

TRAIL LONGO - STAGE 1

30 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	13,9°C	93%
End	12:26	13.9°C	93%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1019	Luís Leite Pereira	Individual	02:01:35		04:03	
2	1029	Daniel Gonçalves da Costa	Clube Atletismo de Fafe	02:06:48	+05:13	04:14	
3	1023	Carlos Silva	Clube Trilheiros & Amigos	02:15:06	+13:31	04:30	
4	1001	Bruno Pereira	A.D. Nós Acreditamos	02:15:54	+14:19	04:32	
5	1028	Nuno Silva	The Newbies	02:27:29	+25:54	04:55	
6	1008	Ricardo Fernandes	Epic Climb Lovers	02:28:38	+27:03	04:57	
7	1004	Luis Gordicho	Arrastassolas	02:31:44	+30:09	05:03	
8	1006	Pedro Carvalho	Arrastassolas	02:31:44	+30:09	05:03	
9	1017	Fernando magalhaes	Individual	02:32:48	+31:13	05:06	
10	1022	Tiago Gonçalves	Individual	02:35:29	+33:54	05:11	
11	1007	Marco Pinto	Brabus Runners	02:36:36	+35:01	05:13	
12	1012	Vasco André Carneiro Pereira	Individual	02:46:06	+44:31	05:32	
13	1005	Pedro Magalhães	Arrastassolas	02:47:23	+45:48	05:35	
14	1003	Pedro Lopes	Arrastassolas	02:47:23	+45:48	05:35	
15	1025	Joaquim luis silva Oliveira	Individual	02:48:49	+47:14	05:38	
16	1024	Emanuel Oliveira Lourenço	Individual	02:49:51	+48:16	05:40	
17	1010	Manuel Lopes	Individual	02:55:21	+53:46	05:51	
18	1026	Manuel Faria Sampaio	Individual	02:56:49	+55:14	05:54	
19	1027	Ricardo Ceia	Individual	02:57:13	+55:38	05:54	
20	1021	Rui Daniel Baptista Rosa Ferreira	Individual	02:58:38	+57:03	05:57	
21	1013	Raquel Andrade	Individual	03:00:50	+59:15	06:02	
22	1015	Bruno Moura	Individual	03:01:01	+59:26	06:02	
23	1020	Ricardo Barroso	Individual	03:09:41	+01:08:06	06:19	
24	1018	Helder costa	Individual	03:12:38	+01:11:03	06:25	
25	1016	Desidério Miguel Magalhães de Sousa	Individual	03:12:38	+01:11:03	06:25	

Trail Longo

30 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	13,9°C	93%
End	12:26	13.9°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Masculino

1	1001	Bruno Pereira	A.D. Nós Acreditamos	Senior Masculino	02:15:54	+14:19	04:32:13
2	1028	Nuno Silva	The Newbies	Senior Masculino	02:27:29	+25:54	04:55:42
3	1008	Ricardo Fernandes	Epic Climb Lovers	Senior Masculino	02:28:38	+27:03	04:57:01
4	1007	Marco Pinto	Brabus Runners	Senior Masculino	02:36:36	+35:01	05:13:37
5	1012	Vasco André Carneiro Pereira	Individual	Senior Masculino	02:46:05	+44:30	05:32:05
6	1003	Pedro Lopes	Arrastassolas	Senior Masculino	02:47:23	+45:48	05:35:11
7	1010	Manuel Lopes	Individual	Senior Masculino	02:55:21	+53:46	05:51:07

Veterana F40

1	1013	Raquel Andrade	Individual	Veterana F40	03:00:50	+59:15	06:02
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Veterano M40

1	1019	Luís Leite Pereira	Individual	Veterano M40	02:01:34	04:03:12
2	1029	Daniel Gonçalves da Costa	Clube Atletismo de Fafe	Veterano M40	02:06:47	+05:13 04:14:00
3	1004	Luis Gordicho	Arrastassolas	Veterano M40	02:31:43	+30:08 05:03:00
4	1017	Fernando magalhaes	Individual	Veterano M40	02:32:47	+31:12 05:06:00
5	1022	Tiago Gonçalves	Individual	Veterano M40	02:35:28	+33:54 05:11:00
6	1005	Pedro Magalhães	Arrastassolas	Veterano M40	02:47:22	+45:47 05:35:00
7	1021	Rui Daniel Baptista Rosa Ferreira	Individual	Veterano M40	02:58:38	+57:03 05:57:00
8	1015	Bruno Moura	Individual	Veterano M40	03:01:01	+59:26 06:02:00
9	1020	Ricardo Barroso	Individual	Veterano M40	03:09:41	+01:08:06 06:19:00
10	1018	Helder costa	Individual	Veterano M40	03:12:37	+01:11:02 06:25:00
11	1016	Desidério Miguel Magalhães de Sousa	Individual	Veterano M40	03:12:38	+01:11:03 06:25:00

Veterano M50

1	1023	Carlos Silva	Clube Trilheiros & Amigos	Veterano M50	02:15:06	+13:31	04:30:37
2	1006	Pedro Carvalho	Arrastassolas	Veterano M50	02:31:43	+30:09	05:03:26
3	1025	Joaquim luis silva Oliveira	Individual	Veterano M50	02:48:48	+47:14	05:38:02
4	1024	Emanuel Oliveira Lourenço	Individual	Veterano M50	02:49:51	+48:16	05:40:07
5	1026	Manuel Faria Sampaio	Individual	Veterano M50	02:56:48	+55:13	05:54:51
6	1027	Ricardo Ceia	Individual	Veterano M50	02:57:12	+55:38	05:54:51

17 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	14,5°C	91%
End	12:32	14.5°C	91%

Official Timekeeper: Lap2Go	1 / 3	generate 12-mar-2023 12:34
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TRAIL CURTO - STAGE 1

17 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	561	Rémi Ferreira	Individual	01:47:29	+35:13	06:19	
43	546	Carlos Manuel Macedo Carneiro	HERE4BEER	01:47:38	+35:22	06:20	
44	556	José Ferreira	Individual	01:48:19	+36:03	06:22	
45	581	Pedro Coelho	Individual	01:48:43	+36:27	06:24	
46	586	Manuel Sousa	Individual	01:48:43	+36:27	06:24	
47	582	Pedro Emanuel Alves Martins	Individual	01:49:07	+36:51	06:25	
48	545	André Rafael Paiva de Matos	HERE4BEER	01:49:21	+37:05	06:26	
49	577	Luís Miguel Ribeiro	Individual	01:51:43	+39:27	06:34	
50	584	António Dinis	Individual	01:52:47	+40:31	06:38	
51	585	ARMANDO TEIXEIRA	Individual	01:53:05	+40:49	06:39	
52	615	António Sérgio Mota Gonçalves	Sobreira Runners	01:53:09	+40:53	06:39	
53	533	Irene Barbosa	Copos e trilhos	01:53:31	+41:15	06:41	
54	521	Paulo Rocha	AMA associação Mondim Atletismo	01:53:45	+41:29	06:41	
55	583	Rui António Sousa Andrade	Individual	01:53:51	+41:35	06:42	
56	573	Filipe Ribeiro	Individual	01:54:02	+41:46	06:42	
57	548	António Araújo	Individual	01:54:14	+41:58	06:43	
58	563	Rui Filipe Silva Gomes	Individual	01:54:43	+42:27	06:45	
59	602	João Maia	PATROL MOJ	01:54:47	+42:31	06:45	
60	566	Carmo Marinho	Individual	01:55:22	+43:06	06:47	
61	534	Bruno Sousa	Copos e trilhos	01:55:46	+43:30	06:49	
62	544	Sara Pinto	Here4beer	01:56:15	+43:59	06:50	
63	599	Diogo Baldaia	PATROL MOJ	01:56:32	+44:16	06:51	
64	543	Daniela Coutinho	HERE4BEER	01:56:58	+44:42	06:53	
65	616	Marcelo Teixeira	The Newbies	01:57:55	+45:39	06:56	
66	547	Adérito Jorge Oliveira Silva Pereira	Individual	01:58:12	+45:56	06:57	
67	539	Margarida Teixeira	Fridão Sem Limites	01:58:58	+46:42	07:00	
68	589	Pedro Roxo	Lobos do Brunheiro de Chaves/Anteros	01:59:19	+47:03	07:01	
69	588	Isac Feijó Roxo	Lobos do Brunheiro de Chaves/Anteros	01:59:26	+47:10	07:02	
70	536	Vitor Cardoso	Corre São João	02:00:32	+48:16	07:05	
71	531	Joel Silva	Azevedo on trail	02:02:05	+49:49	07:11	
72	558	Marcos Carvalho	Individual	02:02:30	+50:14	07:12	
73	540	Eliana Teixeira	Fridão Sem Limites	02:02:44	+50:28	07:13	
74	526	Daniel Fernandes	Amigos da corrida Brito	02:02:53	+50:37	07:14	
75	503	Alice Barbosa Pereira	A.D.AMARANTE TRAIL RUNNING	02:03:35	+51:19	07:16	
76	620	Nelson Luciano Marques Mourão	Individual	02:04:26	+52:10	07:19	
77	523	Cristiana Ribeiro	Amigos da corrida Brito	02:04:54	+52:38	07:21	
78	571	Bernardino Miranda	Individual	02:05:05	+52:49	07:21	
79	505	Marco Paulo Ribeiro Nunes	A.D.AMARANTE TRAIL RUNNING	02:05:27	+53:11	07:23	
80	587	Paulo Crasto	Individual	02:08:27	+56:11	07:33	
81	511	Filipa Freitas	ADTTR TRAVASSÓS RUNNING FAFE	02:09:29	+57:13	07:37	
82	513	Vânia Cunha	ADTTR TRAVASSÓS RUNNING FAFE	02:09:29	+57:13	07:37	
83	610	Ângelo paiva	runners do demo	02:10:48	+58:32	07:42	
84	614	Lucas Mota Pinto	Sobreira Runners	02:11:46	+59:30	07:45	
85	524	Josefina Tinoco	Amigos da corrida Brito	02:12:14	+59:58	07:47	
86	537	Maria Teixeira	Eazy	02:12:30	+01:00:14	07:48	
87	517	Lucinda Silva	ADTTR TRAVASSÓS RUNNING FAFE	02:14:52	+01:02:36	07:56	

17 KM

OFFICIAL RESULT

[illegible]

Official Timekeeper: Lap2Go	3 / 3	generate 12-mar-2023 12:34
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Trail Curto

17 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:30	14,5°C	91%
End	12:32	14.5°C	91%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	544	Sara Pinto	Here4beer	Senior Feminino	01:56:14	+43:58	06:50:12
2	543	Daniela Coutinho	HERE4BEER	Senior Feminino	01:56:57	+44:41	06:53:09
3	539	Margarida Teixeira	Fridão Sem Limites	Senior Feminino	01:58:57	+46:41	07:00:00
4	511	Filipa Freitas	ADTTR TRAVASSÓS RUNNING FAFE	Senior Feminino	02:09:28	+57:12	07:37:00
5	513	Vânia Cunha	ADTTR TRAVASSÓS RUNNING FAFE	Senior Feminino	02:09:29	+57:12	07:37:01
6	512	Marlene Lopes	ADTTR TRAVASSÓS RUNNING FAFE	Senior Feminino	02:20:51	+01:08:35	08:17:06
7	508	Ana Oliveira	ADTTR TRAVASSÓS RUNNING FAFE	Senior Feminino	02:20:51	+01:08:35	08:17:06
8	510	Fátima Carvalho	ADTTR TRAVASSÓS RUNNING FAFE	Senior Feminino	02:20:51	+01:08:35	08:17:06
9	509	Anabela Magalhães	ADTTR TRAVASSÓS RUNNING FAFE	Senior Feminino	02:20:51	+01:08:35	08:17:06
10	598	Ana Isabel da Costa Araújo	PATROL MOJ	Senior Feminino	02:25:36	+01:13:20	08:34:01
11	608	Magda Pereira	Pipocas & Bombocas	Senior Feminino	02:30:28	+01:18:12	08:51:03

Senior Masculino

1	618	Franquelim Portela Gonçalves	AMA Associação Atletismo de Mondim	Senior Masculino	01:15:02	+02:46	04:25:48
2	617	Leonel José Martins Barros	Vizela Corre	Senior Masculino	01:17:35	+05:18	04:34:01
3	555	João Vigário	Individual	Senior Masculino	01:18:06	+05:50	04:36:01
4	611	André Nogueira	Sobreira Runners	Senior Masculino	01:20:52	+08:36	04:45:01
5	603	Hélder Silva	Pegasus OCR ProTeam	Senior Masculino	01:22:33	+10:17	04:51:01
6	605	MARCO BDS	Pegasus OCR ProTeam	Senior Masculino	01:27:50	+15:34	05:10:01
7	557	José Teixeira	Individual	Senior Masculino	01:29:00	+16:44	05:14:01
8	562	Ricardo Primo	Individual	Senior Masculino	01:29:38	+17:22	05:16:01
9	550	Davide José Moreira Cerqueira	Individual	Senior Masculino	01:30:05	+17:48	05:18:01
10	552	Gonçalo Silva	Individual	Senior Masculino	01:34:33	+22:17	05:34:01
11	554	João Ferreira	Individual	Senior Masculino	01:34:41	+22:25	05:34:01
12	612	António Rodrigo Mota Castro	Sobreira Runners	Senior Masculino	01:38:42	+26:26	05:48:01
13	560	Pedro Loureiro	Individual	Senior Masculino	01:40:29	+28:13	05:55:01
14	613	Guilherme José Mota Gonçalves	Sobreira Runners	Senior Masculino	01:43:57	+31:41	06:07:01
15	553	Ismael Rodrigues	Individual	Senior Masculino	01:44:02	+31:46	06:07:01
16	601	Rui Coelho	PATROL MOJ	Senior Masculino	01:46:11	+33:54	06:15:01
17	561	Rémi Ferreira	Individual	Senior Masculino	01:47:28	+35:12	06:19:01
18	556	José Ferreira	Individual	Senior Masculino	01:48:18	+36:02	06:22:01
19	545	André Rafael Paiva de Matos	HERE4BEER	Senior Masculino	01:49:20	+37:04	06:26:01
20	548	António Araújo	Individual	Senior Masculino	01:54:13	+41:57	06:43:01

Official Timekeeper: Lap2Go	1 / 4	generate 12-mar-2023 12:34
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Trail Curto

17 KM

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OFFICIAL RESULT

[illegible]

21	563	Rui Filipe Silva Gomes	Individual	Senior Masculino	01:54:42	+42:26	06:45
22	599	Diogo Baldaia	PATROL MOJ	Senior Masculino	01:56:31	+44:15	06:51
23	616	Marcelo Teixeira	The Newbies	Senior Masculino	01:57:55	+45:38	06:56
24	547	Adérito Jorge Oliveira Silva Pereira	Individual	Senior Masculino	01:58:11	+45:55	06:57
25	588	Isac Feijó Roxo	Lobos do Brunheiro de Chaves/Anteros	Senior Masculino	01:59:25	+47:09	07:02
26	531	Joel Silva	Azevedo on trail	Senior Masculino	02:02:05	+49:48	07:11
27	558	Marcos Carvalho	Individual	Senior Masculino	02:02:29	+50:13	07:12
28	614	Lucas Mota Pinto	Sobreira Runners	Senior Masculino	02:11:45	+59:29	07:45
29	549	Daniel Andrade	Individual	Senior Masculino	02:15:19	+01:03:03	07:58
30	590	Alex sousa	Lusavouga trail running	Senior Masculino	02:15:49	+01:03:33	07:59
31	551	Diogo Silva	Individual	Senior Masculino	02:46:10	+01:33:53	09:46

Veterana F40

1	565	Susete Oliveira	Individual	Veterana F40	01:45:49	+33:33	06:14
2	533	Irene Barbosa	Copos e trilhos	Veterana F40	01:53:30	+41:14	06:41
3	540	Eliana Teixeira	Fridão Sem Limites	Veterana F40	02:02:44	+50:27	07:13
4	503	Alice Barbosa Pereira	A.D.AMARANTE TRAIL RUNNING	Veterana F40	02:03:34	+51:18	07:16
5	523	Cristiana Ribeiro	Amigos da corrida Brito	Veterana F40	02:04:54	+52:37	07:21
6	514	Fátima Freitas	ADTTR TRAVASSÓS RUNNING FAFE	Veterana F40	02:15:47	+01:03:31	07:59
7	529	Helena Cunha	Arrastassolas	Veterana F40	02:27:14	+01:14:58	08:40
8	564	Isabel de Oliveira	Individual	Veterana F40	02:36:40	+01:24:24	09:13
9	515	Sandra Pinto	ADTTR TRAVASSÓS RUNNING FAFE	Veterana F40	02:37:57	+01:25:41	09:18

Veterana F50

1	566	Carmo Marinho	Individual	Veterana F50	01:55:21	+43:05	06:47
2	524	Josefina Tinoco	Amigos da corrida Brito	Veterana F50	02:12:13	+59:57	07:47
3	537	Maria Teixeira	Eazy	Veterana F50	02:12:29	+01:00:13	07:48
4	517	Lucinda Silva	ADTTR TRAVASSÓS RUNNING FAFE	Veterana F50	02:14:52	+01:02:36	07:56
5	518	Natália Bento	ADTTR TRAVASSÓS RUNNING FAFE	Veterana F50	02:19:49	+01:07:32	08:13
6	567	Norberta Grilo	Individual	Veterana F50	02:23:23	+01:11:06	08:26
7	541	Rosa Soares	Fridão Sem Limites	Veterana F50	02:23:44	+01:11:28	08:27
8	516	Anabela Mota	ADTTR TRAVASSÓS RUNNING FAFE	Veterana F50	02:30:09	+01:17:53	08:50

Veterano M40

1	621	José Carlos Oliveira Valente Moreira	Boavista Trail	Veterano M40	01:12:16	04:15
2	607	Luciano Pereira	Pegasus OCR ProTeam	Veterano M40	01:16:19	+04:03 04:29
3	520	Gonçalo Torres	AMA associação Mondim Atletismo	Veterano M40	01:24:45	+12:29 04:59
4	606	Helder Rodrigues	Pegasus OCR ProTeam	Veterano M40	01:25:28	+13:12 05:02

Trail Curto

17 KM

[illegible]

OFFICIAL RESULT

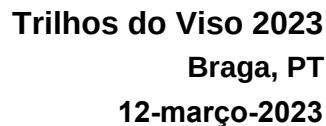
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5	619	António Paulo Ribeiro Carvalho	AMA Associação Atletismo de Mondim	Veterano M40	01:26:42	+14:25	05:06
6	527	Filipe Freitas	Amigos da corrida Brito	Veterano M40	01:32:53	+20:36	05:28
7	568	Alcino Moreira	Individual	Veterano M40	01:33:03	+20:46	05:28
8	501	José Fernando Mota	Município de Celorico de Basto	Veterano M40	01:34:51	+22:35	05:35
9	591	Sérgio Fernandes	Lusavouga trail running	Veterano M40	01:36:42	+24:26	05:41
10	574	Hélder Cunha	Individual	Veterano M40	01:38:10	+25:54	05:46
11	525	Albino Fernandes	Amigos da corrida Brito	Veterano M40	01:40:25	+28:08	05:54
12	506	Nuno Moura	A.D.AMARANTE TRAIL RUNNING	Veterano M40	01:41:36	+29:20	05:59
13	609	Alex Machado	Runners do Demo	Veterano M40	01:41:52	+29:36	06:00
14	593	João Ribeiro	MTT RUNNING	Veterano M40	01:42:26	+30:09	06:02
15	542	PAULO ALVES	GONDOMAR FUTSAL CLUBE	Veterano M40	01:43:25	+31:09	06:05
16	535	Manuel Barbosa	Copos e trilhos	Veterano M40	01:44:15	+31:59	06:08
17	580	Moisés Machado	Individual	Veterano M40	01:44:17	+32:01	06:08
18	569	António Coelho	Individual	Veterano M40	01:44:52	+32:36	06:10
19	576	José Carlos Silva Lemos	Individual	Veterano M40	01:45:45	+33:29	06:13
20	578	Marco Paulo leite Gonçalves Oliveira	Individual	Veterano M40	01:45:53	+33:37	06:14
21	581	Pedro Coelho	Individual	Veterano M40	01:48:42	+36:26	06:24
22	582	Pedro Emanuel Alves Martins	Individual	Veterano M40	01:49:06	+36:50	06:25
23	577	Luís Miguel Ribeiro	Individual	Veterano M40	01:51:42	+39:26	06:34
24	615	António Sérgio Mota Gonçalves	Sobreira Runners	Veterano M40	01:53:08	+40:52	06:39
25	521	Paulo Rocha	AMA associação Mondim Atletismo	Veterano M40	01:53:44	+41:28	06:41
26	583	Rui António Sousa Andrade	Individual	Veterano M40	01:53:50	+41:34	06:42
27	573	Filipe Ribeiro	Individual	Veterano M40	01:54:02	+41:45	06:42
28	602	João Maia	PATROL MOJ	Veterano M40	01:54:47	+42:30	06:45
29	534	Bruno Sousa	Copos e trilhos	Veterano M40	01:55:46	+43:29	06:49
30	589	Pedro Roxo	Lobos do Brunheiro de Chaves/Anteros	Veterano M40	01:59:19	+47:03	07:01
31	526	Daniel Fernandes	Amigos da corrida Brito	Veterano M40	02:02:53	+50:37	07:14
32	620	Nelson Luciano Marques Mourão	Individual	Veterano M40	02:04:26	+52:10	07:19
33	571	Bernardino Miranda	Individual	Veterano M40	02:05:05	+52:48	07:21
34	505	Marco Paulo Ribeiro Nunes	A.D.AMARANTE TRAIL RUNNING	Veterano M40	02:05:27	+53:11	07:23
35	610	Ângelo paiva	runners do demo	Veterano M40	02:10:48	+58:32	07:42
36	572	Carlos Pinto	Individual	Veterano M40	02:17:55	+01:05:39	08:07
37	504	Albano Coelho	A.D.AMARANTE TRAIL RUNNING	Veterano M40	02:19:41	+01:07:24	08:13
38	579	Miguel Ferreira	Individual	Veterano M40	02:19:49	+01:07:32	08:13
39	570	Artur Fonseca	Individual	Veterano M40	03:00:29	+01:48:13	10:37

Veterano M50

1	507	Alcino Silva	adsebolido trail	Veterano M50	01:23:58	+11:42	04:56
2	522	Jose Oliveira	AMA associação Mondim Atletismo	Veterano M50	01:35:57	+23:41	05:39
3	528	Jose Sousa	Amigos da corrida Brito	Veterano M50	01:40:25	+28:08	05:54
4	592	Adriano Teixeira	Lusavouga trail running	Veterano M50	01:47:01	+34:44	06:18
5	546	Carlos Manuel Macedo Carneiro	HERE4BEER	Veterano M50	01:47:38	+35:21	06:20
6	586	Manuel Sousa	Individual	Veterano M50	01:48:43	+36:26	06:24
7	584	António Dinis	Individual	Veterano M50	01:52:47	+40:31	06:38

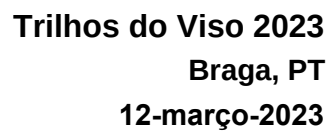
Official Timekeeper: Lap2Go	3 / 4	generate 12-mar-2023 12:34
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17 KM

OFFICIAL RESULT

8	585	ARMANDO TEIXEIRA	Individual	Veterano M50	01:53:04	+40:48	06:39
9	536	Vitor Cardoso	Corre São João	Veterano M50	02:00:31	+48:15	07:05
10	587	Paulo Crasto	Individual	Veterano M50	02:08:27	+56:10	07:33

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 12-mar-2023 12:38
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[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	PEGASUS OCR PROTEAM	3 + 7 + 10	20
2	SOBREIRA RUNNERS	6 + 24 + 32	62
3	AMIGOS DA CORRIDA BRITO	16 + 25 + 26	67
4	AMA ASSOCIAÇÃO MONDIM ATLETISMO	9 + 21 + 52	82
5	LUSAVOUGA TRAIL RUNNING	22 + 40 + 75	137
6	PATROL MOJ	39 + 57 + 59	155
7	A.D.AMARANTE TRAIL RUNNING	28 + 70 + 77	175

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	ADTTR TRAVASSÓS RUNNING FAFE	10 + 11 + 14	35
2	FRIDÃO SEM LIMITES	6 + 7 + 22	35