lap2go TIMING SOLUTION

# Corrida de Ano Novo
## Esposende, PT
## 13-janeiro-2024

## BENJAMIN - STAGE 1 — 0,8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 16:00 | 13,2ºC | 90% |
| End | 16:05 | 13,2ºC | 90% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 12 | André Meira | juvmar | Benjamim Masculino | 02:53 | | - |
| 2 | 33 | Guilherme Silva Marques | gcdr gemeses | Benjamim Masculino | 02:54 | +00:00 | - |
| 3 | 30 | Maria Pilar | centro social juventude mar | Benjamim Feminino | 02:56 | +00:02 | - |
| 4 | 55 | Gonçalo Viana | clube náutico de fão | Benjamim Masculino | 03:00 | +00:06 | - |
| 5 | 43 | Bruno Miguel Santos Pereira | gcdr gemeses | Benjamim Masculino | 03:00 | +00:06 | - |
| 6 | 11 | Inês Pilar | juvmar | Benjamim Feminino | 03:12 | +00:18 | - |
| 7 | 66 | Nuno Correia | clube náutico de fão | Benjamim Masculino | 03:18 | +00:25 | - |
| 8 | 15 | João Teixeira | individual | Benjamim Masculino | 03:22 | +00:28 | - |
| 9 | 14 | Guilherme Sá e Sá | individual | Benjamim Masculino | 03:23 | +00:29 | - |
| 10 | 58 | Miguel Duarte | clube náutico de fão | Benjamim Masculino | 03:24 | +00:31 | - |
| 11 | 71 | Martim Pinto | quebraritmo | Benjamim Masculino | 03:28 | +00:35 | - |
| 12 | 74 | Duarte Araujo | individual | Benjamim Masculino | 03:32 | +00:38 | - |
| 13 | 2 | Maria Silva | individual | Benjamim Feminino | 03:34 | +00:40 | - |
| 14 | 35 | Miguel Azevedo Sousa | gcdr gemeses | Benjamim Masculino | 03:36 | +00:42 | - |
| 15 | 41 | Miguel Miranda Duarte | gcdr gemeses | Benjamim Masculino | 03:36 | +00:43 | - |
| 16 | 67 | Iris Cardoso | clube náutico de fão | Benjamim Feminino | 03:41 | +00:47 | - |
| 17 | 36 | António Fernandes | run you'fools | Benjamim Masculino | 03:44 | +00:50 | - |
| 18 | 63 | Humberto Fonseca | clube náutico de fão | Benjamim Masculino | 03:46 | +00:52 | - |
| 19 | 6 | Rafael Carvalho | família carvalho | Benjamim Masculino | 03:47 | +00:54 | - |
| 20 | 25 | Leandro Rodrigues | centro social juventude mar | Benjamim Masculino | 03:52 | +00:58 | - |
| 21 | 37 | Isaura Laranjeira | juvmar | Benjamim Feminino | 03:52 | +00:59 | - |
| 22 | 72 | Mara Figueiredo | andreia lages | Benjamim Feminino | 03:59 | +01:05 | - |
| 23 | 40 | Diana Loureiro | centro social juventude mar | Benjamim Feminino | 04:03 | +01:09 | - |
| 24 | 13 | Xavier Madureira | individual | Benjamim Masculino | 04:03 | +01:09 | - |
| 25 | 23 | Laura Cruz e Silva | individual | Benjamim Feminino | 04:05 | +01:11 | - |
| 26 | 259 | Maria Silva | individual | Benjamim Feminino | 04:09 | +01:15 | - |
| 27 | 20 | Margarida Miranda | individual | Benjamim Feminino | 04:11 | +01:17 | - |
| 28 | 69 | Lucas Reis | individual | Benjamim Masculino | 04:13 | +01:19 | - |
| 29 | 26 | Santiago Rocha | www.propedal.pt | Benjamim Masculino | 04:14 | +01:21 | - |
| 30 | 50 | Íris Torres | torres | Benjamim Feminino | 04:15 | +01:21 | - |
| 31 | 48 | José Silva | centro social juventude mar | Benjamim Masculino | 04:18 | +01:24 | - |
| 32 | 59 | Rafael Sá | clube náutico de fão | Benjamim Masculino | 04:20 | +01:26 | - |
| 33 | 42 | Marta Miguel Garrido Barbosa | gcdr gemeses | Benjamim Feminino | 04:20 | +01:26 | - |
| 34 | 34 | Gabriela Gomes Lima | gcdr gemeses | Benjamim Feminino | 04:25 | +01:31 | - |
| 35 | 32 | Mélyssa Santos Sampaio | gcdr gemeses | Benjamim Feminino | 04:26 | +01:32 | - |
| 36 | 60 | Suri Silva | clube náutico de fão | Benjamim Feminino | 04:26 | +01:32 | - |
| 37 | 5 | Francisca Furtado | individual | Benjamim Feminino | 04:34 | +01:40 | - |
| 38 | 44 | Henrique Ferreira Branco | gcdr gemeses | Benjamim Masculino | 04:56 | +02:02 | - |
| 39 | 28 | Joana Rodrigues | joana rodrigues | Benjamim Feminino | 05:00 | +02:07 | - |
| 40 | 22 | Chloe Cruz e Silva | individual | Benjamim Feminino | 05:08 | +02:14 | - |
| 41 | 27 | Maria Luís Rodrigues | joana rodrigues | Benjamim Feminino | 05:52 | +02:58 | - |

# Corrida de Ano Novo
## Esposende, PT
## 13-janeiro-2024

## Benjamin — 0,8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 16:00 | 13,2ºC | 90% |
| End | 16:05 | 13,2ºC | 90% |

## Benjamim Feminino

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 30 | Maria Pilar | Centro Social Juventude Mar | Benjamim Feminino | 02:56 | +00:02 | - |
| 2 | 11 | Inês Pilar | Juvmar | Benjamim Feminino | 03:12 | +00:18 | - |
| 3 | 2 | Maria Silva | Individual | Benjamim Feminino | 03:34 | +00:40 | - |
| 4 | 67 | Iris Cardoso | Clube Náutico de Fão | Benjamim Feminino | 03:41 | +00:47 | - |
| 5 | 37 | Isaura Laranjeira | Juvmar | Benjamim Feminino | 03:52 | +00:59 | - |
| 6 | 72 | Mara Figueiredo | Andreia Lages | Benjamim Feminino | 03:59 | +01:05 | - |
| 7 | 40 | Diana Loureiro | Centro Social Juventude Mar | Benjamim Feminino | 04:03 | +01:09 | - |
| 8 | 23 | Laura Cruz e Silva | Individual | Benjamim Feminino | 04:05 | +01:11 | - |
| 9 | 259 | Maria Silva | Individual | Benjamim Feminino | 04:09 | +01:15 | - |
| 10 | 20 | Margarida Miranda | Individual | Benjamim Feminino | 04:11 | +01:17 | - |
| 11 | 50 | Íris Torres | Torres | Benjamim Feminino | 04:15 | +01:21 | - |
| 12 | 42 | Marta Miguel  Garrido Barbosa | GCDR GEMESES | Benjamim Feminino | 04:20 | +01:26 | - |
| 13 | 34 | Gabriela Gomes Lima | GCDR GEMESES | Benjamim Feminino | 04:25 | +01:31 | - |
| 14 | 32 | Mélyssa  Santos Sampaio | GCDR GEMESES | Benjamim Feminino | 04:26 | +01:32 | - |
| 15 | 60 | Suri Silva | Clube Náutico de Fão | Benjamim Feminino | 04:26 | +01:32 | - |
| 16 | 5 | Francisca Furtado | Individual | Benjamim Feminino | 04:34 | +01:40 | - |
| 17 | 28 | Joana Rodrigues | Joana Rodrigues | Benjamim Feminino | 05:00 | +02:07 | - |
| 18 | 22 | Chloe Cruz e Silva | Individual | Benjamim Feminino | 05:08 | +02:14 | - |
| 19 | 27 | Maria Luís Rodrigues | Joana Rodrigues | Benjamim Feminino | 05:52 | +02:58 | - |

## Benjamim Masculino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 12 | André Meira | Juvmar | Benjamim Masculino | 02:53 | | - |
| 2 | 33 | Guilherme  Silva Marques | GCDR GEMESES | Benjamim Masculino | 02:54 | +00:00 | - |
| 3 | 55 | Gonçalo Viana | Clube Náutico de Fão | Benjamim Masculino | 03:00 | +00:06 | - |
| 4 | 43 | Bruno Miguel Santos Pereira | GCDR GEMESES | Benjamim Masculino | 03:00 | +00:06 | - |
| 5 | 66 | Nuno Correia | Clube Náutico de Fão | Benjamim Masculino | 03:18 | +00:25 | - |
| 6 | 15 | João Teixeira | Individual | Benjamim Masculino | 03:22 | +00:28 | - |
| 7 | 14 | Guilherme Sá e Sá | Individual | Benjamim Masculino | 03:23 | +00:29 | - |
| 8 | 58 | Miguel Duarte | Clube Náutico de Fão | Benjamim Masculino | 03:24 | +00:31 | - |
| 9 | 71 | Martim Pinto | Quebraritmo | Benjamim Masculino | 03:28 | +00:35 | - |
| 10 | 74 | Duarte Araujo | Individual | Benjamim Masculino | 03:32 | +00:38 | - |
| 11 | 35 | Miguel Azevedo Sousa | GCDR GEMESES | Benjamim Masculino | 03:36 | +00:42 | - |
| 12 | 41 | Miguel Miranda Duarte | GCDR GEMESES | Benjamim Masculino | 03:36 | +00:43 | - |
| 13 | 36 | António Fernandes | Run You'fools | Benjamim Masculino | 03:44 | +00:50 | - |
| 14 | 63 | Humberto Fonseca | Clube Náutico de Fão | Benjamim Masculino | 03:46 | +00:52 | - |
| 15 | 6 | Rafael Carvalho | Família Carvalho | Benjamim Masculino | 03:47 | +00:54 | - |
| 16 | 25 | Leandro Rodrigues | Centro Social Juventude Mar | Benjamim Masculino | 03:52 | +00:58 | - |
| 17 | 13 | Xavier Madureira | Individual | Benjamim Masculino | 04:03 | +01:09 | - |

## Benjamin

## 0,8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 18 | 69 | Lucas Reis | Individual | Benjamim Masculino | 04:13 | +01:19 | - |
| 19 | 26 | Santiago Rocha | www.propedal.pt | Benjamim Masculino | 04:14 | +01:21 | - |
| 20 | 48 | José Silva | Centro Social Juventude Mar | Benjamim Masculino | 04:18 | +01:24 | - |
| 21 | 59 | Rafael Sá | Clube Náutico de Fão | Benjamim Masculino | 04:20 | +01:26 | - |
| 22 | 44 | Henrique Ferreira Branco | GCDR GEMESES | Benjamim Masculino | 04:56 | +02:02 | - |

lap2go TIMING SOLUTION

# Corrida de Ano Novo
## Esposende, PT
## 13-janeiro-2024

## INFANTIS - STAGE 1 — 1,609 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 16:05 | 13,2ºC | 90% |
| End | 16:24 | 12,2ºC | 90% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 204 | João Vilela | juvmar | Infantil Masculino | 06:05 | | - |
| 2 | 320 | Henrique Araújo | individual | Infantil Masculino | 06:21 | +00:15 | - |
| 3 | 211 | Joana Teixeira | individual | Infantil Feminino | 06:27 | +00:21 | - |
| 4 | 213 | Maria Paz | centro social juventude mar | Infantil Feminino | 06:35 | +00:30 | - |
| 5 | 287 | Guilherme Páscoa | clube náutico de fão | Infantil Masculino | 06:48 | +00:42 | - |
| 6 | 210 | Joaquim Madureira | individual | Infantil Masculino | 06:49 | +00:43 | - |
| 7 | 261 | Ana Rita Fernandes | clube náutico de fão | Infantil Feminino | 06:55 | +00:49 | - |
| 8 | 254 | João Miranda Duarte | gcdr gemeses | Infantil Masculino | 07:03 | +00:58 | - |
| 9 | 234 | Anabela Silva Duarte | gcdr gemeses | Infantil Feminino | 07:11 | +01:05 | - |
| 10 | 221 | Aihoa Maria da Conceição Gil | gcdr gemeses | Infantil Feminino | 07:22 | +01:16 | - |
| 11 | 207 | Beatriz Arezes | arezes | Infantil Feminino | 07:26 | +01:20 | - |
| 12 | 319 | Eduarda Ferreira | individual | Infantil Feminino | 07:26 | +01:20 | - |
| 13 | 282 | Diogo Correia | clube náutico de fão | Infantil Masculino | 07:31 | +01:25 | - |
| 14 | 206 | Bernardo Marinha | individual | Infantil Masculino | 07:38 | +01:33 | - |
| 15 | 212 | José Tomás Souto Costa e Silva | ade infantis | Infantil Masculino | 07:39 | +01:33 | - |
| 16 | 255 | Tomás Santos Pereira | gcdr gemeses | Infantil Masculino | 07:39 | +01:33 | - |
| 17 | 201 | Leonor Silva | individual | Infantil Feminino | 07:40 | +01:34 | - |
| 18 | 242 | Francisco Laranjeira | juvmar | Infantil Masculino | 07:41 | +01:35 | - |
| 19 | 202 | Mariana Marques Ribeiro | associação desportiva de esposende | Infantil Feminino | 07:42 | +01:37 | - |
| 20 | 247 | Miguel Nogueira Ramos do Monte | gcdr gemeses | Infantil Masculino | 07:46 | +01:41 | - |
| 21 | 249 | Dinis Senra Oliveira | gcdr gemeses | Infantil Masculino | 07:52 | +01:46 | - |
| 22 | 252 | Tomás Pereira Moreira | gcdr gemeses | Infantil Masculino | 07:53 | +01:47 | - |
| 23 | 240 | Tiago Matos Figueiredo | gcdr gemeses | Infantil Masculino | 07:55 | +01:50 | - |
| 24 | 237 | Benedita dos Santos Faria | gcdr gemeses | Infantil Feminino | 07:55 | +01:50 | - |
| 25 | 311 | Maria Peixoto | clube náutico de fão | Infantil Feminino | 07:56 | +01:50 | - |
| 26 | 241 | Margarida Cruz de Azevedo | gcdr gemeses | Infantil Feminino | 07:57 | +01:51 | - |
| 27 | 232 | Diogo Renato Garrido Barbosa | gcdr gemeses | Infantil Masculino | 08:02 | +01:56 | - |
| 28 | 312 | Mateus Torre | clube náutico de fão | Infantil Masculino | 08:25 | +02:19 | - |
| 29 | 263 | Ana Rita Teixeira | clube náutico de fão | Infantil Feminino | 08:28 | +02:22 | - |
| 30 | 284 | Diogo Seara | clube náutico de fão | Infantil Masculino | 08:49 | +02:43 | - |
| 31 | 310 | Maria Sá | clube náutico de fão | Infantil Feminino | 08:53 | +02:47 | - |
| 32 | 322 | Ana Nunes | individual | Infantil Feminino | 09:29 | +03:23 | - |
| 33 | 271 | Bruna Correia | clube náutico de fão | Infantil Feminino | 09:42 | +03:36 | - |
| 34 | 220 | Bárbara Carneiro Gonçalves | gcdr gemeses | Infantil Feminino | 14:44 | +08:38 | - |
| 35 | 265 | Bárbara Silva | clube náutico de fão | Infantil Feminino | 15:44 | +09:38 | - |

# Corrida de Ano Novo
## Esposende, PT
## 13-janeiro-2024

## Infantis — 1,609 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 16:05 | 13,2ºC | 90% |
| End | 16:24 | 12,2ºC | 90% |

## Infantil Feminino

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 211 | Joana Teixeira | Individual | Infantil Feminino | 06:27 | +00:21 | - |
| 2 | 213 | Maria Paz | Centro Social Juventude Mar | Infantil Feminino | 06:35 | +00:30 | - |
| 3 | 261 | Ana Rita Fernandes | Clube Náutico de Fão | Infantil Feminino | 06:55 | +00:49 | - |
| 4 | 234 | Anabela Silva Duarte | GCDR GEMESES | Infantil Feminino | 07:11 | +01:05 | - |
| 5 | 221 | Aihoa Maria da Conceição Gil | GCDR GEMESES | Infantil Feminino | 07:22 | +01:16 | - |
| 6 | 207 | Beatriz Arezes | Arezes | Infantil Feminino | 07:26 | +01:20 | - |
| 7 | 319 | Eduarda Ferreira | Individual | Infantil Feminino | 07:26 | +01:20 | - |
| 8 | 201 | Leonor Silva | Individual | Infantil Feminino | 07:40 | +01:34 | - |
| 9 | 202 | Mariana Marques Ribeiro | Associação Desportiva de Esposende | Infantil Feminino | 07:42 | +01:37 | - |
| 10 | 237 | Benedita dos Santos Faria | GCDR GEMESES | Infantil Feminino | 07:55 | +01:50 | - |
| 11 | 311 | Maria Peixoto | Clube Náutico de Fão | Infantil Feminino | 07:56 | +01:50 | - |
| 12 | 241 | Margarida Cruz de Azevedo | GCDR GEMESES | Infantil Feminino | 07:57 | +01:51 | - |
| 13 | 263 | Ana Rita Teixeira | Clube Náutico de Fão | Infantil Feminino | 08:28 | +02:22 | - |
| 14 | 310 | Maria Sá | Clube Náutico de Fão | Infantil Feminino | 08:53 | +02:47 | - |
| 15 | 322 | Ana Nunes | Individual | Infantil Feminino | 09:29 | +03:23 | - |
| 16 | 271 | Bruna Correia | Clube Náutico de Fão | Infantil Feminino | 09:42 | +03:36 | - |
| 17 | 220 | Bárbara Carneiro Gonçalves | GCDR GEMESES | Infantil Feminino | 14:44 | +08:38 | - |
| 18 | 265 | Bárbara Silva | Clube Náutico de Fão | Infantil Feminino | 15:44 | +09:38 | - |

## Infantil Masculino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 204 | João Vilela | Juvmar | Infantil Masculino | 06:05 | | - |
| 2 | 320 | Henrique Araújo | Individual | Infantil Masculino | 06:21 | +00:15 | - |
| 3 | 287 | Guilherme Páscoa | Clube Náutico de Fão | Infantil Masculino | 06:48 | +00:42 | - |
| 4 | 210 | Joaquim Madureira | Individual | Infantil Masculino | 06:49 | +00:43 | - |
| 5 | 254 | João Miranda Duarte | GCDR GEMESES | Infantil Masculino | 07:03 | +00:58 | - |
| 6 | 282 | Diogo Correia | Clube Náutico de Fão | Infantil Masculino | 07:31 | +01:25 | - |
| 7 | 206 | Bernardo Marinha | Individual | Infantil Masculino | 07:38 | +01:33 | - |
| 8 | 212 | José Tomás Souto Costa e Silva | ADE Infantis | Infantil Masculino | 07:39 | +01:33 | - |
| 9 | 255 | Tomás Santos Pereira | GCDR GEMESES | Infantil Masculino | 07:39 | +01:33 | - |
| 10 | 242 | Francisco Laranjeira | Juvmar | Infantil Masculino | 07:41 | +01:35 | - |
| 11 | 247 | Miguel Nogueira Ramos do Monte | GCDR GEMESES | Infantil Masculino | 07:46 | +01:41 | - |
| 12 | 249 | Dinis Senra Oliveira | GCDR GEMESES | Infantil Masculino | 07:52 | +01:46 | - |
| 13 | 252 | Tomás Pereira Moreira | GCDR GEMESES | Infantil Masculino | 07:53 | +01:47 | - |
| 14 | 240 | Tiago Matos Figueiredo | GCDR GEMESES | Infantil Masculino | 07:55 | +01:50 | - |
| 15 | 232 | Diogo Renato Garrido Barbosa | GCDR GEMESES | Infantil Masculino | 08:02 | +01:56 | - |
| 16 | 312 | Mateus Torre | Clube Náutico de Fão | Infantil Masculino | 08:25 | +02:19 | - |

## Infantis

## 1,609 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 17 | 284 | Diogo Seara | Clube Náutico de Fão | Infantil Masculino | 08:49 | +02:43 | - |

lap2go TIMING SOLUTION

# Corrida de Ano Novo
## Esposende, PT
## 13-janeiro-2024

## INICIADO JUVENIS - STAGE 1 — 1,609 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 16:10 | 12,2ºC | 90% |
| End | 16:37 | 12,2ºC | 91% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 209 | Rodrigo Azevedo | individual | Iniciado Masculino | 05:15 | | - |
| 2 | 250 | Afonso Dias Lage | gcdr gemeses | Juvenil Masculino | 05:29 | +00:14 | - |
| 3 | 219 | Afonso Silva Marques | gcdr gemeses | Juvenil Masculino | 05:42 | +00:26 | - |
| 4 | 264 | Samuel Curto | clube náutico de fão | Juvenil Masculino | 05:50 | +00:34 | - |
| 5 | 323 | Joao Bernardo | individual | Iniciado Masculino | 05:56 | +00:40 | - |
| 6 | 286 | Gonçalo Silva | clube náutico de fão | Iniciado Masculino | 06:14 | +00:58 | - |
| 7 | 216 | Dinis Miranda Azevedo | gcdr gemeses | Iniciado Masculino | 06:16 | +01:01 | - |
| 8 | 244 | Afonso Silva Duarte | gcdr gemeses | Iniciado Masculino | 06:17 | +01:01 | - |
| 9 | 280 | Dinis Martins | clube náutico de fão | Juvenil Masculino | 06:25 | +01:09 | - |
| 10 | 224 | Pedro Senra Oliveira | gcdr gemeses | Juvenil Masculino | 06:34 | +01:18 | - |
| 11 | 253 | Filipe Ferreira Branco | gcdr gemeses | Iniciado Masculino | 06:43 | +01:27 | - |
| 12 | 277 | Daniel Oliveira | clube náutico de fão | Iniciado Masculino | 06:45 | +01:29 | - |
| 13 | 268 | Sofia Marques | clube náutico de fão | Iniciado Feminino | 06:53 | +01:38 | - |
| 14 | 217 | Pedro Nogueira Ramos do Monte | gcdr gemeses | Juvenil Masculino | 06:59 | +01:44 | - |
| 15 | 238 | Afonso Matos Figueiredo | gcdr gemeses | Iniciado Masculino | 07:07 | +01:52 | - |
| 16 | 239 | William Santos Sampaio | gcdr gemeses | Iniciado Masculino | 07:07 | +01:52 | - |
| 17 | 230 | João Filipe Gomes Lima | gcdr gemeses | Juvenil Masculino | 07:18 | +02:02 | - |
| 18 | 256 | Maria Azevedo Sousa | gcdr gemeses | Iniciado Feminino | 07:26 | +02:11 | - |
| 19 | 314 | Miguel Santil | clube náutico de fão | Iniciado Masculino | 07:38 | +02:22 | - |
| 20 | 300 | Rodrigo Palmeira | clube náutico de fão | Iniciado Masculino | 07:55 | +02:39 | - |
| 21 | 208 | Ana Schiavo | individual | Juvenil Feminino | 08:03 | +02:47 | - |
| 22 | 205 | Bianca Santos | individual | Juvenil Feminino | 08:08 | +02:52 | - |
| 23 | 235 | Tomás Silva Moreda | gcdr gemeses | Iniciado Masculino | 08:08 | +02:52 | - |
| 24 | 222 | David Fernando Matos Veiga | gcdr gemeses | Iniciado Masculino | 08:08 | +02:52 | - |
| 25 | 309 | Maria Macedo | clube náutico de fão | Iniciado Feminino | 08:11 | +02:55 | - |
| 26 | 274 | Catarina Lima | clube náutico de fão | Iniciado Feminino | 08:11 | +02:55 | - |
| 27 | 251 | Inês Pereira Marques | gcdr gemeses | Iniciado Feminino | 08:18 | +03:02 | - |
| 28 | 295 | Leonor Sá | clube náutico de fão | Iniciado Feminino | 08:24 | +03:08 | - |
| 29 | 302 | João Ramos | clube náutico de fão | Iniciado Masculino | 08:35 | +03:20 | - |
| 30 | 317 | Matilde Pinto | quebraritmo | Iniciado Feminino | 09:16 | +04:00 | - |
| 31 | 231 | Johana Saray da Conceição Gil | gcdr gemeses | Iniciado Feminino | 09:21 | +04:06 | - |
| 32 | 225 | Mariana Pereira Marques | gcdr gemeses | Juvenil Feminino | 09:39 | +04:23 | - |
| 33 | 245 | Júlia Nogueira Ramos do Monte | gcdr gemeses | Juvenil Feminino | 10:01 | +04:46 | - |

# Corrida de Ano Novo
## Esposende, PT
## 13-janeiro-2024

## Iniciado Juvenis — 1,609 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 16:10 | 12,2ºC | 90% |
| End | 16:37 | 12,2ºC | 91% |

## Iniciado Feminino

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 268 | Sofia Marques | Clube Náutico de Fão | Iniciado Feminino | 06:53 | +01:38 | - |
| 2 | 256 | Maria Azevedo Sousa | GCDR GEMESES | Iniciado Feminino | 07:26 | +02:11 | - |
| 3 | 309 | Maria Macedo | Clube Náutico de Fão | Iniciado Feminino | 08:11 | +02:55 | - |
| 4 | 274 | Catarina Lima | Clube Náutico de Fão | Iniciado Feminino | 08:11 | +02:55 | - |
| 5 | 251 | Inês Pereira Marques | GCDR GEMESES | Iniciado Feminino | 08:18 | +03:02 | - |
| 6 | 295 | Leonor Sá | Clube Náutico de Fão | Iniciado Feminino | 08:24 | +03:08 | - |
| 7 | 317 | Matilde Pinto | Quebraritmo | Iniciado Feminino | 09:16 | +04:00 | - |
| 8 | 231 | Johana Saray da Conceição Gil | GCDR GEMESES | Iniciado Feminino | 09:21 | +04:06 | - |

## Iniciado Masculino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 209 | Rodrigo Azevedo | Individual | Iniciado Masculino | 05:15 | | - |
| 2 | 323 | Joao Bernardo | Individual | Iniciado Masculino | 05:56 | +00:40 | - |
| 3 | 286 | Gonçalo Silva | Clube Náutico de Fão | Iniciado Masculino | 06:14 | +00:58 | - |
| 4 | 216 | Dinis Miranda Azevedo | GCDR GEMESES | Iniciado Masculino | 06:16 | +01:01 | - |
| 5 | 244 | Afonso Silva Duarte | GCDR GEMESES | Iniciado Masculino | 06:17 | +01:01 | - |
| 6 | 253 | Filipe Ferreira Branco | GCDR GEMESES | Iniciado Masculino | 06:43 | +01:27 | - |
| 7 | 277 | Daniel Oliveira | Clube Náutico de Fão | Iniciado Masculino | 06:45 | +01:29 | - |
| 8 | 238 | Afonso Matos Figueiredo | GCDR GEMESES | Iniciado Masculino | 07:07 | +01:52 | - |
| 9 | 239 | William Santos Sampaio | GCDR GEMESES | Iniciado Masculino | 07:07 | +01:52 | - |
| 10 | 314 | Miguel Santil | Clube Náutico de Fão | Iniciado Masculino | 07:38 | +02:22 | - |
| 11 | 300 | Rodrigo Palmeira | Clube Náutico de Fão | Iniciado Masculino | 07:55 | +02:39 | - |
| 12 | 235 | Tomás Silva Moreda | GCDR GEMESES | Iniciado Masculino | 08:08 | +02:52 | - |
| 13 | 222 | David Fernando Matos Veiga | GCDR GEMESES | Iniciado Masculino | 08:08 | +02:52 | - |
| 14 | 302 | João Ramos | Clube Náutico de Fão | Iniciado Masculino | 08:35 | +03:20 | - |

## Juvenil Feminino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 208 | Ana Schiavo | Individual | Juvenil Feminino | 08:03 | +02:47 | - |
| 2 | 205 | Bianca Santos | Individual | Juvenil Feminino | 08:08 | +02:52 | - |
| 3 | 225 | Mariana Pereira Marques | GCDR GEMESES | Juvenil Feminino | 09:39 | +04:23 | - |
| 4 | 245 | Júlia Nogueira Ramos do Monte | GCDR GEMESES | Juvenil Feminino | 10:01 | +04:46 | - |

## Juvenil Masculino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 250 | Afonso Dias Lage | GCDR GEMESES | Juvenil Masculino | 05:29 | +00:14 | - |
| 2 | 219 | Afonso Silva Marques | GCDR GEMESES | Juvenil Masculino | 05:42 | +00:26 | - |
| 3 | 264 | Samuel Curto | Clube Náutico de Fão | Juvenil Masculino | 05:50 | +00:34 | - |

## Iniciado Juvenis

## 1,609 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 4 | 280 | Dinis Martins | Clube Náutico de Fão | Juvenil Masculino | 06:25 | +01:09 | - |
| 5 | 224 | Pedro  Senra Oliveira | GCDR GEMESES | Juvenil Masculino | 06:34 | +01:18 | - |
| 6 | 217 | Pedro Nogueira Ramos do Monte | GCDR GEMESES | Juvenil Masculino | 06:59 | +01:44 | - |
| 7 | 230 | João Filipe  Gomes Lima | GCDR GEMESES | Juvenil Masculino | 07:18 | +02:02 | - |

lap2go TIMING SOLUTION

# Corrida de Ano Novo
## Esposende, PT
## 13-janeiro-2024

## PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 18:00 | 12,2ºC | 93% |
| End | 19:24 | 13,1ºC | 92% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 1526 | Ricardo Dias | olímpico vianense | Veterano M40 | 31:42 | | 03:10 |
| 2 | 1080 | Miguel Vieira | movimento de juventude de merelim | Senior Masculino | 32:37 | +00:55 | 03:16 |
| 3 | 1149 | João Novo | atletismo clube da tocha | Senior Masculino | 33:56 | +02:14 | 03:24 |
| 4 | 1676 | Miguel Meira | olímpico vianense | Veterano M40 | 34:14 | +02:32 | 03:25 |
| 5 | 1470 | Marco Pinto | team el comandante | Veterano M40 | 34:23 | +02:41 | 03:26 |
| 6 | 1316 | Rodrigo Lima | minho e lima trail | Sub 23 Masculino | 34:29 | +02:47 | 03:27 |
| 7 | 1264 | João Castro | team el comandante | Veterano M40 | 34:33 | +02:51 | 03:27 |
| 8 | 1402 | Nuno Viamonte | marretas do norte | Senior Masculino | 34:45 | +03:03 | 03:29 |
| 9 | 1277 | Cláudio Araújo | quebraritmo | Senior Masculino | 34:59 | +03:17 | 03:30 |
| 10 | 1048 | Luis Amorim | individual | Senior Masculino | 35:02 | +03:20 | 03:30 |
| 11 | 1489 | Luciano Faria | gd castelense | Senior Masculino | 35:41 | +03:59 | 03:34 |
| 12 | 1492 | João Tomás | gd castelense | Senior Masculino | 36:00 | +04:18 | 03:36 |
| 13 | 1061 | NUNO TIAGO FERNANDES CARVALHO | team el comandante | Senior Masculino | 36:08 | +04:26 | 03:37 |
| 14 | 1680 | David Oliveira | individual | Sub 23 Masculino | 36:14 | +04:32 | 03:37 |
| 15 | 1416 | Rúben Ferreira | gd castelense | Senior Masculino | 36:19 | +04:37 | 03:38 |
| 16 | 1519 | Igor Lysyi | amigos da montanha | Senior Masculino | 36:23 | +04:40 | 03:38 |
| 17 | 1675 | Joana Gomes | olímpico vianense | Senior Feminino | 36:42 | +05:00 | 03:40 |
| 18 | 1348 | Paulo Macedo | airórun | Veterano M40 | 36:49 | +05:07 | 03:41 |
| 19 | 1571 | Emílio Carvalho | olímpico vianense | Veterano M40 | 36:52 | +05:10 | 03:41 |
| 20 | 1476 | Francisco Pilar | juvmar | Veterano M40 | 37:13 | +05:31 | 03:43 |
| 21 | 1450 | João Pimentel | vila verde a correr | Veterano M40 | 37:22 | +05:40 | 03:44 |
| 22 | 1169 | Renato Almeida | individual | Senior Masculino | 37:25 | +05:43 | 03:45 |
| 23 | 1372 | Cristiano Pereira | trilhos de viana | Senior Masculino | 37:30 | +05:47 | 03:45 |
| 24 | 1679 | Anibal Oliveira | gd castelense | Veterano M40 | 37:33 | +05:51 | 03:45 |
| 25 | 1368 | João Ferreira | brabus runners | Veterano M40 | 37:44 | +06:02 | 03:46 |
| 26 | 1226 | Manuel Ribeiro | a.d.amarante | Veterano M50 | 37:46 | +06:04 | 03:47 |
| 27 | 1248 | Renato Cadilha | marretas do norte | Veterano M40 | 37:49 | +06:07 | 03:47 |
| 28 | 1463 | Manuel Bessa | ev peraltafil | Veterano M40 | 37:57 | +06:15 | 03:48 |
| 29 | 1695 | Agostinho Falcão | amigos da montanha | Veterano M60 | 37:58 | +06:16 | 03:48 |
| 30 | 1431 | Hugo André Pires Araújo | olímpico vianense | Senior Masculino | 38:00 | +06:17 | 03:48 |
| 31 | 1522 | João Rodrigues | amigos da montanha | Veterano M40 | 38:35 | +06:53 | 03:52 |
| 32 | 1530 | Pedro Caprichoso | ade trail running | Veterano M40 | 38:36 | +06:54 | 03:52 |
| 33 | 1100 | Emilio Vilarinho | cave - esposende | Veterano M40 | 38:37 | +06:55 | 03:52 |
| 34 | 1088 | Rui Laranjeira | individual | Veterano M50 | 38:41 | +06:59 | 03:52 |
| 35 | 1527 | Tomé Cruz | olímpico vianense | Senior Masculino | 38:58 | +07:16 | 03:54 |
| 36 | 1604 | David Guimarães | individual | Veterano M40 | 39:01 | +07:19 | 03:54 |
| 37 | 1121 | Leonel Videira | lobos do brunheiro de chaves / anteros | Senior Masculino | 39:04 | +07:22 | 03:54 |
| 38 | 1038 | Tiago Silva | individual | Senior Masculino | 39:18 | +07:36 | 03:56 |
| 39 | 1232 | Eduardo Oliveira | núcleo desportivo da silva | Senior Masculino | 39:29 | +07:46 | 03:57 |
| 40 | 1230 | André Barbosa | lince triathlon | Senior Masculino | 39:36 | +07:54 | 03:58 |
| 41 | 1315 | Vitor Hugo Ramos Carreiras | quebraritmo | Senior Masculino | 39:38 | +07:56 | 03:58 |

## PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 42 | 1490 | Samuel Amorim | gd castelense | Veterano M40 | 39:45 | +08:03 | 03:59 |
| 43 | 1574 | José António Silva | energy runners | Veterano M50 | 40:00 | +08:18 | 04:00 |
| 44 | 1126 | Fernando Silva | cdc navais | Veterano M50 | 40:06 | +08:23 | 04:01 |
| 45 | 1403 | Daniel Cardoso | individual | Senior Masculino | 40:30 | +08:48 | 04:03 |
| 46 | 1690 | Khushan Maugi | individual | Sub 23 Masculino | 40:30 | +08:48 | 04:03 |
| 47 | 1334 | André Correia | individual | Senior Masculino | 40:36 | +08:54 | 04:04 |
| 48 | 1208 | Paulo Peixoto | m.o.ve | Veterano M40 | 40:41 | +08:59 | 04:04 |
| 49 | 1429 | Américo Machado | juvmar | Veterano M40 | 40:51 | +09:09 | 04:05 |
| 50 | 1238 | Filipe Abreu | rio neiva ada | Senior Masculino | 41:03 | +09:21 | 04:06 |
| 51 | 1383 | Miguel Carreiras | quebraritmo | Senior Masculino | 41:21 | +09:39 | 04:08 |
| 52 | 1585 | Sebastião Pinto | quebraritmo | Veterano M40 | 41:22 | +09:39 | 04:08 |
| 53 | 1485 | Carlos Pereira | centro social juventude mar | Veterano M50 | 41:24 | +09:42 | 04:08 |
| 54 | 1439 | Jorge Nunes | team el comandante | Veterano M60 | 41:24 | +09:42 | 04:08 |
| 55 | 1194 | Armindo Freitas | individual | Veterano M50 | 41:33 | +09:51 | 04:09 |
| 56 | 1330 | Luis Lobo | individual | Senior Masculino | 41:35 | +09:53 | 04:10 |
| 57 | 1658 | Carlos Martins | individual | Senior Masculino | 41:40 | +09:57 | 04:10 |
| 58 | 1388 | Francisco Miguel Rodrigues Teixeira | energy runners | Senior Masculino | 41:42 | +10:00 | 04:10 |
| 59 | 1259 | Miguel Pilar | individual | Veterano M40 | 41:43 | +10:01 | 04:10 |
| 60 | 1647 | Helder Pereira | zenitautomoveis | Veterano M40 | 41:43 | +10:01 | 04:10 |
| 61 | 1328 | Fabio Sousa | individual | Veterano M40 | 41:45 | +10:03 | 04:11 |
| 62 | 1211 | Nuno Branco | individual | Senior Masculino | 41:46 | +10:03 | 04:11 |
| 63 | 1367 | Paulo Dias | individual | Veterano M60 | 41:46 | +10:04 | 04:11 |
| 64 | 1318 | Guilherme Martins | individual | Veterano M50 | 41:47 | +10:05 | 04:11 |
| 65 | 1353 | Fernando Silva | individual | Veterano M50 | 41:48 | +10:06 | 04:11 |
| 66 | 1120 | Hélder Coutinho | individual | Veterano M40 | 41:50 | +10:08 | 04:11 |
| 67 | 1079 | Nuno Lopes | individual | Senior Masculino | 41:54 | +10:12 | 04:11 |
| 68 | 1063 | Joaquim Miranda | trilhos de viana | Veterano M60 | 41:55 | +10:13 | 04:12 |
| 69 | 1065 | Rui Ramalho | individual | Veterano M40 | 41:57 | +10:15 | 04:12 |
| 70 | 1619 | Goncalo carvalho | body performance | Sub 23 Masculino | 42:01 | +10:19 | 04:12 |
| 71 | 1399 | Antonio Monteiro | individual | Veterano M50 | 42:02 | +10:20 | 04:12 |
| 72 | 1192 | Lourenço Viana | individual | Senior Masculino | 42:05 | +10:23 | 04:13 |
| 73 | 1545 | Domingos Lopes | vila de prado a correr | Veterano M40 | 42:11 | +10:29 | 04:13 |
| 74 | 1346 | Bia Passos | team el comandante | Senior Feminino | 42:14 | +10:32 | 04:13 |
| 75 | 1239 | Pedro Torres | individual | Veterano M40 | 42:15 | +10:32 | 04:14 |
| 76 | 1594 | André Rafael | body performance | Veterano M40 | 42:24 | +10:42 | 04:14 |
| 77 | 1586 | António Gomes | perelhal a correr | Veterano M50 | 42:24 | +10:42 | 04:14 |
| 78 | 1337 | José Manuel Martins da Silva | amigos da montanha | Veterano M50 | 42:28 | +10:46 | 04:15 |
| 79 | 1344 | Joao Scott | associaçao figueiredos runners & friends | Veterano M40 | 42:31 | +10:48 | 04:15 |
| 80 | 1357 | Pedro Sousa | individual | Veterano M40 | 42:31 | +10:49 | 04:15 |
| 81 | 1596 | Pedro Cruz | individual | Senior Masculino | 42:36 | +10:54 | 04:16 |
| 82 | 1278 | Frederico Silva | individual | Senior Masculino | 42:36 | +10:54 | 04:16 |
| 83 | 1266 | José Pais | edl trail | Veterano M50 | 42:38 | +10:56 | 04:16 |
| 84 | 1104 | José Manuel Vieira Rodrigues | legionários runners team | Veterano M60 | 42:41 | +10:59 | 04:16 |
| 85 | 1304 | José Manuel | braga runners | Veterano M50 | 42:44 | +11:02 | 04:16 |
| 86 | 1047 | João Couto | trilhos de viana | Veterano M40 | 42:55 | +11:13 | 04:18 |

## PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 87 | 1004 | Ricardo Capitão | individual | Veterano M40 | 43:06 | +11:24 | 04:19 |
| 88 | 1153 | André Geraldo | individual | Senior Masculino | 43:09 | +11:26 | 04:19 |
| 89 | 1049 | Pedro Gomes | individual | Senior Masculino | 43:09 | +11:27 | 04:19 |
| 90 | 1059 | Inês Madureira Rodrigues Parreira Augusto | só vim pelos tremoços | Sub 23 Feminino | 43:11 | +11:28 | 04:19 |
| 91 | 1440 | Rui Araújo | hi-fit | Senior Masculino | 43:11 | +11:29 | 04:19 |
| 92 | 1029 | Bruno Castro | individual | Senior Masculino | 43:14 | +11:31 | 04:19 |
| 93 | 1588 | Ricardo Peixoto | vila verde a correr | Veterano M40 | 43:14 | +11:32 | 04:19 |
| 94 | 1098 | Guilherme Brito | individualb. t. m. | Veterano M50 | 43:15 | +11:33 | 04:20 |
| 95 | 1601 | Antônio Francisco | individual | Veterano M40 | 43:19 | +11:36 | 04:20 |
| 96 | 1261 | Sérgio Silva | águias de alvelos | Veterano M40 | 43:19 | +11:37 | 04:20 |
| 97 | 1475 | João Laranjeira | juvmar | Veterano M40 | 43:32 | +11:50 | 04:21 |
| 98 | 1180 | Paulo Cerqueira | trilhos de viana | Veterano M40 | 43:36 | +11:54 | 04:22 |
| 99 | 1199 | José Sá | individual | Veterano M50 | 43:37 | +11:55 | 04:22 |
| 100 | 1518 | Guilherme Pereira | amigos da montanha | Senior Masculino | 43:37 | +11:55 | 04:22 |
| 101 | 1593 | Vitor Leite | individual | Veterano M40 | 43:43 | +12:01 | 04:22 |
| 102 | 1185 | Rita Fernandes | .com-clube orientação do minho | Senior Feminino | 43:44 | +12:02 | 04:22 |
| 103 | 1146 | José Silva Mariz | individual | Veterano M60 | 43:47 | +12:05 | 04:23 |
| 104 | 1269 | Rui Apresentação | run forrest | Veterano M40 | 43:50 | +12:07 | 04:23 |
| 105 | 1260 | Marlene Puga | ker trail and runing | Veterana F40 | 43:52 | +12:10 | 04:23 |
| 106 | 1012 | Hélder Filipe Silva | individual | Senior Masculino | 43:59 | +12:17 | 04:24 |
| 107 | 1144 | Luís Torres | legionários runners team | Veterano M50 | 44:01 | +12:19 | 04:24 |
| 108 | 1021 | Adelio Nuno Gomes Maranhao Maranhao | individual | Veterano M40 | 44:03 | +12:20 | 04:24 |
| 109 | 1441 | Bruno Teixeira | individual | Veterano M40 | 44:08 | +12:26 | 04:25 |
| 110 | 1210 | Bruno Pereira | individual | Senior Masculino | 44:12 | +12:30 | 04:25 |
| 111 | 1661 | André  Fernandes | perelhal a correr | Senior Masculino | 44:12 | +12:30 | 04:25 |
| 112 | 1478 | Carlos Carreira | juvmar | Veterano M40 | 44:15 | +12:33 | 04:26 |
| 113 | 1672 | Ricardo Ramalho | individual | Veterano M40 | 44:24 | +12:41 | 04:26 |
| 114 | 1036 | Miguel Rego | qualy - detergentes | Veterano M40 | 44:41 | +12:59 | 04:28 |
| 115 | 1481 | André Gomes | juvmar | Senior Masculino | 44:50 | +13:07 | 04:29 |
| 116 | 1347 | Fabio Laranjeira | individual | Senior Masculino | 44:53 | +13:10 | 04:29 |
| 117 | 1407 | Carlos Manuel Fernandes | spin&run esposende | Veterano M40 | 44:53 | +13:11 | 04:29 |
| 118 | 1227 | Ricardo Carqueijó | individual | Senior Masculino | 45:04 | +13:22 | 04:30 |
| 119 | 1076 | Sergio Peixoto | individual | Senior Masculino | 45:05 | +13:23 | 04:31 |
| 120 | 1244 | EDUARDO XAVIER | running bros | Senior Masculino | 45:06 | +13:24 | 04:31 |
| 121 | 1413 | Alberto Barroso | spin&run esposende | Veterano M40 | 45:08 | +13:26 | 04:31 |
| 122 | 1196 | Rui Rodrigues | perelhal a correr | Veterano M40 | 45:11 | +13:29 | 04:31 |
| 123 | 1482 | Horácio da Costa | juvmar | Veterano M50 | 45:15 | +13:33 | 04:32 |
| 124 | 1034 | Pedro Gramoso | individual | Sub 23 Masculino | 45:23 | +13:41 | 04:32 |
| 125 | 1031 | Domingos Sousa | individual | Veterano M50 | 45:27 | +13:45 | 04:33 |
| 126 | 1141 | Ricardo Guimaraes | perelhal a correr | Veterano M40 | 45:28 | +13:45 | 04:33 |
| 127 | 1252 | Mariana Silva | alexandra carvalho team | Senior Feminino | 45:30 | +13:48 | 04:33 |
| 128 | 1066 | Sérgio Ferreira Sá | movimento de juventude de merelim | Senior Masculino | 45:31 | +13:49 | 04:33 |
| 129 | 1620 | Ricardo Sousa | águias de alvelos | Veterano M40 | 45:33 | +13:51 | 04:33 |
| 130 | 1111 | Ricardo Moreira | individual | Veterano M40 | 45:36 | +13:54 | 04:34 |
| 131 | 1641 | Vitor cunha | trail carreira | Veterano M40 | 45:37 | +13:55 | 04:34 |

## PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 132 | 1390 | Paulo Pereira | energy runners | Veterano M40 | 45:44 | +14:02 | 04:34 |
| 133 | 1044 | José Silva | individual | Veterano M40 | 45:49 | +14:07 | 04:35 |
| 134 | 1677 | Fábio Torres | | Senior Masculino | 45:52 | +14:10 | 04:35 |
| 135 | 1516 | Miguel Novais | individual | Veterano M40 | 45:58 | +14:15 | 04:36 |
| 136 | 1542 | Aires Rocha | vianacycles | Veterano M40 | 45:59 | +14:17 | 04:36 |
| 137 | 1590 | Vítor Rodrigues | individual | Veterano M40 | 45:59 | +14:17 | 04:36 |
| 138 | 1271 | Rui Dias | individual | Senior Masculino | 46:04 | +14:22 | 04:36 |
| 139 | 1267 | João Pires | individual | Senior Masculino | 46:04 | +14:22 | 04:36 |
| 140 | 1654 | Carlos da Costa | individual | Veterano M40 | 46:04 | +14:22 | 04:36 |
| 141 | 1147 | Sergio Fernandes | earo | Veterano M40 | 46:16 | +14:34 | 04:38 |
| 142 | 1682 | Rui Castro | individual | Senior Masculino | 46:24 | +14:42 | 04:38 |
| 143 | 1128 | Francisco Alves | cerveira team running | Veterano M50 | 46:26 | +14:44 | 04:39 |
| 144 | 1551 | João Meireles | individual | Senior Masculino | 46:29 | +14:47 | 04:39 |
| 145 | 1629 | Daniel Cardoso | airórun | Veterano M50 | 46:34 | +14:52 | 04:39 |
| 146 | 1091 | Luis Laranjeira | individual | Veterano M40 | 46:37 | +14:55 | 04:40 |
| 147 | 1540 | Luis Silva | individual | Senior Masculino | 46:37 | +14:55 | 04:40 |
| 148 | 1503 | Rafael Ribeiro Calás Carvalho Calás | escola secundária de barcelinhos | Sub 23 Masculino | 46:38 | +14:55 | 04:40 |
| 149 | 1305 | António Sá | individual | Senior Masculino | 46:41 | +14:59 | 04:40 |
| 150 | 1345 | Gaspar Arrochela | 4435 | Senior Masculino | 46:41 | +14:59 | 04:40 |
| 151 | 1491 | Catarina Amorim | gd castelense | Veterana F40 | 46:42 | +15:00 | 04:40 |
| 152 | 1016 | António Gomes | individual | Veterano M60 | 46:45 | +15:03 | 04:41 |
| 153 | 1312 | Paulo Fernandes | individual | Veterano M40 | 46:46 | +15:04 | 04:41 |
| 154 | 1592 | Gustavo Almeida | individual | Senior Masculino | 46:56 | +15:14 | 04:42 |
| 155 | 1247 | Miguel Castro | running bros | Senior Masculino | 46:57 | +15:15 | 04:42 |
| 156 | 1448 | José Carlos Braga | individual | Senior Masculino | 46:57 | +15:15 | 04:42 |
| 157 | 1662 | Martinho Fernandes | individual | Veterano M40 | 46:57 | +15:15 | 04:42 |
| 158 | 1154 | Fabio Vasques | individual | Senior Masculino | 46:58 | +15:16 | 04:42 |
| 159 | 1360 | JORGE LARANJEIRA | adcrsme | Veterano M40 | 47:01 | +15:19 | 04:42 |
| 160 | 1424 | Manuel Pereira | ade trail running | Veterano M40 | 47:06 | +15:24 | 04:43 |
| 161 | 1326 | Marco Botelho | individual | Veterano M40 | 47:10 | +15:28 | 04:43 |
| 162 | 1068 | Gabriel Venda | individual | Veterano M40 | 47:11 | +15:28 | 04:43 |
| 163 | 1536 | António Capitão | centro social juventude mar | Veterano M50 | 47:17 | +15:35 | 04:44 |
| 164 | 1417 | Graça Costa | amigos da montanha | Veterana F60 | 47:20 | +15:38 | 04:44 |
| 165 | 1418 | Carlos Reis | amigos da montanha | Veterano M40 | 47:20 | +15:38 | 04:44 |
| 166 | 1256 | André Lages | individual | Senior Masculino | 47:23 | +15:41 | 04:44 |
| 167 | 1262 | ALFREDO RORIZ | prado a correr | Veterano M50 | 47:24 | +15:41 | 04:44 |
| 168 | 1069 | António Novais | individual | Veterano M40 | 47:24 | +15:42 | 04:44 |
| 169 | 1671 | claudia gomes | adcrsme | Veterana F50 | 47:28 | +15:45 | 04:45 |
| 170 | 1333 | Sérgio Santos | individual | Veterano M50 | 47:30 | +15:48 | 04:45 |
| 171 | 1564 | Manuel Da Cunha | os trutas | Veterano M50 | 47:33 | +15:50 | 04:45 |
| 172 | 1307 | José Gonçalves | braga runners | Veterano M60 | 47:33 | +15:51 | 04:45 |
| 173 | 1562 | Adriana Moura | body performance | Senior Feminino | 47:35 | +15:53 | 04:46 |
| 174 | 1412 | João Rosendo | spin&run esposende | Veterano M50 | 47:39 | +15:56 | 04:46 |
| 175 | 1602 | Vitor Dias | individual | Senior Masculino | 47:40 | +15:58 | 04:46 |
| 176 | 1557 | Carlos dias | ilha do tostão | Veterano M40 | 47:40 | +15:58 | 04:46 |

## PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 177 | 1335 | Elisabete Ferreira | team el comandante | Senior Feminino | 47:45 | +16:03 | 04:47 |
| 178 | 1618 | Pedro Coelho | ótica ourivesaria sousa | Veterano M50 | 47:49 | +16:07 | 04:47 |
| 179 | 1299 | Joaquim Barbosa | individual | Veterano M50 | 47:56 | +16:14 | 04:48 |
| 180 | 1422 | Dinis Laranjeira | individual | Sub 23 Masculino | 48:01 | +16:19 | 04:48 |
| 181 | 1442 | Rodrigo Almeida | individual | Sub 23 Masculino | 48:01 | +16:19 | 04:48 |
| 182 | 1548 | José Manuel Lima da Silva | olímpico vianense | Veterano M50 | 48:04 | +16:22 | 04:48 |
| 183 | 1584 | Guilherme Rodrigues | individual | Sub 23 Masculino | 48:08 | +16:26 | 04:49 |
| 184 | 1392 | Paulo Pinto | individual | Senior Masculino | 48:11 | +16:29 | 04:49 |
| 185 | 1352 | Pedro Antunes | individual | Senior Masculino | 48:12 | +16:30 | 04:49 |
| 186 | 1374 | João Lima | individual | Veterano M40 | 48:13 | +16:30 | 04:49 |
| 187 | 1122 | Rosa Carmo | lobos do brunheiro de chaves / anteros | Senior Feminino | 48:16 | +16:34 | 04:50 |
| 188 | 1432 | João Meixedo | clube dos atletas mortos | Veterano M50 | 48:20 | +16:38 | 04:50 |
| 189 | 1280 | Leonardo Schiavo dos Santos | individual | Veterano M40 | 48:23 | +16:41 | 04:50 |
| 190 | 1397 | Manuel Caramalho | gd castelense | Veterano M50 | 48:24 | +16:42 | 04:50 |
| 191 | 1094 | Francisco Marinha | individual | Veterano M40 | 48:26 | +16:43 | 04:51 |
| 192 | 1405 | Maria Campos | spin&run esposende | Veterana F50 | 48:26 | +16:44 | 04:51 |
| 193 | 1358 | António Maia | apúlia a correr | Veterano M40 | 48:30 | +16:48 | 04:51 |
| 194 | 1666 | Adelino Vilaça | lobo solitário | Veterano M50 | 48:31 | +16:49 | 04:51 |
| 195 | 1610 | Carlos Sampaio ( Cabeleireiros) | individual | Veterano M50 | 48:34 | +16:51 | 04:51 |
| 196 | 1401 | Mario Brito | individual | Veterano M40 | 48:34 | +16:52 | 04:51 |
| 197 | 1265 | Rui Arantes | individual | Senior Masculino | 48:34 | +16:52 | 04:51 |
| 198 | 1273 | Carina Silva | pcrunners | Senior Feminino | 48:35 | +16:52 | 04:52 |
| 199 | 1480 | Pedro Rocha | juvmar | Veterano M40 | 48:38 | +16:56 | 04:52 |
| 200 | 1547 | Francisco José Martins Ferreira | olímpico vianense | Veterano M50 | 48:42 | +17:00 | 04:52 |
| 201 | 1017 | Elsa de Sá | individual | Veterana F50 | 48:43 | +17:01 | 04:52 |
| 202 | 1600 | José Carvalho | individual | Senior Masculino | 48:51 | +17:09 | 04:53 |
| 203 | 1214 | Pedro Costa | gaia running | Veterano M50 | 48:54 | +17:12 | 04:53 |
| 204 | 1072 | Diogo Nobre | individual | Senior Masculino | 48:56 | +17:14 | 04:54 |
| 205 | 1052 | José Reigada | gdcenvc | Veterano M60 | 48:57 | +17:15 | 04:54 |
| 206 | 1286 | Catarina Borges | dragon club | Sub 23 Feminino | 48:59 | +17:17 | 04:54 |
| 207 | 1285 | António Borges | individual | Veterano M50 | 48:59 | +17:17 | 04:54 |
| 208 | 1294 | Iazalde Martins | individual | Veterano M50 | 49:02 | +17:20 | 04:54 |
| 209 | 1539 | Alexandre Viana | lift | Veterano M40 | 49:02 | +17:20 | 04:54 |
| 210 | 1295 | Filipe Cunha | arco4run | Veterano M40 | 49:03 | +17:20 | 04:54 |
| 211 | 1050 | Carlos pereira | individual | Veterano M50 | 49:03 | +17:21 | 04:54 |
| 212 | 1506 | Cristiano pires | escola secundária de barcelinhos | Sub 23 Masculino | 49:04 | +17:22 | 04:54 |
| 213 | 1541 | Eusebio Gaiao Ruas | olímpico vianense | Veterano M50 | 49:07 | +17:24 | 04:55 |
| 214 | 1445 | Ivo Costa | individual | Veterano M40 | 49:09 | +17:27 | 04:55 |
| 215 | 1131 | Pedro Oliveira | cerveira team running | Veterano M40 | 49:10 | +17:27 | 04:55 |
| 216 | 1222 | Mário Torres | individual | Veterano M40 | 49:18 | +17:35 | 04:56 |
| 217 | 1325 | Gonçalo Meira | individual | Veterano M40 | 49:18 | +17:36 | 04:56 |
| 218 | 1472 | Inês Viana | juvmar | Senior Feminino | 49:18 | +17:36 | 04:56 |
| 219 | 1524 | Carlos marques | amigos da montanha | Senior Masculino | 49:20 | +17:37 | 04:56 |
| 220 | 1110 | Manuel Jorge Carqueijo Lima | individual | Veterano M50 | 49:21 | +17:39 | 04:56 |
| 221 | 1236 | Marisa Ferreira | individual | Veterana F40 | 49:23 | +17:40 | 04:56 |

## PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 222 | 1242 | Ana Correia | individual | Veterana F50 | 49:23 | +17:41 | 04:56 |
| 223 | 1453 | Nuno de Sousa | individual | Senior Masculino | 49:32 | +17:49 | 04:57 |
| 224 | 1615 | Manuel Sousa | ótica ourivesaria sousa | Veterano M50 | 49:39 | +17:57 | 04:58 |
| 225 | 1209 | Fábio Teixeira | individual | Veterano M40 | 49:41 | +17:59 | 04:58 |
| 226 | 1477 | João da silva | juvmar | Senior Masculino | 49:45 | +18:03 | 04:59 |
| 227 | 1637 | Luís Ferraz | individual | Veterano M50 | 49:46 | +18:04 | 04:59 |
| 228 | 1175 | Luís Pinho | run you'fools | Veterano M40 | 49:48 | +18:06 | 04:59 |
| 229 | 1332 | Jorge Oliveira | mics | Veterano M40 | 49:50 | +18:08 | 04:59 |
| 230 | 1220 | Bruno Rodrigues | ojogo | Veterano M50 | 50:01 | +18:18 | 05:00 |
| 231 | 1652 | António Longras | impetus team | Veterano M60 | 50:02 | +18:20 | 05:00 |
| 232 | 1394 | Gabriel Batista | individual | Senior Masculino | 50:04 | +18:21 | 05:00 |
| 233 | 1356 | Hugo Patrão | adcrsme | Veterano M40 | 50:10 | +18:28 | 05:01 |
| 234 | 1243 | Filipe Machado | vermuditraiteam | Veterano M40 | 50:12 | +18:30 | 05:01 |
| 235 | 1607 | Miguel novo | primos power by sanitop | Veterano M40 | 50:12 | +18:30 | 05:01 |
| 236 | 1158 | Rui Lameira | run you'fools | Veterano M50 | 50:15 | +18:32 | 05:02 |
| 237 | 1632 | Luis Pedro Ribeiro | iat - imobiliária | Veterano M40 | 50:17 | +18:35 | 05:02 |
| 238 | 1387 | Francisco Esteves | run forrest | Veterano M40 | 50:18 | +18:35 | 05:02 |
| 239 | 1216 | André Fonseca | gaia running | Veterano M50 | 50:18 | +18:36 | 05:02 |
| 240 | 1667 | Pedro Caramez | primos power by sanitop | Veterano M50 | 50:20 | +18:38 | 05:02 |
| 241 | 1234 | César Barbosa | individual | Senior Masculino | 50:28 | +18:46 | 05:03 |
| 242 | 1253 | Pedro Barbosa | individual | Senior Masculino | 50:29 | +18:47 | 05:03 |
| 243 | 1148 | Armando Varanda | legionários runners team | Veterano M50 | 50:35 | +18:53 | 05:04 |
| 244 | 1350 | Luis Santiago | individual | Senior Masculino | 50:40 | +18:58 | 05:04 |
| 245 | 1040 | Vitor Silva | individual | Veterano M40 | 50:52 | +19:10 | 05:05 |
| 246 | 1093 | ANTONIO CORUCHO | individual | Veterano M50 | 50:54 | +19:12 | 05:05 |
| 247 | 1060 | Maria Correia | movimento de juventude de merelim | Veterana F50 | 50:54 | +19:12 | 05:05 |
| 248 | 1644 | Bruno Cunha | individual | Veterano M40 | 50:54 | +19:12 | 05:05 |
| 249 | 1474 | Rui couto | juvmar | Veterano M50 | 51:06 | +19:24 | 05:07 |
| 250 | 1156 | Beu Ribeiro | individual | Senior Feminino | 51:07 | +19:25 | 05:07 |
| 251 | 1504 | Ricardo Ramos | escola secundária de barcelinhos | Sub 23 Masculino | 51:10 | +19:27 | 05:07 |
| 252 | 1386 | Pedro Velhuco | individual | Veterano M40 | 51:10 | +19:28 | 05:07 |
| 253 | 1136 | Luis Lamas | individual | Senior Masculino | 51:21 | +19:39 | 05:08 |
| 254 | 1408 | Eduardo Coutada | spin&run esposende | Veterano M50 | 51:26 | +19:44 | 05:09 |
| 255 | 1623 | Pedro Ferreira | pfarchstudio | Veterano M40 | 51:26 | +19:44 | 05:09 |
| 256 | 1549 | Tiago Silva | individual | Veterano M40 | 51:30 | +19:48 | 05:09 |
| 257 | 1673 | Maria Jose Costa | juvmar | Veterana F40 | 51:30 | +19:48 | 05:09 |
| 258 | 1115 | Nuno Carvalho | individual | Senior Masculino | 51:35 | +19:53 | 05:10 |
| 259 | 1575 | Bruno Lemos | iat - imobiliária | Veterano M40 | 51:40 | +19:58 | 05:10 |
| 260 | 1020 | Ricardo Marinho | individual | Veterano M40 | 51:40 | +19:58 | 05:10 |
| 261 | 1537 | Alcindo Silva | individual | Veterano M50 | 51:46 | +20:04 | 05:11 |
| 262 | 1560 | Ricardo Fernandes | primavera caralhes | Senior Masculino | 51:51 | +20:09 | 05:11 |
| 263 | 1669 | Paulo Parente | iat imobiliária | Veterano M40 | 51:53 | +20:11 | 05:11 |
| 264 | 1103 | Filipe Monteiro | ade trail running | Veterano M40 | 51:54 | +20:11 | 05:11 |
| 265 | 1291 | Serafin Da silva | weperf | Veterano M50 | 51:55 | +20:13 | 05:12 |
| 266 | 1473 | Pedro Silva | juvmar | Senior Masculino | 52:05 | +20:23 | 05:13 |
| 267 | 1694 | Joaquim Malheiro | individual | Senior Masculino | 52:08 | +20:26 | 05:13 |

## PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 268 | 1198 | Nelson Pontes | fonte boa | Veterano M40 | 52:09 | +20:27 | 05:13 |
| 269 | 1002 | Elisabete Maria Soutulho Alves | embarca running | Senior Feminino | 52:10 | +20:28 | 05:13 |
| 270 | 1001 | Vitor Gonçalves | embarca running | Senior Masculino | 52:11 | +20:29 | 05:13 |
| 271 | 1678 | Jose Alves | individual | Veterano M50 | 52:13 | +20:31 | 05:13 |
| 272 | 1464 | Pedro Silva | individual | Senior Masculino | 52:13 | +20:31 | 05:13 |
| 273 | 1086 | Fernando Pilar | individual | Veterano M50 | 52:21 | +20:39 | 05:14 |
| 274 | 1293 | Ricardo Alves | pcrunners | Veterano M40 | 52:23 | +20:41 | 05:14 |
| 275 | 1003 | Maria João Saleiro | run&win[e] | Senior Feminino | 52:24 | +20:42 | 05:14 |
| 276 | 1306 | Isabel Novais | perelhal a correr | Senior Feminino | 52:25 | +20:43 | 05:15 |
| 277 | 1625 | Liliana Mano | individual | Veterana F40 | 52:25 | +20:43 | 05:15 |
| 278 | 1369 | Adélio Ramalho | individual | Veterano M40 | 52:25 | +20:43 | 05:15 |
| 279 | 1376 | Cristina Faria | individual | Veterana F40 | 52:31 | +20:48 | 05:15 |
| 280 | 1288 | Hugo Vaz | guapitos | Senior Masculino | 52:34 | +20:52 | 05:15 |
| 281 | 1322 | Glória Bràs | ade trail running | Veterana F50 | 52:38 | +20:56 | 05:16 |
| 282 | 1010 | Agusto Maranhão | individual | Veterano M40 | 52:39 | +20:56 | 05:16 |
| 283 | 1622 | FERNANDO JORGE QUEIRÓS SILVA | individual | Veterano M40 | 52:44 | +21:02 | 05:16 |
| 284 | 1302 | Bruno Novais | individual | Senior Masculino | 52:46 | +21:04 | 05:17 |
| 285 | 1165 | Vitor Hugo | perelhal a correr | Veterano M40 | 52:52 | +21:10 | 05:17 |
| 286 | 1113 | Vítor Silva | perelhal a correr | Veterano M40 | 52:52 | +21:10 | 05:17 |
| 287 | 1263 | José do Vale | perelhal a correr | Veterano M40 | 52:52 | +21:10 | 05:17 |
| 288 | 1323 | Nuno Lomba | ade trail running | Veterano M40 | 52:58 | +21:16 | 05:18 |
| 289 | 1275 | Eduardo Mendes | ilha do tostão | Veterano M40 | 53:02 | +21:20 | 05:18 |
| 290 | 1077 | Alberto Sa | lobos do monte run | Veterano M60 | 53:08 | +21:26 | 05:19 |
| 291 | 1609 | Rúben Torres | individual | Senior Masculino | 53:10 | +21:28 | 05:19 |
| 292 | 1289 | Ricardo Cordeiro | individual | Senior Masculino | 53:18 | +21:36 | 05:20 |
| 293 | 1041 | Rafael Regado | individual | Sub 23 Masculino | 53:19 | +21:37 | 05:20 |
| 294 | 1544 | Pedro Ferreira | go fitness | Senior Masculino | 53:23 | +21:41 | 05:20 |
| 295 | 1651 | Paulo Gomes | cdc navais | Senior Masculino | 53:27 | +21:45 | 05:21 |
| 296 | 1132 | Liliana Matos | perelhal a correr | Veterana F40 | 53:32 | +21:50 | 05:21 |
| 297 | 1013 | Bruna Marques | adcrsme | Senior Feminino | 53:33 | +21:51 | 05:21 |
| 298 | 1351 | Karine Freitas | 4435 | Senior Feminino | 53:34 | +21:52 | 05:21 |
| 299 | 1395 | Carlos Eduardo Guerra Mansuído | individual | Veterano M40 | 53:35 | +21:53 | 05:22 |
| 300 | 1434 | Fernando Mansuído | individual | Veterano M40 | 53:36 | +21:54 | 05:22 |
| 301 | 1168 | Susana Queiroz | adcrsme | Veterana F40 | 53:37 | +21:55 | 05:22 |
| 302 | 1159 | Antonio Augusto Fernandes | run you'fools | Veterano M40 | 53:39 | +21:57 | 05:22 |
| 303 | 1569 | Ricardo manuel nogueira costa | individual | Veterano M40 | 53:53 | +22:11 | 05:23 |
| 304 | 1361 | José Fernandes | .com-clube orientação do minho | Senior Masculino | 53:54 | +22:11 | 05:23 |
| 305 | 1555 | José Carlos Oliveira | vitória | Veterano M50 | 53:58 | +22:16 | 05:24 |
| 306 | 1083 | Rui Soares | individual | Veterano M40 | 54:01 | +22:18 | 05:24 |
| 307 | 1163 | Ricardo Ribeiro | individual | Veterano M40 | 54:02 | +22:20 | 05:24 |
| 308 | 1382 | Teresa Santos | individual | Senior Feminino | 54:03 | +22:21 | 05:24 |
| 309 | 1465 | Filipe Ferreira | go fitness | Senior Masculino | 54:19 | +22:37 | 05:26 |
| 310 | 1587 | Andreia Carvalho | quebraritmo | Senior Feminino | 54:22 | +22:40 | 05:26 |
| 311 | 1520 | Marcia Bandeira | amigos da montanha | Veterana F40 | 54:26 | +22:44 | 05:27 |
| 312 | 1591 | Helder Torres | individual | Senior Masculino | 54:37 | +22:55 | 05:28 |

## PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 313 | 1309 | Sofia Miranda | individual | Senior Feminino | 54:38 | +22:56 | 05:28 |
| 314 | 1488 | Paulo Bastos | gd castelense | Veterano M40 | 54:42 | +22:59 | 05:28 |
| 315 | 1538 | Jose silva | individual | Veterano M50 | 54:43 | +23:01 | 05:28 |
| 316 | 1573 | Tiago Tiago Santos | juvmar | Senior Masculino | 54:44 | +23:01 | 05:28 |
| 317 | 1531 | José Oliveira | ade trail running | Senior Masculino | 54:51 | +23:08 | 05:29 |
| 318 | 1523 | Jose Araujo | amigos da montanha | Veterano M50 | 54:55 | +23:13 | 05:30 |
| 319 | 1340 | Ines Ferreira | individual | Senior Feminino | 54:57 | +23:14 | 05:30 |
| 320 | 1583 | Justino cruz | individual | Veterano M40 | 55:01 | +23:18 | 05:30 |
| 321 | 1456 | Salete Lourenço | individual | Senior Feminino | 55:04 | +23:22 | 05:30 |
| 322 | 1567 | José Moura de Sousa | individual | Veterano M60 | 55:07 | +23:25 | 05:31 |
| 323 | 1692 | Rui Miguel Rodrigues | individual | Veterano M40 | 55:10 | +23:28 | 05:31 |
| 324 | 1415 | Ana Pereira | ade trail running | Veterana F40 | 55:11 | +23:28 | 05:31 |
| 325 | 1421 | Tiago Silva | tsilva04 | Senior Masculino | 55:19 | +23:37 | 05:32 |
| 326 | 1046 | Carla Soares | movimento de juventude de merelim | Veterana F50 | 55:24 | +23:42 | 05:32 |
| 327 | 1119 | Albino Oliveira | gtt - armazém do café | Veterano M60 | 55:26 | +23:43 | 05:33 |
| 328 | 1127 | Teresa Santos | centro marcha | Veterana F50 | 55:26 | +23:44 | 05:33 |
| 329 | 1612 | Marco Cardoso | individual | Veterano M40 | 55:27 | +23:44 | 05:33 |
| 330 | 1281 | Noémia Monteiro | sorelas | Senior Feminino | 55:28 | +23:46 | 05:33 |
| 331 | 1469 | Antónia Guerra | corre são joão | Veterana F40 | 55:28 | +23:46 | 05:33 |
| 332 | 1393 | Jerónimo Silva | lebres | Veterano M40 | 55:30 | +23:48 | 05:33 |
| 333 | 1343 | Ana Jacinto  Ribeiro | individual | Veterana F40 | 55:31 | +23:49 | 05:33 |
| 334 | 1379 | Eliezer Lima | individual | Senior Masculino | 55:35 | +23:52 | 05:34 |
| 335 | 1649 | Ivo Amorim | individual | Veterano M40 | 55:35 | +23:53 | 05:34 |
| 336 | 1320 | Ana Pereira | individual | Senior Feminino | 55:35 | +23:53 | 05:34 |
| 337 | 1073 | Ricardo Cardoso | moços | Veterano M40 | 55:44 | +24:02 | 05:34 |
| 338 | 1087 | Tony Silva | moços | Senior Masculino | 55:44 | +24:02 | 05:34 |
| 339 | 1224 | Fernanda Rocha Azevedo | individual | Veterana F60 | 55:44 | +24:02 | 05:34 |
| 340 | 1517 | José Loureiro | amigos da montanha | Veterano M50 | 55:55 | +24:13 | 05:36 |
| 341 | 1628 | António Cadilha | individual | Veterano M40 | 55:57 | +24:15 | 05:36 |
| 342 | 1461 | Pedro Rocha | esposende bike team | Veterano M40 | 56:00 | +24:18 | 05:36 |
| 343 | 1452 | Matilde lemos | individual | Sub 23 Feminino | 56:05 | +24:23 | 05:37 |
| 344 | 1187 | Jose Leite | individual | Senior Masculino | 56:07 | +24:24 | 05:37 |
| 345 | 1608 | Jose Abreu | individual | Veterano M50 | 56:11 | +24:28 | 05:37 |
| 346 | 1331 | Teresa Silva | turbulentos | Veterana F50 | 56:11 | +24:29 | 05:37 |
| 347 | 1525 | António José | amigos da montanha | Veterano M40 | 56:12 | +24:30 | 05:37 |
| 348 | 1313 | JOANA MONTEIRO | sorelas | Senior Feminino | 56:13 | +24:31 | 05:37 |
| 349 | 1123 | Fátima Novais | perelhal a correr | Senior Feminino | 56:20 | +24:38 | 05:38 |
| 350 | 1314 | Isabel Maria Ribeiro Rodrigues Rodrigues | individual | Veterana F40 | 56:21 | +24:39 | 05:38 |
| 351 | 1298 | Jorge Fontes | individual | Veterano M40 | 56:25 | +24:43 | 05:39 |
| 352 | 1124 | Maria do Sameiro Araújo | individual | Veterana F50 | 56:27 | +24:45 | 05:39 |
| 353 | 1231 | Emilio Hipolito | apúlia a correr | Veterano M60 | 56:36 | +24:54 | 05:40 |
| 354 | 1550 | ROSA VAZ | top top runners | Veterana F50 | 56:48 | +25:06 | 05:41 |
| 355 | 1081 | Cristiana Vilas Boas | individual | Senior Feminino | 56:50 | +25:08 | 05:41 |
| 356 | 1650 | Lucas  Cavalheiro | individual | Sub 23 Masculino | 56:59 | +25:17 | 05:42 |
| 357 | 1613 | Erica Sá | individual | Senior Feminino | 57:09 | +25:27 | 05:43 |

## PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 358 | 1484 | Carlos Viana | individual | Senior Masculino | 57:10 | +25:28 | 05:43 |
| 359 | 1630 | Miguel Rodrigues | individual | Senior Masculino | 57:11 | +25:28 | 05:43 |
| 360 | 1097 | Domingos Ribeiro | individual | Senior Masculino | 57:13 | +25:30 | 05:43 |
| 361 | 1105 | Luciano Rocha | individual | Veterano M40 | 57:18 | +25:36 | 05:44 |
| 362 | 1078 | Alberto Carvalho | individual | Veterano M40 | 57:19 | +25:37 | 05:44 |
| 363 | 1336 | Catia Gomes | individual | Senior Feminino | 57:22 | +25:40 | 05:44 |
| 364 | 1400 | Fabio Cardoso | individual | Senior Masculino | 57:22 | +25:40 | 05:44 |
| 365 | 1218 | VILMA VIEIRA | gaia running | Veterana F40 | 57:23 | +25:41 | 05:44 |
| 366 | 1532 | Eunice Moreira | ade trail running | Veterana F40 | 57:25 | +25:43 | 05:45 |
| 367 | 1406 | Conceição queiroz | spin&run esposende | Veterana F60 | 57:26 | +25:44 | 05:45 |
| 368 | 1182 | Carina Pinho | individual | Senior Feminino | 57:28 | +25:46 | 05:45 |
| 369 | 1166 | Manuel Francisco Vasco Gaifem Tito Gaifem | individual | Veterano M60 | 57:29 | +25:47 | 05:45 |
| 370 | 1193 | EULALIA SOUSA | top top runners | Veterana F50 | 57:32 | +25:49 | 05:45 |
| 371 | 1257 | Luis Miguel Fonseca | individual | Veterano M60 | 57:34 | +25:52 | 05:45 |
| 372 | 1446 | Catarina Lopes | individual | Senior Feminino | 57:35 | +25:52 | 05:46 |
| 373 | 1468 | Ana Cordeiro | individual | Veterana F40 | 57:36 | +25:54 | 05:46 |
| 374 | 1449 | Catarina Milheiro | bikeservice | Senior Feminino | 57:36 | +25:54 | 05:46 |
| 375 | 1085 | João Martinho Gigante Ramos | crossfit viana do castelo | Senior Masculino | 57:39 | +25:57 | 05:46 |
| 376 | 1410 | André Monteiro | spin&run esposende | Sub 23 Masculino | 57:54 | +26:12 | 05:47 |
| 377 | 1125 | Mónica Pedrosa | individual | Veterana F40 | 58:07 | +26:25 | 05:49 |
| 378 | 1566 | Paulo Costa | roadrunners braga | Veterano M40 | 58:18 | +26:36 | 05:50 |
| 379 | 1458 | Daniel Barros | individual | Veterano M60 | 58:24 | +26:42 | 05:50 |
| 380 | 1190 | JOSE VELOSO | top top runners | Veterano M60 | 58:28 | +26:45 | 05:51 |
| 381 | 1189 | ISABEL MARIA VELOSO | top top runners | Veterana F50 | 58:28 | +26:46 | 05:51 |
| 382 | 1366 | Rita Sousa | individual | Senior Feminino | 58:28 | +26:46 | 05:51 |
| 383 | 1552 | Diogo Silva | individual | Sub 23 Masculino | 58:29 | +26:47 | 05:51 |
| 384 | 1398 | Carlos Almeida | individual | Veterano M50 | 58:37 | +26:55 | 05:52 |
| 385 | 1621 | Sandra Ramos | rungirlsesposende | Veterana F40 | 58:37 | +26:55 | 05:52 |
| 386 | 1191 | André Rodrigues | individual | Veterano M40 | 58:38 | +26:55 | 05:52 |
| 387 | 1188 | Gonçalo Rodrigues | individual | Sub 23 Masculino | 58:38 | +26:56 | 05:52 |
| 388 | 1025 | Carla Vilasboas | amigos da montanha | Veterana F40 | 58:39 | +26:57 | 05:52 |
| 389 | 1170 | Túlia Pinho | run you'fools | Veterana F40 | 58:40 | +26:58 | 05:52 |
| 390 | 1389 | Helena Santos | opraticante.pt | Senior Feminino | 58:41 | +26:59 | 05:52 |
| 391 | 1435 | Luis Brito | individual | Senior Masculino | 58:43 | +27:01 | 05:52 |
| 392 | 1533 | Franclim Machado | ade trail running | Veterano M50 | 58:44 | +27:01 | 05:52 |
| 393 | 1082 | Afonso Santos | escola secundária de barcelinhos | Sub 23 Masculino | 58:45 | +27:02 | 05:53 |
| 394 | 1108 | PAULO JORGE MADUREIRA RIBEIRO | clube novobanco | Veterano M40 | 58:45 | +27:02 | 05:53 |
| 395 | 1112 | Paula Silva | individual | Veterana F40 | 58:45 | +27:03 | 05:53 |
| 396 | 1155 | Bernadete Faria | individual | Veterana F50 | 58:47 | +27:05 | 05:53 |
| 397 | 1152 | Joaquim Faria | individual | Veterano M60 | 58:48 | +27:05 | 05:53 |
| 398 | 1414 | Pedro Figueiredo | ade trail running | Senior Masculino | 58:54 | +27:11 | 05:53 |
| 399 | 1430 | Orlando Silva | cam - vc | Veterano M40 | 58:58 | +27:16 | 05:54 |
| 400 | 1102 | Hugo Rocha | adcrsme | Veterano M40 | 58:59 | +27:16 | 05:54 |
| 401 | 1162 | Raquel machado | esposende run girls | Veterana F50 | 59:01 | +27:19 | 05:54 |
| 402 | 1614 | ABILIO SOARES SOARES | individual | Veterano M60 | 59:03 | +27:21 | 05:54 |

## PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 403 | 1471 | Ana Ramos | individual | Veterana F50 | 59:07 | +27:25 | 05:55 |
| 404 | 1455 | Marcelo Marcos | individual | Senior Masculino | 59:18 | +27:36 | 05:56 |
| 405 | 1067 | Rebeka silva | escola secundária de barcelinhos | Sub 23 Feminino | 59:22 | +27:40 | 05:56 |
| 406 | 1219 | ANTÓNIO VIEIRA | gaia running | Veterano M40 | 59:22 | +27:40 | 05:56 |
| 407 | 1135 | Cecilia Sousa | gaia running | Veterana F40 | 59:22 | +27:40 | 05:56 |
| 408 | 1648 | Pedro  Cunha | adcrsme | Senior Masculino | 59:22 | +27:40 | 05:56 |
| 409 | 1378 | Marta Ferreira | individual | Veterana F40 | 59:29 | +27:46 | 05:57 |
| 410 | 1496 | Marcelino Mota | braga runners | Veterano M40 | 59:38 | +27:56 | 05:58 |
| 411 | 1495 | Mariana Capitão | individual | Veterana F40 | 59:38 | +27:56 | 05:58 |
| 412 | 1137 | Helder Melo | individual | Senior Masculino | 59:39 | +27:57 | 05:58 |
| 413 | 1011 | Carina Melo | a turma da carina | Senior Feminino | 59:39 | +27:57 | 05:58 |
| 414 | 1292 | Jose Alves | individual | Veterano M40 | 59:46 | +28:04 | 05:59 |
| 415 | 1235 | Tiago Costa | individual | Senior Masculino | 59:59 | +28:17 | 06:00 |
| 416 | 1178 | Filipe Almendra | veranja | Veterano M40 | 01:00:12 | +28:30 | 06:01 |
| 417 | 1090 | Marco Caldelas | individual | Senior Masculino | 01:00:19 | +28:37 | 06:02 |
| 418 | 1297 | Dinis Amorim | individual | Sub 23 Masculino | 01:00:20 | +28:38 | 06:02 |
| 419 | 1546 | Luisa Alves | individual | Veterana F40 | 01:00:25 | +28:43 | 06:03 |
| 420 | 1250 | Diogo Sárria | individual | Senior Masculino | 01:00:27 | +28:45 | 06:03 |
| 421 | 1245 | Marta Pereira | individual | Senior Feminino | 01:00:28 | +28:46 | 06:03 |
| 422 | 1045 | Osvaldo Oliveira | individual | Veterano M60 | 01:00:33 | +28:50 | 06:03 |
| 423 | 1681 | Lucas Monte | individual | Senior Masculino | 01:00:35 | +28:53 | 06:04 |
| 424 | 1528 | Antónia Soares | gaia running | Veterana F40 | 01:00:42 | +29:00 | 06:04 |
| 425 | 1419 | Paula Gonçalves | esposende run girls | Veterana F50 | 01:00:45 | +29:02 | 06:05 |
| 426 | 1204 | Pedro Moreira | individual | Senior Masculino | 01:00:47 | +29:05 | 06:05 |
| 427 | 1341 | Joaquim Castro | individual | Veterano M60 | 01:00:52 | +29:10 | 06:05 |
| 428 | 1181 | Joel Pereira | sempre em movimento | Veterano M40 | 01:00:55 | +29:12 | 06:06 |
| 429 | 1028 | Bruno Sequeira | individual | Veterano M40 | 01:00:55 | +29:13 | 06:06 |
| 430 | 1354 | Manuela Freitas | 4435 | Senior Feminino | 01:01:00 | +29:18 | 06:06 |
| 431 | 1007 | Daniel Brás | adcrsme | Senior Masculino | 01:01:01 | +29:19 | 06:06 |
| 432 | 1384 | Elisabete Ramos | run girls | Veterana F50 | 01:01:14 | +29:32 | 06:07 |
| 433 | 1283 | Patrícia Senra | individual | Senior Feminino | 01:01:18 | +29:36 | 06:08 |
| 434 | 1092 | Lucia de Jesus Fernandes da Corucho | individual | Veterana F50 | 01:01:22 | +29:40 | 06:08 |
| 435 | 1233 | André Ribeiro | individual | Senior Masculino | 01:01:29 | +29:47 | 06:09 |
| 436 | 1508 | Eliana Costa | escola secundária de barcelinhos | Sub 23 Feminino | 01:01:33 | +29:51 | 06:09 |
| 437 | 1589 | Sandra Zeferino | bikeservice | Senior Feminino | 01:01:34 | +29:52 | 06:09 |
| 438 | 1558 | Ana Borges | individual | Senior Feminino | 01:01:34 | +29:52 | 06:09 |
| 439 | 1559 | Pedro Ribeiro | individual | Veterano M40 | 01:01:34 | +29:52 | 06:09 |
| 440 | 1657 | Maria  Silva | individual | Veterana F50 | 01:01:34 | +29:52 | 06:09 |
| 441 | 1556 | Mário Vinhais | individual | Veterano M40 | 01:01:34 | +29:52 | 06:10 |
| 442 | 1161 | Maéva Gomes | individual | Senior Feminino | 01:01:36 | +29:54 | 06:10 |
| 443 | 1691 | Carla Maciel | individual | Veterana F40 | 01:01:36 | +29:54 | 06:10 |
| 444 | 1568 | Fernando Ribeiro | individual | Veterano M40 | 01:01:40 | +29:57 | 06:10 |
| 445 | 1064 | Vanessa Oliveira | individual | Senior Feminino | 01:01:49 | +30:07 | 06:11 |
| 446 | 1287 | Veronica Pereira | individual | Senior Feminino | 01:01:53 | +30:11 | 06:11 |
| 447 | 1311 | Sara Silva | individual | Senior Feminino | 01:01:57 | +30:15 | 06:12 |

## PROVA PRINCIPAL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 448 | 1310 | Hugo Batista | individual | Senior Masculino | 01:01:57 | +30:15 | 06:12 |
| 449 | 1437 | Sónia Marques Viana Laranjeira | individual | Veterana F40 | 01:02:01 | +30:19 | 06:12 |
| 450 | 1042 | Juliana Pereira | a turma da carina | Senior Feminino | 01:02:05 | +30:23 | 06:13 |
| 451 | 1228 | Mário Fernandes | individual | Senior Masculino | 01:02:06 | +30:24 | 06:13 |
| 452 | 1391 | Ana Coutinho | lebres | Veterana F40 | 01:02:19 | +30:37 | 06:14 |
| 453 | 1157 | Carlos Cabral | run you'fools | Veterano M50 | 01:02:35 | +30:53 | 06:16 |
| 454 | 1205 | Tiago Pereira | sempre em movimento | Senior Masculino | 01:02:50 | +31:08 | 06:17 |
| 455 | 1062 | Rui Veloso | adcrsme | Senior Masculino | 01:03:00 | +31:18 | 06:18 |
| 456 | 1276 | João Domingues | individual | Senior Masculino | 01:03:02 | +31:20 | 06:18 |
| 457 | 1171 | Carlos Areia | zé dos telhados | Senior Masculino | 01:03:04 | +31:22 | 06:18 |
| 458 | 1626 | Sara Venda | individual | Senior Feminino | 01:03:13 | +31:31 | 06:19 |
| 459 | 1579 | Inês Morgado | individual | Senior Feminino | 01:03:14 | +31:32 | 06:19 |
| 460 | 1074 | Jorge Teles Domingos | individual | Veterano M40 | 01:03:19 | +31:36 | 06:20 |
| 461 | 1174 | Diana Silva | zé dos telhados | Senior Feminino | 01:03:19 | +31:37 | 06:20 |
| 462 | 1497 | Andrews Marcelino | esb | Sub 23 Masculino | 01:03:29 | +31:47 | 06:21 |
| 463 | 1674 | Luís Carvalho | adcrsme | Senior Masculino | 01:03:35 | +31:53 | 06:22 |
| 464 | 1512 | Daniel Cibrão | escola secundária de barcelinhos | Sub 23 Masculino | 01:03:44 | +32:02 | 06:22 |
| 465 | 1186 | Rui Abreu | team abreu | Senior Masculino | 01:04:13 | +32:31 | 06:25 |
| 466 | 1051 | Daniela Furtado | individual | Senior Feminino | 01:04:14 | +32:32 | 06:25 |
| 467 | 1462 | Aurora Silva | vila verde a correr | Veterana F50 | 01:04:29 | +32:47 | 06:27 |
| 468 | 1670 | Maria  Amorim | escola secundária de barcelinhos | Sub 23 Feminino | 01:04:41 | +32:59 | 06:28 |
| 469 | 1653 | Dinis Pires | individual | Senior Masculino | 01:04:43 | +33:01 | 06:28 |
| 470 | 1645 | Paulo Lopes | individual | Veterano M40 | 01:04:45 | +33:03 | 06:29 |
| 471 | 1321 | Isa Catarina M. Ribeiro | ade trail running | Senior Feminino | 01:04:46 | +33:04 | 06:29 |
| 472 | 1509 | João Marcelo | escola secundária de barcelinhos | Sub 23 Masculino | 01:04:52 | +33:10 | 06:29 |
| 473 | 1327 | Carla Novais | mics | Veterana F40 | 01:05:29 | +33:46 | 06:33 |
| 474 | 1023 | Marcelo Silva | individual | Veterano M40 | 01:05:42 | +34:00 | 06:34 |
| 475 | 1433 | Vera Ribeiro | individual | Senior Feminino | 01:05:42 | +34:00 | 06:34 |
| 476 | 1514 | Diogo Fernandes | escola secundária de barcelinhos | Sub 23 Masculino | 01:05:44 | +34:02 | 06:34 |
| 477 | 1138 | José Azevedo | individual | Veterano M60 | 01:05:48 | +34:06 | 06:35 |
| 478 | 1058 | Elisabete Gonçalves | a turma da carina | Senior Feminino | 01:05:52 | +34:10 | 06:35 |
| 479 | 1665 | Catarina Viana | lift | Senior Feminino | 01:06:02 | +34:19 | 06:36 |
| 480 | 1342 | António Jácomo | individual | Veterano M50 | 01:06:02 | +34:20 | 06:36 |
| 481 | 1624 | IVA FERREIRA | individual | Veterana F40 | 01:06:02 | +34:20 | 06:36 |
| 482 | 1616 | Ana Dias | individual | Veterana F40 | 01:06:05 | +34:22 | 06:37 |
| 483 | 1385 | Thiago Araujo | super hero i9 | Veterano M40 | 01:06:06 | +34:24 | 06:37 |
| 484 | 1173 | Jorge palmeira | individual | Senior Masculino | 01:06:36 | +34:54 | 06:40 |
| 485 | 1107 | Manuel Carvalho | individual | Veterano M60 | 01:06:55 | +35:13 | 06:42 |
| 486 | 1053 | Isac furtado | individual | Veterano M40 | 01:06:59 | +35:17 | 06:42 |
| 487 | 1197 | Guilherme Pereira | sempre em movimento | Sub 23 Masculino | 01:07:05 | +35:22 | 06:43 |
| 488 | 1693 | Paulo Ribeiro | individual | Veterano M50 | 01:07:20 | +35:38 | 06:44 |
| 489 | 1443 | Margarida Miranda | rumo aventura | Veterana F50 | 01:07:39 | +35:57 | 06:46 |
| 490 | 1370 | Patricia Miranda | rumo aventura | Senior Feminino | 01:07:39 | +35:57 | 06:46 |
| 491 | 1498 | Breyner Chaparro | escola secundária de barcelinhos | Sub 23 Masculino | 01:07:41 | +35:59 | 06:46 |
| 492 | 1420 | Ana Gonçalves | individual | Veterana F40 | 01:08:14 | +36:32 | 06:49 |

## PROVA PRINCIPAL - STAGE 1 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 493 | 1595 | Rúben Machado | individual | Sub 23 Masculino | 01:08:15 | +36:33 | 06:50 |
| 494 | 1543 | Olga Azevedo | lift | Senior Feminino | 01:09:18 | +37:36 | 06:56 |
| 495 | 1258 | Andreia ramos | run you'fools | Veterana F40 | 01:09:54 | +38:12 | 06:59 |
| 496 | 1466 | Tiago Marques | individual | Senior Masculino | 01:11:06 | +39:24 | 07:07 |
| 497 | 1467 | Paulo Xavier | lisboa 2 | Veterano M60 | 01:11:20 | +39:38 | 07:08 |
| 498 | 1457 | Cristina GAROUPA | lisboa 2 | Veterana F50 | 01:11:20 | +39:38 | 07:08 |
| 499 | 1176 | Fátima Peixoto | veranja | Veterana F40 | 01:11:26 | +39:44 | 07:09 |
| 500 | 1117 | Bruno Rocha | individual | Veterano M40 | 01:11:31 | +39:49 | 07:09 |
| 501 | 1303 | Carla Couto | familia couto | Veterana F40 | 01:11:37 | +39:55 | 07:10 |
| 502 | 1451 | PEDRO SILVA | super hero i9 | Veterano M40 | 01:12:21 | +40:39 | 07:14 |
| 503 | 1084 | Luis Silva | individual | Senior Masculino | 01:12:33 | +40:51 | 07:15 |
| 504 | 1381 | Sara Rodrigues | individual | Senior Feminino | 01:13:52 | +42:10 | 07:23 |
| 505 | 1570 | Jose Fontes | individual | Senior Masculino | 01:13:52 | +42:10 | 07:23 |
| 506 | 1513 | Daniel Figueiredo | escola secundária de barcelinhos | Sub 23 Masculino | 01:14:31 | +42:49 | 07:27 |
| 507 | 1195 | Luis Gomes | individual | Veterano M40 | 01:14:47 | +43:05 | 07:29 |
| 508 | 1639 | Maria Praça | individual | Veterana F50 | 01:14:47 | +43:05 | 07:29 |
| 509 | 1014 | Antonio Fraguas | individual | Veterano M40 | 01:15:14 | +43:32 | 07:31 |
| 510 | 1553 | Inês Vidal | individual | Senior Feminino | 01:15:38 | +43:56 | 07:34 |
| 511 | 1272 | Luís Madureira | individual | Veterano M40 | 01:20:45 | +49:03 | 08:05 |
| 512 | 1640 | Filipa Belo | individual | Veterana F40 | 01:20:46 | +49:04 | 08:05 |
| 513 | 1633 | Soraia Lemos | iat - imobiliária | Sub 23 Feminino | 01:21:42 | +50:00 | 08:10 |
| 514 | 1338 | Fernando Moinho Pereira Catarino | individual | Veterano M40 | 01:22:24 | +50:42 | 08:14 |
| 515 | 1500 | Ivo Pires | escola secundária de barcelinhos | Sub 23 Masculino | 01:24:56 | +53:14 | 08:30 |
| 516 | 1501 | Mateus Oliveira | escola secundária de barcelinhos | Sub 23 Masculino | 01:24:57 | +53:14 | 08:30 |
| 517 | 1499 | Diogo Peixoto | escola secundária de barcelinhos | Sub 23 Masculino | 01:24:57 | +53:15 | 08:30 |
| 518 | 1510 | Mauro Cruz | escola secundária de barcelinhos | Sub 23 Masculino | 01:24:58 | +53:16 | 08:30 |

# Corrida de Ano Novo
## Esposende, PT
## 13-janeiro-2024

## Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | Time | Temperature | Humidity |
|---|---|---|---|
| Start | 18:00 | 12,2ºC | 93% |
| End | 19:24 | 13,1ºC | 92% |

## Senior Feminino

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|---|---|---|---|---|---|---|---|
| 1 | 1675 | Joana Gomes | OLÍMPICO VIANENSE | Senior Feminino | 36:42 | +05:00 | 03:40 |
| 2 | 1346 | Bia Passos | Team El Comandante | Senior Feminino | 42:14 | +10:32 | 04:13 |
| 3 | 1185 | Rita Fernandes | .COM-Clube Orientação do Minho | Senior Feminino | 43:44 | +12:02 | 04:22 |
| 4 | 1252 | Mariana Silva | Alexandra Carvalho Team | Senior Feminino | 45:30 | +13:48 | 04:33 |
| 5 | 1562 | Adriana Moura | Body Performance | Senior Feminino | 47:35 | +15:53 | 04:46 |
| 6 | 1335 | Elisabete Ferreira | Team El Comandante | Senior Feminino | 47:45 | +16:03 | 04:47 |
| 7 | 1122 | Rosa Carmo | Lobos do Brunheiro de Chaves / Anteros | Senior Feminino | 48:16 | +16:34 | 04:50 |
| 8 | 1273 | Carina Silva | PCRUNNERS | Senior Feminino | 48:35 | +16:52 | 04:52 |
| 9 | 1472 | Inês Viana | Juvmar | Senior Feminino | 49:18 | +17:36 | 04:56 |
| 10 | 1156 | Beu Ribeiro | Individual | Senior Feminino | 51:07 | +19:25 | 05:07 |
| 11 | 1002 | Elisabete Maria Soutulho Alves | Embarca Running | Senior Feminino | 52:10 | +20:28 | 05:13 |
| 12 | 1003 | Maria João Saleiro | Run&Win[e] | Senior Feminino | 52:24 | +20:42 | 05:14 |
| 13 | 1306 | Isabel Novais | Perelhal a correr | Senior Feminino | 52:25 | +20:43 | 05:15 |
| 14 | 1013 | Bruna Marques | ADCRSME | Senior Feminino | 53:33 | +21:51 | 05:21 |
| 15 | 1351 | Karine Freitas | 4435 | Senior Feminino | 53:34 | +21:52 | 05:21 |
| 16 | 1382 | Teresa Santos | Individual | Senior Feminino | 54:03 | +22:21 | 05:24 |
| 17 | 1587 | Andreia Carvalho | Quebraritmo | Senior Feminino | 54:22 | +22:40 | 05:26 |
| 18 | 1309 | Sofia Miranda | Individual | Senior Feminino | 54:38 | +22:56 | 05:28 |
| 19 | 1340 | Ines Ferreira | Individual | Senior Feminino | 54:57 | +23:14 | 05:30 |
| 20 | 1456 | Salete Lourenço | Individual | Senior Feminino | 55:04 | +23:22 | 05:30 |
| 21 | 1281 | Noémia Monteiro | Sorelas | Senior Feminino | 55:28 | +23:46 | 05:33 |
| 22 | 1320 | Ana Pereira | Individual | Senior Feminino | 55:35 | +23:53 | 05:34 |
| 23 | 1313 | JOANA MONTEIRO | Sorelas | Senior Feminino | 56:13 | +24:31 | 05:37 |
| 24 | 1123 | Fátima Novais | Perelhal a correr | Senior Feminino | 56:20 | +24:38 | 05:38 |
| 25 | 1081 | Cristiana Vilas Boas | Individual | Senior Feminino | 56:50 | +25:08 | 05:41 |
| 26 | 1613 | Erica Sá | Individual | Senior Feminino | 57:09 | +25:27 | 05:43 |
| 27 | 1336 | Catia Gomes | Individual | Senior Feminino | 57:22 | +25:40 | 05:44 |
| 28 | 1182 | Carina Pinho | Individual | Senior Feminino | 57:28 | +25:46 | 05:45 |
| 29 | 1446 | Catarina Lopes | Individual | Senior Feminino | 57:35 | +25:52 | 05:46 |
| 30 | 1449 | Catarina Milheiro | BIKESERVICE | Senior Feminino | 57:36 | +25:54 | 05:46 |
| 31 | 1366 | Rita Sousa | Individual | Senior Feminino | 58:28 | +26:46 | 05:51 |
| 32 | 1389 | Helena Santos | opraticante.pt | Senior Feminino | 58:41 | +26:59 | 05:52 |
| 33 | 1011 | Carina Melo | A Turma Da Carina | Senior Feminino | 59:39 | +27:57 | 05:58 |
| 34 | 1245 | Marta Pereira | Individual | Senior Feminino | 01:00:28 | +28:46 | 06:03 |
| 35 | 1354 | Manuela Freitas | 4435 | Senior Feminino | 01:01:00 | +29:18 | 06:06 |
| 36 | 1283 | Patrícia Senra | Individual | Senior Feminino | 01:01:18 | +29:36 | 06:08 |
| 37 | 1589 | Sandra Zeferino | BIKESERVICE | Senior Feminino | 01:01:34 | +29:52 | 06:09 |
| 38 | 1558 | Ana Borges | Individual | Senior Feminino | 01:01:34 | +29:52 | 06:09 |
| 39 | 1161 | Maéva Gomes | Individual | Senior Feminino | 01:01:36 | +29:54 | 06:10 |

## Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 40 | 1064 | Vanessa Oliveira | Individual | Senior Feminino | 01:01:49 | +30:07 | 06:11 |
| 41 | 1287 | Veronica Pereira | Individual | Senior Feminino | 01:01:53 | +30:11 | 06:11 |
| 42 | 1311 | Sara Silva | Individual | Senior Feminino | 01:01:57 | +30:15 | 06:12 |
| 43 | 1042 | Juliana Pereira | A Turma Da Carina | Senior Feminino | 01:02:05 | +30:23 | 06:13 |
| 44 | 1626 | Sara Venda | Individual | Senior Feminino | 01:03:13 | +31:31 | 06:19 |
| 45 | 1579 | Inês Morgado | Individual | Senior Feminino | 01:03:14 | +31:32 | 06:19 |
| 46 | 1174 | Diana Silva | Zé Dos Telhados | Senior Feminino | 01:03:19 | +31:37 | 06:20 |
| 47 | 1051 | Daniela Furtado | Individual | Senior Feminino | 01:04:14 | +32:32 | 06:25 |
| 48 | 1321 | Isa Catarina M. Ribeiro | ADE Trail Running | Senior Feminino | 01:04:46 | +33:04 | 06:29 |
| 49 | 1433 | Vera Ribeiro | Individual | Senior Feminino | 01:05:42 | +34:00 | 06:34 |
| 50 | 1058 | Elisabete Gonçalves | A Turma Da Carina | Senior Feminino | 01:05:52 | +34:10 | 06:35 |
| 51 | 1665 | Catarina Viana | LIFT | Senior Feminino | 01:06:02 | +34:19 | 06:36 |
| 52 | 1370 | Patricia Miranda | Rumo Aventura | Senior Feminino | 01:07:39 | +35:57 | 06:46 |
| 53 | 1543 | Olga Azevedo | LIFT | Senior Feminino | 01:09:18 | +37:36 | 06:56 |
| 54 | 1381 | Sara Rodrigues | Individual | Senior Feminino | 01:13:52 | +42:10 | 07:23 |
| 55 | 1553 | Inês Vidal | Individual | Senior Feminino | 01:15:38 | +43:56 | 07:34 |

## Senior Masculino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1080 | Miguel Vieira | MOVIMENTO DE JUVENTUDE DE MERELIM | Senior Masculino | 32:37 | +00:55 | 03:16 |
| 2 | 1149 | João Novo | Atletismo Clube da Tocha | Senior Masculino | 33:56 | +02:14 | 03:24 |
| 3 | 1402 | Nuno Viamonte | Marretas do Norte | Senior Masculino | 34:45 | +03:03 | 03:29 |
| 4 | 1277 | Cláudio Araújo | Quebraritmo | Senior Masculino | 34:59 | +03:17 | 03:30 |
| 5 | 1048 | Luis Amorim | Individual | Senior Masculino | 35:02 | +03:20 | 03:30 |
| 6 | 1489 | Luciano Faria | GD Castelense | Senior Masculino | 35:41 | +03:59 | 03:34 |
| 7 | 1492 | João Tomás | GD Castelense | Senior Masculino | 36:00 | +04:18 | 03:36 |
| 8 | 1061 | NUNO TIAGO FERNANDES CARVALHO | Team El Comandante | Senior Masculino | 36:08 | +04:26 | 03:37 |
| 9 | 1416 | Rúben Ferreira | GD Castelense | Senior Masculino | 36:19 | +04:37 | 03:38 |
| 10 | 1519 | Igor Lysyi | Amigos da Montanha | Senior Masculino | 36:23 | +04:40 | 03:38 |
| 11 | 1169 | Renato Almeida | Individual | Senior Masculino | 37:25 | +05:43 | 03:45 |
| 12 | 1372 | Cristiano Pereira | Trilhos de Viana | Senior Masculino | 37:30 | +05:47 | 03:45 |
| 13 | 1431 | Hugo André Pires Araújo | OLÍMPICO VIANENSE | Senior Masculino | 38:00 | +06:17 | 03:48 |
| 14 | 1527 | Tomé Cruz | OLÍMPICO VIANENSE | Senior Masculino | 38:58 | +07:16 | 03:54 |
| 15 | 1121 | Leonel Videira | Lobos do Brunheiro de Chaves / Anteros | Senior Masculino | 39:04 | +07:22 | 03:54 |
| 16 | 1038 | Tiago Silva | Individual | Senior Masculino | 39:18 | +07:36 | 03:56 |
| 17 | 1232 | Eduardo Oliveira | Núcleo Desportivo da Silva | Senior Masculino | 39:29 | +07:46 | 03:57 |
| 18 | 1230 | André Barbosa | LINCE TRIATHLON | Senior Masculino | 39:36 | +07:54 | 03:58 |
| 19 | 1315 | Vitor Hugo Ramos Carreiras | Quebraritmo | Senior Masculino | 39:38 | +07:56 | 03:58 |
| 20 | 1403 | Daniel Cardoso | Individual | Senior Masculino | 40:30 | +08:48 | 04:03 |
| 21 | 1334 | André Correia | Individual | Senior Masculino | 40:36 | +08:54 | 04:04 |
| 22 | 1238 | Filipe Abreu | RIO NEIVA ADA | Senior Masculino | 41:03 | +09:21 | 04:06 |
| 23 | 1383 | Miguel Carreiras | Quebraritmo | Senior Masculino | 41:21 | +09:39 | 04:08 |
| 24 | 1330 | Luis Lobo | Individual | Senior Masculino | 41:35 | +09:53 | 04:10 |
| 25 | 1658 | Carlos Martins | Individual | Senior Masculino | 41:40 | +09:57 | 04:10 |

## Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 26 | 1388 | Francisco Miguel Rodrigues Teixeira | ENERGY RUNNERS | Senior Masculino | 41:42 | +10:00 | 04:10 |
| 27 | 1211 | Nuno Branco | Individual | Senior Masculino | 41:46 | +10:03 | 04:11 |
| 28 | 1079 | Nuno Lopes | Individual | Senior Masculino | 41:54 | +10:12 | 04:11 |
| 29 | 1192 | Lourenço Viana | Individual | Senior Masculino | 42:05 | +10:23 | 04:13 |
| 30 | 1596 | Pedro Cruz | Individual | Senior Masculino | 42:36 | +10:54 | 04:16 |
| 31 | 1278 | Frederico Silva | Individual | Senior Masculino | 42:36 | +10:54 | 04:16 |
| 32 | 1153 | André Geraldo | Individual | Senior Masculino | 43:09 | +11:26 | 04:19 |
| 33 | 1049 | Pedro Gomes | Individual | Senior Masculino | 43:09 | +11:27 | 04:19 |
| 34 | 1440 | Rui Araújo | HI-FIT | Senior Masculino | 43:11 | +11:29 | 04:19 |
| 35 | 1029 | Bruno Castro | Individual | Senior Masculino | 43:14 | +11:31 | 04:19 |
| 36 | 1518 | Guilherme Pereira | Amigos da Montanha | Senior Masculino | 43:37 | +11:55 | 04:22 |
| 37 | 1012 | Hélder Filipe Silva | Individual | Senior Masculino | 43:59 | +12:17 | 04:24 |
| 38 | 1210 | Bruno Pereira | Individual | Senior Masculino | 44:12 | +12:30 | 04:25 |
| 39 | 1661 | André  Fernandes | Perelhal a correr | Senior Masculino | 44:12 | +12:30 | 04:25 |
| 40 | 1481 | André Gomes | Juvmar | Senior Masculino | 44:50 | +13:07 | 04:29 |
| 41 | 1347 | Fabio Laranjeira | Individual | Senior Masculino | 44:53 | +13:10 | 04:29 |
| 42 | 1227 | Ricardo Carqueijó | Individual | Senior Masculino | 45:04 | +13:22 | 04:30 |
| 43 | 1076 | Sergio Peixoto | Individual | Senior Masculino | 45:05 | +13:23 | 04:31 |
| 44 | 1244 | EDUARDO XAVIER | RUNNING BROS | Senior Masculino | 45:06 | +13:24 | 04:31 |
| 45 | 1066 | Sérgio Ferreira Sá | MOVIMENTO DE JUVENTUDE DE MERELIM | Senior Masculino | 45:31 | +13:49 | 04:33 |
| 46 | 1677 | Fábio Torres | | Senior Masculino | 45:52 | +14:10 | 04:35 |
| 47 | 1271 | Rui Dias | Individual | Senior Masculino | 46:04 | +14:22 | 04:36 |
| 48 | 1267 | João Pires | Individual | Senior Masculino | 46:04 | +14:22 | 04:36 |
| 49 | 1682 | Rui Castro | Individual | Senior Masculino | 46:24 | +14:42 | 04:38 |
| 50 | 1551 | João Meireles | Individual | Senior Masculino | 46:29 | +14:47 | 04:39 |
| 51 | 1540 | Luis Silva | Individual | Senior Masculino | 46:37 | +14:55 | 04:40 |
| 52 | 1305 | António Sá | Individual | Senior Masculino | 46:41 | +14:59 | 04:40 |
| 53 | 1345 | Gaspar Arrochela | 4435 | Senior Masculino | 46:41 | +14:59 | 04:40 |
| 54 | 1592 | Gustavo Almeida | Individual | Senior Masculino | 46:56 | +15:14 | 04:42 |
| 55 | 1247 | Miguel Castro | RUNNING BROS | Senior Masculino | 46:57 | +15:15 | 04:42 |
| 56 | 1448 | José Carlos Braga | Individual | Senior Masculino | 46:57 | +15:15 | 04:42 |
| 57 | 1154 | Fabio Vasques | Individual | Senior Masculino | 46:58 | +15:16 | 04:42 |
| 58 | 1256 | André Lages | Individual | Senior Masculino | 47:23 | +15:41 | 04:44 |
| 59 | 1602 | Vitor Dias | Individual | Senior Masculino | 47:40 | +15:58 | 04:46 |
| 60 | 1392 | Paulo Pinto | Individual | Senior Masculino | 48:11 | +16:29 | 04:49 |
| 61 | 1352 | Pedro Antunes | Individual | Senior Masculino | 48:12 | +16:30 | 04:49 |
| 62 | 1265 | Rui Arantes | Individual | Senior Masculino | 48:34 | +16:52 | 04:51 |
| 63 | 1600 | José Carvalho | Individual | Senior Masculino | 48:51 | +17:09 | 04:53 |
| 64 | 1072 | Diogo Nobre | Individual | Senior Masculino | 48:56 | +17:14 | 04:54 |
| 65 | 1524 | Carlos marques | Amigos da Montanha | Senior Masculino | 49:20 | +17:37 | 04:56 |
| 66 | 1453 | Nuno de Sousa | Individual | Senior Masculino | 49:32 | +17:49 | 04:57 |
| 67 | 1477 | João da silva | Juvmar | Senior Masculino | 49:45 | +18:03 | 04:59 |
| 68 | 1394 | Gabriel Batista | Individual | Senior Masculino | 50:04 | +18:21 | 05:00 |
| 69 | 1234 | César Barbosa | Individual | Senior Masculino | 50:28 | +18:46 | 05:03 |
| 70 | 1253 | Pedro Barbosa | Individual | Senior Masculino | 50:29 | +18:47 | 05:03 |
| 71 | 1350 | Luis Santiago | Individual | Senior Masculino | 50:40 | +18:58 | 05:04 |

## Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 72 | 1136 | Luis Lamas | Individual | Senior Masculino | 51:21 | +19:39 | 05:08 |
| 73 | 1115 | Nuno Carvalho | Individual | Senior Masculino | 51:35 | +19:53 | 05:10 |
| 74 | 1560 | Ricardo Fernandes | Primavera Caralhes | Senior Masculino | 51:51 | +20:09 | 05:11 |
| 75 | 1473 | Pedro Silva | Juvmar | Senior Masculino | 52:05 | +20:23 | 05:13 |
| 76 | 1694 | Joaquim Malheiro | Individual | Senior Masculino | 52:08 | +20:26 | 05:13 |
| 77 | 1001 | Vitor Gonçalves | Embarca Running | Senior Masculino | 52:11 | +20:29 | 05:13 |
| 78 | 1464 | Pedro Silva | Individual | Senior Masculino | 52:13 | +20:31 | 05:13 |
| 79 | 1288 | Hugo Vaz | Guapitos | Senior Masculino | 52:34 | +20:52 | 05:15 |
| 80 | 1302 | Bruno Novais | Individual | Senior Masculino | 52:46 | +21:04 | 05:17 |
| 81 | 1609 | Rúben Torres | Individual | Senior Masculino | 53:10 | +21:28 | 05:19 |
| 82 | 1289 | Ricardo Cordeiro | Individual | Senior Masculino | 53:18 | +21:36 | 05:20 |
| 83 | 1544 | Pedro Ferreira | Go fitness | Senior Masculino | 53:23 | +21:41 | 05:20 |
| 84 | 1651 | Paulo Gomes | CDC NAVAIS | Senior Masculino | 53:27 | +21:45 | 05:21 |
| 85 | 1361 | José Fernandes | .COM-Clube Orientação do Minho | Senior Masculino | 53:54 | +22:11 | 05:23 |
| 86 | 1465 | Filipe Ferreira | Go fitness | Senior Masculino | 54:19 | +22:37 | 05:26 |
| 87 | 1591 | Helder Torres | Individual | Senior Masculino | 54:37 | +22:55 | 05:28 |
| 88 | 1573 | Tiago Tiago Santos | Juvmar | Senior Masculino | 54:44 | +23:01 | 05:28 |
| 89 | 1531 | José Oliveira | ADE Trail Running | Senior Masculino | 54:51 | +23:08 | 05:29 |
| 90 | 1421 | Tiago Silva | Tsilva04 | Senior Masculino | 55:19 | +23:37 | 05:32 |
| 91 | 1379 | Eliezer Lima | Individual | Senior Masculino | 55:35 | +23:52 | 05:34 |
| 92 | 1087 | Tony Silva | Moços | Senior Masculino | 55:44 | +24:02 | 05:34 |
| 93 | 1187 | Jose Leite | Individual | Senior Masculino | 56:07 | +24:24 | 05:37 |
| 94 | 1484 | Carlos Viana | Individual | Senior Masculino | 57:10 | +25:28 | 05:43 |
| 95 | 1630 | Miguel Rodrigues | Individual | Senior Masculino | 57:11 | +25:28 | 05:43 |
| 96 | 1097 | Domingos Ribeiro | Individual | Senior Masculino | 57:13 | +25:30 | 05:43 |
| 97 | 1400 | Fabio Cardoso | Individual | Senior Masculino | 57:22 | +25:40 | 05:44 |
| 98 | 1085 | João Martinho Gigante Ramos | Crossfit Viana do Castelo | Senior Masculino | 57:39 | +25:57 | 05:46 |
| 99 | 1435 | Luis Brito | Individual | Senior Masculino | 58:43 | +27:01 | 05:52 |
| 100 | 1414 | Pedro Figueiredo | ADE Trail Running | Senior Masculino | 58:54 | +27:11 | 05:53 |
| 101 | 1455 | Marcelo Marcos | Individual | Senior Masculino | 59:18 | +27:36 | 05:56 |
| 102 | 1648 | Pedro  Cunha | ADCRSME | Senior Masculino | 59:22 | +27:40 | 05:56 |
| 103 | 1137 | Helder Melo | Individual | Senior Masculino | 59:39 | +27:57 | 05:58 |
| 104 | 1235 | Tiago Costa | Individual | Senior Masculino | 59:59 | +28:17 | 06:00 |
| 105 | 1090 | Marco Caldelas | Individual | Senior Masculino | 01:00:19 | +28:37 | 06:02 |
| 106 | 1250 | Diogo Sárria | Individual | Senior Masculino | 01:00:27 | +28:45 | 06:03 |
| 107 | 1681 | Lucas Monte | Individual | Senior Masculino | 01:00:35 | +28:53 | 06:04 |
| 108 | 1204 | Pedro Moreira | Individual | Senior Masculino | 01:00:47 | +29:05 | 06:05 |
| 109 | 1007 | Daniel Brás | ADCRSME | Senior Masculino | 01:01:01 | +29:19 | 06:06 |
| 110 | 1233 | André Ribeiro | Individual | Senior Masculino | 01:01:29 | +29:47 | 06:09 |
| 111 | 1310 | Hugo Batista | Individual | Senior Masculino | 01:01:57 | +30:15 | 06:12 |
| 112 | 1228 | Mário Fernandes | Individual | Senior Masculino | 01:02:06 | +30:24 | 06:13 |
| 113 | 1205 | Tiago Pereira | Sempre em movimento | Senior Masculino | 01:02:50 | +31:08 | 06:17 |
| 114 | 1062 | Rui Veloso | ADCRSME | Senior Masculino | 01:03:00 | +31:18 | 06:18 |
| 115 | 1276 | João Domingues | Individual | Senior Masculino | 01:03:02 | +31:20 | 06:18 |
| 116 | 1171 | Carlos Areia | Zé Dos Telhados | Senior Masculino | 01:03:04 | +31:22 | 06:18 |
| 117 | 1674 | Luís Carvalho | ADCRSME | Senior Masculino | 01:03:35 | +31:53 | 06:22 |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 118 | 1186 | Rui Abreu | team abreu | Senior Masculino | 01:04:13 | +32:31 | 06:25 |
| 119 | 1653 | Dinis Pires | Individual | Senior Masculino | 01:04:43 | +33:01 | 06:28 |
| 120 | 1173 | Jorge palmeira | Individual | Senior Masculino | 01:06:36 | +34:54 | 06:40 |
| 121 | 1466 | Tiago Marques | Individual | Senior Masculino | 01:11:06 | +39:24 | 07:07 |
| 122 | 1084 | Luis Silva | Individual | Senior Masculino | 01:12:33 | +40:51 | 07:15 |
| 123 | 1570 | Jose Fontes | Individual | Senior Masculino | 01:13:52 | +42:10 | 07:23 |

## Sub 23 Feminino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1059 | Inês Madureira Rodrigues Parreira Augusto | só vim pelos tremoços | Sub 23 Feminino | 43:11 | +11:28 | 04:19 |
| 2 | 1286 | Catarina Borges | Dragon club | Sub 23 Feminino | 48:59 | +17:17 | 04:54 |
| 3 | 1452 | Matilde lemos | Individual | Sub 23 Feminino | 56:05 | +24:23 | 05:37 |
| 4 | 1067 | Rebeka silva | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Feminino | 59:22 | +27:40 | 05:56 |
| 5 | 1508 | Eliana Costa | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Feminino | 01:01:33 | +29:51 | 06:09 |
| 6 | 1670 | Maria  Amorim | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Feminino | 01:04:41 | +32:59 | 06:28 |
| 7 | 1633 | Soraia Lemos | IAT - IMOBILIÁRIA | Sub 23 Feminino | 01:21:42 | +50:00 | 08:10 |

## Sub 23 Masculino

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1316 | Rodrigo Lima | Minho e Lima Trail | Sub 23 Masculino | 34:29 | +02:47 | 03:27 |
| 2 | 1680 | David Oliveira | Individual | Sub 23 Masculino | 36:14 | +04:32 | 03:37 |
| 3 | 1690 | Khushan Maugi | Individual | Sub 23 Masculino | 40:30 | +08:48 | 04:03 |
| 4 | 1619 | Goncalo carvalho | Body Performance | Sub 23 Masculino | 42:01 | +10:19 | 04:12 |
| 5 | 1034 | Pedro Gramoso | Individual | Sub 23 Masculino | 45:23 | +13:41 | 04:32 |
| 6 | 1503 | Rafael Ribeiro Calás Carvalho Calás | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 46:38 | +14:55 | 04:40 |
| 7 | 1422 | Dinis Laranjeira | Individual | Sub 23 Masculino | 48:01 | +16:19 | 04:48 |
| 8 | 1442 | Rodrigo Almeida | Individual | Sub 23 Masculino | 48:01 | +16:19 | 04:48 |
| 9 | 1584 | Guilherme Rodrigues | Individual | Sub 23 Masculino | 48:08 | +16:26 | 04:49 |
| 10 | 1506 | Cristiano pires | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 49:04 | +17:22 | 04:54 |
| 11 | 1504 | Ricardo Ramos | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 51:10 | +19:27 | 05:07 |
| 12 | 1041 | Rafael Regado | Individual | Sub 23 Masculino | 53:19 | +21:37 | 05:20 |
| 13 | 1650 | Lucas  Cavalheiro | Individual | Sub 23 Masculino | 56:59 | +25:17 | 05:42 |
| 14 | 1410 | André Monteiro | Spin&Run Esposende | Sub 23 Masculino | 57:54 | +26:12 | 05:47 |
| 15 | 1552 | Diogo Silva | Individual | Sub 23 Masculino | 58:29 | +26:47 | 05:51 |
| 16 | 1188 | Gonçalo Rodrigues | Individual | Sub 23 Masculino | 58:38 | +26:56 | 05:52 |
| 17 | 1082 | Afonso Santos | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 58:45 | +27:02 | 05:53 |
| 18 | 1297 | Dinis Amorim | Individual | Sub 23 Masculino | 01:00:20 | +28:38 | 06:02 |
| 19 | 1497 | Andrews Marcelino | ESB | Sub 23 Masculino | 01:03:29 | +31:47 | 06:21 |
| 20 | 1512 | Daniel Cibrão | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 01:03:44 | +32:02 | 06:22 |

## Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 21 | 1509 | João Marcelo | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 01:04:52 | +33:10 | 06:29 |
| 22 | 1514 | Diogo Fernandes | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 01:05:44 | +34:02 | 06:34 |
| 23 | 1197 | Guilherme Pereira | Sempre em movimento | Sub 23 Masculino | 01:07:05 | +35:22 | 06:43 |
| 24 | 1498 | Breyner Chaparro | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 01:07:41 | +35:59 | 06:46 |
| 25 | 1595 | Rúben Machado | Individual | Sub 23 Masculino | 01:08:15 | +36:33 | 06:50 |
| 26 | 1513 | Daniel Figueiredo | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 01:14:31 | +42:49 | 07:27 |
| 27 | 1500 | Ivo Pires | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 01:24:56 | +53:14 | 08:30 |
| 28 | 1501 | Mateus Oliveira | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 01:24:57 | +53:14 | 08:30 |
| 29 | 1499 | Diogo Peixoto | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 01:24:57 | +53:15 | 08:30 |
| 30 | 1510 | Mauro Cruz | ESCOLA SECUNDÁRIA DE BARCELINHOS | Sub 23 Masculino | 01:24:58 | +53:16 | 08:30 |

## Veterana F40

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1260 | Marlene Puga | Ker Trail and Runing | Veterana F40 | 43:52 | +12:10 | 04:23 |
| 2 | 1491 | Catarina Amorim | GD Castelense | Veterana F40 | 46:42 | +15:00 | 04:40 |
| 3 | 1236 | Marisa Ferreira | Individual | Veterana F40 | 49:23 | +17:40 | 04:56 |
| 4 | 1673 | Maria Jose Costa | Juvmar | Veterana F40 | 51:30 | +19:48 | 05:09 |
| 5 | 1625 | Liliana Mano | Individual | Veterana F40 | 52:25 | +20:43 | 05:15 |
| 6 | 1376 | Cristina Faria | Individual | Veterana F40 | 52:31 | +20:48 | 05:15 |
| 7 | 1132 | Liliana Matos | Perelhal a correr | Veterana F40 | 53:32 | +21:50 | 05:21 |
| 8 | 1168 | Susana Queiroz | ADCRSME | Veterana F40 | 53:37 | +21:55 | 05:22 |
| 9 | 1520 | Marcia Bandeira | Amigos da Montanha | Veterana F40 | 54:26 | +22:44 | 05:27 |
| 10 | 1415 | Ana Pereira | ADE Trail Running | Veterana F40 | 55:11 | +23:28 | 05:31 |
| 11 | 1469 | Antónia Guerra | Corre São João | Veterana F40 | 55:28 | +23:46 | 05:33 |
| 12 | 1343 | Ana Jacinto  Ribeiro | Individual | Veterana F40 | 55:31 | +23:49 | 05:33 |
| 13 | 1314 | Isabel Maria Ribeiro Rodrigues Rodrigues | Individual | Veterana F40 | 56:21 | +24:39 | 05:38 |
| 14 | 1218 | VILMA VIEIRA | Gaia Running | Veterana F40 | 57:23 | +25:41 | 05:44 |
| 15 | 1532 | Eunice Moreira | ADE Trail Running | Veterana F40 | 57:25 | +25:43 | 05:45 |
| 16 | 1468 | Ana Cordeiro | Individual | Veterana F40 | 57:36 | +25:54 | 05:46 |
| 17 | 1125 | Mónica Pedrosa | Individual | Veterana F40 | 58:07 | +26:25 | 05:49 |
| 18 | 1621 | Sandra Ramos | RunGirlsEsposende | Veterana F40 | 58:37 | +26:55 | 05:52 |
| 19 | 1025 | Carla Vilasboas | Amigos da Montanha | Veterana F40 | 58:39 | +26:57 | 05:52 |
| 20 | 1170 | Túlia Pinho | Run You'fools | Veterana F40 | 58:40 | +26:58 | 05:52 |
| 21 | 1112 | Paula Silva | Individual | Veterana F40 | 58:45 | +27:03 | 05:53 |
| 22 | 1135 | Cecilia Sousa | Gaia Running | Veterana F40 | 59:22 | +27:40 | 05:56 |
| 23 | 1378 | Marta Ferreira | Individual | Veterana F40 | 59:29 | +27:46 | 05:57 |
| 24 | 1495 | Mariana Capitão | Individual | Veterana F40 | 59:38 | +27:56 | 05:58 |
| 25 | 1546 | Luisa Alves | Individual | Veterana F40 | 01:00:25 | +28:43 | 06:03 |
| 26 | 1528 | Antónia Soares | Gaia Running | Veterana F40 | 01:00:42 | +29:00 | 06:04 |
| 27 | 1691 | Carla Maciel | Individual | Veterana F40 | 01:01:36 | +29:54 | 06:10 |

## Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 28 | 1437 | Sónia Marques Viana Laranjeira | Individual | Veterana F40 | 01:02:01 | +30:19 | 06:12 |
| 29 | 1391 | Ana Coutinho | Lebres | Veterana F40 | 01:02:19 | +30:37 | 06:14 |
| 30 | 1327 | Carla Novais | MICS | Veterana F40 | 01:05:29 | +33:46 | 06:33 |
| 31 | 1624 | IVA FERREIRA | Individual | Veterana F40 | 01:06:02 | +34:20 | 06:36 |
| 32 | 1616 | Ana Dias | Individual | Veterana F40 | 01:06:05 | +34:22 | 06:37 |
| 33 | 1420 | Ana Gonçalves | Individual | Veterana F40 | 01:08:14 | +36:32 | 06:49 |
| 34 | 1258 | Andreia ramos | Run You'fools | Veterana F40 | 01:09:54 | +38:12 | 06:59 |
| 35 | 1176 | Fátima Peixoto | Veranja | Veterana F40 | 01:11:26 | +39:44 | 07:09 |
| 36 | 1303 | Carla Couto | Familia Couto | Veterana F40 | 01:11:37 | +39:55 | 07:10 |
| 37 | 1640 | Filipa Belo | Individual | Veterana F40 | 01:20:46 | +49:04 | 08:05 |

## Veterana F50

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1671 | claudia gomes | ADCRSME | Veterana F50 | 47:28 | +15:45 | 04:45 |
| 2 | 1405 | Maria Campos | Spin&Run Esposende | Veterana F50 | 48:26 | +16:44 | 04:51 |
| 3 | 1017 | Elsa de Sá | Individual | Veterana F50 | 48:43 | +17:01 | 04:52 |
| 4 | 1242 | Ana Correia | Individual | Veterana F50 | 49:23 | +17:41 | 04:56 |
| 5 | 1060 | Maria Correia | MOVIMENTO DE JUVENTUDE DE MERELIM | Veterana F50 | 50:54 | +19:12 | 05:05 |
| 6 | 1322 | Glória Bràs | ADE Trail Running | Veterana F50 | 52:38 | +20:56 | 05:16 |
| 7 | 1046 | Carla Soares | MOVIMENTO DE JUVENTUDE DE MERELIM | Veterana F50 | 55:24 | +23:42 | 05:32 |
| 8 | 1127 | Teresa Santos | Centro marcha | Veterana F50 | 55:26 | +23:44 | 05:33 |
| 9 | 1331 | Teresa Silva | TURBULENTOS | Veterana F50 | 56:11 | +24:29 | 05:37 |
| 10 | 1124 | Maria do Sameiro Araújo | Individual | Veterana F50 | 56:27 | +24:45 | 05:39 |
| 11 | 1550 | ROSA VAZ | top top runners | Veterana F50 | 56:48 | +25:06 | 05:41 |
| 12 | 1193 | EULALIA SOUSA | top top runners | Veterana F50 | 57:32 | +25:49 | 05:45 |
| 13 | 1189 | ISABEL MARIA VELOSO | top top runners | Veterana F50 | 58:28 | +26:46 | 05:51 |
| 14 | 1155 | Bernadete Faria | Individual | Veterana F50 | 58:47 | +27:05 | 05:53 |
| 15 | 1162 | Raquel machado | Esposende Run Girls | Veterana F50 | 59:01 | +27:19 | 05:54 |
| 16 | 1471 | Ana Ramos | Individual | Veterana F50 | 59:07 | +27:25 | 05:55 |
| 17 | 1419 | Paula Gonçalves | Esposende Run Girls | Veterana F50 | 01:00:45 | +29:02 | 06:05 |
| 18 | 1384 | Elisabete Ramos | Run girls | Veterana F50 | 01:01:14 | +29:32 | 06:07 |
| 19 | 1092 | Lucia de Jesus Fernandes da Corucho | Individual | Veterana F50 | 01:01:22 | +29:40 | 06:08 |
| 20 | 1657 | Maria  Silva | Individual | Veterana F50 | 01:01:34 | +29:52 | 06:09 |
| 21 | 1462 | Aurora Silva | Vila Verde a Correr | Veterana F50 | 01:04:29 | +32:47 | 06:27 |
| 22 | 1443 | Margarida Miranda | Rumo Aventura | Veterana F50 | 01:07:39 | +35:57 | 06:46 |
| 23 | 1457 | Cristina GAROUPA | Lisboa 2 | Veterana F50 | 01:11:20 | +39:38 | 07:08 |
| 24 | 1639 | Maria Praça | Individual | Veterana F50 | 01:14:47 | +43:05 | 07:29 |

## Veterana F60

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1417 | Graça Costa | Amigos da Montanha | Veterana F60 | 47:20 | +15:38 | 04:44 |
| 2 | 1224 | Fernanda Rocha Azevedo | Individual | Veterana F60 | 55:44 | +24:02 | 05:34 |
| 3 | 1406 | Conceição queiroz | Spin&Run Esposende | Veterana F60 | 57:26 | +25:44 | 05:45 |

## Prova Principal

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

# Veterano M40

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1526 | Ricardo Dias | OLÍMPICO VIANENSE | Veterano M40 | 31:42 | | 03:10 |
| 2 | 1676 | Miguel Meira | OLÍMPICO VIANENSE | Veterano M40 | 34:14 | +02:32 | 03:25 |
| 3 | 1470 | Marco Pinto | Team El Comandante | Veterano M40 | 34:23 | +02:41 | 03:26 |
| 4 | 1264 | João Castro | Team El Comandante | Veterano M40 | 34:33 | +02:51 | 03:27 |
| 5 | 1348 | Paulo Macedo | airórun | Veterano M40 | 36:49 | +05:07 | 03:41 |
| 6 | 1571 | Emílio Carvalho | OLÍMPICO VIANENSE | Veterano M40 | 36:52 | +05:10 | 03:41 |
| 7 | 1476 | Francisco Pilar | Juvmar | Veterano M40 | 37:13 | +05:31 | 03:43 |
| 8 | 1450 | João Pimentel | Vila Verde a Correr | Veterano M40 | 37:22 | +05:40 | 03:44 |
| 9 | 1679 | Anibal Oliveira | GD Castelense | Veterano M40 | 37:33 | +05:51 | 03:45 |
| 10 | 1368 | João Ferreira | Brabus Runners | Veterano M40 | 37:44 | +06:02 | 03:46 |
| 11 | 1248 | Renato Cadilha | Marretas do Norte | Veterano M40 | 37:49 | +06:07 | 03:47 |
| 12 | 1463 | Manuel Bessa | EV Peraltafil | Veterano M40 | 37:57 | +06:15 | 03:48 |
| 13 | 1522 | João Rodrigues | Amigos da Montanha | Veterano M40 | 38:35 | +06:53 | 03:52 |
| 14 | 1530 | Pedro Caprichoso | ADE Trail Running | Veterano M40 | 38:36 | +06:54 | 03:52 |
| 15 | 1100 | Emilio Vilarinho | CAVE - Esposende | Veterano M40 | 38:37 | +06:55 | 03:52 |
| 16 | 1604 | David Guimarães | Individual | Veterano M40 | 39:01 | +07:19 | 03:54 |
| 17 | 1490 | Samuel Amorim | GD Castelense | Veterano M40 | 39:45 | +08:03 | 03:59 |
| 18 | 1208 | Paulo Peixoto | M.O.VE | Veterano M40 | 40:41 | +08:59 | 04:04 |
| 19 | 1429 | Américo Machado | Juvmar | Veterano M40 | 40:51 | +09:09 | 04:05 |
| 20 | 1585 | Sebastião Pinto | Quebraritmo | Veterano M40 | 41:22 | +09:39 | 04:08 |
| 21 | 1259 | Miguel Pilar | Individual | Veterano M40 | 41:43 | +10:01 | 04:10 |
| 22 | 1647 | Helder Pereira | ZenitAutomoveis | Veterano M40 | 41:43 | +10:01 | 04:10 |
| 23 | 1328 | Fabio Sousa | Individual | Veterano M40 | 41:45 | +10:03 | 04:11 |
| 24 | 1120 | Hélder Coutinho | Individual | Veterano M40 | 41:50 | +10:08 | 04:11 |
| 25 | 1065 | Rui Ramalho | Individual | Veterano M40 | 41:57 | +10:15 | 04:12 |
| 26 | 1545 | Domingos Lopes | Vila de Prado a Correr | Veterano M40 | 42:11 | +10:29 | 04:13 |
| 27 | 1239 | Pedro Torres | Individual | Veterano M40 | 42:15 | +10:32 | 04:14 |
| 28 | 1594 | André Rafael | Body Performance | Veterano M40 | 42:24 | +10:42 | 04:14 |
| 29 | 1344 | Joao Scott | Associaçao Figueiredos Runners & Friends | Veterano M40 | 42:31 | +10:48 | 04:15 |
| 30 | 1357 | Pedro Sousa | Individual | Veterano M40 | 42:31 | +10:49 | 04:15 |
| 31 | 1047 | João Couto | Trilhos de Viana | Veterano M40 | 42:55 | +11:13 | 04:18 |
| 32 | 1004 | Ricardo Capitão | Individual | Veterano M40 | 43:06 | +11:24 | 04:19 |
| 33 | 1588 | Ricardo Peixoto | Vila Verde a Correr | Veterano M40 | 43:14 | +11:32 | 04:19 |
| 34 | 1601 | Antônio Francisco | Individual | Veterano M40 | 43:19 | +11:36 | 04:20 |
| 35 | 1261 | Sérgio Silva | ÁGUIAS DE ALVELOS | Veterano M40 | 43:19 | +11:37 | 04:20 |
| 36 | 1475 | João Laranjeira | Juvmar | Veterano M40 | 43:32 | +11:50 | 04:21 |
| 37 | 1180 | Paulo Cerqueira | Trilhos de Viana | Veterano M40 | 43:36 | +11:54 | 04:22 |
| 38 | 1593 | Vitor Leite | Individual | Veterano M40 | 43:43 | +12:01 | 04:22 |
| 39 | 1269 | Rui Apresentação | Run Forrest | Veterano M40 | 43:50 | +12:07 | 04:23 |
| 40 | 1021 | Adelio Nuno Gomes Maranhao Maranhao | Individual | Veterano M40 | 44:03 | +12:20 | 04:24 |
| 41 | 1441 | Bruno Teixeira | Individual | Veterano M40 | 44:08 | +12:26 | 04:25 |
| 42 | 1478 | Carlos Carreira | Juvmar | Veterano M40 | 44:15 | +12:33 | 04:26 |
| 43 | 1672 | Ricardo Ramalho | Individual | Veterano M40 | 44:24 | +12:41 | 04:26 |

## Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 44 | 1036 | Miguel Rego | QUALY - Detergentes | Veterano M40 | 44:41 | +12:59 | 04:28 |
| 45 | 1407 | Carlos Manuel Fernandes | Spin&Run Esposende | Veterano M40 | 44:53 | +13:11 | 04:29 |
| 46 | 1413 | Alberto Barroso | Spin&Run Esposende | Veterano M40 | 45:08 | +13:26 | 04:31 |
| 47 | 1196 | Rui Rodrigues | Perelhal a correr | Veterano M40 | 45:11 | +13:29 | 04:31 |
| 48 | 1141 | Ricardo Guimaraes | Perelhal a correr | Veterano M40 | 45:28 | +13:45 | 04:33 |
| 49 | 1620 | Ricardo Sousa | ÁGUIAS DE ALVELOS | Veterano M40 | 45:33 | +13:51 | 04:33 |
| 50 | 1111 | Ricardo Moreira | Individual | Veterano M40 | 45:36 | +13:54 | 04:34 |
| 51 | 1641 | Vitor cunha | Trail Carreira | Veterano M40 | 45:37 | +13:55 | 04:34 |
| 52 | 1390 | Paulo Pereira | ENERGY RUNNERS | Veterano M40 | 45:44 | +14:02 | 04:34 |
| 53 | 1044 | José Silva | Individual | Veterano M40 | 45:49 | +14:07 | 04:35 |
| 54 | 1516 | Miguel Novais | Individual | Veterano M40 | 45:58 | +14:15 | 04:36 |
| 55 | 1542 | Aires Rocha | VianaCycles | Veterano M40 | 45:59 | +14:17 | 04:36 |
| 56 | 1590 | Vítor Rodrigues | Individual | Veterano M40 | 45:59 | +14:17 | 04:36 |
| 57 | 1654 | Carlos da Costa | Individual | Veterano M40 | 46:04 | +14:22 | 04:36 |
| 58 | 1147 | Sergio Fernandes | EARO | Veterano M40 | 46:16 | +14:34 | 04:38 |
| 59 | 1091 | Luis Laranjeira | Individual | Veterano M40 | 46:37 | +14:55 | 04:40 |
| 60 | 1312 | Paulo Fernandes | Individual | Veterano M40 | 46:46 | +15:04 | 04:41 |
| 61 | 1662 | Martinho Fernandes | Individual | Veterano M40 | 46:57 | +15:15 | 04:42 |
| 62 | 1360 | JORGE LARANJEIRA | ADCRSME | Veterano M40 | 47:01 | +15:19 | 04:42 |
| 63 | 1424 | Manuel Pereira | ADE Trail Running | Veterano M40 | 47:06 | +15:24 | 04:43 |
| 64 | 1326 | Marco Botelho | Individual | Veterano M40 | 47:10 | +15:28 | 04:43 |
| 65 | 1068 | Gabriel Venda | Individual | Veterano M40 | 47:11 | +15:28 | 04:43 |
| 66 | 1418 | Carlos Reis | Amigos da Montanha | Veterano M40 | 47:20 | +15:38 | 04:44 |
| 67 | 1069 | António Novais | Individual | Veterano M40 | 47:24 | +15:42 | 04:44 |
| 68 | 1557 | Carlos dias | Ilha do Tostão | Veterano M40 | 47:40 | +15:58 | 04:46 |
| 69 | 1374 | João Lima | Individual | Veterano M40 | 48:13 | +16:30 | 04:49 |
| 70 | 1280 | Leonardo Schiavo dos Santos | Individual | Veterano M40 | 48:23 | +16:41 | 04:50 |
| 71 | 1094 | Francisco Marinha | Individual | Veterano M40 | 48:26 | +16:43 | 04:51 |
| 72 | 1358 | António Maia | Apúlia a Correr | Veterano M40 | 48:30 | +16:48 | 04:51 |
| 73 | 1401 | Mario Brito | Individual | Veterano M40 | 48:34 | +16:52 | 04:51 |
| 74 | 1480 | Pedro Rocha | Juvmar | Veterano M40 | 48:38 | +16:56 | 04:52 |
| 75 | 1539 | Alexandre Viana | LIFT | Veterano M40 | 49:02 | +17:20 | 04:54 |
| 76 | 1295 | Filipe Cunha | ARCO4RUN | Veterano M40 | 49:03 | +17:20 | 04:54 |
| 77 | 1445 | Ivo Costa | Individual | Veterano M40 | 49:09 | +17:27 | 04:55 |
| 78 | 1131 | Pedro Oliveira | Cerveira Team Running | Veterano M40 | 49:10 | +17:27 | 04:55 |
| 79 | 1222 | Mário Torres | Individual | Veterano M40 | 49:18 | +17:35 | 04:56 |
| 80 | 1325 | Gonçalo Meira | Individual | Veterano M40 | 49:18 | +17:36 | 04:56 |
| 81 | 1209 | Fábio Teixeira | Individual | Veterano M40 | 49:41 | +17:59 | 04:58 |
| 82 | 1175 | Luís Pinho | Run You'fools | Veterano M40 | 49:48 | +18:06 | 04:59 |
| 83 | 1332 | Jorge Oliveira | MICS | Veterano M40 | 49:50 | +18:08 | 04:59 |
| 84 | 1356 | Hugo Patrão | ADCRSME | Veterano M40 | 50:10 | +18:28 | 05:01 |
| 85 | 1243 | Filipe Machado | VermudiTraiTeam | Veterano M40 | 50:12 | +18:30 | 05:01 |
| 86 | 1607 | Miguel novo | Primos Power By Sanitop | Veterano M40 | 50:12 | +18:30 | 05:01 |
| 87 | 1632 | Luis Pedro Ribeiro | IAT - IMOBILIÁRIA | Veterano M40 | 50:17 | +18:35 | 05:02 |
| 88 | 1387 | Francisco Esteves | Run Forrest | Veterano M40 | 50:18 | +18:35 | 05:02 |
| 89 | 1040 | Vitor Silva | Individual | Veterano M40 | 50:52 | +19:10 | 05:05 |

## Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 90 | 1644 | Bruno Cunha | Individual | Veterano M40 | 50:54 | +19:12 | 05:05 |
| 91 | 1386 | Pedro Velhuco | Individual | Veterano M40 | 51:10 | +19:28 | 05:07 |
| 92 | 1623 | Pedro Ferreira | PFArchStudio | Veterano M40 | 51:26 | +19:44 | 05:09 |
| 93 | 1549 | Tiago Silva | Individual | Veterano M40 | 51:30 | +19:48 | 05:09 |
| 94 | 1575 | Bruno Lemos | IAT - IMOBILIÁRIA | Veterano M40 | 51:40 | +19:58 | 05:10 |
| 95 | 1020 | Ricardo Marinho | Individual | Veterano M40 | 51:40 | +19:58 | 05:10 |
| 96 | 1669 | Paulo Parente | IAT Imobiliária | Veterano M40 | 51:53 | +20:11 | 05:11 |
| 97 | 1103 | Filipe Monteiro | ADE Trail Running | Veterano M40 | 51:54 | +20:11 | 05:11 |
| 98 | 1198 | Nelson Pontes | Fonte boa | Veterano M40 | 52:09 | +20:27 | 05:13 |
| 99 | 1293 | Ricardo Alves | PCRUNNERS | Veterano M40 | 52:23 | +20:41 | 05:14 |
| 100 | 1369 | Adélio Ramalho | Individual | Veterano M40 | 52:25 | +20:43 | 05:15 |
| 101 | 1010 | Agusto Maranhão | Individual | Veterano M40 | 52:39 | +20:56 | 05:16 |
| 102 | 1622 | FERNANDO JORGE QUEIRÓS SILVA | Individual | Veterano M40 | 52:44 | +21:02 | 05:16 |
| 103 | 1165 | Vitor Hugo | Perelhal a correr | Veterano M40 | 52:52 | +21:10 | 05:17 |
| 104 | 1113 | Vítor Silva | Perelhal a correr | Veterano M40 | 52:52 | +21:10 | 05:17 |
| 105 | 1263 | José do Vale | Perelhal a correr | Veterano M40 | 52:52 | +21:10 | 05:17 |
| 106 | 1323 | Nuno Lomba | ADE Trail Running | Veterano M40 | 52:58 | +21:16 | 05:18 |
| 107 | 1275 | Eduardo Mendes | Ilha do Tostão | Veterano M40 | 53:02 | +21:20 | 05:18 |
| 108 | 1395 | Carlos Eduardo Guerra Mansuído | Individual | Veterano M40 | 53:35 | +21:53 | 05:22 |
| 109 | 1434 | Fernando Mansuído | Individual | Veterano M40 | 53:36 | +21:54 | 05:22 |
| 110 | 1159 | Antonio Augusto Fernandes | Run You'fools | Veterano M40 | 53:39 | +21:57 | 05:22 |
| 111 | 1569 | Ricardo manuel nogueira costa | Individual | Veterano M40 | 53:53 | +22:11 | 05:23 |
| 112 | 1083 | Rui Soares | Individual | Veterano M40 | 54:01 | +22:18 | 05:24 |
| 113 | 1163 | Ricardo Ribeiro | Individual | Veterano M40 | 54:02 | +22:20 | 05:24 |
| 114 | 1488 | Paulo Bastos | GD Castelense | Veterano M40 | 54:42 | +22:59 | 05:28 |
| 115 | 1583 | Justino cruz | Individual | Veterano M40 | 55:01 | +23:18 | 05:30 |
| 116 | 1692 | Rui Miguel Rodrigues | Individual | Veterano M40 | 55:10 | +23:28 | 05:31 |
| 117 | 1612 | Marco Cardoso | Individual | Veterano M40 | 55:27 | +23:44 | 05:33 |
| 118 | 1393 | Jerónimo Silva | Lebres | Veterano M40 | 55:30 | +23:48 | 05:33 |
| 119 | 1649 | Ivo Amorim | Individual | Veterano M40 | 55:35 | +23:53 | 05:34 |
| 120 | 1073 | Ricardo Cardoso | Moços | Veterano M40 | 55:44 | +24:02 | 05:34 |
| 121 | 1628 | António Cadilha | Individual | Veterano M40 | 55:57 | +24:15 | 05:36 |
| 122 | 1461 | Pedro Rocha | Esposende Bike Team | Veterano M40 | 56:00 | +24:18 | 05:36 |
| 123 | 1525 | António José | Amigos da Montanha | Veterano M40 | 56:12 | +24:30 | 05:37 |
| 124 | 1298 | Jorge Fontes | Individual | Veterano M40 | 56:25 | +24:43 | 05:39 |
| 125 | 1105 | Luciano Rocha | Individual | Veterano M40 | 57:18 | +25:36 | 05:44 |
| 126 | 1078 | Alberto Carvalho | Individual | Veterano M40 | 57:19 | +25:37 | 05:44 |
| 127 | 1566 | Paulo Costa | Roadrunners Braga | Veterano M40 | 58:18 | +26:36 | 05:50 |
| 128 | 1191 | André Rodrigues | Individual | Veterano M40 | 58:38 | +26:55 | 05:52 |
| 129 | 1108 | PAULO JORGE MADUREIRA RIBEIRO | Clube novobanco | Veterano M40 | 58:45 | +27:02 | 05:53 |
| 130 | 1430 | Orlando Silva | CAM - VC | Veterano M40 | 58:58 | +27:16 | 05:54 |
| 131 | 1102 | Hugo Rocha | ADCRSME | Veterano M40 | 58:59 | +27:16 | 05:54 |
| 132 | 1219 | ANTÓNIO VIEIRA | Gaia Running | Veterano M40 | 59:22 | +27:40 | 05:56 |
| 133 | 1496 | Marcelino Mota | BRAGA RUNNERS | Veterano M40 | 59:38 | +27:56 | 05:58 |
| 134 | 1292 | Jose Alves | Individual | Veterano M40 | 59:46 | +28:04 | 05:59 |
| 135 | 1178 | Filipe Almendra | Veranja | Veterano M40 | 01:00:12 | +28:30 | 06:01 |

## Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 136 | 1181 | Joel Pereira | Sempre em movimento | Veterano M40 | 01:00:55 | +29:12 | 06:06 |
| 137 | 1028 | Bruno Sequeira | Individual | Veterano M40 | 01:00:55 | +29:13 | 06:06 |
| 138 | 1559 | Pedro Ribeiro | Individual | Veterano M40 | 01:01:34 | +29:52 | 06:09 |
| 139 | 1556 | Mário Vinhais | Individual | Veterano M40 | 01:01:34 | +29:52 | 06:10 |
| 140 | 1568 | Fernando Ribeiro | Individual | Veterano M40 | 01:01:40 | +29:57 | 06:10 |
| 141 | 1074 | Jorge Teles Domingos | Individual | Veterano M40 | 01:03:19 | +31:36 | 06:20 |
| 142 | 1645 | Paulo Lopes | Individual | Veterano M40 | 01:04:45 | +33:03 | 06:29 |
| 143 | 1023 | Marcelo Silva | Individual | Veterano M40 | 01:05:42 | +34:00 | 06:34 |
| 144 | 1385 | Thiago Araujo | Super Hero I9 | Veterano M40 | 01:06:06 | +34:24 | 06:37 |
| 145 | 1053 | Isac furtado | Individual | Veterano M40 | 01:06:59 | +35:17 | 06:42 |
| 146 | 1117 | Bruno Rocha | Individual | Veterano M40 | 01:11:31 | +39:49 | 07:09 |
| 147 | 1451 | PEDRO SILVA | Super Hero I9 | Veterano M40 | 01:12:21 | +40:39 | 07:14 |
| 148 | 1195 | Luis Gomes | Individual | Veterano M40 | 01:14:47 | +43:05 | 07:29 |
| 149 | 1014 | Antonio Fraguas | Individual | Veterano M40 | 01:15:14 | +43:32 | 07:31 |
| 150 | 1272 | Luís Madureira | Individual | Veterano M40 | 01:20:45 | +49:03 | 08:05 |
| 151 | 1338 | Fernando Moinho Pereira Catarino | Individual | Veterano M40 | 01:22:24 | +50:42 | 08:14 |

## Veterano M50

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1226 | Manuel Ribeiro | A.D.Amarante | Veterano M50 | 37:46 | +06:04 | 03:47 |
| 2 | 1088 | Rui Laranjeira | Individual | Veterano M50 | 38:41 | +06:59 | 03:52 |
| 3 | 1574 | José António Silva | ENERGY RUNNERS | Veterano M50 | 40:00 | +08:18 | 04:00 |
| 4 | 1126 | Fernando Silva | CDC NAVAIS | Veterano M50 | 40:06 | +08:23 | 04:01 |
| 5 | 1485 | Carlos Pereira | Centro Social Juventude Mar | Veterano M50 | 41:24 | +09:42 | 04:08 |
| 6 | 1194 | Armindo Freitas | Individual | Veterano M50 | 41:33 | +09:51 | 04:09 |
| 7 | 1318 | Guilherme Martins | Individual | Veterano M50 | 41:47 | +10:05 | 04:11 |
| 8 | 1353 | Fernando Silva | Individual | Veterano M50 | 41:48 | +10:06 | 04:11 |
| 9 | 1399 | Antonio Monteiro | Individual | Veterano M50 | 42:02 | +10:20 | 04:12 |
| 10 | 1586 | António Gomes | Perelhal a correr | Veterano M50 | 42:24 | +10:42 | 04:14 |
| 11 | 1337 | José Manuel Martins da Silva | Amigos da Montanha | Veterano M50 | 42:28 | +10:46 | 04:15 |
| 12 | 1266 | José Pais | EDL Trail | Veterano M50 | 42:38 | +10:56 | 04:16 |
| 13 | 1304 | José Manuel | BRAGA RUNNERS | Veterano M50 | 42:44 | +11:02 | 04:16 |
| 14 | 1098 | Guilherme Brito | IndividualB. T. M. | Veterano M50 | 43:15 | +11:33 | 04:20 |
| 15 | 1199 | José Sá | Individual | Veterano M50 | 43:37 | +11:55 | 04:22 |
| 16 | 1144 | Luís Torres | Legionários Runners Team | Veterano M50 | 44:01 | +12:19 | 04:24 |
| 17 | 1482 | Horácio da Costa | Juvmar | Veterano M50 | 45:15 | +13:33 | 04:32 |
| 18 | 1031 | Domingos Sousa | Individual | Veterano M50 | 45:27 | +13:45 | 04:33 |
| 19 | 1128 | Francisco Alves | Cerveira Team Running | Veterano M50 | 46:26 | +14:44 | 04:39 |
| 20 | 1629 | Daniel Cardoso | airórun | Veterano M50 | 46:34 | +14:52 | 04:39 |
| 21 | 1536 | António Capitão | Centro Social Juventude Mar | Veterano M50 | 47:17 | +15:35 | 04:44 |
| 22 | 1262 | ALFREDO RORIZ | Prado a correr | Veterano M50 | 47:24 | +15:41 | 04:44 |
| 23 | 1333 | Sérgio Santos | Individual | Veterano M50 | 47:30 | +15:48 | 04:45 |
| 24 | 1564 | Manuel Da Cunha | Os Trutas | Veterano M50 | 47:33 | +15:50 | 04:45 |
| 25 | 1412 | João Rosendo | Spin&Run Esposende | Veterano M50 | 47:39 | +15:56 | 04:46 |
| 26 | 1618 | Pedro Coelho | Ótica Ourivesaria Sousa | Veterano M50 | 47:49 | +16:07 | 04:47 |
| 27 | 1299 | Joaquim Barbosa | Individual | Veterano M50 | 47:56 | +16:14 | 04:48 |

## Prova Principal — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 28 | 1548 | José Manuel Lima da Silva | OLÍMPICO VIANENSE | Veterano M50 | 48:04 | +16:22 | 04:48 |
| 29 | 1432 | João Meixedo | Clube dos Atletas Mortos | Veterano M50 | 48:20 | +16:38 | 04:50 |
| 30 | 1397 | Manuel Caramalho | GD Castelense | Veterano M50 | 48:24 | +16:42 | 04:50 |
| 31 | 1666 | Adelino Vilaça | Lobo solitário | Veterano M50 | 48:31 | +16:49 | 04:51 |
| 32 | 1610 | Carlos Sampaio ( Cabeleireiros) | Individual | Veterano M50 | 48:34 | +16:51 | 04:51 |
| 33 | 1547 | Francisco José Martins Ferreira | OLÍMPICO VIANENSE | Veterano M50 | 48:42 | +17:00 | 04:52 |
| 34 | 1214 | Pedro Costa | Gaia Running | Veterano M50 | 48:54 | +17:12 | 04:53 |
| 35 | 1285 | António Borges | Individual | Veterano M50 | 48:59 | +17:17 | 04:54 |
| 36 | 1294 | Iazalde Martins | Individual | Veterano M50 | 49:02 | +17:20 | 04:54 |
| 37 | 1050 | Carlos pereira | Individual | Veterano M50 | 49:03 | +17:21 | 04:54 |
| 38 | 1541 | Eusebio Gaiao Ruas | OLÍMPICO VIANENSE | Veterano M50 | 49:07 | +17:24 | 04:55 |
| 39 | 1110 | Manuel Jorge Carqueijo Lima | Individual | Veterano M50 | 49:21 | +17:39 | 04:56 |
| 40 | 1615 | Manuel Sousa | Ótica Ourivesaria Sousa | Veterano M50 | 49:39 | +17:57 | 04:58 |
| 41 | 1637 | Luís Ferraz | Individual | Veterano M50 | 49:46 | +18:04 | 04:59 |
| 42 | 1220 | Bruno Rodrigues | OJOGO | Veterano M50 | 50:01 | +18:18 | 05:00 |
| 43 | 1158 | Rui Lameira | Run You'fools | Veterano M50 | 50:15 | +18:32 | 05:02 |
| 44 | 1216 | André Fonseca | Gaia Running | Veterano M50 | 50:18 | +18:36 | 05:02 |
| 45 | 1667 | Pedro Caramez | Primos Power By Sanitop | Veterano M50 | 50:20 | +18:38 | 05:02 |
| 46 | 1148 | Armando Varanda | Legionários Runners Team | Veterano M50 | 50:35 | +18:53 | 05:04 |
| 47 | 1093 | ANTONIO CORUCHO | Individual | Veterano M50 | 50:54 | +19:12 | 05:05 |
| 48 | 1474 | Rui couto | Juvmar | Veterano M50 | 51:06 | +19:24 | 05:07 |
| 49 | 1408 | Eduardo Coutada | Spin&Run Esposende | Veterano M50 | 51:26 | +19:44 | 05:09 |
| 50 | 1537 | Alcindo Silva | Individual | Veterano M50 | 51:46 | +20:04 | 05:11 |
| 51 | 1291 | Serafin Da silva | Weperf | Veterano M50 | 51:55 | +20:13 | 05:12 |
| 52 | 1678 | Jose Alves | Individual | Veterano M50 | 52:13 | +20:31 | 05:13 |
| 53 | 1086 | Fernando Pilar | Individual | Veterano M50 | 52:21 | +20:39 | 05:14 |
| 54 | 1555 | José Carlos Oliveira | Vitória | Veterano M50 | 53:58 | +22:16 | 05:24 |
| 55 | 1538 | Jose silva | Individual | Veterano M50 | 54:43 | +23:01 | 05:28 |
| 56 | 1523 | Jose Araujo | Amigos da Montanha | Veterano M50 | 54:55 | +23:13 | 05:30 |
| 57 | 1517 | José Loureiro | Amigos da Montanha | Veterano M50 | 55:55 | +24:13 | 05:36 |
| 58 | 1608 | Jose Abreu | Individual | Veterano M50 | 56:11 | +24:28 | 05:37 |
| 59 | 1398 | Carlos Almeida | Individual | Veterano M50 | 58:37 | +26:55 | 05:52 |
| 60 | 1533 | Franclim Machado | ADE Trail Running | Veterano M50 | 58:44 | +27:01 | 05:52 |
| 61 | 1157 | Carlos Cabral | Run You'fools | Veterano M50 | 01:02:35 | +30:53 | 06:16 |
| 62 | 1342 | António Jácomo | Individual | Veterano M50 | 01:06:02 | +34:20 | 06:36 |
| 63 | 1693 | Paulo Ribeiro | Individual | Veterano M50 | 01:07:20 | +35:38 | 06:44 |

## Veterano M60

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 1695 | Agostinho Falcão | Amigos da Montanha | Veterano M60 | 37:58 | +06:16 | 03:48 |
| 2 | 1439 | Jorge Nunes | Team El Comandante | Veterano M60 | 41:24 | +09:42 | 04:08 |
| 3 | 1367 | Paulo Dias | Individual | Veterano M60 | 41:46 | +10:04 | 04:11 |
| 4 | 1063 | Joaquim Miranda | Trilhos de Viana | Veterano M60 | 41:55 | +10:13 | 04:12 |
| 5 | 1104 | José Manuel Vieira Rodrigues | Legionários Runners Team | Veterano M60 | 42:41 | +10:59 | 04:16 |
| 6 | 1146 | José Silva Mariz | Individual | Veterano M60 | 43:47 | +12:05 | 04:23 |
| 7 | 1016 | António Gomes | Individual | Veterano M60 | 46:45 | +15:03 | 04:41 |

## Prova Principal

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 8 | 1307 | José Gonçalves | BRAGA RUNNERS | Veterano M60 | 47:33 | +15:51 | 04:45 |
| 9 | 1052 | José Reigada | GDCENVC | Veterano M60 | 48:57 | +17:15 | 04:54 |
| 10 | 1652 | António Longras | Impetus Team | Veterano M60 | 50:02 | +18:20 | 05:00 |
| 11 | 1077 | Alberto Sa | Lobos do Monte Run | Veterano M60 | 53:08 | +21:26 | 05:19 |
| 12 | 1567 | José Moura de Sousa | Individual | Veterano M60 | 55:07 | +23:25 | 05:31 |
| 13 | 1119 | Albino Oliveira | GTT - Armazém do Café | Veterano M60 | 55:26 | +23:43 | 05:33 |
| 14 | 1231 | Emilio Hipolito | Apúlia a Correr | Veterano M60 | 56:36 | +24:54 | 05:40 |
| 15 | 1166 | Manuel Francisco Vasco Gaifem Tito Gaifem | Individual | Veterano M60 | 57:29 | +25:47 | 05:45 |
| 16 | 1257 | Luis Miguel Fonseca | Individual | Veterano M60 | 57:34 | +25:52 | 05:45 |
| 17 | 1458 | Daniel Barros | Individual | Veterano M60 | 58:24 | +26:42 | 05:50 |
| 18 | 1190 | JOSE VELOSO | top top runners | Veterano M60 | 58:28 | +26:45 | 05:51 |
| 19 | 1152 | Joaquim Faria | Individual | Veterano M60 | 58:48 | +27:05 | 05:53 |
| 20 | 1614 | ABILIO SOARES SOARES | Individual | Veterano M60 | 59:03 | +27:21 | 05:54 |
| 21 | 1045 | Osvaldo Oliveira | Individual | Veterano M60 | 01:00:33 | +28:50 | 06:03 |
| 22 | 1341 | Joaquim Castro | Individual | Veterano M60 | 01:00:52 | +29:10 | 06:05 |
| 23 | 1138 | José Azevedo | Individual | Veterano M60 | 01:05:48 | +34:06 | 06:35 |
| 24 | 1107 | Manuel Carvalho | Individual | Veterano M60 | 01:06:55 | +35:13 | 06:42 |
| 25 | 1467 | Paulo Xavier | Lisboa 2 | Veterano M60 | 01:11:20 | +39:38 | 07:08 |

# TEAM RESULTS - PROVA PRINCIPAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

| RANK | TEAM | DESCRIPTION | POINTS |
|---|---|---|---|
| 1 | OLÍMPICO VIANENSE | 1 + 4 + 17 | 22 |
| 2 | TEAM EL COMANDANTE | 5 + 7 + 13 | 25 |
| 3 | GD CASTELENSE | 11 + 12 + 15 | 38 |
| 4 | AMIGOS DA MONTANHA | 16 + 29 + 31 | 76 |
| 5 | QUEBRARITMO | 9 + 41 + 51 | 101 |
| 6 | JUVMAR | 20 + 49 + 97 | 166 |
| 7 | TRILHOS DE VIANA | 23 + 68 + 86 | 177 |
| 8 | ENERGY RUNNERS | 43 + 58 + 132 | 233 |
| 9 | PERELHAL A CORRER | 77 + 111 + 122 | 310 |
| 10 | BODY PERFORMANCE | 70 + 76 + 173 | 319 |
| 11 | MOVIMENTO DE JUVENTUDE DE MERELIM | 2 + 128 + 247 | 377 |
| 12 | SPIN&RUN ESPOSENDE | 117 + 121 + 174 | 412 |
| 13 | LEGIONÁRIOS RUNNERS TEAM | 84 + 107 + 243 | 434 |
| 14 | ADE TRAIL RUNNING | 32 + 160 + 264 | 456 |
| 15 | ADCRSME | 159 + 169 + 233 | 561 |
| 16 | VILA VERDE A CORRER | 21 + 93 + 467 | 581 |
| 17 | ESCOLA SECUNDÁRIA DE BARCELINHOS | 148 + 212 + 251 | 611 |
| 18 | BRAGA RUNNERS | 85 + 172 + 410 | 667 |
| 19 | RUN YOU'FOOLS | 228 + 236 + 302 | 766 |
| 20 | GAIA RUNNING | 203 + 239 + 365 | 807 |
| 21 | 4435 | 150 + 298 + 430 | 878 |
| 22 | IAT - IMOBILIÁRIA | 237 + 259 + 513 | 1009 |
| 23 | TOP TOP RUNNERS | 354 + 370 + 380 | 1104 |
| 24 | LIFT | 209 + 479 + 494 | 1182 |
| 25 | A TURMA DA CARINA | 413 + 450 + 478 | 1341 |
| 26 | SEMPRE EM MOVIMENTO | 428 + 454 + 487 | 1369 |