

1500M - STAGE 1

1500 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 16:00 | 21.9°C | 62% |
| End | 16:45 | 21.9°C | 62% |

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|---------------------------------------|----------------------------------------------|---------|--------|------|------|
| 1 | 57 | Hugo Filipe Castanheira Rocha | CNATRIL | 18:17.3 | | - | |
| 2 | 71 | DAVID SILVA | Individual | 18:26.7 | +00:10 | - | |
| 3 | 172 | Pedro Carvalho | SPORT LISBOA E BENFICA | 18:28.1 | +00:11 | - | |
| 4 | 167 | Cassilda Carvalho | SPORT LISBOA E BENFICA | 18:37.5 | +00:21 | - | |
| 5 | 55 | João Ribeiro | Clube Náutico de Leiria | 18:39.6 | +00:23 | - | |
| 6 | 173 | Bruno Ruas | Sporting Clube de Portugal | 18:43.8 | +00:27 | - | |
| 7 | 169 | André Neves | SPORT LISBOA E BENFICA | 18:47.4 | +00:30 | - | |
| 8 | 127 | Paulo Jorge Tejo | Individual | 19:00.5 | +00:44 | - | |
| 9 | 158 | Guilherme Neves | Pedrogão Triatlo | 19:15.1 | +00:58 | - | |
| 10 | 17 | FILIFE MIGUEL MARQUES | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 19:18.2 | +01:01 | - | |
| 11 | 58 | Joana Beatriz de Matos Luis Miranda | Escola de Triatlo Clube Natação Torres Novas | 19:27.3 | +01:10 | - | |
| 12 | 113 | Rui Pereira | Individual | 19:29.7 | +01:13 | - | |
| 13 | 150 | Francisco Xavier Barreto Rita | INDUSTRIAL DESPORTIVO VIEIRENSE | 20:13.6 | +01:57 | - | |
| 14 | 73 | Rafael Pacheco | Individual | 20:17.8 | +02:01 | - | |
| 15 | 155 | Nuno Gonçalo Santos | INDUSTRIAL DESPORTIVO VIEIRENSE | 20:23.7 | +02:07 | - | |
| 16 | 170 | Rafaela Cananó | SPORT LISBOA E BENFICA | 20:27.1 | +02:10 | - | |
| 17 | 171 | João Menino | SPORT LISBOA E BENFICA | 20:29.6 | +02:13 | - | |
| 18 | 151 | Gabriel Patrício | INDUSTRIAL DESPORTIVO VIEIRENSE | 20:55.0 | +02:38 | - | |
| 19 | 109 | Luis Pacheco | Individual | 20:59.3 | +02:42 | - | |
| 20 | 26 | MIGUEL ARROBAS SILVA | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 21:04.6 | +02:48 | - | |
| 21 | 168 | Catarina Santos | SPORT LISBOA E BENFICA | 21:10.9 | +02:54 | - | |
| 22 | 35 | JAIME FREDERICO FERREIRA | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 21:18.1 | +03:01 | - | |
| 23 | 12 | Diogo Almeida | ADRCCEMM | 21:19.1 | +03:02 | - | |
| 24 | 103 | Simao Germano Bilhastre | Individual | 21:20.1 | +03:03 | - | |
| 25 | 159 | Paulo Marques | SFGP | 21:29.3 | +03:12 | - | |
| 26 | 160 | Luís Carlos Correia | SFUAP | 21:30.8 | +03:14 | - | |
| 27 | 106 | Hugo Miguel Silva | Individual | 21:56.2 | +03:39 | - | |
| 28 | 13 | Giao Gião | ADRCCEMM | 21:58.9 | +03:42 | - | |
| 29 | 92 | Ana Filipa Santos | Individual | 21:59.0 | +03:42 | - | |
| 30 | 61 | Manuel Jorge Teixeira Monteiro Júlio | G.R.C.D Leão | 21:59.5 | +03:43 | - | |
| 31 | 23 | RITA GOUVEIA NUNES | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 22:04.9 | +03:48 | - | |
| 32 | 48 | Henrique Delgado | CAPenafirme | 22:05.5 | +03:49 | - | |
| 33 | 149 | Francisco José Almeida Fragoso | INDUSTRIAL DESPORTIVO VIEIRENSE | 22:11.2 | +03:54 | - | |
| 34 | 64 | Francisco Costa | GAN ACD | 22:14.2 | +03:57 | - | |
| 35 | 153 | Santiago Boiça Sousa | INDUSTRIAL DESPORTIVO VIEIRENSE | 22:14.6 | +03:58 | - | |
| 36 | 24 | DIOGO COUTINHO MARTINS | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 22:24.2 | +04:07 | - | |
| 37 | 120 | JORGE CALDEIRA | Individual | 22:25.9 | +04:09 | - | |
| 38 | 44 | Rui Castro | Big fish | 22:41.6 | +04:25 | - | |
| 39 | 162 | Jaime Carlos Bento | Sport Algés e Dafundo | 22:54.1 | +04:37 | - | |
| 40 | 124 | Luís Miguel Martins Mendonça da Silva | Individual | 22:56.2 | +04:39 | - | |

1500M - STAGE 1

1500 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|---------------------------------------------|-------------------------------------|---------|--------|------|------|
| 41 | 69 | Bernardo Prudêncio | Individual | 23:12.5 | +04:56 | - | |
| 42 | 70 | Daniel Pacheco | Individual | 23:14.4 | +04:57 | - | |
| 43 | 11 | Gonçalo Carvalho | AAC Multisport Triatlo | 23:17.4 | +05:00 | - | |
| 44 | 96 | Cesar Andrade | Individual | 23:20.6 | +05:04 | - | |
| 45 | 28 | RUI ALEXANDRE SANTOS | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 23:23.0 | +05:06 | - | |
| 46 | 90 | Ricardo Durão | Individual | 23:25.7 | +05:09 | - | |
| 47 | 154 | Bruna Simões | INDUSTRIAL DESPORTIVO VIEIRENSE | 23:26.0 | +05:09 | - | |
| 48 | 114 | Sérgio Dias | Individual | 23:29.5 | +05:13 | - | |
| 49 | 56 | António José Trincão de Andrade Lopes | Clube Oriental de Lisboa | 23:45.1 | +05:28 | - | |
| 50 | 68 | Eduardo Poças | Gingabykes | 24:00.7 | +05:44 | - | |
| 51 | 27 | NELSON SEQUEIRA MOREIRA | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 24:04.3 | +05:47 | - | |
| 52 | 14 | Pedro Gouveia | Associação Académica de Coimbra | 24:09.5 | +05:53 | - | |
| 53 | 147 | Carolina Fonseca | INDUSTRIAL DESPORTIVO VIEIRENSE | 24:10.1 | +05:53 | - | |
| 54 | 78 | Daniela Ferreira Pinheiro | Individual | 24:13.3 | +05:56 | - | |
| 55 | 180 | Antonio Besson Bastos | Sport Algés e Dafundo | 24:16.4 | +05:59 | - | |
| 56 | 112 | Pedro Nuno Galvão | Individual | 24:16.5 | +06:00 | - | |
| 57 | 118 | Antonio Santinha | Individual | 24:19.6 | +06:03 | - | |
| 58 | 174 | João Ruas | Sporting Clube de Portugal | 24:22.7 | +06:06 | - | |
| 59 | 18 | Bibiana Farias | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 24:37.2 | +06:20 | - | |
| 60 | 74 | Santiago Pacheco | Individual | 24:40.1 | +06:23 | - | |
| 61 | 33 | PAULA SEABRA SANTOS | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 24:40.6 | +06:24 | - | |
| 62 | 60 | Jose Manuel Dias | FISICA Torres Vedras | 24:41.3 | +06:24 | - | |
| 63 | 50 | Rita Barata Correia | Clube de Natação Masters de Almada | 24:51.1 | +06:34 | - | |
| 64 | 52 | Carlos Barata Correia | Clube de Natação Masters de Almada | 24:51.9 | +06:35 | - | |
| 65 | 86 | Daniel Oliveira | Individual | 24:51.9 | +06:35 | - | |
| 66 | 22 | LIANA CASQUINHA SILVA | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 24:55.4 | +06:38 | - | |
| 67 | 42 | JAIR SANTOS | Benedita Sport Club Natação | 24:56.9 | +06:40 | - | |
| 68 | 36 | ANTONIO HIGINO MARQUES | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 25:18.8 | +07:02 | - | |
| 69 | 111 | Nuno Santos | Individual | 25:21.3 | +07:04 | - | |
| 70 | 53 | DANIEL FILIPE COSTA CRAVO GROSSO | Clube Nacional de Natação | 25:26.3 | +07:09 | - | |
| 71 | 63 | Ana Beatriz Costa Soeiro | GAN ACD | 25:52.9 | +07:36 | - | |
| 72 | 94 | Arturo García Casarrubios Bernardo | Individual | 26:03.0 | +07:46 | - | |
| 73 | 84 | Angela Bilhastre | Individual | 26:07.5 | +07:51 | - | |
| 74 | 82 | João Alexandre Coelho Santos Esteves | Individual | 26:11.6 | +07:55 | - | |
| 75 | 126 | Miguel Guerreiro | Individual | 26:14.3 | +07:57 | - | |
| 76 | 20 | ISILDA MARIA GONÇALVES | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 26:14.9 | +07:58 | - | |
| 77 | 59 | Susana Maria Neves | FISICA Torres Vedras | 26:17.6 | +08:01 | - | |
| 78 | 123 | Luís Ahrens Teixeira | Individual | 26:19.4 | +08:02 | - | |
| 79 | 32 | PATRICIA REIS GERALDES | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 26:28.1 | +08:11 | - | |
| 80 | 117 | Fernanda Maria Castanheira da Costa Marques | Individual | 26:31.6 | +08:15 | - | |
| 81 | 38 | MIGUEL FONSECA SAN-PAYO | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 26:35.8 | +08:19 | - | |
| 82 | 157 | Raul António Fonte Moreira | INDUSTRIAL DESPORTIVO VIEIRENSE | 26:36.9 | +08:20 | - | |
| 83 | 88 | João Gonçalo Tiago Miranda | Individual | 26:48.0 | +08:31 | - | |

1500M - STAGE 1
1500 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|-----------------------------------------------------|-------------------------------------|---------|--------|------|------|
| 84 | 43 | Ricardo Ferreira | Benedita Sport Club Natação | 26:48.1 | +08:31 | - | |
| 85 | 148 | Diana Rita Pedro Fonseca | INDUSTRIAL DESPORTIVO VIEIRENSE | 26:58.0 | +08:41 | - | |
| 86 | 152 | Marco Silva | INDUSTRIAL DESPORTIVO VIEIRENSE | 26:59.4 | +08:42 | - | |
| 87 | 37 | JOSE LUIS CORREIA | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 27:07.5 | +08:51 | - | |
| 88 | 104 | Joana Cavaleiro | Individual | 27:10.5 | +08:54 | - | |
| 89 | 21 | JULIANA ELIAS SANCHES | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 27:22.0 | +09:05 | - | |
| 90 | 54 | Ricardo Louro | Clube Nacional de Natação | 27:27.6 | +09:11 | - | |
| 91 | 65 | Luís Miguel Gonçalves Duarte | GAN ACD | 27:33.6 | +09:17 | - | |
| 92 | 102 | Pedro Daniel Gaspar Correia | Individual | 27:34.1 | +09:17 | - | |
| 93 | 83 | Nuno Miguel Oliveira | Individual | 27:45.1 | +09:28 | - | |
| 94 | 141 | Artur Parreira | Individual | 27:51.1 | +09:34 | - | |
| 95 | 89 | Pedro Teles | Individual | 27:51.2 | +09:34 | - | |
| 96 | 41 | André Faustino Valentim | Benedita Sport Club Natação | 28:27.6 | +10:11 | - | |
| 97 | 39 | João Pereira | Benedita Sport Club Natação | 28:31.6 | +10:15 | - | |
| 98 | 34 | ALFREDO OLIVEIRA CHAMBEL | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 28:45.8 | +10:29 | - | |
| 99 | 99 | Gonçalo Raposo de Magalhães | Individual | 28:54.8 | +10:38 | - | |
| 100 | 161 | Helder Moringa | SNR TRIATLO | 28:55.3 | +10:38 | - | |
| 101 | 108 | José da Silva Rabelo Neto | Individual | 28:56.2 | +10:39 | - | |
| 102 | 136 | José Gordilho | Individual | 29:01.5 | +10:45 | - | |
| 103 | 163 | Paulo José Patrão | Sport Algés e Dafundo | 29:06.3 | +10:49 | - | |
| 104 | 62 | Sofia Cruz | GAN ACD | 29:06.7 | +10:50 | - | |
| 105 | 67 | Tiago Santos | Gingabykes | 29:09.8 | +10:53 | - | |
| 106 | 40 | Vânia leão | Benedita Sport Club Natação | 29:10.8 | +10:54 | - | |
| 107 | 166 | Luis Vidigal Salgueiro | Sport Algés e Dafundo | 29:12.4 | +10:55 | - | |
| 108 | 100 | Hugo Carvalheiro | Individual | 29:19.1 | +11:02 | - | |
| 109 | 91 | Rui Parente | Individual | 29:21.3 | +11:04 | - | |
| 110 | 137 | José Manuel Sérgio | Individual | 29:25.2 | +11:08 | - | |
| 111 | 51 | Madalena Caninas | Clube de Natação Masters de Almada | 29:29.1 | +11:12 | - | |
| 112 | 105 | Carlos Miguel Ferrão Neto | Individual | 29:39.0 | +11:22 | - | |
| 113 | 175 | Tiago Santos | Triatlo Clube da Lourinhã | 29:40.0 | +11:23 | - | |
| 114 | 30 | MAURICIO DUARTE OUTEIRO | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 29:41.1 | +11:24 | - | |
| 115 | 93 | Joana Bértholo | Individual | 29:41.7 | +11:25 | - | |
| 116 | 46 | Nuno Verdasca | Big fish | 29:42.4 | +11:25 | - | |
| 117 | 107 | João Pedro Figueiredo Ferreira de Carvalho Oliveira | Individual | 29:44.7 | +11:28 | - | |
| 118 | 80 | Lara Benito | Individual | 29:47.5 | +11:31 | - | |
| 119 | 143 | Paulo Rodrigues | Individual | 30:24.9 | +12:08 | - | |
| 120 | 176 | Inês Tomé | Triatlo Clube da Lourinhã | 30:30.6 | +12:14 | - | |
| 121 | 115 | Victor Rosca | Individual | 30:35.0 | +12:18 | - | |
| 122 | 132 | Carlos Jorge Barata Horta Alves | Individual | 30:38.2 | +12:21 | - | |
| 123 | 66 | João Oliveira | Gingabykes | 30:38.8 | +12:22 | - | |
| 124 | 139 | Miguel Machado | Individual | 31:14.9 | +12:58 | - | |
| 125 | 129 | Rodrigo Ribeiro | Individual | 31:43.3 | +13:26 | - | |
| 126 | 156 | Nelson de Jesus Guerra | INDUSTRIAL DESPORTIVO VIEIRENSE | 31:43.4 | +13:26 | - | |
| 127 | 81 | Diogo de Noronha Serrano | Individual | 31:56.0 | +13:39 | - | |
| 128 | 130 | Isabel Moreira | Individual | 31:58.2 | +13:41 | - | |

1500M - STAGE 1
1500 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|--------------------------------------|-------------------------------------|---------|--------|------|------|
| 129 | 76 | Marta Sarmento | Individual | 31:58.3 | +13:41 | - | |
| 130 | 79 | Francisca Morgado | Individual | 32:04.6 | +13:48 | - | |
| 131 | 19 | SOFIA SILVA LOPES | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 32:11.0 | +13:54 | - | |
| 132 | 140 | Paulo Dias | Individual | 32:29.6 | +14:13 | - | |
| 133 | 178 | Lucas Mourão | Individual | 32:58.9 | +14:42 | - | |
| 134 | 87 | Filipe Lencastre | Individual | 33:03.4 | +14:46 | - | |
| 135 | 138 | Miguel Andrade | Individual | 34:20.3 | +16:03 | - | |
| 136 | 119 | Fernando Andrade | Individual | 34:24.9 | +16:08 | - | |
| 137 | 142 | Jorge Narciso | Individual | 34:26.7 | +16:10 | - | |
| 138 | 177 | Telmo Pinto | Triatlo Clube da Lourinhã | 34:57.1 | +16:40 | - | |
| 139 | 128 | Ricardo nuno Francisco do Carmo | Individual | 35:46.1 | +17:29 | - | |
| 140 | 135 | Jaime Severino | Individual | 35:46.8 | +17:30 | - | |
| 141 | 164 | Alexandre Azevedo Gaspar | Sport Algés e Dafundo | 36:18.7 | +18:02 | - | |
| 142 | 146 | AMILCAR RIBEIRAL | Individual | 36:37.4 | +18:20 | - | |
| 143 | 145 | renato inacio | Individual | 36:45.5 | +18:29 | - | |
| 144 | 133 | Francisco de Herédia Caldeira Cabral | Individual | 36:59.9 | +18:43 | - | |
| 145 | 181 | Miguel Branco | Individual | 37:36.3 | +19:19 | - | |
| 146 | 179 | João Oliveira | Individual | 37:49.1 | +19:32 | - | |
| 147 | 31 | PAULO SALTAO MOUTINHO | ASSOCIAÇÃO DE NADADORES DOS ESTORIS | 37:54.8 | +19:38 | - | |
| 148 | 75 | Isabel Sousa | Individual | 39:04.8 | +20:48 | - | |
| 149 | 182 | Domingos Alvim | Individual | 41:51.1 | +23:34 | - | |
| 150 | 116 | Ana Maria Fonseca De Magalhaes | Individual | 45:31.9 | +27:15 | - | |

1500m

1500 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

AG19-24M

| | | | | | | |
|---|-----|---------------------|------------------------|----------|---------|--------|
| 1 | 172 | Pedro Carvalho | SPORT LISBOA E BENFICA | AG19-24M | 18:28.1 | - |
| 2 | 171 | João Menino | SPORT LISBOA E BENFICA | AG19-24M | 20:29.6 | +02:01 |
| 3 | 160 | Luís Carlos Correia | SFUAP | AG19-24M | 21:30.8 | +03:02 |

AG25-29F

| | | | | | | |
|---|----|---------------------------|------------|----------|---------|--------|
| 1 | 78 | Daniela Ferreira Pinheiro | Individual | AG25-29F | 24:13.3 | - |
| 2 | 63 | Ana Beatriz Costa Soeiro | GAN ACD | AG25-29F | 25:52.9 | +01:39 |

AG25-29M

| | | | | | | |
|---|-----|---------------------|---------------------------------|----------|---------|--------|
| 1 | 155 | Nuno Gonçalo Santos | INDUSTRIAL DESPORTIVO VIEIRENSE | AG25-29M | 20:23.7 | - |
| 2 | 64 | Francisco Costa | GAN ACD | AG25-29M | 22:14.2 | +01:50 |

AG30-34F

| | | | | | | |
|---|----|-------------------|------------|----------|---------|--------|
| 1 | 80 | Lara Benito | Individual | AG30-34F | 29:47.5 | - |
| 2 | 79 | Francisca Morgado | Individual | AG30-34F | 32:04.6 | +02:17 |

AG30-34M

| | | | | | | |
|---|-----|--------------------------------------|-----------------------------|----------|---------|--------|
| 1 | 55 | João Ribeiro | Clube Náutico de Leiria | AG30-34M | 18:39.6 | - |
| 2 | 173 | Bruno Ruas | Sporting Clube de Portugal | AG30-34M | 18:43.8 | +00:04 |
| 3 | 82 | João Alexandre Coelho Santos Esteves | Individual | AG30-34M | 26:11.6 | +07:31 |
| 4 | 83 | Nuno Miguel Oliveira | Individual | AG30-34M | 27:45.1 | +09:05 |
| 5 | 39 | João Pereira | Benedita Sport Club Natação | AG30-34M | 28:31.6 | +09:51 |
| 6 | 81 | Diogo de Noronha Serrano | Individual | AG30-34M | 31:56.0 | +13:16 |
| 7 | 178 | Lucas Mourão | Individual | AG30-34M | 32:58.9 | +14:19 |

AG35-39F

| | | | | | | |
|---|----|------------------|-----------------------------|----------|---------|--------|
| 1 | 84 | Angela Bilhastre | Individual | AG35-39F | 26:07.5 | - |
| 2 | 40 | Vânia leão | Benedita Sport Club Natação | AG35-39F | 29:10.8 | +03:03 |

AG35-39M

| | | | | | | |
|---|-----|------------------------|-------------------------------------|----------|---------|--------|
| 1 | 17 | FILIPPE MIGUEL MARQUES | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG35-39M | 19:18.2 | - |
| 2 | 159 | Paulo Marques | SFGP | AG35-39M | 21:29.3 | +02:11 |
| 3 | 90 | Ricardo Durão | Individual | AG35-39M | 23:25.7 | +04:07 |
| 4 | 86 | Daniel Oliveira | Individual | AG35-39M | 24:51.9 | +05:33 |

1500m

1500 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|-----|----------------------------------|-----------------------------|----------|---------|--------|---|
| 5 | 53 | DANIEL FILIPE COSTA CRAVO GROSSO | Clube Nacional de Natação | AG35-39M | 25:26.3 | +06:08 | - |
| 6 | 88 | João Gonçalo Tiago Miranda | Individual | AG35-39M | 26:48.0 | +07:29 | - |
| 7 | 89 | Pedro Teles | Individual | AG35-39M | 27:51.2 | +08:33 | - |
| 8 | 41 | André Faustino Valentim | Benedita Sport Club Natação | AG35-39M | 28:27.6 | +09:09 | - |
| 9 | 91 | Rui Parente | Individual | AG35-39M | 29:21.3 | +10:03 | - |
| 10 | 175 | Tiago Santos | Triatlo Clube da Lourinhã | AG35-39M | 29:40.0 | +10:21 | - |
| 11 | 87 | Filipe Lencastre | Individual | AG35-39M | 33:03.4 | +13:45 | - |
| 12 | 179 | João Oliveira | Individual | AG35-39M | 37:49.1 | +18:30 | - |

AG40-44F

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|---|-----|---------------------|-------------------------------------|----------|---------|--------|---|
| 1 | 92 | Ana Filipa Santos | Individual | AG40-44F | 21:59.0 | | - |
| 2 | 18 | Bibiana Farias | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG40-44F | 24:37.2 | +02:38 | - |
| 3 | 50 | Rita Barata Correia | Clube de Natação Masters de Almada | AG40-44F | 24:51.1 | +02:52 | - |
| 4 | 93 | Joana Bértholo | Individual | AG40-44F | 29:41.7 | +07:42 | - |
| 5 | 176 | Inês Tomé | Triatlo Clube da Lourinhã | AG40-44F | 30:30.6 | +08:31 | - |
| 6 | 19 | SOFIA SILVA LOPES | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG40-44F | 32:11.0 | +10:11 | - |

AG40-44M

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|----|-----|--------------------------------------|---------------------------------|----------|---------|--------|---|
| 1 | 103 | Simao Germano Bilhastre | Individual | AG40-44M | 21:20.1 | | - |
| 2 | 61 | Manuel Jorge Teixeira Monteiro Júlio | G.R.C.D Leião | AG40-44M | 21:59.5 | +00:39 | - |
| 3 | 48 | Henrique Delgado | CAPenafirme | AG40-44M | 22:05.5 | +00:45 | - |
| 4 | 11 | Gonçalo Carvalho | AAC Multisport Triatlo | AG40-44M | 23:17.4 | +01:57 | - |
| 5 | 96 | Cesar Andrade | Individual | AG40-44M | 23:20.6 | +02:00 | - |
| 6 | 14 | Pedro Gouveia | Associação Académica de Coimbra | AG40-44M | 24:09.5 | +02:49 | - |
| 7 | 42 | JAIR SANTOS | Benedita Sport Club Natação | AG40-44M | 24:56.9 | +03:36 | - |
| 8 | 94 | Arturo García Casarrubios Bernardo | Individual | AG40-44M | 26:03.0 | +04:42 | - |
| 9 | 43 | Ricardo Ferreira | Benedita Sport Club Natação | AG40-44M | 26:48.1 | +05:28 | - |
| 10 | 102 | Pedro Daniel Gaspar Correia | Individual | AG40-44M | 27:34.1 | +06:13 | - |
| 11 | 99 | Gonçalo Raposo de Magalhães | Individual | AG40-44M | 28:54.8 | +07:34 | - |
| 12 | 67 | Tiago Santos | Gingabykes | AG40-44M | 29:09.8 | +07:49 | - |
| 13 | 100 | Hugo Carvalheiro | Individual | AG40-44M | 29:19.1 | +07:59 | - |
| 14 | 66 | João Oliveira | Gingabykes | AG40-44M | 30:38.8 | +09:18 | - |
| 15 | 181 | Miguel Branco | Individual | AG40-44M | 37:36.3 | +16:16 | - |

AG45-49F

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|---|----|-----------------------|-------------------------------------|----------|---------|--------|---|
| 1 | 23 | RITA GOUVEIA NUNES | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG45-49F | 22:04.9 | | - |
| 2 | 22 | LIANA CASQUINHA SILVA | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG45-49F | 24:55.4 | +02:50 | - |

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| Official Timekeeper: Lap2Go | 3 / 6 | generate 13-Aug-2023 17:12 |
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1500m

1500 METERS

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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| 3 | 20 | ISILDA MARIA GONÇALVES | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG45-49F | 26:14.9 | +04:09 | - |
| 4 | 59 | Susana Maria Neves | FISICA Torres Vedras | AG45-49F | 26:17.6 | +04:12 | - |
| 5 | 104 | Joana Cavaleiro | Individual | AG45-49F | 27:10.5 | +05:05 | - |
| 6 | 21 | JULIANA ELIAS SANCHES | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG45-49F | 27:22.0 | +05:17 | - |

AG45-49M

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|----|-----|-----------------------------------------------------|-------------------------------------|----------|---------|--------|---|
| 1 | 113 | Rui Pereira | Individual | AG45-49M | 19:29.7 | - | - |
| 2 | 109 | Luis Pacheco | Individual | AG45-49M | 20:59.3 | +01:29 | - |
| 3 | 26 | MIGUEL ARROBAS SILVA | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG45-49M | 21:04.6 | +01:34 | - |
| 4 | 12 | Diogo Almeida | ADRCCIMM | AG45-49M | 21:19.1 | +01:49 | - |
| 5 | 106 | Hugo Miguel Silva | Individual | AG45-49M | 21:56.2 | +02:26 | - |
| 6 | 24 | DIOGO COUTINHO MARTINS | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG45-49M | 22:24.2 | +02:54 | - |
| 7 | 44 | Rui Castro | Big fish | AG45-49M | 22:41.6 | +03:11 | - |
| 8 | 28 | RUI ALEXANDRE SANTOS | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG45-49M | 23:23.0 | +03:53 | - |
| 9 | 114 | Sérgio Dias | Individual | AG45-49M | 23:29.5 | +03:59 | - |
| 10 | 68 | Eduardo Poças | Gingabykes | AG45-49M | 24:00.7 | +04:30 | - |
| 11 | 27 | NELSON SEQUEIRA MOREIRA | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG45-49M | 24:04.3 | +04:34 | - |
| 12 | 112 | Pedro Nuno Galvão | Individual | AG45-49M | 24:16.5 | +04:46 | - |
| 13 | 111 | Nuno Santos | Individual | AG45-49M | 25:21.3 | +05:51 | - |
| 14 | 54 | Ricardo Louro | Clube Nacional de Natação | AG45-49M | 27:27.6 | +07:57 | - |
| 15 | 108 | José da Silva Rabelo Neto | Individual | AG45-49M | 28:56.2 | +09:26 | - |
| 16 | 105 | Carlos Miguel Ferrão Neto | Individual | AG45-49M | 29:39.0 | +10:09 | - |
| 17 | 107 | João Pedro Figueiredo Ferreira de Carvalho Oliveira | Individual | AG45-49M | 29:44.7 | +10:14 | - |
| 18 | 115 | Victor Rosca | Individual | AG45-49M | 30:35.0 | +11:05 | - |
| 19 | 156 | Nelson de Jesus Guerra | INDUSTRIAL DESPORTIVO VIEIRENSE | AG45-49M | 31:43.4 | +12:13 | - |

AG50-54F

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|---|-----|---------------------------------------------|------------|----------|---------|--------|---|
| 1 | 117 | Fernanda Maria Castanheira da Costa Marques | Individual | AG50-54F | 26:31.6 | - | - |
| 2 | 116 | Ana Maria Fonseca De Magalhaes | Individual | AG50-54F | 45:31.9 | +19:00 | - |

AG50-54M

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|---|-----|---------------------------------------|--------------------------|----------|---------|--------|---|
| 1 | 127 | Paulo Jorge Tejo | Individual | AG50-54M | 19:00.5 | - | - |
| 2 | 120 | JORGE CALDEIRA | Individual | AG50-54M | 22:25.9 | +03:25 | - |
| 3 | 124 | Luís Miguel Martins Mendonça da Silva | Individual | AG50-54M | 22:56.2 | +03:55 | - |
| 4 | 56 | António José Trincão de Andrade Lopes | Clube Oriental de Lisboa | AG50-54M | 23:45.1 | +04:44 | - |

1500m

1500 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|-----|---------------------------------|-------------------------------------|----------|---------|--------|---|
| 5 | 118 | Antonio Santinha | Individual | AG50-54M | 24:19.6 | +05:19 | - |
| 6 | 60 | Jose Manuel Dias | FISICA Torres Vedras | AG50-54M | 24:41.3 | +05:40 | - |
| 7 | 126 | Miguel Guerreiro | Individual | AG50-54M | 26:14.3 | +07:13 | - |
| 8 | 123 | Luís Ahrens Teixeira | Individual | AG50-54M | 26:19.4 | +07:18 | - |
| 9 | 157 | Raul António Fonte Moreira | INDUSTRIAL DESPORTIVO VIEIRENSE | AG50-54M | 26:36.9 | +07:36 | - |
| 10 | 65 | Luís Miguel Gonçalves Duarte | GAN ACD | AG50-54M | 27:33.6 | +08:33 | - |
| 11 | 161 | Helder Moringa | SNR TRIATLO | AG50-54M | 28:55.3 | +09:54 | - |
| 12 | 30 | MAURICIO DUARTE OUTEIRO | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG50-54M | 29:41.1 | +10:40 | - |
| 13 | 46 | Nuno Verdasca | Big fish | AG50-54M | 29:42.4 | +10:41 | - |
| 14 | 129 | Rodrigo Ribeiro | Individual | AG50-54M | 31:43.3 | +12:42 | - |
| 15 | 119 | Fernando Andrade | Individual | AG50-54M | 34:24.9 | +15:24 | - |
| 16 | 177 | Telmo Pinto | Triatlo Clube da Lourinhã | AG50-54M | 34:57.1 | +15:56 | - |
| 17 | 128 | Ricardo nuno Francisco do Carmo | Individual | AG50-54M | 35:46.1 | +16:45 | - |
| 18 | 31 | PAULO SALTAO MOUTINHO | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG50-54M | 37:54.8 | +18:54 | - |

AG55-59F

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|---|-----|------------------------|-------------------------------------|----------|---------|--------|---|
| 1 | 33 | PAULA SEABRA SANTOS | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG55-59F | 24:40.6 | | - |
| 2 | 32 | PATRICIA REIS GERALDES | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG55-59F | 26:28.1 | +01:47 | - |
| 3 | 130 | Isabel Moreira | Individual | AG55-59F | 31:58.2 | +07:17 | - |

AG55-59M

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|----|-----|--------------------------------------|-------------------------------------|----------|---------|--------|---|
| 1 | 35 | JAIME FREDERICO FERREIRA | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG55-59M | 21:18.1 | | - |
| 2 | 13 | Giao Gião | ADRCIMM | AG55-59M | 21:58.9 | +00:40 | - |
| 3 | 34 | ALFREDO OLIVEIRA CHAMBEL | ASSOCIAÇÃO DE NADADORES DOS ESTÓRIS | AG55-59M | 28:45.8 | +07:27 | - |
| 4 | 136 | José Gordilho | Individual | AG55-59M | 29:01.5 | +07:43 | - |
| 5 | 137 | José Manuel Sérgio | Individual | AG55-59M | 29:25.2 | +08:07 | - |
| 6 | 132 | Carlos Jorge Barata Horta Alves | Individual | AG55-59M | 30:38.2 | +09:20 | - |
| 7 | 139 | Miguel Machado | Individual | AG55-59M | 31:14.9 | +09:56 | - |
| 8 | 140 | Paulo Dias | Individual | AG55-59M | 32:29.6 | +11:11 | - |
| 9 | 138 | Miguel Andrade | Individual | AG55-59M | 34:20.3 | +13:02 | - |
| 10 | 135 | Jaime Severino | Individual | AG55-59M | 35:46.8 | +14:28 | - |
| 11 | 133 | Francisco de Herédia Caldeira Cabral | Individual | AG55-59M | 36:59.9 | +15:41 | - |
| 12 | 182 | Domingos Alvim | Individual | AG55-59M | 41:51.1 | +20:33 | - |

