

PROVA PRINCIPAL - STAGE 1**5000 METERS**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	11:00	33,8°C	25%
End	13:49	33,8°C	25%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	41	Hugo Alberto RIBEIRO	Leixoes	01:01:00.4		12:12	
2	59	Gustavo Pires MARQUES	Uniao Coimbra	01:01:03.2	+00:03	12:13	
3	55	Mariana Amaral MENDES	Sporting	01:01:06.3	+00:06	12:13	
4	35	Francisco Couto FRAZAO	Individual ANC	01:01:25.0	+00:25	12:17	
5	22	Guilherme Maia CARDOSO	Columbofila Cantanhedense	01:01:34.3	+00:34	12:19	
6	32	Tiago Andre CANELAS	Fluvial Portuense	01:01:54.2	+00:54	12:23	
7	34	Rodrigo Costa BORGES	Fluvial Portuense	01:02:25.5	+01:26	12:29	
8	53	Alexandre MORARI	Rio Maior	01:03:59.9	+03:00	12:48	
9	13	Diogo Barbosa NUNES	Colegio Efanor	01:04:10.1	+03:10	12:50	
10	27	Jose Miguel MARQUES	Condeixa Clube	01:04:11.3	+03:11	12:50	
11	48	Marco Dimitar OLIVEIRA	Nautico Academico	01:04:15.7	+03:16	12:51	
12	58	Carolina Pereira VIANA	Sporting	01:04:19.0	+03:19	12:52	
13	56	Daniel Nogueira CATALAO	Sporting	01:04:20.4	+03:20	12:52	
14	20	Tiago Miguel TROMBINHAS	Colegio Monte Maior	01:04:22.2	+03:22	12:52	
15	21	Joao Neves LUCAS	Columbofila Cantanhedense	01:04:28.5	+03:29	12:54	
16	26	Duarte Cachulo MARQUES	Condeixa Clube	01:04:47.1	+03:47	12:57	
17	12	Joao Maria SOUSA	Braga	01:04:56.0	+03:56	12:59	
18	54	Jose Maria TEMUDO	Rio Maior	01:04:57.6	+03:58	13:00	
19	19	Rui Silva PEREIRA	Colegio Monte Maior	01:05:17.9	+04:18	13:04	
20	36	Goncalo Gualberto BARBARA	Lagoa AC	01:05:20.9	+04:21	13:04	
21	46	Marta Andre AGUILAR	Nautico Academico	01:05:25.4	+04:25	13:05	
22	24	Rafael Pereira RODRIGUES	Condeixa Clube	01:05:28.8	+04:29	13:06	
23	31	Margaux Verger GOURSON	Fluvial Portuense	01:06:44.2	+05:44	13:21	
24	28	Joana Francisca RODRIGUES	Condeixa Clube	01:06:45.0	+05:45	13:21	
25	121	Pedro Miguel SILVA	Colegio Monte Maior	01:07:20.2	+06:20	13:28	
26	30	Antonio Pedro MARTINS	CPFZ - Natacao	01:07:34.7	+06:35	13:31	
27	168	Joao Paulo RIBEIRO	Nautico de Leiria	01:07:35.8	+06:36	13:31	
28	11	David Ferreira SILVA	Academica de Coimbra	01:07:42.0	+06:42	13:32	
29	50	Marta Lima PIMENTEL	Porto	01:07:42.5	+06:43	13:33	
30	156	Goncalo Teixeira SANTOS	Nadadores dos Estoris	01:07:44.4	+06:44	13:33	
31	33	Maria Luis SA	Fluvial Portuense	01:07:47.3	+06:47	13:33	
32	45	Maria Neto FERREIRA	Nautico Academico	01:08:24.8	+07:25	13:41	
33	60	Renato Maria FERREIRA	Uniao Coimbra	01:08:27.5	+07:28	13:42	
34	57	Ricardo Freitas NETO	Sporting	01:08:48.8	+07:49	13:46	
35	42	Duarte Jose FERNANDES	Louzan Natacao/EFAPEL	01:09:00.5	+08:01	13:48	
36	18	Goncalo Morais GORDO	Colegio Monte Maior	01:10:09.0	+09:09	14:02	
37	16	Tomas Rocha DORES	Colegio Efanor	01:10:55.7	+09:56	14:11	
38	23	Helena Nunes RODRIGUES	Condeixa Clube	01:11:00.9	+10:01	14:12	
39	17	Rita Sofia NUNES	Colegio Efanor	01:11:03.6	+10:04	14:13	
40	129	Cristiano Almeida SANTOS	CPFZ - Natacao	01:11:51.1	+10:51	14:22	
41	14	Madalena Valente MOREIRA	Colegio Efanor	01:12:00.9	+11:01	14:24	
42	25	Salvador Correia PEREIRA	Condeixa Clube	01:12:09.6	+11:10	14:26	

Prova Principal

5000 METERS

OFFICIAL RESULT

5	64	Rita Cunha GOMES	Viana Natacao	AA1617 Feminino	01:20:39.6	+15:14	16:08
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AA1617 Masculino

1	35	Francisco Couto FRAZAO	Individual ANC	AA1617 Masculino	01:01:25.0		12:17
2	34	Rodrigo Costa BORGES	Fluvial Portuense	AA1617 Masculino	01:02:25.5	+01:00	12:29
3	53	Alexandre MORARI	Rio Maior	AA1617 Masculino	01:03:59.9	+02:34	12:48
4	27	Jose Miguel MARQUES	Condeixa Clube	AA1617 Masculino	01:04:11.3	+02:46	12:50
5	48	Marco Dimitar OLIVEIRA	Nautico Academico	AA1617 Masculino	01:04:15.7	+02:50	12:51
6	21	Joao Neves LUCAS	Columbofila Cantanhedense	AA1617 Masculino	01:04:28.5	+03:03	12:54
7	26	Duarte Cachulo MARQUES	Condeixa Clube	AA1617 Masculino	01:04:47.1	+03:22	12:57
8	54	Jose Maria TEMUDO	Rio Maior	AA1617 Masculino	01:04:57.6	+03:32	13:00
9	11	David Ferreira SILVA	Academica de Coimbra	AA1617 Masculino	01:07:42.0	+06:16	13:32
10	57	Ricardo Freitas NETO	Sporting	AA1617 Masculino	01:08:48.8	+07:23	13:46
11	42	Duarte Jose FERNANDES	Louzan Natacao/EFAPEL	AA1617 Masculino	01:09:00.5	+07:35	13:48
12	16	Tomas Rocha DORES	Colegio Efanor	AA1617 Masculino	01:10:55.7	+09:30	14:11

AA1819 Feminino

1	58	Carolina Pereira VIANA	Sporting	AA1819 Feminino	01:04:19.0		12:52
2	28	Joana Francisca RODRIGUES	Condeixa Clube	AA1819 Feminino	01:06:45.0	+02:26	13:21
3	50	Marta Lima PIMENTEL	Porto	AA1819 Feminino	01:07:42.5	+03:23	13:33
4	17	Rita Sofia NUNES	Colegio Efanor	AA1819 Feminino	01:11:03.6	+06:44	14:13
5	65	Daniela Silva LIGEIRO	Viana Natacao	AA1819 Feminino	01:14:56.0	+10:37	14:59
6	29	Mariana Carmo ROSA	Condeixa Clube	AA1819 Feminino	01:15:00.9	+10:41	15:00
7	39	Mariana Coelho SANTOS	Lagoa AC	AA1819 Feminino	01:16:54.4	+12:35	15:23

AA1819 Masculino

1	59	Gustavo Pires MARQUES	Uniao Coimbra	AA1819 Masculino	01:01:03.2		12:13
2	22	Guilherme Maia CARDOSO	Columbofila Cantanhedense	AA1819 Masculino	01:01:34.3	+00:31	12:19
3	20	Tiago Miguel TROMBINHAS	Colegio Monte Maior	AA1819 Masculino	01:04:22.2	+03:19	12:52
4	12	Joao Maria SOUSA	Braga	AA1819 Masculino	01:04:56.0	+03:52	12:59
5	30	Antonio Pedro MARTINS	CPFZ - Natacao	AA1819 Masculino	01:07:34.7	+06:31	13:31
6	60	Renato Maria FERREIRA	Uniao Coimbra	AA1819 Masculino	01:08:27.5	+07:24	13:42

Master A Feminino

1	101	Claudia Isabel SEMIAO	Academica de Coimbra	Master A Feminino	01:35:07.2		19:01
2	138	Catarina Matias MARCELINO	Grandola Sports	Master A Feminino	01:49:33.2	+14:25	21:55

Prova Principal

5000 METERS

OFFICIAL RESULT

3 140 Margarida Bleck REIS Individual ANNP Master G Feminino 01:53:22.0 +17:36 22:40

Master G Masculino

1	127	Joao Giao MARTINS	Colegio Monte Maior	Master G Masculino	01:27:52.5		17:35
2	154	Carlos Jorge OLIVEIRA	Masters de Almada	Master G Masculino	01:28:22.0	+00:29	17:40
3	139	Luis Miguel SARMENTO	Individual ANL	Master G Masculino	01:35:20.6	+07:28	19:04
4	111	Antonio Jorge MARTINHO	Academica de Coimbra	Master G Masculino	01:39:07.8	+11:15	19:50
5	110	Antonio Carlos CARITA	Academica de Coimbra	Master G Masculino	01:40:21.8	+12:29	20:04
6	152	Rui Manuel VELEZ	Luz e Vida	Master G Masculino	01:46:50.6	+18:58	21:22
7	112	Rui Manuel SILVA	Academica de Coimbra	Master G Masculino	01:52:46.2	+24:53	22:33

Master H Masculino

1	134	Paulo Francisco TORRES	Fluvial Portuense	Master H Masculino	01:32:04.9		18:25
2	164	Antonio Higino MARQUES	Nadadores dos Estoris	Master H Masculino	01:45:09.7	+13:04	21:02
3	143	Pedro Bruno MENESES	Leixoes	Master H Masculino	01:49:55.1	+17:50	21:59
4	165	Jose Luis CORREIA	Nadadores dos Estoris	Master H Masculino	01:58:30.5	+26:25	23:42
5	114	Paulo Jose PATRAO	Alges	Master H Masculino	02:20:02.2	+47:57	28:00

Master I Masculino

1	135	Oscar Filipe GONCALVES	Fluvial Portuense	Master I Masculino	01:46:01.4		21:12
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Master J Masculino

1	155	Carlos Augusto CORREIA	Masters de Almada	Master J Masculino	01:56:31.3		23:18
2	116	Domingos Pinto COELHO	Alges	Master J Masculino	02:02:00.0	+05:28	24:24
3	128	Mario Jorge MELO	Colegio Monte Maior	Master J Masculino	02:05:46.6	+09:15	25:09

Master K Masculino

1	117	Alexandre Azevedo GASPAR	Alges	Master K Masculino	02:45:00.7		33:00
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Open / Campeonato Nacional de Verão Águas Abertas 4 x 750m Estafeta Mista

Classificação Absoluta Open

	Clube	Nadadores	Ano Nasc.	M/ F	Tempo
1º	Condeixa	Joana Rodrigues	2004	F	00:41:54.03
		José marques	2006	M	
		Helena Rodrigues	2003	F	
		Duarte Marques	2007	M	
2º	CFP	Maria Sá	2006	F	00:41:56.05
		Tiago Canelas	2008	M	
		Rodrigo Borges	2007	M	
		Margaux Gourson	1995	F	
3º	Sporting	António Vieira	2006	M	00:42:04.67
		Daniel Catalão	2000	M	
		Carolina Viana	2004	F	
		Mariana Mendes	2002	F	
4º	EFANOR	Tomás Dores	2007	M	00:45:14.72
		Rita Nunes	2005	F	
		Madalena Moreira	2009	F	
		Diogo Nunes	2000	M	
5º	Viana NC	Vânia Neves	1990	F	00:48:06.06
		Daniela Ligeiro	2005	F	
		João Rocha	2004	M	
		António Vitorino	1996	M	
DSQ	Sertã	Francisco Ribeiro		M	DSQ
		Daniela Neves		F	
		Salomé Dias		F	
		Diogo Lourenço		M	

Classificação Absoluta Campeonato Nacional AA

	Clube	Nadadores	Ano Nasc.	M/ F	Tempo
1º	Condeixa	Joana Rodrigues	2004	F	00:41:54.03
		José marques	2006	M	
		Helena Rodrigues	2003	F	
		Duarte Marques	2007	M	
2º	Sporting	António Vieira	2006	M	00:42:04.67
		Daniel Catalão	2000	M	
		Carolina Viana	2004	F	
		Mariana Mendes	2002	F	
3º		Tomás Dores	2007	M	00:45:14.72

EFANOR	Rita Nunes	2005	F
	Madalena Moreira	2009	F
	Diogo Nunes	2000	M

4º	Viana NC	Vânia Neves	1990	F
		Daniela Ligeiro	2005	F
		João Rocha	2004	M
		António Vitorino	1996	M

DSQ	Sertã	Francisco Ribeiro		M
		Daniela Neves		F
		Salomé Dias		F
		Diogo Lourenço		M

Classificação Grupo 1 (AA14/15 fem; AA15 masc; AA16/17 masc e fem)

	Clube	Nadadores	Data Nasc.	M/ F	Tempo
1º	CNAC	João Ferreira	2006	M	00:42:33.34
		Marco Oliveira	2007	M	
		Marta Aguilar	2007	F	
		Maria Ferreira	2006	F	
2º	AAC	Francisco Pereira	2008	M	00:49:23.03
		Ana Campos	2008	F	
		Rita Neves	2008	F	
		David Silva	2007	M	