

21K - STAGE 1

21,075 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	16,7°C	72%
End	12:13	16,7°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	169	Fábio Oliveira	g.d.c.guilhovai	Senior Masculino	01:06:03		03:08
2	683	Ricardo Fonseca	união fci de tomar	Senior Masculino	01:06:26	+00:22	03:09
3	35	Ricardo Jorge Henriques Pereira	acd jardim da serra	Senior Masculino	01:06:35	+00:31	03:10
4	171	VÍTOR MANUEL DOS SANTOS OLIVEIRA	g.d.c.guilhovai	Senior Masculino	01:07:20	+01:16	03:12
5	168	Carlos Costa	g.d.c.guilhovai	Senior Masculino	01:07:56	+01:52	03:13
6	36	Filipe Ferreira	acr de vale de cambra	Senior Masculino	01:09:06	+03:03	03:17
7	158	Carlos Alberto Ferreira de Bessa	f.c.vizela	Senior Masculino	01:11:20	+05:16	03:23
8	100	André Pais	centro de atletismo de tondela	Senior Masculino	01:11:32	+05:28	03:24
9	153	RENATO SOUSA	ev/peraltafil	Senior Masculino	01:11:40	+05:37	03:24
10	233	Cristiano Oliveira	individual	Senior Masculino	01:12:20	+06:16	03:26
11	391	Paulo morais	individual	Veterano M40	01:12:38	+06:34	03:27
12	104	ANDRÉ ADRIANO	clube atletismo de ovar	Senior Masculino	01:13:20	+07:16	03:29
13	668	José Andrade	talho manecas	Veterano M50	01:14:36	+08:32	03:32
14	174	Artur Rodrigues	g.d.c.guilhovai	Veterano M40	01:14:39	+08:35	03:33
15	247	Flávio José Costa Gonçalves	individual	Senior Masculino	01:14:43	+08:39	03:33
16	167	AMADO PEDRO PACHECO MARTINS	g.d.c.guilhovai	Senior Masculino	01:15:08	+09:05	03:34
17	397	Paulo pinto	individual	Veterano M40	01:15:47	+09:43	03:36
18	616	Rafaela Fonseca	recreio desportivo de águeda	Senior Feminino	01:15:54	+09:50	03:36
19	101	Rui Rodrigues	centro de atletismo de tondela	Veterano M40	01:16:08	+10:04	03:37
20	152	PEDRO MAGALHÃES	ev/peraltafil	Senior Masculino	01:16:25	+10:21	03:38
21	155	TOZE CASTRO	ev/peraltafil	Veterano M40	01:16:26	+10:22	03:38
22	180	Fernando Pereira	gfd running	Veterano M40	01:16:41	+10:37	03:38
23	281	Ricardo Gomes	individual	Senior Masculino	01:16:44	+10:40	03:38
24	283	Ricardo Meca	individual	Senior Masculino	01:16:49	+10:45	03:39
25	482	Mario Paulo Carreira	individual	Veterano M50	01:17:06	+11:02	03:40
26	106	JANIK LIMA	clube atletismo de ovar	Veterano M40	01:17:11	+11:07	03:40
27	111	Laura Silva	clube desportivo de são salvador do campo	Senior Feminino	01:17:21	+11:17	03:40
28	653	Hernani Furtado	sporting clube de espinho / antónio leitão	Veterano M40	01:17:52	+11:49	03:42
29	650	Joaquim Alves	sport comércio e salgueiros	Veterano M50	01:18:06	+12:02	03:42
30	578	Ricardo Carvalho	nac	Veterano M50	01:18:24	+12:20	03:43
31	662	Jorge Manuel Silva Santos	super bock - leça	Veterano M40	01:18:51	+12:47	03:45
32	37	Marco Pinho	acr de vale de cambra	Senior Masculino	01:18:55	+12:51	03:45
33	416	Rui Jorge Soares Amador	individual	Veterano M40	01:19:17	+13:13	03:46
34	96	FERNANDO SANTOS	casa do povo de mangualde	Veterano M50	01:19:31	+13:27	03:46
35	110	Manuel Alves	clube campismo	Veterano M50	01:19:42	+13:38	03:47
36	426	Tiago Faria	individual	Veterano M40	01:19:55	+13:51	03:48
37	695	Nuno Sousa	vitoria sc	Senior Masculino	01:20:04	+14:00	03:48
38	535	Daniel Jose Silva Barros	juventude cortegacense	Veterano M40	01:20:30	+14:26	03:49

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
39	63	Jorge Valente	arvor associação recreativa os veteranos d'ovar	Senior Masculino	01:20:38	+14:34	03:50
40	80	NUNO PAIS	cal - clube atletismo de lamas	Veterano M40	01:20:46	+14:42	03:50
41	12	Ricardo Pereira	#lobosolitário	Veterano M40	01:21:43	+15:39	03:53
42	56	Salviano Ferreira	arada atlético clube	Veterano M40	01:21:48	+15:44	03:53
43	45	José Figueiredo	afis	Veterano M50	01:22:02	+15:58	03:54
44	221	André Carneiro	individual	Senior Masculino	01:22:12	+16:08	03:54
45	154	CLAUDIO COSTA	ev/peraltafil	Veterano M40	01:22:13	+16:09	03:54
46	229	Bruno Oliveira	individual	Senior Masculino	01:22:16	+16:12	03:54
47	592	Victor Correia	night runners feira	Veterano M50	01:22:20	+16:16	03:54
48	250	Ivo André Marques Da Silva	individual	Senior Masculino	01:22:28	+16:24	03:55
49	707	Alexandre Ferreira	vizela corre	Veterano M60	01:22:55	+16:51	03:56
50	70	César Almeida	bobadelas running team	Senior Masculino	01:23:01	+16:57	03:56
51	175	Luis Silva	g.d.c.guilhovai	Veterano M40	01:23:03	+16:59	03:56
52	38	António Pinto	acr de vale de cambra	Veterano M50	01:23:03	+16:59	03:56
53	615	Joana Nunes	recreio desportivo de águeda	Senior Feminino	01:23:04	+17:01	03:57
54	546	Williams da Conceição Rodriguez	juventude cortegacense	Veterano M40	01:23:22	+17:18	03:57
55	423	Sérgio Martins	individual	Veterano M40	01:23:24	+17:20	03:57
56	708	Ivan Silva	caldas s. jorge sport clube	Veterano M40	01:23:29	+17:25	03:58
57	115	Antonio Amorim	clube desportivo feirense	Veterano M50	01:23:29	+17:25	03:58
58	424	Sérgio Pinto da Mota	individual	Veterano M40	01:23:40	+17:37	03:58
59	105	DINIS BATISTA	clube atletismo de ovar	Veterano M40	01:24:32	+18:28	04:01
60	702	Joaquim Pacheco	vitoria sc	Veterano M50	01:24:32	+18:28	04:01
61	655	Augusto Alulai	sporting clube de espinho / antónio leitão	Veterano M50	01:24:34	+18:30	04:01
62	23	RUI TAVARES	a. d. grijó a correr	Veterano M40	01:24:39	+18:35	04:01
63	547	Ernesto Marques Alves	juventude cortegacense	Veterano M50	01:24:42	+18:38	04:01
64	617	Sara Carvalho	recreio desportivo de águeda	Senior Feminino	01:24:45	+18:42	04:01
65	87	Tiago André Vieira Magalhães	caldas s. jorge sport clube	Senior Masculino	01:24:58	+18:54	04:02
66	656	Tiago Oliveira	sporting clube de espinho / antónio leitão	Veterano M40	01:24:59	+18:55	04:02
67	52	Bruno Oliveira	arada atlético clube	Veterano M40	01:25:04	+19:00	04:02
68	706	Cláudio Fonseca	vivalleyrunners	Veterano M40	01:25:04	+19:00	04:02
69	575	Rui Alvim	mss contabilidade trail team	Veterano M40	01:25:24	+19:20	04:03
70	646	Rui Freitas	sport comércio e salgueiros	Senior Masculino	01:25:27	+19:23	04:03
71	264	Miguel Campos	individual	Senior Masculino	01:25:34	+19:30	04:04
72	643	Américo Valente	serviços sociais culturais dos trabalhadores do município de ovar	Veterano M60	01:25:36	+19:32	04:04
73	537	Manuel Ferreira	gd ronda	Veterano M50	01:25:38	+19:34	04:04
74	568	Liliana Rocha	maia atlético clube - m.a.c.	Veterana F40	01:25:45	+19:41	04:04
75	667	Fabio Alberto Ferreira Vidrigo	talho manecas	Senior Masculino	01:25:56	+19:52	04:05
76	591	JOSÉ CORREIA	night runners feira	Veterano M40	01:26:01	+19:57	04:05
77	88	Tiago Oliveira	caldas s. jorge sport clube	Senior Masculino	01:26:05	+20:01	04:05
78	86	Pedro Maia	caldas s. jorge sport clube	Senior Masculino	01:26:06	+20:02	04:05
79	417	Rui Machado	individual	Veterano M40	01:26:21	+20:17	04:06
80	360	Jaime Gomes	individual	Veterano M40	01:26:43	+20:39	04:07
81	166	Carlos Fazendeiro	g.d.a ronda	Veterano M60	01:26:53	+20:49	04:07
82	354	Helder Silva	individual	Veterano M40	01:26:54	+20:51	04:07

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
83	234	Cristiano Silva	individual	Senior Masculino	01:26:57	+20:53	04:08
84	555	José Maria Pacheco Rosendo	lousada runners	Veterano M60	01:26:57	+20:53	04:08
85	256	JOÃO MIGUEL PEREIRA LEITE	individual	Senior Masculino	01:27:00	+20:56	04:08
86	40	José Conceição	mss contabilidade trail team	Veterano M40	01:27:15	+21:11	04:08
87	533	Cecilio Manuel Silva Ferreira	juventude cortegacense	Veterano M40	01:27:22	+21:18	04:09
88	49	David Pedrosa	arada atlético clube	Senior Masculino	01:27:29	+21:25	04:09
89	172	Sandra Ferreira	g.d.c.guilhovai	Veterana F40	01:27:33	+21:29	04:09
90	373	Luis Manuel Rodrigues Oliveira	individual	Veterano M40	01:28:03	+21:59	04:11
91	647	Mário Franco	sport comércio e salgueiros	Veterano M40	01:28:05	+22:01	04:11
92	577	Samuel Galveia	n. c. s. navigator	Veterano M40	01:28:09	+22:05	04:11
93	574	Filipe André Santos Oliveira	milheirós de poiares	Senior Masculino	01:28:21	+22:17	04:12
94	114	Paulo Oliveira	clube desportivo feirense	Veterano M40	01:28:24	+22:20	04:12
95	463	João Moço	individual	Veterano M50	01:28:27	+22:23	04:12
96	11	Pedro Guimaraes	#letsrunazores	Veterano M50	01:28:33	+22:29	04:12
97	98	José Coutinho	centro atlético póvoa pacense (cenap) cacia)	Veterano M50	01:28:37	+22:33	04:12
98	543	Sérgio Paulo Ferreira Oliveira	juventude cortegacense	Veterano M40	01:28:42	+22:38	04:13
99	235	Daniel Ferreira	individual	Senior Masculino	01:28:43	+22:39	04:13
100	285	Rui Pedro Ferreira Gala	individual	Senior Masculino	01:28:47	+22:43	04:13
101	517	Manuel Rocha	individual	Veterano M60	01:28:56	+22:52	04:13
102	676	José Carlos Santos	team el comandante	Veterano M50	01:28:58	+22:55	04:13
103	339	Emanuel Santos	individual	Veterano M40	01:29:06	+23:02	04:14
104	239	David Pereira	individual	Senior Masculino	01:29:10	+23:06	04:14
105	603	Carlos Silva	paços runners	Veterano M50	01:29:12	+23:08	04:14
106	59	PAULO GRILO	arcoron	Veterano M50	01:29:15	+23:11	04:14
107	46	José Godinho	afis	Veterano M50	01:29:20	+23:16	04:14
108	309	Paula Lage	individual	Veterana F40	01:29:23	+23:19	04:14
109	249	Hugo Sampaio	individual	Senior Masculino	01:29:26	+23:22	04:15
110	364	JORGE MOREIRA	individual	Veterano M40	01:29:27	+23:23	04:15
111	68	Paulo Bandalho	bandalhos running	Veterano M50	01:29:29	+23:25	04:15
112	350	Hélder Faria	individual	Veterano M40	01:29:48	+23:44	04:16
113	618	JOSÉ SILVA	ripolins grijó a correr	Veterano M50	01:29:49	+23:45	04:16
114	487	nuno cáceres	individual	Veterano M50	01:30:07	+24:03	04:17
115	461	Helder Marinho	individual	Veterano M50	01:30:13	+24:10	04:17
116	222	André Correia	individual	Senior Masculino	01:30:22	+24:18	04:17
117	393	Paulo Noormahomed	individual	Veterano M40	01:30:38	+24:34	04:18
118	566	Manuel Jorge Gomes Alves	lusotufo	Veterano M60	01:30:41	+24:37	04:18
119	299	VINCENT BARRERE	individual	Senior Masculino	01:30:55	+24:51	04:19
120	332	Celso Fernandes	individual	Veterano M40	01:30:56	+24:53	04:19
121	160	Carlos Fernandes	futsal clube azeméis	Veterano M40	01:30:57	+24:53	04:19
122	596	Pedro Nogueira	nogas	Veterano M40	01:31:00	+24:56	04:19
123	225	Avelino Silva	individual	Senior Masculino	01:31:01	+24:57	04:19
124	441	Antonio jorge	individual	Veterano M50	01:31:01	+24:57	04:19
125	164	Manuel Bastos	g.d.a ronda	Veterano M50	01:31:02	+24:58	04:19
126	156	Jose Silva	gd ronda	Veterano M50	01:31:03	+24:59	04:19
127	415	Rui Cardoso	individual	Veterano M40	01:31:05	+25:01	04:19

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
259	69	António Sá	beatriz dos panos	Veterano M40	01:41:08	+35:04	04:48
260	116	Hugo Santos	clube futebol oliveira do douro	Senior Masculino	01:41:12	+35:08	04:48
261	576	Manuel Póvoas	mss contabilidade trail team	Veterano M60	01:41:13	+35:09	04:48
262	124	Virgílio Augusto Castro Carção	clube portugal telecom zona norte	Veterano M50	01:41:19	+35:15	04:48
263	121	Anselmo Moreira	clube futebol oliveira do douro	Veterano M60	01:41:19	+35:15	04:48
264	369	JP GRINÉ	individual	Veterano M40	01:41:23	+35:19	04:49
265	14	Sandra Patrícia Rodrigues Pires	100 esforço não há tinto	Senior Feminino	01:41:24	+35:20	04:49
266	610	Marco Ferreira	potes de ouro	Veterano M50	01:41:27	+35:24	04:49
267	468	Jorge Miguel Marques	individual	Veterano M50	01:41:29	+35:26	04:49
268	248	Hugo Brito	individual	Senior Masculino	01:41:30	+35:26	04:49
269	320	Maria Jorge Vieira	individual	Veterana F50	01:41:31	+35:27	04:49
270	128	manuel antonio silva	convecidos.com	Veterano M60	01:41:34	+35:30	04:49
271	127	salvador fardilha	convecidos.com	Veterano M50	01:41:34	+35:30	04:49
272	129	rodrigo nunes	convecidos.com	Veterano M60	01:41:34	+35:30	04:49
273	261	Jurge Costa	individual	Senior Masculino	01:41:44	+35:40	04:50
274	58	RICARDO PAIVA	arcorun	Veterano M40	01:41:48	+35:45	04:50
275	412	RICKY MATIAS	individual	Veterano M40	01:41:49	+35:46	04:50
276	539	Marco Pires	juventude cortegacense	Veterano M40	01:41:50	+35:46	04:50
277	505	António Neto	individual	Veterano M60	01:41:51	+35:47	04:50
278	637	Fernando Gonçalves	running4fun team viseu	Veterano M40	01:41:58	+35:54	04:50
279	460	GILMAR FRANCISCO BICHET	individual	Veterano M50	01:42:08	+36:04	04:51
280	550	Jorge Seabra	kemedo team	Veterano M40	01:42:14	+36:10	04:51
281	197	Pedro Martins	h-raky	Veterano M40	01:42:17	+36:13	04:51
282	579	Tiago Ferreira	namadores	Veterano M40	01:42:26	+36:22	04:52
283	387	Paulo Borges	individual	Veterano M40	01:42:32	+36:28	04:52
284	66	Tiago Costa	avancarunners	Senior Masculino	01:42:40	+36:37	04:52
285	563	PEDRO MACHADO	lusotufu	Veterano M50	01:42:54	+36:50	04:53
286	561	LUÍS CUNHA	lusotufu	Veterano M50	01:42:55	+36:51	04:53
287	42	Susana Borges	afis	Veterana F40	01:42:56	+36:52	04:53
288	93	José Silva	caldas s. jorge sport clube	Veterano M60	01:43:03	+36:59	04:53
289	608	Nuno Freitas	potes de ouro	Veterano M40	01:43:06	+37:02	04:54
290	223	André Mota	individual	Senior Masculino	01:43:07	+37:03	04:54
291	598	Hélder Costa	os falta d'ar	Veterano M40	01:43:20	+37:16	04:54
292	590	Bruno Morais	night runners feira	Veterano M40	01:43:20	+37:16	04:54
293	192	Paulo Santos	grupo desportivo novo banco	Veterano M50	01:43:21	+37:17	04:54
294	449	Carlos Almeida	individual	Veterano M50	01:43:27	+37:23	04:55
295	531	Maria José Franco Oliveira	juventude cortegacense	Veterana F40	01:43:29	+37:25	04:55
296	599	antónio duarte	os kágados	Veterano M50	01:43:32	+37:29	04:55
297	651	Pedro Cardoso	sporting clube de espinho / antónio leitão	Senior Masculino	01:43:36	+37:32	04:55
298	570	HELDER MOTA	mc	Veterano M40	01:43:37	+37:33	04:55
299	408	Ricardo Jorge Borges Doria Duarte	individual	Veterano M40	01:43:55	+37:51	04:56
300	232	Cláudio Tavares	individual	Senior Masculino	01:43:56	+37:52	04:56
301	470	José Faria	individual	Veterano M50	01:43:57	+37:54	04:56
302	432	Vasco Almeida	individual	Veterano M40	01:43:58	+37:54	04:56
303	76	Helena Dias	budeguita runners	Veterana F40	01:44:00	+37:56	04:56

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Senior Masculino

1	169	Fábio Oliveira	G.D.C.Guilhovai	Senior Masculino	01:06:03		03:08
2	683	Ricardo Fonseca	UNIÃO FCI DE TOMAR	Senior Masculino	01:06:26	+00:22	03:09
3	35	Ricardo Jorge Henriques Pereira	ACD JARDIM DA SERRA	Senior Masculino	01:06:35	+00:31	03:10
4	171	VÍTOR MANUEL DOS SANTOS OLIVEIRA	G.D.C.Guilhovai	Senior Masculino	01:07:20	+01:16	03:12
5	168	Carlos Costa	G.D.C.Guilhovai	Senior Masculino	01:07:56	+01:52	03:13
6	36	Filipe Ferreira	ACR de Vale de Cambra	Senior Masculino	01:09:06	+03:03	03:17
7	158	Carlos Alberto Ferreira de Bessa	F.C.Vizela	Senior Masculino	01:11:20	+05:16	03:23
8	100	André Pais	Centro de Atletismo de Tondela	Senior Masculino	01:11:32	+05:28	03:24
9	153	RENATO SOUSA	EV/PERALTAFIL	Senior Masculino	01:11:40	+05:37	03:24
10	233	Cristiano Oliveira	Individual	Senior Masculino	01:12:20	+06:16	03:26
11	104	ANDRÉ ADRIANO	Clube Atletismo de Ovar	Senior Masculino	01:13:20	+07:16	03:29
12	247	Flávio José Costa Gonçalves	Individual	Senior Masculino	01:14:43	+08:39	03:33
13	167	AMADO PEDRO PACHECO MARTINS	G.D.C.Guilhovai	Senior Masculino	01:15:08	+09:05	03:34
14	152	PEDRO MAGALHÃES	EV/PERALTAFIL	Senior Masculino	01:16:25	+10:21	03:38
15	281	Ricardo Gomes	Individual	Senior Masculino	01:16:44	+10:40	03:38
16	283	Ricardo Meca	Individual	Senior Masculino	01:16:49	+10:45	03:39
17	37	Marco Pinho	ACR de Vale de Cambra	Senior Masculino	01:18:55	+12:51	03:45
18	695	Nuno Sousa	Vitoria SC	Senior Masculino	01:20:04	+14:00	03:48
19	63	Jorge Valente	ARVOR ASSOCIAÇÃO RECREATIVA OS VETERANOS D OVAR	Senior Masculino	01:20:38	+14:34	03:50
20	221	André Carneiro	Individual	Senior Masculino	01:22:12	+16:08	03:54
21	229	Bruno Oliveira	Individual	Senior Masculino	01:22:16	+16:12	03:54
22	250	Ivo André Marques Da Silva	Individual	Senior Masculino	01:22:28	+16:24	03:55
23	70	César Almeida	Bobadelas Running Team	Senior Masculino	01:23:01	+16:57	03:56
24	87	Tiago André Vieira Magalhães	Caldas S. Jorge Sport Clube	Senior Masculino	01:24:58	+18:54	04:02
25	646	Rui Freitas	Sport Comércio e Salgueiros	Senior Masculino	01:25:27	+19:23	04:03
26	264	Miguel Campos	Individual	Senior Masculino	01:25:34	+19:30	04:04
27	667	Fabio Alberto Ferreira Vidrigo	Talho Manecas	Senior Masculino	01:25:56	+19:52	04:05
28	88	Tiago Oliveira	Caldas S. Jorge Sport Clube	Senior Masculino	01:26:05	+20:01	04:05
29	86	Pedro Maia	Caldas S. Jorge Sport Clube	Senior Masculino	01:26:06	+20:02	04:05
30	234	Cristiano Silva	Individual	Senior Masculino	01:26:57	+20:53	04:08
31	256	JOÃO MIGUEL PEREIRA LEITE	Individual	Senior Masculino	01:27:00	+20:56	04:08
32	49	David Pedrosa	ARADA ATLÉTICO CLUBE	Senior Masculino	01:27:29	+21:25	04:09
33	574	Filipe André Santos Oliveira	Milheirós de Poiares	Senior Masculino	01:28:21	+22:17	04:12
34	235	Daniel Ferreira	Individual	Senior Masculino	01:28:43	+22:39	04:13
35	285	Rui Pedro Ferreira Gala	Individual	Senior Masculino	01:28:47	+22:43	04:13
36	239	David Pereira	Individual	Senior Masculino	01:29:10	+23:06	04:14
37	249	Hugo Sampaio	Individual	Senior Masculino	01:29:26	+23:22	04:15
38	222	André Correia	Individual	Senior Masculino	01:30:22	+24:18	04:17
39	299	VINCENT BARRERE	Individual	Senior Masculino	01:30:55	+24:51	04:19
40	225	Avelino Silva	Individual	Senior Masculino	01:31:01	+24:57	04:19
41	526	Alexandre Brandão Andrade Leite	Juventude Cortegacense	Senior Masculino	01:31:21	+25:17	04:20
42	293	Tiago Rosa	Individual	Senior Masculino	01:31:22	+25:18	04:20

21K

21,075 KM

OFFICIAL RESULT

Rank	Chip Time	Name	Club	Age Group	Time	+/-	Split
43	109	Nuno Albergaria	Clube Campismo	Senior Masculino	01:31:53	+25:49	04:22
44	694	Manuel A. Mendes	Vitoria SC	Senior Masculino	01:32:15	+26:11	04:23
45	300	Vincente Arnoldt	Individual	Senior Masculino	01:32:23	+26:19	04:23
46	16	Rafael Alexandre Ribeiro Bravo	100 esforço não há tinto	Senior Masculino	01:32:29	+26:25	04:23
47	253	João Adérito	Individual	Senior Masculino	01:32:58	+26:54	04:25
48	625	Zé Paulo	Running Esmoriz	Senior Masculino	01:33:05	+27:01	04:25
49	294	Tiago Silva	Individual	Senior Masculino	01:33:08	+27:05	04:25
50	85	Micael Nogueira	Caldas S. Jorge Sport Clube	Senior Masculino	01:33:23	+27:19	04:26
51	289	Sérgio Maia	Individual	Senior Masculino	01:33:25	+27:21	04:26
52	243	Duarte Eira	Individual	Senior Masculino	01:34:00	+27:56	04:28
53	276	Pedro Nogueira	Individual	Senior Masculino	01:34:15	+28:11	04:28
54	279	Renato Silva	Individual	Senior Masculino	01:34:23	+28:19	04:29
55	237	Daniel Polonio	Individual	Senior Masculino	01:34:40	+28:36	04:30
56	257	João Pedro Dias Pereira	Individual	Senior Masculino	01:35:27	+29:23	04:32
57	236	Daniel Martins	Individual	Senior Masculino	01:36:04	+30:00	04:34
58	272	Pedro Costa	Individual	Senior Masculino	01:36:11	+30:08	04:34
59	19	Fábio Ferreira	A NOZ	Senior Masculino	01:36:56	+30:52	04:36
60	259	João Rodrigues	Individual	Senior Masculino	01:37:06	+31:02	04:36
61	298	Vasco Sá Pinto	Individual	Senior Masculino	01:37:14	+31:10	04:37
62	278	Pedro Vilaça	Individual	Senior Masculino	01:37:14	+31:11	04:37
63	108	Flávio Cunha	Clube Campismo	Senior Masculino	01:37:17	+31:13	04:37
64	227	Bruno Gonçalves	Individual	Senior Masculino	01:37:34	+31:30	04:38
65	240	Diogo Borges	Individual	Senior Masculino	01:38:04	+32:00	04:39
66	527	Joaquim José Pedrosa da Mota	Juventude Cortegacense	Senior Masculino	01:38:10	+32:06	04:39
67	624	Samuel Silva	Running Esmoriz	Senior Masculino	01:38:11	+32:07	04:40
68	273	Pedro Costa Amaral	Individual	Senior Masculino	01:38:21	+32:17	04:40
69	271	Paulo Ricardo Pereira da Costa	Individual	Senior Masculino	01:39:07	+33:03	04:42
70	292	Tiago Neves	Individual	Senior Masculino	01:39:12	+33:08	04:42
71	558	FABIO SAMUEL SILVA PINTO	Lusotúfo	Senior Masculino	01:39:19	+33:15	04:43
72	184	Daniel Albergaria Ferreira da Silva	Goodfellas	Senior Masculino	01:39:44	+33:40	04:44
73	275	Pedro Magolo	Individual	Senior Masculino	01:39:46	+33:42	04:44
74	297	Valter Soares	Individual	Senior Masculino	01:40:24	+34:20	04:46
75	230	Carlos Jesus	Individual	Senior Masculino	01:40:25	+34:21	04:46
76	116	Hugo Santos	CLUBE FUTEBOL OLIVEIRA DO DOURO	Senior Masculino	01:41:12	+35:08	04:48
77	248	Hugo Brito	Individual	Senior Masculino	01:41:30	+35:26	04:49
78	261	Jurge Costa	Individual	Senior Masculino	01:41:44	+35:40	04:50
79	66	Tiago Costa	AVANCARUNNERS	Senior Masculino	01:42:40	+36:37	04:52
80	223	André Mota	Individual	Senior Masculino	01:43:07	+37:03	04:54
81	651	Pedro Cardoso	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:43:36	+37:32	04:55
82	232	Cláudio Tavares	Individual	Senior Masculino	01:43:56	+37:52	04:56
83	556	Luís Silva	Lusitânia de Lourosa FC - Secção de Atletismo	Senior Masculino	01:44:22	+38:18	04:57
84	255	João Mariães	Individual	Senior Masculino	01:44:26	+38:22	04:57
85	238	Danilo Maia	Individual	Senior Masculino	01:44:33	+38:29	04:58
86	622	Luís Oliveira	Running Esmoriz	Senior Masculino	01:44:40	+38:36	04:58

21K

21,075 KM

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OFFICIAL RESULT

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87	262	Marcelo José Reis Oliveira Ramalho	Individual	Senior Masculino	01:44:41	+38:37	04:58
88	231	Carlos Monteiro	Individual	Senior Masculino	01:46:14	+40:10	05:02
89	141	João Fernandes	Double Condition	Senior Masculino	01:46:28	+40:24	05:03
90	254	João Magalhães	Individual	Senior Masculino	01:46:29	+40:26	05:03
91	268	Nuno António Silveira Martins	Individual	Senior Masculino	01:47:40	+41:36	05:07
92	267	Nuno Almeida	Individual	Senior Masculino	01:47:50	+41:46	05:07
93	226	Bruno Daniel Carvalho Castro	Individual	Senior Masculino	01:48:04	+42:00	05:08
94	258	João Pintado	Individual	Senior Masculino	01:49:16	+43:12	05:11
95	280	RICARDO ANDRÉS NEVES DOS SANTOS	Individual	Senior Masculino	01:49:16	+43:12	05:11
96	17	TIAGO SANTOS	100 esforço não há tinto	Senior Masculino	01:49:44	+43:40	05:12
97	672	Wilson Malta	Tartarugas Voadoras	Senior Masculino	01:50:17	+44:13	05:14
98	623	Nuno Alvim	Running Esmoriz	Senior Masculino	01:50:32	+44:29	05:15
99	242	Diogo Pais Silva	Individual	Senior Masculino	01:50:43	+44:39	05:15
100	287	Rui Tavares	Individual	Senior Masculino	01:52:09	+46:05	05:19
101	266	Nicolau Monteiro	Individual	Senior Masculino	01:52:11	+46:07	05:19
102	589	António Carneiro	NIGHT Runners Feira	Senior Masculino	01:52:15	+46:12	05:20
103	29	Moisés Santos	Ac texteis	Senior Masculino	01:52:24	+46:20	05:20
104	269	Nuno Filipe Jesus Sousa	Individual	Senior Masculino	01:52:49	+46:45	05:21
105	270	Nuno Miguel Neves Miranda	Individual	Senior Masculino	01:52:55	+46:51	05:21
106	282	Ricardo Jorge Madureira Ribeiro	Individual	Senior Masculino	01:52:55	+46:51	05:21
107	260	José Garrido	Individual	Senior Masculino	01:53:14	+47:10	05:22
108	39	Hugo Barbosa	ADC Tregosa	Senior Masculino	01:53:16	+47:12	05:22
109	295	Tomás Castro	Individual	Senior Masculino	01:54:14	+48:10	05:25
110	553	Sérgio Aleixo	LES BIG MECS	Senior Masculino	01:54:26	+48:22	05:26
111	186	João Meneses	Grupo Desportivo Banco de Portugal	Senior Masculino	01:54:50	+48:46	05:27
112	291	Simeon Roshchupkin	Individual	Senior Masculino	01:55:01	+48:57	05:27
113	135	José Miguel Figueiredo	Devexperts Portugal	Senior Masculino	01:56:59	+50:55	05:33
114	277	Pedro Oliveira	Individual	Senior Masculino	01:57:55	+51:51	05:36
115	263	Miguel Caldas	Individual	Senior Masculino	01:58:13	+52:09	05:37
116	286	Rui Pinho	Individual	Senior Masculino	01:59:55	+53:51	05:41
117	15	Filipe Teixeira Manta	100 esforço não há tinto	Senior Masculino	02:00:06	+54:02	05:42
118	224	António Salvador	Individual	Senior Masculino	02:00:22	+54:18	05:43
119	290	Simão Lima	Individual	Senior Masculino	02:01:27	+55:23	05:46
120	241	Diogo Fernandes	Individual	Senior Masculino	02:03:59	+57:55	05:53
121	163	Luís Guimarães	G.D.A RONDA	Senior Masculino	02:04:10	+58:06	05:54
122	621	Hélder Faria	Running Esmoriz	Senior Masculino	02:04:15	+58:11	05:54
123	288	Sérgio Coelho	Individual	Senior Masculino	02:06:54	+01:00:50	06:01
124	602	Rui Tavares	Os Primous	Senior Masculino	02:07:18	+01:01:14	06:02
125	601	Miguel Tavares	Os Primous	Senior Masculino	02:07:18	+01:01:14	06:02
126	133	Mário Fonseca	D&M	Senior Masculino	02:12:46	+01:06:42	06:18
127	252	Ivo valente	Individual	Senior Masculino	02:12:46	+01:06:42	06:18
128	61	Fernando Azevedo	ARPO- ASSOCIAÇÃO RECREATIVA POUADENSE.	Senior Masculino	02:14:31	+01:08:27	06:23
129	26	Márcio Silva	A.R.S.M- Associação Recreativa de São Miguel	Senior Masculino	02:16:31	+01:10:27	06:29

21K**21,075 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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130	25	Jorge Scevola	A.R.S.M- Associação Recreativa de São Miguel	Senior Masculino	02:16:32	+01:10:28	06:29
131	296	Tony Lopes	Individual	Senior Masculino	02:23:51	+01:17:48	06:50
132	251	Ivo Pinto	Individual	Senior Masculino	02:26:38	+01:20:34	06:57

Veterana F40

1	568	Liliana Rocha	Maia Atlético Clube - M.A.C.	Veterana F40	01:25:45	+19:41	04:04
2	172	Sandra Ferreira	G.D.C.Guilhovai	Veterana F40	01:27:33	+21:29	04:09
3	309	Paula Lage	Individual	Veterana F40	01:29:23	+23:19	04:14
4	305	Cristina Conde Passos	Individual	Veterana F40	01:33:06	+27:02	04:25
5	313	Sandra Soares Pereira	Individual	Veterana F40	01:33:45	+27:41	04:27
6	103	Lígia Casimiro	CIRES Running Team	Veterana F40	01:35:21	+29:17	04:31
7	42	Susana Borges	AFIS	Veterana F40	01:42:56	+36:52	04:53
8	531	Maria José Franco Oliveira	Juventude Cortegacense	Veterana F40	01:43:29	+37:25	04:55
9	76	Helena Dias	BUDEGUITA RUNNERS	Veterana F40	01:44:00	+37:56	04:56
10	303	Catarina Leite	Individual	Veterana F40	01:44:44	+38:41	04:58
11	307	Maria João Benquerença	Individual	Veterana F40	01:46:55	+40:51	05:04
12	301	Ana Cristina Correia Gomes	Individual	Veterana F40	01:47:22	+41:18	05:06
13	311	Rosabell Dos Santos	Individual	Veterana F40	01:50:23	+44:20	05:14
14	530	Marcia Castro Costa	Juventude Cortegacense	Veterana F40	01:51:32	+45:28	05:18
15	529	Lúcia Campos Costa	Juventude Cortegacense	Veterana F40	01:51:32	+45:28	05:18
16	677	sonia maria dos santos loureiro	Terrores do Asfalto	Veterana F40	01:51:49	+45:45	05:18
17	312	Sandra Amorim	Individual	Veterana F40	01:52:59	+46:55	05:22
18	67	Beta Santos	Bandalhos running	Veterana F40	01:52:59	+46:56	05:22
19	304	Cláudia Pinto	Individual	Veterana F40	01:53:47	+47:43	05:24
20	554	Célia Santos	Lourosa Em Movimento	Veterana F40	01:53:52	+47:49	05:24
21	652	Isabel Aguiar	Sporting Clube de Espinho / António Leitão	Veterana F40	01:57:31	+51:27	05:35
22	302	Carla Susana Pereira Valente	Individual	Veterana F40	02:03:07	+57:03	05:51
23	176	Camila Dias Nakazaki	Gamboa Sports	Veterana F40	02:04:41	+58:37	05:55
24	593	Paula Lopes	NO TOMORROW RUNNING TEAM	Veterana F40	02:04:43	+58:39	05:55
25	572	Mónica Carina Marques de Oliveira	MCDB	Veterana F40	02:05:38	+59:34	05:58
26	27	Estela Pinheiro de Abreu	ABRAIA	Veterana F40	02:06:16	+01:00:12	05:59
27	315	Sofia Gonçalves	Individual	Veterana F40	02:09:51	+01:03:48	06:10
28	137	Diana Moura	DIVE - LIBERDADE FC	Veterana F40	02:10:23	+01:04:19	06:11
29	131	CLARA ISABEL DA SILVA COSTA GONCALVES	Costa & Gonçalves	Veterana F40	02:22:35	+01:16:32	06:46
30	51	Paula Costa	ARADA ATLÉTICO CLUBE	Veterana F40	02:23:17	+01:17:13	06:48
31	316	Sónia Abrantes	Individual	Veterana F40	02:28:33	+01:22:29	07:03
32	308	PATRICIA CARLA TEIXEIRA LIMA	Individual	Veterana F40	02:31:31	+01:25:27	07:11

Veterana F50

1	185	Lídia Pereira	GRECAS Vagos	Veterana F50	01:31:37	+25:33	04:21
2	157	Júlia Conceição	F.C.Penafiel	Veterana F50	01:34:33	+28:29	04:29

Official Timekeeper: Lap2Go	5 / 14	generate 14-mai-2023 12:15
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21K**21,075 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

3	179	Maria Lucas	GDC Fidelidade	Veterana F50	01:35:11	+29:07	04:31
4	65	Helena Santos	Atlético Clube Alfenense	Veterana F50	01:38:10	+32:06	04:40
5	320	Maria Jorge Vieira	Individual	Veterana F50	01:41:31	+35:27	04:49
6	626	Carla Cardoso	Running Esmoriz	Veterana F50	01:44:39	+38:35	04:58
7	627	Maribel Cardoso	Running Esmoriz	Veterana F50	01:54:24	+48:20	05:26
8	689	ISABEL INACIO	Viseu 360	Veterana F50	01:55:34	+49:30	05:29
9	117	Alice Couto	CLUBE FUTEBOL OLIVEIRA DO DOURO	Veterana F50	01:55:51	+49:47	05:30
10	322	Olga gomes	Individual	Veterana F50	01:56:32	+50:28	05:32
11	148	Rosa Guedes	EQUIPA A	Veterana F50	01:57:03	+50:59	05:33
12	318	Cláudia Pimparel	Individual	Veterana F50	01:58:06	+52:02	05:36
13	321	Mária Pereira	Individual	Veterana F50	02:09:29	+01:03:25	06:09
14	138	Maria Sá	DIVE - LIBERDADE FC	Veterana F50	02:10:24	+01:04:20	06:11
15	144	Angela Lopes	dourorun	Veterana F50	02:21:15	+01:15:11	06:42
16	319	Emília Teixeira	Individual	Veterana F50	02:42:31	+01:36:27	07:43

Veterana F60

1	189	Paula Andrade	GRUPO DESPORTIVO FERROVIÁRIOS CAMPANHÃ	Veterana F60	01:49:45	+43:41	05:12
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Veterano M40

1	391	Paulo morais	Individual	Veterano M40	01:12:38	+06:34	03:27
2	174	Artur Rodrigues	G.D.C.Guilhovai	Veterano M40	01:14:39	+08:35	03:33
3	397	Paulo pinto	Individual	Veterano M40	01:15:47	+09:43	03:36
4	101	Rui Rodrigues	Centro de Atletismo de Tondela	Veterano M40	01:16:08	+10:04	03:37
5	155	TOZE CASTRO	EV/PERALTAFIL	Veterano M40	01:16:26	+10:22	03:38
6	180	Fernando Pereira	GFD Running	Veterano M40	01:16:41	+10:37	03:38
7	106	JANIK LIMA	Clube Atletismo de Ovar	Veterano M40	01:17:11	+11:07	03:40
8	653	Hernani Furtado	Sporting Clube de Espinho / António Leitão	Veterano M40	01:17:52	+11:49	03:42
9	662	Jorge Manuel Silva Santos	SUPER BOCK - LEÇA	Veterano M40	01:18:51	+12:47	03:45
10	416	Rui Jorge Soares Amador	Individual	Veterano M40	01:19:17	+13:13	03:46
11	426	Tiago Faria	Individual	Veterano M40	01:19:55	+13:51	03:48
12	535	Daniel Jose Silva Barros	Juventude Cortegacense	Veterano M40	01:20:30	+14:26	03:49
13	80	NUNO PAIS	CAL - Clube Atletismo de Lamas	Veterano M40	01:20:46	+14:42	03:50
14	12	Ricardo Pereira	#lobosolitário	Veterano M40	01:21:43	+15:39	03:53
15	56	Salviano Ferreira	ARADA ATLÉTICO CLUBE	Veterano M40	01:21:48	+15:44	03:53
16	154	CLAUDIO COSTA	EV/PERALTAFIL	Veterano M40	01:22:13	+16:09	03:54
17	175	Luis Silva	G.D.C.Guilhovai	Veterano M40	01:23:03	+16:59	03:56
18	546	Williams da Conceição Rodriguez	Juventude Cortegacense	Veterano M40	01:23:22	+17:18	03:57
19	423	Sérgio Martins	Individual	Veterano M40	01:23:24	+17:20	03:57
20	708	Ivan Silva	Caldas S. Jorge Sport Clube	Veterano M40	01:23:29	+17:25	03:58
21	424	Sérgio Pinto da Mota	Individual	Veterano M40	01:23:40	+17:37	03:58
22	105	DINIS BATISTA	Clube Atletismo de Ovar	Veterano M40	01:24:32	+18:28	04:01

21K**21,075 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

23	23	RUI TAVARES	A. D. GRIJÓ A CORRER	Veterano M40	01:24:39	+18:35	04:01
24	656	Tiago Oliveira	Sporting Clube de Espinho / António Leitão	Veterano M40	01:24:59	+18:55	04:02
25	52	Bruno Oliveira	ARADA ATLÉTICO CLUBE	Veterano M40	01:25:04	+19:00	04:02
26	706	Cláudio Fonseca	Vivalleyrunners	Veterano M40	01:25:04	+19:00	04:02
27	575	Rui Alvim	MSS Contabilidade Trail Team	Veterano M40	01:25:24	+19:20	04:03
28	591	JOSÉ CORREIA	NIGHT Runners Feira	Veterano M40	01:26:01	+19:57	04:05
29	417	Rui Machado	Individual	Veterano M40	01:26:21	+20:17	04:06
30	360	Jaime Gomes	Individual	Veterano M40	01:26:43	+20:39	04:07
31	354	Helder Silva	Individual	Veterano M40	01:26:54	+20:51	04:07
32	40	José Conceição	MSS Contabilidade Trail Team	Veterano M40	01:27:15	+21:11	04:08
33	533	Cecilio Manuel Silva Ferreira	Juventude Cortegacense	Veterano M40	01:27:22	+21:18	04:09
34	373	Luis Manuel Rodrigues Oliveira	Individual	Veterano M40	01:28:03	+21:59	04:11
35	647	Mário Franco	Sport Comércio e Salgueiros	Veterano M40	01:28:05	+22:01	04:11
36	577	Samuel Galveia	N. C. S. Navigator	Veterano M40	01:28:09	+22:05	04:11
37	114	Paulo Oliveira	Clube Desportivo Feirense	Veterano M40	01:28:24	+22:20	04:12
38	543	Sérgio Paulo Ferreira Oliveira	Juventude Cortegacense	Veterano M40	01:28:42	+22:38	04:13
39	339	Emanuel Santos	Individual	Veterano M40	01:29:06	+23:02	04:14
40	364	JORGE MOREIRA	Individual	Veterano M40	01:29:27	+23:23	04:15
41	350	Hélder Faria	Individual	Veterano M40	01:29:48	+23:44	04:16
42	393	Paulo Noormahomed	Individual	Veterano M40	01:30:38	+24:34	04:18
43	332	Celso Fernandes	Individual	Veterano M40	01:30:56	+24:53	04:19
44	160	Carlos Fernandes	Futsal Clube Azeméis	Veterano M40	01:30:57	+24:53	04:19
45	596	Pedro Nogueira	Nogas	Veterano M40	01:31:00	+24:56	04:19
46	415	Rui Cardoso	Individual	Veterano M40	01:31:05	+25:01	04:19
47	534	Daniel Ferreira	Juventude Cortegacense	Veterano M40	01:31:55	+25:51	04:22
48	161	Pedro Lourenço	Futsal Clube Azeméis	Veterano M40	01:31:59	+25:55	04:22
49	324	António Alves	Individual	Veterano M40	01:32:09	+26:05	04:22
50	193	Nuno Miguel Moreira	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	01:32:19	+26:15	04:23
51	149	José lopes	EQUIPA A	Veterano M40	01:33:27	+27:23	04:26
52	663	Manuel Lopes	SUPER BOCK - LEÇA	Veterano M40	01:33:30	+27:26	04:26
53	139	Pedro Costa	DIVE - LIBERDADE FC	Veterano M40	01:33:32	+27:28	04:26
54	97	Hernâni Laranja	Centro Atlético Póvoa Pacense (CENAP) Cacia)	Veterano M40	01:33:41	+27:37	04:27
55	398	PAULO PINTO	Individual	Veterano M40	01:33:47	+27:43	04:27
56	648	Nélson Carvalhosa	Sport Comércio e Salgueiros	Veterano M40	01:34:00	+27:56	04:28
57	569	ARMENIO FILIPE SILVA	MC	Veterano M40	01:34:21	+28:17	04:29
58	327	Armando da costa	Individual	Veterano M40	01:34:38	+28:34	04:29
59	159	Bruno Lourenço	Futsal Clube Azeméis	Veterano M40	01:34:48	+28:44	04:30
60	629	Valter Neves	Running Esmoriz	Veterano M40	01:34:52	+28:48	04:30
61	353	Helder Pinto	Individual	Veterano M40	01:34:58	+28:55	04:30
62	607	João Fontão	POTES DE OURO	Veterano M40	01:35:43	+29:39	04:33
63	375	Marco soares	Individual	Veterano M40	01:35:49	+29:46	04:33
64	385	Nuno Santos	Individual	Veterano M40	01:36:17	+30:13	04:34
65	388	Paulo Fidalgo	Individual	Veterano M40	01:36:49	+30:45	04:36
66	362	Joaquim Pinto	Individual	Veterano M40	01:36:50	+30:46	04:36

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21,075 KM

OFFICIAL RESULT

67	399	Paulo Rola	Individual	Veterano M40	01:36:56	+30:53	04:36
68	540	Nuno Miguel Gonçalves Araújo	Juventude Cortegacense	Veterano M40	01:36:56	+30:53	04:36
69	641	Esteban Brufau	Santiago Runners	Veterano M40	01:37:43	+31:39	04:38
70	343	Francisco Caldas	Individual	Veterano M40	01:37:43	+31:39	04:38
71	123	Ricardo João Caria Pinheiro	Clube Portugal Telecom Zona Norte	Veterano M40	01:37:47	+31:44	04:38
72	690	Pedro Almeida	Viseu 360	Veterano M40	01:38:16	+32:12	04:40
73	405	PEDRO RODRIGUES	Individual	Veterano M40	01:38:23	+32:19	04:40
74	437	Xavier Miranda	Individual	Veterano M40	01:38:26	+32:22	04:40
75	340	Filipe faria	Individual	Veterano M40	01:38:27	+32:24	04:40
76	54	Márcio Pereira	ARADA ATLÉTICO CLUBE	Veterano M40	01:38:41	+32:37	04:41
77	107	MARCO SILVA	Clube Atletismo de Ovar	Veterano M40	01:38:54	+32:50	04:42
78	112	Helder Teixeira	Clube Desportivo Feirense	Veterano M40	01:38:55	+32:51	04:42
79	187	Daniel Silva	Grupo Desportivo Banco de Portugal	Veterano M40	01:39:40	+33:36	04:44
80	89	António Neves	Caldas S. Jorge Sport Clube	Veterano M40	01:39:47	+33:43	04:44
81	433	VERGILIO SILVA TEIXEIRA	Individual	Veterano M40	01:39:48	+33:44	04:44
82	697	Helder Vieira	Vitoria SC	Veterano M40	01:39:56	+33:52	04:45
83	378	Nelson Gomes	Individual	Veterano M40	01:39:57	+33:53	04:45
84	428	Tiago Nogueira	Individual	Veterano M40	01:39:58	+33:54	04:45
85	411	Ricardo Wenceslau	Individual	Veterano M40	01:39:58	+33:54	04:45
86	685	Paulo Osorio	UNIDOS À FRESCA	Veterano M40	01:40:45	+34:41	04:47
87	351	HELDER FERREIRA	Individual	Veterano M40	01:40:48	+34:44	04:47
88	359	Humberto Neves	Individual	Veterano M40	01:40:58	+34:54	04:47
89	43	Márcio Oliveira	AFIS	Veterano M40	01:41:03	+34:59	04:48
90	406	Pepe Nogueira	Individual	Veterano M40	01:41:07	+35:03	04:48
91	69	António Sá	Beatriz dos Panos	Veterano M40	01:41:08	+35:04	04:48
92	369	JP GRINÉ	Individual	Veterano M40	01:41:23	+35:19	04:49
93	58	RICARDO PAIVA	ARCORUN	Veterano M40	01:41:48	+35:45	04:50
94	412	RICKY MATIAS	Individual	Veterano M40	01:41:49	+35:46	04:50
95	539	Marco Pires	Juventude Cortegacense	Veterano M40	01:41:50	+35:46	04:50
96	637	Fernando Gonçalves	Running4Fun Team Viseu	Veterano M40	01:41:58	+35:54	04:50
97	550	Jorge Seabra	KeMedo Team	Veterano M40	01:42:14	+36:10	04:51
98	197	Pedro Martins	H-RAKY	Veterano M40	01:42:17	+36:13	04:51
99	579	Tiago Ferreira	NAMADORES	Veterano M40	01:42:26	+36:22	04:52
100	387	Paulo Borges	Individual	Veterano M40	01:42:32	+36:28	04:52
101	608	Nuno Freitas	POTES DE OURO	Veterano M40	01:43:06	+37:02	04:54
102	598	Hélder Costa	Os Falta D'Ar	Veterano M40	01:43:20	+37:16	04:54
103	590	Bruno Morais	NIGHT Runners Feira	Veterano M40	01:43:20	+37:16	04:54
104	570	HELDER MOTA	MC	Veterano M40	01:43:37	+37:33	04:55
105	408	Ricardo Jorge Borges Doria Duarte	Individual	Veterano M40	01:43:55	+37:51	04:56
106	432	Vasco Almeida	Individual	Veterano M40	01:43:58	+37:54	04:56
107	62	Ricardo Azevedo	ARPO- ASSOCIAÇÃO RECREATIVA POUSADENSE.	Veterano M40	01:44:13	+38:09	04:57
108	118	Hélder Ribeiro	CLUBE FUTEBOL OLIVEIRA DO DOURO	Veterano M40	01:44:34	+38:30	04:58
109	413	Rui Alves	Individual	Veterano M40	01:45:29	+39:25	05:00
110	538	Jose Augusto Pinto Oliveira	Juventude Cortegacense	Veterano M40	01:45:42	+39:38	05:01

Official Timekeeper: Lap2Go	8 / 14	generate 14-mai-2023 12:15
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21K

21,075 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

156	130	Hugo Santos Sousa	Corre São João	Veterano M40	01:58:49	+52:45	05:38
157	134	Daniel Oliveira	D&M	Veterano M40	01:59:29	+53:25	05:40
158	585	Rui Rocha	NAUTILUS, SA	Veterano M40	01:59:53	+53:49	05:41
159	583	Nuno Ferreira	NAUTILUS, SA	Veterano M40	01:59:55	+53:51	05:41
160	436	Vitor Teixeira	Individual	Veterano M40	02:00:31	+54:27	05:43
161	330	Carlos Pinto	Individual	Veterano M40	02:00:33	+54:29	05:43
162	342	Filipe Soares	Individual	Veterano M40	02:01:13	+55:09	05:45
163	400	Paulo Vieira	Individual	Veterano M40	02:01:46	+55:42	05:47
164	368	José Carvalho	Individual	Veterano M40	02:03:12	+57:08	05:51
165	367	José Abreu	Individual	Veterano M40	02:03:18	+57:14	05:51
166	380	Noel Ramalho Oliveira	Individual	Veterano M40	02:03:50	+57:46	05:53
167	377	miguel oliveira	Individual	Veterano M40	02:03:50	+57:46	05:53
168	177	Fernando Nagano	Gamboa Sports	Veterano M40	02:04:41	+58:37	05:55
169	595	Hélder Nogueira	Nogas	Veterano M40	02:05:21	+59:17	05:57
170	374	Luis Miguel Gomes Ferreira	Individual	Veterano M40	02:08:46	+01:02:42	06:07
171	582	Artur Carvalho	NAUTILUS, SA	Veterano M40	02:09:39	+01:03:35	06:09
172	363	Joel Ribeiro	Individual	Veterano M40	02:10:06	+01:04:02	06:10
173	594	RICARDO OLIVEIRA	NO TOMORROW RUNNING TEAM	Veterano M40	02:13:07	+01:07:03	06:19
174	559	ANTÓNIO SILVA	Lusotufo	Veterano M40	02:13:35	+01:07:31	06:20
175	325	Antonio Gabriel Pinho	Individual	Veterano M40	02:13:42	+01:07:38	06:21
176	409	Ricardo Resende	Individual	Veterano M40	02:13:42	+01:07:39	06:21
177	71	Jose Miguel malaquias de Almeida	BP RUN	Veterano M40	02:14:42	+01:08:38	06:23
178	74	Silvio Pereira	BP RUN	Veterano M40	02:14:42	+01:08:38	06:24
179	132	Rui Miguel Henriques Leite da Costa	Costa & Gonçalves	Veterano M40	02:22:24	+01:16:20	06:45

Veterano M50

1	668	José Andrade	Talho Manecas	Veterano M50	01:14:36	+08:32	03:32
2	482	Mario Paulo Carreira	Individual	Veterano M50	01:17:06	+11:02	03:40
3	650	Joaquim Alves	Sport Comércio e Salgueiros	Veterano M50	01:18:06	+12:02	03:42
4	578	Ricardo Carvalho	NAC	Veterano M50	01:18:24	+12:20	03:43
5	96	FERNANDO SANTOS	CASA DO POVO DE MANGUALDE	Veterano M50	01:19:31	+13:27	03:46
6	110	Manuel Alves	Clube Campismo	Veterano M50	01:19:42	+13:38	03:47
7	45	José Figueiredo	AFIS	Veterano M50	01:22:02	+15:58	03:54
8	592	Victor Correia	NIGHT Runners Feira	Veterano M50	01:22:20	+16:16	03:54
9	38	António Pinto	ACR de Vale de Cambra	Veterano M50	01:23:03	+16:59	03:56
10	115	Antonio Amorim	Clube Desportivo Feirense	Veterano M50	01:23:29	+17:25	03:58
11	702	Joaquim Pacheco	Vitoria SC	Veterano M50	01:24:32	+18:28	04:01
12	655	Augusto Alulai	Sporting Clube de Espinho / António Leitão	Veterano M50	01:24:34	+18:30	04:01
13	547	Ernesto Marques Alves	Juventude Cortegacense	Veterano M50	01:24:42	+18:38	04:01
14	537	Manuel Ferreira	GD Ronda	Veterano M50	01:25:38	+19:34	04:04
15	463	João Moço	Individual	Veterano M50	01:28:27	+22:23	04:12
16	11	Pedro Guimaraes	#LETSRUNAZORES	Veterano M50	01:28:33	+22:29	04:12

21K**21,075 KM**

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OFFICIAL RESULT

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17	98	José Coutinho	Centro Atlético Póvoa Pacense (CENAP) Cacia)	Veterano M50	01:28:37	+22:33	04:12
18	676	José Carlos Santos	Team El Comandante	Veterano M50	01:28:58	+22:55	04:13
19	603	Carlos Silva	Paços runners	Veterano M50	01:29:12	+23:08	04:14
20	59	PAULO GRILO	ARCORUN	Veterano M50	01:29:15	+23:11	04:14
21	46	José Godinho	AFIS	Veterano M50	01:29:20	+23:16	04:14
22	68	Paulo Bandalho	Bandalhos running	Veterano M50	01:29:29	+23:25	04:15
23	618	JOSÉ SILVA	RIPOLINS GRIJÓ A CORRER	Veterano M50	01:29:49	+23:45	04:16
24	487	nuno cáceres	Individual	Veterano M50	01:30:07	+24:03	04:17
25	461	Helder Marinho	Individual	Veterano M50	01:30:13	+24:10	04:17
26	441	Antonio jorge	Individual	Veterano M50	01:31:01	+24:57	04:19
27	164	Manuel Bastos	G.D.A RONDA	Veterano M50	01:31:02	+24:58	04:19
28	156	Jose Silva	GD Ronda	Veterano M50	01:31:03	+24:59	04:19
29	77	José Marques	C A MATOSINHOS	Veterano M50	01:31:33	+25:29	04:21
30	705	Paulo Abreu	Vitoria SC	Veterano M50	01:32:15	+26:11	04:23
31	469	José Correia	Individual	Veterano M50	01:32:20	+26:16	04:23
32	182	Pedro França	GIM	Veterano M50	01:32:28	+26:24	04:23
33	703	Jose Carlos	Vitoria SC	Veterano M50	01:32:32	+26:28	04:23
34	122	Salvador Silva	CLUBE NOVO BANCO	Veterano M50	01:32:35	+26:31	04:24
35	700	Francisco Novais	Vitoria SC	Veterano M50	01:33:17	+27:13	04:26
36	649	Albino Correia	Sport Comércio e Salgueiros	Veterano M50	01:34:00	+27:56	04:28
37	450	Carlos Lancha	Individual	Veterano M50	01:34:16	+28:12	04:28
38	446	António Ribeiro	Individual	Veterano M50	01:34:59	+28:55	04:30
39	491	Paulo José Pinto Ferreira	Individual	Veterano M50	01:35:45	+29:41	04:33
40	81	ANTÓNIO CASTRO	CAL - Clube Atletismo de Lamas	Veterano M50	01:35:46	+29:42	04:33
41	640	Orlando Ferreira	Salgueiros Running	Veterano M50	01:35:53	+29:50	04:33
42	452	David Santos	Individual	Veterano M50	01:36:22	+30:18	04:34
43	119	Abílio Silva	CLUBE FUTEBOL OLIVEIRA DO DOURO	Veterano M50	01:36:40	+30:36	04:35
44	666	Zé Dias	SUPER BOCK - LEÇA	Veterano M50	01:36:42	+30:38	04:35
45	448	Basílio Simões	Individual	Veterano M50	01:36:50	+30:46	04:36
46	90	Alberto Neves	Caldas S. Jorge Sport Clube	Veterano M50	01:37:13	+31:09	04:37
47	604	José Manuel da Silva Gomes	Pastello Runners	Veterano M50	01:37:30	+31:26	04:38
48	459	Francisco Santos	Individual	Veterano M50	01:37:49	+31:45	04:38
49	692	Pedro Miguel Laranjo	Viseu 360	Veterano M50	01:38:16	+32:12	04:40
50	464	Joaquim Silva	Individual	Veterano M50	01:38:19	+32:15	04:40
51	99	José Resende	Centro Atlético Póvoa Pacense (CENAP) Cacia)	Veterano M50	01:38:42	+32:38	04:41
52	451	Carlos Manuel de Matos Marques	Individual	Veterano M50	01:39:03	+32:59	04:42
53	82	Jorge Bernardino	CAL - Clube Atletismo de Lamas	Veterano M50	01:39:07	+33:03	04:42
54	486	Miguel Carneiro	Individual	Veterano M50	01:39:32	+33:28	04:43
55	478	Manuel puerta da costa	Individual	Veterano M50	01:39:52	+33:48	04:44
56	665	António Lameira	SUPER BOCK - LEÇA	Veterano M50	01:40:02	+33:58	04:45
57	496	Paulo Santos	Individual	Veterano M50	01:40:07	+34:03	04:45
58	447	António Rogério Cruz Simões Almeida	Individual	Veterano M50	01:41:01	+34:57	04:48
59	564	VITOR MANUEL FERREIRA DE SÁ	Lusotufo	Veterano M50	01:41:04	+35:00	04:48
60	124	Virgílio Augusto Castro Carção	Clube Portugal Telecom Zona Norte	Veterano M50	01:41:19	+35:15	04:48

Official Timekeeper: Lap2Go	11 / 14	generate 14-mai-2023 12:15
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21K

21,075 KM

OFFICIAL RESULT

61	610	Marco Ferreira	POTES DE OURO	Veterano M50	01:41:27	+35:24	04:49
62	468	Jorge Miguel Marques	Individual	Veterano M50	01:41:29	+35:26	04:49
63	127	salvador fardilha	convecidos.com	Veterano M50	01:41:34	+35:30	04:49
64	460	GILMAR FRANCISCO BICHET	Individual	Veterano M50	01:42:08	+36:04	04:51
65	563	PEDRO MACHADO	Lusotufo	Veterano M50	01:42:54	+36:50	04:53
66	561	LUÍS CUNHA	Lusotufo	Veterano M50	01:42:55	+36:51	04:53
67	192	Paulo Santos	Grupo Desportivo Novo Banco	Veterano M50	01:43:21	+37:17	04:54
68	449	Carlos Almeida	Individual	Veterano M50	01:43:27	+37:23	04:55
69	599	antónio duarte	Os Kágados	Veterano M50	01:43:32	+37:29	04:55
70	470	José Faria	Individual	Veterano M50	01:43:57	+37:54	04:56
71	140	Nuno Martins de Pinho	Domingo levo um rádio	Veterano M50	01:44:49	+38:45	04:58
72	497	Ricardo Pereira	Individual	Veterano M50	01:45:03	+38:59	04:59
73	710	Paulo Pais	Individual	Veterano M50	01:45:21	+39:17	05:00
74	494	PAULO SÁ	Individual	Veterano M50	01:45:21	+39:17	05:00
75	581	Francelino Resende	Nascidos para Correr	Veterano M50	01:46:29	+40:25	05:03
76	691	Jorge quaresma	Viseu 360	Veterano M50	01:47:05	+41:01	05:05
77	548	Manuel constantino silva	Juventude Cortegacense	Veterano M50	01:47:19	+41:15	05:06
78	443	António Monteiro	Individual	Veterano M50	01:47:23	+41:19	05:06
79	453	EMANUEL MOTA	Individual	Veterano M50	01:48:15	+42:11	05:08
80	439	Américo Fonseca	Individual	Veterano M50	01:48:20	+42:16	05:08
81	500	Victor Lourenço	Individual	Veterano M50	01:48:42	+42:38	05:09
82	181	Jorge Santos	GIM	Veterano M50	01:48:55	+42:51	05:10
83	474	Luís Gil Caldeira	Individual	Veterano M50	01:49:02	+42:59	05:10
84	466	Jorge Costa	Individual	Veterano M50	01:49:07	+43:03	05:11
85	498	Silvano Rodrigues da Silva	Individual	Veterano M50	01:50:13	+44:09	05:14
86	490	Paulo César Soares Ribeiro	Individual	Veterano M50	01:50:21	+44:17	05:14
87	488	Nuno magalhaes	Individual	Veterano M50	01:50:34	+44:30	05:15
88	456	Filipe Pires	Individual	Veterano M50	01:50:35	+44:31	05:15
89	638	José Manuel Lima Antunes	Running4Fun Team Viseu	Veterano M50	01:50:44	+44:40	05:15
90	455	Fernando Manuel Soares Almeida	Individual	Veterano M50	01:50:45	+44:42	05:15
91	47	Paulo Jorge Almeida	AFIS	Veterano M50	01:51:16	+45:12	05:17
92	44	Américo Oliveira	AFIS	Veterano M50	01:51:18	+45:14	05:17
93	562	PEDRO BRUNO SILVA MARQUES ROLA	Lusotufo	Veterano M50	01:51:33	+45:29	05:18
94	458	francisco costa	Individual	Veterano M50	01:52:00	+45:56	05:19
95	634	Miguel Gouveia	Running Esmoriz	Veterano M50	01:52:36	+46:32	05:21
96	440	António Augusto Estroia Alves	Individual	Veterano M50	01:52:59	+46:55	05:22
97	41	Leandro Barbosa	ADC Tregosa	Veterano M50	01:53:22	+47:18	05:23
98	120	Americo Pereira	CLUBE FUTEBOL OLIVEIRA DO DOURO	Veterano M50	01:53:47	+47:43	05:24
99	480	Manuel Silva	Individual	Veterano M50	01:54:00	+47:56	05:25
100	499	SIMÃO AZEVEDO DIAS	Individual	Veterano M50	01:54:17	+48:13	05:25
101	475	MANUEL COELHO	Individual	Veterano M50	01:55:28	+49:24	05:29
102	483	Mauricio Lins	Individual	Veterano M50	01:55:38	+49:34	05:29
103	462	JOÃO CARVALHO	Individual	Veterano M50	01:56:05	+50:01	05:31
104	151	Luis António Alves de Oliveira	Estrela do Deserto	Veterano M50	01:56:12	+50:08	05:31
105	60	PEDRO MELO	ARCORUN	Veterano M50	01:56:23	+50:19	05:31

21K

21,075 KM

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

106	442	António Manuel da Costa Pinto	Individual	Veterano M50	01:56:54	+50:50	05:33
107	479	Manuel Santos Silva	Individual	Veterano M50	01:58:39	+52:35	05:38
108	489	PAULO ARAÚJO	Individual	Veterano M50	01:58:47	+52:43	05:38
109	586	Paulo Craveiro	NAUTILUS, SA	Veterano M50	01:59:55	+53:51	05:41
110	630	Amândio Mendes	Running Esmoriz	Veterano M50	02:01:50	+55:47	05:47
111	198	Paulo Manaia	H-RAKY	Veterano M50	02:02:35	+56:31	05:49
112	34	Vitor Costa	ACAIL GAS	Veterano M50	02:03:18	+57:14	05:51
113	165	Paulo Mota	G.D.A RONDA	Veterano M50	02:04:10	+58:06	05:54
114	126	Paulo Soares	convecidos.com	Veterano M50	02:05:18	+59:15	05:57
115	687	Paulo Vilas Boas	UNIDOS À FRESCA	Veterano M50	02:05:45	+59:41	05:58
116	560	ANTÓNIO ALVES	Lusotufo	Veterano M50	02:06:54	+01:00:50	06:01
117	481	MARCIO LAMOUNIER DOS REIS	Individual	Veterano M50	02:08:26	+01:02:22	06:06
118	471	Jose Ferreira	Individual	Veterano M50	02:09:03	+01:02:59	06:07
119	473	julio costa	Individual	Veterano M50	02:09:29	+01:03:25	06:09
120	438	Adão Ferreira lopes	Individual	Veterano M50	02:09:50	+01:03:46	06:10
121	467	Jorge Gonçalves	Individual	Veterano M50	02:09:51	+01:03:47	06:10
122	495	paulo santos	Individual	Veterano M50	02:11:05	+01:05:01	06:13
123	587	Vicente Cardoso	NAUTILUS, SA	Veterano M50	02:28:06	+01:22:02	07:02

Veterano M60

1	707	Alexandre Ferreira	Vizela Corre	Veterano M60	01:22:55	+16:51	03:56
2	643	Américo Valente	SERVIÇOS SOCIAIS CULTURAIS DOS TRABALHADORES DO MUNICÍPIO DE OVAR	Veterano M60	01:25:36	+19:32	04:04
3	166	Carlos Fazendeiro	G.D.A RONDA	Veterano M60	01:26:53	+20:49	04:07
4	555	José Maria Pacheco Rosendo	LOUSADA RUNNERS	Veterano M60	01:26:57	+20:53	04:08
5	517	Manuel Rocha	Individual	Veterano M60	01:28:56	+22:52	04:13
6	566	Manuel Jorge Gomes Alves	Lusotufo	Veterano M60	01:30:41	+24:37	04:18
7	504	Zé Dias	A D ESMERIZ RUNNING	Veterano M60	01:31:45	+25:42	04:21
8	75	Alcides Relvas	Bravos e Bravitas	Veterano M60	01:32:58	+26:54	04:25
9	102	José Luis Santos	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	01:33:20	+27:16	04:26
10	516	jose soares correia	Individual	Veterano M60	01:38:03	+31:59	04:39
11	183	Adérito Curto	Gira Sol	Veterano M60	01:38:18	+32:14	04:40
12	513	João António Vinagre Almada	Individual	Veterano M60	01:39:02	+32:58	04:42
13	688	Ricardo Silva Osorio	UNIDOS À FRESCA	Veterano M60	01:40:44	+34:40	04:47
14	576	Manuel Póvoas	MSS Contabilidade Trail Team	Veterano M60	01:41:13	+35:09	04:48
15	121	Anselmo Moreira	CLUBE FUTEBOL OLIVEIRA DO DOURO	Veterano M60	01:41:19	+35:15	04:48
16	128	manuel antonio silva	convecidos.com	Veterano M60	01:41:34	+35:30	04:49
17	129	rodrigo nunes	convecidos.com	Veterano M60	01:41:34	+35:30	04:49
18	505	António Neto	Individual	Veterano M60	01:41:51	+35:47	04:50
19	93	José Silva	Caldas S. Jorge Sport Clube	Veterano M60	01:43:03	+36:59	04:53
20	145	Carlos Bento	dourorun	Veterano M60	01:46:55	+40:51	05:04
21	520	PAULINO OLIVEIRA	Individual	Veterano M60	01:48:12	+42:08	05:08
22	190	Arlindo Pereira	GRUPO DESPORTIVO FERROVIÁRIOS CAMPANHÃ	Veterano M60	01:49:45	+43:41	05:12

21K**21,075 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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23	678	Fernando Pinto Carvalho	Terrores do Asfalto	Veterano M60	01:50:00	+43:56	05:13
24	92	Abel Santos	Caldas S. Jorge Sport Clube	Veterano M60	01:51:32	+45:28	05:18
25	522	Rui Vilar	Individual	Veterano M60	01:51:46	+45:42	05:18
26	125	Narciso Arromba	Cluve	Veterano M60	01:52:18	+46:14	05:20
27	511	Francisco José Puga Lobo	Individual	Veterano M60	01:53:28	+47:24	05:23
28	549	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M60	01:53:33	+47:29	05:23
29	188	Manuel Cruz	Grupo Desportivo Banco de Portugal	Veterano M60	01:53:48	+47:44	05:24
30	506	Antonio Silva	Individual	Veterano M60	01:55:48	+49:44	05:30
31	580	Vasco Granja	NAMADORES	Veterano M60	01:57:32	+51:28	05:35
32	191	Fernando Andrade	GRUPO DESPORTIVO FERROVIÁRIOS CAMPANHÃ	Veterano M60	01:57:39	+51:35	05:35
33	512	Geraldino Silva	Individual	Veterano M60	01:58:31	+52:27	05:37
34	693	Henrique Conceição	Viseu 360	Veterano M60	01:58:58	+52:54	05:39
35	519	Óscar Magolo	Individual	Veterano M60	02:00:37	+54:33	05:43
36	83	Joaquim Paulino	CAL - Clube Atletismo de Lamas	Veterano M60	02:01:56	+55:52	05:47
37	600	Normando Santos	Os Kágados	Veterano M60	02:03:10	+57:06	05:51
38	507	antonio soares	Individual	Veterano M60	02:03:51	+57:47	05:53
39	508	Arménio Neves	Individual	Veterano M60	02:05:19	+59:15	05:57
40	515	Jose Ramalhao	Individual	Veterano M60	02:07:16	+01:01:12	06:02
41	84	LUCIDIO DIAS	CAL - Clube Atletismo de Lamas	Veterano M60	02:08:24	+01:02:20	06:06
42	509	Custodio Neto	Individual	Veterano M60	02:14:57	+01:08:53	06:24
43	22	Belmiro Aguiar	OS KAGADOS	Veterano M60	02:19:35	+01:13:31	06:37

10K - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:30	16,7°C	72%
End	10:57	16,7°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	2050	SERGIO PAIVA	clube atletismo de ovar	Senior Masculino	35:26		03:33
2	2004	Bruno Freitas	acr de vale de cambra	Senior Masculino	36:02	+00:36	03:36
3	2049	CELSO LEITE	clube atletismo de ovar	Senior Masculino	36:34	+01:07	03:39
4	170	Jorge Cubal	g.d.c.guilhovai	Senior Masculino	36:54	+01:28	03:41
5	2158	Paulo Pereira	individual	Senior Masculino	37:17	+01:51	03:44
6	2169	RuiP. Pinto	individual	Senior Masculino	37:23	+01:57	03:44
7	2046	Rafael Pais	centro de atletismo de tondela	Senior Masculino	37:29	+02:03	03:45
8	2250	Milton Santos	união de tomar	Senior Masculino	38:23	+02:56	03:50
9	2025	DANIEL RODRIGUES	arvor associação recreativa os veteranos d'ovar	Senior Masculino	39:19	+03:52	03:56
10	2223	Domingos Vieira	pardelhas	Senior Masculino	39:42	+04:16	03:58
11	2042	Joel Ramalhoto	casa do povo de mangualde	Senior Masculino	39:49	+04:22	03:59
12	2252	Pedro Cunha	vizela corre	Senior Masculino	40:51	+05:25	04:05
13	2060	Lino Ferreira	g.d.c.guilhovai	Senior Masculino	41:27	+06:00	04:09
14	2128	David Ribeiro	individual	Senior Masculino	41:27	+06:01	04:09
15	2001	António Assunção	acaíl gas	Senior Masculino	41:45	+06:19	04:11
16	2144	Jorge Alves	individual	Senior Masculino	42:04	+06:38	04:12
17	2132	Fábio Correia	individual	Senior Masculino	42:34	+07:08	04:16
18	2044	Paulo Silva	centro atlético póvoa pacense (cenap) cacia)	Senior Masculino	42:47	+07:20	04:17
19	2018	Lara Costa	arada atlético clube	Senior Feminino	43:02	+07:36	04:18
20	2020	António Nunes	arada atlético clube	Senior Masculino	43:03	+07:37	04:18
21	2023	Ricardo Costa	arada atlético clube	Senior Masculino	43:04	+07:37	04:18
22	2022	Paulo Maia	arada atlético clube	Senior Masculino	43:30	+08:04	04:21
23	2150	José Silva Reis	individual	Senior Masculino	43:54	+08:28	04:23
24	2040	André Nunes	casa do povo de mangualde	Senior Masculino	44:20	+08:53	04:26
25	2134	Fernando Marinho	individual	Senior Masculino	44:20	+08:54	04:26
26	2152	Luís Miguel Pereira das Neves	individual	Senior Masculino	44:28	+09:01	04:27
27	2054	Filipe Coelho	copo runners	Senior Masculino	44:49	+09:22	04:29
28	2043	Joaquim Ramos	centro atlético póvoa pacense (cenap) cacia)	Senior Masculino	44:59	+09:32	04:30
29	2024	Serafim Reis	arada atlético clube	Senior Masculino	45:14	+09:48	04:31
30	2076	CARLA DE ALMEIDA	individual	Senior Feminino	45:40	+10:14	04:34
31	2185	Celso Lino Oliveira Gomes	juventude cortegacense	Senior Masculino	45:53	+10:27	04:35
32	2171	Vasco Fernando Valente Regadas	individual	Senior Masculino	45:57	+10:31	04:36
33	2041	Carlos Almeida	casa do povo de mangualde	Senior Masculino	46:10	+10:43	04:37
34	2026	Daniel Vieira	arvor associação recreativa os veteranos d'ovar	Senior Masculino	46:12	+10:45	04:37
35	2053	Armando Sá	copo runners	Senior Masculino	46:18	+10:51	04:38
36	2170	Telmo nunes	individual	Senior Masculino	46:31	+11:05	04:39
37	2021	OSCAR BRANDÃO	arada atlético clube	Senior Masculino	46:35	+11:09	04:40
38	2142	Jardin Hanfo	individual	Senior Masculino	47:05	+11:39	04:43
39	2117	António Guimarães	individual	Senior Masculino	47:13	+11:46	04:43

10K - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	2055	Miguel Oliveira	copo runners	Senior Masculino	47:13	+11:47	04:43
41	91	Manuel Augusto	caldas s. jorge sport clube	Senior Masculino	47:24	+11:58	04:44
42	2215	Hugo Antunes	os estiga	Senior Masculino	47:24	+11:58	04:44
43	2123	Carlos Silva	individual	Senior Masculino	47:29	+12:02	04:45
44	2061	Carlos Frias	gd leões da guarda - lion runners	Senior Masculino	47:31	+12:05	04:45
45	2126	Daniel Gomes	individual	Senior Masculino	47:55	+12:29	04:48
46	2153	Luís Silva	individual	Senior Masculino	47:59	+12:32	04:48
47	2217	Rafael Jesus	os estiga	Senior Masculino	48:50	+13:23	04:53
48	2058	ANA OLIVEIRA	ev/peraltafil	Senior Feminino	49:00	+13:33	04:54
49	2059	MANUEL BESSA	ev/peraltafil	Senior Masculino	49:04	+13:38	04:54
50	2157	Nuno Reis	individual	Senior Masculino	49:07	+13:40	04:55
51	2141	Igor Alexandre Oliveira Lero Gaio	individual	Senior Masculino	49:07	+13:41	04:55
52	2162	Pedro Necho	afis	Senior Masculino	49:20	+13:53	04:56
53	2127	Daniel Pedrosa	individual	Senior Masculino	49:21	+13:54	04:56
54	2251	Rui Pires	virithvs runners viseu	Senior Masculino	49:22	+13:56	04:56
55	2209	Tiago Peres	moelas atlético clube	Senior Masculino	49:41	+14:15	04:58
56	2032	Laurent Cueuet	beone	Senior Masculino	49:58	+14:31	05:00
57	2038	Joaquim Lobato	caldas s. jorge sport clube	Senior Masculino	50:16	+14:49	05:02
58	2016	Paulo Silva	afis	Senior Masculino	50:32	+15:05	05:03
59	2010	Inês Gonçalves	afis	Senior Feminino	50:32	+15:06	05:03
60	2129	Delfim Silva	individual	Senior Masculino	51:00	+15:34	05:06
61	2156	Nuno Oliveira	individual	Senior Masculino	51:16	+15:50	05:08
62	425	Telmo Fernandes	individual	Senior Masculino	51:17	+15:51	05:08
63	2164	Ricardo Machado	individual	Senior Masculino	51:23	+15:57	05:08
64	2230	Carlos Matos	running esmoriz	Senior Masculino	51:27	+16:00	05:09
65	2229	Orquídea Sousa	running esmoriz	Senior Feminino	51:27	+16:01	05:09
66	2216	Miguel Santos	os estiga	Senior Masculino	51:29	+16:03	05:09
67	2155	Nuno Miguel Rios de Pinho	individual	Senior Masculino	51:34	+16:07	05:09
68	2227	Fernanda Rocha	running esmoriz	Senior Feminino	51:56	+16:30	05:12
69	2033	Paulo Rocha	beone	Senior Masculino	51:58	+16:32	05:12
70	2165	Ricardo Ramos	individual	Senior Masculino	52:25	+16:59	05:15
71	2109	Sónia Isabel Gomes RAMOS	individual	Senior Feminino	52:26	+17:00	05:15
72	2039	José Sousa	caldas s. jorge sport clube	Senior Masculino	52:39	+17:12	05:16
73	2136	Gil Rodrigues	individual	Senior Masculino	52:49	+17:23	05:17
74	2167	Rui Godinho	individual	Senior Masculino	53:00	+17:34	05:18
75	2262	Manuel Oliveira	lusotufo	Senior Masculino	53:12	+17:46	05:19
76	2048	ARLINDO SILVA	clube atletismo de ovar	Senior Masculino	53:27	+18:00	05:21
77	2236	Maria Costa	serviços sociais culturais dos trabalhadores do município de ovar	Senior Feminino	53:27	+18:00	05:21
78	2242	Sergio Guedes	springmark	Senior Masculino	53:28	+18:01	05:21
79	2203	Cristiana Borges	moelas atlético clube	Senior Feminino	53:37	+18:11	05:22
80	2008	Elizabete Silva	afis	Senior Feminino	53:51	+18:25	05:23
81	2133	FERNANDO CORUCHO	individual	Senior Masculino	53:56	+18:30	05:24
82	2211	Dídia Gabriel	nogas	Senior Feminino	54:01	+18:35	05:24
83	2104	Raquel Pereira	individual	Senior Feminino	54:06	+18:40	05:25
84	2131	Duarte Santos Ribeiro	individual	Senior Masculino	54:20	+18:53	05:26

Official Timekeeper: Lap2Go	2 / 6	generate 14-mai-2023 11:03
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10K - STAGE 1

10 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
85	2140	Hugo Pinto	individual	Senior Masculino	54:20	+18:54	05:26
86	57	Joaquim Ferreira	arada atlético clube	Senior Masculino	54:33	+19:06	05:27
87	2206	David Martins	moelas atlético clube	Senior Masculino	55:11	+19:44	05:31
88	2072	Alexandra lopes	individual	Senior Feminino	55:12	+19:45	05:31
89	2178	Juliana Almeida	jobra-associação de jovens da branca	Senior Feminino	55:16	+19:50	05:32
90	2233	Rui Marques	running esmoriz	Senior Masculino	55:19	+19:53	05:32
91	2089	Florabela Araujo	individual	Senior Feminino	55:26	+20:00	05:33
92	2148	Jose Fernando Rodrigues Rocha	individual	Senior Masculino	55:32	+20:05	05:33
93	2248	rui fardilha	sunday morning	Senior Masculino	55:41	+20:15	05:34
94	2187	Joao Carlos Correira 04/08/1984	juventude cortegacense	Senior Masculino	55:44	+20:18	05:34
95	2247	paulo valente	sunday morning	Senior Masculino	56:13	+20:46	05:37
96	2176	António Filipe Fernandes Couto	javardices	Senior Masculino	56:50	+21:23	05:41
97	2002	Luis Novo	acail gas	Senior Masculino	57:00	+21:34	05:42
98	2017	Isabel Pinto	arada atlético clube	Senior Feminino	57:06	+21:40	05:43
99	2246	manuel jorge	sunday morning	Senior Masculino	57:09	+21:42	05:43
100	2243	claudio caldas	sunday morning	Senior Masculino	57:09	+21:42	05:43
101	2245	leonardo marques	sunday morning	Senior Masculino	57:10	+21:44	05:43
102	2213	Rodrigo Magalhães	nogas	Senior Masculino	57:16	+21:50	05:44
103	2222	António da Silva Rodrigues	pardelhas	Senior Masculino	57:19	+21:52	05:44
104	2069	Luis Bastos	guisande trail running	Senior Masculino	57:21	+21:55	05:44
105	2014	Manuel Gomes	afis	Senior Masculino	57:28	+22:01	05:45
106	2011	Paula Cruz	afis	Senior Feminino	57:28	+22:01	05:45
107	2006	Claudia Gomes	afis	Senior Feminino	57:28	+22:01	05:45
108	2115	André dos Santos Ferreira	individual	Senior Masculino	57:51	+22:25	05:47
109	2005	JOSÉ MATOS	adrep	Senior Masculino	58:14	+22:48	05:49
110	2190	Paulo Castelo	juventude cortegacense	Senior Masculino	58:20	+22:53	05:50
111	2189	Nuno Andre da Costa Oliveira	juventude cortegacense	Senior Masculino	58:22	+22:56	05:50
112	2186	Hélder Cesar Gomes Candal Correia	juventude cortegacense	Senior Masculino	58:22	+22:56	05:50
113	2198	JOSÉ MANUEL ROCHA CORREIA	lusotufu	Senior Masculino	58:25	+22:58	05:51
114	2075	Carla Cardoso	individual	Senior Feminino	58:26	+22:59	05:51
115	2130	Diogo Amaral	individual	Senior Masculino	58:37	+23:10	05:52
116	2214	Rodrigo Nogueira	nogas	Senior Masculino	58:57	+23:31	05:54
117	2188	Miguel Pinheiro Matos	juventude cortegacense	Senior Masculino	59:04	+23:38	05:54
118	329	bruno rocha	individual	Senior Masculino	59:10	+23:43	05:55
119	2083	Cláudia Serrano	individual	Senior Feminino	59:29	+24:02	05:57
120	2124	Carlos Violas	individual	Senior Masculino	59:33	+24:06	05:57
121	2210	Alvaro Silva	mss contabilidade trail team	Senior Masculino	59:34	+24:07	05:57
122	2201	Filipa Ortigão	magic runners	Senior Feminino	59:34	+24:08	05:57
123	2241	André Costa	springmark	Senior Masculino	59:35	+24:08	05:58
124	2052	Jéssica Andrade	copo runners	Senior Feminino	59:40	+24:14	05:58
125	2118	Arnaldo Cardoso	individual	Senior Masculino	59:42	+24:16	05:58
126	2244	joao valente	sunday morning	Senior Masculino	59:52	+24:25	05:59

10K - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
214	2093	Lhaís Rodrigues Silva	individual	Senior Feminino	01:21:23	+45:56	08:08
215	2074	Angela Margarida Rodrigues Silva	individual	Senior Feminino	01:23:02	+47:36	08:18
216	372	Luís Madureira	individual	Senior Masculino	01:23:42	+48:15	08:22
217	2086	Filipa Belo	individual	Senior Feminino	01:23:43	+48:16	08:22
218	2111	Teresa Andias	individual	Senior Feminino	01:24:10	+48:44	08:25

10K

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

38	2099	Mónica Filipa do Carmo Leal	Individual	Senior Feminino	01:02:45	+27:19	06:17
39	2070	Adelaide Marques	Individual	Senior Feminino	01:03:21	+27:54	06:20
40	2191	Mariana Lopes	LES BIG MECS	Senior Feminino	01:03:53	+28:27	06:23
41	2094	LUCIA CORUCHO	Individual	Senior Feminino	01:04:03	+28:36	06:24
42	2088	Filipa Soares	Individual	Senior Feminino	01:04:16	+28:50	06:26
43	2057	Maria Fernanda Bento	dourorun	Senior Feminino	01:04:37	+29:11	06:28
44	2102	Paula Oliveira	Individual	Senior Feminino	01:04:39	+29:12	06:28
45	2179	Catarina Rodrigues Sa Ferreira	Juventude Cortegacense	Senior Feminino	01:04:44	+29:17	06:28
46	2107	Sofia Martins	Individual	Senior Feminino	01:05:20	+29:53	06:32
47	2090	Isabel Santos	Individual	Senior Feminino	01:05:24	+29:58	06:32
48	2062	Lurdes Sanguedo	Gens Sport clube Trail	Senior Feminino	01:05:24	+29:58	06:32
49	2028	Lúcia Maia	BeONE	Senior Feminino	01:06:13	+30:47	06:37
50	2029	Sónia Silva	BeONE	Senior Feminino	01:06:13	+30:47	06:37
51	2092	Joana Pádua	Individual	Senior Feminino	01:07:41	+32:15	06:46
52	2035	ANA PAIS	CAL - Clube Atletismo de Lamas	Senior Feminino	01:07:42	+32:16	06:46
53	2220	Carina Gouveia	Pardelhas	Senior Feminino	01:08:07	+32:41	06:49
54	2221	Catarina Pinho	Pardelhas	Senior Feminino	01:08:07	+32:41	06:49
55	2175	Marta Filipa Neves de Azevedo	Javardices	Senior Feminino	01:08:09	+32:43	06:49
56	2182	Maria Elisabete Pinho Pereira Mendonça	Juventude Cortegacense	Senior Feminino	01:08:11	+32:45	06:49
57	2180	Cristina Maria Rodrigues Sá	Juventude Cortegacense	Senior Feminino	01:08:20	+32:53	06:50
58	2079	Carla Oliveira	Individual	Senior Feminino	01:08:46	+33:19	06:53
59	2073	Ana Maria Ferreira Guerra	Individual	Senior Feminino	01:08:46	+33:20	06:53
60	2082	Cláudia Duarte	Individual	Senior Feminino	01:09:36	+34:10	06:58
61	2101	Patricia Costa	Individual	Senior Feminino	01:10:45	+35:19	07:05
62	2106	Sara Catarina Resende de Almeida	Individual	Senior Feminino	01:12:02	+36:36	07:12
63	2097	Maria Teresa Pires	Individual	Senior Feminino	01:13:11	+37:45	07:19
64	2240	Ana Pinho	Springmark	Senior Feminino	01:13:21	+37:55	07:20
65	2084	Daniela Valente	Individual	Senior Feminino	01:13:26	+38:00	07:21
66	2096	Maria João Sá	Individual	Senior Feminino	01:13:56	+38:30	07:24
67	2173	Aline Paganine Gomes	Javardices	Senior Feminino	01:14:58	+39:32	07:30
68	2174	Ana Cláudia Neves de Azevedo	Javardices	Senior Feminino	01:15:25	+39:59	07:33
69	2218	Sandra Lima	Os lamechas	Senior Feminino	01:15:34	+40:07	07:33
70	2204	Diana Ferreira	Moelas Atlético Clube	Senior Feminino	01:15:35	+40:09	07:34
71	2030	Telma Correia	BeONE	Senior Feminino	01:17:22	+41:55	07:44
72	2077	Carla Falcão	Individual	Senior Feminino	01:17:53	+42:27	07:47
73	2093	Lhais Rodrigues Silva	Individual	Senior Feminino	01:21:23	+45:56	08:08
74	2074	Angela Margarida Rodrigues Silva	Individual	Senior Feminino	01:23:02	+47:36	08:18
75	2086	Filipa Belo	Individual	Senior Feminino	01:23:43	+48:16	08:22
76	2111	Teresa Andias	Individual	Senior Feminino	01:24:10	+48:44	08:25

Senior Masculino

1	2050	SERGIO PAIVA	Clube Atletismo de Ovar	Senior Masculino	35:26		03:33
2	2004	Bruno Freitas	ACR de Vale de Cambra	Senior Masculino	36:02	+00:36	03:36
3	2049	CELSO LEITE	Clube Atletismo de Ovar	Senior Masculino	36:34	+01:07	03:39

10K

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

44	2153	Luís Silva	Individual	Senior Masculino	47:59	+12:32	04:48
45	2217	Rafael Jesus	Os Estiga	Senior Masculino	48:50	+13:23	04:53
46	2059	MANUEL BESSA	EV/PERALTAFIL	Senior Masculino	49:04	+13:38	04:54
47	2157	Nuno Reis	Individual	Senior Masculino	49:07	+13:40	04:55
48	2141	Igor Alexandre Oliveira Lero Gaio	Individual	Senior Masculino	49:07	+13:41	04:55
49	2162	Pedro Necho	AFIS	Senior Masculino	49:20	+13:53	04:56
50	2127	Daniel Pedrosa	Individual	Senior Masculino	49:21	+13:54	04:56
51	2251	Rui Pires	Viriathvs Runners Viseu	Senior Masculino	49:22	+13:56	04:56
52	2209	Tiago Peres	Moelas Atlético Clube	Senior Masculino	49:41	+14:15	04:58
53	2032	Laurent Cueuet	BeONE	Senior Masculino	49:58	+14:31	05:00
54	2038	Joaquim Lobato	Caldas S. Jorge Sport Clube	Senior Masculino	50:16	+14:49	05:02
55	2016	Paulo Silva	AFIS	Senior Masculino	50:32	+15:05	05:03
56	2129	Delfim Silva	Individual	Senior Masculino	51:00	+15:34	05:06
57	2156	Nuno Oliveira	Individual	Senior Masculino	51:16	+15:50	05:08
58	425	Telmo Fernandes	Individual	Senior Masculino	51:17	+15:51	05:08
59	2164	Ricardo Machado	Individual	Senior Masculino	51:23	+15:57	05:08
60	2230	Carlos Matos	Running Esmoriz	Senior Masculino	51:27	+16:00	05:09
61	2216	Miguel Santos	Os Estiga	Senior Masculino	51:29	+16:03	05:09
62	2155	Nuno Miguel Rios de Pinho	Individual	Senior Masculino	51:34	+16:07	05:09
63	2033	Paulo Rocha	BeONE	Senior Masculino	51:58	+16:32	05:12
64	2165	Ricardo Ramos	Individual	Senior Masculino	52:25	+16:59	05:15
65	2039	José Sousa	Caldas S. Jorge Sport Clube	Senior Masculino	52:39	+17:12	05:16
66	2136	Gil Rodrigues	Individual	Senior Masculino	52:49	+17:23	05:17
67	2167	Rui Godinho	Individual	Senior Masculino	53:00	+17:34	05:18
68	2262	Manuel Oliveira	Lusotifo	Senior Masculino	53:12	+17:46	05:19
69	2048	ARLINDO SILVA	Clube Atletismo de Ovar	Senior Masculino	53:27	+18:00	05:21
70	2242	Sergio Guedes	Springmark	Senior Masculino	53:28	+18:01	05:21
71	2133	FERNANDO CORUCHO	Individual	Senior Masculino	53:56	+18:30	05:24
72	2131	Duarte Santos Ribeiro	Individual	Senior Masculino	54:20	+18:53	05:26
73	2140	Hugo Pinto	Individual	Senior Masculino	54:20	+18:54	05:26
74	57	Joaquim Ferreira	ARADA ATLÉTICO CLUBE	Senior Masculino	54:33	+19:06	05:27
75	2206	David Martins	Moelas Atlético Clube	Senior Masculino	55:11	+19:44	05:31
76	2233	Rui Marques	Running Esmoriz	Senior Masculino	55:19	+19:53	05:32
77	2148	Jose Fernando Rodrigues Rocha	Individual	Senior Masculino	55:32	+20:05	05:33
78	2248	rui fardilha	Sunday Morning	Senior Masculino	55:41	+20:15	05:34
79	2187	Joao Carlos Correira 04/08/1984	Juventude Cortegacense	Senior Masculino	55:44	+20:18	05:34
80	2247	paulo valente	Sunday Morning	Senior Masculino	56:13	+20:46	05:37
81	2176	António Filipe Fernandes Couto	Javardices	Senior Masculino	56:50	+21:23	05:41
82	2002	Luis Novo	ACAIL GAS	Senior Masculino	57:00	+21:34	05:42
83	2246	manuel jorge	Sunday Morning	Senior Masculino	57:09	+21:42	05:43
84	2243	claudio caldas	Sunday Morning	Senior Masculino	57:09	+21:42	05:43
85	2245	leonardo marques	Sunday Morning	Senior Masculino	57:10	+21:44	05:43
86	2213	Rodrigo Magalhães	Nogas	Senior Masculino	57:16	+21:50	05:44
87	2222	António da Silva Rodrigues	Pardelhas	Senior Masculino	57:19	+21:52	05:44
88	2069	Luís Bastos	Guisande Trail Running	Senior Masculino	57:21	+21:55	05:44
89	2014	Manuel Gomes	AFIS	Senior Masculino	57:28	+22:01	05:45

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10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

90	2115	André dos Santos Ferreira	Individual	Senior Masculino	57:51	+22:25	05:47
91	2005	JOSÉ MATOS	ADREP	Senior Masculino	58:14	+22:48	05:49
92	2190	Paulo Castelo	Juventude Cortegacense	Senior Masculino	58:20	+22:53	05:50
93	2189	Nuno Andre da Costa Oliveira	Juventude Cortegacense	Senior Masculino	58:22	+22:56	05:50
94	2186	Hélder Cesar Gomes Candal Correia	Juventude Cortegacense	Senior Masculino	58:22	+22:56	05:50
95	2198	JOSÉ MANUEL ROCHA CORREIA	Lusotufo	Senior Masculino	58:25	+22:58	05:51
96	2130	Diogo Amaral	Individual	Senior Masculino	58:37	+23:10	05:52
97	2214	Rodrigo Nogueira	Nogas	Senior Masculino	58:57	+23:31	05:54
98	2188	Miguel Pinheiro Matos	Juventude Cortegacense	Senior Masculino	59:04	+23:38	05:54
99	329	bruno rocha	Individual	Senior Masculino	59:10	+23:43	05:55
100	2124	Carlos Violas	Individual	Senior Masculino	59:33	+24:06	05:57
101	2210	Alvaro Silva	MSS Contabilidade Trail Team	Senior Masculino	59:34	+24:07	05:57
102	2241	André Costa	Springmark	Senior Masculino	59:35	+24:08	05:58
103	2118	Arnaldo Cardoso	Individual	Senior Masculino	59:42	+24:16	05:58
104	2244	joao valente	Sunday Morning	Senior Masculino	59:52	+24:25	05:59
105	2113	Adérito Videira	Individual	Senior Masculino	01:00:11	+24:44	06:01
106	2249	Paulo João Martins Pereira Andrade Freire	SUPER BOCK - LEÇA	Senior Masculino	01:00:13	+24:47	06:01
107	2231	Joaquim Pinto	Running Esmoriz	Senior Masculino	01:01:05	+25:39	06:07
108	2161	Pedro Melo	Individual	Senior Masculino	01:01:06	+25:40	06:07
109	2114	Américo Manuel Santos Ribeiro	Individual	Senior Masculino	01:01:07	+25:41	06:07
110	2063	Igor Meinedo	GOODBIKERS	Senior Masculino	01:01:10	+25:43	06:07
111	2034	Valter Borges	Bobadelas Running Team	Senior Masculino	01:01:55	+26:29	06:12
112	2013	Joaquim Ferreira	AFIS	Senior Masculino	01:02:27	+27:00	06:15
113	2015	Manuel Ramos	AFIS	Senior Masculino	01:02:31	+27:05	06:15
114	2121	Carlos Oliveira	Individual	Senior Masculino	01:02:34	+27:08	06:15
115	2068	PAULO RAMOS	GRUPO JUVENIL PINHEIRO DA BEMPOSTA - O. AZEMÉIS	Senior Masculino	01:02:51	+27:24	06:17
116	2235	Tiago Dias Rodrivues	Running4Fun Team Viseu	Senior Masculino	01:02:51	+27:25	06:17
117	2234	Sergio Cardoso Rodrigues	Running4Fun Team Viseu	Senior Masculino	01:02:53	+27:27	06:17
118	2166	Romeu Filipe Oliveira Valente	Individual	Senior Masculino	01:03:23	+27:57	06:20
119	2119	Carlos Gomes	Individual	Senior Masculino	01:03:24	+27:57	06:20
120	2143	JOAO VICTOR NOBREGA	Individual	Senior Masculino	01:03:53	+28:27	06:23
121	2036	SERAFIM SOUSA	CAL - Clube Atletismo de Lamas	Senior Masculino	01:04:37	+29:11	06:28
122	2116	André Ferreira	Individual	Senior Masculino	01:04:38	+29:12	06:28
123	2147	José Eduardo Rodrigues	Individual	Senior Masculino	01:05:28	+30:01	06:33
124	2192	Gonçalo Magalhães	LES BIG MECS	Senior Masculino	01:05:43	+30:17	06:34
125	2120	Carlos Gomes	Individual	Senior Masculino	01:05:52	+30:26	06:35
126	2159	Paulo Viana	Individual	Senior Masculino	01:06:04	+30:37	06:36
127	2003	Luis Oliveira	ACAIL GAS	Senior Masculino	01:06:04	+30:38	06:36
128	2194	AVELINO JORGE PEREIRA DE OLIVEIRA	Lusotufo	Senior Masculino	01:06:25	+30:58	06:39
129	2168	Rui silva	Individual	Senior Masculino	01:06:26	+31:00	06:39
130	2137	Helder Ferreira	Individual	Senior Masculino	01:06:32	+31:06	06:39
131	2151	Juan Ferreira	Individual	Senior Masculino	01:06:46	+31:20	06:41
132	2135	Filipe Gomes	Individual	Senior Masculino	01:07:37	+32:10	06:46
133	2149	José Leal	Individual	Senior Masculino	01:07:37	+32:11	06:46

Official Timekeeper: Lap2Go	5 / 6	generate 14-mai-2023 11:03
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10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

134	2184	Carlos Ferreira	Juventude Cortegacense	Senior Masculino	01:08:47	+33:21	06:53
135	2146	José Carvalho	Individual	Senior Masculino	01:08:50	+33:24	06:53
136	2232	Luís Pereira	Running Esmoriz	Senior Masculino	01:10:51	+35:24	07:05
137	2195	FILIFE ROLA	Lusotufo	Senior Masculino	01:14:28	+39:01	07:27
138	2177	Elísio Manuel Alves Ferreira	Javardices	Senior Masculino	01:15:25	+39:59	07:33
139	2219	Marco Maia	Os lamechas	Senior Masculino	01:15:34	+40:07	07:33
140	2208	Ricardo Ferreira	Moelas Atlético Clube	Senior Masculino	01:15:36	+40:10	07:34
141	2031	Emanuel Lourenço	BeONE	Senior Masculino	01:17:22	+41:56	07:44
142	372	Luís Madureira	Individual	Senior Masculino	01:23:42	+48:15	08:22