

TRAIL LONGO - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	--	--
End	14:15	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	6	Joao Ferreira	AIRORUN	01:53:41		04:33	
2	55	Fernando lemos	Gaia Trail	02:03:47	+10:06	04:57	
3	26	Pedro Tapadas	Douroconta- Gabinete de Apoio e Contabilidade, Lda	02:08:23	+14:42	05:08	
4	3	Marcos Leandro Gomes Ribeiro	A D Nos Acreditamos	02:09:37	+15:56	05:11	
5	29	Victor Correia	EDV - Viana Trail	02:12:25	+18:44	05:18	
6	51	Daniel Mendes	Individual	02:26:07	+32:26	05:51	
7	956	Luís Magalhães	Retorta - Quinta das Arcas	02:27:07	+33:26	05:53	
8	127	Pedro Viana	S4L Medense FC	02:28:01	+34:20	05:55	
9	33	André Almeida	Gens Sport Clube Trail	02:31:26	+37:45	06:03	
10	27	Paula Barbosa	EDV - Viana Trail	02:32:19	+38:38	06:06	
11	7	Marco Silva	All About	02:33:56	+40:15	06:09	
12	125	PEDRO BARBOSA	RUNRIVER Escola de Atletismo de Rio Tinto	02:34:14	+40:33	06:10	
13	5	Joaquim Dinis	ADOSA - Os Santa Apolónia	02:35:03	+41:22	06:12	
14	58	Paulo Santos	Individual	02:36:47	+43:06	06:16	
15	54	Fábio Silva	A D Nos Acreditamos	02:37:29	+43:48	06:18	
16	129	Fernando Rodrigues	S4L Medense FC	02:38:12	+44:31	06:20	
17	962	Paula Santos	All About	02:38:15	+44:34	06:20	
18	95	Francisco Pinheiro	Individual	02:39:48	+46:07	06:24	
19	81	Jorge Moreira	Individual	02:40:04	+46:23	06:24	
20	115	Manuel Faria	MSS Grupo Desportivo de Gondomar	02:43:36	+49:55	06:33	
21	66	Paulo Madeira	Gaia Trail	02:45:13	+51:32	06:37	
22	75	Bruno José Coelho de Sousa	Individual	02:46:02	+52:21	06:38	
23	126	JOSE LOPES	RUNRIVER Escola de Atletismo de Rio Tinto	02:46:44	+53:03	06:40	
24	960	Orlando Rocha	EDV Viana Trail	02:47:12	+53:31	06:41	
25	954	João Leal	Retorta - Quinta das Arcas	02:47:27	+53:46	06:42	
26	32	Nelson Marques	Gaia Trail	02:49:21	+55:40	06:46	
27	18	Fernando Seabra	Caminhadas da amizade	02:49:40	+55:59	06:47	
28	39	Rui Vieira	Gens Sport Clube Trail	02:49:50	+56:09	06:48	
29	130	António Rocha	S4L Medense FC	02:51:19	+57:38	06:51	
30	106	José Graça	KeMedo Team	02:51:43	+58:02	06:52	
31	957	Sérgio Sousa	A D Nos Acreditamos	02:52:23	+58:42	06:54	
32	114	José Salas	MSS Grupo Desportivo de Gondomar	02:52:56	+59:15	06:55	
33	104	Diogo Aguiar	Inquipa	02:53:00	+59:19	06:55	
34	73	Américo Costa	Individual	02:55:05	+01:01:24	07:00	
35	19	Carlos Manuel Delgado Fernandes	CCD Matosinhos	02:57:40	+01:03:59	07:06	
36	20	Filipe Sousa	CDC Macieira de Cambra	02:58:44	+01:05:03	07:09	
37	963	Delfim Nunes	KeMedo Team	02:59:54	+01:06:13	07:12	
38	62	Vitor Ferreira	Individual	03:00:37	+01:06:56	07:13	
39	52	David Martins	Individual	03:01:14	+01:07:33	07:15	
40	84	Leandro Pacheco	Associação Desportiva MDA - Monte dos Amigos	03:01:20	+01:07:39	07:15	
41	80	João Nunes	Individual	03:02:07	+01:08:26	07:17	
42	28	Pedro Santos	EDV - Viana Trail	03:02:31	+01:08:50	07:18	

TRAIL LONGO - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	109	Pedro Ferreira	Leões de Tardariz Trail	03:03:05	+01:09:24	07:19	
44	99	Luís Azevedo	Individual	03:03:47	+01:10:06	07:21	
45	37	Elisabete Rocha	Gens Sport Clube Trail	03:03:51	+01:10:10	07:21	
46	122	DANIELA SOARES	RUNRIVER Escola de Atletismo de Rio Tinto	03:04:11	+01:10:30	07:22	
47	124	ARTUR FERREIRA	RUNRIVER Escola de Atletismo de Rio Tinto	03:04:12	+01:10:31	07:22	
48	4	Carla Oliveira	ADOSA - Os Santa Apolónia	03:05:28	+01:11:47	07:25	
49	101	José Mendes	Individual	03:06:25	+01:12:44	07:27	
50	44	Rita Freitas	Individual	03:06:32	+01:12:51	07:28	
51	60	Pedro Nogueira	Individual	03:06:50	+01:13:09	07:28	
52	8	Paulo Gama	AmagJoias	03:08:33	+01:14:52	07:33	
53	111	Patrícia Moreira	Monte dos Amigos	03:09:26	+01:15:45	07:35	
54	113	António Pinto	Monte dos Amigos	03:09:27	+01:15:46	07:35	
55	70	Adão Antunes	Individual	03:09:35	+01:15:54	07:35	
56	85	marco duarte	Individual	03:11:33	+01:17:52	07:40	
57	92	Armando Moreno	Individual	03:11:36	+01:17:55	07:40	
58	1	Cláudia Patrícia da Silva Moreira	A.D. Amarante Trail Running	03:11:44	+01:18:03	07:40	
59	30	João Araújo	Ermentão	03:12:15	+01:18:34	07:41	
60	53	Fabio Ricardo da Costa Campos	Individual	03:12:15	+01:18:34	07:41	
61	71	Adérito Santos Silva	Individual	03:12:30	+01:18:49	07:42	
62	102	Manuel costa	Individual	03:13:05	+01:19:24	07:43	
63	107	Mário Moura	Leões de Tardariz Trail	03:15:10	+01:21:29	07:48	
64	87	Paulo Fernandes	Individual	03:15:23	+01:21:42	07:49	
65	68	Helena Gomes	Individual	03:15:36	+01:21:55	07:49	
66	34	Helder Martins	Gens Sport Clube Trail	03:15:48	+01:22:07	07:50	
67	21	Tânia da Costa e Silva	Clube Desportivo Feirense	03:16:09	+01:22:28	07:51	
68	108	António pinto	Leões de Tardariz Trail	03:16:59	+01:23:18	07:53	
69	112	Bruno Ferreira	Monte dos Amigos	03:17:20	+01:23:39	07:54	
70	123	ANTONIO ROCHA	RUNRIVER Escola de Atletismo de Rio Tinto	03:17:32	+01:23:51	07:54	
71	56	Marco Faria	Individual	03:17:58	+01:24:17	07:55	
72	88	Pedro Silva	Individual	03:17:59	+01:24:18	07:55	
73	49	António Mendes	Individual	03:19:46	+01:26:05	07:59	
74	35	José Azevedo	Gens Sport Clube Trail	03:22:23	+01:28:42	08:06	
75	91	Alcindo Silva	Individual	03:24:44	+01:31:03	08:11	
76	100	Paulo Graça	Monte dos Amigos	03:25:23	+01:31:42	08:13	
77	128	Eugénio Soares	S4L Medense FC	03:25:40	+01:31:59	08:14	
78	121	Paulo Pereira	RUNNING TEAM MAIA	03:27:53	+01:34:12	08:19	
79	96	Ilídio Pires	Individual	03:28:29	+01:34:48	08:20	
80	961	Luis Guedes	CAP	03:29:40	+01:35:59	08:23	
81	118	Daniela Moutinho	Os Preguiças Team	03:30:40	+01:36:59	08:26	
82	119	Sérgio Gomes	Os Preguiças Team	03:30:48	+01:37:07	08:26	
83	57	Miguel Lopes Martins	Individual	03:30:54	+01:37:13	08:26	
84	86	Marcos Gandra	Individual	03:31:22	+01:37:41	08:27	
85	117	Sara Machado	NBA Barrosas	03:32:10	+01:38:29	08:29	
86	40	Paulo Jorge Silva Alves	GONDOMAR FUTSAL CLUBE	03:33:21	+01:39:40	08:32	
87	24	Ana Maria Amaral	ClubeEfacec Bis3lmo	03:33:21	+01:39:40	08:32	
88	78	Gaudencio Daniel	Individual	03:33:27	+01:39:46	08:32	

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	-99°C	-99%
End	14:15	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
Senior Feminino							
1	4	Carla Oliveira	ADOSA - Os Santa Apolónia	Senior Feminino	03:05:28		07:25
2	44	Rita Freitas	Individual	Senior Feminino	03:06:32	+01:04	07:28
3	111	Patrícia Moreira	Monte dos Amigos	Senior Feminino	03:09:26	+03:57	07:35
4	21	Tânia da Costa e Silva	Clube Desportivo Feirense	Senior Feminino	03:16:09	+10:41	07:51
5	118	Daniela Moutinho	Os Preguiças Team	Senior Feminino	03:30:40	+25:12	08:26
6	117	Sara Machado	NBA Barrosas	Senior Feminino	03:32:10	+26:42	08:29
7	41	Ana Pires	Individual	Senior Feminino	03:53:42	+48:14	09:21
8	43	Patrícia Fernandes	Individual	Senior Feminino	03:53:43	+48:15	09:21
9	11	Vânia Maria Silva Oliveira	BREAK	Senior Feminino	03:56:01	+50:33	09:26
10	47	Tania Pereira	Individual	Senior Feminino	04:33:44	+01:28:16	10:57
11	46	Tamina Reinehr	Individual	Senior Feminino	04:36:56	+01:31:28	11:05

Senior Masculino

1	6	Joao Ferreira	AIRORUN	Senior Masculino	01:53:41		04:33
2	55	Fernando lemos	Gaia Trail	Senior Masculino	02:03:47	+10:06	04:57
3	26	Pedro Tapadas	Douroconta- Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	02:08:23	+14:41	05:08
4	3	Marcos Leandro Gomes Ribeiro	A D Nos Acreditamos	Senior Masculino	02:09:37	+15:56	05:11
5	51	Daniel Mendes	Individual	Senior Masculino	02:26:07	+32:26	05:51
6	956	Luís Magalhães	Retorta - Quinta das Arcas	Senior Masculino	02:27:07	+33:25	05:53
7	127	Pedro Viana	S4L Medense FC	Senior Masculino	02:28:01	+34:20	05:55
8	33	André Almeida	Gens Sport Clube Trail	Senior Masculino	02:31:26	+37:45	06:03
9	58	Paulo Santos	Individual	Senior Masculino	02:36:47	+43:06	06:16
10	54	Fábio Silva	A D Nos Acreditamos	Senior Masculino	02:37:29	+43:48	06:18
11	62	Vitor Ferreira	Individual	Senior Masculino	03:00:37	+01:06:56	07:13
12	52	David Martins	Individual	Senior Masculino	03:01:14	+01:07:33	07:15
13	60	Pedro Nogueira	Individual	Senior Masculino	03:06:50	+01:13:08	07:28
14	53	Fabio Ricardo da Costa Campos	Individual	Senior Masculino	03:12:15	+01:18:34	07:41
15	34	Helder Martins	Gens Sport Clube Trail	Senior Masculino	03:15:48	+01:22:07	07:50
16	112	Bruno Ferreira	Monte dos Amigos	Senior Masculino	03:17:20	+01:23:39	07:54
17	56	Marco Faria	Individual	Senior Masculino	03:17:58	+01:24:17	07:55
18	49	António Mendes	Individual	Senior Masculino	03:19:46	+01:26:05	07:59
19	35	José Azevedo	Gens Sport Clube Trail	Senior Masculino	03:22:23	+01:28:42	08:06
20	57	Miguel Lopes Martins	Individual	Senior Masculino	03:30:54	+01:37:12	08:26
21	958	Hugo Sá	Individual	Senior Masculino	03:37:02	+01:43:21	08:41
22	467	Tiago Sequeira	MSS Grupo Desportivo de Gondomar	Senior Masculino	03:39:41	+01:46:00	08:47
23	50	Bruno Silva	Individual	Senior Masculino	03:51:49	+01:58:08	09:16

Official Timekeeper: Lap2Go	1 / 4	generate 29-out-2023 14:40
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Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

24	61	Ricardo Silva	Individual	Senior Masculino	04:20:17	+02:26:36	10:25
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Sub 23 Masculino

1	63	Gonçalo Viana	Individual	Sub 23 Masculino	03:51:51		09:16
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Veterana F40

1	27	Paula Barbosa	EDV - Viana Trail	Veterana F40	02:32:19		06:06
2	122	DANIELA SOARES	RUNRIVER Escola de Atletismo de Rio Tinto	Veterana F40	03:04:11	+31:52	07:22
3	1	Cláudia Patrícia da Silva Moreira	A.D. Amarante Trail Running	Veterana F40	03:11:44	+39:24	07:40
4	24	Ana Maria Amaral	ClubeEfacec Bis3lmo	Veterana F40	03:33:21	+01:01:01	08:32
5	65	Carla Maria Mendes Martins	Trilhos Luso Bussaco	Veterana F40	03:37:40	+01:05:20	08:42
6	14	Rosa Margarida da Rocha Moreira	BREAK	Veterana F40	03:47:38	+01:15:18	09:06
7	135	Solange Sousa	Tartaruguinhas Team	Veterana F40	04:10:44	+01:38:24	10:02

Veterana F50

1	962	Paula Santos	All About	Veterana F50	02:38:15		06:20
2	37	Elisabete Rocha	Gens Sport Clube Trail	Veterana F50	03:03:51	+25:36	07:21
3	68	Helena Gomes	Individual	Veterana F50	03:15:36	+37:20	07:49
4	67	Cristina Saraiva	CTM VILA POUCA DE AGUIAR	Veterana F50	03:42:26	+01:04:11	08:54
5	15	Anabela Araújo Ferraz Rodrigues	BREAK	Veterana F50	03:49:09	+01:10:53	09:10

Veterano M40

1	125	PEDRO BARBOSA	RUNRIVER Escola de Atletismo de Rio Tinto	Veterano M40	02:34:14		06:10
2	81	Jorge Moreira	Individual	Veterano M40	02:40:04	+05:49	06:24
3	66	Paulo Madeira	Gaia Trail	Veterano M40	02:45:13	+10:59	06:37
4	75	Bruno José Coelho de Sousa	Individual	Veterano M40	02:46:02	+11:48	06:38
5	960	Orlando Rocha	EDV Viana Trail	Veterano M40	02:47:12	+12:57	06:41
6	954	João Leal	Retorta - Quinta das Arcas	Veterano M40	02:47:27	+13:12	06:42
7	32	Nelson Marques	Gaia Trail	Veterano M40	02:49:21	+15:07	06:46
8	39	Rui Vieira	Gens Sport Clube Trail	Veterano M40	02:49:50	+15:36	06:48
9	957	Sérgio Sousa	A D Nos Acreditamos	Veterano M40	02:52:23	+18:08	06:54
10	114	José Salas	MSS Grupo Desportivo de Gondomar	Veterano M40	02:52:56	+18:41	06:55
11	104	Diogo Aguiar	Inquipa	Veterano M40	02:53:00	+18:46	06:55
12	73	Américo Costa	Individual	Veterano M40	02:55:05	+20:51	07:00
13	19	Carlos Manuel Delgado Fernandes	CCD Matosinhos	Veterano M40	02:57:40	+23:25	07:06
14	20	Filipe Sousa	CDC Macieira de Cambra	Veterano M40	02:58:44	+24:29	07:09
15	84	Leandro Pacheco	Associação Desportiva MDA - Monte dos Amigos	Veterano M40	03:01:20	+27:06	07:15

Official Timekeeper: Lap2Go	2 / 4	generate 29-out-2023 14:40
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Trail Longo
25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

16	80	João Nunes	Individual	Veterano M40	03:02:07	+27:52	07:17
17	28	Pedro Santos	EDV - Viana Trail	Veterano M40	03:02:31	+28:17	07:18
18	124	ARTUR FERREIRA	RUNRIVER Escola de Atletismo de Rio Tinto	Veterano M40	03:04:12	+29:58	07:22
19	113	António Pinto	Monte dos Amigos	Veterano M40	03:09:27	+35:12	07:35
20	70	Adão Antunes	Individual	Veterano M40	03:09:35	+35:21	07:35
21	85	marco duarte	Individual	Veterano M40	03:11:33	+37:19	07:40
22	30	João Araújo	Ermentão	Veterano M40	03:12:15	+38:00	07:41
23	71	Adérito Santos Silva	Individual	Veterano M40	03:12:30	+38:16	07:42
24	107	Mário Moura	Leões de Tardariz Trail	Veterano M40	03:15:10	+40:56	07:48
25	87	Paulo Fernandes	Individual	Veterano M40	03:15:23	+41:09	07:49
26	123	ANTONIO ROCHA	RUNRIVER Escola de Atletismo de Rio Tinto	Veterano M40	03:17:32	+43:18	07:54
27	88	Pedro Silva	Individual	Veterano M40	03:17:59	+43:44	07:55
28	121	Paulo Pereira	RUNNING TEAM MAIA	Veterano M40	03:27:53	+53:39	08:19
29	961	Luis Guedes	CAP	Veterano M40	03:29:40	+55:25	08:23
30	119	Sérgio Gomes	Os Preguiças Team	Veterano M40	03:30:48	+56:34	08:26
31	86	Marcos Gandra	Individual	Veterano M40	03:31:22	+57:08	08:27
32	40	Paulo Jorge Silva Alves	GONDOMAR FUTSAL CLUBE	Veterano M40	03:33:21	+59:06	08:32
33	78	Gaudencio Daniel	Individual	Veterano M40	03:33:27	+59:12	08:32
34	79	Gilberto Viana	Individual	Veterano M40	03:35:35	+01:01:21	08:37
35	77	Domingos Faria	Individual	Veterano M40	03:36:08	+01:01:54	08:39
36	90	Telmo Mendonça	Individual	Veterano M40	03:36:32	+01:02:18	08:40
37	89	Rui Airosa	Individual	Veterano M40	03:42:22	+01:08:08	08:54
38	76	César Sousa	Individual	Veterano M40	03:42:23	+01:08:09	08:54
39	132	Rui Carvalho	Serviços Sociais Montepio	Veterano M40	03:43:35	+01:09:20	08:57
40	137	Fernando Leite	TIT - Tintas Isaval Team	Veterano M40	03:57:51	+01:23:36	09:31
41	16	José Fernando Morgado Rocha	BREAK	Veterano M40	03:58:37	+01:24:22	09:33
42	136	Nelson Sousa	Tartaruginhas Team	Veterano M40	04:10:43	+01:36:29	10:02
43	38	Ilídio Rebelo	Gens Sport Clube Trail	Veterano M40	04:58:12	+02:23:57	11:56
44	959	Nuno Neves	Gens Sport Clube Trail	Veterano M40	04:58:12	+02:23:57	11:56
45	131	Ricardo Resende	Serviços Sociais Montepio	Veterano M40	04:59:11	+02:24:56	11:58

Veterano M50

1	29	Victor Correia	EDV - Viana Trail	Veterano M50	02:12:25		05:18
2	7	Marco Silva	All About	Veterano M50	02:33:56	+21:31	06:09
3	5	Joaquim Dinis	ADOSA - Os Santa Apolónia	Veterano M50	02:35:03	+22:38	06:12
4	129	Fernando Rodrigues	S4L Medense FC	Veterano M50	02:38:12	+25:47	06:20
5	95	Francisco Pinheiro	Individual	Veterano M50	02:39:48	+27:23	06:24
6	115	Manuel Faria	MSS Grupo Desportivo de Gondomar	Veterano M50	02:43:36	+31:11	06:33
7	126	JOSE LOPES	RUNRIVER Escola de Atletismo de Rio Tinto	Veterano M50	02:46:44	+34:19	06:40
8	106	José Graça	KeMedo Team	Veterano M50	02:51:43	+39:18	06:52
9	963	Delfim Nunes	KeMedo Team	Veterano M50	02:59:54	+47:29	07:12
10	109	Pedro Ferreira	Leões de Tardariz Trail	Veterano M50	03:03:05	+50:39	07:19

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	99	Luís Azevedo	Individual	Veterano M50	03:03:47	+51:22	07:21
12	8	Paulo Gama	AmagJoias	Veterano M50	03:08:33	+56:08	07:33
13	92	Armando Moreno	Individual	Veterano M50	03:11:36	+59:11	07:40
14	108	António pinto	Leões de Tardariz Trail	Veterano M50	03:16:59	+01:04:34	07:53
15	91	Alcindo Silva	Individual	Veterano M50	03:24:44	+01:12:19	08:11
16	100	Paulo Graça	Monte dos Amigos	Veterano M50	03:25:23	+01:12:58	08:13
17	128	Eugénio Soares	S4L Medense FC	Veterano M50	03:25:40	+01:13:15	08:14
18	96	Ilídio Pires	Individual	Veterano M50	03:28:29	+01:16:04	08:20
19	98	Jose Fidalgo	Individual	Veterano M50	03:38:10	+01:25:44	08:44
20	23	JOAO MANUEL SANTOS LOPES SILVA	Clube Millennium BCP	Veterano M50	03:38:15	+01:25:50	08:44
21	133	Fernando Carvalho	Serviços Sociais Montepio	Veterano M50	03:43:44	+01:31:18	08:57
22	22	ARTUR CARLOS MOREIRA SILVA	Clube Millennium BCP	Veterano M50	03:59:29	+01:47:03	09:35
23	134	Francisco Moreira	Serviços Sociais Montepio	Veterano M50	04:03:02	+01:50:37	09:43
24	97	José Carlos Ricardo	Boavista trail	Veterano M50	04:58:06	+02:45:40	11:55

Veterano M60

1	18	Fernando Seabra	Caminhadas da amizade	Veterano M60	02:49:40		06:47
2	130	António Rocha	S4L Medense FC	Veterano M60	02:51:19	+01:38	06:51
3	101	José Mendes	Individual	Veterano M60	03:06:25	+16:45	07:27
4	102	Manuel costa	Individual	Veterano M60	03:13:05	+23:24	07:43
5	31	Manuel Cunha Lima	experiençar	Veterano M60	05:15:08	+02:25:27	12:36

TEAM RESULTS - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	EDV - VIANA TRAIL	5 + 10 + 24	39
2	GAIA TRAIL	2 + 21 + 26	49
3	A D NOS ACREDITAMOS	4 + 15 + 31	50
4	S4L MEDENSE FC	8 + 16 + 29	53
5	RUNRIVER ESCOLA DE ATLETISMO DE RIO TINTO	12 + 23 + 46	81
6	GENS SPORT CLUBE TRAIL	9 + 28 + 45	82
7	MSS GRUPO DESPORTIVO DE GONDOMAR	20 + 32 + 96	148
8	LEÕES DE TARDARIZ TRAIL	43 + 63 + 68	174
9	MONTE DOS AMIGOS	53 + 54 + 69	176
10	BREAK	102 + 103 + 108	313
11	SERVIÇOS SOCIAIS MONTEPIO	100 + 101 + 112	313

TRAIL CURTO - STAGE 1
11 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	14,3°C	97%
End	12:53	14,3°C	97%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	331	Pedro Miguel Vieira Magalhães	Individual	50:21		04:35	
2	214	Luís Gonzaga	Coronado runners	51:00	+00:39	04:38	
3	525	Paulo Pereira	NS Trail Team	51:49	+01:28	04:43	
4	325	Luis Gomes	Individual	52:08	+01:47	04:44	
5	149	David ramalho	adsebolido trail	52:42	+02:21	04:47	
6	519	Ramiro Ribeiro	NBA Barrosas	53:49	+03:28	04:54	
7	523	André Silva	NS Trail Team	54:07	+03:46	04:55	
8	591	Bruno André Ribeiro da Silva	Secção de Atletismo Caldas de São Jorge	55:14	+04:53	05:01	
9	524	Márcio Melo	NS Trail Team	55:28	+05:07	05:03	
10	506	Carlos Alves	NAI - NÚCLEO AMADOR IDÃES	55:34	+05:13	05:03	
11	978	José Tavares	NS Trail Team	56:28	+06:07	05:08	
12	463	José Loureiro	Leões de Tardariz Trail	57:04	+06:43	05:11	
13	275	Nelson Teixeira	Gens Sport Clube Trail	57:07	+06:46	05:12	
14	510	Torcatto Silva	NAI - NÚCLEO AMADOR IDÃES	58:28	+08:07	05:19	
15	507	Jorge Araújo	NAI - NÚCLEO AMADOR IDÃES	58:28	+08:07	05:19	
16	517	José Pedrosa	NBA Barrosas	59:13	+08:52	05:23	
17	233	Diogo Cardoso	Douroconta- Gabinete de Apoio e Contabilidade, Lda	59:34	+09:13	05:25	
18	155	António José Oliveira Carvalho	AFIPRE Team	59:39	+09:18	05:25	
19	487	Rui Alvim	MSS Grupo Desportivo de Gondomar	01:01:13	+10:52	05:34	
20	483	José Conceição	MSS Grupo Desportivo de Gondomar	01:01:17	+10:56	05:34	
21	520	Flavio Fernandes	NBA Barrosas	01:02:15	+11:54	05:40	
22	418	Fernando José Afonso Almeida	Individual	01:02:19	+11:58	05:40	
23	229	Ricardo Alfredo Soares Da Silva	Didact Heart	01:03:13	+12:52	05:45	
24	527	Henrique Silva	NS Trail Team	01:03:13	+12:52	05:45	
25	504	Carlos Araújo	NAI - NÚCLEO AMADOR IDÃES	01:03:14	+12:53	05:45	
26	494	Luís Silvestre	MSS Grupo Desportivo de Gondomar	01:04:02	+13:41	05:49	
27	153	Luciano Pena	AFIPRE Team	01:04:08	+13:47	05:50	
28	176	Fernando Miguel Azevedo Portela	BREAK	01:04:12	+13:51	05:50	
29	188	Nuno Teixeira	Caldas de São Jorge Sport Clube	01:04:24	+14:03	05:51	
30	435	Renato Oliveira	Individual	01:04:29	+14:08	05:52	
31	509	José Francisco Fernandes	NAI - NÚCLEO AMADOR IDÃES	01:04:41	+14:20	05:53	
32	265	ADERITO TORRES	GDCTDA CASA DA MOEDA	01:05:05	+14:44	05:55	
33	616	Carlos Oliveira	TURBOLENTOS	01:05:12	+14:51	05:56	
34	156	Vítor Mota	AFIPRE Team	01:05:14	+14:53	05:56	
35	385	Hélder Martins	Individual	01:05:18	+14:57	05:56	
36	575	EDUARDO BRANDAO	RUNRIVER Escola de Atletismo de Rio Tinto	01:05:24	+15:03	05:57	
37	459	David Silva	Leões de Tardariz Trail	01:05:27	+15:06	05:57	
38	395	José Paulo Pereira Ribeiro	Individual	01:05:47	+15:26	05:59	
39	407	Nuno morais	Individual	01:05:49	+15:28	05:59	
40	157	Joaquim Cunha	Águas do Porto-Casa dos Trabalhadores	01:05:53	+15:32	05:59	
41	312	Andre Novais	Individual	01:05:56	+15:35	06:00	
42	175	André Souto	BREAK	01:06:25	+16:04	06:02	

TRAIL CURTO - STAGE 1

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	200	Leonel Videira	CHAVES RUNNING TEAM	01:06:49	+16:28	06:04	
44	566	Paulo Campos	rebeldes trail	01:07:09	+16:48	06:06	
45	180	Pedro Miguel Marques Nogueira	BREAK	01:07:44	+17:23	06:09	
46	285	Paulo Jorge	Gens Sport Clube Trail	01:07:46	+17:25	06:10	
47	222	Henri Costa	Coronado runners	01:08:07	+17:46	06:12	
48	168	Miguel Maia	Bairros FC	01:08:11	+17:50	06:12	
49	484	Marcio Almeida	MSS Grupo Desportivo de Gondomar	01:08:11	+17:50	06:12	
50	453	João Costa	Leões de Tardariz Trail	01:08:34	+18:13	06:14	
51	433	Paulo S	Individual	01:08:38	+18:17	06:14	
52	169	Nelson Sousa	Bairros Fc	01:08:46	+18:25	06:15	
53	170	José Maia	Bairros Fc	01:08:46	+18:25	06:15	
54	514	Fátima Paz	NBA Barrosas	01:09:18	+18:57	06:18	
55	617	José Azevedo	TURBOLENTOS	01:09:21	+19:00	06:18	
56	191	Gabriel Carneiro	Cansados Ultra Trail	01:09:49	+19:28	06:21	
57	274	Manuel Silva	Gens Sport Clube Trail	01:09:52	+19:31	06:21	
58	211	Paulo Araújo	COBELBA RUNNERS	01:10:04	+19:43	06:22	
59	415	Vitor Caldeira	Individual	01:10:07	+19:46	06:22	
60	36	Leonel Neves	Gens Sport Clube Trail	01:10:17	+19:56	06:23	
61	515	Marlene Ferreira	NBA Barrosas	01:10:25	+20:04	06:24	
62	454	João Martins	Leões de Tardariz Trail	01:10:28	+20:07	06:24	
63	513	Aida Pereira	NBA Barrosas	01:10:33	+20:12	06:25	
64	516	Bruno Pinto	NBA Barrosas	01:10:35	+20:14	06:25	
65	148	Bruno Miguel Lopes Barros	adsebolido trail	01:10:41	+20:20	06:26	
66	212	Pedro Rodrigues	COBELBA RUNNERS	01:10:42	+20:21	06:26	
67	440	Ângelo Pereira	Individual	01:11:03	+20:42	06:28	
68	583	Nuno Mota	S4L Medense FC	01:11:09	+20:48	06:28	
69	150	António Pereira	adsebolido trail	01:11:13	+20:52	06:28	
70	221	Helder Rafael	Coronado runners	01:11:26	+21:05	06:30	
71	172	Pedro Matos	Bikes & Friends	01:11:31	+21:10	06:30	
72	495	Paulo Costa	MSS Grupo Desportivo de Gondomar	01:11:34	+21:13	06:30	
73	177	Marcelo Barroso Oliveira	BREAK	01:11:37	+21:16	06:31	
74	533	Fernando Teixeira	Os Preguiças Team	01:11:38	+21:17	06:31	
75	582	Sandro Pinheiro	S4L Medense FC	01:11:54	+21:33	06:32	
76	576	PEDRO MARQUES	RUNRIVER Escola de Atletismo de Rio Tinto	01:12:00	+21:39	06:33	
77	619	Rui Sousa	TURBOLENTOS	01:12:29	+22:08	06:35	
78	192	Pedro Ribeiro	CART RUNNING TEAM	01:12:31	+22:10	06:36	
79	590	Tiago André Vieira Magalhaes	Secção de Atletismo Caldas de São Jorge	01:12:48	+22:27	06:37	
80	589	Tiago André Gomes Oliveira	Secção de Atletismo Caldas de São Jorge	01:12:49	+22:28	06:37	
81	334	Tiago Dias	Individual	01:12:57	+22:36	06:38	
82	378	Duarte Fernandes	Individual	01:13:09	+22:48	06:39	
83	163	Tiago Moreira	Amigos 100 Limites	01:13:13	+22:52	06:39	
84	386	Hélder Mendes	Individual	01:13:32	+23:11	06:41	
85	224	Miguel Ferreira	Coronado runners	01:13:33	+23:12	06:41	
86	138	Manuel Garcês	Trail Snakes Team	01:13:35	+23:14	06:41	
87	216	Tomás Paiva	Coronado runners	01:13:48	+23:27	06:43	
88	579	Bruno Cunha	S4L Medense FC	01:13:52	+23:31	06:43	

TRAIL CURTO - STAGE 1

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	182	Silvério Paula Pereira	BREAK	01:13:53	+23:32	06:43	
90	152	Vera Moreira	AFIPRE Team	01:14:02	+23:41	06:44	
91	376	Carlos Araújo	KeMedo Team	01:14:30	+24:09	06:46	
92	323	João silveira	Individual	01:14:37	+24:16	06:47	
93	493	Laurindo Moreira	MSS Grupo Desportivo de Gondomar	01:14:58	+24:37	06:49	
94	217	Carla Duarte	Coronado runners	01:15:00	+24:39	06:49	
95	290	Ricardo Godinho	GEOCROSSTRAIL	01:15:15	+24:54	06:50	
96	409	Nuno Teixeira	Individual	01:15:24	+25:03	06:51	
97	154	Gonçalo Cunha	AFIPRE Team	01:15:32	+25:11	06:52	
98	273	Filipe Lima	Gens Sport Clube Trail	01:15:54	+25:33	06:54	
99	199	Rosa Carmo	CHAVES RUNNING TEAM	01:15:57	+25:36	06:54	
100	383	Filipe Sousa	Individual	01:16:01	+25:40	06:55	
101	308	Telma Sousa	Individual	01:16:12	+25:51	06:56	
102	461	Luís Martins	Leões de Tardariz Trail	01:16:15	+25:54	06:56	
103	145	Rui Rodrigues	2 EPV	01:16:38	+26:17	06:58	
104	219	Conceição Ferreira	Coronado runners	01:16:41	+26:20	06:58	
105	500	Manuel Póvoas	MSS Grupo Desportivo de Gondomar	01:16:44	+26:23	06:59	
106	455	Jesus Castro	Leões de Tardariz Trail	01:17:03	+26:42	07:00	
107	352	Lia Silva	Individual	01:17:05	+26:44	07:00	
108	432	Paulo rocha	Individual	01:17:06	+26:45	07:01	
109	414	Sérgio Sousa	Individual	01:17:06	+26:45	07:01	
110	427	Manuel Domingues	Individual	01:17:07	+26:46	07:01	
111	143	Carlos Pinto	2 EPV	01:17:07	+26:46	07:01	
112	584	Susana Silva	S4L Medense FC	01:17:13	+26:52	07:01	
113	374	Bruno Sanguedo	Individual	01:17:13	+26:52	07:01	
114	586	Ivo Oliveira	S4L Medense FC	01:17:13	+26:52	07:01	
115	333	Tiago André Oliveira Batista	Individual	01:17:15	+26:54	07:01	
116	442	Lidio oliveira	Individual	01:17:24	+27:03	07:02	
117	234	José Santos	Douroconta- Gabinete de Apoio e Contabilidade, Lda	01:17:29	+27:08	07:03	
118	295	Ana Catarina Ramos Caseira	Individual	01:17:52	+27:31	07:05	
119	277	Ricardo Mendes	Gens Sport Clube Trail	01:18:07	+27:46	07:06	
120	534	Liliana Loureiro	Os Preguiças Team	01:18:22	+28:01	07:07	
121	460	Fernando Fonseca	Leões de Tardariz Trail	01:18:24	+28:03	07:08	
122	299	Bertina Ferreira	Individual	01:18:24	+28:03	07:08	
123	322	João Ferreira	Individual	01:18:38	+28:17	07:09	
124	186	Filipe Lopes	Individual	01:18:41	+28:20	07:09	
125	365	Madalena Gonçalves	Individual	01:18:53	+28:32	07:10	
126	491	José Marques	MSS Grupo Desportivo de Gondomar	01:19:02	+28:41	07:11	
127	348	Elisabete Ministro	Individual	01:19:02	+28:41	07:11	
128	457	Salete Martins	Leões de Tardariz Trail	01:19:02	+28:41	07:11	
129	337	João Teixeira	Individual	01:19:12	+28:51	07:12	
130	490	Fernando Branco	MSS Grupo Desportivo de Gondomar	01:19:13	+28:52	07:12	
131	496	Paulo Queirós	MSS Grupo Desportivo de Gondomar	01:19:14	+28:53	07:12	
132	144	Carlos Santos	2 EPV	01:19:40	+29:19	07:15	
133	587	João Teles	S4L Medense FC	01:19:45	+29:24	07:15	
134	236	Alberto Barros	Espírito jovem	01:19:50	+29:29	07:15	

TRAIL CURTO - STAGE 1

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
181	975	Fernando Paiva	Gens Sport Clube Trail	01:28:12	+37:51	08:01	
182	164	Patrícia Conceição	Amigos 100 Limites	01:28:12	+37:51	08:01	
183	607	Marlene Madureira	TURBOLENTOS	01:28:22	+38:01	08:02	
184	202	Eduardo Pires	Cin running team	01:28:25	+38:04	08:02	
185	614	André Pereira	TURBOLENTOS	01:28:30	+38:09	08:03	
186	983	Pedro Rodrigues	EDV Viana Trail	01:28:40	+38:19	08:04	
187	93	Francisco costa	Individual	01:29:08	+38:47	08:06	
188	424	Jorge Coelho	Individual	01:29:13	+38:52	08:07	
189	179	Anabela Monteiro Gonçalves	BREAK	01:29:18	+38:57	08:07	
190	393	Jorge Silva	Individual	01:29:23	+39:02	08:08	
191	231	Cláudio Guarda	Dói-me quase tudo...	01:29:29	+39:08	08:08	
192	232	Nuno Ribeiro	Dói-me quase tudo...	01:29:29	+39:08	08:08	
193	316	Carlos Moreira	Individual	01:29:31	+39:10	08:08	
194	329	Nelson Almeida	Individual	01:29:31	+39:10	08:08	
195	529	SERAFIM FONSECA	os bengalinhas	01:29:35	+39:14	08:09	
196	451	Filipa Moreira	Leões de Tardariz Trail	01:29:42	+39:21	08:09	
197	313	Bruno Rocha	Individual	01:29:45	+39:24	08:10	
198	971	Pedro Silva	Global Trade Imobiliária	01:29:59	+39:38	08:11	
199	972	José Antunes	Global Trade Imobiliária	01:29:59	+39:38	08:11	
200	548	Conceição Costa	Poveiras	01:30:01	+39:40	08:11	
201	341	Ana Carneiro	Individual	01:30:01	+39:40	08:11	
202	411	Rui Magalhães	Individual	01:30:03	+39:42	08:11	
203	228	LUIS FERNANDES	DIDACT HEART	01:30:08	+39:47	08:12	
204	204	Sérgio Reis	Cin running team	01:30:12	+39:51	08:12	
205	235	Manuel Silva	Ermentão	01:30:25	+40:04	08:13	
206	185	Filipe Martins	C.D.C Paradelas do Vouga	01:30:30	+40:09	08:14	
207	982	Adelaide Veludo	Individual	01:30:40	+40:19	08:15	
208	324	Luis Faria	Individual	01:31:11	+40:50	08:17	
209	408	Nuno Numão	Individual	01:31:15	+40:54	08:18	
210	552	Augusto Gil da Costa Vinhas	Qualquer Coisa Team	01:31:37	+41:16	08:20	
211	550	Maria Pamplona Barbosa Vinhas	Qualquer Coisa Team	01:31:37	+41:16	08:20	
212	379	Duarte Martins	Individual	01:31:38	+41:17	08:20	
213	531	Manuel Carneiro	OS CACHOS	01:31:39	+41:18	08:20	
214	389	ISMAEL PINTO	Individual	01:31:39	+41:18	08:20	
215	598	Rogério Lopes	TEAM LANTEMIL	01:31:40	+41:19	08:20	
216	319	Filipe Sousa	Individual	01:31:41	+41:20	08:20	
217	981	Adriana Abreu	gansos	01:31:51	+41:30	08:21	
218	980	Tiago Sousa	gansos	01:31:52	+41:31	08:21	
219	398	Lúis Ribeiro	Individual	01:31:56	+41:35	08:21	
220	266	Marco batista	GDCTDA CASA DA MOEDA	01:31:59	+41:38	08:22	
221	436	Ricardo Gomes	Individual	01:32:02	+41:41	08:22	
222	594	Rui Rebelo	Serviços Sociais Montepio	01:32:13	+41:52	08:23	
223	580	Daniel Terra	S4L Medense FC	01:32:14	+41:53	08:23	
224	593	Pedro Machado	Serviços Sociais Montepio	01:32:38	+42:17	08:25	
225	615	Bruno Sousa	TURBOLENTOS	01:32:47	+42:26	08:26	
226	613	Carina Rios Leite	TURBOLENTOS	01:32:52	+42:31	08:27	

TRAIL CURTO - STAGE 1

11 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
227	195	Elisabete Pereira	CENTRO CICLISTA DE GONDOMAR	01:32:54	+42:33	08:27	
228	563	João Santana	rebeldes trail	01:33:01	+42:40	08:27	
229	402	Marco Vieira	Individual	01:33:17	+42:56	08:29	
230	296	Ana Ferreira	Individual	01:33:30	+43:09	08:30	
231	302	Joana Moura	Individual	01:33:31	+43:10	08:30	
232	173	Paulo Fernandez	Bikes & Friends	01:33:31	+43:10	08:30	
233	401	Marcelo Tiago Ferreira Gonçalves	Individual	01:33:32	+43:11	08:30	
234	530	Carlos Vieira	OS CACHOS	01:34:07	+43:46	08:33	
235	479	Flávio Alexandre Martins França	MSS Grupo Desportivo de Gondomar	01:34:23	+44:02	08:35	
236	271	Sara Rodrigues	Gens Sport Clube Trail	01:34:27	+44:06	08:35	
237	306	Tânia Rodrigues	Individual	01:34:29	+44:08	08:35	
238	311	André Acúrcio	Individual	01:34:29	+44:08	08:35	
239	428	Manuel Moreira	Individual	01:35:01	+44:40	08:38	
240	499	Manuel Pereira	MSS Grupo Desportivo de Gondomar	01:35:14	+44:53	08:39	
241	466	Paulo Silva	MSS Grupo Desportivo de Gondomar	01:35:20	+44:59	08:40	
242	573	Fatima Aguiar	RUNRIVER Escola de Atletismo de Rio Tinto	01:35:47	+45:26	08:42	
243	342	Ana Paula Cruz	Individual	01:35:58	+45:37	08:43	
244	291	Sérgio Pereira	GONDOMAR FUTSAL CLUBE	01:36:02	+45:41	08:44	
245	310	Abel Cardoso	Individual	01:36:09	+45:48	08:44	
246	318	Eduardo Soares da Silva	Individual	01:36:17	+45:56	08:45	
247	241	SOFIA FIGUEIREDO	FAMA RUNNERS	01:36:26	+46:05	08:46	
248	595	António Pinheiro	SiM Summit	01:36:33	+46:12	08:47	
249	394	Jorge torrao	Individual	01:36:52	+46:31	08:48	
250	447	Sandra Martins	KeMedo Team	01:36:53	+46:32	08:48	
251	623	Paulo Freitas	Velocidade Furiosa	01:37:15	+46:54	08:50	
252	245	JORGE VALE	FAMA RUNNERS	01:37:26	+47:05	08:51	
253	592	Joaquim Melo	Serviços Sociais Montepio	01:37:37	+47:16	08:52	
254	611	João Baía	TURBOLENTOS	01:37:38	+47:17	08:53	
255	606	Anabela Baia	TURBOLENTOS	01:37:39	+47:18	08:53	
256	420	João Ministro	Individual	01:37:50	+47:29	08:54	
257	549	Cristina Flores	Poveiras	01:37:54	+47:33	08:54	
258	194	CÉLINE GOMES	CDCR CTT PORTO	01:38:00	+47:39	08:55	
259	226	Serafim ferreira	Corre Zé	01:38:00	+47:39	08:55	
260	304	Rute Machado	Individual	01:38:23	+48:02	08:57	
261	340	Amélia Ramos	Individual	01:38:42	+48:21	08:58	
262	151	Paula Azevedo	AFIPRE Team	01:38:56	+48:35	09:00	
263	554	Antonio Mendes	rebeldes trail	01:39:05	+48:44	09:00	
264	448	José Augusto Coelho Abreu Costa	KeMedo Team	01:39:14	+48:53	09:01	
265	189	Isabel Oliveira	Caminhadas da amizade	01:39:24	+49:03	09:02	
266	596	Nônô Araújo	TEAM LANTEMIL	01:39:45	+49:24	09:04	
267	190	Ricardo Morais	Caminhadas da amizade	01:39:52	+49:31	09:05	
268	422	João Paulo Loureiro Ferreira	Individual	01:40:17	+49:56	09:07	
269	559	Moises	rebeldes trail	01:40:25	+50:04	09:08	
270	344	Carla Morais	Individual	01:40:32	+50:11	09:08	
271	546	MANUELA FERREIRA	Poveiras	01:40:38	+50:17	09:09	
272	332	Samuel Moreira	Individual	01:40:40	+50:19	09:09	

TRAIL CURTO - STAGE 1

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
273	601	Ricardo Dias	The Lost Team Trail	01:41:27	+51:06	09:13	
274	602	Manuel Soares	The Lost Team Trail	01:41:28	+51:07	09:13	
275	429	Nuno Vaz Lopes	Individual	01:41:39	+51:18	09:14	
276	339	Adelaide Morim	Poveiras	01:41:52	+51:31	09:16	
277	321	Hugo Costa	Individual	01:42:08	+51:47	09:17	
278	317	Daniel Amaral	Individual	01:42:08	+51:47	09:17	
279	477	Alberto Vitelo	MSS Grupo Desportivo de Gondomar	01:42:30	+52:09	09:19	
280	262	José Pereira	FIDELIDADE GDC	01:42:59	+52:38	09:22	
281	244	MÁRIO RODRIGUES	FAMA RUNNERS	01:43:08	+52:47	09:23	
282	237	MARIA SILVA	FAMA RUNNERS	01:43:08	+52:48	09:23	
283	547	CARLA SOUSA	Poveiras	01:43:19	+52:58	09:24	
284	399	Luis Tiago Vieira	Individual	01:43:22	+53:01	09:24	
285	171	Bruno Macieira	Bikes & Friends	01:43:26	+53:05	09:24	
286	381	Fabio silva	Individual	01:43:26	+53:05	09:24	
287	464	Edozie Nelson	MSS Grupo Desportivo de Gondomar	01:43:33	+53:12	09:25	
288	439	Valdemar Almeida	Individual	01:43:57	+53:36	09:27	
289	413	Rui Teixeira	Individual	01:44:12	+53:51	09:28	
290	488	Rui Augusto	MSS Grupo Desportivo de Gondomar	01:44:56	+54:36	09:32	
291	465	Márcio Teixeira	MSS Grupo Desportivo de Gondomar	01:44:58	+54:37	09:33	
292	437	Sergio Mota	Individual	01:45:01	+54:40	09:33	
293	498	Francisco Oliveira	MSS Grupo Desportivo de Gondomar	01:45:16	+54:55	09:34	
294	471	Sara Rocha	MSS Grupo Desportivo de Gondomar	01:45:18	+54:57	09:34	
295	478	Eduardo Loureiro	MSS Grupo Desportivo de Gondomar	01:45:31	+55:10	09:36	
296	492	José Resse Lascasas	MSS Grupo Desportivo de Gondomar	01:45:31	+55:10	09:36	
297	116	Pedro Perpétua	MSS Grupo Desportivo de Gondomar	01:45:31	+55:10	09:36	
298	973	Vânia Cardoso	Gens Sport Clube Trail	01:45:41	+55:20	09:36	
299	569	Patrícia Fernandes	Roliços	01:45:50	+55:29	09:37	
300	289	Raquel Fernandes	GEOCROSSTRAIL	01:45:56	+55:35	09:38	
301	462	Marco Vieira	Leões de Tardariz Trail	01:46:16	+55:55	09:40	
302	373	Artur Fonseca	Individual	01:46:40	+56:19	09:42	
303	206	Vitor Ribeiro	Cin running team	01:46:49	+56:28	09:43	
304	452	Sandra Pontes	Leões de Tardariz Trail	01:47:03	+56:42	09:44	
305	263	Flor Ribeiro	gansos	01:47:42	+57:21	09:47	
306	397	Luciano Rodrigues	Individual	01:47:58	+57:37	09:49	
307	210	António Queijo	COBELBA RUNNERS	01:48:01	+57:40	09:49	
308	979	Paula Cunha	S4L Medense FC	01:48:04	+57:43	09:49	
309	197	António Castro	CENTRO CICLISTA DE GONDOMAR	01:48:14	+57:53	09:50	
310	511	Manuel Matos	NAI - NÚCLEO AMADOR IDÃES	01:48:43	+58:22	09:53	
311	503	Carina Matos	NAI - NÚCLEO AMADOR IDÃES	01:48:44	+58:23	09:53	
312	242	ANA PAULA SIMÕES	FAMA RUNNERS	01:48:49	+58:28	09:54	
313	456	Ana Moreira	Leões de Tardariz Trail	01:48:51	+58:30	09:54	
314	283	Ivone Cátia Martins Rocha	Gens Sport Clube Trail	01:48:56	+58:35	09:54	
315	218	Carla Faria	Coronado runners	01:49:08	+58:47	09:55	
316	558	Hugo Bezerra	rebeldes trail	01:49:20	+58:59	09:56	
317	564	Luis Matos	rebeldes trail	01:49:30	+59:09	09:57	
318	446	Lúcia Nunes	KeMedo Team	01:49:47	+59:26	09:59	

TRAIL CURTO - STAGE 1

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
319	426	Manuel Brandão	Individual	01:49:52	+59:31	09:59	
320	561	Ricardo Maia	rebeldes trail	01:49:54	+59:33	09:59	
321	243	ROSA VILHENA	FAMA RUNNERS	01:50:01	+59:40	10:00	
322	359	Sónia Pinto	Individual	01:51:22	+01:01:01	10:07	
323	264	Fernanda Santos	gansos	01:51:34	+01:01:13	10:09	
324	625	Cristina Coelho	WOLVES	01:51:42	+01:01:21	10:09	
325	309	Vera Elisabete Dias Barroso	Individual	01:51:59	+01:01:38	10:11	
326	301	Catarina do Souto Paradela	Individual	01:52:04	+01:01:43	10:11	
327	165	Pedro santos	ARCD Venda da Luísa	01:52:49	+01:02:28	10:15	
328	553	Antonio Oliveira Costa	Qualquer Coisa Team	01:53:10	+01:02:49	10:17	
329	551	Sandra Almeida Ferreira	Qualquer Coisa Team	01:53:12	+01:02:51	10:17	
330	300	Carla Sofia Fontes Freitas	Individual	01:53:46	+01:03:25	10:21	
331	417	António Couto	Individual	01:53:48	+01:03:27	10:21	
332	282	Daniela Silva	Gens Sport Clube Trail	01:53:51	+01:03:30	10:21	
333	268	Bruna Peixoto	Gens Sport Clube Trail	01:53:53	+01:03:32	10:21	
334	205	Olavo Castro	Cin running team	01:53:57	+01:03:36	10:22	
335	335	Cristiana Campos	Individual	01:54:26	+01:04:05	10:24	
336	570	José Andrade	Roliços	01:54:45	+01:04:24	10:26	
337	403	Mário Araújo	Individual	01:55:14	+01:04:53	10:29	
338	392	Jorge Pereira	Individual	01:55:14	+01:04:53	10:29	
339	375	Álvaro Silva	Individual	01:56:15	+01:05:54	10:34	
340	367	Maria Lina Rocha Cabral	Individual	01:56:15	+01:05:54	10:34	
341	521	Paulo Amorim	NOCTURNOS DE PAREDES	01:56:52	+01:06:31	10:37	
342	315	Carlos Espogeira	Individual	01:56:52	+01:06:31	10:37	
343	522	Joana Silva	NOCTURNOS DE PAREDES	01:56:59	+01:06:38	10:38	
344	540	Tito Alves	Os Remendados	01:57:39	+01:07:18	10:42	
345	556	Fatima Mota	rebeldes trail	01:58:07	+01:07:46	10:44	
346	571	Ana Costa	RUNNING TEAM MAIA	01:58:12	+01:07:51	10:45	
347	565	Manuel Jorge	rebeldes trail	01:58:45	+01:08:24	10:48	
348	538	PEDRO PEREIRA	Os Remendados	01:59:15	+01:08:54	10:50	
349	458	António Silva	Leões de Tardariz Trail	01:59:30	+01:09:09	10:52	
350	480	Helder Oliveira	MSS Grupo Desportivo de Gondomar	01:59:52	+01:09:31	10:54	
351	253	Regina Araújo	FIDELIDADE GDC	02:00:15	+01:09:54	10:56	
352	578	Lia Oliveira	S4L Medense FC	02:00:52	+01:10:31	10:59	
353	536	ANDRE MARTINS	Os Remendados	02:02:45	+01:12:24	11:10	
354	977	Inês Pereira	Gens Sport Clube Trail	02:03:41	+01:13:20	11:15	
355	631	Carla Lopes	YRun	02:04:08	+01:13:47	11:17	
356	635	Teresa Silva	YRun	02:04:09	+01:13:48	11:17	
357	630	Soraia Neto	YRun	02:04:11	+01:13:50	11:17	
358	485	Nuno Alexandre Silva	MSS Grupo Desportivo de Gondomar	02:04:17	+01:13:56	11:18	
359	396	Justino Martins	Individual	02:04:39	+01:14:18	11:20	
360	597	Manuela Reis	TEAM LANTEMIL	02:04:48	+01:14:27	11:21	
361	535	SONIA MARTINS	Os Remendados	02:06:13	+01:15:52	11:28	
362	166	Carla Barbosa	As Belas e Eles	02:06:39	+01:16:18	11:31	
363	167	Cátia Silva	As Belas e Eles	02:06:39	+01:16:18	11:31	
364	419	Henrique Santos	Individual	02:06:47	+01:16:26	11:32	

TRAIL CURTO - STAGE 1

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
365	349	Fatima Miranda	Individual	02:06:49	+01:16:28	11:32	
366	541	Ana Cristina	Pegada de Lobo	02:07:23	+01:17:02	11:35	
367	543	Amália Silva	Pegada de Lobo	02:08:00	+01:17:39	11:38	
368	238	JOÃO PINHEIRO	FAMA RUNNERS	02:08:04	+01:17:43	11:39	
369	581	Marco António Pereira de Oliveira (Zamalek)	S4L Medense FC	02:08:20	+01:17:59	11:40	
370	624	Sandra Rodrigues	WOLVES	02:14:24	+01:24:03	12:13	
371	629	Hugo Ferraz	WOLVES	02:14:27	+01:24:06	12:13	
372	366	Margarida coelho	Individual	02:18:11	+01:27:50	12:34	
373	146	Celina Baptista	Acadapasso	02:19:10	+01:28:49	12:39	
374	147	Carlos Navega	Acadapasso	02:19:12	+01:28:51	12:39	
375	469	Marina Silva Sousa	MSS Grupo Desportivo de Gondomar	02:22:13	+01:31:52	12:56	
376	472	Isa Castro	MSS Grupo Desportivo de Gondomar	02:22:13	+01:31:52	12:56	
377	468	Ângela Cardoso	MSS Grupo Desportivo de Gondomar	02:22:14	+01:31:53	12:56	
378	470	Raquel Marques	MSS Grupo Desportivo de Gondomar	02:22:19	+01:31:58	12:56	
379	297	Ana Isabel Silva	Individual	02:22:28	+01:32:07	12:57	
380	382	Fernando Jorge rebelo	Individual	02:22:28	+01:32:07	12:57	
381	305	Sílvia silva	Individual	02:22:30	+01:32:09	12:57	
382	508	Júlio Cartucho	NAI - NÚCLEO AMADOR IDÃES	02:22:38	+01:32:17	12:58	
383	505	Sónia Matos	NAI - NÚCLEO AMADOR IDÃES	02:22:38	+01:32:17	12:58	
384	370	Sandra Gomes	Individual	02:28:56	+01:38:35	13:32	
385	567	Carla Alexandra Rodrigues Araújo	Roca	02:28:59	+01:38:38	13:33	
386	346	Deolinda Soares	Individual	02:29:01	+01:38:40	13:33	
387	259	José Moreira	FIDELIDADE GDC	02:30:40	+01:40:19	13:42	
388	251	Maria Emilia Moreira	FIDELIDADE GDC	02:30:43	+01:40:22	13:42	
389	248	Cristina Pacheco	FIDELIDADE GDC	02:30:44	+01:40:23	13:42	
390	257	João Moreira	FIDELIDADE GDC	02:30:45	+01:40:24	13:42	
391	356	Raquel Pinto	Individual	02:34:05	+01:43:44	14:00	
392	353	Lucilia Marlene Bernardes Cardoso	Individual	02:34:14	+01:43:53	14:01	
393	964	Estrela Soares	Individual	02:34:44	+01:44:23	14:04	
394	621	Ana Silva	Velocidade Furiosa	02:39:26	+01:49:05	14:30	
395	622	Fernanda Neves	Velocidade Furiosa	02:39:26	+01:49:05	14:30	
396	256	Carlos Pacheco	FIDELIDADE GDC	02:40:40	+01:50:19	14:36	
397	443	Ana Sofia Carneiro da Cunha	Juões	02:42:01	+01:51:40	14:44	
398	444	João Miguel Almeida da Silva	Juões	02:42:02	+01:51:41	14:44	
399	555	Tania Pereira	rebeldes trail	02:53:01	+02:02:40	15:44	
400	562	Ricardo Teixeira	rebeldes trail	02:56:00	+02:05:39	16:00	
401	363	Helena Vieira	Individual	03:03:06	+02:12:45	16:39	
402	431	paulo pereira	Individual	03:03:08	+02:12:47	16:39	
403	412	Rui Paiva	Individual	03:03:09	+02:12:48	16:39	
404	142	Álvaro Pereira	#atéchoras!	03:10:27	+02:20:06	17:19	
405	254	Sandra Cepeda	FIDELIDADE GDC	03:16:56	+02:26:35	17:54	
406	258	Jorge Paulo Costa Monteiro	FIDELIDADE GDC	03:16:59	+02:26:38	17:54	
407	250	Maria Eduarda Vieira	FIDELIDADE GDC	03:17:00	+02:26:39	17:55	
408	255	António Vieira	FIDELIDADE GDC	03:17:00	+02:26:39	17:55	
409	159	Silvina Gama	AmagJoias	03:23:51	+02:33:30	18:32	

TRAIL CURTO - STAGE 1

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Official Timekeeper: Lap2Go	10 / 10	generate 29-out-2023 14:35
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Trail Curto

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	443	Ana Sofia Carneiro da Cunha	Juões	Senior Feminino	02:42:01	+01:27:59	14:44
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Senior Masculino

1	331	Pedro Miguel Vieira Magalhães	Individual	Senior Masculino	50:21		04:35
2	214	Luís Gonzaga	Coronado runners	Senior Masculino	51:00	+00:39	04:38
3	325	Luís Gomes	Individual	Senior Masculino	52:08	+01:46	04:44
4	523	André Silva	NS Trail Team	Senior Masculino	54:07	+03:45	04:55
5	275	Nelson Teixeira	Gens Sport Clube Trail	Senior Masculino	57:07	+06:45	05:12
6	233	Diogo Cardoso	Douroconta- Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	59:34	+09:12	05:25
7	504	Carlos Araújo	NAI - NÚCLEO AMADOR IDÃES	Senior Masculino	01:03:14	+12:52	05:45
8	153	Luciano Pena	AFIPRE Team	Senior Masculino	01:04:08	+13:46	05:50
9	176	Fernando Miguel Azevedo Portela	BREAK	Senior Masculino	01:04:12	+13:50	05:50
10	312	Andre Novais	Individual	Senior Masculino	01:05:56	+15:34	06:00
11	175	André Souto	BREAK	Senior Masculino	01:06:25	+16:03	06:02
12	200	Leonel Videira	CHAVES RUNNING TEAM	Senior Masculino	01:06:49	+16:27	06:04
13	168	Miguel Maia	Bairros FC	Senior Masculino	01:08:11	+17:49	06:12
14	453	João Costa	Leões de Tardariz Trail	Senior Masculino	01:08:34	+18:12	06:14
15	169	Nelson Sousa	Bairros Fc	Senior Masculino	01:08:46	+18:24	06:15
16	191	Gabriel Carneiro	Cansados Ultra Trail	Senior Masculino	01:09:49	+19:27	06:21
17	274	Manuel Silva	Gens Sport Clube Trail	Senior Masculino	01:09:52	+19:30	06:21
18	36	Leonel Neves	Gens Sport Clube Trail	Senior Masculino	01:10:17	+19:55	06:23
19	454	João Martins	Leões de Tardariz Trail	Senior Masculino	01:10:28	+20:06	06:24
20	177	Marcelo Barroso Oliveira	BREAK	Senior Masculino	01:11:37	+21:15	06:31
21	533	Fernando Teixeira	Os Preguiças Team	Senior Masculino	01:11:38	+21:16	06:31
22	582	Sandro Pinheiro	S4L Medense FC	Senior Masculino	01:11:54	+21:32	06:32
23	590	Tiago André Vieira Magalhaes	Secção de Atletismo Caldas de São Jorge	Senior Masculino	01:12:48	+22:27	06:37
24	589	Tiago André Gomes Oliveira	Secção de Atletismo Caldas de São Jorge	Senior Masculino	01:12:49	+22:27	06:37
25	334	Tiago Dias	Individual	Senior Masculino	01:12:57	+22:35	06:38
26	163	Tiago Moreira	Amigos 100 Limites	Senior Masculino	01:13:13	+22:51	06:39
27	579	Bruno Cunha	S4L Medense FC	Senior Masculino	01:13:52	+23:31	06:43
28	323	João silveira	Individual	Senior Masculino	01:14:37	+24:16	06:47
29	273	Filipe Lima	Gens Sport Clube Trail	Senior Masculino	01:15:54	+25:32	06:54
30	145	Rui Rodrigues	2 EPV	Senior Masculino	01:16:38	+26:16	06:58
31	143	Carlos Pinto	2 EPV	Senior Masculino	01:17:07	+26:46	07:01
32	333	Tiago André Oliveira Batista	Individual	Senior Masculino	01:17:15	+26:53	07:01
33	277	Ricardo Mendes	Gens Sport Clube Trail	Senior Masculino	01:18:07	+27:46	07:06
34	322	João Ferreira	Individual	Senior Masculino	01:18:38	+28:16	07:09
35	144	Carlos Santos	2 EPV	Senior Masculino	01:19:40	+29:18	07:15
36	609	Ari Cardoso	TURBOLENTOS	Senior Masculino	01:20:56	+30:35	07:21
37	610	Henrique Pereira	TURBOLENTOS	Senior Masculino	01:21:08	+30:46	07:23
38	512	Rui Ferreira	NBA Barrosas	Senior Masculino	01:21:25	+31:03	07:24
39	320	Hélder Pinheiro	Individual	Senior Masculino	01:21:36	+31:14	07:25

Official Timekeeper: Lap2Go	2 / 11	generate 29-out-2023 14:36
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Trail Curto

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	327	Mário Santos	Individual	Senior Masculino	01:24:01	+33:39	07:38
41	330	Nuno Marques	Individual	Senior Masculino	01:24:04	+33:42	07:39
42	612	Luis carlos Nogueira silva	TURBOLENTOS	Senior Masculino	01:24:13	+33:51	07:39
43	974	Igor Santos	Gens Sport Clube Trail	Senior Masculino	01:25:02	+34:40	07:44
44	184	José Rodrigues	BTT Alegria // TUBANI	Senior Masculino	01:25:41	+35:19	07:47
45	201	Cristiano salgado	Cin running team	Senior Masculino	01:25:44	+35:22	07:48
46	203	Pedro Correia	Cin running team	Senior Masculino	01:26:21	+35:59	07:51
47	328	Maurício Vieira	Individual	Senior Masculino	01:27:44	+37:22	07:59
48	202	Eduardo Pires	Cin running team	Senior Masculino	01:28:25	+38:03	08:02
49	316	Carlos Moreira	Individual	Senior Masculino	01:29:31	+39:09	08:08
50	329	Nelson Almeida	Individual	Senior Masculino	01:29:31	+39:09	08:08
51	313	Bruno Rocha	Individual	Senior Masculino	01:29:45	+39:23	08:10
52	972	José Antunes	Global Trade Imobiliária	Senior Masculino	01:29:59	+39:38	08:11
53	228	LUIS FERNANDES	DIDACT HEART	Senior Masculino	01:30:08	+39:46	08:12
54	204	Sérgio Reis	Cin running team	Senior Masculino	01:30:12	+39:51	08:12
55	185	Filipe Martins	C.D.C Paradelas do Vouga	Senior Masculino	01:30:30	+40:08	08:14
56	324	Luis Faria	Individual	Senior Masculino	01:31:11	+40:49	08:17
57	319	Filipe sousa	Individual	Senior Masculino	01:31:41	+41:20	08:20
58	980	Tiago Sousa	gansos	Senior Masculino	01:31:52	+41:30	08:21
59	580	Daniel Terra	S4L Medense FC	Senior Masculino	01:32:14	+41:53	08:23
60	311	André Acúrcio	Individual	Senior Masculino	01:34:29	+44:07	08:35
61	466	Paulo Silva	MSS Grupo Desportivo de Gondomar	Senior Masculino	01:35:20	+44:58	08:40
62	310	Abel Cardoso	Individual	Senior Masculino	01:36:09	+45:47	08:44
63	318	Eduardo Soares da Silva	Individual	Senior Masculino	01:36:17	+45:55	08:45
64	592	Joaquim Melo	Serviços Sociais Montepio	Senior Masculino	01:37:37	+47:15	08:52
65	611	João Baía	TURBOLENTOS	Senior Masculino	01:37:38	+47:16	08:53
66	554	Antonio Mendes	rebeldes trail	Senior Masculino	01:39:05	+48:43	09:00
67	190	Ricardo Morais	Caminhadas da amizade	Senior Masculino	01:39:52	+49:30	09:05
68	332	Samuel Moreira	Individual	Senior Masculino	01:40:40	+50:19	09:09
69	321	Hugo Costa	Individual	Senior Masculino	01:42:08	+51:46	09:17
70	317	Daniel Amaral	Individual	Senior Masculino	01:42:08	+51:46	09:17
71	464	Edozie Nelson	MSS Grupo Desportivo de Gondomar	Senior Masculino	01:43:33	+53:12	09:25
72	465	Márcio Teixeira	MSS Grupo Desportivo de Gondomar	Senior Masculino	01:44:58	+54:36	09:33
73	521	Paulo Amorim	NOCTURNOS DE PAREDES	Senior Masculino	01:56:52	+01:06:30	10:37
74	315	Carlos Espogeira	Individual	Senior Masculino	01:56:52	+01:06:31	10:37
75	536	ANDRE MARTINS	Os Remendados	Senior Masculino	02:02:45	+01:12:23	11:10
76	238	JOÃO PINHEIRO	FAMA RUNNERS	Senior Masculino	02:08:04	+01:17:43	11:39
77	581	Marco António Pereira de Oliveira (Zamalek)	S4L Medense FC	Senior Masculino	02:08:20	+01:17:58	11:40
78	444	João Miguel Almeida da Silva	Juões	Senior Masculino	02:42:02	+01:51:40	14:44

Trail Curto

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Sub 23 Feminino

1	335	Cristiana Campos	Individual	Sub 23 Feminino	01:54:26	10:24
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Sub 23 Masculino

1	583	Nuno Mota	S4L Medense FC	Sub 23 Masculino	01:11:09	06:28
2	216	Tomás Paiva	Coronado runners	Sub 23 Masculino	01:13:48	+02:38 06:43
3	154	Gonçalo Cunha	AFIPRE Team	Sub 23 Masculino	01:15:32	+04:23 06:52
4	337	João Teixeira	Individual	Sub 23 Masculino	01:19:12	+08:02 07:12
5	336	Gustavo Gonçalves	Individual	Sub 23 Masculino	01:25:46	+14:36 07:48

Veterana F40

1	514	Fatima Paz	NBA Barrosas	Veterana F40	01:09:18	06:18
2	515	Marlene Ferreira	NBA Barrosas	Veterana F40	01:10:25	+01:07 06:24
3	513	Aida Pereira	NBA Barrosas	Veterana F40	01:10:33	+01:15 06:25
4	217	Carla Duarte	Coronado runners	Veterana F40	01:15:00	+05:42 06:49
5	219	Conceição Ferreira	Coronado runners	Veterana F40	01:16:41	+07:23 06:58
6	455	Jesus Castro	Leões de Tardariz Trail	Veterana F40	01:17:03	+07:45 07:00
7	352	Lia Silva	Individual	Veterana F40	01:17:05	+07:47 07:00
8	584	Susana Silva	S4L Medense FC	Veterana F40	01:17:13	+07:54 07:01
9	534	Liliana Loureiro	Os Preguiças Team	Veterana F40	01:18:22	+09:03 07:07
10	348	Elisabete Ministro	Individual	Veterana F40	01:19:02	+09:43 07:11
11	178	Márcia Cristina Carneiro Ruas	BREAK	Veterana F40	01:20:53	+11:35 07:21
12	164	Patrícia Conceição	Amigos 100 Limites	Veterana F40	01:28:12	+18:54 08:01
13	548	Conceição Costa	Poveiras	Veterana F40	01:30:01	+20:42 08:11
14	341	Ana Carneiro	Individual	Veterana F40	01:30:01	+20:43 08:11
15	613	Carina Rios Leite	TURBOLENTOS	Veterana F40	01:32:52	+23:33 08:27
16	195	Elisabete Pereira	CENTRO CICLISTA DE GONDOMAR	Veterana F40	01:32:54	+23:36 08:27
17	342	Ana Paula Cruz	Individual	Veterana F40	01:35:58	+26:39 08:43
18	241	SOFIA FIGUEIREDO	FAMA RUNNERS	Veterana F40	01:36:26	+27:08 08:46
19	447	Sandra Martins	KeMedo Team	Veterana F40	01:36:53	+27:35 08:48
20	549	Cristina Flores	Poveiras	Veterana F40	01:37:54	+28:36 08:54
21	340	Amélia Ramos	Individual	Veterana F40	01:38:42	+29:24 08:58
22	596	Nôno Araújo	TEAM LANTEMIL	Veterana F40	01:39:45	+30:26 09:04
23	344	Carla Morais	Individual	Veterana F40	01:40:32	+31:14 09:08
24	339	Adelaide Morim	Poveiras	Veterana F40	01:41:52	+32:34 09:16
25	547	CARLA SOUSA	Poveiras	Veterana F40	01:43:19	+34:01 09:24
26	471	Sara Rocha	MSS Grupo Desportivo de Gondomar	Veterana F40	01:45:18	+36:00 09:34
27	973	Vânia Cardoso	Gens Sport Clube Trail	Veterana F40	01:45:41	+36:23 09:36
28	569	Patrícia Fernandes	Roliços	Veterana F40	01:45:50	+36:31 09:37
29	283	Ivone Cátia Martins Rocha	Gens Sport Clube Trail	Veterana F40	01:48:56	+39:38 09:54

Trail Curto
11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

20	543	Amália Silva	Pegada de Lobo	Veterana F50	02:08:00	+49:07	11:38
21	366	Margarida coelho	Individual	Veterana F50	02:18:11	+59:18	12:34
22	146	Celina Baptista	Acadapasso	Veterana F50	02:19:10	+01:00:16	12:39
23	472	Isa Castro	MSS Grupo Desportivo de Gondomar	Veterana F50	02:22:13	+01:03:20	12:56
24	370	Sandra Gomes	Individual	Veterana F50	02:28:56	+01:10:02	13:32
25	251	Maria Emilia Moreira	FIDELIDADE GDC	Veterana F50	02:30:43	+01:11:49	13:42
26	248	Cristina Pacheco	FIDELIDADE GDC	Veterana F50	02:30:44	+01:11:50	13:42
27	363	Helena Vieira	Individual	Veterana F50	03:03:06	+01:44:12	16:39
28	254	Sandra Cepeda	FIDELIDADE GDC	Veterana F50	03:16:56	+01:58:03	17:54
29	250	Maria Eduarda Vieira	FIDELIDADE GDC	Veterana F50	03:17:00	+01:58:06	17:55
30	159	Silvina Gama	AmagJoias	Veterana F50	03:23:51	+02:04:57	18:32

Veterana F60

1	982	Adelaide Veludo	Individual	Veterana F60	01:30:40		08:15
2	243	ROSA VILHENA	FAMA RUNNERS	Veterana F60	01:50:01	+19:20	10:00
3	264	Fernanda Santos	gansos	Veterana F60	01:51:34	+20:53	10:09
4	964	Estrela Soares	Individual	Veterana F60	02:34:44	+01:04:04	14:04

Veterano M40

1	525	Paulo Pereira	NS Trail Team	Veterano M40	51:49		04:43
2	149	David ramalho	adsebolido trail	Veterano M40	52:42	+00:53	04:47
3	519	Ramiro Ribeiro	NBA Barrosas	Veterano M40	53:49	+02:00	04:54
4	591	Bruno André Ribeiro da Silva	Secção de Atletismo Caldas de São Jorge	Veterano M40	55:14	+03:25	05:01
5	524	Márcio Melo	NS Trail Team	Veterano M40	55:28	+03:39	05:03
6	506	Carlos Alves	NAI - NÚCLEO AMADOR IDÃES	Veterano M40	55:34	+03:45	05:03
7	507	Jorge Araújo	NAI - NÚCLEO AMADOR IDÃES	Veterano M40	58:28	+06:39	05:19
8	517	José Pedrosa	NBA Barrosas	Veterano M40	59:13	+07:23	05:23
9	155	António José Oliveira Carvalho	AFIPRE Team	Veterano M40	59:39	+07:49	05:25
10	487	Rui Alvim	MSS Grupo Desportivo de Gondomar	Veterano M40	01:01:13	+09:24	05:34
11	483	José Conceição	MSS Grupo Desportivo de Gondomar	Veterano M40	01:01:17	+09:28	05:34
12	229	Ricardo Alfredo Soares Da Silva	Didact Heart	Veterano M40	01:03:13	+11:23	05:45
13	188	Nuno Teixeira	Caldas de São Jorge Sport Clube	Veterano M40	01:04:24	+12:34	05:51
14	265	ADERITO TORRES	GDCTDA CASA DA MOEDA	Veterano M40	01:05:05	+13:15	05:55
15	616	Carlos Oliveira	TURBOLENTOS	Veterano M40	01:05:12	+13:22	05:56
16	385	Hélder Martins	Individual	Veterano M40	01:05:18	+13:29	05:56
17	575	EDUARDO BRANDAO	RUNRIVER Escola de Atletismo de Rio Tinto	Veterano M40	01:05:24	+13:34	05:57
18	459	David Silva	Leões de Tardariz Trail	Veterano M40	01:05:27	+13:38	05:57
19	395	José Paulo Pereira Ribeiro	Individual	Veterano M40	01:05:47	+13:58	05:59
20	407	Nuno morais	Individual	Veterano M40	01:05:49	+14:00	05:59
21	180	Pedro Miguel Marques Nogueira	BREAK	Veterano M40	01:07:44	+15:54	06:09

Official Timekeeper: Lap2Go	6 / 11	generate 29-out-2023 14:36
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Trail Curto

11 KM

OFFICIAL RESULT

66	560	Nelson Rebelo	rebeldes trail	Veterano M40	01:27:46	+35:56	07:59
67	406	Nelson DE JESUS	Individual	Veterano M40	01:27:47	+35:58	07:59
68	284	Nelson Fernandes	Gens Sport Clube Trail	Veterano M40	01:28:11	+36:22	08:01
69	975	Fernando Paiva	Gens Sport Clube Trail	Veterano M40	01:28:12	+36:23	08:01
70	614	André Pereira	TURBOLENTOS	Veterano M40	01:28:30	+36:41	08:03
71	983	Pedro Rodrigues	EDV Viana Trail	Veterano M40	01:28:40	+36:51	08:04
72	393	Jorge Silva	Individual	Veterano M40	01:29:23	+37:34	08:08
73	231	Cláudio Guarda	Dói-me quase tudo...	Veterano M40	01:29:29	+37:39	08:08
74	232	Nuno Ribeiro	Dói-me quase tudo...	Veterano M40	01:29:29	+37:40	08:08
75	971	Pedro Silva	Global Trade Imobiliária	Veterano M40	01:29:59	+38:09	08:11
76	411	Rui Magalhães	Individual	Veterano M40	01:30:03	+38:14	08:11
77	408	Nuno Numão	Individual	Veterano M40	01:31:15	+39:26	08:18
78	552	Augusto Gil da Costa Vinhas	Qualquer Coisa Team	Veterano M40	01:31:37	+39:47	08:20
79	379	Duarte Martins	Individual	Veterano M40	01:31:38	+39:49	08:20
80	389	ISMAEL PINTO	Individual	Veterano M40	01:31:39	+39:50	08:20
81	598	Rogério Lopes	TEAM LANTEMIL	Veterano M40	01:31:40	+39:51	08:20
82	398	Luís Ribeiro	Individual	Veterano M40	01:31:56	+40:07	08:21
83	266	Marco batista	GDCTDA CASA DA MOEDA	Veterano M40	01:31:59	+40:09	08:22
84	594	Rui Rebelo	Serviços Sociais Montepio	Veterano M40	01:32:13	+40:24	08:23
85	593	Pedro Machado	Serviços Sociais Montepio	Veterano M40	01:32:38	+40:48	08:25
86	615	Bruno Sousa	TURBOLENTOS	Veterano M40	01:32:47	+40:58	08:26
87	402	Marco Vieira	Individual	Veterano M40	01:33:17	+41:27	08:29
88	401	Marcelo Tiago Ferreira Gonçalves	Individual	Veterano M40	01:33:32	+41:42	08:30
89	479	Flávio Alexandre Martins França	MSS Grupo Desportivo de Gondomar	Veterano M40	01:34:23	+42:33	08:35
90	291	Sérgio Pereira	GONDOMAR FUTSAL CLUBE	Veterano M40	01:36:02	+44:13	08:44
91	595	António Pinheiro	SiM Summit	Veterano M40	01:36:33	+44:44	08:47
92	394	Jorge torrao	Individual	Veterano M40	01:36:52	+45:03	08:48
93	623	Paulo Freitas	Velocidade Furiosa	Veterano M40	01:37:15	+45:26	08:50
94	559	Moises	rebeldes trail	Veterano M40	01:40:25	+48:35	09:08
95	601	Ricardo Dias	The Lost Team Trail	Veterano M40	01:41:27	+49:38	09:13
96	477	Alberto Vitelo	MSS Grupo Desportivo de Gondomar	Veterano M40	01:42:30	+50:40	09:19
97	399	Luís Tiago Vieira	Individual	Veterano M40	01:43:22	+51:32	09:24
98	171	Bruno Macieira	Bikes & Friends	Veterano M40	01:43:26	+51:37	09:24
99	381	Fabio silva	Individual	Veterano M40	01:43:26	+51:37	09:24
100	413	Rui Teixeira	Individual	Veterano M40	01:44:12	+52:23	09:28
101	488	Rui Augusto	MSS Grupo Desportivo de Gondomar	Veterano M40	01:44:56	+53:07	09:32
102	478	Eduardo Loureiro	MSS Grupo Desportivo de Gondomar	Veterano M40	01:45:31	+53:42	09:36
103	462	Marco Vieira	Leões de Tardariz Trail	Veterano M40	01:46:16	+54:27	09:40
104	373	Artur Fonseca	Individual	Veterano M40	01:46:40	+54:51	09:42
105	206	Vitor Ribeiro	Cin running team	Veterano M40	01:46:49	+54:59	09:43
106	397	Luciano Rodrigues	Individual	Veterano M40	01:47:58	+56:09	09:49
107	210	António Queijo	COBELBA RUNNERS	Veterano M40	01:48:01	+56:12	09:49
108	558	Hugo Bezerra	rebeldes trail	Veterano M40	01:49:20	+57:31	09:56
109	561	Ricardo Maia	rebeldes trail	Veterano M40	01:49:54	+58:05	09:59

Official Timekeeper: Lap2Go	8 / 11	generate 29-out-2023 14:36
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Trail Curto
11 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

110	165	Pedro santos	ARCD Venda da Luísa	Veterano M40	01:52:49	+01:01:00	10:15
111	205	Olavo Castro	Cin running team	Veterano M40	01:53:57	+01:02:08	10:22
112	570	José Andrade	Roliços	Veterano M40	01:54:45	+01:02:56	10:26
113	403	Mário Araújo	Individual	Veterano M40	01:55:14	+01:03:24	10:29
114	392	Jorge Pereira	Individual	Veterano M40	01:55:14	+01:03:25	10:29
115	375	Álvaro Silva	Individual	Veterano M40	01:56:15	+01:04:25	10:34
116	540	Tito Alves	Os Remendados	Veterano M40	01:57:39	+01:05:50	10:42
117	538	PEDRO PEREIRA	Os Remendados	Veterano M40	01:59:15	+01:07:26	10:50
118	458	António Silva	Leões de Tardariz Trail	Veterano M40	01:59:30	+01:07:41	10:52
119	480	Helder Oliveira	MSS Grupo Desportivo de Gondomar	Veterano M40	01:59:52	+01:08:03	10:54
120	485	Nuno Alexandre Silva	MSS Grupo Desportivo de Gondomar	Veterano M40	02:04:17	+01:12:27	11:18
121	396	Justino Martins	Individual	Veterano M40	02:04:39	+01:12:49	11:20
122	382	Fernando Jorge rebelo	Individual	Veterano M40	02:22:28	+01:30:39	12:57
123	508	Júlio Cartucho	NAI - NÚCLEO AMADOR IDÃES	Veterano M40	02:22:38	+01:30:48	12:58
124	562	Ricardo Teixeira	rebeldes trail	Veterano M40	02:56:00	+02:04:11	16:00
125	412	Rui Paiva	Individual	Veterano M40	03:03:09	+02:11:19	16:39
126	142	Álvaro Pereira	#atéchoras!	Veterano M40	03:10:27	+02:18:37	17:19

Veterano M50

1	978	José Tavares	NS Trail Team	Veterano M50	56:28		05:08
2	463	José Loureiro	Leões de Tardariz Trail	Veterano M50	57:04	+00:36	05:11
3	510	Torcato Silva	NAI - NÚCLEO AMADOR IDÃES	Veterano M50	58:28	+02:00	05:19
4	520	Flavio Fernandes	NBA Barrosas	Veterano M50	01:02:15	+05:47	05:40
5	418	Fernando José Afonso Almeida	Individual	Veterano M50	01:02:19	+05:51	05:40
6	527	Henrique Silva	NS Trail Team	Veterano M50	01:03:13	+06:45	05:45
7	494	Luís Silvestre	MSS Grupo Desportivo de Gondomar	Veterano M50	01:04:02	+07:34	05:49
8	435	Renato Oliveira	Individual	Veterano M50	01:04:29	+08:01	05:52
9	509	José Francisco Fernandes	NAI - NÚCLEO AMADOR IDÃES	Veterano M50	01:04:41	+08:12	05:53
10	156	Vítor Mota	AFIPRE Team	Veterano M50	01:05:14	+08:46	05:56
11	157	Joaquim Cunha	Águas do Porto-Casa dos Trabalhadores	Veterano M50	01:05:53	+09:25	05:59
12	566	Paulo Campos	rebeldes trail	Veterano M50	01:07:09	+10:41	06:06
13	433	Paulo S	Individual	Veterano M50	01:08:38	+12:10	06:14
14	170	José Maia	Bairros Fc	Veterano M50	01:08:46	+12:18	06:15
15	150	António Pereira	adsebolido trail	Veterano M50	01:11:13	+14:45	06:28
16	495	Paulo Costa	MSS Grupo Desportivo de Gondomar	Veterano M50	01:11:34	+15:06	06:30
17	182	Silvério Paula Pereira	BREAK	Veterano M50	01:13:53	+17:24	06:43
18	493	Laurindo Moreira	MSS Grupo Desportivo de Gondomar	Veterano M50	01:14:58	+18:30	06:49
19	432	Paulo rocha	Individual	Veterano M50	01:17:06	+20:38	07:01
20	427	Manuel Domingues	Individual	Veterano M50	01:17:07	+20:39	07:01
21	491	José Marques	MSS Grupo Desportivo de Gondomar	Veterano M50	01:19:02	+22:34	07:11

Trail Curto

11 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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Veterano M60

1	440	Ângelo Pereira	Individual	Veterano M60	01:11:03		06:28
2	500	Manuel Póvoas	MSS Grupo Desportivo de Gondomar	Veterano M60	01:16:44	+05:41	06:59
3	442	Lídio oliveira	Individual	Veterano M60	01:17:24	+06:20	07:02
4	234	José Santos	Douroconta- Gabinete de Apoio e Contabilidade, Lda	Veterano M60	01:17:29	+06:25	07:03
5	502	Rui Moura	MSS Grupo Desportivo de Gondomar	Veterano M60	01:27:16	+16:12	07:56
6	529	SERAFIM FONSECA	os bengalinhas	Veterano M60	01:29:35	+18:31	08:09
7	499	Manuel Pereira	MSS Grupo Desportivo de Gondomar	Veterano M60	01:35:14	+24:10	08:39
8	245	JORGE VALE	FAMA RUNNERS	Veterano M60	01:37:26	+26:22	08:51
9	226	Serafim ferreira	Corre Zé	Veterano M60	01:38:00	+26:56	08:55
10	262	José Pereira	FIDELIDADE GDC	Veterano M60	01:42:59	+31:55	09:22
11	498	Francisco Oliveira	MSS Grupo Desportivo de Gondomar	Veterano M60	01:45:16	+34:12	09:34
12	197	António Castro	CENTRO CICLISTA DE GONDOMAR	Veterano M60	01:48:14	+37:11	09:50
13	511	Manuel Matos	NAI - NÚCLEO AMADOR IDÃES	Veterano M60	01:48:43	+37:39	09:53

