

ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	19,4°C	78%
End	11:36	19,4°C	78%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	67	Nelson Loureiro	Pegasus OCR ProTeam	58:12		05:49	
2	44	Carlos Pinto	Equipa ocr do exercito	58:45	+00:33	05:52	
3	56	leonel Fernandes	Individual	59:54	+01:42	05:59	
4	64	Márcio Melo	NS Trail Team	01:03:55	+05:43	06:23	
5	40	Pawel Rutka	Crows	01:06:29	+08:17	06:39	
6	101	Ivan Silva	Caldas de São Jorge Sport Clube	01:10:15	+12:03	07:01	
7	37	João Sousa	Bravos e Bravitas	01:16:00	+17:48	07:36	
8	33	Adelino Moreira	Black Bull	01:16:27	+18:15	07:39	
9	7	Bruno Carvalho	Academia Combate de Gaia	01:16:31	+18:19	07:39	
10	46	José Pedrosa	GAVIÃO 411	01:17:17	+19:05	07:44	
11	42	Sandro Remígio	Crows	01:18:31	+20:19	07:51	
12	45	Jorge Moreira	GAVIÃO 411	01:18:46	+20:34	07:53	
13	47	Sérgio Costa	GAVIÃO 411	01:19:36	+21:24	07:58	
14	21	Bruno Rocha	Bichos do Mato	01:19:52	+21:40	07:59	
15	75	Tony Bri	Run For Fun Laranjinhas	01:20:18	+22:06	08:02	
16	72	Orlando Soares	Run For Fun Laranjinhas	01:20:18	+22:06	08:02	
17	39	Joel Vieira	Crows	01:20:39	+22:27	08:04	
18	36	Vitor Teixeira	Black Bull	01:20:56	+22:44	08:06	
19	38	Iuri Gil	Crows	01:22:00	+23:48	08:12	
20	35	Telmo Pereira	Black Bull	01:23:15	+25:03	08:20	
21	54	José Pedro Antunes Machado	Individual	01:23:30	+25:18	08:21	
22	91	Domingos Gabriel Neves Oliveira	Sidel eM Forma	01:24:51	+26:39	08:29	
23	74	Pedro Ferreira	Run For Fun Laranjinhas	01:24:57	+26:45	08:30	
24	51	Francisco Pereira	Individual	01:26:36	+28:24	08:40	
25	50	Francisco Correia	Individual	01:26:37	+28:25	08:40	
26	57	Marcelo Dias	Individual	01:26:47	+28:35	08:41	
27	58	Paulo Moreira	Individual	01:27:38	+29:26	08:46	
28	14	Elisabete Rocha	Bichos do Mato	01:28:36	+30:24	08:52	
29	41	Samuel Simões	Crows	01:29:30	+31:18	08:57	
30	32	PATRICIA FERRAZ	Black Bull	01:29:39	+31:27	08:58	
31	43	Manuel Moreira	DUELO D'OCASIÃO	01:31:01	+32:49	09:06	
32	28	Andréia Teixeira	Black Bull	01:31:28	+33:16	09:09	
33	61	gilberto costa	JAVALIS100LIMITES	01:31:56	+33:44	09:12	
34	70	Gonçalo Araujo	Run For Fun Laranjinhas	01:33:30	+35:18	09:21	
35	87	André Filipe Almeida Figueiredo	Sidel eM Forma	01:34:32	+36:20	09:27	
36	48	Luli Cox	Individual	01:34:49	+36:37	09:29	
37	100	Vitor Santos Alves	Sidel eM Forma	01:36:20	+38:08	09:38	
38	99	Vasco Manuel Mendes Dias	Sidel eM Forma	01:36:20	+38:08	09:38	
39	34	Ricardo Pereira	Black Bull	01:36:21	+38:09	09:38	
40	31	Joana Ribeiro	Black Bull	01:37:03	+38:51	09:42	
41	1491	Margarida Oliveira	Oficina das Medalhas	01:38:38	+40:26	09:52	
42	55	Leandro Manuel Clemente Carvalho	Individual	01:39:24	+41:12	09:56	

ELITE - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	63	tony barbosa	JAVALIS100LIMITES	01:39:42	+41:30	09:58	
44	62	ivo goncalves	JAVALIS100LIMITES	01:39:48	+41:36	09:59	
45	94	João Carlos Baptista Cabral	Sidel eM Forma	01:40:03	+41:51	10:00	
46	71	João Guedes	Run For Fun Laranjinhas	01:40:57	+42:45	10:06	
47	22	Fernando Paiva	Bichos do Mato	01:41:56	+43:44	10:12	
48	26	Nelson Ferreira	Bichos do Mato	01:42:15	+44:03	10:13	
49	69	Teresa Paiva	Run for Fun	01:49:20	+51:08	10:56	
50	73	Paiva Santos	Run For Fun Laranjinhas	01:49:20	+51:08	10:56	
51	98	Rui Pedro Sequeira da Costa	Sidel eM Forma	01:50:12	+52:00	11:01	
52	27	Nuno neves	Bichos do Mato	01:50:59	+52:47	11:06	
53	23	João Inácio	Bichos do Mato	01:50:59	+52:47	11:06	
54	25	José Silva	Bichos do Mato	01:54:47	+56:35	11:29	
55	9	Luís Ferreira	Academia Combate de Gaia	01:54:53	+56:41	11:29	
56	8	Bruno Mouta	Academia Combate de Gaia	01:54:53	+56:41	11:29	
57	30	Cristiana Queirós	Black Bull	01:56:18	+58:06	11:38	
58	60	carla lucas	JAVALIS100LIMITES	01:57:00	+58:48	11:42	
59	12	Tiago Teixeira	Academia Combate de Gaia	02:03:49	+01:05:37	12:23	
60	96	Marcos Gabriel Santos Almeida	Sidel eM Forma	02:04:24	+01:06:12	12:26	
61	24	José Leal	Bichos do Mato	02:04:29	+01:06:17	12:27	
62	16	Isabel Santos	Bichos do Mato	02:05:44	+01:07:32	12:34	
63	10	Nuno Ferreira	Academia Combate de Gaia	02:05:45	+01:07:33	12:34	
64	68	Vitor Rodrigues	Pegasus OCR ProTeam	02:06:12	+01:08:00	12:37	
65	15	Inês Leal	Bichos do Mato	02:06:19	+01:08:07	12:38	
66	19	Sara Rodrigues	Bichos do Mato	02:07:16	+01:09:04	12:44	
67	17	Lígia Ribeiro	Bichos do Mato	02:07:16	+01:09:04	12:44	
68	1418	Tiago Ribeiro	Secção Desportiva Bombeiros de Oliveira do Bairro	02:07:45	+01:09:33	12:47	
69	80	Rodrigo Ribeiro	SD Bombeiros de Oliveira do Bairro	02:07:46	+01:09:34	12:47	
70	81	Simão Oliveira	SD Bombeiros de Oliveira do Bairro	02:07:46	+01:09:34	12:47	
71	78	Daniel Vieira	SD Bombeiros de Oliveira do Bairro	02:07:47	+01:09:35	12:47	
72	97	Pedro Nuno Azevedo Henriques	Sidel eM Forma	02:08:02	+01:09:51	12:48	
73	95	João Miguel Esteves Sarmiento	Sidel eM Forma	02:08:03	+01:09:51	12:48	
74	90	Cassio Fernando Barroso dos Santos	Sidel eM Forma	02:09:35	+01:11:23	12:58	
75	79	Taisa Cebotari	SD Bombeiros de Oliveira do Bairro	02:11:26	+01:13:14	13:09	
76	59	Rodrigo Pinho	Individual	02:16:18	+01:18:06	13:38	
77	49	Bruno Silva	Individual	02:16:19	+01:18:07	13:38	
78	76	Bruna Sousa Silva	SD Bombeiros de Oliveira do Bairro	02:17:12	+01:19:00	13:43	
79	20	Vânia Cardoso	Bichos do Mato	02:18:19	+01:20:07	13:50	
80	18	Lurdes Sanguedo	Bichos do Mato	02:19:30	+01:21:18	13:57	
81	6	Francisca Ferreira	Academia Combate de Gaia	02:19:34	+01:21:22	13:57	
82	85	JOANA PATRÍCIA FONSECA DA SILVA	Sidel eM Forma	02:20:09	+01:21:57	14:01	
83	84	Ana Paula Meneses Brandão	Sidel eM Forma	02:20:10	+01:21:58	14:01	
84	83	Ana Cláudia Almeida Sá Vale Pissarra	Sidel eM Forma	02:20:20	+01:22:08	14:02	
85	88	Ángelo Manuel Almeida Pinho	Sidel eM Forma	02:20:21	+01:22:09	14:02	
86	89	Carlos Xavier Azevedo Soares	Sidel eM Forma	02:20:41	+01:22:29	14:04	

ELITE - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	82	Vitor Almeida	SD Bombeiros de Oliveira do Bairro	02:24:52	+01:26:40	14:29	
88	77	Maria José Leira Almeida	SD Bombeiros de Oliveira do Bairro	02:24:52	+01:26:40	14:29	
89	13	Carla Santos	Bichos do Mato	02:35:57	+01:37:45	15:36	

Elite

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	42	Sandro Remígio	Crows	Senior Masculino	01:18:31	+20:18	07:51
12	45	Jorge Moreira	GAVIÃO 411	Senior Masculino	01:18:46	+20:33	07:53
13	47	Sérgio Costa	GAVIÃO 411	Senior Masculino	01:19:36	+21:23	07:58
14	21	Bruno Rocha	Bichos do Mato	Senior Masculino	01:19:52	+21:39	07:59
15	75	Tony Bri	Run For Fun Laranjinha	Senior Masculino	01:20:18	+22:05	08:02
16	72	Orlando Soares	Run For Fun Laranjinha	Senior Masculino	01:20:18	+22:05	08:02
17	39	Joel Vieira	Crows	Senior Masculino	01:20:39	+22:26	08:04
18	36	Vitor Teixeira	Black Bull	Senior Masculino	01:20:56	+22:43	08:06
19	38	Iuri Gil	Crows	Senior Masculino	01:22:00	+23:47	08:12
20	35	Telmo Pereira	Black Bull	Senior Masculino	01:23:15	+25:02	08:20
21	54	José Pedro Antunes Machado	Individual	Senior Masculino	01:23:30	+25:17	08:21
22	91	Domingos Gabriel Neves Oliveira	Sidel eM Forma	Senior Masculino	01:24:51	+26:38	08:29
23	74	Pedro Ferreira	Run For Fun Laranjinha	Senior Masculino	01:24:57	+26:44	08:30
24	51	Francisco Pereira	Individual	Senior Masculino	01:26:36	+28:23	08:40
25	50	Francisco Correia	Individual	Senior Masculino	01:26:37	+28:24	08:40
26	57	Marcelo Dias	Individual	Senior Masculino	01:26:47	+28:34	08:41
27	58	Paulo Moreira	Individual	Senior Masculino	01:27:38	+29:25	08:46
28	41	Samuel Simões	Crows	Senior Masculino	01:29:30	+31:17	08:57
29	43	Manuel Moreira	DUELO D'OCASIÃO	Senior Masculino	01:31:01	+32:48	09:06
30	61	gilberto costa	JAVALIS100LIMITES	Senior Masculino	01:31:56	+33:43	09:12
31	70	Gonçalo Araujo	Run For Fun Laranjinha	Senior Masculino	01:33:30	+35:17	09:21
32	87	André Filipe Almeida Figueiredo	Sidel eM Forma	Senior Masculino	01:34:32	+36:19	09:27
33	100	Vitor Santos Alves	Sidel eM Forma	Senior Masculino	01:36:20	+38:07	09:38
34	99	Vasco Manuel Mendes Dias	Sidel eM Forma	Senior Masculino	01:36:20	+38:07	09:38
35	34	Ricardo Pereira	Black Bull	Senior Masculino	01:36:21	+38:08	09:38
36	55	Leandro Manuel Clemente Carvalho	Individual	Senior Masculino	01:39:24	+41:11	09:56
37	63	tony barbosa	JAVALIS100LIMITES	Senior Masculino	01:39:42	+41:29	09:58
38	62	ivo goncalves	JAVALIS100LIMITES	Senior Masculino	01:39:48	+41:35	09:59
39	94	João Carlos Baptista Cabral	Sidel eM Forma	Senior Masculino	01:40:03	+41:50	10:00
40	71	João Guedes	Run For Fun Laranjinha	Senior Masculino	01:40:57	+42:44	10:06
41	22	Fernando Paiva	Bichos do Mato	Senior Masculino	01:41:56	+43:43	10:12
42	26	Nelson Ferreira	Bichos do Mato	Senior Masculino	01:42:15	+44:02	10:13
43	73	Paiva Santos	Run For Fun Laranjinha	Senior Masculino	01:49:20	+51:07	10:56
44	98	Rui Pedro Sequeira da Costa	Sidel eM Forma	Senior Masculino	01:50:12	+51:59	11:01
45	27	Nuno neves	Bichos do Mato	Senior Masculino	01:50:59	+52:46	11:06
46	23	João Inácio	Bichos do Mato	Senior Masculino	01:50:59	+52:46	11:06
47	25	José Silva	Bichos do Mato	Senior Masculino	01:54:47	+56:34	11:29
48	9	Luís Ferreira	Academia Combate de Gaia	Senior Masculino	01:54:53	+56:40	11:29
49	8	Bruno Mouta	Academia Combate de Gaia	Senior Masculino	01:54:53	+56:40	11:29
50	12	Tiago Teixeira	Academia Combate de Gaia	Senior Masculino	02:03:49	+01:05:36	12:23
51	96	Marcos Gabriel Santos Almeida	Sidel eM Forma	Senior Masculino	02:04:24	+01:06:11	12:26
52	24	José Leal	Bichos do Mato	Senior Masculino	02:04:29	+01:06:16	12:27
53	10	Nuno Ferreira	Academia Combate de Gaia	Senior Masculino	02:05:45	+01:07:32	12:34
54	68	Vitor Rodrigues	Pegasus OCR ProTeam	Senior Masculino	02:06:12	+01:07:59	12:37
55	1418	Tiago Ribeiro	Secção Desportiva Bombeiros de Oliveira do Bairro	Senior Masculino	02:07:45	+01:09:32	12:47

Elite

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

56	80	Rodrigo Ribeiro	SD Bombeiros de Oliveira do Bairro	Senior Masculino	02:07:46	+01:09:33	12:47
57	81	Simão Oliveira	SD Bombeiros de Oliveira do Bairro	Senior Masculino	02:07:46	+01:09:33	12:47
58	78	Daniel Vieira	SD Bombeiros de Oliveira do Bairro	Senior Masculino	02:07:47	+01:09:34	12:47
59	97	Pedro Nuno Azevedo Henriques	Sidel eM Forma	Senior Masculino	02:08:02	+01:09:50	12:48
60	95	João Miguel Esteves Sarmento	Sidel eM Forma	Senior Masculino	02:08:03	+01:09:50	12:48
61	90	Cassio Fernando Barroso dos Santos	Sidel eM Forma	Senior Masculino	02:09:35	+01:11:22	12:58
62	59	Rodrigo Pinho	Individual	Senior Masculino	02:16:18	+01:18:05	13:38
63	49	Bruno Silva	Individual	Senior Masculino	02:16:19	+01:18:06	13:38
64	88	Ângelo Manuel Almeida Pinho	Sidel eM Forma	Senior Masculino	02:20:21	+01:22:08	14:02
65	89	Carlos Xavier Azevedo Soares	Sidel eM Forma	Senior Masculino	02:20:41	+01:22:28	14:04
66	82	Vitor Almeida	SD Bombeiros de Oliveira do Bairro	Senior Masculino	02:24:52	+01:26:39	14:29

SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	723	Pedro Santos	Gambuzinos	01:44:55	+47:06	10:29	
44	487	Carlos Cardoso	CAL- Clube de Atletismo de Lamas	01:45:05	+47:16	10:31	
45	935	Paulo Vigário	Individual	01:45:23	+47:34	10:32	
46	377	Luís mesquita	Astros do equilibrio	01:45:30	+47:41	10:33	
47	887	Antonio Miranda	Individual	01:47:00	+49:11	10:42	
48	863	Fernanda Pinto	Individual	01:47:46	+49:57	10:47	
49	933	Paulo Reis	Individual	01:47:46	+49:57	10:47	
50	926	Marcelo Araújo	Individual	01:48:04	+50:15	10:48	
51	415	Dinis Pereira	Black Bull	01:48:21	+50:32	10:50	
52	878	Tertuliane do Carmo Gonçalves	Individual	01:48:32	+50:43	10:51	
53	410	Bianca Gonçalves Pereira	Black Bull	01:48:57	+51:08	10:54	
54	416	Paulo Coelho	Black Bull	01:49:23	+51:34	10:56	
55	715	Tiago Cunha	Fox Team	01:49:39	+51:50	10:58	
56	245	Tiago Costa	A Alcateia Cinzenta	01:50:03	+52:14	11:00	
57	239	Igor Sousa	A Alcateia Cinzenta	01:50:03	+52:14	11:00	
58	706	Daniel Almeida	Fox Team	01:50:07	+52:18	11:01	
59	1421	Paulo Sérgio Silva Gomes	Sentir Escariz running	01:50:18	+52:29	11:02	
60	1250	Filipe Santos	Pachorrentos	01:50:19	+52:30	11:02	
61	1420	Nuno Santos	Sentir Escariz running	01:50:23	+52:34	11:02	
62	1419	Danilo Borges	Sentir Escariz running	01:50:33	+52:44	11:03	
63	708	João Almeida	Fox Team	01:50:34	+52:45	11:03	
64	710	João Oliveira	Fox Team	01:50:34	+52:45	11:03	
65	707	Edgar Silva	Fox Team	01:50:34	+52:45	11:03	
66	712	Pedro Filipe Sousa Mendes	Fox Team	01:50:34	+52:45	11:03	
67	705	António Silva	Fox Team	01:50:34	+52:45	11:03	
68	713	Rúben Almeida	Fox Team	01:50:34	+52:45	11:03	
69	704	Beatriz Garrido	Fox Team	01:50:35	+52:46	11:03	
70	714	Sérgio Almeida	Fox Team	01:50:35	+52:46	11:03	
71	709	João Carlos Carvalho	Fox Team	01:50:36	+52:47	11:04	
72	240	Joaquim Gomes	A Alcateia Cinzenta	01:51:00	+53:11	11:06	
73	234	Fábio Silva	A Alcateia Cinzenta	01:51:10	+53:21	11:07	
74	778	BRUNA FERREIRA	Guisande Trail Running	01:51:19	+53:30	11:08	
75	1489	Nelson Pinho Correia	Individual	01:51:20	+53:31	11:08	
76	791	PEDRO LOPES	Guisande Trail Running	01:51:21	+53:32	11:08	
77	1358	Nuno Miguel Grilo Magro Miranda	Pupilos.e companhia	01:51:56	+54:07	11:12	
78	1369	Carmo Paiva	Run For Fun Laranjinhas	01:52:03	+54:14	11:12	
79	1372	Vanessa Ferreira	Run For Fun Laranjinhas	01:52:04	+54:15	11:12	
80	726	Telmo Paiva	Gambuzinos	01:52:15	+54:26	11:13	
81	1089	Helder MArtins	Madugym	01:52:57	+55:08	11:18	
82	1088	Julia Oliveira	Madugym	01:52:57	+55:08	11:18	
83	393	Diogo Antonio Santos Oliveira	Atletas do Sofá	01:53:22	+55:33	11:20	
84	830	Henrique Pereira	Improve Fitness Studio	01:53:26	+55:37	11:21	
85	397	Samuel Lobo Bacelar	Atletas do Sofá	01:53:37	+55:48	11:22	
86	607	Marco Martins	Famalicão em forma	01:53:43	+55:54	11:22	
87	606	João Martins	Famalicão em forma	01:53:43	+55:54	11:22	
88	1359	Tiago Miguel Chaves Miranda	Pupilos.e companhia	01:53:59	+56:10	11:24	

SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	913	João lopes	Individual	01:54:05	+56:16	11:24	
90	605	Bruno Amorim	Famalicão em forma	01:54:06	+56:17	11:25	
91	885	Andre Ricardo Monteiro da Silva	Individual	01:54:50	+57:01	11:29	
92	924	Luís Miguel Gomes Ferreira	Individual	01:55:21	+57:32	11:32	
93	817	Joana Almeida	Improve Fitness Studio	01:55:25	+57:36	11:32	
94	213	Carlos Marques	@corredoresderua@	01:55:48	+57:59	11:35	
95	1326	Miguel Soares	PMLE ALUMÍNIOS	01:56:10	+58:21	11:37	
96	1325	Mário Oliveira	PMLE ALUMÍNIOS	01:56:11	+58:22	11:37	
97	1235	Victor Manuel Nunes Pinto	Os resistentes	01:57:11	+59:22	11:43	
98	840	Miguel Lopes	Improve Fitness Studio	01:57:28	+59:39	11:45	
99	1230	Nuno Tavares	Os resistentes	01:57:32	+59:43	11:45	
100	1220	Carlos Antão	Os resistentes	01:57:35	+59:46	11:45	
101	338	Dulce Bastos	Arrifana Running	01:57:43	+59:54	11:46	
102	1223	Diogo Bastos	Os resistentes	01:57:47	+59:58	11:47	
103	942	Rúben Nunes	Individual	01:58:04	+01:00:15	11:48	
104	899	Domingos Mota	Individual	01:59:45	+01:01:56	11:59	
105	947	Samuel Mota	Individual	01:59:48	+01:01:59	11:59	
106	1019	Lucas Almeida	LA FAMILIA	02:00:50	+01:03:01	12:05	
107	1038	Pedro Almeida	LA FAMILIA	02:01:00	+01:03:11	12:06	
108	862	Fernanda Pinheiro	Individual	02:01:13	+01:03:24	12:07	
109	921	José Pinheiro	Individual	02:01:15	+01:03:26	12:07	
110	557	João Martins	Dragões De Fiães	02:01:31	+01:03:42	12:09	
111	897	David Santos Carvalho	Individual	02:01:57	+01:04:08	12:12	
112	936	Pedro Figueiredo	Individual	02:02:08	+01:04:19	12:13	
113	1234	Roberto Manuel Fernandes Leite	Os resistentes	02:02:11	+01:04:22	12:13	
114	1228	Luis Miguel Santos Reis Henriques	Os resistentes	02:02:11	+01:04:22	12:13	
115	741	Rui Silva	GDCIC	02:02:16	+01:04:27	12:14	
116	355	Diogo Lopes	Arrifana Running	02:02:22	+01:04:33	12:14	
117	964	Felipe dos Santos Pessan	IRONMIND	02:03:02	+01:05:13	12:18	
118	963	Carlos Vinicios Prado Nascimento	IRONMIND	02:03:03	+01:05:14	12:18	
119	882	Alexandre Mateus Cardoso	Individual	02:03:07	+01:05:18	12:19	
120	848	Beatriz Gonçalves Silva	Individual	02:03:07	+01:05:18	12:19	
121	854	Claudia Azevedo dos Santos	Individual	02:04:23	+01:06:34	12:26	
122	242	Mauher Inácio	A Alcateia Cinzenta	02:04:36	+01:06:47	12:28	
123	829	Filipe Samuel Pinto	Improve Fitness Studio	02:05:44	+01:07:55	12:34	
124	911	Ivo de Sousa Pinto	Individual	02:06:14	+01:08:25	12:37	
125	946	Rui Sousa	Individual	02:06:16	+01:08:27	12:38	
126	868	Larissa Carvalho Tostes	Individual	02:06:17	+01:08:28	12:38	
127	412	Joana Rocha	Black Bull	02:06:45	+01:08:56	12:41	
128	411	Eduarda Falcão Pereira	Black Bull	02:06:45	+01:08:56	12:41	
129	909	Helder Filipe Carvalho Jesus	Individual	02:06:48	+01:08:59	12:41	
130	847	Ana Patrícia da Silva Moreira Fernandes	Individual	02:06:49	+01:09:00	12:41	
131	414	susana Goncalves	Black Bull	02:07:13	+01:09:24	12:43	
132	413	Raquel Pereira	Black Bull	02:07:14	+01:09:25	12:43	
133	417	Tomás Falcão Pereira	Black Bull	02:08:07	+01:10:18	12:49	

SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	1095	Filipe Almeida	Mamamia	02:08:50	+01:11:01	12:53	
135	1096	Rafael Almeida	Mamamia	02:08:51	+01:11:02	12:53	
136	1094	Andreia Silva	Mamamia	02:08:51	+01:11:02	12:53	
137	1366	Shaini Di Berardino Dittberner	Renan e Shai	02:09:00	+01:11:11	12:54	
138	1367	Renan Carlos Silva	Renan e Shai	02:09:01	+01:11:12	12:54	
139	344	Paula Martins	Arrifana Running	02:09:22	+01:11:33	12:56	
140	1184	Fabio Soares	Os com "B"	02:09:23	+01:11:34	12:56	
141	1185	Mario Dessa	Os com "B"	02:09:25	+01:11:36	12:56	
142	1183	Fabio Silva	Os com "B"	02:09:26	+01:11:37	12:57	
143	914	João Oliveira	Individual	02:10:26	+01:12:37	13:03	
144	341	Maria Martins	Arrifana Running	02:10:35	+01:12:46	13:04	
145	743	Vasco Andrade	GDCIC	02:10:56	+01:13:07	13:06	
146	1441	Cláudio Coval	TeamAço	02:11:15	+01:13:26	13:08	
147	1443	Luís Silva	TeamAço	02:11:16	+01:13:27	13:08	
148	1439	Vanessa Santos	TeamAço	02:11:16	+01:13:27	13:08	
149	1440	Carlos Cruz	TeamAço	02:11:17	+01:13:28	13:08	
150	1442	Francisco Oliveira	TeamAço	02:11:18	+01:13:29	13:08	
151	360	João lima	Arrifana Running	02:11:21	+01:13:32	13:08	
152	359	Gustavo Lima	Arrifana Running	02:11:22	+01:13:33	13:08	
153	575	Bruno Lima	Elite36	02:12:20	+01:14:31	13:14	
154	283	Eduardo Moreira	Academia Combate de Gaia	02:12:29	+01:14:40	13:15	
155	282	Diogo Oliveira	Academia Combate de Gaia	02:12:29	+01:14:40	13:15	
156	284	Leonardo Moreira	Academia Combate de Gaia	02:12:29	+01:14:40	13:15	
157	1449	Maria Neves	tog Associação Running Team	02:12:36	+01:14:47	13:16	
158	502	Afonso Miguel Magalhães Henriques	Casal caseiro	02:13:22	+01:15:33	13:20	
159	501	Luciana Gabrielly Dos Anjos de Jesus	Casal caseiro	02:13:23	+01:15:34	13:20	
160	1239	Ivan Fernandes	Os tios malandros	02:13:28	+01:15:39	13:21	
161	579	Nuno Rodrigues	Elite36	02:13:54	+01:16:05	13:23	
162	580	Tiago Moreira	Elite36	02:13:56	+01:16:07	13:24	
163	1447	Elisabete Ferreira	tog Associação Running Team	02:14:00	+01:16:11	13:24	
164	744	Xavier Duarte	GDCIC	02:14:23	+01:16:34	13:26	
165	736	Marco Ferreira	GDCIC	02:14:23	+01:16:34	13:26	
166	737	Marco Santos	GDCIC	02:14:23	+01:16:34	13:26	
167	727	Lara Pires	GDCIC	02:14:26	+01:16:37	13:27	
168	396	Rodrigo dos Santos Pombinho	Atletas do Sofá	02:14:36	+01:16:47	13:28	
169	1410	Jorge Cardoso	RWH PAC2	02:15:03	+01:17:14	13:30	
170	1408	Diogo Ribeiro	RWH PAC2	02:15:04	+01:17:15	13:30	
171	1411	Pedro Ribeiro	RWH PAC2	02:15:04	+01:17:15	13:30	
172	1412	Rafael Duarte	RWH PAC2	02:15:04	+01:17:15	13:30	
173	1409	Henrique Adão	RWH PAC2	02:15:04	+01:17:15	13:30	
174	837	Marcelo Edgar Santos	Improve Fitness Studio	02:15:12	+01:17:23	13:31	
175	488	Leandro Araújo	CAL- Clube de Atletismo de Lamas	02:15:12	+01:17:23	13:31	
176	485	Flávia Rocha	CAL- Clube de Atletismo de Lamas	02:15:12	+01:17:23	13:31	
177	806	Ana Borges	Improve Fitness Studio	02:15:13	+01:17:24	13:31	
178	577	Hugo Moreira	Elite36	02:15:36	+01:17:47	13:34	

Official Timekeeper: Lap2Go	4 / 24	generate 20-jul-2024 19:04
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SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
179	1233	RICARDO ALEXANDRE DA SILVA GOMES	Os resistentes	02:15:58	+01:18:09	13:36	
180	1229	Mário de Almeida Fonseca	Os resistentes	02:15:58	+01:18:09	13:36	
181	395	Matias Oliveira Fernandes	Atletas do Sofá	02:16:49	+01:19:00	13:41	
182	489	Sandra Almeida	Caminhadas da amizade	02:16:49	+01:19:00	13:41	
183	493	Paulo Barbosa	Caminhadas da amizade	02:16:53	+01:19:04	13:41	
184	492	Joel Vale	Caminhadas da amizade	02:16:53	+01:19:04	13:41	
185	491	Igor Vale	Caminhadas da amizade	02:16:53	+01:19:04	13:41	
186	368	Paulo Fonseca	Arrifana Running	02:16:54	+01:19:05	13:41	
187	490	Hugo Taipa	Caminhadas da amizade	02:16:54	+01:19:06	13:41	
188	824	Sofia Espirito Santo	Improve Fitness Studio	02:17:32	+01:19:43	13:45	
189	841	Miguel Pereira	Improve Fitness Studio	02:17:32	+01:19:43	13:45	
190	567	Margarida Pereira	Elite36	02:18:16	+01:20:27	13:50	
191	570	Andre Coelho	Elite36	02:18:17	+01:20:28	13:50	
192	1437	MANUEL AGOSTINHO RIBEIRO	Team Ribeiro	02:18:20	+01:20:31	13:50	
193	336	Catarina Azevedo	Arrifana Running	02:18:29	+01:20:40	13:51	
194	347	Su duf	Arrifana Running	02:18:29	+01:20:40	13:51	
195	349	António Ferreira	Arrifana Running	02:18:29	+01:20:40	13:51	
196	356	Eduardo Neves	Arrifana Running	02:18:31	+01:20:42	13:51	
197	740	Ruben Duarte	GDCIC	02:18:44	+01:20:55	13:52	
198	732	Antonio Gomes	GDCIC	02:18:45	+01:20:56	13:52	
199	1093	ARMANDO OLIVEIRA	Magic Friends Runners	02:18:50	+01:21:01	13:53	
200	1091	Élia Oliveira	Magic Friends Runners	02:18:50	+01:21:01	13:53	
201	1092	Rosa Alves	Magic Friends Runners	02:18:51	+01:21:02	13:53	
202	1425	marco ferreira	serapotos	02:18:52	+01:21:03	13:53	
203	1422	susana cardoso	serapotos	02:18:53	+01:21:04	13:53	
204	834	João Marques	Improve Fitness Studio	02:18:53	+01:21:04	13:53	
205	1423	leoleon cardoso	serapotos	02:18:53	+01:21:04	13:53	
206	1424	márcio ferreira	serapotos	02:18:53	+01:21:04	13:53	
207	463	Bruno Gomes	Bravos do Batista	02:19:18	+01:21:29	13:56	
208	1127	Mara Célia	MC	02:20:24	+01:22:35	14:02	
209	1138	PEDRO ROCHA	MC	02:20:25	+01:22:36	14:02	
210	849	Carolina Tavares	Individual	02:20:46	+01:22:57	14:05	
211	362	José Beleza	Arrifana Running	02:21:27	+01:23:38	14:09	
212	1047	Paula Coelho	Lourosa em Movimento	02:21:46	+01:23:57	14:11	
213	1048	Vera Oliveira	Lourosa em Movimento	02:21:46	+01:23:57	14:11	
214	1049	Vera Rodrigues	Lourosa em Movimento	02:21:47	+01:23:58	14:11	
215	1061	Tiago Tavares	Lourosa em Movimento	02:21:47	+01:23:58	14:11	
216	922	José Xavier	Individual	02:21:50	+01:24:01	14:11	
217	807	Ana Patricia Fonseca	Improve Fitness Studio	02:21:50	+01:24:01	14:11	
218	813	Daniela Pinto	Improve Fitness Studio	02:21:51	+01:24:02	14:11	
219	826	Thaina Barquete	Improve Fitness Studio	02:21:51	+01:24:02	14:11	
220	1030	Daniel Moreira	LA FAMILIA	02:21:54	+01:24:05	14:11	
221	1225	JOAQUIM DANIEL DA COSTA CALAFATE	Os resistentes	02:22:08	+01:24:19	14:13	
222	934	Paulo Rio	Individual	02:22:21	+01:24:32	14:14	
223	809	Andreia Bastos	Improve Fitness Studio	02:22:26	+01:24:37	14:15	

SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
224	832	Joao Encarnação	Improve Fitness Studio	02:22:30	+01:24:41	14:15	
225	811	Cindy Pereira	Improve Fitness Studio	02:23:30	+01:25:41	14:21	
226	810	Catarina Godinho	Improve Fitness Studio	02:23:30	+01:25:41	14:21	
227	808	Ana Rocha	Improve Fitness Studio	02:23:31	+01:25:42	14:21	
228	218	Ana Santos	A Alcateia Cinzenta	02:23:57	+01:26:08	14:24	
229	230	André Pinto	A Alcateia Cinzenta	02:23:58	+01:26:09	14:24	
230	235	Gonçalo Marinho	A Alcateia Cinzenta	02:24:11	+01:26:22	14:25	
231	238	Hugo Marinho	A Alcateia Cinzenta	02:24:12	+01:26:23	14:25	
232	843	Tiago Correia	Improve Fitness Studio	02:24:15	+01:26:26	14:25	
233	815	Filipa Ferreira	Improve Fitness Studio	02:24:15	+01:26:26	14:25	
234	1011	Aida Valente	LA FAMILIA	02:25:08	+01:27:19	14:31	
235	1023	Vanessa Santos	LA FAMILIA	02:25:08	+01:27:19	14:31	
236	1022	Palmira Vieira	LA FAMILIA	02:25:09	+01:27:20	14:31	
237	1026	António Fernandes	LA FAMILIA	02:25:14	+01:27:25	14:31	
238	1032	Domingos Costa	LA FAMILIA	02:25:15	+01:27:26	14:31	
239	1017	Isabel Costa	LA FAMILIA	02:25:19	+01:27:30	14:32	
240	1445	NATALIA DANIELA SOUSA SILVA	TIME OUT AVENTURA	02:26:42	+01:28:53	14:40	
241	1446	Filipe Alves	TIME OUT AVENTURA	02:26:43	+01:28:54	14:40	
242	850	Catarina Pereira	Individual	02:26:44	+01:28:55	14:40	
243	864	Filomena Carminda Moreira Silva	Individual	02:26:44	+01:28:55	14:40	
244	465	Fábio Gonçalves	Bravos do Batista	02:27:33	+01:29:44	14:45	
245	460	Alexandre Pinto	Bravos do Batista	02:27:33	+01:29:44	14:45	
246	348	Susana Gomes	Arrifana Running	02:27:41	+01:29:52	14:46	
247	365	José Silva	Arrifana Running	02:27:41	+01:29:52	14:46	
248	468	Marco Oliveira	Bravos do Batista	02:27:42	+01:29:53	14:46	
249	473	Tiago Batista	Bravos do Batista	02:27:46	+01:29:57	14:47	
250	470	Rafael Almeida	Bravos do Batista	02:27:50	+01:30:01	14:47	
251	462	André Silva	Bravos do Batista	02:27:51	+01:30:02	14:47	
252	471	Renato Azevedo	Bravos do Batista	02:27:56	+01:30:07	14:48	
253	818	Mariana Leal	Improve Fitness Studio	02:27:56	+01:30:07	14:48	
254	828	Diogo Silva	Improve Fitness Studio	02:27:57	+01:30:08	14:48	
255	205	Sandra Cunha	#bimpelobinhoepelacausa	02:28:01	+01:30:12	14:48	
256	203	Florbela Nunes	#bimpelobinhoepelacausa	02:28:01	+01:30:12	14:48	
257	204	Marta Ribeiro	#bimpelobinhoepelacausa	02:28:01	+01:30:12	14:48	
258	208	Fábio Casaca	#bimpelobinhoepelacausa	02:28:01	+01:30:12	14:48	
259	207	Daniel Silva	#bimpelobinhoepelacausa	02:28:01	+01:30:12	14:48	
260	212	Vitor Santos	#bimpelobinhoepelacausa	02:28:01	+01:30:12	14:48	
261	211	Rui Viana	#bimpelobinhoepelacausa	02:28:01	+01:30:12	14:48	
262	209	João Ribeiro	#bimpelobinhoepelacausa	02:28:02	+01:30:13	14:48	
263	931	Nuno Filipe Almeida Soares	Individual	02:28:07	+01:30:18	14:49	
264	448	Nelson Santos	Bravini	02:28:20	+01:30:31	14:50	
265	447	Micael Conceição	Bravini	02:28:20	+01:30:31	14:50	
266	819	Mariana Moreira	Improve Fitness Studio	02:28:27	+01:30:38	14:51	
267	781	LILIANA PINHO	Guisande Trail Running	02:28:34	+01:30:45	14:51	
268	779	LEONOR SILVA	Guisande Trail Running	02:28:34	+01:30:45	14:51	
269	777	Beatriz Gomes	Guisande Trail Running	02:28:34	+01:30:45	14:51	

SEMI ELITE - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
270	776	Andreia Silva	Guisande Trail Running	02:28:35	+01:30:46	14:51	
271	782	SONIA ALMEIDA	Guisande Trail Running	02:28:35	+01:30:46	14:52	
272	792	Rafael Mota	Guisande Trail Running	02:28:35	+01:30:46	14:52	
273	785	HELDER OLIVEIRA	Guisande Trail Running	02:28:35	+01:30:46	14:52	
274	780	LILIANA CARDOSO	Guisande Trail Running	02:28:35	+01:30:46	14:52	
275	787	JOSE HERDEIRO	Guisande Trail Running	02:28:36	+01:30:47	14:52	
276	790	NUNO SILVA	Guisande Trail Running	02:28:36	+01:30:47	14:52	
277	920	José Patricio da Silva Almeida	Individual	02:28:36	+01:30:47	14:52	
278	786	JORGE SANTOS	Guisande Trail Running	02:28:36	+01:30:47	14:52	
279	783	DOMINGOS FERREIRA	Guisande Trail Running	02:28:37	+01:30:48	14:52	
280	788	MANUEL GOMES	Guisande Trail Running	02:28:37	+01:30:48	14:52	
281	394	João Pedro Santos Lopes	Atletas do Sofá	02:28:55	+01:31:06	14:53	
282	536	Nuno Bastos	Copo Runners	02:30:00	+01:32:11	15:00	
283	535	Miguel Oliveira	Copo Runners	02:30:00	+01:32:11	15:00	
284	530	Jéssica Andrade	Copo Runners	02:30:01	+01:32:12	15:00	
285	534	Filipe Coelho	Copo Runners	02:30:01	+01:32:12	15:00	
286	531	Sandra Silva	Copo Runners	02:30:01	+01:32:12	15:00	
287	532	Armando Sá	Copo Runners	02:30:01	+01:32:12	15:00	
288	533	Diogo Teixeira Familiar	Copo Runners	02:30:01	+01:32:12	15:00	
289	227	Patricia Teixeira	A Alcateia Cinzenta	02:30:06	+01:32:17	15:01	
290	225	Marcia Soares	A Alcateia Cinzenta	02:30:07	+01:32:18	15:01	
291	789	MARCO PIRES	Guisande Trail Running	02:30:27	+01:32:38	15:03	
292	836	Manuel Santos	Improve Fitness Studio	02:30:36	+01:32:47	15:04	
293	306	Rita Fernandes	AGGVouzela	02:30:56	+01:33:07	15:06	
294	303	Filipa Pereira	AGGVouzela	02:30:56	+01:33:07	15:06	
295	241	José Peña	A Alcateia Cinzenta	02:31:08	+01:33:19	15:07	
296	313	Simão Ferreira	AGGVouzela	02:31:52	+01:34:03	15:11	
297	340	Mária Calmeiro	Arrifana Running	02:32:41	+01:34:52	15:16	
298	1319	Isabel Silva	PMLE ALUMÍNIOS	02:32:41	+01:34:52	15:16	
299	855	Cristina Carneiro	Individual	02:32:42	+01:34:53	15:16	
300	738	Miguel Sardinha	GDCIC	02:33:16	+01:35:27	15:20	
301	514	Andre Silva	Cla 57	02:33:38	+01:35:49	15:22	
302	1272	Ilisio Silva	ParolosTeam	02:33:42	+01:35:53	15:22	
303	516	Linton Almeida	Cla 57	02:33:42	+01:35:53	15:22	
304	1273	João Almeida	ParolosTeam	02:33:42	+01:35:53	15:22	
305	1277	Rui Sousa	ParolosTeam	02:33:42	+01:35:53	15:22	
306	520	Vitor Couto	Cla 57	02:33:42	+01:35:53	15:22	
307	1298	Rui Filipe Ferreira Mendes	Pés D'Chumbo	02:33:55	+01:36:06	15:23	
308	1293	Gonçalo Santos Tavares	Pés D'Chumbo	02:33:56	+01:36:07	15:24	
309	1295	Joaquim Nogueira dos Santos	Pés D'Chumbo	02:33:56	+01:36:07	15:24	
310	842	Sergio Monteiro	Improve Fitness Studio	02:34:17	+01:36:28	15:26	
311	823	Rute Botelho	Improve Fitness Studio	02:34:18	+01:36:29	15:26	
312	1321	Rita Novo	PMLE ALUMÍNIOS	02:35:25	+01:37:36	15:33	
313	1316	Ana Oliveira	PMLE ALUMÍNIOS	02:35:30	+01:37:41	15:33	
314	1198	Bruno Sousa	OS DUROS	02:35:34	+01:37:45	15:33	
315	1199	Gualter Pereira	OS DUROS	02:35:35	+01:37:46	15:34	

SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
316	827	Claudio Rodrigues	Improve Fitness Studio	02:35:39	+01:37:50	15:34	
317	965	Pedro Henrique Freitas Nascimento	IRONMIND	02:35:40	+01:37:51	15:34	
318	665	Ana Sofia Marinho	Fitarena	02:36:20	+01:38:31	15:38	
319	1200	Tiago Sousa	OS DUROS	02:36:38	+01:38:49	15:40	
320	1201	Vitor Silva	OS DUROS	02:36:39	+01:38:50	15:40	
321	307	Telma Machado	AGGVouzela	02:36:41	+01:38:52	15:40	
322	1046	Maria José Coimbra	Lourosa em Movimento	02:36:45	+01:38:56	15:41	
323	1056	José Coelho	Lourosa em Movimento	02:36:45	+01:38:56	15:41	
324	822	Monica Guedes	Improve Fitness Studio	02:36:49	+01:39:00	15:41	
325	898	Diogo Santos	Individual	02:36:49	+01:39:00	15:41	
326	308	João Gonçalves	AGGVouzela	02:37:07	+01:39:18	15:43	
327	310	Paulo Loureiro	AGGVouzela	02:37:10	+01:39:21	15:43	
328	300	Anabela Rodrigues	AGGVouzela	02:37:12	+01:39:23	15:43	
329	1448	Margarida Coelho	tog Associação Running Team	02:37:14	+01:39:25	15:43	
330	299	Ana Maria	AGGVouzela	02:37:34	+01:39:45	15:45	
331	304	Isabel Ferreira	AGGVouzela	02:37:34	+01:39:45	15:45	
332	1181	Pedro Magalhães	Os Arrastados	02:38:10	+01:40:21	15:49	
333	1172	Juliana Rama	Os Arrastados	02:38:10	+01:40:21	15:49	
334	1249	Samuel Fernandes Santos	Os Tiros 2.0	02:38:24	+01:40:35	15:50	
335	1493	Gabriel Fernando	Individual	02:38:25	+01:40:36	15:50	
336	702	Silvia F. Rocha	ForrestGirls	02:38:28	+01:40:39	15:51	
337	701	Raquel Pereira	ForrestGirls	02:38:28	+01:40:39	15:51	
338	699	Daniela Araújo	ForrestGirls	02:38:28	+01:40:39	15:51	
339	698	Cristina Santos	ForrestGirls	02:38:28	+01:40:40	15:51	
340	1033	Edgar Gomes	LA FAMILIA	02:38:29	+01:40:40	15:51	
341	1031	Diogo Marques	LA FAMILIA	02:38:34	+01:40:45	15:51	
342	1353	Rafael Silva	Prevalta	02:39:55	+01:42:06	16:00	
343	1028	Arménio Silva	LA FAMILIA	02:40:34	+01:42:45	16:03	
344	925	Manuel Paiva	Individual	02:41:13	+01:43:24	16:07	
345	1034	Fábio Gomes	LA FAMILIA	02:41:58	+01:44:09	16:12	
346	1014	Cindy Marques	LA FAMILIA	02:42:02	+01:44:13	16:12	
347	1039	Pedro Tiago De Oliveira Pinho	LA FAMILIA	02:42:20	+01:44:31	16:14	
348	674	Juliana Melo	Fitarena	02:42:46	+01:44:57	16:17	
349	678	Maria do Céu Silva	Fitarena	02:42:46	+01:44:57	16:17	
350	690	Franscisco Mota	Fitarena	02:42:47	+01:44:58	16:17	
351	693	João Gomes	Fitarena	02:42:47	+01:44:58	16:17	
352	766	Pedro Almeida	Gomes Warriors	02:43:01	+01:45:12	16:18	
353	752	Carina Sá	Gomes Warriors	02:43:01	+01:45:12	16:18	
354	760	Patrícia Reis	Gomes Warriors	02:43:01	+01:45:12	16:18	
355	764	Nelson Fernandes	Gomes Warriors	02:43:01	+01:45:12	16:18	
356	768	Rafael Moura	Gomes Warriors	02:43:01	+01:45:12	16:18	
357	761	Diogo Alves	Gomes Warriors	02:43:01	+01:45:12	16:18	
358	756	Fátima Ferreira	Gomes Warriors	02:43:02	+01:45:13	16:18	
359	758	Liliana Gomes	Gomes Warriors	02:43:02	+01:45:13	16:18	
360	769	Ricardo Bastos	Gomes Warriors	02:43:03	+01:45:14	16:18	
361	767	Pedro Peixoto	Gomes Warriors	02:43:03	+01:45:14	16:18	

SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
362	755	Fátima Almeida	Gomes Warriors	02:43:03	+01:45:14	16:18	
363	770	Rui Santos	Gomes Warriors	02:43:03	+01:45:14	16:18	
364	763	Miguel Costa	Gomes Warriors	02:43:04	+01:45:15	16:18	
365	762	Lucas Oliveira	Gomes Warriors	02:43:04	+01:45:15	16:18	
366	1036	Leonardo Leite	LA FAMILIA	02:43:04	+01:45:15	16:18	
367	772	Simão Cardoso	Gomes Warriors	02:43:05	+01:45:16	16:19	
368	214	Jorge Silva	100espinhas	02:43:06	+01:45:17	16:19	
369	773	Tiago Ventura	Gomes Warriors	02:43:08	+01:45:19	16:19	
370	560	Nelson Pedro Oliveira Silva	Dragões De Fiães	02:43:26	+01:45:37	16:21	
371	558	Johnny Soares Viana	Dragões De Fiães	02:43:28	+01:45:39	16:21	
372	562	Quintino Alexandre Sousa Ramos	Dragões De Fiães	02:43:28	+01:45:39	16:21	
373	559	Nelson domingos Silva Reis	Dragões De Fiães	02:43:28	+01:45:39	16:21	
374	561	Pedro Filipe Vilar Alves	Dragões De Fiães	02:43:28	+01:45:39	16:21	
375	215	Marco Borges	100espinhas	02:43:34	+01:45:45	16:21	
376	216	Nelson Abrantes	100espinhas	02:43:34	+01:45:45	16:21	
377	739	Pedro Fernandes	GDCIC	02:43:38	+01:45:49	16:22	
378	228	Vanessa Queirós	A Alcateia Cinzenta	02:44:15	+01:46:26	16:26	
379	220	Beatriz Pereirinha	A Alcateia Cinzenta	02:44:16	+01:46:27	16:26	
380	221	Cacilda Ferreira	A Alcateia Cinzenta	02:44:17	+01:46:28	16:26	
381	219	Andrea Moraes	A Alcateia Cinzenta	02:44:19	+01:46:30	16:26	
382	1027	Armenio Pinho	LA FAMILIA	02:44:28	+01:46:39	16:27	
383	443	Ana Santiago	Bravini	02:44:30	+01:46:41	16:27	
384	445	Sandra Magalhães	Bravini	02:44:30	+01:46:41	16:27	
385	446	Apólo Silva	Bravini	02:44:30	+01:46:41	16:27	
386	1010	Carlos Alves	Kaestouro	02:44:31	+01:46:42	16:27	
387	449	Pedro Pinho	Bravini	02:44:31	+01:46:42	16:27	
388	450	Tiago Madureira	Bravini	02:44:33	+01:46:44	16:27	
389	1146	EDU Silva	NemVelozesNemFuriosos	02:44:39	+01:46:50	16:28	
390	1149	Pedro Silva	NemVelozesNemFuriosos	02:44:39	+01:46:50	16:28	
391	1150	Rui Ventura	NemVelozesNemFuriosos	02:44:39	+01:46:50	16:28	
392	1144	Sofia Santos	NemVelozesNemFuriosos	02:44:39	+01:46:50	16:28	
393	1147	João Moutinho	NemVelozesNemFuriosos	02:44:40	+01:46:51	16:28	
394	1145	Daniel Silva	NemVelozesNemFuriosos	02:44:41	+01:46:52	16:28	
395	1009	Catarina Oliveira	Kaestouro	02:44:42	+01:46:53	16:28	
396	1148	Pedro Daniel Fonseca Valente	NemVelozesNemFuriosos	02:44:43	+01:46:54	16:28	
397	510	Rafaela Guedes	Cla 57	02:46:03	+01:48:14	16:36	
398	511	Raquel Oliveira	Cla 57	02:46:04	+01:48:15	16:36	
399	1455	Sara Lopes	Triforce	02:47:15	+01:49:26	16:43	
400	1453	Andreia Marques	Triforce	02:47:15	+01:49:26	16:43	
401	1454	Joana Dias	Triforce	02:47:15	+01:49:26	16:44	
402	386	André Filipe Silva Barbosa	Atletas das 17h	02:48:26	+01:50:37	16:51	
403	382	Filipa Oliveira Pinho da Silva	Atletas das 17h	02:48:26	+01:50:37	16:51	
404	392	Ricardo Daniel Pereira Gomes	Atletas das 17h	02:48:26	+01:50:37	16:51	
405	384	Maria dos Anjos Ferreira Brandão	Atletas das 17h	02:48:26	+01:50:37	16:51	
406	383	Guilhermina Amável Mendes Ligeiro	Atletas das 17h	02:48:26	+01:50:37	16:51	
407	381	Diana Filipa Silva Barbosa	Atletas das 17h	02:48:26	+01:50:37	16:51	

SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
408	391	Raúl Carneiro Gomes	Atletas das 17h	02:48:26	+01:50:37	16:51	
409	388	Davi Ferreira da Silva Nunes	Atletas das 17h	02:48:27	+01:50:38	16:51	
410	379	Bárbara Macedo Ferreira Nunes	Atletas das 17h	02:48:27	+01:50:38	16:51	
411	389	Eurico Silva	Atletas das 17h	02:48:28	+01:50:39	16:51	
412	385	Vera Cristina Coelho Alves	Atletas das 17h	02:48:28	+01:50:39	16:51	
413	390	Ramiro Costa	Atletas das 17h	02:48:29	+01:50:40	16:51	
414	387	Carlos Manuel Sousa Carneiro	Atletas das 17h	02:48:29	+01:50:40	16:51	
415	380	Catarina Gomes Monteiro	Atletas das 17h	02:48:30	+01:50:41	16:51	
416	409	António Melo	Bio Team	02:50:03	+01:52:14	17:00	
417	408	Dulce Fernandes	Bio Team	02:50:04	+01:52:15	17:00	
418	1015	Claudia Pinho	LA FAMILIA	02:50:14	+01:52:25	17:01	
419	1020	Mariana Felix	LA FAMILIA	02:50:15	+01:52:26	17:01	
420	1024	Vera Pais	LA FAMILIA	02:50:25	+01:52:36	17:03	
421	1498	Paulo Mesquita	Individual	02:50:44	+01:52:55	17:04	
422	1497	Antonio Martins	Individual	02:50:45	+01:52:56	17:04	
423	1495	Joel Moreira	Individual	02:50:45	+01:52:56	17:04	
424	1499	Ana Silva	Individual	02:50:48	+01:52:59	17:05	
425	1502	Afonso Madureira	Individual	02:50:48	+01:52:59	17:05	
426	1500	Xavier Silva	Individual	02:50:48	+01:52:59	17:05	
427	1501	João Mendes	Individual	02:50:49	+01:53:00	17:05	
428	1496	Claudio Oliveira	Individual	02:50:49	+01:53:00	17:05	
429	210	Marcelo Neto	#bimpelobinhoepelacausa	02:51:17	+01:53:28	17:08	
430	201	Ana Nogueira	#bimpelobinhoepelacausa	02:51:17	+01:53:28	17:08	
431	731	Rita Claro	GDCIC	02:51:35	+01:53:46	17:10	
432	735	Francisco Silva	GDCIC	02:51:36	+01:53:47	17:10	
433	378	Luís Mirra	Astros do equilíbrio	02:51:59	+01:54:10	17:12	
434	1318	Isabel Pinheiro	PMLE ALUMÍNIOS	02:52:12	+01:54:23	17:13	
435	1324	Maria Oliveira	PMLE ALUMÍNIOS	02:52:12	+01:54:23	17:13	
436	528	Maria de Fátima Marques Ribeiro	Clube Zupper	02:52:53	+01:55:04	17:17	
437	529	Paula Gualter	Clube Zupper	02:52:53	+01:55:04	17:17	
438	894	Carlos Sousa Mendes	Individual	02:52:54	+01:55:05	17:17	
439	1373	Wallace Bacelar	Run For Fun Laranjinhas	02:52:59	+01:55:10	17:18	
440	1371	Marta Sofia	Run For Fun Laranjinhas	02:52:59	+01:55:10	17:18	
441	1368	Adriana Bacelar	Run For Fun Laranjinhas	02:52:59	+01:55:10	17:18	
442	1263	Fátima Poças	ParolosTeam	02:52:59	+01:55:10	17:18	
443	1275	Paulo Lopes	ParolosTeam	02:52:59	+01:55:10	17:18	
444	1260	Cidália Carvalho	ParolosTeam	02:52:59	+01:55:10	17:18	
445	1370	Ivete Santos	Run For Fun Laranjinhas	02:52:59	+01:55:10	17:18	
446	1265	Maria Céu	ParolosTeam	02:53:08	+01:55:19	17:19	
447	1278	Sérgio Melo	ParolosTeam	02:53:08	+01:55:19	17:19	
448	1266	Marlene Couto	ParolosTeam	02:53:10	+01:55:21	17:19	
449	1261	Cristiana Reis	ParolosTeam	02:53:10	+01:55:21	17:19	
450	538	Dina Ortelão	Corre São João	02:53:16	+01:55:27	17:20	
451	537	Alice Matos	Corre São João	02:53:17	+01:55:28	17:20	
452	540	Rui Trigo	Corre São João	02:53:17	+01:55:28	17:20	
453	539	Filipa Paiva	Corre São João	02:53:18	+01:55:29	17:20	

SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
454	1276	Ricardo Carvalho	ParolosTeam	02:53:20	+01:55:31	17:20	
455	1280	Vitor Gomes	ParolosTeam	02:53:21	+01:55:32	17:20	
456	1279	Vitor Félix	ParolosTeam	02:53:21	+01:55:32	17:20	
457	374	Carla costa	Astros do equilibrio	02:53:48	+01:55:59	17:23	
458	375	Márcia Brites	Astros do equilibrio	02:53:48	+01:55:59	17:23	
459	1429	Joel Tavares	Team Nenuco	02:54:20	+01:56:31	17:26	
460	1140	Marta Pinto	Minhocas	02:54:37	+01:56:48	17:28	
461	970	VALTER MIGUEL PINTO ALVES	Jardim da Giesta A.C.C.A.	02:54:37	+01:56:48	17:28	
462	1141	Rita Cunha	Minhocas	02:54:38	+01:56:49	17:28	
463	1142	Francisco Santos	Minhocas	02:54:40	+01:56:51	17:28	
464	541	Catarina Santos	Crows	02:54:51	+01:57:02	17:29	
465	544	Leandro Carnide	Crows	02:54:53	+01:57:04	17:29	
466	542	Margarida Macedo	Crows	02:54:54	+01:57:05	17:29	
467	543	João Rodrigues	Crows	02:54:54	+01:57:05	17:29	
468	938	Ricardo Andrés Neves dos Santos	Individual	02:55:18	+01:57:29	17:32	
469	889	Bruno Carvalho	Individual	02:55:18	+01:57:29	17:32	
470	929	Mario Rocha	Individual	02:55:18	+01:57:29	17:32	
471	901	Eliseu Laranjeira	Individual	02:55:20	+01:57:31	17:32	
472	1153	Vânia Oliveira	Night	02:55:49	+01:58:00	17:35	
473	1151	Liliana Oliveira	Night	02:55:49	+01:58:00	17:35	
474	554	Manuel oliveira	DDT RUNNERS	02:55:56	+01:58:07	17:36	
475	548	Sónia Filipa Sousa Mendes	DDT RUNNERS	02:55:57	+01:58:08	17:36	
476	551	Francisco Saraiva	DDT RUNNERS	02:55:57	+01:58:08	17:36	
477	555	Paulo Ferreira	DDT RUNNERS	02:55:57	+01:58:08	17:36	
478	547	Liliana Patrícia Pinto	DDT RUNNERS	02:55:57	+01:58:08	17:36	
479	553	Manuel de Jesus Almeida	DDT RUNNERS	02:55:58	+01:58:09	17:36	
480	556	Rui Silva	DDT RUNNERS	02:55:58	+01:58:09	17:36	
481	546	Elisa Ribeiro	DDT RUNNERS	02:55:58	+01:58:09	17:36	
482	550	CARLOS ALBERTO VALERIO	DDT RUNNERS	02:55:58	+01:58:09	17:36	
483	545	Berenice Cataldo de Oliveira Valério	DDT RUNNERS	02:55:58	+01:58:09	17:36	
484	552	João Paulo Ferreira Campos	DDT RUNNERS	02:55:59	+01:58:10	17:36	
485	844	Alexandra Vieira	Individual	02:55:59	+01:58:10	17:36	
486	1402	Catarina Rocha	Running Sport Glasdrive	02:55:59	+01:58:10	17:36	
487	1406	Ruben Aires	Running Sport Glasdrive	02:55:59	+01:58:10	17:36	
488	1403	Fátima Moreira	Running Sport Glasdrive	02:55:59	+01:58:10	17:36	
489	906	Fernando Vieira	Individual	02:55:59	+01:58:10	17:36	
490	1404	Karina Moreira	Running Sport Glasdrive	02:55:59	+01:58:10	17:36	
491	1407	Vasco Sousa	Running Sport Glasdrive	02:56:00	+01:58:11	17:36	
492	1401	Belinda Marques	Running Sport Glasdrive	02:56:00	+01:58:11	17:36	
493	1405	Quim Zé	Running Sport Glasdrive	02:56:00	+01:58:11	17:36	
494	549	BRUNO CARDOSO	DDT RUNNERS	02:56:00	+01:58:11	17:36	
495	1362	André Tavares	Quem é que se lembrou!!	02:56:34	+01:58:45	17:39	
496	1361	Sara Batista	Quem é que se lembrou!!	02:56:34	+01:58:45	17:39	
497	1360	Daniela César	Quem é que se lembrou!!	02:56:35	+01:58:46	17:39	
498	604	Marco Silva	Esquadrão Suicida	02:56:54	+01:59:05	17:41	
499	602	Manuel Jorge	Esquadrão Suicida	02:56:54	+01:59:05	17:41	

SEMI ELITE - STAGE 1
10 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
500	600	Emanuel Ferreira	Esquadrão Suicida	02:56:55	+01:59:06	17:41	
501	603	Márcio Pereira	Esquadrão Suicida	02:56:55	+01:59:06	17:41	
502	941	Romeu Alexandre Mendes	Individual	02:56:56	+01:59:07	17:42	
503	598	Lara Brito	Esquadrão Suicida	02:57:00	+01:59:11	17:42	
504	1052	Daniel Gomes	Lourosa em Movimento	02:57:03	+01:59:14	17:42	
505	1059	Mário Santos	Lourosa em Movimento	02:57:03	+01:59:14	17:42	
506	1041	Ana Teixeira	Lourosa em Movimento	02:57:03	+01:59:14	17:42	
507	1055	João Santos	Lourosa em Movimento	02:57:03	+01:59:14	17:42	
508	1054	Sandra Marques	Lourosa em Movimento	02:57:03	+01:59:14	17:42	
509	1058	Luís Pereira	Lourosa em Movimento	02:57:03	+01:59:14	17:42	
510	1050	Carlos Rocha	Lourosa em Movimento	02:57:03	+01:59:14	17:42	
511	865	Guilhermina Carvalho	Individual	02:57:20	+01:59:31	17:44	
512	880	Adérito Videira	Individual	02:57:21	+01:59:32	17:44	
513	1257	Isila Madalena Correia Muro	Panteras Poderosas	02:57:27	+01:59:38	17:45	
514	1254	Amélia Cristina Boucinha Da Cruz	Panteras Poderosas	02:57:28	+01:59:39	17:45	
515	1108	António Gomes	Mantém te activo e saudável	02:57:34	+01:59:45	17:45	
516	1097	Alicia Sousa	Mantém te activo e saudável	02:57:34	+01:59:45	17:45	
517	1105	Rosa Almeida	Mantém te activo e saudável	02:57:35	+01:59:46	17:45	
518	1113	Lázaro de Sousa	Mantém te activo e saudável	02:57:35	+01:59:46	17:45	
519	1098	Anabela Faria	Mantém te activo e saudável	02:57:35	+01:59:46	17:46	
520	883	Álvaro André Ferreira Melo	Individual	02:57:55	+02:00:06	17:48	
521	919	Jorge David Guimarães	Individual	02:57:56	+02:00:07	17:48	
522	1062	Catarina Araújo	Macacos	02:58:18	+02:00:29	17:50	
523	1063	Catarina pinho	Macacos	02:58:19	+02:00:30	17:50	
524	1073	Bernardo Neves	Macacos	02:58:19	+02:00:31	17:50	
525	1067	Joana Silva	Macacos	02:58:20	+02:00:31	17:50	
526	1064	DIANA SANTOS	Macacos	02:58:20	+02:00:31	17:50	
527	1082	José Santos	Macacos	02:58:20	+02:00:31	17:50	
528	1070	Susana Sá	Macacos	02:58:20	+02:00:31	17:50	
529	1080	João Silva	Macacos	02:58:20	+02:00:31	17:50	
530	1075	Diogo Santos	Macacos	02:58:20	+02:00:31	17:50	
531	1071	Tatiana Santos	Macacos	02:58:20	+02:00:31	17:50	
532	1081	Joaquim Sousa	Macacos	02:58:20	+02:00:31	17:50	
533	1066	Joana Oliveira	Macacos	02:58:20	+02:00:31	17:50	
534	1074	Bruno Leite	Macacos	02:58:20	+02:00:31	17:50	
535	1085	Orlando Oliveira	Macacos	02:58:21	+02:00:32	17:50	
536	1077	Fábio Oliveira	Macacos	02:58:21	+02:00:32	17:50	
537	1079	Fernando Silva	Macacos	02:58:21	+02:00:32	17:50	
538	376	Silvia Veloso	Astros do equilibrio	02:58:22	+02:00:33	17:50	
539	967	Vanessa Sofia Fernandes Brito Lopes Peixoto	Jardim da Giesta A.C.C.A.	02:58:23	+02:00:34	17:50	
540	969	Rui Filipe Brandão Ferreira	Jardim da Giesta A.C.C.A.	02:58:24	+02:00:35	17:50	
541	966	ANA CATARINA ALVES DA SILVA PEDROSA	Jardim da Giesta A.C.C.A.	02:58:24	+02:00:35	17:50	
542	968	André Fernando Soares Santos	Jardim da Giesta A.C.C.A.	02:58:25	+02:00:36	17:50	
543	845	Ana Brandão	Individual	02:58:25	+02:00:36	17:50	
544	877	Tânia Rocha	Individual	02:58:25	+02:00:36	17:51	

SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
545	1323	Eduardo Serralva	PMLE ALUMÍNIOS	02:58:34	+02:00:45	17:51	
546	1320	Monica Matos	PMLE ALUMÍNIOS	02:58:34	+02:00:45	17:51	
547	1484	Carla Rocha	Viemos só para ver	02:58:35	+02:00:46	17:52	
548	1488	André Baptista	Viemos só para ver	02:58:35	+02:00:46	17:52	
549	293	Alexandre Barroso	Acléticos	02:58:39	+02:00:50	17:52	
550	292	Sofia Regueiras	Acléticos	02:58:40	+02:00:51	17:52	
551	291	Marta Nicolau de Abreu Ribeiro	Acléticos	02:58:42	+02:00:53	17:52	
552	297	Tomás José Mogo Martins	Acléticos	02:58:42	+02:00:53	17:52	
553	1327	Paulo Serralva	PMLE ALUMÍNIOS	02:58:45	+02:00:56	17:52	
554	1328	Pedro Alves	PMLE ALUMÍNIOS	02:58:51	+02:01:02	17:53	
555	438	Teresa Oliveira	BodyWorKout	02:59:00	+02:01:11	17:54	
556	434	Maria João Lamas	BodyWorKout	02:59:01	+02:01:12	17:54	
557	418	Andreia Alves	BodyWorKout	02:59:02	+02:01:13	17:54	
558	917	Joaquim Pepe Roque	Individual	02:59:11	+02:01:22	17:55	
559	222	Diana Ferreira	A Alcateia Cinzenta	02:59:14	+02:01:25	17:55	
560	231	António Neto	A Alcateia Cinzenta	02:59:14	+02:01:25	17:55	
561	223	Joana Ferreira	A Alcateia Cinzenta	02:59:15	+02:01:26	17:55	
562	479	HUGO ESTUPENDO	Bravos qb	02:59:22	+02:01:33	17:56	
563	483	PEDRO VIEIRA	Bravos qb	02:59:22	+02:01:33	17:56	
564	478	Rita Pina	Bravos qb	02:59:23	+02:01:34	17:56	
565	482	Pedro Amorim	Bravos qb	02:59:23	+02:01:34	17:56	
566	476	NATÁLIA SOUZA	Bravos qb	02:59:23	+02:01:34	17:56	
567	484	Roberto Vargas	Bravos qb	02:59:30	+02:01:41	17:57	
568	563	Helena duarte	É 100 pandar	02:59:41	+02:01:52	17:58	
569	523	Filipa Alexandra Silva	Clube Desportivo Feirense	03:00:25	+02:02:36	18:03	
570	524	Sandrine Cerqueira	Clube Desportivo Feirense	03:00:36	+02:02:47	18:04	
571	527	Ricardo Santos	Clube Desportivo Feirense	03:00:36	+02:02:47	18:04	
572	522	Fátima Santos	Clube Desportivo Feirense	03:00:43	+02:02:54	18:04	
573	903	Fernando Emanuel Martins Pacheco	Individual	03:00:49	+02:03:00	18:05	
574	902	Emanuel Costa Silva	Individual	03:00:50	+02:03:01	18:05	
575	915	João Paulo Reis Paiva	Individual	03:00:50	+02:03:01	18:05	
576	879	Abel Cardoso	Individual	03:00:51	+02:03:02	18:05	
577	566	Armanda Silva	Elite36	03:01:34	+02:03:45	18:09	
578	574	Antonio Oliveira	Elite36	03:01:34	+02:03:45	18:09	
579	569	Sónia Rocha	Elite36	03:01:35	+02:03:46	18:09	
580	568	Monica Castro	Elite36	03:01:36	+02:03:47	18:10	
581	576	Helder Araújo	Elite36	03:01:36	+02:03:47	18:10	
582	1267	Marlene Santos	ParolosTeam	03:01:44	+02:03:55	18:10	
583	1271	Helder D'aMafalda	ParolosTeam	03:01:53	+02:04:04	18:11	
584	1262	Daniela Santos	ParolosTeam	03:01:53	+02:04:04	18:11	
585	1264	Mafalda Silva	ParolosTeam	03:01:59	+02:04:10	18:12	
586	572	Andre Teixeira	Elite36	03:02:01	+02:04:12	18:12	
587	749	Fábio Silva	Gente da Porra	03:02:01	+02:04:12	18:12	
588	750	Tiago Cunha	Gente da Porra	03:02:01	+02:04:12	18:12	
589	746	Daniela Dias	Gente da Porra	03:02:01	+02:04:12	18:12	
590	745	Andreia Santos	Gente da Porra	03:02:01	+02:04:12	18:12	

SEMI ELITE - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
591	748	Silvia Monteiro	Gente da Porra	03:02:01	+02:04:12	18:12	
592	747	Marisa Silva	Gente da Porra	03:02:02	+02:04:13	18:12	
593	1090	Hugo Barbosa	Madugym	03:02:07	+02:04:18	18:13	
594	1087	Constança Barbosa	Madugym	03:02:07	+02:04:18	18:13	
595	1270	Diogo Teixeira	ParolosTeam	03:02:14	+02:04:25	18:13	
596	900	Duarte João Soares Barbosa Martins	Individual	03:02:14	+02:04:25	18:13	
597	573	António Bessa	Elite36	03:02:14	+02:04:25	18:13	
598	1274	João Reis	ParolosTeam	03:02:14	+02:04:25	18:13	
599	512	Raquel Ramos	Cla 57	03:02:17	+02:04:28	18:14	
600	513	Sofia Santos	Cla 57	03:02:18	+02:04:29	18:14	
601	1268	Carlos Teixeira	ParolosTeam	03:02:18	+02:04:29	18:14	
602	1354	Andrea Chaves	Pupilos.e companhia	03:02:37	+02:04:48	18:16	
603	515	João Bento	Cla 57	03:02:48	+02:04:59	18:17	
604	508	Ana Ribeiro	Cla 57	03:02:48	+02:04:59	18:17	
605	517	Paulo Gil	Cla 57	03:02:49	+02:05:00	18:17	
606	518	Ricardo Bento	Cla 57	03:02:49	+02:05:00	18:17	
607	873	Rita Cardoso	Individual	03:02:49	+02:05:00	18:17	
608	930	Nelson Fonseca	Individual	03:02:49	+02:05:00	18:17	
609	669	Daniela Moreira	Fitarena	03:03:25	+02:05:36	18:20	
610	661	Adriana Cruz	Fitarena	03:03:25	+02:05:36	18:20	
611	664	Ana Filipa Santos	Fitarena	03:03:25	+02:05:36	18:20	
612	617	Daniel Coelho	Família careca	03:04:14	+02:06:25	18:25	
613	1159	Tiago Silva	Night Runers	03:04:19	+02:06:30	18:26	
614	1152	Sónia Coelho	Night	03:04:21	+02:06:32	18:26	
615	1186	Daniela Couto	os come terra	03:04:56	+02:07:07	18:30	
616	1189	Fábio Silva	os come terra	03:04:56	+02:07:07	18:30	
617	1190	Filipe Silva	os come terra	03:05:03	+02:07:14	18:30	
618	1192	Simão Oliveira	os come terra	03:05:04	+02:07:15	18:30	
619	1187	Susana Oliveira	os come terra	03:05:07	+02:07:18	18:31	
620	433	Mara Amorim	BodyWorKout	03:05:24	+02:07:35	18:32	
621	420	Catarina Balão	BodyWorKout	03:05:25	+02:07:36	18:32	
622	442	Vitor Almeida	BodyWorKout	03:05:25	+02:07:36	18:33	
623	424	Daniela Costa	BodyWorKout	03:05:26	+02:07:37	18:33	
624	426	Isabel Pereira	BodyWorKout	03:05:26	+02:07:37	18:33	
625	430	Lídia Moreira	BodyWorKout	03:05:26	+02:07:37	18:33	
626	437	Sónia Gonçalves	BodyWorKout	03:05:27	+02:07:38	18:33	
627	422	Cátia Duro	BodyWorKout	03:05:32	+02:07:43	18:33	
628	421	Cátia Balona	BodyWorKout	03:05:33	+02:07:44	18:33	
629	1188	Tatiana Adegas	os come terra	03:05:33	+02:07:44	18:33	
630	423	Cátia Lopes	BodyWorKout	03:05:33	+02:07:44	18:33	
631	427	Joana Beleza	BodyWorKout	03:05:34	+02:07:45	18:33	
632	1193	Tomás Queirós	os come terra	03:05:34	+02:07:45	18:33	
633	1118	ANA LOPES	MC	03:07:38	+02:09:49	18:46	
634	1137	PAULO TOME	MC	03:07:38	+02:09:49	18:46	
635	1119	ANA RESENDE	MC	03:07:38	+02:09:49	18:46	

SEMI ELITE - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
636	1131	SANDRA VIEIRA	MC	03:07:39	+02:09:50	18:46	
637	1245	Miriam Pereira	Os Tiros 2.0	03:07:40	+02:09:51	18:46	
638	1244	Leonor Fernandes Santos	Os Tiros 2.0	03:07:40	+02:09:51	18:46	
639	1473	Liborio Vilela	Tsunami Team / Já foste Team	03:07:52	+02:10:03	18:47	
640	1471	Bruno Oliveira	Tsunami Team / Já foste Team	03:07:59	+02:10:10	18:48	
641	1466	Celeste Isabel	Tsunami Team / Já foste Team	03:08:00	+02:10:11	18:48	
642	1474	Ricardo Machado	Tsunami Team / Já foste Team	03:08:00	+02:10:11	18:48	
643	1468	Luz Almeida	Tsunami Team / Já foste Team	03:08:03	+02:10:14	18:48	
644	1469	Manuela Rocha	Tsunami Team / Já foste Team	03:08:04	+02:10:15	18:48	
645	742	Tiago Silva	GDCIC	03:09:01	+02:11:12	18:54	
646	1158	Rui Pereira	Night Runers	03:09:02	+02:11:13	18:54	
647	1156	Vânia Silva	Night Runers	03:09:02	+02:11:13	18:54	
648	1154	Paulo Amorim	Night	03:09:02	+02:11:13	18:54	
649	1157	Mário Costa Pereira	Night Runers	03:09:03	+02:11:14	18:54	
650	1435	Daniel Ribeiro	Team Ribeiro	03:09:07	+02:11:18	18:55	
651	1436	Guilherme Ribeiro	Team Ribeiro	03:09:07	+02:11:18	18:55	
652	1434	Bernardo Ribeiro	Team Ribeiro	03:09:07	+02:11:18	18:55	
653	1431	Laura Ribeiro	Team Ribeiro	03:09:07	+02:11:18	18:55	
654	1438	Roberto Ribeiro	Team Ribeiro	03:09:07	+02:11:18	18:55	
655	1432	Zélia Alves	Team Ribeiro	03:09:07	+02:11:18	18:55	
656	1433	André Alves	Team Ribeiro	03:09:08	+02:11:19	18:55	
657	896	David Castelbranco	Individual	03:09:11	+02:11:22	18:55	
658	1021	Maribel Martins	LA FAMILIA	03:09:12	+02:11:23	18:55	
659	456	Marlene Rodrigues	Bravos do Batista	03:09:29	+02:11:40	18:57	
660	852	Cíntia Alves	Individual	03:09:29	+02:11:40	18:57	
661	923	Júlio Xavier	Individual	03:09:29	+02:11:40	18:57	
662	928	Marco Barreira	Individual	03:09:30	+02:11:41	18:57	
663	467	Leonardo Castro	Bravos do Batista	03:09:30	+02:11:41	18:57	
664	940	RICARDO PEREIRA	Individual	03:09:31	+02:11:42	18:57	
665	1122	DANIELA ROCHA	MC	03:09:46	+02:11:57	18:59	
666	1136	MIGUEL SOUSA	MC	03:09:46	+02:11:57	18:59	
667	1120	BEBIANA LOPES	MC	03:09:46	+02:11:57	18:59	
668	1128	PATRICIA SANTOS	MC	03:09:47	+02:11:58	18:59	
669	1123	EMILIA LOPES	MC	03:09:47	+02:11:58	18:59	
670	1177	Antonio Oliveira	Os Arrastados	03:09:50	+02:12:01	18:59	
671	1170	Daniela Valente	Os Arrastados	03:09:50	+02:12:01	18:59	
672	1169	Catia Sousa	Os Arrastados	03:09:56	+02:12:07	19:00	
673	370	Pedro Fontes	Arrifana Running	03:10:00	+02:12:11	19:00	
674	366	Luís Miguel Fontes	Arrifana Running	03:10:00	+02:12:11	19:00	
675	1472	Hugo Oliveira	Tsunami Team / Já foste Team	03:10:24	+02:12:35	19:02	
676	1467	Joana Oliveira	Tsunami Team / Já foste Team	03:10:24	+02:12:35	19:02	
677	1470	Natercia Rodrigues	Tsunami Team / Já foste Team	03:10:27	+02:12:38	19:03	
678	609	Cátia mata	Família careca	03:10:27	+02:12:38	19:03	
679	625	Ricardo Coelho	Família careca	03:10:28	+02:12:39	19:03	
680	621	José mata	Família careca	03:10:36	+02:12:47	19:04	
681	1103	Marta Oliveira	Mantém te activo e saudável	03:10:40	+02:12:51	19:04	

SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
682	1099	Conceição Luis	Mantém te activo e saudável	03:10:40	+02:12:51	19:04	
683	1102	Maria Mendes	Mantém te activo e saudável	03:10:41	+02:12:52	19:04	
684	1100	Emília Andrade	Mantém te activo e saudável	03:10:41	+02:12:52	19:04	
685	1111	José Coelho	Mantém te activo e saudável	03:10:41	+02:12:52	19:04	
686	1104	Marta Silva	Mantém te activo e saudável	03:10:41	+02:12:52	19:04	
687	1107	Vânia Santos	Mantém te activo e saudável	03:10:41	+02:12:52	19:04	
688	1101	Joaquina Jesus	Mantém te activo e saudável	03:10:41	+02:12:52	19:04	
689	1106	Telma Sousa	Mantém te activo e saudável	03:10:41	+02:12:52	19:04	
690	1110	Jorge Moreira	Mantém te activo e saudável	03:10:42	+02:12:53	19:04	
691	1112	José Monteiro	Mantém te activo e saudável	03:10:42	+02:12:53	19:04	
692	1109	César Peixe	Mantém te activo e saudável	03:10:42	+02:12:53	19:04	
693	271	Tomás Nicola	A REVOLTA DOS KANGURUS	03:10:51	+02:13:02	19:05	
694	265	Miguel Nicola	A REVOLTA DOS KANGURUS	03:10:51	+02:13:02	19:05	
695	457	Rita Neves	Bravos do Batista	03:10:54	+02:13:05	19:05	
696	461	André Rodrigues	Bravos do Batista	03:10:54	+02:13:05	19:05	
697	469	Nuno Pereira	Bravos do Batista	03:10:54	+02:13:05	19:05	
698	459	Tânia Castro	Bravos do Batista	03:10:54	+02:13:05	19:05	
699	464	Fábio Espírito Santo	Bravos do Batista	03:10:54	+02:13:05	19:05	
700	458	Sofia Rodrigues	Bravos do Batista	03:10:54	+02:13:05	19:05	
701	466	Francisco Vieira	Bravos do Batista	03:10:54	+02:13:05	19:05	
702	594	José Martins	Equipa Polipaul	03:10:56	+02:13:07	19:06	
703	587	Vera Santos	Equipa Polipaul	03:10:57	+02:13:08	19:06	
704	774	Rosalina Pais	Grupo de Corrida de Argoncilhe	03:11:05	+02:13:16	19:07	
705	874	Sandra Ferreira	Individual	03:11:06	+02:13:17	19:07	
706	775	Fernando Vale	Grupo de Corrida de Argoncilhe	03:11:06	+02:13:17	19:07	
707	733	Diogo Ferreira	GDCIC	03:11:11	+02:13:22	19:07	
708	1477	Eliana Silva	Uma dúzia de 6	03:11:49	+02:14:00	19:11	
709	1478	Nuno Oliveira	Uma dúzia de 6	03:11:50	+02:14:01	19:11	
710	1043	Elvira Baptista	Lourosa em Movimento	03:11:54	+02:14:05	19:11	
711	624	Ramiro Tavares	Família careca	03:12:00	+02:14:11	19:12	
712	694	João Santos	Fitarena	03:12:22	+02:14:33	19:14	
713	692	João Ferreira	Fitarena	03:12:22	+02:14:33	19:14	
714	1306	bruno carvalho	physical 18	03:13:22	+02:15:33	19:20	
715	1301	Ariana Martins	physical 18	03:13:22	+02:15:33	19:20	
716	1302	carolina santos	physical 18	03:13:23	+02:15:34	19:20	
717	1308	joao Reis	physical 18	03:13:23	+02:15:34	19:20	
718	1305	silvia oliveira	physical 18	03:13:24	+02:15:35	19:20	
719	1304	Mariana duarte	physical 18	03:13:25	+02:15:36	19:21	
720	1314	Rui Matias	physical 18	03:13:26	+02:15:37	19:21	
721	1311	pedro barboa	physical 18	03:13:26	+02:15:37	19:21	
722	472	Tiago Andrade	Bravos do Batista	03:13:28	+02:15:39	19:21	
723	474	Tiago Gonçalves	Bravos do Batista	03:13:28	+02:15:39	19:21	
724	1310	Nuno Pinto	physical 18	03:13:29	+02:15:40	19:21	
725	1299	Ana Aguiar	physical 18	03:13:29	+02:15:40	19:21	
726	1313	Ricardo Carvalho	physical 18	03:13:32	+02:15:43	19:21	
727	1303	ines ferreira	physical 18	03:13:33	+02:15:44	19:21	

SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
728	1309	joao ribeiro	physical 18	03:13:33	+02:15:44	19:21	
729	440	Marco Reis	BodyWorKout	03:13:34	+02:15:45	19:21	
730	590	Daniel Moreira	Equipa Polipaul	03:13:38	+02:15:49	19:22	
731	588	Bruno Sousa	Equipa Polipaul	03:13:38	+02:15:49	19:22	
732	436	Sabrina Coelho	BodyWorKout	03:13:40	+02:15:51	19:22	
733	295	Hélder Silva	Acléticos	03:13:51	+02:16:02	19:23	
734	802	João Farinha	GYMSTAR TEAM	03:15:47	+02:17:58	19:35	
735	797	Sandra Moreira	GYMSTAR TEAM	03:15:47	+02:17:58	19:35	
736	798	Vanessa Sousa	GYMSTAR TEAM	03:15:47	+02:17:58	19:35	
737	804	Sérgio Sousa	GYMSTAR TEAM	03:15:48	+02:17:59	19:35	
738	801	Bruno Oliveira	GYMSTAR TEAM	03:15:50	+02:18:01	19:35	
739	612	Mara Sousa	Família careca	03:15:50	+02:18:01	19:35	
740	796	Angela Bastos	GYMSTAR TEAM	03:15:50	+02:18:01	19:35	
741	805	Vasco Amaral	GYMSTAR TEAM	03:15:50	+02:18:01	19:35	
742	611	Jenifer Jesus	Família careca	03:15:51	+02:18:02	19:35	
743	616	André Tavares	Família careca	03:15:53	+02:18:04	19:35	
744	608	Carlinda Santos	Família careca	03:15:53	+02:18:04	19:35	
745	615	Teresa Santos	Família careca	03:15:54	+02:18:05	19:35	
746	613	Stephanie Jesus	Família careca	03:15:54	+02:18:05	19:35	
747	614	Tânia Almeida	Família careca	03:15:55	+02:18:06	19:35	
748	610	Fernanda Tavares	Família careca	03:15:55	+02:18:06	19:35	
749	618	Diogo Paiva	Família careca	03:15:55	+02:18:06	19:36	
750	626	Rodrigo mata	Família careca	03:15:56	+02:18:07	19:36	
751	620	Joaquim Neves	Família careca	03:15:57	+02:18:08	19:36	
752	623	Paulo Coelho	Família careca	03:15:57	+02:18:08	19:36	
753	622	Marcelo Sousa	Família careca	03:15:59	+02:18:10	19:36	
754	1180	Fernando Brandão	Os Arrastados	03:16:01	+02:18:12	19:36	
755	1173	Mariana Correia	Os Arrastados	03:16:10	+02:18:21	19:37	
756	1178	Carlos Rama	Os Arrastados	03:16:11	+02:18:22	19:37	
757	1174	Nazaré Oliveira	Os Arrastados	03:16:11	+02:18:22	19:37	
758	1452	Marco Ferreira	TrepaTrilhos Trail Team	03:16:14	+02:18:25	19:37	
759	1451	Luís Soeira	TrepaTrilhos Trail Team	03:16:14	+02:18:25	19:37	
760	1450	Filipa Nunes	TrepaTrilhos Trail Team	03:16:15	+02:18:26	19:37	
761	820	Marta guimaraes	Improve Fitness Studio	03:16:21	+02:18:33	19:38	
762	816	Inês Rodrigues	Improve Fitness Studio	03:16:22	+02:18:33	19:38	
763	812	Claudia Neves	Improve Fitness Studio	03:16:28	+02:18:39	19:39	
764	825	Soraia Alves	Improve Fitness Studio	03:16:29	+02:18:40	19:39	
765	619	João Bastos	Família careca	03:16:43	+02:18:54	19:40	
766	1025	Adriano Pinho	LA FAMILIA	03:17:07	+02:19:18	19:43	
767	649	Rodrigo Antunes	FFitness Club Tondela	03:17:20	+02:19:31	19:44	
768	639	Beatriz Almeida	FFitness Club Tondela	03:17:20	+02:19:31	19:44	
769	659	Rúben Figueiredo	FFitness Club Tondela	03:17:20	+02:19:31	19:44	
770	657	Miguel Cruz	FFitness Club Tondela	03:17:20	+02:19:31	19:44	
771	652	Diogo Matos	FFitness Club Tondela	03:17:20	+02:19:31	19:44	
772	647	Sónia Marques	FFitness Club Tondela	03:17:22	+02:19:33	19:44	
773	634	Ana Almeida	FFitness Club Tondela	03:17:22	+02:19:33	19:44	

SEMI ELITE - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
774	651	David Nunes	FFitness Club Tondela	03:17:22	+02:19:33	19:44	
775	640	Beatriz Melo Almeida	FFitness Club Tondela	03:17:22	+02:19:33	19:44	
776	636	Ana Paula Ribeiro	FFitness Club Tondela	03:17:22	+02:19:33	19:44	
777	658	Rafael Marques	FFitness Club Tondela	03:17:23	+02:19:34	19:44	
778	653	Francisco Silva	FFitness Club Tondela	03:17:23	+02:19:34	19:44	
779	645	Sandrina Aguiar	FFitness Club Tondela	03:17:26	+02:19:37	19:45	
780	655	José Brinca	FFitness Club Tondela	03:17:27	+02:19:38	19:45	
781	1356	Carlos Miranda	Pupilos.e companhia	03:18:28	+02:20:39	19:51	
782	1355	António Ferrerinha	Pupilos.e companhia	03:18:28	+02:20:39	19:51	
783	1357	Mickael Martins	Pupilos.e companhia	03:18:28	+02:20:39	19:51	
784	354	Bruno Soares	Arrifana Running	03:18:40	+02:20:51	19:52	
785	1133	SONIA PEREIRA	MC	03:18:54	+02:21:05	19:53	
786	1124	ISAURA SOARES	MC	03:18:54	+02:21:05	19:53	
787	1139	TIAGO FRAGOSO	MC	03:18:55	+02:21:06	19:53	
788	1125	JESSICA SILVA	MC	03:18:55	+02:21:06	19:53	
789	1129	ROSA XANA	MC	03:18:55	+02:21:06	19:53	
790	1134	ANTONIO CARVALHO	MC	03:18:55	+02:21:06	19:53	
791	1121	CARLA FAMILIAR	MC	03:18:55	+02:21:06	19:53	
792	342	Marta geraldês	Arrifana Running	03:18:55	+02:21:06	19:53	
793	1126	LILIANA OLIVEIRA	MC	03:18:55	+02:21:06	19:53	
794	1130	SANDRA ALMEIDA	MC	03:18:55	+02:21:06	19:53	
795	1312	ricardo Bateira	physical 18	03:19:37	+02:21:48	19:58	
796	1307	Joao Costa	physical 18	03:19:43	+02:21:54	19:58	
797	1315	tiago Araujo	physical 18	03:20:01	+02:22:12	20:00	
798	1300	Ana barbosa	physical 18	03:20:09	+02:22:20	20:01	
799	1114	Catarina Martins de Lemos	Martins&Lemos	03:20:10	+02:22:21	20:01	
800	1115	Silvia Maria Ribeiro Martins	Martins&Lemos	03:20:11	+02:22:22	20:01	
801	1428	Bruno Manuel Soares dos Santos	Team Nenuco	03:20:14	+02:22:25	20:01	
802	1426	Libania Vieira Magalhães	Team Nenuco	03:20:17	+02:22:28	20:02	
803	846	Ana Miguel Martins	Individual	03:20:22	+02:22:33	20:02	
804	944	Rui Manuel Amaral Henriques	Individual	03:20:28	+02:22:39	20:03	
805	1116	Alvaro Rui Lemos	Martins&Lemos	03:20:29	+02:22:40	20:03	
806	884	André Martins	Individual	03:20:36	+02:22:47	20:04	
807	629	Rafaela Neves	Fantastic 6	03:20:44	+02:22:55	20:04	
808	628	Catarina Neves	Fantastic 6	03:20:44	+02:22:55	20:04	
809	632	Pedro Castro	Fantastic 6	03:20:44	+02:22:55	20:04	
810	630	Helder Neves	Fantastic 6	03:20:44	+02:22:55	20:04	
811	627	Carla Neves	Fantastic 6	03:20:45	+02:22:56	20:05	
812	631	João Valente	Fantastic 6	03:20:45	+02:22:56	20:05	
813	357	Elísio Maia	Arrifana Running	03:20:48	+02:22:59	20:05	
814	371	Rui Pereira	Arrifana Running	03:20:49	+02:23:00	20:05	
815	684	Sara Ribeiro	Fitarena	03:21:06	+02:23:17	20:07	
816	667	Claudia Silva	Fitarena	03:21:06	+02:23:17	20:07	
817	681	Patrícia Soares	Fitarena	03:21:06	+02:23:17	20:07	
818	670	Diana Almeida	Fitarena	03:21:06	+02:23:17	20:07	
819	675	Juliana Tavares	Fitarena	03:21:06	+02:23:17	20:07	

Semi Elite**10 KM****OFFICIAL RESULT**

86	823	Rute Botelho	Improve Fitness Studio	Senior Feminino	02:34:18	+01:36:28	15:26
87	1321	Rita Novo	PMLE ALUMÍNIOS	Senior Feminino	02:35:25	+01:37:35	15:33
88	1316	Ana Oliveira	PMLE ALUMÍNIOS	Senior Feminino	02:35:30	+01:37:40	15:33
89	665	Ana Sofia Marinho	Fitarena	Senior Feminino	02:36:20	+01:38:31	15:38
90	307	Telma Machado	AGGVouzela	Senior Feminino	02:36:41	+01:38:51	15:40
91	1046	Maria José Coimbra	Lourosa em Movimento	Senior Feminino	02:36:45	+01:38:56	15:41
92	822	Monica Guedes	Improve Fitness Studio	Senior Feminino	02:36:49	+01:38:59	15:41
93	300	Anabela Rodrigues	AGGVouzela	Senior Feminino	02:37:12	+01:39:22	15:43
94	1448	Margarida Coelho	tog Associação Running Team	Senior Feminino	02:37:14	+01:39:24	15:43
95	299	Ana Maria	AGGVouzela	Senior Feminino	02:37:34	+01:39:44	15:45
96	304	Isabel Ferreira	AGGVouzela	Senior Feminino	02:37:34	+01:39:44	15:45
97	1172	Juliana Rama	Os Arrastados	Senior Feminino	02:38:10	+01:40:20	15:49
98	702	Silvia F. Rocha	ForrestGirls	Senior Feminino	02:38:28	+01:40:38	15:51
99	701	Raquel Pereira	ForrestGirls	Senior Feminino	02:38:28	+01:40:38	15:51
100	699	Daniela Araújo	ForrestGirls	Senior Feminino	02:38:28	+01:40:38	15:51
101	698	Cristina Santos	ForrestGirls	Senior Feminino	02:38:28	+01:40:39	15:51
102	1014	Cindy Marques	LA FAMILIA	Senior Feminino	02:42:02	+01:44:12	16:12
103	674	Juliana Melo	Fitarena	Senior Feminino	02:42:46	+01:44:56	16:17
104	678	Maria do Céu Silva	Fitarena	Senior Feminino	02:42:46	+01:44:56	16:17
105	752	Carina Sá	Gomes Warriors	Senior Feminino	02:43:01	+01:45:11	16:18
106	760	Patrícia Reis	Gomes Warriors	Senior Feminino	02:43:01	+01:45:11	16:18
107	756	Fátima Ferreira	Gomes Warriors	Senior Feminino	02:43:02	+01:45:12	16:18
108	758	Liliana Gomes	Gomes Warriors	Senior Feminino	02:43:02	+01:45:12	16:18
109	755	Fátima Almeida	Gomes Warriors	Senior Feminino	02:43:03	+01:45:13	16:18
110	228	Vanessa Queirós	A Alcateia Cinzenta	Senior Feminino	02:44:15	+01:46:25	16:26
111	220	Beatriz Pereirinha	A Alcateia Cinzenta	Senior Feminino	02:44:16	+01:46:26	16:26
112	221	Cacilda Ferreira	A Alcateia Cinzenta	Senior Feminino	02:44:17	+01:46:27	16:26
113	219	Andrea Moraes	A Alcateia Cinzenta	Senior Feminino	02:44:19	+01:46:29	16:26
114	443	Ana Santiago	Bravini	Senior Feminino	02:44:30	+01:46:40	16:27
115	445	Sandra Magalhães	Bravini	Senior Feminino	02:44:30	+01:46:40	16:27
116	1144	Sofia Santos	NemVelozesNemFuriosos	Senior Feminino	02:44:39	+01:46:49	16:28
117	1009	Catarina Oliveira	Kaestouro	Senior Feminino	02:44:42	+01:46:52	16:28
118	510	Rafaella Guedes	Cla 57	Senior Feminino	02:46:03	+01:48:14	16:36
119	511	Raquel Oliveira	Cla 57	Senior Feminino	02:46:04	+01:48:14	16:36
120	1455	Sara Lopes	Triforce	Senior Feminino	02:47:15	+01:49:25	16:43
121	1453	Andreia Marques	Triforce	Senior Feminino	02:47:15	+01:49:25	16:43
122	1454	Joana Dias	Triforce	Senior Feminino	02:47:15	+01:49:25	16:44
123	382	Filipa Oliveira Pinho da Silva	Atletas das 17h	Senior Feminino	02:48:26	+01:50:36	16:51
124	384	Maria dos Anjos Ferreira Brandão	Atletas das 17h	Senior Feminino	02:48:26	+01:50:36	16:51
125	383	Guilhermina Amável Mendes Ligeiro	Atletas das 17h	Senior Feminino	02:48:26	+01:50:36	16:51
126	381	Diana Filipa Silva Barbosa	Atletas das 17h	Senior Feminino	02:48:26	+01:50:36	16:51
127	379	Bárbara Macedo Ferreira Nunes	Atletas das 17h	Senior Feminino	02:48:27	+01:50:37	16:51
128	385	Vera Cristina Coelho Alves	Atletas das 17h	Senior Feminino	02:48:28	+01:50:38	16:51
129	380	Catarina Gomes Monteiro	Atletas das 17h	Senior Feminino	02:48:30	+01:50:40	16:51
130	408	Dulce Fernandes	Bio Team	Senior Feminino	02:50:04	+01:52:14	17:00
131	1015	Claudia Pinho	LA FAMILIA	Senior Feminino	02:50:14	+01:52:24	17:01

Semi Elite

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

178	1105	Rosa Almeida	Mantém te activo e saudável	Senior Feminino	02:57:35	+01:59:45	17:45
179	1098	Anabela Faria	Mantém te activo e saudável	Senior Feminino	02:57:35	+01:59:45	17:46
180	1062	Catarina Araújo	Macacos	Senior Feminino	02:58:18	+02:00:28	17:50
181	1063	Catarina pinho	Macacos	Senior Feminino	02:58:19	+02:00:29	17:50
182	1067	Joana Silva	Macacos	Senior Feminino	02:58:20	+02:00:30	17:50
183	1064	DIANA SANTOS	Macacos	Senior Feminino	02:58:20	+02:00:30	17:50
184	1070	Susana Sá	Macacos	Senior Feminino	02:58:20	+02:00:30	17:50
185	1071	Tatiana Santos	Macacos	Senior Feminino	02:58:20	+02:00:30	17:50
186	1066	Joana Oliveira	Macacos	Senior Feminino	02:58:20	+02:00:30	17:50
187	376	Silvia Veloso	Astros do equilíbrio	Senior Feminino	02:58:22	+02:00:32	17:50
188	967	Vanessa Sofia Fernandes Brito Lopes Peixoto	Jardim da Giesta A.C.C.A.	Senior Feminino	02:58:23	+02:00:33	17:50
189	966	ANA CATARINA ALVES DA SILVA PEDROSA	Jardim da Giesta A.C.C.A.	Senior Feminino	02:58:24	+02:00:34	17:50
190	845	Ana Brandão	Individual	Senior Feminino	02:58:25	+02:00:35	17:50
191	877	Tânia Rocha	Individual	Senior Feminino	02:58:25	+02:00:35	17:51
192	1320	Monica Matos	PMLE ALUMÍNIOS	Senior Feminino	02:58:34	+02:00:44	17:51
193	1484	Carla Rocha	Viemos só para ver	Senior Feminino	02:58:35	+02:00:45	17:52
194	292	Sofia Regueiras	Acléticos	Senior Feminino	02:58:40	+02:00:50	17:52
195	291	Marta Nicolau de Abreu Ribeiro	Acléticos	Senior Feminino	02:58:42	+02:00:52	17:52
196	438	Teresa Oliveira	BodyWorkOut	Senior Feminino	02:59:00	+02:01:10	17:54
197	434	Maria João Lamas	BodyWorkOut	Senior Feminino	02:59:01	+02:01:11	17:54
198	418	Andreia Alves	BodyWorkOut	Senior Feminino	02:59:02	+02:01:12	17:54
199	222	Diana Ferreira	A Alcateia Cinzenta	Senior Feminino	02:59:14	+02:01:24	17:55
200	223	Joana Ferreira	A Alcateia Cinzenta	Senior Feminino	02:59:15	+02:01:25	17:55
201	478	Rita Pina	Bravos qb	Senior Feminino	02:59:23	+02:01:33	17:56
202	476	NATÁLIA SOUZA	Bravos qb	Senior Feminino	02:59:23	+02:01:34	17:56
203	563	Helena duarte	É 100 pandar	Senior Feminino	02:59:41	+02:01:51	17:58
204	523	Filipa Alexandra Silva	Clube Desportivo Feirense	Senior Feminino	03:00:25	+02:02:35	18:03
205	524	Sandrine Cerqueira	Clube Desportivo Feirense	Senior Feminino	03:00:36	+02:02:46	18:04
206	522	Fátima Santos	Clube Desportivo Feirense	Senior Feminino	03:00:43	+02:02:54	18:04
207	566	Armanda Silva	Elite36	Senior Feminino	03:01:34	+02:03:45	18:09
208	569	Sónia Rocha	Elite36	Senior Feminino	03:01:35	+02:03:45	18:09
209	568	Monica Castro	Elite36	Senior Feminino	03:01:36	+02:03:46	18:10
210	1267	Marlene Santos	ParolosTeam	Senior Feminino	03:01:44	+02:03:55	18:10
211	1262	Daniela Santos	ParolosTeam	Senior Feminino	03:01:53	+02:04:03	18:11
212	1264	Mafalda Silva	ParolosTeam	Senior Feminino	03:01:59	+02:04:09	18:12
213	746	Daniela Dias	Gente da Porra	Senior Feminino	03:02:01	+02:04:11	18:12
214	745	Andreia Santos	Gente da Porra	Senior Feminino	03:02:01	+02:04:11	18:12
215	748	Silvia Monteiro	Gente da Porra	Senior Feminino	03:02:01	+02:04:12	18:12
216	747	Marisa Silva	Gente da Porra	Senior Feminino	03:02:02	+02:04:12	18:12
217	1087	Constança Barbosa	Madugym	Senior Feminino	03:02:07	+02:04:17	18:13
218	512	Raquel Ramos	Cla 57	Senior Feminino	03:02:17	+02:04:27	18:14
219	513	Sofia Santos	Cla 57	Senior Feminino	03:02:18	+02:04:28	18:14
220	1354	Andrea Chaves	Pupilos.e companhia	Senior Feminino	03:02:37	+02:04:47	18:16
221	508	Ana Ribeiro	Cla 57	Senior Feminino	03:02:48	+02:04:59	18:17
222	873	Rita Cardoso	Individual	Senior Feminino	03:02:49	+02:04:59	18:17

Semi Elite

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

56	708	João Almeida	Fox Team	Senior Masculino	01:50:34	+32:07	11:03
57	710	João Oliveira	Fox Team	Senior Masculino	01:50:34	+32:07	11:03
58	707	Edgar Silva	Fox Team	Senior Masculino	01:50:34	+32:07	11:03
59	712	Pedro Filipe Sousa Mendes	Fox Team	Senior Masculino	01:50:34	+32:07	11:03
60	705	António Silva	Fox Team	Senior Masculino	01:50:34	+32:07	11:03
61	713	Rúben Almeida	Fox Team	Senior Masculino	01:50:34	+32:08	11:03
62	714	Sérgio Almeida	Fox Team	Senior Masculino	01:50:35	+32:08	11:03
63	709	João Carlos Carvalho	Fox Team	Senior Masculino	01:50:36	+32:09	11:04
64	240	Joaquim Gomes	A Alcateia Cinzenta	Senior Masculino	01:51:00	+32:34	11:06
65	234	Fábio Silva	A Alcateia Cinzenta	Senior Masculino	01:51:10	+32:43	11:07
66	1489	Nelson Pinho Correia	Individual	Senior Masculino	01:51:20	+32:53	11:08
67	791	PEDRO LOPES	Guisande Trail Running	Senior Masculino	01:51:21	+32:55	11:08
68	1358	Nuno Miguel Grilo Magro Miranda	Pupilos.e companhia	Senior Masculino	01:51:56	+33:29	11:12
69	726	Telmo Paiva	Gambuzinos	Senior Masculino	01:52:15	+33:48	11:13
70	1089	Helder MArtins	Madugym	Senior Masculino	01:52:57	+34:30	11:18
71	393	Diogo Antonio Santos Oliveira	Atletas do Sofá	Senior Masculino	01:53:22	+34:55	11:20
72	830	Henrique Pereira	Improve Fitness Studio	Senior Masculino	01:53:26	+34:59	11:21
73	397	Samuel Lobo Bacelar	Atletas do Sofá	Senior Masculino	01:53:37	+35:10	11:22
74	607	Marco Martins	Famalicão em forma	Senior Masculino	01:53:43	+35:16	11:22
75	606	João Martins	Famalicão em forma	Senior Masculino	01:53:43	+35:17	11:22
76	1359	Tiago Miguel Chaves Miranda	Pupilos.e companhia	Senior Masculino	01:53:59	+35:32	11:24
77	913	João lopes	Individual	Senior Masculino	01:54:05	+35:38	11:24
78	605	Bruno Amorim	Famalicão em forma	Senior Masculino	01:54:06	+35:39	11:25
79	885	Andre Ricardo Monteiro da Silva	Individual	Senior Masculino	01:54:50	+36:24	11:29
80	924	Luís Miguel Gomes Ferreira	Individual	Senior Masculino	01:55:21	+36:54	11:32
81	213	Carlos Marques	@corredoresderua@	Senior Masculino	01:55:48	+37:21	11:35
82	1326	Miguel Soares	PMLE ALUMÍNIOS	Senior Masculino	01:56:10	+37:44	11:37
83	1325	Mário Oliveira	PMLE ALUMÍNIOS	Senior Masculino	01:56:11	+37:44	11:37
84	1235	Victor Manuel Nunes Pinto	Os resistentes	Senior Masculino	01:57:11	+38:45	11:43
85	840	Miguel Lopes	Improve Fitness Studio	Senior Masculino	01:57:28	+39:01	11:45
86	1230	Nuno Tavares	Os resistentes	Senior Masculino	01:57:32	+39:05	11:45
87	1220	Carlos Antão	Os resistentes	Senior Masculino	01:57:35	+39:08	11:45
88	1223	Diogo Bastos	Os resistentes	Senior Masculino	01:57:47	+39:20	11:47
89	942	Rúben Nunes	Individual	Senior Masculino	01:58:04	+39:37	11:48
90	899	Domingos Mota	Individual	Senior Masculino	01:59:45	+41:19	11:59
91	947	Samuel Mota	Individual	Senior Masculino	01:59:48	+41:22	11:59
92	1038	Pedro Almeida	LA FAMILIA	Senior Masculino	02:01:00	+42:33	12:06
93	921	José Pinheiro	Individual	Senior Masculino	02:01:15	+42:48	12:07
94	557	João Martins	Dragões De Fiães	Senior Masculino	02:01:31	+43:04	12:09
95	897	David Santos Carvalho	Individual	Senior Masculino	02:01:57	+43:31	12:12
96	936	Pedro Figueiredo	Individual	Senior Masculino	02:02:08	+43:42	12:13
97	1234	Roberto Manuel Fernandes Leite	Os resistentes	Senior Masculino	02:02:11	+43:45	12:13
98	1228	Luis Miguel Santos Reis Henriques	Os resistentes	Senior Masculino	02:02:11	+43:45	12:13
99	741	Rui Silva	GDCIC	Senior Masculino	02:02:16	+43:50	12:14
100	355	Diogo Lopes	Arrifana Running	Senior Masculino	02:02:22	+43:56	12:14
101	964	Felipe dos Santos Pessan	IRONMIND	Senior Masculino	02:03:02	+44:36	12:18

Semi Elite

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

102	963	Carlos Vinicius Prado Nascimento	IRONMIND	Senior Masculino	02:03:03	+44:37	12:18
103	882	Alexandre Mateus Cardoso	Individual	Senior Masculino	02:03:07	+44:40	12:19
104	242	Mauher Inácio	A Alcateia Cinzenta	Senior Masculino	02:04:36	+46:10	12:28
105	829	Filipe Samuel Pinto	Improve Fitness Studio	Senior Masculino	02:05:44	+47:18	12:34
106	911	Ivo de Sousa Pinto	Individual	Senior Masculino	02:06:14	+47:47	12:37
107	946	Rui Sousa	Individual	Senior Masculino	02:06:16	+47:49	12:38
108	909	Helder Filipe Carvalho Jesus	Individual	Senior Masculino	02:06:48	+48:21	12:41
109	417	Tomás Falcão Pereira	Black Bull	Senior Masculino	02:08:07	+49:40	12:49
110	1095	Filipe Almeida	Mamamia	Senior Masculino	02:08:50	+50:24	12:53
111	1096	Rafael Almeida	Mamamia	Senior Masculino	02:08:51	+50:24	12:53
112	1367	Renan Carlos Silva	Renan e Shai	Senior Masculino	02:09:01	+50:34	12:54
113	1184	Fabio Soares	Os com "B"	Senior Masculino	02:09:23	+50:56	12:56
114	1185	Mario Dessa	Os com "B"	Senior Masculino	02:09:25	+50:58	12:56
115	1183	Fabio Silva	Os com "B"	Senior Masculino	02:09:26	+50:59	12:57
116	914	João Oliveira	Individual	Senior Masculino	02:10:26	+52:00	13:03
117	743	Vasco Andrade	GDCIC	Senior Masculino	02:10:56	+52:29	13:06
118	1441	Cláudio Coval	TeamAço	Senior Masculino	02:11:15	+52:49	13:08
119	1443	Luís Silva	TeamAço	Senior Masculino	02:11:16	+52:49	13:08
120	1440	Carlos Cruz	TeamAço	Senior Masculino	02:11:17	+52:50	13:08
121	1442	Francisco Oliveira	TeamAço	Senior Masculino	02:11:18	+52:51	13:08
122	360	João lima	Arrifana Running	Senior Masculino	02:11:21	+52:55	13:08
123	359	Gustavo Lima	Arrifana Running	Senior Masculino	02:11:22	+52:55	13:08
124	575	Bruno Lima	Elite36	Senior Masculino	02:12:20	+53:54	13:14
125	283	Eduardo Moreira	Academia Combate de Gaia	Senior Masculino	02:12:29	+54:02	13:15
126	282	Diogo Oliveira	Academia Combate de Gaia	Senior Masculino	02:12:29	+54:02	13:15
127	284	Leonardo Moreira	Academia Combate de Gaia	Senior Masculino	02:12:29	+54:02	13:15
128	502	Afonso Miguel Magalhães Henriques	Casal caseiro	Senior Masculino	02:13:22	+54:55	13:20
129	1239	Ivan Fernandes	Os tios malandros	Senior Masculino	02:13:28	+55:01	13:21
130	579	Nuno Rodrigues	Elite36	Senior Masculino	02:13:54	+55:28	13:23
131	580	Tiago Moreira	Elite36	Senior Masculino	02:13:56	+55:29	13:24
132	744	Xavier Duarte	GDCIC	Senior Masculino	02:14:23	+55:56	13:26
133	736	Marco Ferreira	GDCIC	Senior Masculino	02:14:23	+55:56	13:26
134	737	Marco Santos	GDCIC	Senior Masculino	02:14:23	+55:57	13:26
135	396	Rodrigo dos Santos Pombinho	Atletas do Sofá	Senior Masculino	02:14:36	+56:09	13:28
136	1410	Jorge Cardoso	RWH PAC2	Senior Masculino	02:15:03	+56:37	13:30
137	1408	Diogo Ribeiro	RWH PAC2	Senior Masculino	02:15:04	+56:37	13:30
138	1411	Pedro Ribeiro	RWH PAC2	Senior Masculino	02:15:04	+56:37	13:30
139	1412	Rafael Duarte	RWH PAC2	Senior Masculino	02:15:04	+56:37	13:30
140	1409	Henrique Adão	RWH PAC2	Senior Masculino	02:15:04	+56:37	13:30
141	837	Marcelo Edgar Santos	Improve Fitness Studio	Senior Masculino	02:15:12	+56:45	13:31
142	488	Leandro Araújo	CAL- Clube de Atletismo de Lamas	Senior Masculino	02:15:12	+56:45	13:31
143	577	Hugo Moreira	Elite36	Senior Masculino	02:15:36	+57:09	13:34
144	1233	RICARDO ALEXANDRE DA SILVA GOMES	Os resistentes	Senior Masculino	02:15:58	+57:31	13:36
145	1229	Mário de Almeida Fonseca	Os resistentes	Senior Masculino	02:15:58	+57:31	13:36
146	395	Matias Oliveira Fernandes	Atletas do Sofá	Senior Masculino	02:16:49	+58:22	13:41
147	493	Paulo Barbosa	Caminhadas da amizade	Senior Masculino	02:16:53	+58:26	13:41

Semi Elite**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

148	492	Joel Vale	Caminhadas da amizade	Senior Masculino	02:16:53	+58:27	13:41
149	491	Igor Vale	Caminhadas da amizade	Senior Masculino	02:16:53	+58:27	13:41
150	368	Paulo Fonseca	Arrifana Running	Senior Masculino	02:16:54	+58:28	13:41
151	490	Hugo Taipa	Caminhadas da amizade	Senior Masculino	02:16:54	+58:28	13:41
152	841	Miguel Pereira	Improve Fitness Studio	Senior Masculino	02:17:32	+59:06	13:45
153	570	Andre Coelho	Elite36	Senior Masculino	02:18:17	+59:50	13:50
154	1437	MANUEL AGOSTINHO RIBEIRO	Team Ribeiro	Senior Masculino	02:18:20	+59:53	13:50
155	349	Antônio Ferreira	Arrifana Running	Senior Masculino	02:18:29	+01:00:02	13:51
156	356	Eduardo Neves	Arrifana Running	Senior Masculino	02:18:31	+01:00:04	13:51
157	740	Ruben Duarte	GDCIC	Senior Masculino	02:18:44	+01:00:18	13:52
158	732	Antonio Gomes	GDCIC	Senior Masculino	02:18:45	+01:00:18	13:52
159	1093	ARMANDO OLIVEIRA	Magic Friends Runners	Senior Masculino	02:18:50	+01:00:23	13:53
160	1425	marco ferreira	serapotos	Senior Masculino	02:18:52	+01:00:26	13:53
161	834	João Marques	Improve Fitness Studio	Senior Masculino	02:18:53	+01:00:26	13:53
162	1423	leoleon cardoso	serapotos	Senior Masculino	02:18:53	+01:00:26	13:53
163	1424	márcio ferreira	serapotos	Senior Masculino	02:18:53	+01:00:26	13:53
164	463	Bruno Gomes	Bravos do Batista	Senior Masculino	02:19:18	+01:00:51	13:56
165	1138	PEDRO ROCHA	MC	Senior Masculino	02:20:25	+01:01:58	14:02
166	362	José Beleza	Arrifana Running	Senior Masculino	02:21:27	+01:03:01	14:09
167	1061	Tiago Tavares	Lourosa em Movimento	Senior Masculino	02:21:47	+01:03:20	14:11
168	922	José Xavier	Individual	Senior Masculino	02:21:50	+01:03:23	14:11
169	1030	Daniel Moreira	LA FAMILIA	Senior Masculino	02:21:54	+01:03:27	14:11
170	1225	JOAQUIM DANIEL DA COSTA CALAFATE	Os resistentes	Senior Masculino	02:22:08	+01:03:41	14:13
171	934	Paulo Rio	Individual	Senior Masculino	02:22:21	+01:03:54	14:14
172	832	Joao Encarnação	Improve Fitness Studio	Senior Masculino	02:22:30	+01:04:03	14:15
173	230	André Pinto	A Alcateia Cinzenta	Senior Masculino	02:23:58	+01:05:31	14:24
174	235	Gonçalo Marinho	A Alcateia Cinzenta	Senior Masculino	02:24:11	+01:05:44	14:25
175	238	Hugo Marinho	A Alcateia Cinzenta	Senior Masculino	02:24:12	+01:05:45	14:25
176	843	Tiago Correia	Improve Fitness Studio	Senior Masculino	02:24:15	+01:05:48	14:25
177	1026	António Fernandes	LA FAMILIA	Senior Masculino	02:25:14	+01:06:47	14:31
178	1032	Domingos Costa	LA FAMILIA	Senior Masculino	02:25:15	+01:06:48	14:31
179	1446	Filipe Alves	TIME OUT AVENTURA	Senior Masculino	02:26:43	+01:08:16	14:40
180	465	Fábio Gonçalves	Bravos do Batista	Senior Masculino	02:27:33	+01:09:06	14:45
181	460	Alexandre Pinto	Bravos do Batista	Senior Masculino	02:27:33	+01:09:07	14:45
182	365	José Silva	Arrifana Running	Senior Masculino	02:27:41	+01:09:14	14:46
183	468	Marco Oliveira	Bravos do Batista	Senior Masculino	02:27:42	+01:09:15	14:46
184	473	Tiago Batista	Bravos do Batista	Senior Masculino	02:27:46	+01:09:19	14:47
185	470	Rafael Almeida	Bravos do Batista	Senior Masculino	02:27:50	+01:09:23	14:47
186	462	André Silva	Bravos do Batista	Senior Masculino	02:27:51	+01:09:24	14:47
187	471	Renato Azevedo	Bravos do Batista	Senior Masculino	02:27:56	+01:09:30	14:48
188	828	Diogo Silva	Improve Fitness Studio	Senior Masculino	02:27:57	+01:09:30	14:48
189	208	Fábio Casaca	#bimpelobinhoepelacausa	Senior Masculino	02:28:01	+01:09:34	14:48
190	207	Daniel Silva	#bimpelobinhoepelacausa	Senior Masculino	02:28:01	+01:09:34	14:48
191	212	Vitor Santos	#bimpelobinhoepelacausa	Senior Masculino	02:28:01	+01:09:35	14:48
192	211	Rui Viana	#bimpelobinhoepelacausa	Senior Masculino	02:28:01	+01:09:35	14:48
193	209	João Ribeiro	#bimpelobinhoepelacausa	Senior Masculino	02:28:02	+01:09:35	14:48

Semi Elite

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

194	931	Nuno Filipe Almeida Soares	Individual	Senior Masculino	02:28:07	+01:09:40	14:49
195	448	Nelson Santos	Bravini	Senior Masculino	02:28:20	+01:09:53	14:50
196	447	Micael Conceição	Bravini	Senior Masculino	02:28:20	+01:09:54	14:50
197	792	Rafael Mota	Guisande Trail Running	Senior Masculino	02:28:35	+01:10:08	14:52
198	785	HELDER OLIVEIRA	Guisande Trail Running	Senior Masculino	02:28:35	+01:10:09	14:52
199	787	JOSE HERDEIRO	Guisande Trail Running	Senior Masculino	02:28:36	+01:10:09	14:52
200	790	NUNO SILVA	Guisande Trail Running	Senior Masculino	02:28:36	+01:10:09	14:52
201	920	José Patrício da Silva Almeida	Individual	Senior Masculino	02:28:36	+01:10:09	14:52
202	786	JORGE SANTOS	Guisande Trail Running	Senior Masculino	02:28:36	+01:10:09	14:52
203	783	DOMINGOS FERREIRA	Guisande Trail Running	Senior Masculino	02:28:37	+01:10:10	14:52
204	788	MANUEL GOMES	Guisande Trail Running	Senior Masculino	02:28:37	+01:10:10	14:52
205	394	João Pedro Santos Lopes	Atletas do Sofá	Senior Masculino	02:28:55	+01:10:28	14:53
206	536	Nuno Bastos	Copo Runners	Senior Masculino	02:30:00	+01:11:34	15:00
207	535	Miguel Oliveira	Copo Runners	Senior Masculino	02:30:00	+01:11:34	15:00
208	534	Filipe Coelho	Copo Runners	Senior Masculino	02:30:01	+01:11:34	15:00
209	532	Armando Sá	Copo Runners	Senior Masculino	02:30:01	+01:11:34	15:00
210	533	Diogo Teixeira Familiar	Copo Runners	Senior Masculino	02:30:01	+01:11:34	15:00
211	789	MARCO PIRES	Guisande Trail Running	Senior Masculino	02:30:27	+01:12:00	15:03
212	836	Manuel Santos	Improve Fitness Studio	Senior Masculino	02:30:36	+01:12:09	15:04
213	241	José Peña	A Alcateia Cinzenta	Senior Masculino	02:31:08	+01:12:41	15:07
214	313	Simão Ferreira	AGGVouzela	Senior Masculino	02:31:52	+01:13:25	15:11
215	738	Miguel Sardinha	GDCIC	Senior Masculino	02:33:16	+01:14:50	15:20
216	514	Andre Silva	Cla 57	Senior Masculino	02:33:38	+01:15:11	15:22
217	1272	Ilisio Silva	ParolosTeam	Senior Masculino	02:33:42	+01:15:15	15:22
218	516	Linton Almeida	Cla 57	Senior Masculino	02:33:42	+01:15:15	15:22
219	1273	João Almeida	ParolosTeam	Senior Masculino	02:33:42	+01:15:15	15:22
220	1277	Rui Sousa	ParolosTeam	Senior Masculino	02:33:42	+01:15:15	15:22
221	520	Vitor Couto	Cla 57	Senior Masculino	02:33:42	+01:15:16	15:22
222	1298	Rui Filipe Ferreira Mendes	Pés D'Chumbo	Senior Masculino	02:33:55	+01:15:28	15:23
223	1293	Gonçalo Santos Tavares	Pés D'Chumbo	Senior Masculino	02:33:56	+01:15:29	15:24
224	1295	Joaquim Nogueira dos Santos	Pés D'Chumbo	Senior Masculino	02:33:56	+01:15:29	15:24
225	842	Sergio Monteiro	Improve Fitness Studio	Senior Masculino	02:34:17	+01:15:50	15:26
226	1198	Bruno Sousa	OS DUROS	Senior Masculino	02:35:34	+01:17:07	15:33
227	1199	Gualter Pereira	OS DUROS	Senior Masculino	02:35:35	+01:17:09	15:34
228	827	Claudio Rodrigues	Improve Fitness Studio	Senior Masculino	02:35:39	+01:17:12	15:34
229	965	Pedro Henrique Freitas Nascimento	IRONMIND	Senior Masculino	02:35:40	+01:17:13	15:34
230	1200	Tiago Sousa	OS DUROS	Senior Masculino	02:36:38	+01:18:12	15:40
231	1201	Vitor Silva	OS DUROS	Senior Masculino	02:36:39	+01:18:12	15:40
232	1056	José Coelho	Lourosa em Movimento	Senior Masculino	02:36:45	+01:18:19	15:41
233	898	Diogo Santos	Individual	Senior Masculino	02:36:49	+01:18:23	15:41
234	308	João Gonçalves	AGGVouzela	Senior Masculino	02:37:07	+01:18:41	15:43
235	310	Paulo Loureiro	AGGVouzela	Senior Masculino	02:37:10	+01:18:43	15:43
236	1181	Pedro Magalhães	Os Arrastados	Senior Masculino	02:38:10	+01:19:43	15:49
237	1249	Samuel Fernandes Santos	Os Tiros 2.0	Senior Masculino	02:38:24	+01:19:57	15:50
238	1493	Gabriel Fernando	Individual	Senior Masculino	02:38:25	+01:19:58	15:50
239	1033	Edgar Gomes	LA FAMILIA	Senior Masculino	02:38:29	+01:20:03	15:51

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Semi Elite

10 KM

OFFICIAL RESULT

240	1031	Diogo Marques	LA FAMILIA	Senior Masculino	02:38:34	+01:20:07	15:51
241	1353	Rafael Silva	Prevalta	Senior Masculino	02:39:55	+01:21:29	16:00
242	1028	Arménio Silva	LA FAMILIA	Senior Masculino	02:40:34	+01:22:07	16:03
243	925	Manuel Paiva	Individual	Senior Masculino	02:41:13	+01:22:47	16:07
244	1034	Fábio Gomes	LA FAMILIA	Senior Masculino	02:41:58	+01:23:31	16:12
245	1039	Pedro Tiago De Oliveira Pinho	LA FAMILIA	Senior Masculino	02:42:20	+01:23:53	16:14
246	690	Francisco Mota	Fitarena	Senior Masculino	02:42:47	+01:24:20	16:17
247	693	João Gomes	Fitarena	Senior Masculino	02:42:47	+01:24:20	16:17
248	766	Pedro Almeida	Gomes Warriors	Senior Masculino	02:43:01	+01:24:34	16:18
249	764	Nelson Fernandes	Gomes Warriors	Senior Masculino	02:43:01	+01:24:34	16:18
250	768	Rafael Moura	Gomes Warriors	Senior Masculino	02:43:01	+01:24:35	16:18
251	761	Diogo Alves	Gomes Warriors	Senior Masculino	02:43:01	+01:24:35	16:18
252	769	Ricardo Bastos	Gomes Warriors	Senior Masculino	02:43:03	+01:24:36	16:18
253	767	Pedro Peixoto	Gomes Warriors	Senior Masculino	02:43:03	+01:24:36	16:18
254	770	Rui Santos	Gomes Warriors	Senior Masculino	02:43:03	+01:24:36	16:18
255	763	Miguel Costa	Gomes Warriors	Senior Masculino	02:43:04	+01:24:37	16:18
256	762	Lucas Oliveira	Gomes Warriors	Senior Masculino	02:43:04	+01:24:37	16:18
257	1036	Leonardo Leite	LA FAMILIA	Senior Masculino	02:43:04	+01:24:37	16:18
258	772	Simão Cardoso	Gomes Warriors	Senior Masculino	02:43:05	+01:24:38	16:19
259	214	Jorge Silva	100espinhas	Senior Masculino	02:43:06	+01:24:39	16:19
260	773	Tiago Ventura	Gomes Warriors	Senior Masculino	02:43:08	+01:24:41	16:19
261	560	Nelson Pedro Oliveira Silva	Dragões De Fiães	Senior Masculino	02:43:26	+01:25:00	16:21
262	558	Johnny Soares Viana	Dragões De Fiães	Senior Masculino	02:43:28	+01:25:01	16:21
263	562	Quintino Alexandre Sousa Ramos	Dragões De Fiães	Senior Masculino	02:43:28	+01:25:01	16:21
264	559	Nelson domingos Silva Reis	Dragões De Fiães	Senior Masculino	02:43:28	+01:25:01	16:21
265	561	Pedro Filipe Vilar Alves	Dragões De Fiães	Senior Masculino	02:43:28	+01:25:01	16:21
266	215	Marco Borges	100espinhas	Senior Masculino	02:43:34	+01:25:07	16:21
267	216	Nelson Abrantes	100espinhas	Senior Masculino	02:43:34	+01:25:07	16:21
268	739	Pedro Fernandes	GDCIC	Senior Masculino	02:43:38	+01:25:11	16:22
269	1027	Armenio Pinho	LA FAMILIA	Senior Masculino	02:44:28	+01:26:01	16:27
270	446	Apólo Silva	Bravini	Senior Masculino	02:44:30	+01:26:04	16:27
271	1010	Carlos Alves	Kaestouro	Senior Masculino	02:44:31	+01:26:04	16:27
272	449	Pedro Pinho	Bravini	Senior Masculino	02:44:31	+01:26:04	16:27
273	450	Tiago Madureira	Bravini	Senior Masculino	02:44:33	+01:26:07	16:27
274	1146	EDU Silva	NemVelozesNemFuriosos	Senior Masculino	02:44:39	+01:26:12	16:28
275	1149	Pedro Silva	NemVelozesNemFuriosos	Senior Masculino	02:44:39	+01:26:12	16:28
276	1150	Rui Ventura	NemVelozesNemFuriosos	Senior Masculino	02:44:39	+01:26:12	16:28
277	1147	João Moutinho	NemVelozesNemFuriosos	Senior Masculino	02:44:40	+01:26:13	16:28
278	1145	Daniel Silva	NemVelozesNemFuriosos	Senior Masculino	02:44:41	+01:26:15	16:28
279	1148	Pedro Daniel Fonseca Valente	NemVelozesNemFuriosos	Senior Masculino	02:44:43	+01:26:17	16:28
280	386	André Filipe Silva Barbosa	Atletas das 17h	Senior Masculino	02:48:26	+01:29:59	16:51
281	392	Ricardo Daniel Pereira Gomes	Atletas das 17h	Senior Masculino	02:48:26	+01:29:59	16:51
282	391	Raúl Carneiro Gomes	Atletas das 17h	Senior Masculino	02:48:26	+01:29:59	16:51
283	388	Davi Ferreira da Silva Nunes	Atletas das 17h	Senior Masculino	02:48:27	+01:30:00	16:51
284	389	Eurico Silva	Atletas das 17h	Senior Masculino	02:48:28	+01:30:01	16:51
285	390	Ramiro Costa	Atletas das 17h	Senior Masculino	02:48:29	+01:30:02	16:51

Semi Elite

10 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

332	941	Romeu Alexandre Mendes	Individual	Senior Masculino	02:56:56	+01:38:30	17:42
333	1052	Daniel Gomes	Lourosa em Movimento	Senior Masculino	02:57:03	+01:38:36	17:42
334	1059	Mário Santos	Lourosa em Movimento	Senior Masculino	02:57:03	+01:38:36	17:42
335	1055	João Santos	Lourosa em Movimento	Senior Masculino	02:57:03	+01:38:36	17:42
336	1058	Luís Pereira	Lourosa em Movimento	Senior Masculino	02:57:03	+01:38:37	17:42
337	1050	Carlos Rocha	Lourosa em Movimento	Senior Masculino	02:57:03	+01:38:37	17:42
338	880	Adérito Videira	Individual	Senior Masculino	02:57:21	+01:38:54	17:44
339	1108	António Gomes	Mantém te activo e saudável	Senior Masculino	02:57:34	+01:39:08	17:45
340	1113	Lázaro de Sousa	Mantém te activo e saudável	Senior Masculino	02:57:35	+01:39:08	17:45
341	883	Álvaro André Ferreira Melo	Individual	Senior Masculino	02:57:55	+01:39:29	17:48
342	919	Jorge David Guimarães	Individual	Senior Masculino	02:57:56	+01:39:29	17:48
343	1073	Bernardo Neves	Macacos	Senior Masculino	02:58:19	+01:39:53	17:50
344	1082	José Santos	Macacos	Senior Masculino	02:58:20	+01:39:53	17:50
345	1080	João Silva	Macacos	Senior Masculino	02:58:20	+01:39:53	17:50
346	1075	Diogo Santos	Macacos	Senior Masculino	02:58:20	+01:39:53	17:50
347	1081	Joaquim Sousa	Macacos	Senior Masculino	02:58:20	+01:39:53	17:50
348	1074	Bruno Leite	Macacos	Senior Masculino	02:58:20	+01:39:54	17:50
349	1085	Orlando Oliveira	Macacos	Senior Masculino	02:58:21	+01:39:54	17:50
350	1077	Fábio Oliveira	Macacos	Senior Masculino	02:58:21	+01:39:54	17:50
351	1079	Fernando Silva	Macacos	Senior Masculino	02:58:21	+01:39:55	17:50
352	969	Rui Filipe Brandão Ferreira	Jardim da Giesta A.C.C.A.	Senior Masculino	02:58:24	+01:39:57	17:50
353	968	André Fernando Soares Santos	Jardim da Giesta A.C.C.A.	Senior Masculino	02:58:25	+01:39:58	17:50
354	1323	Eduardo Serralva	PMLE ALUMÍNIOS	Senior Masculino	02:58:34	+01:40:07	17:51
355	1488	André Baptista	Víamos só para ver	Senior Masculino	02:58:35	+01:40:09	17:52
356	293	Alexandre Barroso	Acléticos	Senior Masculino	02:58:39	+01:40:12	17:52
357	297	Tomás José Mogo Martins	Acléticos	Senior Masculino	02:58:42	+01:40:15	17:52
358	1327	Paulo Serralva	PMLE ALUMÍNIOS	Senior Masculino	02:58:45	+01:40:18	17:52
359	1328	Pedro Alves	PMLE ALUMÍNIOS	Senior Masculino	02:58:51	+01:40:24	17:53
360	917	Joaquim Pepe Roque	Individual	Senior Masculino	02:59:11	+01:40:45	17:55
361	231	António Neto	A Alcateia Cinzenta	Senior Masculino	02:59:14	+01:40:47	17:55
362	479	HUGO ESTUPENDO	Bravos qb	Senior Masculino	02:59:22	+01:40:55	17:56
363	483	PEDRO VIEIRA	Bravos qb	Senior Masculino	02:59:22	+01:40:56	17:56
364	482	Pedro Amorim	Bravos qb	Senior Masculino	02:59:23	+01:40:57	17:56
365	484	Roberto Vargas	Bravos qb	Senior Masculino	02:59:30	+01:41:04	17:57
366	527	Ricardo Santos	Clube Desportivo Feirense	Senior Masculino	03:00:36	+01:42:10	18:04
367	903	Fernando Emanuel Martins Pacheco	Individual	Senior Masculino	03:00:49	+01:42:22	18:05
368	902	Emanuel Costa Silva	Individual	Senior Masculino	03:00:50	+01:42:24	18:05
369	915	João Paulo Reis Paiva	Individual	Senior Masculino	03:00:50	+01:42:24	18:05
370	879	Abel Cardoso	Individual	Senior Masculino	03:00:51	+01:42:24	18:05
371	574	Antonio Oliveira	Elite36	Senior Masculino	03:01:34	+01:43:08	18:09
372	576	Helder Araújo	Elite36	Senior Masculino	03:01:36	+01:43:09	18:10
373	1271	Helder D'aMafalda	ParolosTeam	Senior Masculino	03:01:53	+01:43:26	18:11
374	572	Andre Teixeira	Elite36	Senior Masculino	03:02:01	+01:43:34	18:12
375	749	Fábio Silva	Gente da Porra	Senior Masculino	03:02:01	+01:43:34	18:12
376	750	Tiago Cunha	Gente da Porra	Senior Masculino	03:02:01	+01:43:34	18:12
377	1090	Hugo Barbosa	Madugym	Senior Masculino	03:02:07	+01:43:40	18:13

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Semi Elite
10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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424	265	Miguel Nicola	A REVOLTA DOS KANGURUS	Senior Masculino	03:10:51	+01:52:25	19:05
425	461	André Rodrigues	Bravos do Batista	Senior Masculino	03:10:54	+01:52:27	19:05
426	469	Nuno Pereira	Bravos do Batista	Senior Masculino	03:10:54	+01:52:27	19:05
427	464	Fábio Espírito Santo	Bravos do Batista	Senior Masculino	03:10:54	+01:52:27	19:05
428	466	Francisco Vieira	Bravos do Batista	Senior Masculino	03:10:54	+01:52:27	19:05
429	594	José Martins	Equipa Polipaul	Senior Masculino	03:10:56	+01:52:29	19:06
430	775	Fernando Vale	Grupo de Corrida de Argoncilhe	Senior Masculino	03:11:06	+01:52:40	19:07
431	733	Diogo Ferreira	GDCIC	Senior Masculino	03:11:11	+01:52:45	19:07
432	1478	Nuno Oliveira	Uma dúzia de 6	Senior Masculino	03:11:50	+01:53:23	19:11
433	624	Ramiro Tavares	Família careca	Senior Masculino	03:12:00	+01:53:33	19:12
434	694	João Santos	Fitarena	Senior Masculino	03:12:22	+01:53:55	19:14
435	692	João Ferreira	Fitarena	Senior Masculino	03:12:22	+01:53:55	19:14
436	1306	bruno carvalho	physical 18	Senior Masculino	03:13:22	+01:54:55	19:20
437	1308	joao Reis	physical 18	Senior Masculino	03:13:23	+01:54:57	19:20
438	1314	Rui Matias	physical 18	Senior Masculino	03:13:26	+01:54:59	19:21
439	1311	pedro barboa	physical 18	Senior Masculino	03:13:26	+01:55:00	19:21
440	472	Tiago Andrade	Bravos do Batista	Senior Masculino	03:13:28	+01:55:01	19:21
441	474	Tiago Gonçalves	Bravos do Batista	Senior Masculino	03:13:28	+01:55:01	19:21
442	1310	Nuno Pinto	physical 18	Senior Masculino	03:13:29	+01:55:02	19:21
443	1313	Ricardo Carvalho	physical 18	Senior Masculino	03:13:32	+01:55:05	19:21
444	1309	joao ribeiro	physical 18	Senior Masculino	03:13:33	+01:55:06	19:21
445	440	Marco Reis	BodyWorKout	Senior Masculino	03:13:34	+01:55:08	19:21
446	590	Daniel Moreira	Equipa Polipaul	Senior Masculino	03:13:38	+01:55:11	19:22
447	588	Bruno Sousa	Equipa Polipaul	Senior Masculino	03:13:38	+01:55:12	19:22
448	295	Hélder Silva	Acléticos	Senior Masculino	03:13:51	+01:55:24	19:23
449	802	João Farinha	GYMSTAR TEAM	Senior Masculino	03:15:47	+01:57:20	19:35
450	804	Sérgio Sousa	GYMSTAR TEAM	Senior Masculino	03:15:48	+01:57:21	19:35
451	801	Bruno Oliveira	GYMSTAR TEAM	Senior Masculino	03:15:50	+01:57:23	19:35
452	805	Vasco Amaral	GYMSTAR TEAM	Senior Masculino	03:15:50	+01:57:24	19:35
453	616	André Tavares	Família careca	Senior Masculino	03:15:53	+01:57:26	19:35
454	618	Diogo Paiva	Família careca	Senior Masculino	03:15:55	+01:57:29	19:36
455	626	Rodrigo mata	Família careca	Senior Masculino	03:15:56	+01:57:29	19:36
456	620	Joaquim Neves	Família careca	Senior Masculino	03:15:57	+01:57:30	19:36
457	623	Paulo Coelho	Família careca	Senior Masculino	03:15:57	+01:57:30	19:36
458	622	Marcelo Sousa	Família careca	Senior Masculino	03:15:59	+01:57:32	19:36
459	1180	Fernando Brandão	Os Arrastados	Senior Masculino	03:16:01	+01:57:35	19:36
460	1178	Carlos Rama	Os Arrastados	Senior Masculino	03:16:11	+01:57:44	19:37
461	1452	Marco Ferreira	TrepaTrilhos Trail Team	Senior Masculino	03:16:14	+01:57:48	19:37
462	1451	Luís Soeira	TrepaTrilhos Trail Team	Senior Masculino	03:16:14	+01:57:48	19:37
463	619	João Bastos	Família careca	Senior Masculino	03:16:43	+01:58:16	19:40
464	1025	Adriano Pinho	LA FAMILIA	Senior Masculino	03:17:07	+01:58:40	19:43
465	649	Rodrigo Antunes	FFitness Club Tondela	Senior Masculino	03:17:20	+01:58:53	19:44
466	659	Rúben Figueiredo	FFitness Club Tondela	Senior Masculino	03:17:20	+01:58:53	19:44
467	657	Miguel Cruz	FFitness Club Tondela	Senior Masculino	03:17:20	+01:58:53	19:44
468	652	Diogo Matos	FFitness Club Tondela	Senior Masculino	03:17:20	+01:58:53	19:44
469	651	David Nunes	FFitness Club Tondela	Senior Masculino	03:17:22	+01:58:55	19:44

Semi Elite

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

516	1240	Samuel Cardoso	Os tios malandros	Senior Masculino	03:26:53	+02:08:26	20:41
517	1241	Sérgio Dias	Os tios malandros	Senior Masculino	03:26:54	+02:08:27	20:41
518	244	Silvério Pereira	A Alcateia Cinzenta	Senior Masculino	03:27:25	+02:08:58	20:44
519	1007	Samuel Almeida Brandão	JP Ginásios Cucujães	Senior Masculino	03:27:28	+02:09:02	20:45
520	1006	Ricardo Manuel Andrade Simões	JP Ginásios Cucujães	Senior Masculino	03:27:29	+02:09:03	20:45
521	1196	Mário Rodrigues	Os Compadres	Senior Masculino	03:28:40	+02:10:14	20:52
522	1117	Matias Martins de Lemos	Martins&Lemos	Senior Masculino	03:29:28	+02:11:01	20:57
523	1465	Wilson melo	Trovão	Senior Masculino	03:29:28	+02:11:01	20:57
524	373	Vitor Machado	Arrifana Running	Senior Masculino	03:31:01	+02:12:34	21:06
525	350	Antonio Oliveira	Arrifana Running	Senior Masculino	03:31:01	+02:12:35	21:06
526	506	Guilherme Pinho	Cavaqueiros	Senior Masculino	03:31:06	+02:12:40	21:07
527	991	rubem costa	JAVALIS100LIMITES	Senior Masculino	03:32:03	+02:13:37	21:12
528	990	rafael duarte	JAVALIS100LIMITES	Senior Masculino	03:32:04	+02:13:37	21:12
529	988	manuel duarte	JAVALIS100LIMITES	Senior Masculino	03:32:04	+02:13:37	21:12
530	989	pedro dias	JAVALIS100LIMITES	Senior Masculino	03:32:05	+02:13:38	21:12
531	985	joao rebeiro	JAVALIS100LIMITES	Senior Masculino	03:32:05	+02:13:39	21:13
532	986	luis morais	JAVALIS100LIMITES	Senior Masculino	03:32:05	+02:13:39	21:13
533	984	bruno martins	JAVALIS100LIMITES	Senior Masculino	03:32:06	+02:13:39	21:13
534	992	valdemar duarte	JAVALIS100LIMITES	Senior Masculino	03:32:06	+02:13:40	21:13
535	1352	Pedro Silva	Prevalta	Senior Masculino	03:33:21	+02:14:54	21:20
536	1350	Joaquim Fonseca	Prevalta	Senior Masculino	03:33:27	+02:15:00	21:21
537	1351	Jorge Silva	Prevalta	Senior Masculino	03:33:29	+02:15:02	21:21
538	266	Nuno Mata	A REVOLTA DOS KANGURUS	Senior Masculino	03:33:44	+02:15:17	21:22
539	1037	Paulo Pinho	LA FAMILIA	Senior Masculino	03:35:02	+02:16:35	21:30
540	333	Telmo Pedrosa	ARRASTASSOLAS	Senior Masculino	03:35:27	+02:17:00	21:33
541	330	Mario Santos	ARRASTASSOLAS	Senior Masculino	03:35:28	+02:17:01	21:33
542	329	Luis Gordicho	ARRASTASSOLAS	Senior Masculino	03:35:29	+02:17:02	21:33
543	328	José Carlos Teixeira Pinto	ARRASTASSOLAS	Senior Masculino	03:35:29	+02:17:03	21:33
544	591	Gonçalo Dias	Equipa Polipaul	Senior Masculino	03:36:21	+02:17:54	21:38
545	595	Paulo Duarte	Equipa Polipaul	Senior Masculino	03:36:21	+02:17:54	21:38
546	327	Hugo Rocha	ARRASTASSOLAS	Senior Masculino	03:36:52	+02:18:25	21:41
547	332	Pedro Lopes	ARRASTASSOLAS	Senior Masculino	03:36:52	+02:18:26	21:41
548	956	Alexandre Atroshchanka	Iron Legs Runners	Senior Masculino	03:37:08	+02:18:41	21:43
549	957	Francisco Manuel Felisberto Raposo	Iron Legs Runners	Senior Masculino	03:37:08	+02:18:41	21:43
550	962	Tomás Alves	Iron Legs Runners	Senior Masculino	03:37:09	+02:18:42	21:43
551	958	Luís Oliveira	Iron Legs Runners	Senior Masculino	03:37:11	+02:18:44	21:43
552	960	Pedro Alves	Iron Legs Runners	Senior Masculino	03:37:12	+02:18:46	21:43
553	939	Ricardo Castelbranco	Individual	Senior Masculino	03:37:19	+02:18:53	21:44
554	1168	Pedro Vigário	OCR4500	Senior Masculino	03:37:29	+02:19:02	21:45
555	1167	João Miguel Martins dos Santos	OCR4500	Senior Masculino	03:37:29	+02:19:02	21:45
556	1166	Daniel Gustavo Moreira Oliveira	OCR4500	Senior Masculino	03:37:29	+02:19:02	21:45
557	724	Ricardo Leite	Gambuzinos	Senior Masculino	03:38:27	+02:20:01	21:51
558	725	Ricardo Oliveira	Gambuzinos	Senior Masculino	03:38:28	+02:20:01	21:51
559	721	António Rodrigues	Gambuzinos	Senior Masculino	03:38:28	+02:20:02	21:51
560	722	Fábio Almeida	Gambuzinos	Senior Masculino	03:38:30	+02:20:03	21:51
561	1393	Joaquim Pinto	Running Esmoriz & Friends	Senior Masculino	03:40:27	+02:22:01	22:03

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OFFICIAL RESULT

562	1397	Maurício Lins	Running Esmoriz & Friends	Senior Masculino	03:40:28	+02:22:02	22:03
563	1396	Luis Oliveira	Running Esmoriz & Friends	Senior Masculino	03:40:29	+02:22:02	22:03
564	1394	Jorge Guerra	Running Esmoriz & Friends	Senior Masculino	03:40:29	+02:22:02	22:03
565	1395	José Almeida	Running Esmoriz & Friends	Senior Masculino	03:40:29	+02:22:03	22:03
566	1399	Paulo Reis	Running Esmoriz & Friends	Senior Masculino	03:40:30	+02:22:03	22:03
567	1391	Adriano Barbosa	Running Esmoriz & Friends	Senior Masculino	03:40:30	+02:22:04	22:03
568	1398	Miguel Gouveia	Running Esmoriz & Friends	Senior Masculino	03:40:30	+02:22:04	22:03
569	287	Nelson Pereira	Academia Combate de Gaia	Senior Masculino	03:43:04	+02:24:37	22:18
570	281	Dinis Pereira	Academia Combate de Gaia	Senior Masculino	03:43:05	+02:24:38	22:18
571	289	Rodrigo Afonso	Academia Combate de Gaia	Senior Masculino	03:43:05	+02:24:39	22:19
572	890	Bruno Miguel Fernandes do Couto	Individual	Senior Masculino	03:43:07	+02:24:40	22:19
573	908	Helder de Oliveira Mendes	Individual	Senior Masculino	03:43:07	+02:24:40	22:19
574	945	Rui Pedro Castro Coelho	Individual	Senior Masculino	03:43:08	+02:24:41	22:19
575	285	Leonel Ruivo	Academia Combate de Gaia	Senior Masculino	03:43:12	+02:24:45	22:19
576	949	Vitor Cruz	Individual	Senior Masculino	03:43:44	+02:25:17	22:22
577	918	Joel Simão	Individual	Senior Masculino	03:43:44	+02:25:17	22:22
578	910	Hugo Manuel Tsou Ferraz	Individual	Senior Masculino	03:43:45	+02:25:18	22:22
579	316	João Nunes	Amigos da Corrida	Senior Masculino	03:43:45	+02:25:18	22:23
580	905	Fernando moreira ramos	Individual	Senior Masculino	03:43:46	+02:25:20	22:23
581	260	Bruno Pinto	A REVOLTA DOS KANGURUS	Senior Masculino	03:43:51	+02:25:24	22:23
582	1005	Ilídio Manuel Almeida Lemos	JP Ginásios Cucujães	Senior Masculino	03:45:05	+02:26:38	22:30
583	1004	Diogo Sousa	JP Ginásios Cucujães	Senior Masculino	03:45:06	+02:26:39	22:31
584	1008	Wilson Santos	JP Ginásios Cucujães	Senior Masculino	03:45:59	+02:27:32	22:36
585	1297	Renato Fernando Lavoura Santos	Pés D'Chumbo	Senior Masculino	03:46:24	+02:27:57	22:38
586	1296	Luís Manuel Gomes Baptista de Oliveira	Pés D'Chumbo	Senior Masculino	03:46:24	+02:27:58	22:38
587	1294	João Pedro Linhares Ferreira	Pés D'Chumbo	Senior Masculino	03:46:25	+02:27:58	22:38
588	1285	Pedro Alves	Perdidos no monte	Senior Masculino	03:49:55	+02:31:28	23:00
589	1287	Tiago Manuel Oliveira Leite	Perdidos no monte	Senior Masculino	03:49:55	+02:31:28	23:00
590	1286	Ricardo Ferreira	Perdidos no monte	Senior Masculino	03:49:55	+02:31:29	23:00
591	593	Joni Almeida	Equipa Polipaul	Senior Masculino	03:53:06	+02:34:40	23:19
592	592	João Fontes	Equipa Polipaul	Senior Masculino	03:53:07	+02:34:41	23:19
593	1464	Luís ferraz	Trovão	Senior Masculino	03:55:43	+02:37:16	23:34
594	1463	Derlyvan sousa	Trovão	Senior Masculino	03:55:44	+02:37:17	23:34
595	1417	Tiago Novo	Sal Grosso	Senior Masculino	04:02:12	+02:43:46	24:13
596	1416	Ricardo Almeida	Sal Grosso	Senior Masculino	04:02:14	+02:43:47	24:13
597	267	Paulo Oliveira	A REVOLTA DOS KANGURUS	Senior Masculino	04:03:47	+02:45:20	24:23
598	258	António Tavares	A REVOLTA DOS KANGURUS	Senior Masculino	04:04:13	+02:45:46	24:25
599	262	Carlos Ribeiro	A REVOLTA DOS KANGURUS	Senior Masculino	04:06:55	+02:48:28	24:41
600	264	Miguel Magalhães	A REVOLTA DOS KANGURUS	Senior Masculino	04:06:55	+02:48:28	24:41
601	263	Luis Miguel	A REVOLTA DOS KANGURUS	Senior Masculino	04:06:55	+02:48:29	24:42