7	10	Paulo JorgeDa Fonseca Pereira	A.D.Amarante	Senior Masculino	02:04:19	+24:08	05:39
8	141	Marco Silva	Pegasus OCR ProTeam	Senior Masculino	02:08:50	+28:39	05:51
9	89	Samuel lobo	Individual	Senior Masculino	02:10:22	+30:11	05:56
10	183	Cristiano Brás	A D Nos Acreditamos	Senior Masculino	02:15:08	+34:58	06:09
11	16	Mário da Silva	AD Sebolido trail	Senior Masculino	02:15:11	+35:00	06:09
12	140	Nelson Teixeira	NAST - Núcleo Associativo de Santo Tirso	Senior Masculino	02:18:01	+37:51	06:16
13	72	Fernando Gomes	Individual	Senior Masculino	02:20:14	+40:03	06:22
14	166	Nuno Silva	The Newbies	Senior Masculino	02:21:43	+41:33	06:27
15	81	Pedro Moisés Meira Rodrigues	Individual	Senior Masculino	02:24:29	+44:18	06:34
16	85	Rafael Gonçalves	Individual	Senior Masculino	02:26:13	+46:02	06:39
17	142	Nelson Meira	Pegasus OCR ProTeam	Senior Masculino	02:26:32	+46:22	06:40
18	69	Carlos Santos	Individual	Senior Masculino	02:28:14	+48:03	06:44

Prova Principal — 22 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

19	76	Hugo Dias	Individual	Senior Masculino	02:30:07	+49:56	06:49
20	46	Daniel Fernandes	Erdal-Vimarunners	Senior Masculino	02:35:17	+55:06	07:03
21	73	Filipe Sousa	Individual	Senior Masculino	02:41:55	+01:01:44	07:22
22	68	André Azevedo	Individual	Senior Masculino	02:45:00	+01:04:49	07:30
23	6	Nuno Cunha	A D Nos Acreditamos	Senior Masculino	02:46:18	+01:06:07	07:34
24	90	Tiago Guimarães	Individual	Senior Masculino	02:47:05	+01:06:55	07:36
25	74	Francisco Cunha	Individual	Senior Masculino	02:49:32	+01:09:22	07:42
26	47	joel silva	Erdal-Vimarunners	Senior Masculino	02:54:32	+01:14:21	07:56
27	165	Marcelo Teixeira	The Newbies	Senior Masculino	02:57:36	+01:17:25	08:04
28	77	Hugo Félix	Individual	Senior Masculino	02:57:38	+01:17:28	08:04
29	87	Ricardo Peixoto	Individual	Senior Masculino	03:00:21	+01:20:11	08:12
30	70	Davide Freitas	Individual	Senior Masculino	03:10:46	+01:30:35	08:40
31	44	Tiago Freitas	Crossbox Montelongo	Senior Masculino	03:12:24	+01:32:13	08:45
32	154	Rui Lobo Castro	RINUS FAFE	Senior Masculino	03:14:17	+01:34:06	08:50
33	137	Rómulo Terrau	LUSIMED	Senior Masculino	03:17:20	+01:37:09	08:58
34	48	Pedro Loureiro	Erdal-Vimarunners	Senior Masculino	03:19:01	+01:38:50	09:03
35	75	Gabriel Carneiro	Individual	Senior Masculino	03:21:10	+01:40:59	09:09
36	78	Hugo Matos	Individual	Senior Masculino	03:22:13	+01:42:03	09:12
37	60	André Matos	HERE4BEER	Senior Masculino	03:30:17	+01:50:06	09:34
38	136	Flavio castro	Juve Trava	Senior Masculino	03:43:10	+02:02:59	10:09
39	29	Telmo Pedrosa	ARRASTASSOLAS	Senior Masculino	03:47:40	+02:07:30	10:21
40	28	Pedro Lopes	ARRASTASSOLAS	Senior Masculino	03:47:41	+02:07:30	10:21
41	173	João Veloso	Unidos pela Cuca	Senior Masculino	04:14:15	+02:34:04	11:33
42	83	Pedro Veloso	Individual	Senior Masculino	04:14:19	+02:34:09	11:34
43	172	Daniel Veloso	Unidos pela Cuca	Senior Masculino	04:45:09	+03:04:59	12:58
44	88	rui veloso	Individual	Senior Masculino	05:00:49	+03:20:38	13:40

Veterana F40

1	11	Cláudia Patrícia da Silva Moreira	A.D.Amarante	Veterana F40	02:48:05		07:38
2	20	Conceição Ribeiro	ADNA - Associação Desportiva Nós Acreditamos	Veterana F40	02:55:54	+07:49	08:00
3	94	EUFEMIA LANDEIRA	Individual	Veterana F40	02:58:16	+10:10	08:06
4	93	Cláudia da Silva Pereira	Individual	Veterana F40	03:00:47	+12:41	08:13
5	96	Solange Sousa	Individual	Veterana F40	03:01:20	+13:14	08:15
6	155	CIDALIA CRISTINA DOS SANTOS NOVAIS	RINUS FAFE	Veterana F40	03:14:18	+26:13	08:50
7	35	Susana Alves	Bota&Siga	Veterana F40	03:25:19	+37:14	09:20
8	30	Helena Cunha	ARRASTASSOLAS	Veterana F40	03:33:05	+44:59	09:41
9	54	Luisa Araujo	Fever-Tree Team	Veterana F40	03:33:36	+45:31	09:43
10	95	Marcia Sousa	Individual	Veterana F40	03:33:37	+45:31	09:43
11	92	Alexandra Cristina Oliveira da Silva	Individual	Veterana F40	03:39:43	+51:37	09:59
12	9	Ana Paula Carneiro	A voar	Veterana F40	04:16:49	+01:28:44	11:40
13	161	Margarida Dantas	TEAM LANTEMIL	Veterana F40	04:39:42	+01:51:37	12:43

Prova Principal — 22 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F50

1	152	Maria do Ceu Alves Fernandes	RFRUN	Veterana F50	02:33:33		06:59
2	98	Guilhermina Ferreira	Individual	Veterana F50	03:24:41	+51:07	09:18
3	156	Laura Rodrigues	Rio Fit Running	Veterana F50	03:33:16	+59:43	09:42
4	158	Susana Silva	Rio Fit Running	Veterana F50	03:33:16	+59:43	09:42
5	157	Rosa Ribeiro	Rio Fit Running	Veterana F50	03:33:16	+59:43	09:42
6	179	Maria Agostinha Gonçalves	Sociade Recreio Cepanense	Veterana F50	04:13:09	+01:39:36	11:30

Veterano M40

1	36	Avelino Macedo	Minho e Lima Trail	Veterano M40	01:49:00		04:57
2	144	Luciano Pereira	Pegasus OCR ProTeam	Veterano M40	01:49:40	+00:40	04:59
3	105	Emílio Jorge Rodrigues de Carvalho	Individual	Veterano M40	01:51:21	+02:21	05:04
4	14	Paulo Costa	A.D.Amarante	Veterano M40	01:57:21	+08:20	05:20
5	114	Maurício Ferreira	Individual	Veterano M40	01:58:36	+09:35	05:23
6	101	Bruno Sousa	Individual	Veterano M40	02:00:18	+11:17	05:28
7	107	Hélder Silva	Individual	Veterano M40	02:00:35	+11:34	05:29
8	151	RAFA MIRANDA	Promessas do atletismo	Veterano M40	02:05:06	+16:05	05:41
9	143	Helder Rodrigues	Pegasus OCR ProTeam	Veterano M40	02:07:46	+18:46	05:48
10	7	Cristiano Cunha	A D Nos Acreditamos	Veterano M40	02:08:39	+19:38	05:51
11	41	António Teles	CLUBE TRILHEIROS & AMIGOS	Veterano M40	02:13:02	+24:02	06:03
12	148	Hugo Lopes	Promessas do atletismo	Veterano M40	02:16:07	+27:07	06:11
13	52	Luis Miguel	Erdal-Vimarunners	Veterano M40	02:17:20	+28:19	06:15
14	150	José Félix	Promessas do atletismo	Veterano M40	02:18:51	+29:51	06:19
15	112	José Ricardo Machado Pereira	Individual	Veterano M40	02:22:41	+33:41	06:29
16	15	Joaquim Mendes	ADEPE	Veterano M40	02:27:18	+38:18	06:42
17	37	Frederico Monteiro	Cansados	Veterano M40	02:27:25	+38:25	06:42
18	51	João Santos	Erdal-Vimarunners	Veterano M40	02:27:52	+38:52	06:43
19	168	Helder Pereira	Travassós Running	Veterano M40	02:28:07	+39:07	06:44
20	120	Rui Orlando Neto	Individual	Veterano M40	02:29:23	+40:22	06:47
21	119	Ricardo Costa	Individual	Veterano M40	02:29:23	+40:22	06:47
22	43	Ricardo Dantas	Crocodilos/MisterPC	Veterano M40	02:30:49	+41:49	06:51
23	33	Pedro Magalhaes	ARRASTASSOLAS	Veterano M40	02:33:06	+44:05	06:58
24	31	Luis Gordicho	ARRASTASSOLAS	Veterano M40	02:33:06	+44:06	06:58
25	26	João Moreira	aiquemedoi.blogspot.com	Veterano M40	02:33:19	+44:19	06:58
26	17	Fernando Faria	ADEPE	Veterano M40	02:34:43	+45:43	07:02
27	12	Daniel Santos	A.D.Amarante	Veterano M40	02:36:47	+47:47	07:08
28	13	Nuno Moura	A.D.Amarante	Veterano M40	02:36:49	+47:49	07:08
29	102	Carlos Alberto	Individual	Veterano M40	02:37:57	+48:57	07:11
30	153	Jose Carlos Morais Fernandes	RFRUN	Veterano M40	02:37:58	+48:58	07:11
31	5	Paulo Costa	100RaiosTeam	Veterano M40	02:42:11	+53:11	07:22
32	149	Joel Cunha	Promessas do atletismo	Veterano M40	02:42:27	+53:27	07:23
33	121	Rui Pedro Marinho Pinto	Individual	Veterano M40	02:46:26	+57:26	07:34
34	111	Jose Lopes	Individual	Veterano M40	02:47:26	+58:26	07:37
35	38	Joaquim Silva	Cansados	Veterano M40	02:48:55	+59:54	07:41

Prova Principal — 22 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

36	115	Miguel Gonçalves	Individual	Veterano M40	02:48:55	+59:54	07:41
37	39	José Gonçalves	Cansados	Veterano M40	02:48:55	+59:54	07:41
38	116	Nelson Castro	Individual	Veterano M40	02:51:11	+01:02:11	07:47
39	21	César Pinheiro	ADNA - Associação Desportiva Nós Acreditamos	Veterano M40	02:52:41	+01:03:41	07:51
40	100	Américo Loureiro	Individual	Veterano M40	02:53:16	+01:04:16	07:53
41	162	Miguel Araújo	TEAM LANTEMIL	Veterano M40	02:53:19	+01:04:19	07:53
42	109	José Carlos silva lemos	Individual	Veterano M40	02:53:27	+01:04:27	07:53
43	123	Vitor Pereira	Individual	Veterano M40	02:58:22	+01:09:22	08:06
44	99	Agostinho Manuel Sousa Pinto	Individual	Veterano M40	03:00:45	+01:11:45	08:13
45	118	Ricardo Barroso	Individual	Veterano M40	03:00:47	+01:11:47	08:13
46	104	Daniel Henriques	Individual	Veterano M40	03:13:30	+01:24:30	08:48
47	106	filipe moreira	Individual	Veterano M40	03:15:53	+01:26:52	08:54
48	117	Pedro Miguel Alves	Individual	Veterano M40	03:19:23	+01:30:23	09:04
49	167	Ricardo Lopes	TRAILAMENTE	Veterano M40	03:22:13	+01:33:13	09:12
50	113	Luís Miguel Magalhães	Individual	Veterano M40	03:24:40	+01:35:40	09:18
51	50	Bruno Fernandes	Erdal-Vimarunners	Veterano M40	03:28:47	+01:39:47	09:29
52	164	Sérgio Bastos	TEAM LANTEMIL	Veterano M40	03:29:40	+01:40:40	09:32
53	122	Silvio Freitas	Individual	Veterano M40	03:33:11	+01:44:11	09:41
54	55	Miguel Carvalho	Fever-Tree Team	Veterano M40	03:33:36	+01:44:36	09:43
55	53	Marco Ribeiro	Erdal-Vimarunners	Veterano M40	03:33:36	+01:44:36	09:43
56	163	Rogério Lopes	TEAM LANTEMIL	Veterano M40	03:41:38	+01:52:37	10:04
57	32	Mario Santos	ARRASTASSOLAS	Veterano M40	03:47:41	+01:58:41	10:21
58	108	Hernâni Veríssimo	Individual	Veterano M40	04:16:52	+02:27:52	11:41

Veterano M50

1	42	Carlos Silva	CLUBE TRILHEIROS & AMIGOS	Veterano M50	02:16:24		06:12
2	124	Alcides Lemos	Individual	Veterano M50	02:17:57	+01:33	06:16
3	34	Pedro Carvalho	ARRASTASSOLAS	Veterano M50	02:19:33	+03:09	06:21
4	170	Adriano Freitas Teixeira	Tuga Mobile ADAP Trail	Veterano M50	02:34:07	+17:43	07:00
5	128	Henrique Santos	Individual	Veterano M50	02:35:51	+19:27	07:05
6	133	RICARDO LEMOS	Individual	Veterano M50	02:41:25	+25:01	07:20
7	125	António Caarlos Marques Nogueira	Individual	Veterano M50	02:45:47	+29:22	07:32
8	130	Noel Pereira	Individual	Veterano M50	02:47:11	+30:47	07:36
9	134	Rui Silva	Individual	Veterano M50	02:47:27	+31:03	07:37
10	129	Luis Oliveira	Individual	Veterano M50	02:49:42	+33:18	07:43
11	132	Ricardo Ceia	Individual	Veterano M50	02:57:23	+40:59	08:04
12	135	Vitor Pinto	Individual	Veterano M50	03:03:05	+46:41	08:19
13	127	Eduardo Cardoso	Individual	Veterano M50	03:03:05	+46:41	08:19
14	181	Avelino Pereira	Bota&Siga	Veterano M50	03:04:12	+47:48	08:22
15	18	Olegário Oliveira	ADEPE	Veterano M50	03:08:55	+52:30	08:35
16	131	Pedro Oliveira	Individual	Veterano M50	03:11:20	+54:55	08:42
17	61	Carlos Carneiro	HERE4BEER	Veterano M50	03:26:51	+01:10:27	09:24
18	160	Francisco Cunha	Rio Fit Running	Veterano M50	03:33:19	+01:16:55	09:42
19	126	Augusto Cunha	Individual	Veterano M50	03:42:46	+01:26:22	10:08

Prova Principal

22 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

20	175	Jorge Veloso	Unidos pela Cuca	Veterano M50	04:45:09	+02:28:45	12:58

TEAM RESULTS - PROVA PRINCIPAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	PEGASUS OCR PROTEAM	5 + 16 + 18	39
2	PROMESSAS DO ATLETISMO	15 + 25 + 30	70
3	A.D.AMARANTE	8 + 14 + 55	77
4	A D NOS ACREDITAMOS	17 + 22 + 65	104
5	ERDAL-VIMARUNNERS	27 + 40 + 53	120
6	ARRASTASSOLAS	31 + 47 + 48	126
7	CANSADOS	39 + 73 + 75	187
8	ADEPE	38 + 52 + 102	192
9	ADTTR TRAVASSOS RUNNING FAFE	99 + 100 + 136	335
10	TEAM LANTEMIL	81 + 123 + 139	343
11	HERE4BEER	119 + 120 + 124	363
12	RIO FIT RUNNING	128 + 129 + 130	387
13	UNIDOS PELA CUCA	147 + 154 + 155	456