

**TRAIL LONGO - STAGE 1**
**30 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	10,6°C	90%
End	12:43	10,6°C	90%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	8	Paulo costa	A.D. Amarante Trail Running	02:25:29		04:51	
2	31	António Campos	CTM Vila Pouca de Aguiar	02:27:35	+02:06	04:55	
3	50	João Menezes	Linces do Marão	02:30:45	+05:16	05:01	
4	49	Fábio Carvalho	Linces do Marão	02:30:46	+05:17	05:02	
5	82	Vítor Loureiro	Pcrunners	02:32:05	+06:36	05:04	
6	29	Marco Pinto	CTM Vila Pouca de Aguiar	02:32:45	+07:16	05:05	
7	46	Daniel Jose Silva Barros	Juventude Cortegacense	02:34:34	+09:05	05:09	
8	22	Alfrio Augusto Martins Sebastião	Clube desportivo de Miranda do Douro	02:34:53	+09:24	05:10	
9	3	Gilberto Pimenta	A.D. Amarante Trail Running	02:36:00	+10:31	05:12	
10	5	Paulo Pereira	A.D. Amarante Trail Running	02:37:20	+11:51	05:15	
11	57	Luís Félix	Linces do Marão	02:38:05	+12:36	05:16	
12	60	Martin Rodrigues	Linces do Marão	02:38:11	+12:42	05:16	
13	23	Umberto dos Ramos Vara	Clube desportivo de Miranda do Douro	02:38:55	+13:26	05:18	
14	34	Paulo Fernandes	Geadas Running	02:40:58	+15:29	05:22	
15	9	Júlio Teixeira	A.D. Amarante Trail Running	02:41:56	+16:27	05:24	
16	4	Miguel Pereira	A.D. Amarante Trail Running	02:41:56	+16:27	05:24	
17	59	Frederico Lopes	Linces do Marão	02:42:12	+16:43	05:24	
18	62	Diogo Alves	Lobos do Brunheiro de Chaves / Anteros	02:43:25	+17:56	05:27	
19	67	Luís Teixeira	Lobos do Brunheiro de Chaves / Anteros	02:45:21	+19:52	05:31	
20	66	Pedro Roxo	Lobos do Brunheiro de Chaves / Anteros	02:48:30	+23:01	05:37	
21	10	Miguel Barros	A.D. Amarante Trail Running	02:49:20	+23:51	05:39	
22	76	Nuno correia	Núcleo de Atletismo de Vila Real	02:49:43	+24:14	05:39	
23	51	Ricardo Militão	Linces do Marão	02:50:11	+24:42	05:40	
24	33	Joaquim Gabriel Cruz Silva	DURIUS - Atlético Clube da Pesequeira	02:50:40	+25:11	05:41	
25	84	Laurindo Osório	Valongo Trail Team	02:51:17	+25:48	05:43	
26	15	Pedro Jordão Ribeiro	CF Perosinho Trail & Running	02:51:24	+25:55	05:43	
27	2	Rafael Bravo	100 esforço não há tinto	02:51:36	+26:07	05:43	
28	68	André Lopes	Moloni Running Team	02:54:09	+28:40	05:48	
29	61	Nuno Saavedra	Linces do Marão	02:55:45	+30:16	05:51	
30	58	Estêvão Gonçalves	Linces do Marão	02:55:45	+30:17	05:52	
31	42	José Carlos Pires Rodrigues	Individual	02:55:55	+30:26	05:52	
32	65	Armando Cepeda	Lobos do Brunheiro de Chaves / Anteros	02:57:23	+31:54	05:55	
33	79	David Gonçalves	S4L / Medense FC	02:57:36	+32:07	05:55	
34	74	Luís Fontinha	Moloni Running Team	02:57:44	+32:15	05:55	
35	83	Fernando Gomes	Valongo Trail Team	02:58:02	+32:33	05:56	
36	52	Samuel Quinteira	Linces do Marão	02:58:59	+33:30	05:58	
37	47	Bruno Ribeiro	Kaninos	03:00:05	+34:36	06:00	
38	16	Joaquim Carlos da Silva Coelho	CF Perosinho Trail & Running	03:01:45	+36:16	06:04	
39	37	Fernando magalhaes	Individual	03:03:41	+38:12	06:07	
40	32	Carlos Sousa	CTM Vila Pouca de Aguiar	03:05:21	+39:52	06:11	
41	81	Ricardo Moutinho	Valongo Trail Team	03:06:44	+41:15	06:13	
42	45	Marlene Ferreira	Juventude Cortegacense	03:06:46	+41:17	06:14	



**Trail Longo****30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	10,6°C	90%
End	12:43	10,6°C	90%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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**Senior Feminino**

1	48	Tânia Ribeiro	Linces do Marão	Senior Feminino	03:30:12		07:00
2	26	Estefânia Pinto	CTM Vila Pouca de Aguiar	Senior Feminino	03:43:00	+12:48	07:26

**Senior Masculino**

1	50	João Menezes	Linces do Marão	Senior Masculino	02:30:45		05:01
2	49	Fábio Carvalho	Linces do Marão	Senior Masculino	02:30:46	+00:01	05:02
3	3	Gilberto Pimenta	A.D. Amarante Trail Running	Senior Masculino	02:36:00	+05:14	05:12
4	5	Paulo Pereira	A.D. Amarante Trail Running	Senior Masculino	02:37:20	+06:34	05:15
5	4	Miguel Pereira	A.D. Amarante Trail Running	Senior Masculino	02:41:56	+11:11	05:24
6	62	Diogo Alves	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	02:43:25	+12:40	05:27
7	51	Ricardo Militão	Linces do Marão	Senior Masculino	02:50:11	+19:26	05:40
8	2	Rafael Bravo	100 esforço não há tinto	Senior Masculino	02:51:36	+20:51	05:43
9	79	David Gonçalves	S4L / Medense FC	Senior Masculino	02:57:36	+26:51	05:55
10	52	Samuel Quinteira	Linces do Marão	Senior Masculino	02:58:59	+28:14	05:58
11	81	Ricardo Moutinho	Valongo Trail Team	Senior Masculino	03:06:44	+35:59	06:13
12	24	Pedro Santos	Clube Desportivo Sanfinense	Senior Masculino	03:10:29	+39:44	06:21
13	36	Francisco Magalhães	Individual	Senior Masculino	03:11:21	+40:36	06:23
14	35	André Magalhães	Individual	Senior Masculino	03:18:40	+47:55	06:37
15	54	Vitor Alves	Linces do Marão	Senior Masculino	03:22:33	+51:48	06:45
16	53	Tiago Pona da Costa	Linces do Marão	Senior Masculino	03:22:34	+51:49	06:45
17	27	Ângelo Costa	CTM Vila Pouca de Aguiar	Senior Masculino	03:39:11	+01:08:26	07:18
18	63	Pedro Alves	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	03:43:39	+01:12:54	07:27

**Veterana F40**

1	45	Marlene Ferreira	Juventude Cortegacense	Veterana F40	03:06:46		06:14
2	6	Claudia Moreira	A.D. Amarante Trail Running	Veterana F40	03:21:38	+14:51	06:43
3	56	Liliana Carvalho	Linces do Marão	Veterana F40	03:27:03	+20:17	06:54
4	12	Sílvia Raquel de Oliveira Soares	CF Perosinho Trail & Running	Veterana F40	03:32:33	+25:47	07:05

**Veterana F45**

1	13	Rosa Maria Moreira Alves Campanhã	CF Perosinho Trail & Running	Veterana F45	03:08:25		06:17
2	20	Maria Sebastião	Clube desportivo de Miranda do Douro	Veterana F45	03:14:08	+05:42	06:28
3	11	Lígia Mendes	A.D.Nós Acreditamos	Veterana F45	03:39:22	+30:56	07:19

Official Timekeeper: Lap2Go	1 / 3	generate 19-nov-2023 12:44
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## Trail Longo

**30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

4	64	Sara Nogueira	Lobos do Brunheiro de Chaves / Anteros	Veterana F45	03:45:36	+37:11	07:31
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## Veterana F50

1	14	Fátima Azevedo	CF Perosinho Trail & Running	Veterana F50	03:32:32		07:05
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## Veterana F55

1	7	Rosa Barros	A.D. Amarante Trail Running	Veterana F55	03:24:08		06:48
2	28	Lúcia Lemos	CTM Vila Pouca de Aguiar	Veterana F55	04:13:08	+49:00	08:26

## Veterano M40

1	82	Vitor Loureiro	Pcrunners	Veterano M40	02:32:05		05:04
2	29	Marco Pinto	CTM Vila Pouca de Aguiar	Veterano M40	02:32:45	+00:40	05:05
3	46	Daniel Jose Silva Barros	Juventude Cortegacense	Veterano M40	02:34:34	+02:29	05:09
4	57	Luís Félix	Linces do Marão	Veterano M40	02:38:05	+06:00	05:16
5	15	Pedro Jordão Ribeiro	CF Perosinho Trail & Running	Veterano M40	02:51:24	+19:18	05:43
6	65	Armando Cepeda	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	02:57:23	+25:18	05:55
7	47	Bruno Ribeiro	Kaninos	Veterano M40	03:00:05	+27:59	06:00
8	37	Fernando magalhaes	Individual	Veterano M40	03:03:41	+31:36	06:07
9	18	Emídio Quinteira	Clube de Trail do Alvão	Veterano M40	03:09:50	+37:45	06:20
10	30	Sérgio Vilela	CTM Vila Pouca de Aguiar	Veterano M40	03:12:50	+40:45	06:26
11	75	Martinho Gomes	Núcleo de Atletismo de Vila Real	Veterano M40	03:13:15	+41:10	06:26
12	38	João Miguel Carvas	Individual	Veterano M40	03:15:49	+43:43	06:32
13	21	Tiago Miguel Sampaio Soares	Clube desportivo de Miranda do Douro	Veterano M40	03:17:35	+45:29	06:35

## Veterano M45

1	8	Paulo costa	A.D. Amarante Trail Running	Veterano M45	02:25:29		04:51
2	31	António Campos	CTM Vila Pouca de Aguiar	Veterano M45	02:27:35	+02:05	04:55
3	22	Alírio Augusto Martins Sebastião	Clube desportivo de Miranda do Douro	Veterano M45	02:34:53	+09:23	05:10
4	60	Martin Rodrigues	Linces do Marão	Veterano M45	02:38:11	+12:41	05:16
5	34	Paulo Fernandes	Geadas Running	Veterano M45	02:40:58	+15:28	05:22
6	59	Frederico Lopes	Linces do Marão	Veterano M45	02:42:12	+16:42	05:24
7	66	Pedro Roxo	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	02:48:30	+23:00	05:37
8	76	Nuno correia	Núcleo de Atletismo de Vila Real	Veterano M45	02:49:43	+24:13	05:39
9	68	André Lopes	Moloni Running Team	Veterano M45	02:54:09	+28:39	05:48
10	61	Nuno Saavedra	Linces do Marão	Veterano M45	02:55:45	+30:15	05:51
11	58	Estêvão Gonçalves	Linces do Marão	Veterano M45	02:55:45	+30:16	05:52

**Trail Longo****30 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

12	69	Filipe Braz	Moloni Running Team	Veterano M45	03:17:58	+52:28	06:36
13	80	Ricardo Jorge Parafita Faustino Pereira	Stravistas Venda do Pinheiro	Veterano M45	04:13:23	+01:47:53	08:27
14	40	Nuno Flores	Individual	Veterano M45	04:13:25	+01:47:55	08:27
15	1	João Oliveira	Chaves Running Team	Veterano M45	04:13:27	+01:47:57	08:27

**Veterano M50**

1	9	Júlio Teixeira	A.D. Amarante Trail Running	Veterano M50	02:41:56		05:24
2	67	Luís Teixeira	Lobos do Brunheiro de Chaves / Anteros	Veterano M50	02:45:21	+03:24	05:31
3	10	Miguel Barros	A.D. Amarante Trail Running	Veterano M50	02:49:20	+07:23	05:39
4	33	Joaquim Gabriel Cruz Silva	DURIUS - Atlético Clube da Pesqueira	Veterano M50	02:50:40	+08:43	05:41
5	84	Laurindo Osório	Valongo Trail Team	Veterano M50	02:51:17	+09:20	05:43
6	42	José Carlos Pires Rodrigues	Individual	Veterano M50	02:55:55	+13:58	05:52
7	83	Fernando Gomes	Valongo Trail Team	Veterano M50	02:58:02	+16:05	05:56
8	16	Joaquim Carlos da Silva Coelho	CF Perosinho Trail & Running	Veterano M50	03:01:45	+19:49	06:04
9	41	Joel Silva	Individual	Veterano M50	03:20:57	+39:00	06:42
10	71	Domingos Barros	Moloni Running Team	Veterano M50	03:24:22	+42:25	06:49
11	43	Pedro Vidal	Individual	Veterano M50	04:07:19	+01:25:22	08:15
12	77	Joao Couto	Os Finos	Veterano M50	04:07:19	+01:25:22	08:15

**Veterano M55**

1	32	Carlos Sousa	CTM Vila Pouca de Aguiar	Veterano M55	03:05:21		06:11
2	72	Luís Sousa	Moloni Running Team	Veterano M55	03:07:24	+02:03	06:15
3	73	Raul Morais	Moloni Running Team	Veterano M55	03:07:59	+02:37	06:16
4	17	Luís Pereira	CF Perosinho Trail & Running	Veterano M55	03:08:09	+02:47	06:16
5	19	José Neto	Clube de Trail do Alvão	Veterano M55	03:19:14	+13:53	06:38

**Veterano M60**

1	23	Umberto dos Ramos Vara	Clube desportivo de Miranda do Douro	Veterano M60	02:38:55		05:18
2	74	Luís Fontinha	Moloni Running Team	Veterano M60	02:57:44	+18:48	05:55
3	44	Antonio Carlos	Individual	Veterano M60	03:23:40	+44:44	06:47

**TEAM RESULTS - TRAIL LONGO**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>TEAM</b>	<b>DESCRIPTION</b>	<b>POINTS</b>
1	LINCES DO MARÃO	3 + 4 + 11	18
2	A.D. AMARANTE TRAIL RUNNING	1 + 9 + 10	20
3	CTM VILA POUCA DE AGUIAR	2 + 6 + 40	48
4	LOBOS DO BRUNHEIRO DE CHAVES / ANTEROS	18 + 19 + 20	57
5	CLUBE DESPORTIVO DE MIRANDA DO DOURO	8 + 13 + 52	73
6	VALONGO TRAIL TEAM	25 + 35 + 41	101
7	MOLONI RUNNING TEAM	28 + 34 + 43	105
8	CF PEROSINHO TRAIL & RUNNING	26 + 38 + 45	109

## TRAIL CURTO - STAGE 1

**17 KM**

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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	Time	Temperature	Humidity
Start	09:00	12,3°C	83%
End	12:31	16,5°C	67%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	642	André Martins	Linces do Marão	01:17:51		04:35	
2	513	Henrique Velon	AMA - Mondim Atletismo	01:18:25	+00:34	04:37	
3	555	Ilídio Moreiras	Clube desportivo de Miranda do Douro	01:19:40	+01:49	04:41	
4	653	Jorge Costa	Linces do Marão	01:19:48	+01:57	04:42	
5	526	Manuel Curral	ARALFANDEGUENSE	01:22:29	+04:38	04:51	
6	667	Isma Toro	Lobos do Brunheiro de Chaves / Anteros	01:22:42	+04:51	04:52	
7	574	Nuno Miguel Martins	Grupo Desportivo Santander Totta	01:23:12	+05:21	04:54	
8	652	Filipe Novais	Linces do Marão	01:24:56	+07:05	05:00	
9	564	Licínio Nascimento	DURIUS - Atlético Clube da Pesequeira	01:27:04	+09:13	05:07	
10	559	João Teixeira	CTM Vila Pouca de Aguiar	01:27:18	+09:28	05:08	
11	516	José Teixeira	AMA - Mondim Atletismo	01:27:35	+09:44	05:09	
12	502	Artur Pereira	A.D. Amarante Trail Running	01:27:38	+09:47	05:09	
13	603	Nelson videira	Individual	01:27:43	+09:52	05:10	
14	687	Pedro Nunes	Núcleo de Atletismo de Vila Real	01:27:45	+09:54	05:10	
15	646	Rui Cigre	Linces do Marão	01:27:48	+09:57	05:10	
16	688	Luís Alvadía	Núcleo de Atletismo de Vila Real	01:27:56	+10:05	05:10	
17	649	Gabriel Faceira	Linces do Marão	01:28:05	+10:14	05:11	
18	650	Mário Martins	Linces do Marão	01:28:17	+10:26	05:12	
19	510	Nuno Lemos	A.D.Nós Acreditamos	01:28:37	+10:46	05:13	
20	538	LEONEL VIDEIRA	Chaves Running Team	01:28:43	+10:52	05:13	
21	525	Alcino Silva	Amigos 100 Limites	01:29:10	+11:19	05:15	
22	599	Carlos Carvalho	Individual	01:29:15	+11:24	05:15	
23	675	Miguel Gomes	Lobos do Brunheiro de Chaves / Anteros	01:29:37	+11:46	05:16	
24	544	CLAUDIO GONÇALVES	Clube Atlético de Macedo de Cavaleiros	01:29:49	+11:58	05:17	
25	673	Hugo Fernandes	Lobos do Brunheiro de Chaves / Anteros	01:29:50	+11:59	05:17	
26	622	luis Fonseca	Individual	01:29:58	+12:07	05:18	
27	661	Merche Diz	Lobos do Brunheiro de Chaves / Anteros	01:30:03	+12:12	05:18	
28	547	Americo martins de pinho	clube campismo sao joao da madeira	01:30:20	+12:29	05:19	
29	663	Daniel Coroado	Lobos do Brunheiro de Chaves / Anteros	01:30:44	+12:53	05:20	
30	512	Eduardo Meireles	AMA - Mondim Atletismo	01:30:45	+12:54	05:20	
31	509	Jonas Emanuel Pires Faria	A.D.Nós Acreditamos	01:31:18	+13:27	05:22	
32	515	Samuel Lobo	AMA - Mondim Atletismo	01:31:28	+13:37	05:23	
33	654	Antony Leyser	Lobos do Brunheiro de Chaves / Anteros	01:31:42	+13:51	05:24	
34	534	Tiago Alexandre Mendes de Oliveira	CF Perosinho Trail & Running	01:31:46	+13:55	05:24	
35	636	Ernesto Marques Alves	Juventude Cortegacense	01:31:47	+13:56	05:24	
36	685	Nelson Silva	Núcleo de Atletismo de Vila Real	01:32:01	+14:10	05:25	
37	605	Nuno Miranda	Individual	01:34:04	+16:13	05:32	
38	524	José Oliveira	AMA - Mondim Atletismo	01:34:45	+16:54	05:34	
39	618	Fernando Moreira	Individual	01:36:20	+18:29	05:40	
40	645	Romeu Carvalho	Linces do Marão	01:36:26	+18:35	05:40	
41	508	David Neves	A.D.Nós Acreditamos	01:36:32	+18:41	05:41	
42	507	Valentim Henriques	A.D. Amarante Trail Running	01:37:42	+19:51	05:45	







**TRAIL CURTO - STAGE 1****17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	638	Andreia Barreira	Linces do Marão	01:53:35	+35:44	06:41	
90	674	Idalina Pereira	Lobos do Brunheiro de Chaves / Anteros	01:53:37	+35:46	06:41	
91	677	Fernando Pereira	Lobos do Brunheiro de Chaves / Anteros	01:53:37	+35:46	06:41	
92	519	Nuno Lage	AMA - Mondim Atletismo	01:53:44	+35:53	06:41	
93	694	Laura Mendes	Kemedo Team	01:53:55	+36:04	06:42	
94	552	Anabela Fernandes Martins	Clube desportivo de Miranda do Douro	01:54:36	+36:45	06:44	
95	527	Bruno Marante	Bigodes de Tinto	01:56:17	+38:26	06:50	
96	546	Jean Marcereau	Clube atlético de macedo de cavaleiros	01:56:40	+38:49	06:52	
97	595	Su Magalhães	Individual	01:57:11	+39:20	06:54	
98	614	João Graça	Individual	01:57:11	+39:20	06:54	
99	626	Luís Marcelo Monteiro	Individual	01:57:21	+39:30	06:54	
100	580	João Lucena	Individual	01:57:30	+39:39	06:55	
101	625	Armindo Lopes	Individual	01:57:38	+39:47	06:55	
102	644	Luís Esteves	Linces do Marão	01:57:48	+39:57	06:56	
103	578	Guilherme Gontijo	Individual	01:57:49	+39:58	06:56	
104	565	Custódio Paulo Tavares Alves	DURIUS - Atlético Clube da Pesequeira	01:58:02	+40:11	06:57	
105	686	Pedro Pereira	Núcleo de Atletismo de Vila Real	01:58:02	+40:11	06:57	
106	587	Arlete Maria Correia Gomes	Individual	01:58:32	+40:41	06:58	
107	664	Diogo Machado	Lobos do Brunheiro de Chaves / Anteros	01:58:51	+41:00	06:59	
108	655	Isac Roxo	Lobos do Brunheiro de Chaves / Anteros	01:58:51	+41:00	06:59	
109	668	Joel Soares	Lobos do Brunheiro de Chaves / Anteros	01:58:51	+41:00	06:59	
110	670	Renato Chaves	Lobos do Brunheiro de Chaves / Anteros	01:58:51	+41:00	06:59	
111	609	Vitor (Areias) Peixoto	Individual	02:00:12	+42:21	07:04	
112	635	Maria José Franco Oliveira	Juventude Cortegacense	02:00:18	+42:27	07:05	
113	573	Luisa Moreira	Ginásio clube Braganca	02:00:20	+42:29	07:05	
114	562	Diana Batista	DURIUS - Atlético Clube da Pesequeira	02:00:28	+42:37	07:05	
115	637	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	02:00:44	+42:53	07:06	
116	592	Susana Ferreira	Individual	02:00:47	+42:56	07:06	
117	639	Barbara Santos	Linces do Marão	02:02:01	+44:10	07:11	
118	600	Carlos Gomes	Individual	02:02:23	+44:32	07:12	
119	572	Francisco de Sousa Teixeira	Geadas Running	02:02:25	+44:34	07:12	
120	568	Marília Guedes	Geadas Running	02:02:25	+44:34	07:12	
121	617	ANTONIO NUNES	Individual	02:02:34	+44:43	07:13	
122	684	Sandra Ribeiro	Núcleo de Atletismo de Vila Real	02:02:38	+44:47	07:13	
123	535	Neida Andreina de Pinho Carvalho	CF Perosinho Trail & Running	02:02:54	+45:03	07:14	
124	560	João Carneiro	CTM Vila Pouca de Aguiar	02:04:35	+46:44	07:20	
125	621	LUIS FILIPE PIRES RODRIGUES	Individual	02:05:03	+47:12	07:21	
126	693	Clara Miguel	Juventude da Ilha Verde	02:06:08	+48:17	07:25	
127	569	Bruno Carvalho	Geadas Running	02:06:53	+49:02	07:28	
128	585	Ricardo Fonseca	Individual	02:07:31	+49:40	07:30	
129	549	Avelino Almeida	Clube de Trail do Alvão	02:07:50	+49:59	07:31	
130	548	Cristiano Nogueira	Clube de Trail do Alvão	02:07:51	+50:00	07:31	
131	657	Cáti Teixeira	Lobos do Brunheiro de Chaves / Anteros	02:08:11	+50:20	07:32	
132	566	Alfredo Peniche	G D Tougues	02:08:16	+50:25	07:33	
133	678	Luís Pires	Lobos do Brunheiro de Chaves / Anteros	02:09:21	+51:30	07:37	



**Trail Curto****17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:00	12,3°C	83%
End	12:31	16,5°C	67%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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**Junior Masculino**

1	654	Antony Leyser	Lobos do Brunheiro de Chaves / Anteros	Junior Masculino	01:31:42		05:24
2	567	César David Rodrigues Silva	Geadas Running	Junior Masculino	01:41:08	+09:25	05:57
3	656	Rúben Melo	Lobos do Brunheiro de Chaves / Anteros	Junior Masculino	01:48:23	+16:41	06:23
4	655	Isac Roxo	Lobos do Brunheiro de Chaves / Anteros	Junior Masculino	01:58:51	+27:09	06:59
5	550	Tiago Domingues	Clube desportivo de Miranda do Douro	Junior Masculino	02:16:56	+45:14	08:03

**Senior Feminino**

1	661	Merche Diz	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	01:30:03		05:18
2	537	rosa carmo	Chaves Running Team	Senior Feminino	01:46:46	+16:43	06:17
3	543	Mara Carolina Gerales Calado	Clube Atlético de Macedo de Cavaleiros	Senior Feminino	01:47:48	+17:45	06:20
4	638	Andreia Barreira	Linces do Marão	Senior Feminino	01:53:35	+23:32	06:41
5	552	Anabela Fernandes Martins	Clube desportivo de Miranda do Douro	Senior Feminino	01:54:36	+24:33	06:44
6	562	Diana Batista	DURIUS - Atlético Clube da Pesqueira	Senior Feminino	02:00:28	+30:24	07:05
7	639	Barbara Santos	Linces do Marão	Senior Feminino	02:02:01	+31:57	07:11
8	657	Cáti Teixeira	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	02:08:11	+38:08	07:32
9	633	Ines Gomes Cardoso	Juventude Cortegacense	Senior Feminino	02:10:29	+40:26	07:41
10	690	Patrícia Marques	Runners Sernancelhe Terra da Castanha	Senior Feminino	02:11:07	+41:04	07:43
11	659	Jéssica Canto	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	02:12:51	+42:48	07:49
12	575	Joana Alves	Individual	Senior Feminino	02:21:34	+51:30	08:20
13	692	Leticia Costa	Valongo Trail Team	Senior Feminino	02:22:26	+52:22	08:23
14	660	Mara Machado	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	02:28:12	+58:09	08:43
15	658	Helena Teixeira	Lobos do Brunheiro de Chaves / Anteros	Senior Feminino	02:34:47	+01:04:44	09:06
16	533	Juliana Filipa Alves Moreira	CF Perosinho Trail & Running	Senior Feminino	02:49:36	+01:19:33	09:59

**Senior Masculino**

1	642	André Martins	Linces do Marão	Senior Masculino	01:17:51		04:35
2	513	Henrique Velon	AMA - Mondim Atletismo	Senior Masculino	01:18:25	+00:34	04:37

Official Timekeeper: Lap2Go	1 / 6	generate 19-nov-2023 12:38
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## Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

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2	588	Florbela da silva alves	Individual	Veterana F40	01:51:55	+07:59	06:35
3	674	Idalina Pereira	Lobos do Brunheiro de Chaves / Anteros	Veterana F40	01:53:37	+09:41	06:41
4	587	Arlete Maria Correia Gomes	Individual	Veterana F40	01:58:32	+14:36	06:58
5	568	Marília Guedes	Geadas Running	Veterana F40	02:02:25	+18:29	07:12
6	535	Neida Andreina de Pinho Carvalho	CF Perosinho Trail & Running	Veterana F40	02:02:54	+18:58	07:14
7	517	Claudia Coelho	AMA - Mondim Atletismo	Veterana F40	02:09:48	+25:53	07:38
8	586	Ana Gonçalves	Individual	Veterana F40	02:35:53	+51:58	09:10
9	589	Inês santos	Individual	Veterana F40	02:35:53	+51:58	09:10

## Veterana F45

1	682	Gisela Lopes	Núcleo de Atletismo de Vila Real	Veterana F45	01:51:07		06:32
2	539	PAULA ADAGOI	Chaves Running Team	Veterana F45	01:52:04	+00:56	06:36
3	635	Maria José Franco Oliveira	Juventude Cortegacense	Veterana F45	02:00:18	+09:10	07:05
4	573	Luisa Moreira	Ginásio clube Braganca	Veterana F45	02:00:20	+09:13	07:05
5	592	Susana Ferreira	Individual	Veterana F45	02:00:47	+09:39	07:06
6	693	Clara Miguel	Juventude da Ilha Verde	Veterana F45	02:06:08	+15:00	07:25
7	590	Cláudia Figueiredo	Individual	Veterana F45	02:22:01	+30:54	08:21
8	591	Sandra Figueiredo	Individual	Veterana F45	02:26:53	+35:45	08:38

## Veterana F50

1	563	Olga Maria Sousa Gouveia	DURIUS - Atlético Clube da Pesqueira	Veterana F50	01:53:06		06:39
2	596	Teresa Marta	Individual	Veterana F50	01:53:23	+00:17	06:40
3	694	Laura Mendes	Kemedo Team	Veterana F50	01:53:55	+00:48	06:42
4	595	Su Magalhães	Individual	Veterana F50	01:57:11	+04:04	06:54
5	684	Sandra Ribeiro	Núcleo de Atletismo de Vila Real	Veterana F50	02:02:38	+09:32	07:13
6	697	Eduarda Braga	Individual	Veterana F50	02:19:45	+26:38	08:13
7	594	maria pinto	Individual	Veterana F50	02:49:44	+56:37	09:59

## Veterana F55

1	540	SOLANGE RODRIGUES	Chaves Running Team	Veterana F55	02:11:22		07:44
2	680	Amélia Moreira	Moloni Running Team	Veterana F55	02:25:20	+13:58	08:33

## Veterana F60

1	536	Maria de Lurdes Tavares Oliveira	CF Perosinho Trail & Running	Veterana F60	02:17:13		08:04
2	541	ALEXANDRINA OLIVEIRA	Chaves Running Team	Veterana F60	02:34:18	+17:05	09:05
3	597	FILOMENA ASSUNCAO LOPES	Individual	Veterana F60	03:31:07	+01:13:54	12:25

Official Timekeeper: Lap2Go	3 / 6	generate 19-nov-2023 12:38
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**Trail Curto**

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**Veterano M40**

1	574	Nuno Miguel Martins	Grupo Desportivo Santander Totta	Veterano M40	01:23:12		04:54
2	564	Licinio Nascimento	DURIUS - Atlético Clube da Pesequeira	Veterano M40	01:27:04	+03:52	05:07
3	603	Nelson videira	Individual	Veterano M40	01:27:43	+04:30	05:10
4	649	Gabriel Faceira	Linces do Marão	Veterano M40	01:28:05	+04:52	05:11
5	650	Mário Martins	Linces do Marão	Veterano M40	01:28:17	+05:04	05:12
6	599	Carlos Carvalho	Individual	Veterano M40	01:29:15	+06:02	05:15
7	675	Miguel Gomes	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	01:29:37	+06:24	05:16
8	685	Nelson Silva	Núcleo de Atletismo de Vila Real	Veterano M40	01:32:01	+08:49	05:25
9	605	Nuno Miranda	Individual	Veterano M40	01:34:04	+10:51	05:32
10	645	Romeu Carvalho	Linces do Marão	Veterano M40	01:36:26	+13:13	05:40
11	554	Fernando Gomes	Clube desportivo de Miranda do Douro	Veterano M40	01:43:54	+20:41	06:07
12	553	Bruno Rodrigues	Clube desportivo de Miranda do Douro	Veterano M40	01:44:19	+21:07	06:08
13	608	Sérgio Gomes	Individual	Veterano M40	01:45:59	+22:46	06:14
14	602	Marco Teixeira	Individual	Veterano M40	01:46:18	+23:06	06:15
15	648	Eduardo Pereira	Linces do Marão	Veterano M40	01:48:08	+24:55	06:22
16	607	Rui Tomé	Individual	Veterano M40	01:50:03	+26:51	06:28
17	604	Nuno Miguel Rodrigues	Individual	Veterano M40	01:51:06	+27:54	06:32
18	529	Rui Faria	Bigodes de Tinto	Veterano M40	01:51:40	+28:27	06:34
19	528	Jonas Maia	Bigodes de Tinto	Veterano M40	01:52:56	+29:43	06:39
20	519	Nuno Lage	AMA - Mondim Atletismo	Veterano M40	01:53:44	+30:31	06:41
21	527	Bruno Marante	Bigodes de Tinto	Veterano M40	01:56:17	+33:04	06:50
22	686	Pedro Pereira	Núcleo de Atletismo de Vila Real	Veterano M40	01:58:02	+34:49	06:57
23	609	Vitor (Areias) Peixoto	Individual	Veterano M40	02:00:12	+36:59	07:04
24	600	Carlos Gomes	Individual	Veterano M40	02:02:23	+39:10	07:12
25	569	Bruno Carvalho	Geadas Running	Veterano M40	02:06:53	+43:40	07:28
26	570	Daniel Leal	Geadas Running	Veterano M40	02:09:46	+46:33	07:38
27	561	Hugo Pinto	DOUROBTT CCPAD	Veterano M40	02:11:16	+48:03	07:43
28	601	Daniel Conde	Individual	Veterano M40	02:11:53	+48:41	07:45
29	598	Bruno Pereira	Individual	Veterano M40	02:15:55	+52:42	08:00
30	606	Pedro Melo	Individual	Veterano M40	02:20:44	+57:31	08:17
31	610	William Pomarel	Individual	Veterano M40	03:31:08	+02:07:55	12:25

**Veterano M45**

1	555	Ilídio Moreiras	Clube desportivo de Miranda do Douro	Veterano M45	01:19:40		04:41
2	653	Jorge Costa	Linces do Marão	Veterano M45	01:19:48	+00:07	04:42
3	652	Filipe Novais	Linces do Marão	Veterano M45	01:24:56	+05:15	05:00
4	559	João Teixeira	CTM Vila Pouca de Aguiar	Veterano M45	01:27:18	+07:38	05:08
5	502	Artur Pereira	A.D. Amarante Trail Running	Veterano M45	01:27:38	+07:57	05:09
6	687	Pedro Nunes	Núcleo de Atletismo de Vila Real	Veterano M45	01:27:45	+08:04	05:10

Official Timekeeper: Lap2Go	4 / 6	generate 19-nov-2023 12:38
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## Trail Curto

**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

7	510	Nuno Lemos	A.D.Nós Acreditamos	Veterano M45	01:28:37	+08:56	05:13
8	544	CLAUDIO GONÇALVES	Clube Atlético de Macedo de Cavaleiros	Veterano M45	01:29:49	+10:09	05:17
9	505	Telmo Silva	A.D. Amarante Trail Running	Veterano M45	01:38:17	+18:36	05:47
10	613	Gilberto correia	Individual	Veterano M45	01:38:41	+19:01	05:48
11	558	Guilhermino Meireles	CTM Vila Pouca de Aguiar	Veterano M45	01:40:39	+20:58	05:55
12	696	Nuno Miguel Medeiros Pinto	Linces do Marão	Veterano M45	01:41:57	+22:16	06:00
13	689	João coelho	Pcrunners	Veterano M45	01:42:03	+22:22	06:00
14	521	Jorge Alves	AMA - Mondim Atletismo	Veterano M45	01:43:44	+24:03	06:06
15	651	Carlos Matos	Linces do Marão	Veterano M45	01:47:02	+27:22	06:18
16	504	Nuno Moura	A.D. Amarante Trail Running	Veterano M45	01:47:28	+27:47	06:19
17	676	Agostinho Melo	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	01:48:23	+28:43	06:23
18	616	Nuno Miguel Bento Fernandes	Individual	Veterano M45	01:49:08	+29:27	06:25
19	615	Luís souza	Individual	Veterano M45	01:49:39	+29:58	06:27
20	611	Antonio José Gonçalves da Silva	Individual	Veterano M45	01:51:11	+31:30	06:32
21	522	Paulo da Rocha Fonseca	AMA - Mondim Atletismo	Veterano M45	01:51:58	+32:17	06:35
22	531	Rui Freitas	Bike Aventura Alijó	Veterano M45	01:53:17	+33:36	06:40
23	530	Nuno Miguel Cardoso	Bike Aventura Alijó	Veterano M45	01:53:17	+33:36	06:40
24	677	Fernando Pereira	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	01:53:37	+33:56	06:41
25	614	João Graça	Individual	Veterano M45	01:57:11	+37:30	06:54
26	566	Alfredo Peniche	G D Tougues	Veterano M45	02:08:16	+48:35	07:33
27	678	Luís Pires	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	02:09:21	+49:40	07:37
28	695	Ludovino Pimenta	Valongo Trail Team	Veterano M45	02:09:38	+49:57	07:38
29	612	Emanuel Gonçalves	Individual	Veterano M45	02:12:30	+52:49	07:48
30	503	Marco Nunes	A.D. Amarante Trail Running	Veterano M45	02:21:33	+01:01:52	08:20

## Veterano M50

1	688	Luís Alviaia	Núcleo de Atletismo de Vila Real	Veterano M50	01:27:56		05:10
2	622	luis Fonseca	Individual	Veterano M50	01:29:58	+02:02	05:18
3	547	Americo martins de pinho	clube campismo sao joao da madeira	Veterano M50	01:30:20	+02:23	05:19
4	618	Fernando Moreira	Individual	Veterano M50	01:36:20	+08:24	05:40
5	623	Marco Pinto	Individual	Veterano M50	01:50:16	+22:20	06:29
6	617	ANTONIO NUNES	Individual	Veterano M50	02:02:34	+34:38	07:13
7	560	João Carneiro	CTM Vila Pouca de Aguiar	Veterano M50	02:04:35	+36:38	07:20
8	621	LUIS FILIPE PIRES RODRIGUES	Individual	Veterano M50	02:05:03	+37:07	07:21
9	571	António Quadros	Geadas Running	Veterano M50	02:10:30	+42:33	07:41
10	511	Reis Lima Quarteu	Academia JDC	Veterano M50	02:15:33	+47:37	07:58
11	619	João Paulo Monteiro Reis	Individual	Veterano M50	02:15:55	+47:58	08:00
12	620	Joaquim Vaz	Individual	Veterano M50	02:17:22	+49:26	08:05
13	506	Albano Coelho	A.D. Amarante Trail Running	Veterano M50	02:21:34	+53:37	08:20





