

## GRANDE TRAIL 51K - STAGE 1

51 KM

**R**  
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 08:00 | 13.6°C      | 100%     |
| End   | 20:14 | 13.6°C      | 100%     |

| RANK | BIB | NAME                                 | TEAM                                     | RESULT   | DIFF      | t/KM  | CARD |
|------|-----|--------------------------------------|--|----------|-----------|-------|------|
| 1    | 45  | Nuno Silva                           | Gafanhori                                | 05:45:35 |           | 06:47 |      |
| 2    | 85  | Pedro Rafael Tavares Garrido         | Saca Trilhos Anadia                      | 05:52:24 | +06:49    | 06:55 |      |
| 3    | 10  | Fernando Gomes                       | Clube de Atletismo de Ferreira do Zêzere | 06:10:03 | +24:28    | 07:15 |      |
| 4    | 88  | Eduardo Camões                       | Sharish Gin/GD Piranhas do Alqueva       | 06:26:46 | +41:11    | 07:35 |      |
| 5    | 58  | Luiz Mota                            | Casa do Benfica em Abrantes              | 06:45:59 | +01:00:24 | 07:58 |      |
| 6    | 49  | Fernando Leitao                      | Individual                               | 06:49:10 | +01:03:35 | 08:01 |      |
| 7    | 1   | André Ferreira                       | A. C. S. Mamede                          | 07:02:36 | +01:17:01 | 08:17 |      |
| 8    | 35  | Vincent Verdier                      | Individual                               | 07:04:32 | +01:18:57 | 08:19 |      |
| 9    | 65  | Duarte Silva Tereso                  | Monsanto Running team                    | 07:04:58 | +01:19:23 | 08:20 |      |
| 10   | 94  | Paulo Alexandre Correia              | Trilho Perdido Eventos / Imporlux        | 07:17:14 | +01:31:39 | 08:34 |      |
| 11   | 4   | Jorge Correia                        | Amigos do Atletismo de Mafra             | 07:20:45 | +01:35:10 | 08:39 |      |
| 12   | 12  | ISABEL BRANDÃO JERONIMO              | CLUBE MILLENNIUM BCP                     | 07:35:14 | +01:49:39 | 08:56 |      |
| 13   | 27  | Fábio Lamas                          | Fátima Trail Team                        | 07:37:57 | +01:52:22 | 08:59 |      |
| 14   | 92  | David Marques                        | Talentos Objetivos                       | 07:43:36 | +01:58:01 | 09:05 |      |
| 15   | 32  | Paulo Moreira                        | Grupo Desportivo do Pinheiro Grande      | 07:57:35 | +02:12:00 | 09:22 |      |
| 16   | 89  | Nelson Felix                         | Sharish Gin/GD Piranhas do Alqueva       | 07:57:38 | +02:12:03 | 09:22 |      |
| 17   | 67  | Pedro Cardoso                        | Monsanto Running team                    | 08:01:37 | +02:16:02 | 09:27 |      |
| 18   | 34  | Manuel Monteiro                      | Individual                               | 08:03:40 | +02:18:05 | 09:29 |      |
| 19   | 70  | Nelson Serra                         | Montanha Clube Trail Running / EFAPEL    | 08:04:04 | +02:18:29 | 09:29 |      |
| 20   | 68  | João Rpas                            | Monsanto Running team                    | 08:06:29 | +02:20:54 | 09:32 |      |
| 21   | 8   | André Duarte                         | C. D. "Os Águias" de Alpiarça            | 08:07:08 | +02:21:33 | 09:33 |      |
| 22   | 25  | Didier Valente                       | Equipa Monsanto Running Team             | 08:10:10 | +02:24:35 | 09:37 |      |
| 23   | 47  | Artur Palmas                         | Individual                               | 08:15:56 | +02:30:21 | 09:43 |      |
| 24   | 71  | Pedro Miguel Carvalho Fernandes      | Montanha Clube Trail Running / EFAPEL    | 08:16:38 | +02:31:03 | 09:44 |      |
| 25   | 83  | Ana Melo                             | Saca Trilhos Anadia                      | 08:22:27 | +02:36:52 | 09:51 |      |
| 26   | 39  | Joao Neves                           | Individual                               | 08:29:27 | +02:43:52 | 09:59 |      |
| 27   | 74  | Fernando Santos                      | Núcleo de Montanha de Espinho            | 08:29:30 | +02:43:55 | 09:59 |      |
| 28   | 7   | João Rama                            | C. D. "Os Águias" de Alpiarça            | 08:36:04 | +02:50:29 | 10:07 |      |
| 29   | 40  | Rui Marto                            | Fátima Trail Team                        | 08:36:35 | +02:51:00 | 10:08 |      |
| 30   | 26  | Luís Jorge                           | Fátima Trail Team                        | 08:37:57 | +02:52:22 | 10:09 |      |
| 31   | 24  | Rui Pedro Alves Marçal               | Desafios Positivos D+                    | 08:39:17 | +02:53:42 | 10:11 |      |
| 32   | 90  | Rui Fresco                           | Sharish Gin/GD Piranhas do Alqueva       | 08:39:27 | +02:53:52 | 10:11 |      |
| 33   | 79  | João Dias                            | Os Tolinhos                              | 08:40:11 | +02:54:36 | 10:12 |      |
| 34   | 82  | Ricardo Apura                        | Quenianos do Ribatejo                    | 08:41:53 | +02:56:18 | 10:14 |      |
| 35   | 30  | João Balsinha                        | GO! Runners                              | 08:46:10 | +03:00:35 | 10:19 |      |
| 36   | 75  | Paulo Alexandre Fialho               | OCS - Arrábida Trail Team                | 08:53:31 | +03:07:56 | 10:28 |      |
| 37   | 95  | Gonçalo Gaspar                       | Trilhos do Costume                       | 08:54:13 | +03:08:38 | 10:28 |      |
| 38   | 84  | Carla Santos                         | Saca Trilhos Anadia                      | 08:56:15 | +03:10:40 | 10:31 |      |
| 39   | 43  | Joel Fernando Barbosa Machado        | Individual                               | 08:59:46 | +03:14:11 | 10:35 |      |
| 40   | 87  | roberto caneira                      | SCD Glória do Ribatejo                   | 09:00:39 | +03:15:04 | 10:36 |      |
| 41   | 20  | António Luís Ribeiro Morais Ferreira | CLUBE TAP PORTUGAL                       | 09:04:45 | +03:19:10 | 10:41 |      |
| 42   | 21  | Cesar Augusto Bermudez Cabeza        | CLUBE TAP PORTUGAL                       | 09:04:45 | +03:19:10 | 10:41 |      |

GRANDE TRAIL 51K - STAGE 1

51 KM

**R**  
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME                                       | TEAM                                     | RESULT   | DIFF      | t/KM  | CARD |
|------|-----|--|--|----------|-----------|-------|------|
| 43   | 66  | Luís Mendes                                | Monsanto Running Team                    | 09:10:29 | +03:24:54 | 10:48 |      |
| 44   | 69  | Flavio Francisco                           | Monsanto Running team                    | 09:10:30 | +03:24:55 | 10:48 |      |
| 45   | 54  | Ricardo Dengue                             | Individual                               | 09:12:38 | +03:27:03 | 10:50 |      |
| 46   | 23  | Margarida Vieira                           | C'uma Perna às Costas                    | 09:15:42 | +03:30:07 | 10:54 |      |
| 47   | 42  | Carlos Ferreira                            | Individual                               | 09:18:29 | +03:32:54 | 10:57 |      |
| 48   | 48  | Claudio Barreira                           | Individual                               | 09:18:51 | +03:33:16 | 10:57 |      |
| 49   | 14  | RUI MANUEL MAGALHÃES                       | CLUBE MILLENNIUM BCP                     | 09:20:24 | +03:34:49 | 10:59 |      |
| 50   | 15  | Ana Catarina Ferreira da Costa             | Clube Montanhismo Guarda                 | 09:53:48 | +04:08:13 | 11:39 |      |
| 51   | 28  | João Freire                                | GDCTIN Casa da Moeda                     | 09:56:03 | +04:10:28 | 11:41 |      |
| 52   | 80  | Tiago Correia                              | PDARunners                               | 09:56:04 | +04:10:29 | 11:41 |      |
| 53   | 44  | Nelson Adão                                | Individual                               | 09:56:08 | +04:10:33 | 11:41 |      |
| 54   | 52  | Marcos Gandra                              | Individual                               | 10:01:30 | +04:15:55 | 11:48 |      |
| 55   | 60  | Armando Moreno                             | Individual                               | 10:01:33 | +04:15:58 | 11:48 |      |
| 56   | 63  | Mário Lima                                 | NAST                                     | 10:02:59 | +04:17:24 | 11:49 |      |
| 57   | 57  | Fernando Costa                             | Individual                               | 10:03:51 | +04:18:16 | 11:50 |      |
| 58   | 62  | Dalia Rato                                 | Jurassic Runners                         | 10:13:02 | +04:27:27 | 12:01 |      |
| 59   | 36  | Inês Santos                                | Individual                               | 10:13:02 | +04:27:27 | 12:01 |      |
| 60   | 5   | Filipe Saltão                              | ARCD VENDA DA LUÍSA                      | 10:26:40 | +04:41:05 | 12:17 |      |
| 61   | 19  | Dina Maria Nunes Ramos Ferreira            | CLUBE TAP PORTUGAL                       | 10:28:15 | +04:42:40 | 12:19 |      |
| 62   | 73  | João Mendes                                | Não Fazemos Nem Mais Um... Km            | 10:36:13 | +04:50:38 | 12:28 |      |
| 63   | 9   | Nuno Maia                                  | C. D. "Os Águias" de Alpiarça            | 10:42:32 | +04:56:57 | 12:36 |      |
| 64   | 31  | ADELINO RUI BRITO BATISTA                  | GO! Runners                              | 10:53:16 | +05:07:41 | 12:49 |      |
| 65   | 51  | Luís Lourenço                              | Individual                               | 11:08:51 | +05:23:16 | 13:07 |      |
| 66   | 55  | Rodrigo Manuel Botelho Moniz Moita de Deus | Individual                               | 11:08:52 | +05:23:17 | 13:07 |      |
| 67   | 81  | Rafael Coelho                              | Quenianos do Ribatejo                    | 11:08:55 | +05:23:20 | 13:07 |      |
| 68   | 17  | Antonio Saraiva                            | Clube OGMA                               | 11:10:58 | +05:25:23 | 13:09 |      |
| 69   | 16  | FERNANDA FRANÇA                            | CLUBE OGMA                               | 11:10:58 | +05:25:23 | 13:09 |      |
| 70   | 18  | JOAQUIM BEXIGA                             | CLUBE OGMA                               | 11:10:59 | +05:25:24 | 13:09 |      |
| 71   | 37  | Teresa Isabel Gaboleiro Afonso             | Individual                               | 11:17:06 | +05:31:31 | 13:17 |      |
| 72   | 50  | luis carmo                                 | Individual                               | 11:17:07 | +05:31:32 | 13:17 |      |
| 73   | 61  | claudino almeida rebelo                    | Individual                               | 11:19:21 | +05:33:46 | 13:19 |      |
| 74   | 72  | Teresa Ramalho Conceição                   | Não Fazemos Nem Mais Um... Km            | 11:19:24 | +05:33:49 | 13:19 |      |
| 75   | 56  | Albino Lopes                               | Individual                               | 11:19:26 | +05:33:51 | 13:19 |      |
| 76   | 6   | Leonel Pinto                               | Bairro dos Anjos                         | 11:37:41 | +05:52:06 | 13:41 |      |
| 77   | 38  | Cidália Oliveira                           | Individual                               | 11:45:54 | +06:00:19 | 13:50 |      |
| 78   | 76  | Ana Amaro                                  | Os Amaros                                | 12:08:00 | +06:22:25 | 14:16 |      |
| 79   | 77  | José Amaro                                 | Os Amaros                                | 12:08:00 | +06:22:25 | 14:16 |      |
| 80   | 11  | Tiago Fernandes                            | Clube de Atletismo de Ferreira do Zêzere | 12:08:38 | +06:23:03 | 14:17 |      |
| 81   | 78  | António Oliveira                           | Os Finos                                 | 12:08:38 | +06:23:03 | 14:17 |      |
| 82   | 93  | Pedro Amendoeira                           | Tartarugas do Asfalto                    | 12:08:38 | +06:23:03 | 14:17 |      |

## Grande Trail 51K

51 KM

**R**  
REVISED

### OFFICIAL RESULT

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 08:00 | 13.6°C      | 100%     |
| End   | 20:14 | 13.6°C      | 100%     |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

### Senior Masculino

|   |    |                     |                                    |                  |          |           |       |
|---|----|---------------------|------------------------------------|------------------|----------|-----------|-------|
| 1 | 88 | Eduardo Camões      | Sharish Gin/GD Piranhas do Alqueva | Senior Masculino | 06:26:46 |           | 07:35 |
| 2 | 35 | Vincent Verdier     | Individual                         | Senior Masculino | 07:04:32 | +37:46    | 08:19 |
| 3 | 65 | Duarte Silva Tereso | Monsanto Running team              | Senior Masculino | 07:04:58 | +38:12    | 08:20 |
| 4 | 34 | Manuel Monteiro     | Individual                         | Senior Masculino | 08:03:40 | +01:36:54 | 09:29 |
| 5 | 80 | Tiago Correia       | PDARunners                         | Senior Masculino | 09:56:04 | +03:29:18 | 11:41 |

### Veterana F35

|   |    |                                |                          |              |          |  |       |
|---|----|--------------------------------|--------------------------|--------------|----------|--|-------|
| 1 | 15 | Ana Catarina Ferreira da Costa | Clube Montanhismo Guarda | Veterana F35 | 09:53:48 |  | 11:39 |
|---|----|--------------------------------|--------------------------|--------------|----------|--|-------|

### Veterana F40

|   |    |          |                     |              |          |  |       |
|---|----|----------|---------------------|--------------|----------|--|-------|
| 1 | 83 | Ana Melo | Saca Trilhos Anadia | Veterana F40 | 08:22:27 |  | 09:51 |
|---|----|----------|---------------------|--------------|----------|--|-------|

### Veterana F45

|   |    |                                 |                       |              |          |           |       |
|---|----|---------------------------------|-----------------------|--------------|----------|-----------|-------|
| 1 | 12 | ISABEL BRANDÃO JERONIMO         | CLUBE MILLENNIUM BCP  | Veterana F45 | 07:35:14 |           | 08:56 |
| 2 | 23 | Margarida Vieira                | C'uma Perna às Costas | Veterana F45 | 09:15:42 | +01:40:27 | 10:54 |
| 3 | 36 | Inês Santos                     | Individual            | Veterana F45 | 10:13:02 | +02:37:48 | 12:01 |
| 4 | 19 | Dina Maria Nunes Ramos Ferreira | CLUBE TAP PORTUGAL    | Veterana F45 | 10:28:15 | +02:53:00 | 12:19 |
| 5 | 37 | Teresa Isabel Gaboleiro Afonso  | Individual            | Veterana F45 | 11:17:06 | +03:41:51 | 13:17 |
| 6 | 76 | Ana Amaro                       | Os Amaros             | Veterana F45 | 12:08:00 | +04:32:45 | 14:16 |

### Veterana F50

|   |    |                 |                     |              |          |           |       |
|---|----|-----------------|---------------------|--------------|----------|-----------|-------|
| 1 | 84 | Carla Santos    | Saca Trilhos Anadia | Veterana F50 | 08:56:15 |           | 10:31 |
| 2 | 16 | FERNANDA FRANÇA | CLUBE OGMA          | Veterana F50 | 11:10:58 | +02:14:43 | 13:09 |

### Veterana F55

|   |    |                  |            |              |          |  |       |
|---|----|------------------|------------|--------------|----------|--|-------|
| 1 | 38 | Cidália Oliveira | Individual | Veterana F55 | 11:45:54 |  | 13:50 |
|---|----|------------------|------------|--------------|----------|--|-------|

### Veterana F60

|   |    |            |                  |              |          |  |       |
|---|----|------------|------------------|--------------|----------|--|-------|
| 1 | 62 | Dália Rato | Jurassic Runners | Veterana F60 | 10:13:02 |  | 12:01 |
|---|----|------------|------------------|--------------|----------|--|-------|

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 1 / 4 | generate 21-Nov-2023 09:42 |
|-----------------------------|-------|----------------------------|

**Grande Trail 51K**

**51 KM**

**OFFICIAL RESULT**



|   |    |                          |                               |              |          |           |       |
|---|----|--------------------------|-------------------------------|--------------|----------|-----------|-------|
| 2 | 72 | Teresa Ramalho Conceição | Não Fazemos Nem Mais Um... Km | Veterana F60 | 11:19:24 | +01:06:21 | 13:19 |
|---|----|--------------------------|-------------------------------|--------------|----------|-----------|-------|

**Veterano M35**

|   |    |                              |                               |              |          |           |       |
|---|----|------------------------------|-------------------------------|--------------|----------|-----------|-------|
| 1 | 85 | Pedro Rafael Tavares Garrido | Saca Trilhos Anadia           | Veterano M35 | 05:52:24 |           | 06:55 |
| 2 | 4  | Jorge Correia                | Amigos do Atletismo de Maфра  | Veterano M35 | 07:20:45 | +01:28:21 | 08:39 |
| 3 | 92 | David Marques                | Talentos Objetivos            | Veterano M35 | 07:43:36 | +01:51:12 | 09:05 |
| 4 | 39 | Joao Neves                   | Individual                    | Veterano M35 | 08:29:27 | +02:37:02 | 09:59 |
| 5 | 7  | João Rama                    | C. D. "Os Águias" de Alpiarça | Veterano M35 | 08:36:04 | +02:43:39 | 10:07 |
| 6 | 40 | Rui Marto                    | Fátima Trail Team             | Veterano M35 | 08:36:35 | +02:44:11 | 10:08 |
| 7 | 26 | Luís Jorge                   | Fátima Trail Team             | Veterano M35 | 08:37:57 | +02:45:33 | 10:09 |
| 8 | 66 | Luís Mendes                  | Monsanto Running Team         | Veterano M35 | 09:10:29 | +03:18:05 | 10:48 |
| 9 | 81 | Rafael Coelho                | Quenianos do Ribatejo         | Veterano M35 | 11:08:55 | +05:16:31 | 13:07 |

**Veterano M40**

|    |    |                                      |  |              |          |           |       |
|----|----|--------------------------------------|--|--------------|----------|-----------|-------|
| 1  | 45 | Nuno Silva                           | Gafanhori                                | Veterano M40 | 05:45:35 |           | 06:47 |
| 2  | 10 | Fernando Gomes                       | Clube de Atletismo de Ferreira do Zêzere | Veterano M40 | 06:10:03 | +24:27    | 07:15 |
| 3  | 1  | André Ferreira                       | A. C. S. Mamede                          | Veterano M40 | 07:02:36 | +01:17:00 | 08:17 |
| 4  | 67 | Pedro Cardoso                        | Monsanto Running team                    | Veterano M40 | 08:01:37 | +02:16:01 | 09:27 |
| 5  | 8  | André Duarte                         | C. D. "Os Águias" de Alpiarça            | Veterano M40 | 08:07:08 | +02:21:32 | 09:33 |
| 6  | 79 | João Dias                            | Os Tolinhos                              | Veterano M40 | 08:40:11 | +02:54:35 | 10:12 |
| 7  | 43 | Joel Fernando Barbosa Machado        | Individual                               | Veterano M40 | 08:59:46 | +03:14:10 | 10:35 |
| 8  | 20 | António Luís Ribeiro Morais Ferreira | CLUBE TAP PORTUGAL                       | Veterano M40 | 09:04:45 | +03:19:09 | 10:41 |
| 9  | 42 | Carlos Ferreira                      | Individual                               | Veterano M40 | 09:18:29 | +03:32:53 | 10:57 |
| 10 | 44 | Nelson Adão                          | Individual                               | Veterano M40 | 09:56:08 | +04:10:33 | 11:41 |
| 11 | 5  | Filipe Saltão                        | ARCD VENDA DA LUÍSA                      | Veterano M40 | 10:26:40 | +04:41:04 | 12:17 |
| 12 | 11 | Tiago Fernandes                      | Clube de Atletismo de Ferreira do Zêzere | Veterano M40 | 12:08:38 | +06:23:02 | 14:17 |

**Veterano M45**

|    |    |                               |                                       |              |          |           |       |
|----|----|-------------------------------|---------------------------------------|--------------|----------|-----------|-------|
| 1  | 49 | Fernando Leitao               | Individual                            | Veterano M45 | 06:49:10 |           | 08:01 |
| 2  | 27 | Fábio Lamas                   | Fátima Trail Team                     | Veterano M45 | 07:37:57 | +48:47    | 08:59 |
| 3  | 89 | Nelson Felix                  | Sharish Gin/GD Piranhas do Alqueva    | Veterano M45 | 07:57:38 | +01:08:28 | 09:22 |
| 4  | 70 | Nelson Serra                  | Montanha Clube Trail Running / EFAPEL | Veterano M45 | 08:04:04 | +01:14:53 | 09:29 |
| 5  | 68 | João Rpas                     | Monsanto Running team                 | Veterano M45 | 08:06:29 | +01:17:19 | 09:32 |
| 6  | 47 | Artur Palmas                  | Individual                            | Veterano M45 | 08:15:56 | +01:26:46 | 09:43 |
| 7  | 82 | Ricardo Apura                 | Quenianos do Ribatejo                 | Veterano M45 | 08:41:53 | +01:52:42 | 10:14 |
| 8  | 95 | Gonçalo Gaspar                | Trilhos do Costume                    | Veterano M45 | 08:54:13 | +02:05:02 | 10:28 |
| 9  | 21 | Cesar Augusto Bermudez Cabeza | CLUBE TAP PORTUGAL                    | Veterano M45 | 09:04:45 | +02:15:35 | 10:41 |
| 10 | 54 | Ricardo Dengue                | Individual                            | Veterano M45 | 09:12:38 | +02:23:28 | 10:50 |

## Grande Trail 51K

51 KM

**R**  
REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|    |    |  |                               |              |          |           |       |
|----|----|--|-------------------------------|--------------|----------|-----------|-------|
| 11 | 48 | Claudio Barreira                           | Individual                    | Veterano M45 | 09:18:51 | +02:29:40 | 10:57 |
| 12 | 52 | Marcos Gandra                              | Individual                    | Veterano M45 | 10:01:30 | +03:12:19 | 11:48 |
| 13 | 63 | Mário Lima                                 | NAST                          | Veterano M45 | 10:02:59 | +03:13:49 | 11:49 |
| 14 | 9  | Nuno Maia                                  | C. D. "Os Águias" de Alpiarça | Veterano M45 | 10:42:32 | +03:53:22 | 12:36 |
| 15 | 51 | Luís Lourenço                              | Individual                    | Veterano M45 | 11:08:51 | +04:19:41 | 13:07 |
| 16 | 55 | Rodrigo Manuel Botelho Moniz Moita de Deus | Individual                    | Veterano M45 | 11:08:52 | +04:19:42 | 13:07 |
| 17 | 50 | luis carmo                                 | Individual                    | Veterano M45 | 11:17:07 | +04:27:57 | 13:17 |
| 18 | 77 | José Amaro                                 | Os Amaros                     | Veterano M45 | 12:08:00 | +05:18:50 | 14:16 |

## Veterano M50

|    |    |                                 |                                       |              |          |           |       |
|----|----|---------------------------------|---------------------------------------|--------------|----------|-----------|-------|
| 1  | 58 | Luiz Mota                       | Casa do Benfica em Abrantes           | Veterano M50 | 06:45:59 |           | 07:58 |
| 2  | 25 | Didier Valente                  | Equipa Monsanto Running Team          | Veterano M50 | 08:10:10 | +01:24:10 | 09:37 |
| 3  | 71 | Pedro Miguel Carvalho Fernandes | Montanha Clube Trail Running / EFAPEL | Veterano M50 | 08:16:38 | +01:30:38 | 09:44 |
| 4  | 74 | Fernando Santos                 | Núcleo de Montanha de Espinho         | Veterano M50 | 08:29:30 | +01:43:30 | 09:59 |
| 5  | 24 | Rui Pedro Alves Marçal          | Desafios Positivos D+                 | Veterano M50 | 08:39:17 | +01:53:17 | 10:11 |
| 6  | 90 | Rui Fresco                      | Sharish Gin/GD Piranhas do Alqueva    | Veterano M50 | 08:39:27 | +01:53:28 | 10:11 |
| 7  | 30 | João Balsinha                   | GO! Runners                           | Veterano M50 | 08:46:10 | +02:00:10 | 10:19 |
| 8  | 87 | roberto caneira                 | SCD Glória do Ribatejo                | Veterano M50 | 09:00:39 | +02:14:39 | 10:36 |
| 9  | 69 | Flavio Francisco                | Monsanto Running team                 | Veterano M50 | 09:10:30 | +02:24:30 | 10:48 |
| 10 | 57 | Fernando Costa                  | Individual                            | Veterano M50 | 10:03:51 | +03:17:51 | 11:50 |
| 11 | 56 | Albino Lopes                    | Individual                            | Veterano M50 | 11:19:26 | +04:33:26 | 13:19 |
| 12 | 78 | António Oliveira                | Os Finos                              | Veterano M50 | 12:08:38 | +05:22:38 | 14:17 |
| 13 | 93 | Pedro Amendoeira                | Tartarugas do Asfalto                 | Veterano M50 | 12:08:38 | +05:22:38 | 14:17 |

## Veterano M55

|   |    |                         |                                     |              |          |           |       |
|---|----|-------------------------|-------------------------------------|--------------|----------|-----------|-------|
| 1 | 94 | Paulo Alexandre Correia | Trilho Perdido Eventos / Imporlux   | Veterano M55 | 07:17:14 |           | 08:34 |
| 2 | 32 | Paulo Moreira           | Grupo Desportivo do Pinheiro Grande | Veterano M55 | 07:57:35 | +04:20    | 09:22 |
| 3 | 75 | Paulo Alexandre Fialho  | OCS - Arrábida Trail Team           | Veterano M55 | 08:53:31 | +01:36:16 | 10:28 |
| 4 | 14 | RUI MANUEL MAGALHÃES    | CLUBE MILLENNIUM BCP                | Veterano M55 | 09:20:24 | +02:03:09 | 10:59 |
| 5 | 28 | João Freire             | GDCTIN Casa da Moeda                | Veterano M55 | 09:56:03 | +02:38:48 | 11:41 |
| 6 | 17 | Antonio Saraiva         | Clube OGMA                          | Veterano M55 | 11:10:58 | +03:53:43 | 13:09 |
| 7 | 18 | JOAQUIM BEXIGA          | CLUBE OGMA                          | Veterano M55 | 11:10:59 | +03:53:44 | 13:09 |
| 8 | 6  | Leonel Pinto            | Bairro dos Anjos                    | Veterano M55 | 11:37:41 | +04:20:26 | 13:41 |

## Veterano M60

|   |    |                           |                               |              |          |        |       |
|---|----|---------------------------|-------------------------------|--------------|----------|--------|-------|
| 1 | 60 | Armando Moreno            | Individual                    | Veterano M60 | 10:01:33 |        | 11:48 |
| 2 | 73 | João Mendes               | Não Fazemos Nem Mais Um... Km | Veterano M60 | 10:36:13 | +34:39 | 12:28 |
| 3 | 31 | ADELINO RUI BRITO BATISTA | GO! Runners                   | Veterano M60 | 10:53:16 | +51:43 | 12:49 |





**Trail do Zêzere 2023**  
**Ferreira do Zêzere, PT**  
**18-November-2023**

**TEAM RESULTS - GRANDE TRAIL 51K**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | TEAM                               | DESCRIPTION  | POINTS |
|------|------------------------------------|--------------|--------|
| 1    | MONSANTO RUNNING TEAM              | 9 + 17 + 20  | 46     |
| 2    | SHARISH GIN/GD PIRANHAS DO ALQUEVA | 4 + 16 + 32  | 52     |
| 3    | SACA TRILHOS ANADIA                | 2 + 25 + 38  | 65     |
| 4    | FÁTIMA TRAIL TEAM                  | 13 + 29 + 30 | 72     |
| 5    | C. D. "OS ÁGUIAS" DE ALPIARÇA      | 21 + 28 + 63 | 112    |
| 6    | CLUBE TAP PORTUGAL                 | 41 + 42 + 61 | 144    |
| 7    | CLUBE OGMA                         | 68 + 69 + 70 | 207    |

# TRAIL 36K - STAGE 1

36 KM

**R**  
REVISED

## OFFICIAL RESULT

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:00 | 13.6°C      | 100%     |
| End   | 18:24 | 13.6°C      | 100%     |

| RANK | BIB  | NAME                            | TEAM                                    | RESULT   | DIFF      | t/KM  | CARD |
|------|------|---------------------------------|---|----------|-----------|-------|------|
| 1    | 1021 | Tiago Godinho                   | Caracol Trail Team                      | 04:15:51 |           | 07:06 |      |
| 2    | 1032 | David Costa                     | Fátima Trail Team                       | 04:32:37 | +16:46    | 07:34 |      |
| 3    | 1056 | dinis ribeiro                   | Individual                              | 04:40:36 | +24:45    | 07:48 |      |
| 4    | 1016 | Diogo Miranda                   | Atletismo Clube da Tocha                | 04:40:45 | +24:54    | 07:48 |      |
| 5    | 1113 | Ricardo Ferreira                | Thomar Athletics                        | 04:43:56 | +28:05    | 07:53 |      |
| 6    | 1031 | Fábio Mendes                    | Fátima Trail Team                       | 04:46:40 | +30:49    | 07:58 |      |
| 7    | 1111 | André Rosário                   | Thomar Athletics                        | 04:48:34 | +32:43    | 08:01 |      |
| 8    | 1112 | Miguel Ferreira                 | Thomar Athletics                        | 04:54:22 | +38:31    | 08:11 |      |
| 9    | 1005 | Gonçalo José Ferreira Fernandes | Agroal Trail Team                       | 05:00:07 | +44:16    | 08:20 |      |
| 10   | 1132 | Susana Echeverria               | Saca Trilhos Anadia                     | 05:02:18 | +46:27    | 08:24 |      |
| 11   | 1120 | Ivo Fernandes                   | Trilhos dos Templários / ACR Santa Cita | 05:13:17 | +57:26    | 08:42 |      |
| 12   | 1102 | Rufino Pereira de Paiva         | OCS - Arrábida Trail Team               | 05:15:53 | +01:00:02 | 08:46 |      |
| 13   | 1040 | José Pinto                      | Individual                              | 05:17:42 | +01:01:51 | 08:50 |      |
| 14   | 1037 | David José Pinheiro Cândido     | GR CORREDOURA                           | 05:18:12 | +01:02:21 | 08:50 |      |
| 15   | 1115 | Sofia Nunes                     | Trilho Perdido Eventos / Importlux      | 05:19:01 | +01:03:10 | 08:52 |      |
| 16   | 1058 | Ricardo Ribeiro                 | Individual                              | 05:19:18 | +01:03:27 | 08:52 |      |
| 17   | 1074 | Luis Teixeira                   | Individual                              | 05:25:24 | +01:09:33 | 09:02 |      |
| 18   | 1034 | Luis Santos                     | Fátima Trail Team                       | 05:26:24 | +01:10:33 | 09:04 |      |
| 19   | 1019 | Fernando Cruz de Jesus          | Atletismo Clube da Tocha                | 05:27:29 | +01:11:38 | 09:06 |      |
| 20   | 1018 | Pedro Samuel Tinoco Raposo      | Atletismo Clube da Tocha                | 05:29:06 | +01:13:15 | 09:09 |      |
| 21   | 1116 | Sofia Vieira                    | Trilho Perdido Eventos / Importlux      | 05:31:51 | +01:16:00 | 09:13 |      |
| 22   | 1051 | José Pedro Martins Aparício     | Individual                              | 05:34:34 | +01:18:43 | 09:18 |      |
| 23   | 1104 | João Paulo Oliveira Marques     | OCS - Arrábida Trail Team               | 05:35:43 | +01:19:52 | 09:20 |      |
| 24   | 1055 | Daniel Guerreiro                | Individual                              | 05:42:48 | +01:26:57 | 09:31 |      |
| 25   | 1124 | Rui Silva                       | Trilhos dos Templários / ACR Santa Cita | 05:42:48 | +01:26:57 | 09:31 |      |
| 26   | 1003 | Licínio Sequeira                | Abutres                                 | 05:50:13 | +01:34:22 | 09:44 |      |
| 27   | 1039 | Joao Pinto                      | Individual                              | 05:50:36 | +01:34:45 | 09:44 |      |
| 28   | 1013 | João Manuel Nunes Pires         | Associação Desportiva do Fundão         | 05:50:59 | +01:35:08 | 09:45 |      |
| 29   | 1070 | Williams Conceição Rodriguez    | Individual                              | 05:53:16 | +01:37:25 | 09:49 |      |
| 30   | 1035 | Ricardo Gonçalves               | Fátima Trail Team                       | 05:55:14 | +01:39:23 | 09:52 |      |
| 31   | 1002 | Filipe Lourenço                 | ABCansado Trail                         | 05:55:23 | +01:39:32 | 09:52 |      |
| 32   | 1103 | Luis carvalho                   | OCS - Arrábida Trail Team               | 05:58:11 | +01:42:20 | 09:57 |      |
| 33   | 1117 | Pedro Anjos                     | Trilho Perdido Eventos / Importlux      | 06:00:48 | +01:44:57 | 10:01 |      |
| 34   | 1015 | Tatiana Filipa Matos Marques    | Atletismo Clube da Tocha                | 06:01:23 | +01:45:32 | 10:02 |      |
| 35   | 1119 | Rogério Fernandes               | Trilhos do Costume                      | 06:01:24 | +01:45:33 | 10:02 |      |
| 36   | 1057 | Fábio Cunha                     | Individual                              | 06:03:26 | +01:47:35 | 10:06 |      |
| 37   | 1054 | Bruno Peixoto                   | Individual                              | 06:04:40 | +01:48:49 | 10:08 |      |
| 38   | 1027 | Nuno Oliveira                   | Constância Mountain Runners             | 06:06:20 | +01:50:29 | 10:11 |      |
| 39   | 1053 | Thomas Verheij                  | Individual                              | 06:10:57 | +01:55:06 | 10:18 |      |
| 40   | 1071 | João Farinhas                   | Individual                              | 06:14:04 | +01:58:13 | 10:23 |      |
| 41   | 1069 | Sandro Rodrigues                | Individual                              | 06:14:56 | +01:59:05 | 10:25 |      |
| 42   | 1023 | Pedro Cardoso                   | Cinfães a Correr                        | 06:15:12 | +01:59:21 | 10:25 |      |









## Trail 36K

## 36 KM



### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## Veterana F50

|   |      |                   |                     |              |          |                 |
|---|------|-------------------|---------------------|--------------|----------|-----------------|
| 1 | 1132 | Susana Echeverria | Saca Trilhos Anadia | Veterana F50 | 05:02:18 | 08:24           |
| 2 | 1047 | Sofia Coelho      | Individual          | Veterana F50 | 07:39:07 | +02:36:48 12:45 |
| 3 | 1046 | Paula Romacho     | Individual          | Veterana F50 | 08:00:00 | +02:57:42 13:20 |

## Veterana F55

|   |      |                  |                           |              |          |              |
|---|------|------------------|---------------------------|--------------|----------|--------------|
| 1 | 1028 | Sara Pedro       | C'uma Perna às Costas     | Veterana F55 | 07:13:42 | 12:03        |
| 2 | 1100 | MARIA DE AZEVEDO | OCS - Arrábida Trail Team | Veterana F55 | 07:20:31 | +06:49 12:14 |

## Veterano M35

|   |      |                             |  |              |          |                 |
|---|------|-----------------------------|--|--------------|----------|-----------------|
| 1 | 1032 | David Costa                 | Fátima Trail Team                          | Veterano M35 | 04:32:37 | 07:34           |
| 2 | 1111 | André Rosário               | Thomar Athletics                           | Veterano M35 | 04:48:34 | +15:56 08:01    |
| 3 | 1018 | Pedro Samuel Tinoco Raposo  | Atletismo Clube da Tocha                   | Veterano M35 | 05:29:06 | +56:29 09:09    |
| 4 | 1051 | José Pedro Martins Aparício | Individual                                 | Veterano M35 | 05:34:34 | +01:01:57 09:18 |
| 5 | 1027 | Nuno Oliveira               | Constância Mountain Runners                | Veterano M35 | 06:06:20 | +01:33:43 10:11 |
| 6 | 1053 | Thomas Verheij              | Individual                                 | Veterano M35 | 06:10:57 | +01:38:19 10:18 |
| 7 | 1023 | Pedro Cardoso               | Cinfães a Correr                           | Veterano M35 | 06:15:12 | +01:42:34 10:25 |
| 8 | 1012 | Rui Pedro                   | Associação desportiva do Fundão            | Veterano M35 | 06:26:11 | +01:53:34 10:44 |
| 9 | 1125 | Jorge Acúrcio               | VIKINGS TRAIL RUNNERS / CCR<br>ALCABIDEQUE | Veterano M35 | 07:47:18 | +03:14:40 12:59 |

## Veterano M40

|    |      |                                 |  |              |          |                 |
|----|------|---------------------------------|--|--------------|----------|-----------------|
| 1  | 1056 | dinis ribeiro                   | Individual                                 | Veterano M40 | 04:40:36 | 07:48           |
| 2  | 1113 | Ricardo Ferreira                | Thomar Athletics                           | Veterano M40 | 04:43:56 | +03:20 07:53    |
| 3  | 1112 | Miguel Ferreira                 | Thomar Athletics                           | Veterano M40 | 04:54:22 | +13:45 08:11    |
| 4  | 1005 | Gonçalo José Ferreira Fernandes | Agroal Trail Team                          | Veterano M40 | 05:00:07 | +19:31 08:20    |
| 5  | 1120 | Ivo Fernandes                   | Trilhos dos Templários / ACR<br>Santa Cita | Veterano M40 | 05:13:17 | +32:41 08:42    |
| 6  | 1037 | David José Pinheiro Cândido     | GR CORREDOURA                              | Veterano M40 | 05:18:12 | +37:36 08:50    |
| 7  | 1058 | Ricardo Ribeiro                 | Individual                                 | Veterano M40 | 05:19:18 | +38:42 08:52    |
| 8  | 1055 | Daniel Guerreiro                | Individual                                 | Veterano M40 | 05:42:48 | +01:02:11 09:31 |
| 9  | 1057 | Fábio Cunha                     | Individual                                 | Veterano M40 | 06:03:26 | +01:22:50 10:06 |
| 10 | 1054 | Bruno Peixoto                   | Individual                                 | Veterano M40 | 06:04:40 | +01:24:04 10:08 |
| 11 | 1020 | Ricardo Patrício                | Boavista Trail                             | Veterano M40 | 06:29:39 | +01:49:03 10:49 |
| 12 | 1121 | Renato André                    | Trilhos dos Templários / ACR<br>Santa Cita | Veterano M40 | 07:41:48 | +03:01:12 12:50 |
| 13 | 1030 | Pedro Caretas                   | Equipa 42Run                               | Veterano M40 | 08:22:14 | +03:41:37 13:57 |

## Veterano M45

|   |      |           |  |              |          |       |
|---|------|-----------|--|--------------|----------|-------|
| 1 | 1124 | Rui Silva | Trilhos dos Templários / ACR<br>Santa Cita | Veterano M45 | 05:42:48 | 09:31 |
|---|------|-----------|--|--------------|----------|-------|

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 2 / 4 | generate 23-Nov-2023 14:27 |
|-----------------------------|-------|----------------------------|



**Trail 36K****36 KM****R**  
**REVISED**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|   |      |                             |            |              |          |           |       |
|---|------|-----------------------------|------------|--------------|----------|-----------|-------|
| 5 | 1082 | Paulo Jorge Rodrigues Ramos | Individual | Veterano M55 | 07:39:13 | +01:41:02 | 12:45 |
| 6 | 1081 | Jose M                      | Individual | Veterano M55 | 08:15:15 | +02:17:04 | 13:45 |

**Veterano M60**

|   |      |                                       |                                       |              |          |           |       |
|---|------|---------------------------------------|---------------------------------------|--------------|----------|-----------|-------|
| 1 | 1019 | Fernando Cruz de Jesus                | Atletismo Clube da Tocha              | Veterano M60 | 05:27:29 |           | 09:06 |
| 2 | 1104 | João Paulo Oliveira Marques           | OCS - Arrábida Trail Team             | Veterano M60 | 05:35:43 | +08:14    | 09:20 |
| 3 | 1085 | Julio Patricio                        | Individual                            | Veterano M60 | 06:21:07 | +53:38    | 10:35 |
| 4 | 1089 | joão matos                            | Miro Trail                            | Veterano M60 | 06:21:49 | +54:20    | 10:36 |
| 5 | 1092 | Renato Miguel Fernandes Simões Barros | Montanha Clube Trail Running / EFAPEL | Veterano M60 | 06:50:53 | +01:23:24 | 11:25 |
| 6 | 1086 | Manuel Deus                           | Individual                            | Veterano M60 | 07:52:16 | +02:24:47 | 13:07 |
| 7 | 1084 | Jesus Manuel Gonzalez                 | Individual                            | Veterano M60 | 08:06:58 | +02:39:29 | 13:32 |



**DUPLAS TRAIL 36K - STAGE 1**

**36 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:00 | 13.6°C      | 100%     |
| End   | 16:59 | 13.6°C      | 100%     |

| RANK | BIB  | NAME               | TEAM                 | RESULT   | DIFF   | t/KM  | CARD |
|------|------|--------------------|----------------------|----------|--------|-------|------|
| 1    | 1129 | RUI JORGE RAMALHO  | CLUBE MILLENNIUM BCP | 07:13:05 |        | 12:02 |      |
| 2    | 1128 | SOFIA INES RAMALHO | CLUBE MILLENNIUM BCP | 07:13:05 |        | 12:02 |      |
| 3    | 1130 | Inga Larionova     | Drunken Martians     | 07:55:27 | +42:22 | 13:12 |      |
| 4    | 1131 | Alexey Smolik      | Drunken Martians     | 07:55:27 | +42:22 | 13:12 |      |



**PEQUENO TRAIL 21K - STAGE 1**

**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:15 | 13.7°C      | 100%     |
| End   | 15:11 | 13.7°C      | 100%     |

| RANK | BIB  | NAME                                     | TEAM                                     | RESULT   | DIFF   | t/KM  | CARD |
|------|------|--|--|----------|--------|-------|------|
| 1    | 2171 | Samuel Reis                              | Serra d'Aire Trail Team                  | 02:07:29 |        | 06:04 |      |
| 2    | 2094 | Edgar Caetano Frazão                     | Fátima Trail Team                        | 02:10:21 | +02:52 | 06:12 |      |
| 3    | 2320 | Marco Francisco                          | Thomar Athletics                         | 02:11:53 | +04:24 | 06:17 |      |
| 4    | 2025 | Carlos Manuel Dias Simões                | Ama(dores) Trail Team/ACRU               | 02:13:01 | +05:32 | 06:20 |      |
| 5    | 2022 | Patrício Gaspar                          | Ama(Dores) Trail Team/ACRU               | 02:14:07 | +06:38 | 06:23 |      |
| 6    | 2318 | André Ferreira                           | Thomar Athletics                         | 02:19:03 | +11:34 | 06:37 |      |
| 7    | 2195 | Tiago Nuno                               | Individual                               | 02:19:11 | +11:42 | 06:38 |      |
| 8    | 2082 | Pedro Machado                            | cpalcanenatrail                          | 02:20:12 | +12:43 | 06:41 |      |
| 9    | 2275 | Rui Bacharel                             | Pé na Pinha                              | 02:21:33 | +14:04 | 06:44 |      |
| 10   | 2286 | Ana Paula Gorjão Rodrigues               | Saca Trilhos Anadia                      | 02:21:34 | +14:05 | 06:44 |      |
| 11   | 2067 | Alexandre Henriques                      | Chamusca Trail                           | 02:22:38 | +15:09 | 06:48 |      |
| 12   | 2075 | Tiago Simões                             | Clube de Atletismo de Ferreira do Zêzere | 02:22:58 | +15:29 | 06:48 |      |
| 13   | 2290 | Tiago Henocho                            | Scalabis Night Runners                   | 02:24:17 | +16:48 | 06:52 |      |
| 14   | 2310 | Luis Lopes                               | Sicótrilhos                              | 02:26:51 | +19:22 | 07:00 |      |
| 15   | 2115 | Nuno Roque                               | Grupo de Convívio e Amizade nas Donas    | 02:27:05 | +19:36 | 07:00 |      |
| 16   | 2279 | HIPOLITO JOÃO                            | RUN BABY RUN                             | 02:27:38 | +20:09 | 07:02 |      |
| 17   | 2069 | Gonçalo Dias                             | Chamusca Trail                           | 02:27:44 | +20:15 | 07:02 |      |
| 18   | 2167 | Hugo Chan                                | Individual                               | 02:27:49 | +20:20 | 07:02 |      |
| 19   | 2072 | Paulo Cassaca                            | Chamusca Trail                           | 02:28:23 | +20:54 | 07:04 |      |
| 20   | 2261 | João Miguel Garrido                      | OPraticante.pt                           | 02:31:52 | +24:23 | 07:14 |      |
| 21   | 2026 | Paulo Jorge Pereira de Oliveira          | Ama(dores) Trail Team/ACRU               | 02:32:10 | +24:41 | 07:15 |      |
| 22   | 2178 | Carlos Leitao                            | CA Barreira                              | 02:34:19 | +26:50 | 07:21 |      |
| 23   | 2063 | Alexandre Carvalho                       | Chamusca Trail                           | 02:34:20 | +26:51 | 07:21 |      |
| 24   | 2020 | Ivo Oliveira                             | Ama(dores) Trail Team/ACRU               | 02:36:09 | +28:40 | 07:26 |      |
| 25   | 2139 | Gonçalo Ribeiro                          | Individual                               | 02:36:40 | +29:11 | 07:28 |      |
| 26   | 2133 | Ricardo Pires                            | Serviços Sociais Montepio                | 02:36:45 | +29:16 | 07:28 |      |
| 27   | 2308 | Jorge Vieira                             | Serra d'Aire Trail Team                  | 02:36:45 | +29:16 | 07:28 |      |
| 28   | 2054 | Carlos Ferreira                          | Caracol Trail Team                       | 02:37:45 | +30:16 | 07:31 |      |
| 29   | 2019 | Bruno Mendes                             | Ama(dores) Trail Team/ACRU               | 02:37:55 | +30:26 | 07:31 |      |
| 30   | 2287 | Helder Esteves                           | Saca Trilhos Anadia                      | 02:38:28 | +30:59 | 07:33 |      |
| 31   | 2252 | Manuel Filipe                            | Notícias de Colmeias Atletismo           | 02:39:00 | +31:31 | 07:34 |      |
| 32   | 2140 | Miguel Ulbrich Nunes Prengel Feliz       | Individual                               | 02:39:19 | +31:50 | 07:35 |      |
| 33   | 2255 | Inês Marques                             | OCS - Arrábida Trail Team                | 02:39:27 | +31:58 | 07:36 |      |
| 34   | 2076 | Rafael Matias                            | Clube Desportivo de Espite               | 02:39:29 | +32:00 | 07:36 |      |
| 35   | 2040 | Sérgio Martins                           | Associação Desportiva do Fundão          | 02:39:54 | +32:25 | 07:37 |      |
| 36   | 2101 | João Eduardo da Silva Domingues Mendonça | Grupeta Running Team                     | 02:40:10 | +32:41 | 07:38 |      |
| 37   | 2304 | Tiago Esteves                            | SCFZ Trail Runners                       | 02:40:57 | +33:28 | 07:40 |      |
| 38   | 2050 | Tetyana Vakulyuk                         | Caracol Trail Team                       | 02:41:10 | +33:41 | 07:40 |      |
| 39   | 2269 | Rui Martins                              | Os Matreços                              | 02:41:34 | +34:05 | 07:42 |      |
| 40   | 2218 | António Ferreira Pereira                 | Individual                               | 02:42:07 | +34:38 | 07:43 |      |
| 41   | 2343 | João Oliveira                            | Tsumommies                               | 02:42:21 | +34:52 | 07:44 |      |

**PEQUENO TRAIL 21K - STAGE 1**

**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

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| RANK | BIB  | NAME                                | TEAM                               | RESULT   | DIFF   | t/KM  | CARD |
|------|------|-------------------------------------|------------------------------------|----------|--------|-------|------|
| 42   | 2012 | David Casimiro                      | Aguadeiros                         | 02:42:30 | +35:01 | 07:44 |      |
| 43   | 2024 | Filipe Moleiro                      | Ama(dores) Trail Team/ACRU         | 02:43:49 | +36:20 | 07:48 |      |
| 44   | 2330 | Rui Brilhante                       | Trilho Perdido Eventos / Importlux | 02:44:16 | +36:47 | 07:49 |      |
| 45   | 2273 | César Ferreira                      | Ourém Vida Team                    | 02:45:15 | +37:46 | 07:52 |      |
| 46   | 2145 | Ines Jordao                         | Monsanto Running Team              | 02:45:15 | +37:46 | 07:52 |      |
| 47   | 2227 | Paulo Manuel Costa                  | Individual                         | 02:45:16 | +37:47 | 07:52 |      |
| 48   | 2311 | Nelson Filipe Ferreira Lopes        | Sicótrilhos                        | 02:45:21 | +37:52 | 07:52 |      |
| 49   | 2325 | Luís Marques                        | Tramagal Sport União               | 02:45:33 | +38:04 | 07:53 |      |
| 50   | 2306 | Domingos Casimiro                   | SCFZ Trail Runners                 | 02:45:46 | +38:17 | 07:54 |      |
| 51   | 2056 | Francisco Gaio                      | Caracol Trail Team                 | 02:46:00 | +38:31 | 07:54 |      |
| 52   | 2042 | Vitor Catarro                       | Associação Desportiva do Fundão    | 02:46:21 | +38:52 | 07:55 |      |
| 53   | 2010 | José Manuel Alves da Silva Barrinha | ADN Mértola                        | 02:46:37 | +39:08 | 07:56 |      |
| 54   | 2095 | Ivan Antunes                        | Fátima Trail Team                  | 02:46:46 | +39:17 | 07:57 |      |
| 55   | 2096 | Eurico Silva                        | Fátima Trail Team                  | 02:46:47 | +39:18 | 07:57 |      |
| 56   | 2219 | António Matos                       | Individual                         | 02:47:27 | +39:58 | 07:58 |      |
| 57   | 2324 | Bruno Carmo                         | Tramagal Sport União               | 02:47:46 | +40:17 | 07:59 |      |
| 58   | 2100 | Milton Duarte                       | GDRC Unidos                        | 02:49:23 | +41:54 | 08:04 |      |
| 59   | 2132 | Ricardo André Silva Castro          | Individual                         | 02:49:47 | +42:18 | 08:05 |      |
| 60   | 2105 | Bruno José Almeida Pereira          | Grupeta Running Team               | 02:50:19 | +42:50 | 08:07 |      |
| 61   | 2130 | joao reis                           | Individual                         | 02:50:41 | +43:12 | 08:08 |      |
| 62   | 2169 | Pedro Gonçalves                     | Individual                         | 02:51:02 | +43:33 | 08:09 |      |
| 63   | 2111 | Fernando Domingues                  | Grupo Alegre Unido Bajouca         | 02:52:13 | +44:44 | 08:12 |      |
| 64   | 2046 | Bruno Pereira da Silva              | C. D. "Os Águias" de Alpiarça      | 02:52:13 | +44:44 | 08:12 |      |
| 65   | 2299 | Pedro Martins                       | SCFZ Trail Runners                 | 02:52:37 | +45:08 | 08:13 |      |
| 66   | 2039 | Paulo Neto                          | Associação Desportiva do Fundão    | 02:52:39 | +45:10 | 08:13 |      |
| 67   | 2280 | PEDRO PIMPÃO                        | RUN BABY RUN                       | 02:53:13 | +45:44 | 08:15 |      |
| 68   | 2128 | Daniel Fernandes                    | Individual                         | 02:54:30 | +47:01 | 08:19 |      |
| 69   | 2298 | Pedro Alexandre Ramalho Mendes      | SCFZ Trail Runners                 | 02:55:03 | +47:34 | 08:20 |      |
| 70   | 2091 | Joana Gonçalves                     | Fátima Trail Team                  | 02:55:06 | +47:37 | 08:20 |      |
| 71   | 2008 | Filipe Polónia                      | Academia 100%                      | 02:55:39 | +48:10 | 08:22 |      |
| 72   | 2300 | Rodrigo Casimiro                    | SCFZ Trail Runners                 | 02:55:48 | +48:19 | 08:22 |      |
| 73   | 2225 | Nuno Miguel Gouveia Ladeiras        | Individual                         | 02:56:35 | +49:06 | 08:25 |      |
| 74   | 2312 | Nuno Mendes                         | Sicótrilhos                        | 02:56:39 | +49:10 | 08:25 |      |
| 75   | 2165 | Diogo Cordeiro                      | Individual                         | 02:57:50 | +50:21 | 08:28 |      |
| 76   | 2023 | André Gonçalves                     | Ama(dores) Trail Team/ACRU         | 02:58:31 | +51:02 | 08:30 |      |
| 77   | 2085 | David Pinho                         | Domus Trail                        | 02:59:22 | +51:53 | 08:32 |      |
| 78   | 2258 | João Faria                          | OCS - Arrábida Trail Team          | 02:59:24 | +51:55 | 08:33 |      |
| 79   | 2297 | Carlos Manso                        | SCFZ Trail Runners                 | 02:59:27 | +51:58 | 08:33 |      |
| 80   | 2301 | Sara Micaela Ribeiro Ramalho        | SCFZ Trail Runners                 | 02:59:27 | +51:58 | 08:33 |      |
| 81   | 2009 | Adelino Pereira                     | ADERRUN                            | 03:00:39 | +53:10 | 08:36 |      |
| 82   | 2177 | Carlos Filipe Santos Ferreira       | Individual                         | 03:00:39 | +53:10 | 08:36 |      |
| 83   | 2192 | Sérgio Marcalo                      | Individual                         | 03:00:40 | +53:11 | 08:36 |      |
| 84   | 2055 | Aníbal Godinho                      | Caracol Trail Team                 | 03:00:44 | +53:15 | 08:36 |      |
| 85   | 2027 | Ana Araujo                          | Amigos do Atletismo de Mafra       | 03:01:19 | +53:50 | 08:38 |      |
| 86   | 2043 | Eduardo Ferreira                    | Atletismo Clube da Tocha           | 03:02:19 | +54:50 | 08:41 |      |
| 87   | 2277 | José Mário Cordeiro Matos           | Pé na Pinha                        | 03:02:40 | +55:11 | 08:42 |      |

**PEQUENO TRAIL 21K - STAGE 1**

**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

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| RANK | BIB  | NAME                              | TEAM                              | RESULT   | DIFF      | t/KM  | CARD |
|------|------|-----------------------------------|-----------------------------------|----------|-----------|-------|------|
| 88   | 2229 | Vasco Morais Pinheiro de Sousa    | Individual                        | 03:02:48 | +55:19    | 08:42 |      |
| 89   | 2268 | Jorge Sirgado                     | Os Matreco                        | 03:03:21 | +55:52    | 08:44 |      |
| 90   | 2060 | Dora Santos                       | Casa do Benfica em Abrantes       | 03:04:04 | +56:35    | 08:46 |      |
| 91   | 2062 | Horácio Oliveira                  | CF Os Belenenses                  | 03:04:17 | +56:48    | 08:47 |      |
| 92   | 2256 | Cláudia Maria Pereira Moita       | OCS - Arrábida Trail Team         | 03:04:43 | +57:14    | 08:48 |      |
| 93   | 2037 | Nuno Marques                      | Asas nos Pés                      | 03:05:08 | +57:39    | 08:49 |      |
| 94   | 2228 | Rui Perdigão                      | Individual                        | 03:05:15 | +57:46    | 08:49 |      |
| 95   | 2073 | Tiago Branco                      | Chitas de Alcobaça                | 03:06:07 | +58:38    | 08:52 |      |
| 96   | 2211 | Telmo Madeira                     | Individual                        | 03:06:08 | +58:39    | 08:52 |      |
| 97   | 2097 | Vitor Neves                       | Fátima Trail Team                 | 03:06:26 | +58:57    | 08:53 |      |
| 98   | 2303 | Carlos Alberto Ferreira António   | SCFZ Trail Runners                | 03:06:45 | +59:16    | 08:54 |      |
| 99   | 2235 | Mário Gaspar                      | Individual                        | 03:07:21 | +59:52    | 08:55 |      |
| 100  | 2335 | Arménio Silva                     | Trilhos do Costume                | 03:07:22 | +59:53    | 08:55 |      |
| 101  | 2007 | Carlos Cunha                      | A. C. S. Mamede                   | 03:07:55 | +01:00:26 | 08:57 |      |
| 102  | 2103 | Diogo Moreira                     | Grupeta Running Team              | 03:08:26 | +01:00:57 | 08:58 |      |
| 103  | 2317 | Nádia Sousa                       | Thomar Athletics                  | 03:08:30 | +01:01:01 | 08:59 |      |
| 104  | 2309 | Sara Gonçalves                    | SicóTrilhos                       | 03:08:31 | +01:01:02 | 08:59 |      |
| 105  | 2295 | Rachel de Gracia                  | SCFZ Trail Runners                | 03:08:41 | +01:01:12 | 08:59 |      |
| 106  | 2248 | Francisco Borges Farinha          | Montes Saloios trail Team         | 03:10:02 | +01:02:33 | 09:03 |      |
| 107  | 2001 | Carla Silva                       | 100 Gás Trail Team                | 03:10:08 | +01:02:39 | 09:03 |      |
| 108  | 2102 | Joao Lopes                        | Grupeta Running Team              | 03:10:19 | +01:02:50 | 09:04 |      |
| 109  | 2230 | Carlos Alberto Rosa Duro          | Individual                        | 03:10:35 | +01:03:06 | 09:05 |      |
| 110  | 2272 | José Lemos                        | Os Tolinhos                       | 03:11:12 | +01:03:43 | 09:06 |      |
| 111  | 2120 | Filipa Gameiro                    | Individual                        | 03:11:12 | +01:03:43 | 09:06 |      |
| 112  | 2038 | Ricardo Silva                     | Associação desportiva do fundão   | 03:12:46 | +01:05:17 | 09:11 |      |
| 113  | 2083 | Tomás Casimiro                    | C'uma Perna às Costas             | 03:13:04 | +01:05:35 | 09:12 |      |
| 114  | 2057 | Joaquim Teixeira                  | Caracol Trail Team                | 03:13:15 | +01:05:46 | 09:12 |      |
| 115  | 2044 | Bruno Cunha                       | C. D. "Os Águias" de Alpiarça     | 03:13:36 | +01:06:07 | 09:13 |      |
| 116  | 2199 | Luís Santos                       | Individual                        | 03:13:46 | +01:06:17 | 09:14 |      |
| 117  | 2064 | Miguel Henriques                  | Chamusca Trail                    | 03:14:03 | +01:06:34 | 09:14 |      |
| 118  | 2068 | Estevao Rodrigues                 | Chamusca trail                    | 03:14:03 | +01:06:34 | 09:14 |      |
| 119  | 2188 | Pedro jorge Gracio Domingues      | Individual                        | 03:14:11 | +01:06:42 | 09:15 |      |
| 120  | 2089 | José Torres                       | Domus Trail                       | 03:14:21 | +01:06:52 | 09:15 |      |
| 121  | 2021 | Miguel Ribeiro Lopes              | Ama(dores) Trail Team/ACRU        | 03:14:52 | +01:07:23 | 09:17 |      |
| 122  | 2126 | Carlos alegria                    | Individual                        | 03:15:03 | +01:07:34 | 09:17 |      |
| 123  | 2249 | José Tomás                        | Montes Saloios Trail Team         | 03:17:07 | +01:09:38 | 09:23 |      |
| 124  | 2123 | Rita Vicente                      | Individual                        | 03:17:10 | +01:09:41 | 09:23 |      |
| 125  | 2315 | Fernando José de Jesus Nascimento | Talentos Team                     | 03:17:19 | +01:09:50 | 09:24 |      |
| 126  | 2212 | Carlos Duarte                     | Individual                        | 03:17:23 | +01:09:54 | 09:24 |      |
| 127  | 2166 | Edgar Ferreira                    | Individual                        | 03:17:58 | +01:10:29 | 09:26 |      |
| 128  | 2087 | Dora Gomes                        | Domus Trail                       | 03:18:09 | +01:10:40 | 09:26 |      |
| 129  | 2236 | Vitorino Micaelo Mota             | Individual                        | 03:18:43 | +01:11:14 | 09:28 |      |
| 130  | 2329 | Tânia Vieira                      | Trilho Perdido Eventos / Imporlux | 03:18:50 | +01:11:21 | 09:28 |      |
| 131  | 2224 | João Pedro Silva                  | Individual                        | 03:19:38 | +01:12:09 | 09:30 |      |
| 132  | 2194 | Tiago David                       | Individual                        | 03:19:57 | +01:12:28 | 09:31 |      |
| 133  | 2104 | Robert Sousa Teixeira             | Grupeta Running Team              | 03:20:33 | +01:13:04 | 09:33 |      |

**PEQUENO TRAIL 21K - STAGE 1**

**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB  | NAME                             | TEAM                                    | RESULT   | DIFF      | t/KM  | CARD |
|------|------|----------------------------------|---|----------|-----------|-------|------|
| 134  | 2340 | Fernando Neves                   | Trilhos dos Templários / ACR Santa Cita | 03:20:37 | +01:13:08 | 09:33 |      |
| 135  | 2003 | Julien Manso                     | 100 vontade                             | 03:21:10 | +01:13:41 | 09:35 |      |
| 136  | 2084 | Carla Martins                    | DCI/Trilhos Luso Bussaco                | 03:21:40 | +01:14:11 | 09:36 |      |
| 137  | 2125 | André Rafael Santos Cotrim       | Individual                              | 03:21:41 | +01:14:12 | 09:36 |      |
| 138  | 2013 | João Domingues                   | Aguadeiros                              | 03:22:04 | +01:14:35 | 09:37 |      |
| 139  | 2281 | Sergio Rodelo                    | Run Crew Trail Montijo                  | 03:23:11 | +01:15:42 | 09:41 |      |
| 140  | 2251 | Paulo Santos                     | Não Fazemos Nem Mais Um... Km           | 03:23:15 | +01:15:46 | 09:41 |      |
| 141  | 2217 | PEDRO LUIS A CUNHA               | Individual                              | 03:24:03 | +01:16:34 | 09:43 |      |
| 142  | 2004 | Pedro Neves                      | 42Run                                   | 03:24:27 | +01:16:58 | 09:44 |      |
| 143  | 2081 | Mónica Branco                    | Cpalcanenatrail                         | 03:25:21 | +01:17:52 | 09:47 |      |
| 144  | 2339 | Alexandre Vaqueiro               | Trilhos dos Templários / ACR Santa Cita | 03:25:25 | +01:17:56 | 09:47 |      |
| 145  | 2074 | Pedro Carmo                      | CLAC Entroncamento                      | 03:26:57 | +01:19:28 | 09:51 |      |
| 146  | 2221 | Filipe Neves                     | Individual                              | 03:27:56 | +01:20:27 | 09:54 |      |
| 147  | 2208 | Rui Cardoso                      | Individual                              | 03:28:12 | +01:20:43 | 09:55 |      |
| 148  | 2108 | Pedro Miguel Martins de Oliveira | Grupeta Running Team                    | 03:28:27 | +01:20:58 | 09:56 |      |
| 149  | 2041 | Helder Correia                   | Associação Desportiva do Fundão         | 03:28:47 | +01:21:18 | 09:57 |      |
| 150  | 2302 | Cátia Ramalho                    | SCFZ Trail Runners                      | 03:28:59 | +01:21:30 | 09:57 |      |
| 151  | 2141 | Inês Gaspar                      | Individual                              | 03:29:32 | +01:22:03 | 09:59 |      |
| 152  | 2207 | Ricardo Domingues Leitão         | Individual                              | 03:30:00 | +01:22:31 | 10:00 |      |
| 153  | 2030 | Tiago Realista                   | Amigos do Atletismo de Mafra            | 03:30:20 | +01:22:51 | 10:01 |      |
| 154  | 2080 | vitó baltazar                    | Correr Lisboa                           | 03:30:23 | +01:22:54 | 10:01 |      |
| 155  | 2070 | Gabriel Carvalho                 | Chamusca Trail                          | 03:30:55 | +01:23:26 | 10:03 |      |
| 156  | 2059 | Patrícia Lopes                   | Casa do Benfica em Abrantes             | 03:31:05 | +01:23:36 | 10:03 |      |
| 157  | 2216 | Paulo Rodrigues                  | Individual                              | 03:31:09 | +01:23:40 | 10:03 |      |
| 158  | 2276 | João Gomes                       | Pé na Pinha                             | 03:31:27 | +01:23:58 | 10:04 |      |
| 159  | 2316 | José raposo                      | Tálenos Team                            | 03:31:28 | +01:23:59 | 10:04 |      |
| 160  | 2150 | Carla Angueira                   | Individual                              | 03:33:36 | +01:26:07 | 10:10 |      |
| 161  | 2011 | Marília Teixeira                 | Agroal Trail Team                       | 03:33:56 | +01:26:27 | 10:11 |      |
| 162  | 2176 | Bruno Ferreira                   | Individual                              | 03:34:10 | +01:26:41 | 10:12 |      |
| 163  | 2203 | Paulo Pina                       | Individual                              | 03:34:49 | +01:27:20 | 10:14 |      |
| 164  | 2206 | Ricardo Carvalho                 | Individual                              | 03:34:49 | +01:27:20 | 10:14 |      |
| 165  | 2210 | Samuel Branco                    | Individual                              | 03:35:07 | +01:27:38 | 10:15 |      |
| 166  | 2107 | Nuno Pereira                     | Grupeta Running Team                    | 03:36:33 | +01:29:04 | 10:19 |      |
| 167  | 2168 | Ivo Borgas                       | Individual                              | 03:36:40 | +01:29:11 | 10:19 |      |
| 168  | 2184 | Ilya Lindberg                    | Individual                              | 03:37:01 | +01:29:32 | 10:20 |      |
| 169  | 2144 | Francisca Silva                  | Individual                              | 03:37:12 | +01:29:43 | 10:21 |      |
| 170  | 2334 | Cesário rocha                    | trilhos da baga/K run team              | 03:38:49 | +01:31:20 | 10:25 |      |
| 171  | 2152 | Cristina Barros                  | Individual                              | 03:38:52 | +01:31:23 | 10:25 |      |
| 172  | 2078 | VITOR MANUEL ALMEIDA             | CLUBE MILLENNIUM BCP                    | 03:38:55 | +01:31:26 | 10:25 |      |
| 173  | 2045 | Bruno Fidalgo                    | C. D. "Os Águias" de Alpiarça           | 03:39:56 | +01:32:27 | 10:28 |      |
| 174  | 2259 | Carlos Martins                   | OiãRunners                              | 03:40:28 | +01:32:59 | 10:30 |      |
| 175  | 2288 | Ana Paula Barata                 | SARTIM                                  | 03:40:41 | +01:33:12 | 10:31 |      |
| 176  | 2285 | MARIA DO CEU DE ALMEIDA BARBOSA  | SACA TRILHOS                            | 03:42:22 | +01:34:53 | 10:35 |      |
| 177  | 2061 | Pedro Silva                      | Casa do Benfica em Abrantes             | 03:42:25 | +01:34:56 | 10:35 |      |
| 178  | 2114 | Jorge Rodrigues                  | Grupo de Cicloturismo Barquinense       | 03:42:27 | +01:34:58 | 10:36 |      |



PEQUENO TRAIL 21K - STAGE 1

21 KM

OFFICIAL RESULT

| RANK | BIB  | NAME                                      | TEAM                                | RESULT   | DIFF      | t/KM  | CARD |
|------|------|---|-------------------------------------|----------|-----------|-------|------|
| 225  | 2193 | Sérgio rocha                              | Individual                          | 04:12:03 | +02:04:34 | 12:00 |      |
| 226  | 2151 | Catarina Menezes                          | TURBO -LENTOS                       | 04:12:52 | +02:05:23 | 12:02 |      |
| 227  | 2215 | NUNO MIGUEL FERNANDES BAETA               | Individual                          | 04:12:52 | +02:05:23 | 12:02 |      |
| 228  | 2242 | Isabel Jesus                              | Miro Trail                          | 04:13:00 | +02:05:31 | 12:03 |      |
| 229  | 2262 | Nuno Daniel Rodrigues Fernandes           | OPraticante.pt                      | 04:13:18 | +02:05:49 | 12:04 |      |
| 230  | 2263 | David Silva                               | OPraticante.pt                      | 04:13:18 | +02:05:49 | 12:04 |      |
| 231  | 2223 | ilidio cardoso de oliveira                | Individual                          | 04:14:17 | +02:06:48 | 12:07 |      |
| 232  | 2233 | João Vicente                              | Individual                          | 04:15:12 | +02:07:43 | 12:09 |      |
| 233  | 2099 | Cláudia Macara                            | FREERUNNERS/IDENTPRINT              | 04:15:13 | +02:07:44 | 12:09 |      |
| 234  | 2247 | Patrícia Gomes Pereira dos Santos         | Montes Saloios trail Team           | 04:15:40 | +02:08:11 | 12:10 |      |
| 235  | 2189 | Ricardo Conde                             | Individual                          | 04:15:41 | +02:08:12 | 12:11 |      |
| 236  | 2149 | Ana Vieira                                | Porto de Mós a Correr               | 04:16:17 | +02:08:48 | 12:12 |      |
| 237  | 2002 | Diana Felgueiras                          | 100 vontade                         | 04:16:37 | +02:09:08 | 12:13 |      |
| 238  | 2109 | Bruno Agostinho                           | Grupeta Running Team                | 04:16:54 | +02:09:25 | 12:14 |      |
| 239  | 2146 | Rozires Garcia                            | Individual                          | 04:17:04 | +02:09:35 | 12:14 |      |
| 240  | 2305 | Carlos Antunes                            | SCFZ Trail Runners                  | 04:17:52 | +02:10:23 | 12:17 |      |
| 241  | 2253 | Carla Paula Silva Ferreira                | O QUE QUEREMOS É MONTE              | 04:18:17 | +02:10:48 | 12:18 |      |
| 242  | 2197 | Francisco ferreira                        | Individual                          | 04:20:36 | +02:13:07 | 12:25 |      |
| 243  | 2086 | Patrícia Raquel Nogueira Laranjeiro       | Domus Trail                         | 04:21:36 | +02:14:07 | 12:27 |      |
| 244  | 2213 | DUARTE MIGUEL DA COSTA PESSOA XARA BRASIL | TURBO -LENTOS                       | 04:23:16 | +02:15:47 | 12:32 |      |
| 245  | 2344 | carla marques                             | Turbo Lentosa                       | 04:23:16 | +02:15:47 | 12:32 |      |
| 246  | 2202 | Paulo Marques                             | Individual                          | 04:24:04 | +02:16:35 | 12:34 |      |
| 247  | 2321 | Rafaela Sobreiro                          | TR                                  | 04:24:12 | +02:16:43 | 12:35 |      |
| 248  | 2322 | Tiago Moraes                              | TR                                  | 04:24:14 | +02:16:45 | 12:35 |      |
| 249  | 2155 | Celia silva                               | Individual                          | 04:25:40 | +02:18:11 | 12:39 |      |
| 250  | 2129 | Duarte Baptista                           | Individual                          | 04:25:54 | +02:18:25 | 12:40 |      |
| 251  | 2283 | Fábio Santos                              | RUN2EAT                             | 04:25:55 | +02:18:26 | 12:40 |      |
| 252  | 2137 | Samuel Luís                               | Individual                          | 04:25:57 | +02:18:28 | 12:40 |      |
| 253  | 2234 | Luis Delgado                              | Individual                          | 04:27:22 | +02:19:53 | 12:44 |      |
| 254  | 2121 | Filipa Reis                               | Individual                          | 04:27:46 | +02:20:17 | 12:45 |      |
| 255  | 2088 | Oriana Maria Páscoa dias                  | Domus Trail                         | 04:29:26 | +02:21:57 | 12:50 |      |
| 256  | 2282 | Gabriella Almeida                         | RUN2EAT                             | 04:30:31 | +02:23:02 | 12:53 |      |
| 257  | 2116 | Sara Moreira                              | Grupo Desportivo do Pinheiro Grande | 04:34:38 | +02:27:09 | 13:05 |      |
| 258  | 2345 | Sofia Galinha                             | Xterra trail Golegã                 | 04:34:40 | +02:27:11 | 13:05 |      |
| 259  | 2244 | Cristina Santos                           | Miro Trail                          | 04:34:40 | +02:27:11 | 13:05 |      |
| 260  | 2265 | Marlene Pinto                             | Os MatrecoS                         | 04:35:20 | +02:27:51 | 13:07 |      |
| 261  | 2066 | Susana Fidalgo                            | Chamusca Trail                      | 04:35:20 | +02:27:51 | 13:07 |      |
| 262  | 2266 | António Ramos                             | Os MatrecoS                         | 04:35:52 | +02:28:23 | 13:08 |      |
| 263  | 2110 | Carlos Nuno Alves Duarte                  | Grupeta Running Team                | 04:35:53 | +02:28:24 | 13:08 |      |
| 264  | 2264 | Paula Ventura                             | Os Finos / GMTA / Team Luisa        | 04:36:31 | +02:29:02 | 13:10 |      |
| 265  | 2065 | Isaura Pereira                            | Chamusca Trail                      | 04:36:48 | +02:29:19 | 13:11 |      |
| 266  | 2278 | Marta Reis                                | Run 4 Fun                           | 04:36:49 | +02:29:20 | 13:11 |      |
| 267  | 2260 | Zina Maria Dias Pedro Fernandes           | OPraticante.pt                      | 04:38:19 | +02:30:50 | 13:15 |      |
| 268  | 2138 | Tiago Alexandre de Jesus Mendes           | Individual                          | 04:40:26 | +02:32:57 | 13:21 |      |
| 269  | 2161 | Elisa Almeida                             | Individual                          | 04:41:54 | +02:34:25 | 13:25 |      |

**PEQUENO TRAIL 21K - STAGE 1**

**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| <b>RANK</b> | <b>BIB</b> | <b>NAME</b>                  | <b>TEAM</b>                        | <b>RESULT</b> | <b>DIFF</b> | <b>t/KM</b> | <b>CARD</b> |
|-------------|------------|------------------------------|------------------------------------|---------------|-------------|-------------|-------------|
| 270         | 2232       | João Lourenço                | Individual                         | 04:41:55      | +02:34:26   | 13:25       |             |
| 271         | 2313       | Elisabete Ramos Lourenço     | Tálenos Team                       | 04:42:12      | +02:34:43   | 13:26       |             |
| 272         | 2209       | Rui Nuno dos Santos Nogueira | Individual                         | 04:42:23      | +02:34:54   | 13:27       |             |
| 273         | 2222       | Ian Newsham                  | Individual                         | 04:43:32      | +02:36:03   | 13:30       |             |
| 274         | 2254       | Jose Maria Martins Coelho    | O QUE QUEREMOS É MONTE             | 04:45:27      | +02:37:58   | 13:36       |             |
| 275         | 2090       | Célia Cordeiro               | Estrela Campo de Aviação           | 04:46:13      | +02:38:44   | 13:38       |             |
| 276         | 2112       | Fernando Almeida             | Grupo de Cicloturismo Barquinhense | 04:54:24      | +02:46:55   | 14:01       |             |
| 277         | 2191       | Sérgio Filipe                | Individual                         | 04:55:44      | +02:48:15   | 14:05       |             |
| 278         | 2032       | Carla Fernandes              | Aminhacorrida/Runextrem            | 04:55:45      | +02:48:16   | 14:05       |             |
| 279         | 2143       | Filipa Fernandes             | Individual                         | 04:55:45      | +02:48:16   | 14:05       |             |
| 280         | 2246       | José Santos                  | Miro Trail                         | 05:02:45      | +02:55:16   | 14:25       |             |
| 281         | 2241       | Inês Mendonça                | Miro Trail                         | 05:02:45      | +02:55:16   | 14:25       |             |
| 282         | 2148       | Ana Patrícia senra           | Individual                         | 05:06:21      | +02:58:52   | 14:35       |             |
| 283         | 2196       | Filipe da Conceição Batista  | Individual                         | 05:06:22      | +02:58:53   | 14:35       |             |
| 284         | 2327       | Luciano Santos               | Três contra Três (feminino)        | 05:07:38      | +03:00:09   | 14:39       |             |
| 285         | 2187       | Pedro Costa                  | Individual                         | 05:08:10      | +03:00:41   | 14:40       |             |
| 286         | 2198       | Luis Cambez                  | Individual                         | 05:08:59      | +03:01:30   | 14:43       |             |
| 287         | 2174       | Tiago Santos                 | 100 Pressa                         | 05:13:16      | +03:05:47   | 14:55       |             |
| 288         | 2314       | Cremilde Raposo              | Tálenos Team                       | 05:13:21      | +03:05:52   | 14:55       |             |
| 289         | 2015       | Catarina Fernandes           | Alverca Urban Runners              | 05:14:06      | +03:06:37   | 14:57       |             |
| 290         | 2016       | CARLA CARVALHO               | Alverca Urban Runners              | 05:14:07      | +03:06:38   | 14:57       |             |
| 291         | 2017       | Maria Graça Nobre            | Alverca Urban Runners              | 05:14:56      | +03:07:27   | 15:00       |             |
| 292         | 2018       | Adelino Inês                 | Alverca Urban Runners              | 05:14:57      | +03:07:28   | 15:00       |             |
| 293         | 2160       | Alexandra Pires              | Individual                         | 05:17:53      | +03:10:24   | 15:08       |             |
| 294         | 2153       | Rita Coelho                  | Individual                         | 05:19:07      | +03:11:38   | 15:12       |             |
| 295         | 2158       | Gisela Padre                 | Individual                         | 05:54:42      | +03:47:13   | 16:53       |             |
| 296         | 2113       | Hugo Mendes                  | Grupo de Cicloturismo Barquinhense | 05:54:44      | +03:47:15   | 16:54       |             |

## Pequeno Trail 21K

## 21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:15 | 13.7°C      | 100%     |
| End   | 15:11 | 13.7°C      | 100%     |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

## Junior Masculino

|   |      |                |                       |                  |          |  |       |
|---|------|----------------|-----------------------|------------------|----------|--|-------|
| 1 | 2083 | Tomás Casimiro | C'uma Perna às Costas | Junior Masculino | 03:13:04 |  | 09:12 |
|---|------|----------------|-----------------------|------------------|----------|--|-------|

## Senior Feminino

|    |      |                            |                           |                 |          |           |       |
|----|------|----------------------------|---------------------------|-----------------|----------|-----------|-------|
| 1  | 2286 | Ana Paula Gorjão Rodrigues | Saca Trilhos Anadia       | Senior Feminino | 02:21:34 |           | 06:44 |
| 2  | 2255 | Inês Marques               | OCS - Arrábida Trail Team | Senior Feminino | 02:39:27 | +17:52    | 07:36 |
| 3  | 2091 | Joana Gonçalves            | Fátima Trail Team         | Senior Feminino | 02:55:06 | +33:31    | 08:20 |
| 4  | 2309 | Sara Gonçalves             | SicóTrilhos               | Senior Feminino | 03:08:31 | +46:57    | 08:59 |
| 5  | 2295 | Rachel de Gracia           | SCFZ Trail Runners        | Senior Feminino | 03:08:41 | +47:07    | 08:59 |
| 6  | 2120 | Filipa Gameiro             | Individual                | Senior Feminino | 03:11:12 | +49:38    | 09:06 |
| 7  | 2123 | Rita Vicente               | Individual                | Senior Feminino | 03:17:10 | +55:36    | 09:23 |
| 8  | 2293 | Ana Baião                  | SCFZ Trail Runners        | Senior Feminino | 03:46:33 | +01:24:58 | 10:47 |
| 9  | 2122 | Rita Ferreira              | Thomar Athletics          | Senior Feminino | 03:47:36 | +01:26:02 | 10:50 |
| 10 | 2294 | Andreia Ribeiro            | SCFZ Trail Runners        | Senior Feminino | 03:55:28 | +01:33:53 | 11:13 |
| 11 | 2119 | Daria Seredich             | Individual                | Senior Feminino | 03:59:42 | +01:38:07 | 11:25 |
| 12 | 2124 | Teresa Freitas             | Individual                | Senior Feminino | 04:04:39 | +01:43:04 | 11:39 |
| 13 | 2002 | Diana Felgueiras           | 100 vontade               | Senior Feminino | 04:16:37 | +01:55:03 | 12:13 |
| 14 | 2121 | Filipa Reis                | Individual                | Senior Feminino | 04:27:46 | +02:06:12 | 12:45 |
| 15 | 2282 | Gabriella Almeida          | RUN2EAT                   | Senior Feminino | 04:30:31 | +02:08:56 | 12:53 |
| 16 | 2278 | Marta Reis                 | Run 4 Fun                 | Senior Feminino | 04:36:49 | +02:15:14 | 13:11 |

## Senior Masculino

|    |      |  |                            |                  |          |        |       |
|----|------|--|----------------------------|------------------|----------|--------|-------|
| 1  | 2094 | Edgar Caetano Frazão                     | Fátima Trail Team          | Senior Masculino | 02:10:21 |        | 06:12 |
| 2  | 2022 | Patricio Gaspar                          | Ama(Dores) Trail Team/ACRU | Senior Masculino | 02:14:07 | +03:45 | 06:23 |
| 3  | 2310 | Luis Lopes                               | Sicótrilhos                | Senior Masculino | 02:26:51 | +16:29 | 07:00 |
| 4  | 2279 | HIPOLITO JOÃO                            | RUN BABY RUN               | Senior Masculino | 02:27:38 | +17:17 | 07:02 |
| 5  | 2063 | Alexandre Carvalho                       | Chamusca Trail             | Senior Masculino | 02:34:20 | +23:59 | 07:21 |
| 6  | 2020 | Ivo Oliveira                             | Ama(dores) Trail Team/ACRU | Senior Masculino | 02:36:09 | +25:48 | 07:26 |
| 7  | 2133 | Ricardo Pires                            | Serviços Sociais Montepio  | Senior Masculino | 02:36:45 | +26:24 | 07:28 |
| 8  | 2019 | Bruno Mendes                             | Ama(dores) Trail Team/ACRU | Senior Masculino | 02:37:55 | +27:34 | 07:31 |
| 9  | 2076 | Rafael Matias                            | Clube Desportivo de Espite | Senior Masculino | 02:39:29 | +29:08 | 07:36 |
| 10 | 2101 | João Eduardo da Silva Domingues Mendonça | Grupeta Running Team       | Senior Masculino | 02:40:10 | +29:49 | 07:38 |
| 11 | 2012 | David Casimiro                           | Aguadeiros                 | Senior Masculino | 02:42:30 | +32:09 | 07:44 |
| 12 | 2311 | Nelson Filipe Ferreira Lopes             | Sicótrilhos                | Senior Masculino | 02:45:21 | +35:00 | 07:52 |
| 13 | 2100 | Milton Duarte                            | GDRC Unidos                | Senior Masculino | 02:49:23 | +39:01 | 08:04 |
| 14 | 2132 | Ricardo André Silva Castro               | Individual                 | Senior Masculino | 02:49:47 | +39:26 | 08:05 |
| 15 | 2130 | joao reis                                | Individual                 | Senior Masculino | 02:50:41 | +40:20 | 08:08 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 1 / 8 | generate 18-Nov-2023 20:03 |
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## Pequeno Trail 21K

**21 KM**

### OFFICIAL RESULT

|    |      |                                 |                            |                  |          |           |       |
|----|------|---------------------------------|----------------------------|------------------|----------|-----------|-------|
| 16 | 2299 | Pedro Martins                   | SCFZ Trail Runners         | Senior Masculino | 02:52:37 | +42:16    | 08:13 |
| 17 | 2128 | Daniel Fernandes                | Individual                 | Senior Masculino | 02:54:30 | +44:09    | 08:19 |
| 18 | 2298 | Pedro Alexandre Ramalho Mendes  | SCFZ Trail Runners         | Senior Masculino | 02:55:03 | +44:42    | 08:20 |
| 19 | 2008 | Filipe Polónia                  | Academia 100%              | Senior Masculino | 02:55:39 | +45:17    | 08:22 |
| 20 | 2085 | David Pinho                     | Domus Trail                | Senior Masculino | 02:59:22 | +49:01    | 08:32 |
| 21 | 2297 | Carlos Manso                    | SCFZ Trail Runners         | Senior Masculino | 02:59:27 | +49:06    | 08:33 |
| 22 | 2102 | Joao Lopes                      | Grupeta Running Team       | Senior Masculino | 03:10:19 | +59:57    | 09:04 |
| 23 | 2064 | Miguel Henriques                | Chamusca Trail             | Senior Masculino | 03:14:03 | +01:03:41 | 09:14 |
| 24 | 2021 | Miguel Ribeiro Lopes            | Ama(dores) Trail Team/ACRU | Senior Masculino | 03:14:52 | +01:04:31 | 09:17 |
| 25 | 2126 | Carlos alegria                  | Individual                 | Senior Masculino | 03:15:03 | +01:04:42 | 09:17 |
| 26 | 2125 | André Rafael Santos Cotrim      | Individual                 | Senior Masculino | 03:21:41 | +01:11:20 | 09:36 |
| 27 | 2013 | João Domingues                  | Aguadeiros                 | Senior Masculino | 03:22:04 | +01:11:43 | 09:37 |
| 28 | 2296 | André Lopes                     | SCFZ Trail Runners         | Senior Masculino | 03:49:12 | +01:38:51 | 10:55 |
| 29 | 2131 | Luis Oliveira                   | Individual                 | Senior Masculino | 03:49:18 | +01:38:57 | 10:55 |
| 30 | 2005 | João Almeida                    | À pala da cueca            | Senior Masculino | 03:57:45 | +01:47:23 | 11:19 |
| 31 | 2129 | Duarte Baptista                 | Individual                 | Senior Masculino | 04:25:54 | +02:15:33 | 12:40 |
| 32 | 2283 | Fábio Santos                    | RUN2EAT                    | Senior Masculino | 04:25:55 | +02:15:33 | 12:40 |
| 33 | 2137 | Samuel Luís                     | Individual                 | Senior Masculino | 04:25:57 | +02:15:36 | 12:40 |
| 34 | 2138 | Tiago Alexandre de Jesus Mendes | Individual                 | Senior Masculino | 04:40:26 | +02:30:05 | 13:21 |

## Sub 23 Masculino

|   |      |                                    |                    |                  |          |        |       |
|---|------|------------------------------------|--------------------|------------------|----------|--------|-------|
| 1 | 2139 | Gonçalo Ribeiro                    | Individual         | Sub 23 Masculino | 02:36:40 |        | 07:28 |
| 2 | 2140 | Miguel Ulbrich Nunes Prengel Feliz | Individual         | Sub 23 Masculino | 02:39:19 | +02:39 | 07:35 |
| 3 | 2280 | PEDRO PIMPÃO                       | RUN BABY RUN       | Sub 23 Masculino | 02:53:13 | +16:33 | 08:15 |
| 4 | 2300 | Rodrigo Casimiro                   | SCFZ Trail Runners | Sub 23 Masculino | 02:55:48 | +19:07 | 08:22 |

## Veterana F35

|    |      |                              |                                    |              |          |           |       |
|----|------|------------------------------|------------------------------------|--------------|----------|-----------|-------|
| 1  | 2301 | Sara Micaela Ribeiro Ramalho | SCFZ Trail Runners                 | Veterana F35 | 02:59:27 |           | 08:33 |
| 2  | 2256 | Cláudia Maria Pereira Moita  | OCS - Arrábida Trail Team          | Veterana F35 | 03:04:43 | +05:16    | 08:48 |
| 3  | 2317 | Nádia Sousa                  | Thomar Athletics                   | Veterana F35 | 03:08:30 | +09:02    | 08:59 |
| 4  | 2329 | Tânia Vieira                 | Trilho Perdido Eventos / Importlux | Veterana F35 | 03:18:50 | +19:23    | 09:28 |
| 5  | 2081 | Mónica Branco                | Cpalcanenatrail                    | Veterana F35 | 03:25:21 | +25:54    | 09:47 |
| 6  | 2141 | Inês Gaspar                  | Individual                         | Veterana F35 | 03:29:32 | +30:04    | 09:59 |
| 7  | 2049 | Elisabete Mateus             | Caracol Trail Team                 | Veterana F35 | 03:50:37 | +51:09    | 10:59 |
| 8  | 2006 | Tatiana Antunes              | À pala da cueca                    | Veterana F35 | 03:57:44 | +58:17    | 11:19 |
| 9  | 2321 | Rafaela Sobreiro             | TR                                 | Veterana F35 | 04:24:12 | +01:24:45 | 12:35 |
| 10 | 2265 | Marlene Pinto                | Os Matrecos                        | Veterana F35 | 04:35:20 | +01:35:52 | 13:07 |
| 11 | 2241 | Inês Mendonça                | Miro Trail                         | Veterana F35 | 05:02:45 | +02:03:18 | 14:25 |

## Veterana F40

|   |      |             |                       |              |          |        |       |
|---|------|-------------|-----------------------|--------------|----------|--------|-------|
| 1 | 2145 | Ines Jordao | Monsanto Running Team | Veterana F40 | 02:45:15 |        | 07:52 |
| 2 | 2001 | Carla Silva | 100 Gás Trail Team    | Veterana F40 | 03:10:08 | +24:52 | 09:03 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 2 / 8 | generate 18-Nov-2023 20:03 |
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## Pequeno Trail 21K

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

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|    |      |                                     |                             |              |          |           |       |
|----|------|-------------------------------------|-----------------------------|--------------|----------|-----------|-------|
| 3  | 2302 | Cátia Ramalho                       | SCFZ Trail Runners          | Veterana F40 | 03:28:59 | +43:43    | 09:57 |
| 4  | 2059 | Patrícia Lopes                      | Casa do Benfica em Abrantes | Veterana F40 | 03:31:05 | +45:49    | 10:03 |
| 5  | 2011 | Marília Teixeira                    | Agroal Trail Team           | Veterana F40 | 03:33:56 | +48:40    | 10:11 |
| 6  | 2144 | Francisca Silva                     | Individual                  | Veterana F40 | 03:37:12 | +51:56    | 10:21 |
| 7  | 2274 | Anabela Lourenço                    | Pé na Pinha                 | Veterana F40 | 03:49:06 | +01:03:50 | 10:55 |
| 8  | 2346 | Ana Marisa Fonseca Lopes            | Saca Trilhos Anadia         | Veterana F40 | 03:50:27 | +01:05:11 | 10:58 |
| 9  | 2242 | Isabel Jesus                        | Miro Trail                  | Veterana F40 | 04:13:00 | +01:27:44 | 12:03 |
| 10 | 2146 | Rozires Garcia                      | Individual                  | Veterana F40 | 04:17:04 | +01:31:48 | 12:14 |
| 11 | 2086 | Patrícia Raquel Nogueira Laranjeiro | Domus Trail                 | Veterana F40 | 04:21:36 | +01:36:20 | 12:27 |
| 12 | 2143 | Filipa Fernandes                    | Individual                  | Veterana F40 | 04:55:45 | +02:10:30 | 14:05 |
| 13 | 2015 | Catarina Fernandes                  | Alverca Urban Runners       | Veterana F40 | 05:14:06 | +02:28:50 | 14:57 |

## Veterana F45

|    |      |                                 |   |              |          |           |       |
|----|------|---------------------------------|---|--------------|----------|-----------|-------|
| 1  | 2050 | Tetyana Vakulyuk                | Caracol Trail Team                      | Veterana F45 | 02:41:10 |           | 07:40 |
| 2  | 2060 | Dora Santos                     | Casa do Benfica em Abrantes             | Veterana F45 | 03:04:04 | +22:54    | 08:46 |
| 3  | 2084 | Carla Martins                   | DCI/Trilhos Luso Bussaco                | Veterana F45 | 03:21:40 | +40:30    | 09:36 |
| 4  | 2150 | Carla Angueira                  | Individual                              | Veterana F45 | 03:33:36 | +52:26    | 10:10 |
| 5  | 2152 | Cristina Barros                 | Individual                              | Veterana F45 | 03:38:52 | +57:42    | 10:25 |
| 6  | 2288 | Ana Paula Barata                | SARTIM                                  | Veterana F45 | 03:40:41 | +59:31    | 10:31 |
| 7  | 2337 | Mafalda Duarte                  | Trilhos dos Templários / ACR Santa Cita | Veterana F45 | 03:50:33 | +01:09:23 | 10:59 |
| 8  | 2014 | Helena Mariz                    | AllforOne                               | Veterana F45 | 03:57:11 | +01:16:01 | 11:18 |
| 9  | 2147 | Ana Marques                     | Individual                              | Veterana F45 | 04:08:53 | +01:27:43 | 11:51 |
| 10 | 2079 | Sandra Santos                   | Constância Mountain Runners             | Veterana F45 | 04:10:57 | +01:29:47 | 11:57 |
| 11 | 2151 | Catarina Menezes                | TURBO -LENTOS                           | Veterana F45 | 04:12:52 | +01:31:42 | 12:02 |
| 12 | 2149 | Ana Vieira                      | Porto de Mós a Correr                   | Veterana F45 | 04:16:17 | +01:35:07 | 12:12 |
| 13 | 2253 | Carla Paula Silva Ferreira      | O QUE QUEREMOS É MONTE                  | Veterana F45 | 04:18:17 | +01:37:07 | 12:18 |
| 14 | 2345 | Sofia Galinha                   | Xterra trail Golegã                     | Veterana F45 | 04:34:40 | +01:53:30 | 13:05 |
| 15 | 2066 | Susana Fidalgo                  | Chamusca Trail                          | Veterana F45 | 04:35:20 | +01:54:10 | 13:07 |
| 16 | 2065 | Isaura Pereira                  | Chamusca Trail                          | Veterana F45 | 04:36:48 | +01:55:38 | 13:11 |
| 17 | 2260 | Zina Maria Dias Pedro Fernandes | OPraticante.pt                          | Veterana F45 | 04:38:19 | +01:57:09 | 13:15 |
| 18 | 2313 | Elisabete Ramos Lourenço        | Tálenos Team                            | Veterana F45 | 04:42:12 | +02:01:02 | 13:26 |
| 19 | 2090 | Célia Cordeiro                  | Estrela Campo de Aviação                | Veterana F45 | 04:46:13 | +02:05:03 | 13:38 |
| 20 | 2032 | Carla Fernandes                 | Aminhacorrida/Runextrem                 | Veterana F45 | 04:55:45 | +02:14:35 | 14:05 |
| 21 | 2148 | Ana Patrícia senra              | Individual                              | Veterana F45 | 05:06:21 | +02:25:11 | 14:35 |
| 22 | 2016 | CARLA CARVALHO                  | Alverca Urban Runners                   | Veterana F45 | 05:14:07 | +02:32:57 | 14:57 |
| 23 | 2153 | Rita Coelho                     | Individual                              | Veterana F45 | 05:19:07 | +02:37:57 | 15:12 |

## Veterana F50

|   |      |                 |                              |              |          |           |       |
|---|------|-----------------|------------------------------|--------------|----------|-----------|-------|
| 1 | 2027 | Ana Araujo      | Amigos do Atletismo de Mafra | Veterana F50 | 03:01:19 |           | 08:38 |
| 2 | 2087 | Dora Gomes      | Domus Trail                  | Veterana F50 | 03:18:09 | +16:49    | 09:26 |
| 3 | 2270 | Susana Bértolo  | Os tolinhos                  | Veterana F50 | 03:56:02 | +54:43    | 11:14 |
| 4 | 2257 | Maria Felisardo | OCS - Arrábida Trail Team    | Veterana F50 | 04:06:12 | +01:04:52 | 11:43 |
| 5 | 2159 | Susana Canhola  | Individual                   | Veterana F50 | 04:06:26 | +01:05:06 | 11:44 |

Official Timekeeper: Lap2Go

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generate 18-Nov-2023 20:03

**Pequeno Trail 21K**

**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

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|    |      |                                   |                              |              |          |           |       |
|----|------|-----------------------------------|------------------------------|--------------|----------|-----------|-------|
| 6  | 2156 | Cristina Mendes                   | Individual                   | Veterana F50 | 04:12:01 | +01:10:41 | 12:00 |
| 7  | 2099 | Cláudia Macara                    | FREERUNNERS/IDENTPRINT       | Veterana F50 | 04:15:13 | +01:13:53 | 12:09 |
| 8  | 2247 | Patrícia Gomes Pereira dos Santos | Montes Saloios trail Team    | Veterana F50 | 04:15:40 | +01:14:20 | 12:10 |
| 9  | 2344 | carla marques                     | Turbo Lentosa                | Veterana F50 | 04:23:16 | +01:21:56 | 12:32 |
| 10 | 2155 | Celia silva                       | Individual                   | Veterana F50 | 04:25:40 | +01:24:20 | 12:39 |
| 11 | 2088 | Oriana Maria Páscoa dias          | Domus Trail                  | Veterana F50 | 04:29:26 | +01:28:06 | 12:50 |
| 12 | 2264 | Paula Ventura                     | Os Finos / GMTA / Team Luisa | Veterana F50 | 04:36:31 | +01:35:11 | 13:10 |
| 13 | 2158 | Gisela Padre                      | Individual                   | Veterana F50 | 05:54:42 | +02:53:22 | 16:53 |

**Veterana F55**

|   |      |                 |                                     |              |          |           |       |
|---|------|-----------------|-------------------------------------|--------------|----------|-----------|-------|
| 1 | 2245 | Jacinta Almeida | Miro Trail                          | Veterana F55 | 03:47:00 |           | 10:49 |
| 2 | 2333 | Alda Cordeiro   | trilhos da baba/K run team          | Veterana F55 | 04:07:17 | +20:17    | 11:47 |
| 3 | 2116 | Sara Moreira    | Grupo Desportivo do Pinheiro Grande | Veterana F55 | 04:34:38 | +47:38    | 13:05 |
| 4 | 2244 | Cristina Santos | Miro Trail                          | Veterana F55 | 04:34:40 | +47:40    | 13:05 |
| 5 | 2161 | Elisa Almeida   | Individual                          | Veterana F55 | 04:41:54 | +54:54    | 13:25 |
| 6 | 2314 | Cremilde Raposo | Talentos Team                       | Veterana F55 | 05:13:21 | +01:26:20 | 14:55 |
| 7 | 2160 | Alexandra Pires | Individual                          | Veterana F55 | 05:17:53 | +01:30:52 | 15:08 |

**Veterana F60**

|   |      |                                 |                       |              |          |           |       |
|---|------|---------------------------------|-----------------------|--------------|----------|-----------|-------|
| 1 | 2285 | MARIA DO CEU DE ALMEIDA BARBOSA | SACA TRILHOS          | Veterana F60 | 03:42:22 |           | 10:35 |
| 2 | 2051 | Anabela Salgado                 | Caracol Trail Team    | Veterana F60 | 04:02:47 | +20:25    | 11:34 |
| 3 | 2017 | Maria Graça Nobre               | Alverca Urban Runners | Veterana F60 | 05:14:56 | +01:32:33 | 15:00 |

**Veterano M35**

|    |      |                        |                                 |              |          |           |       |
|----|------|------------------------|---------------------------------|--------------|----------|-----------|-------|
| 1  | 2171 | Samuel Reis            | Serra d'Aire Trail Team         | Veterano M35 | 02:07:29 |           | 06:04 |
| 2  | 2318 | André Ferreira         | Thomar Athletics                | Veterano M35 | 02:19:03 | +11:34    | 06:37 |
| 3  | 2082 | Pedro Machado          | cpalcanenatrail                 | Veterano M35 | 02:20:12 | +12:42    | 06:41 |
| 4  | 2067 | Alexandre Henriques    | Chamusca Trail                  | Veterano M35 | 02:22:38 | +15:08    | 06:48 |
| 5  | 2167 | Hugo Chan              | Individual                      | Veterano M35 | 02:27:49 | +20:19    | 07:02 |
| 6  | 2343 | João Oliveira          | Tsumommies                      | Veterano M35 | 02:42:21 | +34:51    | 07:44 |
| 7  | 2024 | Filipe Moleiro         | Ama(dores) Trail Team/ACRU      | Veterano M35 | 02:43:49 | +36:20    | 07:48 |
| 8  | 2095 | Ivan Antunes           | Fátima Trail Team               | Veterano M35 | 02:46:46 | +39:17    | 07:57 |
| 9  | 2169 | Pedro Gonçalves        | Individual                      | Veterano M35 | 02:51:02 | +43:32    | 08:09 |
| 10 | 2046 | Bruno Pereira da Silva | C. D. "Os Águias" de Alpiarça   | Veterano M35 | 02:52:13 | +44:43    | 08:12 |
| 11 | 2312 | Nuno Mendes            | Sicótrilhos                     | Veterano M35 | 02:56:39 | +49:10    | 08:25 |
| 12 | 2165 | Diogo Cordeiro         | Individual                      | Veterano M35 | 02:57:50 | +50:20    | 08:28 |
| 13 | 2023 | André Gonçalves        | Ama(dores) Trail Team/ACRU      | Veterano M35 | 02:58:31 | +51:01    | 08:30 |
| 14 | 2103 | Diogo Moreira          | Grupeta Running Team            | Veterano M35 | 03:08:26 | +01:00:56 | 08:58 |
| 15 | 2038 | Ricardo Silva          | Associação desportiva do fundão | Veterano M35 | 03:12:46 | +01:05:16 | 09:11 |
| 16 | 2044 | Bruno Cunha            | C. D. "Os Águias" de Alpiarça   | Veterano M35 | 03:13:36 | +01:06:06 | 09:13 |
| 17 | 2166 | Edgar Ferreira         | Individual                      | Veterano M35 | 03:17:58 | +01:10:28 | 09:26 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 4 / 8 | generate 18-Nov-2023 20:03 |
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## Pequeno Trail 21K

**21 KM**

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### OFFICIAL RESULT

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|    |      |                       |                               |              |          |           |       |
|----|------|-----------------------|-------------------------------|--------------|----------|-----------|-------|
| 18 | 2104 | Robert Sousa Teixeira | Grupeta Running Team          | Veterano M35 | 03:20:33 | +01:13:03 | 09:33 |
| 19 | 2003 | Julien Manso          | 100 vontade                   | Veterano M35 | 03:21:10 | +01:13:40 | 09:35 |
| 20 | 2004 | Pedro Neves           | 42Run                         | Veterano M35 | 03:24:27 | +01:16:57 | 09:44 |
| 21 | 2168 | Ivo Borgas            | Individual                    | Veterano M35 | 03:36:40 | +01:29:10 | 10:19 |
| 22 | 2045 | Bruno Fidalgo         | C. D. "Os Águias" de Alpiarça | Veterano M35 | 03:39:56 | +01:32:27 | 10:28 |
| 23 | 2163 | Claudio Mendes        | Individual                    | Veterano M35 | 03:44:05 | +01:36:35 | 10:40 |
| 24 | 2172 | Sergio Martínez       | Individual                    | Veterano M35 | 03:49:19 | +01:41:49 | 10:55 |
| 25 | 2164 | Diogo Bernardes       | Individual                    | Veterano M35 | 03:50:39 | +01:43:09 | 10:59 |
| 26 | 2250 | pedro francisco       | MTT Montes Saloios            | Veterano M35 | 04:04:39 | +01:57:09 | 11:39 |
| 27 | 2174 | Tiago Santos          | 100 Pressa                    | Veterano M35 | 05:13:16 | +03:05:46 | 14:55 |
| 28 | 2018 | Adelino Inês          | Alverca Urban Runners         | Veterano M35 | 05:14:57 | +03:07:28 | 15:00 |

## Veterano M40

|    |      |                                 |                                       |              |          |           |       |
|----|------|---------------------------------|---------------------------------------|--------------|----------|-----------|-------|
| 1  | 2320 | Marco Francisco                 | Thomar Athletics                      | Veterano M40 | 02:11:53 |           | 06:17 |
| 2  | 2025 | Carlos Manuel Dias Simões       | Ama(dores) Trail Team/ACRU            | Veterano M40 | 02:13:01 | +01:08    | 06:20 |
| 3  | 2195 | Tiago Nuno                      | Individual                            | Veterano M40 | 02:19:11 | +07:18    | 06:38 |
| 4  | 2290 | Tiago Henoch                    | Scalabis Night Runners                | Veterano M40 | 02:24:17 | +12:23    | 06:52 |
| 5  | 2115 | Nuno Roque                      | Grupo de Convívio e Amizade nas Donas | Veterano M40 | 02:27:05 | +15:12    | 07:00 |
| 6  | 2069 | Gonçalo Dias                    | Chamusca Trail                        | Veterano M40 | 02:27:44 | +15:51    | 07:02 |
| 7  | 2261 | João Miguel Garrido             | OPraticante.pt                        | Veterano M40 | 02:31:52 | +19:59    | 07:14 |
| 8  | 2026 | Paulo Jorge Pereira de Oliveira | Ama(dores) Trail Team/ACRU            | Veterano M40 | 02:32:10 | +20:17    | 07:15 |
| 9  | 2178 | Carlos Leitao                   | CA Barreira                           | Veterano M40 | 02:34:19 | +22:25    | 07:21 |
| 10 | 2308 | Jorge Vieira                    | Serra d'Aire Trail Team               | Veterano M40 | 02:36:45 | +24:52    | 07:28 |
| 11 | 2269 | Rui Martins                     | Os MatrecoS                           | Veterano M40 | 02:41:34 | +29:41    | 07:42 |
| 12 | 2273 | César Ferreira                  | Ourém Vida Team                       | Veterano M40 | 02:45:15 | +33:22    | 07:52 |
| 13 | 2096 | Eurico Silva                    | Fátima Trail Team                     | Veterano M40 | 02:46:47 | +34:54    | 07:57 |
| 14 | 2324 | Bruno Carmo                     | Tramagal Sport União                  | Veterano M40 | 02:47:46 | +35:53    | 07:59 |
| 15 | 2111 | Fernando Domingues              | Grupo Alegre Unido Bajouca            | Veterano M40 | 02:52:13 | +40:20    | 08:12 |
| 16 | 2177 | Carlos Filipe Santos Ferreira   | Individual                            | Veterano M40 | 03:00:39 | +48:46    | 08:36 |
| 17 | 2192 | Sérgio Marcalo                  | Individual                            | Veterano M40 | 03:00:40 | +48:47    | 08:36 |
| 18 | 2043 | Eduardo Ferreira                | Atletismo Clube da Tocha              | Veterano M40 | 03:02:19 | +50:25    | 08:41 |
| 19 | 2073 | Tiago Branco                    | Chitas de Alcobaça                    | Veterano M40 | 03:06:07 | +54:14    | 08:52 |
| 20 | 2248 | Francisco Borges Farinha        | Montes Saloios trail Team             | Veterano M40 | 03:10:02 | +58:09    | 09:03 |
| 21 | 2068 | Estevao Rodrigues               | Chamusca trail                        | Veterano M40 | 03:14:03 | +01:02:10 | 09:14 |
| 22 | 2188 | Pedro jorge Gracio Domingues    | Individual                            | Veterano M40 | 03:14:11 | +01:02:17 | 09:15 |
| 23 | 2194 | Tiago David                     | Individual                            | Veterano M40 | 03:19:57 | +01:08:04 | 09:31 |
| 24 | 2251 | Paulo Santos                    | Não Fazemos Nem Mais Um... Km         | Veterano M40 | 03:23:15 | +01:11:22 | 09:41 |
| 25 | 2176 | Bruno Ferreira                  | Individual                            | Veterano M40 | 03:34:10 | +01:22:17 | 10:12 |
| 26 | 2184 | Ilya Lindberg                   | Individual                            | Veterano M40 | 03:37:01 | +01:25:08 | 10:20 |
| 27 | 2190 | Rodolfo Duarte Pereira Silva    | Individual                            | Veterano M40 | 03:44:35 | +01:32:41 | 10:42 |
| 28 | 2289 | Nélio Carvalho                  | Scalabis Night Runners                | Veterano M40 | 03:46:21 | +01:34:28 | 10:47 |
| 29 | 2185 | Nuno Miguel da Silva Ferreira   | Individual                            | Veterano M40 | 03:52:42 | +01:40:49 | 11:05 |
| 30 | 2181 | Diogo Lopes                     | Individual                            | Veterano M40 | 03:58:19 | +01:46:26 | 11:21 |
| 31 | 2193 | Sérgio rocha                    | Individual                            | Veterano M40 | 04:12:03 | +02:00:09 | 12:00 |

**Pequeno Trail 21K**

**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

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|    |      |               |            |              |          |           |       |
|----|------|---------------|------------|--------------|----------|-----------|-------|
| 32 | 2189 | Ricardo Conde | Individual | Veterano M40 | 04:15:41 | +02:03:47 | 12:11 |
| 33 | 2322 | Tiago Moraes  | TR         | Veterano M40 | 04:24:14 | +02:12:21 | 12:35 |
| 34 | 2191 | Sérgio Filipe | Individual | Veterano M40 | 04:55:44 | +02:43:51 | 14:05 |
| 35 | 2187 | Pedro Costa   | Individual | Veterano M40 | 05:08:10 | +02:56:17 | 14:40 |

**Veterano M45**

|    |      |                                  |  |              |          |           |       |
|----|------|----------------------------------|--|--------------|----------|-----------|-------|
| 1  | 2275 | Rui Bacharel                     | Pé na Pinha                              | Veterano M45 | 02:21:33 |           | 06:44 |
| 2  | 2075 | Tiago Simões                     | Clube de Atletismo de Ferreira do Zêzere | Veterano M45 | 02:22:58 | +01:25    | 06:48 |
| 3  | 2287 | Helder Esteves                   | Saca Trilhos Anadia                      | Veterano M45 | 02:38:28 | +16:55    | 07:33 |
| 4  | 2040 | Sérgio Martins                   | Associação Desportiva do Fundão          | Veterano M45 | 02:39:54 | +18:21    | 07:37 |
| 5  | 2304 | Tiago Esteves                    | SCFZ Trail Runners                       | Veterano M45 | 02:40:57 | +19:24    | 07:40 |
| 6  | 2330 | Rui Brilhante                    | Trilho Perdido Eventos / Importlux       | Veterano M45 | 02:44:16 | +22:43    | 07:49 |
| 7  | 2105 | Bruno José Almeida Pereira       | Grupeta Running Team                     | Veterano M45 | 02:50:19 | +28:46    | 08:07 |
| 8  | 2039 | Paulo Neto                       | Associação Desportiva do Fundão          | Veterano M45 | 02:52:39 | +31:06    | 08:13 |
| 9  | 2258 | João Faria                       | OCS - Arrábida Trail Team                | Veterano M45 | 02:59:24 | +37:50    | 08:33 |
| 10 | 2211 | Telmo Madeira                    | Individual                               | Veterano M45 | 03:06:08 | +44:35    | 08:52 |
| 11 | 2303 | Carlos Alberto Ferreira António  | SCFZ Trail Runners                       | Veterano M45 | 03:06:45 | +45:12    | 08:54 |
| 12 | 2335 | Arménio Silva                    | Trilhos do Costume                       | Veterano M45 | 03:07:22 | +45:49    | 08:55 |
| 13 | 2007 | Carlos Cunha                     | A. C. S. Mamede                          | Veterano M45 | 03:07:55 | +46:22    | 08:57 |
| 14 | 2199 | Luís Santos                      | Individual                               | Veterano M45 | 03:13:46 | +52:13    | 09:14 |
| 15 | 2089 | José Torres                      | Domus Trail                              | Veterano M45 | 03:14:21 | +52:48    | 09:15 |
| 16 | 2074 | Pedro Carmo                      | CLAC Entroncamento                       | Veterano M45 | 03:26:57 | +01:05:23 | 09:51 |
| 17 | 2208 | Rui Cardoso                      | Individual                               | Veterano M45 | 03:28:12 | +01:06:39 | 09:55 |
| 18 | 2108 | Pedro Miguel Martins de Oliveira | Grupeta Running Team                     | Veterano M45 | 03:28:27 | +01:06:53 | 09:56 |
| 19 | 2207 | Ricardo Domingues Leitão         | Individual                               | Veterano M45 | 03:30:00 | +01:08:27 | 10:00 |
| 20 | 2070 | Gabriel Carvalho                 | Chamusca Trail                           | Veterano M45 | 03:30:55 | +01:09:22 | 10:03 |
| 21 | 2203 | Paulo Pina                       | Individual                               | Veterano M45 | 03:34:49 | +01:13:15 | 10:14 |
| 22 | 2206 | Ricardo Carvalho                 | Individual                               | Veterano M45 | 03:34:49 | +01:13:16 | 10:14 |
| 23 | 2210 | Samuel Branco                    | Individual                               | Veterano M45 | 03:35:07 | +01:13:34 | 10:15 |
| 24 | 2107 | Nuno Pereira                     | Grupeta Running Team                     | Veterano M45 | 03:36:33 | +01:15:00 | 10:19 |
| 25 | 2061 | Pedro Silva                      | Casa do Benfica em Abrantes              | Veterano M45 | 03:42:25 | +01:20:52 | 10:35 |
| 26 | 2291 | Valdemar Fernandes               | Scalabis Night Runners                   | Veterano M45 | 03:46:22 | +01:24:49 | 10:47 |
| 27 | 2201 | Mario Freitas                    | Individual                               | Veterano M45 | 03:53:02 | +01:31:29 | 11:06 |
| 28 | 2239 | Mário Figueiredo                 | MADRUGAS DE ALMEIRIM RUNNING TEAM        | Veterano M45 | 03:53:27 | +01:31:54 | 11:07 |
| 29 | 2071 | Vitor Fernandes                  | Chamusca Trail                           | Veterano M45 | 03:53:31 | +01:31:58 | 11:07 |
| 30 | 2106 | Luis Fernando Martins            | Grupeta Running Team                     | Veterano M45 | 03:59:52 | +01:38:19 | 11:25 |
| 31 | 2035 | Carlos Ipe                       | Asas nos Pés                             | Veterano M45 | 04:02:03 | +01:40:29 | 11:32 |
| 32 | 2197 | Francisco ferreira               | Individual                               | Veterano M45 | 04:20:36 | +01:59:03 | 12:25 |
| 33 | 2202 | Paulo Marques                    | Individual                               | Veterano M45 | 04:24:04 | +02:02:31 | 12:34 |
| 34 | 2209 | Rui Nuno dos Santos Nogueira     | Individual                               | Veterano M45 | 04:42:23 | +02:20:50 | 13:27 |
| 35 | 2112 | Fernando Almeida                 | Grupo de Cicloturismo Barquinhense       | Veterano M45 | 04:54:24 | +02:32:51 | 14:01 |
| 36 | 2196 | Filipe da Conceição Batista      | Individual                               | Veterano M45 | 05:06:22 | +02:44:48 | 14:35 |
| 37 | 2327 | Luciano Santos                   | Três contra Três (feminino)              | Veterano M45 | 05:07:38 | +02:46:05 | 14:39 |

**Pequeno Trail 21K**

**21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

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|    |      |             |                                    |              |          |           |       |
|----|------|-------------|------------------------------------|--------------|----------|-----------|-------|
| 38 | 2198 | Luis Cambez | Individual                         | Veterano M45 | 05:08:59 | +02:47:26 | 14:43 |
| 39 | 2113 | Hugo Mendes | Grupo de Cicloturismo Barquinhense | Veterano M45 | 05:54:44 | +03:33:11 | 16:54 |

**Veterano M50**

|    |      |   |   |              |          |           |       |
|----|------|---|---|--------------|----------|-----------|-------|
| 1  | 2072 | Paulo Cassaca                             | Chamusca Trail                          | Veterano M50 | 02:28:23 |           | 07:04 |
| 2  | 2010 | José Manuel Alves da Silva Barrinha       | ADN Mértola                             | Veterano M50 | 02:46:37 | +18:14    | 07:56 |
| 3  | 2062 | Horácio Oliveira                          | CF Os Belenenses                        | Veterano M50 | 03:04:17 | +35:54    | 08:47 |
| 4  | 2037 | Nuno Marques                              | Asas nos Pés                            | Veterano M50 | 03:05:08 | +36:45    | 08:49 |
| 5  | 2249 | José Tomás                                | Montes Saloios Trail Team               | Veterano M50 | 03:17:07 | +48:43    | 09:23 |
| 6  | 2212 | Carlos Duarte                             | Individual                              | Veterano M50 | 03:17:23 | +49:00    | 09:24 |
| 7  | 2281 | Sergio Rodelo                             | Run Crew Trail Montijo                  | Veterano M50 | 03:23:11 | +54:47    | 09:41 |
| 8  | 2217 | PEDRO LUIS A CUNHA                        | Individual                              | Veterano M50 | 03:24:03 | +55:40    | 09:43 |
| 9  | 2339 | Alexandre Vaqueiro                        | Trilhos dos Templários / ACR Santa Cita | Veterano M50 | 03:25:25 | +57:02    | 09:47 |
| 10 | 2030 | Tiago Realista                            | Amigos do Atletismo de Mafra            | Veterano M50 | 03:30:20 | +01:01:56 | 10:01 |
| 11 | 2216 | Paulo Rodrigues                           | Individual                              | Veterano M50 | 03:31:09 | +01:02:45 | 10:03 |
| 12 | 2114 | Jorge Rodrigues                           | Grupo de Cicloturismo Barquinhense      | Veterano M50 | 03:42:27 | +01:14:03 | 10:36 |
| 13 | 2341 | Vladimiro Alves                           | Trilhos da Terra Mãe                    | Veterano M50 | 03:58:29 | +01:30:05 | 11:21 |
| 14 | 2331 | Pedro Mendes                              | Trilho Perdido Eventos / Importlux      | Veterano M50 | 03:59:06 | +01:30:43 | 11:23 |
| 15 | 2238 | Renato Lopes                              | Juventude Ouriense                      | Veterano M50 | 04:06:39 | +01:38:15 | 11:45 |
| 16 | 2215 | NUNO MIGUEL FERNANDES BAETA               | Individual                              | Veterano M50 | 04:12:52 | +01:44:28 | 12:02 |
| 17 | 2262 | Nuno Daniel Rodrigues Fernandes           | OPraticante.pt                          | Veterano M50 | 04:13:18 | +01:44:55 | 12:04 |
| 18 | 2109 | Bruno Agostinho                           | Grupeta Running Team                    | Veterano M50 | 04:16:54 | +01:48:31 | 12:14 |
| 19 | 2305 | Carlos Antunes                            | SCFZ Trail Runners                      | Veterano M50 | 04:17:52 | +01:49:29 | 12:17 |
| 20 | 2213 | DUARTE MIGUEL DA COSTA PESSOA XARA BRASIL | TURBO -LENTOS                           | Veterano M50 | 04:23:16 | +01:54:53 | 12:32 |
| 21 | 2266 | António Ramos                             | Os Matreco                              | Veterano M50 | 04:35:52 | +02:07:29 | 13:08 |
| 22 | 2110 | Carlos Nuno Alves Duarte                  | Grupeta Running Team                    | Veterano M50 | 04:35:53 | +02:07:30 | 13:08 |

**Veterano M55**

|    |      |                                |                                 |              |          |        |       |
|----|------|--------------------------------|---------------------------------|--------------|----------|--------|-------|
| 1  | 2054 | Carlos Ferreira                | Caracol Trail Team              | Veterano M55 | 02:37:45 |        | 07:31 |
| 2  | 2252 | Manuel Filipe                  | Notícias de Colmeias Atletismo  | Veterano M55 | 02:39:00 | +01:14 | 07:34 |
| 3  | 2218 | António Ferreira Pereira       | Individual                      | Veterano M55 | 02:42:07 | +04:21 | 07:43 |
| 4  | 2227 | Paulo Manuel Costa             | Individual                      | Veterano M55 | 02:45:16 | +07:31 | 07:52 |
| 5  | 2325 | Luís Marques                   | Tramagal Sport União            | Veterano M55 | 02:45:33 | +07:47 | 07:53 |
| 6  | 2306 | Domingos Casimiro              | SCFZ Trail Runners              | Veterano M55 | 02:45:46 | +08:00 | 07:54 |
| 7  | 2042 | Vitor Catarro                  | Associação Desportiva do Fundão | Veterano M55 | 02:46:21 | +08:35 | 07:55 |
| 8  | 2219 | António Matos                  | Individual                      | Veterano M55 | 02:47:27 | +09:41 | 07:58 |
| 9  | 2225 | Nuno Miguel Gouveia Ladeiras   | Individual                      | Veterano M55 | 02:56:35 | +18:50 | 08:25 |
| 10 | 2229 | Vasco Morais Pinheiro de Sousa | Individual                      | Veterano M55 | 03:02:48 | +25:02 | 08:42 |
| 11 | 2268 | Jorge Sirgado                  | Os Matreco                      | Veterano M55 | 03:03:21 | +25:35 | 08:44 |
| 12 | 2228 | Rui Perdigão                   | Individual                      | Veterano M55 | 03:05:15 | +27:29 | 08:49 |
| 13 | 2097 | Vitor Neves                    | Fátima Trail Team               | Veterano M55 | 03:06:26 | +28:40 | 08:53 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 7 / 8 | generate 18-Nov-2023 20:03 |
|-----------------------------|-------|----------------------------|



## TEAM RESULTS - PEQUENO TRAIL 21K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | TEAM                                    | DESCRIPTION     | POINTS |
|------|---|-----------------|--------|
| 1    | AMA(DORES) TRAIL TEAM/ACRU              | 4 + 5 + 21      | 30     |
| 2    | CHAMUSCA TRAIL                          | 11 + 17 + 19    | 47     |
| 3    | FÁTIMA TRAIL TEAM                       | 2 + 54 + 55     | 111    |
| 4    | THOMAR ATHLETICS                        | 3 + 6 + 103     | 112    |
| 5    | CARACOL TRAIL TEAM                      | 28 + 38 + 51    | 117    |
| 6    | SICÓTRILHOS                             | 14 + 48 + 74    | 136    |
| 7    | SCFZ TRAIL RUNNERS                      | 37 + 50 + 65    | 152    |
| 8    | ASSOCIAÇÃO DESPORTIVA DO FUNDÃO         | 35 + 52 + 66    | 153    |
| 9    | GRUPETA RUNNING TEAM                    | 36 + 60 + 102   | 198    |
| 10   | OCS - ARRÁBIDA TRAIL TEAM               | 33 + 78 + 92    | 203    |
| 11   | SACA TRILHOS ANADIA                     | 10 + 30 + 193   | 233    |
| 12   | PÉ NA PINHA                             | 9 + 87 + 158    | 254    |
| 13   | DOMUS TRAIL                             | 77 + 120 + 128  | 325    |
| 14   | C. D. "OS ÁGUIAS" DE ALPIARÇA           | 64 + 115 + 173  | 352    |
| 15   | SCALABIS NIGHT RUNNERS                  | 13 + 182 + 183  | 378    |
| 16   | TRILHO PERDIDO EVENTOS / IMPORLUX       | 44 + 130 + 210  | 384    |
| 17   | OS MATRECOS                             | 39 + 89 + 260   | 388    |
| 18   | CASA DO BENFICA EM ABRANTES             | 90 + 156 + 177  | 423    |
| 19   | MONTES SALOIOS TRAIL TEAM               | 106 + 123 + 234 | 463    |
| 20   | TRILHOS DOS TEMPLÁRIOS / ACR SANTA CITA | 134 + 144 + 194 | 472    |
| 21   | OPRATICANTE.PT                          | 20 + 229 + 230  | 479    |
| 22   | OS TOLINHOS                             | 110 + 202 + 203 | 515    |
| 23   | TÁLENTOS TEAM                           | 125 + 159 + 271 | 555    |
| 24   | MIRO TRAIL                              | 185 + 228 + 259 | 672    |
| 25   | RUN2EAT                                 | 204 + 251 + 256 | 711    |
| 26   | GRUPO DE CICLOTURISMO BARQUINHENSE      | 178 + 276 + 296 | 750    |
| 27   | ALVERCA URBAN RUNNERS                   | 289 + 290 + 291 | 870    |



## MINI TRAIL 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:30 | 13.7°C      | 100%     |
| End   | 17:44 | 13.7°C      | 100%     |

| RANK | BIB  | NAME                         | TEAM   | RESULT   | DIFF   | t/KM  | CARD |
|------|------|------------------------------|--|----------|--------|-------|------|
| 1    | 3262 | Celso Moiteiro               | Saca Trilhos Anadia                                  | 01:29:25 |        | 05:58 |      |
| 2    | 3092 | Flavio Boto                  | Individual   | 01:30:57 | +01:32 | 06:04 |      |
| 3    | 3166 | Jorge Garrido                | Individual   | 01:33:28 | +04:03 | 06:14 |      |
| 4    | 3007 | Hélder Melo                  | ACPortalegre/UTSM                                    | 01:38:43 | +09:18 | 06:35 |      |
| 5    | 3101 | Ruben Vicente                | Individual   | 01:40:23 | +10:58 | 06:42 |      |
| 6    | 3259 | Miguel Fernandes Carvalheiro | rusty team   | 01:42:37 | +13:12 | 06:50 |      |
| 7    | 3236 | Renato Adelino               | N FIT PROJECT GÓIS                                   | 01:43:04 | +13:39 | 06:52 |      |
| 8    | 3235 | Hugo Santos                  | N FIT PROJECT GÓIS                                   | 01:43:20 | +13:55 | 06:53 |      |
| 9    | 3157 | Tiago Russo                  | Individual   | 01:44:41 | +15:16 | 06:59 |      |
| 10   | 3151 | Marco Ferreira               | Individual   | 01:45:44 | +16:19 | 07:03 |      |
| 11   | 3232 | Tiago Bandeira               | N FIT PROJECT GÓIS                                   | 01:45:54 | +16:29 | 07:04 |      |
| 12   | 3287 | Jorge Ramalho                | Trilhos dos Templários / ACR Santa Cita              | 01:48:57 | +19:32 | 07:16 |      |
| 13   | 3293 | Luis Ribeiro                 | Tsumommies   | 01:49:04 | +19:39 | 07:16 |      |
| 14   | 3100 | Rodrigo Jesus                | Individual   | 01:50:17 | +20:52 | 07:21 |      |
| 15   | 3022 | Leonardo Guapo               | Amigos & Petiscos                                    | 01:50:27 | +21:02 | 07:22 |      |
| 16   | 3263 | Egídio Alves das Neves       | Saca Trilhos Anadia                                  | 01:50:41 | +21:16 | 07:23 |      |
| 17   | 3148 | Antonio Torres               | Individual   | 01:51:00 | +21:35 | 07:24 |      |
| 18   | 3147 | ANTÓNIO EMÍDIO               | Individual   | 01:51:34 | +22:09 | 07:26 |      |
| 19   | 3168 | Mário Rui Ferreira           | Individual   | 01:51:58 | +22:33 | 07:28 |      |
| 20   | 3277 | Ricardo Santos               | Team P. Moles  | 01:52:03 | +22:38 | 07:28 |      |
| 21   | 3190 | Nelson Silva                 | Individual   | 01:52:19 | +22:54 | 07:29 |      |
| 22   | 3218 | José António Ramalho         | Individual   | 01:52:38 | +23:13 | 07:31 |      |
| 23   | 3206 | Paulo Carvalho               | Individual   | 01:53:00 | +23:35 | 07:32 |      |
| 24   | 3261 | Gonçalo Marques              | Saca Trilhos Anadia                                  | 01:53:01 | +23:36 | 07:32 |      |
| 25   | 3027 | Cláudio dias                 | ARCAR TEAM / Trail do Vale                           | 01:53:01 | +23:36 | 07:32 |      |
| 26   | 3269 | Rui Dias                     | SCFZ Trail Runners                                   | 01:54:09 | +24:44 | 07:37 |      |
| 27   | 3202 | Jorge Ribeiro                | Chitas de Alcobaça                                   | 01:54:39 | +25:14 | 07:39 |      |
| 28   | 3049 | Manix santos                 | Chitas de Alcobaça                                   | 01:56:55 | +27:30 | 07:48 |      |
| 29   | 3063 | Eugénia Izaías               | Federação da Família para a Paz Mundial e Unificação | 01:57:41 | +28:16 | 07:51 |      |
| 30   | 3258 | Miguel Sousa Lopes           | rusty team   | 01:58:21 | +28:56 | 07:53 |      |
| 31   | 3102 | Zé Pedro                     | Individual   | 01:58:33 | +29:08 | 07:54 |      |
| 32   | 3217 | Jorge Santos                 | Individual   | 02:00:15 | +30:50 | 08:01 |      |
| 33   | 3264 | José Duarte Ferreira Pacheco | Saca Trilhos Anadia                                  | 02:00:29 | +31:04 | 08:02 |      |
| 34   | 3154 | Nelson Luz                   | Individual   | 02:01:17 | +31:52 | 08:05 |      |
| 35   | 3149 | João Paiva                   | Individual   | 02:01:43 | +32:18 | 08:07 |      |
| 36   | 3047 | Evaristo Bernardes Machado   | Chitas de Alcobaça                                   | 02:02:06 | +32:41 | 08:08 |      |
| 37   | 3220 | Paulo Ramos                  | Individual   | 02:02:11 | +32:46 | 08:09 |      |
| 38   | 3015 | Tiago Reis                   | ALEBS - SA   | 02:02:30 | +33:05 | 08:10 |      |
| 39   | 3089 | Diogo Carrilho               | Individual   | 02:02:38 | +33:13 | 08:11 |      |
| 40   | 3194 | Pedro Vitorino               | Individual   | 02:02:46 | +33:21 | 08:11 |      |
| 41   | 3094 | Luís Manuel Domingues Rosa   | Individual   | 02:03:12 | +33:47 | 08:13 |      |

## MINI TRAIL 15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB  | NAME                         | TEAM                                     | RESULT   | DIFF   | t/KM  | CARD |
|------|------|------------------------------|--|----------|--------|-------|------|
| 42   | 3272 | Nuno Seabra                  | SCFZ Trail Runners                       | 02:04:08 | +34:43 | 08:17 |      |
| 43   | 3233 | Carla Santos                 | N FIT PROJECT GÓIS                       | 02:04:13 | +34:48 | 08:17 |      |
| 44   | 3189 | marco vicente                | Individual                               | 02:04:25 | +35:00 | 08:18 |      |
| 45   | 3011 | Paulo Madeira                | Adões Trail                              | 02:05:15 | +35:50 | 08:21 |      |
| 46   | 3222 | Pedro Barros                 | Matrix de Harris                         | 02:05:22 | +35:57 | 08:21 |      |
| 47   | 3294 | jose marques                 | tudo corre alvaiazere                    | 02:05:51 | +36:26 | 08:23 |      |
| 48   | 3097 | Pedro Mendes Pereira         | Individual                               | 02:06:03 | +36:38 | 08:24 |      |
| 49   | 3239 | Ana Pereira                  | OPraticante.pt                           | 02:06:45 | +37:20 | 08:27 |      |
| 50   | 3113 | Raquel Aguiar Sá             | Individual                               | 02:06:51 | +37:26 | 08:27 |      |
| 51   | 3093 | Hugo Brígido                 | Individual                               | 02:07:55 | +38:30 | 08:32 |      |
| 52   | 3207 | Tiago Costa                  | Individual                               | 02:08:43 | +39:18 | 08:35 |      |
| 53   | 3040 | João Fernandes               | Caracol Trail Team                       | 02:08:48 | +39:23 | 08:35 |      |
| 54   | 2098 | João Pereira                 | FIDELIDADE GDC                           | 02:10:47 | +41:22 | 08:43 |      |
| 55   | 3068 | Inês Duarte                  | Grupeta Running Team                     | 02:11:23 | +41:58 | 08:46 |      |
| 56   | 3253 | Jorge Cartaxo                | RUN2EAT                                  | 02:12:49 | +43:24 | 08:51 |      |
| 57   | 3216 | João Gouveia                 | Individual                               | 02:13:11 | +43:46 | 08:53 |      |
| 58   | 3035 | Louis Branco                 | Asas nos Pés                             | 02:13:23 | +43:58 | 08:54 |      |
| 59   | 3123 | Daniela Moreira              | Individual                               | 02:13:32 | +44:07 | 08:54 |      |
| 60   | 3256 | Luis Lopes                   | RUN2EAT                                  | 02:13:34 | +44:09 | 08:54 |      |
| 61   | 3029 | Filipe Costa                 | ARCAR TEAM / Trail do Vale               | 02:13:51 | +44:26 | 08:55 |      |
| 62   | 3098 | Rafael Henriques             | Individual                               | 02:14:04 | +44:39 | 08:56 |      |
| 63   | 3125 | Iva Filipa Melo Freitas      | Individual                               | 02:14:08 | +44:43 | 08:57 |      |
| 64   | 3180 | Hugo Chéu                    | Individual                               | 02:14:50 | +45:25 | 08:59 |      |
| 65   | 2034 | David Botequim               | Asas nos Pés                             | 02:15:16 | +45:51 | 09:01 |      |
| 66   | 3198 | tiago simoes                 | Individual                               | 02:15:35 | +46:10 | 09:02 |      |
| 67   | 3153 | Martinho Botelho             | Individual                               | 02:15:36 | +46:11 | 09:02 |      |
| 68   | 3276 | Cris Teixeira                | Talentos Objetivos                       | 02:16:21 | +46:56 | 09:05 |      |
| 69   | 3013 | Paulo Levada                 | Agroal Trail Team                        | 02:16:28 | +47:03 | 09:06 |      |
| 70   | 3197 | Rui Miguel Pinho Silva       | Individual                               | 02:16:32 | +47:07 | 09:06 |      |
| 71   | 3174 | Sérgio Miguel                | Individual                               | 02:16:33 | +47:08 | 09:06 |      |
| 72   | 3072 | Helder Rodrigues             | Grupeta Running Team                     | 02:16:36 | +47:11 | 09:06 |      |
| 73   | 3172 | Ricardo Freire               | Individual                               | 02:16:37 | +47:12 | 09:06 |      |
| 74   | 3016 | Hugo Silva                   | ALEBS - SA                               | 02:16:39 | +47:14 | 09:07 |      |
| 75   | 3127 | Milene Fragoso               | Individual                               | 02:16:44 | +47:19 | 09:07 |      |
| 76   | 3238 | Sandra Rodrigues             | OCS - Arrábida Trail Team                | 02:16:46 | +47:21 | 09:07 |      |
| 77   | 3275 | Jose Luis Martins            | Slowrunners                              | 02:17:18 | +47:53 | 09:09 |      |
| 78   | 3045 | Ana Filipa Conde             | Chitas de Alcobaça                       | 02:17:25 | +48:00 | 09:10 |      |
| 79   | 3044 | Célia Gomes                  | Chitas de Alcobaça                       | 02:17:25 | +48:00 | 09:10 |      |
| 80   | 3048 | Joel Coelho                  | Chitas de Alcobaça                       | 02:17:25 | +48:00 | 09:10 |      |
| 81   | 3081 | Inês Simões Sousa            | Grupo Recreativo Janz e Associados       | 02:17:38 | +48:13 | 09:11 |      |
| 82   | 3023 | Eurico Mendes                | Amigos & Petiscos                        | 02:17:46 | +48:21 | 09:11 |      |
| 83   | 3169 | Nuno Barata                  | Individual                               | 02:17:51 | +48:26 | 09:11 |      |
| 84   | 3050 | Tânia Filipa Freitas Azevedo | Clube de Atletismo de Ferreira do Zêzere | 02:18:02 | +48:37 | 09:12 |      |
| 85   | 3058 | Carlos Mendes                | CUMIBROA RUNNING TEAM                    | 02:18:12 | +48:47 | 09:13 |      |
| 86   | 3181 | Hugo Pires                   | Individual                               | 02:19:04 | +49:39 | 09:16 |      |
| 87   | 3152 | Marco Micael gomes Rodrigues | Individual                               | 02:21:04 | +51:39 | 09:24 |      |





**MINI TRAIL 15K - STAGE 1**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB  | NAME                            | TEAM                                | RESULT   | DIFF      | t/KM  | CARD |
|------|------|---------------------------------|-------------------------------------|----------|-----------|-------|------|
| 179  | 3146 | Rosário Ramos                   | Individual                          | 02:51:54 | +01:22:29 | 11:28 |      |
| 180  | 3150 | Manuel Correia                  | Individual                          | 02:52:18 | +01:22:53 | 11:29 |      |
| 181  | 3112 | Marta Mestre                    | Individual                          | 02:52:37 | +01:23:12 | 11:30 |      |
| 182  | 3042 | Paula Cristina Soares Guerreiro | CDR AGUIAS UNIDAS                   | 02:52:40 | +01:23:15 | 11:31 |      |
| 183  | 3043 | António Manuel cabral Ribeiro   | CDR AGUIAS UNIDAS                   | 02:52:53 | +01:23:28 | 11:32 |      |
| 184  | 3052 | Andreia Batista                 | COA/CORVUS TRAIL TEAM               | 02:53:04 | +01:23:39 | 11:32 |      |
| 185  | 3009 | Elsa Henriques                  | ADERRUN                             | 02:53:24 | +01:23:59 | 11:34 |      |
| 186  | 3270 | Liliana Figueiredo              | SCFZ Trail Runners                  | 02:54:50 | +01:25:25 | 11:39 |      |
| 187  | 3034 | Patricia Ipe                    | Asas nos Pés                        | 02:55:03 | +01:25:38 | 11:40 |      |
| 188  | 3209 | Joaquim Pepe Roque              | Individual                          | 02:55:28 | +01:26:03 | 11:42 |      |
| 189  | 3283 | Cláudia Pedrosa                 | Trailers                            | 02:56:11 | +01:26:46 | 11:45 |      |
| 190  | 3274 | Sónia Borrego                   | Slowrunners                         | 02:56:23 | +01:26:58 | 11:46 |      |
| 191  | 3227 | rosa matos                      | Miro Trail                          | 02:56:36 | +01:27:11 | 11:46 |      |
| 192  | 3032 | Élia Gonçalves                  | As 4 em Linha                       | 02:57:17 | +01:27:52 | 11:49 |      |
| 193  | 3252 | Mariana Dinis                   | RUN2EAT                             | 02:58:39 | +01:29:14 | 11:55 |      |
| 194  | 3255 | Rita Souto                      | RUN2EAT                             | 02:58:40 | +01:29:15 | 11:55 |      |
| 195  | 3221 | Mónica Rosa                     | Mar_team_chel                       | 02:59:02 | +01:29:37 | 11:56 |      |
| 196  | 3223 | Sara Duarte                     | Miro Trail                          | 02:59:07 | +01:29:42 | 11:56 |      |
| 197  | 3024 | Joana Laranjeira                | Amigos do Atletismo de Mafra        | 02:59:27 | +01:30:02 | 11:58 |      |
| 198  | 3246 | Rui Pastor                      | PASTOR RACING                       | 02:59:32 | +01:30:07 | 11:58 |      |
| 199  | 3059 | José Graça                      | Dialgest & SerrasConsulting         | 03:00:03 | +01:30:38 | 12:00 |      |
| 200  | 3193 | Paulo Gomes                     | Individual                          | 03:02:15 | +01:32:50 | 12:09 |      |
| 201  | 3165 | João Vieira Dias                | Individual                          | 03:02:35 | +01:33:10 | 12:10 |      |
| 202  | 3192 | Paulo Fernandes                 | Individual                          | 03:02:35 | +01:33:10 | 12:10 |      |
| 203  | 3065 | Natalia Cardoso Fernandes       | FIDELIDADE GDC                      | 03:02:35 | +01:33:10 | 12:10 |      |
| 204  | 3177 | Anselmo Dias da Luz             | Individual                          | 03:02:43 | +01:33:18 | 12:11 |      |
| 205  | 3273 | Daniel Garizo                   | SCFZ Trail Runners                  | 03:03:30 | +01:34:05 | 12:14 |      |
| 206  | 3017 | Cristina Filipe                 | Alverca Urban Runners               | 03:03:43 | +01:34:18 | 12:15 |      |
| 207  | 3085 | Margarida Domingos              | Individual                          | 03:04:40 | +01:35:15 | 12:19 |      |
| 208  | 3226 | Sílvia Pedro                    | Miro Trail                          | 03:05:24 | +01:35:59 | 12:22 |      |
| 209  | 3132 | Paula Pedro                     | Individual                          | 03:06:28 | +01:37:03 | 12:26 |      |
| 210  | 3178 | Diogo Portela                   | Individual                          | 03:06:59 | +01:37:34 | 12:28 |      |
| 211  | 3077 | Catarina Pinto                  | Grupo desportivo do Pinheiro Grande | 03:08:41 | +01:39:16 | 12:35 |      |
| 212  | 3138 | Florbela Ramalho                | Individual                          | 03:08:55 | +01:39:30 | 12:36 |      |
| 213  | 3076 | Susana Rodrigues                | Grupo de Cicloturismo Barquinense   | 03:10:58 | +01:41:33 | 12:44 |      |
| 214  | 3002 | Carla Marques                   | À pala da cueca                     | 03:11:01 | +01:41:36 | 12:44 |      |
| 215  | 3234 | Jacqueline Hodgson              | N FIT PROJECT GÓIS                  | 03:11:19 | +01:41:54 | 12:45 |      |
| 216  | 3129 | Ana Neves                       | Individual                          | 03:12:18 | +01:42:53 | 12:49 |      |
| 217  | 3107 | Cátia Marçal                    | Individual                          | 03:16:31 | +01:47:06 | 13:06 |      |
| 218  | 3073 | Paulo Soeiro                    | Grupeta Running Team                | 03:16:41 | +01:47:16 | 13:07 |      |
| 219  | 3231 | Teresa Reis                     | Montes Saloios Trail Team           | 03:17:06 | +01:47:41 | 13:08 |      |
| 220  | 3242 | Diogo Arraias                   | Os Arraias                          | 03:20:08 | +01:50:43 | 13:21 |      |
| 221  | 3115 | Vanessa Duarte                  | Individual                          | 03:23:08 | +01:53:43 | 13:33 |      |
| 222  | 3183 | Jorge Tavares                   | Individual                          | 03:23:09 | +01:53:44 | 13:33 |      |
| 223  | 3057 | Carlos Ferreira                 | Constância Mountain Runners         | 03:24:00 | +01:54:35 | 13:36 |      |
| 224  | 3056 | Isabel Magano                   | Constância Mountain Runners         | 03:26:25 | +01:57:00 | 13:46 |      |

**MINI TRAIL 15K - STAGE 1**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB  | NAME                         | TEAM                        | RESULT   | DIFF      | t/KM  | CARD |
|------|------|------------------------------|-----------------------------|----------|-----------|-------|------|
| 225  | 3215 | Eduardo custodio de oliveira | Individual                  | 03:28:09 | +01:58:44 | 13:53 |      |
| 226  | 3019 | Alexadre Barreira            | AMBI                        | 03:29:01 | +01:59:36 | 13:56 |      |
| 227  | 3018 | Ana Rita Ramoa               | AMBI                        | 03:29:03 | +01:59:38 | 13:56 |      |
| 228  | 3055 | Helena Teixeira              | Constância Mountain Runners | 03:29:07 | +01:59:42 | 13:56 |      |
| 229  | 3074 | António Lopes                | Grupeta Running Team        | 03:29:14 | +01:59:49 | 13:57 |      |
| 230  | 3244 | Manuel Machado               | Os MatrecoS                 | 03:31:12 | +02:01:47 | 14:05 |      |
| 231  | 3225 | Célia Carvalho               | MIRO TRAIL                  | 03:31:21 | +02:01:56 | 14:05 |      |
| 232  | 3224 | Alice Coelho                 | MIRO TRAIL                  | 03:31:21 | +02:01:56 | 14:05 |      |
| 233  | 2267 | João Faria                   | Os MatrecoS                 | 03:33:52 | +02:04:27 | 14:15 |      |
| 234  | 3145 | Ilda Matos                   | Individual                  | 03:36:54 | +02:07:29 | 14:28 |      |
| 235  | 3120 | Carina Bexiga                | Individual                  | 03:39:27 | +02:10:02 | 14:38 |      |
| 236  | 3031 | Olga Dias                    | As 4 em Linha               | 03:50:36 | +02:21:11 | 15:22 |      |
| 237  | 3208 | António Joaquim              | Individual                  | 03:59:34 | +02:30:09 | 15:58 |      |
| 238  | 3082 | Gonçalo Marmelo              | Individual                  | 04:15:14 | +02:45:49 | 17:01 |      |
| 239  | 3248 | ANA RAQUEL MELO MARTINS      | RUN BABY RUN                | 04:15:15 | +02:45:50 | 17:01 |      |

**Mini Trail 15K**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:30 | 13.7°C      | 100%     |
| End   | 17:44 | 13.7°C      | 100%     |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | ↑/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

**Juvenil Feminino**

|   |      |                   |                               |                  |          |  |       |
|---|------|-------------------|-------------------------------|------------------|----------|--|-------|
| 1 | 3039 | Mariana Calatróia | C. D. "Os Águias" de Alpiarça | Juvenil Feminino | 02:37:02 |  | 10:28 |
|---|------|-------------------|-------------------------------|------------------|----------|--|-------|

**Juvenil Masculino**

|   |      |                 |            |                   |          |  |       |
|---|------|-----------------|------------|-------------------|----------|--|-------|
| 1 | 3082 | Gonçalo Marmelo | Individual | Juvenil Masculino | 04:15:14 |  | 17:01 |
|---|------|-----------------|------------|-------------------|----------|--|-------|

**Senior Feminino**

|   |      |                    |                    |                 |          |        |       |
|---|------|--------------------|--------------------|-----------------|----------|--------|-------|
| 1 | 3239 | Ana Pereira        | OPraticante.pt     | Senior Feminino | 02:06:45 |        | 08:27 |
| 2 | 3003 | Flávia Madeira     | Academia 100%      | Senior Feminino | 02:28:07 | +21:22 | 09:52 |
| 3 | 3268 | Inês Mendes Penim  | SCFZ Trail Runners | Senior Feminino | 02:35:58 | +29:12 | 10:24 |
| 4 | 3084 | LAURA MARQUES      | Individual         | Senior Feminino | 02:39:21 | +32:35 | 10:37 |
| 5 | 3087 | Tatiana Soto       | Individual         | Senior Feminino | 02:40:52 | +34:06 | 10:43 |
| 6 | 3252 | Mariana Dinis      | RUN2EAT            | Senior Feminino | 02:58:39 | +51:53 | 11:55 |
| 7 | 3221 | Mónica Rosa        | Mar_team_chel      | Senior Feminino | 02:59:02 | +52:16 | 11:56 |
| 8 | 3223 | Sara Duarte        | Miro Trail         | Senior Feminino | 02:59:07 | +52:21 | 11:56 |
| 9 | 3085 | Margarida Domingos | Individual         | Senior Feminino | 03:04:40 | +57:54 | 12:19 |

**Senior Masculino**

|    |      |                            |                             |                  |          |           |       |
|----|------|----------------------------|-----------------------------|------------------|----------|-----------|-------|
| 1  | 3092 | Flavio Boto                | Individual                  | Senior Masculino | 01:30:57 |           | 06:04 |
| 2  | 3101 | Ruben Vicente              | Individual                  | Senior Masculino | 01:40:23 | +09:25    | 06:42 |
| 3  | 3232 | Tiago Bandeira             | N FIT PROJECT GÓIS          | Senior Masculino | 01:45:54 | +14:57    | 07:04 |
| 4  | 3100 | Rodrigo Jesus              | Individual                  | Senior Masculino | 01:50:17 | +19:19    | 07:21 |
| 5  | 3027 | Cláudio dias               | ARCAR TEAM / Trail do Vale  | Senior Masculino | 01:53:01 | +22:04    | 07:32 |
| 6  | 3269 | Rui Dias                   | SCFZ Trail Runners          | Senior Masculino | 01:54:09 | +23:12    | 07:37 |
| 7  | 3102 | Zé Pedro                   | Individual                  | Senior Masculino | 01:58:33 | +27:36    | 07:54 |
| 8  | 3089 | Diogo Carrilho             | Individual                  | Senior Masculino | 02:02:38 | +31:41    | 08:11 |
| 9  | 3094 | Lúis Manuel Domingues Rosa | Individual                  | Senior Masculino | 02:03:12 | +32:15    | 08:13 |
| 10 | 3097 | Pedro Mendes Pereira       | Individual                  | Senior Masculino | 02:06:03 | +35:05    | 08:24 |
| 11 | 3093 | Hugo Brígido               | Individual                  | Senior Masculino | 02:07:55 | +36:58    | 08:32 |
| 12 | 3253 | Jorge Cartaxo              | RUN2EAT                     | Senior Masculino | 02:12:49 | +41:51    | 08:51 |
| 13 | 3098 | Rafael Henriques           | Individual                  | Senior Masculino | 02:14:04 | +43:06    | 08:56 |
| 14 | 3028 | Gonçalo Henriques          | ARCAR TEAM / TRAIL DO VALE  | Senior Masculino | 02:23:48 | +52:50    | 09:35 |
| 15 | 3054 | Eduardo Crespo             | Constância Mountain Runners | Senior Masculino | 02:26:16 | +55:18    | 09:45 |
| 16 | 3091 | Fábio Santos               | Individual                  | Senior Masculino | 02:27:33 | +56:35    | 09:50 |
| 17 | 3095 | Marco Cotrim               | Individual                  | Senior Masculino | 02:27:34 | +56:36    | 09:50 |
| 18 | 3090 | Edgar Godinho              | Individual                  | Senior Masculino | 02:33:16 | +01:02:18 | 10:13 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 1 / 7 | generate 18-Nov-2023 20:04 |
|-----------------------------|-------|----------------------------|

**Mini Trail 15K**

**15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|    |      |            |                              |                  |          |           |       |
|----|------|------------|------------------------------|------------------|----------|-----------|-------|
| 19 | 3059 | José Graça | Dialogest & SerrasConsulting | Senior Masculino | 03:00:03 | +01:29:06 | 12:00 |
|----|------|------------|------------------------------|------------------|----------|-----------|-------|

**Sub 23 Masculino**

|   |      |                        |            |                  |          |  |       |
|---|------|------------------------|------------|------------------|----------|--|-------|
| 1 | 3103 | Fábio José Mendes Braz | Individual | Sub 23 Masculino | 02:35:16 |  | 10:21 |
|---|------|------------------------|------------|------------------|----------|--|-------|

**Veterana F35**

|    |      |                                |  |              |          |           |       |
|----|------|--------------------------------|--|--------------|----------|-----------|-------|
| 1  | 3233 | Carla Santos                   | N FIT PROJECT GÓIS                       | Veterana F35 | 02:04:13 |           | 08:17 |
| 2  | 3113 | Raquel Aguiar Sá               | Individual                               | Veterana F35 | 02:06:51 | +02:37    | 08:27 |
| 3  | 3044 | Célia Gomes                    | Chitas de Alcobaça                       | Veterana F35 | 02:17:25 | +13:12    | 09:10 |
| 4  | 3081 | Inês Simões Sousa              | Grupo Recreativo Janz e Associados       | Veterana F35 | 02:17:38 | +13:25    | 09:11 |
| 5  | 3050 | Tânia Filipa Freitas Azevedo   | Clube de Atletismo de Ferreira do Zêzere | Veterana F35 | 02:18:02 | +13:49    | 09:12 |
| 6  | 3014 | Filipa Costa Vicente           | ALEBS - SA                               | Veterana F35 | 02:21:46 | +17:33    | 09:27 |
| 7  | 3005 | Rita Coelho                    | Academia 100%                            | Veterana F35 | 02:25:42 | +21:29    | 09:43 |
| 8  | 3114 | Sofia Semedo Coelho            | Individual                               | Veterana F35 | 02:32:09 | +27:56    | 10:09 |
| 9  | 3004 | Filipa Cristina Costa Ferreira | Academia 100%                            | Veterana F35 | 02:32:14 | +28:00    | 10:09 |
| 10 | 3111 | Madeleine de Rooij             | Individual                               | Veterana F35 | 02:32:40 | +28:27    | 10:11 |
| 11 | 3106 | Ana Rita da Silva Alves        | Individual                               | Veterana F35 | 02:33:01 | +28:47    | 10:12 |
| 12 | 3117 | Vânia Valente                  | Individual                               | Veterana F35 | 02:34:58 | +30:45    | 10:20 |
| 13 | 3109 | Daniela Chambel                | Individual                               | Veterana F35 | 02:37:00 | +32:46    | 10:28 |
| 14 | 3110 | Lucinda Alves Neves            | Individual                               | Veterana F35 | 02:38:27 | +34:14    | 10:34 |
| 15 | 3243 | Sara Quitéria                  | Os MatrecoS                              | Veterana F35 | 02:42:20 | +38:07    | 10:49 |
| 16 | 3288 | Diana Vieira                   | Tsumommies                               | Veterana F35 | 02:43:33 | +39:19    | 10:54 |
| 17 | 3108 | Cláudia Domingos               | Individual                               | Veterana F35 | 02:45:16 | +41:03    | 11:01 |
| 18 | 3006 | Tânia Santos                   | Academia 100%                            | Veterana F35 | 02:48:26 | +44:12    | 11:14 |
| 19 | 3112 | Marta Mestre                   | Individual                               | Veterana F35 | 02:52:37 | +48:23    | 11:30 |
| 20 | 3270 | Liliana Figueiredo             | SCFZ Trail Runners                       | Veterana F35 | 02:54:50 | +50:37    | 11:39 |
| 21 | 3034 | Patricia Ipe                   | Asas nos Pés                             | Veterana F35 | 02:55:03 | +50:50    | 11:40 |
| 22 | 3255 | Rita Souto                     | RUN2EAT                                  | Veterana F35 | 02:58:40 | +54:27    | 11:55 |
| 23 | 3024 | Joana Laranjeira               | Amigos do Atletismo de Maфра             | Veterana F35 | 02:59:27 | +55:14    | 11:58 |
| 24 | 3107 | Cátia Marçal                   | Individual                               | Veterana F35 | 03:16:31 | +01:12:17 | 13:06 |
| 25 | 3115 | Vanessa Duarte                 | Individual                               | Veterana F35 | 03:23:08 | +01:18:55 | 13:33 |
| 26 | 3018 | Ana Rita Ramoa                 | AMBI                                     | Veterana F35 | 03:29:03 | +01:24:50 | 13:56 |

**Veterana F40**

|   |      |                         |                      |              |          |        |       |
|---|------|-------------------------|----------------------|--------------|----------|--------|-------|
| 1 | 3068 | Inês Duarte             | Grupeta Running Team | Veterana F40 | 02:11:23 |        | 08:46 |
| 2 | 3123 | Daniela Moreira         | Individual           | Veterana F40 | 02:13:32 | +02:09 | 08:54 |
| 3 | 3125 | Iva Filipa Melo Freitas | Individual           | Veterana F40 | 02:14:08 | +02:45 | 08:57 |
| 4 | 3276 | Cris Teixeira           | Talentos Objetivos   | Veterana F40 | 02:16:21 | +04:58 | 09:05 |
| 5 | 3127 | Milene Fragoso          | Individual           | Veterana F40 | 02:16:44 | +05:21 | 09:07 |





### Mini Trail 15K

### 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|    |      |                         |              |              |          |           |       |
|----|------|-------------------------|--------------|--------------|----------|-----------|-------|
| 11 | 3224 | Alice Coelho            | MIRO TRAIL   | Veterana F50 | 03:31:21 | +01:14:35 | 14:05 |
| 12 | 3248 | ANA RAQUEL MELO MARTINS | RUN BABY RUN | Veterana F50 | 04:15:15 | +01:58:29 | 17:01 |

### Veterana F55

|   |      |                       |                       |              |          |           |       |
|---|------|-----------------------|-----------------------|--------------|----------|-----------|-------|
| 1 | 3188 | Maria Glória Ferreira | Chitas de Alcobaça    | Veterana F55 | 02:25:06 |           | 09:40 |
| 2 | 3141 | Alice Santos          | Individual            | Veterana F55 | 02:38:44 | +13:38    | 10:35 |
| 3 | 3017 | Cristina Filipe       | Alverca Urban Runners | Veterana F55 | 03:03:43 | +38:37    | 12:15 |
| 4 | 3226 | Sílvia Pedro          | Miro Trail            | Veterana F55 | 03:05:24 | +40:17    | 12:22 |
| 5 | 3234 | Jacqueline Hodgson    | N FIT PROJECT GÓIS    | Veterana F55 | 03:11:19 | +46:13    | 12:45 |
| 6 | 3225 | Célia Carvalho        | MIRO TRAIL            | Veterana F55 | 03:31:21 | +01:06:15 | 14:05 |
| 7 | 3145 | Ilda Matos            | Individual            | Veterana F55 | 03:36:54 | +01:11:48 | 14:28 |

### Veterana F60

|   |      |                |  |              |          |        |       |
|---|------|----------------|--|--------------|----------|--------|-------|
| 1 | 3063 | Eugénia Izaías | Federação da Família para a Paz Mundial e Unificação | Veterana F60 | 01:57:41 |        | 07:51 |
| 2 | 3146 | Rosário Ramos  | Individual   | Veterana F60 | 02:51:54 | +54:12 | 11:28 |
| 3 | 3227 | rosa matos     | Miro Trail   | Veterana F60 | 02:56:36 | +58:54 | 11:46 |

### Veterano M35

|    |      |                              |                             |              |          |           |       |
|----|------|------------------------------|-----------------------------|--------------|----------|-----------|-------|
| 1  | 3007 | Hélder Melo                  | ACPortalegre/UTSM           | Veterano M35 | 01:38:43 |           | 06:35 |
| 2  | 3236 | Renato Adelino               | N FIT PROJECT GÓIS          | Veterano M35 | 01:43:04 | +04:20    | 06:52 |
| 3  | 3235 | Hugo Santos                  | N FIT PROJECT GÓIS          | Veterano M35 | 01:43:20 | +04:36    | 06:53 |
| 4  | 3157 | Tiago Russo                  | Individual                  | Veterano M35 | 01:44:41 | +05:58    | 06:59 |
| 5  | 3151 | Marco Ferreira               | Individual                  | Veterano M35 | 01:45:44 | +07:01    | 07:03 |
| 6  | 3022 | Leonardo Guapo               | Amigos & Petiscos           | Veterano M35 | 01:50:27 | +11:43    | 07:22 |
| 7  | 3148 | Antonio Torres               | Individual                  | Veterano M35 | 01:51:00 | +12:16    | 07:24 |
| 8  | 3147 | ANTÓNIO EMÍDIO               | Individual                  | Veterano M35 | 01:51:34 | +12:50    | 07:26 |
| 9  | 3261 | Gonçalo Marques              | Saca Trilhos Anadia         | Veterano M35 | 01:53:01 | +14:17    | 07:32 |
| 10 | 3154 | Nelson Luz                   | Individual                  | Veterano M35 | 02:01:17 | +22:34    | 08:05 |
| 11 | 3149 | João Paiva                   | Individual                  | Veterano M35 | 02:01:43 | +23:00    | 08:07 |
| 12 | 3015 | Tiago Reis                   | ALEBS - SA                  | Veterano M35 | 02:02:30 | +23:47    | 08:10 |
| 13 | 3040 | João Fernandes               | Caracol Trail Team          | Veterano M35 | 02:08:48 | +30:05    | 08:35 |
| 14 | 2098 | João Pereira                 | FIDELIDADE GDC              | Veterano M35 | 02:10:47 | +32:03    | 08:43 |
| 15 | 3256 | Luis Lopes                   | RUN2EAT                     | Veterano M35 | 02:13:34 | +34:50    | 08:54 |
| 16 | 3153 | Martinho Botelho             | Individual                  | Veterano M35 | 02:15:36 | +36:53    | 09:02 |
| 17 | 3152 | Marco Micael gomes Rodrigues | Individual                  | Veterano M35 | 02:21:04 | +42:21    | 09:24 |
| 18 | 3156 | Rogério Mendes               | Individual                  | Veterano M35 | 02:23:49 | +45:06    | 09:35 |
| 19 | 3070 | Miguel Ramalho               | Grupeta Running Team        | Veterano M35 | 02:32:12 | +53:28    | 10:09 |
| 20 | 3060 | Nuno Fatinha                 | Dialgest & SerrasConsulting | Veterano M35 | 02:41:22 | +01:02:38 | 10:45 |
| 21 | 3155 | Roberto Barata               | Individual                  | Veterano M35 | 02:45:16 | +01:06:33 | 11:01 |
| 22 | 3150 | Manuel Correia               | Individual                  | Veterano M35 | 02:52:18 | +01:13:35 | 11:29 |

### Mini Trail 15K

### 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

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|    |      |                   |      |              |          |           |       |
|----|------|-------------------|------|--------------|----------|-----------|-------|
| 23 | 3019 | Alexadre Barreira | AMBI | Veterano M35 | 03:29:01 | +01:50:18 | 13:56 |
|----|------|-------------------|------|--------------|----------|-----------|-------|

### Veterano M40

|    |      |                                    |                            |              |          |           |       |
|----|------|------------------------------------|----------------------------|--------------|----------|-----------|-------|
| 1  | 3262 | Celso Moiteiro                     | Saca Trilhos Anadia        | Veterano M40 | 01:29:25 |           | 05:58 |
| 2  | 3166 | Jorge Garrido                      | Individual                 | Veterano M40 | 01:33:28 | +04:02    | 06:14 |
| 3  | 3293 | Luis Ribeiro                       | Tsumommies                 | Veterano M40 | 01:49:04 | +19:38    | 07:16 |
| 4  | 3168 | Mário Rui Ferreira                 | Individual                 | Veterano M40 | 01:51:58 | +22:33    | 07:28 |
| 5  | 3258 | Miguel Sousa Lopes                 | rusty team                 | Veterano M40 | 01:58:21 | +28:55    | 07:53 |
| 6  | 3035 | Louis Branco                       | Asas nos Pés               | Veterano M40 | 02:13:23 | +43:58    | 08:54 |
| 7  | 3029 | Filipe Costa                       | ARCAR TEAM / Trail do Vale | Veterano M40 | 02:13:51 | +44:26    | 08:55 |
| 8  | 2034 | David Botequim                     | Asas nos Pés               | Veterano M40 | 02:15:16 | +45:51    | 09:01 |
| 9  | 3174 | Sérgio Miguel                      | Individual                 | Veterano M40 | 02:16:33 | +47:07    | 09:06 |
| 10 | 3172 | Ricardo Freire                     | Individual                 | Veterano M40 | 02:16:37 | +47:11    | 09:06 |
| 11 | 3016 | Hugo Silva                         | ALEBS - SA                 | Veterano M40 | 02:16:39 | +47:13    | 09:07 |
| 12 | 3023 | Eurico Mendes                      | Amigos & Petiscos          | Veterano M40 | 02:17:46 | +48:21    | 09:11 |
| 13 | 3169 | Nuno Barata                        | Individual                 | Veterano M40 | 02:17:51 | +48:26    | 09:11 |
| 14 | 3058 | Carlos Mendes                      | CUMIBROA RUNNING TEAM      | Veterano M40 | 02:18:12 | +48:47    | 09:13 |
| 15 | 3162 | Élio Custódio                      | Individual                 | Veterano M40 | 02:21:09 | +51:43    | 09:25 |
| 16 | 3161 | Diogo Rodrigues                    | Individual                 | Veterano M40 | 02:21:10 | +51:45    | 09:25 |
| 17 | 3171 | Pedro Miguel Ventura Alves         | Individual                 | Veterano M40 | 02:21:43 | +52:18    | 09:27 |
| 18 | 3173 | Ruben Rodrigues                    | Individual                 | Veterano M40 | 02:21:44 | +52:19    | 09:27 |
| 19 | 3012 | PEDRO SILVA                        | Agroal Trail Team          | Veterano M40 | 02:24:50 | +55:25    | 09:39 |
| 20 | 3295 | João Dias                          | Individual                 | Veterano M40 | 02:30:00 | +01:00:35 | 10:00 |
| 21 | 3175 | Tiago Bastos                       | Individual                 | Veterano M40 | 02:35:01 | +01:05:35 | 10:20 |
| 22 | 3046 | Tiago Ramos                        | Chitas de Alcobaça         | Veterano M40 | 02:36:23 | +01:06:57 | 10:26 |
| 23 | 3164 | Ivo Alexandre Teixeira Marques     | Individual                 | Veterano M40 | 02:36:30 | +01:07:04 | 10:26 |
| 24 | 3271 | Tiago Joaquim                      | SCFZ Trail Runners         | Veterano M40 | 02:37:01 | +01:07:36 | 10:28 |
| 25 | 3280 | Carlos Marques                     | TEAM SHAOLIN               | Veterano M40 | 02:38:29 | +01:09:04 | 10:34 |
| 26 | 3167 | Luis Santos                        | Individual                 | Veterano M40 | 02:38:40 | +01:09:14 | 10:35 |
| 27 | 3170 | Paulo José Rodrigues Salgado Gomes | Individual                 | Veterano M40 | 02:45:01 | +01:15:36 | 11:00 |
| 28 | 3021 | Miguel Santos                      | Ameal trail                | Veterano M40 | 02:50:03 | +01:20:38 | 11:20 |
| 29 | 3165 | João Vieira Dias                   | Individual                 | Veterano M40 | 03:02:35 | +01:33:09 | 12:10 |

### Veterano M45

|   |      |                            |   |              |          |        |       |
|---|------|----------------------------|---|--------------|----------|--------|-------|
| 1 | 3259 | Miguel Fernandes Carvalho  | rusty team                              | Veterano M45 | 01:42:37 |        | 06:50 |
| 2 | 3287 | Jorge Ramalho              | Trilhos dos Templários / ACR Santa Cita | Veterano M45 | 01:48:57 | +06:19 | 07:16 |
| 3 | 3277 | Ricardo Santos             | Team P. Moles                           | Veterano M45 | 01:52:03 | +09:25 | 07:28 |
| 4 | 3190 | Nelson Silva               | Individual                              | Veterano M45 | 01:52:19 | +09:41 | 07:29 |
| 5 | 3047 | Evaristo Bernardes Machado | Chitas de Alcobaça                      | Veterano M45 | 02:02:06 | +19:28 | 08:08 |
| 6 | 3194 | Pedro Vitorino             | Individual                              | Veterano M45 | 02:02:46 | +20:08 | 08:11 |
| 7 | 3272 | Nuno Seabra                | SCFZ Trail Runners                      | Veterano M45 | 02:04:08 | +21:30 | 08:17 |
| 8 | 3189 | marco vicente              | Individual                              | Veterano M45 | 02:04:25 | +21:47 | 08:18 |

**Mini Trail 15K****15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|    |      |                            |                      |              |          |           |       |
|----|------|----------------------------|----------------------|--------------|----------|-----------|-------|
| 9  | 3222 | Pedro Barros               | Matrix de Harris     | Veterano M45 | 02:05:22 | +22:45    | 08:21 |
| 10 | 3180 | Hugo Chêu                  | Individual           | Veterano M45 | 02:14:50 | +32:12    | 08:59 |
| 11 | 3198 | tiago simoes               | Individual           | Veterano M45 | 02:15:35 | +32:57    | 09:02 |
| 12 | 3013 | Paulo Levada               | Agroal Trail Team    | Veterano M45 | 02:16:28 | +33:50    | 09:06 |
| 13 | 3197 | Rui Miguel Pinho Silva     | Individual           | Veterano M45 | 02:16:32 | +33:54    | 09:06 |
| 14 | 3072 | Helder Rodrigues           | Grupeta Running Team | Veterano M45 | 02:16:36 | +33:58    | 09:06 |
| 15 | 3181 | Hugo Pires                 | Individual           | Veterano M45 | 02:19:04 | +36:26    | 09:16 |
| 16 | 3186 | Luís Gonçalves             | Individual           | Veterano M45 | 02:24:24 | +41:46    | 09:38 |
| 17 | 3026 | Hugo Oliveira              | ANTeam               | Veterano M45 | 02:24:43 | +42:06    | 09:39 |
| 18 | 3187 | Luiz Caracol               | Individual           | Veterano M45 | 02:28:54 | +46:16    | 09:56 |
| 19 | 3179 | Gonçalo Loureiro           | Individual           | Veterano M45 | 02:33:05 | +50:27    | 10:12 |
| 20 | 3195 | Ricardo Ramos Pessoa       | Individual           | Veterano M45 | 02:34:06 | +51:28    | 10:16 |
| 21 | 3185 | José Martins               | Individual           | Veterano M45 | 02:35:27 | +52:49    | 10:22 |
| 22 | 3281 | Paulo Domingues            | TEAM SHAOLIN         | Veterano M45 | 02:38:31 | +55:53    | 10:34 |
| 23 | 3191 | Norberto Pedro             | Individual           | Veterano M45 | 02:38:44 | +56:06    | 10:35 |
| 24 | 2204 | Pedro Alves                | Individual           | Veterano M45 | 02:43:48 | +01:01:10 | 10:55 |
| 25 | 3184 | José Marques               | Individual           | Veterano M45 | 02:45:18 | +01:02:40 | 11:01 |
| 26 | 3182 | João Lourenço              | Individual           | Veterano M45 | 02:46:42 | +01:04:04 | 11:07 |
| 27 | 3071 | Bruno Miguel Rosa da Silva | Grupeta Running Team | Veterano M45 | 02:50:06 | +01:07:28 | 11:20 |
| 28 | 3001 | Pedro Natário              | 100 Gás Trail Team   | Veterano M45 | 02:50:26 | +01:07:49 | 11:22 |
| 29 | 3193 | Paulo Gomes                | Individual           | Veterano M45 | 03:02:15 | +01:19:37 | 12:09 |
| 30 | 3192 | Paulo Fernandes            | Individual           | Veterano M45 | 03:02:35 | +01:19:57 | 12:10 |
| 31 | 3177 | Anselmo Dias da Luz        | Individual           | Veterano M45 | 03:02:43 | +01:20:05 | 12:11 |
| 32 | 3178 | Diogo Portela              | Individual           | Veterano M45 | 03:06:59 | +01:24:22 | 12:28 |
| 33 | 3073 | Paulo Soeiro               | Grupeta Running Team | Veterano M45 | 03:16:41 | +01:34:03 | 13:07 |
| 34 | 3183 | Jorge Tavares              | Individual           | Veterano M45 | 03:23:09 | +01:40:31 | 13:33 |

**Veterano M50**

|    |      |                        |                             |              |          |           |       |
|----|------|------------------------|-----------------------------|--------------|----------|-----------|-------|
| 1  | 3263 | Egídio Alves das Neves | Saca Trilhos Anadia         | Veterano M50 | 01:50:41 |           | 07:23 |
| 2  | 3206 | Paulo Carvalho         | Individual                  | Veterano M50 | 01:53:00 | +02:19    | 07:32 |
| 3  | 3202 | Jorge Ribeiro          | Chitas de Alcobaça          | Veterano M50 | 01:54:39 | +03:57    | 07:39 |
| 4  | 3049 | Manix santos           | Chitas de Alcobaça          | Veterano M50 | 01:56:55 | +06:13    | 07:48 |
| 5  | 3011 | Paulo Madeira          | Adões Trail                 | Veterano M50 | 02:05:15 | +14:34    | 08:21 |
| 6  | 3207 | Tiago Costa            | Individual                  | Veterano M50 | 02:08:43 | +18:01    | 08:35 |
| 7  | 3048 | Joel Coelho            | Chitas de Alcobaça          | Veterano M50 | 02:17:25 | +26:43    | 09:10 |
| 8  | 3199 | Filipe Rodrigues       | Individual                  | Veterano M50 | 02:22:13 | +31:31    | 09:29 |
| 9  | 3061 | Joaquim Serras         | Dialgest & SerrasConsulting | Veterano M50 | 02:27:01 | +36:20    | 09:48 |
| 10 | 3204 | Jose Nunes             | Individual                  | Veterano M50 | 02:30:30 | +39:48    | 10:02 |
| 11 | 3203 | José Martins           | Individual                  | Veterano M50 | 02:30:35 | +39:53    | 10:02 |
| 12 | 3245 | João Azadinho          | OS PE NA COVA               | Veterano M50 | 02:44:19 | +53:37    | 10:57 |
| 13 | 3228 | Carlos Coelho          | MIRO TRAIL                  | Veterano M50 | 02:46:54 | +56:12    | 11:08 |
| 14 | 3062 | Miguel Almeida         | Domus Trail                 | Veterano M50 | 02:51:16 | +01:00:34 | 11:25 |
| 15 | 3246 | Rui Pastor             | PASTOR RACING               | Veterano M50 | 02:59:32 | +01:08:50 | 11:58 |
| 16 | 3273 | Daniel Garizo          | SCFZ Trail Runners          | Veterano M50 | 03:03:30 | +01:12:48 | 12:14 |
| 17 | 3057 | Carlos Ferreira        | Constância Mountain Runners | Veterano M50 | 03:24:00 | +01:33:18 | 13:36 |



## TEAM RESULTS - MINI TRAIL 15K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | TEAM                        | DESCRIPTION     | POINTS |
|------|-----------------------------|-----------------|--------|
| 1    | N FIT PROJECT GÓIS          | 7 + 8 + 11      | 26     |
| 2    | SACA TRILHOS ANADIA         | 1 + 16 + 24     | 41     |
| 3    | CHITAS DE ALCOBAÇA          | 28 + 36 + 78    | 142    |
| 4    | ARCAR TEAM / TRAIL DO VALE  | 25 + 61 + 96    | 182    |
| 5    | SCFZ TRAIL RUNNERS          | 26 + 42 + 132   | 200    |
| 6    | ALEBS - SA                  | 38 + 74 + 93    | 205    |
| 7    | RUN2EAT                     | 56 + 60 + 99    | 215    |
| 8    | GRUPETA RUNNING TEAM        | 55 + 72 + 103   | 230    |
| 9    | ASAS NOS PÉS                | 58 + 65 + 187   | 310    |
| 10   | TSUMOMMIES                  | 13 + 154 + 155  | 322    |
| 11   | ACADEMIA 100%               | 104 + 111 + 119 | 334    |
| 12   | DIALGEST & SERRASCONSULTING | 107 + 149 + 199 | 455    |
| 13   | AS 4 EM LINHA               | 166 + 167 + 192 | 525    |
| 14   | CONSTÂNCIA MOUNTAIN RUNNERS | 105 + 223 + 224 | 552    |
| 15   | MIRO TRAIL                  | 169 + 191 + 196 | 556    |
| 16   | OS MATRECOS                 | 151 + 230 + 233 | 614    |