

TRAIL - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	14	Daniel Pinho	AZTrail	02:18:22	+40:40	07:41	
44	73	Domingos Ferreira	Guisande Trail Running	02:18:22	+40:40	07:41	
45	66	Pedro Pinho	Grc Telhadela	02:20:04	+42:22	07:47	
46	198	fernando morais	Saca Trilhos Anadia	02:20:24	+42:42	07:48	
47	54	Leida Bello	Clube Desportivo Feirense	02:20:33	+42:51	07:48	
48	232	José Rodrigues de Almeida	Sporting Club Santacruzense	02:20:50	+43:08	07:49	
49	50	Abílio Costa	Centro Desportivo e Cultural de S. Martinho da Gândara	02:21:32	+43:50	07:52	
50	84	Vera Rodrigues	Individual	02:22:21	+44:39	07:55	
51	160	Nuno Miguel Gonçalves Araújo	JUVENTUDE CORTEGACENSE	02:22:43	+45:01	07:56	
52	216	Jorge Camisão	Sapatilhas verdes	02:23:01	+45:19	07:57	
53	51	José Nunes	Centro Desportivo e Cultural de S. Martinho da Gândara	02:23:29	+45:47	07:58	
54	91	Fabio Monteiro	Individual	02:24:12	+46:30	08:01	
55	131	Marco e	Individual	02:24:14	+46:32	08:01	
56	9	Antonio Fernandes	Amigos do Trail	02:24:46	+47:04	08:03	
57	72	Belarmino Mendonça	Guisande Trail Running	02:25:44	+48:02	08:06	
58	152	Porfírio Pereira	AZTrail	02:26:18	+48:36	08:08	
59	252	Bruno Macedo	AZTrail	02:26:19	+48:37	08:08	
60	244	Marcos Soares	Vale Correr	02:27:34	+49:52	08:12	
61	183	Pedro Paiva	Pupilos do Zé Tó	02:29:11	+51:29	08:17	
62	246	Pedro Stuka	Velha Guarda RC	02:29:26	+51:44	08:18	
63	115	Maria Luísa Bastos Almeida	Montes Saloios Trail Team	02:29:36	+51:54	08:19	
64	195	Nuno Gabriel Ramos da Silva	Raça Pónei	02:29:58	+52:16	08:20	
65	144	Amilcar Ferreira	Individual	02:30:30	+52:48	08:22	
66	90	Fábio Almeida	Individual	02:30:30	+52:48	08:22	
67	194	Francisco Lopes	Raça Pónei	02:31:29	+53:47	08:25	
68	15	Filipe Manuel Fernandes Tavares	AZTrail	02:31:39	+53:57	08:25	
69	33	Antonio Couto	BTT Isolamais Sportaz	02:31:59	+54:17	08:27	
70	46	Bruno Barge	Centro Desportivo e Cultural de S. Martinho da Gândara	02:32:11	+54:29	08:27	
71	27	Marco costa	Bombeiros de Oliveira de Azemeis	02:32:28	+54:46	08:28	
72	248	nuno saramago	Velha Guarda RC	02:32:30	+54:48	08:28	
73	213	Daniel Pereira	Sapatilhas verdes	02:33:48	+56:06	08:33	
74	221	Miguel Ferreira	Sapatilhas verdes	02:33:48	+56:06	08:33	
75	62	Filipe Lima	GENS SPORT CLUBE - TRAIL	02:34:22	+56:40	08:35	
76	237	Maria de Fátima de Sousa Ferreira Tavares	Trilhos de Azeméis	02:34:28	+56:46	08:35	
77	4	Pedro Vieira	A.D. Amarante Trail Running	02:34:32	+56:50	08:35	
78	130	marco duarte	Individual	02:34:54	+57:12	08:36	
79	111	Francisco Santos	Carregosa Lowlanders	02:35:21	+57:39	08:38	
80	57	Ricardo Correia	Do Vale Running Brothers	02:35:23	+57:41	08:38	
81	49	João Ferreira	Centro Desportivo e Cultural de S. Martinho da Gândara	02:36:36	+58:54	08:42	
82	167	Carlos Alberto Soares Moreira	Lusavouga ADAP Trail	02:36:59	+59:17	08:43	
83	205	Sérgio Vieira	Sapatilhas verdes	02:37:30	+59:48	08:45	
84	242	Hugo Sousa	Vale Correr	02:37:45	+01:00:03	08:46	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
85	59	Rui Miguel Pereira	EXS TRAIL RUNNING TEAM	02:37:57	+01:00:15	08:46	
86	199	Sílvia Oliveira	Sapatilhas verdes	02:39:10	+01:01:28	08:51	
87	214	Davide Ferreira	Sapatilhas verdes	02:39:11	+01:01:29	08:51	
88	52	Paulo Silva	Centro Desportivo e Cultural de S. Martinho da Gândara	02:39:28	+01:01:46	08:52	
89	223	Pedro Quaresma	Sapatilhas verdes	02:39:39	+01:01:57	08:52	
90	141	Santos Costa	Individual	02:39:57	+01:02:15	08:53	
91	64	Carlos Campos	Grc Telhadela	02:41:26	+01:03:44	08:58	
92	179	Joaquim Pinho	Os Disturbios	02:41:59	+01:04:17	09:00	
93	180	Manuel Pinho	Os Disturbios	02:42:23	+01:04:41	09:01	
94	11	Paulo Ferreira	Amigos do Trail	02:43:04	+01:05:22	09:04	
95	196	Marília Noro	RUNNERS DO DEMO	02:43:05	+01:05:23	09:04	
96	250	Bruno Gonçalves	Zequinhas running team	02:43:13	+01:05:31	09:04	
97	6	José Rosa	ADI - Ílhavo	02:44:13	+01:06:31	09:07	
98	99	Luis Menezes	Individual	02:44:19	+01:06:37	09:08	
99	36	Filipe Fontes	Cal clube atletismo de lamas	02:44:50	+01:07:08	09:09	
100	155	Francisco Soares	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	02:45:18	+01:07:36	09:11	
101	45	Wilson Andrade	Centro Desportivo e Cultural de S. Martinho da Gândara	02:45:21	+01:07:39	09:11	
102	41	Diogo Martins	Centro Desportivo e Cultural de S. Martinho da Gândara	02:45:21	+01:07:39	09:11	
103	204	Ricardo Carmo	Sapatilhas verdes	02:45:25	+01:07:43	09:11	
104	43	Luís Gomes	Centro Desportivo e Cultural de S. Martinho da Gândara	02:46:17	+01:08:35	09:14	
105	97	Luís Henriques	Individual	02:46:22	+01:08:40	09:15	
106	85	Adolf o Barbosa Amorim de Lemos	Individual	02:46:23	+01:08:41	09:15	
107	102	Paulo Ricardo Pereira da Costa	Individual	02:46:23	+01:08:41	09:15	
108	210	Maria de Fátima Pinto Gonçalves	Sapatilhas verdes	02:46:48	+01:09:06	09:16	
109	238	Jorge Manuel Santiago Tavares	Trilhos de Azeméis	02:47:02	+01:09:20	09:17	
110	16	Sãozita Ferreira	AZTrail	02:47:02	+01:09:20	09:17	
111	170	Luis Silva	Lusitânia de Lourosa FC- Secção de Atletismo	02:47:29	+01:09:47	09:18	
112	61	Serafim Ramos	GD Leões da Guarda - Lion Runners	02:49:07	+01:11:25	09:24	
113	12	Sandra Soares Matos	ASSOCIAÇÃO RECREATIVA LUZ E VIDA GONDOMARENSE	02:49:46	+01:12:04	09:26	
114	182	Virginia Pais	Pupilos do Zé Tó	02:51:29	+01:13:47	09:32	
115	186	José Rodrigues	Pupilos do Zé Tó	02:51:29	+01:13:47	09:32	
116	188	Rita Cruz	PWR Team - Velha Guarda RC	02:52:25	+01:14:43	09:35	
117	173	Henrique Santos	MSS CONTABILIDADE TRAIL TEAM	02:52:34	+01:14:52	09:35	
118	181	Ricardo Alves	PCRrunners	02:52:45	+01:15:03	09:36	
119	79	Carina Silva	Individual	02:52:47	+01:15:05	09:36	
120	13	Daniela Ferreira	AZTrail	02:53:28	+01:15:46	09:38	
121	8	Pedro Silva	Amigos do Trail	02:54:32	+01:16:50	09:42	
122	10	Leandro Matos	Amigos do Trail	02:54:32	+01:16:50	09:42	
123	129	Ivo Almeida	Individual	02:54:56	+01:17:14	09:43	
124	139	Ricardo Trigo	Individual	02:54:57	+01:17:15	09:43	
125	38	José Filipe Duarte	Carregosa Lowlanders	02:55:02	+01:17:20	09:43	
126	116	Sónia Mota	Individual	02:57:07	+01:19:25	09:50	

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18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
171	65	Márcio Oliveira Gonçalves	Grc Telhadela	03:28:46	+01:51:04	11:36	
172	106	Ricardo Santos	Individual	03:29:20	+01:51:38	11:38	
173	251	Marco Almeida	Zequinhas running team	03:32:11	+01:54:29	11:47	
174	249	Carlos Cruz	Zequinhas running team	03:32:12	+01:54:30	11:47	
175	208	Laura gomes	Sapatilhas verdes	03:33:49	+01:56:07	11:53	
176	209	Laura Susana Gomes Teixeira	Sapatilhas verdes	03:33:51	+01:56:09	11:53	
177	149	José Miguel Melo Brandão	Individual	03:33:52	+01:56:10	11:53	
178	226	António Pinheiro	SiM Summit	03:34:30	+01:56:48	11:55	
179	113	Célia Silva	Individual	03:36:37	+01:58:55	12:02	
180	146	Artur Jorge França Vieira	Individual	03:36:58	+01:59:16	12:03	
181	26	José Oliveira	Bombeiros de Oliveira de Azemeis	03:38:08	+02:00:26	12:07	
182	25	Fernando Costa	Bombeiros de Oliveira de Azemeis	03:38:10	+02:00:28	12:07	
183	126	Helder Pereira	Individual	03:42:37	+02:04:55	12:22	
184	89	Emanuel silva	Individual	03:46:16	+02:08:34	12:34	
185	83	Tânia Cristina da Silva Henriques	Individual	03:47:15	+02:09:33	12:38	
186	34	João Carlos Silva Vieira	BTT Isolamais Sportaz	03:47:26	+02:09:44	12:38	
187	105	RICARDO MENDES	Individual	03:49:27	+02:11:45	12:45	
188	153	Ricardo Teixeira	Individual	03:54:46	+02:17:04	13:03	
189	145	António Couto	Individual	03:59:25	+02:21:43	13:18	
190	157	Inês Cardoso	JUVENTUDE CORTEGACENSE	04:02:12	+02:24:30	13:27	
191	247	Marco Costa	Velha Guarda RC	04:04:04	+02:26:22	13:34	
192	158	Anabela Marques	JUVENTUDE CORTEGACENSE	04:10:12	+02:32:30	13:54	
193	80	Dulce Maria Silva Costa	Individual	04:14:08	+02:36:26	14:07	
194	163	Celso Lino Oliveira Gomes	JUVENTUDE CORTEGACENSE	04:14:08	+02:36:26	14:07	
195	159	Miguel Pinheiro Matos	JUVENTUDE CORTEGACENSE	04:14:09	+02:36:27	14:07	
196	174	Jorge manuel Andrade Silva	Núcleo de Atletismo de Cucujães	04:17:35	+02:39:53	14:19	
197	120	Paula Castro	Individual	04:17:35	+02:39:53	14:19	
198	31	Carla Tavares	BTT Isolamais Sportaz	04:18:32	+02:40:50	14:22	
199	29	Ana Catarina Tavares	BTT Isolamais Sportaz	04:38:51	+03:01:09	15:30	
200	30	Diogo Moreira	BTT Isolamais Sportaz	04:38:51	+03:01:09	15:30	
201	19	Susana Nogueira	Bombeiros de Oliveira de Azemeis	04:39:25	+03:01:43	15:31	
202	23	Cristiana Gomes	Bombeiros de Oliveira de Azemeis	04:39:26	+03:01:44	15:31	
203	28	Rui Cerqueira	Bombeiros de Oliveira de Azemeis	04:39:27	+03:01:45	15:32	
204	3	Ricardo Bastos	A A Lebres do Sado	04:49:28	+03:11:46	16:05	
205	32	Paula Rodrigues	BTT Isolamais Sportaz	05:15:38	+03:37:56	17:32	
206	35	Fernando Vieira	BTT Isolamais Sportaz	05:15:39	+03:37:57	17:32	
207	143	Adérito Fonseca	Individual	05:43:24	+04:05:42	19:05	
208	121	Ana Augusta Moreira	Individual	05:43:29	+04:05:47	19:05	

Trail

18 KM

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	13.2°C	94%
End	15:15	13.2°C	94%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Juvenil Feminino

1	199	Sílvia Oliveira	Sapatilhas verdes	Juvenil Feminino	02:39:10	+01:01:28	08:51
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Senior Feminino

1	2	Beatriz Alves	FurForRunning Project	Senior Feminino	02:05:26	+27:44	06:58
2	54	Leida Bello	Clube Desportivo Feirense	Senior Feminino	02:20:32	+42:50	07:48
3	84	Vera Rodrigues	Individual	Senior Feminino	02:22:21	+44:38	07:55
4	196	Marília Noro	RUNNERS DO DEMO	Senior Feminino	02:43:05	+01:05:23	09:04
5	182	Virginia Pais	Pupilos do Zé Tó	Senior Feminino	02:51:29	+01:13:46	09:32
6	79	Carina Silva	Individual	Senior Feminino	02:52:46	+01:15:04	09:36
7	13	Daniela Ferreira	AZTrail	Senior Feminino	02:53:27	+01:15:45	09:38
8	82	Laura Tavares	Individual	Senior Feminino	03:08:47	+01:31:05	10:29
9	81	Filipa Liz	Individual	Senior Feminino	03:13:48	+01:36:06	10:46
10	75	Ana Catarina Fonseca	Individual	Senior Feminino	03:19:45	+01:42:03	11:06
11	76	Ana Correia	Individual	Senior Feminino	03:21:54	+01:44:12	11:13
12	18	Ana Moreira	Bombeiros de Oliveira de Azemeis	Senior Feminino	03:28:28	+01:50:46	11:35
13	83	Tânia Cristina da Silva Henriques	Individual	Senior Feminino	03:47:15	+02:09:32	12:38
14	157	Inês Cardoso	JUVENTUDE CORTEGACENSE	Senior Feminino	04:02:11	+02:24:29	13:27
15	80	Dulce Maria Silva Costa	Individual	Senior Feminino	04:14:07	+02:36:25	14:07
16	29	Ana Catarina Tavares	BTT Isolamais Sportaz	Senior Feminino	04:38:51	+03:01:08	15:30
17	19	Susana Nogueira	Bombeiros de Oliveira de Azemeis	Senior Feminino	04:39:24	+03:01:42	15:31

Senior Masculino

1	7	Paulo Jorge Teixeira Moreira	Aliados Trail Running Team	Senior Masculino	01:43:37	+05:55	05:45
2	165	Marcelo Araújo	Lusavouga ADAP Trail	Senior Masculino	01:45:28	+07:46	05:52
3	55	Mário João Silva Ibarra	Clube Desportivo Feirense	Senior Masculino	01:47:24	+09:42	05:58
4	241	David Pereira	Vale Correr	Senior Masculino	02:02:59	+25:17	06:50
5	86	André Bento	Individual	Senior Masculino	02:03:24	+25:42	06:51
6	240	Valter Filipe Tavares Brandão	UCR Fuste Função	Senior Masculino	02:04:04	+26:21	06:54
7	56	William Caetano	Dci/trilhos luso bussaco	Senior Masculino	02:05:02	+27:20	06:57
8	243	João Oliveira	Vale Correr	Senior Masculino	02:06:54	+29:12	07:03
9	203	Luís Filipe Silva Bastos	Sapatilhas verdes	Senior Masculino	02:08:28	+30:45	07:08
10	202	José Teixeira	Sapatilhas verdes	Senior Masculino	02:10:24	+32:41	07:15
11	98	Bruno Soares	Pupilos do Zé Tó	Senior Masculino	02:12:07	+34:25	07:20
12	87	Daniel Silva Pereira	Individual	Senior Masculino	02:12:18	+34:36	07:21
13	88	Diogo Martins	Individual	Senior Masculino	02:12:47	+35:04	07:23
14	109	Vitor Correia	Individual	Senior Masculino	02:12:47	+35:05	07:23

Official Timekeeper: Lap2Go	1 / 6	generate 13-Mar-2023 14:40
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Trail

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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15	101	Nunp Fp Sousa	Individual	Senior Masculino	02:13:23	+35:41	07:25
16	92	Frederico Santos	Individual	Senior Masculino	02:14:05	+36:23	07:27
17	177	Henrique Loureiro	OPraticante.PT	Senior Masculino	02:14:56	+37:14	07:30
18	63	Nelson Teixeira	GENS SPORT CLUBE - TRAIL	Senior Masculino	02:17:58	+40:16	07:40
19	14	Daniel Pinho	AZTrail	Senior Masculino	02:18:21	+40:39	07:41
20	66	Pedro Pinho	Grc Telhadela	Senior Masculino	02:20:04	+42:21	07:47
21	91	Fabio Monteiro	Individual	Senior Masculino	02:24:12	+46:30	08:01
22	244	Marcos Soares	Vale Correr	Senior Masculino	02:27:34	+49:51	08:12
23	246	Pedro Stuka	Velha Guarda RC	Senior Masculino	02:29:25	+51:43	08:18
24	195	Nuno Gabriel Ramos da Silva	Raça Pónei	Senior Masculino	02:29:57	+52:15	08:20
25	90	Fábio Almeida	Individual	Senior Masculino	02:30:30	+52:47	08:22
26	194	Francisco Lopes	Raça Pónei	Senior Masculino	02:31:29	+53:46	08:25
27	15	Filipe Manuel Fernandes Tavares	AZTrail	Senior Masculino	02:31:38	+53:56	08:25
28	62	Filipe Lima	GENS SPORT CLUBE - TRAIL	Senior Masculino	02:34:21	+56:39	08:35
29	57	Ricardo Correia	Do Vale Running Brothers	Senior Masculino	02:35:22	+57:40	08:38
30	205	Sérgio Vieira	Sapatilhas verdes	Senior Masculino	02:37:29	+59:47	08:45
31	242	Hugo Sousa	Vale Correr	Senior Masculino	02:37:44	+01:00:02	08:46
32	64	Carlos Campos	Grc Telhadela	Senior Masculino	02:41:25	+01:03:43	08:58
33	6	José Rosa	ADI - Ílhavo	Senior Masculino	02:44:13	+01:06:31	09:07
34	99	Luis Menezes	Individual	Senior Masculino	02:44:19	+01:06:36	09:08
35	45	Wilson Andrade	Centro Desportivo e Cultural de S. Martinho da Gândara	Senior Masculino	02:45:20	+01:07:38	09:11
36	41	Diogo Martins	Centro Desportivo e Cultural de S. Martinho da Gândara	Senior Masculino	02:45:21	+01:07:38	09:11
37	204	Ricardo Carmo	Sapatilhas verdes	Senior Masculino	02:45:24	+01:07:42	09:11
38	43	Luís Gomes	Centro Desportivo e Cultural de S. Martinho da Gândara	Senior Masculino	02:46:17	+01:08:34	09:14
39	97	Luís Henriques	Individual	Senior Masculino	02:46:22	+01:08:39	09:15
40	85	Adolf o Barbosa Amorim de Lemos	Individual	Senior Masculino	02:46:22	+01:08:40	09:15
41	102	Paulo Ricardo Pereira da Costa	Individual	Senior Masculino	02:46:23	+01:08:40	09:15
42	8	Pedro Silva	Amigos do Trail	Senior Masculino	02:54:32	+01:16:49	09:42
43	38	José Filipe Duarte	Carregosa Lowlanders	Senior Masculino	02:55:01	+01:17:19	09:43
44	201	Carlos Teixeira	Sapatilhas verdes	Senior Masculino	02:59:43	+01:22:00	09:59
45	44	Marco Nunes	Centro Desportivo e Cultural de S. Martinho da Gândara	Senior Masculino	03:08:09	+01:30:27	10:27
46	178	Rafael da Fonseca	Os Disturbios	Senior Masculino	03:08:34	+01:30:51	10:29
47	104	Pedro José Rocha Silva Andrade	Individual	Senior Masculino	03:09:31	+01:31:48	10:32
48	103	Paulo Soares	Individual	Senior Masculino	03:11:02	+01:33:19	10:37
49	108	Valter Soares	Individual	Senior Masculino	03:13:52	+01:36:09	10:46
50	42	Filipe Pereira	Centro Desportivo e Cultural de S. Martinho da Gândara	Senior Masculino	03:13:56	+01:36:14	10:46
51	93	Hugo Silva	Individual	Senior Masculino	03:14:16	+01:36:33	10:48
52	20	Jorge Carvalho	Bombeiros de Oliveira de Azemeis	Senior Masculino	03:28:28	+01:50:46	11:35
53	65	Márcio Oliveira Gonçalves	Grc Telhadela	Senior Masculino	03:28:45	+01:51:03	11:36
54	106	Ricardo Santos	Individual	Senior Masculino	03:29:20	+01:51:37	11:38
55	249	Carlos Cruz	Zequinhas running team	Senior Masculino	03:32:11	+01:54:29	11:47
56	89	Emanuel silva	Individual	Senior Masculino	03:46:15	+02:08:33	12:34
57	105	RICARDO MENDES	Individual	Senior Masculino	03:49:26	+02:11:44	12:45

Trail

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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58	30	Diogo Moreira	BTT Isolamais Sportaz	Senior Masculino	04:38:51	+03:01:09	15:30
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Sub 23 Masculino

1	206	Francisco Moreira	Sapatilhas verdes	Sub 23 Masculino	01:55:30	+17:47	06:25
2	111	Francisco Santos	Carregosa Lowlanders	Sub 23 Masculino	02:35:21	+57:39	08:38
3	170	Luis Silva	Lusitânia de Lourosa FC- Secção de Atletismo	Sub 23 Masculino	02:47:29	+01:09:46	09:18

Veterana F40

1	115	Maria Luísa Bastos Almeida	Montes Saloios Trail Team	Veterana F40	02:29:36	+51:54	08:19
2	237	Maria de Fátima de Sousa Ferreira Tavares	Trilhos de Azeméis	Veterana F40	02:34:27	+56:45	08:35
3	210	Maria de Fátima Pinto Gonçalves	Sapatilhas verdes	Veterana F40	02:46:47	+01:09:05	09:16
4	12	Sandra Soares Matos	ASSOCIAÇÃO RECREATIVA LUZ E VIDA GÓNDOMARENSE	Veterana F40	02:49:46	+01:12:04	09:26
5	188	Rita Cruz	PWR Team - Velha Guarda RC	Veterana F40	02:52:24	+01:14:42	09:35
6	116	Sónia Mota	Individual	Veterana F40	02:57:06	+01:19:24	09:50
7	71	Liliana Pinho	Guisande Trail Running	Veterana F40	03:03:29	+01:25:47	10:12
8	207	Fátima Silva	Sapatilhas verdes	Veterana F40	03:17:12	+01:39:30	10:57
9	236	Florbela Queirós	Trilhos de Azeméis	Veterana F40	03:19:45	+01:42:03	11:06
10	187	Catarina Azevedo	PWR Team - Velha Guarda RC	Veterana F40	03:22:27	+01:44:45	11:15
11	166	Sandra Manuela Moreira Martins	Lusavouga ADAP Trail	Veterana F40	03:22:51	+01:45:09	11:16
12	208	Laura gomes	Sapatilhas verdes	Veterana F40	03:33:49	+01:56:06	11:53
13	209	Laura Susana Gomes Teixeira	Sapatilhas verdes	Veterana F40	03:33:50	+01:56:08	11:53
14	113	Célia Silva	Individual	Veterana F40	03:36:37	+01:58:54	12:02
15	31	Carla Tavares	BTT Isolamais Sportaz	Veterana F40	04:18:31	+02:40:49	14:22
16	23	Cristiana Gomes	Bombeiros de Oliveira de Azemeis	Veterana F40	04:39:26	+03:01:43	15:31

Veterana F50

1	211	Maria Costa	Sapatilhas verdes	Veterana F50	02:16:42	+39:00	07:36
2	16	Sãozita Ferreira	AZTrail	Veterana F50	02:47:02	+01:09:19	09:17
3	230	Paula Teixeira	SPORTARC	Veterana F50	03:09:50	+01:32:08	10:33
4	229	LUIZA BRANDAO SOARES	SPORTARC	Veterana F50	03:15:25	+01:37:43	10:51
5	158	Anabela Marques	JUVENTUDE CORTEGACENSE	Veterana F50	04:10:11	+02:32:29	13:54
6	120	Paula Castro	Individual	Veterana F50	04:17:35	+02:39:52	14:19
7	32	Paula Rodrigues	BTT Isolamais Sportaz	Veterana F50	05:15:38	+03:37:55	17:32

Veterana F60

1	121	Ana Augusta Moreira	Individual	Veterana F60	05:43:29	+04:05:46	19:05
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Trail

18 KM

OFFICIAL RESULT

Veterano M40

1	70	Nelson Feiteira	Grupo Corrida de Argoncilhe	Veterano M40	01:37:42		05:26
2	1	Nelson Loureiro	OPraticante.PT	Veterano M40	01:40:28	+02:46	05:35
3	134	Paulo Nogueira	Individual	Veterano M40	01:51:41	+13:58	06:12
4	37	Ivan Silva	Caldas de S. Jorge Sport Clube	Veterano M40	01:57:10	+19:27	06:31
5	39	Miguel Silva	Carregosa Lowlanders	Veterano M40	01:57:26	+19:44	06:31
6	217	José Rosário	Sapatilhas verdes	Veterano M40	01:59:43	+22:01	06:39
7	162	Williams da Conceição Rodriguez	JUVENTUDE CORTEGACENSE	Veterano M40	02:03:59	+26:17	06:53
8	168	Filipe Pinto	Lusavouga ADAP Trail	Veterano M40	02:04:58	+27:16	06:57
9	169	João António Marques Tavares	Lusavouga ADAP Trail	Veterano M40	02:06:02	+28:19	07:00
10	231	Ricardo Jorge Teixeira Duarte	SPORTARC	Veterano M40	02:06:26	+28:44	07:01
11	215	Hélder costa	Sapatilhas verdes	Veterano M40	02:14:35	+36:53	07:29
12	218	José Teixeira	Sapatilhas verdes	Veterano M40	02:16:41	+38:59	07:36
13	125	Carlos Fernandes	Individual	Veterano M40	02:18:13	+40:31	07:41
14	73	Domingos Ferreira	Guisande Trail Running	Veterano M40	02:18:21	+40:39	07:41
15	160	Nuno Miguel Gonçalves Araújo	JUVENTUDE CORTEGACENSE	Veterano M40	02:22:43	+45:00	07:56
16	216	Jorge Camisão	Sapatilhas verdes	Veterano M40	02:23:01	+45:18	07:57
17	131	Marco e	Individual	Veterano M40	02:24:14	+46:31	08:01
18	9	Antonio Fernandes	Amigos do Trail	Veterano M40	02:24:46	+47:04	08:03
19	72	Belarmino Mendonça	Guisande Trail Running	Veterano M40	02:25:43	+48:01	08:06
20	252	Bruno Macedo	AZTrail	Veterano M40	02:26:19	+48:37	08:08
21	183	Pedro Paiva	Pupilos do Zé Tó	Veterano M40	02:29:11	+51:28	08:17
22	33	Antonio Couto	BTT Isolamais Sportaz	Veterano M40	02:31:58	+54:16	08:27
23	46	Bruno Barge	Centro Desportivo e Cultural de S. Martinho da Gândara	Veterano M40	02:32:10	+54:28	08:27
24	27	Marco costa	Bombeiros de Oliveira de Azemeis	Veterano M40	02:32:27	+54:45	08:28
25	248	nuno saramago	Velha Guarda RC	Veterano M40	02:32:29	+54:47	08:28
26	213	Daniel Pereira	Sapatilhas verdes	Veterano M40	02:33:48	+56:05	08:33
27	221	Miguel Ferreira	Sapatilhas verdes	Veterano M40	02:33:48	+56:05	08:33
28	4	Pedro Vieira	A.D. Amarante Trail Running	Veterano M40	02:34:32	+56:49	08:35
29	130	marco duarte	Individual	Veterano M40	02:34:54	+57:11	08:36
30	49	João Ferreira	Centro Desportivo e Cultural de S. Martinho da Gândara	Veterano M40	02:36:35	+58:53	08:42
31	167	Carlos Alberto Soares Moreira	Lusavouga ADAP Trail	Veterano M40	02:36:58	+59:16	08:43
32	59	Rui Miguel Pereira	EXS TRAIL RUNNING TEAM	Veterano M40	02:37:56	+01:00:14	08:46
33	214	Davide Ferreira	Sapatilhas verdes	Veterano M40	02:39:10	+01:01:28	08:51
34	223	Pedro Quaresma	Sapatilhas verdes	Veterano M40	02:39:39	+01:01:57	08:52
35	141	Santos Costa	Individual	Veterano M40	02:39:57	+01:02:15	08:53
36	179	Joaquim Pinho	Os Disturbios	Veterano M40	02:41:59	+01:04:17	09:00
37	180	Manuel Pinho	Os Disturbios	Veterano M40	02:42:22	+01:04:40	09:01
38	11	Paulo Ferreira	Amigos do Trail	Veterano M40	02:43:03	+01:05:21	09:04
39	250	Bruno Gonçalves	Zequinhas running team	Veterano M40	02:43:12	+01:05:30	09:04
40	238	Jorge Manuel Santiago Tavares	Trilhos de Azeméis	Veterano M40	02:47:02	+01:09:19	09:17
41	181	Ricardo Alves	PCRunners	Veterano M40	02:52:44	+01:15:02	09:36
42	10	Leandro Matos	Amigos do Trail	Veterano M40	02:54:32	+01:16:50	09:42
43	129	Ivo Almeida	Individual	Veterano M40	02:54:56	+01:17:14	09:43

Trail

18 KM

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OFFICIAL RESULT

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44	139	Ricardo Trigo	Individual	Veterano M40	02:54:56	+01:17:14	09:43
45	132	Miguel Barbosa	Individual	Veterano M40	02:57:07	+01:19:24	09:50
46	185	Rui Pereira	Pupilos do Zé Tó	Veterano M40	02:57:19	+01:19:37	09:51
47	67	Filipe Pereira	Grc Telhadela	Veterano M40	03:03:03	+01:25:21	10:10
48	193	Rodolfo Andrade	PWR Team - Velha Guarda RC	Veterano M40	03:03:08	+01:25:26	10:10
49	128	Hugo Mourão	Individual	Veterano M40	03:03:20	+01:25:38	10:11
50	47	Cláudio Castro	Centro Desportivo e Cultural de S. Martinho da Gândara	Veterano M40	03:08:08	+01:30:26	10:27
51	135	Paulo Oliveira	Individual	Veterano M40	03:08:55	+01:31:13	10:30
52	212	Bruno Costa	Sapatilhas verdes	Veterano M40	03:12:06	+01:34:24	10:40
53	222	Pedro Garrido	Sapatilhas verdes	Veterano M40	03:12:07	+01:34:24	10:40
54	136	Paulo Pádua	Individual	Veterano M40	03:13:34	+01:35:52	10:45
55	122	Ângelo Pinho	Individual	Veterano M40	03:14:28	+01:36:46	10:48
56	124	BRUNO VIEIRA	AZTrail	Veterano M40	03:15:08	+01:37:25	10:50
57	69	José Pereira	Grc Telhadela	Veterano M40	03:17:04	+01:39:22	10:57
58	219	Luís Rocha	Sapatilhas verdes	Veterano M40	03:20:11	+01:42:29	11:07
59	220	Márcio Silva	Sapatilhas verdes	Veterano M40	03:23:54	+01:46:12	11:20
60	190	Daniel Calafate	PWR Team - Velha Guarda RC	Veterano M40	03:24:49	+01:47:06	11:23
61	123	Avelino Rodrigues	Pascoalitos	Veterano M40	03:24:49	+01:47:07	11:23
62	133	Paulo Borges	Individual	Veterano M40	03:25:26	+01:47:44	11:25
63	251	Marco Almeida	Zequinhas running team	Veterano M40	03:32:11	+01:54:29	11:47
64	226	António Pinheiro	SiM Summit	Veterano M40	03:34:29	+01:56:47	11:55
65	26	José Oliveira	Bombeiros de Oliveira de Azemeis	Veterano M40	03:38:08	+02:00:25	12:07
66	25	Fernando Costa	Bombeiros de Oliveira de Azemeis	Veterano M40	03:38:09	+02:00:27	12:07
67	126	Helder Pereira	Individual	Veterano M40	03:42:36	+02:04:54	12:22
68	34	João Carlos Silva Vieira	BTT Isolamais Sportaz	Veterano M40	03:47:25	+02:09:43	12:38
69	247	Marco Costa	Velha Guarda RC	Veterano M40	04:04:04	+02:26:22	13:34
70	159	Miguel Pinheiro Matos	JUVENTUDE CORTEGACENSE	Veterano M40	04:14:09	+02:36:26	14:07
71	28	Rui Cerqueira	Bombeiros de Oliveira de Azemeis	Veterano M40	04:39:27	+03:01:44	15:32

Veterano M50

1	233	Manuel Bastos	Trail Running Sanguedo	Veterano M50	02:05:16	+27:34	06:58
2	17	JORGE BRITES	AZTrail	Veterano M50	02:09:12	+31:29	07:11
3	225	Paulo Carvalho	Sapatilhas verdes	Veterano M50	02:10:23	+32:41	07:15
4	164	Ernesto Marques Alves	JUVENTUDE CORTEGACENSE	Veterano M50	02:10:35	+32:52	07:15
5	40	Ulisses Baptista	Carregosa Lowlanders	Veterano M50	02:10:54	+33:12	07:16
6	245	João Rodrigues	Vale Correr	Veterano M50	02:13:42	+35:59	07:26
7	50	Abílio Costa	Centro Desportivo e Cultural de S. Martinho da Gândara	Veterano M50	02:21:32	+43:50	07:52
8	51	José Nunes	Centro Desportivo e Cultural de S. Martinho da Gândara	Veterano M50	02:23:28	+45:46	07:58
9	152	Porfrio Pereira	AZTrail	Veterano M50	02:26:18	+48:36	08:08
10	144	Amilcar Ferreira	Individual	Veterano M50	02:30:29	+52:47	08:22
11	52	Paulo Silva	Centro Desportivo e Cultural de S. Martinho da Gândara	Veterano M50	02:39:28	+01:01:46	08:52
12	36	Filipe Fontes	Cal clube atletismo de lamas	Veterano M50	02:44:50	+01:07:07	09:09

