Trail Rota do Castro
Romariz, Santa Maria da Feira
21-maio-2023

TRAIL - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	15,7ºC	63%
End	11:35	15,7ºC	63%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	138	João Sousa	PNB	57:06		04:24	
2	137	Luciano Pereira	Vizela Corre	57:39	+00:33	04:26	
3	23	Fernando Lima	Arrifana Running	58:11	+01:05	04:29	
4	66	Paulo Pinto	Duvalli Runners	59:38	+02:32	04:35	
5	84	André Guedes	Individual	01:02:09	+05:03	04:47	
6	33	Ivan Silva	Caldas de S.Jorge Sport Clube	01:02:18	+05:12	04:48	
7	136	Bruno Silva	Sportaz btt isolamais	01:02:19	+05:13	04:48	
8	44	Antonio Amorim	Clube Desportivo Feirense	01:04:21	+07:15	04:57	
9	93	Ricardo Silva	Individual	01:04:23	+07:17	04:57	
10	86	Cristiano Filipe Silva Robalinho	Individual	01:05:33	+08:27	05:03	
11	10	Marco Oliveria	Arrifana Running	01:05:36	+08:30	05:03	
12	71	MANUEL FERREIRA	GD AIRÃO RUN	01:05:41	+08:35	05:03	
13	144	Filipe Almeida	Individual	01:07:29	+10:23	05:11	
14	41	Paulo Oliveira	Clube Desportivo Feirense	01:08:37	+11:31	05:17	
15	42	Pedro Pinho	Clube Desportivo Feirense	01:08:37	+11:31	05:17	
16	40	João Moreira	Clube Desportivo Feirense	01:08:38	+11:32	05:17	
17	130	Agostinho Costa	NAC TRAIL	01:09:27	+12:21	05:21	
18	128	Williams da Conceição Rodriguez	Juventude Cortegacense	01:10:06	+13:00	05:24	
19	89	Fábio Almeida	Individual	01:10:29	+13:23	05:25	
20	24	Francisco Terra	Arrifana Running	01:11:05	+13:59	05:28	
21	74	Domingos Ferreira	Guisande Trail Running	01:11:14	+14:08	05:29	
22	45	Márcia Martins	DCI/Trilhos Luso Bussaco	01:11:26	+14:20	05:30	
23	13	Tiago Gonçalves	Arrifana Running	01:12:47	+15:41	05:36	
24	68	AGOSTINHO TEIXEIRA	GD AIRÃO RUN	01:13:01	+15:55	05:37	
25	63	Paulo Alexandre Brandão Oliveira Gomes	Equipa Trindade	01:13:10	+16:04	05:38	
26	85	Andre Meireles	Individual	01:13:15	+16:09	05:38	
27	141	Carlos Cardoso	CAL - Clube Atletismo de Lamas	01:13:38	+16:32	05:40	
28	14	Andre Vieira	Arrifana Running	01:14:06	+17:00	05:42	
29	11	Miguel Lima	Arrifana Running	01:14:24	+17:18	05:43	
30	139	Liliana Cardoso	Clube Desportivo Feirense	01:14:31	+17:25	05:44	
31	129	Luis Silva	Lusitânia de Lourosa FC- Secção de Atletismo	01:14:40	+17:34	05:45	
32	116	Sérgio Sousa	Individual	01:15:03	+17:57	05:46	
33	70	JORGE FERREIRA	GD AIRÃO RUN	01:15:09	+18:03	05:47	
34	108	Luis Ilidio Azevedo dos SAntos	Individual	01:16:08	+19:02	05:51	
35	106	João Leite	Individual	01:16:08	+19:02	05:51	
36	143	António dos Santos Silva	Pupilos Zé Tó	01:16:15	+19:09	05:52	
37	37	Tomas Soares	Clube Desportivo Feirense	01:16:25	+19:19	05:53	
38	110	marco duarte	Individual	01:16:29	+19:23	05:53	
39	94	Tiago Santos	Individual	01:17:13	+20:07	05:56	
40	7	Diogo Pinto	Arrifana Running	01:18:45	+21:39	06:03	
41	34	Francisco Santos	Carregosa Lowlanders	01:20:15	+23:09	06:10	

TRAIL - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	18	Teresa Paiva	Arrifana Running	01:20:30	+23:24	06:12	
43	109	Márcio Daniel Moura	Individual	01:20:32	+23:26	06:12	
44	43	Rolando Paulo	Clube Desportivo Feirense	01:20:58	+23:52	06:14	
45	92	Ricardo Manuel Guerra Pina	Individual	01:22:32	+25:26	06:21	
46	123	Antonio Darochafonseca	Individual	01:23:35	+26:29	06:26	
47	26	Danilo Fenu	Bravos e Bravitas	01:23:36	+26:30	06:26	
48	126	Pedro Custódio	JUFacc	01:23:37	+26:31	06:26	
49	12	Roberto Filipe	Arrifana Running	01:23:37	+26:31	06:26	
50	142	Manuel Zola	Pupilos Zé Tó	01:23:37	+26:31	06:26	
51	8	João Tavares	Arrifana Running	01:23:38	+26:32	06:26	
52	83	André Almeida	Individual	01:23:39	+26:33	06:26	
53	113	Nuno Ricardo Almeida Teixeira	Individual	01:23:57	+26:51	06:27	
54	134	Elisio Oliveira	RPBIKESHOP	01:23:57	+26:51	06:27	
55	117	Adão Bessa	Individual	01:24:02	+26:56	06:28	
56	27	Rui Santos	C. EMANUEL RUNNING	01:24:22	+27:16	06:29	
57	88	Dylan Rodrigues Almeida	Individual	01:24:53	+27:47	06:32	
58	76	Tiago Figueiredo	Guisande Trail Running	01:25:07	+28:01	06:33	
59	6	Diogo Ismael	Arrifana Running	01:25:58	+28:52	06:37	
60	105	João Gonçalves	Ultimagem	01:26:02	+28:56	06:37	
61	25	Albano Fernando	Arrifana Running	01:26:12	+29:06	06:38	
62	49	João Paulo Campos	DDT RUNNERS	01:27:59	+30:53	06:46	
63	62	Óscar Filipe Alves Pinho Almeida	Equipa Trindade	01:28:55	+31:49	06:50	
64	64	Pedro Pereira Martins	Equipa Trindade	01:28:55	+31:49	06:50	
65	91	Nuno Lourenço	Individual	01:29:18	+32:12	06:52	
66	120	jorge oliveira	Individual	01:29:35	+32:29	06:53	
67	39	Sandra Canelha	Clube Desportivo Feirense	01:29:42	+32:36	06:54	
68	112	Nuno Barbosa	Individual	01:30:06	+33:00	06:56	
69	21	Diogo Lopes	Arrifana Running	01:30:53	+33:47	06:59	
70	102	António Augusto Moreira Mota	Individual	01:32:00	+34:54	07:05	
71	114	Nuno Rocha	Individual	01:32:01	+34:55	07:05	
72	51	Paulo Ferreira	DDT RUNNERS	01:32:08	+35:02	07:05	
73	140	Patricia Palmeira	Ultimagem	01:32:10	+35:04	07:05	
74	127	RENATO ARAÚJO	JUFacc	01:32:19	+35:13	07:06	
75	69	HILÁRIO MATOS	GD AIRÃO RUN	01:32:24	+35:18	07:06	
76	16	Carmo Paiva	Arrifana Running	01:32:52	+35:46	07:09	
77	15	Pedro Carvalho	Arrifana Running	01:36:17	+39:11	07:24	
78	135	Fernando brandao	Sentir escariz runing	01:36:17	+39:11	07:24	
79	31	Joel Santos	CAL - Clube Atletismo de Lamas	01:37:37	+40:31	07:31	
80	32	Jorge Bernardino	CAL - Clube Atletismo de Lamas	01:37:38	+40:32	07:31	
81	30	Flávio Soares	CAL - Clube Atletismo de Lamas	01:37:38	+40:32	07:31	
82	29	TERESA TAVARES	CAL - Clube Atletismo de Lamas	01:37:38	+40:32	07:31	
83	97	Ana Filipa Soares Correia	Individual	01:37:58	+40:52	07:32	
84	5	António Ferreira	Arrifana Running	01:39:04	+41:58	07:37	
85	67	CARLA DIAS	GD AIRÃO RUN	01:41:30	+44:24	07:48	
86	50	Manuel Oliveira	DDT RUNNERS	01:42:30	+45:24	07:53	
87	61	Nuno Miguel Jesus Vidinha	Equipa Trindade	01:43:13	+46:07	07:56	

TRAIL - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	75	Pedro Santos	Guisande Trail Running	01:44:32	+47:26	08:02	
89	124	Carla Pereira	JUFacc	01:45:06	+48:00	08:05	
90	2	Vanessa Ferreira	Arrifana Running	01:45:44	+48:38	08:08	
91	4	Daniel Filipe	Arrifana Running	01:45:44	+48:38	08:08	
92	9	José Marreto	Arrifana Running	01:45:46	+48:40	08:08	
93	78	Andreia Moura	Individual	01:47:35	+50:29	08:17	
94	107	Joaquim Silva	Individual	01:47:35	+50:29	08:17	
95	17	Susana Gomes	Arrifana Running	01:53:43	+56:37	08:45	
96	19	Paula Martins	Arrifana Running	01:53:43	+56:37	08:45	
97	22	Eduardo Neves	Arrifana Running	01:53:43	+56:37	08:45	
98	20	Rosa Silva	Arrifana Running	01:53:44	+56:38	08:45	
99	115	Paulo Pádua	Individual	01:54:46	+57:40	08:50	
100	79	Isabela Augusta Rodrigues	Individual	01:54:48	+57:42	08:50	
101	47	Norma Guedes	DDT RUNNERS	01:55:30	+58:24	08:53	
102	103	António Santos	Individual	01:56:56	+59:50	09:00	
103	73	Sandra Matos	Guisande Trail Running	01:58:12	+01:01:06	09:06	
104	125	Sofia Leal	JUFacc	01:59:53	+01:02:47	09:13	
105	81	Patrícia Rafaela	Individual	02:01:44	+01:04:38	09:22	
106	111	Alexandra Soares	Individual	02:02:24	+01:05:18	09:25	
107	100	Liliana Monteiro	Individual	02:02:24	+01:05:18	09:25	
108	121	Luis Filipe Matos	Rebeldes Trail	02:02:36	+01:05:30	09:26	
109	133	Manuel Jorge Nogueira da Silva	Rebeldes Trail	02:02:37	+01:05:31	09:26	
110	119	João Santana	Rebeldes Trail	02:02:37	+01:05:31	09:26	
111	104	Francisco José Pimenta Saraiva	Individual	02:04:15	+01:07:09	09:33	
112	52	Rui Silva	DDT RUNNERS	02:04:16	+01:07:10	09:34	
113	46	Liliana Pinto	DDT RUNNERS	02:04:16	+01:07:10	09:34	
114	59	André Tiago Silva Alves Pinho Costa	Equipa Trindade	02:05:19	+01:08:13	09:38	
115	57	Angelica Santos Leal	Equipa Trindade	02:10:12	+01:13:06	10:01	
116	58	Nilza Simone Reis Pereira	Equipa Trindade	02:19:38	+01:22:32	10:44	
117	80	Maria Filomena Peralta da Cruz	Individual	02:30:21	+01:33:15	11:34	
118	77	Ana Catarina Pinto da Silva	Individual	02:30:21	+01:33:15	11:34	

Trail Rota do Castro
Romariz, Santa Maria da Feira
21-maio-2023

Trail **13 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	15,7ºC	63%
End	11:35	15,7ºC	63%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	45	Márcia Martins	DCI/Trilhos Luso Bussaco	Senior Feminino	01:11:26		05:30
2	2	Vanessa Ferreira	Arrifana Running	Senior Feminino	01:45:44	+34:17	08:08
3	78	Andreia Moura	Individual	Senior Feminino	01:47:35	+36:08	08:17
4	79	Isabela Augusta Rodrigues	Individual	Senior Feminino	01:54:48	+43:21	08:50
5	81	Patrícia Rafaela	Individual	Senior Feminino	02:01:44	+50:17	09:22
6	80	Maria Filomena Peralta da Cruz	Individual	Senior Feminino	02:30:21	+01:18:54	11:34
7	77	Ana Catarina Pinto da Silva	Individual	Senior Feminino	02:30:21	+01:18:54	11:34

Senior Masculino

1	138	João Sousa	PNB	Senior Masculino	57:06		04:24
2	84	André Guedes	Individual	Senior Masculino	01:02:09	+05:02	04:47
3	93	Ricardo Silva	Individual	Senior Masculino	01:04:23	+07:16	04:57
4	86	Cristiano Filipe Silva Robalinho	Individual	Senior Masculino	01:05:33	+08:27	05:03
5	10	Marco Oliveria	Arrifana Running	Senior Masculino	01:05:36	+08:30	05:03
6	89	Fábio Almeida	Individual	Senior Masculino	01:10:29	+13:22	05:25
7	13	Tiago Gonçalves	Arrifana Running	Senior Masculino	01:12:47	+15:41	05:36
8	85	Andre Meireles	Individual	Senior Masculino	01:13:15	+16:09	05:38
9	11	Miguel Lima	Arrifana Running	Senior Masculino	01:14:24	+17:18	05:43
10	94	Tiago Santos	Individual	Senior Masculino	01:17:13	+20:06	05:56
11	7	Diogo Pinto	Arrifana Running	Senior Masculino	01:18:45	+21:38	06:03
12	92	Ricardo Manuel Guerra Pina	Individual	Senior Masculino	01:22:32	+25:26	06:21
13	26	Danilo Fenu	Bravos e Bravitas	Senior Masculino	01:23:36	+26:29	06:26
14	12	Roberto Filipe	Arrifana Running	Senior Masculino	01:23:37	+26:31	06:26
15	8	João Tavares	Arrifana Running	Senior Masculino	01:23:38	+26:31	06:26
16	83	André Almeida	Individual	Senior Masculino	01:23:39	+26:33	06:26
17	27	Rui Santos	C. EMANUEL RUNNING	Senior Masculino	01:24:22	+27:16	06:29
18	88	Dylan Rodrigues Almeida	Individual	Senior Masculino	01:24:53	+27:46	06:32
19	6	Diogo Ismael	Arrifana Running	Senior Masculino	01:25:58	+28:52	06:37
20	91	Nuno Lourenço	Individual	Senior Masculino	01:29:18	+32:12	06:52
21	5	António Ferreira	Arrifana Running	Senior Masculino	01:39:04	+41:57	07:37
22	4	Daniel Filipe	Arrifana Running	Senior Masculino	01:45:44	+48:38	08:08
23	9	José Marreto	Arrifana Running	Senior Masculino	01:45:46	+48:40	08:08

Sub 23 Feminino

1	97	Ana Filipa Soares Correia	Individual	Sub 23 Feminino	01:37:58		07:32

Sub 23 Masculino

1	14	Andre Vieira	Arrifana Running	Sub 23 Masculino	01:14:06		05:42
2	129	Luis Silva	Lusitânia de Lourosa FC- Secção de Atletismo	Sub 23 Masculino	01:14:40	+00:33	05:45
3	37	Tomas Soares	Clube Desportivo Feirense	Sub 23 Masculino	01:16:25	+02:18	05:53
4	34	Francisco Santos	Carregosa Lowlanders	Sub 23 Masculino	01:20:15	+06:08	06:10
5	15	Pedro Carvalho	Arrifana Running	Sub 23 Masculino	01:36:17	+22:11	07:24

Veterana F40

1	139	Liliana Cardoso	Clube Desportivo Feirense	Veterana F40	01:14:31		05:44
2	18	Teresa Paiva	Arrifana Running	Veterana F40	01:20:30	+05:59	06:12
3	39	Sandra Canelha	Clube Desportivo Feirense	Veterana F40	01:29:42	+15:11	06:54
4	140	Patricia Palmeira	Ultimagem	Veterana F40	01:32:10	+17:39	07:05
5	16	Carmo Paiva	Arrifana Running	Veterana F40	01:32:52	+18:21	07:09
6	67	CARLA DIAS	GD AIRÃO RUN	Veterana F40	01:41:30	+26:59	07:48
7	124	Carla Pereira	JUFacc	Veterana F40	01:45:06	+30:34	08:05
8	17	Susana Gomes	Arrifana Running	Veterana F40	01:53:43	+39:12	08:45
9	47	Norma Guedes	DDT RUNNERS	Veterana F40	01:55:30	+40:59	08:53
10	73	Sandra Matos	Guisande Trail Running	Veterana F40	01:58:12	+43:41	09:06
11	125	Sofia Leal	JUFacc	Veterana F40	01:59:53	+45:22	09:13
12	100	Liliana Monteiro	Individual	Veterana F40	02:02:24	+47:53	09:25
13	46	Liliana Pinto	DDT RUNNERS	Veterana F40	02:04:16	+49:45	09:34
14	57	Angelica Santos Leal	Equipa Trindade	Veterana F40	02:10:12	+55:41	10:01
15	58	Nilza Simone Reis Pereira	Equipa Trindade	Veterana F40	02:19:38	+01:05:07	10:44

Veterana F50

1	29	TERESA TAVARES	CAL - Clube Atletismo de Lamas	Veterana F50	01:37:38		07:31
2	19	Paula Martins	Arrifana Running	Veterana F50	01:53:43	+16:05	08:45
3	20	Rosa Silva	Arrifana Running	Veterana F50	01:53:44	+16:05	08:45
4	111	Alexandra Soares	Individual	Veterana F50	02:02:24	+24:45	09:25

Veterano M40

1	137	Luciano Pereira	Vizela Corre	Veterano M40	57:39		04:26
2	23	Fernando Lima	Arrifana Running	Veterano M40	58:11	+00:32	04:29
3	66	Paulo Pinto	Duvalli Runners	Veterano M40	59:38	+01:58	04:35
4	33	Ivan Silva	Caldas de S.Jorge Sport Clube	Veterano M40	01:02:18	+04:39	04:48
5	136	Bruno Silva	Sportaz btt isolamais	Veterano M40	01:02:19	+04:39	04:48
6	144	Filipe Almeida	Individual	Veterano M40	01:07:29	+09:49	05:11
7	41	Paulo Oliveira	Clube Desportivo Feirense	Veterano M40	01:08:37	+10:58	05:17
8	42	Pedro Pinho	Clube Desportivo Feirense	Veterano M40	01:08:37	+10:58	05:17
9	40	João Moreira	Clube Desportivo Feirense	Veterano M40	01:08:38	+10:58	05:17

Trail 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

10	128	Williams da Conceição Rodriguez	Juventude Cortegacense	Veterano M40	01:10:06	+12:27	05:24
11	24	Francisco Terra	Arrifana Running	Veterano M40	01:11:05	+13:25	05:28
12	74	Domingos Ferreira	Guisande Trail Running	Veterano M40	01:11:14	+13:35	05:29
13	68	AGOSTINHO TEIXEIRA	GD AIRÃO RUN	Veterano M40	01:13:01	+15:22	05:37
14	63	Paulo Alexandre Brandão Oliveira Gomes	Equipa Trindade	Veterano M40	01:13:10	+15:31	05:38
15	116	Sérgio Sousa	Individual	Veterano M40	01:15:03	+17:23	05:46
16	70	JORGE FERREIRA	GD AIRÃO RUN	Veterano M40	01:15:09	+17:30	05:47
17	108	Luis Ilidio Azevedo dos SAntos	Individual	Veterano M40	01:16:08	+18:28	05:51
18	106	João Leite	Individual	Veterano M40	01:16:08	+18:29	05:51
19	110	marco duarte	Individual	Veterano M40	01:16:29	+18:50	05:53
20	109	Márcio Daniel Moura	Individual	Veterano M40	01:20:32	+22:53	06:12
21	43	Rolando Paulo	Clube Desportivo Feirense	Veterano M40	01:20:58	+23:19	06:14
22	126	Pedro Custódio	JUFacc	Veterano M40	01:23:37	+25:58	06:26
23	113	Nuno Ricardo Almeida Teixeira	Individual	Veterano M40	01:23:57	+26:18	06:27
24	76	Tiago Figueiredo	Guisande Trail Running	Veterano M40	01:25:07	+27:28	06:33
25	105	João Gonçalves	Ultimagem	Veterano M40	01:26:02	+28:23	06:37
26	49	João Paulo Campos	DDT RUNNERS	Veterano M40	01:27:59	+30:19	06:46
27	62	Óscar Filipe Alves Pinho Almeida	Equipa Trindade	Veterano M40	01:28:55	+31:16	06:50
28	64	Pedro Pereira Martins	Equipa Trindade	Veterano M40	01:28:55	+31:16	06:50
29	112	Nuno Barbosa	Individual	Veterano M40	01:30:06	+32:26	06:56
30	21	Diogo Lopes	Arrifana Running	Veterano M40	01:30:53	+33:14	06:59
31	102	António Augusto Moreira Mota	Individual	Veterano M40	01:32:00	+34:21	07:05
32	114	Nuno Rocha	Individual	Veterano M40	01:32:01	+34:21	07:05
33	51	Paulo Ferreira	DDT RUNNERS	Veterano M40	01:32:08	+34:28	07:05
34	69	HILÁRIO MATOS	GD AIRÃO RUN	Veterano M40	01:32:24	+34:44	07:06
35	135	Fernando brandao	Sentir escariz runing	Veterano M40	01:36:17	+38:38	07:24
36	31	Joel Santos	CAL - Clube Atletismo de Lamas	Veterano M40	01:37:37	+39:58	07:31
37	30	Flávio Soares	CAL - Clube Atletismo de Lamas	Veterano M40	01:37:38	+39:58	07:31
38	50	Manuel Oliveira	DDT RUNNERS	Veterano M40	01:42:30	+44:51	07:53
39	61	Nuno Miguel Jesus Vidinha	Equipa Trindade	Veterano M40	01:43:13	+45:33	07:56
40	75	Pedro Santos	Guisande Trail Running	Veterano M40	01:44:32	+46:53	08:02
41	107	Joaquim Silva	Individual	Veterano M40	01:47:35	+49:55	08:17
42	22	Eduardo Neves	Arrifana Running	Veterano M40	01:53:43	+56:04	08:45
43	115	Paulo Pádua	Individual	Veterano M40	01:54:46	+57:07	08:50
44	103	António Santos	Individual	Veterano M40	01:56:56	+59:17	09:00
45	104	Francisco José Pimenta Saraiva	Individual	Veterano M40	02:04:15	+01:06:36	09:33
46	52	Rui Silva	DDT RUNNERS	Veterano M40	02:04:16	+01:06:37	09:34
47	59	André Tiago Silva Alves Pinho Costa	Equipa Trindade	Veterano M40	02:05:19	+01:07:39	09:38

Veterano M50

1	44	Antonio Amorim	Clube Desportivo Feirense	Veterano M50	01:04:21		04:57
2	71	MANUEL FERREIRA	GD AIRÃO RUN	Veterano M50	01:05:41	+01:19	05:03
3	141	Carlos Cardoso	CAL - Clube Atletismo de Lamas	Veterano M50	01:13:38	+09:17	05:40
4	143	António dos Santos Silva	Pupilos Zé Tó	Veterano M50	01:16:15	+11:54	05:52

Trail

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

5	134	Elisio Oliveira	RPBIKESHOP	Veterano M50	01:23:57	+19:36	06:27
6	117	Adão Bessa	Individual	Veterano M50	01:24:02	+19:41	06:28
7	25	Albano Fernando	Arrifana Running	Veterano M50	01:26:12	+21:51	06:38
8	120	jorge oliveira	Individual	Veterano M50	01:29:35	+25:14	06:53
9	127	RENATO ARAÚJO	JUFacc	Veterano M50	01:32:19	+27:58	07:06
10	32	Jorge Bernardino	CAL - Clube Atletismo de Lamas	Veterano M50	01:37:38	+33:16	07:31
11	121	Luis Filipe Matos	Rebeldes Trail	Veterano M50	02:02:36	+58:15	09:26
12	133	Manuel Jorge Nogueira da Silva	Rebeldes Trail	Veterano M50	02:02:37	+58:16	09:26
13	119	João Santana	Rebeldes Trail	Veterano M50	02:02:37	+58:16	09:26

Veterano M60

1	130	Agostinho Costa	NAC TRAIL	Veterano M60	01:09:27		05:21
2	123	Antonio Darochafonseca	Individual	Veterano M60	01:23:35	+14:08	06:26
3	142	Manuel Zola	Pupilos Zé Tó	Veterano M60	01:23:37	+14:10	06:26

TEAM RESULTS - TRAIL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	ARRIFANA RUNNING	3 + 11 + 20	34
2	CLUBE DESPORTIVO FEIRENSE	8 + 14 + 15	37
3	GD AIRÃO RUN	12 + 24 + 33	69
4	EQUIPA TRINDADE	25 + 63 + 64	152
5	GUISANDE TRAIL RUNNING	21 + 58 + 88	167
6	CAL - CLUBE ATLETISMO DE LAMAS	27 + 79 + 80	186
7	JUFACC	48 + 74 + 89	211
8	DDT RUNNERS	62 + 72 + 86	220
9	REBELDES TRAIL	108 + 109 + 110	327