Trail e Caminhada Clube Trilheiros & Amigos 2023

Paços de Ferreira, PT

19-novembro-2023

TRAIL 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	11ºC	98%
End	13:06	11ºC	98%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	184	Jose Meneses	NOCTURNOS DE PAREDES	02:08:46		05:09	
2	210	Marcelo Araújo	Tuga Mobile ADAP Trail	02:10:18	+01:32	05:13	
3	110	Nuno Miguel Ferreira Carneiro	BREAK	02:11:52	+03:06	05:16	
4	136	András Herczog	Individual	02:13:18	+04:32	05:20	
5	105	Marcos Leandro Gomes Ribeiro	ADNA - Associação Desportiva Nós Acreditamos	02:13:49	+05:03	05:21	
6	156	João Silva	Individual	02:14:40	+05:54	05:23	
7	180	Carlos Alves	NAI - Núcleo Atlético Idães	02:22:45	+13:59	05:43	
8	111	Sérgio Miguel dos Santos Pereira	BREAK	02:23:17	+14:31	05:44	
9	204	João Gomes	Tog-Associação Running Team	02:25:00	+16:14	05:48	
10	133	Gonçalo Ferreira	Grupo Desportivo Velense	02:27:06	+18:20	05:53	
11	163	Pablo Conde Estévez	Individual	02:28:46	+20:00	05:57	
12	199	Paula sofia coutinho soares	Saca Trilhos Anadia	02:28:59	+20:13	05:58	
13	103	Cristiano Brás	ADNA - Associação Desportiva Nós Acreditamos	02:29:44	+20:58	05:59	
14	154	Fernando Ribeiro	Individual	02:29:49	+21:03	06:00	
15	140	Joel Dias	Individual	02:29:52	+21:06	06:00	
16	181	Jorge Araújo	NAI - Núcleo Atlético Idães	02:30:53	+22:07	06:02	
17	121	Carlos Silva	CLUBE TRILHEIROS & AMIGOS	02:32:00	+23:14	06:05	
18	124	Adérito Oliveira	Dá-lhe Gás Trail Team Fisioduo	02:32:01	+23:15	06:05	
19	185	Vitor Ferreira	Nova Linha Trail Runners	02:32:23	+23:37	06:06	
20	176	Gilberto costa	JAVALIS100LIMITES	02:32:43	+23:57	06:07	
21	143	Paulo Santos	Individual	02:32:52	+24:06	06:07	
22	139	Joaquim Duarte	Individual	02:33:32	+24:46	06:08	
23	102	Bruno Pereira	ADNA - Associação Desportiva Nós Acreditamos	02:33:36	+24:50	06:09	
24	104	Fábio Júnio Gonçalves da Silva	ADNA - Associação Desportiva Nós Acreditamos	02:33:50	+25:04	06:09	
25	125	António Teles	Dá-lhe Gás Trail Team Fisioduo	02:34:36	+25:50	06:11	
26	142	Luís Carlos Alves Martins	Individual	02:35:14	+26:28	06:13	
27	183	FERNANDO ALMEIDA	NOCTURNOS DE PAREDES	02:36:14	+27:28	06:15	
28	107	Ricardo Sousa	Bota para lá e Siiigaaa	02:36:43	+27:57	06:16	
29	203	Nuno Silva	The Newbies	02:37:03	+28:17	06:17	
30	213	Bruno	Amigos 100 Limites	02:39:04	+30:18	06:22	
31	200	Ricardo Machado	Sport Clube Freamunde	02:39:12	+30:26	06:22	
32	138	Daniel Ribeiro	Individual	02:41:00	+32:14	06:26	
33	194	José Nunes	Pó Reforço Trail Team	02:41:15	+32:29	06:27	
34	166	Sérgio Moreira	Individual	02:41:17	+32:31	06:27	
35	123	José Duarte	Coronado runners	02:42:30	+33:44	06:30	
36	144	Ricardo Carneiro	Individual	02:43:26	+34:40	06:32	
37	190	Joaquim pinto	paços runners	02:43:42	+34:56	06:33	
38	195	Miguel Sousa	Pó Reforço Trail Team	02:44:53	+36:07	06:36	
39	158	Júlio Duarte Moreira Martins da Silva	Individual	02:45:45	+36:59	06:38	
40	126	Carlos Prudêncio	Dá-lhe Gás Trail Team Fisioduo	02:46:33	+37:47	06:40	
41	187	Agostinho Costa	paços runners	02:46:42	+37:56	06:40	

TRAIL 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	196	Ricardo Leal	Pó Reforço Trail Team	02:47:39	+38:53	06:42	
43	197	Antonio Silva	Pó Reforço Trail Team	02:47:57	+39:11	06:43	
44	109	Fernando Miguel Azevedo Portela	BREAK	02:48:52	+40:06	06:45	
45	198	TANIA BATEIRA	PORTOCARGO RUNNERS	02:49:45	+40:59	06:47	
46	108	Fábio Silva	BREAK	02:50:20	+41:34	06:49	
47	212	Delfim Nunes	Individual	02:54:49	+46:03	07:00	
48	148	Helena Gomes	ADMarco09	02:54:50	+46:04	07:00	
49	169	Henrique Santos	Individual	02:58:42	+49:56	07:09	
50	201	Joaquim Pinheiro	Team Sem Medo	02:59:44	+50:58	07:11	
51	172	Paulo Pereira	Individual	03:00:43	+51:57	07:14	
52	207	Filipe Campos	Tog-Associação Running Team	03:00:48	+52:02	07:14	
53	151	António Manuel Ribeiro Barbosa	Individual	03:03:12	+54:26	07:20	
54	173	Adérito Brandão	Individual	03:05:23	+56:37	07:25	
55	182	Torcato Silva	NAI - Núcleo Atlético Idães	03:06:29	+57:43	07:28	
56	206	Jorge Mesquita	Tog-Associação Running Team	03:07:49	+59:03	07:31	
57	114	António Pinto	Caminhadas da amizade	03:08:50	+01:00:04	07:33	
58	122	Henri Costa	Coronado runners	03:10:49	+01:02:03	07:38	
59	160	marco duarte	Individual	03:10:49	+01:02:03	07:38	
60	1288	Luís Pedro Nunes Ribeiro	Individual	03:11:14	+01:02:28	07:39	
61	132	Maria Sousa	Grupo Desportivo Velense	03:11:22	+01:02:36	07:39	
62	157	José Fernando Ribeiro	Individual	03:11:28	+01:02:42	07:40	
63	171	Joaquim luis silva Oliveira	Individual	03:17:23	+01:08:37	07:54	
64	128	Fátima Vieira	GD Leões da Guarda - Lion Runners	03:18:51	+01:10:05	07:57	
65	202	Marcelo Teixeira	The Newbies	03:20:28	+01:11:42	08:01	
66	162	Miguel Martins	Individual	03:20:28	+01:11:43	08:01	
67	208	Vítor Cardoso	Tog-Associação Running Team	03:22:22	+01:13:36	08:06	
68	174	MANUEL BRAGA	Individual	03:26:20	+01:17:34	08:15	
69	153	DAVID DIAS	Individual	03:26:39	+01:17:53	08:16	
70	119	Gilberto Orlando	CLUBE TRILHEIROS & AMIGOS	03:26:39	+01:17:53	08:16	
71	147	Cristina Silva	Individual	03:27:03	+01:18:17	08:17	
72	165	Rui Silva	Individual	03:27:04	+01:18:18	08:17	
73	209	José Júnior	Tog-Associação Running Team	03:31:37	+01:22:51	08:28	
74	117	Marlene da Conceição Martins Pinheiro	CLUBE TRILHEIROS & AMIGOS	03:31:53	+01:23:07	08:29	
75	101	Teresa Maias	ADNA - Associação Desportiva Nós Acreditamos	03:31:53	+01:23:07	08:29	
76	150	Agostinho Pinto	Individual	03:31:54	+01:23:08	08:29	
77	137	Bruno Teles	Individual	03:32:26	+01:23:40	08:30	
78	134	Carina Silva	Individual	03:32:54	+01:24:08	08:31	
79	149	MARIA GLORIA BRÁS	Individual	03:33:40	+01:24:54	08:33	
80	1304	Sérgio Ferreira	Individual	03:35:19	+01:26:33	08:37	
81	115	Nuno faria	Carreira Trail	03:35:21	+01:26:35	08:37	
82	155	Hugo Marques	Individual	03:38:08	+01:29:22	08:44	
83	146	Anabela Silva	Individual	03:38:10	+01:29:24	08:44	
84	205	Goreti Rocha	Tog-Associação Running Team	03:39:20	+01:30:34	08:46	
85	145	Rui Ribeiro	Individual	03:39:27	+01:30:41	08:47	
86	120	Fernando Neto	Individual	03:43:32	+01:34:46	08:56	

TRAIL 25K - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	130	João Soares	GD Leões da Guarda - Lion Runners	03:43:46	+01:35:00	08:57	
88	131	Ernesto Martins	GD Leões da Guarda - Lion Runners	03:43:47	+01:35:01	08:57	
89	129	Filipe Pereira	GD Leões da Guarda - Lion Runners	03:45:59	+01:37:13	09:02	
90	141	Jorge Rios	Individual	03:47:15	+01:38:29	09:05	
91	170	JOÃO MORAIS	Individual	03:47:25	+01:38:39	09:06	
92	112	Rosa Margarida da Rocha Moreira	BREAK	03:47:27	+01:38:41	09:06	
93	152	António Martins de Freitas	Individual	03:48:05	+01:39:19	09:07	
94	178	Luis morais	JAVALIS100LIMITES	03:49:06	+01:40:20	09:10	
95	177	Ivo gonçalves	JAVALIS100LIMITES	03:54:41	+01:45:55	09:23	
96	179	Tony barbosa	JAVALIS100LIMITES	03:54:42	+01:45:56	09:23	
97	192	Mariana Costa	Pó Reforço Trail Team	03:57:14	+01:48:28	09:29	
98	193	José Carlos Coelho Alves	Pó Reforço Trail Team	03:57:15	+01:48:29	09:29	

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19-novembro-2023

Trail 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	11ºC	98%
End	13:06	11ºC	98%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	199	Paula sofia coutinho soares	Saca Trilhos Anadia	Senior Feminino	02:28:59		05:58
2	132	Maria Sousa	Grupo Desportivo Velense	Senior Feminino	03:11:22	+42:23	07:39
3	101	Teresa Maias	ADNA - Associação Desportiva Nós Acreditamos	Senior Feminino	03:31:53	+01:02:53	08:29
4	134	Carina Silva	Individual	Senior Feminino	03:32:54	+01:03:54	08:31
5	192	Mariana Costa	Pó Reforço Trail Team	Senior Feminino	03:57:14	+01:28:14	09:29
Senior Masculino							
1	210	Marcelo Araújo	Tuga Mobile ADAP Trail	Senior Masculino	02:10:18		05:13
2	110	Nuno Miguel Ferreira Carneiro	BREAK	Senior Masculino	02:11:52	+01:34	05:16
3	136	András Herczog	Individual	Senior Masculino	02:13:18	+03:00	05:20
4	105	Marcos Leandro Gomes Ribeiro	ADNA - Associação Desportiva Nós Acreditamos	Senior Masculino	02:13:49	+03:31	05:21
5	111	Sérgio Miguel dos Santos Pereira	BREAK	Senior Masculino	02:23:17	+12:59	05:44
6	204	João Gomes	Tog-Associação Running Team	Senior Masculino	02:25:00	+14:42	05:48
7	133	Gonçalo Ferreira	Grupo Desportivo Velense	Senior Masculino	02:27:06	+16:48	05:53
8	103	Cristiano Brás	ADNA - Associação Desportiva Nós Acreditamos	Senior Masculino	02:29:44	+19:25	05:59
9	140	Joel Dias	Individual	Senior Masculino	02:29:52	+19:34	06:00
10	124	Adérito Oliveira	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	02:32:01	+21:42	06:05
11	143	Paulo Santos	Individual	Senior Masculino	02:32:52	+22:34	06:07
12	139	Joaquim Duarte	Individual	Senior Masculino	02:33:32	+23:14	06:08
13	102	Bruno Pereira	ADNA - Associação Desportiva Nós Acreditamos	Senior Masculino	02:33:36	+23:17	06:09
14	104	Fábio Júnio Gonçalves da Silva	ADNA - Associação Desportiva Nós Acreditamos	Senior Masculino	02:33:50	+23:32	06:09
15	142	Luís Carlos Alves Martins	Individual	Senior Masculino	02:35:14	+24:56	06:13
16	203	Nuno Silva	The Newbies	Senior Masculino	02:37:03	+26:45	06:17
17	213	Bruno	Amigos 100 Limites	Senior Masculino	02:39:04	+28:46	06:22
18	138	Daniel Ribeiro	Individual	Senior Masculino	02:41:00	+30:42	06:26
19	194	José Nunes	Pó Reforço Trail Team	Senior Masculino	02:41:15	+30:57	06:27
20	144	Ricardo Carneiro	Individual	Senior Masculino	02:43:26	+33:08	06:32
21	195	Miguel Sousa	Pó Reforço Trail Team	Senior Masculino	02:44:53	+34:34	06:36
22	196	Ricardo Leal	Pó Reforço Trail Team	Senior Masculino	02:47:39	+37:21	06:42
23	109	Fernando Miguel Azevedo Portela	BREAK	Senior Masculino	02:48:52	+38:33	06:45
24	108	Fábio Silva	BREAK	Senior Masculino	02:50:20	+40:02	06:49
25	207	Filipe Campos	Tog-Associação Running Team	Senior Masculino	03:00:48	+50:29	07:14
26	202	Marcelo Teixeira	The Newbies	Senior Masculino	03:20:28	+01:10:10	08:01
27	137	Bruno Teles	Individual	Senior Masculino	03:32:26	+01:22:08	08:30

Trail 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

28	145	Rui Ribeiro	Individual	Senior Masculino	03:39:27	+01:29:09	08:47
29	141	Jorge Rios	Individual	Senior Masculino	03:47:15	+01:36:57	09:05
30	193	José Carlos Coelho Alves	Pó Reforço Trail Team	Senior Masculino	03:57:15	+01:46:56	09:29

Veterana F40

1	198	TANIA BATEIRA	PORTOCARGO RUNNERS	Veterana F40	02:49:45		06:47
2	147	Cristina Silva	Individual	Veterana F40	03:27:03	+37:17	08:17
3	117	Marlene da Conceição Martins Pinheiro	CLUBE TRILHEIROS & AMIGOS	Veterana F40	03:31:53	+42:07	08:29
4	146	Anabela Silva	Individual	Veterana F40	03:38:10	+48:24	08:44
5	205	Goreti Rocha	Tog-Associação Running Team	Veterana F40	03:39:20	+49:35	08:46
6	112	Rosa Margarida da Rocha Moreira	BREAK	Veterana F40	03:47:27	+57:41	09:06

Veterana F50

1	148	Helena Gomes	ADMarco09	Veterana F50	02:54:50		07:00
2	128	Fátima Vieira	GD Leões da Guarda - Lion Runners	Veterana F50	03:18:51	+24:01	07:57
3	149	MARIA GLORIA BRÁS	Individual	Veterana F50	03:33:40	+38:49	08:33

Veterano M40

1	184	Jose Meneses	NOCTURNOS DE PAREDES	Veterano M40	02:08:46		05:09
2	156	João Silva	Individual	Veterano M40	02:14:40	+05:53	05:23
3	180	Carlos Alves	NAI - Núcleo Atlético Idães	Veterano M40	02:22:45	+13:58	05:43
4	163	Pablo Conde Estévez	Individual	Veterano M40	02:28:46	+19:59	05:57
5	154	Fernando Ribeiro	Individual	Veterano M40	02:29:49	+21:02	06:00
6	181	Jorge Araújo	NAI - Núcleo Atlético Idães	Veterano M40	02:30:53	+22:07	06:02
7	185	Vitor Ferreira	Nova Linha Trail Runners	Veterano M40	02:32:23	+23:37	06:06
8	176	Gilberto costa	JAVALIS100LIMITES	Veterano M40	02:32:43	+23:56	06:07
9	125	António Teles	Dá-lhe Gás Trail Team Fisioduo	Veterano M40	02:34:36	+25:50	06:11
10	183	FERNANDO ALMEIDA	NOCTURNOS DE PAREDES	Veterano M40	02:36:14	+27:28	06:15
11	107	Ricardo Sousa	Bota para lá e Siiigaaa	Veterano M40	02:36:43	+27:57	06:16
12	166	Sérgio Moreira	Individual	Veterano M40	02:41:17	+32:31	06:27
13	158	Júlio Duarte Moreira Martins da Silva	Individual	Veterano M40	02:45:45	+36:59	06:38
14	126	Carlos Prudêncio	Dá-lhe Gás Trail Team Fisioduo	Veterano M40	02:46:33	+37:47	06:40
15	187	Agostinho Costa	paços runners	Veterano M40	02:46:42	+37:55	06:40
16	151	António Manuel Ribeiro Barbosa	Individual	Veterano M40	03:03:12	+54:26	07:20
17	206	Jorge Mesquita	Tog-Associação Running Team	Veterano M40	03:07:49	+59:02	07:31
18	122	Henri Costa	Coronado runners	Veterano M40	03:10:49	+01:02:02	07:38
19	160	marco duarte	Individual	Veterano M40	03:10:49	+01:02:02	07:38
20	1288	Luís Pedro Nunes Ribeiro	Individual	Veterano M40	03:11:14	+01:02:27	07:39
21	157	José Fernando Ribeiro	Individual	Veterano M40	03:11:28	+01:02:41	07:40
22	162	Miguel Martins	Individual	Veterano M40	03:20:28	+01:11:42	08:01
23	208	Vítor Cardoso	Tog-Associação Running Team	Veterano M40	03:22:22	+01:13:35	08:06

Trail 25K

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

24	153	DAVID DIAS	Individual	Veterano M40	03:26:39	+01:17:52	08:16
25	119	Gilberto Orlando	CLUBE TRILHEIROS & AMIGOS	Veterano M40	03:26:39	+01:17:53	08:16
26	165	Rui Silva	Individual	Veterano M40	03:27:04	+01:18:17	08:17
27	150	Agostinho Pinto	Individual	Veterano M40	03:31:54	+01:23:08	08:29
28	1304	Sérgio Ferreira	Individual	Veterano M40	03:35:19	+01:26:33	08:37
29	115	Nuno faria	Carreira Trail	Veterano M40	03:35:21	+01:26:35	08:37
30	155	Hugo Marques	Individual	Veterano M40	03:38:08	+01:29:22	08:44
31	120	Fernando Neto	Individual	Veterano M40	03:43:32	+01:34:45	08:56
32	130	João Soares	GD Leões da Guarda - Lion Runners	Veterano M40	03:43:46	+01:35:00	08:57
33	129	Filipe Pereira	GD Leões da Guarda - Lion Runners	Veterano M40	03:45:59	+01:37:12	09:02
34	152	António Martins de Freitas	Individual	Veterano M40	03:48:05	+01:39:19	09:07
35	177	Ivo gonçalves	JAVALIS100LIMITES	Veterano M40	03:54:41	+01:45:55	09:23

Veterano M50

1	121	Carlos Silva	CLUBE TRILHEIROS & AMIGOS	Veterano M50	02:32:00		06:05
2	123	José Duarte	Coronado runners	Veterano M50	02:42:30	+10:30	06:30
3	190	Joaquim pinto	paços runners	Veterano M50	02:43:42	+11:42	06:33
4	197	Antonio Silva	Pó Reforço Trail Team	Veterano M50	02:47:57	+15:57	06:43
5	212	Delfim Nunes	Individual	Veterano M50	02:54:49	+22:49	07:00
6	169	Henrique Santos	Individual	Veterano M50	02:58:42	+26:42	07:09
7	201	Joaquim Pinheiro	Team Sem Medo	Veterano M50	02:59:44	+27:44	07:11
8	172	Paulo Pereira	Individual	Veterano M50	03:00:43	+28:42	07:14
9	182	Torcato Silva	NAI - Núcleo Atlético Idães	Veterano M50	03:06:29	+34:29	07:28
10	114	António Pinto	Caminhadas da amizade	Veterano M50	03:08:50	+36:49	07:33
11	171	Joaquim luis silva Oliveira	Individual	Veterano M50	03:17:23	+45:23	07:54
12	209	José Júnior	Tog-Associação Running Team	Veterano M50	03:31:37	+59:36	08:28
13	170	JOÃO MORAIS	Individual	Veterano M50	03:47:25	+01:15:24	09:06
14	178	Luis morais	JAVALIS100LIMITES	Veterano M50	03:49:06	+01:17:06	09:10
15	179	Tony barbosa	JAVALIS100LIMITES	Veterano M50	03:54:42	+01:22:41	09:23

Veterano M60

1	200	Ricardo Machado	Sport Clube Freamunde	Veterano M60	02:39:12		06:22
2	173	Adérito Brandão	Individual	Veterano M60	03:05:23	+26:10	07:25
3	174	MANUEL BRAGA	Individual	Veterano M60	03:26:20	+47:07	08:15
4	131	Ernesto Martins	GD Leões da Guarda - Lion Runners	Veterano M60	03:43:47	+01:04:35	08:57

TEAM RESULTS - TRAIL 25K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	ADNA - ASSOCIAÇÃO DESPORTIVA NÓS ACREDITAMOS	5 + 13 + 23	41
2	BREAK	3 + 8 + 44	55
3	NAI - NÚCLEO ATLÉTICO IDÃES	7 + 16 + 55	78
4	DÁ-LHE GÁS TRAIL TEAM FISIODUO	18 + 25 + 40	83
5	PÓ REFORÇO TRAIL TEAM	33 + 38 + 42	113
6	TOG-ASSOCIAÇÃO RUNNING TEAM	9 + 52 + 56	117
7	CLUBE TRILHEIROS & AMIGOS	17 + 70 + 74	161
8	JAVALIS100LIMITES	20 + 94 + 95	209
9	GD LEÕES DA GUARDA - LION RUNNERS	64 + 87 + 88	239

Trail e Caminhada Clube Trilheiros & Amigos 2023

Paços de Ferreira, PT

19-novembro-2023

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:10	11ºC	98%
End	13:16	11ºC	98%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1027	Agostinho Reis	Bairros Fc	01:14:39		04:59	
2	1019	André Nogueira	Aliados Trail Running Team	01:18:10	+03:31	05:13	
3	1460	Marco Correia	Fc Vizela	01:18:12	+03:33	05:13	
4	1295	Paulo Nogueira	Individual	01:18:56	+04:17	05:16	
5	1259	António Vieira	Individual	01:20:47	+06:08	05:23	
6	1421	Gilberto Machado	STUDIOPT	01:22:12	+07:33	05:29	
7	1086	Diogo Barros	CB RUN	01:22:54	+08:15	05:32	
8	1007	Ruan Rodrigues	ADNA - Associação Desportiva Nós Acreditamos	01:23:16	+08:37	05:33	
9	1370	Sérgio Martins	NAI - Núcleo Atlético Idães	01:24:34	+09:55	05:38	
10	1357	Bernardo Antunes	KeMedo Team	01:25:48	+11:09	05:43	
11	1009	Paulo Sousa	ADNA - Associação Desportiva Nós Acreditamos	01:26:03	+11:24	05:44	
12	1117	André Mouta	Dá-lhe Gás Trail Team Fisioduo	01:26:17	+11:38	05:45	
13	1040	André Souto	BREAK	01:27:09	+12:30	05:49	
14	1418	Carlos Silva	Sport Clube Freamunde	01:27:19	+12:40	05:49	
15	1159	Eduardo Coelho	hab carpintaria	01:27:41	+13:02	05:51	
16	1018	Ricardo Silva	AFdS	01:28:06	+13:27	05:52	
17	1308	agostinho teixeira	Individual	01:28:39	+14:00	05:55	
18	1125	Ricardo Silva	Didact Heart	01:28:51	+14:12	05:55	
19	1367	Carlos Araújo	NAI - Núcleo Atlético Idães	01:29:27	+14:48	05:58	
20	188	Vítor Carneiro	paços runners	01:29:27	+14:48	05:58	
21	1305	Telmo Cardoso	Individual	01:29:30	+14:51	05:58	
22	1400	José Pereira	Qxuno	01:29:44	+15:05	05:59	
23	1135	Nelson Leandro dos Santos Martins Pinto	Fc Vizela	01:29:49	+15:10	05:59	
24	1076	Paulo Silva	Caminhadas da amizade	01:30:01	+15:22	06:00	
25	1301	Ricardo Ferreira	Individual	01:31:14	+16:35	06:05	
26	1026	Nelson Sousa	Bairros Fc	01:32:05	+17:26	06:08	
27	1449	João Ribeiro	Turbo Kings 2.0 /A.D.A	01:32:28	+17:49	06:10	
28	1188	Filipe Emanuel Oliveira Cabral	Turbo Kings 2.0 /A.D.A	01:32:28	+17:49	06:10	
29	1028	José Maia	Bairros Fc	01:32:57	+18:18	06:12	
30	1303	Ricardo Zeferino Ribeiro Costa	Individual	01:33:20	+18:41	06:13	
31	1085	Fernando Seabra	Caminhadas da amizade	01:33:22	+18:43	06:13	
32	1356	Hugo Xavier	Jesuítas Bike Team	01:34:24	+19:45	06:18	
33	1369	Miguel Moreira	NAI - Núcleo Atlético Idães	01:34:25	+19:46	06:18	
34	1337	Abilio Marques	Individual	01:34:26	+19:47	06:18	
35	1399	RENATO OLIVEIRA	PORTOCARGO RUNNERS	01:34:39	+20:00	06:19	
36	1103	João Maia	Coronado runners	01:34:54	+20:15	06:20	
37	1276	João Miranda dias da Silva	Individual	01:35:36	+20:57	06:22	
38	1212	Marco Marques	Individual	01:36:03	+21:24	06:24	
39	1207	Luís Silva	Individual	01:36:31	+21:52	06:26	
40	1395	Pedro Coelho	Pó Reforço Trail Team	01:36:59	+22:20	06:28	
41	1453	José Pinto	Turbo Kings 2.0 /A.D.A	01:37:06	+22:27	06:28	

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	1196	João Manuel Ribeiro leal	Individual	01:37:18	+22:39	06:29	
43	1329	miguel leite	Individual	01:37:26	+22:47	06:30	
44	1034	Rui Orlando Neto	Boavista trail	01:38:00	+23:21	06:32	
45	1234	Vitor Hugo Martins Fernandes	RorizAventura	01:38:14	+23:35	06:33	
46	1419	Joaquim Leal	Sport Clube Freamunde	01:38:19	+23:40	06:33	
47	1206	Luís Miguel Ferreira Gomes	Individual	01:38:39	+24:00	06:35	
48	1302	Ricardo Rodrigues	Individual	01:38:40	+24:01	06:35	
49	1420	Vítor Carneiro	Sport Clube Freamunde	01:38:50	+24:11	06:35	
50	1178	Bruno Lopes	Individual	01:38:52	+24:13	06:35	
51	1120	Rui Silva	Dá-lhe Gás Trail Team Fisioduo	01:39:12	+24:33	06:37	
52	1150	Fátima Coelho	GD Leões da Guarda - Lion Runners	01:39:31	+24:52	06:38	
53	1153	Fernando Morais	GD Leões da Guarda - Lion Runners	01:39:36	+24:57	06:38	
54	1046	Pedro Miguel Marques Nogueira	BREAK	01:39:37	+24:58	06:38	
55	1431	Vítor Andrade	Team Sem Medo	01:39:48	+25:09	06:39	
56	1033	Sandra Lage	Boavista trail	01:39:50	+25:11	06:39	
57	1138	Sérgio Rafael da Silva Talagaia	Fc Vizela	01:39:52	+25:13	06:39	
58	1321	José Costa	Individual	01:39:54	+25:15	06:40	
59	1331	Paulo Morais	Individual	01:39:55	+25:16	06:40	
60	1269	Filipe neto	Individual	01:40:16	+25:37	06:41	
61	1094	António Gomes	CLUBE TRILHEIROS & AMIGOS	01:40:21	+25:42	06:41	
62	1115	Nuno Machado	D.N.A	01:40:42	+26:03	06:43	
63	1323	José M.J. Bessa	Individual	01:40:46	+26:07	06:43	
64	1049	Silvério Paula Pereira	BREAK	01:41:19	+26:40	06:45	
65	1035	Paulo Ferreira	Boavista trail	01:41:32	+26:53	06:46	
66	1163	Andreia Morais	Individual	01:41:53	+27:14	06:48	
67	1025	Miguel Maia	Bairros Fc	01:41:56	+27:18	06:48	
68	1218	Paulo Ribeiro	Individual	01:42:19	+27:40	06:49	
69	1283	José Manuel Ferreira Antunes Coelho	Individual	01:42:21	+27:42	06:49	
70	1339	Carlos Sousa	Individual	01:42:49	+28:10	06:51	
71	1225	Roberto Pacheco	Individual	01:42:50	+28:11	06:51	
72	1266	César Gonçalves	Individual	01:42:54	+28:15	06:52	
73	1286	Jose Rosendo	Individual	01:43:00	+28:21	06:52	
74	1055	Fábio Almeida	Caminhadas da amizade	01:43:04	+28:25	06:52	
75	1136	Paulo Freitas	Fc Vizela	01:43:19	+28:40	06:53	
76	1029	Daniel Couto	Baltar Runners	01:43:27	+28:48	06:54	
77	1102	Helder Rafael	Coronado runners	01:43:31	+28:52	06:54	
78	1412	Samuel Bessa	RorizAventura	01:43:32	+28:53	06:54	
79	1312	António José Bessa Martins	Individual	01:43:35	+28:56	06:54	
80	1209	Manuel Leal	Individual	01:43:37	+28:58	06:54	
81	1217	Paulo Pacheco	Individual	01:43:37	+28:58	06:54	
82	1152	Silvio Ferreira	GD Leões da Guarda - Lion Runners	01:43:46	+29:07	06:55	
83	1410	Emanuel Fernandes	RorizAventura	01:44:15	+29:36	06:57	
84	1227	Rui Costa	Individual	01:44:18	+29:39	06:57	
85	1181	Cristiano alves	Individual	01:44:20	+29:41	06:57	
86	1364	Bernardino Andrade	Maia runners	01:44:25	+29:46	06:58	

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	1330	Paulo leite	Individual	01:44:29	+29:50	06:58	
88	1190	Filipe Rodrigues	Individual	01:44:44	+30:05	06:59	
89	1229	Rui Pedro Ribeiro dos Santos	Individual	01:44:49	+30:10	06:59	
90	1195	João Henrique	Individual	01:44:50	+30:11	06:59	
91	1020	João Moreira	Amigos 100 Limites	01:45:05	+30:26	07:00	
92	1175	André Sequeira	Individual	01:45:08	+30:29	07:01	
93	1235	Vitor Silva	Individual	01:45:15	+30:36	07:01	
94	1236	Brígida Raquel Dias Pinto	Individual	01:45:19	+30:40	07:01	
95	1223	Ricardo Silva	Individual	01:45:29	+30:50	07:02	
96	1122	João Paulo Ferreira Campos	DDT RUNNERS	01:45:29	+30:50	07:02	
97	1008	Jorge Correia	ADNA - Associação Desportiva Nós Acreditamos	01:45:34	+30:55	07:02	
98	1006	Cátia Correia	ADNA - Associação Desportiva Nós Acreditamos	01:45:35	+30:56	07:02	
99	1186	Fernando Costa	Individual	01:45:40	+31:01	07:03	
100	1137	Raúl Rosário da Silva Machado	Fc Vizela	01:45:40	+31:01	07:03	
101	1230	Sergio Nogueira	Individual	01:45:47	+31:08	07:03	
102	1089	Gilberto Frederico Moreira Martins	CLUBE TRILHEIROS & AMIGOS	01:46:05	+31:26	07:04	
103	1165	Victor Azevedo	Individual	01:46:36	+31:57	07:06	
104	1107	Jorge Nogueira	Coronado runners	01:46:40	+32:01	07:07	
105	1285	José Meireles	Individual	01:46:42	+32:03	07:07	
106	1386	João alves	paços runners	01:46:47	+32:08	07:07	
107	1194	Hugo Gomes	Individual	01:46:47	+32:08	07:07	
108	1249	Ângela Eduarda Gomes Costa	Individual	01:46:53	+32:14	07:08	
109	1177	Bruno Castelo	Individual	01:47:00	+32:21	07:08	
110	1173	Vanessa Santos	Individual	01:47:09	+32:30	07:09	
111	1307	Adao bessa	Individual	01:47:32	+32:53	07:10	
112	1043	Márcia Cristina Carneiro Ruas	BREAK	01:47:35	+32:56	07:10	
113	1001	Pedro Vieira	A.D. Amarante Trail Running	01:47:46	+33:07	07:11	
114	1277	Joaquim Alves Pereira gomes	Individual	01:47:51	+33:12	07:11	
115	1318	Joaquim Coelho	Individual	01:48:13	+33:34	07:13	
116	1270	Filipe Ribeiro	Individual	01:48:26	+33:47	07:14	
117	1199	José Caseiro	Individual	01:48:28	+33:49	07:14	
118	1394	Luis Filipe Coelho Alves	Pó Reforço Trail Team	01:48:41	+34:02	07:15	
119	1393	Sara Ferreira	Pó Reforço Trail Team	01:48:43	+34:04	07:15	
120	1368	Luís Costa	NAI - Núcleo Atlético Idães	01:48:58	+34:19	07:16	
121	1287	Luís Coelho	Individual	01:49:02	+34:23	07:16	
122	1458	Pedro Moreira	Individual	01:49:37	+34:58	07:18	
123	1267	Daniel Abreu	Individual	01:49:38	+34:59	07:19	
124	1334	torcato costa	Individual	01:49:49	+35:10	07:19	
125	1051	Paulo Rodrigues	Brufe btt	01:49:56	+35:17	07:20	
126	1278	Joaquim Sérgio	Individual	01:50:03	+35:24	07:20	
127	1187	Filipe Costa	Individual	01:50:05	+35:26	07:20	
128	1439	Miguel Lima	The Lost	01:50:06	+35:27	07:20	
129	1124	Paulo Ferreira	DDT RUNNERS	01:50:09	+35:30	07:21	
130	1133	Helder Costa	Fc Vizela	01:50:14	+35:35	07:21	
131	1158	Catarina Inês Costa Afonso	Grupo Alegre e Unido bajouca	01:50:16	+35:37	07:21	
132	1272	Francisco Batista	Individual	01:50:18	+35:39	07:21	

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	1447	José Alves	Trail Snakes Team	01:50:54	+36:15	07:24	
134	1289	Manuel Francisco Rodrigues de Sousa Moreira	Individual	01:51:03	+36:24	07:24	
135	1443	Vicente Sousa	Tog-Associação Running Team	01:51:17	+36:38	07:25	
136	1442	Maria Neves	Tog-Associação Running Team	01:51:17	+36:38	07:25	
137	1228	Rui neto	Individual	01:51:18	+36:39	07:25	
138	1031	Carlos Ribeiro	Boavista trail	01:51:18	+36:39	07:25	
139	1032	Rui Costa	Boavista trail	01:51:19	+36:40	07:25	
140	1083	Paulo Moreira	Caminhadas da amizade	01:51:19	+36:40	07:25	
141	1297	Pedro Barbosa	Individual	01:51:21	+36:42	07:25	
142	1118	José Oliveira	Dá-lhe Gás Trail Team Fisioduo	01:51:26	+36:47	07:26	
143	1219	Pedro Emanuel Pereira Gomes	Individual	01:51:44	+37:05	07:27	
144	1372	Ricardo Pinto	Never ALONE Trail Team	01:51:45	+37:06	07:27	
145	1373	Filipe Machado	Never ALONE Trail Team	01:51:47	+37:08	07:27	
146	1203	Leandro Pinto	Individual	01:51:48	+37:09	07:27	
147	1388	João Guimarães	paços runners	01:51:50	+37:11	07:27	
148	1070	Céu Moreira	Caminhadas da amizade	01:51:50	+37:11	07:27	
149	1452	Nelo Teixeira	Turbo Kings 2.0 /A.D.A	01:51:56	+37:17	07:28	
150	1126	José Santos	Douroconta- Gabinete de Apoio e Contabilidade, Lda	01:52:01	+37:22	07:28	
151	1416	Nuno Seixal	Sport Clube Freamunde	01:52:06	+37:27	07:28	
152	1106	Rui Silva	Coronado runners	01:52:10	+37:31	07:29	
153	1374	Lino Cardoso	Never ALONE Trail Team	01:52:38	+37:59	07:31	
154	1371	Fatima Sousa	Never ALONE Trail Team	01:52:41	+38:02	07:31	
155	1298	Pedro silva	Individual	01:52:42	+38:03	07:31	
156	1363	Isabel Mariani	Maia runners	01:53:05	+38:26	07:32	
157	1320	Jorge Pacheco	Individual	01:53:17	+38:38	07:33	
158	1231	Tiago Costa	Individual	01:53:38	+38:59	07:35	
159	1064	Lia Silva	Caminhadas da amizade	01:54:02	+39:23	07:36	
160	1172	Sara Maria vaz	Individual	01:54:06	+39:27	07:36	
161	1319	Jorge cunha	Individual	01:54:07	+39:28	07:36	
162	1201	José neto	Individual	01:54:14	+39:35	07:37	
163	1429	Antônio Coelho	Team Sem Medo	01:54:25	+39:46	07:38	
164	1015	Joaquim Vidal	AFdS	01:54:50	+40:11	07:39	
165	1260	Arnaldo carneiro	Individual	01:55:16	+40:37	07:41	
166	1245	VERA LIA LEAL	Individual	01:55:36	+40:57	07:42	
167	1315	Fernando Sampaio	Individual	01:55:49	+41:10	07:43	
168	1042	Tomás Sá	BREAK	01:56:04	+41:25	07:44	
169	1282	José João Saraiva Henriques	Individual	01:56:09	+41:30	07:45	
170	1263	Bruno Costa	Individual	01:56:10	+41:31	07:45	
171	1349	Manuel duarte	JAVALIS100LIMITES	01:56:54	+42:15	07:48	
172	1108	Ernesto E	Coronado runners	01:57:11	+42:32	07:49	
173	1113	Vítor M Cardoso	Corre São João	01:57:53	+43:14	07:52	
174	113	Sandra Maria Tavares de Magalhaes Martins	BREAK	01:57:58	+43:19	07:52	
175	1446	SERGIO SANTOS	Trail Snakes Team	01:58:19	+43:40	07:53	
176	1010	Armando Cardoso	ADNA - Associação Desportiva Nós Acreditamos	01:58:28	+43:49	07:54	
177	1214	Mauro Teixeira	Individual	01:58:30	+43:51	07:54	

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	1197	João Santos	Individual	01:58:31	+43:52	07:54	
179	1317	João Ferreira	Individual	01:58:34	+43:55	07:54	
180	1322	José Gonçalves	Individual	01:58:42	+44:03	07:55	
181	1157	Joel Coelho	GENEROSOS RUNNERS	01:58:55	+44:16	07:56	
182	1030	Antonio Couto	Baltar Runners	01:59:01	+44:22	07:56	
183	1096	Andreia Barbosa	Coronado runners	01:59:26	+44:47	07:58	
184	1105	Nuno Silva	Coronado runners	01:59:26	+44:47	07:58	
185	1451	Helder Bruno Serdoura	Turbo Kings 2.0 /A.D.A	01:59:29	+44:50	07:58	
186	1380	Florindo pereira	Nova Linha Trail Runners	01:59:35	+44:56	07:58	
187	1314	Armando Neves	Individual	01:59:45	+45:06	07:59	
188	1281	José Pacheco	Individual	01:59:50	+45:11	07:59	
189	1316	Francisco Nunes	Individual	01:59:57	+45:18	08:00	
190	1084	Vitorino Campos	Caminhadas da amizade	02:00:06	+45:27	08:00	
191	1250	Diana sousa	Individual	02:00:12	+45:33	08:01	
192	1398	LUIS RIBEIRO	PORTOCARGO RUNNERS	02:00:30	+45:51	08:02	
193	1397	MANUELA FARIA	PORTOCARGO RUNNERS	02:00:31	+45:52	08:02	
194	1415	Diana Neto	Sport Clube Freamunde	02:00:34	+45:55	08:02	
195	1336	Vitor Santos	Individual	02:00:41	+46:02	08:03	
196	1384	Romeu Machado	Os Grossos	02:00:51	+46:12	08:03	
197	1378	Carla Luis	Nova Linha Trail Runners	02:00:51	+46:12	08:03	
198	1383	Anselmo Campos	Os Grossos	02:00:52	+46:13	08:03	
199	1104	Manuel Ferreira	Coronado runners	02:00:53	+46:14	08:04	
200	1058	Joel Pacheco	Caminhadas da amizade	02:01:03	+46:24	08:04	
201	1183	Edgar Rodrigues	Individual	02:01:06	+46:27	08:04	
202	1140	Marisa Pinheiro	gansos	02:01:22	+46:43	08:05	
203	1391	lucinda marques	Paredes Running	02:01:42	+47:03	08:07	
204	1132	Maria José Silva	Fc Vizela	02:01:52	+47:13	08:07	
205	1052	Joaquim Santos	Brufe btt	02:01:56	+47:17	08:08	
206	1362	Rómulo Fernandes	LUSIMED	02:02:09	+47:30	08:09	
207	1387	Fernando machado	paços runners	02:02:40	+48:01	08:11	
208	1360	Hélder Gonçalves	Lá vamos nós!	02:03:15	+48:36	08:13	
209	1224	Ricardo Simões	Individual	02:03:38	+48:59	08:15	
210	1039	Vânia Maria Silva Oliveira	BREAK	02:03:48	+49:09	08:15	
211	1045	José Fernando Morgado Rocha	BREAK	02:03:48	+49:09	08:15	
212	1215	Nelson Almeida	Individual	02:03:50	+49:11	08:15	
213	1361	Maria Sousa	Lá vamos nós!	02:04:18	+49:39	08:17	
214	1291	Nuno Paulo	Individual	02:04:32	+49:53	08:18	
215	1390	Tiago Melo 200	PapaTrilhos	02:04:38	+49:59	08:19	
216	1389	Hugo Lobo	PapaTrilhos	02:04:39	+50:00	08:19	
217	1440	Emília Andrade	Tog-Associação Running Team	02:04:49	+50:10	08:19	
218	1182	Domingos Fernandino Ferreira Gonçalves	Individual	02:04:53	+50:14	08:20	
219	1310	Américo Pereira	Individual	02:04:57	+50:18	08:20	
220	1205	Luís Miguel	Individual	02:06:00	+51:21	08:24	
221	1338	Abílio Neves	Individual	02:06:16	+51:37	08:25	
222	1366	Pedro Oliveira	MTT Running	02:06:54	+52:15	08:28	

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
223	1290	Nuno Alves	Individual	02:06:55	+52:16	08:28	
224	1293	Osvaldo Manuel Dias Ferreira	Individual	02:06:59	+52:20	08:28	
225	1444	Pedro Oliveira	Trail Snakes Team	02:07:02	+52:23	08:28	
226	1130	Ana Isabel Castro Silva	Fc Vizela	02:07:08	+52:29	08:29	
227	1189	Filipe Neto	Individual	02:07:10	+52:31	08:29	
228	1176	Arnaldo Ferreira	Individual	02:07:11	+52:32	08:29	
229	1448	Ana Soraia Freitas Sousa	Tuga Mobile ADAP Trail	02:07:16	+52:37	08:29	
230	1271	Filipe Torres	Individual	02:07:27	+52:48	08:30	
231	1139	Tiago Sousa	gansos	02:07:51	+53:12	08:31	
232	1313	António Sousa	Individual	02:08:15	+53:36	08:33	
233	1344	José Ribeiro	Infinix	02:08:18	+53:39	08:33	
234	1262	AVELINO CARLOS ROCHA MARTINS COELHO	Individual	02:08:18	+53:39	08:33	
235	1204	Luis Manuel da silva machado	Individual	02:08:40	+54:01	08:35	
236	1044	Anabela Monteiro Gonçalves	BREAK	02:08:49	+54:10	08:35	
237	1311	António Joaquim Ferreira Ribeiro	Individual	02:08:58	+54:19	08:36	
238	1192	Gil Almeida	Individual	02:09:05	+54:26	08:36	
239	1198	Jorge Daniel Martins Freitas	Individual	02:09:05	+54:26	08:36	
240	1146	Carlos Anjos	gansos	02:09:42	+55:03	08:39	
241	1012	António Castro	AFdS	02:09:44	+55:05	08:39	
242	1332	Rui Ribeiro	Individual	02:10:17	+55:38	08:41	
243	1095	José Mendes	CLUBE TRILHEIROS & AMIGOS	02:10:40	+56:01	08:43	
244	1455	Rui Silva	Valongo Trail Team	02:10:41	+56:02	08:43	
245	1401	Tânia Pereira	rebeldes trail	02:10:42	+56:03	08:43	
246	1456	Joao Pinheiro	Valongo Trail Team	02:10:42	+56:03	08:43	
247	1403	Elsa Sacramento	rebeldes trail	02:10:42	+56:03	08:43	
248	1220	Pedro Fernandes	Individual	02:10:43	+56:04	08:43	
249	1340	Ernesto Brandão	Individual	02:10:43	+56:04	08:43	
250	1244	Susana Monteiro	Individual	02:10:44	+56:05	08:43	
251	1121	Francisco José Pimenta Saraiva	DDT RUNNERS	02:10:51	+56:12	08:43	
252	1299	Quim Barros	Individual	02:10:55	+56:16	08:44	
253	1119	Maria José Barbosa de Sousa	Dá-lhe Gás Trail Team Fisioduo	02:11:20	+56:41	08:45	
254	1324	José Maria Barros Dias	Individual	02:11:20	+56:41	08:45	
255	1180	Carlos Moreira	Individual	02:11:47	+57:08	08:47	
256	1335	Vitor Beires Nogueira	Individual	02:11:59	+57:20	08:48	
257	1174	André Alexandre Neto Gomes Silva	Individual	02:12:10	+57:31	08:49	
258	1210	Marco António Silva Pinheiro	Individual	02:12:13	+57:34	08:49	
259	1048	Cristóvão Gonçalves	BREAK	02:12:21	+57:42	08:49	
260	1079	Ricardo Pinto	Caminhadas da amizade	02:12:28	+57:49	08:50	
261	1129	António Neto	Famelga	02:12:42	+58:03	08:51	
262	1265	Carlos Ribeiro	Individual	02:12:48	+58:09	08:51	
263	1226	Ruben Tiago Ribeiro da Mata	Individual	02:12:56	+58:17	08:52	
264	1414	Manuel Peixoto	RorizAventura	02:13:03	+58:24	08:52	
265	1407	João Santana	rebeldes trail	02:13:10	+58:31	08:53	
266	1345	Manuel Ribeiro	Infinix	02:13:13	+58:34	08:53	
267	1254	Minda Coelho	Individual	02:13:42	+59:03	08:55	

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
268	1348	Sonia monteiro	JAVALIS100LIMITES	02:14:22	+59:43	08:57	
269	1284	José Mário coelho Lopes	Individual	02:14:35	+59:56	08:58	
270	1179	Carlos Alberto Costa Pacheco	Individual	02:14:41	+01:00:02	08:59	
271	1116	Cláudia Rocha	Dá-lhe Gás Trail Team Fisioduo	02:14:49	+01:00:10	08:59	
272	1233	Tiago Seabra	Individual	02:15:12	+01:00:33	09:01	
273	1239	Filipa Belo	Individual	02:15:15	+01:00:36	09:01	
274	1411	Luís Gouveia	RorizAventura	02:16:35	+01:01:56	09:06	
275	1200	José Leão	Individual	02:16:35	+01:01:56	09:06	
276	1050	André Barroso	Brufe btt	02:16:36	+01:01:57	09:06	
277	1409	Bru Carlos Martins Costa	RorizAventura	02:16:36	+01:01:57	09:06	
278	1128	Pedro Meireles	Famelga	02:17:21	+01:02:42	09:09	
279	1437	Pedro Carvalho	TeamLiberty	02:17:45	+01:03:06	09:11	
280	1061	Pedro Seabra	Caminhadas da amizade	02:18:05	+01:03:26	09:12	
281	1143	Paula Ferreira	gansos	02:18:54	+01:04:15	09:16	
282	1080	Francisco Moreira	Caminhadas da amizade	02:19:08	+01:04:29	09:17	
283	1131	Helena Maria Lopes Pereira	Fc Vizela	02:19:13	+01:04:34	09:17	
284	1082	José Dias	Caminhadas da amizade	02:19:14	+01:04:35	09:17	
285	1306	Vitor Santos	Individual	02:19:39	+01:05:00	09:19	
286	1068	Camila Manso	Caminhadas da amizade	02:19:51	+01:05:12	09:19	
287	1074	José Sousa	Caminhadas da amizade	02:19:51	+01:05:12	09:19	
288	1430	José Luís	Team Sem Medo	02:20:13	+01:05:34	09:21	
289	1097	Rita Pimparel	Coronado runners	02:20:15	+01:05:36	09:21	
290	1099	Bruno Chimeno	Coronado runners	02:20:15	+01:05:36	09:21	
291	1396	DULCE RESENDE	PORTOCARGO RUNNERS	02:20:36	+01:05:57	09:22	
292	1092	Ricardo Manuel da Silva Ribeiro	CLUBE TRILHEIROS & AMIGOS	02:20:43	+01:06:04	09:23	
293	1069	Carla Silva	Caminhadas da amizade	02:20:59	+01:06:20	09:24	
294	1268	Fernando Ribeiro	Individual	02:21:10	+01:06:31	09:25	
295	1382	Francisco Oliveira	Os Grossos	02:21:13	+01:06:34	09:25	
296	1257	Antonio Carlos Gomes Dias	Individual	02:21:23	+01:06:44	09:26	
297	1072	Margarida Martins	Caminhadas da amizade	02:21:28	+01:06:49	09:26	
298	1213	MARIO JOÃO DIAS COELHO	Individual	02:22:14	+01:07:35	09:29	
299	1022	Carlos Alberto Alves da Silva	ARCORUN	02:22:52	+01:08:13	09:31	
300	1053	Isabel Oliveira	Caminhadas da amizade	02:22:53	+01:08:14	09:32	
301	1241	Sandra Cristina Morais Pinto	Individual	02:22:54	+01:08:15	09:32	
302	1381	António Costa	Oficina das medalhas	02:23:23	+01:08:44	09:34	
303	1457	Joana Nunes	Individual	02:23:52	+01:09:13	09:35	
304	1060	Paulo Barbosa	Caminhadas da amizade	02:24:05	+01:09:26	09:36	
305	1273	Henrique Sousa	Individual	02:24:10	+01:09:31	09:37	
306	1151	Rosa Barros	GD Leões da Guarda - Lion Runners	02:24:11	+01:09:32	09:37	
307	1148	Amélia Ramos	GD Leões da Guarda - Lion Runners	02:24:11	+01:09:32	09:37	
308	1162	Ana Pinto	Individual	02:24:13	+01:09:34	09:37	
309	1065	Lígia Gonçalves	Caminhadas da amizade	02:24:16	+01:09:37	09:37	
310	1417	Joaquina Silva	Sport Clube Freamunde	02:24:19	+01:09:40	09:37	
311	1255	Norberta Grilo	Individual	02:24:20	+01:09:41	09:37	
312	1054	Sandra Almeida	Caminhadas da amizade	02:24:28	+01:09:49	09:38	
313	1402	António Mendes	rebeldes trail	02:24:32	+01:09:53	09:38	

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
314	1154	Lurdes Loureiro	GENEROSOS RUNNERS	02:24:43	+01:10:04	09:39	
315	1062	Ricardo Morais	Caminhadas da amizade	02:24:47	+01:10:08	09:39	
316	1294	Paulo Ferreira	Individual	02:25:12	+01:10:33	09:41	
317	1147	Manuel Barros	gansos	02:25:16	+01:10:37	09:41	
318	1426	Paula Silva	Team Sem Medo	02:25:38	+01:10:59	09:43	
319	1134	Mauro Ricardo Silva	Fc Vizela	02:25:48	+01:11:09	09:43	
320	1222	Ricardo Pacheco	Individual	02:25:48	+01:11:09	09:43	
321	1216	Osvaldo Lopes	Individual	02:26:21	+01:11:42	09:45	
322	1057	Igor Vale	Caminhadas da amizade	02:26:42	+01:12:03	09:47	
323	1078	Pedro Silva	Caminhadas da amizade	02:27:20	+01:12:41	09:49	
324	1438	Manuel Soares	The Lost	02:27:20	+01:12:41	09:49	
325	1114	Igor Dinis	Cromos do Tomas	02:28:11	+01:13:32	09:53	
326	1077	Paulo Sousa	Caminhadas da amizade	02:28:24	+01:13:45	09:54	
327	1063	Carla Moreira	Caminhadas da amizade	02:28:58	+01:14:19	09:56	
328	1243	Susana cunha	Individual	02:29:10	+01:14:31	09:57	
329	1385	Ana cristina silva	paços runners	02:29:19	+01:14:40	09:57	
330	1023	João leal	Arrasta que vai	02:29:43	+01:15:04	09:59	
331	1248	Anabela Carvalho	Individual	02:29:45	+01:15:06	09:59	
332	1413	Armando Barroso	RorizAventura	02:29:46	+01:15:07	09:59	
333	1024	Marcelo Ferreira	Arrasta que vai	02:29:48	+01:15:09	09:59	
334	1170	Mariana Carneiro Gonçalves	Individual	02:31:10	+01:16:31	10:05	
335	1016	Pedro Barreto	AFdS	02:31:44	+01:17:05	10:07	
336	1017	Renato Quintas	AFdS	02:31:48	+01:17:09	10:07	
337	1005	Ricardo Veludo	A20s Javalis Trail Team	02:32:02	+01:17:23	10:08	
338	1002	Diogo Pereira	A20s Javalis Trail Team	02:32:03	+01:17:24	10:08	
339	1142	Flor Ribeiro	gansos	02:32:29	+01:17:50	10:10	
340	1405	Hugo Bezerra	rebeldes trail	02:32:53	+01:18:14	10:12	
341	1238	Cláudia Gonçalves	Individual	02:33:02	+01:18:23	10:12	
342	1406	Ricardo Maia	rebeldes trail	02:33:50	+01:19:11	10:15	
343	1014	Hélder Campos	AFdS	02:33:59	+01:19:20	10:16	
344	1100	Tomas Paiva	Coronado runners	02:34:05	+01:19:26	10:16	
345	1098	Vania Rebelo	Coronado runners	02:34:31	+01:19:52	10:18	
346	1155	Silvia Cruz	GENEROSOS RUNNERS	02:34:48	+01:20:09	10:19	
347	1059	Joel Vale	Caminhadas da amizade	02:35:28	+01:20:49	10:22	
348	1167	Joana Maria Dias Ferreira	Individual	02:36:02	+01:21:23	10:24	
349	1149	Carina Silva	GD Leões da Guarda - Lion Runners	02:36:13	+01:21:34	10:25	
350	1379	Amália Monteiro	Nova Linha Trail Runners	02:36:26	+01:21:47	10:26	
351	1073	Zélia Sousa	Caminhadas da amizade	02:37:36	+01:22:57	10:30	
352	1075	Paulo Carneiro	Caminhadas da amizade	02:37:52	+01:23:13	10:31	
353	1392	Luis Ribeiro	Paredes Running	02:38:07	+01:23:28	10:32	
354	1376	Jose Alberto Teixeira	NOCTURNOS DE PAREDES	02:39:46	+01:25:07	10:39	
355	1171	Patrícia Sousa	Individual	02:40:25	+01:25:46	10:42	
356	1211	Marco Babo	Individual	02:40:27	+01:25:48	10:42	
357	1232	Tiago Dias	Individual	02:40:27	+01:25:48	10:42	
358	1208	Luís Sousa	Individual	02:41:34	+01:26:55	10:46	
359	1168	Lúcia Silva	Individual	02:41:34	+01:26:55	10:46	

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
360	1109	Alice Matos	Corre São João	02:43:21	+01:28:42	10:53	
361	1112	Rui Trigo	Corre São João	02:43:21	+01:28:42	10:53	
362	1110	Dina Guiomar Quinteiro Hortelão	Corre São João	02:44:09	+01:29:30	10:57	
363	1093	Andreia Silva	Individual	02:44:39	+01:30:00	10:59	
364	1056	Gonçalo Costa	Caminhadas da amizade	02:44:44	+01:30:05	10:59	
365	1432	Alberto Pereira	Team Sem Medo	02:46:28	+01:31:49	11:06	
366	1237	Cláudia Filipa Cunha Magalhães	Individual	02:46:54	+01:32:15	11:08	
367	1111	Filipa Paiva	Corre São João	02:47:17	+01:32:38	11:09	
368	1191	Flávio Braga	Individual	02:47:52	+01:33:13	11:11	
369	1328	Mario pacheco	Individual	02:48:41	+01:34:02	11:15	
370	1242	Sara portugal	Individual	02:48:41	+01:34:02	11:15	
371	1067	Sónia Moreira	Caminhadas da amizade	02:48:46	+01:34:07	11:15	
372	1081	José Coelho	Caminhadas da amizade	02:48:46	+01:34:07	11:15	
373	1247	Ana Marcelino	Individual	02:50:23	+01:35:44	11:22	
374	1454	Monica Carvalho	Valongo Trail Team	02:50:24	+01:35:45	11:22	
375	1071	Fernanda Alves	Caminhadas da amizade	02:50:27	+01:35:48	11:22	
376	1021	Pedro santos	ARCD Venda da Luísa	02:50:37	+01:35:58	11:22	
377	1424	Sandra carvalho	Team Sem Medo	02:51:53	+01:37:14	11:28	
378	2179	Diana Oliveira	Coronado runners	02:52:40	+01:38:01	11:31	
379	1355	Conceição pereira	JAVALIS100LIMITES	02:52:49	+01:38:10	11:31	
380	1351	Carla pereira	JAVALIS100LIMITES	02:52:51	+01:38:12	11:31	
381	1347	Monica morais	JAVALIS100LIMITES	02:52:52	+01:38:13	11:31	
382	1066	Sandra Águia	Caminhadas da amizade	02:53:31	+01:38:52	11:34	
383	1441	Kika Martins	Tog-Associação Running Team	02:53:42	+01:39:03	11:35	
384	1408	Manuel Jorge	rebeldes trail	02:53:44	+01:39:06	11:35	
385	1101	Anabela Silva	Coronado runners	02:55:36	+01:40:57	11:42	
386	1358	Ana Ferreira	KM TRETa	02:58:46	+01:44:07	11:55	
387	1144	Deolinda Campanha	gansos	02:58:53	+01:44:14	11:56	
388	1433	Alexandra Rocha	TeamLiberty	03:03:41	+01:49:02	12:15	
389	1435	Arminda couto	TeamLiberty	03:03:41	+01:49:02	12:15	
390	1326	Luis Filipe Matos	rebeldes trail	03:08:05	+01:53:26	12:32	
391	1377	Jose Moura	NOCTURNOS DE PAREDES	03:10:34	+01:55:55	12:42	
392	1375	Margarida Silva	NOCTURNOS DE PAREDES	03:10:35	+01:55:56	12:42	
393	1353	Vania gonçalves	JAVALIS100LIMITES	03:11:16	+01:56:37	12:45	
394	1343	João Santos	Individual	03:12:37	+01:57:58	12:50	
395	1300	Ricardo Dias	Individual	03:13:50	+01:59:11	12:55	
396	1404	Filipe Pereira	rebeldes trail	03:13:51	+01:59:12	12:55	
397	1004	David Martins	A20s Javalis Trail Team	03:17:29	+02:02:50	13:10	
398	1003	António Frazão	A20s Javalis Trail Team	03:17:31	+02:02:52	13:10	
399	1427	Armindo Carvalho	Team Sem Medo	03:20:42	+02:06:03	13:23	
400	1423	Ana Rita	Team Sem Medo	03:20:43	+02:06:04	13:23	
401	1428	Rui Miguel	Team Sem Medo	03:20:43	+02:06:04	13:23	
402	1090	Luísa Gonçalves	CLUBE TRILHEIROS & AMIGOS	03:31:35	+02:16:56	14:06	
403	1087	Sandra Sousa	CLUBE TRILHEIROS & AMIGOS	03:31:35	+02:16:56	14:06	
404	1088	Abel Moreira	CLUBE TRILHEIROS & AMIGOS	03:31:35	+02:16:56	14:06	
405	1252	Margarida Coelho	Individual	03:31:35	+02:16:56	14:06	

TRAIL 15K - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
406	1352	Cristina duarte	JAVALIS100LIMITES	03:58:58	+02:44:19	15:56	
407	1091	Jacinta Maria Faria Martins Fonseca	CLUBE TRILHEIROS & AMIGOS	03:58:58	+02:44:19	15:56	

Trail e Caminhada Clube Trilheiros & Amigos 2023

Paços de Ferreira, PT

19-novembro-2023

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:10	11ºC	98%
End	13:16	11ºC	98%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1163	Andreia Morais	Individual	Senior Feminino	01:41:53		06:48
2	1006	Cátia Correia	ADNA - Associação Desportiva Nós Acreditamos	Senior Feminino	01:45:35	+03:42	07:02
3	1173	Vanessa Santos	Individual	Senior Feminino	01:47:09	+05:16	07:09
4	1393	Sara Ferreira	Pó Reforço Trail Team	Senior Feminino	01:48:43	+06:50	07:15
5	1172	Sara Maria vaz	Individual	Senior Feminino	01:54:06	+12:13	07:36
6	1096	Andreia Barbosa	Coronado runners	Senior Feminino	01:59:26	+17:33	07:58
7	1415	Diana Neto	Sport Clube Freamunde	Senior Feminino	02:00:34	+18:41	08:02
8	1039	Vânia Maria Silva Oliveira	BREAK	Senior Feminino	02:03:48	+21:55	08:15
9	1130	Ana Isabel Castro Silva	Fc Vizela	Senior Feminino	02:07:08	+25:15	08:29
10	1448	Ana Soraia Freitas Sousa	Tuga Mobile ADAP Trail	Senior Feminino	02:07:16	+25:23	08:29
11	1401	Tânia Pereira	rebeldes trail	Senior Feminino	02:10:42	+28:49	08:43
12	1348	Sonia monteiro	JAVALIS100LIMITES	Senior Feminino	02:14:22	+32:29	08:57
13	1116	Cláudia Rocha	Dá-lhe Gás Trail Team Fisioduo	Senior Feminino	02:14:49	+32:56	08:59
14	1097	Rita Pimparel	Coronado runners	Senior Feminino	02:20:15	+38:21	09:21
15	1053	Isabel Oliveira	Caminhadas da amizade	Senior Feminino	02:22:53	+40:59	09:32
16	1457	Joana Nunes	Individual	Senior Feminino	02:23:52	+41:59	09:35
17	1162	Ana Pinto	Individual	Senior Feminino	02:24:13	+42:20	09:37
18	1054	Sandra Almeida	Caminhadas da amizade	Senior Feminino	02:24:28	+42:34	09:38
19	1170	Mariana Carneiro Gonçalves	Individual	Senior Feminino	02:31:10	+49:17	10:05
20	1098	Vania Rebelo	Coronado runners	Senior Feminino	02:34:31	+52:38	10:18
21	1167	Joana Maria Dias Ferreira	Individual	Senior Feminino	02:36:02	+54:09	10:24
22	1171	Patrícia Sousa	Individual	Senior Feminino	02:40:25	+58:32	10:42
23	1168	Lúcia Silva	Individual	Senior Feminino	02:41:34	+59:41	10:46
24	1109	Alice Matos	Corre São João	Senior Feminino	02:43:21	+01:01:27	10:53
25	1110	Dina Guiomar Quinteiro Hortelão	Corre São João	Senior Feminino	02:44:09	+01:02:16	10:57
26	1093	Andreia Silva	Individual	Senior Feminino	02:44:39	+01:02:45	10:59
27	1111	Filipa Paiva	Corre São João	Senior Feminino	02:47:17	+01:05:24	11:09
28	2179	Diana Oliveira	Coronado runners	Senior Feminino	02:52:40	+01:10:47	11:31
29	1347	Monica morais	JAVALIS100LIMITES	Senior Feminino	02:52:52	+01:10:59	11:31
30	1423	Ana Rita	Team Sem Medo	Senior Feminino	03:20:43	+01:38:49	13:23
31	1087	Sandra Sousa	CLUBE TRILHEIROS & AMIGOS	Senior Feminino	03:31:35	+01:49:42	14:06

Senior Masculino

1	1019	André Nogueira	Aliados Trail Running Team	Senior Masculino	01:18:10		05:13
2	1421	Gilberto Machado	STUDIOPT	Senior Masculino	01:22:12	+04:01	05:29
3	1007	Ruan Rodrigues	ADNA - Associação Desportiva Nós Acreditamos	Senior Masculino	01:23:16	+05:05	05:33
4	1357	Bernardo Antunes	KeMedo Team	Senior Masculino	01:25:48	+07:37	05:43

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

5	1117	André Mouta	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	01:26:17	+08:06	05:45
6	1040	André Souto	BREAK	Senior Masculino	01:27:09	+08:59	05:49
7	1367	Carlos Araújo	NAI - Núcleo Atlético Idães	Senior Masculino	01:29:27	+11:16	05:58
8	1400	José Pereira	Qxuno	Senior Masculino	01:29:44	+11:34	05:59
9	1026	Nelson Sousa	Bairros Fc	Senior Masculino	01:32:05	+13:54	06:08
10	1449	João Ribeiro	Turbo Kings 2.0 /A.D.A	Senior Masculino	01:32:28	+14:17	06:10
11	1188	Filipe Emanuel Oliveira Cabral	Turbo Kings 2.0 /A.D.A	Senior Masculino	01:32:28	+14:17	06:10
12	1369	Miguel Moreira	NAI - Núcleo Atlético Idães	Senior Masculino	01:34:25	+16:14	06:18
13	1212	Marco Marques	Individual	Senior Masculino	01:36:03	+17:52	06:24
14	1207	Luís Silva	Individual	Senior Masculino	01:36:31	+18:20	06:26
15	1395	Pedro Coelho	Pó Reforço Trail Team	Senior Masculino	01:36:59	+18:49	06:28
16	1196	João Manuel Ribeiro leal	Individual	Senior Masculino	01:37:18	+19:08	06:29
17	1234	Vitor Hugo Martins Fernandes	RorizAventura	Senior Masculino	01:38:14	+20:03	06:33
18	1206	Luís Miguel Ferreira Gomes	Individual	Senior Masculino	01:38:39	+20:28	06:35
19	1178	Bruno Lopes	Individual	Senior Masculino	01:38:52	+20:41	06:35
20	1115	Nuno Machado	D.N.A	Senior Masculino	01:40:42	+22:31	06:43
21	1025	Miguel Maia	Bairros Fc	Senior Masculino	01:41:56	+23:46	06:48
22	1218	Paulo Ribeiro	Individual	Senior Masculino	01:42:19	+24:09	06:49
23	1225	Roberto Pacheco	Individual	Senior Masculino	01:42:50	+24:40	06:51
24	1055	Fábio Almeida	Caminhadas da amizade	Senior Masculino	01:43:04	+24:53	06:52
25	1209	Manuel Leal	Individual	Senior Masculino	01:43:37	+25:26	06:54
26	1217	Paulo Pacheco	Individual	Senior Masculino	01:43:37	+25:26	06:54
27	1227	Rui Costa	Individual	Senior Masculino	01:44:18	+26:07	06:57
28	1181	Cristiano alves	Individual	Senior Masculino	01:44:20	+26:10	06:57
29	1190	Filipe Rodrigues	Individual	Senior Masculino	01:44:44	+26:33	06:59
30	1229	Rui Pedro Ribeiro dos Santos	Individual	Senior Masculino	01:44:49	+26:38	06:59
31	1195	João Henrique	Individual	Senior Masculino	01:44:50	+26:39	06:59
32	1175	André Sequeira	Individual	Senior Masculino	01:45:08	+26:57	07:01
33	1235	Vitor Silva	Individual	Senior Masculino	01:45:15	+27:04	07:01
34	1223	Ricardo Silva	Individual	Senior Masculino	01:45:29	+27:18	07:02
35	1186	Fernando Costa	Individual	Senior Masculino	01:45:40	+27:29	07:03
36	1230	Sergio Nogueira	Individual	Senior Masculino	01:45:47	+27:36	07:03
37	1089	Gilberto Frederico Moreira Martins	CLUBE TRILHEIROS & AMIGOS	Senior Masculino	01:46:05	+27:54	07:04
38	1194	Hugo Gomes	Individual	Senior Masculino	01:46:47	+28:36	07:07
39	1177	Bruno Castelo	Individual	Senior Masculino	01:47:00	+28:49	07:08
40	1199	José Caseiro	Individual	Senior Masculino	01:48:28	+30:17	07:14
41	1394	Luis Filipe Coelho Alves	Pó Reforço Trail Team	Senior Masculino	01:48:41	+30:30	07:15
42	1368	Luís Costa	NAI - Núcleo Atlético Idães	Senior Masculino	01:48:58	+30:47	07:16
43	1458	Pedro Moreira	Individual	Senior Masculino	01:49:37	+31:26	07:18
44	1187	Filipe Costa	Individual	Senior Masculino	01:50:05	+31:54	07:20
45	1228	Rui neto	Individual	Senior Masculino	01:51:18	+33:08	07:25
46	1031	Carlos Ribeiro	Boavista trail	Senior Masculino	01:51:18	+33:08	07:25
47	1032	Rui Costa	Boavista trail	Senior Masculino	01:51:19	+33:08	07:25
48	1118	José Oliveira	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	01:51:26	+33:15	07:26
49	1219	Pedro Emanuel Pereira Gomes	Individual	Senior Masculino	01:51:44	+33:33	07:27
50	1203	Leandro Pinto	Individual	Senior Masculino	01:51:48	+33:37	07:27

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

51	1416	Nuno Seixal	Sport Clube Freamunde	Senior Masculino	01:52:06	+33:55	07:28
52	1231	Tiago Costa	Individual	Senior Masculino	01:53:38	+35:27	07:35
53	1201	José neto	Individual	Senior Masculino	01:54:14	+36:03	07:37
54	1042	Tomás Sá	BREAK	Senior Masculino	01:56:04	+37:53	07:44
55	1349	Manuel duarte	JAVALIS100LIMITES	Senior Masculino	01:56:54	+38:43	07:48
56	1214	Mauro Teixeira	Individual	Senior Masculino	01:58:30	+40:19	07:54
57	1197	João Santos	Individual	Senior Masculino	01:58:31	+40:20	07:54
58	1058	Joel Pacheco	Caminhadas da amizade	Senior Masculino	02:01:03	+42:53	08:04
59	1183	Edgar Rodrigues	Individual	Senior Masculino	02:01:06	+42:55	08:04
60	1362	Rómulo Fernandes	LUSIMED	Senior Masculino	02:02:09	+43:58	08:09
61	1360	Hélder Gonçalves	Lá vamos nós!	Senior Masculino	02:03:15	+45:04	08:13
62	1224	Ricardo Simões	Individual	Senior Masculino	02:03:38	+45:27	08:15
63	1215	Nelson Almeida	Individual	Senior Masculino	02:03:50	+45:39	08:15
64	1390	Tiago Melo 200	PapaTrilhos	Senior Masculino	02:04:38	+46:27	08:19
65	1389	Hugo Lobo	PapaTrilhos	Senior Masculino	02:04:39	+46:28	08:19
66	1182	Domingos Fernandino Ferreira Gonçalves	Individual	Senior Masculino	02:04:53	+46:42	08:20
67	1205	Luís Miguel	Individual	Senior Masculino	02:06:00	+47:49	08:24
68	1366	Pedro Oliveira	MTT Running	Senior Masculino	02:06:54	+48:43	08:28
69	1444	Pedro Oliveira	Trail Snakes Team	Senior Masculino	02:07:02	+48:52	08:28
70	1189	Filipe Neto	Individual	Senior Masculino	02:07:10	+48:59	08:29
71	1176	Arnaldo Ferreira	Individual	Senior Masculino	02:07:11	+49:00	08:29
72	1139	Tiago Sousa	gansos	Senior Masculino	02:07:51	+49:40	08:31
73	1344	José Ribeiro	Infinix	Senior Masculino	02:08:18	+50:07	08:33
74	1204	Luis Manuel da silva machado	Individual	Senior Masculino	02:08:40	+50:29	08:35
75	1192	Gil Almeida	Individual	Senior Masculino	02:09:05	+50:54	08:36
76	1198	Jorge Daniel Martins Freitas	Individual	Senior Masculino	02:09:05	+50:54	08:36
77	1220	Pedro Fernandes	Individual	Senior Masculino	02:10:43	+52:32	08:43
78	1180	Carlos Moreira	Individual	Senior Masculino	02:11:47	+53:36	08:47
79	1174	André Alexandre Neto Gomes Silva	Individual	Senior Masculino	02:12:10	+54:00	08:49
80	1210	Marco António Silva Pinheiro	Individual	Senior Masculino	02:12:13	+54:02	08:49
81	1226	Ruben Tiago Ribeiro da Mata	Individual	Senior Masculino	02:12:56	+54:45	08:52
82	1345	Manuel Ribeiro	Infinix	Senior Masculino	02:13:13	+55:02	08:53
83	1179	Carlos Alberto Costa Pacheco	Individual	Senior Masculino	02:14:41	+56:30	08:59
84	1233	Tiago Seabra	Individual	Senior Masculino	02:15:12	+57:01	09:01
85	1200	José Leão	Individual	Senior Masculino	02:16:35	+58:25	09:06
86	1128	Pedro Meireles	Famelga	Senior Masculino	02:17:21	+59:10	09:09
87	1061	Pedro Seabra	Caminhadas da amizade	Senior Masculino	02:18:05	+59:54	09:12
88	1099	Bruno Chimeno	Coronado runners	Senior Masculino	02:20:15	+01:02:04	09:21
89	1382	Francisco Oliveira	Os Grossos	Senior Masculino	02:21:13	+01:03:03	09:25
90	1213	MARIO JOÃO DIAS COELHO	Individual	Senior Masculino	02:22:14	+01:04:03	09:29
91	1060	Paulo Barbosa	Caminhadas da amizade	Senior Masculino	02:24:05	+01:05:54	09:36
92	1402	António Mendes	rebeldes trail	Senior Masculino	02:24:32	+01:06:21	09:38
93	1062	Ricardo Morais	Caminhadas da amizade	Senior Masculino	02:24:47	+01:06:36	09:39
94	1222	Ricardo Pacheco	Individual	Senior Masculino	02:25:48	+01:07:37	09:43
95	1216	Osvaldo Lopes	Individual	Senior Masculino	02:26:21	+01:08:10	09:45
96	1057	Igor Vale	Caminhadas da amizade	Senior Masculino	02:26:42	+01:08:31	09:47

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

97	1114	Igor Dinis	Cromos do Tomas	Senior Masculino	02:28:11	+01:10:01	09:53
98	1023	João leal	Arrasta que vai	Senior Masculino	02:29:43	+01:11:33	09:59
99	1002	Diogo Pereira	A20s Javalis Trail Team	Senior Masculino	02:32:03	+01:13:52	10:08
100	1100	Tomas Paiva	Coronado runners	Senior Masculino	02:34:05	+01:15:54	10:16
101	1059	Joel Vale	Caminhadas da amizade	Senior Masculino	02:35:28	+01:17:17	10:22
102	1211	Marco Babo	Individual	Senior Masculino	02:40:27	+01:22:16	10:42
103	1232	Tiago Dias	Individual	Senior Masculino	02:40:27	+01:22:16	10:42
104	1208	Luís Sousa	Individual	Senior Masculino	02:41:34	+01:23:23	10:46
105	1056	Gonçalo Costa	Caminhadas da amizade	Senior Masculino	02:44:44	+01:26:33	10:59
106	1191	Flávio Braga	Individual	Senior Masculino	02:47:52	+01:29:41	11:11
107	1088	Abel Moreira	CLUBE TRILHEIROS & AMIGOS	Senior Masculino	03:31:35	+02:13:24	14:06

Veterana F40

1	1033	Sandra Lage	Boavista trail	Veterana F40	01:39:50		06:39
2	1236	Brígida Raquel Dias Pinto	Individual	Veterana F40	01:45:19	+05:29	07:01
3	1043	Márcia Cristina Carneiro Ruas	BREAK	Veterana F40	01:47:35	+07:45	07:10
4	1158	Catarina Inês Costa Afonso	Grupo Alegre e Unido bajouca	Veterana F40	01:50:16	+10:26	07:21
5	1442	Maria Neves	Tog-Associação Running Team	Veterana F40	01:51:17	+11:27	07:25
6	1064	Lia Silva	Caminhadas da amizade	Veterana F40	01:54:02	+14:12	07:36
7	1245	VERA LIA LEAL	Individual	Veterana F40	01:55:36	+15:46	07:42
8	1378	Carla Luis	Nova Linha Trail Runners	Veterana F40	02:00:51	+21:01	08:03
9	1140	Marisa Pinheiro	gansos	Veterana F40	02:01:22	+21:32	08:05
10	1391	lucinda marques	Paredes Running	Veterana F40	02:01:42	+21:52	08:07
11	1440	Emília Andrade	Tog-Associação Running Team	Veterana F40	02:04:49	+24:58	08:19
12	1244	Susana Monteiro	Individual	Veterana F40	02:10:44	+30:54	08:43
13	1239	Filipa Belo	Individual	Veterana F40	02:15:15	+35:24	09:01
14	1131	Helena Maria Lopes Pereira	Fc Vizela	Veterana F40	02:19:13	+39:23	09:17
15	1241	Sandra Cristina Morais Pinto	Individual	Veterana F40	02:22:54	+43:04	09:32
16	1148	Amélia Ramos	GD Leões da Guarda - Lion Runners	Veterana F40	02:24:11	+44:21	09:37
17	1065	Lígia Gonçalves	Caminhadas da amizade	Veterana F40	02:24:16	+44:26	09:37
18	1417	Joaquina Silva	Sport Clube Freamunde	Veterana F40	02:24:19	+44:28	09:37
19	1154	Lurdes Loureiro	GENEROSOS RUNNERS	Veterana F40	02:24:43	+44:53	09:39
20	1063	Carla Moreira	Caminhadas da amizade	Veterana F40	02:28:58	+49:07	09:56
21	1243	Susana cunha	Individual	Veterana F40	02:29:10	+49:20	09:57
22	1385	Ana cristina silva	paços runners	Veterana F40	02:29:19	+49:29	09:57
23	1238	Cláudia Gonçalves	Individual	Veterana F40	02:33:02	+53:11	10:12
24	1155	Silvia Cruz	GENEROSOS RUNNERS	Veterana F40	02:34:48	+54:58	10:19
25	1149	Carina Silva	GD Leões da Guarda - Lion Runners	Veterana F40	02:36:13	+56:23	10:25
26	1237	Cláudia Filipa Cunha Magalhães	Individual	Veterana F40	02:46:54	+01:07:04	11:08
27	1242	Sara portugal	Individual	Veterana F40	02:48:41	+01:08:51	11:15
28	1067	Sónia Moreira	Caminhadas da amizade	Veterana F40	02:48:46	+01:08:56	11:15
29	1454	Monica Carvalho	Valongo Trail Team	Veterana F40	02:50:24	+01:10:33	11:22
30	1424	Sandra carvalho	Team Sem Medo	Veterana F40	02:51:53	+01:12:03	11:28
31	1351	Carla pereira	JAVALIS100LIMITES	Veterana F40	02:52:51	+01:13:01	11:31

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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32	1066	Sandra Águia	Caminhadas da amizade	Veterana F40	02:53:31	+01:13:41	11:34
33	1441	Kika Martins	Tog-Associação Running Team	Veterana F40	02:53:42	+01:13:52	11:35
34	1358	Ana Ferreira	KM TRETa	Veterana F40	02:58:46	+01:18:56	11:55
35	1433	Alexandra Rocha	TeamLiberty	Veterana F40	03:03:41	+01:23:50	12:15
36	1375	Margarida Silva	NOCTURNOS DE PAREDES	Veterana F40	03:10:35	+01:30:45	12:42
37	1353	Vania gonçalves	JAVALIS100LIMITES	Veterana F40	03:11:16	+01:31:26	12:45
38	1090	Luísa Gonçalves	CLUBE TRILHEIROS & AMIGOS	Veterana F40	03:31:35	+01:51:45	14:06
39	1352	Cristina duarte	JAVALIS100LIMITES	Veterana F40	03:58:58	+02:19:08	15:56

Veterana F50

1	1150	Fátima Coelho	GD Leões da Guarda - Lion Runners	Veterana F50	01:39:31		06:38
2	1249	Ângela Eduarda Gomes Costa	Individual	Veterana F50	01:46:53	+07:21	07:08
3	1070	Céu Moreira	Caminhadas da amizade	Veterana F50	01:51:50	+12:18	07:27
4	1371	Fatima Sousa	Never ALONE Trail Team	Veterana F50	01:52:41	+13:09	07:31
5	1363	Isabel Mariani	Maia runners	Veterana F50	01:53:05	+13:33	07:32
6	113	Sandra Maria Tavares de Magalhaes Martins	BREAK	Veterana F50	01:57:58	+18:27	07:52
7	1250	Diana sousa	Individual	Veterana F50	02:00:12	+20:40	08:01
8	1397	MANUELA FARIA	PORTOCARGO RUNNERS	Veterana F50	02:00:31	+21:00	08:02
9	1132	Maria José Silva	Fc Vizela	Veterana F50	02:01:52	+22:20	08:07
10	1361	Maria Sousa	Lá vamos nós!	Veterana F50	02:04:18	+24:46	08:17
11	1044	Anabela Monteiro Gonçalves	BREAK	Veterana F50	02:08:49	+29:18	08:35
12	1403	Elsa Sacramento	rebeldes trail	Veterana F50	02:10:42	+31:10	08:43
13	1119	Maria José Barbosa de Sousa	Dá-lhe Gás Trail Team Fisioduo	Veterana F50	02:11:20	+31:48	08:45
14	1254	Minda Coelho	Individual	Veterana F50	02:13:42	+34:10	08:55
15	1143	Paula Ferreira	gansos	Veterana F50	02:18:54	+39:22	09:16
16	1068	Camila Manso	Caminhadas da amizade	Veterana F50	02:19:51	+40:19	09:19
17	1396	DULCE RESENDE	PORTOCARGO RUNNERS	Veterana F50	02:20:36	+41:04	09:22
18	1069	Carla Silva	Caminhadas da amizade	Veterana F50	02:20:59	+41:27	09:24
19	1072	Margarida Martins	Caminhadas da amizade	Veterana F50	02:21:28	+41:56	09:26
20	1255	Norberta Grilo	Individual	Veterana F50	02:24:20	+44:48	09:37
21	1426	Paula Silva	Team Sem Medo	Veterana F50	02:25:38	+46:06	09:43
22	1248	Anabela Carvalho	Individual	Veterana F50	02:29:45	+50:14	09:59
23	1142	Flor Ribeiro	gansos	Veterana F50	02:32:29	+52:57	10:10
24	1379	Amália Monteiro	Nova Linha Trail Runners	Veterana F50	02:36:26	+56:55	10:26
25	1073	Zélia Sousa	Caminhadas da amizade	Veterana F50	02:37:36	+58:05	10:30
26	1247	Ana Marcelino	Individual	Veterana F50	02:50:23	+01:10:52	11:22
27	1071	Fernanda Alves	Caminhadas da amizade	Veterana F50	02:50:27	+01:10:55	11:22
28	1101	Anabela Silva	Coronado runners	Veterana F50	02:55:36	+01:16:05	11:42
29	1435	Arminda couto	TeamLiberty	Veterana F50	03:03:41	+01:24:09	12:15
30	1252	Margarida Coelho	Individual	Veterana F50	03:31:35	+01:52:03	14:06
31	1091	Jacinta Maria Faria Martins Fonseca	CLUBE TRILHEIROS & AMIGOS	Veterana F50	03:58:58	+02:19:27	15:56

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterana F60

1	1151	Rosa Barros	GD Leões da Guarda - Lion Runners	Veterana F60	02:24:11		09:37
2	1144	Deolinda Campanha	gansos	Veterana F60	02:58:53	+34:41	11:56

Veterano M40

1	1027	Agostinho Reis	Bairros Fc	Veterano M40	01:14:39		04:59
2	1460	Marco Correia	Fc Vizela	Veterano M40	01:18:12	+03:32	05:13
3	1295	Paulo Nogueira	Individual	Veterano M40	01:18:56	+04:16	05:16
4	1259	António Vieira	Individual	Veterano M40	01:20:47	+06:07	05:23
5	1086	Diogo Barros	CB RUN	Veterano M40	01:22:54	+08:15	05:32
6	1009	Paulo Sousa	ADNA - Associação Desportiva Nós Acreditamos	Veterano M40	01:26:03	+11:23	05:44
7	1418	Carlos Silva	Sport Clube Freamunde	Veterano M40	01:27:19	+12:39	05:49
8	1159	Eduardo Coelho	hab carpintaria	Veterano M40	01:27:41	+13:01	05:51
9	1018	Ricardo Silva	AFdS	Veterano M40	01:28:06	+13:26	05:52
10	1125	Ricardo Silva	Didact Heart	Veterano M40	01:28:51	+14:12	05:55
11	188	Vítor Carneiro	paços runners	Veterano M40	01:29:27	+14:47	05:58
12	1305	Telmo Cardoso	Individual	Veterano M40	01:29:30	+14:50	05:58
13	1135	Nelson Leandro dos Santos Martins Pinto	Fc Vizela	Veterano M40	01:29:49	+15:09	05:59
14	1076	Paulo Silva	Caminhadas da amizade	Veterano M40	01:30:01	+15:21	06:00
15	1301	Ricardo Ferreira	Individual	Veterano M40	01:31:14	+16:34	06:05
16	1303	Ricardo Zeferino Ribeiro Costa	Individual	Veterano M40	01:33:20	+18:40	06:13
17	1356	Hugo Xavier	Jesuítas Bike Team	Veterano M40	01:34:24	+19:44	06:18
18	1103	João Maia	Coronado runners	Veterano M40	01:34:54	+20:14	06:20
19	1276	João Miranda dias da Silva	Individual	Veterano M40	01:35:36	+20:57	06:22
20	1034	Rui Orlando Neto	Boavista trail	Veterano M40	01:38:00	+23:20	06:32
21	1419	Joaquim Leal	Sport Clube Freamunde	Veterano M40	01:38:19	+23:39	06:33
22	1302	Ricardo Rodrigues	Individual	Veterano M40	01:38:40	+24:00	06:35
23	1420	Vítor Carneiro	Sport Clube Freamunde	Veterano M40	01:38:50	+24:10	06:35
24	1120	Rui Silva	Dá-lhe Gás Trail Team Fisioduo	Veterano M40	01:39:12	+24:32	06:37
25	1046	Pedro Miguel Marques Nogueira	BREAK	Veterano M40	01:39:37	+24:57	06:38
26	1138	Sérgio Rafael da Silva Talagaia	Fc Vizela	Veterano M40	01:39:52	+25:12	06:39
27	1269	Filipe neto	Individual	Veterano M40	01:40:16	+25:36	06:41
28	1283	José Manuel Ferreira Antunes Coelho	Individual	Veterano M40	01:42:21	+27:41	06:49
29	1266	César Gonçalves	Individual	Veterano M40	01:42:54	+28:14	06:52
30	1286	Jose Rosendo	Individual	Veterano M40	01:43:00	+28:20	06:52
31	1136	Paulo Freitas	Fc Vizela	Veterano M40	01:43:19	+28:39	06:53
32	1029	Daniel Couto	Baltar Runners	Veterano M40	01:43:27	+28:47	06:54
33	1102	Helder Rafael	Coronado runners	Veterano M40	01:43:31	+28:51	06:54
34	1412	Samuel Bessa	RorizAventura	Veterano M40	01:43:32	+28:52	06:54
35	1152	Silvio Ferreira	GD Leões da Guarda - Lion Runners	Veterano M40	01:43:46	+29:06	06:55
36	1410	Emanuel Fernandes	RorizAventura	Veterano M40	01:44:15	+29:35	06:57

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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37	1122	João Paulo Ferreira Campos	DDT RUNNERS	Veterano M40	01:45:29	+30:50	07:02
38	1008	Jorge Correia	ADNA - Associação Desportiva Nós Acreditamos	Veterano M40	01:45:34	+30:54	07:02
39	1137	Raúl Rosário da Silva Machado	Fc Vizela	Veterano M40	01:45:40	+31:00	07:03
40	1285	José Meireles	Individual	Veterano M40	01:46:42	+32:02	07:07
41	1386	João alves	paços runners	Veterano M40	01:46:47	+32:07	07:07
42	1001	Pedro Vieira	A.D. Amarante Trail Running	Veterano M40	01:47:46	+33:06	07:11
43	1277	Joaquim Alves Pereira gomes	Individual	Veterano M40	01:47:51	+33:11	07:11
44	1270	Filipe Ribeiro	Individual	Veterano M40	01:48:26	+33:46	07:14
45	1287	Luís Coelho	Individual	Veterano M40	01:49:02	+34:22	07:16
46	1267	Daniel Abreu	Individual	Veterano M40	01:49:38	+34:58	07:19
47	1278	Joaquim Sérgio	Individual	Veterano M40	01:50:03	+35:23	07:20
48	1124	Paulo Ferreira	DDT RUNNERS	Veterano M40	01:50:09	+35:29	07:21
49	1133	Helder Costa	Fc Vizela	Veterano M40	01:50:14	+35:34	07:21
50	1272	Francisco Batista	Individual	Veterano M40	01:50:18	+35:38	07:21
51	1289	Manuel Francisco Rodrigues de Sousa Moreira	Individual	Veterano M40	01:51:03	+36:23	07:24
52	1443	Vicente Sousa	Tog-Associação Running Team	Veterano M40	01:51:17	+36:37	07:25
53	1297	Pedro Barbosa	Individual	Veterano M40	01:51:21	+36:41	07:25
54	1372	Ricardo Pinto	Never ALONE Trail Team	Veterano M40	01:51:45	+37:05	07:27
55	1452	Nelo Teixeira	Turbo Kings 2.0 /A.D.A	Veterano M40	01:51:56	+37:16	07:28
56	1106	Rui Silva	Coronado runners	Veterano M40	01:52:10	+37:30	07:29
57	1298	Pedro silva	Individual	Veterano M40	01:52:42	+38:02	07:31
58	1015	Joaquim Vidal	AFdS	Veterano M40	01:54:50	+40:10	07:39
59	1260	Arnaldo carneiro	Individual	Veterano M40	01:55:16	+40:36	07:41
60	1282	José João Saraiva Henriques	Individual	Veterano M40	01:56:09	+41:29	07:45
61	1263	Bruno Costa	Individual	Veterano M40	01:56:10	+41:30	07:45
62	1446	SERGIO SANTOS	Trail Snakes Team	Veterano M40	01:58:19	+43:39	07:53
63	1157	Joel Coelho	GENEROSOS RUNNERS	Veterano M40	01:58:55	+44:15	07:56
64	1105	Nuno Silva	Coronado runners	Veterano M40	01:59:26	+44:46	07:58
65	1451	Helder Bruno Serdoura	Turbo Kings 2.0 /A.D.A	Veterano M40	01:59:29	+44:50	07:58
66	1281	José Pacheco	Individual	Veterano M40	01:59:50	+45:10	07:59
67	1398	LUIS RIBEIRO	PORTOCARGO RUNNERS	Veterano M40	02:00:30	+45:51	08:02
68	1384	Romeu Machado	Os Grossos	Veterano M40	02:00:51	+46:12	08:03
69	1383	Anselmo Campos	Os Grossos	Veterano M40	02:00:52	+46:12	08:03
70	1104	Manuel Ferreira	Coronado runners	Veterano M40	02:00:53	+46:13	08:04
71	1045	José Fernando Morgado Rocha	BREAK	Veterano M40	02:03:48	+49:08	08:15
72	1291	Nuno Paulo	Individual	Veterano M40	02:04:32	+49:53	08:18
73	1290	Nuno Alves	Individual	Veterano M40	02:06:55	+52:15	08:28
74	1293	Osvaldo Manuel Dias Ferreira	Individual	Veterano M40	02:06:59	+52:20	08:28
75	1271	Filipe Torres	Individual	Veterano M40	02:07:27	+52:47	08:30
76	1262	AVELINO CARLOS ROCHA MARTINS COELHO	Individual	Veterano M40	02:08:18	+53:38	08:33
77	1012	António Castro	AFdS	Veterano M40	02:09:44	+55:04	08:39
78	1455	Rui Silva	Valongo Trail Team	Veterano M40	02:10:41	+56:01	08:43
79	1121	Francisco José Pimenta Saraiva	DDT RUNNERS	Veterano M40	02:10:51	+56:11	08:43
80	1299	Quim Barros	Individual	Veterano M40	02:10:55	+56:15	08:44

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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81	1079	Ricardo Pinto	Caminhadas da amizade	Veterano M40	02:12:28	+57:49	08:50
82	1265	Carlos Ribeiro	Individual	Veterano M40	02:12:48	+58:08	08:51
83	1284	José Mário coelho Lopes	Individual	Veterano M40	02:14:35	+59:55	08:58
84	1411	Luís Gouveia	RorizAventura	Veterano M40	02:16:35	+01:01:55	09:06
85	1050	André Barroso	Brufe btt	Veterano M40	02:16:36	+01:01:56	09:06
86	1409	Bru Carlos Martins Costa	RorizAventura	Veterano M40	02:16:36	+01:01:56	09:06
87	1437	Pedro Carvalho	TeamLiberty	Veterano M40	02:17:45	+01:03:06	09:11
88	1306	Vitor Santos	Individual	Veterano M40	02:19:39	+01:04:59	09:19
89	1074	José Sousa	Caminhadas da amizade	Veterano M40	02:19:51	+01:05:11	09:19
90	1092	Ricardo Manuel da Silva Ribeiro	CLUBE TRILHEIROS & AMIGOS	Veterano M40	02:20:43	+01:06:03	09:23
91	1268	Fernando Ribeiro	Individual	Veterano M40	02:21:10	+01:06:30	09:25
92	1257	Antonio Carlos Gomes Dias	Individual	Veterano M40	02:21:23	+01:06:43	09:26
93	1273	Henrique Sousa	Individual	Veterano M40	02:24:10	+01:09:30	09:37
94	1294	Paulo Ferreira	Individual	Veterano M40	02:25:12	+01:10:32	09:41
95	1134	Mauro Ricardo Silva	Fc Vizela	Veterano M40	02:25:48	+01:11:08	09:43
96	1078	Pedro Silva	Caminhadas da amizade	Veterano M40	02:27:20	+01:12:40	09:49
97	1077	Paulo Sousa	Caminhadas da amizade	Veterano M40	02:28:24	+01:13:45	09:54
98	1024	Marcelo Ferreira	Arrasta que vai	Veterano M40	02:29:48	+01:15:08	09:59
99	1016	Pedro Barreto	AFdS	Veterano M40	02:31:44	+01:17:05	10:07
100	1017	Renato Quintas	AFdS	Veterano M40	02:31:48	+01:17:08	10:07
101	1005	Ricardo Veludo	A20s Javalis Trail Team	Veterano M40	02:32:02	+01:17:22	10:08
102	1405	Hugo Bezerra	rebeldes trail	Veterano M40	02:32:53	+01:18:13	10:12
103	1406	Ricardo Maia	rebeldes trail	Veterano M40	02:33:50	+01:19:10	10:15
104	1014	Hélder Campos	AFdS	Veterano M40	02:33:59	+01:19:19	10:16
105	1075	Paulo Carneiro	Caminhadas da amizade	Veterano M40	02:37:52	+01:23:12	10:31
106	1392	Luis Ribeiro	Paredes Running	Veterano M40	02:38:07	+01:23:27	10:32
107	1112	Rui Trigo	Corre São João	Veterano M40	02:43:21	+01:28:41	10:53
108	1021	Pedro santos	ARCD Venda da Luísa	Veterano M40	02:50:37	+01:35:57	11:22
109	1300	Ricardo Dias	Individual	Veterano M40	03:13:50	+01:59:11	12:55
110	1404	Filipe Pereira	rebeldes trail	Veterano M40	03:13:51	+01:59:12	12:55
111	1004	David Martins	A20s Javalis Trail Team	Veterano M40	03:17:29	+02:02:49	13:10
112	1003	António Frazão	A20s Javalis Trail Team	Veterano M40	03:17:31	+02:02:51	13:10
113	1427	Armindo Carvalho	Team Sem Medo	Veterano M40	03:20:42	+02:06:02	13:23
114	1428	Rui Miguel	Team Sem Medo	Veterano M40	03:20:43	+02:06:03	13:23

Veterano M50

1	1370	Sérgio Martins	NAI - Núcleo Atlético Idães	Veterano M50	01:24:34		05:38
2	1308	agostinho teixeira	Individual	Veterano M50	01:28:39	+04:04	05:55
3	1028	José Maia	Bairros Fc	Veterano M50	01:32:57	+08:23	06:12
4	1399	RENATO OLIVEIRA	PORTOCARGO RUNNERS	Veterano M50	01:34:39	+10:04	06:19
5	1453	José Pinto	Turbo Kings 2.0 /A.D.A	Veterano M50	01:37:06	+12:31	06:28
6	1329	miguel leite	Individual	Veterano M50	01:37:26	+12:51	06:30
7	1153	Fernando Morais	GD Leões da Guarda - Lion Runners	Veterano M50	01:39:36	+15:01	06:38
8	1431	Vítor Andrade	Team Sem Medo	Veterano M50	01:39:48	+15:13	06:39

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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9	1321	José Costa	Individual	Veterano M50	01:39:54	+15:20	06:40
10	1331	Paulo Morais	Individual	Veterano M50	01:39:55	+15:21	06:40
11	1094	António Gomes	CLUBE TRILHEIROS & AMIGOS	Veterano M50	01:40:21	+15:46	06:41
12	1323	José M.J. Bessa	Individual	Veterano M50	01:40:46	+16:12	06:43
13	1049	Silvério Paula Pereira	BREAK	Veterano M50	01:41:19	+16:44	06:45
14	1312	António José Bessa Martins	Individual	Veterano M50	01:43:35	+19:00	06:54
15	1364	Bernardino Andrade	Maia runners	Veterano M50	01:44:25	+19:50	06:58
16	1330	Paulo leite	Individual	Veterano M50	01:44:29	+19:55	06:58
17	1165	Victor Azevedo	Individual	Veterano M50	01:46:36	+22:01	07:06
18	1107	Jorge Nogueira	Coronado runners	Veterano M50	01:46:40	+22:05	07:07
19	1307	Adao bessa	Individual	Veterano M50	01:47:32	+22:57	07:10
20	1318	Joaquim Coelho	Individual	Veterano M50	01:48:13	+23:38	07:13
21	1334	torcato costa	Individual	Veterano M50	01:49:49	+25:14	07:19
22	1051	Paulo Rodrigues	Brufe btt	Veterano M50	01:49:56	+25:22	07:20
23	1439	Miguel Lima	The Lost	Veterano M50	01:50:06	+25:32	07:20
24	1083	Paulo Moreira	Caminhadas da amizade	Veterano M50	01:51:19	+26:45	07:25
25	1373	Filipe Machado	Never ALONE Trail Team	Veterano M50	01:51:47	+27:13	07:27
26	1388	João Guimarães	paços runners	Veterano M50	01:51:50	+27:15	07:27
27	1374	Lino Cardoso	Never ALONE Trail Team	Veterano M50	01:52:38	+28:04	07:31
28	1320	Jorge Pacheco	Individual	Veterano M50	01:53:17	+28:43	07:33
29	1319	Jorge cunha	Individual	Veterano M50	01:54:07	+29:32	07:36
30	1429	Antônio Coelho	Team Sem Medo	Veterano M50	01:54:25	+29:51	07:38
31	1315	Fernando Sampaio	Individual	Veterano M50	01:55:49	+31:15	07:43
32	1113	Vítor M Cardoso	Corre São João	Veterano M50	01:57:53	+33:19	07:52
33	1010	Armando Cardoso	ADNA - Associação Desportiva Nós Acreditamos	Veterano M50	01:58:28	+33:54	07:54
34	1317	João Ferreira	Individual	Veterano M50	01:58:34	+33:59	07:54
35	1322	José Gonçalves	Individual	Veterano M50	01:58:42	+34:07	07:55
36	1030	Antonio Couto	Baltar Runners	Veterano M50	01:59:01	+34:26	07:56
37	1314	Armando Neves	Individual	Veterano M50	01:59:45	+35:11	07:59
38	1316	Francisco Nunes	Individual	Veterano M50	01:59:57	+35:22	08:00
39	1084	Vitorino Campos	Caminhadas da amizade	Veterano M50	02:00:06	+35:32	08:00
40	1336	Vitor Santos	Individual	Veterano M50	02:00:41	+36:07	08:03
41	1387	Fernando machado	paços runners	Veterano M50	02:02:40	+38:05	08:11
42	1310	Américo Pereira	Individual	Veterano M50	02:04:57	+40:22	08:20
43	1313	António Sousa	Individual	Veterano M50	02:08:15	+43:41	08:33
44	1311	António Joaquim Ferreira Ribeiro	Individual	Veterano M50	02:08:58	+44:24	08:36
45	1146	Carlos Anjos	gansos	Veterano M50	02:09:42	+45:08	08:39
46	1332	Rui Ribeiro	Individual	Veterano M50	02:10:17	+45:42	08:41
47	1456	Joao Pinheiro	Valongo Trail Team	Veterano M50	02:10:42	+46:07	08:43
48	1324	José Maria Barros Dias	Individual	Veterano M50	02:11:20	+46:45	08:45
49	1335	Vitor Beires Nogueira	Individual	Veterano M50	02:11:59	+47:25	08:48
50	1048	Cristóvão Gonçalves	BREAK	Veterano M50	02:12:21	+47:47	08:49
51	1129	António Neto	Famelga	Veterano M50	02:12:42	+48:07	08:51
52	1414	Manuel Peixoto	RorizAventura	Veterano M50	02:13:03	+48:28	08:52
53	1407	João Santana	rebeldes trail	Veterano M50	02:13:10	+48:36	08:53
54	1080	Francisco Moreira	Caminhadas da amizade	Veterano M50	02:19:08	+54:33	09:17

Trail 15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

55	1082	José Dias	Caminhadas da amizade	Veterano M50	02:19:14	+54:39	09:17
56	1430	José Luís	Team Sem Medo	Veterano M50	02:20:13	+55:39	09:21
57	1022	Carlos Alberto Alves da Silva	ARCORUN	Veterano M50	02:22:52	+58:18	09:31
58	1438	Manuel Soares	The Lost	Veterano M50	02:27:20	+01:02:46	09:49
59	1413	Armando Barroso	RorizAventura	Veterano M50	02:29:46	+01:05:12	09:59
60	1376	Jose Alberto Teixeira	NOCTURNOS DE PAREDES	Veterano M50	02:39:46	+01:15:11	10:39
61	1328	Mario pacheco	Individual	Veterano M50	02:48:41	+01:24:06	11:15
62	1081	José Coelho	Caminhadas da amizade	Veterano M50	02:48:46	+01:24:12	11:15
63	1355	Conceição pereira	JAVALIS100LIMITES	Veterano M50	02:52:49	+01:28:14	11:31
64	1408	Manuel Jorge	rebeldes trail	Veterano M50	02:53:44	+01:29:10	11:35
65	1326	Luis Filipe Matos	rebeldes trail	Veterano M50	03:08:05	+01:43:31	12:32
66	1377	Jose Moura	NOCTURNOS DE PAREDES	Veterano M50	03:10:34	+01:46:00	12:42

Veterano M60

1	1085	Fernando Seabra	Caminhadas da amizade	Veterano M60	01:33:22		06:13
2	1337	Abilio Marques	Individual	Veterano M60	01:34:26	+01:03	06:18
3	1035	Paulo Ferreira	Boavista trail	Veterano M60	01:41:32	+08:09	06:46
4	1339	Carlos Sousa	Individual	Veterano M60	01:42:49	+09:26	06:51
5	1020	João Moreira	Amigos 100 Limites	Veterano M60	01:45:05	+11:42	07:00
6	1447	José Alves	Trail Snakes Team	Veterano M60	01:50:54	+17:32	07:24
7	1126	José Santos	Douroconta- Gabinete de Apoio e Contabilidade, Lda	Veterano M60	01:52:01	+18:38	07:28
8	1108	Ernesto E	Coronado runners	Veterano M60	01:57:11	+23:48	07:49
9	1380	Florindo pereira	Nova Linha Trail Runners	Veterano M60	01:59:35	+26:12	07:58
10	1052	Joaquim Santos	Brufe btt	Veterano M60	02:01:56	+28:33	08:08
11	1338	Abílio Neves	Individual	Veterano M60	02:06:16	+32:54	08:25
12	1095	José Mendes	CLUBE TRILHEIROS & AMIGOS	Veterano M60	02:10:40	+37:18	08:43
13	1340	Ernesto Brandão	Individual	Veterano M60	02:10:43	+37:21	08:43
14	1381	António Costa	Oficina das medalhas	Veterano M60	02:23:23	+50:00	09:34
15	1147	Manuel Barros	gansos	Veterano M60	02:25:16	+51:53	09:41
16	1432	Alberto Pereira	Team Sem Medo	Veterano M60	02:46:28	+01:13:05	11:06
17	1343	João Santos	Individual	Veterano M60	03:12:37	+01:39:14	12:50

TEAM RESULTS - TRAIL 15K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	BAIRROS FC	1 + 26 + 29	56
2	NAI - NÚCLEO ATLÉTICO IDÃES	9 + 19 + 33	61
3	FC VIZELA	3 + 23 + 57	83
4	TURBO KINGS 2.0 /A.D.A	27 + 28 + 41	96
5	SPORT CLUBE FREAMUNDE	14 + 46 + 49	109
6	ADNA - ASSOCIAÇÃO DESPORTIVA NÓS ACREDITAMOS	8 + 11 + 97	116
7	CAMINHADAS DA AMIZADE	24 + 31 + 74	129
8	BREAK	13 + 54 + 64	131
9	BOAVISTA TRAIL	44 + 56 + 65	165
10	GD LEÕES DA GUARDA - LION RUNNERS	52 + 53 + 82	187
11	DÁ-LHE GÁS TRAIL TEAM FISIODUO	12 + 51 + 142	205
12	RORIZAVENTURA	45 + 78 + 83	206
13	CORONADO RUNNERS	36 + 77 + 104	217
14	PAÇOS RUNNERS	20 + 106 + 147	273
15	PÓ REFORÇO TRAIL TEAM	40 + 118 + 119	277
16	CLUBE TRILHEIROS & AMIGOS	61 + 102 + 243	406
17	PORTOCARGO RUNNERS	35 + 192 + 193	420
18	AFDS	16 + 164 + 241	421
19	NEVER ALONE TRAIL TEAM	144 + 145 + 153	442
20	DDT RUNNERS	96 + 129 + 251	476
21	TOG-ASSOCIAÇÃO RUNNING TEAM	135 + 136 + 217	488
22	TEAM SEM MEDO	55 + 163 + 288	506
23	TRAIL SNAKES TEAM	133 + 175 + 225	533
24	BRUFE BTT	125 + 205 + 277	607
25	GANSOS	202 + 231 + 240	673
26	OS GROSSOS	196 + 198 + 295	689
27	NOVA LINHA TRAIL RUNNERS	186 + 197 + 350	733
28	REBELDES TRAIL	245 + 247 + 265	757
29	JAVALIS100LIMITES	171 + 268 + 379	818
30	GENEROSOS RUNNERS	181 + 314 + 346	841
31	VALONGO TRAIL TEAM	244 + 246 + 374	864
32	CORRE SÃO JOÃO	173 + 360 + 361	894
33	TEAMLIBERTY	279 + 388 + 389	1056
34	A20S JAVALIS TRAIL TEAM	337 + 338 + 397	1072
35	NOCTURNOS DE PAREDES	354 + 391 + 392	1137