lap2go TIMING SOLUTION

Prova do Bodo 2023
Pombal, PT
29-July-2023

PROVA PRINCIPAL - STAGE 1 — 1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	19:00	24.2ºC	61%
End	20:36	21.1ºC	76%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	487	Davide Silva	sporting clube de braga	Senior Masculino	30:31		-
2	272	SAID AMEQRANE	individual	Senior Masculino	30:32	+00:01	-
3	49	Ricardo Jorge Henriques Pereira	acd jardim da serra	Senior Masculino	30:38	+00:07	-
4	6	Nuno lopes	clube desportivo do feirense	Veterano M35	30:47	+00:16	-
5	445	Bruno Silva	prime running club	Veterano M40	30:57	+00:26	-
6	457	João Almeida	recreio desportivo de águeda	Senior Masculino	31:13	+00:41	-
7	7	José Sousa	individual	Senior Masculino	31:23	+00:52	-
8	177	Valter Costa	gac-grupo de atletismo da caranguejeira	Senior Masculino	31:56	+01:25	-
9	300	Bruno Paixão	individual	Veterano M35	32:15	+01:44	-
10	81	Alexandre Miguel Carrilho Barroqueiro	atletismo valencia de alcántara	Senior Masculino	32:35	+02:03	-
11	446	Pedro Ribeiro	prime running club	Veterano M40	32:59	+02:28	-
12	436	Ricardo Carreira	ocs- arrábida trail team	Veterano M35	33:09	+02:38	-
13	9	Pedro Venâncio	grupo recreativo eirense	Senior Masculino	33:36	+03:05	-
14	127	Tiago Marques	clube campismo são joão madeira	Veterano M40	33:37	+03:06	-
15	169	Cristiano Oliveira	escola de atletismo de coimbra/jpaiva	Senior Masculino	33:39	+03:07	-
16	92	João Pereira	c. d. são salvador do campo	Veterano M45	33:40	+03:09	-
17	80	Alberto Gazapo Bravo	atletismo valencia de alcántara	Senior Masculino	33:43	+03:11	-
18	168	Carlos Filipe Leite Costa	escola de atletismo de coimbra/jpaiva	Senior Masculino	33:49	+03:18	-
19	11	BRUNO GASPAR	ac vermoil	Veterano M40	34:00	+03:29	-
20	118	CELSO LEITE	clube atlewtismo de ovar	Senior Masculino	34:11	+03:40	-
21	179	Vitor Dinis	gac-grupo de atletismo da caranguejeira	Veterano M50	34:13	+03:42	-
22	201	RUI ALVES	grupo desportivo são paio de oleiros	Senior Masculino	34:17	+03:46	-
23	486	Mónica Silva	sport comércio e salgueiros	Veterana F35	34:18	+03:47	-
24	202	Telmo nascimento	grupo desportivo são paio de oleiros	Senior Masculino	34:23	+03:51	-
25	120	SERGIO PAIVA	clube atlewtismo de ovar	Veterano M35	34:26	+03:55	-
26	402	MICKAEL PIRES	industrial desportivo vieirense	Veterano M35	34:30	+03:59	-
27	458	Carla Martinho	recreio desportivo de águeda	Veterana F40	34:40	+04:09	-
28	8	Luís Contente	individual	Senior Masculino	34:41	+04:09	-
29	350	Ricardo Jordão	individual	Veterano M40	34:49	+04:18	-
30	111	Emanuel Cardoso	clube atletismo de marinha grande	Senior Masculino	35:09	+04:38	-
31	50	Guilherme Fernandes	acdrs quinhendros	Senior Masculino	35:12	+04:41	-
32	379	Sérgio Paiva	nucleoeiras	Veterano M50	35:27	+04:55	-
33	108	Andreia Santos	cd feirense	Veterana F35	35:28	+04:56	-
34	122	JANIK LIMA	clube atlewtismo de ovar	Veterano M40	35:28	+04:57	-
35	32	PEDRO FERREIRA	ac vermoil	Veterano M45	35:29	+04:58	-
36	21	SAMUEL LIMPINHO	ac vermoil	Senior Masculino	35:36	+05:04	-
37	192	Licínio Silva	grupo alegre unido bajouca	Senior Masculino	35:41	+05:10	-
38	460	Hugo Ramalho	recreio desportivo de águeda	Veterano M40	35:42	+05:11	-
39	46	NUNO SERRADAS	acbatalha	Veterano M40	35:43	+05:11	-
40	261	Paulo Pereira	individual	Senior Masculino	35:49	+05:18	-

PROVA PRINCIPAL - STAGE 1 — 1 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	20	JOÃO GONÇALVES	ac vermoil	Senior Masculino	36:05	+05:34	-
42	269	Rodrigo Santos Ladeira	individual	Senior Masculino	36:06	+05:35	-
43	200	Fernando Matos	grupo de convívio e amizade nas donas	Veterano M55	36:08	+05:37	-
44	178	Nuno Casalinho	gac-grupo de atletismo da caranguejeira	Veterano M40	36:15	+05:43	-
45	28	RICARDO GONÇALVES	ac vermoil	Veterano M40	36:17	+05:46	-
46	190	Diogo Viana	grupo alegre unido bajouca	Senior Masculino	36:26	+05:55	-
47	514	Cláudio Nóbrega	vilaventura trail	Veterano M35	36:32	+06:01	-
48	60	filipe ismael maia rocha	adcr pereira	Veterano M40	36:39	+06:07	-
49	119	LEONEL FERNANDES	clube atlewtismo de ovar	Veterano M35	36:43	+06:12	-
50	17	Carlos Oliveira	a.baluganense.cd	Veterano M40	36:52	+06:21	-
51	365	Nuno Santos	individual	Veterano M45	36:55	+06:23	-
52	318	Davide Silva	individual	Veterano M40	37:01	+06:29	-
53	102	Carlos Nunes	casa do povo de mangualde	Veterano M40	37:01	+06:30	-
54	84	Luís Sequeira	bairro dos anjos - amigos da corrida	Veterano M50	37:16	+06:45	-
55	112	Eduardo Cardeira	clube atletismo de marinha grande	Veterano M40	37:20	+06:49	-
56	162	João Paulo Almeida	dci/trilhos luso bussaco	Veterano M55	37:29	+06:58	-
57	16	Márcio Pereira	a .r.casaense/ escola atletismo coimbra	Veterano M40	37:30	+06:59	-
58	206	Manuel belinha	grupo desportivo são paio de oleiros	Veterano M45	37:37	+07:06	-
59	31	LICÍNIO CARREIRA	ac vermoil	Veterano M45	37:38	+07:06	-
60	65	João Santana	adrm	Veterano M35	37:49	+07:17	-
61	265	Rani Gonçalves Elassal	individual	Senior Masculino	37:49	+07:18	-
62	409	JÚLIO HENRIQUES	industrial desportivo vieirense	Veterano M60	37:50	+07:19	-
63	405	ANTÓNIO FERREIRA	industrial desportivo vieirense	Veterano M55	37:54	+07:23	-
64	456	Sara Carvalho	recreio desportivo de águeda	Senior Feminino	37:58	+07:27	-
65	82	Óscar Romero Durán	atletismo valencia de alcántara	Senior Masculino	38:12	+07:40	-
66	77	Tiago Alves	arcuda	Senior Masculino	38:16	+07:45	-
67	204	Armando bastos	grupo desportivo são paio de oleiros	Veterano M45	38:17	+07:46	-
68	430	Luís Lisboa	notícias de colmeias atletismo	Veterano M40	38:17	+07:46	-
69	401	ALÉXIS ROCHA	industrial desportivo vieirense	Senior Masculino	38:18	+07:47	-
70	193	Ricardo Nunes	grupo alegre unido bajouca	Senior Masculino	38:36	+08:04	-
71	474	Daniel Antunes	sicótrilhos	Senior Masculino	38:39	+08:08	-
72	70	Tozé velha	antonio velha	Veterano M60	38:39	+08:08	-
73	470	Américo Valente	serviços sociais culturais dos trabalhadores do município de ovar	Veterano M60	38:53	+08:21	-
74	10	Daniela Cordeiro	grupo alegre unido bajouca	Senior Feminino	39:04	+08:33	-
75	189	Daniel Cabecinhas	grupo alegre unido bajouca	Senior Masculino	39:04	+08:33	-
76	126	MARIO VAZ	clube atlewtismo de ovar	Veterano M60	39:05	+08:34	-
77	275	Tiago Alves	individual	Senior Masculino	39:07	+08:36	-
78	123	PEDRO SILVA	clube atlewtismo de ovar	Veterano M45	39:10	+08:39	-
79	114	José Raimundo	clube atletismo de marinha grande	Veterano M60	39:20	+08:49	-
80	434	Luís Narciso	o mundo da corrida	Veterano M35	39:23	+08:52	-
81	412	Antonio Fonseca Oliveira	liz runner	Veterano M40	39:28	+08:57	-
82	336	MARCO GOMES	individual	Veterano M40	39:29	+08:57	-
83	30	JOSÉ MENDES	ac vermoil	Veterano M45	39:33	+09:02	-
84	493	wilson ribeiro	timim	Veterano M35	39:35	+09:03	-
85	186	Patrícia Carreira	grupo alegre unido bajouca	Senior Feminino	39:37	+09:06	-

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	224	José Gonçalves	grupo alegre unido bajouca	Veterano M55	39:42	+09:11	-
87	467	Eurico Gabriel Sintra Nogueira	scpombal/trailteam	Veterano M35	39:44	+09:13	-
88	268	Rodrigo Miranda	individual	Senior Masculino	39:46	+09:15	-
89	376	Luiz Mota	individual	Veterano M50	39:52	+09:21	-
90	352	Sérgio Junqueira	individual	Veterano M40	39:54	+09:23	-
91	270	Ruben Vieira	individual	Senior Masculino	39:57	+09:26	-
92	407	GABRIEL RODRIGUES	industrial desportivo vieirense	Veterano M55	40:02	+09:31	-
93	258	Olav Engeland	individual	Senior Masculino	40:03	+09:32	-
94	511	Bruno Antunes	vilaventura trail	Senior Masculino	40:04	+09:33	-
95	29	JOAQUIM QUITÉRIO	ac vermoil	Veterano M45	40:05	+09:34	-
96	403	LEONEL SOUSA	industrial desportivo vieirense	Veterano M50	40:07	+09:36	-
97	18	Mário Carvalho	a.c.r. vilarinho de cima	Veterano M60	40:09	+09:38	-
98	148	Ruben Gomes	cpr a-do-barbas	Veterano M35	40:10	+09:38	-
99	406	CARLOS SIMÕES	industrial desportivo vieirense	Veterano M55	40:10	+09:39	-
100	167	Jennifer Maia	escola de atletismo de coimbra/jpaiva	Senior Feminino	40:12	+09:41	-
101	522	Orlando valente	grupo desportivo são paio de oleiros	Veterano M55	40:28	+09:57	-
102	485	Antonio silva	sport club ferreira do zêzere	Veterano M55	40:31	+10:00	-
103	110	Alexandra Oliveira	club sport maritimo	Senior Feminino	40:31	+10:00	-
104	121	TIAGO FERREIRA	clube atlewtismo de ovar	Veterano M35	40:40	+10:09	-
105	459	Ricardo Andrade	recreio desportivo de águeda	Veterano M35	40:42	+10:10	-
106	76	Bernardo Alves	arcuda	Senior Masculino	40:43	+10:12	-
107	259	Patrício Martins	individual	Senior Masculino	40:44	+10:13	-
108	124	DINIS BATISTA	clube atlewtismo de ovar	Veterano M50	40:47	+10:16	-
109	95	Tetyana Vakulyuk	caracol trail team	Veterana F40	40:52	+10:21	-
110	199	Martinho Pedrosa	grupo alegre unido bajouca	Veterano M55	40:55	+10:24	-
111	505	Pedro Manuel Lopes Quelhas	trail da amizade runner's	Veterano M45	40:57	+10:26	-
112	26	HELDER MIRANDA	ac vermoil	Veterano M40	41:00	+10:28	-
113	203	Ricardo belinha	grupo desportivo são paio de oleiros	Veterano M40	41:09	+10:38	-
114	71	João Silva	arcd venda da luísa	Senior Masculino	41:10	+10:39	-
115	400	ADRIANA COELHO	industrial desportivo vieirense	Senior Feminino	41:10	+10:39	-
116	363	Marco Martins	individual	Veterano M45	41:19	+10:47	-
117	109	Vitor Nelson Esteves Torres da Silva	cerveira team running	Veterano M50	41:26	+10:54	-
118	191	Fábio Ferreira	grupo alegre unido bajouca	Senior Masculino	41:29	+10:58	-
119	113	Luis Maia	clube atletismo de marinha grande	Veterano M45	41:30	+10:59	-
120	91	Miguel Magalhães Abreu Castelo Branco	barras e bolinhos	Veterano M50	41:33	+11:02	-
121	129	Sara Pedrosa	clube desportivo de espite	Senior Feminino	41:34	+11:02	-
122	61	Joel Ricardo Esperança Lopes	adcr pereira	Veterano M40	41:38	+11:07	-
123	234	Diogo Oliveira	individual	Senior Masculino	41:45	+11:13	-
124	372	Joel Silva	individual	Veterano M50	41:45	+11:14	-
125	266	Ricardo Alegrete	individual	Senior Masculino	41:48	+11:17	-
126	64	António Patrício	adr4 estações	Veterano M55	41:55	+11:23	-
127	410	LICÍNIO PEREIRA	industrial desportivo vieirense	Veterano M60	41:56	+11:25	-
128	246	João Valente	individual	Senior Masculino	41:58	+11:27	-
129	25	MARINA AGOSTINHO	ac vermoil	Veterana F40	42:00	+11:29	-
130	98	Jorge Delgado	casa do povo de lavos	Veterano M35	42:04	+11:33	-

PROVA PRINCIPAL - STAGE 1 1 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	250	Luís Lopes	individual	Senior Masculino	42:08	+11:37	-
132	143	Ana Bonifácio	cpr a-do-barbas	Senior Feminino	42:09	+11:37	-
133	188	André Crespo	grupo alegre unido bajouca	Senior Masculino	42:10	+11:39	-
134	309	Nuno paixão	individual	Veterano M35	42:17	+11:46	-
135	37	AQUILINO FERREIRA	ac vermoil	Veterano M60	42:19	+11:47	-
136	62	Hélder Piedade	adcrpereira trail e btt	Veterano M50	42:19	+11:48	-
137	19	MANUELA MARTINS	ac vermoil	Senior Feminino	42:20	+11:49	-
138	232	Hugo Lopes	individual	Veterano M35	42:23	+11:51	-
139	324	Filipe Silva	individual	Veterano M40	42:41	+12:10	-
140	151	Paulo Monteiro	cpr a-do-barbas	Veterano M55	42:45	+12:14	-
141	34	MIGUEL ANGELO	ac vermoil	Veterano M50	42:45	+12:14	-
142	79	Carla Ribeiro	associação escola de atletismo correr + do cartaxo	Veterana F40	42:47	+12:15	-
143	130	Sofia Marques Vieira	clube desportivo de espite	Veterana F35	42:49	+12:18	-
144	495	Bruno Valente	trail da amizade runner's	Senior Masculino	43:01	+12:29	-
145	171	Guilherme Eusébio Gaspar	fittraining academy	Senior Masculino	43:01	+12:30	-
146	23	DEONILDE COSTA	ac vermoil	Veterana F40	43:01	+12:30	-
147	392	João Mendes	individual	Veterano M60	43:12	+12:41	-
148	429	Délio Pascoal	notícias de colmeias atletismo	Veterano M40	43:16	+12:45	-
149	346	Pedro Neves	individual	Veterano M40	43:17	+12:45	-
150	93	Germano Capela	ca barreira	Veterano M55	43:22	+12:50	-
151	152	Pedro Rodrigues	cpr a-do-barbas	Veterano M55	43:22	+12:50	-
152	75	Basilio Simoes	arcd venda da luísa	Veterano M55	43:23	+12:51	-
153	47	Casimiro Gomes	acbatalha	Veterano M45	43:34	+13:02	-
154	468	Helder Marco	scpombal/trailteam	Veterano M45	43:39	+13:08	-
155	150	Nuno Ferreira	cpr a-do-barbas	Veterano M45	43:42	+13:11	-
156	227	Bruno Neves Vieira	individual	Senior Masculino	43:49	+13:18	-
157	125	JOSE PINTO	clube atlewtismo de ovar	Veterano M50	43:54	+13:23	-
158	466	Sérgio Antunes	scfz trail runners	Veterano M40	43:56	+13:25	-
159	321	eurico joao	individual	Veterano M40	43:58	+13:27	-
160	501	José Oliveira	trail da amizade runner's	Veterano M40	44:01	+13:29	-
161	211	Daniel Silva Gaspar	gs team	Senior Masculino	44:01	+13:29	-
162	462	João Graça	run tejo - prevent sprain	Veterano M60	44:07	+13:36	-
163	394	José Loureiro	individual	Veterano M60	44:07	+13:36	-
164	500	Paulino Oliveira	trail da amizade runner's	Veterano M35	44:10	+13:39	-
165	475	Pedro Lourenço	sicótrilhos	Senior Masculino	44:18	+13:47	-
166	209	João Pedro da Silva Dâmaso	grupo maravilha	Veterano M35	44:21	+13:49	-
167	72	Andreia Pita	arcd venda da luísa	Veterana F40	44:21	+13:50	-
168	257	Neson Filipe Ferreira Lopes	individual	Senior Masculino	44:24	+13:53	-
169	27	NELSON FERREIRA	ac vermoil	Veterano M40	44:24	+13:53	-
170	341	Nuno Alexandre Duarte da Mota	individual	Veterano M40	44:24	+13:53	-
171	469	Mário Salgado	scpombal/trailteam	Veterano M50	44:27	+13:56	-
172	274	TARCÍSIO CAVALHEIRO	individual	Senior Masculino	44:36	+14:05	-
173	35	VITOR LOPES	ac vermoil	Veterano M55	44:38	+14:06	-
174	339	Mauricio Madruga	individual	Veterano M40	44:43	+14:11	-
175	197	Sérgio Cabecinhas	grupo alegre unido bajouca	Veterano M40	44:45	+14:14	-

PROVA PRINCIPAL - STAGE 1 — 1 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	205	Avelino freitas	grupo desportivo são paio de oleiros	Veterano M45	44:49	+14:18	-
177	128	Marco Franco	clube de atletismo de ferreira do zêzere	Veterano M40	44:51	+14:20	-
178	231	David Alves	individual	Senior Masculino	45:06	+14:35	-
179	136	Antonio Palmeira	clube desportivo ribeirense	Veterano M45	45:07	+14:36	-
180	217	Inês Santos	individual	Senior Feminino	45:08	+14:37	-
181	517	Vitor Monteiro	vilaventura trail	Veterano M55	45:14	+14:43	-
182	369	Arlindo Miguel Dias Costa Freire	individual	Veterano M50	45:18	+14:47	-
183	361	Jorge Melo	individual	Veterano M45	45:20	+14:48	-
184	366	Pedro dos Santos Lopes	individual	Veterano M45	45:20	+14:49	-
185	156	Lúcia Lopes Antunes	cscrfcharneca	Veterana F40	45:21	+14:50	-
186	311	Pedro Miguel Domingues Pereira	individual	Veterano M35	45:21	+14:50	-
187	45	DANIEL SILVA	acbatalha	Veterano M40	45:22	+14:50	-
188	198	Virgílio Alberto	grupo alegre unido bajouca	Veterano M50	45:22	+14:51	-
189	303	Eduardo Domingos	individual	Veterano M35	45:23	+14:51	-
190	194	Márcio Cruz	grupo alegre unido bajouca	Veterano M35	45:23	+14:52	-
191	53	Amílcar Costa	acrm silveirinha grande claras	Veterano M50	45:26	+14:55	-
192	239	Francisco Oliveira	individual	Senior Masculino	45:36	+15:04	-
193	431	Nelson Jorge	notícias de colmeias atletismo	Veterano M50	45:42	+15:11	-
194	263	Pedro Nunes	individual	Senior Masculino	45:43	+15:12	-
195	357	henrique rodrigues	individual	Veterano M45	45:47	+15:16	-
196	138	Miguel Gineto	clube desportivo ribeirense	Veterano M45	45:52	+15:21	-
197	105	NUNO MIGUEL DA CONCEIÇÃO ROSA	ccd crédito agricola	Veterano M45	45:54	+15:23	-
198	229	Daniel Saraiva	individual	Senior Masculino	45:57	+15:26	-
199	149	Luis Fernandes	cpr a-do-barbas	Veterano M40	46:04	+15:32	-
200	359	João Filipe Venâncio Leitão	individual	Veterano M45	46:07	+15:35	-
201	172	Rodrigo Gaspar Costa	fittraining academy	Senior Masculino	46:08	+15:36	-
202	145	Joana Grácio	cpr a-do-barbas	Veterana F40	46:14	+15:43	-
203	510	Bernardo Monteiro	vilaventura trail	Senior Masculino	46:16	+15:45	-
204	480	Fábio Henriques	sinmetro	Senior Masculino	46:17	+15:46	-
205	335	Marco Aurélio da Encarnação Mata	individual	Veterano M40	46:20	+15:49	-
206	248	Jorge Henriques	individual	Senior Masculino	46:23	+15:52	-
207	252	Martim Santos	individual	Senior Masculino	46:24	+15:53	-
208	97	Aníbal Godinho	caracol trail team	Veterano M55	46:29	+15:58	-
209	326	Hugo Dias	individual	Veterano M40	46:41	+16:10	-
210	509	Vânia Leal	vilaventura trail	Senior Feminino	46:45	+16:13	-
211	307	João Pimenta	individual	Veterano M35	46:45	+16:14	-
212	484	Rodolfo Órfão	sinmetro	Veterano M45	46:46	+16:14	-
213	471	Guilherme Martins	sibila 10	Senior Masculino	46:52	+16:21	-
214	297	Andre Pinto	individual	Veterano M35	47:02	+16:31	-
215	183	José Marques	gm team	Senior Masculino	47:03	+16:32	-
216	184	Fernando Marques	gm team	Veterano M55	47:03	+16:32	-
217	507	Carlos Gaspar	tudo corre - centro de marcha e corrida de alvaiázere	Veterano M55	47:07	+16:36	-
218	12	Carla Silva	100 gás trail team	Veterana F40	47:23	+16:52	-

PROVA PRINCIPAL - STAGE 1 — 1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	387	Paulo Oliveira	individual	Veterano M55	47:28	+16:57	-
220	277	Tiago Silva	individual	Senior Masculino	47:31	+17:00	-
221	453	Alberto Figueiredo Gomes	ratatui team	Veterano M45	47:32	+17:01	-
222	464	Pedro Gomes	sc pombal trail team	Veterano M45	47:32	+17:01	-
223	370	Gilberto Carvalho	individual	Veterano M50	47:34	+17:03	-
224	316	António Cordeiro	scpombal/trailteam	Veterano M40	47:35	+17:04	-
225	176	Fernando Jacinto	g. a. soutos	Veterano M55	47:38	+17:07	-
226	371	Henrique Lavaredas	individual	Veterano M50	47:40	+17:08	-
227	180	José Monteiro	gdc banco de portugal	Veterano M60	47:41	+17:10	-
228	87	Renato Alexandre Ferreira	barras e bolinhos	Senior Masculino	47:45	+17:13	-
229	154	Jorge Justo	cpt sobral de ceira	Veterano M60	47:47	+17:16	-
230	506	alfredo valente	trail da amizade runner's	Veterano M60	47:48	+17:17	-
231	88	Pedro Pereira	barras e bolinhos	Veterano M45	47:49	+17:18	-
232	160	Carlos António Mota Longo da Conceição	cscrfcharneca	Veterano M50	47:51	+17:20	-
233	251	Marco António Silva Pedrosa	individual	Senior Masculino	47:51	+17:20	-
234	264	Pedro Rocha	individual	Senior Masculino	47:52	+17:21	-
235	356	Filipe Jorge de Sousa Moreira	individual	Veterano M45	47:54	+17:22	-
236	330	Jorge Elói Simões do Carmo	individual	Veterano M40	47:55	+17:24	-
237	78	Nuno Marques	asas nos pés	Veterano M45	47:56	+17:25	-
238	170	Dora Serra	escola de atletismo de coimbra/jpaiva	Veterana F40	48:00	+17:28	-
239	255	Miguel Marques Barros	individual	Senior Masculino	48:05	+17:33	-
240	144	Cátia Montez	cpr a-do-barbas	Senior Feminino	48:07	+17:35	-
241	502	Rui Valente	trail da amizade runner's	Veterano M40	48:08	+17:37	-
242	306	Hugo Alberto	individual	Veterano M35	48:11	+17:40	-
243	208	Valdemar alves	grupo desportivo são paio de oleiros	Veterano M60	48:13	+17:42	-
244	349	Ricardo Estrada	individual	Veterano M40	48:14	+17:43	-
245	14	João Costa	100 gás trail team	Veterano M35	48:14	+17:43	-
246	301	Cláudio Loureiro	individual	Veterano M35	48:15	+17:43	-
247	137	João Justo	clube desportivo ribeirense	Veterano M45	48:21	+17:50	-
248	135	Mario Duarte	clube desportivo moitense	Veterano M60	48:23	+17:52	-
249	175	Jorge Barros	forunners	Veterano M35	48:25	+17:53	-
250	187	Sara Alves	grupo alegre unido bajouca	Senior Feminino	48:25	+17:54	-
251	278	Tomé Pereira	individual	Senior Masculino	48:27	+17:55	-
252	525	ELIAS De souza	individual	Veterano M50	48:33	+18:02	-
253	320	Dos Santos cristovao	individual	Veterano M40	48:39	+18:08	-
254	74	Maria João Benquerença	arcd venda da luísa	Veterana F40	48:41	+18:10	-
255	519	João Silva	individual	Senior Masculino	48:42	+18:11	-
256	432	Mónica Machado	nunes & machado	Veterana F40	48:43	+18:12	-
257	220	Patricia Gomes	individual	Senior Feminino	48:45	+18:14	-
258	433	Luis Nunes	nunes & machado	Veterano M50	48:45	+18:14	-
259	141	Nelson Santos	cp cmp	Veterano M45	48:47	+18:15	-
260	313	Ricardo Paixão	individual	Veterano M35	48:49	+18:18	-
261	443	Beto Oliveira	osprimos	Veterano M45	48:55	+18:23	-
262	54	Filipe Carvalheiro	acrm silveirinha grande claras	Veterano M50	48:55	+18:24	-
263	314	Rodrigo Leal	individual	Veterano M35	48:57	+18:26	-

PROVA PRINCIPAL - STAGE 1 1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
264	185	Nilsa Gonçalves	grupo alegre unido bajouca	Senior Feminino	48:58	+18:27	-
265	482	Cristina Barros	sinmetro	Veterana F40	48:58	+18:27	-
266	483	Rui Silva	sinmetro	Veterano M40	48:59	+18:28	-
267	347	Renato Jorge Freire Martins	individual	Veterano M40	49:02	+18:31	-
268	529	Brito Ferreira	individual	Veterano M45	49:12	+18:41	-
269	289	Elisa da Silva Santos	individual	Veterana F40	49:13	+18:42	-
270	48	EVANGELINO CARDEIRA	acbatalha	Veterano M60	49:20	+18:48	-
271	435	Cláudia Moreira	ocs- arrábida trail team	Veterana F40	49:22	+18:51	-
272	380	Vítor Areia	individual	Veterano M50	49:25	+18:54	-
273	104	André Rafael Costa Lopes	ccd crédito agricola	Veterano M35	49:26	+18:55	-
274	513	Nélia Anastácio	vilaventura trail	Veterana F35	49:26	+18:55	-
275	354	Daniel Fragoso	individual	Veterano M45	49:27	+18:56	-
276	287	Catarina Alexandra Carvalho dos Santos	individual	Veterana F40	49:27	+18:56	-
277	66	José Alves	adrm	Veterano M55	49:36	+19:04	-
278	322	Filipe Alves Silva	individual	Veterano M40	49:46	+19:15	-
279	481	Joel Ferreira	sinmetro	Senior Masculino	49:50	+19:19	-
280	273	Simão Pedro da Silva Capitão	individual	Senior Masculino	49:52	+19:21	-
281	337	Marco Simões	individual	Veterano M40	49:53	+19:22	-
282	293	Raquel Matias	individual	Veterana F40	49:54	+19:22	-
283	158	Álvaro José Vieira Lopes	cscrfcharneca	Veterano M45	49:57	+19:26	-
284	57	João Sintra	acrm silveirinha grande claras	Veterano M60	49:58	+19:27	-
285	134	Leonel Rodrigues	clube desportivo moitense	Veterano M60	49:59	+19:28	-
286	408	JOÃO BENTO	industrial desportivo vieirense	Veterano M55	50:12	+19:41	-
287	51	Monica Jordão	acrm silveirinha grande claras	Veterana F40	50:25	+19:54	-
288	247	Joel Pedrosa Simões	individual	Senior Masculino	50:34	+20:02	-
289	242	Gonçalo Vicente	individual	Senior Masculino	50:41	+20:10	-
290	397	Orlando cordeiro ribeiro	individual	Veterano M60	50:47	+20:16	-
291	382	Armenio Trindade de Jesus	individual	Veterano M55	50:47	+20:16	-
292	115	HELDER FILIPE DOMINGUES GONÇALVES	clube atletismo gaspar & costa	Veterano M45	50:51	+20:20	-
293	398	Rui Manuel Pereira Carreira	individual	Veterano M60	50:52	+20:21	-
294	444	Pedro Ribeiro	osprimos	Veterano M45	50:53	+20:22	-
295	308	Marco Andre Vicente Custodio	individual	Veterano M35	50:55	+20:24	-
296	139	Narciso Arromba	cluve	Veterano M60	50:56	+20:25	-
297	384	João Carlos de Almeida Santos	individual	Veterano M55	51:02	+20:31	-
298	22	BLANDINA LOURENÇO	ac vermoil	Veterana F40	51:05	+20:34	-
299	165	Katja Letras	do you run?	Veterana F40	51:07	+20:36	-
300	166	Paulo Letras	do you run?	Veterano M45	51:07	+20:36	-
301	41	MARTA DAMASIO	acbatalha	Senior Feminino	51:07	+20:36	-
302	386	Paulo Fonseca	individual	Veterano M55	51:08	+20:37	-
303	374	Lourenço José Gomes	individual	Veterano M50	51:09	+20:37	-
304	142	Zé Rato	cp cmp	Veterano M60	51:12	+20:41	-
305	368	VICTOR MANUEL FERREIRA CALADO	individual	Veterano M45	51:21	+20:50	-
306	497	ANA LEMOS	trail da amizade runner's	Veterana F40	51:25	+20:53	-

PROVA PRINCIPAL - STAGE 1 — 1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
307	254	Miguel Ferreira da Mota	individual	Senior Masculino	51:28	+20:56	-
308	396	Mark DeSautel	individual	Veterano M60	51:29	+20:57	-
309	465	Nélio Carvalho	scalabis night runners	Veterano M40	51:29	+20:58	-
310	260	Patrick Dias	individual	Senior Masculino	51:32	+21:01	-
311	213	Clara Silva	individual	Senior Feminino	51:42	+21:11	-
312	116	PAULO JORGE LOPES SANTOS	clube atletismo gaspar & costa	Veterano M45	51:43	+21:12	-
313	504	Basilio Antonio	trail da amizade runner's	Veterano M45	51:44	+21:12	-
314	117	CARLOS MANUEL JORGE GASPAR	clube atletismo gaspar & costa	Veterano M50	52:07	+21:35	-
315	452	António Manuel Ferreira Mendes	ratatui team	Veterano M40	52:09	+21:38	-
316	33	JAIME SANTOS	ac vermoil	Veterano M50	52:13	+21:42	-
317	240	Francisco Sebastião	individual	Senior Masculino	52:22	+21:51	-
318	364	Nelson Norte	individual	Veterano M45	52:22	+21:51	-
319	312	Ricardo Moniz	individual	Veterano M35	52:31	+22:00	-
320	477	Marília Teixeira	sicótrilhos	Veterana F40	52:42	+22:11	-
321	476	Valter Gonçalves	sicótrilhos	Senior Masculino	52:43	+22:12	-
322	478	Pedro Silva	sicótrilhos	Veterano M40	52:45	+22:14	-
323	421	Ricardo Gomes	ndap	Veterano M40	52:54	+22:22	-
324	85	Fabiana Santos	barras e bolinhos	Senior Feminino	52:57	+22:26	-
325	395	Manuel Santos	individual	Veterano M60	53:00	+22:29	-
326	15	PEDRO NATARIO	100 gás trail team	Veterano M45	53:01	+22:30	-
327	516	Josélito pereira	vilaventura trail	Veterano M50	53:06	+22:35	-
328	479	André Carnide	sinmetro	Senior Masculino	53:06	+22:35	-
329	157	Bruno Miguel Ferreira Simões Lima	cscrfcharneca	Veterano M35	53:07	+22:36	-
330	132	Alberto Vinagre	clube desportivo moitense	Veterano M60	53:19	+22:48	-
331	67	Gonçalo José Ferreira fernandes	airlux-nda	Veterano M35	53:23	+22:52	-
332	140	Virgínia Sousa	comissão lúdica crédito agrícola pombal	Senior Feminino	53:24	+22:53	-
333	89	Roberto Fiuza Alves	barras e bolinhos	Veterano M45	53:25	+22:54	-
334	329	Jorge de Sousa da Silva	individual	Veterano M40	53:26	+22:54	-
335	391	Fernando Mota Gaspar	individual	Veterano M60	53:26	+22:55	-
336	302	David M Santos-Mendes	individual	Veterano M35	53:26	+22:55	-
337	182	Nuno Carrasqueira	ginásio fitness factory	Senior Masculino	53:32	+23:01	-
338	399	Vitor Manuel Borges Fontes	individual	Veterano M60	53:32	+23:01	-
339	73	Fátima Gramaxo	arcd venda da luísa	Veterana F40	53:35	+23:04	-
340	55	Lino Carraco	acrm silveirinha grande claras	Veterano M55	53:37	+23:06	-
341	174	SAMUEL COSTA	fittraining academy	Veterano M45	53:47	+23:16	-
342	461	Luís Pato	recreio desportivo de águeda	Veterano M45	53:51	+23:20	-
343	256	Miguel Ribeiro Lopes	individual	Senior Masculino	53:53	+23:22	-
344	428	Fernando Lourenço Vieira	nel-joelette	Veterano M60	53:54	+23:23	-
345	2	Pedro Pimpão	individual	Veterano M40	53:57	+23:26	-
346	427	Rui Soares Monteiro	nel-joelette	Veterano M55	53:58	+23:26	-
347	1	João Faria	individual	Veterano M60	53:58	+23:26	-
348	422	Paulo Alexandre da Silva Dias	nel-joelette	Veterano M40	53:58	+23:27	-

PROVA PRINCIPAL - STAGE 1 — 1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
349	423	Teofilo JB Pequicho	nel-joelette	Veterano M40	53:58	+23:27	-
350	424	Cláudio Borges Sousa	nel-joelette	Veterano M50	53:59	+23:27	-
351	219	Mariana Jorge Moreira Duarte	individual	Senior Feminino	54:01	+23:30	-
352	223	Rute Sofia Gonçalves Ferreira	individual	Senior Feminino	54:02	+23:30	-
353	360	Joel Martins	individual	Veterano M45	54:05	+23:33	-
354	94	Elis Lopes Mateus	caracol trail team	Veterana F35	54:10	+23:39	-
355	226	Alexandre Santos	individual	Senior Masculino	54:12	+23:41	-
356	355	David Fernandes	individual	Veterano M45	54:12	+23:41	-
357	348	Renato Osório	individual	Veterano M40	54:15	+23:44	-
358	512	Ana Raquel Carvalho	vilaventura trail	Veterana F35	54:29	+23:58	-
359	159	Miguel Ângelo Duarte das Neves Matias	cscrfcharneca	Veterano M45	54:31	+24:00	-
360	315	Alexandre Frutuoso	individual	Veterano M40	54:36	+24:04	-
361	280	Carla Neves	individual	Veterana F35	54:37	+24:05	-
362	267	Roberto Gabriel Dias Gonçalves	individual	Senior Masculino	54:37	+24:06	-
363	107	Rui Graça	ccd crédito agricola	Veterano M60	54:45	+24:14	-
364	271	Rui Novais	individual	Senior Masculino	54:51	+24:20	-
365	215	Fernanda Sousa	individual	Senior Feminino	54:51	+24:20	-
366	222	Rita Leal	individual	Senior Feminino	54:51	+24:20	-
367	340	Micael Gonçalves Ferreira	individual	Veterano M40	54:58	+24:27	-
368	106	João Rodrigues	ccd crédito agricola	Veterano M50	55:03	+24:32	-
369	325	Francisco Sousa	individual	Veterano M40	55:08	+24:36	-
370	450	Tomás Mendes Abreu	ratatui team	Senior Masculino	55:11	+24:40	-
371	455	Pedro Miguel Marques Abreu	ratatui team	Veterano M45	55:12	+24:40	-
372	131	Adriano Fonte	clube desportivo moitense	Veterano M60	55:19	+24:48	-
373	212	Ana Monteiro	individual	Senior Feminino	55:19	+24:48	-
374	491	Rebecka Christensen Goncalves	team goncalves	Veterana F35	55:29	+24:57	-
375	375	Luis Manuel Barosa Costa Moreira	individual	Veterano M50	55:30	+24:58	-
376	463	David Figueirinha	runmelt	Senior Masculino	55:34	+25:03	-
377	38	EUGÉNIO MENDES	ac vermoil	Veterano M60	55:42	+25:11	-
378	284	Tânia Azevedo	individual	Veterana F35	55:52	+25:21	-
379	437	João Carlos Dias de Carvalho	olympics4all município de viana do castelo	Veterano M60	56:01	+25:30	-
380	442	David Mendes	osprimos	Veterano M40	56:01	+25:30	-
381	454	Nelson Lopes	ratatui team	Veterano M45	56:28	+25:57	-
382	13	Paula Silva	100 gás trail team	Veterana F40	56:31	+26:00	-
383	214	Cristiana Isabel Gaspar Cordeiro	individual	Senior Feminino	56:33	+26:01	-
384	362	José Martins	individual	Veterano M45	56:41	+26:10	-
385	451	André Filipe Marques Gomes	ratatui team	Veterano M40	56:42	+26:10	-
386	221	Raquel Francisco	individual	Senior Feminino	56:42	+26:10	-
387	225	Telma Patricia Alves Lopes	individual	Senior Feminino	56:42	+26:11	-
388	235	Diogo Oliveira	individual	Senior Masculino	56:42	+26:11	-
389	216	Filipa Guerra Pragosa Correia	individual	Senior Feminino	56:45	+26:13	-
390	490	Tânia Fernandes	talentos objetivos	Veterana F40	56:58	+26:27	-

PROVA PRINCIPAL - STAGE 1 1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
391	39	LEANDRO SANTOS	ac vermoil	Veterano M60	56:59	+26:27	-
392	249	José Ladeiro	individual	Senior Masculino	56:59	+26:28	-
393	319	Dinis Andrade	individual	Veterano M40	56:59	+26:28	-
394	245	João Santos	individual	Senior Masculino	57:28	+26:57	-
395	345	Pedro Moreira	individual	Veterano M40	57:33	+27:02	-
396	343	Patricio Alves	individual	Veterano M40	57:33	+27:02	-
397	327	Hugo Pires	individual	Veterano M40	57:46	+27:14	-
398	358	Hugo Tiago Marques Batista	individual	Veterano M45	57:48	+27:17	-
399	291	Julieta Lourenço	individual	Veterana F40	57:59	+27:28	-
400	415	Laura Pereira	metro	Senior Feminino	58:00	+27:29	-
401	418	João Monteiro	metro	Senior Masculino	58:01	+27:29	-
402	36	ALFREDO SANTOS	ac vermoil	Veterano M60	58:02	+27:30	-
403	416	André Monteiro	metro	Senior Masculino	58:06	+27:35	-
404	499	Fred Pinheiro	trail da amizade runner's	Veterano M35	58:19	+27:48	-
405	296	Sophie Carriço	individual	Veterana F40	58:34	+28:03	-
406	373	José Leitão	individual	Veterano M50	58:36	+28:05	-
407	164	Ville Kotikangas	do you run?	Senior Masculino	58:38	+28:07	-
408	163	Laura Isoaho	do you run?	Senior Feminino	58:38	+28:07	-
409	288	Cristina Santos	individual	Veterana F40	58:38	+28:07	-
410	298	André Pinto	individual	Veterano M35	58:49	+28:18	-
411	498	CLÁUDIA DE SÁ	trail da amizade runner's	Veterana F40	59:00	+28:29	-
412	146	Regina Ferreira	cpr a-do-barbas	Veterana F40	59:19	+28:48	-
413	492	João Pedro Sobral Goncalves	team goncalves	Veterano M35	59:33	+29:02	-
414	56	João Graça	acrm silveirinha grande claras	Veterano M60	59:48	+29:17	-
415	472	Cláudia Mota	sibila 10	Veterana F40	01:00:37	+30:06	-
416	419	António Pereira	metro	Veterano M50	01:01:01	+30:30	-
417	243	Gualter Gaspar	individual	Senior Masculino	01:01:18	+30:46	-
418	294	sandra salgado	individual	Veterana F40	01:01:20	+30:49	-
419	244	Henrique Nogueira Luís	individual	Senior Masculino	01:01:54	+31:23	-
420	218	Lucinda Alves	individual	Senior Feminino	01:02:17	+31:46	-
421	441	Patricia Ribeiro	osprimos	Veterana F40	01:02:20	+31:48	-
422	238	Francisco Domingues Antunes	individual	Senior Masculino	01:02:30	+31:59	-
423	438	Lidia Gonçalves	os tolinhos	Veterana F40	01:02:35	+32:04	-
424	439	Alexandre Blanco	os tolinhos	Veterano M45	01:02:36	+32:05	-
425	310	Paulo cruz	individual	Veterano M35	01:02:39	+32:08	-
426	317	David Santos	individual	Veterano M40	01:02:41	+32:09	-
427	304	Filipe Leite	individual	Veterano M35	01:02:46	+32:15	-
428	101	Armando Delgado	casa do povo de lavos	Veterano M60	01:02:50	+32:19	-
429	494	Catarina Tomás	trail da amizade runner's	Senior Feminino	01:02:52	+32:21	-
430	489	Lidia Maria Teixeira da Costa Chouco	talentos e objectivos	Veterana F40	01:03:13	+32:42	-
431	389	Chris Davison	individual	Veterano M60	01:03:17	+32:45	-
432	181	João Carrasqueira	ginásio fitness factory	Senior Masculino	01:03:35	+33:04	-
433	518	Diogo Silva	individual	Senior Masculino	01:03:40	+33:09	-
434	40	Sandra Ponte	academia de desportos de condeixa	Veterana F40	01:03:43	+33:12	-
435	161	Arlindo de Jesus Oliveira	cscrfcharneca	Veterano M55	01:04:20	+33:49	-

PROVA PRINCIPAL - STAGE 1 1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
436	413	Sara Rodrigues	lusa	Senior Feminino	01:04:29	+33:58	-
437	414	Lucas Pedrosa	lusa	Senior Masculino	01:04:30	+33:59	-
438	286	Ana Marques	individual	Veterana F40	01:05:11	+34:40	-
439	367	Samuel Anjos	individual	Veterano M45	01:05:11	+34:40	-
440	390	Dirk Driedger	individual	Veterano M60	01:05:19	+34:48	-
441	24	ELSA SOARES	ac vermoil	Veterana F40	01:05:55	+35:24	-
442	305	Henrique Lalanda Reboredo	individual	Veterano M35	01:07:05	+36:33	-
443	524	Teresa Zuna	individual	Veterana F35	01:07:13	+36:41	-
444	103	Augusto Dourado	casa pia da nazaré	Veterano M60	01:07:28	+36:56	-
445	334	Márcio Rafael Gameiro Andrade	individual	Veterano M40	01:07:29	+36:57	-
446	344	Paulo Santos	individual	Veterano M40	01:07:29	+36:57	-
447	449	Tiago Esteves	projeto sexto sentido	Veterano M40	01:07:51	+37:19	-
448	448	Maria João Peixoto	projeto sexto sentido	Veterana F40	01:07:51	+37:19	-
449	440	Rita Mendes	osprimos	Veterana F35	01:08:45	+38:14	-
450	155	Dina Maria Ferreira	cscrfcharneca	Veterana F40	01:15:19	+44:48	-
451	236	Diogo Pombo	individual	Senior Masculino	01:36:20	+01:05:49	-

lap2go TIMING SOLUTION

Prova do Bodo 2023
Pombal, PT
29-July-2023

Prova Principal — 1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	19:00	24.2ºC	61%
End	20:36	21.1ºC	76%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	456	Sara Carvalho	RECREIO DESPORTIVO DE ÁGUEDA	Senior Feminino	37:58	+07:27	-
2	10	Daniela Cordeiro	Grupo Alegre Unido Bajouca	Senior Feminino	39:04	+08:33	-
3	186	Patrícia Carreira	Grupo Alegre Unido Bajouca	Senior Feminino	39:37	+09:06	-
4	167	Jennifer Maia	Escola de Atletismo de Coimbra/JPaiva	Senior Feminino	40:12	+09:41	-
5	110	Alexandra Oliveira	Club Sport Maritimo	Senior Feminino	40:31	+10:00	-
6	400	ADRIANA COELHO	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Feminino	41:10	+10:39	-
7	129	Sara Pedrosa	Clube Desportivo de Espite	Senior Feminino	41:34	+11:02	-
8	143	Ana Bonifácio	CPR A-DO-BARBAS	Senior Feminino	42:09	+11:37	-
9	19	MANUELA MARTINS	AC VERMOIL	Senior Feminino	42:20	+11:49	-
10	217	Inês Santos	Individual	Senior Feminino	45:08	+14:37	-
11	509	Vânia Leal	Vilaventura Trail	Senior Feminino	46:45	+16:13	-
12	144	Cátia Montez	CPR A-DO-BARBAS	Senior Feminino	48:07	+17:35	-
13	187	Sara Alves	Grupo Alegre Unido Bajouca	Senior Feminino	48:25	+17:54	-
14	220	Patricia Gomes	Individual	Senior Feminino	48:45	+18:14	-
15	185	Nilsa Gonçalves	Grupo Alegre Unido Bajouca	Senior Feminino	48:58	+18:27	-
16	41	MARTA DAMASIO	ACBATALHA	Senior Feminino	51:07	+20:36	-
17	213	Clara Silva	Individual	Senior Feminino	51:42	+21:11	-
18	85	Fabiana Santos	Barras e Bolinhos	Senior Feminino	52:57	+22:26	-
19	140	Virgínia Sousa	Comissão lúdica Crédito Agrícola Pombal	Senior Feminino	53:24	+22:53	-
20	219	Mariana Jorge Moreira Duarte	Individual	Senior Feminino	54:01	+23:30	-
21	223	Rute Sofia Gonçalves Ferreira	Individual	Senior Feminino	54:02	+23:30	-
22	215	Fernanda Sousa	Individual	Senior Feminino	54:51	+24:20	-
23	222	Rita Leal	Individual	Senior Feminino	54:51	+24:20	-
24	212	Ana Monteiro	Individual	Senior Feminino	55:19	+24:48	-
25	214	Cristiana Isabel Gaspar Cordeiro	Individual	Senior Feminino	56:33	+26:01	-
26	221	Raquel Francisco	Individual	Senior Feminino	56:42	+26:10	-
27	225	Telma Patricia Alves Lopes	Individual	Senior Feminino	56:42	+26:11	-
28	216	Filipa Guerra Pragosa Correia	Individual	Senior Feminino	56:45	+26:13	-
29	415	Laura Pereira	Metro	Senior Feminino	58:00	+27:29	-
30	163	Laura Isoaho	Do you run?	Senior Feminino	58:38	+28:07	-
31	218	Lucinda Alves	Individual	Senior Feminino	01:02:17	+31:46	-
32	494	Catarina Tomás	Trail da Amizade Runner's	Senior Feminino	01:02:52	+32:21	-
33	413	Sara Rodrigues	Lusa	Senior Feminino	01:04:29	+33:58	-

Prova Principal

1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Senior Masculino

1	487	Davide Silva	Sporting Clube de Braga	Senior Masculino	30:31		-
2	272	SAID AMEQRANE	Individual	Senior Masculino	30:32	+00:01	-
3	49	Ricardo Jorge Henriques Pereira	ACD JARDIM DA SERRA	Senior Masculino	30:38	+00:07	-
4	457	João Almeida	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	31:13	+00:41	-
5	7	José Sousa	Individual	Senior Masculino	31:23	+00:52	-
6	177	Valter Costa	GAC-Grupo de Atletismo da Caranguejeira	Senior Masculino	31:56	+01:25	-
7	81	Alexandre Miguel Carrilho Barroqueiro	Atletismo Valencia de Alcántara	Senior Masculino	32:35	+02:03	-
8	9	Pedro Venâncio	Grupo Recreativo Eirense	Senior Masculino	33:36	+03:05	-
9	169	Cristiano Oliveira	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	33:39	+03:07	-
10	80	Alberto Gazapo Bravo	Atletismo Valencia de Alcántara	Senior Masculino	33:43	+03:11	-
11	168	Carlos Filipe Leite Costa	Escola de Atletismo de Coimbra/JPaiva	Senior Masculino	33:49	+03:18	-
12	118	CELSO LEITE	CLUBE ATLEWTISMO DE OVAR	Senior Masculino	34:11	+03:40	-
13	201	RUI ALVES	Grupo Desportivo São Paio de Oleiros	Senior Masculino	34:17	+03:46	-
14	202	Telmo nascimento	Grupo Desportivo São Paio de Oleiros	Senior Masculino	34:23	+03:51	-
15	8	Luís Contente	Individual	Senior Masculino	34:41	+04:09	-
16	111	Emanuel Cardoso	CLUBE ATLETISMO DE MARINHA GRANDE	Senior Masculino	35:09	+04:38	-
17	50	Guilherme Fernandes	ACDRS QUINHENDROS	Senior Masculino	35:12	+04:41	-
18	21	SAMUEL LIMPINHO	AC VERMOIL	Senior Masculino	35:36	+05:04	-
19	192	Licínio Silva	Grupo Alegre Unido Bajouca	Senior Masculino	35:41	+05:10	-
20	261	Paulo Pereira	Individual	Senior Masculino	35:49	+05:18	-
21	20	JOÃO GONÇALVES	AC VERMOIL	Senior Masculino	36:05	+05:34	-
22	269	Rodrigo Santos Ladeira	Individual	Senior Masculino	36:06	+05:35	-
23	190	Diogo Viana	Grupo Alegre Unido Bajouca	Senior Masculino	36:26	+05:55	-
24	265	Rani Gonçalves Elassal	Individual	Senior Masculino	37:49	+07:18	-
25	82	Óscar Romero Durán	Atletismo Valencia de Alcántara	Senior Masculino	38:12	+07:40	-
26	77	Tiago Alves	Arcuda	Senior Masculino	38:16	+07:45	-
27	401	ALÉXIS ROCHA	INDUSTRIAL DESPORTIVO VIEIRENSE	Senior Masculino	38:18	+07:47	-
28	193	Ricardo Nunes	Grupo Alegre Unido Bajouca	Senior Masculino	38:36	+08:04	-
29	474	Daniel Antunes	SicóTrilhos	Senior Masculino	38:39	+08:08	-
30	189	Daniel Cabecinhas	Grupo Alegre Unido Bajouca	Senior Masculino	39:04	+08:33	-
31	275	Tiago Alves	Individual	Senior Masculino	39:07	+08:36	-
32	268	Rodrigo Miranda	Individual	Senior Masculino	39:46	+09:15	-
33	270	Ruben Vieira	Individual	Senior Masculino	39:57	+09:26	-
34	258	Olav Engeland	Individual	Senior Masculino	40:03	+09:32	-
35	511	Bruno Antunes	Vilaventura Trail	Senior Masculino	40:04	+09:33	-
36	76	Bernardo Alves	Arcuda	Senior Masculino	40:43	+10:12	-
37	259	Patrício Martins	Individual	Senior Masculino	40:44	+10:13	-
38	71	João Silva	ARCD Venda da Luísa	Senior Masculino	41:10	+10:39	-
39	191	Fábio Ferreira	Grupo Alegre Unido Bajouca	Senior Masculino	41:29	+10:58	-

Prova Principal

1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	234	Diogo Oliveira	Individual	Senior Masculino	41:45	+11:13	-
41	266	Ricardo Alegrete	Individual	Senior Masculino	41:48	+11:17	-
42	246	João Valente	Individual	Senior Masculino	41:58	+11:27	-
43	250	Luís Lopes	Individual	Senior Masculino	42:08	+11:37	-
44	188	André Crespo	Grupo Alegre Unido Bajouca	Senior Masculino	42:10	+11:39	-
45	495	Bruno Valente	Trail da Amizade Runner's	Senior Masculino	43:01	+12:29	-
46	171	Guilherme Eusébio Gaspar	FitTraining Academy	Senior Masculino	43:01	+12:30	-
47	227	Bruno Neves Vieira	Individual	Senior Masculino	43:49	+13:18	-
48	211	Daniel Silva Gaspar	GS TEAM	Senior Masculino	44:01	+13:29	-
49	475	Pedro Lourenço	SicóTrilhos	Senior Masculino	44:18	+13:47	-
50	257	Neson Filipe Ferreira Lopes	Individual	Senior Masculino	44:24	+13:53	-
51	274	TARCÍSIO CAVALHEIRO	Individual	Senior Masculino	44:36	+14:05	-
52	231	David Alves	Individual	Senior Masculino	45:06	+14:35	-
53	239	Francisco Oliveira	Individual	Senior Masculino	45:36	+15:04	-
54	263	Pedro Nunes	Individual	Senior Masculino	45:43	+15:12	-
55	229	Daniel Saraiva	Individual	Senior Masculino	45:57	+15:26	-
56	172	Rodrigo Gaspar Costa	FitTraining Academy	Senior Masculino	46:08	+15:36	-
57	510	Bernardo Monteiro	Vilaventura Trail	Senior Masculino	46:16	+15:45	-
58	480	Fábio Henriques	Sinmetro	Senior Masculino	46:17	+15:46	-
59	248	Jorge Henriques	Individual	Senior Masculino	46:23	+15:52	-
60	252	Martim Santos	Individual	Senior Masculino	46:24	+15:53	-
61	471	Guilherme Martins	Sibila 10	Senior Masculino	46:52	+16:21	-
62	183	José Marques	GM TEAM	Senior Masculino	47:03	+16:32	-
63	277	Tiago Silva	Individual	Senior Masculino	47:31	+17:00	-
64	87	Renato Alexandre Ferreira	Barras e Bolinhos	Senior Masculino	47:45	+17:13	-
65	251	Marco António Silva Pedrosa	Individual	Senior Masculino	47:51	+17:20	-
66	264	Pedro Rocha	Individual	Senior Masculino	47:52	+17:21	-
67	255	Miguel Marques Barros	Individual	Senior Masculino	48:05	+17:33	-
68	278	Tomé Pereira	Individual	Senior Masculino	48:27	+17:55	-
69	519	João Silva	Individual	Senior Masculino	48:42	+18:11	-
70	481	Joel Ferreira	Sinmetro	Senior Masculino	49:50	+19:19	-
71	273	Simão Pedro da Silva Capitão	Individual	Senior Masculino	49:52	+19:21	-
72	247	Joel Pedrosa Simões	Individual	Senior Masculino	50:34	+20:02	-
73	242	Gonçalo Vicente	Individual	Senior Masculino	50:41	+20:10	-
74	254	Miguel Ferreira da Mota	Individual	Senior Masculino	51:28	+20:56	-
75	260	Patrick Dias	Individual	Senior Masculino	51:32	+21:01	-
76	240	Francisco Sebastião	Individual	Senior Masculino	52:22	+21:51	-
77	476	Valter Gonçalves	SicóTrilhos	Senior Masculino	52:43	+22:12	-
78	479	André Carnide	Sinmetro	Senior Masculino	53:06	+22:35	-
79	182	Nuno Carrasqueira	Ginásio Fitness Factory	Senior Masculino	53:32	+23:01	-
80	256	Miguel Ribeiro Lopes	Individual	Senior Masculino	53:53	+23:22	-
81	226	Alexandre Santos	Individual	Senior Masculino	54:12	+23:41	-
82	267	Roberto Gabriel Dias Gonçalves	Individual	Senior Masculino	54:37	+24:06	-
83	271	Rui Novais	Individual	Senior Masculino	54:51	+24:20	-
84	450	Tomás Mendes Abreu	Ratatui Team	Senior Masculino	55:11	+24:40	-
85	463	David Figueirinha	RUNMELT	Senior Masculino	55:34	+25:03	-

Prova Principal — 1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

86	235	Diogo Oliveira	Individual	Senior Masculino	56:42	+26:11	-
87	249	José Ladeiro	Individual	Senior Masculino	56:59	+26:28	-
88	245	João Santos	Individual	Senior Masculino	57:28	+26:57	-
89	418	João Monteiro	Metro	Senior Masculino	58:01	+27:29	-
90	416	André Monteiro	Metro	Senior Masculino	58:06	+27:35	-
91	164	Ville Kotikangas	Do you run?	Senior Masculino	58:38	+28:07	-
92	243	Gualter Gaspar	Individual	Senior Masculino	01:01:18	+30:46	-
93	244	Henrique Nogueira Luís	Individual	Senior Masculino	01:01:54	+31:23	-
94	238	Francisco Domingues Antunes	Individual	Senior Masculino	01:02:30	+31:59	-
95	181	João Carrasqueira	Ginásio Fitness Factory	Senior Masculino	01:03:35	+33:04	-
96	518	Diogo Silva	Individual	Senior Masculino	01:03:40	+33:09	-
97	414	Lucas Pedrosa	Lusa	Senior Masculino	01:04:30	+33:59	-
98	236	Diogo Pombo	Individual	Senior Masculino	01:36:20	+01:05:49	-

Veterana F35

1	486	Mónica Silva	Sport Comércio e Salgueiros	Veterana F35	34:18	+03:47	-
2	108	Andreia Santos	CD FEIRENSE	Veterana F35	35:28	+04:56	-
3	130	Sofia Marques Vieira	Clube Desportivo de Espite	Veterana F35	42:49	+12:18	-
4	513	Nélia Anastácio	Vilaventura Trail	Veterana F35	49:26	+18:55	-
5	94	Elis Lopes Mateus	Caracol Trail Team	Veterana F35	54:10	+23:39	-
6	512	Ana Raquel Carvalho	Vilaventura Trail	Veterana F35	54:29	+23:58	-
7	280	Carla Neves	Individual	Veterana F35	54:37	+24:05	-
8	491	Rebecka Christensen Goncalves	Team Goncalves	Veterana F35	55:29	+24:57	-
9	284	Tânia Azevedo	Individual	Veterana F35	55:52	+25:21	-
10	524	Teresa Zuna	Individual	Veterana F35	01:07:13	+36:41	-
11	440	Rita Mendes	osPrimos	Veterana F35	01:08:45	+38:14	-

Veterana F40

1	458	Carla Martinho	RECREIO DESPORTIVO DE ÁGUEDA	Veterana F40	34:40	+04:09	-
2	95	Tetyana Vakulyuk	Caracol Trail Team	Veterana F40	40:52	+10:21	-
3	25	MARINA AGOSTINHO	AC VERMOIL	Veterana F40	42:00	+11:29	-
4	79	Carla Ribeiro	Associação Escola de Atletismo Correr + do Cartaxo	Veterana F40	42:47	+12:15	-
5	23	DEONILDE COSTA	AC VERMOIL	Veterana F40	43:01	+12:30	-
6	72	Andreia Pita	ARCD Venda da Luísa	Veterana F40	44:21	+13:50	-
7	156	Lúcia Lopes Antunes	cscrfcharneca	Veterana F40	45:21	+14:50	-
8	145	Joana Grácio	CPR A-DO-BARBAS	Veterana F40	46:14	+15:43	-
9	12	Carla Silva	100 Gás Trail Team	Veterana F40	47:23	+16:52	-
10	170	Dora Serra	Escola de Atletismo de Coimbra/JPaiva	Veterana F40	48:00	+17:28	-
11	74	Maria João Benquerença	ARCD Venda da Luísa	Veterana F40	48:41	+18:10	-
12	432	Mónica Machado	Nunes & Machado	Veterana F40	48:43	+18:12	-
13	482	Cristina Barros	Sinmetro	Veterana F40	48:58	+18:27	-

Prova Principal

1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

14	289	Elisa da Silva Santos	Individual	Veterana F40	49:13	+18:42	-
15	435	Cláudia Moreira	OCS- Arrábida Trail Team	Veterana F40	49:22	+18:51	-
16	287	Catarina Alexandra Carvalho dos Santos	Individual	Veterana F40	49:27	+18:56	-
17	293	Raquel Matias	Individual	Veterana F40	49:54	+19:22	-
18	51	Monica Jordão	ACRM Silveirinha Grande Claras	Veterana F40	50:25	+19:54	-
19	22	BLANDINA LOURENÇO	AC VERMOIL	Veterana F40	51:05	+20:34	-
20	165	Katja Letras	Do you run?	Veterana F40	51:07	+20:36	-
21	497	ANA LEMOS	Trail da Amizade Runner's	Veterana F40	51:25	+20:53	-
22	477	Marília Teixeira	SicóTrilhos	Veterana F40	52:42	+22:11	-
23	73	Fátima Gramaxo	ARCD Venda da Luísa	Veterana F40	53:35	+23:04	-
24	13	Paula Silva	100 Gás Trail Team	Veterana F40	56:31	+26:00	-
25	490	Tânia Fernandes	Talentos Objetivos	Veterana F40	56:58	+26:27	-
26	291	Julieta Lourenço	Individual	Veterana F40	57:59	+27:28	-
27	296	Sophie Carriço	Individual	Veterana F40	58:34	+28:03	-
28	288	Cristina Santos	Individual	Veterana F40	58:38	+28:07	-
29	498	CLÁUDIA DE SÁ	Trail da Amizade Runner's	Veterana F40	59:00	+28:29	-
30	146	Regina Ferreira	CPR A-DO-BARBAS	Veterana F40	59:19	+28:48	-
31	472	Cláudia Mota	Sibila 10	Veterana F40	01:00:37	+30:06	-
32	294	sandra salgado	Individual	Veterana F40	01:01:20	+30:49	-
33	441	Patricia Ribeiro	osPrimos	Veterana F40	01:02:20	+31:48	-
34	438	Lidia Gonçalves	Os tolinhos	Veterana F40	01:02:35	+32:04	-
35	489	Lidia Maria Teixeira da Costa Chouco	Talentos e Objectivos	Veterana F40	01:03:13	+32:42	-
36	40	Sandra Ponte	Academia de Desportos de Condeixa	Veterana F40	01:03:43	+33:12	-
37	286	Ana Marques	Individual	Veterana F40	01:05:11	+34:40	-
38	24	ELSA SOARES	AC VERMOIL	Veterana F40	01:05:55	+35:24	-
39	448	Maria João Peixoto	Projeto Sexto Sentido	Veterana F40	01:07:51	+37:19	-
40	155	Dina Maria Ferreira	cscrfcharneca	Veterana F40	01:15:19	+44:48	-

Veterano M35

1	6	Nuno lopes	Clube Desportivo do Feirense	Veterano M35	30:47	+00:16	-
2	300	Bruno Paixão	Individual	Veterano M35	32:15	+01:44	-
3	436	Ricardo Carreira	OCS- Arrábida Trail Team	Veterano M35	33:09	+02:38	-
4	120	SERGIO PAIVA	CLUBE ATLEWTISMO DE OVAR	Veterano M35	34:26	+03:55	-
5	402	MICKAEL PIRES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M35	34:30	+03:59	-
6	514	Cláudio Nóbrega	Vilaventura Trail	Veterano M35	36:32	+06:01	-
7	119	LEONEL FERNANDES	CLUBE ATLEWTISMO DE OVAR	Veterano M35	36:43	+06:12	-
8	65	João Santana	ADRM	Veterano M35	37:49	+07:17	-
9	434	Luís Narciso	O Mundo da Corrida	Veterano M35	39:23	+08:52	-
10	493	wilson ribeiro	TiMim	Veterano M35	39:35	+09:03	-
11	467	Eurico Gabriel Sintra Nogueira	SCPOMBAL/TRAILTEAM	Veterano M35	39:44	+09:13	-
12	148	Ruben Gomes	CPR A-DO-BARBAS	Veterano M35	40:10	+09:38	-
13	121	TIAGO FERREIRA	CLUBE ATLEWTISMO DE OVAR	Veterano M35	40:40	+10:09	-

Prova Principal

1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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14	459	Ricardo Andrade	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M35	40:42	+10:10	-
15	98	Jorge Delgado	Casa do Povo de Lavos	Veterano M35	42:04	+11:33	-
16	309	Nuno paixão	Individual	Veterano M35	42:17	+11:46	-
17	232	Hugo Lopes	Individual	Veterano M35	42:23	+11:51	-
18	500	Paulino Oliveira	Trail da Amizade Runner's	Veterano M35	44:10	+13:39	-
19	209	João Pedro da Silva Dâmaso	Grupo Maravilha	Veterano M35	44:21	+13:49	-
20	311	Pedro Miguel Domingues Pereira	Individual	Veterano M35	45:21	+14:50	-
21	303	Eduardo Domingos	Individual	Veterano M35	45:23	+14:51	-
22	194	Márcio Cruz	Grupo Alegre Unido Bajouca	Veterano M35	45:23	+14:52	-
23	307	João Pimenta	Individual	Veterano M35	46:45	+16:14	-
24	297	Andre Pinto	Individual	Veterano M35	47:02	+16:31	-
25	306	Hugo Alberto	Individual	Veterano M35	48:11	+17:40	-
26	14	João Costa	100 Gás Trail Team	Veterano M35	48:14	+17:43	-
27	301	Cláudio Loureiro	Individual	Veterano M35	48:15	+17:43	-
28	175	Jorge Barros	FORunners	Veterano M35	48:25	+17:53	-
29	313	Ricardo Paixão	Individual	Veterano M35	48:49	+18:18	-
30	314	Rodrigo Leal	Individual	Veterano M35	48:57	+18:26	-
31	104	André Rafael Costa Lopes	CCD CRÉDITO AGRICOLA	Veterano M35	49:26	+18:55	-
32	308	Marco Andre Vicente Custodio	Individual	Veterano M35	50:55	+20:24	-
33	312	Ricardo Moniz	Individual	Veterano M35	52:31	+22:00	-
34	157	Bruno Miguel Ferreira Simões Lima	cscrfcharneca	Veterano M35	53:07	+22:36	-
35	67	Gonçalo José Ferreira fernandes	AirLux-Nda	Veterano M35	53:23	+22:52	-
36	302	David M Santos-Mendes	Individual	Veterano M35	53:26	+22:55	-
37	499	Fred Pinheiro	Trail da Amizade Runner's	Veterano M35	58:19	+27:48	-
38	298	André Pinto	Individual	Veterano M35	58:49	+28:18	-
39	492	João Pedro Sobral Goncalves	Team Goncalves	Veterano M35	59:33	+29:02	-
40	310	Paulo cruz	Individual	Veterano M35	01:02:39	+32:08	-
41	304	Filipe Leite	Individual	Veterano M35	01:02:46	+32:15	-
42	305	Henrique Lalanda Reboredo	Individual	Veterano M35	01:07:05	+36:33	-

Veterano M40

1	445	Bruno Silva	Prime Running Club	Veterano M40	30:57	+00:26	-
2	446	Pedro Ribeiro	Prime Running Club	Veterano M40	32:59	+02:28	-
3	127	Tiago Marques	Clube Campismo São João Madeira	Veterano M40	33:37	+03:06	-
4	11	BRUNO GASPAR	AC VERMOIL	Veterano M40	34:00	+03:29	-
5	350	Ricardo Jordão	Individual	Veterano M40	34:49	+04:18	-
6	122	JANIK LIMA	CLUBE ATLEWTISMO DE OVAR	Veterano M40	35:28	+04:57	-
7	460	Hugo Ramalho	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M40	35:42	+05:11	-
8	46	NUNO SERRADAS	ACBATALHA	Veterano M40	35:43	+05:11	-
9	178	Nuno Casalinho	GAC-Grupo de Atletismo da Caranguejeira	Veterano M40	36:15	+05:43	-
10	28	RICARDO GONÇALVES	AC VERMOIL	Veterano M40	36:17	+05:46	-
11	60	filipe ismael maia rocha	ADCR Pereira	Veterano M40	36:39	+06:07	-

Prova Principal

1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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12	17	Carlos Oliveira	A.BALUGANENSE.CD	Veterano M40	36:52	+06:21	-
13	318	Davide Silva	Individual	Veterano M40	37:01	+06:29	-
14	102	Carlos Nunes	CASA DO POVO DE MANGUALDE	Veterano M40	37:01	+06:30	-
15	112	Eduardo Cardeira	CLUBE ATLETISMO DE MARINHA GRANDE	Veterano M40	37:20	+06:49	-
16	16	Márcio Pereira	A .R.Casaense/ Escola Atletismo Coimbra	Veterano M40	37:30	+06:59	-
17	430	Luís Lisboa	Notícias de Colmeias Atletismo	Veterano M40	38:17	+07:46	-
18	412	Antonio Fonseca Oliveira	LIZ RUNNER	Veterano M40	39:28	+08:57	-
19	336	MARCO GOMES	Individual	Veterano M40	39:29	+08:57	-
20	352	Sérgio Junqueira	Individual	Veterano M40	39:54	+09:23	-
21	26	HELDER MIRANDA	AC VERMOIL	Veterano M40	41:00	+10:28	-
22	203	Ricardo belinha	Grupo Desportivo São Paio de Oleiros	Veterano M40	41:09	+10:38	-
23	61	Joel Ricardo Esperança Lopes	ADCR PEREIRA	Veterano M40	41:38	+11:07	-
24	324	Filipe Silva	Individual	Veterano M40	42:41	+12:10	-
25	429	Délio Pascoal	Notícias de Colmeias Atletismo	Veterano M40	43:16	+12:45	-
26	346	Pedro Neves	Individual	Veterano M40	43:17	+12:45	-
27	466	Sérgio Antunes	SCFZ Trail Runners	Veterano M40	43:56	+13:25	-
28	321	eurico joao	Individual	Veterano M40	43:58	+13:27	-
29	501	José Oliveira	Trail da Amizade Runner's	Veterano M40	44:01	+13:29	-
30	27	NELSON FERREIRA	AC VERMOIL	Veterano M40	44:24	+13:53	-
31	341	Nuno Alexandre Duarte da Mota	Individual	Veterano M40	44:24	+13:53	-
32	339	Mauricio Madruga	Individual	Veterano M40	44:43	+14:11	-
33	197	Sérgio Cabecinhas	Grupo Alegre Unido Bajouca	Veterano M40	44:45	+14:14	-
34	128	Marco Franco	Clube de Atletismo de Ferreira do Zêzere	Veterano M40	44:51	+14:20	-
35	45	DANIEL SILVA	ACBATALHA	Veterano M40	45:22	+14:50	-
36	149	Luis Fernandes	CPR A-DO-BARBAS	Veterano M40	46:04	+15:32	-
37	335	Marco Aurélio da Encarnação Mata	Individual	Veterano M40	46:20	+15:49	-
38	326	Hugo Dias	Individual	Veterano M40	46:41	+16:10	-
39	316	António Cordeiro	SCPOMBAL/TRAILTEAM	Veterano M40	47:35	+17:04	-
40	330	Jorge Elói Simões do Carmo	Individual	Veterano M40	47:55	+17:24	-
41	502	Rui Valente	Trail da Amizade Runner's	Veterano M40	48:08	+17:37	-
42	349	Ricardo Estrada	Individual	Veterano M40	48:14	+17:43	-
43	320	Dos Santos cristovao	Individual	Veterano M40	48:39	+18:08	-
44	483	Rui Silva	Sinmetro	Veterano M40	48:59	+18:28	-
45	347	Renato Jorge Freire Martins	Individual	Veterano M40	49:02	+18:31	-
46	322	Filipe Alves Silva	Individual	Veterano M40	49:46	+19:15	-
47	337	Marco Simões	Individual	Veterano M40	49:53	+19:22	-
48	465	Nélio Carvalho	SCALABIS NIGHT RUNNERS	Veterano M40	51:29	+20:58	-
49	452	António Manuel Ferreira Mendes	Ratatui Team	Veterano M40	52:09	+21:38	-
50	478	Pedro Silva	SicóTrilhos	Veterano M40	52:45	+22:14	-
51	421	Ricardo Gomes	NDAP	Veterano M40	52:54	+22:22	-
52	329	Jorge de Sousa da Silva	Individual	Veterano M40	53:26	+22:54	-
53	2	Pedro Pimpão	Individual	Veterano M40	53:57	+23:26	-
54	422	Paulo Alexandre da Silva Dias	NEL-Joelette	Veterano M40	53:58	+23:27	-

Prova Principal

1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

55	423	Teofilo JB Pequicho	NEL-Joelette	Veterano M40	53:58	+23:27	-
56	348	Renato Osório	Individual	Veterano M40	54:15	+23:44	-
57	315	Alexandre Frutuoso	Individual	Veterano M40	54:36	+24:04	-
58	340	Micael Gonçalves Ferreira	Individual	Veterano M40	54:58	+24:27	-
59	325	Francisco Sousa	Individual	Veterano M40	55:08	+24:36	-
60	442	David Mendes	osPrimos	Veterano M40	56:01	+25:30	-
61	451	André Filipe Marques Gomes	Ratatui Team	Veterano M40	56:42	+26:10	-
62	319	Dinis Andrade	Individual	Veterano M40	56:59	+26:28	-
63	345	Pedro Moreira	Individual	Veterano M40	57:33	+27:02	-
64	343	Patricio Alves	Individual	Veterano M40	57:33	+27:02	-
65	327	Hugo Pires	Individual	Veterano M40	57:46	+27:14	-
66	317	David Santos	Individual	Veterano M40	01:02:41	+32:09	-
67	334	Márcio Rafael Gameiro Andrade	Individual	Veterano M40	01:07:29	+36:57	-
68	344	Paulo Santos	Individual	Veterano M40	01:07:29	+36:57	-
69	449	Tiago Esteves	Projeto Sexto Sentido	Veterano M40	01:07:51	+37:19	-

Veterano M45

1	92	João Pereira	C. D. São Salvador do Campo	Veterano M45	33:40	+03:09	-
2	32	PEDRO FERREIRA	AC VERMOIL	Veterano M45	35:29	+04:58	-
3	365	Nuno Santos	Individual	Veterano M45	36:55	+06:23	-
4	206	Manuel belinha	Grupo Desportivo São Paio de Oleiros	Veterano M45	37:37	+07:06	-
5	31	LICÍNIO CARREIRA	AC VERMOIL	Veterano M45	37:38	+07:06	-
6	204	Armando bastos	Grupo Desportivo São Paio de Oleiros	Veterano M45	38:17	+07:46	-
7	123	PEDRO SILVA	CLUBE ATLEWTISMO DE OVAR	Veterano M45	39:10	+08:39	-
8	30	JOSÉ MENDES	AC VERMOIL	Veterano M45	39:33	+09:02	-
9	29	JOAQUIM QUITÉRIO	AC VERMOIL	Veterano M45	40:05	+09:34	-
10	505	Pedro Manuel Lopes Quelhas	Trail da Amizade Runner's	Veterano M45	40:57	+10:26	-
11	363	Marco Martins	Individual	Veterano M45	41:19	+10:47	-
12	113	Luis Maia	CLUBE ATLETISMO DE MARINHA GRANDE	Veterano M45	41:30	+10:59	-
13	47	Casimiro Gomes	ACBATALHA	Veterano M45	43:34	+13:02	-
14	468	Helder Marco	SCPOMBAL/TRAILTEAM	Veterano M45	43:39	+13:08	-
15	150	Nuno Ferreira	CPR A-DO-BARBAS	Veterano M45	43:42	+13:11	-
16	205	Avelino freitas	Grupo Desportivo São Paio de Oleiros	Veterano M45	44:49	+14:18	-
17	136	Antonio Palmeira	Clube Desportivo Ribeirense	Veterano M45	45:07	+14:36	-
18	361	Jorge Melo	Individual	Veterano M45	45:20	+14:48	-
19	366	Pedro dos Santos Lopes	Individual	Veterano M45	45:20	+14:49	-
20	357	henrique rodrigues	Individual	Veterano M45	45:47	+15:16	-
21	138	Miguel Gineto	Clube Desportivo Ribeirense	Veterano M45	45:52	+15:21	-
22	105	NUNO MIGUEL DA CONCEIÇÃO ROSA	CCD CRÉDITO AGRICOLA	Veterano M45	45:54	+15:23	-
23	359	João Filipe Venâncio Leitão	Individual	Veterano M45	46:07	+15:35	-
24	484	Rodolfo Órfão	Sinmetro	Veterano M45	46:46	+16:14	-
25	453	Alberto Figueiredo Gomes	Ratatui Team	Veterano M45	47:32	+17:01	-

Prova Principal

1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

26	464	Pedro Gomes	SC Pombal Trail Team	Veterano M45	47:32	+17:01	-
27	88	Pedro Pereira	Barras e Bolinhos	Veterano M45	47:49	+17:18	-
28	356	Filipe Jorge de Sousa Moreira	Individual	Veterano M45	47:54	+17:22	-
29	78	Nuno Marques	Asas nos Pés	Veterano M45	47:56	+17:25	-
30	137	João Justo	Clube Desportivo Ribeirense	Veterano M45	48:21	+17:50	-
31	141	Nelson Santos	CP CMP	Veterano M45	48:47	+18:15	-
32	443	Beto Oliveira	osPrimos	Veterano M45	48:55	+18:23	-
33	529	Brito Ferreira	Individual	Veterano M45	49:12	+18:41	-
34	354	Daniel Fragoso	Individual	Veterano M45	49:27	+18:56	-
35	158	Álvaro José Vieira Lopes	cscrfcharneca	Veterano M45	49:57	+19:26	-
36	115	HELDER FILIPE DOMINGUES GONÇALVES	CLUBE ATLETISMO GASPAR & COSTA	Veterano M45	50:51	+20:20	-
37	444	Pedro Ribeiro	osPrimos	Veterano M45	50:53	+20:22	-
38	166	Paulo Letras	Do you run?	Veterano M45	51:07	+20:36	-
39	368	VICTOR MANUEL FERREIRA CALADO	Individual	Veterano M45	51:21	+20:50	-
40	116	PAULO JORGE LOPES SANTOS	CLUBE ATLETISMO GASPAR & COSTA	Veterano M45	51:43	+21:12	-
41	504	Basilio Antonio	Trail da Amizade Runner's	Veterano M45	51:44	+21:12	-
42	364	Nelson Norte	Individual	Veterano M45	52:22	+21:51	-
43	15	PEDRO NATARIO	100 Gás Trail Team	Veterano M45	53:01	+22:30	-
44	89	Roberto Fiuza Alves	Barras e Bolinhos	Veterano M45	53:25	+22:54	-
45	174	SAMUEL COSTA	FitTraining Academy	Veterano M45	53:47	+23:16	-
46	461	Luís Pato	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M45	53:51	+23:20	-
47	360	Joel Martins	Individual	Veterano M45	54:05	+23:33	-
48	355	David Fernandes	Individual	Veterano M45	54:12	+23:41	-
49	159	Miguel Ângelo Duarte das Neves Matias	cscrfcharneca	Veterano M45	54:31	+24:00	-
50	455	Pedro Miguel Marques Abreu	Ratatui Team	Veterano M45	55:12	+24:40	-
51	454	Nelson Lopes	Ratatui Team	Veterano M45	56:28	+25:57	-
52	362	José Martins	Individual	Veterano M45	56:41	+26:10	-
53	358	Hugo Tiago Marques Batista	Individual	Veterano M45	57:48	+27:17	-
54	439	Alexandre Blanco	Os tolinhos	Veterano M45	01:02:36	+32:05	-
55	367	Samuel Anjos	Individual	Veterano M45	01:05:11	+34:40	-

Veterano M50

1	179	Vitor Dinis	GAC-Grupo de Atletismo da Caranguejeira	Veterano M50	34:13	+03:42	-
2	379	Sérgio Paiva	NucleOeiras	Veterano M50	35:27	+04:55	-
3	84	Luís Sequeira	Bairro dos Anjos - Amigos da Corrida	Veterano M50	37:16	+06:45	-
4	376	Luiz Mota	Individual	Veterano M50	39:52	+09:21	-
5	403	LEONEL SOUSA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M50	40:07	+09:36	-
6	124	DINIS BATISTA	CLUBE ATLEWTISMO DE OVAR	Veterano M50	40:47	+10:16	-
7	109	Vitor Nelson Esteves Torres da Silva	Cerveira Team Running	Veterano M50	41:26	+10:54	-

Prova Principal

1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

8	91	Miguel Magalhães Abreu Castelo Branco	Barras e Bolinhos	Veterano M50	41:33	+11:02	-
9	372	Joel Silva	Individual	Veterano M50	41:45	+11:14	-
10	62	Hélder Piedade	ADCRPEREIRA TRAIL E BTT	Veterano M50	42:19	+11:48	-
11	34	MIGUEL ANGELO	AC VERMOIL	Veterano M50	42:45	+12:14	-
12	125	JOSE PINTO	CLUBE ATLEWTISMO DE OVAR	Veterano M50	43:54	+13:23	-
13	469	Mário Salgado	SCPOMBAL/TRAILTEAM	Veterano M50	44:27	+13:56	-
14	369	Arlindo Miguel Dias Costa Freire	Individual	Veterano M50	45:18	+14:47	-
15	198	Virgílio Alberto	Grupo Alegre Unido Bajouca	Veterano M50	45:22	+14:51	-
16	53	Amílcar Costa	ACRM Silveirinha Grande Claras	Veterano M50	45:26	+14:55	-
17	431	Nelson Jorge	Notícias de Colmeias Atletismo	Veterano M50	45:42	+15:11	-
18	370	Gilberto Carvalho	Individual	Veterano M50	47:34	+17:03	-
19	371	Henrique Lavaredas	Individual	Veterano M50	47:40	+17:08	-
20	160	Carlos António Mota Longo da Conceição	cscrfcharneca	Veterano M50	47:51	+17:20	-
21	525	ELIAS De souza	Individual	Veterano M50	48:33	+18:02	-
22	433	Luis Nunes	Nunes & Machado	Veterano M50	48:45	+18:14	-
23	54	Filipe Carvalheiro	ACRM Silveirinha Grande Claras	Veterano M50	48:55	+18:24	-
24	380	Vítor Areia	Individual	Veterano M50	49:25	+18:54	-
25	374	Lourenço José Gomes	Individual	Veterano M50	51:09	+20:37	-
26	117	CARLOS MANUEL JORGE GASPAR	CLUBE ATLETISMO GASPAR & COSTA	Veterano M50	52:07	+21:35	-
27	33	JAIME SANTOS	AC VERMOIL	Veterano M50	52:13	+21:42	-
28	516	Josélito pereira	Vilaventura Trail	Veterano M50	53:06	+22:35	-
29	424	Cláudio Borges Sousa	NEL-Joelette	Veterano M50	53:59	+23:27	-
30	106	João Rodrigues	CCD CRÉDITO AGRICOLA	Veterano M50	55:03	+24:32	-
31	375	Luis Manuel Barosa Costa Moreira	Individual	Veterano M50	55:30	+24:58	-
32	373	José Leitão	Individual	Veterano M50	58:36	+28:05	-
33	419	António Pereira	Metro	Veterano M50	01:01:01	+30:30	-

Veterano M55

1	200	Fernando Matos	Grupo de Convívio e Amizade nas Donas	Veterano M55	36:08	+05:37	-
2	162	João Paulo Almeida	DCI/Trilhos Luso Bussaco	Veterano M55	37:29	+06:58	-
3	405	ANTÓNIO FERREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	37:54	+07:23	-
4	224	José Gonçalves	Grupo Alegre Unido Bajouca	Veterano M55	39:42	+09:11	-
5	407	GABRIEL RODRIGUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	40:02	+09:31	-
6	406	CARLOS SIMÕES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	40:10	+09:39	-
7	522	Orlando valente	Grupo Desportivo São Paio de Oleiros	Veterano M55	40:28	+09:57	-
8	485	Antonio silva	Sport club Ferreira do Zêzere	Veterano M55	40:31	+10:00	-
9	199	Martinho Pedrosa	Grupo Alegre Unido Bajouca	Veterano M55	40:55	+10:24	-
10	64	António Patrício	ADR4 Estações	Veterano M55	41:55	+11:23	-
11	151	Paulo Monteiro	CPR A-DO-BARBAS	Veterano M55	42:45	+12:14	-

Prova Principal

1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

12	93	Germano Capela	CA Barreira	Veterano M55	43:22	+12:50	-
13	152	Pedro Rodrigues	CPR A-DO-BARBAS	Veterano M55	43:22	+12:50	-
14	75	Basilio Simoes	ARCD Venda da Luísa	Veterano M55	43:23	+12:51	-
15	35	VITOR LOPES	AC VERMOIL	Veterano M55	44:38	+14:06	-
16	517	Vitor Monteiro	Vilaventura Trail	Veterano M55	45:14	+14:43	-
17	97	Aníbal Godinho	Caracol Trail Team	Veterano M55	46:29	+15:58	-
18	184	Fernando Marques	GM TEAM	Veterano M55	47:03	+16:32	-
19	507	Carlos Gaspar	Tudo corre - centro de marcha e corrida de Alvaiázere	Veterano M55	47:07	+16:36	-
20	387	Paulo Oliveira	Individual	Veterano M55	47:28	+16:57	-
21	176	Fernando Jacinto	G. A. Soutos	Veterano M55	47:38	+17:07	-
22	66	José Alves	ADRM	Veterano M55	49:36	+19:04	-
23	408	JOÃO BENTO	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M55	50:12	+19:41	-
24	382	Armenio Trindade de Jesus	Individual	Veterano M55	50:47	+20:16	-
25	384	João Carlos de Almeida Santos	Individual	Veterano M55	51:02	+20:31	-
26	386	Paulo Fonseca	Individual	Veterano M55	51:08	+20:37	-
27	55	Lino Carraco	ACRM Silveirinha Grande Claras	Veterano M55	53:37	+23:06	-
28	427	Rui Soares Monteiro	NEL-Joelette	Veterano M55	53:58	+23:26	-
29	161	Arlindo de Jesus Oliveira	cscrfcharneca	Veterano M55	01:04:20	+33:49	-

Veterano M60

1	409	JÚLIO HENRIQUES	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M60	37:50	+07:19	-
2	70	Tozé velha	Antonio velha	Veterano M60	38:39	+08:08	-
3	470	Américo Valente	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterano M60	38:53	+08:21	-
4	126	MARIO VAZ	CLUBE ATLEWTISMO DE OVAR	Veterano M60	39:05	+08:34	-
5	114	José Raimundo	CLUBE ATLETISMO DE MARINHA GRANDE	Veterano M60	39:20	+08:49	-
6	18	Mário Carvalho	A.C.R. Vilarinho de Cima	Veterano M60	40:09	+09:38	-
7	410	LICÍNIO PEREIRA	INDUSTRIAL DESPORTIVO VIEIRENSE	Veterano M60	41:56	+11:25	-
8	37	AQUILINO FERREIRA	AC VERMOIL	Veterano M60	42:19	+11:47	-
9	392	João Mendes	Individual	Veterano M60	43:12	+12:41	-
10	462	João Graça	Run Tejo - Prevent Sprain	Veterano M60	44:07	+13:36	-
11	394	José Loureiro	Individual	Veterano M60	44:07	+13:36	-
12	180	José Monteiro	GDC Banco de Portugal	Veterano M60	47:41	+17:10	-
13	154	Jorge Justo	CPT Sobral de Ceira	Veterano M60	47:47	+17:16	-
14	506	alfredo valente	Trail da Amizade Runner's	Veterano M60	47:48	+17:17	-
15	208	Valdemar alves	Grupo Desportivo São Paio de Oleiros	Veterano M60	48:13	+17:42	-
16	135	Mario Duarte	Clube Desportivo Moitense	Veterano M60	48:23	+17:52	-
17	48	EVANGELINO CARDEIRA	ACBATALHA	Veterano M60	49:20	+18:48	-
18	57	João Sintra	ACRM Silveirinha Grande Claras	Veterano M60	49:58	+19:27	-
19	134	Leonel Rodrigues	Clube Desportivo Moitense	Veterano M60	49:59	+19:28	-

Prova Principal

1 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

20	397	Orlando cordeiro ribeiro	Individual	Veterano M60	50:47	+20:16	-
21	398	Rui Manuel Pereira Carreira	Individual	Veterano M60	50:52	+20:21	-
22	139	Narciso Arromba	Cluve	Veterano M60	50:56	+20:25	-
23	142	Zé Rato	CP CMP	Veterano M60	51:12	+20:41	-
24	396	Mark DeSautel	Individual	Veterano M60	51:29	+20:57	-
25	395	Manuel Santos	Individual	Veterano M60	53:00	+22:29	-
26	132	Alberto Vinagre	Clube Desportivo Moitense	Veterano M60	53:19	+22:48	-
27	391	Fernando Mota Gaspar	Individual	Veterano M60	53:26	+22:55	-
28	399	Vitor Manuel Borges Fontes	Individual	Veterano M60	53:32	+23:01	-
29	428	Fernando Lourenço Vieira	NEL-Joelette	Veterano M60	53:54	+23:23	-
30	1	João Faria	Individual	Veterano M60	53:58	+23:26	-
31	107	Rui Graça	CCD CRÉDITO AGRICOLA	Veterano M60	54:45	+24:14	-
32	131	Adriano Fonte	Clube Desportivo Moitense	Veterano M60	55:19	+24:48	-
33	38	EUGÉNIO MENDES	AC VERMOIL	Veterano M60	55:42	+25:11	-
34	437	João Carlos Dias de Carvalho	OLYMPICS4ALL MUNICÍPIO DE VIANA DO CASTELO	Veterano M60	56:01	+25:30	-
35	39	LEANDRO SANTOS	AC VERMOIL	Veterano M60	56:59	+26:27	-
36	36	ALFREDO SANTOS	AC VERMOIL	Veterano M60	58:02	+27:30	-
37	56	João Graça	ACRM Silveirinha Grande Claras	Veterano M60	59:48	+29:17	-
38	101	Armando Delgado	Casa do Povo de Lavos	Veterano M60	01:02:50	+32:19	-
39	389	Chris Davison	Individual	Veterano M60	01:03:17	+32:45	-
40	390	Dirk Driedger	Individual	Veterano M60	01:05:19	+34:48	-
41	103	Augusto Dourado	Casa Pia da Nazaré	Veterano M60	01:07:28	+36:56	-

Prova do Bodo 2023
Pombal, PT
29-July-2023

CORRIDA DAS FARTURAS - STAGE 1 — 3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	20:00	22ºC	66%
End	20:44	20.9ºC	76%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1073	Leonardo Jacinto	individual	Senior Masculino	10:09		03:23
2	1016	Bernardo Salgado	cpt sobral de ceira	Senior Masculino	10:32	+00:22	03:31
3	1083	Tiago Jorge	individual	Senior Masculino	10:33	+00:23	03:31
4	1014	David Pereira	cpr a-do-barbas	Senior Masculino	12:31	+02:21	04:10
5	1095	Bruno Longo Mota	ratatui team	Senior Masculino	12:37	+02:27	04:13
6	1076	Miguel Monteiro	individual	Senior Masculino	12:39	+02:29	04:13
7	1015	Miguel Ferreira	cpr a-do-barbas	Senior Masculino	12:50	+02:40	04:17
8	1080	Rafael Simões	individual	Senior Masculino	12:58	+02:48	04:19
9	1037	Luís Nunes	ginásio fitness factory	Senior Masculino	13:09	+02:59	04:23
10	1053	Matilde Angélico	individual	Senior Feminino	13:09	+02:59	04:23
11	1074	Manuel Nunes	individual	Senior Masculino	13:25	+03:15	04:28
12	1079	Pedro Rainha	individual	Senior Masculino	13:28	+03:18	04:30
13	1078	Pedro Jorge da Silva Pimenta	individual	Senior Masculino	13:32	+03:22	04:31
14	1061	André Santos	individual	Senior Masculino	13:35	+03:25	04:32
15	1063	David Domingues Rocha	individual	Senior Masculino	13:50	+03:40	04:37
16	503	Gabriel Fazenda	individual	Senior Masculino	14:14	+04:04	04:45
17	1096	Tomás Pereira Gonçalves	ratatui team	Senior Masculino	14:15	+04:05	04:45
18	1064	Diogo da Silva Gonçalves	individual	Senior Masculino	14:16	+04:06	04:46
19	1035	Fernando Neves Estrela	ginásio fitness factory	Senior Masculino	14:18	+04:08	04:46
20	1001	IARA SANTOS PEREIRA	acrdc sismaria	Senior Feminino	14:23	+04:13	04:48
21	1058	Alexandre Fernandes Marques	individual	Senior Masculino	14:28	+04:18	04:50
22	1023	Afonso Ferraz	ghost team	Senior Masculino	14:45	+04:35	04:55
23	1082	Simão Lopes Sousa	individual	Senior Masculino	14:45	+04:35	04:55
24	1024	João Calhau	ghost team	Senior Masculino	15:00	+04:50	05:00
25	1002	RICARDO PEREIRA	acrdc sismaria	Senior Masculino	15:02	+04:53	05:01
26	1007	Hélder Nunes	comissão lúdica crédito agrícola pombal	Senior Masculino	15:05	+04:55	05:02
27	1067	Duarte Gonçalves Pimenta	individual	Senior Masculino	15:19	+05:09	05:07
28	1059	André Fernandes	individual	Senior Masculino	15:53	+05:43	05:18
29	1077	Paulo Jorge Oliveira Bernardes	individual	Senior Masculino	16:06	+05:56	05:22
30	1071	Joao Bujaca	individual	Senior Masculino	16:10	+06:00	05:24
31	1050	Joana Marta	individual	Senior Feminino	16:24	+06:14	05:28
32	1052	Mariana Alexandre Fernandes	individual	Senior Feminino	16:26	+06:16	05:29
33	1047	Isabel Cordeiro	individual	Senior Feminino	16:29	+06:19	05:30
34	1029	Diana Filipe	ginásio fitness factory	Senior Feminino	16:30	+06:20	05:30
35	1021	Nuno Silva	eu só vim pela fartura!	Senior Masculino	16:33	+06:23	05:31
36	1091	Bruna Mendes Abreu	ratatui team	Senior Feminino	16:56	+06:46	05:39
37	1066	Diogo Sousa	individual	Senior Masculino	17:01	+06:51	05:40
38	1072	João Paulo Simões Pina	individual	Senior Masculino	17:01	+06:51	05:40
39	1054	Patrícia Ramos Cravo	individual	Senior Feminino	17:06	+06:56	05:42
40	1092	Carolina Maria Silva Mendes	ratatui team	Senior Feminino	17:10	+07:00	05:44
41	1060	André Ramos	individual	Senior Masculino	17:16	+07:06	05:46
42	1013	Susana Oliveira	cpr a-do-barbas	Senior Feminino	17:24	+07:14	05:48

CORRIDA DAS FARTURAS - STAGE 1 3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	4	Nelson Pedrosa	desporto para todos	Senior Masculino	17:25	+07:15	05:48
44	1062	Bruno lopes	individual	Senior Masculino	17:25	+07:15	05:48
45	1028	Claudia Silva	ginásio fitness factory	Senior Feminino	17:26	+07:16	05:49
46	1019	André Domingues	eu só vim pela fartura!	Senior Masculino	17:41	+07:31	05:54
47	1031	Matilde Silva	ginásio fitness factory	Senior Feminino	17:43	+07:33	05:54
48	1048	Joana Ascensão	individual	Senior Feminino	17:47	+07:37	05:56
49	1081	Rafael Vieira	individual	Senior Masculino	18:04	+07:54	06:02
50	1093	Filipa Leonor Silva Mendes	ratatui team	Senior Feminino	18:31	+08:21	06:10
51	1094	Joana Gonçalves Ferreira	ratatui team	Senior Feminino	18:41	+08:31	06:14
52	1005	PAULA GRACA OLIVEIRA MENDES MARQUES	clube atletismo gaspar & costa	Senior Feminino	18:57	+08:47	06:19
53	1069	Francisco João Gonçalves Santana	individual	Senior Masculino	19:02	+08:52	06:21
54	1049	Joana Coucelo	individual	Senior Feminino	19:10	+09:00	06:24
55	1099	Stephanie Santos	individual	Senior Feminino	19:11	+09:01	06:24
56	1098	Jorge Silva	individual	Senior Masculino	19:11	+09:01	06:24
57	1008	Humberto Santos	comissão lúdica crédito agrícola pombal	Senior Masculino	19:27	+09:17	06:29
58	1045	Dina Maria da Silva Alexandre	individual	Senior Feminino	19:42	+09:32	06:34
59	1032	Rita Gonçalves	ginásio fitness factory	Senior Feminino	19:58	+09:48	06:39
60	1090	Carla Machado	nunes & machado	Senior Feminino	19:59	+09:49	06:40
61	1017	Andreia Domingues	eu só vim pela fartura!	Senior Feminino	20:45	+10:35	06:55
62	1056	Vera Ferreira Ramos	individual	Senior Feminino	20:56	+10:46	06:59
63	1086	Francisca Silva	metro	Senior Feminino	20:56	+10:46	06:59
64	1042	Daniela Ramos	individual	Senior Feminino	20:56	+10:46	06:59
65	1022	Reinaldo Ramos	eu só vim pela fartura!	Senior Masculino	21:11	+11:01	07:04
66	1018	Cheila Alves	eu só vim pela fartura!	Senior Feminino	21:11	+11:01	07:04
67	1038	Ana Carolina Jesus	individual	Senior Feminino	21:18	+11:08	07:06
68	1006	SÉRGIO MANUEL DE BRITO FERREIRA	clube atletismo gaspar & costa	Senior Masculino	21:53	+11:43	07:18
69	1004	MARIBEL VANESSA ESTEVES SILVA	clube atletismo gaspar & costa	Senior Feminino	21:53	+11:43	07:18
70	1040	Carla brito	individual	Senior Feminino	21:54	+11:44	07:18
71	1055	Sandrina Silva	individual	Senior Feminino	21:58	+11:48	07:20
72	1065	Diogo Fernandes	individual	Senior Masculino	22:04	+11:54	07:21
73	1046	Inês Falcão	individual	Senior Feminino	22:31	+12:21	07:30
74	1088	Afonso Moreira	metro	Senior Masculino	23:03	+12:53	07:41
75	1039	Ana Isabel Ferreira	individual	Senior Feminino	23:49	+13:39	07:56
76	1087	Sandra Monteiro	metro	Senior Feminino	24:41	+14:31	08:14
77	1044	Diana Sousa Cordeiro	individual	Senior Feminino	24:54	+14:44	08:18
78	1089	Joaquim Silva	metro	Senior Masculino	24:59	+14:49	08:20
79	1030	Edna Salgueiro	ginásio fitness factory	Senior Feminino	25:36	+15:26	08:32
80	1010	Isabel Vinagre	cp cmp	Senior Feminino	28:29	+18:19	09:30
81	1034	Alfredo Faustino	ginásio fitness factory	Senior Masculino	30:39	+20:29	10:13
82	1036	Jorge Faustino	ginásio fitness factory	Senior Masculino	30:39	+20:29	10:13
83	1011	Paula Beato	cp cmp	Senior Feminino	33:13	+23:03	11:04
84	1012	Octavio Branco	cp cmp	Senior Masculino	33:13	+23:03	11:04
85	1009	Carla Morgado	cp cmp	Senior Feminino	33:16	+23:06	11:05

CORRIDA DAS FARTURAS - STAGE 1 3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1100	João Silva	individual	Senior Masculino	42:56	+32:46	14:19
87	1027	Carla Silva	ginásio fitness factory	Senior Feminino	42:58	+32:48	14:19
88	1026	Andrea Portugal	ginásio fitness factory	Senior Feminino	43:20	+33:10	14:27

lap2go TIMING SOLUTION

Prova do Bodo 2023
Pombal, PT
29-July-2023

Corrida das Farturas — 3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	20:00	22ºC	66%
End	20:44	20.9ºC	76%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1053	Matilde Angélico	Individual	Senior Feminino	13:09	+02:59	04:23
2	1001	IARA SANTOS PEREIRA	ACRDC Sismaria	Senior Feminino	14:23	+04:13	04:48
3	1050	Joana Marta	Individual	Senior Feminino	16:24	+06:14	05:28
4	1052	Mariana Alexandre Fernandes	Individual	Senior Feminino	16:26	+06:16	05:29
5	1047	Isabel Cordeiro	Individual	Senior Feminino	16:29	+06:19	05:30
6	1029	Diana Filipe	Ginásio Fitness Factory	Senior Feminino	16:30	+06:20	05:30
7	1091	Bruna Mendes Abreu	Ratatui Team	Senior Feminino	16:56	+06:46	05:39
8	1054	Patrícia Ramos Cravo	Individual	Senior Feminino	17:06	+06:56	05:42
9	1092	Carolina Maria Silva Mendes	Ratatui Team	Senior Feminino	17:10	+07:00	05:44
10	1013	Susana Oliveira	CPR A-DO-BARBAS	Senior Feminino	17:24	+07:14	05:48
11	1028	Claudia Silva	Ginásio Fitness Factory	Senior Feminino	17:26	+07:16	05:49
12	1031	Matilde Silva	Ginásio Fitness Factory	Senior Feminino	17:43	+07:33	05:54
13	1048	Joana Ascensão	Individual	Senior Feminino	17:47	+07:37	05:56
14	1093	Filipa Leonor Silva Mendes	Ratatui Team	Senior Feminino	18:31	+08:21	06:10
15	1094	Joana Gonçalves Ferreira	Ratatui Team	Senior Feminino	18:41	+08:31	06:14
16	1005	PAULA GRACA OLIVEIRA MENDES MARQUES	CLUBE ATLETISMO GASPAR & COSTA	Senior Feminino	18:57	+08:47	06:19
17	1049	Joana Coucelo	Individual	Senior Feminino	19:10	+09:00	06:24
18	1099	Stephanie Santos	Individual	Senior Feminino	19:11	+09:01	06:24
19	1045	Dina Maria da Silva Alexandre	Individual	Senior Feminino	19:42	+09:32	06:34
20	1032	Rita Gonçalves	Ginásio Fitness Factory	Senior Feminino	19:58	+09:48	06:39
21	1090	Carla Machado	Nunes & Machado	Senior Feminino	19:59	+09:49	06:40
22	1017	Andreia Domingues	Eu só vim pela Fartura!	Senior Feminino	20:45	+10:35	06:55
23	1056	Vera Ferreira Ramos	Individual	Senior Feminino	20:56	+10:46	06:59
24	1086	Francisca Silva	Metro	Senior Feminino	20:56	+10:46	06:59
25	1042	Daniela Ramos	Individual	Senior Feminino	20:56	+10:46	06:59
26	1018	Cheila Alves	Eu só vim pela Fartura!	Senior Feminino	21:11	+11:01	07:04
27	1038	Ana Carolina Jesus	Individual	Senior Feminino	21:18	+11:08	07:06
28	1004	MARIBEL VANESSA ESTEVES SILVA	CLUBE ATLETISMO GASPAR & COSTA	Senior Feminino	21:53	+11:43	07:18
29	1040	Carla brito	Individual	Senior Feminino	21:54	+11:44	07:18
30	1055	Sandrina Silva	Individual	Senior Feminino	21:58	+11:48	07:20
31	1046	Inês Falcão	Individual	Senior Feminino	22:31	+12:21	07:30
32	1039	Ana Isabel Ferreira	Individual	Senior Feminino	23:49	+13:39	07:56
33	1087	Sandra Monteiro	Metro	Senior Feminino	24:41	+14:31	08:14
34	1044	Diana Sousa Cordeiro	Individual	Senior Feminino	24:54	+14:44	08:18
35	1030	Edna Salgueiro	Ginásio Fitness Factory	Senior Feminino	25:36	+15:26	08:32
36	1010	Isabel Vinagre	CP CMP	Senior Feminino	28:29	+18:19	09:30
37	1011	Paula Beato	CP CMP	Senior Feminino	33:13	+23:03	11:04
38	1009	Carla Morgado	CP CMP	Senior Feminino	33:16	+23:06	11:05

Corrida das Farturas — 3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

39	1027	Carla Silva	Ginásio Fitness Factory	Senior Feminino	42:58	+32:48	14:19
40	1026	Andrea Portugal	Ginásio Fitness Factory	Senior Feminino	43:20	+33:10	14:27

Senior Masculino

1	1073	Leonardo Jacinto	Individual	Senior Masculino	10:09		03:23
2	1016	Bernardo Salgado	CPT Sobral de Ceira	Senior Masculino	10:32	+00:22	03:31
3	1083	Tiago Jorge	Individual	Senior Masculino	10:33	+00:23	03:31
4	1014	David Pereira	CPR A-DO-BARBAS	Senior Masculino	12:31	+02:21	04:10
5	1095	Bruno Longo Mota	Ratatui Team	Senior Masculino	12:37	+02:27	04:13
6	1076	Miguel Monteiro	Individual	Senior Masculino	12:39	+02:29	04:13
7	1015	Miguel Ferreira	CPR A-DO-BARBAS	Senior Masculino	12:50	+02:40	04:17
8	1080	Rafael Simões	Individual	Senior Masculino	12:58	+02:48	04:19
9	1037	Luís Nunes	Ginásio Fitness Factory	Senior Masculino	13:09	+02:59	04:23
10	1074	Manuel Nunes	Individual	Senior Masculino	13:25	+03:15	04:28
11	1079	Pedro Rainha	Individual	Senior Masculino	13:28	+03:18	04:30
12	1078	Pedro Jorge da Silva Pimenta	Individual	Senior Masculino	13:32	+03:22	04:31
13	1061	André Santos	Individual	Senior Masculino	13:35	+03:25	04:32
14	1063	David Domingues Rocha	Individual	Senior Masculino	13:50	+03:40	04:37
15	503	Gabriel Fazenda	Individual	Senior Masculino	14:14	+04:04	04:45
16	1096	Tomás Pereira Gonçalves	Ratatui Team	Senior Masculino	14:15	+04:05	04:45
17	1064	Diogo da Silva Gonçalves	Individual	Senior Masculino	14:16	+04:06	04:46
18	1035	Fernando Neves Estrela	Ginásio Fitness Factory	Senior Masculino	14:18	+04:08	04:46
19	1058	Alexandre Fernandes Marques	Individual	Senior Masculino	14:28	+04:18	04:50
20	1023	Afonso Ferraz	Ghost Team	Senior Masculino	14:45	+04:35	04:55
21	1082	Simão Lopes Sousa	Individual	Senior Masculino	14:45	+04:35	04:55
22	1024	João Calhau	Ghost Team	Senior Masculino	15:00	+04:50	05:00
23	1002	RICARDO PEREIRA	ACRDC Sismaria	Senior Masculino	15:02	+04:53	05:01
24	1007	Hélder Nunes	Comissão lúdica Crédito Agrícola Pombal	Senior Masculino	15:05	+04:55	05:02
25	1067	Duarte Gonçalves Pimenta	Individual	Senior Masculino	15:19	+05:09	05:07
26	1059	André Fernandes	Individual	Senior Masculino	15:53	+05:43	05:18
27	1077	Paulo Jorge Oliveira Bernardes	Individual	Senior Masculino	16:06	+05:56	05:22
28	1071	Joao Bujaca	Individual	Senior Masculino	16:10	+06:00	05:24
29	1021	Nuno Silva	Eu só vim pela Fartura!	Senior Masculino	16:33	+06:23	05:31
30	1066	Diogo Sousa	Individual	Senior Masculino	17:01	+06:51	05:40
31	1072	João Paulo Simões Pina	Individual	Senior Masculino	17:01	+06:51	05:40
32	1060	André Ramos	Individual	Senior Masculino	17:16	+07:06	05:46
33	4	Nelson Pedrosa	Desporto para Todos	Senior Masculino	17:25	+07:15	05:48
34	1062	Bruno lopes	Individual	Senior Masculino	17:25	+07:15	05:48
35	1019	André Domingues	Eu só vim pela Fartura!	Senior Masculino	17:41	+07:31	05:54
36	1081	Rafael Vieira	Individual	Senior Masculino	18:04	+07:54	06:02
37	1069	Francisco João Gonçalves Santana	Individual	Senior Masculino	19:02	+08:52	06:21
38	1098	Jorge Silva	Individual	Senior Masculino	19:11	+09:01	06:24
39	1008	Humberto Santos	Comissão lúdica Crédito Agrícola Pombal	Senior Masculino	19:27	+09:17	06:29
40	1022	Reinaldo Ramos	Eu só vim pela Fartura!	Senior Masculino	21:11	+11:01	07:04

Corrida das Farturas

3 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

41	1006	SÉRGIO MANUEL DE BRITO FERREIRA	CLUBE ATLETISMO GASPAR & COSTA	Senior Masculino	21:53	+11:43	07:18
42	1065	Diogo Fernandes	Individual	Senior Masculino	22:04	+11:54	07:21
43	1088	Afonso Moreira	Metro	Senior Masculino	23:03	+12:53	07:41
44	1089	Joaquim Silva	Metro	Senior Masculino	24:59	+14:49	08:20
45	1034	Alfredo Faustino	Ginásio Fitness Factory	Senior Masculino	30:39	+20:29	10:13
46	1036	Jorge Faustino	Ginásio Fitness Factory	Senior Masculino	30:39	+20:29	10:13
47	1012	Octavio Branco	CP CMP	Senior Masculino	33:13	+23:03	11:04
48	1100	João Silva	Individual	Senior Masculino	42:56	+32:46	14:19

TEAM RESULTS - PROVA PRINCIPAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	AC VERMOIL	19 + 35 + 36 + 41 + 45 + 59 + 83	318
2	CLUBE ATLEWTISMO DE OVAR	20 + 25 + 34 + 49 + 76 + 78 + 104	386
3	GRUPO ALEGRE UNIDO BAJOUCA	37 + 46 + 70 + 74 + 75 + 85 + 86	473
4	INDUSTRIAL DESPORTIVO VIEIRENSE	26 + 62 + 63 + 69 + 92 + 96 + 99	507
5	GRUPO DESPORTIVO SÃO PAIO DE OLEIROS	22 + 24 + 58 + 67 + 101 + 113 + 176	561
6	CPR A-DO-BARBAS	98 + 132 + 140 + 151 + 155 + 199 + 202	1077
7	VILAVENTURA TRAIL	47 + 94 + 181 + 203 + 210 + 274 + 327	1336
8	TRAIL DA AMIZADE RUNNER'S	111 + 144 + 160 + 164 + 230 + 241 + 306	1356
9	CSCRFCHARNECA	185 + 232 + 283 + 329 + 359 + 435 + 450	2273