

ELITE - STAGE 1

8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:00	25,2°C	62%
End	17:12	25,2°C	62%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	237	Nelson Loureiro	Pegasus OCR ProTeam	46:30		05:49	
2	236	Luciano Pereira	Pegasus OCR ProTeam	48:21	+01:51	06:03	
3	211	Romel Agreda Castro	Individual	49:52	+03:22	06:14	
4	210	Pedro Gonçalves	Individual	52:20	+05:50	06:33	
5	229	Jose Felipe Pinto Machado	Exército de Portugal	52:20	+05:50	06:33	
6	231	Rui Manuel Pires da Silva	Individual	54:32	+08:02	06:49	
7	207	Daniel Fonseca	Individual	55:55	+09:25	06:59	
8	233	Henrique Loureiro	Pegasus OCR ProTeam	56:34	+10:04	07:04	
9	213	Rui Silva	Individual	56:45	+10:15	07:06	
10	228	Diogo Carmo	Brave Lake - ACCM	57:35	+11:05	07:12	
11	238	FRANCISCO GONÇALVES RIBEIRO	Sem limites	58:45	+12:15	07:21	
12	230	Fernando Narciso	Individual	58:58	+12:28	07:22	
13	215	Pedro Cerqueira	Individual	01:01:27	+14:57	07:41	
14	204	Guille Gonzalez	Individual	01:04:46	+18:16	08:06	
15	208	Franciaco Infante Rodal	Individual	01:04:59	+18:29	08:07	
16	225	Nelson Costa	ROSA CHICLETE	01:05:42	+19:12	08:13	
17	209	Marco Alexandre Pereira Duarte	Individual	01:05:56	+19:26	08:14	
18	226	José João	ROSA CHICLETE	01:09:22	+22:52	08:40	
19	232	Tiago Dinis	Individual	01:09:54	+23:24	08:44	
20	235	Hélder Rodrigues	Pegasus OCR ProTeam	01:14:26	+27:56	09:18	
21	206	André Rodrigues	Individual	01:15:30	+29:00	09:26	
22	242	Bruno Sousa	Individual	01:18:20	+31:50	09:48	
23	222	Vitor Rodrigues	Pegasus OCR ProTeam	01:19:25	+32:55	09:56	
24	217	Viktor Strelbitskiy	Individual	01:24:46	+38:16	10:36	
25	214	Miguel Ares	Individual	01:32:53	+46:23	11:37	
26	212	Rui Nogueira	Individual	01:39:42	+53:12	12:28	
27	220	Ruben Moreira	Não corro nem mais 1 km	01:59:23	+01:12:53	14:55	

Elite

8 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:00	25,2°C	62%
End	17:12	25,2°C	62%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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16-17 Masculino

1	238	FRANCISCO GONÇALVES RIBEIRO	Sem limites	16-17 Masculino	58:45		07:21
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20-24 Masculino

1	204	Guille Gonzalez	Individual	20-24 Masculino	01:04:46		08:06
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25-29 Masculino

1	207	Daniel Fonseca	Individual	25-29 Masculino	55:55		06:59
2	230	Fernando Narciso	Individual	25-29 Masculino	58:58	+03:02	07:22
3	208	Franciaco Infante Rodal	Individual	25-29 Masculino	01:04:59	+09:03	08:07
4	206	André Rodrigues	Individual	25-29 Masculino	01:15:30	+19:34	09:26

30-34 Masculino

1	211	Romel Agreda Castro	Individual	30-34 Masculino	49:52		06:14
2	210	Pedro Gonçalves	Individual	30-34 Masculino	52:20	+02:27	06:33
3	229	Jose Felipe Pinto Machado	Exército de Portugal	30-34 Masculino	52:20	+02:28	06:33
4	231	Rui Manuel Pires da Silva	Individual	30-34 Masculino	54:32	+04:40	06:49
5	213	Rui Silva	Individual	30-34 Masculino	56:45	+06:53	07:06
6	228	Diogo Carmo	Brave Lake - ACCM	30-34 Masculino	57:35	+07:42	07:12
7	225	Nelson Costa	ROSA CHICLETE	30-34 Masculino	01:05:42	+15:49	08:13
8	209	Marco Alexandre Pereira Duarte	Individual	30-34 Masculino	01:05:56	+16:03	08:14
9	212	Rui Nogueira	Individual	30-34 Masculino	01:39:42	+49:49	12:28

35-39 Masculino

1	233	Henrique Loureiro	Pegasus OCR ProTeam	35-39 Masculino	56:34		07:04
2	215	Pedro Cerqueira	Individual	35-39 Masculino	01:01:27	+04:53	07:41
3	226	José João	ROSA CHICLETE	35-39 Masculino	01:09:22	+12:47	08:40
4	232	Tiago Dinis	Individual	35-39 Masculino	01:09:54	+13:20	08:44
5	214	Miguel Ares	Individual	35-39 Masculino	01:32:53	+36:19	11:37
6	220	Ruben Moreira	Não corro nem mais 1 km	35-39 Masculino	01:59:23	+01:02:48	14:55

40-44 Masculino

1	237	Nelson Loureiro	Pegasus OCR ProTeam	40-44 Masculino	46:30		05:49
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Official Timekeeper: Lap2Go	1 / 2	generate 03-jun-2023 19:01
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GUERREIROS - STAGE 1

8 KM

R
 REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:15	24,6°C	60%
End	18:54	24,6°C	60%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	621	Marco lopes	Individual	56:43		07:05	
2	399	Nivaldo Costa	Bombeiros de bragança	01:03:00	+06:17	07:53	
3	331	Luís Paulo	Academia JdC	01:05:48	+09:05	08:14	
4	493	CARLOS MACHADO	CSE	01:06:19	+09:36	08:17	
5	398	João Vítor Alves	Bombeiros de bragança	01:07:03	+10:20	08:23	
6	915	Pedro Miguel Antunes Machado	Urban Academy	01:07:11	+10:28	08:24	
7	719	PEDRO PEREIRA	PEDRO PEREIRA TEAM	01:07:23	+10:40	08:25	
8	609	José Fernandes	Individual	01:07:41	+10:58	08:28	
9	593	Diogo Costa	Individual	01:08:13	+11:30	08:32	
10	658	Bruno Lima	Moveis Lima	01:09:58	+13:15	08:45	
11	402	Vasco Jorge Rodrigues Costa	Bombeiros de bragança	01:11:00	+14:17	08:52	
12	497	MARÍCIO MEDON	CSE	01:12:09	+15:26	09:01	
13	586	António Fernandes	Individual	01:12:49	+16:06	09:06	
14	332	Luiz Carlos Lima Quarteu	Academia JdC	01:13:40	+16:57	09:12	
15	946	Vítor Ferreira	VIEIRAFIT Team	01:13:41	+16:58	09:13	
16	945	Tiago Ribeiro	VIEIRAFIT Team	01:13:41	+16:58	09:13	
17	627	Raúl Rodríguez	Individual	01:15:15	+18:32	09:24	
18	323	Leonor da Cunha Quarteu	Academia JdC	01:15:44	+19:01	09:28	
19	379	DANIEL NOGUEIRA	BODYSTATION TEAM	01:16:13	+19:30	09:32	
20	790	Rui Manuel Fernandes Pereira	Sem limites	01:16:37	+19:54	09:35	
21	988	Pedro costa	Individual	01:18:03	+21:20	09:45	
22	607	José Cunha	Individual	01:18:28	+21:45	09:49	
23	839	Daniel Soares	T22	01:18:47	+22:04	09:51	
24	454	Ricardo Ferreira	Carniceiros III	01:18:49	+22:06	09:51	
25	453	Rafael Surrador	Carniceiros III	01:19:49	+23:06	09:59	
26	840	Eduardo Cruz	T22	01:19:53	+23:10	09:59	
27	771	António Vila Franca	Queijo Bornes	01:20:04	+23:21	10:00	
28	452	Paulo H. Alves	Carniceiros III	01:20:16	+23:33	10:02	
29	359	ilidio dias	ATAD	01:20:18	+23:35	10:02	
30	361	marcelo ferreira coelho	ATAD	01:20:38	+23:55	10:05	
31	619	Márcio Gonçalves	Individual	01:20:39	+23:56	10:05	
32	358	emanuel videira freitas	ATAD	01:20:57	+24:14	10:07	
33	428	André Ferreira	Buldogue	01:21:07	+24:24	10:08	
34	455	Pedro Sousa	Clube Naus OCR	01:21:12	+24:29	10:09	
35	430	Joel Antunes	Buldogue	01:21:13	+24:30	10:09	
36	354	João Alberto	ASPBSB	01:22:26	+25:43	10:18	
37	353	Antonio Filipe Pereira da Mota	ASPBSB	01:22:26	+25:43	10:18	
38	355	Pedro Filipe Ribeiro Cardoso	ASPBSB	01:22:26	+25:43	10:18	
39	356	Pedro Miguel Barbosa de Carvalho	ASPBSB	01:22:27	+25:44	10:18	
40	451	Daniel Gomes	Carniceiros III	01:22:39	+25:56	10:20	
41	722	Patricia Ribeiro	Pegasus OCR ProTeam	01:23:39	+26:56	10:27	
42	589	Carlos Fortes	Individual	01:24:00	+27:17	10:30	

GUERREIROS - STAGE 1
8 KM
R
REVISED
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	601	Filipe Fernandes	Individual	01:24:40	+27:57	10:35	
44	916	Rui Alves	Urban Academy	01:25:02	+28:19	10:38	
45	598	Elias Junior	Individual	01:25:22	+28:39	10:40	
46	325	Olena Chernenko	Academia JdC	01:26:28	+29:45	10:48	
47	934	Alexandre branco	VIEIRAFIT Team	01:26:39	+29:56	10:50	
48	919	Vitor Marçal	Urban Academy	01:27:19	+30:36	10:55	
49	508	José Tiago Vieira da Silva Pereira	Duros da Santa	01:27:27	+30:44	10:56	
50	775	Miguel Rios	Ragnarok ocr	01:28:06	+31:23	11:01	
51	911	Jorge Pimenta	Urban Academy	01:28:09	+31:26	11:01	
52	754	Manuel Gonçalves	Pro Energy	01:28:15	+31:32	11:02	
53	907	Eduardo Gomes	Urban Academy	01:28:16	+31:33	11:02	
54	892	Ricardo Magalhães	TREPA	01:28:26	+31:43	11:03	
55	890	Hugo Carvalho	TREPA	01:28:26	+31:43	11:03	
56	979	Márcio Soares	XM90	01:29:31	+32:48	11:11	
57	975	André Lopes	XM90	01:29:39	+32:56	11:12	
58	978	Isaac Fernandes	XM90	01:29:49	+33:06	11:14	
59	977	Gil Sousa	XM90	01:29:58	+33:15	11:15	
60	605	João Malheiro	Individual	01:31:37	+34:54	11:27	
61	610	José Pedro Correia Dias	Individual	01:31:37	+34:54	11:27	
62	721	Diana Meira	Pegasus OCR ProTeam	01:31:38	+34:55	11:27	
63	378	CARLOS LOPES	BODYSTATION TEAM	01:31:54	+35:11	11:29	
64	557	Ismael Corrêlo	Espaço Movimenta-te	01:32:25	+35:42	11:33	
65	376	Sílvia Rodrigues	BODYSTATION TEAM	01:32:25	+35:42	11:33	
66	583	Alexandre Gonçalves	Individual	01:32:44	+36:01	11:35	
67	597	Edgar Lança	Individual	01:33:18	+36:35	11:40	
68	590	Carlos pereira	Individual	01:33:50	+37:07	11:44	
69	449	Leandro Ramires	Caretos OCR	01:34:12	+37:29	11:47	
70	450	Rui Paulo Pereira	Caretos OCR	01:34:13	+37:30	11:47	
71	717	Leandro Pereira	PEDRO PEREIRA TEAM	01:35:15	+38:32	11:54	
72	390	Rodrigo silva	BODYSTATION TEAM	01:35:27	+38:44	11:56	
73	774	Pedro Quintas	Queijo Bornes	01:35:41	+38:58	11:58	
74	507	André Alberto Vieira da Silva Pereira	Duros da Santa	01:35:49	+39:06	11:59	
75	328	Eduardo Esteves	Academia JdC	01:35:55	+39:12	11:59	
76	400	Rui Manuel Carvalho Felix	Bombeiros de bragança	01:36:59	+40:16	12:07	
77	320	Ricardo costa	A Cimenteira da Ponte do Porto Lda	01:37:10	+40:27	12:09	
78	397	Élson Luís Soares Lopes	Bombeiros de bragança	01:38:15	+41:32	12:17	
79	556	André Ramalho	Espaço Movimenta-te	01:38:25	+41:42	12:18	
80	746	Bruno Manuel da Mota Lopes	Pradenses	01:38:26	+41:43	12:18	
81	747	Jorge Pedrosa	Pradenses	01:38:41	+41:58	12:20	
82	748	José Araújo	Pradenses	01:38:41	+41:58	12:20	
83	584	André Araújo	Individual	01:38:44	+42:01	12:21	
84	614	Luis Miguel Pereira Barbosa	Individual	01:38:44	+42:01	12:21	
85	594	Diogo João Costa Veloso	Individual	01:38:45	+42:02	12:21	
86	432	Ricardo Silva	Buldogue	01:38:54	+42:11	12:22	
87	429	André Mendes	Buldogue	01:39:06	+42:23	12:23	
88	500	PEDRO ALVES	CSE	01:39:37	+42:54	12:27	

GUERREIROS - STAGE 1

8 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	502	PEDRO TEIXEIRA	CSE	01:40:37	+43:54	12:35	
90	504	Tiago Freitas	CSE	01:40:37	+43:54	12:35	
91	976	Gabriel Meira	XM90	01:41:10	+44:27	12:39	
92	751	António Brás	Pro Energy	01:41:23	+44:40	12:40	
93	632	Willy Pagnier	Individual	01:41:39	+44:56	12:42	
94	980	Marco Silva	XM90	01:41:43	+45:00	12:43	
95	377	André Medeiros	BODYSTATION TEAM	01:43:09	+46:26	12:54	
96	592	Cláudio Macedo	Individual	01:43:10	+46:27	12:54	
97	628	Rui André Ribeiro Moreira	Individual	01:43:23	+46:40	12:55	
98	623	Mário André Torres da Cunha	Individual	01:43:23	+46:40	12:55	
99	579	Tiago Rosa	Fora da Caixa	01:43:26	+46:43	12:56	
100	559	Adriano Silva vieira	Falta de Gás	01:43:56	+47:13	12:59	
101	561	Joshua Swift	Falta de Gás	01:43:58	+47:15	13:00	
102	560	Gustavo Ferreira	Falta de Gás	01:43:58	+47:15	13:00	
103	360	jorge leal	ATAD	01:44:38	+47:55	13:05	
104	357	olinda sousa	ATAD	01:44:38	+47:55	13:05	
105	382	Emanuel Ribeiro	BODYSTATION TEAM	01:44:48	+48:05	13:06	
106	752	Filipe Machado	Pro Energy	01:45:08	+48:25	13:09	
107	370	Ana Paula Rodrigues	BODYSTATION TEAM	01:45:09	+48:26	13:09	
108	797	Cristiano Matos	Sobreviventes Fojo dos Lobos	01:45:14	+48:31	13:09	
109	306	José silva	100pressao	01:45:31	+48:48	13:11	
110	308	Nuno Fernandes	100pressao	01:45:38	+48:55	13:12	
111	595	Diogo Manuel Teixeira Brandão	Individual	01:45:57	+49:14	13:15	
112	603	Hélder Faustino	Individual	01:45:57	+49:14	13:15	
113	588	Bruno Soares Fontes	Individual	01:45:57	+49:14	13:15	
114	334	Reis Lima Quarteu	Academia JdC	01:46:17	+49:34	13:17	
115	870	António Fernandes	TEAM - Personal Training	01:46:26	+49:43	13:18	
116	875	José Fernandes	TEAM - Personal Training	01:46:26	+49:43	13:18	
117	720	Tiago Fernandes	PEDRO PEREIRA TEAM	01:46:29	+49:46	13:19	
118	304	Bruno Alves	100pressao	01:46:32	+49:49	13:19	
119	302	Agostinho Felix	100pressao	01:46:36	+49:53	13:20	
120	307	Lois Da Silva	100pressao	01:46:42	+49:59	13:20	
121	617	Manuel Carneiro	Individual	01:46:51	+50:08	13:21	
122	599	Fernando Rodrigues	Individual	01:46:53	+50:10	13:22	
123	310	Pedro Alves	100pressao	01:46:54	+50:11	13:22	
124	944	Tiago Ferreiro	VIEIRAFIT Team	01:46:56	+50:13	13:22	
125	705	Sérgio Miranda	Os Arrastões	01:47:23	+50:40	13:25	
126	938	João Vilaverde	VIEIRAFIT Team	01:47:24	+50:41	13:25	
127	303	André silva	100pressao	01:47:25	+50:42	13:26	
128	301	Ana Leite	100pressao	01:47:27	+50:44	13:26	
129	576	João Pedro Freitas Teixeira	Fora da Caixa	01:47:36	+50:53	13:27	
130	854	Vitor Carvalho	T22	01:47:36	+50:53	13:27	
131	852	Raphael Antunes	T22	01:47:40	+50:57	13:28	
132	773	João Reis	Queijo Bornes	01:47:42	+50:59	13:28	
133	602	Francisco Guimarães	Individual	01:48:07	+51:24	13:31	
134	718	Miguel Fernandes	PEDRO PEREIRA TEAM	01:48:29	+51:46	13:34	

GUERREIROS - STAGE 1
8 KM
OFFICIAL RESULT


RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	395	António Agostinho Garcia Gonçalves	Bombeiros de bragança	01:48:39	+51:56	13:35	
136	591	César Lima	Individual	01:49:07	+52:24	13:38	
137	821	Marina Dinis	T22	01:49:15	+52:32	13:39	
138	703	Hugo Vieira	Os Arrastões	01:49:15	+52:32	13:39	
139	575	João Miguel	Fora da Caixa	01:49:31	+52:48	13:41	
140	837	Bernardino vale	T22	01:49:38	+52:55	13:42	
141	770	Carla alves	Queijo Bornes	01:49:45	+53:02	13:43	
142	702	Bruno Mendes	Os Arrastões	01:49:47	+53:04	13:43	
143	704	Jorge Vieira	Os Arrastões	01:49:48	+53:05	13:43	
144	578	Rodrigo Rodrigues	Fora da Caixa	01:49:56	+53:13	13:44	
145	567	Maria Freitas	Fora da Caixa	01:50:34	+53:51	13:49	
146	767	Jose Gonçalves	PT.BOX	01:51:33	+54:50	13:57	
147	766	Carlos Araujo	PT.BOX	01:51:33	+54:50	13:57	
148	764	Andre Alves	PT.BOX	01:51:34	+54:51	13:57	
149	568	Renata Guimaraes	Fora da Caixa	01:52:04	+55:21	14:00	
150	337	Rafael Pereira	ALMA Centro de Treino	01:52:10	+55:27	14:01	
151	338	Tiago Ribeiro	ALMA Centro de Treino	01:52:15	+55:32	14:02	
152	336	Francisco Ribeiro	ALMA Centro de Treino	01:52:15	+55:32	14:02	
153	352	joão rafael mendes cunha	Arrastões	01:52:36	+55:53	14:05	
154	350	Décio Francisco	Arrastões	01:52:37	+55:54	14:05	
155	351	Gabriel Teixeira	Arrastões	01:52:37	+55:54	14:05	
156	564	Diamantina Guimaraes	Fora da Caixa	01:52:42	+55:59	14:05	
157	898	SONIA RAQUEL GONÇALVES DE ALMEIDA	Urban Academy	01:52:49	+56:06	14:06	
158	913	MICAEL CERDEIRA BRANDÃO	Urban Academy	01:52:49	+56:06	14:06	
159	904	ANTÓNIO MANUEL MACEDO DIAS	Urban Academy	01:52:49	+56:06	14:06	
160	842	Fábio Silva	T22	01:53:06	+56:23	14:08	
161	570	Virginia Nunes	Fora da Caixa	01:53:07	+56:24	14:08	
162	573	Diogo Cascais	Fora da Caixa	01:53:08	+56:25	14:09	
163	829	Sandra Pereira	T22	01:53:23	+56:40	14:10	
164	585	André Silva	Individual	01:53:23	+56:40	14:10	
165	335	Diogo Azevedo	ALMA Centro de Treino	01:53:25	+56:42	14:11	
166	393	Paula Cristina Marinho Magalhães Calçada Alves	Bombeiros de bragança	01:54:20	+57:37	14:18	
167	833	Teresa Dias	T22	01:54:39	+57:56	14:20	
168	326	Sandra Figueiredo	Academia JdC	01:54:41	+57:58	14:20	
169	606	Jorge Silveiredo	Individual	01:55:16	+58:33	14:25	
170	626	Pedro Silva	Individual	01:55:35	+58:52	14:27	
171	928	Joana Martins	VIEIRAFIT Team	01:55:49	+59:06	14:29	
172	941	Rúben Alves	VIEIRAFIT Team	01:55:49	+59:06	14:29	
173	630	Tiago Areias	Individual	01:56:25	+59:42	14:33	
174	716	Marcos Moreira	Os três da vida airada	01:56:27	+59:44	14:33	
175	924	Cristina Gonçalves	VIEIRAFIT Team	01:56:30	+59:47	14:34	
176	927	Isabel Gonçalves	VIEIRAFIT Team	01:56:39	+59:56	14:35	
177	622	Marcos Magalhães	Individual	01:56:57	+01:00:14	14:37	
178	715	Eduarda Sousa	Os três da vida airada	01:57:10	+01:00:27	14:39	

GUERREIROS - STAGE 1

8 KM

R
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
179	714	Diana Patrícia de Almeida Abreu	Os três da vida airada	01:57:24	+01:00:41	14:41	
180	940	Marco Oliveira	VIEIRAFIT Team	01:57:32	+01:00:49	14:42	
181	939	Marco Costa	VIEIRAFIT Team	01:57:41	+01:00:58	14:43	
182	942	Rui Costa	VIEIRAFIT Team	01:57:41	+01:00:58	14:43	
183	943	Telmo Antunes	VIEIRAFIT Team	01:57:42	+01:00:59	14:43	
184	889	Adriano Lopes	TREPA	01:57:47	+01:01:04	14:43	
185	620	Marco Alves	Individual	01:57:49	+01:01:06	14:44	
186	615	Luís Peixoto	Individual	01:58:07	+01:01:24	14:46	
187	629	Simao Pires	Individual	01:58:17	+01:01:34	14:47	
188	527	Natália Oliveira	Elite cabeceiras de Basto	01:58:30	+01:01:47	14:49	
189	534	Sandra pacheco	Elite cabeceiras de Basto	01:58:31	+01:01:48	14:49	
190	891	Luis Leite	TREPA	01:58:44	+01:02:01	14:51	
191	799	Mathijs van de Poel	Sobreviventes Fojo dos Lobos	01:59:22	+01:02:39	14:55	
192	793	Renate Trinks	Sobreviventes Fojo dos Lobos	01:59:34	+01:02:51	14:57	
193	520	Elisabete Martins	Elite cabeceiras de Basto	02:00:00	+01:03:17	15:00	
194	442	Filipe Miguel Garrelhas Ribau	Cagaréus conquistadores	02:00:12	+01:03:29	15:02	
195	440	Ana Rita Garrelhas Ribau	Cagaréus conquistadores	02:00:16	+01:03:33	15:02	
196	441	Sílvia Cristina Abreu de Faria	Cagaréus conquistadores	02:00:16	+01:03:33	15:02	
197	743	Pedro Alves	Podias estar no sofá	02:00:34	+01:03:51	15:04	
198	803	Adriana Vieira	T22	02:00:35	+01:03:52	15:04	
199	740	Teresa Mesquita	Podias estar no sofá	02:00:35	+01:03:52	15:04	
200	734	Laura Isabel Antunes Varanda	Podias estar no sofá	02:00:36	+01:03:53	15:04	
201	312	Miguel Fernando Rodrigues Gonçalves	4LC4T314	02:00:50	+01:04:07	15:06	
202	311	Kelly dos Prazeres Rodrigues Gonçalves	4LC4T314	02:01:19	+01:04:36	15:10	
203	802	Valter Afonso	Sobreviventes Fojo dos Lobos	02:01:23	+01:04:40	15:10	
204	314	Samuel David Teixeira Vieira	4LC4T314	02:01:24	+01:04:41	15:10	
205	394	Sonia Cristina Sousa Ferreira	Bombeiros de bragança	02:01:33	+01:04:50	15:12	
206	796	Cláudio Afonso	Sobreviventes Fojo dos Lobos	02:01:36	+01:04:53	15:12	
207	894	Daniela Carvalho	Urban Academy	02:01:45	+01:05:02	15:13	
208	895	Flávia Ferreira	Urban Academy	02:01:47	+01:05:04	15:13	
209	574	Edgar Galante	Fora da Caixa	02:02:19	+01:05:36	15:17	
210	820	Márcia Barroso	T22	02:02:25	+01:05:42	15:18	
211	392	Maria José Brás João	Bombeiros de bragança	02:02:48	+01:06:05	15:21	
212	908	Helder Ferreira	Urban Academy	02:04:03	+01:07:20	15:30	
213	914	Paulo Pereira	Urban Academy	02:04:11	+01:07:28	15:31	
214	604	Henrique Araújo	Individual	02:04:18	+01:07:35	15:32	
215	435	Gonçalo Peixoto da Silva	Bvvverde	02:04:26	+01:07:43	15:33	
216	436	José Daniel Gonçalves Lages	Bvvverde	02:04:26	+01:07:43	15:33	
217	439	Pedro Daniel quintas da Rocha	Bvvverde	02:04:27	+01:07:44	15:33	
218	437	José Pedro da Silva Fernandes	Bvvverde	02:04:27	+01:07:44	15:33	
219	434	Álvaro Samuel Oliveira Afonso	Bvvverde	02:04:27	+01:07:44	15:33	
220	624	Nelson Proença Fonseca	Individual	02:04:38	+01:07:55	15:35	
221	612	Luis Araujo	Individual	02:04:57	+01:08:14	15:37	
222	906	Diogo Pinheiro	Urban Academy	02:05:30	+01:08:47	15:41	
223	893	Carolina Lima	Urban Academy	02:05:32	+01:08:49	15:42	

GUERREIROS - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
270	783	Vera Costa	ROSA CHICLETE	02:17:51	+01:21:08	17:14	
271	788	Luís Oliveira	ROSA CHICLETE	02:17:51	+01:21:08	17:14	
272	787	Jorge Cardoso	ROSA CHICLETE	02:17:51	+01:21:08	17:14	
273	785	Filipe Silva	ROSA CHICLETE	02:17:51	+01:21:08	17:14	
274	789	Xavier Fernandes	ROSA CHICLETE	02:17:51	+01:21:08	17:14	
275	782	Martinha Gomes	ROSA CHICLETE	02:17:51	+01:21:09	17:14	
276	776	Andreia Prazeres	ROSA CHICLETE	02:17:52	+01:21:09	17:14	
277	781	Joana Cardoso	ROSA CHICLETE	02:17:52	+01:21:09	17:14	
278	885	Susana Caetano	Todos Kinados	02:18:20	+01:21:37	17:18	
279	886	José Cruz	Todos Kinados	02:18:20	+01:21:37	17:18	
280	887	Pedro Leal	Todos Kinados	02:18:20	+01:21:37	17:18	
281	888	Pedro Teixeira	Todos Kinados	02:18:22	+01:21:39	17:18	
282	562	Catarina Costa	Fora da Caixa	02:19:16	+01:22:33	17:24	
283	805	Ana Pires	T22	02:19:46	+01:23:03	17:28	
284	828	Rita Vaz	T22	02:19:46	+01:23:03	17:28	
285	838	Carlos Gaspar	T22	02:19:46	+01:23:03	17:28	
286	851	Nuno Sousa	T22	02:19:46	+01:23:03	17:28	
287	841	Eduardo Soares	T22	02:19:57	+01:23:14	17:30	
288	981	Nuno Oliveira	XM90	02:20:33	+01:23:50	17:34	
289	566	Lisa Ramos	Fora da Caixa	02:20:35	+01:23:52	17:34	
290	569	Sandra Galante	Fora da Caixa	02:20:44	+01:24:01	17:36	
291	572	Ângelo Costa	Fora da Caixa	02:20:45	+01:24:02	17:36	
292	571	Zilda Felix	Fora da Caixa	02:20:55	+01:24:12	17:37	
293	540	Diogo Silva	Elite cabeceiras de Basto	02:21:07	+01:24:24	17:38	
294	363	lucia Maia	Be One Fire	02:21:23	+01:24:40	17:40	
295	365	telma Correia	Be One Fire	02:21:23	+01:24:40	17:40	
296	362	Ines Aguiar	Be One Fire	02:21:24	+01:24:41	17:41	
297	367	Jose Oliveira	Be One Fire	02:21:26	+01:24:43	17:41	
298	510	Alexandra Mota	Elite cabeceiras de Basto	02:21:29	+01:24:46	17:41	
299	763	Patricia Valadares	PT.BOX	02:22:03	+01:25:20	17:45	
300	758	Andreia Pires	PT.BOX	02:22:03	+01:25:20	17:45	
301	761	Claudia Coelho	PT.BOX	02:22:03	+01:25:20	17:45	
302	760	Catarina Santa Cruz	PT.BOX	02:22:03	+01:25:20	17:45	
303	762	Marta Coelho	PT.BOX	02:22:03	+01:25:20	17:45	
304	765	Antonio Pires	PT.BOX	02:22:04	+01:25:21	17:45	
305	759	Carla Araújo	PT.BOX	02:22:04	+01:25:21	17:45	
306	757	Ana Luísa Pacheco	PT.BOX	02:22:04	+01:25:21	17:45	
307	769	Nelson Alves	PT.BOX	02:22:04	+01:25:21	17:46	
308	768	Luis Sousa	PT.BOX	02:22:04	+01:25:21	17:46	
309	565	Fernanda Andrade	Fora da Caixa	02:22:14	+01:25:31	17:47	
310	577	José Carlos Vieira	Fora da Caixa	02:22:16	+01:25:33	17:47	
311	563	Cláudia Cid	Fora da Caixa	02:22:17	+01:25:34	17:47	
312	543	patrick Oliveira	Elite cabeceiras de Basto	02:22:30	+01:25:47	17:49	
313	537	Vânia Neiva	Elite cabeceiras de Basto	02:22:59	+01:26:16	17:52	
314	345	Vera Sousa	Amigos da Corrida	02:24:21	+01:27:38	18:03	
315	343	Paula Alvadia	Amigos da Corrida	02:25:05	+01:28:22	18:08	

GUERREIROS - STAGE 1
8 KM


LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
316	347	Paulo Rocha	Amigos da Corrida	02:25:14	+01:28:31	18:09	
317	371	Dora Rego	BODYSTATION TEAM	02:25:16	+01:28:33	18:09	
318	341	Isabel Macedo	Amigos da Corrida	02:25:21	+01:28:38	18:10	
319	372	Gisela Costa	BODYSTATION TEAM	02:26:22	+01:29:39	18:18	
320	375	MARIA DA CONCEIÇÃO REBELO	BODYSTATION TEAM	02:26:24	+01:29:41	18:18	
321	349	Valdemar Augusto Carvalho	Amigos da Corrida	02:29:19	+01:32:36	18:40	
322	342	Monica Carvalho	Amigos da Corrida	02:29:23	+01:32:40	18:40	
323	348	Rui Silva	Amigos da Corrida	02:29:27	+01:32:44	18:41	
324	696	Licínio Vieira	O Mundo é Nosso	02:29:37	+01:32:54	18:42	
325	697	Luis Fernandes	O Mundo é Nosso	02:29:41	+01:32:58	18:43	
326	671	Ricardo Alves	Município Póvoa de Lanhoso	02:30:01	+01:33:18	18:45	
327	340	Elizabete Loureiro	Amigos da Corrida	02:30:02	+01:33:19	18:45	
328	346	Carlos Martins	Amigos da Corrida	02:30:03	+01:33:20	18:45	
329	986	Paula Cristina de Sousa Antunes	Município Póvoa de Lanhoso	02:31:28	+01:34:45	18:56	
330	987	Filipe Antunes	Município Póvoa de Lanhoso	02:31:43	+01:35:00	18:58	
331	657	Isabel Fernandes	Moveis Lima	02:31:46	+01:35:03	18:58	
332	699	Marco Soares	O Mundo é Nosso	02:32:04	+01:35:21	19:00	
333	951	O Marco Standard	Vimos pela comida!	02:32:30	+01:35:47	19:04	
334	948	O Jonas	Vimos pela comida!	02:33:01	+01:36:18	19:08	
335	541	Luís Fernandes	Elite cabeceiras de Basto	02:34:31	+01:37:48	19:19	
336	792	Marina Matos	Sobreviventes Fojo dos Lobos	02:34:35	+01:37:52	19:19	
337	801	Tiago Pereira	Sobreviventes Fojo dos Lobos	02:34:35	+01:37:52	19:19	
338	514	catarina Basto	Elite cabeceiras de Basto	02:34:37	+01:37:54	19:20	
339	519	Elisabete Andrade	Elite cabeceiras de Basto	02:34:37	+01:37:54	19:20	
340	823	Nadine Sampaio	T22	02:34:39	+01:37:56	19:20	
341	815	Joana Moreira	T22	02:34:39	+01:37:56	19:20	
342	800	Tiago José Soares Freitas	Sobreviventes Fojo dos Lobos	02:35:31	+01:38:48	19:26	
343	794	Bruno Alves Pinto	Sobreviventes Fojo dos Lobos	02:35:42	+01:38:59	19:28	
344	791	lolanda Barroso	Sobreviventes Fojo dos Lobos	02:35:53	+01:39:10	19:29	
345	515	Cátia canelas	Elite cabeceiras de Basto	02:36:04	+01:39:21	19:31	
346	525	Lurdes Andrade	Elite cabeceiras de Basto	02:36:05	+01:39:22	19:31	
347	950	O Marco Premium	Vimos pela comida!	02:36:30	+01:39:47	19:34	
348	952	O Zinho	Vimos pela comida!	02:36:31	+01:39:48	19:34	
349	949	O LP	Vimos pela comida!	02:36:32	+01:39:49	19:34	
350	947	Mademoiselle Emy	Vimos pela comida!	02:36:33	+01:39:50	19:34	
351	533	Sandra Guerra	Elite cabeceiras de Basto	02:36:40	+01:39:57	19:35	
352	418	Anabela Rodrigues	Buldogue	02:36:59	+01:40:16	19:37	
353	431	Manuel Castro	Buldogue	02:36:59	+01:40:16	19:37	
354	518	Diana Carvalho	Elite cabeceiras de Basto	02:37:03	+01:40:20	19:38	
355	693	Filipe Carmindo Neto dos Santos	O Mundo é Nosso	02:37:03	+01:40:20	19:38	
356	688	Marta Rodrigues	O Mundo é Nosso	02:37:16	+01:40:33	19:40	
357	694	Ivo Gabriel Alves Castro	O Mundo é Nosso	02:37:33	+01:40:50	19:42	
358	690	Alexandre Carneiro	O Mundo é Nosso	02:37:43	+01:41:00	19:43	
359	522	Isabel Magalhães	Elite cabeceiras de Basto	02:37:54	+01:41:11	19:44	
360	512	Ana Paula Esteves	Elite cabeceiras de Basto	02:37:55	+01:41:12	19:44	
361	535	Teresa Estves	Elite cabeceiras de Basto	02:37:55	+01:41:12	19:44	

GUERREIROS - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
362	521	Inês Francisco	Elite cabeceiras de Basto	02:38:02	+01:41:19	19:45	
363	329	Evandro Pires	Academia JdC	02:38:08	+01:41:25	19:46	
364	324	Odília Valente	Academia JdC	02:38:09	+01:41:26	19:46	
365	636	Fausto Amaro	ISAVE	02:38:28	+01:41:45	19:48	
366	692	Cláudio Teixeira	O Mundo é Nosso	02:38:40	+01:41:57	19:50	
367	685	Fernanda Cardoso	O Mundo é Nosso	02:39:56	+01:43:13	19:59	
368	985	Orlando miguel Fonseca Fernandes	Município Póvoa de Lanhoso	02:39:57	+01:43:14	20:00	
369	495	Joaquim Silva	CSE	02:40:08	+01:43:25	20:01	
370	845	João Prazeres	T22	02:40:11	+01:43:28	20:01	
371	633	Mafalda Duarte	ISAVE	02:40:15	+01:43:32	20:02	
372	635	Alexandre Pereira	ISAVE	02:40:16	+01:43:33	20:02	
373	517	Daniela Ferreira	Elite cabeceiras de Basto	02:40:37	+01:43:54	20:05	
374	637	Francisco Esteves	ISAVE	02:40:47	+01:44:04	20:06	
375	634	Susana Oliveira	ISAVE	02:40:47	+01:44:04	20:06	
376	523	Joana Veloso	Elite cabeceiras de Basto	02:40:55	+01:44:12	20:07	
377	689	Susana Freitas	O Mundo é Nosso	02:41:04	+01:44:21	20:08	
378	686	Helena Maria Costa Alves	O Mundo é Nosso	02:41:26	+01:44:43	20:11	
379	695	João Freitas	O Mundo é Nosso	02:41:28	+01:44:45	20:11	
380	701	Pedro Silva	O Mundo é Nosso	02:41:28	+01:44:46	20:11	
381	687	Márcia Mendes	O Mundo é Nosso	02:41:29	+01:44:46	20:11	
382	700	Pedro Cunha	O Mundo é Nosso	02:41:29	+01:44:46	20:11	
383	811	Daniela Ramalho	T22	02:41:32	+01:44:49	20:11	
384	524	Juliana Goncalves	Elite cabeceiras de Basto	02:41:32	+01:44:49	20:12	
385	810	Cátia Fernandes	T22	02:41:33	+01:44:50	20:12	
386	691	André Sá Cordeiro dos Santos	O Mundo é Nosso	02:41:33	+01:44:50	20:12	
387	698	Luis Miguel Rosa	O Mundo é Nosso	02:41:35	+01:44:52	20:12	
388	684	Carla José André de Sá Cordeiro	O Mundo é Nosso	02:41:36	+01:44:53	20:12	
389	513	Bela Abreu	Elite cabeceiras de Basto	02:41:41	+01:44:58	20:13	
390	850	Miguel Vieira	T22	02:42:00	+01:45:17	20:15	
391	848	José Lourenço	T22	02:42:05	+01:45:22	20:16	
392	844	Flávio Castro	T22	02:42:06	+01:45:23	20:16	
393	530	Patrícia Teixeira	Elite cabeceiras de Basto	02:42:10	+01:45:27	20:16	
394	806	Ana Rocha	T22	02:42:23	+01:45:40	20:18	
395	836	António Ferreira	T22	02:42:30	+01:45:47	20:19	
396	489	DANIELA FREITAS	CSE	02:42:31	+01:45:48	20:19	
397	490	FILIPA SALGADO	CSE	02:42:32	+01:45:49	20:19	
398	674	Carina Matos	NAI - Núcleo Amador de Idães	02:42:33	+01:45:50	20:19	
399	990	António Sérgio Magalhães Gomes	Individual	02:42:36	+01:45:53	20:19	
400	835	Alexandre Oliveira	T22	02:42:42	+01:45:59	20:20	
401	807	Ângela Castro	T22	02:42:42	+01:45:59	20:20	
402	407	Maria Silva	BroBox	02:42:43	+01:46:00	20:20	
403	412	Luís Saura	BroBox	02:42:43	+01:46:00	20:20	
404	415	Nuno Flosa	BroBox	02:42:47	+01:46:04	20:21	
405	675	Raquel Alves	NAI - Núcleo Amador de Idães	02:42:48	+01:46:05	20:21	
406	680	Fábio Timóteo	NAI - Núcleo Amador de Idães	02:42:49	+01:46:06	20:21	
407	678	Carlos Alves	NAI - Núcleo Amador de Idães	02:42:49	+01:46:06	20:21	

GUERREIROS - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
408	416	Pedro Serra	BroBox	02:42:49	+01:46:06	20:21	
409	413	Luis Silva	BroBox	02:42:49	+01:46:06	20:21	
410	681	Jorge Araújo	NAI - Núcleo Amador de Idães	02:42:50	+01:46:07	20:21	
411	677	Tânia Ribeiro	NAI - Núcleo Amador de Idães	02:42:51	+01:46:08	20:21	
412	676	Sónia Matos	NAI - Núcleo Amador de Idães	02:42:52	+01:46:09	20:22	
413	682	Manuel Matos	NAI - Núcleo Amador de Idães	02:42:52	+01:46:10	20:22	
414	679	Carlos Araújo	NAI - Núcleo Amador de Idães	02:42:53	+01:46:10	20:22	
415	403	Bárbara Loureiro	BroBox	02:43:03	+01:46:20	20:23	
416	404	Camilla Gomes	BroBox	02:43:10	+01:46:27	20:24	
417	531	Paula Cristina Martins	Elite cabeceiras de Basto	02:43:12	+01:46:29	20:24	
418	544	Roberto Lopes	Elite cabeceiras de Basto	02:43:15	+01:46:32	20:24	
419	409	Vivian Schaefer	BroBox	02:43:15	+01:46:32	20:24	
420	529	Patricia Martins	Elite cabeceiras de Basto	02:43:17	+01:46:34	20:25	
421	408	Raquel Ferreira	BroBox	02:43:18	+01:46:35	20:25	
422	405	Claudia Melo	BroBox	02:43:27	+01:46:44	20:26	
423	417	Pedro Silva	BroBox	02:43:31	+01:46:48	20:26	
424	847	Jorge Luis Sousa	T22	02:43:35	+01:46:52	20:27	
425	414	Nuno Costa	BroBox	02:43:39	+01:46:56	20:27	
426	548	Diana Castro	Espaço Movimenta-te	02:43:42	+01:46:59	20:28	
427	410	ALESSIO MELO	BroBox	02:43:51	+01:47:08	20:29	
428	553	Marisa Silva	Espaço Movimenta-te	02:43:54	+01:47:11	20:29	
429	547	Daniela Oliveira	Espaço Movimenta-te	02:43:54	+01:47:11	20:29	
430	411	André Salgado	BroBox	02:43:56	+01:47:13	20:29	
431	554	Rosa Castro	Espaço Movimenta-te	02:43:56	+01:47:13	20:29	
432	551	Helena Correlo	Espaço Movimenta-te	02:44:08	+01:47:25	20:31	
433	546	Ângela Afonso Gonçalves	Espaço Movimenta-te	02:44:14	+01:47:31	20:32	
434	549	Diana Rocha	Espaço Movimenta-te	02:44:14	+01:47:31	20:32	
435	555	Susana Castro	Espaço Movimenta-te	02:44:20	+01:47:37	20:32	
436	552	Maria de Lurdes Gonçalves	Espaço Movimenta-te	02:44:20	+01:47:37	20:32	
437	818	Juliana Sampaio	T22	02:44:24	+01:47:41	20:33	
438	817	Joana Teixeira	T22	02:45:06	+01:48:23	20:38	
439	827	Renata Oliveira	T22	02:45:06	+01:48:23	20:38	
440	813	Ilda Brás	T22	02:45:07	+01:48:24	20:38	
441	812	Daniela Silva	T22	02:45:07	+01:48:24	20:38	
442	830	Sara Oliveira	T22	02:45:07	+01:48:24	20:38	
443	825	Oflia Sampaio	T22	02:45:07	+01:48:24	20:38	
444	831	Silvia Fernandes	T22	02:45:07	+01:48:24	20:38	
445	853	Tiago Fernandes	T22	02:45:07	+01:48:24	20:38	
446	849	Luís Machado	T22	02:45:19	+01:48:36	20:40	
447	843	Fernando Fernandes	T22	02:45:19	+01:48:36	20:40	
448	641	André Silva	Leiria Vice Grip	02:45:47	+01:49:04	20:43	
449	648	Ramiro Conceição	Leiria Vice Grip	02:46:00	+01:49:17	20:45	
450	642	Bernardo Camacho	Leiria Vice Grip	02:46:43	+01:50:00	20:50	
451	505	Vítor Hugo Da Silva Ribeiro	CSE	02:47:43	+01:51:00	20:58	
452	645	Jorge Nogueira	Leiria Vice Grip	02:47:49	+01:51:06	20:59	
453	644	Hellom Bezerra	Leiria Vice Grip	02:48:10	+01:51:27	21:01	

GUERREIROS - STAGE 1

8 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
454	419	Catarina Mendes	Buldogue	02:48:20	+01:51:37	21:03	
455	863	Joana Mendes	TEAM - Personal Training	02:48:45	+01:52:02	21:06	
456	871	Bernardo Vilela	TEAM - Personal Training	02:48:45	+01:52:02	21:06	
457	876	Luís Gonçalves	TEAM - Personal Training	02:48:46	+01:52:03	21:06	
458	865	Marta Novais	TEAM - Personal Training	02:48:46	+01:52:03	21:06	
459	869	António Fernandes	TEAM - Personal Training	02:48:47	+01:52:04	21:06	
460	486	Ana Maria Da Silva Oliveira	CSE	02:48:48	+01:52:05	21:06	
461	883	Tiago Rodrigues	TEAM - Personal Training	02:48:49	+01:52:06	21:06	
462	639	Diana Azoia	Leiria Vice Grip	02:48:49	+01:52:06	21:06	
463	643	David Ferreira	Leiria Vice Grip	02:49:02	+01:52:19	21:08	
464	646	Pedro Martins	Leiria Vice Grip	02:49:02	+01:52:19	21:08	
465	647	Pedro Simões	Leiria Vice Grip	02:49:04	+01:52:21	21:08	
466	725	Dinis Nogueira Negrão	Peso pesado	02:49:04	+01:52:21	21:08	
467	727	Tiago Ferreira da Silva	Peso pesado	02:49:05	+01:52:22	21:08	
468	726	Ricardo Jorge da silva Negrão	Peso pesado	02:49:05	+01:52:22	21:08	
469	724	Cristiana Silva	Peso pesado	02:49:05	+01:52:22	21:08	
470	649	Tiago Costa	Leiria Vice Grip	02:49:06	+01:52:23	21:08	
471	638	Andreia Pires	Leiria Vice Grip	02:49:06	+01:52:23	21:08	
472	882	Tiago Rodrigues	TEAM - Personal Training	02:49:11	+01:52:28	21:09	
473	426	Rita Marques	Buldogue	02:49:23	+01:52:40	21:10	
474	640	Margarete Fernandes	Leiria Vice Grip	02:49:28	+01:52:45	21:11	
475	422	Liliana Almeida	Buldogue	02:49:35	+01:52:52	21:12	
476	667	Fernando carlos	Município Póvoa de Lanhoso	02:50:04	+01:53:21	21:15	
477	983	Sandra Cristina Fernandes Freitas	Município Póvoa de Lanhoso	02:50:06	+01:53:23	21:16	
478	663	Fatima Moreira	Município Póvoa de Lanhoso	02:50:08	+01:53:25	21:16	
479	503	Rúben André Pereira Alves	CSE	02:50:10	+01:53:27	21:16	
480	662	Celia Goncalves	Município Póvoa de Lanhoso	02:50:10	+01:53:27	21:16	
481	499	NÍDIO MARÇAL	CSE	02:50:57	+01:54:14	21:22	
482	494	Inácio Silva	CSE	02:50:57	+01:54:14	21:22	
483	488	CARLA RIBEIRO	CSE	02:50:57	+01:54:14	21:22	
484	487	Bruna Soraia Santos Silva	CSE	02:50:57	+01:54:14	21:22	
485	668	Frederico Castro	Município Póvoa de Lanhoso	02:51:01	+01:54:18	21:23	
486	982	Isabel Maria Fonseca da Silva	Município Póvoa de Lanhoso	02:51:04	+01:54:21	21:23	
487	664	Gloria Lima	Município Póvoa de Lanhoso	02:51:26	+01:54:43	21:26	
488	655	Helder Pinto	Mio Fitness Studio	02:56:03	+01:59:20	22:00	
489	652	Palmira Silva	Mio Fitness Studio	02:56:04	+01:59:21	22:00	
490	650	Andréa Pereira	Mio Fitness Studio	02:56:04	+01:59:21	22:00	
491	656	Nuno Queirós	Mio Fitness Studio	02:56:04	+01:59:21	22:01	
492	653	André Gomes	Mio Fitness Studio	02:56:05	+01:59:22	22:01	
493	651	Marisa Franco	Mio Fitness Studio	02:56:05	+01:59:22	22:01	
494	421	Helena Ferreira	Buldogue	02:57:09	+02:00:26	22:09	
495	425	Renata Moraes	Buldogue	02:57:09	+02:00:26	22:09	
496	423	Livia Jambo	Buldogue	02:57:10	+02:00:27	22:09	
497	424	Maria Eduarda Pereira de Sousa	Buldogue	02:57:11	+02:00:28	22:09	
498	427	Alloan Dionísio de carnaval	Buldogue	02:57:12	+02:00:29	22:09	
499	433	Rogério Marques	Buldogue	02:57:16	+02:00:33	22:10	

GUERREIROS - STAGE 1

8 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
500	736	Maria Domingos	Podias estar no sofá	02:58:38	+02:01:55	22:20	
501	741	David Domingos	Podias estar no sofá	02:58:38	+02:01:55	22:20	
502	739	Sofia Domingos	Podias estar no sofá	02:58:38	+02:01:55	22:20	
503	729	Ana Lopes	Podias estar no sofá	02:58:53	+02:02:10	22:22	
504	744	Pedro Domingos	Podias estar no sofá	02:59:10	+02:02:27	22:24	
505	737	Paula Gonçalves	Podias estar no sofá	02:59:10	+02:02:27	22:24	
506	732	Elisabete Moreira	Podias estar no sofá	02:59:11	+02:02:28	22:24	
507	730	Celina de Barros	Podias estar no sofá	02:59:42	+02:02:59	22:28	
508	738	Sílvia de Barros	Podias estar no sofá	02:59:42	+02:02:59	22:28	
509	733	Glória Silva	Podias estar no sofá	02:59:45	+02:03:02	22:28	
510	745	Rui Lopes	Podias estar no sofá	03:00:02	+02:03:20	22:30	
511	462	Ernesto Gonçalves	Conquistadores	03:00:05	+02:03:22	22:31	
512	459	Teresa Rodrigues	Conquistadores	03:00:05	+02:03:22	22:31	
513	731	Diana Vilaça	Podias estar no sofá	03:00:23	+02:03:40	22:33	
514	469	Vitor machado	Conquistadores	03:00:49	+02:04:06	22:36	
515	458	Nathalie Novais	Conquistadores	03:01:00	+02:04:17	22:38	
516	456	Ana Jéssica Vaz da Dilva	Conquistadores	03:01:09	+02:04:26	22:39	
517	463	Hélder Martins	Conquistadores	03:01:16	+02:04:33	22:40	
518	468	Tiago Gonçalves	Conquistadores	03:04:19	+02:07:36	23:02	
519	467	Paulo Jorge Leite Fernandes	Conquistadores	03:04:19	+02:07:36	23:02	
520	959	Márcia Filipa Gonçalves Rodrigues	Wild Vets	03:04:21	+02:07:38	23:03	
521	460	Bruno Matos	Conquistadores	03:05:17	+02:08:34	23:10	
522	965	Filipe Afonso	Wild Vets	03:06:03	+02:09:20	23:15	
523	955	Andreia Manuela Vieira Garcês	Wild Vets	03:06:03	+02:09:20	23:15	
524	476	Sara Raquel dos Santos Ribeiro	Crossbox Montelongo	03:06:51	+02:10:08	23:21	
525	479	Luís Miguel Lopes Silva	Crossbox Montelongo	03:06:51	+02:10:08	23:21	
526	477	Álvaro José Rebelo Gonçalves	Crossbox Montelongo	03:07:03	+02:10:20	23:23	
527	867	Patricia Vieira	TEAM - Personal Training	03:07:05	+02:10:22	23:23	
528	480	Nelson Leandro Cunha Oliveira	Crossbox Montelongo	03:07:12	+02:10:29	23:24	
529	861	Inês Ribeiro	TEAM - Personal Training	03:07:22	+02:10:39	23:25	
530	856	Catarina Vieira	TEAM - Personal Training	03:07:27	+02:10:44	23:26	
531	881	Rafael Ferreira	TEAM - Personal Training	03:07:27	+02:10:44	23:26	
532	874	Jorge Silva	TEAM - Personal Training	03:08:03	+02:11:20	23:30	
533	877	Miguel Ângelo Faria Pereira	TEAM - Personal Training	03:08:03	+02:11:20	23:30	
534	864	Laura Moreno	TEAM - Personal Training	03:08:09	+02:11:26	23:31	
535	860	Filipa Marcos	TEAM - Personal Training	03:08:09	+02:11:26	23:31	
536	855	Bárbara Martins	TEAM - Personal Training	03:08:51	+02:12:08	23:36	
537	465	João Soares	Conquistadores	03:08:58	+02:12:15	23:37	
538	466	Luís Martins	Conquistadores	03:08:59	+02:12:16	23:37	
539	457	Francisca Rodrigues	Conquistadores	03:08:59	+02:12:16	23:37	
540	625	Paulo Alexandre Salgado Gonçalves	Individual	03:09:09	+02:12:26	23:39	
541	464	João Rodrigues	Conquistadores	03:09:18	+02:12:35	23:40	
542	884	Tiago Vaz	TEAM - Personal Training	03:09:46	+02:13:03	23:43	
543	880	Rafael Fernandes	TEAM - Personal Training	03:10:13	+02:13:30	23:47	
544	878	Nuno Azevedo	TEAM - Personal Training	03:11:14	+02:14:31	23:54	
545	868	Rita Caldas	TEAM - Personal Training	03:11:49	+02:15:06	23:59	

Guerreiros

8 KM

R
REVISED

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	15:15	24,6°C	60%
End	18:54	24,6°C	60%

RANK BIB NAME TEAM CAT RESULT DIFF t/KM

Senior Feminino

1	323	Leonor da Cunha Quarteu	Academia JdC	Senior Feminino	01:15:44		09:28
2	722	Patricia Ribeiro	Pegasus OCR ProTeam	Senior Feminino	01:23:39	+07:54	10:27
3	325	Olena Chernenko	Academia JdC	Senior Feminino	01:26:28	+10:43	10:48
4	721	Diana Meira	Pegasus OCR ProTeam	Senior Feminino	01:31:38	+15:53	11:27
5	376	Silvia Rodrigues	BODYSTATION TEAM	Senior Feminino	01:32:25	+16:40	11:33
6	357	olinda sousa	ATAD	Senior Feminino	01:44:38	+28:53	13:05
7	370	Ana Paula Rodrigues	BODYSTATION TEAM	Senior Feminino	01:45:09	+29:24	13:09
8	301	Ana Leite	100pressao	Senior Feminino	01:47:27	+31:42	13:26
9	821	Marina Dinis	T22	Senior Feminino	01:49:15	+33:30	13:39
10	770	Carla alves	Queijo Bornes	Senior Feminino	01:49:45	+34:00	13:43
11	567	Maria Freitas	Fora da Caixa	Senior Feminino	01:50:34	+34:50	13:49
12	568	Renata Guimarães	Fora da Caixa	Senior Feminino	01:52:04	+36:19	14:00
13	564	Diamantina Guimarães	Fora da Caixa	Senior Feminino	01:52:42	+36:57	14:05
14	898	SONIA RAQUEL GONÇALVES DE ALMEIDA	Urban Academy	Senior Feminino	01:52:49	+37:04	14:06
15	570	Virginia Nunes	Fora da Caixa	Senior Feminino	01:53:07	+37:22	14:08
16	829	Sandra Pereira	T22	Senior Feminino	01:53:23	+37:38	14:10
17	393	Paula Cristina Marinho Magalhães Calçada Alves	Bombeiros de bragança	Senior Feminino	01:54:20	+38:35	14:18
18	833	Teresa Dias	T22	Senior Feminino	01:54:39	+38:54	14:20
19	326	Sandra Figueiredo	Academia JdC	Senior Feminino	01:54:41	+38:56	14:20
20	928	Joana Martins	VIEIRAFIT Team	Senior Feminino	01:55:49	+40:04	14:29
21	924	Cristina Gonçalves	VIEIRAFIT Team	Senior Feminino	01:56:30	+40:45	14:34
22	927	Isabel Gonçalves	VIEIRAFIT Team	Senior Feminino	01:56:39	+40:54	14:35
23	715	Eduarda Sousa	Os três da vida airada	Senior Feminino	01:57:10	+41:25	14:39
24	714	Diana Patrícia de Almeida Abreu	Os três da vida airada	Senior Feminino	01:57:24	+41:39	14:41
25	527	Natália Oliveira	Elite cabeceiras de Basto	Senior Feminino	01:58:30	+42:45	14:49
26	534	Sandra pacheco	Elite cabeceiras de Basto	Senior Feminino	01:58:31	+42:46	14:49
27	793	Renate Trinks	Sobreviventes Fojo dos Lobos	Senior Feminino	01:59:34	+43:49	14:57
28	520	Elisabete Martins	Elite cabeceiras de Basto	Senior Feminino	02:00:00	+44:15	15:00
29	440	Ana Rita Garrelhas Ribau	Cagaréus conquistadores	Senior Feminino	02:00:16	+44:31	15:02
30	441	Silvia Cristina Abreu de Faria	Cagaréus conquistadores	Senior Feminino	02:00:16	+44:31	15:02
31	803	Adriana Vieira	T22	Senior Feminino	02:00:35	+44:50	15:04
32	740	Teresa Mesquita	Podias estar no sofá	Senior Feminino	02:00:35	+44:50	15:04
33	734	Laura Isabel Antunes Varanda	Podias estar no sofá	Senior Feminino	02:00:36	+44:51	15:04
34	311	Kelly dos Prazeres Rodrigues Gonçalves	4LC4T314	Senior Feminino	02:01:19	+45:34	15:10
35	394	Sonia Cristina Sousa Ferreira	Bombeiros de bragança	Senior Feminino	02:01:33	+45:48	15:12
36	894	Daniela Carvalho	Urban Academy	Senior Feminino	02:01:45	+46:00	15:13
37	895	Flávia Ferreira	Urban Academy	Senior Feminino	02:01:47	+46:02	15:13

Guerreiros

8 KM

R
REVISED

OFFICIAL RESULT

83	761	Claudia Coelho	PT.BOX	Senior Feminino	02:22:03	+01:06:18	17:45
84	760	Catarina Santa Cruz	PT.BOX	Senior Feminino	02:22:03	+01:06:18	17:45
85	762	Marta Coelho	PT.BOX	Senior Feminino	02:22:03	+01:06:18	17:45
86	759	Carla Araújo	PT.BOX	Senior Feminino	02:22:04	+01:06:19	17:45
87	757	Ana Luísa Pacheco	PT.BOX	Senior Feminino	02:22:04	+01:06:19	17:45
88	565	Fernanda Andrade	Fora da Caixa	Senior Feminino	02:22:14	+01:06:29	17:47
89	563	Cláudia Cid	Fora da Caixa	Senior Feminino	02:22:17	+01:06:32	17:47
90	537	Vânia Neiva	Elite cabeceiras de Basto	Senior Feminino	02:22:59	+01:07:14	17:52
91	345	Vera Sousa	Amigos da Corrida	Senior Feminino	02:24:21	+01:08:36	18:03
92	343	Paula Alvadia	Amigos da Corrida	Senior Feminino	02:25:05	+01:09:20	18:08
93	371	Dora Rego	BODYSTATION TEAM	Senior Feminino	02:25:16	+01:09:31	18:09
94	341	Isabel Macedo	Amigos da Corrida	Senior Feminino	02:25:21	+01:09:36	18:10
95	372	Gisela Costa	BODYSTATION TEAM	Senior Feminino	02:26:22	+01:10:37	18:18
96	375	MARIA DA CONCEIÇÃO REBELO	BODYSTATION TEAM	Senior Feminino	02:26:24	+01:10:39	18:18
97	342	Monica Carvalho	Amigos da Corrida	Senior Feminino	02:29:23	+01:13:38	18:40
98	340	Elizabete Loureiro	Amigos da Corrida	Senior Feminino	02:30:02	+01:14:17	18:45
99	986	Paula Cristina de Sousa Antunes	Município Póvoa de Lanhoso	Senior Feminino	02:31:28	+01:15:43	18:56
100	657	Isabel Fernandes	Moveis Lima	Senior Feminino	02:31:46	+01:16:01	18:58
101	792	Marina Matos	Sobreviventes Fojo dos Lobos	Senior Feminino	02:34:35	+01:18:50	19:19
102	514	catarina Basto	Elite cabeceiras de Basto	Senior Feminino	02:34:37	+01:18:52	19:20
103	519	Elisabete Andrade	Elite cabeceiras de Basto	Senior Feminino	02:34:37	+01:18:52	19:20
104	823	Nadine Sampaio	T22	Senior Feminino	02:34:39	+01:18:54	19:20
105	815	Joana Moreira	T22	Senior Feminino	02:34:39	+01:18:54	19:20
106	791	Iolanda Barroso	Sobreviventes Fojo dos Lobos	Senior Feminino	02:35:53	+01:20:08	19:29
107	515	Cátia canelas	Elite cabeceiras de Basto	Senior Feminino	02:36:04	+01:20:19	19:31
108	525	Lurdes Andrade	Elite cabeceiras de Basto	Senior Feminino	02:36:05	+01:20:20	19:31
109	947	Mademoiselle Emy	Viemos pela comida!	Senior Feminino	02:36:33	+01:20:48	19:34
110	533	Sandra Guerra	Elite cabeceiras de Basto	Senior Feminino	02:36:40	+01:20:55	19:35
111	418	Anabela Rodrigues	Buldogue	Senior Feminino	02:36:59	+01:21:14	19:37
112	518	Diana Carvalho	Elite cabeceiras de Basto	Senior Feminino	02:37:03	+01:21:18	19:38
113	688	Marta Rodrigues	O Mundo é Nosso	Senior Feminino	02:37:16	+01:21:31	19:40
114	522	Isabel Magalhães	Elite cabeceiras de Basto	Senior Feminino	02:37:54	+01:22:09	19:44
115	512	Ana Paula Esteves	Elite cabeceiras de Basto	Senior Feminino	02:37:55	+01:22:10	19:44
116	535	Teresa Estves	Elite cabeceiras de Basto	Senior Feminino	02:37:55	+01:22:10	19:44
117	521	Inês Francisco	Elite cabeceiras de Basto	Senior Feminino	02:38:02	+01:22:17	19:45
118	324	Odilia Valente	Academia JdC	Senior Feminino	02:38:09	+01:22:24	19:46
119	685	Fernanda Cardoso	O Mundo é Nosso	Senior Feminino	02:39:56	+01:24:11	19:59
120	633	Mafalda Duarte	ISAVE	Senior Feminino	02:40:15	+01:24:30	20:02
121	517	Daniela Ferreira	Elite cabeceiras de Basto	Senior Feminino	02:40:37	+01:24:52	20:05
122	634	Susana Oliveira	ISAVE	Senior Feminino	02:40:47	+01:25:02	20:06
123	523	Joana Veloso	Elite cabeceiras de Basto	Senior Feminino	02:40:55	+01:25:10	20:07
124	689	Susana Freitas	O Mundo é Nosso	Senior Feminino	02:41:04	+01:25:19	20:08
125	686	Helena Maria Costa Alves	O Mundo é Nosso	Senior Feminino	02:41:26	+01:25:41	20:11
126	687	Márcia Mendes	O Mundo é Nosso	Senior Feminino	02:41:29	+01:25:44	20:11
127	811	Daniela Ramalho	T22	Senior Feminino	02:41:32	+01:25:47	20:11
128	524	Juliana Goncalves	Elite cabeceiras de Basto	Senior Feminino	02:41:32	+01:25:47	20:12

Guerreiros

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175	422	Liliana Almeida	Buldogue	Senior Feminino	02:49:35	+01:33:50	21:12
176	983	Sandra Cristina Fernandes Freitas	Município Póvoa de Lanhoso	Senior Feminino	02:50:06	+01:34:21	21:16
177	663	Fatima Moreira	Município Póvoa de Lanhoso	Senior Feminino	02:50:08	+01:34:23	21:16
178	662	Celia Goncalves	Município Póvoa de Lanhoso	Senior Feminino	02:50:10	+01:34:25	21:16
179	488	CARLA RIBEIRO	CSE	Senior Feminino	02:50:57	+01:35:12	21:22
180	487	Bruna Soraia Santos Silva	CSE	Senior Feminino	02:50:57	+01:35:12	21:22
181	982	Isabel Maria Fonseca da Silva	Município Póvoa de Lanhoso	Senior Feminino	02:51:04	+01:35:19	21:23
182	664	Gloria Lima	Município Póvoa de Lanhoso	Senior Feminino	02:51:26	+01:35:41	21:26
183	652	Palmira Silva	Mio Fitness Studio	Senior Feminino	02:56:04	+01:40:19	22:00
184	650	Andréa Pereira	Mio Fitness Studio	Senior Feminino	02:56:04	+01:40:19	22:00
185	651	Marisa Franco	Mio Fitness Studio	Senior Feminino	02:56:05	+01:40:20	22:01
186	421	Helena Ferreira	Buldogue	Senior Feminino	02:57:09	+01:41:24	22:09
187	425	Renata Moraes	Buldogue	Senior Feminino	02:57:09	+01:41:24	22:09
188	423	Livia Jambo	Buldogue	Senior Feminino	02:57:10	+01:41:25	22:09
189	424	Maria Eduarda Pereira de Sousa	Buldogue	Senior Feminino	02:57:11	+01:41:26	22:09
190	736	Maria Domingos	Podias estar no sofá	Senior Feminino	02:58:38	+01:42:53	22:20
191	739	Sofia Domingos	Podias estar no sofá	Senior Feminino	02:58:38	+01:42:53	22:20
192	729	Ana Lopes	Podias estar no sofá	Senior Feminino	02:58:53	+01:43:08	22:22
193	737	Paula Gonçalves	Podias estar no sofá	Senior Feminino	02:59:10	+01:43:25	22:24
194	732	Elisabete Moreira	Podias estar no sofá	Senior Feminino	02:59:11	+01:43:26	22:24
195	730	Celina de Barros	Podias estar no sofá	Senior Feminino	02:59:42	+01:43:57	22:28
196	738	Sílvia de Barros	Podias estar no sofá	Senior Feminino	02:59:42	+01:43:57	22:28
197	733	Glória Silva	Podias estar no sofá	Senior Feminino	02:59:45	+01:44:00	22:28
198	459	Teresa Rodrigues	Conquistadores	Senior Feminino	03:00:05	+01:44:20	22:31
199	731	Diana Vilaça	Podias estar no sofá	Senior Feminino	03:00:23	+01:44:38	22:33
200	458	Nathalie Novais	Conquistadores	Senior Feminino	03:01:00	+01:45:15	22:38
201	456	Ana Jéssica Vaz da Dilva	Conquistadores	Senior Feminino	03:01:09	+01:45:24	22:39
202	959	Márcia Filipa Gonçalves Rodrigues	Wild Vets	Senior Feminino	03:04:21	+01:48:36	23:03
203	955	Andreia Manuela Vieira Garcês	Wild Vets	Senior Feminino	03:06:03	+01:50:18	23:15
204	476	Sara Raquel dos Santos Ribeiro	Crossbox Montelongo	Senior Feminino	03:06:51	+01:51:06	23:21
205	867	Patricia Vieira	TEAM - Personal Training	Senior Feminino	03:07:05	+01:51:20	23:23
206	861	Inês Ribeiro	TEAM - Personal Training	Senior Feminino	03:07:22	+01:51:37	23:25
207	856	Catarina Vieira	TEAM - Personal Training	Senior Feminino	03:07:27	+01:51:42	23:26
208	864	Laura Moreno	TEAM - Personal Training	Senior Feminino	03:08:09	+01:52:24	23:31
209	860	Filipa Marcos	TEAM - Personal Training	Senior Feminino	03:08:09	+01:52:24	23:31
210	855	Bárbara Martins	TEAM - Personal Training	Senior Feminino	03:08:51	+01:53:06	23:36
211	457	Francisca Rodrigues	Conquistadores	Senior Feminino	03:08:59	+01:53:14	23:37
212	868	Rita Caldas	TEAM - Personal Training	Senior Feminino	03:11:49	+01:56:04	23:59
213	857	Cátia Alves	TEAM - Personal Training	Senior Feminino	03:11:49	+01:56:04	23:59
214	859	Cristina Maria Fernandes Pereira	TEAM - Personal Training	Senior Feminino	03:11:50	+01:56:05	23:59
215	858	Cátia Fernandes	TEAM - Personal Training	Senior Feminino	03:12:15	+01:56:30	24:02
216	814	Inês Sousa	T22	Senior Feminino	03:13:24	+01:57:39	24:11
217	808	Beatriz Vieira	T22	Senior Feminino	03:13:25	+01:57:40	24:11
218	809	Catarina Dias	T22	Senior Feminino	03:13:26	+01:57:42	24:11
219	471	Dulce Silva Gonçalves	Crossbox Montelongo	Senior Feminino	03:13:49	+01:58:04	24:14
220	473	Joana Mendes Ferreira	Crossbox Montelongo	Senior Feminino	03:13:53	+01:58:08	24:14

Guerreiros

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221	472	Inês Machado da Silva	Crossbox Montelongo	Senior Feminino	03:13:55	+01:58:10	24:14
222	470	Ana Rita Silva Castro	Crossbox Montelongo	Senior Feminino	03:13:57	+01:58:12	24:15
223	474	Patrícia Soraia Barros Monteiro Fernandes	Crossbox Montelongo	Senior Feminino	03:13:57	+01:58:12	24:15
224	475	Paula Cunha	Crossbox Montelongo	Senior Feminino	03:13:59	+01:58:14	24:15
225	953	Alexandra Noémie dos Reis De Sousa Martins	Wild Vets	Senior Feminino	03:19:22	+02:03:37	24:55
226	954	Ana Machado Bastos Guerner Dias	Wild Vets	Senior Feminino	03:19:46	+02:04:01	24:58
227	960	Matilde Forjaz Rocha	Wild Vets	Senior Feminino	03:19:50	+02:04:06	24:59
228	957	Inês Figueiredo de Oliveira Pacheco	Wild Vets	Senior Feminino	03:19:51	+02:04:06	24:59
229	958	Inês Sofia Gama Quaresma	Wild Vets	Senior Feminino	03:19:51	+02:04:06	24:59
230	956	Beatriz Teixeira da Mota	Wild Vets	Senior Feminino	03:19:52	+02:04:07	24:59

Senior Masculino

1	621	Marco lopes	Individual	Senior Masculino	56:43		07:05
2	399	Nivaldo Costa	Bombeiros de bragança	Senior Masculino	01:03:00	+06:17	07:53
3	331	Luís Paulo	Academia JdC	Senior Masculino	01:05:48	+09:05	08:14
4	493	CARLOS MACHADO	CSE	Senior Masculino	01:06:19	+09:36	08:17
5	398	João Vítor Alves	Bombeiros de bragança	Senior Masculino	01:07:03	+10:20	08:23
6	915	Pedro Miguel Antunes Machado	Urban Academy	Senior Masculino	01:07:11	+10:28	08:24
7	719	PEDRO PEREIRA	PEDRO PEREIRA TEAM	Senior Masculino	01:07:23	+10:40	08:25
8	609	José Fernandes	Individual	Senior Masculino	01:07:41	+10:57	08:28
9	593	Diogo Costa	Individual	Senior Masculino	01:08:13	+11:29	08:32
10	658	Bruno Lima	Moveis Lima	Senior Masculino	01:09:58	+13:15	08:45
11	402	Vasco Jorge Rodrigues Costa	Bombeiros de bragança	Senior Masculino	01:11:00	+14:17	08:52
12	497	MARÍCIO MEDON	CSE	Senior Masculino	01:12:09	+15:26	09:01
13	586	António Fernandes	Individual	Senior Masculino	01:12:49	+16:06	09:06
14	332	Luiz Carlos Lima Quarteu	Academia JdC	Senior Masculino	01:13:40	+16:57	09:12
15	946	Vítor Ferreira	VIEIRAFIT Team	Senior Masculino	01:13:41	+16:58	09:13
16	945	Tiago Ribeiro	VIEIRAFIT Team	Senior Masculino	01:13:41	+16:58	09:13
17	627	Raúl Rodríguez	Individual	Senior Masculino	01:15:15	+18:31	09:24
18	379	DANIEL NOGUEIRA	BODYSTATION TEAM	Senior Masculino	01:16:13	+19:30	09:32
19	790	Rui Manuel Fernandes Pereira	Sem limites	Senior Masculino	01:16:37	+19:54	09:35
20	988	Pedro costa	Individual	Senior Masculino	01:18:03	+21:20	09:45
21	607	José Cunha	Individual	Senior Masculino	01:18:28	+21:45	09:49
22	839	Daniel Soares	T22	Senior Masculino	01:18:47	+22:04	09:51
23	454	Ricardo Ferreira	Carniceiros III	Senior Masculino	01:18:49	+22:06	09:51
24	453	Rafael Surrador	Carniceiros III	Senior Masculino	01:19:49	+23:06	09:59
25	840	Eduardo Cruz	T22	Senior Masculino	01:19:53	+23:10	09:59
26	771	António Vila Franca	Queijo Bornes	Senior Masculino	01:20:04	+23:21	10:00
27	452	Paulo H. Alves	Carniceiros III	Senior Masculino	01:20:16	+23:33	10:02
28	359	ilidio dias	ATAD	Senior Masculino	01:20:18	+23:35	10:02
29	361	marcelo ferreira coelho	ATAD	Senior Masculino	01:20:38	+23:55	10:05
30	619	Márcio Gonçalves	Individual	Senior Masculino	01:20:39	+23:56	10:05
31	358	emanuel videira freitas	ATAD	Senior Masculino	01:20:57	+24:14	10:07
32	428	André Ferreira	Buldogue	Senior Masculino	01:21:07	+24:24	10:08

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33	455	Pedro Sousa	Clube Naus OCR	Senior Masculino	01:21:12	+24:29	10:09
34	430	Joel Antunes	Buldogue	Senior Masculino	01:21:13	+24:30	10:09
35	354	João Alberto	ASPBSB	Senior Masculino	01:22:26	+25:42	10:18
36	353	Antonio Filipe Pereira da Mota	ASPBSB	Senior Masculino	01:22:26	+25:43	10:18
37	355	Pedro Filipe Ribeiro Cardoso	ASPBSB	Senior Masculino	01:22:26	+25:43	10:18
38	356	Pedro Miguel Barbosa de Carvalho	ASPBSB	Senior Masculino	01:22:27	+25:44	10:18
39	451	Daniel Gomes	Carniceiros III	Senior Masculino	01:22:39	+25:56	10:20
40	589	Carlos Fortes	Individual	Senior Masculino	01:24:00	+27:17	10:30
41	601	Filipe Fernandes	Individual	Senior Masculino	01:24:40	+27:57	10:35
42	916	Rui Alves	Urban Academy	Senior Masculino	01:25:02	+28:19	10:38
43	598	Elias Junior	Individual	Senior Masculino	01:25:22	+28:39	10:40
44	934	Alexandre branco	VIEIRAFIT Team	Senior Masculino	01:26:39	+29:56	10:50
45	919	Vitor Marçal	Urban Academy	Senior Masculino	01:27:19	+30:36	10:55
46	508	José Tiago Vieira da Silva Pereira	Duros da Santa	Senior Masculino	01:27:27	+30:44	10:56
47	775	Miguel Rios	Ragnarok ocr	Senior Masculino	01:28:06	+31:23	11:01
48	911	Jorge Pimenta	Urban Academy	Senior Masculino	01:28:09	+31:26	11:01
49	754	Manuel Gonçalves	Pro Energy	Senior Masculino	01:28:15	+31:32	11:02
50	907	Eduardo Gomes	Urban Academy	Senior Masculino	01:28:16	+31:33	11:02
51	892	Ricardo Magalhães	TREPA	Senior Masculino	01:28:26	+31:43	11:03
52	890	Hugo Carvalho	TREPA	Senior Masculino	01:28:26	+31:43	11:03
53	979	Márcio Soares	XM90	Senior Masculino	01:29:31	+32:48	11:11
54	975	André Lopes	XM90	Senior Masculino	01:29:39	+32:56	11:12
55	978	Isaac Fernandes	XM90	Senior Masculino	01:29:49	+33:06	11:14
56	977	Gil Sousa	XM90	Senior Masculino	01:29:58	+33:15	11:15
57	605	João Malheiro	Individual	Senior Masculino	01:31:37	+34:54	11:27
58	610	José Pedro Correia Dias	Individual	Senior Masculino	01:31:37	+34:54	11:27
59	378	CARLOS LOPES	BODYSTATION TEAM	Senior Masculino	01:31:54	+35:11	11:29
60	557	Ismael Corrêlo	Espaço Movimenta-te	Senior Masculino	01:32:25	+35:42	11:33
61	583	Alexandre Gonçalves	Individual	Senior Masculino	01:32:44	+36:01	11:35
62	597	Edgar Lança	Individual	Senior Masculino	01:33:18	+36:35	11:40
63	590	Carlos pereira	Individual	Senior Masculino	01:33:50	+37:07	11:44
64	449	Leandro Ramires	Caretos OCR	Senior Masculino	01:34:12	+37:29	11:47
65	450	Rui Paulo Pereira	Caretos OCR	Senior Masculino	01:34:13	+37:30	11:47
66	717	Leandro Pereira	PEDRO PEREIRA TEAM	Senior Masculino	01:35:15	+38:32	11:54
67	390	Rodrigo silva	BODYSTATION TEAM	Senior Masculino	01:35:27	+38:44	11:56
68	774	Pedro Quintas	Queijo Bornes	Senior Masculino	01:35:41	+38:58	11:58
69	507	André Alberto Vieira da Silva Pereira	Duros da Santa	Senior Masculino	01:35:49	+39:06	11:59
70	328	Eduardo Esteves	Academia JdC	Senior Masculino	01:35:55	+39:12	11:59
71	400	Rui Manuel Carvalho Felix	Bombeiros de bragança	Senior Masculino	01:36:59	+40:16	12:07
72	320	Ricardo costa	A Cimenteira da Ponte do Porto Lda	Senior Masculino	01:37:10	+40:27	12:09
73	397	Élson Luís Soares Lopes	Bombeiros de bragança	Senior Masculino	01:38:15	+41:32	12:17
74	556	André Ramalho	Espaço Movimenta-te	Senior Masculino	01:38:25	+41:42	12:18
75	746	Bruno Manuel da Mota Lopes	Pradenses	Senior Masculino	01:38:26	+41:43	12:18
76	747	Jorge Pedrosa	Pradenses	Senior Masculino	01:38:41	+41:58	12:20
77	748	José Araújo	Pradenses	Senior Masculino	01:38:41	+41:58	12:20
78	584	André Araújo	Individual	Senior Masculino	01:38:44	+42:01	12:21

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125	602	Francisco Guimarães	Individual	Senior Masculino	01:48:07	+51:24	13:31
126	718	Miguel Fernandes	PEDRO PEREIRA TEAM	Senior Masculino	01:48:29	+51:46	13:34
127	395	António Agostinho Garcia Gonçalves	Bombeiros de bragança	Senior Masculino	01:48:39	+51:56	13:35
128	591	César Lima	Individual	Senior Masculino	01:49:07	+52:24	13:38
129	703	Hugo Vieira	Os Arrastões	Senior Masculino	01:49:15	+52:32	13:39
130	575	João Miguel	Fora da Caixa	Senior Masculino	01:49:31	+52:48	13:41
131	837	Bernardino vale	T22	Senior Masculino	01:49:38	+52:54	13:42
132	702	Bruno Mendes	Os Arrastões	Senior Masculino	01:49:47	+53:04	13:43
133	704	Jorge Vieira	Os Arrastões	Senior Masculino	01:49:48	+53:05	13:43
134	578	Rodrigo Rodrigues	Fora da Caixa	Senior Masculino	01:49:56	+53:13	13:44
135	767	Jose Gonçalves	PT.BOX	Senior Masculino	01:51:33	+54:49	13:57
136	766	Carlos Araujo	PT.BOX	Senior Masculino	01:51:33	+54:50	13:57
137	764	Andre Alves	PT.BOX	Senior Masculino	01:51:34	+54:51	13:57
138	337	Rafael Pereira	ALMA Centro de Treino	Senior Masculino	01:52:10	+55:27	14:01
139	338	Tiago Ribeiro	ALMA Centro de Treino	Senior Masculino	01:52:15	+55:31	14:02
140	336	Francisco Ribeiro	ALMA Centro de Treino	Senior Masculino	01:52:15	+55:32	14:02
141	352	joão rafael mendes cunha	Arrastões	Senior Masculino	01:52:36	+55:53	14:05
142	350	Décio Francisco	Arrastões	Senior Masculino	01:52:37	+55:53	14:05
143	351	Gabriel Teixeira	Arrastões	Senior Masculino	01:52:37	+55:53	14:05
144	913	MICHAEL CERDEIRA BRANDÃO	Urban Academy	Senior Masculino	01:52:49	+56:06	14:06
145	904	ANTÓNIO MANUEL MACEDO DIAS	Urban Academy	Senior Masculino	01:52:49	+56:06	14:06
146	842	Fábio Silva	T22	Senior Masculino	01:53:06	+56:23	14:08
147	573	Diogo Cascais	Fora da Caixa	Senior Masculino	01:53:08	+56:25	14:09
148	585	André Silva	Individual	Senior Masculino	01:53:23	+56:40	14:10
149	335	Diogo Azevedo	ALMA Centro de Treino	Senior Masculino	01:53:25	+56:42	14:11
150	606	Jorge Silveiredo	Individual	Senior Masculino	01:55:16	+58:33	14:25
151	626	Pedro Silva	Individual	Senior Masculino	01:55:35	+58:52	14:27
152	941	Rúben Alves	VIEIRAFIT Team	Senior Masculino	01:55:49	+59:06	14:29
153	630	Tiago Areias	Individual	Senior Masculino	01:56:25	+59:42	14:33
154	716	Marcos Moreira	Os três da vida airada	Senior Masculino	01:56:27	+59:44	14:33
155	622	Marcos Magalhães	Individual	Senior Masculino	01:56:57	+01:00:13	14:37
156	940	Marco Oliveira	VIEIRAFIT Team	Senior Masculino	01:57:32	+01:00:49	14:42
157	939	Marco Costa	VIEIRAFIT Team	Senior Masculino	01:57:41	+01:00:58	14:43
158	942	Rui Costa	VIEIRAFIT Team	Senior Masculino	01:57:41	+01:00:58	14:43
159	943	Telmo Antunes	VIEIRAFIT Team	Senior Masculino	01:57:42	+01:00:59	14:43
160	889	Adriano Lopes	TREPA	Senior Masculino	01:57:47	+01:01:03	14:43
161	620	Marco Alves	Individual	Senior Masculino	01:57:49	+01:01:05	14:44
162	615	Luís Peixoto	Individual	Senior Masculino	01:58:07	+01:01:24	14:46
163	629	Simão Pires	Individual	Senior Masculino	01:58:17	+01:01:34	14:47
164	891	Luis Leite	TREPA	Senior Masculino	01:58:44	+01:02:01	14:51
165	799	Mathijs van de Poel	Sobreviventes Fojo dos Lobos	Senior Masculino	01:59:22	+01:02:39	14:55
166	442	Filipe Miguel Garrelhas Ribau	Cagaréus conquistadores	Senior Masculino	02:00:12	+01:03:29	15:02
167	743	Pedro Alves	Podias estar no sofá	Senior Masculino	02:00:34	+01:03:51	15:04
168	312	Miguel Fernando Rodrigues Gonçalves	4LC4T314	Senior Masculino	02:00:50	+01:04:06	15:06
169	802	Valter Afonso	Sobreviventes Fojo dos Lobos	Senior Masculino	02:01:23	+01:04:40	15:10
170	314	Samuel David Teixeira Vieira	4LC4T314	Senior Masculino	02:01:24	+01:04:41	15:10

Guerreiros**8 KM****R**
REVISED**OFFICIAL RESULT**

171	796	Cláudio Afonso	Sobreviventes Fojo dos Lobos	Senior Masculino	02:01:36	+01:04:53	15:12
172	574	Edgar Galante	Fora da Caixa	Senior Masculino	02:02:19	+01:05:36	15:17
173	908	Helder Ferreira	Urban Academy	Senior Masculino	02:04:03	+01:07:20	15:30
174	914	Paulo Pereira	Urban Academy	Senior Masculino	02:04:11	+01:07:28	15:31
175	604	Henrique Araújo	Individual	Senior Masculino	02:04:18	+01:07:35	15:32
176	435	Gonçalo Peixoto da Silva	Bvvverde	Senior Masculino	02:04:26	+01:07:43	15:33
177	436	José Daniel Gonçalves Lages	Bvvverde	Senior Masculino	02:04:26	+01:07:43	15:33
178	439	Pedro Daniel quintas da Rocha	Bvvverde	Senior Masculino	02:04:27	+01:07:44	15:33
179	437	José Pedro da Silva Fernandes	Bvvverde	Senior Masculino	02:04:27	+01:07:44	15:33
180	434	Álvaro Samuel Oliveira Afonso	Bvvverde	Senior Masculino	02:04:27	+01:07:44	15:33
181	624	Nelson Proença Fonseca	Individual	Senior Masculino	02:04:38	+01:07:54	15:35
182	612	Luis Araujo	Individual	Senior Masculino	02:04:57	+01:08:14	15:37
183	906	Diogo Pinheiro	Urban Academy	Senior Masculino	02:05:30	+01:08:47	15:41
184	446	Bruno Faria	Caretos OCR	Senior Masculino	02:06:24	+01:09:41	15:48
185	327	Beka Kokhodze	Academia JdC	Senior Masculino	02:06:46	+01:10:03	15:51
186	447	Eduardo Constâncio	Caretos OCR	Senior Masculino	02:07:35	+01:10:52	15:57
187	542	manuel Magalhães	Elite cabeceiras de Basto	Senior Masculino	02:07:45	+01:11:02	15:58
188	538	Bruno Pereira	Elite cabeceiras de Basto	Senior Masculino	02:07:46	+01:11:02	15:58
189	795	Bruno Matos	Sobreviventes Fojo dos Lobos	Senior Masculino	02:08:05	+01:11:22	16:01
190	905	Daniel Teixeira	Urban Academy	Senior Masculino	02:08:11	+01:11:28	16:01
191	903	André Afonso Coelho	Urban Academy	Senior Masculino	02:08:25	+01:11:42	16:03
192	917	Rui Faria	Urban Academy	Senior Masculino	02:08:26	+01:11:43	16:03
193	798	Hugo Calás	Sobreviventes Fojo dos Lobos	Senior Masculino	02:08:40	+01:11:57	16:05
194	909	João Afonso	Urban Academy	Senior Masculino	02:09:36	+01:12:53	16:12
195	707	André Ferreira	Os Dionísio	Senior Masculino	02:11:09	+01:14:26	16:24
196	918	Rui Gonçalves	Urban Academy	Senior Masculino	02:11:46	+01:15:02	16:28
197	935	Alfredo Pereira	VIEIRAFIT Team	Senior Masculino	02:12:29	+01:15:46	16:34
198	616	Manuel António Alves Silva	Individual	Senior Masculino	02:12:50	+01:16:07	16:36
199	937	João Prazeres	VIEIRAFIT Team	Senior Masculino	02:13:05	+01:16:22	16:38
200	321	Ricardo Silva	A Cimenteira da Ponte do Porto Lda	Senior Masculino	02:13:07	+01:16:23	16:38
201	318	Armando costa	A Cimenteira da Ponte do Porto Lda	Senior Masculino	02:13:29	+01:16:46	16:41
202	713	Pedro Silva	Os Raçudos	Senior Masculino	02:15:15	+01:18:32	16:54
203	712	Nelson Silva	Os Raçudos	Senior Masculino	02:15:15	+01:18:32	16:54
204	786	João Martins	ROSA CHICLETE	Senior Masculino	02:17:51	+01:21:08	17:14
205	788	Luís Oliveira	ROSA CHICLETE	Senior Masculino	02:17:51	+01:21:08	17:14
206	787	Jorge Cardoso	ROSA CHICLETE	Senior Masculino	02:17:51	+01:21:08	17:14
207	785	Filipe Silva	ROSA CHICLETE	Senior Masculino	02:17:51	+01:21:08	17:14
208	789	Xavier Fernandes	ROSA CHICLETE	Senior Masculino	02:17:51	+01:21:08	17:14
209	886	José Cruz	Todos Kinados	Senior Masculino	02:18:20	+01:21:37	17:18
210	887	Pedro Leal	Todos Kinados	Senior Masculino	02:18:20	+01:21:37	17:18
211	888	Pedro Teixeira	Todos Kinados	Senior Masculino	02:18:22	+01:21:39	17:18
212	838	Carlos Gaspar	T22	Senior Masculino	02:19:46	+01:23:03	17:28
213	851	Nuno Sousa	T22	Senior Masculino	02:19:46	+01:23:03	17:28
214	841	Eduardo Soares	T22	Senior Masculino	02:19:57	+01:23:14	17:30
215	981	Nuno Oliveira	XM90	Senior Masculino	02:20:33	+01:23:49	17:34

Guerreiros

8 KM



OFFICIAL RESULT

216	572	Ângelo Costa	Fora da Caixa	Senior Masculino	02:20:45	+01:24:02	17:36
217	540	Diogo Silva	Elite cabeceiras de Basto	Senior Masculino	02:21:07	+01:24:24	17:38
218	367	Jose Oliveira	Be One Fire	Senior Masculino	02:21:26	+01:24:43	17:41
219	765	Antonio Pires	PT.BOX	Senior Masculino	02:22:04	+01:25:20	17:45
220	769	Nelson Alves	PT.BOX	Senior Masculino	02:22:04	+01:25:21	17:46
221	768	Luis Sousa	PT.BOX	Senior Masculino	02:22:04	+01:25:21	17:46
222	577	José Carlos Vieira	Fora da Caixa	Senior Masculino	02:22:16	+01:25:33	17:47
223	543	patrick Oliveira	Elite cabeceiras de Basto	Senior Masculino	02:22:30	+01:25:47	17:49
224	347	Paulo Rocha	Amigos da Corrida	Senior Masculino	02:25:14	+01:28:31	18:09
225	349	Valdemar Augusto Carvalho	Amigos da Corrida	Senior Masculino	02:29:19	+01:32:36	18:40
226	348	Rui Silva	Amigos da Corrida	Senior Masculino	02:29:27	+01:32:44	18:41
227	696	Licínio Vieira	O Mundo é Nosso	Senior Masculino	02:29:37	+01:32:54	18:42
228	697	Luis Fernandes	O Mundo é Nosso	Senior Masculino	02:29:41	+01:32:58	18:43
229	671	Ricardo Alves	Município Póvoa de Lanhoso	Senior Masculino	02:30:01	+01:33:18	18:45
230	346	Carlos Martins	Amigos da Corrida	Senior Masculino	02:30:03	+01:33:19	18:45
231	987	Filipe Antunes	Município Póvoa de Lanhoso	Senior Masculino	02:31:43	+01:35:00	18:58
232	699	Marco Soares	O Mundo é Nosso	Senior Masculino	02:32:04	+01:35:21	19:00
233	951	O Marco Standard	Vimos pela comida!	Senior Masculino	02:32:30	+01:35:47	19:04
234	948	O Jonas	Vimos pela comida!	Senior Masculino	02:33:01	+01:36:18	19:08
235	541	Luís Fernandes	Elite cabeceiras de Basto	Senior Masculino	02:34:31	+01:37:48	19:19
236	801	Tiago Pereira	Sobreviventes Fojo dos Lobos	Senior Masculino	02:34:35	+01:37:52	19:19
237	800	Tiago José Soares Freitas	Sobreviventes Fojo dos Lobos	Senior Masculino	02:35:31	+01:38:48	19:26
238	794	Bruno Alves Pinto	Sobreviventes Fojo dos Lobos	Senior Masculino	02:35:42	+01:38:59	19:28
239	950	O Marco Premium	Vimos pela comida!	Senior Masculino	02:36:30	+01:39:47	19:34
240	952	O Zinho	Vimos pela comida!	Senior Masculino	02:36:31	+01:39:48	19:34
241	949	O LP	Vimos pela comida!	Senior Masculino	02:36:32	+01:39:49	19:34
242	431	Manuel Castro	Buldogue	Senior Masculino	02:36:59	+01:40:16	19:37
243	693	Filipe Carmindo Neto dos Santos	O Mundo é Nosso	Senior Masculino	02:37:03	+01:40:20	19:38
244	694	Ivo Gabriel Alves Castro	O Mundo é Nosso	Senior Masculino	02:37:33	+01:40:50	19:42
245	690	Alexandre Carneiro	O Mundo é Nosso	Senior Masculino	02:37:43	+01:41:00	19:43
246	329	Evandro Pires	Academia JdC	Senior Masculino	02:38:08	+01:41:25	19:46
247	636	Fausto Amaro	ISAVE	Senior Masculino	02:38:28	+01:41:45	19:48
248	692	Cláudio Teixeira	O Mundo é Nosso	Senior Masculino	02:38:40	+01:41:57	19:50
249	985	Orlando miguel Fonseca Fernandes	Município Póvoa de Lanhoso	Senior Masculino	02:39:57	+01:43:14	20:00
250	495	Joaquim Silva	CSE	Senior Masculino	02:40:08	+01:43:25	20:01
251	845	João Prazeres	T22	Senior Masculino	02:40:11	+01:43:27	20:01
252	635	Alexandre Pereira	ISAVE	Senior Masculino	02:40:16	+01:43:33	20:02
253	637	Francisco Esteves	ISAVE	Senior Masculino	02:40:47	+01:44:04	20:06
254	695	João Freitas	O Mundo é Nosso	Senior Masculino	02:41:28	+01:44:45	20:11
255	701	Pedro Silva	O Mundo é Nosso	Senior Masculino	02:41:28	+01:44:45	20:11
256	700	Pedro Cunha	O Mundo é Nosso	Senior Masculino	02:41:29	+01:44:46	20:11
257	691	André Sá Cordeiro dos Santos	O Mundo é Nosso	Senior Masculino	02:41:33	+01:44:50	20:12
258	698	Luis Miguel Rosa	O Mundo é Nosso	Senior Masculino	02:41:35	+01:44:52	20:12
259	850	Miguel Vieira	T22	Senior Masculino	02:42:00	+01:45:17	20:15
260	848	José Lourenço	T22	Senior Masculino	02:42:05	+01:45:22	20:16
261	844	Flávio Castro	T22	Senior Masculino	02:42:06	+01:45:23	20:16

Guerreiros

8 KM



OFFICIAL RESULT

308	653	André Gomes	Mio Fitness Studio	Senior Masculino	02:56:05	+01:59:22	22:01
309	427	Alloan Dionísio de carnaval	Buldogue	Senior Masculino	02:57:12	+02:00:29	22:09
310	433	Rogério Marques	Buldogue	Senior Masculino	02:57:16	+02:00:33	22:10
311	741	David Domingos	Podias estar no sofá	Senior Masculino	02:58:38	+02:01:55	22:20
312	744	Pedro Domingos	Podias estar no sofá	Senior Masculino	02:59:10	+02:02:26	22:24
313	745	Rui Lopes	Podias estar no sofá	Senior Masculino	03:00:02	+02:03:19	22:30
314	462	Ernesto Gonçalves	Conquistadores	Senior Masculino	03:00:05	+02:03:22	22:31
315	469	Vitor machado	Conquistadores	Senior Masculino	03:00:49	+02:04:05	22:36
316	463	Hélder Martins	Conquistadores	Senior Masculino	03:01:16	+02:04:33	22:40
317	468	Tiago Gonçalves	Conquistadores	Senior Masculino	03:04:19	+02:07:36	23:02
318	467	Paulo Jorge Leite Fernandes	Conquistadores	Senior Masculino	03:04:19	+02:07:36	23:02
319	460	Bruno Matos	Conquistadores	Senior Masculino	03:05:17	+02:08:34	23:10
320	965	Filipe Afonso	Wild Vets	Senior Masculino	03:06:03	+02:09:20	23:15
321	479	Luís Miguel Lopes Silva	Crossbox Montelongo	Senior Masculino	03:06:51	+02:10:08	23:21
322	477	Álvaro José Rebelo Gonçalves	Crossbox Montelongo	Senior Masculino	03:07:03	+02:10:20	23:23
323	480	Nelson Leandro Cunha Oliveira	Crossbox Montelongo	Senior Masculino	03:07:12	+02:10:29	23:24
324	881	Rafael Ferreira	TEAM - Personal Training	Senior Masculino	03:07:27	+02:10:44	23:26
325	874	Jorge Silva	TEAM - Personal Training	Senior Masculino	03:08:03	+02:11:20	23:30
326	877	Miguel Ângelo Faria Pereira	TEAM - Personal Training	Senior Masculino	03:08:03	+02:11:20	23:30
327	465	João Soares	Conquistadores	Senior Masculino	03:08:58	+02:12:15	23:37
328	466	Luís Martins	Conquistadores	Senior Masculino	03:08:59	+02:12:16	23:37
329	625	Paulo Alexandre Salgado Gonçalves	Individual	Senior Masculino	03:09:09	+02:12:26	23:39
330	464	João Rodrigues	Conquistadores	Senior Masculino	03:09:18	+02:12:34	23:40
331	884	Tiago Vaz	TEAM - Personal Training	Senior Masculino	03:09:46	+02:13:03	23:43
332	880	Rafael Fernandes	TEAM - Personal Training	Senior Masculino	03:10:13	+02:13:30	23:47
333	878	Nuno Azevedo	TEAM - Personal Training	Senior Masculino	03:11:14	+02:14:31	23:54
334	846	Jorge Coelho	T22	Senior Masculino	03:13:28	+02:16:45	24:11
335	484	Tiago Freitas	Crossbox Montelongo	Senior Masculino	03:13:55	+02:17:12	24:14
336	483	Tiago Daniel Machado da Silva	Crossbox Montelongo	Senior Masculino	03:13:56	+02:17:13	24:15
337	478	Eduardo Custódio Ferreira Soares	Crossbox Montelongo	Senior Masculino	03:13:57	+02:17:14	24:15
338	485	Tierri Machado Mendes	Crossbox Montelongo	Senior Masculino	03:13:59	+02:17:16	24:15
339	482	Rui Fernando Costa Pinto	Crossbox Montelongo	Senior Masculino	03:14:03	+02:17:20	24:15
340	969	Miguel Nuno Pinheiro Quaresma	Wild Vets	Senior Masculino	03:14:46	+02:18:02	24:21
341	972	Rafael Melfe	Wild Vets	Senior Masculino	03:19:11	+02:22:28	24:54
342	448	Fábio Moutinho	Caretos OCR	Senior Masculino	03:19:22	+02:22:38	24:55
343	966	Francisco Aníbal Pedrosa Cerqueira	Wild Vets	Senior Masculino	03:19:22	+02:22:39	24:55
344	962	Daniel Filipe Silva Neves Pontes	Wild Vets	Senior Masculino	03:19:23	+02:22:40	24:55
345	961	Afonso Coelho	Wild Vets	Senior Masculino	03:19:26	+02:22:42	24:56
346	970	Miguel Sousa Sá	Wild Vets	Senior Masculino	03:19:30	+02:22:47	24:56
347	974	Rúben Alexandre Medeiros de Paiva Carvalho	Wild Vets	Senior Masculino	03:19:49	+02:23:06	24:59
348	963	Diogo Franco Dias de Oliveira Pinto	Wild Vets	Senior Masculino	03:19:50	+02:23:06	24:59
349	968	Jorge Gustavo Pereira Bastos Rocha	Wild Vets	Senior Masculino	03:19:50	+02:23:07	24:59
350	967	Francisco Maciel de Freitas	Wild Vets	Senior Masculino	03:19:50	+02:23:07	24:59
351	971	Paulo Alexandre Amorim Roriz	Wild Vets	Senior Masculino	03:19:51	+02:23:08	24:59



Póvoa de Lanhoso Urban Fit 2023

Póvoa de Lanhoso, PT

03-junho-2023

Guerreiros

8 KM

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OFFICIAL RESULT



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

352 973 Rodrigo Viegas Martins

Wild Vets

Senior Masculino

03:19:51

+02:23:08

24:59

