

PROVA PRINCIPAL - STAGE 1**5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
271	214	Patrícia Gonçalves Matos	Individual	37:11	+17:59	07:26	
272	320	Noemia Moreira Norte	Individual	37:25	+18:13	07:29	
273	45	Joana Rodrigues	Bravas Cavaleiras	37:27	+18:15	07:29	
274	139	Claudia Dias	Individual	37:33	+18:21	07:31	
275	359	Preciosa Marques	Individual	37:33	+18:21	07:31	
276	450	Joana Filipa Rodrigues Santos	Pink-Corre-doras	37:33	+18:21	07:31	
277	273	Joana FRANCO ROCHA	Individual	37:35	+18:23	07:31	
278	378	Izaura Izabel Barbosa Bonet	Individual	37:35	+18:23	07:31	
279	442	Magda Sofia Sá Domingues	PINK RACE	37:37	+18:25	07:31	
280	120	Andreza Jesus	Individual	37:42	+18:30	07:32	
281	252	Alcina Costa	Individual	37:42	+18:30	07:32	
282	461	Licinia Mendes	Solas rotas	37:55	+18:43	07:35	
283	462	Nelia cardoso	Solas rotas	37:56	+18:44	07:35	
284	33	Cláudia Henriques	Backstreet Girls	38:19	+19:07	07:40	
285	239	Tatiana Pinhão	Individual	38:27	+19:15	07:41	
286	108	Ana Margarida Almeida Monteiro	Individual	38:41	+19:29	07:44	
287	472	Kamilla Mayrink Araujo	Travão Puxado	38:59	+19:47	07:48	
288	48	Lúcia Gonçalves	Bravas Cavaleiras	39:03	+19:51	07:49	
289	266	Daniela Santos Simão	Individual	39:06	+19:54	07:49	
290	186	Lúcia Helena Alves Pereira	Individual	39:25	+20:13	07:53	
291	406	Andréia Sá	KIRCHHOFF konect running team	39:26	+20:14	07:53	
292	74	Elisabete Silva	Desportivo Atletico Recardães	39:35	+20:23	07:55	
293	247	Vânia Santos Trindade	Individual	39:43	+20:31	07:57	
294	355	Marília Almeida	Individual	39:47	+20:35	07:57	
295	173	Joana Pereira	Individual	39:47	+20:35	07:57	
296	469	Susana Neves	Springbok in Portugal	39:49	+20:37	07:58	
297	470	Tinene Pieterse	Springbok in Portugal	39:49	+20:37	07:58	
298	251	Viviana Almeida	Individual	40:05	+20:53	08:01	
299	313	Manuela Adriano	Individual	40:09	+20:57	08:02	
300	403	cristina duarte	JAVALIS100LIMITES	40:13	+21:01	08:03	
301	178	Lara Batista	Individual	40:13	+21:01	08:03	
302	233	Susana Cravo	Individual	40:18	+21:06	08:04	
303	317	Maria Veludo	Individual	40:30	+21:18	08:06	
304	125	Beatriz Gesta	Individual	40:30	+21:18	08:06	
305	272	Iva Viana de Lemos	Individual	40:46	+21:34	08:09	
306	163	Gabriela Valverde	Individual	41:02	+21:50	08:12	
307	156	Elisabete Pereira obrigada	Individual	41:08	+21:56	08:14	
308	89	Fernanda Santos	gansos	41:11	+21:59	08:14	
309	141	Claudia Moreira	Individual	41:31	+22:19	08:18	
310	228	Sara Moreira	Individual	41:31	+22:19	08:18	
311	345	Cristina Silva	Individual	41:38	+22:26	08:20	
312	332	Telma Pereira	Individual	41:51	+22:39	08:22	
313	271	Isabel Ramos	Individual	42:24	+23:12	08:29	
314	245	Vanessa Munir	Individual	42:45	+23:33	08:33	
315	87	Helga Lopes	Gangue das Corridas	43:05	+23:53	08:37	
316	130	Carla Lopes	Individual	43:18	+24:06	08:40	

Prova Principal

5 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	17:00	19,2°C	69%
End	17:52	19,2°C	69%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
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Senior Feminino

1	343	Maria João Pimentel	CLUBE FUTEBOL OLIVEIRA DO DOURO	Senior Feminino	19:12		03:50
2	106	Ana catarina Silva Alves	Individual	Senior Feminino	20:02	+00:50	04:00
3	174	Joana Santos	Individual	Senior Feminino	21:15	+02:02	04:15
4	53	Fátima Maria Soares Pinho	Bravos e Bravitas	Senior Feminino	22:15	+03:02	04:27
5	464	Diana Marques	Sport Comércio e Salgueiros	Senior Feminino	22:22	+03:09	04:28
6	91	DIANA PINHO	Guisande Trail Running	Senior Feminino	23:01	+03:48	04:36
7	218	Raquel Correia	Individual	Senior Feminino	23:25	+04:12	04:41
8	483	Helena Silva	Individual	Senior Feminino	25:07	+05:54	05:01
9	75	Carla Alexandra Da Silva Martins	Escola de Atletismo Run River Rio Tinto	Senior Feminino	25:26	+06:13	05:05
10	135	CÁTIA BAPTISTA	Individual	Senior Feminino	25:36	+06:23	05:07
11	192	Manon Chevriaut	Individual	Senior Feminino	25:38	+06:25	05:08
12	215	Patricia Pinto Monteiro	Individual	Senior Feminino	25:49	+06:37	05:10
13	220	Rita Augusto	Individual	Senior Feminino	25:55	+06:42	05:11
14	114	Andreia Costa	Individual	Senior Feminino	26:16	+07:03	05:15
15	153	Dulce Helena Rabaça Almeida	Individual	Senior Feminino	26:22	+07:10	05:17
16	35	Vanessa Santos	Backstreet Girls	Senior Feminino	26:29	+07:16	05:18
17	436	Maria Silvina Marques Mendes	PATH Runners	Senior Feminino	26:42	+07:29	05:20
18	185	Lúcia Cândido	Individual	Senior Feminino	26:51	+07:38	05:22
19	207	Miriam Henriques	Individual	Senior Feminino	27:01	+07:48	05:24
20	76	Susete Freitas	First Round	Senior Feminino	27:07	+07:54	05:25
21	441	Luciana Cunha	PINK RACE	Senior Feminino	27:09	+07:56	05:26
22	168	Jacinta Campos	Individual	Senior Feminino	27:10	+07:57	05:26
23	230	Sofia Regueiras	Individual	Senior Feminino	27:11	+07:58	05:26
24	121	Anna Sellani	Individual	Senior Feminino	27:11	+07:58	05:26
25	423	Vera Oliveira	Lourosa em Movimento	Senior Feminino	27:18	+08:05	05:28
26	144	Daniela Caetano de Sá	Individual	Senior Feminino	27:20	+08:07	05:28
27	411	Mariana Filipa Silva Pereira	LAST MINUTE	Senior Feminino	27:22	+08:09	05:28
28	136	Cátia Costa	Individual	Senior Feminino	27:28	+08:15	05:30
29	229	Silvia Carina Moreira da Silva	Individual	Senior Feminino	27:33	+08:20	05:31
30	14	Anabelle Vaz	ARADA ATLÉTICO CLUBE	Senior Feminino	27:35	+08:23	05:31
31	105	Ana Catarina Almeida	Individual	Senior Feminino	27:56	+08:43	05:35
32	203	Mariana Monteiro	Individual	Senior Feminino	28:02	+08:49	05:36
33	236	Tânia Dinis	Individual	Senior Feminino	28:06	+08:53	05:37
34	237	Tânia Pereira	Individual	Senior Feminino	28:07	+08:54	05:37
35	400	sonia monteiro	JAVALLIS100LIMITES	Senior Feminino	28:18	+09:05	05:40
36	217	Raquel Caracitas	Individual	Senior Feminino	28:23	+09:10	05:41
37	118	Andreia Oliveira	Individual	Senior Feminino	28:25	+09:13	05:41
38	212	Oriana Silva	Individual	Senior Feminino	28:31	+09:18	05:42

Official Timekeeper: Lap2Go	1 / 8	generate 31-ago-2024 17:54
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Prova Principal

5 KM

OFFICIAL RESULT

39	191	Mafalda Segura	Individual	Senior Feminino	28:32	+09:19	05:42
40	103	Ana Antunes	Individual	Senior Feminino	28:37	+09:25	05:43
41	162	Gabriela Pinhal	Individual	Senior Feminino	28:44	+09:31	05:45
42	116	Andreia Filipa Martins Espírito Santo	Individual	Senior Feminino	28:48	+09:35	05:46
43	115	Andreia Ferreira	Individual	Senior Feminino	28:50	+09:38	05:46
44	200	Maria Sá	Individual	Senior Feminino	29:04	+09:51	05:49
45	206	Marlene Correia	Individual	Senior Feminino	29:04	+09:51	05:49
46	221	Rita Castro	Individual	Senior Feminino	29:10	+09:57	05:50
47	134	Catarina Silva	Individual	Senior Feminino	29:10	+09:57	05:50
48	32	Cátia Matos	Backstreet Girls	Senior Feminino	29:41	+10:28	05:56
49	435	Guliz Akyuz	PATH Runners	Senior Feminino	29:50	+10:37	05:58
50	34	Jaqueline Ferreira	Backstreet Girls	Senior Feminino	30:00	+10:47	06:00
51	123	Bárbara Marques Rios	Individual	Senior Feminino	30:01	+10:48	06:00
52	101	Adelaide Marques	Individual	Senior Feminino	30:03	+10:50	06:01
53	6	Marlene Patusco	1002	Senior Feminino	30:08	+10:55	06:02
54	72	Andreia Afonso	Correr Fermelã ACADOF	Senior Feminino	30:09	+10:56	06:02
55	165	Inês Ramos	Individual	Senior Feminino	30:10	+10:57	06:02
56	434	Diana Miranda	PATH Runners	Senior Feminino	30:33	+11:20	06:07
57	18	Marta Oliveira	Arrifana Running	Senior Feminino	30:37	+11:25	06:08
58	181	Leonor Sá	Individual	Senior Feminino	30:38	+11:25	06:08
59	148	Daniela Mendes	Individual	Senior Feminino	30:40	+11:27	06:08
60	440	Carolina Tavares	PINK RACE	Senior Feminino	30:48	+11:35	06:10
61	73	Catarina Resende	Correr Fermelã ACADOF	Senior Feminino	30:48	+11:35	06:10
62	169	Jéssica Luz	Individual	Senior Feminino	31:02	+11:49	06:12
63	437	Marta Miranda	PATH Runners	Senior Feminino	31:06	+11:54	06:13
64	175	Joana Tavares	Individual	Senior Feminino	31:36	+12:23	06:19
65	132	Catarina Bastos	Individual	Senior Feminino	31:40	+12:27	06:20
66	172	Joana Nogueira	Individual	Senior Feminino	31:49	+12:36	06:22
67	473	Larissa Marinho	Travão Puxado	Senior Feminino	31:49	+12:36	06:22
68	189	Luísa Costa	Individual	Senior Feminino	31:51	+12:38	06:22
69	176	Karin Klein Pflingstag	Individual	Senior Feminino	31:51	+12:38	06:22
70	201	Mariana Duarte	Individual	Senior Feminino	31:53	+12:40	06:23
71	13	Mariana Monteiro	Aptos	Senior Feminino	31:53	+12:40	06:23
72	147	Daniela Filipa Simões da Rocha	Individual	Senior Feminino	31:56	+12:43	06:23
73	211	Olga Loureiro	Individual	Senior Feminino	31:57	+12:44	06:23
74	179	Lara Daniela Rosário Martins	Individual	Senior Feminino	32:03	+12:50	06:25
75	152	Diana Soares	Individual	Senior Feminino	32:13	+13:00	06:27
76	198	Maria João Canelas Beirão	Individual	Senior Feminino	32:20	+13:07	06:28
77	150	Diana Barbosa	Individual	Senior Feminino	32:25	+13:12	06:29
78	443	Mariana Luz	PINK RACE	Senior Feminino	32:56	+13:43	06:35
79	427	Ana Catarina Correia Brandao	Miles and Vibes	Senior Feminino	32:56	+13:43	06:35
80	5	Mariana Nunes	1002	Senior Feminino	32:58	+13:45	06:36
81	184	Lívia Souza	Individual	Senior Feminino	33:03	+13:50	06:37
82	219	Raquel Sousa	Individual	Senior Feminino	33:22	+14:09	06:40
83	439	Ana Salomé Sá Domingues	PINK RACE	Senior Feminino	33:33	+14:20	06:43
84	117	Andreia Oliveira	Individual	Senior Feminino	33:33	+14:20	06:43

Prova Principal

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

85	4	Dalila Barroca	1002	Senior Feminino	33:34	+14:21	06:43
86	126	Beatriz Pinhão	Individual	Senior Feminino	33:41	+14:28	06:44
87	50	Cátia Pereira	Bravos e Bravitas	Senior Feminino	33:49	+14:36	06:46
88	151	Diana Marques	Individual	Senior Feminino	33:53	+14:40	06:47
89	474	Mariana Dlas	Trilhados	Senior Feminino	33:59	+14:46	06:48
90	92	MARIANA ALMEIDA	Guisande Trail Running	Senior Feminino	34:04	+14:51	06:49
91	93	PATRICIA ALMEIDA	Guisande Trail Running	Senior Feminino	34:04	+14:51	06:49
92	452	Marguerita Rosa	Pink-Corre-doras	Senior Feminino	34:11	+14:58	06:50
93	19	Susana Cardoso	Arrifana Running	Senior Feminino	34:20	+15:07	06:52
94	430	Márcia Alves	O Que Queremos é Monte	Senior Feminino	34:23	+15:11	06:53
95	235	Susana Martins	Individual	Senior Feminino	34:28	+15:15	06:54
96	231	Sofia Silva	Individual	Senior Feminino	34:29	+15:16	06:54
97	448	Cariny Maria Polesca de Freitas	Pink-Corre-doras	Senior Feminino	34:34	+15:21	06:55
98	12	Filipa costa	Aptos	Senior Feminino	34:40	+15:27	06:56
99	44	Isabel Sousa	Bravas Cavaleiras	Senior Feminino	34:42	+15:29	06:56
100	250	Viviana Afonso	Individual	Senior Feminino	34:52	+15:39	06:58
101	226	Samaritana Pereira	Individual	Senior Feminino	34:52	+15:39	06:58
102	171	Joana Isabel Silva Almeida	Individual	Senior Feminino	34:53	+15:41	06:59
103	138	Cátia Sofia Fernandes Ferreira	Individual	Senior Feminino	34:55	+15:42	06:59
104	16	Ana Almeida	Arrifana Running	Senior Feminino	35:08	+15:55	07:02
105	478	Soraia Neto	Yrun-B.O.A.'s (Baguim Outdoor Activities)	Senior Feminino	35:12	+15:59	07:02
106	471	Carina Bevilacqua	Travão Puxado	Senior Feminino	35:22	+16:09	07:04
107	170	Joana Alves da Silva	Individual	Senior Feminino	35:26	+16:13	07:05
108	204	Mariana Silva	Individual	Senior Feminino	35:32	+16:19	07:06
109	119	Andreia Oliveira	Individual	Senior Feminino	35:42	+16:29	07:08
110	112	Ana Sofia Lopes Couto	Individual	Senior Feminino	35:44	+16:31	07:09
111	241	Teresa Magalhães	Individual	Senior Feminino	35:46	+16:33	07:09
112	127	Beatriz Rodrigues	Individual	Senior Feminino	35:48	+16:35	07:10
113	140	Cláudia Duarte	Individual	Senior Feminino	35:50	+16:37	07:10
114	37	Diana Cardoso	Baixo Vouga Team	Senior Feminino	35:53	+16:40	07:11
115	167	Isila Correia	Individual	Senior Feminino	35:53	+16:40	07:11
116	90	DALILA REBELO	Guisande Trail Running	Senior Feminino	35:56	+16:43	07:11
117	159	Filomena Silva	Individual	Senior Feminino	35:58	+16:45	07:12
118	244	Vanessa Fernandes	Individual	Senior Feminino	36:01	+16:48	07:12
119	209	Mónica Tavares	Individual	Senior Feminino	36:08	+16:55	07:14
120	447	Ana Isabel Ramos Morgado	Pink-Corre-doras	Senior Feminino	36:14	+17:01	07:15
121	449	Débora Moreira	Pink-Corre-doras	Senior Feminino	36:15	+17:02	07:15
122	182	Letícia Bispo	Individual	Senior Feminino	36:35	+17:22	07:19
123	194	Márcia Esteves	Individual	Senior Feminino	36:41	+17:28	07:20
124	438	Alexsandra Christine Anton	PINK RACE	Senior Feminino	36:45	+17:32	07:21
125	446	Ana Filipa Correia Santos Rufino	Pink-Corre-doras	Senior Feminino	36:54	+17:41	07:23
126	177	Karla Oliveira	Individual	Senior Feminino	36:57	+17:44	07:23
127	214	Patrícia Gonçalves Matos	Individual	Senior Feminino	37:11	+17:58	07:26
128	45	Joana Rodrigues	Bravas Cavaleiras	Senior Feminino	37:27	+18:14	07:29
129	139	Claudia Dias	Individual	Senior Feminino	37:33	+18:20	07:31
130	450	Joana Filipa Rodrigues Santos	Pink-Corre-doras	Senior Feminino	37:33	+18:20	07:31

Prova Principal

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

131	442	Magda Sofia Sá Domingues	PINK RACE	Senior Feminino	37:37	+18:24	07:31
132	120	Andreza Jesus	Individual	Senior Feminino	37:42	+18:29	07:32
133	33	Cláudia Henriques	Backstreet Girls	Senior Feminino	38:19	+19:06	07:40
134	239	Tatiana Pinhão	Individual	Senior Feminino	38:27	+19:14	07:41
135	108	Ana Margarida Almeida Monteiro	Individual	Senior Feminino	38:41	+19:28	07:44
136	472	Kamilla Mayrink Araujo	Travão Puxado	Senior Feminino	38:59	+19:46	07:48
137	186	Lúcia Helena Alves Pereira	Individual	Senior Feminino	39:25	+20:12	07:53
138	406	Andréia Sá	KIRCHHOFF konect running team	Senior Feminino	39:26	+20:13	07:53
139	247	Vânia Santos Trindade	Individual	Senior Feminino	39:43	+20:30	07:57
140	173	Joana Pereira	Individual	Senior Feminino	39:47	+20:34	07:57
141	251	Viviana Almeida	Individual	Senior Feminino	40:05	+20:52	08:01
142	178	Lara Batista	Individual	Senior Feminino	40:13	+21:00	08:03
143	233	Susana Cravo	Individual	Senior Feminino	40:18	+21:05	08:04
144	125	Beatriz Gesta	Individual	Senior Feminino	40:30	+21:17	08:06
145	163	Gabriela Valverde	Individual	Senior Feminino	41:02	+21:49	08:12
146	156	Elisabete Pereira obrigada	Individual	Senior Feminino	41:08	+21:55	08:14
147	141	Claudia Moreira	Individual	Senior Feminino	41:31	+22:18	08:18
148	228	Sara Moreira	Individual	Senior Feminino	41:31	+22:18	08:18
149	245	Vanessa Munir	Individual	Senior Feminino	42:45	+23:33	08:33
150	130	Carla Lopes	Individual	Senior Feminino	43:18	+24:05	08:40
151	102	Ana Almeida	Individual	Senior Feminino	43:46	+24:33	08:45
152	180	Leonor Castro Machado	Individual	Senior Feminino	44:11	+24:58	08:50
153	223	Rita Maria Alves Botelho	Individual	Senior Feminino	44:12	+24:59	08:50
154	432	Ana Catarina Almeida Santos	PATH Runners	Senior Feminino	44:37	+25:24	08:55
155	409	Débora Dymkovski Maier das Chagas	LAST MINUTE	Senior Feminino	44:54	+25:42	08:59
156	410	Karla Oliveira	LAST MINUTE	Senior Feminino	44:56	+25:43	08:59
157	412	Raiane Lopes Tinoco	LAST MINUTE	Senior Feminino	44:56	+25:43	08:59
158	242	Tháís Eliete Oliveira alves	Individual	Senior Feminino	45:19	+26:06	09:04
159	107	Ana Maia	Individual	Senior Feminino	45:24	+26:11	09:05
160	137	Cátia Rodrigues Maia	Individual	Senior Feminino	45:25	+26:12	09:05
161	36	Catarina Silva	Baixo Vouga Team	Senior Feminino	45:40	+26:27	09:08
162	451	Joana Martins	Pink-Corre-doras	Senior Feminino	49:54	+30:41	09:59
163	193	Manuela Correia	Individual	Senior Feminino	51:53	+32:40	10:23

Veterana F40

1	289	Sara Raquel Gonçalves da Mota	Individual	Veterana F40	22:53		04:35
2	21	Sónia Vidal	Arrifana Running	Veterana F40	26:33	+03:39	05:19
3	80	Marisa Martins	First Round	Veterana F40	27:25	+04:32	05:29
4	52	Mariline Baptista	Bravos e Bravitas	Veterana F40	27:39	+04:46	05:32
5	424	Antonia Oliveira	Lourosa em Movimento	Veterana F40	27:50	+04:56	05:34
6	55	Vera Leite	Bravos e Bravitas	Veterana F40	27:52	+04:58	05:34
7	291	Sónia Isabel Gomes RAMOS	Individual	Veterana F40	27:56	+05:03	05:35
8	275	Josefa Gonçalves De Bastos	Individual	Veterana F40	28:01	+05:07	05:36
9	269	Elsa Daniela Gonçalves da Mota	Individual	Veterana F40	28:48	+05:55	05:46
10	78	Carolina Tavares	First Round	Veterana F40	29:11	+06:18	05:50

Official Timekeeper: Lap2Go	4 / 8	generate 31-ago-2024 17:54
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Prova Principal

5 KM

OFFICIAL RESULT

11	97	Vânia Costa	HMC Sports	Veterana F40	29:12	+06:19	05:50
12	54	Sílvia Ferreira	Bravos e Bravitas	Veterana F40	29:19	+06:25	05:52
13	77	Carla Salomé Marques Ferreira	First Round	Veterana F40	29:27	+06:34	05:53
14	407	Filipa Pinho	KIRCHHOFF konect running team	Veterana F40	30:23	+07:29	06:05
15	479	Carla Lopes	Yrun-B.O.A.'s (Baguim Outdoor Activities)	Veterana F40	30:32	+07:39	06:06
16	458	Sandra Souto	RUNRIVER-Escola de Atletismo de Rio Tinto	Veterana F40	30:36	+07:42	06:07
17	20	Maria Armanda Martins	Arrifana Running	Veterana F40	30:37	+07:44	06:08
18	290	Sofia Agostinho	Individual	Veterana F40	30:39	+07:45	06:08
19	274	Joana Pinho	Individual	Veterana F40	30:50	+07:57	06:10
20	256	Andreia Ribeiro	Individual	Veterana F40	30:56	+08:03	06:11
21	268	Elisabete Sá Couto da Silva	Individual	Veterana F40	31:42	+08:49	06:20
22	405	Sofia Leal	JUF ACC	Veterana F40	31:49	+08:56	06:22
23	263	Catia Liana Andrade Lopes	Individual	Veterana F40	31:52	+08:58	06:22
24	284	Paula Catarino	Individual	Veterana F40	31:53	+08:59	06:23
25	265	Cristina Silva	Individual	Veterana F40	31:53	+09:00	06:23
26	282	Patrícia Oliveira	Individual	Veterana F40	31:59	+09:05	06:24
27	79	Catarina Marques	First Round	Veterana F40	32:54	+10:00	06:35
28	94	SARA LIMA	Guisande Trail Running	Veterana F40	33:16	+10:22	06:39
29	276	Manuela Duarte	Individual	Veterana F40	33:18	+10:25	06:40
30	270	Gabriela Maria de Sousa Torres	Individual	Veterana F40	33:30	+10:37	06:42
31	11	Isabel Ferreira	AGGVouzela	Veterana F40	33:44	+10:51	06:45
32	402	Vânia Gonçalves	JAVALIS100LIMITES	Veterana F40	33:54	+11:01	06:47
33	287	Sara Esteves	Individual	Veterana F40	33:54	+11:01	06:47
34	475	Cândida Gaspar	Trilhados	Veterana F40	33:59	+11:06	06:48
35	401	Carla Pereira	JAVALIS100LIMITES	Veterana F40	34:39	+11:45	06:56
36	280	Natália Santos	Individual	Veterana F40	34:40	+11:47	06:56
37	254	Ana couto	Individual	Veterana F40	34:43	+11:50	06:57
38	414	Rafaela Miranda	LAST MINUTE	Veterana F40	34:51	+11:58	06:58
39	262	Cátia Jesus	Individual	Veterana F40	35:26	+12:32	07:05
40	279	Marta Sá	Individual	Veterana F40	35:32	+12:38	07:06
41	38	Carla Marçalo	Baixo Vouga Team	Veterana F40	35:53	+13:00	07:11
42	51	Joana Silva	Bravos e Bravitas	Veterana F40	37:00	+14:07	07:24
43	273	Joana FRANCO ROCHA	Individual	Veterana F40	37:35	+14:41	07:31
44	252	Alcina Costa	Individual	Veterana F40	37:42	+14:49	07:32
45	266	Daniela Santos Simão	Individual	Veterana F40	39:06	+16:12	07:49
46	469	Susana Neves	Springbok in Portugal	Veterana F40	39:49	+16:55	07:58
47	272	Iva Viana de Lemos	Individual	Veterana F40	40:46	+17:53	08:09
48	271	Isabel Ramos	Individual	Veterana F40	42:24	+19:30	08:29
49	87	Helga Lopes	Gangue das Corridas	Veterana F40	43:05	+20:12	08:37
50	286	Sandra Pires	Individual	Veterana F40	44:09	+21:16	08:50
51	255	Ana Monteiro	Individual	Veterana F40	46:20	+23:26	09:16
52	258	Angela Santos	Individual	Veterana F40	51:52	+28:59	10:22

Prova Principal

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

45	332	Telma Pereira	Individual	Veterana F45	41:51	+19:30	08:22
46	296	Ana Castro	Individual	Veterana F45	45:20	+22:59	09:04
47	40	Carla Silva	Baixo Vouga Team	Veterana F45	45:40	+23:18	09:08

Veterana F50

1	466	Elisabete Nunes	Sport Comércio e Salgueiros	Veterana F50	21:00		04:12
2	429	Regina Maria Gilvaz	Núcleo de Atletismo de Cucujães	Veterana F50	22:23	+01:23	04:29
3	350	Julia Santos	Individual	Veterana F50	23:01	+02:01	04:36
4	408	Fatima Aleixo	KIRCHHOFF konect running team	Veterana F50	24:27	+03:26	04:53
5	367	Teresa Paiva	Individual	Veterana F50	25:24	+04:24	05:05
6	428	Dulce Bastos	Núcleo de Atletismo de Cucujães	Veterana F50	26:23	+05:22	05:17
7	346	Élia Oliveira	Individual	Veterana F50	26:52	+05:52	05:22
8	419	Rosa Maria Teixeira Torres Oliveira	LAST MINUTE	Veterana F50	27:18	+06:17	05:28
9	417	Céu Moreira	LAST MINUTE	Veterana F50	27:30	+06:30	05:30
10	349	Isabel Pinto	Individual	Veterana F50	28:16	+07:16	05:39
11	348	Isabel neves	Individual	Veterana F50	28:43	+07:43	05:45
12	62	Fatinha Lopes	Bravos e Bravitas	Veterana F50	28:50	+07:50	05:46
13	99	Rute Isabel Lima pinto	HMC Sports	Veterana F50	29:08	+08:08	05:50
14	338	Carla Augusta Sá Pereira	Individual	Veterana F50	29:15	+08:15	05:51
15	356	Olga Brandão	Individual	Veterana F50	30:16	+09:16	06:03
16	366	Sónia Pereira	Individual	Veterana F50	30:29	+09:28	06:06
17	482	Teresa Silva	Yrun-B.O.A.'s (Baguim Outdoor Activities)	Veterana F50	30:36	+09:36	06:07
18	1	Paula Martins	Arrifana Running	Veterana F50	30:38	+09:37	06:08
19	2	Susana Gomes	Arrifana Running	Veterana F50	30:38	+09:37	06:08
20	47	Elisabete Alves	Bravas Cavaleiras	Veterana F50	31:19	+10:19	06:16
21	86	Deolinda Ferreira	G.D.A Ronda	Veterana F50	31:27	+10:27	06:17
22	59	Ana Teixeira	Bravos e Bravitas	Veterana F50	31:28	+10:28	06:18
23	353	Lina Cabral	Individual	Veterana F50	31:35	+10:35	06:19
24	337	Ana Sousa	Individual	Veterana F50	31:45	+10:45	06:21
25	342	Claudia Almeida	Individual	Veterana F50	32:10	+11:09	06:26
26	362	Rosa Santos	Individual	Veterana F50	33:24	+12:24	06:41
27	340	Clarinda Pais Da Costa	Individual	Veterana F50	33:37	+12:37	06:43
28	444	Filipa André	PINK RACE	Veterana F50	34:18	+13:18	06:52
29	481	Eugénia Monteiro	Yrun-B.O.A.'s (Baguim Outdoor Activities)	Veterana F50	35:13	+14:12	07:03
30	63	Goretti Sousa	Bravos e Bravitas	Veterana F50	35:31	+14:31	07:06
31	480	Alexandra Ribeiro	Yrun-B.O.A.'s (Baguim Outdoor Activities)	Veterana F50	35:35	+14:35	07:07
32	418	Helena Lopes Vieira da Fonseca	LAST MINUTE	Veterana F50	35:40	+14:40	07:08
33	344	Cristina Maria Almeida	Individual	Veterana F50	35:54	+14:54	07:11
34	363	Sandra Matos Viegas	Individual	Veterana F50	35:57	+14:56	07:11
35	61	Dorinda Gomes	Bravos e Bravitas	Veterana F50	37:00	+16:00	07:24
36	64	Vírginia Moreira	Bravos e Bravitas	Veterana F50	37:02	+16:02	07:24
37	359	Preciosa Marques	Individual	Veterana F50	37:33	+16:32	07:31
38	462	Nelia cardoso	Solas rotas	Veterana F50	37:56	+16:55	07:35

