



















OPEN 10K - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	540	ELIZANGELA FERNANDA VAN DAMME FREIRE	CFARENA BRAGA	02:16:44	+01:04:02	13:40	
181	615	Mykhailo Bentsa	Individual	02:17:50	+01:05:08	13:47	
182	805	Rafael Ferreira	TEAM Personal Training	02:21:03	+01:08:21	14:06	
183	781	Catarina Vieira	TEAM Personal Training	02:21:03	+01:08:21	14:06	
184	627	Jéssica Machado	INMOVE	02:23:43	+01:11:01	14:22	
185	630	Maria Pereira	INMOVE	02:23:43	+01:11:01	14:22	
186	629	Mara Correia	INMOVE	02:23:45	+01:11:03	14:22	
187	808	Luana Alexandre	The Walking Dead	02:23:46	+01:11:04	14:23	
188	810	Hélder José Silva Teixeira	The Walking Dead	02:23:46	+01:11:04	14:23	
189	809	Fábio Dias	The Walking Dead	02:23:47	+01:11:05	14:23	
190	626	Daniela Sousa	INMOVE	02:24:40	+01:11:58	14:28	
191	642	Rui Silva	INMOVE	02:24:40	+01:11:58	14:28	
192	640	Pedro Pereira	INMOVE	02:24:40	+01:11:58	14:28	
193	70	Diana Meira	Pegasus OCR ProTeam	02:24:40	+01:11:58	14:28	
194	612	Luís Carlos Ferreira Almeida	Individual	02:25:54	+01:13:12	14:35	
195	631	Maria Pereira	INMOVE	02:27:14	+01:14:32	14:43	
196	509	Filipa Pinheiro	ARENA XXII	02:28:21	+01:15:39	14:50	
197	507	Andreia Sofia Fernandes de Freitas	ARENA XXII	02:28:22	+01:15:40	14:50	
198	539	Carla Xavier	CFARENA BRAGA	02:29:02	+01:16:20	14:54	
199	549	Marcelo Kafels Effting	CFARENA BRAGA	02:29:02	+01:16:20	14:54	
200	632	Marta Silva	INMOVE	02:30:36	+01:17:54	15:04	
201	787	Mariana Osório	TEAM Personal Training	02:31:03	+01:18:21	15:06	
202	793	Afonso Ferreira	TEAM Personal Training	02:31:04	+01:18:22	15:06	
203	790	Patrícia Lopes	TEAM Personal Training	02:31:05	+01:18:23	15:07	
204	743	Cidália Campos	Smartfit	02:32:25	+01:19:43	15:15	
205	748	Marta Dias	Smartfit	02:32:37	+01:19:55	15:16	
206	745	Liliana Pereira	Smartfit	02:32:46	+01:20:04	15:17	
207	740	Bruna Rodrigues	Smartfit	02:32:53	+01:20:11	15:17	
208	660	Rita Lopes	MOV3	02:33:04	+01:20:22	15:18	
209	665	Tiago Labita	MOV3	02:33:04	+01:20:22	15:18	
210	657	Luísa Silva	MOV3	02:33:04	+01:20:22	15:18	
211	658	Maria Lopes	MOV3	02:33:04	+01:20:22	15:18	
212	654	Fernanda Martins	MOV3	02:33:04	+01:20:22	15:18	
213	655	Filipa Ribeiro	MOV3	02:33:04	+01:20:22	15:18	
214	656	Inês Silva	MOV3	02:33:05	+01:20:23	15:18	
215	663	Pedro Azevedo	MOV3	02:33:05	+01:20:23	15:18	
216	662	Nuno Couto	MOV3	02:33:05	+01:20:23	15:18	
217	578	Nuno Pinto	CrossLiberty	02:33:07	+01:20:25	15:19	
218	571	Artur Duarte	CrossLiberty	02:33:07	+01:20:25	15:19	
219	754	Élio Duarte	Smartfit	02:33:16	+01:20:34	15:20	
220	568	Renata Bárbara Santos Neves	CrossLiberty	02:33:26	+01:20:44	15:21	
221	696	Hugo Magalhães	Pegasus OCR ProTeam	02:33:33	+01:20:51	15:21	
222	553	Bárbara Duarte	CrossLiberty	02:34:29	+01:21:47	15:27	
223	694	Patrícias Ribeiro	Pegasus OCR ProTeam	02:34:29	+01:21:47	15:27	
224	693	Ana Braga	Pegasus OCR ProTeam	02:34:31	+01:21:49	15:27	

**OPEN 10K - STAGE 1**

**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
225	695	Guilherme Magalhães	Pegasus OCR ProTeam	02:34:32	+01:21:50	15:27	
226	659	Patrícia Pinto	MOV3	02:34:32	+01:21:50	15:27	
227	601	Carlos Manuel Martins Veloso	Individual	02:34:35	+01:21:53	15:27	
228	633	Sandra Fernandes	INMOVE	02:34:41	+01:21:59	15:28	
229	625	Cláudia Carvalho	INMOVE	02:34:41	+01:21:59	15:28	
230	635	Bruno Araújo	INMOVE	02:34:42	+01:22:00	15:28	
231	572	Gil Cardoso	CrossLiberty	02:35:03	+01:22:21	15:30	
232	554	Carolina Branco	CrossLiberty	02:35:04	+01:22:22	15:30	
233	577	Luíz Fernando Neves	CrossLiberty	02:36:47	+01:24:05	15:41	
234	567	Renata Bárbara Santos Neves	CrossLiberty	02:37:36	+01:24:54	15:46	
235	560	Elaine Vargas	CrossLiberty	02:37:37	+01:24:55	15:46	
236	634	Sofia Teixeira	INMOVE	02:38:31	+01:25:49	15:51	
237	643	Samuel Silva	INMOVE	02:38:32	+01:25:50	15:51	
238	624	Anísia Teixeira	INMOVE	02:38:32	+01:25:50	15:51	
239	561	Joana Coelho	CrossLiberty	02:39:21	+01:26:39	15:56	
240	556	Catarina Santos	CrossLiberty	02:41:58	+01:29:16	16:12	
241	555	Carolina Ferreira	CrossLiberty	02:42:50	+01:30:08	16:17	
242	576	José Silva	CrossLiberty	02:42:51	+01:30:09	16:17	
243	573	Gilberto Sousa	CrossLiberty	02:42:52	+01:30:10	16:17	
244	569	Sofia Bento	CrossLiberty	02:42:53	+01:30:11	16:17	
245	562	Linda Marques	CrossLiberty	02:42:54	+01:30:12	16:17	
246	565	Marlene Silva Gomes	CrossLiberty	02:42:54	+01:30:12	16:17	
247	574	Hugo Filipe Mendes Pereira Ribeiro	CrossLiberty	02:43:00	+01:30:18	16:18	
248	564	Marisa Sousa	CrossLiberty	02:43:02	+01:30:20	16:18	
249	566	Raquel Leopoldina Borja	CrossLiberty	02:43:03	+01:30:21	16:18	
250	785	Laura Hernandez Moreno	TEAM Personal Training	02:44:21	+01:31:39	16:26	
251	803	Mário Oliveira	TEAM Personal Training	02:44:23	+01:31:41	16:26	
252	804	Rafael Fernandes	TEAM Personal Training	02:44:24	+01:31:42	16:26	
253	807	Tiago Vaz	TEAM Personal Training	02:44:44	+01:32:02	16:28	
254	788	Marta Sofia silva Novais	TEAM Personal Training	02:44:44	+01:32:02	16:28	
255	782	Inês Ribeiro	TEAM Personal Training	02:44:57	+01:32:15	16:30	
256	798	Fábio Moreira	TEAM Personal Training	02:45:09	+01:32:27	16:31	
257	780	Babi Martins	TEAM Personal Training	02:45:10	+01:32:28	16:31	
258	792	Tânia Patrícia Pereira Lopes	TEAM Personal Training	02:45:20	+01:32:38	16:32	
259	786	Maria Inês Monteiro de Sousa	TEAM Personal Training	02:45:27	+01:32:45	16:33	
260	789	Nuna Gomes	TEAM Personal Training	02:45:28	+01:32:46	16:33	
261	563	Marisa Gabriela Cajão Gonçalves	CrossLiberty	02:45:31	+01:32:49	16:33	
262	801	José Peixoto	TEAM Personal Training	02:45:32	+01:32:50	16:33	
263	778	Alexandra Leitão Gonçalves	TEAM Personal Training	02:45:34	+01:32:52	16:33	
264	799	jorge silva	TEAM Personal Training	02:45:34	+01:32:52	16:33	
265	557	Cátia Alves	CrossLiberty	02:45:52	+01:33:10	16:35	
266	604	David Martins	Individual	02:45:53	+01:33:11	16:35	
267	543	Katherine Goncalves	CFARENA BRAGA	02:48:41	+01:35:59	16:52	
268	541	Fatima Jesus	CFARENA BRAGA	02:48:41	+01:35:59	16:52	

## Open 10K

## 10 KM

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:40	17,8°C	72%
End	12:48	17,8°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	TKM
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## Senior Feminino

1	519	Cátia Sousa	BEM ME QUERO	Senior Feminino	01:30:54		09:05
2	791	Patricia Vieira	TEAM Personal Training	Senior Feminino	01:31:22	+00:27	09:08
3	542	Jorunn Müller	CFARENA BRAGA	Senior Feminino	01:32:02	+01:08	09:12
4	587	Catarina Miranda Simões	Individual	Senior Feminino	01:37:34	+06:39	09:45
5	512	Tania Azevedo	ARENA XXII	Senior Feminino	01:41:01	+10:06	10:06
6	522	Raquel Dias	BEM ME QUERO	Senior Feminino	01:41:10	+10:16	10:07
7	747	Marina Dinis	Smartfit	Senior Feminino	01:42:49	+11:54	10:17
8	690	Ana Cristina Machado Macedo	Os primos	Senior Feminino	01:43:13	+12:18	10:19
9	811	ANA ROCHA	VIEIRAFIT TEAM	Senior Feminino	01:46:31	+15:36	10:39
10	813	SUSANA PEREIRA	VIEIRAFIT TEAM	Senior Feminino	01:46:31	+15:36	10:39
11	812	SANDRA PEREIRA	VIEIRAFIT TEAM	Senior Feminino	01:46:31	+15:36	10:39
12	623	Ana Martins	INMOVE	Senior Feminino	01:46:33	+15:38	10:39
13	766	Helena Pinho	sunday workout	Senior Feminino	01:48:45	+17:51	10:53
14	765	Arlinda Rocha	sunday workout	Senior Feminino	01:48:46	+17:51	10:53
15	769	Vera Dias	sunday workout	Senior Feminino	01:48:46	+17:51	10:53
16	767	Inês Seabra	sunday workout	Senior Feminino	01:48:46	+17:51	10:53
17	580	Anabela Freitas	HOUSE OF MOVE	Senior Feminino	01:49:08	+18:14	10:55
18	715	Liliana Dias	Sem limites	Senior Feminino	01:52:03	+21:08	11:12
19	713	Céu Taveira	Sem limites	Senior Feminino	01:52:08	+21:13	11:13
20	817	Andreia Garcês	Wildvets	Senior Feminino	01:52:10	+21:15	11:13
21	544	Sandra Rodrigues	CFARENA BRAGA	Senior Feminino	01:54:04	+23:09	11:24
22	779	Ana Fonseca	TEAM Personal Training	Senior Feminino	01:54:45	+23:50	11:29
23	718	Muriel Pereira	Sem limites	Senior Feminino	01:55:39	+24:44	11:34
24	508	Elsa Costa	ARENA XXII	Senior Feminino	01:57:58	+27:03	11:48
25	714	Jéssica Ferreira	Sem limites	Senior Feminino	01:59:05	+28:10	11:54
26	510	Leonor Rodrigues	ARENA XXII	Senior Feminino	01:59:23	+28:29	11:56
27	768	Rosa Leal	sunday workout	Senior Feminino	01:59:47	+28:52	11:59
28	686	Rafaela Cunha	os guerreiros	Senior Feminino	02:01:58	+31:04	12:12
29	720	Zara Nunes	Sem limites	Senior Feminino	02:02:41	+31:46	12:16
30	591	Sara Raquel Ferreira Oliveira	Individual	Senior Feminino	02:03:30	+32:35	12:21
31	744	Daniela Carvalho	Smartfit	Senior Feminino	02:03:50	+32:55	12:23
32	628	Magda Martins	INMOVE	Senior Feminino	02:04:05	+33:11	12:25
33	750	Sonia Djanco	Smartfit	Senior Feminino	02:04:40	+33:45	12:28
34	749	Rute Cunha	Smartfit	Senior Feminino	02:05:26	+34:31	12:33
35	719	Patricia Ferreira	Sem limites	Senior Feminino	02:05:35	+34:40	12:34
36	530	Gilda Silva	BlackPiguelitos	Senior Feminino	02:06:02	+35:07	12:36
37	531	Maria João Pereira Soares	BlackPiguelitos	Senior Feminino	02:06:02	+35:07	12:36
38	532	Telma Silva	BlackPiguelitos	Senior Feminino	02:06:02	+35:07	12:36
39	738	Andreia Costa	Smartfit	Senior Feminino	02:07:31	+36:36	12:45

Official Timekeeper: Lap2Go

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generate 07-jul.-2024 12:49

## Open 10K

## 10 KM

## OFFICIAL RESULT

40	538	Amelle Cardoso	CFARENA BRAGA	Senior Feminino	02:08:13	+37:19	12:49
41	784	Joana Mendes	TEAM Personal Training	Senior Feminino	02:08:30	+37:35	12:51
42	1037	Maria Dias	Smartfit	Senior Feminino	02:08:34	+37:39	12:51
43	520	Dalila Fernandes	BEM ME QUERO	Senior Feminino	02:10:32	+39:37	13:03
44	521	Joana Guedes Fernandes	BEM ME QUERO	Senior Feminino	02:11:24	+40:29	13:08
45	701	Ilda Brás	Rize Team	Senior Feminino	02:11:26	+40:31	13:09
46	704	Rita Gonçalves	Rize Team	Senior Feminino	02:11:36	+40:41	13:10
47	698	Barbara Gonçalves	Rize Team	Senior Feminino	02:11:50	+40:55	13:11
48	700	Ema Ribeiro	Rize Team	Senior Feminino	02:12:14	+41:19	13:13
49	699	Conceição da Silva	Rize Team	Senior Feminino	02:12:17	+41:22	13:14
50	702	Lillian Brás Gonçalves	Rize Team	Senior Feminino	02:13:34	+42:39	13:21
51	585	Bárbara do Carmo Caldas	Individual	Senior Feminino	02:15:18	+44:23	13:32
52	588	Filipa Santos	Individual	Senior Feminino	02:15:18	+44:24	13:32
53	746	Maria Rui	Smartfit	Senior Feminino	02:15:26	+44:31	13:33
54	739	Beatriz Oliveira	Smartfit	Senior Feminino	02:16:01	+45:07	13:36
55	741	Catarina Silva	Smartfit	Senior Feminino	02:16:02	+45:07	13:36
56	742	Catarina Torres	Smartfit	Senior Feminino	02:16:13	+45:19	13:37
57	540	ELIZANGELA FERNANDA VAN DAMME FREIRE	CFARENA BRAGA	Senior Feminino	02:16:44	+45:49	13:40
58	781	Catarina Vieira	TEAM Personal Training	Senior Feminino	02:21:03	+50:08	14:06
59	627	Jéssica Machado	INMOVE	Senior Feminino	02:23:43	+52:48	14:22
60	630	Maria Pereira	INMOVE	Senior Feminino	02:23:43	+52:49	14:22
61	629	Mara Correia	INMOVE	Senior Feminino	02:23:45	+52:50	14:22
62	808	Luana Alexandre	The Walking Dead	Senior Feminino	02:23:46	+52:51	14:23
63	626	Daniela Sousa	INMOVE	Senior Feminino	02:24:40	+53:45	14:28
64	70	Diana Meira	Pegasus OCR ProTeam	Senior Feminino	02:24:40	+53:45	14:28
65	631	Maria Pereira	INMOVE	Senior Feminino	02:27:14	+56:19	14:43
66	509	Filipa Pinheiro	ARENA XXII	Senior Feminino	02:28:21	+57:26	14:50
67	507	Andreia Sofia Fernandes de Freitas	ARENA XXII	Senior Feminino	02:28:22	+57:27	14:50
68	539	Carla Xavier	CFARENA BRAGA	Senior Feminino	02:29:02	+58:07	14:54
69	632	Marta Silva	INMOVE	Senior Feminino	02:30:36	+59:41	15:04
70	787	Mariana Osório	TEAM Personal Training	Senior Feminino	02:31:03	+01:00:08	15:06
71	790	Patrícia Lopes	TEAM Personal Training	Senior Feminino	02:31:05	+01:00:11	15:07
72	743	Cidália Campos	Smartfit	Senior Feminino	02:32:25	+01:01:30	15:15
73	748	Marta Dias	Smartfit	Senior Feminino	02:32:37	+01:01:43	15:16
74	745	Liliana Pereira	Smartfit	Senior Feminino	02:32:46	+01:01:52	15:17
75	740	Bruna Rodrigues	Smartfit	Senior Feminino	02:32:53	+01:01:58	15:17
76	660	Rita Lopes	MOV3	Senior Feminino	02:33:04	+01:02:09	15:18
77	657	Luísa Silva	MOV3	Senior Feminino	02:33:04	+01:02:10	15:18
78	658	Maria Lopes	MOV3	Senior Feminino	02:33:04	+01:02:10	15:18
79	654	Fernanda Martins	MOV3	Senior Feminino	02:33:04	+01:02:10	15:18
80	655	Filipa Ribeiro	MOV3	Senior Feminino	02:33:04	+01:02:10	15:18
81	656	Inês Silva	MOV3	Senior Feminino	02:33:05	+01:02:10	15:18
82	568	Renata Bárbara Santos Neves	CrossLiberty	Senior Feminino	02:33:26	+01:02:32	15:21
83	553	Bárbara Duarte	CrossLiberty	Senior Feminino	02:34:29	+01:03:34	15:27
84	694	Patrícias Ribeiro	Pegasus OCR ProTeam	Senior Feminino	02:34:29	+01:03:35	15:27
85	693	Ana Braga	Pegasus OCR ProTeam	Senior Feminino	02:34:31	+01:03:36	15:27

## Open 10K

## 10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

86	659	Patrícia Pinto	MOV3	Senior Feminino	02:34:32	+01:03:37	15:27
87	633	Sandra Fernandes	INMOVE	Senior Feminino	02:34:41	+01:03:46	15:28
88	625	Cláudia Carvalho	INMOVE	Senior Feminino	02:34:41	+01:03:46	15:28
89	554	Carolina Branco	CrossLiberty	Senior Feminino	02:35:04	+01:04:09	15:30
90	567	Renata Bárbara Santos Neves	CrossLiberty	Senior Feminino	02:37:36	+01:06:41	15:46
91	560	Elaine Vargas	CrossLiberty	Senior Feminino	02:37:37	+01:06:42	15:46
92	634	Sofia Teixeira	INMOVE	Senior Feminino	02:38:31	+01:07:36	15:51
93	624	Anísia Teixeira	INMOVE	Senior Feminino	02:38:32	+01:07:37	15:51
94	561	Joana Coelho	CrossLiberty	Senior Feminino	02:39:21	+01:08:26	15:56
95	556	Catarina Santos	CrossLiberty	Senior Feminino	02:41:58	+01:11:03	16:12
96	555	Carolina Ferreira	CrossLiberty	Senior Feminino	02:42:50	+01:11:56	16:17
97	569	Sofia Bento	CrossLiberty	Senior Feminino	02:42:53	+01:11:58	16:17
98	562	Linda Marques	CrossLiberty	Senior Feminino	02:42:54	+01:11:59	16:17
99	565	Marlene Silva Gomes	CrossLiberty	Senior Feminino	02:42:54	+01:12:00	16:17
100	564	Marisa Sousa	CrossLiberty	Senior Feminino	02:43:02	+01:12:07	16:18
101	566	Raquel Leopoldina Borja	CrossLiberty	Senior Feminino	02:43:03	+01:12:08	16:18
102	785	Laura Hernandez Moreno	TEAM Personal Training	Senior Feminino	02:44:21	+01:13:26	16:26
103	788	Marta Sofia silva Novais	TEAM Personal Training	Senior Feminino	02:44:44	+01:13:50	16:28
104	782	Inês Ribeiro	TEAM Personal Training	Senior Feminino	02:44:57	+01:14:02	16:30
105	780	Babi Martins	TEAM Personal Training	Senior Feminino	02:45:10	+01:14:15	16:31
106	792	Tânia Patrícia Pereira Lopes	TEAM Personal Training	Senior Feminino	02:45:20	+01:14:25	16:32
107	786	Maria Inês Monteiro de Sousa	TEAM Personal Training	Senior Feminino	02:45:27	+01:14:33	16:33
108	789	Nuna Gomes	TEAM Personal Training	Senior Feminino	02:45:28	+01:14:33	16:33
109	563	Marisa Gabriela Cajão Gonçalves	CrossLiberty	Senior Feminino	02:45:31	+01:14:36	16:33
110	778	Alexandra Leitão Gonçalves	TEAM Personal Training	Senior Feminino	02:45:34	+01:14:39	16:33
111	557	Cátia Alves	CrossLiberty	Senior Feminino	02:45:52	+01:14:58	16:35
112	543	Katherine Goncalves	CFARENA BRAGA	Senior Feminino	02:48:41	+01:17:46	16:52
113	541	Fatima Jesus	CFARENA BRAGA	Senior Feminino	02:48:41	+01:17:46	16:52

## Senior Masculino

1	735	Rui Manuel Fernandes Pereira	Sem limites	Senior Masculino	01:12:42		07:16
2	514	João Pedro Pinheiro	ARENA XXII	Senior Masculino	01:20:27	+07:44	08:03
3	600	Carlos Fortes	Individual	Senior Masculino	01:20:47	+08:05	08:05
4	618	Ricardo Batista ferreira pinto	Individual	Senior Masculino	01:22:10	+09:28	08:13
5	616	Nelson Lopes	Individual	Senior Masculino	01:22:13	+09:30	08:13
6	524	André Viegas	BEM ME QUERO	Senior Masculino	01:23:07	+10:25	08:19
7	609	Johantony sánchez	Individual	Senior Masculino	01:23:50	+11:08	08:23
8	678	Davide Azevedo	Os Bulcões	Senior Masculino	01:24:54	+12:12	08:29
9	759	José Dário	Smartfit	Senior Masculino	01:25:24	+12:41	08:32
10	653	Rui Gomes	MOOVE /Afacycles/Aloft	Senior Masculino	01:26:30	+13:48	08:39
11	594	Ângelo Vale de Lemos	Individual	Senior Masculino	01:28:11	+15:29	08:49
12	760	Pedro Monteiro	Smartfit	Senior Masculino	01:28:30	+15:48	08:51
13	1019	Francisco Silva	Individual	Senior Masculino	01:29:03	+16:20	08:54
14	527	Francisco Pinheiro	BEM ME QUERO	Senior Masculino	01:29:45	+17:02	08:58
15	570	Allef Costa	CrossLiberty	Senior Masculino	01:30:10	+17:27	09:01





Open 10K

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

108	806	Tiago Mendes	TEAM Personal Training	Senior Masculino	02:08:30	+55:47	12:51
109	595	Avelino Dias	Individual	Senior Masculino	02:08:40	+55:57	12:52
110	763	Rui Araújo	Smartfit	Senior Masculino	02:08:44	+56:02	12:52
111	753	Diogo Andrade	Smartfit	Senior Masculino	02:08:56	+56:14	12:54
112	762	Rodrigo Fernandes	Smartfit	Senior Masculino	02:09:10	+56:27	12:55
113	636	Bruno Ribeiro	INMOVE	Senior Masculino	02:09:14	+56:32	12:55
114	592	Andre Martins Melo	Individual	Senior Masculino	02:09:50	+57:07	12:59
115	611	Leonardo Soares	Individual	Senior Masculino	02:09:50	+57:08	12:59
116	529	Pedro Ribeiro	BEM ME QUERO	Senior Masculino	02:11:24	+58:42	13:08
117	651	Pedro Pereira	MILAFIT	Senior Masculino	02:12:14	+59:32	13:13
118	650	Luis Neves	MILAFIT	Senior Masculino	02:12:15	+59:33	13:14
119	709	Miguel Gonçalves	Rize Team	Senior Masculino	02:12:16	+59:33	13:14
120	706	Carlos Lameiras	Rize Team	Senior Masculino	02:12:21	+59:38	13:14
121	755	Gonçalo Ricardo Marques da Silva	Smartfit	Senior Masculino	02:14:46	+01:02:04	13:29
122	757	João Paulo Fernandes	Smartfit	Senior Masculino	02:16:10	+01:03:27	13:37
123	608	Joel Sousa	Individual	Senior Masculino	02:16:25	+01:03:43	13:39
124	615	Mykhailo Bentsa	Individual	Senior Masculino	02:17:50	+01:05:07	13:47
125	805	Rafael Ferreira	TEAM Personal Training	Senior Masculino	02:21:03	+01:08:21	14:06
126	810	Hélder José Silva Teixeira	The Walking Dead	Senior Masculino	02:23:46	+01:11:04	14:23
127	809	Fábio Dias	The Walking Dead	Senior Masculino	02:23:47	+01:11:04	14:23
128	642	Rui Silva	INMOVE	Senior Masculino	02:24:40	+01:11:58	14:28
129	640	Pedro Pereira	INMOVE	Senior Masculino	02:24:40	+01:11:58	14:28
130	612	Luis Carlos Ferreira Almeida	Individual	Senior Masculino	02:25:54	+01:13:11	14:35
131	549	Marcelo Kafels Effting	CFARENA BRAGA	Senior Masculino	02:29:02	+01:16:20	14:54
132	793	Afonso Ferreira	TEAM Personal Training	Senior Masculino	02:31:04	+01:18:22	15:06
133	665	Tiago Labita	MOV3	Senior Masculino	02:33:04	+01:20:22	15:18
134	663	Pedro Azevedo	MOV3	Senior Masculino	02:33:05	+01:20:22	15:18
135	662	Nuno Couto	MOV3	Senior Masculino	02:33:05	+01:20:22	15:18
136	578	Nuno Pinto	CrossLiberty	Senior Masculino	02:33:07	+01:20:25	15:19
137	571	Artur Duarte	CrossLiberty	Senior Masculino	02:33:07	+01:20:25	15:19
138	754	Élio Duarte	Smartfit	Senior Masculino	02:33:16	+01:20:33	15:20
139	696	Hugo Magalhães	Pegasus OCR ProTeam	Senior Masculino	02:33:33	+01:20:50	15:21
140	695	Guilherme Magalhães	Pegasus OCR ProTeam	Senior Masculino	02:34:32	+01:21:49	15:27
141	601	Carlos Manuel Martins Veloso	Individual	Senior Masculino	02:34:35	+01:21:52	15:27
142	635	Bruno Araújo	INMOVE	Senior Masculino	02:34:42	+01:22:00	15:28
143	572	Gil Cardoso	CrossLiberty	Senior Masculino	02:35:03	+01:22:21	15:30
144	577	Luiz Fernando Neves	CrossLiberty	Senior Masculino	02:36:47	+01:24:05	15:41
145	643	Samuel Silva	INMOVE	Senior Masculino	02:38:32	+01:25:49	15:51
146	576	José Silva	CrossLiberty	Senior Masculino	02:42:51	+01:30:09	16:17
147	573	Gilberto Sousa	CrossLiberty	Senior Masculino	02:42:52	+01:30:10	16:17
148	574	Hugo Filipe Mendes Pereira Ribeiro	CrossLiberty	Senior Masculino	02:43:00	+01:30:17	16:18
149	803	Mário Oliveira	TEAM Personal Training	Senior Masculino	02:44:23	+01:31:41	16:26
150	804	Rafael Fernandes	TEAM Personal Training	Senior Masculino	02:44:24	+01:31:41	16:26
151	807	Tiago Vaz	TEAM Personal Training	Senior Masculino	02:44:44	+01:32:02	16:28
152	798	Fábio Moreira	TEAM Personal Training	Senior Masculino	02:45:09	+01:32:27	16:31
153	801	José Peixoto	TEAM Personal Training	Senior Masculino	02:45:32	+01:32:50	16:33







