lap2go TIMING SOLUTION

Poço Negro Trail
Penafiel, PT
02-julho-2023

25KM - STAGE 1

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	22,2ºC	73%
End	14:07	22,2ºC	73%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	21	JOAO FERREIRA	AIRORUN	02:12:02		05:17	
2	72	Ricardo Carreira	Individual	02:17:43	+05:41	05:31	
3	120	Antonio Luis Pereira	Linces do Mãrao	02:24:00	+11:58	05:46	
4	22	Paulo Moreira	Aliados Trail Running team	02:28:04	+16:02	05:55	
5	1	Mario Fonseca	S-Performance	02:33:41	+21:39	06:09	
6	91	Agostinho Reis	Individual	02:34:17	+22:15	06:10	
7	46	André Valente	DUELO D´OCASIAO	02:35:21	+23:19	06:13	
8	94	Óscar Mendes	Individual	02:36:46	+24:44	06:16	
9	132	João Leal	Retorta - Quinta das Arcas	02:36:55	+24:53	06:17	
10	124	Mário Pinto	Lusavouga trail running	02:38:31	+26:29	06:20	
11	63	Nuno Nunes	Individual	02:39:05	+27:03	06:22	
12	123	Carlos Vieira	Lusavouga trail running	02:41:08	+29:06	06:27	
13	25	Paulo Ribeiro	Apúlia a Correr	02:51:00	+38:58	06:50	
14	6	Nuno Lemos	A d n acreditamos	02:56:31	+44:29	07:04	
15	48	Paula Barbosa	EDV- Viana Trail	02:57:35	+45:33	07:06	
16	40	Vítor Monteiro	CINFÃES A CORRER	02:59:06	+47:04	07:10	
17	7	Fernando Carvalho.	A d n acreditamos	03:00:28	+48:26	07:13	
18	50	Inês Gomes	Furfor Running Project	03:04:29	+52:27	07:23	
19	134	André Silva	Ribeiras Trail	03:05:38	+53:36	07:26	
20	102	Alfredo da Silva Moreira	Individual	03:07:15	+55:13	07:29	
21	5	José pinto	A d n acreditamos	03:09:00	+56:58	07:34	
22	58	NATALIYA POPOVA	Individual	03:10:41	+58:39	07:38	
23	4	Marta Moreira	A d n acreditamos	03:11:35	+59:33	07:40	
24	125	João António Marques Tavares	Lusavouga trail running	03:14:40	+01:02:38	07:47	
25	23	António Monteiro	Amigo Trail Run	03:18:05	+01:06:03	07:55	
26	130	António Borges	Porto Sentido Runners	03:18:14	+01:06:12	07:56	
27	70	Rafael Sousa	Individual	03:18:41	+01:06:39	07:57	
28	97	Estêvão Gonçalves	Individual	03:19:33	+01:07:31	07:59	
29	43	José Duarte	Coronado runners	03:21:07	+01:09:05	08:03	
30	136	Armando Moreira	Ribeiras Trail	03:21:43	+01:09:41	08:04	
31	121	Fatima Amoinha	Lobos do Brunheiro de Chaves / Anteros	03:27:00	+01:14:58	08:17	
32	122	Carlos Borges	Lobos do Brunheiro de Chaves / Anteros	03:28:01	+01:15:59	08:19	
33	127	Manuel Faria	MSS Contabilidade Trail Team	03:30:03	+01:18:01	08:24	
34	10	Francisco Lemos	A d n acreditamos	03:30:13	+01:18:11	08:25	
35	143	Alcino Neves Gouveia	Sentir escariz runing	03:30:30	+01:18:28	08:25	
36	140	Jorge Pinheiro	Runriver	03:31:34	+01:19:32	08:28	
37	65	Paulo Santos	Individual	03:33:32	+01:21:30	08:32	
38	31	Pedro Pinto	Boavista Trail	03:33:57	+01:21:55	08:33	
39	56	Carlos Carneiro	HERE4BEER	03:36:21	+01:24:19	08:39	
40	116	Manuel costa	Individual	03:36:30	+01:24:28	08:40	
41	87	Elisabete Repas	EDV- Viana Trail	03:37:31	+01:25:29	08:42	
42	106	Francisco Pinheiro	Individual	03:38:47	+01:26:45	08:45	

25KM - STAGE 1

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	59	Rafaela Raposo	Individual	03:39:45	+01:27:43	08:47	
44	107	Joaquim luis silva Oliveira	Individual	03:41:13	+01:29:11	08:51	
45	33	José Matos	Boavista Trail	03:43:03	+01:31:01	08:55	
46	126	Victor Azevedo	MSS Contabilidade Trail Team	03:43:26	+01:31:24	08:56	
47	17	Vera Nunes	Adsebolido Trail	03:44:51	+01:32:49	09:00	
48	20	Paulo Correia	Adsebolido Trail	03:44:52	+01:32:50	09:00	
49	131	antonio barbas	Pupilos do Zé Tó	03:45:32	+01:33:30	09:01	
50	24	Armando João Rodrigues Ribeiro	Amigo Trail Run	03:46:07	+01:34:05	09:03	
51	11	Cláudia Patrícia da Silva Moreira	A. D. Amarante	03:47:04	+01:35:02	09:05	
52	61	André Marques	Individual	03:47:31	+01:35:29	09:06	
53	44	Nuno Freitas	Correr leça	03:48:17	+01:36:15	09:08	
54	119	Leonel Freitas	LFCC	03:49:46	+01:37:44	09:11	
55	139	Daniela Soares	Runriver	03:50:13	+01:38:11	09:13	
56	101	Ricardo Rodrigues	Individual	03:50:59	+01:38:57	09:14	
57	64	Nuno Silva	Individual	03:51:53	+01:39:51	09:17	
58	81	Xénia Graça	Trilhos do Costume	03:51:56	+01:39:54	09:17	
59	18	Bruno Barros	Adsebolido Trail	03:52:14	+01:40:12	09:17	
60	39	Manu Soares	CINFÃES A CORRER	03:52:53	+01:40:51	09:19	
61	111	Pedro Oliveira	Gaia Running	03:52:55	+01:40:53	09:19	
62	135	Joaquim Pinto	Ribeiras Trail	03:53:31	+01:41:29	09:20	
63	75	Sandro Pinheiro	Individual	03:53:52	+01:41:50	09:21	
64	79	Carla Duarte	Individual	03:55:27	+01:43:25	09:25	
65	60	André Filipe Fernandes dos Santos	Individual	03:55:49	+01:43:47	09:26	
66	47	Andre Correia	DUELO D´OCASIAO	03:57:22	+01:45:20	09:30	
67	98	JOSE MARTINS	Individual	04:00:56	+01:48:54	09:38	
68	30	Pedro Sousa	Boavista trail	04:03:36	+01:51:34	09:45	
69	9	Fernando silva.	A d n acreditamos	04:03:44	+01:51:42	09:45	
70	28	André Sousa	BLIP RUNNING	04:04:39	+01:52:37	09:47	
71	80	Sónia Mota	Individual	04:04:50	+01:52:48	09:48	
72	100	Miguel Barbosa	Individual	04:04:50	+01:52:48	09:48	
73	86	Céu Costa	Individual	04:07:40	+01:55:38	09:54	
74	42	Heitor Cardoso	CINFÃES A CORRER	04:08:02	+01:56:00	09:55	
75	55	André Matos	HERE4BEER	04:08:46	+01:56:44	09:57	
76	138	FILIPE MANUEL DA CORREIA	Running 4Fun Team	04:13:59	+02:01:57	10:10	
77	142	José Lopes	Runriver	04:18:19	+02:06:17	10:20	
78	14	Rui Madureira	AD Marco 09	04:19:40	+02:07:38	10:23	
79	145	Paula Dias	TrepaTrilhos Trail Team	04:20:22	+02:08:20	10:25	
80	104	Eugenio Soares	Individual	04:21:57	+02:09:55	10:29	
81	133	Rosa Teixeira	Ribeiras Trail	04:22:57	+02:10:55	10:31	
82	32	Ricardo Lento	Boavista Trail	04:25:00	+02:12:58	10:36	
83	113	Carlos Navega	Individual	04:25:34	+02:13:32	10:37	
84	41	Teresa Cunha	CINFÃES A CORRER	04:25:56	+02:13:54	10:38	
85	67	Pedro Ferreira	Individual	04:30:57	+02:18:55	10:50	
86	85	Mena Costa	Individual	04:31:20	+02:19:18	10:51	
87	129	António Oliveira	Os Finos	04:33:25	+02:21:23	10:56	
88	45	Pedro Magalhães	Cuidado com o Urso Panda Trail Runners	04:33:25	+02:21:23	10:56	

25KM - STAGE 1

25 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	144	Raquel Vasconcelos	Sport Comércio Salgueiros	04:33:25	+02:21:23	10:56	
90	147	Miguel Leal	Wolves	04:41:32	+02:29:30	11:16	
91	89	Lucinda Gomes	Individual	04:43:21	+02:31:19	11:20	
92	99	Luis Fernandes	Individual	04:44:05	+02:32:03	11:22	
93	155	Fátima Freitas	Individual	04:55:59	+02:43:57	11:50	
94	34	Margarida Neves	Bravos e Bravitas	05:00:25	+02:48:23	12:01	
95	77	Solange Maria Marques de Sousa	Individual	05:01:26	+02:49:24	12:03	
96	51	João Soares	G.D. Leões da Guarda - LION RUNNERS	05:03:36	+02:51:34	12:09	
97	53	Ernesto Martins	G.D. Leões da Guarda - LION RUNNERS	05:03:37	+02:51:35	12:09	
98	52	Jorge Rocha	G.D. Leões da Guarda - LION RUNNERS	05:03:38	+02:51:36	12:09	
99	146	Rui Pedro Reis LIma	Trilhos do Costume	05:05:05	+02:53:03	12:12	
100	103	Eduardo Pinto	Individual	05:05:19	+02:53:17	12:13	
101	2	Sandra Domingues	100Pernas Team	05:07:24	+02:55:22	12:18	
102	3	Fernando Reis	100Pernas Team	05:07:24	+02:55:22	12:18	
103	108	Paulo Lara	Boavista Trail	05:09:23	+02:57:21	12:23	
104	37	Amitaf Costa	Chaves running team	05:11:01	+02:58:59	12:26	
105	112	Vítor santos	Individual	05:11:37	+02:59:35	12:28	
106	115	Carlos Teixeira	Individual	05:17:50	+03:05:48	12:43	
107	109	Paulo Ribeiro	Individual	05:19:36	+03:07:34	12:47	
108	93	EVANDRO DOS SANTOS FERREIRA	Individual	05:25:30	+03:13:28	13:01	
109	66	Paulo Henrique Alfenas Santana	Individual	05:25:37	+03:13:35	13:01	
110	105	Filipe Vieira	Individual	05:36:36	+03:24:34	13:28	

Poço Negro Trail
Penafiel, PT
02-julho-2023

25KM **25 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	22,2ºC	73%
End	14:07	22,2ºC	73%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	50	Inês Gomes	Furfor Running Project	Senior Feminino	03:04:29		07:23
2	58	NATALIYA POPOVA	Individual	Senior Feminino	03:10:41	+06:11	07:38
3	4	Marta Moreira	A d n acreditamos	Senior Feminino	03:11:35	+07:05	07:40
4	59	Rafaela Raposo	Individual	Senior Feminino	03:39:45	+35:15	08:47

Senior Masculino

1	21	JOAO FERREIRA	AIRORUN	Senior Masculino	02:12:02		05:17
2	72	Ricardo Carreira	Individual	Senior Masculino	02:17:43	+05:41	05:31
3	22	Paulo Moreira	Aliados Trail Running team	Senior Masculino	02:28:04	+16:01	05:55
4	46	André Valente	DUELO D´OCASIAO	Senior Masculino	02:35:21	+23:18	06:13
5	124	Mário Pinto	Lusavouga trail running	Senior Masculino	02:38:31	+26:28	06:20
6	63	Nuno Nunes	Individual	Senior Masculino	02:39:05	+27:03	06:22
7	123	Carlos Vieira	Lusavouga trail running	Senior Masculino	02:41:08	+29:05	06:27
8	25	Paulo Ribeiro	Apúlia a Correr	Senior Masculino	02:51:00	+38:57	06:50
9	40	Vítor Monteiro	CINFÃES A CORRER	Senior Masculino	02:59:06	+47:03	07:10
10	70	Rafael Sousa	Individual	Senior Masculino	03:18:41	+01:06:38	07:57
11	140	Jorge Pinheiro	Runriver	Senior Masculino	03:31:34	+01:19:31	08:28
12	65	Paulo Santos	Individual	Senior Masculino	03:33:32	+01:21:29	08:32
13	61	André Marques	Individual	Senior Masculino	03:47:31	+01:35:28	09:06
14	64	Nuno Silva	Individual	Senior Masculino	03:51:53	+01:39:50	09:17
15	39	Manu Soares	CINFÃES A CORRER	Senior Masculino	03:52:53	+01:40:50	09:19
16	75	Sandro Pinheiro	Individual	Senior Masculino	03:53:52	+01:41:50	09:21
17	60	André Filipe Fernandes dos Santos	Individual	Senior Masculino	03:55:49	+01:43:46	09:26
18	30	Pedro Sousa	Boavista trail	Senior Masculino	04:03:36	+01:51:34	09:45
19	28	André Sousa	BLIP RUNNING	Senior Masculino	04:04:39	+01:52:37	09:47
20	55	André Matos	HERE4BEER	Senior Masculino	04:08:46	+01:56:43	09:57
21	14	Rui Madureira	AD Marco 09	Senior Masculino	04:19:40	+02:07:37	10:23
22	67	Pedro Ferreira	Individual	Senior Masculino	04:30:57	+02:18:54	10:50
23	66	Paulo Henrique Alfenas Santana	Individual	Senior Masculino	05:25:37	+03:13:34	13:01

Sub 23 Feminino

1	17	Vera Nunes	Adsebolido Trail	Sub 23 Feminino	03:44:51		09:00

Veterana F40

1	121	Fatima Amoinha	Lobos do Brunheiro de Chaves / Anteros	Veterana F40	03:27:00		08:17
2	11	Cláudia Patrícia da Silva Moreira	A. D. Amarante	Veterana F40	03:47:04	+20:03	09:05
3	139	Daniela Soares	Runriver	Veterana F40	03:50:13	+23:13	09:13
4	155	Fátima Freitas	Individual	Veterana F40	04:55:59	+01:28:58	11:50
5	77	Solange Maria Marques de Sousa	Individual	Veterana F40	05:01:26	+01:34:25	12:03

Veterana F45

1	48	Paula Barbosa	EDV- Viana Trail	Veterana F45	02:57:35		07:06
2	81	Xénia Graça	Trilhos do Costume	Veterana F45	03:51:56	+54:20	09:17
3	79	Carla Duarte	Individual	Veterana F45	03:55:27	+57:51	09:25
4	80	Sónia Mota	Individual	Veterana F45	04:04:50	+01:07:14	09:48
5	41	Teresa Cunha	CINFÃES A CORRER	Veterana F45	04:25:56	+01:28:20	10:38
6	144	Raquel Vasconcelos	Sport Comércio Salgueiros	Veterana F45	04:33:25	+01:35:50	10:56
7	2	Sandra Domingues	100Pernas Team	Veterana F45	05:07:24	+02:09:48	12:18

Veterana F50

1	145	Paula Dias	TrepaTrilhos Trail Team	Veterana F50	04:20:22		10:25
2	133	Rosa Teixeira	Ribeiras Trail	Veterana F50	04:22:57	+02:35	10:31
3	85	Mena Costa	Individual	Veterana F50	04:31:20	+10:57	10:51

Veterana F55

1	87	Elisabete Repas	EDV- Viana Trail	Veterana F55	03:37:31		08:42
2	86	Céu Costa	Individual	Veterana F55	04:07:40	+30:08	09:54
3	89	Lucinda Gomes	Individual	Veterana F55	04:43:21	+01:05:50	11:20
4	34	Margarida Neves	Bravos e Bravitas	Veterana F55	05:00:25	+01:22:54	12:01

Veterana F60

1	37	Amitaf Costa	Chaves running team	Veterana F60	05:11:01		12:26

Veterano M40

1	120	Antonio Luis Pereira	Linces do Mãrao	Veterano M40	02:24:00		05:46
2	1	Mario Fonseca	S-Performance	Veterano M40	02:33:41	+09:40	06:09
3	91	Agostinho Reis	Individual	Veterano M40	02:34:17	+10:16	06:10
4	94	Óscar Mendes	Individual	Veterano M40	02:36:46	+12:46	06:16
5	132	João Leal	Retorta - Quinta das Arcas	Veterano M40	02:36:55	+12:54	06:17
6	134	André Silva	Ribeiras Trail	Veterano M40	03:05:38	+41:37	07:26

7	5	José pinto	A d n acreditamos	Veterano M40	03:09:00	+44:59	07:34
8	122	Carlos Borges	Lobos do Brunheiro de Chaves / Anteros	Veterano M40	03:28:01	+01:04:01	08:19
9	31	Pedro Pinto	Boavista Trail	Veterano M40	03:33:57	+01:09:56	08:33
10	119	Leonel Freitas	LFCC	Veterano M40	03:49:46	+01:25:45	09:11
11	18	Bruno Barros	Adsebolido Trail	Veterano M40	03:52:14	+01:28:13	09:17
12	32	Ricardo Lento	Boavista Trail	Veterano M40	04:25:00	+02:00:59	10:36
13	51	João Soares	G.D. Leões da Guarda - LION RUNNERS	Veterano M40	05:03:36	+02:39:35	12:09
14	93	EVANDRO DOS SANTOS FERREIRA	Individual	Veterano M40	05:25:30	+03:01:30	13:01

Veterano M45

1	6	Nuno Lemos	A d n acreditamos	Veterano M45	02:56:31		07:04
2	125	João António Marques Tavares	Lusavouga trail running	Veterano M45	03:14:40	+18:08	07:47
3	97	Estêvão Gonçalves	Individual	Veterano M45	03:19:33	+23:01	07:59
4	56	Carlos Carneiro	HERE4BEER	Veterano M45	03:36:21	+39:50	08:39
5	44	Nuno Freitas	Correr leça	Veterano M45	03:48:17	+51:45	09:08
6	101	Ricardo Rodrigues	Individual	Veterano M45	03:50:59	+54:28	09:14
7	135	Joaquim Pinto	Ribeiras Trail	Veterano M45	03:53:31	+56:59	09:20
8	47	Andre Correia	DUELO D´OCASIAO	Veterano M45	03:57:22	+01:00:50	09:30
9	98	JOSE MARTINS	Individual	Veterano M45	04:00:56	+01:04:24	09:38
10	100	Miguel Barbosa	Individual	Veterano M45	04:04:50	+01:08:19	09:48
11	45	Pedro Magalhães	Cuidado com o Urso Panda Trail Runners	Veterano M45	04:33:25	+01:36:53	10:56
12	99	Luis Fernandes	Individual	Veterano M45	04:44:05	+01:47:33	11:22
13	52	Jorge Rocha	G.D. Leões da Guarda - LION RUNNERS	Veterano M45	05:03:38	+02:07:06	12:09
14	3	Fernando Reis	100Pernas Team	Veterano M45	05:07:24	+02:10:53	12:18

Veterano M50

1	7	Fernando Carvalho.	A d n acreditamos	Veterano M50	03:00:28		07:13
2	102	Alfredo da Silva Moreira	Individual	Veterano M50	03:07:15	+06:46	07:29
3	23	António Monteiro	Amigo Trail Run	Veterano M50	03:18:05	+17:37	07:55
4	130	António Borges	Porto Sentido Runners	Veterano M50	03:18:14	+17:45	07:56
5	43	José Duarte	Coronado runners	Veterano M50	03:21:07	+20:39	08:03
6	136	Armando Moreira	Ribeiras Trail	Veterano M50	03:21:43	+21:15	08:04
7	143	Alcino Neves Gouveia	Sentir escariz runing	Veterano M50	03:30:30	+30:02	08:25
8	106	Francisco Pinheiro	Individual	Veterano M50	03:38:47	+38:19	08:45
9	107	Joaquim luis silva Oliveira	Individual	Veterano M50	03:41:13	+40:45	08:51
10	33	José Matos	Boavista Trail	Veterano M50	03:43:03	+42:35	08:55
11	126	Victor Azevedo	MSS Contabilidade Trail Team	Veterano M50	03:43:26	+42:58	08:56
12	24	Armando João Rodrigues Ribeiro	Amigo Trail Run	Veterano M50	03:46:07	+45:38	09:03
13	111	Pedro Oliveira	Gaia Running	Veterano M50	03:52:55	+52:27	09:19
14	138	FILIPE MANUEL DA CORREIA	Running 4Fun Team	Veterano M50	04:13:59	+01:13:31	10:10
15	142	José Lopes	Runriver	Veterano M50	04:18:19	+01:17:51	10:20

16	104	Eugenio Soares	Individual	Veterano M50	04:21:57	+01:21:29	10:29
17	129	António Oliveira	Os Finos	Veterano M50	04:33:25	+01:32:57	10:56
18	147	Miguel Leal	Wolves	Veterano M50	04:41:32	+01:41:04	11:16
19	146	Rui Pedro Reis LIma	Trilhos do Costume	Veterano M50	05:05:05	+02:04:37	12:12
20	103	Eduardo Pinto	Individual	Veterano M50	05:05:19	+02:04:51	12:13
21	108	Paulo Lara	Boavista Trail	Veterano M50	05:09:23	+02:08:55	12:23
22	112	Vítor santos	Individual	Veterano M50	05:11:37	+02:11:08	12:28
23	109	Paulo Ribeiro	Individual	Veterano M50	05:19:36	+02:19:08	12:47
24	105	Filipe Vieira	Individual	Veterano M50	05:36:36	+02:36:08	13:28

Veterano M55

1	127	Manuel Faria	MSS Contabilidade Trail Team	Veterano M55	03:30:03		08:24
2	20	Paulo Correia	Adsebolido Trail	Veterano M55	03:44:52	+14:48	09:00
3	131	antonio barbas	Pupilos do Zé Tó	Veterano M55	03:45:32	+15:29	09:01
4	9	Fernando silva.	A d n acreditamos	Veterano M55	04:03:44	+33:41	09:45
5	42	Heitor Cardoso	CINFÃES A CORRER	Veterano M55	04:08:02	+37:58	09:55
6	113	Carlos Navega	Individual	Veterano M55	04:25:34	+55:30	10:37
7	115	Carlos Teixeira	Individual	Veterano M55	05:17:50	+01:47:46	12:43

Veterano M60

1	10	Francisco Lemos	A d n acreditamos	Veterano M60	03:30:13		08:25
2	116	Manuel costa	Individual	Veterano M60	03:36:30	+06:16	08:40
3	53	Ernesto Martins	G.D. Leões da Guarda - LION RUNNERS	Veterano M60	05:03:37	+01:33:24	12:09

TEAM RESULTS - 25KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	LUSAVOUGA TRAIL RUNNING	10 + 12 + 24	46
2	A D N ACREDITAMOS	14 + 17 + 21	52
3	RIBEIRAS TRAIL	19 + 30 + 61	110
4	CINFÃES A CORRER	16 + 59 + 73	148
5	ADSEBOLIDO TRAIL	46 + 47 + 58	151
6	RUNRIVER	36 + 54 + 76	166
7	BOAVISTA TRAIL	44 + 67 + 81	192
8	G.D. LEÕES DA GUARDA - LION RUNNERS	95 + 96 + 97	288

Poço Negro Trail
Penafiel, PT
02-julho-2023

14KM - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:45	23,6ºC	48%
End	13:25	30,8ºC	43%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1381	Marco Faria	Vizela Corre	01:26:29		06:11	
2	1281	Nelson Loureiro	Opraticante.pt	01:27:34	+01:05	06:15	
3	1047	Pedro filipe rodrigues Andrade	CINFÃES A CORRER	01:34:21	+07:52	06:44	
4	1177	Paulo Nogueira	Individual	01:35:00	+08:31	06:47	
5	1235	Bruno Gonçalves	Minho e Lima Trail Grupo Monte	01:37:59	+11:30	07:00	
6	1145	Carlos Carneiro	CINFÃES A CORRER	01:38:21	+11:52	07:01	
7	1062	Antonio Vieira	Diurban Trail	01:39:07	+12:38	07:05	
8	1018	David ramalho	Adsebolido Trail	01:39:32	+13:03	07:07	
9	1020	Alcino Silva	Adsebolido Trail	01:39:53	+13:24	07:08	
10	1143	Tiago Sequeira	Individual	01:41:36	+15:07	07:15	
11	1251	RUI MANUEL DE ALVIM FERNANDES DE SOUSA	MSS Contabilidade Trail Team	01:43:57	+17:28	07:26	
12	1049	Francisco Silva	CINFÃES A CORRER	01:44:32	+18:03	07:28	
13	1071	Belmiro Ferreira	G.D. Leões da Guarda - LION RUNNERS	01:45:57	+19:28	07:34	
14	1353	Bruno Silva	Sportaz btt isolamais	01:46:10	+19:41	07:35	
15	1365	Márcio Buffon	Turbo kings 2.0/ AD Ancede	01:46:46	+20:17	07:38	
16	1013	Leonardo Oliveira	Adosa - Os Santa Apolónia	01:48:03	+21:34	07:43	
17	1142	Tiago Filipe Azevedo de Oliveira	Individual	01:48:03	+21:34	07:43	
18	1227	José Loureiro	Leões de tardariz trail	01:48:11	+21:42	07:44	
19	1352	Carlos Silva	Sport Clube Freamunde	01:48:12	+21:43	07:44	
20	1240	Bruno Rocha	MSS Contabilidade Trail Team	01:48:27	+21:58	07:45	
21	1170	BRUNO MANUEL VIEIRA DA COSTA	Individual	01:48:35	+22:06	07:45	
22	1245	Fábio Sufiatti	MSS Contabilidade Trail Team	01:48:48	+22:19	07:46	
23	1331	Bruno Pires	Ribeiras Trail	01:49:28	+22:59	07:49	
24	1307	Bruno Soares	Pupilos do Zé Tó	01:49:54	+23:25	07:51	
25	1364	João Ribeiro	Turbo kings 2.0/ AD Ancede	01:50:55	+24:26	07:55	
26	1073	Emanuel Rocha	Gang da Pedra	01:52:04	+25:35	08:00	
27	1048	Renato Barbosa	CINFÃES A CORRER	01:52:28	+25:59	08:02	
28	1254	Luís Silvestre	MSS Contabilidade Trail Team	01:54:25	+27:56	08:10	
29	1309	Humberto Rodrigues	Pupilos do Zé Tó	01:54:49	+28:20	08:12	
30	1368	Bruno Ferreira	Turbo kings 2.0/ AD Ancede	01:56:12	+29:43	08:18	
31	1178	Paulo Silva	Individual	01:56:31	+30:02	08:19	
32	1035	Fernando Seabra	Caminhadas da Amizade	01:56:31	+30:02	08:19	
33	1012	Bruno Moreira	AD Marco 09	01:56:56	+30:27	08:21	
34	1336	Mário Gonçalves	Ribeiras Trail	01:57:20	+30:51	08:23	
35	1134	Micael Nogueira	Individual	01:58:41	+32:12	08:29	
36	1027	Fernando Moreira	AMIGOS DO TRAIL MESÃO	02:00:27	+33:58	08:36	
37	1367	António Manuel Pinheiro Teixeira	Turbo kings 2.0/ AD Ancede	02:00:27	+33:58	08:36	
38	1225	José Graça	KeMedo Team	02:00:29	+34:00	08:36	
39	1330	Bruno Mota	Ribeiras Trail	02:01:04	+34:35	08:39	
40	1276	Raul Moura	Nova linha trail runners	02:01:47	+35:18	08:42	

14KM - STAGE 1 — 14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	1185	Filipe Escobar	Individual	02:01:50	+35:21	08:42	
42	1112	Daniela Figueiredo	Individual	02:02:02	+35:33	08:43	
43	1269	Gil Moura	Nova Linha Trail Runners	02:02:04	+35:35	08:43	
44	1376	Carlos Oliveira	TURBOLENTOS	02:03:09	+36:40	08:48	
45	1176	Nuno morais	Individual	02:04:01	+37:32	08:51	
46	1189	José Ribeiro	Individual	02:04:29	+38:00	08:54	
47	1234	Mário Oliveira	Milheirós de Poiares	02:05:03	+38:34	08:56	
48	1195	marco duarte	Individual	02:05:18	+38:49	08:57	
49	1393	Rui Paulo Lopes Diniz da Silva	Individual	02:05:46	+39:17	08:59	
50	1362	Filipe Cabral	Turbo kings 2.0/ AD Ancede	02:07:10	+40:41	09:05	
51	1366	Pedro Monteiro	Turbo kings 2.0/ AD Ancede	02:07:29	+41:00	09:06	
52	1242	José Conceição	MSS Contabilidade Trail Team	02:07:33	+41:04	09:07	
53	1233	Filipe André Santos Oliveira	Milheirós de Poiares	02:07:39	+41:10	09:07	
54	1372	Zé Augusto	Turbo kings 2.0/ AD Ancede	02:08:09	+41:40	09:09	
55	1146	Diogo Francisco Pereira Soares	Individual	02:08:14	+41:45	09:10	
56	1371	Alessandro Moura	Turbo kings 2.0/ AD Ancede	02:08:18	+41:49	09:10	
57	1125	Claudio Nuno Oliveira da Silva	Individual	02:08:30	+42:01	09:11	
58	1197	Pedro Gaio	Individual	02:08:37	+42:08	09:11	
59	1247	José Salas	MSS Contabilidade Trail Team	02:09:45	+43:16	09:16	
60	1129	Hugo Ferreira	Individual	02:10:05	+43:36	09:18	
61	1257	José Marques	MSS Contabilidade Trail Team	02:10:17	+43:48	09:18	
62	1034	Fábio Silva	Caminhadas da Amizade	02:10:17	+43:48	09:18	
63	1266	André Almeida	Nova linha trail runners	02:10:21	+43:52	09:19	
64	1198	Sergio Sousa	Individual	02:11:22	+44:53	09:23	
65	19	Roberto Freitas	Adsebolido Trail	02:12:00	+45:31	09:26	
66	1036	Rui Paquete	Carcavelos Caravela Seguros	02:12:06	+45:37	09:26	
67	1097	Manuel António da Silva	Gondomar futsal clube	02:12:08	+45:39	09:26	
68	1038	Augusto Ferreira	Carcavelos Caravela Seguros	02:12:22	+45:53	09:27	
69	1118	António Mendes	Individual	02:12:25	+45:56	09:28	
70	1174	José lemos	Individual	02:12:43	+46:14	09:29	
71	1259	Zaza	MSS Contabilidade Trail Team	02:12:43	+46:14	09:29	
72	1363	Jeffrey da Costa Portela	Turbo kings 2.0/ AD Ancede	02:12:47	+46:18	09:29	
73	1238	Margarida Oliveira	MSS Contabilidade Trail Team	02:13:54	+47:25	09:34	
74	1070	Manuel Gonçalves	Fojo Trail Team	02:14:05	+47:36	09:35	
75	1218	José Manuel Pinto Gomes	Individual	02:14:32	+48:03	09:37	
76	1231	Hugo Martins	Malhos e Pedais Soltos	02:14:58	+48:29	09:38	
77	1076	Paulo Torres	Gang da Pedra	02:15:06	+48:37	09:39	
78	1015	Júlio Sousa	Adsebolido Trail	02:15:18	+48:49	09:40	
79	1014	Alexandre Ribeiro	Adosa - Os Santa Apolónia	02:16:11	+49:42	09:44	
80	1030	Ricardo Almeida	Boavista Trail	02:16:14	+49:45	09:44	
81	1390	Paulo Gonçalves	Individual	02:16:24	+49:55	09:45	
82	1315	Manuel Ferreira	Pupilos do Zé Tó	02:16:27	+49:58	09:45	
83	1258	Manuel Póvoas	MSS Contabilidade Trail Team	02:16:38	+50:09	09:46	
84	1194	Manuel Fernando dos Santos Oliveira	Individual	02:16:42	+50:13	09:46	
85	1358	José Alves	Trail Snakes	02:16:55	+50:26	09:47	

14KM - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
86	1200	António Gomes	Individual	02:17:22	+50:53	09:49	
87	1041	David Sousa	Carcavelos Caravela seguros	02:17:26	+50:57	09:49	
88	1016	Manuel Lopes	Adsebolido Trail	02:17:50	+51:21	09:51	
89	1135	Pedro Sousa Guimarães	Individual	02:17:58	+51:29	09:51	
90	1046	Daniel Silva	CINFÃES A CORRER	02:18:10	+51:41	09:52	
91	1209	Adao bessa	Individual	02:18:10	+51:41	09:52	
92	1297	Albino Pires	Porto Sentido Runners	02:18:57	+52:28	09:56	
93	1139	Rui Gomes	Individual	02:19:17	+52:48	09:57	
94	1248	Manuel Ferreira	MSS Contabilidade Trail Team	02:19:20	+52:51	09:57	
95	1229	Mario Lima	Magic friends runners/amitorre	02:19:22	+52:53	09:57	
96	1277	Carlos Lameiras	Nova Linha Trail Runners	02:19:28	+52:59	09:58	
97	1067	Tiago Ribeiro	Fojo Trail Team	02:19:53	+53:24	10:00	
98	1074	Filipe Rocha	Gang da Pedra	02:20:01	+53:32	10:00	
99	1201	António Pereira	Individual	02:20:30	+54:01	10:02	
100	1098	Paulo Alves	Gondomar Futsal Clube	02:20:52	+54:23	10:04	
101	1140	Rui Gomes	Individual	02:20:55	+54:26	10:04	
102	1175	Miguel Santos	Individual	02:21:09	+54:40	10:05	
103	1357	Manuel Fernando Sousa Garcês	Trail Snakes	02:21:12	+54:43	10:05	
104	1323	Beatriz Moura	Ribeiras Trail	02:21:33	+55:04	10:07	
105	1253	Laurindo Moreira	MSS Contabilidade Trail Team	02:21:34	+55:05	10:07	
106	1122	Bruno Pereira	Individual	02:21:34	+55:05	10:07	
107	1023	Joaquim Cunha	Águas do Porto - Casa dos Trabalhadores	02:21:54	+55:25	10:08	
108	1237	German Escalante	MSS Contabilidade Trail Team	02:22:15	+55:46	10:10	
109	1226	Mário Moura	Leões de Tardariz Trail	02:22:46	+56:17	10:12	
110	1305	Valdemar Carvalho	Porto Sentido Runners	02:22:47	+56:18	10:12	
111	1119	António Oliveira	Individual	02:23:15	+56:46	10:14	
112	1267	Diogo Moura	Nova linha trail runners	02:23:54	+57:25	10:17	
113	1066	Ricardo Lopes	Fojo trail team	02:23:56	+57:27	10:17	
114	1311	antonio ferreira	Pupilos do Zé Tó	02:23:59	+57:30	10:17	
115	1256	Asdrubal Freitas	MSS Contabilidade Trail Team	02:24:13	+57:44	10:18	
116	1069	Flávio Pinto	Fojo Trail Team	02:25:47	+59:18	10:25	
117	1186	Francisco Rocha Soares	Individual	02:26:14	+59:45	10:27	
118	1179	Flávio Alexandre Martins França	Individual	02:26:15	+59:46	10:27	
119	1275	Filipe silva	Nova linha trail runners	02:26:16	+59:47	10:27	
120	1109	Bertina Ferreira	Individual	02:26:16	+59:47	10:27	
121	1332	Diamantino Martins	Ribeiras Trail	02:27:54	+01:01:25	10:34	
122	1322	Renato Correia	Ribeiras Trail	02:27:54	+01:01:25	10:34	
123	1039	Paulo Manuel Pereira Faria	Carcavelos Caravela seguros	02:28:05	+01:01:36	10:35	
124	12	Carlos Macedo	A. D. Amarante	02:28:18	+01:01:49	10:36	
125	1192	Luis Gomes	Individual	02:28:31	+01:02:02	10:37	
126	1284	Daniela Moutinho	Os Preguiças Team	02:28:48	+01:02:19	10:38	
127	1286	Sérgio Gomes	Os Preguiças Team	02:29:17	+01:02:48	10:40	
128	1361	Diogo Sousa	Turbo kings 2.0/ AD Ancede	02:29:30	+01:03:01	10:41	
129	1024	Tiago Mota	Amigos 100 Limites	02:30:35	+01:04:06	10:45	
130	1120	Avelino Silva	Individual	02:30:59	+01:04:30	10:47	
131	1204	José Carlos Lopes Paulino	Individual	02:31:04	+01:04:35	10:47	

14KM - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
132	1133	Luís Miguel de Aquino Moreira	Individual	02:31:06	+01:04:37	10:48	
133	1321	Março Valente	Ribeiras Trail	02:31:07	+01:04:38	10:48	
134	1215	Fernando Ferreira	Individual	02:31:28	+01:04:59	10:49	
135	1171	Bruno Sanguedo	Individual	02:32:32	+01:06:03	10:54	
136	1335	José Moura	Ribeiras Trail	02:32:39	+01:06:10	10:54	
137	1021	Domingos Maurício Santos Ferreira	Adsebolido Trail	02:32:47	+01:06:18	10:55	
138	1188	Jorge Silva	Individual	02:32:58	+01:06:29	10:56	
139	54	Sara Pinto	Here4beer	02:33:02	+01:06:33	10:56	
140	1000	Liliana Gomes	S-Performance	02:33:07	+01:06:38	10:56	
141	1217	José Manuel Couto Pereira	Individual	02:33:09	+01:06:40	10:56	
142	1347	Jose Eduardo Fernandes	São Teams	02:33:22	+01:06:53	10:57	
143	1121	Bruno Cunha	Individual	02:34:05	+01:07:36	11:00	
144	1355	Tiago João Gonçalves Serrano	Tontos Team	02:34:10	+01:07:41	11:01	
145	1202	Armando Almeida	Individual	02:34:29	+01:08:00	11:02	
146	1019	Ricardo Sousa	Adsebolido Trail	02:34:37	+01:08:08	11:03	
147	1329	Andre Cruz	Ribeiras Trail	02:35:28	+01:08:59	11:06	
148	1137	Ruben Moreira	Individual	02:35:49	+01:09:20	11:08	
149	1131	Jorge Gomes	Individual	02:36:07	+01:09:38	11:09	
150	1138	Rui Cepeda	Individual	02:36:07	+01:09:38	11:09	
151	1164	Paula Gualter	Individual	02:36:45	+01:10:16	11:12	
152	1370	Manuel Teixeira	Turbo kings 2.0/ AD Ancede	02:36:51	+01:10:22	11:12	
153	1094	Ricardo Godinho	Geocrosstrail	02:37:37	+01:11:08	11:16	
154	1219	José Santos	Individual	02:37:42	+01:11:13	11:16	
155	1380	José João Pimenta Oliveira	Velozes & Esfomeados	02:38:29	+01:12:00	11:19	
156	1092	Mafalda Valente	Geocrosstrail	02:38:42	+01:12:13	11:20	
157	1220	Lidio oliveira	Individual	02:39:02	+01:12:33	11:22	
158	1191	José Silva	Individual	02:39:08	+01:12:39	11:22	
159	1360	Cristiano Manuel Sousa Fonseca	Turbo kings 2.0/ AD Ancede	02:39:36	+01:13:07	11:24	
160	1369	Hélder Bruno da Silva Serdoura	Turbo kings 2.0/ AD Ancede	02:39:40	+01:13:11	11:24	
161	1061	Cristina Silva	Diurban trail	02:40:03	+01:13:34	11:26	
162	1065	João Almeida	Estronca Silvas	02:41:25	+01:14:56	11:32	
163	1313	José Rodrigues	Pupilos do Zé Tó	02:41:43	+01:15:14	11:33	
164	1383	pedro paiva	Pupilos do Zé-Tó	02:41:43	+01:15:14	11:33	
165	1306	Virginia Pais	Pupilos do Zé Tó	02:41:43	+01:15:14	11:33	
166	1010	Albano Coelho	A. D. Amarante	02:42:16	+01:15:47	11:35	
167	1007	Alice Barbosa Pereira	A. D. Amarante	02:42:16	+01:15:47	11:35	
168	1395	Carlos Mendes	Individual	02:43:38	+01:17:09	11:41	
169	152	Paula Alvadia	Valongo trail team	02:43:53	+01:17:24	11:42	
170	1354	Ricardo Loureiro	Team Brothers	02:44:16	+01:17:47	11:44	
171	1212	João Oliveira	Individual	02:45:56	+01:19:27	11:51	
172	1228	Sandra Manuela Moreira Martins	Lusavouga trail running	02:46:06	+01:19:37	11:52	
173	1063	Fernando Oliveira	Diurban Trail	02:47:24	+01:20:55	11:57	
174	1299	Miguel Silva	Porto Sentido Runners	02:47:44	+01:21:15	11:59	
175	1290	André Oliveira	Porto Sentido Runners	02:47:44	+01:21:15	11:59	
176	1294	Elizabete Loureiro	Porto Sentido Runners	02:47:44	+01:21:15	11:59	
177	1187	Jorge cruz	Individual	02:48:26	+01:21:57	12:02	

14KM - STAGE 1 — 14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	1033	José Rodrigues	BTT ALEGRIA//TUBANI	02:48:29	+01:22:00	12:02	
179	1103	Daniela Coutinho	HERE4BEER	02:48:46	+01:22:17	12:03	
180	1239	Alberto Vitelo	MSS Contabilidade Trail Team	02:48:47	+01:22:18	12:03	
181	1298	Filipe Ferreira	Porto Sentido Runners	02:48:48	+01:22:19	12:03	
182	1110	Carla Alexandra da Silva Martins	Runriver	02:48:51	+01:22:22	12:04	
183	1264	Jaime Cardoso	Nocturnos de Paredes	02:49:28	+01:22:59	12:06	
184	1032	Nuno Miguel Preira Mota	Box Ideal Runing	02:49:31	+01:23:02	12:06	
185	1270	José Pedro Barros Borges	Nova linha trail runners	02:50:04	+01:23:35	12:09	
186	1208	Vítor Cruz	Individual	02:50:20	+01:23:51	12:10	
187	1064	Maria Teixeira	EASY centro de fitness	02:51:01	+01:24:32	12:13	
188	1150	Joana Fátima de Sousa Castro Neves Almeida	Individual	02:51:16	+01:24:47	12:14	
189	1159	Paula Cristina Branco Rocha	Individual	02:51:18	+01:24:49	12:14	
190	1213	Agostinho Pedrosa	Individual	02:51:25	+01:24:56	12:15	
191	1009	Marco Paulo Ribeiro Nunes	A. D. Amarante	02:51:48	+01:25:19	12:16	
192	1130	Jorge Cruz	Individual	02:51:52	+01:25:23	12:17	
193	1206	Paulo Seabra	Individual	02:52:08	+01:25:39	12:18	
194	1196	Miguel Silva	Individual	02:52:13	+01:25:44	12:18	
195	1326	Rosa Almeida	Ribeiras Trail	02:52:40	+01:26:11	12:20	
196	1328	Rosa Gama	Ribeiras Trail	02:52:41	+01:26:12	12:20	
197	1042	Jacinto oliveira	Carcavelos Caravela seguros	02:52:43	+01:26:14	12:20	
198	1165	Paula Oliveira	Individual	02:54:08	+01:27:39	12:26	
199	1169	Bernardino Miranda	Individual	02:54:12	+01:27:43	12:27	
200	1221	Nelson Nogueira	Individual	02:55:07	+01:28:38	12:31	
201	1025	ANTONIO NUNES	AMIGOS DO TRAIL MESÃO	02:56:19	+01:29:50	12:36	
202	1044	Eduardo Pires	CIN Running Team	02:56:38	+01:30:09	12:37	
203	1043	Eduardo Alves	CIN Running Team	02:56:38	+01:30:09	12:37	
204	1302	Rui Teixeira	Porto Sentido Runners	02:56:48	+01:30:19	12:38	
205	1296	Bruno Guedes	Porto Sentido Runners	02:56:49	+01:30:20	12:38	
206	1113	Diana Oliveira	Individual	02:56:52	+01:30:23	12:38	
207	1346	Fernando Oliveira	São Teams	02:56:52	+01:30:23	12:38	
208	1359	Tina Sousa	Turbo kings 2.0/ AD Ancede	02:56:55	+01:30:26	12:38	
209	1081	Adriana Abreu	Gansos	02:57:25	+01:30:56	12:40	
210	1077	João Torres	Gansos	02:57:25	+01:30:56	12:40	
211	1379	João Mendes	Velozes & Esfomeados	02:59:46	+01:33:17	12:50	
212	1096	Vitor Moreira	Geocrosstrail	03:00:42	+01:34:13	12:54	
213	1093	Paula Almeida	Geocrosstrail	03:00:42	+01:34:13	12:54	
214	1389	Bebiana Silva	Individual	03:00:52	+01:34:23	12:55	
215	1252	António Luís	MSS Contabilidade Trail Team	03:01:13	+01:34:44	12:57	
216	1260	Rui Moura	MSS Contabilidade Trail Team	03:01:55	+01:35:26	13:00	
217	1246	João Nuno Sousa	MSS Contabilidade Trail Team	03:01:55	+01:35:26	13:00	
218	1163	Paula Cunha	Individual	03:02:13	+01:35:44	13:01	
219	1031	Carlos Manuel Ferreira Martins	Box Ideal Runing	03:03:00	+01:36:31	13:04	
220	1375	André Pereira	TURBOLENTOS	03:03:54	+01:37:25	13:08	
221	1314	Pedro Pombal	Pupilos do Zé Tó	03:04:13	+01:37:44	13:10	
222	1262	Filipe Machado	Never ALONE	03:05:25	+01:38:56	13:15	

14KM - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
223	1011	Antônio Gonçalves	A. D. Amarante	03:05:26	+01:38:57	13:15	
224	156	Alcino Tavares	Gansos	03:05:28	+01:38:59	13:15	
225	1079	Florinda Carvalho	Gansos	03:05:28	+01:38:59	13:15	
226	1147	Ricardo Vieira	Individual	03:05:32	+01:39:03	13:15	
227	1037	Miguel Barqueiro	Carcavelos Caravela seguros	03:05:42	+01:39:13	13:16	
228	1261	Fatima Sousa	Never ALONE	03:05:49	+01:39:20	13:16	
229	1263	Lino João Silva Cardoso	Never ALONE	03:05:49	+01:39:20	13:16	
230	1373	Marlene Madureira	TURBOLENTOS	03:06:07	+01:39:38	13:18	
231	1279	José Sousa	Nova Linha Trail Runners	03:06:16	+01:39:47	13:18	
232	1155	Carla Morais	Individual	03:06:20	+01:39:51	13:19	
233	1333	Nuno Almeida	Ribeiras Trail	03:06:50	+01:40:21	13:21	
234	1236	Sara Vaz	MSS Contabilidade Trail Team	03:08:01	+01:41:32	13:26	
235	1166	Maria de Fátima Marques Ribeiro	Individual	03:09:22	+01:42:53	13:32	
236	1107	Pedro Pinto	Individual	03:10:47	+01:44:18	13:38	
237	1123	Carlos Mendes	Individual	03:11:18	+01:44:49	13:40	
238	1207	Rui Moreira	Individual	03:12:05	+01:45:36	13:43	
239	1095	Rui Moreira	Geocrosstrail	03:12:32	+01:46:03	13:45	
240	1203	Eduardo Castro	Individual	03:12:53	+01:46:24	13:47	
241	1386	Bruno Santos	Individual	03:13:04	+01:46:35	13:47	
242	1387	Carla Santos	Individual	03:13:07	+01:46:38	13:48	
243	1004	Fernando Silva Oliveira	100Pernas Team	03:13:26	+01:46:57	13:49	
244	1230	Filipe Oliveira	Malhos e Pedais Soltos	03:13:42	+01:47:13	13:50	
245	1232	Pedro Almeida	Malhos e pedais soltos	03:13:43	+01:47:14	13:50	
246	1190	Jose Salgueiro	Individual	03:13:43	+01:47:14	13:50	
247	1265	Cristiana Queiroz	Nova linha trail runners	03:13:44	+01:47:15	13:50	
248	1268	Elton Teixeira	Nova linha trail runners	03:13:45	+01:47:16	13:50	
249	1111	Cristina Cabanas	Individual	03:13:46	+01:47:17	13:50	
250	1090	Nuno Filipe Reis Neves	Gens S.C. Trail	03:14:12	+01:47:43	13:52	
251	1089	Ivone Cátia Martins Rocha	Gens S.C. Trail	03:14:12	+01:47:43	13:52	
252	1128	Gabriel Gomes	Individual	03:15:47	+01:49:18	13:59	
253	1078	Marisa Pinheiro	Gansos	03:16:07	+01:49:38	14:00	
254	1126	Daniel Amaral	Individual	03:16:59	+01:50:30	14:04	
255	1040	Vitor Sousa	Carcavelos Caravela seguros	03:18:21	+01:51:52	14:10	
256	1091	Raquel Almeida Fernandes	Geocrosstrail	03:20:04	+01:53:35	14:17	
257	1337	Patricia Fernandes	Roliços	03:20:05	+01:53:36	14:17	
258	1273	Amália Monteiro	Nova Linha Trail Runners	03:23:11	+01:56:42	14:31	
259	1384	António Manuel Nogueira Gomes Moura	Individual	03:23:46	+01:57:17	14:33	
260	1327	Paula Santos	Ribeiras Trail	03:24:18	+01:57:49	14:36	
261	1153	Andreia Ribeiro	Individual	03:25:50	+01:59:21	14:42	
262	1222	Nuno Monteiro	Individual	03:26:43	+02:00:14	14:46	
263	1117	Abel Cardoso	Individual	03:27:26	+02:00:57	14:49	
264	1116	Soraia cardoso Barbosa	Individual	03:30:07	+02:03:38	15:00	
265	1075	joao pinto	Gang da Pedra	03:30:16	+02:03:47	15:01	
266	1136	Ricardo Fonseca	Individual	03:30:28	+02:03:59	15:02	
267	1114	Joana Alves	Individual	03:30:31	+02:04:02	15:02	

14KM - STAGE 1 — 14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
268	1271	Paulo Barros	Nova linha trail runners	03:30:44	+02:04:15	15:03	
269	1124	Carlos Ribeiro	Individual	03:30:47	+02:04:18	15:03	
270	1378	Liliana Teixeira	União Futebol Clube de Barqueiros	03:32:02	+02:05:33	15:09	
271	1374	Henrique Pereira	TURBOLENTOS	03:32:04	+02:05:35	15:09	
272	1348	Ricardo Beirão	São Teams	03:33:39	+02:07:10	15:16	
273	1340	Claudia Valente	São Teams	03:33:40	+02:07:11	15:16	
274	1303	Carlos Calheiros	Porto Sentido Runners	03:34:47	+02:08:18	15:20	
275	1045	Susana Silva	CINFÃES A CORRER	03:35:28	+02:08:59	15:23	
276	1308	Vera Nogueira	Pupilos do Zé Tó	03:36:20	+02:09:51	15:27	
277	1351	Joaquina Silva	Sport Clube Freamunde	03:36:30	+02:10:01	15:28	
278	1388	Rosa Costa	Individual	03:42:06	+02:15:37	15:52	
279	1343	Conceição Pinto	São Teams	03:42:23	+02:15:54	15:53	
280	1199	António Couto	Individual	03:42:31	+02:16:02	15:54	
281	1392	Patrícia Rocha	Individual	03:46:31	+02:20:02	16:11	
282	1391	Pedro Mendes	Individual	03:46:31	+02:20:02	16:11	
283	1028	Jorge Dik	AMIGOS DO TRAIL MESÃO	03:46:35	+02:20:06	16:11	
284	1108	Ana Sofia Esteves Carneiro e Ferreira	Individual	03:49:44	+02:23:15	16:25	
285	1115	Lethicia Milanês	Individual	03:49:45	+02:23:16	16:25	
286	1005	Sérgio Oliveira	100Pernas Team	03:50:46	+02:24:17	16:29	
287	1003	Cláudia Meireles	100Pernas Team	03:50:46	+02:24:17	16:29	
288	1002	Anabela Oliveira	100Pernas Team	03:50:46	+02:24:17	16:29	
289	83	Bi Lima	Individual	03:50:47	+02:24:18	16:29	
290	1084	Fernanda Santos	Gansos	03:51:06	+02:24:37	16:30	
291	1345	Mohammed Moudnib	São Teams	03:51:34	+02:25:05	16:32	
292	1180	Sérgio Amaral	Individual	03:52:07	+02:25:38	16:35	
293	1050	Cândida Vilas-Boas	Clube Zupper	03:52:26	+02:25:57	16:36	
294	1181	Artur Fonseca	Individual	03:53:01	+02:26:32	16:39	
295	1088	Alfredo Sista	Gansos	03:53:07	+02:26:38	16:39	
296	1080	Paula Ferreira	Gansos	03:53:07	+02:26:38	16:39	
297	149	Rui Jorge Macedo Marinho	Individual	03:56:44	+02:30:15	16:55	
298	1149	Gicélia Queiroz Mendes	Individual	03:59:14	+02:32:45	17:05	
299	1141	Thiago Pereira	Individual	03:59:16	+02:32:47	17:05	
300	1338	José Andrade	Roliços	04:00:34	+02:34:05	17:11	
301	1152	Sónia Sousa	Individual	04:00:56	+02:34:27	17:13	
302	1087	Carlos Anjos	Gansos	04:01:04	+02:34:35	17:13	
303	1085	Vítor Sousa	Gansos	04:01:05	+02:34:36	17:13	
304	1184	Eduardo Beniigno	Individual	04:01:26	+02:34:57	17:15	
305	1300	Jorge Pereira	Porto Sentido Runners	04:01:59	+02:35:30	17:17	
306	1295	Luísa Marques	Porto Sentido Runners	04:02:00	+02:35:31	17:17	
307	1156	Marisa Gomes	Individual	04:02:24	+02:35:55	17:19	
308	1211	Henrique Gomes	Individual	04:02:26	+02:35:57	17:19	
309	1382	Cristina Coelho	Wolves	04:03:44	+02:37:15	17:25	
310	1317	Luís Matos	Rebeldes Trail	04:08:00	+02:41:31	17:43	
311	1083	Flor Ribeiro	Gansos	04:08:07	+02:41:38	17:43	
312	1160	Sónia Neves	Individual	04:13:22	+02:46:53	18:06	

14KM - STAGE 1

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
313	1158	Patrícia Martins	Individual	04:13:23	+02:46:54	18:06	
314	1162	Dina Gonçalves	Individual	04:13:25	+02:46:56	18:06	
315	1318	Manuel Jorge	Rebeldes Trail	04:22:54	+02:56:25	18:47	
316	1324	Alexandra Martins	Ribeiras Trail	04:25:09	+02:58:40	18:56	
317	1289	RUI LUIS PEREIRA	Porto Editora	04:25:09	+02:58:40	18:56	

Poço Negro Trail
Penafiel, PT
02-julho-2023

14KM **14 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:45	23,6ºC	48%
End	13:25	30,8ºC	43%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Junior Masculino							
1	1013	Leonardo Oliveira	Adosa - Os Santa Apolónia	Junior Masculino	01:48:03		07:43
2	1030	Ricardo Almeida	Boavista Trail	Junior Masculino	02:16:14	+28:10	09:44
3	1107	Pedro Pinto	Individual	Junior Masculino	03:10:47	+01:22:43	13:38
Senior Feminino							
1	1112	Daniela Figueiredo	Individual	Senior Feminino	02:02:02		08:43
2	1109	Bertina Ferreira	Individual	Senior Feminino	02:26:16	+24:13	10:27
3	1284	Daniela Moutinho	Os Preguiças Team	Senior Feminino	02:28:48	+26:45	10:38
4	54	Sara Pinto	Here4beer	Senior Feminino	02:33:02	+30:59	10:56
5	1000	Liliana Gomes	S-Performance	Senior Feminino	02:33:07	+31:05	10:56
6	1306	Virginia Pais	Pupilos do Zé Tó	Senior Feminino	02:41:43	+39:40	11:33
7	1103	Daniela Coutinho	HERE4BEER	Senior Feminino	02:48:46	+46:43	12:03
8	1110	Carla Alexandra da Silva Martins	Runriver	Senior Feminino	02:48:51	+46:48	12:04
9	1113	Diana Oliveira	Individual	Senior Feminino	02:56:52	+54:49	12:38
10	1359	Tina Sousa	Turbo kings 2.0/ AD Ancede	Senior Feminino	02:56:55	+54:53	12:38
11	1389	Bebiana Silva	Individual	Senior Feminino	03:00:52	+58:50	12:55
12	1373	Marlene Madureira	TURBOLENTOS	Senior Feminino	03:06:07	+01:04:04	13:18
13	1236	Sara Vaz	MSS Contabilidade Trail Team	Senior Feminino	03:08:01	+01:05:58	13:26
14	1265	Cristiana Queiroz	Nova linha trail runners	Senior Feminino	03:13:44	+01:11:42	13:50
15	1111	Cristina Cabanas	Individual	Senior Feminino	03:13:46	+01:11:43	13:50
16	1091	Raquel Almeida Fernandes	Geocrosstrail	Senior Feminino	03:20:04	+01:18:02	14:17
17	1116	Soraia cardoso Barbosa	Individual	Senior Feminino	03:30:07	+01:28:04	15:00
18	1114	Joana Alves	Individual	Senior Feminino	03:30:31	+01:28:28	15:02
19	1378	Liliana Teixeira	União Futebol Clube de Barqueiros	Senior Feminino	03:32:02	+01:29:59	15:09
20	1045	Susana Silva	CINFÃES A CORRER	Senior Feminino	03:35:28	+01:33:25	15:23
21	1108	Ana Sofia Esteves Carneiro e Ferreira	Individual	Senior Feminino	03:49:44	+01:47:41	16:25
22	1115	Lethicia Milanês	Individual	Senior Feminino	03:49:45	+01:47:42	16:25
Senior Masculino							
1	1047	Pedro filipe rodrigues Andrade	CINFÃES A CORRER	Senior Masculino	01:34:21		06:44
2	1235	Bruno Gonçalves	Minho e Lima Trail Grupo Monte	Senior Masculino	01:37:59	+03:38	07:00
3	1143	Tiago Sequeira	Individual	Senior Masculino	01:41:36	+07:14	07:15
4	1365	Márcio Buffon	Turbo kings 2.0/ AD Ancede	Senior Masculino	01:46:46	+12:25	07:38
5	1142	Tiago Filipe Azevedo de Oliveira	Individual	Senior Masculino	01:48:03	+13:42	07:43
6	1307	Bruno Soares	Pupilos do Zé Tó	Senior Masculino	01:49:54	+15:32	07:51
7	1364	João Ribeiro	Turbo kings 2.0/ AD Ancede	Senior Masculino	01:50:55	+16:33	07:55

8	1073	Emanuel Rocha	Gang da Pedra	Senior Masculino	01:52:04	+17:43	08:00
9	1048	Renato Barbosa	CINFÃES A CORRER	Senior Masculino	01:52:28	+18:07	08:02
10	1134	Micael Nogueira	Individual	Senior Masculino	01:58:41	+24:20	08:29
11	1269	Gil Moura	Nova Linha Trail Runners	Senior Masculino	02:02:04	+27:42	08:43
12	1362	Filipe Cabral	Turbo kings 2.0/ AD Ancede	Senior Masculino	02:07:10	+32:49	09:05
13	1366	Pedro Monteiro	Turbo kings 2.0/ AD Ancede	Senior Masculino	02:07:29	+33:08	09:06
14	1233	Filipe André Santos Oliveira	Milheirós de Poiares	Senior Masculino	02:07:39	+33:17	09:07
15	1125	Claudio Nuno Oliveira da Silva	Individual	Senior Masculino	02:08:30	+34:09	09:11
16	1129	Hugo Ferreira	Individual	Senior Masculino	02:10:05	+35:44	09:18
17	1034	Fábio Silva	Caminhadas da Amizade	Senior Masculino	02:10:17	+35:55	09:18
18	1266	André Almeida	Nova linha trail runners	Senior Masculino	02:10:21	+36:00	09:19
19	1097	Manuel António da Silva	Gondomar futsal clube	Senior Masculino	02:12:08	+37:47	09:26
20	1118	António Mendes	Individual	Senior Masculino	02:12:25	+38:04	09:28
21	1259	Zaza	MSS Contabilidade Trail Team	Senior Masculino	02:12:43	+38:22	09:29
22	1363	Jeffrey da Costa Portela	Turbo kings 2.0/ AD Ancede	Senior Masculino	02:12:47	+38:26	09:29
23	1231	Hugo Martins	Malhos e Pedais Soltos	Senior Masculino	02:14:58	+40:36	09:38
24	1015	Júlio Sousa	Adsebolido Trail	Senior Masculino	02:15:18	+40:56	09:40
25	1390	Paulo Gonçalves	Individual	Senior Masculino	02:16:24	+42:02	09:45
26	1016	Manuel Lopes	Adsebolido Trail	Senior Masculino	02:17:50	+43:28	09:51
27	1135	Pedro Sousa Guimarães	Individual	Senior Masculino	02:17:58	+43:37	09:51
28	1046	Daniel Silva	CINFÃES A CORRER	Senior Masculino	02:18:10	+43:48	09:52
29	1139	Rui Gomes	Individual	Senior Masculino	02:19:17	+44:55	09:57
30	1067	Tiago Ribeiro	Fojo Trail Team	Senior Masculino	02:19:53	+45:32	10:00
31	1074	Filipe Rocha	Gang da Pedra	Senior Masculino	02:20:01	+45:40	10:00
32	1140	Rui Gomes	Individual	Senior Masculino	02:20:55	+46:34	10:04
33	1122	Bruno Pereira	Individual	Senior Masculino	02:21:34	+47:13	10:07
34	1237	German Escalante	MSS Contabilidade Trail Team	Senior Masculino	02:22:15	+47:54	10:10
35	1119	António Oliveira	Individual	Senior Masculino	02:23:15	+48:53	10:14
36	1267	Diogo Moura	Nova linha trail runners	Senior Masculino	02:23:54	+49:32	10:17
37	1066	Ricardo Lopes	Fojo trail team	Senior Masculino	02:23:56	+49:35	10:17
38	1322	Renato Correia	Ribeiras Trail	Senior Masculino	02:27:54	+53:33	10:34
39	1361	Diogo Sousa	Turbo kings 2.0/ AD Ancede	Senior Masculino	02:29:30	+55:08	10:41
40	1024	Tiago Mota	Amigos 100 Limites	Senior Masculino	02:30:35	+56:14	10:45
41	1120	Avelino Silva	Individual	Senior Masculino	02:30:59	+56:38	10:47
42	1133	Luís Miguel de Aquino Moreira	Individual	Senior Masculino	02:31:06	+56:45	10:48
43	1321	Março Valente	Ribeiras Trail	Senior Masculino	02:31:07	+56:46	10:48
44	1121	Bruno Cunha	Individual	Senior Masculino	02:34:05	+59:44	11:00
45	1137	Ruben Moreira	Individual	Senior Masculino	02:35:49	+01:01:27	11:08
46	1131	Jorge Gomes	Individual	Senior Masculino	02:36:07	+01:01:45	11:09
47	1138	Rui Cepeda	Individual	Senior Masculino	02:36:07	+01:01:45	11:09
48	1380	José João Pimenta Oliveira	Velozes & Esfomeados	Senior Masculino	02:38:29	+01:04:08	11:19
49	1360	Cristiano Manuel Sousa Fonseca	Turbo kings 2.0/ AD Ancede	Senior Masculino	02:39:36	+01:05:15	11:24
50	1395	Carlos Mendes	Individual	Senior Masculino	02:43:38	+01:09:17	11:41
51	1290	André Oliveira	Porto Sentido Runners	Senior Masculino	02:47:44	+01:13:23	11:59
52	1033	José Rodrigues	BTT ALEGRIA//TUBANI	Senior Masculino	02:48:29	+01:14:08	12:02
53	1264	Jaime Cardoso	Nocturnos de Paredes	Senior Masculino	02:49:28	+01:15:07	12:06

54	1270	José Pedro Barros Borges	Nova linha trail runners	Senior Masculino	02:50:04	+01:15:43	12:09
55	1130	Jorge Cruz	Individual	Senior Masculino	02:51:52	+01:17:31	12:17
56	1044	Eduardo Pires	CIN Running Team	Senior Masculino	02:56:38	+01:22:17	12:37
57	1043	Eduardo Alves	CIN Running Team	Senior Masculino	02:56:38	+01:22:17	12:37
58	1077	João Torres	Gansos	Senior Masculino	02:57:25	+01:23:04	12:40
59	1379	João Mendes	Velozes & Esfomeados	Senior Masculino	02:59:46	+01:25:25	12:50
60	1123	Carlos Mendes	Individual	Senior Masculino	03:11:18	+01:36:56	13:40
61	1230	Filipe Oliveira	Malhos e Pedais Soltos	Senior Masculino	03:13:42	+01:39:21	13:50
62	1268	Elton Teixeira	Nova linha trail runners	Senior Masculino	03:13:45	+01:39:24	13:50
63	1128	Gabriel Gomes	Individual	Senior Masculino	03:15:47	+01:41:26	13:59
64	1126	Daniel Amaral	Individual	Senior Masculino	03:16:59	+01:42:38	14:04
65	1117	Abel Cardoso	Individual	Senior Masculino	03:27:26	+01:53:05	14:49
66	1075	joao pinto	Gang da Pedra	Senior Masculino	03:30:16	+01:55:55	15:01
67	1136	Ricardo Fonseca	Individual	Senior Masculino	03:30:28	+01:56:06	15:02
68	1271	Paulo Barros	Nova linha trail runners	Senior Masculino	03:30:44	+01:56:22	15:03
69	1124	Carlos Ribeiro	Individual	Senior Masculino	03:30:47	+01:56:26	15:03
70	1374	Henrique Pereira	TURBOLENTOS	Senior Masculino	03:32:04	+01:57:43	15:09
71	149	Rui Jorge Macedo Marinho	Individual	Senior Masculino	03:56:44	+02:22:23	16:55
72	1141	Thiago Pereira	Individual	Senior Masculino	03:59:16	+02:24:55	17:05

Sub 23 Feminino

1	1323	Beatriz Moura	Ribeiras Trail	Sub 23 Feminino	02:21:33		10:07

Sub 23 Masculino

1	1145	Carlos Carneiro	CINFÃES A CORRER	Sub 23 Masculino	01:38:21		07:01
2	1049	Francisco Silva	CINFÃES A CORRER	Sub 23 Masculino	01:44:32	+06:11	07:28
3	1146	Diogo Francisco Pereira Soares	Individual	Sub 23 Masculino	02:08:14	+29:53	09:10
4	1147	Ricardo Vieira	Individual	Sub 23 Masculino	03:05:32	+01:27:11	13:15

Veterana F40

1	1092	Mafalda Valente	Geocrosstrail	Veterana F40	02:38:42		11:20
2	1007	Alice Barbosa Pereira	A. D. Amarante	Veterana F40	02:42:16	+03:34	11:35
3	1228	Sandra Manuela Moreira Martins	Lusavouga trail running	Veterana F40	02:46:06	+07:24	11:52
4	1150	Joana Fátima de Sousa Castro Neves Almeida	Individual	Veterana F40	02:51:16	+12:34	12:14
5	1089	Ivone Cátia Martins Rocha	Gens S.C. Trail	Veterana F40	03:14:12	+35:29	13:52
6	1078	Marisa Pinheiro	Gansos	Veterana F40	03:16:07	+37:25	14:00
7	1308	Vera Nogueira	Pupilos do Zé Tó	Veterana F40	03:36:20	+57:38	15:27
8	1351	Joaquina Silva	Sport Clube Freamunde	Veterana F40	03:36:30	+57:48	15:28
9	1392	Patrícia Rocha	Individual	Veterana F40	03:46:31	+01:07:49	16:11
10	1149	Gicélia Queiroz Mendes	Individual	Veterana F40	03:59:14	+01:20:32	17:05

11	1152	Sónia Sousa	Individual	Veterana F40	04:00:56	+01:22:14	17:13

Veterana F45

1	1159	Paula Cristina Branco Rocha	Individual	Veterana F45	02:51:18		12:14
2	1326	Rosa Almeida	Ribeiras Trail	Veterana F45	02:52:40	+01:21	12:20
3	1079	Florinda Carvalho	Gansos	Veterana F45	03:05:28	+14:09	13:15
4	1155	Carla Morais	Individual	Veterana F45	03:06:20	+15:01	13:19
5	1387	Carla Santos	Individual	Veterana F45	03:13:07	+21:48	13:48
6	1337	Patricia Fernandes	Roliços	Veterana F45	03:20:05	+28:46	14:17
7	1153	Andreia Ribeiro	Individual	Veterana F45	03:25:50	+34:31	14:42
8	1156	Marisa Gomes	Individual	Veterana F45	04:02:24	+01:11:05	17:19
9	1160	Sónia Neves	Individual	Veterana F45	04:13:22	+01:22:04	18:06
10	1158	Patrícia Martins	Individual	Veterana F45	04:13:23	+01:22:04	18:06
11	1324	Alexandra Martins	Ribeiras Trail	Veterana F45	04:25:09	+01:33:50	18:56

Veterana F50

1	1238	Margarida Oliveira	MSS Contabilidade Trail Team	Veterana F50	02:13:54		09:34
2	1164	Paula Gualter	Individual	Veterana F50	02:36:45	+22:50	11:12
3	1061	Cristina Silva	Diurban trail	Veterana F50	02:40:03	+26:09	11:26
4	152	Paula Alvadia	Valongo trail team	Veterana F50	02:43:53	+29:58	11:42
5	1294	Elizabete Loureiro	Porto Sentido Runners	Veterana F50	02:47:44	+33:50	11:59
6	1328	Rosa Gama	Ribeiras Trail	Veterana F50	02:52:41	+38:46	12:20
7	1165	Paula Oliveira	Individual	Veterana F50	02:54:08	+40:13	12:26
8	1093	Paula Almeida	Geocrosstrail	Veterana F50	03:00:42	+46:48	12:54
9	1163	Paula Cunha	Individual	Veterana F50	03:02:13	+48:18	13:01
10	1261	Fatima Sousa	Never ALONE	Veterana F50	03:05:49	+51:55	13:16
11	1273	Amália Monteiro	Nova Linha Trail Runners	Veterana F50	03:23:11	+01:09:17	14:31
12	1327	Paula Santos	Ribeiras Trail	Veterana F50	03:24:18	+01:10:23	14:36
13	1340	Claudia Valente	São Teams	Veterana F50	03:33:40	+01:19:46	15:16
14	1003	Cláudia Meireles	100Pernas Team	Veterana F50	03:50:46	+01:36:52	16:29
15	1002	Anabela Oliveira	100Pernas Team	Veterana F50	03:50:46	+01:36:52	16:29
16	83	Bi Lima	Individual	Veterana F50	03:50:47	+01:36:52	16:29
17	1050	Cândida Vilas-Boas	Clube Zupper	Veterana F50	03:52:26	+01:38:32	16:36
18	1080	Paula Ferreira	Gansos	Veterana F50	03:53:07	+01:39:13	16:39
19	1295	Luísa Marques	Porto Sentido Runners	Veterana F50	04:02:00	+01:48:05	17:17
20	1382	Cristina Coelho	Wolves	Veterana F50	04:03:44	+01:49:50	17:25
21	1162	Dina Gonçalves	Individual	Veterana F50	04:13:25	+01:59:31	18:06

Veterana F55

1	1064	Maria Teixeira	EASY centro de fitness	Veterana F55	02:51:01		12:13
2	1081	Adriana Abreu	Gansos	Veterana F55	02:57:25	+06:23	12:40

3	1166	Maria de Fátima Marques Ribeiro	Individual	Veterana F55	03:09:22	+18:21	13:32
4	1388	Rosa Costa	Individual	Veterana F55	03:42:06	+51:05	15:52
5	1343	Conceição Pinto	São Teams	Veterana F55	03:42:23	+51:22	15:53
6	1083	Flor Ribeiro	Gansos	Veterana F55	04:08:07	+01:17:06	17:43

Veterana F60

1	1084	Fernanda Santos	Gansos	Veterana F60	03:51:06		16:30

Veterano M40

1	1281	Nelson Loureiro	Opraticante.pt	Veterano M40	01:27:34		06:15
2	1177	Paulo Nogueira	Individual	Veterano M40	01:35:00	+07:26	06:47
3	1062	Antonio Vieira	Diurban Trail	Veterano M40	01:39:07	+11:33	07:05
4	1018	David ramalho	Adsebolido Trail	Veterano M40	01:39:32	+11:58	07:07
5	1353	Bruno Silva	Sportaz btt isolamais	Veterano M40	01:46:10	+18:36	07:35
6	1240	Bruno Rocha	MSS Contabilidade Trail Team	Veterano M40	01:48:27	+20:53	07:45
7	1170	BRUNO MANUEL VIEIRA DA COSTA	Individual	Veterano M40	01:48:35	+21:01	07:45
8	1331	Bruno Pires	Ribeiras Trail	Veterano M40	01:49:28	+21:54	07:49
9	1368	Bruno Ferreira	Turbo kings 2.0/ AD Ancede	Veterano M40	01:56:12	+28:38	08:18
10	1178	Paulo Silva	Individual	Veterano M40	01:56:31	+28:56	08:19
11	1012	Bruno Moreira	AD Marco 09	Veterano M40	01:56:56	+29:22	08:21
12	1367	António Manuel Pinheiro Teixeira	Turbo kings 2.0/ AD Ancede	Veterano M40	02:00:27	+32:53	08:36
13	1330	Bruno Mota	Ribeiras Trail	Veterano M40	02:01:04	+33:30	08:39
14	1276	Raul Moura	Nova linha trail runners	Veterano M40	02:01:47	+34:13	08:42
15	1376	Carlos Oliveira	TURBOLENTOS	Veterano M40	02:03:09	+35:35	08:48
16	1176	Nuno morais	Individual	Veterano M40	02:04:01	+36:27	08:51
17	1242	José Conceição	MSS Contabilidade Trail Team	Veterano M40	02:07:33	+39:59	09:07
18	19	Roberto Freitas	Adsebolido Trail	Veterano M40	02:12:00	+44:26	09:26
19	1036	Rui Paquete	Carcavelos Caravela Seguros	Veterano M40	02:12:06	+44:31	09:26
20	1174	José lemos	Individual	Veterano M40	02:12:43	+45:09	09:29
21	1070	Manuel Gonçalves	Fojo Trail Team	Veterano M40	02:14:05	+46:31	09:35
22	1076	Paulo Torres	Gang da Pedra	Veterano M40	02:15:06	+47:32	09:39
23	1014	Alexandre Ribeiro	Adosa - Os Santa Apolónia	Veterano M40	02:16:11	+48:37	09:44
24	1229	Mario Lima	Magic friends runners/amitorre	Veterano M40	02:19:22	+51:48	09:57
25	1175	Miguel Santos	Individual	Veterano M40	02:21:09	+53:35	10:05
26	1069	Flávio Pinto	Fojo Trail Team	Veterano M40	02:25:47	+58:13	10:25
27	1275	Filipe silva	Nova linha trail runners	Veterano M40	02:26:16	+58:42	10:27
28	1171	Bruno Sanguedo	Individual	Veterano M40	02:32:32	+01:04:58	10:54
29	1355	Tiago João Gonçalves Serrano	Tontos Team	Veterano M40	02:34:10	+01:06:36	11:01
30	1329	Andre Cruz	Ribeiras Trail	Veterano M40	02:35:28	+01:07:54	11:06
31	1370	Manuel Teixeira	Turbo kings 2.0/ AD Ancede	Veterano M40	02:36:51	+01:09:17	11:12
32	1369	Hélder Bruno da Silva Serdoura	Turbo kings 2.0/ AD Ancede	Veterano M40	02:39:40	+01:12:06	11:24
33	1065	João Almeida	Estronca Silvas	Veterano M40	02:41:25	+01:13:51	11:32
34	1383	pedro paiva	Pupilos do Zé-Tó	Veterano M40	02:41:43	+01:14:09	11:33
35	1354	Ricardo Loureiro	Team Brothers	Veterano M40	02:44:16	+01:16:42	11:44

36	1239	Alberto Vitelo	MSS Contabilidade Trail Team	Veterano M40	02:48:47	+01:21:12	12:03
37	1009	Marco Paulo Ribeiro Nunes	A. D. Amarante	Veterano M40	02:51:48	+01:24:14	12:16
38	1169	Bernardino Miranda	Individual	Veterano M40	02:54:12	+01:26:38	12:27
39	1296	Bruno Guedes	Porto Sentido Runners	Veterano M40	02:56:49	+01:29:15	12:38
40	1031	Carlos Manuel Ferreira Martins	Box Ideal Runing	Veterano M40	03:03:00	+01:35:26	13:04
41	1375	André Pereira	TURBOLENTOS	Veterano M40	03:03:54	+01:36:20	13:08
42	1004	Fernando Silva Oliveira	100Pernas Team	Veterano M40	03:13:26	+01:45:52	13:49
43	1232	Pedro Almeida	Malhos e pedais soltos	Veterano M40	03:13:43	+01:46:09	13:50
44	1090	Nuno Filipe Reis Neves	Gens S.C. Trail	Veterano M40	03:14:12	+01:46:38	13:52
45	1180	Sérgio Amaral	Individual	Veterano M40	03:52:07	+02:24:33	16:35
46	1338	José Andrade	Roliços	Veterano M40	04:00:34	+02:33:00	17:11
47	1085	Vítor Sousa	Gansos	Veterano M40	04:01:05	+02:33:31	17:13

Veterano M45

1	1381	Marco Faria	Vizela Corre	Veterano M45	01:26:29		06:11
2	1251	RUI MANUEL DE ALVIM FERNANDES DE SOUSA	MSS Contabilidade Trail Team	Veterano M45	01:43:57	+17:28	07:26
3	1352	Carlos Silva	Sport Clube Freamunde	Veterano M45	01:48:12	+21:43	07:44
4	1245	Fábio Sufiatti	MSS Contabilidade Trail Team	Veterano M45	01:48:48	+22:19	07:46
5	1309	Humberto Rodrigues	Pupilos do Zé Tó	Veterano M45	01:54:49	+28:20	08:12
6	1185	Filipe Escobar	Individual	Veterano M45	02:01:50	+35:21	08:42
7	1189	José Ribeiro	Individual	Veterano M45	02:04:29	+38:00	08:54
8	1195	marco duarte	Individual	Veterano M45	02:05:18	+38:49	08:57
9	1371	Alessandro Moura	Turbo kings 2.0/ AD Ancede	Veterano M45	02:08:18	+41:49	09:10
10	1197	Pedro Gaio	Individual	Veterano M45	02:08:37	+42:08	09:11
11	1247	José Salas	MSS Contabilidade Trail Team	Veterano M45	02:09:45	+43:16	09:16
12	1198	Sergio Sousa	Individual	Veterano M45	02:11:22	+44:53	09:23
13	1194	Manuel Fernando dos Santos Oliveira	Individual	Veterano M45	02:16:42	+50:13	09:46
14	1297	Albino Pires	Porto Sentido Runners	Veterano M45	02:18:57	+52:28	09:56
15	1248	Manuel Ferreira	MSS Contabilidade Trail Team	Veterano M45	02:19:20	+52:51	09:57
16	1277	Carlos Lameiras	Nova Linha Trail Runners	Veterano M45	02:19:28	+52:59	09:58
17	1098	Paulo Alves	Gondomar Futsal Clube	Veterano M45	02:20:52	+54:23	10:04
18	1357	Manuel Fernando Sousa Garcês	Trail Snakes	Veterano M45	02:21:12	+54:43	10:05
19	1226	Mário Moura	Leões de Tardariz Trail	Veterano M45	02:22:46	+56:17	10:12
20	1186	Francisco Rocha Soares	Individual	Veterano M45	02:26:14	+59:45	10:27
21	1179	Flávio Alexandre Martins França	Individual	Veterano M45	02:26:15	+59:46	10:27
22	1332	Diamantino Martins	Ribeiras Trail	Veterano M45	02:27:54	+01:01:25	10:34
23	1192	Luis Gomes	Individual	Veterano M45	02:28:31	+01:02:02	10:37
24	1286	Sérgio Gomes	Os Preguiças Team	Veterano M45	02:29:17	+01:02:48	10:40
25	1188	Jorge Silva	Individual	Veterano M45	02:32:58	+01:06:29	10:56
26	1019	Ricardo Sousa	Adsebolido Trail	Veterano M45	02:34:37	+01:08:08	11:03
27	1094	Ricardo Godinho	Geocrosstrail	Veterano M45	02:37:37	+01:11:08	11:16
28	1191	José Silva	Individual	Veterano M45	02:39:08	+01:12:39	11:22
29	1010	Albano Coelho	A. D. Amarante	Veterano M45	02:42:16	+01:15:47	11:35
30	1299	Miguel Silva	Porto Sentido Runners	Veterano M45	02:47:44	+01:21:15	11:59

31	1187	Jorge cruz	Individual	Veterano M45	02:48:26	+01:21:57	12:02
32	1298	Filipe Ferreira	Porto Sentido Runners	Veterano M45	02:48:48	+01:22:19	12:03
33	1032	Nuno Miguel Preira Mota	Box Ideal Runing	Veterano M45	02:49:31	+01:23:02	12:06
34	1196	Miguel Silva	Individual	Veterano M45	02:52:13	+01:25:44	12:18
35	1246	João Nuno Sousa	MSS Contabilidade Trail Team	Veterano M45	03:01:55	+01:35:26	13:00
36	1037	Miguel Barqueiro	Carcavelos Caravela seguros	Veterano M45	03:05:42	+01:39:13	13:16
37	1333	Nuno Almeida	Ribeiras Trail	Veterano M45	03:06:50	+01:40:21	13:21
38	1095	Rui Moreira	Geocrosstrail	Veterano M45	03:12:32	+01:46:03	13:45
39	1386	Bruno Santos	Individual	Veterano M45	03:13:04	+01:46:35	13:47
40	1190	Jose Salgueiro	Individual	Veterano M45	03:13:43	+01:47:14	13:50
41	1391	Pedro Mendes	Individual	Veterano M45	03:46:31	+02:20:02	16:11
42	1005	Sérgio Oliveira	100Pernas Team	Veterano M45	03:50:46	+02:24:17	16:29
43	1181	Artur Fonseca	Individual	Veterano M45	03:53:01	+02:26:32	16:39
44	1184	Eduardo Beniigno	Individual	Veterano M45	04:01:26	+02:34:57	17:15
45	1289	RUI LUIS PEREIRA	Porto Editora	Veterano M45	04:25:09	+02:58:40	18:56

Veterano M50

1	1020	Alcino Silva	Adsebolido Trail	Veterano M50	01:39:53		07:08
2	1227	José Loureiro	Leões de tardariz trail	Veterano M50	01:48:11	+08:18	07:44
3	1254	Luís Silvestre	MSS Contabilidade Trail Team	Veterano M50	01:54:25	+14:31	08:10
4	1027	Fernando Moreira	AMIGOS DO TRAIL MESÃO	Veterano M50	02:00:27	+20:33	08:36
5	1393	Rui Paulo Lopes Diniz da Silva	Individual	Veterano M50	02:05:46	+25:53	08:59
6	1372	Zé Augusto	Turbo kings 2.0/ AD Ancede	Veterano M50	02:08:09	+28:16	09:09
7	1038	Augusto Ferreira	Carcavelos Caravela Seguros	Veterano M50	02:12:22	+32:29	09:27
8	1200	António Gomes	Individual	Veterano M50	02:17:22	+37:29	09:49
9	1201	António Pereira	Individual	Veterano M50	02:20:30	+40:36	10:02
10	1253	Laurindo Moreira	MSS Contabilidade Trail Team	Veterano M50	02:21:34	+41:41	10:07
11	1311	antonio ferreira	Pupilos do Zé Tó	Veterano M50	02:23:59	+44:06	10:17
12	1039	Paulo Manuel Pereira Faria	Carcavelos Caravela seguros	Veterano M50	02:28:05	+48:12	10:35
13	1204	José Carlos Lopes Paulino	Individual	Veterano M50	02:31:04	+51:11	10:47
14	1021	Domingos Maurício Santos Ferreira	Adsebolido Trail	Veterano M50	02:32:47	+52:54	10:55
15	1202	Armando Almeida	Individual	Veterano M50	02:34:29	+54:36	11:02
16	1313	José Rodrigues	Pupilos do Zé Tó	Veterano M50	02:41:43	+01:01:50	11:33
17	1063	Fernando Oliveira	Diurban Trail	Veterano M50	02:47:24	+01:07:31	11:57
18	1208	Vítor Cruz	Individual	Veterano M50	02:50:20	+01:10:27	12:10
19	1206	Paulo Seabra	Individual	Veterano M50	02:52:08	+01:12:15	12:18
20	1025	ANTONIO NUNES	AMIGOS DO TRAIL MESÃO	Veterano M50	02:56:19	+01:16:26	12:36
21	1302	Rui Teixeira	Porto Sentido Runners	Veterano M50	02:56:48	+01:16:55	12:38
22	1096	Vitor Moreira	Geocrosstrail	Veterano M50	03:00:42	+01:20:48	12:54
23	1252	António Luís	MSS Contabilidade Trail Team	Veterano M50	03:01:13	+01:21:20	12:57
24	1314	Pedro Pombal	Pupilos do Zé Tó	Veterano M50	03:04:13	+01:24:20	13:10
25	1262	Filipe Machado	Never ALONE	Veterano M50	03:05:25	+01:25:32	13:15
26	156	Alcino Tavares	Gansos	Veterano M50	03:05:28	+01:25:35	13:15
27	1263	Lino João Silva Cardoso	Never ALONE	Veterano M50	03:05:49	+01:25:56	13:16
28	1207	Rui Moreira	Individual	Veterano M50	03:12:05	+01:32:12	13:43

29	1203	Eduardo Castro	Individual	Veterano M50	03:12:53	+01:32:59	13:47
30	1040	Vitor Sousa	Carcavelos Caravela seguros	Veterano M50	03:18:21	+01:38:28	14:10
31	1384	António Manuel Nogueira Gomes Moura	Individual	Veterano M50	03:23:46	+01:43:53	14:33
32	1199	António Couto	Individual	Veterano M50	03:42:31	+02:02:37	15:54
33	1345	Mohammed Moudnib	São Teams	Veterano M50	03:51:34	+02:11:41	16:32
34	1087	Carlos Anjos	Gansos	Veterano M50	04:01:04	+02:21:11	17:13
35	1300	Jorge Pereira	Porto Sentido Runners	Veterano M50	04:01:59	+02:22:06	17:17
36	1317	Luís Matos	Rebeldes Trail	Veterano M50	04:08:00	+02:28:07	17:43
37	1318	Manuel Jorge	Rebeldes Trail	Veterano M50	04:22:54	+02:43:01	18:47

Veterano M55

1	1071	Belmiro Ferreira	G.D. Leões da Guarda - LION RUNNERS	Veterano M55	01:45:57		07:34
2	1336	Mário Gonçalves	Ribeiras Trail	Veterano M55	01:57:20	+11:22	08:23
3	1225	José Graça	KeMedo Team	Veterano M55	02:00:29	+14:31	08:36
4	1257	José Marques	MSS Contabilidade Trail Team	Veterano M55	02:10:17	+24:19	09:18
5	1041	David Sousa	Carcavelos Caravela seguros	Veterano M55	02:17:26	+31:28	09:49
6	1209	Adao bessa	Individual	Veterano M55	02:18:10	+32:13	09:52
7	1023	Joaquim Cunha	Águas do Porto - Casa dos Trabalhadores	Veterano M55	02:21:54	+35:56	10:08
8	1305	Valdemar Carvalho	Porto Sentido Runners	Veterano M55	02:22:47	+36:50	10:12
9	1256	Asdrubal Freitas	MSS Contabilidade Trail Team	Veterano M55	02:24:13	+38:15	10:18
10	1335	José Moura	Ribeiras Trail	Veterano M55	02:32:39	+46:42	10:54
11	1347	Jose Eduardo Fernandes	São Teams	Veterano M55	02:33:22	+47:25	10:57
12	1212	João Oliveira	Individual	Veterano M55	02:45:56	+59:58	11:51
13	1346	Fernando Oliveira	São Teams	Veterano M55	02:56:52	+01:10:54	12:38
14	1011	Antônio Gonçalves	A. D. Amarante	Veterano M55	03:05:26	+01:19:28	13:15
15	1348	Ricardo Beirão	São Teams	Veterano M55	03:33:39	+01:47:42	15:16
16	1303	Carlos Calheiros	Porto Sentido Runners	Veterano M55	03:34:47	+01:48:49	15:20
17	1088	Alfredo Sista	Gansos	Veterano M55	03:53:07	+02:07:09	16:39
18	1211	Henrique Gomes	Individual	Veterano M55	04:02:26	+02:16:28	17:19

Veterano M60

1	1035	Fernando Seabra	Caminhadas da Amizade	Veterano M60	01:56:31		08:19
2	1234	Mário Oliveira	Milheirós de Poiares	Veterano M60	02:05:03	+08:32	08:56
3	1218	José Manuel Pinto Gomes	Individual	Veterano M60	02:14:32	+18:01	09:37
4	1315	Manuel Ferreira	Pupilos do Zé Tó	Veterano M60	02:16:27	+19:56	09:45
5	1258	Manuel Póvoas	MSS Contabilidade Trail Team	Veterano M60	02:16:38	+20:07	09:46
6	1358	José Alves	Trail Snakes	Veterano M60	02:16:55	+20:24	09:47
7	12	Carlos Macedo	A. D. Amarante	Veterano M60	02:28:18	+31:46	10:36
8	1215	Fernando Ferreira	Individual	Veterano M60	02:31:28	+34:57	10:49
9	1217	José Manuel Couto Pereira	Individual	Veterano M60	02:33:09	+36:38	10:56
10	1219	José Santos	Individual	Veterano M60	02:37:42	+41:11	11:16

14KM

14 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

11	1220	Lidio oliveira	Individual	Veterano M60	02:39:02	+42:30	11:22
12	1213	Agostinho Pedrosa	Individual	Veterano M60	02:51:25	+54:53	12:15
13	1042	Jacinto oliveira	Carcavelos Caravela seguros	Veterano M60	02:52:43	+56:12	12:20
14	1221	Nelson Nogueira	Individual	Veterano M60	02:55:07	+58:36	12:31
15	1260	Rui Moura	MSS Contabilidade Trail Team	Veterano M60	03:01:55	+01:05:24	13:00
16	1279	José Sousa	Nova Linha Trail Runners	Veterano M60	03:06:16	+01:09:44	13:18
17	1222	Nuno Monteiro	Individual	Veterano M60	03:26:43	+01:30:11	14:46
18	1028	Jorge Dik	AMIGOS DO TRAIL MESÃO	Veterano M60	03:46:35	+01:50:04	16:11

TEAM RESULTS - 14KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	CINFÃES A CORRER	3 + 6 + 12	21
2	MSS CONTABILIDADE TRAIL TEAM	11 + 20 + 22	53
3	TURBO KINGS 2.0/ AD ANCEDE	15 + 25 + 30	70
4	ADSEBOLIDO TRAIL	8 + 9 + 65	82
5	RIBEIRAS TRAIL	23 + 34 + 39	96
6	PUPILOS DO ZÉ TÓ	24 + 29 + 82	135
7	NOVA LINHA TRAIL RUNNERS	40 + 43 + 63	146
8	GANG DA PEDRA	26 + 77 + 98	201
9	CARCAVELOS CARAVELA SEGUROS	66 + 68 + 87	221
10	FOJO TRAIL TEAM	74 + 97 + 113	284
11	DIURBAN TRAIL	7 + 161 + 173	341
12	PORTO SENTIDO RUNNERS	92 + 110 + 174	376
13	A. D. AMARANTE	124 + 166 + 167	457
14	TURBOLENTOS	44 + 219 + 229	492
15	AMIGOS DO TRAIL MESÃO	36 + 200 + 282	518
16	GEOCROSSTRAIL	153 + 156 + 211	520
17	MALHOS E PEDAIS SOLTOS	76 + 243 + 244	563
18	SÃO TEAMS	142 + 206 + 271	619
19	GANSOS	208 + 209 + 223	640
20	NEVER ALONE	221 + 227 + 228	676
21	100PERNAS TEAM	242 + 285 + 286	813