

Trail Longo K22

22 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:00	18,7°C	66%
End	13:09	18,7°C	66%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	11	Joke Descheemaeker	Clube de Atletismo de Ferreira do Zêzere	Senior Feminino	02:13:37		06:04
2	36	Margarida Pestana	Clube Desportivo de Espite	Senior Feminino	02:31:30	+17:53	06:53
3	19	Sofia Vieira	Clube Desportivo de Espite	Senior Feminino	02:36:31	+22:54	07:07
4	78	catia sofia dias vieira	Serra D'Aire Trail Team	Senior Feminino	02:45:09	+31:32	07:30
5	8	Ana Pinho	Carrapiteiro Bike Team	Senior Feminino	02:50:36	+36:58	07:45
6	80	Nádia Sousa	Serra D'Aire Trail Team	Senior Feminino	03:00:08	+46:31	08:11
7	9	Elisabete Rodrigues	Carrapiteiro Bike Team	Senior Feminino	03:10:29	+56:52	08:40
8	21	Mónica Branco	cpalcanenatrail	Senior Feminino	03:16:13	+01:02:35	08:55
9	79	Jessica Silva	Serra D'Aire Trail Team	Senior Feminino	03:23:25	+01:09:48	09:15
10	33	Gizela Rocha	Individual	Senior Feminino	03:41:28	+01:27:51	10:04
11	74	Andreia Reis	Run2Eat	Senior Feminino	03:53:26	+01:39:48	10:37
12	75	Gabriella Almeida	Run2Eat	Senior Feminino	03:53:26	+01:39:49	10:37
13	37	Rafaela Sobreiro	Individual	Senior Feminino	04:04:58	+01:51:21	11:08

Senior Masculino

1	23	Ruben Caetano	cpalcanenatrail	Senior Masculino	02:04:54		05:41
2	22	Gonçalo Cruz	cpalcanenatrail	Senior Masculino	02:08:37	+03:42	05:51
3	1	André Rosário	Serra D'Aire Trail Team	Senior Masculino	02:13:42	+08:48	06:05
4	12	André Luís	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	02:14:44	+09:49	06:07
5	13	Ricardo Neves	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	02:21:13	+16:19	06:25
6	40	Pedro Martins	Individual	Senior Masculino	02:23:31	+18:37	06:31
7	39	Nuno Oliveira	RX RUNNERS	Senior Masculino	02:29:26	+24:32	06:48
8	60	Tiago Serrano	Linces de Montemor	Senior Masculino	02:42:20	+37:25	07:23
9	82	Tiago Alves	Serra D'Aire Trail Team	Senior Masculino	02:45:30	+40:36	07:31
10	14	Tiago Fernandes	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	02:53:16	+48:21	07:53
11	76	Pedro Martins	SCFZ Trail Runners	Senior Masculino	02:58:26	+53:32	08:07
12	38	Helder Matias	Individual	Senior Masculino	03:34:59	+01:30:05	09:46
13	41	Tiago Moraes	Individual	Senior Masculino	04:04:58	+02:00:04	11:08

Veterana F40

1	2	Filipa Castela	Individual	Veterana F40	02:52:19		07:50
2	27	Sílvia Jorge	Fátima Trail Team	Veterana F40	03:19:54	+27:34	09:05

TRAIL CURTO K12 - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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	Time	Temperature	Humidity
Start	09:30	19,6°C	57%
End	12:34	19,6°C	57%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	639	Vitor Rita	Trilhos dos Templários/ACR Santa Cita	01:20:44		06:44	
2	604	Tiago Batista	LZ Car Solutions	01:25:09	+04:25	07:06	
3	645	Jorge Lercas	UNIÃO FCI DE TOMAR	01:25:50	+05:06	07:09	
4	607	Francisco Farinha	Montes Saloios Trail Team	01:26:09	+05:25	07:11	
5	622	Tiago Joaquim	SCFZ Trail Runners	01:27:00	+06:16	07:15	
6	579	Rui Figueira	Individual	01:29:19	+08:35	07:27	
7	596	Emanuel Marques	Lentidão Furiosa	01:30:49	+10:05	07:34	
8	509	Bruno Santos	Ama(dores) Trail Team/ACRU	01:31:07	+10:23	07:36	
9	503	João Ricardo Santos Lopes	ACR Carvalhos de Figueiredo	01:31:20	+10:36	07:37	
10	578	Pedro Vitorino	Individual	01:31:47	+11:03	07:39	
11	528	Carla Lourenço	Individual	01:32:49	+12:05	07:44	
12	544	Gonçalo Ferreira	Individual	01:33:15	+12:31	07:46	
13	616	Tiago Pereira	Pés Andantes - Trail Team	01:34:21	+13:37	07:52	
14	644	Carlos Isidro	UNIÃO FCI DE TOMAR	01:34:21	+13:37	07:52	
15	614	Lúcio Mendes	OS MATRECOS	01:35:29	+14:45	07:57	
16	534	Lúcia Duarte	Individual	01:36:21	+15:37	08:02	
17	507	Adelino Pereira	ADERRUN	01:36:35	+15:51	08:03	
18	502	Carlos Filipe Santos Lopes	ACR Carvalhos de Figueiredo	01:37:59	+17:15	08:10	
19	515	Joao Jacinto	Carrapiteiro Bike Team	01:38:24	+17:40	08:12	
20	602	Luís Filipe Rodrigues Martins	LZ Car Solutions	01:39:14	+18:30	08:16	
21	553	Carina Sousa Fialho Brás	Individual	01:40:05	+19:21	08:20	
22	566	João Cardoso	Individual	01:40:12	+19:28	08:21	
23	581	Vitor Domingos	Individual	01:40:26	+19:42	08:22	
24	623	Tiago Esteves	SCFZ Trail Runners	01:41:25	+20:41	08:27	
25	557	Cristina Manuela dos Santos Henriques	Individual	01:41:34	+20:50	08:28	
26	634	Ricardo Santos	Team P. Moles	01:41:53	+21:09	08:29	
27	580	Rui Pedro Godinho Henrique	Individual	01:42:41	+21:57	08:33	
28	627	Marisa Silva	Team P. Moles	01:42:52	+22:08	08:34	
29	572	Antonio Santos	Individual	01:43:15	+22:31	08:36	
30	597	Sergio Almeida	Lentidão Furiosa	01:43:23	+22:39	08:37	
31	626	Catarina Baptista	Talentos Objetivos	01:43:34	+22:50	08:38	
32	542	Duarte Reis	Individual	01:43:45	+23:01	08:39	
33	568	Luís Miguel Gonçalves Morgado	Individual	01:45:29	+24:45	08:47	
34	643	Vitor Pereira	UNIÃO FCI DE TOMAR	01:45:49	+25:05	08:49	
35	633	Pedro Braz	Team P. Moles	01:45:51	+25:07	08:49	
36	570	Nilton Muller Soares	Individual	01:46:46	+26:02	08:54	
37	546	João Pedro Correia de Almeida	Individual	01:46:46	+26:02	08:54	
38	621	Bruno Alexandre Costa Rodrigues	Sabrina Saúde	01:46:46	+26:02	08:54	
39	588	MANUEL GRACIO	Individual	01:46:49	+26:05	08:54	
40	625	Lurdes vital	Serra D'Aire Trail Team	01:47:13	+26:29	08:56	
41	576	Pedro Cruz	Individual	01:47:25	+26:41	08:57	

Trail Curto K12**12 KM**

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10	576	Pedro Cruz	Individual	Veterano M45	01:47:25	+26:41	08:57
11	573	Custodio Oliveira	Individual	Veterano M45	01:50:14	+29:30	09:11
12	605	Gabriel Perleques	Maximianos	Veterano M45	01:52:31	+31:46	09:23
13	575	Luís Caetano	Individual	Veterano M45	01:53:35	+32:51	09:28
14	591	Rodrigo Henrique Martins Lopes	Lagartos Apressados - Trail Terras do Sardão	Veterano M45	01:55:26	+34:42	09:37
15	577	Pedro Rodrigues	Individual	Veterano M45	02:11:25	+50:41	10:57
16	525	Raul Orlando Sousa Estrela	Grupo Desportivo Nabância	Veterano M45	02:14:08	+53:24	11:11
17	524	Fernando Godinho	Grupo Desportivo Nabância	Veterano M45	02:15:48	+55:04	11:19
18	574	Hugo Brás	Individual	Veterano M45	02:50:30	+01:29:46	14:13

Veterano M50

1	644	Carlos Isidro	UNIÃO FCI DE TOMAR	Veterano M50	01:34:21		07:52
2	582	CÉSAR FERREIRA	Individual	Veterano M50	01:50:56	+16:34	09:15
3	70	João Faria	OS MATRECOS	Veterano M50	01:51:19	+16:57	09:17
4	618	Dário Marreiros	Run2Eat	Veterano M50	01:51:59	+17:37	09:20
5	584	paulo fernandes	Individual	Veterano M50	01:52:43	+18:21	09:24
6	617	Paulo Vaz	QUARTETO	Veterano M50	01:58:11	+23:49	09:51

Veterano M55

1	645	Jorge Lercas	UNIÃO FCI DE TOMAR	Veterano M55	01:25:50		07:09
2	637	Arlindo Maduro	Tomar Runners	Veterano M55	01:48:22	+22:32	09:02
3	608	João Alberto	Montes Saloios Trail Team	Veterano M55	02:01:17	+35:26	10:06
4	609	Vitor Afonso Lourenço	Montes Saloios Trail Team	Veterano M55	02:14:25	+48:34	11:12
5	586	Vitor Carlos dos Santos Ideias	Individual	Veterano M55	02:30:06	+01:04:16	12:31
6	521	Jose Fonseca	FONSECA	Veterano M55	02:50:30	+01:24:40	14:13

Veterano M60

1	614	Lúcio Mendes	OS MATRECOS	Veterano M60	01:35:29		07:57
2	507	Adelino Pereira	ADERRUN	Veterano M60	01:36:35	+01:05	08:03
3	588	MANUEL GRACIO	Individual	Veterano M60	01:46:49	+11:20	08:54
4	508	Fernando Martins	ADERRUN	Veterano M60	01:52:11	+16:41	09:21

