

VERTICAL ELEVADOR - STAGE 1

0,65 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:00	--	--
End	09:10	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	41	Tomás Estevães	OCS - Arrábida Trail Team	04:38		-	
2	18	José Vieira	Clube Naval de São Vicente	04:46	+00:08	-	
3	40	Francisco Andrade Gonçalves	Minho e Lima Trail	04:53	+00:15	-	
4	1	JOÃO COSTA	EDL trail	05:02	+00:24	-	
5	32	Gonçalo Prudêncio	Individual	05:03	+00:25	-	
6	11	Pedro Lopes	Adc Felgueira	05:12	+00:34	-	
7	21	Diogo Ferreira	Furfor Running Project	05:18	+00:40	-	
8	12	MARIO FONSECA	ADC FELGUEIRA	05:19	+00:41	-	
9	35	Amaro Costa	Individual	05:22	+00:44	-	
10	34	Agostinho Reis	Individual	05:22	+00:44	-	
11	9	Bernardo Matos Vieira	Abutres Trail Running School	05:23	+00:45	-	
12	30	Jakub Zukowski	Individual	05:35	+00:57	-	
13	24	Rodrigo Silva Cabral	GDCR LAJES	05:35	+00:57	-	
14	28	Pedro Rodrigues	Individual	05:36	+00:58	-	
15	13	Álvaro Vale	Ade trail running	05:50	+01:12	-	
16	22	Cristiana Rocha	Furfor Running Project	05:51	+01:13	-	
17	8	Gabriel Castro Marques	Abutres Trail Running School	06:03	+01:25	-	
18	37	Licínio Sequeira	ABUTRES	06:08	+01:30	-	
19	3	Fernando Marques	ABUTRES	06:12	+01:34	-	
20	26	André Castro	GRUPO JUVENIL DE VILA DE PUNHE	06:29	+01:51	-	
21	29	Mariana Prudêncio	Individual	06:32	+01:54	-	
22	23	António Dinis	G.T.M. - Grupo dos Tamecanos de Mondim - Aventura	06:38	+02:00	-	
23	6	João Miguel A. Coutinho Costa	Abutres Trail Running School	06:42	+02:04	-	
24	44	Ana Oliveira	Penta Clube da Covilhã/Sport Hotel Trail Running Team	06:42	+02:04	-	
25	25	Alejandra Sanroman	gmta & chuvoners	06:46	+02:08	-	
26	49	Eduarda Leitão	Runners do Demo	06:52	+02:14	-	
27	10	Jorge Miguel dos Santos Rodrigues	Abutres Trail Running School	06:54	+02:16	-	
28	19	Filipe de Oliveira Teles	Clube Naval de São Vicente	06:55	+02:17	-	
29	20	João Couto	FisioMove	06:57	+02:19	-	
30	39	Joaquim Miranda	Individual	06:58	+02:20	-	
31	43	Lara Duarte	Penta Clube da Covilhã/Sport Hotel Trail Running Team	06:58	+02:20	-	
32	53	Sérgio Leites	The Wolves	06:59	+02:21	-	
33	38	Manuel Carvalhosa	Individual	07:01	+02:23	-	
34	27	Pedro Rosa	GRUPO JUVENIL DE VILA DE PUNHE	07:03	+02:25	-	
35	45	Maria Oliveira	Penta Clube da Covilhã/Sport Hotel Trail Running Team	07:03	+02:25	-	
36	5	Maria Castro Marques	Abutres Trail Running School	07:30	+02:52	-	
37	54	Jose Ponte	EDV Viana Trail	07:32	+02:54	-	
38	4	Lúisa Raposo Rodrigues	Abutres Trail Running School	07:34	+02:56	-	
39	46	Bruno Loureiro	Renasce	07:37	+02:59	-	

Vertical Elevador

0,65 KM

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OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	09:10	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Iniciado Feminino

1	5	Maria Castro Marques	Abutres Trail Running School	Iniciado Feminino	07:30	-	-
2	4	Luísa Raposo Rodrigues	Abutres Trail Running School	Iniciado Feminino	07:34	+00:04	-

Iniciado Masculino

1	26	André Castro	GRUPO JUVENIL DE VILA DE PUNHE	Iniciado Masculino	06:29	-	-
2	6	João Miguel A. Coutinho Costa	Abutres Trail Running School	Iniciado Masculino	06:42	+00:12	-
3	27	Pedro Rosa	GRUPO JUVENIL DE VILA DE PUNHE	Iniciado Masculino	07:03	+00:33	-

Junior Masculino

1	40	Francisco Andrade Gonçalves	Minho e Lima Trail	Junior Masculino	04:53	-	-
2	28	Pedro Rodrigues	Individual	Junior Masculino	05:36	+00:43	-

Juvenil Feminino

1	29	Mariana Prudêncio	Individual	Juvenil Feminino	06:32	-	-
2	43	Lara Duarte	Penta Clube da Covilhã/Sport Hotel Trail Running Team	Juvenil Feminino	06:58	+00:25	-
3	7	Maria Lopo Sequeira	Abutres Trail Running School	Juvenil Feminino	08:05	+01:32	-

Juvenil Masculino

1	21	Diogo Ferreira	Furfor Running Project	Juvenil Masculino	05:18	-	-
2	8	Gabriel Castro Marques	Abutres Trail Running School	Juvenil Masculino	06:03	+00:45	-

Senior Feminino

1	25	Alejandra Sanroman	gmta & chuvoners	Senior Feminino	06:46	-	-
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Senior Masculino

1	18	José Vieira	Clube Naval de São Vicente	Senior Masculino	04:46	-	-
2	1	JOÃO COSTA	EDL trail	Senior Masculino	05:02	+00:16	-
3	11	Pedro Lopes	Adc Felgueira	Senior Masculino	05:12	+00:26	-
4	30	Jakub Zukowski	Individual	Senior Masculino	05:35	+00:49	-

Official Timekeeper: Lap2Go	1 / 3	generate 05-jun-2023 10:51
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Vertical Elevador

0,65 KM



OFFICIAL RESULT

5	53	Sérgio Leites	The Wolves	Senior Masculino	06:59	+02:13	-
6	46	Bruno Loureiro	Renasce	Senior Masculino	07:37	+02:51	-
7	14	Hugo Gregório	Banana Mecânica	Senior Masculino	07:45	+02:59	-
8	31	Pedro Miguel Fernandes Pinto	Individual	Senior Masculino	08:58	+04:12	-

Sub 23 Feminino

1	22	Cristiana Rocha	Furfor Running Project	Sub 23 Feminino	05:51		-
2	44	Ana Oliveira	Penta Clube da Covilhã/Sport Hotel Trail Running Team	Sub 23 Feminino	06:42	+00:50	-
3	49	Eduarda Leitão	Runners do Demo	Sub 23 Feminino	06:52	+01:01	-
4	45	Maria Oliveira	Penta Clube da Covilhã/Sport Hotel Trail Running Team	Sub 23 Feminino	07:03	+01:12	-

Sub 23 Masculino

1	41	Tomás Estevães	OCS - Arrábida Trail Team	Sub 23 Masculino	04:38		-
2	32	Gonçalo Prudêncio	Individual	Sub 23 Masculino	05:03	+00:25	-
3	9	Bernardo Matos Vieira	Abutres Trail Running School	Sub 23 Masculino	05:23	+00:45	-
4	24	Rodrigo Silva Cabral	GDCR LAJES	Sub 23 Masculino	05:35	+00:57	-

Veterana F40

1	2	Susana Castro	ABUTRES	Veterana F40	09:41		-
2	47	Liliana Loureiro	Renasce	Veterana F40	09:51	+00:10	-

Veterano M40

1	12	MARIO FONSECA	ADC FELGUEIRA	Veterano M40	05:19		-
2	35	Amaro Costa	Individual	Veterano M40	05:22	+00:02	-
3	34	Agostinho Reis	Individual	Veterano M40	05:22	+00:02	-
4	13	Álvaro Vale	Ade trail running	Veterano M40	05:50	+00:30	-
5	3	Fernando Marques	ABUTRES	Veterano M40	06:12	+00:52	-
6	10	Jorge Miguel dos Santos Rodrigues	Abutres Trail Running School	Veterano M40	06:54	+01:34	-
7	19	Filipe de Oliveira Teles	Clube Naval de São Vicente	Veterano M40	06:55	+01:35	-
8	20	João Couto	FisioMove	Veterano M40	06:57	+01:38	-
9	48	Vitor Martins	Renasce	Veterano M40	07:39	+02:19	-
10	16	Romeu Vieira	Banana Mecânica	Veterano M40	08:32	+03:12	-
11	15	Hugo Ribeiro	Banana Mecânica	Veterano M40	08:47	+03:27	-
12	52	José Andrade	VianaOCRTeam	Veterano M40	09:47	+04:27	-

Veterano M50

1	37	Licínio Sequeira	ABUTRES	Veterano M50	06:08		-
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Vertical Elevador

0,65 KM

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2	23	António Dinis	G.T.M. - Grupo dos Tamecanos de Mondim - Aventura	Veterano M50	06:38	+00:30	-
3	38	Manuel Carvalhosa	Individual	Veterano M50	07:01	+00:53	-

Veterano M60

1	39	Joaquim Miranda	Individual	Veterano M60	06:58	-	-
2	54	Jose Ponte	EDV Viana Trail	Veterano M60	07:32	+00:34	-
3	42	João Carlos Dias de Carvalho	OLYMPICS4ALL MUNICÍPIO DE VIANA DO CASTELO	Veterano M60	08:58	+02:00	-