Alfusqueiro Trail
Praia Fluvial do Alfusqueiro, Águeda
12-maio-2024

TRAIL LONGO - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	--	--
End	13:01	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	38	Pedro Rafael Tavares Garrido	Saca Trilhos Anadia	02:18:33		05:33	
2	8	Hélder Lopes	DCI/Trilhos Luso Bussaco	02:27:39	+09:06	05:54	
3	41	Luis Azevedo	Sport Clube Paradela	02:43:19	+24:46	06:32	
4	25	Sérgio Laranjeira	Individual	02:44:46	+26:13	06:35	
5	12	António Silva	DCI/Trilhos Luso Bussaco	02:45:41	+27:08	06:38	
6	18	José Pinheiro	DURA-F1 RACETEAM	02:53:28	+34:55	06:56	
7	5	António Fernandes	Amigos do Trail OAZ	02:55:09	+36:36	07:00	
8	21	José Cruz	DURA-F1 RACETEAM	02:59:17	+40:44	07:10	
9	6	FILIPE Rouxinol	Assempark	03:02:06	+43:33	07:17	
10	34	José Ferreira	JUVE RUN TEAM	03:02:06	+43:33	07:17	
11	35	Simão Martins	Kenya Team	03:03:34	+45:01	07:21	
12	42	Bruno Paquete	Sport Clube Paradela	03:04:36	+46:03	07:23	
13	1	André Pereira	A.D. Ílhavo	03:07:19	+48:46	07:30	
14	15	Pedro Lopes	DCI/Trilhos Luso Bussaco	03:07:40	+49:07	07:30	
15	29	Francisco Válga	Individual	03:10:14	+51:41	07:37	
16	20	Filipe Fonseca	DURA-F1 RACETEAM	03:14:11	+55:38	07:46	
17	37	Paulo Amaro	PelaEstradaFora	03:15:16	+56:43	07:49	
18	32	Paulo Jorge dos Santos Pereira	Individual	03:24:57	+01:06:24	08:12	
19	7	Ricardo Patrício	Boavista trail	03:25:44	+01:07:11	08:14	
20	40	Armando Cardoso	Sport Clube Paradela	03:25:45	+01:07:12	08:14	
21	33	Cátia Ferreira	JUVE RUN TEAM	03:27:34	+01:09:01	08:18	
22	30	Luís Carlos Lemos Ferreira	Individual	03:30:59	+01:12:26	08:26	
23	16	Vital Espinhal	DCI/Trilhos Luso Bussaco	03:31:24	+01:12:51	08:27	
24	26	Leonor Salgueiro	Actib Trail	03:43:14	+01:24:41	08:56	
25	4	João Almada	ADT	03:45:03	+01:26:30	09:00	
26	2	José Luís da Silva Rosa	A.D. Ílhavo	03:46:21	+01:27:48	09:03	
27	39	Pedro Correia	Sosense Trail Team - Braga & Fernandes	03:52:56	+01:34:23	09:19	
28	31	Carlos Navega	Individual	04:16:31	+01:57:58	10:16	
29	22	Heitor Santos	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	04:30:13	+02:11:40	10:49	

Alfusqueiro Trail
Praia Fluvial do Alfusqueiro, Águeda
12-maio-2024

Trail Longo — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	-99ºC	-99%
End	13:01	-99ºC	-99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	33	Cátia Ferreira	JUVE RUN TEAM	Senior Feminino	03:27:34		08:18

Senior Masculino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	38	Pedro Rafael Tavares Garrido	Saca Trilhos Anadia	Senior Masculino	02:18:33		05:33
2	8	Hélder Lopes	DCI/Trilhos Luso Bussaco	Senior Masculino	02:27:39	+09:05	05:54
3	41	Luis Azevedo	Sport Clube Paradela	Senior Masculino	02:43:19	+24:45	06:32
4	25	Sérgio Laranjeira	Individual	Senior Masculino	02:44:46	+26:12	06:35
5	18	José Pinheiro	DURA-F1 RACETEAM	Senior Masculino	02:53:28	+34:55	06:56
6	34	José Ferreira	JUVE RUN TEAM	Senior Masculino	03:02:06	+43:32	07:17
7	35	Simão Martins	Kenya Team	Senior Masculino	03:03:34	+45:01	07:21
8	1	André Pereira	A.D. Ílhavo	Senior Masculino	03:07:19	+48:45	07:30
9	40	Armando Cardoso	Sport Clube Paradela	Senior Masculino	03:25:45	+01:07:12	08:14
10	2	José Luís da Silva Rosa	A.D. Ílhavo	Senior Masculino	03:46:21	+01:27:47	09:03

Veterana F40

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	26	Leonor Salgueiro	Actib Trail	Veterana F40	03:43:14		08:56

Veterano M40

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	12	António Silva	DCI/Trilhos Luso Bussaco	Veterano M40	02:45:41		06:38
2	5	António Fernandes	Amigos do Trail OAZ	Veterano M40	02:55:09	+09:27	07:00
3	21	José Cruz	DURA-F1 RACETEAM	Veterano M40	02:59:17	+13:36	07:10
4	42	Bruno Paquete	Sport Clube Paradela	Veterano M40	03:04:36	+18:54	07:23
5	15	Pedro Lopes	DCI/Trilhos Luso Bussaco	Veterano M40	03:07:40	+21:58	07:30
6	29	Francisco Válga	Individual	Veterano M40	03:10:14	+24:32	07:37
7	20	Filipe Fonseca	DURA-F1 RACETEAM	Veterano M40	03:14:11	+28:29	07:46
8	7	Ricardo Patrício	Boavista trail	Veterano M40	03:25:44	+40:03	08:14
9	30	Luís Carlos Lemos Ferreira	Individual	Veterano M40	03:30:59	+45:17	08:26
10	16	Vital Espinhal	DCI/Trilhos Luso Bussaco	Veterano M40	03:31:24	+45:42	08:27
11	39	Pedro Correia	Sosense Trail Team - Braga & Fernandes	Veterano M40	03:52:56	+01:07:14	09:19

Veterano M50

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	6	FILIPE Rouxinol	Assempark	Veterano M50	03:02:06		07:17
2	37	Paulo Amaro	PelaEstradaFora	Veterano M50	03:15:16	+13:10	07:49

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

3	32	Paulo Jorge dos Santos Pereira	Individual	Veterano M50	03:24:57	+22:51	08:12
4	31	Carlos Navega	Individual	Veterano M50	04:16:31	+01:14:25	10:16

Veterano M60

1	4	João Almada	ADT	Veterano M60	03:45:03		09:00
2	22	Heitor Santos	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	Veterano M60	04:30:13	+45:10	10:49

TEAM RESULTS - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	DCI/TRILHOS LUSO BUSSACO	2 + 5 + 14	21
2	DURA-F1 RACETEAM	6 + 8 + 16	30
3	SPORT CLUBE PARADELA	3 + 12 + 20	35

Alfusqueiro Trail
Praia Fluvial do Alfusqueiro, Águeda
12-maio-2024

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	--	--
End	13:25	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	253	Rui Figueiredo	Saca Trilhos Anadia	01:25:09		05:41	
2	133	Carlos Simões	DCI/Trilhos Luso Bussaco	01:27:52	+02:43	05:51	
3	270	Pedro Ferreira	VVTR VALONGO DO VOUGA TRAIL RUNNING	01:28:38	+03:29	05:55	
4	125	Luís Diogo	DCI/Trilhos Luso Bussaco	01:31:16	+06:07	06:05	
5	119	Filipe Costa	DAR - Desportivo Atlético de Recardães	01:34:37	+09:28	06:18	
6	154	Miguel Lourenço	Fox running team	01:35:42	+10:33	06:23	
7	234	João Matos	OPraticante.pt	01:36:38	+11:29	06:27	
8	254	João Almeida	Saca Trilhos Anadia	01:36:39	+11:30	06:27	
9	202	Didier De Jesus	Individual	01:37:24	+12:15	06:30	
10	259	Márcio Silva	Sport Clube Paradela	01:38:22	+13:13	06:33	
11	137	Manuel Vicente	DCI/Trilhos Luso Bussaco	01:39:39	+14:30	06:39	
12	257	José Silva	Sport Clube Paradela	01:39:42	+14:33	06:39	
13	122	ALEX TONDELA	DAR - Desportivo Atlético de Recardães	01:40:39	+15:30	06:43	
14	236	José Sousa	OPraticante.pt	01:41:46	+16:37	06:47	
15	221	manuel vicente	Individual	01:42:15	+17:06	06:49	
16	243	João Garrido	OPraticante.pt	01:43:20	+18:11	06:53	
17	112	Sérgio Ferreira	BiciARCA Run Team	01:43:46	+18:37	06:55	
18	117	João Margarido	CLTT	01:44:52	+19:43	06:59	
19	157	Luís Filipe de Almeida Guerra	Goodfellas	01:45:49	+20:40	07:03	
20	105	David Felizardo	Actib Trail	01:46:09	+21:00	07:05	
21	258	Marcos André Jesus Ferreira	Sport Clube Paradela	01:46:58	+21:49	07:08	
22	104	Bruno Alexandre Goveia Rodrigues	Actib Trail	01:47:36	+22:27	07:10	
23	155	Paulo Matos	Fox running team	01:47:48	+22:39	07:11	
24	232	Augusto Tavares	OPraticante.pt	01:47:51	+22:42	07:11	
25	118	Cristiana Valente	DAR - Desportivo Atlético de Recardães	01:47:57	+22:48	07:12	
26	205	Jorge Ferreira	Individual	01:50:10	+25:01	07:21	
27	161	Sérgio Cardoso Rodrigues	Haertha/TendernessCapacity - trail running	01:50:36	+25:27	07:22	
28	114	Paulo Oliveira	Brandoenses Running	01:50:54	+25:45	07:24	
29	111	Pedro Martins	AZtrail	01:51:40	+26:31	07:27	
30	142	José Canha	DCI/Trilhos Luso Bussaco	01:51:42	+26:33	07:27	
31	266	EUGÈNIO ALVES	VIDRES TRAIL RUNNING	01:51:53	+26:44	07:28	
32	110	Daniel Carvalho	AZtrail	01:52:07	+26:58	07:28	
33	130	Márcia Martins	DCI/Trilhos Luso Bussaco	01:52:15	+27:06	07:29	
34	226	RICARDO HENRIQUES	LAAC - BIKE & SPORT	01:53:47	+28:38	07:35	
35	218	Carlos Moreto	Individual	01:54:25	+29:16	07:38	
36	120	RICARDO TAVARES	DAR - Desportivo Atlético de Recardães	01:54:50	+29:41	07:39	
37	178	Gualter Barros	Individual	01:55:03	+29:54	07:40	
38	269	Nuno Ribeiro	VVTR VALONGO DO VOUGA TRAIL RUNNING	01:55:18	+30:09	07:41	
39	185	Nuno Henriques	Individual	01:55:50	+30:41	07:43	
40	129	Lurdes Gonçalves	DCI/Trilhos Luso Bussaco	01:55:58	+30:49	07:44	
41	238	Sérgio Ruela	OPraticante.pt	01:56:11	+31:02	07:45	
42	126	William Caetano	DCI/Trilhos Luso Bussaco	01:56:27	+31:18	07:46	

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	123	NUNO SANTOS	DAR - Desportivo Atlético de Recardães	01:56:37	+31:28	07:46	
44	181	Leonardo Gil	Individual	01:57:11	+32:02	07:49	
45	246	Bruno Tavares	OS Maratoneiros	01:58:12	+33:03	07:53	
46	172	Carlos Domingues	Individual	01:58:20	+33:11	07:53	
47	227	Ricardo Branquinho	NAR - Núcleo de Atletismo de Requeixo	01:58:40	+33:31	07:55	
48	135	Amílcar Gonçalves	DCI/Trilhos Luso Bussaco	01:59:19	+34:10	07:57	
49	148	Telmo Pinho	Fisbem Team	02:00:45	+35:36	08:03	
50	143	Rafael Simões	Dunas de Calvão CrossTrail	02:01:36	+36:27	08:06	
51	256	Daniel Alexandre	Sport Clube Paradela	02:01:39	+36:30	08:07	
52	207	Luis Martins	Individual	02:02:29	+37:20	08:10	
53	186	Mario Markes	Individual	02:02:51	+37:42	08:11	
54	250	Bruno Saraiva	Remax Universal	02:03:18	+38:09	08:13	
55	132	Bruno Salgueiro	DCI/Trilhos Luso Bussaco	02:04:22	+39:13	08:17	
56	229	Tiago Ferreira Simões	OiãRunners	02:04:23	+39:14	08:18	
57	151	Alexandra Gomes	Fox running team	02:04:36	+39:27	08:18	
58	265	Narciso José da Silva Pinho	Vamos a Pé - Taboeira	02:05:15	+40:06	08:21	
59	242	Gabriel Godinho	OPraticante.pt	02:05:23	+40:14	08:22	
60	183	Luís Dias	Individual	02:06:29	+41:20	08:26	
61	177	Francisco Pereira	Individual	02:07:08	+41:59	08:29	
62	237	Marcos Roldão	OPraticante.pt	02:07:11	+42:02	08:29	
63	244	João Rocha	OPraticante.pt	02:07:26	+42:17	08:30	
64	255	Liliana Ferreira	Sport Clube Paradela	02:08:56	+43:47	08:36	
65	174	David Araújo	Individual	02:09:21	+44:13	08:37	
66	274	Pedro Jorge	Individual	02:09:34	+44:25	08:38	
67	136	José Pereira	DCI/Trilhos Luso Bussaco	02:09:36	+44:27	08:38	
68	121	Tiago Saraiva	DAR - Desportivo Atlético de Recardães	02:09:37	+44:28	08:38	
69	222	João Isidoro dos Santos	Individual	02:09:45	+44:36	08:39	
70	231	Ana Pereira	OPraticante.pt	02:12:16	+47:07	08:49	
71	211	Pedro Alves	Individual	02:12:45	+47:36	08:51	
72	271	Miguel Sá	VVTR VALONGO DO VOUGA TRAIL RUNNING	02:13:31	+48:22	08:54	
73	241	António Rodrigues	OPraticante.pt	02:14:42	+49:33	08:59	
74	180	José Luís Silva Laranjeira	Individual	02:14:50	+49:41	08:59	
75	199	Rosa Cerveira	Individual	02:14:59	+49:50	09:00	
76	268	Fábio Silva	VVTR VALONGO DO VOUGA TRAIL RUNNING	02:15:38	+50:29	09:03	
77	128	Lúcia Marques	DCI/Trilhos Luso Bussaco	02:16:03	+50:54	09:04	
78	213	Virgílio Neto	Individual	02:16:20	+51:11	09:05	
79	131	Maria Mendes	DCI/Trilhos Luso Bussaco	02:16:57	+51:48	09:08	
80	190	Renato Lopes	Individual	02:17:03	+51:54	09:08	
81	169	André Oliveira	Individual	02:18:50	+53:41	09:15	
82	203	Helder Mota Moreira	Individual	02:19:37	+54:28	09:18	
83	147	Roberto Monteiro	Fisbem Team	02:20:15	+55:06	09:21	
84	187	Miguel Frias Branco	Individual	02:20:22	+55:13	09:21	
85	200	Álvaro Barbosa	Individual	02:20:56	+55:47	09:24	
86	217	Carlos Ferreira	Individual	02:22:33	+57:24	09:30	
87	163	Jorge Martins	Hut Runners Aveiro	02:23:27	+58:18	09:34	
88	153	Tânia Ângelo	Fox running team	02:23:32	+58:23	09:34	

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	156	Élio Sobral da Fonseca	FusionGym	02:24:28	+59:19	09:38	
90	107	Carlos Jorge de Sousa Caldas Lopes	Actib Trail	02:25:05	+59:56	09:40	
91	103	Ruben Pires	Actib Trail	02:25:19	+01:00:10	09:41	
92	179	Joel Alexandre Duarte Ferreira	Individual	02:25:22	+01:00:13	09:41	
93	239	Ivone Reis	OPraticante.pt	02:25:28	+01:00:19	09:42	
94	145	Dina Figueiredo	Fisbem Team	02:25:34	+01:00:25	09:42	
95	152	Joana Giestas	Fox running team	02:25:40	+01:00:31	09:43	
96	212	Pedro Miguel Dias de Carvalho	Individual	02:26:05	+01:00:56	09:44	
97	220	Manuel Marques	Individual	02:26:18	+01:01:09	09:45	
98	204	João Silva	Individual	02:26:47	+01:01:38	09:47	
99	208	Luís RIBEIRO	Individual	02:29:03	+01:03:54	09:56	
100	233	Bruno Gonçalves	OPraticante.pt	02:29:10	+01:04:01	09:57	
101	173	Carlos Serna	Individual	02:29:48	+01:04:39	09:59	
102	144	Mário Simões	Dunas de Calvão CrossTrail	02:32:26	+01:07:17	10:10	
103	224	José Tavares	Individual	02:32:43	+01:07:34	10:11	
104	162	Bruno Silveira	Hut Runners Aveiro	02:36:47	+01:11:38	10:27	
105	198	Fernanda Gomes	Individual	02:36:50	+01:11:41	10:27	
106	273	Filipe Silva	Individual	02:37:10	+01:12:01	10:29	
107	101	Francisco Lopes	A.D. Ílhavo	02:37:14	+01:12:05	10:29	
108	263	Marta Rodrigues	Trilhos da Baga/ k Run team	02:37:25	+01:12:16	10:30	
109	192	Tiago Rosendo	Individual	02:37:31	+01:12:22	10:30	
110	106	Helder Filipe Ferreira Marques	Actib Trail	02:38:25	+01:13:16	10:34	
111	124	PAULO JORGE SILVA	DAR - Desportivo Atlético de Recardães	02:38:55	+01:13:46	10:36	
112	168	André Filipe Cruz	Individual	02:40:03	+01:14:54	10:40	
113	116	Marilyn Lourenço	CLTT	02:40:33	+01:15:24	10:42	
114	235	José Rocha	OPraticante.pt	02:42:43	+01:17:34	10:51	
115	170	André Sousa	Individual	02:43:04	+01:17:55	10:52	
116	196	Helena Pires	Individual	02:44:41	+01:19:32	10:59	
117	230	Márcio Ferreira	OiãRunners	02:45:08	+01:19:59	11:01	
118	225	Luis Manuel da Silva Vidal	Individual	02:45:08	+01:19:59	11:01	
119	146	Diogo Santos	Fisbem Team	02:45:58	+01:20:49	11:04	
120	267	Sandra Ferreira	VVTR VALONGO DO VOUGA TRAIL RUNNING	02:52:28	+01:27:19	11:30	
121	264	Kelly Farias	Trilhos Luso Bussaco	02:54:16	+01:29:07	11:37	
122	191	Tiago Pedro	Individual	02:54:53	+01:29:44	11:40	
123	166	Chanel Monteiro	Individual	02:54:54	+01:29:45	11:40	
124	159	António Matos	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	02:55:18	+01:30:09	11:41	
125	160	Carlos Ortet	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	02:56:18	+01:31:09	11:45	
126	158	Edite Fernandes	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	02:57:58	+01:32:49	11:52	
127	171	Bruno Rosendo	Individual	03:00:21	+01:35:12	12:01	
128	216	Artur Salvador	Individual	03:02:18	+01:37:09	12:09	
129	245	Paulo Silva	OPraticante.pt	03:02:21	+01:37:12	12:09	
130	109	Gonçalo Rodrigues	Adões Trail	03:03:27	+01:38:18	12:14	
131	108	Maria Abrunheiro	Adões Trail	03:03:28	+01:38:19	12:14	
132	247	Cristiano Araújo	Remax Universal	03:09:43	+01:44:34	12:39	
133	248	Elton Martins	Remax Universal	03:09:47	+01:44:38	12:39	

TRAIL CURTO - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	209	Miguel A. Martins	Individual	03:11:05	+01:45:56	12:44	
135	149	José Rodrigues	Foo	03:14:51	+01:49:42	12:59	
136	150	Paulo Roncon	Foo	03:15:21	+01:50:12	13:01	
137	223	Joaquim Santos	Individual	03:17:16	+01:52:07	13:09	
138	184	Luís Tavares	Individual	03:17:26	+01:52:17	13:10	
139	219	Carlos Santos	Individual	03:22:54	+01:57:45	13:32	
140	195	Carla Neves	Individual	03:26:12	+02:01:03	13:45	
141	240	Júlia Rocha	OPraticante.pt	03:26:19	+02:01:10	13:45	
142	260	Rui Almeida	Sport Clube Paradela	03:34:12	+02:09:03	14:17	
143	165	Catarina Tendeiro	Individual	03:37:29	+02:12:20	14:30	
144	214	Walter Fernandes	Individual	03:42:59	+02:17:50	14:52	
145	197	Paula Caçador	Individual	03:44:17	+02:19:08	14:57	
146	262	Mariana Maio Rodrigues	Ter Fala	03:51:32	+02:26:23	15:26	
147	167	Rita Andrade	Individual	03:51:35	+02:26:26	15:26	
148	194	Andreia Arada	Individual	03:55:16	+02:30:07	15:41	

Alfusqueiro Trail
Praia Fluvial do Alfusqueiro, Águeda
12-maio-2024

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	-99ºC	-99%
End	13:25	-99ºC	-99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	118	Cristiana Valente	DAR - Desportivo Atlético de Recardães	Senior Feminino	01:47:57		07:12
2	151	Alexandra Gomes	Fox running team	Senior Feminino	02:04:36	+16:39	08:18
3	255	Liliana Ferreira	Sport Clube Paradela	Senior Feminino	02:08:56	+20:59	08:36
4	231	Ana Pereira	OPraticante.pt	Senior Feminino	02:12:16	+24:18	08:49
5	153	Tânia Ângelo	Fox running team	Senior Feminino	02:23:32	+35:35	09:34
6	145	Dina Figueiredo	Fisbem Team	Senior Feminino	02:25:34	+37:37	09:42
7	152	Joana Giestas	Fox running team	Senior Feminino	02:25:40	+37:43	09:43
8	267	Sandra Ferreira	VVTR VALONGO DO VOUGA TRAIL RUNNING	Senior Feminino	02:52:28	+01:04:31	11:30
9	166	Chanel Monteiro	Individual	Senior Feminino	02:54:54	+01:06:57	11:40
10	108	Maria Abrunheiro	Adões Trail	Senior Feminino	03:03:28	+01:15:31	12:14
11	165	Catarina Tendeiro	Individual	Senior Feminino	03:37:29	+01:49:32	14:30
12	262	Mariana Maio Rodrigues	Ter Fala	Senior Feminino	03:51:32	+02:03:35	15:26
13	167	Rita Andrade	Individual	Senior Feminino	03:51:35	+02:03:38	15:26

Senior Masculino

1	253	Rui Figueiredo	Saca Trilhos Anadia	Senior Masculino	01:25:09		05:41
2	270	Pedro Ferreira	VVTR VALONGO DO VOUGA TRAIL RUNNING	Senior Masculino	01:28:38	+03:29	05:55
3	125	Luís Diogo	DCI/Trilhos Luso Bussaco	Senior Masculino	01:31:16	+06:07	06:05
4	119	Filipe Costa	DAR - Desportivo Atlético de Recardães	Senior Masculino	01:34:37	+09:28	06:18
5	154	Miguel Lourenço	Fox running team	Senior Masculino	01:35:42	+10:32	06:23
6	234	João Matos	OPraticante.pt	Senior Masculino	01:36:38	+11:28	06:27
7	257	José Silva	Sport Clube Paradela	Senior Masculino	01:39:42	+14:32	06:39
8	236	José Sousa	OPraticante.pt	Senior Masculino	01:41:46	+16:37	06:47
9	258	Marcos André Jesus Ferreira	Sport Clube Paradela	Senior Masculino	01:46:58	+21:49	07:08
10	232	Augusto Tavares	OPraticante.pt	Senior Masculino	01:47:51	+22:41	07:11
11	111	Pedro Martins	AZtrail	Senior Masculino	01:51:40	+26:30	07:27
12	110	Daniel Carvalho	AZtrail	Senior Masculino	01:52:07	+26:58	07:28
13	226	RICARDO HENRIQUES	LAAC - BIKE & SPORT	Senior Masculino	01:53:47	+28:38	07:35
14	120	RICARDO TAVARES	DAR - Desportivo Atlético de Recardães	Senior Masculino	01:54:50	+29:41	07:39
15	178	Gualter Barros	Individual	Senior Masculino	01:55:03	+29:53	07:40
16	269	Nuno Ribeiro	VVTR VALONGO DO VOUGA TRAIL RUNNING	Senior Masculino	01:55:18	+30:09	07:41
17	185	Nuno Henriques	Individual	Senior Masculino	01:55:50	+30:40	07:43
18	238	Sérgio Ruela	OPraticante.pt	Senior Masculino	01:56:11	+31:02	07:45
19	126	William Caetano	DCI/Trilhos Luso Bussaco	Senior Masculino	01:56:27	+31:17	07:46

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

20	181	Leonardo Gil	Individual	Senior Masculino	01:57:11	+32:01	07:49
21	246	Bruno Tavares	OS Maratoneiros	Senior Masculino	01:58:12	+33:03	07:53
22	172	Carlos Domingues	Individual	Senior Masculino	01:58:20	+33:10	07:53
23	227	Ricardo Branquinho	NAR - Núcleo de Atletismo de Requeixo	Senior Masculino	01:58:40	+33:30	07:55
24	143	Rafael Simões	Dunas de Calvão CrossTrail	Senior Masculino	02:01:36	+36:26	08:06
25	256	Daniel Alexandre	Sport Clube Paradela	Senior Masculino	02:01:39	+36:30	08:07
26	186	Mario Markes	Individual	Senior Masculino	02:02:51	+37:42	08:11
27	229	Tiago Ferreira Simões	OiãRunners	Senior Masculino	02:04:23	+39:13	08:18
28	183	Luís Dias	Individual	Senior Masculino	02:06:29	+41:19	08:26
29	177	Francisco Pereira	Individual	Senior Masculino	02:07:08	+41:59	08:29
30	237	Marcos Roldão	OPraticante.pt	Senior Masculino	02:07:11	+42:02	08:29
31	174	David Araújo	Individual	Senior Masculino	02:09:21	+44:12	08:37
32	180	José Luís Silva Laranjeira	Individual	Senior Masculino	02:14:50	+49:40	08:59
33	268	Fábio Silva	VVTR VALONGO DO VOUGA TRAIL RUNNING	Senior Masculino	02:15:38	+50:29	09:03
34	190	Renato Lopes	Individual	Senior Masculino	02:17:03	+51:53	09:08
35	169	André Oliveira	Individual	Senior Masculino	02:18:50	+53:41	09:15
36	147	Roberto Monteiro	Fisbem Team	Senior Masculino	02:20:15	+55:05	09:21
37	187	Miguel Frias Branco	Individual	Senior Masculino	02:20:22	+55:13	09:21
38	156	Élio Sobral da Fonseca	FusionGym	Senior Masculino	02:24:28	+59:19	09:38
39	179	Joel Alexandre Duarte Ferreira	Individual	Senior Masculino	02:25:22	+01:00:12	09:41
40	233	Bruno Gonçalves	OPraticante.pt	Senior Masculino	02:29:10	+01:04:01	09:57
41	173	Carlos Serna	Individual	Senior Masculino	02:29:48	+01:04:38	09:59
42	273	Filipe Silva	Individual	Senior Masculino	02:37:10	+01:12:00	10:29
43	192	Tiago Rosendo	Individual	Senior Masculino	02:37:31	+01:12:21	10:30
44	168	André Filipe Cruz	Individual	Senior Masculino	02:40:03	+01:14:53	10:40
45	235	José Rocha	OPraticante.pt	Senior Masculino	02:42:43	+01:17:34	10:51
46	170	André Sousa	Individual	Senior Masculino	02:43:04	+01:17:54	10:52
47	146	Diogo Santos	Fisbem Team	Senior Masculino	02:45:58	+01:20:48	11:04
48	191	Tiago Pedro	Individual	Senior Masculino	02:54:53	+01:29:43	11:40
49	171	Bruno Rosendo	Individual	Senior Masculino	03:00:21	+01:35:11	12:01
50	247	Cristiano Araújo	Remax Universal	Senior Masculino	03:09:43	+01:44:34	12:39
51	248	Elton Martins	Remax Universal	Senior Masculino	03:09:47	+01:44:38	12:39
52	149	José Rodrigues	Foo	Senior Masculino	03:14:51	+01:49:41	12:59
53	184	Luís Tavares	Individual	Senior Masculino	03:17:26	+01:52:16	13:10

Sub 23 Masculino

1	121	Tiago Saraiva	DAR - Desportivo Atlético de Recardães	Sub 23 Masculino	02:09:37		08:38
2	103	Ruben Pires	Actib Trail	Sub 23 Masculino	02:25:19	+15:42	09:41
3	109	Gonçalo Rodrigues	Adões Trail	Sub 23 Masculino	03:03:27	+53:49	12:14

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F40

1	130	Márcia Martins	DCI/Trilhos Luso Bussaco	Veterana F40	01:52:15		07:29
2	129	Lurdes Gonçalves	DCI/Trilhos Luso Bussaco	Veterana F40	01:55:58	+03:42	07:44
3	128	Lúcia Marques	DCI/Trilhos Luso Bussaco	Veterana F40	02:16:03	+23:47	09:04
4	239	Ivone Reis	OPraticante.pt	Veterana F40	02:25:28	+33:12	09:42
5	263	Marta Rodrigues	Trilhos da Baga/ k Run team	Veterana F40	02:37:25	+45:09	10:30
6	116	Marilyn Lourenço	CLTT	Veterana F40	02:40:33	+48:17	10:42
7	196	Helena Pires	Individual	Veterana F40	02:44:41	+52:25	10:59
8	195	Carla Neves	Individual	Veterana F40	03:26:12	+01:33:56	13:45
9	240	Júlia Rocha	OPraticante.pt	Veterana F40	03:26:19	+01:34:03	13:45
10	197	Paula Caçador	Individual	Veterana F40	03:44:17	+01:52:01	14:57
11	194	Andreia Arada	Individual	Veterana F40	03:55:16	+02:03:01	15:41

Veterana F50

1	199	Rosa Cerveira	Individual	Veterana F50	02:14:59		09:00
2	131	Maria Mendes	DCI/Trilhos Luso Bussaco	Veterana F50	02:16:57	+01:57	09:08
3	198	Fernanda Gomes	Individual	Veterana F50	02:36:50	+21:50	10:27
4	264	Kelly Farias	Trilhos Luso Bussaco	Veterana F50	02:54:16	+39:16	11:37
5	158	Edite Fernandes	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	Veterana F50	02:57:58	+42:58	11:52

Veterano M40

1	133	Carlos Simões	DCI/Trilhos Luso Bussaco	Veterano M40	01:27:52		05:51
2	254	João Almeida	Saca Trilhos Anadia	Veterano M40	01:36:39	+08:46	06:27
3	202	Didier De Jesus	Individual	Veterano M40	01:37:24	+09:31	06:30
4	259	Márcio Silva	Sport Clube Paradela	Veterano M40	01:38:22	+10:29	06:33
5	122	ALEX TONDELA	DAR - Desportivo Atlético de Recardães	Veterano M40	01:40:39	+12:46	06:43
6	243	João Garrido	OPraticante.pt	Veterano M40	01:43:20	+15:27	06:53
7	112	Sérgio Ferreira	BiciARCA Run Team	Veterano M40	01:43:46	+15:53	06:55
8	117	João Margarido	CLTT	Veterano M40	01:44:52	+16:59	06:59
9	157	Luís Filipe de Almeida Guerra	Goodfellas	Veterano M40	01:45:49	+17:56	07:03
10	105	David Felizardo	Actib Trail	Veterano M40	01:46:09	+18:16	07:05
11	104	Bruno Alexandre Goveia Rodrigues	Actib Trail	Veterano M40	01:47:36	+19:43	07:10
12	205	Jorge Ferreira	Individual	Veterano M40	01:50:10	+22:17	07:21
13	161	Sérgio Cardoso Rodrigues	Haertha/TendernessCapacity - trail running	Veterano M40	01:50:36	+22:43	07:22
14	114	Paulo Oliveira	Brandoenses Running	Veterano M40	01:50:54	+23:01	07:24
15	123	NUNO SANTOS	DAR - Desportivo Atlético de Recardães	Veterano M40	01:56:37	+28:44	07:46
16	148	Telmo Pinho	Fisbem Team	Veterano M40	02:00:45	+32:52	08:03
17	207	Luis Martins	Individual	Veterano M40	02:02:29	+34:36	08:10
18	250	Bruno Saraiva	Remax Universal	Veterano M40	02:03:18	+35:25	08:13
19	132	Bruno Salgueiro	DCI/Trilhos Luso Bussaco	Veterano M40	02:04:22	+36:29	08:17

Trail Curto — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

20	265	Narciso José da Silva Pinho	Vamos a Pé - Taboeira	Veterano M40	02:05:15	+37:22	08:21
21	242	Gabriel Godinho	OPraticante.pt	Veterano M40	02:05:23	+37:30	08:22
22	244	João Rocha	OPraticante.pt	Veterano M40	02:07:26	+39:33	08:30
23	211	Pedro Alves	Individual	Veterano M40	02:12:45	+44:52	08:51
24	241	António Rodrigues	OPraticante.pt	Veterano M40	02:14:42	+46:49	08:59
25	213	Virgílio Neto	Individual	Veterano M40	02:16:20	+48:27	09:05
26	203	Helder Mota Moreira	Individual	Veterano M40	02:19:37	+51:44	09:18
27	200	Álvaro Barbosa	Individual	Veterano M40	02:20:56	+53:03	09:24
28	163	Jorge Martins	Hut Runners Aveiro	Veterano M40	02:23:27	+55:34	09:34
29	212	Pedro Miguel Dias de Carvalho	Individual	Veterano M40	02:26:05	+58:12	09:44
30	204	João Silva	Individual	Veterano M40	02:26:47	+58:54	09:47
31	208	Luís RIBEIRO	Individual	Veterano M40	02:29:03	+01:01:10	09:56
32	162	Bruno Silveira	Hut Runners Aveiro	Veterano M40	02:36:47	+01:08:54	10:27
33	101	Francisco Lopes	A.D. Ílhavo	Veterano M40	02:37:14	+01:09:21	10:29
34	106	Helder Filipe Ferreira Marques	Actib Trail	Veterano M40	02:38:25	+01:10:32	10:34
35	230	Márcio Ferreira	OiãRunners	Veterano M40	02:45:08	+01:17:15	11:01
36	245	Paulo Silva	OPraticante.pt	Veterano M40	03:02:21	+01:34:28	12:09
37	209	Miguel A. Martins	Individual	Veterano M40	03:11:05	+01:43:12	12:44
38	150	Paulo Roncon	Foo	Veterano M40	03:15:21	+01:47:28	13:01
39	260	Rui Almeida	Sport Clube Paradela	Veterano M40	03:34:12	+02:06:19	14:17
40	214	Walter Fernandes	Individual	Veterano M40	03:42:59	+02:15:06	14:52

Veterano M50

1	137	Manuel Vicente	DCI/Trilhos Luso Bussaco	Veterano M50	01:39:39		06:39
2	221	manuel vicente	Individual	Veterano M50	01:42:15	+02:36	06:49
3	155	Paulo Matos	Fox running team	Veterano M50	01:47:48	+08:08	07:11
4	218	Carlos Moreto	Individual	Veterano M50	01:54:25	+14:46	07:38
5	135	Amílcar Gonçalves	DCI/Trilhos Luso Bussaco	Veterano M50	01:59:19	+19:40	07:57
6	274	Pedro Jorge	Individual	Veterano M50	02:09:34	+29:55	08:38
7	136	José Pereira	DCI/Trilhos Luso Bussaco	Veterano M50	02:09:36	+29:57	08:38
8	271	Miguel Sá	VVTR VALONGO DO VOUGA TRAIL RUNNING	Veterano M50	02:13:31	+33:52	08:54
9	217	Carlos Ferreira	Individual	Veterano M50	02:22:33	+42:54	09:30
10	107	Carlos Jorge de Sousa Caldas Lopes	Actib Trail	Veterano M50	02:25:05	+45:26	09:40
11	220	Manuel Marques	Individual	Veterano M50	02:26:18	+46:39	09:45
12	144	Mário Simões	Dunas de Calvão CrossTrail	Veterano M50	02:32:26	+52:47	10:10
13	124	PAULO JORGE SILVA	DAR - Desportivo Atlético de Recardães	Veterano M50	02:38:55	+59:16	10:36
14	159	António Matos	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	Veterano M50	02:55:18	+01:15:39	11:41
15	160	Carlos Ortet	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	Veterano M50	02:56:18	+01:16:39	11:45
16	216	Artur Salvador	Individual	Veterano M50	03:02:18	+01:22:39	12:09
17	219	Carlos Santos	Individual	Veterano M50	03:22:54	+01:43:15	13:32

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M60

1	142	José Canha	DCI/Trilhos Luso Bussaco	Veterano M60	01:51:42		07:27
2	266	EUGÈNIO ALVES	VIDRES TRAIL RUNNING	Veterano M60	01:51:53	+00:11	07:28
3	222	João Isidoro dos Santos	Individual	Veterano M60	02:09:45	+18:02	08:39
4	224	José Tavares	Individual	Veterano M60	02:32:43	+41:01	10:11
5	225	Luis Manuel da Silva Vidal	Individual	Veterano M60	02:45:08	+53:26	11:01
6	223	Joaquim Santos	Individual	Veterano M60	03:17:16	+01:25:33	13:09

TEAM RESULTS - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	DCI/TRILHOS LUSO BUSSACO	2 + 4 + 11	17
2	OPRATICANTE.PT	7 + 14 + 16	37
3	SPORT CLUBE PARADELA	10 + 12 + 21	43
4	DAR - DESPORTIVO ATLÉTICO DE RECARDÃES	5 + 13 + 25	43
5	FOX RUNNING TEAM	6 + 23 + 57	86
6	VVTR VALONGO DO VOUGA TRAIL RUNNING	3 + 38 + 72	113
7	ACTIB TRAIL	20 + 22 + 90	132
8	FISBEM TEAM	49 + 83 + 94	226
9	REMAX UNIVERSAL	54 + 132 + 133	319
10	GRUPO DESPORTIVO ASSEMPARK - AVEIRO	124 + 125 + 126	375

Alfusqueiro Trail
Praia Fluvial do Alfusqueiro, Águeda
12-maio-2024

MINI TRAIL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	--	--
End	12:15	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	365	Simão Geraldo	Individual	53:19		05:20	
2	320	Sérgio Lopes	GREirense	54:01	+00:42	05:24	
3	312	Samuel Santos	DAR - Desportivo Atlético de Recardães	56:06	+02:47	05:37	
4	309	Nuno Teixeira	Caldas de São Jorge Sport Clube	59:15	+05:56	05:55	
5	311	IVO PINTO	DAR - Desportivo Atlético de Recardães	01:07:33	+14:14	06:45	
6	386	Mário António Pereira Migueis	Vamos a Pé - Taboeira	01:09:07	+15:48	06:55	
7	346	Artur Silva	Individual	01:10:11	+16:52	07:01	
8	315	Joaquim Godinho	DCI/Trilhos Luso Bussaco	01:10:54	+17:35	07:05	
9	384	Teresa Pinho	Tainadas Run Team	01:11:33	+18:14	07:09	
10	361	Pedro Miguel Henriques Rocha	Individual	01:12:25	+19:06	07:14	
11	316	Joaquim Martins	DCI/Trilhos Luso Bussaco	01:12:43	+19:24	07:16	
12	360	Miguel Amado Vieira	Individual	01:13:18	+19:59	07:20	
13	379	Nuno Oliveira	OPraticante.pt	01:16:13	+22:54	07:37	
14	359	Manuel ventura da Silva Marques	Individual	01:17:01	+23:42	07:42	
15	310	Humberto Moreira	DAR - Desportivo Atlético de Recardães	01:18:20	+25:01	07:50	
16	340	Paula Brito	Individual	01:18:45	+25:26	07:53	
17	307	Avelino Silva	Actib Trail	01:18:45	+25:26	07:53	
18	352	Fabio Santos	Individual	01:19:18	+25:59	07:56	
19	378	José Rodrigues	OPraticante.pt	01:19:34	+26:15	07:57	
20	314	Clara Santos	DCI/Trilhos Luso Bussaco	01:20:13	+26:54	08:01	
21	321	Francisco Martins	Hut Runners Aveiro	01:20:18	+26:59	08:02	
22	345	Albano Henriques	Individual	01:20:24	+27:05	08:02	
23	306	Marina Martins da Cunha Leitão	Actib Trail	01:21:03	+27:44	08:06	
24	305	Liliana Margarita Lopes da Silva	Actib Trail	01:22:24	+29:05	08:14	
25	369	Carla manuela pinto Gonçalves	ONDA TEAM	01:24:26	+31:07	08:27	
26	372	Mario rui de campos Gonçalves	ONDA TEAM	01:24:26	+31:07	08:27	
27	377	Patrícia Lamego	OPraticante.pt	01:27:01	+33:42	08:42	
28	348	Bruno rocha	Individual	01:27:45	+34:26	08:47	
29	338	Márcia Marques	Individual	01:28:38	+35:19	08:52	
30	375	Ana Matos	OPraticante.pt	01:28:40	+35:21	08:52	
31	301	Maria João Cardoso	100 Noção	01:30:07	+36:48	09:01	
32	380	João José Rocha Santana	Para k raio me meto nisto?	01:32:32	+39:13	09:15	
33	381	Rui Manuel Martins Soares	Para k raio me meto nisto?	01:32:33	+39:14	09:15	
34	363	Rúben Almeida	Individual	01:33:16	+39:57	09:20	
35	371	João Dias	ONDA TEAM	01:33:17	+39:58	09:20	
36	319	Ana Catarina Valente	Familia Valente	01:33:18	+39:59	09:20	
37	341	RAQUEL BRITO	Individual	01:34:19	+41:00	09:26	
38	385	Liliana Patrícia Rodrigues de Pinho	Vamos a Pé - Taboeira	01:34:44	+41:25	09:28	
39	313	Ana Filipa	DCI/Trilhos Luso Bussaco	01:34:55	+41:36	09:29	
40	323	Andreia Rodrigues	Individual	01:36:08	+42:49	09:37	
41	388	Marta Candido	Actib Trail	01:37:34	+44:15	09:45	
42	391	Alexandra Figueiredo	Actib Trail	01:37:34	+44:15	09:45	

MINI TRAIL - STAGE 1 — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	326	Daniela Aguiar	Individual	01:38:29	+45:10	09:51	
44	354	João Glória	Individual	01:38:30	+45:11	09:51	
45	347	Bruno Martins	Individual	01:38:30	+45:11	09:51	
46	350	Diogo Filipe Pereira Martins	Individual	01:38:30	+45:11	09:51	
47	356	João Sousa	Individual	01:38:30	+45:11	09:51	
48	358	Luis Coutinho	Individual	01:38:31	+45:12	09:51	
49	387	David Pinheiro	Individual	01:38:49	+45:30	09:53	
50	357	José Manuel de Oliveira Lopes	Individual	01:40:28	+47:09	10:03	
51	322	Ana Cláudia Pereira Gomes	Individual	01:40:28	+47:09	10:03	
52	344	Sofia Soares	Individual	01:41:00	+47:41	10:06	
53	188	Nuno Ribeiro	Individual	01:41:08	+47:49	10:07	
54	353	João Conde	Individual	01:43:41	+50:22	10:22	
55	330	Elisabete Conde	Individual	01:43:41	+50:22	10:22	
56	367	Diana Cardoso	Já que começaste acaba	01:44:31	+51:12	10:27	
57	331	Filipa Silva	Individual	01:44:31	+51:12	10:27	
58	337	Luciana Conceição Vieira Silva	Individual	01:44:42	+51:23	10:28	
59	339	Nazaré Peixôto	Individual	01:44:51	+51:32	10:29	
60	368	Lóner Tébus	Já que começaste acaba	01:44:53	+51:34	10:29	
61	366	Carla Marçalo	Já que começaste acaba	01:44:56	+51:37	10:30	
62	382	Ana Lagoa	Só paramos no fim	01:45:14	+51:55	10:31	
63	383	Sandra Marisa Pereira Gomes	Só paramos no fim	01:45:15	+51:56	10:31	
64	303	Catarina Rodrigues	Abelhões	01:45:53	+52:34	10:35	
65	304	Filipe Portugal	Abelhões	01:45:53	+52:34	10:35	
66	335	JULIANA RAQUEL NEVES DA COSTA	Individual	01:46:37	+53:18	10:40	
67	329	Elisabete Almeida Nolasco	Individual	01:46:45	+53:26	10:40	
68	328	Dulce Sampaio dos Reis	Individual	01:46:45	+53:26	10:41	
69	325	CRISTINA FERREIRA ABRANTES	Individual	01:46:45	+53:26	10:41	
70	332	Helena Martins	Individual	01:48:36	+55:17	10:52	
71	334	JULIANA RAQUEL DA SILVA VIEIRA	Individual	01:49:10	+55:51	10:55	
72	370	Elizabete Ferreira	ONDA TEAM	01:49:46	+56:27	10:59	
73	373	Rui Ferreira	ONDA TEAM	01:49:46	+56:28	10:59	
74	327	Diana Amador	Individual	01:50:00	+56:41	11:00	
75	364	Rui Pedro Viegas Pessoa	Individual	01:50:00	+56:41	11:00	
76	333	Joana Patrícia Alves Pereira	Individual	01:50:22	+57:03	11:02	
77	336	Lara Pereira	Individual	01:51:35	+58:16	11:09	
78	308	Mónica Barbosa	Bela Vista	01:57:01	+01:03:42	11:42	
79	376	Catarina Pinho	OPraticante.pt	01:57:10	+01:03:51	11:43	
80	355	João Luís Frade Cajeira	Individual	02:04:02	+01:10:43	12:24	
81	343	Rute Duarte	Individual	02:08:29	+01:15:10	12:51	
82	324	Cátia Duarte	Individual	02:08:29	+01:15:10	12:51	
83	302	Filipe Neves	100 Noção	02:14:41	+01:21:22	13:28	

Alfusqueiro Trail
Praia Fluvial do Alfusqueiro, Águeda
12-maio-2024

Mini Trail — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	-99ºC	-99%
End	12:15	-99ºC	-99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	384	Teresa Pinho	Tainadas Run Team	Senior Feminino	01:11:33		07:09
2	340	Paula Brito	Individual	Senior Feminino	01:18:45	+07:12	07:53
3	314	Clara Santos	DCI/Trilhos Luso Bussaco	Senior Feminino	01:20:13	+08:40	08:01
4	306	Marina Martins da Cunha Leitão	Actib Trail	Senior Feminino	01:21:03	+09:29	08:06
5	305	Liliana Margarita Lopes da Silva	Actib Trail	Senior Feminino	01:22:24	+10:51	08:14
6	369	Carla manuela pinto Gonçalves	ONDA TEAM	Senior Feminino	01:24:26	+12:53	08:27
7	377	Patrícia Lamego	OPraticante.pt	Senior Feminino	01:27:01	+15:28	08:42
8	338	Márcia Marques	Individual	Senior Feminino	01:28:38	+17:05	08:52
9	375	Ana Matos	OPraticante.pt	Senior Feminino	01:28:40	+17:07	08:52
10	301	Maria João Cardoso	100 Noção	Senior Feminino	01:30:07	+18:34	09:01
11	319	Ana Catarina Valente	Familia Valente	Senior Feminino	01:33:18	+21:44	09:20
12	341	RAQUEL BRITO	Individual	Senior Feminino	01:34:19	+22:45	09:26
13	385	Liliana Patrícia Rodrigues de Pinho	Vamos a Pé - Taboeira	Senior Feminino	01:34:44	+23:11	09:28
14	313	Ana Filipa	DCI/Trilhos Luso Bussaco	Senior Feminino	01:34:55	+23:22	09:29
15	323	Andreia Rodrigues	Individual	Senior Feminino	01:36:08	+24:35	09:37
16	388	Marta Candido	Actib Trail	Senior Feminino	01:37:34	+26:01	09:45
17	391	Alexandra Figueiredo	Actib Trail	Senior Feminino	01:37:34	+26:01	09:45
18	326	Daniela Aguiar	Individual	Senior Feminino	01:38:29	+26:56	09:51
19	322	Ana Cláudia Pereira Gomes	Individual	Senior Feminino	01:40:28	+28:55	10:03
20	344	Sofia Soares	Individual	Senior Feminino	01:41:00	+29:27	10:06
21	330	Elisabete Conde	Individual	Senior Feminino	01:43:41	+32:08	10:22
22	367	Diana Cardoso	Já que começaste acaba	Senior Feminino	01:44:31	+32:58	10:27
23	331	Filipa Silva	Individual	Senior Feminino	01:44:31	+32:58	10:27
24	337	Luciana Conceição Vieira Silva	Individual	Senior Feminino	01:44:42	+33:09	10:28
25	339	Nazaré Peixôto	Individual	Senior Feminino	01:44:51	+33:18	10:29
26	366	Carla Marçalo	Já que começaste acaba	Senior Feminino	01:44:56	+33:23	10:30
27	382	Ana Lagoa	Só paramos no fim	Senior Feminino	01:45:14	+33:41	10:31
28	383	Sandra Marisa Pereira Gomes	Só paramos no fim	Senior Feminino	01:45:15	+33:42	10:31
29	303	Catarina Rodrigues	Abelhões	Senior Feminino	01:45:53	+34:20	10:35
30	335	JULIANA RAQUEL NEVES DA COSTA	Individual	Senior Feminino	01:46:37	+35:04	10:40
31	329	Elisabete Almeida Nolasco	Individual	Senior Feminino	01:46:45	+35:12	10:40
32	328	Dulce Sampaio dos Reis	Individual	Senior Feminino	01:46:45	+35:12	10:41
33	325	CRISTINA FERREIRA ABRANTES	Individual	Senior Feminino	01:46:45	+35:12	10:41
34	332	Helena Martins	Individual	Senior Feminino	01:48:36	+37:03	10:52
35	334	JULIANA RAQUEL DA SILVA VIEIRA	Individual	Senior Feminino	01:49:10	+37:37	10:55
36	370	Elizabete Ferreira	ONDA TEAM	Senior Feminino	01:49:46	+38:13	10:59
37	327	Diana Amador	Individual	Senior Feminino	01:50:00	+38:27	11:00
38	333	Joana Patrícia Alves Pereira	Individual	Senior Feminino	01:50:22	+38:49	11:02
39	336	Lara Pereira	Individual	Senior Feminino	01:51:35	+40:01	11:09

Mini Trail — 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	308	Mónica Barbosa	Bela Vista	Senior Feminino	01:57:01	+45:28	11:42
41	376	Catarina Pinho	OPraticante.pt	Senior Feminino	01:57:10	+45:37	11:43
42	343	Rute Duarte	Individual	Senior Feminino	02:08:29	+56:56	12:51
43	324	Cátia Duarte	Individual	Senior Feminino	02:08:29	+56:56	12:51

Senior Masculino

1	365	Simão Geraldo	Individual	Senior Masculino	53:19		05:20
2	320	Sérgio Lopes	GREirense	Senior Masculino	54:01	+00:41	05:24
3	312	Samuel Santos	DAR - Desportivo Atlético de Recardães	Senior Masculino	56:06	+02:47	05:37
4	309	Nuno Teixeira	Caldas de São Jorge Sport Clube	Senior Masculino	59:15	+05:55	05:55
5	311	IVO PINTO	DAR - Desportivo Atlético de Recardães	Senior Masculino	01:07:33	+14:14	06:45
6	386	Mário António Pereira Migueis	Vamos a Pé - Taboeira	Senior Masculino	01:09:07	+15:48	06:55
7	346	Artur Silva	Individual	Senior Masculino	01:10:11	+16:52	07:01
8	315	Joaquim Godinho	DCI/Trilhos Luso Bussaco	Senior Masculino	01:10:54	+17:35	07:05
9	361	Pedro Miguel Henriques Rocha	Individual	Senior Masculino	01:12:25	+19:06	07:14
10	316	Joaquim Martins	DCI/Trilhos Luso Bussaco	Senior Masculino	01:12:43	+19:24	07:16
11	360	Miguel Amado Vieira	Individual	Senior Masculino	01:13:18	+19:58	07:20
12	379	Nuno Oliveira	OPraticante.pt	Senior Masculino	01:16:13	+22:54	07:37
13	359	Manuel ventura da Silva Marques	Individual	Senior Masculino	01:17:01	+23:42	07:42
14	310	Humberto Moreira	DAR - Desportivo Atlético de Recardães	Senior Masculino	01:18:20	+25:01	07:50
15	307	Avelino Silva	Actib Trail	Senior Masculino	01:18:45	+25:26	07:53
16	352	Fabio Santos	Individual	Senior Masculino	01:19:18	+25:58	07:56
17	378	José Rodrigues	OPraticante.pt	Senior Masculino	01:19:34	+26:15	07:57
18	321	Francisco Martins	Hut Runners Aveiro	Senior Masculino	01:20:18	+26:59	08:02
19	345	Albano Henriques	Individual	Senior Masculino	01:20:24	+27:04	08:02
20	372	Mario rui de campos Gonçalves	ONDA TEAM	Senior Masculino	01:24:26	+31:07	08:27
21	348	Bruno rocha	Individual	Senior Masculino	01:27:45	+34:26	08:47
22	380	João José Rocha Santana	Para k raio me meto nisto?	Senior Masculino	01:32:32	+39:13	09:15
23	381	Rui Manuel Martins Soares	Para k raio me meto nisto?	Senior Masculino	01:32:33	+39:14	09:15
24	363	Rúben Almeida	Individual	Senior Masculino	01:33:16	+39:57	09:20
25	371	João Dias	ONDA TEAM	Senior Masculino	01:33:17	+39:58	09:20
26	354	João Glória	Individual	Senior Masculino	01:38:30	+45:11	09:51
27	347	Bruno Martins	Individual	Senior Masculino	01:38:30	+45:11	09:51
28	350	Diogo Filipe Pereira Martins	Individual	Senior Masculino	01:38:30	+45:11	09:51
29	356	João Sousa	Individual	Senior Masculino	01:38:30	+45:11	09:51
30	358	Luis Coutinho	Individual	Senior Masculino	01:38:31	+45:12	09:51
31	387	David Pinheiro	Individual	Senior Masculino	01:38:49	+45:29	09:53
32	357	José Manuel de Oliveira Lopes	Individual	Senior Masculino	01:40:28	+47:08	10:03
33	188	Nuno Ribeiro	Individual	Senior Masculino	01:41:08	+47:49	10:07
34	353	João Conde	Individual	Senior Masculino	01:43:41	+50:21	10:22
35	368	Lóner Tébus	Já que começaste acaba	Senior Masculino	01:44:53	+51:34	10:29
36	304	Filipe Portugal	Abelhões	Senior Masculino	01:45:53	+52:34	10:35
37	373	Rui Ferreira	ONDA TEAM	Senior Masculino	01:49:46	+56:27	10:59

Mini Trail

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

38	364	Rui Pedro Viegas Pessoa	Individual	Senior Masculino	01:50:00	+56:41	11:00
39	355	João Luís Frade Cajeira	Individual	Senior Masculino	02:04:02	+01:10:43	12:24
40	302	Filipe Neves	100 Noção	Senior Masculino	02:14:41	+01:21:21	13:28

TEAM RESULTS - MINI TRAIL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	DAR - DESPORTIVO ATLÉTICO DE RECARDÃES	3 + 5 + 15	23
2	DCI/TRILHOS LUSO BUSSACO	8 + 11 + 20	39
3	OPRATICANTE.PT	13 + 19 + 27	59
4	ACTIB TRAIL	17 + 23 + 24	64
5	ONDA TEAM	25 + 26 + 35	86
6	JÁ QUE COMEÇASTE ACABA	56 + 60 + 61	177