

























**MINI TRAIL - STAGE 1**
**14 KM**
**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
224	798	Gil Barboda	M8	02:23:35	+01:06:39	10:15	
225	642	Joao moreira	Individual	02:24:04	+01:07:08	10:17	
226	723	Paulo Alexandre Lopes da Rocha	Individual	02:25:02	+01:08:06	10:22	
227	740	José Armando Lopes da Rocha	Individual	02:25:16	+01:08:20	10:23	
228	785	Luís Martins	LEões DE TARDARIZ TRAIL	02:25:26	+01:08:30	10:23	
229	547	Ricardo Pinto	Caminhadas da amizade	02:25:28	+01:08:32	10:23	
230	815	Vitor Andrade	PAREDES AVENTURA	02:25:37	+01:08:41	10:24	
231	557	Pedro Ferreira	Cenas Modernas	02:25:43	+01:08:47	10:24	
232	522	Henrique Leal	Cabritos saltadores	02:25:56	+01:09:00	10:25	
233	713	Filipe Teixeira	Individual	02:26:06	+01:09:10	10:26	
234	670	Maria Arminda Silva Coelho	Individual	02:26:33	+01:09:37	10:28	
235	726	VITOR RAMOS	Individual	02:26:34	+01:09:38	10:28	
236	639	João Baía	Turbolentos	02:27:45	+01:10:49	10:33	
237	606	Anabela Baia	Turbolentos	02:27:47	+01:10:51	10:33	
238	664	Rosa Alves	Individual	02:27:50	+01:10:54	10:34	
239	582	João pinto	Gang da pedra	02:28:37	+01:11:41	10:37	
240	544	Pedro Silva	Caminhadas da amizade	02:30:18	+01:13:22	10:44	
241	833	Daniela Oliveira	Slow Warriors	02:31:52	+01:14:56	10:51	
242	834	Rafael Oliveira	Slow Warriors	02:31:52	+01:14:56	10:51	
243	525	Isabel Oliveira	Caminhadas da amizade	02:32:01	+01:15:05	10:52	
244	552	Francisco Moreira	Caminhadas da amizade	02:32:31	+01:15:35	10:54	
245	663	Judy Sousa	Individual	02:32:34	+01:15:38	10:54	
246	603	Lígia Alves	Herbalife	02:32:38	+01:15:42	10:54	
247	579	Alfredo Peniche	G D Tougues	02:32:43	+01:15:47	10:54	
248	539	Margarida Martins	Caminhadas da amizade	02:32:45	+01:15:49	10:55	
249	662	Silvia Cruz	Individual	02:32:49	+01:15:53	10:55	
250	594	Lurdes Loureiro	GENEROSOS RUNNERS	02:34:16	+01:17:20	11:01	
251	597	Ivo Loureiro	GENEROSOS RUNNERS	02:34:17	+01:17:21	11:01	
252	518	Goreti Rocha	Bota para lá e Siiigaaa	02:34:30	+01:17:34	11:02	
253	773	Rute Machado	INFINIX	02:34:31	+01:17:35	11:02	
254	571	Helder Vales	Estronca Silvas	02:34:49	+01:17:53	11:03	
255	763	Josué Loureiro	Individual	02:35:10	+01:18:14	11:05	
256	864	Paulo Ferreira	Vaquinhas	02:35:28	+01:18:32	11:06	
257	766	Antonio Joaquim Coelho Barbosa	Individual	02:36:01	+01:19:05	11:09	
258	714	Henrique Sousa	Individual	02:36:12	+01:19:16	11:09	
259	804	Salvador Santos	Nocturnos de Paredes	02:36:21	+01:19:25	11:10	
260	862	Leticia Costa	Valongo Trail Team	02:36:56	+01:20:00	11:13	
261	613	Patrícia Marques	Individual	02:37:16	+01:20:20	11:14	
262	869	José Rocha	Velozes & Esfomeados	02:37:20	+01:20:24	11:14	
263	761	José Leal	Individual	02:39:21	+01:22:25	11:23	
264	801	José António Freitas	MSS CONTABILIDADE	02:39:50	+01:22:54	11:25	
265	614	Paula Rocha	Individual	02:40:08	+01:23:12	11:26	
266	644	João Rocha	Individual	02:40:09	+01:23:13	11:26	
267	609	Joana Nunes	Individual	02:40:20	+01:23:24	11:27	
268	587	Flor Ribeiro	Gansos	02:40:20	+01:23:24	11:27	
269	652	Tiago Dias	Individual	02:40:20	+01:23:24	11:27	

## MINI TRAIL - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
270	648	Marco Babo	Individual	02:40:21	+01:23:25	11:27	
271	673	Zélia Maria Ribeiro de Sousa	Caminhadas da amizade	02:40:22	+01:23:26	11:27	
272	554	Antero Teixeira	Caminhadas da amizade	02:40:28	+01:23:32	11:28	
273	546	Paulo Carneiro	Caminhadas da amizade	02:40:32	+01:23:36	11:28	
274	515	Pedro Melo	Bernardino é pateta	02:40:54	+01:23:58	11:30	
275	656	Ana Cristina Gomes de Pinho	Individual	02:41:54	+01:24:58	11:34	
276	661	Sara Barbosa	Individual	02:41:57	+01:25:01	11:34	
277	757	João Paulo de Almeida Santana	Individual	02:44:34	+01:27:38	11:45	
278	672	Isabel Santos	Individual	02:44:55	+01:27:59	11:47	
279	873	Cristina Coelho	Wolves	02:44:55	+01:27:59	11:47	
280	629	Carlos Moreira	Individual	02:45:29	+01:28:33	11:49	
281	767	Eurico Miguel de Oliveira	Individual	02:46:20	+01:29:24	11:53	
282	611	Maria João Couto	Individual	02:46:22	+01:29:26	11:53	
283	708	Artur Fonseca	Individual	02:46:32	+01:29:36	11:54	
284	545	José António barroso e Sousa	Caminhadas da amizade	02:46:37	+01:29:41	11:54	
285	814	SANDRA OLIVEIRA	PAPATRAILS	02:46:54	+01:29:58	11:55	
286	811	MONICA MAGALHAES	PAPATRAILS	02:47:14	+01:30:18	11:57	
287	596	Ana Paula Ferreira	GENEROSOS RUNNERS	02:47:53	+01:30:57	11:59	
288	780	Sandra Pontes	LEões DE TARDARIZ TRAIL	02:47:55	+01:30:59	12:00	
289	537	Carla Silva	Caminhadas da amizade	02:48:21	+01:31:25	12:01	
290	556	Ilidio bessa	Caminhadas da amizade	02:51:23	+01:34:27	12:15	
291	760	Jorge Felix	Individual	02:51:29	+01:34:33	12:15	
292	531	Ricardo Morais	Caminhadas da amizade	02:51:50	+01:34:54	12:16	
293	659	Filipa Costa	Individual	02:52:24	+01:35:28	12:19	
294	684	Hélder Cunha	Individual	02:52:24	+01:35:28	12:19	
295	638	Hugo Ferreira	Individual	02:55:48	+01:38:52	12:33	
296	610	LETHICIA FERREIRA	Individual	02:55:49	+01:38:53	12:33	
297	728	António Couto	Individual	02:56:48	+01:39:52	12:38	
298	660	Karina Guirin	Individual	02:59:10	+01:42:14	12:48	
299	589	Fernanda Santos	Gansos	02:59:14	+01:42:18	12:48	
300	576	Sérgio Reis	FIDELIDADE GDC	02:59:35	+01:42:39	12:50	
301	692	Leonel Silva	Individual	03:00:41	+01:43:45	12:54	
302	676	Alexandre Augusto Ferreira Gonçalves	Individual	03:00:43	+01:43:47	12:54	
303	511	Pedro santos	Arcd Venda Da Luísa	03:02:25	+01:45:29	13:02	
304	750	TO MADUREIRA	Individual	03:05:38	+01:48:42	13:16	
305	702	Ricardo Dias	Individual	03:05:42	+01:48:46	13:16	
306	734	Filipe Matos	Individual	03:14:06	+01:57:10	13:52	
307	810	Sterling Bolivar	Outlaw Runners	03:14:32	+01:57:36	13:54	
308	588	Deolinda Campanha	Gansos	03:14:43	+01:57:47	13:54	
309	593	Manuel Barros	Gansos	03:14:48	+01:57:52	13:55	
310	826	Manuel Jorge	Rebeldes trail	03:15:40	+01:58:44	13:59	
311	737	Hugo Manuel Tsou Ferraz	Individual	03:19:36	+02:02:40	14:15	
312	872	Sandra Rodrigues	Wolves	03:19:38	+02:02:42	14:16	
313	669	Margarida Coelho	Individual	03:25:55	+02:08:59	14:43	
314	843	Paulo Soares	Tog-Associação Running Team	03:27:19	+02:10:23	14:48	



## Mini Trail

**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:15	16°C	91%
End	13:37	16°C	91%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
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### Senior Feminino

1	793	Joana Soares	Lusavouga Trail Running	Senior Feminino	01:43:49		07:25
2	524	Patricia Ribeiro	Individual	Senior Feminino	01:44:16	+00:26	07:27
3	559	Paula Flavia Silva Pinto	DAPproduções	Senior Feminino	01:44:58	+01:09	07:30
4	612	Marta Moreira	Individual	Senior Feminino	01:45:19	+01:30	07:31
5	2	Liliana Gomes	Individual	Senior Feminino	01:59:54	+16:05	08:34
6	565	Patricia Ramos	Equipa A	Senior Feminino	02:00:57	+17:08	08:38
7	616	Sara vaz	Individual	Senior Feminino	02:08:22	+24:33	09:10
8	856	Marlene Madureira	Turbolentos	Senior Feminino	02:13:44	+29:55	09:33
9	857	Sara Resende	Turbolentos	Senior Feminino	02:14:07	+30:18	09:35
10	779	Ligia Ribeiro	LEões DE TARDARIZ TRAIL	Senior Feminino	02:14:38	+30:49	09:37
11	777	Ana Sá	LEões DE TARDARIZ TRAIL	Senior Feminino	02:14:40	+30:51	09:37
12	778	Filipa Moreira	LEões DE TARDARIZ TRAIL	Senior Feminino	02:20:18	+36:28	10:01
13	608	Cláudia Pereira	Individual	Senior Feminino	02:20:31	+36:42	10:02
14	607	Beatriz Soares Ribeiro	Individual	Senior Feminino	02:22:32	+38:43	10:11
15	606	Anabela Baia	Turbolentos	Senior Feminino	02:27:47	+43:58	10:33
16	833	Daniela Oliveira	Slow Warriors	Senior Feminino	02:31:52	+48:03	10:51
17	525	Isabel Oliveira	Caminhadas da amizade	Senior Feminino	02:32:01	+48:12	10:52
18	773	Rute Machado	INFINIX	Senior Feminino	02:34:31	+50:41	11:02
19	862	Leticia Costa	Valongo Trail Team	Senior Feminino	02:36:56	+53:07	11:13
20	613	Patricia Marques	Individual	Senior Feminino	02:37:16	+53:27	11:14
21	614	Paula Rocha	Individual	Senior Feminino	02:40:08	+56:19	11:26
22	609	Joana Nunes	Individual	Senior Feminino	02:40:20	+56:30	11:27
23	611	Maria João Couto	Individual	Senior Feminino	02:46:22	+01:02:33	11:53
24	811	MONICA MAGALHAES	PAPATRAILS	Senior Feminino	02:47:14	+01:03:25	11:57
25	780	Sandra Pontes	LEões DE TARDARIZ TRAIL	Senior Feminino	02:47:55	+01:04:06	12:00
26	610	LETHICIA FERREIRA	Individual	Senior Feminino	02:55:49	+01:12:00	12:33
27	618	Susana Reis	Individual	Senior Feminino	03:40:58	+01:57:09	15:47

### Senior Masculino

1	561	Andre Valente	Duelo D'ocasião	Senior Masculino	01:16:56		05:30
2	794	Marcelo Pinto Araújo	Lusavouga Trail Running	Senior Masculino	01:19:21	+02:25	05:40
3	870	Leonel José Martins Barros	Vizela Corre	Senior Masculino	01:21:37	+04:41	05:50
4	598	Carlos Costa	Grupo Vilarinho Cima	Senior Masculino	01:24:54	+07:58	06:04
5	635	Gilberto Machado	Individual	Senior Masculino	01:27:48	+10:52	06:16
6	599	MARCO Barbosa	Grupo Vilarinho Cima	Senior Masculino	01:32:08	+15:11	06:35
7	600	Pedro Jorge	Grupo Vilarinho Cima	Senior Masculino	01:33:07	+16:11	06:39
8	578	Filipe Teixeira	Futebol clube de Cête/ Trail do Covão	Senior Masculino	01:33:43	+16:47	06:42

Mini Trail

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

9	653	Vitor pinheiro	Individual	Senior Masculino	01:40:23	+23:26	07:10
10	512	Miguel Maia	Bairros Futebol clube	Senior Masculino	01:44:40	+27:44	07:29
11	585	Jorge Beliago	Gansos	Senior Masculino	01:44:54	+27:58	07:30
12	621	António Mendes	Individual	Senior Masculino	01:44:57	+28:01	07:30
13	580	Carlos Rocha	Gang da Pedra	Senior Masculino	01:45:14	+28:18	07:31
14	622	António Oliveira	Duelo D'ocasião	Senior Masculino	01:45:55	+28:59	07:34
15	830	Tiago Santos	Sapatilhas verdes	Senior Masculino	01:47:33	+30:36	07:41
16	584	João Torres	Gansos	Senior Masculino	01:49:19	+32:22	07:48
17	501	Carlos Pinto	2aEPV	Senior Masculino	01:49:41	+32:44	07:50
18	781	João Costa	LEões DE TARDARIZ TRAIL	Senior Masculino	01:50:02	+33:05	07:52
19	504	Vitor nunes	2aEPV	Senior Masculino	01:51:04	+34:08	07:56
20	631	Daniel Couto	Individual	Senior Masculino	01:51:55	+34:58	08:00
21	651	Roberto Pacheco	Individual	Senior Masculino	01:52:47	+35:51	08:03
22	787	Rui Costa	Louredo Trail running	Senior Masculino	01:53:31	+36:35	08:07
23	636	Gonçalo Quintal da Cruz Ferreira	Individual	Senior Masculino	01:55:39	+38:43	08:16
24	822	Jorge Moreira	Prosel TEAM	Senior Masculino	01:56:21	+39:24	08:19
25	776	Fábio Carneiro	Lebres e Tartarugas	Senior Masculino	01:58:49	+41:53	08:29
26	646	Leandro Pinto	Individual	Senior Masculino	02:00:35	+43:38	08:37
27	825	Ricardo Coelho	Real Club Recarei	Senior Masculino	02:01:20	+44:24	08:40
28	623	Ari Cardoso	Turbolentos	Senior Masculino	02:02:02	+45:05	08:43
29	502	Carlos Santos	2aEPV	Senior Masculino	02:02:34	+45:37	08:45
30	823	Diogo Moreira	Real Club Recarei	Senior Masculino	02:02:34	+45:37	08:45
31	645	Jose Carlos Moura Carvalho	Individual	Senior Masculino	02:02:47	+45:51	08:46
32	627	Bruno Teles	Individual	Senior Masculino	02:02:50	+45:54	08:46
33	529	Paulo Barbosa	Caminhadas da amizade	Senior Masculino	02:03:14	+46:17	08:48
34	508	Ricardo Vaz	ADVC Trail team	Senior Masculino	02:03:41	+46:45	08:50
35	640	João Grilo Teixeira	Individual	Senior Masculino	02:04:17	+47:20	08:53
36	858	Henrique Pereira	Turbolentos	Senior Masculino	02:05:13	+48:16	08:57
37	624	Braulio Gomes	Individual	Senior Masculino	02:05:27	+48:30	08:58
38	643	João Pedro da Silva Pinto	Individual	Senior Masculino	02:05:42	+48:46	08:59
39	634	Eduardo Daniel Mendes da Cunha	Individual	Senior Masculino	02:06:13	+49:16	09:01
40	878	Bruno Teixeira	Individual	Senior Masculino	02:09:32	+52:35	09:15
41	619	André Ricardo Monteiro da Silva	Individual	Senior Masculino	02:09:40	+52:43	09:16
42	641	João Henrique	Individual	Senior Masculino	02:10:11	+53:14	09:18
43	620	André Sequeira	Individual	Senior Masculino	02:10:11	+53:14	09:18
44	630	Cristiano Coelho	Individual	Senior Masculino	02:11:25	+54:28	09:23
45	824	José Silva	Real Club Recarei	Senior Masculino	02:12:19	+55:23	09:27
46	528	joel PACHECO	Caminhadas da amizade	Senior Masculino	02:13:24	+56:28	09:32
47	868	José João Pimenta Oliveira	Velozes & Esfomeados	Senior Masculino	02:14:04	+57:08	09:35
48	865	Eduardo Barbosa	Velozes & Esfomeados	Senior Masculino	02:14:04	+57:08	09:35
49	503	Daniel Teixeira	2aEPV	Senior Masculino	02:14:29	+57:33	09:36
50	866	Jaime Teixeira	Velozes & Esfomeados	Senior Masculino	02:15:55	+58:58	09:42
51	532	RÚBEN VALE	Caminhadas da amizade	Senior Masculino	02:16:03	+59:07	09:43
52	527	IGOR VALE	Caminhadas da amizade	Senior Masculino	02:16:03	+59:07	09:43
53	647	Luís Maria Travassos Pinheiro Jorge Machado	Individual	Senior Masculino	02:16:17	+59:21	09:44
54	628	Carlos Moreira	Individual	Senior Masculino	02:17:12	+01:00:15	09:48







**Mini Trail**

**14 KM**

**OFFICIAL RESULT**

2	589	Fernanda Santos	Gansos	Veterana F60	02:59:14	+36:02	12:48
3	588	Deolinda Campanha	Gansos	Veterana F60	03:14:43	+51:31	13:54

**Veterano M40**

1	808	Nelson Loureiro	OPraticante.PT	Veterano M40	01:17:32		05:32
2	679	Bruno Coelho	Individual	Veterano M40	01:17:49	+00:16	05:33
3	506	David ramalho	A.D.SEBOLIDO	Veterano M40	01:23:04	+05:31	05:56
4	697	Paulo Nogueira	Individual	Veterano M40	01:23:24	+05:51	05:57
5	601	Luis Silva	Grupo Vilarinho Cima	Veterano M40	01:27:28	+09:55	06:15
6	509	Pedro Soares	ADVC Trail Team	Veterano M40	01:32:22	+14:49	06:36
7	680	Cristiano José Moreira Santos	Individual	Veterano M40	01:33:09	+15:36	06:39
8	682	Filipe Moreira da Silva	Individual	Veterano M40	01:34:25	+16:53	06:45
9	877	Vitor Carneiro	Individual	Veterano M40	01:36:08	+18:36	06:52
10	560	Ricardo Silva	DIDACT Heart	Veterano M40	01:37:58	+20:26	07:00
11	59	Nuno Pinho	PAREDES AVENTURA	Veterano M40	01:39:52	+22:19	07:08
12	861	José Azevedo	Turbolentos	Veterano M40	01:43:26	+25:53	07:23
13	860	Carlos Oliveira	Turbolentos	Veterano M40	01:44:01	+26:28	07:26
14	836	Vitor Carneiro	Sport Clube Freamunde	Veterano M40	01:44:03	+26:30	07:26
15	795	Paulo inverneiro	Lusavouga Trail Running	Veterano M40	01:44:57	+27:24	07:30
16	14	Adelino Pinto	DAPproduções	Veterano M40	01:44:58	+27:26	07:30
17	703	Ricardo Ferreira	Individual	Veterano M40	01:45:32	+27:59	07:32
18	523	Nuno Teixeira	Caldas de São Jorge Sport Clube	Veterano M40	01:45:52	+28:19	07:34
19	681	Daniel Abreu	Individual	Veterano M40	01:52:39	+35:06	08:03
20	505	Pedro Vieira	A.D. Amarante Trail Running	Veterano M40	01:53:07	+35:35	08:05
21	583	Paulo Torres	Gang da Pedra	Veterano M40	01:54:07	+36:34	08:09
22	706	Tiago Pereira	Individual	Veterano M40	01:54:52	+37:19	08:12
23	693	Luís Miguel Franzini Rocha	Individual	Veterano M40	01:56:40	+39:08	08:20
24	695	Mário José Maia Moreira	Individual	Veterano M40	01:59:07	+41:35	08:31
25	796	Sérgio Costa	LUSOS XXI	Veterano M40	01:59:26	+41:53	08:32
26	790	Bruno ribeiro	Lousada Trilhos	Veterano M40	01:59:45	+42:12	08:33
27	701	Ricardo Coelho	Individual	Veterano M40	02:00:29	+42:56	08:36
28	851	Tiago Serrano	Tontos Team	Veterano M40	02:00:44	+43:12	08:37
29	799	rui barbosa	M8	Veterano M40	02:01:57	+44:24	08:43
30	690	Joel Coelho	Individual	Veterano M40	02:02:15	+44:43	08:44
31	677	António José Ferreira dos Santos	Individual	Veterano M40	02:04:23	+46:50	08:53
32	686	J. Pedro Sousa	Individual	Veterano M40	02:05:14	+47:41	08:57
33	699	Pedro Miguel Ribeiro Barbosa	Individual	Veterano M40	02:05:31	+47:58	08:58
34	687	Jaime Neto	Individual	Veterano M40	02:05:51	+48:19	08:59
35	675	Alberto Miguel Sousa Vitelo	Individual	Veterano M40	02:06:47	+49:14	09:03
36	704	Rui Trigo	Individual	Veterano M40	02:07:34	+50:02	09:07
37	683	Francisco Batista	Individual	Veterano M40	02:07:36	+50:03	09:07
38	572	João Almeida	Estronca Silvas	Veterano M40	02:08:03	+50:30	09:09
39	694	Marco Moreira	Individual	Veterano M40	02:09:49	+52:16	09:16
40	516	Vitor Peixoto	Bernardino é pateta	Veterano M40	02:09:53	+52:20	09:17
41	696	Nuno Barbosa	Individual	Veterano M40	02:10:35	+53:02	09:20

Official Timekeeper: Lap2Go	5 / 9	generate 15-Oct-2023 13:38
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**Mini Trail**

**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

42	678	Antonio Mota	Individual	Veterano M40	02:12:17	+54:44	09:27
43	685	Hugo Miguel da Rocha Teixeira	Individual	Veterano M40	02:12:58	+55:25	09:30
44	853	Eduardo Soares	Trail Team Casa das Reparações	Veterano M40	02:14:09	+56:36	09:35
45	859	André Pereira	Turbolentos	Veterano M40	02:14:46	+57:13	09:38
46	542	BRUNO LOUREIRO	Caminhadas da amizade	Veterano M40	02:16:03	+58:30	09:43
47	848	Pedro Dias	Tog-Associação Running Team	Veterano M40	02:16:07	+58:34	09:43
48	788	Cesario Magalhães	Louredo Trail running	Veterano M40	02:16:08	+58:36	09:43
49	809	Bruno Barros	Outlaw Runners	Veterano M40	02:22:42	+01:05:10	10:12
50	691	Jose manuel sousa moreira	Individual	Veterano M40	02:23:21	+01:05:48	10:14
51	785	Luís Martins	LEÕES DE TARDARIZ TRAIL	Veterano M40	02:25:26	+01:07:53	10:23
52	557	Pedro Ferreira	Cenas Modernas	Veterano M40	02:25:43	+01:08:10	10:24
53	522	Henrique Leal	Cabritos saltadores	Veterano M40	02:25:56	+01:08:23	10:25
54	544	Pedro Silva	Caminhadas da amizade	Veterano M40	02:30:18	+01:12:45	10:44
55	684	Hélder Cunha	Individual	Veterano M40	02:52:24	+01:34:52	12:19
56	692	Leonel Silva	Individual	Veterano M40	03:00:41	+01:43:08	12:54
57	676	Alexandre Augusto Ferreira Gonçalves	Individual	Veterano M40	03:00:43	+01:43:10	12:54
58	511	Pedro santos	Arcd Venda Da Luísa	Veterano M40	03:02:25	+01:44:53	13:02
59	702	Ricardo Dias	Individual	Veterano M40	03:05:42	+01:48:10	13:16

**Veterano M45**

1	837	Carlos Silva	Sport Clube Freamunde	Veterano M45	01:31:57		06:34
2	725	Rogério Ribeiro	Individual	Veterano M45	01:37:59	+06:02	07:00
3	562	Joaquim Correia	Duelo D'ocasião	Veterano M45	01:41:03	+09:06	07:13
4	722	Manuel Fernando Santos Oliveira	Individual	Veterano M45	01:41:11	+09:14	07:14
5	791	Nuno sousa	Lousada Trilhos	Veterano M45	01:43:43	+11:46	07:24
6	707	Alcino Moreira	Individual	Veterano M45	01:45:03	+13:06	07:30
7	602	Paulo Sousa	Grupo Vilarinho Cima	Veterano M45	01:45:33	+13:35	07:32
8	818	Manuel Barbosa	Paredes Running	Veterano M45	01:48:06	+16:09	07:43
9	716	Jorge Moreira	Individual	Veterano M45	01:48:29	+16:31	07:45
10	775	Denny Morais	INFINIX	Veterano M45	01:48:34	+16:37	07:45
11	718	Jose Augusto Mendes Rosendo	Individual	Veterano M45	01:48:55	+16:58	07:47
12	513	Daniel Couto	Baltar Runners	Veterano M45	01:53:29	+21:32	08:06
13	715	Joaquim Alves Pereira gomes	Individual	Veterano M45	01:55:00	+23:03	08:13
14	5	José Fernando Lopes	Boavista Trail	Veterano M45	01:55:42	+23:45	08:16
15	577	Jaime Artur Pinheiro Silva	Frezitrofa	Veterano M45	01:58:42	+26:45	08:29
16	709	César Leão	Individual	Veterano M45	01:59:54	+27:56	08:34
17	842	Martinho Sousa	The Bunnies	Veterano M45	02:01:58	+30:01	08:43
18	854	Alexandre Brito	Trail Team Casa das Reparações	Veterano M45	02:02:23	+30:26	08:45
19	721	Luís Miguel Ribeiro	Individual	Veterano M45	02:04:57	+33:00	08:55
20	712	Fernando Coelho	Individual	Veterano M45	02:06:35	+34:38	09:03
21	720	José Silva	Individual	Veterano M45	02:07:34	+35:37	09:07
22	604	Daniel Silva	Herbalife	Veterano M45	02:08:37	+36:40	09:11
23	12	MIGUEL ANTONIO MAGALHAES CUNHA	Clube Millennium BCP	Veterano M45	02:09:05	+37:08	09:13
24	792	Pedro silva	Lousada Trilhos	Veterano M45	02:13:09	+41:12	09:31



## Mini Trail

**14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

23	748	Ricardo Gomes	Individual	Veterano M50	02:23:08	+47:17	10:13
24	548	AMÉRICO FIGUEIREDO	Caminhadas da amizade	Veterano M50	02:23:20	+47:29	10:14
25	740	José Armando Lopes da Rocha	Individual	Veterano M50	02:25:16	+49:25	10:23
26	728	António Couto	Individual	Veterano M50	02:56:48	+01:20:58	12:38
27	750	TO MADUREIRA	Individual	Veterano M50	03:05:38	+01:29:48	13:16
28	734	Filipe Matos	Individual	Veterano M50	03:14:06	+01:38:16	13:52
29	826	Manuel Jorge	Rebeldes trail	Veterano M50	03:15:40	+01:39:50	13:59
30	737	Hugo Manuel Tsou Ferraz	Individual	Veterano M50	03:19:36	+01:43:46	14:15

## Veterano M55

1	802	Asdrubal Freitas	MSS CONTABILIDADE	Veterano M55	01:45:57		07:34
2	551	Agostinho Belmiro de Barros Moreira	Caminhadas da amizade	Veterano M55	01:46:03	+00:05	07:34
3	821	Valdemar Carvalho	Porto Sentido Runners	Veterano M55	01:46:29	+00:32	07:36
4	762	José Manuel Queirós	Individual	Veterano M55	01:47:37	+01:40	07:41
5	764	Paulo Morais	Individual	Veterano M55	01:49:58	+04:00	07:51
6	753	Adao bessa	Individual	Veterano M55	01:53:16	+07:19	08:05
7	875	António Miranda	Wolves	Veterano M55	02:00:28	+14:30	08:36
8	765	Sérgio cunha	Individual	Veterano M55	02:02:12	+16:14	08:44
9	755	Américo Martins Pereira	Individual	Veterano M55	02:04:21	+18:24	08:53
10	752	Adão António Nunes de Barros	Individual	Veterano M55	02:04:23	+18:26	08:53
11	553	Vitorino Campos	Caminhadas da amizade	Veterano M55	02:05:05	+19:08	08:56
12	849	António Lima	Tog-Associação Running Team	Veterano M55	02:13:19	+27:22	09:31
13	759	Jorge Esteves	Individual	Veterano M55	02:13:48	+27:51	09:33
14	552	Francisco Moreira	Caminhadas da amizade	Veterano M55	02:32:31	+46:33	10:54
15	763	Josué Loureiro	Individual	Veterano M55	02:35:10	+49:12	11:05
16	761	José Leal	Individual	Veterano M55	02:39:21	+53:24	11:23
17	757	João Paulo de Almeida Santana	Individual	Veterano M55	02:44:34	+58:37	11:45
18	760	Jorge Felix	Individual	Veterano M55	02:51:29	+01:05:31	12:15

## Veterano M60

1	555	Fernando Seabra	Caminhadas da amizade	Veterano M60	01:45:05		07:30
2	510	Lino Cunha Moreira	All About	Veterano M60	01:50:13	+05:08	07:52
3	570	Fernando Ramalho	Equipa A	Veterano M60	01:58:11	+13:06	08:27
4	772	Lidio oliveira	Individual	Veterano M60	02:08:23	+23:17	09:10
5	563	Amadeu Perpétua Valente	Duelo D'ocasião	Veterano M60	02:16:22	+31:17	09:44
6	770	José Moura de Sousa	Individual	Veterano M60	02:20:48	+35:43	10:03
7	769	Jose coelho	Individual	Veterano M60	02:21:06	+36:01	10:05
8	766	Antonio Joaquim Coelho Barbosa	Individual	Veterano M60	02:36:01	+50:56	11:09
9	554	Antero Teixeira	Caminhadas da amizade	Veterano M60	02:40:28	+55:23	11:28
10	767	Eurico Miguel de Oliveira	Individual	Veterano M60	02:46:20	+01:01:15	11:53
11	556	Ildio bessa	Caminhadas da amizade	Veterano M60	02:51:23	+01:06:18	12:15
12	576	Sérgio Reis	FIDELIDADE GDC	Veterano M60	02:59:35	+01:14:30	12:50
13	593	Manuel Barros	Gansos	Veterano M60	03:14:48	+01:29:43	13:55

**Mini Trail****14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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14	768	João Luís Frade Cajeira	Individual	Veterano M60	03:40:55	+01:55:50	15:47
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## TEAM RESULTS - MINI TRAIL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	GRUPO VILARINHO CIMA	8 + 10 + 13	31
2	LUSAVOUGA TRAIL RUNNING	4 + 29 + 36	69
3	DUELO D'OCASIÃO	1 + 25 + 50	76
4	TURBOLENTOS	27 + 30 + 107	164
5	CAMINHADAS DA AMIZADE	41 + 52 + 95	188
6	2AEPV	63 + 68 + 113	244
7	GANSOS	35 + 62 + 159	256
8	LEÕES DE TARDARIZ TRAIL	65 + 91 + 111	267
9	LOUSADA TRILHOS	28 + 94 + 145	267
10	EQUIPA A	87 + 103 + 144	334
11	TRAIL TEAM CASA DAS REPARAÇÕES	47 + 112 + 177	336
12	GANG DA PEDRA	43 + 78 + 239	360
13	REAL CLUB RECAREI	104 + 114 + 166	384
14	PORTO SENTIDO RUNNERS	53 + 198 + 199	450
15	TOG-ASSOCIAÇÃO RUNNING TEAM	149 + 150 + 169	468
16	INFINIX	60 + 212 + 253	525
17	VELOZES & ESFOMEADOS	173 + 174 + 184	531
18	ESTRONCA SILVAS	138 + 143 + 254	535
19	WOLVES	98 + 279 + 312	689
20	GENEROSOS RUNNERS	250 + 251 + 287	788