PROVA DE RESISTENCIA - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	13.8ºC	95%
End	12:05	13.8ºC	95%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	9	Pedro Bastos	PNB	01:30:54		05:03	
2	1	Francisco Pereira	Ativa-te	01:31:32	+00:38	05:05	
3	6	Francisco Silva	Individual	01:35:22	+04:28	05:18	
4	15	Diogo Oliveira	Individual	01:42:34	+11:40	05:42	
5	11	José Rosário	Sapatilhas verdes	01:45:32	+14:38	05:52	
6	14	Paulo Sérgio Silva Gomes	Sentir Escariz Running	01:49:40	+18:46	06:06	
7	7	Marcelo Sousa	Individual	01:52:37	+21:43	06:15	
8	13	Nuno Santos	Sentir Escariz Running	01:54:38	+23:44	06:22	
9	10	Luís Bastos	Sapatilhas verdes	02:03:28	+32:34	06:52	
10	8	Carlos Manuel Fonstes da Fonseca	Individual	02:03:58	+33:04	06:53	
11	5	Daniela Ferreira	Individual	02:34:32	+01:03:38	08:35	

The Ultimate Run
Escariz, Arouca, PT
28-May-2023

Prova de Resistencia 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	13.8ºC	95%
End	12:05	13.8ºC	95%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM

Senior Feminino

1	5	Daniela Ferreira	Individual	Senior Feminino	02:34:32		08:35

Senior Masculino

1	1	Francisco Pereira	Ativa-te	Senior Masculino	01:31:32		05:05
2	6	Francisco Silva	Individual	Senior Masculino	01:35:22	+03:50	05:18
3	15	Diogo Oliveira	Individual	Senior Masculino	01:42:34	+11:02	05:42
4	7	Marcelo Sousa	Individual	Senior Masculino	01:52:37	+21:05	06:15
5	10	Luís Bastos	Sapatilhas verdes	Senior Masculino	02:03:28	+31:56	06:52

Veterano M40

1	9	Pedro Bastos	PNB	Veterano M40	01:30:54		05:03
2	11	José Rosário	Sapatilhas verdes	Veterano M40	01:45:32	+14:38	05:52
3	14	Paulo Sérgio Silva Gomes	Sentir Escariz Running	Veterano M40	01:49:40	+18:46	06:06
4	13	Nuno Santos	Sentir Escariz Running	Veterano M40	01:54:38	+23:44	06:22
5	8	Carlos Manuel Fonstes da Fonseca	Individual	Veterano M40	02:03:58	+33:04	06:53

The Ultimate Run
Escariz, Arouca, PT
28-May-2023

CORRIDA - STAGE 1

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	13.8ºC	95%
End	10:53	13.8ºC	95%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1002	José Almeida	EV Peraltafil	38:00		05:26	
2	1010	Marco Oliveira	Individual	38:11	+00:11	05:27	
3	1020	Filipe Sousa	Individual	42:32	+04:32	06:05	
4	1022	José Miguel Silva Gonçalves	Individual	45:12	+07:12	06:27	
5	1027	José Oliveira	Sentir Escariz Running	46:43	+08:43	06:40	
6	1025	Vitor Moreira	Individual	47:30	+09:30	06:47	
7	1060	Celeste Oliveira	Villa Cesari/FLAMA	47:42	+09:42	06:49	
8	1029	Sandra Moreira	TRATADETI. Com	48:25	+10:25	06:55	
9	1040	Dinis Oliveira Lima	TURBULENTOS	49:26	+11:26	07:04	
10	1028	Marta Gomes	SPORTARC	49:42	+11:42	07:06	
11	1019	Fernando Brandao	Sentir Escariz Running	49:49	+11:49	07:07	
12	1024	Rui Figueiredo	Sentir Escariz Running	50:04	+12:04	07:09	
13	1055	João Miguel Pereira Rocha	TURBULENTOS	50:06	+12:06	07:09	
14	1030	Miguel Duarte	TRATADETI. Com	50:32	+12:32	07:13	
15	1063	Marcio Santos	Individual	52:51	+14:51	07:33	
16	1026	Fernando Jorge de Pinho Duarte	Sentir Escariz Running	53:38	+15:38	07:40	
17	1013	Tiago Nogueira Ferreira	Individual	53:47	+15:47	07:41	
18	1065	Laura Gomes	Individual	54:12	+16:12	07:45	
19	1045	Pedro Miguel Conceição Fernandes	TURBULENTOS	54:14	+16:14	07:45	
20	1056	Jorge Carlos de Pinho Tavares	TURBULENTOS	54:17	+16:17	07:45	
21	1062	Francisco Xavier de Jesus Barbosa	Individual	55:20	+17:20	07:54	
22	1037	Tânia Marisa Oliveira Soeira	TURBULENTOS	56:36	+18:36	08:05	
23	1046	Tiago Rafael Alves Santos	TURBULENTOS	56:52	+18:52	08:07	
24	1031	Cláudia Sofia Silva Lima	TURBULENTOS	56:53	+18:53	08:08	
25	1016	Nazare moreira de Oliveira	Sentir Escariz Running	57:39	+19:39	08:14	
26	1043	Pedro Hilário Moreira Rocha	TURBULENTOS	57:58	+19:58	08:17	
27	1018	Paula Almeida	Individual	58:53	+20:53	08:25	
28	1042	Jorge Daniel Duarte Cardoso	TURBULENTOS	59:15	+21:15	08:28	
29	1053	Lúcia Maria Martins de Pinho	TURBULENTOS	01:00:57	+22:57	08:42	
30	1058	Paulo Sérgio Almeida Gonçalves	TURBULENTOS	01:02:03	+24:03	08:52	
31	1039	Carlos Miguel Almeida Tavares	TURBULENTOS	01:03:20	+25:20	09:03	
32	1017	Glória Duarte	Individual	01:04:33	+26:33	09:13	
33	1003	Diana Duarte	Individual	01:05:31	+27:31	09:22	
34	1004	Elisabete Gomes	Individual	01:05:31	+27:31	09:22	
35	1005	Inês Teixeira	Individual	01:05:34	+27:34	09:22	
36	1047	Aldina Almeida Tavares	TURBULENTOS	01:05:56	+27:56	09:25	
37	1057	José Eduardo Duarte Coelho	TURBULENTOS	01:05:57	+27:57	09:25	
38	1001	Laurinda Oliveira	As Marias	01:07:41	+29:41	09:40	
39	1041	Hugo Miguel Brandão Teixeira	TURBULENTOS	01:07:51	+29:51	09:42	
40	1007	Antonio Manuel Reis Pinto Rocha	Individual	01:07:51	+29:51	09:42	
41	1035	Mariana Azevedo Pessoa de Amorim	TURBULENTOS	01:10:45	+32:45	10:06	

CORRIDA - STAGE 1 — 7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	1052	Sara Cristina Rocha Almeida Tavares	TURBULENTOS	01:11:21	+33:21	10:12	
43	1036	Soraia Daniela Vieira Reis	TURBULENTOS	01:12:47	+34:47	10:24	
44	1049	Elisabete Maria Oliveira Santos	TURBULENTOS	01:16:35	+38:35	10:56	
45	1048	Carla Cristina Alves Bastos Rocha	TURBULENTOS	01:16:35	+38:35	10:56	
46	1015	Elisabete Oliveira	Individual	01:18:27	+40:27	11:12	
47	1061	Paulo Correia	Individual	01:19:52	+41:52	11:25	
48	1033	Isabel Moreira Santos	TURBULENTOS	01:22:57	+44:57	11:51	
49	1051	Lilia Isabel Pereira Rocha	TURBULENTOS	01:22:58	+44:58	11:51	
50	1059	Fernando Azevedo Gomes	TURBULENTOS	01:23:02	+45:02	11:52	

Obs

BIB	NOTE	NAME	TEAM
1008	DNS	Francisco Xavier de Jesus Barbosa	Individual
1034	DNF	Maria Teixeira da Costa	TURBULENTOS
1038	DNF	Tatiana Filipa Teixeira da Costa	TURBULENTOS

The Ultimate Run
Escariz, Arouca, PT
28-May-2023

Corrida — 7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	13.8ºC	95%
End	10:53	13.8ºC	95%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1060	Celeste Oliveira	Villa Cesari/FLAMA	Senior Feminino	47:42		06:49
2	1028	Marta Gomes	SPORTARC	Senior Feminino	49:42	+01:59	07:06
3	1037	Tânia Marisa Oliveira Soeira	TURBULENTOS	Senior Feminino	56:36	+08:53	08:05
4	1031	Cláudia Sofia Silva Lima	TURBULENTOS	Senior Feminino	56:53	+09:10	08:08
5	1003	Diana Duarte	Individual	Senior Feminino	01:05:31	+17:48	09:22
6	1004	Elisabete Gomes	Individual	Senior Feminino	01:05:31	+17:48	09:22
7	1005	Inês Teixeira	Individual	Senior Feminino	01:05:34	+17:51	09:22
8	1035	Mariana Azevedo Pessoa de Amorim	TURBULENTOS	Senior Feminino	01:10:45	+23:02	10:06
9	1036	Soraia Daniela Vieira Reis	TURBULENTOS	Senior Feminino	01:12:47	+25:05	10:24
10	1033	Isabel Moreira Santos	TURBULENTOS	Senior Feminino	01:22:57	+35:14	11:51

Senior Masculino

1	1010	Marco Oliveira	Individual	Senior Masculino	38:11		05:27
2	1040	Dinis Oliveira Lima	TURBULENTOS	Senior Masculino	49:26	+11:15	07:04
3	1063	Marcio Santos	Individual	Senior Masculino	52:51	+14:40	07:33
4	1026	Fernando Jorge de Pinho Duarte	Sentir Escariz Running	Senior Masculino	53:38	+15:26	07:40
5	1013	Tiago Nogueira Ferreira	Individual	Senior Masculino	53:47	+15:35	07:41
6	1045	Pedro Miguel Conceição Fernandes	TURBULENTOS	Senior Masculino	54:14	+16:03	07:45
7	1062	Francisco Xavier de Jesus Barbosa	Individual	Senior Masculino	55:20	+17:08	07:54
8	1046	Tiago Rafael Alves Santos	TURBULENTOS	Senior Masculino	56:52	+18:41	08:07
9	1043	Pedro Hilário Moreira Rocha	TURBULENTOS	Senior Masculino	57:58	+19:47	08:17
10	1042	Jorge Daniel Duarte Cardoso	TURBULENTOS	Senior Masculino	59:15	+21:04	08:28
11	1039	Carlos Miguel Almeida Tavares	TURBULENTOS	Senior Masculino	01:03:20	+25:09	09:03
12	1041	Hugo Miguel Brandão Teixeira	TURBULENTOS	Senior Masculino	01:07:51	+29:39	09:42
13	1007	Antonio Manuel Reis Pinto Rocha	Individual	Senior Masculino	01:07:51	+29:40	09:42

Veterana F40

1	1029	Sandra Moreira	TRATADETI. Com	Veterana F40	48:25		06:55
2	1065	Laura Gomes	Individual	Veterana F40	54:12	+05:47	07:45
3	1016	Nazare moreira de Oliveira	Sentir Escariz Running	Veterana F40	57:39	+09:13	08:14
4	1047	Aldina Almeida Tavares	TURBULENTOS	Veterana F40	01:05:56	+17:31	09:25
5	1052	Sara Cristina Rocha Almeida Tavares	TURBULENTOS	Veterana F40	01:11:21	+22:55	10:12
6	1049	Elisabete Maria Oliveira Santos	TURBULENTOS	Veterana F40	01:16:35	+28:09	10:56
7	1048	Carla Cristina Alves Bastos Rocha	TURBULENTOS	Veterana F40	01:16:35	+28:09	10:56
8	1015	Elisabete Oliveira	Individual	Veterana F40	01:18:27	+30:01	11:12

Corrida

7 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

9	1051	Lilia Isabel Pereira Rocha	TURBULENTOS	Veterana F40	01:22:58	+34:32	11:51

Veterana F50

1	1018	Paula Almeida	Individual	Veterana F50	58:53		08:25
2	1053	Lúcia Maria Martins de Pinho	TURBULENTOS	Veterana F50	01:00:57	+02:04	08:42
3	1017	Glória Duarte	Individual	Veterana F50	01:04:33	+05:40	09:13
4	1001	Laurinda Oliveira	As Marias	Veterana F50	01:07:41	+08:48	09:40

Veterano M40

1	1002	José Almeida	EV Peraltafil	Veterano M40	38:00		05:26
2	1020	Filipe Sousa	Individual	Veterano M40	42:32	+04:31	06:05
3	1022	José Miguel Silva Gonçalves	Individual	Veterano M40	45:12	+07:12	06:27
4	1019	Fernando Brandao	Sentir Escariz Running	Veterano M40	49:49	+11:49	07:07
5	1024	Rui Figueiredo	Sentir Escariz Running	Veterano M40	50:04	+12:03	07:09
6	1055	João Miguel Pereira Rocha	TURBULENTOS	Veterano M40	50:06	+12:05	07:09
7	1030	Miguel Duarte	TRATADETI. Com	Veterano M40	50:32	+12:32	07:13
8	1056	Jorge Carlos de Pinho Tavares	TURBULENTOS	Veterano M40	54:17	+16:16	07:45
9	1058	Paulo Sérgio Almeida Gonçalves	TURBULENTOS	Veterano M40	01:02:03	+24:03	08:52
10	1057	José Eduardo Duarte Coelho	TURBULENTOS	Veterano M40	01:05:57	+27:56	09:25
11	1061	Paulo Correia	Individual	Veterano M40	01:19:52	+41:51	11:25

Veterano M50

1	1027	José Oliveira	Sentir Escariz Running	Veterano M50	46:43		06:40
2	1025	Vitor Moreira	Individual	Veterano M50	47:30	+00:47	06:47
3	1059	Fernando Azevedo Gomes	TURBULENTOS	Veterano M50	01:23:02	+36:19	11:52