

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	14:20	20,6°C	49%
End	18:43	20.6°C	49%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	77	Manuel Dos Santos	GIRASSÓIS E FURIOSOS	44:19		04:26	
2	148	Nelson Loureiro	Pegasus OCR ProTeam	45:20	+01:01	04:32	
3	146	Carlos Pinto	Pegasus OCR ProTeam	47:40	+03:21	04:46	
4	144	André Santos	Pegasus OCR ProTeam	49:59	+05:40	05:00	
5	35	Hugo Silva	Dura-F1 Raceteam	50:13	+05:54	05:01	
6	32	António Gomes	Dura-F1 Raceteam	50:38	+06:19	05:04	
7	150	Pedro Miguel Barbosa Lopes	Pegasus OCR ProTeam	51:06	+06:47	05:07	
8	39	José Pinheiro	Dura-F1 Raceteam	51:58	+07:39	05:12	
9	38	José Cruz	Dura-F1 Raceteam	52:05	+07:46	05:12	
10	37	João Santos	Dura-F1 Raceteam	52:22	+08:03	05:14	
11	72	André Ferreira	GIRASSÓIS E FURIOSOS	53:33	+09:14	05:21	
12	110	Marco Santos Moura	OCR Portugal Lab Club	53:48	+09:29	05:23	
13	103	Paulo Monteiro	Individual	54:05	+09:46	05:24	
14	33	David Coutinho	Dura-F1 Raceteam	54:46	+10:27	05:29	
15	75	Gabriel Simões	GIRASSÓIS E FURIOSOS	56:02	+11:43	05:36	
16	149	Nelson Meira	Pegasus OCR ProTeam	56:28	+12:09	05:39	
17	3107	Ricardo Pereira	Tropa de Elite	56:43	+12:24	05:40	
18	78	Rogério Cabrita	GIRASSÓIS E FURIOSOS	57:52	+13:33	05:47	
19	559	Gabriel da Silva Paiva	Arsenal de Canelas	58:28	+14:09	05:51	
20	174	Marco Filipe Nabais Balsinha	QUEM TENSAI TEM TUDO	58:39	+14:20	05:52	
21	1084	Wilson Aica	CR7 FITNESS CRUNCH AVEIRO	59:20	+15:01	05:56	
22	590	Ricardo Esteves	Arsenal de Canelas	01:00:42	+16:23	06:04	
23	569	Julio Pinho	Arsenal de Canelas	01:00:44	+16:25	06:04	
24	809	Helder Costa	BioSerranos	01:01:02	+16:43	06:06	
25	105	Ricardo Cardoso	Individual	01:01:16	+16:57	06:08	
26	1524	André Ferreira	Galitos Remo	01:01:30	+17:11	06:09	
27	1532	Rodrigo Fonseca	Galitos Remo	01:01:30	+17:11	06:09	
28	3101	João Miguel Almeida dias	Trepa de Estarreja	01:01:44	+17:25	06:10	
29	588	Rafael da Silva Paiva	Arsenal de Canelas	01:01:50	+17:31	06:11	
30	34	Filipe Fonseca	Dura-F1 Raceteam	01:02:14	+17:55	06:13	
31	145	Armindo Santos	Pegasus OCR ProTeam	01:02:29	+18:10	06:15	
32	1470	Paulo Jorge Fonseca Carvalho	Fugitive on the run	01:02:50	+18:31	06:17	
33	36	João Portugal	Dura-F1 Raceteam	01:02:53	+18:34	06:17	
34	807	Vanda Ribeiro	BioSerranos	01:03:05	+18:46	06:18	
35	100	Marcio Oliveira	Individual	01:03:30	+19:11	06:21	
36	101	Marco Oliveira	Individual	01:03:30	+19:11	06:21	
37	108	Carla Agnes Alves da Rocha	OCR Portugal Lab Club	01:04:20	+20:01	06:26	
38	810	Hugo Santos	BioSerranos	01:04:32	+20:13	06:27	
39	552	David Resende	Arsenal de Canelas	01:05:01	+20:42	06:30	
40	811	Leandro Moura	BioSerranos	01:05:46	+21:27	06:35	
41	718	Afonso Pereira	Bamos Lá	01:06:56	+22:37	06:42	
42	3111	Ricardo Seromenho	Tropa de Elite	01:07:12	+22:53	06:43	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	176	Daniel Pereira da Rocha	R5 engenharia	01:08:00	+23:41	06:48	
44	177	Fábio Teixeira	R5 engenharia	01:08:01	+23:42	06:48	
45	99	Márcio Daniel Moura	Individual	01:08:02	+23:43	06:48	
46	73	Duarte Baptista	GIRASSÓIS E FURIOSOS	01:08:10	+23:51	06:49	
47	1452	Filipe Tavares	FORQUILHAS	01:09:23	+25:04	06:56	
48	1163	Rodrigo Ramos de Almeida	Dói-lá-lama	01:09:51	+25:32	06:59	
49	354	Bruno André Silva Santos	7am CFA	01:10:20	+26:01	07:02	
50	1726	Carlos Simoes	Individual	01:10:56	+26:37	07:06	
51	1733	Luis Simões	Individual	01:10:57	+26:38	07:06	
52	369	Belmiro Vigário	A NOVA	01:11:10	+26:51	07:07	
53	2374	Bruno Alexandre Valente Bastos	os lameiros	01:11:12	+26:53	07:07	
54	2926	Marcelo Fonseca	Smells like team spirit	01:11:43	+27:24	07:10	
55	1261	Fábio Aparecido Nunes Lopes	Espalhabrasas	01:11:53	+27:34	07:11	
56	2100	Helder Marques	Não sei!	01:12:00	+27:41	07:12	
57	597	Sergio Filipe Gomes Cruz	Arsenal de Canelas	01:12:34	+28:15	07:15	
58	2518	Tiago de Almeida Pinho	Os verdadeiros bioracers	01:12:35	+28:16	07:15	
59	1833	ZÉ MANEL	JUVENTUDE LAMACENTA	01:12:36	+28:17	07:16	
60	50	RUI FERNANDES	Estafados bem dispostos	01:12:49	+28:30	07:17	
61	1567	Ratinho Nunes	GERAÇÕES DA BRECA	01:12:56	+28:37	07:18	
62	1265	Deirilene Mendes Vargas Lopes	Espalhabrasas	01:12:57	+28:38	07:18	
63	992	Jorge Vaz	CIRES RUNNING TEAM	01:13:04	+28:45	07:18	
64	1068	Natália KOVALSKA	CR7 FITNESS CRUNCH AVEIRO	01:13:05	+28:46	07:19	
65	987	André Filipe Marques Oliveira	CIRES RUNNING TEAM	01:13:10	+28:51	07:19	
66	507	Leonor Sá Ferreira	Arsenal de Canelas	01:13:13	+28:54	07:19	
67	3110	Ricardo Melindra	Tropa de Elite	01:13:40	+29:21	07:22	
68	3106	João Oliveira	Tropa de Elite	01:13:41	+29:22	07:22	
69	3109	Ricardo Lúcio	Tropa de Elite	01:13:41	+29:22	07:22	
70	3108	Marco Silva	Tropa de Elite	01:13:41	+29:22	07:22	
71	1528	Francisco Silveira	Galitos Remo	01:14:35	+30:16	07:27	
72	143	Catarina Simões	Pegasus OCR ProTeam	01:14:43	+30:24	07:28	
73	1525	André Oliveira	Galitos Remo	01:14:47	+30:28	07:29	
74	1530	Luís Amaro	Galitos Remo	01:14:49	+30:30	07:29	
75	92	David Oliveira	Individual	01:14:51	+30:32	07:29	
76	2517	Romuald Bruguier	Os verdadeiros bioracers	01:14:57	+30:38	07:30	
77	175	Bruno Pereira da Rocha	R5 engenharia	01:15:08	+30:49	07:31	
78	370	ANTONIO PAULO ALVES GUIMARAES	A NOVA	01:15:35	+31:16	07:34	
79	1522	Leonor Costa	Galitos Remo	01:15:47	+31:28	07:35	
80	1531	Miguel Louro	Galitos Remo	01:15:49	+31:30	07:35	
81	2157	André Neto	Obamas	01:15:53	+31:34	07:35	
82	2161	Ricardo Fernandes	Obamas	01:15:54	+31:35	07:35	
83	2160	Paulo Vigário	Obamas	01:15:54	+31:35	07:35	
84	902	Simão Barbosa Simões	Capitães Barbosa	01:16:14	+31:55	07:37	
85	70	Mónica Rocha	GIRASSÓIS E FURIOSOS	01:16:34	+32:15	07:39	
86	3187	Pedro Filipe Carvalho Guerra	VAIS TU QUE EU NAO POSSO	01:17:35	+33:16	07:46	
87	901	João Mário Barbosa Caseiro	Capitães Barbosa	01:18:22	+34:03	07:50	

10 KM

[illegible]

ION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Official Timekeeper: Lap2Go	3 / 62	generate 28-set.-2024 19:5
-----------------------------	--------	----------------------------

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	1971	Filipe Miguel Veloso Rolim	LnForma	01:26:23	+42:04	08:38	
134	1970	Fernando Ferreira	LnForma	01:26:26	+42:07	08:39	
135	1743	Vitor Miguel	Individual	01:26:38	+42:19	08:40	
136	95	Jose Ricardo Marques Reis	Individual	01:27:08	+42:49	08:43	
137	3181	João Manuel Almeida da Silva	VAIS TU QUE EU NAO POSSO	01:27:25	+43:06	08:44	
138	2888	Duarte Alves	Sedentários da Secretária	01:28:01	+43:42	08:48	
139	1161	Óscar Januário da Rocha Soares	Dói-lá-lama	01:28:07	+43:48	08:49	
140	2708	Fatima Oliveira	RaceTfit	01:28:09	+43:50	08:49	
141	1638	Hélio Almeida	Grupo JR	01:28:35	+44:16	08:51	
142	1627	Daniel Reis	Grupo JR	01:28:35	+44:16	08:51	
143	2580	Catarina Saavedra	PLAYGROUND	01:28:40	+44:21	08:52	
144	545	Armindo Sousa	Arsenal de Canelas	01:29:51	+45:32	08:59	
145	28	Noémia Jamba	CR7 FITNESS CRUNCH AVEIRO	01:29:54	+45:35	08:59	
146	1059	ANA SALÚSTIO	CR7 FITNESS CRUNCH AVEIRO	01:30:10	+45:51	09:01	
147	576	Nuno Gomes	Arsenal de Canelas	01:30:22	+46:03	09:02	
148	2209	MIGUEL ANGELO LOPES NUNES	CDE NATAÇÃO	01:30:30	+46:11	09:03	
149	2693	António Augusto de Castro Leston	QUEM TENSAI TEM TUDO	01:30:39	+46:20	09:04	
150	2699	Vitor Manuel Medeiros Pinto	QUEM TENSAI TEM TUDO	01:30:39	+46:20	09:04	
151	1338	Patrícia Alexandra Cardoso Silva	fator PRT	01:30:47	+46:28	09:05	
152	1339	Rafael Jorge Cardoso Valente Silva	fator PRT	01:30:47	+46:28	09:05	
153	556	Eduardo Carneiro	Arsenal de Canelas	01:30:47	+46:28	09:05	
154	1340	Tomé Cardoso Valente Silva	fator PRT	01:30:48	+46:29	09:05	
155	1787	Pedro Figueiredo	Já não me lembro	01:30:54	+46:35	09:05	
156	1783	Daniel da Silva	Já não me lembro	01:30:55	+46:36	09:06	
157	1782	Bruno Silva	Já não me lembro	01:30:58	+46:39	09:06	
158	1139	PEDRO ASSUNÇÃO	DARTACÃO	01:31:02	+46:43	09:06	
159	1128	ANDRE FLOR	DARTACÃO	01:31:07	+46:48	09:07	
160	3132	Afonso Silva	Uma espécie de atleta	01:31:26	+47:07	09:09	
161	3135	Rui Sousa	Uma espécie de atleta	01:31:28	+47:09	09:09	
162	3133	João Jorge Marques Laranjeiro	Uma espécie de atleta	01:31:29	+47:10	09:09	
163	1780	Sílvia Reis	Já não me lembro	01:31:33	+47:14	09:09	
164	2212	CAROLINA MENDES NUNES	CDE NATAÇÃO	01:31:38	+47:19	09:10	
165	310	Ivo Aguiar	#teachersONfire	01:31:47	+47:28	09:11	
166	315	João Simões	@corredoresdeua@	01:31:48	+47:29	09:11	
167	314	Carlos Marques	@corredoresdeua@	01:31:48	+47:29	09:11	
168	1520	Rui Simões	FZLounge	01:32:06	+47:47	09:13	
169	1518	Rafael Amorim	FZLounge	01:32:06	+47:47	09:13	
170	1076	Bruno Lins	CR7 FITNESS CRUNCH AVEIRO	01:32:18	+47:59	09:14	
171	3145	Tiago Rafael Fernandes Carvalho	Vai com tudo!	01:32:31	+48:12	09:15	
172	3146	Vitor Hugo Sousa Cruz	Vai com tudo!	01:32:31	+48:12	09:15	
173	91	Carlos Fonseca	Individual	01:32:46	+48:27	09:17	
174	2255	ana raquel tavares pinto	OS CAMOLAS	01:33:05	+48:46	09:18	
175	2262	tiago reis gomes	OS CAMOLAS	01:33:05	+48:46	09:19	
176	65	Diogo Costa	Gang do Pé na Lama	01:33:05	+48:46	09:19	
177	102	Myke santos	Individual	01:33:14	+48:55	09:19	
178	94	João Pereira	Individual	01:33:14	+48:55	09:19	

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
179	104	Ricardo Alexandre Silva Alves	Individual	01:33:15	+48:56	09:20	
180	1417	Pedro Gonçalves	FLOENE	01:33:17	+48:58	09:20	
181	387	Amaro Castro	A seita que dói menos	01:33:20	+49:01	09:20	
182	389	Pedro Martins	A seita que dói menos	01:33:20	+49:01	09:20	
183	380	Ana Carvalho	A seita que dói menos	01:33:21	+49:02	09:20	
184	386	Inês Morais	A seita que dói menos	01:33:21	+49:02	09:20	
185	69	Nelson Maia	Gang do Pé na Lama	01:33:24	+49:05	09:20	
186	63	Teresa Lage	Gang do Pé na Lama	01:33:24	+49:05	09:20	
187	64	Vania Cruz	Gang do Pé na Lama	01:33:24	+49:05	09:20	
188	67	Jose Ventura	Gang do Pé na Lama	01:33:24	+49:05	09:20	
189	61	Joana Sampaio	Gang do Pé na Lama	01:33:24	+49:05	09:20	
190	66	Gabriel Costa	Gang do Pé na Lama	01:33:24	+49:05	09:20	
191	59	Catarina Campos	Gang do Pé na Lama	01:33:25	+49:06	09:20	
192	62	Susana Viana	Gang do Pé na Lama	01:33:25	+49:06	09:21	
193	68	Manuel Costa	Gang do Pé na Lama	01:33:25	+49:06	09:21	
194	356	Gregory Labareda	7am CFA	01:33:30	+49:11	09:21	
195	359	Pedro Serra	7am CFA	01:33:30	+49:11	09:21	
196	147	Luciano Pereira	Pegasus OCR ProTeam	01:33:38	+49:19	09:22	
197	2676	Tiago Costa	Quase que participámos no ano passado	01:33:42	+49:23	09:22	
198	633	Francisco Almeida	ASIG	01:33:43	+49:24	09:22	
199	58	José Franco	Forever Young	01:33:50	+49:31	09:23	
200	54	Beatriz Franco	Forever Young	01:33:50	+49:31	09:23	
201	57	Filipe Freitas	Forever Young	01:33:50	+49:31	09:23	
202	93	Flávio pinho	Individual	01:33:56	+49:37	09:24	
203	1409	Joaquim Rolo	FLOENE	01:34:07	+49:48	09:25	
204	631	Afonso Almeida	ASIG	01:34:17	+49:58	09:26	
205	3105	Inês Gomes	Tropa de Elite	01:34:18	+49:59	09:26	
206	1723	António Manuel Andrade Pinto	Individual	01:34:22	+50:03	09:26	
207	1790	Gisela Carina Cardoso de Sá	JP Ginásios - Equipa Crosstraining	01:34:23	+50:04	09:26	
208	1796	Pedro Almeida	JP Ginásios - Equipa Crosstraining	01:34:23	+50:04	09:26	
209	1795	Nelson Fernandes	JP Ginásios - Equipa Crosstraining	01:34:23	+50:04	09:26	
210	1791	Liliana Gomes Mota	JP Ginásios - Equipa Crosstraining	01:34:24	+50:05	09:26	
211	1793	Joaquim José Valente Gomes	JP Ginásios - Equipa Crosstraining	01:34:24	+50:05	09:26	
212	1797	Simão Cardoso	JP Ginásios - Equipa Crosstraining	01:34:24	+50:05	09:26	
213	2015	Suzana Ribeiro	MaMaSu	01:34:34	+50:15	09:27	
214	2013	Roberto Rosca	MaMaSu	01:34:35	+50:16	09:27	
215	2014	Marina Rosca	MaMaSu	01:34:35	+50:16	09:27	
216	1649	Leandro Fernandes	Grupo JR	01:34:42	+50:23	09:28	
217	185	Carlos Ribeiro	sunday workout	01:34:54	+50:35	09:29	
218	180	Arlinda Rocha	sunday workout	01:34:55	+50:36	09:29	
219	181	Helena Pinho	sunday workout	01:34:55	+50:36	09:29	
220	182	Inês Seabra	sunday workout	01:34:55	+50:36	09:30	
221	187	Ricardo Cunha	sunday workout	01:34:55	+50:36	09:30	
222	183	Vera Dias	sunday workout	01:34:55	+50:36	09:30	
223	188	Vitor Dias	sunday workout	01:34:55	+50:36	09:30	
224	179	Ana Raquel Bastos	sunday workout	01:34:56	+50:37	09:30	

10 KM

[illegible][illegible]

Official Timekeeper: Lap2Go	6 / 62	generate 28-set.-2024 19:56
-----------------------------	--------	-----------------------------

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
270	1318	Silvia Ribeiro	Fantastic Four	01:41:40	+57:21	10:10	
271	1168	Fernando Henriques	É só de língua ¶	01:41:56	+57:37	10:12	
272	1170	Jorge Santos	É só de língua	01:41:59	+57:40	10:12	
273	1171	Nuno Santos	É só de língua ¶	01:42:00	+57:41	10:12	
274	1172	Oscar Fardilha	É só de língua ¶	01:42:01	+57:42	10:12	
275	1695	Américo Vivas	Hipopotomonstrosesquipedaliofobia	01:42:49	+58:30	10:17	
276	1641	Hugo Soares	Grupo JR	01:42:50	+58:31	10:17	
277	2248	José Matos	Os Bravos	01:42:58	+58:39	10:18	
278	2379	Luís Filipe Ferreira Oliveira	os lameiros	01:43:06	+58:47	10:19	
279	2373	Filipe Miguel Rodrigues Almeida	os lameiros	01:43:06	+58:47	10:19	
280	1976	Ricardo Nobre	LnForma	01:43:12	+58:53	10:19	
281	3229	José Alexandre Passanha Pereira de Melo	ZsaZsas	01:43:44	+59:25	10:22	
282	3225	Sara Duarte Gonçalves Gomes	ZsaZsas	01:43:44	+59:25	10:22	
283	1097	TIAGO FILIPE AIRES LOPES	CROSS VASSOURAS	01:43:57	+59:38	10:24	
284	1096	Rafael Morel Gaspar Silva	CROSS VASSOURAS	01:43:58	+59:39	10:24	
285	2159	João Sousa	Obamas	01:44:03	+59:44	10:24	
286	2778	Filipe Cláudio Tavares	Reumáticos & Etc	01:44:10	+59:51	10:25	
287	353	Solange Reis	7am CFA	01:44:20	+01:00:01	10:26	
288	351	JOANA TAVARES MIRANDA	7am CFA	01:44:20	+01:00:01	10:26	
289	2378	Luís Ferreira	os lameiros	01:44:24	+01:00:05	10:26	
290	3141	Sílvia Alexandra Ferreira dos Santos	Vai com tudo!	01:44:31	+01:00:12	10:27	
291	3138	Andreia Cardoso Afonso	Vai com tudo!	01:44:31	+01:00:12	10:27	
292	3142	Benjamin Jean Pereira Ventriponte	Vai com tudo!	01:44:31	+01:00:12	10:27	
293	951	Rafael Dias	Cheios D'Lama	01:44:35	+01:00:16	10:28	
294	949	João Oliveira	Cheios D'Lama	01:44:36	+01:00:17	10:28	
295	203	Ricardo Resende	ZsaZsas	01:44:44	+01:00:25	10:28	
296	3228	Hugo Gonçalves	ZsaZsas	01:44:44	+01:00:25	10:28	
297	2755	Bruna da Silva Mota	Reumáticos & Etc	01:44:44	+01:00:25	10:28	
298	2773	Álvaro Alexandre Ferreira Soares	Reumáticos & Etc	01:44:47	+01:00:28	10:29	
299	2781	José Carlos Silva	Reumáticos & Etc	01:44:59	+01:00:40	10:30	
300	1815	MARGARIDA SOBREIRO DA COSTA PALMA	JUVENTUDE LAMACENTA	01:45:04	+01:00:45	10:30	
301	1828	JOÃO PAULO AGUIAR SOUSA MARQUES	JUVENTUDE LAMACENTA	01:45:04	+01:00:45	10:30	
302	2767	Paula Sofia Almeida Tavares	Reumáticos & Etc	01:45:11	+01:00:52	10:31	
303	2787	Ricardo Gonalo Silva Ferreira	Reumáticos & Etc	01:45:12	+01:00:53	10:31	
304	986	Alexandre Henriques	CIRES RUNNING TEAM	01:45:46	+01:01:27	10:35	
305	1157	Jorge Marques	Dói-lá-lama	01:45:53	+01:01:34	10:35	
306	1153	Raquel Nadais	Dói-lá-lama	01:45:54	+01:01:35	10:35	
307	1650	Leonardo Santos	Grupo JR	01:46:02	+01:01:43	10:36	
308	1625	Daniel Moreira	Grupo JR	01:46:02	+01:01:43	10:36	
309	445	Clemente Santos	Aí que sede!	01:46:14	+01:01:55	10:37	
310	2104	Tiago Manuel Rodrigues Valente	Não sei!	01:46:15	+01:01:56	10:37	
311	447	Fernando Resende	Aí que sede!	01:46:19	+01:02:00	10:38	
312	1922	Deinner Marin	Latinas	01:46:31	+01:02:12	10:39	
313	3245	Paulo Morais	PLAY-OFF	01:46:36	+01:02:17	10:40	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
314	2369	Álvaro Alves	os lameiros	01:46:49	+01:02:30	10:41	
315	2388	Rui Eusébio	os lameiros	01:46:50	+01:02:31	10:41	
316	2375	Hugo Almeida	os lameiros	01:46:51	+01:02:32	10:41	
317	1741	Tiago Miguel Tavares Ribeiro	Individual	01:47:16	+01:02:57	10:44	
318	1737	Ricardo Miguel Ventura Varalonga	Individual	01:47:19	+01:03:00	10:44	
319	3113	Simão Moreira Vale	Tu e Eu	01:47:27	+01:03:08	10:45	
320	1727	Francisco Manuel Teixeira Marques	Individual	01:47:29	+01:03:10	10:45	
321	3112	Susana Maria da Silva Martins	Tu e Eu	01:47:32	+01:03:13	10:45	
322	2983	Frederico Villas-Boas	Tarados da Trilha	01:47:51	+01:03:32	10:47	
323	3214	André Vicente	XPTO	01:48:14	+01:03:55	10:49	
324	2391	Tiago Miller	os lameiros	01:48:15	+01:03:56	10:49	
325	3217	Ivo Balcão	XPTO	01:48:15	+01:03:56	10:49	
326	2654	Filipe Silva	PuroJudo	01:48:24	+01:04:05	10:50	
327	2655	Guilherme Cunha	PuroJudo	01:48:24	+01:04:05	10:50	
328	602	Rui Dinis Moura Garcia da Costa	Arsenal de Canelas	01:48:28	+01:04:09	10:51	
329	454	Victor Correia	Aí que sede!	01:48:32	+01:04:13	10:51	
330	452	Tiago Santos	Aí que sede!	01:48:45	+01:04:26	10:52	
331	448	Mario Couto	Aí que sede!	01:48:57	+01:04:38	10:54	
332	449	Paulo Tomé	Aí que sede!	01:48:57	+01:04:38	10:54	
333	455	Vitor Gonçalves	Aí que sede!	01:49:00	+01:04:41	10:54	
334	2509	JOAQUIM SERGIO DA COSTA MARQUES	Os Vencedores	01:49:01	+01:04:42	10:54	
335	2511	Pedro Oliveira	Os Vencedores	01:49:01	+01:04:42	10:54	
336	2653	Armando Gomes	PuroJudo	01:49:03	+01:04:44	10:54	
337	151	Mariana Sofia Amador Rodrigues	PLAYGROUND	01:49:09	+01:04:50	10:55	
338	450	Roberto Rodriguez	Aí que sede!	01:49:15	+01:04:56	10:56	
339	996	Paulino Dias	CIRES RUNNING TEAM	01:49:49	+01:05:30	10:59	
340	544	ARMINDO MIGUEL DA SILVA SARAMAGO	Arsenal de Canelas	01:49:52	+01:05:33	10:59	
341	134	Eugénia Maria Lameiro Tavares	Os independentes	01:50:04	+01:05:45	11:00	
342	133	Daniela Sofia Bastos Neves	Os independentes	01:50:04	+01:05:45	11:00	
343	2650	Carla Pinheiro	PuroJudo	01:50:06	+01:05:47	11:01	
344	2695	Daniel Filipe Silva Choupeiro	QUEM TENSAI TEM TUDO	01:50:14	+01:05:55	11:01	
345	3125	Daniel Duarte	Um Cristão Não Teme	01:50:14	+01:05:55	11:01	
346	3128	João Silva	Um Cristão Não Teme	01:50:16	+01:05:57	11:02	
347	3126	Gonçalo Fileno	Um Cristão Não Teme	01:50:22	+01:06:03	11:02	
348	2790	Rui Costa	Reumáticos & Etc	01:50:24	+01:06:05	11:02	
349	3127	João Sequeira	Um Cristão Não Teme	01:50:27	+01:06:08	11:03	
350	2692	Alexandre do Carmo Marques	QUEM TENSAI TEM TUDO	01:50:39	+01:06:20	11:04	
351	2694	Carlos Henrique de Sousa Ferreira	QUEM TENSAI TEM TUDO	01:50:39	+01:06:20	11:04	
352	803	Laura Rodrigues	BioSerranos	01:50:48	+01:06:29	11:05	
353	808	Alfredo Rodrigues	BioSerranos	01:50:48	+01:06:29	11:05	
354	805	Marta Vicente	BioSerranos	01:50:49	+01:06:30	11:05	
355	463	Rui Saraiva	Amigosloucos	01:50:52	+01:06:33	11:05	
356	464	Valdemar Oliveira	Amigosloucos	01:50:57	+01:06:38	11:06	
357	462	Diogo Carvalheira	Amigosloucos	01:50:57	+01:06:38	11:06	
358	460	Juliana dos Santos Garbayo	Amigosloucos	01:50:58	+01:06:39	11:06	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
359	2493	Artur Luís Rodrigues Marques	Os vagabundos	01:51:59	+01:07:40	11:12	
360	2494	João Miguel Pinheiro Pinto Burguete Cardoso	Os vagabundos	01:52:00	+01:07:41	11:12	
361	2495	Rui Manuel Vidal Melo	Os vagabundos	01:52:03	+01:07:44	11:12	
362	355	Diogo Reis	7am CFA	01:52:41	+01:08:22	11:16	
363	350	Carla Frutuoso	7am CFA	01:52:42	+01:08:23	11:16	
364	2658	Sérgio Cunha	PuroJudo	01:52:46	+01:08:27	11:17	
365	2652	Susana Ferreira	PuroJudo	01:52:46	+01:08:27	11:17	
366	2657	Mauro André Reis Simões	PuroJudo	01:52:51	+01:08:32	11:17	
367	2659	Telmo Rafeiro	PuroJudo	01:52:51	+01:08:32	11:17	
368	2649	Ana Isabel Santos Leite	PuroJudo	01:52:52	+01:08:33	11:17	
369	2651	Cláudia Rafeiro	PuroJudo	01:52:52	+01:08:33	11:17	
370	2091	Carlos Castro	Não rápidos , apenas furiosos	01:53:05	+01:08:46	11:19	
371	2096	Miguel Venâncio	Não rápidos , apenas furiosos	01:53:06	+01:08:47	11:19	
372	2785	Patrício Ribau Mota	Reumáticos & Etc	01:53:12	+01:08:53	11:19	
373	2757	Catarina Oliveira da Silva	Reumáticos & Etc	01:53:15	+01:08:56	11:20	
374	2747	Ricardo Curado Torres	Rave Shaspe	01:53:21	+01:09:02	11:20	
375	2745	Maria João Gomes Freitas Cotovio	Rave Shaspe	01:53:21	+01:09:02	11:20	
376	3076	Carlos silva	Tir`ekéda	01:53:23	+01:09:04	11:20	
377	554	Dic Scrivens	Arsenal de Canelas	01:53:59	+01:09:40	11:24	
378	307	Armando Veiga	#teachersONfire	01:54:06	+01:09:47	11:25	
379	1579	Hermenegildo Jorge Paulino Melindra	Going Up Team	01:54:27	+01:10:08	11:27	
380	2023	Francisco Paulo Andrade do Couto	Mestre Boubacar e os 40 arrastões	01:54:28	+01:10:09	11:27	
381	2741	João Alves	Rádio Fofoca	01:54:35	+01:10:16	11:28	
382	2743	Pedro Gomes	Rádio Fofoca	01:54:35	+01:10:16	11:28	
383	2742	Nuno Silva	Rádio Fofoca	01:54:35	+01:10:16	11:28	
384	2739	Nazaré Rocha	Rádio Fofoca	01:54:35	+01:10:16	11:28	
385	2740	Susana Castro	Rádio Fofoca	01:54:35	+01:10:16	11:28	
386	1595	Helder Manuel Rodrigues Gonçalves	Grupo De Carnaval Pindéricus	01:54:44	+01:10:25	11:28	
387	1597	José Mendes Soares Alves	Grupo De Carnaval Pindéricus	01:54:45	+01:10:26	11:28	
388	1599	Nuno Pinto Oliveira Proença	Grupo De Carnaval Pindéricus	01:54:45	+01:10:26	11:28	
389	1603	Vítor Guilherme Farelo Santos Moreira	Grupo De Carnaval Pindéricus	01:54:45	+01:10:26	11:28	
390	1592	António Manuel Abreu dos Santos	Grupo De Carnaval Pindéricus	01:54:45	+01:10:26	11:28	
391	1590	André Ricardo Tavares Granja	Grupo De Carnaval Pindéricus	01:54:45	+01:10:26	11:28	
392	1589	Joana Patrícia Gomes Monteiro	Grupo De Carnaval Pindéricus	01:54:45	+01:10:26	11:29	
393	446	Emanuel Peito	Aí que sede!	01:54:50	+01:10:31	11:29	
394	453	Vasco Ferreira	Aí que sede!	01:54:55	+01:10:36	11:29	
395	3189	Raul Miguel Nogueira Rama	VAIS TU QUE EU NAO POSSO	01:55:10	+01:10:51	11:31	
396	2406	Ricardo Junqueira	Os Marretas	01:55:22	+01:11:03	11:32	
397	2407	Rui Cavacas	Os Marretas	01:55:22	+01:11:03	11:32	
398	2405	João Cavacas	Os Marretas	01:55:22	+01:11:03	11:32	
399	842	Litos Rodrigos	BoraBora, Vamos Lá!	01:55:29	+01:11:10	11:33	
400	836	Maria João Santos	BoraBora, Vamos Lá!	01:55:29	+01:11:10	11:33	
401	2680	Sara Batista	Quem é que se lembrou!!	01:55:37	+01:11:18	11:34	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
402	2681	André Tavares	Quem é que se lembrou!!	01:55:37	+01:11:18	11:34	
403	2679	Daniela César	Quem é que se lembrou!!	01:55:38	+01:11:19	11:34	
404	141	Jorge Manuel Almeida Duarte de Oliveira	Os independentes	01:56:19	+01:12:00	11:38	
405	139	Sandra Catarina de Pinho Resende	Os independentes	01:56:19	+01:12:00	11:38	
406	3160	Marcela Alves Olegario de Lima	VAIS TU QUE EU NAO POSSO	01:56:31	+01:12:12	11:39	
407	3157	Fernanda Ayumi Hagiwava	VAIS TU QUE EU NAO POSSO	01:56:31	+01:12:12	11:39	
408	3244	Mamuel Alexander Fernandes Lopes	The Guardian Runners	01:56:46	+01:12:27	11:41	
409	3246	Nuno Morais	PLAY-OFF	01:56:46	+01:12:27	11:41	
410	1778	Tomás da Silva Esteves	IV Temporada	01:56:46	+01:12:27	11:41	
411	9	Ana Isabel Cascais Pinto	Arsenal de Canelas	01:56:47	+01:12:28	11:41	
412	7	Adriana Pinho	Arsenal de Canelas	01:56:50	+01:12:31	11:41	
413	2825	Francisco Sousa	Saci Pererê	01:57:02	+01:12:43	11:42	
414	2826	João Rebelo	Saci Pererê	01:57:03	+01:12:44	11:42	
415	2823	Natacha Sousa	Saci Pererê	01:57:03	+01:12:44	11:42	
416	2824	Olga Santos	Saci Pererê	01:57:03	+01:12:44	11:42	
417	2822	Maria Joana Silva	Saci Pererê	01:57:03	+01:12:44	11:42	
418	2827	Pedro Quaresma	Saci Pererê	01:57:04	+01:12:45	11:42	
419	2376	João Filipe	os lameiros	01:57:05	+01:12:46	11:42	
420	963	Antonio Pedro da Silva Alves	CHICKENRACE	01:57:17	+01:12:58	11:44	
421	965	Denis Pinho Viana	CHICKENRACE	01:57:17	+01:12:58	11:44	
422	2348	Cristina Oliveira	Os Lamacentos	01:57:29	+01:13:10	11:45	
423	2349	Daniela Oliveira	Os Lamacentos	01:57:30	+01:13:11	11:45	
424	1154	Sandra Cristina de Faria Ramos	Dói-lá-lama	01:57:32	+01:13:13	11:45	
425	1156	Carlos Miguel do Vale Almeida	Dói-lá-lama	01:57:33	+01:13:14	11:45	
426	2357	Helder Miguel Marques Barbosa	Os Lamacentos	01:57:33	+01:13:14	11:45	
427	2852	João Augusto Barbosa da Silva	Samba Tribal	01:57:36	+01:13:17	11:46	
428	1014	Matilde Sofia Oliveira Ferreira	Clube Cultural e Desportivo de Veiros	01:57:36	+01:13:17	11:46	
429	1021	Simão Antão Oliveira	Clube Cultural e Desportivo de Veiros	01:57:37	+01:13:18	11:46	
430	1015	João Branco	Clube Cultural e Desportivo de Veiros	01:57:37	+01:13:18	11:46	
431	128	Luís Soares	Os Improváveis	01:57:38	+01:13:19	11:46	
432	1013	Ana Rita Lopes Branco	Clube Cultural e Desportivo de Veiros	01:57:38	+01:13:19	11:46	
433	2356	Pedro Guimaraes	Os Lamacentos	01:57:38	+01:13:19	11:46	
434	1407	Joaquim Pedro Ramos	FLOENE	01:57:43	+01:13:24	11:46	
435	167	Gustavo Daniel Mendes da Silva Fernandes	Playlife Team	01:57:44	+01:13:25	11:46	
436	1740	Thiago Figueiredo Marques Leite	Individual	01:57:45	+01:13:26	11:46	
437	80	Matilde Silva	Graças	01:57:47	+01:13:28	11:47	
438	169	Pedro António Mendes Reis	Playlife Team	01:58:14	+01:13:55	11:49	
439	165	António Duarte	Playlife Team	01:58:16	+01:13:57	11:50	
440	79	Inês Leite	Graças	01:58:18	+01:13:59	11:50	
441	83	Ricardo Magalhães	Graças	01:58:25	+01:14:06	11:50	
442	84	Tomás Pinho	Graças	01:58:26	+01:14:07	11:51	
443	81	João Arede	Graças	01:58:26	+01:14:08	11:51	
444	991	Joel Soares	CIRES RUNNING TEAM	01:58:33	+01:14:14	11:51	
445	993	Marco André Marques Resende	CIRES RUNNING TEAM	01:58:33	+01:14:14	11:51	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
446	988	Diogo José Rodrigues Martins Pereira	CIRES RUNNING TEAM	01:58:34	+01:14:15	11:51	
447	998	Pedro Ferreira	CIRES RUNNING TEAM	01:58:34	+01:14:15	11:51	
448	990	João Tavares	CIRES RUNNING TEAM	01:58:35	+01:14:16	11:51	
449	1244	Rodrigo Lopes	Equipa ELITE	01:58:37	+01:14:18	11:52	
450	989	Francisco Tavares	CIRES RUNNING TEAM	01:58:37	+01:14:18	11:52	
451	1232	Elsa Valente	Equipa ELITE	01:58:37	+01:14:18	11:52	
452	1237	André Silva	Equipa ELITE	01:58:38	+01:14:19	11:52	
453	200	Cristiano Martins	Tropa d' Elites +Atitude	01:58:45	+01:14:26	11:52	
454	197	Liliana Azevedo	Tropa d' Elites +Atitude	01:58:45	+01:14:26	11:52	
455	198	Vanessa Amorim	Tropa d' Elites +Atitude	01:58:45	+01:14:26	11:52	
456	199	Cristiano Alves	Tropa d' Elites +Atitude	01:58:45	+01:14:26	11:52	
457	201	João Silva	Tropa d' Elites +Atitude	01:58:45	+01:14:26	11:53	
458	1739	Rui Rodrigues	Individual	01:58:59	+01:14:40	11:54	
459	1258	Ricardo Ferreira	Esfrega Laminha	01:59:14	+01:14:55	11:55	
460	1252	Gil Valente	Esfrega Laminha	01:59:17	+01:14:58	11:56	
461	1247	António Abreu	Esfrega Laminha	01:59:21	+01:15:02	11:56	
462	1256	Nelson Rodrigues	Esfrega Laminha	01:59:24	+01:15:05	11:56	
463	1250	Filipe Vaz	Esfrega Laminha	01:59:25	+01:15:06	11:56	
464	166	Cristiano Júlio Ribeiro Moutinho	Playlife Team	01:59:31	+01:15:12	11:57	
465	160	Cristina Manuela Ferreira Couto	Playlife Team	01:59:33	+01:15:14	11:57	
466	164	Susana Moreira	Playlife Team	01:59:33	+01:15:14	11:57	
467	170	Pedro Marinho Mota Barbosa	Playlife Team	01:59:35	+01:15:16	11:58	
468	171	Rui Pedro Chico Pimentel	Playlife Team	01:59:36	+01:15:17	11:58	
469	162	Rita Fernanda Moreira Barbosa	Playlife Team	01:59:39	+01:15:20	11:58	
470	163	Rute Carolina Teixeira Caldas Ferreira	Playlife Team	01:59:40	+01:15:21	11:58	
471	159	Cecília Manuela Ferreira Santos	Playlife Team	01:59:41	+01:15:22	11:58	
472	1396	Sonia Martins	FLOENE	01:59:42	+01:15:23	11:58	
473	1385	Constança Santos	FLOENE	01:59:42	+01:15:23	11:58	
474	168	José António Dias Pimentel Cota	Playlife Team	01:59:42	+01:15:23	11:58	
475	1173	Pedro Santos	É só de língua	01:59:56	+01:15:37	12:00	
476	1724	Artur Enes	Individual	02:00:12	+01:15:53	12:01	
477	1725	Bruno Fileno	Individual	02:00:12	+01:15:53	12:01	
478	1167	Ricardo Melo	É só de língua	02:00:12	+01:15:53	12:01	
479	1734	Luis Vieira	Individual	02:00:12	+01:15:53	12:01	
480	1248	Carlos Dias	Esfrega Laminha	02:00:19	+01:16:00	12:02	
481	1249	Carlos Silva	Esfrega Laminha	02:00:23	+01:16:04	12:02	
482	1254	Hernâni Rocha	Esfrega Laminha	02:00:24	+01:16:05	12:02	
483	1246	Catarina Granja	Esfrega Laminha	02:00:24	+01:16:05	12:02	
484	1260	Tiago Brandão	Esfrega Laminha	02:00:25	+01:16:06	12:02	
485	1253	Hélder Valente	Esfrega Laminha	02:00:26	+01:16:07	12:03	
486	1257	Nuno Carvalho	Esfrega Laminha	02:00:26	+01:16:07	12:03	
487	1251	Gabriel Antão	Esfrega Laminha	02:00:26	+01:16:07	12:03	
488	2340	Sérgio Pereira	Os Indomáveis	02:00:30	+01:16:11	12:03	
489	1024	Bruno Miguel Martins Ribeiro	CODEPLAS Team	02:00:34	+01:16:15	12:03	
490	2205	Joana Caetano de Sá	CODEPLAS Team	02:00:36	+01:16:17	12:04	

10 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	12 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
537	916	Bruno Otemberg	CCD-Funfrap-Tupy	02:05:35	+01:21:16	12:34	
538	2892	Carlos Manuel Moreira Oliveira	Sedentários da Secretária	02:05:58	+01:21:39	12:36	
539	2891	Bernardo Pereira Cardoso de Castro	Sedentários da Secretária	02:05:59	+01:21:40	12:36	
540	2895	Luís André Cardoso Alves Castro	Sedentários da Secretária	02:06:00	+01:21:41	12:36	
541	2887	Maria João Pereira	Sedentários da Secretária	02:06:00	+01:21:41	12:36	
542	3154	Dina Antónia Mota Maia	VAIS TU QUE EU NAO POSSO	02:06:01	+01:21:42	12:36	
543	3159	Lara Miguel Maia Ribeiro	VAIS TU QUE EU NAO POSSO	02:06:06	+01:21:47	12:37	
544	1742	Tiago Pires Rebelo	Individual	02:06:22	+01:22:03	12:38	
545	1720	Magda Costa Sousa	Individual	02:06:22	+01:22:03	12:38	
546	2696	Gabriel Jesus Rodrigues Ferreira	QUEM TENSAI TEM TUDO	02:06:28	+01:22:09	12:39	
547	3191	Rui Emanuel Coelho Carneiro	VAIS TU QUE EU NAO POSSO	02:06:30	+01:22:11	12:39	
548	3151	Celia Margarida Fernandes Peixoto	VAIS TU QUE EU NAO POSSO	02:06:30	+01:22:11	12:39	
549	1346	Nuno Silva	FirmwareTeam	02:06:32	+01:22:13	12:39	
550	1347	Vitor Oliveira	FirmwareTeam	02:06:33	+01:22:14	12:39	
551	1341	Anderson Liege Rocha	FirmwareTeam	02:06:34	+01:22:15	12:39	
552	1343	Jose de Arimateia Carvalho Silva Junior	FirmwareTeam	02:06:34	+01:22:15	12:39	
553	1344	Manuel Tiago Silva	FirmwareTeam	02:06:35	+01:22:16	12:39	
554	1345	Miguel Vieira	FirmwareTeam	02:06:35	+01:22:16	12:40	
555	1342	Gustavo Alegria	FirmwareTeam	02:06:36	+01:22:17	12:40	
556	2169	Fatima Maria da Costa Maia	Os Amigos da Coxinha de Frango	02:06:36	+01:22:17	12:40	
557	2691	Yxora Marlysse Acuna Hernandez de Almeida	QUEM TENSAI TEM TUDO	02:06:56	+01:22:37	12:42	
558	2685	Daniela Alexandra Rodrigues Ferreira	QUEM TENSAI TEM TUDO	02:06:56	+01:22:37	12:42	
559	2686	SÓNIA PATRÍCIA SILVA CRUZ	QUEM TENSAI TEM TUDO	02:06:56	+01:22:37	12:42	
560	2689	Sónia Filipa Pinto da Silva	QUEM TENSAI TEM TUDO	02:06:57	+01:22:38	12:42	
561	118	Eliana Soares	Os Improváveis	02:07:03	+01:22:44	12:42	
562	113	Carla Manuela Oliveira Borges Pinho	Os Improváveis	02:07:04	+01:22:45	12:42	
563	572	Marco Silva	Arsenal de Canelas	02:07:21	+01:23:02	12:44	
564	1142	RAFAEL COELHO	DARTACÃO	02:07:24	+01:23:05	12:44	
565	1308	Mauro Silva	FALTA MUITO?	02:07:26	+01:23:07	12:45	
566	1304	Beatriz Marques	FALTA MUITO?	02:07:33	+01:23:14	12:45	
567	6	José Seabra	20 Comer	02:07:47	+01:23:28	12:47	
568	2	Tatiana João	20 Comer	02:07:48	+01:23:29	12:47	
569	3171	Bruno Miguel Bastos da Silva	VAIS TU QUE EU NAO POSSO	02:07:48	+01:23:29	12:47	
570	5	José Neves	20 Comer	02:07:48	+01:23:29	12:47	
571	3	Tita Silva	20 Comer	02:07:49	+01:23:30	12:47	
572	4	Hugo Seabra	20 Comer	02:07:49	+01:23:30	12:47	
573	3164	Rita Marosa Pires Lima Marques	VAIS TU QUE EU NAO POSSO	02:07:49	+01:23:30	12:47	
574	2758	Deolinda Maria Silva João	Reumáticos & Etc	02:08:13	+01:23:54	12:49	
575	1738	Rodrigo Duque	Individual	02:08:37	+01:24:18	12:52	
576	1728	Gonçalo Garcia	Individual	02:08:39	+01:24:20	12:52	
577	48	LEONESA UWANEKWU	Estafados bem dispostos	02:08:41	+01:24:22	12:52	
578	2328	Fábio Melo	Os Indomáveis	02:08:41	+01:24:22	12:52	
579	2560	Pedro Afonso	Pi Pi'	02:08:44	+01:24:25	12:52	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
580	2556	Sofia Afonso	Pi Pi'	02:08:44	+01:24:25	12:52	
581	2332	João Melo	Os Indomáveis	02:09:15	+01:24:56	12:56	
582	536	Teresa Bicho	Arsenal de Canelas	02:09:23	+01:25:04	12:56	
583	563	João Afonso	Arsenal de Canelas	02:09:23	+01:25:04	12:56	
584	124	Bruno Neves	Os Improváveis	02:09:35	+01:25:16	12:58	
585	122	Paula abreu	Os Improváveis	02:09:38	+01:25:19	12:58	
586	2322	Sofia Estrela	Os Indomáveis	02:09:45	+01:25:26	12:58	
587	3218	João Bola	XPTO	02:09:48	+01:25:29	12:59	
588	2542	Paulo Noormahomed	Pedro Pê	02:09:48	+01:25:29	12:59	
589	2543	Pedro Manuel Miguel Barbosa	Pedro Pê	02:09:48	+01:25:29	12:59	
590	358	MÁRIO JOSÉ MIRANDA	7am CFA	02:09:49	+01:25:30	12:59	
591	2541	Silvia Carvalho	Pedro Pê	02:09:49	+01:25:30	12:59	
592	2539	Ana Cardinal	Pedro Pê	02:09:49	+01:25:30	12:59	
593	2544	Ricardo Aguiar	Pedro Pê	02:09:49	+01:25:30	12:59	
594	352	Lina Rodrigues	7am CFA	02:09:49	+01:25:30	12:59	
595	3209	Ângela Graça	XPTO	02:09:55	+01:25:36	12:59	
596	3220	Ricardo Ferreira	XPTO	02:09:55	+01:25:36	12:59	
597	3211	Cristina Lucas	XPTO	02:09:57	+01:25:38	13:00	
598	2320	Sara Rodrigues	Os Indomáveis	02:10:00	+01:25:41	13:00	
599	2329	Filipe oliveira	Os Indomáveis	02:10:01	+01:25:42	13:00	
600	1193	Susana Marina Valente de Almeida	ELITE - OS REUMÁTICOS	02:10:08	+01:25:49	13:01	
601	1199	Paulo Alexandre Monteiro da Silva Pinheiro	ELITE - OS REUMÁTICOS	02:10:08	+01:25:49	13:01	
602	1198	Nuno Filipe Silva Gomes	ELITE - OS REUMÁTICOS	02:10:09	+01:25:50	13:01	
603	1196	Jorge Manuel barros Gomes	ELITE - OS REUMÁTICOS	02:10:09	+01:25:50	13:01	
604	1195	Guilherme Vieira Figueiredo	ELITE - OS REUMÁTICOS	02:10:11	+01:25:52	13:01	
605	1192	Sandra Cristina Silva Monteiro	ELITE - OS REUMÁTICOS	02:10:13	+01:25:54	13:01	
606	1202	Rúben Leonel Valente Almeida	ELITE - OS REUMÁTICOS	02:10:14	+01:25:55	13:01	
607	1203	Rui Alberto Damas Rocha	ELITE - OS REUMÁTICOS	02:10:15	+01:25:56	13:01	
608	1201	Rafael José Fernandes Gomes da Silva	ELITE - OS REUMÁTICOS	02:10:15	+01:25:56	13:02	
609	1774	Nuno Lemos	IV Temporada	02:10:17	+01:25:58	13:02	
610	1189	Alice Susana de Bastos Marques Pires	ELITE - OS REUMÁTICOS	02:10:17	+01:25:58	13:02	
611	1194	Carlos Elmano Silveira de Oliveira	ELITE - OS REUMÁTICOS	02:10:18	+01:25:59	13:02	
612	1190	Ana Cláudia Rodrigues de Sá	ELITE - OS REUMÁTICOS	02:10:18	+01:25:59	13:02	
613	1191	Isabel Maria Jesus Gomes	ELITE - OS REUMÁTICOS	02:10:18	+01:25:59	13:02	
614	1197	Luís Miguel Monteiro Figueiredo	ELITE - OS REUMÁTICOS	02:10:19	+01:26:00	13:02	
615	1200	Pedro Alexandre Fernandes Marques	ELITE - OS REUMÁTICOS	02:10:19	+01:26:00	13:02	
616	2989	Daniela Coelho	Tartaarugas	02:10:31	+01:26:12	13:03	
617	2990	Bruno Pereira	Tartaarugas	02:10:32	+01:26:13	13:03	
618	2341	Vitor Pacheco	Os Indomáveis	02:10:32	+01:26:13	13:03	
619	2308	Isabel Patusco	Os Indomáveis	02:10:35	+01:26:16	13:03	
620	2991	Carlos Alves	Tartaarugas	02:10:38	+01:26:19	13:04	
621	2988	Beatriz Nunes	Tartaarugas	02:10:39	+01:26:20	13:04	
622	2678	Vitor Silva	Quase que participámos no ano passado	02:10:40	+01:26:21	13:04	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
623	2671	Manuel Almeida	Quase que participámos no ano passado	02:10:43	+01:26:24	13:04	
624	3020	Diana Catarina Antunes Leite	TeamIidl	02:10:43	+01:26:24	13:04	
625	3025	Fábio Henrique Ferreira dos Santos	TeamIidl	02:10:46	+01:26:27	13:05	
626	11	Henrique Nuno Oliveira Fonseca	Arsenal de Canelas	02:11:48	+01:27:29	13:11	
627	771	Gabriel Pinho	Bio Team	02:11:50	+01:27:31	13:11	
628	762	Marília Cruz	Bio Team	02:11:50	+01:27:31	13:11	
629	761	Márcia Costa	Bio Team	02:11:50	+01:27:31	13:11	
630	775	Miguel Moreira	Bio Team	02:11:50	+01:27:31	13:11	
631	2929	Micaela Farias	Special Force	02:11:55	+01:27:36	13:11	
632	1630	Diogo Borges	Grupo JR	02:11:58	+01:27:39	13:12	
633	2575	PEDRO JOSÉ GALERA SOARES	Plasticos JOLUCE	02:12:00	+01:27:41	13:12	
634	2927	Ariana Ribeiro	Special Force	02:12:01	+01:27:42	13:12	
635	1263	Ana Lopes	Espalhabrasas	02:12:01	+01:27:42	13:12	
636	1273	Pedro Couto	Espalhabrasas	02:12:02	+01:27:43	13:12	
637	2566	VANESSA LILIANA SILVA GARRIDO	Plasticos JOLUCE	02:12:02	+01:27:43	13:12	
638	2930	Silvana Oliveira	Special Force	02:12:02	+01:27:43	13:12	
639	2325	Verónica Castro	Os Indomáveis	02:12:04	+01:27:45	13:12	
640	2338	Rafael silva	Os Indomáveis	02:12:04	+01:27:45	13:12	
641	2933	Mário Antonio Santos	Special Force	02:12:06	+01:27:47	13:13	
642	85	Esperança Terra	Individual	02:12:20	+01:28:01	13:14	
643	3213	Patrícia Ferreira Vicente	XPTO	02:12:23	+01:28:04	13:14	
644	3219	Nuno Vicente	XPTO	02:12:24	+01:28:05	13:14	
645	3216	Gilberto Pereira	XPTO	02:12:24	+01:28:05	13:14	
646	126	João Dias	Os Improváveis	02:12:27	+01:28:08	13:15	
647	111	Ana Luísa Costa	Os Improváveis	02:12:28	+01:28:09	13:15	
648	2746	Carlos Alexandre Redondo Cordeiro Pato	Rave Shaspe	02:12:52	+01:28:33	13:17	
649	2744	Ana Sofia OliveiraSilva	Rave Shaspe	02:12:53	+01:28:34	13:17	
650	1186	Miguel Tavares	Elecas	02:13:05	+01:28:46	13:18	
651	1181	Joana Gonçalves	Elecas	02:13:05	+01:28:46	13:19	
652	1183	Raquel Gonçalves	Elecas	02:13:06	+01:28:47	13:19	
653	1188	Samuel Loio	Elecas	02:13:06	+01:28:47	13:19	
654	1182	Maria Miguel da Silva Lóio	Elecas	02:13:07	+01:28:48	13:19	
655	1185	Jorge Farias	Elecas	02:13:07	+01:28:48	13:19	
656	3026	Leonardo José da Silva Valente Arena Teixeira	TeamIidl	02:13:09	+01:28:50	13:19	
657	2366	Carina Matos	TeamIidl	02:13:09	+01:28:50	13:19	
658	1184	João Campos	Elecas	02:13:09	+01:28:50	13:19	
659	3024	Eurico Gonçalves Costa	TeamIidl	02:13:09	+01:28:50	13:19	
660	3028	Nuno Tiago Ferreira Almeida	TeamIidl	02:13:09	+01:28:50	13:19	
661	571	Manuel Maria Paiva Pereira	Arsenal de Canelas	02:13:38	+01:29:19	13:22	
662	531	Rosa Isabel da Silva Correia	Arsenal de Canelas	02:13:43	+01:29:24	13:22	
663	26	Francisco José Rios Gonçalves	C21 Confiança	02:14:00	+01:29:41	13:24	
664	3050	Márcio Castro	The Last Of Us e mais alguns	02:14:06	+01:29:47	13:25	
665	3051	Ricardo Domingues	The Last Of Us e mais alguns	02:14:08	+01:29:49	13:25	
666	3049	Fábio Ferreira	The Last Of Us e mais alguns	02:14:09	+01:29:50	13:25	

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
667	3048	Diogo Silva	The Last Of Us e mais alguns	02:14:09	+01:29:50	13:25	
668	3046	Paulo Ricardo Ribeiro Silva	The Last Of Us e mais alguns	02:14:09	+01:29:50	13:25	
669	3047	Micaela Martins	The Last Of Us e mais alguns	02:14:09	+01:29:50	13:25	
670	1419	Rui Duarte	FLOENE	02:14:10	+01:29:51	13:25	
671	1414	Martim Santos	FLOENE	02:14:11	+01:29:52	13:25	
672	123	Vera Dias	Os Improváveis	02:14:11	+01:29:52	13:25	
673	127	Luís Dias	Os Improváveis	02:14:11	+01:29:52	13:25	
674	3045	Ana Sofia Cardoso	The Last Of Us e mais alguns	02:14:17	+01:29:58	13:26	
675	3052	Rodrigo Mira	The Last Of Us e mais alguns	02:14:17	+01:29:58	13:26	
676	24	Alexandre De Almeida	C21 Confiança	02:14:38	+01:30:19	13:28	
677	1412	José Almeida	FLOENE	02:14:49	+01:30:30	13:29	
678	622	Nuno Fernando Soares Oliveira	As Tamancas	02:14:52	+01:30:33	13:29	
679	616	Fanny Martins	As Tamancas	02:14:52	+01:30:33	13:29	
680	25	Alexandre Marchini	C21 Confiança	02:15:10	+01:30:51	13:31	
681	2071	RUI FIGUEIREDO	MUCHACHOS	02:15:31	+01:31:12	13:33	
682	2066	GILBERTO MATOS	MUCHACHOS	02:15:31	+01:31:12	13:33	
683	2067	JORGE FIGUEIREDO	MUCHACHOS	02:15:36	+01:31:17	13:34	
684	2069	RICARDO PIRES	MUCHACHOS	02:15:36	+01:31:17	13:34	
685	2070	RICARDO TOJAL	MUCHACHOS	02:15:36	+01:31:17	13:34	
686	56	Sandra Franco	Forever Young	02:15:37	+01:31:18	13:34	
687	55	Rita Gonçalves	Forever Young	02:15:38	+01:31:19	13:34	
688	2769	Rute Marisa Tavares Marques da Silva	Reumáticos & Etc	02:15:58	+01:31:39	13:36	
689	2765	Patrícia Alexandra Machado Henriques	Reumáticos & Etc	02:15:59	+01:31:40	13:36	
690	1837	Simao Monteiro	Kamandrus	02:16:05	+01:31:46	13:37	
691	1834	Barbara Camarinha	Kamandrus	02:16:12	+01:31:53	13:37	
692	1835	Carina Almeida	Kamandrus	02:16:14	+01:31:55	13:37	
693	1836	Rui Araujo	Kamandrus	02:16:23	+01:32:04	13:38	
694	1629	Diogo Batista	Grupo JR	02:16:52	+01:32:33	13:41	
695	1519	Rafael Simões	FZLounge	02:16:57	+01:32:38	13:42	
696	1626	Daniel Oliveira	Grupo JR	02:16:58	+01:32:39	13:42	
697	1521	Tiago Ferreira	FZLounge	02:16:59	+01:32:40	13:42	
698	1517	Bruno Tomasio	FZLounge	02:16:59	+01:32:40	13:42	
699	132	Ana Rita Alcobia Silva	Os independentes	02:17:11	+01:32:52	13:43	
700	130	Ana Catarina Dias Santos	Os independentes	02:17:13	+01:32:54	13:43	
701	142	José Carlos Marques Pereira	Os independentes	02:17:13	+01:32:54	13:43	
702	138	Nicole Mendes da Silva	Os independentes	02:17:14	+01:32:55	13:43	
703	140	António Carlos dias Évora	Os independentes	02:17:14	+01:32:55	13:43	
704	137	Marina de Lurdes Marques Jorge	Os independentes	02:17:14	+01:32:55	13:43	
705	131	Ana Filipa Pereira Lopez	Os independentes	02:17:15	+01:32:56	13:43	
706	135	Inês Carvalho Silva	Os independentes	02:17:16	+01:32:57	13:44	
707	2010	Mauro Galante	Lux Health Club	02:17:22	+01:33:03	13:44	
708	1908	Milangel Gonzalez	Latinas	02:17:23	+01:33:04	13:44	
709	2614	Samuel Moreira	Politogethers	02:17:24	+01:33:05	13:44	
710	2605	Diogo moreira	Politogethers	02:17:25	+01:33:06	13:45	
711	2602	Mariana Correia	Politogethers	02:17:26	+01:33:07	13:45	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	T/KM	CARD
712	2613	Rúben resende	Politogethers	02:17:26	+01:33:07	13:45	
713	1145	Ben Holstein	Deutsche Bratwurst	02:17:27	+01:33:08	13:45	
714	1146	Jonathan Slaby	Deutsche Bratwurst	02:17:27	+01:33:08	13:45	
715	1148	Silas Hofer	Deutsche Bratwurst	02:17:27	+01:33:08	13:45	
716	2009	Diogo Silva	Lux Health Club	02:17:34	+01:33:15	13:45	
717	2007	Letícia Almeida	Lux Health Club	02:17:35	+01:33:16	13:45	
718	2004	Cristiana Mendes	Lux Health Club	02:17:35	+01:33:16	13:45	
719	2006	Cristiane Sousa	Lux Health Club	02:17:35	+01:33:16	13:46	
720	2011	Nuno Almeida	Lux Health Club	02:17:35	+01:33:16	13:46	
721	2003	Adelaide Almeida	Lux Health Club	02:17:36	+01:33:17	13:46	
722	2012	Pedro Cunha	Lux Health Club	02:17:36	+01:33:17	13:46	
723	2947	Kevin Regalado	Tainadas Run Team - Somengil	02:17:59	+01:33:40	13:48	
724	2941	Sandra Oliveira	Tainadas Run Team - Somengil	02:17:59	+01:33:40	13:48	
725	2934	Aurelie Martins	Tainadas Run Team - Somengil	02:18:06	+01:33:47	13:49	
726	2939	Francisca Mateus	Tainadas Run Team - Somengil	02:18:06	+01:33:47	13:49	
727	2936	Diana Domingues	Tainadas Run Team - Somengil	02:18:07	+01:33:48	13:49	
728	2940	Liliana Julião	Tainadas Run Team - Somengil	02:18:08	+01:33:49	13:49	
729	2938	Eduarda Vinagre	Tainadas Run Team - Somengil	02:18:08	+01:33:49	13:49	
730	2945	Joni Rocha	Tainadas Run Team - Somengil	02:18:08	+01:33:49	13:49	
731	2948	Licínio Costa	Tainadas Run Team - Somengil	02:18:09	+01:33:50	13:49	
732	2949	Milson Santos	Tainadas Run Team - Somengil	02:18:10	+01:33:51	13:49	
733	117	Cristine Souza	Os Improváveis	02:18:14	+01:33:55	13:49	
734	2946	José Ferro	Tainadas Run Team - Somengil	02:18:14	+01:33:55	13:49	
735	2942	Arcanjo Martins	Tainadas Run Team - Somengil	02:18:15	+01:33:56	13:50	
736	2937	Dina Oliveira	Tainadas Run Team - Somengil	02:18:16	+01:33:57	13:50	
737	2020	PAULO SANTOS	Marretas da Caneca	02:18:41	+01:34:22	13:52	
738	3144	Marco Rafael de Oliveira e Silva	Vai com tudo!	02:18:41	+01:34:22	13:52	
739	2021	PEDRO LEITE	Marretas da Caneca	02:18:45	+01:34:26	13:53	
740	2016	ANDRE ALEIXO	Marretas da Caneca	02:18:46	+01:34:27	13:53	
741	558	Fábio oliveira	Arsenal de Canelas	02:18:47	+01:34:28	13:53	
742	2022	SEVERINO NADAIS	Marretas da Caneca	02:18:47	+01:34:28	13:53	
743	2017	BRUNO ALMEIDA	Marretas da Caneca	02:18:47	+01:34:28	13:53	
744	2019	FERNANDO FARIA	Marretas da Caneca	02:18:48	+01:34:29	13:53	
745	2018	CARLOS FERREIRA	Marretas da Caneca	02:18:49	+01:34:30	13:53	
746	3143	Gabriel dos Santos Gameiro	Vai com tudo!	02:18:50	+01:34:31	13:53	
747	534	Sónia Silva	Arsenal de Canelas	02:18:53	+01:34:34	13:53	
748	502	Cláudia Pessoa	Arsenal de Canelas	02:18:54	+01:34:35	13:53	
749	580	Paulo Borges	Arsenal de Canelas	02:18:55	+01:34:36	13:53	
750	1239	David Lopes	Equipa ELITE	02:18:58	+01:34:39	13:54	
751	492	Ana Sofia Petiz	Arsenal de Canelas	02:18:58	+01:34:39	13:54	
752	1240	Emanuel Arrojado	Equipa ELITE	02:18:59	+01:34:40	13:54	
753	1236	Sara Silva	Equipa ELITE	02:19:02	+01:34:43	13:54	
754	1229	Catarina Matos	Equipa ELITE	02:19:02	+01:34:43	13:54	
755	1233	Fátima Valente	Equipa ELITE	02:19:03	+01:34:44	13:54	
756	3235	Rui Ramos	Individual	02:19:59	+01:35:40	14:00	
757	392	Francisco Santos	Abade & Santos	02:20:03	+01:35:44	14:00	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
758	2381	Miguel Costa	os lameiros	02:20:08	+01:35:49	14:01	
759	2386	Ricardo Silva	os lameiros	02:20:10	+01:35:51	14:01	
760	1605	Ana Cláudia Santos	Grupo Desconhecido	02:20:15	+01:35:56	14:01	
761	1610	Vanessa M	Grupo Desconhecido	02:20:22	+01:36:03	14:02	
762	1609	Sara Bastos	Grupo Desconhecido	02:20:23	+01:36:04	14:02	
763	1613	Valter Silva	Grupo Desconhecido	02:20:24	+01:36:05	14:02	
764	1612	Paulo Tavares	Grupo Desconhecido	02:20:25	+01:36:06	14:03	
765	2856	Pedro Castro	Samba Tribal	02:20:26	+01:36:07	14:03	
766	1611	Jorge Cardoso	Grupo Desconhecido	02:20:28	+01:36:09	14:03	
767	2849	Rita Sousa	Samba Tribal	02:20:28	+01:36:09	14:03	
768	1607	Joana Ribeiro	Grupo Desconhecido	02:20:28	+01:36:09	14:03	
769	2853	João Carlos Mendes Samagaio	Samba Tribal	02:20:30	+01:36:11	14:03	
770	3230	Júlio Costa	ZsaZsas	02:20:30	+01:36:11	14:03	
771	1363	Daniela Correia	Flamingos	02:20:38	+01:36:19	14:04	
772	1604	Alexandra Tavares	Grupo Desconhecido	02:20:39	+01:36:20	14:04	
773	1608	Sandrina Sá	Grupo Desconhecido	02:20:39	+01:36:20	14:04	
774	1606	Mário Costa	Grupo Desconhecido	02:20:41	+01:36:22	14:04	
775	1802	Leonardo Martins Pata	JUDO Team	02:21:00	+01:36:41	14:06	
776	1800	Íris Vilela Moreira	JUDO Team	02:21:00	+01:36:41	14:06	
777	1799	Claudia Maria Rocha Martins	JUDO Team	02:21:00	+01:36:41	14:06	
778	152	Marinelsa Ernesto João Damião	PLAYGROUND	02:21:01	+01:36:42	14:06	
779	1801	Filipe de Ornelas Diogo Obrist	JUDO Team	02:21:01	+01:36:42	14:06	
780	2579	Carmen Teresa Rodriguez Rivero	PLAYGROUND	02:21:02	+01:36:43	14:06	
781	158	Miguel Angel Carrasco Fossi	PLAYGROUND	02:21:02	+01:36:43	14:06	
782	1349	Bruno Silva	Fita Cola Preta	02:21:20	+01:37:01	14:08	
783	1350	Gonçalo Pinto	Fita Cola Preta	02:21:20	+01:37:01	14:08	
784	1351	Luís Gouveia	Fita Cola Preta	02:21:21	+01:37:02	14:08	
785	1348	Paula Lagoa	Fita Cola Preta	02:21:21	+01:37:02	14:08	
786	2163	Tânia Almeida	OCR4500	02:21:26	+01:37:07	14:09	
787	2165	João Miranda	OCR4500	02:21:26	+01:37:07	14:09	
788	2162	Andreia Cabral	OCR4500	02:21:26	+01:37:07	14:09	
789	2164	Daniel Oliveira	OCR4500	02:21:26	+01:37:07	14:09	
790	1689	Diana Vivas	Hipopotomonstrosesquipedaliofobia	02:21:34	+01:37:15	14:09	
791	2404	Uriel Martinho	Os Maravilha	02:22:08	+01:37:49	14:13	
792	1714	Américo Neves	Iluminati	02:22:23	+01:38:04	14:14	
793	1712	Vanessa Fonseca	Iluminati	02:22:24	+01:38:05	14:14	
794	2038	David Silva	Missão 100 Burpees	02:22:28	+01:38:09	14:15	
795	2041	Valter Louro	Missão 100 Burpees	02:22:28	+01:38:09	14:15	
796	2040	Tiago Simões Dias	Missão 100 Burpees	02:22:29	+01:38:10	14:15	
797	2039	Gilberto Almeida	Missão 100 Burpees	02:22:31	+01:38:12	14:15	
798	2036	Anabela Silva	Missão 100 Burpees	02:22:31	+01:38:12	14:15	
799	2037	Cátia Reis	Missão 100 Burpees	02:22:32	+01:38:13	14:15	
800	585	Pedro Loureiro	Arsenal de Canelas	02:22:42	+01:38:23	14:16	
801	599	Tiago Ventura	Arsenal de Canelas	02:22:42	+01:38:23	14:16	
802	2400	Ana Bela Varela	Os Maravilha	02:22:54	+01:38:35	14:17	
803	1773	Francisco Matos	IV Temporada	02:22:55	+01:38:36	14:18	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
804	1767	Carla Alexandra	IV Temporada	02:22:56	+01:38:37	14:18	
805	1769	Célia Santos	IV Temporada	02:22:56	+01:38:37	14:18	
806	2724	Jaime Silva	RaceTfit	02:22:58	+01:38:39	14:18	
807	2733	Pedro Soares	RaceTfit	02:22:58	+01:38:39	14:18	
808	2703	Carla Coutinho	RaceTfit	02:23:06	+01:38:47	14:19	
809	899	Márcio Silva	Canecus	02:23:17	+01:38:58	14:20	
810	896	Joana Fernandes	Canecus	02:23:18	+01:38:59	14:20	
811	897	Sandra Silva	Canecus	02:23:18	+01:38:59	14:20	
812	2630	Maria da Graça Ferreira	Primas de Cortegaça	02:23:18	+01:38:59	14:20	
813	898	Emanuel Pinho	Canecus	02:23:19	+01:39:00	14:20	
814	2632	Maria de Fátima Domingues Pereira	Primas de Cortegaça	02:23:19	+01:39:00	14:20	
815	2628	Laura Soares	Primas de Cortegaça	02:23:21	+01:39:02	14:20	
816	2641	João Carlos Ferreira Alves	Primas de Cortegaça	02:23:22	+01:39:03	14:20	
817	2637	Sandra Cristina da Silva Alves	Primas de Cortegaça	02:23:23	+01:39:04	14:20	
818	891	Daniel Nunes	CandyCrushers	02:23:43	+01:39:24	14:22	
819	890	Sofia Ferreira	CandyCrushers	02:23:43	+01:39:24	14:22	
820	893	Nuno Bernardo	CandyCrushers	02:23:44	+01:39:25	14:22	
821	895	Rui Dionísio	CandyCrushers	02:23:44	+01:39:25	14:22	
822	889	Juliana Marinho	CandyCrushers	02:23:44	+01:39:25	14:22	
823	892	Danilo Almeida	CandyCrushers	02:23:44	+01:39:25	14:22	
824	888	Filomena Santos	CandyCrushers	02:23:44	+01:39:25	14:22	
825	2389	Rui Pedro Carneiro da Silva	os lameiros	02:23:44	+01:39:25	14:22	
826	887	Anabela Veiga	CandyCrushers	02:23:45	+01:39:26	14:22	
827	2367	Juliana Vieira Dias	os lameiros	02:23:45	+01:39:26	14:22	
828	2364	Ana Catarina Teorgas Ferreira	os lameiros	02:23:45	+01:39:26	14:23	
829	2365	Beatriz Oliveira Dias Santos	os lameiros	02:23:46	+01:39:27	14:23	
830	2384	Pedro Miguel Oliveira Dias	os lameiros	02:23:46	+01:39:27	14:23	
831	1002	Maria Vitória Marques Tavares	ClientesFofinhos	02:23:46	+01:39:27	14:23	
832	1005	Jose Agostinho Padeiro Costa	ClientesFofinhos	02:23:47	+01:39:28	14:23	
833	1006	Pedro Lemos	ClientesFofinhos	02:23:48	+01:39:29	14:23	
834	1133	MARCO MARQUES	DARTACÃO	02:23:49	+01:39:30	14:23	
835	1140	Pedro Daniel Salvador Silva	DARTACÃO	02:23:49	+01:39:30	14:23	
836	1119	MARIA FATIMA DOS SANTOS	DARTACÃO	02:23:50	+01:39:31	14:23	
837	1117	MAGDA MARQUES	DARTACÃO	02:23:50	+01:39:31	14:23	
838	1111	BELINDA BAPTISTA	DARTACÃO	02:23:50	+01:39:31	14:23	
839	2385	Rafael Soares da Silva	os lameiros	02:23:50	+01:39:31	14:23	
840	1003	Sara Neves	ClientesFofinhos	02:23:50	+01:39:31	14:23	
841	1007	Simão Neves	ClientesFofinhos	02:23:50	+01:39:31	14:23	
842	1004	Sónia Félix	ClientesFofinhos	02:23:51	+01:39:32	14:23	
843	1408	Joaquim Ramos	FLOENE	02:23:52	+01:39:33	14:23	
844	2382	Paulo Jorge Correia Santos	os lameiros	02:23:54	+01:39:35	14:23	
845	2377	João Miguel	os lameiros	02:23:59	+01:39:40	14:24	
846	539	Agostinho da Silva Almeida	Arsenal de Canelas	02:24:10	+01:39:51	14:25	
847	581	Paulo Daniel Correia Viana	Arsenal de Canelas	02:24:11	+01:39:52	14:25	
848	520	Maria Helena da Silva Machado	Arsenal de Canelas	02:24:12	+01:39:53	14:25	
849	568	José Souto	Arsenal de Canelas	02:24:12	+01:39:53	14:25	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
850	494	Anabela Machado	Arsenal de Canelas	02:24:12	+01:39:53	14:25	
851	512	Isabel Cristina Santos Neves	Arsenal de Canelas	02:24:12	+01:39:53	14:25	
852	2345	José Filipe	Os lamaceiros	02:24:13	+01:39:54	14:25	
853	2346	Ruben Nunes	Os lamaceiros	02:24:13	+01:39:54	14:25	
854	2342	Danimary Godinho	Os lamaceiros	02:24:13	+01:39:54	14:25	
855	2344	Carlos Antão	Os lamaceiros	02:24:13	+01:39:54	14:25	
856	491	Glória Regina Lopes Sousa	Arsenal de Canelas	02:24:13	+01:39:54	14:25	
857	2343	André Silva	Os lamaceiros	02:24:13	+01:39:55	14:25	
858	577	Nuno José Silva Marques	Arsenal de Canelas	02:24:14	+01:39:55	14:25	
859	317	Álvaro Jesus	100 stress	02:24:23	+01:40:04	14:26	
860	316	Sandra Silva	100 stress	02:24:24	+01:40:05	14:26	
861	560	Gonçalo Melo	Arsenal de Canelas	02:24:26	+01:40:07	14:27	
862	600	Vasco Carvalho	Arsenal de Canelas	02:24:30	+01:40:11	14:27	
863	506	Daniela Alegria	Arsenal de Canelas	02:24:31	+01:40:12	14:27	
864	561	Henrique Jorge Gonçalves Martins Ferreira	Arsenal de Canelas	02:24:31	+01:40:12	14:27	
865	1876	João Corga	L´Rocks	02:24:32	+01:40:13	14:27	
866	1869	Alina Matos	L´Rocks	02:24:33	+01:40:14	14:27	
867	1872	Joana Roque	L´Rocks	02:24:33	+01:40:14	14:27	
868	1877	João Monteiro	L´Rocks	02:24:34	+01:40:15	14:27	
869	1875	Elder Neves	L´Rocks	02:24:34	+01:40:15	14:27	
870	1879	Tiago Baptista	L´Rocks	02:24:34	+01:40:15	14:27	
871	1870	Ana Portugal	L´Rocks	02:24:35	+01:40:16	14:28	
872	1874	Sónia Martins	L´Rocks	02:24:36	+01:40:17	14:28	
873	2971	João Carvalho	Tamojunto	02:24:39	+01:40:20	14:28	
874	2966	Rodrigo Miguel Teixeira Carvalho	Tamojunto	02:24:39	+01:40:20	14:28	
875	2967	Isabel Teixeira	Tamojunto	02:24:40	+01:40:21	14:28	
876	2969	Augusto Ferreira	Tamojunto	02:24:40	+01:40:21	14:28	
877	2970	Daniel Ferreira	Tamojunto	02:24:40	+01:40:21	14:28	
878	2968	Maria Magalhães	Tamojunto	02:24:40	+01:40:21	14:28	
879	2633	Maria de Fátima Pinho Rodrigues de Castro	Primas de Cortegaça	02:24:54	+01:40:35	14:29	
880	2620	Bárbara Raquel de Jesus Santos Castro	Primas de Cortegaça	02:24:55	+01:40:36	14:29	
881	2648	Wilson André Rodrigues Castro	Primas de Cortegaça	02:24:58	+01:40:39	14:30	
882	2644	Luís Filipe Vieira Freitas	Primas de Cortegaça	02:24:58	+01:40:39	14:30	
883	2631	Maria da Luz Fernandes Oliveira Lopes	Primas de Cortegaça	02:24:58	+01:40:39	14:30	
884	2635	Nídia Costa Dias	Primas de Cortegaça	02:24:59	+01:40:40	14:30	
885	2625	Dulce Orlanda Fernandes Adrego Jorge Freitas	Primas de Cortegaça	02:24:59	+01:40:40	14:30	
886	1690	Gabriela Vivas	Hipopotomonstrosesquipedaliofobia	02:25:06	+01:40:47	14:31	
887	1702	Raul Vivas	Hipopotomonstrosesquipedaliofobia	02:25:06	+01:40:47	14:31	
888	1691	Katia Silva	Hipopotomonstrosesquipedaliofobia	02:25:09	+01:40:50	14:31	
889	1826	EMANUEL DOS REIS	JUVENTUDE LAMACENTA	02:25:19	+01:41:00	14:32	
890	1832	NUNO MIGUEL GONÇALVES ARAÚJO	JUVENTUDE LAMACENTA	02:25:19	+01:41:00	14:32	
891	1807	CLAUDIA MARIA SA SOUSA	JUVENTUDE LAMACENTA	02:25:19	+01:41:00	14:32	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
892	1823	VERA MONICA	JUVENTUDE LAMACENTA	02:25:19	+01:41:00	14:32	
893	1818	MARIANA TANUDA MOREIRA COSTA	JUVENTUDE LAMACENTA	02:25:19	+01:41:00	14:32	
894	1812	LUCIANA DA SILVA MARQUES	JUVENTUDE LAMACENTA	02:25:20	+01:41:01	14:32	
895	1827	FERNANDO JORGE COSTA SANTOS	JUVENTUDE LAMACENTA	02:25:20	+01:41:01	14:32	
896	702	Cláudia vilar	Balança mas não cai	02:25:31	+01:41:12	14:33	
897	711	Tiago Lourenço	Balança mas não cai	02:25:34	+01:41:15	14:33	
898	703	Marcia Martins	Balança mas não cai	02:25:36	+01:41:17	14:34	
899	2848	Inês Fonseca	Samba Tribal	02:25:38	+01:41:19	14:34	
900	2850	Dinarte Vieira	Samba Tribal	02:25:38	+01:41:19	14:34	
901	1855	Joaquim Pedro Rosa Samagaio	Ketonetes	02:25:40	+01:41:21	14:34	
902	707	Lia Zara Sousa	Balança mas não cai	02:25:40	+01:41:21	14:34	
903	710	Rúben Gonçalves	Balança mas não cai	02:25:43	+01:41:24	14:34	
904	706	Vera Vilar	Balança mas não cai	02:25:44	+01:41:25	14:34	
905	1850	Inês Rangel de Valdeleiros	Ketonetes	02:25:48	+01:41:29	14:35	
906	546	Bruno Ferreira	Arsenal de Canelas	02:26:05	+01:41:46	14:36	
907	510	Inês Vergas	Arsenal de Canelas	02:26:05	+01:41:46	14:36	
908	495	Andrea Assunção	Arsenal de Canelas	02:26:05	+01:41:46	14:37	
909	768	António Melo	Bio Team	02:26:28	+01:42:09	14:39	
910	753	Cláudia Amaral	Bio Team	02:26:30	+01:42:11	14:39	
911	770	Carlos Pereira	Bio Team	02:26:32	+01:42:13	14:39	
912	3176	Filipe Alexandre Pereira Costa	VAIS TU QUE EU NAO POSSO	02:26:35	+01:42:16	14:40	
913	754	Dulce Fernandes	Bio Team	02:26:36	+01:42:17	14:40	
914	3173	Cesar José Gregorio Pereira	VAIS TU QUE EU NAO POSSO	02:26:36	+01:42:17	14:40	
915	747	Ana Álvares	Bio Team	02:26:37	+01:42:18	14:40	
916	3239	Jadna Vieira da Silva Martins	RunBora	02:26:37	+01:42:18	14:40	
917	3240	Talisson Kalebe Figueiredo Acosta	RunBora	02:26:39	+01:42:20	14:40	
918	3241	Ana Beatriz da Silva Couto	RunBora	02:26:39	+01:42:20	14:40	
919	3238	Claudio Martins da Silva	RunBora	02:26:40	+01:42:21	14:40	
920	432	Bruno Rama	Agora viemos ver os 10k	02:26:41	+01:42:22	14:40	
921	429	Iara Vinagre	Agora viemos ver os 10k	02:26:48	+01:42:29	14:41	
922	431	Sónia Cardoso	Agora viemos ver os 10k	02:26:51	+01:42:32	14:41	
923	430	Sofia Vidal	Agora viemos ver os 10k	02:26:51	+01:42:32	14:41	
924	428	Daniela Cardoso	Agora viemos ver os 10k	02:26:51	+01:42:32	14:41	
925	3096	Mariana Ventura	Trepa de Estarreja	02:26:54	+01:42:35	14:41	
926	3100	Alberto Tavares	Trepa de Estarreja	02:26:54	+01:42:35	14:41	
927	21	Fernanda Narduci	C21 Confiança	02:27:11	+01:42:52	14:43	
928	23	Olivia Pinho	C21 Confiança	02:27:12	+01:42:53	14:43	
929	3083	JOSÉ SILVA	Tir`ekéda	02:27:14	+01:42:55	14:43	
930	3080	Francisco Silva	Tir`ekéda	02:27:23	+01:43:04	14:44	
931	3056	ANA MENDES	Tir`ekéda	02:27:26	+01:43:07	14:45	
932	3061	Elisabete silva	Tir`ekéda	02:27:31	+01:43:12	14:45	
933	3231	LEONARDO MARTINEZ	ZsaZsas	02:27:45	+01:43:26	14:46	
934	3183	José Manuel Cardoso Costa	VAIS TU QUE EU NAO POSSO	02:27:51	+01:43:32	14:47	
935	3162	Marli Henriques Nogueira	VAIS TU QUE EU NAO POSSO	02:27:51	+01:43:32	14:47	
936	704	Solomiya Khom'yak	Balança mas não cai	02:27:55	+01:43:36	14:47	

10 KM

OFFICIAL RESULT

ION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Official Timekeeper: Lap2Go	22 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10 KM

OFFICIAL RESULT

[illegible]

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1027	1721	Lino Ferreira	Calisthenics ABP	02:30:23	+01:46:04	15:02	
1028	876	Afonso Santos	Calisthenics ABP	02:30:23	+01:46:04	15:02	
1029	1255	José Gomes	Esfrega Laminha	02:30:23	+01:46:04	15:02	
1030	2411	André Silva	Os Marroquinos	02:30:32	+01:46:13	15:03	
1031	2414	António Marroquino	Os Marroquinos	02:30:34	+01:46:15	15:03	
1032	2420	Tiago Soares	Os Marroquinos	02:30:37	+01:46:18	15:04	
1033	3193	Ana Sofia Carvalho Marques de Oliveira	Vamos tentar não morrer!	02:30:43	+01:46:24	15:04	
1034	3192	Ana Raquel Barreto e Silva Oliveira	Vamos tentar não morrer!	02:30:43	+01:46:24	15:04	
1035	3196	Marco Gonçalves	Vamos tentar não morrer!	02:30:43	+01:46:24	15:04	
1036	3195	Elísio Ferreira	Vamos tentar não morrer!	02:30:44	+01:46:25	15:04	
1037	3194	Marta Azevedo	Vamos tentar não morrer!	02:30:44	+01:46:25	15:04	
1038	2234	João Fernandes da Silva	Os Borrachões	02:30:51	+01:46:32	15:05	
1039	2232	Afonso Fernandes da Silva	Os Borrachões	02:30:51	+01:46:32	15:05	
1040	2235	Ricardo Fonseca Oliveira	Os Borrachões	02:30:52	+01:46:33	15:05	
1041	2233	António Gabriel Henriques da Silva Henriques	Os Borrachões	02:30:52	+01:46:33	15:05	
1042	1857	Ana Almeida	Kit Aventura	02:31:23	+01:47:04	15:08	
1043	801	Eva Ribeiro	BioSerranos	02:31:29	+01:47:10	15:09	
1044	800	Ana Sofia Oliveira	BioSerranos	02:31:29	+01:47:10	15:09	
1045	804	Liliana Costa	BioSerranos	02:31:29	+01:47:10	15:09	
1046	802	Iva Brás	BioSerranos	02:31:30	+01:47:11	15:09	
1047	2105	Valter Silva	Não sei!	02:31:31	+01:47:12	15:09	
1048	2101	João Valente	Não sei!	02:31:31	+01:47:12	15:09	
1049	3081	Gonçalo Ladeira	Tir`ekéda	02:31:40	+01:47:21	15:10	
1050	3078	Duarte ladeira	Tir`ekéda	02:31:41	+01:47:22	15:10	
1051	385	Filipa Pereira	A seita que dói menos	02:31:42	+01:47:23	15:10	
1052	384	Cristina Castro	A seita que dói menos	02:31:42	+01:47:23	15:10	
1053	2183	Pedro André Maia Lamego	Os Amigos da Coxinha de Frango	02:31:45	+01:47:26	15:10	
1054	1753	INÊS SANTOS	ISVOUGA	02:31:45	+01:47:26	15:11	
1055	3207	Bruno Augusto	Warrior NaN	02:31:45	+01:47:26	15:11	
1056	3208	Miguel Rosa	Warrior NaN	02:31:46	+01:47:27	15:11	
1057	3206	Vera Rodrigues	Warrior NaN	02:31:46	+01:47:27	15:11	
1058	2176	João Henrique Valente Oliveira	Os Amigos da Coxinha de Frango	02:31:46	+01:47:27	15:11	
1059	2904	Raquel Nogueira	Seita da lama	02:32:01	+01:47:42	15:12	
1060	2859	Juliana Silva Semedo	Santos da Lama	02:32:14	+01:47:55	15:13	
1061	2864	João Paulo dos Santos Tavares	Santos da Lama	02:32:15	+01:47:56	15:13	
1062	2862	Edgar Moraes	Santos da Lama	02:32:15	+01:47:56	15:13	
1063	2857	Ana Catarina Pereira da Silva	Santos da Lama	02:32:16	+01:47:57	15:14	
1064	2865	João Pedro Abreu	Santos da Lama	02:32:16	+01:47:57	15:14	
1065	2898	Auria Santos	Seita da lama	02:32:20	+01:48:01	15:14	
1066	1840	Cristina Gomes	Kamikaze	02:32:22	+01:48:03	15:14	
1067	1356	Alexandre Peralta	Fitness	02:32:23	+01:48:04	15:14	
1068	2283	Pedro Miguel Monteiro Baptista	Os Fânãñã	02:32:27	+01:48:08	15:15	
1069	2282	Nuno Rodrigo de Oliveira Pais	Os Fânãñã	02:32:27	+01:48:08	15:15	
1070	2280	Fernando Jorge Ribau Lino	Os Fânãñã	02:32:27	+01:48:08	15:15	
1071	2279	Carlos Manuel Oliveira Conceição	Os Fânãñã	02:32:27	+01:48:08	15:15	

10 KM

[illegible][illegible]

Official Timekeeper: Lap2Go	25 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1115	2498	Tania Filipa Coutinho	Os Valmayorkinos	02:33:43	+01:49:24	15:22	
1116	2500	José Ismael Martins Arede	Os Valmayorkinos	02:33:43	+01:49:24	15:22	
1117	1946	Mário Sérgio Lopes de Castro	Lebres	02:33:46	+01:49:27	15:23	
1118	1945	Luis Filipe Fernandes correia	Lebres	02:33:53	+01:49:34	15:23	
1119	1950	Sergio Manuel Nascimento	Lebres	02:33:53	+01:49:34	15:23	
1120	2962	Rui Sousa	TainadasTeam	02:34:04	+01:49:45	15:24	
1121	2964	Vitor Félix	TainadasTeam	02:34:06	+01:49:47	15:25	
1122	2959	Marcelo Magalhaes	TainadasTeam	02:34:08	+01:49:49	15:25	
1123	662	José António Marques Sousa	ASSOCIACAO CULTURAL DE SALREU	02:34:18	+01:49:59	15:26	
1124	1730	Helder Silva	Individual	02:34:21	+01:50:02	15:26	
1125	1718	Adelaide Marques	Individual	02:34:22	+01:50:03	15:26	
1126	648	RENATO FILIPE RODRIGUES RAMOS	Associação Atlética de Avanca	02:34:53	+01:50:34	15:29	
1127	644	DOMINGOS VENTURA MATOS	Associação Atlética de Avanca	02:34:54	+01:50:35	15:29	
1128	647	PEDRO MIGUEL ANDRADE DOS SANTOS	Associação Atlética de Avanca	02:34:55	+01:50:36	15:30	
1129	641	FÁTIMA ALEXANDRA SILVA CORREIA FERNANDES	Associação Atlética de Avanca	02:34:55	+01:50:36	15:30	
1130	639	CATARINA DA CONCEIÇÃO REIS DE MATOS	Associação Atlética de Avanca	02:34:56	+01:50:37	15:30	
1131	645	HÉLDER MANUEL BASTOS FERREIRA	Associação Atlética de Avanca	02:34:56	+01:50:37	15:30	
1132	638	ANA ALEXANDRA REIS DE MATOS MOREIRA LEITE	Associação Atlética de Avanca	02:34:56	+01:50:37	15:30	
1133	643	SANDRA MARGARIDA MAGALHÃES SILVA	Associação Atlética de Avanca	02:34:56	+01:50:37	15:30	
1134	2994	Nuno Veloso	Tartarugas Ninja	02:34:57	+01:50:38	15:30	
1135	2992	Eddy Dominguez	Tartarugas Ninja	02:35:00	+01:50:41	15:30	
1136	640	CHRISTELLE DIAS FERRÃO	Associação Atlética de Avanca	02:35:03	+01:50:44	15:30	
1137	642	MARIA NATÉRCIA DA SILVA OLIVEIRA JESUS	Associação Atlética de Avanca	02:35:03	+01:50:44	15:30	
1138	2993	Filomena Martins	Tartarugas Ninja	02:35:04	+01:50:45	15:30	
1139	1472	Aida Silva	Funcional Team	02:35:10	+01:50:51	15:31	
1140	2371	Dário Gomes	os lameiros	02:35:13	+01:50:54	15:31	
1141	2370	André Tavares	os lameiros	02:35:13	+01:50:54	15:31	
1142	2574	NUNO MIGUEL HENRIQUES FERNANDES	Plasticos JOLUCE	02:35:40	+01:51:21	15:34	
1143	2568	DIOGO FERREIRA DA SILVA GODINHO	Plasticos JOLUCE	02:35:40	+01:51:21	15:34	
1144	2567	DANIEL JOSE RANGEL SALAZAR	Plasticos JOLUCE	02:35:40	+01:51:21	15:34	
1145	2565	LYDIE SOPHIE MARTINS PEREIRA	Plasticos JOLUCE	02:35:40	+01:51:21	15:34	
1146	2570	GURJANT SINGH	Plasticos JOLUCE	02:35:40	+01:51:21	15:34	
1147	2576	RICARDO FILIPE VALENTE PAIVA	Plasticos JOLUCE	02:35:40	+01:51:21	15:34	
1148	2563	CARINA OLIVEIRA REIS SANTOS	Plasticos JOLUCE	02:35:40	+01:51:21	15:34	
1149	2562	ANA SORAIA MARTINS VALENTE	Plasticos JOLUCE	02:35:40	+01:51:21	15:34	
1150	2577	TIAGO DA SILVA COSTEIRA	Plasticos JOLUCE	02:35:40	+01:51:21	15:34	
1151	2571	HARDEEP SINGH	Plasticos JOLUCE	02:35:40	+01:51:21	15:34	
1152	2573	JOAQUIM ORLANDO DA SILVA CARDOSO	Plasticos JOLUCE	02:35:41	+01:51:22	15:34	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1153	2569	FILIPE MIGUEL SOUSA DA SILVA VAZ	Plasticos JOLUCE	02:35:41	+01:51:22	15:34	
1154	2564	CÉLIA MARISA DE MATOS COSTA	Plasticos JOLUCE	02:35:41	+01:51:22	15:34	
1155	2572	BYRON ORLANDO YEPEZ MENA	Plasticos JOLUCE	02:35:41	+01:51:22	15:34	
1156	906	Gonçalo Rodrigues	Caracóis LDA	02:35:49	+01:51:30	15:35	
1157	905	Mafalda Trindade	Caracóis LDA	02:35:49	+01:51:30	15:35	
1158	904	Luísa Coelho	Caracóis LDA	02:35:50	+01:51:31	15:35	
1159	908	Tiago Pereira	Caracóis LDA	02:35:50	+01:51:31	15:35	
1160	907	Hugo Leal	Caracóis LDA	02:35:50	+01:51:31	15:35	
1161	903	Lia Silva	Caracóis LDA	02:35:50	+01:51:31	15:35	
1162	2251	Nuno Marques	Os Bravos	02:35:53	+01:51:34	15:35	
1163	663	Jose maio	ASSOCIACAO CULTURAL DE SALREU	02:35:58	+01:51:39	15:36	
1164	2592	Claudia Fernandes	Politogethers	02:36:08	+01:51:49	15:37	
1165	2612	Rafael Bernardo Brochado	Politogethers	02:36:09	+01:51:50	15:37	
1166	2611	Pedro Mota	Politogethers	02:36:10	+01:51:51	15:37	
1167	2596	Joana Maria Cruz Pinto	Politogethers	02:36:11	+01:51:52	15:37	
1168	2250	Nuno Barreto	Os Bravos	02:36:22	+01:52:03	15:38	
1169	2236	Ana Luisa	Os Bravos	02:36:27	+01:52:08	15:39	
1170	2241	Rute Marques	Os Bravos	02:36:28	+01:52:09	15:39	
1171	2489	Ana Letícia Costa Almeida	Os trambolheiros	02:36:38	+01:52:19	15:40	
1172	2492	Duarte Pedro Costa Almeida	Os trambolheiros	02:36:39	+01:52:20	15:40	
1173	2491	António Augusto Nunes Silva Almeida	Os trambolheiros	02:36:41	+01:52:22	15:40	
1174	2490	Patrícia Alexandra Lopes Costa	Os trambolheiros	02:36:41	+01:52:22	15:40	
1175	2417	Filipe Nogueira	Os Marroquinos	02:36:51	+01:52:32	15:41	
1176	2412	André Soares	Os Marroquinos	02:36:52	+01:52:33	15:41	
1177	2415	Bruno Gonçalves	Os Marroquinos	02:36:52	+01:52:33	15:41	
1178	2418	José Marroquinos	Os Marroquinos	02:36:56	+01:52:37	15:42	
1179	2423	Samuel Silva	Os Pangaios	02:37:02	+01:52:43	15:42	
1180	657	Marta Sofia Rodrigues Baptista e Oliveira	ASSOCIACAO CULTURAL DE SALREU	02:37:06	+01:52:47	15:43	
1181	2206	Rodrigo Melo	Os Bainas	02:37:12	+01:52:53	15:43	
1182	2113	Vicente Nata dos Reis	NEPTUNO 2024	02:37:21	+01:53:02	15:44	
1183	2109	Vasco Santos Ramos	NEPTUNO 2024	02:37:22	+01:53:03	15:44	
1184	2243	Sara Fernandes	Os Bravos	02:37:28	+01:53:09	15:45	
1185	2254	Samuel Madail	Os Bravos	02:37:29	+01:53:10	15:45	
1186	2253	Ricardo Correia	Os Bravos	02:37:31	+01:53:12	15:45	
1187	2240	Isabel Marques	Os Bravos	02:37:31	+01:53:12	15:45	
1188	2238	Fátima Pinho	Os Bravos	02:37:32	+01:53:13	15:45	
1189	2249	Mário Pinho	Os Bravos	02:37:33	+01:53:14	15:45	
1190	2252	Paulo Vinagre	Os Bravos	02:37:34	+01:53:15	15:45	
1191	2244	Soraia Fernandes	Os Bravos	02:37:34	+01:53:15	15:45	
1192	2901	Constança Matos	Seita da lama	02:37:35	+01:53:16	15:46	
1193	2911	Nelson Vieira	Seita da lama	02:37:36	+01:53:17	15:46	
1194	2907	Hugo Santos	Seita da lama	02:37:36	+01:53:17	15:46	
1195	2900	Celia Azevedo	Seita da lama	02:37:36	+01:53:17	15:46	
1196	2899	Carla Rosa	Seita da lama	02:37:36	+01:53:17	15:46	

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1197	2897	Ana Matos	Seita da lama	02:37:36	+01:53:17	15:46	
1198	2902	Elsa Costa	Seita da lama	02:37:36	+01:53:17	15:46	
1199	2910	Luis Pereira	Seita da lama	02:37:36	+01:53:17	15:46	
1200	2903	Paula Costa	Seita da lama	02:37:36	+01:53:17	15:46	
1201	2908	Margarida Rosa	Seita da lama	02:37:37	+01:53:18	15:46	
1202	2906	António Matos	Seita da lama	02:37:37	+01:53:18	15:46	
1203	415	João Miguel Costa Melo Soares	Active Studio	02:37:37	+01:53:18	15:46	
1204	2912	Ricardo Gonçalves	Seita da lama	02:37:37	+01:53:18	15:46	
1205	2905	Susana Ferreira	Seita da lama	02:37:37	+01:53:18	15:46	
1206	2909	Jorge Silva	Seita da lama	02:37:37	+01:53:18	15:46	
1207	399	Ana Rafaela Monte Oliveira	Active Studio	02:37:39	+01:53:20	15:46	
1208	2833	Bruno Oliveira	Salta e cai	02:37:44	+01:53:25	15:46	
1209	2843	Rui Almeida	Salta e cai	02:37:45	+01:53:26	15:47	
1210	2829	Carolina Sona	Salta e cai	02:37:46	+01:53:27	15:47	
1211	2828	Juliana Borges Costa	Salta e cai	02:37:47	+01:53:28	15:47	
1212	624	Ana Pinheiro	ASIG	02:37:47	+01:53:28	15:47	
1213	395	Adelaide Reis	Active Studio	02:37:48	+01:53:29	15:47	
1214	2842	Nuno gomes	Salta e cai	02:37:48	+01:53:29	15:47	
1215	2831	Joana Santos	Salta e cai	02:37:50	+01:53:31	15:47	
1216	400	Andreia Sofia Freire da costa	Active Studio	02:37:50	+01:53:31	15:47	
1217	409	Sónia Cristina Gomes Valente Ferreira	Active Studio	02:37:50	+01:53:31	15:47	
1218	404	Helena Maria Martins Marques Dias	Active Studio	02:37:50	+01:53:31	15:47	
1219	2830	Cátia Marques	Salta e cai	02:37:50	+01:53:31	15:47	
1220	412	Alberto Carlos Correia Dias	Active Studio	02:37:51	+01:53:32	15:47	
1221	410	Vanessa Costa	Active Studio	02:37:51	+01:53:32	15:47	
1222	414	Hugo Manuel Ferreira de Oliveira	Active Studio	02:37:51	+01:53:32	15:47	
1223	408	Sara Marisa Fernandes Pereira	Active Studio	02:37:51	+01:53:32	15:47	
1224	2836	José Sona	Salta e cai	02:37:51	+01:53:32	15:47	
1225	1094	Orlando Hector Gaudêncio de Oliveira	CROSS VASSOURAS	02:37:53	+01:53:34	15:47	
1226	2844	Fábio Diogo Dias Mesquita	Salta e cai	02:37:53	+01:53:34	15:47	
1227	1092	Edgar Soares Silva	CROSS VASSOURAS	02:37:53	+01:53:34	15:47	
1228	2838	Manuel Pereira	Salta e cai	02:37:56	+01:53:37	15:48	
1229	1085	Ana Raquel Moutinho de Abreu	CROSS VASSOURAS	02:37:58	+01:53:39	15:48	
1230	1090	Marta Sofia lancha Rocha	CROSS VASSOURAS	02:37:58	+01:53:39	15:48	
1231	1095	Paulo Alexandre Curto Catarino	CROSS VASSOURAS	02:37:59	+01:53:40	15:48	
1232	636	Ricardo Cunha	ASIG	02:37:59	+01:53:40	15:48	
1233	2422	Hugo Silva	Os Pangaios	02:38:01	+01:53:42	15:48	
1234	2421	Sandra Fonseca	Os Pangaios	02:38:02	+01:53:43	15:48	
1235	2841	Nuno Caldeira	Salta e cai	02:38:02	+01:53:43	15:48	
1236	2835	João Rocha	Salta e cai	02:38:03	+01:53:44	15:48	
1237	1087	Carla Maria Carneiro Soares Silva	CROSS VASSOURAS	02:38:03	+01:53:44	15:48	
1238	1086	Ângela Maria de Jesus Gaspar Silva	CROSS VASSOURAS	02:38:03	+01:53:44	15:48	
1239	157	Miguel Almeida	PLAYGROUND	02:38:03	+01:53:44	15:48	
1240	2834	Ernesto Tavares	Salta e cai	02:38:04	+01:53:45	15:48	
1241	623	Ana Ferreira	ASIG	02:38:04	+01:53:45	15:48	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1242	1098	Timóteo Silva	CROSS VASSOURAS	02:38:05	+01:53:46	15:48	
1243	2586	Vasco Correia Rocha	PLAYGROUND	02:38:05	+01:53:46	15:49	
1244	2578	Anabela Valente Arrojado	PLAYGROUND	02:38:06	+01:53:47	15:49	
1245	2583	Bruno José Pires Da Cunha	PLAYGROUND	02:38:07	+01:53:48	15:49	
1246	155	Joaquim De Sousa Rodrigues	PLAYGROUND	02:38:09	+01:53:50	15:49	
1247	2078	Mónica Cruz	Murtosa Power Gym	02:38:10	+01:53:51	15:49	
1248	1386	Diana Rodrigues	FLOENE	02:38:10	+01:53:51	15:49	
1249	154	Rosa Maria Amador Rendeiro Rodrigues	PLAYGROUND	02:38:10	+01:53:51	15:49	
1250	2081	Hélder Pirão	Murtosa Power Gym	02:38:10	+01:53:51	15:49	
1251	3093	Joana Soares	Trepa de Estarreja	02:38:10	+01:53:51	15:49	
1252	98	Manuel Valente	Individual	02:38:10	+01:53:51	15:49	
1253	2080	Diogo Castro	Murtosa Power Gym	02:38:10	+01:53:51	15:49	
1254	2077	Inês Castro	Murtosa Power Gym	02:38:10	+01:53:51	15:49	
1255	1089	Maria Helena Baptista de Matos	CROSS VASSOURAS	02:38:11	+01:53:52	15:49	
1256	2082	João Ruela	Murtosa Power Gym	02:38:11	+01:53:52	15:49	
1257	1088	Isabel Cravo	CROSS VASSOURAS	02:38:11	+01:53:52	15:49	
1258	2083	José Moreira	Murtosa Power Gym	02:38:12	+01:53:53	15:49	
1259	2832	Barnabé Almeida	Salta e cai	02:38:12	+01:53:53	15:49	
1260	1091	Vânia Alexandra Abreu Afonso	CROSS VASSOURAS	02:38:13	+01:53:54	15:49	
1261	1411	Jorge Moutela	FLOENE	02:38:15	+01:53:56	15:49	
1262	1383	Ana Mafalda Mano	FLOENE	02:38:15	+01:53:56	15:49	
1263	2246	Carlos Venâncio	Os Bravos	02:38:21	+01:54:02	15:50	
1264	2776	Carlos Manuel Tavares Fernandes	Reumáticos & Etc	02:38:30	+01:54:11	15:51	
1265	2752	Ana Isabel Mendes Alves	Reumáticos & Etc	02:38:33	+01:54:14	15:51	
1266	2784	Mário José Carvalho dos Santos	Reumáticos & Etc	02:38:37	+01:54:18	15:52	
1267	2760	Flaviana Patrícia da Costa Teixeira	Reumáticos & Etc	02:38:37	+01:54:18	15:52	
1268	1854	Teresa Ferreira	Ketonetes	02:38:47	+01:54:28	15:53	
1269	3156	Fátima Sofia Vaz Lourenço	VAIS TU QUE EU NAO POSSO	02:39:03	+01:54:44	15:54	
1270	596	Rui Manuel Monteiro Pereira	Arsenal de Canelas	02:39:03	+01:54:44	15:54	
1271	574	Marisa da Cruz Abrantes	Arsenal de Canelas	02:39:03	+01:54:44	15:54	
1272	2216	Mateus Oliveira Gaudêncio	Os Bains	02:39:16	+01:54:57	15:56	
1273	1849	Margarida Figueiredo Dias	Ketonetes	02:39:33	+01:55:14	15:57	
1274	1848	Maria Martins	Ketonetes	02:39:34	+01:55:15	15:57	
1275	1851	Joana Alexandra Machado Nogueira	Ketonetes	02:39:35	+01:55:16	15:57	
1276	2204	Anita Soares Bandeira Simão	Os Bains	02:39:43	+01:55:24	15:58	
1277	2208	Bernardo Montenegro Oliveira	Os Bains	02:39:43	+01:55:24	15:58	
1278	2211	Dinis Vieira Pinto	Os Bains	02:39:44	+01:55:25	15:58	
1279	2217	Pedro Nuno Correia Lopes	Os Bains	02:39:44	+01:55:25	15:58	
1280	1373	Cristiano Silva Sebolão	Flamingos	02:40:03	+01:55:44	16:00	
1281	1361	Ana Isabel Barbosa Valente Sousa	Flamingos	02:40:04	+01:55:45	16:00	
1282	1367	Joana Catarina Fonseca Cirne	Flamingos	02:40:04	+01:55:45	16:00	
1283	2809	Ricardo Pinho	Rompem Solas & Esvaziam Finos	02:40:04	+01:55:45	16:00	
1284	1378	Rafael Duarte Lacerda Vidal	Flamingos	02:40:04	+01:55:45	16:00	
1285	1380	Tiago Cunha Cascais	Flamingos	02:40:05	+01:55:46	16:00	
1286	2807	Raquel Rosa	Rompem Solas & Esvaziam Finos	02:40:05	+01:55:46	16:00	

10 KM

OFFICIAL RESULT

ION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Official Timekeeper: Lap2Go	30 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1332	977	Sílvia Bidarra	CINÁBRIO	02:41:54	+01:57:35	16:11	
1333	976	Ana Bidarra	CINÁBRIO	02:41:54	+01:57:35	16:11	
1334	2112	Ricardo Alberto Martins de Almeida	NEPTUNO 2024	02:42:08	+01:57:49	16:13	
1335	2107	Maria Gorete de Sousa Matos	NEPTUNO 2024	02:42:08	+01:57:49	16:13	
1336	2110	Nuno Filipe Teixeira Mónica Conde	NEPTUNO 2024	02:42:08	+01:57:49	16:13	
1337	2111	Paulo Miguel Gomes dos Reis	NEPTUNO 2024	02:42:08	+01:57:49	16:13	
1338	2108	Gil Nata dos Reis	NEPTUNO 2024	02:42:08	+01:57:49	16:13	
1339	2106	Ana Isabel Sotomaior Domingues Padrão Conde	NEPTUNO 2024	02:42:09	+01:57:50	16:13	
1340	2131	Pedro Silva	Noitadas team	02:42:11	+01:57:52	16:13	
1341	2128	Carolina Silva	Noitadas team	02:42:11	+01:57:52	16:13	
1342	2129	Patricia Correia	Noitadas team	02:42:11	+01:57:52	16:13	
1343	2132	Ricardo Alvarez	Noitadas team	02:42:11	+01:57:52	16:13	
1344	2130	Regina Pires	Noitadas team	02:42:11	+01:57:52	16:13	
1345	551	Daniel Almeida	Arsenal de Canelas	02:42:18	+01:57:59	16:14	
1346	540	André Guimarães	Arsenal de Canelas	02:42:25	+01:58:06	16:14	
1347	508	Fátima Costa	Arsenal de Canelas	02:42:26	+01:58:07	16:15	
1348	529	Rita de Cássia Abreu Freire dos Santos	Arsenal de Canelas	02:42:26	+01:58:07	16:15	
1349	535	Susana Pinto	Arsenal de Canelas	02:42:27	+01:58:08	16:15	
1350	586	Pedro Pinho	Arsenal de Canelas	02:42:31	+01:58:12	16:15	
1351	1847	Matilde Lebre Vieira	Ketonetes	02:42:32	+01:58:13	16:15	
1352	553	David Santos	Arsenal de Canelas	02:42:32	+01:58:13	16:15	
1353	1852	Maria Inês Andrade	Ketonetes	02:42:32	+01:58:13	16:15	
1354	1856	Nuno Lareiro	Ketonetes	02:42:33	+01:58:14	16:15	
1355	1539	Bruno Filipe Almeida Dias Silveiras	Geração UNO	02:42:59	+01:58:40	16:18	
1356	1537	Gabriela Valentina	Geração UNO	02:43:00	+01:58:41	16:18	
1357	1538	António Francisco Lourenço Souto	Geração UNO	02:43:00	+01:58:41	16:18	
1358	1540	Eraldo Alzemiro de Oliveira Júnior	Geração UNO	02:43:02	+01:58:43	16:18	
1359	1542	Rafael Correia	Geração UNO	02:43:03	+01:58:44	16:18	
1360	1541	Miguel Amador Valente	Geração UNO	02:43:03	+01:58:44	16:18	
1361	1535	Ana Cristina Dapper	Geração UNO	02:43:03	+01:58:44	16:18	
1362	1536	Cláudia Sofia de Oliveira Ferreira	Geração UNO	02:43:05	+01:58:46	16:18	
1363	397	Ana Margarida Tavares da Silva	Active Studio	02:43:07	+01:58:48	16:19	
1364	1972	Filipe Campizes	LnForma	02:43:08	+01:58:49	16:19	
1365	403	Filipa Sousa Martins Soares	Active Studio	02:43:09	+01:58:50	16:19	
1366	1967	Susana Gonçalves	LnForma	02:43:10	+01:58:51	16:19	
1367	1974	Mário Pinto	LnForma	02:43:12	+01:58:53	16:19	
1368	1966	Paula Pinto	LnForma	02:43:12	+01:58:53	16:19	
1369	398	Ana Marta Silva Costa	Active Studio	02:43:15	+01:58:56	16:19	
1370	416	João Pedro Soares Fernandes	Active Studio	02:43:15	+01:58:56	16:19	
1371	402	Claudia Filipa da Silva Afonso	Active Studio	02:43:17	+01:58:58	16:20	
1372	406	Maria José Ferreira da Costa	Active Studio	02:43:20	+01:59:01	16:20	
1373	2429	Leandro Teixeira Gaspar	Os Principiantes	02:43:23	+01:59:04	16:20	
1374	417	Leandro José Barbosa da Silva	Active Studio	02:43:27	+01:59:08	16:21	
1375	418	Pedro Gaspar Silva	Active Studio	02:43:27	+01:59:08	16:21	
1376	405	Joana Rita Tavares Silva	Active Studio	02:43:29	+01:59:10	16:21	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1377	335	Fátima Colchete	10Treinadas	02:43:38	+01:59:19	16:22	
1378	334	Ana Luísa	10Treinadas	02:43:38	+01:59:19	16:22	
1379	336	Joana Sabino	10Treinadas	02:43:38	+01:59:19	16:22	
1380	338	Raquel Hipólito	10Treinadas	02:43:38	+01:59:19	16:22	
1381	342	Susana Ramos	10Treinadas	02:43:38	+01:59:19	16:22	
1382	340	Sara Sabino	10Treinadas	02:43:39	+01:59:20	16:22	
1383	337	Laura Almeida	10Treinadas	02:43:39	+01:59:20	16:22	
1384	339	Rita Dionísio	10Treinadas	02:43:39	+01:59:20	16:22	
1385	341	Sofia Dionísio	10Treinadas	02:43:39	+01:59:20	16:22	
1386	523	Matilde alegria Marçal	Arsenal de Canelas	02:44:09	+01:59:50	16:25	
1387	592	Rodrigo Teixeira Ribeiro	Arsenal de Canelas	02:44:11	+01:59:52	16:25	
1388	1230	Claudia Rebelo	Equipa ELITE	02:44:30	+02:00:11	16:27	
1389	1104	Marta Sofia Moreira Oliveira	Crunchy Team	02:45:04	+02:00:45	16:30	
1390	1101	Daniela Patrícia Dias de Campos	Crunchy Team	02:45:06	+02:00:47	16:31	
1391	1103	Filipa Alexandra da Silva Moraes	Crunchy Team	02:45:06	+02:00:47	16:31	
1392	1100	Cláudia Marisa Sousa Oliveira	Crunchy Team	02:45:07	+02:00:48	16:31	
1393	1108	Paula Alexandra Guimarães Santos	Crunchy Team	02:45:07	+02:00:48	16:31	
1394	1106	Patrícia Liliana Rocha Alves Moreira	Crunchy Team	02:45:07	+02:00:48	16:31	
1395	1107	Patrícia Rocha Leão Campos	Crunchy Team	02:45:07	+02:00:48	16:31	
1396	1105	Odete Soraia Ferreira Oliveira	Crunchy Team	02:45:07	+02:00:48	16:31	
1397	1099	Cátia Alexandra Silva Araújo	Crunchy Team	02:45:08	+02:00:49	16:31	
1398	1102	Fátima Elisabete Teixeira Otero	Crunchy Team	02:45:08	+02:00:49	16:31	
1399	1716	Diogo Lopes	Iluminati	02:45:24	+02:01:05	16:32	
1400	1234	Leonilde Santos	Equipa ELITE	02:45:25	+02:01:06	16:32	
1401	1711	Bruno Eduardo da Costa Lima	Iluminati	02:45:37	+02:01:18	16:34	
1402	2335	Luis madaleno	Os Indomáveis	02:45:39	+02:01:20	16:34	
1403	2304	Cristina alvarez	Os Indomáveis	02:45:39	+02:01:20	16:34	
1404	2330	Gabriel Silva	Os Indomáveis	02:45:39	+02:01:20	16:34	
1405	2310	Liliana soares	Os Indomáveis	02:45:39	+02:01:20	16:34	
1406	654	Lucia marrinhas	ASSOCIACAO CULTURAL DE SALREU	02:45:39	+02:01:20	16:34	
1407	2336	Miguel silva	Os Indomáveis	02:45:40	+02:01:21	16:34	
1408	932	Diogo Oliveira	CenourasPregos&Colas	02:45:40	+02:01:21	16:34	
1409	2339	Ricardo soares	Os Indomáveis	02:45:40	+02:01:21	16:34	
1410	2323	Susana Pereira	Os Indomáveis	02:45:40	+02:01:21	16:34	
1411	1715	André Moreira	Iluminati	02:45:41	+02:01:22	16:34	
1412	1713	Alexandre Dias	Iluminati	02:45:41	+02:01:22	16:34	
1413	660	António Sousa	ASSOCIACAO CULTURAL DE SALREU	02:45:41	+02:01:22	16:34	
1414	652	Cristina Tavares	ASSOCIACAO CULTURAL DE SALREU	02:45:42	+02:01:23	16:34	
1415	661	Dario Rafael Silva	ASSOCIACAO CULTURAL DE SALREU	02:45:43	+02:01:24	16:34	
1416	1039	Rui Guedes	CODEPLAS Team	02:45:43	+02:01:24	16:34	
1417	650	Carla Cristina Silva Oliveira	ASSOCIACAO CULTURAL DE SALREU	02:45:43	+02:01:24	16:34	
1418	931	Bruno Pinheiro	CenourasPregos&Colas	02:45:43	+02:01:24	16:34	
1419	935	Sérgio Leitão	CenourasPregos&Colas	02:45:45	+02:01:26	16:34	
1420	934	Mauro Pinheiro	CenourasPregos&Colas	02:45:46	+02:01:27	16:35	
1421	646	Liliana Isabel Leite Godinho	Associação Atlética de Avanca	02:45:46	+02:01:27	16:35	
1422	1710	Maria Augusta Nunes	Iluminati	02:45:47	+02:01:28	16:35	

10 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	33 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	34 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1515	947	Patrícia Tavares	Cheios D'Lama	02:48:18	+02:03:59	16:50	
1516	1585	Eduardo Barbosa	Goofy's	02:48:18	+02:03:59	16:50	
1517	1114	JOANA MONTEIRO	DARTACÃO	02:48:20	+02:04:01	16:50	
1518	946	Marta Oliveira	Cheios D'Lama	02:48:21	+02:04:02	16:50	
1519	948	António Oliveira	Cheios D'Lama	02:48:21	+02:04:02	16:50	
1520	952	Vítor Lopes	Cheios D'Lama	02:48:22	+02:04:03	16:50	
1521	945	Carmen Gonzalez	Cheios D'Lama	02:48:23	+02:04:04	16:50	
1522	950	Pedro Sá	Cheios D'Lama	02:48:23	+02:04:04	16:50	
1523	1124	SIMONE SOUSA	DARTACÃO	02:48:25	+02:04:06	16:51	
1524	1130	GONÇALO BRANCO	DARTACÃO	02:48:26	+02:04:07	16:51	
1525	1018	Nuno Rodrigues	Clube Cultural e Desportivo de Veiros	02:48:27	+02:04:08	16:51	
1526	1017	Mário Tavares	Clube Cultural e Desportivo de Veiros	02:48:29	+02:04:10	16:51	
1527	1143	SERAFIM GOUVEIA	DARTACÃO	02:48:30	+02:04:11	16:51	
1528	1138	PAULO JORGE COELHO	DARTACÃO	02:48:31	+02:04:12	16:51	
1529	2274	Marco Leite	Os Coxos	02:48:31	+02:04:12	16:51	
1530	2275	Michael Soeima	Os Coxos	02:48:31	+02:04:12	16:51	
1531	1137	NUNO LOURA	DARTACÃO	02:48:36	+02:04:17	16:52	
1532	1127	VERA SILVA	DARTACÃO	02:48:37	+02:04:18	16:52	
1533	1115	JULIANA FRESCO	DARTACÃO	02:48:39	+02:04:20	16:52	
1534	1131	Ivo Alexandre da Rocha Batista	DARTACÃO	02:48:39	+02:04:20	16:52	
1535	1129	EDUARDO JARDIM	DARTACÃO	02:48:42	+02:04:23	16:52	
1536	1116	LUCIA MAGALHÃES	DARTACÃO	02:48:42	+02:04:23	16:52	
1537	1121	MARTA LIMAS	DARTACÃO	02:48:44	+02:04:25	16:52	
1538	1123	ROSARIO MONIZ	DARTACÃO	02:48:46	+02:04:27	16:53	
1539	1112	CRISTINA GRAÇA	DARTACÃO	02:48:48	+02:04:29	16:53	
1540	1109	ANA RUELA	DARTACÃO	02:48:50	+02:04:31	16:53	
1541	1122	MERCEDES CARVALHO	DARTACÃO	02:48:50	+02:04:31	16:53	
1542	1722	Aderito Videira	Individual	02:49:04	+02:04:45	16:54	
1543	2425	Maria Guilhermina Machado Carvalho	Os Principiantes	02:49:07	+02:04:48	16:55	
1544	2424	Lucília Manuela Valente Teixeira	Os Principiantes	02:49:07	+02:04:48	16:55	
1545	2427	António Manuel Lopes da Silva	Os Principiantes	02:49:08	+02:04:49	16:55	
1546	1508	Joaquim Silva	Funcional Team	02:49:14	+02:04:55	16:55	
1547	2430	Rúben Tavares Garrido	Os Principiantes	02:49:14	+02:04:55	16:55	
1548	2426	Natália Dulce Alves Tavares Garrido	Os Principiantes	02:49:14	+02:04:55	16:55	
1549	2428	Eduardo Emanuel Nunes Garrido	Os Principiantes	02:49:15	+02:04:56	16:56	
1550	1511	Manel Marques	Funcional Team	02:49:20	+02:05:01	16:56	
1551	1490	Isabel Coelho	Funcional Team	02:49:22	+02:05:03	16:56	
1552	1515	Teles Sousa	Funcional Team	02:49:24	+02:05:05	16:56	
1553	1504	André Silva	Funcional Team	02:49:48	+02:05:29	16:59	
1554	1489	Iara Vendeiro Jesus	Funcional Team	02:49:48	+02:05:29	16:59	
1555	1484	Diana Martins	Funcional Team	02:49:48	+02:05:29	16:59	
1556	1513	Diogo Marques da Silva e Silva	Funcional Team	02:49:48	+02:05:29	16:59	
1557	1485	Elisabete Pinto	Funcional Team	02:49:48	+02:05:29	16:59	
1558	1481	Conceição Maia	Funcional Team	02:49:49	+02:05:30	16:59	
1559	881	Bruno carreira	Caminhantes	02:49:56	+02:05:37	17:00	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1560	882	Helder Pinto	Caminhantes	02:49:58	+02:05:39	17:00	
1561	886	vítor carreira	Caminhantes	02:50:00	+02:05:41	17:00	
1562	3005	Filipe Almeida	Tartarugas Velozes	02:50:04	+02:05:45	17:00	
1563	884	Luis Amorim	Caminhantes	02:50:04	+02:05:45	17:00	
1564	885	Ricardo Rocha	Caminhantes	02:50:21	+02:06:02	17:02	
1565	1671	ana paula	heróis reumáticos	02:50:30	+02:06:11	17:03	
1566	1672	andrea bastiao	heróis reumáticos	02:50:35	+02:06:16	17:03	
1567	1988	Tatiana Almeida	Los cricos	02:50:39	+02:06:20	17:04	
1568	42	alexandre miguel silva	embora sim bora la	02:50:41	+02:06:22	17:04	
1569	3007	Jorge Costa	Tartarugas Velozes	02:50:42	+02:06:23	17:04	
1570	1989	Fernando Claro	Los cricos	02:50:44	+02:06:25	17:04	
1571	1986	Beatriz Claro	Los cricos	02:50:44	+02:06:25	17:04	
1572	40	joana silva	embora sim bora la	02:50:45	+02:06:26	17:04	
1573	1987	Patrícia Ferreira	Los cricos	02:50:45	+02:06:26	17:04	
1574	45	tomas mateus	embora sim bora la	02:50:48	+02:06:29	17:05	
1575	41	mariana silva	embora sim bora la	02:50:49	+02:06:30	17:05	
1576	725	Sandra Amador	Benjis na Lama	02:50:52	+02:06:33	17:05	
1577	724	Raquel Pereira	Benjis na Lama	02:50:54	+02:06:35	17:05	
1578	722	Ana Tavares	Benjis na Lama	02:50:55	+02:06:36	17:05	
1579	3008	Mário Amaral	Tartarugas Velozes	02:50:56	+02:06:37	17:06	
1580	723	Mónica Almeida	Benjis na Lama	02:50:56	+02:06:37	17:06	
1581	3001	Fernanda Cruz	Tartarugas Velozes	02:50:58	+02:06:39	17:06	
1582	2231	Miguel Nuno Valente dos Santos Batista Garcia	Benjis na Lama	02:50:59	+02:06:40	17:06	
1583	3012	Samuel Cruz	Tartarugas Velozes	02:50:59	+02:06:40	17:06	
1584	557	Cláudia Gameiro	Benjis na Lama	02:51:04	+02:06:45	17:06	
1585	729	Nuno Marques	Benjis na Lama	02:51:05	+02:06:46	17:06	
1586	727	José Albuquerque	Benjis na Lama	02:51:05	+02:06:46	17:07	
1587	726	Ismael Gameiro	Benjis na Lama	02:51:06	+02:06:47	17:07	
1588	728	Mauro Freitas	Benjis na Lama	02:51:07	+02:06:48	17:07	
1589	721	Ana Coelho	Benjis na Lama	02:51:08	+02:06:49	17:07	
1590	3003	Sara Oliveira	Tartarugas Velozes	02:51:10	+02:06:51	17:07	
1591	2997	Caridade Silva	Tartarugas Velozes	02:51:10	+02:06:51	17:07	
1592	3000	Elizabeth Osório	Tartarugas Velozes	02:51:10	+02:06:51	17:07	
1593	472	Mariana Monteiro	Arrasta o pé	02:51:22	+02:07:03	17:08	
1594	478	Gonçalo Rocha	Arrasta o pé	02:51:23	+02:07:04	17:08	
1595	1942	joao Carlos Pinho Silva	Lebres	02:51:36	+02:07:17	17:10	
1596	1944	Laurindo Josede matos Pereira	Lebres	02:51:36	+02:07:17	17:10	
1597	2193	Vinicius Pereira de Oliveira	Os Arrasta	02:51:45	+02:07:26	17:11	
1598	2056	Carlos Nogueira	Mixordias Sarranas	02:51:49	+02:07:30	17:11	
1599	1937	Juliana de Almeida Pinto	Lebres	02:52:09	+02:07:50	17:13	
1600	1947	Paulo Alexandre Flávio pereira	Lebres	02:52:09	+02:07:50	17:13	
1601	1933	Cassilda Maria Gomes Almeida	Lebres	02:52:10	+02:07:51	17:13	
1602	1938	Patricia maria Almeida Pinto	Lebres	02:52:11	+02:07:52	17:13	
1603	2748	Cristina Silva	República da Bicla	02:52:14	+02:07:55	17:13	
1604	2750	Élio Coutinho	República da Bicla	02:52:16	+02:07:57	17:14	

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1605	2751	Fernando Oliveira	República da Bicla	02:52:17	+02:07:58	17:14	
1606	1845	Mario Albuquerque Moreira Gomes	Kamikaze	02:52:19	+02:08:00	17:14	
1607	2977	Ivo Silva	tamojuntos	02:52:19	+02:08:00	17:14	
1608	1842	Mariana Gomes Rodrigues	Kamikaze	02:52:20	+02:08:01	17:14	
1609	1846	Ruben Portilho	Kamikaze	02:52:21	+02:08:02	17:14	
1610	1841	Eugénia Bastos	Kamikaze	02:52:21	+02:08:02	17:14	
1611	1838	Ana Miranda	Kamikaze	02:52:22	+02:08:03	17:14	
1612	1839	Catarina Gomes	Kamikaze	02:52:23	+02:08:04	17:14	
1613	1844	Joel Portilho	Kamikaze	02:52:23	+02:08:04	17:14	
1614	2976	Andre Azevedo	tamojuntos	02:52:23	+02:08:04	17:14	
1615	1843	Diogo Maganinho	Kamikaze	02:52:23	+02:08:04	17:14	
1616	2980	Luis Ferreira	tamojuntos	02:52:30	+02:08:11	17:15	
1617	2978	João Coutinho	tamojuntos	02:52:31	+02:08:12	17:15	
1618	2982	Tiago Mendes	tamojuntos	02:52:32	+02:08:13	17:15	
1619	2974	Mariana Tedim	tamojuntos	02:52:33	+02:08:14	17:15	
1620	2981	Miguel Antunes	tamojuntos	02:52:35	+02:08:16	17:15	
1621	2973	Isabel Coelho	tamojuntos	02:52:35	+02:08:16	17:15	
1622	2972	Inês Salafranca	tamojuntos	02:52:35	+02:08:16	17:16	
1623	2979	Joao Rocha	tamojuntos	02:52:36	+02:08:17	17:16	
1624	2317	Sandra Henriques	Os Indomáveis	02:52:38	+02:08:19	17:16	
1625	2316	Rosa Venâncio	Os Indomáveis	02:52:39	+02:08:20	17:16	
1626	2300	Anuska Lourenço	Os Indomáveis	02:52:40	+02:08:21	17:16	
1627	2299	Anabela Cunha	Os Indomáveis	02:52:41	+02:08:22	17:16	
1628	2315	Raquel Rodrigues	Os Indomáveis	02:52:43	+02:08:24	17:16	
1629	2297	Ana Esteves	Os Indomáveis	02:52:43	+02:08:24	17:16	
1630	2333	José Cunha	Os Indomáveis	02:52:44	+02:08:25	17:16	
1631	2318	Sandra Rodrigues	Os Indomáveis	02:52:44	+02:08:25	17:16	
1632	923	José Ferreira	CCD-Funfrap-Tupy	02:52:45	+02:08:26	17:16	
1633	917	Carlos Ribeiro	CCD-Funfrap-Tupy	02:52:45	+02:08:26	17:17	
1634	2306	Fatima Tavares	Os Indomáveis	02:52:46	+02:08:27	17:17	
1635	912	Cátia Soares	CCD-Funfrap-Tupy	02:52:53	+02:08:34	17:17	
1636	920	Gabriel Baltazar	CCD-Funfrap-Tupy	02:53:00	+02:08:41	17:18	
1637	1401	Bruno Cortez	FLOENE	02:53:01	+02:08:42	17:18	
1638	1391	Liliana Santos	FLOENE	02:53:02	+02:08:43	17:18	
1639	1416	Nuno Santos	FLOENE	02:53:02	+02:08:43	17:18	
1640	922	Ilídio Barros	CCD-Funfrap-Tupy	02:53:02	+02:08:43	17:18	
1641	1384	Ana Tavares	FLOENE	02:53:02	+02:08:43	17:18	
1642	1389	Leonor Santos	FLOENE	02:53:02	+02:08:43	17:18	
1643	3072	Vera viveiros	Tir`ekéda	02:53:14	+02:08:55	17:19	
1644	3074	Antonio vieira	Tir`ekéda	02:53:17	+02:08:58	17:20	
1645	3065	Lidia ladeira	Tir`ekéda	02:53:19	+02:09:00	17:20	
1646	3079	Fábio marques	Tir`ekéda	02:53:25	+02:09:06	17:20	
1647	3067	Maria joao carneiro	Tir`ekéda	02:53:26	+02:09:07	17:21	
1648	3063	Joana carneiro	Tir`ekéda	02:53:28	+02:09:09	17:21	
1649	3087	Ricardo carneiro	Tir`ekéda	02:53:30	+02:09:11	17:21	
1650	925	Pedro Santos	CCD-Funfrap-Tupy	02:53:32	+02:09:13	17:21	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1651	918	Carlos Silva	CCD-Funfrap-Tupy	02:53:34	+02:09:15	17:21	
1652	913	Irene Silva	CCD-Funfrap-Tupy	02:53:35	+02:09:16	17:21	
1653	909	Beatriz Sousa	CCD-Funfrap-Tupy	02:53:36	+02:09:17	17:22	
1654	926	Rui Silva	CCD-Funfrap-Tupy	02:53:36	+02:09:17	17:22	
1655	915	Alberto Vieira	CCD-Funfrap-Tupy	02:53:36	+02:09:17	17:22	
1656	914	Sara Baltazar	CCD-Funfrap-Tupy	02:53:37	+02:09:18	17:22	
1657	911	Catarina Correia	CCD-Funfrap-Tupy	02:53:38	+02:09:19	17:22	
1658	3054	Alexandra Silva	Tir'ekéda	02:53:38	+02:09:19	17:22	
1659	924	Felipe Diego Antonio	CCD-Funfrap-Tupy	02:53:38	+02:09:19	17:22	
1660	2327	Bruno Rodrigues Soares	Os Indomáveis	02:53:47	+02:09:28	17:23	
1661	2301	Carla Santos	Os Indomáveis	02:53:47	+02:09:28	17:23	
1662	2061	Sérgio Andre	Mixordias Sarranas	02:53:47	+02:09:28	17:23	
1663	2062	Sérgio Soares	Mixordias Sarranas	02:53:48	+02:09:29	17:23	
1664	3058	Anabela pinho	Tir'ekéda	02:53:48	+02:09:29	17:23	
1665	2050	CLAUDIA ROCHA	Mixordias Sarranas	02:53:49	+02:09:30	17:23	
1666	796	Eduardo Miguel Vieira Oliveira	BioRacers do Texas	02:53:49	+02:09:30	17:23	
1667	2054	Margarida Vigário	Mixordias Sarranas	02:53:50	+02:09:31	17:23	
1668	1862	Sandra Maria Tavares Lagoeiro	Kit Aventura	02:53:51	+02:09:32	17:23	
1669	1863	Sílvia Valente de Almeida Marques	Kit Aventura	02:53:51	+02:09:32	17:23	
1670	785	Dina Sofia Almeida Loureiro Mendes	BioRacers do Texas	02:53:51	+02:09:32	17:23	
1671	1868	Saul Abílio Melo Faria	Kit Aventura	02:53:51	+02:09:32	17:23	
1672	1864	Daniel José da Silva Couto de Almeida Bastos	Kit Aventura	02:53:51	+02:09:32	17:23	
1673	1858	Cármén João Silva Lamego	Kit Aventura	02:53:51	+02:09:32	17:23	
1674	1859	Elisabete Maia Pereira	Kit Aventura	02:53:51	+02:09:32	17:23	
1675	1860	KEILA ANDREINA QUINTERO QUINTERO	Kit Aventura	02:53:51	+02:09:32	17:23	
1676	1866	Luís Lagoeiro	Kit Aventura	02:53:51	+02:09:32	17:23	
1677	1867	Nuno Alexandre Valente Almeida	Kit Aventura	02:53:52	+02:09:33	17:23	
1678	1865	Isaías de Almeida Matos	Kit Aventura	02:53:52	+02:09:33	17:23	
1679	786	Ilidia Maria Carvalho Costa	BioRacers do Texas	02:53:52	+02:09:33	17:23	
1680	1861	Marina Henriques	Kit Aventura	02:53:53	+02:09:34	17:23	
1681	2047	Ana Vigário Tavares	Mixordias Sarranas	02:53:53	+02:09:34	17:23	
1682	2052	Manuela Santos	Mixordias Sarranas	02:53:54	+02:09:35	17:23	
1683	2053	Margarida Santos	Mixordias Sarranas	02:53:59	+02:09:40	17:24	
1684	367	Joana Silva	A Fuga das galinhas	02:54:18	+02:09:59	17:26	
1685	362	Beatriz Silva	A Fuga das galinhas	02:54:19	+02:10:00	17:26	
1686	2260	paulo jorge castro silva	OS CAMOLAS	02:54:38	+02:10:19	17:28	
1687	2261	ricardo manuel da silva gil gomes	OS CAMOLAS	02:54:39	+02:10:20	17:28	
1688	3215	Emanuel Santos	XPTO	02:54:44	+02:10:25	17:28	
1689	999	Rodrigo Micael Almeida	CIRES RUNNING TEAM	02:54:45	+02:10:26	17:29	
1690	982	Bianca Oliveira	CIRES RUNNING TEAM	02:54:49	+02:10:30	17:29	
1691	3178	Filipe Nunes de Sousa	VAIS TU QUE EU NAO POSSO	02:54:49	+02:10:30	17:29	
1692	2257	VERA LUCIA FERNANDES TEIXEIRA	OS CAMOLAS	02:54:49	+02:10:30	17:29	
1693	3155	Ellsabete Santos da Rocha	VAIS TU QUE EU NAO POSSO	02:54:49	+02:10:30	17:29	
1694	994	Miguel Canas	CIRES RUNNING TEAM	02:54:49	+02:10:30	17:29	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1695	3172	Filipa de Sousa Trepa Alves Neto	VAIS TU QUE EU NAO POSSO	02:54:49	+02:10:30	17:29	
1696	3147	Ana Raquel Martinho Carvalho	VAIS TU QUE EU NAO POSSO	02:54:50	+02:10:31	17:29	
1697	3210	Carolina Bola	XPTO	02:54:51	+02:10:32	17:29	
1698	3212	Dina Graça	XPTO	02:54:52	+02:10:33	17:29	
1699	3182	Jorge Alexandre da Silva Pereira	VAIS TU QUE EU NAO POSSO	02:54:52	+02:10:33	17:29	
1700	3153	Cristina Maria Simoes da Silva	VAIS TU QUE EU NAO POSSO	02:54:52	+02:10:33	17:29	
1701	3060	Catia santos	Tir'ekéda	02:54:52	+02:10:33	17:29	
1702	3161	Mariana Ferreira Ribeiro	VAIS TU QUE EU NAO POSSO	02:54:52	+02:10:33	17:29	
1703	3174	Fernando Jorge Paixão Ferrinha	VAIS TU QUE EU NAO POSSO	02:54:54	+02:10:35	17:29	
1704	2256	ROSA MARIA AGUIAR AMORIM	OS CAMOLAS	02:54:54	+02:10:35	17:29	
1705	3055	Ana Mateus	Tir'ekéda	02:54:54	+02:10:35	17:29	
1706	2259	JOSE ANTONIO GOMES PINHO OLIVEIRA	OS CAMOLAS	02:54:55	+02:10:36	17:29	
1707	3152	Claudia Maria Pereira Pinto	VAIS TU QUE EU NAO POSSO	02:54:55	+02:10:36	17:30	
1708	3158	Lara Ferreira Ribeiro	VAIS TU QUE EU NAO POSSO	02:54:56	+02:10:37	17:30	
1709	3053	Alexandra Bastos	Tir'ekéda	02:54:56	+02:10:37	17:30	
1710	2258	joão miguel martins	OS CAMOLAS	02:54:56	+02:10:37	17:30	
1711	983	Inês Torres	CIRES RUNNING TEAM	02:55:00	+02:10:41	17:30	
1712	3165	SILVIA NUNES FERREIRA	VAIS TU QUE EU NAO POSSO	02:55:00	+02:10:41	17:30	
1713	3186	Paulo Jorge Santos Rocha	VAIS TU QUE EU NAO POSSO	02:55:01	+02:10:42	17:30	
1714	2536	Joao Afonso	patos bravos	02:55:01	+02:10:42	17:30	
1715	2533	Sara Ribeiro	patos bravos	02:55:01	+02:10:42	17:30	
1716	2534	Sara Vieira	patos bravos	02:55:02	+02:10:43	17:30	
1717	2538	Rui Pinto	patos bravos	02:55:02	+02:10:43	17:30	
1718	3190	Rui Emanuel Castro dos Santos	VAIS TU QUE EU NAO POSSO	02:55:03	+02:10:44	17:30	
1719	2532	Mariana Silva	patos bravos	02:55:03	+02:10:44	17:30	
1720	2537	Pedro Mota Fernandes	patos bravos	02:55:03	+02:10:44	17:30	
1721	2531	Carolina Capela	patos bravos	02:55:04	+02:10:45	17:30	
1722	3148	Anabela da Cruz Costa	VAIS TU QUE EU NAO POSSO	02:55:04	+02:10:45	17:30	
1723	3180	Jhonatan Ygnacio Gonzalez Rodriguez	VAIS TU QUE EU NAO POSSO	02:55:04	+02:10:45	17:30	
1724	2780	João Manuel Marques Ferreira	Reumáticos & Etc	02:55:04	+02:10:45	17:30	
1725	3168	Alexandre Miguel Neiva da Conceição	VAIS TU QUE EU NAO POSSO	02:55:05	+02:10:46	17:31	
1726	2764	Nilda Margarida Parreira	Reumáticos & Etc	02:55:06	+02:10:47	17:31	
1727	3184	Manuel António Alves Pinto Candeias	VAIS TU QUE EU NAO POSSO	02:55:06	+02:10:47	17:31	
1728	2789	Roberto José Madeira Monteiro	Reumáticos & Etc	02:55:07	+02:10:48	17:31	
1729	2749	Armindo Ribeiro	República da Bicla	02:55:07	+02:10:48	17:31	
1730	3150	Belmira Maria Almeida Dias	VAIS TU QUE EU NAO POSSO	02:55:07	+02:10:48	17:31	
1731	3175	Fernando Manuel Pinto Laia	VAIS TU QUE EU NAO POSSO	02:55:08	+02:10:49	17:31	
1732	3163	Nancy Diaz	VAIS TU QUE EU NAO POSSO	02:55:08	+02:10:49	17:31	
1733	2791	Tiago André Gonçalves de Jesus	Reumáticos & Etc	02:55:09	+02:10:50	17:31	
1734	2721	Bruno Santos	RaceTfit	02:55:09	+02:10:50	17:31	
1735	2707	Fabiana Paiva	RaceTfit	02:55:10	+02:10:51	17:31	
1736	2718	Tania Silva	RaceTfit	02:55:10	+02:10:51	17:31	
1737	2753	Ana Rita Lazaro Silva	Reumáticos & Etc	02:55:12	+02:10:53	17:31	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1738	1982	Cláudia Silva	Los Bagaceiros	02:55:12	+02:10:53	17:31	
1739	1981	Catarina Ferreira	Los Bagaceiros	02:55:13	+02:10:54	17:31	
1740	2768	Renata Oliveira Fonseca	Reumáticos & Etc	02:55:14	+02:10:55	17:31	
1741	2782	Manuel Joaquim Pinheiro Correia	Reumáticos & Etc	02:55:15	+02:10:56	17:31	
1742	1985	João Costa	Los Bagaceiros	02:55:15	+02:10:56	17:31	
1743	2783	Marco Rafael Oliveira da Silva	Reumáticos & Etc	02:55:16	+02:10:57	17:32	
1744	2786	Paulo Sérgio Leite Silva	Reumáticos & Etc	02:55:19	+02:11:00	17:32	
1745	2759	Flávia Oliveira Fonseca	Reumáticos & Etc	02:55:19	+02:11:00	17:32	
1746	840	Alexandre Amarante	BoraBora, Vamos Lá!	02:55:20	+02:11:01	17:32	
1747	839	Sara Neves	BoraBora, Vamos Lá!	02:55:23	+02:11:04	17:32	
1748	843	Marco Costa	BoraBora, Vamos Lá!	02:55:23	+02:11:04	17:32	
1749	1696	Daniel Costa	Hipopotomonstrosesquipedaliofobia	02:55:26	+02:11:07	17:33	
1750	2771	Vanessa Alexandra Bento da Silva	Reumáticos & Etc	02:55:26	+02:11:07	17:33	
1751	1699	Joni José Amorim Vivas	Hipopotomonstrosesquipedaliofobia	02:55:27	+02:11:08	17:33	
1752	2779	FRANCISCO JOSÉ SILVA GOMES	Reumáticos & Etc	02:55:27	+02:11:08	17:33	
1753	841	António Matos	BoraBora, Vamos Lá!	02:55:27	+02:11:08	17:33	
1754	1701	Manuel Freitas	Hipopotomonstrosesquipedaliofobia	02:55:28	+02:11:09	17:33	
1755	2762	Liliana Oliveira da Silva	Reumáticos & Etc	02:55:28	+02:11:09	17:33	
1756	2770	Sara Raquel Fernandes Sarabando	Reumáticos & Etc	02:55:28	+02:11:09	17:33	
1757	2777	Fábio Joel Reis Simões	Reumáticos & Etc	02:55:28	+02:11:09	17:33	
1758	2756	Carla Suzana Fernandes Martins	Reumáticos & Etc	02:55:29	+02:11:10	17:33	
1759	1693	Sofia Dias	Hipopotomonstrosesquipedaliofobia	02:55:29	+02:11:10	17:33	
1760	1023	Beatriz Ferreira	CODEPLAS Team	02:55:30	+02:11:11	17:33	
1761	1687	Ana Maria Castro Godinho	Hipopotomonstrosesquipedaliofobia	02:55:30	+02:11:11	17:33	
1762	1698	Helder Oliveira	Hipopotomonstrosesquipedaliofobia	02:55:30	+02:11:11	17:33	
1763	1703	Walter Manuel Marquez Valente	Hipopotomonstrosesquipedaliofobia	02:55:30	+02:11:11	17:33	
1764	1022	Ana Margarida	CODEPLAS Team	02:55:33	+02:11:14	17:33	
1765	1034	Alfredo Matos	CODEPLAS Team	02:55:33	+02:11:14	17:33	
1766	837	Maria Ramos	BoraBora, Vamos Lá!	02:55:33	+02:11:14	17:33	
1767	413	Francisco de Ornelas Godinho	Active Studio	02:55:33	+02:11:14	17:33	
1768	1033	Telma Fonseca	CODEPLAS Team	02:55:33	+02:11:14	17:33	
1769	1688	Andreia Rafaela Silva Pereira	Hipopotomonstrosesquipedaliofobia	02:55:33	+02:11:14	17:33	
1770	1700	Jose Manuel Rodrigues Quintinha	Hipopotomonstrosesquipedaliofobia	02:55:34	+02:11:15	17:33	
1771	1028	Joana Oliveira	CODEPLAS Team	02:55:34	+02:11:15	17:33	
1772	1036	Hélder Pinto	CODEPLAS Team	02:55:34	+02:11:15	17:33	
1773	831	Ana Ribeiro	BoraBora, Vamos Lá!	02:55:34	+02:11:15	17:33	
1774	1029	Luísa Lopes	CODEPLAS Team	02:55:35	+02:11:16	17:34	
1775	833	Filipa Grilo	BoraBora, Vamos Lá!	02:55:35	+02:11:16	17:34	
1776	829	Nuno Filipe Pereira Santos	Bombeiros VAV	02:55:35	+02:11:16	17:34	
1777	832	Dilma Silva	BoraBora, Vamos Lá!	02:55:35	+02:11:16	17:34	
1778	1025	Cidália Silva	CODEPLAS Team	02:55:35	+02:11:16	17:34	
1779	1038	Pedro Valente	CODEPLAS Team	02:55:38	+02:11:19	17:34	
1780	834	Joana Bexiga	BoraBora, Vamos Lá!	02:55:39	+02:11:20	17:34	
1781	383	Cátia Miranda	A seita que dói menos	02:55:43	+02:11:24	17:34	
1782	1030	Nádia Pinho	CODEPLAS Team	02:55:44	+02:11:25	17:34	
1783	1027	Dayanne Pinho	CODEPLAS Team	02:55:45	+02:11:26	17:34	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1784	348	Paulo Dias	6 homens e 1 mulher	02:55:46	+02:11:27	17:35	
1785	343	Isabela Rodrigues	6 homens e 1 mulher	02:55:48	+02:11:29	17:35	
1786	349	Paulo Pádua	6 homens e 1 mulher	02:55:48	+02:11:29	17:35	
1787	345	Filipe Ferreira	6 homens e 1 mulher	02:55:49	+02:11:30	17:35	
1788	1404	Eduardo Fonseca	FLOENE	02:55:51	+02:11:32	17:35	
1789	347	Norberto Cardoso	6 homens e 1 mulher	02:55:52	+02:11:33	17:35	
1790	1035	Carlos Ornelas	CODEPLAS Team	02:55:52	+02:11:33	17:35	
1791	1037	Henrique Ornelas	CODEPLAS Team	02:55:53	+02:11:34	17:35	
1792	1390	Licinia Frazão	FLOENE	02:55:54	+02:11:35	17:35	
1793	13	Stephanie Silvestre	Bombeiros VAV	02:55:57	+02:11:38	17:36	
1794	14	Gabriel Eurico Tavares Marques	Bombeiros VAV	02:55:57	+02:11:38	17:36	
1795	1983	Marta Almeida	Los Bagaceiros	02:56:07	+02:11:48	17:37	
1796	493	Anabela ferreira	Arsenal de Canelas	02:56:07	+02:11:48	17:37	
1797	1984	Fábio Pereira	Los Bagaceiros	02:56:08	+02:11:49	17:37	
1798	587	Pedro Viana	Arsenal de Canelas	02:56:12	+02:11:53	17:37	
1799	1497	Patrícia Carvalho	Funcional Team	02:56:12	+02:11:53	17:37	
1800	1482	Cristina Carvalho	Funcional Team	02:56:13	+02:11:54	17:37	
1801	1510	Luis Martins Costa	Funcional Team	02:56:14	+02:11:55	17:37	
1802	522	Marta Viana	Arsenal de Canelas	02:56:14	+02:11:55	17:37	
1803	1502	Vera Rebelo Paula	Funcional Team	02:56:16	+02:11:57	17:38	
1804	1306	Lia Fernandes	FALTA MUITO?	02:56:18	+02:11:59	17:38	
1805	1305	Juliana Machado	FALTA MUITO?	02:56:18	+02:11:59	17:38	
1806	1309	Vasco Leitão	FALTA MUITO?	02:56:19	+02:12:00	17:38	
1807	1307	Ivo Martins	FALTA MUITO?	02:56:19	+02:12:00	17:38	
1808	1303	Amanda Fernandes	FALTA MUITO?	02:56:20	+02:12:01	17:38	
1809	517	Leonor Tavares	Arsenal de Canelas	02:56:20	+02:12:01	17:38	
1810	519	Mafalda Lemos	Arsenal de Canelas	02:56:20	+02:12:01	17:38	
1811	1415	Miguel Fernandes	FLOENE	02:56:21	+02:12:02	17:38	
1812	1398	Vera Marques	FLOENE	02:56:21	+02:12:02	17:38	
1813	566	José Duarte Carvalho	Arsenal de Canelas	02:56:21	+02:12:02	17:38	
1814	542	António Manuel	Arsenal de Canelas	02:56:21	+02:12:02	17:38	
1815	497	Carla Alegria	Arsenal de Canelas	02:56:21	+02:12:02	17:38	
1816	526	Patricia Duarte	Arsenal de Canelas	02:56:21	+02:12:02	17:38	
1817	547	Carlos Almeida	Arsenal de Canelas	02:56:22	+02:12:03	17:38	
1818	366	Marisa Fernandes	A Fuga das galinhas	02:56:23	+02:12:04	17:38	
1819	363	Cátia Andrade	A Fuga das galinhas	02:56:23	+02:12:04	17:38	
1820	595	Rui Manuel Carvalho ruas Ferreira de Melo	Arsenal de Canelas	02:56:23	+02:12:04	17:38	
1821	365	Lidia Costa	A Fuga das galinhas	02:56:24	+02:12:05	17:38	
1822	3130	Catarina Baltazar	Uma espécie de atleta	02:56:32	+02:12:13	17:39	
1823	3134	José Silva	Uma espécie de atleta	02:56:34	+02:12:15	17:39	
1824	2413	António Antunes	Os Marroquinos	02:56:35	+02:12:16	17:40	
1825	3131	Catarina Silva	Uma espécie de atleta	02:56:37	+02:12:18	17:40	
1826	3129	Anabela Moutela	Uma espécie de atleta	02:56:41	+02:12:22	17:40	
1827	3016	Maria Gabriel	Team das tascas	02:56:42	+02:12:23	17:40	
1828	3018	João Lima	Team das tascas	02:56:42	+02:12:23	17:40	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1829	3017	Duarte Brito	Team das tascas	02:56:43	+02:12:24	17:40	
1830	3014	Beatriz Alexandre	Team das tascas	02:56:43	+02:12:24	17:40	
1831	3015	Bruna Araujo	Team das tascas	02:56:44	+02:12:25	17:40	
1832	2072	Ana Rufino	Mud Masters	02:56:45	+02:12:26	17:41	
1833	2074	Cristina Dias	Mud Masters	02:56:45	+02:12:26	17:41	
1834	2076	José Soares	Mud Masters	02:56:46	+02:12:27	17:41	
1835	2073	Aurora Soares	Mud Masters	02:56:47	+02:12:28	17:41	
1836	578	Nuno Sarabando	Arsenal de Canelas	02:56:49	+02:12:30	17:41	
1837	527	Paula Matias	Arsenal de Canelas	02:56:50	+02:12:31	17:41	
1838	1302	Vasco Diogo da Costa Martins	Fait Fait	02:57:02	+02:12:43	17:42	
1839	1295	Fábio da Silva	Fait Fait	02:57:04	+02:12:45	17:42	
1840	1289	Cristiana Sofia Ferreira da Silva	Fait Fait	02:57:05	+02:12:46	17:42	
1841	1297	Jorge André Dias Silva	Fait Fait	02:57:05	+02:12:46	17:43	
1842	1296	João Pedro Lopes dos Santos	Fait Fait	02:57:06	+02:12:47	17:43	
1843	1291	Fabiana Alexandra Sousa Duarte	Fait Fait	02:57:06	+02:12:47	17:43	
1844	1294	Bernardo Filipe Dias Silva	Fait Fait	02:57:08	+02:12:49	17:43	
1845	1301	Tiago Manuel Oliveira Leite	Fait Fait	02:57:08	+02:12:49	17:43	
1846	2487	Karina Marques	Os tendinites	02:57:09	+02:12:50	17:43	
1847	2488	Andrew luis de Oliveira Peres	Os tendinites	02:57:09	+02:12:50	17:43	
1848	1288	Cátia Daniela Moreira da Conceição	Fait Fait	02:57:12	+02:12:53	17:43	
1849	1061	Beatriz Barciela	CR7 FITNESS CRUNCH AVEIRO	02:57:14	+02:12:55	17:43	
1850	1070	Sofia Ventura	CR7 FITNESS CRUNCH AVEIRO	02:57:15	+02:12:56	17:43	
1851	874	Sandro Rafael Rodrigues Silva	Caetano Auto, .S.A	02:57:16	+02:12:57	17:44	
1852	1062	Filipa Silva	CR7 FITNESS CRUNCH AVEIRO	02:57:17	+02:12:58	17:44	
1853	1290	Daniela Sofia da Silva Conceição	Fait Fait	02:57:17	+02:12:58	17:44	
1854	1298	Marcelo Oliveira da Silva	Fait Fait	02:57:18	+02:12:59	17:44	
1855	1072	Vanessa Brandão	CR7 FITNESS CRUNCH AVEIRO	02:57:21	+02:13:02	17:44	
1856	1066	Maria de Fátima Costa Albuquerque	CR7 FITNESS CRUNCH AVEIRO	02:57:21	+02:13:02	17:44	
1857	1069	Patrícia Amaro	CR7 FITNESS CRUNCH AVEIRO	02:57:22	+02:13:03	17:44	
1858	1081	Pedro Carvalho	CR7 FITNESS CRUNCH AVEIRO	02:57:22	+02:13:03	17:44	
1859	1063	Gabriela Maria Silva Pereira	CR7 FITNESS CRUNCH AVEIRO	02:57:22	+02:13:03	17:44	
1860	871	Amândio António da Silva Pinto	Caetano Auto, .S.A	02:57:24	+02:13:05	17:44	
1861	870	Katusca Elizabeth de Abreu Faria	Caetano Auto, .S.A	02:57:24	+02:13:05	17:44	
1862	872	Daniel Espirito Santo Barros	Caetano Auto, .S.A	02:57:27	+02:13:08	17:45	
1863	1065	Isabella Rusconi	CR7 FITNESS CRUNCH AVEIRO	02:57:29	+02:13:10	17:45	
1864	873	Ivo Daniel Pereira Ferreira	Caetano Auto, .S.A	02:57:31	+02:13:12	17:45	
1865	868	Carla Alexandra Ferreira Ferro	Caetano Auto, .S.A	02:57:32	+02:13:13	17:45	
1866	869	Carla Isabel Quita Santos	Caetano Auto, .S.A	02:57:33	+02:13:14	17:45	
1867	825	Fernando Filipe Santos Branco Melo	Bombeiros VAV	02:57:35	+02:13:16	17:46	
1868	1074	Acilio Lopes Ferreira	CR7 FITNESS CRUNCH AVEIRO	02:57:36	+02:13:17	17:46	
1869	1073	Abel Ismael da silva Ferreira	CR7 FITNESS CRUNCH AVEIRO	02:57:37	+02:13:18	17:46	
1870	866	Ricardo Sousa	Cá Estrondo	02:57:42	+02:13:23	17:46	
1871	819	Michale Ambrosio	BNPatos	02:57:48	+02:13:29	17:47	
1872	570	Luís Cadilhe	Arsenal de Canelas	02:57:58	+02:13:39	17:48	
1873	575	Norberto Marques	Arsenal de Canelas	02:57:58	+02:13:39	17:48	
1874	498	Carolina Tomé Silva	Arsenal de Canelas	02:57:58	+02:13:39	17:48	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1875	490	Ana Bela Tomé	Arsenal de Canelas	02:58:00	+02:13:41	17:48	
1876	521	Marina Raposeiro	Arsenal de Canelas	02:58:00	+02:13:41	17:48	
1877	818	João Tiago Dias	BNPatos	02:58:01	+02:13:42	17:48	
1878	814	Maria José Cardoso	BNPatos	02:58:01	+02:13:42	17:48	
1879	815	Raquel Ferreira	BNPatos	02:58:01	+02:13:42	17:48	
1880	813	Ana Nogueira	BNPatos	02:58:01	+02:13:42	17:48	
1881	812	Amelle Cardoso	BNPatos	02:58:01	+02:13:42	17:48	
1882	817	João Pita	BNPatos	02:58:01	+02:13:42	17:48	
1883	816	Bruno Varandas	BNPatos	02:58:02	+02:13:43	17:48	
1884	865	Luis Duarte	Cá Estrondo	02:58:16	+02:13:57	17:50	
1885	1954	Carminda correia costa	Lebres Lentas & COmpanhia	02:58:25	+02:14:06	17:50	
1886	1952	Ana Leal	Lebres Lentas & COmpanhia	02:58:25	+02:14:06	17:50	
1887	1956	Isabel Gonçalves	Lebres Lentas & COmpanhia	02:58:25	+02:14:06	17:50	
1888	1957	Madalena Simões	Lebres Lentas & COmpanhia	02:58:25	+02:14:06	17:50	
1889	2890	Amadeu José Peixoto Borges	Sedentários da Secretária	02:58:25	+02:14:06	17:51	
1890	1955	Filipa Costa Saraiva	Lebres Lentas & COmpanhia	02:58:25	+02:14:06	17:51	
1891	1964	João Santana	Lebres Lentas & COmpanhia	02:58:25	+02:14:06	17:51	
1892	1958	Maria Célia Cardoso Godinho Gaspar	Lebres Lentas & COmpanhia	02:58:26	+02:14:07	17:51	
1893	1961	Veronica neves Costa	Lebres Lentas & COmpanhia	02:58:26	+02:14:07	17:51	
1894	1960	Paula Pacheco	Lebres Lentas & COmpanhia	02:58:26	+02:14:07	17:51	
1895	1959	Muriela coelho das Neves	Lebres Lentas & COmpanhia	02:58:26	+02:14:07	17:51	
1896	1962	Carlos agente costa	Lebres Lentas & COmpanhia	02:58:26	+02:14:07	17:51	
1897	2884	Joana Isabel de Sá Paula Mendonça	Sedentários da Secretária	02:58:27	+02:14:08	17:51	
1898	2894	José Rui Saldanha Martins	Sedentários da Secretária	02:58:28	+02:14:09	17:51	
1899	2886	Maria Fernanda Ferreira Pinto	Sedentários da Secretária	02:58:28	+02:14:09	17:51	
1900	2893	José Carlos Lopes Paulino	Sedentários da Secretária	02:58:30	+02:14:11	17:51	
1901	2889	Maria Morais	Sedentários da Secretária	02:58:31	+02:14:12	17:51	
1902	1621	Bruno Ferreira	Grupo JR	02:58:38	+02:14:19	17:52	
1903	2885	Maria Fátima Paulo	Sedentários da Secretária	02:58:38	+02:14:19	17:52	
1904	3122	Antonio Manuel Silva Pereira	Turminha	02:58:48	+02:14:29	17:53	
1905	3118	Fatima Jesus lima Ribeiro	Turminha	02:58:49	+02:14:30	17:53	
1906	3120	Nadia Neves Pereira	Turminha	02:58:50	+02:14:31	17:53	
1907	3124	Nuno Miguel Almão	Turminha	02:58:50	+02:14:31	17:53	
1908	3116	Carla Susana Pereira Ferreira	Turminha	02:58:50	+02:14:31	17:53	
1909	3115	Carla Andreia Silva Rodrigues	Turminha	02:58:50	+02:14:31	17:53	
1910	3117	Cristina Pereira	Turminha	02:58:51	+02:14:32	17:53	
1911	3121	Antonio Alberto Magina Santos	Turminha	02:58:52	+02:14:33	17:53	
1912	3123	Marco Antonio Cordeiro Vitorino Godinho	Turminha	02:58:53	+02:14:34	17:53	
1913	3114	Bruna Ferreira Santos	Turminha	02:58:53	+02:14:34	17:53	
1914	330	Rodrigo Ferreira Vieira	103 Marretas	02:58:56	+02:14:37	17:54	
1915	325	Catarina Pais	103 Marretas	02:58:56	+02:14:37	17:54	
1916	333	Tiago Monteiro	103 Marretas	02:58:57	+02:14:38	17:54	
1917	332	Tiago Lemos	103 Marretas	02:59:00	+02:14:41	17:54	
1918	329	Fábio Coelho	103 Marretas	02:59:06	+02:14:47	17:55	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1919	327	Artur Longo	103 Marretas	02:59:08	+02:14:49	17:55	
1920	328	Daniel Oliveira Silva	103 Marretas	02:59:09	+02:14:50	17:55	
1921	1582	Rui Jorge da Silva Pinho	Going Up Team	02:59:11	+02:14:52	17:55	
1922	1574	Teresa Cristina Nunes do Monte	Going Up Team	02:59:11	+02:14:52	17:55	
1923	1580	João Rafael Pereira Leite	Going Up Team	02:59:11	+02:14:52	17:55	
1924	1570	Ana Margarida Godinho Correia	Going Up Team	02:59:13	+02:14:54	17:55	
1925	326	Margarida Pais	103 Marretas	02:59:15	+02:14:56	17:56	
1926	1572	Jenny Esperanza Da Fonseca Carrilho	Going Up Team	02:59:16	+02:14:57	17:56	
1927	1575	Alexandre Gomes Oliveira	Going Up Team	02:59:16	+02:14:57	17:56	
1928	331	Rodrigo Rafael Silva Oliveira	103 Marretas	02:59:17	+02:14:58	17:56	
1929	1577	André Tomaz Lourenço	Going Up Team	02:59:20	+02:15:01	17:56	
1930	1571	Cátia Raquel Rodrigues Amaro	Going Up Team	02:59:21	+02:15:02	17:56	
1931	1569	Ana Catarina Pereira Leite	Going Up Team	02:59:21	+02:15:02	17:56	
1932	1576	André Santos Sardo	Going Up Team	02:59:21	+02:15:02	17:56	
1933	1573	Marília Patricia Rodrigues de Pinho	Going Up Team	02:59:24	+02:15:05	17:56	
1934	1581	Luís Miguel Santarém Leal	Going Up Team	02:59:25	+02:15:06	17:57	
1935	18	Nuria Tomaz	Bravo Ovar	02:59:27	+02:15:08	17:57	
1936	438	Liliana Patrícia dos Santos Boucinha	Ai ai que me dói tudo	02:59:28	+02:15:09	17:57	
1937	19	Sílvia Tomaz	Bravo Ovar	02:59:28	+02:15:09	17:57	
1938	20	Rakibul Hasan	Bravo Ovar	02:59:29	+02:15:10	17:57	
1939	16	Alexandra Ribeiro	Bravo Ovar	02:59:29	+02:15:10	17:57	
1940	440	Tânia Patrícia da Silva Vieira	Ai ai que me dói tudo	02:59:29	+02:15:10	17:57	
1941	435	Ana Filipa Belo Tavares	Ai ai que me dói tudo	02:59:31	+02:15:12	17:57	
1942	434	Ana Carolina Matos da Silva	Ai ai que me dói tudo	02:59:31	+02:15:12	17:57	
1943	441	Diogo Gil Soarez Marquez	Ai ai que me dói tudo	02:59:32	+02:15:13	17:57	
1944	442	Joel Peter Guedes Rodrigues	Ai ai que me dói tudo	02:59:32	+02:15:13	17:57	
1945	443	Pedro Miguel Santos Rosas Oliveira	Ai ai que me dói tudo	02:59:32	+02:15:13	17:57	
1946	439	Marisa Isabel Matos Silva	Ai ai que me dói tudo	02:59:33	+02:15:14	17:57	
1947	437	Cristiane Aparecida Ruzzi Bastos	Ai ai que me dói tudo	02:59:33	+02:15:14	17:57	
1948	436	Carina Elisabete Marques Abranches Guedes	Ai ai que me dói tudo	02:59:33	+02:15:14	17:57	
1949	444	Tiago de Almeida Bastos	Ai ai que me dói tudo	02:59:33	+02:15:14	17:57	
1950	2710	Márcia Coutinho	RaceTfit	02:59:43	+02:15:24	17:58	
1951	2731	Pedro Cristo	RaceTfit	02:59:49	+02:15:30	17:59	
1952	324	Ana Margarida Azevedo Paiva	103 Marretas	02:59:59	+02:15:40	18:00	
1953	1684	paulo marques	heróis reumáticos	03:00:32	+02:16:13	18:03	
1954	857	Ana Nunes	Cá Estrondo	03:00:33	+02:16:14	18:03	
1955	3232	Jean-Erick de Almeida Rodriguez	Cá Estrondo	03:00:35	+02:16:16	18:03	
1956	1673	carina isabel tavares rodrigues	heróis reumáticos	03:00:36	+02:16:17	18:04	
1957	858	Carina Assunção	Cá Estrondo	03:00:36	+02:16:17	18:04	
1958	864	Filipe Baptista	Cá Estrondo	03:00:36	+02:16:17	18:04	
1959	1675	goreti rocha	heróis reumáticos	03:00:36	+02:16:17	18:04	
1960	1682	fernando paço	heróis reumáticos	03:00:40	+02:16:21	18:04	
1961	1678	bruno silva	heróis reumáticos	03:00:41	+02:16:22	18:04	
1962	1674	claudia silva	heróis reumáticos	03:00:41	+02:16:22	18:04	
1963	1681	fernando marques	heróis reumáticos	03:00:41	+02:16:22	18:04	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1964	1670	alexandra silva	heróis reumáticos	03:00:42	+02:16:23	18:04	
1965	1683	nuno ferreira	heróis reumáticos	03:00:44	+02:16:25	18:04	
1966	1686	xavier almeida	heróis reumáticos	03:00:45	+02:16:26	18:04	
1967	1677	romina marques	heróis reumáticos	03:00:46	+02:16:27	18:05	
1968	1179	Paulo Silva	Edubox	03:00:48	+02:16:29	18:05	
1969	2520	Maria Jacinta da Silva Maia	OUTIZAL Team	03:00:49	+02:16:30	18:05	
1970	2525	Paulo Jorge Silva Araújo	OUTIZAL Team	03:00:49	+02:16:30	18:05	
1971	1176	Helder Santos	Edubox	03:00:49	+02:16:30	18:05	
1972	2522	Maria Olívia de Carvalho Moreira Neves	OUTIZAL Team	03:00:50	+02:16:31	18:05	
1973	2519	Maria da Conceição Maia de Carvalho Reis	OUTIZAL Team	03:00:50	+02:16:31	18:05	
1974	1175	Carlos Oliveira	Edubox	03:00:53	+02:16:34	18:05	
1975	2524	José Marcelino Faria Ferreira	OUTIZAL Team	03:00:59	+02:16:40	18:06	
1976	1719	Cristina Simões	Individual	03:00:59	+02:16:40	18:06	
1977	2521	Maria Luísa da Silva Maia	OUTIZAL Team	03:01:00	+02:16:41	18:06	
1978	1178	Paulo Cruz	Edubox	03:01:00	+02:16:41	18:06	
1979	2960	Paulo Lopes	TainadasTeam	03:01:04	+02:16:45	18:06	
1980	2965	Vitor Gomes	TainadasTeam	03:01:05	+02:16:46	18:07	
1981	2956	Diogo Teixeira	TainadasTeam	03:01:05	+02:16:46	18:07	
1982	2951	Cristiana Reis	TainadasTeam	03:01:06	+02:16:47	18:07	
1983	2950	Cidália Carvalho	TainadasTeam	03:01:07	+02:16:48	18:07	
1984	2955	Daniel Ramiro	TainadasTeam	03:01:08	+02:16:49	18:07	
1985	2958	João Reis	TainadasTeam	03:01:08	+02:16:49	18:07	
1986	2952	Fátima Poças	TainadasTeam	03:01:09	+02:16:50	18:07	
1987	2963	Sérgio Melo	TainadasTeam	03:01:14	+02:16:55	18:07	
1988	2954	Carlos Teixeira	TainadasTeam	03:01:15	+02:16:56	18:07	
1989	2953	Marlene Couto	TainadasTeam	03:01:17	+02:16:58	18:08	
1990	626	Andréia Sá	Individual	03:01:17	+02:16:58	18:08	
1991	2957	Céu Melo	TainadasTeam	03:01:17	+02:16:58	18:08	
1992	3139	Beatriz Filipa Casqueira	Vai com tudo!	03:01:21	+02:17:02	18:08	
1993	3140	Jéssica Alexandra da Silva Maio	Vai com tudo!	03:01:22	+02:17:03	18:08	
1994	3137	Ana Beatriz Amaral Matias	Vai com tudo!	03:01:22	+02:17:03	18:08	
1995	1892	MICAELA ANDREIA DE PINHO ABREU	LAS MANQUITAS	03:01:34	+02:17:15	18:09	
1996	1894	VERA MÓNICA COSTA ANDRADE	LAS MANQUITAS	03:01:34	+02:17:15	18:09	
1997	1891	MARTA ANDREIA AZEVEDO DIAS	LAS MANQUITAS	03:01:35	+02:17:16	18:10	
1998	1886	ANA PATRÍCIA DE OLIVEIRA PAIVA DIOGO	LAS MANQUITAS	03:01:35	+02:17:16	18:10	
1999	1889	DIANA TAVARES	LAS MANQUITAS	03:01:35	+02:17:16	18:10	
2000	1893	PATRÍCIA ALEXANDRA PIRES OLIVEIRA SANTOS	LAS MANQUITAS	03:01:35	+02:17:16	18:10	
2001	3097	Mónica Pinho	Trepa de Estarreja	03:01:43	+02:17:24	18:10	
2002	2606	Fernando Brandão	Politogethers	03:01:44	+02:17:25	18:10	
2003	3099	Sandra Aguiar	Trepa de Estarreja	03:01:46	+02:17:27	18:11	
2004	3095	Maria José	Trepa de Estarreja	03:01:46	+02:17:27	18:11	
2005	2166	Ana Filipa Leite	Os 100 pressa	03:01:46	+02:17:27	18:11	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2006	2168	Nuno Oliveira	Os 100 pressa	03:01:47	+02:17:28	18:11	
2007	3094	Lara Teixeira	Trepa de Estarreja	03:01:49	+02:17:30	18:11	
2008	2667	Fábio Santos	Quase que participámos no ano passado	03:01:50	+02:17:31	18:11	
2009	2167	Eliana Silva	Os 100 pressa	03:01:52	+02:17:33	18:11	
2010	2673	Pedro Correia	Quase que participámos no ano passado	03:01:53	+02:17:34	18:11	
2011	2599	Lara Ribas	Politogethers	03:01:53	+02:17:34	18:11	
2012	3092	Daniela Andrade	Trepa de Estarreja	03:01:57	+02:17:38	18:12	
2013	2662	Carla Pires	Quase que participámos no ano passado	03:02:06	+02:17:47	18:13	
2014	2664	Verónica Pinho	Quase que participámos no ano passado	03:02:08	+02:17:49	18:13	
2015	2669	João Santos	Quase que participámos no ano passado	03:02:10	+02:17:51	18:13	
2016	2672	Paulo Lourenço	Quase que participámos no ano passado	03:02:18	+02:17:59	18:14	
2017	2674	Pedro Vieira	Quase que participámos no ano passado	03:02:19	+02:18:00	18:14	
2018	2666	Fábio Ferreira	Quase que participámos no ano passado	03:02:19	+02:18:00	18:14	
2019	2677	Tiago Lourenço	Quase que participámos no ano passado	03:02:22	+02:18:03	18:14	
2020	2661	Andreia Lima	Quase que participámos no ano passado	03:02:23	+02:18:04	18:14	
2021	308	Filipe Quinaz	#teachersONfire	03:02:23	+02:18:04	18:14	
2022	301	Inês Moura	#teachersONfire	03:02:23	+02:18:04	18:14	
2023	2663	Juliana Coelho	Quase que participámos no ano passado	03:02:23	+02:18:04	18:14	
2024	303	Lídia Aguiar	#teachersONfire	03:02:23	+02:18:04	18:14	
2025	312	Ricardo Oliveira	#teachersONfire	03:02:24	+02:18:05	18:14	
2026	302	Joana Oliveira	#teachersONfire	03:02:25	+02:18:06	18:14	
2027	304	Marisa Sousa	#teachersONfire	03:02:26	+02:18:07	18:15	
2028	309	Hugo Moreira	#teachersONfire	03:02:27	+02:18:08	18:15	
2029	306	Rita Melo	#teachersONfire	03:02:34	+02:18:15	18:15	
2030	741	João Francisco Brito Correia	Bichos do Mato	03:02:36	+02:18:17	18:16	
2031	1262	Ana Carvalho	Espalhabrasas	03:02:41	+02:18:22	18:16	
2032	1272	Nuno Duarte	Espalhabrasas	03:02:43	+02:18:24	18:16	
2033	732	Ana Patrícia Pinto Rodrigues Rocha	Bichos do Mato	03:02:44	+02:18:25	18:16	
2034	1271	Ivo calvo	Espalhabrasas	03:02:46	+02:18:27	18:17	
2035	1274	Sebastião Moisés Santos Calvo	Espalhabrasas	03:02:46	+02:18:27	18:17	
2036	1270	Gustavo Sousa	Espalhabrasas	03:02:46	+02:18:27	18:17	
2037	738	Rita Isabel Sobral Pereira	Bichos do Mato	03:02:47	+02:18:28	18:17	
2038	1264	Fátima Cândido	Espalhabrasas	03:02:53	+02:18:34	18:17	
2039	1269	Filipe Ramos	Espalhabrasas	03:02:56	+02:18:37	18:18	
2040	1620	Artur Estrela	Grupo JR	03:02:58	+02:18:39	18:18	
2041	1645	João Pinho	Grupo JR	03:03:01	+02:18:42	18:18	
2042	1268	Sonia Morais	Espalhabrasas	03:03:02	+02:18:43	18:18	
2043	2796	Ricardo Sá	RFM ao Quadrado	03:03:04	+02:18:45	18:18	
2044	2794	Fábio Rocha	RFM ao Quadrado	03:03:07	+02:18:48	18:19	
2045	2603	Nazaré Oliveira	Politogethers	03:03:11	+02:18:52	18:19	
2046	97	Manuel Romeiro	Individual	03:03:17	+02:18:58	18:20	
2047	740	Fernando Jorge Vieira Ramos	Bichos do Mato	03:03:17	+02:18:58	18:20	
2048	739	Sofia Isabel Pereira Tavares	Bichos do Mato	03:03:18	+02:18:59	18:20	
2049	731	Ana Cláudia Oliveira Duarte	Bichos do Mato	03:03:18	+02:18:59	18:20	
2050	744	Paulo Alexandre Bastos Monteiro	Bichos do Mato	03:03:18	+02:18:59	18:20	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2051	745	Paulo Jorge Rodrigues Ferreira Correia	Bichos do Mato	03:03:18	+02:18:59	18:20	
2052	737	Marta Susana dos Santos Torres	Bichos do Mato	03:03:18	+02:18:59	18:20	
2053	742	Jorge Alexander Ferreira Sereno	Bichos do Mato	03:03:18	+02:18:59	18:20	
2054	736	Lénia Amorim Graça Ramos	Bichos do Mato	03:03:18	+02:18:59	18:20	
2055	2792	Filipa Batista	RFM ao Quadrado	03:03:18	+02:18:59	18:20	
2056	734	Dora Maria Imaginário Brito Correia	Bichos do Mato	03:03:18	+02:18:59	18:20	
2057	735	Joana Patrícia Alves Oliveira Amaral	Bichos do Mato	03:03:19	+02:19:00	18:20	
2058	2793	Marcela Carneiro	RFM ao Quadrado	03:03:24	+02:19:05	18:20	
2059	867	Roberto Manuel Conceição Pinto	Cá Estrondo	03:03:30	+02:19:11	18:21	
2060	859	Carina Pinho	Cá Estrondo	03:03:31	+02:19:12	18:21	
2061	863	Diogo Oliveira	Cá Estrondo	03:03:31	+02:19:12	18:21	
2062	1642	Humberto Pinho	Grupo JR	03:03:33	+02:19:14	18:21	
2063	1655	Pedro Barbosa	Grupo JR	03:03:34	+02:19:15	18:21	
2064	1662	Tomás Soares	Grupo JR	03:03:34	+02:19:15	18:21	
2065	2797	Rodrigo Carvalho	RFM ao Quadrado	03:03:35	+02:19:16	18:22	
2066	1632	Filipe Soares	Grupo JR	03:03:35	+02:19:16	18:22	
2067	1659	SAMUEL ESTRELA	Grupo JR	03:03:37	+02:19:18	18:22	
2068	862	Antonio Santos	Cá Estrondo	03:03:38	+02:19:19	18:22	
2069	861	Patrícia Augusta Soares de Oliveira	Cá Estrondo	03:03:39	+02:19:20	18:22	
2070	856	Alexandra Correia	Cá Estrondo	03:03:41	+02:19:22	18:22	
2071	2604	Sofia Martins	Politogethers	03:03:47	+02:19:28	18:23	
2072	2608	José Brandão	Politogethers	03:03:47	+02:19:28	18:23	
2073	2597	Joana pinho	Politogethers	03:03:48	+02:19:29	18:23	
2074	2591	Bruna Alves Dias	Politogethers	03:03:49	+02:19:30	18:23	
2075	2985	António Carlos da Silva Matos	Tarados da Trilha	03:04:02	+02:19:43	18:24	
2076	2987	Victor Marques	Tarados da Trilha	03:04:02	+02:19:43	18:24	
2077	1266	Luana Carvalho	Espalhabrasas	03:04:08	+02:19:49	18:25	
2078	1267	Marta Morais	Espalhabrasas	03:04:13	+02:19:54	18:25	
2079	1454	Nuno Moreira	FORQUILHAS	03:04:35	+02:20:16	18:28	
2080	1446	Joana Faria	FORQUILHAS	03:04:35	+02:20:16	18:28	
2081	1453	Jorge Amaral	FORQUILHAS	03:04:36	+02:20:17	18:28	
2082	1455	Paulo Faria	FORQUILHAS	03:04:40	+02:20:21	18:28	
2083	1450	Rosa Oliveira	FORQUILHAS	03:04:43	+02:20:24	18:28	
2084	2228	Carolina Oliveira	Os Bodas	03:04:44	+02:20:25	18:28	
2085	1449	Paula Ferreira	FORQUILHAS	03:04:45	+02:20:26	18:29	
2086	1456	Sérgio Oliveira	FORQUILHAS	03:04:46	+02:20:27	18:29	
2087	1447	Maria Silva	FORQUILHAS	03:04:48	+02:20:29	18:29	
2088	1448	Patricia Oliveira	FORQUILHAS	03:04:48	+02:20:29	18:29	
2089	2582	Sónia Cristina Da Silva Santos	PLAYGROUND	03:04:49	+02:20:30	18:29	
2090	156	Luis Carlos Dos Santos Picote	PLAYGROUND	03:04:50	+02:20:31	18:29	
2091	2230	Leonor Reis	Os Bodas	03:04:51	+02:20:32	18:29	
2092	2229	Inês Tavares	Os Bodas	03:04:52	+02:20:33	18:29	
2093	153	Paula Cruz Silva	PLAYGROUND	03:04:54	+02:20:35	18:29	
2094	1451	António Baptista	FORQUILHAS	03:04:58	+02:20:39	18:30	
2095	1445	Carla Baptista	FORQUILHAS	03:04:58	+02:20:39	18:30	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2096	2182	Paulo Sérgio Matos Lamego	Os Amigos da Coxinha de Frango	03:05:34	+02:21:15	18:33	
2097	2177	João Pedro Oliveira Valente	Os Amigos da Coxinha de Frango	03:05:34	+02:21:15	18:33	
2098	2184	Ricardo Manuel Tavares Almeida	Os Amigos da Coxinha de Frango	03:05:36	+02:21:17	18:34	
2099	2175	Hernani Gomes dos Santos	Os Amigos da Coxinha de Frango	03:05:38	+02:21:19	18:34	
2100	2919	Mariana Pinho Santos	Seringas	03:05:40	+02:21:21	18:34	
2101	2917	Ana Catarina Videira Pinto	Seringas	03:05:41	+02:21:22	18:34	
2102	2922	Salomé Gomes Nunes	Seringas	03:05:41	+02:21:22	18:34	
2103	2173	Alberto Manuel Ferreira Marques	Os Amigos da Coxinha de Frango	03:05:42	+02:21:24	18:34	
2104	610	Diana Rafaela Norberto Raposo	As Demolidoras	03:05:44	+02:21:25	18:34	
2105	2170	Lília Raquel de Oliveira Nunes	Os Amigos da Coxinha de Frango	03:05:46	+02:21:27	18:35	
2106	2180	Mario Paulo Nunes Guimar	Os Amigos da Coxinha de Frango	03:05:47	+02:21:28	18:35	
2107	612	Sónia Patrícia Salgado Coutinho	As Demolidoras	03:05:48	+02:21:29	18:35	
2108	609	Daniela Silva Dias Almeida	As Demolidoras	03:05:48	+02:21:29	18:35	
2109	611	Marisa Madalena Rodrigues Moreira	As Demolidoras	03:05:48	+02:21:29	18:35	
2110	1469	Nelson Manuel Gomes Adrego	Fugitive on the run	03:05:50	+02:21:31	18:35	
2111	2179	Leonardo Rafael Nunes Marques	Os Amigos da Coxinha de Frango	03:05:50	+02:21:31	18:35	
2112	2185	Rodrigo Dias Almeida	Os Amigos da Coxinha de Frango	03:05:52	+02:21:33	18:35	
2113	1461	Maria de Lurdes Gomes Monteiro	Fugitive on the run	03:05:58	+02:21:39	18:36	
2114	1458	Carolina Monteiro Gaspar	Fugitive on the run	03:05:58	+02:21:39	18:36	
2115	1465	Carlos Manuel Cassinda Veloso	Fugitive on the run	03:06:04	+02:21:45	18:36	
2116	1467	João Manuel Ferreira Maio	Fugitive on the run	03:06:05	+02:21:46	18:37	
2117	1460	Joana Raquel Santos Lopes	Fugitive on the run	03:06:16	+02:21:57	18:38	
2118	1466	João Luís Santos Parreira	Fugitive on the run	03:06:16	+02:21:57	18:38	
2119	1457	Bárbara Inês Ferreira Lopes	Fugitive on the run	03:06:17	+02:21:58	18:38	
2120	1468	João Manuel Marques Ferreira	Fugitive on the run	03:06:18	+02:21:59	18:38	
2121	1462	Teresa Patrícia de Jesus Rosa	Fugitive on the run	03:06:20	+02:22:01	18:38	
2122	1471	Rui Jorge de Sousa dias Oliveira	Fugitive on the run	03:06:20	+02:22:01	18:38	
2123	2395	Sofia Pereira	Os Lobos	03:06:54	+02:22:35	18:41	
2124	2396	Bernardo Rodrigues	Os Lobos	03:06:54	+02:22:35	18:41	
2125	938	Patrícia Campos	Cereal Killers	03:06:58	+02:22:39	18:42	
2126	939	Vanessa Marisa Gomes Reis	Cereal Killers	03:06:58	+02:22:39	18:42	
2127	942	Ricardo Oliveira Reis	Cereal Killers	03:06:59	+02:22:40	18:42	
2128	941	Ricardo Mendonça	Cereal Killers	03:06:59	+02:22:40	18:42	
2129	936	Ana Catarina Reis Oliveira Silva	Cereal Killers	03:06:59	+02:22:40	18:42	
2130	940	Hélder Guimarães Ferreira	Cereal Killers	03:06:59	+02:22:40	18:42	
2131	944	Tiago Jorge Rodrigues Cunha	Cereal Killers	03:06:59	+02:22:40	18:42	
2132	937	Ana Isabel Rios Pires	Cereal Killers	03:07:00	+02:22:41	18:42	
2133	2999	Daniela Tavares	Tartarugas Velozes	03:07:07	+02:22:48	18:43	
2134	3002	Isa Mantinhas	Tartarugas Velozes	03:07:07	+02:22:48	18:43	
2135	2465	Fernando Manuel Oliveira Costa	Os Super Bravos	03:07:29	+02:23:10	18:45	
2136	3013	Valter Amieira	Tartarugas Velozes	03:07:29	+02:23:10	18:45	
2137	2462	Fabio David Ferreira Damas	Os Super Bravos	03:07:30	+02:23:11	18:45	
2138	2459	Idília Raquel Loureira Antão Pereira	Os Super Bravos	03:07:30	+02:23:11	18:45	
2139	2457	Bruna Gabriela Cabral Silva	Os Super Bravos	03:07:32	+02:23:13	18:45	
2140	2456	Ana Lúcia Ferreira Azevedo	Os Super Bravos	03:07:33	+02:23:14	18:45	
2141	2464	José Antonio Nunes Oliveira	Os Super Bravos	03:07:34	+02:23:15	18:45	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2142	2463	João Manuel Jesus Sá	Os Super Bravos	03:07:34	+02:23:15	18:45	
2143	2460	Sara Margarida Ferreira Azevedo	Os Super Bravos	03:07:36	+02:23:17	18:46	
2144	2998	Caridade Tavares	Tartarugas Velozes	03:07:37	+02:23:18	18:46	
2145	2995	Ana Mafalda Cruz	Tartarugas Velozes	03:07:38	+02:23:19	18:46	
2146	3006	Helder Figueiras	Tartarugas Velozes	03:07:38	+02:23:19	18:46	
2147	3009	Paulo Cruz	Tartarugas Velozes	03:07:38	+02:23:19	18:46	
2148	3004	Vera Almeida	Tartarugas Velozes	03:07:39	+02:23:20	18:46	
2149	2466	Nuno Miguel Martins Oliveira	Os Super Bravos	03:07:40	+02:23:21	18:46	
2150	798	Paulo Jorge das Neves Mendes	BioRacers do Texas	03:07:42	+02:23:23	18:46	
2151	2458	João Miguel Lopes Mendes Cruz	Os Super Bravos	03:07:47	+02:23:28	18:47	
2152	2461	Alvaro Filipe Costa Silva	Os Super Bravos	03:07:52	+02:23:33	18:47	
2153	752	Carla Barbosa	Bio Team	03:08:02	+02:23:43	18:48	
2154	765	Sofia Moreira	Bio Team	03:08:03	+02:23:44	18:48	
2155	756	Inês Santos	Bio Team	03:08:04	+02:23:45	18:48	
2156	759	Joana Silva	Bio Team	03:08:04	+02:23:45	18:48	
2157	746	Adriana Santos	Bio Team	03:08:05	+02:23:46	18:48	
2158	757	Isabel Rangel	Bio Team	03:08:05	+02:23:46	18:49	
2159	760	Manuela Aguiar	Bio Team	03:08:06	+02:23:47	18:49	
2160	2398	Maurizio Santos	Os Lobos	03:08:24	+02:24:05	18:50	
2161	2393	Débora Pinto	Os Lobos	03:08:25	+02:24:06	18:50	
2162	2117	Ana Almeida	Ninguém se decide	03:08:25	+02:24:06	18:50	
2163	2399	Nuno Modesto	Os Lobos	03:08:25	+02:24:06	18:51	
2164	2397	Francisco Mónica	Os Lobos	03:08:25	+02:24:06	18:51	
2165	2118	Ana Barbosa	Ninguém se decide	03:08:26	+02:24:07	18:51	
2166	2394	Leonor Freitas	Os Lobos	03:08:26	+02:24:07	18:51	
2167	2392	Carmo Pereira	Os Lobos	03:08:26	+02:24:07	18:51	
2168	2126	Frederico Oliveira	Ninguém se decide	03:08:26	+02:24:07	18:51	
2169	2127	Renato Vieira	Ninguém se decide	03:08:26	+02:24:07	18:51	
2170	2124	Carlos Gonçalves	Ninguém se decide	03:08:27	+02:24:08	18:51	
2171	2120	Eliana Almeida	Ninguém se decide	03:08:27	+02:24:08	18:51	
2172	2122	Sandra Tavares	Ninguém se decide	03:08:28	+02:24:09	18:51	
2173	2119	Diana Pinto	Ninguém se decide	03:08:29	+02:24:10	18:51	
2174	2121	Maria Lucília Marques Tavares de Almeida	Ninguém se decide	03:08:31	+02:24:12	18:51	
2175	2290	André de Araújo Alves Ferreira	Os Fluoracilos	03:08:35	+02:24:16	18:51	
2176	2285	Ângela Cristina Dias da Silva Rocha	Os Fluoracilos	03:08:36	+02:24:17	18:52	
2177	2284	Andreia Moreira	Os Fluoracilos	03:08:36	+02:24:17	18:52	
2178	2286	Carla Sousa	Os Fluoracilos	03:08:36	+02:24:17	18:52	
2179	1042	Carla Candeias	Correr Fermelã ACADOF	03:08:37	+02:24:18	18:52	
2180	2287	Cátia Silva Nunes	Os Fluoracilos	03:08:40	+02:24:21	18:52	
2181	2289	Joana Sá	Os Fluoracilos	03:08:42	+02:24:23	18:52	
2182	2288	Elisabete Pereira	Os Fluoracilos	03:08:43	+02:24:24	18:52	
2183	1046	Dina Teiga	Correr Fermelã ACADOF	03:09:18	+02:24:59	18:56	
2184	1047	Gisela Maria da Silva Mello	Correr Fermelã ACADOF	03:09:19	+02:25:00	18:56	
2185	1310	Ana Filipa de Oliveira	Fam	03:09:35	+02:25:16	18:58	
2186	1311	Bruna Rafaela de Oliveira	Fam	03:09:35	+02:25:16	18:58	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2187	1312	Cristina Maria Marques de Oliveira	Fam	03:09:36	+02:25:17	18:58	
2188	1315	José António Soares Fontinha	Fam	03:09:36	+02:25:17	18:58	
2189	1313	Fernanda Maria Fortunato de Oliveira	Fam	03:09:36	+02:25:17	18:58	
2190	1316	Vasco Fernandes Mortágua	Fam	03:09:36	+02:25:17	18:58	
2191	1314	Neuza de Oliveira Fontinha	Fam	03:09:37	+02:25:18	18:58	
2192	1998	Viviana Gonçalves	Lutadores de Lama	03:09:38	+02:25:19	18:58	
2193	1990	Ana Oliveira	Lutadores de Lama	03:09:39	+02:25:20	18:58	
2194	1992	ELIANA PATRICIA DOS SANTOS OLIVEIRA	Lutadores de Lama	03:09:40	+02:25:21	18:58	
2195	2002	Eliana Carina Vieira Marques	Lutadores de Lama	03:09:42	+02:25:23	18:58	
2196	1999	José Martins	Lutadores de Lama	03:09:42	+02:25:23	18:58	
2197	2001	Nuno Saraiva	Lutadores de Lama	03:09:44	+02:25:25	18:58	
2198	1242	João Gomes	Equipa ELITE	03:09:46	+02:25:27	18:59	
2199	1228	Beatriz Gomes	Equipa ELITE	03:09:47	+02:25:28	18:59	
2200	1231	Elisabete Barbosa	Equipa ELITE	03:09:47	+02:25:28	18:59	
2201	1995	Marta Santos	Lutadores de Lama	03:10:11	+02:25:52	19:01	
2202	1993	Inês Picado	Lutadores de Lama	03:10:12	+02:25:53	19:01	
2203	1994	Maria Miranda	Lutadores de Lama	03:10:13	+02:25:54	19:01	
2204	1997	Vanda Oliveira	Lutadores de Lama	03:10:13	+02:25:54	19:01	
2205	2000	Marco Costa	Lutadores de Lama	03:10:13	+02:25:54	19:01	
2206	1991	Bárbara Marques	Lutadores de Lama	03:10:14	+02:25:55	19:01	
2207	1996	Sonia Soares	Lutadores de Lama	03:10:14	+02:25:55	19:01	
2208	1150	Ana Luisa Santos Ribeiro	Dói-lá-lama	03:10:25	+02:26:06	19:02	
2209	1152	Janete Silva Borges	Dói-lá-lama	03:10:26	+02:26:07	19:03	
2210	1158	Luis Augusto Correia Roque	Dói-lá-lama	03:10:26	+02:26:07	19:03	
2211	1155	Sandra Manuela Pinto Gomes	Dói-lá-lama	03:10:28	+02:26:09	19:03	
2212	1159	Luís Miguel Almeida da Silva	Dói-lá-lama	03:10:29	+02:26:10	19:03	
2213	29	ANA RAQUEL SALGADO	Dói-lá-lama	03:10:34	+02:26:15	19:03	
2214	30	PEDRO DIAS	Dói-lá-lama	03:10:34	+02:26:15	19:03	
2215	1162	Paulo Lopes	Dói-lá-lama	03:10:46	+02:26:27	19:05	
2216	1160	NUNO RICARDO VASCONCELOS DA MAIA	Dói-lá-lama	03:10:46	+02:26:27	19:05	
2217	1151	Ana Silva	Dói-lá-lama	03:10:47	+02:26:28	19:05	
2218	2192	Otoniel Fernando Silva Santos	Os Arrasta	03:10:54	+02:26:35	19:05	
2219	1732	João Tavares	Individual	03:10:59	+02:26:40	19:06	
2220	2187	Elisa Martinez Minichini	Os Arrasta	03:11:02	+02:26:43	19:06	
2221	620	Sara Catarina Teixeira Almeida	As Tamancas	03:11:03	+02:26:44	19:06	
2222	621	Sónia Patricia Silva Vaz Oliveira Cirne	As Tamancas	03:11:03	+02:26:44	19:06	
2223	614	Celia da Conceição Abreu Freire dos Santos	As Tamancas	03:11:03	+02:26:44	19:06	
2224	619	Maria Do carmo Valente Moutinho	As Tamancas	03:11:03	+02:26:44	19:06	
2225	613	Andreia Filipa Oliveira Valente	As Tamancas	03:11:04	+02:26:45	19:06	
2226	617	Inês Tavares Rodrigues	As Tamancas	03:11:04	+02:26:45	19:06	
2227	3236	Alexandrina Marques	As Tamancas	03:11:04	+02:26:45	19:06	
2228	618	Isabel Leonor Violas de Sá	As Tamancas	03:11:05	+02:26:46	19:07	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2229	615	Dina Patricia Constatino Maia	As Tamancas	03:11:05	+02:26:46	19:07	
2230	981	Beatriz Marques da Cunha	CIRES RUNNING TEAM	03:11:09	+02:26:50	19:07	
2231	997	Paulo Soares	CIRES RUNNING TEAM	03:11:10	+02:26:51	19:07	
2232	985	Soraia Sofia Pereira Martins	CIRES RUNNING TEAM	03:11:10	+02:26:51	19:07	
2233	1001	Sérgio Manuel de Oliveira Gomes	CIRES RUNNING TEAM	03:11:13	+02:26:54	19:07	
2234	2190	Bruno Rafael Sousa Pereira	Os Arrasta	03:11:13	+02:26:54	19:07	
2235	980	Ana Cristina Marques Silva Cunha	CIRES RUNNING TEAM	03:11:13	+02:26:54	19:07	
2236	2186	Ana Cristina Afonso Pinto Silva	Os Arrasta	03:11:16	+02:26:57	19:08	
2237	2188	Rita Isabel Azevedo Silva	Os Arrasta	03:11:18	+02:26:59	19:08	
2238	1544	Crinalda Lês	GERAÇÕES DA BRECA	03:11:21	+02:27:02	19:08	
2239	1564	Pedro Esteves Fontes	GERAÇÕES DA BRECA	03:11:21	+02:27:02	19:08	
2240	1559	Já Vou Barreiros	GERAÇÕES DA BRECA	03:11:21	+02:27:02	19:08	
2241	2214	Guilherme Tavares Moreira	Os Bainas	03:11:40	+02:27:21	19:10	
2242	2923	Tiago Caeiro	Seringas	03:11:44	+02:27:25	19:10	
2243	2921	Otilia Andrade	Seringas	03:11:44	+02:27:25	19:10	
2244	2920	Marta Melo	Seringas	03:11:44	+02:27:25	19:10	
2245	1884	André Mortágua Nadaís	La Gingas	03:11:45	+02:27:26	19:10	
2246	2918	Armando José Rodrigues Marque Monteiro	Seringas	03:11:45	+02:27:26	19:11	
2247	1881	Maria Inês Pinho Duarte	La Gingas	03:11:45	+02:27:26	19:11	
2248	1885	Rafael Camões Marques Pereira	La Gingas	03:11:46	+02:27:27	19:11	
2249	1882	Sofia Alves Gouveia	La Gingas	03:11:46	+02:27:27	19:11	
2250	1880	Ana Carolina Borges Ferreira	La Gingas	03:11:47	+02:27:28	19:11	
2251	3198	Graça Abrantes	Velozes e Preguiçosos	03:11:57	+02:27:38	19:12	
2252	2189	Alberto Jorge da Silva Liberato	Os Arrasta	03:12:00	+02:27:41	19:12	
2253	3199	Magda Alexandra Combo Nunes	Velozes e Preguiçosos	03:12:00	+02:27:41	19:12	
2254	3204	Ruben Branca	Velozes e Preguiçosos	03:12:01	+02:27:42	19:12	
2255	3205	Vasco Pimentel de Melo	Velozes e Preguiçosos	03:12:01	+02:27:42	19:12	
2256	3201	Bernardo Azedo Pereirinha	Velozes e Preguiçosos	03:12:02	+02:27:43	19:12	
2257	3202	Bruno Sobreiro	Velozes e Preguiçosos	03:12:02	+02:27:43	19:12	
2258	3197	António Pedro Pereirinha da Silva	Velozes e Preguiçosos	03:12:03	+02:27:44	19:12	
2259	3200	Rute Abrantes	Velozes e Preguiçosos	03:12:03	+02:27:44	19:12	
2260	3203	João Paulo Teixeira Pereirinha	Velozes e Preguiçosos	03:12:05	+02:27:46	19:13	
2261	2607	Gustavo Filipe Bastos Silva Pinho Marques	Politogethers	03:12:09	+02:27:50	19:13	
2262	2588	Marco André Sá Ferreira	Politogethers	03:12:09	+02:27:50	19:13	
2263	1765	VITOR CARLOS DE JESUS VINHAS	ISVOUGA	03:12:12	+02:27:53	19:13	
2264	2601	Mariana Almeida	Politogethers	03:12:14	+02:27:55	19:13	
2265	2593	Fabiana Oliveira	Politogethers	03:12:14	+02:27:55	19:13	
2266	2675	Ricardo Duarte	Quase que participámos no ano passado	03:12:18	+02:27:59	19:14	
2267	2594	Helena Isabel Amador Oliveira Pereira	Politogethers	03:12:19	+02:28:00	19:14	
2268	1565	Pitbull Fontes	GERAÇÕES DA BRECA	03:12:20	+02:28:01	19:14	
2269	1546	Dora Exploradora	GERAÇÕES DA BRECA	03:12:20	+02:28:01	19:14	
2270	2610	Paulo Renato Magalhaes Ribeiro	Politogethers	03:12:21	+02:28:02	19:14	
2271	2587	Ana Bastos	Politogethers	03:12:29	+02:28:10	19:15	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2272	2590	Beatriz Teixeira	Politogethers	03:12:32	+02:28:13	19:15	
2273	2600	Liliana Melo	Politogethers	03:12:32	+02:28:13	19:15	
2274	2598	Kátia Silva	Politogethers	03:12:34	+02:28:15	19:15	
2275	2589	Andreia Sofia Tavares Oliveira	Politogethers	03:12:39	+02:28:20	19:16	
2276	2595	Joana Margarida dos Reis Matos	Politogethers	03:12:40	+02:28:21	19:16	
2277	1762	HUGO FILIPE TEIXEIRA GAMAS	ISVOUGA	03:12:59	+02:28:40	19:18	
2278	1755	MÓNICA PATRICIA SANTOS FONSECA	ISVOUGA	03:13:00	+02:28:41	19:18	
2279	313	Elizabeth a Marques	@corredoresdeua@	03:13:08	+02:28:49	19:19	
2280	716	Sandra Pereira	Bamos Lá	03:13:09	+02:28:50	19:19	
2281	712	Ana Claudia Alves de Moraes	Bamos Lá	03:13:09	+02:28:50	19:19	
2282	720	Gabriel Marques	Bamos Lá	03:13:09	+02:28:50	19:19	
2283	719	Carlos Flores	Bamos Lá	03:13:09	+02:28:50	19:19	
2284	713	Cândida Camarinha	Bamos Lá	03:13:09	+02:28:50	19:19	
2285	717	Sónia Carreira	Bamos Lá	03:13:09	+02:28:50	19:19	
2286	714	Claudia Costa	Bamos Lá	03:13:09	+02:28:50	19:19	
2287	2552	Carolina Afonso	Pi Pi'	03:13:29	+02:29:10	19:21	
2288	2558	José Nunes	Pi Pi'	03:13:29	+02:29:10	19:21	
2289	2561	Pedro Mendes	Pi Pi'	03:13:29	+02:29:10	19:21	
2290	2554	Inês Filipe	Pi Pi'	03:13:29	+02:29:10	19:21	
2291	2553	Carolina Ferreira	Pi Pi'	03:13:29	+02:29:10	19:21	
2292	2551	Ana Margarida Coelho	Pi Pi'	03:13:29	+02:29:10	19:21	
2293	2555	Maria Inês Lopes	Pi Pi'	03:13:30	+02:29:11	19:21	
2294	2559	Marco Rodrigues	Pi Pi'	03:13:30	+02:29:11	19:21	
2295	1758	TÂNIA FILIPA TEIXEIRA GAMAS	ISVOUGA	03:13:47	+02:29:28	19:23	
2296	1760	ANDRÉ RAFAEL DA SILVA MENDES	ISVOUGA	03:13:47	+02:29:28	19:23	
2297	1751	BEATRIZ FILIPA DE LIMA E SOUSA GAMAS	ISVOUGA	03:13:47	+02:29:28	19:23	
2298	1763	JORGE ALBERTODA SILVA OLIVEIRA	ISVOUGA	03:13:48	+02:29:29	19:23	
2299	1757	SÓNIA CRISTINA SANTOS DE LIMA E SOUSA GAMAS	ISVOUGA	03:13:49	+02:29:30	19:23	
2300	1761	FRANCISCO OLIVEIRA CUNHA	ISVOUGA	03:13:50	+02:29:31	19:23	
2301	1756	PAULA CRISTINA PIMENTA TEIXEIRA	ISVOUGA	03:13:50	+02:29:31	19:23	
2302	1759	ANDRÉ FILIPE SILVA PEREIRA	ISVOUGA	03:13:51	+02:29:32	19:23	
2303	1052	Bruno Anjos	Correr Fermelã ACADOF	03:13:58	+02:29:39	19:24	
2304	1051	Bruno Almeida Branco	Correr Fermelã ACADOF	03:14:01	+02:29:42	19:24	
2305	2095	Leonel Isidoro	Não rápidos , apenas furiosos	03:14:04	+02:29:45	19:24	
2306	2094	Leonardo Santos	Não rápidos , apenas furiosos	03:14:04	+02:29:45	19:24	
2307	2736	Tiago Batista	RaceTfit	03:14:05	+02:29:46	19:25	
2308	2089	Adelino Pereira	Não rápidos , apenas furiosos	03:14:06	+02:29:47	19:25	
2309	2717	Susana Santos	RaceTfit	03:14:07	+02:29:48	19:25	
2310	2715	Sara Filipa Andrade Saraiva	RaceTfit	03:14:08	+02:29:49	19:25	
2311	2709	Liliana Oliveira	RaceTfit	03:14:09	+02:29:50	19:25	
2312	1552	Gracinda Soutinho	GERAÇÕES DA BRECA	03:14:11	+02:29:52	19:25	
2313	1560	João Lindo	GERAÇÕES DA BRECA	03:14:14	+02:29:55	19:25	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2314	1557	Tá Caro	GERAÇÕES DA BRECA	03:14:15	+02:29:56	19:26	
2315	2713	Maria Silva	RaceTfit	03:14:16	+02:29:57	19:26	
2316	2087	Rosa Abreu	Não rápidos , apenas furiosos	03:14:17	+02:29:58	19:26	
2317	2084	Lina Manuela Almeida Fernandes de Carvalho	Não rápidos , apenas furiosos	03:14:17	+02:29:58	19:26	
2318	2093	José Pereira de Carvalho	Não rápidos , apenas furiosos	03:14:17	+02:29:58	19:26	
2319	2714	Sabina Jesus	RaceTfit	03:14:18	+02:29:59	19:26	
2320	2723	Helder Correia	RaceTfit	03:14:18	+02:29:59	19:26	
2321	2716	Sara Marques	RaceTfit	03:14:18	+02:29:59	19:26	
2322	2704	Cristina Almeida	RaceTfit	03:14:19	+02:30:00	19:26	
2323	2706	Elisabete Santos	RaceTfit	03:14:19	+02:30:00	19:26	
2324	2085	Maria Gomes	Não rápidos , apenas furiosos	03:14:20	+02:30:01	19:26	
2325	2712	Maria Santos	RaceTfit	03:14:20	+02:30:01	19:26	
2326	2728	José Lourenço	RaceTfit	03:14:20	+02:30:01	19:26	
2327	2086	Marina Silva	Não rápidos , apenas furiosos	03:14:20	+02:30:01	19:26	
2328	2738	Victor Santiago	RaceTfit	03:14:20	+02:30:01	19:26	
2329	2700	Mónica Sofia Mendes Pires	RaceTfit	03:14:21	+02:30:02	19:26	
2330	2734	Ricardo Almeida	RaceTfit	03:14:21	+02:30:02	19:26	
2331	2730	Mário Teixeiraa	RaceTfit	03:14:22	+02:30:03	19:26	
2332	2702	Ana Santos	RaceTfit	03:14:22	+02:30:03	19:26	
2333	2090	André Castro	Não rápidos , apenas furiosos	03:14:22	+02:30:03	19:26	
2334	2729	José Santos	RaceTfit	03:14:23	+02:30:04	19:26	
2335	2737	Tiago Marques	RaceTfit	03:14:23	+02:30:04	19:26	
2336	2097	Paulo Matos	Não rápidos , apenas furiosos	03:14:23	+02:30:04	19:26	
2337	2711	Maria Lourenço	RaceTfit	03:14:23	+02:30:04	19:26	
2338	2705	Diana Couras	RaceTfit	03:14:23	+02:30:04	19:26	
2339	2735	Rui Silva	RaceTfit	03:14:24	+02:30:05	19:26	
2340	2719	Vera Lúcia Domingues Figueiredo	RaceTfit	03:14:25	+02:30:06	19:26	
2341	2092	Carlos Martins	Não rápidos , apenas furiosos	03:14:26	+02:30:07	19:27	
2342	630	Verónica Antunes	ASIG	03:14:30	+02:30:11	19:27	
2343	2088	Rosa Valente	Não rápidos , apenas furiosos	03:14:30	+02:30:11	19:27	
2344	634	Juan Garcia	ASIG	03:14:34	+02:30:15	19:27	
2345	625	Bruna Ferreira	ASIG	03:14:36	+02:30:17	19:28	
2346	629	Vânia Ribeiro	ASIG	03:14:36	+02:30:17	19:28	
2347	637	Richard Ramos	ASIG	03:14:36	+02:30:17	19:28	
2348	627	Joana Antunes	ASIG	03:14:36	+02:30:17	19:28	
2349	632	Fernando Castanheira	ASIG	03:14:36	+02:30:17	19:28	
2350	628	Sandra Almeida	ASIG	03:14:49	+02:30:30	19:29	
2351	1402	Carlos Leite	FLOENE	03:14:55	+02:30:36	19:30	
2352	2638	Aníbal Manuel Correia Marques	Primas de Cortegaça	03:14:56	+02:30:37	19:30	
2353	2647	Vítor Fonseca	Primas de Cortegaça	03:14:56	+02:30:37	19:30	
2354	2621	Clara Oliveira	Primas de Cortegaça	03:14:58	+02:30:39	19:30	
2355	2626	Elsa Flora Oliveira Cardoso Reis	Primas de Cortegaça	03:15:04	+02:30:45	19:30	
2356	2619	Anabela Almeida Tavares	Primas de Cortegaça	03:15:05	+02:30:46	19:31	
2357	2622	Cláudia Maria Castro Silva	Primas de Cortegaça	03:15:08	+02:30:49	19:31	
2358	2617	Ana Bela Silva	Primas de Cortegaça	03:15:10	+02:30:51	19:31	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2359	823	Ana Sofia Vidal Marques	Bombeiros VAV	03:15:14	+02:30:55	19:31	
2360	827	João Amaral	Bombeiros VAV	03:15:17	+02:30:59	19:32	
2361	1633	Filipe Xavier Oliveira	Grupo JR	03:15:23	+02:31:04	19:32	
2362	1653	Nelson Pinheiro	Grupo JR	03:15:24	+02:31:05	19:32	
2363	1658	Rui Almeida	Grupo JR	03:15:24	+02:31:05	19:32	
2364	828	Léo Alexandre Costa Ramos	Bombeiros VAV	03:15:33	+02:31:14	19:33	
2365	1050	Marlene Isabel Maia	Correr Fermelã ACADOF	03:15:36	+02:31:17	19:34	
2366	1056	João oliveira	Correr Fermelã ACADOF	03:15:37	+02:31:18	19:34	
2367	1043	Carolina Oliveira Silva	Correr Fermelã ACADOF	03:15:42	+02:31:23	19:34	
2368	1045	Daniela Filipa Rodrigues Pereira	Correr Fermelã ACADOF	03:15:44	+02:31:25	19:34	
2369	1049	Lúcia valente	Correr Fermelã ACADOF	03:15:45	+02:31:26	19:34	
2370	1057	Nélson Sousa	Correr Fermelã ACADOF	03:15:45	+02:31:26	19:34	
2371	1048	Joana Figueiredo	Correr Fermelã ACADOF	03:15:46	+02:31:27	19:35	
2372	1040	Andreia Lopes	Correr Fermelã ACADOF	03:15:59	+02:31:40	19:36	
2373	1393	Rafaela Ferreira Leite	FLOENE	03:15:59	+02:31:40	19:36	
2374	1058	RUI OLIVEIRA	Correr Fermelã ACADOF	03:16:00	+02:31:41	19:36	
2375	1053	Daniel Rendeiro	Correr Fermelã ACADOF	03:16:00	+02:31:41	19:36	
2376	1044	Cristiana Almeida	Correr Fermelã ACADOF	03:16:00	+02:31:41	19:36	
2377	1054	Emanuel da Cunha Ferreira	Correr Fermelã ACADOF	03:16:06	+02:31:47	19:37	
2378	1041	Carina Silva	Correr Fermelã ACADOF	03:16:07	+02:31:48	19:37	
2379	1397	Soraia Ferreira	FLOENE	03:16:13	+02:31:54	19:37	
2380	2312	Maria Alice	Os Indomáveis	03:16:24	+02:32:05	19:38	
2381	2324	Susana vidal	Os Indomáveis	03:16:24	+02:32:05	19:38	
2382	2302	Catarina Graça	Os Indomáveis	03:16:25	+02:32:06	19:39	
2383	2311	Lúcia Amador	Os Indomáveis	03:16:26	+02:32:07	19:39	
2384	2303	Cláudia miranda	Os Indomáveis	03:16:26	+02:32:07	19:39	
2385	2334	Leonardo saleiro	Os Indomáveis	03:16:26	+02:32:07	19:39	
2386	1420	Henrique Batista Cardoso	FLOENE	03:16:29	+02:32:10	19:39	
2387	1399	Vera Santos	FLOENE	03:16:30	+02:32:11	19:39	
2388	795	Diogo Teixeira dos Santos	BioRacers do Texas	03:17:21	+02:33:02	19:44	
2389	799	Vítor Manuel Gomes dos Santos	BioRacers do Texas	03:17:21	+02:33:02	19:44	
2390	788	Regina Teixeira	BioRacers do Texas	03:17:29	+02:33:10	19:45	
2391	789	Sandra Vaz da Silva Valente	BioRacers do Texas	03:17:31	+02:33:12	19:45	
2392	794	Carlos Roberto Gonçalves	BioRacers do Texas	03:17:45	+02:33:26	19:47	
2393	790	Sonia Marisa Nunes Gala	BioRacers do Texas	03:17:45	+02:33:26	19:47	
2394	793	Antonio dos Santos Malicia	BioRacers do Texas	03:17:55	+02:33:36	19:48	
2395	792	Vera Lucia Pereira Marques	BioRacers do Texas	03:17:57	+02:33:38	19:48	
2396	2362	Cristiano Tavares	Os LamaNoRabo	03:17:59	+02:33:40	19:48	
2397	379	Paulo Oliveira	A Revolta dos Kangurus	03:18:04	+02:33:45	19:48	
2398	2642	Júlio César Silva Rodrigues	Primas de Cortegaça	03:18:05	+02:33:46	19:48	
2399	376	António Tavares	A Revolta dos Kangurus	03:18:08	+02:33:49	19:49	
2400	377	Bruno Vigário	A Revolta dos Kangurus	03:18:09	+02:33:50	19:49	
2401	787	Ines Maria Neves Melo	BioRacers do Texas	03:18:09	+02:33:50	19:49	
2402	784	Ana Claudia Moreira da Silva	BioRacers do Texas	03:18:10	+02:33:51	19:49	
2403	2640	Guilherme Amaral Semblano Bateira	Primas de Cortegaça	03:18:11	+02:33:52	19:49	
2404	2639	Élio José Santos Rodrigues	Primas de Cortegaça	03:18:11	+02:33:52	19:49	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2405	378	Nuno Mata	A Revolta dos Kangurus	03:18:12	+02:33:53	19:49	
2406	373	Natália Silva	A Revolta dos Kangurus	03:18:13	+02:33:54	19:49	
2407	2629	Leonor Marques Rodrigues	Primas de Cortegaça	03:18:14	+02:33:55	19:49	
2408	2623	Daphnée Tavares	Primas de Cortegaça	03:18:16	+02:33:57	19:50	
2409	2359	Bibiana Oliveira	Os LamaNoRabo	03:18:19	+02:34:00	19:50	
2410	2363	Renato Fião	Os LamaNoRabo	03:18:19	+02:34:00	19:50	
2411	2645	Nelson Filipe da Silva Pinto	Primas de Cortegaça	03:18:19	+02:34:00	19:50	
2412	2360	Diana Fião	Os LamaNoRabo	03:18:19	+02:34:00	19:50	
2413	2361	Inês Gomes	Os LamaNoRabo	03:18:20	+02:34:01	19:50	
2414	2616	Adriana Ferreira Rodrigues	Primas de Cortegaça	03:18:24	+02:34:05	19:50	
2415	2636	Raquel Ferreira Lamoso	Primas de Cortegaça	03:18:24	+02:34:05	19:50	
2416	2624	Diana Oliveira Soares de Sá	Primas de Cortegaça	03:18:24	+02:34:05	19:50	
2417	375	Vera Coelho	A Revolta dos Kangurus	03:18:27	+02:34:08	19:51	
2418	374	Sara Vigário	A Revolta dos Kangurus	03:18:27	+02:34:08	19:51	
2419	2646	Simão Pedro Teixeira Sá	Primas de Cortegaça	03:18:31	+02:34:12	19:51	
2420	2618	Ana Maria Amaral Semblano	Primas de Cortegaça	03:18:31	+02:34:12	19:51	
2421	2634	Matilde Marques Rodrigues	Primas de Cortegaça	03:18:33	+02:34:14	19:51	
2422	2627	Florbelá Silva Rodrigues	Primas de Cortegaça	03:18:33	+02:34:14	19:51	
2423	2643	Lino Alberto Silva Rodrigues	Primas de Cortegaça	03:18:35	+02:34:16	19:51	
2424	2479	Diogo Martins	os tartarugas	03:19:05	+02:34:46	19:54	
2425	2484	Luís Coutinho	os tartarugas	03:19:06	+02:34:47	19:55	
2426	2486	Tiago Gonçalves	os tartarugas	03:19:08	+02:34:49	19:55	
2427	2480	Fábio Miguel Mendes Loureiro	os tartarugas	03:19:08	+02:34:49	19:55	
2428	2485	Rafael Silva	os tartarugas	03:19:10	+02:34:51	19:55	
2429	2483	João Rafael Costa Sousa	os tartarugas	03:19:11	+02:34:52	19:55	
2430	2474	Susana Cerqueira	os tartarugas	03:19:12	+02:34:53	19:55	
2431	2482	João Manuel Pereira Glória	os tartarugas	03:19:12	+02:34:53	19:55	
2432	2471	Daniela Neves Aguiar	os tartarugas	03:19:13	+02:34:54	19:55	
2433	2481	João Bernardes	os tartarugas	03:19:17	+02:34:58	19:56	
2434	2467	Ana Gonzalez	os tartarugas	03:19:17	+02:34:58	19:56	
2435	2477	Bruno Martins	os tartarugas	03:19:17	+02:34:58	19:56	
2436	2475	Tatiana Dias	os tartarugas	03:19:19	+02:35:00	19:56	
2437	2478	Daniel Dolores	os tartarugas	03:19:30	+02:35:11	19:57	
2438	2473	Rute Diana Flor Santos	os tartarugas	03:19:43	+02:35:24	19:58	
2439	2472	Marisa Teixeira	os tartarugas	03:19:43	+02:35:24	19:58	
2440	2468	Ana Marta Ribeiro Lopes da Silva	os tartarugas	03:19:44	+02:35:25	19:58	
2441	2469	Cláudia Andias	os tartarugas	03:19:45	+02:35:26	19:58	
2442	2470	Cláudia Sofia dos Anjos Pereira	os tartarugas	03:19:48	+02:35:29	19:59	
2443	1562	Kamikaze Barreiros	GERAÇÕES DA BRECA	03:19:49	+02:35:30	19:59	
2444	2476	André Filipe Nunes Ferreira	os tartarugas	03:19:50	+02:35:31	19:59	
2445	1545	Crinalda Nati	GERAÇÕES DA BRECA	03:19:53	+02:35:34	19:59	
2446	2213	Gonçalo Miranda Faria	Os Bainas	03:19:53	+02:35:34	19:59	
2447	1548	Enfermeira Ceifeira	GERAÇÕES DA BRECA	03:19:55	+02:35:36	20:00	
2448	1561	João Salsinha	GERAÇÕES DA BRECA	03:19:56	+02:35:37	20:00	
2449	1550	Gestora Nini	GERAÇÕES DA BRECA	03:19:58	+02:35:39	20:00	
2450	1547	Doutora Quadros	GERAÇÕES DA BRECA	03:20:05	+02:35:46	20:00	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2451	1556	Princesa Léia	GERAÇÕES DA BRECA	03:20:06	+02:35:47	20:01	
2452	1553	Luzinha Cristina	GERAÇÕES DA BRECA	03:20:06	+02:35:47	20:01	
2453	1558	Homem de Ferro	GERAÇÕES DA BRECA	03:20:07	+02:35:48	20:01	
2454	1551	Gi Ferro	GERAÇÕES DA BRECA	03:20:07	+02:35:48	20:01	
2455	1566	Primo Cagão	GERAÇÕES DA BRECA	03:20:19	+02:36:00	20:02	
2456	1555	Prima Mijona	GERAÇÕES DA BRECA	03:20:19	+02:36:00	20:02	
2457	1554	Não me toques	GERAÇÕES DA BRECA	03:20:20	+02:36:01	20:02	
2458	1549	Fatinha Macieira	GERAÇÕES DA BRECA	03:20:20	+02:36:01	20:02	
2459	1563	O Tomateiro	GERAÇÕES DA BRECA	03:20:21	+02:36:02	20:02	
2460	603	Gisela Macedo	As Abroteas de corrida	03:21:02	+02:36:43	20:06	
2461	605	Rita Gonçalves Marieiro	As Abroteas de corrida	03:21:36	+02:37:17	20:10	
2462	607	Paulo Jorge da Cunha Ramos Pereira	As Abroteas de corrida	03:21:37	+02:37:18	20:10	
2463	608	Rui Miguel Rodrigues Xavier	As Abroteas de corrida	03:21:38	+02:37:19	20:10	
2464	606	Rosa Maria Baptista Rodrigues	As Abroteas de corrida	03:21:40	+02:37:21	20:10	
2465	604	Lúcia Santos	As Abroteas de corrida	03:21:40	+02:37:21	20:10	
2466	1809	CLAUDIA TAVARES	JUVENTUDE LAMACENTA	03:23:22	+02:39:03	20:20	
2467	1817	MARIA FATIMA SA PEREIRA LEMOS	JUVENTUDE LAMACENTA	03:23:23	+02:39:04	20:20	
2468	1810	JANETE FERNANDES VALENTE	JUVENTUDE LAMACENTA	03:23:23	+02:39:04	20:20	
2469	1820	ROSA DOS ANJOS ALVES OLIVEIRA	JUVENTUDE LAMACENTA	03:23:23	+02:39:04	20:20	
2470	1813	Maria Nunes Rocha	JUVENTUDE LAMACENTA	03:23:24	+02:39:05	20:20	
2471	1824	ADRIANO BARBOSA	JUVENTUDE LAMACENTA	03:23:25	+02:39:06	20:21	
2472	1806	CATIA SOFIA PINTO COSTA	JUVENTUDE LAMACENTA	03:23:25	+02:39:06	20:21	
2473	1831	LUIS FILIPE SANTOS PEREIRA	JUVENTUDE LAMACENTA	03:23:26	+02:39:07	20:21	
2474	1819	MARTA ALEXANDRA SOARES PINHO	JUVENTUDE LAMACENTA	03:23:27	+02:39:08	20:21	
2475	1821	SILVIA TANIA MAGALHAES FERREIRA OLIVEIRA	JUVENTUDE LAMACENTA	03:23:27	+02:39:08	20:21	
2476	1822	VERA LUCIA MAGALHÃES FERREIRA PINTO	JUVENTUDE LAMACENTA	03:23:28	+02:39:09	20:21	
2477	1804	CATARINA MOREIRA	JUVENTUDE LAMACENTA	03:23:29	+02:39:10	20:21	
2478	1902	Laura Patinez	Latinas	03:24:00	+02:39:41	20:24	
2479	1916	Yolimar Duque	Latinas	03:24:01	+02:39:42	20:24	
2480	1814	MARGARIDA MARIA SANTOS TAVARES	JUVENTUDE LAMACENTA	03:24:17	+02:39:58	20:26	
2481	1816	Maria Adelaide Rocha Castro	JUVENTUDE LAMACENTA	03:24:18	+02:39:59	20:26	
2482	1811	LILIANA DA SILVA FERREIRA	JUVENTUDE LAMACENTA	03:24:18	+02:39:59	20:26	
2483	1805	CATIA SOFIA NEVES COSTA	JUVENTUDE LAMACENTA	03:24:18	+02:39:59	20:26	
2484	1382	Ana Dias	FLOENE	03:24:20	+02:40:01	20:26	
2485	1907	Mariela Caballero	Latinas	03:24:35	+02:40:16	20:28	
2486	1929	Ramon Bolivar	Latinas	03:24:36	+02:40:17	20:28	
2487	1906	Maria Teresa Solorzano	Latinas	03:24:39	+02:40:20	20:28	
2488	1898	Eliram Bolívar	Latinas	03:24:42	+02:40:23	20:28	
2489	1915	Yanet Lopez	Latinas	03:24:42	+02:40:23	20:28	
2490	3040	António Costa	Temos Jeito	03:24:58	+02:40:39	20:30	
2491	3042	Luis Andrade	Temos Jeito	03:25:00	+02:40:41	20:30	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2492	3039	António Avelar	Temos Jeito	03:25:01	+02:40:42	20:30	
2493	3044	Serhiy Fedak	Temos Jeito	03:25:01	+02:40:42	20:30	
2494	3041	Hubert Guimarães	Temos Jeito	03:25:01	+02:40:42	20:30	
2495	3033	Cláudia Andrade	Temos Jeito	03:25:04	+02:40:45	20:30	
2496	2171	Susana Carla Alves Cardoso	Os Amigos da Coxinha de Frango	03:25:08	+02:40:49	20:31	
2497	2172	Telma Filipa Alves Oliveira	Os Amigos da Coxinha de Frango	03:25:09	+02:40:50	20:31	
2498	1214	IVO NASACIMENTO	embora sim bora la	03:25:30	+02:41:11	20:33	
2499	1204	ANA FILIPA MOUTELA	embora sim bora la	03:25:30	+02:41:11	20:33	
2500	43	Danilo Leitão Ferreira	embora sim bora la	03:25:33	+02:41:14	20:33	
2501	1215	jose luis silva	embora sim bora la	03:25:33	+02:41:14	20:33	
2502	844	Ana Catarina Tavares Dias	Borra botas	03:25:35	+02:41:16	20:34	
2503	1217	JOSE TONYRODRIGUES	embora sim bora la	03:25:36	+02:41:17	20:34	
2504	848	Maria Tavares Reis	Borra botas	03:25:37	+02:41:18	20:34	
2505	846	Filipa Micaela da Silva Mendes	Borra botas	03:25:39	+02:41:20	20:34	
2506	851	António Maria Couto da Silva	Borra botas	03:25:41	+02:41:22	20:34	
2507	849	Sónia Valente Lopes da silva	Borra botas	03:25:44	+02:41:25	20:34	
2508	847	Joana Filipa Vasques Vaz	Borra botas	03:25:45	+02:41:26	20:34	
2509	850	Afonso Lopes da Costa	Borra botas	03:25:45	+02:41:26	20:34	
2510	852	Miguel Alexandre dos Santos Almeida António Vaz	Borra botas	03:25:47	+02:41:28	20:35	
2511	2440	Sara Vieira	Os resistentes	03:25:56	+02:41:37	20:36	
2512	2434	Carla Pinto	Os resistentes	03:25:57	+02:41:38	20:36	
2513	1209	Ana Rosa Ferreira	embora sim bora la	03:25:57	+02:41:38	20:36	
2514	2441	Susana Teixeira	Os resistentes	03:25:57	+02:41:38	20:36	
2515	1206	CUSTODIA SOUSA	embora sim bora la	03:25:58	+02:41:39	20:36	
2516	2433	Ângela Brilhante	Os resistentes	03:25:59	+02:41:40	20:36	
2517	476	Diogo Moutinho	Arrasta o pé	03:30:41	+02:46:22	21:04	
2518	477	Gonçalo Faustino	Arrasta o pé	03:30:41	+02:46:22	21:04	
2519	465	Ana Manuela	Arrasta o pé	03:30:43	+02:46:24	21:04	
2520	474	Susana Carneiro	Arrasta o pé	03:30:44	+02:46:25	21:04	
2521	475	Cristiano Fernandes	Arrasta o pé	03:30:44	+02:46:25	21:04	
2522	482	Pedro Santos	Arrasta o pé	03:30:45	+02:46:26	21:04	
2523	473	Rita Meinedo	Arrasta o pé	03:30:45	+02:46:26	21:04	
2524	469	Joana González	Arrasta o pé	03:30:50	+02:46:31	21:05	
2525	466	Andreia rocha	Arrasta o pé	03:30:53	+02:46:34	21:05	
2526	484	Sandro Monteiro	Arrasta o pé	03:30:54	+02:46:35	21:05	
2527	471	Mariana Ferreira	Arrasta o pé	03:30:55	+02:46:36	21:06	
2528	1441	Ricardo Devezas	ForMud	03:30:56	+02:46:37	21:06	
2529	1440	Piotr Moson	ForMud	03:30:58	+02:46:39	21:06	
2530	467	Bruna Lino	Arrasta o pé	03:30:59	+02:46:40	21:06	
2531	480	Luís Melo	Arrasta o pé	03:31:00	+02:46:41	21:06	
2532	468	Cláudia Rebelo	Arrasta o pé	03:31:06	+02:46:47	21:07	
2533	479	Luís Faria	Arrasta o pé	03:31:06	+02:46:47	21:07	
2534	1652	Nelson Melo	Grupo JR	03:31:07	+02:46:48	21:07	
2535	1634	Francisco Ferreira	Grupo JR	03:31:12	+02:46:53	21:07	
2536	1624	Cristiano Oliveira	Grupo JR	03:31:12	+02:46:53	21:07	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2537	1622	Carlos Ferreira	Grupo JR	03:31:14	+02:46:55	21:07	
2538	1661	Tiago Lima	Grupo JR	03:31:15	+02:46:56	21:08	
2539	1654	Nuno André Silva	Grupo JR	03:31:15	+02:46:56	21:08	
2540	1636	Hélder Almeida	Grupo JR	03:31:16	+02:46:57	21:08	
2541	1639	Hugo Costa	Grupo JR	03:31:17	+02:46:58	21:08	
2542	1646	José Constantino Couto	Grupo JR	03:31:21	+02:47:02	21:08	
2543	1619	Armando Ferreira	Grupo JR	03:31:23	+02:47:04	21:08	
2544	974	Tiago Filipe Gomes da Silva	CHICKENRACE	03:31:25	+02:47:06	21:08	
2545	1643	João Gomes	Grupo JR	03:31:26	+02:47:07	21:09	
2546	1664	Xavier Miranda	Grupo JR	03:31:27	+02:47:08	21:09	
2547	972	Ricardo MiguelCastro Silva	CHICKENRACE	03:31:28	+02:47:09	21:09	
2548	1663	Vítor Figueira	Grupo JR	03:31:30	+02:47:11	21:09	
2549	959	Sandra Cristina Gonçalves	CHICKENRACE	03:31:30	+02:47:11	21:09	
2550	973	Siro Mozael Castello Aguás Viana	CHICKENRACE	03:31:31	+02:47:12	21:09	
2551	962	André Silva	CHICKENRACE	03:31:31	+02:47:12	21:09	
2552	955	Bruna Alexandra Nunes Tavares	CHICKENRACE	03:31:32	+02:47:13	21:09	
2553	957	Maria Irene de Almeida Pinho	CHICKENRACE	03:31:32	+02:47:13	21:09	
2554	956	Mara Filipa sousa Silva	CHICKENRACE	03:31:35	+02:47:16	21:09	
2555	953	Ana Rita Oliveira Da Silva	CHICKENRACE	03:31:40	+02:47:21	21:10	
2556	968	Jorge Miguel Castro Silva	CHICKENRACE	03:31:40	+02:47:21	21:10	
2557	970	Paulo Cesar Ferreira e Castro	CHICKENRACE	03:31:47	+02:47:28	21:11	
2558	958	Sandra Catarina Santos Oliveira	CHICKENRACE	03:31:48	+02:47:29	21:11	
2559	966	Edmundo Pedro Almeida Brandão	CHICKENRACE	03:31:50	+02:47:31	21:11	
2560	964	Cláudio César de Pinho Leite da Silva	CHICKENRACE	03:31:53	+02:47:34	21:11	
2561	954	Beatriz Cardoso e Castro	CHICKENRACE	03:31:54	+02:47:35	21:11	
2562	975	Tiago Oliveira Castro	CHICKENRACE	03:31:54	+02:47:35	21:11	
2563	971	Paulo Costa	CHICKENRACE	03:31:55	+02:47:36	21:11	
2564	960	Sandra Isabel Marques da Silva Tavares	CHICKENRACE	03:31:55	+02:47:36	21:11	
2565	967	João Paulo Silva Marques	CHICKENRACE	03:31:56	+02:47:37	21:12	
2566	1473	Ana Boto	Funcional Team	03:32:01	+02:47:42	21:12	
2567	1614	Catarina Santos	Grupo JR	03:32:05	+02:47:46	21:12	
2568	1615	Cláudia Silva	Grupo JR	03:32:05	+02:47:46	21:13	
2569	1617	Rita Ribeiro	Grupo JR	03:32:09	+02:47:50	21:13	
2570	1644	João Oliveira	Grupo JR	03:32:12	+02:47:53	21:13	
2571	1506	Artur Maia	Funcional Team	03:32:12	+02:47:53	21:13	
2572	1476	Andreia Felizardo	Funcional Team	03:32:13	+02:47:54	21:13	
2573	1507	Paulo Costa	Funcional Team	03:32:13	+02:47:54	21:13	
2574	1505	Antonio Carapinheira	Funcional Team	03:32:13	+02:47:54	21:13	
2575	1487	Eulália Costa	Funcional Team	03:32:13	+02:47:54	21:13	
2576	1491	Lourdes Pereira	Funcional Team	03:32:13	+02:47:54	21:13	
2577	1509	Jose Marques	Funcional Team	03:32:13	+02:47:54	21:13	
2578	1479	Carla Salgado	Funcional Team	03:32:13	+02:47:54	21:13	
2579	1501	Cristina Silva	Funcional Team	03:32:13	+02:47:54	21:13	
2580	1514	Rui Ferraz	Funcional Team	03:32:13	+02:47:54	21:13	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2581	1493	Lucília Cristina Pereira Jesus Ferreira	Funcional Team	03:32:13	+02:47:54	21:13	
2582	1477	Carla Carapinha	Funcional Team	03:32:13	+02:47:54	21:13	
2583	1499	Paula Santos	Funcional Team	03:32:13	+02:47:54	21:13	
2584	1474	Ana Silva	Funcional Team	03:32:13	+02:47:54	21:13	
2585	1500	Rosa Carapinha	Funcional Team	03:32:14	+02:47:55	21:13	
2586	1492	Lucia Mateus	Funcional Team	03:32:14	+02:47:55	21:13	
2587	1503	Alfredo Guerra	Funcional Team	03:32:14	+02:47:55	21:13	
2588	1498	Paula Envagelista	Funcional Team	03:32:14	+02:47:55	21:13	
2589	1495	Maria do Rosário Pedro da Costa Ferreira Novais	Funcional Team	03:32:14	+02:47:55	21:13	
2590	1496	Olga Branco	Funcional Team	03:32:14	+02:47:55	21:13	
2591	1516	Vitor Maia	Funcional Team	03:32:15	+02:47:56	21:13	
2592	1616	Isabel Costa	Grupo JR	03:32:17	+02:47:58	21:14	
2593	1435	Cláudio Castro	ForMud	03:32:48	+02:48:29	21:17	
2594	2337	Nelson Brandao	Os Indomáveis	03:32:48	+02:48:29	21:17	
2595	1438	João Ferreira	ForMud	03:32:50	+02:48:31	21:17	
2596	1427	Helena Pinho	ForMud	03:32:50	+02:48:31	21:17	
2597	1433	Susana Silva	ForMud	03:32:51	+02:48:32	21:17	
2598	1443	Sérgio Castro	ForMud	03:32:53	+02:48:34	21:17	
2599	1424	Catarina Oliveira	ForMud	03:32:53	+02:48:34	21:17	
2600	1429	Lara Pinho	ForMud	03:32:53	+02:48:34	21:17	
2601	2326	António Cunha	Os Indomáveis	03:32:54	+02:48:35	21:17	
2602	1439	Martim Oliveira	ForMud	03:32:54	+02:48:35	21:17	
2603	1437	Frederico Castro	ForMud	03:32:54	+02:48:35	21:17	
2604	1431	Renata Gomes	ForMud	03:32:54	+02:48:35	21:17	
2605	1428	Julieta Pinho	ForMud	03:32:54	+02:48:35	21:17	
2606	1432	Sara Santiago	ForMud	03:32:55	+02:48:36	21:17	
2607	1434	Cândido Santos	ForMud	03:32:55	+02:48:36	21:18	
2608	1425	Clara Andrade	ForMud	03:32:56	+02:48:37	21:18	
2609	1444	Simão Mendes	ForMud	03:32:56	+02:48:37	21:18	
2610	1442	Rui Melo	ForMud	03:32:57	+02:48:38	21:18	
2611	1426	Cláudia Melo	ForMud	03:32:58	+02:48:39	21:18	
2612	1430	Mariana Silva	ForMud	03:32:58	+02:48:39	21:18	
2613	2319	Sara choupeiro	Os Indomáveis	03:33:04	+02:48:45	21:18	
2614	2313	Mariana Matos	Os Indomáveis	03:33:07	+02:48:48	21:19	
2615	2152	Luís Filipe Sequeira Tavares Pereira	O Gang do buraco	03:33:46	+02:49:27	21:23	
2616	2151	José Guilherme Martins Ferreira	O Gang do buraco	03:33:48	+02:49:29	21:23	
2617	2142	Ana Beatriz Pereira Sousa	O Gang do buraco	03:33:48	+02:49:29	21:23	
2618	2150	Andrey Klochinskiy	O Gang do buraco	03:33:48	+02:49:29	21:23	
2619	2145	Joana Rita Angera Brandão	O Gang do buraco	03:33:49	+02:49:30	21:23	
2620	2149	Tânia Manuela Baptista Amador	O Gang do buraco	03:33:50	+02:49:31	21:23	
2621	2155	Rui Jorge Machado Nunes	O Gang do buraco	03:33:51	+02:49:32	21:23	
2622	2144	Cátia Gomes da Silva	O Gang do buraco	03:33:52	+02:49:33	21:23	
2623	2148	Sara Vidal	O Gang do buraco	03:33:56	+02:49:37	21:24	
2624	2153	Marcelino Araújo da Silva	O Gang do buraco	03:33:58	+02:49:39	21:24	

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2625	2147	Sandrina Teixeira Martins de Jesus Ferreira	O Gang do buraco	03:33:58	+02:49:39	21:24	
2626	2143	Andrêa Mafalda Teixeira Lemos Alho	O Gang do buraco	03:33:58	+02:49:39	21:24	
2627	2878	Susana Rodrigues	Seca Adegas e apêndices	03:35:16	+02:50:57	21:32	
2628	2870	Magda Alexandra Coutinho da Costa	Seca Adegas e apêndices	03:35:16	+02:50:57	21:32	
2629	2881	Ivo Rezio Maçana	Seca Adegas e apêndices	03:35:16	+02:50:57	21:32	
2630	2866	Andressa Cardoso Portela	Seca Adegas e apêndices	03:35:16	+02:50:57	21:32	
2631	2873	Marina Carrancho Campos	Seca Adegas e apêndices	03:35:16	+02:50:57	21:32	
2632	2876	Rochelle Roque	Seca Adegas e apêndices	03:35:16	+02:50:57	21:32	
2633	2882	José António Vidal Matos Paulino	Seca Adegas e apêndices	03:35:16	+02:50:57	21:32	
2634	2867	Cláudia Alexandra Ferreira Coutinho Paulino	Seca Adegas e apêndices	03:35:16	+02:50:57	21:32	
2635	2872	Marildina Simões	Seca Adegas e apêndices	03:35:16	+02:50:57	21:32	
2636	2875	Raquel Andreia Galhano Reis	Seca Adegas e apêndices	03:35:17	+02:50:58	21:32	
2637	2868	Diana Isabel Pereira Ferreira	Seca Adegas e apêndices	03:35:17	+02:50:58	21:32	
2638	2877	Sandra Cristina Coutinho	Seca Adegas e apêndices	03:35:17	+02:50:58	21:32	
2639	2883	Pedro Manuel Reis	Seca Adegas e apêndices	03:35:17	+02:50:58	21:32	
2640	2869	Joana Castela	Seca Adegas e apêndices	03:35:17	+02:50:58	21:32	
2641	2879	Vanessa Coutinho da Costa	Seca Adegas e apêndices	03:35:17	+02:50:58	21:32	
2642	2874	Marioly Almeida	Seca Adegas e apêndices	03:35:18	+02:50:59	21:32	
2643	2871	Maria Jose Ferreira	Seca Adegas e apêndices	03:35:18	+02:50:59	21:32	
2644	2880	Bruno Miguel Costa	Seca Adegas e apêndices	03:35:18	+02:50:59	21:32	
2645	1278	Pedro Piteira Gaiolas	Esquadrão Classe A	03:35:55	+02:51:36	21:35	
2646	1275	Ana Baetriz Silva Tavares	Esquadrão Classe A	03:35:59	+02:51:40	21:36	
2647	1276	António de Oliveira Tavares	Esquadrão Classe A	03:36:12	+02:51:53	21:37	
2648	1277	Manuel Oliveira Tavares	Esquadrão Classe A	03:36:15	+02:51:56	21:37	
2649	1279	Tomás André Silva Tavares	Esquadrão Classe A	03:36:15	+02:51:56	21:38	
2650	1921	Daniel de Abreu	Latinas	03:36:53	+02:52:34	21:41	
2651	1895	Alondra Marquez	Latinas	03:36:55	+02:52:36	21:42	
2652	1901	Isabel Ribeiro	Latinas	03:36:55	+02:52:36	21:42	
2653	1897	Delia da Silva	Latinas	03:36:57	+02:52:38	21:42	
2654	1905	Luciana Laconis	Latinas	03:36:59	+02:52:40	21:42	
2655	1917	Zenaida Andrade	Latinas	03:36:59	+02:52:40	21:42	
2656	1899	Flora Pinho	Latinas	03:37:04	+02:52:45	21:42	
2657	1912	Rosa Tavares	Latinas	03:37:05	+02:52:46	21:42	
2658	1920	Abel Andrade	Latinas	03:37:06	+02:52:47	21:43	
2659	1919	Zenyth Pulido	Latinas	03:37:06	+02:52:47	21:43	
2660	1918	Zenyth Marques	Latinas	03:37:06	+02:52:47	21:43	
2661	1909	Oralis Sanchez	Latinas	03:37:12	+02:52:53	21:43	
2662	1900	Glenda Moya	Latinas	03:37:12	+02:52:53	21:43	
2663	1928	Jose Villamizar	Latinas	03:37:12	+02:52:53	21:43	
2664	1910	Reina Andrade	Latinas	03:37:13	+02:52:54	21:43	
2665	1896	Daysimar Mayor	Latinas	03:37:13	+02:52:54	21:43	
2666	1904	Lina Pita	Latinas	03:37:13	+02:52:54	21:43	
2667	1913	Sofia Brazon	Latinas	03:37:13	+02:52:54	21:43	

10 KM

OFFICIAL RESULT

ION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Official Timekeeper: Lap2Go	61 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
2711	504	Cristina Alexandra Morgado Torres de Oliveira	Arsenal de Canelas	03:46:57	+03:02:38	22:42	
2712	701	André Antunes	A-team Atómicos Team	03:53:01	+03:08:42	23:18	
2713	690	Carlos Barreiro	A-team Atómicos Team	03:53:01	+03:08:42	23:18	
2714	699	Ana Correia	A-team Atómicos Team	03:53:02	+03:08:43	23:18	
2715	695	Gerson Vida	A-team Atómicos Team	03:53:03	+03:08:44	23:18	
2716	672	João Correia	A-team Atómicos Team	03:53:04	+03:08:45	23:18	
2717	667	Ângela Bebiano	A-team Atómicos Team	03:53:04	+03:08:45	23:18	
2718	682	Manuela Pereira	A-team Atómicos Team	03:53:04	+03:08:45	23:18	
2719	685	Salomé Vida	A-team Atómicos Team	03:53:04	+03:08:45	23:18	
2720	689	Bruno Bebiano	A-team Atómicos Team	03:53:04	+03:08:45	23:18	
2721	684	Paula Duarte	A-team Atómicos Team	03:53:05	+03:08:46	23:18	
2722	696	Guilherme Barreiro	A-team Atómicos Team	03:53:05	+03:08:46	23:19	
2723	676	Eva Bibiano	A-team Atómicos Team	03:53:05	+03:08:46	23:19	
2724	688	Augusto Vida	A-team Atómicos Team	03:53:06	+03:08:47	23:19	
2725	668	Barbara Barreiro	A-team Atómicos Team	03:53:06	+03:08:47	23:19	
2726	681	Elisabete Antunes	A-team Atómicos Team	03:53:06	+03:08:47	23:19	
2727	692	Fernando de Sousa	A-team Atómicos Team	03:53:08	+03:08:49	23:19	
2728	680	Madalena Vida	A-team Atómicos Team	03:53:11	+03:08:52	23:19	
2729	694	Francisco Felicio	A-team Atómicos Team	03:53:11	+03:08:52	23:19	
2730	697	Manuel Rodrigues	A-team Atómicos Team	03:53:11	+03:08:52	23:19	
2731	686	Sara Vida	A-team Atómicos Team	03:53:12	+03:08:53	23:19	
2732	693	Filipe Antunes	A-team Atómicos Team	03:53:12	+03:08:53	23:19	
2733	691	Gabriel Moreira	A-team Atómicos Team	03:53:14	+03:08:55	23:19	
2734	698	Beatriz Moreira	A-team Atómicos Team	03:53:14	+03:08:55	23:19	
2735	673	Constança Rodrigues	A-team Atómicos Team	03:53:16	+03:08:57	23:20	
2736	700	Telmo Santos	A-team Atómicos Team	03:53:17	+03:08:58	23:20	
2737	675	Dany Santos	A-team Atómicos Team	03:53:18	+03:08:59	23:20	
2738	671	Carolina Martins	A-team Atómicos Team	03:53:19	+03:09:00	23:20	
2739	669	Carina Antunes	A-team Atómicos Team	03:53:21	+03:09:02	23:20	
2740	679	Leonor Felicio	A-team Atómicos Team	03:53:21	+03:09:02	23:20	
2741	2116	Elsa Cristina Tomás Ferreira	NIGHT RUNNERS FEIRA	04:05:29	+03:21:10	24:33	
2742	2114	Sandra Isabel da Costa Almeida	NIGHT RUNNERS FEIRA	04:05:29	+03:21:10	24:33	
2743	683	Rafael Mousinho	A-team Atómicos Team	04:12:28	+03:28:09	25:15	

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	14:20	20,6°C	49%
End	18:43	20.6°C	49%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	807	Vanda Ribeiro	BioSerranos	Senior Feminino	01:03:05	06:18
2	108	Carla Agnes Alves da Rocha	OCR Portugal Lab Club	Senior Feminino	01:04:20	+01:15 06:26
3	1265	Deirilene Mendes Vargas Lopes	Espalhabrasas	Senior Feminino	01:12:57	+09:52 07:18
4	1068	Natália KOVALSKA	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	01:13:05	+10:00 07:19
5	507	Leonor Sá Ferreira	Arsenal de Canelas	Senior Feminino	01:13:13	+10:08 07:19
6	143	Catarina Simões	Pegasus OCR ProTeam	Senior Feminino	01:14:43	+11:38 07:28
7	1522	Leonor Costa	Galitos Remo	Senior Feminino	01:15:47	+12:42 07:35
8	70	Mónica Rocha	GIRASSÓIS E FURIOSOS	Senior Feminino	01:16:34	+13:29 07:39
9	2754	Williams Omar Simões dePablos	Reumáticos & Etc	Senior Feminino	01:18:29	+15:24 07:51
10	88	Raquel Sousa	Individual	Senior Feminino	01:19:11	+16:06 07:55
11	368	CATARINA ROCHA E SILVA VALENTE DE MATOS	A NOVA	Senior Feminino	01:19:16	+16:11 07:56
12	806	Rita Ferreira	BioSerranos	Senior Feminino	01:22:09	+19:04 08:13
13	87	Madalena Augusto	Individual	Senior Feminino	01:25:02	+21:56 08:30
14	89	Vera Toubarro	Individual	Senior Feminino	01:25:02	+21:56 08:30
15	2708	Fatima Oliveira	RaceTfit	Senior Feminino	01:28:09	+25:04 08:49
16	2580	Catarina Saavedra	PLAYGROUND	Senior Feminino	01:28:40	+25:34 08:52
17	28	Noémia Jamba	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	01:29:54	+26:49 08:59
18	1059	ANA SALÚSTIO	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	01:30:10	+27:04 09:01
19	1338	Patrícia Alexandra Cardoso Silva	fator PRT	Senior Feminino	01:30:47	+27:42 09:05
20	1780	Silvia Reis	Já não me lembro	Senior Feminino	01:31:33	+28:28 09:09
21	2212	CAROLINA MENDES NUNES	CDE NATAÇÃO	Senior Feminino	01:31:38	+28:33 09:10
22	2255	ana raquel tavares pinto	OS CAMOLAS	Senior Feminino	01:33:05	+29:59 09:18
23	380	Ana Carvalho	A seita que dói menos	Senior Feminino	01:33:21	+30:15 09:20
24	386	Inês Morais	A seita que dói menos	Senior Feminino	01:33:21	+30:16 09:20
25	63	Teresa Lage	Gang do Pé na Lama	Senior Feminino	01:33:24	+30:19 09:20
26	64	Vania Cruz	Gang do Pé na Lama	Senior Feminino	01:33:24	+30:19 09:20
27	61	Joana Sampaio	Gang do Pé na Lama	Senior Feminino	01:33:24	+30:19 09:20
28	59	Catarina Campos	Gang do Pé na Lama	Senior Feminino	01:33:25	+30:19 09:20
29	62	Susana Viana	Gang do Pé na Lama	Senior Feminino	01:33:25	+30:20 09:21
30	54	Beatriz Franco	Forever Young	Senior Feminino	01:33:50	+30:45 09:23
31	3105	Inês Gomes	Tropa de Elite	Senior Feminino	01:34:18	+31:13 09:26
32	1790	Gisela Carina Cardoso de Sá	JP Ginásios - Equipa Crosstraining	Senior Feminino	01:34:23	+31:17 09:26
33	1791	Liliana Gomes Mota	JP Ginásios - Equipa Crosstraining	Senior Feminino	01:34:24	+31:18 09:26
34	2015	Suzana Ribeiro	MaMaSu	Senior Feminino	01:34:34	+31:29 09:27
35	2013	Roberto Rosca	MaMaSu	Senior Feminino	01:34:35	+31:29 09:27
36	2014	Marina Rosca	MaMaSu	Senior Feminino	01:34:35	+31:30 09:27
37	180	Arlinda Rocha	sunday workout	Senior Feminino	01:34:55	+31:50 09:29
38	181	Helena Pinho	sunday workout	Senior Feminino	01:34:55	+31:50 09:29
39	182	Inês Seabra	sunday workout	Senior Feminino	01:34:55	+31:50 09:30

Official Timekeeper: Lap2Go	1 / 62	generate 28-set.-2024 19:56
-----------------------------	--------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

40	183	Vera Dias	sunday workout	Senior Feminino	01:34:55	+31:50	09:30
41	179	Ana Raquel Bastos	sunday workout	Senior Feminino	01:34:56	+31:50	09:30
42	1326	Liliana Resende	Fast & F@cidos	Senior Feminino	01:35:09	+32:04	09:31
43	845	Ana Cristina Vasques Vaz	Borra botas	Senior Feminino	01:35:47	+32:42	09:35
44	838	Paula Juliet's	BoraBora, Vamos Lá!	Senior Feminino	01:38:21	+35:15	09:50
45	1798	Bruna Vilela Moreira	JUDO Team	Senior Feminino	01:39:08	+36:03	09:55
46	1523	Mariana Simões	Galitos Remo	Senior Feminino	01:39:09	+36:03	09:55
47	189	Mariana Arvins	TEAM PRIMUS CERAMIC	Senior Feminino	01:39:39	+36:34	09:58
48	2928	Catarina Gonçalves	Special Force	Senior Feminino	01:39:46	+36:41	09:59
49	86	Filipa Ruivo Boavida Roque Gamaliel Alves	Individual	Senior Feminino	01:40:28	+37:23	10:03
50	109	Cláudia Balona	OCR Portugal Lab Club	Senior Feminino	01:40:28	+37:23	10:03
51	1318	Silvia Ribeiro	Fantastic Four	Senior Feminino	01:41:40	+38:35	10:10
52	3225	Sara Duarte Gonçalves Gomes	ZsaZsas	Senior Feminino	01:43:44	+40:38	10:22
53	353	Solange Reis	7am CFA	Senior Feminino	01:44:20	+41:15	10:26
54	351	JOANA TAVARES MIRANDA	7am CFA	Senior Feminino	01:44:20	+41:15	10:26
55	3141	Sílvia Alexandra Ferreira dos Santos	Vai com tudo!	Senior Feminino	01:44:31	+41:25	10:27
56	3138	Andreia Cardoso Afonso	Vai com tudo!	Senior Feminino	01:44:31	+41:26	10:27
57	2755	Bruna da Silva Mota	Reumáticos & Etc	Senior Feminino	01:44:44	+41:39	10:28
58	1815	MARGARIDA SOBREIRO DA COSTA PALMA	JUVENTUDE LAMACENTA	Senior Feminino	01:45:04	+41:58	10:30
59	2767	Paula Sofia Almeida Tavares	Reumáticos & Etc	Senior Feminino	01:45:11	+42:05	10:31
60	1153	Raquel Nadais	Dói-lá-lama	Senior Feminino	01:45:54	+42:48	10:35
61	3112	Susana Maria da Silva Martins	Tu e Eu	Senior Feminino	01:47:32	+44:27	10:45
62	151	Mariana Sofia Amador Rodrigues	PLAYGROUND	Senior Feminino	01:49:09	+46:04	10:55
63	134	Eugénia Maria Lameiro Tavares	Os independentes	Senior Feminino	01:50:04	+46:58	11:00
64	133	Daniela Sofia Bastos Neves	Os independentes	Senior Feminino	01:50:04	+46:58	11:00
65	2650	Carla Pinheiro	PuroJudo	Senior Feminino	01:50:06	+47:01	11:01
66	803	Laura Rodrigues	BioSerranos	Senior Feminino	01:50:48	+47:43	11:05
67	805	Marta Vicente	BioSerranos	Senior Feminino	01:50:49	+47:43	11:05
68	460	Juliana dos Santos Garbayo	Amigosloucos	Senior Feminino	01:50:58	+47:53	11:06
69	350	Carla Frutuoso	7am CFA	Senior Feminino	01:52:42	+49:36	11:16
70	2652	Susana Ferreira	PuroJudo	Senior Feminino	01:52:46	+49:41	11:17
71	2649	Ana Isabel Santos Leite	PuroJudo	Senior Feminino	01:52:52	+49:46	11:17
72	2651	Cláudia Rafeiro	PuroJudo	Senior Feminino	01:52:52	+49:46	11:17
73	2757	Catarina Oliveira da Silva	Reumáticos & Etc	Senior Feminino	01:53:15	+50:10	11:20
74	2745	Maria João Gomes Freitas Cotovio	Rave Shaspe	Senior Feminino	01:53:21	+50:16	11:20
75	2739	Nazaré Rocha	Rádio Fofoca	Senior Feminino	01:54:35	+51:30	11:28
76	2740	Susana Castro	Rádio Fofoca	Senior Feminino	01:54:35	+51:30	11:28
77	1589	Joana Patrícia Gomes Monteiro	Grupo De Carnaval Pindéricus	Senior Feminino	01:54:45	+51:40	11:29
78	836	Maria João Santos	BoraBora, Vamos Lá!	Senior Feminino	01:55:29	+52:24	11:33
79	2680	Sara Batista	Quem é que se lembrou!!	Senior Feminino	01:55:37	+52:32	11:34
80	2679	Daniela César	Quem é que se lembrou!!	Senior Feminino	01:55:38	+52:32	11:34
81	139	Sandra Catarina de Pinho Resende	Os independentes	Senior Feminino	01:56:19	+53:14	11:38
82	3160	Marcela Alves Olegario de Lima	VAIS TU QUE EU NAO POSSO	Senior Feminino	01:56:31	+53:26	11:39
83	3157	Fernanda Ayumi Hagiwava	VAIS TU QUE EU NAO POSSO	Senior Feminino	01:56:31	+53:26	11:39
84	9	Ana Isabel Cascais Pinto	Arsenal de Canelas	Senior Feminino	01:56:47	+53:41	11:41

Official Timekeeper: Lap2Go	2 / 62	generate 28-set.-2024 19:56
-----------------------------	--------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

85	7	Adriana Pinho	Arsenal de Canelas	Senior Feminino	01:56:50	+53:45	11:41
86	2823	Natacha Sousa	Saci Pererê	Senior Feminino	01:57:03	+53:58	11:42
87	2824	Olga Santos	Saci Pererê	Senior Feminino	01:57:03	+53:58	11:42
88	2822	Maria Joana Silva	Saci Pererê	Senior Feminino	01:57:03	+53:58	11:42
89	2348	Cristina Oliveira	Os Lamacentos	Senior Feminino	01:57:29	+54:23	11:45
90	2349	Daniela Oliveira	Os Lamacentos	Senior Feminino	01:57:30	+54:25	11:45
91	1154	Sandra Cristina de Faria Ramos	Dói-lá-lama	Senior Feminino	01:57:32	+54:27	11:45
92	1014	Matilde Sofia Oliveira Ferreira	Clube Cultural e Desportivo de Veiros	Senior Feminino	01:57:36	+54:31	11:46
93	1013	Ana Rita Lopes Branco	Clube Cultural e Desportivo de Veiros	Senior Feminino	01:57:38	+54:33	11:46
94	80	Matilde Silva	Graças	Senior Feminino	01:57:47	+54:42	11:47
95	79	Inês Leite	Graças	Senior Feminino	01:58:18	+55:13	11:50
96	1232	Elsa Valente	Equipa ELITE	Senior Feminino	01:58:37	+55:32	11:52
97	197	Liliana Azevedo	Tropa d' Elites +Atitude	Senior Feminino	01:58:45	+55:40	11:52
98	198	Vanessa Amorim	Tropa d' Elites +Atitude	Senior Feminino	01:58:45	+55:40	11:52
99	160	Cristina Manuela Ferreira Couto	Playlife Team	Senior Feminino	01:59:33	+56:28	11:57
100	164	Susana Moreira	Playlife Team	Senior Feminino	01:59:33	+56:28	11:57
101	162	Rita Fernanda Moreira Barbosa	Playlife Team	Senior Feminino	01:59:39	+56:34	11:58
102	163	Rute Carolina Teixeira Caldas Ferreira	Playlife Team	Senior Feminino	01:59:40	+56:35	11:58
103	159	Cecília Manuela Ferreira Santos	Playlife Team	Senior Feminino	01:59:41	+56:36	11:58
104	1396	Sonia Martins	FLOENE	Senior Feminino	01:59:42	+56:37	11:58
105	1385	Constança Santos	FLOENE	Senior Feminino	01:59:42	+56:37	11:58
106	1246	Catarina Granja	Esfrega Laminha	Senior Feminino	02:00:24	+57:19	12:02
107	1024	Bruno Miguel Martins Ribeiro	CODEPLAS Team	Senior Feminino	02:00:34	+57:29	12:03
108	2205	Joana Caetano de Sá	CODEPLAS Team	Senior Feminino	02:00:36	+57:30	12:04
109	1026	Daniela Caetano de Sá	CODEPLAS Team	Senior Feminino	02:00:37	+57:32	12:04
110	1745	Fatima Oliveira	IRON RUNNERS	Senior Feminino	02:00:42	+57:36	12:04
111	1746	Graça Melo	IRON RUNNERS	Senior Feminino	02:00:43	+57:37	12:04
112	1747	Marta Pinho	IRON RUNNERS	Senior Feminino	02:00:43	+57:38	12:04
113	984	Madalena Correia	CIRES RUNNING TEAM	Senior Feminino	02:01:06	+58:00	12:07
114	47	JOANA GOMES	Estafados bem dispostos	Senior Feminino	02:01:26	+58:20	12:09
115	2512	Marlene Rocha	Os verdadeiros bioracers	Senior Feminino	02:01:33	+58:28	12:09
116	1120	MARIA PINTO	DARTACÃO	Senior Feminino	02:02:04	+58:59	12:12
117	1113	ISABEL CARVALHO	DARTACÃO	Senior Feminino	02:02:04	+58:59	12:12
118	1110	AURORA LEMOS	DARTACÃO	Senior Feminino	02:02:04	+58:59	12:12
119	1126	VANESSA ALMEIDA	DARTACÃO	Senior Feminino	02:02:04	+58:59	12:12
120	2401	Gabriela Valente	Os Maravilha	Senior Feminino	02:02:10	+59:05	12:13
121	461	Mariana Vallejo	Amigosloucos	Senior Feminino	02:02:16	+59:11	12:14
122	525	Patrícia da Silva de Sousa Luz	Arsenal de Canelas	Senior Feminino	02:02:53	+59:47	12:17
123	1752	FRANCISCA MARTINS	ISVOUGA	Senior Feminino	02:03:53	+01:00:48	12:23
124	2351	Filipa Durão	Os Lamacentos	Senior Feminino	02:04:06	+01:01:00	12:25
125	2347	Ana Silva	Os Lamacentos	Senior Feminino	02:04:07	+01:01:01	12:25
126	2350	Fátima Páscoa	Os Lamacentos	Senior Feminino	02:04:11	+01:01:05	12:25
127	651	Carolina Ferreira	ASSOCIACAO CULTURAL DE SALREU	Senior Feminino	02:04:30	+01:01:24	12:27
128	656	Mariana Dias	ASSOCIACAO CULTURAL DE SALREU	Senior Feminino	02:04:31	+01:01:25	12:27

Official Timekeeper: Lap2Go	3 / 62	generate 28-set.-2024 19:56
-----------------------------	--------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

129	2701	Ana Moura	RaceTfit	Senior Feminino	02:04:39	+01:01:34	12:28
130	2887	Maria João Pereira	Sedentários da Secretária	Senior Feminino	02:06:00	+01:02:55	12:36
131	3154	Dina Antónia Mota Maia	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:06:01	+01:02:56	12:36
132	3159	Lara Miguel Maia Ribeiro	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:06:06	+01:03:01	12:37
133	1720	Magda Costa Sousa	Individual	Senior Feminino	02:06:22	+01:03:17	12:38
134	3151	Celia Margarida Fernandes Peixoto	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:06:30	+01:03:25	12:39
135	2169	Fatima Maria da Costa Maia	Os Amigos da Coxinha de Frango	Senior Feminino	02:06:36	+01:03:31	12:40
136	2691	Yxora Marlysse Acuna Hernandez de Almeida	QUEM TENSAI TEM TUDO	Senior Feminino	02:06:56	+01:03:51	12:42
137	2685	Daniela Alexandra Rodrigues Ferreira	QUEM TENSAI TEM TUDO	Senior Feminino	02:06:56	+01:03:51	12:42
138	2686	SÓNIA PATRÍCIA SILVA CRUZ	QUEM TENSAI TEM TUDO	Senior Feminino	02:06:56	+01:03:51	12:42
139	2689	Sónia Filipa Pinto da Silva	QUEM TENSAI TEM TUDO	Senior Feminino	02:06:57	+01:03:51	12:42
140	118	Eliana Soares	Os Improváveis	Senior Feminino	02:07:03	+01:03:57	12:42
141	113	Carla Manuela Oliveira Borges Pinho	Os Improváveis	Senior Feminino	02:07:04	+01:03:58	12:42
142	1304	Beatriz Marques	FALTA MUITO?	Senior Feminino	02:07:33	+01:04:28	12:45
143	2	Tatiana João	20 Comer	Senior Feminino	02:07:48	+01:04:42	12:47
144	3	Tita Silva	20 Comer	Senior Feminino	02:07:49	+01:04:43	12:47
145	3164	Rita Marosa Pires Lima Marques	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:07:49	+01:04:44	12:47
146	2758	Deolinda Maria Silva João	Reumáticos & Etc	Senior Feminino	02:08:13	+01:05:08	12:49
147	48	LEONESA UWANEKWU	Estafados bem dispostos	Senior Feminino	02:08:41	+01:05:36	12:52
148	2556	Sofia Afonso	Pi Pi'	Senior Feminino	02:08:44	+01:05:39	12:52
149	536	Teresa Bicho	Arsenal de Canelas	Senior Feminino	02:09:23	+01:06:18	12:56
150	122	Paula abreu	Os Improváveis	Senior Feminino	02:09:38	+01:06:33	12:58
151	2322	Sofia Estrela	Os Indomáveis	Senior Feminino	02:09:45	+01:06:39	12:58
152	2541	Silvia Carvalho	Pedro Pê	Senior Feminino	02:09:49	+01:06:44	12:59
153	2539	Ana Cardinal	Pedro Pê	Senior Feminino	02:09:49	+01:06:44	12:59
154	352	Lina Rodrigues	7am CFA	Senior Feminino	02:09:49	+01:06:44	12:59
155	3209	Ângela Graça	XPTO	Senior Feminino	02:09:55	+01:06:49	12:59
156	3211	Cristina Lucas	XPTO	Senior Feminino	02:09:57	+01:06:52	13:00
157	2320	Sara Rodrigues	Os Indomáveis	Senior Feminino	02:10:00	+01:06:55	13:00
158	1193	Susana Marina Valente de Almeida	ELITE - OS REUMÁTICOS	Senior Feminino	02:10:08	+01:07:02	13:01
159	1192	Sandra Cristina Silva Monteiro	ELITE - OS REUMÁTICOS	Senior Feminino	02:10:13	+01:07:07	13:01
160	1189	Alice Susana de Bastos Marques Pires	ELITE - OS REUMÁTICOS	Senior Feminino	02:10:17	+01:07:11	13:02
161	1190	Ana Cláudia Rodrigues de Sá	ELITE - OS REUMÁTICOS	Senior Feminino	02:10:18	+01:07:13	13:02
162	1191	Isabel Maria Jesus Gomes	ELITE - OS REUMÁTICOS	Senior Feminino	02:10:18	+01:07:13	13:02
163	2989	Daniela Coelho	Tartaarugas	Senior Feminino	02:10:31	+01:07:26	13:03
164	2308	Isabel Patusco	Os Indomáveis	Senior Feminino	02:10:35	+01:07:29	13:03
165	2988	Beatriz Nunes	Tartaarugas	Senior Feminino	02:10:39	+01:07:34	13:04
166	3020	Diana Catarina Antunes Leite	TeamIdl	Senior Feminino	02:10:43	+01:07:38	13:04
167	762	Marília Cruz	Bio Team	Senior Feminino	02:11:50	+01:08:45	13:11
168	761	Márcia Costa	Bio Team	Senior Feminino	02:11:50	+01:08:45	13:11
169	2929	Micaela Farias	Special Force	Senior Feminino	02:11:55	+01:08:50	13:11
170	2927	Ariana Ribeiro	Special Force	Senior Feminino	02:12:01	+01:08:55	13:12
171	1263	Ana Lopes	Espalhabrasas	Senior Feminino	02:12:01	+01:08:56	13:12
172	2566	VANESSA LILIANA SILVA GARRIDO	Plasticos JOLUCE	Senior Feminino	02:12:02	+01:08:57	13:12
173	2930	Silvana Oliveira	Special Force	Senior Feminino	02:12:02	+01:08:57	13:12
174	2325	Verónica Castro	Os Indomáveis	Senior Feminino	02:12:04	+01:08:59	13:12

Official Timekeeper: Lap2Go	4 / 62	generate 28-set.-2024 19:56
-----------------------------	--------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

175	85	Esperança Terra	Individual	Senior Feminino	02:12:20	+01:09:15	13:14
176	3213	Patrícia Ferreira Vicente	XPTO	Senior Feminino	02:12:23	+01:09:17	13:14
177	111	Ana Luísa Costa	Os Improváveis	Senior Feminino	02:12:28	+01:09:22	13:15
178	2744	Ana Sofia OliveiraSilva	Rave Shaspe	Senior Feminino	02:12:53	+01:09:48	13:17
179	1181	Joana Gonçalves	Elecas	Senior Feminino	02:13:05	+01:10:00	13:19
180	1183	Raquel Gonçalves	Elecas	Senior Feminino	02:13:06	+01:10:00	13:19
181	1182	Maria Miguel da Silva Lóio	Elecas	Senior Feminino	02:13:07	+01:10:02	13:19
182	2366	Carina Matos	TeamIdl	Senior Feminino	02:13:09	+01:10:04	13:19
183	531	Rosa Isabel da Silva Correia	Arsenal de Canelas	Senior Feminino	02:13:43	+01:10:38	13:22
184	3047	Micaela Martins	The Last Of Us e mais alguns	Senior Feminino	02:14:09	+01:11:04	13:25
185	123	Vera Dias	Os Improváveis	Senior Feminino	02:14:11	+01:11:06	13:25
186	3045	Ana Sofia Cardoso	The Last Of Us e mais alguns	Senior Feminino	02:14:17	+01:11:12	13:26
187	616	Fanny Martins	As Tamancas	Senior Feminino	02:14:52	+01:11:47	13:29
188	56	Sandra Franco	Forever Young	Senior Feminino	02:15:37	+01:12:32	13:34
189	55	Rita Gonçalves	Forever Young	Senior Feminino	02:15:38	+01:12:32	13:34
190	2769	Rute Marisa Tavares Marques da Silva	Reumáticos & Etc	Senior Feminino	02:15:58	+01:12:53	13:36
191	2765	Patrícia Alexandra Machado Henriques	Reumáticos & Etc	Senior Feminino	02:15:59	+01:12:54	13:36
192	1834	Barbara Camarinha	Kamandrus	Senior Feminino	02:16:12	+01:13:07	13:37
193	1835	Carina Almeida	Kamandrus	Senior Feminino	02:16:14	+01:13:08	13:37
194	132	Ana Rita Alcobia Silva	Os independentes	Senior Feminino	02:17:11	+01:14:06	13:43
195	130	Ana Catarina Dias Santos	Os independentes	Senior Feminino	02:17:13	+01:14:08	13:43
196	138	Nicole Mendes da Silva	Os independentes	Senior Feminino	02:17:14	+01:14:08	13:43
197	137	Marina de Lurdes Marques Jorge	Os independentes	Senior Feminino	02:17:14	+01:14:09	13:43
198	131	Ana Filipa Pereira Lopez	Os independentes	Senior Feminino	02:17:15	+01:14:09	13:43
199	135	Inês Carvalho Silva	Os independentes	Senior Feminino	02:17:16	+01:14:11	13:44
200	1908	Milangel Gonzalez	Latinas	Senior Feminino	02:17:23	+01:14:18	13:44
201	2602	Mariana Correia	Politogethers	Senior Feminino	02:17:26	+01:14:21	13:45
202	2007	Letícia Almeida	Lux Health Club	Senior Feminino	02:17:35	+01:14:29	13:45
203	2004	Cristiana Mendes	Lux Health Club	Senior Feminino	02:17:35	+01:14:29	13:45
204	2006	Cristiane Sousa	Lux Health Club	Senior Feminino	02:17:35	+01:14:30	13:46
205	2003	Adelaide Almeida	Lux Health Club	Senior Feminino	02:17:36	+01:14:30	13:46
206	2941	Sandra Oliveira	Tainadas Run Team - Somengil	Senior Feminino	02:17:59	+01:14:54	13:48
207	2934	Aurelie Martins	Tainadas Run Team - Somengil	Senior Feminino	02:18:06	+01:15:00	13:49
208	2939	Francisca Mateus	Tainadas Run Team - Somengil	Senior Feminino	02:18:06	+01:15:01	13:49
209	2936	Diana Domingues	Tainadas Run Team - Somengil	Senior Feminino	02:18:07	+01:15:02	13:49
210	2940	Liliana Julião	Tainadas Run Team - Somengil	Senior Feminino	02:18:08	+01:15:03	13:49
211	2938	Eduarda Vinagre	Tainadas Run Team - Somengil	Senior Feminino	02:18:08	+01:15:03	13:49
212	117	Cristine Souza	Os Improváveis	Senior Feminino	02:18:14	+01:15:09	13:49
213	2937	Dina Oliveira	Tainadas Run Team - Somengil	Senior Feminino	02:18:16	+01:15:10	13:50
214	534	Sónia Silva	Arsenal de Canelas	Senior Feminino	02:18:53	+01:15:48	13:53
215	502	Cláudia Pessoa	Arsenal de Canelas	Senior Feminino	02:18:54	+01:15:48	13:53
216	492	Ana Sofia Petiz	Arsenal de Canelas	Senior Feminino	02:18:58	+01:15:53	13:54
217	1236	Sara Silva	Equipa ELITE	Senior Feminino	02:19:02	+01:15:57	13:54
218	1229	Catarina Matos	Equipa ELITE	Senior Feminino	02:19:02	+01:15:57	13:54
219	1233	Fátima Valente	Equipa ELITE	Senior Feminino	02:19:03	+01:15:57	13:54
220	1605	Ana Cláudia Santos	Grupo Desconhecido	Senior Feminino	02:20:15	+01:17:09	14:00

Official Timekeeper: Lap2Go	5 / 62	generate 28-set.-2024 19:56
-----------------------------	--------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

221	1610	Vanessa M	Grupo Desconhecido	Senior Feminino	02:20:22	+01:17:17	14:02
222	1609	Sara Bastos	Grupo Desconhecido	Senior Feminino	02:20:23	+01:17:18	14:02
223	2849	Rita Sousa	Samba Tribal	Senior Feminino	02:20:28	+01:17:23	14:03
224	1607	Joana Ribeiro	Grupo Desconhecido	Senior Feminino	02:20:28	+01:17:23	14:03
225	1363	Daniela Correia	Flamingos	Senior Feminino	02:20:38	+01:17:33	14:04
226	1604	Alexandra Tavares	Grupo Desconhecido	Senior Feminino	02:20:39	+01:17:33	14:04
227	1608	Sandrina Sá	Grupo Desconhecido	Senior Feminino	02:20:39	+01:17:34	14:04
228	1800	Íris Vilela Moreira	JUDO Team	Senior Feminino	02:21:00	+01:17:55	14:06
229	1799	Claudia Maria Rocha Martins	JUDO Team	Senior Feminino	02:21:00	+01:17:55	14:06
230	152	Marinelsa Ernesto João Damião	PLAYGROUND	Senior Feminino	02:21:01	+01:17:56	14:06
231	2579	Carmen Teresa Rodriguez Rivero	PLAYGROUND	Senior Feminino	02:21:02	+01:17:57	14:06
232	1348	Paula Lagoa	Fita Cola Preta	Senior Feminino	02:21:21	+01:18:16	14:08
233	2163	Tânia Almeida	OCR4500	Senior Feminino	02:21:26	+01:18:20	14:09
234	2162	Andreia Cabral	OCR4500	Senior Feminino	02:21:26	+01:18:21	14:09
235	1689	Diana Vivas	Hipopotomonstrosesquipedaliofobia	Senior Feminino	02:21:34	+01:18:29	14:09
236	1712	Vanessa Fonseca	Iluminati	Senior Feminino	02:22:24	+01:19:19	14:14
237	2036	Anabela Silva	Missão 100 Burpees	Senior Feminino	02:22:31	+01:19:26	14:15
238	2037	Cátia Reis	Missão 100 Burpees	Senior Feminino	02:22:32	+01:19:27	14:15
239	2400	Ana Bela Varela	Os Maravilha	Senior Feminino	02:22:54	+01:19:49	14:17
240	1767	Carla Alexandra	IV Temporada	Senior Feminino	02:22:56	+01:19:50	14:18
241	1769	Célia Santos	IV Temporada	Senior Feminino	02:22:56	+01:19:51	14:18
242	2703	Carla Coutinho	RaceTfit	Senior Feminino	02:23:06	+01:20:00	14:19
243	896	Joana Fernandes	Canecus	Senior Feminino	02:23:18	+01:20:12	14:20
244	897	Sandra Silva	Canecus	Senior Feminino	02:23:18	+01:20:13	14:20
245	2630	Maria da Graça Ferreira	Primas de Cortegaça	Senior Feminino	02:23:18	+01:20:13	14:20
246	2632	Maria de Fátima Domingues Pereira	Primas de Cortegaça	Senior Feminino	02:23:19	+01:20:14	14:20
247	2628	Laura Soares	Primas de Cortegaça	Senior Feminino	02:23:21	+01:20:16	14:20
248	2637	Sandra Cristina da Silva Alves	Primas de Cortegaça	Senior Feminino	02:23:23	+01:20:18	14:20
249	890	Sofia Ferreira	CandyCrushers	Senior Feminino	02:23:43	+01:20:38	14:22
250	889	Juliana Marinho	CandyCrushers	Senior Feminino	02:23:44	+01:20:39	14:22
251	888	Filomena Santos	CandyCrushers	Senior Feminino	02:23:44	+01:20:39	14:22
252	887	Anabela Veiga	CandyCrushers	Senior Feminino	02:23:45	+01:20:39	14:22
253	2367	Juliana Vieira Dias	os lameiros	Senior Feminino	02:23:45	+01:20:40	14:22
254	2364	Ana Catarina Teorgas Ferreira	os lameiros	Senior Feminino	02:23:45	+01:20:40	14:23
255	2365	Beatriz Oliveira Dias Santos	os lameiros	Senior Feminino	02:23:46	+01:20:41	14:23
256	1002	Maria Vitória Marques Tavares	ClientesFofinhos	Senior Feminino	02:23:46	+01:20:41	14:23
257	1119	MARIA FATIMA DOS SANTOS	DARTACÃO	Senior Feminino	02:23:50	+01:20:44	14:23
258	1117	MAGDA MARQUES	DARTACÃO	Senior Feminino	02:23:50	+01:20:45	14:23
259	1111	BELINDA BAPTISTA	DARTACÃO	Senior Feminino	02:23:50	+01:20:45	14:23
260	1003	Sara Neves	ClientesFofinhos	Senior Feminino	02:23:50	+01:20:45	14:23
261	1004	Sónia Félix	ClientesFofinhos	Senior Feminino	02:23:51	+01:20:46	14:23
262	520	Maria Helena da Silva Machado	Arsenal de Canelas	Senior Feminino	02:24:12	+01:21:07	14:25
263	494	Anabela Machado	Arsenal de Canelas	Senior Feminino	02:24:12	+01:21:07	14:25
264	512	Isabel Cristina Santos Neves	Arsenal de Canelas	Senior Feminino	02:24:12	+01:21:07	14:25
265	2342	Danimary Godinho	Os lamaceiros	Senior Feminino	02:24:13	+01:21:08	14:25
266	491	Glória Regina Lopes Sousa	Arsenal de Canelas	Senior Feminino	02:24:13	+01:21:08	14:25

Official Timekeeper: Lap2Go	6 / 62	generate 28-set.-2024 19:56
-----------------------------	--------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

267	316	Sandra Silva	100 stress	Senior Feminino	02:24:24	+01:21:18	14:26
268	506	Daniela Alegria	Arsenal de Canelas	Senior Feminino	02:24:31	+01:21:25	14:27
269	1869	Alina Matos	L´Rocks	Senior Feminino	02:24:33	+01:21:28	14:27
270	1872	Joana Roque	L´Rocks	Senior Feminino	02:24:33	+01:21:28	14:27
271	1870	Ana Portugal	L´Rocks	Senior Feminino	02:24:35	+01:21:30	14:28
272	1874	Sónia Martins	L´Rocks	Senior Feminino	02:24:36	+01:21:31	14:28
273	2967	Isabel Teixeira	Tamojunto	Senior Feminino	02:24:40	+01:21:34	14:28
274	2968	Maria Magalhães	Tamojunto	Senior Feminino	02:24:40	+01:21:35	14:28
275	2633	Maria de Fátima Pinho Rodrigues de Castro	Primas de Cortegaça	Senior Feminino	02:24:54	+01:21:49	14:29
276	2620	Bárbara Raquel de Jesus Santos Castro	Primas de Cortegaça	Senior Feminino	02:24:55	+01:21:50	14:29
277	2631	Maria da Luz Fernandes Oliveira Lopes	Primas de Cortegaça	Senior Feminino	02:24:58	+01:21:53	14:30
278	2635	Nídia Costa Dias	Primas de Cortegaça	Senior Feminino	02:24:59	+01:21:54	14:30
279	2625	Dulce Orlanda Fernandes Adrego Jorge Freitas	Primas de Cortegaça	Senior Feminino	02:24:59	+01:21:54	14:30
280	1690	Gabriela Vivas	Hipopotomonstrosesquipedaliofobia	Senior Feminino	02:25:06	+01:22:00	14:31
281	1691	Katia Silva	Hipopotomonstrosesquipedaliofobia	Senior Feminino	02:25:09	+01:22:04	14:31
282	1807	CLAUDIA MARIA SA SOUSA	JUVENTUDE LAMACENTA	Senior Feminino	02:25:19	+01:22:14	14:32
283	1823	VERA MONICA	JUVENTUDE LAMACENTA	Senior Feminino	02:25:19	+01:22:14	14:32
284	1818	MARIANA TANUDA MOREIRA COSTA	JUVENTUDE LAMACENTA	Senior Feminino	02:25:19	+01:22:14	14:32
285	1812	LUCIANA DA SILVA MARQUES	JUVENTUDE LAMACENTA	Senior Feminino	02:25:20	+01:22:14	14:32
286	702	Cláudia vilar	Balança mas não cai	Senior Feminino	02:25:31	+01:22:26	14:33
287	703	Marcia Martins	Balança mas não cai	Senior Feminino	02:25:36	+01:22:31	14:34
288	2848	Inês Fonseca	Samba Tribal	Senior Feminino	02:25:38	+01:22:33	14:34
289	707	Lia Zara Sousa	Balança mas não cai	Senior Feminino	02:25:40	+01:22:35	14:34
290	706	Vera Vilar	Balança mas não cai	Senior Feminino	02:25:44	+01:22:39	14:34
291	1850	Inês Rangel de Valdoleiros	Ketonetes	Senior Feminino	02:25:48	+01:22:43	14:35
292	510	Inês Vergas	Arsenal de Canelas	Senior Feminino	02:26:05	+01:23:00	14:36
293	495	Andrea Assunção	Arsenal de Canelas	Senior Feminino	02:26:05	+01:23:00	14:37
294	753	Cláudia Amaral	Bio Team	Senior Feminino	02:26:30	+01:23:24	14:39
295	754	Dulce Fernandes	Bio Team	Senior Feminino	02:26:36	+01:23:31	14:40
296	747	Ana Álvares	Bio Team	Senior Feminino	02:26:37	+01:23:32	14:40
297	3239	Jadna Vieira da Silva Martins	RunBora	Senior Feminino	02:26:37	+01:23:32	14:40
298	3241	Ana Beatriz da Silva Couto	RunBora	Senior Feminino	02:26:39	+01:23:34	14:40
299	429	Iara Vinagre	Agora viemos ver os 10k	Senior Feminino	02:26:48	+01:23:43	14:41
300	431	Sónia Cardoso	Agora viemos ver os 10k	Senior Feminino	02:26:51	+01:23:45	14:41
301	430	Sofia Vidal	Agora viemos ver os 10k	Senior Feminino	02:26:51	+01:23:45	14:41
302	428	Daniela Cardoso	Agora viemos ver os 10k	Senior Feminino	02:26:51	+01:23:46	14:41
303	3096	Mariana Ventura	Trepa de Estarreja	Senior Feminino	02:26:54	+01:23:48	14:41
304	21	Fernanda Narduci	C21 Confiança	Senior Feminino	02:27:11	+01:24:06	14:43
305	23	Olivia Pinho	C21 Confiança	Senior Feminino	02:27:12	+01:24:06	14:43
306	3056	ANA MENDES	Tir`ekéda	Senior Feminino	02:27:26	+01:24:21	14:45
307	3061	Elisabete silva	Tir`ekéda	Senior Feminino	02:27:31	+01:24:26	14:45
308	3162	Marli Henriques Nogueira	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:27:51	+01:24:46	14:47
309	704	Solomiya Khom'yak	Balança mas não cai	Senior Feminino	02:27:55	+01:24:49	14:47

Official Timekeeper: Lap2Go	7 / 62	generate 28-set.-2024 19:56
-----------------------------	--------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

310	705	Soraia Bandeira	Balança mas não cai	Senior Feminino	02:27:55	+01:24:50	14:47
311	2811	Bárbara Cordeiro	Rota Das Tapas	Senior Feminino	02:28:00	+01:24:55	14:48
312	2813	Leonor Rodrigues	Rota Das Tapas	Senior Feminino	02:28:04	+01:24:59	14:48
313	2237	Carla Rodrigues	Os Bravos	Senior Feminino	02:28:06	+01:25:01	14:49
314	2242	Sandra Santos	Os Bravos	Senior Feminino	02:28:06	+01:25:01	14:49
315	2812	Bianca Dias	Rota Das Tapas	Senior Feminino	02:28:07	+01:25:02	14:49
316	2292	Laura Sofia Bidarra Anjos	Os Friends	Senior Feminino	02:28:09	+01:25:04	14:49
317	2291	Andreia Filipa Bidarra Anjos	Os Friends	Senior Feminino	02:28:09	+01:25:04	14:49
318	1934	Celia Maria da Silva Pinto	Lebres	Senior Feminino	02:28:24	+01:25:19	14:50
319	1932	Carla Sofia Silva Rebelo	Lebres	Senior Feminino	02:28:25	+01:25:20	14:51
320	1931	Carla Sofia Henriques Sousa	Lebres	Senior Feminino	02:28:26	+01:25:21	14:51
321	1354	Anita Alves Pimenta	Fitness	Senior Feminino	02:28:38	+01:25:32	14:52
322	1353	Andreia Marques	Fitness	Senior Feminino	02:28:38	+01:25:33	14:52
323	1355	Cristina Mafalda Lopes Nunes Branco	Fitness	Senior Feminino	02:28:40	+01:25:35	14:52
324	2914	Inês Filipe Diogo sousa	Sempr'abrir devagarinho	Senior Feminino	02:29:00	+01:25:54	14:54
325	3149	Anna Gabriela Lugo Zavance	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:29:03	+01:25:57	14:54
326	2503	Carla Cristina Campos Saraiva	Os Vencedores	Senior Feminino	02:29:05	+01:26:00	14:55
327	2502	Ana Catarina Rodrigues da Silva	Os Vencedores	Senior Feminino	02:29:05	+01:26:00	14:55
328	2504	Diana Campos	Os Vencedores	Senior Feminino	02:29:08	+01:26:03	14:55
329	2505	Elsa Silva	Os Vencedores	Senior Feminino	02:29:10	+01:26:05	14:55
330	2506	Susana Rodrigues Silva	Os Vencedores	Senior Feminino	02:29:11	+01:26:05	14:55
331	1808	CLAUDIA PATRICIA SILVA NOGUEIRA	JUVENTUDE LAMACENTA	Senior Feminino	02:29:16	+01:26:10	14:56
332	2042	Anabela Batista	Missão Impossível	Senior Feminino	02:29:21	+01:26:16	14:56
333	2043	Bárbara Pereira	Missão Impossível	Senior Feminino	02:29:22	+01:26:16	14:56
334	1060	Ana Valente	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	02:29:27	+01:26:22	14:57
335	1067	Mariana Valente	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	02:29:28	+01:26:22	14:57
336	2799	Liliana Raquel Batista Fernandes	Rhomanos	Senior Feminino	02:29:38	+01:26:33	14:58
337	485	Júlia Pinho	ARRASTÕES	Senior Feminino	02:29:41	+01:26:35	14:58
338	1227	Ana Paula Pereira	Equipa ELITE	Senior Feminino	02:29:49	+01:26:44	14:59
339	781	Maria Dulce Martins	Biofriends	Senior Feminino	02:29:52	+01:26:46	14:59
340	780	Ana Sancho	Biofriends	Senior Feminino	02:29:52	+01:26:47	14:59
341	779	Ana Paula Alves Lopes	Biofriends	Senior Feminino	02:29:54	+01:26:49	14:59
342	514	Joana Pinho	Arsenal de Canelas	Senior Feminino	02:29:59	+01:26:54	15:00
343	875	Sara Tavares	Calisthenics ABP	Senior Feminino	02:30:23	+01:27:18	15:02
344	3193	Ana Sofia Carvalho Marques de Oliveira	Vamos tentar não morrer!	Senior Feminino	02:30:43	+01:27:38	15:04
345	3192	Ana Raquel Barreto e Silva Oliveira	Vamos tentar não morrer!	Senior Feminino	02:30:43	+01:27:38	15:04
346	3194	Marta Azevedo	Vamos tentar não morrer!	Senior Feminino	02:30:44	+01:27:39	15:04
347	1857	Ana Almeida	Kit Aventura	Senior Feminino	02:31:23	+01:28:18	15:08
348	801	Eva Ribeiro	BioSerranos	Senior Feminino	02:31:29	+01:28:23	15:09
349	800	Ana Sofia Oliveira	BioSerranos	Senior Feminino	02:31:29	+01:28:24	15:09
350	804	Liliana Costa	BioSerranos	Senior Feminino	02:31:29	+01:28:24	15:09
351	802	Iva Brás	BioSerranos	Senior Feminino	02:31:30	+01:28:24	15:09
352	385	Filipa Pereira	A seita que dói menos	Senior Feminino	02:31:42	+01:28:37	15:10
353	384	Cristina Castro	A seita que dói menos	Senior Feminino	02:31:42	+01:28:37	15:10
354	1753	INÊS SANTOS	ISVOUGA	Senior Feminino	02:31:45	+01:28:40	15:11

Official Timekeeper: Lap2Go	8 / 62	generate 28-set.-2024 19:56
-----------------------------	--------	-----------------------------

10KM

[illegible]

10 KM

OFFICIAL RESULT

[illegible]

355	3206	Vera Rodrigues	Warrior NaN	Senior Feminino	02:31:46	+01:28:41	15:11
356	2904	Raquel Nogueira	Seita da lama	Senior Feminino	02:32:01	+01:28:55	15:12
357	2859	Juliana Silva Semedo	Santos da Lama	Senior Feminino	02:32:14	+01:29:09	15:13
358	2857	Ana Catarina Pereira da Silva	Santos da Lama	Senior Feminino	02:32:16	+01:29:11	15:14
359	2898	Auria Santos	Seita da lama	Senior Feminino	02:32:20	+01:29:15	15:14
360	1840	Cristina Gomes	Kamikaze	Senior Feminino	02:32:22	+01:29:16	15:14
361	2276	Ana Cristina Duarte de Abreu e Sousa	Os Fânânã	Senior Feminino	02:32:27	+01:29:22	15:15
362	2278	Fátima Alexandra da Silva Pires	Os Fânânã	Senior Feminino	02:32:28	+01:29:23	15:15
363	2277	Ana Margarida Rodrigues Reais Pinto	Os Fânânã	Senior Feminino	02:32:29	+01:29:24	15:15
364	1322	Bruna Mourão	Fast & F@cidos	Senior Feminino	02:32:39	+01:29:34	15:16
365	2140	Susana Cristina de Almeida Quintinha	Nucleares	Senior Feminino	02:32:52	+01:29:47	15:17
366	2138	Melisa Maria Teixeira Almeida	Nucleares	Senior Feminino	02:32:52	+01:29:47	15:17
367	2139	Sara Margarida Quintinha dos Santos	Nucleares	Senior Feminino	02:32:52	+01:29:47	15:17
368	2135	Isabel Maria Cortês de Oliveira	Nucleares	Senior Feminino	02:32:52	+01:29:47	15:17
369	2136	Marta Cecília Quintinha dos Santos	Nucleares	Senior Feminino	02:32:53	+01:29:48	15:17
370	2137	Marta Gomes Fernandes Pereira	Nucleares	Senior Feminino	02:32:53	+01:29:48	15:17
371	2134	Bárbara roque Miranda	Nucleares	Senior Feminino	02:32:53	+01:29:48	15:17
372	457	Isabel Barbosa	Alfazemos	Senior Feminino	02:33:05	+01:30:00	15:19
373	456	Carolina Sacramento	Alfazemos	Senior Feminino	02:33:05	+01:30:00	15:19
374	3221	Fernanda Silva	ZsaZsas	Senior Feminino	02:33:21	+01:30:16	15:20
375	3224	MONICA MARTINEZ	ZsaZsas	Senior Feminino	02:33:22	+01:30:17	15:20
376	2798	Liliana Cerveira Oliveira	Rhomanos	Senior Feminino	02:33:23	+01:30:18	15:20
377	1325	Leticia Pereira	Fast & F@cidos	Senior Feminino	02:33:23	+01:30:18	15:20
378	1323	Filipa Cardoso	Fast & F@cidos	Senior Feminino	02:33:23	+01:30:18	15:20
379	1321	Beatriz Barranquinho	Fast & F@cidos	Senior Feminino	02:33:24	+01:30:19	15:20
380	1324	Joana Guimarães	Fast & F@cidos	Senior Feminino	02:33:25	+01:30:19	15:20
381	1328	Raquel Matos	Fast & F@cidos	Senior Feminino	02:33:26	+01:30:21	15:21
382	1329	Sónia Reis	Fast & F@cidos	Senior Feminino	02:33:28	+01:30:22	15:21
383	1327	Patricia Ramos	Fast & F@cidos	Senior Feminino	02:33:28	+01:30:23	15:21
384	2581	Raquel Carinha	PLAYGROUND	Senior Feminino	02:33:33	+01:30:28	15:21
385	2496	Eugénia Maria Martins Arede	Os Valmayorkinos	Senior Feminino	02:33:39	+01:30:33	15:22
386	2497	Maria da Luz Tavares Pereira	Os Valmayorkinos	Senior Feminino	02:33:43	+01:30:38	15:22
387	2498	Tania Filipa Coutinho	Os Valmayorkinos	Senior Feminino	02:33:43	+01:30:38	15:22
388	1718	Adelaide Marques	Individual	Senior Feminino	02:34:22	+01:31:16	15:26
389	641	FÁTIMA ALEXANDRA SILVA CORREIA FERNANDES	Associação Atlética de Avanca	Senior Feminino	02:34:55	+01:31:50	15:30
390	639	CATARINA DA CONCEIÇÃO REIS DE MATOS	Associação Atlética de Avanca	Senior Feminino	02:34:56	+01:31:50	15:30
391	638	ANA ALEXANDRA REIS DE MATOS MOREIRA LEITE	Associação Atlética de Avanca	Senior Feminino	02:34:56	+01:31:51	15:30
392	643	SANDRA MARGARIDA MAGALHÃES SILVA	Associação Atlética de Avanca	Senior Feminino	02:34:56	+01:31:51	15:30
393	2992	Eddy Dominguez	Tartarugas Ninja	Senior Feminino	02:35:00	+01:31:54	15:30
394	640	CHRISTELLE DIAS FERRÃO	Associação Atlética de Avanca	Senior Feminino	02:35:03	+01:31:58	15:30
395	642	MARIA NATÉRCIA DA SILVA OLIVEIRA JESUS	Associação Atlética de Avanca	Senior Feminino	02:35:03	+01:31:58	15:30
396	2993	Filomena Martins	Tartarugas Ninja	Senior Feminino	02:35:04	+01:31:59	15:30
397	1472	Aida Silva	Funcional Team	Senior Feminino	02:35:10	+01:32:05	15:31

Official Timekeeper: Lap2Go	9 / 62	generate 28-set.-2024 19:56
-----------------------------	--------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

398	2565	LYDIE SOPHIE MARTINS PEREIRA	Plasticos JOLUCE	Senior Feminino	02:35:40	+01:32:35	15:34
399	2563	CARINA OLIVEIRA REIS SANTOS	Plasticos JOLUCE	Senior Feminino	02:35:40	+01:32:35	15:34
400	2562	ANA SORAIA MARTINS VALENTE	Plasticos JOLUCE	Senior Feminino	02:35:40	+01:32:35	15:34
401	2564	CÉLIA MARISA DE MATOS COSTA	Plasticos JOLUCE	Senior Feminino	02:35:41	+01:32:36	15:34
402	905	Mafalda Trindade	Caracóis LDA	Senior Feminino	02:35:49	+01:32:44	15:35
403	904	Luísa Coelho	Caracóis LDA	Senior Feminino	02:35:50	+01:32:44	15:35
404	903	Lia Silva	Caracóis LDA	Senior Feminino	02:35:50	+01:32:44	15:35
405	2592	Claudia Fernandes	Politogethers	Senior Feminino	02:36:08	+01:33:02	15:37
406	2596	Joana Maria Cruz Pinto	Politogethers	Senior Feminino	02:36:11	+01:33:05	15:37
407	2236	Ana Luisa	Os Bravos	Senior Feminino	02:36:27	+01:33:22	15:39
408	2241	Rute Marques	Os Bravos	Senior Feminino	02:36:28	+01:33:22	15:39
409	2489	Ana Letícia Costa Almeida	Os trambolheiros	Senior Feminino	02:36:38	+01:33:33	15:40
410	2490	Patrícia Alexandra Lopes Costa	Os trambolheiros	Senior Feminino	02:36:41	+01:33:36	15:40
411	657	Marta Sofia Rodrigues Baptista e Oliveira	ASSOCIACAO CULTURAL DE SALREU	Senior Feminino	02:37:06	+01:34:01	15:43
412	2243	Sara Fernandes	Os Bravos	Senior Feminino	02:37:28	+01:34:23	15:45
413	2240	Isabel Marques	Os Bravos	Senior Feminino	02:37:31	+01:34:26	15:45
414	2238	Fátima Pinho	Os Bravos	Senior Feminino	02:37:32	+01:34:27	15:45
415	2244	Soraia Fernandes	Os Bravos	Senior Feminino	02:37:34	+01:34:29	15:45
416	2901	Constança Matos	Seita da lama	Senior Feminino	02:37:35	+01:34:30	15:46
417	2900	Celia Azevedo	Seita da lama	Senior Feminino	02:37:36	+01:34:31	15:46
418	2899	Carla Rosa	Seita da lama	Senior Feminino	02:37:36	+01:34:31	15:46
419	2897	Ana Matos	Seita da lama	Senior Feminino	02:37:36	+01:34:31	15:46
420	2902	Elsa Costa	Seita da lama	Senior Feminino	02:37:36	+01:34:31	15:46
421	2903	Paula Costa	Seita da lama	Senior Feminino	02:37:36	+01:34:31	15:46
422	2908	Margarida Rosa	Seita da lama	Senior Feminino	02:37:37	+01:34:31	15:46
423	2905	Susana Ferreira	Seita da lama	Senior Feminino	02:37:37	+01:34:32	15:46
424	399	Ana Rafaela Monte Oliveira	Active Studio	Senior Feminino	02:37:39	+01:34:34	15:46
425	2829	Carolina Sona	Salta e cai	Senior Feminino	02:37:46	+01:34:41	15:47
426	2828	Juliana Borges Costa	Salta e cai	Senior Feminino	02:37:47	+01:34:42	15:47
427	624	Ana Pinheiro	ASIG	Senior Feminino	02:37:47	+01:34:42	15:47
428	395	Adelaide Reis	Active Studio	Senior Feminino	02:37:48	+01:34:43	15:47
429	2831	Joana Santos	Salta e cai	Senior Feminino	02:37:50	+01:34:44	15:47
430	400	Andreia Sofia Freire da costa	Active Studio	Senior Feminino	02:37:50	+01:34:45	15:47
431	409	Sónia Cristina Gomes Valente Ferreira	Active Studio	Senior Feminino	02:37:50	+01:34:45	15:47
432	404	Helena Maria Martins Marques Dias	Active Studio	Senior Feminino	02:37:50	+01:34:45	15:47
433	2830	Cátia Marques	Salta e cai	Senior Feminino	02:37:50	+01:34:45	15:47
434	410	Vanessa Costa	Active Studio	Senior Feminino	02:37:51	+01:34:45	15:47
435	408	Sara Marisa Fernandes Pereira	Active Studio	Senior Feminino	02:37:51	+01:34:46	15:47
436	1085	Ana Raquel Moutinho de Abreu	CROSS VASSOURAS	Senior Feminino	02:37:58	+01:34:53	15:48
437	1090	Marta Sofia lancha Rocha	CROSS VASSOURAS	Senior Feminino	02:37:58	+01:34:53	15:48
438	2421	Sandra Fonseca	Os Pangaio	Senior Feminino	02:38:02	+01:34:56	15:48
439	1087	Carla Maria Carneiro Soares Silva	CROSS VASSOURAS	Senior Feminino	02:38:03	+01:34:58	15:48
440	1086	Ângela Maria de Jesus Gaspar Silva	CROSS VASSOURAS	Senior Feminino	02:38:03	+01:34:58	15:48
441	623	Ana Ferreira	ASIG	Senior Feminino	02:38:04	+01:34:59	15:48
442	2578	Anabela Valente Arrojado	PLAYGROUND	Senior Feminino	02:38:06	+01:35:01	15:49
443	2078	Mónica Cruz	Murtosa Power Gym	Senior Feminino	02:38:10	+01:35:04	15:49

Official Timekeeper: Lap2Go	10 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

444	1386	Diana Rodrigues	FLOENE	Senior Feminino	02:38:10	+01:35:04	15:49
445	154	Rosa Maria Amador Rendeiro Rodrigues	PLAYGROUND	Senior Feminino	02:38:10	+01:35:05	15:49
446	3093	Joana Soares	Trepa de Estarreja	Senior Feminino	02:38:10	+01:35:05	15:49
447	2077	Inês Castro	Murtosa Power Gym	Senior Feminino	02:38:10	+01:35:05	15:49
448	1089	Maria Helena Baptista de Matos	CROSS VASSOURAS	Senior Feminino	02:38:11	+01:35:05	15:49
449	1088	Isabel Cravo	CROSS VASSOURAS	Senior Feminino	02:38:11	+01:35:06	15:49
450	1091	Vânia Alexandra Abreu Afonso	CROSS VASSOURAS	Senior Feminino	02:38:13	+01:35:07	15:49
451	1383	Ana Mafalda Mano	FLOENE	Senior Feminino	02:38:15	+01:35:10	15:49
452	2752	Ana Isabel Mendes Alves	Reumáticos & Etc	Senior Feminino	02:38:33	+01:35:28	15:51
453	2760	Flaviana Patrícia da Costa Teixeira	Reumáticos & Etc	Senior Feminino	02:38:37	+01:35:32	15:52
454	1854	Teresa Ferreira	Ketonetes	Senior Feminino	02:38:47	+01:35:42	15:53
455	3156	Fátima Sofia Vaz Lourenço	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:39:03	+01:35:58	15:54
456	1849	Margarida Figueiredo Dias	Ketonetes	Senior Feminino	02:39:33	+01:36:28	15:57
457	1848	Maria Martins	Ketonetes	Senior Feminino	02:39:34	+01:36:29	15:57
458	1851	Joana Alexandra Machado Nogueira	Ketonetes	Senior Feminino	02:39:35	+01:36:29	15:57
459	2204	Anita Soares Bandeira Simão	Os Bainas	Senior Feminino	02:39:43	+01:36:38	15:58
460	1361	Ana Isabel Barbosa Valente Sousa	Flamingos	Senior Feminino	02:40:04	+01:36:58	16:00
461	1367	Joana Catarina Fonseca Cirne	Flamingos	Senior Feminino	02:40:04	+01:36:59	16:00
462	2807	Raquel Rosa	Rompem Solas & Esvaziam Finos	Senior Feminino	02:40:05	+01:37:00	16:00
463	2805	Elisabete Mendes	Rompem Solas & Esvaziam Finos	Senior Feminino	02:40:08	+01:37:03	16:01
464	2806	Natália Costa	Rompem Solas & Esvaziam Finos	Senior Feminino	02:40:11	+01:37:06	16:01
465	1772	Teresa Lemos	IV Temporada	Senior Feminino	02:40:21	+01:37:15	16:02
466	1768	Carla Susana Marques da Silva Teixeira	IV Temporada	Senior Feminino	02:40:21	+01:37:16	16:02
467	1766	Ana Cristina da Luz Caineta	IV Temporada	Senior Feminino	02:40:21	+01:37:16	16:02
468	1370	Maria João Rebelo Dias	Flamingos	Senior Feminino	02:40:43	+01:37:38	16:04
469	516	Lenia Matos	Arsenal de Canelas	Senior Feminino	02:40:43	+01:37:38	16:04
470	505	Cristina Mendes	Arsenal de Canelas	Senior Feminino	02:40:45	+01:37:39	16:04
471	1362	Andreia Carina Sousa Camacho	Flamingos	Senior Feminino	02:40:45	+01:37:40	16:05
472	1369	Lurdes Filipa Tavares da Silva Maciel	Flamingos	Senior Feminino	02:40:46	+01:37:41	16:05
473	1368	Liane Carolina Sousa Camacho	Flamingos	Senior Feminino	02:40:47	+01:37:42	16:05
474	1365	Cátia Alexandra Correia Duarte	Flamingos	Senior Feminino	02:40:48	+01:37:42	16:05
475	1366	Diana Valente Pereira	Flamingos	Senior Feminino	02:40:48	+01:37:43	16:05
476	509	Graça Moita	Arsenal de Canelas	Senior Feminino	02:40:49	+01:37:43	16:05
477	1371	Maritza José Hernandez Jaramillo	Flamingos	Senior Feminino	02:40:51	+01:37:46	16:05
478	528	Raquel Barros	Arsenal de Canelas	Senior Feminino	02:40:52	+01:37:47	16:05
479	500	Clara Pinho	Arsenal de Canelas	Senior Feminino	02:41:01	+01:37:56	16:06
480	1360	Adriana Patrícia Brandão Tavares	Flamingos	Senior Feminino	02:41:06	+01:38:01	16:07
481	1283	Emília Ferreira Costa	Expulsivas	Senior Feminino	02:41:13	+01:38:08	16:07
482	1280	Ana Cristina Sousa Tavares	Expulsivas	Senior Feminino	02:41:13	+01:38:08	16:07
483	1285	Lora Sá	Expulsivas	Senior Feminino	02:41:13	+01:38:08	16:07
484	1282	Carla Morgado	Expulsivas	Senior Feminino	02:41:14	+01:38:09	16:07
485	1286	Mafalda Oliveira	Expulsivas	Senior Feminino	02:41:14	+01:38:09	16:07
486	1284	Liliana Passos	Expulsivas	Senior Feminino	02:41:14	+01:38:09	16:07
487	1281	Ana Paula Carvalho	Expulsivas	Senior Feminino	02:41:14	+01:38:09	16:07
488	977	Silvia Bidarra	CINÀBRIO	Senior Feminino	02:41:54	+01:38:49	16:11

Official Timekeeper: Lap2Go	11 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

489	976	Ana Bidarra	CINÁBRIO	Senior Feminino	02:41:54	+01:38:49	16:11
490	2107	Maria Gorete de Sousa Matos	NEPTUNO 2024	Senior Feminino	02:42:08	+01:39:03	16:13
491	2106	Ana Isabel Sotomaior Domingues Padrão Conde	NEPTUNO 2024	Senior Feminino	02:42:09	+01:39:04	16:13
492	2128	Carolina Silva	Noitadas team	Senior Feminino	02:42:11	+01:39:05	16:13
493	2129	Patrícia Correia	Noitadas team	Senior Feminino	02:42:11	+01:39:06	16:13
494	2130	Regina Pires	Noitadas team	Senior Feminino	02:42:11	+01:39:06	16:13
495	508	Fátima Costa	Arsenal de Canelas	Senior Feminino	02:42:26	+01:39:20	16:15
496	529	Rita de Cássia Abreu Freire dos Santos	Arsenal de Canelas	Senior Feminino	02:42:26	+01:39:21	16:15
497	535	Susana Pinto	Arsenal de Canelas	Senior Feminino	02:42:27	+01:39:21	16:15
498	1847	Matilde Lebre Vieira	Ketonetes	Senior Feminino	02:42:32	+01:39:26	16:15
499	1852	Maria Inês Andrade	Ketonetes	Senior Feminino	02:42:32	+01:39:27	16:15
500	1537	Gabriela Valentina	Geração UNO	Senior Feminino	02:43:00	+01:39:55	16:18
501	1535	Ana Cristina Dapper	Geração UNO	Senior Feminino	02:43:03	+01:39:58	16:18
502	1536	Cláudia Sofia de Oliveira Ferreira	Geração UNO	Senior Feminino	02:43:05	+01:39:59	16:18
503	397	Ana Margarida Tavares da Silva	Active Studio	Senior Feminino	02:43:07	+01:40:01	16:19
504	403	Filipa Sousa Martins Soares	Active Studio	Senior Feminino	02:43:09	+01:40:03	16:19
505	1967	Susana Gonçalves	LnForma	Senior Feminino	02:43:10	+01:40:04	16:19
506	1966	Paula Pinto	LnForma	Senior Feminino	02:43:12	+01:40:07	16:19
507	398	Ana Marta Silva Costa	Active Studio	Senior Feminino	02:43:15	+01:40:09	16:19
508	402	Claudia Filipa da Silva Afonso	Active Studio	Senior Feminino	02:43:17	+01:40:12	16:20
509	406	Maria José Ferreira da Costa	Active Studio	Senior Feminino	02:43:20	+01:40:14	16:20
510	405	Joana Rita Tavares Silva	Active Studio	Senior Feminino	02:43:29	+01:40:23	16:21
511	335	Fátima Colchete	10Treinadas	Senior Feminino	02:43:38	+01:40:33	16:22
512	334	Ana Luísa	10Treinadas	Senior Feminino	02:43:38	+01:40:33	16:22
513	336	Joana Sabino	10Treinadas	Senior Feminino	02:43:38	+01:40:33	16:22
514	338	Raquel Hipólito	10Treinadas	Senior Feminino	02:43:38	+01:40:33	16:22
515	342	Susana Ramos	10Treinadas	Senior Feminino	02:43:38	+01:40:33	16:22
516	340	Sara Sabino	10Treinadas	Senior Feminino	02:43:39	+01:40:33	16:22
517	337	Laura Almeida	10Treinadas	Senior Feminino	02:43:39	+01:40:34	16:22
518	339	Rita Dionísio	10Treinadas	Senior Feminino	02:43:39	+01:40:34	16:22
519	341	Sofia Dionísio	10Treinadas	Senior Feminino	02:43:39	+01:40:34	16:22
520	523	Matilde alegria Marçal	Arsenal de Canelas	Senior Feminino	02:44:09	+01:41:04	16:25
521	1230	Claudia Rebelo	Equipa ELITE	Senior Feminino	02:44:30	+01:41:25	16:27
522	1104	Marta Sofia Moreira Oliveira	Crunchy Team	Senior Feminino	02:45:04	+01:41:59	16:30
523	1101	Daniela Patrícia Dias de Campos	Crunchy Team	Senior Feminino	02:45:06	+01:42:00	16:31
524	1103	Filipa Alexandra da Silva Morais	Crunchy Team	Senior Feminino	02:45:06	+01:42:00	16:31
525	1100	Cláudia Marisa Sousa Oliveira	Crunchy Team	Senior Feminino	02:45:07	+01:42:01	16:31
526	1108	Paula Alexandra Guimarães Santos	Crunchy Team	Senior Feminino	02:45:07	+01:42:02	16:31
527	1106	Patrícia Liliana Rocha Alves Moreira	Crunchy Team	Senior Feminino	02:45:07	+01:42:02	16:31
528	1107	Patrícia Rocha Leão Campos	Crunchy Team	Senior Feminino	02:45:07	+01:42:02	16:31
529	1105	Odete Soraia Ferreira Oliveira	Crunchy Team	Senior Feminino	02:45:07	+01:42:02	16:31
530	1099	Cátia Alexandra Silva Araújo	Crunchy Team	Senior Feminino	02:45:08	+01:42:02	16:31
531	1102	Fátima Elisabete Teixeira Otero	Crunchy Team	Senior Feminino	02:45:08	+01:42:03	16:31
532	1234	Leonilde Santos	Equipa ELITE	Senior Feminino	02:45:25	+01:42:19	16:32
533	2304	Cristina alvarez	Os Indomáveis	Senior Feminino	02:45:39	+01:42:34	16:34
534	2310	Liliana soares	Os Indomáveis	Senior Feminino	02:45:39	+01:42:34	16:34

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

535	654	Lucia marrinhas	ASSOCIACAO CULTURAL DE SALREU	Senior Feminino	02:45:39	+01:42:34	16:34
536	2323	Susana Pereira	Os Indomáveis	Senior Feminino	02:45:40	+01:42:35	16:34
537	652	Cristina Tavares	ASSOCIACAO CULTURAL DE SALREU	Senior Feminino	02:45:42	+01:42:37	16:34
538	650	Carla Cristina Silva Oliveira	ASSOCIACAO CULTURAL DE SALREU	Senior Feminino	02:45:43	+01:42:38	16:34
539	646	Liliana Isabel Leite Godinho	Associação Atlética de Avanca	Senior Feminino	02:45:46	+01:42:41	16:35
540	1710	Maria Augusta Nunes	Iluminati	Senior Feminino	02:45:47	+01:42:42	16:35
541	930	Tânia Rainho	CenourasPregos&Colas	Senior Feminino	02:45:47	+01:42:42	16:35
542	658	Rosa Tavares	ASSOCIACAO CULTURAL DE SALREU	Senior Feminino	02:45:48	+01:42:43	16:35
543	655	Margarida Melo	ASSOCIACAO CULTURAL DE SALREU	Senior Feminino	02:45:48	+01:42:43	16:35
544	649	Ana Sousa	ASSOCIACAO CULTURAL DE SALREU	Senior Feminino	02:45:50	+01:42:45	16:35
545	927	Carla Branco	CenourasPregos&Colas	Senior Feminino	02:45:51	+01:42:46	16:35
546	928	Sandra Rocha	CenourasPregos&Colas	Senior Feminino	02:45:53	+01:42:48	16:35
547	1709	Inês Moreira	Iluminati	Senior Feminino	02:45:53	+01:42:48	16:35
548	653	Inês Sousa	ASSOCIACAO CULTURAL DE SALREU	Senior Feminino	02:46:06	+01:43:01	16:37
549	3223	Marta Lancastre	ZsaZsas	Senior Feminino	02:46:12	+01:43:07	16:37
550	3226	Susana Resende	ZsaZsas	Senior Feminino	02:46:14	+01:43:09	16:37
551	3222	Joana Cascais	ZsaZsas	Senior Feminino	02:46:19	+01:43:14	16:38
552	3075	Sandra Bonifácio Silva	Tir`ekéda	Senior Feminino	02:46:21	+01:43:15	16:38
553	3066	Liliana Melo	Tir`ekéda	Senior Feminino	02:46:26	+01:43:20	16:39
554	2266	Sara Bastos	OS CATRAIOS	Senior Feminino	02:46:28	+01:43:23	16:39
555	2199	Fabiana Raquel Sousa e Silva	Os Atrevidos	Senior Feminino	02:46:30	+01:43:24	16:39
556	821	Ana Isabel Simões Alves	Bombeiros VAV	Senior Feminino	02:46:30	+01:43:25	16:39
557	3062	Fátima Mendes	Tir`ekéda	Senior Feminino	02:46:39	+01:43:34	16:40
558	3070	Susana Pinto	Tir`ekéda	Senior Feminino	02:46:40	+01:43:35	16:40
559	2263	Cátia Alho	OS CATRAIOS	Senior Feminino	02:46:42	+01:43:36	16:40
560	3068	Maria João vidal	Tir`ekéda	Senior Feminino	02:46:43	+01:43:37	16:40
561	3064	Joana silva	Tir`ekéda	Senior Feminino	02:46:43	+01:43:38	16:40
562	2265	Liliana Leite	OS CATRAIOS	Senior Feminino	02:46:46	+01:43:41	16:41
563	2436	Eliana Dias	Os resistentes	Senior Feminino	02:47:15	+01:44:09	16:43
564	2439	Marlene Ferreira	Os resistentes	Senior Feminino	02:47:21	+01:44:16	16:44
565	2435	Cristina Ferreira	Os resistentes	Senior Feminino	02:47:27	+01:44:22	16:45
566	2437	Leonor Machado	Os resistentes	Senior Feminino	02:47:28	+01:44:23	16:45
567	1704	Cláudia Moreira	HRAqui	Senior Feminino	02:47:29	+01:44:24	16:45
568	2438	Maria Miguel	Os resistentes	Senior Feminino	02:47:29	+01:44:24	16:45
569	1705	Liliana Silva	HRAqui	Senior Feminino	02:47:31	+01:44:26	16:45
570	2432	Ana Pinto	Os resistentes	Senior Feminino	02:47:32	+01:44:27	16:45
571	2690	Susana Maria Tavares da Silva	QUEM TENSAI TEM TUDO	Senior Feminino	02:47:44	+01:44:39	16:46
572	2683	Carmen Ferreira da Costa	QUEM TENSAI TEM TUDO	Senior Feminino	02:47:45	+01:44:40	16:47
573	2687	Maria Alice Lopes da Silva	QUEM TENSAI TEM TUDO	Senior Feminino	02:47:46	+01:44:40	16:47
574	1222	Joana Serrano	Epic Athlete Project	Senior Feminino	02:47:46	+01:44:41	16:47
575	1220	Cibele Kehl	Epic Athlete Project	Senior Feminino	02:47:47	+01:44:42	16:47
576	1223	Teresa Baião	Epic Athlete Project	Senior Feminino	02:47:47	+01:44:42	16:47

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

577	1221	Inês Silva	Epic Athlete Project	Senior Feminino	02:47:47	+01:44:42	16:47
578	1219	Adelaide Silva	Epic Athlete Project	Senior Feminino	02:47:47	+01:44:42	16:47
579	319	Alice Almeida	100Juízo	Senior Feminino	02:47:50	+01:44:44	16:47
580	321	Micaela Jesus	100Juízo	Senior Feminino	02:47:50	+01:44:45	16:47
581	1583	Helena Isabel Marques Ferreira	Goofy's	Senior Feminino	02:48:13	+01:45:08	16:49
582	1584	Karina Araujo	Goofy's	Senior Feminino	02:48:16	+01:45:11	16:50
583	947	Patrícia Tavares	Cheios D'Lama	Senior Feminino	02:48:18	+01:45:13	16:50
584	1114	JOANA MONTEIRO	DARTACÃO	Senior Feminino	02:48:20	+01:45:15	16:50
585	946	Marta Oliveira	Cheios D'Lama	Senior Feminino	02:48:21	+01:45:16	16:50
586	945	Carmen Gonzalez	Cheios D'Lama	Senior Feminino	02:48:23	+01:45:18	16:50
587	1124	SIMONE SOUSA	DARTACÃO	Senior Feminino	02:48:25	+01:45:20	16:51
588	1127	VERA SILVA	DARTACÃO	Senior Feminino	02:48:37	+01:45:32	16:52
589	1115	JULIANA FRESCO	DARTACÃO	Senior Feminino	02:48:39	+01:45:34	16:52
590	1116	LUCIA MAGALHÃES	DARTACÃO	Senior Feminino	02:48:42	+01:45:37	16:52
591	1121	MARTA LIMAS	DARTACÃO	Senior Feminino	02:48:44	+01:45:39	16:52
592	1123	ROSARIO MONIZ	DARTACÃO	Senior Feminino	02:48:46	+01:45:41	16:53
593	1112	CRISTINA GRAÇA	DARTACÃO	Senior Feminino	02:48:48	+01:45:43	16:53
594	1109	ANA RUELA	DARTACÃO	Senior Feminino	02:48:50	+01:45:44	16:53
595	1122	MERCEDES CARVALHO	DARTACÃO	Senior Feminino	02:48:50	+01:45:45	16:53
596	2425	Maria Guilhermina Machado Carvalho	Os Principiantes	Senior Feminino	02:49:07	+01:46:01	16:55
597	2424	Lucília Manuela Valente Teixeira	Os Principiantes	Senior Feminino	02:49:07	+01:46:02	16:55
598	2426	Natália Dulce Alves Tavares Garrido	Os Principiantes	Senior Feminino	02:49:14	+01:46:09	16:55
599	1490	Isabel Coelho	Funcional Team	Senior Feminino	02:49:22	+01:46:16	16:56
600	1489	Iara Vendeiro Jesus	Funcional Team	Senior Feminino	02:49:48	+01:46:43	16:59
601	1484	Diana Martins	Funcional Team	Senior Feminino	02:49:48	+01:46:43	16:59
602	1485	Elisabete Pinto	Funcional Team	Senior Feminino	02:49:48	+01:46:43	16:59
603	1481	Conceição Maia	Funcional Team	Senior Feminino	02:49:49	+01:46:44	16:59
604	1671	ana paula	heróis reumáticos	Senior Feminino	02:50:30	+01:47:24	17:03
605	1672	andrea bastiao	heróis reumáticos	Senior Feminino	02:50:35	+01:47:30	17:03
606	1988	Tatiana Almeida	Los cricos	Senior Feminino	02:50:39	+01:47:34	17:04
607	1986	Beatriz Claro	Los cricos	Senior Feminino	02:50:44	+01:47:39	17:04
608	40	joana silva	embora sim bora la	Senior Feminino	02:50:45	+01:47:39	17:04
609	1987	Patrícia Ferreira	Los cricos	Senior Feminino	02:50:45	+01:47:40	17:04
610	41	mariana silva	embora sim bora la	Senior Feminino	02:50:49	+01:47:44	17:05
611	725	Sandra Amador	Benjis na Lama	Senior Feminino	02:50:52	+01:47:47	17:05
612	724	Raquel Pereira	Benjis na Lama	Senior Feminino	02:50:54	+01:47:49	17:05
613	722	Ana Tavares	Benjis na Lama	Senior Feminino	02:50:55	+01:47:50	17:05
614	723	Mónica Almeida	Benjis na Lama	Senior Feminino	02:50:56	+01:47:50	17:06
615	3001	Fernanda Cruz	Tartarugas Velozes	Senior Feminino	02:50:58	+01:47:53	17:06
616	557	Cláudia Gameiro	Benjis na Lama	Senior Feminino	02:51:04	+01:47:59	17:06
617	721	Ana Coelho	Benjis na Lama	Senior Feminino	02:51:08	+01:48:03	17:07
618	3003	Sara Oliveira	Tartarugas Velozes	Senior Feminino	02:51:10	+01:48:05	17:07
619	2997	Caridade Silva	Tartarugas Velozes	Senior Feminino	02:51:10	+01:48:05	17:07
620	3000	Elizabeth Osório	Tartarugas Velozes	Senior Feminino	02:51:10	+01:48:05	17:07
621	472	Mariana Monteiro	Arrasta o pé	Senior Feminino	02:51:22	+01:48:17	17:08
622	1937	Juliana de Almeida Pinto	Lebres	Senior Feminino	02:52:09	+01:49:04	17:13

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

623	1933	Cassilda Maria Gomes Almeida	Lebres	Senior Feminino	02:52:10	+01:49:05	17:13
624	1938	Patricia maria Almeida Pinto	Lebres	Senior Feminino	02:52:11	+01:49:05	17:13
625	2748	Cristina Silva	República da Bicla	Senior Feminino	02:52:14	+01:49:09	17:13
626	1842	Mariana Gomes Rodrigues	Kamikaze	Senior Feminino	02:52:20	+01:49:15	17:14
627	1841	Eugénia Bastos	Kamikaze	Senior Feminino	02:52:21	+01:49:16	17:14
628	1838	Ana Miranda	Kamikaze	Senior Feminino	02:52:22	+01:49:17	17:14
629	1839	Catarina Gomes	Kamikaze	Senior Feminino	02:52:23	+01:49:17	17:14
630	2974	Mariana Tedim	tamojuntos	Senior Feminino	02:52:33	+01:49:28	17:15
631	2973	Isabel Coelho	tamojuntos	Senior Feminino	02:52:35	+01:49:30	17:15
632	2972	Inês Salafranca	tamojuntos	Senior Feminino	02:52:35	+01:49:30	17:16
633	2317	Sandra Henriques	Os Indomáveis	Senior Feminino	02:52:38	+01:49:33	17:16
634	2316	Rosa Venâncio	Os Indomáveis	Senior Feminino	02:52:39	+01:49:34	17:16
635	2300	Anuska Lourenço	Os Indomáveis	Senior Feminino	02:52:40	+01:49:35	17:16
636	2299	Anabela Cunha	Os Indomáveis	Senior Feminino	02:52:41	+01:49:36	17:16
637	2315	Raquel Rodrigues	Os Indomáveis	Senior Feminino	02:52:43	+01:49:38	17:16
638	2297	Ana Esteves	Os Indomáveis	Senior Feminino	02:52:43	+01:49:38	17:16
639	2318	Sandra Rodrigues	Os Indomáveis	Senior Feminino	02:52:44	+01:49:38	17:16
640	2306	Fatima Tavares	Os Indomáveis	Senior Feminino	02:52:46	+01:49:40	17:17
641	912	Cátia Soares	CCD-Funfrap-Tupy	Senior Feminino	02:52:53	+01:49:48	17:17
642	1391	Liliana Santos	FLOENE	Senior Feminino	02:53:02	+01:49:56	17:18
643	1384	Ana Tavares	FLOENE	Senior Feminino	02:53:02	+01:49:57	17:18
644	1389	Leonor Santos	FLOENE	Senior Feminino	02:53:02	+01:49:57	17:18
645	3072	Vera viveiros	Tir`ekéda	Senior Feminino	02:53:14	+01:50:08	17:19
646	3065	Lidia ladeira	Tir`ekéda	Senior Feminino	02:53:19	+01:50:14	17:20
647	3067	Maria joao carneiro	Tir`ekéda	Senior Feminino	02:53:26	+01:50:21	17:21
648	3063	Joana carneiro	Tir`ekéda	Senior Feminino	02:53:28	+01:50:23	17:21
649	913	Irene Silva	CCD-Funfrap-Tupy	Senior Feminino	02:53:35	+01:50:29	17:21
650	909	Beatriz Sousa	CCD-Funfrap-Tupy	Senior Feminino	02:53:36	+01:50:30	17:22
651	914	Sara Baltazar	CCD-Funfrap-Tupy	Senior Feminino	02:53:37	+01:50:32	17:22
652	911	Catarina Correia	CCD-Funfrap-Tupy	Senior Feminino	02:53:38	+01:50:32	17:22
653	3054	Alexandra Silva	Tir`ekéda	Senior Feminino	02:53:38	+01:50:32	17:22
654	2301	Carla Santos	Os Indomáveis	Senior Feminino	02:53:47	+01:50:42	17:23
655	3058	Anabela pinho	Tir`ekéda	Senior Feminino	02:53:48	+01:50:43	17:23
656	2050	CLAUDIA ROCHA	Mixordias Sarranas	Senior Feminino	02:53:49	+01:50:44	17:23
657	2054	Margarida Vigário	Mixordias Sarranas	Senior Feminino	02:53:50	+01:50:44	17:23
658	1862	Sandra Maria Tavares Lagoeiro	Kit Aventura	Senior Feminino	02:53:51	+01:50:45	17:23
659	1863	Sílvia Valente de Almeida Marques	Kit Aventura	Senior Feminino	02:53:51	+01:50:45	17:23
660	785	Dina Sofia Almeida Loureiro Mendes	BioRacers do Texas	Senior Feminino	02:53:51	+01:50:46	17:23
661	1858	Cármén João Silva Lamego	Kit Aventura	Senior Feminino	02:53:51	+01:50:46	17:23
662	1859	Elisabete Maia Pereira	Kit Aventura	Senior Feminino	02:53:51	+01:50:46	17:23
663	1860	KEILA ANDREINA QUINTERO QUINTERO	Kit Aventura	Senior Feminino	02:53:51	+01:50:46	17:23
664	786	Ilidia Maria Carvalho Costa	BioRacers do Texas	Senior Feminino	02:53:52	+01:50:47	17:23
665	1861	Marina Henriques	Kit Aventura	Senior Feminino	02:53:53	+01:50:48	17:23
666	2047	Ana Vigário Tavares	Mixordias Sarranas	Senior Feminino	02:53:53	+01:50:48	17:23
667	2052	Manuela Santos	Mixordias Sarranas	Senior Feminino	02:53:54	+01:50:49	17:23
668	2053	Margarida Santos	Mixordias Sarranas	Senior Feminino	02:53:59	+01:50:54	17:24

Official Timekeeper: Lap2Go	15 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

669	367	Joana Silva	A Fuga das galinhas	Senior Feminino	02:54:18	+01:51:13	17:26
670	362	Beatriz Silva	A Fuga das galinhas	Senior Feminino	02:54:19	+01:51:14	17:26
671	982	Bianca Oliveira	CIRES RUNNING TEAM	Senior Feminino	02:54:49	+01:51:44	17:29
672	2257	VERA LUCIA FERNANDES TEIXEIRA	OS CAMOLAS	Senior Feminino	02:54:49	+01:51:44	17:29
673	3155	Ellsabete Santos da Rocha	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:54:49	+01:51:44	17:29
674	3172	Filipa de Sousa Trepa Alves Neto	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:54:49	+01:51:44	17:29
675	3147	Ana Raquel Martinho Carvalho	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:54:50	+01:51:44	17:29
676	3210	Carolina Bola	XPTO	Senior Feminino	02:54:51	+01:51:46	17:29
677	3212	Dina Graça	XPTO	Senior Feminino	02:54:52	+01:51:46	17:29
678	3153	Cristina Maria Simoes da Silva	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:54:52	+01:51:47	17:29
679	3060	Catia santos	Tir`ekéda	Senior Feminino	02:54:52	+01:51:47	17:29
680	3161	Mariana Ferreira Ribeiro	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:54:52	+01:51:47	17:29
681	2256	ROSA MARIA AGUIAR AMORIM	OS CAMOLAS	Senior Feminino	02:54:54	+01:51:48	17:29
682	3055	Ana Mateus	Tir`ekéda	Senior Feminino	02:54:54	+01:51:49	17:29
683	3152	Claudia Maria Pereira Pinto	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:54:55	+01:51:50	17:30
684	3158	Lara Ferreira Ribeiro	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:54:56	+01:51:50	17:30
685	3053	Alexandra Bastos	Tir`ekéda	Senior Feminino	02:54:56	+01:51:51	17:30
686	983	Inês Torres	CIRES RUNNING TEAM	Senior Feminino	02:55:00	+01:51:54	17:30
687	3165	SILVIA NUNES FERREIRA	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:55:00	+01:51:55	17:30
688	2533	Sara Ribeiro	patos bravos	Senior Feminino	02:55:01	+01:51:56	17:30
689	2534	Sara Vieira	patos bravos	Senior Feminino	02:55:02	+01:51:57	17:30
690	2532	Mariana Silva	patos bravos	Senior Feminino	02:55:03	+01:51:58	17:30
691	2531	Carolina Capela	patos bravos	Senior Feminino	02:55:04	+01:51:58	17:30
692	3148	Anabela da Cruz Costa	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:55:04	+01:51:59	17:30
693	2764	Nilda Margarida Parreira	Reumáticos & Etc	Senior Feminino	02:55:06	+01:52:00	17:31
694	3150	Belmira Maria Almeida Dias	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:55:07	+01:52:02	17:31
695	3163	Nancy Diaz	VAIS TU QUE EU NAO POSSO	Senior Feminino	02:55:08	+01:52:03	17:31
696	2707	Fabiana Paiva	RaceTfit	Senior Feminino	02:55:10	+01:52:04	17:31
697	2718	Tania Silva	RaceTfit	Senior Feminino	02:55:10	+01:52:05	17:31
698	2753	Ana Rita Lazaro Silva	Reumáticos & Etc	Senior Feminino	02:55:12	+01:52:07	17:31
699	1982	Cláudia Silva	Los Bagaceiros	Senior Feminino	02:55:12	+01:52:07	17:31
700	1981	Catarina Ferreira	Los Bagaceiros	Senior Feminino	02:55:13	+01:52:08	17:31
701	2768	Renata Oliveira Fonseca	Reumáticos & Etc	Senior Feminino	02:55:14	+01:52:09	17:31
702	2759	Flávia Oliveira Fonseca	Reumáticos & Etc	Senior Feminino	02:55:19	+01:52:14	17:32
703	839	Sara Neves	BoraBora, Vamos Lá!	Senior Feminino	02:55:23	+01:52:18	17:32
704	2771	Vanessa Alexandra Bento da Silva	Reumáticos & Etc	Senior Feminino	02:55:26	+01:52:21	17:33
705	2762	Liliana Oliveira da Silva	Reumáticos & Etc	Senior Feminino	02:55:28	+01:52:23	17:33
706	2770	Sara Raquel Fernandes Sarabando	Reumáticos & Etc	Senior Feminino	02:55:28	+01:52:23	17:33
707	2756	Carla Suzana Fernandes Martins	Reumáticos & Etc	Senior Feminino	02:55:29	+01:52:23	17:33
708	1693	Sofia Dias	Hipopotomonstrosesquipedaliofobia	Senior Feminino	02:55:29	+01:52:23	17:33
709	1023	Beatriz Ferreira	CODEPLAS Team	Senior Feminino	02:55:30	+01:52:25	17:33
710	1687	Ana Maria Castro Godinho	Hipopotomonstrosesquipedaliofobia	Senior Feminino	02:55:30	+01:52:25	17:33
711	1022	Ana Margarida	CODEPLAS Team	Senior Feminino	02:55:33	+01:52:27	17:33
712	837	Maria Ramos	BoraBora, Vamos Lá!	Senior Feminino	02:55:33	+01:52:27	17:33
713	1033	Telma Fonseca	CODEPLAS Team	Senior Feminino	02:55:33	+01:52:28	17:33

Official Timekeeper: Lap2Go	16 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

714	1688	Andreia Rafaela Silva Pereira	Hipopotomonstrosesquipedaliofobia	Senior Feminino	02:55:33	+01:52:28	17:33
715	1028	Joana Oliveira	CODEPLAS Team	Senior Feminino	02:55:34	+01:52:29	17:33
716	831	Ana Ribeiro	BoraBora, Vamos Lá!	Senior Feminino	02:55:34	+01:52:29	17:33
717	1029	Luísa Lopes	CODEPLAS Team	Senior Feminino	02:55:35	+01:52:30	17:34
718	833	Filipa Grilo	BoraBora, Vamos Lá!	Senior Feminino	02:55:35	+01:52:30	17:34
719	832	Dilma Silva	BoraBora, Vamos Lá!	Senior Feminino	02:55:35	+01:52:30	17:34
720	1025	Cidália Silva	CODEPLAS Team	Senior Feminino	02:55:35	+01:52:30	17:34
721	834	Joana Bexiga	BoraBora, Vamos Lá!	Senior Feminino	02:55:39	+01:52:34	17:34
722	383	Cátia Miranda	A seita que dói menos	Senior Feminino	02:55:43	+01:52:38	17:34
723	1030	Nádia Pinho	CODEPLAS Team	Senior Feminino	02:55:44	+01:52:39	17:34
724	1027	Dayanne Pinho	CODEPLAS Team	Senior Feminino	02:55:45	+01:52:40	17:34
725	343	Isabela Rodrigues	6 homens e 1 mulher	Senior Feminino	02:55:48	+01:52:42	17:35
726	1390	Licínia Frazão	FLOENE	Senior Feminino	02:55:54	+01:52:48	17:35
727	13	Stephanie Silvestre	Bombeiros VAV	Senior Feminino	02:55:57	+01:52:51	17:36
728	1983	Marta Almeida	Los Bagaceiros	Senior Feminino	02:56:07	+01:53:02	17:37
729	493	Anabela ferreira	Arsenal de Canelas	Senior Feminino	02:56:07	+01:53:02	17:37
730	1497	Patrícia Carvalho	Funcional Team	Senior Feminino	02:56:12	+01:53:07	17:37
731	1482	Cristina Carvalho	Funcional Team	Senior Feminino	02:56:13	+01:53:07	17:37
732	522	Marta Viana	Arsenal de Canelas	Senior Feminino	02:56:14	+01:53:09	17:37
733	1502	Vera Rebelo Paula	Funcional Team	Senior Feminino	02:56:16	+01:53:11	17:38
734	1306	Lia Fernandes	FALTA MUITO?	Senior Feminino	02:56:18	+01:53:12	17:38
735	1305	Juliana Machado	FALTA MUITO?	Senior Feminino	02:56:18	+01:53:13	17:38
736	1303	Amanda Fernandes	FALTA MUITO?	Senior Feminino	02:56:20	+01:53:14	17:38
737	517	Leonor Tavares	Arsenal de Canelas	Senior Feminino	02:56:20	+01:53:15	17:38
738	519	Mafalda Lemos	Arsenal de Canelas	Senior Feminino	02:56:20	+01:53:15	17:38
739	1398	Vera Marques	FLOENE	Senior Feminino	02:56:21	+01:53:16	17:38
740	497	Carla Alegria	Arsenal de Canelas	Senior Feminino	02:56:21	+01:53:16	17:38
741	526	Patricia Duarte	Arsenal de Canelas	Senior Feminino	02:56:21	+01:53:16	17:38
742	366	Marisa Fernandes	A Fuga das galinhas	Senior Feminino	02:56:23	+01:53:17	17:38
743	363	Cátia Andrade	A Fuga das galinhas	Senior Feminino	02:56:23	+01:53:18	17:38
744	365	Lidia Costa	A Fuga das galinhas	Senior Feminino	02:56:24	+01:53:19	17:38
745	3130	Catarina Baltazar	Uma espécie de atleta	Senior Feminino	02:56:32	+01:53:26	17:39
746	3131	Catarina Silva	Uma espécie de atleta	Senior Feminino	02:56:37	+01:53:32	17:40
747	3129	Anabela Moutela	Uma espécie de atleta	Senior Feminino	02:56:41	+01:53:35	17:40
748	3016	Maria Gabriel	Team das tascas	Senior Feminino	02:56:42	+01:53:37	17:40
749	3014	Beatriz Alexandre	Team das tascas	Senior Feminino	02:56:43	+01:53:38	17:40
750	3015	Bruna Araujo	Team das tascas	Senior Feminino	02:56:44	+01:53:38	17:40
751	2072	Ana Rufino	Mud Masters	Senior Feminino	02:56:45	+01:53:40	17:41
752	2074	Cristina Dias	Mud Masters	Senior Feminino	02:56:45	+01:53:40	17:41
753	2073	Aurora Soares	Mud Masters	Senior Feminino	02:56:47	+01:53:42	17:41
754	527	Paula Matias	Arsenal de Canelas	Senior Feminino	02:56:50	+01:53:44	17:41
755	1289	Cristiana Sofia Ferreira da Silva	Fait Fait	Senior Feminino	02:57:05	+01:53:59	17:42
756	1291	Fabiana Alexandra Sousa Duarte	Fait Fait	Senior Feminino	02:57:06	+01:54:01	17:43
757	2487	Karina Marques	Os tendinites	Senior Feminino	02:57:09	+01:54:04	17:43
758	1288	Cátia Daniela Moreira da Conceição	Fait Fait	Senior Feminino	02:57:12	+01:54:07	17:43
759	1061	Beatriz Barciela	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	02:57:14	+01:54:09	17:43

Official Timekeeper: Lap2Go	17 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

760	1070	Sofia Ventura	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	02:57:15	+01:54:10	17:43
761	1062	Filipa Silva	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	02:57:17	+01:54:12	17:44
762	1290	Daniela Sofia da Silva Conceição	Fait Fait	Senior Feminino	02:57:17	+01:54:12	17:44
763	1072	Vanessa Brandão	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	02:57:21	+01:54:16	17:44
764	1066	Maria de Fátima Costa Albuquerque	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	02:57:21	+01:54:16	17:44
765	1069	Patrícia Amaro	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	02:57:22	+01:54:16	17:44
766	1063	Gabriela Maria Silva Pereira	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	02:57:22	+01:54:17	17:44
767	870	Kátiusca Elizabeth de Abreu Faria	Caetano Auto, .S.A	Senior Feminino	02:57:24	+01:54:19	17:44
768	1065	Isabella Rusconi	CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	02:57:29	+01:54:24	17:45
769	868	Carla Alexandra Ferreira Ferro	Caetano Auto, .S.A	Senior Feminino	02:57:32	+01:54:26	17:45
770	869	Carla Isabel Quita Santos	Caetano Auto, .S.A	Senior Feminino	02:57:33	+01:54:27	17:45
771	498	Carolina Tomé Silva	Arsenal de Canelas	Senior Feminino	02:57:58	+01:54:53	17:48
772	490	Ana Bela Tomé	Arsenal de Canelas	Senior Feminino	02:58:00	+01:54:54	17:48
773	521	Marina Raposeiro	Arsenal de Canelas	Senior Feminino	02:58:00	+01:54:55	17:48
774	814	Maria José Cardoso	BNPatos	Senior Feminino	02:58:01	+01:54:56	17:48
775	815	Raquel Ferreira	BNPatos	Senior Feminino	02:58:01	+01:54:56	17:48
776	813	Ana Nogueira	BNPatos	Senior Feminino	02:58:01	+01:54:56	17:48
777	812	Amelle Cardoso	BNPatos	Senior Feminino	02:58:01	+01:54:56	17:48
778	1954	Carminda correia costa	Lebres Lentas & COmpanhia	Senior Feminino	02:58:25	+01:55:19	17:50
779	1952	Ana Leal	Lebres Lentas & COmpanhia	Senior Feminino	02:58:25	+01:55:20	17:50
780	1956	Isabel Gonçalves	Lebres Lentas & COmpanhia	Senior Feminino	02:58:25	+01:55:20	17:50
781	1957	Madalena Simões	Lebres Lentas & COmpanhia	Senior Feminino	02:58:25	+01:55:20	17:50
782	1955	Filipa Costa Saraiva	Lebres Lentas & COmpanhia	Senior Feminino	02:58:25	+01:55:20	17:51
783	1958	Maria Célia Cardoso Godinho Gaspar	Lebres Lentas & COmpanhia	Senior Feminino	02:58:26	+01:55:20	17:51
784	1961	Veronica neves Costa	Lebres Lentas & COmpanhia	Senior Feminino	02:58:26	+01:55:20	17:51
785	1960	Paula Pacheco	Lebres Lentas & COmpanhia	Senior Feminino	02:58:26	+01:55:20	17:51
786	1959	Muriela coelho das Neves	Lebres Lentas & COmpanhia	Senior Feminino	02:58:26	+01:55:21	17:51
787	2884	Joana Isabel de Sá Paula Mendonça	Sedentários da Secretária	Senior Feminino	02:58:27	+01:55:22	17:51
788	2886	Maria Fernanda Ferreira Pinto	Sedentários da Secretária	Senior Feminino	02:58:28	+01:55:23	17:51
789	2889	Maria Morais	Sedentários da Secretária	Senior Feminino	02:58:31	+01:55:26	17:51
790	2885	Maria Fátima Paulo	Sedentários da Secretária	Senior Feminino	02:58:38	+01:55:33	17:52
791	3118	Fatima Jesus lima Ribeiro	Turminha	Senior Feminino	02:58:49	+01:55:43	17:53
792	3120	Nadia Neves Pereira	Turminha	Senior Feminino	02:58:50	+01:55:45	17:53
793	3116	Carla Susana Pereira Ferreira	Turminha	Senior Feminino	02:58:50	+01:55:45	17:53
794	3115	Carla Andreia Silva Rodrigues	Turminha	Senior Feminino	02:58:50	+01:55:45	17:53
795	3117	Cristina Pereira	Turminha	Senior Feminino	02:58:51	+01:55:46	17:53
796	3114	Bruna Ferreira Santos	Turminha	Senior Feminino	02:58:53	+01:55:48	17:53
797	325	Catarina Pais	103 Marretas	Senior Feminino	02:58:56	+01:55:51	17:54
798	1574	Teresa Cristina Nunes do Monte	Going Up Team	Senior Feminino	02:59:11	+01:56:06	17:55
799	1570	Ana Margarida Godinho Correia	Going Up Team	Senior Feminino	02:59:13	+01:56:07	17:55
800	326	Margarida Pais	103 Marretas	Senior Feminino	02:59:15	+01:56:10	17:56
801	1572	Jenny Esperanza Da Fonseca Carrilho	Going Up Team	Senior Feminino	02:59:16	+01:56:11	17:56
802	1571	Cátia Raquel Rodrigues Amaro	Going Up Team	Senior Feminino	02:59:21	+01:56:15	17:56
803	1569	Ana Catarina Pereira Leite	Going Up Team	Senior Feminino	02:59:21	+01:56:16	17:56
804	1573	Marília Patricia Rodrigues de Pinho	Going Up Team	Senior Feminino	02:59:24	+01:56:18	17:56
805	18	Nuria Tomaz	Bravo Ovar	Senior Feminino	02:59:27	+01:56:22	17:57

Official Timekeeper: Lap2Go	18 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

806	438	Liliana Patrícia dos Santos Boucinha	Ai ai que me dói tudo	Senior Feminino	02:59:28	+01:56:23	17:57
807	19	Sílvia Tomaz	Bravo Ovar	Senior Feminino	02:59:28	+01:56:23	17:57
808	16	Alexandra Ribeiro	Bravo Ovar	Senior Feminino	02:59:29	+01:56:24	17:57
809	440	Tânia Patrícia da Silva Vieira	Ai ai que me dói tudo	Senior Feminino	02:59:29	+01:56:24	17:57
810	435	Ana Filipa Belo Tavares	Ai ai que me dói tudo	Senior Feminino	02:59:31	+01:56:26	17:57
811	434	Ana Carolina Matos da Silva	Ai ai que me dói tudo	Senior Feminino	02:59:31	+01:56:26	17:57
812	439	Marisa Isabel Matos Silva	Ai ai que me dói tudo	Senior Feminino	02:59:33	+01:56:27	17:57
813	437	Cristiane Aparecida Ruzzi Bastos	Ai ai que me dói tudo	Senior Feminino	02:59:33	+01:56:27	17:57
814	436	Carina Elisabete Marques Abranches Guedes	Ai ai que me dói tudo	Senior Feminino	02:59:33	+01:56:28	17:57
815	2710	Márcia Coutinho	RaceTfit	Senior Feminino	02:59:43	+01:56:37	17:58
816	324	Ana Margarida Azevedo Paiva	103 Marretas	Senior Feminino	02:59:59	+01:56:54	18:00
817	857	Ana Nunes	Cá Estrondo	Senior Feminino	03:00:33	+01:57:28	18:03
818	1673	carina isabel tavares rodrigues	heróis reumáticos	Senior Feminino	03:00:36	+01:57:30	18:04
819	858	Carina Assunção	Cá Estrondo	Senior Feminino	03:00:36	+01:57:30	18:04
820	1675	goreti rocha	heróis reumáticos	Senior Feminino	03:00:36	+01:57:31	18:04
821	1674	claudia silva	heróis reumáticos	Senior Feminino	03:00:41	+01:57:36	18:04
822	1670	alexandra silva	heróis reumáticos	Senior Feminino	03:00:42	+01:57:37	18:04
823	1677	romina marques	heróis reumáticos	Senior Feminino	03:00:46	+01:57:41	18:05
824	2520	Maria Jacinta da Silva Maia	OUTIZAL Team	Senior Feminino	03:00:49	+01:57:44	18:05
825	2522	Maria Olívia de Carvalho Moreira Neves	OUTIZAL Team	Senior Feminino	03:00:50	+01:57:44	18:05
826	2519	Maria da Conceição Maia de Carvalho Reis	OUTIZAL Team	Senior Feminino	03:00:50	+01:57:45	18:05
827	1719	Cristina Simões	Individual	Senior Feminino	03:00:59	+01:57:54	18:06
828	2521	Maria Luísa da Silva Maia	OUTIZAL Team	Senior Feminino	03:01:00	+01:57:54	18:06
829	2951	Cristiana Reis	TainadasTeam	Senior Feminino	03:01:06	+01:58:00	18:07
830	2950	Cidália Carvalho	TainadasTeam	Senior Feminino	03:01:07	+01:58:01	18:07
831	2952	Fátima Poças	TainadasTeam	Senior Feminino	03:01:09	+01:58:04	18:07
832	2953	Marlene Couto	TainadasTeam	Senior Feminino	03:01:17	+01:58:11	18:08
833	626	Andréia Sá	Individual	Senior Feminino	03:01:17	+01:58:12	18:08
834	2957	Céu Melo	TainadasTeam	Senior Feminino	03:01:17	+01:58:12	18:08
835	3139	Beatriz Filipa Casqueira	Vai com tudo!	Senior Feminino	03:01:21	+01:58:16	18:08
836	3140	Jéssica Alexandra da Silva Maio	Vai com tudo!	Senior Feminino	03:01:22	+01:58:17	18:08
837	3137	Ana Beatriz Amaral Matias	Vai com tudo!	Senior Feminino	03:01:22	+01:58:17	18:08
838	1892	MICAELA ANDREIA DE PINHO ABREU	LAS MANQUITAS	Senior Feminino	03:01:34	+01:58:28	18:09
839	1894	VERA MÓNICA COSTA ANDRADE	LAS MANQUITAS	Senior Feminino	03:01:34	+01:58:29	18:09
840	1891	MARTA ANDREIA AZEVEDO DIAS	LAS MANQUITAS	Senior Feminino	03:01:35	+01:58:30	18:10
841	1886	ANA PATRÍCIA DE OLIVEIRA PAIVA DIOGO	LAS MANQUITAS	Senior Feminino	03:01:35	+01:58:30	18:10
842	1889	DIANA TAVARES	LAS MANQUITAS	Senior Feminino	03:01:35	+01:58:30	18:10
843	1893	PATRÍCIA ALEXANDRA PIRES OLIVEIRA SANTOS	LAS MANQUITAS	Senior Feminino	03:01:35	+01:58:30	18:10
844	3097	Mónica Pinho	Trepa de Estarreja	Senior Feminino	03:01:43	+01:58:37	18:10
845	3099	Sandra Aguiar	Trepa de Estarreja	Senior Feminino	03:01:46	+01:58:41	18:11
846	3095	Maria José	Trepa de Estarreja	Senior Feminino	03:01:46	+01:58:41	18:11
847	2166	Ana Filipa Leite	Os 100 pressa	Senior Feminino	03:01:46	+01:58:41	18:11
848	3094	Lara Teixeira	Trepa de Estarreja	Senior Feminino	03:01:49	+01:58:44	18:11

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

849	2167	Eliana Silva	Os 100 pressa	Senior Feminino	03:01:52	+01:58:47	18:11
850	2599	Lara Ribas	Politogethers	Senior Feminino	03:01:53	+01:58:48	18:11
851	3092	Daniela Andrade	Trepa de Estarreja	Senior Feminino	03:01:57	+01:58:52	18:12
852	2662	Carla Pires	Quase que participámos no ano passado	Senior Feminino	03:02:06	+01:59:00	18:13
853	2664	Verónica Pinho	Quase que participámos no ano passado	Senior Feminino	03:02:08	+01:59:02	18:13
854	2661	Andreia Lima	Quase que participámos no ano passado	Senior Feminino	03:02:23	+01:59:17	18:14
855	301	Inês Moura	#teachersONfire	Senior Feminino	03:02:23	+01:59:18	18:14
856	2663	Juliana Coelho	Quase que participámos no ano passado	Senior Feminino	03:02:23	+01:59:18	18:14
857	303	Lídia Aguiar	#teachersONfire	Senior Feminino	03:02:23	+01:59:18	18:14
858	302	Joana Oliveira	#teachersONfire	Senior Feminino	03:02:25	+01:59:19	18:14
859	304	Marisa Sousa	#teachersONfire	Senior Feminino	03:02:26	+01:59:21	18:15
860	306	Rita Melo	#teachersONfire	Senior Feminino	03:02:34	+01:59:29	18:15
861	1262	Ana Carvalho	Espalhabrasas	Senior Feminino	03:02:41	+01:59:35	18:16
862	732	Ana Patrícia Pinto Rodrigues Rocha	Bichos do Mato	Senior Feminino	03:02:44	+01:59:38	18:16
863	738	Rita Isabel Sobral Pereira	Bichos do Mato	Senior Feminino	03:02:47	+01:59:41	18:17
864	1264	Fátima Cândido	Espalhabrasas	Senior Feminino	03:02:53	+01:59:48	18:17
865	1268	Sonia Morais	Espalhabrasas	Senior Feminino	03:03:02	+01:59:57	18:18
866	2603	Nazaré Oliveira	Politogethers	Senior Feminino	03:03:11	+02:00:06	18:19
867	739	Sofia Isabel Pereira Tavares	Bichos do Mato	Senior Feminino	03:03:18	+02:00:12	18:20
868	731	Ana Cláudia Oliveira Duarte	Bichos do Mato	Senior Feminino	03:03:18	+02:00:13	18:20
869	737	Marta Susana dos Santos Torres	Bichos do Mato	Senior Feminino	03:03:18	+02:00:13	18:20
870	736	Lénia Amorim Graça Ramos	Bichos do Mato	Senior Feminino	03:03:18	+02:00:13	18:20
871	2792	Filipa Batista	RFM ao Quadrado	Senior Feminino	03:03:18	+02:00:13	18:20
872	734	Dora Maria Imaginário Brito Correia	Bichos do Mato	Senior Feminino	03:03:18	+02:00:13	18:20
873	735	Joana Patrícia Alves Oliveira Amaral	Bichos do Mato	Senior Feminino	03:03:19	+02:00:13	18:20
874	2793	Marcela Carneiro	RFM ao Quadrado	Senior Feminino	03:03:24	+02:00:19	18:20
875	859	Carina Pinho	Cá Estrondo	Senior Feminino	03:03:31	+02:00:26	18:21
876	861	Patrícia Augusta Soares de Oliveira	Cá Estrondo	Senior Feminino	03:03:39	+02:00:33	18:22
877	856	Alexandra Correia	Cá Estrondo	Senior Feminino	03:03:41	+02:00:35	18:22
878	2604	Sofia Martins	Politogethers	Senior Feminino	03:03:47	+02:00:42	18:23
879	2597	Joana pinho	Politogethers	Senior Feminino	03:03:48	+02:00:43	18:23
880	2591	Bruna Alves Dias	Politogethers	Senior Feminino	03:03:49	+02:00:43	18:23
881	1266	Luana Carvalho	Espalhabrasas	Senior Feminino	03:04:08	+02:01:02	18:25
882	1267	Marta Morais	Espalhabrasas	Senior Feminino	03:04:13	+02:01:08	18:25
883	1446	Joana Faria	FORQUILHAS	Senior Feminino	03:04:35	+02:01:30	18:28
884	1450	Rosa Oliveira	FORQUILHAS	Senior Feminino	03:04:43	+02:01:38	18:28
885	2228	Carolina Oliveira	Os Bodas	Senior Feminino	03:04:44	+02:01:39	18:28
886	1449	Paula Ferreira	FORQUILHAS	Senior Feminino	03:04:45	+02:01:40	18:29
887	1447	Maria Silva	FORQUILHAS	Senior Feminino	03:04:48	+02:01:43	18:29
888	1448	Patrícia Oliveira	FORQUILHAS	Senior Feminino	03:04:48	+02:01:43	18:29
889	2582	Sónia Cristina Da Silva Santos	PLAYGROUND	Senior Feminino	03:04:49	+02:01:44	18:29
890	2230	Leonor Reis	Os Bodas	Senior Feminino	03:04:51	+02:01:46	18:29
891	2229	Inês Tavares	Os Bodas	Senior Feminino	03:04:52	+02:01:47	18:29
892	153	Paula Cruz Silva	PLAYGROUND	Senior Feminino	03:04:54	+02:01:49	18:29

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

893	1445	Carla Baptista	FORQUILHAS	Senior Feminino	03:04:58	+02:01:53	18:30
894	2919	Mariana Pinho Santos	Seringas	Senior Feminino	03:05:40	+02:02:34	18:34
895	2917	Ana Catarina Videira Pinto	Seringas	Senior Feminino	03:05:41	+02:02:36	18:34
896	2922	Salomé Gomes Nunes	Seringas	Senior Feminino	03:05:41	+02:02:36	18:34
897	610	Diana Rafaela Norberto Raposo	As Demolidoras	Senior Feminino	03:05:44	+02:02:39	18:34
898	2170	Lília Raquel de Oliveira Nunes	Os Amigos da Coxinha de Frango	Senior Feminino	03:05:46	+02:02:41	18:35
899	612	Sónia Patrícia Salgado Coutinho	As Demolidoras	Senior Feminino	03:05:48	+02:02:43	18:35
900	609	Daniela Silva Dias Almeida	As Demolidoras	Senior Feminino	03:05:48	+02:02:43	18:35
901	611	Marisa Madalena Rodrigues Moreira	As Demolidoras	Senior Feminino	03:05:48	+02:02:43	18:35
902	1461	Maria de Lurdes Gomes Monteiro	Fugitive on the run	Senior Feminino	03:05:58	+02:02:52	18:36
903	1458	Carolina Monteiro Gaspar	Fugitive on the run	Senior Feminino	03:05:58	+02:02:53	18:36
904	1460	Joana Raquel Santos Lopes	Fugitive on the run	Senior Feminino	03:06:16	+02:03:11	18:38
905	1457	Bárbara Inês Ferreira Lopes	Fugitive on the run	Senior Feminino	03:06:17	+02:03:12	18:38
906	1462	Teresa Patrícia de Jesus Rosa	Fugitive on the run	Senior Feminino	03:06:20	+02:03:15	18:38
907	2395	Sofia Pereira	Os Lobos	Senior Feminino	03:06:54	+02:03:48	18:41
908	938	Patrícia Campos	Cereal Killers	Senior Feminino	03:06:58	+02:03:52	18:42
909	939	Vanessa Marisa Gomes Reis	Cereal Killers	Senior Feminino	03:06:58	+02:03:53	18:42
910	936	Ana Catarina Reis Oliveira Silva	Cereal Killers	Senior Feminino	03:06:59	+02:03:53	18:42
911	937	Ana Isabel Rios Pires	Cereal Killers	Senior Feminino	03:07:00	+02:03:54	18:42
912	2999	Daniela Tavares	Tartarugas Velozes	Senior Feminino	03:07:07	+02:04:02	18:43
913	3002	Isa Mantinhas	Tartarugas Velozes	Senior Feminino	03:07:07	+02:04:02	18:43
914	2459	Idília Raquel Loureira Antão Pereira	Os Super Bravos	Senior Feminino	03:07:30	+02:04:25	18:45
915	2457	Bruna Gabriela Cabral Silva	Os Super Bravos	Senior Feminino	03:07:32	+02:04:27	18:45
916	2456	Ana Lúcia Ferreira Azevedo	Os Super Bravos	Senior Feminino	03:07:33	+02:04:27	18:45
917	2460	Sara Margarida Ferreira Azevedo	Os Super Bravos	Senior Feminino	03:07:36	+02:04:31	18:46
918	2998	Caridade Tavares	Tartarugas Velozes	Senior Feminino	03:07:37	+02:04:32	18:46
919	2995	Ana Mafalda Cruz	Tartarugas Velozes	Senior Feminino	03:07:38	+02:04:32	18:46
920	3004	Vera Almeida	Tartarugas Velozes	Senior Feminino	03:07:39	+02:04:33	18:46
921	2458	João Miguel Lopes Mendes Cruz	Os Super Bravos	Senior Feminino	03:07:47	+02:04:41	18:47
922	752	Carla Barbosa	Bio Team	Senior Feminino	03:08:02	+02:04:57	18:48
923	765	Sofia Moreira	Bio Team	Senior Feminino	03:08:03	+02:04:57	18:48
924	756	Inês Santos	Bio Team	Senior Feminino	03:08:04	+02:04:59	18:48
925	759	Joana Silva	Bio Team	Senior Feminino	03:08:04	+02:04:59	18:48
926	746	Adriana Santos	Bio Team	Senior Feminino	03:08:05	+02:04:59	18:48
927	757	Isabel Rangel	Bio Team	Senior Feminino	03:08:05	+02:05:00	18:49
928	760	Manuela Aguiar	Bio Team	Senior Feminino	03:08:06	+02:05:01	18:49
929	2393	Débora Pinto	Os Lobos	Senior Feminino	03:08:25	+02:05:19	18:50
930	2117	Ana Almeida	Ninguém se decide	Senior Feminino	03:08:25	+02:05:20	18:50
931	2118	Ana Barbosa	Ninguém se decide	Senior Feminino	03:08:26	+02:05:20	18:51
932	2394	Leonor Freitas	Os Lobos	Senior Feminino	03:08:26	+02:05:20	18:51
933	2392	Carmo Pereira	Os Lobos	Senior Feminino	03:08:26	+02:05:20	18:51
934	2120	Eliana Almeida	Ninguém se decide	Senior Feminino	03:08:27	+02:05:22	18:51
935	2122	Sandra Tavares	Ninguém se decide	Senior Feminino	03:08:28	+02:05:23	18:51
936	2119	Diana Pinto	Ninguém se decide	Senior Feminino	03:08:29	+02:05:23	18:51
937	2121	Maria Lucília Marques Tavares de Almeida	Ninguém se decide	Senior Feminino	03:08:31	+02:05:25	18:51
938	2285	Ângela Cristina Dias da Silva Rocha	Os Fluoracilos	Senior Feminino	03:08:36	+02:05:31	18:52

Official Timekeeper: Lap2Go	21 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

939	2284	Andreia Moreira	Os Fluoracilos	Senior Feminino	03:08:36	+02:05:31	18:52
940	2286	Carla Sousa	Os Fluoracilos	Senior Feminino	03:08:36	+02:05:31	18:52
941	1042	Carla Candeias	Correr Fermelã ACADOF	Senior Feminino	03:08:37	+02:05:32	18:52
942	2287	Cátia Silva Nunes	Os Fluoracilos	Senior Feminino	03:08:40	+02:05:35	18:52
943	2289	Joana Sá	Os Fluoracilos	Senior Feminino	03:08:42	+02:05:37	18:52
944	2288	Elisabete Pereira	Os Fluoracilos	Senior Feminino	03:08:43	+02:05:38	18:52
945	1046	Dina Teiga	Correr Fermelã ACADOF	Senior Feminino	03:09:18	+02:06:13	18:56
946	1047	Gisela Maria da Silva Mello	Correr Fermelã ACADOF	Senior Feminino	03:09:19	+02:06:14	18:56
947	1310	Ana Filipa de Oliveira	Fam	Senior Feminino	03:09:35	+02:06:30	18:58
948	1311	Bruna Rafaela de Oliveira	Fam	Senior Feminino	03:09:35	+02:06:30	18:58
949	1312	Cristina Maria Marques de Oliveira	Fam	Senior Feminino	03:09:36	+02:06:30	18:58
950	1313	Fernanda Maria Fortunato de Oliveira	Fam	Senior Feminino	03:09:36	+02:06:31	18:58
951	1314	Neuza de Oliveira Fontinha	Fam	Senior Feminino	03:09:37	+02:06:31	18:58
952	1998	Viviana Gonçalves	Lutadores de Lama	Senior Feminino	03:09:38	+02:06:33	18:58
953	1990	Ana Oliveira	Lutadores de Lama	Senior Feminino	03:09:39	+02:06:34	18:58
954	1992	ELIANA PATRICIA DOS SANTOS OLIVEIRA	Lutadores de Lama	Senior Feminino	03:09:40	+02:06:34	18:58
955	2002	Eliana Carina Vieira Marques	Lutadores de Lama	Senior Feminino	03:09:42	+02:06:37	18:58
956	1228	Beatriz Gomes	Equipa ELITE	Senior Feminino	03:09:47	+02:06:41	18:59
957	1231	Elisabete Barbosa	Equipa ELITE	Senior Feminino	03:09:47	+02:06:42	18:59
958	1995	Marta Santos	Lutadores de Lama	Senior Feminino	03:10:11	+02:07:06	19:01
959	1993	Inês Picado	Lutadores de Lama	Senior Feminino	03:10:12	+02:07:07	19:01
960	1994	Maria Miranda	Lutadores de Lama	Senior Feminino	03:10:13	+02:07:07	19:01
961	1997	Vanda Oliveira	Lutadores de Lama	Senior Feminino	03:10:13	+02:07:08	19:01
962	1991	Bárbara Marques	Lutadores de Lama	Senior Feminino	03:10:14	+02:07:08	19:01
963	1996	Sonia Soares	Lutadores de Lama	Senior Feminino	03:10:14	+02:07:09	19:01
964	1150	Ana Luisa Santos Ribeiro	Dói-lá-lama	Senior Feminino	03:10:25	+02:07:20	19:02
965	1152	Janete Silva Borges	Dói-lá-lama	Senior Feminino	03:10:26	+02:07:21	19:03
966	1155	Sandra Manuela Pinto Gomes	Dói-lá-lama	Senior Feminino	03:10:28	+02:07:22	19:03
967	29	ANA RAQUEL SALGADO	Dói-lá-lama	Senior Feminino	03:10:34	+02:07:29	19:03
968	1151	Ana Silva	Dói-lá-lama	Senior Feminino	03:10:47	+02:07:41	19:05
969	2187	Elisa Martinez Minichini	Os Arrasta	Senior Feminino	03:11:02	+02:07:57	19:06
970	620	Sara Catarina Teixeira Almeida	As Tamancas	Senior Feminino	03:11:03	+02:07:57	19:06
971	621	Sónia Patricia Silva Vaz Oliveira Cirne	As Tamancas	Senior Feminino	03:11:03	+02:07:58	19:06
972	614	Celia da Conceição Abreu Freire dos Santos	As Tamancas	Senior Feminino	03:11:03	+02:07:58	19:06
973	619	Maria Do carmo Valente Moutinho	As Tamancas	Senior Feminino	03:11:03	+02:07:58	19:06
974	613	Andreia Filipa Oliveira Valente	As Tamancas	Senior Feminino	03:11:04	+02:07:58	19:06
975	617	Inês Tavares Rodrigues	As Tamancas	Senior Feminino	03:11:04	+02:07:59	19:06
976	3236	Alexandrina Marques	As Tamancas	Senior Feminino	03:11:04	+02:07:59	19:06
977	618	Isabel Leonor Violas de Sá	As Tamancas	Senior Feminino	03:11:05	+02:08:00	19:07
978	615	Dina Patricia Constatino Maia	As Tamancas	Senior Feminino	03:11:05	+02:08:00	19:07
979	981	Beatriz Marques da Cunha	CIRES RUNNING TEAM	Senior Feminino	03:11:09	+02:08:04	19:07
980	985	Soraia Sofia Pereira Martins	CIRES RUNNING TEAM	Senior Feminino	03:11:10	+02:08:05	19:07
981	980	Ana Cristina Marques Silva Cunha	CIRES RUNNING TEAM	Senior Feminino	03:11:13	+02:08:08	19:07
982	2186	Ana Cristina Afonso Pinto Silva	Os Arrasta	Senior Feminino	03:11:16	+02:08:11	19:08
983	2188	Rita Isabel Azevedo Silva	Os Arrasta	Senior Feminino	03:11:18	+02:08:13	19:08

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

984	1544	Crinalda Lês	GERAÇÕES DA BRECA	Senior Feminino	03:11:21	+02:08:16	19:08
985	2921	Otilia Andrade	Seringas	Senior Feminino	03:11:44	+02:08:39	19:10
986	2920	Marta Melo	Seringas	Senior Feminino	03:11:44	+02:08:39	19:10
987	1881	Maria Inês Pinho Duarte	La Gingas	Senior Feminino	03:11:45	+02:08:40	19:11
988	1882	Sofia Alves Gouveia	La Gingas	Senior Feminino	03:11:46	+02:08:41	19:11
989	1880	Ana Carolina Borges Ferreira	La Gingas	Senior Feminino	03:11:47	+02:08:42	19:11
990	3198	Graça Abrantes	Velozes e Preguiçosos	Senior Feminino	03:11:57	+02:08:52	19:12
991	3199	Magda Alexandra Combo Nunes	Velozes e Preguiçosos	Senior Feminino	03:12:00	+02:08:55	19:12
992	3200	Rute Abrantes	Velozes e Preguiçosos	Senior Feminino	03:12:03	+02:08:58	19:12
993	2601	Mariana Almeida	Politogethers	Senior Feminino	03:12:14	+02:09:08	19:13
994	2593	Fabiana Oliveira	Politogethers	Senior Feminino	03:12:14	+02:09:09	19:13
995	2594	Helena Isabel Amador Oliveira Pereira	Politogethers	Senior Feminino	03:12:19	+02:09:14	19:14
996	1546	Dora Exploradora	GERAÇÕES DA BRECA	Senior Feminino	03:12:20	+02:09:15	19:14
997	2587	Ana Bastos	Politogethers	Senior Feminino	03:12:29	+02:09:24	19:15
998	2590	Beatriz Teixeira	Politogethers	Senior Feminino	03:12:32	+02:09:27	19:15
999	2600	Liliana Melo	Politogethers	Senior Feminino	03:12:32	+02:09:27	19:15
1000	2598	Kátia Silva	Politogethers	Senior Feminino	03:12:34	+02:09:29	19:15
1001	2589	Andreia Sofia Tavares Oliveira	Politogethers	Senior Feminino	03:12:39	+02:09:33	19:16
1002	2595	Joana Margarida dos Reis Matos	Politogethers	Senior Feminino	03:12:40	+02:09:34	19:16
1003	1755	MÓNICA PATRICIA SANTOS FONSECA	ISVOUGA	Senior Feminino	03:13:00	+02:09:55	19:18
1004	313	Elizabeth a Marques	@corredoresdeua@	Senior Feminino	03:13:08	+02:10:03	19:19
1005	716	Sandra Pereira	Bamos Lá	Senior Feminino	03:13:09	+02:10:03	19:19
1006	712	Ana Claudia Alves de Moraes	Bamos Lá	Senior Feminino	03:13:09	+02:10:03	19:19
1007	713	Cândida Camarinha	Bamos Lá	Senior Feminino	03:13:09	+02:10:04	19:19
1008	717	Sónia Carreira	Bamos Lá	Senior Feminino	03:13:09	+02:10:04	19:19
1009	714	Claudia Costa	Bamos Lá	Senior Feminino	03:13:09	+02:10:04	19:19
1010	2552	Carolina Afonso	Pi Pi'	Senior Feminino	03:13:29	+02:10:24	19:21
1011	2554	Inês Filipe	Pi Pi'	Senior Feminino	03:13:29	+02:10:24	19:21
1012	2553	Carolina Ferreira	Pi Pi'	Senior Feminino	03:13:29	+02:10:24	19:21
1013	2551	Ana Margarida Coelho	Pi Pi'	Senior Feminino	03:13:29	+02:10:24	19:21
1014	2555	Maria Inês Lopes	Pi Pi'	Senior Feminino	03:13:30	+02:10:24	19:21
1015	1758	TÂNIA FILIPA TEIXEIRA GAMAS	ISVOUGA	Senior Feminino	03:13:47	+02:10:41	19:23
1016	1751	BEATRIZ FILIPA DE LIMA E SOUSA GAMAS	ISVOUGA	Senior Feminino	03:13:47	+02:10:42	19:23
1017	1757	SÓNIA CRISTINA SANTOS DE LIMA E SOUSA GAMAS	ISVOUGA	Senior Feminino	03:13:49	+02:10:44	19:23
1018	1756	PAULA CRISTINA PIMENTA TEIXEIRA	ISVOUGA	Senior Feminino	03:13:50	+02:10:45	19:23
1019	2717	Susana Santos	RaceTfit	Senior Feminino	03:14:07	+02:11:02	19:25
1020	2715	Sara Filipa Andrade Saraiva	RaceTfit	Senior Feminino	03:14:08	+02:11:03	19:25
1021	2709	Liliana Oliveira	RaceTfit	Senior Feminino	03:14:09	+02:11:04	19:25
1022	1552	Gracinda Soutinho	GERAÇÕES DA BRECA	Senior Feminino	03:14:11	+02:11:06	19:25
1023	1557	Tá Caro	GERAÇÕES DA BRECA	Senior Feminino	03:14:15	+02:11:10	19:26
1024	2713	Maria Silva	RaceTfit	Senior Feminino	03:14:16	+02:11:11	19:26
1025	2087	Rosa Abreu	Não rápidos , apenas furiosos	Senior Feminino	03:14:17	+02:11:11	19:26
1026	2084	Lina Manuela Almeida Fernandes de Carvalho	Não rápidos , apenas furiosos	Senior Feminino	03:14:17	+02:11:11	19:26
1027	2714	Sabina Jesus	RaceTfit	Senior Feminino	03:14:18	+02:11:13	19:26

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

1028	2716	Sara Marques	RaceTfit	Senior Feminino	03:14:18	+02:11:13	19:26
1029	2704	Cristina Almeida	RaceTfit	Senior Feminino	03:14:19	+02:11:13	19:26
1030	2706	Elisabete Santos	RaceTfit	Senior Feminino	03:14:19	+02:11:13	19:26
1031	2085	Maria Gomes	Não rápidos , apenas furiosos	Senior Feminino	03:14:20	+02:11:14	19:26
1032	2712	Maria Santos	RaceTfit	Senior Feminino	03:14:20	+02:11:15	19:26
1033	2086	Marina Silva	Não rápidos , apenas furiosos	Senior Feminino	03:14:20	+02:11:15	19:26
1034	2700	Mónica Sofia Mendes Pires	RaceTfit	Senior Feminino	03:14:21	+02:11:15	19:26
1035	2702	Ana Santos	RaceTfit	Senior Feminino	03:14:22	+02:11:16	19:26
1036	2711	Maria Lourenço	RaceTfit	Senior Feminino	03:14:23	+02:11:18	19:26
1037	2705	Diana Couras	RaceTfit	Senior Feminino	03:14:23	+02:11:18	19:26
1038	2719	Vera Lúcia Domingues Figueiredo	RaceTfit	Senior Feminino	03:14:25	+02:11:20	19:26
1039	630	Verónica Antunes	ASIG	Senior Feminino	03:14:30	+02:11:25	19:27
1040	2088	Rosa Valente	Não rápidos , apenas furiosos	Senior Feminino	03:14:30	+02:11:25	19:27
1041	625	Bruna Ferreira	ASIG	Senior Feminino	03:14:36	+02:11:30	19:28
1042	629	Vânia Ribeiro	ASIG	Senior Feminino	03:14:36	+02:11:31	19:28
1043	627	Joana Antunes	ASIG	Senior Feminino	03:14:36	+02:11:31	19:28
1044	628	Sandra Almeida	ASIG	Senior Feminino	03:14:49	+02:11:44	19:29
1045	2621	Clara Oliveira	Primas de Cortegaça	Senior Feminino	03:14:58	+02:11:53	19:30
1046	2626	Elsa Flora Oliveira Cardoso Reis	Primas de Cortegaça	Senior Feminino	03:15:04	+02:11:59	19:30
1047	2619	Anabela Almeida Tavares	Primas de Cortegaça	Senior Feminino	03:15:05	+02:12:00	19:31
1048	2622	Cláudia Maria Castro Silva	Primas de Cortegaça	Senior Feminino	03:15:08	+02:12:02	19:31
1049	2617	Ana Bela Silva	Primas de Cortegaça	Senior Feminino	03:15:10	+02:12:05	19:31
1050	823	Ana Sofia Vidal Marques	Bombeiros VAV	Senior Feminino	03:15:14	+02:12:09	19:31
1051	1050	Marlene Isabel Maia	Correr Fermelã ACADOF	Senior Feminino	03:15:36	+02:12:31	19:34
1052	1043	Carolina Oliveira Silva	Correr Fermelã ACADOF	Senior Feminino	03:15:42	+02:12:37	19:34
1053	1045	Daniela Filipa Rodrigues Pereira	Correr Fermelã ACADOF	Senior Feminino	03:15:44	+02:12:39	19:34
1054	1049	Lúcia valente	Correr Fermelã ACADOF	Senior Feminino	03:15:45	+02:12:39	19:34
1055	1048	Joana Figueiredo	Correr Fermelã ACADOF	Senior Feminino	03:15:46	+02:12:41	19:35
1056	1040	Andreia Lopes	Correr Fermelã ACADOF	Senior Feminino	03:15:59	+02:12:54	19:36
1057	1393	Rafaela Ferreira Leite	FLOENE	Senior Feminino	03:15:59	+02:12:54	19:36
1058	1044	Cristiana Almeida	Correr Fermelã ACADOF	Senior Feminino	03:16:00	+02:12:55	19:36
1059	1041	Carina Silva	Correr Fermelã ACADOF	Senior Feminino	03:16:07	+02:13:02	19:37
1060	1397	Soraia Ferreira	FLOENE	Senior Feminino	03:16:13	+02:13:07	19:37
1061	2312	Maria Alice	Os Indomáveis	Senior Feminino	03:16:24	+02:13:18	19:38
1062	2324	Susana vidal	Os Indomáveis	Senior Feminino	03:16:24	+02:13:19	19:38
1063	2302	Catarina Graça	Os Indomáveis	Senior Feminino	03:16:25	+02:13:20	19:39
1064	2311	Lúcia Amador	Os Indomáveis	Senior Feminino	03:16:26	+02:13:20	19:39
1065	2303	Cláudia miranda	Os Indomáveis	Senior Feminino	03:16:26	+02:13:21	19:39
1066	1399	Vera Santos	FLOENE	Senior Feminino	03:16:30	+02:13:25	19:39
1067	788	Regina Teixeira	BioRacers do Texas	Senior Feminino	03:17:29	+02:14:24	19:45
1068	789	Sandra Vaz da Silva Valente	BioRacers do Texas	Senior Feminino	03:17:31	+02:14:25	19:45
1069	790	Sonia Marisa Nunes Gala	BioRacers do Texas	Senior Feminino	03:17:45	+02:14:40	19:47
1070	792	Vera Lucia Pereira Marques	BioRacers do Texas	Senior Feminino	03:17:57	+02:14:52	19:48
1071	787	Ines Maria Neves Melo	BioRacers do Texas	Senior Feminino	03:18:09	+02:15:04	19:49
1072	784	Ana Claudia Moreira da Silva	BioRacers do Texas	Senior Feminino	03:18:10	+02:15:05	19:49
1073	373	Natália Silva	A Revolta dos Kangurus	Senior Feminino	03:18:13	+02:15:08	19:49

Official Timekeeper: Lap2Go	24 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

1074	2629	Leonor Marques Rodrigues	Primas de Cortegaça	Senior Feminino	03:18:14	+02:15:09	19:49
1075	2623	Daphnée Tavares	Primas de Cortegaça	Senior Feminino	03:18:16	+02:15:10	19:50
1076	2359	Bibiana Oliveira	Os LamaNoRabo	Senior Feminino	03:18:19	+02:15:13	19:50
1077	2360	Diana Fião	Os LamaNoRabo	Senior Feminino	03:18:19	+02:15:14	19:50
1078	2361	Inês Gomes	Os LamaNoRabo	Senior Feminino	03:18:20	+02:15:14	19:50
1079	2616	Adriana Ferreira Rodrigues	Primas de Cortegaça	Senior Feminino	03:18:24	+02:15:19	19:50
1080	2636	Raquel Ferreira Lamoso	Primas de Cortegaça	Senior Feminino	03:18:24	+02:15:19	19:50
1081	2624	Diana Oliveira Soares de Sá	Primas de Cortegaça	Senior Feminino	03:18:24	+02:15:19	19:50
1082	375	Vera Coelho	A Revolta dos Kangurus	Senior Feminino	03:18:27	+02:15:22	19:51
1083	374	Sara Vigário	A Revolta dos Kangurus	Senior Feminino	03:18:27	+02:15:22	19:51
1084	2618	Ana Maria Amaral Semblano	Primas de Cortegaça	Senior Feminino	03:18:31	+02:15:26	19:51
1085	2634	Matilde Marques Rodrigues	Primas de Cortegaça	Senior Feminino	03:18:33	+02:15:28	19:51
1086	2627	Florbela Silva Rodrigues	Primas de Cortegaça	Senior Feminino	03:18:33	+02:15:28	19:51
1087	2474	Susana Cerqueira	os tartarugas	Senior Feminino	03:19:12	+02:16:07	19:55
1088	2471	Daniela Neves Aguiar	os tartarugas	Senior Feminino	03:19:13	+02:16:08	19:55
1089	2467	Ana Gonzalez	os tartarugas	Senior Feminino	03:19:17	+02:16:12	19:56
1090	2475	Tatiana Dias	os tartarugas	Senior Feminino	03:19:19	+02:16:13	19:56
1091	2473	Rute Diana Flor Santos	os tartarugas	Senior Feminino	03:19:43	+02:16:37	19:58
1092	2472	Marisa Teixeira	os tartarugas	Senior Feminino	03:19:43	+02:16:38	19:58
1093	2468	Ana Marta Ribeiro Lopes da Silva	os tartarugas	Senior Feminino	03:19:44	+02:16:39	19:58
1094	2469	Cláudia Andias	os tartarugas	Senior Feminino	03:19:45	+02:16:40	19:58
1095	2470	Cláudia Sofia dos Anjos Pereira	os tartarugas	Senior Feminino	03:19:48	+02:16:43	19:59
1096	1545	Crinalda Nati	GERAÇÕES DA BRECA	Senior Feminino	03:19:53	+02:16:48	19:59
1097	1548	Enfermeira Ceifeira	GERAÇÕES DA BRECA	Senior Feminino	03:19:55	+02:16:50	20:00
1098	1550	Gestora Nini	GERAÇÕES DA BRECA	Senior Feminino	03:19:58	+02:16:52	20:00
1099	1547	Doutora Quadros	GERAÇÕES DA BRECA	Senior Feminino	03:20:05	+02:17:00	20:00
1100	1556	Princesa Léia	GERAÇÕES DA BRECA	Senior Feminino	03:20:06	+02:17:00	20:01
1101	1553	Luzinha Cristina	GERAÇÕES DA BRECA	Senior Feminino	03:20:06	+02:17:01	20:01
1102	1551	Gi Ferro	GERAÇÕES DA BRECA	Senior Feminino	03:20:07	+02:17:02	20:01
1103	1555	Prima Mijona	GERAÇÕES DA BRECA	Senior Feminino	03:20:19	+02:17:14	20:02
1104	1554	Não me toques	GERAÇÕES DA BRECA	Senior Feminino	03:20:20	+02:17:15	20:02
1105	1549	Fatinha Macieira	GERAÇÕES DA BRECA	Senior Feminino	03:20:20	+02:17:15	20:02
1106	603	Gisela Macedo	As Abroteas de corrida	Senior Feminino	03:21:02	+02:17:57	20:06
1107	605	Rita Gonçalves Marieiro	As Abroteas de corrida	Senior Feminino	03:21:36	+02:18:31	20:10
1108	606	Rosa Maria Baptista Rodrigues	As Abroteas de corrida	Senior Feminino	03:21:40	+02:18:34	20:10
1109	604	Lúcia Santos	As Abroteas de corrida	Senior Feminino	03:21:40	+02:18:35	20:10
1110	1809	CLAUDIA TAVARES	JUVENTUDE LAMACENTA	Senior Feminino	03:23:22	+02:20:17	20:20
1111	1817	MARIA FATIMA SA PEREIRA LEMOS	JUVENTUDE LAMACENTA	Senior Feminino	03:23:23	+02:20:18	20:20
1112	1810	JANETE FERNANDES VALENTE	JUVENTUDE LAMACENTA	Senior Feminino	03:23:23	+02:20:18	20:20
1113	1820	ROSA DOS ANJOS ALVES OLIVEIRA	JUVENTUDE LAMACENTA	Senior Feminino	03:23:23	+02:20:18	20:20
1114	1813	Maria Nunes Rocha	JUVENTUDE LAMACENTA	Senior Feminino	03:23:24	+02:20:19	20:20
1115	1806	CATIA SOFIA PINTO COSTA	JUVENTUDE LAMACENTA	Senior Feminino	03:23:25	+02:20:20	20:21
1116	1819	MARTA ALEXANDRA SOARES PINHO	JUVENTUDE LAMACENTA	Senior Feminino	03:23:27	+02:20:21	20:21
1117	1821	SILVIA TANIA MAGALHAES FERREIRA OLIVEIRA	JUVENTUDE LAMACENTA	Senior Feminino	03:23:27	+02:20:22	20:21
1118	1822	VERA LUCIA MAGALHÃES FERREIRA PINTO	JUVENTUDE LAMACENTA	Senior Feminino	03:23:28	+02:20:22	20:21

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

1119	1804	CATARINA MOREIRA	JUVENTUDE LAMACENTA	Senior Feminino	03:23:29	+02:20:23	20:21
1120	1902	Laura Patinez	Latinas	Senior Feminino	03:24:00	+02:20:55	20:24
1121	1916	Yolimar Duque	Latinas	Senior Feminino	03:24:01	+02:20:56	20:24
1122	1814	MARGARIDA MARIA SANTOS TAVARES	JUVENTUDE LAMACENTA	Senior Feminino	03:24:17	+02:21:12	20:26
1123	1816	Maria Adelaide Rocha Castro	JUVENTUDE LAMACENTA	Senior Feminino	03:24:18	+02:21:13	20:26
1124	1811	LILIANA DA SILVA FERREIRA	JUVENTUDE LAMACENTA	Senior Feminino	03:24:18	+02:21:13	20:26
1125	1805	CATIA SOFIA NEVES COSTA	JUVENTUDE LAMACENTA	Senior Feminino	03:24:18	+02:21:13	20:26
1126	1382	Ana Dias	FLOENE	Senior Feminino	03:24:20	+02:21:15	20:26
1127	1907	Mariela Caballero	Latinas	Senior Feminino	03:24:35	+02:21:30	20:28
1128	1906	Maria Teresa Solorzano	Latinas	Senior Feminino	03:24:39	+02:21:34	20:28
1129	1898	Eliram Bolívar	Latinas	Senior Feminino	03:24:42	+02:21:37	20:28
1130	1915	Yanet Lopez	Latinas	Senior Feminino	03:24:42	+02:21:37	20:28
1131	3033	Cláudia Andrade	Temos Jeito	Senior Feminino	03:25:04	+02:21:59	20:30
1132	2171	Susana Carla Alves Cardoso	Os Amigos da Coxinha de Frango	Senior Feminino	03:25:08	+02:22:03	20:31
1133	2172	Telma Filipa Alves Oliveira	Os Amigos da Coxinha de Frango	Senior Feminino	03:25:09	+02:22:04	20:31
1134	1204	ANA FILIPA MOUTELA	embora sim bora la	Senior Feminino	03:25:30	+02:22:25	20:33
1135	844	Ana Catarina Tavares Dias	Borra botas	Senior Feminino	03:25:35	+02:22:30	20:34
1136	848	Maria Tavares Reis	Borra botas	Senior Feminino	03:25:37	+02:22:32	20:34
1137	846	Filipa Micaela da Silva Mendes	Borra botas	Senior Feminino	03:25:39	+02:22:34	20:34
1138	849	Sónia Valente Lopes da silva	Borra botas	Senior Feminino	03:25:44	+02:22:39	20:34
1139	847	Joana Filipa Vasques Vaz	Borra botas	Senior Feminino	03:25:45	+02:22:40	20:34
1140	2440	Sara Vieira	Os resistentes	Senior Feminino	03:25:56	+02:22:51	20:36
1141	2434	Carla Pinto	Os resistentes	Senior Feminino	03:25:57	+02:22:51	20:36
1142	1209	Ana Rosa Ferreira	embora sim bora la	Senior Feminino	03:25:57	+02:22:51	20:36
1143	2441	Susana Teixeira	Os resistentes	Senior Feminino	03:25:57	+02:22:52	20:36
1144	1206	CUSTODIA SOUSA	embora sim bora la	Senior Feminino	03:25:58	+02:22:53	20:36
1145	2433	Ângela Brilhante	Os resistentes	Senior Feminino	03:25:59	+02:22:54	20:36
1146	465	Ana Manuela	Arrasta o pé	Senior Feminino	03:30:43	+02:27:38	21:04
1147	474	Susana Carneiro	Arrasta o pé	Senior Feminino	03:30:44	+02:27:38	21:04
1148	473	Rita Meinedo	Arrasta o pé	Senior Feminino	03:30:45	+02:27:40	21:04
1149	469	Joana González	Arrasta o pé	Senior Feminino	03:30:50	+02:27:45	21:05
1150	466	Andreia rocha	Arrasta o pé	Senior Feminino	03:30:53	+02:27:48	21:05
1151	471	Mariana Ferreira	Arrasta o pé	Senior Feminino	03:30:55	+02:27:50	21:06
1152	467	Bruna Lino	Arrasta o pé	Senior Feminino	03:30:59	+02:27:54	21:06
1153	468	Cláudia Rebelo	Arrasta o pé	Senior Feminino	03:31:06	+02:28:01	21:07
1154	959	Sandra Cristina Gonçalves	CHICKENRACE	Senior Feminino	03:31:30	+02:28:24	21:09
1155	955	Bruna Alexandra Nunes Tavares	CHICKENRACE	Senior Feminino	03:31:32	+02:28:27	21:09
1156	957	Maria Irene de Almeida Pinho	CHICKENRACE	Senior Feminino	03:31:32	+02:28:27	21:09
1157	956	Mara Filipa sousa Silva	CHICKENRACE	Senior Feminino	03:31:35	+02:28:29	21:09
1158	953	Ana Rita Oliveira Da Silva	CHICKENRACE	Senior Feminino	03:31:40	+02:28:34	21:10
1159	958	Sandra Catarina Santos Oliveira	CHICKENRACE	Senior Feminino	03:31:48	+02:28:43	21:11
1160	954	Beatriz Cardoso e Castro	CHICKENRACE	Senior Feminino	03:31:54	+02:28:48	21:11
1161	960	Sandra Isabel Marques da Silva Tavares	CHICKENRACE	Senior Feminino	03:31:55	+02:28:50	21:11
1162	1473	Ana Boto	Funcional Team	Senior Feminino	03:32:01	+02:28:55	21:12
1163	1614	Catarina Santos	Grupo JR	Senior Feminino	03:32:05	+02:29:00	21:12

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

1164	1615	Cláudia Silva	Grupo JR	Senior Feminino	03:32:05	+02:29:00	21:13
1165	1617	Rita Ribeiro	Grupo JR	Senior Feminino	03:32:09	+02:29:04	21:13
1166	1476	Andreia Felizardo	Funcional Team	Senior Feminino	03:32:13	+02:29:07	21:13
1167	1487	Eulália Costa	Funcional Team	Senior Feminino	03:32:13	+02:29:07	21:13
1168	1491	Lourdes Pereira	Funcional Team	Senior Feminino	03:32:13	+02:29:08	21:13
1169	1479	Carla Salgado	Funcional Team	Senior Feminino	03:32:13	+02:29:08	21:13
1170	1501	Cristina Silva	Funcional Team	Senior Feminino	03:32:13	+02:29:08	21:13
1171	1493	Lucília Cristina Pereira Jesus Ferreira	Funcional Team	Senior Feminino	03:32:13	+02:29:08	21:13
1172	1477	Carla Carapinheira	Funcional Team	Senior Feminino	03:32:13	+02:29:08	21:13
1173	1499	Paula Santos	Funcional Team	Senior Feminino	03:32:13	+02:29:08	21:13
1174	1474	Ana Silva	Funcional Team	Senior Feminino	03:32:13	+02:29:08	21:13
1175	1500	Rosa Carapinheira	Funcional Team	Senior Feminino	03:32:14	+02:29:08	21:13
1176	1492	Lucia Mateus	Funcional Team	Senior Feminino	03:32:14	+02:29:09	21:13
1177	1498	Paula Envagelista	Funcional Team	Senior Feminino	03:32:14	+02:29:09	21:13
1178	1495	Maria do Rosário Pedro da Costa Ferreira Novais	Funcional Team	Senior Feminino	03:32:14	+02:29:09	21:13
1179	1496	Olga Branco	Funcional Team	Senior Feminino	03:32:14	+02:29:09	21:13
1180	1616	Isabel Costa	Grupo JR	Senior Feminino	03:32:17	+02:29:12	21:14
1181	1427	Helena Pinho	ForMud	Senior Feminino	03:32:50	+02:29:44	21:17
1182	1433	Susana Silva	ForMud	Senior Feminino	03:32:51	+02:29:46	21:17
1183	1424	Catarina Oliveira	ForMud	Senior Feminino	03:32:53	+02:29:48	21:17
1184	1429	Lara Pinho	ForMud	Senior Feminino	03:32:53	+02:29:48	21:17
1185	1431	Renata Gomes	ForMud	Senior Feminino	03:32:54	+02:29:49	21:17
1186	1428	Julieta Pinho	ForMud	Senior Feminino	03:32:54	+02:29:49	21:17
1187	1432	Sara Santiago	ForMud	Senior Feminino	03:32:55	+02:29:50	21:17
1188	1425	Clara Andrade	ForMud	Senior Feminino	03:32:56	+02:29:50	21:18
1189	1426	Cláudia Melo	ForMud	Senior Feminino	03:32:58	+02:29:52	21:18
1190	1430	Mariana Silva	ForMud	Senior Feminino	03:32:58	+02:29:53	21:18
1191	2319	Sara choupeiro	Os Indomáveis	Senior Feminino	03:33:04	+02:29:59	21:18
1192	2313	Mariana Matos	Os Indomáveis	Senior Feminino	03:33:07	+02:30:02	21:19
1193	2142	Ana Beatriz Pereira Sousa	O Gang do buraco	Senior Feminino	03:33:48	+02:30:43	21:23
1194	2145	Joana Rita Angera Brandão	O Gang do buraco	Senior Feminino	03:33:49	+02:30:44	21:23
1195	2149	Tânia Manuela Baptista Amador	O Gang do buraco	Senior Feminino	03:33:50	+02:30:45	21:23
1196	2144	Cátia Gomes da Silva	O Gang do buraco	Senior Feminino	03:33:52	+02:30:47	21:23
1197	2148	Sara Vidal	O Gang do buraco	Senior Feminino	03:33:56	+02:30:50	21:24
1198	2147	Sandrina Teixeira Martins de Jesus Ferreira	O Gang do buraco	Senior Feminino	03:33:58	+02:30:53	21:24
1199	2143	Andréa Mafalda Teixeira Lemos Alho	O Gang do buraco	Senior Feminino	03:33:58	+02:30:53	21:24
1200	2878	Susana Rodrigues	Seca Adegas e apêndices	Senior Feminino	03:35:16	+02:32:10	21:32
1201	2870	Magda Alexandra Coutinho da Costa	Seca Adegas e apêndices	Senior Feminino	03:35:16	+02:32:11	21:32
1202	2866	Andressa Cardoso Portela	Seca Adegas e apêndices	Senior Feminino	03:35:16	+02:32:11	21:32
1203	2873	Marina Carrancho Campos	Seca Adegas e apêndices	Senior Feminino	03:35:16	+02:32:11	21:32
1204	2876	Rochelle Roque	Seca Adegas e apêndices	Senior Feminino	03:35:16	+02:32:11	21:32
1205	2867	Cláudia Alexandra Ferreira Coutinho Paulino	Seca Adegas e apêndices	Senior Feminino	03:35:16	+02:32:11	21:32
1206	2872	Marildina Simões	Seca Adegas e apêndices	Senior Feminino	03:35:16	+02:32:11	21:32
1207	2875	Raquel Andreia Galhano Reis	Seca Adegas e apêndices	Senior Feminino	03:35:17	+02:32:11	21:32

Official Timekeeper: Lap2Go	27 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

1208	2868	Diana Isabel Pereira Ferreira	Seca Adegas e apêndices	Senior Feminino	03:35:17	+02:32:11	21:32
1209	2877	Sandra Cristina Coutinho	Seca Adegas e apêndices	Senior Feminino	03:35:17	+02:32:11	21:32
1210	2869	Joana Castela	Seca Adegas e apêndices	Senior Feminino	03:35:17	+02:32:12	21:32
1211	2879	Vanessa Coutinho da Costa	Seca Adegas e apêndices	Senior Feminino	03:35:17	+02:32:12	21:32
1212	2874	Marioly Almeida	Seca Adegas e apêndices	Senior Feminino	03:35:18	+02:32:12	21:32
1213	2871	Maria Jose Ferreira	Seca Adegas e apêndices	Senior Feminino	03:35:18	+02:32:12	21:32
1214	1275	Ana Baetriz Silva Tavares	Esquadrão Classe A	Senior Feminino	03:35:59	+02:32:54	21:36
1215	1895	Alondra Marquez	Latinas	Senior Feminino	03:36:55	+02:33:50	21:42
1216	1901	Isabel Ribeiro	Latinas	Senior Feminino	03:36:55	+02:33:50	21:42
1217	1897	Delia da Silva	Latinas	Senior Feminino	03:36:57	+02:33:52	21:42
1218	1905	Luciana Laconis	Latinas	Senior Feminino	03:36:59	+02:33:54	21:42
1219	1917	Zenaida Andrade	Latinas	Senior Feminino	03:36:59	+02:33:54	21:42
1220	1899	Flora Pinho	Latinas	Senior Feminino	03:37:04	+02:33:59	21:42
1221	1912	Rosa Tavares	Latinas	Senior Feminino	03:37:05	+02:33:59	21:42
1222	1919	Zenyth Pulido	Latinas	Senior Feminino	03:37:06	+02:34:01	21:43
1223	1918	Zenyth Marques	Latinas	Senior Feminino	03:37:06	+02:34:01	21:43
1224	1909	Oralis Sanchez	Latinas	Senior Feminino	03:37:12	+02:34:06	21:43
1225	1900	Glenda Moya	Latinas	Senior Feminino	03:37:12	+02:34:06	21:43
1226	1910	Reina Andrade	Latinas	Senior Feminino	03:37:13	+02:34:08	21:43
1227	1896	Daysimar Mayor	Latinas	Senior Feminino	03:37:13	+02:34:08	21:43
1228	1904	Lina Pita	Latinas	Senior Feminino	03:37:13	+02:34:08	21:43
1229	1913	Sofia Brazon	Latinas	Senior Feminino	03:37:13	+02:34:08	21:43
1230	1903	Lidbeth Gutierrez	Latinas	Senior Feminino	03:37:14	+02:34:09	21:43
1231	1911	Rocio Marinho	Latinas	Senior Feminino	03:37:14	+02:34:09	21:43
1232	1914	Valeria Andrade	Latinas	Senior Feminino	03:37:17	+02:34:12	21:44
1233	2298	Ana Sequeira	Os Indomáveis	Senior Feminino	03:38:14	+02:35:09	21:49
1234	2307	Idalina Claro	Os Indomáveis	Senior Feminino	03:38:15	+02:35:10	21:50
1235	2321	Sara salvador	Os Indomáveis	Senior Feminino	03:38:15	+02:35:10	21:50
1236	2305	Estela ventura	Os Indomáveis	Senior Feminino	03:38:17	+02:35:11	21:50
1237	121	Marta Jesus	Os Improváveis	Senior Feminino	03:39:15	+02:36:10	21:56
1238	120	Maria Alice Alves	Os Improváveis	Senior Feminino	03:39:15	+02:36:10	21:56
1239	2029	Patricia Alexandra Marques Dias	Mestre Boubacar e os 40 arrastões	Senior Feminino	03:39:46	+02:36:40	21:59
1240	2027	Maria Helena Gomes Morim	Mestre Boubacar e os 40 arrastões	Senior Feminino	03:39:46	+02:36:41	21:59
1241	107	Ana Margarida Fernandes Rodrigues	Mestre Boubacar e os 40 arrastões	Senior Feminino	03:39:47	+02:36:42	21:59
1242	2025	Lúcia Fernandes Martins	Mestre Boubacar e os 40 arrastões	Senior Feminino	03:39:47	+02:36:42	21:59
1243	2026	Lúcia Madalena Carpinteiro Duarte	Mestre Boubacar e os 40 arrastões	Senior Feminino	03:39:48	+02:36:42	21:59
1244	2024	Catarina Raquel Lopes Pinto	Mestre Boubacar e os 40 arrastões	Senior Feminino	03:39:48	+02:36:42	21:59
1245	2030	Tânia Adriana Vilas Boas Macedo	Mestre Boubacar e os 40 arrastões	Senior Feminino	03:39:48	+02:36:43	21:59
1246	2028	Marlene Sofia Araújo Andrade	Mestre Boubacar e os 40 arrastões	Senior Feminino	03:39:49	+02:36:44	21:59
1247	2031	Vânia Fernandes Cortês	Mestre Boubacar e os 40 arrastões	Senior Feminino	03:39:49	+02:36:44	21:59
1248	114	Catarina Almeida	Os Improváveis	Senior Feminino	03:43:16	+02:40:11	22:20
1249	116	Cláudia Pereira	Os Improváveis	Senior Feminino	03:43:18	+02:40:13	22:20
1250	2064	MARTA COURAS	MUCHACHOS	Senior Feminino	03:45:33	+02:42:28	22:33
1251	2065	ZAIDA PEREIRA	MUCHACHOS	Senior Feminino	03:45:36	+02:42:31	22:34
1252	2063	ELISA CUNHA	MUCHACHOS	Senior Feminino	03:45:36	+02:42:31	22:34
1253	538	Vera Vinha	Arsenal de Canelas	Senior Feminino	03:46:55	+02:43:50	22:41

Official Timekeeper: Lap2Go	28 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

1254	513	Janeth Ferreira Sousa	Arsenal de Canelas	Senior Feminino	03:46:55	+02:43:50	22:42
1255	501	Cláudia Faustino	Arsenal de Canelas	Senior Feminino	03:46:56	+02:43:50	22:42
1256	533	Sofia Católico	Arsenal de Canelas	Senior Feminino	03:46:56	+02:43:51	22:42
1257	503	Claudia Pinho	Arsenal de Canelas	Senior Feminino	03:46:56	+02:43:51	22:42
1258	567	Carla Isolete Oliveira Baptista Silva	Arsenal de Canelas	Senior Feminino	03:46:56	+02:43:51	22:42
1259	515	Karla Viviane Carvalho Delgado Duarte	Arsenal de Canelas	Senior Feminino	03:46:56	+02:43:51	22:42
1260	532	Sandra Almeida	Arsenal de Canelas	Senior Feminino	03:46:57	+02:43:52	22:42
1261	504	Cristina Alexandra Morgado Torres de Oliveira	Arsenal de Canelas	Senior Feminino	03:46:57	+02:43:52	22:42
1262	699	Ana Correia	A-team Atómicos Team	Senior Feminino	03:53:02	+02:49:57	23:18
1263	667	Ângela Bebiano	A-team Atómicos Team	Senior Feminino	03:53:04	+02:49:58	23:18
1264	682	Manuela Pereira	A-team Atómicos Team	Senior Feminino	03:53:04	+02:49:59	23:18
1265	685	Salomé Vida	A-team Atómicos Team	Senior Feminino	03:53:04	+02:49:59	23:18
1266	684	Paula Duarte	A-team Atómicos Team	Senior Feminino	03:53:05	+02:50:00	23:18
1267	676	Eva Bibiano	A-team Atómicos Team	Senior Feminino	03:53:05	+02:50:00	23:19
1268	668	Barbara Barreiro	A-team Atómicos Team	Senior Feminino	03:53:06	+02:50:00	23:19
1269	681	Elisabete Antunes	A-team Atómicos Team	Senior Feminino	03:53:06	+02:50:01	23:19
1270	680	Madalena Vida	A-team Atómicos Team	Senior Feminino	03:53:11	+02:50:05	23:19
1271	686	Sara Vida	A-team Atómicos Team	Senior Feminino	03:53:12	+02:50:07	23:19
1272	698	Beatriz Moreira	A-team Atómicos Team	Senior Feminino	03:53:14	+02:50:09	23:19
1273	673	Constança Rodrigues	A-team Atómicos Team	Senior Feminino	03:53:16	+02:50:10	23:20
1274	675	Dany Santos	A-team Atómicos Team	Senior Feminino	03:53:18	+02:50:13	23:20
1275	671	Carolina Martins	A-team Atómicos Team	Senior Feminino	03:53:19	+02:50:14	23:20
1276	669	Carina Antunes	A-team Atómicos Team	Senior Feminino	03:53:21	+02:50:15	23:20
1277	679	Leonor Felicio	A-team Atómicos Team	Senior Feminino	03:53:21	+02:50:16	23:20
1278	2116	Elsa Cristina Tomás Ferreira	NIGHT RUNNERS FEIRA	Senior Feminino	04:05:29	+03:02:24	24:33
1279	2114	Sandra Isabel da Costa Almeida	NIGHT RUNNERS FEIRA	Senior Feminino	04:05:29	+03:02:24	24:33

Senior Masculino

1	77	Manuel Dos Santos	GIRASSÓIS E FURIOSOS	Senior Masculino	44:19		04:26
2	148	Nelson Loureiro	Pegasus OCR ProTeam	Senior Masculino	45:20	+01:00	04:32
3	146	Carlos Pinto	Pegasus OCR ProTeam	Senior Masculino	47:40	+03:21	04:46
4	144	André Santos	Pegasus OCR ProTeam	Senior Masculino	49:59	+05:40	05:00
5	35	Hugo Silva	Dura-F1 Raceteam	Senior Masculino	50:13	+05:54	05:01
6	32	António Gomes	Dura-F1 Raceteam	Senior Masculino	50:38	+06:19	05:04
7	150	Pedro Miguel Barbosa Lopes	Pegasus OCR ProTeam	Senior Masculino	51:06	+06:47	05:07
8	39	José Pinheiro	Dura-F1 Raceteam	Senior Masculino	51:58	+07:39	05:12
9	38	José Cruz	Dura-F1 Raceteam	Senior Masculino	52:05	+07:46	05:12
10	37	João Santos	Dura-F1 Raceteam	Senior Masculino	52:22	+08:02	05:14
11	72	André Ferreira	GIRASSÓIS E FURIOSOS	Senior Masculino	53:33	+09:14	05:21
12	110	Marco Santos Moura	OCR Portugal Lab Club	Senior Masculino	53:48	+09:29	05:23
13	103	Paulo Monteiro	Individual	Senior Masculino	54:05	+09:45	05:24
14	33	David Coutinho	Dura-F1 Raceteam	Senior Masculino	54:46	+10:26	05:29
15	75	Gabriel Simões	GIRASSÓIS E FURIOSOS	Senior Masculino	56:02	+11:43	05:36
16	149	Nelson Meira	Pegasus OCR ProTeam	Senior Masculino	56:28	+12:09	05:39

Official Timekeeper: Lap2Go	29 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

17	3107	Ricardo Pereira	Tropa de Elite	Senior Masculino	56:43	+12:23	05:40
18	78	Rogério Cabrita	GIRASSÓIS E FURIOSOS	Senior Masculino	57:52	+13:33	05:47
19	559	Gabriel da Silva Paiva	Arsenal de Canelas	Senior Masculino	58:28	+14:08	05:51
20	174	Marco Filipe Nabais Balsinha	QUEM TENSAI TEM TUDO	Senior Masculino	58:39	+14:20	05:52
21	1084	Wilson Aica	CR7 FITNESS CRUNCH AVEIRO	Senior Masculino	59:20	+15:01	05:56
22	590	Ricardo Esteves	Arsenal de Canelas	Senior Masculino	01:00:42	+16:23	06:04
23	569	Julio Pinho	Arsenal de Canelas	Senior Masculino	01:00:44	+16:25	06:04
24	809	Helder Costa	BioSerranos	Senior Masculino	01:01:02	+16:42	06:06
25	105	Ricardo Cardoso	Individual	Senior Masculino	01:01:16	+16:56	06:08
26	1524	André Ferreira	Galitos Remo	Senior Masculino	01:01:30	+17:10	06:09
27	1532	Rodrigo Fonseca	Galitos Remo	Senior Masculino	01:01:30	+17:10	06:09
28	3101	João Miguel Almeida dias	Trepa de Estarreja	Senior Masculino	01:01:44	+17:25	06:10
29	588	Rafael da Silva Paiva	Arsenal de Canelas	Senior Masculino	01:01:50	+17:31	06:11
30	34	Filipe Fonseca	Dura-F1 Raceteam	Senior Masculino	01:02:14	+17:55	06:13
31	145	Armindo Santos	Pegasus OCR ProTeam	Senior Masculino	01:02:29	+18:09	06:15
32	1470	Paulo Jorge Fonseca Carvalho	Fugitive on the run	Senior Masculino	01:02:50	+18:31	06:17
33	36	João Portugal	Dura-F1 Raceteam	Senior Masculino	01:02:53	+18:33	06:17
34	100	Marcio Oliveira	Individual	Senior Masculino	01:03:30	+19:11	06:21
35	101	Marco Oliveira	Individual	Senior Masculino	01:03:30	+19:11	06:21
36	810	Hugo Santos	BioSerranos	Senior Masculino	01:04:32	+20:12	06:27
37	552	David Resende	Arsenal de Canelas	Senior Masculino	01:05:01	+20:42	06:30
38	811	Leandro Moura	BioSerranos	Senior Masculino	01:05:46	+21:27	06:35
39	718	Afonso Pereira	Bamos Lá	Senior Masculino	01:06:56	+22:37	06:42
40	3111	Ricardo Seromenho	Tropa de Elite	Senior Masculino	01:07:12	+22:53	06:43
41	176	Daniel Pereira da Rocha	R5 engenharia	Senior Masculino	01:08:00	+23:41	06:48
42	177	Fábio Teixeira	R5 engenharia	Senior Masculino	01:08:01	+23:41	06:48
43	99	Márcio Daniel Moura	Individual	Senior Masculino	01:08:02	+23:43	06:48
44	73	Duarte Baptista	GIRASSÓIS E FURIOSOS	Senior Masculino	01:08:10	+23:50	06:49
45	1452	Filipe Tavares	FORQUILHAS	Senior Masculino	01:09:23	+25:04	06:56
46	1163	Rodrigo Ramos de Almeida	Dói-lá-lama	Senior Masculino	01:09:51	+25:32	06:59
47	354	Bruno André Silva Santos	7am CFA	Senior Masculino	01:10:20	+26:01	07:02
48	1726	Carlos Simoes	Individual	Senior Masculino	01:10:56	+26:37	07:06
49	1733	Luis Simões	Individual	Senior Masculino	01:10:57	+26:38	07:06
50	369	Belmiro Vigário	A NOVA	Senior Masculino	01:11:10	+26:51	07:07
51	2374	Bruno Alexandre Valente Bastos	os lameiros	Senior Masculino	01:11:12	+26:52	07:07
52	2926	Marcelo Fonseca	Smells like team spirit	Senior Masculino	01:11:43	+27:24	07:10
53	1261	Fábio Aparecido Nunes Lopes	Espalhabrasas	Senior Masculino	01:11:53	+27:33	07:11
54	2100	Helder Marques	Não sei!	Senior Masculino	01:12:00	+27:41	07:12
55	597	Sergio Filipe Gomes Cruz	Arsenal de Canelas	Senior Masculino	01:12:34	+28:15	07:15
56	2518	Tiago de Almeida Pinho	Os verdadeiros bioracers	Senior Masculino	01:12:35	+28:15	07:15
57	1833	ZÉ MANEL	JUVENTUDE LAMACENTA	Senior Masculino	01:12:36	+28:17	07:16
58	50	RUI FERNANDES	Estafados bem dispostos	Senior Masculino	01:12:49	+28:30	07:17
59	1567	Ratinho Nunes	GERAÇÕES DA BRECA	Senior Masculino	01:12:56	+28:37	07:18
60	992	Jorge Vaz	CIRES RUNNING TEAM	Senior Masculino	01:13:04	+28:44	07:18
61	987	André Filipe Marques Oliveira	CIRES RUNNING TEAM	Senior Masculino	01:13:10	+28:50	07:19
62	3110	Ricardo Melindra	Tropa de Elite	Senior Masculino	01:13:40	+29:21	07:22

Official Timekeeper: Lap2Go	30 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10 KM

OFFICIAL RESULT

ION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Official Timekeeper: Lap2Go	31 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

OFFICIAL RESULT

10KM

10 KM

[illegible]

OFFICIAL RESULT

Official Timekeeper: Lap2Go	33 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

OFFICIAL RESULT

10KM

10 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	35 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

289	464	Valdemar Oliveira	Amigosloucos	Senior Masculino	01:50:57	+01:06:37	11:06
290	462	Diogo Carvalheira	Amigosloucos	Senior Masculino	01:50:57	+01:06:38	11:06
291	2493	Artur Luís Rodrigues Marques	Os vagabundos	Senior Masculino	01:51:59	+01:07:39	11:12
292	2494	João Miguel Pinheiro Pinto Burguete Cardoso	Os vagabundos	Senior Masculino	01:52:00	+01:07:41	11:12
293	2495	Rui Manuel Vidal Melo	Os vagabundos	Senior Masculino	01:52:03	+01:07:44	11:12
294	355	Diogo Reis	7am CFA	Senior Masculino	01:52:41	+01:08:22	11:16
295	2658	Sérgio Cunha	PuroJudo	Senior Masculino	01:52:46	+01:08:26	11:17
296	2657	Mauro André Reis Simões	PuroJudo	Senior Masculino	01:52:51	+01:08:32	11:17
297	2659	Telmo Rafeiro	PuroJudo	Senior Masculino	01:52:51	+01:08:32	11:17
298	2091	Carlos Castro	Não rápidos , apenas furiosos	Senior Masculino	01:53:05	+01:08:46	11:19
299	2096	Miguel Venâncio	Não rápidos , apenas furiosos	Senior Masculino	01:53:06	+01:08:47	11:19
300	2785	Patrício Ribau Mota	Reumáticos & Etc	Senior Masculino	01:53:12	+01:08:52	11:19
301	2747	Ricardo Curado Torres	Rave Shaspe	Senior Masculino	01:53:21	+01:09:01	11:20
302	3076	Carlos silva	Tir`ekéda	Senior Masculino	01:53:23	+01:09:04	11:20
303	554	Dic Scrivens	Arsenal de Canelas	Senior Masculino	01:53:59	+01:09:40	11:24
304	307	Armando Veiga	#teachersONfire	Senior Masculino	01:54:06	+01:09:47	11:25
305	1579	Hermenegildo Jorge Paulino Melindra	Going Up Team	Senior Masculino	01:54:27	+01:10:07	11:27
306	2023	Francisco Paulo Andrade do Couto	Mestre Boubacar e os 40 arrastões	Senior Masculino	01:54:28	+01:10:08	11:27
307	2741	João Alves	Rádio Fofoca	Senior Masculino	01:54:35	+01:10:16	11:28
308	2743	Pedro Gomes	Rádio Fofoca	Senior Masculino	01:54:35	+01:10:16	11:28
309	2742	Nuno Silva	Rádio Fofoca	Senior Masculino	01:54:35	+01:10:16	11:28
310	1595	Helder Manuel Rodrigues Gonçalves	Grupo De Carnaval Pindéricus	Senior Masculino	01:54:44	+01:10:25	11:28
311	1597	José Mendes Soares Alves	Grupo De Carnaval Pindéricus	Senior Masculino	01:54:45	+01:10:25	11:28
312	1599	Nuno Pinto Oliveira Proença	Grupo De Carnaval Pindéricus	Senior Masculino	01:54:45	+01:10:25	11:28
313	1603	Vítor Guilherme Farelo Santos Moreira	Grupo De Carnaval Pindéricus	Senior Masculino	01:54:45	+01:10:25	11:28
314	1592	António Manuel Abreu dos Santos	Grupo De Carnaval Pindéricus	Senior Masculino	01:54:45	+01:10:26	11:28
315	1590	André Ricardo Tavares Granja	Grupo De Carnaval Pindéricus	Senior Masculino	01:54:45	+01:10:26	11:28
316	446	Emanuel Peito	Aí que sede!	Senior Masculino	01:54:50	+01:10:30	11:29
317	453	Vasco Ferreira	Aí que sede!	Senior Masculino	01:54:55	+01:10:35	11:29
318	3189	Raul Miguel Nogueira Rama	VAIS TU QUE EU NAO POSSO	Senior Masculino	01:55:10	+01:10:51	11:31
319	2406	Ricardo Junqueira	Os Marretas	Senior Masculino	01:55:22	+01:11:02	11:32
320	2407	Rui Cavacas	Os Marretas	Senior Masculino	01:55:22	+01:11:03	11:32
321	2405	João Cavacas	Os Marretas	Senior Masculino	01:55:22	+01:11:03	11:32
322	842	Litos Rodrigos	BoraBora, Vamos Lá!	Senior Masculino	01:55:29	+01:11:09	11:33
323	2681	André Tavares	Quem é que se lembrou!!	Senior Masculino	01:55:37	+01:11:18	11:34
324	141	Jorge Manuel Almeida Duarte de Oliveira	Os independentes	Senior Masculino	01:56:19	+01:12:00	11:38
325	3244	Mamuel Alexander Fernandes Lopes	The Guardian Runners	Senior Masculino	01:56:46	+01:12:26	11:41
326	3246	Nuno Morais	PLAY-OFF	Senior Masculino	01:56:46	+01:12:26	11:41
327	1778	Tomás da Silva Esteves	IV Temporada	Senior Masculino	01:56:46	+01:12:27	11:41
328	2825	Francisco Sousa	Saci Pererê	Senior Masculino	01:57:02	+01:12:43	11:42
329	2826	João Rebelo	Saci Pererê	Senior Masculino	01:57:03	+01:12:43	11:42
330	2827	Pedro Quaresma	Saci Pererê	Senior Masculino	01:57:04	+01:12:44	11:42
331	2376	João Filipe	os lameiros	Senior Masculino	01:57:05	+01:12:45	11:42
332	963	Antonio Pedro da Silva Alves	CHICKENRACE	Senior Masculino	01:57:17	+01:12:57	11:44
333	965	Denis Pinho Viana	CHICKENRACE	Senior Masculino	01:57:17	+01:12:58	11:44

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

334	1156	Carlos Miguel do Vale Almeida	Dói-lá-lama	Senior Masculino	01:57:33	+01:13:13	11:45
335	2357	Helder Miguel Marques Barbosa	Os Lamacentos	Senior Masculino	01:57:33	+01:13:14	11:45
336	2852	João Augusto Barbosa da Silva	Samba Tribal	Senior Masculino	01:57:36	+01:13:17	11:46
337	1021	Simão Antão Oliveira	Clube Cultural e Desportivo de Veiros	Senior Masculino	01:57:37	+01:13:18	11:46
338	1015	João Branco	Clube Cultural e Desportivo de Veiros	Senior Masculino	01:57:37	+01:13:18	11:46
339	128	Luís Soares	Os Improváveis	Senior Masculino	01:57:38	+01:13:19	11:46
340	2356	Pedro Guimaraes	Os Lamacentos	Senior Masculino	01:57:38	+01:13:19	11:46
341	1407	Joaquim Pedro Ramos	FLOENE	Senior Masculino	01:57:43	+01:13:24	11:46
342	167	Gustavo Daniel Mendes da Silva Fernandes	Playlife Team	Senior Masculino	01:57:44	+01:13:24	11:46
343	1740	Thiago Figueiredo Marques Leite	Individual	Senior Masculino	01:57:45	+01:13:25	11:46
344	169	Pedro António Mendes Reis	Playlife Team	Senior Masculino	01:58:14	+01:13:54	11:49
345	165	António Duarte	Playlife Team	Senior Masculino	01:58:16	+01:13:57	11:50
346	83	Ricardo Magalhães	Graças	Senior Masculino	01:58:25	+01:14:05	11:50
347	84	Tomás Pinho	Graças	Senior Masculino	01:58:26	+01:14:07	11:51
348	81	João Arede	Graças	Senior Masculino	01:58:26	+01:14:07	11:51
349	991	Joel Soares	CIRES RUNNING TEAM	Senior Masculino	01:58:33	+01:14:14	11:51
350	993	Marco André Marques Resende	CIRES RUNNING TEAM	Senior Masculino	01:58:33	+01:14:14	11:51
351	988	Diogo José Rodrigues Martins Pereira	CIRES RUNNING TEAM	Senior Masculino	01:58:34	+01:14:14	11:51
352	998	Pedro Ferreira	CIRES RUNNING TEAM	Senior Masculino	01:58:34	+01:14:15	11:51
353	990	João Tavares	CIRES RUNNING TEAM	Senior Masculino	01:58:35	+01:14:15	11:51
354	1244	Rodrigo Lopes	Equipa ELITE	Senior Masculino	01:58:37	+01:14:18	11:52
355	989	Francisco Tavares	CIRES RUNNING TEAM	Senior Masculino	01:58:37	+01:14:18	11:52
356	1237	André Silva	Equipa ELITE	Senior Masculino	01:58:38	+01:14:18	11:52
357	200	Cristiano Martins	Tropa d' Elites +Atitude	Senior Masculino	01:58:45	+01:14:25	11:52
358	199	Cristiano Alves	Tropa d' Elites +Atitude	Senior Masculino	01:58:45	+01:14:26	11:52
359	201	João Silva	Tropa d' Elites +Atitude	Senior Masculino	01:58:45	+01:14:26	11:53
360	1739	Rui Rodrigues	Individual	Senior Masculino	01:58:59	+01:14:39	11:54
361	1258	Ricardo Ferreira	Esfrega Laminha	Senior Masculino	01:59:14	+01:14:55	11:55
362	1252	Gil Valente	Esfrega Laminha	Senior Masculino	01:59:17	+01:14:57	11:56
363	1247	António Abreu	Esfrega Laminha	Senior Masculino	01:59:21	+01:15:01	11:56
364	1256	Nelson Rodrigues	Esfrega Laminha	Senior Masculino	01:59:24	+01:15:05	11:56
365	1250	Filipe Vaz	Esfrega Laminha	Senior Masculino	01:59:25	+01:15:05	11:56
366	166	Cristiano Júlio Ribeiro Moutinho	Playlife Team	Senior Masculino	01:59:31	+01:15:12	11:57
367	170	Pedro Marinho Mota Barbosa	Playlife Team	Senior Masculino	01:59:35	+01:15:16	11:58
368	171	Rui Pedro Chico Pimentel	Playlife Team	Senior Masculino	01:59:36	+01:15:17	11:58
369	168	José António Dias Pimentel Cota	Playlife Team	Senior Masculino	01:59:42	+01:15:23	11:58
370	1173	Pedro Santos	É só de língua	Senior Masculino	01:59:56	+01:15:37	12:00
371	1724	Artur Enes	Individual	Senior Masculino	02:00:12	+01:15:53	12:01
372	1725	Bruno Fileno	Individual	Senior Masculino	02:00:12	+01:15:53	12:01
373	1167	Ricardo Melo	É só de língua	Senior Masculino	02:00:12	+01:15:53	12:01
374	1734	Luis Vieira	Individual	Senior Masculino	02:00:12	+01:15:53	12:01
375	1248	Carlos Dias	Esfrega Laminha	Senior Masculino	02:00:19	+01:16:00	12:02
376	1249	Carlos Silva	Esfrega Laminha	Senior Masculino	02:00:23	+01:16:04	12:02
377	1254	Hernâni Rocha	Esfrega Laminha	Senior Masculino	02:00:24	+01:16:05	12:02

Official Timekeeper: Lap2Go	37 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

378	1260	Tiago Brandão	Esfrega Laminha	Senior Masculino	02:00:25	+01:16:05	12:02
379	1253	Hélder Valente	Esfrega Laminha	Senior Masculino	02:00:26	+01:16:06	12:03
380	1257	Nuno Carvalho	Esfrega Laminha	Senior Masculino	02:00:26	+01:16:07	12:03
381	1251	Gabriel Antão	Esfrega Laminha	Senior Masculino	02:00:26	+01:16:07	12:03
382	2340	Sérgio Pereira	Os Indomáveis	Senior Masculino	02:00:30	+01:16:11	12:03
383	1749	Pedro Alves	IRON RUNNERS	Senior Masculino	02:00:42	+01:16:22	12:04
384	1748	Luis Oliveira	IRON RUNNERS	Senior Masculino	02:00:43	+01:16:23	12:04
385	543	António Neves	Arsenal de Canelas	Senior Masculino	02:01:03	+01:16:44	12:06
386	1000	Rui Correia	CIRES RUNNING TEAM	Senior Masculino	02:01:06	+01:16:47	12:07
387	51	RUI PEREIRA	Estafados bem dispostos	Senior Masculino	02:01:27	+01:17:08	12:09
388	2515	Lázaro Teixeira	Os verdadeiros bioracers	Senior Masculino	02:01:33	+01:17:14	12:09
389	3011	Pedro Santos	Tartarugas Velozes	Senior Masculino	02:01:38	+01:17:18	12:10
390	322	Antonio Rodrigues	100Juízo	Senior Masculino	02:01:46	+01:17:27	12:11
391	2403	João Oliveira	Os Maravilha	Senior Masculino	02:02:10	+01:17:51	12:13
392	601	Victor Manuel Tavares da Luz	Arsenal de Canelas	Senior Masculino	02:02:53	+01:18:33	12:17
393	549	Carlos Gabriel de Sousa Luz	Arsenal de Canelas	Senior Masculino	02:02:53	+01:18:34	12:17
394	3169	Apolinario da Silva Teixeira Pereira	VAIS TU QUE EU NAO POSSO	Senior Masculino	02:03:17	+01:18:58	12:20
395	1764	TIAGO SANTOS PEREIRA	ISVOUGA	Senior Masculino	02:03:53	+01:19:34	12:23
396	2450	Nuno Tavares	Os resistentes	Senior Masculino	02:03:55	+01:19:35	12:23
397	2444	Carlos Tavares	Os resistentes	Senior Masculino	02:03:55	+01:19:36	12:24
398	2445	Diogo Bastos	Os resistentes	Senior Masculino	02:03:55	+01:19:36	12:24
399	2353	Aron Kurovski de Castro Paiva	Os Lamacentos	Senior Masculino	02:04:03	+01:19:44	12:24
400	2358	Rui Barbosa	Os Lamacentos	Senior Masculino	02:04:05	+01:19:45	12:24
401	2726	João Araujo	RaceTfit	Senior Masculino	02:04:06	+01:19:47	12:25
402	666	Miguel Plácido	ASSOCIACAO CULTURAL DE SALREU	Senior Masculino	02:04:30	+01:20:11	12:27
403	1164	Carlos Alberto Mimoso Mata	Douro Trail Foz Côa	Senior Masculino	02:04:36	+01:20:17	12:28
404	1166	Paulo Jorge da Silva Pinto	Douro Trail Foz Côa	Senior Masculino	02:04:37	+01:20:18	12:28
405	2727	João Pereira	RaceTfit	Senior Masculino	02:04:41	+01:20:21	12:28
406	1165	José Carlos Nereu Pinto	Douro Trail Foz Côa	Senior Masculino	02:04:44	+01:20:25	12:28
407	919	Edson Moreno	CCD-Funfrap-Tupy	Senior Masculino	02:05:30	+01:21:11	12:33
408	916	Bruno Otemberg	CCD-Funfrap-Tupy	Senior Masculino	02:05:35	+01:21:16	12:34
409	2892	Carlos Manuel Moreira Oliveira	Sedentários da Secretária	Senior Masculino	02:05:58	+01:21:38	12:36
410	2891	Bernardo Pereira Cardoso de Castro	Sedentários da Secretária	Senior Masculino	02:05:59	+01:21:40	12:36
411	2895	Luís André Cardoso Alves Castro	Sedentários da Secretária	Senior Masculino	02:06:00	+01:21:40	12:36
412	1742	Tiago Pires Rebelo	Individual	Senior Masculino	02:06:22	+01:22:03	12:38
413	2696	Gabriel Jesus Rodrigues Ferreira	QUEM TENSAI TEM TUDO	Senior Masculino	02:06:28	+01:22:09	12:39
414	3191	Rui Emanuel Coelho Carneiro	VAIS TU QUE EU NAO POSSO	Senior Masculino	02:06:30	+01:22:10	12:39
415	1346	Nuno Silva	FirmwareTeam	Senior Masculino	02:06:32	+01:22:12	12:39
416	1347	Vitor Oliveira	FirmwareTeam	Senior Masculino	02:06:33	+01:22:14	12:39
417	1341	Anderson Liege Rocha	FirmwareTeam	Senior Masculino	02:06:34	+01:22:15	12:39
418	1343	Jose de Arimateia Carvalho Silva Junior	FirmwareTeam	Senior Masculino	02:06:34	+01:22:15	12:39
419	1344	Manuel Tiago Silva	FirmwareTeam	Senior Masculino	02:06:35	+01:22:15	12:39
420	1345	Miguel Vieira	FirmwareTeam	Senior Masculino	02:06:35	+01:22:16	12:40
421	1342	Gustavo Alegria	FirmwareTeam	Senior Masculino	02:06:36	+01:22:16	12:40
422	572	Marco Silva	Arsenal de Canelas	Senior Masculino	02:07:21	+01:23:02	12:44
423	1142	RAFAEL COELHO	DARTACÃO	Senior Masculino	02:07:24	+01:23:05	12:44

Official Timekeeper: Lap2Go	38 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

424	1308	Mauro Silva	FALTA MUITO?	Senior Masculino	02:07:26	+01:23:06	12:45
425	6	José Seabra	20 Comer	Senior Masculino	02:07:47	+01:23:28	12:47
426	3171	Bruno Miguel Bastos da Silva	VAIS TU QUE EU NAO POSSO	Senior Masculino	02:07:48	+01:23:29	12:47
427	5	José Neves	20 Comer	Senior Masculino	02:07:48	+01:23:29	12:47
428	4	Hugo Seabra	20 Comer	Senior Masculino	02:07:49	+01:23:30	12:47
429	1738	Rodrigo Duque	Individual	Senior Masculino	02:08:37	+01:24:18	12:52
430	1728	Gonçalo Garcia	Individual	Senior Masculino	02:08:39	+01:24:19	12:52
431	2328	Fábio Melo	Os Indomáveis	Senior Masculino	02:08:41	+01:24:22	12:52
432	2560	Pedro Afonso	Pi Pi'	Senior Masculino	02:08:44	+01:24:25	12:52
433	2332	João Melo	Os Indomáveis	Senior Masculino	02:09:15	+01:24:56	12:56
434	563	João Afonso	Arsenal de Canelas	Senior Masculino	02:09:23	+01:25:04	12:56
435	124	Bruno Neves	Os Improváveis	Senior Masculino	02:09:35	+01:25:16	12:58
436	3218	João Bola	XPTO	Senior Masculino	02:09:48	+01:25:29	12:59
437	2542	Paulo Noormahomed	Pedro Pê	Senior Masculino	02:09:48	+01:25:29	12:59
438	2543	Pedro Manuel Miguel Barbosa	Pedro Pê	Senior Masculino	02:09:48	+01:25:29	12:59
439	358	MÁRIO JOSÉ MIRANDA	7am CFA	Senior Masculino	02:09:49	+01:25:29	12:59
440	2544	Ricardo Aguiar	Pedro Pê	Senior Masculino	02:09:49	+01:25:30	12:59
441	3220	Ricardo Ferreira	XPTO	Senior Masculino	02:09:55	+01:25:35	12:59
442	2329	Filipe oliveira	Os Indomáveis	Senior Masculino	02:10:01	+01:25:42	13:00
443	1199	Paulo Alexandre Monteiro da Silva Pinheiro	ELITE - OS REUMÁTICOS	Senior Masculino	02:10:08	+01:25:49	13:01
444	1198	Nuno Filipe Silva Gomes	ELITE - OS REUMÁTICOS	Senior Masculino	02:10:09	+01:25:50	13:01
445	1196	Jorge Manuel barros Gomes	ELITE - OS REUMÁTICOS	Senior Masculino	02:10:09	+01:25:50	13:01
446	1195	Guilherme Vieira Figueiredo	ELITE - OS REUMÁTICOS	Senior Masculino	02:10:11	+01:25:52	13:01
447	1202	Rúben Leonel Valente Almeida	ELITE - OS REUMÁTICOS	Senior Masculino	02:10:14	+01:25:54	13:01
448	1203	Rui Alberto Damas Rocha	ELITE - OS REUMÁTICOS	Senior Masculino	02:10:15	+01:25:55	13:01
449	1201	Rafael José Fernandes Gomes da Silva	ELITE - OS REUMÁTICOS	Senior Masculino	02:10:15	+01:25:56	13:02
450	1774	Nuno Lemos	IV Temporada	Senior Masculino	02:10:17	+01:25:57	13:02
451	1194	Carlos Elmano Silveira de Oliveira	ELITE - OS REUMÁTICOS	Senior Masculino	02:10:18	+01:25:58	13:02
452	1197	Luís Miguel Monteiro Figueiredo	ELITE - OS REUMÁTICOS	Senior Masculino	02:10:19	+01:25:59	13:02
453	1200	Pedro Alexandre Fernandes Marques	ELITE - OS REUMÁTICOS	Senior Masculino	02:10:19	+01:26:00	13:02
454	2990	Bruno Pereira	Tartaarugas	Senior Masculino	02:10:32	+01:26:13	13:03
455	2341	Vitor Pacheco	Os Indomáveis	Senior Masculino	02:10:32	+01:26:13	13:03
456	2991	Carlos Alves	Tartaarugas	Senior Masculino	02:10:38	+01:26:19	13:04
457	2678	Vitor Silva	Quase que participámos no ano passado	Senior Masculino	02:10:40	+01:26:21	13:04
458	2671	Manuel Almeida	Quase que participámos no ano passado	Senior Masculino	02:10:43	+01:26:24	13:04
459	3025	Fábio Henrique Ferreira dos Santos	TeamIdl	Senior Masculino	02:10:46	+01:26:27	13:05
460	11	Henrique Nuno Oliveira Fonseca	Arsenal de Canelas	Senior Masculino	02:11:48	+01:27:29	13:11
461	771	Gabriel Pinho	Bio Team	Senior Masculino	02:11:50	+01:27:31	13:11
462	775	Miguel Moreira	Bio Team	Senior Masculino	02:11:50	+01:27:31	13:11
463	1630	Diogo Borges	Grupo JR	Senior Masculino	02:11:58	+01:27:38	13:12
464	2575	PEDRO JOSÉ GALERA SOARES	Plasticos JOLUCE	Senior Masculino	02:12:00	+01:27:41	13:12
465	1273	Pedro Couto	Espalhabrasas	Senior Masculino	02:12:02	+01:27:42	13:12
466	2338	Rafael silva	Os Indomáveis	Senior Masculino	02:12:04	+01:27:45	13:12
467	2933	Mário Antonio Santos	Special Force	Senior Masculino	02:12:06	+01:27:47	13:13

Official Timekeeper: Lap2Go	39 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

468	3219	Nuno Vicente	XPTO	Senior Masculino	02:12:24	+01:28:05	13:14
469	3216	Gilberto Pereira	XPTO	Senior Masculino	02:12:24	+01:28:05	13:14
470	126	João Dias	Os Improváveis	Senior Masculino	02:12:27	+01:28:08	13:15
471	2746	Carlos Alexandre Redondo Cordeiro Pato	Rave Shaspe	Senior Masculino	02:12:52	+01:28:33	13:17
472	1186	Miguel Tavares	Elecas	Senior Masculino	02:13:05	+01:28:46	13:18
473	1188	Samuel Loio	Elecas	Senior Masculino	02:13:06	+01:28:46	13:19
474	1185	Jorge Farias	Elecas	Senior Masculino	02:13:07	+01:28:48	13:19
475	3026	Leonardo José da Silva Valente Arena Teixeira	Teamidl	Senior Masculino	02:13:09	+01:28:49	13:19
476	1184	João Campos	Elecas	Senior Masculino	02:13:09	+01:28:50	13:19
477	3024	Eurico Gonçalves Costa	Teamidl	Senior Masculino	02:13:09	+01:28:50	13:19
478	3028	Nuno Tiago Ferreira Almeida	Teamidl	Senior Masculino	02:13:09	+01:28:50	13:19
479	571	Manuel Maria Paiva Pereira	Arsenal de Canelas	Senior Masculino	02:13:38	+01:29:19	13:22
480	26	Francisco José Rios Gonçalves	C21 Confiança	Senior Masculino	02:14:00	+01:29:41	13:24
481	3050	Márcio Castro	The Last Of Us e mais alguns	Senior Masculino	02:14:06	+01:29:47	13:25
482	3051	Ricardo Domingues	The Last Of Us e mais alguns	Senior Masculino	02:14:08	+01:29:48	13:25
483	3049	Fábio Ferreira	The Last Of Us e mais alguns	Senior Masculino	02:14:09	+01:29:49	13:25
484	3048	Diogo Silva	The Last Of Us e mais alguns	Senior Masculino	02:14:09	+01:29:49	13:25
485	3046	Paulo Ricardo Ribeiro Silva	The Last Of Us e mais alguns	Senior Masculino	02:14:09	+01:29:50	13:25
486	1419	Rui Duarte	FLOENE	Senior Masculino	02:14:10	+01:29:50	13:25
487	1414	Martim Santos	FLOENE	Senior Masculino	02:14:11	+01:29:51	13:25
488	127	Luís Dias	Os Improváveis	Senior Masculino	02:14:11	+01:29:52	13:25
489	3052	Rodrigo Mira	The Last Of Us e mais alguns	Senior Masculino	02:14:17	+01:29:58	13:26
490	24	Alexandre De Almeida	C21 Confiança	Senior Masculino	02:14:38	+01:30:19	13:28
491	1412	José Almeida	FLOENE	Senior Masculino	02:14:49	+01:30:29	13:29
492	622	Nuno Fernando Soares Oliveira	As Tamancas	Senior Masculino	02:14:52	+01:30:33	13:29
493	25	Alexandre Marchini	C21 Confiança	Senior Masculino	02:15:10	+01:30:51	13:31
494	2071	RUI FIGUEIREDO	MUCHACHOS	Senior Masculino	02:15:31	+01:31:11	13:33
495	2066	GILBERTO MATOS	MUCHACHOS	Senior Masculino	02:15:31	+01:31:12	13:33
496	2067	JORGE FIGUEIREDO	MUCHACHOS	Senior Masculino	02:15:36	+01:31:17	13:34
497	2069	RICARDO PIRES	MUCHACHOS	Senior Masculino	02:15:36	+01:31:17	13:34
498	2070	RICARDO TOJAL	MUCHACHOS	Senior Masculino	02:15:36	+01:31:17	13:34
499	1837	Simao Monteiro	Kamandrus	Senior Masculino	02:16:05	+01:31:46	13:37
500	1836	Rui Araujo	Kamandrus	Senior Masculino	02:16:23	+01:32:04	13:38
501	1629	Diogo Batista	Grupo JR	Senior Masculino	02:16:52	+01:32:33	13:41
502	1519	Rafael Simões	FZLounge	Senior Masculino	02:16:57	+01:32:38	13:42
503	1626	Daniel Oliveira	Grupo JR	Senior Masculino	02:16:58	+01:32:39	13:42
504	1521	Tiago Ferreira	FZLounge	Senior Masculino	02:16:59	+01:32:40	13:42
505	1517	Bruno Tomasio	FZLounge	Senior Masculino	02:16:59	+01:32:40	13:42
506	142	José Carlos Marques Pereira	Os independentes	Senior Masculino	02:17:13	+01:32:54	13:43
507	140	António Carlos dias Évora	Os independentes	Senior Masculino	02:17:14	+01:32:55	13:43
508	2010	Mauro Galante	Lux Health Club	Senior Masculino	02:17:22	+01:33:03	13:44
509	2614	Samuel Moreira	Politogethers	Senior Masculino	02:17:24	+01:33:05	13:44
510	2605	Diogo moreira	Politogethers	Senior Masculino	02:17:25	+01:33:06	13:45
511	2613	Rúben resende	Politogethers	Senior Masculino	02:17:26	+01:33:07	13:45
512	1145	Ben Holstein	Deutsche Bratwurst	Senior Masculino	02:17:27	+01:33:07	13:45

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

513	1146	Jonathan Slaby	Deutsche Bratwurst	Senior Masculino	02:17:27	+01:33:07	13:45
514	1148	Silas Hofer	Deutsche Bratwurst	Senior Masculino	02:17:27	+01:33:07	13:45
515	2009	Diogo Silva	Lux Health Club	Senior Masculino	02:17:34	+01:33:15	13:45
516	2011	Nuno Almeida	Lux Health Club	Senior Masculino	02:17:35	+01:33:16	13:46
517	2012	Pedro Cunha	Lux Health Club	Senior Masculino	02:17:36	+01:33:17	13:46
518	2947	Kevin Regalado	Tainadas Run Team - Somengil	Senior Masculino	02:17:59	+01:33:39	13:48
519	2945	Joni Rocha	Tainadas Run Team - Somengil	Senior Masculino	02:18:08	+01:33:49	13:49
520	2948	Licinio Costa	Tainadas Run Team - Somengil	Senior Masculino	02:18:09	+01:33:49	13:49
521	2949	Milson Santos	Tainadas Run Team - Somengil	Senior Masculino	02:18:10	+01:33:51	13:49
522	2946	José Ferro	Tainadas Run Team - Somengil	Senior Masculino	02:18:14	+01:33:55	13:49
523	2942	Arcanjo Martins	Tainadas Run Team - Somengil	Senior Masculino	02:18:15	+01:33:56	13:50
524	2020	PAULO SANTOS	Marretas da Caneca	Senior Masculino	02:18:41	+01:34:21	13:52
525	3144	Marco Rafael de Oliveira e Silva	Vai com tudo!	Senior Masculino	02:18:41	+01:34:21	13:52
526	2021	PEDRO LEITE	Marretas da Caneca	Senior Masculino	02:18:45	+01:34:26	13:53
527	2016	ANDRE ALEIXO	Marretas da Caneca	Senior Masculino	02:18:46	+01:34:27	13:53
528	558	Fábio oliveira	Arsenal de Canelas	Senior Masculino	02:18:47	+01:34:28	13:53
529	2022	SEVERINO NADAIS	Marretas da Caneca	Senior Masculino	02:18:47	+01:34:28	13:53
530	2017	BRUNO ALMEIDA	Marretas da Caneca	Senior Masculino	02:18:47	+01:34:28	13:53
531	2019	FERNANDO FARIA	Marretas da Caneca	Senior Masculino	02:18:48	+01:34:29	13:53
532	2018	CARLOS FERREIRA	Marretas da Caneca	Senior Masculino	02:18:49	+01:34:29	13:53
533	3143	Gabriel dos Santos Gameiro	Vai com tudo!	Senior Masculino	02:18:50	+01:34:31	13:53
534	580	Paulo Borges	Arsenal de Canelas	Senior Masculino	02:18:55	+01:34:35	13:53
535	1239	David Lopes	Equipa ELITE	Senior Masculino	02:18:58	+01:34:39	13:54
536	1240	Emanuel Arrojado	Equipa ELITE	Senior Masculino	02:18:59	+01:34:40	13:54
537	3235	Rui Ramos	Individual	Senior Masculino	02:19:59	+01:35:40	14:00
538	392	Francisco Santos	Abade & Santos	Senior Masculino	02:20:03	+01:35:43	14:00
539	2381	Miguel Costa	os lameiros	Senior Masculino	02:20:08	+01:35:49	14:01
540	2386	Ricardo Silva	os lameiros	Senior Masculino	02:20:10	+01:35:51	14:01
541	1613	Valter Silva	Grupo Desconhecido	Senior Masculino	02:20:24	+01:36:05	14:02
542	1612	Paulo Tavares	Grupo Desconhecido	Senior Masculino	02:20:25	+01:36:06	14:03
543	2856	Pedro Castro	Samba Tribal	Senior Masculino	02:20:26	+01:36:07	14:03
544	1611	Jorge Cardoso	Grupo Desconhecido	Senior Masculino	02:20:28	+01:36:08	14:03
545	2853	João Carlos Mendes Samagaio	Samba Tribal	Senior Masculino	02:20:30	+01:36:10	14:03
546	3230	Júlio Costa	ZsaZsas	Senior Masculino	02:20:30	+01:36:11	14:03
547	1606	Mário Costa	Grupo Desconhecido	Senior Masculino	02:20:41	+01:36:22	14:04
548	1802	Leonardo Martins Pata	JUDO Team	Senior Masculino	02:21:00	+01:36:40	14:06
549	1801	Filipe de Ornelas Diogo Obrist	JUDO Team	Senior Masculino	02:21:01	+01:36:42	14:06
550	158	Miguel Angel Carrasco Fossi	PLAYGROUND	Senior Masculino	02:21:02	+01:36:43	14:06
551	1349	Bruno Silva	Fita Cola Preta	Senior Masculino	02:21:20	+01:37:01	14:08
552	1350	Gonçalo Pinto	Fita Cola Preta	Senior Masculino	02:21:20	+01:37:01	14:08
553	1351	Luís Gouveia	Fita Cola Preta	Senior Masculino	02:21:21	+01:37:02	14:08
554	2165	João Miranda	OCR4500	Senior Masculino	02:21:26	+01:37:07	14:09
555	2164	Daniel Oliveira	OCR4500	Senior Masculino	02:21:26	+01:37:07	14:09
556	2404	Uriel Martinho	Os Maravilha	Senior Masculino	02:22:08	+01:37:49	14:13
557	1714	Américo Neves	Iluminati	Senior Masculino	02:22:23	+01:38:03	14:14
558	2038	David Silva	Missão 100 Burpees	Senior Masculino	02:22:28	+01:38:09	14:15

Official Timekeeper: Lap2Go	41 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10 KM

[illegible][illegible]

559	2041	Valter Louro	Missão 100 Burpees	Senior Masculino	02:22:28	+01:38:09	14:15
560	2040	Tiago Simões Dias	Missão 100 Burpees	Senior Masculino	02:22:29	+01:38:09	14:15
561	2039	Gilberto Almeida	Missão 100 Burpees	Senior Masculino	02:22:31	+01:38:11	14:15
562	585	Pedro Loureiro	Arsenal de Canelas	Senior Masculino	02:22:42	+01:38:23	14:16
563	599	Tiago Ventura	Arsenal de Canelas	Senior Masculino	02:22:42	+01:38:23	14:16
564	1773	Francisco Matos	IV Temporada	Senior Masculino	02:22:55	+01:38:36	14:18
565	2724	Jaime Silva	RaceTfit	Senior Masculino	02:22:58	+01:38:39	14:18
566	2733	Pedro Soares	RaceTfit	Senior Masculino	02:22:58	+01:38:39	14:18
567	899	Márcio Silva	Canecus	Senior Masculino	02:23:17	+01:38:58	14:20
568	898	Emanuel Pinho	Canecus	Senior Masculino	02:23:19	+01:38:59	14:20
569	2641	João Carlos Ferreira Alves	Primas de Cortegaça	Senior Masculino	02:23:22	+01:39:03	14:20
570	891	Daniel Nunes	CandyCrushers	Senior Masculino	02:23:43	+01:39:24	14:22
571	893	Nuno Bernardo	CandyCrushers	Senior Masculino	02:23:44	+01:39:24	14:22
572	895	Rui Dionísio	CandyCrushers	Senior Masculino	02:23:44	+01:39:24	14:22
573	892	Danilo Almeida	CandyCrushers	Senior Masculino	02:23:44	+01:39:25	14:22
574	2389	Rui Pedro Carneiro da Silva	os lameiros	Senior Masculino	02:23:44	+01:39:25	14:22
575	2384	Pedro Miguel Oliveira Dias	os lameiros	Senior Masculino	02:23:46	+01:39:27	14:23
576	1005	Jose Agostinho Padeiro Costa	ClientesFofinhos	Senior Masculino	02:23:47	+01:39:27	14:23
577	1006	Pedro Lemos	ClientesFofinhos	Senior Masculino	02:23:48	+01:39:29	14:23
578	1133	MARCO MARQUES	DARTACÃO	Senior Masculino	02:23:49	+01:39:30	14:23
579	1140	Pedro Daniel Salvador Silva	DARTACÃO	Senior Masculino	02:23:49	+01:39:30	14:23
580	2385	Rafael Soares da Silva	os lameiros	Senior Masculino	02:23:50	+01:39:31	14:23
581	1007	Simão Neves	ClientesFofinhos	Senior Masculino	02:23:50	+01:39:31	14:23
582	1408	Joaquim Ramos	FLOENE	Senior Masculino	02:23:52	+01:39:33	14:23
583	2382	Paulo Jorge Correia Santos	os lameiros	Senior Masculino	02:23:54	+01:39:34	14:23
584	2377	João Miguel	os lameiros	Senior Masculino	02:23:59	+01:39:40	14:24
585	539	Agostinho da Silva Almeida	Arsenal de Canelas	Senior Masculino	02:24:10	+01:39:51	14:25
586	581	Paulo Daniel Correia Viana	Arsenal de Canelas	Senior Masculino	02:24:11	+01:39:51	14:25
587	568	José Souto	Arsenal de Canelas	Senior Masculino	02:24:12	+01:39:53	14:25
588	2345	José Filipe	Os lamaceiros	Senior Masculino	02:24:13	+01:39:53	14:25
589	2346	Ruben Nunes	Os lamaceiros	Senior Masculino	02:24:13	+01:39:54	14:25
590	2344	Carlos Antão	Os lamaceiros	Senior Masculino	02:24:13	+01:39:54	14:25
591	2343	André Silva	Os lamaceiros	Senior Masculino	02:24:13	+01:39:54	14:25
592	577	Nuno José Silva Marques	Arsenal de Canelas	Senior Masculino	02:24:14	+01:39:55	14:25
593	317	Álvaro Jesus	100 stress	Senior Masculino	02:24:23	+01:40:04	14:26
594	560	Gonçalo Melo	Arsenal de Canelas	Senior Masculino	02:24:26	+01:40:06	14:27
595	600	Vasco Carvalho	Arsenal de Canelas	Senior Masculino	02:24:30	+01:40:11	14:27
596	561	Henrique Jorge Gonçalves Martins Ferreira	Arsenal de Canelas	Senior Masculino	02:24:31	+01:40:12	14:27
597	1876	João Corga	L´Rocks	Senior Masculino	02:24:32	+01:40:13	14:27
598	1877	João Monteiro	L´Rocks	Senior Masculino	02:24:34	+01:40:15	14:27
599	1875	Elder Neves	L´Rocks	Senior Masculino	02:24:34	+01:40:15	14:27
600	1879	Tiago Baptista	L´Rocks	Senior Masculino	02:24:34	+01:40:15	14:27
601	2971	João Carvalho	Tamojunto	Senior Masculino	02:24:39	+01:40:20	14:28
602	2966	Rodrigo Miguel Teixeira Carvalho	Tamojunto	Senior Masculino	02:24:39	+01:40:20	14:28
603	2969	Augusto Ferreira	Tamojunto	Senior Masculino	02:24:40	+01:40:20	14:28
604	2970	Daniel Ferreira	Tamojunto	Senior Masculino	02:24:40	+01:40:20	14:28

Official Timekeeper: Lap2Go	42 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

605	2648	Wilson André Rodrigues Castro	Primas de Cortegaça	Senior Masculino	02:24:58	+01:40:38	14:30
606	2644	Luís Filipe Vieira Freitas	Primas de Cortegaça	Senior Masculino	02:24:58	+01:40:38	14:30
607	1702	Raul Vivas	Hipopotomonstrosesquipedaliofobia	Senior Masculino	02:25:06	+01:40:47	14:31
608	1826	EMANUEL DOS REIS	JUVENTUDE LAMACENTA	Senior Masculino	02:25:19	+01:40:59	14:32
609	1832	NUNO MIGUEL GONÇALVES ARAÚJO	JUVENTUDE LAMACENTA	Senior Masculino	02:25:19	+01:40:59	14:32
610	1827	FERNANDO JORGE COSTA SANTOS	JUVENTUDE LAMACENTA	Senior Masculino	02:25:20	+01:41:00	14:32
611	711	Tiago Lourenço	Balança mas não cai	Senior Masculino	02:25:34	+01:41:15	14:33
612	2850	Dinarte Vieira	Samba Tribal	Senior Masculino	02:25:38	+01:41:19	14:34
613	1855	Joaquim Pedro Rosa Samagaio	Ketonetes	Senior Masculino	02:25:40	+01:41:21	14:34
614	710	Rúben Gonçalves	Balança mas não cai	Senior Masculino	02:25:43	+01:41:24	14:34
615	546	Bruno Ferreira	Arsenal de Canelas	Senior Masculino	02:26:05	+01:41:45	14:36
616	768	António Melo	Bio Team	Senior Masculino	02:26:28	+01:42:09	14:39
617	770	Carlos Pereira	Bio Team	Senior Masculino	02:26:32	+01:42:12	14:39
618	3176	Filipe Alexandre Pereira Costa	VAIS TU QUE EU NAO POSSO	Senior Masculino	02:26:35	+01:42:16	14:40
619	3173	Cesar José Gregorio Pereira	VAIS TU QUE EU NAO POSSO	Senior Masculino	02:26:36	+01:42:17	14:40
620	3240	Talisson Kalebe Figueiredo Acosta	RunBora	Senior Masculino	02:26:39	+01:42:19	14:40
621	3238	Claudio Martins da Silva	RunBora	Senior Masculino	02:26:40	+01:42:20	14:40
622	432	Bruno Rama	Agora viemos ver os 10k	Senior Masculino	02:26:41	+01:42:22	14:40
623	3100	Alberto Tavares	Trepa de Estarreja	Senior Masculino	02:26:54	+01:42:34	14:41
624	3083	JOSÉ SILVA	Tir`ekéda	Senior Masculino	02:27:14	+01:42:55	14:43
625	3080	Francisco Silva	Tir`ekéda	Senior Masculino	02:27:23	+01:43:03	14:44
626	3231	LEONARDO MARTINEZ	ZsaZsas	Senior Masculino	02:27:45	+01:43:25	14:46
627	3183	José Manuel Cardoso Costa	VAIS TU QUE EU NAO POSSO	Senior Masculino	02:27:51	+01:43:32	14:47
628	708	Bruno Tome	Balança mas não cai	Senior Masculino	02:27:55	+01:43:35	14:47
629	709	Filipe Lopes	Balança mas não cai	Senior Masculino	02:27:55	+01:43:35	14:47
630	2815	Alexandre Silva	Rota Das Tapas	Senior Masculino	02:27:57	+01:43:38	14:48
631	2821	Tiago Coelho	Rota Das Tapas	Senior Masculino	02:27:57	+01:43:38	14:48
632	2820	Miguel Cabral	Rota Das Tapas	Senior Masculino	02:27:58	+01:43:39	14:48
633	2819	Miguel Vieira	Rota Das Tapas	Senior Masculino	02:28:00	+01:43:41	14:48
634	2817	Filipe Pereira	Rota Das Tapas	Senior Masculino	02:28:00	+01:43:41	14:48
635	2818	Luís Carlos Tavares Oliveira	Rota Das Tapas	Senior Masculino	02:28:01	+01:43:41	14:48
636	2816	Daniel Sousa	Rota Das Tapas	Senior Masculino	02:28:05	+01:43:46	14:49
637	2295	Tiago Daniel Rodrigues Ladeira	Os Friends	Senior Masculino	02:28:10	+01:43:50	14:49
638	2296	Tomás Inácio de Paula	Os Friends	Senior Masculino	02:28:10	+01:43:50	14:49
639	1949	Pedro Miguel Silva Pires	Lebres	Senior Masculino	02:28:15	+01:43:56	14:50
640	2372	Diogo Tavares	os lameiros	Senior Masculino	02:28:20	+01:44:01	14:50
641	1943	José David Rosas Duarte	Lebres	Senior Masculino	02:28:22	+01:44:02	14:50
642	1948	Paulo Alexandre Sousa Henriques	Lebres	Senior Masculino	02:28:22	+01:44:03	14:50
643	1941	Gabriel Dinis Cardoso e Silva	Lebres	Senior Masculino	02:28:23	+01:44:04	14:50
644	2390	Rui Santos	os lameiros	Senior Masculino	02:28:30	+01:44:10	14:51
645	1357	Kevin Barata	Fitness	Senior Masculino	02:28:36	+01:44:17	14:52
646	1359	Samuel Oliveira	Fitness	Senior Masculino	02:28:38	+01:44:18	14:52
647	1358	Pedro David Cardoso	Fitness	Senior Masculino	02:28:38	+01:44:18	14:52
648	2916	Gabriel Barros Beirão Reis	Sempr'abrir devagarinho	Senior Masculino	02:28:59	+01:44:40	14:54
649	2915	Afonso Afonso	Sempr'abrir devagarinho	Senior Masculino	02:28:59	+01:44:40	14:54

Official Timekeeper: Lap2Go	43 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

650	2227	Pedro Miguel Ribeiro de Almeida	Os Barricas	Senior Masculino	02:29:02	+01:44:43	14:54
651	3185	Nuno Alexandre dos Santos Figueiredo	VAIS TU QUE EU NAO POSSO	Senior Masculino	02:29:03	+01:44:43	14:54
652	3170	Arturo Diaz	VAIS TU QUE EU NAO POSSO	Senior Masculino	02:29:03	+01:44:43	14:54
653	2226	Paulo Augusto da Silva Almeida	Os Barricas	Senior Masculino	02:29:04	+01:44:44	14:54
654	2225	Nuno Ricardo Soares Alves	Os Barricas	Senior Masculino	02:29:04	+01:44:45	14:54
655	2510	Paulo Saraiva	Os Vencedores	Senior Masculino	02:29:06	+01:44:47	14:55
656	2508	João Santos	Os Vencedores	Senior Masculino	02:29:07	+01:44:48	14:55
657	2220	Carlos Alberto da Silva Lopes Fernandes	Os Barricas	Senior Masculino	02:29:07	+01:44:48	14:55
658	2224	Natalino Manuel Sousa Tavares	Os Barricas	Senior Masculino	02:29:08	+01:44:49	14:55
659	2507	André Manuel Rodrigues da Silva	Os Vencedores	Senior Masculino	02:29:09	+01:44:49	14:55
660	2222	José Manuel Oliveira Soares	Os Barricas	Senior Masculino	02:29:09	+01:44:50	14:55
661	2219	Alberto Almeida Tavares	Os Barricas	Senior Masculino	02:29:12	+01:44:52	14:55
662	2046	Ricardo Lopes	Missão Impossível	Senior Masculino	02:29:13	+01:44:54	14:55
663	2044	Miguel Félix	Missão Impossível	Senior Masculino	02:29:15	+01:44:55	14:55
664	1825	ANTONIO CONSTANTINO SILVA	JUVENTUDE LAMACENTA	Senior Masculino	02:29:15	+01:44:56	14:56
665	2045	Miguel Rodrigues	Missão Impossível	Senior Masculino	02:29:16	+01:44:56	14:56
666	2803	Pedro Miguel Santos Pereira	Rhomanos	Senior Masculino	02:29:37	+01:45:18	14:58
667	2804	Rui Manuel Fernandes Pereira	Rhomanos	Senior Masculino	02:29:38	+01:45:18	14:58
668	488	Jose Valente	ARRASTÕES	Senior Masculino	02:29:40	+01:45:21	14:58
669	486	Bruno Antão	ARRASTÕES	Senior Masculino	02:29:41	+01:45:21	14:58
670	489	Nuno pinho	ARRASTÕES	Senior Masculino	02:29:41	+01:45:21	14:58
671	487	Fernando Pinho	ARRASTÕES	Senior Masculino	02:29:41	+01:45:22	14:58
672	1238	Bruno Bessa	Equipa ELITE	Senior Masculino	02:29:46	+01:45:26	14:59
673	1245	Sérgio Matos	Equipa ELITE	Senior Masculino	02:29:46	+01:45:26	14:59
674	1241	Izidro Sousa	Equipa ELITE	Senior Masculino	02:29:47	+01:45:28	14:59
675	1243	Johnny Osório	Equipa ELITE	Senior Masculino	02:29:48	+01:45:28	14:59
676	2178	José Miguel Oliveira Vaz	Os Amigos da Coxinha de Frango	Senior Masculino	02:29:51	+01:45:31	14:59
677	783	João Teixeira	Biofriends	Senior Masculino	02:29:52	+01:45:33	14:59
678	782	Álvaro Marques Pereira Lourenço	Biofriends	Senior Masculino	02:29:54	+01:45:34	14:59
679	562	Hugo Silva	Arsenal de Canelas	Senior Masculino	02:29:59	+01:45:40	15:00
680	878	Pedro Tavares	Calisthenics ABP	Senior Masculino	02:30:22	+01:46:03	15:02
681	880	Vítor Fonseca	Calisthenics ABP	Senior Masculino	02:30:22	+01:46:03	15:02
682	879	Tiago Silva	Calisthenics ABP	Senior Masculino	02:30:23	+01:46:03	15:02
683	877	Diogo Camacho	Calisthenics ABP	Senior Masculino	02:30:23	+01:46:04	15:02
684	1721	Lino Ferreira	Calisthenics ABP	Senior Masculino	02:30:23	+01:46:04	15:02
685	876	Afonso Santos	Calisthenics ABP	Senior Masculino	02:30:23	+01:46:04	15:02
686	1255	José Gomes	Esfrega Laminha	Senior Masculino	02:30:23	+01:46:04	15:02
687	2411	André Silva	Os Marroquinos	Senior Masculino	02:30:32	+01:46:13	15:03
688	2414	António Marroquino	Os Marroquinos	Senior Masculino	02:30:34	+01:46:15	15:03
689	2420	Tiago Soares	Os Marroquinos	Senior Masculino	02:30:37	+01:46:17	15:04
690	3196	Marco Gonçalves	Vamos tentar não morrer!	Senior Masculino	02:30:43	+01:46:24	15:04
691	3195	Elisio Ferreira	Vamos tentar não morrer!	Senior Masculino	02:30:44	+01:46:25	15:04
692	2234	João Fernandes da Silva	Os Borrachões	Senior Masculino	02:30:51	+01:46:32	15:05
693	2232	Afonso Fernandes da Silva	Os Borrachões	Senior Masculino	02:30:51	+01:46:32	15:05
694	2235	Ricardo Fonseca Oliveira	Os Borrachões	Senior Masculino	02:30:52	+01:46:32	15:05

Official Timekeeper: Lap2Go	44 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

695	2233	António Gabriel Henriques da Silva Henriques	Os Borrachões	Senior Masculino	02:30:52	+01:46:33	15:05
696	2105	Valter Silva	Não sei!	Senior Masculino	02:31:31	+01:47:12	15:09
697	2101	João Valente	Não sei!	Senior Masculino	02:31:31	+01:47:12	15:09
698	3081	Gonçalo Ladeira	Tir`ekéda	Senior Masculino	02:31:40	+01:47:21	15:10
699	3078	Duarte ladeira	Tir`ekéda	Senior Masculino	02:31:41	+01:47:21	15:10
700	2183	Pedro André Maia Lamego	Os Amigos da Coxinha de Frango	Senior Masculino	02:31:45	+01:47:26	15:10
701	3207	Bruno Augusto	Warrior NaN	Senior Masculino	02:31:45	+01:47:26	15:11
702	3208	Miguel Rosa	Warrior NaN	Senior Masculino	02:31:46	+01:47:27	15:11
703	2176	João Henrique Valente Oliveira	Os Amigos da Coxinha de Frango	Senior Masculino	02:31:46	+01:47:27	15:11
704	2864	João Paulo dos Santos Tavares	Santos da Lama	Senior Masculino	02:32:15	+01:47:56	15:13
705	2862	Edgar Morais	Santos da Lama	Senior Masculino	02:32:15	+01:47:56	15:13
706	2865	João Pedro Abreu	Santos da Lama	Senior Masculino	02:32:16	+01:47:57	15:14
707	1356	Alexandre Peralta	Fitness	Senior Masculino	02:32:23	+01:48:04	15:14
708	2283	Pedro Miguel Monteiro Baptista	Os Fânãñã	Senior Masculino	02:32:27	+01:48:07	15:15
709	2282	Nuno Rodrigo de Oliveira Pais	Os Fânãñã	Senior Masculino	02:32:27	+01:48:07	15:15
710	2280	Fernando Jorge Ribau Lino	Os Fânãñã	Senior Masculino	02:32:27	+01:48:08	15:15
711	2279	Carlos Manuel Oliveira Conceição	Os Fânãñã	Senior Masculino	02:32:27	+01:48:08	15:15
712	2281	Flávio Martinho Simões Ferreira	Os Fânãñã	Senior Masculino	02:32:28	+01:48:09	15:15
713	1336	Ricardo Borges	Fast & F@cidos	Senior Masculino	02:32:40	+01:48:20	15:16
714	1333	Nelson Reis	Fast & F@cidos	Senior Masculino	02:32:43	+01:48:24	15:16
715	2837	Luís Tavares	Salta e cai	Senior Masculino	02:32:47	+01:48:28	15:17
716	2840	Nelson Pacheco	Salta e cai	Senior Masculino	02:32:48	+01:48:29	15:17
717	1418	Pedro Silva	FLOENE	Senior Masculino	02:32:53	+01:48:33	15:17
718	2141	Armando Jorge Silva Oliveira	Nucleares	Senior Masculino	02:32:53	+01:48:34	15:17
719	1337	Ricardo Reis	Fast & F@cidos	Senior Masculino	02:32:55	+01:48:36	15:18
720	1330	Alberto Jorge	Fast & F@cidos	Senior Masculino	02:32:55	+01:48:36	15:18
721	458	Ricardo Martins	Alfazemamos	Senior Masculino	02:33:05	+01:48:45	15:18
722	459	Rui Soares	Alfazemamos	Senior Masculino	02:33:05	+01:48:46	15:18
723	1332	Miguel Pinho	Fast & F@cidos	Senior Masculino	02:33:08	+01:48:49	15:19
724	2800	Artur Daniel Santos Melo	Rhomanos	Senior Masculino	02:33:25	+01:49:06	15:20
725	1335	Paulo Miranda	Fast & F@cidos	Senior Masculino	02:33:25	+01:49:06	15:21
726	2585	João Davies	PLAYGROUND	Senior Masculino	02:33:34	+01:49:15	15:21
727	2501	Vitor Santos Dias	Os Valmayorkinos	Senior Masculino	02:33:41	+01:49:22	15:22
728	2499	Carlos Manuel Marques Pereira	Os Valmayorkinos	Senior Masculino	02:33:42	+01:49:22	15:22
729	2500	José Ismael Martins Arede	Os Valmayorkinos	Senior Masculino	02:33:43	+01:49:24	15:22
730	1946	Mário Sérgio Lopes de Castro	Lebres	Senior Masculino	02:33:46	+01:49:27	15:23
731	1945	Luis Filipe Fernandes correia	Lebres	Senior Masculino	02:33:53	+01:49:33	15:23
732	1950	Sergio Manuel Nascimento	Lebres	Senior Masculino	02:33:53	+01:49:33	15:23
733	2962	Rui Sousa	TainadasTeam	Senior Masculino	02:34:04	+01:49:44	15:24
734	2964	Vitor Félix	TainadasTeam	Senior Masculino	02:34:06	+01:49:47	15:25
735	2959	Marcelo Magalhaes	TainadasTeam	Senior Masculino	02:34:08	+01:49:49	15:25
736	662	José António Marques Sousa	ASSOCIACAO CULTURAL DE SALREU	Senior Masculino	02:34:18	+01:49:59	15:26
737	1730	Helder Silva	Individual	Senior Masculino	02:34:21	+01:50:02	15:26
738	648	RENATO FILIPE RODRIGUES RAMOS	Associação Atlética de Avanca	Senior Masculino	02:34:53	+01:50:34	15:29
739	644	DOMINGOS VENTURA MATOS	Associação Atlética de Avanca	Senior Masculino	02:34:54	+01:50:35	15:29

Official Timekeeper: Lap2Go	45 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

740	647	PEDRO MIGUEL ANDRADE DOS SANTOS	Associação Atlética de Avanca	Senior Masculino	02:34:55	+01:50:36	15:30
741	645	HÉLDER MANUEL BASTOS FERREIRA	Associação Atlética de Avanca	Senior Masculino	02:34:56	+01:50:36	15:30
742	2994	Nuno Veloso	Tartarugas Ninja	Senior Masculino	02:34:57	+01:50:38	15:30
743	2371	Dário Gomes	os lameiros	Senior Masculino	02:35:13	+01:50:54	15:31
744	2370	André Tavares	os lameiros	Senior Masculino	02:35:13	+01:50:54	15:31
745	2574	NUNO MIGUEL HENRIQUES FERNANDES	Plasticos JOLUCE	Senior Masculino	02:35:40	+01:51:20	15:34
746	2568	DIOGO FERREIRA DA SILVA GODINHO	Plasticos JOLUCE	Senior Masculino	02:35:40	+01:51:20	15:34
747	2567	DANIEL JOSE RANGEL SALAZAR	Plasticos JOLUCE	Senior Masculino	02:35:40	+01:51:21	15:34
748	2570	GURJANT SINGH	Plasticos JOLUCE	Senior Masculino	02:35:40	+01:51:21	15:34
749	2576	RICARDO FILIPE VALENTE PAIVA	Plasticos JOLUCE	Senior Masculino	02:35:40	+01:51:21	15:34
750	2577	TIAGO DA SILVA COSTEIRA	Plasticos JOLUCE	Senior Masculino	02:35:40	+01:51:21	15:34
751	2571	HARDEEP SINGH	Plasticos JOLUCE	Senior Masculino	02:35:40	+01:51:21	15:34
752	2573	JOAQUIM ORLANDO DA SILVA CARDOSO	Plasticos JOLUCE	Senior Masculino	02:35:41	+01:51:21	15:34
753	2569	FILIPE MIGUEL SOUSA DA SILVA VAZ	Plasticos JOLUCE	Senior Masculino	02:35:41	+01:51:22	15:34
754	2572	BYRON ORLANDO YEPEZ MENA	Plasticos JOLUCE	Senior Masculino	02:35:41	+01:51:22	15:34
755	906	Gonçalo Rodrigues	Caracóis LDA	Senior Masculino	02:35:49	+01:51:30	15:35
756	908	Tiago Pereira	Caracóis LDA	Senior Masculino	02:35:50	+01:51:30	15:35
757	907	Hugo Leal	Caracóis LDA	Senior Masculino	02:35:50	+01:51:30	15:35
758	2251	Nuno Marques	Os Bravos	Senior Masculino	02:35:53	+01:51:33	15:35
759	663	Jose maio	ASSOCIACAO CULTURAL DE SALREU	Senior Masculino	02:35:58	+01:51:39	15:36
760	2612	Rafael Bernardo Brochado	Politogethers	Senior Masculino	02:36:09	+01:51:49	15:37
761	2611	Pedro Mota	Politogethers	Senior Masculino	02:36:10	+01:51:51	15:37
762	2250	Nuno Barreto	Os Bravos	Senior Masculino	02:36:22	+01:52:02	15:38
763	2492	Duarte Pedro Costa Almeida	Os trambolheiros	Senior Masculino	02:36:39	+01:52:20	15:40
764	2491	António Augusto Nunes Silva Almeida	Os trambolheiros	Senior Masculino	02:36:41	+01:52:22	15:40
765	2417	Filipe Nogueira	Os Marroquinos	Senior Masculino	02:36:51	+01:52:32	15:41
766	2412	André Soares	Os Marroquinos	Senior Masculino	02:36:52	+01:52:32	15:41
767	2415	Bruno Gonçalves	Os Marroquinos	Senior Masculino	02:36:52	+01:52:32	15:41
768	2418	José Marroquinos	Os Marroquinos	Senior Masculino	02:36:56	+01:52:37	15:42
769	2423	Samuel Silva	Os Pangaio	Senior Masculino	02:37:02	+01:52:43	15:42
770	2206	Rodrigo Melo	Os Bains	Senior Masculino	02:37:12	+01:52:53	15:43
771	2113	Vicente Nata dos Reis	NEPTUNO 2024	Senior Masculino	02:37:21	+01:53:02	15:44
772	2109	Vasco Santos Ramos	NEPTUNO 2024	Senior Masculino	02:37:22	+01:53:02	15:44
773	2254	Samuel Madail	Os Bravos	Senior Masculino	02:37:29	+01:53:10	15:45
774	2253	Ricardo Correia	Os Bravos	Senior Masculino	02:37:31	+01:53:11	15:45
775	2249	Mário Pinho	Os Bravos	Senior Masculino	02:37:33	+01:53:14	15:45
776	2252	Paulo Vinagre	Os Bravos	Senior Masculino	02:37:34	+01:53:15	15:45
777	2911	Nelson Vieira	Seita da lama	Senior Masculino	02:37:36	+01:53:16	15:46
778	2907	Hugo Santos	Seita da lama	Senior Masculino	02:37:36	+01:53:16	15:46
779	2910	Luis Pereira	Seita da lama	Senior Masculino	02:37:36	+01:53:17	15:46
780	2906	António Matos	Seita da lama	Senior Masculino	02:37:37	+01:53:17	15:46
781	415	João Miguel Costa Melo Soares	Active Studio	Senior Masculino	02:37:37	+01:53:17	15:46

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

782	2912	Ricardo Gonçalves	Seita da lama	Senior Masculino	02:37:37	+01:53:18	15:46
783	2909	Jorge Silva	Seita da lama	Senior Masculino	02:37:37	+01:53:18	15:46
784	2833	Bruno Oliveira	Salta e cai	Senior Masculino	02:37:44	+01:53:24	15:46
785	2843	Rui Almeida	Salta e cai	Senior Masculino	02:37:45	+01:53:26	15:47
786	2842	Nuno gomes	Salta e cai	Senior Masculino	02:37:48	+01:53:29	15:47
787	412	Alberto Carlos Correia Dias	Active Studio	Senior Masculino	02:37:51	+01:53:31	15:47
788	414	Hugo Manuel Ferreira de Oliveira	Active Studio	Senior Masculino	02:37:51	+01:53:31	15:47
789	2836	José Sona	Salta e cai	Senior Masculino	02:37:51	+01:53:32	15:47
790	1094	Orlando Hector Gaudêncio de Oliveira	CROSS VASSOURAS	Senior Masculino	02:37:53	+01:53:33	15:47
791	2844	Fábio Diogo Dias Mesquita	Salta e cai	Senior Masculino	02:37:53	+01:53:34	15:47
792	1092	Edgar Soares Silva	CROSS VASSOURAS	Senior Masculino	02:37:53	+01:53:34	15:47
793	2838	Manuel Pereira	Salta e cai	Senior Masculino	02:37:56	+01:53:37	15:48
794	1095	Paulo Alexandre Curto Catarino	CROSS VASSOURAS	Senior Masculino	02:37:59	+01:53:39	15:48
795	636	Ricardo Cunha	ASIG	Senior Masculino	02:37:59	+01:53:40	15:48
796	2422	Hugo Silva	Os Pangaio	Senior Masculino	02:38:01	+01:53:42	15:48
797	2841	Nuno Caldeira	Salta e cai	Senior Masculino	02:38:02	+01:53:43	15:48
798	2835	João Rocha	Salta e cai	Senior Masculino	02:38:03	+01:53:43	15:48
799	157	Miguel Almeida	PLAYGROUND	Senior Masculino	02:38:03	+01:53:44	15:48
800	2834	Ernesto Tavares	Salta e cai	Senior Masculino	02:38:04	+01:53:45	15:48
801	1098	Timóteo Silva	CROSS VASSOURAS	Senior Masculino	02:38:05	+01:53:45	15:48
802	2586	Vasco Correia Rocha	PLAYGROUND	Senior Masculino	02:38:05	+01:53:46	15:49
803	2583	Bruno José Pires Da Cunha	PLAYGROUND	Senior Masculino	02:38:07	+01:53:48	15:49
804	155	Joaquim De Sousa Rodrigues	PLAYGROUND	Senior Masculino	02:38:09	+01:53:49	15:49
805	2081	Hélder Pirão	Murtosa Power Gym	Senior Masculino	02:38:10	+01:53:51	15:49
806	98	Manuel Valente	Individual	Senior Masculino	02:38:10	+01:53:51	15:49
807	2080	Diogo Castro	Murtosa Power Gym	Senior Masculino	02:38:10	+01:53:51	15:49
808	2082	João Ruela	Murtosa Power Gym	Senior Masculino	02:38:11	+01:53:51	15:49
809	2083	José Moreira	Murtosa Power Gym	Senior Masculino	02:38:12	+01:53:52	15:49
810	2832	Barnabé Almeida	Salta e cai	Senior Masculino	02:38:12	+01:53:53	15:49
811	1411	Jorge Moutela	FLOENE	Senior Masculino	02:38:15	+01:53:55	15:49
812	2246	Carlos Venâncio	Os Bravos	Senior Masculino	02:38:21	+01:54:01	15:50
813	2776	Carlos Manuel Tavares Fernandes	Reumáticos & Etc	Senior Masculino	02:38:30	+01:54:10	15:51
814	2784	Mário José Carvalho dos Santos	Reumáticos & Etc	Senior Masculino	02:38:37	+01:54:17	15:52
815	596	Rui Manuel Monteiro Pereira	Arsenal de Canelas	Senior Masculino	02:39:03	+01:54:44	15:54
816	574	Marisa da Cruz Abrantes	Arsenal de Canelas	Senior Masculino	02:39:03	+01:54:44	15:54
817	2216	Mateus Oliveira Gaudêncio	Os Bains	Senior Masculino	02:39:16	+01:54:56	15:56
818	2208	Bernardo Montenegro Oliveira	Os Bains	Senior Masculino	02:39:43	+01:55:24	15:58
819	2211	Dinis Vieira Pinto	Os Bains	Senior Masculino	02:39:44	+01:55:25	15:58
820	2217	Pedro Nuno Correia Lopes	Os Bains	Senior Masculino	02:39:44	+01:55:25	15:58
821	1373	Cristiano Silva Sebolão	Flamingos	Senior Masculino	02:40:03	+01:55:44	16:00
822	2809	Ricardo Pinho	Rompem Solas & Esvaziam Finos	Senior Masculino	02:40:04	+01:55:45	16:00
823	1378	Rafael Duarte Lacerda Vidal	Flamingos	Senior Masculino	02:40:04	+01:55:45	16:00
824	1380	Tiago Cunha Cascais	Flamingos	Senior Masculino	02:40:05	+01:55:45	16:00
825	1377	Leandro Rodrigues da Silva	Flamingos	Senior Masculino	02:40:05	+01:55:46	16:01
826	1381	Tiago Manuel Ramos Pereira Matos	Flamingos	Senior Masculino	02:40:06	+01:55:47	16:01
827	2808	José Sousa	Rompem Solas & Esvaziam Finos	Senior Masculino	02:40:07	+01:55:48	16:01

Official Timekeeper: Lap2Go	47 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

828	2810	Valter Pinho	Rompem Solas & Esvaziam Finos	Senior Masculino	02:40:09	+01:55:50	16:01
829	1777	Sandro Miguel Valente Esteves	IV Temporada	Senior Masculino	02:40:20	+01:56:01	16:02
830	1776	Rafael Nora	IV Temporada	Senior Masculino	02:40:21	+01:56:01	16:02
831	1775	Pedro Nora	IV Temporada	Senior Masculino	02:40:21	+01:56:01	16:02
832	1374	Filipe Caneira Vigário	Flamingos	Senior Masculino	02:40:22	+01:56:03	16:02
833	1376	Juan Carlos de Abreu Faria	Flamingos	Senior Masculino	02:40:42	+01:56:23	16:04
834	591	Ricardo Gomes	Arsenal de Canelas	Senior Masculino	02:40:44	+01:56:24	16:04
835	589	Rafael Felicio	Arsenal de Canelas	Senior Masculino	02:40:44	+01:56:25	16:04
836	583	Paulo Lopes	Arsenal de Canelas	Senior Masculino	02:40:45	+01:56:25	16:04
837	579	Paulo Alves	Arsenal de Canelas	Senior Masculino	02:40:48	+01:56:28	16:05
838	541	António Cardoso	Arsenal de Canelas	Senior Masculino	02:40:52	+01:56:33	16:05
839	548	Carlos Ferreira	Arsenal de Canelas	Senior Masculino	02:41:01	+01:56:41	16:06
840	1588	Tiago Pinto	Gordinho	Senior Masculino	02:41:02	+01:56:42	16:06
841	1587	Marco Valente	Gordinho	Senior Masculino	02:41:02	+01:56:43	16:06
842	1287	Jadir Calheiros	Expulsivas	Senior Masculino	02:41:14	+01:56:55	16:07
843	978	Gonçalo Lourenço	CINÂBRIO	Senior Masculino	02:41:54	+01:57:34	16:11
844	979	Pedro Antunes	CINÂBRIO	Senior Masculino	02:41:54	+01:57:35	16:11
845	2112	Ricardo Alberto Martins de Almeida	NEPTUNO 2024	Senior Masculino	02:42:08	+01:57:48	16:13
846	2110	Nuno Filipe Teixeira Mónica Conde	NEPTUNO 2024	Senior Masculino	02:42:08	+01:57:49	16:13
847	2111	Paulo Miguel Gomes dos Reis	NEPTUNO 2024	Senior Masculino	02:42:08	+01:57:49	16:13
848	2108	Gil Nata dos Reis	NEPTUNO 2024	Senior Masculino	02:42:08	+01:57:49	16:13
849	2131	Pedro Silva	Noitadas team	Senior Masculino	02:42:11	+01:57:51	16:13
850	2132	Ricardo Alvarez	Noitadas team	Senior Masculino	02:42:11	+01:57:52	16:13
851	551	Daniel Almeida	Arsenal de Canelas	Senior Masculino	02:42:18	+01:57:59	16:14
852	540	André Guimarães	Arsenal de Canelas	Senior Masculino	02:42:25	+01:58:06	16:14
853	586	Pedro Pinho	Arsenal de Canelas	Senior Masculino	02:42:31	+01:58:11	16:15
854	553	David Santos	Arsenal de Canelas	Senior Masculino	02:42:32	+01:58:13	16:15
855	1856	Nuno Lareiro	Ketonetes	Senior Masculino	02:42:33	+01:58:14	16:15
856	1539	Bruno Filipe Almeida Dias Silveiras	Geração UNO	Senior Masculino	02:42:59	+01:58:39	16:18
857	1538	António Francisco Lourenço Souto	Geração UNO	Senior Masculino	02:43:00	+01:58:41	16:18
858	1540	Eraldo Alzemiro de Oliveira Júnior	Geração UNO	Senior Masculino	02:43:02	+01:58:42	16:18
859	1542	Rafael Correia	Geração UNO	Senior Masculino	02:43:03	+01:58:43	16:18
860	1541	Miguel Amador Valente	Geração UNO	Senior Masculino	02:43:03	+01:58:44	16:18
861	1972	Filipe Campizes	LnForma	Senior Masculino	02:43:08	+01:58:49	16:19
862	1974	Mário Pinto	LnForma	Senior Masculino	02:43:12	+01:58:53	16:19
863	416	João Pedro Soares Fernandes	Active Studio	Senior Masculino	02:43:15	+01:58:55	16:19
864	2429	Leandro Teixeira Gaspar	Os Principiantes	Senior Masculino	02:43:23	+01:59:04	16:20
865	417	Leandro José Barbosa da Silva	Active Studio	Senior Masculino	02:43:27	+01:59:08	16:21
866	418	Pedro Gaspar Silva	Active Studio	Senior Masculino	02:43:27	+01:59:08	16:21
867	592	Rodrigo Teixeira Ribeiro	Arsenal de Canelas	Senior Masculino	02:44:11	+01:59:52	16:25
868	1716	Diogo Lopes	Iluminati	Senior Masculino	02:45:24	+02:01:05	16:32
869	1711	Bruno Eduardo da Costa Lima	Iluminati	Senior Masculino	02:45:37	+02:01:17	16:34
870	2335	Luis madaleno	Os Indomáveis	Senior Masculino	02:45:39	+02:01:20	16:34
871	2330	Gabriel Silva	Os Indomáveis	Senior Masculino	02:45:39	+02:01:20	16:34
872	2336	Miguel silva	Os Indomáveis	Senior Masculino	02:45:40	+02:01:20	16:34
873	932	Diogo Oliveira	CenourasPregos&Colas	Senior Masculino	02:45:40	+02:01:21	16:34

Official Timekeeper: Lap2Go	48 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

874	2339	Ricardo soares	Os Indomáveis	Senior Masculino	02:45:40	+02:01:21	16:34
875	1715	André Moreira	Iluminati	Senior Masculino	02:45:41	+02:01:21	16:34
876	1713	Alexandre Dias	Iluminati	Senior Masculino	02:45:41	+02:01:22	16:34
877	660	António Sousa	ASSOCIACAO CULTURAL DE SALREU	Senior Masculino	02:45:41	+02:01:22	16:34
878	661	Dario Rafael Silva	ASSOCIACAO CULTURAL DE SALREU	Senior Masculino	02:45:43	+02:01:23	16:34
879	1039	Rui Guedes	CODEPLAS Team	Senior Masculino	02:45:43	+02:01:23	16:34
880	931	Bruno Pinheiro	CenourasPregos&Colas	Senior Masculino	02:45:43	+02:01:24	16:34
881	935	Sérgio Leitão	CenourasPregos&Colas	Senior Masculino	02:45:45	+02:01:25	16:34
882	934	Mauro Pinheiro	CenourasPregos&Colas	Senior Masculino	02:45:46	+02:01:27	16:35
883	664	José Pedro Migueis	ASSOCIACAO CULTURAL DE SALREU	Senior Masculino	02:45:50	+02:01:30	16:35
884	1717	Fernando António Afonso da Costa	Iluminati	Senior Masculino	02:45:52	+02:01:33	16:35
885	659	André Santos	ASSOCIACAO CULTURAL DE SALREU	Senior Masculino	02:46:06	+02:01:47	16:37
886	3233	Pedro Lancastre	ZsaZsas	Senior Masculino	02:46:12	+02:01:52	16:37
887	3227	Bruno Tavares	ZsaZsas	Senior Masculino	02:46:15	+02:01:55	16:37
888	3089	Telmo Simões	Tir`ekéda	Senior Masculino	02:46:19	+02:02:00	16:38
889	3084	Marcio pinhão	Tir`ekéda	Senior Masculino	02:46:21	+02:02:02	16:38
890	3086	Pedro Marques	Tir`ekéda	Senior Masculino	02:46:25	+02:02:06	16:39
891	3085	Milton Silva	Tir`ekéda	Senior Masculino	02:46:27	+02:02:07	16:39
892	2271	Rui Duarte	OS CATRAIOS	Senior Masculino	02:46:28	+02:02:09	16:39
893	2269	Nuno Miguel Dias Bastos	OS CATRAIOS	Senior Masculino	02:46:30	+02:02:10	16:39
894	2203	Tiago silva	Os Atrevidos	Senior Masculino	02:46:30	+02:02:11	16:39
895	2201	Carlos Alberto Azevedo Dias	Os Atrevidos	Senior Masculino	02:46:30	+02:02:11	16:39
896	824	Albino Manuel Gomes da Costa	Bombeiros VAV	Senior Masculino	02:46:30	+02:02:11	16:39
897	2202	João silva	Os Atrevidos	Senior Masculino	02:46:31	+02:02:11	16:39
898	2200	Afonso Carrelha	Os Atrevidos	Senior Masculino	02:46:31	+02:02:12	16:39
899	3088	Sergio Vidal	Tir`ekéda	Senior Masculino	02:46:34	+02:02:15	16:39
900	3073	António santos	Tir`ekéda	Senior Masculino	02:46:38	+02:02:18	16:40
901	2270	Pedro Viegas	OS CATRAIOS	Senior Masculino	02:46:42	+02:02:23	16:40
902	2268	Bruno Maia	OS CATRAIOS	Senior Masculino	02:46:43	+02:02:24	16:40
903	1601	Rodolfo Costa Torres	Grupo De Carnaval Pindéricus	Senior Masculino	02:46:55	+02:02:36	16:42
904	1602	Samuel Rodrigues Marques Mané	Grupo De Carnaval Pindéricus	Senior Masculino	02:46:58	+02:02:38	16:42
905	1600	Rafael Ferreira Gonçalo	Grupo De Carnaval Pindéricus	Senior Masculino	02:46:58	+02:02:38	16:42
906	1591	António Gabriel Assunção Alegre	Grupo De Carnaval Pindéricus	Senior Masculino	02:47:03	+02:02:44	16:42
907	1594	Bruno Miguel Oliveira Veiros	Grupo De Carnaval Pindéricus	Senior Masculino	02:47:08	+02:02:49	16:43
908	1598	Mário José Marques Resende	Grupo De Carnaval Pindéricus	Senior Masculino	02:47:09	+02:02:50	16:43
909	1593	Bruno Jorge Almeida Cabral	Grupo De Carnaval Pindéricus	Senior Masculino	02:47:09	+02:02:50	16:43
910	1596	José António Rodrigues Lopes	Grupo De Carnaval Pindéricus	Senior Masculino	02:47:11	+02:02:52	16:43
911	2451	Pedro Machado	Os resistentes	Senior Masculino	02:47:12	+02:02:53	16:43
912	2446	Gabriel Machado	Os resistentes	Senior Masculino	02:47:12	+02:02:53	16:43
913	2448	Luis Pinho	Os resistentes	Senior Masculino	02:47:16	+02:02:57	16:44
914	2453	Ricardo Silva	Os resistentes	Senior Masculino	02:47:16	+02:02:57	16:44
915	2455	Tiago Silva	Os resistentes	Senior Masculino	02:47:20	+02:03:01	16:44
916	2449	Luis Santos	Os resistentes	Senior Masculino	02:47:21	+02:03:02	16:44
917	2447	Joaquim Guia	Os resistentes	Senior Masculino	02:47:24	+02:03:05	16:44

Official Timekeeper: Lap2Go	49 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

918	2443	Bruno Tavares	Os resistentes	Senior Masculino	02:47:26	+02:03:06	16:45
919	2442	Álvaro Neves	Os resistentes	Senior Masculino	02:47:26	+02:03:07	16:45
920	2454	Rui Martins	Os resistentes	Senior Masculino	02:47:29	+02:03:10	16:45
921	1708	Rafael Sousa	HRAqui	Senior Masculino	02:47:31	+02:03:11	16:45
922	2452	Ricardo Rainho	Os resistentes	Senior Masculino	02:47:35	+02:03:16	16:45
923	1707	Pedro Neves	HRAqui	Senior Masculino	02:47:36	+02:03:17	16:46
924	1706	Bruno Fernando de Sousa Santos	HRAqui	Senior Masculino	02:47:44	+02:03:24	16:46
925	1656	Ricardo Bessa	Grupo JR	Senior Masculino	02:47:46	+02:03:27	16:47
926	1225	João Lemos	Epic Athlete Project	Senior Masculino	02:47:46	+02:03:27	16:47
927	1226	Will Ramirez	Epic Athlete Project	Senior Masculino	02:47:47	+02:03:27	16:47
928	1224	Henrique Guilherme	Epic Athlete Project	Senior Masculino	02:47:47	+02:03:28	16:47
929	1628	David Ferreira	Grupo JR	Senior Masculino	02:47:48	+02:03:29	16:47
930	323	Ricardo Bozingwa	100Juízo	Senior Masculino	02:47:49	+02:03:30	16:47
931	1016	Jorge Teixeira	Clube Cultural e Desportivo de Veiros	Senior Masculino	02:48:12	+02:03:53	16:49
932	1586	João Carlos Ferreira	Goofy's	Senior Masculino	02:48:18	+02:03:58	16:50
933	1585	Eduardo Barbosa	Goofy's	Senior Masculino	02:48:18	+02:03:59	16:50
934	948	António Oliveira	Cheios D'Lama	Senior Masculino	02:48:21	+02:04:02	16:50
935	952	Vítor Lopes	Cheios D'Lama	Senior Masculino	02:48:22	+02:04:03	16:50
936	950	Pedro Sá	Cheios D'Lama	Senior Masculino	02:48:23	+02:04:04	16:50
937	1130	GONÇALO BRANCO	DARTACÃO	Senior Masculino	02:48:26	+02:04:06	16:51
938	1018	Nuno Rodrigues	Clube Cultural e Desportivo de Veiros	Senior Masculino	02:48:27	+02:04:08	16:51
939	1017	Mário Tavares	Clube Cultural e Desportivo de Veiros	Senior Masculino	02:48:29	+02:04:10	16:51
940	1143	SERAFIM GOUVEIA	DARTACÃO	Senior Masculino	02:48:30	+02:04:11	16:51
941	1138	PAULO JORGE COELHO	DARTACÃO	Senior Masculino	02:48:31	+02:04:11	16:51
942	2274	Marco Leite	Os Coxos	Senior Masculino	02:48:31	+02:04:11	16:51
943	2275	Michael Soeima	Os Coxos	Senior Masculino	02:48:31	+02:04:11	16:51
944	1137	NUNO LOURA	DARTACÃO	Senior Masculino	02:48:36	+02:04:17	16:52
945	1131	Ivo Alexandre da Rocha Batista	DARTACÃO	Senior Masculino	02:48:39	+02:04:20	16:52
946	1129	EDUARDO JARDIM	DARTACÃO	Senior Masculino	02:48:42	+02:04:23	16:52
947	1722	Aderito Videira	Individual	Senior Masculino	02:49:04	+02:04:44	16:54
948	2427	António Manuel Lopes da Silva	Os Principiantes	Senior Masculino	02:49:08	+02:04:49	16:55
949	1508	Joaquim Silva	Funcional Team	Senior Masculino	02:49:14	+02:04:54	16:55
950	2430	Rúben Tavares Garrido	Os Principiantes	Senior Masculino	02:49:14	+02:04:55	16:55
951	2428	Eduardo Emanuel Nunes Garrido	Os Principiantes	Senior Masculino	02:49:15	+02:04:56	16:56
952	1511	Manel Marques	Funcional Team	Senior Masculino	02:49:20	+02:05:01	16:56
953	1515	Teles Sousa	Funcional Team	Senior Masculino	02:49:24	+02:05:04	16:56
954	1504	André Silva	Funcional Team	Senior Masculino	02:49:48	+02:05:29	16:59
955	1513	Diogo Marques da Silva e Silva	Funcional Team	Senior Masculino	02:49:48	+02:05:29	16:59
956	881	Bruno carreira	Caminhantes	Senior Masculino	02:49:56	+02:05:37	17:00
957	882	Helder Pinto	Caminhantes	Senior Masculino	02:49:58	+02:05:38	17:00
958	886	vítor carreira	Caminhantes	Senior Masculino	02:50:00	+02:05:40	17:00
959	3005	Filipe Almeida	Tartarugas Velozes	Senior Masculino	02:50:04	+02:05:45	17:00
960	884	Luis Amorim	Caminhantes	Senior Masculino	02:50:04	+02:05:45	17:00
961	885	Ricardo Rocha	Caminhantes	Senior Masculino	02:50:21	+02:06:02	17:02

Official Timekeeper: Lap2Go	50 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

962	42	alexandre miguel silva	embora sim bora la	Senior Masculino	02:50:41	+02:06:22	17:04
963	3007	Jorge Costa	Tartarugas Velozes	Senior Masculino	02:50:42	+02:06:23	17:04
964	1989	Fernando Claro	Los cricos	Senior Masculino	02:50:44	+02:06:24	17:04
965	45	tomas mateus	embora sim bora la	Senior Masculino	02:50:48	+02:06:28	17:05
966	3008	Mário Amaral	Tartarugas Velozes	Senior Masculino	02:50:56	+02:06:36	17:06
967	2231	Miguel Nuno Valente dos Santos Batista Garcia	Benjis na Lama	Senior Masculino	02:50:59	+02:06:39	17:06
968	3012	Samuel Cruz	Tartarugas Velozes	Senior Masculino	02:50:59	+02:06:40	17:06
969	729	Nuno Marques	Benjis na Lama	Senior Masculino	02:51:05	+02:06:45	17:06
970	727	José Albuquerque	Benjis na Lama	Senior Masculino	02:51:05	+02:06:46	17:07
971	726	Ismael Gameiro	Benjis na Lama	Senior Masculino	02:51:06	+02:06:47	17:07
972	728	Mauro Freitas	Benjis na Lama	Senior Masculino	02:51:07	+02:06:48	17:07
973	478	Gonçalo Rocha	Arrasta o pé	Senior Masculino	02:51:23	+02:07:03	17:08
974	1942	joao Carlos Pinho Silva	Lebres	Senior Masculino	02:51:36	+02:07:17	17:10
975	1944	Laurindo Josede matos Pereira	Lebres	Senior Masculino	02:51:36	+02:07:17	17:10
976	2193	Vinicius Pereira de Oliveira	Os Arrasta	Senior Masculino	02:51:45	+02:07:26	17:11
977	2056	Carlos Nogueira	Mixordias Sarranas	Senior Masculino	02:51:49	+02:07:30	17:11
978	1947	Paulo Alexandre Flávio pereira	Lebres	Senior Masculino	02:52:09	+02:07:50	17:13
979	2750	Élio Coutinho	República da Bicla	Senior Masculino	02:52:16	+02:07:57	17:14
980	2751	Fernando Oliveira	República da Bicla	Senior Masculino	02:52:17	+02:07:57	17:14
981	1845	Mario Albuquerque Moreira Gomes	Kamikaze	Senior Masculino	02:52:19	+02:08:00	17:14
982	2977	Ivo Silva	tamojuntos	Senior Masculino	02:52:19	+02:08:00	17:14
983	1846	Ruben Portilho	Kamikaze	Senior Masculino	02:52:21	+02:08:02	17:14
984	1844	Joel Portilho	Kamikaze	Senior Masculino	02:52:23	+02:08:04	17:14
985	2976	Andre Azevedo	tamojuntos	Senior Masculino	02:52:23	+02:08:04	17:14
986	1843	Diogo Maganinho	Kamikaze	Senior Masculino	02:52:23	+02:08:04	17:14
987	2980	Luis Ferreira	tamojuntos	Senior Masculino	02:52:30	+02:08:10	17:15
988	2978	João Coutinho	tamojuntos	Senior Masculino	02:52:31	+02:08:12	17:15
989	2982	Tiago Mendes	tamojuntos	Senior Masculino	02:52:32	+02:08:13	17:15
990	2981	Miguel Antunes	tamojuntos	Senior Masculino	02:52:35	+02:08:15	17:15
991	2979	Joao Rocha	tamojuntos	Senior Masculino	02:52:36	+02:08:17	17:16
992	2333	José Cunha	Os Indomáveis	Senior Masculino	02:52:44	+02:08:24	17:16
993	923	José Ferreira	CCD-Funfrap-Tupy	Senior Masculino	02:52:45	+02:08:25	17:16
994	917	Carlos Ribeiro	CCD-Funfrap-Tupy	Senior Masculino	02:52:45	+02:08:26	17:17
995	920	Gabriel Baltazar	CCD-Funfrap-Tupy	Senior Masculino	02:53:00	+02:08:40	17:18
996	1401	Bruno Cortez	FLOENE	Senior Masculino	02:53:01	+02:08:42	17:18
997	1416	Nuno Santos	FLOENE	Senior Masculino	02:53:02	+02:08:43	17:18
998	922	Ilídio Barros	CCD-Funfrap-Tupy	Senior Masculino	02:53:02	+02:08:43	17:18
999	3074	Antonio vieira	Tir`ekéda	Senior Masculino	02:53:17	+02:08:57	17:20
1000	3079	Fábio marques	Tir`ekéda	Senior Masculino	02:53:25	+02:09:05	17:20
1001	3087	Ricardo carneiro	Tir`ekéda	Senior Masculino	02:53:30	+02:09:11	17:21
1002	925	Pedro Santos	CCD-Funfrap-Tupy	Senior Masculino	02:53:32	+02:09:13	17:21
1003	918	Carlos Silva	CCD-Funfrap-Tupy	Senior Masculino	02:53:34	+02:09:15	17:21
1004	926	Rui Silva	CCD-Funfrap-Tupy	Senior Masculino	02:53:36	+02:09:16	17:22
1005	915	Alberto Vieira	CCD-Funfrap-Tupy	Senior Masculino	02:53:36	+02:09:17	17:22
1006	924	Felipe Diego Antonio	CCD-Funfrap-Tupy	Senior Masculino	02:53:38	+02:09:19	17:22
1007	2327	Bruno Rodrigues Soares	Os Indomáveis	Senior Masculino	02:53:47	+02:09:28	17:23

Official Timekeeper: Lap2Go	51 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

10KM

[illegible]

10 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	53 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

10KM

10 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	55 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

1183	745	Paulo Jorge Rodrigues Ferreira Correia	Bichos do Mato	Senior Masculino	03:03:18	+02:18:59	18:20
1184	742	Jorge Alexander Ferreira Sereno	Bichos do Mato	Senior Masculino	03:03:18	+02:18:59	18:20
1185	867	Roberto Manuel Conceição Pinto	Cá Estrondo	Senior Masculino	03:03:30	+02:19:11	18:21
1186	863	Diogo Oliveira	Cá Estrondo	Senior Masculino	03:03:31	+02:19:12	18:21
1187	1642	Humberto Pinho	Grupo JR	Senior Masculino	03:03:33	+02:19:14	18:21
1188	1655	Pedro Barbosa	Grupo JR	Senior Masculino	03:03:34	+02:19:15	18:21
1189	1662	Tomás Soares	Grupo JR	Senior Masculino	03:03:34	+02:19:15	18:21
1190	2797	Rodrigo Carvalho	RFM ao Quadrado	Senior Masculino	03:03:35	+02:19:16	18:22
1191	1632	Filipe Soares	Grupo JR	Senior Masculino	03:03:35	+02:19:16	18:22
1192	1659	SAMUEL ESTRELA	Grupo JR	Senior Masculino	03:03:37	+02:19:18	18:22
1193	862	Antonio Santos	Cá Estrondo	Senior Masculino	03:03:38	+02:19:19	18:22
1194	2608	José Brandão	Politogethers	Senior Masculino	03:03:47	+02:19:28	18:23
1195	2985	António Carlos da Silva Matos	Tarados da Trilha	Senior Masculino	03:04:02	+02:19:43	18:24
1196	2987	Victor Marques	Tarados da Trilha	Senior Masculino	03:04:02	+02:19:43	18:24
1197	1454	Nuno Moreira	FORQUILHAS	Senior Masculino	03:04:35	+02:20:16	18:28
1198	1453	Jorge Amaral	FORQUILHAS	Senior Masculino	03:04:36	+02:20:17	18:28
1199	1455	Paulo Faria	FORQUILHAS	Senior Masculino	03:04:40	+02:20:20	18:28
1200	1456	Sérgio Oliveira	FORQUILHAS	Senior Masculino	03:04:46	+02:20:27	18:29
1201	156	Luis Carlos Dos Santos Picote	PLAYGROUND	Senior Masculino	03:04:50	+02:20:31	18:29
1202	1451	António Baptista	FORQUILHAS	Senior Masculino	03:04:58	+02:20:39	18:30
1203	2182	Paulo Sérgio Matos Lamego	Os Amigos da Coxinha de Frango	Senior Masculino	03:05:34	+02:21:15	18:33
1204	2177	João Pedro Oliveira Valente	Os Amigos da Coxinha de Frango	Senior Masculino	03:05:34	+02:21:15	18:33
1205	2184	Ricardo Manuel Tavares Almeida	Os Amigos da Coxinha de Frango	Senior Masculino	03:05:36	+02:21:17	18:34
1206	2175	Hernani Gomes dos Santos	Os Amigos da Coxinha de Frango	Senior Masculino	03:05:38	+02:21:19	18:34
1207	2173	Alberto Manuel Ferreira Marques	Os Amigos da Coxinha de Frango	Senior Masculino	03:05:42	+02:21:23	18:34
1208	2180	Mario Paulo Nunes Guiomar	Os Amigos da Coxinha de Frango	Senior Masculino	03:05:47	+02:21:28	18:35
1209	1469	Nelson Manuel Gomes Adrego	Fugitive on the run	Senior Masculino	03:05:50	+02:21:30	18:35
1210	2179	Leonardo Rafael Nunes Marques	Os Amigos da Coxinha de Frango	Senior Masculino	03:05:50	+02:21:31	18:35
1211	2185	Rodrigo Dias Almeida	Os Amigos da Coxinha de Frango	Senior Masculino	03:05:52	+02:21:33	18:35
1212	1465	Carlos Manuel Cassinda Veloso	Fugitive on the run	Senior Masculino	03:06:04	+02:21:44	18:36
1213	1467	João Manuel Ferreira Maio	Fugitive on the run	Senior Masculino	03:06:05	+02:21:46	18:37
1214	1466	João Luís Santos Parreira	Fugitive on the run	Senior Masculino	03:06:16	+02:21:57	18:38
1215	1468	João Manuel Marques Ferreira	Fugitive on the run	Senior Masculino	03:06:18	+02:21:58	18:38
1216	1471	Rui Jorge de Sousa dias Oliveira	Fugitive on the run	Senior Masculino	03:06:20	+02:22:01	18:38
1217	2396	Bernardo Rodrigues	Os Lobos	Senior Masculino	03:06:54	+02:22:34	18:41
1218	942	Ricardo Oliveira Reis	Cereal Killers	Senior Masculino	03:06:59	+02:22:39	18:42
1219	941	Ricardo Mendonça	Cereal Killers	Senior Masculino	03:06:59	+02:22:39	18:42
1220	940	Hélder Guimarães Ferreira	Cereal Killers	Senior Masculino	03:06:59	+02:22:39	18:42
1221	944	Tiago Jorge Rodrigues Cunha	Cereal Killers	Senior Masculino	03:06:59	+02:22:39	18:42
1222	2465	Fernando Manuel Oliveira Costa	Os Super Bravos	Senior Masculino	03:07:29	+02:23:10	18:45
1223	3013	Valter Amieira	Tartarugas Velozes	Senior Masculino	03:07:29	+02:23:10	18:45
1224	2462	Fabio David Ferreira Damas	Os Super Bravos	Senior Masculino	03:07:30	+02:23:11	18:45
1225	2464	José Antonio Nunes Oliveira	Os Super Bravos	Senior Masculino	03:07:34	+02:23:14	18:45
1226	2463	João Manuel Jesus Sá	Os Super Bravos	Senior Masculino	03:07:34	+02:23:14	18:45
1227	3006	Helder Figueiras	Tartarugas Velozes	Senior Masculino	03:07:38	+02:23:18	18:46
1228	3009	Paulo Cruz	Tartarugas Velozes	Senior Masculino	03:07:38	+02:23:19	18:46

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

1229	2466	Nuno Miguel Martins Oliveira	Os Super Bravos	Senior Masculino	03:07:40	+02:23:21	18:46
1230	798	Paulo Jorge das Neves Mendes	BioRacers do Texas	Senior Masculino	03:07:42	+02:23:22	18:46
1231	2461	Alvaro Filipe Costa Silva	Os Super Bravos	Senior Masculino	03:07:52	+02:23:32	18:47
1232	2398	Maurizio Santos	Os Lobos	Senior Masculino	03:08:24	+02:24:05	18:50
1233	2399	Nuno Modesto	Os Lobos	Senior Masculino	03:08:25	+02:24:06	18:51
1234	2397	Francisco Mónica	Os Lobos	Senior Masculino	03:08:25	+02:24:06	18:51
1235	2126	Frederico Oliveira	Ninguém se decide	Senior Masculino	03:08:26	+02:24:07	18:51
1236	2127	Renato Vieira	Ninguém se decide	Senior Masculino	03:08:26	+02:24:07	18:51
1237	2124	Carlos Gonçalves	Ninguém se decide	Senior Masculino	03:08:27	+02:24:07	18:51
1238	2290	André de Araújo Alves Ferreira	Os Fluoracilos	Senior Masculino	03:08:35	+02:24:16	18:51
1239	1315	José António Soares Fontinha	Fam	Senior Masculino	03:09:36	+02:25:16	18:58
1240	1316	Vasco Fernandes Mortágua	Fam	Senior Masculino	03:09:36	+02:25:17	18:58
1241	1999	José Martins	Lutadores de Lama	Senior Masculino	03:09:42	+02:25:23	18:58
1242	2001	Nuno Saraiva	Lutadores de Lama	Senior Masculino	03:09:44	+02:25:25	18:58
1243	1242	João Gomes	Equipa ELITE	Senior Masculino	03:09:46	+02:25:27	18:59
1244	2000	Marco Costa	Lutadores de Lama	Senior Masculino	03:10:13	+02:25:54	19:01
1245	1158	Luis Augusto Correia Roque	Dói-lá-lama	Senior Masculino	03:10:26	+02:26:07	19:03
1246	1159	Luís Miguel Almeida da Silva	Dói-lá-lama	Senior Masculino	03:10:29	+02:26:09	19:03
1247	30	PEDRO DIAS	Dói-lá-lama	Senior Masculino	03:10:34	+02:26:15	19:03
1248	1162	Paulo Lopes	Dói-lá-lama	Senior Masculino	03:10:46	+02:26:27	19:05
1249	1160	NUNO RICARDO VASCONCELOS DA MAIA	Dói-lá-lama	Senior Masculino	03:10:46	+02:26:27	19:05
1250	2192	Otoniel Fernando Silva Santos	Os Arrasta	Senior Masculino	03:10:54	+02:26:35	19:05
1251	1732	João Tavares	Individual	Senior Masculino	03:10:59	+02:26:39	19:06
1252	997	Paulo Soares	CIRES RUNNING TEAM	Senior Masculino	03:11:10	+02:26:51	19:07
1253	1001	Sérgio Manuel de Oliveira Gomes	CIRES RUNNING TEAM	Senior Masculino	03:11:13	+02:26:53	19:07
1254	2190	Bruno Rafael Sousa Pereira	Os Arrasta	Senior Masculino	03:11:13	+02:26:54	19:07
1255	1564	Pedro Esteves Fontes	GERAÇÕES DA BRECA	Senior Masculino	03:11:21	+02:27:02	19:08
1256	1559	Já Vou Barreiros	GERAÇÕES DA BRECA	Senior Masculino	03:11:21	+02:27:02	19:08
1257	2214	Guilherme Tavares Moreira	Os Bainas	Senior Masculino	03:11:40	+02:27:20	19:10
1258	2923	Tiago Caeiro	Seringas	Senior Masculino	03:11:44	+02:27:24	19:10
1259	1884	André Mortágua Nadaís	La Gingas	Senior Masculino	03:11:45	+02:27:26	19:10
1260	2918	Armando José Rodrigues Marque Monteiro	Seringas	Senior Masculino	03:11:45	+02:27:26	19:11
1261	1885	Rafael Camões Marques Pereira	La Gingas	Senior Masculino	03:11:46	+02:27:26	19:11
1262	2189	Alberto Jorge da Silva Liberato	Os Arrasta	Senior Masculino	03:12:00	+02:27:41	19:12
1263	3204	Ruben Branca	Velozes e Preguiçosos	Senior Masculino	03:12:01	+02:27:41	19:12
1264	3205	Vasco Pimentel de Melo	Velozes e Preguiçosos	Senior Masculino	03:12:01	+02:27:42	19:12
1265	3201	Bernardo Azedo Pereirinha	Velozes e Preguiçosos	Senior Masculino	03:12:02	+02:27:42	19:12
1266	3202	Bruno Sobreiro	Velozes e Preguiçosos	Senior Masculino	03:12:02	+02:27:43	19:12
1267	3197	António Pedro Pereirinha da Silva	Velozes e Preguiçosos	Senior Masculino	03:12:03	+02:27:43	19:12
1268	3203	João Paulo Teixeira Pereirinha	Velozes e Preguiçosos	Senior Masculino	03:12:05	+02:27:46	19:13
1269	2607	Gustavo Filipe Bastos Silva Pinho Marques	Politogethers	Senior Masculino	03:12:09	+02:27:50	19:13
1270	2588	Marco André Sá Ferreira	Politogethers	Senior Masculino	03:12:09	+02:27:50	19:13
1271	1765	VITOR CARLOS DE JESUS VINHAS	ISVOUGA	Senior Masculino	03:12:12	+02:27:53	19:13
1272	2675	Ricardo Duarte	Quase que participámos no ano passado	Senior Masculino	03:12:18	+02:27:59	19:14

Official Timekeeper: Lap2Go	57 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

1273	1565	Pitbull Fontes	GERAÇÕES DA BRECA	Senior Masculino	03:12:20	+02:28:01	19:14
1274	2610	Paulo Renato Magalhaes Ribeiro	Politogethers	Senior Masculino	03:12:21	+02:28:02	19:14
1275	1762	HUGO FILIPE TEIXEIRA GAMAS	ISVOUGA	Senior Masculino	03:12:59	+02:28:39	19:18
1276	720	Gabriel Marques	Bamos Lá	Senior Masculino	03:13:09	+02:28:49	19:19
1277	719	Carlos Flores	Bamos Lá	Senior Masculino	03:13:09	+02:28:49	19:19
1278	2558	José Nunes	Pi Pi'	Senior Masculino	03:13:29	+02:29:10	19:21
1279	2561	Pedro Mendes	Pi Pi'	Senior Masculino	03:13:29	+02:29:10	19:21
1280	2559	Marco Rodrigues	Pi Pi'	Senior Masculino	03:13:30	+02:29:10	19:21
1281	1760	ANDRÉ RAFAEL DA SILVA MENDES	ISVOUGA	Senior Masculino	03:13:47	+02:29:27	19:23
1282	1763	JORGE ALBERTODA SILVA OLIVEIRA	ISVOUGA	Senior Masculino	03:13:48	+02:29:29	19:23
1283	1761	FRANCISCO OLIVEIRA CUNHA	ISVOUGA	Senior Masculino	03:13:50	+02:29:30	19:23
1284	1759	ANDRÉ FILIPE SILVA PEREIRA	ISVOUGA	Senior Masculino	03:13:51	+02:29:32	19:23
1285	1052	Bruno Anjos	Correr Fermelã ACADOF	Senior Masculino	03:13:58	+02:29:38	19:24
1286	1051	Bruno Almeida Branco	Correr Fermelã ACADOF	Senior Masculino	03:14:01	+02:29:41	19:24
1287	2095	Leonel Isidoro	Não rápidos , apenas furiosos	Senior Masculino	03:14:04	+02:29:45	19:24
1288	2094	Leonardo Santos	Não rápidos , apenas furiosos	Senior Masculino	03:14:04	+02:29:45	19:24
1289	2736	Tiago Batista	RaceTfit	Senior Masculino	03:14:05	+02:29:46	19:25
1290	2089	Adelino Pereira	Não rápidos , apenas furiosos	Senior Masculino	03:14:06	+02:29:47	19:25
1291	1560	João Lindo	GERAÇÕES DA BRECA	Senior Masculino	03:14:14	+02:29:55	19:25
1292	2093	José Pereira de Carvalho	Não rápidos , apenas furiosos	Senior Masculino	03:14:17	+02:29:58	19:26
1293	2723	Helder Correia	RaceTfit	Senior Masculino	03:14:18	+02:29:59	19:26
1294	2728	José Lourenço	RaceTfit	Senior Masculino	03:14:20	+02:30:00	19:26
1295	2738	Victor Santiago	RaceTfit	Senior Masculino	03:14:20	+02:30:01	19:26
1296	2734	Ricardo Almeida	RaceTfit	Senior Masculino	03:14:21	+02:30:02	19:26
1297	2730	Mário Teixeiraa	RaceTfit	Senior Masculino	03:14:22	+02:30:02	19:26
1298	2090	André Castro	Não rápidos , apenas furiosos	Senior Masculino	03:14:22	+02:30:03	19:26
1299	2729	José Santos	RaceTfit	Senior Masculino	03:14:23	+02:30:03	19:26
1300	2737	Tiago Marques	RaceTfit	Senior Masculino	03:14:23	+02:30:03	19:26
1301	2097	Paulo Matos	Não rápidos , apenas furiosos	Senior Masculino	03:14:23	+02:30:03	19:26
1302	2735	Rui Silva	RaceTfit	Senior Masculino	03:14:24	+02:30:05	19:26
1303	2092	Carlos Martins	Não rápidos , apenas furiosos	Senior Masculino	03:14:26	+02:30:06	19:27
1304	634	Juan Garcia	ASIG	Senior Masculino	03:14:34	+02:30:15	19:27
1305	637	Richard Ramos	ASIG	Senior Masculino	03:14:36	+02:30:17	19:28
1306	632	Fernando Castanheira	ASIG	Senior Masculino	03:14:36	+02:30:17	19:28
1307	1402	Carlos Leite	FLOENE	Senior Masculino	03:14:55	+02:30:36	19:30
1308	2638	Aníbal Manuel Correia Marques	Primas de Cortegaça	Senior Masculino	03:14:56	+02:30:37	19:30
1309	2647	Vítor Fonseca	Primas de Cortegaça	Senior Masculino	03:14:56	+02:30:37	19:30
1310	827	João Amaral	Bombeiros VAV	Senior Masculino	03:15:17	+02:30:58	19:32
1311	1633	Filipe Xavier Oliveira	Grupo JR	Senior Masculino	03:15:23	+02:31:04	19:32
1312	1653	Nelson Pinheiro	Grupo JR	Senior Masculino	03:15:24	+02:31:04	19:32
1313	1658	Rui Almeida	Grupo JR	Senior Masculino	03:15:24	+02:31:05	19:32
1314	828	Léo Alexandre Costa Ramos	Bombeiros VAV	Senior Masculino	03:15:33	+02:31:13	19:33
1315	1056	João oliveira	Correr Fermelã ACADOF	Senior Masculino	03:15:37	+02:31:18	19:34
1316	1057	Nélson Sousa	Correr Fermelã ACADOF	Senior Masculino	03:15:45	+02:31:25	19:34
1317	1058	RUI OLIVEIRA	Correr Fermelã ACADOF	Senior Masculino	03:16:00	+02:31:40	19:36
1318	1053	Daniel Rendeiro	Correr Fermelã ACADOF	Senior Masculino	03:16:00	+02:31:41	19:36

Official Timekeeper: Lap2Go	58 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10 KM

[illegible][illegible]

1319	1054	Emanuel da Cunha Ferreira	Correr Fernelã ACADOF	Senior Masculino	03:16:06	+02:31:47	19:37
1320	2334	Leonardo saleiro	Os Indomáveis	Senior Masculino	03:16:26	+02:32:07	19:39
1321	1420	Henrique Batista Cardoso	FLOENE	Senior Masculino	03:16:29	+02:32:10	19:39
1322	795	Diogo Teixeira dos Santos	BioRacers do Texas	Senior Masculino	03:17:21	+02:33:02	19:44
1323	799	Vítor Manuel Gomes dos Santos	BioRacers do Texas	Senior Masculino	03:17:21	+02:33:02	19:44
1324	794	Carlos Roberto Gonçalves	BioRacers do Texas	Senior Masculino	03:17:45	+02:33:26	19:47
1325	793	Antonio dos Santos Malícia	BioRacers do Texas	Senior Masculino	03:17:55	+02:33:36	19:48
1326	2362	Cristiano Tavares	Os LamaNoRabo	Senior Masculino	03:17:59	+02:33:39	19:48
1327	379	Paulo Oliveira	A Revolta dos Kangurus	Senior Masculino	03:18:04	+02:33:44	19:48
1328	2642	Júlio César Silva Rodrigues	Primas de Cortegaça	Senior Masculino	03:18:05	+02:33:46	19:48
1329	376	António Tavares	A Revolta dos Kangurus	Senior Masculino	03:18:08	+02:33:49	19:49
1330	377	Bruno Vigário	A Revolta dos Kangurus	Senior Masculino	03:18:09	+02:33:50	19:49
1331	2640	Guilherme Amaral Semblano Bateira	Primas de Cortegaça	Senior Masculino	03:18:11	+02:33:52	19:49
1332	2639	Élio José Santos Rodrigues	Primas de Cortegaça	Senior Masculino	03:18:11	+02:33:52	19:49
1333	378	Nuno Mata	A Revolta dos Kangurus	Senior Masculino	03:18:12	+02:33:52	19:49
1334	2363	Renato Fião	Os LamaNoRabo	Senior Masculino	03:18:19	+02:34:00	19:50
1335	2645	Nelson Filipe da Silva Pinto	Primas de Cortegaça	Senior Masculino	03:18:19	+02:34:00	19:50
1336	2646	Simão Pedro Teixeira Sá	Primas de Cortegaça	Senior Masculino	03:18:31	+02:34:12	19:51
1337	2643	Lino Alberto Silva Rodrigues	Primas de Cortegaça	Senior Masculino	03:18:35	+02:34:15	19:51
1338	2479	Diogo Martins	os tartarugas	Senior Masculino	03:19:05	+02:34:46	19:54
1339	2484	Luís Coutinho	os tartarugas	Senior Masculino	03:19:06	+02:34:46	19:55
1340	2486	Tiago Gonçalves	os tartarugas	Senior Masculino	03:19:08	+02:34:49	19:55
1341	2480	Fábio Miguel Mendes Loureiro	os tartarugas	Senior Masculino	03:19:08	+02:34:49	19:55
1342	2485	Rafael Silva	os tartarugas	Senior Masculino	03:19:10	+02:34:51	19:55
1343	2483	João Rafael Costa Sousa	os tartarugas	Senior Masculino	03:19:11	+02:34:52	19:55
1344	2482	João Manuel Pereira Glória	os tartarugas	Senior Masculino	03:19:12	+02:34:53	19:55
1345	2481	João Bernardes	os tartarugas	Senior Masculino	03:19:17	+02:34:57	19:56
1346	2477	Bruno Martins	os tartarugas	Senior Masculino	03:19:17	+02:34:58	19:56
1347	2478	Daniel Dolores	os tartarugas	Senior Masculino	03:19:30	+02:35:11	19:57
1348	1562	Kamikaze Barreiros	GERAÇÕES DA BRECA	Senior Masculino	03:19:49	+02:35:30	19:59
1349	2476	André Filipe Nunes Ferreira	os tartarugas	Senior Masculino	03:19:50	+02:35:30	19:59
1350	2213	Gonçalo Miranda Faria	Os Bainas	Senior Masculino	03:19:53	+02:35:33	19:59
1351	1561	João Salsinha	GERAÇÕES DA BRECA	Senior Masculino	03:19:56	+02:35:37	20:00
1352	1558	Homem de Ferro	GERAÇÕES DA BRECA	Senior Masculino	03:20:07	+02:35:48	20:01
1353	1566	Primo Cagão	GERAÇÕES DA BRECA	Senior Masculino	03:20:19	+02:36:00	20:02
1354	1563	O Tomateiro	GERAÇÕES DA BRECA	Senior Masculino	03:20:21	+02:36:01	20:02
1355	607	Paulo Jorge da Cunha Ramos Pereira	As Abroteas de corrida	Senior Masculino	03:21:37	+02:37:17	20:10
1356	608	Rui Miguel Rodrigues Xavier	As Abroteas de corrida	Senior Masculino	03:21:38	+02:37:18	20:10
1357	1824	ADRIANO BARBOSA	JUVENTUDE LAMACENTA	Senior Masculino	03:23:25	+02:39:06	20:21
1358	1831	LUIS FILIPE SANTOS PEREIRA	JUVENTUDE LAMACENTA	Senior Masculino	03:23:26	+02:39:07	20:21
1359	1929	Ramon Bolivar	Latinas	Senior Masculino	03:24:36	+02:40:17	20:28
1360	3040	António Costa	Temos Jeito	Senior Masculino	03:24:58	+02:40:39	20:30
1361	3042	Luis Andrade	Temos Jeito	Senior Masculino	03:25:00	+02:40:40	20:30
1362	3039	António Avelar	Temos Jeito	Senior Masculino	03:25:01	+02:40:41	20:30
1363	3044	Serhiy Fedak	Temos Jeito	Senior Masculino	03:25:01	+02:40:42	20:30
1364	3041	Hubert Guimarães	Temos Jeito	Senior Masculino	03:25:01	+02:40:42	20:30

Official Timekeeper: Lap2Go	59 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

1365	1214	IVO NASACIMENTO	embora sim bora la	Senior Masculino	03:25:30	+02:41:11	20:33
1366	43	Danilo Leitão Ferreira	embora sim bora la	Senior Masculino	03:25:33	+02:41:13	20:33
1367	1215	jose luis silva	embora sim bora la	Senior Masculino	03:25:33	+02:41:14	20:33
1368	1217	JOSE TONYRODRIGUES	embora sim bora la	Senior Masculino	03:25:36	+02:41:16	20:34
1369	851	António Maria Couto da Silva	Borra botas	Senior Masculino	03:25:41	+02:41:21	20:34
1370	850	Afonso Lopes da Costa	Borra botas	Senior Masculino	03:25:45	+02:41:26	20:34
1371	852	Miguel Alexandre dos Santos Almeida António Vaz	Borra botas	Senior Masculino	03:25:47	+02:41:28	20:35
1372	476	Diogo Moutinho	Arrasta o pé	Senior Masculino	03:30:41	+02:46:22	21:04
1373	477	Gonçalo Faustino	Arrasta o pé	Senior Masculino	03:30:41	+02:46:22	21:04
1374	475	Cristiano Fernandes	Arrasta o pé	Senior Masculino	03:30:44	+02:46:24	21:04
1375	482	Pedro Santos	Arrasta o pé	Senior Masculino	03:30:45	+02:46:25	21:04
1376	484	Sandro Monteiro	Arrasta o pé	Senior Masculino	03:30:54	+02:46:35	21:05
1377	1441	Ricardo Devezas	ForMud	Senior Masculino	03:30:56	+02:46:36	21:06
1378	1440	Piotr Moson	ForMud	Senior Masculino	03:30:58	+02:46:39	21:06
1379	480	Luís Melo	Arrasta o pé	Senior Masculino	03:31:00	+02:46:41	21:06
1380	479	Luís Faria	Arrasta o pé	Senior Masculino	03:31:06	+02:46:47	21:07
1381	1652	Nelson Melo	Grupo JR	Senior Masculino	03:31:07	+02:46:48	21:07
1382	1634	Francisco Ferreira	Grupo JR	Senior Masculino	03:31:12	+02:46:53	21:07
1383	1624	Cristiano Oliveira	Grupo JR	Senior Masculino	03:31:12	+02:46:53	21:07
1384	1622	Carlos Ferreira	Grupo JR	Senior Masculino	03:31:14	+02:46:55	21:07
1385	1661	Tiago Lima	Grupo JR	Senior Masculino	03:31:15	+02:46:56	21:08
1386	1654	Nuno André Silva	Grupo JR	Senior Masculino	03:31:15	+02:46:56	21:08
1387	1636	Hélder Almeida	Grupo JR	Senior Masculino	03:31:16	+02:46:57	21:08
1388	1639	Hugo Costa	Grupo JR	Senior Masculino	03:31:17	+02:46:58	21:08
1389	1646	José Constantino Couto	Grupo JR	Senior Masculino	03:31:21	+02:47:02	21:08
1390	1619	Armando Ferreira	Grupo JR	Senior Masculino	03:31:23	+02:47:04	21:08
1391	974	Tiago Filipe Gomes da Silva	CHICKENRACE	Senior Masculino	03:31:25	+02:47:05	21:08
1392	1643	João Gomes	Grupo JR	Senior Masculino	03:31:26	+02:47:07	21:09
1393	1664	Xavier Miranda	Grupo JR	Senior Masculino	03:31:27	+02:47:08	21:09
1394	972	Ricardo MiguelCastro Silva	CHICKENRACE	Senior Masculino	03:31:28	+02:47:09	21:09
1395	1663	Vítor Figueira	Grupo JR	Senior Masculino	03:31:30	+02:47:10	21:09
1396	973	Siro Mozael Castello Aguás Viana	CHICKENRACE	Senior Masculino	03:31:31	+02:47:12	21:09
1397	962	André Silva	CHICKENRACE	Senior Masculino	03:31:31	+02:47:12	21:09
1398	968	Jorge Miguel Castro Silva	CHICKENRACE	Senior Masculino	03:31:40	+02:47:21	21:10
1399	970	Paulo Cesar Ferreira e Castro	CHICKENRACE	Senior Masculino	03:31:47	+02:47:28	21:11
1400	966	Edmundo Pedro Almeida Brandão	CHICKENRACE	Senior Masculino	03:31:50	+02:47:31	21:11
1401	964	Cláudio César de Pinho Leite da Silva	CHICKENRACE	Senior Masculino	03:31:53	+02:47:34	21:11
1402	975	Tiago Oliveira Castro	CHICKENRACE	Senior Masculino	03:31:54	+02:47:35	21:11
1403	971	Paulo Costa	CHICKENRACE	Senior Masculino	03:31:55	+02:47:35	21:11
1404	967	João Paulo Silva Marques	CHICKENRACE	Senior Masculino	03:31:56	+02:47:36	21:12
1405	1644	João Oliveira	Grupo JR	Senior Masculino	03:32:12	+02:47:53	21:13
1406	1506	Artur Maia	Funcional Team	Senior Masculino	03:32:12	+02:47:53	21:13
1407	1507	Paulo Costa	Funcional Team	Senior Masculino	03:32:13	+02:47:53	21:13
1408	1505	Antonio Carapinheira	Funcional Team	Senior Masculino	03:32:13	+02:47:53	21:13
1409	1509	Jose Marques	Funcional Team	Senior Masculino	03:32:13	+02:47:54	21:13
1410	1514	Rui Ferraz	Funcional Team	Senior Masculino	03:32:13	+02:47:54	21:13

Official Timekeeper: Lap2Go	60 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

1411	1503	Alfredo Guerra	Funcional Team	Senior Masculino	03:32:14	+02:47:55	21:13
1412	1516	Vitor Maia	Funcional Team	Senior Masculino	03:32:15	+02:47:55	21:13
1413	1435	Cláudio Castro	ForMud	Senior Masculino	03:32:48	+02:48:28	21:17
1414	2337	Nelson Brandao	Os Indomáveis	Senior Masculino	03:32:48	+02:48:29	21:17
1415	1438	João Ferreira	ForMud	Senior Masculino	03:32:50	+02:48:30	21:17
1416	1443	Sérgio Castro	ForMud	Senior Masculino	03:32:53	+02:48:33	21:17
1417	2326	António Cunha	Os Indomáveis	Senior Masculino	03:32:54	+02:48:34	21:17
1418	1439	Martim Oliveira	ForMud	Senior Masculino	03:32:54	+02:48:35	21:17
1419	1437	Frederico Castro	ForMud	Senior Masculino	03:32:54	+02:48:35	21:17
1420	1434	Cândido Santos	ForMud	Senior Masculino	03:32:55	+02:48:36	21:18
1421	1444	Simão Mendes	ForMud	Senior Masculino	03:32:56	+02:48:37	21:18
1422	1442	Rui Melo	ForMud	Senior Masculino	03:32:57	+02:48:38	21:18
1423	2152	Luís Filipe Sequeira Tavares Pereira	O Gang do buraco	Senior Masculino	03:33:46	+02:49:26	21:23
1424	2151	José Guilherme Martins Ferreira	O Gang do buraco	Senior Masculino	03:33:48	+02:49:29	21:23
1425	2150	Andrey Klochinskiy	O Gang do buraco	Senior Masculino	03:33:48	+02:49:29	21:23
1426	2155	Rui Jorge Machado Nunes	O Gang do buraco	Senior Masculino	03:33:51	+02:49:32	21:23
1427	2153	Marcelino Araújo da Silva	O Gang do buraco	Senior Masculino	03:33:58	+02:49:39	21:24
1428	2881	Ivo Rezio Maçana	Seca Adegas e apêndices	Senior Masculino	03:35:16	+02:50:57	21:32
1429	2882	José António Vidal Matos Paulino	Seca Adegas e apêndices	Senior Masculino	03:35:16	+02:50:57	21:32
1430	2883	Pedro Manuel Reis	Seca Adegas e apêndices	Senior Masculino	03:35:17	+02:50:58	21:32
1431	2880	Bruno Miguel Costa	Seca Adegas e apêndices	Senior Masculino	03:35:18	+02:50:58	21:32
1432	1278	Pedro Piteira Gaiolas	Esquadrão Classe A	Senior Masculino	03:35:55	+02:51:35	21:35
1433	1276	António de Oliveira Tavares	Esquadrão Classe A	Senior Masculino	03:36:12	+02:51:53	21:37
1434	1277	Manuel Oliveira Tavares	Esquadrão Classe A	Senior Masculino	03:36:15	+02:51:55	21:37
1435	1279	Tomás André Silva Tavares	Esquadrão Classe A	Senior Masculino	03:36:15	+02:51:56	21:38
1436	1921	Daniel de Abreu	Latinas	Senior Masculino	03:36:53	+02:52:34	21:41
1437	1920	Abel Andrade	Latinas	Senior Masculino	03:37:06	+02:52:47	21:43
1438	1928	Jose Villamizar	Latinas	Senior Masculino	03:37:12	+02:52:53	21:43
1439	1927	Jose Manuel Gonzalez	Latinas	Senior Masculino	03:37:14	+02:52:55	21:43
1440	1926	Joao Miguel Sousa	Latinas	Senior Masculino	03:37:18	+02:52:59	21:44
1441	1925	Gabriel de Oliveira	Latinas	Senior Masculino	03:37:18	+02:52:59	21:44
1442	2331	Humberto vaz	Os Indomáveis	Senior Masculino	03:38:14	+02:53:55	21:49
1443	129	Nuno Costa	Os Improváveis	Senior Masculino	03:39:15	+02:54:55	21:55
1444	125	Frederico Damas	Os Improváveis	Senior Masculino	03:39:17	+02:54:58	21:56
1445	2032	Carlos Manuel Dias da Silva	Mestre Boubacar e os 40 arrastões	Senior Masculino	03:39:44	+02:55:25	21:58
1446	2034	Pedro Ricardo Morim Frasco	Mestre Boubacar e os 40 arrastões	Senior Masculino	03:39:48	+02:55:29	21:59
1447	2154	Pedro Silva	O Gang do buraco	Senior Masculino	03:44:02	+02:59:42	22:24
1448	2068	MICAEL CUNHA	MUCHACHOS	Senior Masculino	03:45:37	+03:01:18	22:34
1449	582	Paulo Fernando da Costa Gaudêncio	Arsenal de Canelas	Senior Masculino	03:46:55	+03:02:35	22:41
1450	565	Joaquim Justino	Arsenal de Canelas	Senior Masculino	03:46:56	+03:02:37	22:42
1451	701	André Antunes	A-team Atômicos Team	Senior Masculino	03:53:01	+03:08:42	23:18
1452	690	Carlos Barreiro	A-team Atômicos Team	Senior Masculino	03:53:01	+03:08:42	23:18
1453	695	Gerson Vida	A-team Atômicos Team	Senior Masculino	03:53:03	+03:08:43	23:18
1454	672	João Correia	A-team Atômicos Team	Senior Masculino	03:53:04	+03:08:44	23:18
1455	689	Bruno Bebiano	A-team Atômicos Team	Senior Masculino	03:53:04	+03:08:45	23:18
1456	696	Guilherme Barreiro	A-team Atômicos Team	Senior Masculino	03:53:05	+03:08:46	23:19

Official Timekeeper: Lap2Go	61 / 62	generate 28-set.-2024 19:56
-----------------------------	---------	-----------------------------

10KM

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

1457	688	Augusto Vida	A-team Atômicos Team	Senior Masculino	03:53:06	+03:08:46	23:19
1458	692	Fernando de Sousa	A-team Atômicos Team	Senior Masculino	03:53:08	+03:08:49	23:19
1459	694	Francisco Felicio	A-team Atômicos Team	Senior Masculino	03:53:11	+03:08:52	23:19
1460	697	Manuel Rodrigues	A-team Atômicos Team	Senior Masculino	03:53:11	+03:08:52	23:19
1461	693	Filipe Antunes	A-team Atômicos Team	Senior Masculino	03:53:12	+03:08:53	23:19
1462	691	Gabriel Moreira	A-team Atômicos Team	Senior Masculino	03:53:14	+03:08:55	23:19
1463	700	Telmo Santos	A-team Atômicos Team	Senior Masculino	03:53:17	+03:08:57	23:20
1464	683	Rafael Mousinho	A-team Atômicos Team	Senior Masculino	04:12:28	+03:28:09	25:15

[illegible]

Official Timekeeper: Lap2Go	1 / 7	generate 28-set.-2024 19:57
-----------------------------	-------	-----------------------------

[illegible]

Official Timekeeper: Lap2Go	2 / 7	generate 28-set.-2024 19:57
-----------------------------	-------	-----------------------------

[illegible]

Official Timekeeper: Lap2Go	3 / 7	generate 28-set.-2024 19:57
-----------------------------	-------	-----------------------------

[illegible]

Official Timekeeper: Lap2Go	4 / 7	generate 28-set.-2024 19:57
-----------------------------	-------	-----------------------------

[illegible]

Official Timekeeper: Lap2Go	5 / 7	generate 28-set.-2024 19:57
-----------------------------	-------	-----------------------------

[illegible]

Official Timekeeper: Lap2Go	6 / 7	generate 28-set.-2024 19:57
-----------------------------	-------	-----------------------------

[illegible]

Official Timekeeper: Lap2Go	7 / 7	generate 28-set.-2024 19:57
-----------------------------	-------	-----------------------------

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:45	17,3°C	61%
End	14:21	20,6°C	50%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	5030	Marco Paulo Martins Lopes	Individual	24:50		04:58	
2	5494	Pedro Lourenço	Em Casa / Ezata Grupo	25:22	+00:32	05:04	
3	5492	Licínio Soares	Em Casa / Ezata Grupo	25:55	+01:05	05:11	
4	5204	Pedro Silva	Arsenal de Canelas	27:07	+02:17	05:25	
5	5095	André Filipe Tavares Junqueira	Temlaminhanocu	27:26	+02:36	05:29	
6	5397	GUSTAVO SALVADOR	Climacom	27:57	+03:07	05:35	
7	5335	Dinis Amorim Moutela	CDE NATAÇÃO	29:24	+04:34	05:53	
8	5061	Márcio Filipe Gonçalves Ramos	PLAYGROUND	31:12	+06:22	06:14	
9	5203	João Cruz	Arsenal de Canelas	31:21	+06:31	06:16	
10	5822	Emanuel Maia	Lesmas Atléticoas	31:55	+07:05	06:23	
11	6301	Rafael Coutinho	Riainline	32:00	+07:10	06:24	
12	6427	Daniel Silva	Team Samagaio	32:02	+07:12	06:24	
13	5757	Tiago Filipe Silva Cruz	Individual	32:50	+08:00	06:34	
14	5646	Duarte Leite	González	32:51	+08:01	06:34	
15	5336	Diogo Marques Campos	CDE NATAÇÃO	32:55	+08:05	06:35	
16	5583	Daniel Sarabanda	Fogaceiros	33:30	+08:40	06:42	
17	5585	Hugo Silva	Fogaceiros	33:30	+08:40	06:42	
18	5042	Beatriz Claro	Os Indomáveis	33:33	+08:43	06:43	
19	6265	Nuno Duarte	Rainha Team	34:23	+09:33	06:53	
20	5275	joão marques matos	C.C.R.Válega - Patinagem	34:25	+09:35	06:53	
21	5097	Tiago minas	Temlaminhanocu	34:33	+09:43	06:55	
22	5809	Tiago Rojão	Lamacentos	34:34	+09:44	06:55	
23	5616	Mário Pessoa	Gang MêPrimo	34:51	+10:01	06:58	
24	5226	Ricardo Manuel Monteiro Teixeira	Beasts Street Gym	34:52	+10:02	06:58	
25	5002	Rúben Santos Silva	3chega	35:01	+10:11	07:00	
26	5000	Américo da Silva Bessa	3chega	35:02	+10:12	07:00	
27	6302	Tiago Antunes	Riainline	35:03	+10:13	07:01	
28	5098	Vítor Leandro Tavares Pereira	Temlaminhanocu	35:12	+10:22	07:02	
29	5490	João Quintino Fontoura	Em Casa / Ezata Grupo	35:52	+11:02	07:10	
30	5651	Marco Santeuguini	González	36:03	+11:13	07:13	
31	5396	JOANA ROLO	Climacom	36:07	+11:17	07:13	
32	5094	Daniela Sofia Almeida Tavares	Temlaminhanocu	36:35	+11:45	07:19	
33	5924	Miguel Vinagre	Nascidos para comer	37:01	+12:11	07:24	
34	5060	Joaquim Carlos Amador Rodrigues	PLAYGROUND	37:10	+12:20	07:26	
35	5057	Francisca Da Cunha Almeida	PLAYGROUND	37:14	+12:24	07:27	
36	5271	Amílcar Manuel Pereira da Silvan	C.C.R.Válega - Patinagem	37:21	+12:31	07:28	
37	5279	Ricardo almeida	C.C.R.Válega - Patinagem	37:21	+12:31	07:28	
38	5987	Diogo Barros	Núcleo Duro	37:24	+12:34	07:29	
39	6266	Paulo Melo	Rainha Team	37:26	+12:37	07:29	
40	6355	Martim Cabrita Neto Camarinha Pinto	Só viemos fazer SPA	37:36	+12:46	07:31	
41	6396	Nuno Filipe Fernandes Rocha	SOMOS 6	38:22	+13:32	07:40	

Official Timekeeper: Lap2Go	1 / 28	generate 28-set.-2024 19:26
-----------------------------	--------	-----------------------------

5KM - STAGE 1

5 KM

OFFICIAL RESULT

5KM - STAGE 1

5 KM

OFFICIAL RESULT

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
132	6128	Manuel Santos	OS SUSPEITOS	50:19	+25:29	10:04	
133	5419	Sara Afonso	Clinica Veterinária Santa Marinha	50:19	+25:30	10:04	
134	5412	Kelly Rodrigues	Clinica Veterinária Santa Marinha	50:20	+25:30	10:04	
135	6387	Larissa Lidiana Teixeira da Silva	SOMOS_6	50:30	+25:40	10:06	
136	6042	Daniel Ramalho	Os Bileiros	50:37	+25:47	10:07	
137	6033	Paula Ramalho	Os Bileiros	50:37	+25:47	10:07	
138	6261	Diogo Miguel Melo	Rainha Team	50:40	+25:50	10:08	
139	6401	Bruno Falque	Take the Race	50:58	+26:08	10:12	
140	6402	Joachim Falque	Take the Race	51:00	+26:10	10:12	
141	6107	Daniel de João de Sousa Viana	Luxaflex Portugal	51:03	+26:13	10:13	
142	6125	Jorge Manuel Almeida Rodrigues	Os Rodrigues	51:03	+26:13	10:13	
143	6123	Sónia Maria Ferreira Loureiro	Os Rodrigues	51:06	+26:16	10:13	
144	5370	ANA MIRANDA	Climacom	51:14	+26:24	10:15	
145	5570	Tiago Martins Rosa	fiamma	51:38	+26:48	10:20	
146	5555	Bruno Filipe Vidal da Silva	fiamma	51:42	+26:52	10:20	
147	5548	Matilde Serra Alão	fiamma	51:42	+26:52	10:20	
148	6457	Catarina Tavares Miranda	fiamma	51:43	+26:53	10:21	
149	5557	Carlos Luis Vargas Hurtado	fiamma	51:43	+26:53	10:21	
150	5562	Gonzalo Javier Martinez	fiamma	51:43	+26:53	10:21	
151	6298	Bruno Meneses	Riainline	51:49	+26:59	10:22	
152	6300	João Antunes	Riainline	51:50	+27:00	10:22	
153	5308	João Pinto	Cansados	52:01	+27:11	10:24	
154	5751	Eurico Teles	Individual	52:02	+27:12	10:24	
155	5307	Bruno Ferreira	Cansados	52:02	+27:12	10:24	
156	5306	Sílvia Rocha	Cansados	52:02	+27:12	10:24	
157	5309	Tiago Rodrigues	Cansados	52:02	+27:12	10:24	
158	5934	Rafael Marques Ferreira	Ninja Reumáticos	52:11	+27:21	10:26	
159	5932	André Sousa	Ninja Reumáticos	52:16	+27:26	10:27	
160	5931	André Simões	Ninja Reumáticos	52:17	+27:27	10:27	
161	5096	Rui Filipe Almeida Costa	Temlaminkanocu	52:18	+27:28	10:28	
162	5188	David Silva	AMNÉSIA	52:19	+27:29	10:28	
163	5807	Ricardo Silva	Lamacentos	52:23	+27:33	10:29	
164	5871	Carlos Rodrigues Oliveira	Los 3 Muchachos	52:24	+27:34	10:29	
165	5872	João Paulo Ribeiro Brito	Los 3 Muchachos	52:25	+27:35	10:29	
166	5870	Mariana Gomes Alves	Los 3 Muchachos	52:25	+27:35	10:29	
167	6201	Inês Baptista	PEVIDES	52:25	+27:35	10:29	
168	6204	Hélder Martinho	PEVIDES	52:25	+27:35	10:29	
169	6493	Constança Martins Dias	Vara Verde	52:57	+28:07	10:35	
170	6495	Bernardo Martins	Vara Verde	52:57	+28:07	10:35	
171	5483	Alexandre Correia	Em Casa / Ezata Grupo	53:09	+28:19	10:38	
172	5803	Guilherme Rojão	Lamacentos	53:10	+28:20	10:38	
173	5223	Carlos Renato Pereira da Silva	Beasts Street Gym	53:18	+28:28	10:40	
174	5224	Clayton Celino dos Santos	Beasts Street Gym	53:22	+28:33	10:41	
175	5205	Taiana da Costa Campos	ASSOCIACAO CULTURAL DE SALREU	53:31	+28:41	10:42	
176	5206	Alcides de Oliveira Lacerda	ASSOCIACAO CULTURAL DE SALREU	53:31	+28:41	10:42	
177	6181	Manuel António Martins Silva	PCI	53:50	+29:00	10:46	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	5566	Nelson Martins	fiamma	53:55	+29:05	10:47	
179	6426	António Matos	Team Samagaio	54:03	+29:13	10:49	
180	5417	Renata Fontes	Clinica Veterinária Santa Marinha	54:09	+29:19	10:50	
181	5418	Sandra Fontes	Clinica Veterinária Santa Marinha	54:09	+29:19	10:50	
182	5414	Patrícia Pedrosa	Clinica Veterinária Santa Marinha	54:15	+29:25	10:51	
183	5425	Vicente Pais	Clinica Veterinária Santa Marinha	54:15	+29:25	10:51	
184	5421	Francisco Pais	Clinica Veterinária Santa Marinha	54:17	+29:27	10:51	
185	5383	PAULA GOMES	Climacom	54:18	+29:28	10:52	
186	5716	Paulo Carvalho	HUFa, sobrevivemos!	54:19	+29:29	10:52	
187	5709	Diogo Figueiredo	HUFa, sobrevivemos!	54:21	+29:31	10:52	
188	6500	Tiago França	Vara Verde	54:21	+29:31	10:52	
189	6499	Simão Neves Dias	Vara Verde	54:22	+29:32	10:52	
190	5706	Armando Franco	HUFa, sobrevivemos!	54:23	+29:33	10:53	
191	6494	Matilde Cardoso Araújo	Vara Verde	54:26	+29:36	10:53	
192	5355	Gladys Maria Valente Nunes	Chick Runners	54:44	+29:54	10:57	
193	6251	Joana Baptista	Rainha Team	54:49	+29:59	10:58	
194	6263	João Pedro Silva	Rainha Team	54:49	+29:59	10:58	
195	5477	Cláudia Dias	Em Casa / Ezata Grupo	55:08	+30:18	11:02	
196	5119	Fábio Sá	A ORIGEM	55:11	+30:21	11:02	
197	6134	Telmo Ferreira	OS SUSPEITOS	55:12	+30:22	11:02	
198	6126	João Esparrinha	OS SUSPEITOS	55:13	+30:23	11:03	
199	6130	Marco Silva	OS SUSPEITOS	55:13	+30:23	11:03	
200	5379	LEONOR MARTINS	Climacom	55:23	+30:33	11:05	
201	5385	SARA PRESA	Climacom	55:25	+30:35	11:05	
202	6346	Andre Pereira	Sempre em frente	55:37	+30:47	11:07	
203	6348	Pedro couto	Sempre em frente	55:37	+30:47	11:07	
204	6343	Cátia Gomes	Sempre em frente	55:37	+30:47	11:07	
205	5559	Davi Vieira Cardoso	fiamma	55:38	+30:48	11:08	
206	6347	Nelson capela	Sempre em frente	55:38	+30:48	11:08	
207	6345	Solange Julião	Sempre em frente	55:38	+30:48	11:08	
208	5930	Susana Ganito	Ninja Reumáticos	55:42	+30:52	11:08	
209	5392	EMANUEL MIRANDA	Climacom	55:49	+30:59	11:10	
210	5386	SIRELY GOITE	Climacom	55:53	+31:03	11:11	
211	6459	Maria Leonor Nogueira da Silva Tavares	fiamma	55:54	+31:04	11:11	
212	5549	Monica Nunes	fiamma	55:55	+31:05	11:11	
213	5553	Lúcia Ramos	fiamma	55:55	+31:05	11:11	
214	5332	Alexandrino Manuel Matos	CDE NATAÇÃO	56:05	+31:15	11:13	
215	5349	MIGUEL AREDE COUTINHO	CFA, SROC, LDA.	56:07	+31:17	11:13	
216	5346	AVENTINO MAGALHÃES CARVALHO LIMA	CFA, SROC, LDA.	56:31	+31:41	11:18	
217	5350	RUI MIGUEL LARANJEIRA TAVARES	CFA, SROC, LDA.	56:39	+31:49	11:20	
218	6353	Cristiano Gomes	Só viemos fazer SPA	56:40	+31:50	11:20	
219	5606	Vitor Lopes	Galp Team	56:41	+31:51	11:20	
220	5586	João Silva	Fogaceiros	56:42	+31:52	11:20	
221	5579	Carolina China	Fogaceiros	56:43	+31:53	11:21	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
222	5602	Daniel Esteves	Galp Team	56:43	+31:53	11:21	
223	5604	Filipe Teixeira	Galp Team	56:44	+31:54	11:21	
224	5348	JOÃO NUNO LOUROSA MALTEZ	CFA, SROC, LDA.	56:46	+31:56	11:21	
225	5343	ANA LUISA LOPES FONTES	CFA, SROC, LDA.	56:46	+31:56	11:21	
226	5582	Carlos Carneiro	Fogaceiros	56:48	+31:58	11:22	
227	5344	ANABELA AMORIM LEITE	CFA, SROC, LDA.	56:49	+31:59	11:22	
228	5590	Rafael Jesus	Fogaceiros	56:50	+32:00	11:22	
229	5578	Beatriz Costa	Fogaceiros	56:50	+32:00	11:22	
230	5584	Diogo Machado	Fogaceiros	56:50	+32:00	11:22	
231	5588	José Godinho	Fogaceiros	56:51	+32:01	11:22	
232	5580	Catarina Silva	Fogaceiros	56:52	+32:02	11:22	
233	5605	Luis Moreira	Galp Team	56:54	+32:04	11:23	
234	5603	Domingos Pinheiro	Galp Team	56:54	+32:04	11:23	
235	5587	João Sousa	Fogaceiros	56:55	+32:05	11:23	
236	5589	Pedro Castro	Fogaceiros	56:55	+32:05	11:23	
237	5041	Rui Silva	Los pollos hermanos	57:10	+32:20	11:26	
238	5034	Carmen Fonseca	Los pollos hermanos	57:10	+32:20	11:26	
239	5216	Rodrigo Sousa	Balança mas não cai	57:16	+32:26	11:27	
240	5210	Joana Sousa	Balança mas não cai	57:18	+32:28	11:28	
241	5038	Fernando Mendes	Los pollos hermanos	57:18	+32:28	11:28	
242	5035	Isabel Lourenço	Los pollos hermanos	57:20	+32:30	11:28	
243	6352	Alberto Miguel Camarinha Pinto	Só viemos fazer SPA	57:36	+32:46	11:31	
244	5023	Verónicas Lopes costa	Dr9	57:47	+32:57	11:33	
245	5025	Daniel Inácio valente Reis	Dr9	57:47	+32:57	11:33	
246	5039	Moisés Cruz	Los pollos hermanos	57:57	+33:07	11:35	
247	5037	Paula Morgado	Los pollos hermanos	57:58	+33:08	11:36	
248	6351	Sílvia Gomes	Só viemos fazer SPA	58:09	+33:19	11:38	
249	6354	Gilberto Pinto	Só viemos fazer SPA	58:10	+33:20	11:38	
250	6350	Patrícia Gomes	Só viemos fazer SPA	58:10	+33:20	11:38	
251	6416	Tiago Pinho	Team Noesis	58:44	+33:54	11:45	
252	6418	Luís Silva	Team Noesis	58:44	+33:54	11:45	
253	6417	Rute Ferreira	Team Noesis	58:44	+33:54	11:45	
254	6415	Clara Fernandes	Team Noesis	58:45	+33:55	11:45	
255	6419	Rafael Fonseca Calisto	Team Noesis	58:45	+33:55	11:45	
256	5340	Ricardo Gabriel Oliveira	CDE NATAÇÃO	59:11	+34:21	11:50	
257	5342	Tiago Dinis Lima	CDE NATAÇÃO	59:13	+34:23	11:51	
258	5314	Hugo Miguel Soares Pinho	Carro de Vassoura	59:26	+34:36	11:53	
259	6162	Tainá Costa de Souza	Ovos moles	59:33	+34:43	11:55	
260	5313	Luciana de Oliveira Gonçalves	Carro de Vassoura	59:34	+34:44	11:55	
261	5748	Alfredo Manuel da Costa Lamarão	Individual	59:41	+34:51	11:56	
262	5739	Mara Monteiro Pereira	Individual	59:41	+34:51	11:56	
263	5249	Vasco Oliveira	BLUE TEAM	59:50	+35:00	11:58	
264	5547	Maria João Oliveira Moreira	fiamma	59:53	+35:03	11:59	
265	5538	Luís Horta	FDS	59:53	+35:03	11:59	
266	5536	Inês Simões	FDS	59:53	+35:03	11:59	
267	5539	Ricardo Horta	FDS	59:54	+35:04	11:59	

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
268	5554	Alexandre Almeida	fiamma	59:54	+35:04	11:59	
269	5537	Marta Simões	FDS	59:54	+35:04	11:59	
270	6445	Joana Sousa	TREPADEIRAS DA LAMA	59:54	+35:04	11:59	
271	6314	Cláudia Pinho	RRT - REWORK RACING TEAM	59:54	+35:04	11:59	
272	6319	Joel Lino	RRT - REWORK RACING TEAM	59:54	+35:04	11:59	
273	5187	Rosa Couto	AMNÉSIA	59:54	+35:04	11:59	
274	6072	Helena Almeida	Os espanhóis	01:00:00	+35:10	12:00	
275	6077	Jose marques	Os espanhóis	01:00:00	+35:10	12:00	
276	6073	Jessica piedade	Os espanhóis	01:00:00	+35:10	12:00	
277	6075	Vanessa vaia	Os espanhóis	01:00:00	+35:10	12:00	
278	6076	Jaime matos	Os espanhóis	01:00:01	+35:11	12:00	
279	6078	Renato vaia	Os espanhóis	01:00:01	+35:11	12:00	
280	6074	Teresa marques	Os espanhóis	01:00:02	+35:12	12:00	
281	5300	Diogo Carrola	Caderneta	01:00:04	+35:14	12:01	
282	5296	Maria Correia	Caderneta	01:00:05	+35:15	12:01	
283	5292	Ana Augusto	Caderneta	01:00:06	+35:16	12:01	
284	5299	Bruno Vale	Caderneta	01:00:07	+35:17	12:01	
285	5293	Ana Ferro	Caderneta	01:00:07	+35:17	12:01	
286	5298	Rita Carvalho	Caderneta	01:00:07	+35:17	12:01	
287	5302	Miguel Carrola	Caderneta	01:00:09	+35:19	12:02	
288	5411	Camélia Butunoi	Clinica Veterinária Santa Marinha	01:00:10	+35:20	12:02	
289	5415	Paula Fontes	Clinica Veterinária Santa Marinha	01:00:11	+35:21	12:02	
290	5416	Regina Pacheco	Clinica Veterinária Santa Marinha	01:00:12	+35:22	12:02	
291	5563	Gustavo Reinoza	fiamma	01:00:12	+35:22	12:02	
292	5294	Luciana Ladeira	Caderneta	01:00:14	+35:24	12:03	
293	5713	João Corveira	HUFa, sobrevivemos!	01:00:20	+35:30	12:04	
294	5708	Cedric dos Santos Dias	HUFa, sobrevivemos!	01:00:20	+35:30	12:04	
295	5717	Paulo Costa	HUFa, sobrevivemos!	01:00:21	+35:31	12:04	
296	5245	ANTONIO FERNANDO FERREIRA DA CUNHA ALVES MONTEIRO	BLUE TEAM	01:00:21	+35:31	12:04	
297	5246	Bruno Pimentel	BLUE TEAM	01:00:23	+35:33	12:05	
298	5241	ERICA VILARINHO	BLUE TEAM	01:00:24	+35:34	12:05	
299	5707	Carlos Santos	HUFa, sobrevivemos!	01:00:24	+35:34	12:05	
300	5248	PEDRO MORAIS	BLUE TEAM	01:00:25	+35:35	12:05	
301	5243	Adriano da Rocha Ferreira	BLUE TEAM	01:00:29	+35:39	12:06	
302	5252	Carolina Miguel Almeida Ferreira	Bota Que Tem	01:00:32	+35:42	12:06	
303	5466	Diogo Gaspar	Dirt Divas	01:00:33	+35:43	12:07	
304	5467	Fábio Rodrigues	Dirt Divas	01:00:34	+35:44	12:07	
305	5255	Afonso Branco de Oliveira	Bota Que Tem	01:00:34	+35:44	12:07	
306	5469	Filipe Santos	Dirt Divas	01:00:34	+35:44	12:07	
307	5470	Ricardo Reis	Dirt Divas	01:00:34	+35:44	12:07	
308	5257	Diogo José da Silva aantos	Bota Que Tem	01:00:37	+35:47	12:07	
309	6036	Afonso Ramalho	Os Bileiros	01:00:37	+35:47	12:07	
310	5261	Rui Gabriel de Oliveira Lopes	Bota Que Tem	01:00:38	+35:48	12:08	
311	5259	Luís Daniel Correia Vaz da Conceição	Bota Que Tem	01:00:39	+35:49	12:08	
312	5330	Maria Beatriz Matos	CDE NATAÇÃO	01:00:40	+35:50	12:08	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
313	5420	Sónia Meireles	Clinica Veterinária Santa Marinha	01:00:46	+35:56	12:09	
314	5423	Nuno Mieiro	Clinica Veterinária Santa Marinha	01:00:46	+35:56	12:09	
315	5426	Victor Silva	Clinica Veterinária Santa Marinha	01:00:47	+35:57	12:09	
316	5738	Liliana Vasconcelos	Individual	01:00:54	+36:04	12:11	
317	5463	Susana Parreira	Dijosune	01:00:54	+36:04	12:11	
318	5465	Jorge Duarte	Dijosune	01:00:55	+36:05	12:11	
319	6164	Kelvin Campelo	Ovos moles	01:00:56	+36:06	12:11	
320	6163	Filipe Pinto	Ovos moles	01:00:56	+36:06	12:11	
321	6165	Ricardo Silva	Ovos moles	01:00:56	+36:06	12:11	
322	6161	Naná Canto Castro	Ovos moles	01:00:57	+36:07	12:11	
323	5312	Flávia Gabriela Fomes Ribeiro	Carro de Vassoura	01:00:58	+36:08	12:12	
324	5315	Nelson David Almeida Pereira.	Carro de Vassoura	01:01:03	+36:13	12:13	
325	5310	Catarina Jesus Silva	Carro de Vassoura	01:01:04	+36:14	12:13	
326	6310	Adelino Rocha	RRS Bioracers 2024	01:01:05	+36:15	12:13	
327	5730	Fábio Ferreira	Iluminati	01:01:07	+36:17	12:13	
328	6260	Daniel Rodrigues	Rainha Team	01:01:07	+36:17	12:13	
329	6264	Miguel Santos	Rainha Team	01:01:07	+36:17	12:13	
330	6307	Maria Helena Neves Silva	RRS Bioracers 2024	01:01:07	+36:17	12:13	
331	6249	Cátia Quina	Rainha Team	01:01:07	+36:17	12:13	
332	6172	JORGE MIGUEL PINTO DA SILVA	PACÓVIOS ATÓMICOS	01:01:08	+36:18	12:14	
333	5311	Cátia Vanessa da Silva Santos	Carro de Vassoura	01:01:08	+36:18	12:14	
334	6255	margarida maria santos roça	Rainha Team	01:01:09	+36:19	12:14	
335	6306	Elisabete Silva	RRS Bioracers 2024	01:01:09	+36:19	12:14	
336	5607	Beatriz Hortensio	Gang MêPrimo	01:01:10	+36:20	12:14	
337	5615	Leonardo Silva	Gang MêPrimo	01:01:11	+36:21	12:14	
338	6248	Ana Santos	Rainha Team	01:01:15	+36:25	12:15	
339	6250	Clara Ferreira	Rainha Team	01:01:17	+36:27	12:15	
340	5594	Eduarda Catarina Oliveira Cardoso	Força da Pedreira	01:01:24	+36:34	12:17	
341	6253	Mª Lucinda Torres	Rainha Team	01:01:26	+36:36	12:17	
342	5601	Marcos André correia Moreira	Força da Pedreira	01:01:30	+36:40	12:18	
343	5596	Márcia Filipa Oliveira Cardoso	Força da Pedreira	01:01:31	+36:41	12:18	
344	5593	Ana Raquel Gomes Fidalgo	Força da Pedreira	01:01:31	+36:41	12:18	
345	5597	André Ricardo Oliveira cardoso	Força da Pedreira	01:01:31	+36:41	12:18	
346	5600	Marco António Cardoso Correia	Força da Pedreira	01:01:32	+36:42	12:18	
347	6015	Miguel Fidalgo	os arrebetados	01:01:32	+36:42	12:18	
348	5599	Joel oliveira Pinto	Força da Pedreira	01:01:32	+36:42	12:18	
349	5595	Flávia Daniela Costa Pinho	Força da Pedreira	01:01:34	+36:44	12:19	
350	5591	Adriana Costa Pinho	Força da Pedreira	01:01:36	+36:46	12:19	
351	5592	Alexandra Filipa Almeida Santos	Força da Pedreira	01:01:36	+36:46	12:19	
352	5598	João Pinho	Força da Pedreira	01:01:37	+36:47	12:19	
353	6168	MARIA HESPANHA MATOS	PACÓVIOS ATÓMICOS	01:01:40	+36:50	12:20	
354	6167	MARIA ADELAIDE OLIM	PACÓVIOS ATÓMICOS	01:01:40	+36:50	12:20	
355	5922	Carlos Ramos	Nascidos para comer	01:01:42	+36:52	12:20	
356	5920	Elisabete Nascimento	Nascidos para comer	01:01:43	+36:53	12:21	
357	5788	Ana Rita Rojão	Lamacentos	01:01:43	+36:53	12:21	
358	5808	Rodrigo Rojão	Lamacentos	01:01:44	+36:54	12:21	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
359	5919	Carina Bastos	Nascidos para comer	01:01:44	+36:54	12:21	
360	5804	João Rojão	Lamacentos	01:01:46	+36:56	12:21	
361	5806	Manuel Rojão	Lamacentos	01:01:47	+36:57	12:21	
362	5117	Carlos Cunha	A ORIGEM	01:01:47	+36:57	12:21	
363	5794	Joana Rojão	Lamacentos	01:01:49	+36:59	12:22	
364	5824	Jorge Miguel Rodrigues Nogueira	Lesmas Atléticoas	01:02:26	+37:36	12:29	
365	5825	Luís Paulo Soares Lopes	Lesmas Atléticoas	01:02:31	+37:41	12:30	
366	5819	Marlene Da Silva Andrade	Lesmas Atléticoas	01:02:31	+37:41	12:30	
367	5823	João Filipe Ferreira Da Costa	Lesmas Atléticoas	01:02:33	+37:43	12:31	
368	5821	Milena Magalhães	Lesmas Atléticoas	01:02:34	+37:44	12:31	
369	5092	Raphael Viniciu	Team Primus Ceramics	01:02:37	+37:47	12:31	
370	5080	Paula Almeida	Team Primus Ceramics	01:02:37	+37:47	12:31	
371	5090	Luís Falcão	Team Primus Ceramics	01:02:37	+37:47	12:31	
372	5091	Nico Elkan	Team Primus Ceramics	01:02:37	+37:47	12:31	
373	5820	Micaela Alexandra Freitas Assunção	Lesmas Atléticoas	01:02:40	+37:50	12:32	
374	6338	Cristiano Cruz	Sem Nome e o Cristiano	01:02:40	+37:50	12:32	
375	6341	João Góis	Sem Nome e o Cristiano	01:02:40	+37:50	12:32	
376	6339	Eduardo Laranjeiro	Sem Nome e o Cristiano	01:02:42	+37:52	12:32	
377	6342	Miguel Campos	Sem Nome e o Cristiano	01:02:46	+37:56	12:33	
378	6340	Inês Laranjeiro	Sem Nome e o Cristiano	01:02:50	+38:00	12:34	
379	6337	Beatriz Laranjeiro	Sem Nome e o Cristiano	01:02:50	+38:00	12:34	
380	5829	Anabel Vieira	LOBA	01:02:52	+38:02	12:34	
381	5832	Érica Gonçalves	LOBA	01:02:52	+38:02	12:34	
382	5258	Fabio Joel da Silva rodrigues	Bota Que Tem	01:03:15	+38:25	12:39	
383	5260	Marco Antonio De Sá Pereira Flor	Bota Que Tem	01:03:15	+38:25	12:39	
384	5509	Daniela Dias	Estúpidos Anónimos	01:03:27	+38:37	12:41	
385	5514	Wilson Branquinho	Estúpidos Anónimos	01:03:27	+38:37	12:41	
386	5512	Ricardo Campos	Estúpidos Anónimos	01:03:28	+38:38	12:42	
387	5666	Sofia Caleiro	Gym Buddies	01:03:29	+38:39	12:42	
388	5665	Patrícia Teixeira	Gym Buddies	01:03:29	+38:39	12:42	
389	5190	Joaquim Alexandre Silva	AMNÉSIA	01:03:30	+38:40	12:42	
390	5510	Márcia Dias	Estúpidos Anónimos	01:03:31	+38:41	12:42	
391	5663	Irene Gonçalves	Gym Buddies	01:03:31	+38:41	12:42	
392	5667	Bruno Martins	Gym Buddies	01:03:32	+38:42	12:42	
393	5320	Ana Jorge Gonçalves	CDE NATAÇÃO	01:03:33	+38:43	12:43	
394	5325	Catarina Casalinho	CDE NATAÇÃO	01:03:33	+38:43	12:43	
395	5329	Lara Catarina Maia	CDE NATAÇÃO	01:03:33	+38:43	12:43	
396	5670	Miguel Conde	Gym Buddies	01:03:34	+38:44	12:43	
397	5668	Diogo Teixeira	Gym Buddies	01:03:34	+38:44	12:43	
398	6222	LARA ANDRÉ DIAMANTINO	PREVINIL Running Team	01:03:40	+38:50	12:44	
399	5496	Carolina Fonseca	Entalados até ao Pescoço	01:03:44	+38:54	12:45	
400	5497	António Cunha	Entalados até ao Pescoço	01:03:44	+38:54	12:45	
401	5409	HELDER MAIA	Climacom	01:03:51	+39:01	12:46	
402	5381	PATRICIA PRESA	Climacom	01:03:51	+39:01	12:46	
403	5398	FÁBIO ABREU	Climacom	01:03:52	+39:02	12:46	
404	5402	NORBERTO PRESA	Climacom	01:03:56	+39:06	12:47	

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
405	6209	Tiago Carvalhas	PEVIDES	01:04:20	+39:30	12:52	
406	6395	Nelson Cristiano Santos Vida	SOMOS_6	01:04:50	+40:00	12:58	
407	6393	JONATHAN COLAS	SOMOS_6	01:04:50	+40:00	12:58	
408	6385	Janice de Pina	SOMOS_6	01:05:08	+40:18	13:02	
409	5373	CARLA DINIS	Climacom	01:05:22	+40:32	13:04	
410	5033	STEVEN TORREALBA	Individual	01:05:23	+40:33	13:05	
411	5027	MARIA DOS SANTOS GUERRERO	Individual	01:05:23	+40:33	13:05	
412	5393	FERNANDO SALVADOR	Climacom	01:05:23	+40:33	13:05	
413	5371	BERTA MAGALHÃES	Climacom	01:05:24	+40:34	13:05	
414	5401	MIGUEL CASQUEIRA	Climacom	01:05:25	+40:35	13:05	
415	5384	RITA CASAL	Climacom	01:05:26	+40:36	13:05	
416	5377	ELIZABETE CRUZ	Climacom	01:05:28	+40:38	13:06	
417	5378	IRIS CASQUEIRA	Climacom	01:05:29	+40:39	13:06	
418	5337	João Miguel Santos	CDE NATAÇÃO	01:05:45	+40:55	13:09	
419	5323	Carolina Martins Silva	CDE NATAÇÃO	01:05:45	+40:55	13:09	
420	6349	Francisca de Jesus Oliveira Pinto	Só viemos fazer SPA	01:05:50	+41:00	13:10	
421	5508	RICARDO OLIVEIRA	EPIC 5 + 2	01:05:54	+41:04	13:11	
422	5503	MARIA DE NAZARE CRAVEIRO	EPIC 5 + 2	01:05:54	+41:04	13:11	
423	5507	LUIS FILIPE	EPIC 5 + 2	01:05:54	+41:04	13:11	
424	5505	SONIA DUARTE	EPIC 5 + 2	01:05:54	+41:04	13:11	
425	5506	ABILIO ALVES	EPIC 5 + 2	01:05:55	+41:05	13:11	
426	5502	LUCIA ROCHA	EPIC 5 + 2	01:05:55	+41:05	13:11	
427	5504	MONICA SANTIAGO	EPIC 5 + 2	01:05:55	+41:05	13:11	
428	6297	André Antunes	Riainline	01:06:19	+41:29	13:16	
429	5732	Amanda Ventura	Individual	01:06:19	+41:29	13:16	
430	5752	Ítalo Francisco	Individual	01:06:21	+41:31	13:16	
431	5754	Luiz Francisco	Individual	01:06:21	+41:31	13:16	
432	5745	Rosângela Francisco	Individual	01:06:22	+41:32	13:16	
433	5675	Marco Mota	H&H	01:06:38	+41:48	13:20	
434	6400	Filipe Silva	Sportsfotopt	01:06:40	+41:50	13:20	
435	5673	David Fernandes	H&H	01:06:40	+41:50	13:20	
436	6399	Andrea Vale	Sportsfotopt	01:06:40	+41:50	13:20	
437	5913	Diogo Rodrigues	Milimili	01:06:42	+41:52	13:20	
438	5911	Cláudia Dinis	Milimili	01:06:42	+41:52	13:20	
439	5914	Francisco Rodrigues	Milimili	01:06:43	+41:53	13:21	
440	5910	Ana Dinis	Milimili	01:06:43	+41:53	13:21	
441	5912	Tânia Dinis	Milimili	01:06:43	+41:53	13:21	
442	5662	Emanuel Ricardo Gonçalves	Guerreiros do Sofá	01:06:46	+41:56	13:21	
443	5661	Diogo Antônio Campos Correia	Guerreiros do Sofá	01:06:46	+41:56	13:21	
444	5660	Alberto Ricardo de Jesus Abreu da Silva	Guerreiros do Sofá	01:06:46	+41:56	13:21	
445	5659	Sara Cristina de Jesus Abreu da Silva	Guerreiros do Sofá	01:06:46	+41:56	13:21	
446	5747	Susana Alexandra Rodrigues da Silva	Individual	01:06:46	+41:56	13:21	
447	5868	José Bandeira	Lodo Team	01:06:49	+41:59	13:22	
448	5858	Anabela Moreira	Lodo Team	01:06:49	+41:59	13:22	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	T/KM	CARD
449	5186	Marcos Silva	Ninja Reumáticos	01:06:55	+42:05	13:23	
450	5498	António Fonseca	Entalados até ao Pescoço	01:07:00	+42:10	13:24	
451	5500	Leandro Resende	Entalados até ao Pescoço	01:07:00	+42:10	13:24	
452	5521	Diana Oliveira	Farinha do mesmo saco	01:07:09	+42:19	13:26	
453	5523	Inês Rosa	Farinha do mesmo saco	01:07:09	+42:19	13:26	
454	5768	Miguel Pereira	IRON SHAKERS	01:07:22	+42:32	13:28	
455	6458	Luisa Eva	Uma espécie de atleta	01:07:29	+42:39	13:30	
456	6456	Dionisia Laranjeiro	Uma espécie de atleta	01:07:29	+42:39	13:30	
457	6455	Ana Fernandes	Uma espécie de atleta	01:07:30	+42:40	13:30	
458	6460	Xavier Eva	Uma espécie de atleta	01:07:30	+42:40	13:30	
459	5525	Maria Marques	Farinha do mesmo saco	01:07:33	+42:43	13:31	
460	5164	Tania Marisa Silva Mendes	Amigos d' Alcateia	01:07:41	+42:51	13:32	
461	5741	Maria João Lagoa	Individual	01:07:41	+42:51	13:32	
462	5528	Sandra dos Santos	Farinha do mesmo saco	01:07:42	+42:52	13:32	
463	5733	Ana Paula dos Santos Lagoa	Individual	01:07:42	+42:52	13:32	
464	5163	Galina Filipovici	Amigos d' Alcateia	01:07:42	+42:52	13:32	
465	5165	Daniel Pereira Marques	Amigos d' Alcateia	01:07:43	+42:53	13:33	
466	5721	Susana Rodrigues	IB PREMIUM TEAM	01:07:53	+43:03	13:35	
467	5724	César Martins Pacheco	IB PREMIUM TEAM	01:07:54	+43:04	13:35	
468	5722	André Almeida Pacheco	IB PREMIUM TEAM	01:07:56	+43:06	13:35	
469	5719	Cassilda Zeferino Barros Rodrigues	IB PREMIUM TEAM	01:07:56	+43:06	13:35	
470	5726	Nuno Coelho	IB PREMIUM TEAM	01:07:59	+43:09	13:36	
471	5728	Tiago Barbosa	IB PREMIUM TEAM	01:07:59	+43:09	13:36	
472	5725	Ivo Bento	IB PREMIUM TEAM	01:07:59	+43:09	13:36	
473	5718	Ana Leal	IB PREMIUM TEAM	01:08:00	+43:10	13:36	
474	5720	Joana Pacheco	IB PREMIUM TEAM	01:08:05	+43:15	13:37	
475	5723	André Pereira	IB PREMIUM TEAM	01:08:07	+43:17	13:37	
476	5533	Martin Santos	Farinha do mesmo saco	01:08:25	+43:35	13:41	
477	5529	Sandra Sofia. Santos	Farinha do mesmo saco	01:08:26	+43:36	13:41	
478	5526	Matilde Leite	Farinha do mesmo saco	01:08:26	+43:36	13:41	
479	5520	Catarina Mendes Santos	Farinha do mesmo saco	01:08:26	+43:36	13:41	
480	5519	Bruna dos Santos	Farinha do mesmo saco	01:08:26	+43:36	13:41	
481	5530	Carlos Marques	Farinha do mesmo saco	01:08:27	+43:37	13:41	
482	5518	Ana Almeida	Farinha do mesmo saco	01:08:27	+43:37	13:41	
483	5522	Diana Santos	Farinha do mesmo saco	01:08:27	+43:37	13:41	
484	5534	Sandro dos Santos	Farinha do mesmo saco	01:08:27	+43:37	13:41	
485	5531	César Santos	Farinha do mesmo saco	01:08:28	+43:38	13:42	
486	6014	José Fidalgo	os arrebetados	01:08:34	+43:44	13:43	
487	5887	Paula Rocha	Mães dos Portugueses pelo mundo....de Santiago	01:08:55	+44:05	13:47	
488	5884	Catarina Campos	Mães dos Portugueses pelo mundo....de Santiago	01:08:55	+44:05	13:47	
489	6153	Dina Isabel dos Santos Agostinho	OSS- Carpintaria	01:09:05	+44:15	13:49	
490	6157	André Filipe dos Santos Ferreira	OSS- Carpintaria	01:09:05	+44:15	13:49	
491	6158	Fernando Jorge Rocha de Oliveira	OSS- Carpintaria	01:09:05	+44:15	13:49	
492	6156	Matilde Agostinho de Oliveira	OSS- Carpintaria	01:09:05	+44:15	13:49	
493	6159	Jorge Jesus Oliveira	OSS- Carpintaria	01:09:05	+44:15	13:49	
494	6154	Graça Manuela Jesus Costa Oliveira	OSS- Carpintaria	01:09:05	+44:15	13:49	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
495	5885	Cátia Susana Pinto Pêgo Felizardo	Mães dos Portugueses pelo mundo....de Santiago	01:09:05	+44:15	13:49	
496	5886	Mariana Martinho	Mães dos Portugueses pelo mundo....de Santiago	01:09:06	+44:16	13:49	
497	5648	João Santos	González	01:09:24	+44:34	13:53	
498	5647	Filipe Santos	González	01:09:25	+44:35	13:53	
499	5652	Pedro Leite	González	01:09:26	+44:36	13:53	
500	6031	PAULA CRISTINA CARNEIRO RODRIGUES CARVALHO	Os Bileiros	01:09:31	+44:41	13:54	
501	6039	ARLINDO JOSE DA SILVA CARVALHO	Os Bileiros	01:09:31	+44:41	13:54	
502	5650	Manuel González	González	01:09:33	+44:43	13:55	
503	5643	Verónica Santos	González	01:09:34	+44:44	13:55	
504	5642	Mónica Ferreira	González	01:09:34	+44:44	13:55	
505	6507	Vera Ferreira	Velocity - Centro de Treino	01:09:46	+44:56	13:57	
506	6504	Filipa André	Velocity - Centro de Treino	01:09:46	+44:56	13:57	
507	5127	Natalie Crozariol	Abana, mas não cai!	01:09:48	+44:58	13:58	
508	6503	Cristiana Teixeira	Velocity - Centro de Treino	01:09:48	+44:58	13:58	
509	5128	Rita Neves	Abana, mas não cai!	01:09:50	+45:00	13:58	
510	5125	Helena Cunha	Abana, mas não cai!	01:09:50	+45:00	13:58	
511	6371	KAREN SILVA	SOLTA A FRANGA	01:09:53	+45:03	13:59	
512	6501	Ana Clara Silva Raimundo	Velocity - Centro de Treino	01:09:54	+45:04	13:59	
513	6369	BEATRIZ VELADO	SOLTA A FRANGA	01:09:54	+45:04	13:59	
514	6502	Claudia Batista	Velocity - Centro de Treino	01:09:54	+45:04	13:59	
515	6374	EDGAR MELO	SOLTA A FRANGA	01:09:55	+45:05	13:59	
516	6375	JOÃO SANTOS	SOLTA A FRANGA	01:09:55	+45:05	13:59	
517	6373	VANESSA FONSECA	SOLTA A FRANGA	01:09:55	+45:05	13:59	
518	6370	JOANA RAMOS	SOLTA A FRANGA	01:09:55	+45:05	13:59	
519	6506	Rute Cláudia	Velocity - Centro de Treino	01:09:56	+45:06	13:59	
520	5049	Fernando Rodrigues da Silva	Ovarmat	01:10:02	+45:12	14:00	
521	5043	Catia Alexandra Matos Gonçalo	Ovarmat	01:10:02	+45:12	14:00	
522	5045	Mariana Resende Bandeirinha	Ovarmat	01:10:02	+45:12	14:00	
523	5050	Jorge Miguel da Costa Duarte	Ovarmat	01:10:03	+45:13	14:01	
524	5046	Marta Libânia Valente de Resende	Ovarmat	01:10:03	+45:13	14:01	
525	5044	Gabriela Homem Conde	Ovarmat	01:10:03	+45:13	14:01	
526	5054	Sérgio Miguel da Graça Rodrigues	Ovarmat	01:10:03	+45:13	14:01	
527	5047	António Filipe de Bastos Fontes	Ovarmat	01:10:03	+45:13	14:01	
528	5053	Sandro Rafael da Silva Aragão	Ovarmat	01:10:04	+45:14	14:01	
529	6439	José Pedro da Fonseca Pereira	Trepa Serras	01:10:17	+45:27	14:03	
530	6441	Paulo Jorge Brás Guerra Moiteiro	Trepa Serras	01:10:19	+45:29	14:04	
531	6438	Alexandre Manuel Campos Ganito	Trepa Serras	01:10:24	+45:34	14:05	
532	6443	Renato Lopes Almeida	Trepa Serras	01:10:26	+45:36	14:05	
533	6433	Ana Rita Saraiva Esgalhado	Trepa Serras	01:10:26	+45:36	14:05	
534	6432	Alice Henriques Job	Trepa Serras	01:10:27	+45:37	14:05	
535	6440	Júlio Manuel Leitão Dinis	Trepa Serras	01:10:28	+45:38	14:06	
536	6442	Paulo Jorge de Sá Fernandes	Trepa Serras	01:10:29	+45:39	14:06	
537	6435	Dulce Maria de Jesus Pinheiro	Trepa Serras	01:10:32	+45:42	14:06	
538	6436	Susana Isabel Moega Gato	Trepa Serras	01:10:32	+45:42	14:06	
539	5144	Helder Berenguer	Agora lama-me!	01:10:36	+45:46	14:07	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
540	5148	Nuno Brízida	Agora lama-me!	01:10:43	+45:53	14:09	
541	6119	Guilherme Pedrosa Reis Rodrigues	Os jeitosos	01:11:08	+46:18	14:14	
542	5212	Tânia Magina	Balança mas não cai	01:11:16	+46:26	14:15	
543	5211	Juliana Amaral	Balança mas não cai	01:11:17	+46:27	14:15	
544	5208	Ana Amaral	Balança mas não cai	01:11:18	+46:28	14:16	
545	5209	Ana Macedo	Balança mas não cai	01:11:23	+46:33	14:17	
546	6052	Natalie Venâncio	Os Depenados	01:11:34	+46:44	14:19	
547	6463	Tiago Jesus	Underground	01:11:35	+46:45	14:19	
548	6462	Joanna Abraços	Underground	01:11:35	+46:45	14:19	
549	6461	Iara Teixeira	Underground	01:11:36	+46:46	14:19	
550	6053	Gabriel Oliveira	Os Depenados	01:11:37	+46:47	14:19	
551	6051	Maria Beatriz Rodrigues Venâncio	Os Depenados	01:11:38	+46:48	14:20	
552	6054	Maik Venâncio	Os Depenados	01:11:38	+46:48	14:20	
553	5087	Dan Nlandu	Team Primus Ceramics	01:12:02	+47:12	14:24	
554	5081	Sandra Pereira	Team Primus Ceramics	01:12:02	+47:12	14:24	
555	5084	Susana Martins	Team Primus Ceramics	01:12:02	+47:12	14:24	
556	5076	Cátia Martins	Team Primus Ceramics	01:12:02	+47:12	14:24	
557	5083	Sónia Monteiro	Team Primus Ceramics	01:12:02	+47:12	14:24	
558	5078	Elisabete Rodrigues	Team Primus Ceramics	01:12:02	+47:12	14:24	
559	5079	Helena Afonso	Team Primus Ceramics	01:12:02	+47:12	14:24	
560	5085	Vitória Oliveira	Team Primus Ceramics	01:12:02	+47:12	14:24	
561	5089	Juan Duran	Team Primus Ceramics	01:12:02	+47:12	14:24	
562	5077	Cristina Duarte	Team Primus Ceramics	01:12:02	+47:12	14:24	
563	5088	Danilo Oliveira	Team Primus Ceramics	01:12:02	+47:12	14:24	
564	6106	Rui Salvador	Os indecisos	01:12:04	+47:14	14:25	
565	5145	João Tomás Simões	Agora lama-me!	01:12:05	+47:15	14:25	
566	5131	Beatriz Lopes	Agora lama-me!	01:12:06	+47:16	14:25	
567	5134	Gabriela Duarte	Agora lama-me!	01:12:06	+47:16	14:25	
568	5146	Júnio Jardim	Agora lama-me!	01:12:06	+47:16	14:25	
569	5740	Maria Alejandra Valente Fontes	Individual	01:12:12	+47:22	14:26	
570	5759	Vitor Manuel Sousa Marques	Individual	01:12:14	+47:24	14:27	
571	6101	Filipa Lemos Ferreira	Os indecisos	01:12:19	+47:29	14:28	
572	6105	Daniel Ferreira	Os indecisos	01:12:19	+47:29	14:28	
573	6104	Claudio Marques	Os indecisos	01:12:19	+47:29	14:28	
574	6103	Maria Pinto	Os indecisos	01:12:19	+47:29	14:28	
575	6100	Andrea Ferreira	Os indecisos	01:12:19	+47:29	14:28	
576	6102	Marcia Jesus	Os indecisos	01:12:19	+47:29	14:28	
577	6283	Tiago Miguel Gonçalves da Mata	Rebenta minas	01:12:34	+47:44	14:31	
578	5333	Antonio Fortunato Oliveira	CDE NATAÇÃO	01:12:41	+47:51	14:32	
579	5328	Karina Scarfone	CDE NATAÇÃO	01:12:41	+47:51	14:32	
580	5102	Graciete Maria Valente Cruz	100 Fôlego	01:12:58	+48:08	14:36	
581	6281	Gabriel Augusto dos Santos	Rebenta minas	01:13:03	+48:13	14:37	
582	5101	Andreia Susana Tavares Figueira	100 Fôlego	01:13:03	+48:13	14:37	
583	6278	Sara Raquel Gonçalves da Mata	Rebenta minas	01:13:03	+48:13	14:37	
584	6280	David Carlos da Silva Ferreira	Rebenta minas	01:13:04	+48:14	14:37	
585	6276	Célia Marisa Resende Amador	Rebenta minas	01:13:05	+48:15	14:37	

5 KM

[illegible][illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
586	5446	Mariana Toscano	Copinhos de Leite	01:13:06	+48:16	14:37	
587	6282	Joaquim António Sousa Correia	Rebenta minas	01:13:06	+48:16	14:37	
588	5447	Rita Bronze Vinha	Copinhos de Leite	01:13:06	+48:16	14:37	
589	5105	André Rafael Cruz Onofre	100 Fôlego	01:13:06	+48:16	14:37	
590	5444	Ana Miguel Silva	Copinhos de Leite	01:13:07	+48:17	14:37	
591	6277	Jéssica da Silva Tavares Correia	Rebenta minas	01:13:07	+48:17	14:37	
592	5451	Jorge Bacelar	Copinhos de Leite	01:13:07	+48:17	14:37	
593	5448	Sofia Pedro	Copinhos de Leite	01:13:07	+48:17	14:37	
594	5449	Fernando Brandão	Copinhos de Leite	01:13:08	+48:18	14:38	
595	5453	Júlio Nascimento	Copinhos de Leite	01:13:09	+48:19	14:38	
596	5445	Carolina Tavares	Copinhos de Leite	01:13:09	+48:19	14:38	
597	5454	Sérgio Marinho	Copinhos de Leite	01:13:09	+48:19	14:38	
598	5452	José Vilela	Copinhos de Leite	01:13:10	+48:20	14:38	
599	5450	Gabriel Felipe	Copinhos de Leite	01:13:10	+48:20	14:38	
600	5108	Jose Augusto Oliveira Onofre	100 Fôlego	01:13:11	+48:21	14:38	
601	5106	António Augusto Rodrigues da Silva	100 Fôlego	01:13:12	+48:22	14:38	
602	5107	Jaime Alberto Ribeiro Dos Santos	100 Fôlego	01:13:16	+48:26	14:39	
603	5676	Pedro Gaspar	H&H	01:13:23	+48:33	14:41	
604	5199	Maria Cruz	Arsenal de Canelas	01:13:24	+48:34	14:41	
605	5201	Paula Pinto	Arsenal de Canelas	01:13:25	+48:35	14:41	
606	5198	Margarida Silva	Arsenal de Canelas	01:13:25	+48:35	14:41	
607	5359	Marta da Silva Lopes	Chick Runners	01:13:38	+48:48	14:44	
608	5640	Vitor Bessa	GondeTeam and Friends	01:13:39	+48:49	14:44	
609	5638	Fernando Fernandes	GondeTeam and Friends	01:13:39	+48:49	14:44	
610	5639	Tiago Pinho	GondeTeam and Friends	01:13:39	+48:49	14:44	
611	5630	Cátia Bastos	GondeTeam and Friends	01:13:54	+49:04	14:47	
612	5633	Lourdes Rodriguez	GondeTeam and Friends	01:13:57	+49:07	14:47	
613	5100	Ana Sofia Resende Casimiro	100 Fôlego	01:14:00	+49:10	14:48	
614	5103	Sara Oliveira santos	100 Fôlego	01:14:01	+49:11	14:48	
615	5631	Diana Marques	GondeTeam and Friends	01:14:02	+49:12	14:48	
616	5110	Sergio Costa Cardoso de Almeida	100 Fôlego	01:14:02	+49:12	14:48	
617	5109	Rui Filipe Oliveira Pinho	100 Fôlego	01:14:02	+49:12	14:48	
618	5104	Viviana João Freire Almeida	100 Fôlego	01:14:02	+49:12	14:48	
619	6010	Sara Fidalgo	os arrebetados	01:14:02	+49:12	14:48	
620	5635	Sara Esteves	GondeTeam and Friends	01:14:04	+49:14	14:49	
621	5636	Telma Reis	GondeTeam and Friends	01:14:05	+49:15	14:49	
622	5632	Elisabete Baptista	GondeTeam and Friends	01:14:09	+49:19	14:50	
623	5629	Beatriz Leite	GondeTeam and Friends	01:14:10	+49:20	14:50	
624	6007	Beatriz Almeida	os arrebetados	01:14:10	+49:20	14:50	
625	5634	Mara da Costa Ribeiro	GondeTeam and Friends	01:14:12	+49:22	14:50	
626	5637	António Leite	GondeTeam and Friends	01:14:12	+49:22	14:50	
627	6006	Amália Pinho	os arrebetados	01:14:12	+49:22	14:50	
628	6012	João Pinho	os arrebetados	01:14:13	+49:23	14:51	
629	6008	Liliana Correia	os arrebetados	01:14:14	+49:24	14:51	
630	6018	Sérgio Correia	os arrebetados	01:14:14	+49:24	14:51	
631	5352	Cristina Maria Cunha Conceição	Chick Runners	01:14:18	+49:28	14:52	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
632	5362	Celso Filipe Lopes Simões	Chick Runners	01:14:19	+49:29	14:52	
633	5354	Denise João Nunes Lameiro	Chick Runners	01:14:19	+49:29	14:52	
634	5351	Ana Patrícia Santos Cardoso	Chick Runners	01:14:23	+49:33	14:53	
635	5495	Rui Nunes	Em Casa / Ezata Grupo	01:14:23	+49:33	14:53	
636	5364	Rui Miguel Rocha Labrincha	Chick Runners	01:14:24	+49:34	14:53	
637	5481	Raquel Fonseca	Em Casa / Ezata Grupo	01:14:25	+49:35	14:53	
638	5356	Joana Ivónia	Chick Runners	01:14:26	+49:36	14:53	
639	5353	Daniela Queirós Barros de Oliveira Sousa	Chick Runners	01:14:27	+49:37	14:53	
640	5476	Carla Pereira	Em Casa / Ezata Grupo	01:14:27	+49:37	14:53	
641	5482	Tânia Sofia Abreu Gonçalves	Em Casa / Ezata Grupo	01:14:28	+49:38	14:54	
642	5488	Guilherme Sousa	Em Casa / Ezata Grupo	01:14:28	+49:38	14:54	
643	5798	Maria Santos	Lamacentos	01:14:30	+49:40	14:54	
644	5792	Inês santos	Lamacentos	01:14:31	+49:41	14:54	
645	6311	David Rodrigues	RRS Bioracers 2024	01:15:11	+50:21	15:02	
646	6309	Susana Rocha	RRS Bioracers 2024	01:15:12	+50:22	15:02	
647	5783	Maria Alexandra Festas da Silva	Just girls	01:15:16	+50:26	15:03	
648	5781	Dorit Clasing	Just girls	01:15:17	+50:27	15:03	
649	5784	Regina Maria da Cruz Gonçalves Vieira	Just girls	01:15:17	+50:27	15:03	
650	5779	Anabela Almeida de Oliveira Dias	Just girls	01:15:17	+50:27	15:03	
651	5782	Fátima Cristina Fernandes Moreira	Just girls	01:15:17	+50:27	15:03	
652	5780	Célia Madureira	Just girls	01:15:18	+50:28	15:04	
653	6028	ISABEL MARGARIDA DA SILVA CARVALHO	Os Bileiros	01:15:38	+50:48	15:08	
654	5655	Gonçalo Soares Santos	Grupo de Carnaval "Os Condores"	01:15:38	+50:48	15:08	
655	5658	Renato Miguel Pereira Soares	Grupo de Carnaval "Os Condores"	01:15:40	+50:50	15:08	
656	5653	Barbara Soraia Vassalo de Barros	Grupo de Carnaval "Os Condores"	01:15:40	+50:50	15:08	
657	5918	Eurico Pinto Duarte	MudRunners	01:15:44	+50:54	15:09	
658	5917	Susana Maria Campos Machado	MudRunners	01:15:44	+50:54	15:09	
659	5916	Eliana Maria Pinho da Fonseca	MudRunners	01:15:45	+50:55	15:09	
660	5915	Andreia Filipa Santos Pinho	MudRunners	01:15:45	+50:55	15:09	
661	5657	Maurício Filipe Do Couto Pinto	Grupo de Carnaval "Os Condores"	01:15:47	+50:57	15:09	
662	5656	Leonardo Soares	Grupo de Carnaval "Os Condores"	01:15:47	+50:57	15:09	
663	5517	Carlos Albérico de Amorim Alves	Ex, Ex, Ex	01:16:00	+51:10	15:12	
664	6182	Cristina Santos	Pernas de Pau	01:16:01	+51:11	15:12	
665	5516	António Mata	Ex, Ex, Ex	01:16:01	+51:11	15:12	
666	5515	Isabel Moreira	Ex, Ex, Ex	01:16:03	+51:13	15:13	
667	6184	Filipa Monteiro	Pernas de Pau	01:16:04	+51:14	15:13	
668	6193	António Geraldes	Pernas de Pau	01:16:06	+51:16	15:13	
669	6199	Valter Rodrigues	Pernas de Pau	01:16:07	+51:17	15:13	
670	6005	Martim Ribeiro Costa	Os amigos da Bucha	01:16:12	+51:22	15:14	
671	5999	Adriana dos Santos António	Os amigos da Bucha	01:16:12	+51:22	15:14	
672	6000	Bruna Daniela Ribeiro Lopes	Os amigos da Bucha	01:16:12	+51:22	15:14	
673	6004	Fábio Renato Lemos Ferreira Matos	Os amigos da Bucha	01:16:13	+51:23	15:15	
674	6001	Dora Marisa Dias Ramalho	Os amigos da Bucha	01:16:13	+51:23	15:15	
675	6003	Carlos Alberto Ferreira Costa	Os amigos da Bucha	01:16:13	+51:23	15:15	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
676	6002	Elsa Margarida Ribeiro Ferreira	Os amigos da Bucha	01:16:13	+51:23	15:15	
677	6044	MARCO ANTONIO GOMES SALGUEIRO GALANTE	Os Bileiros	01:16:16	+51:26	15:15	
678	6295	Sofia Melo Silva	Riainline	01:16:22	+51:32	15:16	
679	5253	Diana Filipa da Silva Santos	Bota Que Tem	01:16:23	+51:33	15:17	
680	5254	Margarida Clara Ferreira de Oliveira	Bota Que Tem	01:16:23	+51:33	15:17	
681	6186	Mariana Pais	Pernas de Pau	01:16:24	+51:34	15:17	
682	6299	Filipe calçada	Riainline	01:16:27	+51:37	15:17	
683	6185	Maria João Couto	Pernas de Pau	01:16:31	+51:41	15:18	
684	6196	Ricardo Nunes	Pernas de Pau	01:16:33	+51:43	15:19	
685	5262	Ana clementina Rocha Amaral	C.C.R.Válega - Patinagem	01:17:05	+52:15	15:25	
686	5269	SONIA MANUELA SILVA ALMEIDA	C.C.R.Válega - Patinagem	01:17:06	+52:16	15:25	
687	5277	JOSE ALBERTO OLIVEIRA DA FONSECA	C.C.R.Válega - Patinagem	01:17:06	+52:16	15:25	
688	5278	MIKAEL DA SILVA PINHAL	C.C.R.Válega - Patinagem	01:17:06	+52:16	15:25	
689	5265	ANA FILIPA SILVA CERQUEIRA	C.C.R.Válega - Patinagem	01:17:06	+52:16	15:25	
690	5270	VERA LUCIA DOS SANTOS SILVA LOURO	C.C.R.Válega - Patinagem	01:17:06	+52:16	15:25	
691	5274	JOÃO MANUEL OLIVEIRA SILVA	C.C.R.Válega - Patinagem	01:17:06	+52:16	15:25	
692	5267	SILVIA JULIANA DA SILVA SANTOS	C.C.R.Válega - Patinagem	01:17:06	+52:16	15:25	
693	5268	Sofia Marlene Rocha Amaral	C.C.R.Válega - Patinagem	01:17:06	+52:16	15:25	
694	5264	ANA CRISTINA OLIVEIRA FONSECA	C.C.R.Válega - Patinagem	01:17:06	+52:16	15:25	
695	5280	Tiago Daniel Valente Veiros	C.C.R.Válega - Patinagem	01:17:07	+52:17	15:25	
696	5276	Joaquim Correia rocha	C.C.R.Válega - Patinagem	01:17:07	+52:17	15:25	
697	5679	Maria do Carmo de Oliveira Novais	Haja fé força nas canetas	01:17:23	+52:33	15:29	
698	5681	Romeu Filipe Oliveira Valente	Haja fé força nas canetas	01:17:23	+52:33	15:29	
699	5677	Carina Silva Pereira	Haja fé força nas canetas	01:17:23	+52:33	15:29	
700	5680	Maria Lassalete Sousa Rodrigues Borges	Haja fé força nas canetas	01:17:23	+52:33	15:29	
701	5238	Joana Lopes	Bio-piriquetes	01:17:24	+52:34	15:29	
702	5236	Ana Ferreira	Bio-piriquetes	01:17:24	+52:34	15:29	
703	5239	Nádia Sousa	Bio-piriquetes	01:17:24	+52:34	15:29	
704	5237	Ângela Garranas	Bio-piriquetes	01:17:24	+52:34	15:29	
705	5876	Dorglimar Del Valle Morales Zamora	Luxaflex Portugal	01:17:26	+52:36	15:29	
706	5171	Cláudia Pereira	AMIGOS DA LAMA	01:17:34	+52:44	15:31	
707	5185	Rafael Ferreira	AMIGOS DA LAMA	01:17:37	+52:47	15:31	
708	5179	Albertino Medeiros	AMIGOS DA LAMA	01:17:41	+52:51	15:32	
709	5175	Noémia Padinha	AMIGOS DA LAMA	01:17:44	+52:54	15:33	
710	6321	Pedro Silva	RRT - REWORK RACING TEAM	01:17:51	+53:01	15:34	
711	5170	Ana Vaz	AMIGOS DA LAMA	01:17:54	+53:04	15:35	
712	5180	Bruno Medeiros	AMIGOS DA LAMA	01:17:54	+53:04	15:35	
713	5181	Hugo Pinho	AMIGOS DA LAMA	01:18:01	+53:11	15:36	
714	5173	Joana Rodrigues	AMIGOS DA LAMA	01:18:01	+53:11	15:36	
715	5174	Marília Valente	AMIGOS DA LAMA	01:18:02	+53:12	15:36	
716	5184	Nuno Oliveira	AMIGOS DA LAMA	01:18:03	+53:13	15:37	
717	5176	Sandra Andrade	AMIGOS DA LAMA	01:18:03	+53:13	15:37	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
718	5177	Sandra Gomes	AMIGOS DA LAMA	01:18:05	+53:15	15:37	
719	5182	Joel Fernandes	AMIGOS DA LAMA	01:18:05	+53:15	15:37	
720	5169	Ana Matos	AMIGOS DA LAMA	01:18:05	+53:15	15:37	
721	5183	Marco Matos	AMIGOS DA LAMA	01:18:05	+53:15	15:37	
722	5172	Cláudia Susana de Oliveira Pinho	AMIGOS DA LAMA	01:18:06	+53:16	15:37	
723	6291	Ana Filipa	Riainline	01:18:07	+53:17	15:37	
724	6293	Cintia Silva	Riainline	01:18:10	+53:20	15:38	
725	6294	Joana Oliveira Reverendo	Riainline	01:18:11	+53:21	15:38	
726	6292	Angela Rodrigues	Riainline	01:18:21	+53:31	15:40	
727	6296	Sandra Antunes	Riainline	01:18:22	+53:32	15:40	
728	6179	António José Gonçalves da Silva	PCI	01:18:29	+53:39	15:42	
729	6180	César Augusto Duarte de Oliveira Rodrigues	PCI	01:18:29	+53:39	15:42	
730	6177	Raquel Brandão Génio Duarte	PCI	01:18:29	+53:39	15:42	
731	6178	Vera Lúcia Neto Reis	PCI	01:18:30	+53:40	15:42	
732	6175	Joana Mendes Dias da Silva Ferreira	PCI	01:18:30	+53:40	15:42	
733	6174	Daniela Sofia Rebelo Oliveira	PCI	01:18:31	+53:41	15:42	
734	6176	Mariana Marques Vaz	PCI	01:18:31	+53:41	15:42	
735	5698	Manuela Camoesas	HUFa, sobrevivemos!	01:18:50	+54:00	15:46	
736	5705	Alberto González	HUFa, sobrevivemos!	01:18:53	+54:03	15:47	
737	5701	Marta Camoesas	HUFa, sobrevivemos!	01:18:56	+54:06	15:47	
738	5697	Magda Ribeiro	HUFa, sobrevivemos!	01:18:56	+54:06	15:47	
739	5711	Gonçalo Cabaças	HUFa, sobrevivemos!	01:18:57	+54:07	15:47	
740	5694	Diana Pinheiro	HUFa, sobrevivemos!	01:18:58	+54:08	15:48	
741	5700	Mariana Silva	HUFa, sobrevivemos!	01:18:59	+54:09	15:48	
742	5367	Maria Lúcia Barbosa de Castro e Melo	CIRES RUNNING TEAM	01:19:01	+54:11	15:48	
743	5369	Frederico Monteiro Dos Santos	CIRES RUNNING TEAM	01:19:01	+54:11	15:48	
744	5365	Ana Pombeiro	CIRES RUNNING TEAM	01:19:01	+54:11	15:48	
745	5368	António Manuel Marques Melo	CIRES RUNNING TEAM	01:19:02	+54:12	15:48	
746	5366	Joana Rita Cardoso Da Costa Marques	CIRES RUNNING TEAM	01:19:02	+54:12	15:48	
747	5866	António Lemos	Lodo Team	01:19:06	+54:16	15:49	
748	5869	José Carlos Ruela de Freitas	Lodo Team	01:19:07	+54:17	15:49	
749	5573	Inês Matias	FLAT	01:19:11	+54:21	15:50	
750	5860	Camila Martins	Lodo Team	01:19:15	+54:25	15:51	
751	5859	Armanda Silva	Lodo Team	01:19:15	+54:25	15:51	
752	5864	Rosa Carvalho	Lodo Team	01:19:17	+54:27	15:51	
753	5867	Fernando Martins	Lodo Team	01:19:19	+54:29	15:52	
754	6317	Fernando Silva	RRT - REWORK RACING TEAM	01:19:19	+54:29	15:52	
755	5234	Ezequiel Coscueta	BioLentos	01:19:28	+54:38	15:54	
756	5227	Diva Alexandra Simões dos Santos	BioLentos	01:19:29	+54:39	15:54	
757	5228	Isa Soares da Silva	BioLentos	01:19:29	+54:39	15:54	
758	5229	Joana Cristina Pacheco Barbosa	BioLentos	01:19:29	+54:39	15:54	
759	5572	Carolina Castro	FLAT	01:19:32	+54:42	15:54	
760	5575	Rui Amaral	FLAT	01:19:33	+54:43	15:55	

5 KM

[illegible][illegible]

Official Timekeeper: Lap2Go	18 / 28	generate 28-set.-2024 19:26
-----------------------------	---------	-----------------------------

5 KM

[illegible][illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
804	6284	Catarina Alexandra Iglésias Ferreira da Silva	REIS DA LAMA	01:21:14	+56:24	16:15	
805	6285	Marlene Araujo de Sá	REIS DA LAMA	01:21:16	+56:26	16:15	
806	6287	Jaime Claudio Mariano Almeida	REIS DA LAMA	01:21:16	+56:26	16:15	
807	6289	Luis André Llano Iglésias Ferreira da Silva	REIS DA LAMA	01:21:17	+56:27	16:15	
808	6286	Emidio Renato Almeida Gonçalves	REIS DA LAMA	01:21:21	+56:31	16:16	
809	6288	José Miguel Cardoso da Silva	REIS DA LAMA	01:21:28	+56:38	16:18	
810	6407	Renata Poças Moreira	Team Lusa 2.0	01:21:36	+56:46	16:19	
811	6412	José António Duarte Pinho Neves	Team Lusa 2.0	01:21:36	+56:46	16:19	
812	6404	Isabel Cardoso	Team Lusa 2.0	01:21:36	+56:46	16:19	
813	6414	Rui Manuel Barbosa Baptista	Team Lusa 2.0	01:21:37	+56:47	16:19	
814	6411	Jorge Fonseca	Team Lusa 2.0	01:21:37	+56:47	16:19	
815	6410	Jorge Almeida	Team Lusa 2.0	01:21:40	+56:50	16:20	
816	6406	Lara Ribeiro	Team Lusa 2.0	01:21:40	+56:50	16:20	
817	6409	Diogo Caldas	Team Lusa 2.0	01:21:41	+56:51	16:20	
818	6413	Pedro Miguel Borges Belo da Fonseca	Team Lusa 2.0	01:21:41	+56:51	16:20	
819	6408	Suraia Ferreira	Team Lusa 2.0	01:21:43	+56:53	16:21	
820	6403	Elisa Martins	Team Lusa 2.0	01:21:49	+56:59	16:22	
821	6405	Joana Carneiro	Team Lusa 2.0	01:21:52	+57:02	16:22	
822	5192	Luís Pinto	AMNÉSIA	01:22:09	+57:19	16:26	
823	6117	Tiago Daniel Ferreira Barbosa	Os jeitosos	01:22:13	+57:23	16:27	
824	5048	Augusto Lopes	Ovarmat	01:22:32	+57:42	16:30	
825	6453	Christophe da Silva	TREPADEIRAS DA LAMA	01:23:08	+58:18	16:38	
826	6451	Silvie Oliveira	TREPADEIRAS DA LAMA	01:23:09	+58:19	16:38	
827	6258	Sandra Susana Ribeiro Melo Gonçalves	Rainha Team	01:23:27	+58:37	16:41	
828	6257	Sandra Almeida	Rainha Team	01:23:28	+58:38	16:42	
829	6256	Marisa Pinho	Rainha Team	01:23:28	+58:38	16:42	
830	6252	Cristina Fernandes	Rainha Team	01:23:32	+58:42	16:42	
831	6259	António Torres	Rainha Team	01:23:33	+58:43	16:43	
832	6122	Tiago Armando Marques Fernandes	Os jeitosos	01:23:45	+58:55	16:45	
833	6109	Carla susana Ferreira Barbosa	Os jeitosos	01:23:58	+59:08	16:48	
834	6114	Vânia Elisabete Ferreira Barbosa	Os jeitosos	01:23:58	+59:08	16:48	
835	6038	António Ruela	Os Bileiros	01:24:19	+59:29	16:52	
836	5988	Igor Pinto	Núcleo Duro	01:24:43	+59:53	16:57	
837	5979	Cátia Pinto	Núcleo Duro	01:24:43	+59:53	16:57	
838	5433	Beatriz Moreira	Companhia LDA	01:24:48	+59:58	16:58	
839	5440	Olinda Ferreira	Companhia LDA	01:24:49	+59:59	16:58	
840	5435	Fátima Pinto	Companhia LDA	01:24:49	+59:59	16:58	
841	5442	José Ferreira	Companhia LDA	01:24:49	+59:59	16:58	
842	5436	Inês Santos	Companhia LDA	01:24:49	+59:59	16:58	
843	5438	Laurinda Gomes	Companhia LDA	01:24:49	+59:59	16:58	
844	5439	Marilena Santos	Companhia LDA	01:24:49	+59:59	16:58	
845	5434	Fátima Pereira	Companhia LDA	01:24:49	+59:59	16:58	
846	5441	Preciosa Pereira	Companhia LDA	01:24:49	+59:59	16:58	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
847	5437	Katy Santos	Companhia LDA	01:24:50	+01:00:00	16:58	
848	5985	Rita Silva	Núcleo Duro	01:25:00	+01:00:10	17:00	
849	5990	Lucas Alves	Núcleo Duro	01:25:01	+01:00:11	17:00	
850	5982	Joana Silva	Núcleo Duro	01:25:13	+01:00:23	17:03	
851	5978	Anna Carolliny	Núcleo Duro	01:25:13	+01:00:23	17:03	
852	5991	Miguel Neves	Núcleo Duro	01:25:13	+01:00:23	17:03	
853	5980	Fernanda Neves	Núcleo Duro	01:25:13	+01:00:23	17:03	
854	5983	Maria Carlos	Núcleo Duro	01:25:13	+01:00:23	17:03	
855	6118	Filipe Rafael Ferreira Gomes	Os jeitosos	01:25:13	+01:00:23	17:03	
856	5981	Inês Ramos	Núcleo Duro	01:25:17	+01:00:27	17:03	
857	5984	Maria Neves	Núcleo Duro	01:25:18	+01:00:28	17:04	
858	6120	José Manuel dias Figueiredo	Os jeitosos	01:25:19	+01:00:29	17:04	
859	5121	Leonel Ferro	A ORIGEM	01:25:36	+01:00:46	17:07	
860	6449	Maria Ferro	TREPADEIRAS DA LAMA	01:25:37	+01:00:47	17:07	
861	5464	Diogo Parreira	Dijosune	01:25:38	+01:00:48	17:08	
862	6035	SUSANA MARIA MARTINS E SILVA ANTUNES	Os Bileiros	01:25:38	+01:00:48	17:08	
863	6040	CARLOS PEDRO VIANA DA SILVA FERREIRA	Os Bileiros	01:25:38	+01:00:48	17:08	
864	6231	Ricardo Liz de Castilho Fernandes	PREVINIL Running Team	01:25:48	+01:00:58	17:10	
865	5326	Heloisa Ferreira	CDE NATAÇÃO	01:25:49	+01:00:59	17:10	
866	5341	Ruben dos Santos	CDE NATAÇÃO	01:25:49	+01:00:59	17:10	
867	6225	João José Vieira Ferreira	PREVINIL Running Team	01:25:50	+01:01:00	17:10	
868	5115	Rosa Ferro	A ORIGEM	01:25:55	+01:01:05	17:11	
869	5462	Neide Batista	Dijosune	01:25:55	+01:01:05	17:11	
870	6133	Rui Pedro Duarte	OS SUSPEITOS	01:25:56	+01:01:06	17:11	
871	6127	Leonel Nunes	OS SUSPEITOS	01:25:58	+01:01:08	17:12	
872	6129	Marco Oliveira	OS SUSPEITOS	01:26:02	+01:01:12	17:12	
873	6025	INES CARVALHO GALANTE	Os Bileiros	01:26:15	+01:01:25	17:15	
874	5801	Bernardo Marreiros	Lamacentos	01:26:17	+01:01:27	17:15	
875	5795	Mané Simões	Lamacentos	01:26:17	+01:01:27	17:15	
876	6047	Rui Emanuel Viana Justo da Silva	Os Bileiros	01:26:18	+01:01:28	17:16	
877	6041	DANIEL JOSE RODRIGUES CARVALHO	Os Bileiros	01:26:20	+01:01:30	17:16	
878	6022	ANA FILIPA ROQUE PIRES	Os Bileiros	01:26:22	+01:01:32	17:16	
879	6032	PAULA CRISTINA DA SILVA CARVALHO	Os Bileiros	01:26:26	+01:01:36	17:17	
880	5936	Aniceta silva santo	No Name but Remember Coimbra	01:26:39	+01:01:49	17:20	
881	5939	Isabel Guerra Freire de Carvalho	No Name but Remember Coimbra	01:26:39	+01:01:49	17:20	
882	5938	Cristina Felizardo	No Name but Remember Coimbra	01:26:39	+01:01:49	17:20	
883	5941	Bruno Antonio Baptista de Carvalho	No Name but Remember Coimbra	01:26:41	+01:01:51	17:20	
884	5940	Patrícia Alexandra de Sousa Moreira	No Name but Remember Coimbra	01:26:41	+01:01:51	17:20	
885	5943	Orlando Marques	No Name but Remember Coimbra	01:26:43	+01:01:53	17:21	
886	5486	Filipe Coelho	Em Casa / Ezata Grupo	01:26:47	+01:01:57	17:21	
887	5485	Diogo Santiago	Em Casa / Ezata Grupo	01:26:50	+01:02:00	17:22	
888	5491	Joaquim Cardoso	Em Casa / Ezata Grupo	01:26:50	+01:02:00	17:22	

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
889	5478	Jéssica Penim Pires	Em Casa / Ezata Grupo	01:26:51	+01:02:01	17:22	
890	5937	Claudia Virgínia Ferreira Lourenço	No Name but Remember Coimbra	01:26:52	+01:02:02	17:22	
891	5942	José Manuel Magalhães Neto	No Name but Remember Coimbra	01:26:52	+01:02:02	17:22	
892	5281	CAROLINA GOMES	Caas tapas	01:26:56	+01:02:06	17:23	
893	5291	Rui Negrão Ferreira	Caas tapas	01:26:57	+01:02:07	17:23	
894	5290	Rui Ferreira	Caas tapas	01:26:59	+01:02:09	17:24	
895	5284	Leonor Soares	Caas tapas	01:26:59	+01:02:09	17:24	
896	5283	Inês Sousa	Caas tapas	01:26:59	+01:02:09	17:24	
897	6082	Fernanda Maria Rodrigues Simões	Os Ets de Aveiro	01:27:01	+01:02:11	17:24	
898	5286	Silvia Negrão	Caas tapas	01:27:03	+01:02:13	17:25	
899	5282	Claudia Silva	Caas tapas	01:27:03	+01:02:13	17:25	
900	5289	Filipe Sousa	Caas tapas	01:27:06	+01:02:16	17:25	
901	5617	Rafael Fernandes	Gang MêPrimo	01:27:07	+01:02:17	17:25	
902	5288	Denys Matvyeyev	Caas tapas	01:27:08	+01:02:18	17:26	
903	5285	Marlene Pinheiro	Caas tapas	01:27:09	+01:02:19	17:26	
904	5760	Ana Rita Correia	IRON SHAKERS	01:27:17	+01:02:27	17:27	
905	5609	Gabriela Vieira	Gang MêPrimo	01:27:19	+01:02:29	17:28	
906	5770	Sérgio Silva	IRON SHAKERS	01:27:19	+01:02:29	17:28	
907	5787	Ana Maria Pereira	Lamacentos	01:27:19	+01:02:29	17:28	
908	6448	Maria Costa	TREPADEIRAS DA LAMA	01:27:19	+01:02:29	17:28	
909	5610	Helena Paiva	Gang MêPrimo	01:27:19	+01:02:29	17:28	
910	5765	Mariana Valente	IRON SHAKERS	01:27:19	+01:02:29	17:28	
911	5114	Ana Ribeiro	A ORIGEM	01:27:19	+01:02:29	17:28	
912	5789	Carla Bárbara	Lamacentos	01:27:20	+01:02:30	17:28	
913	5612	Susana Paiva	Gang MêPrimo	01:27:30	+01:02:40	17:30	
914	5473	Susana Pereira	DUELO D'OCASIÃO	01:27:51	+01:03:01	17:34	
915	5471	Carolina Mendes	DUELO D'OCASIÃO	01:27:51	+01:03:01	17:34	
916	5744	Rosa Silva	Individual	01:27:52	+01:03:02	17:34	
917	5472	Rita Barbosa	DUELO D'OCASIÃO	01:27:52	+01:03:02	17:34	
918	5136	Inês Nunes	Agora lama-me!	01:27:55	+01:03:05	17:35	
919	5137	Inês Vilarinho	Agora lama-me!	01:27:56	+01:03:06	17:35	
920	5150	Rodrigo Faria	Agora lama-me!	01:27:56	+01:03:06	17:35	
921	5141	André Antunes	Agora lama-me!	01:27:56	+01:03:06	17:35	
922	5140	Sofia Silva	Agora lama-me!	01:27:57	+01:03:07	17:35	
923	5132	Beatriz Meneses	Agora lama-me!	01:27:57	+01:03:07	17:35	
924	6166	Beatriz Sant'Ana	PACÓVIOS ATÓMICOS	01:28:07	+01:03:17	17:37	
925	6169	MARIANA MATOS SANT'ANA	PACÓVIOS ATÓMICOS	01:28:09	+01:03:19	17:38	
926	6170	Carlos Vasconcelos	PACÓVIOS ATÓMICOS	01:28:09	+01:03:19	17:38	
927	6173	SIMÃO VIEIRA LOPES	PACÓVIOS ATÓMICOS	01:28:10	+01:03:20	17:38	
928	6171	DANIEL CASTRO	PACÓVIOS ATÓMICOS	01:28:11	+01:03:21	17:38	
929	5432	Alexandrina Silveira	Companhia LDA	01:28:44	+01:03:54	17:45	
930	6380	Andreia Filipa Monteiro Santos	SOMOS_6	01:29:25	+01:04:35	17:53	
931	6376	Adriana Veiga de Oliveira	SOMOS_6	01:29:25	+01:04:35	17:53	
932	6384	Inês de Almeida Santos	SOMOS_6	01:29:26	+01:04:36	17:53	
933	6390	Raquel Mofreira	SOMOS_6	01:29:28	+01:04:38	17:54	
934	6381	Bárbara Raquel Gomes Neto	SOMOS_6	01:29:29	+01:04:39	17:54	

5 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	22 / 28	generate 28-set.-2024 19:26
-----------------------------	---------	-----------------------------

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
980	6203	Fernando Ferro	PEVIDES	01:31:55	+01:07:05	18:23	
981	5769	Ricardo Fernandes	IRON SHAKERS	01:31:57	+01:07:07	18:23	
982	6322	Pedro Bandeira	RRT - REWORK RACING TEAM	01:31:57	+01:07:07	18:23	
983	6362	Daniel Lima	SOLIDRACE	01:31:57	+01:07:07	18:23	
984	6357	Catarina Ferreira	SOLIDRACE	01:31:58	+01:07:08	18:24	
985	6206	Lucas Campelo	PEVIDES	01:31:58	+01:07:08	18:24	
986	6368	Tiago Alves	SOLIDRACE	01:31:59	+01:07:09	18:24	
987	6359	Alexandre Santos	SOLIDRACE	01:31:59	+01:07:09	18:24	
988	6363	Diogo Santos	SOLIDRACE	01:32:00	+01:07:10	18:24	
989	6358	Sónia Cunha	SOLIDRACE	01:32:02	+01:07:12	18:24	
990	6361	Daniel Pegas	SOLIDRACE	01:32:05	+01:07:15	18:25	
991	5556	Bruno Rafael Cunha Ribeiro	fiamma	01:32:09	+01:07:19	18:26	
992	5567	Rogério Albino	fiamma	01:32:09	+01:07:19	18:26	
993	5568	Catarina Mota	fiamma	01:32:09	+01:07:19	18:26	
994	5541	Carla Serra	fiamma	01:32:10	+01:07:20	18:26	
995	5546	Mafalda Carvalho	fiamma	01:32:10	+01:07:20	18:26	
996	5544	Gabriely Olímpia de Souza Castro	fiamma	01:32:10	+01:07:20	18:26	
997	5569	Tiago Barbosa	fiamma	01:32:10	+01:07:21	18:26	
998	5565	João Ricardo	fiamma	01:32:11	+01:07:21	18:26	
999	5550	Rebeca Graça Valente	fiamma	01:32:11	+01:07:21	18:26	
1000	5542	Leonor Ramos	fiamma	01:32:11	+01:07:21	18:26	
1001	5558	Tiago Cardoso	fiamma	01:32:11	+01:07:21	18:26	
1002	5545	Liwdmyla Fernandes	fiamma	01:32:11	+01:07:21	18:26	
1003	5540	Alexandra Maria Nunes Maio	fiamma	01:32:12	+01:07:22	18:26	
1004	5560	João Miguel Marques da Silva	fiamma	01:32:13	+01:07:23	18:27	
1005	6454	Jorge Monteiro	TREPADEIRAS DA LAMA	01:32:13	+01:07:23	18:27	
1006	5551	Rosa Maria Resende Azevedo	fiamma	01:32:14	+01:07:24	18:27	
1007	5552	Sara Emanuel das Neves Birrento	fiamma	01:32:14	+01:07:24	18:27	
1008	5564	Hélder Alão	fiamma	01:32:15	+01:07:25	18:27	
1009	6149	Jose Ricardo Pereira	Os valentes	01:33:04	+01:08:14	18:37	
1010	6139	Filomena Cordeiro	Os valentes	01:33:09	+01:08:19	18:38	
1011	6151	Pedro Cordeiro	Os valentes	01:33:09	+01:08:19	18:38	
1012	6136	Beatriz Silva	Os valentes	01:33:10	+01:08:20	18:38	
1013	6146	Daniel Pereira	Os valentes	01:33:11	+01:08:21	18:38	
1014	6142	Teresa da Luz	Os valentes	01:33:11	+01:08:21	18:38	
1015	6141	Tania Santos	Os valentes	01:33:13	+01:08:23	18:39	
1016	6147	Fernando Dias	Os valentes	01:33:13	+01:08:23	18:39	
1017	6135	Agnieszka Monteiro	Os valentes	01:33:18	+01:08:28	18:40	
1018	6148	Jose Acabou	Os valentes	01:33:20	+01:08:30	18:40	
1019	5905	Ana Jorge Branquinho Ribeiro	MESA	01:33:21	+01:08:31	18:40	
1020	6140	Libania Dias	Os valentes	01:33:21	+01:08:31	18:40	
1021	6145	Bruno Silva	Os valentes	01:33:22	+01:08:32	18:40	
1022	6138	Claudia Silva	Os valentes	01:33:23	+01:08:33	18:41	
1023	6011	Dinarte Brandão	os arrebrandados	01:33:26	+01:08:36	18:41	
1024	6016	Ricardo Pinho	os arrebrandados	01:33:30	+01:08:40	18:42	
1025	5908	Nuno Marinho Fernandes Gaspar	MESA	01:33:39	+01:08:49	18:44	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1026	5904	Alice Alexandra Pinto de Almeida Pinho da Silva	MESA	01:33:39	+01:08:49	18:44	
1027	5907	José David Matos Oliveira	MESA	01:33:40	+01:08:50	18:44	
1028	5909	Paulo Roberto Pereira da Silva	MESA	01:33:41	+01:08:51	18:44	
1029	5906	Arsénio Manuel Silva Costa	MESA	01:33:41	+01:08:51	18:44	
1030	5475	Carlos Miguel Alves Rodrigues	É AGORA QUE EMAGRECEMOS	01:33:41	+01:08:51	18:44	
1031	6214	Gonçalo Joaquim França da Silva	Pintainhos Franceses	01:33:55	+01:09:05	18:47	
1032	6215	Pedro Nuno Dias Van-Der Kellen	Pintainhos Franceses	01:33:55	+01:09:05	18:47	
1033	6213	Filipa Soares Pinto	Pintainhos Franceses	01:33:55	+01:09:05	18:47	
1034	6212	Daniela Soares Pinto	Pintainhos Franceses	01:33:55	+01:09:05	18:47	
1035	5474	Catarina Cecília Pinheiro Reis dos Santos	É AGORA QUE EMAGRECEMOS	01:33:57	+01:09:07	18:47	
1036	6060	Inês Moreira	Os Escolhidos	01:34:08	+01:09:18	18:50	
1037	6065	Ângelo Pereira	Os Escolhidos	01:34:08	+01:09:18	18:50	
1038	6061	Inês Ribeiro	Os Escolhidos	01:34:12	+01:09:22	18:50	
1039	6068	Tomás Ferreira Alves Pereira Oliveira	Os Escolhidos	01:34:13	+01:09:23	18:51	
1040	6055	Ana Beatriz Braga Cerqueira	Os Escolhidos	01:34:13	+01:09:23	18:51	
1041	6056	Catarina Machado	Os Escolhidos	01:34:13	+01:09:23	18:51	
1042	6071	Tomás Ribeiro	Os Escolhidos	01:34:13	+01:09:23	18:51	
1043	6057	Daniela Dias	Os Escolhidos	01:34:14	+01:09:24	18:51	
1044	6069	Miguel Ribeiro	Os Escolhidos	01:34:15	+01:09:25	18:51	
1045	6058	Daniela Pires	Os Escolhidos	01:34:15	+01:09:25	18:51	
1046	6464	Ana Rita Neves Carvalho Duarte	UZARRASTADOS	01:34:19	+01:09:29	18:52	
1047	6469	Florbela Maia Carvalho	UZARRASTADOS	01:34:20	+01:09:30	18:52	
1048	6064	Thaís Bongiovani	Os Escolhidos	01:34:21	+01:09:31	18:52	
1049	6066	Diogo Santos	Os Escolhidos	01:34:22	+01:09:32	18:52	
1050	6474	Rui Miguel Gomes Camisa	UZARRASTADOS	01:34:23	+01:09:33	18:53	
1051	6465	Ana Rita Reis Marques Henriques Raínho	UZARRASTADOS	01:34:25	+01:09:35	18:53	
1052	6467	Áurea Maria Anjos Leigo	UZARRASTADOS	01:34:38	+01:09:48	18:56	
1053	6470	Maria Idalina Marques da Silva	UZARRASTADOS	01:34:39	+01:09:49	18:56	
1054	5948	Micaela Alexandra Oliveira Correia	NoCharco	01:34:49	+01:09:59	18:58	
1055	5949	Susana Costa	NoCharco	01:34:54	+01:10:04	18:59	
1056	5952	Gabriel Pedro	NoCharco	01:34:55	+01:10:05	18:59	
1057	5945	Adriana Cecília Correia Lopes	NoCharco	01:34:55	+01:10:05	18:59	
1058	5947	Liliana Pedro	NoCharco	01:34:55	+01:10:05	18:59	
1059	5951	André Costa	NoCharco	01:35:00	+01:10:10	19:00	
1060	5946	Ana Maria Saraiva Milheiro	NoCharco	01:35:01	+01:10:11	19:00	
1061	6471	Marta Alexandra Ramos Fonseca	UZARRASTADOS	01:35:04	+01:10:14	19:01	
1062	6472	Marta Ferreira da Cunha	UZARRASTADOS	01:35:05	+01:10:15	19:01	
1063	6473	João Carlos da Silva Pereira Rangel	UZARRASTADOS	01:35:05	+01:10:15	19:01	
1064	6466	Ana Teresa M. N. F. Miranda	UZARRASTADOS	01:35:05	+01:10:15	19:01	
1065	6468	Bruna Alexandra Costa Silva	UZARRASTADOS	01:35:08	+01:10:18	19:02	
1066	6328	Andreia Mota	Salada de fruta	01:35:12	+01:10:22	19:02	
1067	6329	maria Fatima Rosa	Salada de fruta	01:35:12	+01:10:22	19:02	
1068	6327	Ana Salomé Fonseca	Salada de fruta	01:35:13	+01:10:23	19:03	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1069	6270	Lurdes Silva Oliveira Castro	rainhas da lama	01:35:26	+01:10:36	19:05	
1070	6274	Monica Sofia Marques Nunes	rainhas da lama	01:35:26	+01:10:36	19:05	
1071	6267	Ana Carla Silva Rocha	rainhas da lama	01:35:27	+01:10:37	19:05	
1072	6268	Claudia Marisa Marques Domingos	rainhas da lama	01:35:28	+01:10:38	19:06	
1073	6271	Maria da Gloria Ferreira da Silva Pinho	rainhas da lama	01:35:28	+01:10:38	19:06	
1074	6273	Maria Mendes Barqueiro	rainhas da lama	01:35:28	+01:10:38	19:06	
1075	6275	rosário pinho	rainhas da lama	01:35:30	+01:10:40	19:06	
1076	6272	Maria de Lurdes Fonseca Nunes	rainhas da lama	01:35:30	+01:10:40	19:06	
1077	6269	Fernanda Maria Gomes Ferreira	rainhas da lama	01:35:31	+01:10:41	19:06	
1078	5388	ALEXANDRE JORGE	Climacom	01:35:40	+01:10:50	19:08	
1079	5403	NUNO RAMALHO	Climacom	01:35:40	+01:10:50	19:08	
1080	5390	CARLOS BATISTA	Climacom	01:35:40	+01:10:50	19:08	
1081	5372	CARLA CORREIA	Climacom	01:35:40	+01:10:50	19:08	
1082	5408	ROGÉRIO TAVARES	Climacom	01:35:41	+01:10:51	19:08	
1083	5406	RICARDO NEVES	Climacom	01:35:41	+01:10:51	19:08	
1084	5389	ANTHONY RIBEIRO	Climacom	01:35:41	+01:10:51	19:08	
1085	5387	SUSANA RIBEIRO	Climacom	01:35:41	+01:10:51	19:08	
1086	5399	LUIS TAVARES	Climacom	01:35:41	+01:10:51	19:08	
1087	5395	FILIPE DUARTE	Climacom	01:35:41	+01:10:51	19:08	
1088	5400	MIGUEL ASSUNÇÃO	Climacom	01:35:41	+01:10:51	19:08	
1089	5404	PAULO ROCHA	Climacom	01:35:41	+01:10:51	19:08	
1090	5405	PEDRO ASCENÇÃO	Climacom	01:35:41	+01:10:51	19:08	
1091	6491	Tiago Gameiro Oliveira Costa Soares	Vão andando, que nós já vamos lá ter!	01:36:04	+01:11:14	19:13	
1092	6197	Tiago Martins	Pernas de Pau	01:36:04	+01:11:14	19:13	
1093	6490	Pedro Miguel Costa Soares	Vão andando, que nós já vamos lá ter!	01:36:07	+01:11:17	19:13	
1094	6195	Nuno Meireles	Pernas de Pau	01:36:08	+01:11:18	19:14	
1095	6190	Tânia Gonçalves	Pernas de Pau	01:36:14	+01:11:24	19:15	
1096	5960	Isabel Oliveira	Nóis de Prado	01:36:15	+01:11:25	19:15	
1097	5962	Joana Nogueira	Nóis de Prado	01:36:15	+01:11:25	19:15	
1098	5963	Juliana Batista	Nóis de Prado	01:36:17	+01:11:27	19:15	
1099	5966	Marcia Brandão	Nóis de Prado	01:36:19	+01:11:29	19:16	
1100	5976	Marco Santos	Nóis de Prado	01:36:20	+01:11:30	19:16	
1101	5968	Marta Sousa	Nóis de Prado	01:36:20	+01:11:30	19:16	
1102	5970	Bruno Almeida	Nóis de Prado	01:36:20	+01:11:30	19:16	
1103	5954	Catarina Gomes	Nóis de Prado	01:36:21	+01:11:31	19:16	
1104	5961	Jéssica Graça	Nóis de Prado	01:36:22	+01:11:32	19:16	
1105	5977	Pedro Oliveira	Nóis de Prado	01:36:22	+01:11:32	19:16	
1106	5959	Helena Nogueira	Nóis de Prado	01:36:23	+01:11:33	19:17	
1107	5967	Marta Oliveira	Nóis de Prado	01:36:23	+01:11:33	19:17	
1108	5975	Marco Pereira	Nóis de Prado	01:36:24	+01:11:34	19:17	
1109	5974	José Oliveira	Nóis de Prado	01:36:26	+01:11:36	19:17	
1110	5972	Fernando Nogueira	Nóis de Prado	01:36:26	+01:11:36	19:17	
1111	5956	Dulce Ribeiro	Nóis de Prado	01:36:27	+01:11:37	19:17	
1112	5969	Teresa Fernandes	Nóis de Prado	01:36:27	+01:11:37	19:17	
1113	5958	Eduarda Ribeiro	Nóis de Prado	01:36:29	+01:11:39	19:18	

5KM - STAGE 1

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1114	5955	Diana Vieira	Nóis de Prado	01:36:29	+01:11:39	19:18	
1115	5973	José Esteves	Nóis de Prado	01:36:29	+01:11:39	19:18	
1116	6189	Sónia Cardoso	Pernas de Pau	01:36:33	+01:11:43	19:19	
1117	5957	Edline Teixeira	Nóis de Prado	01:36:33	+01:11:43	19:19	
1118	6194	Nuno Filipe	Pernas de Pau	01:36:36	+01:11:46	19:19	
1119	6183	Elizabete Pereira	Pernas de Pau	01:36:37	+01:11:47	19:19	
1120	5971	David Matos	Nóis de Prado	01:36:39	+01:11:49	19:20	
1121	6187	Martha Jesus	Pernas de Pau	01:36:45	+01:11:55	19:21	
1122	6191	Tânia Ramos	Pernas de Pau	01:36:49	+01:11:59	19:22	
1123	6192	Telma Soares	Pernas de Pau	01:37:03	+01:12:13	19:25	
1124	6198	Valter Lima	Pernas de Pau	01:37:04	+01:12:14	19:25	
1125	6188	Sofia Azevedo	Pernas de Pau	01:37:26	+01:12:36	19:29	
1126	6431	Paulo Fernandes	Team Samagaio	01:37:40	+01:12:50	19:32	
1127	6037	André Santos	Os Bileiros	01:37:55	+01:13:05	19:35	
1128	6476	Ana Filipa da Silva Rodrigues	Vão andando, que nós já vamos lá ter!	01:37:55	+01:13:05	19:35	
1129	6481	Cláudia Maria Pinheiro	Vão andando, que nós já vamos lá ter!	01:38:00	+01:13:10	19:36	
1130	6482	Liliana Sofia Maia Nunes	Vão andando, que nós já vamos lá ter!	01:38:01	+01:13:11	19:36	
1131	6475	Ema Fonseca	Vão andando, que nós já vamos lá ter!	01:38:01	+01:13:11	19:36	
1132	6484	Ana Patrícia Oliveira Silva	Vão andando, que nós já vamos lá ter!	01:38:01	+01:13:11	19:36	
1133	6478	Ana rita Rodrigues Cabral Soares	Vão andando, que nós já vamos lá ter!	01:38:04	+01:13:14	19:37	
1134	6486	Filipe André Silva Rodrigues	Vão andando, que nós já vamos lá ter!	01:38:04	+01:13:14	19:37	
1135	6480	Cláudia Cristina Besteiros	Vão andando, que nós já vamos lá ter!	01:38:06	+01:13:16	19:37	
1136	6492	Vítor Manuel de Sousa Soares	Vão andando, que nós já vamos lá ter!	01:38:08	+01:13:18	19:38	
1137	6477	Ana Isabel Gameiro Oliveira	Vão andando, que nós já vamos lá ter!	01:38:11	+01:13:21	19:38	
1138	6422	Joana Cancela	Team Samagaio	01:38:16	+01:13:26	19:39	
1139	6424	Marta Samagaio	Team Samagaio	01:38:16	+01:13:26	19:39	
1140	6488	Nuno Miguel Martins Ascensão	Vão andando, que nós já vamos lá ter!	01:38:16	+01:13:26	19:39	
1141	6483	Renata Ribeiro de Pinho	Vão andando, que nós já vamos lá ter!	01:38:16	+01:13:26	19:39	
1142	6485	Tânia Sofia Borges Azevedo	Vão andando, que nós já vamos lá ter!	01:38:16	+01:13:26	19:39	
1143	6421	Filipa Melo	Team Samagaio	01:38:17	+01:13:27	19:39	
1144	6423	Marta Lagoa	Team Samagaio	01:38:19	+01:13:29	19:40	
1145	6429	José Silva	Team Samagaio	01:38:19	+01:13:29	19:40	
1146	6479	Carla Sofia Ferreira da Silva	Vão andando, que nós já vamos lá ter!	01:38:19	+01:13:29	19:40	
1147	6229	Helder Nunes	PREVINIL Running Team	01:39:10	+01:14:20	19:50	
1148	5901	Marcela Pinheiro Barbosa Almeida	Melindrosas	01:40:06	+01:15:16	20:01	
1149	5890	Ana Margarida Gomes Tavares	Melindrosas	01:40:09	+01:15:19	20:02	
1150	5899	Liliana Vanessa Lopes Cruz	Melindrosas	01:41:19	+01:16:29	20:16	
1151	5892	Ana Sofia Silva Gonçalves	Melindrosas	01:41:19	+01:16:29	20:16	
1152	5893	Eliana Soares Antunes	Melindrosas	01:41:19	+01:16:29	20:16	
1153	5903	Marta Sofia Pinho Manarte	Melindrosas	01:41:21	+01:16:31	20:16	
1154	5894	Gisela Sá Rodrigues	Melindrosas	01:41:21	+01:16:31	20:16	
1155	5895	Inês Manarte Pinto	Melindrosas	01:41:22	+01:16:32	20:16	
1156	5902	Maria Victória Rocha Paulo	Melindrosas	01:41:22	+01:16:32	20:16	
1157	5897	Juliana Ferreira Coentrão	Melindrosas	01:41:22	+01:16:32	20:16	
1158	5891	Ana Rita Ferreira de Carvalho Maia	Melindrosas	01:41:23	+01:16:33	20:17	
1159	5896	Ísis Leite Velho Rosa	Melindrosas	01:41:23	+01:16:33	20:17	

5 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	27 / 28	generate 28-set.-2024 19:26
-----------------------------	---------	-----------------------------

5KM - STAGE 1

5 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1205	6226	ABEL DOS REIS TAVARES	PREVINIL Running Team	01:53:54	+01:29:04	22:47	
1206	5839	Raquel Silva	LOBA	01:56:34	+01:31:44	23:19	
1207	5836	Nidia Ferreira	LOBA	01:56:39	+01:31:49	23:20	
1208	5841	Roberta Santos	LOBA	01:56:53	+01:32:03	23:23	
1209	5828	Ana Soares	LOBA	01:56:55	+01:32:05	23:23	
1210	5848	Carlos Pinto	LOBA	01:56:55	+01:32:05	23:23	
1211	5837	Paula Dinis	LOBA	01:56:56	+01:32:06	23:23	
1212	5835	Mariana Carola	LOBA	01:56:56	+01:32:06	23:23	
1213	5852	José Ferreira	LOBA	01:56:56	+01:32:06	23:23	
1214	5856	Samuel Ferreira	LOBA	01:56:56	+01:32:06	23:23	
1215	5855	Rui Correia	LOBA	01:56:56	+01:32:06	23:23	
1216	5834	Lara Soares	LOBA	01:56:57	+01:32:07	23:23	
1217	5826	Ana Beatriz Correia	LOBA	01:56:58	+01:32:08	23:24	
1218	5827	Ana Luísa Correia	LOBA	01:56:58	+01:32:08	23:24	
1219	5840	Rita Rovira	LOBA	01:56:58	+01:32:08	23:24	
1220	5833	Inês Fontes	LOBA	01:56:58	+01:32:08	23:24	
1221	5847	Bruno Sousa	LOBA	01:56:59	+01:32:09	23:24	
1222	5845	Bruno Manata	LOBA	01:56:59	+01:32:09	23:24	
1223	5849	Eduardo Pata	LOBA	01:57:00	+01:32:10	23:24	
1224	5689	Susana Loureiro	Happy Team	01:59:09	+01:34:19	23:50	
1225	5685	Cátia França	Happy Team	01:59:09	+01:34:19	23:50	
1226	5688	Rosa Matos	Happy Team	01:59:10	+01:34:20	23:50	
1227	5692	Mário Bâtista	Happy Team	01:59:12	+01:34:22	23:50	
1228	5686	Débora Batista	Happy Team	01:59:15	+01:34:25	23:51	
1229	5690	Abel Batista	Happy Team	01:59:21	+01:34:31	23:52	
1230	5682	Adelina Madureira	Happy Team	01:59:34	+01:34:44	23:55	
1231	5691	MAnuel Costa	Happy Team	01:59:34	+01:34:44	23:55	
1232	5687	Joana Vidrigo	Happy Team	01:59:39	+01:34:49	23:56	
1233	5683	Rui Matos	Happy Team	01:59:41	+01:34:51	23:56	
1234	5684	Carolina Costa	Happy Team	01:59:42	+01:34:52	23:56	
1235	5997	Vera Maria da Silva Matos Marques	Objetivo 100%	01:59:53	+01:35:03	23:59	
1236	5844	Adelino Silva	LOBA	02:07:02	+01:42:12	25:24	
1237	6048	Raquel Simão	Os Chonés	02:14:26	+01:49:36	26:53	
1238	6050	Pedro Vieira	Os Chonés	02:14:28	+01:49:38	26:54	
1239	6049	Pedro Simão	Os Chonés	02:14:53	+01:50:03	26:59	

5KM

5 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:45	17,3°C	61%
End	14:21	20.6°C	50%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

Official Timekeeper: Lap2Go	1 / 28	generate 28-set.-2024 19:27
-----------------------------	--------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

38	5870	Mariana Gomes Alves	Los 3 Muchachos	Senior Feminino	52:25	+18:52	10:29
39	6201	Inês Baptista	PEVIDES	Senior Feminino	52:25	+18:52	10:29
40	6493	Constança Martins Dias	Vara Verde	Senior Feminino	52:57	+19:24	10:35
41	5205	Taiana da Costa Campos	ASSOCIACAO CULTURAL DE SALREU	Senior Feminino	53:31	+19:58	10:42
42	5417	Renata Fontes	Clinica Veterinária Santa Marinha	Senior Feminino	54:09	+20:36	10:50
43	5418	Sandra Fontes	Clinica Veterinária Santa Marinha	Senior Feminino	54:09	+20:36	10:50
44	5414	Patrícia Pedrosa	Clinica Veterinária Santa Marinha	Senior Feminino	54:15	+20:42	10:51
45	5383	PAULA GOMES	Climacom	Senior Feminino	54:18	+20:45	10:52
46	6494	Matilde Cardoso Araújo	Vara Verde	Senior Feminino	54:26	+20:53	10:53
47	5355	Gladys Maria Valente Nunes	Chick Runners	Senior Feminino	54:44	+21:11	10:57
48	6251	Joana Baptista	Rainha Team	Senior Feminino	54:49	+21:16	10:58
49	5477	Cláudia Dias	Em Casa / Ezata Grupo	Senior Feminino	55:08	+21:35	11:02
50	5379	LEONOR MARTINS	Climacom	Senior Feminino	55:23	+21:50	11:05
51	5385	SARA PRESA	Climacom	Senior Feminino	55:25	+21:52	11:05
52	6343	Cátia Gomes	Sempre em frente	Senior Feminino	55:37	+22:04	11:07
53	6345	Solange Julião	Sempre em frente	Senior Feminino	55:38	+22:05	11:08
54	5930	Susana Ganito	Ninja Reumáticos	Senior Feminino	55:42	+22:09	11:08
55	5386	SIRELY GOITE	Climacom	Senior Feminino	55:53	+22:20	11:11
56	6459	Maria Leonor Nogueira da Silva Tavares	fiamma	Senior Feminino	55:54	+22:21	11:11
57	5549	Monica Nunes	fiamma	Senior Feminino	55:55	+22:21	11:11
58	5553	Lúcia Ramos	fiamma	Senior Feminino	55:55	+22:22	11:11
59	5579	Carolina China	Fogaceiros	Senior Feminino	56:43	+23:10	11:21
60	5343	ANA LUISA LOPES FONTES	CFA, SROC, LDA.	Senior Feminino	56:46	+23:13	11:21
61	5344	ANABELA AMORIM LEITE	CFA, SROC, LDA.	Senior Feminino	56:49	+23:16	11:22
62	5578	Beatriz Costa	Fogaceiros	Senior Feminino	56:50	+23:17	11:22
63	5580	Catarina Silva	Fogaceiros	Senior Feminino	56:52	+23:19	11:22
64	5034	Carmen Fonseca	Los pollos hermanos	Senior Feminino	57:10	+23:37	11:26
65	5210	Joana Sousa	Balança mas não cai	Senior Feminino	57:18	+23:45	11:28
66	5035	Isabel Lourenço	Los pollos hermanos	Senior Feminino	57:20	+23:47	11:28
67	5023	Verónicas Lopes costa	Dr9	Senior Feminino	57:47	+24:14	11:33
68	5037	Paula Morgado	Los pollos hermanos	Senior Feminino	57:58	+24:25	11:36
69	6351	Silvia Gomes	Só viemos fazer SPA	Senior Feminino	58:09	+24:36	11:38
70	6350	Patrícia Gomes	Só viemos fazer SPA	Senior Feminino	58:10	+24:37	11:38
71	6417	Rute Ferreira	Team Noesis	Senior Feminino	58:44	+25:11	11:45
72	6415	Clara Fernandes	Team Noesis	Senior Feminino	58:45	+25:11	11:45
73	6162	Tainá Costa de Souza	Ovos moles	Senior Feminino	59:33	+26:00	11:55
74	5313	Luciana de Oliveira Gonçalves	Carro de Vassoura	Senior Feminino	59:34	+26:00	11:55
75	5739	Mara Monteiro Pereira	Individual	Senior Feminino	59:41	+26:08	11:56
76	5547	Maria João Oliveira Moreira	fiamma	Senior Feminino	59:53	+26:20	11:59
77	5536	Inês Simões	FDS	Senior Feminino	59:53	+26:20	11:59
78	5537	Marta Simões	FDS	Senior Feminino	59:54	+26:21	11:59
79	6445	Joana Sousa	TREPADEIRAS DA LAMA	Senior Feminino	59:54	+26:21	11:59
80	6314	Cláudia Pinho	RRT - REWORK RACING TEAM	Senior Feminino	59:54	+26:21	11:59
81	5187	Rosa Couto	AMNÉSIA	Senior Feminino	59:54	+26:21	11:59
82	6072	Helena Almeida	Os espanhóis	Senior Feminino	01:00:00	+26:27	12:00

Official Timekeeper: Lap2Go	2 / 28	generate 28-set.-2024 19:27
-----------------------------	--------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

83	6073	Jessica piedade	Os espanhóis	Senior Feminino	01:00:00	+26:27	12:00
84	6075	Vanessa vaia	Os espanhóis	Senior Feminino	01:00:00	+26:27	12:00
85	6074	Teresa marques	Os espanhóis	Senior Feminino	01:00:02	+26:29	12:00
86	5296	Maria Correia	Caderneta	Senior Feminino	01:00:05	+26:32	12:01
87	5292	Ana Augusto	Caderneta	Senior Feminino	01:00:06	+26:33	12:01
88	5293	Ana Ferro	Caderneta	Senior Feminino	01:00:07	+26:34	12:01
89	5298	Rita Carvalho	Caderneta	Senior Feminino	01:00:07	+26:34	12:01
90	5411	Camélia Butunoi	Clinica Veterinária Santa Marinha	Senior Feminino	01:00:10	+26:37	12:02
91	5415	Paula Fontes	Clinica Veterinária Santa Marinha	Senior Feminino	01:00:11	+26:38	12:02
92	5416	Regina Pacheco	Clinica Veterinária Santa Marinha	Senior Feminino	01:00:12	+26:39	12:02
93	5294	Luciana Ladeira	Caderneta	Senior Feminino	01:00:14	+26:41	12:03
94	5241	ERICA VILARINHO	BLUE TEAM	Senior Feminino	01:00:24	+26:50	12:05
95	5252	Carolina Miguel Almeida Ferreira	Bota Que Tem	Senior Feminino	01:00:32	+26:59	12:06
96	5330	Maria Beatriz Matos	CDE NATAÇÃO	Senior Feminino	01:00:40	+27:07	12:08
97	5420	Sónia Meireles	Clinica Veterinária Santa Marinha	Senior Feminino	01:00:46	+27:13	12:09
98	5738	Liliana Vasconcelos	Individual	Senior Feminino	01:00:54	+27:21	12:11
99	5463	Susana Parreira	Dijosune	Senior Feminino	01:00:54	+27:21	12:11
100	6161	Naná Canto Castro	Ovos moles	Senior Feminino	01:00:57	+27:24	12:11
101	5312	Flávia Gabriela Fomes Ribeiro	Carro de Vassoura	Senior Feminino	01:00:58	+27:25	12:12
102	5310	Catarina Jesus Silva	Carro de Vassoura	Senior Feminino	01:01:04	+27:31	12:13
103	6307	Maria Helena Neves Silva	RRS Bioracers 2024	Senior Feminino	01:01:07	+27:34	12:13
104	6249	Cátia Quina	Rainha Team	Senior Feminino	01:01:07	+27:34	12:13
105	5311	Cátia Vanessa da Silva Santos	Carro de Vassoura	Senior Feminino	01:01:08	+27:35	12:14
106	6255	margarida maria santos roça	Rainha Team	Senior Feminino	01:01:09	+27:36	12:14
107	6306	Elisabete Silva	RRS Bioracers 2024	Senior Feminino	01:01:09	+27:36	12:14
108	5607	Beatriz Hortensio	Gang MêPrimo	Senior Feminino	01:01:10	+27:37	12:14
109	6248	Ana Santos	Rainha Team	Senior Feminino	01:01:15	+27:42	12:15
110	6250	Clara Ferreira	Rainha Team	Senior Feminino	01:01:17	+27:43	12:15
111	5594	Eduarda Catarina Oliveira Cardoso	Força da Pedreira	Senior Feminino	01:01:24	+27:51	12:17
112	6253	Mª Lucinda Torres	Rainha Team	Senior Feminino	01:01:26	+27:53	12:17
113	5596	Márcia Filipa Oliveira Cardoso	Força da Pedreira	Senior Feminino	01:01:31	+27:58	12:18
114	5593	Ana Raquel Gomes Fidalgo	Força da Pedreira	Senior Feminino	01:01:31	+27:58	12:18
115	5595	Flávia Daniela Costa Pinho	Força da Pedreira	Senior Feminino	01:01:34	+28:00	12:19
116	5591	Adriana Costa Pinho	Força da Pedreira	Senior Feminino	01:01:36	+28:03	12:19
117	5592	Alexandra Filipa Almeida Santos	Força da Pedreira	Senior Feminino	01:01:36	+28:03	12:19
118	6168	MARIA HESPANHA MATOS	PACÓVIOS ATÓMICOS	Senior Feminino	01:01:40	+28:07	12:20
119	6167	MARIA ADELAIDE OLIM	PACÓVIOS ATÓMICOS	Senior Feminino	01:01:40	+28:07	12:20
120	5920	Elisabete Nascimento	Nascidos para comer	Senior Feminino	01:01:43	+28:10	12:21
121	5788	Ana Rita Rojão	Lamacentos	Senior Feminino	01:01:43	+28:10	12:21
122	5919	Carina Bastos	Nascidos para comer	Senior Feminino	01:01:44	+28:11	12:21
123	5794	Joana Rojão	Lamacentos	Senior Feminino	01:01:49	+28:16	12:22
124	5819	Marlene Da Silva Andrade	Lesmas Atléticoas	Senior Feminino	01:02:31	+28:58	12:30
125	5821	Milena Magalhães	Lesmas Atléticoas	Senior Feminino	01:02:34	+29:00	12:31
126	5080	Paula Almeida	Team Primus Ceramics	Senior Feminino	01:02:37	+29:04	12:31
127	5820	Micaela Alexandra Freitas Assunção	Lesmas Atléticoas	Senior Feminino	01:02:40	+29:06	12:32
128	5829	Anabel Vieira	LOBA	Senior Feminino	01:02:52	+29:18	12:34

Official Timekeeper: Lap2Go	3 / 28	generate 28-set.-2024 19:27
-----------------------------	--------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

129	5832	Érica Gonçalves	LOBA	Senior Feminino	01:02:52	+29:19	12:34
130	5509	Daniela Dias	Estúpidos Anónimos	Senior Feminino	01:03:27	+29:54	12:41
131	5666	Sofia Caleiro	Gym Buddies	Senior Feminino	01:03:29	+29:56	12:42
132	5665	Patrícia Teixeira	Gym Buddies	Senior Feminino	01:03:29	+29:56	12:42
133	5510	Márcia Dias	Estúpidos Anónimos	Senior Feminino	01:03:31	+29:58	12:42
134	5663	Irene Gonçalves	Gym Buddies	Senior Feminino	01:03:31	+29:58	12:42
135	5320	Ana Jorge Gonçalves	CDE NATAÇÃO	Senior Feminino	01:03:33	+30:00	12:43
136	5325	Catarina Casalinho	CDE NATAÇÃO	Senior Feminino	01:03:33	+30:00	12:43
137	5329	Lara Catarina Maia	CDE NATAÇÃO	Senior Feminino	01:03:33	+30:00	12:43
138	6222	LARA ANDRÉ DIAMANTINO	PREVINIL Running Team	Senior Feminino	01:03:40	+30:07	12:44
139	5496	Carolina Fonseca	Entalados até ao Pescoço	Senior Feminino	01:03:44	+30:11	12:45
140	5381	PATRICIA PRESA	Climacom	Senior Feminino	01:03:51	+30:18	12:46
141	6385	Janice de Pina	SOMOS_6	Senior Feminino	01:05:08	+31:35	13:02
142	5373	CARLA DINIS	Climacom	Senior Feminino	01:05:22	+31:49	13:04
143	5027	MARIA DOS SANTOS GUERRERO	Individual	Senior Feminino	01:05:23	+31:50	13:05
144	5371	BERTA MAGALHÃES	Climacom	Senior Feminino	01:05:24	+31:51	13:05
145	5384	RITA CASAL	Climacom	Senior Feminino	01:05:26	+31:53	13:05
146	5377	ELIZABETE CRUZ	Climacom	Senior Feminino	01:05:28	+31:55	13:06
147	5378	IRIS CASQUEIRA	Climacom	Senior Feminino	01:05:29	+31:55	13:06
148	5323	Carolina Martins Silva	CDE NATAÇÃO	Senior Feminino	01:05:45	+32:12	13:09
149	6349	Francisca de Jesus Oliveira Pinto	Só viemos fazer SPA	Senior Feminino	01:05:50	+32:17	13:10
150	5503	MARIA DE NAZARE CRAVEIRO	EPIC 5 + 2	Senior Feminino	01:05:54	+32:21	13:11
151	5505	SONIA DUARTE	EPIC 5 + 2	Senior Feminino	01:05:54	+32:21	13:11
152	5502	LUCIA ROCHA	EPIC 5 + 2	Senior Feminino	01:05:55	+32:22	13:11
153	5504	MONICA SANTIAGO	EPIC 5 + 2	Senior Feminino	01:05:55	+32:22	13:11
154	5732	Amanda Ventura	Individual	Senior Feminino	01:06:19	+32:46	13:16
155	5745	Rosângela Francisco	Individual	Senior Feminino	01:06:22	+32:49	13:16
156	6399	Andrea Vale	Sportsfotopt	Senior Feminino	01:06:40	+33:07	13:20
157	5911	Cláudia Dinis	Milimili	Senior Feminino	01:06:42	+33:09	13:20
158	5910	Ana Dinis	Milimili	Senior Feminino	01:06:43	+33:10	13:21
159	5912	Tânia Dinis	Milimili	Senior Feminino	01:06:43	+33:10	13:21
160	5659	Sara Cristina de Jesus Abreu da Silva	Guerreiros do Sofá	Senior Feminino	01:06:46	+33:13	13:21
161	5747	Susana Alexandra Rodrigues da Silva	Individual	Senior Feminino	01:06:46	+33:13	13:21
162	5858	Anabela Moreira	Lodo Team	Senior Feminino	01:06:49	+33:16	13:22
163	5521	Diana Oliveira	Farinha do mesmo saco	Senior Feminino	01:07:09	+33:36	13:26
164	5523	Inês Rosa	Farinha do mesmo saco	Senior Feminino	01:07:09	+33:36	13:26
165	6458	Luisa Eva	Uma espécie de atleta	Senior Feminino	01:07:29	+33:56	13:30
166	6456	Dionísia Laranjeiro	Uma espécie de atleta	Senior Feminino	01:07:29	+33:56	13:30
167	6455	Ana Fernandes	Uma espécie de atleta	Senior Feminino	01:07:30	+33:57	13:30
168	5525	Maria Marques	Farinha do mesmo saco	Senior Feminino	01:07:33	+33:59	13:31
169	5164	Tania Marisa Silva Mendes	Amigos d' Alcateia	Senior Feminino	01:07:41	+34:08	13:32
170	5741	Maria João Lagoa	Individual	Senior Feminino	01:07:41	+34:08	13:32
171	5528	Sandra dos Santos	Farinha do mesmo saco	Senior Feminino	01:07:42	+34:08	13:32
172	5733	Ana Paula dos Santos Lagoa	Individual	Senior Feminino	01:07:42	+34:09	13:32
173	5163	Galina Filipovici	Amigos d' Alcateia	Senior Feminino	01:07:42	+34:09	13:32
174	5721	Susana Rodrigues	IB PREMIUM TEAM	Senior Feminino	01:07:53	+34:20	13:38

Official Timekeeper: Lap2Go	4 / 28	generate 28-set.-2024 19:27
-----------------------------	--------	-----------------------------

5KM

5 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	5 / 28	generate 28-set.-2024 19:27
-----------------------------	--------	-----------------------------

5KM

5 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	6 / 28	generate 28-set.-2024 19:27
-----------------------------	--------	-----------------------------

5KM

5 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	7 / 28	generate 28-set.-2024 19:27
-----------------------------	--------	-----------------------------

5KM

5 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	8 / 28	generate 28-set.-2024 19:27
-----------------------------	--------	-----------------------------

5KM

5 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	9 / 28	generate 28-set.-2024 19:27
-----------------------------	--------	-----------------------------

5KM

5 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	10 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

445	5132	Beatriz Meneses	Agora lama-me!	Senior Feminino	01:27:57	+54:23	17:35
446	6166	Beatriz Sant'Ana	PACÓVIOS ATÓMICOS	Senior Feminino	01:28:07	+54:33	17:37
447	6169	MARIANA MATOS SANT'ANA	PACÓVIOS ATÓMICOS	Senior Feminino	01:28:09	+54:36	17:38
448	5432	Alexandrina Silveira	Companhia LDA	Senior Feminino	01:28:44	+55:11	17:45
449	6380	Andreia Filipa Monteiro Santos	SOMOS_6	Senior Feminino	01:29:25	+55:52	17:53
450	6376	Adriana Veiga de Oliveira	SOMOS_6	Senior Feminino	01:29:25	+55:52	17:53
451	6384	Inês de Almeida Santos	SOMOS_6	Senior Feminino	01:29:26	+55:53	17:53
452	6390	Raquel Mofreita	SOMOS_6	Senior Feminino	01:29:28	+55:55	17:54
453	6381	Bárbara Raquel Gomes Neto	SOMOS_6	Senior Feminino	01:29:29	+55:55	17:54
454	6386	Joana Raquel Santos Ferreira	SOMOS_6	Senior Feminino	01:29:29	+55:56	17:54
455	6378	Ana Luísa Montes Cravo	SOMOS_6	Senior Feminino	01:29:32	+55:59	17:54
456	6383	Idalina Correia	SOMOS_6	Senior Feminino	01:29:40	+56:07	17:56
457	5158	NANCY ALMEIDA	Alérgicas a Bichos Vários	Senior Feminino	01:29:51	+56:17	17:58
458	5155	MARIANA FERNANDES	Alérgicas a Bichos Vários	Senior Feminino	01:29:52	+56:19	17:58
459	5764	Lurdes Ferro	IRON SHAKERS	Senior Feminino	01:29:54	+56:21	17:59
460	5159	PAOLA ECHEVERRI	Alérgicas a Bichos Vários	Senior Feminino	01:29:55	+56:22	17:59
461	5152	Cláudia Echeverry	Alérgicas a Bichos Vários	Senior Feminino	01:30:01	+56:28	18:00
462	5161	Vânia Isabel Rodrigues Jesus	Alérgicas a Bichos Vários	Senior Feminino	01:30:05	+56:32	18:01
463	5157	LILIANA ANTUNES	Alérgicas a Bichos Vários	Senior Feminino	01:30:06	+56:33	18:01
464	5154	DANIELA REBELO	Alérgicas a Bichos Vários	Senior Feminino	01:30:13	+56:40	18:03
465	5160	SARA SANTOS	Alérgicas a Bichos Vários	Senior Feminino	01:30:14	+56:40	18:03
466	5153	CLÁUDIA GONÇALVES	Alérgicas a Bichos Vários	Senior Feminino	01:30:14	+56:40	18:03
467	5151	CARLA COQUIM	Alérgicas a Bichos Vários	Senior Feminino	01:30:14	+56:41	18:03
468	5156	JOANA COSTA	Alérgicas a Bichos Vários	Senior Feminino	01:30:14	+56:41	18:03
469	5812	Florinda Eugénia Monteiro Brites	Lamasgóias e su muchacho	Senior Feminino	01:30:17	+56:44	18:03
470	5811	Catarina Martins Pinto Diogo	Lamasgóias e su muchacho	Senior Feminino	01:30:18	+56:45	18:04
471	5810	Carolina Vieira de Abreu	Lamasgóias e su muchacho	Senior Feminino	01:30:19	+56:46	18:04
472	5813	Inês Raquel Arraiano Beijinha	Lamasgóias e su muchacho	Senior Feminino	01:30:20	+56:47	18:04
473	6113	Susana Patricia Correia Pedrosa	Os jeitosos	Senior Feminino	01:30:24	+56:51	18:05
474	6110	Fátima jacinta Ferreira Gomes	Os jeitosos	Senior Feminino	01:30:25	+56:52	18:05
475	6112	Silvia Cristina Fidalgo Vieira	Os jeitosos	Senior Feminino	01:30:25	+56:52	18:05
476	6111	Rita Alexandra Louro Pinheiro	Os jeitosos	Senior Feminino	01:30:26	+56:53	18:05
477	6242	Elisabete Carina Branca	R.G - Pilates & Movimento	Senior Feminino	01:31:05	+57:32	18:13
478	6026	Inês Ramalho	Os Bileiros	Senior Feminino	01:31:15	+57:41	18:15
479	6023	Fátima Amaral	Os Bileiros	Senior Feminino	01:31:15	+57:42	18:15
480	6239	Andreia Ferreira	R.G - Pilates & Movimento	Senior Feminino	01:31:44	+58:11	18:21
481	6240	Andreia Gomes	R.G - Pilates & Movimento	Senior Feminino	01:31:45	+58:12	18:21
482	6243	Maria da Conceição Rodrigues da Silva	R.G - Pilates & Movimento	Senior Feminino	01:31:45	+58:12	18:21
483	6241	Diana Silva	R.G - Pilates & Movimento	Senior Feminino	01:31:45	+58:12	18:21
484	5761	Arminda Ferro	IRON SHAKERS	Senior Feminino	01:31:54	+58:21	18:23
485	6200	Beatriz Ferro Bastos	PEVIDES	Senior Feminino	01:31:55	+58:22	18:23
486	6357	Catarina Ferreira	SOLIDRACE	Senior Feminino	01:31:58	+58:25	18:24
487	6358	Sónia Cunha	SOLIDRACE	Senior Feminino	01:32:02	+58:29	18:24
488	5541	Carla Serra	fiamma	Senior Feminino	01:32:10	+58:36	18:26
489	5546	Mafalda Carvalho	fiamma	Senior Feminino	01:32:10	+58:37	18:26
490	5544	Gabriely Olímpia de Souza Castro	fiamma	Senior Feminino	01:32:10	+58:37	18:26

Official Timekeeper: Lap2Go	11 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

491	5550	Rebeca Graça Valente	fiamma	Senior Feminino	01:32:11	+58:38	18:26
492	5542	Leonor Ramos	fiamma	Senior Feminino	01:32:11	+58:38	18:26
493	5545	Liwdmyla Fernandes	fiamma	Senior Feminino	01:32:11	+58:38	18:26
494	5540	Alexandra Maria Nunes Maio	fiamma	Senior Feminino	01:32:12	+58:38	18:26
495	5551	Rosa Maria Resende Azevedo	fiamma	Senior Feminino	01:32:14	+58:40	18:27
496	5552	Sara Emanuel das Neves Birrento	fiamma	Senior Feminino	01:32:14	+58:41	18:27
497	6139	Filomena Cordeiro	Os valentes	Senior Feminino	01:33:09	+59:36	18:38
498	6136	Beatriz Silva	Os valentes	Senior Feminino	01:33:10	+59:37	18:38
499	6142	Teresa da Luz	Os valentes	Senior Feminino	01:33:11	+59:38	18:38
500	6141	Tania Santos	Os valentes	Senior Feminino	01:33:13	+59:40	18:39
501	6135	Agnieszka Monteiro	Os valentes	Senior Feminino	01:33:18	+59:45	18:40
502	5905	Ana Jorge Branquinho Ribeiro	MESA	Senior Feminino	01:33:21	+59:48	18:40
503	6140	Libania Dias	Os valentes	Senior Feminino	01:33:21	+59:48	18:40
504	6138	Claudia Silva	Os valentes	Senior Feminino	01:33:23	+59:50	18:41
505	5904	Alice Alexandra Pinto de Almeida Pinho da Silva	MESA	Senior Feminino	01:33:39	+01:00:06	18:44
506	6213	Filipa Soares Pinto	Pintainhos Franceses	Senior Feminino	01:33:55	+01:00:22	18:47
507	6212	Daniela Soares Pinto	Pintainhos Franceses	Senior Feminino	01:33:55	+01:00:22	18:47
508	5474	Catarina Cecília Pinheiro Reis dos Santos	É AGORA QUE EMAGRECEMOS	Senior Feminino	01:33:57	+01:00:24	18:47
509	6060	Inês Moreira	Os Escolhidos	Senior Feminino	01:34:08	+01:00:35	18:50
510	6061	Inês Ribeiro	Os Escolhidos	Senior Feminino	01:34:12	+01:00:38	18:50
511	6055	Ana Beatriz Braga Cerqueira	Os Escolhidos	Senior Feminino	01:34:13	+01:00:40	18:51
512	6056	Catarina Machado	Os Escolhidos	Senior Feminino	01:34:13	+01:00:40	18:51
513	6057	Daniela Dias	Os Escolhidos	Senior Feminino	01:34:14	+01:00:41	18:51
514	6058	Daniela Pires	Os Escolhidos	Senior Feminino	01:34:15	+01:00:42	18:51
515	6464	Ana Rita Neves Carvalho Duarte	UZARRASTADOS	Senior Feminino	01:34:19	+01:00:46	18:52
516	6469	Florbelá Maia Carvalho	UZARRASTADOS	Senior Feminino	01:34:20	+01:00:47	18:52
517	6064	Thaís Bongiovani	Os Escolhidos	Senior Feminino	01:34:21	+01:00:48	18:52
518	6465	Ana Rita Reis Marques Henriques Raíño	UZARRASTADOS	Senior Feminino	01:34:25	+01:00:52	18:53
519	6467	Áurea Maria Anjos Leigo	UZARRASTADOS	Senior Feminino	01:34:38	+01:01:05	18:56
520	6470	Maria Idalina Marques da Silva	UZARRASTADOS	Senior Feminino	01:34:39	+01:01:06	18:56
521	5948	Micaela Alexandra Oliveira Correia	NoCharco	Senior Feminino	01:34:49	+01:01:16	18:58
522	5949	Susana Costa	NoCharco	Senior Feminino	01:34:54	+01:01:21	18:59
523	5945	Adriana Cecília Correia Lopes	NoCharco	Senior Feminino	01:34:55	+01:01:22	18:59
524	5947	Liliana Pedro	NoCharco	Senior Feminino	01:34:55	+01:01:22	18:59
525	5946	Ana Maria Saraiva Milheiro	NoCharco	Senior Feminino	01:35:01	+01:01:28	19:00
526	6471	Marta Alexandra Ramos Fonseca	UZARRASTADOS	Senior Feminino	01:35:04	+01:01:31	19:01
527	6472	Marta Ferreira da Cunha	UZARRASTADOS	Senior Feminino	01:35:05	+01:01:32	19:01
528	6466	Ana Teresa M. N. F. Miranda	UZARRASTADOS	Senior Feminino	01:35:05	+01:01:32	19:01
529	6468	Bruna Alexandra Costa Silva	UZARRASTADOS	Senior Feminino	01:35:08	+01:01:35	19:02
530	6328	Andreia Mota	Salada de fruta	Senior Feminino	01:35:12	+01:01:39	19:02
531	6329	maria Fatima Rosa	Salada de fruta	Senior Feminino	01:35:12	+01:01:39	19:02
532	6327	Ana Salomé Fonseca	Salada de fruta	Senior Feminino	01:35:13	+01:01:39	19:03
533	6270	Lurdes Silva Oliveira Castro	rainhas da lama	Senior Feminino	01:35:26	+01:01:53	19:05
534	6274	Monica Sofia Marques Nunes	rainhas da lama	Senior Feminino	01:35:26	+01:01:53	19:05

Official Timekeeper: Lap2Go	12 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

535	6267	Ana Carla Silva Rocha	rainhas da lama	Senior Feminino	01:35:27	+01:01:54	19:05
536	6268	Claudia Marisa Marques Domingos	rainhas da lama	Senior Feminino	01:35:28	+01:01:55	19:06
537	6271	Maria da Gloria Ferreira da Silva Pinho	rainhas da lama	Senior Feminino	01:35:28	+01:01:55	19:06
538	6273	Maria Mendes Barqueiro	rainhas da lama	Senior Feminino	01:35:28	+01:01:55	19:06
539	6275	rosário pinho	rainhas da lama	Senior Feminino	01:35:30	+01:01:57	19:06
540	6272	Maria de Lurdes Fonseca Nunes	rainhas da lama	Senior Feminino	01:35:30	+01:01:57	19:06
541	6269	Fernanda Maria Gomes Ferreira	rainhas da lama	Senior Feminino	01:35:31	+01:01:58	19:06
542	5372	CARLA CORREIA	Climacom	Senior Feminino	01:35:40	+01:02:07	19:08
543	5387	SUSANA RIBEIRO	Climacom	Senior Feminino	01:35:41	+01:02:08	19:08
544	6190	Tânia Gonçalves	Pernas de Pau	Senior Feminino	01:36:14	+01:02:41	19:15
545	5960	Isabel Oliveira	Nóis de Prado	Senior Feminino	01:36:15	+01:02:42	19:15
546	5962	Joana Nogueira	Nóis de Prado	Senior Feminino	01:36:15	+01:02:42	19:15
547	5963	Juliana Batista	Nóis de Prado	Senior Feminino	01:36:17	+01:02:44	19:15
548	5966	Marcia Brandão	Nóis de Prado	Senior Feminino	01:36:19	+01:02:46	19:16
549	5968	Marta Sousa	Nóis de Prado	Senior Feminino	01:36:20	+01:02:47	19:16
550	5954	Catarina Gomes	Nóis de Prado	Senior Feminino	01:36:21	+01:02:48	19:16
551	5961	Jéssica Graça	Nóis de Prado	Senior Feminino	01:36:22	+01:02:49	19:16
552	5959	Helena Nogueira	Nóis de Prado	Senior Feminino	01:36:23	+01:02:50	19:17
553	5967	Marta Oliveira	Nóis de Prado	Senior Feminino	01:36:23	+01:02:50	19:17
554	5956	Dulce Ribeiro	Nóis de Prado	Senior Feminino	01:36:27	+01:02:54	19:17
555	5969	Teresa Fernandes	Nóis de Prado	Senior Feminino	01:36:27	+01:02:54	19:17
556	5958	Eduarda Ribeiro	Nóis de Prado	Senior Feminino	01:36:29	+01:02:56	19:18
557	5955	Diana Vieira	Nóis de Prado	Senior Feminino	01:36:29	+01:02:56	19:18
558	6189	Sónia Cardoso	Pernas de Pau	Senior Feminino	01:36:33	+01:03:00	19:19
559	5957	Edline Teixeira	Nóis de Prado	Senior Feminino	01:36:33	+01:03:00	19:19
560	6183	Elizabete Pereira	Pernas de Pau	Senior Feminino	01:36:37	+01:03:04	19:19
561	6187	Martha Jesus	Pernas de Pau	Senior Feminino	01:36:45	+01:03:12	19:21
562	6191	Tânia Ramos	Pernas de Pau	Senior Feminino	01:36:49	+01:03:16	19:22
563	6192	Telma Soares	Pernas de Pau	Senior Feminino	01:37:03	+01:03:30	19:25
564	6188	Sofia Azevedo	Pernas de Pau	Senior Feminino	01:37:26	+01:03:53	19:29
565	6476	Ana Filipa da Silva Rodrigues	Vão andando, que nós já vamos lá ter!	Senior Feminino	01:37:55	+01:04:22	19:35
566	6481	Cláudia Maria Pinheiro	Vão andando, que nós já vamos lá ter!	Senior Feminino	01:38:00	+01:04:27	19:36
567	6482	Liliana Sofia Maia Nunes	Vão andando, que nós já vamos lá ter!	Senior Feminino	01:38:01	+01:04:27	19:36
568	6475	Ema Fonseca	Vão andando, que nós já vamos lá ter!	Senior Feminino	01:38:01	+01:04:28	19:36
569	6484	Ana Patrícia Oliveira Silva	Vão andando, que nós já vamos lá ter!	Senior Feminino	01:38:01	+01:04:28	19:36
570	6478	Ana rita Rodrigues Cabral Soares	Vão andando, que nós já vamos lá ter!	Senior Feminino	01:38:04	+01:04:31	19:37
571	6480	Cláudia Cristina Besteiros	Vão andando, que nós já vamos lá ter!	Senior Feminino	01:38:06	+01:04:33	19:37
572	6477	Ana Isabel Gameiro Oliveira	Vão andando, que nós já vamos lá ter!	Senior Feminino	01:38:11	+01:04:38	19:38
573	6422	Joana Cancela	Team Samagaio	Senior Feminino	01:38:16	+01:04:43	19:39
574	6424	Marta Samagaio	Team Samagaio	Senior Feminino	01:38:16	+01:04:43	19:39

Official Timekeeper: Lap2Go	13 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

575	6483	Renata Ribeiro de Pinho	Vão andando, que nós já vamos lá ter!	Senior Feminino	01:38:16	+01:04:43	19:39
576	6485	Tânia Sofia Borges Azevedo	Vão andando, que nós já vamos lá ter!	Senior Feminino	01:38:16	+01:04:43	19:39
577	6421	Filipa Melo	Team Samagaio	Senior Feminino	01:38:17	+01:04:43	19:39
578	6423	Marta Lagoa	Team Samagaio	Senior Feminino	01:38:19	+01:04:45	19:40
579	6479	Carla Sofia Ferreira da Silva	Vão andando, que nós já vamos lá ter!	Senior Feminino	01:38:19	+01:04:46	19:40
580	5901	Marcela Pinheiro Barbosa Almeida	Melindrosas	Senior Feminino	01:40:06	+01:06:33	20:01
581	5890	Ana Margarida Gomes Tavares	Melindrosas	Senior Feminino	01:40:09	+01:06:36	20:02
582	5899	Liliana Vanessa Lopes Cruz	Melindrosas	Senior Feminino	01:41:19	+01:07:46	20:16
583	5892	Ana Sofia Silva Gonçalves	Melindrosas	Senior Feminino	01:41:19	+01:07:46	20:16
584	5893	Eliana Soares Antunes	Melindrosas	Senior Feminino	01:41:19	+01:07:46	20:16
585	5903	Marta Sofia Pinho Manarte	Melindrosas	Senior Feminino	01:41:21	+01:07:48	20:16
586	5894	Gisela Sá Rodrigues	Melindrosas	Senior Feminino	01:41:21	+01:07:48	20:16
587	5895	Inês Manarte Pinto	Melindrosas	Senior Feminino	01:41:22	+01:07:49	20:16
588	5902	Maria Victória Rocha Paulo	Melindrosas	Senior Feminino	01:41:22	+01:07:49	20:16
589	5897	Juliana Ferreira Coentrão	Melindrosas	Senior Feminino	01:41:22	+01:07:49	20:16
590	5891	Ana Rita Ferreira de Carvalho Maia	Melindrosas	Senior Feminino	01:41:23	+01:07:49	20:17
591	5896	Ísis Leite Velho Rosa	Melindrosas	Senior Feminino	01:41:23	+01:07:50	20:17
592	5889	Ana Gomes Silva	Melindrosas	Senior Feminino	01:41:23	+01:07:50	20:17
593	6090	mariana vieira	os fora da boia	Senior Feminino	01:42:37	+01:09:04	20:31
594	6084	anabela candeias	os fora da boia	Senior Feminino	01:42:38	+01:09:04	20:32
595	6085	barbara tavares	os fora da boia	Senior Feminino	01:42:40	+01:09:07	20:32
596	6089	ines couras	os fora da boia	Senior Feminino	01:42:42	+01:09:08	20:32
597	6088	dulce godinho	os fora da boia	Senior Feminino	01:42:43	+01:09:10	20:33
598	6091	rosa candeias	os fora da boia	Senior Feminino	01:42:47	+01:09:14	20:33
599	5627	Sofia Novo	GAZELAS	Senior Feminino	01:43:00	+01:09:27	20:36
600	5618	Ana Oliveira	GAZELAS	Senior Feminino	01:43:02	+01:09:29	20:36
601	5619	Ana Sofia Silva	GAZELAS	Senior Feminino	01:43:03	+01:09:30	20:37
602	5620	Carla Teixeira	GAZELAS	Senior Feminino	01:43:04	+01:09:31	20:37
603	5628	Teresa Carvalho	GAZELAS	Senior Feminino	01:43:06	+01:09:33	20:37
604	6087	debora azevedo	os fora da boia	Senior Feminino	01:43:16	+01:09:43	20:39
605	6220	Conceição Teixeira	PREVINIL Running Team	Senior Feminino	01:43:46	+01:10:13	20:45
606	6217	Ana Margarida Fernandes Torres	PREVINIL Running Team	Senior Feminino	01:43:47	+01:10:14	20:45
607	6086	carina couras	os fora da boia	Senior Feminino	01:43:50	+01:10:17	20:46
608	6221	Joana Maria Félix Montelobo	PREVINIL Running Team	Senior Feminino	01:44:14	+01:10:41	20:51
609	6218	Beatriz Isabel de Jesus dos Santos Marques	PREVINIL Running Team	Senior Feminino	01:44:19	+01:10:45	20:52
610	6425	Sara Santos	Team Samagaio	Senior Feminino	01:47:46	+01:14:12	21:33
611	5797	Maria José Abrantes	Lamacentos	Senior Feminino	01:49:19	+01:15:46	21:52
612	5799	Raquel Caldas	Lamacentos	Senior Feminino	01:49:21	+01:15:48	21:52
613	5793	Jéssica Abrantes	Lamacentos	Senior Feminino	01:49:21	+01:15:48	21:52
614	5791	Filipa Faria	Lamacentos	Senior Feminino	01:49:25	+01:15:52	21:53
615	5785	Ana Costa Lima	Lamacentos	Senior Feminino	01:49:28	+01:15:54	21:54
616	5796	Maria Batle	Lamacentos	Senior Feminino	01:49:29	+01:15:56	21:54
617	5857	AdelaidePais Correia	Lodo Team	Senior Feminino	01:49:37	+01:16:03	21:55
618	5865	Sandra Maria	Lodo Team	Senior Feminino	01:49:37	+01:16:04	21:55

Official Timekeeper: Lap2Go	14 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

619	5863	Márcia Antônia Rebelo Pereira	Lodo Team	Senior Feminino	01:49:37	+01:16:04	21:55
620	5862	Madalena Galhardo	Lodo Team	Senior Feminino	01:49:39	+01:16:06	21:56
621	5992	Ana Lúcia Ruela da Silva	Objetivo 100%	Senior Feminino	01:50:27	+01:16:54	22:05
622	5994	Patrícia Daniela Couceiro Costa	Objetivo 100%	Senior Feminino	01:50:29	+01:16:56	22:06
623	5995	Sara Paiva	Objetivo 100%	Senior Feminino	01:50:30	+01:16:57	22:06
624	6224	MÓNICA MARGARIDA MATOS RIBEIRO	PREVINIL Running Team	Senior Feminino	01:53:54	+01:20:21	22:47
625	5839	Raquel Silva	LOBA	Senior Feminino	01:56:34	+01:23:01	23:19
626	5836	Nidia Ferreira	LOBA	Senior Feminino	01:56:39	+01:23:06	23:20
627	5841	Roberta Santos	LOBA	Senior Feminino	01:56:53	+01:23:20	23:23
628	5828	Ana Soares	LOBA	Senior Feminino	01:56:55	+01:23:22	23:23
629	5837	Paula Dinis	LOBA	Senior Feminino	01:56:56	+01:23:22	23:23
630	5835	Mariana Carola	LOBA	Senior Feminino	01:56:56	+01:23:23	23:23
631	5834	Lara Soares	LOBA	Senior Feminino	01:56:57	+01:23:24	23:23
632	5826	Ana Beatriz Correia	LOBA	Senior Feminino	01:56:58	+01:23:24	23:24
633	5827	Ana Luísa Correia	LOBA	Senior Feminino	01:56:58	+01:23:25	23:24
634	5840	Rita Rovira	LOBA	Senior Feminino	01:56:58	+01:23:25	23:24
635	5833	Inês Fontes	LOBA	Senior Feminino	01:56:58	+01:23:25	23:24
636	5689	Susana Loureiro	Happy Team	Senior Feminino	01:59:09	+01:25:36	23:50
637	5685	Cátia França	Happy Team	Senior Feminino	01:59:09	+01:25:36	23:50
638	5688	Rosa Matos	Happy Team	Senior Feminino	01:59:10	+01:25:37	23:50
639	5686	Débora Batista	Happy Team	Senior Feminino	01:59:15	+01:25:42	23:51
640	5682	Adelina Madureira	Happy Team	Senior Feminino	01:59:34	+01:26:01	23:55
641	5687	Joana Vidrigo	Happy Team	Senior Feminino	01:59:39	+01:26:05	23:56
642	5684	Carolina Costa	Happy Team	Senior Feminino	01:59:42	+01:26:08	23:56
643	5997	Vera Maria da Silva Matos Marques	Objetivo 100%	Senior Feminino	01:59:53	+01:26:20	23:59
644	6048	Raquel Simão	Os Chonés	Senior Feminino	02:14:26	+01:40:53	26:53

Senior Masculino

1	5030	Marco Paulo Martins Lopes	Individual	Senior Masculino	24:50		04:58
2	5494	Pedro Lourenço	Em Casa / Ezata Grupo	Senior Masculino	25:22	+00:31	05:04
3	5492	Licínio Soares	Em Casa / Ezata Grupo	Senior Masculino	25:55	+01:05	05:11
4	5204	Pedro Silva	Arsenal de Canelas	Senior Masculino	27:07	+02:17	05:25
5	5095	André Filipe Tavares Junqueira	Temlaminhanocu	Senior Masculino	27:26	+02:36	05:29
6	5397	GUSTAVO SALVADOR	Climacom	Senior Masculino	27:57	+03:07	05:35
7	5335	Dinis Amorim Moutela	CDE NATAÇÃO	Senior Masculino	29:24	+04:34	05:53
8	5061	Márcio Filipe Gonçalves Ramos	PLAYGROUND	Senior Masculino	31:12	+06:21	06:14
9	5203	João Cruz	Arsenal de Canelas	Senior Masculino	31:21	+06:30	06:16
10	5822	Emanuel Maia	Lesmas Atléticoas	Senior Masculino	31:55	+07:04	06:23
11	6301	Rafael Coutinho	Riainline	Senior Masculino	32:00	+07:10	06:24
12	6427	Daniel Silva	Team Samagaio	Senior Masculino	32:02	+07:12	06:24
13	5757	Tiago Filipe Silva Cruz	Individual	Senior Masculino	32:50	+08:00	06:34
14	5646	Duarte Leite	González	Senior Masculino	32:51	+08:01	06:34
15	5336	Diogo Marques Campos	CDE NATAÇÃO	Senior Masculino	32:55	+08:04	06:35
16	5583	Daniel Sarabanda	Fogaceiros	Senior Masculino	33:30	+08:40	06:42

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

17	5585	Hugo Silva	Fogaceiros	Senior Masculino	33:30	+08:40	06:42
18	6265	Nuno Duarte	Rainha Team	Senior Masculino	34:23	+09:33	06:53
19	5275	joão marques matos	C.C.R.Válega - Patinagem	Senior Masculino	34:25	+09:35	06:53
20	5097	Tiago minas	Temlaminhanocu	Senior Masculino	34:33	+09:43	06:55
21	5809	Tiago Rojão	Lamacentos	Senior Masculino	34:34	+09:44	06:55
22	5616	Mário Pessoa	Gang MêPrimo	Senior Masculino	34:51	+10:01	06:58
23	5226	Ricardo Manuel Monteiro Teixeira	Beasts Street Gym	Senior Masculino	34:52	+10:02	06:58
24	5002	Rúben Santos Silva	3chega	Senior Masculino	35:01	+10:11	07:00
25	5000	Américo da Silva Bessa	3chega	Senior Masculino	35:02	+10:11	07:00
26	6302	Tiago Antunes	Riainline	Senior Masculino	35:03	+10:12	07:01
27	5098	Vítor Leandro Tavares Pereira	Temlaminhanocu	Senior Masculino	35:12	+10:21	07:02
28	5490	João Quintino Fontoura	Em Casa / Ezata Grupo	Senior Masculino	35:52	+11:02	07:10
29	5651	Marco Santeuguini	González	Senior Masculino	36:03	+11:12	07:13
30	5924	Miguel Vinagre	Nascidos para comer	Senior Masculino	37:01	+12:10	07:24
31	5060	Joaquim Carlos Amador Rodrigues	PLAYGROUND	Senior Masculino	37:10	+12:20	07:26
32	5271	Amilcar Manuel Pereira da Silvan	C.C.R.Válega - Patinagem	Senior Masculino	37:21	+12:31	07:28
33	5279	Ricardo almeida	C.C.R.Válega - Patinagem	Senior Masculino	37:21	+12:31	07:28
34	5987	Diogo Barros	Núcleo Duro	Senior Masculino	37:24	+12:33	07:29
35	6266	Paulo Melo	Rainha Team	Senior Masculino	37:26	+12:36	07:29
36	6355	Martim Cabrita Neto Camarinha Pinto	Só viemos fazer SPA	Senior Masculino	37:36	+12:46	07:31
37	6396	Nuno Filipe Fernandes Rocha	SOMOS_6	Senior Masculino	38:22	+13:32	07:40
38	5712	João Camoesas	HUFa, sobrevivemos!	Senior Masculino	38:25	+13:35	07:41
39	5989	Jorge Pinheiro	Núcleo Duro	Senior Masculino	38:33	+13:43	07:43
40	6098	nuno silva	os fora da boia	Senior Masculino	39:06	+14:16	07:49
41	5407	RICARDO NEVES JUNIOR	Climacom	Senior Masculino	39:25	+14:35	07:53
42	5256	Alexandre Frutuoso Antunes	Bota Que Tem	Senior Masculino	39:57	+15:07	07:59
43	5347	CESARIO SOARES	CFA, SROC, LDA.	Senior Masculino	40:17	+15:27	08:03
44	5272	Bruno Alberto da Silva Cerqueira	C.C.R.Válega - Patinagem	Senior Masculino	40:25	+15:35	08:05
45	6498	Romeu Custódio	Vara Verde	Senior Masculino	40:28	+15:38	08:06
46	5672	Daniel Peixoto	H&H	Senior Masculino	40:31	+15:40	08:06
47	6132	Paulo Sousa	OS SUSPEITOS	Senior Masculino	40:31	+15:41	08:06
48	5674	João Vicente	H&H	Senior Masculino	40:31	+15:41	08:06
49	5194	Rui Pinho	AMNÉSIA	Senior Masculino	40:33	+15:43	08:07
50	5749	Bruno Tavares	Individual	Senior Masculino	41:04	+16:14	08:13
51	6244	João Lopes	R.G - Pilates & Movimento	Senior Masculino	41:04	+16:14	08:13
52	5926	Tomás Vieira	Nascidos para comer	Senior Masculino	41:05	+16:14	08:13
53	5750	Carlos Duarte da Silva Pereira	Individual	Senior Masculino	41:25	+16:34	08:17
54	6394	Leandro da Silva Reis	SOMOS_6	Senior Masculino	41:28	+16:37	08:18
55	5191	Leonardo Matos	AMNÉSIA	Senior Masculino	41:29	+16:39	08:18
56	6131	Miguel Silva	OS SUSPEITOS	Senior Masculino	41:33	+16:43	08:19
57	6124	Afonso Colchete de Almeida Loureiro Rodrigues	Os Rodrigues	Senior Masculino	41:57	+17:06	08:23
58	6430	Paulo Assunção	Team Samagaio	Senior Masculino	41:59	+17:09	08:24
59	6210	Wilson Azevedo	PEVIDES	Senior Masculino	42:04	+17:14	08:25
60	5805	Manuel Costa Afonso	Lamacentos	Senior Masculino	43:12	+18:22	08:38
61	5649	Luís Coelho	González	Senior Masculino	43:59	+19:09	08:48
62	5644	Afonso Ferreira	González	Senior Masculino	44:00	+19:09	08:48

Official Timekeeper: Lap2Go	16 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

63	5772	Leonardo Meireles dos Santos	Ironmans	Senior Masculino	44:16	+19:25	08:51
64	5774	Tomás Vidal Inácio	Ironmans	Senior Masculino	44:16	+19:26	08:51
65	5771	Frederico Da Cunha Mendes	Ironmans	Senior Masculino	44:19	+19:29	08:52
66	5773	Tomás Branco da Silva	Ironmans	Senior Masculino	44:19	+19:29	08:52
67	5459	Miguel Valente de Almeida	CRE	Senior Masculino	44:26	+19:36	08:53
68	6497	Ivan Horoshko	Vara Verde	Senior Masculino	44:33	+19:43	08:55
69	5461	Ruben Valente	CRE	Senior Masculino	44:34	+19:44	08:55
70	5334	Bruno Miguel Baptista	CDE NATAÇÃO	Senior Masculino	45:15	+20:25	09:03
71	5338	Luis Azevedo Pinto	CDE NATAÇÃO	Senior Masculino	45:15	+20:25	09:03
72	5410	TIAGO RENDEIRO	Climacom	Senior Masculino	45:30	+20:40	09:06
73	5933	Bruno Santos	Ninja Reumáticos	Senior Masculino	45:32	+20:42	09:06
74	6356	Vasco Cabrita Neto Camarinha Pinto	Só viemos fazer SPA	Senior Masculino	45:44	+20:54	09:09
75	5986	Alexandre Costa	Núcleo Duro	Senior Masculino	45:49	+20:59	09:10
76	5499	Francisco Fonseca	Entalados até ao Pescoço	Senior Masculino	45:58	+21:08	09:12
77	5501	Luís Teles	Entalados até ao Pescoço	Senior Masculino	45:58	+21:08	09:12
78	5532	Enrique De La Veja	Farinha do mesmo saco	Senior Masculino	46:17	+21:27	09:15
79	6017	Ricardo Silva	os arrebrandados	Senior Masculino	46:33	+21:42	09:19
80	5319	Rui Vaz	Casa Vera Cruz	Senior Masculino	46:33	+21:43	09:19
81	5316	Tomás Geraldo Aires	Casa Vera Cruz	Senior Masculino	46:34	+21:43	09:19
82	5317	João Paulo Baptista	Casa Vera Cruz	Senior Masculino	46:34	+21:43	09:19
83	5040	Paulo Saraiva	Los pollos hermanos	Senior Masculino	46:37	+21:46	09:19
84	5731	Jorge Aguiar Costa	Iluminati	Senior Masculino	46:41	+21:51	09:20
85	5086	Alexandre Dias	Team Primus Ceramics	Senior Masculino	47:16	+22:26	09:27
86	5215	Fábio Rafael Valente Aleixo	Balança mas não cai	Senior Masculino	47:36	+22:46	09:31
87	5214	João Ribeiro	Balança mas não cai	Senior Masculino	47:36	+22:46	09:31
88	5213	Diogo Pinto	Balança mas não cai	Senior Masculino	47:37	+22:46	09:31
89	5394	FERNANDO TENREIRO	Climacom	Senior Masculino	47:53	+23:02	09:35
90	5124	Raphael Carvalho	A ORIGEM	Senior Masculino	47:56	+23:06	09:35
91	6009	Guilherme Alexandre Fidalgo Quintão	os arrebrandados	Senior Masculino	47:57	+23:07	09:35
92	6312	Henrique Rocha Rodrigues	RRS Bioracers 2024	Senior Masculino	47:58	+23:08	09:36
93	6313	João Rocha	RRS Bioracers 2024	Senior Masculino	47:59	+23:09	09:36
94	5489	João Lourenço	Em Casa / Ezata Grupo	Senior Masculino	48:40	+23:50	09:44
95	5778	Rui Filipe Santos Pinho	JáCintoPinto	Senior Masculino	48:42	+23:52	09:44
96	5777	Pedro Miguel da Cruz	JáCintoPinto	Senior Masculino	48:42	+23:52	09:44
97	6303	Ângelo José Pinto Lourenço	Riainline	Senior Masculino	49:18	+24:28	09:52
98	5391	DANIEL REQUENA	Climacom	Senior Masculino	49:50	+25:00	09:58
99	5923	Jorge Vieira	Nascidos para comer	Senior Masculino	50:03	+25:13	10:01
100	5925	Paulo Vinagre	Nascidos para comer	Senior Masculino	50:03	+25:13	10:01
101	5921	André Marques	Nascidos para comer	Senior Masculino	50:04	+25:13	10:01
102	5424	Rui Lourenço	Clinica Veterinária Santa Marinha	Senior Masculino	50:14	+25:24	10:03
103	5422	João Cruz	Clinica Veterinária Santa Marinha	Senior Masculino	50:14	+25:24	10:03
104	6128	Manuel Santos	OS SUSPEITOS	Senior Masculino	50:19	+25:29	10:04
105	6042	Daniel Ramalho	Os Bileiros	Senior Masculino	50:37	+25:47	10:07
106	6261	Diogo Miguel Melo	Rainha Team	Senior Masculino	50:40	+25:50	10:08
107	6401	Bruno Falque	Take the Race	Senior Masculino	50:58	+26:08	10:12
108	6402	Joachim Falque	Take the Race	Senior Masculino	51:00	+26:10	10:12

Official Timekeeper: Lap2Go	17 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

109	6107	Daniel de João de Sousa Viana	Luxaflex Portugal	Senior Masculino	51:03	+26:12	10:13
110	6125	Jorge Manuel Almeida Rodrigues	Os Rodrigues	Senior Masculino	51:03	+26:12	10:13
111	5570	Tiago Martins Rosa	fiamma	Senior Masculino	51:38	+26:48	10:20
112	5555	Bruno Filipe Vidal da Silva	fiamma	Senior Masculino	51:42	+26:52	10:20
113	5557	Carlos Luis Vargas Hurtado	fiamma	Senior Masculino	51:43	+26:53	10:21
114	5562	Gonzalo Javier Martinez	fiamma	Senior Masculino	51:43	+26:53	10:21
115	6298	Bruno Meneses	Riainline	Senior Masculino	51:49	+26:59	10:22
116	6300	João Antunes	Riainline	Senior Masculino	51:50	+26:59	10:22
117	5308	João Pinto	Cansados	Senior Masculino	52:01	+27:10	10:24
118	5751	Eurico Teles	Individual	Senior Masculino	52:02	+27:11	10:24
119	5307	Bruno Ferreira	Cansados	Senior Masculino	52:02	+27:11	10:24
120	5309	Tiago Rodrigues	Cansados	Senior Masculino	52:02	+27:12	10:24
121	5934	Rafael Marques Ferreira	Ninja Reumáticos	Senior Masculino	52:11	+27:21	10:26
122	5932	André Sousa	Ninja Reumáticos	Senior Masculino	52:16	+27:26	10:27
123	5931	André Simões	Ninja Reumáticos	Senior Masculino	52:17	+27:27	10:27
124	5096	Rui Filipe Almeida Costa	Temlaminhanocu	Senior Masculino	52:18	+27:27	10:28
125	5188	David Silva	AMNÉSIA	Senior Masculino	52:19	+27:29	10:28
126	5807	Ricardo Silva	Lamacentos	Senior Masculino	52:23	+27:33	10:29
127	5871	Carlos Rodrigues Oliveira	Los 3 Muchachos	Senior Masculino	52:24	+27:34	10:29
128	5872	João Paulo Ribeiro Brito	Los 3 Muchachos	Senior Masculino	52:25	+27:34	10:29
129	6204	Hélder Martinho	PEVIDES	Senior Masculino	52:25	+27:35	10:29
130	6495	Bernardo Martins	Vara Verde	Senior Masculino	52:57	+28:07	10:35
131	5483	Alexandre Correia	Em Casa / Ezata Grupo	Senior Masculino	53:09	+28:18	10:38
132	5803	Guilherme Rojão	Lamacentos	Senior Masculino	53:10	+28:20	10:38
133	5223	Carlos Renato Pereira da Silva	Beasts Street Gym	Senior Masculino	53:18	+28:28	10:40
134	5224	Clayton Celino dos Santos	Beasts Street Gym	Senior Masculino	53:22	+28:32	10:41
135	5206	Alcides de Oliveira Lacerda	ASSOCIACAO CULTURAL DE SALREU	Senior Masculino	53:31	+28:41	10:42
136	6181	Manuel António Martins Silva	PCI	Senior Masculino	53:50	+29:00	10:46
137	5566	Nelson Martins	fiamma	Senior Masculino	53:55	+29:05	10:47
138	6426	António Matos	Team Samagaio	Senior Masculino	54:03	+29:13	10:49
139	5425	Vicente Pais	Clínica Veterinária Santa Marinha	Senior Masculino	54:15	+29:25	10:51
140	5421	Francisco Pais	Clínica Veterinária Santa Marinha	Senior Masculino	54:17	+29:27	10:51
141	5716	Paulo Carvalho	HUFa, sobrevivemos!	Senior Masculino	54:19	+29:29	10:52
142	5709	Diogo Figueiredo	HUFa, sobrevivemos!	Senior Masculino	54:21	+29:31	10:52
143	6500	Tiago França	Vara Verde	Senior Masculino	54:21	+29:31	10:52
144	6499	Simão Neves Dias	Vara Verde	Senior Masculino	54:22	+29:32	10:52
145	5706	Armando Franco	HUFa, sobrevivemos!	Senior Masculino	54:23	+29:32	10:53
146	6263	João Pedro Silva	Rainha Team	Senior Masculino	54:49	+29:59	10:58
147	5119	Fábio Sá	A ORIGEM	Senior Masculino	55:11	+30:21	11:02
148	6134	Telmo Ferreira	OS SUSPEITOS	Senior Masculino	55:12	+30:22	11:02
149	6126	João Esparrinha	OS SUSPEITOS	Senior Masculino	55:13	+30:22	11:03
150	6130	Marco Silva	OS SUSPEITOS	Senior Masculino	55:13	+30:23	11:03
151	6346	Andre Pereira	Sempre em frente	Senior Masculino	55:37	+30:47	11:07
152	6348	Pedro couto	Sempre em frente	Senior Masculino	55:37	+30:47	11:07
153	5559	Davi Vieira Cardoso	fiamma	Senior Masculino	55:38	+30:48	11:08
154	6347	Nelson capela	Sempre em frente	Senior Masculino	55:38	+30:48	11:08

Official Timekeeper: Lap2Go	18 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5 KM

OFFICIAL RESULT

Official Timekeeper: Lap2Go	19 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

201	5708	Cedric dos Santos Dias	HUFa, sobrevivemos!	Senior Masculino	01:00:20	+35:30	12:04
202	5717	Paulo Costa	HUFa, sobrevivemos!	Senior Masculino	01:00:21	+35:30	12:04
203	5245	ANTONIO FERNANDO FERREIRA DA CUNHA ALVES MONTEIRO	BLUE TEAM	Senior Masculino	01:00:21	+35:31	12:04
204	5246	Bruno Pimentel	BLUE TEAM	Senior Masculino	01:00:23	+35:32	12:05
205	5707	Carlos Santos	HUFa, sobrevivemos!	Senior Masculino	01:00:24	+35:34	12:05
206	5248	PEDRO MORAIS	BLUE TEAM	Senior Masculino	01:00:25	+35:35	12:05
207	5243	Adriano da Rocha Ferreira	BLUE TEAM	Senior Masculino	01:00:29	+35:39	12:06
208	5466	Diogo Gaspar	Dirt Divas	Senior Masculino	01:00:33	+35:43	12:0
209	5467	Fábio Rodrigues	Dirt Divas	Senior Masculino	01:00:34	+35:43	12:07
210	5255	Afonso Branco de Oliveira	Bota Que Tem	Senior Masculino	01:00:34	+35:43	12:07
211	5469	Filipe Santos	Dirt Divas	Senior Masculino	01:00:34	+35:44	12:07
212	5470	Ricardo Reis	Dirt Divas	Senior Masculino	01:00:34	+35:44	12:07
213	5257	Diogo José da Silva aantos	Bota Que Tem	Senior Masculino	01:00:37	+35:46	12:07
214	6036	Afonso Ramalho	Os Bileiros	Senior Masculino	01:00:37	+35:47	12:07
215	5261	Rui Gabriel de Oliveira Lopes	Bota Que Tem	Senior Masculino	01:00:38	+35:47	12:08
216	5259	Luís Daniel Correia Vaz da Conceição	Bota Que Tem	Senior Masculino	01:00:39	+35:48	12:08
217	5423	Nuno Mieiro	Clinica Veterinária Santa Marinha	Senior Masculino	01:00:46	+35:56	12:09
218	5426	Victor Silva	Clinica Veterinária Santa Marinha	Senior Masculino	01:00:47	+35:56	12:09
219	5465	Jorge Duarte	Dijosune	Senior Masculino	01:00:55	+36:05	12:11
220	6164	Kelvin Campelo	Ovos moles	Senior Masculino	01:00:56	+36:05	12:11
221	6163	Filipe Pinto	Ovos moles	Senior Masculino	01:00:56	+36:06	12:11
222	6165	Ricardo Silva	Ovos moles	Senior Masculino	01:00:56	+36:06	12:11
223	5315	Nelson David Almeida Pereira.	Carro de Vassoura	Senior Masculino	01:01:03	+36:12	12:13
224	6310	Adelino Rocha	RRS Bioracers 2024	Senior Masculino	01:01:05	+36:15	12:13
225	5730	Fábio Ferreira	Iluminati	Senior Masculino	01:01:07	+36:16	12:13
226	6260	Daniel Rodrigues	Rainha Team	Senior Masculino	01:01:07	+36:17	12:13
227	6264	Miguel Santos	Rainha Team	Senior Masculino	01:01:07	+36:17	12:13
228	6172	JORGE MIGUEL PINTO DA SILVA	PACÓVIOS ATÓMICOS	Senior Masculino	01:01:08	+36:17	12:14
229	5615	Leonardo Silva	Gang MêPrimo	Senior Masculino	01:01:11	+36:21	12:14
230	5601	Marcos André correia Moreira	Força da Pedreira	Senior Masculino	01:01:30	+36:40	12:18
231	5597	André Ricardo Oliveira cardoso	Força da Pedreira	Senior Masculino	01:01:31	+36:41	12:18
232	5600	Marco António Cardoso Correia	Força da Pedreira	Senior Masculino	01:01:32	+36:42	12:18
233	6015	Miguel Fidalgo	os arrebetados	Senior Masculino	01:01:32	+36:42	12:18
234	5599	Joel oliveira Pinto	Força da Pedreira	Senior Masculino	01:01:32	+36:42	12:18
235	5598	João Pinho	Força da Pedreira	Senior Masculino	01:01:37	+36:47	12:19
236	5922	Carlos Ramos	Nascidos para comer	Senior Masculino	01:01:42	+36:52	12:20
237	5808	Rodrigo Rojão	Lamacentos	Senior Masculino	01:01:44	+36:53	12:21
238	5804	João Rojão	Lamacentos	Senior Masculino	01:01:46	+36:56	12:21
239	5806	Manuel Rojão	Lamacentos	Senior Masculino	01:01:47	+36:56	12:21
240	5117	Carlos Cunha	A ORIGEM	Senior Masculino	01:01:47	+36:57	12:21
241	5824	Jorge Miguel Rodrigues Nogueira	Lesmas Atléticoas	Senior Masculino	01:02:26	+37:36	12:29
242	5825	Luís Paulo Soares Lopes	Lesmas Atléticoas	Senior Masculino	01:02:31	+37:40	12:30
243	5823	João Filipe Ferreira Da Costa	Lesmas Atléticoas	Senior Masculino	01:02:33	+37:43	12:31
244	5092	Raphael Viniciu	Team Primus Ceramics	Senior Masculino	01:02:37	+37:47	12:31
245	5090	Luís Falcão	Team Primus Ceramics	Senior Masculino	01:02:37	+37:47	12:31
246	5091	Nico Elkan	Team Primus Ceramics	Senior Masculino	01:02:37	+37:47	12:31

Official Timekeeper: Lap2Go	20 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

247	6338	Cristiano Cruz	Sem Nome e o Cristiano	Senior Masculino	01:02:40	+37:50	12:32
248	6341	João Góis	Sem Nome e o Cristiano	Senior Masculino	01:02:40	+37:50	12:32
249	6339	Eduardo Laranjeiro	Sem Nome e o Cristiano	Senior Masculino	01:02:42	+37:52	12:32
250	6342	Miguel Campos	Sem Nome e o Cristiano	Senior Masculino	01:02:46	+37:56	12:33
251	6340	Inês Laranjeiro	Sem Nome e o Cristiano	Senior Masculino	01:02:50	+38:00	12:34
252	6337	Beatriz Laranjeiro	Sem Nome e o Cristiano	Senior Masculino	01:02:50	+38:00	12:34
253	5258	Fabio Joel da Silva rodrigues	Bota Que Tem	Senior Masculino	01:03:15	+38:25	12:39
254	5260	Marco Antonio De Sá Pereira Flor	Bota Que Tem	Senior Masculino	01:03:15	+38:25	12:39
255	5514	Wilson Branquinho	Estúpidos Anónimos	Senior Masculino	01:03:27	+38:37	12:41
256	5512	Ricardo Campos	Estúpidos Anónimos	Senior Masculino	01:03:28	+38:38	12:42
257	5190	Joaquim Alexandre Silva	AMNÉSIA	Senior Masculino	01:03:30	+38:40	12:42
258	5667	Bruno Martins	Gym Buddies	Senior Masculino	01:03:32	+38:42	12:42
259	5670	Miguel Conde	Gym Buddies	Senior Masculino	01:03:34	+38:43	12:43
260	5668	Diogo Teixeira	Gym Buddies	Senior Masculino	01:03:34	+38:43	12:43
261	5497	António Cunha	Entalados até ao Pescoço	Senior Masculino	01:03:44	+38:54	12:45
262	5409	HELDER MAIA	Climacom	Senior Masculino	01:03:51	+39:00	12:46
263	5398	FÁBIO ABREU	Climacom	Senior Masculino	01:03:52	+39:02	12:46
264	5402	NORBERTO PRESA	Climacom	Senior Masculino	01:03:56	+39:05	12:47
265	6209	Tiago Carvalhas	PEVIDES	Senior Masculino	01:04:20	+39:30	12:52
266	6395	Nelson Cristiano Santos Vida	SOMOS_6	Senior Masculino	01:04:50	+40:00	12:58
267	6393	JONATHAN COLAS	SOMOS_6	Senior Masculino	01:04:50	+40:00	12:58
268	5033	STEVEN TORREALBA	Individual	Senior Masculino	01:05:23	+40:32	13:05
269	5393	FERNANDO SALVADOR	Climacom	Senior Masculino	01:05:23	+40:33	13:05
270	5401	MIGUEL CASQUEIRA	Climacom	Senior Masculino	01:05:25	+40:35	13:05
271	5337	João Miguel Santos	CDE NATAÇÃO	Senior Masculino	01:05:45	+40:55	13:09
272	5508	RICARDO OLIVEIRA	EPIC 5 + 2	Senior Masculino	01:05:54	+41:03	13:11
273	5507	LUIS FILIPE	EPIC 5 + 2	Senior Masculino	01:05:54	+41:04	13:11
274	5506	ABILIO ALVES	EPIC 5 + 2	Senior Masculino	01:05:55	+41:04	13:11
275	6297	André Antunes	Riainline	Senior Masculino	01:06:19	+41:29	13:16
276	5752	Ítalo Francisco	Individual	Senior Masculino	01:06:21	+41:31	13:16
277	5754	Luiz Francisco	Individual	Senior Masculino	01:06:21	+41:31	13:16
278	5675	Marco Mota	H&H	Senior Masculino	01:06:38	+41:48	13:20
279	6400	Filipe Silva	Sportsfotopt	Senior Masculino	01:06:40	+41:49	13:20
280	5673	David Fernandes	H&H	Senior Masculino	01:06:40	+41:49	13:20
281	5913	Diogo Rodrigues	Milimili	Senior Masculino	01:06:42	+41:52	13:20
282	5914	Francisco Rodrigues	Milimili	Senior Masculino	01:06:43	+41:52	13:21
283	5662	Emanuel Ricardo Gonçalves	Guerreiros do Sofá	Senior Masculino	01:06:46	+41:55	13:21
284	5661	Diogo António Campos Correia	Guerreiros do Sofá	Senior Masculino	01:06:46	+41:55	13:21
285	5660	Alberto Ricardo de Jesus Abreu da Silva	Guerreiros do Sofá	Senior Masculino	01:06:46	+41:55	13:21
286	5868	José Bandeira	Lodo Team	Senior Masculino	01:06:49	+41:59	13:22
287	5186	Marcos Silva	Ninja Reumáticos	Senior Masculino	01:06:55	+42:05	13:23
288	5498	António Fonseca	Entalados até ao Pescoço	Senior Masculino	01:07:00	+42:10	13:24
289	5500	Leandro Resende	Entalados até ao Pescoço	Senior Masculino	01:07:00	+42:10	13:24
290	5768	Miguel Pereira	IRON SHAKERS	Senior Masculino	01:07:22	+42:31	13:28
291	6460	Xavier Eva	Uma espécie de atleta	Senior Masculino	01:07:30	+42:40	13:30
292	5165	Daniel Pereira Marques	Amigos d' Alcateia	Senior Masculino	01:07:43	+42:53	13:33

Official Timekeeper: Lap2Go	21 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

293	5724	César Martins Pacheco	IB PREMIUM TEAM	Senior Masculino	01:07:54	+43:04	13:35
294	5722	André Almeida Pacheco	IB PREMIUM TEAM	Senior Masculino	01:07:56	+43:05	13:35
295	5726	Nuno Coelho	IB PREMIUM TEAM	Senior Masculino	01:07:59	+43:08	13:36
296	5728	Tiago Barbosa	IB PREMIUM TEAM	Senior Masculino	01:07:59	+43:09	13:36
297	5725	Ivo Bento	IB PREMIUM TEAM	Senior Masculino	01:07:59	+43:09	13:36
298	5723	André Pereira	IB PREMIUM TEAM	Senior Masculino	01:08:07	+43:17	13:37
299	5533	Martin Santos	Farinha do mesmo saco	Senior Masculino	01:08:25	+43:35	13:41
300	5530	Carlos Marques	Farinha do mesmo saco	Senior Masculino	01:08:27	+43:36	13:41
301	5534	Sandro dos Santos	Farinha do mesmo saco	Senior Masculino	01:08:27	+43:37	13:41
302	5531	César Santos	Farinha do mesmo saco	Senior Masculino	01:08:28	+43:37	13:42
303	6014	José Fidalgo	os arrebrandados	Senior Masculino	01:08:34	+43:44	13:43
304	6157	André Filipe dos Santos Ferreira	OSS- Carpintaria	Senior Masculino	01:09:05	+44:14	13:49
305	6158	Fernando Jorge Rocha de Oliveira	OSS- Carpintaria	Senior Masculino	01:09:05	+44:14	13:49
306	6159	Jorge Jesus Oliveira	OSS- Carpintaria	Senior Masculino	01:09:05	+44:15	13:49
307	5648	João Santos	González	Senior Masculino	01:09:24	+44:33	13:53
308	5647	Filipe Santos	González	Senior Masculino	01:09:25	+44:35	13:53
309	5652	Pedro Leite	González	Senior Masculino	01:09:26	+44:36	13:53
310	6039	ARLINDO JOSE DA SILVA CARVALHO	Os Bileiros	Senior Masculino	01:09:31	+44:40	13:54
311	5650	Manuel González	González	Senior Masculino	01:09:33	+44:43	13:55
312	6374	EDGAR MELO	SOLTA A FRANGA	Senior Masculino	01:09:55	+45:04	13:59
313	6375	JOÃO SANTOS	SOLTA A FRANGA	Senior Masculino	01:09:55	+45:05	13:59
314	5049	Fernando Rodrigues da Silva	Ovarmat	Senior Masculino	01:10:02	+45:11	14:00
315	5050	Jorge Miguel da Costa Duarte	Ovarmat	Senior Masculino	01:10:03	+45:12	14:01
316	5054	Sérgio Miguel da Graça Rodrigues	Ovarmat	Senior Masculino	01:10:03	+45:13	14:01
317	5047	António Filipe de Bastos Fontes	Ovarmat	Senior Masculino	01:10:03	+45:13	14:01
318	5053	Sandro Rafael da Silva Aragão	Ovarmat	Senior Masculino	01:10:04	+45:13	14:01
319	6439	José Pedro da Fonseca Pereira	Trepa Serras	Senior Masculino	01:10:17	+45:27	14:03
320	6441	Paulo Jorge Brás Guerra Moiteiro	Trepa Serras	Senior Masculino	01:10:19	+45:29	14:04
321	6438	Alexandre Manuel Campos Ganito	Trepa Serras	Senior Masculino	01:10:24	+45:34	14:05
322	6443	Renato Lopes Almeida	Trepa Serras	Senior Masculino	01:10:26	+45:35	14:05
323	6440	Júlio Manuel Leitão Dinis	Trepa Serras	Senior Masculino	01:10:28	+45:37	14:06
324	6442	Paulo Jorge de Sá Fernandes	Trepa Serras	Senior Masculino	01:10:29	+45:39	14:06
325	5144	Helder Berenguer	Agora lama-me!	Senior Masculino	01:10:36	+45:46	14:07
326	5148	Nuno Brízida	Agora lama-me!	Senior Masculino	01:10:43	+45:52	14:09
327	6119	Guilherme Pedrosa Reis Rodrigues	Os jeitosos	Senior Masculino	01:11:08	+46:17	14:14
328	6463	Tiago Jesus	Underground	Senior Masculino	01:11:35	+46:44	14:19
329	6053	Gabriel Oliveira	Os Depenados	Senior Masculino	01:11:37	+46:47	14:19
330	6054	Maik Venâncio	Os Depenados	Senior Masculino	01:11:38	+46:47	14:20
331	5087	Dan Nlandu	Team Primus Ceramics	Senior Masculino	01:12:02	+47:11	14:24
332	5089	Juan Duran	Team Primus Ceramics	Senior Masculino	01:12:02	+47:12	14:24
333	5088	Danilo Oliveira	Team Primus Ceramics	Senior Masculino	01:12:02	+47:12	14:24
334	6106	Rui Salvador	Os indecisos	Senior Masculino	01:12:04	+47:14	14:25
335	5145	João Tomás Simões	Agora lama-me!	Senior Masculino	01:12:05	+47:15	14:25
336	5146	Júnio Jardim	Agora lama-me!	Senior Masculino	01:12:06	+47:16	14:25
337	5759	Vitor Manuel Sousa Marques	Individual	Senior Masculino	01:12:14	+47:24	14:27
338	6105	Daniel Ferreira	Os indecisos	Senior Masculino	01:12:19	+47:28	14:28

Official Timekeeper: Lap2Go	22 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

339	6104	Claudio Marques	Os indecisos	Senior Masculino	01:12:19	+47:28	14:28
340	6283	Tiago Miguel Gonçalves da Mata	Rebenta minas	Senior Masculino	01:12:34	+47:44	14:31
341	5333	Antonio Fortunato Oliveira	CDE NATAÇÃO	Senior Masculino	01:12:41	+47:51	14:32
342	6281	Gabriel Augusto dos Santos	Rebenta minas	Senior Masculino	01:13:03	+48:12	14:37
343	6280	David Carlos da Silva Ferreira	Rebenta minas	Senior Masculino	01:13:04	+48:14	14:37
344	6282	Joaquim António Sousa Correia	Rebenta minas	Senior Masculino	01:13:06	+48:16	14:37
345	5105	André Rafael Cruz Onofre	100 Fôlego	Senior Masculino	01:13:06	+48:16	14:37
346	5451	Jorge Bacelar	Copinhos de Leite	Senior Masculino	01:13:07	+48:17	14:37
347	5449	Fernando Brandão	Copinhos de Leite	Senior Masculino	01:13:08	+48:18	14:38
348	5453	Júlio Nascimento	Copinhos de Leite	Senior Masculino	01:13:09	+48:18	14:38
349	5454	Sérgio Marinho	Copinhos de Leite	Senior Masculino	01:13:09	+48:19	14:38
350	5452	José Vilela	Copinhos de Leite	Senior Masculino	01:13:10	+48:19	14:38
351	5450	Gabriel Felipe	Copinhos de Leite	Senior Masculino	01:13:10	+48:20	14:38
352	5108	Jose Augusto Oliveira Onofre	100 Fôlego	Senior Masculino	01:13:11	+48:21	14:38
353	5106	António Augusto Rodrigues da Silva	100 Fôlego	Senior Masculino	01:13:12	+48:21	14:38
354	5107	Jaime Alberto Ribeiro Dos Santos	100 Fôlego	Senior Masculino	01:13:16	+48:26	14:39
355	5676	Pedro Gaspar	H&H	Senior Masculino	01:13:23	+48:33	14:41
356	5640	Vitor Bessa	GondeTeam and Friends	Senior Masculino	01:13:39	+48:48	14:44
357	5638	Fernando Fernandes	GondeTeam and Friends	Senior Masculino	01:13:39	+48:49	14:44
358	5639	Tiago Pinho	GondeTeam and Friends	Senior Masculino	01:13:39	+48:49	14:44
359	5110	Sergio Costa Cardoso de Almeida	100 Fôlego	Senior Masculino	01:14:02	+49:11	14:48
360	5109	Rui Filipe Oliveira Pinho	100 Fôlego	Senior Masculino	01:14:02	+49:11	14:48
361	5637	António Leite	GondeTeam and Friends	Senior Masculino	01:14:12	+49:22	14:50
362	6012	João Pinho	os arrebrandados	Senior Masculino	01:14:13	+49:23	14:51
363	6018	Sérgio Correia	os arrebrandados	Senior Masculino	01:14:14	+49:24	14:51
364	5362	Celso Filipe Lopes Simões	Chick Runners	Senior Masculino	01:14:19	+49:28	14:52
365	5495	Rui Nunes	Em Casa / Ezata Grupo	Senior Masculino	01:14:23	+49:33	14:53
366	5364	Rui Miguel Rocha Labrincha	Chick Runners	Senior Masculino	01:14:24	+49:33	14:53
367	5488	Guilherme Sousa	Em Casa / Ezata Grupo	Senior Masculino	01:14:28	+49:37	14:54
368	6311	David Rodrigues	RRS Bioracers 2024	Senior Masculino	01:15:11	+50:21	15:02
369	5655	Gonçalo Soares Santos	Grupo de Carnaval "Os Condores"	Senior Masculino	01:15:38	+50:48	15:08
370	5658	Renato Miguel Pereira Soares	Grupo de Carnaval "Os Condores"	Senior Masculino	01:15:40	+50:50	15:08
371	5918	Eurico Pinto Duarte	MudRunners	Senior Masculino	01:15:44	+50:54	15:09
372	5657	Maurício Filipe Do Couto Pinto	Grupo de Carnaval "Os Condores"	Senior Masculino	01:15:47	+50:56	15:09
373	5656	Leonardo Soares	Grupo de Carnaval "Os Condores"	Senior Masculino	01:15:47	+50:57	15:09
374	5517	Carlos Albérico de Amorim Alves	Ex, Ex, Ex	Senior Masculino	01:16:00	+51:10	15:12
375	5516	António Mata	Ex, Ex, Ex	Senior Masculino	01:16:01	+51:11	15:12
376	6193	António Gerales	Pernas de Pau	Senior Masculino	01:16:06	+51:16	15:13
377	6199	Valter Rodrigues	Pernas de Pau	Senior Masculino	01:16:07	+51:17	15:13
378	6005	Martim Ribeiro Costa	Os amigos da Bucha	Senior Masculino	01:16:12	+51:22	15:14
379	6004	Fábio Renato Lemos Ferreira Matos	Os amigos da Bucha	Senior Masculino	01:16:13	+51:23	15:15
380	6003	Carlos Alberto Ferreira Costa	Os amigos da Bucha	Senior Masculino	01:16:13	+51:23	15:15
381	6044	MARCO ANTONIO GOMES SALGUEIRO GALANTE	Os Bileiros	Senior Masculino	01:16:16	+51:26	15:15
382	6299	Filipe calçada	Riainline	Senior Masculino	01:16:27	+51:37	15:17
383	6196	Ricardo Nunes	Pernas de Pau	Senior Masculino	01:16:33	+51:42	15:19

Official Timekeeper: Lap2Go	23 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

384	5277	JOSE ALBERTO OLIVEIRA DA FONSECA	C.C.R.Válega - Patinagem	Senior Masculino	01:17:06	+52:15	15:25
385	5278	MIKAEL DA SILVA PINHAL	C.C.R.Válega - Patinagem	Senior Masculino	01:17:06	+52:15	15:25
386	5274	JOÃO MANUEL OLIVEIRA SILVA	C.C.R.Válega - Patinagem	Senior Masculino	01:17:06	+52:16	15:25
387	5280	Tiago Daniel Valente Veiros	C.C.R.Válega - Patinagem	Senior Masculino	01:17:07	+52:16	15:25
388	5276	Joaquim Correia rocha	C.C.R.Válega - Patinagem	Senior Masculino	01:17:07	+52:17	15:25
389	5681	Romeu Filipe Oliveira Valente	Haja fé força nas canetas	Senior Masculino	01:17:23	+52:33	15:29
390	5185	Rafael Ferreira	AMIGOS DA LAMA	Senior Masculino	01:17:37	+52:47	15:31
391	5179	Albertino Medeiros	AMIGOS DA LAMA	Senior Masculino	01:17:41	+52:51	15:32
392	6321	Pedro Silva	RRT - REWORK RACING TEAM	Senior Masculino	01:17:51	+53:01	15:34
393	5180	Bruno Medeiros	AMIGOS DA LAMA	Senior Masculino	01:17:54	+53:03	15:35
394	5181	Hugo Pinho	AMIGOS DA LAMA	Senior Masculino	01:18:01	+53:11	15:36
395	5184	Nuno Oliveira	AMIGOS DA LAMA	Senior Masculino	01:18:03	+53:12	15:37
396	5182	Joel Fernandes	AMIGOS DA LAMA	Senior Masculino	01:18:05	+53:14	15:37
397	5183	Marco Matos	AMIGOS DA LAMA	Senior Masculino	01:18:05	+53:15	15:37
398	6179	António José Gonçalves da Silva	PCI	Senior Masculino	01:18:29	+53:39	15:42
399	6180	César Augusto Duarte de Oliveira Rodrigues	PCI	Senior Masculino	01:18:29	+53:39	15:42
400	5705	Alberto González	HUFa, sobrevivemos!	Senior Masculino	01:18:53	+54:03	15:47
401	5711	Gonçalo Cabaças	HUFa, sobrevivemos!	Senior Masculino	01:18:57	+54:07	15:47
402	5369	Frederico Monteiro Dos Santos	CIRES RUNNING TEAM	Senior Masculino	01:19:01	+54:10	15:48
403	5368	António Manuel Marques Melo	CIRES RUNNING TEAM	Senior Masculino	01:19:02	+54:12	15:48
404	5866	António Lemos	Lodo Team	Senior Masculino	01:19:06	+54:16	15:49
405	5869	José Carlos Ruela de Freitas	Lodo Team	Senior Masculino	01:19:07	+54:16	15:49
406	5867	Fernando Martins	Lodo Team	Senior Masculino	01:19:19	+54:28	15:52
407	6317	Fernando Silva	RRT - REWORK RACING TEAM	Senior Masculino	01:19:19	+54:29	15:52
408	5234	Ezequiel Coscueta	BioLentos	Senior Masculino	01:19:28	+54:38	15:54
409	5575	Rui Amaral	FLAT	Senior Masculino	01:19:33	+54:43	15:55
410	6046	Nuno Santos	Os Bileiros	Senior Masculino	01:19:39	+54:49	15:56
411	6316	Diogo Azevedo	RRT - REWORK RACING TEAM	Senior Masculino	01:19:43	+54:53	15:57
412	5883	Tiago José Lemos Oliveira	Luxaflex Portugal	Senior Masculino	01:19:46	+54:56	15:57
413	5070	Mário Batista	Power by DB	Senior Masculino	01:20:10	+55:19	16:02
414	5068	João Ferreira	Power by DB	Senior Masculino	01:20:10	+55:19	16:02
415	6315	Diogo Vitorino	RRT - REWORK RACING TEAM	Senior Masculino	01:20:18	+55:28	16:04
416	5120	Joel Reis	A ORIGEM	Senior Masculino	01:20:21	+55:31	16:04
417	5071	Nuno Duarte	Power by DB	Senior Masculino	01:20:21	+55:31	16:04
418	5069	João Pereira	Power by DB	Senior Masculino	01:20:24	+55:33	16:05
419	6043	GUILHERME COSTA FERREIRA COUTO	Os Bileiros	Senior Masculino	01:20:25	+55:34	16:05
420	6318	Francisco Rocha	RRT - REWORK RACING TEAM	Senior Masculino	01:20:29	+55:39	16:06
421	6202	Edgar Ferro	PEVIDES	Senior Masculino	01:20:37	+55:47	16:07
422	5122	Luís Pedro Gomes	A ORIGEM	Senior Masculino	01:20:37	+55:47	16:07
423	6211	Yogeshkumar Prajapati	PEVIDES	Senior Masculino	01:20:38	+55:47	16:08
424	5766	Henrique Dias	IRON SHAKERS	Senior Masculino	01:20:38	+55:48	16:08
425	6452	Carlos França	TREPADEIRAS DA LAMA	Senior Masculino	01:20:38	+55:48	16:08
426	6205	José Duarte	PEVIDES	Senior Masculino	01:20:38	+55:48	16:08
427	6320	José Pedro Fernandes	RRT - REWORK RACING TEAM	Senior Masculino	01:20:48	+55:57	16:10

Official Timekeeper: Lap2Go	24 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

428	5613	Guilherme Sousa	Gang MêPrimo	Senior Masculino	01:20:58	+56:08	16:12
429	5614	Ivo Rodrigues	Gang MêPrimo	Senior Masculino	01:21:00	+56:10	16:12
430	6287	Jaime Claudio Mariano Almeida	REIS DA LAMA	Senior Masculino	01:21:16	+56:26	16:15
431	6289	Luis André Llano Iglésias Ferreira da Silva	REIS DA LAMA	Senior Masculino	01:21:17	+56:27	16:15
432	6286	Emidio Renato Almeida Gonçalves	REIS DA LAMA	Senior Masculino	01:21:21	+56:31	16:16
433	6288	José Miguel Cardoso da Silva	REIS DA LAMA	Senior Masculino	01:21:28	+56:38	16:18
434	6412	José António Duarte Pinho Neves	Team Lusa 2.0	Senior Masculino	01:21:36	+56:46	16:19
435	6414	Rui Manuel Barbosa Baptista	Team Lusa 2.0	Senior Masculino	01:21:37	+56:46	16:19
436	6411	Jorge Fonseca	Team Lusa 2.0	Senior Masculino	01:21:37	+56:47	16:19
437	6410	Jorge Almeida	Team Lusa 2.0	Senior Masculino	01:21:40	+56:49	16:20
438	6409	Diogo Caldas	Team Lusa 2.0	Senior Masculino	01:21:41	+56:50	16:20
439	6413	Pedro Miguel Borges Belo da Fonseca	Team Lusa 2.0	Senior Masculino	01:21:41	+56:51	16:20
440	5192	Luís Pinto	AMNÉSIA	Senior Masculino	01:22:09	+57:19	16:26
441	6117	Tiago Daniel Ferreira Barbosa	Os jeitosos	Senior Masculino	01:22:13	+57:22	16:27
442	5048	Augusto Lopes	Ovarmat	Senior Masculino	01:22:32	+57:42	16:30
443	6453	Christophe da Silva	TREPADEIRAS DA LAMA	Senior Masculino	01:23:08	+58:18	16:38
444	6259	António Torres	Rainha Team	Senior Masculino	01:23:33	+58:43	16:43
445	6122	Tiago Armando Marques Fernandes	Os jeitosos	Senior Masculino	01:23:45	+58:54	16:45
446	6038	António Ruela	Os Bileiros	Senior Masculino	01:24:19	+59:28	16:52
447	5988	Igor Pinto	Núcleo Duro	Senior Masculino	01:24:43	+59:52	16:57
448	5442	José Ferreira	Companhia LDA	Senior Masculino	01:24:49	+59:58	16:58
449	5990	Lucas Alves	Núcleo Duro	Senior Masculino	01:25:01	+01:00:11	17:00
450	5991	Miguel Neves	Núcleo Duro	Senior Masculino	01:25:13	+01:00:22	17:03
451	6118	Filipe Rafael Ferreira Gomes	Os jeitosos	Senior Masculino	01:25:13	+01:00:23	17:03
452	6120	José Manuel dias Figueiredo	Os jeitosos	Senior Masculino	01:25:19	+01:00:29	17:04
453	5121	Leonel Ferro	A ORIGEM	Senior Masculino	01:25:36	+01:00:46	17:07
454	5464	Diogo Parreira	Dijosune	Senior Masculino	01:25:38	+01:00:47	17:08
455	6040	CARLOS PEDRO VIANA DA SILVA FERREIRA	Os Bileiros	Senior Masculino	01:25:38	+01:00:48	17:08
456	6231	Ricardo Liz de Castilho Fernandes	PREVINIL Running Team	Senior Masculino	01:25:48	+01:00:58	17:10
457	5341	Ruben dos Santos	CDE NATAÇÃO	Senior Masculino	01:25:49	+01:00:59	17:10
458	6225	João José Vieira Ferreira	PREVINIL Running Team	Senior Masculino	01:25:50	+01:00:59	17:10
459	6133	Rui Pedro Duarte	OS SUSPEITOS	Senior Masculino	01:25:56	+01:01:06	17:11
460	6127	Leonel Nunes	OS SUSPEITOS	Senior Masculino	01:25:58	+01:01:07	17:12
461	6129	Marco Oliveira	OS SUSPEITOS	Senior Masculino	01:26:02	+01:01:12	17:12
462	5801	Bernardo Marreiros	Lamacentos	Senior Masculino	01:26:17	+01:01:27	17:15
463	6047	Rui Emanuel Viana Justo da Silva	Os Bileiros	Senior Masculino	01:26:18	+01:01:28	17:16
464	6041	DANIEL JOSE RODRIGUES CARVALHO	Os Bileiros	Senior Masculino	01:26:20	+01:01:30	17:16
465	5941	Bruno Antonio Baptista de Carvalho	No Name but Remember Coimbra	Senior Masculino	01:26:41	+01:01:51	17:20
466	5943	Orlando Marques	No Name but Remember Coimbra	Senior Masculino	01:26:43	+01:01:53	17:21
467	5486	Filipe Coelho	Em Casa / Ezata Grupo	Senior Masculino	01:26:47	+01:01:57	17:21
468	5485	Diogo Santiago	Em Casa / Ezata Grupo	Senior Masculino	01:26:50	+01:02:00	17:22
469	5491	Joaquim Cardoso	Em Casa / Ezata Grupo	Senior Masculino	01:26:50	+01:02:00	17:22
470	5942	José Manuel Magalhães Neto	No Name but Remember Coimbra	Senior Masculino	01:26:52	+01:02:02	17:22
471	5291	Rui Negrão Ferreira	Caas tapas	Senior Masculino	01:26:57	+01:02:06	17:23

Official Timekeeper: Lap2Go	25 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

472	5290	Rui Ferreira	Caas tapas	Senior Masculino	01:26:59	+01:02:08	17:24
473	5289	Filipe Sousa	Caas tapas	Senior Masculino	01:27:06	+01:02:15	17:25
474	5617	Rafael Fernandes	Gang MêPrimo	Senior Masculino	01:27:07	+01:02:17	17:25
475	5288	Denys Matvyeyev	Caas tapas	Senior Masculino	01:27:08	+01:02:18	17:26
476	5770	Sérgio Silva	IRON SHAKERS	Senior Masculino	01:27:19	+01:02:29	17:28
477	5150	Rodrigo Faria	Agora lama-me!	Senior Masculino	01:27:56	+01:03:06	17:35
478	5141	André Antunes	Agora lama-me!	Senior Masculino	01:27:56	+01:03:06	17:35
479	6170	Carlos Vasconcelos	PACÓVIOS ATÓMICOS	Senior Masculino	01:28:09	+01:03:19	17:38
480	6173	SIMÃO VIEIRA LOPES	PACÓVIOS ATÓMICOS	Senior Masculino	01:28:10	+01:03:19	17:38
481	6171	DANIEL CASTRO	PACÓVIOS ATÓMICOS	Senior Masculino	01:28:11	+01:03:21	17:38
482	6397	Rúben Filipe Gonçalves Nogueira	SOMOS_6	Senior Masculino	01:29:32	+01:04:42	17:54
483	6392	Ivo Antônio Moreira Mendes	SOMOS_6	Senior Masculino	01:29:41	+01:04:50	17:56
484	5543	Guilherme Marques da Silva	fiamma	Senior Masculino	01:29:46	+01:04:56	17:57
485	5816	Tomás Gabriel Monteiro Correia	Lamasgóias e su muchacho	Senior Masculino	01:30:19	+01:05:29	18:04
486	5814	Carlos Manuel Sousa Ramos	Lamasgóias e su muchacho	Senior Masculino	01:30:19	+01:05:29	18:04
487	5815	Tomás João Ferreira Lucas de Oliveira e Silva	Lamasgóias e su muchacho	Senior Masculino	01:30:21	+01:05:31	18:04
488	6290	Paulo Jorge Almeida Gonçalves	REIS DA LAMA	Senior Masculino	01:30:51	+01:06:01	18:10
489	6245	Marco Jesus	R.G - Pilates & Movimento	Senior Masculino	01:31:06	+01:06:16	18:13
490	5950	Albano Costa	NoCharco	Senior Masculino	01:31:27	+01:06:37	18:17
491	6247	Rogério Orlando Martins Pimenta	R.G - Pilates & Movimento	Senior Masculino	01:31:45	+01:06:55	18:21
492	6246	Renato Miguel Gouveia Silva	R.G - Pilates & Movimento	Senior Masculino	01:31:48	+01:06:58	18:22
493	6360	André Sampaio	SOLIDRACE	Senior Masculino	01:31:50	+01:07:00	18:22
494	6207	Ricardo Santos	PEVIDES	Senior Masculino	01:31:52	+01:07:02	18:22
495	6203	Fernando Ferro	PEVIDES	Senior Masculino	01:31:55	+01:07:05	18:23
496	5769	Ricardo Fernandes	IRON SHAKERS	Senior Masculino	01:31:57	+01:07:06	18:23
497	6322	Pedro Bandeira	RRT - REWORK RACING TEAM	Senior Masculino	01:31:57	+01:07:07	18:23
498	6362	Daniel Lima	SOLIDRACE	Senior Masculino	01:31:57	+01:07:07	18:23
499	6206	Lucas Campelo	PEVIDES	Senior Masculino	01:31:58	+01:07:08	18:24
500	6368	Tiago Alves	SOLIDRACE	Senior Masculino	01:31:59	+01:07:09	18:24
501	6359	Alexandre Santos	SOLIDRACE	Senior Masculino	01:31:59	+01:07:09	18:24
502	6363	Diogo Santos	SOLIDRACE	Senior Masculino	01:32:00	+01:07:10	18:24
503	6361	Daniel Pegas	SOLIDRACE	Senior Masculino	01:32:05	+01:07:14	18:25
504	5556	Bruno Rafael Cunha Ribeiro	fiamma	Senior Masculino	01:32:09	+01:07:18	18:26
505	5567	Rogério Albino	fiamma	Senior Masculino	01:32:09	+01:07:19	18:26
506	5568	Catarina Mota	fiamma	Senior Masculino	01:32:09	+01:07:19	18:26
507	5569	Tiago Barbosa	fiamma	Senior Masculino	01:32:10	+01:07:20	18:26
508	5565	João Ricardo	fiamma	Senior Masculino	01:32:11	+01:07:20	18:26
509	5558	Tiago Cardoso	fiamma	Senior Masculino	01:32:11	+01:07:21	18:26
510	5560	João Miguel Marques da Silva	fiamma	Senior Masculino	01:32:13	+01:07:22	18:27
511	6454	Jorge Monteiro	TREPADEIRAS DA LAMA	Senior Masculino	01:32:13	+01:07:23	18:27
512	5564	Hélder Alão	fiamma	Senior Masculino	01:32:15	+01:07:25	18:27
513	6149	Jose Ricardo Pereira	Os valentes	Senior Masculino	01:33:04	+01:08:13	18:37
514	6151	Pedro Cordeiro	Os valentes	Senior Masculino	01:33:09	+01:08:18	18:38
515	6146	Daniel Pereira	Os valentes	Senior Masculino	01:33:11	+01:08:21	18:38
516	6147	Fernando Dias	Os valentes	Senior Masculino	01:33:13	+01:08:23	18:39
517	6148	Jose Acabou	Os valentes	Senior Masculino	01:33:20	+01:08:30	18:40

Official Timekeeper: Lap2Go	26 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

518	6145	Bruno Silva	Os valentes	Senior Masculino	01:33:22	+01:08:31	18:40
519	6011	Dinarte Brandão	os arrebrandados	Senior Masculino	01:33:26	+01:08:35	18:41
520	6016	Ricardo Pinho	os arrebrandados	Senior Masculino	01:33:30	+01:08:40	18:42
521	5908	Nuno Marinho Fernandes Gaspar	MESA	Senior Masculino	01:33:39	+01:08:49	18:44
522	5907	José David Matos Oliveira	MESA	Senior Masculino	01:33:40	+01:08:50	18:44
523	5909	Paulo Roberto Pereira da Silva	MESA	Senior Masculino	01:33:41	+01:08:50	18:44
524	5906	Arsénio Manuel Silva Costa	MESA	Senior Masculino	01:33:41	+01:08:51	18:44
525	5475	Carlos Miguel Alves Rodrigues	É AGORA QUE EMAGRECEMOS	Senior Masculino	01:33:41	+01:08:51	18:44
526	6214	Gonçalo Joaquim França da Silva	Pintainhos Franceses	Senior Masculino	01:33:55	+01:09:05	18:47
527	6215	Pedro Nuno Dias Van-Der Kellen	Pintainhos Franceses	Senior Masculino	01:33:55	+01:09:05	18:47
528	6065	Ângelo Pereira	Os Escolhidos	Senior Masculino	01:34:08	+01:09:18	18:50
529	6068	Tomás Ferreira Alves Pereira Oliveira	Os Escolhidos	Senior Masculino	01:34:13	+01:09:22	18:51
530	6071	Tomás Ribeiro	Os Escolhidos	Senior Masculino	01:34:13	+01:09:23	18:51
531	6069	Miguel Ribeiro	Os Escolhidos	Senior Masculino	01:34:15	+01:09:25	18:51
532	6066	Diogo Santos	Os Escolhidos	Senior Masculino	01:34:22	+01:09:32	18:52
533	6474	Rui Miguel Gomes Camisa	UZARRASTADOS	Senior Masculino	01:34:23	+01:09:33	18:53
534	5952	Gabriel Pedro	NoCharco	Senior Masculino	01:34:55	+01:10:04	18:59
535	5951	André Costa	NoCharco	Senior Masculino	01:35:00	+01:10:10	19:00
536	6473	João Carlos da Silva Pereira Rangel	UZARRASTADOS	Senior Masculino	01:35:05	+01:10:15	19:01
537	5388	ALEXANDRE JORGE	Climacom	Senior Masculino	01:35:40	+01:10:50	19:08
538	5403	NUNO RAMALHO	Climacom	Senior Masculino	01:35:40	+01:10:50	19:08
539	5390	CARLOS BATISTA	Climacom	Senior Masculino	01:35:40	+01:10:50	19:08
540	5408	ROGÉRIO TAVARES	Climacom	Senior Masculino	01:35:41	+01:10:50	19:08
541	5406	RICARDO NEVES	Climacom	Senior Masculino	01:35:41	+01:10:51	19:08
542	5389	ANTHONY RIBEIRO	Climacom	Senior Masculino	01:35:41	+01:10:51	19:08
543	5399	LUIS TAVARES	Climacom	Senior Masculino	01:35:41	+01:10:51	19:08
544	5395	FILIPE DUARTE	Climacom	Senior Masculino	01:35:41	+01:10:51	19:08
545	5400	MIGUEL ASSUNÇÃO	Climacom	Senior Masculino	01:35:41	+01:10:51	19:08
546	5404	PAULO ROCHA	Climacom	Senior Masculino	01:35:41	+01:10:51	19:08
547	5405	PEDRO ASCENÇÃO	Climacom	Senior Masculino	01:35:41	+01:10:51	19:08
548	6491	Tiago Gameiro Oliveira Costa Soares	Vão andando, que nós já vamos lá ter!	Senior Masculino	01:36:04	+01:11:13	19:13
549	6197	Tiago Martins	Pernas de Pau	Senior Masculino	01:36:04	+01:11:14	19:13
550	6490	Pedro Miguel Costa Soares	Vão andando, que nós já vamos lá ter!	Senior Masculino	01:36:07	+01:11:17	19:13
551	6195	Nuno Meireles	Pernas de Pau	Senior Masculino	01:36:08	+01:11:18	19:14
552	5976	Marco Santos	Nóis de Prado	Senior Masculino	01:36:20	+01:11:29	19:16
553	5970	Bruno Almeida	Nóis de Prado	Senior Masculino	01:36:20	+01:11:30	19:16
554	5977	Pedro Oliveira	Nóis de Prado	Senior Masculino	01:36:22	+01:11:32	19:16
555	5975	Marco Pereira	Nóis de Prado	Senior Masculino	01:36:24	+01:11:34	19:17
556	5974	José Oliveira	Nóis de Prado	Senior Masculino	01:36:26	+01:11:35	19:17
557	5972	Fernando Nogueira	Nóis de Prado	Senior Masculino	01:36:26	+01:11:36	19:17
558	5973	José Esteves	Nóis de Prado	Senior Masculino	01:36:29	+01:11:39	19:18
559	6194	Nuno Filipe	Pernas de Pau	Senior Masculino	01:36:36	+01:11:46	19:19
560	5971	David Matos	Nóis de Prado	Senior Masculino	01:36:39	+01:11:49	19:20
561	6198	Valter Lima	Pernas de Pau	Senior Masculino	01:37:04	+01:12:14	19:25
562	6431	Paulo Fernandes	Team Samagaio	Senior Masculino	01:37:40	+01:12:50	19:32

Official Timekeeper: Lap2Go	27 / 28	generate 28-set.-2024 19:27
-----------------------------	---------	-----------------------------

5KM

5 KM

[illegible]

OFFICIAL RESULT

[illegible]

563	6037	André Santos	Os Bileiros	Senior Masculino	01:37:55	+01:13:04	19:35
564	6486	Filipe André Silva Rodrigues	Vão andando, que nós já vamos lá ter!	Senior Masculino	01:38:04	+01:13:14	19:37
565	6492	Vítor Manuel de Sousa Soares	Vão andando, que nós já vamos lá ter!	Senior Masculino	01:38:08	+01:13:18	19:38
566	6488	Nuno Miguel Martins Ascensão	Vão andando, que nós já vamos lá ter!	Senior Masculino	01:38:16	+01:13:26	19:39
567	6429	José Silva	Team Samagaio	Senior Masculino	01:38:19	+01:13:29	19:40
568	6229	Helder Nunes	PREVINIL Running Team	Senior Masculino	01:39:10	+01:14:19	19:50
569	6099	ruben correia	os fora da boia	Senior Masculino	01:42:21	+01:17:31	20:28
570	6092	antero leal	os fora da boia	Senior Masculino	01:42:22	+01:17:31	20:28
571	6096	luis candeias	os fora da boia	Senior Masculino	01:42:36	+01:17:45	20:31
572	6093	António veiros	os fora da boia	Senior Masculino	01:42:41	+01:17:51	20:32
573	6095	jose soares	os fora da boia	Senior Masculino	01:42:46	+01:17:55	20:33
574	6097	nuno gomes	os fora da boia	Senior Masculino	01:42:49	+01:17:58	20:34
575	6227	Alexandre Henriques	PREVINIL Running Team	Senior Masculino	01:43:43	+01:18:53	20:45
576	6094	ernesto couras	os fora da boia	Senior Masculino	01:43:44	+01:18:54	20:45
577	6233	Pedro Ribeiro	PREVINIL Running Team	Senior Masculino	01:43:55	+01:19:05	20:47
578	5800	Antonio Lima	Lamacentos	Senior Masculino	01:49:18	+01:24:28	21:52
579	5802	Carlos Ferreira	Lamacentos	Senior Masculino	01:49:29	+01:24:38	21:54
580	5998	Luís Filipe Vieira de Sousa e Silva	Objetivo 100%	Senior Masculino	01:50:27	+01:25:37	22:05
581	6226	ABEL DOS REIS TAVARES	PREVINIL Running Team	Senior Masculino	01:53:54	+01:29:04	22:47
582	5848	Carlos Pinto	LOBA	Senior Masculino	01:56:55	+01:32:05	23:23
583	5852	José Ferreira	LOBA	Senior Masculino	01:56:56	+01:32:06	23:23
584	5856	Samuel Ferreira	LOBA	Senior Masculino	01:56:56	+01:32:06	23:23
585	5855	Rui Correia	LOBA	Senior Masculino	01:56:56	+01:32:06	23:23
586	5847	Bruno Sousa	LOBA	Senior Masculino	01:56:59	+01:32:08	23:24
587	5845	Bruno Manata	LOBA	Senior Masculino	01:56:59	+01:32:09	23:24
588	5849	Eduardo Pata	LOBA	Senior Masculino	01:57:00	+01:32:09	23:24
589	5692	Mário Batista	Happy Team	Senior Masculino	01:59:12	+01:34:22	23:50
590	5690	Abel Batista	Happy Team	Senior Masculino	01:59:21	+01:34:31	23:52
591	5691	MANuel Costa	Happy Team	Senior Masculino	01:59:34	+01:34:44	23:55
592	5683	Rui Matos	Happy Team	Senior Masculino	01:59:41	+01:34:51	23:56
593	5844	Adelino Silva	LOBA	Senior Masculino	02:07:02	+01:42:12	25:24
594	6050	Pedro Vieira	Os Chonés	Senior Masculino	02:14:28	+01:49:38	26:54
595	6049	Pedro Simão	Os Chonés	Senior Masculino	02:14:53	+01:50:02	26:59

[illegible]

Official Timekeeper: Lap2Go	1 / 4	generate 28-set.-2024 19:27
-----------------------------	-------	-----------------------------

TEAM RESULTS - 5KM

[illegible]

39	TEAM PRIMUS CERAMICS	02:37:08 [103 + 104 + 369]	0
40	GANG MÊPRIMO	02:37:12 [23 + 336 + 337]	0
41	LOS 3 MUCHACHOS	02:37:13 [164 + 165 + 166]	0
42	LOS POLLOS HERMANOS	02:40:56 [101 + 237 + 238]	0
43	BOTA QUE TEM	02:41:03 [46 + 302 + 305]	0
44	OS BILEIROS	02:41:51 [136 + 137 + 309]	0
45	A ORIGEM	02:44:55 [111 + 196 + 362]	0
46	SEMPRE EM FRENTE	02:46:51 [202 + 203 + 204]	0
47	GALP TEAM	02:50:08 [219 + 222 + 223]	0
48	TEAM NOESIS	02:56:13 [251 + 252 + 253]	0
49	FDS	02:59:40 [265 + 266 + 267]	0
50	CARRO DE VASSOURA	02:59:57 [258 + 260 + 323]	0
51	OS ESPANHÓIS	02:59:59 [274 + 275 + 276]	0
52	CADERNETA	03:00:15 [281 + 282 + 283]	0
53	FARINHA DO MESMO SACO	03:00:34 [93 + 452 + 453]	0
54	BLUE TEAM	03:00:34 [263 + 296 + 297]	0
55	OVOS MOLES	03:01:24 [259 + 319 + 320]	0
56	DIRT DIVAS	03:01:40 [303 + 304 + 306]	0
57	FORÇA DA PEDREIRA	03:04:24 [340 + 342 + 343]	0
58	PACÓVIOS ATÔMICOS	03:04:27 [332 + 353 + 354]	0
59	SEM NOME E O CRISTIANO	03:08:02 [374 + 375 + 376]	0
60	ESTÚPIDOS ANÓNIMOS	03:10:21 [384 + 385 + 386]	0
61	GYM BUDDIES	03:10:28 [387 + 388 + 391]	0
62	RRT - REWORK RACING TEAM	03:17:39 [271 + 272 + 710]	0
63	EPIC 5 + 2	03:17:41 [421 + 422 + 423]	0
64	MILIMILI	03:20:07 [437 + 438 + 439]	0
65	GUERREIROS DO SOFÁ	03:20:17 [442 + 443 + 444]	0
66	UMA ESPÉCIE DE ATLETA	03:22:28 [455 + 456 + 457]	0
67	CHICK RUNNERS	03:22:40 [192 + 607 + 631]	0
68	AMIGOS D' ALCATEIA	03:23:06 [460 + 464 + 465]	0
69	IB PREMIUM TEAM	03:23:42 [466 + 467 + 468]	0
70	MÃES DOS PORTUGUESES PELO MUNDO....DE SANTIAGO	03:26:55 [487 + 488 + 495]	0
71	OSS- CARPINTARIA	03:27:13 [489 + 490 + 491]	0
72	DIJOSUNE	03:27:27 [317 + 318 + 861]	0
73	LUXAFLEX PORTUGAL	03:28:11 [141 + 705 + 763]	0
74	VELOCITY - CENTRO DE TREINO	03:29:20 [505 + 506 + 508]	0
75	ABANA, MAS NÃO CAII	03:29:27 [507 + 509 + 510]	0
76	SOLTA A FRANGA	03:29:41 [511 + 513 + 515]	0
77	OVARMAT	03:30:05 [520 + 521 + 522]	0
78	PCI	03:30:48 [177 + 728 + 729]	0

TEAM RESULTS - 5KM

[illegible]

79	TREPA SERRAS	03:31:00 [529 + 530 + 531]	0
80	LODO TEAM	03:32:44 [447 + 448 + 747]	0
81	AGORA LAMA-MEI!	03:33:24 [539 + 540 + 565]	0
82	UNDERGROUND	03:34:45 [547 + 548 + 549]	0
83	OS DEPENADOS	03:34:49 [546 + 550 + 551]	0
84	OS INDECISOS	03:36:41 [564 + 571 + 572]	0
85	REBENTA MINAS	03:38:39 [577 + 581 + 583]	0
86	100 FÔLEGO	03:39:06 [580 + 582 + 589]	0
87	COPINHOS DE LEITE	03:39:18 [586 + 588 + 590]	0
88	GONDETEAM AND FRIENDS	03:40:56 [608 + 609 + 610]	0
89	TREPADEIRAS DA LAMA	03:41:08 [270 + 789 + 794]	0
90	R.G - PILATES & MOVIMENTO	03:43:15 [57 + 965 + 966]	0
91	JUST GIRLS	03:45:49 [647 + 648 + 649]	0
92	GRUPO DE CARNAVAL "OS CONDORES"	03:46:58 [654 + 655 + 656]	0
93	MUDRUNNERS	03:47:13 [657 + 658 + 659]	0
94	EX, EX, EX	03:48:04 [663 + 665 + 666]	0
95	PERNAS DE PAU	03:48:11 [664 + 667 + 668]	0
96	OS AMIGOS DA BUCHA	03:48:36 [670 + 671 + 672]	0
97	IRON SHAKERS	03:48:36 [454 + 792 + 795]	0
98	HAJA FÉ FORÇA NAS CANETAS	03:52:09 [697 + 698 + 699]	0
99	BIO-PIRIGUETES	03:52:11 [701 + 702 + 703]	0
100	AMIGOS DA LAMA	03:52:52 [706 + 707 + 708]	0
101	PREVINIL RUNNING TEAM	03:55:18 [398 + 864 + 867]	0
102	NÓIS DE PRADO	03:56:32 [71 + 1096 + 1097]	0
103	CIRES RUNNING TEAM	03:57:02 [742 + 743 + 744]	0
104	OS JEITOSOS	03:57:04 [541 + 823 + 832]	0
105	FLAT	03:58:16 [749 + 759 + 760]	0
106	BIOLENTOS	03:58:25 [755 + 756 + 757]	0
107	POWER BY DB	04:00:40 [774 + 775 + 780]	0
108	LOBA	04:02:17 [380 + 381 + 1206]	0
109	REIS DA LAMA	04:03:46 [804 + 805 + 806]	0
110	OS FORA DA BOIA	04:03:48 [44 + 1161 + 1162]	0
111	TEAM LUSA 2.0	04:04:47 [810 + 811 + 812]	0
112	COMPANHIA LDA	04:14:25 [838 + 839 + 840]	0
113	NO NAME BUT REMEMBER COIMBRA	04:19:57 [880 + 881 + 882]	0
114	CAAS TAPAS	04:20:50 [892 + 893 + 894]	0
115	DUELO D'OCASIÃO	04:23:34 [914 + 915 + 917]	0
116	ALÉRGICAS A BICHOS VÁRIOS	04:29:37 [941 + 942 + 944]	0
117	LAMASGÓIAS E SU MUCHACHO	04:30:54 [953 + 954 + 955]	0
118	SOLIDRACE	04:35:45 [976 + 983 + 984]	0

[illegible]

Official Timekeeper: Lap2Go	4 / 4	generate 28-set.-2024 19:27
-----------------------------	-------	-----------------------------