

MEIA MARATONA - STAGE 1

21,098 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	17:00	23,1°C	68%
End	19:37	23,1°C	68%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	216	Bruno Lourenço	Vitória FC	01:17:02		03:39	
2	27	Rui Silva	Linda-A-Pastora Sporting Clube	01:21:52	+04:50	03:53	
3	224	PEDRO RIBEIRO	SR. CAMARNAL	01:22:05	+05:03	03:53	
4	236	Tiago Gomes Ribeiro Corvo Tiago Corvo	Individual	01:22:21	+05:19	03:54	
5	46	Henrique Janota	Caracóis de Pedra	01:22:43	+05:41	03:55	
6	119	João Pires	NAZABOBODA	01:23:15	+06:13	03:57	
7	230	Ricardo Duro	Individual	01:24:49	+07:47	04:01	
8	168	Marcos Francisco de Paula	Individual	01:24:50	+07:48	04:01	
9	245	Francisco Pedro	Individual	01:25:12	+08:10	04:02	
10	178	HELDER REBELO	FITARES ELECTRODOMESTICOS - RIO DE MOURO	01:25:34	+08:32	04:03	
11	37	Ivandro Carlos	Individual	01:26:14	+09:12	04:05	
12	124	José Carlos Camacho	Linda-A-Pastora Sporting Clube	01:26:45	+09:43	04:07	
13	26	João Ginja	Linda-A-Pastora Sporting Clube	01:26:45	+09:43	04:07	
14	188	João Silva	Individual	01:27:12	+10:10	04:08	
15	161	Paulo Costa	Individual	01:27:26	+10:24	04:09	
16	111	António Barbosa	Individual	01:27:55	+10:53	04:10	
17	34	Artur Pereira	Linda-A-Pastora Sporting Clube	01:28:20	+11:18	04:11	
18	61	David Karin	Associação Desportiva de Palmeiros Sintra	01:28:23	+11:21	04:11	
19	23	João Caldeira	Linda-A-Pastora Sporting Clube	01:28:39	+11:37	04:12	
20	63	Hugo Palmeiro	Individual	01:29:16	+12:14	04:14	
21	237	Miguel Sobral	As Corridas do Miguel	01:29:56	+12:54	04:16	
22	149	Nuno Delicado	Individual	01:30:04	+13:02	04:16	
23	8	João Libânio	Caracóis de Pedra	01:30:13	+13:11	04:17	
24	24	Hugo Domingos	Linda-A-Pastora Sporting Clube	01:30:22	+13:20	04:17	
25	181	João Caçador	Individual	01:30:29	+13:27	04:17	
26	70	Francisco Gonçalves	Associação Desportiva de Palmeiros Sintra	01:30:42	+13:40	04:18	
27	136	José Banha	Individual	01:30:46	+13:44	04:18	
28	226	Vitor Hugo	Vara Trail Running	01:31:24	+14:22	04:20	
29	65	Artur Oliveira	Associação Desportiva de Palmeiros Sintra	01:31:48	+14:46	04:21	
30	29	Jorge Pinho	Linda-A-Pastora Sporting Clube	01:32:06	+15:04	04:22	
31	240	Mafalda Martinho	Federação da Família para a Paz Mundial e Unificação	01:32:54	+15:52	04:24	
32	250	Bruno Brito	Individual	01:32:55	+15:53	04:24	
33	241	Pedro Pereira	Federação da Família para a Paz Mundial e Unificação	01:32:55	+15:53	04:24	
34	207	Zacarias Ribeiro	Individual	01:34:05	+17:03	04:28	
35	69	Nelson Fonseca	Associação Desportiva de Palmeiros Sintra	01:34:34	+17:32	04:29	
36	76	Simão Augusto	Linda-A-Pastora Sporting Clube	01:35:19	+18:17	04:31	
37	134	Daniel Rose	Individual	01:35:33	+18:31	04:32	
38	213	Desidério Carreira Pires	NFC Running Team	01:35:46	+18:44	04:32	
39	251	Nuno Vasco Melo	Individual	01:36:21	+19:19	04:34	

**MEIA MARATONA - STAGE 1****21,098 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
40	22	pedro leiria	Individual	01:36:36	+19:34	04:35	
41	247	Rui Henriques	Federação da Família para a Paz Mundial e Unificação	01:36:41	+19:39	04:35	
42	83	Diogo Alfarelos	Individual	01:36:55	+19:53	04:36	
43	203	Tiago Gabriel	Individual	01:37:27	+20:25	04:37	
44	17	Júlio Reis	Individual	01:37:46	+20:44	04:38	
45	125	Fábio Portela	Linda-A-Pastora Sporting Clube	01:38:36	+21:34	04:40	
46	176	Hélder Baptista	Free Runners/IDentPrint	01:38:50	+21:48	04:41	
47	197	Nuno Queija	CF "OS BELENENSES "	01:39:08	+22:06	04:42	
48	50	José Simões	Linda-A-Pastora Sporting Clube	01:39:22	+22:20	04:43	
49	239	Jaime Maurício	Demónios do Lizandro	01:39:39	+22:37	04:43	
50	153	Julio Fernandes	Grupo Desportivo Roche Portugal	01:39:41	+22:39	04:44	
51	177	Miguel Ginja	Individual	01:39:48	+22:46	04:44	
52	132	Tomás Gonçalves	Individual	01:39:55	+22:53	04:44	
53	68	Alexandre Lucas	Caracóis de Pedra	01:40:21	+23:19	04:45	
54	131	João Filipe	Individual	01:40:22	+23:20	04:45	
55	189	Tiago Almeida	Caracóis de Pedra	01:40:25	+23:23	04:46	
56	135	Eva Jacques	Individual	01:40:48	+23:46	04:47	
57	163	carlos viseu	Individual	01:41:27	+24:25	04:49	
58	172	Orlando Rebelo	Amigos do Atletismo de Mafra	01:41:46	+24:44	04:49	
59	108	Daniel Alves	Caracóis de Pedra	01:41:52	+24:50	04:50	
60	110	Joao Passeiro	Individual	01:42:38	+25:36	04:52	
61	182	Joaquim Ramalho	Individual	01:43:05	+26:03	04:53	
62	190	Rute Matos	RUN 4 FUN	01:43:08	+26:06	04:53	
63	179	Rui Correia	Individual	01:43:18	+26:16	04:54	
64	78	Nuno Torres	MTBA	01:43:36	+26:34	04:55	
65	234	Paulo Silva	Varitintas	01:43:53	+26:51	04:55	
66	64	Marco Lourenço	Free Runners/IDentPrint	01:44:00	+26:58	04:56	
67	109	Gabriel Gonçalves	Individual	01:45:05	+28:03	04:59	
68	147	Paulo Namorado	Amigos do Jojo	01:45:15	+28:13	04:59	
69	94	Carlos França	cad a correr	01:45:34	+28:32	05:00	
70	223	Rita Justino	Estoril Praia	01:45:35	+28:33	05:00	
71	191	Nuno Madureira	Individual	01:45:44	+28:42	05:01	
72	229	Goncalo Palminha	Individual	01:45:47	+28:45	05:01	
73	13	Nuno José Alves Cabeça	Individual	01:45:54	+28:52	05:01	
74	252	João Pastor	Individual	01:46:06	+29:04	05:02	
75	25	Su Raposo	Linda-A-Pastora Sporting Clube	01:46:36	+29:34	05:03	
76	144	Miguel Amaral	RUN 4 FUN	01:47:12	+30:10	05:05	
77	138	Fernando Rosete	RUN 4 FUN	01:47:24	+30:22	05:05	
78	228	Jose Almas	Individual	01:47:29	+30:27	05:06	
79	137	Paulo Silva	Individual	01:48:15	+31:13	05:08	
80	93	João Afonso Esteves Amaral	Individual	01:48:22	+31:20	05:08	
81	152	Ricardo Silva	Individual	01:48:46	+31:44	05:09	
82	145	Salvador Monteiro	Amigos do Jojo	01:48:55	+31:53	05:10	
83	38	Armando Parreira	Armanda Torriense	01:49:08	+32:06	05:10	
84	193	Nelson António Carlos Mota	Individual	01:49:08	+32:06	05:10	

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**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
85	55	Miguel Dias	SS CGD	01:49:10	+32:08	05:10	
86	32	Hugo Manuel Pinto Silveira	Linda-A-Pastora Sporting Clube	01:49:14	+32:12	05:11	
87	243	Isabel Santos	Federação da Família para a Paz Mundial e Unificação	01:49:25	+32:23	05:11	
88	211	Álvaro Santos	Individual	01:49:36	+32:34	05:12	
89	210	Túlio Coelho	Montes Saloios Trail Team	01:49:36	+32:34	05:12	
90	30	Paulo Lourinho	Individual	01:50:09	+33:07	05:13	
91	86	Luis Avó	Individual	01:50:37	+33:35	05:15	
92	85	João Pedro Silva	SS CGD	01:50:47	+33:45	05:15	
93	19	João Bogalheiro	NAZABOBODA	01:50:55	+33:53	05:15	
94	100	Filipe Boléo	CLUBE ANACOM	01:51:06	+34:04	05:16	
95	194	Catarina Pinto Carvalho	Individual	01:51:10	+34:08	05:16	
96	28	Miguel Sequeira	Linda-A-Pastora Sporting Clube	01:51:17	+34:15	05:16	
97	214	Sara Dias	CUA Benaventense - 3B Triatlo	01:51:18	+34:16	05:17	
98	186	Miguel San-Payo	RUN 4 FUN	01:51:27	+34:25	05:17	
99	102	Tiago Ramos	Individual	01:52:00	+34:58	05:19	
100	175	Tiago Costa Santos	RUN 4 FUN	01:52:00	+34:58	05:19	
101	3	Nuno Carioca	Individual	01:52:13	+35:11	05:19	
102	82	Nuno Sobral	Vara Trail Running	01:52:23	+35:21	05:20	
103	118	Mariia Bazhina	Individual	01:52:38	+35:36	05:20	
104	150	João Gomes Cardoso	Individual	01:52:47	+35:45	05:21	
105	112	Jorge amaro Chaves de Figueiredo	Individual	01:52:57	+35:55	05:21	
106	200	Nuno Barros	Prime Running Club	01:53:00	+35:58	05:21	
107	52	Filipe Pires	Individual	01:53:10	+36:08	05:22	
108	92	João Santos	Os Avec	01:53:12	+36:10	05:22	
109	91	Axel Del Lago	Os Avec	01:53:12	+36:10	05:22	
110	113	Angelo Luis	Individual	01:53:22	+36:20	05:22	
111	215	José Manuel Marques Luis	Clube Desportivo Mafra	01:53:26	+36:24	05:23	
112	183	António Vieira	Amigos Val Silêncio	01:54:00	+36:58	05:24	
113	198	Rui Lamego	Prime Running Club	01:54:27	+37:25	05:25	
114	103	helder manuel boto tavares	Varitintas	01:54:29	+37:27	05:26	
115	96	Maria Gribanova	Individual	01:54:34	+37:32	05:26	
116	233	Pedro Fontoura	Individual	01:54:35	+37:33	05:26	
117	195	Miguel Figueiredo	CLUBE ANACOM	01:54:53	+37:51	05:27	
118	167	joao crespo	Individual	01:54:58	+37:56	05:27	
119	151	Pedro Trabucho	Individual	01:55:05	+38:03	05:27	
120	121	Humberto Castanheira	Individual	01:55:19	+38:17	05:28	
121	199	Elsa Pires	Prime Running Club	01:55:34	+38:32	05:29	
122	126	Céu Carvalho	Amigos do Atletismo de Mafra	01:55:47	+38:45	05:29	
123	73	Renato Daniel Ruivo Morais	Individual	01:55:48	+38:46	05:29	
124	196	António Martinho	FIDELIDADE GDC	01:55:50	+38:48	05:29	
125	62	Ricardo Domingues	Caracóis de Pedra	01:55:57	+38:55	05:30	
126	227	Carlos Gouveia	Individual	01:56:50	+39:48	05:32	
127	159	Roberto Francisco Ferreira	Individual	01:56:56	+39:54	05:33	
128	129	Stephan Koenig	Individual	01:57:12	+40:10	05:33	
129	156	Luis Carvalho	Individual	01:57:33	+40:31	05:34	

**MEIA MARATONA - STAGE 1**

**21,098 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

<b>RANK</b>	<b>BIB</b>	<b>NAME</b>	<b>TEAM</b>	<b>RESULT</b>	<b>DIFF</b>	<b>t/KM</b>	<b>CARD</b>
130	208	Manuel Sardinha	Individual	01:58:15	+41:13	05:36	
131	219	Tafs Werneck Miranda Rosa	Individual	01:58:57	+41:55	05:38	
132	218	Rodrigo de Oliveira	Individual	01:58:57	+41:55	05:38	
133	225	Tiago Manuel Almeida Marques	Individual	01:59:07	+42:05	05:39	
134	89	Mauro Ruivo	Individual	01:59:18	+42:16	05:39	
135	10	Sérgio Pedro	Individual	01:59:23	+42:21	05:40	
136	166	Nuno Santiago	Individual	01:59:42	+42:40	05:40	
137	133	Anton Akentev	Individual	01:59:53	+42:51	05:41	
138	142	Carla Rebelo	RUN 4 FUN	02:00:13	+43:11	05:42	
139	75	José Neto	C.A.Vale Figueira	02:00:20	+43:18	05:42	
140	244	João Veiga	Individual	02:00:37	+43:35	05:43	
141	15	Susana Gomez	Valejas AC	02:00:38	+43:36	05:43	
142	47	Fernando Morais Santos	Salamandrecos	02:00:44	+43:42	05:43	
143	71	José Manuel Rato	60%VIP	02:01:01	+43:59	05:44	
144	157	Hugo Alves	Individual	02:01:14	+44:12	05:45	
145	146	João Pereira	Amigos do Jojo	02:01:33	+44:31	05:46	
146	16	Andreia Pereira	7ColinasRunners	02:01:39	+44:37	05:46	
147	7	Carlos Nabica	DUO RUN Sintra	02:01:45	+44:43	05:46	
148	58	Pedro Gomes	SS CGD	02:01:46	+44:44	05:46	
149	101	Sofia Boléo	CLUBE ANACOM	02:02:07	+45:05	05:47	
150	170	Hugo Guerreiro	Varitintas	02:02:16	+45:14	05:48	
151	162	Carlos Daniel Fernandes Catela Teixeira	Individual	02:02:46	+45:44	05:49	
152	158	José Costa Alves	Individual	02:03:16	+46:14	05:51	
153	43	Nuno Borges Pereira	Individual	02:04:19	+47:17	05:54	
154	202	Afonso Rodrigues	Individual	02:04:34	+47:32	05:54	
155	231	Afonso Acciaioli	Malta	02:04:55	+47:53	05:55	
156	45	Vasco Gonçalves	Individual	02:04:57	+47:55	05:55	
157	33	Célia Silva	Linda-A-Pastora Sporting Clube	02:05:04	+48:02	05:56	
158	5	Patrícia Gomes Pereira dos Santos	Montes Saloios Trail Team	02:05:18	+48:16	05:56	
159	117	Miguel Azevedo	PaiFilha	02:05:22	+48:20	05:57	
160	192	João Cruz	Individual	02:05:22	+48:20	05:57	
161	116	Carolina Azevedo	PaiFilha	02:05:22	+48:20	05:57	
162	105	Fábio Miguel Cavalheiro Freitas	Individual	02:05:29	+48:27	05:57	
163	232	José Pedro Granate	Malta	02:06:29	+49:27	06:00	
164	204	Cátia Luis	Salamandrecos	02:06:53	+49:51	06:01	
165	98	Filipe Azevedo Nunes	Individual	02:07:18	+50:16	06:02	
166	201	Teresa Sepúlveda	Individual	02:07:37	+50:35	06:03	
167	171	Nuno Marques	Runlovers	02:07:58	+50:56	06:04	
168	1	Henriqueta Solipa	Individual	02:08:21	+51:19	06:05	
169	212	Luís Miguel Sousa Gil Caldeira	Individual	02:08:47	+51:45	06:06	
170	99	Diogo Luzia	Individual	02:09:06	+52:04	06:07	
171	148	Teodoro Trindade	RUN 4 FUN	02:09:07	+52:05	06:07	
172	79	Hélder Pereira	Individual	02:09:11	+52:09	06:07	
173	130	Jorge Sousa	Salamandrecos	02:09:17	+52:15	06:08	
174	217	Pedro Afonso	Individual	02:09:29	+52:27	06:08	

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**21,098 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
175	238	Carlos Freitas	Individual	02:10:03	+53:01	06:10	
176	54	Jose s Guia.	SS CGD	02:10:16	+53:14	06:10	
177	77	Pedro Miguel C.C.Almeida	Individual	02:10:22	+53:20	06:11	
178	187	Sérgio Dias	Caracóis de Pedra	02:10:24	+53:22	06:11	
179	221	Diogo Leite	Individual	02:10:54	+53:52	06:12	
180	81	Vitor Mendes	Individual	02:11:01	+53:59	06:13	
181	123	Antonio Soares	Team Soares	02:11:06	+54:04	06:13	
182	164	Carlos Jesus	Individual	02:11:11	+54:09	06:13	
183	72	Ivo Claro	Individual	02:11:41	+54:39	06:15	
184	155	Jesus Anzola	Individual	02:12:26	+55:24	06:17	
185	165	Alexandre Sandinha	Individual	02:12:33	+55:31	06:17	
186	222	PEDRO MIGUEL CASTELHANO RODRIGUES	Individual	02:12:49	+55:47	06:18	
187	57	Adriana Machado	Individual	02:13:07	+56:05	06:19	
188	140	Jose Magalhaes	Individual	02:13:32	+56:30	06:20	
189	20	RICARDO SANCHEZ CNO	Clube Atletismo Amigos de Belém	02:14:32	+57:30	06:23	
190	53	Luciana Macedo	Individual	02:14:32	+57:30	06:23	
191	44	Mário Sobral	Individual	02:14:47	+57:45	06:23	
192	115	Rute Sobral	Individual	02:15:26	+58:24	06:25	
193	114	Sérgio Pontes	Individual	02:15:27	+58:25	06:25	
194	104	Susana Pacheco	Individual	02:17:12	+01:00:10	06:30	
195	220	Carlos Gonçalves	Individual	02:17:40	+01:00:38	06:32	
196	40	Paulo Sousa	Individual	02:17:42	+01:00:40	06:32	
197	74	Tiago Pires Vinhas	Individual	02:18:41	+01:01:39	06:34	
198	4	Maria da Luz Conchinha	Individual	02:19:58	+01:02:56	06:38	
199	248	António Almeida	Individual	02:22:34	+01:05:32	06:45	
200	67	ÁLVARO PINTO	REAL ACADEMIA	02:22:34	+01:05:32	06:45	
201	106	Vitor Gonçalves	4 ao Km	02:24:02	+01:07:00	06:50	
202	107	Isadora Costa	4 ao Km	02:24:02	+01:07:00	06:50	
203	184	Raquel Pestana Conceição	Individual	02:26:11	+01:09:09	06:56	
204	185	Guilherme Rodrigues	Individual	02:26:11	+01:09:09	06:56	
205	11	Francisco Amaro	Individual	02:26:21	+01:09:19	06:56	
206	36	Paulo Calvino	Individual	02:28:30	+01:11:28	07:02	
207	49	Graham Byron	Individual	02:31:02	+01:14:00	07:10	
208	56	Maria João Anastácio Alves	Individual	02:31:05	+01:14:03	07:10	
209	235	Gonçalo Graça	Individual	02:32:31	+01:15:29	07:14	
210	205	José Valentim	Individual	02:36:55	+01:19:53	07:26	

## TEAM RESULTS - MEIA RAMPA

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	ASSOCIAÇÃO DESPORTIVA DE PALMEIROS SINTRA	03:23:58 [3 + 12 + 37]	0
2	GRD RIBEIRA DA LAGE	04:04:42 [26 + 32 + 39]	0

**Meia Maratona**
**21,098 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	17:00	23,1°C	68%
End	19:37	23,1°C	68%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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**Senior Feminino**

1	240	Mafalda Martinho	Federação da Família para a Paz Mundial e Unificação	Senior Feminino	01:32:54		04:24
2	135	Eva Jacques	Individual	Senior Feminino	01:40:48	+07:53	04:47
3	214	Sara Dias	CUA Benaventense - 3B Triatlo	Senior Feminino	01:51:18	+18:23	05:17
4	118	Mariia Bazhina	Individual	Senior Feminino	01:52:38	+19:44	05:20
5	96	Maria Gribanova	Individual	Senior Feminino	01:54:34	+21:39	05:26
6	199	Elsa Pires	Prime Running Club	Senior Feminino	01:55:34	+22:39	05:29
7	219	Tafs Werneck Miranda Rosa	Individual	Senior Feminino	01:58:57	+26:02	05:38
8	16	Andreia Pereira	7ColinasRunners	Senior Feminino	02:01:39	+28:44	05:46
9	204	Cátia Luis	Salamandrecos	Senior Feminino	02:06:53	+33:59	06:01
10	53	Luciana Macedo	Individual	Senior Feminino	02:14:32	+41:38	06:23
11	107	Isadora Costa	4 ao Km	Senior Feminino	02:24:02	+51:07	06:50

**Senior Masculino**

1	216	Bruno Lourenço	Vitória FC	Senior Masculino	01:17:02		03:39
2	224	PEDRO RIBEIRO	SR. CAMARNAL	Senior Masculino	01:22:05	+05:02	03:53
3	236	Tiago Gomes Ribeiro Corvo Tiago Corvo	Individual	Senior Masculino	01:22:21	+05:19	03:54
4	230	Ricardo Duro	Individual	Senior Masculino	01:24:49	+07:47	04:01
5	37	Ivandro Carlos	Individual	Senior Masculino	01:26:14	+09:12	04:05
6	124	José Carlos Camacho	Linda-A-Pastora Sporting Clube	Senior Masculino	01:26:45	+09:43	04:07
7	8	João Libânio	Caracóis de Pedra	Senior Masculino	01:30:13	+13:11	04:17
8	181	João Caçador	Individual	Senior Masculino	01:30:29	+13:27	04:17
9	136	José Banha	Individual	Senior Masculino	01:30:46	+13:44	04:18
10	241	Pedro Pereira	Federação da Família para a Paz Mundial e Unificação	Senior Masculino	01:32:55	+15:53	04:24
11	207	Zacarias Ribeiro	Individual	Senior Masculino	01:34:05	+17:03	04:28
12	76	Simão Augusto	Linda-A-Pastora Sporting Clube	Senior Masculino	01:35:19	+18:17	04:31
13	251	Nuno Vasco Melo	Individual	Senior Masculino	01:36:21	+19:19	04:34
14	83	Diogo Alfarelos	Individual	Senior Masculino	01:36:55	+19:52	04:36
15	203	Tiago Gabriel	Individual	Senior Masculino	01:37:27	+20:24	04:37
16	125	Fábio Portela	Linda-A-Pastora Sporting Clube	Senior Masculino	01:38:36	+21:34	04:40
17	131	João Filipe	Individual	Senior Masculino	01:40:22	+23:20	04:45
18	147	Paulo Namorado	Amigos do Jojo	Senior Masculino	01:45:15	+28:13	04:59
19	93	João Afonso Esteves Amaral	Individual	Senior Masculino	01:48:22	+31:20	05:08
20	145	Salvador Monteiro	Amigos do Jojo	Senior Masculino	01:48:55	+31:53	05:10
21	32	Hugo Manuel Pinto Silveira	Linda-A-Pastora Sporting Clube	Senior Masculino	01:49:14	+32:11	05:11
22	175	Tiago Costa Santos	RUN 4 FUN	Senior Masculino	01:52:00	+34:58	05:19
23	200	Nuno Barros	Prime Running Club	Senior Masculino	01:53:00	+35:58	05:21

## Meia Maratona

**21,098 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

24	92	João Santos	Os Avec	Senior Masculino	01:53:12	+36:10	05:22
25	91	Axel Del Lago	Os Avec	Senior Masculino	01:53:12	+36:10	05:22
26	198	Rui Lamego	Prime Running Club	Senior Masculino	01:54:27	+37:25	05:25
27	62	Ricardo Domingues	Caracóis de Pedra	Senior Masculino	01:55:57	+38:55	05:30
28	159	Roberto Francisco Ferreira	Individual	Senior Masculino	01:56:56	+39:53	05:33
29	208	Manuel Sardinha	Individual	Senior Masculino	01:58:15	+41:13	05:36
30	89	Mauro Ruivo	Individual	Senior Masculino	01:59:18	+42:16	05:39
31	133	Anton Akentev	Individual	Senior Masculino	01:59:53	+42:50	05:41
32	244	João Veiga	Individual	Senior Masculino	02:00:37	+43:35	05:43
33	231	Afonso Acciaioli	Malta	Senior Masculino	02:04:55	+47:53	05:55
34	192	João Cruz	Individual	Senior Masculino	02:05:22	+48:20	05:57
35	105	Fábio Miguel Cavalheiro Freitas	Individual	Senior Masculino	02:05:29	+48:27	05:57
36	232	José Pedro Granate	Malta	Senior Masculino	02:06:29	+49:27	06:00
37	98	Filipe Azevedo Nunes	Individual	Senior Masculino	02:07:18	+50:16	06:02
38	99	Diogo Luzia	Individual	Senior Masculino	02:09:06	+52:04	06:07
39	155	Jesus Anzola	Individual	Senior Masculino	02:12:26	+55:24	06:17
40	165	Alexandre Sandinha	Individual	Senior Masculino	02:12:33	+55:31	06:17
41	74	Tiago Pires Vinhas	Individual	Senior Masculino	02:18:41	+01:01:39	06:34
42	235	Gonçalo Graça	Individual	Senior Masculino	02:32:31	+01:15:29	07:14

## Sub 23 Feminino

1	116	Carolina Azevedo	PaiFilha	Sub 23 Feminino	02:05:22		05:57
2	184	Raquel Pestana Conceição	Individual	Sub 23 Feminino	02:26:11	+20:48	06:56

## Sub 23 Masculino

1	132	Tomás Gonçalves	Individual	Sub 23 Masculino	01:39:55		04:44
2	185	Guilherme Rodrigues	Individual	Sub 23 Masculino	02:26:11	+46:15	06:56

## Veterana F40

1	223	Rita Justino	Estoril Praia	Veterana F40	01:45:35		05:00
2	194	Catarina Pinto Carvalho	Individual	Veterana F40	01:51:10	+05:35	05:16
3	201	Teresa Sepúlveda	Individual	Veterana F40	02:07:37	+22:01	06:03
4	57	Adriana Machado	Individual	Veterana F40	02:13:07	+27:32	06:19
5	104	Susana Pacheco	Individual	Veterana F40	02:17:12	+31:37	06:30

## Veterana F45

1	25	Su Raposo	Linda-A-Pastora Sporting Clube	Veterana F45	01:46:36		05:03
2	33	Célia Silva	Linda-A-Pastora Sporting Clube	Veterana F45	02:05:04	+18:28	05:56
3	115	Rute Sobral	Individual	Veterana F45	02:15:26	+28:49	06:25



**Meia Maratona****21,098 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

4	56	Maria João Anastácio Alves	Individual	Veterana F45	02:31:05	+44:29	07:10
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**Veterana F50**

1	190	Rute Matos	RUN 4 FUN	Veterana F50	01:43:08		04:53
2	243	Isabel Santos	Federação da Família para a Paz Mundial e Unificação	Veterana F50	01:49:25	+06:17	05:11
3	126	Céu Carvalho	Amigos do Atletismo de Mafra	Veterana F50	01:55:47	+12:38	05:29
4	15	Susana Gomez	Valejas AC	Veterana F50	02:00:38	+17:30	05:43
5	101	Sofia Boléo	CLUBE ANACOM	Veterana F50	02:02:07	+18:58	05:47
6	5	Patrícia Gomes Pereira dos Santos	Montes Saloios Trail Team	Veterana F50	02:05:18	+22:10	05:56

**Veterana F55**

1	142	Carla Rebelo	RUN 4 FUN	Veterana F55	02:00:13		05:42
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**Veterana F60**

1	1	Henriqueta Solipa	Individual	Veterana F60	02:08:21		06:05
2	4	Maria da Luz Conchinha	Individual	Veterana F60	02:19:58	+11:37	06:38

**Veterano M40**

1	27	Rui Silva	Linda-A-Pastora Sporting Clube	Veterano M40	01:21:52		03:53
2	188	João Silva	Individual	Veterano M40	01:27:12	+05:19	04:08
3	111	António Barbosa	Individual	Veterano M40	01:27:55	+06:02	04:10
4	237	Miguel Sobral	As Corridas do Miguel	Veterano M40	01:29:56	+08:03	04:16
5	226	Vitor Hugo	Vara Trail Running	Veterano M40	01:31:24	+09:31	04:20
6	250	Bruno Brito	Individual	Veterano M40	01:32:55	+11:02	04:24
7	134	Daniel Rose	Individual	Veterano M40	01:35:33	+13:40	04:32
8	247	Rui Henriques	Federação da Família para a Paz Mundial e Unificação	Veterano M40	01:36:41	+14:48	04:35
9	68	Alexandre Lucas	Caracóis de Pedra	Veterano M40	01:40:21	+18:28	04:45
10	189	Tiago Almeida	Caracóis de Pedra	Veterano M40	01:40:25	+18:32	04:46
11	108	Daniel Alves	Caracóis de Pedra	Veterano M40	01:41:52	+20:00	04:50
12	78	Nuno Torres	MTBA	Veterano M40	01:43:36	+21:44	04:55
13	64	Marco Lourenço	Free Runners/IDentPrint	Veterano M40	01:44:00	+22:07	04:56
14	94	Carlos França	cad a correr	Veterano M40	01:45:34	+23:41	05:00
15	191	Nuno Madureira	Individual	Veterano M40	01:45:44	+23:51	05:01
16	152	Ricardo Silva	Individual	Veterano M40	01:48:46	+26:54	05:09
17	28	Miguel Sequeira	Linda-A-Pastora Sporting Clube	Veterano M40	01:51:17	+29:24	05:16
18	113	Angelo Luis	Individual	Veterano M40	01:53:22	+31:30	05:22
19	73	Renato Daniel Ruivo Morais	Individual	Veterano M40	01:55:48	+33:55	05:29
20	227	Carlos Gouveia	Individual	Veterano M40	01:56:50	+34:57	05:32

**Meia Maratona****21,098 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

21	218	Rodrigo de Oliveira	Individual	Veterano M40	01:58:57	+37:04	05:38
22	225	Tiago Manuel Almeida Marques	Individual	Veterano M40	01:59:07	+37:14	05:39
23	10	Sérgio Pedro	Individual	Veterano M40	01:59:23	+37:30	05:40
24	146	João Pereira	Amigos do Jojo	Veterano M40	02:01:33	+39:40	05:46
25	58	Pedro Gomes	SS CGD	Veterano M40	02:01:46	+39:54	05:46
26	170	Hugo Guerreiro	Varitintas	Veterano M40	02:02:16	+40:23	05:48
27	202	Afonso Rodrigues	Individual	Veterano M40	02:04:34	+42:41	05:54
28	81	Vitor Mendes	Individual	Veterano M40	02:11:01	+49:08	06:13
29	164	Carlos Jesus	Individual	Veterano M40	02:11:11	+49:18	06:13

**Veterano M45**

1	119	João Pires	NAZABOBODA	Veterano M45	01:23:15		03:57
2	168	Marcos Francisco de Paula	Individual	Veterano M45	01:24:50	+01:35	04:01
3	161	Paulo Costa	Individual	Veterano M45	01:27:26	+04:11	04:09
4	34	Artur Pereira	Linda-A-Pastora Sporting Clube	Veterano M45	01:28:20	+05:05	04:11
5	61	David Karin	Associação Desportiva de Palmeiros Sintra	Veterano M45	01:28:23	+05:08	04:11
6	63	Hugo Palmeiro	Individual	Veterano M45	01:29:16	+06:00	04:14
7	149	Nuno Delicado	Individual	Veterano M45	01:30:04	+06:48	04:16
8	24	Hugo Domingos	Linda-A-Pastora Sporting Clube	Veterano M45	01:30:22	+07:06	04:17
9	29	Jorge Pinho	Linda-A-Pastora Sporting Clube	Veterano M45	01:32:06	+08:50	04:22
10	69	Nelson Fonseca	Associação Desportiva de Palmeiros Sintra	Veterano M45	01:34:34	+11:19	04:29
11	22	pedro leiria	Individual	Veterano M45	01:36:36	+13:20	04:35
12	239	Jaime Maurício	Demónios do Lizandro	Veterano M45	01:39:39	+16:24	04:43
13	153	Julio Fernandes	Grupo Desportivo Roche Portugal	Veterano M45	01:39:41	+16:26	04:44
14	179	Rui Correia	Individual	Veterano M45	01:43:18	+20:03	04:54
15	234	Paulo Silva	Varitintas	Veterano M45	01:43:53	+20:38	04:55
16	229	Goncalo Palminha	Individual	Veterano M45	01:45:47	+22:31	05:01
17	144	Miguel Amaral	RUN 4 FUN	Veterano M45	01:47:12	+23:57	05:05
18	55	Miguel Dias	SS CGD	Veterano M45	01:49:10	+25:55	05:10
19	211	Álvaro Santos	Individual	Veterano M45	01:49:36	+26:20	05:12
20	86	Luís Avó	Individual	Veterano M45	01:50:37	+27:22	05:15
21	102	Tiago Ramos	Individual	Veterano M45	01:52:00	+28:44	05:19
22	3	Nuno Carioca	Individual	Veterano M45	01:52:13	+28:58	05:19
23	82	Nuno Sobral	Vara Trail Running	Veterano M45	01:52:23	+29:08	05:20
24	150	João Gomes Cardoso	Individual	Veterano M45	01:52:47	+29:32	05:21
25	52	Filipe Pires	Individual	Veterano M45	01:53:10	+29:55	05:22
26	103	helder manuel boto tavares	Varitintas	Veterano M45	01:54:29	+31:14	05:26
27	195	Miguel Figueiredo	CLUBE ANACOM	Veterano M45	01:54:53	+31:38	05:27
28	196	António Martinho	FIDELIDADE GDC	Veterano M45	01:55:50	+32:35	05:29
29	166	Nuno Santiago	Individual	Veterano M45	01:59:42	+36:27	05:40
30	157	Hugo Alves	Individual	Veterano M45	02:01:14	+37:59	05:45
31	43	Nuno Borges Pereira	Individual	Veterano M45	02:04:19	+41:03	05:54
32	130	Jorge Sousa	Salamandrecos	Veterano M45	02:09:17	+46:01	06:08
33	217	Pedro Afonso	Individual	Veterano M45	02:09:29	+46:13	06:08

## Meia Maratona

**21,098 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

34	77	Pedro Miguel C.C.Almeida	Individual	Veterano M45	02:10:22	+47:06	06:11
35	187	Sérgio Dias	Caracóis de Pedra	Veterano M45	02:10:24	+47:08	06:11
36	72	Ivo Claro	Individual	Veterano M45	02:11:41	+48:26	06:15
37	20	RICARDO SANCHEZ CNO	Clube Atletismo Amigos de Belém	Veterano M45	02:14:32	+51:16	06:23
38	44	Mário Sobral	Individual	Veterano M45	02:14:47	+51:32	06:23
39	114	Sérgio Pontes	Individual	Veterano M45	02:15:27	+52:11	06:25
40	40	Paulo Sousa	Individual	Veterano M45	02:17:42	+54:27	06:32

## Veterano M50

1	46	Henrique Janota	Caracóis de Pedra	Veterano M50	01:22:43		03:55
2	245	Francisco Pedro	Individual	Veterano M50	01:25:12	+02:28	04:02
3	70	Francisco Gonçalves	Associação Desportiva de Palmeiros Sintra	Veterano M50	01:30:42	+07:58	04:18
4	65	Artur Oliveira	Associação Desportiva de Palmeiros Sintra	Veterano M50	01:31:48	+09:05	04:21
5	213	Desidério Carreira Pires	NFC Running Team	Veterano M50	01:35:46	+13:03	04:32
6	17	Júlio Reis	Individual	Veterano M50	01:37:46	+15:02	04:38
7	176	Hélder Baptista	Free Runners/IDentPrint	Veterano M50	01:38:50	+16:06	04:41
8	197	Nuno Queija	CF "OS BELENENSES "	Veterano M50	01:39:08	+16:25	04:42
9	177	Miguel Ginja	Individual	Veterano M50	01:39:48	+17:04	04:44
10	163	carlos viseu	Individual	Veterano M50	01:41:27	+18:44	04:49
11	182	Joaquim Ramalho	Individual	Veterano M50	01:43:05	+20:22	04:53
12	13	Nuno José Alves Cabeça	Individual	Veterano M50	01:45:54	+23:11	05:01
13	252	João Pastor	Individual	Veterano M50	01:46:06	+23:23	05:02
14	138	Fernando Rosete	RUN 4 FUN	Veterano M50	01:47:24	+24:41	05:05
15	228	Jose Almas	Individual	Veterano M50	01:47:29	+24:45	05:06
16	38	Armando Parreira	Armanda Torriense	Veterano M50	01:49:08	+26:24	05:10
17	193	Nelson António Carlos Mota	Individual	Veterano M50	01:49:08	+26:24	05:10
18	210	Túlio Coelho	Montes Saloios Trail Team	Veterano M50	01:49:36	+26:53	05:12
19	30	Paulo Lourinho	Individual	Veterano M50	01:50:09	+27:26	05:13
20	19	João Bogalheiro	NAZABOBODA	Veterano M50	01:50:55	+28:11	05:15
21	100	Filipe Boléo	CLUBE ANACOM	Veterano M50	01:51:06	+28:23	05:16
22	215	José Manuel Marques Luis	Clube Desportivo Mafra	Veterano M50	01:53:26	+30:43	05:23
23	233	Pedro Fontoura	Individual	Veterano M50	01:54:35	+31:52	05:26
24	158	José Costa Alves	Individual	Veterano M50	02:03:16	+40:33	05:51
25	117	Miguel Azevedo	PaiFilha	Veterano M50	02:05:22	+42:38	05:57
26	212	Luís Miguel Sousa Gil Caldeira	Individual	Veterano M50	02:08:47	+46:04	06:06
27	79	Hélder Pereira	Individual	Veterano M50	02:09:11	+46:28	06:07
28	221	Diogo Leite	Individual	Veterano M50	02:10:54	+48:10	06:12
29	222	PEDRO MIGUEL CASTELHANO RODRIGUES	Individual	Veterano M50	02:12:49	+50:05	06:18
30	106	Vitor Gonçalves	4 ao Km	Veterano M50	02:24:02	+01:01:18	06:50
31	36	Paulo Calvino	Individual	Veterano M50	02:28:30	+01:05:47	07:02

**Meia Maratona****21,098 KM****OFFICIAL RESULT****Veterano M55**

1	178	HELDER REBELO	FITARES ELECTRODOMESTICOS - RIO DE MOURO	Veterano M55	01:25:34	04:03
2	26	João Ginja	Linda-A-Pastora Sporting Clube	Veterano M55	01:26:45	+01:11 04:07
3	137	Paulo Silva	Individual	Veterano M55	01:48:15	+22:40 05:08
4	85	João Pedro Silva	SS CGD	Veterano M55	01:50:47	+25:12 05:15
5	112	Jorge amaro Chaves de Figueiredo	Individual	Veterano M55	01:52:57	+27:22 05:21
6	151	Pedro Trabucho	Individual	Veterano M55	01:55:05	+29:31 05:27
7	121	Humberto Castanheira	Individual	Veterano M55	01:55:19	+29:45 05:28
8	129	Stephan Koenig	Individual	Veterano M55	01:57:12	+31:37 05:33
9	7	Carlos Nabiça	DUO RUN Sintra	Veterano M55	02:01:45	+36:10 05:46
10	171	Nuno Marques	Runlovers	Veterano M55	02:07:58	+42:24 06:04
11	238	Carlos Freitas	Individual	Veterano M55	02:10:03	+44:29 06:10
12	123	Antonio Soares	Team Soares	Veterano M55	02:11:06	+45:32 06:13
13	140	Jose Magalhaes	Individual	Veterano M55	02:13:32	+47:57 06:20
14	11	Francisco Amaro	Individual	Veterano M55	02:26:21	+01:00:46 06:56

**Veterano M60**

1	23	João Caldeira	Linda-A-Pastora Sporting Clube	Veterano M60	01:28:39	04:12
2	50	José Simões	Linda-A-Pastora Sporting Clube	Veterano M60	01:39:22	+10:43 04:43
3	110	Joao Passeiro	Individual	Veterano M60	01:42:38	+13:58 04:52
4	186	Miguel San-Payo	RUN 4 FUN	Veterano M60	01:51:27	+22:48 05:17
5	167	joao cresco	Individual	Veterano M60	01:54:58	+26:19 05:27
6	156	Luis Carvalho	Individual	Veterano M60	01:57:33	+28:53 05:34
7	47	Fernando Morais Santos	Salamandrecos	Veterano M60	02:00:44	+32:05 05:43
8	162	Carlos Daniel Fernandes Catela Teixeira	Individual	Veterano M60	02:02:46	+34:07 05:49
9	45	Vasco Gonçalves	Individual	Veterano M60	02:04:57	+36:18 05:55
10	148	Teodoro Trindade	RUN 4 FUN	Veterano M60	02:09:07	+40:28 06:07
11	248	António Almeida	Individual	Veterano M60	02:22:34	+53:54 06:45

**Veterano M65**

1	172	Orlando Rebelo	Amigos do Atletismo de Mafra	Veterano M65	01:41:46	04:49
2	109	Gabriel Gonçalves	Individual	Veterano M65	01:45:05	+03:18 04:59
3	75	José Neto	C.A.Vale Figueira	Veterano M65	02:00:20	+18:34 05:42
4	71	José Manuel Rato	60%VIP	Veterano M65	02:01:01	+19:15 05:44
5	220	Carlos Gonçalves	Individual	Veterano M65	02:17:40	+35:54 06:32
6	67	ÁLVARO PINTO	REAL ACADEMIA	Veterano M65	02:22:34	+40:48 06:45
7	49	Graham Byron	Individual	Veterano M65	02:31:02	+49:16 07:10







**MEIA RAMPA - STAGE 1****13 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	549	Lúcia Silva	GRD RIBEIRA DA LAGE	01:28:10	+40:32	06:47	
43	59	Henrique Ruivo	Individual	01:28:11	+40:33	06:47	
44	503	Luís Proença	Individual	01:30:54	+43:16	07:00	
45	519	José Basílio	Individual	01:31:23	+43:45	07:02	
46	551	Nuno Santos	Individual	01:31:23	+43:45	07:02	
47	545	Jorge Manuel Da Silva Paulino	Clube Desportivo Mafra	01:34:19	+46:41	07:15	
48	510	Elisabete Silva	Individual	01:34:24	+46:46	07:16	
49	509	Vitor Silva	Individual	01:34:25	+46:47	07:16	
50	533	João Tiago Florêncio Martins	Individual	01:37:08	+49:30	07:28	
51	532	Paulo Jorge de Almeida Gonçalves	Individual	01:37:58	+50:20	07:32	
52	523	Paula Soares	Team Soares	01:41:50	+54:12	07:50	
53	522	Bruno Rolim	Individual	01:45:03	+57:25	08:05	
54	504	Hugo David Graça de Noronha	Individual	01:46:00	+58:22	08:09	
55	507	Alcindo Almeida	Linda-A-Pastora Sporting Clube	01:46:01	+58:23	08:09	



**Meia Rampa****13 KM****OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	17:00	23,1°C	68%
End	18:46	23,1°C	68%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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**Senior Feminino**

1	525	Victória Gomes da Quintã	Inglases Futebol Clube	Senior Feminino	01:00:55		04:41
2	543	Daria Seredich	Aye Sporty	Senior Feminino	01:12:33	+11:37	05:35
3	531	Paula Severino	Individual	Senior Feminino	01:18:57	+18:01	06:04
4	526	Heidy Rodrigues	Individual	Senior Feminino	01:25:32	+24:37	06:35
5	555	Ana Bilé Coutinho	GRD RIBEIRA DA LAGE	Senior Feminino	01:25:36	+24:40	06:35

**Senior Masculino**

1	501	Tomás Morais	Individual	Senior Masculino	47:38		03:40
2	530	Rafael Cândido Gonçalves	Individual	Senior Masculino	51:33	+03:54	03:58
3	524	António Roque	Caracóis de Pedra	Senior Masculino	53:24	+05:45	04:06
4	544	Marco Pinto	Individual	Senior Masculino	53:30	+05:51	04:07
5	537	André Valério	Individual	Senior Masculino	01:10:38	+22:59	05:26
6	540	Duarte Delgado	Individual	Senior Masculino	01:14:15	+26:36	05:43
7	551	Nuno Santos	Individual	Senior Masculino	01:31:23	+43:44	07:02

**Sub 23 Masculino**

1	550	Frederico Silva	Individual	Sub 23 Masculino	01:10:39		05:26
2	552	Tiago Morais	Individual	Sub 23 Masculino	01:17:04	+06:25	05:56

**Veterana F40**

1	541	Paula Martins	Inglases Futebol Clube	Veterana F40	01:01:11		04:42
2	554	Cátia Ramos	GRD RIBEIRA DA LAGE	Veterana F40	01:17:08	+15:56	05:56
3	6	Sónia Ferreira	Casa do Benfica Algueirão Mem Martins	Veterana F40	01:28:05	+26:54	06:47

**Veterana F45**

1	546	Paula Cardoso	Individual	Veterana F45	01:22:01		06:19
2	556	Iris Maurício	Demónios do Lizandro	Veterana F45	01:22:23	+00:22	06:20
3	505	Ana Sofia Aleixo	Linda-A-Pastora Sporting Clube	Veterana F45	01:23:55	+01:54	06:27

**Meia Rampa****13 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**Veterana F50**

1	510	Elisabete Silva	Individual	Veterana F50	01:34:24	07:16
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**Veterana F55**

1	516	Elsa Oliveira	Associação Desportiva de Palmeiros Sintra	Veterana F55	01:25:26	06:34
2	523	Paula Soares	Team Soares	Veterana F55	01:41:50	+16:24 07:50

**Veterana F60**

1	549	Lúcia Silva	GRD RIBEIRA DA LAGE	Veterana F60	01:28:10	06:47
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**Veterano M40**

1	548	Carlos de Moreno	Individual	Veterano M40	49:14	03:47
2	506	Duarte Costa	Federação da Família para a Paz Mundial e Unificação	Veterano M40	57:33	+08:18 04:26
3	87	Agostinho Matos	Individual	Veterano M40	01:11:07	+21:52 05:28
4	527	Joao Fachada	Individual	Veterano M40	01:11:07	+21:52 05:28
5	533	João Tiago Florêncio Martins	Individual	Veterano M40	01:37:08	+47:53 07:28
6	522	Bruno Rolim	Individual	Veterano M40	01:45:03	+55:49 08:05

**Veterano M45**

1	21	Pedro Vicente	ACRMealhada	Veterano M45	56:52	04:22
2	542	Cláudio Oeiras	Individual	Veterano M45	01:00:47	+03:55 04:41
3	534	Ricardo Domingues Leitão	Individual	Veterano M45	01:09:13	+12:21 05:19
4	528	João Rosinha	ARSM	Veterano M45	01:09:15	+12:23 05:20
5	547	Duarte Jorge Ribeiro Damas	Individual	Veterano M45	01:12:38	+15:46 05:35
6	504	Hugo David Graça de Noronha	Individual	Veterano M45	01:46:00	+49:08 08:09

**Veterano M50**

1	515	Álvaro Oliveira	Associação Desportiva de Palmeiros Sintra	Veterano M50	50:36	03:54
2	518	Rui Silva	Individual	Veterano M50	01:10:57	+20:20 05:27
3	80	Jorge Leite	Individual	Veterano M50	01:12:38	+22:01 05:35
4	502	João Campos	RUN 4 FUN	Veterano M50	01:18:48	+28:11 06:04
5	517	Rui Trindade	Individual	Veterano M50	01:19:06	+28:29 06:05
6	511	João Leitão	Runlovers	Veterano M50	01:22:49	+32:13 06:22

## Meia Rampa

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

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7	503	Luís Prouença	Individual	Veterano M50	01:30:54	+40:17	07:00
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## Veterano M55

1	508	Manuel Fonseca	Amigos do Atletismo de Mafra	Veterano M55	01:16:02		05:51
2	509	Vitor Silva	Individual	Veterano M55	01:34:25	+18:22	07:16

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## Veterano M60

1	513	José Duarte	Associação Desportiva de Palmeiros Sintra	Veterano M60	01:07:56		05:14
2	521	António Teixeira Duarte	Individual	Veterano M60	01:20:35	+12:38	06:12
3	59	Henrique Ruivo	Individual	Veterano M60	01:28:11	+20:15	06:47

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## Veterano M65

1	545	Jorge Manuel Da Silva Paulino	Clube Desportivo Mafra	Veterano M65	01:34:19		07:15
2	532	Paulo Jorge de Almeida Gonçalves	Individual	Veterano M65	01:37:58	+03:39	07:32
3	507	Alcindo Almeida	Linda-A-Pastora Sporting Clube	Veterano M65	01:46:01	+11:42	08:09

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## Veterano M70

1	529	José Fachada	Individual	Veterano M70	01:20:00		06:09
2	553	Ventura Saraiva	GRD RIBEIRA DA LAGE	Veterano M70	01:21:59	+01:59	06:18
3	560	Manuel Graça	Individual	Veterano M70	01:27:00	+07:00	06:42
4	519	José Basílio	Individual	Veterano M70	01:31:23	+11:23	07:02

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