

5K - STAGE 1
5 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 13:00 | 16,1°C | 91% |
| End | 14:25 | 23,6°C | 59% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|----------------------|------------|-----------------|--------|--------|-------|
| 1 | 244 | Sorcha Mc Allister | irl | Senior Feminino | 21:34 | | 04:19 |
| 2 | 177 | Rita Coelho | aabv | Senior Feminino | 21:51 | +00:16 | 04:22 |
| 3 | 208 | Patrícia Serafim | casj | Veterana F40 | 22:06 | +00:32 | 04:25 |
| 4 | 178 | Liliana Veríssimo | aabv | Veterana F35 | 22:54 | +01:20 | 04:35 |
| 5 | 241 | Aiislinn Moorhouse | irl | Senior Feminino | 23:08 | +01:33 | 04:38 |
| 6 | 243 | Siriad Crorir | irl | Senior Feminino | 23:23 | +01:49 | 04:41 |
| 7 | 260 | Elena Heger | individual | Senior Feminino | 23:27 | +01:52 | 04:41 |
| 8 | 240 | Sorcha O'Connor | irl | Junior Feminino | 23:49 | +02:14 | 04:46 |
| 9 | 237 | Hazel Kenny | irl | Junior Feminino | 24:06 | +02:31 | 04:49 |
| 10 | 219 | Isabel Gonçalves | cdq | Veterana F40 | 24:09 | +02:35 | 04:50 |
| 11 | 261 | Victoria Riddell | individual | Senior Feminino | 24:10 | +02:35 | 04:50 |
| 12 | 212 | Ana Parreira | casj | Veterana F50 | 24:12 | +02:38 | 04:51 |
| 13 | 210 | Carina Correia | casj | Veterana F45 | 24:38 | +03:03 | 04:56 |
| 14 | 238 | Mya O'Reilly | irl | Junior Feminino | 24:44 | +03:09 | 04:57 |
| 15 | 201 | Eva Bento | casj | Senior Feminino | 25:02 | +03:27 | 05:01 |
| 16 | 235 | Ciara Sheedy | irl | Junior Feminino | 25:31 | +03:57 | 05:06 |
| 17 | 176 | Celina Huizinga | aabv | Junior Feminino | 25:42 | +04:08 | 05:09 |
| 18 | 207 | Ana Oliveira | casj | Veterana F40 | 26:07 | +04:33 | 05:14 |
| 19 | 181 | Isa Parreira | aabv | Veterana F40 | 26:26 | +04:51 | 05:17 |
| 20 | 236 | Hannah Walsh | irl | Junior Feminino | 26:30 | +04:56 | 05:18 |
| 21 | 249 | Violeta Veloso | ocl | Senior Feminino | 26:37 | +05:03 | 05:20 |
| 22 | 252 | Sofia Dias | ocl | Veterana F40 | 26:40 | +05:06 | 05:20 |
| 23 | 246 | Mariannela Gonçalves | ocl | Junior Feminino | 26:48 | +05:13 | 05:22 |
| 24 | 192 | Sandra Bailote | adaal | Veterana F50 | 26:48 | +05:14 | 05:22 |
| 25 | 258 | Sónia Palma | totad | Veterana F45 | 26:55 | +05:20 | 05:23 |
| 26 | 191 | Filomena Sabino | acsamb | Veterana F50 | 27:04 | +05:29 | 05:25 |
| 27 | 221 | Marisa Francisco | cdq | Veterana F45 | 27:12 | +05:37 | 05:26 |
| 28 | 257 | Eunice Jesus | totad | Veterana F45 | 27:23 | +05:48 | 05:29 |
| 29 | 256 | Andreia Pinto | totad | Veterana F40 | 28:08 | +06:33 | 05:38 |
| 30 | 255 | Patrícia Emídio | totad | Senior Feminino | 28:18 | +06:44 | 05:40 |
| 31 | 228 | Ana Rita Cardoso | cop | Veterana F40 | 28:24 | +06:49 | 05:41 |
| 32 | 250 | Marlene Ribeiro | ocl | Veterana F35 | 28:24 | +06:50 | 05:41 |
| 33 | 190 | Fernanda Mendonça | acsamb | Veterana F50 | 28:31 | +06:56 | 05:42 |
| 34 | 183 | Deolinda Lopes | aabv | Veterana F55 | 28:46 | +07:12 | 05:45 |
| 35 | 245 | PAOLA LAZZINI | ita | Veterana F50 | 28:50 | +07:15 | 05:46 |
| 36 | 186 | Raquel Marques | acsamb | Senior Feminino | 29:09 | +07:35 | 05:50 |
| 37 | 231 | Anabela Moreira | cop | Veterana F50 | 30:21 | +08:46 | 06:04 |
| 38 | 202 | Oleksandra Avtayeva | casj | Senior Feminino | 30:24 | +08:49 | 06:05 |
| 39 | 198 | Ana Barbara | algr | Veterana F50 | 30:35 | +09:00 | 06:07 |
| 40 | 239 | Sarah McDonnell | irl | Junior Feminino | 30:47 | +09:12 | 06:09 |
| 41 | 253 | Vera Viana | ocl | Veterana F40 | 30:54 | +09:19 | 06:11 |
| 42 | 232 | Maria Carrega | cral | Veterana F55 | 31:25 | +09:50 | 06:17 |

5K - STAGE 1
5 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|-------------|------------|--------------------|-------------|-----------------|---------------|-------------|-------------|
| 43 | 222 | Susana Sobral | cdq | Veterana F50 | 31:49 | +10:14 | 06:22 |
| 44 | 187 | Elsa Gaspar | acsamb | Veterana F35 | 32:17 | +10:43 | 06:28 |
| 45 | 217 | Lisa Vieira | cdq | Veterana F35 | 32:47 | +11:13 | 06:34 |
| 46 | 234 | Paula Nave | ind | Veterana F55 | 33:13 | +11:39 | 06:39 |
| 47 | 224 | Marília Cavaco | cdq | Veterana F70 | 33:33 | +11:58 | 06:43 |
| 48 | 215 | Vlada Yatsyno | cdq | Senior Feminino | 33:38 | +12:03 | 06:44 |
| 49 | 259 | Regina Scherer | tv bühlert | Veterana F65 | 33:50 | +12:16 | 06:46 |
| 50 | 230 | Sara Aníbal | cop | Veterana F40 | 35:39 | +14:04 | 07:08 |
| 51 | 197 | Fernanda Vairinhos | adect | Veterana F55 | 35:41 | +14:07 | 07:08 |
| 52 | 226 | Catarina Do Vale | cop | Veterana F35 | 35:57 | +14:22 | 07:11 |

5K

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 13:00 | 16,1°C | 91% |
| End | 14:25 | 23,6°C | 59% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------------------------|-----|----------------------|------|-----------------|--------|--------|-------|
| Junior Feminino | | | | | | | |
| 1 | 240 | Sorcha O'Connor | IRL | Junior Feminino | 23:49 | +02:14 | 04:46 |
| 2 | 237 | Hazel Kenny | IRL | Junior Feminino | 24:06 | +02:31 | 04:49 |
| 3 | 238 | Mya O'Reilly | IRL | Junior Feminino | 24:44 | +03:09 | 04:57 |
| 4 | 235 | Ciara Sheedy | IRL | Junior Feminino | 25:31 | +03:57 | 05:06 |
| 5 | 176 | Celina Huizinga | AABV | Junior Feminino | 25:42 | +04:08 | 05:09 |
| 6 | 236 | Hannah Walsh | IRL | Junior Feminino | 26:30 | +04:56 | 05:18 |
| 7 | 246 | Mariannela Gonçalves | OCL | Junior Feminino | 26:48 | +05:13 | 05:22 |
| 8 | 239 | Sarah McDonnell | IRL | Junior Feminino | 30:47 | +09:12 | 06:09 |

Senior Feminino

| | | | | | | | |
|----|-----|---------------------|------------|-----------------|-------|--------|-------|
| 1 | 244 | Sorcha Mc Allister | IRL | Senior Feminino | 21:34 | | 04:19 |
| 2 | 177 | Rita Coelho | AABV | Senior Feminino | 21:51 | +00:16 | 04:22 |
| 3 | 241 | Aiislinn Moorhouse | IRL | Senior Feminino | 23:08 | +01:33 | 04:38 |
| 4 | 243 | Siriad Crorir | IRL | Senior Feminino | 23:23 | +01:49 | 04:41 |
| 5 | 260 | Elena Heger | Individual | Senior Feminino | 23:27 | +01:52 | 04:41 |
| 6 | 261 | Victoria Riddell | Individual | Senior Feminino | 24:10 | +02:35 | 04:50 |
| 7 | 201 | Eva Bento | CASJ | Senior Feminino | 25:02 | +03:27 | 05:01 |
| 8 | 249 | Violeta Veloso | OCL | Senior Feminino | 26:37 | +05:03 | 05:20 |
| 9 | 255 | Patrícia Emídio | TOTAD | Senior Feminino | 28:18 | +06:44 | 05:40 |
| 10 | 186 | Raquel Marques | ACSAMB | Senior Feminino | 29:09 | +07:35 | 05:50 |
| 11 | 202 | Oleksandra Avtayeva | CASJ | Senior Feminino | 30:24 | +08:49 | 06:05 |
| 12 | 215 | Vlada Yatsyno | CDQ | Senior Feminino | 33:38 | +12:03 | 06:44 |

Veterana F35

| | | | | | | | |
|---|-----|-------------------|--------|--------------|-------|--------|-------|
| 1 | 178 | Liliana Veríssimo | AABV | Veterana F35 | 22:54 | +01:20 | 04:35 |
| 2 | 250 | Marlene Ribeiro | OCL | Veterana F35 | 28:24 | +06:50 | 05:41 |
| 3 | 187 | Elsa Gaspar | ACSAMB | Veterana F35 | 32:17 | +10:43 | 06:28 |
| 4 | 217 | Lisa Vieira | CDQ | Veterana F35 | 32:47 | +11:13 | 06:34 |
| 5 | 226 | Catarina Do Vale | COP | Veterana F35 | 35:57 | +14:22 | 07:11 |

Veterana F40

| | | | | | | | |
|---|-----|------------------|------|--------------|-------|--------|-------|
| 1 | 208 | Patrícia Serafim | CASJ | Veterana F40 | 22:06 | +00:32 | 04:25 |
| 2 | 219 | Isabel Gonçalves | CDQ | Veterana F40 | 24:09 | +02:35 | 04:50 |
| 3 | 207 | Ana Oliveira | CASJ | Veterana F40 | 26:07 | +04:33 | 05:14 |
| 4 | 181 | Isa Parreira | AABV | Veterana F40 | 26:26 | +04:51 | 05:17 |

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5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | | | | | | | |
|---|-----|------------------|-------|--------------|-------|--------|-------|
| 5 | 252 | Sofia Dias | OCL | Veterana F40 | 26:40 | +05:06 | 05:20 |
| 6 | 256 | Andreia Pinto | TOTAD | Veterana F40 | 28:08 | +06:33 | 05:38 |
| 7 | 228 | Ana Rita Cardoso | COP | Veterana F40 | 28:24 | +06:49 | 05:41 |
| 8 | 253 | Vera Viana | OCL | Veterana F40 | 30:54 | +09:19 | 06:11 |
| 9 | 230 | Sara Aníbal | COP | Veterana F40 | 35:39 | +14:04 | 07:08 |

Veterana F45

| | | | | | | | |
|---|-----|------------------|-------|--------------|-------|--------|-------|
| 1 | 210 | Carina Correia | CASJ | Veterana F45 | 24:38 | +03:03 | 04:56 |
| 2 | 258 | Sónia Palma | TOTAD | Veterana F45 | 26:55 | +05:20 | 05:23 |
| 3 | 221 | Marisa Francisco | CDQ | Veterana F45 | 27:12 | +05:37 | 05:26 |
| 4 | 257 | Eunice Jesus | TOTAD | Veterana F45 | 27:23 | +05:48 | 05:29 |

Veterana F50

| | | | | | | | |
|---|-----|-------------------|--------|--------------|-------|--------|-------|
| 1 | 212 | Ana Parreira | CASJ | Veterana F50 | 24:12 | +02:38 | 04:51 |
| 2 | 192 | Sandra Bailote | ADAAL | Veterana F50 | 26:48 | +05:14 | 05:22 |
| 3 | 191 | Filomena Sabino | ACSAMB | Veterana F50 | 27:04 | +05:29 | 05:25 |
| 4 | 190 | Fernanda Mendonça | ACSAMB | Veterana F50 | 28:31 | +06:56 | 05:42 |
| 5 | 245 | PAOLA LAZZINI | ITA | Veterana F50 | 28:50 | +07:15 | 05:46 |
| 6 | 231 | Anabela Moreira | COP | Veterana F50 | 30:21 | +08:46 | 06:04 |
| 7 | 198 | Ana Barbara | ALGR | Veterana F50 | 30:35 | +09:00 | 06:07 |
| 8 | 222 | Susana Sobral | CDQ | Veterana F50 | 31:49 | +10:14 | 06:22 |

Veterana F55

| | | | | | | | |
|---|-----|--------------------|-------|--------------|-------|--------|-------|
| 1 | 183 | Deolinda Lopes | AABV | Veterana F55 | 28:46 | +07:12 | 05:45 |
| 2 | 232 | Maria Carrega | CRAL | Veterana F55 | 31:25 | +09:50 | 06:17 |
| 3 | 234 | Paula Nave | ind | Veterana F55 | 33:13 | +11:39 | 06:39 |
| 4 | 197 | Fernanda Vairinhos | ADECT | Veterana F55 | 35:41 | +14:07 | 07:08 |

Veterana F65

| | | | | | | | |
|---|-----|----------------|------------|--------------|-------|--------|-------|
| 1 | 259 | Regina Scherer | TV Bühlert | Veterana F65 | 33:50 | +12:16 | 06:46 |
|---|-----|----------------|------------|--------------|-------|--------|-------|

Veterana F70

| | | | | | | | |
|---|-----|----------------|-----|--------------|-------|--------|-------|
| 1 | 224 | Marília Cavaco | CDQ | Veterana F70 | 33:33 | +11:58 | 06:43 |
|---|-----|----------------|-----|--------------|-------|--------|-------|

7K - STAGE 1

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 14:00 | 23,6°C | 59% |
| End | 15:22 | 24°C | 57% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|--------------------------------|---------|------------------|--------|--------|-------|
| 1 | 51 | Daniel Martins | casj | Senior Masculino | 23:57 | | 03:25 |
| 2 | 4 | João Fernandes | aabv | Senior Masculino | 24:04 | +00:07 | 03:26 |
| 3 | 76 | Mourad Ed Dafali | cbf | Sub 23 Masculino | 24:18 | +00:20 | 03:28 |
| 4 | 59 | Cláudio Pica | casj | Veterano M40 | 24:36 | +00:38 | 03:31 |
| 5 | 30 | Fernando Silva | acsamb | Veterano M40 | 24:46 | +00:49 | 03:32 |
| 6 | 131 | ALESSIO TERRASI | ita | Senior Masculino | 24:47 | +00:49 | 03:32 |
| 7 | 26 | Fábio Mascarenhas | acsamb | Senior Masculino | 25:02 | +01:04 | 03:35 |
| 8 | 5 | Rafael Menau | aabv | Senior Masculino | 25:27 | +01:29 | 03:38 |
| 9 | 126 | Lorcan Benjancar | irl | Junior Masculino | 25:38 | +01:40 | 03:40 |
| 10 | 130 | Oran Hare | irl | Senior Masculino | 25:50 | +01:52 | 03:41 |
| 11 | 67 | Nuno Miguel Correia | casj | Veterano M45 | 25:55 | +01:57 | 03:42 |
| 12 | 12 | Manuel Rodrigues | aabv | Veterano M40 | 26:21 | +02:24 | 03:46 |
| 13 | 9 | Vasco Tita | aabv | Sub 23 Masculino | 26:31 | +02:34 | 03:47 |
| 14 | 77 | Guilherme Martins | ccsjm | Sub 23 Masculino | 26:38 | +02:40 | 03:48 |
| 15 | 111 | André Antunes | gre-aa | Sub 23 Masculino | 26:46 | +02:48 | 03:49 |
| 16 | 57 | Filipe Cagica | casj | Veterano M35 | 26:52 | +02:54 | 03:50 |
| 17 | 90 | João Chagas | cop | Senior Masculino | 27:01 | +03:03 | 03:52 |
| 18 | 27 | Celso Brito | acsamb | Veterano M35 | 27:01 | +03:03 | 03:52 |
| 19 | 75 | Duarte Jacinto | cbf | Junior Masculino | 27:14 | +03:17 | 03:54 |
| 20 | 58 | Ricardo Santos | casj | Veterano M35 | 27:21 | +03:23 | 03:54 |
| 21 | 125 | Leon Brady | irl | Junior Masculino | 27:25 | +03:27 | 03:55 |
| 22 | 98 | Bruno Batista | cral | Senior Masculino | 27:38 | +03:40 | 03:57 |
| 23 | 129 | Mark Gilligan | irl | Senior Masculino | 27:40 | +03:42 | 03:57 |
| 24 | 6 | Igor Varela | aabv | Sub 23 Masculino | 27:41 | +03:44 | 03:57 |
| 25 | 127 | Oran McGowan | irl | Junior Masculino | 27:48 | +03:50 | 03:58 |
| 26 | 157 | Rui Andrade | totad | Veterano M35 | 28:10 | +04:13 | 04:02 |
| 27 | 162 | Khalid Tahiri | totad | Veterano M45 | 28:26 | +04:29 | 04:04 |
| 28 | 25 | Francisco Silva | acsamb | Junior Masculino | 28:29 | +04:31 | 04:04 |
| 29 | 123 | Devan Morrissey | irl | Junior Masculino | 28:32 | +04:34 | 04:05 |
| 30 | 61 | João Constantino | casj | Veterano M40 | 28:33 | +04:35 | 04:05 |
| 31 | 11 | Tomas Swift-Metcalfe | aabv | Veterano M35 | 28:33 | +04:36 | 04:05 |
| 32 | 33 | Nelson Dias | acsamb | Veterano M45 | 28:46 | +04:48 | 04:07 |
| 33 | 110 | Hugo Daniel Fernandes da Silva | gdronda | Veterano M45 | 28:50 | +04:52 | 04:07 |
| 34 | 165 | João Pisco | totad | Veterano M55 | 29:11 | +05:13 | 04:10 |
| 35 | 109 | João Campião | gdpn | Veterano M45 | 29:17 | +05:19 | 04:11 |
| 36 | 13 | Sénio Messia | aabv | Veterano M40 | 29:21 | +05:23 | 04:12 |
| 37 | 31 | José Carlos Silva | acsamb | Veterano M40 | 29:32 | +05:35 | 04:13 |
| 38 | 117 | David Fernandes | ind | Veterano M45 | 29:37 | +05:39 | 04:14 |
| 39 | 124 | Finbarr Coughlan | irl | Junior Masculino | 29:44 | +05:46 | 04:15 |
| 40 | 108 | Mário Torrinha | gdalc | Veterano M55 | 29:54 | +05:56 | 04:16 |
| 41 | 1 | Gustavo Sustelo | aabv | Junior Masculino | 29:57 | +05:59 | 04:17 |

7K - STAGE 1

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|---------------------|-----------|------------------|--------|--------|-------|
| 42 | 29 | Rodrigo Parrini | acsamb | Veterano M35 | 30:02 | +06:05 | 04:18 |
| 43 | 96 | Valentim Vargues | cop | Veterano M50 | 30:11 | +06:13 | 04:19 |
| 44 | 167 | Paulo Silva | totad | Veterano M55 | 30:13 | +06:15 | 04:19 |
| 45 | 38 | Rui Bernardo | acsamb | Veterano M55 | 30:21 | +06:23 | 04:20 |
| 46 | 166 | Paulo Emídio | totad | Veterano M55 | 30:22 | +06:24 | 04:20 |
| 47 | 112 | Filipe Palma | ind | Junior Masculino | 30:38 | +06:40 | 04:23 |
| 48 | 145 | Eurico Correia | ocl | Veterano M50 | 30:48 | +06:51 | 04:24 |
| 49 | 148 | Ozéias Souza | ocl | Veterano M55 | 30:58 | +07:01 | 04:26 |
| 50 | 161 | Helder Ramos | totad | Veterano M45 | 31:01 | +07:04 | 04:26 |
| 51 | 153 | Pedro correia | odelouks | Veterano M40 | 31:02 | +07:05 | 04:26 |
| 52 | 169 | Marcos Limon | trigueros | Veterano M45 | 31:11 | +07:14 | 04:27 |
| 53 | 47 | José Luís Santos | atr | Veterano M60 | 31:13 | +07:15 | 04:28 |
| 54 | 100 | Antonio Afonso | cral | Veterano M50 | 31:17 | +07:19 | 04:28 |
| 55 | 107 | Nelson Palma | gdalc | Veterano M40 | 31:18 | +07:20 | 04:28 |
| 56 | 155 | Herlander Pessoa | totad | Veterano M35 | 31:21 | +07:23 | 04:29 |
| 57 | 152 | José Reis | ocl | Veterano M60 | 31:26 | +07:28 | 04:29 |
| 58 | 35 | Renato Martins | acsamb | Veterano M45 | 31:27 | +07:30 | 04:30 |
| 59 | 164 | Alfredo Gomes | totad | Veterano M55 | 31:32 | +07:34 | 04:30 |
| 60 | 134 | José Simões | ltc | Veterano M60 | 31:38 | +07:40 | 04:31 |
| 61 | 163 | Ricardo Ferreira | totad | Veterano M45 | 32:17 | +08:19 | 04:37 |
| 62 | 28 | Élio Fonseca | acsamb | Veterano M35 | 32:24 | +08:26 | 04:38 |
| 63 | 102 | Victor Martins | cral | Veterano M50 | 32:31 | +08:34 | 04:39 |
| 64 | 39 | Hilário Guerreiro | acsamb | Veterano M65 | 32:36 | +08:38 | 04:39 |
| 65 | 37 | Leonel Cristina | acsamb | Veterano M55 | 32:39 | +08:42 | 04:40 |
| 66 | 83 | Nelson Rafael | cdq | Veterano M50 | 32:45 | +08:47 | 04:41 |
| 67 | 89 | Danielson Mendes | cop | Senior Masculino | 32:45 | +08:48 | 04:41 |
| 68 | 146 | Paulo Gilson | ocl | Veterano M50 | 33:16 | +09:18 | 04:45 |
| 69 | 52 | Fábio Santos | casj | Senior Masculino | 33:16 | +09:18 | 04:45 |
| 70 | 99 | Carlos Gago | cral | Veterano M40 | 33:19 | +09:21 | 04:46 |
| 71 | 46 | Rui Guerreiro | adect | Veterano M40 | 33:20 | +09:23 | 04:46 |
| 72 | 158 | Hugo Conceição | totad | Veterano M40 | 33:30 | +09:32 | 04:47 |
| 73 | 93 | Paulo Anibal | cop | Veterano M40 | 33:38 | +09:40 | 04:48 |
| 74 | 170 | Salvador Limon | trigueros | Veterano M45 | 33:38 | +09:41 | 04:48 |
| 75 | 92 | David Cardoso | cop | Veterano M40 | 33:51 | +09:53 | 04:50 |
| 76 | 144 | Pedro Faria | ocl | Veterano M40 | 33:52 | +09:54 | 04:50 |
| 77 | 156 | Juan Luis Garzon | totad | Veterano M35 | 34:07 | +10:10 | 04:53 |
| 78 | 81 | Luís Massapina | cdq | Veterano M40 | 34:48 | +10:51 | 04:58 |
| 79 | 160 | Daniel Cruz | totad | Veterano M45 | 35:00 | +11:02 | 05:00 |
| 80 | 114 | Mário Pombo | ind | Veterano M40 | 35:05 | +11:08 | 05:01 |
| 81 | 17 | João Carlos Almeida | aabv | Veterano M50 | 35:34 | +11:36 | 05:05 |
| 82 | 95 | Rui Anibal | cop | Veterano M45 | 35:36 | +11:38 | 05:05 |
| 83 | 159 | André Lima Cabrita | totad | Veterano M45 | 35:37 | +11:39 | 05:05 |
| 84 | 8 | Leandro Gomes | aabv | Sub 23 Masculino | 36:05 | +12:07 | 05:09 |
| 85 | 135 | Bernardo | nd | Senior Masculino | 36:08 | +12:11 | 05:10 |
| 86 | 72 | Luis Ushina | casj | Veterano M60 | 36:11 | +12:13 | 05:10 |
| 87 | 78 | Francisco Cruz | cdq | Senior Masculino | 36:32 | +12:35 | 05:13 |

7K

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 14:00 | 23,6°C | 59% |
| End | 15:22 | 24°C | 57% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|-------------------------|-----|------------------|--------|------------------|--------|--------|-------|
| Junior Masculino | | | | | | | |
| 1 | 126 | Lorcan Benjacar | IRL | Junior Masculino | 25:38 | +01:40 | 03:40 |
| 2 | 75 | Duarte Jacinto | CBF | Junior Masculino | 27:14 | +03:17 | 03:54 |
| 3 | 125 | Leon Brady | IRL | Junior Masculino | 27:25 | +03:27 | 03:55 |
| 4 | 127 | Oran McGowan | IRL | Junior Masculino | 27:48 | +03:50 | 03:58 |
| 5 | 25 | Francisco Silva | ACSAMB | Junior Masculino | 28:29 | +04:31 | 04:04 |
| 6 | 123 | Devan Morrissey | IRL | Junior Masculino | 28:32 | +04:34 | 04:05 |
| 7 | 124 | Finbarr Coughlan | IRL | Junior Masculino | 29:44 | +05:46 | 04:15 |
| 8 | 1 | Gustavo Sustelo | AABV | Junior Masculino | 29:57 | +05:59 | 04:17 |
| 9 | 112 | Filipe Palma | ind | Junior Masculino | 30:38 | +06:40 | 04:23 |
| 10 | 97 | Ricardo Torrado | CRAL | Junior Masculino | 38:27 | +14:29 | 05:30 |

Senior Masculino

| | | | | | | | |
|----|-----|-------------------|--------|------------------|-------|--------|-------|
| 1 | 51 | Daniel Martins | CASJ | Senior Masculino | 23:57 | | 03:25 |
| 2 | 4 | João Fernandes | AABV | Senior Masculino | 24:04 | +00:07 | 03:26 |
| 3 | 131 | ALESSIO TERRASI | ITA | Senior Masculino | 24:47 | +00:49 | 03:32 |
| 4 | 26 | Fábio Mascarenhas | ACSAMB | Senior Masculino | 25:02 | +01:04 | 03:35 |
| 5 | 5 | Rafael Menau | AABV | Senior Masculino | 25:27 | +01:29 | 03:38 |
| 6 | 130 | Oran Hare | IRL | Senior Masculino | 25:50 | +01:52 | 03:41 |
| 7 | 90 | João Chagas | COP | Senior Masculino | 27:01 | +03:03 | 03:52 |
| 8 | 98 | Bruno Batista | CRAL | Senior Masculino | 27:38 | +03:40 | 03:57 |
| 9 | 129 | Mark Gilligan | IRL | Senior Masculino | 27:40 | +03:42 | 03:57 |
| 10 | 89 | Danielson Mendes | COP | Senior Masculino | 32:45 | +08:48 | 04:41 |
| 11 | 52 | Fábio Santos | CASJ | Senior Masculino | 33:16 | +09:18 | 04:45 |
| 12 | 135 | Bernardo | Nd | Senior Masculino | 36:08 | +12:11 | 05:10 |
| 13 | 78 | Francisco Cruz | CDQ | Senior Masculino | 36:32 | +12:35 | 05:13 |

Sub 23 Masculino

| | | | | | | | |
|---|-----|-------------------|--------|------------------|-------|--------|-------|
| 1 | 76 | Mourad Ed Dafali | CBF | Sub 23 Masculino | 24:18 | +00:20 | 03:28 |
| 2 | 9 | Vasco Tita | AABV | Sub 23 Masculino | 26:31 | +02:34 | 03:47 |
| 3 | 77 | Guilherme Martins | CCSJM | Sub 23 Masculino | 26:38 | +02:40 | 03:48 |
| 4 | 111 | André Antunes | GRE-AA | Sub 23 Masculino | 26:46 | +02:48 | 03:49 |
| 5 | 6 | Igor Varela | AABV | Sub 23 Masculino | 27:41 | +03:44 | 03:57 |
| 6 | 8 | Leandro Gomes | AABV | Sub 23 Masculino | 36:05 | +12:07 | 05:09 |
| 7 | 7 | João Rodrigues | AABV | Sub 23 Masculino | 40:59 | +17:02 | 05:51 |

7K

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M35

| | | | | | | | |
|----|-----|-----------------------|-----------|--------------|-------|--------|-------|
| 1 | 57 | Filipe Cagica | CASJ | Veterano M35 | 26:52 | +02:54 | 03:50 |
| 2 | 27 | Celso Brito | ACSAMB | Veterano M35 | 27:01 | +03:03 | 03:52 |
| 3 | 58 | Ricardo Santos | CASJ | Veterano M35 | 27:21 | +03:23 | 03:54 |
| 4 | 157 | Rui Andrade | TOTAD | Veterano M35 | 28:10 | +04:13 | 04:02 |
| 5 | 11 | Tomas Swift-Metcalf | AABV | Veterano M35 | 28:33 | +04:36 | 04:05 |
| 6 | 29 | Rodrigo Parrini | ACSAMB | Veterano M35 | 30:02 | +06:05 | 04:18 |
| 7 | 155 | Herlander Pessoa | TOTAD | Veterano M35 | 31:21 | +07:23 | 04:29 |
| 8 | 28 | Élio Fonseca | ACSAMB | Veterano M35 | 32:24 | +08:26 | 04:38 |
| 9 | 156 | Juan Luis Garzon | TOTAD | Veterano M35 | 34:07 | +10:10 | 04:53 |
| 10 | 140 | Luís Glória | OCL | Veterano M35 | 37:12 | +13:15 | 05:19 |
| 11 | 49 | Nelson Xavier de Lima | BobNelson | Veterano M35 | 42:01 | +18:04 | 06:00 |

Veterano M40

| | | | | | | | |
|----|-----|-------------------|----------|--------------|-------|--------|-------|
| 1 | 59 | Cláudio Pica | CASJ | Veterano M40 | 24:36 | +00:38 | 03:31 |
| 2 | 30 | Fernando Silva | ACSAMB | Veterano M40 | 24:46 | +00:49 | 03:32 |
| 3 | 12 | Manuel Rodrigues | AABV | Veterano M40 | 26:21 | +02:24 | 03:46 |
| 4 | 61 | João Constantino | CASJ | Veterano M40 | 28:33 | +04:35 | 04:05 |
| 5 | 13 | Sénio Messia | AABV | Veterano M40 | 29:21 | +05:23 | 04:12 |
| 6 | 31 | José Carlos Silva | ACSAMB | Veterano M40 | 29:32 | +05:35 | 04:13 |
| 7 | 153 | Pedro correia | Odelouks | Veterano M40 | 31:02 | +07:05 | 04:26 |
| 8 | 107 | Nelson Palma | GDALC | Veterano M40 | 31:18 | +07:20 | 04:28 |
| 9 | 99 | Carlos Gago | CRAL | Veterano M40 | 33:19 | +09:21 | 04:46 |
| 10 | 46 | Rui Guerreiro | ADECT | Veterano M40 | 33:20 | +09:23 | 04:46 |
| 11 | 158 | Hugo Conceição | TOTAD | Veterano M40 | 33:30 | +09:32 | 04:47 |
| 12 | 93 | Paulo Anibal | COP | Veterano M40 | 33:38 | +09:40 | 04:48 |
| 13 | 92 | David Cardoso | COP | Veterano M40 | 33:51 | +09:53 | 04:50 |
| 14 | 144 | Pedro Faria | OCL | Veterano M40 | 33:52 | +09:54 | 04:50 |
| 15 | 81 | Luís Massapina | CDQ | Veterano M40 | 34:48 | +10:51 | 04:58 |
| 16 | 114 | Mário Pombo | ind | Veterano M40 | 35:05 | +11:08 | 05:01 |

Veterano M45

| | | | | | | | |
|----|-----|--------------------------------|-----------|--------------|-------|--------|-------|
| 1 | 67 | Nuno Miguel Correia | CASJ | Veterano M45 | 25:55 | +01:57 | 03:42 |
| 2 | 162 | Khalid Tahiri | TOTAD | Veterano M45 | 28:26 | +04:29 | 04:04 |
| 3 | 33 | Nelson Dias | ACSAMB | Veterano M45 | 28:46 | +04:48 | 04:07 |
| 4 | 110 | Hugo Daniel Fernandes da Silva | GDRONDA | Veterano M45 | 28:50 | +04:52 | 04:07 |
| 5 | 109 | João Campião | GDPN | Veterano M45 | 29:17 | +05:19 | 04:11 |
| 6 | 117 | David Fernandes | ind | Veterano M45 | 29:37 | +05:39 | 04:14 |
| 7 | 161 | Helder Ramos | TOTAD | Veterano M45 | 31:01 | +07:04 | 04:26 |
| 8 | 169 | Marcos Limon | Trigueros | Veterano M45 | 31:11 | +07:14 | 04:27 |
| 9 | 35 | Renato Martins | ACSAMB | Veterano M45 | 31:27 | +07:30 | 04:30 |
| 10 | 163 | Ricardo Ferreira | TOTAD | Veterano M45 | 32:17 | +08:19 | 04:37 |

7K

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | | | | | | | |
|----|-----|--------------------|-----------|--------------|-------|--------|-------|
| 11 | 170 | Salvador Limon | Trigueros | Veterano M45 | 33:38 | +09:41 | 04:48 |
| 12 | 160 | Daniel Cruz | TOTAD | Veterano M45 | 35:00 | +11:02 | 05:00 |
| 13 | 95 | Rui Anibal | COP | Veterano M45 | 35:36 | +11:38 | 05:05 |
| 14 | 159 | André Lima Cabrita | TOTAD | Veterano M45 | 35:37 | +11:39 | 05:05 |

Veterano M50

| | | | | | | | |
|---|-----|---------------------|---------|--------------|-------|--------|-------|
| 1 | 96 | Valentim Vargues | COP | Veterano M50 | 30:11 | +06:13 | 04:19 |
| 2 | 145 | Eurico Correia | OCL | Veterano M50 | 30:48 | +06:51 | 04:24 |
| 3 | 100 | Antonio Afonso | CRAL | Veterano M50 | 31:17 | +07:19 | 04:28 |
| 4 | 102 | Victor Martins | CRAL | Veterano M50 | 32:31 | +08:34 | 04:39 |
| 5 | 83 | Nelson Rafael | CDQ | Veterano M50 | 32:45 | +08:47 | 04:41 |
| 6 | 146 | Paulo Gilson | OCL | Veterano M50 | 33:16 | +09:18 | 04:45 |
| 7 | 17 | João Carlos Almeida | AABV | Veterano M50 | 35:34 | +11:36 | 05:05 |
| 8 | 74 | Daniel Cabrita | CATUNES | Veterano M50 | 37:24 | +13:26 | 05:21 |

Veterano M55

| | | | | | | | |
|----|-----|-------------------|--------|--------------|-------|--------|-------|
| 1 | 165 | João Pisco | TOTAD | Veterano M55 | 29:11 | +05:13 | 04:10 |
| 2 | 108 | Mário Torrinha | GDALC | Veterano M55 | 29:54 | +05:56 | 04:16 |
| 3 | 167 | Paulo Silva | TOTAD | Veterano M55 | 30:13 | +06:15 | 04:19 |
| 4 | 38 | Rui Bernardo | ACSAMB | Veterano M55 | 30:21 | +06:23 | 04:20 |
| 5 | 166 | Paulo Emídio | TOTAD | Veterano M55 | 30:22 | +06:24 | 04:20 |
| 6 | 148 | Ozéias Souza | OCL | Veterano M55 | 30:58 | +07:01 | 04:26 |
| 7 | 164 | Alfredo Gomes | TOTAD | Veterano M55 | 31:32 | +07:34 | 04:30 |
| 8 | 37 | Leonel Cristina | ACSAMB | Veterano M55 | 32:39 | +08:42 | 04:40 |
| 9 | 87 | José Vieira | CDQ | Veterano M55 | 40:26 | +16:29 | 05:47 |
| 10 | 103 | Orlando Sebastião | CRAL | Veterano M55 | 42:11 | +18:13 | 06:02 |

Veterano M60

| | | | | | | | |
|---|-----|------------------|-----------|--------------|-------|--------|-------|
| 1 | 47 | José Luís Santos | ATR | Veterano M60 | 31:13 | +07:15 | 04:28 |
| 2 | 152 | José Reis | OCL | Veterano M60 | 31:26 | +07:28 | 04:29 |
| 3 | 134 | José Simões | LTC | Veterano M60 | 31:38 | +07:40 | 04:31 |
| 4 | 72 | Luis Ushina | CASJ | Veterano M60 | 36:11 | +12:13 | 05:10 |
| 5 | 168 | Luis Barros | TOTAD | Veterano M60 | 37:55 | +13:58 | 05:25 |
| 6 | 105 | João Carlos Rios | FP4F | Veterano M60 | 45:29 | +21:31 | 06:30 |
| 7 | 173 | Juan Limon | Trigueros | Veterano M60 | 46:37 | +22:39 | 06:40 |

Veterano M65

| | | | | | | | |
|---|----|-------------------|--------|--------------|-------|--------|-------|
| 1 | 39 | Hilário Guerreiro | ACSAMB | Veterano M65 | 32:36 | +08:38 | 04:39 |
| 2 | 23 | Alain Guesdon | AABV | Veterano M65 | 41:06 | +17:08 | 05:52 |

7K

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | | | | | | | |
|---|-----|-------------------------------|------|--------------|-------|--------|-------|
| 3 | 106 | Henrique Inácio Pires Pereira | FP4F | Veterano M65 | 52:50 | +28:52 | 07:33 |
|---|-----|-------------------------------|------|--------------|-------|--------|-------|

Veterano M70

| | | | | | | | |
|---|-----|--------------|-----------|--------------|-------|--------|-------|
| 1 | 104 | Carlos Gema | CRL | Veterano M70 | 39:31 | +15:33 | 05:39 |
| 2 | 174 | Manuel Limon | Trigueros | Veterano M70 | 46:37 | +22:39 | 06:40 |

TEAM RESULTS - 7K MASCULINO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | TEAM | DESCRIPTION | POINTS |
|-------------|-------------|--------------------|---------------|
| 1 | CASJ | 1 + 3 + 7 + 13 | 24 |
| 2 | AABV | 2 + 6 + 8 + 9 | 25 |
| 3 | ACSAMB | 4 + 5 + 11 + 18 | 38 |
| 4 | TOTAD | 16 + 17 + 22 + 31 | 86 |
| 5 | COP | 10 + 30 + 51 + 56 | 147 |
| 6 | CRAL | 14 + 38 + 47 + 53 | 152 |
| 7 | OCL | 34 + 35 + 41 + 52 | 162 |
| 8 | CDQ | 50 + 60 + 67 + 73 | 250 |