

LONGO - STAGE 1**30 KM****R**
REVISED**OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	09:00	13,6°C	100%
End	14:18	13,6°C	100%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	27	Nelson Feiteira	Grupo de Corrida de Argoncilhe	02:38:36		05:17	
2	80	Vitor Rito	RUNNING ESPINHO	02:50:10	+11:34	05:40	
3	15	Ivan Silva	Caldas de S. Jorge Sport Clube	02:51:17	+12:41	05:43	
4	49	Domingos Jorge Costa Gomes	Individual	02:51:49	+13:13	05:44	
5	97	Daniel Santos	EDV Viana Trail	02:52:07	+13:31	05:44	
6	96	Edgar Resende	Clube Desportivo Feirense	02:52:09	+13:33	05:44	
7	19	Mário João Silva Ibarra	Clube Desportivo Feirense	02:53:49	+15:13	05:48	
8	71	gilberto costa	javalis100limites	03:02:43	+24:07	06:05	
9	60	Carlos Silva	Clube Trilheiros & Amigos	03:11:59	+33:23	06:24	
10	53	Luís Manuel Rodrigues Oliveira	Individual	03:16:05	+37:29	06:32	
11	13	Nelson Reis	Bravos e bravitas	03:17:32	+38:56	06:35	
12	98	Luis Teixeira	Individual	03:19:03	+40:27	06:38	
13	31	Helder Oliveira	Guisande Trail Running	03:19:42	+41:06	06:39	
14	1	Rafael Bravo	100 esforço não há tinto	03:20:11	+41:35	06:40	
15	21	Liliana Cardoso	Clube Desportivo Feirense	03:20:20	+41:44	06:41	
16	2	Hélder Melo	ACPortalegre/UTSM	03:23:14	+44:38	06:46	
17	30	Domingos Ferreira	Guisande Trail Running	03:23:57	+45:21	06:48	
18	25	Carlos Fazendeiro	G.D.A Ronda	03:28:53	+50:17	06:58	
19	10	Antonio Fernandes	AMIGOS DO TRAIL	03:30:29	+51:53	07:01	
20	61	Francisco Pinheiro	Individual	03:31:22	+52:46	07:03	
21	18	Vera Rodrigues	Clube Desportivo Feirense	03:32:38	+54:02	07:05	
22	4	Filipe Quelhas	ACPortalegre/UTSM	03:34:09	+55:33	07:08	
23	47	Bruno Calado	Individual	03:34:13	+55:37	07:08	
24	83	Antônio prata	Tartarugas de Seixezelo	03:39:10	+01:00:34	07:18	
25	46	Américo Costa	Individual	03:39:48	+01:01:12	07:20	
26	36	Bruno Alexandre Oliveira da Silva	Individual	03:41:12	+01:02:36	07:22	
27	38	Frederico Santos	Individual	03:44:52	+01:06:16	07:30	
28	91	Pedro Tavares	Velha Guarda RC	03:45:19	+01:06:43	07:31	
29	67	André santos	javalis100limites	03:45:34	+01:06:58	07:31	
30	17	Leida Bello	Clube Desportivo Feirense	03:45:35	+01:06:59	07:31	
31	11	Nuno Teixeira	Boavista Trail	03:45:49	+01:07:13	07:32	
32	23	Carlos Jorge da Costa Carvalho	Corre São João	03:46:11	+01:07:35	07:32	
33	75	Joaquim José Pedrosa da Mota	Juventude Cortegacense	03:50:51	+01:12:15	07:42	
34	51	Fábio Ferreira	Individual	03:51:28	+01:12:52	07:43	
35	57	Ricardo Mendonça	Individual	03:51:55	+01:13:19	07:44	
36	22	Rolando Paulo	Clube Desportivo Feirense	03:54:42	+01:16:06	07:49	
37	1243	Marta Reis	Juventude Cortegacense	03:55:17	+01:16:41	07:51	
38	42	Sandro Pinheiro	Individual	03:56:25	+01:17:49	07:53	
39	50	Duarte Conceição	Individual	04:05:37	+01:27:01	08:11	
40	52	José Correia	Arcorun	04:06:02	+01:27:26	08:12	
41	48	Carlos Rodrigues	Individual	04:10:39	+01:32:03	08:21	
42	68	manuel duarte	javalis100limites	04:11:37	+01:33:01	08:23	

LONGO - STAGE 1**30 KM****R**
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	29	Liliana Pinho	Guisande Trail Running	04:13:49	+01:35:13	08:28	
44	81	Raquel Vasconcelos	Sport Comércio e Salgueiros	04:14:48	+01:36:12	08:30	
45	73	Pedro Custódio	JUFacc	04:15:13	+01:36:37	08:30	
46	70	cesar sousa	javalis100limites	04:18:02	+01:39:26	08:36	
47	24	Filipe Escobar	Equipa A	04:21:58	+01:43:22	08:44	
48	34	Tiago Figueiredo	Guisande Trail Running	04:25:23	+01:46:47	08:51	
49	32	Pedro Santos	Guisande Trail Running	04:25:24	+01:46:48	08:51	
50	12	Cristina Saraiva	Bravos e bravitas	04:25:35	+01:46:59	08:51	
51	44	Maria Manuela Matos P. Franco	Individual	04:25:35	+01:46:59	08:51	
52	59	Carlos Navega	Individual	04:28:39	+01:50:03	08:57	
53	69	vitro maia	javalis100limites	04:30:00	+01:51:24	09:00	
54	79	Pedro Valente	RUNNING ESPINHO	04:30:00	+01:51:24	09:00	
55	45	Margarida neves	Individual	04:32:25	+01:53:49	09:05	
56	55	Paulo Oliveira	Individual	04:32:46	+01:54:10	09:06	
57	26	Diana Almeida	Grupo de Corrida de Argoncilhe	04:40:44	+02:02:08	09:21	
58	28	Pedro Ferreira	Grupo de Corrida de Argoncilhe	04:40:44	+02:02:08	09:21	
59	54	Nuno Mendes	Individual	04:41:43	+02:03:07	09:23	
60	86	Nuno Ferreira	Team Daniel Luís e Nuno	04:50:05	+02:11:29	09:40	
61	85	Luís Ferreira	Team Daniel Luís e Nuno	04:50:07	+02:11:31	09:40	
62	94	Bruno Miguel Ferreira Gonçalves	ZeQuinhas Running Team	04:51:53	+02:13:17	09:44	
63	95	Marco Almeida	ZeQuinhas Running Team	04:51:53	+02:13:17	09:44	
64	72	luis morais	javalis100limites	04:55:26	+02:16:50	09:51	
65	64	Paulo Ribeiro	Individual	05:06:07	+02:27:31	10:12	
66	43	Cláudia Pinto	Individual	05:12:31	+02:33:55	10:25	
67	20	Isabel Sofia Sousa	Clube Desportivo Feirense	05:15:39	+02:37:03	10:31	
68	58	Telmo Martins	Individual	05:16:02	+02:37:26	10:32	
69	37	Emanuel Silva	Individual	05:16:48	+02:38:12	10:34	
70	9	Nuno Mariz	AllforOne	05:17:16	+02:38:40	10:35	
71	7	Helena Mariz	AllforOne	05:17:16	+02:38:40	10:35	
72	6	Bruno Rei	AllforOne	05:17:16	+02:38:40	10:35	
73	8	Lucia Teles	AllforOne	05:17:16	+02:38:40	10:35	
74	63	José Rodrigues Costa	Individual	05:17:41	+02:39:05	10:35	

Longo

30 KM

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	13,6°C	100%
End	14:18	13,6°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	18	Vera Rodrigues	Clube Desportivo Feirense	Senior Feminino	03:32:37	+54:02	07:05
2	17	Leida Bello	Clube Desportivo Feirense	Senior Feminino	03:45:34	+01:06:59	07:31
3	26	Diana Almeida	Grupo de Corrida de Argoncilhe	Senior Feminino	04:40:43	+02:02:08	09:21

Senior Masculino

1	80	Vitor Rito	RUNNING ESPINHO	Senior Masculino	02:50:10	+11:34	05:40
2	97	Daniel Santos	EDV Viana Trail	Senior Masculino	02:52:06	+13:31	05:44
3	96	Edgar Resende	Clube Desportivo Feirense	Senior Masculino	02:52:08	+13:33	05:44
4	19	Mário João Silva Ibarra	Clube Desportivo Feirense	Senior Masculino	02:53:49	+15:13	05:48
5	1	Rafael Bravo	100 esforço não há tinto	Senior Masculino	03:20:11	+41:35	06:40
6	2	Hélder Melo	ACPortalegre/UTSM	Senior Masculino	03:23:14	+44:38	06:46
7	36	Bruno Alexandre Oliveira da Silva	Individual	Senior Masculino	03:41:11	+01:02:36	07:22
8	38	Frederico Santos	Individual	Senior Masculino	03:44:52	+01:06:16	07:30
9	91	Pedro Tavares	Velha Guarda RC	Senior Masculino	03:45:19	+01:06:43	07:31
10	67	André santos	javalis100limites	Senior Masculino	03:45:34	+01:06:58	07:31
11	75	Joaquim José Pedrosa da Mota	Juventude Cortegacense	Senior Masculino	03:50:51	+01:12:15	07:42
12	42	Sandro Pinheiro	Individual	Senior Masculino	03:56:25	+01:17:49	07:53
13	68	manuel duarte	javalis100limites	Senior Masculino	04:11:37	+01:33:01	08:23
14	69	vitor maia	javalis100limites	Senior Masculino	04:30:00	+01:51:24	09:00
15	79	Pedro Valente	RUNNING ESPINHO	Senior Masculino	04:30:00	+01:51:24	09:00
16	37	Emanuel Silva	Individual	Senior Masculino	05:16:47	+02:38:12	10:34
17	6	Bruno Rei	AllforOne	Senior Masculino	05:17:16	+02:38:40	10:35

Veterana F40

1	21	Liliana Cardoso	Clube Desportivo Feirense	Veterana F40	03:20:19	+41:44	06:41
2	1243	Marta Reis	Juventude Cortegacense	Veterana F40	03:55:16	+01:16:41	07:51
3	29	Liliana Pinho	Guisande Trail Running	Veterana F40	04:13:49	+01:35:13	08:28
4	81	Raquel Vasconcelos	Sport Comércio e Salgueiros	Veterana F40	04:14:48	+01:36:12	08:30
5	44	Maria Manuela Matos P. Franco	Individual	Veterana F40	04:25:35	+01:46:59	08:51
6	43	Cláudia Pinto	Individual	Veterana F40	05:12:31	+02:33:55	10:25
7	20	Isabel Sofia Sousa	Clube Desportivo Feirense	Veterana F40	05:15:39	+02:37:03	10:31
8	7	Helena Mariz	AllforOne	Veterana F40	05:17:15	+02:38:40	10:35

Veterana F50

1	12	Cristina Saraiva	Bravos e bravitas	Veterana F50	04:25:35	+01:46:59	08:51
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Official Timekeeper: Lap2Go

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generate 02-mai-2023 14:48

Longo

30 KM

R
REVISED

OFFICIAL RESULT

2	45	Margarida neves	Individual	Veterana F50	04:32:24	+01:53:49	09:05
3	8	Lucia Teles	AllforOne	Veterana F50	05:17:16	+02:38:40	10:35

Veterano M40

1	27	Nelson Feiteira	Grupo de Corrida de Argoncilhe	Veterano M40	02:38:35		05:17
2	15	Ivan Silva	Caldas de S. Jorge Sport Clube	Veterano M40	02:51:16	+12:41	05:43
3	49	Domingos Jorge Costa Gomes	Individual	Veterano M40	02:51:49	+13:13	05:44
4	71	gilberto costa	javalis100limites	Veterano M40	03:02:43	+24:07	06:05
5	53	Luís Manuel Rodrigues Oliveira	Individual	Veterano M40	03:16:04	+37:29	06:32
6	13	Nelson Reis	Bravos e bravitas	Veterano M40	03:17:32	+38:56	06:35
7	98	Luis Teixeira	Individual	Veterano M40	03:19:02	+40:26	06:38
8	31	Helder Oliveira	Guisande Trail Running	Veterano M40	03:19:41	+41:06	06:39
9	30	Domingos Ferreira	Guisande Trail Running	Veterano M40	03:23:57	+45:21	06:48
10	10	Antonio Fernandes	AMIGOS DO TRAIL	Veterano M40	03:30:29	+51:53	07:01
11	4	Filipe Quelhas	ACPortalegre/UTSM	Veterano M40	03:34:08	+55:33	07:08
12	47	Bruno Calado	Individual	Veterano M40	03:34:13	+55:37	07:08
13	46	Américo Costa	Individual	Veterano M40	03:39:47	+01:01:11	07:20
14	11	Nuno Teixeira	Boavista Trail	Veterano M40	03:45:48	+01:07:13	07:32
15	23	Carlos Jorge da Costa Carvalho	Corre São João	Veterano M40	03:46:11	+01:07:35	07:32
16	51	Fábio Ferreira	Individual	Veterano M40	03:51:28	+01:12:52	07:43
17	57	Ricardo Mendonça	Individual	Veterano M40	03:51:55	+01:13:19	07:44
18	22	Rolando Paulo	Clube Desportivo Feirense	Veterano M40	03:54:41	+01:16:06	07:49
19	50	Duarte Conceição	Individual	Veterano M40	04:05:36	+01:27:01	08:11
20	52	José Correia	Arcorun	Veterano M40	04:06:01	+01:27:26	08:12
21	48	Carlos Rodrigues	Individual	Veterano M40	04:10:39	+01:32:03	08:21
22	73	Pedro Custódio	JUFacc	Veterano M40	04:15:12	+01:36:37	08:30
23	70	cesar sousa	javalis100limites	Veterano M40	04:18:02	+01:39:26	08:36
24	24	Filipe Escobar	Equipa A	Veterano M40	04:21:57	+01:43:22	08:44
25	34	Tiago Figueiredo	Guisande Trail Running	Veterano M40	04:25:23	+01:46:47	08:51
26	32	Pedro Santos	Guisande Trail Running	Veterano M40	04:25:23	+01:46:48	08:51
27	55	Paulo Oliveira	Individual	Veterano M40	04:32:45	+01:54:10	09:06
28	28	Pedro Ferreira	Grupo de Corrida de Argoncilhe	Veterano M40	04:40:43	+02:02:08	09:21
29	54	Nuno Mendes	Individual	Veterano M40	04:41:43	+02:03:07	09:23
30	86	Nuno Ferreira	Team Daniel Luís e Nuno	Veterano M40	04:50:04	+02:11:29	09:40
31	85	Luís Ferreira	Team Daniel Luís e Nuno	Veterano M40	04:50:06	+02:11:31	09:40
32	94	Bruno Miguel Ferreira Gonçalves	ZeQuinhas Running Team	Veterano M40	04:51:52	+02:13:17	09:44
33	95	Marco Almeida	ZeQuinhas Running Team	Veterano M40	04:51:53	+02:13:17	09:44
34	58	Telmo Martins	Individual	Veterano M40	05:16:02	+02:37:26	10:32
35	9	Nuno Mariz	AllforOne	Veterano M40	05:17:15	+02:38:40	10:35

Veterano M50

1	60	Carlos Silva	Clube Trilheiros & Amigos	Veterano M50	03:11:58	+33:23	06:24
2	61	Francisco Pinheiro	Individual	Veterano M50	03:31:22	+52:46	07:03
3	83	Antônio prata	Tartarugas de Seixezelo	Veterano M50	03:39:10	+01:00:34	07:18

Official Timekeeper: Lap2Go	2 / 3	generate 02-mai-2023 14:48
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TEAM RESULTS - LONGO
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CLUBE DESPORTIVO FEIRENSE	5 + 6 + 14 + 21	46
2	GUISANDE TRAIL RUNNING	12 + 16 + 18 + 43	89
3	JVALIS100LIMITES	7 + 29 + 42 + 46	124
4	ALLFORONE	70 + 71 + 72 + 73	286

MÉDIO - STAGE 1

18 KM

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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	Time	Temperature	Humidity
Start	09:15	14,8°C	94%
End	13:40	14,8°C	94%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	551	Fabio Barbosa	Clube Desportivo Feirense	01:18:44		04:22	
2	591	João Sousa	Individual	01:20:25	+01:41	04:28	
3	523	Bruno Silva	Bravos e bravitas	01:23:23	+04:39	04:38	
4	501	Ricardo Pereira	#lobosolitário	01:27:22	+08:38	04:51	
5	575	Hugo Daniel Silva	GD Ronda	01:27:31	+08:47	04:52	
6	521	Hugo Ferreira	Bravos e bravitas	01:28:13	+09:29	04:54	
7	723	Rui Oliveira	Vila Maior Turismo	01:28:31	+09:47	04:55	
8	526	Rui Teixeira	Bravos e bravitas	01:32:23	+13:39	05:08	
9	557	Paulo Oliveira	Clube Desportivo Feirense	01:32:30	+13:46	05:08	
10	715	Telmo Oliveira	Trail Running Sul Park	01:32:31	+13:47	05:08	
11	1104	Fernando Castanheira	Clube Desportivo Feirense	01:33:02	+14:18	05:10	
12	729	Pedro Pinho	Clube Desportivo Feirense	01:33:36	+14:52	05:12	
13	687	Agostinho Costa	Núcleo Atletismo Cucujães (NAC Trail)	01:33:44	+15:00	05:12	
14	567	Pedro Alves	ESPINHO TRAIL	01:34:05	+15:21	05:14	
15	615	André oliveira	Individual	01:34:31	+15:47	05:15	
16	680	Ernesto alves	Juventude Cortegacense	01:35:48	+17:04	05:19	
17	1090	Paulo Silva	Caminhadas da Amizade	01:37:36	+18:52	05:25	
18	514	Vitor Mendes	Associação desportiva Mont blue team	01:39:10	+20:26	05:31	
19	586	Fábio Almeida	Individual	01:41:11	+22:27	05:37	
20	1302	Júlio Oliveira	Vila Maior Turismo	01:41:29	+22:45	05:38	
21	520	Fábio Pereira	Bravos e bravitas	01:41:46	+23:02	05:39	
22	686	Francisco Terra	Núcleo Atletismo Cucujães (NAC Trail)	01:41:58	+23:14	05:40	
23	657	Jorge Rodrigues	Individual	01:42:24	+23:40	05:41	
24	533	Bruno Barge	C.D.C. SÃO MARTINHO DA GÂNDARA	01:42:43	+23:59	05:42	
25	566	Miguel Lemos	ESPINHO TRAIL	01:43:02	+24:18	05:43	
26	655	Feranando Capitão	Individual	01:43:10	+24:26	05:44	
27	717	Ricardo Moutinho	Valongo trail team	01:43:12	+24:28	05:44	
28	704	Serafim Pereira da Rocha	Team do Rêgo (quando deres por ela, Paçô)	01:43:15	+24:31	05:44	
29	556	Paulo Ferreira	Clube Desportivo Feirense	01:43:29	+24:45	05:45	
30	694	Jorge Gomes	Outlaw runners	01:43:38	+24:54	05:45	
31	695	Valter Correia	Outlaw runners	01:43:39	+24:55	05:45	
32	593	Marcelo Sousa	Individual	01:44:14	+25:30	05:47	
33	703	Agostinho Pinheiro da Silva Azevedo	Team do Rêgo (quando deres por ela, Paçô)	01:45:58	+27:14	05:53	
34	617	Antonio José Oliveira Reis	Individual	01:46:00	+27:16	05:53	
35	654	Domingos Soares	Individual	01:46:00	+27:16	05:53	
36	522	João Santos	Bravos e bravitas	01:46:16	+27:32	05:54	
37	576	Manuel António da Silva	GONDOMAR FUTSAL CLUBE	01:46:24	+27:40	05:55	
38	645	Rui Ferreira	Individual	01:47:49	+29:05	05:59	
39	548	Fernando Seabra	Caminhadas da Amizade	01:47:54	+29:10	06:00	
40	538	José Nunes	C.D.C. SÃO MARTINHO DA GÂNDARA	01:48:18	+29:34	06:01	
41	565	Eduardo Pinto	ESPINHO TRAIL	01:48:29	+29:45	06:02	

MÉDIO - STAGE 1

18 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	688	Celso Mota	Ó Pereira já foste...	02:21:22	+01:02:38	07:51	
134	728	Rui Ferreira	ACR DE VALE DE CAMBRA	02:22:23	+01:03:39	07:55	
135	506	Fernanda Almeida	ACR DE VALE DE CAMBRA	02:22:24	+01:03:40	07:55	
136	724	Pedro Domingues	Vila Running	02:23:15	+01:04:31	07:57	
137	662	sonia monteiro	javalis100limites	02:23:25	+01:04:41	07:58	
138	722	Joao Pinheiro	Valongo trail team	02:23:27	+01:04:43	07:58	
139	669	Anthony Borges	Juventude Cortegacense	02:23:47	+01:05:03	07:59	
140	672	Rafael Barbosa	Juventude Cortegacense	02:23:48	+01:05:04	07:59	
141	673	Sergio Costa	Juventude Cortegacense	02:23:48	+01:05:04	07:59	
142	690	Paula Ventura	Os Finos / GMTA / Team Luisa	02:24:47	+01:06:03	08:03	
143	670	João Gomes	Juventude Cortegacense	02:24:48	+01:06:04	08:03	
144	631	Márcio Daniel Moura	Individual	02:25:33	+01:06:49	08:05	
145	640	Pedro Simão	Individual	02:26:04	+01:07:20	08:07	
146	616	Antonio Jose Moreira de Sousa	Individual	02:26:16	+01:07:32	08:08	
147	705	Catarina Louro	Trail da Ladeia Running Team	02:26:33	+01:07:49	08:09	
148	603	Andreia Pelicano	Individual	02:27:09	+01:08:25	08:10	
149	606	Liliana Costa	Individual	02:27:52	+01:09:08	08:13	
150	716	Hélder Silva	Trilhados	02:29:11	+01:10:27	08:17	
151	574	Sónia Guimarães	GD Leões da Guarda - Lion Runners	02:30:16	+01:11:32	08:21	
152	647	Sérgio Pedro Pereira Guimarães	Individual	02:30:16	+01:11:32	08:21	
153	621	Duarte Malheiro	Individual	02:31:35	+01:12:51	08:25	
154	87	Joaquim Gomes	Trail Running BTT Sanguedo	02:32:20	+01:13:36	08:28	
155	709	Dulce Correia	Trail Running BTT Sanguedo	02:33:18	+01:14:34	08:31	
156	579	Teresa Santos	Guisande Trail Running	02:34:07	+01:15:23	08:34	
157	578	Marilda Santos	Guisande Trail Running	02:34:07	+01:15:23	08:34	
158	721	Rui Silva	Valongo trail team	02:34:45	+01:16:01	08:36	
159	666	luis silva	javalis100limites	02:36:29	+01:17:45	08:42	
160	613	Ana Silva	Individual	02:37:11	+01:18:27	08:44	
161	625	Helder Marques	Individual	02:39:53	+01:21:09	08:53	
162	727	Rúben Margarido	Trail da Ladeia Running Team	02:40:40	+01:21:56	08:56	
163	559	Rui Oliveira	ComDor Runners	02:41:18	+01:22:34	08:58	
164	663	carla pereira	javalis100limites	02:41:23	+01:22:39	08:58	
165	718	Mónica Carvalho	Valongo trail team	02:42:26	+01:23:42	09:01	
166	583	Bruno Filipe Alves dos Santos	Individual	02:44:19	+01:25:35	09:08	
167	549	Arlete Borlido	CF Perosinho Trail & Running	02:44:44	+01:26:00	09:09	
168	710	Fernando Correia	Trail Running BTT Sanguedo	02:45:07	+01:26:23	09:10	
169	553	Clara Oliveira	Clube Desportivo Feirense	02:45:09	+01:26:25	09:10	
170	641	Ricardo Ferreira	Individual	02:46:48	+01:28:04	09:16	
171	691	Antonio Franco	Os Finos / GMTA / Team Luisa	02:47:11	+01:28:27	09:17	
172	518	Rui Ventura	Aventurados	02:52:18	+01:33:34	09:34	
173	517	Sofia Santos	Aventurados	02:52:19	+01:33:35	09:34	
174	660	leticia oliveira	javalis100limites	02:52:20	+01:33:36	09:34	
175	507	Fátima Maria Soares Pinho	AFIS - Ovar	02:57:10	+01:38:26	09:51	
176	665	conceição pereira	javalis100limites	02:57:53	+01:39:09	09:53	
177	564	Mário Araújo	Equipa A	02:57:53	+01:39:09	09:53	
178	582	Filipa Soares	Individual	03:01:38	+01:42:54	10:05	

MÉDIO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
179	612	Alexandra Soares	Individual	03:01:39	+01:42:55	10:05	
180	649	Vasco Monteiro	Individual	03:01:40	+01:42:56	10:06	
181	607	Liliana Monteiro	Individual	03:01:40	+01:42:56	10:06	
182	661	Monica Morais	javalis100limites	03:02:35	+01:43:51	10:09	
183	608	Marta Sousa	Individual	03:05:29	+01:46:45	10:18	
184	719	Berta Ferreira	Valongo trail team	03:07:34	+01:48:50	10:25	
185	513	Pedro Melo	Alaster e os seus seguidores	03:08:56	+01:50:12	10:30	
186	634	Nelson Fernandes	Individual	03:13:27	+01:54:43	10:45	
187	646	Rui Soares	Individual	03:13:28	+01:54:44	10:45	
188	626	Hugo Luís	Individual	03:13:31	+01:54:47	10:45	
189	605	Isabel Nunes Monteiro	Individual	03:19:06	+02:00:22	11:04	
190	572	Cláudia Ferreira	Gang MêPrimo	03:19:22	+02:00:38	11:05	
191	573	Rafael Fernandes	Gang MêPrimo	03:19:22	+02:00:38	11:05	
192	664	crisrina duarte	javalis100limites	03:51:20	+02:32:36	12:51	
193	519	Ricardo Lento	Boavista Trail	03:52:20	+02:33:36	12:54	
194	683	Ana Barroso	NO TOMORROW	04:24:35	+03:05:51	14:42	

Médio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:15	14,8°C	94%
End	13:40	14,8°C	94%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	668	Marlene Ferreira	Juventude Cortegacense	Senior Feminino	01:49:59	+31:14	06:07
2	580	Diana Pinho	Individual	Senior Feminino	01:53:32	+34:48	06:18
3	581	Filipa Liz	Individual	Senior Feminino	02:01:56	+43:11	06:46
4	508	Inês Silva Gonçalves	AFIS - Ovar	Senior Feminino	02:03:58	+45:13	06:53
5	509	Paula Cruz	AFIS - Ovar	Senior Feminino	02:14:57	+56:13	07:30
6	662	sonia monteiro	javalis100limites	Senior Feminino	02:23:24	+01:04:40	07:58
7	705	Catarina Louro	Trail da Ladeia Running Team	Senior Feminino	02:26:33	+01:07:48	08:09
8	517	Sofia Santos	Aventurados	Senior Feminino	02:52:18	+01:33:34	09:34
9	660	leticia oliveira	javalis100limites	Senior Feminino	02:52:20	+01:33:35	09:34
10	507	Fátima Maria Soares Pinho	AFIS - Ovar	Senior Feminino	02:57:09	+01:38:25	09:51
11	582	Filipa Soares	Individual	Senior Feminino	03:01:37	+01:42:53	10:05
12	661	Monica Morais	javalis100limites	Senior Feminino	03:02:34	+01:43:50	10:09

Senior Masculino

1	551	Fabio Barbosa	Clube Desportivo Feirense	Senior Masculino	01:18:44		04:22
2	591	João Sousa	Individual	Senior Masculino	01:20:24	+01:40	04:28
3	521	Hugo Ferreira	Bravos e bravitas	Senior Masculino	01:28:13	+09:29	04:54
4	1104	Fernando Castanheira	Clube Desportivo Feirense	Senior Masculino	01:33:02	+14:18	05:10
5	586	Fábio Almeida	Individual	Senior Masculino	01:41:11	+22:26	05:37
6	520	Fábio Pereira	Bravos e bravitas	Senior Masculino	01:41:46	+23:02	05:39
7	717	Ricardo Moutinho	Valongo trail team	Senior Masculino	01:43:11	+24:27	05:44
8	593	Marcelo Sousa	Individual	Senior Masculino	01:44:13	+25:29	05:47
9	522	João Santos	Bravos e bravitas	Senior Masculino	01:46:16	+27:31	05:54
10	576	Manuel António da Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:46:24	+27:40	05:55
11	588	Fernando Costa	Individual	Senior Masculino	01:48:31	+29:47	06:02
12	74	Alexandre Brandão Andrade Leite	Juventude Cortegacense	Senior Masculino	01:48:38	+29:53	06:02
13	515	Bruno Bastos	AvancaTeam	Senior Masculino	01:49:02	+30:18	06:03
14	516	Eduardo Bastos	AvancaTeam	Senior Masculino	01:49:03	+30:19	06:04
15	590	João Rodrigues	Individual	Senior Masculino	01:50:57	+32:13	06:10
16	598	Pedro Pinto	Individual	Senior Masculino	01:52:13	+33:29	06:14
17	542	Rui Brandão	Caminhadas da Amizade	Senior Masculino	01:53:31	+34:46	06:18
18	712	Carlos Oliveira	Trail Running Sul Park	Senior Masculino	01:55:01	+36:17	06:23
19	713	Hugo Guimarães	Trail Running Sul Park	Senior Masculino	01:55:01	+36:17	06:23
20	594	Marco Rodrigues	Individual	Senior Masculino	01:57:50	+39:06	06:33
21	592	Leandro Daniel Pinho Lavoura	Individual	Senior Masculino	01:58:56	+40:12	06:36
22	596	Paulo Soares	Individual	Senior Masculino	02:03:31	+44:47	06:52
23	589	Filipe Soares	Individual	Senior Masculino	02:04:25	+45:41	06:55
24	569	Joel Beleza	Fit Arena	Senior Masculino	02:05:09	+46:24	06:57

Official Timekeeper: Lap2Go	1 / 6	generate 01-mai-2023 13:53
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Médio
18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

25	502	Filipe Teixeira Manta	100 esforço não há tinto	Senior Masculino	02:05:31	+46:47	06:58
26	599	Ruben Azevedo	Individual	Senior Masculino	02:05:42	+46:58	06:59
27	532	Marco Nunes	C.D.C. SÃO MARTINHO DA GÂNDARA	Senior Masculino	02:06:32	+47:48	07:02
28	585	Eduardo Carvalho	Individual	Senior Masculino	02:12:43	+53:59	07:22
29	531	Filipe Pereira	C.D.C. SÃO MARTINHO DA GÂNDARA	Senior Masculino	02:16:57	+58:13	07:37
30	584	Eduardo Amorim	Individual	Senior Masculino	02:17:57	+59:13	07:40
31	728	Rui Ferreira	ACR DE VALE DE CAMBRA	Senior Masculino	02:22:23	+01:03:39	07:55
32	669	Anthony Borges	Juventude Cortegacense	Senior Masculino	02:23:46	+01:05:02	07:59
33	672	Rafael Barbosa	Juventude Cortegacense	Senior Masculino	02:23:47	+01:05:03	07:59
34	673	Sergio Costa	Juventude Cortegacense	Senior Masculino	02:23:47	+01:05:03	07:59
35	670	João Gomes	Juventude Cortegacense	Senior Masculino	02:24:47	+01:06:03	08:03
36	727	Rúben Margarido	Trail da Ladeia Running Team	Senior Masculino	02:40:40	+01:21:55	08:56
37	583	Bruno Filipe Alves dos Santos	Individual	Senior Masculino	02:44:19	+01:25:35	09:08
38	518	Rui Ventura	Aventurados	Senior Masculino	02:52:18	+01:33:34	09:34
39	513	Pedro Melo	Alaster e os seus seguidores	Senior Masculino	03:08:56	+01:50:11	10:30

Veterana F40

1	698	Fátima Tavares	Run & Fun	Veterana F40	01:49:03	+30:19	06:04
2	610	Sandra Moreira	Individual	Veterana F40	01:55:17	+36:33	06:24
3	552	Mónica Oliveira	Clube Desportivo Feirense	Veterana F40	01:59:16	+40:32	06:38
4	560	Anabela Cordeiro	CTAD	Veterana F40	02:06:05	+47:21	07:00
5	609	Raquel Rocha	Individual	Veterana F40	02:06:50	+48:06	07:03
6	611	Teresa Cristina Oliveira Lima	Individual	Veterana F40	02:06:54	+48:10	07:03
7	700	ORQUÍDEA SOUSA	RUNNING ESPINHO	Veterana F40	02:12:35	+53:50	07:22
8	602	Ana Ferreira	Individual	Veterana F40	02:15:48	+57:04	07:33
9	570	Juliana Melo	Fit Arena	Veterana F40	02:16:11	+57:27	07:34
10	603	Andreia Pelicano	Individual	Veterana F40	02:27:08	+01:08:24	08:10
11	606	Liliana Costa	Individual	Veterana F40	02:27:52	+01:09:07	08:13
12	574	Sónia Guimarães	GD Leões da Guarda - Lion Runners	Veterana F40	02:30:16	+01:11:31	08:21
13	579	Teresa Santos	Guisande Trail Running	Veterana F40	02:34:06	+01:15:22	08:34
14	578	Marilda Santos	Guisande Trail Running	Veterana F40	02:34:07	+01:15:22	08:34
15	663	carla pereira	javalis100limites	Veterana F40	02:41:23	+01:22:38	08:58
16	718	Mónica Carvalho	Valongo trail team	Veterana F40	02:42:26	+01:23:41	09:01
17	549	Arlete Borlido	CF Perosinho Trail & Running	Veterana F40	02:44:43	+01:25:59	09:09
18	607	Liliana Monteiro	Individual	Veterana F40	03:01:40	+01:42:55	10:06
19	608	Marta Sousa	Individual	Veterana F40	03:05:29	+01:46:44	10:18
20	605	Isabel Nunes Monteiro	Individual	Veterana F40	03:19:05	+02:00:21	11:04
21	572	Cláudia Ferreira	Gang MêPrimo	Veterana F40	03:19:22	+02:00:37	11:05
22	664	crisina duarte	javalis100limites	Veterana F40	03:51:19	+02:32:35	12:51
23	683	Ana Barroso	NO TOMORROW	Veterana F40	04:24:34	+03:05:50	14:42

Médio
18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterana F50

1	1142	Maria do Céu Ferreira	Fit Arena	Veterana F50	01:55:04	+36:20	06:24
2	720	Paula Alvadia	Valongo trail team	Veterana F50	02:07:54	+49:10	07:06
3	701	FERNANDA ROCHA	RUNNING ESPINHO	Veterana F50	02:15:58	+57:14	07:33
4	690	Paula Ventura	Os Finos / GMTA / Team Luisa	Veterana F50	02:24:47	+01:06:03	08:03
5	709	Dulce Correia	Trail Running BTT Sanguedo	Veterana F50	02:33:18	+01:14:34	08:31
6	613	Ana Silva	Individual	Veterana F50	02:37:10	+01:18:26	08:44
7	553	Clara Oliveira	Clube Desportivo Feirense	Veterana F50	02:45:08	+01:26:24	09:10
8	665	conceição pereira	javalis100limites	Veterana F50	02:57:52	+01:39:08	09:53
9	612	Alexandra Soares	Individual	Veterana F50	03:01:38	+01:42:54	10:05
10	719	Berta Ferreira	Valongo trail team	Veterana F50	03:07:34	+01:48:50	10:25

Veterana F60

1	684	Paula Andrade	NO TOMORROW	Veterana F60	02:19:15	+01:00:31	07:44
2	506	Fernanda Almeida	ACR DE VALE DE CAMBRA	Veterana F60	02:22:23	+01:03:39	07:55

Veterano M40

1	523	Bruno Silva	Bravos e bravitas	Veterano M40	01:23:22	+04:38	04:38
2	501	Ricardo Pereira	#lobosolitário	Veterano M40	01:27:22	+08:37	04:51
3	575	Hugo Daniel Silva	GD Ronda	Veterano M40	01:27:31	+08:47	04:52
4	723	Rui Oliveira	Vila Maior Turismo	Veterano M40	01:28:30	+09:46	04:55
5	526	Rui Teixeira	Bravos e bravitas	Veterano M40	01:32:22	+13:38	05:08
6	557	Paulo Oliveira	Clube Desportivo Feirense	Veterano M40	01:32:30	+13:45	05:08
7	715	Telmo Oliveira	Trail Running Suil Park	Veterano M40	01:32:30	+13:46	05:08
8	729	Pedro Pinho	Clube Desportivo Feirense	Veterano M40	01:33:35	+14:51	05:12
9	567	Pedro Alves	ESPINHO TRAIL	Veterano M40	01:34:04	+15:20	05:14
10	615	André oliveira	Individual	Veterano M40	01:34:31	+15:47	05:15
11	1090	Paulo Silva	Caminhadas da Amizade	Veterano M40	01:37:35	+18:51	05:25
12	514	Vitor Mendes	Associação desportiva Mont blue team	Veterano M40	01:39:10	+20:26	05:31
13	1302	Júlio Oliveira	Vila Maior Turismo	Veterano M40	01:41:28	+22:44	05:38
14	686	Francisco Terra	Núcleo Atletismo Cucujães (NAC Trail)	Veterano M40	01:41:57	+23:13	05:40
15	533	Bruno Barge	C.D.C. SÃO MARTINHO DA GÂNDARA	Veterano M40	01:42:42	+23:58	05:42
16	566	Miguel Lemos	ESPINHO TRAIL	Veterano M40	01:43:02	+24:18	05:43
17	704	Serafim Pereira da Rocha	Team do Rêgo (quando deres por ela, Paçô)	Veterano M40	01:43:15	+24:30	05:44
18	556	Paulo Ferreira	Clube Desportivo Feirense	Veterano M40	01:43:29	+24:44	05:45
19	694	Jorge Gomes	Outlaw runners	Veterano M40	01:43:38	+24:53	05:45
20	695	Valter Correia	Outlaw runners	Veterano M40	01:43:38	+24:54	05:45
21	703	Agostinho Pinheiro da Silva Azevedo	Team do Rêgo (quando deres por ela, Paçô)	Veterano M40	01:45:58	+27:14	05:53
22	617	Antonio José Oliveira Reis	Individual	Veterano M40	01:45:59	+27:15	05:53

Official Timekeeper: Lap2Go

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generate 01-mai-2023 13:53

Médio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

68	621	Duarte Malheiro	Individual	Veterano M40	02:31:34	+01:12:50	08:25
69	721	Rui Silva	Valongo trail team	Veterano M40	02:34:44	+01:16:00	08:36
70	666	luis silva	javalis100limites	Veterano M40	02:36:28	+01:17:44	08:42
71	625	Helder Marques	Individual	Veterano M40	02:39:52	+01:21:08	08:53
72	641	Ricardo Ferreira	Individual	Veterano M40	02:46:48	+01:28:03	09:16
73	564	Mário Araújo	Equipa A	Veterano M40	02:57:52	+01:39:08	09:53
74	649	Vasco Monteiro	Individual	Veterano M40	03:01:40	+01:42:55	10:06
75	634	Nelson Fernandes	Individual	Veterano M40	03:13:27	+01:54:43	10:45
76	646	Rui Soares	Individual	Veterano M40	03:13:28	+01:54:44	10:45
77	626	Hugo Luís	Individual	Veterano M40	03:13:30	+01:54:46	10:45
78	573	Rafael Fernandes	Gang MêPrimo	Veterano M40	03:19:22	+02:00:38	11:05
79	519	Ricardo Lento	Boavista Trail	Veterano M40	03:52:19	+02:33:35	12:54

Veterano M50

1	680	Ernesto alves	Juventude Cortegacense	Veterano M50	01:35:47	+17:03	05:19
2	657	Jorge Rodrigues	Individual	Veterano M50	01:42:24	+23:40	05:41
3	655	Feranando Capitão	Individual	Veterano M50	01:43:09	+24:25	05:44
4	654	Domingos Soares	Individual	Veterano M50	01:45:59	+27:15	05:53
5	538	José Nunes	C.D.C. SÃO MARTINHO DA GÂNDARA	Veterano M50	01:48:17	+29:33	06:01
6	1247	Julio Paulo Silva	Juventude Cortegacense	Veterano M50	01:48:31	+29:47	06:02
7	1032	Vitor Azevedo	BodyWorkOut	Veterano M50	01:50:07	+31:22	06:07
8	539	Paulo Silva	C.D.C. SÃO MARTINHO DA GÂNDARA	Veterano M50	01:50:42	+31:57	06:09
9	529	Marcelo Fernandes	Bravos e bravitas	Veterano M50	01:51:55	+33:11	06:13
10	697	Vitor Folgado	Outlaw runners	Veterano M50	01:52:22	+33:38	06:15
11	689	Fernando José Moreira Pereira	Ó Pereira já foste...	Veterano M50	01:54:28	+35:44	06:22
12	558	Silvério Oliveira dos Santos	Clube Desportivo Feirense	Veterano M50	01:57:13	+38:29	06:31
13	652	Carlos Lancha	Individual	Veterano M50	01:58:21	+39:37	06:35
14	1135	Alcino Santos	ESPINHO TRAIL	Veterano M50	01:59:33	+40:49	06:39
15	1126	João Neves	ESPINHO TRAIL	Veterano M50	02:03:55	+45:10	06:53
16	667	tony barbosa	javalis100limites	Veterano M50	02:05:30	+46:46	06:58
17	653	clemente meireles	Individual	Veterano M50	02:15:10	+56:25	07:31
18	656	Joaquim Lobato	Caldas de S. Jorge Sport Clube	Veterano M50	02:17:36	+58:52	07:39
19	688	Celso Mota	Ó Pereira já foste...	Veterano M50	02:21:22	+01:02:38	07:51
20	722	Joao Pinheiro	Valongo trail team	Veterano M50	02:23:26	+01:04:42	07:58
21	559	Rui Oliveira	ComDor Runners	Veterano M50	02:41:17	+01:22:33	08:58
22	691	Antonio Franco	Os Finos / GMTA / Team Luisa	Veterano M50	02:47:10	+01:28:26	09:17

Veterano M60

1	687	Agostinho Costa	Núcleo Atletismo Cucujães (NAC Trail)	Veterano M60	01:33:43	+14:59	05:12
2	548	Fernando Seabra	Caminhadas da Amizade	Veterano M60	01:47:54	+29:10	06:00
3	540	Rogério de Pinho e Silva	C.D.C. SÃO MARTINHO DA GÂNDARA	Veterano M60	01:53:43	+34:59	06:19

Médio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

4	682	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M60	02:12:02	+53:18	07:20
5	685	Fernando Andrade	NO TOMORROW	Veterano M60	02:19:22	+01:00:37	07:45
6	87	Joaquim Gomes	Trail Running BTT Sanguedo	Veterano M60	02:32:19	+01:13:35	08:28
7	710	Fernando Correia	Trail Running BTT Sanguedo	Veterano M60	02:45:07	+01:26:23	09:10

TEAM RESULTS - MÉDIO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CLUBE DESPORTIVO FEIRENSE	1 + 9 + 11 + 12	33
2	BRAVOS E BRAVITAS	3 + 6 + 8 + 21	38
3	JUVENTUDE CORTEGACENSE	16 + 43 + 44 + 49	152
4	ESPINHO TRAIL	14 + 25 + 41 + 82	162
5	C.D.C. SÃO MARTINHO DA GÂNDARA	24 + 40 + 53 + 65	182
6	OUTLAW RUNNERS	30 + 31 + 57 + 71	189
7	TRAIL RUNNING SUIL PARK	10 + 67 + 68 + 69	214
8	FIT ARENA	70 + 94 + 121 + 122	407
9	VALONGO TRAIL TEAM	27 + 104 + 138 + 158	427
10	JAVALIS100LIMITES	96 + 137 + 159 + 164	556

CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	15,2°C	94%
End	13:33	15,2°C	94%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1254	André Silva	NS TRAIL TEAM	01:04:30		05:23	
2	1137	José Almeida	EV PERALTAFIL	01:05:47	+01:17	05:29	
3	1277	Bruno Silva	Sportaz btt isolamais	01:06:24	+01:54	05:32	
4	1256	Márcio Melo	NS TRAIL TEAM	01:07:12	+02:42	05:36	
5	1257	José Tavares	NS TRAIL TEAM	01:08:21	+03:51	05:42	
6	1168	João Vieira	Individual	01:08:54	+04:24	05:44	
7	1308	Bruno Coelho	Individual	01:09:42	+05:12	05:49	
8	1305	Tiago Magalhães	Caldas de S. Jorge Sport Clube	01:10:47	+06:17	05:54	
9	1242	Williams Rodriguez	Juventude Cortegacense	01:11:11	+06:41	05:56	
10	1202	Paulo Resende	Individual	01:11:24	+06:54	05:57	
11	1196	João Moreira	Clube Desportivo Feirense	01:13:04	+08:34	06:05	
12	1160	André Guedes	Individual	01:14:47	+10:17	06:14	
13	1005	Ricardo Pais	Caldas de S. Jorge Sport Clube	01:14:52	+10:22	06:14	
14	1121	António Pinto	ACR DE VALE DE CAMBRA	01:15:21	+10:51	06:17	
15	535	Micael Nogueira	Caldas de S. Jorge Sport Clube	01:20:20	+15:50	06:42	
16	1199	Nuno A. Teixeira	Caldas de S. Jorge Sport Clube	01:20:54	+16:24	06:45	
17	1255	Henrique Silva	NS TRAIL TEAM	01:23:16	+18:46	06:56	
18	1306	Sara Conceição	Individual	01:25:23	+20:53	07:07	
19	1288	Ricardo Vendeira	Tartarugas de Seixezelo	01:26:08	+21:38	07:11	
20	546	Antonio Pinto	Caminhadas da Amizade	01:26:24	+21:54	07:12	
21	524	João Sousa	Bravos e bravitas	01:26:40	+22:10	07:13	
22	1297	Pedro Silva	triod'atak	01:26:53	+22:23	07:14	
23	14	Paulo Jesus	Bravos e bravitas	01:28:34	+24:04	07:23	
24	1054	Tiago Seabra	Caminhadas da Amizade	01:29:03	+24:33	07:25	
25	1289	Sergio Melo	Tartarugas de Seixezelo	01:31:13	+26:43	07:36	
26	677	Jose Augusto Oliveira	Juventude Cortegacense	01:31:18	+26:48	07:37	
27	1238	Joel Sequeira	Juventude Cortegacense	01:31:18	+26:48	07:37	
28	528	João Gomes	Bravos e bravitas	01:31:31	+27:01	07:38	
29	544	Lia Silva	Caminhadas da Amizade	01:31:50	+27:20	07:39	
30	545	Nuno Teixeira	Caminhadas da Amizade	01:31:50	+27:20	07:39	
31	1034	Danilo Fenu	Bravos e bravitas	01:32:54	+28:24	07:45	
32	1130	Clotilde Santos	ACR DE VALE DE CAMBRA	01:33:00	+28:30	07:45	
33	577	Tiago Oliveira	Grupo de Corrida de Argoncilhe	01:33:03	+28:33	07:45	
34	1132	José Mário Pinho	ESPINHO TRAIL	01:35:22	+30:52	07:57	
35	1128	Susana Martins	ESPINHO TRAIL	01:35:23	+30:53	07:57	
36	1186	Sandra Canelha	Clube Desportivo Feirense	01:36:18	+31:48	08:02	
37	1205	Rui Albino	Individual	01:36:23	+31:53	08:02	
38	1215	Lourenço Marques	Individual	01:36:56	+32:26	08:05	
39	1281	Paula Santos	Tartarugas de Seixezelo	01:36:56	+32:26	08:05	
40	1231	Maria José Franco Oliveira	Juventude Cortegacense	01:37:37	+33:07	08:08	
41	1221	RENATO ARAÚJO	JUFacc	01:37:41	+33:11	08:08	
42	595	Mário Baptista	Individual	01:37:48	+33:18	08:09	

CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1300	Manuel António Bastos Miguéis	V.C BiKE	01:38:12	+33:42	08:11	
44	1295	Ivo Brás	triod'atak	01:38:58	+34:28	08:15	
45	1296	Ze Antunes	triod'atak	01:38:58	+34:28	08:15	
46	1167	Gil Dudot	Individual	01:39:30	+35:00	08:18	
47	1180	Willian Afonso	Individual	01:41:14	+36:44	08:26	
48	1095	Luis Barbosa	Caminhadas da Amizade	01:42:44	+38:14	08:34	
49	1136	Mário Alves	ESPINHO TRAIL	01:43:19	+38:49	08:37	
50	527	Joaquim Pinho	Bravos e bravitas	01:43:52	+39:22	08:39	
51	1164	David Pinho	Individual	01:44:17	+39:47	08:41	
52	1151	Filipa Mota	Individual	01:44:19	+39:49	08:42	
53	1039	Vera Leite	Bravos e bravitas	01:44:20	+39:50	08:42	
54	1033	Sara Oliveira	Bravos e bravitas	01:45:04	+40:34	08:45	
55	1036	Sílvia Baptista	Bravos e bravitas	01:45:34	+41:04	08:48	
56	1285	Adérito Moreira	Tartarugas de Seixezelo	01:47:26	+42:56	08:57	
57	1219	Liliana Karina	JOVASE Trail Running	01:47:32	+43:02	08:58	
58	1144	Manuel Moreira	Fit Arena	01:47:37	+43:07	08:58	
59	1010	Diana Fernandes	BodyWorkOut	01:47:40	+43:10	08:58	
60	1030	Mafalda Sousa	BodyWorkOut	01:47:41	+43:11	08:58	
61	1018	Paula Costa	BodyWorkOut	01:47:41	+43:11	08:58	
62	1232	Anabela dos Santos Marques	Juventude Cortegacense	01:47:54	+43:24	09:00	
63	1120	Cristina Couto	ESPINHO TRAIL	01:48:05	+43:35	09:00	
64	1045	Claudia Ribeiro	Caminhadas da Amizade	01:48:15	+43:45	09:01	
65	1096	Manuel Ribeiro	Caminhadas da Amizade	01:48:17	+43:47	09:01	
66	1047	Marcia Ribeiro	Caminhadas da Amizade	01:48:18	+43:48	09:02	
67	1195	Gabriel Jose Valente faria	Individual	01:48:31	+44:01	09:03	
68	1234	Manuela Castelo	Juventude Cortegacense	01:48:34	+44:04	09:03	
69	1143	Luis Camões	Fit Arena	01:49:55	+45:25	09:10	
70	1185	Rosabell Santos	Individual	01:50:11	+45:41	09:11	
71	88	Gisela Sá	G.D.A Ronda	01:50:20	+45:50	09:12	
72	503	Margarida Machado	A. D. Rio Largo C. Espinho	01:50:20	+45:50	09:12	
73	1031	Gabriel Cardoso	BodyWorkOut	01:50:23	+45:53	09:12	
74	1166	Fábio Emanuel Santos Silva	Individual	01:50:32	+46:02	09:13	
75	504	Adriano Queiroz	A. D. Rio Largo C. Espinho	01:50:44	+46:14	09:14	
76	1169	Joel Filipe Ferreira de Almeida	Individual	01:50:44	+46:14	09:14	
77	1162	Daniel oliveira silva	Individual	01:50:51	+46:21	09:14	
78	1260	Pedro Pereira	Os Remendados	01:50:59	+46:29	09:15	
79	1258	Vânia Pereira	Os Remendados	01:50:59	+46:29	09:15	
80	1262	Tiago Fragateiro	Os Remendados	01:51:00	+46:30	09:15	
81	1259	Silvia Santos	Os Remendados	01:51:01	+46:31	09:15	
82	1301	Marco Costa	Velha Guarda RC	01:53:47	+49:17	09:29	
83	1156	Sara Cristina Vieira de Faria	Individual	01:53:47	+49:17	09:29	
84	696	Jorge Santos	Outlaw runners	01:54:01	+49:31	09:30	
85	1172	Marco Alexandre Ferreira Cunha	Individual	01:54:39	+50:09	09:33	
86	1086	Carlos Sousa	Caminhadas da Amizade	01:55:21	+50:51	09:37	
87	1216	Manuel Moreira	Individual	01:55:25	+50:55	09:37	
88	1157	Sara Vaz	Individual	01:56:08	+51:38	09:41	

CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	1249	Paulo Castelo	Juventude Cortegacense	01:56:34	+52:04	09:43	
90	1246	José Xavier Santiago	Juventude Cortegacense	01:56:42	+52:12	09:44	
91	1118	Filipa Paiva	Corre São João	01:56:44	+52:14	09:44	
92	1117	Dina Hortelao	Corre São João	01:56:44	+52:14	09:44	
93	1116	Alice Matos	Corre São João	01:56:48	+52:18	09:44	
94	1208	Virgilio Neves	Individual	01:56:56	+52:26	09:45	
95	1183	Márcia Campos	Individual	01:56:56	+52:26	09:45	
96	1273	Diogo Silva	Run & Fun	01:57:53	+53:23	09:49	
97	1276	José Pedro Gonçalves da Silva	Run & Fun	01:57:57	+53:27	09:50	
98	1275	Maria Cristina Ribeiro Sousa	Run & Fun	01:57:58	+53:28	09:50	
99	1163	Daniel Moreira	Individual	01:58:02	+53:32	09:50	
100	1041	Fatinha Lopes	Bravos e bravitas	01:58:04	+53:34	09:50	
101	568	Anthony Silva	Fit Arena	01:58:09	+53:39	09:51	
102	1271	Adelino Pinheiro	Outlaw runners	01:58:28	+53:58	09:52	
103	1184	Maria Angélica Lima	Individual	01:58:41	+54:11	09:53	
104	1179	Vitor Correia	Individual	01:59:47	+55:17	09:59	
105	1269	Marlene Couto	Outlaw runners	01:59:47	+55:17	09:59	
106	1209	Alcídio Figueiredo	Individual	02:00:39	+56:09	10:03	
107	1191	Fernanda Pinheiro	Individual	02:00:51	+56:21	10:04	
108	1264	Joaquim Pereira	Os Remendados	02:01:00	+56:30	10:05	
109	1182	Cristiana Marques	Individual	02:01:04	+56:34	10:05	
110	1239	Miguel Pinheiro Matos	Juventude Cortegacense	02:01:12	+56:42	10:06	
111	1141	Stephanie Almeida	Fit Arena	02:01:35	+57:05	10:08	
112	1192	Maria de Lurdes cravo loureiro	Individual	02:01:39	+57:09	10:08	
113	1065	Sandra Brito	Caminhadas da Amizade	02:01:51	+57:21	10:09	
114	1214	José Pinheiro	Individual	02:01:52	+57:22	10:09	
115	1042	Maria Goretti	Bravos e bravitas	02:01:56	+57:26	10:10	
116	725	Xavier Silva	Trail Running Suil Park	02:02:33	+58:03	10:13	
117	726	Susana Pinto	Trail Running Suil Park	02:02:34	+58:04	10:13	
118	1272	Andreia Sá	Run & Fun	02:03:24	+58:54	10:17	
119	1274	Fábio Almeida	Run & Fun	02:03:24	+58:54	10:17	
120	1248	Manuel constantino silva	Juventude Cortegacense	02:03:58	+59:28	10:20	
121	1223	Ines Gomes Cardoso	Juventude Cortegacense	02:03:58	+59:28	10:20	
122	1194	Andre Resende	Individual	02:04:00	+59:30	10:20	
123	1066	Susana Leal	Caminhadas da Amizade	02:04:15	+59:45	10:21	
124	1058	Isabel Barbosa	Caminhadas da Amizade	02:04:18	+59:48	10:22	
125	1073	Fatima Couto	Caminhadas da Amizade	02:04:47	+01:00:17	10:24	
126	84	Daniel Santos	Team Daniel Luís e Nuno	02:04:56	+01:00:26	10:25	
127	1059	Ligia Gonçalves	Caminhadas da Amizade	02:05:08	+01:00:38	10:26	
128	1227	Catarina Rodrigues Sa Ferreira	Juventude Cortegacense	02:06:46	+01:02:16	10:34	
129	1244	Celso Lino Oliveira Gomes	Juventude Cortegacense	02:06:46	+01:02:16	10:34	
130	1070	Carla Silva	Caminhadas da Amizade	02:06:47	+01:02:17	10:34	
131	1138	Moisés Mota	Fáisca Trail & Running Team	02:06:52	+01:02:22	10:34	
132	1293	Alexandra Valinhas	TrepaTrilhos Trail Team	02:06:55	+01:02:25	10:35	
133	1154	Patricia Alexandra Oliveira	Individual	02:07:06	+01:02:36	10:35	
134	1171	Marcelo Edgar Ferreira dos Santos	Individual	02:08:08	+01:03:38	10:41	

CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
180	1189	Ana Cristina Vaz	Individual	02:21:17	+01:16:47	11:46	
181	1187	Silvia Campos Azevedo	Individual	02:21:18	+01:16:48	11:47	
182	1112	Fábio Silva	Cork Supply	02:21:22	+01:16:52	11:47	
183	1111	Diogo Rocha	Cork Supply	02:21:22	+01:16:52	11:47	
184	1173	Marco Lopes	Individual	02:22:29	+01:17:59	11:52	
185	1307	Catarina Balão	BodyWorkOut	02:23:01	+01:18:31	11:55	
186	1313	Ana Soares	BodyWorkOut	02:23:01	+01:18:31	11:55	
187	1063	Paula Lopes	Caminhadas da Amizade	02:23:12	+01:18:42	11:56	
188	1298	Carla Lemos	Uma Questão de Atitude	02:25:45	+01:21:15	12:09	
189	1299	Manuel Carlos Costa Martins	Uma Questão de Atitude	02:25:45	+01:21:15	12:09	
190	1001	Nuno Madaleno	ADC Santa Isabel Trail Running	02:26:41	+01:22:11	12:13	
191	1003	Ricardo Madaleno	ADC Santa Isabel Trail Running	02:26:43	+01:22:13	12:14	
192	1127	Patrícia Rocha	ESPINHO TRAIL	02:26:50	+01:22:20	12:14	
193	1125	Ricardo Sousa	ESPINHO TRAIL	02:26:51	+01:22:21	12:14	
194	1124	Ricardo Duarte	ESPINHO TRAIL	02:26:52	+01:22:22	12:14	
195	1131	José Barbosa	Caminhadas da Amizade	02:26:52	+01:22:22	12:14	
196	1230	Marcia Almeida Rola	Juventude Cortegacense	02:27:06	+01:22:36	12:16	
197	1145	Pedro Rodrigues	Fit Arena	02:29:19	+01:24:49	12:27	
198	1161	André Silva	Individual	02:30:01	+01:25:31	12:30	
199	1038	Sónia Oliveira	Bravos e bravitas	02:30:01	+01:25:31	12:30	
200	1037	Sílvia Ferreira	Bravos e bravitas	02:31:04	+01:26:34	12:35	
201	1105	Silvia Costa	Clube Desportivo Feirense	02:31:22	+01:26:52	12:37	
202	1267	Andreia Cerqueira	Outlaw runners	02:31:34	+01:27:04	12:38	
203	1077	Margarida Martins	Caminhadas da Amizade	02:31:58	+01:27:28	12:40	
204	1062	Marta Pereira	Caminhadas da Amizade	02:32:00	+01:27:30	12:40	
205	1265	Angela Couto	Outlaw runners	02:32:26	+01:27:56	12:42	
206	692	CARLOS COUTO	Outlaw runners	02:33:58	+01:29:28	12:50	
207	1268	Erika Darcilia	Outlaw runners	02:34:00	+01:29:30	12:50	
208	1159	Vânia Patrícia Coutinho Pinto Ferreira	Individual	02:34:29	+01:29:59	12:52	
209	1051	David Viana	Caminhadas da Amizade	02:34:49	+01:30:19	12:54	
210	1287	Marco Costa	Tartarugas de Seixezelo	02:35:05	+01:30:35	12:55	
211	1279	Cristiana Reis	Tartarugas de Seixezelo	02:35:13	+01:30:43	12:56	
212	1294	José Dara	TrepaTrilhos Trail Team	02:35:14	+01:30:44	12:56	
213	1052	Pedro Seabra	Caminhadas da Amizade	02:35:15	+01:30:45	12:56	
214	1044	Andreia Seabra	Caminhadas da Amizade	02:35:16	+01:30:46	12:56	
215	1050	Susana Pinto	Caminhadas da Amizade	02:35:27	+01:30:57	12:57	
216	1100	Antero Teixeira	Caminhadas da Amizade	02:35:30	+01:31:00	12:57	
217	1233	Gabriela Rola França	Juventude Cortegacense	02:36:21	+01:31:51	13:02	
218	1040	Virgínia Moreira	Bravos e bravitas	02:36:27	+01:31:57	13:02	
219	543	Carla Moreira	Caminhadas da Amizade	02:38:43	+01:34:13	13:14	
220	1055	Alexandra Pereira	Caminhadas da Amizade	02:38:44	+01:34:14	13:14	
221	1102	José Sousa	Caminhadas da Amizade	02:42:01	+01:37:31	13:30	
222	1024	Diogo Mota	BodyWorkOut	02:43:46	+01:39:16	13:39	
223	1013	Isabel Pereira	BodyWorkout	02:43:46	+01:39:16	13:39	
224	1019	Sónia Gonçalves	BodyWorkOut	02:43:46	+01:39:16	13:39	

CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
270	1123	Marcio Moreira	ESPINHO TRAIL	03:12:38	+02:08:08	16:03	
271	1152	Inês Silva	Individual	03:13:34	+02:09:04	16:08	
272	1211	António Viana	Individual	03:16:19	+02:11:49	16:22	
273	1190	Anabela Viana	Individual	03:16:20	+02:11:50	16:22	
274	1119	Ana Tavares	ESPINHO TRAIL	03:17:00	+02:12:30	16:25	
275	1133	Toni Rodrigues	ESPINHO TRAIL	03:17:43	+02:13:13	16:29	
276	1129	Ana Duarte	ESPINHO TRAIL	03:17:43	+02:13:13	16:29	
277	1049	Maria Teresa Masseur	Caminhadas da Amizade	03:21:55	+02:17:25	16:50	
278	1085	Andre Barbosa	Caminhadas da Amizade	03:21:57	+02:17:27	16:50	
279	1310	Maria José Pinto	Caminhadas da Amizade	03:24:39	+02:20:09	17:03	
280	1071	Deolinda Dias	Caminhadas da Amizade	03:24:41	+02:20:11	17:03	
281	1068	Anabela Ribeiro	Caminhadas da Amizade	03:25:06	+02:20:36	17:06	
282	1078	Maria Conceição Carvalho	Caminhadas da Amizade	03:25:10	+02:20:40	17:06	
283	1091	Rui Carvalho	Caminhadas da Amizade	03:25:41	+02:21:11	17:08	
284	1048	Maria Beatriz Masseur	Caminhadas da Amizade	03:25:52	+02:21:22	17:09	
285	1225	Pedro Morais	Juventude Cortegacense	03:33:53	+02:29:23	17:49	

Curto
12 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	15,2°C	94%
End	13:33	15,2°C	94%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
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Senior Feminino

1	1151	Filipa Mota	Individual	Senior Feminino	01:44:19	+39:48	08:42
2	1033	Sara Oliveira	Bravos e bravitas	Senior Feminino	01:45:04	+40:33	08:45
3	1219	Liliana Karina	JOVASE Trail Running	Senior Feminino	01:47:32	+43:01	08:58
4	1010	Diana Fernandes	BodyWorkOut	Senior Feminino	01:47:39	+43:09	08:58
5	1018	Paula Costa	BodyWorkOut	Senior Feminino	01:47:41	+43:10	08:58
6	1045	Claudia Ribeiro	Caminhadas da Amizade	Senior Feminino	01:48:14	+43:44	09:01
7	1047	Marcia Ribeiro	Caminhadas da Amizade	Senior Feminino	01:48:18	+43:48	09:02
8	1156	Sara Cristina Vieira de Faria	Individual	Senior Feminino	01:53:46	+49:16	09:29
9	1157	Sara Vaz	Individual	Senior Feminino	01:56:08	+51:38	09:41
10	1118	Filipa Paiva	Corre São João	Senior Feminino	01:56:43	+52:13	09:44
11	1117	Dina Hortelao	Corre São João	Senior Feminino	01:56:44	+52:14	09:44
12	1116	Alice Matos	Corre São João	Senior Feminino	01:56:48	+52:17	09:44
13	1141	Stephanie Almeida	Fit Arena	Senior Feminino	02:01:35	+57:04	10:08
14	1272	Andreia Sá	Run & Fun	Senior Feminino	02:03:23	+58:53	10:17
15	1223	Ines Gomes Cardoso	Juventude Cortegacense	Senior Feminino	02:03:58	+59:28	10:20
16	1154	Patricia Alexandra Oliveira	Individual	Senior Feminino	02:07:05	+01:02:35	10:35
17	1150	Ana Sofia Flores Borges	Individual	Senior Feminino	02:08:41	+01:04:10	10:43
18	1011	Filipa Bastos	BodyWorkOut	Senior Feminino	02:11:23	+01:06:53	10:57
19	1016	Marta Fontes	BodyWorkOut	Senior Feminino	02:11:24	+01:06:53	10:57
20	1020	Tania Ferreira	BodyWorkOut	Senior Feminino	02:11:36	+01:07:06	10:58
21	1149	Ana Almeida	Individual	Senior Feminino	02:14:07	+01:09:36	11:11
22	1108	Cátia Martins	Cork Supply	Senior Feminino	02:17:08	+01:12:38	11:26
23	541	Sandra Sousa	Caminhadas da Amizade	Senior Feminino	02:17:44	+01:13:13	11:29
24	1217	vania gonçalves	javalis100limites	Senior Feminino	02:18:11	+01:13:41	11:31
25	1307	Catarina Balão	BodyWorkOut	Senior Feminino	02:23:01	+01:18:30	11:55
26	1313	Ana Soares	BodyWorkOut	Senior Feminino	02:23:01	+01:18:30	11:55
27	1265	Angela Couto	Outlaw runners	Senior Feminino	02:32:26	+01:27:56	12:42
28	1159	Vânia Patrícia Coutinho Pinto Ferreira	Individual	Senior Feminino	02:34:29	+01:29:58	12:52
29	1044	Andreia Seabra	Caminhadas da Amizade	Senior Feminino	02:35:16	+01:30:46	12:56
30	1050	Susana Pinto	Caminhadas da Amizade	Senior Feminino	02:35:26	+01:30:56	12:57
31	1013	Isabel Pereira	BodyWorkout	Senior Feminino	02:43:46	+01:39:16	13:39
32	1019	Sónia Gonçalves	BodyWorkOut	Senior Feminino	02:43:46	+01:39:16	13:39
33	1304	Luisa Silva	Guimas City	Senior Feminino	02:46:04	+01:41:34	13:50
34	1046	Isabel Morais	Caminhadas da Amizade	Senior Feminino	02:47:36	+01:43:06	13:58
35	1015	Maria João	BodyWorkOut	Senior Feminino	02:49:59	+01:45:28	14:10
36	1155	Rita Soares Oliveira de Almeida	Individual	Senior Feminino	02:50:11	+01:45:41	14:11
37	1021	Vanessa Canedo	BodyWorkOut	Senior Feminino	03:02:17	+01:57:47	15:11
38	1014	Lidia Moreira	BodyWorkOut	Senior Feminino	03:02:32	+01:58:02	15:13
39	1153	Joana Monteiro	Individual	Senior Feminino	03:08:04	+02:03:34	15:40

Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	1152	Inês Silva	Individual	Senior Feminino	03:13:34	+02:09:04	16:08
41	1119	Ana Tavares	ESPINHO TRAIL	Senior Feminino	03:16:59	+02:12:29	16:25
42	1049	Maria Teresa Masseur	Caminhadas da Amizade	Senior Feminino	03:21:55	+02:17:25	16:50
43	1048	Maria Beatriz Masseur	Caminhadas da Amizade	Senior Feminino	03:25:51	+02:21:21	17:09

Senior Masculino

1	1254	André Silva	NS TRAIL TEAM	Senior Masculino	01:04:30		05:23
2	1168	João Vieira	Individual	Senior Masculino	01:08:53	+04:23	05:44
3	1308	Bruno Coelho	Individual	Senior Masculino	01:09:42	+05:12	05:49
4	1305	Tiago Magalhães	Caldas de S. Jorge Sport Clube	Senior Masculino	01:10:47	+06:16	05:54
5	1160	André Guedes	Individual	Senior Masculino	01:14:47	+10:17	06:14
6	1005	Ricardo Pais	Caldas de S. Jorge Sport Clube	Senior Masculino	01:14:51	+10:21	06:14
7	535	Micael Nogueira	Caldas de S. Jorge Sport Clube	Senior Masculino	01:20:19	+15:49	06:42
8	1054	Tiago Seabra	Caminhadas da Amizade	Senior Masculino	01:29:02	+24:32	07:25
9	1034	Danilo Fenu	Bravos e bravitas	Senior Masculino	01:32:54	+28:24	07:45
10	595	Mário Baptista	Individual	Senior Masculino	01:37:48	+33:17	08:09
11	1295	Ivo Brás	triod'atak	Senior Masculino	01:38:57	+34:27	08:15
12	1296	Ze Antunes	triod'atak	Senior Masculino	01:38:58	+34:27	08:15
13	1167	Gil Dudot	Individual	Senior Masculino	01:39:30	+34:59	08:18
14	1180	Willian Afonso	Individual	Senior Masculino	01:41:14	+36:43	08:26
15	1164	David Pinho	Individual	Senior Masculino	01:44:16	+39:46	08:41
16	1166	Fábio Emanuel Santos Silva	Individual	Senior Masculino	01:50:32	+46:01	09:13
17	1169	Joel Filipe Ferreira de Almeida	Individual	Senior Masculino	01:50:43	+46:13	09:14
18	1162	Daniel oliveira silva	Individual	Senior Masculino	01:50:51	+46:20	09:14
19	1172	Marco Alexandre Ferreira Cunha	Individual	Senior Masculino	01:54:39	+50:08	09:33
20	1273	Diogo Silva	Run & Fun	Senior Masculino	01:57:52	+53:22	09:49
21	1163	Daniel Moreira	Individual	Senior Masculino	01:58:02	+53:32	09:50
22	568	Anthony Silva	Fit Arena	Senior Masculino	01:58:08	+53:38	09:51
23	1179	Vitor Correia	Individual	Senior Masculino	01:59:46	+55:16	09:59
24	1274	Fábio Almeida	Run & Fun	Senior Masculino	02:03:23	+58:53	10:17
25	1171	Marcelo Edgar Ferreira dos Santos	Individual	Senior Masculino	02:08:08	+01:03:38	10:41
26	1178	Ricardo Pinho	Individual	Senior Masculino	02:14:28	+01:09:58	11:12
27	1165	Diogo Filipe Gonçalves Melo	Individual	Senior Masculino	02:15:02	+01:10:31	11:15
28	1103	CHRISTIAN CORREIA	CF Perosinho Trail & Running	Senior Masculino	02:16:58	+01:12:27	11:25
29	1113	Joel Cruz	Cork Supply	Senior Masculino	02:17:07	+01:12:37	11:26
30	1224	Carlos Ferreira	Juventude Cortegacense	Senior Masculino	02:20:04	+01:15:34	11:40
31	1112	Fábio Silva	Cork Supply	Senior Masculino	02:21:21	+01:16:51	11:47
32	1111	Diogo Rocha	Cork Supply	Senior Masculino	02:21:22	+01:16:52	11:47
33	1173	Marco Lopes	Individual	Senior Masculino	02:22:29	+01:17:59	11:52
34	1001	Nuno Madaleno	ADC Santa Isabel Trail Running	Senior Masculino	02:26:40	+01:22:10	12:13
35	1125	Ricardo Sousa	ESPINHO TRAIL	Senior Masculino	02:26:50	+01:22:20	12:14
36	1124	Ricardo Duarte	ESPINHO TRAIL	Senior Masculino	02:26:51	+01:22:21	12:14
37	1161	André Silva	Individual	Senior Masculino	02:30:01	+01:25:30	12:30
38	1051	David Viana	Caminhadas da Amizade	Senior Masculino	02:34:49	+01:30:18	12:54
39	1052	Pedro Seabra	Caminhadas da Amizade	Senior Masculino	02:35:15	+01:30:44	12:56

Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	1024	Diogo Mota	BodyWorkOut	Senior Masculino	02:43:45	+01:39:15	13:39
41	1002	Ricardo Braga	ADC Santa Isabel Trail Running	Senior Masculino	02:50:46	+01:46:15	14:14
42	1053	Ricardo Morais	Caminhadas da Amizade	Senior Masculino	02:54:05	+01:49:35	14:30
43	1025	Ivo Sousa	BodyWorkOut	Senior Masculino	03:02:16	+01:57:46	15:11
44	1023	Carlos Espinheira	BodyWorkOut	Senior Masculino	03:02:17	+01:57:47	15:11
45	1122	Bruno Duarte	ESPINHO TRAIL	Senior Masculino	03:12:37	+02:08:07	16:03
46	1123	Marcio Moreira	ESPINHO TRAIL	Senior Masculino	03:12:37	+02:08:07	16:03
47	1225	Pedro Morais	Juventude Cortegacense	Senior Masculino	03:33:53	+02:29:22	17:49

Veterana F40

1	1306	Sara Conceição	Individual	Veterana F40	01:25:23	+20:52	07:07
2	544	Lia Silva	Caminhadas da Amizade	Veterana F40	01:31:49	+27:19	07:39
3	1128	Susana Martins	ESPINHO TRAIL	Veterana F40	01:35:22	+30:52	07:57
4	1186	Sandra Canelha	Clube Desportivo Feirense	Veterana F40	01:36:18	+31:47	08:02
5	1281	Paula Santos	Tartarugas de Seixezelo	Veterana F40	01:36:55	+32:25	08:05
6	1231	Maria José Franco Oliveira	Juventude Cortegacense	Veterana F40	01:37:37	+33:06	08:08
7	1039	Vera Leite	Bravos e bravitas	Veterana F40	01:44:19	+39:49	08:42
8	1036	Sílvia Baptista	Bravos e bravitas	Veterana F40	01:45:33	+41:03	08:48
9	1185	Rosabell Santos	Individual	Veterana F40	01:50:11	+45:40	09:11
10	88	Gisela Sá	G.D.A Ronda	Veterana F40	01:50:19	+45:49	09:12
11	1258	Vânia Pereira	Os Remendados	Veterana F40	01:50:59	+46:29	09:15
12	1183	Márcia Campos	Individual	Veterana F40	01:56:55	+52:25	09:45
13	1184	Maria Angélica Lima	Individual	Veterana F40	01:58:41	+54:10	09:53
14	1269	Marlene Couto	Outlaw runners	Veterana F40	01:59:46	+55:16	09:59
15	1182	Cristiana Marques	Individual	Veterana F40	02:01:04	+56:34	10:05
16	1065	Sandra Brito	Caminhadas da Amizade	Veterana F40	02:01:51	+57:20	10:09
17	1066	Susana Leal	Caminhadas da Amizade	Veterana F40	02:04:15	+59:45	10:21
18	1058	Isabel Barbosa	Caminhadas da Amizade	Veterana F40	02:04:18	+59:47	10:22
19	1059	Ligia Gonçalves	Caminhadas da Amizade	Veterana F40	02:05:08	+01:00:37	10:26
20	1227	Catarina Rodrigues Sa Ferreira	Juventude Cortegacense	Veterana F40	02:06:45	+01:02:15	10:34
21	1293	Alexandra Valinhas	TrepaTrilhos Trail Team	Veterana F40	02:06:55	+01:02:24	10:35
22	1027	Catia Duro	BodyWorkOut	Veterana F40	02:11:53	+01:07:22	10:59
23	1220	Sofia leal	JUFacc	Veterana F40	02:12:46	+01:08:16	11:04
24	1060	Maria Carvalho	Caminhadas da Amizade	Veterana F40	02:14:08	+01:09:37	11:11
25	1057	Elizabete Barros	Caminhadas da Amizade	Veterana F40	02:14:17	+01:09:47	11:11
26	1280	Maria do Ceu Melo 28	Tartarugas de Seixezelo	Veterana F40	02:17:42	+01:13:12	11:29
27	1278	Catarina Silva	Tartarugas de Seixezelo	Veterana F40	02:17:56	+01:13:26	11:30
28	1064	Sandra Águia	Caminhadas da Amizade	Veterana F40	02:19:21	+01:14:50	11:37
29	1181	Carla oliveira	Individual	Veterana F40	02:20:04	+01:15:34	11:40
30	1226	Ana Guerra	Juventude Cortegacense	Veterana F40	02:20:04	+01:15:34	11:40
31	1187	Silvia Campos Azevedo	Individual	Veterana F40	02:21:18	+01:16:47	11:47
32	1063	Paula Lopes	Caminhadas da Amizade	Veterana F40	02:23:12	+01:18:42	11:56
33	1298	Carla Lemos	Uma Questão de Atitude	Veterana F40	02:25:44	+01:21:14	12:09
34	1127	Patrícia Rocha	ESPINHO TRAIL	Veterana F40	02:26:49	+01:22:19	12:14
35	1230	Marcia Almeida Rola	Juventude Cortegacense	Veterana F40	02:27:06	+01:22:35	12:16

Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

36	1038	Sónia Oliveira	Bravos e bravitas	Veterana F40	02:30:01	+01:25:31	12:30
37	1037	Sílvia Ferreira	Bravos e bravitas	Veterana F40	02:31:04	+01:26:34	12:35
38	1105	Silvia Costa	Clube Desportivo Feirense	Veterana F40	02:31:21	+01:26:51	12:37
39	1267	Andreia Cerqueira	Outlaw runners	Veterana F40	02:31:34	+01:27:03	12:38
40	1062	Marta Pereira	Caminhadas da Amizade	Veterana F40	02:31:59	+01:27:29	12:40
41	1268	Erika Darcilia	Outlaw runners	Veterana F40	02:33:59	+01:29:29	12:50
42	1279	Cristiana Reis	Tartarugas de Seixezelo	Veterana F40	02:35:13	+01:30:42	12:56
43	1040	Virgínia Moreira	Bravos e bravitas	Veterana F40	02:36:27	+01:31:56	13:02
44	543	Carla Moreira	Caminhadas da Amizade	Veterana F40	02:38:43	+01:34:13	13:14
45	1055	Alexandra Pereira	Caminhadas da Amizade	Veterana F40	02:38:44	+01:34:13	13:14
46	1067	Susana Sousa	Caminhadas da Amizade	Veterana F40	02:45:19	+01:40:49	13:47
47	1303	Juliana Fernandes	Guimas City	Veterana F40	02:46:04	+01:41:33	13:50
48	1229	Cristina Maria Rodrigues Sá	Juventude Cortegacense	Veterana F40	02:46:18	+01:41:47	13:52
49	1028	Clarisse Barros	BodyWorkOut	Veterana F40	02:49:41	+01:45:11	14:08
50	1029	Teresa Oliveira	BodyWorkOut	Veterana F40	02:49:51	+01:45:20	14:09
51	1250	Dulce Monteiro	let'sgoteam	Veterana F40	02:54:03	+01:49:32	14:30
52	1251	Sónia Teixeira	let'sgoteam	Veterana F40	02:54:06	+01:49:35	14:31
53	1228	Claudia Patricia Silva Nogueira	Juventude Cortegacense	Veterana F40	02:59:28	+01:54:57	14:57
54	1188	Susana Marta	Individual	Veterana F40	03:08:04	+02:03:34	15:40
55	1061	Marlene Barros	Caminhadas da Amizade	Veterana F40	03:08:21	+02:03:51	15:42
56	1056	Conceição Brito	Caminhadas da Amizade	Veterana F40	03:09:37	+02:05:07	15:48

Veterana F50

1	1130	Clotilde Santos	ACR DE VALE DE CAMBRA	Veterana F50	01:33:00	+28:29	07:45
2	1030	Mafalda Sousa	BodyWorkOut	Veterana F50	01:47:41	+43:10	08:58
3	1232	Anabela dos Santos Marques	Juventude Cortegacense	Veterana F50	01:47:54	+43:23	09:00
4	1120	Cristina Couto	ESPINHO TRAIL	Veterana F50	01:48:05	+43:34	09:00
5	1234	Manuela Castelo	Juventude Cortegacense	Veterana F50	01:48:34	+44:04	09:03
6	503	Margarida Machado	A. D. Rio Largo C. Espinho	Veterana F50	01:50:19	+45:49	09:12
7	1259	Silvia Santos	Os Remendados	Veterana F50	01:51:00	+46:30	09:15
8	1275	Maria Cristina Ribeiro Sousa	Run & Fun	Veterana F50	01:57:58	+53:27	09:50
9	1041	Fatinha Lopes	Bravos e bravitas	Veterana F50	01:58:04	+53:33	09:50
10	1191	Fernanda Pinheiro	Individual	Veterana F50	02:00:50	+56:20	10:04
11	1192	Maria de Lurdes cravo loureiro	Individual	Veterana F50	02:01:39	+57:09	10:08
12	1042	Maria Goretti	Bravos e bravitas	Veterana F50	02:01:56	+57:25	10:10
13	726	Susana Pinto	Trail Running Sul Park	Veterana F50	02:02:33	+58:03	10:13
14	1073	Fatima Couto	Caminhadas da Amizade	Veterana F50	02:04:46	+01:00:16	10:24
15	1070	Carla Silva	Caminhadas da Amizade	Veterana F50	02:06:47	+01:02:17	10:34
16	1106	Anabela M Carvalho	Clube Trilheiros & Amigos	Veterana F50	02:13:52	+01:09:21	11:09
17	1082	Zelia Sousa	Caminhadas da Amizade	Veterana F50	02:13:59	+01:09:28	11:10
18	1235	Maria Elisabete Pinho Pereira Mendonça	Juventude Cortegacense	Veterana F50	02:15:17	+01:10:46	11:16
19	1282	Celeste costa	Tartarugas de Seixezelo	Veterana F50	02:19:39	+01:15:09	11:38
20	1284	Fátima poças	Tartarugas de Seixezelo	Veterana F50	02:19:40	+01:15:09	11:38
21	1283	Cidália Carvalho	Tartarugas de Seixezelo	Veterana F50	02:20:00	+01:15:29	11:40

Curto
12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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22	1072	Elsa Cruz	Caminhadas da Amizade	Veterana F50	02:20:01	+01:15:30	11:40
23	1189	Ana Cristina Vaz	Individual	Veterana F50	02:21:17	+01:16:46	11:46
24	1077	Margarida Martins	Caminhadas da Amizade	Veterana F50	02:31:58	+01:27:27	12:40
25	1233	Gabriela Rola França	Juventude Cortegacense	Veterana F50	02:36:20	+01:31:50	13:02
26	706	Mira Teixeira	Trail da Ladeia Running Team	Veterana F50	02:45:39	+01:41:09	13:48
27	1076	Manuela Ferreira	Caminhadas da Amizade	Veterana F50	02:46:18	+01:41:47	13:52
28	1069	Aurora Moreira	Caminhadas da Amizade	Veterana F50	02:54:15	+01:49:45	14:31
29	1074	Fernanda Alves	Caminhadas da Amizade	Veterana F50	02:54:15	+01:49:45	14:31
30	1075	Idalina Oliveira	Caminhadas da Amizade	Veterana F50	03:00:47	+01:56:16	15:04
31	1080	Paula Nunes	Caminhadas da Amizade	Veterana F50	03:08:23	+02:03:53	15:42
32	1190	Anabela Viana	Individual	Veterana F50	03:16:19	+02:11:49	16:22
33	1129	Ana Duarte	ESPINHO TRAIL	Veterana F50	03:17:43	+02:13:13	16:29
34	1310	Maria José Pinto	Caminhadas da Amizade	Veterana F50	03:24:39	+02:20:08	17:03
35	1071	Deolinda Dias	Caminhadas da Amizade	Veterana F50	03:24:40	+02:20:10	17:03
36	1068	Anabela Ribeiro	Caminhadas da Amizade	Veterana F50	03:25:06	+02:20:36	17:06
37	1078	Maria Conceição Carvalho	Caminhadas da Amizade	Veterana F50	03:25:10	+02:20:39	17:06

Veterana F60

1	1083	Maria Ferreira	Caminhadas da Amizade	Veterana F60	03:08:22	+02:03:51	15:42
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Veterano M40

1	1137	José Almeida	EV PERALTAFIL	Veterano M40	01:05:47	+01:16	05:29
2	1277	Bruno Silva	Sportaz btt isolamais	Veterano M40	01:06:23	+01:53	05:32
3	1256	Márcio Melo	NS TRAIL TEAM	Veterano M40	01:07:12	+02:41	05:36
4	1242	Wiliams Rodriguez	Juventude Cortegacense	Veterano M40	01:11:11	+06:41	05:56
5	1202	Paulo Resende	Individual	Veterano M40	01:11:23	+06:53	05:57
6	1196	João Moreira	Clube Desportivo Feirense	Veterano M40	01:13:04	+08:34	06:05
7	1199	Nuno A. Teixeira	Caldas de S. Jorge Sport Clube	Veterano M40	01:20:53	+16:23	06:45
8	1255	Henrique Silva	NS TRAIL TEAM	Veterano M40	01:23:16	+18:45	06:56
9	1288	Ricardo Vendeira	Tartarugas de Seixezelo	Veterano M40	01:26:07	+21:37	07:11
10	524	João Sousa	Bravos e bravitas	Veterano M40	01:26:40	+22:09	07:13
11	1297	Pedro Silva	triod'atak	Veterano M40	01:26:52	+22:22	07:14
12	14	Paulo Jesus	Bravos e bravitas	Veterano M40	01:28:34	+24:04	07:23
13	1289	Sergio Melo	Tartarugas de Seixezelo	Veterano M40	01:31:12	+26:42	07:36
14	677	Jose Augusto Oliveira	Juventude Cortegacense	Veterano M40	01:31:18	+26:47	07:37
15	1238	Joel Sequeira	Juventude Cortegacense	Veterano M40	01:31:18	+26:47	07:37
16	545	Nuno Teixeira	Caminhadas da Amizade	Veterano M40	01:31:50	+27:20	07:39
17	577	Tiago Oliveira	Grupo de Corrida de Argoncilhe	Veterano M40	01:33:03	+28:33	07:45
18	1132	José Mário Pinho	ESPINHO TRAIL	Veterano M40	01:35:21	+30:51	07:57
19	1205	Rui Albino	Individual	Veterano M40	01:36:23	+31:53	08:02
20	1300	Manuel António Bastos Miguéis	V.C BiKE	Veterano M40	01:38:12	+33:41	08:11
21	1285	Adérito Moreira	Tartarugas de Seixezelo	Veterano M40	01:47:25	+42:55	08:57
22	1144	Manuel Moreira	Fit Arena	Veterano M40	01:47:36	+43:06	08:58
23	1195	Gabriel Jose Valente faria	Individual	Veterano M40	01:48:31	+44:00	09:03

Official Timekeeper: Lap2Go

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generate 01-mai-2023 13:51

Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

24	1143	Luis Camões	Fit Arena	Veterano M40	01:49:54	+45:24	09:10
25	1031	Gabriel Cardoso	BodyWorkOut	Veterano M40	01:50:22	+45:52	09:12
26	1260	Pedro Pereira	Os Remendados	Veterano M40	01:50:58	+46:28	09:15
27	1262	Tiago Fragateiro	Os Remendados	Veterano M40	01:50:59	+46:29	09:15
28	1301	Marco Costa	Velha Guarda RC	Veterano M40	01:53:46	+49:16	09:29
29	1086	Carlos Sousa	Caminhadas da Amizade	Veterano M40	01:55:20	+50:50	09:37
30	1208	Virgilio Neves	Individual	Veterano M40	01:56:55	+52:25	09:45
31	1276	José Pedro Gonçalves da Silva	Run & Fun	Veterano M40	01:57:57	+53:27	09:50
32	1239	Miguel Pinheiro Matos	Juventude Cortegacense	Veterano M40	02:01:12	+56:41	10:06
33	1194	Andre Resende	Individual	Veterano M40	02:03:59	+59:29	10:20
34	84	Daniel Santos	Team Daniel Luís e Nuno	Veterano M40	02:04:55	+01:00:25	10:25
35	1138	Moisés Mota	Faisca Trail & Running Team	Veterano M40	02:06:52	+01:02:22	10:34
36	1286	Carlos Teixeira	Tartarugas de Seixezelo	Veterano M40	02:12:32	+01:08:02	11:03
37	1089	Paulo Carneiro	Caminhadas da Amizade	Veterano M40	02:16:06	+01:11:36	11:21
38	1206	Sérgio Luís Almeida Oliveira	Individual	Veterano M40	02:16:07	+01:11:36	11:21
39	1146	Tiago Rodrigues	Fit Arena	Veterano M40	02:16:07	+01:11:36	11:21
40	1270	Sterling Bolivar	Outlaw runners	Veterano M40	02:16:15	+01:11:45	11:21
41	1309	Hugo Castro	Individual	Veterano M40	02:16:57	+01:12:27	11:25
42	1198	Nelson Santos	Individual	Veterano M40	02:19:01	+01:14:31	11:35
43	1263	Tito Alves	Os Remendados	Veterano M40	02:20:31	+01:16:00	11:43
44	1299	Manuel Carlos Costa Martins	Uma Questão de Atitude	Veterano M40	02:25:44	+01:21:14	12:09
45	1003	Ricardo Madaleno	ADC Santa Isabel Trail Running	Veterano M40	02:26:43	+01:22:13	12:14
46	1145	Pedro Rodrigues	Fit Arena	Veterano M40	02:29:19	+01:24:48	12:27
47	692	CARLOS COUTO	Outlaw runners	Veterano M40	02:33:57	+01:29:27	12:50
48	1287	Marco Costa	Tartarugas de Seixezelo	Veterano M40	02:35:04	+01:30:34	12:55
49	1200	Nuno Miguel de Castro Rebelo	Individual	Veterano M40	02:44:08	+01:39:38	13:41
50	1240	Nuno Oliveira	Juventude Cortegacense	Veterano M40	02:44:40	+01:40:09	13:43
51	547	Ricardo Pinto	Caminhadas da Amizade	Veterano M40	02:45:19	+01:40:48	13:47
52	708	Pedro Neves	Trail da Ladeia Running Team	Veterano M40	02:45:39	+01:41:09	13:48
53	1203	Pedro Oliveira	Individual	Veterano M40	02:47:50	+01:43:20	13:59
54	1087	David Couto	Caminhadas da Amizade	Veterano M40	02:48:35	+01:44:05	14:03
55	1201	Nuno Veloso	Individual	Veterano M40	02:50:35	+01:46:04	14:13
56	1253	Jorge Rosário	let'sgoteam	Veterano M40	02:54:05	+01:49:34	14:30
57	1252	António Teixeira	let'sgoteam	Veterano M40	02:54:06	+01:49:36	14:31
58	1236	António Constantino Silva	Juventude Cortegacense	Veterano M40	02:59:27	+01:54:57	14:57
59	1088	José António Sousa	Caminhadas da Amizade	Veterano M40	03:03:48	+01:59:18	15:19
60	1133	Toni Rodrigues	ESPINHO TRAIL	Veterano M40	03:17:43	+02:13:12	16:29
61	1085	Andre Barbosa	Caminhadas da Amizade	Veterano M40	03:21:56	+02:17:26	16:50
62	1091	Rui Carvalho	Caminhadas da Amizade	Veterano M40	03:25:41	+02:21:10	17:08

Veterano M50

1	1257	José Tavares	NS TRAIL TEAM	Veterano M50	01:08:20	+03:50	05:42
2	1121	António Pinto	ACR DE VALE DE CAMBRA	Veterano M50	01:15:21	+10:50	06:17
3	546	Antonio Pinto	Caminhadas da Amizade	Veterano M50	01:26:23	+21:53	07:12
4	528	João Gomes	Bravos e bravitas	Veterano M50	01:31:31	+27:00	07:38

Curto**12 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

5	1215	Lourenço Marques	Individual	Veterano M50	01:36:55	+32:25	08:05
6	1221	RENATO ARAÚJO	JUFacc	Veterano M50	01:37:40	+33:10	08:08
7	1095	Luis Barbosa	Caminhadas da Amizade	Veterano M50	01:42:44	+38:14	08:34
8	1136	Mário Alves	ESPINHO TRAIL	Veterano M50	01:43:19	+38:49	08:37
9	527	Joaquim Pinho	Bravos e bravitas	Veterano M50	01:43:52	+39:21	08:39
10	1096	Manuel Ribeiro	Caminhadas da Amizade	Veterano M50	01:48:17	+43:47	09:01
11	696	Jorge Santos	Outlaw runners	Veterano M50	01:54:01	+49:30	09:30
12	1216	Manuel Moreira	Individual	Veterano M50	01:55:25	+50:55	09:37
13	1249	Paulo Castelo	Juventude Cortegacense	Veterano M50	01:56:34	+52:03	09:43
14	1246	José Xavier Santiago	Juventude Cortegacense	Veterano M50	01:56:42	+52:12	09:44
15	1271	Adelino Pinheiro	Outlaw runners	Veterano M50	01:58:27	+53:57	09:52
16	1209	Alcídio Figueiredo	Individual	Veterano M50	02:00:38	+56:08	10:03
17	1264	Joaquim Pereira	Os Remendados	Veterano M50	02:01:00	+56:29	10:05
18	1214	José Pinheiro	Individual	Veterano M50	02:01:51	+57:21	10:09
19	725	Xavier Silva	Trail Running Suil Park	Veterano M50	02:02:33	+58:02	10:13
20	1248	Manuel constantino silva	Juventude Cortegacense	Veterano M50	02:03:58	+59:28	10:20
21	1244	Celso Lino Oliveira Gomes	Juventude Cortegacense	Veterano M50	02:06:45	+01:02:15	10:34
22	1107	Manuel Freire	Clube Trilheiros & Amigos	Veterano M50	02:13:52	+01:09:21	11:09
23	1092	Abilio Pinto	Caminhadas da Amizade	Veterano M50	02:16:30	+01:12:00	11:23
24	1213	jorge mota	Individual	Veterano M50	02:17:44	+01:13:13	11:29
25	1148	PAULO RAMOS	GRUPO JUVENIL PINHEIRO DA BEMPOSTA - O. AZEMÉIS	Veterano M50	02:18:02	+01:13:32	11:30
26	1290	Paulo Lopes	Tartarugas de Seixezelo	Veterano M50	02:19:58	+01:15:27	11:40
27	1099	Vitorino Campos	Caminhadas da Amizade	Veterano M50	02:20:00	+01:15:30	11:40
28	1131	José Barbosa	Caminhadas da Amizade	Veterano M50	02:26:51	+01:22:21	12:14
29	1245	Helder Cesar Gomes Candal Correia	Juventude Cortegacense	Veterano M50	02:45:56	+01:41:26	13:50
30	1093	Francisco Moreira	Caminhadas da Amizade	Veterano M50	02:47:36	+01:43:06	13:58
31	1098	Victor Marujo	Caminhadas da Amizade	Veterano M50	03:08:23	+02:03:52	15:42
32	1211	António Viana	Individual	Veterano M50	03:16:19	+02:11:49	16:22

Veterano M60

1	504	Adriano Queiroz	A. D. Rio Largo C. Espinho	Veterano M60	01:50:43	+46:13	09:14
2	1147	Rui Oliveira	Grupo de Corrida de Argoncilhe	Veterano M60	02:11:03	+01:06:33	10:55
3	505	José Falcão	A. D. Rio Largo C. Espinho	Veterano M60	02:18:06	+01:13:36	11:31
4	1294	José Dara	TrepaTrilhos Trail Team	Veterano M60	02:35:13	+01:30:43	12:56
5	1100	Antero Teixeira	Caminhadas da Amizade	Veterano M60	02:35:29	+01:30:59	12:57
6	1102	José Sousa	Caminhadas da Amizade	Veterano M60	02:42:00	+01:37:30	13:30
7	1101	Francisco Rodrigues	Caminhadas da Amizade	Veterano M60	03:00:46	+01:56:15	15:04

TEAM RESULTS - CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	NS TRAIL TEAM	1 + 4 + 5 + 17	27
2	CALDAS DE S. JORGE SPORT CLUBE	8 + 13 + 15 + 16	52
3	JUVENTUDE CORTEGACENSE	9 + 26 + 27 + 40	102
4	CAMINHADAS DA AMIZADE	20 + 24 + 29 + 30	103
5	BRAVOS E BRAVITAS	21 + 23 + 28 + 31	103
6	TARTARUGAS DE SEIXEZELO	19 + 25 + 38 + 56	138
7	ESPINHO TRAIL	34 + 35 + 49 + 63	181
8	BODYWORKOUT	59 + 60 + 61 + 73	253
9	OS REMENDADOS	78 + 79 + 80 + 81	318
10	FIT ARENA	58 + 69 + 101 + 111	339
11	RUN & FUN	96 + 97 + 98 + 118	409
12	OUTLAW RUNNERS	84 + 102 + 105 + 155	446
13	CORK SUPPLY	159 + 160 + 182 + 183	684
14	LET'SGOTEAM	246 + 247 + 249 + 250	992