

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	19:00	19,5°C	78%
End	20:32	19,5°C	78%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	960	Paulo Fontão	sc braga	Senior Masculino	31:26		03:09
2	927	FRANCISCO MELICIAS	recreio desportivo de águeda	Senior Masculino	31:36	+00:10	03:10
3	28	Antonio Silva	associação cultural recreativa senhora desterro	Veterano M35	32:16	+00:50	03:14
4	204	Nuno Miguel	grecas	Veterano M40	32:37	+01:11	03:16
5	1007	Tiago André Abrantes Madureira	vitória futebol clube	Senior Masculino	32:41	+01:15	03:16
6	186	Ricardo Carreira	edv- viana trail	Veterano M35	32:43	+01:17	03:16
7	971	Tiago Pinto	sport clube freamunde	Senior Masculino	33:23	+01:57	03:20
8	76	fernando souza	boavista fc	Veterano M35	33:36	+02:10	03:22
9	205	JORGE CUBAL	grupo desportivo e cultural de guilhovai	Veterano M35	33:59	+02:32	03:24
10	132	Henrique Moreira	clube dos galitos	Senior Masculino	34:05	+02:39	03:25
11	129	CELSON LEITE	clube atletismo de ovar	Senior Masculino	34:17	+02:51	03:26
12	930	LUÍ MARTINS	recreio desportivo de águeda	Veterano M45	34:56	+03:30	03:30
13	1	Carla Gabriela Jesus Martinho	recreio desportivo de águeda	Veterana F45	34:58	+03:32	03:30
14	641	LUIS COIMBRA	individual	Veterano M35	35:15	+03:49	03:32
15	738	Helder Costa	individual	Veterano M45	35:17	+03:50	03:32
16	91	NUNO PAIS	cal - clube atletismo de lamas	Veterano M40	35:51	+04:25	03:35
17	118	André Novais	cenap	Senior Masculino	35:55	+04:29	03:36
18	429	Marco Pinho	individual	Senior Masculino	35:58	+04:32	03:36
19	145	Armindo Antunes	coimbra trail running	Veterano M45	36:10	+04:44	03:37
20	181	NUNO CORREIA SILVA	dar - recardães	Veterano M45	36:13	+04:47	03:37
21	117	Mónica F Silva	cds salvador do campo	Senior Feminino	36:26	+05:00	03:39
22	929	RICARDO ANDRADE	recreio desportivo de águeda	Veterano M35	36:26	+05:00	03:39
23	688	Gonçalo Pereira	individual	Veterano M40	36:31	+05:05	03:39
24	717	Ricardo Veiga	individual	Veterano M40	36:56	+05:30	03:42
25	14	Fabio Sousa	acd ilhavs	Veterano M35	37:08	+05:42	03:43
26	979	Mário Franco	sport comércio e salgueiros	Veterano M40	37:15	+05:49	03:44
27	648	Nuno Faria	individual	Veterano M35	37:16	+05:50	03:44
28	992	Joel Ramalhoto	team el comandante	Veterano M35	37:20	+05:54	03:44
29	931	Nuno Santos	recreio desportivo de águeda	Veterano M45	37:21	+05:55	03:44
30	80	Henrique Adão	bosch runners	Senior Masculino	37:31	+06:05	03:45
31	346	Alexandra Oliveira	cs marítimo	Senior Feminino	37:34	+06:08	03:45
32	128	João Margarido	cltt - clinica litoral trail team	Veterano M40	37:43	+06:17	03:46
33	646	Miguel da Silva	individual	Veterano M35	37:44	+06:18	03:46
34	173	SAMUEL SANTOS	dar - recardães	Senior Masculino	37:47	+06:21	03:47
35	667	Tadhg Lyne	individual	Veterano M35	37:54	+06:28	03:47
36	894	Luís Filipe Pires	os runners by luís filipe pires	Senior Masculino	38:07	+06:41	03:49
37	727	Alexandre Mestre	individual	Veterano M45	38:09	+06:43	03:49
38	353	Bruno Casal	individual	Senior Masculino	38:19	+06:53	03:50
39	179	FREDERICO FÉLIX	dar - recardães	Veterano M40	38:26	+07:00	03:51
40	636	Jorge Lima	individual	Veterano M35	38:28	+07:02	03:51
41	119	Ricardo Auxiliar	cenap	Senior Masculino	38:34	+07:07	03:51

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	Ø/KM
42	13	António Veiga	acd ilhavos	Veterano M35	38:34	+07:08	03:51
43	250	Ana Luísa Vieira Ramos	individual	Senior Feminino	38:38	+07:12	03:52
44	377	Francisco Silveira	individual	Senior Masculino	38:45	+07:19	03:53
45	753	Mário Ferreira	individual	Veterano M45	38:46	+07:20	03:53
46	397	João Andrade	individual	Senior Masculino	38:49	+07:23	03:53
47	922	Rui Costa	quinteto explosivo	Veterano M40	38:52	+07:26	03:53
48	222	Pedro Monteiro	hut runners aveiro	Senior Masculino	38:55	+07:29	03:54
49	120	Luis miguel pinto almeida	cenap	Veterano M35	39:03	+07:37	03:54
50	135	Steve Lopes	clube dos galitos	Senior Masculino	39:06	+07:40	03:55
51	711	PAULO TEIXEIRA	individual	Veterano M40	39:12	+07:46	03:55
52	865	Duarte Fernandes	los pistoleros	Senior Masculino	39:12	+07:46	03:55
53	868	Luis matos	luis matos seguros	Veterano M40	39:22	+07:56	03:56
54	948	Eduardo Brandão	runriver-escola de atletismo de rio tinto	Veterano M40	39:25	+07:59	03:57
55	125	César Barros	cltt - clinica litoral trail team	Senior Masculino	39:30	+08:04	03:57
56	674	Andre Nobre	individual	Veterano M40	39:30	+08:04	03:57
57	200	Mário Carvalho	gd vilarinho de cima	Veterano M60	39:32	+08:06	03:57
58	426	Luis Silvestre	individual	Senior Masculino	39:32	+08:06	03:57
59	871	Carlos Pimenta	lusoteam	Veterano M45	39:34	+08:08	03:57
60	374	Filipe Emanuel Oliveira Cabral	individual	Senior Masculino	39:36	+08:10	03:58
61	482	Vasco Amaral	individual	Senior Masculino	39:36	+08:10	03:58
62	131	Daniel José Gomes Amaral	clube dos galitos	Senior Masculino	39:39	+08:13	03:58
63	687	Fred Pinheiro	individual	Veterano M40	39:40	+08:14	03:58
64	172	Ricardo Tavares	dar - recardães	Veterano M35	39:41	+08:15	03:58
65	15	Paulo Silva	acd ilhavos	Veterano M40	39:43	+08:17	03:58
66	1008	Hélio Falcão	vitoria sport club	Veterano M40	39:48	+08:22	03:59
67	799	Luis Vaz	individual	Veterano M50	39:55	+08:29	04:00
68	754	Miguel Fernandes	individual	Veterano M45	39:57	+08:31	04:00
69	428	Manuel Fardilha	individual	Senior Masculino	40:00	+08:34	04:00
70	976	Marco Cunha	sport clube freamunde	Veterano M35	40:02	+08:36	04:00
71	858	Pedro Guimarães	letsrunazores	Veterano M55	40:09	+08:42	04:01
72	710	Paulo Gonçalves	individual	Veterano M40	40:15	+08:49	04:02
73	961	Pedro Barbosa	serviços sociais dos trabalhadores da câmara municipal de são joão da madeira	Veterano M40	40:19	+08:53	04:02
74	613	Carlos Manuel Simões da Silva	individual	Veterano M35	40:22	+08:56	04:02
75	163	Andre Vitor	cr7 fitness crunch aveiro	Veterano M35	40:26	+09:00	04:03
76	993	Nelson Lopes	team el comandante	Veterano M35	40:28	+09:02	04:03
77	615	Carlos Pestana	individual	Veterano M35	40:28	+09:02	04:03
78	5	João Manuel Neto dos Anjos	100dores	Senior Masculino	40:28	+09:02	04:03
79	994	Miguel Azevedo	team el comandante	Veterano M40	40:31	+09:05	04:03
80	116	Tomé Rodrigues	cdc macieira de cambra	Veterano M35	40:33	+09:07	04:03
81	1013	Sérgio Lopes	individual	Veterano M45	40:35	+09:09	04:04
82	233	Artur Jorge Paiva	hut runners aveiro	Veterano M50	40:38	+09:12	04:04
83	856	Cristiano Faneca	juverunteam	Veterano M35	40:42	+09:16	04:04
84	488	Angelo André Pinto e Silva	individual	Veterano M35	40:43	+09:17	04:04
85	869	Paulo pereira	luis matos seguros	Veterano M50	40:48	+09:22	04:05
86	972	Inês Mendes	sport clube freamunde	Veterana F35	40:49	+09:23	04:05

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	974	André Pinto	sport clube freamunde	Veterano M35	40:50	+09:24	04:05
88	714	Ricardo Queiros	individual	Veterano M40	40:51	+09:25	04:05
89	360	David Cardoso Madail	individual	Senior Masculino	40:57	+09:31	04:06
90	87	Pedro Cardoso	bosch runners	Veterano M50	40:59	+09:33	04:06
91	16	Pedro Santos Costa	acd ilhavs	Veterano M40	41:07	+09:41	04:07
92	620	Diogo Pratas	individual	Veterano M35	41:11	+09:45	04:07
93	137	Pedro Teles	clube dos galitos	Veterano M35	41:17	+09:51	04:08
94	745	João Paulo Pereira Fernandes	individual	Veterano M45	41:18	+09:52	04:08
95	154	João Pinto	cr7 fitness crunch aveiro	Senior Masculino	41:20	+09:54	04:08
96	716	Ricardo Tavares	individual	Veterano M40	41:20	+09:54	04:08
97	773	Antonio Fernandes	grupo desportivo e cultural de guilhovai	Veterano M55	41:21	+09:55	04:08
98	859	Duarte Eira	lobos do brunheiro de chaves/anteros	Veterano M35	41:23	+09:57	04:08
99	187	Rui Freitas	esgalhada trail team	Veterano M45	41:26	+10:00	04:09
100	756	Nuno Sereno	individual	Veterano M45	41:27	+10:01	04:09
101	777	Vitor Sencadas	individual	Veterano M45	41:29	+10:03	04:09
102	662	Ruben Cabral	individual	Veterano M35	41:31	+10:05	04:09
103	219	Fábio Gonçalves	hut runners aveiro	Senior Masculino	41:31	+10:05	04:09
104	221	João André Pereira Antunes	hut runners aveiro	Senior Masculino	41:42	+10:16	04:10
105	308	João Teles	individual	Senior Masculino	41:54	+10:28	04:11
106	111	Luís Neves	casa povo mangelde	Senior Masculino	41:54	+10:28	04:11
107	169	Diogo António Ramos Silva	cryoslimclinic	Senior Masculino	41:56	+10:30	04:12
108	647	Milton Silva	individual	Veterano M35	41:56	+10:30	04:12
109	17	Manuel António Roseiro Ferreira	adabem running team	Veterano M50	42:02	+10:36	04:12
110	430	Mário Marques	individual	Senior Masculino	42:05	+10:39	04:13
111	203	Raquel Cirne	grecas	Senior Feminino	42:05	+10:39	04:13
112	921	Luís Alves	quinteto explosivo	Veterano M40	42:09	+10:42	04:13
113	473	Tiago Marcelino	individual	Senior Masculino	42:09	+10:43	04:13
114	26	Ricardo Vicente	arroz de carril	Veterano M40	42:10	+10:44	04:13
115	995	José Carlos Santos	team el comandante	Veterano M55	42:11	+10:45	04:13
116	818	Heitor Araújo	individual	Veterano M55	42:13	+10:47	04:13
117	21	Rafael Castro	adi	Senior Masculino	42:18	+10:52	04:14
118	22	Tiago Oliveira	adi	Veterano M35	42:19	+10:53	04:14
119	805	Paulo Alexandre de Sousa Carneiro	individual	Veterano M50	42:19	+10:53	04:14
120	18	André Pereira	adi	Senior Masculino	42:24	+10:58	04:14
121	373	Fábio Ferreira Jacinto	individual	Senior Masculino	42:25	+10:59	04:15
122	806	Pedro Almeida	individual	Veterano M50	42:28	+11:02	04:15
123	436	Natanael Esquivel	individual	Senior Masculino	42:30	+11:03	04:15
124	458	Ricardo Santos	individual	Senior Masculino	42:36	+11:10	04:16
125	928	Carolina Ribeiro	recreio desportivo de águeda	Senior Feminino	42:39	+11:13	04:16
126	669	Tiago Gandarez	individual	Veterano M35	42:43	+11:17	04:16
127	601	Albino Vieira	individual	Veterano M35	42:45	+11:19	04:17
128	8	Luis Miguel Martins Dias	a.d.fermentelos/ bike riders	Veterano M40	42:46	+11:20	04:17
129	54	Marco Alexandre Medeiros Mateus	barra ocean runners	Senior Masculino	42:47	+11:21	04:17
130	611	Carlos Casimiro	individual	Veterano M35	42:59	+11:33	04:18

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	432	Mauro Leite	individual	Senior Masculino	43:02	+11:36	04:18
132	802	Miguel Leao	individual	Veterano M50	43:04	+11:37	04:18
133	741	JIMMY SILVA	individual	Veterano M45	43:07	+11:41	04:19
134	692	Ivo Santos	individual	Veterano M40	43:07	+11:41	04:19
135	722	Sérgio Alves	individual	Veterano M40	43:09	+11:42	04:19
136	364	Diogo Gonçalves	individual	Senior Masculino	43:09	+11:43	04:19
137	761	Pedro Batista	individual	Veterano M45	43:10	+11:44	04:19
138	775	Vasco Monteiro	individual	Veterano M45	43:12	+11:46	04:19
139	214	Leonor Marques Oliveira	hut runners aveiro	Senior Feminino	43:16	+11:50	04:20
140	146	Paulo Carvalho	coimbra trail running	Veterano M50	43:16	+11:50	04:20
141	104	Pedro Nunes	carapaus de corrida	Senior Masculino	43:17	+11:51	04:20
142	78	André Filipe Almeida Simões	bosch runners	Senior Masculino	43:20	+11:54	04:20
143	938	André Assena	rm runners	Veterano M40	43:20	+11:54	04:20
144	66	José Gandarinho	barra ocean runners	Veterano M35	43:21	+11:55	04:20
145	904	João Valente	path runners	Senior Masculino	43:28	+12:02	04:21
146	932	VALTER SILVA	recreio desportivo de águeda	Veterano M45	43:30	+12:04	04:21
147	147	Belmiro Parada	cpt-sobral de ceira	Veterano M50	43:30	+12:04	04:21
148	84	Daniel Mota	bosch runners	Veterano M35	43:32	+12:06	04:21
149	379	Gabriel Vidal Carvalho	individual	Senior Masculino	43:35	+12:09	04:22
150	141	Jorge Branco	clube dos galitos	Veterano M55	43:45	+12:19	04:23
151	661	Ricardo Santos	individual	Veterano M35	43:46	+12:19	04:23
152	453	Rafael Lourenço	individual	Senior Masculino	43:47	+12:20	04:23
153	693	João André Tavares Henriques	individual	Veterano M40	43:50	+12:24	04:23
154	69	NELSON ARAÚJO	barra ocean runners	Veterano M40	43:50	+12:24	04:23
155	744	João Paulo Griné	individual	Veterano M45	43:51	+12:25	04:23
156	1005	Alfredo Matos	vintage runners	Veterano M40	43:52	+12:26	04:23
157	113	Rui Xavier	casca	Senior Masculino	43:53	+12:27	04:23
158	356	Carlos Domingues	individual	Senior Masculino	43:58	+12:32	04:24
159	439	Nuno Miranda do Nascimento	individual	Senior Masculino	43:58	+12:32	04:24
160	156	WILSON AICA	cr7 fitness crunch aveiro	Senior Masculino	44:05	+12:39	04:25
161	985	Paulo Costa	tainadas run team-somengil	Veterano M40	44:06	+12:40	04:25
162	651	Nuno Reis	individual	Veterano M35	44:13	+12:47	04:25
163	607	Arsélio Santos	individual	Veterano M35	44:16	+12:50	04:26
164	201	António Almeida	gira sol	Veterano M50	44:17	+12:51	04:26
165	774	Tiago Amaral	individual	Veterano M45	44:19	+12:53	04:26
166	382	GONÇALO SANTOS CIRCUNCISÃO	individual	Senior Masculino	44:19	+12:53	04:26
167	75	Maria del mar	boavista fc	Senior Feminino	44:23	+12:57	04:26
168	83	André Oliveira	bosch runners	Veterano M35	44:25	+12:59	04:27
169	140	RICARDO FRANÇA	clube dos galitos	Veterano M40	44:28	+13:02	04:27
170	388	Hugo Bastos	individual	Senior Masculino	44:28	+13:02	04:27
171	882	Carlos Eduardo	miles&vibes	Senior Masculino	44:30	+13:04	04:27
172	417	Lucas Silva	individual	Senior Masculino	44:31	+13:05	04:27
173	969	Jaime Silva	sport clube freamunde	Senior Masculino	44:34	+13:08	04:27
174	696	José Almeida	individual	Veterano M40	44:35	+13:09	04:28
175	715	Ricardo Santos	individual	Veterano M40	44:37	+13:10	04:28

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
308	486	William Hans Pinheiro Damasio	individual	Senior Masculino	48:52	+17:26	04:53
309	832	Arménio Neves	individual	Veterano M60	48:55	+17:29	04:54
310	70	Ricardo MG Oliveira	barra ocean runners	Veterano M40	48:56	+17:30	04:54
311	800	Marco Henriques	individual	Veterano M50	48:56	+17:30	04:54
312	701	Marco Portela	individual	Veterano M40	48:59	+17:33	04:54
313	35	DAVID GOUVEIA	athlon esportes	Veterano M40	48:59	+17:33	04:54
314	772	Rogério Santos	individual	Veterano M45	49:00	+17:34	04:54
315	652	Óscar Lopes	individual	Veterano M35	49:01	+17:35	04:54
316	548	Cláudia Moreira	individual	Veterana F40	49:03	+17:36	04:54
317	843	Joaquim silva costa	individual	Veterano M60	49:04	+17:38	04:54
318	10	Florbela Araujo	acaíl gas	Veterana F35	49:05	+17:39	04:55
319	11	Luis Novo	acaíl gas	Veterano M35	49:06	+17:40	04:55
320	166	Carlos Manuel Pires Marques	cr7 fitness crunch aveiro	Veterano M50	49:07	+17:41	04:55
321	29	Manuel Trovisco	associação dos amigos da praia da barra	Senior Masculino	49:07	+17:41	04:55
322	847	Manuel José Moreira da Silva	individual	Veterano M60	49:10	+17:43	04:55
323	543	Ana Rita Marques	individual	Veterana F40	49:10	+17:44	04:55
324	804	Nuno Félix	individual	Veterano M50	49:10	+17:44	04:55
325	819	João Dono	individual	Veterano M55	49:14	+17:48	04:55
326	784	Gustavo Vasconcelos	individual	Veterano M50	49:18	+17:52	04:56
327	391	Hugo Miguel Morais da Silva Ferraz	individual	Senior Masculino	49:20	+17:54	04:56
328	7	Tiago Miguel Rei Miranda	100dores	Senior Masculino	49:22	+17:56	04:56
329	575	Maria Miguel Galhardo	individual	Veterana F45	49:24	+17:58	04:56
330	138	Daniel Espinhal	clube dos galitos	Veterano M40	49:28	+18:02	04:57
331	740	Ivo Batista	individual	Veterano M45	49:30	+18:04	04:57
332	460	Rui Fontoura	individual	Senior Masculino	49:31	+18:05	04:57
333	671	Tude Melo	individual	Veterano M35	49:31	+18:05	04:57
334	218	Eduardo Cruz	hut runners aveiro	Senior Masculino	49:33	+18:07	04:57
335	435	Miguel Pina	individual	Senior Masculino	49:36	+18:10	04:58
336	395	Jaime Augusto	individual	Senior Masculino	49:43	+18:17	04:58
337	935	Pedro Costa	revenge	Veterano M40	49:44	+18:17	04:58
338	227	Cristiano Santos	hut runners aveiro	Veterano M35	49:44	+18:18	04:58
339	1004	Antenor Goveia do Nascimento	vila carmosina venceu	Veterano M60	49:47	+18:21	04:59
340	587	Cristina Coelho	individual	Veterana F50	49:52	+18:26	04:59
341	801	Miguel Gandara	individual	Veterano M50	49:54	+18:28	04:59
342	143	Narciso Arromba	cluve	Veterano M60	49:56	+18:30	05:00
343	305	Leonor Brandão	individual	Senior Feminino	49:56	+18:30	05:00
344	217	Angel Blanco Granja	hut runners aveiro	Senior Masculino	49:57	+18:31	05:00
345	19	António Gonçalves	adi	Senior Masculino	49:59	+18:33	05:00
346	913	Manuel Joaquim Ribeiro	ponta léguas	Veterano M55	50:01	+18:35	05:00
347	375	Francisco Almeida	individual	Senior Masculino	50:07	+18:40	05:01
348	23	Reinaldo Manuel Rodrigues Rocha	adi	Veterano M60	50:07	+18:40	05:01
349	352	Bernardo Prior	individual	Senior Masculino	50:08	+18:42	05:01
350	912	Joao Albino	ponta léguas	Veterano M45	50:09	+18:43	05:01
351	153	Hugo MArtins	cr7 fitness crunch aveiro	Senior Masculino	50:10	+18:44	05:01

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
352	60	Soraia Basílio	barra ocean runners	Veterana F35	50:10	+18:44	05:01
353	666	Simão Tomaz Duarte	individual	Veterano M35	50:11	+18:45	05:01
354	625	Filipe Lemos	individual	Veterano M35	50:11	+18:45	05:01
355	915	João Luís Santos Parreira	prison d aveiro	Veterano M35	50:12	+18:46	05:01
356	317	Mariana Matos	individual	Senior Feminino	50:15	+18:48	05:02
357	739	Hugo Mostardinha	individual	Veterano M45	50:16	+18:50	05:02
358	909	Sérgio Ferraz	penta clube da covilhã	Veterano M45	50:18	+18:52	05:02
359	110	Marco Santiago	casa benfica bairrada	Veterano M45	50:19	+18:53	05:02
360	347	André Augusto Oliveira Souta	individual	Senior Masculino	50:20	+18:54	05:02
361	126	marilyn Loure	cltt - clinica litoral trail team	Veterana F40	50:21	+18:55	05:02
362	875	João Teixeira	marta & joão	Veterano M45	50:22	+18:55	05:02
363	290	Filipa Pinho	individual	Senior Feminino	50:22	+18:56	05:02
364	386	Guilherme Ramalheira	individual	Senior Masculino	50:24	+18:58	05:02
365	6	Jorge Alexandre Simões Moreira	100dores	Senior Masculino	50:25	+18:59	05:03
366	695	Joel Alves	individual	Veterano M40	50:26	+19:00	05:03
367	246	Ana Francisca Bola	individual	Senior Feminino	50:30	+19:04	05:03
368	959	Nuno Brito	salgueiros running	Veterano M45	50:35	+19:09	05:04
369	133	João Miguel Costa Génio	clube dos galitos	Senior Masculino	50:36	+19:10	05:04
370	668	Tiago Ferreira	individual	Veterano M35	50:37	+19:11	05:04
371	228	João Tinoco	hut runners aveiro	Veterano M35	50:38	+19:12	05:04
372	534	Tatiana Oliveira	individual	Veterana F35	50:39	+19:13	05:04
373	122	EDUARDO CYSNE	cisnes de aveiro	Senior Masculino	50:42	+19:16	05:04
374	778	Armindo Bastos	individual	Veterano M50	50:43	+19:17	05:04
375	833	Carlos Alberto Ferreira	individual	Veterano M60	50:44	+19:17	05:04
376	229	Pedro Couto	hut runners aveiro	Veterano M35	50:45	+19:19	05:05
377	637	Jorge Matos	individual	Veterano M35	50:46	+19:20	05:05
378	603	André da Silva São Marcos	individual	Veterano M35	50:51	+19:25	05:05
379	3	Carolina Raquel Pereira Almeida Tavares	100dores	Senior Feminino	50:51	+19:25	05:05
380	563	Sónia Lemos	individual	Veterana F40	50:52	+19:26	05:05
381	542	Ana Natacha Silva	individual	Veterana F40	50:54	+19:28	05:05
382	723	Tiago Côrte-Real Cachim	individual	Veterano M40	50:58	+19:32	05:06
383	483	Vincent Kille	individual	Senior Masculino	51:03	+19:37	05:06
384	707	Paulo Alves	individual	Veterano M40	51:04	+19:38	05:06
385	422	Luis Oliveira	individual	Senior Masculino	51:07	+19:41	05:07
386	215	Márcia Santos	hut runners aveiro	Senior Feminino	51:07	+19:41	05:07
387	94	Nuno Manuel Fragoso Clemente	canianos	Veterano M45	51:07	+19:41	05:07
388	208	Carlos Pereira	hora é pouco...	Veterano M40	51:11	+19:45	05:07
389	63	Bernardo Leite	barra ocean runners	Veterano M35	51:12	+19:46	05:07
390	762	Pedro Marques	individual	Veterano M45	51:17	+19:50	05:08
391	270	Carolina Bernardo	individual	Senior Feminino	51:19	+19:52	05:08
392	93	Paulo Rocha	canianos	Veterano M40	51:19	+19:53	05:08
393	441	Nuno Simões	individual	Senior Masculino	51:22	+19:56	05:08
394	766	Ricardo Adão	individual	Veterano M45	51:23	+19:57	05:08

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
395	446	Pedro Henrique Pinheiro Campelo	individual	Senior Masculino	51:26	+20:00	05:09
396	933	José Matos	recreio desportivo de águeda	Veterano M55	51:26	+20:00	05:09
397	848	MARIO VILARINHO	individual	Veterano M60	51:29	+20:03	05:09
398	984	Paula Santos	tainadas run team-somengil	Veterana F45	51:29	+20:03	05:09
399	247	Ana Freitas	individual	Senior Feminino	51:32	+20:06	05:09
400	285	Elisabete Pereira Soares	individual	Senior Feminino	51:32	+20:06	05:09
401	72	Franco Da Silva	bella ria	Senior Masculino	51:35	+20:09	05:10
402	945	Jacqueline fernandes	run the world	Veterana F35	51:36	+20:10	05:10
403	968	Pedro Filipe	sosensetrailteam-braga&fernandes/corind	Veterano M50	51:42	+20:16	05:10
404	735	Fernando Ferreira	individual	Veterano M45	51:44	+20:18	05:10
405	401	JOAO FILIPE MORGADO GOMES	individual	Senior Masculino	51:44	+20:18	05:10
406	755	Nuno Pereira	individual	Veterano M45	51:45	+20:19	05:11
407	980	Liliana Bastos	stepbystep	Veterana F35	51:49	+20:23	05:11
408	472	Tiago Cerqueira	individual	Senior Masculino	51:51	+20:25	05:11
409	728	Amilcar Dias	individual	Veterano M45	51:52	+20:26	05:11
410	609	BRUNO LEITE DA SILVA	individual	Veterano M35	51:52	+20:26	05:11
411	267	Carina Costa	individual	Senior Feminino	51:54	+20:28	05:11
412	487	Wilson Emanuel Jerónimo Almeida	individual	Senior Masculino	51:56	+20:30	05:12
413	866	Carlos Queirós	los pistoleros	Veterano M35	51:58	+20:32	05:12
414	194	Ricardo Santos	filó	Senior Masculino	52:06	+20:40	05:13
415	231	Álvaro Barbosa	hut runners aveiro	Veterano M45	52:13	+20:47	05:13
416	197	Marisa Martins	first round	Veterana F40	52:14	+20:48	05:13
417	423	Luís Pedro Afonso	individual	Senior Masculino	52:15	+20:49	05:14
418	911	Rafael Cardoso Rocha	pitucos	Senior Masculino	52:15	+20:49	05:14
419	885	Jorge Vilela	nar	Veterano M50	52:17	+20:51	05:14
420	794	José Francisco Silva Santiago	individual	Veterano M50	52:19	+20:53	05:14
421	420	Luís André Pais Alves de Oliveira	individual	Senior Masculino	52:20	+20:54	05:14
422	967	Rosa Tavares	sosensetrailteam-braga&fernandes/corind	Veterana F50	52:20	+20:54	05:14
423	357	Daniel Carvalho	individual	Senior Masculino	52:27	+21:01	05:15
424	102	Gabriel Matias Neto	carapaus de corrida	Senior Masculino	52:34	+21:08	05:16
425	902	Maria Mendes	path runners	Senior Feminino	52:36	+21:10	05:16
426	244	Ana Dias	individual	Senior Feminino	52:37	+21:11	05:16
427	322	Mélanie Quintela	individual	Senior Feminino	52:39	+21:13	05:16
428	697	Lazaro Jose Nunes Leite	individual	Veterano M40	52:39	+21:13	05:16
429	103	José Cação	carapaus de corrida	Senior Masculino	52:40	+21:14	05:16
430	797	Júlio juniot	individual	Veterano M50	52:43	+21:17	05:16
431	392	Hugo Pina	individual	Senior Masculino	52:46	+21:20	05:17
432	383	Gonçalo Sarabando Teixeira	individual	Senior Masculino	52:46	+21:20	05:17
433	466	Sérgio Tavares	individual	Senior Masculino	52:49	+21:23	05:17
434	700	Márcio Pereira	individual	Veterano M40	52:50	+21:24	05:17
435	210	Ana Branco	hut runners aveiro	Senior Feminino	52:50	+21:24	05:17
436	679	Carlos Cunha	individual	Veterano M40	52:50	+21:24	05:17
437	712	Pedro Pimentel	individual	Veterano M40	52:51	+21:24	05:17

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
484	983	Sandra Oliveira	tainadas run team-somengil	Senior Feminino	54:14	+22:48	05:25
485	820	José Emanuel Gomes Pinho	individual	Veterano M55	54:17	+22:51	05:26
486	371	Élio Maia	individual	Senior Masculino	54:18	+22:52	05:26
487	512	Eva Morais	individual	Veterana F35	54:19	+22:53	05:26
488	294	Gabriela Pinhal	individual	Senior Feminino	54:24	+22:58	05:26
489	924	Ricardo Santos	quinteto explosivo	Veterano M45	54:24	+22:58	05:26
490	403	João Gonçalves	individual	Senior Masculino	54:24	+22:58	05:26
491	226	GISELA DIAS	hut runners aveiro	Veterana F45	54:28	+23:02	05:27
492	953	Fernando Matos	s.m.m. atletismo	Veterano M55	54:30	+23:04	05:27
493	829	Alvaro Aluai	individual	Veterano M60	54:30	+23:04	05:27
494	950	Elvira de Oliveira Lopes dos Reis	s.m.m. atletismo	Veterana F60	54:31	+23:04	05:27
495	258	Andréa Sá	individual	Senior Feminino	54:31	+23:05	05:27
496	547	Cláudia Griné	individual	Veterana F40	54:34	+23:08	05:27
497	590	Ines almeida	individual	Veterana F50	54:35	+23:09	05:28
498	593	Maria José Rodrigues	individual	Veterana F50	54:36	+23:10	05:28
499	355	Bruno Russo	individual	Senior Masculino	54:39	+23:13	05:28
500	823	Marco Monteiro	individual	Veterano M55	54:39	+23:13	05:28
501	591	Luiza Manuel Tavares Bilelo Valério	individual	Veterana F50	54:42	+23:16	05:28
502	321	Matilde Almeida	individual	Senior Feminino	54:49	+23:22	05:29
503	211	Ana Madalena	hut runners aveiro	Senior Feminino	54:50	+23:24	05:29
504	955	Maria João Almeida	salamanca	Veterana F45	54:52	+23:26	05:29
505	956	Luís Duarte	salamanca	Veterano M45	54:53	+23:26	05:29
506	903	Bojan Kopilovic	path runners	Senior Masculino	54:57	+23:31	05:30
507	919	Nelson Rodrigues	qpower	Senior Masculino	54:59	+23:33	05:30
508	920	Andreia Rodrigues	qpower	Veterana F35	54:59	+23:33	05:30
509	196	Carolina Tavares	first round	Veterana F40	55:02	+23:36	05:30
510	43	Cristiana Vanessa Neves Ribeiro	barra ocean runners	Senior Feminino	55:04	+23:38	05:30
511	808	Pedro Costa	individual	Veterano M50	55:12	+23:46	05:31
512	537	Ana Caetano	individual	Veterana F40	55:12	+23:46	05:31
513	632	João Filipe Costa Merendeiro	individual	Veterano M35	55:13	+23:47	05:31
514	854	Isabel Neno	juverunteam	Veterana F35	55:16	+23:50	05:32
515	824	Paulo Caetano	individual	Veterano M55	55:18	+23:52	05:32
516	213	Cátia Albuquerque	hut runners aveiro	Senior Feminino	55:18	+23:52	05:32
517	4	renata da silva meireles	100dores	Senior Feminino	55:18	+23:52	05:32
518	332	Rita Limas	individual	Senior Feminino	55:22	+23:56	05:32
519	341	Tânia Pereira	individual	Senior Feminino	55:23	+23:57	05:32
520	936	João Ricardo Oliveira Canudo	rm runners	Veterano M35	55:23	+23:57	05:32
521	400	João Costa	individual	Senior Masculino	55:24	+23:58	05:32
522	456	Rafael Simões Quinta	individual	Senior Masculino	55:24	+23:58	05:32
523	606	António Lemos	individual	Veterano M35	55:25	+23:59	05:33
524	476	Tiago Pereira Fernandes	individual	Senior Masculino	55:26	+24:00	05:33
525	292	Francisca Redondo	individual	Senior Feminino	55:30	+24:04	05:33
526	511	Dulce Helena Rabaça Almeida	individual	Veterana F35	55:30	+24:04	05:33
527	568	Betinha silva	individual	Veterana F45	55:33	+24:07	05:33

PROVA PRINCIPAL - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
528	276	Catarina Saraiva	individual	Senior Feminino	55:35	+24:09	05:34
529	954	Sergio Pereira	s.m.m. atletismo	Veterano M55	55:36	+24:10	05:34
530	540	Ana João	individual	Veterana F40	55:36	+24:10	05:34
531	558	Marta Daniela Sousa Silva Oliveira	individual	Veterana F40	55:39	+24:13	05:34
532	304	Lara Mendes	individual	Senior Feminino	55:43	+24:17	05:34
533	881	Carina Costa	miles&vibes	Senior Feminino	55:43	+24:17	05:34
534	991	Guilherme Cardoso	tartarugas	Veterano M35	55:45	+24:19	05:35
535	949	Sandra Ribeiro	s.m.m. atletismo	Veterana F40	55:45	+24:19	05:35
536	157	Ticiane Abrantes	cr7 fitness crunch aveiro	Veterana F35	55:46	+24:20	05:35
537	1011	Américo Ribeiro	xucros	Veterano M35	55:47	+24:21	05:35
538	811	Sérgio Louros	individual	Veterano M50	55:50	+24:24	05:35
539	359	Daniel Ribeiro Cardoso	individual	Senior Masculino	55:51	+24:25	05:35
540	490	Ana Cláudia Santos Pereira	individual	Veterana F35	55:53	+24:27	05:35
541	235	Inês Castelhana	ig	Veterana F35	55:54	+24:28	05:35
542	58	Catia Aires	barra ocean runners	Veterana F35	55:56	+24:30	05:36
543	309	Mafalda Segura	individual	Senior Feminino	55:57	+24:30	05:36
544	581	Sandra Santos	individual	Veterana F45	56:00	+24:34	05:36
545	844	José Luís Alves	individual	Veterano M60	56:01	+24:35	05:36
546	787	João Campolargo	individual	Veterano M50	56:02	+24:36	05:36
547	842	Joaquim Anselmo	individual	Veterano M60	56:02	+24:36	05:36
548	579	Sandra Costa	individual	Veterana F45	56:06	+24:40	05:37
549	730	Augusto Lopes	individual	Veterano M45	56:07	+24:40	05:37
550	532	Susete Freitas	individual	Veterana F35	56:09	+24:43	05:37
551	469	Simão Pedro Gonçalves Ferreira	individual	Senior Masculino	56:09	+24:43	05:37
552	328	Patrícia Marques	individual	Senior Feminino	56:11	+24:45	05:37
553	112	Daniela Pontes Resende	casci	Senior Feminino	56:13	+24:47	05:37
554	47	Rita Ramos	barra ocean runners	Senior Feminino	56:17	+24:51	05:38
555	906	Augusto Pedro	path runners	Veterano M35	56:17	+24:51	05:38
556	1012	Mateo Valentino Fernandez	individual	Senior Masculino	56:21	+24:55	05:38
557	659	Ricardo Jose dos Santos Pires	individual	Veterano M35	56:22	+24:56	05:38
558	559	Marta Pereira	individual	Veterana F40	56:22	+24:56	05:38
559	232	José António Paulo	hut runners aveiro	Veterano M45	56:26	+25:00	05:39
560	461	Rui Jesus	individual	Senior Masculino	56:27	+25:00	05:39
561	835	Fernando Augusto Pereira Faustino	individual	Veterano M60	56:28	+25:02	05:39
562	825	Paulo Jorge das Neves Antunes	individual	Veterano M55	56:28	+25:02	05:39
563	238	Adriana Roque	individual	Senior Feminino	56:29	+25:03	05:39
564	310	Márcia Guerreiro	individual	Senior Feminino	56:32	+25:06	05:39
565	680	Daniel Figueiredo	individual	Veterano M40	56:32	+25:06	05:39
566	251	Ana Miguel da Silva Loureiro	individual	Senior Feminino	56:33	+25:07	05:39
567	998	Ana Gonçalves	the mountain goat	Veterana F55	56:38	+25:11	05:40
568	539	Ana Filipa Morais	individual	Veterana F40	56:42	+25:16	05:40
569	45	Fabiana Sarabando	barra ocean runners	Senior Feminino	56:43	+25:17	05:40
570	109	Cristina Silva	casa benfica bairrada	Veterana F40	56:43	+25:17	05:40

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
571	879	Cíntia Lopes	mici	Senior Feminino	56:48	+25:22	05:41
572	551	Filomena Rodrigues	individual	Veterana F40	56:51	+25:24	05:41
573	790	João Paulo Figueira da Silva	individual	Veterano M50	56:52	+25:26	05:41
574	279	Cátia Teixeira	individual	Senior Feminino	56:52	+25:26	05:41
575	206	Cátia R. Lopes	hare & turtle running team	Senior Feminino	56:54	+25:28	05:41
576	207	Rafael Guedes	hare & turtle running team	Senior Masculino	56:55	+25:29	05:42
577	917	João Ferreira	prison d aveiro	Veterano M50	56:59	+25:32	05:42
578	363	Diogo Borges	individual	Senior Masculino	56:59	+25:33	05:42
579	101	Carlos Miguel Correia	carapaus de corrida	Senior Masculino	57:08	+25:42	05:43
580	840	Joao Orvalho	individual	Veterano M60	57:09	+25:43	05:43
581	48	Silvana Oliveira	barra ocean runners	Senior Feminino	57:10	+25:44	05:43
582	598	Ludovina Saraiva	individual	Veterana F60	57:12	+25:46	05:43
583	468	Simão Pedro Figueira Lopes	individual	Senior Masculino	57:12	+25:46	05:43
584	650	Nuno Machado	individual	Veterano M35	57:12	+25:46	05:43
585	798	Luís Lourenço	individual	Veterano M50	57:14	+25:48	05:43
586	404	João Parracho	individual	Senior Masculino	57:15	+25:49	05:44
587	38	EURICO INOCÊNCIO	athlon runners	Veterano M55	57:15	+25:49	05:44
588	216	Rita Pires	hut runners aveiro	Senior Feminino	57:15	+25:49	05:44
589	877	Cristina Ferreira	mexe te	Veterana F40	57:16	+25:50	05:44
590	288	Filipa Ferreira	individual	Senior Feminino	57:17	+25:51	05:44
591	36	DENIS QUADROS	athlon runners	Veterano M40	57:18	+25:51	05:44
592	33	SANDRA GALVEIA	athlon esportes	Veterana F45	57:21	+25:55	05:44
593	249	Ana Luísa Marques Mano	individual	Senior Feminino	57:22	+25:56	05:44
594	414	Leonardo Maio	individual	Senior Masculino	57:26	+26:00	05:45
595	185	Eduardo Tavares Rebelo	eduart- componentes de calçado .	Veterano M60	57:29	+26:03	05:45
596	876	André Antunes	menta	Veterano M45	57:30	+26:03	05:45
597	77	Lígia Maria Costa Ferreira	bosch runners	Senior Feminino	57:31	+26:05	05:45
598	987	Élia Fogueiro	tartarugas	Senior Feminino	57:39	+26:13	05:46
599	986	Andreia Silva	tartarugas	Senior Feminino	57:41	+26:15	05:46
600	327	Gonçalo Alves	individual	Veterano M60	57:41	+26:15	05:46
601	385	Guilherme do Casal Martins	individual	Senior Masculino	57:42	+26:16	05:46
602	262	Beatriz Henriques Damas	individual	Senior Feminino	57:43	+26:16	05:46
603	874	Marta Mateus	marta & joão	Veterana F45	57:44	+26:18	05:46
604	530	Sara Costa	individual	Veterana F35	57:47	+26:20	05:47
605	617	Carlos Veiga	individual	Veterano M35	57:49	+26:23	05:47
606	566	Alda Alexandra Esteves	individual	Veterana F45	57:50	+26:24	05:47
607	195	Carla Salomé Marques Ferreira	first round	Veterana F40	57:53	+26:27	05:47
608	760	Paulo Pedreiro	individual	Veterano M45	57:56	+26:30	05:48
609	326	Patrícia Andreia Fonseca Morais	individual	Senior Feminino	57:56	+26:30	05:48
610	626	Hugo Daniel Morgado Pereira	individual	Veterano M35	58:00	+26:34	05:48
611	88	Pedro Cruz	bosch runners	Veterano M50	58:00	+26:34	05:48
612	732	DANIEL MARCOS URBANO ALA REIS	individual	Veterano M45	58:05	+26:39	05:49
613	1014	Jorge Reis	individual	Senior Masculino	58:06	+26:40	05:49
614	281	Daniela Lopes	individual	Senior Feminino	58:06	+26:40	05:49

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
615	320	Marta Dias Rosário Ferreira Cruz	individual	Senior Feminino	58:10	+26:44	05:49
616	749	Luís Miguel Nazaré Raimundo	individual	Veterano M45	58:11	+26:45	05:49
617	318	Mariana Velado Bela	individual	Senior Feminino	58:12	+26:46	05:49
618	376	Francisco Bica	individual	Senior Masculino	58:16	+26:50	05:50
619	721	Rui Vieira	individual	Veterano M40	58:18	+26:52	05:50
620	56	Pedro Soeiro	barra ocean runners	Senior Masculino	58:19	+26:53	05:50
621	315	Mariana Ferreira	individual	Senior Feminino	58:21	+26:55	05:50
622	658	Rafael Neves Santos	individual	Veterano M35	58:23	+26:57	05:50
623	908	Patrícia Marcelo	penta clube da covilhã	Veterana F45	58:24	+26:58	05:50
624	261	Beatriz Antunes Santos	individual	Senior Feminino	58:26	+27:00	05:51
625	689	Hugo Ferreira	individual	Veterano M40	58:27	+27:01	05:51
626	224	Sara Tavares Santos	hut runners aveiro	Veterana F40	58:34	+27:08	05:51
627	398	João André da Cunha Pinho	individual	Senior Masculino	58:43	+27:17	05:52
628	905	Guliz Akyuz	path runners	Veterana F35	58:43	+27:17	05:52
629	947	Sandra Souto	runriver-escola de atletismo de rio tinto	Veterana F40	58:50	+27:24	05:53
630	485	Vitor Tavares	individual	Senior Masculino	58:52	+27:26	05:53
631	765	Renato Moedas	individual	Veterano M45	58:57	+27:31	05:54
632	516	Ivete Marques	individual	Veterana F35	58:58	+27:32	05:54
633	61	Andreia Craveiro	barra ocean runners	Veterana F40	58:58	+27:32	05:54
634	549	Daniel Pausa	individual	Veterano M40	58:59	+27:33	05:54
635	934	Joana Ferreira	revenge	Senior Feminino	59:03	+27:37	05:54
636	988	Jéssica Fogeiro	tartarugas	Senior Feminino	59:06	+27:40	05:55
637	164	Mauro Rebelo	cr7 fitness crunch aveiro	Veterano M45	59:09	+27:43	05:55
638	791	Joao vergas	individual	Veterano M50	59:12	+27:46	05:55
639	676	Bruno Santos	individual	Veterano M40	59:16	+27:50	05:56
640	803	Nuno Cruz	individual	Veterano M50	59:21	+27:55	05:56
641	527	Rafaela Denise Ferraz	individual	Veterana F35	59:22	+27:56	05:56
642	576	Maryna Anatoliivna Skliar	individual	Veterana F45	59:24	+27:58	05:56
643	329	Raquel Caracitas	individual	Senior Feminino	59:25	+27:59	05:57
644	895	Elisabete Cruz	os runners by luís filipe pires	Veterana F50	59:27	+28:01	05:57
645	763	Pedro Santos	individual	Veterano M45	59:28	+28:02	05:57
646	545	Catarina Campos	individual	Veterana F40	59:32	+28:06	05:57
647	96	Daniela Valente	carapaus de corrida	Senior Feminino	59:35	+28:09	05:58
648	174	ANA CASTRO	dar - recardães	Veterana F35	59:38	+28:12	05:58
649	124	ALEXANDRE CYSNE	cisnes de aveiro	Veterano M60	59:39	+28:12	05:58
650	175	DANIELA SANTOS	dar - recardães	Veterana F35	59:39	+28:13	05:58
651	943	Carlos Pires	rm runners	Veterano M45	59:41	+28:14	05:58
652	475	Tiago Miguel Trindade Pedroso	individual	Senior Masculino	59:41	+28:15	05:58
653	878	Ricardo Guerra	mexe te	Veterano M40	59:46	+28:20	05:59
654	826	Pedro Pereira	individual	Veterano M55	59:51	+28:25	05:59
655	846	Luís Pina	individual	Veterano M60	59:52	+28:26	05:59
656	923	Fernando Ribeiro	quinteto explosivo	Veterano M45	59:55	+28:29	06:00
657	387	Helder Ferreira	individual	Senior Masculino	01:00:06	+28:40	06:01
658	381	Gonçalo Pimentel	individual	Senior Masculino	01:00:09	+28:43	06:01
659	275	Catarina Regala	individual	Senior Feminino	01:00:13	+28:47	06:01

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
744	624	Fernando Alberto Daubeterre Mendoza	individual	Veterano M35	01:05:11	+33:45	06:31
745	452	Rafael Costa e Sousa	individual	Senior Masculino	01:05:17	+33:51	06:32
746	507	Claudia Gamelas	individual	Veterana F35	01:05:18	+33:52	06:32
747	159	Dina Maria	cr7 fitness crunch aveiro	Veterana F40	01:05:23	+33:57	06:32
748	25	Maria João Couto	arroz de carril	Veterana F40	01:05:36	+34:09	06:34
749	884	Isabela Vassal	montes	Senior Feminino	01:05:37	+34:11	06:34
750	339	Stéfani Rocha dos Santos Silva	individual	Senior Feminino	01:05:46	+34:19	06:35
751	240	Amanda da Conceição da Cunha	individual	Senior Feminino	01:05:46	+34:20	06:35
752	407	Jonathan Moreira da Rocha	individual	Senior Masculino	01:05:47	+34:21	06:35
753	535	Thais Rocha	individual	Veterana F35	01:05:55	+34:29	06:36
754	474	Tiago Mendes Neves	individual	Senior Masculino	01:06:00	+34:34	06:36
755	900	Ana Sofia Marques	path runners	Senior Feminino	01:06:01	+34:35	06:36
756	888	Gina Maria Sarabando do Casal	os cagareus	Veterana F50	01:06:21	+34:55	06:38
757	890	José Felix Santos Duarte	os cagareus	Veterano M50	01:06:21	+34:55	06:38
758	243	Ana Carvalho	individual	Senior Feminino	01:06:25	+34:59	06:39
759	342	Tânia Raquel Oliveira Martinho	individual	Senior Feminino	01:06:28	+35:02	06:39
760	604	ANDRÉ FILIPE VIDAL DE SOUSA	individual	Veterano M35	01:06:29	+35:03	06:39
761	189	Mafalda Maia	fadas	Senior Feminino	01:06:29	+35:03	06:39
762	1010	Magda Sousa	xucros	Veterana F40	01:06:34	+35:08	06:39
763	448	Pedro Neves	individual	Senior Masculino	01:06:37	+35:11	06:40
764	506	Cátia Cardoso	individual	Veterana F35	01:06:46	+35:20	06:41
765	582	Sofia Filipa de Almeida Rocha Reis	individual	Veterana F45	01:06:47	+35:21	06:41
766	589	Eulália Maria Fonseca Santos	individual	Veterana F50	01:06:47	+35:21	06:41
767	314	Mariana Afonso	individual	Senior Feminino	01:06:55	+35:29	06:42
768	463	Rui Sacchetti	individual	Senior Masculino	01:06:55	+35:29	06:42
769	562	Sílvia Soreto	individual	Veterana F40	01:07:16	+35:49	06:44
770	1009	Vânia freitas	xucros	Veterana F35	01:07:16	+35:50	06:44
771	509	Diana Lopes	individual	Veterana F35	01:07:22	+35:56	06:44
772	861	Rita Bastos	lolocas com intruso	Senior Feminino	01:07:31	+36:05	06:45
773	946	Nicole Siqueira	run the world	Veterana F35	01:07:32	+36:06	06:45
774	313	Maria Martins	individual	Senior Feminino	01:07:36	+36:10	06:46
775	268	Carmen MARTINS DE JESUS	individual	Senior Feminino	01:07:39	+36:13	06:46
776	1006	José Miguel Grijó	vintage runners	Veterano M45	01:07:50	+36:24	06:47
777	594	Silvia Freire	individual	Veterana F50	01:08:05	+36:39	06:49
778	99	Maria Matias Neto	carapaus de corrida	Senior Feminino	01:08:06	+36:40	06:49
779	42	Petra Solange Coutinho da Silva Correia	bambora	Senior Feminino	01:08:14	+36:48	06:49
780	491	Ana Filipe Leite Rocha	individual	Veterana F35	01:08:23	+36:57	06:50
781	298	Inês Santos	individual	Senior Feminino	01:08:37	+37:11	06:52
782	845	Luís Patrício	individual	Veterano M60	01:08:44	+37:17	06:52
783	142	MARIA HELENA ALMEIDA	clube millennium bcp	Senior Feminino	01:08:44	+37:18	06:52
784	343	Vanessa silva	individual	Senior Feminino	01:08:49	+37:23	06:53

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
829	822	Luiz Filipe da Silva Francisco	individual	Veterano M55	01:18:44	+47:18	07:52
830	783	Guillaume Erny	individual	Veterano M50	01:18:45	+47:19	07:53
831	330	Rita Almeida	individual	Senior Feminino	01:19:47	+48:21	07:59
832	571	Irene domingas Silva Pereira	individual	Veterana F45	01:19:50	+48:24	07:59
833	525	Natália da Maia Frade	individual	Veterana F35	01:20:23	+48:57	08:02
834	910	Maria João Oliveira Pinho	pitucos	Senior Feminino	01:22:31	+51:05	08:15
835	334	Rita Ricardo	individual	Senior Feminino	01:23:37	+52:11	08:22
836	997	Sérgio Lopes	team olhos	Veterano M35	01:24:48	+53:22	08:29
837	996	Mariana Pastor	team olhos	Veterana F35	01:24:48	+53:22	08:29
838	245	Ana Filipa Almeida Santos	individual	Senior Feminino	01:25:09	+53:43	08:31
839	503	Carla sofia almeida santos	individual	Veterana F35	01:25:11	+53:44	08:31
840	274	Catarina Rebelo	individual	Senior Feminino	01:26:30	+55:04	08:39
841	838	Hidraulino Cubal	individual	Veterano M60	01:28:54	+57:28	08:53
842	416	Lucas de Souza Longobucco	individual	Senior Masculino	01:29:10	+57:43	08:55
843	95	Andreia Diniz	carapaus de corrida	Senior Feminino	01:29:44	+58:18	08:58
844	106	Raquel Matias	carapaus de corrida	Veterana F45	01:29:45	+58:19	08:59
845	291	Francisca Cancela Abreu Ferreira	individual	Senior Feminino	01:32:44	+01:01:18	09:16
846	389	Hugo Duarte dos Santos Rocha	individual	Senior Masculino	01:32:45	+01:01:19	09:17

Prova Principal

10 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	19:00	19,5°C	78%
End	20:32	19,5°C	78%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	117	Mónica F Silva	CDS Salvador do Campo	Senior Feminino	36:26	+05:00	03:39
2	346	Alexandra Oliveira	CS Marítimo	Senior Feminino	37:34	+06:08	03:45
3	250	Ana Luísa Vieira Ramos	Individual	Senior Feminino	38:38	+07:12	03:52
4	203	Raquel Cirne	Grecas	Senior Feminino	42:05	+10:39	04:13
5	928	Carolina Ribeiro	RECREIO DESPORTIVO DE ÁGUEDA	Senior Feminino	42:39	+11:13	04:16
6	214	Leonor Marques Oliveira	Hut Runners Aveiro	Senior Feminino	43:16	+11:50	04:20
7	75	Maria del mar	BOAVISTA FC	Senior Feminino	44:23	+12:57	04:26
8	982	Beatriz Fernandes	Tainadas run team-somengil	Senior Feminino	44:58	+13:32	04:30
9	852	Patrícia Francisco	JuveRunTeam	Senior Feminino	45:42	+14:16	04:34
10	27	Catia Teixeira	Associação Cultural Recreativa Senhora Desterro	Senior Feminino	45:44	+14:18	04:34
11	302	Joana Marques	Individual	Senior Feminino	45:46	+14:20	04:35
12	333	Rita Ribau	Individual	Senior Feminino	46:01	+14:35	04:36
13	331	Rita Fardilha	Individual	Senior Feminino	46:28	+15:02	04:39
14	44	Daniela Santos	Barra Ocean Runners	Senior Feminino	46:46	+15:20	04:41
15	864	Mariana da Costa Silva	Los pistoleros	Senior Feminino	47:33	+16:07	04:45
16	886	Alexandra Machado	Os 3 que são 2	Senior Feminino	47:35	+16:09	04:46
17	278	Cátia M. Silva	Individual	Senior Feminino	48:21	+16:55	04:50
18	305	Leonor Brandão	Individual	Senior Feminino	49:56	+18:30	05:00
19	317	Mariana Matos	Individual	Senior Feminino	50:15	+18:48	05:02
20	290	Filipa Pinho	Individual	Senior Feminino	50:22	+18:56	05:02
21	246	Ana Francisca Bola	Individual	Senior Feminino	50:30	+19:04	05:03
22	3	Carolina Raquel Pereira Almeida Tavares	100Dores	Senior Feminino	50:51	+19:25	05:05
23	215	Márcia Santos	Hut Runners Aveiro	Senior Feminino	51:07	+19:41	05:07
24	270	Carolina Bernardo	Individual	Senior Feminino	51:19	+19:52	05:08
25	247	Ana Freitas	Individual	Senior Feminino	51:32	+20:06	05:09
26	285	Elisabete Pereira Soares	Individual	Senior Feminino	51:32	+20:06	05:09
27	267	Carina Costa	Individual	Senior Feminino	51:54	+20:28	05:11
28	902	Maria Mendes	PATH RUNNERS	Senior Feminino	52:36	+21:10	05:16
29	244	Ana Dias	Individual	Senior Feminino	52:37	+21:11	05:16
30	322	Mélanie Quintela	Individual	Senior Feminino	52:39	+21:13	05:16
31	210	Ana Branco	Hut Runners Aveiro	Senior Feminino	52:50	+21:24	05:17
32	265	Bruna Ferreira Cardoso	Individual	Senior Feminino	52:51	+21:25	05:17
33	100	Mylene Simões Cadete	CARAP AUS DE CORRIDA	Senior Feminino	53:02	+21:36	05:18
34	190	Maria Campos	Fadas	Senior Feminino	53:04	+21:38	05:18
35	191	Teresa Granjeia	Fadas	Senior Feminino	53:04	+21:38	05:18
36	344	Vanessa Svarova	Individual	Senior Feminino	53:41	+22:15	05:22
37	46	Rita Henriques	Barra Ocean Runners	Senior Feminino	53:43	+22:17	05:22

Official Timekeeper: Lap2Go	1 / 20	generate 30-jun.-2024 00:15
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Prova Principal

10 KM

OFFICIAL RESULT

38	337	Sara Martins	Individual	Senior Feminino	53:49	+22:23	05:23
39	316	Mariana Fidalgo	Individual	Senior Feminino	53:54	+22:28	05:23
40	983	Sandra Oliveira	Tainadas run team-somengil	Senior Feminino	54:14	+22:48	05:25
41	294	Gabriela Pinhal	Individual	Senior Feminino	54:24	+22:58	05:26
42	258	Andréa Sá	Individual	Senior Feminino	54:31	+23:05	05:27
43	321	Matilde Almeida	Individual	Senior Feminino	54:49	+23:22	05:29
44	211	Ana Madalena	Hut Runners Aveiro	Senior Feminino	54:50	+23:24	05:29
45	43	Cristiana Vanessa Neves Ribeiro	Barra Ocean Runners	Senior Feminino	55:04	+23:38	05:30
46	213	Cátia Albuquerque	Hut Runners Aveiro	Senior Feminino	55:18	+23:52	05:32
47	4	renata da silva meireles	100Dores	Senior Feminino	55:18	+23:52	05:32
48	332	Rita Limas	Individual	Senior Feminino	55:22	+23:56	05:32
49	341	Tânia Pereira	Individual	Senior Feminino	55:23	+23:57	05:32
50	292	Francisca Redondo	Individual	Senior Feminino	55:30	+24:04	05:33
51	276	Catarina Saraiva	Individual	Senior Feminino	55:35	+24:09	05:34
52	304	Lara Mendes	Individual	Senior Feminino	55:43	+24:17	05:34
53	881	Carina Costa	Miles&Vibes	Senior Feminino	55:43	+24:17	05:34
54	309	Mafalda Segura	Individual	Senior Feminino	55:57	+24:30	05:36
55	328	Patrícia Marques	Individual	Senior Feminino	56:11	+24:45	05:37
56	112	Daniela Pontes Resende	CASCI	Senior Feminino	56:13	+24:47	05:37
57	47	Rita Ramos	Barra Ocean Runners	Senior Feminino	56:17	+24:51	05:38
58	238	Adriana Roque	Individual	Senior Feminino	56:29	+25:03	05:39
59	310	Márcia Guerreiro	Individual	Senior Feminino	56:32	+25:06	05:39
60	251	Ana Miguel da Silva Loureiro	Individual	Senior Feminino	56:33	+25:07	05:39
61	45	Fabiana Sarabando	Barra Ocean Runners	Senior Feminino	56:43	+25:17	05:40
62	879	Cíntia Lopes	MICI	Senior Feminino	56:48	+25:22	05:41
63	279	Cátia Teixeira	Individual	Senior Feminino	56:52	+25:26	05:41
64	206	Cátia R. Lopes	Hare & turtle running team	Senior Feminino	56:54	+25:28	05:41
65	48	Silvana Oliveira	Barra Ocean Runners	Senior Feminino	57:10	+25:44	05:43
66	216	Rita Pires	Hut Runners Aveiro	Senior Feminino	57:15	+25:49	05:44
67	288	Filipa Ferreira	Individual	Senior Feminino	57:17	+25:51	05:44
68	249	Ana Luísa Marques Mano	Individual	Senior Feminino	57:22	+25:56	05:44
69	77	Lígia Maria Costa Ferreira	Bosch Runners	Senior Feminino	57:31	+26:05	05:45
70	987	Élia Fogueiro	Tartarugas	Senior Feminino	57:39	+26:13	05:46
71	986	Andreia Silva	Tartarugas	Senior Feminino	57:41	+26:15	05:46
72	262	Beatriz Henriques Damas	Individual	Senior Feminino	57:43	+26:16	05:46
73	326	Patrícia Andreia Fonseca Morais	Individual	Senior Feminino	57:56	+26:30	05:48
74	281	Daniela Lopes	Individual	Senior Feminino	58:06	+26:40	05:49
75	320	Marta Dias Rosário Ferreira Cruz	Individual	Senior Feminino	58:10	+26:44	05:49
76	318	Mariana Velado Bela	Individual	Senior Feminino	58:12	+26:46	05:49
77	315	Mariana Ferreira	Individual	Senior Feminino	58:21	+26:55	05:50
78	261	Beatriz Antunes Santos	Individual	Senior Feminino	58:26	+27:00	05:51
79	934	Joana Ferreira	Revenge	Senior Feminino	59:03	+27:37	05:54
80	988	Jéssica Fogueiro	Tartarugas	Senior Feminino	59:06	+27:40	05:55
81	329	Raquel Caracitas	Individual	Senior Feminino	59:25	+27:59	05:57
82	96	Daniela Valente	CARAPPAUS DE CORRIDA	Senior Feminino	59:35	+28:09	05:58
83	275	Catarina Regala	Individual	Senior Feminino	01:00:13	+28:47	06:01

Prova Principal

10 KM

OFFICIAL RESULT

84	297	Inês Ferreira	Individual	Senior Feminino	01:00:13	+28:47	06:01
85	241	Ana Antunes	Individual	Senior Feminino	01:00:39	+29:13	06:04
86	306	Liliana Pinho	Individual	Senior Feminino	01:00:45	+29:19	06:05
87	989	Maria Mendes	Tartarugas	Senior Feminino	01:00:46	+29:20	06:05
88	212	Beatriz Candeias	Hut Runners Aveiro	Senior Feminino	01:00:50	+29:24	06:05
89	872	Sara Matos	MANAS SEPARADAS À NASCENÇA	Senior Feminino	01:01:28	+30:02	06:09
90	301	Joana Elisa da Silva Fernandes de Campos	Individual	Senior Feminino	01:01:33	+30:07	06:09
91	263	Beatriz Loureiro	Individual	Senior Feminino	01:02:14	+30:48	06:13
92	253	Ana Paula Fractucello Silva	Individual	Senior Feminino	01:02:20	+30:54	06:14
93	239	Alexandra Santos	Individual	Senior Feminino	01:02:47	+31:21	06:17
94	340	Tânia Miranda Oliveira	Individual	Senior Feminino	01:02:48	+31:22	06:17
95	286	Estefani Delgado	Individual	Senior Feminino	01:02:50	+31:23	06:17
96	345	Viviane André	Individual	Senior Feminino	01:02:54	+31:28	06:17
97	264	Beatriz Pinho	Individual	Senior Feminino	01:03:07	+31:41	06:19
98	918	Sara Mestre	QPower	Senior Feminino	01:03:14	+31:48	06:19
99	901	Cariny Polesca	PATH RUNNERS	Senior Feminino	01:03:27	+32:01	06:21
100	284	Dora Almeida	Individual	Senior Feminino	01:03:36	+32:09	06:22
101	319	Mariangel Ramos	Individual	Senior Feminino	01:03:36	+32:10	06:22
102	338	Sara Moitalta	Individual	Senior Feminino	01:03:51	+32:25	06:23
103	130	Verônica Ribeiro Brandão	Clube dos Galitos	Senior Feminino	01:04:34	+33:08	06:27
104	323	Micaela Simões	Individual	Senior Feminino	01:04:35	+33:09	06:28
105	307	Liliane Santos	Individual	Senior Feminino	01:04:44	+33:18	06:28
106	883	Bebiana de Almeida Marques	Montes	Senior Feminino	01:04:45	+33:18	06:29
107	295	Helena Rodrigues	Individual	Senior Feminino	01:04:54	+33:28	06:29
108	282	Daniela Santos	Individual	Senior Feminino	01:04:55	+33:29	06:30
109	289	Filipa Grilo	Individual	Senior Feminino	01:04:59	+33:33	06:30
110	280	Cristiana Marques	Individual	Senior Feminino	01:05:07	+33:41	06:31
111	884	Isabela Vassal	Montes	Senior Feminino	01:05:37	+34:11	06:34
112	339	Stefani Rocha dos Santos Silva	Individual	Senior Feminino	01:05:46	+34:19	06:35
113	240	Amanda da Conceição da Cunha	Individual	Senior Feminino	01:05:46	+34:20	06:35
114	900	Ana Sofia Marques	PATH RUNNERS	Senior Feminino	01:06:01	+34:35	06:36
115	243	Ana Carvalho	Individual	Senior Feminino	01:06:25	+34:59	06:39
116	342	Tânia Raquel Oliveira Martinho	Individual	Senior Feminino	01:06:28	+35:02	06:39
117	189	Mafalda Maia	Fadas	Senior Feminino	01:06:29	+35:03	06:39
118	314	Mariana Afonso	Individual	Senior Feminino	01:06:55	+35:29	06:42
119	861	Rita Bastos	Lolocas com Intruso	Senior Feminino	01:07:31	+36:05	06:45
120	313	Maria Martins	Individual	Senior Feminino	01:07:36	+36:10	06:46
121	268	Carmen MARTINS DE JESUS	Individual	Senior Feminino	01:07:39	+36:13	06:46
122	99	Maria Matias Neto	CARAPAUS DE CORRIDA	Senior Feminino	01:08:06	+36:40	06:49
123	42	Petra Solange Coutinho da Silva Correia	Bambora	Senior Feminino	01:08:14	+36:48	06:49
124	298	Inês Santos	Individual	Senior Feminino	01:08:37	+37:11	06:52
125	142	MARIA HELENA ALMEIDA	Clube Millennium BCP	Senior Feminino	01:08:44	+37:18	06:52
126	343	Vanessa Silva	Individual	Senior Feminino	01:08:49	+37:23	06:53
127	248	Ana Gonçalves	Individual	Senior Feminino	01:09:03	+37:37	06:54

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

128	41	Joana Margarida Felgueiras Tomé	Bambora	Senior Feminino	01:09:09	+37:43	06:55
129	287	Filipa Cirineu	Individual	Senior Feminino	01:09:16	+37:50	06:56
130	897	Marta Miranda	Pão de Ló	Senior Feminino	01:09:38	+38:12	06:58
131	283	Diana Sousa	Individual	Senior Feminino	01:10:08	+38:42	07:01
132	896	Diana Miranda	Pão de Ló	Senior Feminino	01:10:16	+38:50	07:02
133	324	Nádia Monteiro Amorim	Individual	Senior Feminino	01:10:45	+39:18	07:05
134	303	Joana Silva	Individual	Senior Feminino	01:10:55	+39:29	07:06
135	150	Sara Oliveira	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	01:11:08	+39:42	07:07
136	50	Teresa Martins Andias	Barra Ocean Runners	Senior Feminino	01:11:41	+40:15	07:10
137	49	Tânia Peixinho Santos	Barra Ocean Runners	Senior Feminino	01:11:41	+40:15	07:10
138	256	Ana Sofia Miranda de Oliveira	Individual	Senior Feminino	01:12:03	+40:37	07:12
139	272	Carolina Ramos dos Santos	Individual	Senior Feminino	01:12:26	+41:00	07:15
140	97	Laura Prior	CARAPAUS DE CORRIDA	Senior Feminino	01:14:20	+42:54	07:26
141	312	Maria Luís Leite Rocha	Individual	Senior Feminino	01:15:07	+43:41	07:31
142	188	Ines patricio	Fadas	Senior Feminino	01:15:38	+44:12	07:34
143	242	Ana Carolina Lamim Maciel	Individual	Senior Feminino	01:15:48	+44:22	07:35
144	255	Ana Rita Lemos	Individual	Senior Feminino	01:17:12	+45:46	07:43
145	860	Ana Santos	Lolocas com Intruso	Senior Feminino	01:18:39	+47:13	07:52
146	330	Rita Almeida	Individual	Senior Feminino	01:19:47	+48:21	07:59
147	910	Maria João Oliveira Pinho	Pitucos	Senior Feminino	01:22:31	+51:05	08:15
148	334	Rita Ricardo	Individual	Senior Feminino	01:23:37	+52:11	08:22
149	245	Ana Filipa Almeida Santos	Individual	Senior Feminino	01:25:09	+53:43	08:31
150	274	Catarina Rebelo	Individual	Senior Feminino	01:26:30	+55:04	08:39
151	95	Andreia Diniz	CARAPAUS DE CORRIDA	Senior Feminino	01:29:44	+58:18	08:58
152	291	Francisca Cancela Abreu Ferreira	Individual	Senior Feminino	01:32:44	+01:01:18	09:16

Senior Masculino

1	960	Paulo Fontão	SC BRAGA	Senior Masculino	31:26		03:09
2	927	FRANCISCO MELICIAS	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	31:36	+00:10	03:10
3	1007	Tiago André Abrantes Madureira	VITÓRIA FUTEBOL CLUBE	Senior Masculino	32:41	+01:15	03:16
4	971	Tiago Pinto	Sport Clube Freamunde	Senior Masculino	33:23	+01:57	03:20
5	132	Henrique Moreira	Clube dos Galitos	Senior Masculino	34:05	+02:39	03:25
6	129	CELSO LEITE	Clube Atletismo de Ovar	Senior Masculino	34:17	+02:51	03:26
7	118	André Novais	CENAP	Senior Masculino	35:55	+04:29	03:36
8	429	Marco Pinho	Individual	Senior Masculino	35:58	+04:32	03:36
9	80	Henrique Adão	Bosch Runners	Senior Masculino	37:31	+06:05	03:45
10	173	SAMUEL SANTOS	DAR - Recardães	Senior Masculino	37:47	+06:21	03:47
11	894	Luís Filipe Pires	Os Runners by Luís Filipe Pires	Senior Masculino	38:07	+06:41	03:49
12	353	Bruno Casal	Individual	Senior Masculino	38:19	+06:53	03:50
13	119	Ricardo Auxiliar	CENAP	Senior Masculino	38:34	+07:07	03:51
14	377	Francisco Silveira	Individual	Senior Masculino	38:45	+07:19	03:53
15	397	João Andrade	Individual	Senior Masculino	38:49	+07:23	03:53
16	222	Pedro Monteiro	Hut Runners Aveiro	Senior Masculino	38:55	+07:29	03:54
17	135	Steve Lopes	Clube dos Galitos	Senior Masculino	39:06	+07:40	03:55

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

18	865	Duarte Fernandes	Los pistoleros	Senior Masculino	39:12	+07:46	03:55
19	125	César Barros	CLTT - Clínica Litoralis Trail Team	Senior Masculino	39:30	+08:04	03:57
20	426	Luis Silvestre	Individual	Senior Masculino	39:32	+08:06	03:57
21	374	Filipe Emanuel Oliveira Cabral	Individual	Senior Masculino	39:36	+08:10	03:58
22	482	Vasco Amaral	Individual	Senior Masculino	39:36	+08:10	03:58
23	131	Daniel José Gomes Amaral	Clube dos Galitos	Senior Masculino	39:39	+08:13	03:58
24	428	Manuel Fardilha	Individual	Senior Masculino	40:00	+08:34	04:00
25	5	João Manuel Neto dos Anjos	100Dores	Senior Masculino	40:28	+09:02	04:03
26	360	David Cardoso Madail	Individual	Senior Masculino	40:57	+09:31	04:06
27	154	João Pinto	CR7 FITNESS CRUNCH AVEIRO	Senior Masculino	41:20	+09:54	04:08
28	219	Fábio Gonçalves	Hut Runners Aveiro	Senior Masculino	41:31	+10:05	04:09
29	221	João André Pereira Antunes	Hut Runners Aveiro	Senior Masculino	41:42	+10:16	04:10
30	308	João Teles	Individual	Senior Masculino	41:54	+10:28	04:11
31	111	Luís Neves	Casa povo mangualde	Senior Masculino	41:54	+10:28	04:11
32	169	Diogo António Ramos Silva	CryoslimClinic	Senior Masculino	41:56	+10:30	04:12
33	430	Mário Marques	Individual	Senior Masculino	42:05	+10:39	04:13
34	473	Tiago Marcelino	Individual	Senior Masculino	42:09	+10:43	04:13
35	21	Rafael Castro	ADI	Senior Masculino	42:18	+10:52	04:14
36	18	André Pereira	ADI	Senior Masculino	42:24	+10:58	04:14
37	373	Fábio Ferreira Jacinto	Individual	Senior Masculino	42:25	+10:59	04:15
38	436	Natanael Esquivel	Individual	Senior Masculino	42:30	+11:03	04:15
39	458	Ricardo Santos	Individual	Senior Masculino	42:36	+11:10	04:16
40	54	Marco Alexandre Medeiros Mateus	Barra Ocean Runners	Senior Masculino	42:47	+11:21	04:17
41	432	Mauro Leite	Individual	Senior Masculino	43:02	+11:36	04:18
42	364	Diogo Gonçalves	Individual	Senior Masculino	43:09	+11:43	04:19
43	104	Pedro Nunes	CARAP AUS DE CORRIDA	Senior Masculino	43:17	+11:51	04:20
44	78	André Filipe Almeida Simões	Bosch Runners	Senior Masculino	43:20	+11:54	04:20
45	904	João Valente	PATH RUNNERS	Senior Masculino	43:28	+12:02	04:21
46	379	Gabriel Vidal Carvalho	Individual	Senior Masculino	43:35	+12:09	04:22
47	453	Rafael Lourenço	Individual	Senior Masculino	43:47	+12:20	04:23
48	113	Rui Xavier	CASCI	Senior Masculino	43:53	+12:27	04:23
49	356	Carlos Domingues	Individual	Senior Masculino	43:58	+12:32	04:24
50	439	Nuno Miranda do Nascimento	Individual	Senior Masculino	43:58	+12:32	04:24
51	156	WILSON AICA	CR7 FITNESS CRUNCH AVEIRO	Senior Masculino	44:05	+12:39	04:25
52	382	GONÇALO SANTOS CIRCUNCISÃO	Individual	Senior Masculino	44:19	+12:53	04:26
53	388	Hugo Bastos	Individual	Senior Masculino	44:28	+13:02	04:27
54	882	Carlos Eduardo	Miles&Vibes	Senior Masculino	44:30	+13:04	04:27
55	417	Lucas Silva	Individual	Senior Masculino	44:31	+13:05	04:27
56	969	Jaime Silva	Sport Clube Freamunde	Senior Masculino	44:34	+13:08	04:27
57	408	Jorge Pinho	Individual	Senior Masculino	44:41	+13:15	04:28
58	415	Lucas Briante	Individual	Senior Masculino	44:42	+13:16	04:28
59	421	luís felipe xavier gonçalves	Individual	Senior Masculino	45:06	+13:40	04:31
60	372	Elton Jorge Amado Alves	Individual	Senior Masculino	45:12	+13:45	04:31
61	478	Tiago Silvestre	Individual	Senior Masculino	45:21	+13:55	04:32
62	449	Pedro santos	Individual	Senior Masculino	45:25	+13:59	04:33
63	79	Diogo Ribeiro	Bosch Runners	Senior Masculino	45:26	+14:00	04:33

Official Timekeeper: Lap2Go	5 / 20	generate 30-jun.-2024 00:15
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Prova Principal**10 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

64	443	Pedro Almeida	Individual	Senior Masculino	45:33	+14:07	04:33
65	134	Rafael Pereira Anjos	Clube dos Galitos	Senior Masculino	45:40	+14:14	04:34
66	354	Bruno Martins	Individual	Senior Masculino	45:45	+14:19	04:35
67	471	Tiago Casimiro	Individual	Senior Masculino	45:48	+14:22	04:35
68	348	André Lima	Individual	Senior Masculino	45:55	+14:29	04:36
69	464	Rui Seabra	Individual	Senior Masculino	46:01	+14:35	04:36
70	440	Nuno Silva	Individual	Senior Masculino	46:09	+14:43	04:37
71	990	Tiago Magalhães	Tartarugas	Senior Masculino	46:16	+14:50	04:38
72	970	Miguel Pedra	Sport Clube Freamunde	Senior Masculino	46:18	+14:52	04:38
73	367	Diogo Pinheiro	Individual	Senior Masculino	46:27	+15:01	04:39
74	366	Diogo Pereira	Individual	Senior Masculino	46:28	+15:02	04:39
75	378	Francisco Vaz	Individual	Senior Masculino	46:35	+15:09	04:40
76	405	João Pereira	Individual	Senior Masculino	46:36	+15:10	04:40
77	444	Pedro Araujo	Individual	Senior Masculino	46:36	+15:10	04:40
78	220	Francisco Martins	Hut Runners Aveiro	Senior Masculino	46:39	+15:13	04:40
79	394	Ivo Tomaz	Individual	Senior Masculino	46:42	+15:16	04:40
80	152	CRISTIAN CAMILO	CR7 FITNESS CRUNCH AVEIRO	Senior Masculino	46:49	+15:23	04:41
81	53	Hugo Martins	Barra Ocean Runners	Senior Masculino	46:50	+15:24	04:41
82	411	José Garrido	Individual	Senior Masculino	47:00	+15:34	04:42
83	880	Miguel Dinis	MICI	Senior Masculino	47:05	+15:39	04:43
84	92	Daniel Silva	CANIANOS	Senior Masculino	47:21	+15:55	04:44
85	399	João Caetano	Individual	Senior Masculino	47:26	+16:00	04:45
86	437	Nathan Lorenzo Martins Trindade	Individual	Senior Masculino	47:30	+16:04	04:45
87	380	Gonçalo Nascimento	Individual	Senior Masculino	47:40	+16:14	04:46
88	351	André Reis	Individual	Senior Masculino	47:42	+16:16	04:46
89	433	Miguel Alexandre Ferreira Vergas	Individual	Senior Masculino	47:46	+16:20	04:47
90	183	André Filipe dos Santos Rebelo	Eduart- Componentes de Calçado	Senior Masculino	47:47	+16:20	04:47
91	365	Diogo Leite	Individual	Senior Masculino	48:09	+16:43	04:49
92	413	Júlio Tomás Gomes Teixeira	Individual	Senior Masculino	48:14	+16:48	04:49
93	368	Duarte Santos Ribeiro	Individual	Senior Masculino	48:15	+16:49	04:50
94	484	Vinicius Santos de Castro	Individual	Senior Masculino	48:18	+16:52	04:50
95	390	Hugo Lopes Cardoso	Individual	Senior Masculino	48:26	+17:00	04:51
96	358	Daniel Quintaneiro Almeida	Individual	Senior Masculino	48:32	+17:06	04:51
97	486	William Hans Pinheiro Damasio	Individual	Senior Masculino	48:52	+17:26	04:53
98	29	Manuel Trovisco	Associação dos Amigos da Praia da Barra	Senior Masculino	49:07	+17:41	04:55
99	391	Hugo Miguel Morais da Silva Ferraz	Individual	Senior Masculino	49:20	+17:54	04:56
100	7	Tiago Miguel Rei Miranda	100Dores	Senior Masculino	49:22	+17:56	04:56
101	460	Rui Fontoura	Individual	Senior Masculino	49:31	+18:05	04:57
102	218	Eduardo Cruz	Hut Runners Aveiro	Senior Masculino	49:33	+18:07	04:57
103	435	Miguel Pina	Individual	Senior Masculino	49:36	+18:10	04:58
104	395	Jaime Augusto	Individual	Senior Masculino	49:43	+18:17	04:58
105	217	Angel Blanco Granja	Hut Runners Aveiro	Senior Masculino	49:57	+18:31	05:00
106	19	António Gonçalves	ADI	Senior Masculino	49:59	+18:33	05:00
107	375	Francisco Almeida	Individual	Senior Masculino	50:07	+18:40	05:01
108	352	Bernardo Prior	Individual	Senior Masculino	50:08	+18:42	05:01
109	153	Hugo Martins	CR7 FITNESS CRUNCH AVEIRO	Senior Masculino	50:10	+18:44	05:01

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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110	347	André Augusto Oliveira Souta	Individual	Senior Masculino	50:20	+18:54	05:02
111	386	Guilherme Ramalheira	Individual	Senior Masculino	50:24	+18:58	05:02
112	6	Jorge Alexandre Simões Moreira	100Dores	Senior Masculino	50:25	+18:59	05:03
113	133	João Miguel Costa Génio	Clube dos Galitos	Senior Masculino	50:36	+19:10	05:04
114	122	EDUARDO CYSNE	CISNES DE AVEIRO	Senior Masculino	50:42	+19:16	05:04
115	483	Vincent Kille	Individual	Senior Masculino	51:03	+19:37	05:06
116	422	Luis Oliveira	Individual	Senior Masculino	51:07	+19:41	05:07
117	441	Nuno Simões	Individual	Senior Masculino	51:22	+19:56	05:08
118	446	Pedro Henrique Pinheiro Campelo	Individual	Senior Masculino	51:26	+20:00	05:09
119	72	Franco Da Silva	Bella ria	Senior Masculino	51:35	+20:09	05:10
120	401	JOAO FILIPE MORGADO GOMES	Individual	Senior Masculino	51:44	+20:18	05:10
121	472	Tiago Cerqueira	Individual	Senior Masculino	51:51	+20:25	05:11
122	487	Wilson Emanuel Jerónimo Almeida	Individual	Senior Masculino	51:56	+20:30	05:12
123	194	Ricardo Santos	Filó	Senior Masculino	52:06	+20:40	05:13
124	423	Luis Pedro Afonso	Individual	Senior Masculino	52:15	+20:49	05:14
125	911	Rafael Cardoso Rocha	Pitucos	Senior Masculino	52:15	+20:49	05:14
126	420	Luis André Pais Alves de Oliveira	Individual	Senior Masculino	52:20	+20:54	05:14
127	357	Daniel Carvalho	Individual	Senior Masculino	52:27	+21:01	05:15
128	102	Gabriel Matias Neto	CARAP AUS DE CORRIDA	Senior Masculino	52:34	+21:08	05:16
129	103	José Cação	CARAP AUS DE CORRIDA	Senior Masculino	52:40	+21:14	05:16
130	392	Hugo Pina	Individual	Senior Masculino	52:46	+21:20	05:17
131	383	Gonçalo Sarabando Teixeira	Individual	Senior Masculino	52:46	+21:20	05:17
132	466	Sérgio Tavares	Individual	Senior Masculino	52:49	+21:23	05:17
133	863	Nuno Oliveira	Lolocas com Intruso	Senior Masculino	52:51	+21:25	05:17
134	361	David daniel Martins Marques	Individual	Senior Masculino	53:12	+21:46	05:19
135	457	Ricardo Pinto	Individual	Senior Masculino	53:28	+22:02	05:21
136	396	jhonatan rodríguez	Individual	Senior Masculino	53:29	+22:03	05:21
137	459	Rui Fonseca	Individual	Senior Masculino	53:38	+22:12	05:22
138	52	Fábio Guedes Graça	Barra Ocean Runners	Senior Masculino	53:43	+22:17	05:22
139	424	Luis Pedro Rocha Pina	Individual	Senior Masculino	53:54	+22:27	05:23
140	898	André Silva	Pão de Ló	Senior Masculino	54:05	+22:39	05:25
141	371	Élio Maia	Individual	Senior Masculino	54:18	+22:52	05:26
142	403	João Gonçalves	Individual	Senior Masculino	54:24	+22:58	05:26
143	355	Bruno Russo	Individual	Senior Masculino	54:39	+23:13	05:28
144	903	Bojan Kopilovic	PATH RUNNERS	Senior Masculino	54:57	+23:31	05:30
145	919	Nelson Rodrigues	QPower	Senior Masculino	54:59	+23:33	05:30
146	400	João Costa	Individual	Senior Masculino	55:24	+23:58	05:32
147	456	Rafael Simões Quinta	Individual	Senior Masculino	55:24	+23:58	05:32
148	476	Tiago Pereira Fernandes	Individual	Senior Masculino	55:26	+24:00	05:33
149	359	Daniel Ribeiro Cardoso	Individual	Senior Masculino	55:51	+24:25	05:35
150	469	Simão Pedro Gonçalves Ferreira	Individual	Senior Masculino	56:09	+24:43	05:37
151	1012	Mateo Valentino Fernandez	Individual	Senior Masculino	56:21	+24:55	05:38
152	461	Rui Jesus	Individual	Senior Masculino	56:27	+25:00	05:39
153	207	Rafael Guedes	Hare & turtle running team	Senior Masculino	56:55	+25:29	05:42
154	363	Diogo Borges	Individual	Senior Masculino	56:59	+25:33	05:42
155	101	Carlos Miguel Correia	CARAP AUS DE CORRIDA	Senior Masculino	57:08	+25:42	05:43

Prova Principal

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OFFICIAL RESULT

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156	468	Simão Pedro Figueira Lopes	Individual	Senior Masculino	57:12	+25:46	05:43
157	404	João Parracho	Individual	Senior Masculino	57:15	+25:49	05:44
158	414	Leonardo Maio	Individual	Senior Masculino	57:26	+26:00	05:45
159	385	Guilherme do Casal Martins	Individual	Senior Masculino	57:42	+26:16	05:46
160	1014	Jorge Reis	Individual	Senior Masculino	58:06	+26:40	05:49
161	376	Francisco Bica	Individual	Senior Masculino	58:16	+26:50	05:50
162	56	Pedro Soeiro	Barra Ocean Runners	Senior Masculino	58:19	+26:53	05:50
163	398	João André da Cunha Pinho	Individual	Senior Masculino	58:43	+27:17	05:52
164	485	Vitor Tavares	Individual	Senior Masculino	58:52	+27:26	05:53
165	475	Tiago Miguel Trindade Pedroso	Individual	Senior Masculino	59:41	+28:15	05:58
166	387	Helder Ferreira	Individual	Senior Masculino	01:00:06	+28:40	06:01
167	381	Gonçalo Pimentel	Individual	Senior Masculino	01:00:09	+28:43	06:01
168	105	Tiago Gomes	CARAP AUS DE CORRIDA	Senior Masculino	01:00:19	+28:53	06:02
169	462	Rui Marinho	Individual	Senior Masculino	01:00:50	+29:24	06:05
170	465	Rui Vilela	Individual	Senior Masculino	01:00:53	+29:27	06:05
171	369	Ednesio Rodrigues	Individual	Senior Masculino	01:01:10	+29:44	06:07
172	155	Pedro Henrique	CR7 FITNESS CRUNCH AVEIRO	Senior Masculino	01:01:51	+30:24	06:11
173	425	Luis Ribeiro	Individual	Senior Masculino	01:01:54	+30:28	06:11
174	427	Manuel Castro	Individual	Senior Masculino	01:02:05	+30:39	06:13
175	451	Pedro Valente	Individual	Senior Masculino	01:02:07	+30:40	06:13
176	418	Lucca Pelegrini	Individual	Senior Masculino	01:02:24	+30:58	06:14
177	406	João Sousa	Individual	Senior Masculino	01:02:35	+31:09	06:16
178	438	Nuno Lopes	Individual	Senior Masculino	01:02:50	+31:24	06:17
179	410	José Frias	Individual	Senior Masculino	01:02:52	+31:26	06:17
180	450	Pedro Tavares	Individual	Senior Masculino	01:02:53	+31:27	06:17
181	957	Tiago Brito	Salgueiros Running	Senior Masculino	01:04:06	+32:40	06:25
182	402	João Glória	Individual	Senior Masculino	01:04:15	+32:49	06:26
183	481	Vasco Almeida	Individual	Senior Masculino	01:04:55	+33:29	06:30
184	452	Rafael Costa e Sousa	Individual	Senior Masculino	01:05:17	+33:51	06:32
185	407	Jonathan Moreira da Rocha	Individual	Senior Masculino	01:05:47	+34:21	06:35
186	474	Tiago Mendes Neves	Individual	Senior Masculino	01:06:00	+34:34	06:36
187	448	Pedro Neves	Individual	Senior Masculino	01:06:37	+35:11	06:40
188	463	Rui Sacchetti	Individual	Senior Masculino	01:06:55	+35:29	06:42
189	467	Simão Mariano	Individual	Senior Masculino	01:10:08	+38:42	07:01
190	349	André Miguel Lameiro Monteiro	Individual	Senior Masculino	01:10:44	+39:18	07:04
191	447	Pedro Martins	Individual	Senior Masculino	01:11:44	+40:18	07:10
192	416	Lucas de Souza Longobucco	Individual	Senior Masculino	01:29:10	+57:43	08:55
193	389	Hugo Duarte dos Santos Rocha	Individual	Senior Masculino	01:32:45	+01:01:19	09:17

Veterana F35

1	972	Inês Mendes	Sport Clube Freamunde	Veterana F35	40:49	+09:23	04:05
2	499	Andreia Cristina Gonçalves Vieira	Individual	Veterana F35	46:43	+15:17	04:40
3	198	Margarida Bagão	G.D.C. dos Portos de Sines e do Algarve	Veterana F35	47:16	+15:50	04:44
4	518	LETÍCIA DA SILVA BRITO	Individual	Veterana F35	47:44	+16:18	04:46

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5	10	Florbelá Araujo	ACAIL GAS	Veterana F35	49:05	+17:39	04:55
6	60	Soraia Basílio	Barra Ocean Runners	Veterana F35	50:10	+18:44	05:01
7	534	Tatiana Oliveira	Individual	Veterana F35	50:39	+19:13	05:04
8	945	Jacqueline fernandes	Run The World	Veterana F35	51:36	+20:10	05:10
9	980	Liliana Bastos	Stepbystep	Veterana F35	51:49	+20:23	05:11
10	501	Betina Beirão	Individual	Veterana F35	52:59	+21:33	05:18
11	500	Bárbara Almeida	Individual	Veterana F35	53:10	+21:44	05:19
12	853	Cláudia Lopes	JuveRunTeam	Veterana F35	53:12	+21:46	05:19
13	519	Lúcia Cândido	Individual	Veterana F35	53:30	+22:04	05:21
14	522	Mariana Ribeiro	Individual	Veterana F35	53:31	+22:05	05:21
15	498	Ana Valente	Individual	Veterana F35	53:32	+22:06	05:21
16	494	Ana Luisa Marta	Individual	Veterana F35	53:41	+22:15	05:22
17	512	Eva Morais	Individual	Veterana F35	54:19	+22:53	05:26
18	920	Andreia Rodrigues	QPower	Veterana F35	54:59	+23:33	05:30
19	854	Isabel Neno	JuveRunTeam	Veterana F35	55:16	+23:50	05:32
20	511	Dulce Helena Rabaça Almeida	Individual	Veterana F35	55:30	+24:04	05:33
21	157	Ticiane Abrantes	CR7 FITNESS CRUNCH AVEIRO	Veterana F35	55:46	+24:20	05:35
22	490	Ana Cláudia Santos Pereira	Individual	Veterana F35	55:53	+24:27	05:35
23	235	Inês Castelhana	IG	Veterana F35	55:54	+24:28	05:35
24	58	Cátia Aires	Barra Ocean Runners	Veterana F35	55:56	+24:30	05:36
25	532	Susete Freitas	Individual	Veterana F35	56:09	+24:43	05:37
26	530	Sara Costa	Individual	Veterana F35	57:47	+26:20	05:47
27	905	Guliz Akyuz	PATH RUNNERS	Veterana F35	58:43	+27:17	05:52
28	516	Ivete Marques	Individual	Veterana F35	58:58	+27:32	05:54
29	527	Rafaela Denise Ferraz	Individual	Veterana F35	59:22	+27:56	05:56
30	174	ANA CASTRO	DAR - Recardães	Veterana F35	59:38	+28:12	05:58
31	175	DANIELA SANTOS	DAR - Recardães	Veterana F35	59:39	+28:13	05:58
32	82	Vânia Costa	Bosch Runners	Veterana F35	01:00:22	+28:56	06:02
33	533	Tatiana Gatti Gonçalves Morisson da Silva	Individual	Veterana F35	01:00:23	+28:57	06:02
34	504	Catarina Creoulo	Individual	Veterana F35	01:00:24	+28:58	06:02
35	496	Ana Raquel Fernandes Sacramento Santos	Individual	Veterana F35	01:00:35	+29:09	06:04
36	510	Diana Santos	Individual	Veterana F35	01:01:11	+29:45	06:07
37	59	Joana Ribeiro	Barra Ocean Runners	Veterana F35	01:02:03	+30:37	06:12
38	517	Laura de Beer	Individual	Veterana F35	01:02:53	+31:27	06:17
39	170	Glória Jornaló	CryoslimClinic	Veterana F35	01:03:36	+32:10	06:22
40	526	NATÁLIA MARIA SIMOES BARTOLOMEU	Individual	Veterana F35	01:03:41	+32:15	06:22
41	493	Ana Luísa Bastos Santos	Individual	Veterana F35	01:04:38	+33:12	06:28
42	507	Claudia Gamelas	Individual	Veterana F35	01:05:18	+33:52	06:32
43	535	Thais Rocha	Individual	Veterana F35	01:05:55	+34:29	06:36
44	506	Cátia Cardoso	Individual	Veterana F35	01:06:46	+35:20	06:41
45	1009	Vânia freitas	Xucros	Veterana F35	01:07:16	+35:50	06:44
46	509	Diana Lopes	Individual	Veterana F35	01:07:22	+35:56	06:44
47	946	Nicole Siqueira	Run The World	Veterana F35	01:07:32	+36:06	06:45
48	491	Ana Filipe Leite Rocha	Individual	Veterana F35	01:08:23	+36:57	06:50

Prova Principal

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49	495	Ana Luísa Santos	Individual	Veterana F35	01:10:44	+39:18	07:04
50	223	Patrícia Teixeira	Hut Runners Aveiro	Veterana F35	01:10:55	+39:29	07:06
51	508	Daniela Silva	Individual	Veterana F35	01:11:30	+40:04	07:09
52	521	Mariana Neto Costa	Individual	Veterana F35	01:12:55	+41:29	07:18
53	73	Joana vidal	Bella ria	Veterana F35	01:13:01	+41:35	07:18
54	489	ALINE SILVA	Individual	Veterana F35	01:13:58	+42:32	07:24
55	531	Susana Figueiredo Cravo	Individual	Veterana F35	01:15:39	+44:13	07:34
56	855	Miriam Henriques	JuveRunTeam	Veterana F35	01:15:39	+44:13	07:34
57	513	Fernanda Ledes	Individual	Veterana F35	01:17:35	+46:09	07:46
58	505	Catarina Isabel Dias Rosa	Individual	Veterana F35	01:18:19	+46:53	07:50
59	525	Natália da Maia Frade	Individual	Veterana F35	01:20:23	+48:57	08:02
60	996	Mariana Pastor	Team olhos	Veterana F35	01:24:48	+53:22	08:29
61	503	Carla sofia almeida santos	Individual	Veterana F35	01:25:11	+53:44	08:31

Veterana F40

1	177	MARIBEL CARDOSO	DAR - Recardães	Veterana F40	46:39	+15:13	04:40
2	1003	Marta Loureiro	velozes e furiosos	Veterana F40	47:29	+16:03	04:45
3	548	Cláudia Moreira	Individual	Veterana F40	49:03	+17:36	04:54
4	543	Ana Rita Marques	Individual	Veterana F40	49:10	+17:44	04:55
5	126	marilyn Loure	CLTT - Clínica Litoral Trail Team	Veterana F40	50:21	+18:55	05:02
6	563	Sónia Lemos	Individual	Veterana F40	50:52	+19:26	05:05
7	542	Ana Natacha Silva	Individual	Veterana F40	50:54	+19:28	05:05
8	197	Marisa Martins	First Round	Veterana F40	52:14	+20:48	05:13
9	555	Margarida Malaquias	Individual	Veterana F40	52:59	+21:33	05:18
10	144	Raquel Rondão	Coimbra Trail Running	Veterana F40	53:08	+21:41	05:19
11	115	Lúcia Santos	CASCI	Veterana F40	53:49	+22:23	05:23
12	547	Cláudia Griné	Individual	Veterana F40	54:34	+23:08	05:27
13	196	Carolina Tavares	First Round	Veterana F40	55:02	+23:36	05:30
14	537	Ana Caetano	Individual	Veterana F40	55:12	+23:46	05:31
15	540	Ana João	Individual	Veterana F40	55:36	+24:10	05:34
16	558	Marta Daniela Sousa Silva Oliveira	Individual	Veterana F40	55:39	+24:13	05:34
17	949	Sandra Ribeiro	S.M.M. ATLETISMO	Veterana F40	55:45	+24:19	05:35
18	559	Marta Pereira	Individual	Veterana F40	56:22	+24:56	05:38
19	539	Ana Filipa Morais	Individual	Veterana F40	56:42	+25:16	05:40
20	109	Cristina Silva	Casa Benfica Bairrada	Veterana F40	56:43	+25:17	05:40
21	551	Filomena Rodrigues	Individual	Veterana F40	56:51	+25:24	05:41
22	877	Cristina Ferreira	MEXE TE	Veterana F40	57:16	+25:50	05:44
23	195	Carla Salomé Marques Ferreira	First Round	Veterana F40	57:53	+26:27	05:47
24	224	Sara Tavares Santos	Hut Runners Aveiro	Veterana F40	58:34	+27:08	05:51
25	947	Sandra Souto	Runriver-Escola de Atletismo de Rio Tinto	Veterana F40	58:50	+27:24	05:53
26	61	Andreia Craveiro	Barra Ocean Runners	Veterana F40	58:58	+27:32	05:54
27	545	Catarina Campos	Individual	Veterana F40	59:32	+28:06	05:57
28	914	Vera Abreu	Prison D Aveiro	Veterana F40	01:00:28	+29:02	06:03
29	560	Raquel Gonçalves	Individual	Veterana F40	01:00:35	+29:09	06:04

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30	538	Ana Ferreira Sereno	Individual	Veterana F40	01:00:52	+29:26	06:05
31	62	Micaela Farias	Barra Ocean Runners	Veterana F40	01:01:33	+30:07	06:09
32	557	Marina Leitão	Individual	Veterana F40	01:02:07	+30:41	06:13
33	564	Susana Ganito	Individual	Veterana F40	01:02:16	+30:50	06:14
34	114	Gisela Macedo	CASCI	Veterana F40	01:02:42	+31:16	06:16
35	541	Ana Maria Moreira Amorim Rego	Individual	Veterana F40	01:02:56	+31:29	06:18
36	159	Dina Maria	CR7 FITNESS CRUNCH AVEIRO	Veterana F40	01:05:23	+33:57	06:32
37	25	Maria João Couto	Arroz de Carril	Veterana F40	01:05:36	+34:09	06:34
38	1010	Magda Sousa	Xucros	Veterana F40	01:06:34	+35:08	06:39
39	562	Sílvia Soreto	Individual	Veterana F40	01:07:16	+35:49	06:44
40	158	Ana Aguiar	CR7 FITNESS CRUNCH AVEIRO	Veterana F40	01:11:08	+39:42	07:07
41	553	Isabel Passos	Individual	Veterana F40	01:12:53	+41:27	07:17

Veterana F45

1	1	Carla Gabriela Jesus Martinho	RECREIO DESPORTIVO DE ÁGUEDA	Veterana F45	34:58	+03:32	03:30
2	514	Paula Gonçalves	Santa Maria RT	Veterana F45	47:48	+16:22	04:47
3	575	Maria Miguel Galhardo	Individual	Veterana F45	49:24	+17:58	04:56
4	984	Paula Santos	Tainadas run team-somengil	Veterana F45	51:29	+20:03	05:09
5	577	PAULA ROCHA	Individual	Veterana F45	53:00	+21:34	05:18
6	226	GISELA DIAS	Hut Runners Aveiro	Veterana F45	54:28	+23:02	05:27
7	955	Maria João Almeida	salamanca	Veterana F45	54:52	+23:26	05:29
8	568	Betinha silva	Individual	Veterana F45	55:33	+24:07	05:33
9	581	Sandra Santos	Individual	Veterana F45	56:00	+24:34	05:36
10	579	Sandra Costa	Individual	Veterana F45	56:06	+24:40	05:37
11	33	SANDRA GALVEIA	Athlon Esportes	Veterana F45	57:21	+25:55	05:44
12	874	Marta Mateus	Marta & João	Veterana F45	57:44	+26:18	05:46
13	566	Alda Alexandra Esteves	Individual	Veterana F45	57:50	+26:24	05:47
14	908	Patrícia Marcelo	Penta Clube da Covilhã	Veterana F45	58:24	+26:58	05:50
15	576	Maryna Anatoliivna Skliar	Individual	Veterana F45	59:24	+27:58	05:56
16	572	Lígia Maria Lourenço Martins Veloso	Individual	Veterana F45	01:00:24	+28:58	06:02
17	573	Lucilia Queiros	Individual	Veterana F45	01:00:42	+29:16	06:04
18	565	Adriana Carvalho	Individual	Veterana F45	01:03:19	+31:53	06:20
19	958	Bárbara Brito	Salgueiros Running	Veterana F45	01:03:49	+32:23	06:23
20	583	Teresa Ivone Simões Pereira	Individual	Veterana F45	01:04:29	+33:03	06:27
21	582	Sofia Filipa de Almeida Rocha Reis	Individual	Veterana F45	01:06:47	+35:21	06:41
22	161	Cristiana Leal	CR7 FITNESS CRUNCH AVEIRO	Veterana F45	01:11:08	+39:42	07:07
23	571	Irene domingos Silva Pereira	Individual	Veterana F45	01:19:50	+48:24	07:59
24	106	Raquel Matias	CARAP AUS DE CORRIDA	Veterana F45	01:29:45	+58:19	08:59

Veterana F50

1	587	Cristina Coelho	Individual	Veterana F50	49:52	+18:26	04:59
2	967	Rosa Tavares	SosenseTrailTeam-Braga&Fernandes/Corind	Veterana F50	52:20	+20:54	05:14

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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

3	584	Ana Paula Vizinho	Individual	Veterana F50	52:59	+21:33	05:18
4	586	Catarina Teixeira	Individual	Veterana F50	53:30	+22:04	05:21
5	590	Ines almeida	Individual	Veterana F50	54:35	+23:09	05:28
6	593	Maria José Rodrigues	Individual	Veterana F50	54:36	+23:10	05:28
7	591	Luiza Manuel Tavares Bilelo Valério	Individual	Veterana F50	54:42	+23:16	05:28
8	895	Elisabete Cruz	Os Runners by Luís Filipe Pires	Veterana F50	59:27	+28:01	05:57
9	889	Maria Margarida Bastos Martinho	OS CAGAREUS	Veterana F50	01:02:57	+31:31	06:18
10	588	Diana Santos	Individual	Veterana F50	01:04:29	+33:02	06:27
11	888	Gina Maria Sarabando do Casal	OS CAGAREUS	Veterana F50	01:06:21	+34:55	06:38
12	589	Eulália Maria Fonseca Santos	Individual	Veterana F50	01:06:47	+35:21	06:41
13	594	Silvia Freire	Individual	Veterana F50	01:08:05	+36:39	06:49
14	962	Alexandra Monteiro	Sobral Santos	Veterana F50	01:12:17	+40:50	07:14
15	592	Maria João Cardoso	Individual	Veterana F50	01:13:33	+42:07	07:21

Veterana F55

1	998	Ana Gonçalves	The Mountain Goat	Veterana F55	56:38	+25:11	05:40
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Veterana F60

1	237	Maria Fatima Pinho	CLTT - Clínica Litoralis Trail Team	Veterana F60	47:11	+15:45	04:43
2	950	Elvira de Oliveira Lopes dos Reis	S.M.M. ATLETISMO	Veterana F60	54:31	+23:04	05:27
3	598	Ludovina Saraiva	Individual	Veterana F60	57:12	+25:46	05:43
4	596	Ana Paula de Oliveira Freire Leite Rocha	Individual	Veterana F60	01:15:07	+43:41	07:31

Veterano M35

1	28	Antonio Silva	Associação Cultural Recreativa Senhora Desterro	Veterano M35	32:16	+00:50	03:14
2	186	Ricardo Carreira	EDV- VIANA TRAIL	Veterano M35	32:43	+01:17	03:16
3	76	fernando souza	BOAVISTA FC	Veterano M35	33:36	+02:10	03:22
4	205	JORGE CUBAL	Grupo Desportivo e Cultural de Guilhovai	Veterano M35	33:59	+02:32	03:24
5	641	LUIS COIMBRA	Individual	Veterano M35	35:15	+03:49	03:32
6	929	RICARDO ANDRADE	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M35	36:26	+05:00	03:39
7	14	Fabio Sousa	Acd Ilhavos	Veterano M35	37:08	+05:42	03:43
8	648	Nuno Faria	Individual	Veterano M35	37:16	+05:50	03:44
9	992	Joel Ramalhoto	Team El Comandante	Veterano M35	37:20	+05:54	03:44
10	646	Miguel da Silva	Individual	Veterano M35	37:44	+06:18	03:46
11	667	Tadhg Lyne	Individual	Veterano M35	37:54	+06:28	03:47
12	636	Jorge Lima	Individual	Veterano M35	38:28	+07:02	03:51
13	13	António Veiga	Acd Ilhavos	Veterano M35	38:34	+07:08	03:51
14	120	Luis miguel pinto almeida	CENAP	Veterano M35	39:03	+07:37	03:54
15	172	Ricardo Tavares	DAR - Recardães	Veterano M35	39:41	+08:15	03:58

Prova Principal

10 KM

OFFICIAL RESULT

4	717	Ricardo Veiga	Individual	Veterano M40	36:56	+05:30	03:42
5	979	Mário Franco	Sport Comércio e Salgueiros	Veterano M40	37:15	+05:49	03:44
6	128	João Margarido	CLTT - Clínica Litoral Trail Team	Veterano M40	37:43	+06:17	03:46
7	179	FREDERICO FÉLIX	DAR - Recardães	Veterano M40	38:26	+07:00	03:51
8	922	Rui Costa	Quinteto Explosivo	Veterano M40	38:52	+07:26	03:53
9	711	PAULO TEIXEIRA	Individual	Veterano M40	39:12	+07:46	03:55
10	868	Luis matos	Luis matos seguros	Veterano M40	39:22	+07:56	03:56
11	948	Eduardo Brandão	Runriver-Escola de Atletismo de Rio Tinto	Veterano M40	39:25	+07:59	03:57
12	674	Andre Nobre	Individual	Veterano M40	39:30	+08:04	03:57
13	687	Fred Pinheiro	Individual	Veterano M40	39:40	+08:14	03:58
14	15	Paulo Silva	Acd Ilhavos	Veterano M40	39:43	+08:17	03:58
15	1008	Hélio Falcão	Vitoria Sport Club	Veterano M40	39:48	+08:22	03:59
16	710	Paulo Gonçalves	Individual	Veterano M40	40:15	+08:49	04:02
17	961	Pedro Barbosa	Serviços Sociais dos Trabalhadores da Câmara Municipal de São João da Madeira	Veterano M40	40:19	+08:53	04:02
18	994	Miguel Azevedo	Team El Comandante	Veterano M40	40:31	+09:05	04:03
19	714	Ricardo Queiros	Individual	Veterano M40	40:51	+09:25	04:05
20	16	Pedro Santos Costa	Acd Ilhavos	Veterano M40	41:07	+09:41	04:07
21	716	Ricardo Tavares	Individual	Veterano M40	41:20	+09:54	04:08
22	921	Luís Alves	Quinteto Explosivo	Veterano M40	42:09	+10:42	04:13
23	26	Ricardo Vicente	Arroz de Carril	Veterano M40	42:10	+10:44	04:13
24	8	Luis Miguel Martins Dias	A.D.Fermentelos/ Bike Riders	Veterano M40	42:46	+11:20	04:17
25	692	Ivo Santos	Individual	Veterano M40	43:07	+11:41	04:19
26	722	Sérgio Alves	Individual	Veterano M40	43:09	+11:42	04:19
27	938	André Assena	RM Runners	Veterano M40	43:20	+11:54	04:20
28	693	João André Tavares Henriques	Individual	Veterano M40	43:50	+12:24	04:23
29	69	NELSON ARAÚJO	Barra Ocean Runners	Veterano M40	43:50	+12:24	04:23
30	1005	Alfredo Matos	Vintage Runners	Veterano M40	43:52	+12:26	04:23
31	985	Paulo Costa	Tainadas run team-somengil	Veterano M40	44:06	+12:40	04:25
32	140	RICARDO FRANÇA	Clube dos Galitos	Veterano M40	44:28	+13:02	04:27
33	696	José Almeida	Individual	Veterano M40	44:35	+13:09	04:28
34	715	Ricardo Santos	Individual	Veterano M40	44:37	+13:10	04:28
35	691	Ivo Matos	Individual	Veterano M40	44:48	+13:22	04:29
36	942	Rui Cainé	RM Runners	Veterano M40	44:48	+13:22	04:29
37	678	Carlos Jesus	Individual	Veterano M40	44:56	+13:30	04:30
38	899	David Jesus	Pascoalitos	Veterano M40	45:01	+13:35	04:30
39	139	João França	Clube dos Galitos	Veterano M40	45:09	+13:43	04:31
40	690	Hugo Justica	Individual	Veterano M40	45:17	+13:51	04:32
41	681	Daniel Vieira	Individual	Veterano M40	45:41	+14:15	04:34
42	720	Rui Simões	Individual	Veterano M40	46:34	+15:08	04:39
43	684	Filipe Alexandre Dias Duarte	Individual	Veterano M40	46:54	+15:28	04:41
44	68	André Quinta Nova	Barra Ocean Runners	Veterano M40	46:57	+15:31	04:42
45	709	Paulo Fidalgo	Individual	Veterano M40	47:03	+15:36	04:42
46	30	Henrique Almeida	Associação dos Amigos da Praia da Barra	Veterano M40	47:08	+15:42	04:43
47	951	Bruno Pereira	S.M.M. ATLETISMO	Veterano M40	47:19	+15:53	04:44

Official Timekeeper: Lap2Go	15 / 20	generate 30-jun.-2024 00:15
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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48	683	Donato Barbeiro	Individual	Veterano M40	47:34	+16:08	04:45
49	887	Pedro Espírito Santo	Os 3 que são 2	Veterano M40	47:35	+16:09	04:46
50	724	Tiago Filipe Gaspar de Sousa	Individual	Veterano M40	47:38	+16:12	04:46
51	926	Bruno Rocha	R5engineers	Veterano M40	47:45	+16:19	04:47
52	940	José Tavares	RM Runners	Veterano M40	47:59	+16:33	04:48
53	230	Jorge Martins	Hut Runners Aveiro	Veterano M40	48:13	+16:46	04:49
54	677	Bruno Silveira	Individual	Veterano M40	48:46	+17:20	04:53
55	699	Manuelventura da Silva Marques	Individual	Veterano M40	48:46	+17:20	04:53
56	70	Ricardo MG Oliveira	Barra Ocean Runners	Veterano M40	48:56	+17:30	04:54
57	701	Marco Portela	Individual	Veterano M40	48:59	+17:33	04:54
58	35	DAVID GOUVEIA	Athlon Esportes	Veterano M40	48:59	+17:33	04:54
59	138	Daniel Espinhal	Clube dos Galitos	Veterano M40	49:28	+18:02	04:57
60	935	Pedro Costa	Revenge	Veterano M40	49:44	+18:17	04:58
61	695	Joel Alves	Individual	Veterano M40	50:26	+19:00	05:03
62	723	Tiago Côte-Real Cachim	Individual	Veterano M40	50:58	+19:32	05:06
63	707	Paulo Alves	Individual	Veterano M40	51:04	+19:38	05:06
64	208	Carlos Pereira	Hora é pouco...	Veterano M40	51:11	+19:45	05:07
65	93	Paulo Rocha	CANIANOS	Veterano M40	51:19	+19:53	05:08
66	697	Lazaro Jose Nunes Leite	Individual	Veterano M40	52:39	+21:13	05:16
67	700	Márcio Pereira	Individual	Veterano M40	52:50	+21:24	05:17
68	679	Carlos Cunha	Individual	Veterano M40	52:50	+21:24	05:17
69	712	Pedro Pimentel	Individual	Veterano M40	52:51	+21:24	05:17
70	209	Juan Pereira	Hora é pouco...	Veterano M40	53:27	+22:01	05:21
71	703	Nélio Silva	Individual	Veterano M40	53:41	+22:15	05:22
72	675	António Almeida	Individual	Veterano M40	53:48	+22:22	05:23
73	680	Daniel Figueiredo	Individual	Veterano M40	56:32	+25:06	05:39
74	36	DENIS QUADROS	Athlon Runners	Veterano M40	57:18	+25:51	05:44
75	721	Rui Vieira	Individual	Veterano M40	58:18	+26:52	05:50
76	689	Hugo Ferreira	Individual	Veterano M40	58:27	+27:01	05:51
77	549	Daniel Pausa	Individual	Veterano M40	58:59	+27:33	05:54
78	676	Bruno Santos	Individual	Veterano M40	59:16	+27:50	05:56
79	878	Ricardo Guerra	MEXE TE	Veterano M40	59:46	+28:20	05:59
80	694	João Carlos Cirino Sequeiros	Individual	Veterano M40	01:00:53	+29:27	06:05
81	705	Nuno Filipe Osório de Jesus	Individual	Veterano M40	01:02:43	+31:17	06:16
82	85	Bruno Aires	Bosch Runners	Veterano M40	01:03:52	+32:25	06:23
83	673	Albino Costa	Individual	Veterano M40	01:10:12	+38:46	07:01

Veterano M45

1	930	LUÍS MARTINS	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M45	34:56	+03:30	03:30
2	738	Helder Costa	Individual	Veterano M45	35:17	+03:50	03:32
3	145	Armindo Antunes	Coimbra Trail Running	Veterano M45	36:10	+04:44	03:37
4	181	NUNO CORREIA SILVA	DAR - Recardães	Veterano M45	36:13	+04:47	03:37
5	931	Nuno Santos	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M45	37:21	+05:55	03:44
6	727	Alexandre Mestre	Individual	Veterano M45	38:09	+06:43	03:49

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16 / 20

generate 30-jun.-2024 00:15

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

7	753	Mário Ferreira	Individual	Veterano M45	38:46	+07:20	03:53
8	871	Carlos Pimenta	Lusoteam	Veterano M45	39:34	+08:08	03:57
9	754	Miguel Fernandes	Individual	Veterano M45	39:57	+08:31	04:00
10	1013	Sérgio Lopes	Individual	Veterano M45	40:35	+09:09	04:04
11	745	João Paulo Pereira Fernandes	Individual	Veterano M45	41:18	+09:52	04:08
12	187	Rui Freitas	ESGALHADA TRAIL TEAM	Veterano M45	41:26	+10:00	04:09
13	756	Nuno Sereno	Individual	Veterano M45	41:27	+10:01	04:09
14	777	Vitor Sencadas	Individual	Veterano M45	41:29	+10:03	04:09
15	741	JIMMY SILVA	Individual	Veterano M45	43:07	+11:41	04:19
16	761	Pedro Batista	Individual	Veterano M45	43:10	+11:44	04:19
17	775	Vasco Monteiro	Individual	Veterano M45	43:12	+11:46	04:19
18	932	VALTER SILVA	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M45	43:30	+12:04	04:21
19	744	João Paulo Griné	Individual	Veterano M45	43:51	+12:25	04:23
20	774	Tiago Amaral	Individual	Veterano M45	44:19	+12:53	04:26
21	71	Fernando Mónica	Barra Ocean Runners	Veterano M45	44:39	+13:13	04:28
22	729	André Pacheco	Individual	Veterano M45	44:44	+13:18	04:28
23	743	João Francisco Duarte	Individual	Veterano M45	44:48	+13:22	04:29
24	981	Nuno Morais	Stepbystep	Veterano M45	45:05	+13:38	04:31
25	757	Nuno Troia	Individual	Veterano M45	45:16	+13:50	04:32
26	769	Ricardo Melo dos Santos	Individual	Veterano M45	45:22	+13:56	04:32
27	746	joice jesus	Individual	Veterano M45	45:23	+13:57	04:32
28	764	Raimundo Ferreira	Individual	Veterano M45	45:39	+14:13	04:34
29	750	Luís Rabaça	Individual	Veterano M45	46:30	+15:04	04:39
30	776	Vítor Manuel Godinho Ferreira Vaz Proença	Individual	Veterano M45	46:56	+15:30	04:42
31	736	Francisco Martins	Individual	Veterano M45	46:57	+15:31	04:42
32	851	Carlos Alberto Da Silva Abreu	Joga-se Trail running	Veterano M45	47:17	+15:51	04:44
33	770	Ricardo Senos	Individual	Veterano M45	48:00	+16:34	04:48
34	999	Pedro Santos	Trail - Grupo Desportivo de Trancoso	Veterano M45	48:32	+17:05	04:51
35	768	Ricardo Melo	Individual	Veterano M45	48:40	+17:14	04:52
36	772	Rogério Santos	Individual	Veterano M45	49:00	+17:34	04:54
37	740	Ivo Batista	Individual	Veterano M45	49:30	+18:04	04:57
38	912	Joao Albino	Ponta léguas	Veterano M45	50:09	+18:43	05:01
39	739	Hugo Mostardinha	Individual	Veterano M45	50:16	+18:50	05:02
40	909	Sérgio Ferraz	Penta Clube da Covilhã	Veterano M45	50:18	+18:52	05:02
41	110	Marco Santiago	Casa Benfica Bairrada	Veterano M45	50:19	+18:53	05:02
42	875	João Teixeira	Marta & João	Veterano M45	50:22	+18:55	05:02
43	959	Nuno Brito	Salgueiros Running	Veterano M45	50:35	+19:09	05:04
44	94	Nuno Manuel Fragoso Clemente	CANIANOS	Veterano M45	51:07	+19:41	05:07
45	762	Pedro Marques	Individual	Veterano M45	51:17	+19:50	05:08
46	766	Ricardo Adão	Individual	Veterano M45	51:23	+19:57	05:08
47	735	Fernando Ferreira	Individual	Veterano M45	51:44	+20:18	05:10
48	755	Nuno Pereira	Individual	Veterano M45	51:45	+20:19	05:11
49	728	Amílcar Dias	Individual	Veterano M45	51:52	+20:26	05:11
50	231	Álvaro Barbosa	Hut Runners Aveiro	Veterano M45	52:13	+20:47	05:13

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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

22	166	Carlos Manuel Pires Marques	CR7 FITNESS CRUNCH AVEIRO	Veterano M50	49:07	+17:41	04:55
23	804	Nuno Félix	Individual	Veterano M50	49:10	+17:44	04:55
24	784	Gustavo Vasconcelos	Individual	Veterano M50	49:18	+17:52	04:56
25	801	Miguel Gandara	Individual	Veterano M50	49:54	+18:28	04:59
26	778	Armindo Bastos	Individual	Veterano M50	50:43	+19:17	05:04
27	968	Pedro Filipe	SosenseTrailTeam- Braga&Fernandes/Corind	Veterano M50	51:42	+20:16	05:10
28	885	Jorge Vilela	NAR	Veterano M50	52:17	+20:51	05:14
29	794	José Francisco Silva Santiago	Individual	Veterano M50	52:19	+20:53	05:14
30	797	Júlio juniot	Individual	Veterano M50	52:43	+21:17	05:16
31	810	Pedro Nunes	Individual	Veterano M50	53:25	+21:58	05:21
32	167	Pedro Carvalho	CR7 FITNESS CRUNCH AVEIRO	Veterano M50	54:02	+22:36	05:24
33	808	Pedro Costa	Individual	Veterano M50	55:12	+23:46	05:31
34	811	Sérgio Louros	Individual	Veterano M50	55:50	+24:24	05:35
35	787	João Campolargo	Individual	Veterano M50	56:02	+24:36	05:36
36	790	João Paulo Figueira da Silva	Individual	Veterano M50	56:52	+25:26	05:41
37	917	João Ferreira	Prison D Aveiro	Veterano M50	56:59	+25:32	05:42
38	798	Luís Lourenço	Individual	Veterano M50	57:14	+25:48	05:43
39	88	Pedro Cruz	Bosch Runners	Veterano M50	58:00	+26:34	05:48
40	791	Joao vergas	Individual	Veterano M50	59:12	+27:46	05:55
41	803	Nuno Cruz	Individual	Veterano M50	59:21	+27:55	05:56
42	182	PAULO JORGE	DAR - Recardães	Veterano M50	01:01:03	+29:37	06:06
43	782	Givelder Medeiros	Individual	Veterano M50	01:01:12	+29:46	06:07
44	891	Paulo Jorge Sarabando do Casal	OS CAGAREUS	Veterano M50	01:02:42	+31:15	06:16
45	781	FREDERICO AUGUSTO CORREIRA AZEVEDO FIGUEIRA	Individual	Veterano M50	01:04:11	+32:45	06:25
46	890	José Felix Santos Duarte	OS CAGAREUS	Veterano M50	01:06:21	+34:55	06:38
47	786	João Abrantes	Individual	Veterano M50	01:13:40	+42:14	07:22
48	783	Guillaume Erny	Individual	Veterano M50	01:18:45	+47:19	07:53

Veterano M55

1	858	Pedro Guimarães	LetsRunAzores	Veterano M55	40:09	+08:42	04:01
2	773	Antonio Fernandes	Grupo Desportivo e Cultural de Guilhovai	Veterano M55	41:21	+09:55	04:08
3	995	José Carlos Santos	Team El Comandante	Veterano M55	42:11	+10:45	04:13
4	818	Heitor Araújo	Individual	Veterano M55	42:13	+10:47	04:13
5	141	Jorge Branco	Clube dos Galitos	Veterano M55	43:45	+12:19	04:23
6	37	ADRIANO TEIXEIRA	Athlon Runners	Veterano M55	44:43	+13:17	04:28
7	814	ANTONIO TEIXEIRA	Individual	Veterano M55	47:55	+16:29	04:48
8	819	João Dono	Individual	Veterano M55	49:14	+17:48	04:55
9	913	Manuel Joaquim Ribeiro	Ponta léguas	Veterano M55	50:01	+18:35	05:00
10	933	José Matos	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M55	51:26	+20:00	05:09
11	813	Antonio Lopes	Individual	Veterano M55	52:55	+21:29	05:18
12	815	Carlos Barroso	Individual	Veterano M55	53:24	+21:58	05:20
13	817	Fernando Santos	Individual	Veterano M55	54:12	+22:46	05:25

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

14	820	José Emanuel Gomes Pinho	Individual	Veterano M55	54:17	+22:51	05:26
15	953	Fernando Matos	S.M.M. ATLETISMO	Veterano M55	54:30	+23:04	05:27
16	823	Marco Monteiro	Individual	Veterano M55	54:39	+23:13	05:28
17	824	Paulo Caetano	Individual	Veterano M55	55:18	+23:52	05:32
18	954	Sergio Pereira	S.M.M. ATLETISMO	Veterano M55	55:36	+24:10	05:34
19	825	Paulo Jorge das Neves Antunes	Individual	Veterano M55	56:28	+25:02	05:39
20	38	EURICO INOCÊNCIO	Athlon Runners	Veterano M55	57:15	+25:49	05:44
21	826	Pedro Pereira	Individual	Veterano M55	59:51	+28:25	05:59
22	821	José Vieira	Individual	Veterano M55	01:04:09	+32:43	06:25
23	822	Luiz Filipe da Silva Francisco	Individual	Veterano M55	01:18:44	+47:18	07:52

Veterano M60

1	200	Mário Carvalho	GD Vilarinho de Cima	Veterano M60	39:32	+08:06	03:57
2	850	PEDRO ROCHA	Individual	Veterano M60	45:50	+14:24	04:35
3	9	José Alberto Monteiro	AAC	Veterano M60	46:08	+14:41	04:37
4	202	Adérito Curto	Gira Sol	Veterano M60	46:22	+14:56	04:38
5	837	GIL DA COSTA	Individual	Veterano M60	46:26	+15:00	04:39
6	828	Carlos Lopes	Individual	Veterano M60	47:14	+15:48	04:43
7	832	Arménio Neves	Individual	Veterano M60	48:55	+17:29	04:54
8	843	Joaquim silva costa	Individual	Veterano M60	49:04	+17:38	04:54
9	847	Manuel José Moreira da Silva	Individual	Veterano M60	49:10	+17:43	04:55
10	1004	Antenor Goveia do Nascimento	Vila Carmosina Venceu	Veterano M60	49:47	+18:21	04:59
11	143	Narciso Arromba	Cluve	Veterano M60	49:56	+18:30	05:00
12	23	Reinaldo Manuel Rodrigues Rocha	ADI	Veterano M60	50:07	+18:40	05:01
13	833	Carlos Alberto Ferreira	Individual	Veterano M60	50:44	+19:17	05:04
14	848	MARIO VILARINHO	Individual	Veterano M60	51:29	+20:03	05:09
15	831	Antônio Tafula	Individual	Veterano M60	53:20	+21:54	05:20
16	829	Alvaro Aluai	Individual	Veterano M60	54:30	+23:04	05:27
17	844	José Luís Alves	Individual	Veterano M60	56:01	+24:35	05:36
18	842	Joaquim Anselmo	Individual	Veterano M60	56:02	+24:36	05:36
19	835	Fernando Augusto Pereira Faustino	Individual	Veterano M60	56:28	+25:02	05:39
20	840	Joao Orvalho	Individual	Veterano M60	57:09	+25:43	05:43
21	185	Eduardo Tavares Rebelo	Eduart- Componentes de Calçado	Veterano M60	57:29	+26:03	05:45
22	327	Gonçalo Alves	Individual	Veterano M60	57:41	+26:15	05:46
23	124	ALEXANDRE CYSNE	CISNES DE AVEIRO	Veterano M60	59:39	+28:12	05:58
24	846	Luís Pina	Individual	Veterano M60	59:52	+28:26	05:59
25	12	Luís Oliveira	ACAIL GAS	Veterano M60	01:03:11	+31:45	06:19
26	168	JOÃO Figueiredo	CR7 FITNESS CRUNCH AVEIRO	Veterano M60	01:03:54	+32:28	06:23
27	893	Pedro Figueiredo	Os quartas running group	Veterano M60	01:04:27	+33:01	06:27
28	845	Luís Patrício	Individual	Veterano M60	01:08:44	+37:17	06:52
29	838	Hidraulino Cubal	Individual	Veterano M60	01:28:54	+57:28	08:53

TEAM RESULTS - PROVA PRINCIPAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	RECREIO DESPORTIVO DE ÁGUEDA	2 + 12 + 13	27
2	DAR - RECARDÃES	20 + 34 + 39	93
3	CENAP	17 + 41 + 49	107
4	CLUBE DOS GALITOS	10 + 50 + 62	122
5	ACD ILHAVOS	25 + 42 + 65	132
6	SPORT CLUBE FREAMUNDE	7 + 70 + 86	163
7	TEAM EL COMANDANTE	28 + 76 + 79	183
8	HUT RUNNERS AVEIRO	48 + 82 + 103	233
9	BOSCH RUNNERS	30 + 90 + 142	262
10	CR7 FITNESS CRUNCH AVEIRO	75 + 95 + 160	330
11	CLTT - CLINICA LITORALIS TRAIL TEAM	32 + 55 + 262	349
12	ADI	117 + 118 + 120	355
13	LUIS MATOS SEGUROS	53 + 85 + 218	356
14	BARRA OCEAN RUNNERS	129 + 144 + 154	427
15	JUVERUNTEAM	83 + 214 + 265	562
16	COIMBRA TRAIL RUNNING	19 + 140 + 450	609
17	RM RUNNERS	143 + 184 + 289	616
18	QUINTETO EXPLOSIVO	47 + 112 + 489	648
19	LOS PISTOLEROS	52 + 274 + 413	739
20	TAINADAS RUN TEAM-SOMENGIL	161 + 188 + 398	747
21	100DORES	78 + 328 + 365	771
22	CARAP AUS DE CORRIDA	141 + 424 + 429	994
23	CANIANOS	269 + 387 + 392	1048
24	PATH RUNNERS	145 + 425 + 506	1076
25	CASCI	157 + 477 + 553	1187
26	S.M.M. ATLETISMO	268 + 492 + 494	1254
27	ACA IL GAS	318 + 319 + 714	1351
28	ATHLON RUNNERS	179 + 587 + 591	1357
29	TARTARUGAS	230 + 534 + 598	1362
30	FIRST ROUND	416 + 509 + 607	1532
31	PRISON D AVEIRO	355 + 577 + 666	1598
32	FADAS	448 + 449 + 761	1658
33	QPOWER	507 + 508 + 715	1730
34	SALGUEIROS RUNNING	368 + 722 + 726	1816
35	LOLOCAS COM INTRUSO	438 + 772 + 828	2038
36	PÃO DE LÓ	481 + 788 + 792	2061
37	XUCROS	537 + 762 + 770	2069
38	OS CAGAREUS	699 + 712 + 756	2167