Trail Por Terras de Fontes e Lobos
Fonte de Angeão, Vagos
05-novembro-2023

TRAIL JUVENIL - STAGE 1 — 11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:30	--	--
End	12:10	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	153	Pedro Henriques Pereira	S.C.VISTA-ALEGRE	01:04:10		05:50	
2	161	Leandro margarido	Sete slow and furious	01:18:19	+14:09	07:07	
3	162	Ruben martins	Sete slow and furious	01:18:26	+14:16	07:08	
4	174	Diogo Silvestre	Tainadas Run Team	01:35:37	+31:27	08:42	

Trail Por Terras de Fontes e Lobos

Fonte de Angeão, Vagos

05-novembro-2023

TRAIL - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:30	--	--
End	12:49	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	155	Sérgio Manito	Sacatrilhos	55:55		03:44	
2	113	Igor Santos	Juve run	57:46	+01:51	03:51	
3	172	Luís Diogo	Sport Clube Paradela	57:58	+02:03	03:52	
4	24	nelson maia	Bustos Runners	58:18	+02:23	03:53	
5	31	William Caetano	DCI/Trilhos Luso Bussaco	59:31	+03:36	03:58	
6	43	Pedro Sarabando	Grecas - Vagos	59:34	+03:39	03:58	
7	38	kevin amoedo	Ginásio CR7 FITNESS CRUNCH AVEIRO	01:02:17	+06:22	04:09	
8	80	José Vítor da Silva Moreira	Individual	01:02:45	+06:50	04:11	
9	68	Didier De Jesus	Individual	01:04:01	+08:06	04:16	
10	173	Marcos Ferreira	Sport Clube Paradela	01:04:05	+08:10	04:16	
11	132	Vitor Martins	Juve run	01:04:12	+08:17	04:17	
12	91	Pedro Capela	Individual	01:04:45	+08:50	04:19	
13	42	Vítor Santos	Grecas - Vagos	01:04:51	+08:56	04:19	
14	210	Pedro Silva	Individual	01:07:02	+11:07	04:28	
15	177	Kevin Regalado	Tainadas Run Team	01:07:05	+11:10	04:28	
16	82	Luís Oliveira	Individual	01:07:15	+11:20	04:29	
17	74	João Margarido	Individual	01:07:31	+11:36	04:30	
18	171	Cláudio Agostinho	Sport Clube Paradela	01:07:34	+11:39	04:30	
19	92	Ricardo rumor	Individual	01:07:40	+11:45	04:31	
20	83	Maikol Simões	Individual	01:08:07	+12:12	04:32	
21	18	LUIS FERREIRA	ACD OS ÍLHAVOS	01:08:21	+12:26	04:33	
22	41	Juan Oliveira	Grecas - Vagos	01:08:25	+12:30	04:34	
23	33	Arcanjo Amarante Martins	Elkazebá	01:08:53	+12:58	04:36	
24	142	Luís Filipe Santos Marques	Os Unidos Run Team	01:10:03	+14:08	04:40	
25	102	FILIPE Rouxinol	Individual	01:10:07	+14:12	04:40	
26	128	Juan Jesus	Juve run	01:10:13	+14:18	04:41	
27	48	André jesus	Individual	01:10:28	+14:33	04:42	
28	97	António Rogério Cruz Simões Almeida	Individual	01:10:50	+14:55	04:43	
29	50	Carlos Marques	Individual	01:10:59	+15:04	04:44	
30	30	Américo Martins	CATR -Correio de Albergaria Trail Running	01:11:02	+15:07	04:44	
31	166	Jose carlos margarido	Sete slow and furious	01:11:09	+15:14	04:45	
32	25	Domingos Tavares	Bustos Runners	01:11:09	+15:14	04:45	
33	190	Ronny Simoes	TREPANELAS	01:12:09	+16:14	04:49	
34	54	Mauro Leite	Individual	01:12:23	+16:28	04:50	
35	117	Rafael Simoes	Juve run	01:12:46	+16:51	04:51	
36	154	Paulo Jorge dos Santos Pereira	S.C.VISTA-ALEGRE	01:13:11	+17:16	04:53	
37	15	Paulo Jorge Fernandes Pereira	(Com)dores	01:13:13	+17:18	04:53	
38	75	Jonathan Bravo	Individual	01:13:18	+17:23	04:53	
39	134	Simão Martins	Kenya Team	01:13:22	+17:27	04:53	
40	116	Miguel Pereira	Juve run	01:13:24	+17:29	04:54	
41	160	Sérgio Silva	Sem Rumo	01:13:33	+17:38	04:54	

TRAIL - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	22	Bernardo Leite	Barra Ocean Runnners	01:13:44	+17:49	04:55	
43	39	Adérito Curto	Gira Sol	01:13:46	+17:51	04:55	
44	122	Bruno Curto	Juve run	01:13:49	+17:54	04:55	
45	170	Tibério Santos	Sosense Trail Team/Braga&Fernandes	01:14:44	+18:49	04:59	
46	209	David Silva	Individual	01:14:48	+18:53	04:59	
47	108	Cátia Ferreira	Juve run	01:14:48	+18:53	04:59	
48	158	Paulo Rocha	Sem Rumo	01:14:58	+19:03	05:00	
49	105	Paulo Jorge Santos António	Individual	01:14:58	+19:03	05:00	
50	93	Ricardo Santos	Individual	01:15:30	+19:35	05:02	
51	125	Edgar Dinis	Juve run	01:15:46	+19:51	05:03	
52	89	Nuno Almeida	Individual	01:16:04	+20:09	05:04	
53	23	Bruno Ferreira	Bustos Runners	01:16:28	+20:33	05:06	
54	139	Roberto Santos Rodrigues	Lobitos BikeTeam	01:16:38	+20:43	05:07	
55	157	Nelson Ribas	Sem Rumo	01:16:46	+20:51	05:07	
56	76	Jorge Manuel de Jesus Perdigão	Individual	01:16:49	+20:54	05:07	
57	79	José Miguel de Jesus Perdigão	Individual	01:16:52	+20:57	05:07	
58	188	Paulo Alexandre Simões da Costa	Tainadas Run Team	01:16:54	+20:59	05:08	
59	37	Sara Mendes	Ginásio CR7 FITNESS CRUNCH AVEIRO	01:17:18	+21:23	05:09	
60	112	Floriano de Almeida Faneca	Juve run	01:17:35	+21:40	05:10	
61	69	Eduardo Loureiro	Individual	01:18:11	+22:16	05:13	
62	205	Pedro Oliveira	Xikinhos	01:18:14	+22:19	05:13	
63	186	Jorge Piçarra	Tainadas Run Team	01:18:23	+22:28	05:14	
64	168	Paulo Cruz	Sosense Trail Team/Braga&Fernandes	01:18:28	+22:33	05:14	
65	167	Paulo Pires	Sosense Trail Team/Braga&Fernandes	01:18:32	+22:37	05:14	
66	141	Levi Fernandes	NAC Trail	01:18:39	+22:44	05:15	
67	95	Tiago Gandarez	Individual	01:18:43	+22:48	05:15	
68	87	Nelo juliao	Individual	01:18:50	+22:55	05:15	
69	156	Henrique Silva	Sem Rumo	01:18:50	+22:55	05:15	
70	52	Daniel Santos Ferreira	Individual	01:19:02	+23:07	05:16	
71	208	Gabriel Conde	Individual	01:19:05	+23:10	05:16	
72	96	António Lourenço Fernandes	Individual	01:19:23	+23:28	05:18	
73	187	Licinio Manuel Saragoça Costa	Tainadas Run Team	01:19:49	+23:54	05:19	
74	152	Rui Canudo	RM Runners	01:19:51	+23:56	05:19	
75	151	Rui Cainé	RM Runners	01:19:51	+23:56	05:19	
76	137	Nuno Pereira	Lobitos BikeTeam	01:20:01	+24:06	05:20	
77	49	Arthur Pito Pereira	Individual	01:20:10	+24:15	05:21	
78	207	João Manuel de Jesus Martins	XIKINHOS	01:20:13	+24:18	05:21	
79	118	Rodrigo Alves Ferreira	Juve run	01:20:14	+24:19	05:21	
80	115	Luis santos	Juve run	01:20:17	+24:22	05:21	
81	111	Edgar Simões	Juve run	01:20:20	+24:25	05:21	
82	124	Cristiano Faneca	Juve run	01:20:42	+24:47	05:23	
83	90	Nuno Oliveira	Individual	01:20:44	+24:49	05:23	
84	51	Daniel Jesus Camarneiro	Individual	01:20:51	+24:56	05:23	
85	198	Narciso José da Silva Pinho	Vamos a Pé - Taboeira	01:20:55	+25:00	05:24	
86	101	CESARIO ROCHA	Individual	01:20:59	+25:04	05:24	
87	55	Pedro Filipe Gonçalves da Rocha	Individual	01:21:07	+25:12	05:24	

TRAIL - STAGE 1 — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	11	Fernando Manuel Rocha Freire	(Com)dores	01:21:18	+25:23	05:25	
89	28	João Ferra	C.F. Os Marialvas	01:21:31	+25:36	05:26	
90	104	Mário Simões	Individual	01:22:04	+26:09	05:28	
91	19	João Petronilho	ACR Running	01:22:06	+26:11	05:28	
92	169	Amilcar de Oliveira Raimundo	Sosense Trail Team/Braga&Fernandes	01:22:07	+26:12	05:28	
93	146	Filipe Canudo	RM Runners	01:22:41	+26:46	05:31	
94	62	Teresa Pinho	Tainadas Run Team	01:23:34	+27:39	05:34	
95	65	Maria Odeta cardoso da Cruz	Individual	01:23:46	+27:51	05:35	
96	138	Ricardo Santos	Lobitos BikeTeam	01:23:48	+27:53	05:35	
97	130	Sergio Pinho	Juve run	01:23:48	+27:53	05:35	
98	143	Nuno Santos	Os Unidos Run Team	01:24:00	+28:05	05:36	
99	21	Joana Ribeiro	Barra Ocean Runnners	01:24:34	+28:39	05:38	
100	140	Rogério Domingues Barreira	Lobitos BikeTeam	01:25:30	+29:35	05:42	
101	126	Felipe Oliveira de Jesus	juve run	01:25:47	+29:52	05:43	
102	175	Beatriz Fernandes	Tainadas Run Team	01:26:21	+30:26	05:45	
103	181	Rosabell Santos	Tainadas Run Team	01:26:53	+30:58	05:48	
104	98	Aventino Magalhães Carvalho Lima	Individual	01:27:04	+31:09	05:48	
105	103	João Santana	Individual	01:27:14	+31:19	05:49	
106	64	Celia Oliveira	Individual	01:27:17	+31:22	05:49	
107	16	Rui Almeida	(Com)dores	01:27:26	+31:31	05:50	
108	211	Fernando Mineiro	Individual	01:27:52	+31:57	05:51	
109	202	Rita Alexandra	XIKINHOS	01:28:38	+32:43	05:55	
110	183	Alexandre Cardoso	Tainadas Run Team	01:29:37	+33:42	05:58	
111	121	Alexandre Simões	Juve run	01:29:37	+33:42	05:58	
112	106	Pedro Quadrio	Individual	01:29:44	+33:49	05:59	
113	60	Marta rodrigues	Individual	01:30:44	+34:49	06:03	
114	148	Jose tavares	RM Runners	01:30:48	+34:53	06:03	
115	26	João Barreto	C.F. Os Marialvas	01:30:56	+35:01	06:04	
116	204	Jorge Tavares	XIKINHOS	01:31:11	+35:16	06:05	
117	206	Sérgio Seabra	XIKINHOS	01:31:14	+35:19	06:05	
118	185	Joni Pandeirada Rocha	Tainadas Run Team	01:31:55	+36:00	06:08	
119	86	Mike Pascoal	Individual	01:32:11	+36:16	06:09	
120	20	Pedro Gaspar	AGM Team Running	01:32:12	+36:17	06:09	
121	40	Suzete Marco	Grecas - Vagos	01:32:21	+36:26	06:09	
122	131	To Zé	Juve run	01:32:57	+37:02	06:12	
123	179	Dora Cristina de jesus rosa	Tainadas Run Team	01:33:28	+37:33	06:14	
124	191	Luís Miguel Jesus Rocha	TREPANELAS PRIFER	01:33:37	+37:42	06:14	
125	182	Eduarda Vinagre	Tainadas Run Team	01:33:46	+37:51	06:15	
126	123	Celso Alves	Juve run	01:34:47	+38:52	06:19	
127	203	Alexandre Pinho	XIKINHOS	01:35:31	+39:36	06:22	
128	189	Pedro Silvestre	Tainadas Run Team	01:35:39	+39:44	06:23	
129	180	Raquel Silvestre	Tainadas Run Team	01:35:39	+39:44	06:23	
130	100	Carlos Rodrigues	Individual	01:35:46	+39:51	06:23	
131	136	Luís Pereira	Lobitos BikeTeam	01:36:16	+40:21	06:25	
132	129	Ricardo Santos	Juve run	01:36:20	+40:25	06:25	
133	127	Frederico Almeida	Juve run	01:36:20	+40:25	06:25	

TRAIL - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
134	133	Luis Gothes	Juve run	01:36:23	+40:28	06:26	
135	46	Joana Ascensão	Individual	01:37:02	+41:07	06:28	
136	94	Rui Vilar	Individual	01:37:35	+41:40	06:30	
137	59	Marilyn Lourenço	Individual	01:38:31	+42:36	06:34	
138	61	Sandrine Matias	Individual	01:39:16	+43:21	06:37	
139	109	Diana ramalho	Juve run	01:39:55	+44:00	06:40	
140	114	José santos	Juve run	01:40:04	+44:09	06:40	
141	184	Joao Santos	Tainadas Run Team	01:40:10	+44:15	06:41	
142	81	Luís Lourenço	Individual	01:40:11	+44:16	06:41	
143	45	Chloé Morhain	Individual	01:40:17	+44:22	06:41	
144	63	Alda Cordeiro	Individual	01:43:23	+47:28	06:54	
145	107	Beatriz Ferreira	Juve run	01:45:08	+49:13	07:01	
146	135	Fábio Faneca	Lobitos BikeTeam	01:46:24	+50:29	07:06	
147	13	Rui Marques	(Com)dores	01:46:32	+50:37	07:06	
148	44	Adelaide Coutinho	Individual	01:47:22	+51:27	07:09	
149	47	Sara Felício	Individual	01:47:25	+51:30	07:10	
150	66	Cláudio Teixeira	Individual	01:49:03	+53:08	07:16	
151	178	Claudia Vilela	Tainadas Run Team	01:49:51	+53:56	07:19	
152	197	Marco Paulo dos Santos Marques	Vamos a Pé - Taboeira	01:49:52	+53:57	07:19	
153	56	Carla Prina	Individual	01:54:20	+58:25	07:37	
154	57	Elsa Oliveira	Individual	01:54:20	+58:25	07:37	
155	17	Adriana Silva	7 slow e furious	01:54:50	+58:55	07:39	
156	163	Lucia silva	Sete slow and furious	01:55:17	+59:22	07:41	
157	165	Jorge miguel martins	Sete slow and furious	01:56:12	+01:00:17	07:45	
158	164	Sara silva	Sete slow and furious	01:56:17	+01:00:22	07:45	
159	32	Dina Maria Neves da Silva Oliveira	Elkazebá	01:59:49	+01:03:54	07:59	
160	78	José Cerqueira	Individual	02:03:23	+01:07:28	08:14	
161	73	João Almeida	Individual	02:03:24	+01:07:29	08:14	
162	194	Paula Maria Rodrigues de Jesus	Vamos a Pé - Taboeira	02:03:59	+01:08:04	08:16	
163	77	Jorge Santos	Individual	02:04:23	+01:08:28	08:18	
164	72	Joao Alexandre Matos	Individual	02:07:09	+01:11:14	08:29	
165	53	David Vieira	Individual	02:07:10	+01:11:15	08:29	
166	200	Rui Pereira Martins	Vamos a Pé - Taboeira	02:14:14	+01:18:19	08:57	
167	193	Liliana Patrícia Rodrigues de Pinho	Vamos a Pé - Taboeira	02:14:14	+01:18:19	08:57	

Trail Por Terras de Fontes e Lobos

Fonte de Angeão, Vagos

05-novembro-2023

Trail **15 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:30	-99ºC	-99%
End	12:49	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	37	Sara Mendes	Ginásio CR7 FITNESS CRUNCH AVEIRO	Senior Feminino	01:17:18		05:09
2	175	Beatriz Fernandes	Tainadas Run Team	Senior Feminino	01:26:21	+09:03	05:45
3	46	Joana Ascensão	Individual	Senior Feminino	01:37:02	+19:44	06:28
4	109	Diana ramalho	Juve run	Senior Feminino	01:39:55	+22:37	06:40
5	45	Chloé Morhain	Individual	Senior Feminino	01:40:17	+22:59	06:41
6	107	Beatriz Ferreira	Juve run	Senior Feminino	01:45:08	+27:50	07:01
7	44	Adelaide Coutinho	Individual	Senior Feminino	01:47:22	+30:04	07:09
8	47	Sara Felício	Individual	Senior Feminino	01:47:25	+30:07	07:10
9	17	Adriana Silva	7 slow e furious	Senior Feminino	01:54:50	+37:32	07:39
Senior Masculino							
1	113	Igor Santos	Juve run	Senior Masculino	57:46		03:51
2	31	William Caetano	DCI/Trilhos Luso Bussaco	Senior Masculino	59:31	+01:45	03:58
3	177	Kevin Regalado	Tainadas Run Team	Senior Masculino	01:07:05	+09:19	04:28
4	171	Cláudio Agostinho	Sport Clube Paradela	Senior Masculino	01:07:34	+09:48	04:30
5	142	Luís Filipe Santos Marques	Os Unidos Run Team	Senior Masculino	01:10:03	+12:17	04:40
6	48	André jesus	Individual	Senior Masculino	01:10:28	+12:42	04:42
7	50	Carlos Marques	Individual	Senior Masculino	01:10:59	+13:13	04:44
8	54	Mauro Leite	Individual	Senior Masculino	01:12:23	+14:37	04:50
9	117	Rafael Simoes	Juve run	Senior Masculino	01:12:46	+15:00	04:51
10	134	Simão Martins	Kenya Team	Senior Masculino	01:13:22	+15:36	04:53
11	116	Miguel Pereira	Juve run	Senior Masculino	01:13:24	+15:38	04:54
12	209	David Silva	Individual	Senior Masculino	01:14:48	+17:02	04:59
13	112	Floriano de Almeida Faneca	Juve run	Senior Masculino	01:17:35	+19:49	05:10
14	52	Daniel Santos Ferreira	Individual	Senior Masculino	01:19:02	+21:15	05:16
15	208	Gabriel Conde	Individual	Senior Masculino	01:19:05	+21:19	05:16
16	137	Nuno Pereira	Lobitos BikeTeam	Senior Masculino	01:20:01	+22:15	05:20
17	118	Rodrigo Alves Ferreira	Juve run	Senior Masculino	01:20:14	+22:28	05:21
18	111	Edgar Simões	Juve run	Senior Masculino	01:20:20	+22:34	05:21
19	51	Daniel Jesus Camarneiro	Individual	Senior Masculino	01:20:51	+23:05	05:23
20	55	Pedro Filipe Gonçalves da Rocha	Individual	Senior Masculino	01:21:07	+23:21	05:24
21	19	João Petronilho	ACR Running	Senior Masculino	01:22:06	+24:20	05:28
22	143	Nuno Santos	Os Unidos Run Team	Senior Masculino	01:24:00	+26:14	05:36
23	26	João Barreto	C.F. Os Marialvas	Senior Masculino	01:30:56	+33:10	06:04
24	191	Luís Miguel Jesus Rocha	TREPANELAS PRIFER	Senior Masculino	01:33:37	+35:50	06:14
25	136	Luís Pereira	Lobitos BikeTeam	Senior Masculino	01:36:16	+38:30	06:25
26	135	Fábio Faneca	Lobitos BikeTeam	Senior Masculino	01:46:24	+48:37	07:06

27	53	David Vieira	Individual	Senior Masculino	02:07:10	+01:09:24	08:29

Veterana F35

1	108	Cátia Ferreira	Juve run	Veterana F35	01:14:48		04:59
2	62	Teresa Pinho	Tainadas Run Team	Veterana F35	01:23:34	+08:45	05:34
3	21	Joana Ribeiro	Barra Ocean Runnners	Veterana F35	01:24:34	+09:45	05:38
4	181	Rosabell Santos	Tainadas Run Team	Veterana F35	01:26:53	+12:04	05:48
5	202	Rita Alexandra	XIKINHOS	Veterana F35	01:28:38	+13:49	05:55
6	60	Marta rodrigues	Individual	Veterana F35	01:30:44	+15:55	06:03
7	179	Dora Cristina de jesus rosa	Tainadas Run Team	Veterana F35	01:33:28	+18:39	06:14
8	180	Raquel Silvestre	Tainadas Run Team	Veterana F35	01:35:39	+20:50	06:23
9	59	Marilyn Lourenço	Individual	Veterana F35	01:38:31	+23:42	06:34
10	61	Sandrine Matias	Individual	Veterana F35	01:39:16	+24:27	06:37
11	178	Claudia Vilela	Tainadas Run Team	Veterana F35	01:49:51	+35:02	07:19
12	56	Carla Prina	Individual	Veterana F35	01:54:20	+39:31	07:37
13	57	Elsa Oliveira	Individual	Veterana F35	01:54:20	+39:32	07:37
14	163	Lucia silva	Sete slow and furious	Veterana F35	01:55:17	+40:28	07:41
15	164	Sara silva	Sete slow and furious	Veterana F35	01:56:17	+41:28	07:45
16	32	Dina Maria Neves da Silva Oliveira	Elkazebá	Veterana F35	01:59:49	+45:00	07:59
17	193	Liliana Patrícia Rodrigues de Pinho	Vamos a Pé - Taboeira	Veterana F35	02:14:14	+59:25	08:57

Veterana F50

1	65	Maria Odeta cardoso da Cruz	Individual	Veterana F50	01:23:46		05:35
2	64	Celia Oliveira	Individual	Veterana F50	01:27:17	+03:30	05:49
3	40	Suzete Marco	Grecas - Vagos	Veterana F50	01:32:21	+08:34	06:09
4	182	Eduarda Vinagre	Tainadas Run Team	Veterana F50	01:33:46	+09:59	06:15
5	63	Alda Cordeiro	Individual	Veterana F50	01:43:23	+19:36	06:54
6	194	Paula Maria Rodrigues de Jesus	Vamos a Pé - Taboeira	Veterana F50	02:03:59	+40:12	08:16

Veterano M35

1	155	Sérgio Manito	Sacatrilhos	Veterano M35	55:55		03:44
2	172	Luís Diogo	Sport Clube Paradela	Veterano M35	57:58	+02:02	03:52
3	24	nelson maia	Bustos Runners	Veterano M35	58:18	+02:22	03:53
4	38	kevin amoedo	Ginásio CR7 FITNESS CRUNCH AVEIRO	Veterano M35	01:02:17	+06:22	04:09
5	80	José Vítor da Silva Moreira	Individual	Veterano M35	01:02:45	+06:50	04:11
6	68	Didier De Jesus	Individual	Veterano M35	01:04:01	+08:05	04:16
7	173	Marcos Ferreira	Sport Clube Paradela	Veterano M35	01:04:05	+08:09	04:16
8	132	Vitor Martins	Juve run	Veterano M35	01:04:12	+08:17	04:17
9	42	Vítor Santos	Grecas - Vagos	Veterano M35	01:04:51	+08:55	04:19
10	210	Pedro Silva	Individual	Veterano M35	01:07:02	+11:06	04:28

Trail 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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11	82	Luís Oliveira	Individual	Veterano M35	01:07:15	+11:20	04:29
12	74	João Margarido	Individual	Veterano M35	01:07:31	+11:35	04:30
13	92	Ricardo rumor	Individual	Veterano M35	01:07:40	+11:45	04:31
14	83	Maikol Simões	Individual	Veterano M35	01:08:07	+12:12	04:32
15	18	LUIS FERREIRA	ACD OS ÍLHAVOS	Veterano M35	01:08:21	+12:26	04:33
16	41	Juan Oliveira	Grecas - Vagos	Veterano M35	01:08:25	+12:30	04:34
17	128	Juan Jesus	Juve run	Veterano M35	01:10:13	+14:17	04:41
18	166	Jose carlos margarido	Sete slow and furious	Veterano M35	01:11:09	+15:13	04:45
19	190	Ronny Simoes	TREPANELAS	Veterano M35	01:12:09	+16:14	04:49
20	160	Sérgio Silva	Sem Rumo	Veterano M35	01:13:33	+17:37	04:54
21	22	Bernardo Leite	Barra Ocean Runnners	Veterano M35	01:13:44	+17:48	04:55
22	122	Bruno Curto	Juve run	Veterano M35	01:13:49	+17:53	04:55
23	158	Paulo Rocha	Sem Rumo	Veterano M35	01:14:58	+19:02	05:00
24	93	Ricardo Santos	Individual	Veterano M35	01:15:30	+19:35	05:02
25	125	Edgar Dinis	Juve run	Veterano M35	01:15:46	+19:50	05:03
26	89	Nuno Almeida	Individual	Veterano M35	01:16:04	+20:09	05:04
27	23	Bruno Ferreira	Bustos Runners	Veterano M35	01:16:28	+20:32	05:06
28	139	Roberto Santos Rodrigues	Lobitos BikeTeam	Veterano M35	01:16:38	+20:42	05:07
29	157	Nelson Ribas	Sem Rumo	Veterano M35	01:16:46	+20:51	05:07
30	76	Jorge Manuel de Jesus Perdigão	Individual	Veterano M35	01:16:49	+20:53	05:07
31	79	José Miguel de Jesus Perdigão	Individual	Veterano M35	01:16:52	+20:56	05:07
32	188	Paulo Alexandre Simões da Costa	Tainadas Run Team	Veterano M35	01:16:54	+20:58	05:08
33	69	Eduardo Loureiro	Individual	Veterano M35	01:18:11	+22:15	05:13
34	205	Pedro Oliveira	Xikinhos	Veterano M35	01:18:14	+22:19	05:13
35	186	Jorge Piçarra	Tainadas Run Team	Veterano M35	01:18:23	+22:27	05:14
36	168	Paulo Cruz	Sosense Trail Team/Braga&Fernandes	Veterano M35	01:18:28	+22:32	05:14
37	167	Paulo Pires	Sosense Trail Team/Braga&Fernandes	Veterano M35	01:18:32	+22:37	05:14
38	141	Levi Fernandes	NAC Trail	Veterano M35	01:18:39	+22:43	05:15
39	95	Tiago Gandarez	Individual	Veterano M35	01:18:43	+22:48	05:15
40	156	Henrique Silva	Sem Rumo	Veterano M35	01:18:50	+22:54	05:15
41	187	Licinio Manuel Saragoça Costa	Tainadas Run Team	Veterano M35	01:19:49	+23:53	05:19
42	152	Rui Canudo	RM Runners	Veterano M35	01:19:51	+23:55	05:19
43	151	Rui Cainé	RM Runners	Veterano M35	01:19:51	+23:55	05:19
44	49	Arthur Pito Pereira	Individual	Veterano M35	01:20:10	+24:14	05:21
45	115	Luis santos	Juve run	Veterano M35	01:20:17	+24:22	05:21
46	124	Cristiano Faneca	Juve run	Veterano M35	01:20:42	+24:46	05:23
47	90	Nuno Oliveira	Individual	Veterano M35	01:20:44	+24:48	05:23
48	198	Narciso José da Silva Pinho	Vamos a Pé - Taboeira	Veterano M35	01:20:55	+24:59	05:24
49	28	João Ferra	C.F. Os Marialvas	Veterano M35	01:21:31	+25:35	05:26
50	146	Filipe Canudo	RM Runners	Veterano M35	01:22:41	+26:45	05:31
51	138	Ricardo Santos	Lobitos BikeTeam	Veterano M35	01:23:48	+27:52	05:35
52	130	Sergio Pinho	Juve run	Veterano M35	01:23:48	+27:52	05:35
53	140	Rogério Domingues Barreira	Lobitos BikeTeam	Veterano M35	01:25:30	+29:34	05:42
54	126	Felipe Oliveira de Jesus	juve run	Veterano M35	01:25:47	+29:52	05:43
55	211	Fernando Mineiro	Individual	Veterano M35	01:27:52	+31:56	05:51

Trail — 15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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56	183	Alexandre Cardoso	Tainadas Run Team	Veterano M35	01:29:37	+33:42	05:58
57	121	Alexandre Simões	Juve run	Veterano M35	01:29:37	+33:42	05:58
58	148	Jose tavares	RM Runners	Veterano M35	01:30:48	+34:52	06:03
59	204	Jorge Tavares	XIKINHOS	Veterano M35	01:31:11	+35:15	06:05
60	185	Joni Pandeirada Rocha	Tainadas Run Team	Veterano M35	01:31:55	+36:00	06:08
61	86	Mike Pascoal	Individual	Veterano M35	01:32:11	+36:16	06:09
62	20	Pedro Gaspar	AGM Team Running	Veterano M35	01:32:12	+36:16	06:09
63	131	To Zé	Juve run	Veterano M35	01:32:57	+37:01	06:12
64	123	Celso Alves	Juve run	Veterano M35	01:34:47	+38:51	06:19
65	203	Alexandre Pinho	XIKINHOS	Veterano M35	01:35:31	+39:36	06:22
66	189	Pedro Silvestre	Tainadas Run Team	Veterano M35	01:35:39	+39:43	06:23
67	129	Ricardo Santos	Juve run	Veterano M35	01:36:20	+40:24	06:25
68	127	Frederico Almeida	Juve run	Veterano M35	01:36:20	+40:24	06:25
69	94	Rui Vilar	Individual	Veterano M35	01:37:35	+41:39	06:30
70	114	José santos	Juve run	Veterano M35	01:40:04	+44:09	06:40
71	184	Joao Santos	Tainadas Run Team	Veterano M35	01:40:10	+44:14	06:41
72	13	Rui Marques	(Com)dores	Veterano M35	01:46:32	+50:37	07:06
73	66	Cláudio Teixeira	Individual	Veterano M35	01:49:03	+53:07	07:16
74	197	Marco Paulo dos Santos Marques	Vamos a Pé - Taboeira	Veterano M35	01:49:52	+53:56	07:19
75	165	Jorge miguel martins	Sete slow and furious	Veterano M35	01:56:12	+01:00:16	07:45
76	78	José Cerqueira	Individual	Veterano M35	02:03:23	+01:07:28	08:14
77	77	Jorge Santos	Individual	Veterano M35	02:04:23	+01:08:28	08:18
78	72	Joao Alexandre Matos	Individual	Veterano M35	02:07:09	+01:11:14	08:29

Veterano M50

1	43	Pedro Sarabando	Grecas - Vagos	Veterano M50	59:34		03:58
2	91	Pedro Capela	Individual	Veterano M50	01:04:45	+05:10	04:19
3	33	Arcanjo Amarante Martins	Elkazebá	Veterano M50	01:08:53	+09:18	04:36
4	102	FILIPE Rouxinol	Individual	Veterano M50	01:10:07	+10:32	04:40
5	97	António Rogério Cruz Simões Almeida	Individual	Veterano M50	01:10:50	+11:15	04:43
6	30	Américo Martins	CATR -Correio de Albergaria Trail Running	Veterano M50	01:11:02	+11:27	04:44
7	25	Domingos Tavares	Bustos Runners	Veterano M50	01:11:09	+11:35	04:45
8	154	Paulo Jorge dos Santos Pereira	S.C.VISTA-ALEGRE	Veterano M50	01:13:11	+13:36	04:53
9	15	Paulo Jorge Fernandes Pereira	(Com)dores	Veterano M50	01:13:13	+13:38	04:53
10	75	Jonathan Bravo	Individual	Veterano M50	01:13:18	+13:43	04:53
11	39	Adérito Curto	Gira Sol	Veterano M50	01:13:46	+14:11	04:55
12	170	Tibério Santos	Sosense Trail Team/Braga&Fernandes	Veterano M50	01:14:44	+15:09	04:59
13	105	Paulo Jorge Santos António	Individual	Veterano M50	01:14:58	+15:23	05:00
14	87	Nelo juliao	Individual	Veterano M50	01:18:50	+19:15	05:15
15	96	António Lourenço Fernandes	Individual	Veterano M50	01:19:23	+19:48	05:18
16	207	João Manuel de Jesus Martins	XIKINHOS	Veterano M50	01:20:13	+20:38	05:21
17	101	CESARIO ROCHA	Individual	Veterano M50	01:20:59	+21:24	05:24
18	11	Fernando Manuel Rocha Freire	(Com)dores	Veterano M50	01:21:18	+21:44	05:25
19	104	Mário Simões	Individual	Veterano M50	01:22:04	+22:29	05:28

Trail

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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20	169	Amilcar de Oliveira Raimundo	Sosense Trail Team/Braga&Fernandes	Veterano M50	01:22:07	+22:32	05:28
21	98	Aventino Magalhães Carvalho Lima	Individual	Veterano M50	01:27:04	+27:29	05:48
22	103	João Santana	Individual	Veterano M50	01:27:14	+27:39	05:49
23	16	Rui Almeida	(Com)dores	Veterano M50	01:27:26	+27:51	05:50
24	106	Pedro Quadrio	Individual	Veterano M50	01:29:44	+30:09	05:59
25	206	Sérgio Seabra	XIKINHOS	Veterano M50	01:31:14	+31:40	06:05
26	100	Carlos Rodrigues	Individual	Veterano M50	01:35:46	+36:11	06:23
27	133	Luis Gothes	Juve run	Veterano M50	01:36:23	+36:48	06:26
28	81	Luís Lourenço	Individual	Veterano M50	01:40:11	+40:36	06:41
29	73	João Almeida	Individual	Veterano M50	02:03:24	+01:03:49	08:14
30	200	Rui Pereira Martins	Vamos a Pé - Taboeira	Veterano M50	02:14:14	+01:14:39	08:57