

TRAIL LONGO - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:15 | 10,3°C | 93% |
| End | 15:24 | 10,3°C | 93% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------------------------------|--|------------------|----------|-----------|-------|
| 1 | 134 | Pedro Garrido | opraticante.pt | Senior Masculino | 02:30:47 | | 06:02 |
| 2 | 89 | Miguel Silva | dci - trilhos luso bussaco | Junior Masculino | 02:37:52 | +07:05 | 06:19 |
| 3 | 75 | Paulo Jorge Teixeira Moreira | aliados trail running team | Senior Masculino | 02:38:06 | +07:19 | 06:19 |
| 4 | 83 | Joel Moreira | cdc juventude ilha verde | Senior Masculino | 02:45:46 | +14:59 | 06:38 |
| 5 | 106 | Manuel Siva | individual | Senior Masculino | 02:46:34 | +15:47 | 06:40 |
| 6 | 77 | Ricardo Coutinho Martins | arcd venda da luisa | Veterano M40 | 02:46:35 | +15:48 | 06:40 |
| 7 | 94 | João Santos | dura-f1 raceteam | Veterano M45 | 02:47:44 | +16:57 | 06:43 |
| 8 | 145 | João Franco | trail runners portimao | Senior Masculino | 02:48:20 | +17:33 | 06:44 |
| 9 | 122 | Nelson Santos | jovase trail running | Veterano M40 | 02:49:09 | +18:22 | 06:46 |
| 10 | 91 | JOSIAS MEIRA | dci - trilhos luso bussaco | Veterano M40 | 02:54:20 | +23:33 | 06:58 |
| 11 | 151 | Fábio Reis | vale correr | Senior Masculino | 03:00:12 | +29:25 | 07:13 |
| 12 | 150 | David Pereira | vale correr | Senior Masculino | 03:04:18 | +33:31 | 07:22 |
| 13 | 142 | Luís Azevedo | sport club de paradela | Senior Masculino | 03:05:27 | +34:40 | 07:25 |
| 14 | 115 | Luis Oliveira | individual | Veterano M40 | 03:10:13 | +39:26 | 07:37 |
| 15 | 119 | Paulo Fernandes | individual | Veterano M45 | 03:11:04 | +40:17 | 07:39 |
| 16 | 146 | José Proença | trail-gd trancoso | Veterano M50 | 03:11:14 | +40:27 | 07:39 |
| 17 | 124 | JOÃO CRUZ | laac - bike & sport | Senior Masculino | 03:18:09 | +47:22 | 07:56 |
| 18 | 125 | RICARDO HENRIQUES | laac - bike & sport | Senior Masculino | 03:20:07 | +49:20 | 08:00 |
| 19 | 78 | Miguel Lopes | associação desportiva de fermentelos (bike riders) | Veterano M40 | 03:23:46 | +52:59 | 08:09 |
| 20 | 152 | Elvio Santos | vale correr | Veterano M40 | 03:26:48 | +56:01 | 08:16 |
| 21 | 129 | Nelson Almeida | oiãrunners | Senior Masculino | 03:28:06 | +57:18 | 08:19 |
| 22 | 138 | Alcino Neves Gouveia | sentir escaiz running | Veterano M50 | 03:28:44 | +57:57 | 08:21 |
| 23 | 137 | Paulo Sérgio Silva Gomes | sentir escaiz running | Veterano M40 | 03:28:49 | +58:02 | 08:21 |
| 24 | 10 | Lauro Nunes | individual | Veterano M40 | 03:30:02 | +59:15 | 08:24 |
| 25 | 100 | Edgar Mendes | goodfellas | Senior Masculino | 03:30:04 | +59:17 | 08:24 |
| 26 | 140 | Paulo Ramirez | sosense trail team | Veterano M50 | 03:30:57 | +01:00:10 | 08:26 |
| 27 | 109 | Rodrigo Ferreira | individual | Senior Masculino | 03:32:54 | +01:02:07 | 08:31 |
| 28 | 116 | Américo Vieira Costa | individual | Veterano M45 | 03:36:00 | +01:05:13 | 08:38 |
| 29 | 74 | Gliberto Brites | águeda action club - actib | Senior Masculino | 03:36:16 | +01:05:29 | 08:39 |
| 30 | 117 | Bruno Tavares | individual | Veterano M45 | 03:36:59 | +01:06:12 | 08:41 |
| 31 | 110 | Diogo Silva | individual | Sub 23 Masculino | 03:37:34 | +01:06:47 | 08:42 |
| 32 | 101 | Telmo Neves | haertha/tendernesscapacity - trail running | Senior Masculino | 03:38:39 | +01:07:52 | 08:45 |
| 33 | 118 | José Eduardo Alves | individual | Veterano M45 | 03:40:14 | +01:09:26 | 08:49 |
| 34 | 139 | Gonçalo Coelho | serranos da estrela | Senior Masculino | 03:40:22 | +01:09:35 | 08:49 |
| 35 | 107 | Mário Moreira | individual | Senior Masculino | 03:40:57 | +01:10:10 | 08:50 |
| 36 | 108 | Ricardo Manuel Guerra Pina | individual | Senior Masculino | 03:44:57 | +01:14:10 | 09:00 |
| 37 | 95 | Arcanjo Martins | elkazebá | Veterano M55 | 03:50:02 | +01:19:14 | 09:12 |
| 38 | 123 | Paulo Açafrão | jovase trail running | Veterano M55 | 03:50:12 | +01:19:25 | 09:13 |
| 39 | 98 | Isabel Parreiral | gear up | Veterana F40 | 03:52:17 | +01:21:30 | 09:18 |
| 40 | 96 | Alex Pereira | gazelas team | Senior Masculino | 03:56:45 | +01:25:58 | 09:28 |
| 41 | 93 | José Vidal | dura-f1 raceteam | Veterano M40 | 03:56:49 | +01:26:02 | 09:28 |

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:15 | 10,3°C | 93% |
| End | 15:24 | 10,3°C | 93% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

Junior Masculino

| | | | | | | | |
|---|----|--------------|----------------------------|------------------|----------|--------|-------|
| 1 | 89 | Miguel Silva | DCI - Trilhos Luso Bussaco | Junior Masculino | 02:37:52 | +07:05 | 06:19 |
|---|----|--------------|----------------------------|------------------|----------|--------|-------|

Senior Feminino

| | | | | | | | |
|---|-----|-------------------|-------------------------|-----------------|----------|-----------|-------|
| 1 | 79 | Ariana Tavares | C.D.C Paradela do Vouga | Senior Feminino | 04:04:39 | +01:33:52 | 09:47 |
| 2 | 97 | Diana Costa | Gear up | Senior Feminino | 04:06:34 | +01:35:47 | 09:52 |
| 3 | 103 | Cristina Oliveira | Individual | Senior Feminino | 04:23:49 | +01:53:02 | 10:33 |

Senior Masculino

| | | | | | | | |
|----|-----|------------------------------|---|------------------|----------|-----------|-------|
| 1 | 134 | Pedro Garrido | OPraticante.pt | Senior Masculino | 02:30:47 | | 06:02 |
| 2 | 75 | Paulo Jorge Teixeira Moreira | Aliados Trail Running Team | Senior Masculino | 02:38:06 | +07:19 | 06:19 |
| 3 | 83 | Joel Moreira | CDC Juventude Ilha Verde | Senior Masculino | 02:45:46 | +14:59 | 06:38 |
| 4 | 106 | Manuel Siva | Individual | Senior Masculino | 02:46:34 | +15:47 | 06:40 |
| 5 | 145 | João Franco | Trail runners Portimao | Senior Masculino | 02:48:20 | +17:33 | 06:44 |
| 6 | 151 | Fábio Reis | Vale Correr | Senior Masculino | 03:00:12 | +29:25 | 07:13 |
| 7 | 150 | David Pereira | Vale Correr | Senior Masculino | 03:04:18 | +33:31 | 07:22 |
| 8 | 142 | Luís Azevedo | Sport Club de Paradela | Senior Masculino | 03:05:27 | +34:40 | 07:25 |
| 9 | 124 | JOÃO CRUZ | LAAC - BIKE & SPORT | Senior Masculino | 03:18:09 | +47:22 | 07:56 |
| 10 | 125 | RICARDO HENRIQUES | LAAC - BIKE & SPORT | Senior Masculino | 03:20:07 | +49:20 | 08:00 |
| 11 | 129 | Nelson Almeida | Oiãrunners | Senior Masculino | 03:28:06 | +57:18 | 08:19 |
| 12 | 100 | Edgar Mendes | Goodfellas | Senior Masculino | 03:30:04 | +59:17 | 08:24 |
| 13 | 109 | Rodrigo Ferreira | Individual | Senior Masculino | 03:32:54 | +01:02:07 | 08:31 |
| 14 | 74 | Gliberto Brites | Águeda Action Club - ACTIB | Senior Masculino | 03:36:16 | +01:05:29 | 08:39 |
| 15 | 101 | Telmo Neves | Haertha/TendernessCapacity - Trail Running | Senior Masculino | 03:38:39 | +01:07:52 | 08:45 |
| 16 | 139 | Gonçalo Coelho | Serranos da Estrela | Senior Masculino | 03:40:22 | +01:09:35 | 08:49 |
| 17 | 107 | Mário Moreira | Individual | Senior Masculino | 03:40:57 | +01:10:10 | 08:50 |
| 18 | 108 | Ricardo Manuel Guerra Pina | Individual | Senior Masculino | 03:44:57 | +01:14:10 | 09:00 |
| 19 | 96 | Alex Pereira | Gazelas Team | Senior Masculino | 03:56:45 | +01:25:58 | 09:28 |
| 20 | 105 | Diogo Rafael da Silva Amaral | Individual | Senior Masculino | 04:13:49 | +01:43:02 | 10:09 |
| 21 | 73 | André Pereira | ADI - Ílhavo | Senior Masculino | 04:18:33 | +01:47:46 | 10:21 |
| 22 | 141 | Armando Cardoso | Sport Club de Paradela | Senior Masculino | 04:39:24 | +02:08:37 | 11:11 |
| 23 | 71 | Márcio Silva | A.R.S.M.- Associação Recreativa de São Miguel | Senior Masculino | 05:11:55 | +02:41:08 | 12:29 |
| 24 | 70 | Jorge Scevola | A.R.S.M.- Associação Recreativa de São Miguel | Senior Masculino | 05:11:55 | +02:41:08 | 12:29 |

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Sub 23 Masculino

| | | | | | | | |
|---|-----|-------------|------------|------------------|----------|-----------|-------|
| 1 | 110 | Diogo Silva | Individual | Sub 23 Masculino | 03:37:34 | +01:06:47 | 08:42 |
|---|-----|-------------|------------|------------------|----------|-----------|-------|

Veterana F40

| | | | | | | | |
|---|-----|------------------|---|--------------|----------|-----------|-------|
| 1 | 98 | Isabel Parreiral | Gear up | Veterana F40 | 03:52:17 | +01:21:30 | 09:18 |
| 2 | 102 | Mami Macedo | Haertha/TendernessCapacity - Trail Running | Veterana F40 | 04:11:56 | +01:41:09 | 10:05 |
| 3 | 90 | Eunice Magalhães | DCI - Trilhos Luso Bussaco | Veterana F40 | 04:12:21 | +01:41:34 | 10:06 |
| 4 | 72 | Paula Simões | A.R.S.M.- Associação Recreativa de São Miguel | Veterana F40 | 05:11:55 | +02:41:08 | 12:29 |

Veterana F45

| | | | | | | | |
|---|-----|------------------------------|--|--------------|----------|-----------|-------|
| 1 | 80 | Severina Almeida | CATR-Correio de Albergaria Trail Running | Veterana F45 | 04:17:10 | +01:46:23 | 10:17 |
| 2 | 99 | Monica Salvador | Gear up | Veterana F45 | 04:47:51 | +02:17:04 | 11:31 |
| 3 | 127 | MARTA GENTIL DA SILVA MATEUS | Marta & João | Veterana F45 | 05:15:26 | +02:44:39 | 12:37 |
| 4 | 144 | Anabela Sousa | Tartarugas de Seixezelo | Veterana F45 | 05:35:45 | +03:04:58 | 13:26 |

Veterana F50

| | | | | | | | |
|---|-----|----------------------|----------------------------|--------------|----------|-----------|-------|
| 1 | 111 | Karina Moura | Individual | Veterana F50 | 03:57:30 | +01:26:42 | 09:30 |
| 2 | 88 | Eduarda Vinagre | Clube desportivo Assempark | Veterana F50 | 04:46:27 | +02:15:40 | 11:28 |
| 3 | 76 | Isabel Madeira | ARCD Venda da Luísa | Veterana F50 | 05:02:15 | +02:31:28 | 12:05 |
| 4 | 148 | Gessina Costa Mendes | TRILHOS do COSTUME | Veterana F50 | 06:06:20 | +03:35:33 | 14:39 |

Veterana F55

| | | | | | | | |
|---|-----|------------------|------------|--------------|----------|-----------|-------|
| 1 | 112 | Cristina Saraiva | Individual | Veterana F55 | 04:24:28 | +01:53:41 | 10:35 |
| 2 | 113 | Margarida neves | Individual | Veterana F55 | 04:30:09 | +01:59:22 | 10:48 |

Veterano M40

| | | | | | | | |
|---|-----|--------------------------|--|--------------|----------|--------|-------|
| 1 | 77 | Ricardo Coutinho Martins | ARCD Venda da Luísa | Veterano M40 | 02:46:35 | +15:48 | 06:40 |
| 2 | 122 | Nelson Santos | Jovase Trail Running | Veterano M40 | 02:49:09 | +18:22 | 06:46 |
| 3 | 91 | JOSIAS MEIRA | DCI - Trilhos Luso Bussaco | Veterano M40 | 02:54:20 | +23:33 | 06:58 |
| 4 | 115 | Luis Oliveira | Individual | Veterano M40 | 03:10:13 | +39:26 | 07:37 |
| 5 | 78 | Miguel Lopes | Associação desportiva de Fermentelos (Bike riders) | Veterano M40 | 03:23:46 | +52:59 | 08:09 |
| 6 | 152 | Elvio Santos | Vale Correr | Veterano M40 | 03:26:48 | +56:01 | 08:16 |
| 7 | 137 | Paulo Sérgio Silva Gomes | Sentir Escariz Running | Veterano M40 | 03:28:49 | +58:02 | 08:21 |
| 8 | 10 | Lauro Nunes | Individual | Veterano M40 | 03:30:02 | +59:15 | 08:24 |

| | | |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 2 / 3 | generate 02-abr-2023 15:31 |
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Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|-----|-----------------|------------------|--------------|----------|-----------|-------|
| 9 | 93 | José Vidal | Dura-F1 Raceteam | Veterano M40 | 03:56:49 | +01:26:02 | 09:28 |
| 10 | 130 | Márcio Ferreira | Oiãrunners | Veterano M40 | 04:46:00 | +02:15:13 | 11:26 |

Veterano M45

| | | | | | | | |
|----|-----|--------------------------------|-------------------|--------------|----------|-----------|-------|
| 1 | 94 | João Santos | Dura-F1 Raceteam | Veterano M45 | 02:47:44 | +16:57 | 06:43 |
| 2 | 119 | Paulo Fernandes | Individual | Veterano M45 | 03:11:04 | +40:17 | 07:39 |
| 3 | 116 | Américo Vieira Costa | Individual | Veterano M45 | 03:36:00 | +01:05:13 | 08:38 |
| 4 | 117 | Bruno Tavares | Individual | Veterano M45 | 03:36:59 | +01:06:12 | 08:41 |
| 5 | 118 | José Eduardo Alves | Individual | Veterano M45 | 03:40:14 | +01:09:26 | 08:49 |
| 6 | 132 | Carlos Silva | OiãRunners | Veterano M45 | 04:08:26 | +01:37:39 | 09:56 |
| 7 | 143 | Jorge Carlos Piçarra Fernandes | Tainadas Run Team | Veterano M45 | 04:17:17 | +01:46:29 | 10:17 |
| 8 | 86 | Sébastien MEHAYE | Cessa Kcé Bon | Veterano M45 | 04:40:10 | +02:09:22 | 11:12 |
| 9 | 85 | Rui DE MATOS | Cessa Kcé Bon | Veterano M45 | 04:59:19 | +02:28:32 | 11:58 |
| 10 | 84 | Laurent JEANBLANC | Cessa Kcé Bon | Veterano M45 | 05:12:31 | +02:41:44 | 12:30 |
| 11 | 128 | Joao Nuno Garcia Teixeira | Marta & João | Veterano M45 | 05:15:26 | +02:44:39 | 12:37 |

Veterano M50

| | | | | | | | |
|---|-----|-----------------------|--|--------------|----------|-----------|-------|
| 1 | 146 | José Proença | Trail-GD Trancoso | Veterano M50 | 03:11:14 | +40:27 | 07:39 |
| 2 | 138 | Alcino Neves Gouveia | Sentir Escariz Running | Veterano M50 | 03:28:44 | +57:57 | 08:21 |
| 3 | 140 | Paulo Ramirez | Sosense Trail Team | Veterano M50 | 03:30:57 | +01:00:10 | 08:26 |
| 4 | 87 | David PRASCHL | Cessa Kcé Bon | Veterano M50 | 04:11:50 | +01:41:03 | 10:04 |
| 5 | 81 | Américo Martins | CATR-Correio de Albergaria Trail Running | Veterano M50 | 04:17:09 | +01:46:22 | 10:17 |
| 6 | 82 | Carlos Negrão | CATR-Correio de Albergaria Trail Running | Veterano M50 | 04:17:10 | +01:46:23 | 10:17 |
| 7 | 120 | Pedro Ruano de Castro | Individual | Veterano M50 | 04:36:30 | +02:05:42 | 11:04 |

Veterano M55

| | | | | | | | |
|---|-----|---------------------------|----------------------|--------------|----------|-----------|-------|
| 1 | 95 | Arcanjo Martins | Elkazebá | Veterano M55 | 03:50:02 | +01:19:14 | 09:12 |
| 2 | 123 | Paulo Açafrão | Jovase Trail Running | Veterano M55 | 03:50:12 | +01:19:25 | 09:13 |
| 3 | 121 | Manuel Deus | Individual | Veterano M55 | 04:12:36 | +01:41:49 | 10:06 |
| 4 | 133 | Carlos Martins | Oiãrunners | Veterano M55 | 04:38:27 | +02:07:40 | 11:08 |
| 5 | 149 | Mário Manuel Pereira Anjo | TRILHOS do COSTUME | Veterano M55 | 06:06:20 | +03:35:33 | 14:39 |

Veterano M60

| | | | | | | | |
|---|-----|---------------|---------------------|--------------|----------|-----------|-------|
| 1 | 126 | Avelino Silva | LAAC - BIKE & SPORT | Veterano M60 | 04:12:34 | +01:41:47 | 10:06 |
|---|-----|---------------|---------------------|--------------|----------|-----------|-------|

TEAM RESULTS - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | TEAM | DESCRIPTION | POINTS |
|------|---|--------------|--------|
| 1 | VALE CORRER | 11 + 12 + 20 | 43 |
| 2 | DCI - TRILHOS LUSO BUSSACO | 2 + 10 + 48 | 60 |
| 3 | LAAC - BIKE & SPORT | 17 + 18 + 49 | 84 |
| 4 | OIÁRUNNERS | 21 + 45 + 61 | 127 |
| 5 | GEAR UP | 39 + 44 + 66 | 149 |
| 6 | CATR-CORREIO DE ALBERGARIA TRAIL RUNNING | 52 + 53 + 54 | 159 |
| 7 | CESSA KCÉ BON | 46 + 63 + 67 | 176 |
| 8 | A.R.S.M.- ASSOCIAÇÃO RECREATIVA DE SÃO MIGUEL | 69 + 70 + 71 | 210 |

TRAIL CURTO - STAGE 1

15 KM

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|-------------------------------|---|------------------|----------|--------|-------|
| 42 | 743 | Ricardo Vidal | lion runners - grupo desportivo leões da guarda | Veterano M45 | 02:02:42 | +29:23 | 08:11 |
| 43 | 531 | António Rodrigues | biciarca run team | Veterano M50 | 02:03:01 | +29:41 | 08:12 |
| 44 | 515 | Carlos Moreto | adf - bike riders | Veterano M55 | 02:03:05 | +29:45 | 08:12 |
| 45 | 683 | João Leite | individual | Veterano M40 | 02:03:06 | +29:47 | 08:12 |
| 46 | 561 | Márcia Martins | dci - trilhos luso bussaco | Veterana F40 | 02:03:15 | +29:56 | 08:13 |
| 47 | 567 | Nuno dos Santos | desportivo atletico de recardães | Veterano M45 | 02:03:30 | +30:11 | 08:14 |
| 48 | 676 | Adão Antunes | individual | Veterano M40 | 02:04:03 | +30:44 | 08:16 |
| 49 | 625 | Luís Miguel Ferreira Marques | individual | Senior Masculino | 02:04:12 | +30:53 | 08:17 |
| 50 | 802 | Paulo Santos | opraticante.pt | Veterano M45 | 02:04:15 | +30:56 | 08:17 |
| 51 | 697 | Carlos Rocha | individual | Veterano M45 | 02:04:32 | +31:12 | 08:18 |
| 52 | 721 | Samuel Neves | individual | Veterano M50 | 02:04:33 | +31:13 | 08:18 |
| 53 | 707 | Manuel Carlos Costa Martins | individual | Veterano M45 | 02:05:00 | +31:41 | 08:20 |
| 54 | 723 | António Amado | individual | Veterano M55 | 02:05:04 | +31:44 | 08:20 |
| 55 | 772 | MARCO MARQUES | oiãrunners | Veterano M40 | 02:05:13 | +31:53 | 08:21 |
| 56 | 529 | Rui Mota | atac - águeda trail aventura clube | Veterano M45 | 02:05:24 | +32:04 | 08:22 |
| 57 | 573 | Hugo André Tavares Amaral | equipa goodfellas | Senior Masculino | 02:06:40 | +33:20 | 08:27 |
| 58 | 813 | Silvino Pais | saca trilhos anadia | Veterano M50 | 02:06:48 | +33:28 | 08:27 |
| 59 | 511 | Pedro Alves | aam runners | Senior Masculino | 02:06:53 | +33:33 | 08:28 |
| 60 | 626 | Marcos Roldão | individual | Senior Masculino | 02:07:02 | +33:42 | 08:28 |
| 61 | 560 | Rui Oliveira | correr fermelã | Senior Masculino | 02:07:29 | +34:09 | 08:30 |
| 62 | 710 | Paulo Fonseca | individual | Veterano M45 | 02:07:34 | +34:15 | 08:30 |
| 63 | 507 | Leandro Domingues | trail bela bela | Junior Masculino | 02:08:07 | +34:47 | 08:32 |
| 64 | 687 | Marco Santos | individual | Veterano M40 | 02:08:19 | +34:59 | 08:33 |
| 65 | 741 | VITAL ESPINHAL | laac - bike & sport | Veterano M45 | 02:08:38 | +35:18 | 08:35 |
| 66 | 739 | LUIS CIPRIANO | laac - bike & sport | Veterano M40 | 02:08:38 | +35:19 | 08:35 |
| 67 | 770 | Tiago Simoes | oiãrunners | Senior Masculino | 02:08:56 | +35:36 | 08:36 |
| 68 | 828 | Luis Silva | sport club de paradela | Senior Masculino | 02:08:56 | +35:36 | 08:36 |
| 69 | 824 | Cláudio Agostinho | sport club de paradela | Senior Masculino | 02:08:56 | +35:36 | 08:36 |
| 70 | 520 | Inês Teixeira | águeda action club - actib | Senior Feminino | 02:09:15 | +35:55 | 08:37 |
| 71 | 810 | João Marques | penature trail team | Veterano M40 | 02:09:25 | +36:06 | 08:38 |
| 72 | 758 | Luciano Fonte | miro trail | Veterano M45 | 02:09:50 | +36:31 | 08:39 |
| 73 | 566 | DAVIDE CARVALHO | desportivo atletico de recardães | Veterano M40 | 02:09:56 | +36:37 | 08:40 |
| 74 | 706 | Luis Martins | individual | Veterano M45 | 02:10:00 | +36:41 | 08:40 |
| 75 | 744 | Paulo Almeida | maduros_do_pedal | Veterano M45 | 02:11:04 | +37:44 | 08:44 |
| 76 | 689 | Nuno morais | individual | Veterano M40 | 02:11:35 | +38:16 | 08:46 |
| 77 | 842 | Licínio Manuel Saragoça Costa | tainadas run team | Veterano M45 | 02:12:01 | +38:41 | 08:48 |
| 78 | 517 | Rui Silveira | adi - fhavo | Senior Masculino | 02:12:12 | +38:52 | 08:49 |
| 79 | 769 | Ruben Moreira | oiãrunners | Senior Masculino | 02:12:45 | +39:25 | 08:51 |
| 80 | 528 | JOÃO ALMADA | associação desportiva travassô | Veterano M60 | 02:13:02 | +39:43 | 08:52 |
| 81 | 530 | Sérgio Ferreira | biciarca run team | Veterano M45 | 02:13:25 | +40:05 | 08:54 |
| 82 | 629 | Nuno Ribeiro | individual | Senior Masculino | 02:13:27 | +40:07 | 08:54 |
| 83 | 736 | Miguel Pereira | juveforce run team | Senior Masculino | 02:13:46 | +40:27 | 08:55 |
| 84 | 504 | Felícia Fernandes | trail bela bela | Senior Feminino | 02:13:50 | +40:30 | 08:55 |
| 85 | 659 | Sandra Lopes | individual | Veterana F45 | 02:14:29 | +41:10 | 08:58 |
| 86 | 819 | Paulo Pires | sosense trail team braga&fernandes | Senior Masculino | 02:14:31 | +41:12 | 08:58 |

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|-----------------------------------|---------------------------------------|------------------|----------|-----------|-------|
| 87 | 623 | Jorge Miguel Rodrigues Pereira | individual | Senior Masculino | 02:14:42 | +41:22 | 08:59 |
| 88 | 680 | Bruno Sousa | individual | Veterano M40 | 02:15:11 | +41:52 | 09:01 |
| 89 | 570 | João Portugal | dura-f1 raceteam | Veterano M45 | 02:15:52 | +42:33 | 09:04 |
| 90 | 609 | Daniel Tomás | individual | Senior Masculino | 02:16:01 | +42:42 | 09:04 |
| 91 | 622 | Jorge Cardoso | individual | Senior Masculino | 02:16:15 | +42:55 | 09:05 |
| 92 | 811 | Ricardo Pinto | s.c.beira-mar | Veterano M40 | 02:16:17 | +42:57 | 09:05 |
| 93 | 505 | Teresa Reis | trail bela bela | Senior Feminino | 02:16:36 | +43:17 | 09:06 |
| 94 | 863 | Nuno Saraiva | noctis trail | Veterano M45 | 02:17:12 | +43:53 | 09:09 |
| 95 | 768 | Hugo Marques | oiãrunners | Senior Masculino | 02:17:15 | +43:55 | 09:09 |
| 96 | 814 | Fernando Ribeiro | saca trilhos anadia | Veterano M55 | 02:18:18 | +44:58 | 09:13 |
| 97 | 856 | Mário António Pereira Migueis | vamos a pé - taboeira | Veterano M50 | 02:19:08 | +45:49 | 09:17 |
| 98 | 608 | Daniel Alexandre | individual | Senior Masculino | 02:19:29 | +46:10 | 09:18 |
| 99 | 773 | Miguel Martinez | oiãrunners | Veterano M40 | 02:20:09 | +46:50 | 09:21 |
| 100 | 644 | André Abreu | individual | Sub 23 Masculino | 02:20:15 | +46:56 | 09:21 |
| 101 | 669 | Carmo Marinho | clube rio largo | Veterana F55 | 02:21:12 | +47:53 | 09:25 |
| 102 | 737 | Rafael Simões | juveforce run team | Senior Masculino | 02:23:10 | +49:50 | 09:33 |
| 103 | 740 | LUIS GOMES | laac - bike & sport | Veterano M40 | 02:23:15 | +49:56 | 09:33 |
| 104 | 799 | Marco Matos | opraticante.pt | Veterano M40 | 02:23:36 | +50:17 | 09:34 |
| 105 | 804 | Bruno Parente | os 4 | Veterano M40 | 02:24:39 | +51:19 | 09:39 |
| 106 | 605 | Bruno Manuel Rodrigues Tavares | individual | Senior Masculino | 02:25:07 | +51:47 | 09:40 |
| 107 | 686 | Luis Almeida | individual | Veterano M40 | 02:25:10 | +51:50 | 09:41 |
| 108 | 735 | Edgar Simões | juveforce run team | Senior Masculino | 02:25:10 | +51:51 | 09:41 |
| 109 | 518 | Frederico Mendes | adrcc ocr | Veterano M45 | 02:25:13 | +51:54 | 09:41 |
| 110 | 690 | Paulo Borges | individual | Veterano M40 | 02:25:52 | +52:33 | 09:44 |
| 111 | 581 | Mariana Pereira | goodfellas | Senior Feminino | 02:26:49 | +53:30 | 09:47 |
| 112 | 855 | Narciso José da Silva Pinho | vamos a pé - taboeira | Veterano M45 | 02:26:51 | +53:32 | 09:47 |
| 113 | 632 | Paulo Ricardo Pereira da Costa | individual | Senior Masculino | 02:27:17 | +53:58 | 09:49 |
| 114 | 525 | Ricardo Ventura | águeda action club - actib | Veterano M40 | 02:27:41 | +54:21 | 09:51 |
| 115 | 784 | Ana Mafalda Pereira | opraticante.pt | Senior Feminino | 02:28:54 | +55:35 | 09:56 |
| 116 | 604 | André Oliveira | individual | Senior Masculino | 02:29:08 | +55:49 | 09:57 |
| 117 | 136 | Pedro Silva | os bota | Veterano M45 | 02:29:31 | +56:11 | 09:58 |
| 118 | 761 | Paulo Jorge Simões da silva | nar - núcleo de atletismo de requeixo | Veterano M50 | 02:29:41 | +56:21 | 09:59 |
| 119 | 643 | Vasco Campos | individual | Senior Masculino | 02:30:20 | +57:01 | 10:01 |
| 120 | 817 | Sérgio Henriques | segimprima running team | Senior Masculino | 02:30:32 | +57:13 | 10:02 |
| 121 | 724 | Arnaldo Santos | individual | Veterano M55 | 02:30:44 | +57:24 | 10:03 |
| 122 | 639 | Samuel Martinho | individual | Senior Masculino | 02:30:45 | +57:26 | 10:03 |
| 123 | 646 | Ana Marisa Fonseca Lopes | individual | Veterana F40 | 02:32:37 | +59:18 | 10:11 |
| 124 | 703 | Jorge Manuel Matos dos Santos | individual | Veterano M45 | 02:32:38 | +59:18 | 10:11 |
| 125 | 709 | Nuno Reis | individual | Veterano M45 | 02:32:48 | +59:29 | 10:11 |
| 126 | 701 | João Rodrigues | individual | Veterano M45 | 02:32:58 | +59:39 | 10:12 |
| 127 | 666 | MARIA RITA DA SILVA FERNANDES | individual | Veterana F50 | 02:33:08 | +59:49 | 10:13 |
| 128 | 635 | Ricardo Miguel de Almeida Tavares | individual | Senior Masculino | 02:33:44 | +01:00:24 | 10:15 |

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|----------------------------------|--|-------------------|----------|-----------|-------|
| 129 | 588 | Ana Antunes | individual | Senior Feminino | 02:34:12 | +01:00:53 | 10:17 |
| 130 | 678 | Bruno Sanguedo | individual | Veterano M40 | 02:34:14 | +01:00:55 | 10:17 |
| 131 | 615 | Fábio Costa | individual | Senior Masculino | 02:34:17 | +01:00:58 | 10:17 |
| 132 | 527 | Marco Dias | associação "os vouzelenses" | Senior Masculino | 02:34:18 | +01:00:59 | 10:17 |
| 133 | 642 | Tiago Pereira | individual | Senior Masculino | 02:34:20 | +01:01:00 | 10:17 |
| 134 | 725 | Lino Carraco | individual | Veterano M55 | 02:34:23 | +01:01:03 | 10:18 |
| 135 | 822 | Daniela Silva | sport club de paradela | Senior Feminino | 02:35:10 | +01:01:51 | 10:21 |
| 136 | 734 | Alexandre Simões | juveforce run team | Senior Masculino | 02:35:12 | +01:01:53 | 10:21 |
| 137 | 624 | JOSE PAULOS | individual | Senior Masculino | 02:35:39 | +01:02:19 | 10:23 |
| 138 | 575 | Jose Matos | espigueiros runners-caparrosinha | Senior Masculino | 02:35:51 | +01:02:31 | 10:23 |
| 139 | 503 | Mariana Santos | trail bela bela | Sub 23 Feminino | 02:35:51 | +01:02:31 | 10:23 |
| 140 | 731 | António Pires | individual | Veterano M60 | 02:36:37 | +01:03:18 | 10:27 |
| 141 | 702 | Jonathan Correa | individual | Veterano M45 | 02:37:48 | +01:04:28 | 10:31 |
| 142 | 816 | Pedro Pereira | segimprima running team | Senior Masculino | 02:38:14 | +01:04:55 | 10:33 |
| 143 | 636 | Ricardo Morais | individual | Senior Masculino | 02:38:54 | +01:05:35 | 10:36 |
| 144 | 825 | Diogo silva | sport club de paradela | Senior Masculino | 02:39:08 | +01:05:49 | 10:37 |
| 145 | 574 | Joaquim pais | equipa senaclube | Veterano M45 | 02:39:12 | +01:05:52 | 10:37 |
| 146 | 667 | ROSÁRIO MIRANDA | individual | Veterana F50 | 02:39:31 | +01:06:11 | 10:38 |
| 147 | 535 | Jorge Branco | branco | Veterano M50 | 02:39:39 | +01:06:19 | 10:39 |
| 148 | 775 | Miguel Pimentel | oiãrunners | Veterano M50 | 02:40:04 | +01:06:45 | 10:40 |
| 149 | 633 | Ricardo Jesus | individual | Senior Masculino | 02:40:11 | +01:06:52 | 10:41 |
| 150 | 861 | Pedro Henrique Tinoco Nunes | individual | Senior Masculino | 02:40:16 | +01:06:57 | 10:41 |
| 151 | 755 | Liliana Sousa | miro trail | Senior Feminino | 02:40:16 | +01:06:57 | 10:41 |
| 152 | 715 | Carlos Lopes | individual | Veterano M50 | 02:40:27 | +01:07:08 | 10:42 |
| 153 | 671 | Rosa Cerveira | individual | Veterana F55 | 02:40:29 | +01:07:10 | 10:42 |
| 154 | 837 | João Saraiva | sport club de paradela | Veterano M45 | 02:41:04 | +01:07:45 | 10:44 |
| 155 | 526 | Gabriel Gonçalves | anadiabikers | Sub 23 Masculino | 02:41:46 | +01:08:27 | 10:47 |
| 156 | 617 | Gonçalo Louro | individual | Senior Masculino | 02:41:48 | +01:08:29 | 10:47 |
| 157 | 510 | Mariana Alves | aam runners | Junior Feminino | 02:42:13 | +01:08:54 | 10:49 |
| 158 | 506 | Daniel Sao Bento cruz | trail bela bela | Juvenil Masculino | 02:42:19 | +01:08:59 | 10:49 |
| 159 | 532 | Isabel Coimbra | blackbulls cycling team | Veterana F40 | 02:43:22 | +01:10:02 | 10:53 |
| 160 | 719 | José Lopes | individual | Veterano M50 | 02:43:32 | +01:10:13 | 10:54 |
| 161 | 660 | Susana Cerqueira | individual | Veterana F45 | 02:43:33 | +01:10:13 | 10:54 |
| 162 | 641 | Tiago Miguel Rodrigues Gonçalves | individual | Senior Masculino | 02:43:34 | +01:10:15 | 10:54 |
| 163 | 619 | João Rafael Costa Sousa | individual | Senior Masculino | 02:43:34 | +01:10:15 | 10:54 |
| 164 | 704 | Jorge Rodrigues | individual | Veterano M45 | 02:43:34 | +01:10:15 | 10:54 |
| 165 | 628 | Nuno Filipe Praça Sousa | individual | Senior Masculino | 02:43:36 | +01:10:16 | 10:54 |
| 166 | 539 | Humberto Almeida | catr-correio de albergaria trail running | Veterano M45 | 02:43:38 | +01:10:18 | 10:55 |
| 167 | 647 | ANDREIA PAULOS | individual | Veterana F40 | 02:43:44 | +01:10:25 | 10:55 |
| 168 | 801 | António Rodrigues | opraticante.pt | Veterano M45 | 02:45:27 | +01:12:08 | 11:02 |
| 169 | 577 | MISTER PR | espigueiros runners-caparrosinha | Veterano M45 | 02:45:27 | +01:12:08 | 11:02 |
| 170 | 786 | Ivone Reis | opraticante.pt | Senior Feminino | 02:45:37 | +01:12:17 | 11:02 |
| 171 | 798 | João Rocha | opraticante.pt | Veterano M40 | 02:45:39 | +01:12:20 | 11:03 |
| 172 | 585 | Ricardo Ferreira | haertha/tendernesscapacity - trail running | Veterano M40 | 02:45:41 | +01:12:22 | 11:03 |
| 173 | 516 | António Gonçalves | adi - ilhavo | Senior Masculino | 02:45:52 | +01:12:33 | 11:04 |

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|-----------------------------------|------------------------------------|------------------|----------|-----------|-------|
| 174 | 594 | Joana Canário | individual | Senior Feminino | 02:45:54 | +01:12:34 | 11:04 |
| 175 | 713 | Bruno Almeida | individual | Veterano M50 | 02:46:42 | +01:13:23 | 11:07 |
| 176 | 727 | Octavio Sergio Rodrigues Linhares | individual | Veterano M55 | 02:46:56 | +01:13:37 | 11:08 |
| 177 | 610 | Diogo Costa | individual | Senior Masculino | 02:47:02 | +01:13:42 | 11:08 |
| 178 | 514 | Mário Miguel Ferreira | adcp pedralva | Veterano M45 | 02:47:31 | +01:14:11 | 11:10 |
| 179 | 838 | Teresa Pinho | tainadas run team | Senior Feminino | 02:47:41 | +01:14:21 | 11:11 |
| 180 | 839 | Joni Pandeirada Rocha | tainadas run team | Senior Masculino | 02:47:41 | +01:14:22 | 11:11 |
| 181 | 840 | Kevin Jesus Regalado | tainadas run team | Senior Masculino | 02:47:41 | +01:14:22 | 11:11 |
| 182 | 795 | Marta Carmo | opraticante.pt | Veterana F40 | 02:47:48 | +01:14:29 | 11:11 |
| 183 | 716 | Delfim Silva | individual | Veterano M50 | 02:48:07 | +01:14:48 | 11:13 |
| 184 | 852 | André Dias | tribo nr | Veterano M55 | 02:49:41 | +01:16:21 | 11:19 |
| 185 | 753 | Paulo Alexandre da Silva Rocha | miranda & irmão | Veterano M40 | 02:49:41 | +01:16:22 | 11:19 |
| 186 | 820 | Vicente Santos Julião | sosense trail team braga&fernandes | Senior Masculino | 02:49:48 | +01:16:29 | 11:19 |
| 187 | 756 | Patrícia Lopes | miro trail | Senior Feminino | 02:50:54 | +01:17:35 | 11:24 |
| 188 | 870 | Mariana Vanessa Henriques Costa | individual | Senior Feminino | 02:51:40 | +01:18:21 | 11:27 |
| 189 | 611 | Elio Fonseca | individual | Senior Masculino | 02:52:19 | +01:18:59 | 11:29 |
| 190 | 534 | Ana Branco | branco | Senior Feminino | 02:52:48 | +01:19:29 | 11:31 |
| 191 | 767 | Patrícia Pereira | oiärunters | Senior Feminino | 02:53:09 | +01:19:49 | 11:33 |
| 192 | 549 | Edmundo Rilho | censi_run | Veterano M40 | 02:53:49 | +01:20:30 | 11:35 |
| 193 | 614 | Emanuel Silva | individual | Senior Masculino | 02:53:53 | +01:20:33 | 11:36 |
| 194 | 832 | Kelly Farias | sport club de paradela | Veterana F50 | 02:54:35 | +01:21:16 | 11:38 |
| 195 | 720 | Miguel Lopes | individual | Veterano M50 | 02:54:37 | +01:21:17 | 11:38 |
| 196 | 552 | Helder José Pereira Lourenço | chitas | Veterano M40 | 02:54:52 | +01:21:33 | 11:40 |
| 197 | 650 | Tânia Mateus | individual | Veterana F40 | 02:55:02 | +01:21:43 | 11:40 |
| 198 | 548 | São Simões | censi_run | Veterana F50 | 02:55:14 | +01:21:55 | 11:41 |
| 199 | 550 | Mário Morgado | censi_run | Veterano M45 | 02:55:15 | +01:21:56 | 11:41 |
| 200 | 714 | Carlos ferreira | individual | Veterano M50 | 02:55:35 | +01:22:16 | 11:42 |
| 201 | 519 | Inês Silva Gonçalves | afis/ovar | Senior Feminino | 02:56:16 | +01:22:57 | 11:45 |
| 202 | 831 | Sofia Costa | sport club de paradela | Veterana F45 | 02:56:32 | +01:23:12 | 11:46 |
| 203 | 694 | Sérgio Peste | individual | Veterano M40 | 02:58:06 | +01:24:47 | 11:52 |
| 204 | 858 | Nelson Oliveira | individual | Veterano M45 | 02:58:07 | +01:24:47 | 11:52 |
| 205 | 805 | Luís Carvalheiro | os 4 | Veterano M40 | 02:59:15 | +01:25:55 | 11:57 |
| 206 | 592 | Carina Lopes | individual | Senior Feminino | 03:00:13 | +01:26:53 | 12:01 |
| 207 | 728 | Pedro Elias | individual | Veterano M55 | 03:00:43 | +01:27:24 | 12:03 |
| 208 | 631 | Paulo Nuno Centeio Matafome | individual | Senior Masculino | 03:00:44 | +01:27:24 | 12:03 |
| 209 | 705 | JOSÉ SILVA | individual | Veterano M45 | 03:00:49 | +01:27:29 | 12:03 |
| 210 | 502 | Margarida Duarte | trail bela bela | Juvenil Feminino | 03:01:12 | +01:27:53 | 12:05 |
| 211 | 763 | ROMEU CARVALHO | noctis trail | Veterano M45 | 03:02:08 | +01:28:49 | 12:09 |
| 212 | 844 | Vera Pessoa | tartarugas dos trilhos | Senior Feminino | 03:02:08 | +01:28:49 | 12:09 |
| 213 | 754 | Ricardo Morais Lopes | miranda & irmão | Veterano M40 | 03:04:07 | +01:30:47 | 12:16 |
| 214 | 685 | José Simões | individual | Veterano M40 | 03:04:19 | +01:30:59 | 12:17 |
| 215 | 576 | Maria carriço | espigueiros runners-caparrosinha | Veterana F55 | 03:04:23 | +01:31:03 | 12:18 |
| 216 | 796 | Patrícia Lamego | opraticante.pt | Veterana F40 | 03:04:50 | +01:31:30 | 12:19 |
| 217 | 806 | Nuno Fodalgo | os convidados | Veterano M40 | 03:04:58 | +01:31:38 | 12:20 |

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|----------------------------------|----------------------------------|------------------|----------|-----------|-------|
| 218 | 848 | Elisio Dias | trepatrilhos trail team | Veterano M50 | 03:04:58 | +01:31:39 | 12:20 |
| 219 | 565 | Ruben Neves | desportivo atletico de recardães | Senior Masculino | 03:05:08 | +01:31:48 | 12:21 |
| 220 | 865 | Paulo Abrantes | miranda & irmão | Senior Masculino | 03:08:02 | +01:34:42 | 12:32 |
| 221 | 658 | Rosabell Dos Santos | individual | Veterana F45 | 03:08:38 | +01:35:19 | 12:35 |
| 222 | 597 | Mara Almeida | individual | Senior Feminino | 03:08:47 | +01:35:27 | 12:35 |
| 223 | 664 | Celia Oliveira | individual | Veterana F50 | 03:09:20 | +01:36:01 | 12:37 |
| 224 | 841 | Paulo Alexandre Simões da Costa | tainadas run team | Veterano M40 | 03:09:21 | +01:36:01 | 12:37 |
| 225 | 522 | Pedro Isabel | águeda action club - actib | Senior Masculino | 03:10:11 | +01:36:51 | 12:41 |
| 226 | 521 | Pedro Cruz | águeda action club - actib | Senior Masculino | 03:10:12 | +01:36:52 | 12:41 |
| 227 | 803 | Anabela Reis | os 4 | Veterana F40 | 03:10:14 | +01:36:55 | 12:41 |
| 228 | 524 | Raquel Brito | águeda action club - actib | Veterana F45 | 03:10:42 | +01:37:22 | 12:43 |
| 229 | 791 | José Rocha | opraticante.pt | Senior Masculino | 03:10:46 | +01:37:27 | 12:43 |
| 230 | 602 | Patrícia Vaz | individual | Senior Feminino | 03:11:23 | +01:38:04 | 12:46 |
| 231 | 620 | João Ricardo Rodrigues dos Reis | individual | Senior Masculino | 03:11:25 | +01:38:05 | 12:46 |
| 232 | 536 | João Tavares | bravus team | Veterano M45 | 03:12:30 | +01:39:11 | 12:50 |
| 233 | 684 | João Paulo | individual | Veterano M40 | 03:12:57 | +01:39:38 | 12:52 |
| 234 | 634 | Ricardo Lopes | individual | Senior Masculino | 03:16:17 | +01:42:57 | 13:05 |
| 235 | 545 | Luis Pereira | censi_run | Senior Masculino | 03:16:17 | +01:42:58 | 13:05 |
| 236 | 854 | Marco Paulo dos Santos Marques | vamos a pé - taboeira | Veterano M45 | 03:17:35 | +01:44:15 | 13:10 |
| 237 | 733 | Diana Ramalho | juveforce run team | Senior Feminino | 03:18:30 | +01:45:10 | 13:14 |
| 238 | 523 | Paula Rodrigues | águeda action club - actib | Veterana F40 | 03:19:10 | +01:45:51 | 13:17 |
| 239 | 537 | João Rocha | calaceiros do choupal | Veterano M40 | 03:19:34 | +01:46:14 | 13:18 |
| 240 | 738 | Tó Zé Jesus | juveforce run team | Veterano M40 | 03:21:09 | +01:47:50 | 13:25 |
| 241 | 830 | Tiago Baptista | sport club de paradela | Senior Masculino | 03:21:53 | +01:48:34 | 13:28 |
| 242 | 785 | Ana Matos | opraticante.pt | Senior Feminino | 03:21:57 | +01:48:38 | 13:28 |
| 243 | 792 | Nuno Oliveira | opraticante.pt | Senior Masculino | 03:21:57 | +01:48:38 | 13:28 |
| 244 | 621 | Joaquim Cravo | individual | Senior Masculino | 03:22:00 | +01:48:41 | 13:28 |
| 245 | 501 | Inês Freitas | trail bela bela | Juvenil Feminino | 03:22:37 | +01:49:18 | 13:31 |
| 246 | 618 | Hugo Miguel Silva Santos | individual | Senior Masculino | 03:24:02 | +01:50:42 | 13:36 |
| 247 | 593 | Diana Patrícia Henriques Sampaio | individual | Senior Feminino | 03:25:37 | +01:52:18 | 13:43 |
| 248 | 595 | Laura Costa | individual | Senior Feminino | 03:25:37 | +01:52:18 | 13:43 |
| 249 | 782 | Nazaré Peixôto | onda team | Veterana F50 | 03:25:39 | +01:52:20 | 13:43 |
| 250 | 783 | João Carlos Soares da Cunha Dias | onda team | Veterano M55 | 03:25:40 | +01:52:20 | 13:43 |
| 251 | 745 | Cláudia Rosa | mexe mexe em excelente companhia | Senior Feminino | 03:27:32 | +01:54:12 | 13:50 |
| 252 | 750 | José Teixeira | mexe mexe em excelente companhia | Senior Masculino | 03:27:38 | +01:54:18 | 13:51 |
| 253 | 860 | Francisco Gonçalves | miranda & irmão | Senior Masculino | 03:27:53 | +01:54:33 | 13:52 |
| 254 | 544 | Diogo Grilo | censi_run | Senior Masculino | 03:28:26 | +01:55:06 | 13:54 |
| 255 | 752 | Dina Oliveira | elkazebá | Veterana F45 | 03:28:34 | +01:55:15 | 13:54 |
| 256 | 711 | António Couto | individual | Veterano M50 | 03:29:03 | +01:55:44 | 13:56 |
| 257 | 640 | Tiago Carvalho | individual | Senior Masculino | 03:31:47 | +01:58:28 | 14:07 |
| 258 | 812 | Rosa Rodrigues | saca trilhos anadia | Veterana F45 | 03:32:05 | +01:58:46 | 14:08 |
| 259 | 616 | Filipe Jose Cardoso Figueiredo | individual | Senior Masculino | 03:32:10 | +01:58:51 | 14:09 |

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|-------------------------------|--|------------------|----------|-----------|-------|
| 260 | 579 | Ricardo Barbosa | fortes barbosa | Veterano M40 | 03:32:48 | +01:59:29 | 14:11 |
| 261 | 729 | Rui Abrantes | individual | Veterano M55 | 03:33:14 | +01:59:55 | 14:13 |
| 262 | 543 | Sandra Pereira | censi_run | Senior Feminino | 03:33:16 | +01:59:57 | 14:13 |
| 263 | 547 | Paula Correia | censi_run | Veterana F45 | 03:33:17 | +01:59:57 | 14:13 |
| 264 | 757 | Sofia Costa | miro trail | Veterana F40 | 03:35:36 | +02:02:16 | 14:22 |
| 265 | 661 | Telma Neves | individual | Veterana F45 | 03:35:36 | +02:02:17 | 14:22 |
| 266 | 656 | Conceição Barreto | individual | Veterana F45 | 03:35:37 | +02:02:17 | 14:22 |
| 267 | 818 | João Coelho | serranos da estrela | Veterano M55 | 03:35:59 | +02:02:40 | 14:24 |
| 268 | 815 | Mário Severo de Matos Marinho | saca trilhos anadia | Veterano M55 | 03:37:43 | +02:04:24 | 14:31 |
| 269 | 821 | Susana Vieira | sosense trail team braga&fernandes | Veterana F45 | 03:37:50 | +02:04:30 | 14:31 |
| 270 | 717 | helio lopes | individual | Veterano M50 | 03:38:25 | +02:05:06 | 14:34 |
| 271 | 600 | Marina Simoes | individual | Senior Feminino | 03:39:04 | +02:05:44 | 14:36 |
| 272 | 776 | Amílcar Ferreira | oiãrunners | Veterano M55 | 03:39:16 | +02:05:56 | 14:37 |
| 273 | 859 | Luis Ferreira | individual | Veterano M55 | 03:39:43 | +02:06:23 | 14:39 |
| 274 | 850 | Jacqueline Dias | tribo nr | Veterana F55 | 03:40:08 | +02:06:48 | 14:41 |
| 275 | 590 | Andreia Reis | individual | Senior Feminino | 03:42:24 | +02:09:04 | 14:50 |
| 276 | 836 | Rui Almeida | sport club de parapela | Veterano M40 | 03:42:34 | +02:09:15 | 14:50 |
| 277 | 551 | Daniel Paulo Teixeira Santana | chitas | Veterano M40 | 03:42:35 | +02:09:16 | 14:50 |
| 278 | 553 | José Carlos Oliveira | chitas | Veterano M40 | 03:42:35 | +02:09:16 | 14:50 |
| 279 | 657 | Conceição Correia | individual | Veterana F45 | 03:43:59 | +02:10:40 | 14:56 |
| 280 | 807 | Hugo Martins | os convidados | Veterano M50 | 03:45:24 | +02:12:04 | 15:02 |
| 281 | 540 | Ana Antunes | censi_run | Senior Feminino | 03:45:27 | +02:12:07 | 15:02 |
| 282 | 533 | Maria Ramos | borabora. vamos lá! | Veterana F50 | 03:46:16 | +02:12:56 | 15:05 |
| 283 | 722 | Americo Pessoa | individual | Veterano M55 | 03:46:25 | +02:13:05 | 15:06 |
| 284 | 732 | João Ferreira | individual | Veterano M60 | 03:47:25 | +02:14:05 | 15:10 |
| 285 | 672 | Ana corina neves silva | individual | Veterana F60 | 03:48:43 | +02:15:23 | 15:15 |
| 286 | 675 | Maria Noemia Rolla | individual | Veterana F60 | 03:49:13 | +02:15:54 | 15:17 |
| 287 | 598 | Mariana Brás Alegria | individual | Senior Feminino | 03:49:21 | +02:16:01 | 15:17 |
| 288 | 762 | Luís Balreira | noctis trail | Senior Masculino | 03:49:21 | +02:16:02 | 15:17 |
| 289 | 649 | Daniela Glória | individual | Veterana F40 | 03:49:25 | +02:16:05 | 15:18 |
| 290 | 654 | Carla Neves | individual | Veterana F45 | 03:50:22 | +02:17:02 | 15:21 |
| 291 | 693 | Rui Filipe Lourenço da Cunha | individual | Veterano M40 | 03:51:26 | +02:18:07 | 15:26 |
| 292 | 665 | Lurdes Soares | individual | Veterana F50 | 03:51:26 | +02:18:07 | 15:26 |
| 293 | 652 | Carla Claudino | individual | Veterana F45 | 03:51:27 | +02:18:07 | 15:26 |
| 294 | 853 | João Pedro de Matos Simões | vamos a pé - taboeira | Senior Masculino | 03:54:15 | +02:20:56 | 15:37 |
| 295 | 135 | Carla Moreira | os bota | Veterana F40 | 03:57:13 | +02:23:54 | 15:49 |
| 296 | 662 | Alexandra Moreira | individual | Veterana F50 | 03:57:37 | +02:24:18 | 15:51 |
| 297 | 538 | Dulce Silva | catr-correio de albergaria trail running | Veterana F50 | 03:58:51 | +02:25:32 | 15:55 |
| 298 | 601 | Patrícia Melo | individual | Senior Feminino | 03:59:00 | +02:25:40 | 15:56 |
| 299 | 603 | Susana Tavares | individual | Senior Feminino | 03:59:29 | +02:26:09 | 15:58 |
| 300 | 589 | ANA SANTOS | individual | Senior Feminino | 04:03:09 | +02:29:49 | 16:13 |
| 301 | 591 | Beatriz Correia | trail bela bela | Sub 23 Feminino | 04:03:45 | +02:30:26 | 16:15 |
| 302 | 718 | José Carlos Barbosa silva | individual | Veterano M50 | 04:04:18 | +02:30:59 | 16:17 |
| 303 | 730 | Rui Ferreira | individual | Veterano M55 | 04:06:45 | +02:33:26 | 16:27 |
| 304 | 781 | Elizabete Ferreira | onda team | Veterana F50 | 04:06:45 | +02:33:26 | 16:27 |

TRAIL CURTO - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|-------------------------------|----------------------------------|------------------|----------|-----------|-------|
| 305 | 541 | Liliana Lopes | censi_run | Senior Feminino | 04:10:03 | +02:36:44 | 16:40 |
| 306 | 542 | Patricia Miranda | censi_run | Senior Feminino | 04:10:58 | +02:37:38 | 16:44 |
| 307 | 651 | Vera Lúcia Antunes Pereira | individual | Veterana F40 | 04:13:09 | +02:39:50 | 16:53 |
| 308 | 681 | Francisco Mesqira Soares | individual | Veterano M40 | 04:13:10 | +02:39:50 | 16:53 |
| 309 | 557 | Filipa Paiva | corre são joão | Senior Feminino | 04:16:40 | +02:43:20 | 17:07 |
| 310 | 555 | Alice Matos | corre são joão | Senior Feminino | 04:16:40 | +02:43:21 | 17:07 |
| 311 | 556 | Dina Hortelão | corre são joão | Senior Feminino | 04:16:41 | +02:43:21 | 17:07 |
| 312 | 607 | Danie Gonçalves | individual | Senior Masculino | 04:18:21 | +02:45:01 | 17:13 |
| 313 | 596 | Magda Sousa | individual | Senior Feminino | 04:18:21 | +02:45:01 | 17:13 |
| 314 | 546 | Cláudia Ferreira | censi_run | Veterana F45 | 04:18:28 | +02:45:09 | 17:14 |
| 315 | 613 | ELTON MARTINS | individual | Senior Masculino | 04:20:18 | +02:46:58 | 17:21 |
| 316 | 765 | Sérgio Moreira | nós2 | Veterano M40 | 04:23:33 | +02:50:14 | 17:34 |
| 317 | 764 | Vera Moreira | nós2 | Senior Feminino | 04:23:33 | +02:50:14 | 17:34 |
| 318 | 670 | Paula cristina Oliveira silva | individual | Veterana F55 | 04:33:19 | +03:00:00 | 18:13 |
| 319 | 849 | José Dara | trepatrihos trail team | Veterano M60 | 04:44:13 | +03:10:53 | 18:57 |
| 320 | 749 | Fábio Marques | mexe mexe em excelente companhia | Senior Masculino | 05:06:50 | +03:33:31 | 20:27 |
| 321 | 778 | Pedro Alexandre Correia | oliveira | Veterano M45 | 05:21:49 | +03:48:29 | 21:27 |
| 322 | 777 | Andreia Oliveira | oliveira | Veterana F40 | 05:21:49 | +03:48:29 | 21:27 |

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 09:35 | 11,3°C | 86% |
| End | 14:56 | 11,3°C | 86% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

Junior Feminino

| | | | | | | | |
|---|-----|---------------|-------------|-----------------|----------|-----------|-------|
| 1 | 510 | Mariana Alves | AAM Runners | Junior Feminino | 02:42:13 | +01:08:54 | 10:49 |
|---|-----|---------------|-------------|-----------------|----------|-----------|-------|

Junior Masculino

| | | | | | | | |
|---|-----|-------------------|-----------------|------------------|----------|--------|-------|
| 1 | 507 | Leandro Domingues | Trail Bela Bela | Junior Masculino | 02:08:07 | +34:47 | 08:32 |
|---|-----|-------------------|-----------------|------------------|----------|--------|-------|

Juvenil Feminino

| | | | | | | | |
|---|-----|------------------|-----------------|------------------|----------|-----------|-------|
| 1 | 502 | Margarida Duarte | Trail Bela Bela | Juvenil Feminino | 03:01:12 | +01:27:53 | 12:05 |
|---|-----|------------------|-----------------|------------------|----------|-----------|-------|

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|---|-----|--------------|-----------------|------------------|----------|-----------|-------|
| 2 | 501 | Inês Freitas | Trail Bela Bela | Juvenil Feminino | 03:22:37 | +01:49:18 | 13:31 |
|---|-----|--------------|-----------------|------------------|----------|-----------|-------|

Juvenil Masculino

| | | | | | | | |
|---|-----|-----------------------|-----------------|-------------------|----------|-----------|-------|
| 1 | 506 | Daniel Sao Bento cruz | Trail Bela Bela | Juvenil Masculino | 02:42:19 | +01:08:59 | 10:49 |
|---|-----|-----------------------|-----------------|-------------------|----------|-----------|-------|

Senior Feminino

| | | | | | | | |
|---|-----|---------------|----------------------------|-----------------|----------|--------|-------|
| 1 | 520 | Inês Teixeira | Águeda Action Club - ACTIB | Senior Feminino | 02:09:15 | +35:55 | 08:37 |
|---|-----|---------------|----------------------------|-----------------|----------|--------|-------|

| | | | | | | | |
|---|-----|-------------------|-----------------|-----------------|----------|--------|-------|
| 2 | 504 | Felícia Fernandes | Trail Bela Bela | Senior Feminino | 02:13:50 | +40:30 | 08:55 |
|---|-----|-------------------|-----------------|-----------------|----------|--------|-------|

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|---|-----|-------------|-----------------|-----------------|----------|--------|-------|
| 3 | 505 | Teresa Reis | Trail Bela Bela | Senior Feminino | 02:16:36 | +43:17 | 09:06 |
|---|-----|-------------|-----------------|-----------------|----------|--------|-------|

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|---|-----|-----------------|------------|-----------------|----------|--------|-------|
| 4 | 581 | Mariana Pereira | Goodfellas | Senior Feminino | 02:26:49 | +53:30 | 09:47 |
|---|-----|-----------------|------------|-----------------|----------|--------|-------|

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|---|-----|---------------------|----------------|-----------------|----------|--------|-------|
| 5 | 784 | Ana Mafalda Pereira | OPraticante.pt | Senior Feminino | 02:28:54 | +55:35 | 09:56 |
|---|-----|---------------------|----------------|-----------------|----------|--------|-------|

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|---|-----|-------------|------------|-----------------|----------|-----------|-------|
| 6 | 588 | Ana Antunes | Individual | Senior Feminino | 02:34:12 | +01:00:53 | 10:17 |
|---|-----|-------------|------------|-----------------|----------|-----------|-------|

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|---|-----|---------------|------------------------|-----------------|----------|-----------|-------|
| 7 | 822 | Daniela Silva | Sport Club de Paradela | Senior Feminino | 02:35:10 | +01:01:51 | 10:21 |
|---|-----|---------------|------------------------|-----------------|----------|-----------|-------|

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|---|-----|---------------|------------|-----------------|----------|-----------|-------|
| 8 | 755 | Liliana Sousa | Miro Trail | Senior Feminino | 02:40:16 | +01:06:57 | 10:41 |
|---|-----|---------------|------------|-----------------|----------|-----------|-------|

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|---|-----|------------|----------------|-----------------|----------|-----------|-------|
| 9 | 786 | Ivone Reis | OPraticante.pt | Senior Feminino | 02:45:37 | +01:12:17 | 11:02 |
|---|-----|------------|----------------|-----------------|----------|-----------|-------|

| | | | | | | | |
|----|-----|---------------|------------|-----------------|----------|-----------|-------|
| 10 | 594 | Joana Canário | Individual | Senior Feminino | 02:45:54 | +01:12:34 | 11:04 |
|----|-----|---------------|------------|-----------------|----------|-----------|-------|

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|----|-----|--------------|-------------------|-----------------|----------|-----------|-------|
| 11 | 838 | Teresa Pinho | Tainadas Run Team | Senior Feminino | 02:47:41 | +01:14:21 | 11:11 |
|----|-----|--------------|-------------------|-----------------|----------|-----------|-------|

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|----|-----|----------------|------------|-----------------|----------|-----------|-------|
| 12 | 756 | Patrícia Lopes | Miro trail | Senior Feminino | 02:50:54 | +01:17:35 | 11:24 |
|----|-----|----------------|------------|-----------------|----------|-----------|-------|

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|----|-----|---------------------------------|------------|-----------------|----------|-----------|-------|
| 13 | 870 | Mariana Vanessa Henriques Costa | Individual | Senior Feminino | 02:51:40 | +01:18:21 | 11:27 |
|----|-----|---------------------------------|------------|-----------------|----------|-----------|-------|

| | | | | | | | |
|----|-----|------------|--------|-----------------|----------|-----------|-------|
| 14 | 534 | Ana Branco | Branco | Senior Feminino | 02:52:48 | +01:19:29 | 11:31 |
|----|-----|------------|--------|-----------------|----------|-----------|-------|

| | | | | | | | |
|----|-----|------------------|------------|-----------------|----------|-----------|-------|
| 15 | 767 | Patrícia Pereira | Oiãrunners | Senior Feminino | 02:53:09 | +01:19:49 | 11:33 |
|----|-----|------------------|------------|-----------------|----------|-----------|-------|

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|----|-----|----------------------|-----------|-----------------|----------|-----------|-------|
| 16 | 519 | Inês Silva Gonçalves | AFIS/Ovar | Senior Feminino | 02:56:16 | +01:22:57 | 11:45 |
|----|-----|----------------------|-----------|-----------------|----------|-----------|-------|

| | | | | | | | |
|----|-----|--------------|------------|-----------------|----------|-----------|-------|
| 17 | 592 | Carina Lopes | Individual | Senior Feminino | 03:00:13 | +01:26:53 | 12:01 |
|----|-----|--------------|------------|-----------------|----------|-----------|-------|

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|----|-----|-------------|------------------------|-----------------|----------|-----------|-------|
| 18 | 844 | Vera Pessoa | Tartarugas dos Trilhos | Senior Feminino | 03:02:08 | +01:28:49 | 12:09 |
|----|-----|-------------|------------------------|-----------------|----------|-----------|-------|

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|----|-----|--------------|------------|-----------------|----------|-----------|-------|
| 19 | 597 | Mara Almeida | Individual | Senior Feminino | 03:08:47 | +01:35:27 | 12:35 |
|----|-----|--------------|------------|-----------------|----------|-----------|-------|

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|----|-----|--------------|------------|-----------------|----------|-----------|-------|
| 20 | 602 | Patrícia Vaz | Individual | Senior Feminino | 03:11:23 | +01:38:04 | 12:46 |
|----|-----|--------------|------------|-----------------|----------|-----------|-------|

| | | | | | | | |
|----|-----|---------------|--------------------|-----------------|----------|-----------|-------|
| 21 | 733 | Diana Ramalho | Juveforce Run Team | Senior Feminino | 03:18:30 | +01:45:10 | 13:14 |
|----|-----|---------------|--------------------|-----------------|----------|-----------|-------|

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|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 1 / 9 | generate 02-abr-2023 14:58 |
|-----------------------------|-------|----------------------------|

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|-----|----------------------------------|----------------------------------|-----------------|----------|-----------|-------|
| 22 | 785 | Ana Matos | OPraticante.pt | Senior Feminino | 03:21:57 | +01:48:38 | 13:28 |
| 23 | 593 | Diana Patrícia Henriques Sampaio | Individual | Senior Feminino | 03:25:37 | +01:52:18 | 13:43 |
| 24 | 595 | Laura Costa | Individual | Senior Feminino | 03:25:37 | +01:52:18 | 13:43 |
| 25 | 745 | Cláudia Rosa | Mexe mexe em excelente companhia | Senior Feminino | 03:27:32 | +01:54:12 | 13:50 |
| 26 | 543 | Sandra Pereira | CENSI_RUN | Senior Feminino | 03:33:16 | +01:59:57 | 14:13 |
| 27 | 600 | Marina Simoes | Individual | Senior Feminino | 03:39:04 | +02:05:44 | 14:36 |
| 28 | 590 | Andreia Reis | Individual | Senior Feminino | 03:42:24 | +02:09:04 | 14:50 |
| 29 | 540 | Ana Antunes | CENSI_RUN | Senior Feminino | 03:45:27 | +02:12:07 | 15:02 |
| 30 | 598 | Mariana Brás Alegria | Individual | Senior Feminino | 03:49:21 | +02:16:01 | 15:17 |
| 31 | 601 | Patrícia Melo | Individual | Senior Feminino | 03:59:00 | +02:25:40 | 15:56 |
| 32 | 603 | Susana Tavares | Individual | Senior Feminino | 03:59:29 | +02:26:09 | 15:58 |
| 33 | 589 | ANA SANTOS | Individual | Senior Feminino | 04:03:09 | +02:29:49 | 16:13 |
| 34 | 541 | Liliana Lopes | CENSI_RUN | Senior Feminino | 04:10:03 | +02:36:44 | 16:40 |
| 35 | 542 | Patricia Miranda | CENSI_RUN | Senior Feminino | 04:10:58 | +02:37:38 | 16:44 |
| 36 | 557 | Filipa Paiva | Corre São João | Senior Feminino | 04:16:40 | +02:43:20 | 17:07 |
| 37 | 555 | Alice Matos | Corre São João | Senior Feminino | 04:16:40 | +02:43:21 | 17:07 |
| 38 | 556 | Dina Hortelão | Corre São João | Senior Feminino | 04:16:41 | +02:43:21 | 17:07 |
| 39 | 596 | Magda Sousa | Individual | Senior Feminino | 04:18:21 | +02:45:01 | 17:13 |
| 40 | 764 | Vera Moreira | NÓS2 | Senior Feminino | 04:23:33 | +02:50:14 | 17:34 |

Senior Masculino

| | | | | | | | |
|----|-----|------------------------------|---------------------------------------|------------------|----------|--------|-------|
| 1 | 568 | Hugo Silva | Dura-F1 Raceteam | Senior Masculino | 01:33:19 | | 06:13 |
| 2 | 508 | Rui Figueiredo | Trail Bela Bela | Senior Masculino | 01:35:02 | +01:42 | 06:20 |
| 3 | 827 | Luís Manuel de Pinho Diogo | Sport Club de Paradela | Senior Masculino | 01:39:28 | +06:09 | 06:38 |
| 4 | 554 | Pedro Sousa | Cleide Martins Gab. Fisioterapia | Senior Masculino | 01:39:35 | +06:15 | 06:38 |
| 5 | 789 | João Matos | OPraticante.pt | Senior Masculino | 01:39:52 | +06:33 | 06:40 |
| 6 | 583 | João Coentrão | Grupo Recreativo Eirense | Senior Masculino | 01:40:19 | +06:59 | 06:41 |
| 7 | 808 | André Santos | PEGASUS OCR PROTEAM | Senior Masculino | 01:41:00 | +07:41 | 06:44 |
| 8 | 513 | Ricardo Fernandes | Académica de coimbra | Senior Masculino | 01:42:57 | +09:37 | 06:52 |
| 9 | 627 | Miguel Lourenço | Individual | Senior Masculino | 01:46:27 | +13:07 | 07:06 |
| 10 | 788 | Domingos Vieira | OPraticante.pt | Senior Masculino | 01:48:59 | +15:39 | 07:16 |
| 11 | 569 | José Pinheiro | Dura-F1 Raceteam | Senior Masculino | 01:51:08 | +17:48 | 07:25 |
| 12 | 790 | José Manuel Sousa | OPraticante.pt | Senior Masculino | 01:52:31 | +19:11 | 07:30 |
| 13 | 787 | Augusto Tavares | OPraticante.pt | Senior Masculino | 01:54:11 | +20:51 | 07:37 |
| 14 | 829 | Marcos André Jesus Ferreira | Sport Club de Paradela | Senior Masculino | 01:55:29 | +22:10 | 07:42 |
| 15 | 809 | José Belbuche | Penature Trail Team | Senior Masculino | 01:55:48 | +22:28 | 07:43 |
| 16 | 826 | José Silva | Sport Club de Paradela | Senior Masculino | 01:56:13 | +22:54 | 07:45 |
| 17 | 793 | Sérgio Ruela | OPraticante.pt | Senior Masculino | 01:58:54 | +25:34 | 07:56 |
| 18 | 559 | Miguel Paiva | Correr Fermelã | Senior Masculino | 02:01:32 | +28:12 | 08:06 |
| 19 | 862 | Hélder Ricardo Lopes Barbosa | Individual | Senior Masculino | 02:02:12 | +28:52 | 08:09 |
| 20 | 760 | Filipe Costa | NAR - Núcleo de Atletismo de Requeixo | Senior Masculino | 02:02:29 | +29:09 | 08:10 |
| 21 | 625 | Luís Miguel Ferreira Marques | Individual | Senior Masculino | 02:04:12 | +30:53 | 08:17 |
| 22 | 573 | Hugo André Tavares Amaral | Equipa Goodfellas | Senior Masculino | 02:06:40 | +33:20 | 08:27 |
| 23 | 511 | Pedro Alves | AAM Runners | Senior Masculino | 02:06:53 | +33:33 | 08:28 |

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| Official Timekeeper: Lap2Go | 2 / 9 | generate 02-abr-2023 14:58 |
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Trail Curto

15 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|-----|-----------------------------------|------------------------------------|------------------|----------|-----------|-------|
| 24 | 626 | Marcos Roldão | Individual | Senior Masculino | 02:07:02 | +33:42 | 08:28 |
| 25 | 560 | Rui Oliveira | Correr Fermelã | Senior Masculino | 02:07:29 | +34:09 | 08:30 |
| 26 | 770 | Tiago Simoes | Oiãrunners | Senior Masculino | 02:08:56 | +35:36 | 08:36 |
| 27 | 828 | Luis Silva | Sport Club de Paradela | Senior Masculino | 02:08:56 | +35:36 | 08:36 |
| 28 | 824 | Cláudio Agostinho | Sport Club de Paradela | Senior Masculino | 02:08:56 | +35:36 | 08:36 |
| 29 | 517 | Rui Silveira | ADI - Ílhavo | Senior Masculino | 02:12:12 | +38:52 | 08:49 |
| 30 | 769 | Ruben Moreira | Oiãrunners | Senior Masculino | 02:12:45 | +39:25 | 08:51 |
| 31 | 629 | Nuno Ribeiro | Individual | Senior Masculino | 02:13:27 | +40:07 | 08:54 |
| 32 | 736 | Miguel Pereira | Juveforce Run Team | Senior Masculino | 02:13:46 | +40:27 | 08:55 |
| 33 | 819 | Paulo Pires | Sosense trail team Braga&Fernandes | Senior Masculino | 02:14:31 | +41:12 | 08:58 |
| 34 | 623 | Jorge Miguel Rodrigues Pereira | Individual | Senior Masculino | 02:14:42 | +41:22 | 08:59 |
| 35 | 609 | Daniel Tomás | Individual | Senior Masculino | 02:16:01 | +42:42 | 09:04 |
| 36 | 622 | Jorge Cardoso | Individual | Senior Masculino | 02:16:15 | +42:55 | 09:05 |
| 37 | 768 | Hugo Marques | Oiãrunners | Senior Masculino | 02:17:15 | +43:55 | 09:09 |
| 38 | 608 | Daniel Alexandre | Individual | Senior Masculino | 02:19:29 | +46:10 | 09:18 |
| 39 | 737 | Rafael Simões | Juveforce Run Team | Senior Masculino | 02:23:10 | +49:50 | 09:33 |
| 40 | 605 | Bruno Manuel Rodrigues Tavares | Individual | Senior Masculino | 02:25:07 | +51:47 | 09:40 |
| 41 | 735 | Edgar Simões | Juveforce Run Team | Senior Masculino | 02:25:10 | +51:51 | 09:41 |
| 42 | 632 | Paulo Ricardo Pereira da Costa | Individual | Senior Masculino | 02:27:17 | +53:58 | 09:49 |
| 43 | 604 | André Oliveira | Individual | Senior Masculino | 02:29:08 | +55:49 | 09:57 |
| 44 | 643 | Vasco Campos | Individual | Senior Masculino | 02:30:20 | +57:01 | 10:01 |
| 45 | 817 | Sérgio Henriques | Segimprima Running Team | Senior Masculino | 02:30:32 | +57:13 | 10:02 |
| 46 | 639 | Samuel Martinho | Individual | Senior Masculino | 02:30:45 | +57:26 | 10:03 |
| 47 | 635 | Ricardo Miguel de Almeida Tavares | Individual | Senior Masculino | 02:33:44 | +01:00:24 | 10:15 |
| 48 | 615 | Fábio Costa | Individual | Senior Masculino | 02:34:17 | +01:00:58 | 10:17 |
| 49 | 527 | Marco Dias | Associação "Os Vouzelenses" | Senior Masculino | 02:34:18 | +01:00:59 | 10:17 |
| 50 | 642 | Tiago Pereira | Individual | Senior Masculino | 02:34:20 | +01:01:00 | 10:17 |
| 51 | 734 | Alexandre Simões | Juveforce Run Team | Senior Masculino | 02:35:12 | +01:01:53 | 10:21 |
| 52 | 624 | JOSE PAULOS | Individual | Senior Masculino | 02:35:39 | +01:02:19 | 10:23 |
| 53 | 575 | Jose Matos | Espigueiros runners-caparrosinha | Senior Masculino | 02:35:51 | +01:02:31 | 10:23 |
| 54 | 816 | Pedro Pereira | Segimprima Running Team | Senior Masculino | 02:38:14 | +01:04:55 | 10:33 |
| 55 | 636 | Ricardo Morais | Individual | Senior Masculino | 02:38:54 | +01:05:35 | 10:36 |
| 56 | 825 | Diogo Silva | Sport Club de Paradela | Senior Masculino | 02:39:08 | +01:05:49 | 10:37 |
| 57 | 633 | Ricardo Jesus | Individual | Senior Masculino | 02:40:11 | +01:06:52 | 10:41 |
| 58 | 861 | Pedro Henrique Tinoco Nunes | Individual | Senior Masculino | 02:40:16 | +01:06:57 | 10:41 |
| 59 | 617 | Gonçalo Louro | Individual | Senior Masculino | 02:41:48 | +01:08:29 | 10:47 |
| 60 | 641 | Tiago Miguel Rodrigues Gonçalves | Individual | Senior Masculino | 02:43:34 | +01:10:15 | 10:54 |
| 61 | 619 | João Rafael Costa Sousa | Individual | Senior Masculino | 02:43:34 | +01:10:15 | 10:54 |
| 62 | 628 | Nuno Filipe Praça Sousa | Individual | Senior Masculino | 02:43:36 | +01:10:16 | 10:54 |
| 63 | 516 | António Gonçalves | ADI - Ílhavo | Senior Masculino | 02:45:52 | +01:12:33 | 11:04 |
| 64 | 610 | Diogo Costa | Individual | Senior Masculino | 02:47:02 | +01:13:42 | 11:08 |
| 65 | 839 | Joni Pandeirada Rocha | Tainadas Run Team | Senior Masculino | 02:47:41 | +01:14:22 | 11:11 |
| 66 | 840 | Kevin Jesus Regalado | Tainadas Run Team | Senior Masculino | 02:47:41 | +01:14:22 | 11:11 |
| 67 | 820 | Vicente Santos Julião | Sosense trail team Braga&Fernandes | Senior Masculino | 02:49:48 | +01:16:29 | 11:19 |
| 68 | 611 | Elio Fonseca | Individual | Senior Masculino | 02:52:19 | +01:18:59 | 11:29 |

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| Official Timekeeper: Lap2Go | 3 / 9 | generate 02-abr-2023 14:58 |
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Trail Curto

15 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | | | | | | | |
|----|-----|---------------------------------|----------------------------------|------------------|----------|-----------|-------|
| 69 | 614 | Emanuel Silva | Individual | Senior Masculino | 02:53:53 | +01:20:33 | 11:36 |
| 70 | 631 | Paulo Nuno Centeio Matafome | Individual | Senior Masculino | 03:00:44 | +01:27:24 | 12:03 |
| 71 | 565 | Ruben Neves | Desportivo Atletico de Recardães | Senior Masculino | 03:05:08 | +01:31:48 | 12:21 |
| 72 | 865 | Paulo Abrantes | Miranda & Irmão | Senior Masculino | 03:08:02 | +01:34:42 | 12:32 |
| 73 | 522 | Pedro Isabel | Águeda Action Club - ACTIB | Senior Masculino | 03:10:11 | +01:36:51 | 12:41 |
| 74 | 521 | Pedro Cruz | Águeda Action Club - ACTIB | Senior Masculino | 03:10:12 | +01:36:52 | 12:41 |
| 75 | 791 | José Rocha | OPraticante.pt | Senior Masculino | 03:10:46 | +01:37:27 | 12:43 |
| 76 | 620 | João Ricardo Rodrigues dos Reis | Individual | Senior Masculino | 03:11:25 | +01:38:05 | 12:46 |
| 77 | 634 | Ricardo Lopes | Individual | Senior Masculino | 03:16:17 | +01:42:57 | 13:05 |
| 78 | 545 | Luis Pereira | CENSI_RUN | Senior Masculino | 03:16:17 | +01:42:58 | 13:05 |
| 79 | 830 | Tiago Baptista | Sport Club de Paradela | Senior Masculino | 03:21:53 | +01:48:34 | 13:28 |
| 80 | 792 | Nuno Oliveira | OPraticante.pt | Senior Masculino | 03:21:57 | +01:48:38 | 13:28 |
| 81 | 621 | Joaquim Cravo | Individual | Senior Masculino | 03:22:00 | +01:48:41 | 13:28 |
| 82 | 618 | Hugo Miguel Silva Santos | Individual | Senior Masculino | 03:24:02 | +01:50:42 | 13:36 |
| 83 | 750 | José Teixeira | Mexe mexe em excelente companhia | Senior Masculino | 03:27:38 | +01:54:18 | 13:51 |
| 84 | 860 | Francisco Gonçalves | Miranda & Irmão | Senior Masculino | 03:27:53 | +01:54:33 | 13:52 |
| 85 | 544 | Diogo Grilo | CENSI_RUN | Senior Masculino | 03:28:26 | +01:55:06 | 13:54 |
| 86 | 640 | Tiago Carvalho | Individual | Senior Masculino | 03:31:47 | +01:58:28 | 14:07 |
| 87 | 616 | Filipe Jose Cardoso Figueiredo | Individual | Senior Masculino | 03:32:10 | +01:58:51 | 14:09 |
| 88 | 762 | Luis Balreira | NOCTIS TRAIL | Senior Masculino | 03:49:21 | +02:16:02 | 15:17 |
| 89 | 853 | João Pedro de Matos Simões | Vamos a Pé - Taboeira | Senior Masculino | 03:54:15 | +02:20:56 | 15:37 |
| 90 | 607 | Danie Gonçalves | Individual | Senior Masculino | 04:18:21 | +02:45:01 | 17:13 |
| 91 | 613 | ELTON MARTINS | Individual | Senior Masculino | 04:20:18 | +02:46:58 | 17:21 |
| 92 | 749 | Fábio Marques | Mexe mexe em excelente companhia | Senior Masculino | 05:06:50 | +03:33:31 | 20:27 |

Sub 23 Feminino

| | | | | | | | |
|---|-----|-----------------|-----------------|-----------------|----------|-----------|-------|
| 1 | 503 | Mariana Santos | Trail Bela Bela | Sub 23 Feminino | 02:35:51 | +01:02:31 | 10:23 |
| 2 | 591 | Beatriz Correia | Trail Bela Bela | Sub 23 Feminino | 04:03:45 | +02:30:26 | 16:15 |

Sub 23 Masculino

| | | | | | | | |
|---|-----|-------------------|--------------|------------------|----------|-----------|-------|
| 1 | 645 | Fábio Simões | Individual | Sub 23 Masculino | 01:55:48 | +22:29 | 07:43 |
| 2 | 644 | André Abreu | Individual | Sub 23 Masculino | 02:20:15 | +46:56 | 09:21 |
| 3 | 526 | Gabriel Gonçalves | Anadiabikers | Sub 23 Masculino | 02:41:46 | +01:08:27 | 10:47 |

Veterana F40

| | | | | | | | |
|---|-----|--------------------------|----------------------------|--------------|----------|-----------|-------|
| 1 | 561 | Márcia Martins | DCI - Trilhos Luso Bussaco | Veterana F40 | 02:03:15 | +29:56 | 08:13 |
| 2 | 646 | Ana Marisa Fonseca Lopes | Individual | Veterana F40 | 02:32:37 | +59:18 | 10:11 |
| 3 | 532 | Isabel Coimbra | Blackbulls Cycling Team | Veterana F40 | 02:43:22 | +01:10:02 | 10:53 |
| 4 | 647 | ANDREIA PAULOS | Individual | Veterana F40 | 02:43:44 | +01:10:25 | 10:55 |
| 5 | 795 | Marta Carmo | OPraticante.pt | Veterana F40 | 02:47:48 | +01:14:29 | 11:11 |
| 6 | 650 | Tânia Mateus | Individual | Veterana F40 | 02:55:02 | +01:21:43 | 11:40 |

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Trail Curto

15 KM

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OFFICIAL RESULT

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|----|-----|----------------------------|----------------------------|--------------|----------|-----------|-------|
| 7 | 796 | Patrícia Lamego | OPraticante.pt | Veterana F40 | 03:04:50 | +01:31:30 | 12:19 |
| 8 | 803 | Anabela Reis | Os 4 | Veterana F40 | 03:10:14 | +01:36:55 | 12:41 |
| 9 | 523 | Paula Rodrigues | Águeda Action Club - ACTIB | Veterana F40 | 03:19:10 | +01:45:51 | 13:17 |
| 10 | 757 | Sofia Costa | Miro Trail | Veterana F40 | 03:35:36 | +02:02:16 | 14:22 |
| 11 | 649 | Daniela Glória | Individual | Veterana F40 | 03:49:25 | +02:16:05 | 15:18 |
| 12 | 135 | Carla Moreira | Os Bota | Veterana F40 | 03:57:13 | +02:23:54 | 15:49 |
| 13 | 651 | Vera Lúcia Antunes Pereira | Individual | Veterana F40 | 04:13:09 | +02:39:50 | 16:53 |
| 14 | 777 | Andreia Oliveira | Oliveira | Veterana F40 | 05:21:49 | +03:48:29 | 21:27 |

Veterana F45

| | | | | | | | |
|----|-----|---------------------|------------------------------------|--------------|----------|-----------|-------|
| 1 | 659 | Sandra Lopes | Individual | Veterana F45 | 02:14:29 | +41:10 | 08:58 |
| 2 | 660 | Susana Cerqueira | Individual | Veterana F45 | 02:43:33 | +01:10:13 | 10:54 |
| 3 | 831 | Sofia Costa | Sport Club de Paradela | Veterana F45 | 02:56:32 | +01:23:12 | 11:46 |
| 4 | 658 | Rosabell Dos Santos | Individual | Veterana F45 | 03:08:38 | +01:35:19 | 12:35 |
| 5 | 524 | Raquel Brito | Águeda Action Club - ACTIB | Veterana F45 | 03:10:42 | +01:37:22 | 12:43 |
| 6 | 752 | Dina Oliveira | Elkazebá | Veterana F45 | 03:28:34 | +01:55:15 | 13:54 |
| 7 | 812 | Rosa Rodrigues | Saca Trilhos Anadia | Veterana F45 | 03:32:05 | +01:58:46 | 14:08 |
| 8 | 547 | Paula Correia | CENSI_RUN | Veterana F45 | 03:33:17 | +01:59:57 | 14:13 |
| 9 | 661 | Telma Neves | Individual | Veterana F45 | 03:35:36 | +02:02:17 | 14:22 |
| 10 | 656 | Conceição Barreto | Individual | Veterana F45 | 03:35:37 | +02:02:17 | 14:22 |
| 11 | 821 | Susana Vieira | Sosense trail team Braga&Fernandes | Veterana F45 | 03:37:50 | +02:04:30 | 14:31 |
| 12 | 657 | Conceição Correia | Individual | Veterana F45 | 03:43:59 | +02:10:40 | 14:56 |
| 13 | 654 | Carla Neves | Individual | Veterana F45 | 03:50:22 | +02:17:02 | 15:21 |
| 14 | 652 | Carla Claudino | Individual | Veterana F45 | 03:51:27 | +02:18:07 | 15:26 |
| 15 | 546 | Cláudia Ferreira | CENSI_RUN | Veterana F45 | 04:18:28 | +02:45:09 | 17:14 |

Veterana F50

| | | | | | | | |
|----|-----|-------------------------------|--|--------------|----------|-----------|-------|
| 1 | 666 | MARIA RITA DA SILVA FERNANDES | Individual | Veterana F50 | 02:33:08 | +59:49 | 10:13 |
| 2 | 667 | ROSÁRIO MIRANDA | Individual | Veterana F50 | 02:39:31 | +01:06:11 | 10:38 |
| 3 | 832 | Kelly Farias | Sport Club de Paradela | Veterana F50 | 02:54:35 | +01:21:16 | 11:38 |
| 4 | 548 | São Simões | CENSI_RUN | Veterana F50 | 02:55:14 | +01:21:55 | 11:41 |
| 5 | 664 | Celia Oliveira | Individual | Veterana F50 | 03:09:20 | +01:36:01 | 12:37 |
| 6 | 782 | Nazaré Peixôto | ONDA TEAM | Veterana F50 | 03:25:39 | +01:52:20 | 13:43 |
| 7 | 533 | Maria Ramos | BoraBora. Vamos Lá! | Veterana F50 | 03:46:16 | +02:12:56 | 15:05 |
| 8 | 665 | Lurdes Soares | Individual | Veterana F50 | 03:51:26 | +02:18:07 | 15:26 |
| 9 | 662 | Alexandra Moreira | Individual | Veterana F50 | 03:57:37 | +02:24:18 | 15:51 |
| 10 | 538 | Dulce Silva | CATR-Correio de Albergaria Trail Running | Veterana F50 | 03:58:51 | +02:25:32 | 15:55 |
| 11 | 781 | Elizabeth Ferreira | ONDA TEAM | Veterana F50 | 04:06:45 | +02:33:26 | 16:27 |

Veterana F55

| | | | | | | | |
|---|-----|---------------|-----------------|--------------|----------|--------|-------|
| 1 | 669 | Carmo Marinho | Clube Rio Largo | Veterana F55 | 02:21:12 | +47:53 | 09:25 |
|---|-----|---------------|-----------------|--------------|----------|--------|-------|

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| Official Timekeeper: Lap2Go | 5 / 9 | generate 02-abr-2023 14:58 |
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Trail Curto**15 KM**

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OFFICIAL RESULT

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|---|-----|-------------------------------|----------------------------------|--------------|----------|-----------|-------|
| 2 | 671 | Rosa Cerveira | Individual | Veterana F55 | 02:40:29 | +01:07:10 | 10:42 |
| 3 | 576 | Maria carriço | Espigueiros runners-caparrosinha | Veterana F55 | 03:04:23 | +01:31:03 | 12:18 |
| 4 | 850 | Jacqueline Dias | TRIBO NR | Veterana F55 | 03:40:08 | +02:06:48 | 14:41 |
| 5 | 670 | Paula cristina Oliveira silva | Individual | Veterana F55 | 04:33:19 | +03:00:00 | 18:13 |

Veterana F60

| | | | | | | | |
|---|-----|------------------------|------------|--------------|----------|-----------|-------|
| 1 | 672 | Ana corina neves silva | Individual | Veterana F60 | 03:48:43 | +02:15:23 | 15:15 |
| 2 | 675 | Maria Noemia Rolla | Individual | Veterana F60 | 03:49:13 | +02:15:54 | 15:17 |

Veterano M40

| | | | | | | | |
|----|-----|-------------------------------|--|--------------|----------|-----------|-------|
| 1 | 695 | Sérgio Manito | Individual | Veterano M40 | 01:35:57 | +02:37 | 06:24 |
| 2 | 835 | Márcio Silva | Sport Club de Paradela | Veterano M40 | 01:44:51 | +11:31 | 06:59 |
| 3 | 833 | Bruno Baptista | Sport Club de Paradela | Veterano M40 | 01:47:39 | +14:20 | 07:11 |
| 4 | 580 | Márcio Silva | Gazelas Team | Veterano M40 | 01:48:07 | +14:48 | 07:13 |
| 5 | 682 | Hugo Ventura | Individual | Veterano M40 | 01:49:50 | +16:31 | 07:19 |
| 6 | 582 | Luís Filipe de Almeida Guerra | Goodfellas | Veterano M40 | 01:50:37 | +17:18 | 07:23 |
| 7 | 584 | Bruno Rodrigues | Haertha/TendernessCapacity - Trail Running | Veterano M40 | 01:52:01 | +18:41 | 07:28 |
| 8 | 797 | João Miguel Garrido | OPraticante.pt | Veterano M40 | 01:53:05 | +19:46 | 07:32 |
| 9 | 692 | Pedro Miguel Mendes Duarte | Individual | Veterano M40 | 01:55:42 | +22:22 | 07:43 |
| 10 | 586 | Sérgio Rodrigues | Haertha/TendernessCapacity - Trail Running | Veterano M40 | 01:58:11 | +24:51 | 07:53 |
| 11 | 691 | Paulo Rodrigues | Individual | Veterano M40 | 02:00:41 | +27:21 | 08:03 |
| 12 | 683 | João Leite | Individual | Veterano M40 | 02:03:06 | +29:47 | 08:12 |
| 13 | 676 | Adão Antunes | Individual | Veterano M40 | 02:04:03 | +30:44 | 08:16 |
| 14 | 772 | MARCO MARQUES | Oiãrunners | Veterano M40 | 02:05:13 | +31:53 | 08:21 |
| 15 | 687 | Marco Santos | Individual | Veterano M40 | 02:08:19 | +34:59 | 08:33 |
| 16 | 739 | LUIS CIPRIANO | LAAC - BIKE & SPORT | Veterano M40 | 02:08:38 | +35:19 | 08:35 |
| 17 | 810 | João Marques | PENATURE TRAIL TEAM | Veterano M40 | 02:09:25 | +36:06 | 08:38 |
| 18 | 566 | DAVIDE CARVALHO | Desportivo Atletico de Recardães | Veterano M40 | 02:09:56 | +36:37 | 08:40 |
| 19 | 689 | Nuno morais | Individual | Veterano M40 | 02:11:35 | +38:16 | 08:46 |
| 20 | 680 | Bruno Sousa | Individual | Veterano M40 | 02:15:11 | +41:52 | 09:01 |
| 21 | 811 | Ricardo Pinto | S.C.Beira-Mar | Veterano M40 | 02:16:17 | +42:57 | 09:05 |
| 22 | 773 | Miguel Martinez | Oiãrunners | Veterano M40 | 02:20:09 | +46:50 | 09:21 |
| 23 | 740 | LUIS GOMES | LAAC - BIKE & SPORT | Veterano M40 | 02:23:15 | +49:56 | 09:33 |
| 24 | 799 | Marco Matos | OPraticante.pt | Veterano M40 | 02:23:36 | +50:17 | 09:34 |
| 25 | 804 | Bruno Parente | Os 4 | Veterano M40 | 02:24:39 | +51:19 | 09:39 |
| 26 | 686 | Luis Almeida | Individual | Veterano M40 | 02:25:10 | +51:50 | 09:41 |
| 27 | 690 | Paulo Borges | Individual | Veterano M40 | 02:25:52 | +52:33 | 09:44 |
| 28 | 525 | Ricardo Ventura | Águeda Action Club - ACTIB | Veterano M40 | 02:27:41 | +54:21 | 09:51 |
| 29 | 678 | Bruno Sanguedo | Individual | Veterano M40 | 02:34:14 | +01:00:55 | 10:17 |
| 30 | 798 | João Rocha | OPraticante.pt | Veterano M40 | 02:45:39 | +01:12:20 | 11:03 |
| 31 | 585 | Ricardo Ferreira | Haertha/TendernessCapacity - Trail Running | Veterano M40 | 02:45:41 | +01:12:22 | 11:03 |

Trail Curto

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|-----|---------------------------------|------------------------|--------------|----------|-----------|-------|
| 32 | 753 | Paulo Alexandre da Silva Rocha | Miranda & Irmão | Veterano M40 | 02:49:41 | +01:16:22 | 11:19 |
| 33 | 549 | Edmundo Rilha | CENSI_RUN | Veterano M40 | 02:53:49 | +01:20:30 | 11:35 |
| 34 | 552 | Helder José Pereira Lourenço | Chitas | Veterano M40 | 02:54:52 | +01:21:33 | 11:40 |
| 35 | 694 | Sérgio Peste | Individual | Veterano M40 | 02:58:06 | +01:24:47 | 11:52 |
| 36 | 805 | Luís Carvalheiro | Os 4 | Veterano M40 | 02:59:15 | +01:25:55 | 11:57 |
| 37 | 754 | Ricardo Morais Lopes | Miranda & Irmão | Veterano M40 | 03:04:07 | +01:30:47 | 12:16 |
| 38 | 685 | José Simões | Individual | Veterano M40 | 03:04:19 | +01:30:59 | 12:17 |
| 39 | 806 | Nuno Fodalgo | Os Convidados | Veterano M40 | 03:04:58 | +01:31:38 | 12:20 |
| 40 | 841 | Paulo Alexandre Simões da Costa | Tainadas Run Team | Veterano M40 | 03:09:21 | +01:36:01 | 12:37 |
| 41 | 684 | João Paulo | Individual | Veterano M40 | 03:12:57 | +01:39:38 | 12:52 |
| 42 | 537 | João Rocha | Calaceiros do Choupal | Veterano M40 | 03:19:34 | +01:46:14 | 13:18 |
| 43 | 738 | Tó Zé Jesus | Juveforce Run Team | Veterano M40 | 03:21:09 | +01:47:50 | 13:25 |
| 44 | 579 | Ricardo Barbosa | Fortes Barbosa | Veterano M40 | 03:32:48 | +01:59:29 | 14:11 |
| 45 | 836 | Rui Almeida | Sport Club de Paradela | Veterano M40 | 03:42:34 | +02:09:15 | 14:50 |
| 46 | 551 | Daniel Paulo Teixeira Santana | Chitas | Veterano M40 | 03:42:35 | +02:09:16 | 14:50 |
| 47 | 553 | José Carlos Oliveira | Chitas | Veterano M40 | 03:42:35 | +02:09:16 | 14:50 |
| 48 | 693 | Rui Filipe Lourenço da Cunha | Individual | Veterano M40 | 03:51:26 | +02:18:07 | 15:26 |
| 49 | 681 | Francisco Mesquira Soares | Individual | Veterano M40 | 04:13:10 | +02:39:50 | 16:53 |
| 50 | 765 | Sérgio Moreira | NÓS2 | Veterano M40 | 04:23:33 | +02:50:14 | 17:34 |

Veterano M45

| | | | | | | | |
|----|-----|-------------------------------|---|--------------|----------|--------|-------|
| 1 | 562 | António Silva | DCI - Trilhos Luso Bussaco | Veterano M45 | 01:44:22 | +11:03 | 06:58 |
| 2 | 571 | José Cruz | Dura-F1 Raceteam | Veterano M45 | 01:50:01 | +16:42 | 07:20 |
| 3 | 698 | Hugo Gaspar | Individual | Veterano M45 | 02:00:17 | +26:58 | 08:01 |
| 4 | 563 | João Oliveira | DCI - Trilhos Luso Bussaco | Veterano M45 | 02:02:00 | +28:40 | 08:08 |
| 5 | 743 | Ricardo Vidal | Lion Runners - Grupo Desportivo Leões da Guarda | Veterano M45 | 02:02:42 | +29:23 | 08:11 |
| 6 | 567 | Nuno dos Santos | Desportivo Atletico de Recardães | Veterano M45 | 02:03:30 | +30:11 | 08:14 |
| 7 | 802 | Paulo Santos | OPraticante.pt | Veterano M45 | 02:04:15 | +30:56 | 08:17 |
| 8 | 697 | Carlos Rocha | Individual | Veterano M45 | 02:04:32 | +31:12 | 08:18 |
| 9 | 707 | Manuel Carlos Costa Martins | Individual | Veterano M45 | 02:05:00 | +31:41 | 08:20 |
| 10 | 529 | Rui Mota | ATAC - ÁGUEDA TRAIL AVENTURA CLUBE | Veterano M45 | 02:05:24 | +32:04 | 08:22 |
| 11 | 710 | Paulo Fonseca | Individual | Veterano M45 | 02:07:34 | +34:15 | 08:30 |
| 12 | 741 | VITAL ESPINHAL | LAAC - BIKE & SPORT | Veterano M45 | 02:08:38 | +35:18 | 08:35 |
| 13 | 758 | Luciano Fonte | Miro Trail | Veterano M45 | 02:09:50 | +36:31 | 08:39 |
| 14 | 706 | Luis Martins | Individual | Veterano M45 | 02:10:00 | +36:41 | 08:40 |
| 15 | 744 | Paulo Almeida | maDUROS_do_pedal | Veterano M45 | 02:11:04 | +37:44 | 08:44 |
| 16 | 842 | Licínio Manuel Saragoça Costa | Tainadas Run Team | Veterano M45 | 02:12:01 | +38:41 | 08:48 |
| 17 | 530 | Sérgio Ferreira | BiciARCA run team | Veterano M45 | 02:13:25 | +40:05 | 08:54 |
| 18 | 570 | João Portugal | Dura-F1 Raceteam | Veterano M45 | 02:15:52 | +42:33 | 09:04 |
| 19 | 863 | Nuno Saraiva | Noctis Trail | Veterano M45 | 02:17:12 | +43:53 | 09:09 |
| 20 | 518 | Frederico Mendes | ADRCC OCR | Veterano M45 | 02:25:13 | +51:54 | 09:41 |
| 21 | 855 | Narciso José da Silva Pinho | Vamos a Pé - Taboeira | Veterano M45 | 02:26:51 | +53:32 | 09:47 |
| 22 | 136 | Pedro Silva | Os Bota | Veterano M45 | 02:29:31 | +56:11 | 09:58 |
| 23 | 703 | Jorge Manuel Matos dos Santos | Individual | Veterano M45 | 02:32:38 | +59:18 | 10:11 |

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| Official Timekeeper: Lap2Go | 7 / 9 | generate 02-abr-2023 14:58 |
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Trail Curto
15 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|-----|--------------------------------|--|--------------|----------|-----------|-------|
| 24 | 709 | Nuno Reis | Individual | Veterano M45 | 02:32:48 | +59:29 | 10:11 |
| 25 | 701 | João Rodrigues | Individual | Veterano M45 | 02:32:58 | +59:39 | 10:12 |
| 26 | 702 | Jonathan Correa | Individual | Veterano M45 | 02:37:48 | +01:04:28 | 10:31 |
| 27 | 574 | Joaquim pais | Equipa senaclube | Veterano M45 | 02:39:12 | +01:05:52 | 10:37 |
| 28 | 837 | João Saraiva | Sport Club de Paradela | Veterano M45 | 02:41:04 | +01:07:45 | 10:44 |
| 29 | 704 | Jorge Rodrigues | Individual | Veterano M45 | 02:43:34 | +01:10:15 | 10:54 |
| 30 | 539 | Humberto Almeida | CATR-Correio de Albergaria Trail Running | Veterano M45 | 02:43:38 | +01:10:18 | 10:55 |
| 31 | 801 | António Rodrigues | OPraticante.pt | Veterano M45 | 02:45:27 | +01:12:08 | 11:02 |
| 32 | 577 | MISTER PR | Espigueiros runners-caparrosinha | Veterano M45 | 02:45:27 | +01:12:08 | 11:02 |
| 33 | 514 | Mário Miguel Ferreira | ADCP PEDRALVA | Veterano M45 | 02:47:31 | +01:14:11 | 11:10 |
| 34 | 550 | Mário Morgado | CENSI_RUN | Veterano M45 | 02:55:15 | +01:21:56 | 11:41 |
| 35 | 858 | Nelson Oliveira | Individual | Veterano M45 | 02:58:07 | +01:24:47 | 11:52 |
| 36 | 705 | JOSÉ SILVA | Individual | Veterano M45 | 03:00:49 | +01:27:29 | 12:03 |
| 37 | 763 | ROMEU CARVALHO | NOCTIS TRAIL | Veterano M45 | 03:02:08 | +01:28:49 | 12:09 |
| 38 | 536 | João Tavares | BRAVUS Team | Veterano M45 | 03:12:30 | +01:39:11 | 12:50 |
| 39 | 854 | Marco Paulo dos Santos Marques | Vamos a Pé - Taboeira | Veterano M45 | 03:17:35 | +01:44:15 | 13:10 |
| 40 | 778 | Pedro Alexandre Correia | Oliveira | Veterano M45 | 05:21:49 | +03:48:29 | 21:27 |

Veterano M50

| | | | | | | | |
|----|-----|-------------------------------|--|--------------|----------|-----------|-------|
| 1 | 759 | Joaquim silva | NAI IDÃES núcleo Amador Idães | Veterano M50 | 01:41:54 | +08:35 | 06:48 |
| 2 | 851 | Manuel Pinto | TRIBO NR | Veterano M50 | 01:48:08 | +14:49 | 07:13 |
| 3 | 780 | Luis Rodrigues | Oliveira runners | Veterano M50 | 01:55:40 | +22:20 | 07:43 |
| 4 | 587 | Paulo Pinho | Haertha/TendernessCapacity - Trail Running | Veterano M50 | 01:56:12 | +22:52 | 07:45 |
| 5 | 531 | António Rodrigues | BiciARCA run team | Veterano M50 | 02:03:01 | +29:41 | 08:12 |
| 6 | 721 | Samuel Neves | Individual | Veterano M50 | 02:04:33 | +31:13 | 08:18 |
| 7 | 813 | Silvino Pais | Saca Trilhos Anadia | Veterano M50 | 02:06:48 | +33:28 | 08:27 |
| 8 | 856 | Mário António Pereira Migueis | Vamos a Pé - Taboeira | Veterano M50 | 02:19:08 | +45:49 | 09:17 |
| 9 | 761 | Paulo Jorge Simões da silva | NAR - Núcleo de Atletismo de Requeixo | Veterano M50 | 02:29:41 | +56:21 | 09:59 |
| 10 | 535 | Jorge Branco | Branco | Veterano M50 | 02:39:39 | +01:06:19 | 10:39 |
| 11 | 775 | Miguel Pimentel | Oiãrunners | Veterano M50 | 02:40:04 | +01:06:45 | 10:40 |
| 12 | 715 | Carlos Lopes | Individual | Veterano M50 | 02:40:27 | +01:07:08 | 10:42 |
| 13 | 719 | José Lopes | Individual | Veterano M50 | 02:43:32 | +01:10:13 | 10:54 |
| 14 | 713 | Bruno Almeida | Individual | Veterano M50 | 02:46:42 | +01:13:23 | 11:07 |
| 15 | 716 | Delfim Silva | Individual | Veterano M50 | 02:48:07 | +01:14:48 | 11:13 |
| 16 | 720 | Miguel Lopes | Individual | Veterano M50 | 02:54:37 | +01:21:17 | 11:38 |
| 17 | 714 | Carlos ferreira | Individual | Veterano M50 | 02:55:35 | +01:22:16 | 11:42 |
| 18 | 848 | Elisio Dias | Trepatrilhos trail team | Veterano M50 | 03:04:58 | +01:31:39 | 12:20 |
| 19 | 711 | António Couto | Individual | Veterano M50 | 03:29:03 | +01:55:44 | 13:56 |
| 20 | 717 | helio lopes | Individual | Veterano M50 | 03:38:25 | +02:05:06 | 14:34 |
| 21 | 807 | Hugo Martins | Os Convidados | Veterano M50 | 03:45:24 | +02:12:04 | 15:02 |
| 22 | 718 | José Carlos Barbosa silva | Individual | Veterano M50 | 04:04:18 | +02:30:59 | 16:17 |

Trail Curto
15 KM
OFFICIAL RESULT
Veterano M55

| | | | | | | | |
|----|-----|-----------------------------------|---------------------|--------------|----------|-----------|-------|
| 1 | 515 | Carlos Moreto | ADF - Bike Riders | Veterano M55 | 02:03:05 | +29:45 | 08:12 |
| 2 | 723 | António Amado | Individual | Veterano M55 | 02:05:04 | +31:44 | 08:20 |
| 3 | 814 | Fernando Ribeiro | Saca Trilhos Anadia | Veterano M55 | 02:18:18 | +44:58 | 09:13 |
| 4 | 724 | Arnaldo Santos | Individual | Veterano M55 | 02:30:44 | +57:24 | 10:03 |
| 5 | 725 | Lino Carraco | Individual | Veterano M55 | 02:34:23 | +01:01:03 | 10:18 |
| 6 | 727 | Octavio Sergio Rodrigues Linhares | Individual | Veterano M55 | 02:46:56 | +01:13:37 | 11:08 |
| 7 | 852 | André Dias | TRIBO NR | Veterano M55 | 02:49:41 | +01:16:21 | 11:19 |
| 8 | 728 | Pedro Elias | Individual | Veterano M55 | 03:00:43 | +01:27:24 | 12:03 |
| 9 | 783 | João Carlos Soares da Cunha Dias | ONDA TEAM | Veterano M55 | 03:25:40 | +01:52:20 | 13:43 |
| 10 | 729 | Rui Abrantes | Individual | Veterano M55 | 03:33:14 | +01:59:55 | 14:13 |
| 11 | 818 | João Coelho | Serranos da Estrela | Veterano M55 | 03:35:59 | +02:02:40 | 14:24 |
| 12 | 815 | Mário Severo de Matos Marinho | Saca Trilhos Anadia | Veterano M55 | 03:37:43 | +02:04:24 | 14:31 |
| 13 | 776 | Amílcar Ferreira | Oiãrunners | Veterano M55 | 03:39:16 | +02:05:56 | 14:37 |
| 14 | 859 | Luis Ferreira | Individual | Veterano M55 | 03:39:43 | +02:06:23 | 14:39 |
| 15 | 722 | Americo Pessoa | Individual | Veterano M55 | 03:46:25 | +02:13:05 | 15:06 |
| 16 | 730 | Rui Ferreira | Individual | Veterano M55 | 04:06:45 | +02:33:26 | 16:27 |

Veterano M60

| | | | | | | | |
|---|-----|---------------|--------------------------------|--------------|----------|-----------|-------|
| 1 | 509 | EUGÉNIO ALVES | Trail Bela Bela | Veterano M60 | 01:59:40 | +26:20 | 07:59 |
| 2 | 528 | JOÃO ALMADA | ASSOCIAÇÃO DESPORTIVA TRAVASSÓ | Veterano M60 | 02:13:02 | +39:43 | 08:52 |
| 3 | 731 | António Pires | Individual | Veterano M60 | 02:36:37 | +01:03:18 | 10:27 |
| 4 | 732 | João Ferreira | Individual | Veterano M60 | 03:47:25 | +02:14:05 | 15:10 |
| 5 | 849 | José Dara | TrepaTrilhos Trail Team | Veterano M60 | 04:44:13 | +03:10:53 | 18:57 |

