

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
409	399	Jorge Santos	Pernas de Pau	01:15:55	+45:15	07:36	
410	445	Tiago Joaquim Carvalho Ferreira	União Académica de Avintes	01:15:57	+45:17	07:36	
411	304	Silvia Guedes	madugym	01:16:09	+45:29	07:37	
412	126	Marco André Cardoso Fernandes Carneiro	Grandvision	01:16:09	+45:29	07:37	
413	174	João Silva	Individual	01:16:13	+45:33	07:37	
414	108	Gabriel Ferreira	GDCIC	01:16:22	+45:42	07:38	
415	395	Etelvina Dourado	Pernas de Pau	01:16:25	+45:45	07:39	
416	139	Fabiana Oliveira	Individual	01:16:42	+46:02	07:40	
417	390	Ana Santos	Pernas de Pau	01:17:16	+46:36	07:44	
418	341	Ricardo Teixeira	madugym	01:17:42	+47:02	07:46	
419	29	Patricia Sousa	Associação Academia de Combate de Gaia	01:18:26	+47:46	07:51	
420	34	Arminda Pinto	Associação Academia de Combate de Gaia	01:18:26	+47:46	07:51	
421	175	João Torres	Individual	01:22:07	+51:27	08:13	
422	164	Fábio Grilo	Individual	01:22:07	+51:27	08:13	
423	138	Dayane Farias Barbosa	Individual	01:22:54	+52:14	08:17	
424	122	Bárbara Filipa Santos Rocha	Grandvision	01:23:14	+52:34	08:19	
425	345	Fernando Guedes	madugym	01:25:05	+54:25	08:31	
426	333	Maria Silveira	madugym	01:25:09	+54:29	08:31	
427	447	Leonor Brandão	VALOREM SEGUROS	01:26:50	+56:10	08:41	
428	454	Joana Pereira	VALOREM SEGUROS	01:26:51	+56:11	08:41	
429	302	Maria Pereira	madugym	01:27:56	+57:16	08:48	
430	388	Hermínia OLiveira	Os Pressinhas	01:28:25	+57:45	08:50	
431	460	MARTINHO SILVA	VALOREM SEGUROS	01:31:04	+01:00:24	09:06	

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

15	477	Maria dos anjos	Individual	Veterana F40	59:43	+29:03	05:58
16	412	Olga Malheiro	S. S. Montepio	Veterana F40	01:00:35	+29:55	06:04
17	393	Teresa Reis	Pernas de Pau	Veterana F40	01:00:46	+30:06	06:05
18	392	Ana Lopes	Pernas de Pau	Veterana F40	01:01:10	+30:29	06:07
19	354	Teresinha Castro	Nascidos Para Correr Ass. Desp.	Veterana F40	01:01:34	+30:54	06:09
20	455	SORAIA SILVA	VALOREM SEGUROS	Veterana F40	01:02:30	+31:49	06:15
21	276	Manuela Santos	JF Pedroso	Veterana F40	01:02:46	+32:05	06:17
22	328	Estela Macedo	madugym	Veterana F40	01:06:47	+36:07	06:41
23	478	Patricia Silva	Individual	Veterana F40	01:10:38	+39:57	07:04
24	128	Natália Ferreira Pinto Pereira	Grandvision	Veterana F40	01:11:18	+40:38	07:08
25	127	Maria Eduarda Fortuna de Pina	Grandvision	Veterana F40	01:12:05	+41:25	07:13
26	331	Sandra Gomes	madugym	Veterana F40	01:12:22	+41:42	07:14
27	329	Marisa Silva	madugym	Veterana F40	01:14:48	+44:07	07:29
28	330	Palmira Couto	madugym	Veterana F40	01:15:10	+44:29	07:31
29	34	Arminda Pinto	Associação Academia de Combate de Gaia	Veterana F40	01:18:26	+47:45	07:51
30	454	Joana Pereira	VALOREM SEGUROS	Veterana F40	01:26:50	+56:10	08:41

Veterana F50

1	467	Carla Mendes	ESCOLA DO MOVIMENTO	Veterana F50	43:32	+12:52	04:21
2	356	Rosa Pinto	Nascidos Para Correr Ass. Desp.	Veterana F50	46:29	+15:48	04:39
3	267	MATILDE BAPTISTA	JAM - Juventude Atlética Mozelense	Veterana F50	47:30	+16:50	04:45
4	119	Cristina Moura	GDCIC	Veterana F50	49:05	+18:24	04:55
5	205	Ana Cristina Neves	Individual	Veterana F50	49:50	+19:10	04:59
6	206	Cláudia Pimparel	Individual	Veterana F50	51:47	+21:07	05:11
7	1	Alice Couto	20 VER CORRER	Veterana F50	52:18	+21:37	05:14
8	207	Luciana Cox	Individual	Veterana F50	54:21	+23:41	05:26
9	120	Margarida neves	GDCIC	Veterana F50	54:43	+24:03	05:28
10	286	Deolinda Camarinha Silva	Ligeirinhos	Veterana F50	55:35	+24:55	05:34
11	287	Rosa Lúcia Silva	Ligeirinhos	Veterana F50	57:46	+27:06	05:47
12	47	ANA CASTRO	CAL - Clube Atletismo de Lamas	Veterana F50	58:58	+28:18	05:54
13	355	Alexandra Reboredo	Nascidos Para Correr Ass. Desp.	Veterana F50	59:03	+28:23	05:54
14	398	Sandra Batista	Pernas de Pau	Veterana F50	01:01:48	+31:07	06:11
15	129	Ana Paula Ribeiro Teixeira da Silva	Grandvision	Veterana F50	01:02:06	+31:26	06:13
16	394	Cristina Carlos	Pernas de Pau	Veterana F50	01:04:14	+33:34	06:25
17	397	Maria Silva	Pernas de Pau	Veterana F50	01:04:14	+33:34	06:25
18	332	Mª Jose Moura	madugym	Veterana F50	01:08:07	+37:27	06:49
19	265	Maria Alice Guimarães	INVICTA RUNNERES TEAM	Veterana F50	01:11:04	+40:24	07:06
20	396	Maria da luz	Pernas de Pau	Veterana F50	01:15:12	+44:32	07:31
21	395	Etelvina Dourado	Pernas de Pau	Veterana F50	01:16:25	+45:44	07:39
22	333	Maria Silveira	madugym	Veterana F50	01:25:08	+54:28	08:31
23	388	Hermínia OLiveira	Os Pressinhas	Veterana F50	01:28:24	+57:44	08:50

