

5K - STAGE 1

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	13:00	16,1°C	91%
End	14:25	23,6°C	59%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	244	Sorcha Mc Allister	irl	Senior Feminino	21:34		04:19
2	177	Rita Coelho	aabv	Senior Feminino	21:51	+00:16	04:22
3	208	Patrícia Serafim	casj	Veterana F40	22:06	+00:32	04:25
4	178	Liliana Veríssimo	aabv	Veterana F35	22:54	+01:20	04:35
5	241	Aiislinn Moorhouse	irl	Senior Feminino	23:08	+01:33	04:38
6	243	Siriad Crorir	irl	Senior Feminino	23:23	+01:49	04:41
7	260	Elena Heger	individual	Senior Feminino	23:27	+01:52	04:41
8	240	Sorcha O'Connor	irl	Junior Feminino	23:49	+02:14	04:46
9	237	Hazel Kenny	irl	Junior Feminino	24:06	+02:31	04:49
10	219	Isabel Gonçalves	cdq	Veterana F40	24:09	+02:35	04:50
11	261	Victoria Riddell	individual	Senior Feminino	24:10	+02:35	04:50
12	212	Ana Parreira	casj	Veterana F50	24:12	+02:38	04:51
13	210	Carina Correia	casj	Veterana F45	24:38	+03:03	04:56
14	238	Mya O'Reilly	irl	Junior Feminino	24:44	+03:09	04:57
15	201	Eva Bento	casj	Senior Feminino	25:02	+03:27	05:01
16	235	Ciara Sheedy	irl	Junior Feminino	25:31	+03:57	05:06
17	176	Celina Huizinga	aabv	Junior Feminino	25:42	+04:08	05:09
18	207	Ana Oliveira	casj	Veterana F40	26:07	+04:33	05:14
19	181	Isa Parreira	aabv	Veterana F40	26:26	+04:51	05:17
20	236	Hannah Walsh	irl	Junior Feminino	26:30	+04:56	05:18
21	249	Violeta Veloso	ocl	Senior Feminino	26:37	+05:03	05:20
22	252	Sofia Dias	ocl	Veterana F40	26:40	+05:06	05:20
23	246	Mariannela Gonçalves	ocl	Junior Feminino	26:48	+05:13	05:22
24	192	Sandra Bailote	adaal	Veterana F50	26:48	+05:14	05:22
25	258	Sónia Palma	totad	Veterana F45	26:55	+05:20	05:23
26	191	Filomena Sabino	acsamb	Veterana F50	27:04	+05:29	05:25
27	221	Marisa Francisco	cdq	Veterana F45	27:12	+05:37	05:26
28	257	Eunice Jesus	totad	Veterana F45	27:23	+05:48	05:29
29	256	Andreia Pinto	totad	Veterana F40	28:08	+06:33	05:38
30	255	Patrícia Emídio	totad	Senior Feminino	28:18	+06:44	05:40
31	228	Ana Rita Cardoso	cop	Veterana F40	28:24	+06:49	05:41
32	250	Marlene Ribeiro	ocl	Veterana F35	28:24	+06:50	05:41
33	190	Fernanda Mendonça	acsamb	Veterana F50	28:31	+06:56	05:42
34	183	Deolinda Lopes	aabv	Veterana F55	28:46	+07:12	05:45
35	245	PAOLA LAZZINI	ita	Veterana F50	28:50	+07:15	05:46
36	186	Raquel Marques	acsamb	Senior Feminino	29:09	+07:35	05:50
37	231	Anabela Moreira	cop	Veterana F50	30:21	+08:46	06:04
38	202	Oleksandra Avtayeva	casj	Senior Feminino	30:24	+08:49	06:05
39	198	Ana Barbara	algr	Veterana F50	30:35	+09:00	06:07
40	239	Sarah McDonnell	irl	Junior Feminino	30:47	+09:12	06:09
41	253	Vera Viana	ocl	Veterana F40	30:54	+09:19	06:11
42	232	Maria Carrega	cral	Veterana F55	31:25	+09:50	06:17

5K - STAGE 1
5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	222	Susana Sobral	cdq	Veterana F50	31:49	+10:14	06:22
44	187	Elsa Gaspar	acsamb	Veterana F35	32:17	+10:43	06:28
45	217	Lisa Vieira	cdq	Veterana F35	32:47	+11:13	06:34
46	234	Paula Nave	ind	Veterana F55	33:13	+11:39	06:39
47	224	Marília Cavaco	cdq	Veterana F70	33:33	+11:58	06:43
48	215	Vlada Yatsyno	cdq	Senior Feminino	33:38	+12:03	06:44
49	259	Regina Scherer	tv bühlert	Veterana F65	33:50	+12:16	06:46
50	230	Sara Aníbal	cop	Veterana F40	35:39	+14:04	07:08
51	197	Fernanda Vairinhos	adect	Veterana F55	35:41	+14:07	07:08
52	226	Catarina Do Vale	cop	Veterana F35	35:57	+14:22	07:11

5K

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	13:00	16,1°C	91%
End	14:25	23,6°C	59%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Feminino

1	240	Sorcha O'Connor	IRL	Junior Feminino	23:49	+02:14	04:46
2	237	Hazel Kenny	IRL	Junior Feminino	24:06	+02:31	04:49
3	238	Mya O'Reilly	IRL	Junior Feminino	24:44	+03:09	04:57
4	235	Ciara Sheedy	IRL	Junior Feminino	25:31	+03:57	05:06
5	176	Celina Huizinga	AABV	Junior Feminino	25:42	+04:08	05:09
6	236	Hannah Walsh	IRL	Junior Feminino	26:30	+04:56	05:18
7	246	Mariannela Gonçalves	OCL	Junior Feminino	26:48	+05:13	05:22
8	239	Sarah McDonnell	IRL	Junior Feminino	30:47	+09:12	06:09

Senior Feminino

1	244	Sorcha Mc Allister	IRL	Senior Feminino	21:34		04:19
2	177	Rita Coelho	AABV	Senior Feminino	21:51	+00:16	04:22
3	241	Aiislínn Moorhouse	IRL	Senior Feminino	23:08	+01:33	04:38
4	243	Siriad Cróir	IRL	Senior Feminino	23:23	+01:49	04:41
5	260	Elena Heger	Individual	Senior Feminino	23:27	+01:52	04:41
6	261	Victoria Riddell	Individual	Senior Feminino	24:10	+02:35	04:50
7	201	Eva Bento	CASJ	Senior Feminino	25:02	+03:27	05:01
8	249	Violeta Veloso	OCL	Senior Feminino	26:37	+05:03	05:20
9	255	Patrícia Emídio	TOTAD	Senior Feminino	28:18	+06:44	05:40
10	186	Raquel Marques	ACSAMB	Senior Feminino	29:09	+07:35	05:50
11	202	Oleksandra Avtayeva	CASJ	Senior Feminino	30:24	+08:49	06:05
12	215	Vlada Yatsyno	CDQ	Senior Feminino	33:38	+12:03	06:44

Veterana F35

1	178	Liliana Veríssimo	AABV	Veterana F35	22:54	+01:20	04:35
2	250	Marlene Ribeiro	OCL	Veterana F35	28:24	+06:50	05:41
3	187	Elsa Gaspar	ACSAMB	Veterana F35	32:17	+10:43	06:28
4	217	Lisa Vieira	CDQ	Veterana F35	32:47	+11:13	06:34
5	226	Catarina Do Vale	COP	Veterana F35	35:57	+14:22	07:11

Veterana F40

1	208	Patrícia Serafim	CASJ	Veterana F40	22:06	+00:32	04:25
2	219	Isabel Gonçalves	CDQ	Veterana F40	24:09	+02:35	04:50
3	207	Ana Oliveira	CASJ	Veterana F40	26:07	+04:33	05:14
4	181	Isa Parreira	AABV	Veterana F40	26:26	+04:51	05:17

5K**5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

5	252	Sofia Dias	OCL	Veterana F40	26:40	+05:06	05:20
6	256	Andreia Pinto	TOTAD	Veterana F40	28:08	+06:33	05:38
7	228	Ana Rita Cardoso	COP	Veterana F40	28:24	+06:49	05:41
8	253	Vera Viana	OCL	Veterana F40	30:54	+09:19	06:11
9	230	Sara Anibal	COP	Veterana F40	35:39	+14:04	07:08

Veterana F45

1	210	Carina Correia	CASJ	Veterana F45	24:38	+03:03	04:56
2	258	Sónia Palma	TOTAD	Veterana F45	26:55	+05:20	05:23
3	221	Marisa Francisco	CDQ	Veterana F45	27:12	+05:37	05:26
4	257	Eunice Jesus	TOTAD	Veterana F45	27:23	+05:48	05:29

Veterana F50

1	212	Ana Parreira	CASJ	Veterana F50	24:12	+02:38	04:51
2	192	Sandra Bailote	ADAAL	Veterana F50	26:48	+05:14	05:22
3	191	Filomena Sabino	ACSAMB	Veterana F50	27:04	+05:29	05:25
4	190	Fernanda Mendonça	ACSAMB	Veterana F50	28:31	+06:56	05:42
5	245	PAOLA LAZZINI	ITA	Veterana F50	28:50	+07:15	05:46
6	231	Anabela Moreira	COP	Veterana F50	30:21	+08:46	06:04
7	198	Ana Barbara	ALGR	Veterana F50	30:35	+09:00	06:07
8	222	Susana Sobral	CDQ	Veterana F50	31:49	+10:14	06:22

Veterana F55

1	183	Deolinda Lopes	AABV	Veterana F55	28:46	+07:12	05:45
2	232	Maria Carrega	CRAL	Veterana F55	31:25	+09:50	06:17
3	234	Paula Nave	ind	Veterana F55	33:13	+11:39	06:39
4	197	Fernanda Vairinhos	ADECT	Veterana F55	35:41	+14:07	07:08

Veterana F65

1	259	Regina Scherer	TV Bühlert	Veterana F65	33:50	+12:16	06:46
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Veterana F70

1	224	Marília Cavaco	CDQ	Veterana F70	33:33	+11:58	06:43
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7K - STAGE 1

7 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	96	Valentim Vargues	cop	Veterano M50	30:11	+06:13	04:19
43	167	Paulo Silva	totad	Veterano M55	30:13	+06:15	04:19
44	38	Rui Bernardo	acsamb	Veterano M55	30:21	+06:23	04:20
45	166	Paulo Emídio	totad	Veterano M55	30:22	+06:24	04:20
46	112	Filipe Palma	ind	Junior Masculino	30:38	+06:40	04:23
47	145	Eurico Correia	ocl	Veterano M50	30:48	+06:51	04:24
48	148	Ozéias Souza	ocl	Veterano M55	30:58	+07:01	04:26
49	161	Helder Ramos	totad	Veterano M45	31:01	+07:04	04:26
50	153	Pedro correia	odelouks	Veterano M40	31:02	+07:05	04:26
51	169	Marcos Limon	trigueros	Veterano M45	31:11	+07:14	04:27
52	47	José Luís Santos	atr	Veterano M60	31:13	+07:15	04:28
53	100	Antonio Afonso	cral	Veterano M50	31:17	+07:19	04:28
54	107	Nelson Palma	gdalc	Veterano M40	31:18	+07:20	04:28
55	155	Herlander Pessoa	totad	Veterano M35	31:21	+07:23	04:29
56	152	José Reis	ocl	Veterano M60	31:26	+07:28	04:29
57	35	Renato Martins	acsamb	Veterano M45	31:27	+07:30	04:30
58	164	Alfredo Gomes	totad	Veterano M55	31:32	+07:34	04:30
59	134	José Simões	ltc	Veterano M60	31:38	+07:40	04:31
60	163	Ricardo Ferreira	totad	Veterano M45	32:17	+08:19	04:37
61	28	Élio Fonseca	acsamb	Veterano M35	32:24	+08:26	04:38
62	102	Victor Martins	cral	Veterano M50	32:31	+08:34	04:39
63	39	Hilário Guerreiro	acsamb	Veterano M65	32:36	+08:38	04:39
64	37	Leonel Cristina	acsamb	Veterano M55	32:39	+08:42	04:40
65	83	Nelson Rafael	cdq	Veterano M50	32:45	+08:47	04:41
66	89	Danielson Mendes	cop	Senior Masculino	32:45	+08:48	04:41
67	146	Paulo Gilson	ocl	Veterano M50	33:16	+09:18	04:45
68	52	Fábio Santos	casj	Senior Masculino	33:16	+09:18	04:45
69	99	Carlos Gago	cral	Veterano M40	33:19	+09:21	04:46
70	46	Rui Guerreiro	adect	Veterano M40	33:20	+09:23	04:46
71	158	Hugo Conceição	totad	Veterano M40	33:30	+09:32	04:47
72	93	Paulo Anibal	cop	Veterano M40	33:38	+09:40	04:48
73	170	Salvador Limon	trigueros	Veterano M45	33:38	+09:41	04:48
74	92	David Cardoso	cop	Veterano M40	33:51	+09:53	04:50
75	144	Pedro Faria	ocl	Veterano M40	33:52	+09:54	04:50
76	156	Juan Luis Garzon	totad	Veterano M35	34:07	+10:10	04:53
77	81	Luís Massapina	cdq	Veterano M40	34:48	+10:51	04:58
78	160	Daniel Cruz	totad	Veterano M45	35:00	+11:02	05:00
79	114	Mário Pombo	ind	Veterano M40	35:05	+11:08	05:01
80	17	João Carlos Almeida	aabv	Veterano M50	35:34	+11:36	05:05
81	95	Rui Anibal	cop	Veterano M45	35:36	+11:38	05:05
82	159	André Lima Cabrita	totad	Veterano M45	35:37	+11:39	05:05
83	8	Leandro Gomes	aabv	Sub 23 Masculino	36:05	+12:07	05:09
84	135	Bernardo	nd	Senior Masculino	36:08	+12:11	05:10
85	72	Luís Ushina	casj	Veterano M60	36:11	+12:13	05:10
86	78	Francisco Cruz	cdq	Senior Masculino	36:32	+12:35	05:13
87	140	Luís Glória	ocl	Veterano M35	37:12	+13:15	05:19

7K - STAGE 1

7 KM

R
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	⌚/KM
88	74	Daniel Cabrita	catunes	Veterano M50	37:24	+13:26	05:21
89	168	Luís Barros	totad	Veterano M60	37:55	+13:58	05:25
90	97	Ricardo Torrado	cral	Junior Masculino	38:27	+14:29	05:30
91	104	Carlos Gema	crl	Veterano M70	39:31	+15:33	05:39
92	87	José Vieira	cdq	Veterano M55	40:26	+16:29	05:47
93	7	João Rodrigues	aabv	Sub 23 Masculino	40:59	+17:02	05:51
94	23	Alain Guesdon	aabv	Veterano M65	41:06	+17:08	05:52
95	49	Nelson Xavier de Lima	bobnelson	Veterano M35	42:01	+18:04	06:00
96	103	Orlando Sebastião	cral	Veterano M55	42:11	+18:13	06:02
97	105	João Carlos Rios	fp4f	Veterano M60	45:29	+21:31	06:30
98	174	Manuel Limon	trigueros	Veterano M70	46:37	+22:39	06:40
99	173	Juan Limon	trigueros	Veterano M60	46:37	+22:39	06:40
100	106	Henrique Inácio Pires Pereira	fp4f	Veterano M65	52:50	+28:52	07:33

7K

7 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	14:00	23,6°C	59%
End	15:22	24°C	57%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
Junior Masculino							
1	126	Lorcan Benjacar	IRL	Junior Masculino	25:38	+01:40	03:40
2	75	Duarte Jacinto	CBF	Junior Masculino	27:14	+03:17	03:54
3	125	Leon Brady	IRL	Junior Masculino	27:25	+03:27	03:55
4	127	Oran McGowan	IRL	Junior Masculino	27:48	+03:50	03:58
5	25	Francisco Silva	ACSAMB	Junior Masculino	28:29	+04:31	04:04
6	123	Devan Morrissey	IRL	Junior Masculino	28:32	+04:34	04:05
7	124	Finbarr Coughlan	IRL	Junior Masculino	29:44	+05:46	04:15
8	1	Gustavo Sustelo	AABV	Junior Masculino	29:57	+05:59	04:17
9	112	Filipe Palma	ind	Junior Masculino	30:38	+06:40	04:23
10	97	Ricardo Torrado	CRAL	Junior Masculino	38:27	+14:29	05:30

Senior Masculino

1	51	Daniel Martins	CASJ	Senior Masculino	23:57		03:25
2	4	João Fernandes	AABV	Senior Masculino	24:04	+00:07	03:26
3	131	ALESSIO TERRASI	ITA	Senior Masculino	24:47	+00:49	03:32
4	26	Fábio Mascarenhas	ACSAMB	Senior Masculino	25:02	+01:04	03:35
5	5	Rafael Menau	AABV	Senior Masculino	25:27	+01:29	03:38
6	130	Oran Hare	IRL	Senior Masculino	25:50	+01:52	03:41
7	90	João Chagas	COP	Senior Masculino	27:01	+03:03	03:52
8	98	Bruno Batista	CRAL	Senior Masculino	27:38	+03:40	03:57
9	129	Mark Gilligan	IRL	Senior Masculino	27:40	+03:42	03:57
10	89	Danielson Mendes	COP	Senior Masculino	32:45	+08:48	04:41
11	52	Fábio Santos	CASJ	Senior Masculino	33:16	+09:18	04:45
12	135	Bernardo	Nd	Senior Masculino	36:08	+12:11	05:10
13	78	Francisco Cruz	CDQ	Senior Masculino	36:32	+12:35	05:13

Sub 23 Masculino

1	76	Mourad Ed Dafali	CBF	Sub 23 Masculino	24:18	+00:20	03:28
2	9	Vasco Tita	AABV	Sub 23 Masculino	26:31	+02:34	03:47
3	77	Guilherme Martins	CCSJM	Sub 23 Masculino	26:38	+02:40	03:48
4	111	André Antunes	GRE-AA	Sub 23 Masculino	26:46	+02:48	03:49
5	6	Igor Varela	AABV	Sub 23 Masculino	27:41	+03:44	03:57
6	8	Leandro Gomes	AABV	Sub 23 Masculino	36:05	+12:07	05:09
7	7	João Rodrigues	AABV	Sub 23 Masculino	40:59	+17:02	05:51

7K

7 KM



OFFICIAL RESULT

Veterano M35

1	27	Celso Brito	ACSAMB	Veterano M35	27:01	+03:03	03:52
2	58	Ricardo Santos	CASJ	Veterano M35	27:21	+03:23	03:54
3	157	Rui Andrade	TOTAD	Veterano M35	28:10	+04:13	04:02
4	11	Tomas Swift-Metcalfe	AABV	Veterano M35	28:33	+04:36	04:05
5	29	Rodrigo Parrini	ACSAMB	Veterano M35	30:02	+06:05	04:18
6	155	Herlander Pessoa	TOTAD	Veterano M35	31:21	+07:23	04:29
7	28	Élio Fonseca	ACSAMB	Veterano M35	32:24	+08:26	04:38
8	156	Juan Luis Garzon	TOTAD	Veterano M35	34:07	+10:10	04:53
9	140	Luís Glória	OCL	Veterano M35	37:12	+13:15	05:19
10	49	Nelson Xavier de Lima	BobNelson	Veterano M35	42:01	+18:04	06:00

Veterano M40

1	59	Cláudio Pica	CASJ	Veterano M40	24:36	+00:38	03:31
2	30	Fernando Silva	ACSAMB	Veterano M40	24:46	+00:49	03:32
3	12	Manuel Rodrigues	AABV	Veterano M40	26:21	+02:24	03:46
4	61	João Constantino	CASJ	Veterano M40	28:33	+04:35	04:05
5	13	Sénio Messia	AABV	Veterano M40	29:21	+05:23	04:12
6	31	José Carlos Silva	ACSAMB	Veterano M40	29:32	+05:35	04:13
7	153	Pedro correia	Odelouks	Veterano M40	31:02	+07:05	04:26
8	107	Nelson Palma	GDALC	Veterano M40	31:18	+07:20	04:28
9	99	Carlos Gago	CRAL	Veterano M40	33:19	+09:21	04:46
10	46	Rui Guerreiro	ADECT	Veterano M40	33:20	+09:23	04:46
11	158	Hugo Conceição	TOTAD	Veterano M40	33:30	+09:32	04:47
12	93	Paulo Anibal	COP	Veterano M40	33:38	+09:40	04:48
13	92	David Cardoso	COP	Veterano M40	33:51	+09:53	04:50
14	144	Pedro Faria	OCL	Veterano M40	33:52	+09:54	04:50
15	81	Luís Massapina	CDQ	Veterano M40	34:48	+10:51	04:58
16	114	Mário Pombo	ind	Veterano M40	35:05	+11:08	05:01

Veterano M45

1	67	Nuno Miguel Correia	CASJ	Veterano M45	25:55	+01:57	03:42
2	162	Khalid Tahiri	TOTAD	Veterano M45	28:26	+04:29	04:04
3	33	Nelson Dias	ACSAMB	Veterano M45	28:46	+04:48	04:07
4	110	Hugo Daniel Fernandes da Silva	GDRONDA	Veterano M45	28:50	+04:52	04:07
5	109	João Campião	GDPN	Veterano M45	29:17	+05:19	04:11
6	117	David Fernandes	ind	Veterano M45	29:37	+05:39	04:14
7	161	Helder Ramos	TOTAD	Veterano M45	31:01	+07:04	04:26
8	169	Marcos Limon	Trigueros	Veterano M45	31:11	+07:14	04:27
9	35	Renato Martins	ACSAMB	Veterano M45	31:27	+07:30	04:30
10	163	Ricardo Ferreira	TOTAD	Veterano M45	32:17	+08:19	04:37
11	170	Salvador Limon	Trigueros	Veterano M45	33:38	+09:41	04:48

7K

7 KM

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

12	160	Daniel Cruz	TOTAD	Veterano M45	35:00	+11:02	05:00
13	95	Rui Anibal	COP	Veterano M45	35:36	+11:38	05:05
14	159	André Lima Cabrita	TOTAD	Veterano M45	35:37	+11:39	05:05

Veterano M50

1	96	Valentim Vargues	COP	Veterano M50	30:11	+06:13	04:19
2	145	Eurico Correia	OCL	Veterano M50	30:48	+06:51	04:24
3	100	Antonio Afonso	CRAL	Veterano M50	31:17	+07:19	04:28
4	102	Victor Martins	CRAL	Veterano M50	32:31	+08:34	04:39
5	83	Nelson Rafael	CDQ	Veterano M50	32:45	+08:47	04:41
6	146	Paulo Gilson	OCL	Veterano M50	33:16	+09:18	04:45
7	17	João Carlos Almeida	AABV	Veterano M50	35:34	+11:36	05:05
8	74	Daniel Cabrita	CATUNES	Veterano M50	37:24	+13:26	05:21

Veterano M55

1	165	João Pisco	TOTAD	Veterano M55	29:11	+05:13	04:10
2	108	Mário Torrinha	GDALC	Veterano M55	29:54	+05:56	04:16
3	167	Paulo Silva	TOTAD	Veterano M55	30:13	+06:15	04:19
4	38	Rui Bernardo	ACSAMB	Veterano M55	30:21	+06:23	04:20
5	166	Paulo Emídio	TOTAD	Veterano M55	30:22	+06:24	04:20
6	148	Ozéias Souza	OCL	Veterano M55	30:58	+07:01	04:26
7	164	Alfredo Gomes	TOTAD	Veterano M55	31:32	+07:34	04:30
8	37	Leonel Cristina	ACSAMB	Veterano M55	32:39	+08:42	04:40
9	87	José Vieira	CDQ	Veterano M55	40:26	+16:29	05:47
10	103	Orlando Sebastião	CRAL	Veterano M55	42:11	+18:13	06:02

Veterano M60

1	47	José Luís Santos	ATR	Veterano M60	31:13	+07:15	04:28
2	152	José Reis	OCL	Veterano M60	31:26	+07:28	04:29
3	134	José Simões	LTC	Veterano M60	31:38	+07:40	04:31
4	72	Luis Ushina	CASJ	Veterano M60	36:11	+12:13	05:10
5	168	Luís Barros	TOTAD	Veterano M60	37:55	+13:58	05:25
6	105	João Carlos Rios	FP4F	Veterano M60	45:29	+21:31	06:30
7	173	Juan Limon	Trigueros	Veterano M60	46:37	+22:39	06:40

Veterano M65

1	39	Hilário Guerreiro	ACSAMB	Veterano M65	32:36	+08:38	04:39
2	23	Alain Guesdon	AABV	Veterano M65	41:06	+17:08	05:52
3	106	Henrique Inácio Pires Pereira	FP4F	Veterano M65	52:50	+28:52	07:33

7K

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M70

1	104	Carlos Gema	CRL	Veterano M70	39:31	+15:33	05:39
2	174	Manuel Limon	Trigueros	Veterano M70	46:37	+22:39	06:40

TEAM RESULTS - 5K FEMININO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CASJ	2 + 5 + 6 + 7	20
2	AABV	1 + 3 + 8 + 10	22
3	OCL	11 + 12 + 13 + 21	57
4	TOTAD	15 + 17 + 18 + 19	69
5	ACSAMB	16 + 22 + 24 + 31	93
6	CDQ	4 + 30 + 32 + 33	99
7	COP	20 + 25 + 35 + 37	117

TEAM RESULTS - 7K MASCULINO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CASJ	1 + 3 + 7 + 13	24
2	AABV	2 + 6 + 8 + 9	25
3	ACSAMB	4 + 5 + 11 + 18	38
4	TOTAD	16 + 17 + 22 + 31	86
5	COP	10 + 30 + 51 + 56	147
6	CRAL	14 + 38 + 47 + 53	152
7	OCL	34 + 35 + 41 + 52	162
8	CDQ	50 + 60 + 67 + 73	250